

WHATS INSIDE THIS WEEK:



**DRIVING  
UNDER THE  
INFLUENCE**

**A2**



**791 MSFS  
COINING**

**A5**

**The ABCs  
of IEPs  
Lunch & Learn**

**SPECIAL  
SERVICES  
SUPPORT**

**C2**



Command Chief Master Sgt. Ernest “Kacky” Crider speaks to another Airman at the monthly Military Affairs Committee Lunch on Jan. 6, 2022, in Minot, North Dakota. This lunch allows community leaders to engage and discuss important topics that are happening both on Minot Air Force Base and the City of Minot. See page A3 for more coverage.

AIRMAN 1ST CLASS SAOMY SABOURNIN DE LOS SANTOS



**GIVING  
HEARTS  
DAY**

Help someone.

**THIS GIVING HEARTS DAY,  
GIVE A HOME**

 **PROJECT BEE**  
Bringing Equity & Empowerment





**HOME OF THE GLOBAL STRIKER**

Only The **BEST** Come North!

**WWW.MINOT.AF.MIL**

**CONTACT MINOT AFB PUBLIC AFFAIRS**  
701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on   
Minot Air Force Base



# Driving Under the Influence

5TH BOMB WING / STAFF JUDGE ADVOCATE

In November 2021, 5 BW/JA provided a summary of military justice and adverse actions that occurred across Team Minot during the 3d quarter of 2021. Now we focus on Driving Under the Influence (DUI) offenses. This is done to provide greater overall transparency and education concerning the costs of DUI. The National Highway Traffic and Safety Administration reports that, in the United States, DUIs kill approximately 10,000 lives each year, have a negative financial impact of \$44 billion, and cost offenders upwards of \$10,000 in fines and legal fees. DUI is avoidable and has very real consequences.

## LAW

DUI, referred to as “Drunken Operation of a Vehicle,” is punishable under Article 113 of the Uniform Code of Military Justice (UCMJ), codified at 10 USC 913. Under Article 113, UCMJ, DUI occurs when a person operates or is in actual physical control of a vehicle while drunk or when their alcohol concentration is equal to or exceeds .08. “Drunk” is defined as “any intoxication which is sufficient to impair the rational and full exercise of the mental or physical faculties”; thus, “drunk” could be less than an alcohol concentration of .08 if mental or physical impairment is evident.

In North Dakota, DUI is punishable under North Dakota Century Code (NDCC) 39-08-01. Under NDCC 39-08-01, DUI occurs when a person drives or is in actual physical control of a vehicle while under the influence of intoxicating liquor or with an alcohol concentration of at least .08. Similar to Article 113, UCMJ, “under the influence of intoxicating liquor” means that a person can be DUI even though their alcohol concentration is below .08.

In North Dakota, to include on Minot AFB, a person who refuses to submit to a chemical test of blood, breath, or urine is guilty of DUI.

## CONSEQUENCES

Commanders retain full discretion over administrative, nonjudicial, and judicial action under the UCMJ and Air Force regulations.

DUI results in suspension/revocation of driving privileges. In accordance with AFI 31-218, *Motor Vehicle Traffic Supervision*, dated 22 May 06, para 2-4, installation driving privileges may be administratively suspended or revoked for cause. Specifically, para 2-4 and Table 5-1 provides that installation driving privileges shall be immediately suspended for a DUI offense, as well as refusal to consent to chemical tests. Additionally, Minot AFBI 31-

116, *Minot AFB Motor Vehicle Traffic Supervision*, dated 10 Dec 19, para 8.7.1, prescribes a one-year suspension of on-base driving privileges for DUI, as well as refusal to consent to chemical tests. In accordance with para 2-3 of AFI 31-218 and para 2.17 of MAFBI 31-116, operation of a vehicle on Minot AFB is considered implied consent to chemical tests of breath, blood, and urine.

AFI 36-2502, *Enlisted Airman Promotion and Demotion Programs*, dated 16 Apr 21, para 6.3.4, authorizes administrative demotion when Airmen fail to fulfill their responsibilities under AFH 36-2618, *The Enlisted Force Structure*, dated 5 Jul 18. AFH 36-2618 tasks Airmen with understanding, accepting, and embodying the Air Force Core Values; accepting, executing, and completing all duties, instructions, and lawful orders; and detecting and correcting conduct and behavior that places themselves or others at risk. DUI does not embody the Air Force Core Values, is a violation of duties, and is not detection and correction of conduct that places themselves and others at risk. Thus, administrative demotion is authorized for DUI.

Under Article 15 of the UCMJ, codified at 10 USC 815, a commander may impose nonjudicial punishment on

members of their command for violations of the UCMJ. Nonjudicial punishment provides commanders with an essential and prompt means of maintaining good order and discipline outside of the court-martial process. The nature of nonjudicial punishment depends on the rank of the commander and person being punished, but generally may include forfeiture of pay, reduction in grade, extra duties, restriction, and reprimand.

Under Article 113 of the UCMJ, drunken operation of a vehicle is punishable via a bad-conduct discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 6 months. If personal injury results, then the maximum punishment increases to a dishonorable discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 18 months. Under NDCC 39-08-01 and 12.1-32-01, DUI is punishable via driving suspension, 30 days imprisonment, and a fine of \$1.5K. Additional offenses of DUI increase the maximum punishment to 5 years imprisonment and a fine of \$10K.

## CONCLUSION

The seriousness, impact, and costs of DUI are real. In fiscal year 2021, 32 DUIs occurred across Team Minot. All resulted

in serious consequences: all 32 resulted in suspension/revocation of driving privileges, 9 resulted in nonjudicial punishment, 17 resulted in administrative demotion, and 9 resulted in administrative discharge. Often, military administrative and disciplinary action was in addition to civilian prosecution for DUI. Punishments included a combination of forfeiture of pay, reduction in grade/administrative demotion, extra duties, restriction to the installation, reprimands, and administrative discharge.

Thus, the costs of DUI are multifold. Not only does DUI kill 10,000 lives per year and \$44 billion, but it also carries significant costs for offenders, to include up to \$10,000 in financial penalties and the significant career implications of prosecution, nonjudicial punishment, administrative demotion, and administrative discharge. DUI is avoidable and resources are available to ensure Team Minot Airmen do not drive while under the influence of alcohol. Use your resources – phone a Wingman, call Airmen Against Drunk Driving (AADD – under Team Minot’s Directory on your AF Connect App), or use a car service. Don’t drink and drive.



**North Dakota RV Dealer**  
**#1 Motor Home, Towable**  
**& Toy Hauler RV Sales**

**3000 14th Ave SW • Minot, ND**  
 Hours: Monday - Friday 8:00 am - 5:00 pm  
 Saturday 8:00 am - 2:00 pm  
**701-838-4343 • 800-488-7896**  
[www.capitalrv.com](http://www.capitalrv.com)

MINOT  
AIR FORCE  
BASE

*Finest*



**LT AXEL HUSS**  
**91 SFG EXECUTIVE OFFICER**

The 91 SFG would like to thank you for your dedication to the job and always taking care of the Airmen. We wish you and Rein all the best on your next Air Force adventure! Until our paths cross again - it is see ya later!



Proudly Serving MAFB  
for over 30 years!  
[www.minotsfinest.com](http://www.minotsfinest.com)

**701.839.0989**  
 524 31st Avenue SW • Minot, ND



**MAKING  
MORE MOVES  
POSSIBLE.**

**Heart-saving care to get you back into the rhythm of life.**

When it comes to healing hearts, we don't skip a beat. At Trinity Health our specialists are saving more hearts with convenient screenings and advanced emergency care. We deliver the latest minimally invasive surgeries, innovative treatments, and personalized rehabilitation plans—everything you need to get back to doing the things you love.

Learn more or find a physician at [trinityhealth.org/heart](http://trinityhealth.org/heart).



**TRINITY  
HEALTH**



**MAYO CLINIC  
CARE NETWORK**  
 Member

**MINOT, ND**



# Military Affairs Committee Lunch

AIRMAN 1ST CLASS SAOMY SABOURNIN DE LOS SANTOS, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. - The Minot Air Force Base Military Affairs Committee met for lunch on January, 6, 2022 at a hotel in Minot, ND. This luncheon takes place every first Thursday of the month as an opportunity for community and military leaders to interact and discuss important topics.

This committee includes briefings from the 5th Bomb Wing and 91st Missile Wing commanders as well as representatives from the local Air National Guard and Army National Guard units.

These meetings show that relationships between base and community leaders are key components to accomplishing the mission and with their combined help, Team Minot can take their work to the next level. The Minot community has supported Minot Air Force Base for nearly 70 years by bringing together military and community leaders. Leaders from the City of Minot collectively helped buy the land where Minot Air Force Base stands today.

"It's just so important and vital to have that communication and networking between us so that we show Minot Air Force Base how important they are to us and know that we're important to them as well," said Carla Dolan, Vice President of the Minot Area Chamber EDC. "We want to make sure there's that connection and camaraderie between Minot Air Force Base and Minot."

City leaders work tirelessly with the local community to make changes to better the lives of military members and their families that are assigned to Minot Air Force Base.

For example, the community joined in to help with the annual

Cookie Drive. Around 13,000 cookies were made for Airmen who were unable to go home for the holidays and distributed by the base's first sergeants. Members of the MAC also offer educational opportunities to the Airmen and their families through Minot State University as well as the public and private schools where many of the Airmen's children attend school.

However the support goes both ways, Minot AFB gives back to the local community by offering Military Working Dog assistance from its Security Forces units to the Ward County Sheriff's Department. The fire department on Minot AFB has also aided in clearing wildfires in the local area as well as assisting the Glenburn Fire Department fire hall when it caught fire in March of 2021. Finally, Airmen from Team Minot participate in mentoring the children of Minot through Companions for Children as well as Airmen from 705 MUNS reading to local 4th graders at Perkett Elementary School.

All of these efforts combined, between base leaders and the community, have not gone unrecognized. One such example of this is the local community winning the Barksdale Trophy for Best Community Support in the Global Strike Challenge of 2019.

It is essential to engage with local communities and to develop a strong bond between the community and military members. That relationship is what allows Team Minot to have success in advocating and collaborating on prominent and important issues to strengthen the local community and United States Air Force.



Command Chief Master Sgt. Ernest "Kacky" Crider speaks to another Airman at the monthly Military Affairs Committee Lunch on Jan. 6, 2022, in Minot, North Dakota. This lunch allows community leaders to engage and discuss important topics that are happening both on Minot Air Force Base and the City of Minot.



Command Chief Master Sgt. Ernest "Kacky" Crider speaks to Rod Wilson of the Northern Sentry at the monthly Military Affairs Committee Lunch on Jan. 6, 2022, in Minot, North Dakota.



Col. Johnny Galbert, 91st Missile Wing Vice Commander, updates the Military Affairs Committee on new events happening at the 91 MW during the MAC Lunch on Jan. 6, 2022, in Minot, ND.

U.S. AIR FORCE PHOTOS  
AIRMAN 1ST CLASS  
SAOMY SABOURNIN DE  
LOS SANTOS



Leaders from the City of Minot and Minot Air Force Base gather for the monthly Military Affairs Committee Lunch on Jan. 6, 2022, in Minot, ND.

## CONTACTUS

Ted Bolton

Publisher | Advertising  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentralsales@srt.com

Abigail Kinder

Reporter/Creative Services  
nsabby@srt.com

## GRAPHIC DESIGN BY

Nikki Greening

nsads@srt.com or  
nsgraphics@srt.com

## MINOT AIR FORCE BASE PUBLIC AFFAIRS

Chief

Maj. Chris Mesnard

Public Affairs Officer

1st Lt. Ryan Walsh

1st. Lt. Christopher Thibaux-Moore

Superintendent

Master Sgt. Jon Foster

Community Relations

Mr. George F. Gutierrez

## Staff Photojournalists

Technical Sgt. Crystal Cheriére

Technical Sgt. Benjamin Smith

Senior Airman Dillon Audit

Senior Airman Josh Strickland

Senior Airman Michael Richmond

Senior Airman Jesse Jenny

Senior Airman Caleb Kimmell

Airman 1st Class Evan Lichtenhan

Airman 1st Class Zachary Wright

Airman 1st Class Saomy Sabournin

De Los Santos

Airman 1st Class Allison K. Martin

## COMMANDERS

5th Bomb Wing Commander:

Col. Michael O. Walters

5th Bomb Wing Vice Commander:

Col. Michael D. Maginness

91st Missile Wing Commander:

Col. Christopher E. Menuey

91st Missile Wing Vice Commander:

Col. Johnny L. Galbert

## NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

## MAIL

315 South Main Street, Suite 202  
Minot, ND 58701

## VIEW ONLINE

www.northernsentry.com

www.minot.af.mil

## FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

## FOR ALL YOUR HOME LOAN NEEDS



We appreciate you & put you FIRST!

Offering a \$500 off closing cost credit in appreciation for your service

Mention this ad  
for the \$500 off



Steve Fennewald NMLS #766570  
Sarah Burckhard NMLS #766557

701-839-3360

2080 36th Ave SW, Suite 205, Minot

APPLY NOW ONLINE

[www.teamnd.benchmark.us](http://www.teamnd.benchmark.us)

This is not a commitment to lend. Offer valid to qualifying borrowers. Borrower receives credit for lender origination fees up to \$500.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 ([www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org)). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC. Other restrictions may apply. (<https://benchmark.us>) Must present this coupon for it to be valid.



Vibeto Orthodontics



GREAT SMILES COME FROM  
VIBETO ORTHODONTICS

- Traditional metal and clear braces
- Invisalign® and Invisalign Teen™ clear aligners

SCHEDULE A COMPLIMENTARY INITIAL  
ORTHODONTIC CONSULTATION TODAY!

Bryan Vibeto, DDS, MS

(701) 839-6010

2615 Elk Drive Suite 2  
Minot, ND 58701



# Did He Say Moose?

**northern  
sentry**

A VIEW FROM OUR SIDE  
ROD WILSON, NORTHERN SENTRY



At the recent Military Affairs Committee meeting it was announced that Air Force Secretary Frank Kendall had visited Minot Air Force Base, and that Secretary Kendall joined the North Dakota legislative delegation for supper at Col Walters' home on base, where he was served moose by Minot Mayor Shaun Sipma (who by the way has announced his intentions to run for a second term in June). At my table there were several chuckles, and one comment that could be interpreted two ways.

First, we are not sure who donated the moose for the Secretary's evening meal, but to whomever did, thank you. A few of my friends have been lucky enough to receive their "once-in-a-lifetime" moose tags and they all have shared that a moose is quite a large animal and provides a freezer full of meat. We aren't saying that whom-ever supplied the moose for the evening meal was anxious to offload some of their moose, only that they

were probably happy to share, and gain back some room in their freezer.

