



WHATS INSIDE THIS WEEK:



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A2



TEAM MINOT  
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A5

## TEAM MINOT WELCOMES SECRETARY OF THE AIR FORCE FRANK KENDALL



Team Minot welcomes Secretary of the Air Force Frank Kendall for the holidays! The SecAF met with Airmen of the 5th Bomb Wing and 91st Missile Wing, recognizing some outstanding individuals and touring Minot Air Force Base. Because of their 24/7 commitment to maintaining our nation's strategic defense posture, some Airmen do not get the chance to see their families for the holidays. Secretary Kendall took the time to thank these Airmen for their dedication to the mission and the sacrifices they make to ensure the safety of the U.S and it's allies. See next week for more coverage.

U.S. AIR FORCE PHOTO | MINOT AFB PA



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# ICBM Deployments: A Balance to Meet Operational Needs and Promote Personal Predictability

AIRMAN 1ST CLASS ALLISON MARTIN, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. — Going on alert and tripping out away from your home to a missile alert facility for a week every three weeks sounds daunting to most, but this life is normal for most of the 91st Missile Wing. For the men and women who support one of the nation's most strategic assets in the Department of Defense, the missile squadron deployment cycle has a significant implication on training, family stability, morale, and as a result their ability to proficiently carry out their missions.

The struggles brought on by COVID-19 initiated the change in creating a new deployment construct. Since March 2020, the 91st Missile Wing turned to a squadron-centric deployment model that meets operational requirements but also provides more predictability for their Airmen in both professional and personal capacities. As with implementing any new system, overcoming challenges poses a hurdle but not a barrier.

The new, three-week, rotational deployment model puts the Missile Alert Facility

Team of Facility Managers, Chefs, Defenders, and Operators in the field (away from home) for a week at a time, followed by a reset at home station, then a week of preparing before the cycle repeats.

The deployment model used before presented one schedule for the missileers and another for the rest of the supporting

“

A benefit that we didn't expect from the new construct was that we were going to get so much synergy between missile squadrons, chefs, and defenderS

COL. KRISTEN NEMISH, 91ST OPERATIONS GROUP COMMANDER

”

teams. The Missileers' schedule also known as ATO (Alert, Travel, Off day) was a three day cycle. Defenders, Facility Managers and Chefs spent four or five days out in the field and then came home for a week, but also had to fit in two to three

days of training during that same week at home.

“The challenge with the ATO model is that it lacked stability, and it lacked predictability for our operators,” said Col. Kristen Nemish, 91st Operations Group commander.

The new model of scheduling allows Airmen to see their schedule in advance, giving them more confidence when they make plans, schedule medical or personal appointments or request leave.

“The old [ATO] was unpredictable. This one is predictable because you know when you're off, you know when you have training and you know when you're on alert. You can plan the next six months based on this new construct,” said Captain Shaday Mitchell, missile combat crew commander and instructor. “There are mixed views on it, especially depending on your dynamics.”

More time off also means more time on and, though most people like this idea, it can be hard for people with families and pets. Being away from family and having one



Missileers from the 91st Missile Wing performing their duties at Minot Air Force Base, N.D.

parent take over or having to get childcare for a whole week can be a challenge. However, Minot Air Force Base has childcare options which are helpful for those families. One such program, called Missile Kids, brings in someone from

the community to take care of kids while the Airman deploys to the missile alert facility. This program brings the community together and allows people who trip out on alert together to have an added sense of comfort while away from home.

## A LOOK BACK THIS WEEK IN USAF HISTORY

SAC CHANGES MINUTEMAN & PEACEKEEPER  
ASSIGNMENTS TO INCLUDE MIXED GENDER CREWS  
JANUARY 1, 1988



Linda Aldrich at a Minuteman console in the 1980s.  
(Linda Aldrich, from nps.gov)

Up until the late 1970s, the United States Air Force restricted female service members to only noncombat positions. In 1978, women were finally given the chance to serve on Titan II missile crews, and their roles in the missile field only grew from there. However, for some time, missile crews were restricted to all-male or all-female assignments. It wasn't until January 1, 1988 that Strategic Air Command changed the policy for Minuteman and Peacekeeper crew assignments to permit mixed gender crews in launch facilities. This inclusive effort aimed to reduce scheduling issues and increase opportunities for female Airmen.

After the integration, SAC stressed the importance of guaranteeing equal career progression for men and women. This was one major step forward in the journey towards women's equality in the armed forces.

Information courtesy of: media.defense.gov / pacaf.af.mil / nps.gov

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“It’s a lot easier on the family because they know if I’m going to be home for events and other stuff,” said Tech Sgt. Shane Wilson, senior facility manager.

The predictability extends to those outside of the Launch Control Center as well. Now each missile squadron is paired up with a security forces squadron, encouraging the added benefit of on-the-job comradery with those outside of their own career field. It also allows any problem to get solved faster, at a lower level.

The previous deployment model seemed to always have last minute changes. Now that those issues have been addressed and fixed, it makes for a better security forces team.

“A benefit that we didn’t expect from the new construct was that we were going to get so much synergy between missile squadrons, chefs, and defenders,” said Nemish. “Problems get solved at the squadron commander level. Why? Because the operations and security forces squadron commanders deploy their teams together every three weeks. My commanders have been paired with the same security forces commander since they took the flag.”

Finally, with a more predictable field schedule, the new deployment model makes training more flexible.

“They have the ability to schedule more training and get you spun up a little bit faster,” said Wilson. “It works really well for us training new facility managers because we have a whole week with them in the field as opposed to before we had to pull back to backs to get them certified.”

On the operations side of the house, the impacts resonate as well.

“Under the old construct you had to figure out how to fit training into the ATO schedule. So sometimes your day off was actually a training day,” said Nemish. “Now we do all our training as a squadron on a rotational basis that is predictable and we have more flexibility to add additional training if we have an operational need to.”

Squadron deployment has been in place for over a year now and has proven itself to be an upgrade from the previous models in many ways. It allows for more organized predictable scheduling, training and time off. There are always areas to improve, but the pros provide a variety of benefits to the entire 91 Missile Wing.



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# Happy New Year!

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A VIEW FROM OUR SIDE  
ROD WILSON, NORTHERN SENTRY



Tonight the big ball drops in Time Square and we celebrate the dawn of a new year, 2022. Most people I talk to can hardly wait for 2021 to be in our rear view mirror. Certainly, there were a lot of challenges in 2021, the most recent was that of a new COVID 19 variant, Omicron. Spending time with Grandkids at Christmas is always a joy, and my oldest Grandson, Carter, is pretty sure that Omicron will be the last of the COVID 19 variants. I hope he is right.

It used to be that the largest challenge of turning the calendar to a new year was changing the year on our checks. With so few checks being written, that challenge has certainly diminished. So, what is my largest challenge as I take my first step into 2022? Having been around Minot Air Force Base as a reporter for almost three years, I look ahead knowing that 2022 will be the change of command as both Col Walters and Col Menuey will

soon say good-bye to Minot, North Dakota, and Minot Air Force Base. I believe that if not my largest challenge, it would be one of the top five to say farewell to the Walters and Menuey families. There will be other changes. John McMartin will be retiring as the Executive Director of the Minot Chamber/EDC. We will also have a new Chairman of the Military Affairs Committee, Tom Rafferty. So yes, there will be a lot of changes in 2022 and as before we will all learn to deal with those changes. But there is something that will not change, no matter what year comes up on the calendar. The dedication of the men and women at Minot Air Force Base, and the continued support of the community of Minot for our base and those who serve their country in our military. Happy New Year 2022! Well that chapter has yet to be written, and in 365 days we once again will talk about expectations for 2023.

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# YEAR IN REVIEW

JANUARY 2021



## BUFFS DEPLOY TO THE MIDDLE EAST

A U.S. Air Force B-52H Stratofortress from Minot Air Force Base, N.D., is refueled by a KC-135 Stratotanker in the U.S. Central Command area of responsibility Dec. 30, 2020. The short-notice deployment underscores the U.S. military's commitment to regional security and demonstrates a unique ability to rapidly deploy overwhelming combat power on short notice. The B-52H is a long-range, heavy bomber that is capable of flying at high subsonic speeds at altitudes of up to 50,000 feet and provides the United States with immediate global strike capability.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ROSLYN WARD.



