

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 05 | MINOT AIR FORCE BASE | FRIDAY, FEBRUARY 4, 2022

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AND B-52S  
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NPCAC:  
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DIFFERENCE  
WITH  
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## 8TH AIR FORCE COMMAND CHIEF VISITS MINOT AFB

Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured a hangar and a B-52H Stratofortress while Airmen were training during his visit at Minot AFB, North Dakota, Jan. 24, 2022. While on the visit, Chief Master Sgt. Cenov was able to learn about the bomber missions and thank them for their continuous service, even during inclement weather. More coverage on page A5 and A6.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SAOMY SABOURNIN






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# Northern Strike 22-1 brings arctic training to Michigan

STAFF SGT. TRISTAN VIGLIANCO,  
MICHIGAN NATIONAL GUARD

LANSING, Mich. – The Northern Strike 22-1 exercise will unite service members from several states and partner forces Jan. 21-30 at Camp Grayling Joint Maneuver Training Center and Alpena Combat Readiness Training Center, which comprise the National All-Domain Warfighting Center (NADWC).

“We are excited to kick off the year with the winter iteration of Northern Strike,” said Lt. Col. Adam Jenzen, Northern Strike land component exercise director. “Over the past nine years, the Northern Strike exercise series has grown into one of our nation’s best reserve component exercises. This is the third year for Northern Strike’s winter iteration, and we are continuing to evolve by further integrating special operations forces alongside our conventional and multinational forces.”

The Northern Strike exercise series, sponsored by the National Guard Bureau, provides a venue for units to maximize training. The summer iteration of Northern Strike is in August.

“Michigan has some of the best military training facilities in the country, which makes it the perfect place for visiting units and defense industry partners to work together in a complex, all-domain environment,” said Maj. Gen. Paul D. Rogers, adjutant general and director of the Michigan Department of Military and Veterans Affairs. “Northern Strike is one of the reasons our state is receiving national recognition as an innovator in the future of warfighting.”

“Winter Strike” is held annually in northern Michigan during the coldest part of the year, so visiting units can train in subarctic conditions. Snow, high winds, and single-digit temperatures are commonplace at the NADWC this time of year.

Winter Strike is a cost-effective way for units across the DoD (and reserve components in particular) to experience cold-weather joint all-domain operations. The ability to easily transport people and equipment via rail and roadway helps units save time, money and training days. Air component units can

fly to Alpena CRTC without leaving U.S. airspace.

“Being able to operate in cold weather is a critical skill for any warfighter to possess,” Jenzen said. “The winter iterations of Northern Strike provide the perfect opportunity for units to complete arctic training objectives without the time and money required to travel to more remote locations like Alaska.”


In addition to enhancing defense capabilities, the exercise series brings an average of \$30 million to Michigan’s economy annually in military pay, travel and spending in northern lower Michigan.

“Everything we do at Northern Strike would not be possible without the support we receive from the local community,” said Jenzen. “Northern Michigan is truly one of the most military-friendly communities in the country. Protecting them and our nation is why we train as hard as we do.”



A U.S. Air Force B-52H Stratofortress, a long-range, heavy bomber from 69th Bomb Squadron, Minot Air Force Base, conducts a training mission over Camp Grayling’s vast 148,000-acre Joint Maneuver Training Center during Northern Strike 22-1/Winter Strike, Michigan, Jan. 26, 2022. Northern Strike 22-1/“Winter Strike” is a National Guard Bureau-sponsored exercise uniting service members from several U.S. states and partner forces from Jan. 21-30, 2022 at Camp Grayling and the Alpena Combat Readiness Training Center, which together comprise the National All-Domain Warfighting Center.

U.S. AIR NATIONAL GUARD PHOTO | MASTER SGT. DAVID KUJAWA



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# Minot Airmen and B-52s kick-off Red Flag 22-1

5TH BOMB WING PUBLIC AFFAIRS, MINOT AIR FORCE BASE PUBLIC AFFAIRS

NELLIS AIR FORCE BASE, Nev. --

Airmen and B-52H Stratofortress aircraft assigned to the 5th Bomb Wing at Minot Air Force Base, N.D., participate in exercise Red Flag 22-1 at Nellis Air Force Base, Nev., which began Jan. 24, 2022.

Led by the 414th Combat Training Squadron and held three times each year, aircrews of various backgrounds participate in exercise Red Flag, building experience through multiple, intensive air-combat sorties, all while in the safety of a controlled training environment.

The exercise lasts three weeks, with at least two Stratofortresses taking off twice per day.

“When you think about bombers, you think about dropping bombs onto the ground,” said Senior Master Sgt. Carlton, 5th Aircraft Maintenance Squadron

Production superintendent. “Red Flag is very unique because it’s more of an air-to-air scenario, which you wouldn’t think bombers would have a large part to play in.”

Carlton went on to emphasize the evolution of Red Flag over the years resulted in the current holistic and multi-platform format.

The Airmen from the 23rd Bomb Squadron, 5th Aircraft Maintenance Squadron and 5th Logistics Readiness Squadron remain vital to Department of Defense’s mission readiness and success, ensuring the B-52’s long-range strike bolster’s the

demands of Red Flag.

“There’s a lot of pressure on [the crew chiefs] to make sure we’re providing good, airworthy, combat-capable jets,” said Carlton. “The fighter units pave that road for us, then our bombers fulfill what they’re supposed to do and safely get through to where they’re going to drop bombs on target”

The controlled pressure and fast pace environment creates valuable opportunities for Airmen to test and evaluate skills which enable continuous process improvement to out think, out maneuver and out innovate adversarial threats.

“Red Flag is always a unique and valuable experience where the Air Force gets a chance to operate, not only together, but in the airspace with the most robust training infrastructure the DoD can throw at a live-fly event,” said Lt. Col. Brandon Wheeler, 23rd Bomb Squadron Director of Operations.

Training alongside other platforms across the joint force and partner nations enhances interoperability to strengthen strategic bomber capabilities when combined with those within the joint force.

“It gives us a chance to practice and assess our tactics, understand each other’s most current capabilities, provide experience-backed data to help define platform upgrade requirements, and propel our young aviators forward in their

experience and ability to address America’s pacing threats,” said Wheeler.

In addition to the B-52s from Minot, B-2 Spirits and personnel assigned to the 509th Bomb Wing at Whiteman AFB, Mo.

also represented the nation’s bomber fleet at this iteration of Red Flag.

Both units are assigned to the U.S. Air Force major command, Air Force Global Strike Command.



An Airman with the 5th Aircraft Maintenance Squadron grabs tools out of a tool kit while replacing a B-52H Stratofortress engine during Red Flag-Nellis 22-1 on Jan. 25, 2022 at Nellis Air Force Base, Nevada. The 5 MXS is one of 32 units from across the U.S. joint forces, United Kingdom (Royal Air Force) and Australia (Royal Australian Air Force) participating in Red Flag-Nellis 22-1.



Airmen with the 5th Maintenance Squadron and 99th Civil Engineering Squadron work together to replace a B-52H Stratofortress engine during Red Flag-Nellis 22-1 on Jan. 25, 2022 at Nellis Air Force Base, Nevada. The 5 MXS is one of 32 units from across the U.S. joint forces, United Kingdom (Royal Air Force) and Australia (Royal Australian Air Force) participating in Red Flag-Nellis 22-1.



An Airman with the 23d Bomb Squadron prepares a B-52H Stratofortress for take off during Red Flag-Nellis 22-1 on Jan. 25, 2022 at Nellis Air Force Base, Nevada. Participants in Red Flag-Nellis 22-1 conduct a variety of scenarios, including defensive counter air, offensive counter air suppression of enemy air defenses and offensive counter air interdiction.



Two B-52H Stratofortresses assigned to the 5th Bomb Wing parked on the runway during Red Flag-Nellis 22-1 on Jan. 25, 2022 at Nellis Air Force Base, Nevada. Red Flag-Nellis 22-1 provides realistic combat training that saves lives by increasing combat effectiveness.

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U.S. AIR FORCE PHOTOS | SENIOR AIRMAN MICHAEL A. RICHMOND

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A VIEW FROM OUR SIDE  
ROD WILSON, NORTHERN SENTRY



One of my favorite comedians, Jeff Foxworthy, became famous for his “You know you are from...” statements. Before we go any further, I just want to make sure that everyone reading this knows that I do not claim to be as good, or as funny as Jeff Foxworthy. But today I had some down time sitting in a clinic waiting room, like the other 20+ folks, listening for my name to be called for my appointment. In that time, I am sure that those around me, some who were noticeably uncomfortable and certainly not feeling well, were wondering what in this situation could possibly bring a smile to my face, and a few chuckles, instead of coughs. It was really quite simple. I was there for a checkup and wasn’t sick at all, and during my wait I started to have fun completing the Jeff Foxworthy line, but with a different twist. It went like this: “You know you are from North Dakota, and a bit older, when (for example) your snow shovels have obviously been used so much that they are considerably smaller than the new shovels just purchased by your “new to the area” neighbor. It seems like we had our shovels out at least 4 days in a row last week and sometimes even two to three times a day. And how about this one? You know you are from North Dakota, and a bit older, when your bucket of sidewalk salt is rusty and old compared to

the nice, new plastic bucket your not from here neighbor has. Man, these icy streets and sidewalks have been a challenge! I have a couple of more, and by now I hope you are playing along with me and have some ideas of your own. So “You know you are from North Dakota, and a bit older, when your major winter event is a card party of eight couples on a Saturday night, and you pause the game to bring out the refreshments, popcorn and hot chocolate. Enough said there. The game of choice in North Dakota is most often Pinochle, but Hearts will work well, too. And finally, what gave me the biggest chuckle and had most of the other patients staring at me like I really didn’t belong in this waiting room full of sick people, was... “You know you are from North Dakota, and a bit older, when all of your Facebook friends are sending you photos of their rented condos, townhouses, resorts with pools, or whatever, in Arizona. I am here, they are there, and they are making darned sure I know they are there! Hey, let’s call a spade a spade. (See, I have been playing cards). We have had a challenging January. Snow, cold, ice, and the Green Bay Packers not making the Super Bowl. We may as well laugh a little about it, and like a recent post on Facebook says, “Man, it has been a heck of a year...and now it’s time to move on to February.”