Second, well the comment "only in North Dakota" could also have pertained to the fact that the Mayor of a City like Minot would dawn the chef's cap and prepare an evening meal of moose for the Secretary of the Air Force and the state's legislative delegation. The same friends who shared that the moose they harvested provided a freezer full of meat, also shared that moose is quite tasty, if prepared correctly. From the comments at the MAC meeting, the meal that Mayor Sipma helped cook and serve was "cooked right", so congratulations Mayor Sipma and kitchen crew.

Only in North Dakota? Let's take it one step further. Only in Minot, North Dakota will the Mayor of the City cook a meal of moose for the Secretary of the Air Force, the State's legislative delegation and several honored guests. And yes, he did say moose.

# CHRISTMAS

## GOLDEN TICKET

# WINNERS!



**DID YOU KNOW...**  
The newspapers delivered weekly to base housing could have a "Golden Ticket" inside worth \$45 or more!

It pays to read the  
**northernsentry**



**Kimberly & Anthony Garcia**  
originally from the Great State of Texas  
found our Special Christmas Golden Ticket worth **\$125!**  
Delivered right to their door by RI 1 carrier Penny Reed!  
Anthony & Kash Garcia pictured, Kash is holding on to the cash!

# LAKE METIGOSHIE ICE FISHING DAY TRIP

WITH OUTDOOR RECREATION

**FEBRUARY 12TH  
8:00AM - 5:00PM  
REGISTER: JAN 24 - FEB 4TH**

**JOIN US FOR AN ICE FISHING  
ADVENTURE WITH OUTDOOR  
REC'S PROFESSIONAL GUIDE!**

**PRICE INCLUDES  
TRANSPORTATION, EQUIPMENT,  
LUNCH, & A DAY OF FUN!  
PARTICIPANTS MUST BE AT LEAST  
10 YRS OLD TO ATTEND.**

**CALL FOR PRICING  
OR TO REGISTER  
723-3648**







**791 MSFS COINING**  
Lt Reed, SSgt Ross, SSgt Gerring, SrA Pishos, A1C Jeffers, A1C Espinoza and A1C Tok received coins from Gen Cotton via Col Menuey for their role in the Nuclear Weapons Council visit. Way to represent 791 MSFS Defenders!  
791ST MISSILE SECURITY FORCES SQUADRON PHOTOS

NORTHERN PLAINS CHILDREN'S ADVOCACY CENTER'S

# Champagne and Ice Gala

**Diamonds, Bubbles & Bidding**  
SATURDAY, FEBRUARY 26  
6 PM  
GRAND HOTEL  
TICKETS \$50; MUST BE 21 AND OLDER  
AVAILABLE AT [HTTPS://NPCAC.CBO.IO](https://NPCAC.CBO.IO)  
OR ON OUR FB PAGE

*Come in* We're **OPEN**

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- T & E Tools

**Tool Surplus Center**  
Best prices on tools in the state!

**Full-Time Outdoor Power Equipment Mechanic On-Site!**  
Small equipment in need of repair?  
**Call us!**

**Check 'em Out!!**

**YAMAHA Golf Cars**

**Hwy 83**  
Lawn, Leisure & Tools

**1619 HWY 83 NW, GARRISON, ND**  
Intersection of Hwy 83 & Hwy 37  
**701.337.2500**

HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.  
Saturday: 5:30 a.m. - Noon

# A LOOK BACK

THIS WEEK IN USAF HISTORY

**OPERATION POWER FLITE PUTS B-52 BOMBERS IN THE RECORD BOOK**  
JANUARY 16, 1957

After a disheartening string of crashes in the 1950s, USAF Strategic Air Command wanted to re-ignite public confidence in the B-52 bomber and reiterate their powerful capabilities to the world. SAC initiated Operation Power Flite, in which three B-52B Stratofortresses and their crews circumnavigated the globe in a historic flight that took 45 hours and 19 minutes. The original five planes, which were stationed with the 93rd Bomb Wing, departed from Castle AFB, California at 1:00 PM on January 16, 1957. Two of the bombers experienced equipment malfunctions and had to land in the USA and England for maintenance. Each plane held the normal six man crew, as well as an extra pilot, navigator, and the crew chief of each plane. Nearly 100 KC-97s from air bases all over the world took part in the operation, providing essential air refueling for the B-52s. The planes landed at March AFB, CA on the morning of January 18 and became the first jet powered planes to circumnavigate the globe without landing to refuel.

Information courtesy of: [afgsc.af.mil](https://afgsc.af.mil)

**CELEBRATE LIFE**  
SERVING YOU SINCE 1926

**THOMAS FAMILY FUNERAL HOME**  
304 S MAIN ST  
MINOT, ND  
CALL 701-838-2832  
[WWW.THOMASFAMILYFUNERALHOME.COM](http://WWW.THOMASFAMILYFUNERALHOME.COM)



# From COVID-19 to a New Deployment Model, What Air and Space Force Personnel Have to Watch in 2022

GREG HADLEY, AIR FORCE MAGAZINE

A new year is poised to bring some key changes for Air Force and Space Force personnel as the services look to continue to combat the COVID-19 pandemic, transition to a new force generation model, roll out changes to their physical fitness programs, promote diversity, and more in 2022.

## COVID-19

The past 12 months have seen huge developments in the COVID-19 pandemic that has loomed over the Air Force, the Pentagon, and the entire world for nearly two years.

Starting in the spring of 2021, vaccines became widely available, with troops helping to run mass vaccination sites across the nation. By late August, Defense Secretary Lloyd J. Austin III had announced that all service members would be required to get the vaccine.

The Air Force and Space Force were the first services to require Active-duty troops to be fully vaccinated, setting a deadline of Nov. 2, and the vast majority of the force—nearly 96 percent—complied.

Still, thousands of Airmen and Guardians did not get the shot. Some received medical or administrative exemptions, some applied for religious accommodations, and some simply refused.

Many of those unvaccinated enter 2022 with their future in the Air Force or Space Force uncertain. Thousands of Active-duty, Guard, and Reserve Airmen and Guardians are still seeking religious exemptions, but the Air Force had yet to grant a single one as of Dec. 22, with major commands and field commands denying more than 2,000 requests before Christmas.

The Air Force has also said those who are unvaccinated and don't have an exemption will not be allowed to PCS to a new assignment, and Air Force Secretary Frank Kendall has

raised the possibility that the unvaccinated will not be able to deploy.

The question now becomes just how many Airmen and Guardians the department will lose, either through separation, retirement, or discharge. If thousands wind up choosing either to leave or get booted, that could create a ripple effect on recruiting, retention, and, in the most extreme scenarios, readiness, depending on if separations are concentrated in certain units.

Even as the issue of the unvaccinated is expected to linger, another decision is coming up for the Pentagon—whether to require booster shots for troops. The FDA has granted emergency use authorization to booster shots from Moderna, Pfizer-BioNTech, and Johnson and Johnson, and health officials are urging the public to get the booster to combat a growing surge caused by the omicron variant.

DOD Press Secretary John F. Kirby has said the booster question is being considered at the highest levels of the Pentagon. Should leaders decide to require the booster, the process of deadlines, compliance, and discipline could play out again.

Another unknown is how the pandemic will continue to affect the housing market, which has created headaches for many service members trying to PCS over the past year or so. Spiking housing costs led the DAF to approve a temporary increase in basic allowance for housing rates, but that increase expired Dec. 31, 2021. The 2022 BAH rates represent a 5.1 percent increase on average, the largest jump in a decade, according to MilitaryBenefits.info.

Regardless of what happens with the pandemic, the nature of certain Air Force work environments has permanently

changed—the commander of Air Force Materiel Command, Gen. Arnold W. Bunch Jr., acknowledged as much when he told reporters that AFMC would not return to a pre-COVID office model, instead wanting 50 percent of its workforce teleworking either permanently or on certain days.

For many Airmen, of course, teleworking isn't feasible. But other office environments might look to follow AFMC's lead.

## NEW DEPLOYMENT MODEL

In an interview in August 2021, Air Force Chief of Staff Gen. Charles Q. Brown Jr. outlined a new force generation model for the service, based around a 24-month cycle divided into four six-month phases.

The four phases—Available to Commit, Reset, Prepare, and Ready—are aimed at standardizing the process for deployments across the Air Force, Brown said. Under previous force generation models, the service was often stretched thin with high demand and little downtime or readiness, especially after two decades of war in the Middle East.

The move to a new deployment model coincides with the Air Force's increasing emphasis on agile combat employment, the concept of multi-capable Airmen deploying and operating in disparate locations as needed. To support ACE, Brown said, units need to have a standardized deployment process to be as interoperable as possible.

The goal for the new force generation model is to reach initial operational capability in fiscal 2023, which begins in October 2022. But the shift has already begun and will continue through 2022 as major commands such as Air Combat Command, Air Force Special Operations Command, Air Mobility Command, and Air

Force Global Strike Command transition squadrons to the new cycle.

Of course, the new model will look different for the Space Force, as the fledgling service deploys Guardians in place, for missions that are nonstop. Exact details on what the Space Force will do, however, remain to be seen.

## SPACE FORCE

The Space Force celebrated its second birthday to close out 2021, marking the end of a momentous 12 months as the service stood up two field commands—Space Systems Command and Space Training and Readiness Command—released its first ever human capital plan, and unveiled the insignia for its enlisted ranks. Oh, and it also debuted prototypes of its new service dress uniform.

As the Space Force enters its third year of existence, more changes for personnel are still to come. The service has said new physical fitness guidelines will be unveiled by early 2022, and leaders have hinted that those could look very different

from the models used by the Air Force and other branches, focusing more on “holistic” health rather than testing.

USSF is also poised to become bigger and take on more missions in 2022, as Army and Navy assets are supposed to transfer over. That is complicated, however, by the current use of a continuing resolution to fund the government, keeping funding levels frozen at fiscal 2021 levels and preventing transfers and new starts.

The latest CR funds the government through Feb. 18. Before then, members of Congress will have to negotiate an appropriations bill to accompany the 2022 NDAA they passed in mid-December.

Assets aren't the only thing being transferred. The Space Force selected 670 Active-duty service members and 259 civilians to join the new service in fiscal year 2022 and 2023 from the Army, Navy, and Marine Corps. USSF is also slated to add 521 enlisted Guardians and about 70 officers through recruitment.

## We Specialize in All Things Glass...



Get **\$25 off**  
a service of  
**\$275 or more**

Limited time offer. One per customer.  
Cannot be combined with other offers.  
Valid at participating locations.



Shower Enclosures • Table-top Glass/Curio Cabinet Glass  
Automotive Glass Repair and Replacement • Mirrors

**GLASS DOCTOR<sub>®</sub>**  
a neighborly company

701.852.3741 • GlassDoctor.com/Minot  
1122 S. Broadway Minot, ND 58701

Locally Owned and Operated Franchise

2 Winners  
Every Week!



# WE'LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

No Limit, Enter  
As Many Times  
As You Wish!

**\$25.00 Gift Certificate From  
Badlands Restaurant & Bar**

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.



CORNHOLE



POOL



DARTS



MONDAY - THURSDAY:  
11AM - 1AM  
FRIDAY - SATURDAY:  
11AM - 2AM  
SUNDAY: CLOSED

6 2ND STREET NE, MINOT  
701-852-7768  
(SPOT)



## NEW PT MODEL

While Guardians are still waiting for the Space Force to unveil its new PT guidelines, they will continue to follow the Air Force's standards, and those are set to change in the new year.

The Air Force introduced a revamped physical fitness test that went into effect Jan. 1, 2022, with alternate exercises to the classic 1.5-mile run, pushups, and situps. Now, Airmen can choose between:

A 1.5-mile run or a 20-meter high-aerobic multi-shuttle run (HAMR).

One minute of pushups or two minutes of hand-release pushups.

One minute of situps, two minutes of cross-leg reverse crunches, or a forearm plank held for as long as possible.

One option that's not on the table is a 1-mile walk that was previously previewed by Air Force leadership. In a Facebook post, Chief Master Sgt. of the Air Force JoAnne S. Bass wrote that the walk was removed "until we are able to standardize the VO2 measurement equipment across every installation."

The scoring charts for the new PT test, broken down by gender and five-year cohorts, are available at <https://www.airforcemag.com/app/uploads/2021/11/PT-scoring-charts.pdf>

## EQUITY EFFORTS

In 2021, the Air Force released reviews and reports showing that female Airmen and Airmen from racial and ethnic minorities often faced disparities in discipline, promotions, and opportunities in the military, as well as instances of interpersonal violence.

Air Force Undersecretary Gina Ortiz Jones has taken particular interest in this issue, pushing for the service to conduct further analysis of the disparities facing women of color in the Air Force. She and Kendall have framed the issue as a readiness problem—lower-level Airmen don't always trust their leaders, which prevents them from serving to their full potential.

Kendall has also tied these reports to the ongoing issue of suicide, saying Airmen need to be able to go to their commanders if they are struggling and seek help.

A 2021 Pentagon report found that the total number of suicides across the services increased in 2021, but that the rate of suicides per 100,000 individuals did not increase by a statistically significant margin from 2019 to 2020, assuaging some fears

that the COVID-19 pandemic would lead to a surge. Suspected suicides did decline through the first part of 2021.

Into 2022, the Air Force will continue to study the root causes of the disparities reported in the data and look for ways to address them. The service will also see an overhaul of the Uniform Code of Military Justice, as the 2022 NDAA removes the decision to prosecute certain crimes such as rape, sexual assault, murder, and kidnapping from the chain of command. The bill also changes the UCMJ to include sexual harassment as a punishable offense.

## PROMOTIONS

Several major changes are coming for the Weighted Airman Promotion System in 2022. First, potential NCOs taking the Promotion Fitness Examination will no longer face 100 knowledge-based questions. Instead, they'll have to answer 60 knowledge questions and 20 "situational judgment test" questions.

For the situational judgment questions, test-takers will "read the description of a situation relevant to their potential rank and duties, examine four possible responses to the situation, and then select the most effective and the least effective response," according to an Air Force press release.

The Air Force is also changing how it evaluates Enlisted Promotion Reports. While up to three years of EPRs will still be considered, the service will no longer weight point totals based on the number of EPRs evaluated, a practice that leaders said sometimes unfairly disadvantaged more experienced Airmen.

Now, for their most recent EPR, Airmen will receive 250 points for a "Promote Now" recommendation, 220 points for "Must Promote," and 200 points for "Promote." And for Airmen with only one eligible EPR, that will be the extent of their score.