## F-16S ESCORT BOMBERS THROUGH CENTCOM

U.S. Air Force B-52 Stratofortresses from Minot Air Force Base fly in formation with U.S. Air Force F-16 Fighting Falcons and Royal Saudi Arabian Air Force F-15SAs over the U.S. Central Command area of responsibility Jan. 7, 2021. The bomber deployment underscores the U.S. military's commitment to regional security and demonstrates a unique ability to rapidly deploy on short notice. The B-52 is a long-range, heavy bomber that is capable of flying at high subsonic speeds at altitudes of up to 50,000 feet and provides the United States with a global strike capability.

U.S. AIR FORCE PHOTO | MASTER SGT. JOEY SWAFFORD



## COVID-19 VACCINE ARRIVES AT MINOT AFB

Chaplain Maj. General Steven Schaick, U.S. Air Force chief of Col. Christopher Menuet, 91st Missile Wing Commander receives his first dose of the COVID-19 vaccine on Jan. 11, 2021 at Minot Air Force Base, North Dakota. The first members of Team Minot to receive the vaccine were first responders and mission essential personnel.

U.S. AIR FORCE PHOTO | MINOT AIR FORCE BASE PA



## 2021 LOADCREW OF THE YEAR COMPETITION

Airmen from the 23rd and 69th Bomb Squadron Weapon Load Crews compete in the annual load crew of the year competition on Jan. 19, 2021 at Minot Air Force Base, ND. The competition is held annually to determine the best load crew.

U.S. AIR FORCE PHOTOS | AIRMAN FIRST CLASS JAN VALLE AND SENIOR AIRMAN MICHAEL RICHMOND



## 2ND "PRESENCE PATROL" OF 2021 IN MIDDLE EAST

U.S. Air Force B-52 Stratofortresses from Minot Air Force Base fly in formation with U.S. Air Force F-16 Fighting Falcons and Royal Saudi Arabian Air Force F-15SAs over the U.S. Central Command area of responsibility Jan. 7, 2021. The bomber deployment underscores the U.S. military's commitment to regional security and demonstrates a unique ability to rapidly deploy on short notice. The B-52 is a long-range, heavy bomber that is capable of flying at high subsonic speeds at altitudes of up to 50,000 feet and provides the United States with a global strike capability.

U.S. AIR FORCE PHOTO | MASTER SGT. JOEY SWAFFORD



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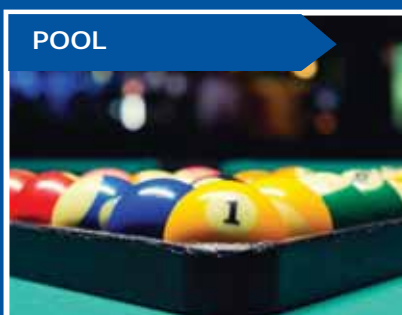
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# YEAR IN REVIEW

FEBRUARY 2021



## SUPER BOWL LV FLYOVER

Air Force Global Strike Command bombers perform the Super Bowl LV flyover at Raymond James Stadium in Tampa, Fla., Jan. 7, 2021. The trifecta was the first of its kind as it included a B-1B Lancer from Ellsworth Air Force Base, S.D., a B-2 Spirit from Whiteman AFB, Mo., and a B-52H Stratofortress from Minot AFB, N.D.

U.S. AIR FORCE PHOTO  
AIRMAN 1ST CLASS JACOB B. WRIGHTSMAN



## NEW AIRCRAFT PARTS STORE OPENS FOR THE FLIGHT LINE

Col. Michael Walters, 5th Bomb Wing commander, cuts the ribbon for the new Aircraft Parts Store Feb. 9, 2021. The APS is a Logistics Readiness Squadron warehouse that was a collaboration between LRS and Aircraft Maintenance Squadron and is estimated to save 16,000 man-hours annually.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS CALEB KIMMELL



## BLACK HISTORY MONTH PROCLAMATION

Minot Air Force Base leadership sign a Black History Month proclamation at the launch of Black History Month February 5, at the Minot Main Exchange.

U.S. AIR FORCE PHOTO  
AIRMAN 1ST CLASS JACOB B. WRIGHTSMAN



## MINOT MAYOR SHAUN SIPMA VISITS TEAM MINOT

Honorable Shaun Sipma, Mayor of Minot, North Dakota, Lt. Colonel Brad Haynes, 5th Operations Support Squadron commander, and the flight crew pose in front of a B-52 Feb. 24, 2021 at Minot Air Force Base, North Dakota. Minot AFB often gives incentive flights to strengthen relationships between Team Minot and Minot township.



## DIVERSE TEAM SUPPORTS MMIII OPERATIONAL TEST LAUNCH

Capt. Tarina Crook, 741st Missile Squadron missile combat crew commander at Minot Air Force Base, North Dakota, poses for a photo in front of the 576th Flight Test Squadron headquarters at Vandenberg AFB, California, Feb. 18, 2021. Crook was one of the six Minuteman III operators selected for the operational test launch of MMIII, referred to as Glory Trip 237. The unarmed MMIII intercontinental ballistic missile was launched at 11:49 p.m. PT Feb. 23, 2021.

U.S. AIR FORCE PHOTO | MICHAEL PETERSON

# YOU MATTER HOLIDAY GUIDE



HAPPY HOLIDAYS FROM YOUR MINOT AFB HELPING AGENCIES!!

**Take time for yourself** – It can be easy to lose yourself during the holidays. Remember to take time for yourself to rest and recharge.

**Be realistic with finances** – The short-term joy of giving should not result in the pain of long-term debt.

**Check on folks** – Depression and anxiety can worsen during the holidays for many; showing you care and being present can make all the difference. Reach out to those who you know/suspect may be having a difficult time.

**Moderation is the key** – if you are of legal age and choose to drink, know your limits (a good rule is no more than 1-drink per hour); same goes for food, the line between joy and misery could be that extra mug of egg nog, or handful of cookies!

**Don't drink and drive** – There are 2-3 times more alcohol related traffic fatalities during the holidays. Use a designated driver, or ride-share, if you choose to drink.

**Set boundaries** – family gatherings can be stressful, communicate expectations clearly and say "no" when appropriate.

**Be realistic and forgiving (to yourself and others)** – Perfectionism is a dangerous practice. Give yourself (and others) grace and space when things don't go according to plan.

**Practice mindfulness in the moment** – It's easy to get caught up looking ahead and reflecting this time of year. Intentionally focus on the here and now so you don't miss a moment with family and friends.

**Practice intentional gratitude** – Take time each day to focus on what you appreciate in your world.



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# YEAR IN REVIEW

MARCH 2021



## WISE GUY RETURNS TO SERVICE

A B-52H Stratofortress "Wise Guy" lands on March 9, 2021 at Minot Air Force Base, ND. Wise Guy is one of the last B-52's to be resurrected from Davis-Monthan Air Force Base.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS JESSE JENNY



## BOMBER TASK FORCE MISSION TO MIDDLE EAST

Pilots from the 69th Bomb Squadron board B-52H Stratofortress bomber "Wham Bam II" in preparation for a flight on March 6, 2021, at Minot Air Force Base, North Dakota. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN JOSH W. STRICKLAND



## WOMEN'S HISTORY MONTH

To begin the celebrations for Women's History Month, Team Minot hosted a cake cutting ceremony and proclamation signing at the Base Exchange on March 5, 2021. Women's History Month is an annual celebration of the women's contributions to events in history and to today's society, and an important reminder of the progress that women have made in the U.S. military.

U.S. AIR FORCE PHOTO | MINOT AFB PA



## INTERNATIONAL WOMEN'S DAY ALL WOMEN ALL-FEMALE COMMAND POST

Women missileers from the 740th Missile Squadron pose for a photo in the 91 Operations Support Squadron missile procedure trainer on March 8, 2021, at Minot Air Force Base, North Dakota. These women participated in an all women key turn in observance of International Women's Day at Minot Air Force Base.

U.S. AIR FORCE PHOTO  
SENIOR AIRMAN JOSH W. STRICKLAND



## HOLLYANNE MILLEY VISITS MINOT AIR FORCE BASE

Hollyanne Milley, the wife of Joint Chiefs of Staff Chairman Mark Milley, speaks to a member of the base's welcome center March 26, 2021, at Minot Air Force Base, North Dakota. Milley toured all the quality-of-life facilities and initiatives at Minot AFB.

U.S. AIR FORCE PHOTO  
AIRMAN 1ST CLASS JESSE JENNY

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**COST**  
\$10 a person a night

**TEAMS**  
Min. team size is 4 persons  
Recommended to have 5-6 to account for scheduling issues

## REGISTRATION

Register at the McAdoo Fitness Center or e-mail  
5.FSS.Fitness@us.af.mil to register for a team or submit  
your Letter of Intent by Tuesday, December 21.