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**8TH AIR FORCE COMMAND CHIEF VISITS MINOT AFB**

Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured a hangar and a B-52H Stratofortress while Airmen were training during his visit at Minot AFB, North Dakota, Jan. 24, 2022. While on the visit, Chief Master Sgt. Cenov was able to learn about the bomber missions and thank them for their continuous service, even during inclement weather.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS SAOMY SABOURNIN



Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured the 5th Aircraft Maintenance Squadron.



Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, speaks to security forces Airmen while on a tour of the Weapons Storage Area during his visit.



Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured a hangar and a B-52H Stratofortress while Airmen were training.



Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured the Weapons Storage Area during his visit.



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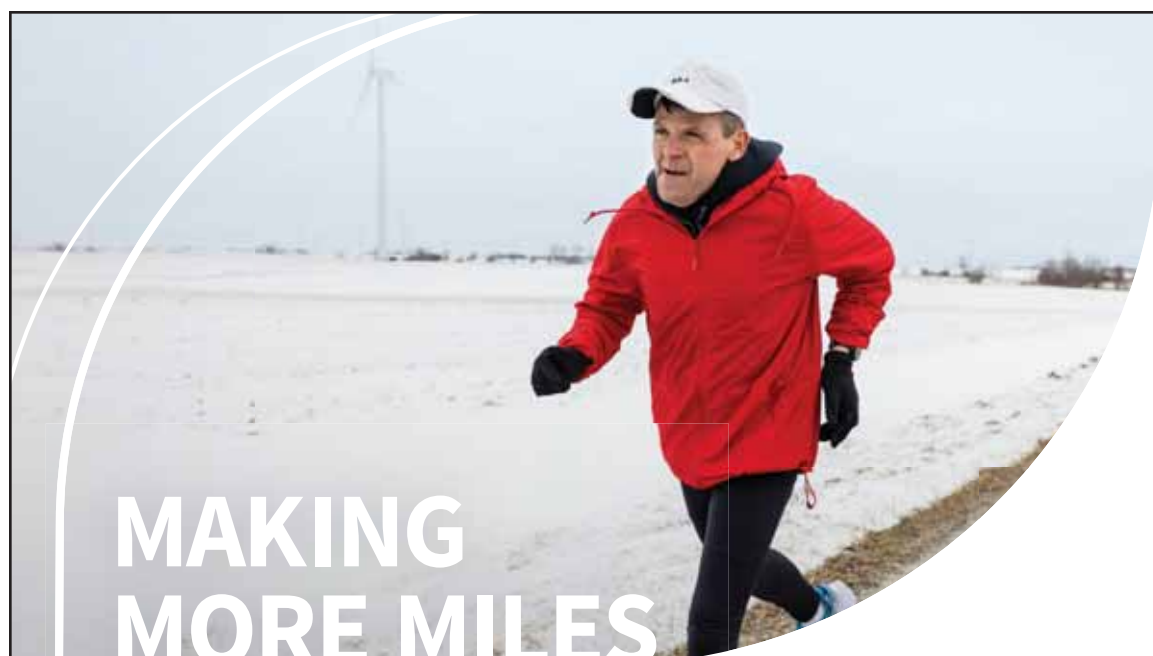


Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured the 5th Medical Group during his visit at Minot AFB, North Dakota, Jan. 24, 2022. While on the visit, Chief Master Sgt. Cenov was able to speak to Airmen from different offices such as the Primary Care and the Personnel Reliability Assurance Program office.



Chief Master Sgt. Steve Cenov, command chief master sergeant of the 8th Air Force, toured the 5th Medical Group during his visit at Minot AFB, North Dakota, Jan. 24, 2022. While on the visit, Chief Master Sgt. Cenov was able to learn about the Personnel Reliability Assurance Program; PRAP is a department where medical authorities provide the installation's certifying officials with insight to an Airman's reliability while performing sensitive operations.

U.S. AIR FORCE PHOTOS  
SENIOR AIRMAN CALEB KIMMELL



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**KNIGHTHAWK THUNDER**

An Airman with the 69th Aircraft Maintenance Squadron signals the go-ahead for B-52H Stratofortress for take off in participation of Knighthawk Thunder on Jan. 12, 2022 at Minot Air Force Base, N.D. Knighthawk Thunder is an exercise that tests the 69th Bomb Squadron's decision making, response time and capabilities.



69th Aircraft Maintenance Squadron Airmen prepare a B-52H Stratofortress for take off in participation of Knighthawk Thunder on Jan. 12, 2022 at Minot Air Force Base, N.D. Knighthawk Thunder is an exercise that tests the 69th Bomb Squadron's decision making, response time and capabilities.



A B-52H Stratofortress makes its way to the runway in participation of Knighthawk Thunder on Jan. 12, 2022 at Minot Air Force Base, N.D. Knighthawk Thunder is an exercise that tests the 69th Bomb Squadron's decision making, response time and capabilities.



A B-52H Stratofortress takes flight in participation of Knighthawk Thunder on Jan. 12, 2022 at Minot Air Force Base, N.D. Knighthawk Thunder is an exercise that tests the 5th Bomb Wing's decision making, response time and capabilities.

U.S. AIR FORCE PHOTOS  
SENIOR AIRMAN MICHAEL A. RICHMOND

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Provider of the Month Feature

FEBRUARY 2022

ARIEL CHURBY

What do you enjoy most about being an FCC Provider?

When given this opportunity back in October, I was very nervous about becoming a FCC Provider. I couldn't be happier. I love meeting new families. Watching children grow. I enjoy making crafts and fun activities for my FCC children. Mostly I couldn't be more excited to be part of team Minot.



What advice do you have for new providers/those interested in being FCC Providers?

What are your interests/hobbies? I love to craft, make shirts, Pinterest, traveling, and summer. My family is a big Moto family.

Advice I would give to a new provider. Ask all the questions. Make sure to be organized, it makes life easier. Those interested I would tell them to go for it. You never know until you try something.



Is 80% Good Enough?

ROD WILSON, NORTHERN SENTRY

I have often used these numbers: Over 90 percent of the patients who have SoftWave treatments reach 80% of their expected outcome. As a pessimist, you would say that you failed to reach 100%. In my Dad's words, you left 20% on the table, and that would be true. But of the many SoftWave patients I talk to at Cornerstone Chiropractic, they are absolutely amazed at the outcomes they are achieving. Not being a Chiropractor, I have to relay information through the eyes, and the outcomes, of a patient. In my case, I did not just "wake up" one morning and have lower back and hip issues. The pain started quite a few years ago, and it was livable.

Years of tolerating pain finally gave way to my first trip to a Chiropractor and long story short, the first appointment that determined that I was a candidate for SoftWave treatment. I have been very candid with the results I have experienced with the SoftWave experience. I can only surmise, and relate, that I was making my life work with the back and hip pain that I had. So now that I am at that 80% point, I realize how I was compensating and making adjustments for the pain and discomfort.

What I can say to you is that a call to Cornerstone and SoftWave has changed my life. If you have lived with chronic pain it is certainly worth the time to hear the SoftWave story, and determine if you are a candidate.

So, to answer the question; Is 80% Good Enough? Absolutely!



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Minot AFB Library Facebook Page  
@minotairforcebaselibrary  
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Join us on the Minot AFB Library Facebook Page for some science fun including silly stories, crazy crafts, and mad science experiments!

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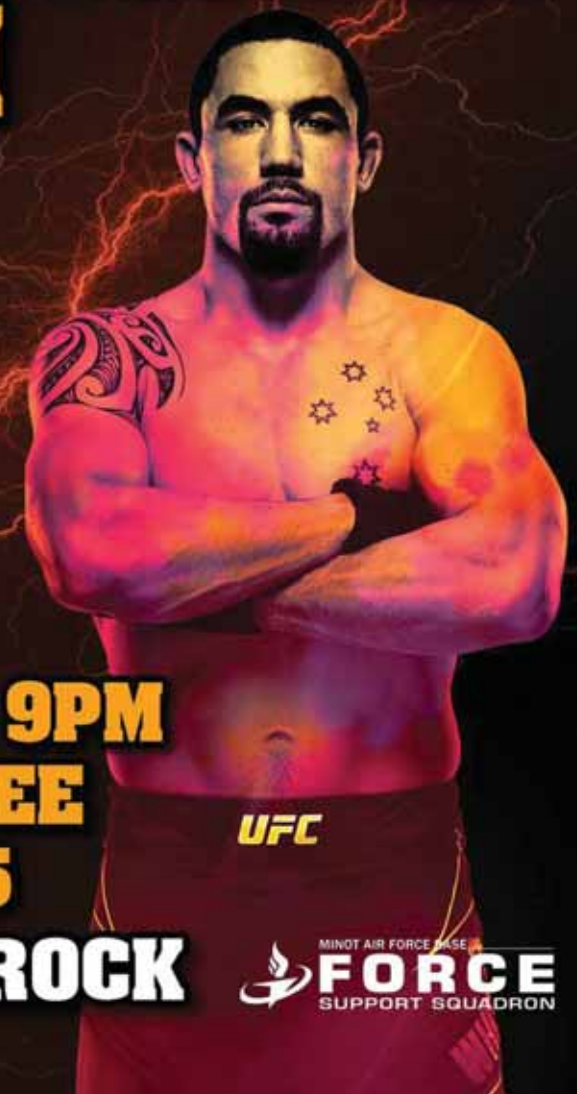
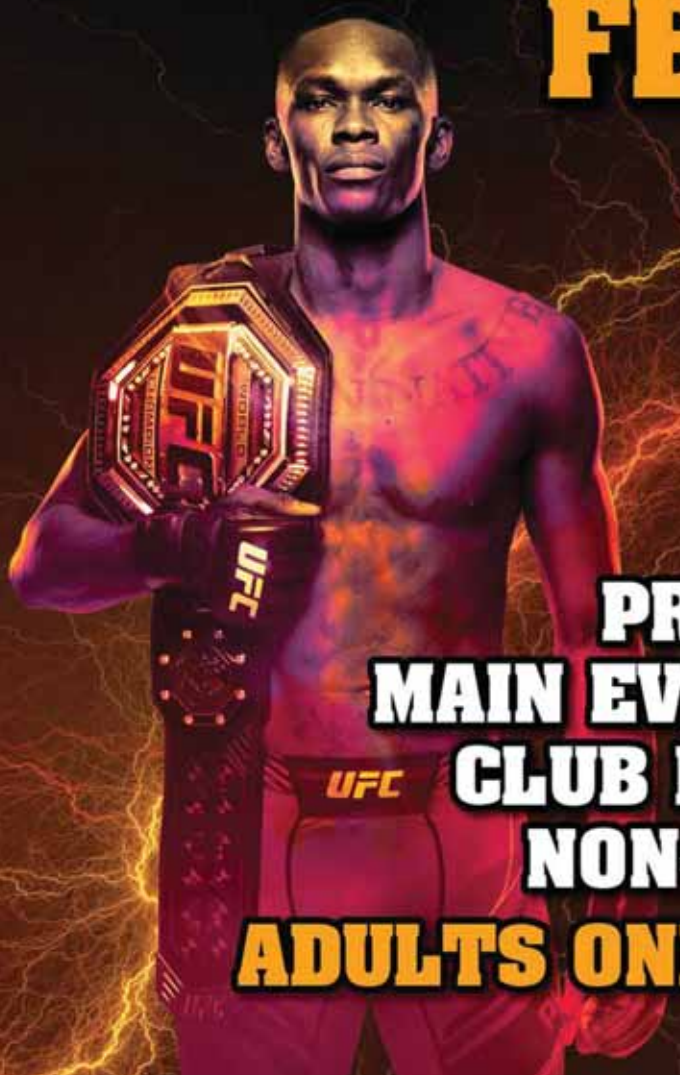
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## UFC 271