But Airmen with a second EPR can receive anywhere from 10 to 20 points based off the promotion recommendation they received in that review, and Airmen with a third EPR can add an additional five to 15 points.

The new system also eliminates any point value for the "Not Ready Now" recommendation and does away with the "Do Not Promote" recommendation entirely.

Tweaks are also being made to the DAF's promotion boards. The Air Force and Space Force

will have separate schedules, with the USSF considering promotions from sergeant to master sergeant in May, followed by major through colonel in October, and senior master sergeant and chief master sergeant in November. The Space Force is also shifting to selection boards for all noncommissioned officers.

The Air Force, meanwhile, will have its promotion boards for chaplain, colonel, and some lieutenant colonels meet several months earlier than they did in 2021, "moving the colonels' promotion boards earlier in the year to better align with the colonel assignment process," said Col. Scott Arcuri, Air Force Selection Board Secretariat chief.

The Air Force is also establishing a new board to consider candidates for lieutenant colonel in the cross functional operations developmental category—the new category is for Foreign Area Officers who now have their own Air Force Specialty Code.

## DRESS AND

## APPEARANCE CHANGES

The Air Force significantly changed its grooming standards in 2021, allowing women to wear longer ponytails and braids, loosening restrictions on how far their hair is allowed to extend side-to-side, permitting men to grow their hair to 2.5 inches in bulk, and making it easier for men to obtain shaving waivers by letting medical officials authorize waivers instead of only commanding officers.

The service also made a few seemingly simple but major changes to its dress and appearance standards, allowing Airmen to put their hands in their pockets while standing as well as to use their phones or take a drink while walking.

On the uniform front, the Air Force unveiled new PT gear, which will be available later in 2022, followed by a four-year transition period.

For service dress, the Space Force will continue to solicit feedback on its prototype uniform, with the potential for wear testing starting in 2022. The Air Force, meanwhile, might have an issue with its service dress, as the Defense Logistics Agency recently announced it is expecting limited availability of uniform items starting in the third quarter of fiscal 2022, around April. Looking to proactively address a potential uniform shortage, the Air Force has already started issuing fewer uniform items to some BMT graduates.

STARTS FRIDAY

CLIFFORD THE BIG RED DOG  
(2021) Adventure, Comedy, Family (PG)

HELD OVER

NO TIME TO DIE  
(2021) Daniel Craig "Bond"  
Action, Adventure, Thriller (PG-13)

RON'S GONE WRONG  
(2021) Animation, Adventure, Comedy (PG)

FOR SHOWTIMES  
WWW.OAKPARKTHEATER.NET

1500 4TH AVE NW, MINOT, ND

RENT THE THEATER FOR EVENTS  
CHECK OUR WEBSITE FOR MORE INFO

Local Cravings

Restaurant Guide

Applebee's Grill & Bar

2302 15th St SW, Minot, ND 58701  
Phone: 701.839.2130  
www.applebees.com

Bone's BBQ Smokehouse & Grill

1412 2nd Ave SW, Minot, ND 58701  
Phone: 701.838.9140  
www.bonesbbqminot.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot, ND 58701  
Phone: 701.852.7335  
www.blgrill.com

28 Tastes & Taps

1603 35th Ave SW Minot, ND 58701  
Phone: 701.838.2828  
www.facebook.com/28tastes

Mi Mexico

301 40th Ave SW Minot, ND 58701  
Phone: 701.858.0777  
www.mimexicominotnd.com

Pink's Bar & Grill

102 128th Ave NW Minot, ND 58703  
Phone: 701.852.2385  
www.facebook.com/PinksBarGrill

Culver's Restaurant

3000 S Broadway, Minot, ND 58701  
Phone: 701.852.4800  
www.culvers.com

Prairie Sky Breads

3 1st St. SE, Minot, ND 58701  
Phone: 701.858.0612  
www.prairieskybreads.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot, ND 58701  
Phone: 701.852.8183  
FB: Ironhorse Kitchen + Bar Minot

The Starving Rooster

30 1st St. NE, Minot, ND 58703  
Phone: 701.838.3030  
www.starvingrooster.com

Primo Restaurant

1505 N Broadway, Minot, ND 58703  
Phone: 701.838.7746  
www.primominot.com

Souris River Brewing

32 3rd St NE Minot, ND,  
Phone: 701.837.1884  
www.sourisriverbrewing.com

No Appointments Necessary!

MARGIE'S

109 South Main St. Minot ~ 701.837.8555

explore, experience, discover

Bring out your inner artist!

Gift Shop • Coffee & Smoothie Bar • Ceramic & Glass Studio

margiesartglass.com

Team Minot

RECEIVE 10% off

Includes Ceramics, Glass, Giftware & Coffee

Every Tuesday from 5:30-8:30pm we invite our neighbors to the North at Minot AFB to come in!

It's our thank you for serving!

Must have a active AF ID card at time of purchase.





SENIOR AIRMAN  
JACCOB ARMIJO



SrA Armijo is an ADCC Crew Chief for the 5th Aircraft Maintenance Squadron.

His responsibilities include catching, launching, towing, washing, servicing, maintaining, and inspecting the B-52. He also forms documentation and records keeping as well as training new airmen.

"(MY TIME IN MINOT) HAS BEEN AMAZING. I HAVE HAD SO MANY OPPORTUNITIES FOR GROWTH AND DEVELOPMENT. WITH AMAZING MENTORSHIP AND GUIDANCE, I WAS PUSHED PAST WHAT I WAS COMFORTABLE WITH AND FAR BEYOND WHAT I THOUGHT I WAS CAPABLE OF DOING AND SUCCEEDED.

SkinnyWeek provides the tools for sustainable weight management.  
[skinnyweek.com](http://skinnyweek.com)



**Military Special!**  
Get 50% off your first month  
after you attend two meetings!

# Jerome's COLLISION CENTER



## Your Collision Experts

### What We Do



Vehicle Collision Repair



Boat & Fiberglass Repair



Semi-Tractor Body Work



RV Body Repair



Vehicle Detailing



Nationwide Lifetime Warranty

**Don't Settle for Less,  
Choose Jerome's**

(701) 852-5126 | (800) 761-1160

Fax: (701) 839-4488

2705 North Broadway, Minot, ND 58703

Connect with us!

[jeromescollision.com](http://jeromescollision.com)



RESERVE YOUR NEW SUBARU AT KRAMER

# GET THE **Kramer** ADVANTAGE

At Kramer Subaru, you can get the vehicle you need, without the hassle.

With our one price, clearly marked, you know you're getting a great price from the start. Our 7-day money-back guarantee gives you the freedom to bring the car back within 7 days, no questions asked; and our 30-day exchange gives you even more time to change your mind if you need it. Top all that off with our Warranty Forever and you're sure to find the perfect vehicle.

Love is what makes Subaru, Subaru — and at Kramer you'll love not only your Subaru, but our service as well.

MANDAN • ND  
**Kramer**

**WARRANTY FOREVER!**





SUBARU

**LOVE.**  
It's what makes  
Subaru, Subaru.

700 Old Red Trail NW • Mandan, ND  
888.852.6376 • [KramerSubaru.com](http://KramerSubaru.com)

DAY

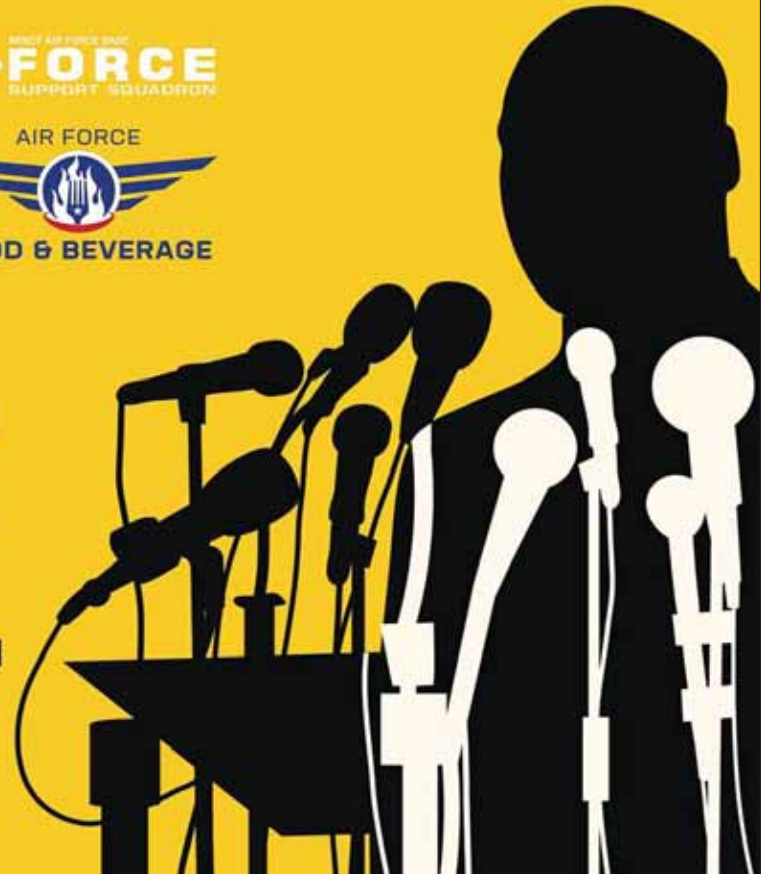
**FOOD & BEVERAGE**

I HAVE A DREAM

**Dakota Inn Dining Facility**  
**17 January 2022 • 10:30AM - 1:30PM**

Join us for a Dr. Martin Luther King Jr. Day Special Lunch!

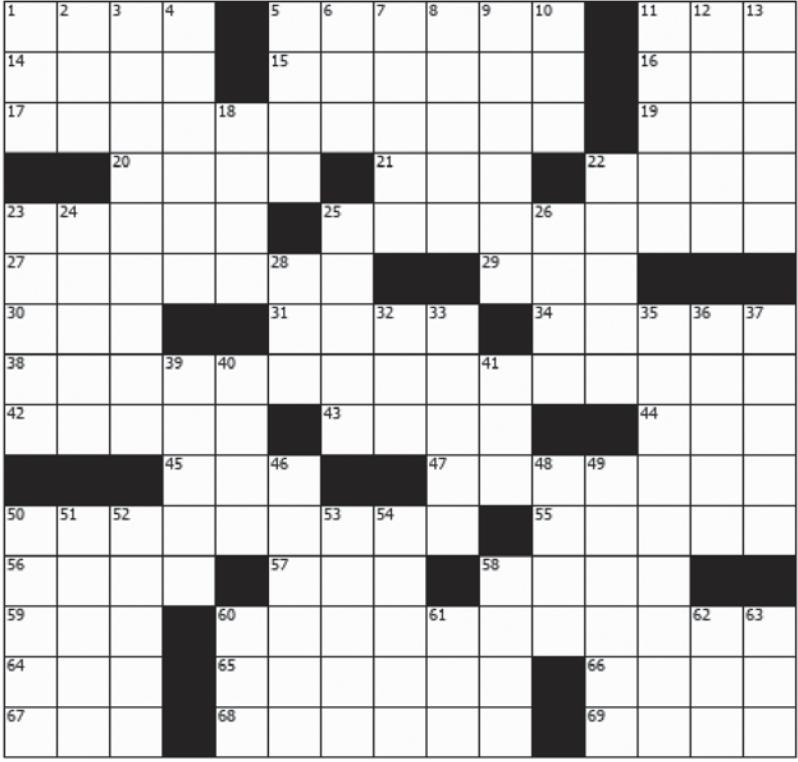
**Featured Menu:**  
 Cajun Chicken Breast with Peach Chutney • Lemon Dill Cod  
 Pork Chops Smothered with Onions • Glazed Carrots  
 Roasted Sweet Potatoes • Baked Macaroni & Cheese  
 Sautéed Green Beans & Mushrooms • Pecan Pie





CROSSWORD PUZZLE

- Across**
- 1. Boxing champ Willard
  - 5. Seed used in cooking
  - 11. TV powerhouse
  - 14. Chimney shaft
  - 15. Mary-Kate's twin
  - 16. Flamenco exclamation
  - 17. JUMPER
  - 19. Rogue
  - 20. Whale or herring follower
  - 21. Zodiac constellation
  - 22. Cymbal relative
  - 23. Crumpet cousin
  - 25. RUNNER
  - 27. Rummy game
  - 29. Crossword fan, presumably
  - 30. Container with a spigot
  - 31. Rascally tots
  - 34. Check one's figures
  - 38. WALKER
  - 42. Texas teammate
  - 43. Tenor's higher-up
  - 44. Words with roll or tear
  - 45. Likeable president
  - 47. Decamp
  - 50. HOPPER
  - 55. Styx locale
  - 56. Part of a billiards table
  - 57. Jack Ryan's employer (Abbr.)
  - 58. Shape
  - 59. Wood-trimming tool
  - 60. SKIPPER
  - 64. Hurley of "Serving Sara"
  - 65. Cop's collar
  - 66. Yesteryear
  - 67. Something fishy
  - 68. Artichoke delicacy
  - 69. Kremlin veto



- Down**
- 1. NY destination
  - 2. Actor Wallach
  - 3. Protective head gear
  - 4. Red rock town near Flagstaff
  - 5. Hotel convenience
  - 6. Corner key
  - 7. Traditional will?
  - 8. "The Sandbox" playwright
  - 9. Air
  - 10. Ophthalmologist's study
  - 11. Campfire drink
  - 12. Lackluster
  - 13. Papyrus, e.g.
  - 18. Word in a Poitier film title
  - 22. Viscous
  - 23. Snorkeling upgrade
  - 24. Gives a hoot
  - 25. Lively ballroom dance
  - 26. Evoke yawns
  - 28. Tic-tac-toe outcome, often
  - 32. Crony
  - 33. Long-necked instrument
  - 35. Quite a few
  - 36. "I Remember Mama" star
  - 37. Twosomes
  - 39. Type of period
  - 40. Mischievous Norse god
  - 41. Tennis shot
  - 46. Performance extra
  - 48. Scour for bargains
  - 49. Box made of cardboard
  - 50. Border between Europe and Asia
  - 51. "Sexy" lady of Beatles song
  - 52. Popular delivery
  - 53. Crowning touch?
  - 54. Peter, pumpkinwise
  - 58. Minnesota of billiards
  - 60. "That's ridiculous!"
  - 61. Illinois clock setting
  - 62. Sculptor's medium
  - 63. Basketball champions' "trophy"

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

C	A	L	I		B	U	N	K		A	S	N	E	R
A	R	A	N		A	N	O	N		A	C	O	R	N
C	E	R	T		R	I	S	E		R	A	G	E	S
H	A	I	R	O	F	T	H	E	D	O	G			
E	L	D	E	R	L	Y			I	N	G	M	A	R
			P	A	Y			A	N	T		S	A	N
S	T	O	I	C		P	L	U	C	K		Y	E	A
M	I	D	D	L	E	O	F	T	H	E	R	O	A	D
E	T	E			E	L	L	I	S		T	E	R	R
A	L	T	A		L	E	E		A	T	M			
R	E	S	U	M	E				A	L	L	E	G	E
			R	U	N	O	F	T	H	E	M	I	L	L
L	A	B	O	R		D	A	L	I		B	A	S	E
O	H	A	R	A		O	M	A	R		E	N	I	D
B	A	N	A	L		R	E	S	T		R	T	E	S

REEL TIME THEATER MOVIE SCHEDULE

FOLLOW REEL TIME MOVIE THEATER MINOT, AFB ON FACEBOOK OR VISIT MINOT EXCHANGE WEBSITE FOR UP TO DATE MOVIE LISTINGS

SUDOKU

			1	2		3	4	
		1			5		6	7
7				8			5	
	8	9		3			7	
	6						1	
	1			4		9	2	
	5			7				6
3	7		9			5		
	4	2		6	8			

Solution to puzzle on page C6

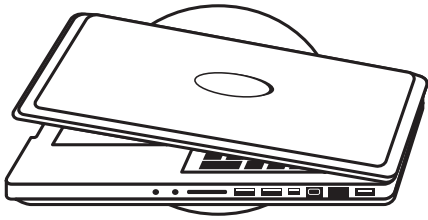
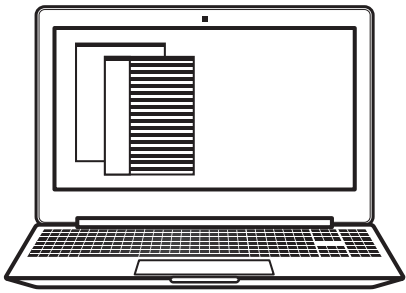


COMPUTERS USE THIS TYPE OF MEMORY TO STORE TEMPORARY DATA.