FOR MORE INFORMATION

Contact Lt Col Lopez at eric.lopez.7@us.af.mil or 701-723-1987



# YEAR IN REVIEW

APRIL 2021



## 91 MW SELM

2nd Lt. William Young, 741st Missile Squadron missile combat crew commander, and 1st Lt. Darian Titus, 741st Missile Squadron deputy missile combat crew commander, pose for a photo after a Simulated Electronic Launch Minuteman exercise on April 7, 2021, at Minot Air Force Base, North Dakota. The SELM exercise provides an end-to-end test of the launch capabilities of the ICBM process.

U.S. AIR FORCE PHOTO  
SENIOR AIRMAN JOSH W. STRICKLAND



## MOBILE COMMAND POST

Airmen of the 5th Bomb Wing Command Post and 5th Communications Squadron work in tandem to set up the mobile Single-Channel, Anti-Jam, Man-Portable system on Apr. 15, 2021, at Minot Air Force Base, North Dakota. The mobile SCAMP system provides mobile, secure, satellite-based command and control communications.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN DE LOS SANTOS



## B-52S ARRIVE AT AL UDEID AB IN SUPPORT OF AFGHANISTAN DRAWDOWN

A B-52H Stratofortress assigned to the 5th Bomb Wing, Minot Air Force Base, North Dakota, arrives April 26, 2021, at Al Udeid Air Base, Qatar. Two B-52 aircraft arrived April 26, joining the additional B-52 bombers that arrived April 23. The bombers are deployed to protect U.S. and coalition forces as they conduct drawdown operations from Afghanistan. U.S. Central Command is committed to providing the necessary force protection to ensure the drawdown is conducted in a safe and orderly manner.

U.S. AIR FORCE PHOTO | STAFF SGT. KYLEE GARDNER



## CSAF GENERAL BROWN VISITS MINOT AFB

Air Force Chief of Staff Gen. Charles Q. Brown, Jr. and members of a congressional delegation, arrive on April 29, 2021, at Minot Air Force Base, North Dakota. The Congressional Delegation and Brown were greeted by Team Minot leaders, such as the 5th Bomb Wing commander, Col. Michael Walters and the 91st Missile Wing commander, Col. Christopher Menuet. The Congressional Delegation and Brown were accompanied by many Air Force Global Strike Command leaders as well as members from 8th Air Force.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND



## TEAM MINOT HOSTS DISTINGUISHED VISITORS

On April 29-30, 2021, Minot Air Force Base, N.D., hosted U.S. senators from the Armed Services Committee. From left to right: Sen. Joni Ernst, Sen. Deb Fischer, Sen. John Hoeven, Sen. Jeanne Shaheen, and Sen. Angus King.

NORTHERN SENTRY PHOTO | ABIGAIL KINDER



## THE HUDDLE OUTSTANDING LEADERSHIP AWARDS 2021

On April 26, 2021, A1C Tamara Gutierrez, TSgt. Johann Gonzalez, and Mr. Scott Wiedermann received an Outstanding Leadership Award presented by MSgt. John Silva of the Huddle.

U.S. AIR FORCE PHOTO | MINOT AFB PA

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10585723



## How's Your Back?

ROD WILSON, NORTHERN SENTRY

My friends all know that I have struggled for several years with lower back pain, and recently the addition of hip pain. It would not be uncommon for them to ask about my lower back pain and for me to answer, almost automatically, "pretty good as long as I keep up my bi-weekly adjustments and be careful about straining my back by lifting or doing other physical labor."

Well going into 2022 my answer will be different, mostly because of the implementation of SoftWave treatments at Cornerstone Chiropractic. That's good news for me, but recently several of my friends have had similar experiences after SoftWave treatments. The number of treatments we have had varies, but all of us have experienced success. A good example, this morning when the city snowplows filled my driveway with snow, I was able to grab the shovel and clear the snow so I could get out of my driveway and head to work.

Over the next few weeks, I will share some of the testimonials of other SoftWave clients. Each and every one of us started with an evaluation to determine if we were good patients for SoftWave, and we were.

So if you are answering the question "How's Your Back" way to often, give Cornerstone Chiropractic a call at (701) 852-2800.



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Minot Air Force Base  
Public Affairs



# YEAR IN REVIEW

MAY 2021



## BRIG. GEN. ANGELLO MAFB VISIT

Brig. Gen. Anthony P. Angello visits Minot Air Force Base May 6, 2021. Angello toured through a launch facility trainer and other departments of the 5th Bomb Wing and 91st Missile Wing.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN DILLON J. AUDIT



## MAJ. GEN. WEATHERINGTON VISITS TEAM MINOT

Maj. Gen. Mark E. Weatherington, 8th Air Force and Joint-Global Strike Operations Center commander, visited Minot AFB this week to tour the base and connect with Warbird Airmen.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ZACHARY WRIGHT



## CMSAF VISITS MINOT AFB

Chief Master Sergeant of the Air Force Joanne Bass visited Minot Air Force Base last week. CMSAF had the opportunity to tour a B-52 and attend all calls with the enlisted airmen of Minot AFB that included aircraft maintainers, the 91st Missile Wing, and the 5th Medical Group.

U.S. AIR FORCE PHOTO | MINOT AFB PA



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# YEAR IN REVIEW

JUNE 2021



## CLEMENTS MCMULLEN MEMORIAL DAEDALIAN WEAPON SYSTEMS MAINTENANCE TROPHY 2020

The 91 Missile Wing Maintainers receives the Clements McMullen Memorial Daedalian Weapon Systems Maintenance Trophy for 2020.

U.S. AIR FORCE PHOTO  
MINOT AFB PA



## JUNETEENTH IN MINOT

On June 19, 2021, the Minot African American Heritage Council held a community block party to celebrate the first federally recognized Juneteenth National Independence Day. People from all over Minot gathered to have fun and commemorate the freeing of African American slaves in 1865, as well as to reflect upon the strides that the African American community has made since then in the fight for equity and equality.

HOLLY MORRIS PHOTOGRAPHY PHOTO



## NEW OUTDOOR TRACK GROUND BREAKING

On June 29, 2021, members of Team Minot gathered for a groundbreaking ceremony at the track outside of the McAdoo Fitness Center at Minot Air Force Base, N.D. The 5th Civil Engineer Squadron, 5th Force Support Squadron, and KEU, Inc. will be collaborating to build a new outdoor track which will consist of an updated rubberized path and synthetic turf field. Leadership also hopes to install an inflatable dome in the future so that the track can be used year-round.

NORTHERN SENTRY PHOTO  
ABIGAIL KINDER

## BBQ BRISKET BREAKFAST TACOS



### INGREDIENTS

4 POUND LEFTOVER BEEF BRISKET  
1/2 TEASPOON EXTRA-VIRGIN OLIVE OIL  
1 GREEN BELL PEPPER, DICED  
1 YELLOW BELL PEPPER, DICED  
10 EGGS  
1/2 CUP MILK  
SALT AND PEPPER  
2 CUP SHREDDED CHEDDAR CHEESE  
FLOUR TORTILLAS

When ready to cook, start the Traeger grill and set the temperature to 375 degrees F. Preheat, lid closed, for 10 to 15 minutes. Place leftover brisket in a double layer of foil and warm in grill.

Coat the inside of a cast iron skillet with oil and preheat the skillet in the grill for 10 minutes. When skillet is hot, sauté diced peppers, stirring every few minutes until desired doneness. While peppers are cooking, whisk together the eggs, milk, salt and pepper to taste. Add the beaten eggs to the skillet and scramble. Add cheese to the skillet when the eggs are almost done.

Remove eggs and heated brisket from grill. Serve eggs in a tortilla topped with brisket. Top with salsa or guacamole if desired. Enjoy!



Ryan Davy - GM  
Minot

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TO SUSAN AND ZACK MANNINO  
MAFB, ND



BABY GIRL BORN ON  
FRIDAY, DECEMBER 17, 2021 TO:  
MALORI SMITH AND ANTHONY VASQUEZ  
ROLLA, ND



BABY GIRL BORN ON  
SUNDAY, DECEMBER 19, 2021 TO:  
ANN MOORE AND TYRELL JUNG  
MINOT, ND

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# YEAR IN REVIEW

JULY 2021



## MINOT B-52S DEPLOY TO INDO-PACIFIC IN SUPPORT OF BOMBER TASK FORCE

U.S. Air Force B-52H Stratofortress from the 5th Bomb Wing, Minot Air Force Base North Dakota, prepares to land at Andersen Air Force Base, Guam, for a Bomber Task Force deployment, July 15, 2021. Bomber Task Force missions demonstrate the strategic credibility and tactical flexibility of U.S. forces in today's security environment across the globe.