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**AIRMAN  
JEREMY AMAR**



Amar is part of an Alarm Response Team for the 891 Missile Security Forces Squadron. His responsibilities include cleaning around the missile alert facility, and responding to launch facility alarms.

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**SHELLY CARBO  
FAMILY ADVOCACY INTERVENTION  
SPECIALIST**



As a provider for Family Advocacy, Carbo handles cases in regards with any adult and child maltreatments including domestic violence and child abuse. Carbo’s contributions assure that our families are getting the services that they need, whether on base or off base so our Airmen always stay mission ready!

In her spare time, Carbo enjoys spending time with her family camping, attending hockey games and exploring the community.

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# 91 SFG 2021 US Strategic Command Annual Award nominees

SFGGGG!

It is my pleasure to announce the 91 SFG-level winners and nominations to Twentieth Air Force for the 2021 US Strategic Command Annual awards. If you didn't know, the mission of United States Strategic Command is to "...Deter strategic attack and employ forces, as directed, to guarantee the security of our Nation and our allies." The SFG (read: YOU) fits into that mission by being ready to "Defeat any threat...and win every fight" in order to ensure our arm of strategic deterrence is ready to go at a moment's notice.

While every one of you have performed, and will continue to perform as the strategic and lethal professionals you are, the following personnel have gone above and beyond and have been recognized:



**91 SFG, USSTRATCOM, JUNIOR-TIER ENLISTED CATEGORY:**

SrA Melissa Davison, 791 MSFS

**91 SFG AND 91ST MISSILE WING NOMINEE TO 20 AF, USSTRATCOM, MIDDLE-TIER, ENLISTED CATEGORY:**

SSgt Deidre Distler, 91 SFG Staff

**91 SFG AND 91ST MISSILE WING NOMINEE TO 20 AF, USSTRATCOM, SENIOR-TIER, ENLISTED CATEGORY:**

SMSgt Nicholas Roberts, 91 MSFS

**91 SFG AND 91ST MISSILE WING NOMINEE TO 20 AF, USSTRATCOM, COMPANY GRADE OFFICER CATEGORY:**

Captain Jonathan Dahm, 791 MSFS

**91 SFG AND 91ST MISSILE WING NOMINEE TO 20 AF, USSTRATCOM, PROFESSIONAL TEAM CATEGORY:**

891 MSFS, Operations Staff

Please congratulate these folks as they represent "YOU" at the highest levels!

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## CHECK OUT THE GBBC - GREAT BACKYARD BIRDCOUNT

Patricia Stockdill

The Great Backyard Bird Count is underway Feb. 18 through Feb. 21 and participants don't have to be expert ornithologists to participate.

In fact, they don't even have to be expert birders.

Even if one's interest is merely as a casual observer, it's still easy to participate - especially because it's the 25th anniversary for the Annual Great Backyard Bird Count (GBBC).

Even if one doesn't have 15 minutes to spare every day of the count, any number of days are better than nothing.

Rules are simple and it's easy to participate:

- First, new Great Backyard Bird Count participants can download the free Merlin Bird ID app and submit entries. Past participants can enter their data on their eBird mobile app or eBird website. Information on using Merlin Bird ID or eBird is on the GBBC website, (www.birdcount.org).

- Grab a pair of binoculars, watch birds for 15 minutes (or as long as you can), noting the species and number observed. It can be from an office or apartment window, school, workplace, or while strolling through a park, for example. If it's a bit chilly outside and a stroll in the great outdoors isn't on the menu, simply sit in the parking lot.

- Map your location and enter your information.

The GBBC is one of several citizen science based programs through the Cornell Laboratory of Ornithology. It's in conjunction with the National Audubon Society and Birds Canada and enjoys worldwide participation.

Admittedly, North Dakota isn't a birding hotspot in the dead of winter. Both North Dakota and South Dakota had less than 1,000 participants each in 2021. Regardless of the number, though, it's still important information and a fun winter activity.

Plus, it's intriguing to see what is in the state this time of year. Some northern species filter down from the Arctic and Canada, wintering in the state while others gut it out and spend their entire lifetime in the Peace Garden State.

For example, snowy owls just might make a person's list given the fact they will, at times, venture this far south in the winter. Look for them atop utility poles, fence posts, or bare deciduous trees taking advantage of their lofty perch to identify a potential, unsuspecting meal. They're not overly common in the winter and can be a treat to see for even veteran birders.

Some potential areas to visit include Upper Souris National Wildlife Refuge northwest of Minot where wintering grassland species could be observed or Minot's Oak Park. Look for woodland species there.

The horned lark is a fun, winter bird flitting around in the state.

Novice participants don't have to go it alone if they're uncomfortable with their bird identification skills. In addition to the Merlin Bird ID app check out Audubon Birds app or the website, (allaboutbirds.org/guide), for example.

On top of that, there is a free webinar Feb. 16 at 1 p.m. CST to help beginning birders. Just go to the GBBC website, (www.birdcount.org) and scroll down the home page to register.

The Cornell Lab of Ornithology has an array of citizen-based programs designed to involve people in the world of birds while helping collect scientific data at the grassroots level, including Project FeederWatch, NestWatch, YardMap, or the Christmas Bird Counts. Details are available on their website, (www.birds.cornell.edu).

Ornithologists use information gathered during any of the citizen science programs. The Great Backyard Bird Count helps develop a "big picture" trend of overall bird populations - the more years data is collected, the more information is available to determine trends.

In turn, that helps determine how weather plays a role in bird populations, movement, and migration patterns.

It also helps quantify the potential role of diseases such as West Nile Virus, which hit crows especially hard, or avian conjunctivitis. It can also help identify what kinds of differences in bird diversity are apparent in cities versus suburban, rural, or natural areas.

Besides, it's intriguing to see what feathered friends are out and about on a typical frozen North Dakota February day.

A person might be surprised at what they find - it just might be busier than one anticipates.



A blue jay fluffs up on a winter day in North Dakota. They can be found in feeders offering peanuts, sunflowers, and corn.

PATRICIA STOCKDILL PHOTO

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# NPCAC: Making a difference with Champagne and Ice

ABIGAIL KINDER, NORTHERN SENTRY

Northern Plains Children's Advocacy Center provides a variety of services to victims of child abuse and their families, taking a compassionate approach to reduce trauma, raise awareness, and put children all over North Dakota on the path to safer, happier lives. In 2020, they served 450 children and are continuously evolving their organization to sufficiently meet the needs of their clients.

Christal Halseth, Executive Director of NPCAC, explained, "We bring together a team of professionals who respond to extreme child abuse cases. Most of our cases are child sexual abuse, but we do respond to all crimes against children."

Typically, NPCAC serves children ages zero to 18 years old and their families with exceptions for older individuals, but they also offer resources for adults who are still being affected by their childhood abuse trauma. They work diligently with clients, law enforcement, and social services to reduce barriers and streamline the process, minimizing the trauma associated with reporting.

From there, NPCAC provides resources for mental health, forensic interviews, advocacy, medical referrals, and now substance abuse treatment to cover every aspect of child abuse

cases. "We now have a substance abuse clinical supervisor on staff who is providing treatment to children and parents... we noticed that in many of the cases we were seeing, there was some type of drug exposure or addiction that also affected the families. Even though we treated them for trauma before, we were missing that substance abuse aspect," said Halseth. They also offer telehealth services and comprehensive case management, prevention education, and outreach in their newly opened satellite offices in Bottineau and Williston.

Because NPCAC provides these services free of charge, fundraising events and contributions from the community are vital to employ professional, knowledgeable individuals and continue their mission.

NPCAC's biggest fundraiser of the year, the Champagne and Ice Gala, returns for its 12th year on February 26. Attendees can participate in a raffle for a diamond pendant provided by Knowles Jewelry, silent and live auctions, and witness a presentation by special guest Jenna Quinn on her own experiences with childhood sexual abuse.

Halseth encourages members of the community to donate in

any capacity that they are able to, whether it is a small monetary donation, volunteering their time, or dropping off comfort items (blankets, toys, etc.) or snacks to be given to clients. Even the smallest donation can make a big difference, and she has personally witnessed the impact that the community has had on NPCAC and vice versa.