ANSWER: RANDOM ACCESS MEMORY (RAM)

Creative Coloring

Celebrate cleaning up your computer. Color in this picture to create your own masterpiece.



THIS DAY IN...



HISTORY

- 1888: THE NATIONAL GEOGRAPHIC SOCIETY IS FOUNDED IN WASHINGTON, D.C.
- 1990: DOUGLAS WILDER BECOMES THE FIRST ELECTED AFRICAN AMERICAN GOVERNOR IN THE UNITED STATES..
- 2012: THE PASSENGER CRUISE SHIP COSTA CONCORDIA SINKS OFF THE COAST OF ITALY.



CACHE

extra computer memory designed for fast retrieval of information

THE IRONHORSE KITCHEN + BAR

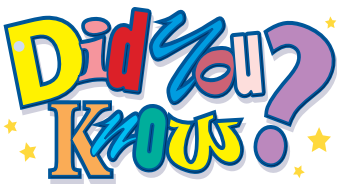
NOW OPEN

21 E CENTRAL AVENUE DOWNTOWN MINOT

701.852.8183

How they SAY that in...

- ENGLISH: File (computer)
- SPANISH: Archivo
- ITALIAN: File
- FRENCH: Fichier
- GERMAN: Datei



THE FIRST COMPUTER MOUSE WAS MADE OF WOOD.



Can you guess what the bigger picture is?

ANSWER: COMPUTER KEYBOARD



# Modern logistics system aids, tracks Air Force inventory

BUSINESS AND ENTERPRISE SYSTEMS DIRECTORATE

WRIGHT-PATTERSON AIR FORCE BASE, Ohio (AFNS) --

Want to know how many aircraft tires or satellites are in the Department of the Air Force asset inventory? The Integrated Logistics System – Supply, or ILS-S, has the answer.

ILS-S is a modern Logistics Information Technology Defense Business System capability that supports Department of the Air Force active-duty, Air National Guard and Air Force Reserve operations, as well as the other military services and their missions depending on where they are located.

ILS-S is also a financial data feeder system that provides LogIT support in the functional area of Department of the Air Force base-level supply and materiel management.

Its functions include ordering, receiving, storage, distribution, tracking, disposition and movement of supplies, organizational account management, weapon system spares support, cataloging, computing stock levels, mobility, warranty management, financial reporting, inventory control point, supply point, contractor-provided weapon system support, aircraft, engine and missile maintenance, hazardous material management, communications security management, and mobile technology.

The system is a modern, elastic, secure, U.S. Air Force Cloud One Amazon Web Services GovCloud application with 120 interface agreements with 46 systems to support 18,000 end users and over 100,000 consumers of ILS-S information at 250 military installations.

ILS-S tracks over 35 million assets valued at \$18 billion; assets that are optimally distributed and stored across 1.7 million warehouse locations. ILS-S also provides inventory control of 230,000 assets in deployable air transportable containers to support contingencies and special operations.

“We track almost every asset the Department of the Air Force uses,” said Staff Sgt. Gabriel Fox, a member of the Business and Enterprise Systems (BES) Directorate’s ILS-S Capability Delivery Team (CDT), which is responsible for operating and maintaining ILS-S. “Everything from dog food, weapons, radar parts, vehicles, aircraft, clothing items and paper.”

ILS-S has multiple, modern features and business rules (programming) to track and manage a wide array of DAF assets to include the following:

Automatic Sourcing provides event-based, real-time identification of the best enterprise source to satisfy an order ensuring the right decision is made with automated fulfillment.

Excess Redistribution leveraging automatic sourcing infrastructure and realizing over \$1 billion in costs avoidance by identifying already purchased DAF assets.

Real-time Enterprise Asset

Visibility spanning the retail and wholesale supply chains presenting total asset visibility in a single comprehensive view.

Nuclear Weapons-Related Material enterprise management & asset tracking.

High Priority Orders Management provides infrastructure to ensure mission critical weapons systems remain operational and can be extended to other mission areas.

Mobility Management providing chemical, biological, radiological and nuclear gear management.

Enterprise Orders Management provides real-time management and visibility across the logistics enterprise.

Financial Improvement and Audit Readiness compliant system with the ability to apply FIAR readiness to additional capabilities.

Proven ability to subsume enterprise systems including high priority order management, mobility, shelf life, and readiness spares for non-airborne assets.

Defense Logistics Standards Management compliant with the ability to transform non-compliant enterprise data into compliant DLMS transactions.

To “Delight the User” and support a diverse and dynamic mission operations tempo, ILS-S is available 24x7 365 a year. ILS-S processes over 10 million transactions daily to include over 1.5 million orders.

Scott Hunter, the ILS-S senior functional manager, said the system is similar to the inventory programs used at auto parts stores. All the stores are connected by the same application and that enables the employees to check inventory and parts compatibility at any store at any time. ILS-S offers the Air Force a similar capability across the Total Force enterprise.

This was all made possible by the efforts of the CDT, contractor industry partners and a variety of service providers who worked to transform the ILS-S into a modern, open systems standard Java application operating in an elastic, secure cloud environment, said James Harbison, lead engineer for the ILS-S CDT. The system has also saved money and will continue to do so.

“We reduced our annual infrastructure hosting costs \$25 million annually, and in FY 2022, we’ll drive down infrastructure costs even further by employing reserved instances in our cloud environment,” said Hunter.

To successfully operate, innovate and integrate in a cloud environment, the ILS-S CDT, it’s industry partners and BES service provider teammates have leveraged multiple, modern computing and software development concepts to include the following:

Agile and a responsive and ever-improving delivery model emphasizing warfighter collaboration to deliver monthly production releases to support

business needs.

Development Security Operations pipeline with security scanning, automated infrastructure provisioning and patching, and monitoring.

Continuous Integration/Continuous Delivery pipeline with the ability to deploy from development through production in a fully automated fashion in less than one hour, integrating multiple active development and test baselines.

Open source makes up the majority of the ILS-S code base reducing the total cost of ownership, and by using industry leading Spring and Apache products, enhances both stability while minimizing learning curves for new developers.

Mobile cross platform solution using Progressive Web Application (PWA) technology and a native tablet presence supporting robust mobile application delivery.

Enterprise connectivity provides military network interoperability enabling over 46 systems to connect with ILS-S across a wide array of protocols minimizing external system integration efforts.

Proven modernization methodology using a “wrap and adapt” model minimizing risk during modernization by decoupling end user and system interfaces from the effort of modernizing the legacy system.

Automated Testing with over 17,000 automated functional end-to-end tests using a framework that enables non-technical personnel to develop robust tests.

“ILS-S has been blessed with exceptional contractor industry partnerships that enabled us to leverage modern software lifecycle concepts and tools that in the hands of our high-performing contractor development and functional supply subject matter expert teams really changed how we operate,” said Jerard Campbell, ILS-S Acquisitions and Operations Capability delivery manager. “Our release velocity is high. We recently successfully delivered our 42 consecutive monthly release, 22 of those while we’ve been in a COVID-19 induced 100% work-from-home environment, but just as important, we’ve demonstrated the ability to ‘pivot’ as higher priority customer requirements change. We want more of the goodness agility and flexibility can offer in our future support contracts.”

The present success of ILS-S is only the beginning.

“Our goal as a digital Air and Space Force is to continuously innovate not only ILS-S but all of our enterprise logistics systems by adopting new technologies that will amplify our mission readiness while driving down operational costs,” said Herbert H. Hunter Jr., Business and Enterprise Systems Directorate’s Enterprise Logistics Readiness portfolio manager.”

 FOLLOW US ON FACEBOOK!

MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM



### BAKED ZITI WITH ITALIAN SAUSAGE

**INGREDIENTS**

1 POUND ZITI, COOKED 1 MINUTE LESS THAN DIRECTIONS, AND DRIED

1 JAR SPAGHETTI SAUCE

1 TEASPOON GARLIC, MINCED

1 PINCH RED PEPPER FLAKES

1 POUND ITALIAN SAUSAGE, COOKED

SALT AND PEPPER

2 CUP GRATED MOZZARELLA CHEESE

1/4 CUP PARMESAN CHEESE

When ready to cook, set the temperature to 450° F and preheat, lid closed (10 to 15 minutes).

In a large bowl, pour your spaghetti sauce over the cooked pasta, add garlic, red pepper flakes, and salt and pepper to taste. Toss. Fold the sausage into the pasta mixture. Coat a 9 x 13 x 2-inch baking dish with nonstick cooking spray.

Pour half of the pasta mixture into your prepared baking dish. Sprinkle with half of the mozzarella. Pour remaining pasta into the dish, smooth out the top and add the remaining mozzarella.

Bake in Traeger until cheese is golden brown and bubbly, about 20 minutes.

Remove and sprinkle with parmesan cheese. Enjoy!



Ryan Davy - GM Minot

[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

# BABY ANNOUNCEMENTS



BABY GIRL BORN ON  
TUESDAY, JANUARY 04, 2022 TO:  
AMY AND CHASE LEE  
SURREY, ND



BABY BOY BORN ON  
FRIDAY, JANUARY 07, 2022 TO:  
ISABELLE BRUNELLE AND BRADLEY VIVIER  
SAINT JOHN, ND

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com). Please include your name and the birth date of your baby. Baby listings will come from Trinity.



creative property management Inc.

## BEAUTIFUL CONDOS & TOWNHOUSES FOR RENT

**2 AND 3 BEDROOMS AVAILABLE WITH ATTACHED HEATED GARAGE**

GREAT LOCATION, RIGHT OFF HIGHWAY 2 FOR EASY ACCESS TO THE BASE

**STARTING AS LOW AS \$895 A MONTH!**

**SCHEDULE YOUR SHOWING TODAY!**



creative property management Inc.

**701-852-5028**

[WWW.CREATIVEMINOT.COM](http://WWW.CREATIVEMINOT.COM)



# Native American Hall of Honor Seeks Nominations

STATE HISTORICAL SOCIETY OF NORTH DAKOTA

BISMARCK, N.D. – The public nomination process is open for the 2022 North Dakota Native American Hall of Honor. Located in the North Dakota Heritage Center & State Museum in Bismarck, the annual ND Native American Hall of Honor program and exhibition recognize Native Americans who have gone above and beyond in representing their tribes and cultures. The program is a partnership of the State Historical Society of North Dakota, the North Dakota Indian Affairs Commission, and the State Historical Society Foundation.

Traditional and contemporary achievements are recognized in these categories: Arts and Culture, Athletics, Leadership, Legendary, and Military/Veterans. Nominees can be living or in memoriam. Online applications are available at the

ND Indian Affairs Commission website. The deadline for nominations is Feb. 18, 2022, at 5 p.m.

"This program brings great honor to Native historical and contemporary leaders for their significant contributions. These individuals are the inspiration for future generations," said Nathan Davis, North Dakota Indian Affairs commissioner.

Up to two people per category are accepted into the Hall of Honor each year. The honoring ceremony will be Sept. 8, 2022. Recipients will be featured in the North Dakota Native American Hall of Honor exhibit at the State Museum. The 2021 exhibition featuring current honorees is open to the public.

Find applications at indianaffairs.nd.gov or call the ND Indian Affairs Commission, 701.328.2428.



explore, experience, discover

Bring out your inner artist!

**MARGIE'S**

Gift Shop • Coffee & Smoothie Bar • Ceramic & Glass Studio

**Team Minot**

Every Tuesday from 5:30-8:30pm we invite our neighbors to the North at Minot AFB to come in! It's our thank you for serving!

Must have an active AF ID card at time of purchase.

**10% off**

includes Ceramics, Glass, Giftware & Coffee

**margiesartglass.com**

**109 South Main St. Minot**

**701.837.8555**

No Apointments Necessary!



15 JAN

## MINOT NERF CLUB WAR #15

11:45 AM - 3:00 PM  
Minot Municipal Auditorium  
420 3rd Ave SW, Minot

The event is located in the main gymnasium located in the middle of the Minot Municipal Auditorium. The games begin at 12, please arrive at 11:45 to help set up. You do not need to bring darts anymore as we have plenty to share, but if you do the MNC is not responsible for lost darts. Eye Protection is MANDATORY for all players! Please be sure to bring some safety glasses or sunglasses if you plan on playing. If you do not have eyeprot, you will be asked to leave the field.

The Minot Nerf Club, and all of our wars, are FREE! Our club runs these events purely on donations. If you wish to help support the club and its activities, please make a contribution!