U.S. AIR FORCE PHOTO | SSGT NICHOLAS CRISP



## YOU, ME AND AFE

Staff Sgt. Hannah Pieper, 5th Bomb Wing Operations Support Squadron Aircrew Flight Equipment lead trainer, and Airman 1st Class Sandra Felix, 5th Bomb Wing Operations Support Squadron Aircrew Flight Equipment apprentice, test Combat Survivor Evader Locators (CSEL) at Anderson Air Force Base, Guam, 27 July, 2021. The CSELs that the pilots and aircrew receive helps locate the Airmen in the event of a crash.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN DILLON J. AUDIT



## BOMBER TASK FORCE GUAM

B-52H Stratofortresses take off for a Bomber Task Force mission at Andersen Air Force Base, Guam, 27 July 2021. These bomber missions are representative of the U.S. commitment to our allies and enhancing regional security.

U.S. AIR FORCE PHOTO | 1ST LT. RYAN WALSH

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# Upcoming Events

31 DEC

**NEW YEAR'S EVE PARTY**  
5:00 PM - 1:00 AM  
The Columbian Club  
2601 N Broadway, Minot

Come Party at the Club! EVERYONE is welcome! We will have a DJ, AMAZING dinner specials, and some rocking drink specials you won't want to miss!



For more information:  
Facebook Event / The Columbian Club

2 JAN

**SKATING, FOOD AND FUN!**  
5:00 PM - 7:30 PM  
Maysa Arena  
2501 W Burdick Expy, Minot

Come one and all, young and young at heart! Join Minot area LYF for some Ice Skating, Chili, Hot Cocoa, goodies and lots of fun!



For more information:  
Facebook Event / Maysa Arena

4 JAN

**READ DOGS**  
4:00 PM - 5:00 PM  
Minot Public Library  
516 2nd Ave SW, Minot

Our Reading Education Assistance Dogs will be available for children to read to on the first Tuesday of the month. These dogs LOVE listening to children read. Children may read for 15 minutes on a first come first serve basis. For more information about the READ dog, contact the Children's Library at 838-0606.



For more information:  
Website / [www.minotlibrary.org](http://www.minotlibrary.org)

6 JAN

**ROUTE 2 ELSEWHERE FILM SHOWING**  
7:00 PM  
Minot Symphony Orchestra  
500 University Ave W, Minot

Join us for an exclusive showing of this 90 min. documentary film on the big screen about rural America through the lens of a 1,500 mile stretch of US Hwy 2 right through Minot! Following the viewing we will host a community discussion with the film maker, Dirk Wierenga for Q & A as well as open discussion. Tickets are \$15 and proceeds benefit your Minot Symphony Orchestra.



For more information:  
Facebook Event / Minot Symphony Orchestra

8 JAN

**FROZEN BIZON FATBIKE RACE/FESTIVAL**  
12:00 PM  
Bison Plant Trail  
7801 54th Ave SE

Baby Bizon Fatbike race will be a 1.5 hour race located within the tight and twisty groomed Bison Plant trail. Frozen Bizon Fatbike race will be a 3 hour race on the magnificent Souris river bottom trail we call the Bison Plant with technical sections to keep spirits high and bars turning. Race starting approximately 12pm/Noon. Snowshoeing Bizon will be held on the Bison Plant Main Trail only crossing the race route in certain areas, the Bison Trail is a beautiful scenic section of the Bison Plant which covers 2.5 miles and surrounds the entire park!



## On Base



For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)





# YEAR IN REVIEW

AUGUST 2021



## BOMBER TASK FORCE RETURN

Col. Michael Walters, Commander of the 5th Bomb Wing & Chief Master Sergeant Timothy Wieser Command Chief for the 5th Bomb Wing welcome back Airmen from BTF mission to Andersen Air Force Base, Guam.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND



## PRAIRIE VIGILANCE

Team Minot in action during Exercise Prairie Vigilance! Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations.

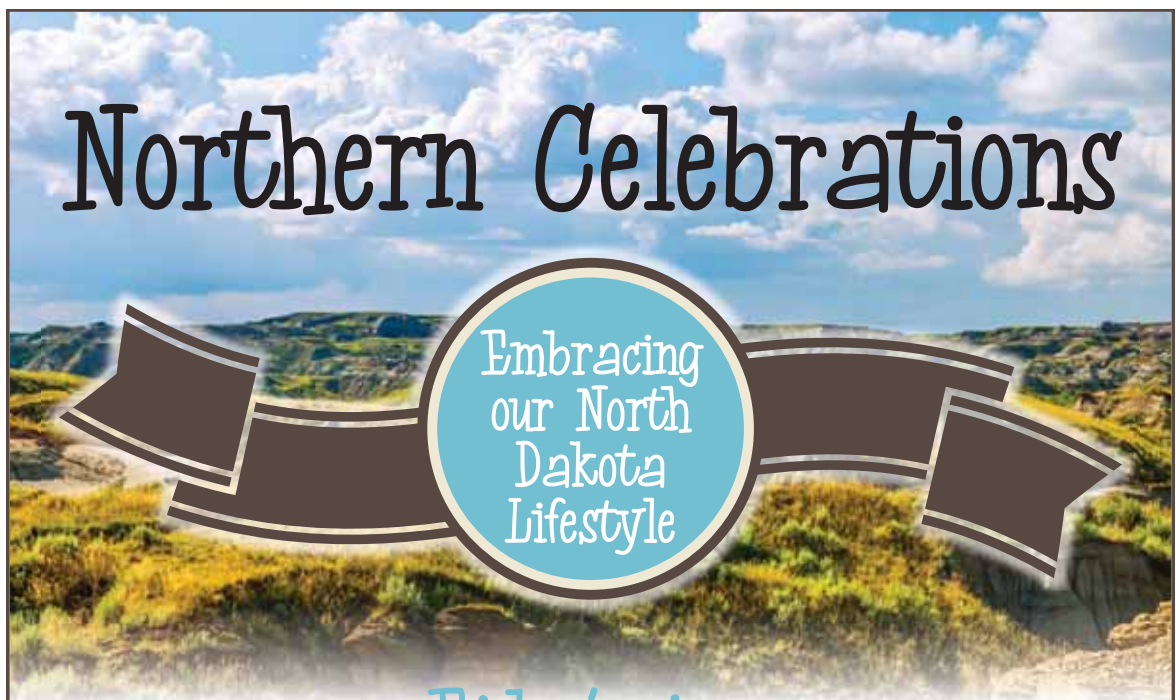
U.S. AIR FORCE PHOTO | MINOT AFB PA



## 2021 YOU MATTER SUMMER GAMES

Team Minot hosts the 7th Annual You Matter Summer Games at Minot Air Force Base, North Dakota, Aug 20, 2021. Team Minot Airmen participate in multiple events throughout the day such as water sports, dodgeball, basketball, tug-of-war and other activities. The winners of the 2021 Summer Games are 5th Civil Engineering Squadron in first place, Force Support Squadron in second and 891 Security Forces in third.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN DILLON J. AUDIT



## Eider's joy

Patricia Stockdill

I know any and all dog trainers, especially those training and working towards hunting dog tests and trials, would cringe at Eider's antics as the 2021 pheasant season drew down.

But I don't care. Eider was having the time of her life and she radiated with joy.

You see, this beloved Hunting Maniac of a 12 ½-year-old deaf Brittany with a degenerative heart condition really hasn't had much of an opportunity to retrieve birds. It's not for lack of trying, we've been afield as much as possible this year and she's doing well. To see her one wouldn't realize her age and heart issue.

She's had lots of opportunities to scent and even point pheasants - a surprising number of birds, actually, because the summer's drought wasn't presenting a positive outlook for this fall's hunting potential.

It's just that the birds really haven't cooperated all that much. For some reason it seems they were flighty even early in the season. That's a tactic they often reserve for later in the year when juveniles wise up a bit and weather makes them on edge.

Admittedly, her hunter wasn't the sharpest this year for some reason and a hunting vest with a multitude of empty shells didn't equate to a hunting vest with birds in the pouch.

But this time things were different. Eider and I decided to hunt an area where success has eluded not only us, but everyone else in the family. It's an area where crafty roosters usually flush through the trees and never present a decent shoot even though the dogs are locked on point. The birds always seem to know which side of the trees and shrubs we're on and they safely fly into heavy creek bottom cover.

Eider and I decided to walk the creek for a short morning hunt before the wind did its usual North Dakota thing. Pheasant tracks slithered through the heavy cover and Eider was oh-so-birdy, so intent on the wonderful smells.