"When I started at the CAC 11 years ago, there were two people on staff...me and the director. In the last decade we have grown to 14 staff members." 14 trained professionals whose goal is to protect and support the victims of child abuse in North Dakota. 14 caring individuals who, because of funding and outreach in the community, are able to continue the work that the CAC has done in Minot for nearly 15 years.

"If there is a crime committed against a child, they deserve to have a Children's Advocacy Center involved and the investigation and treatment of that case. If we are involved, we can make it a seamless process, and it's in the best interest of the child," Halseth said.

For more information on the Champagne and Ice Gala, visit [npcac.cbo.io](http://npcac.cbo.io), or [www.northernplainscac.org](http://www.northernplainscac.org) to learn more about their mission.



Northern Plains Children's Advocacy Center provides advocacy, forensic interviews, medical referral, and mental health and substances abuse services for victims of child abuse in North Dakota. The Champagne and Ice Gala will be held on Feb. 26, 2022 and will raise money for these programs.



Minot's Mayor Shaun Sipma speaks at the Northern Plains Children's Advocacy Center Champagne and Ice Gala in 2020. The gala is NPCAC's largest annual fundraiser that raises money for programs and services to aid victims of child abuse.

COURTESY PHOTOS

NORTHERN PLAINS CHILDREN'S  
ADVOCACY CENTER'S

## Champagne and Ice Gala

**Diamonds, Bubbles & Bidding**

**SATURDAY, FEBRUARY 26**

**6 PM**

**GRAND HOTEL**

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**Cocktail attire encouraged**  
**Champagne, hors d'oeuvres**  
**Silent auction**

**Online bidding begins on February 18.**

Must buy a ticket to participate.

(You can attend virtually, but must buy a ticket)

**Guest Speaker Jenna Quinn**

Author of "Pure in Heart," TED speaker  
and namesake of Jenna's Law.

**Raffle of Naledi Diamond Pendant**

Donated by Knowles Jewelry and valued at \$6,300  
(raffle tickets are sold by NPCAC staff and board  
and will be available at the event)

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Jan. 31: 1,827.86 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.24 feet above mean sea level (MSL).

Stump Lake elevation: 1,447.14 MSL.

•N.D. Game & Fish Dept. game wardens: East end of Lake Sakakawea remains generally slow for walleye. Better access is around Centennial Bay with occasional walleye. Anglers finding an occasional walleye in late night bite on Lake Audubon with best access around the west end. North-central area lakes remain slow with ongoing access issues. Tracked vehicles still a necessity. No reports from Devils Lake.

•Devils Lake, Ed's Bait Shop, Devils Lake: Creel Bay and Woods Resort has improved access.

•Devils Lake, Woodland Resort, Devils Lake: Weather fronts creating inconsistent walleye and perch success. Try 35 to 45 feet for perch working shallower for walleye in the morning and mid-afternoon.

•Lake Darling, Karma C-Store, Ruthville: Limited reports from Lake Darling. Lake Audubon remains somewhat slow and inconsistent for walleye.

•Lake Metigoshe, Four Seasons, Bottineau: Fair to good bluegill success. Look for an evening walleye bite. It's best to access from the plowed trails with lots of snow and limited on the ice.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not many reports from the east end of the Lake Sakakawea but some anglers are finding occasional walleye from Douglas and Steinke bays. Lots of anglers on the west end of Lake Audubon with good access of the Totten Trail boat ramp. Spotty walleye success, however.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Work shallow water in the evening; deeper in the afternoon for walleye on Lake Audubon. Fair bite but not steady. Fair for walleye on Steinke Bay and the south shore at Wolf Creek in 20 to 25 feet on the east end of Lake Sakakawea. Water is clear enough for pike spearing in

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Remember to keep fish caught in 25 feet and deeper; they rarely survive coming up from deep depths.

•Feb. 12: Souris River Basin Longbeards Nat'l. Wild Turkey Federation banquet, Grand Hotel, Minot, 5 p.m.

•Feb. 13: Ski & Snowshoe the North Country Trail (NCT), Audubon Nat'l. Wildlife Refuge, 2 p.m., with free with hot chocolate served. Go to the Central Flyway NCT chapter Facebook page for details.



### TOURNAMENTS:

- Feb. 5: Lake Sakakawea, Van Hook Arm.
- Feb. 12: Stump Lake.

those areas. Look for a little bit of a better pike bite on the east end of Sakakawea but inconsistent yet. OK access onto Audubon from the Totten Trail boat ramp and getting on around Wolf Creek on Sakakawea.

•Lake Sakakawea, New Town: Walleye remain generally slow in the Van Hook Arm. Access still good.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Spotty walleye success on the east end of Lake Sakakawea. Try 30 feet. Missouri River remains slow. Lake Audubon somewhat slow for walleye.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Improving walleye success on the upper end of Lake Sakakawea from White Earth Bay to Lewis & Clark State Park. Try a variety of depths, including as shallow as 6 feet. Springbrook Dam producing a few perch.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Access continues limiting activity on area lakes and the Souris River.

•Turtle Mtn. area lakes, Coast-2-Coast, Rolla: Lots of houses moved out on Gravel Lake and Lake Upsilon. Limited reports on success.

**N.D. Parks & Recreation Dept. trails (conditions can vary):**

•Cross Ranch, Hensler: Trails open and groomed, weather permitting.

•Fort Stevenson, Garrison: Trails open and in fair condition.

•Grahams Island, Devils Lake: Trails open and in fair condition.

•Lake Metigoshe, Bottineau: Trails in fair to good shape.

**Downhill skiing. Conditions can vary. Contact for updates and days of operation:**

•Big Sky Resort, Big Sky, Mont., (800) 548-4486: 22- to 42-inch base with 30 lifts and carpets and 261 trails open.

•Bottineau Winter Park, Bottineau, (701) 263-4556: 18-inch base with 1 chair, 2 magic carpets, 4 runs, and all tubing runs open. Terrain Park closed.

•Frostfire Ski Area, Walhalla, (701) 549-3600: 24-inch base. Trails open Saturdays and Sundays.

•Huff Hills Ski Area, Mandan, (701) 663-6421: 12- to 28-inch machine groomed, packed powder base with 2 lifts, 1 tow, and 7 groomed and ungroomed runs open. Table tops and rail jump terrain features open on Green Lift area.

•Terry Peak, Lead, S.D.: 18- to 26-inch base with 5 lifts and 13 runs open.

### Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

## DEFENDER HIGHLIGHT



SrA Pedersen  
K9



### THEME SONG

Country Boy Can Survive by Hank Williams Jr

### ACCOMPLISHMENTS

Elected Defender Association (DA) Treasurer  
Elected Minot School Head Start Board Member

### VISION/GOAL

Promote to SSgt in the next 6 months  
Retirement from USAF

### FAMILY

Husband, Father of 3 /Previous US Marines NCO. While in the civilian sector he missed the comradery, professionalism, and esprit de corps of the Military so he re-enlisted.

## ROASTED TERIYAKI WINGS



### INGREDIENTS

- 2 1/2 POUND LARGE CHICKEN WINGS
- 1/2 CUP SOY SAUCE
- 1/4 CUP WATER
- 1/4 CUP BROWN SUGAR
- 2 TABLESPOON RICE WINE VINEGAR
- 2 SCALLIONS
- 1 CLOVE GARLIC, MINCED
- 2 TEASPOON SESAME OIL
- 2 TABLESPOON FRESH GINGER, SMASHED
- 1 TABLESPOON LIGHTLY TOASTED SESAME SEEDS

Cut the wings into three pieces through the joints. Discard the wingtips, or save for chicken stock. Transfer the remaining chicken drumettes and flats to a large resealable plastic bag or a bowl.

For the Marinade: In a small saucepan, combine the soy sauce, 1/4 cup water, brown sugar, vinegar, scallions, garlic, sesame oil, and ginger. Bring to a boil, then reduce the heat and simmer for 10 minutes. Cool completely, then pour over the chicken wings. Seal the bag and refrigerate for several hours or overnight.

Drain the wings, discarding the marinade (or boil down into a thick sauce to glaze wings with later). When ready to cook, set Traeger temperature to 350°F and preheat, lid closed for 15 minutes.

Cook for 45 to 50 minutes, or until the skin is brown and crisp and the meat is no longer pink at the bone. Turn once during the cooking time to prevent the wings from sticking to the grill grate.

Remove from grill. Sprinkle with sesame seeds to serve. Enjoy!



Ryan Davy - GM  
Minot

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*Vehicle maintenance tasks drivers don't want to overlook*

Savvy drivers recognize that maintenance is essential to keeping their vehicles running strong for years on end. Such maintenance ensures vehicles are safe to take out on the road, and basic upkeep also protects drivers' financial investments in their cars and trucks.

Drivers who are not mechanically inclined tend to put their vehicles in the hands of a trusted mechanic to perform routine maintenance like oil changes. But there's a host of simpler vehicle maintenance tasks that drivers don't want to overlook, some of which can be performed without visiting the auto body shop.

• **Brake inspections:** Brake inspections are best left to the professionals, who can check the thickness of brake pads and look for other indicators of excessive wear. The automotive resource Cars.com recommends having brakes inspected during routine

tire rotations, which many automotive professionals suggest should be done every six months.

• **Car wash:** Car washes might not be the first task drivers associate with vehicle maintenance, but they can prevent long-term damage to cars and trucks. Damage from bird droppings and road salt and ice melt products in the winter can damage a vehicle's paint job and its undercarriage. Wash the car on your own at home or visit a professional car wash to perform this simple yet vital maintenance at regular intervals and whenever you notice significant buildup of dirt and grime on the car's exterior.

• **Air filter:** The air filter on a car or truck prevents debris, dirt and other contaminants from getting into the engine. The auto insurance experts at Allstate® advise drivers to inspect their vehicle air filters once a year.