For more information:  
Facebook Event / Minot Nerf Club War #15

17 JAN

## BOHO SKULL ACRYLIC PAINTING AT OFF THE VINE

6:00 PM - 8:00 PM  
Off the Vine  
15 Main St S, Minot

Off The Vine Cork & Canvas Painting Events Jan. & Feb. 2022  
Paint Nights! Yeah!! Painting events last 2 to 3 hours of fun acrylic painting. Can't paint? No worries, we provide step-by-step instructions, traceable images, encouragement, and all the supplies you'll need to make your own masterpiece. Ticket Price Includes: All painting supplies, first drink, and shared tapas. Monday, Jan. 17th at 6pm - BOHO Skull Acrylic Painting on 9"x12" canvas. Color palette can be change at event.



For more information:  
Facebook Event / Off The Vine

20 JAN

## INTERNATIONAL COMFORT FOOD WITH SUE!

6:00 PM - 8:00 PM  
Gourmet Chef  
122 Main St S, Minot

Hosted by Sue Willson Cost: \$50 per person

Fan-favorite, Sue Willson is cooking up some of our favorite soups and stews, all designed to keep you warm during the winter months! Bring a friend and some comfy pants and get ready to enjoy!



For more information:  
Website / www.gchef.com

22 JAN

## JESSIE VEEDER AT THE CARNEGIE CENTER

6:00 PM  
Carnegie Center  
2nd Ave SE 105, Minot

The Minot Area Council of the Arts and the Minot Public Library are proud to host the long awaited performance from crowd favorite Jessie Veeder!

Join us at the Carnegie Center downtown at 6:00 pm for music and fun. And don't forget, you can attend a special reading and creative workshop with Jessie before the concert as she presents her new book "Prairie Princess" at the Minot Public Library at 2:00 pm.



For more information:  
Facebook Event / Jessie Veeder at the Carnegie Center

## On Base



For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)

**HALF PRICE BOTTLES OF WINE**

MONDAY NIGHTS

**BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335**

14 HANDS WINERY

CABERNET

14





On January 4, the 91st Security Forces Group bid farewell to Lt Axel Huss, 91 SFG Executive Officer. The 91 SFG would like to thank you for your dedication to the job and always taking care of the Airmen. We wish you and Rein all the best on your next Air Force adventure! Until our paths cross again - it is see ya later!

91ST SECURITY FORCES GROUP PHOTOS

**COOKIES FOR YOU**  
and cupcakes too  
A Cookie Gift + Bouquet Company



- Cookie & Candy Bouquets
- Cookie Pizzas • Sweets Trays
- Assorted Cupcake Flavors
- Homemade Fudge & Caramels
- Assorted Artisan Truffles
- Pop, Beer & Wine baskets - with a little sweet & salty tool

117 S Main Street  
701-839-4975  
[www.cookiesforyou.com](http://www.cookiesforyou.com)

SPONSORED BY



# NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

# NEVER A DULL MOMENT, EVEN IN THE WINTER

**Patricia Stockdill**

Now that we're a couple of weeks beyond the fact the 2021 hunting season is officially over – well, except for some furbearer opportunities, that is – it's time to think ahead to 2022 and hunting.

Seriously, not that it's wise to ever wish time away, but why not while away long winter evenings by planning for the upcoming year? Besides, the spring turkey season opens in April.

Something on the "do sooner rather than later list" could be cleaning that rifle and shotgun even if using the rifle simply involved sighting it in or target practicing. Besides, when it comes to shotgunning, summer is a great time to test one's skills at the trap range, making winter a great time to get that shotgun clean and stock up on trap loads.

Speaking of shells, given the challenge of finding ammunition in the past year or so, dark and windy winter nights are great for taking inventory of one's shotgun and rifle shells, making a list of what needs to be restocked – if possible, that is. Try to locate shells now so they're handy when hunting season arrives. Local stores greatly appreciate their customer's support but if all else fails, try the website, ([www.ammoseek.com](http://www.ammoseek.com)).

Do that favorite upland vest a favor and empty out those pockets before hanging it up for the year. Besides, the weight of shells just creates sagging pockets and an easier way for them to wiggle themselves out of the vest next fall.

That partially eaten – and forgotten – candy bar stuffed in one's upland jacket isn't going to be tasty when next fall's pheasant season rolls around.

Plus, the dog's water bottle in that vest pocket isn't going to be fresh nine months from now, either.

And speaking of pockets, there could some lingering feathers that really don't need to spend 10 months hanging around in a game pouch.

Even the N. D. Game and Fish Department tries to help hunters plan ahead by releasing tentative opening dates for the coming year early enough to

allow people time to make plans.

Go on their website, ([gf.nd.gov](http://gf.nd.gov)) to see what opens when in 2022. That little detail should probably be right near the top of the "to do" list. After all, for hunting critters like deer with a rifle, marking those dates on a vacation calendar is an indicator of an eternal optimist to be able to draw a rifle tag.

Admittedly, the list of winter activities doesn't have to involve just looking ahead to next fall and hunting season. For example, a person can check out curling with the Minot Curling Club – including a Minot Air Force Base League. More information is on their website, ([www.minotcurling.com](http://www.minotcurling.com)).

The Minot Parks and Recreation Department offers cross-country skiing and snowshoeing trails. Maps are available from their website, ([www.minotparks.com](http://www.minotparks.com)), clicking "Parks & Trails" on the homepage, then linking to "Trails" and "Cross-country skiing and snowshoes". The Great Backyard Bird Count takes place Feb. 18 – 21 so now is a good time to download the Merlin birding app to brush up on bird identification skills. Participants don't have to be experts – they don't even have to know one bird from the next – because the app helps everyone from beginners to experts hone their birding skills.

OK, so it's the middle of winter. The middle of January to be exact. But given the "to do" list – cleaning firearms, cleaning out hunting vests, planning for 2022 hunting season opening dates, checking into curling, cross-country skiing, snowshoeing, and birding from one's window to name a few things – means that before we know it, it just might be time for some open water fishing.

And that means getting one's 2022 fishing license when they become available (might as well add the hunting license at the same time), checking new fishing regulations, and getting tackle ready.

Whew, time flies.

Even in the dead of winter.




## BEST SMOKED RIBS & BRISKET IN TOWN!

*FRESH SMOKED MADE FROM  
SCRATCH RECIPES*

1412 2ND AVE, SW. MINOT 701.839.9140  
[BONESBBQMINOT.COM](http://BONESBBQMINOT.COM)





# OUTDOOR

## REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Jan. 10: 1,828.13 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.5 feet above mean sea level (MSL).

Stump Lake elevation: 1,447.13 MSL.

•N.D. Game & Fish Dept. game wardens: No report from north-central area lakes, Devils Lake, or the Missouri River System.

•Devils Lake, Ed's Bait Shop, Devils Lake: East and Black Tiger bays good for perch with increasing activity on East Devils Lake. Lake Irvine good for walleye but access is limited.

•Devils Lake, Woodland Resort, Devils Lake: Continued fair success for a mix of walleye and perch in 20 to 22 feet.

•Lake Darling, Karma C-Store, Ruthville: Lake Audubon and Lake Darling somewhat slow.

•Lake Metigoshe, Four Seasons, Bottineau: Overall fair success for a mix of walleye and pike with a few bluegill mixed in. Best access is with tracked vehicles although some trails are plowed.

•Lake Metigoshe, Lake Metigoshe State Park, Bottineau: No new reports with lots of snow on the ice.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Access limited on Lake Audubon with best areas to get on the ice at Totten Trail boat ramp on the north shore or off Audubon Nat'l. Wildlife Refuge on the south side. Some scattered walleye success from Douglas Bay on the east end of Lake Sakakawea.

•Lake Sakakawea/Lake Audubon, Highway 83 Lawn & Leisure, Garrison: Lake Audubon slow for walleye. Try working deeper water. Try the mouth of Centennial and Steinke bays on the east end of Lake Sakakawea in 25 to 30 feet for walleye. Work shallower for some pike activity.

•Lake Sakakawea, New Town: Van Hook Arm remains slow. Look

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Remember to keep fish caught in 25 feet and deeper; they rarely survive coming up from deep depths.

•Jan. 15: Berthold Sportsman's Club banquet, Main St., Berthold, 5 p.m.

•Jan. 15: Bottoms Up Delta Waterfowl banquet, Wilton City Hall, 5 p.m.

•Jan. 19: Mondak Chapter Pheasants Forever Cabin Fever Gun Grab, River's Edge Bar & Grill, Williston, 5:30 p.m.

•Jan. 22: Flakes of Fury fat tire bike race, Fort Stevenson State Park, Garrison. 10 a.m. registration. Contact the park, (701) 337-5576, for details.

### TOURNAMENTS:

•Jan. 15: Lake Sakakawea, Tobacco Gardens.

•Jan. 29: Devils Lake, 6-Mile Bay.

for occasional small walleye. Some snow on the ice but anglers can move around with overall fairly good access.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Overall spotty walleye success on Lake Audubon.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Better walleye activity remains between Lund's Landing and Lewis & Clark State Park. Try jigs.

OK success at Tobacco Gardens. Missouri and Yellowstone rivers producing a nice mix of walleye and sauger. Trenton Lake continues producing crappie. Try Blacktail Dam for perch and bluegill.

•Lonetree WMA area lakes, Harvey: No new reports from area lakes.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Light activity yet on area lakes but look for more anglers out with better weather.

•Turtle Mtn. area lakes, Coast-2-Coast, Rolla: Look for more activity with warmer weather and better access throughout many area lakes with trails. Generally good access

### N.D. Parks & Recreation Dept. trails (conditions can vary):

•Fort Stevenson, Garrison: Trails open and in fair to good condition, weather permitting.

•Grahams Island, Devils Lake: 4- to 6-inch base.

•Lake Metigoshe, Bottineau: Trails groomed and in good condition.

**Downhill skiing. Conditions can vary. Contact for updates and days of operation:**

•Big Sky Resort, Big Sky, Mont., (800) 548-4486: 19- to 41-inch base with 28 lifts and 212 trails open.

•Bottineau Winter Park, Bottineau, (701) 263-4556: 18-inch base with 1 chair, 2 magic carpets, 4 runs, and all tubing runs open. Terrain Park closed.

•Frostfire Ski Area, Walhalla, (701) 549-3600: Trails open Saturdays and Sundays.

•Huff Hills Ski Area, Mandan, (701) 663-6421: 12- to 28-inch powder, packed powder base with 2 lifts, 1 tow, and 11 runs open.

### Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

# Air Force, Space Force observe National Mentoring Month in January

JOHN COCHRAN  
377TH AIR BASE WING PUBLIC AFFAIRS

KIRTLAND AIR FORCE BASE, N.M. (AFNS) --

The Air Force and Space Force observe January as National Mentoring Month. It's a time to focus Airmen and Guardians on investing in the mentoring movement — as either mentor or mentee.

Mentorship is a type of professional relationship in which a person with greater experience and wisdom guides another person to develop both personally and professionally. This relationship helps achieve mission success and motivates Airmen to achieve their goals.

The Department of the Air Force mentoring theme for 2022 is "Everyone Wins with Mentoring." To demonstrate victories and share the importance of mentoring, the services will hold multiple virtual events throughout the month, designed to foster and promote a Total Force mentoring culture. Airmen and Guardians are encouraged to participate in these events as well as local mentoring events. Virtual events include:

Jan. 18 – Mentoring panel for mid-tier ranks and grades

Jan. 20 – Mentoring panel for junior-tier ranks and grades

Jan. 25 – Mentor-centric mentoring workshop

Jan. 27 – Mentee-centric mentoring workshop

More information about the events is available on MilSuite.

Additionally, during National Mentoring Month, the Air Force and Space Force remind Airmen and Guardians about the MyVECTOR mentoring module capabilities. Everyone is encouraged to create and or update their profiles in the MyVECTOR mentoring module. A recorded MyVECTOR demonstration is available on the Mentoring Resources page.

According to Air Force Handbook 36-2643 "Air Force Mentoring Program," a mentor is, "a wise, trusted, and experienced individual who shares knowledge, experience, and advice with a less-experienced person."

Mentoring is an essential ingredient in developing well-rounded, professional and competent future leaders. The overall goal of mentoring is to help Airmen – civilian, enlisted and officer – maximize their full potential. Mentors should focus on mentee development, with a goal of giving mentees the ability to manage their own development and learning.

The handbook continues, "Mentoring is an enterprise mission imperative. Leaders at all levels should be committed to building a culture of mentoring and increasing deliberate mentoring for all Airmen and Guardians."

For more information, visit the National Mentoring Month website.



**20% Military Discount**

**Primo**  
RESTAURANT

1505 N Broadway, Minot, ND 58703  
(701) 838-7746

*Grand*  
minot



Closed Mondays  
Tuesday-Saturday  
7:00 am - 1:00 pm  
Thursday-Saturday  
5:00 pm - 9:00 pm  
Sunday  
7:00 am - 1:00 pm



Welcome to delicious.

**10% DISCOUNT FOR ALL MILITARY PERSONNEL**  
(with valid ID and cannot combine with other offers/discounts)



**CULVER'S OF MINOT**  
3000 S Broadway Minot, ND 58701  
701-852-4800

THIS SPECIAL FEATURE IS SPONSORED BY:



**THE DAKOTA'S AR AUTHORITY**  
Parts, Accessories, Modifications, Repair & Custom Builds  
Shop Online [www.NodakArms.com](http://www.NodakArms.com)  
Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook 





**CHIEF MASTER SGT. REBECCA CLARK RETIREMENT CEREMONY**  
Chief Master Sgt. Rebecca Clark retires from the U.S. Air Force on Jan. 7, 2022 at Minot Air Force Base, N.D.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN MICHAEL RICHMOND

# TOGETHER, WE IMPROVE QUALITY OF LIFE

Same day appointments available.

1201 11th Avenue SW, Minot, ND  
Phone 701.858.6700, 800.841.7321  
Hours: Monday–Friday 8 a.m.–5 p.m.  
cfmmminot.UND.edu

Center for Family Medicine

SCHOOL OF MEDICINE & HEALTH SCIENCES  
UNIVERSITY OF NORTH DAKOTA

## How to make driving in inclement weather more safe

Impaired visibility can be a safety hazard while driving. Everything from sun glare to hail can affect a driver's ability to see the road and navigate it effectively. Before drivers get behind the wheel, they should make note of their local forecast and make a plan for what to do if rain, snow or other conditions make it challenging to drive.

The International Association of Traffic and Safety Sciences indicates that, based on an examination of crash test data conducted by the National Oceanic and Atmospheric Administration, the "likelihood of a crash increases during periods of low visibility, despite the tendency for less traffic and for lower speeds to prevail during these times."

Drivers can take several steps to improve their visibility when driving in poor weather conditions.