She locked on point. It was evident the bird wasn't about to move so I cautiously kicked around, anticipating something flushing directly in front of my face. I released Eider because I wasn't having any luck. It flushed.

I shot.

Twice. The bird fell, did what many pheasants will do, and ran. Eider followed in fast pursuit.

Unsure if the rooster decided to detour into the slough grass and cattails, I stood back as Eider disappeared along the hillside. "Find the bird, get the bird," I called, simply out of years of habit.

So I waited until my liver-and-white Brittany came flying back along the creek, bird in her mouth. I swear I saw her proudly smiling even though this is exactly what hunting

dogs do - find and retrieve birds.

It's just that we waited almost all season for the opportunity.

But this is why I know dog trainers will be disappointed in me:

I let my proud, deaf, old hunting dog take her bird all of the way back to my vehicle.

She ran.

She pranced.

She held her head high as she headed back to her destination, first along the creek; then along the hillside, back past a large chokecherry thicket, up to the trail, up the hill, and stood.

Over the rooster.

Next to my vehicle.

I was somewhere back in the distance walking in her running footprints, watching and smiling to no one but myself. Good girl, I thought.

I don't know how far she ran to retrieve the bird, which definitely was on the move as it came to earth, but it's more than one-half a mile from where I shot to the trail, let alone however far she went to find and retrieve the bird, back through the creek, up the hill and to the vehicle.

I could have toned her back with her training collar - at least that's an audio sound she still hears - and had her release the bird to hand to put in my hunting vest pouch. And any trainer will me that's exactly what I should have done.

But, no, I wasn't going to deny this aging hunting dog her joyful moment. A point, a flush, retrieve, and the sheer joy of her bird.

Eider and I had a great pheasant season. It's not the number of the birds.

As a hunting dog, Eider lives to hunt.

Yet I know given her age and heart condition hunting is something we have to regulate so she gets exercise but not overexertion.

This was Eider's sheer joy. And she shared with me.

It was our joy, together.



Eider with her rooster.  
PATRICIA STOCKDILL  
PHOTO

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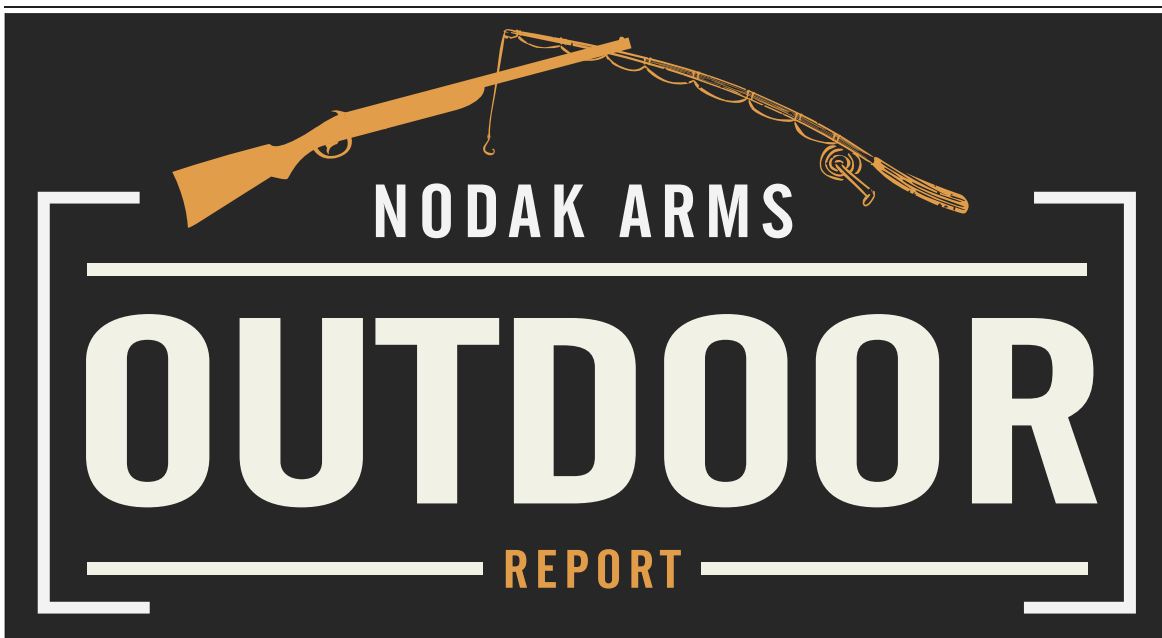
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# NODAK ARMS

## OUTDOOR

### REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Dec. 27: 1,828.33 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.17 feet above mean sea level (MSL).

Stump Lake elevation: 1,447.14 MSL.

- Devils Lake, Ed's Bait Shop, Devils Lake: Fair to good perch success on main Devils Lake around the towers prior to the cold and snow.

- Devils Lake, Woodland Resort, Devils Lake: Access limited to tracked snowmobiles and UTVs. Angler numbers slowed with cold and snow but look for continued fair success from northern feeder lakes and Devils Lake bays.

- Lake Darling, Karma C-Store, Ruthville: Prior to weather front moving through, anglers were still finding fair walleye success around Grano but be prepared for possible poor access conditions.

- Lake Metigoshe, Four Seasons, Bottineau: Anglers finding improving bluegill success with occasional nice-sized crappie mixed in prior to the weather front moving through.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Difficult access on Lake Audubon and Lake Sakakawea back bays.

- Lake Sakakawea/Lake Audubon, Hwy 83 Lawn & Leisure, Garrison: No Lake Audubon reports.

- Lake Sakakawea, New Town: Little activity with cold and snowy weather.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Little to no Missouri River activity.



- Be prepared for heavy snow along shorelines and bring shovels. Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

- Upper Souris Nat'l. Wildlife Refuge Prairie-Marsh Auto Tour Route closed until spring.

- Dec. 31: Missouri River Canada goose zone and light goose seasons close.

- Jan. 1: First Day Hike, Fort Stevenson State Park, with hiking, snowshoeing, or cross-country skiing along the lighted trail, 6 p.m. Snacks at the Visitor Center.

- Jan. 1: Denbigh Christmas Bird Count.

- Jan. 2: Pheasant, grouse, partridge, High Plains duck, goose, merganser, and archery deer seasons close.

- Jan. 2: Medora CBC.

### TOURNAMENTS:

- Jan. 8: Lake Darling, Lake Sakakawea, Lewis & Clark State Park

- Jan. 15: Lake Sakakawea, Tobacco Gardens.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Try working 25 feet for walleye on the west end of Lake Sakakawea from Long Creek to Red Mike with fair to good success.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No recent activity on

area lakes.

- Turtle Mtn. area lakes, Coast-2-Coast, Rolla: No new reports.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (701) 328-9921.

## YEAR IN REVIEW

SEPTEMBER 2021



### TEAM MINOT STEPS IT UP

SSgt. Andrea Payne poses with the diapers collected from a drive to support the clients of local nonprofit Project Bee. With the help of Minot Air Force Base donors, the drive collected 17,200 diapers, surpassing their original goal of 10,000. Those diapers will be able to supplement over 600 families in the Minot area who are experiencing diaper insecurity.

PROJECT BEE PHOTO



### AFPC VISITS MINOT AFB

Major General Christopher Craig, Air Force Personnel Center Commander along with Command Chief Master Sergeant Eryn McElroy, visited Minot Air Force Base, ND, September 8, 2021. Maj. Gen. Craig and CMSgt. McElroy had the opportunity to speak one-on-one with the staff of the Welcome Center, Airmen Family Readiness Center and Military Personnel Flight during the visit.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN



### WARBIRD AIRMEN RETURN FROM HISTORIC DEPLOYMENT

Airmen from the 23rd Expeditionary Bomb Squadron redeploy, during the week of Sept. 17, 2021, on the flight line at Minot Air Force Base, ND. The airmen returned from a six-month-long deployment from Al Udeid Air Base, Qatar. They deployed in support of U.S. Central Command.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN

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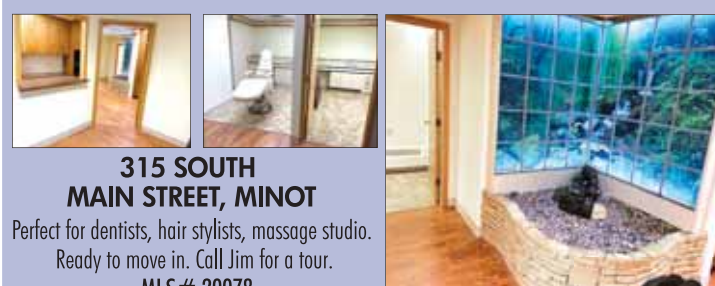
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# YEAR IN REVIEW

OCTOBER 2021



## MAJOR GENERAL VISIT

Thank you to Major General Gene Hughes Jr., Air National Guard assistant to the commander of AFGSC, Brigadier General Anderson, and the others accompanying them for coming to Minot AFB. During their visit they toured multiple locations around base and witnessed a recapture/recovery exercise by the 219th Security Forces Squadron.