Air filters in need of replacement may appear dirty, and reduced fuel economy, unusual engine sounds and reduced horsepower are some other potential indicators that an air filter needs to be replaced.

• **Windshield wipers:** Windshield wiper blades are easily overlooked, but various automotive experts recommend replacing wiper blades every six to 12 months. Old wiper blades won't perform at peak capacity, dramatically reducing visibility during heavy rain and snowstorms. Anyone can replace their own windshield wiper blades in a matter of minutes, and new blades won't break the bank.

Vehicle maintenance is not exclusive to tending to what's under the hood. Keeping a car running smoothly for years involves routine tasks that many drivers can perform without professional assistance.

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**MINOT AFB TACTICAL RESPONSE FORCE (TRF):**  
 15 students across 20th Air Force attended the first-ever Air Force Rope Master course hosted by Frontier Defenders at Camp Guernsey. These students were trained over 50 hours and are now certified as a rope master, rappelling safety officer, belayer, belay NCO, lane NCO, and roper. They are proficient at tying knots, tower hookups, equipment and personnel inspection, fast roping, night rappelling, and required safety measures. After this course these Defenders can successfully train their own units to bring the command's new rappelling and fast rope guidance online! TSgt Paczesny, TSgt Abner, SrA Palchik and SrA Valderrama are spearheading this initiative for Team Minot with SrA Palchik and SrA Valderrama being recognized as Top Grads!!

91ST SECURITY FORCES GROUP PHOTOS



<p><b>EVERYDAY HAPPY HOUR - 3PM - 6PM</b></p> <ul style="list-style-type: none"> <li>\$2 off All Apps</li> <li>\$3 House Wine &amp; Domestic Pints</li> <li>Bavarian Pretzels with Beer Cheese Sauce</li> <li>\$4 Rail Drinks, ND Brewery Pints &amp; 22oz Domestic Taps, 4 Lettuce Cups</li> <li>\$5 Moscow Mule</li> <li>\$6 Specialty Cocktails, Martinis &amp; 22oz ND Breweries Taps</li> <li>½ Flat Bread Pizza</li> </ul>	<p><b>DAILY SPECIALS</b></p> <ul style="list-style-type: none"> <li>Monday \$5 Moscow Mules (all day)</li> <li>Tuesday \$4 ND Breweries (all day)</li> <li>Wednesday ½ Price Wine by the glass/bottle (all day)</li> <li>Thursday \$1 up for all Tall Taps (all day)</li> <li>Sunday BRUNCH (11am-2pm)</li> <li>\$7 TSR Bloody Mary &amp; Caesars</li> <li>\$12 Bottomless Mimosas</li> <li>\$6 Breakfast Shots</li> </ul>	<p><b>FAMILY PACKS</b></p> <ul style="list-style-type: none"> <li>Monday Pizza Pack Combo</li> <li>Tuesday Sandwich Pack</li> <li>Wednesday Chef Creation*</li> <li>Thursday Pasta Pack</li> </ul> <p><small>*Changes Weekly - Check our Facebook Page</small></p>
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**NOTES ON BEING SAFE**

# USING A SNOW BLOWER SAFELY

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Every year snowblowers are one landscaping tool that seem to virtually fly off the shelves; particularly as heavy snowfalls begin to land. While snowblowers may be a popular tool; ranging from light duty all the way up to heavy duty machines capable of clearing small parking lots, one consideration that many prospective snowblower owners do not take into consideration is safety. As the snow gets deeper, the number of snowblower-related injuries increases. Snowblowers are potentially dangerous machines that need to be used carefully and with respect for their moving parts.

There are two basic types of snowblowers. A single-stage blower whirls the gathering/blowing auger at a very high speed. The slower-moving gathering auger of the two-stage blower has more power. When a hand or foot is caught in any part of the snowblower, serious injury is likely. Keep all shields in place and keep hands and feet away from all moving parts.

The snowblower operator must be responsible for everything that comes out of the machine's chute, including the snow discharge and any object the blower may pick up. Objects other than snow will usually be thrown farther than the snow discharge, so be alert to where the discharge chute is directed. If a snowfall is predicted, inspect the area to be cleared of snow and remove objects that may cause personal injury, property damage or damage to the machine. Check the area again before operating the blower.

The small engine that powers a snowblower is also a source of risk. It is powerful enough to inflict serious injury, it produces toxic fumes that can be fatal, and the fuel presents a fire hazard. Electric snowblowers have their own hazards. The electric motor is powerful enough to cause injury, and the addition of electricity is another potential hazard. Always know where the cord is when using an electric snowblower. If the electric cord becomes caught in the machine and is severed, sever shock or electrocution can result.

To ensure optimum and safe performance, keep the snowblower in good condition. Check the engine oil level before starting. Check the adjustment and operation of the clutch, blower system, and chute positioning before each operating session. Even the tires need proper inflation for good performance. Be sure that the power cord of an electric snowblower is in good condition. Know how to stop the machine quickly and shut the engine off.

Before allowing a youngster to handle snow removal, carefully consider the young person's age and maturity. Physical ability to handle the machine is important, but so are maturity and the ability to make good judgment decisions. Personal injury and property damage can easily result from errors in judgment.

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Fact File	
Life Span	25 years
Weight	6 - 8 pounds
Height	3 1/2 feet
Wing Span	6 1/2 feet
Wild Diet	(Swallows) Centaurea Herbaceous Insects, Reptiles, Small Mammals, Grasses, Grains



### WORD SCRAMBLE

Rearrange the letters to spell something pertaining to agriculture.

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Answer: Farmers

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We showcased some deserving Shadow Warriors (plus one honorary Shadow Warrior!) with decorations, promotions and awards but also said hello to our newest Shadow Warriors and bid a farewell to those that are departing for their next duty location! Keep up the great work everyone! More photos can be found on the 891 MSFS Shadow Warriors Facebook page.

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# Upcoming Events

**5-6 FEB** **TUBE RENTALS AT THE SOURIS VALLEY SLEDDING HILL**  
12:00 PM - 4:00 PM  
Souris Valley Golf Course  
2400 14th Ave SW, Minot

Open Saturdays & Sundays noon - 4pm  
Enjoy sledding at Souris Valley Golf Course during the winter months (as weather allows!)  
The cost to rent is \$5 and a parent or guardian must sign a waiver before use.  
Souris Valley Golf Course is located at 2400 14th Ave SW.  
See website for more details <https://minotparks.com/outdoor-rinks/>



For more information:  
Facebook Event / Tube Rentals at the Souris Valley Sledding Hill

**10 FEB** **GALENTINES 3RD ANNUAL EVENT**  
4:00 PM - 8:00 PM  
Rae Creates Rentals  
305 4th Ave NE Unit A, Minot

Galentine's celebration! This is our 3rd year putting on this fun event to celebrate the special ladies in your life! Please join us for local shopping from talented makers, diy hat bar, snacks, drinks, laughs, love & photo ops!



For more information:  
Facebook Event / Rae creates rentals warehouse

**10 FEB** **GALENTINES NIGHT OUT**  
4:00 PM - 8:00 PM  
The Market on 4th  
1900 4th Ave NW, Minot

Join us for a fun Galentine's Ladies Night Out!

- Exclusive Event Discounts
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For more information:  
Facebook Event / The Market on 4th

**10 FEB** **DATE NIGHT AT MAIN STREET BOOKS**  
6:00 PM - 8:00 PM  
Main Street Books  
8 Main St S, Minot

We'll guide you through a unique scavenger hunt experience where you can learn even more about each other through the love language of books. Tickets are \$20 per couple! Purchase at eventbrite.com  
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For more information:  
Facebook Event / Date Night at Main Street Books

**12-13 FEB** **MINOT FLEA MARKET**  
8:00 AM - 4:00 PM  
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For more information:  
Facebook Page / Dakota Flea Market

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# AFGSC Applying the Art of the Possible

WILLIAM TSAO, 1ST LT. KAYLIN HANKERSON, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

The Air Force Global Strike Command Office of Logistics and Engineering (AFGSC/A4) has a reputation for rapidly testing new ideas and driving innovation that takes Air Force Global Strike Command to the next level. One of the latest ways AFGSC/A4 is innovating is by investing in the application of the Art of the Possible.

Based in a wealth of knowledge and experience from across the ranks of the Air Force, AoP is a concept that standardizes a process, identifies a system's constraints, and helps users manage their process optimally; the concept has quickly become something leaders see value in adopting.

To lead AFGSC's implementation of AoP, the A4 staff recruited expert, William Tsao from Robins Air Force Base to lead the way. "AoP is a game changer," Tsao said. "It's a constraint-based management system that I've seen lead to huge gains in productivity during my time at Robins and the best part [about AoP] is the standardization, ownership, that shops have over the system."

One AFGSC shop in particular that has seen success with AoP implementation was the Wheel and Tire shop, from the 2nd Maintenance Squadron at Barksdale Air Force Base.

When the Wheel and Tire shop began their AoP journey, there was a healthy level of skepticism, but innovation won in the end. "It [skepticism] was totally understandable; as humans, we tend to be naturally resistant to change," Tsao said. "The team at the 2 MXS was very accommodating and interested in doing things differently because through the training they too saw that AoP could be value added to the mission."

One of the key principles behind AoP is limiting work-in-progress (WIP) so it does not overwhelm processes. Through AoP, the Wheel and Tire shop was able to determine an appropriate WIP level as well as break up their process in to smaller, more manageable segments. The latter is better known as gating, and the grouping of similar work within a process machine's overall flow helps a shop manage the process via smaller buckets of work.

"There were some growing pains much like any new effort," Tsao said. "One of the technicians, Tech. Sgt. Keith Jackson, initially didn't 'buy' the WIP the calculations came up with, he even tried to beat the calculations only to later find that it took about 20 minutes longer doing it his way. After that experiment, Tech. Sgt. Jackson was sold and became one of the biggest advocates for AoP."

The impact of AoP on the Wheel and Tire shop has allowed them to stabilize their workflow, resulting in over 1,900 man-hours saved per year and a 23 percent reduction in overall flow-time. Another positive effect found was an increase in process consciousness for the shop, which led to the identification of several Continuous Process Improvement initiatives to be tackled.