- Inspect and change windshield wiper blades. Wipers are instrumental in clearing precipitation away from the windshield.
- If they're not functioning properly, wipers cannot do their jobs. Drivers should replace their wipers at the first indication that they are no longer effective. In some conditions, wipers can freeze or stick. Drivers should then pull over and clean the wipers manually.
- Clear obstructions. Always make sure the windshield is clear before driving. This can include removing ice and snow in the winter and cleaning off mud or bug splatter in the spring and summer. Use the front and rear defrost if condensation fogs up windshields and windows.
- Slow down. Foul weather can reduce drivers' ability to see far into the distance. Drivers should always drive slower in inclement weather in order to improve reaction time.
- Top off fluids. Always keep the windshield washer reservoir full and keep extra fluid in the trunk. In addition, look for a fluid that does not freeze in very cold temperatures.

• Learn how to drive in fog. Each year, more than 38,700 vehicle crashes occur in fog, states the Federal Highway Administration. Travelers Insurance recommends slowing down, staying focused and using regular headlights and not high beams when driving in fog.

• Go out only if necessary. In snowy or icy conditions, drive only if it's absolutely necessary, as snow and ice can impair visibility and make roads slick, says AAA.

• Avoid driving at dusk and dawn. The human eye can have trouble adjusting to rapidly changing light and darkness conditions, which are common at dusk and dawn. If possible, drivers should make trips during the heart of the day, especially if poor lighting conditions typically make it difficult for them to drive.

Drivers can take steps to improve visibility when inclement weather makes roadways hard to navigate.

# OIL & FILTER SERVICE

**OIL, LUBE AND FILTER SERVICES CONSIST OF:**

- REPLACING THE OIL FILTER
- CHECKING THE AIR FILTER
- INSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD
  - OILING ALL FITTINGS
- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

**\$10 off**  
VALVOLINE OIL CHANGE

Auto Care - Valvoline Instant Oil - Tires  
Minot AFB | 61 Missile Ave | 701-727-4141  
Minot | 1301 20th Ave SW | 701-837-1301

## YOU CAN DEPEND ON YOUR HOMETOWN EXPERTS TO SERVE ALL YOUR CAR CARE NEEDS IN MINOT.

**Auto Care - Valvoline Instant Oil - Tires**  
Minot AFB | 61 Missile Ave | 701-727-4141  
Minot | 1301 20th Ave SW | 701-837-1301



# DOD personnel, families can renew passports online

DAVID VERGUN, DOD NEWS

Active-duty, reserve and retired service members, and Defense Department civilians and contractors and their families will soon be able to renew their U.S. passports online, according to the State Department.

The online portal, which becomes available Dec. 23, will enable customers to renew their passports from the convenience of their homes 24/7 without having to go to a post office to mail their application and supporting documents, an official said.

The requirements include:

- The most recent passport is or must have been valid for 10 years. It's OK if the passport is expired.
- Children under the age of 16 cannot renew their passports.
- The passport was issued over nine years ago (2012), but less than 15 years ago (2006).
- No changes were made with respect to name, gender or other personal information, such as date or place of birth.
- No travel internationally can be made within three weeks of the date of renewal. The State Department will offer routine (8-11 weeks) and expedited processing (5-7 weeks).
- Online applications may be for a passport book only; passport cards may not be requested online.
- Applications must be for

regular (tourist) passports only. Special issuance diplomatic or official passports may not be renewed online.

- Applicants must live in the United States.
- Applicants must have the passport in their possession, and it cannot be damaged or mutilated.
- An applicant can pay for a passport using a credit/debit card or an automated clearing house payment transferring funds from a bank account.
- Applicants can upload a digital photo in the .JPEG file format.

Applicants who don't meet all of these requirements may still be eligible to renew by mail or in-person, the official said.

The State Department will send a confirmation email with more instructions after those interested preregister.

Preregistration does not obligate those interested to renew online. Registrants will receive email updates and a customized link based on a registrant's individual email address to access the online portal.

Interested parties will have the flexibility to renew online over a six-month period through June 30, 2022, the official said.

For any additional information, contact the State Department at pptmandi@state.gov.

## BEAUTIFUL PROFESSIONAL SUITE



**315 SOUTH  
MAIN STREET, MINOT**

Perfect for dentists, hair stylists, massage studio.  
Ready to move in. Call Jim for a tour.  
MLS# 20078

**MINOT HOMES.COM**

408 N. Broadway Minot, ND 58703  
701-852-1156 www.minothomes.com

Serving the Greater Minot Area Since 1951

**WATNE  
REALTORS**

MLS

**James J. Bowman**  
GRI, SFR, MRP  
808-462-2173  
jjb@minothomes.com



# CPM

creative property management Inc.

## MOVE-IN READY UNITS!

### STUDIO AND 1 BEDROOM APARTMENTS

STARTING AS LOW AS \$325 A MONTH!

**SCHEDULE YOUR SHOWING TODAY!**

**CPM**  
creative property management Inc.

**701-852-5028**  
**WWW.CREATIVEMINOT.COM**

# GOT MUSICAL TALENT?

## WE'RE LOOKING FOR MEMBERS!

### • Heritage Singers

- o Men's Chorus
- o Practice Thursday Evenings at 7:00 PM

### • Brass Band Of Minot

- o North Dakota's Only British Style Brass Band
- Room For All Brass Players
- Horns Provided
- Meets Sunday Afternoon at 3 PM

### • Community Band of Minot

- o Community Band
- Room For All Musicians
- Meets Mondays at 7 PM

### • Nodakords

- o Men's Barbershop Chorus
- Meets Mondays at 7 PM



## INTERESTED?

Email [sentrysales@srt.com](mailto:sentrysales@srt.com) and we'll be happy to put you in touch with any of the above groups!!!

## NOTES ON BEING SAFE

# STAYING WARM IN THE WINTER



ROD KRAUSE  
5TH BOMB WING  
SAFETY & OCCUPATIONAL  
HEALTH MANAGER



Did you know that cold stress or "hypothermia" could occur any time of the year? In fact, most cases of cold stress develop in air temperatures between 30 and 50 degrees Fahrenheit. People who are exposed to lower temperatures are at risk for injuries ranging from frostbite to serious loss of body heat to which could result in brain damage or death.

Knowing how to dress and keeping dry are the first steps to being prepared. Dress warm and in layers. Choose fabrics such as cotton and wool to which will insulate but also allow sweat to evaporate. Cover the head because over half of your body heat can get lost through it. Your limbs are especially important to protect since they're the furthest things from your heart. Keep extra clothing around in case you get wet, especially for your feet.

Take breaks frequently especially during strenuous activities. If you become fatigued during physical activity, your body loses its ability to properly retain heat. This causes rapid cooling to which can quickly lead to cold stress. During your rest period, it would be wise to replenish your body with liquids or food. Eating a healthy diet provides your body with the right nutrients it needs to withstand cold stress.

The buddy system in work or play should be used. Look out for one another and know what to look for. A person with hypothermia might not be aware they have it. The first signs of hypothermia are uncontrollable shivering and the sensation of cold. The heartbeat slows down and may become irregular and the pulse weakens. Severe shaking and rigid muscles may be evident and that would be the second sign that the

condition is worsening. The victim may slur their speech, the memory lapses and may feel drowsy. Exhaustion, cool skin, slow, irregular breathing occur as the body temperature drops even lower. Immediate medical attention is needed.

With all of the cold winds we have here at Minot, frostbite can occur at any time especially if we're not paying attention to the time limit we are spending outside. Frostbite can happen without hypothermia present. Frostbite is a serious condition where the fluids around the affected area freeze. It can be an irreversible tissue damaging affect and requires attention immediately. The most vulnerable parts are the

face, ears, hands and toes. Symptoms of this condition include coldness and tingling in the affected area, followed by numbness. The skin color may change to white or grayish-yellow. Pain may also occur in the affected area as the condition worsens and possibly blisters.

Whether you're working out on the flightline, riding an ATV or snowmobile, or just simply building a snowman, stay alert for the possibility of cold stress. Monitor your coworkers or your children, whatever applies to your situation and remember what to look for. Take these steps to protect yourself and others.



## Welcomes you to Minot AFB

**Checking & Savings  
Online Banking for those on the go!  
Loans for Autos, RV's, Life in General**

ATM conveniently located  
at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive  
Minot • 1819 S Broadway



**nscu.com**





# Winter Archery League

at Outdoor Recreation

## Starts February 1st

Register January 17th - 28th

Cost: \$4 for Non-Members & \$2 for Members

### Indoor Archery Simulator Fun League!

For 9 weeks, teams of 2 can compete for points to win!

League ends April 1st

Award Ceremony will be on April 8th!

Prizes awarded to 1st, 2nd & 3rd Place



723-3648

Sponsored By:  
**SCHEELS**  
No Federal Endorsement of Sponsor Intended



## WORD SCRAMBLE

HINT: THIS MARSUPIAL IS A SMALLER, BUT VERY SIMILAR, RELATIVE TO THE KANGAROO...

**Y B L A L A W**



## RED KANGAROO

### CREATURE FEATURES

- Red Kangaroos are the largest living marsupial.
- Although its tail is used for balance, if attacked it will use its forelegs and paws to seize its enemy and deliver powerful kicks with its hind feet.
- A new born kangaroo is about 1 inch in length, hairless, deaf and blind. Within moments, it instinctively climbs up the mother's abdomen into her belly pouch. It attaches to a mammary gland where it will remain connected for months to nurse and complete its development.
- They can go for long periods of time without water due to getting their water from plants they eat.

**HOURS:**  
MON-SAT: 10AM-3PM  
CLOSED SUNDAY

FOLLOW US ON FACEBOOK  
1219 BURDICK EXPY EAST MINOT, ND  
[WWW.RPZOO.COM](http://WWW.RPZOO.COM) • 701-857-4166

SEE OUR FACEBOOK  
PAGE FOR  
UPCOMING EVENTS!

**MILITARY  
DISCOUNT**  
\$5.00 off a \$75.00  
Annual Family Pass





## Special Services Support

Pathfinder Services of North Dakota is a statewide non-profit organization that offers resources to educate parents and families, youth and young adults, professionals, and the community, focusing on individuals birth-26 with learning differences or challenges. The organization helps families living in North Dakota to: understand rights in education, build bridges between families and schools, understand Individualized Education Program (IEP)/ Individualized Family Service Plan (IFSP)/ or 504 Plan components, find information on available statewide support services, prepare youth and young adults for important life transitions, create parent/child connections at home, share knowledge with other organizations, and understand a child's disability. Pathfinder Services offers confidential



RACQUEL LABADIE, GS-11  
SCHOOL LIAISON SPECIALIST  
CHILD AND YOUTH EDUCATION SERVICES



guidance from trained advisors, free resources on a wide variety of topics, a lending library of books and DVDs, workshops and webinars to provide education on complex issues, an electronic newsletter containing news and information for North Dakota families and professionals, and a website featuring online resources, links to statewide services, and news relevant to North Dakota (<http://pathfinder-nd.org>). The Youth Center is hosting a lunch

and learn parent workshop with Pathfinder Services on 26 January at 1130 to discuss the basics of IEPs. The School Liaison office and EFMP Family Support office will also be on hand at this free event. Those interested are encouraged to attend, even if only for a portion. Contact Pathfinder Services at 701.837.7500 or [info@pathfinder-nd.org](mailto:info@pathfinder-nd.org) or the School Liaison at 723-1447 or [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil).



## The ABCs of IEPs Lunch & Learn

26 January 2022

11:30 AM - 1:00 PM

Youth Center

Questions about special education or IEPs?

Join us for a workshop from the School Liaison, the EFMP-FS, and Pathfinder Services of ND.

Parents will leave the session with an understanding of the basics of IEPs and a handful of helpful resources for special education.

Please register by 24 January. Lunch is on us!

For more information, call the A&FRC at 723-3950 or the Youth Center at 723-2838



## 2021-2022 MPS CALENDAR

### IMPORTANT UPCOMING DATES

#### January 17

Professional Development Day  
Martin Luther King Jr. Day  
No School

#### February 9

Early Release Day

#### February 18

Early Release Day

#### February 21

P/T Comp Day - No School

January 2022							19 days
S	M	T	W	T	F	S	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23/30	24/31	25	26	27	28	29	

February 2022							19 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28						

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days



**ND-021 Magic City Composite Squadron (Minot)**  
Commander: 1st Lt. Jeremy Skalicky

Civil Air Patrol, America's Air Force auxiliary, building the nation's finest force of citizen volunteers serving America.

Supporting America's communities with emergency response, diverse aviation and ground services, youth development and promotion of air, space and cyber power.

**Come Fly With Us!**  
2400 N Broadway, Minot, ND 58703  
Phone: (701)340-7954  
Email: [021cc@ndcap.us](mailto:021cc@ndcap.us)

## CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

**Authentic Mexican Food**

**301 40TH AVE SW  
MINOT, ND  
701-858-0777**

**[WWW.MIMEXICOMINOTND.COM](http://WWW.MIMEXICOMINOTND.COM)**

**HAVE FUN AS A  
VOLUNTEER AT**

**Team building?**  
We have volunteer opportunities that fit your style and your schedule!  
Painting, lifting, raking, chopping, staining, picking, etc.

**CALL US TODAY!**

FOLLOW US ON FACEBOOK

**1219 BURDICK EXPY EAST MINOT, ND  
[WWW.RPZoo.com](http://WWW.RPZoo.com) • 701-857-4166**





# Prairie Public launches 2022 PBS Kids Writers Contest

PRAIRIE PUBLIC

Prairie Public has launched the 2022 PBS Kids Writers Contest to promote the advancement of children's reading skills through hands-on, active learning. The deadline to submit stories is February 28, 2022.

The contest encourages children in Kindergarten through third grade in the prairie region to write and illustrate stories. Each story entered will be evaluated by Prairie Public staff and a team of local teachers and librarians until a first-place winner and

three Red Ribbon Favorites are chosen for each grade level.

Every child who enters the contest will receive a certificate of achievement. First-place winners will receive prizes, have their stories featured on the Prairie Public website, and have the opportunity to read their stories on Prairie Public's statewide radio network.

Entry forms and complete rules are available from Prairie Public online at [prairiepublic.org](http://prairiepublic.org) or by calling Christine McClellan

at 701-239-7527.

Prairie Public Broadcasting, headquartered in Fargo, is a non-profit member station of PBS and NPR that provides public television services throughout North Dakota, northwestern Minnesota, southern Manitoba, and parts of Montana and South Dakota; public radio service to North Dakota; and educational and technological services to communities and individuals across its coverage area.