MINOT AFB PA PHOTO



## SENIOR AIRMAN AWARDED FOR SAVING LIFE

91st Missile Wing Commander Col. Christopher E. Menuey presents Senior Airman Jose Rafael Jacuinde Rios with the American Red Cross Certificate of Merit at a ceremony held at Minot Air Force Base, October 22. SrA Jacuinde-Rios was presented the award for saving a man's life earlier this year.

U.S. AIR FORCE PHOTO | MINOT AFB PA



## MAJ. GEN. MICHAEL LUTTON VISITS

Maj. Gen. Michael Lutton, 20th Air Force Commander, rides in a helicopter assigned to the 54th Helicopter Squadron at Minot Air Force Base, ND, Oct. 28, 2021. Maj. Gen. Lutton had the opportunity to observe a training exercise with the Tactical Response Force from Minot AFB.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN

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## YOUR LOCALLY OWNED VEHICLE MAINTENANCE SHOP

Welcome to Minot AFB from Tires Plus, your locally owned vehicle maintenance shop. Yes, that is right, Tires Plus is locally owned. You may have become associated with Tires Plus shops in other parts of the country. They, like the Minot and Minot AFB Tires Plus locations are owned and operated by a local franchisee, one that is familiar with the challenges of maintaining a vehicle in their particular location.

It certainly would be fair to say that each geographical location certainly has different challenges in keeping vehicles properly maintained. That is why it is so important to establish a relationship with a locally owned shop like Tires Plus. And of course maintain that relationship so that they get to know you, and your car. So let's quickly review some of what is important in maintaining your vehicle.

1. Acquaint Yourself With Your Owner's Manual
2. Check Your Tires Monthly
3. Have Your Oil and Oil Filter changed on Schedule
4. Also Have Your Air Filter Replaced With Oil Changes
5. Let Tires Plus Inspect All Other Fluids
6. It's Important to Examine Belts and Hoses When You Change Your Oil & Filter
7. Always Listen and Feel for Brake Issues
8. Replace Wiper Blades as Needed
9. Know That Tires Plus Will Also Inspect Your Battery and Remove Battery Corrosion
10. Keep A Detailed Accounting So You Don't Forget Routine Maintenance

A simple trip to your locally owned Tires Plus is a great way to get started. We are proud to say that more often than not, if you ask around, Tires Plus is where the "locals" take their vehicle for routine maintenance.

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# YEAR IN REVIEW

NOVEMBER 2021



## INNOVATION AT MINOT AFB: ATOMIC SPARK

From Left to Right: TSgt. Dominic Garcia, Capt. Matthew Matuszak, Col. Christopher Menuet, TSgt. Israel Garza, and MSgt. Peter Patera pose in front of a mural drawn on the whiteboard wall at the Atomic Spark grand opening on Nov. 1, 2021.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN MICHAEL RICHMOND



## GLOBAL THUNDER 22

Airmen assigned to the 5th Bomb Wing maintain the B-52H Stratofortress during Global Thunder 22 operations on Nov. 3, 2021. Maintainers work around the clock to prepare the bombers for their missions, and without their meticulous care, the B-52 would not have remained in service for over 60 years.

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN MICHAEL RICHMOND



## 219TH SFS MEMBERS RETURN FROM DEPLOYMENT

U.S. Air Force Staff Sgt. Seth LaBodda, of the 219th Security Forces Squadron, is greeted with an embrace upon his return home to Minot International Airport, Minot, North Dakota, Nov. 4, 2021. Eight members of the 219th SFS return from a six-month deployment to southwest Asia.

U.S. AIR NATIONAL GUARD PHOTO | DAVID H. LIPP



## BOMBER TASK FORCE EUROPE: B-52S JOIN LONG-RANGE STRATEGIC DEPLOYMENT

Three B-52H Stratofortresses took off from Minot Air Force Base as part of Global Thunder 22 on November 9. During the 20+ hour flight they supported combined operations involving Royal Air Force Typhoon FGR4s and United States Air Force F-15Cs Eagles and F-15Es Strike Eagles out of RAF Lakenheath alongside our fellow Air Force Global Strike Command bombers, the B-1 Lancers out of Dyess Air Force Base. The sortie supported the annual United States Strategic Command exercise, Global Thunder, and validated the ability to integrate with allies and partners around the world.

U.S. AIR FORCES IN EUROPE &amp; AIR FORCES AFRICA



## MINOT AFB HOSTS NWC

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS EVAN LICHTENHAN



## AIR FORCE BALL 2021

U.S. AIR FORCE PHOTOS | MINOT AFB PA

## NOTES ON BEING SAFE

# TOP HOLIDAY FOOD SAFETY TIPS

## DON'T BE A TURKEY ABOUT FOOD SAFETY THIS SEASON

Cooks across the country are making plans for holiday feasts that include everyone's favorite dishes, from cornbread stuffing to pumpkin pie. Friends and families are invited, and excitement is in the air. Food safety is probably not the first thing you think about when planning a holiday dinner. But to keep your gathering from being memorable in the wrong way, it's important to take steps to protect your guests from food-borne illnesses.

While the U.S. food supply is one of the safest in the world, some 76 million people get sick from food-borne illness every year, according to the CDC. And food safety can be a special challenge during the holidays. Not only is it cold and flu season, but the menu may include more dishes than there is room for in the refrigerator or oven.

To make sure your holiday dinner is not only delicious but as safe as possible, here a few top suggestions:

Have a master plan. Chefs do it, and so should you. Consider your refrigerator, freezer and oven space, and how you'll manage to keep hot foods at 140 degrees or higher and cold foods at 40 degrees or below.

Cook to proper temperature -- and use a

thermometer. There is simply no other way to determine that food has been cooked enough to kill bacteria.

Refrigerate leftovers within two hours of preparation. Leaving food out too long is one of the biggest holiday food safety problems.

Properly defrost your turkey, or buy a fresh one. "If you choose a frozen turkey, allocate 24 hours per 5 pounds to defrost in the refrigerator, and whatever you do, don't defrost the bird on the kitchen counter."

Wash your hands thoroughly and often -- before, during, and after food preparation. "Simply washing hands is one of the easiest ways to minimize bacterial contamination and keep your food safe."

Wash all fresh produce. Wash even prepackaged greens, to minimize potential bacterial contamination.

If you need additional information on holiday food safety tips, please visit one of these websites:

U.S. Food and Drug Administration  
1-888-SAFEFOOD: For questions about safe handling of the many foods that go into a delicious holiday meal, including eggs, dairy, fresh produce and seafood.

U.S. Department of Agriculture  
Meat and Poultry Hotline, 1-888-MPHOTLINE (1-888-674-6854). M-F, 10 a.m. - 4 p.m. EST.

E-mail questions to the hotline at: [mp hotline@usda.gov](mailto:mp hotline@usda.gov)



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### PLAINS ZEBRA

#### CREATURE FEATURES

- Plains Zebras are boldly striped in black and white. No two individuals look exactly alike. Their stripes are camouflage that helps the zebra hide in the grass and make it more difficult for predators to identify one zebra amongst the herd. Zebra patterns are unique to each individual.
- Plains Zebras have very good hearing and eyesight, which helps them stay clear of predators such as lions, hyenas, and cheetahs.
- Herds will mingle with wildebeests, ostriches, and antelope while they graze and even come to depend on them as additional protection against predators.