With hard numbers and the successes from the 2 MXS, senior leadership was briefed and it was decided that the next stop for AoP implementation was north to Minot Air Force Base, North Dakota.

"It was a logical next step for us to spread the knowledge and to standardize shops within the command that supported the same mission," said Tsao.

The Wheel and Tire shop within the 5th Aircraft

Maintenance Squadron at Minot was able to replicate the successes seen at Barksdale; Tiffany Steele, Staff Sgt. Jacob Hatch and Tech Sgt. Jeston Jump were a few of the individuals who helped lead Minot's AoP implementation. Within a few weeks, the 5 MXS saw a 50 percent reduction in their flow-time.

The AFGSC 2022 Strategic Plan was recently released, and one of the lines of effort is modernization; AFGSC senior leadership is calling for creative, forward-thinking and outside-the-box ideas to improve the force. The implementation of AoP and the improvements it brings the mission is exactly the type of innovation leaders envision will modernize the command for the battles of today and tomorrow.

"Innovation is a crucial part of our Modernize line of effort," said Lt. Gen. Mark Weatherington, Air Force Global Strike Command deputy commander. "The command is committed to investing in Strikers' innovative ideas and applying new concepts so that we can maintain our competitive edge."

In the near future, an AoP handbook will be released to all AFGSC units to educate and inspire others to implement the concept within their own shops and work areas.



A white board, located in the 2MXS Wheel and Tire backshop, breaks down how the application of Art of the Possible concept has improved processes, decreased workflow time and saving man-hours.

AIR FORCE COURTESY PHOTO

"My goal is to guide and help all of our leaders be able to implement AoP in their operations because the best part of my job is seeing the lightbulb come on after they see the

concept, the training and the scenarios in action," Tsao said.

For more information or assistance with AoP, feel free to contact Tsao at william.tsao@us.af.mil.

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# Executing mission, fostering innovation, making history: Barksdale's first ACE exercise

AIRMAN 1ST CLASS WILLIAM PUGH, 2ND BOMB WING PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, Louisiana --

On Jan. 11-12, 2022, Barksdale executed an Agile Combat Employment exercise that sent two B-52H Stratofortresses to Blytheville—marking the first time the BUFFS have returned to the area since the closing of Eaker AFB, Arkansas, nearly 30 years ago.

Conducting the bomber ACE operations provided an opportunity for Barksdale Air Force Base, Louisiana, to apply and practice strategic maneuvers designed to operate not just at U.S. and ally military installations, but nearly any austere airfield worldwide.

## A WEALTH OF STRATEGIC OPTIONS

A new age demands new strategies. The goal of ACE is to provide mobile, decisive counter attack options in order to be prepared for any contingency.

The defining factor in ACE is that it enables the U.S. Air Force to use nearly any airfield in the world as a temporary base to repair and rearm aircraft, greatly widening their threat range.

In a world of constantly shifting geo-political fronts, ACE provides a proactive approach to provide force multipliers to any combat theater.

The Pacific continues to cement itself as a region of escalating tension and opposing forces continue to grow their influence in the area. The pressure is on the U.S. and its allies to respond accordingly.

"How many small islands with 10,000 foot runways exist out there," asked Capt. Adam Carr, 2nd Bomb Wing weapons officer. "That's the fight that the B-52 is preparing for."

As such a flexible concept, ACE challenges predictability. Whereas heavy bombers were previously limited to military installations, integrating ACE enables them to appear nearly anywhere.

"By having a more lean and agile force that can deploy out of various locations, it makes us a much harder target for the enemy to strike," said Carr.

Within a few hours, B-52s can land at a location, receive repairs, resupply and be back in

the air before an adversary can pinpoint their location. With warfare innovations such as ACE, the U.S. Air Force limits the impact that enemies can have on those operations.

## AN OPPORTUNITY FOR INNOVATION

While the ACE deployment strategy is nothing new to the U.S. Air Force, adding the B-52 to the equation is.

The 5th Bomb Wing at Minot Air Force Base, North Dakota, recently executed the ACE concept in December of 2021, flying their bombers to Canadian Forces Base Shilo, Manitoba, then landing at Edwards Air Force Base, California, to be rearmed before returning to Minot AFB.

However, Barksdale's approach was a little different.

Instead of a military installation, Barksdale rearmed its bombers at a rural airfield. With the help of two C-130 Hercules from Dyess Air Force Base, Texas, a small footprint of personnel and supplies were transported to assist the B-52s, mimicking what they would encounter in a real world situation.

"This is a directive from [Air Force Chief of Staff Gen. CQ Brown, Jr.] all the way down," said Carr. "Through every level of the Air Force, we're figuring out how we want to implement ACE."

The concept has been experimented with in the bomber community since 2019 and began seeing integration in early 2020.

This ACE exercise also incorporated an innovative new communication kit called a GoComm. The communication kit is a project started by Senior Airman Jordan Heck, 7th Bomb Wing client systems technician, to provide seamless Wi-Fi internet communication in locations where not otherwise possible.

"This kit uses cellular or satellite commercial internet and from there we connect it to a high quality mesh Wi-Fi network," said Heck. "We can provide non-secure internet protocol router connection as well as software downloads that

the aircrew might need."

Aircrews conducting ACE operate in remote locations, where portable communication infrastructures do not exist. ACE requires resilient communication to function in denied, disconnected, intermittent or limited bandwidth environments. The GoComm assists with such capabilities.

## PAYING TRIBUTE TO A LEGACY

Now serving as an Arkansas Aeroplex, the chosen destination for the ACE exercise was once an Army Airfield turned Air Force Base that housed many aircraft, to include the B-52H Stratofortress' predecessor—the B-52G Stratofortress.

"This complex started as an army airfield back during World War II," said Barrett Harrison, Arkansas Aeroplex president. "After the war, the airfield was closed. Then it was reactivated in the 1950s as an Air Force base."

The installation was a critical asset throughout the Cold War. During the Cuban Missile Crisis, the 97th Bomb Wing went airborne, ready to retaliate should the crisis have escalated.

As the Cold War began to come to an end in the 1980s, discussions surfaced on the possible closure of the base as part of the post Cold War "Base Closure and Realignment Act."

Military officials proposed renaming the base in commemoration of World War II General Ira Eaker, former commander of the 8th Air Force, with the idea that the name would prevent the base's closure by appealing more to military leaders.

However, following the resolution of the Cold War in 1991, Eaker Air Force Base saw official closure in 1992 to reduce strain on defense logistics.

This is Barksdale's first application of ACE, and as leaders imply, the first of many for the B-52. From Barksdale to Blytheville, no matter the scenario, the B-52 will continue to be a symbol of global deterrence, providing weapons on target, on time—anytime, anywhere.



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## 2021-2022 MPS CALENDAR

### IMPORTANT UPCOMING DATES

**February 9**

Early Release Day

**February 18**

Early Release Day

**February 21**

P/T Comp Day - No School

**March 9**

Vacation Day - No School

**March 10 & 11**

Spring Break - No School

February 2022							19 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28						

March 2022							20 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

- PD Days - contracted days
- Vacation Days - not contracted day
- Early Release Days - 1:15pm
- Holidays
- Parent/Teacher Comp Days



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# YOUTH IN ACTION

## Minot State Fall 2021 VPAA and Engagement Honor Roll

MINOT STATE UNIVERSITY

MINOT, N.D. – Minot State University announced a total of 317 students were named to the Vice President for Academic Affairs' Honor Roll for Fall 2021 and 15 students earned a spot on the Engagement Honor Roll.

Students who earned a term grade point average of 3.5-3.79 while enrolled for 12 or more credits during the Fall 2021 semester were named to the VPAA list. The honor will show on the student's transcript for the semester it was earned.

The Engagement Honor Roll is an opportunity for Minot State University undergraduate students to receive recognition for the engagement activities they participate in while a student at MSU, through inclusion of this distinction on their transcripts. Students must complete a minimum of 50 hours, verified by supervisors, in any combination of engagement activities in order to be recognized during any given term.

"It's my pleasure to announce the Fall 2021 Vice President for Academic Affairs and Engagement Honor Rolls. The students on these two honor rolls showed their dedication and determination during another not-quite-normal semester. I congratulate each and every student who consistently showed up, put in the work, and earned the grade. Bravo!" said Laurie Geller, Minot State vice president for academic affairs.

### ENGAGEMENT HONOR ROLL

#### MINOT

Mandi Carroll, Tia Haskins, Melanie MacPherson, Shelby Stuckey

#### MINOT AFB

Jenna Metcalf

### VPAA HONOR ROLL

#### MINOT

Tessa Abel, Paige Ackerman, Courtney Ahmann, Ashlyn Almy, Aydan Almy, Luke Anderson, Monica Anderson, Kelby Armstrong, Skylar Arnold, Marie Audet, Mikaylee Bahl, Wesley Baird, Misti Barber, Madison Barker, Colton Bartuska, Mikkel Benjamin, Taylor Benjamin, Caitlyn Bertsch, Brekka Blessum, Benjamin Bohl, Averi Bradley, Geena Broadwater, Larissa Bulow, Autumn Burns, Eva Burns, Alicia Busch, Lauren Busch, Robert Campbell, Hannah Candrian, Reno Carmona, Ashley Chabot, Shelby Chips, Jordyn Clapper, Hunter Clark, Cole Clementich, Makenzi Collins, Mason Collins, Megan Combs, Adonai Crespo, Gabrielle Deatherage, Dylan Debold, Cassidy Dupay, Nicholas Effertz, Alyssa Enns, Shelby Eslinger, Jayden Frantsvog, Sydni Gartner, Samuel Goodman, Maycee Gutierrez, Blake Guttormson, Jenna Hardy, Tate Haskins, Madeline Hedberg, Keegan Henjum, Karisa Holzer, Alex Jimenez, Aubrey Johnson, Devan