# NODAK ARMS

## INDOOR INTERACTIVE SHOOTING RANGE

Range Time **HAPPY HOUR:** 10 AM - 2 PM Mon.-Thurs.  
\$7.50 per 50 Rounds 6 PM - 10 PM Fri. & Sat.  
Book Range Time: [www.nodakarms.com/bookings](http://www.nodakarms.com/bookings) \*Guns Supplied Free if Needed



**Kim Albert Agency**  
**701-852-1460**  
2825 S. Broadway, Suite 2  
[abby.martinson@allstate.com](mailto:abby.martinson@allstate.com)



© 2019 Allstate Insurance Co.

10585723



# Birthday PARTIES

X-TREME OR OPEN BOWLING

## SUPER PARTY

- 2 Hour Party for up to 10 People
- Shoe Rental
- Pop and Ice Cream

**\$155+tax**  
\$12 for each additional person

## MEGA PARTY

- 2 Hour Party for up to 10 People
- Shoe Rental
- 2 - 16" Pizzas, Pop and Ice Cream

**\$185+tax**  
\$15 for each additional person

**ALL PARTIES INCLUDE:**

Plates, Cups, Napkins, Utensils, Invitations & Balloons

Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.

You bring the cake and the kids!

NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND  
NORTH-HILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**

# Party Room

**FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!**

We have a party space available for all of your fun!

**Call for details!**

**109 South Main St. Minot** **701.837.8555**

# Blake Krabseth

**Comedian / Magician**

Great for Parties and Conventions

**701-720-1786**  
[magic@blakekrabseth.com](mailto:magic@blakekrabseth.com)

**BLAKEKRABSETH.COM**

# BOOK YOUR PARTY!

**BIRTHDAYS, GAMING PARTIES, PRIVATE MOVIE EVENTS, FAMILY GATHERINGS**

Monday-Thursday  
Time Slots Available:

- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

Email for details: [alatoakpark@gmail.com](mailto:alatoakpark@gmail.com)

**WWW.OAKPARKTHEATER.NET**

# High Air Ground

• TRAMPOLINE PARK •  
1210 4th Ave NW / Minot, ND 58703  
701-837-JUMP

## FAMILY NIGHT

**\$45.00**

**Includes:**

- 4 Jumpers
- Marco's Pizza
- Four 16 oz. Drinks
- Additional Jumpers Only \$10!

[www.highairground.com](http://www.highairground.com)



## YOUTH IN ACTION

# Cyberbullying: Recognizing the Signs and Helping Your Child

MILITARY ONESOURCE

Online communication offers a convenient way for military families to keep in touch with friends and family during deployments and throughout frequent moves. But with the amount of online communication taking place in today's world, there are some things to watch out for when it comes to keeping your children safe.

According to cyberbullying statistics from i-SAFE Inc., a nonprofit leader in internet safety education, more than half of adolescents and teens have been bullied online, and about the same number have engaged in cyberbullying.

Given the prominent role technology plays in children's lives, it's important for parents to understand cyberbullying, be aware of where it can leak into a child's environment and explore resources and tools to help create a plan to prevent and address cyberbullying, whether their child is a target, a participant or both.

What is cyberbullying?

Cyberbullying is unwanted and repeated aggressive behavior that takes place through digital or electronic devices.

Stopbullying.gov adds that cyberbullying includes "sending, posting or sharing negative, harmful, false or mean content about someone else" and "sharing personal or private information about someone else" that brings them embarrassment and/or humiliation.

These virtual exchanges can be hurtful, and their effects can carry over to face-to-face interactions.

Cyberbullying can leak into your child's world through avenues such as:

Instagram, Snapchat, TikTok, YouTube, Facebook and other social media platforms

Text messaging, email and messaging apps on phones, tablets and computers

Online gaming communities, via voice or through messaging inside the game app

Instant messaging, direct messaging, online chatrooms and various websites

Strategies to protect your child against cyberbullying behaviors

If your child is the target of cyberbullying, they will likely

need your guidance in navigating the maze of securing cybersafety.

The first thing to do is find out what happened:

Talk with them to better understand the situation.

Ensure that your children are (and feel) safe.

Ask them calmly about the details of the situation — it's important to understand how it began, who said what and how the interactions escalated.

Listen to how they feel and express empathy.

Offer assurance that you will help them address the content and the bullying behavior.

Together, you can take these and other steps to deal with the issue:

Do not respond to or forward messages.

Block the person who is cyberbullying.

Report the cyberbullying to the website, app or cellphone service provider

Keep a record of the messages that include dates and times as well as screenshots of bullying texts and comments.

Change email addresses, screen names, phone numbers and passwords, as necessary.

Consult with your school's administration if the bullying takes place during school hours or on school-issued devices. All 50 states have laws pertaining to cyberbullying, and those laws guide schools in dealing with these aggressions.

Contact local law enforcement to report threats of violence, sexually explicit content, unauthorized videos and stalking.

Signs that a child may be cyberbullying others

The roles all of us play in virtual space are fluid — it is easy to cross over from being the target of cyberbullying to being a cyberbully.

Be aware that this can happen easily, and it's important to get a handle on it quickly. Detecting whether a child or teen is engaging in cyberbullying is a little trickier than with traditional bullying, but youth may demonstrate similar behaviors to face-to-face bullying. Check out this article on how to identify and address bullying behaviors.

Teens may be engaging in

cyberbullying activities if they:

Switch off their screens quickly or try to hide their devices when you are close by

Use or want to use their devices at all hours of the night

Avoid discussions about what they're doing online, won't disclose with whom they're engaging or won't share what they're laughing about

Show increases in behavioral issues at home or at school

Tips for addressing your child's cyberbullying behaviors

If you think your child may be engaging in cyberbullying, it is best to approach the situation with an open mind.

As mentioned above, the roles played in virtual communication spaces can shift quickly. The goal is to explore, understand and correct cyberbullying behavior and prevent your child or teen from engaging in the behavior in the future.

Maintain open communications with teens. Make sure they know they can come to you to discuss issues they're having with peers — online or offline.

Ask questions so you can better understand specific situations. How did the interactions begin? Did they feel attacked or victimized? Is their behavior a form of retaliation?

Be clear about what is acceptable and unacceptable behavior and the importance of demonstrating respect for others, in person and in virtual spaces.

Help your child understand how it would feel to be the target of cyberbullying.

Set up parental controls, if necessary, to monitor your child's online activities.

Connect with other parents or seek counseling services for you or your child.

Talk openly with your children about cyberbullying, keep a pulse on their online interactions and share strategies for dealing with the issue. By doing so, you can teach them to be aware of their behaviors and help them navigate difficult situations. For additional help, contact Military OneSource to speak with a child and youth counselor. Call 800-342-9646, find OCONUS dialing options or start a live chat.



**EVERYDAY HAPPY HOUR • 3PM – 6PM**

- \$2 off All Apps
- \$3 House Wine & Domestic Pints
- \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups
- \$5 Moscow Mule
- \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps
- 1/2 Flat Bread Pizza

**DAILY SPECIALS**

- Monday \$5 Moscow Mules (all day)
- Tuesday \$4 ND breweries (all day)
- Wednesday 1/2 Price Wine by the glass/bottle (all day)
- Thursday \$1 up for all Tall Taps (all day)
- Sunday BRUNCH (11am-2pm)
- \$7 TSR Bloody Mary & Caesars
- \$12 Bottomless Mimosas
- \$6 Breakfast Shots

**FAMILY PACKS**

- Monday Pizza Pack Combo
- Tuesday Sandwich Pack
- Wednesday Chef Creation\*
- Thursday Pasta Pack

\*Changes Weekly – Check our Facebook Page

**MILITARY DISCOUNT 10% OFF**

thestarvingrooster.com

## Back Talk

### RESEARCH REVEALS THE RELEVANCE: Maintaining A Healthy Future Requires Maintenance

Fruitful gardens, well-functioning cars, strong relationships, and healthy spines all share something in common: Maintenance. Consistent care represents a key aspect in producing a worthwhile return in any relationship. The spine represents one of the most valuable investments available! Some believe the spine exists for the simple sake of movement and posture. Nothing could be further from the truth. The health and maintenance of the spine impacts the very well-being of the entire body and all its essential organs.

The benefits of Chiropractic extend well beyond back and neck pain relief. Many symptoms seemingly unrelated to the spine improve through Chiropractic care because of the spine's intimate relationship with the central nervous system. The essential piece of Chiropractic exists in the relational interaction between a healthy spine and the long-term healing of pain and symptoms.

A 2019 study showed that patients who used Chiropractic care on a regular basis following an intensive initial care plan experienced fewer days with pain and disability compared to those who only utilized Chiropractic during periods of pain. The study further proves what other research and millions of Chiropractic patients understand from over five decades of data collection. A relationship between Chiropractic and the nervous system provides a foundational basis for achieving greater levels of long-term whole-body health.

The benefits of Chiropractic care begin with maximizing the mobility and functionality of the spine. When optimum performance becomes established in the nervous system, the body experiences both a reduction in joint degeneration and an environment of healing and restoration. The body maintains a tremendous capacity for healing and recovery. The hindrance tends to be a lack of communication between the body and brain. The spine serves as the bottle neck for both structure and function in the body. Chiropractic adjustments improve the health of the spine to ensure better overall function regardless of the presence of symptoms and pain. The overall goal always focuses on healing and long-term freedom from pain.

Most Chiropractic patients begin receiving adjustments without being in a state of pain or discomfort. They understand that the body works in relationship with the structure and systems which produce health and longevity. Waiting until pain arises mirrors waiting until cavities form or a car breaks down. Maintenance proactively preserves most valuable relationships. Caring for the spine through regular checkups and adjustments provides a greater quality of life. Chiropractors offer a pain free avenue of health care that ensures a brighter future and vibrant health for all men, women, and children.

All the best to you and yours in great health,

Dr. Willy Fielhaber



Dr. Willy Fielhaber

1350 20th Ave SW, Minot, ND 58701  
(701) 852-2800





# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

<p><b>Chapel Services at MAFB</b> <i>Protestant</i> (North Plains Chapel in Base Housing) <b>Sunday Community Service</b> 1030 a.m. (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Catholic Mass (Northern Lights Chapel across from Rockers)</i> Sunday ..... 1000 Daily ..... Monday-Thursday at 1200</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b>  <b>109 6th St. SE</b> <b>Minot • 838-3094</b></p> <p><b>Saturday, January 15</b> 5PM, No Vespers</p> <p><b>Sunday, January 16</b> 10AM, Congregational Prayer Service</p>	<p> <b>Break Forth BIBLE CHURCH</b> Wednesdays 7:00pm and Sundays 10:30am <b>1821 W Burdick Expressway</b> For More Information: <b>701.353.9337   www.bfbc.tv</b></p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart) Sunday School ..... 9:00 a.m. Worship ..... 10:30 a.m. <b>www.trinitychurchminot.org</b></p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot</b> <b>838-0916</b> <b>MinotBibleFellowship.org</b></p>
<p> <b>Faith United Methodist Church</b> <b>5900 Highway 83 N, Minot</b> <b>www.faithumcminot.com</b> <b>Pastor Ken Mund</b> <b>701-838-1540</b></p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00</b> <b>a space / per week</b></p>	<p><b>Cornerstone Presbyterian Church</b> <b>1000 NE 3rd Street</b> <b>852-0315</b> <b>Sunday Schedule</b> Contemporary Worship ..... 9:00am Sunday School (All Ages) ..... 10:00am Traditional Worship ..... 11:00am</p> <p><b>Wednesday Evening Schedule</b> Community Dinner ..... 5:30-6:30pm Contemporary Worship ..... 6:30pm Youth Group &amp; Small Groups.. 7:15pm <b>All are Welcome!</b> <b>www.ecominot.org</b></p>	<p> <b>OUR SAVIOR LUTHERAN CHURCH</b> 3705 11th St. SW Minot, ND 58701 701-852-6404 <b>www.oslcminot.com</b></p> <p><b>Rev. Heath Trampe</b> <b>Rev. Brian Doel</b></p> <p><b>SUNDAY MORNING</b> Worship Services 8:15, 9:30, &amp; 11:00 am Sunday School Age 4 - Grade 12 9:30 am (Sept-May) Adult Bible Study 9:30 am</p>	<p> <b>St. Mark's Lutheran Church</b> <i>Missouri Synod</i> <b>Sunday Worship</b> <b>9:30 AM</b> <b>2209 4th Avenue NW</b> <b>Minot, ND</b> <b>839-4663</b> <b>Reverend Philip Beyersdorf</b> <b>www.minotstmarks.com</b> <i>Join us on facebook</i></p>
<p> <b>Immanuel Baptist Church</b> <b>1615 2nd St. SE, Minot</b> <b>701-839-3694</b></p> <p><b>Sundays:</b> 9:00 am.....Fellowship 9:15 am.....Sunday School 10:30 am.....Worship</p> <p><b>Wednesdays:</b> 11:30 am..... Soup Kitchen 5:30 pm.....Family Supper 6:30 pm..Preschool/Kids' Club/ABY 6:30 pm..... Adult Bible Study</p> <p><b>www.ibcminot.org</b> e-mail: immanuel@srt.com</p>	<p><b>Minot Baptist Church</b> </p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p><b>St. John the Apostle Catholic Church</b>  2600 West Central Ave • Minot, ND 58701 <b>839-7076</b> Daily Mass Schedule:</p> <p>Tuesday ..... 5:15 p.m. Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p> <b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853 Sunday Worship 9:30 am</p> <p><b>www.firstlutheran.tv</b> (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am <b>www.flcminot.com</b></p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p></p> <p><b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB <b>James W. Henderson</b> <b>Anna B. Henderson</b></p> <p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p><b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 p.m.</b></p>
<p> <b>JOURNEYCHURCH</b> ASSEMBLY OF GOD</p> <p><b>1805 2nd St. SE</b> <b>838-1111</b> <b>Sunday Services</b> 8:30 AM 10:00 AM 11:30 AM <b>Wednesday</b> 6:30 PM</p>	<p><b>Apostolic Faith Church, UPCI</b> 2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p> <b>Cross Roads Baptist</b> <b>Southern Baptist Convention</b></p> <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 6:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><b>www.minotcrbc.org</b> <b>email: minotcrbc@gmail.com</b> <b>Dr. Bob Farmer- Pastor</b></p> <p><b>415 28th Ave SE (Behind Menards)</b> <b>838-1873</b></p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i> <b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352</p> <p><b>westminot.com</b> <b>facebook.com/westminot</b></p>	<p><b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB <b>James W. Henderson</b> <b>Anna B. Henderson</b></p> <p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p><b>Sunday School ..... 9:45 a.m.</b> <b>Adult/Children Worship.. 11 a.m.</b> <b>Family Hour ..... 6:30 p.m.</b> <b>Evening Worship ..... 7:30 p.m.</b> <b>Bible Study/Child-Adult</b> <b>Children Worship (Wed).... 7 p.m.</b> <b>Prayer (Friday) ..... 7 p.m.</b></p>

**To Advertise your Church on this page,**

**Call 839-0946**

**Only \$9.00**  
**a space / per week**

**First Baptist Church**  
  
**200 3rd St. SW • 852-4533**  
**www.fbcminot.org**

Classic Worship Service ..... 8:30 a.m.  
Sunday School (All Ages) ..... 9:45 a.m.  
Contemporary Worship Service..... 9:50 a.m.  
Adult Sunday School ..... 11:00 a.m.  
Contemporary Worship Service..... 11:05 a.m.  
Children's Church ..... 11:05 a.m.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

**Rev. Kent Hinkel, Senior Pastor**  
**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
**OUR REDEEMER'S CHURCH**  
*A Church of the Lutheran Brethren*

**Sundays:**  
Worship..... 9:00 a.m. & 11:00 a.m.  
**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
**www.ourredeemers.org**

  
**OUR REDEEMER'S CHRISTIAN SCHOOL**  
700 16th Avenue SE  
Minot, ND 58701  
**info@orcsknights.org • 701-839-0772**  
**www.orcsknights.org**

**ORCS Preschool**

Our Redeemer's Christian School's Preschool Program has started its 34th year the fall of 2021 and we would love to have your child be a part of it!