#### Fact File

Life Span	25 years
Weight	650 - 1,000 pounds
Height at Shoulder	3 1/2 - 5 feet
Body Length	8 feet
Top Speed	35 mph
Wild Diet	Onionwe Carrotwe (Harkbwe) Grasswe, Bark, Leavwe



### WORD SEARCH

S	K	C	R	Q	Y	M	F	C	N	M	
O	T	F	T	R	W	D	O	U	C	O	I
C	C	E	Q	B	X	C	W	P	S	R	L
L	R	B	E	T	M	A	T	O	I	A	K
J	A	E	T	P	R	G	O	Z	P	G	G
Y	H	V	C	M	O	T	U	N	I	U	I
B	T	E	E	U	H	Q	O	Y	Y	S	H
N	U	R	Y	I	A	M	H	O	N	E	Y
X	D	A	N	R	E	S	U	F	N	I	V
J	F	G	Q	L	E	F	I	P	S	F	O
C	J	E	L	I	R	B	G	P	U	B	S
G	W	T	M	R	R	B	I	D	S	C	G

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TEA

WARM

LEMON

MILK

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BEVERAGE

CUP

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# YEAR IN REVIEW

DECEMBER 2021



## 91ST MW KIDS CHRISTMAS PARTY

The 91st Missile Wing threw a Christmas party for the children of Minot AFB, ND, Dec. 11, 2021. Airmen and families enjoyed some holiday fun with hot chocolate, reindeer training camp, and visits from Santa Claus and the Grinch!

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN



## AIRMAN RECEIVES AWARD FROM AADD

Airman First Class Dariana Gutierrez, Primary Scheduler and volunteer for Airmen Against Drunk Driving, was presented several awards for her dedication to protecting Team Minot. By volunteering over 163 hours of her time in a two quarter period, Gutierrez has played a major role in saving over 244 lives and counting.

NORTHERN SENTRY PHOTO | ABIGAIL KINDER



## SECURITY FORCES GROUP COMMANDERS' CONFERENCE

Chief Master Sgt. Gerald Sullivan, chief enlisted manager in the 91st Security Forces Group, Minot Air Force Base, North Dakota, rappels down a building during the Security Forces Group Commanders' Conference Dec. 2, 2021, at F.E. Warren Air Force Base, Wyoming. Leaders from the 90th Security Forces Group from F.E. Warren AFB, Wyoming, 91 SFG from Minot AFB, North Dakota, and 341 SFG from Malmstrom AFB, Montana, met to bring new ideas together on how to improve their group's missile field and base security practices.

U.S. AIR FORCE PHOTO | AIRMAN SARAH POST

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# YOUTH IN ACTION

## Anchored4Life Support

Anchored4Life Clubs provide a comprehensive transition and resiliency group for youth with the mission of providing proven resources and strategies to children so they can become resilient, confident, and resourceful. Traditionally, these clubs are sponsored within schools and are youth led. However, due to the increasing needs of geographically dispersed military-youth across the globe Anchored4Life now provides alternative means of club access. Families and students can visit the free E-Learning Series at <https://anchored4life.com/e-learning-series/>. The video series provides families and caregivers with fun and engaging activities to introduce, practice, and strengthen resiliency life skill development with youth. The videos address a



RACQUEL LABADIE, GS-11  
SCHOOL LIAISON SPECIALIST  
CHILD AND YOUTH EDUCATION SERVICES



wide range of topics and include: positive attitudes, open mindedness, stress management, choices & consequences, patience, and confidence. Anchored4Life resources including care packs for moving, deployment, reintegration, divorce, grief and welcome kits are available through the School Liaison Office and the

Military Family Life Consultants. These kits include resiliency-based activities and resources for K-8th grade students which can be used by families to address the stressful situations of military life. For more information on Anchored4Life contact the School Liaison at 701-723-1447 or [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil).

## 2021-2022 MPS CALENDAR

### IMPORTANT UPCOMING DATES

#### December 24-January 3

Vacation - No School

#### January 4

Classes Resume

#### January 17

Professional Development Day

Martin Luther King Jr. Day

No School

#### February 9

Early Release Day

#### February 18

Early Release Day

#### February 21

P/T Comp Day - No School

December 2021 16 days						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022 19 days						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

February 2022 19 days						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days



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- o Community Band
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#### • Nodakords

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## CROSSWORD PUZZLE

### Across

1. Fast flier
4. Mesh with the group
9. Vegas game
13. Blood classification system
14. Response to "No you don't!"
16. Give \_\_\_ of approval: silently okay
17. Possible 11/3 headline
20. Cabinet dept.
21. Onion cousins
22. Defamed in writing
26. Pupil site
27. Hesitant speaker's sounds
28. Call \_\_\_ day
29. Cuban water
31. Living room piece
33. Below zero: Abbr.
34. European herders
36. Quite
37. Unlikely 11/3 headline
40. Gillette brand
43. Electronics device
44. Marcel Marceau character
47. Bricklayer's tool
50. Marcus of movie theaters
51. Lennon's lady
52. "\_\_\_ folly to be wise": Gray
53. \_\_\_ generis
55. Distribute, as leaflets
57. Opts not to opt
60. Ballpark figs.
61. Possible 11/3 headline
65. Most eligible to serve
66. The Cyclades' sea
67. Chapter in history
68. Oenophile's concern
69. College quarters
70. CD-\_\_\_

## Down

1. Olympic spear
2. Inelastic rubber
3. Pledge drive incentive, maybe
4. Needle bearer
5. Security guard's requests
6. Spinning toy
7. "That's the way \_\_\_"
8. Dark time in Durango
9. Critic Pauline
10. On the way
11. Arctic gale
12. Adventurous trip
15. Green lights
18. Before, poetically
19. Artist Paul
23. \_\_\_ land: unreality
24. "Good golly!"
25. Taken to the cleaners
30. Time for fools
32. Hosp. room fixtures
35. Attack like an eagle
37. Dogpatch denial
38. Thought
39. Rather report
40. Parent's words of encouragement
41. Chicago paper
42. Arm of the Pacific Ocean
44. Ardent supporter
45. Unborn
46. 1945 conference site
48. Actor Morales
49. Soprano Tetrazzini
54. How some losses are printed
56. Brief moment
58. Whaler's direction
59. Utah state flower
62. Slogan ending?
63. Escape
64. USCG rank

# SUDOKU

1	2				3			
	4			1		5		
6			7	4				8
	7		4		6		9	
	9	1				6	2	
	8		1		5		3	
3				8	1			7
		4		6			8	
			2				5	9

Solution to puzzle on page C6



# CROSSWORD SOLUTION

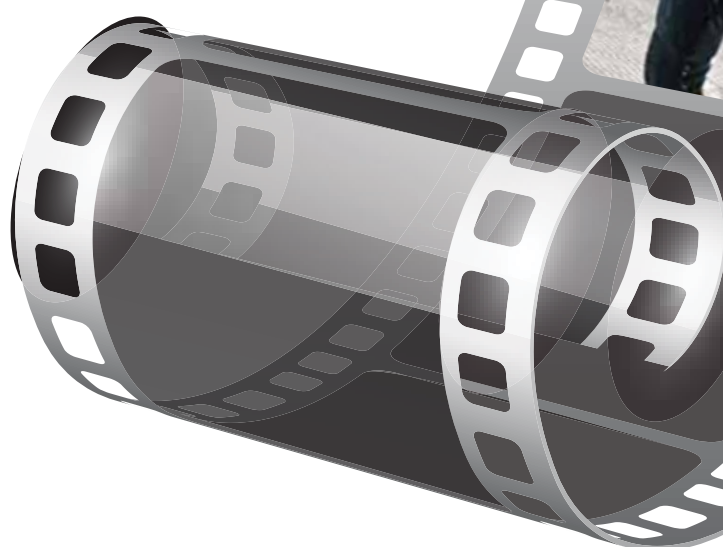
Solution to last week's Crossword puzzle.