Johnson, Hayden Johnson, Je-Mario Jones, Isaac Keller, Megan Klebe, Kacie Klein, Jamey Kragh, Devin Kramer, Josie Kramer, Ally Ladner, Britney Langan, Otto Langhans, Jeremy Larson, Iyanna Latimer, Gattlin Ledoux, Jocelyn Lucy, Sebastian Machado, Hanna Mackeprang, Jodi Magnuson, Clayton Mantz, Casey McMahon, Joanna Miller, Chryxaunna Moolenaar, Tanner Mosser, Nicholas Murphy, Olivia Nelson, Rebecca Nord Jr, Bailey Nordgaard, Haley O'Connor, Joel Ortiz Diaz, Ifeoma Osuala, Hannah Pederson, Taliyana Perez, Addison Peterson, Hannah Peterson, Melissa Podruchny, Aubrey Porter, TJ Reyes, William Ringham, Maia Robertson, Caylie Rogers, Jaycie Rostad, Sealy Rovig, Megan Schepp, Jordan Sibold, Ashley Simpson, Frances Sipin, Miya Smalls, Destiny Smestad, Amanda Spelhaug, Christopher Stack, Carley Stewart, McKayla Stolba, Audrey Sundahl, Leigh-Anne Tellado, Reese Terrel, Brennan Thompson, Gabrielle Thompson, Gabriel Thongphet, Starr Vilandre, Drew Ward, Shayla Weinand, Taylor Wetzel, Adisynn Widdel, Brittany Winnett, Sarah Yeater

#### MINOT AFB

Arleen Ayala, Madison James, Nerisa Jeong, Ivy Ozanic, Mackenzie Schwaller, Haley Wood

## Minot State Fall 2021 President's List

MINOT STATE UNIVERSITY

MINOT, N.D. – Minot State University announced a total of 433 students were named to the Fall 2021 President's List, according to Minot State President Dr. Steven Shirley.

Students who earned a term grade point average of 3.8 or higher while enrolled for 12 or more credits during the Fall 2021 semester were named to the list. The honor will show on the student's transcript for the semester it was earned.

"It is a wonderful privilege recognizing our highest academic achievers at Minot State University through the President's List. To these elite students I offer a sincere word of 'Congratulations' and 'Job well done' for their wonderful accomplishment," Shirley said.

#### MINOT


Benjamin Aasen, Noah Abel, Leah Aberle, Lauren Anderson, Augustus Arcon, Mariah Arlien, Melissa Axelson, Alex Axtman, Leah Azure, Rebekah Barnum, Megan Bartsch, Julia Beck, Megan Bender, Jillian Berthiaume, Eva Bloom, Kendal Braun, Casey Brey, Riley Brodal, Katyrie Brown, Phillip Buckles, Austin Burckhard, Samuel Burckhard, Darice Burdick, Heili Burgardt, Grace Candrian, Mandi Carroll, Elizabeth Castro,

Nolan Compere, Emily Couse, Samantha Creighton, Devon Dahlien, Brett Davis, Kelcie Decker, Joseph Dixon, Alyssa Doering, Joshua Duke, Timothy Engh, Norlyn Evans, Trae Farren, Kilee Fehd, Savannah Fix, Ashley Flaten, Courtney Flom, Quaid Frantsvog, Jennifer Gasser, Connor Green, Jaxon Gunville, Alexis Haider, Bradyn Halseth, Ross Hardy, Marissa Harper, Tia Haskins, Faith Hauck, Maxine Hauser, Faith Hegstad, Hannah Heisler, Andrew Hess, Jill Hoffman, Kelsee Hoyt, Tia Hummel, Trent Hunskor, Abagale Huschka, Leigha Jacobs, Matthew Jenkins, Iris Jessen, Jordan Johnson, Jacob Keeling, Autumn Keener, Noah Keller, Riley Keller, Jessica Kesler, Elise Klein, Kimberly Knispel, Chauncey Knittel, Rebecca Kostenko, Eden Kramer, Nora Kramer, Brittney Kuklis, Christina Larsen, Casey Larson, Michaela Larson, Alexis Leier, Tanner Lembke, Cierra Mariner, Clayton Markley, Gwen Mathews, Melissa McGraw, Madalyn Meagher, Eleanore Messmer, Macey Miller, Ana Morelli, Jessica Morey, Arik Napoles, Kiya Neely, Lori Nehlsen, Allie Nelson, Brooke Nelson, Sydney Nelson, Brynn

Neumann, Aiden Nordloef, Joree Obergfell, Maximilian Olthoff, Oluchi Onyebuchi, Den Ortiz, Paolo Panales, Peter Panales, Abby Pankow, Kellen Peat, Branden Pelzer, Lauren Picard, Noah Ploof, Ensley Poindexter, Ryleigh Poppinga, Aliaksandra Presniatsova, Joel Ramnath, Alyssa Ramsey, Danica Rumney, Jordan Sailer, Alessandra Sams, Hannah Schaan, Annie Scheeler, Emily Schmidt, Dinah Seastrand, Melanie Segura, Samantha Senger, Brynn Sidener, Brinlee Sisk, Nicholas Snodgrass, Macee Sortland, Lyndsey Spelhaug, Joy Springer, Emily Steenstrup, Shelby Stuckey, Devany Stutlien, Keegan Summers, Reese Sys, Jeremiah Talley, Jihao Tao, Mya Temanson, Dylan Thomas, Stefani Thomas, Brenna Tschetter, Madelaina Underwood, Bobbi Van Dyke, Aubree Vendsel, Anayensi Vidro, Kylee Voeller, Sophie Wedar, Misty Weed, Katherine Werner, Kaylie White, Ethan Wiley, Abigail Wilhelmi, Jordan Will, Jacob Williams, Micah Winburn, Crystal Wing, Courtney Zaback

#### MINOT AFB

Whitney Babbitt, China Bailey, Taylor Clark, Kira Knox, Sarah McAlpin, Jenna Metcalf, Margaux Sedlik, Stacey Stephenson



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# BABY ANNOUNCEMENTS

**BABY BOY BORN ON MONDAY, JANUARY 24, 2022 TO: JADE AND BRANDON GARDNER MAFB, ND**


**BABY GIRL BORN ON WEDNESDAY, JANUARY 26, 2022 TO: JENNIFER AND JEFFREY PARRISH MAFB, ND**

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com). Please include your name and the birth date of your baby. Baby listings will come from Trinity.

## A LOOK BACK THIS WEEK IN USAF HISTORY

### USAF AIRLIFTS SUPPLIES TO NEW ENGLAND AFTER DEVASTATING BLIZZARD

FEBRUARY 8-17, 1978



In early February 1978, a massive blizzard blanketed New England in 27 or more inches of snow accompanied by winds up to 90 miles per hour. Approximately 54 people from Massachusetts, Connecticut, and Rhode Island died as a result of the storm, and nearly 2,100 coastal homes were destroyed. On February 8, 1978, Air Force cargo aircraft from units across the country began flying Army personnel, snow removal equipment, and other resources to the areas affected. Over the course of the next week, Air Force C-5s, C-141s, and C-130s airlifted over 1,000 personnel and 2,339 tons of snow removal equipment to the New England area. Equipment included generators, communications equipment, bulldozers, and more. The mission, named after a similar operation in Ohio just a week prior, was called Operation Snow Blow II.

Information courtesy of: [media.defense.gov](http://media.defense.gov) (The United States Air Force and Humanitarian Airlift Operations by Daniel Haulman) / [www.newengland.com](http://www.newengland.com)

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# Australia, Japan, US converge on Guam for Cope North 22

PACIFIC AIR FORCES PUBLIC AFFAIRS

JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- Air forces from Australia, Japan, and the United States will participate in Cope North 2022 (CN22) Feb. 2-18, 2022, a humanitarian assistance and disaster relief (HA/DR), large force employment, and aerial combat training exercise.

The exercise kicks off with a HA/DR training event to reinforce the three countries' combined ability, and interoperability, to support the Indo-Pacific region during a natural disaster. Operations will take place at Andersen Air Force Base and Northwest Field on Guam; the Commonwealth of the Northern Mariana Islands, including Rota, Saipan, and Tinian; Palau; and the Federated States of Micronesia.

Fighter aircraft from the U.S. Air Force, Japanese Air Self-Defense Force (JASDF), and

Royal Australian Air Force (RAAF) will conduct aerial refueling, close air support, and counter-air missions. These training missions will conclude with a large force employment exercise designed to enhance readiness and interoperability among the three countries.

Participants will also exercise Agile Combat Employment, or ACE, concepts during Cope North 22. ACE is Pacific Air Forces' model to project combat power via a network of distributed operating locations throughout the Indo-Pacific. Over 2,000 sorties are planned for CN22 across seven islands and 10 airfields.

More than 2,500 U.S. Airmen, Marines, and Sailors will train alongside about 1,000 combined JASDF and RAAF counterparts in CN22. Approximately 130 aircraft from over 30 units will fly in the exercise.

Eight additional countries will be sending 16 officers to participate in the International Observers Program, which gives international field grade officers the opportunity to observe key parts of the exercise in the hope that they will participate with aircraft in the future. France and India are both participating in Cope North this year—with India participating for the first time ever—after having observed the exercise in previous years.

Established in 1978 as a quarterly bilateral exercise held at Misawa Air Base, Japan, Cope North moved to Andersen AFB in 1999. It is U.S. Pacific Air Forces' largest multilateral exercise.

For more information about Cope North and U.S. Pacific Air Force's participation, call U.S. Pacific Air Force Public Affairs at (808) 448-3225 or (808) 221-6148.