**NOW ACCEPTING REGISTRATIONS FOR THE 2021-2022 SCHOOL YEAR**

**HIGHLIGHTS OF OUR PROGRAM**

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.  
**701.839.0772**  
**Email: jschultz@orcsknights.org**  
**Website: www.orcsknights.org**

**ADVERTISE YOUR Church**

*Advertise*  
FOR ONLY \$9 PER WEEK

*Revisions*  
MADE UPON NOTICE  
FROM THE CHURCH

*Deadline*  
TUESDAYS BY NOON  
WEEK OF PUBLICATION

**VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM**

**CONTACT US**

*call*  
701-839-0946

*email*  
NSADS@SRT.COM

*fax*  
701-839-1867

**we've got the church you've been looking for**  
*Your life matters to God!*



## CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## PROFESSIONALS

**LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT**  
www.marykay.com/1clouse.  
701-839-0475 or 701-721-0475.

## RUMMAGE SALE

A Little Bit Of Everything...  
With A Lot Of Savings!

**4R HOME THRIFT****2031 N Broadway**Furniture, Tools, Movies,  
Misc. & Interesting ItemsMonday - Saturday -  
8:30 AM to 6 PM  
Sunday - 12 PM to 5 PM**15% Military Discount!**  
<https://www.facebook.com/4rhomethrift>

## GARAGE SALE

**3721 E. BURDICK EXPY HUGE VINTAGE & COLLECTIBLE SALE!** Every Weekend, Weather Permitting. Many Old Pictures, Old Books, Pottery, China, Glassware, Cast Iron, Old Vinyl Records, 8 Track Tapes, Old Picture Frames, Old Beer Cans, Signs, DVD Movies, Partial List. Questions Call 701-626-2712.

## WANTED TO BUY

**AUTO BENT UP OR JUNKED??**  
I'll buy!! Also Scrap iron!! Call  
701.240.2147 OR (701) 240-7453.

## FOR SALE

**FRESH CHICKEN**Farm-raised  
Butchering Chicken**GRASSFED BEEF**(no antibiotics, no  
GMOs),**FRESH FARM EGGS**Located just 20  
minutes with delivery  
to the base.**EMAIL:**

esavelkoul@srt.com.

## SUDOKU SOLUTION

6	9	5	1	2	7	3	4	8
8	3	1	4	9	5	2	6	7
7	2	4	6	8	3	1	5	9
4	8	9	2	3	1	6	7	5
2	6	3	7	5	9	8	1	4
5	1	7	8	4	6	9	2	3
1	5	8	3	7	2	4	9	6
3	7	6	9	1	4	5	8	2
9	4	2	5	6	8	7	3	1

## HELP WANTED

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.** Part-Time Retail sales 25-35 hrs/ week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

**IMMEDIATE FULL AND PART TIME OPENINGS**

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

**ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY**

**BAGGERS WORK FOR TIPS ONLY****•ADULT HOURS**

Tuesday-Friday 7am-4pm  
• Later start times available but must be able to stay until 4pm & Sunday 11am-6pm

**• TEEN HOURS**

Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm  
• Morning start times rotate & vary

**PLEASE SPEAK TO CHARLIE AT THE COMMISSARY IF INTERESTED OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.**

**LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?**

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
605 27th St SE, Minot ND 58701  
Or contact: Matt Mackey  
By email or phone at  
mmackey@kalixnd.org  
701-852-1014

## FOR RENT OR SALE

**20 MINUTES TO MINOT AND THE MINOT AIR FORCE BASE** 2 and 3 bedroom mobile homes for sale or rent from \$695 per month - includes lot rent and utilities. Located in Deering, ND. 701-502-0554.

## REAL ESTATE

Find **ALL** listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com).

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157

**HOUSE FOR RENT - 30 PAVED MILES FROM MAFB.** Choice of 4 School Districts. 2 Bedroom- 1 Bath. Double Garage. \$550.00 Call (701) 768-2692 or (701) 263-2093

## AUTOMOTIVE

**\$\$\$ QUICK CASH \$\$\$** Paying cash now for any car or truck, running or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales 839-9512 (Will haul junk cars or trucks away, no charge)

**NORTHERN AUTO AUCTION**  
**1st & 3rd Saturday Every Month!**  
Approx. 75-100 Cars, Pickups, Trucks, Etc.!!  
Bring vehicles & title to auction yard  
**BUY or SELL!**  
All units sold AS-IS condition  
Terms: Cash or check supported by a bank letter of credit  
Auctioneers: Clint Beeler, Lic. #199 & Kevin Beeler, Lic. #464 - Clerk Lic. #199  
3035 Valley St., Minot, ND 58701  
701-838-3733 or 1-800-210-8995

**JOHN'S****AUTOBODY**

**Pays Up To \$500**

**Insurance Deductibles**

**We Guarantee All Work & Color Match**

**4121 S. Broadway****839-8896****KRAMER SUBARU SERVICE**

700 Old Red Trail NW • Mandan, ND

888.856.2383



**DON'T RISK IT ALL!  
IF THERE IS ANY DOUBT CALL**

**AIRMEN AGAINST DRUNK DRIVING**

**Free and Confidential**

**Saving Lives and Careers**



**Available to ALL Minot AFB Military Members and Spouses**

- Call AADD
- Notify location and destination
- State the amount of people that need a ride
- Give a description on an easily identifiable article of clothing
- Verify member's military/ dependent status by showing identification

**CONTACT US AT:**  
**(701) 727-2233**  
**(701) 727-AADD**

**THURSDAY, FRIDAY & SATURDAYS**  
**09:00 PM – 02:00 AM**

**HOLIDAY WEEKENDS**  
**08:00 PM – 03:00 AM**

**Thanks to SRT for donating the phone services for AADD**



**FOLLOW US ON FACEBOOK!**

**northernsentry**

MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM



# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base. Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 10 Jan-13 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu), office phone: 701-727-9007 or Teams phone: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

### PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2021/2022 year! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu). and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | [mino@park.edu](mailto:mino@park.edu) PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base starting with the Summer 2021 semester. The Summer 2021 semester begins June 1 and finishes July 29 with registration currently open. MSU at the Minot Air Force Base will also have three sessions of face-to-face classes in Fall 2021. Those three sessions are Aug. 23 to Dec. 17, Aug. 23 to Oct. 14, and Oct. 18 to Dec. 19. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)

# BUSINESSES & SERVICES



### TRUCK ACCESSORIES

**ACCESS**  
Roll Up Cover

**ROLL-UP PICKUP COVERS**  
• SRT - 2 ELECTRIC • SPOOL ROLL TARP • TRUCK TARPS

Manufactured by AGRI-COVER

DISTRIBUTED BY  
**NELSON RIPPLINGER SALES**

NEW & USED COVERS ON HAND

ASK ABOUT MILITARY DISCOUNT  
OWNED BY VETS

**JIM OR BONNIE 838-2515 • CELL 721-1251**

Contact Rod Wilson to get your business listed here!  
E-mail: [sentrysales@srt.com](mailto:sentrysales@srt.com) | 701.839.0946

### AUTOMOTIVE

**QUICK CASH!!**  
Running & Non-Running  
Cars & Trucks

**Edwardson Sales**  
**839-9512**  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

### ACCOUNTANT

**BradyMartz**  
Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
[www.bradmartz.com](http://www.bradmartz.com)

### HOBBY SHOP

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets,  
Trains, Plastics, Testors Paints,  
Engines & Accessories,  
Helicopters, Balsa Wood & Glues.

**838-1658**  
2112 N. Broadway • Minot, ND  
Ask for Eva • [www.airporthobby.com](http://www.airporthobby.com)

### STORAGE UNITS

**NORTHERN PRAIRIE  
CONDOS & STORAGE, INC.**  
Meeting your Storage needs is our priority!

NPCS

- Excellent Location with Security Fencing and Lighting
- 24 Hour Access with Keyless Entry
- Many Sizes Available
- Auto and Recreational Storage
- Best Rates Guaranteed

**Duane W. Block "Dewy" Owner**

Call: **701.720.1093**  
Today for more Information.

NPCS

8 46th AVE NE  
Minot, North Dakota  
58703

### REAL ESTATE

**BUY OR SELL  
ONLY WITH THE  
BEST!**

**BROKERS12  
REAL ESTATE**

#SOLD WITH US!

**BROKERS12.COM**

### REAL ESTATE

**Danielle Bolinske**  
REALTOR®  
701-833-7180

**ELITE  
REAL ESTATE**  
Excellence In Action  
1829 S. Broadway  
Suite 1, Minot, ND

### FLOWER SHOP

**FLOWER  
Central**

**Voted Minot's #1 Flower  
Shop for the last 7 years!**

**405 Central Ave. E. • 701.852.6224**



# WHAT'S GOING ON MAFB

## FRIDAY 14

- AFGSC Family Day
- For full listing Martin Luther King Jr. holiday facility hours, visit 5thforcesupport.com
- Home School Library Orientation, 1100, Minot AFB Library
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Disaster Movie Night, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 15

- For full listing Martin Luther King Jr. holiday facility hours, visit 5thforcesupport.com
- Game Night Series: Board Games, 1700, ESC

## SUNDAY 16

- NFL Sunday Ticket, 1200-1900, Rockers Bar & Grill
- Zumba, 1400, Fitness Center

## MONDAY 17

- For full listing Martin Luther King Jr. holiday facility hours, visit 5thforcesupport.com
- MLK Day Special Lunch, 1030-1330, Dakota Inn Dining Facility



## TUESDAY 18

- Registration Opens: Ski/Snowboard Trip to Huff Hills at Outdoor Recreation
- Registration Opens: Winter Archery League at Outdoor Recreation
- Registration Closes: Magic The Gathering Modern League at ESC
- Green Belt Preparatory Class — Lean Six Sigma Tools & Techniques, 0800-1500, Arts & Crafts Center — Innovation Center
- Moving Out of the Dorms Budget Class, 0900-1100, A&FRC
- Game Day, 1000-1930, Minot AFB Library
- Supplemental Sponsorship Training, 1300-1500, A&FRC, Zoom Meeting
- Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts Center
- Zumba, 1830, Fitness Center

## WEDNESDAY 19

- HIIT Strength & Conditioning, 0530, Fitness Center
- Green Belt Preparatory Class — Lean Six Sigma Tools & Techniques, 0800-1500, Arts & Crafts Center — Innovation Center
- Bundles for Babies, 0900-1030, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Yoga, 1200, Fitness Center
- Thrift Savings Plan (TSP) for Military Members Class, 1400-1600, A&FRC
- Epoxy Wine Caddy Class, 1700-1900, Arts & Crafts Center
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center
- Swerk, 1930, Fitness Center

## THURSDAY 20

- Initial Counseling Tier II, 0730-0800, A&FRC
- Pre-Separation Counseling, 0830-1130, A&FRC
- Pre-Separation Counseling Short Notice, 0930-1130, A&FRC
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Kids' Night, 1530-2030, Bomber Bistro
- Magic The Gathering Modern League, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Winter Reading Program: 1 December — 1 March, Minot AFB Library
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care — Call to schedule an appointment.

### WINE CADDY EPOXY CLASS

AT THE ARTS & CRAFTS CENTER

JANUARY 19TH

5:00PM - 7:00PM

COST: \$ 25.00 PER PERSON

CREATE A UNIQUE  
WINE CADDY &  
COASTERS IN THIS  
FUN CLASS!

CALL TO REGISTER:  
723-3640



## FRIDAY 21

- HIIT Strength & Conditioning, 0530, Fitness Center
- Spouses Corner, 0900-1000, A&FRC, In-Person and Zoom Meeting
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Swerk, 1800, Fitness Center
- Game Night Series: Pokémon, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 22

- New Year New You Fitness Sampler, 0900-1100, Fitness Center
- UFC 270: Ngannou vs Gane, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

## JANUARY SPECIALS

### Bomber Bistro • Chef Salad

Try this tasty medley of lettuce, turkey, ham, tomato, egg, cucumber, red onion, and cheddar cheese. Grab it to go for only \$9.00. Add some chicken for \$3.00 more!

### The B-Fifty Brew • Red Bull Burners

Grab one of our ice-cold Red Bull Burners to go! First, choose your Red Bull flavor: Original, Blueberry, Cranberry, Tropical, or Sugar-free. Next, choose your syrup: Peach, Coconut, Raspberry, Pineapple, Strawberry, Cherry, Mango, or Watermelon. Finally, top it off with Original Lemonade. Available in Venti size only for \$4.00!

### Rockers Bar & Grill • Imposter Burger

Try this 1/4 lb. plant-based burger on a bed of lettuce and tomato, served with a side of crispy fries! Grab this tasty combo for \$7.50!

### Magic The Gathering Modern League

ESC • Every Thursday at 1800  
20 January - 10 February 2022

Register by 18 January.

Prizes awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place!  
Free booster pack each week  
for each participant!

League tournament format  
will be round robin pairings.  
All matches must be finished  
by the following Wednesday.

For more information, call 723-7238  
or email escgamingmanagement@gmail.com



DAY OR NIGHT  
RAIN OR SHINE  
HARD WORK NEVER QUILTS.

Contact Us For All  
Your Electric Needs!

Minot - Velva  
701-852-0406  
800-472-2141

WWW.VERENDRYE.COM

People you know.  
Experience you trust.



FIRST WESTERN  
BANK & TRUST

firstwestern.bank



Brad Stai



Jim Paszek



Trent Westmeyer