B	O	W	L		C	O	D	E		T	R	A	D	E
A	R	I	A		A	U	R	A		H	I	R	E	D
B	E	N	T		T	R	I	G		U	N	C	L	
Y	O	D	E	L	S		B	L	E	N	D	S	I	N
		T	R	I	E	S			E	N	D			
T	H	U		G	Y	M	S		G	E	O	R	G	E
R	A	N		H	E	E	L	S		R	O	A	N	S
A	S	N	O	T		W	O	W		C	H	I	A	S
S	T	E	R	N		S	P	O	I	L		N	R	A
H	O	L	D	I	T		S	O	S	O		F	L	Y
				N	E	D		P	L	U	T	O		
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# REEL TIME THEATER MOVIE SCHEDULE



FOLLOW  
REEL TIME MOVIE  
THEATER MINOT, AFB  
ON FACEBOOK OR  
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EXCHANGE  
WEBSITE FOR  
UP TO DATE  
MOVIE LISTINGS





## CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p><b>Chapel Services at MAFB</b> <i>Protestant</i> (North Plains Chapel in Base Housing) <b>Sunday Community Service</b> 1030 a.m. (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday ..... 1000 Daily ..... Monday-Thursday at 1200</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  <b>109 6th St. SE</b> <b>Minot • 838-3094</b></p> <p><b>Saturday, January 1</b> 5PM, No Vespers</p> <p><b>Sunday, January 2</b> 10AM, Congregational Prayer Service</p>	<p> <b>Break Forth BIBLE CHURCH</b> Wednesdays 7:00pm and Sundays 10:30am <b>1821 W Burdick Expressway</b> For More Information: <b>701.353.9337   www.bfbc.tv</b></p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School ..... 9:00 a.m. Worship ..... 10:30 a.m. <b>www.trinitychurchminot.org</b></p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot</b> <b>838-0916</b> <b>MinotBibleFellowship.org</b></p>
<p> <b>Faith United Methodist Church</b> <b>5900 Highway 83 N, Minot</b> <b>www.faithumcminot.com</b> <b>Pastor Ken Mund</b> <b>701-838-1540</b></p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00</b> <b>a space / per week</b></p>	<p><b>Cornerstone Presbyterian Church</b> <b>1000 NE 3rd Street</b> <b>852-0315</b> <b>Sunday Schedule</b> Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am</p> <p><b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm <b>All are Welcome!</b> <b>www.ecominot.org</b></p>	<p> <b>OUR SAVIOR LUTHERAN CHURCH</b> 3705 11th St. SW Minot, ND 58701 701-852-6404 <b>www.oslcminot.com</b></p> <p><b>Rev. Heath Trampe</b> <b>Rev. Brian Doel</b></p> <p><b>SUNDAY MORNING</b> Worship Services 8:15, 9:30, &amp; 11:00 am Sunday School Age 4 - Grade 12 9:30 am (Sept-May) Adult Bible Study 9:30 am</p>	<p> <b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i> <b>Sunday Worship</b> <b>9:30 AM</b> <b>2209 4th Avenue NW</b> <b>Minot, ND</b> <b>839-4663</b> <b>Reverend Philip Beyersdorf</b> <b>www.minotstmarks.com</b> <i>Join us on facebook</i></p>
<p> <b>Immanuel Baptist Church</b> <b>1615 2nd St. SE, Minot</b> <b>701-839-3694</b></p> <p><b>Sundays:</b> 9:00 am.....Fellowship 9:15 am.....Sunday School 10:30 am.....Worship</p> <p><b>Wednesdays:</b> 11:30 am..... Soup Kitchen 5:30 pm.....Family Supper 6:30 pm..Preschool/Kids' Club/ABY 6:30 pm..... Adult Bible Study <b>www.ibcminot.org</b></p>	<p><b>Minot Baptist Church</b> </p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m. <i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 <b>839-7076</b> Daily Mass Schedule: Tuesday ..... 5:15 p.m. Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m. <i>Fr. David A. Richter, Pastor</i> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p> <b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853 Sunday Worship 9:30 am</p> <p><b>www.firstlutheran.tv</b> (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am <a href="http://www.flcminot.com">www.flcminot.com</a> Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p></p> <p><b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB <b>James W. Henderson</b> <b>Anna B. Henderson</b> <b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b> <b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 p.m.</b></p>
<p> <b>JOURNEYCHURCH</b> ASSEMBLY OF GOD <b>1805 2nd St. SE</b> <b>838-1111</b> <b>Sunday Services</b> 8:30 AM 10:00 AM 11:30 AM <b>Wednesday</b> 6:30 PM</p>	<p><b>Apostolic Faith Church, UPCI</b> 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p> <b>Cross Roads Baptist</b> <b>Southern Baptist Convention</b> Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><b>www.minotcrbc.org</b> <b>email: minotcrbc@gmail.com</b> <b>Dr. Bob Farmer- Pastor</b> <b>415 28th Ave SE (Behind Menards)</b> <b>838-1873</b></p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i> <b>1105 16th St. NW • 839-1407</b> Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352 <b>westminot.com</b> <b>facebook.com/westminot</b></p>	<p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b> <b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 p.m.</b></p>

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Contemporary Worship Service..... 9:50 a.m.  
Adult Sunday School ..... 11:00 a.m.  
Contemporary Worship Service..... 11:05 a.m.  
Children's Church ..... 11:05 a.m.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

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**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
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## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 10 Jan-13 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu), office phone: 701-727-9007 or Teams phone: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

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### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)



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# WHAT'S GOING ON MAFB

## FRIDAY 31

- New Year's Eve
- For full listing New Year's Weekend Facility Hours, visit [5thforcesupport.com](http://5thforcesupport.com)

## TUESDAY 04

- Registration Closes: Laser Tag Party at Outdoor Recreation
- Game Day, 1000-1930, Minot AFB Library
- Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts Center
- Zumba, 1830, Fitness Center

## FRIDAY 07

- HIIT Strength & Conditioning, 0530, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, The Turf, hosted by the Fitness Center
- First Friday, 1600-2000, Jimmy Doolittle Event Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Laser Tag Party, 1630-1730, Turf, hosted by Outdoor Recreation
- Swerk, 1800, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 01

- New Year's Day
- For full listing New Year's Weekend Facility Hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Winter STEAM Challenges Begin on the Minot AFB Library Facebook Page
- New Year's Special Lunch, 1030-1330, Dakota Inn Dining Facility

## WEDNESDAY 05

- HIIT Strength & Conditioning, 0530, Fitness Center
- Indoor Pool Bootcamp, 0600-0700, Indoor Pool, Fitness Center
- Boots to Business, 0830-1630, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Brown Bage Book Talks, 1200, Minot AFB Library
- Yoga, 1200, Fitness Center
- First Duty Station Officer Financial Course, 1400-1600, A&FRC
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## SATURDAY 08

- Sewing Class, 1200-1500, Arts & Crafts Center
- Star Wars Spectacular, 1300, Minot AFB Library

## SUNDAY 02

- For full listing New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- NFL Sunday Ticket, 1200-1900, Rockers Bar & Grill
- Zumba, 1400, Fitness Center

## MONDAY 03

- AFGSC Family Day
- For full listing New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Registration Begins: Ice Fishing Trip at Outdoor Recreation

## THURSDAY 06

- Initial Counseling Tier II, 0730-0830, A&FRC
- Pre-Separation Counseling, 0830-1130, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1230, A&FRC, In person and Zoom Meeting
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Kids' Night, 1530-2030, Bomber Bistro
- Magic The Gathering Pauper Night, 1800, ESC
- Art Resin Charcuterie Board Class, 1800-2000, Arts & Crafts Center
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Winter Reading Program: 1 December – 1 March, Minot AFB Library
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

## JANUARY SPECIALS

### Bomber Bistro • Chef Salad

Try this tasty medley of lettuce, turkey, ham, tomato, egg, cucumber, red onion, and cheddar cheese. Grab it to go for only \$9.00. Add some chicken for \$3.00 more!

### The B-Fifty Brew • Red Bull Burners

Grab one of our ice-cold Red Bull Burners to go! First, choose your Red Bull flavor: Original, Blueberry, Cranberry, Tropical, or Sugar-free. Next, choose your syrup: Peach, Coconut, Raspberry, Pineapple, Strawberry, Cherry, Mango, or Watermelon. Finally, top it off with Original Lemonade. Available in Venti size only for \$4.00!

### Rockers Bar & Grill • Imposter Burger

Try this ¼ lb. plant-based burger on a bed of lettuce and tomato, served with a side of crispy fries! Grab this tasty combo for \$7.50!

**Acrylic Paint Pouring Classes**  
at the Minot AFB Arts & Crafts

**1st & 3rd Tuesday of Every Month.**  
**6:00pm - 8:00pm**

Follow step-by-step instructions in this 2 hour session for only \$26.00. Space is limited! Call or come into the Arts & Crafts Center to register.

723-3640

**FORCE**

**STAR WARS SPECTACULAR**

Minot AFB Library • 8 January 2022 • 1:00 PM

Hop in your landspeeder and head over to the Minot AFB Library's 9th annual Star Wars celebration featuring stories, crafts, and activities for children of all ages! More activities available online at [facebook.com/minotairforcebase/library](https://www.facebook.com/minotairforcebase/library).

May the force be with you!

For more information call the Minot AFB Library at 723-3640 or visit our website at <https://www.minot.af.mil/About-Us/Visiting-Us/>

**FORCE**

**FIGHTING GAME NIGHT**

**ESC • EVERY WEDNESDAY • 1800**  
No entry fee • Players of all skill levels welcome!

Try out these titles:  
Mortal Kombat • Street Fighter  
Super Smash Brothers • Tekken

For more information, call (541) 671-3577 or email [escgamingmanagement@gmail.com](mailto:escgamingmanagement@gmail.com)

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