**STARTS FRIDAY**

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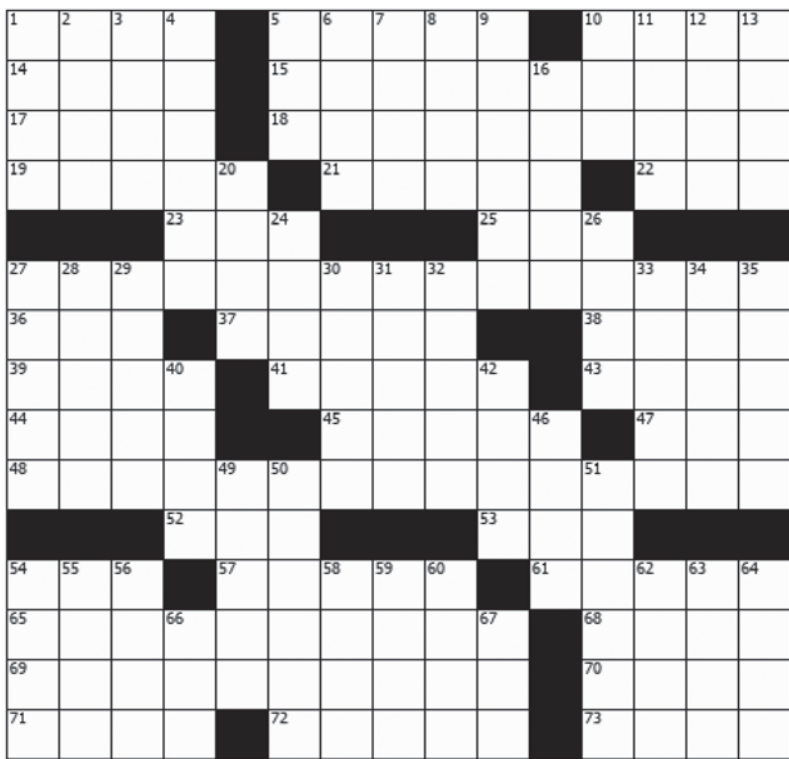
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# CROSSWORD PUZZLE

**Across**

- 1. Agnetha, Bjorn, Benny and Anni-Frid
- 5. Putting to work
- 10. Regarding
- 14. Spoils
- 15. Amos or Andy, e.g.
- 17. Expression of concern
- 18. Part 1 of a quip
- 19. 1983 Keaton film
- 21. Barcelata's "Maria \_\_\_"
- 22. Employ busily
- 23. Miss Piggy's favorite word
- 25. "\_\_\_ the season ..."
- 27. Part 2 of the quip
- 36. Yoko
- 37. Kitchen utensil
- 38. "Put ye in the sickle, for the harvest is \_\_\_" (Joel 3:13)
- 39. Quaker leader
- 41. "\_\_\_ too bad"
- 43. Before now, in olden days
- 44. Kett of the comics
- 45. Tapestry
- 47. \_\_\_, Daman and Diu
- 48. Part 3 of the quip
- 52. Female lobster
- 53. Marina \_\_\_ Rey, California
- 54. Word with falling or flat
- 57. Pass into law
- 61. Exercise, as power
- 65. End of the quip
- 68. March Madness org.
- 69. People of the Old Testament
- 70. Do pull-ups
- 71. Piquancy
- 72. Stalks
- 73. Make use of a pawnshop



**Down**

- 1. Styptic pencil ingredient
- 2. Physics Nobelists Niels
- 3. Bust alternative
- 4. Expecting visitors, maybe
- 5. Conjuror Geller
- 6. Umpire's call
- 7. Teen Beat cover subject
- 8. Opera setting for "Aida"
- 9. Choose, as a career
- 10. Serena's serve, sometimes
- 11. Octagonal traffic sign
- 12. Work hard
- 13. Gateway to Paris
- 16. Serve the purpose
- 20. Terrarium growth
- 24. "\_\_\_ ain't broke ..."
- 26. Term for a king
- 27. Dealt with successfully
- 28. And \_\_\_ grow on
- 29. Casino game
- 30. Postsurgical program
- 31. Egg-producer
- 32. Paris subway
- 33. Sign of summer's end
- 34. English racetrack site
- 35. Plant parts
- 40. Humorist Ogden
- 42. Uttered
- 46. Did away with
- 49. American naturalist and explorer William
- 50. Historical chronicles
- 51. Assure, as a pennant
- 54. "Think nothing \_\_\_"
- 55. Heavenly bear
- 56. In tatters
- 58. "This won't hurt \_\_\_!"
- 59. Provide with a summons
- 60. Abound
- 62. Repeat
- 63. Secular
- 64. Like some basements
- 66. GQ for one
- 67. Hissing sound

# SUDOKU

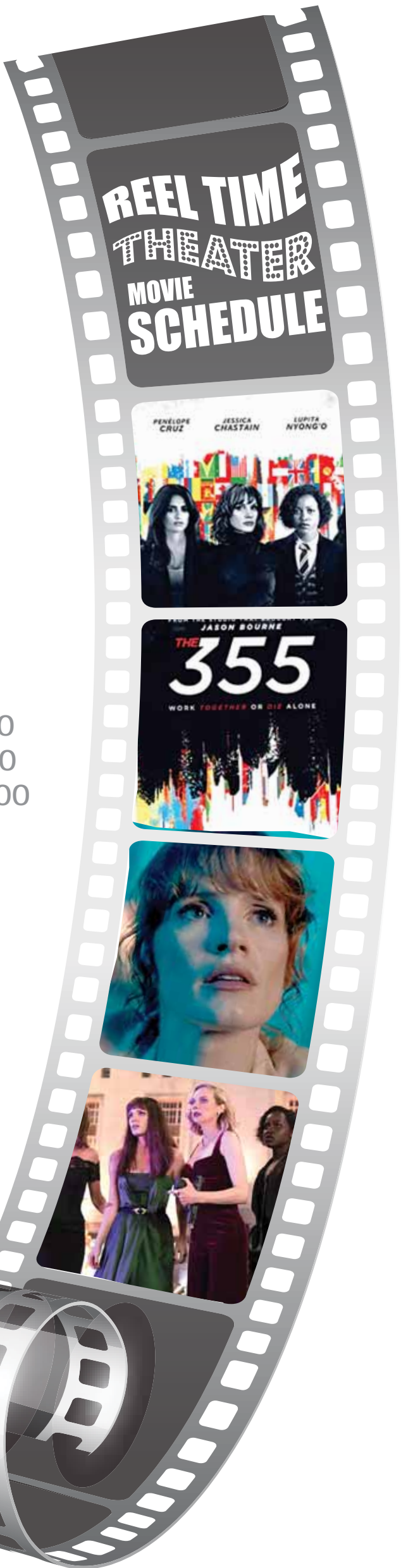
1		2		3		4		5
			4					6
4			7		8			2
	1				3	7		4
	5						3	
7		9	2				8	
8			9		4			7
	7				1			
3		6		7		2		9

Solution to puzzle on page C6

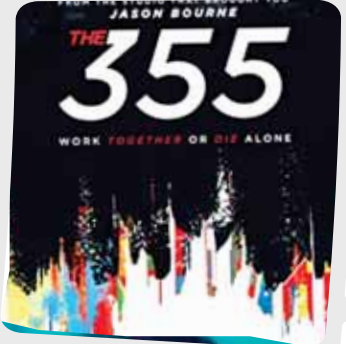
# CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

K	E	P	T		M	A	M	B	A		H	A	R	D
E	A	S	E		A	T	A	R	I		A	L	E	E
A	C	E	R		N	I	T	E	R		R	E	A	L
	H	U	R	R	I	C	A	N	E	W	A	T	C	H
		D	A	B	A					D	O	R	A	T
	T	R	O	P	I	C	A	L	W	A	V	E		
	C	A	N	I	S		T	O	I	L	E		B	I
	B	R	Y	N		S	E	R	V	E		J	U	D
	Y	A	M		M	A	I	N	E		D	A	L	E
			T	O	R	N	A	D	O		A	L	L	E
	G	E	I	S	H	A			X	M	A	S		
	A	L	B	E	R	T	A	C	L	I	P	P	E	R
	M	I	S	T		O	V	O	I	D		E	Y	E
	E	T	E	S		G	E	N	R	E		N	E	B
	R	E	N	E		A	R	E	A	S		O	S	S



## REEL TIME THEATER MOVIE SCHEDULE



FRI., FEBRUARY 4 1800  
 SAT., FEBRUARY 5 1800  
 SUN., FEBRUARY 6 1500

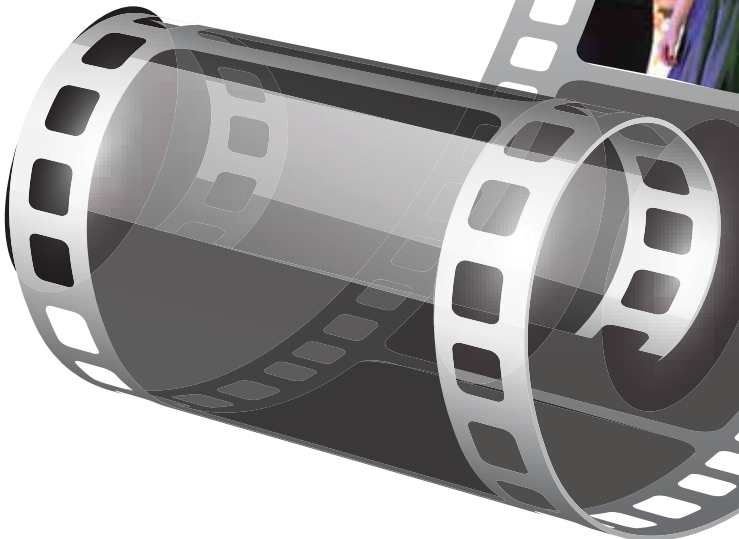
**THE 355 (PG-13)**

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# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Chapel Services at MAFB**  
 Protestant  
 (North Plains Chapel in Base Housing)  
**Sunday Community Service**  
 1030 a.m.  
 (Holy Communion 1st Sunday)  
 Children's Church during school year

*Catholic Mass (Northern Lights Chapel across from Rockers)*  
 Sunday ..... 1000  
 Daily ..... Monday-Thursday at 1200

**St. Peter The Aleut Eastern Orthodox Church**

 **109 6th St. SE**  
**Minot • 838-3094**

**Saturday, February 5**  
 5 PM, No Vespers

**Sunday, February 6**  
 10AM, Congregational Prayer Service

  
**Break Forth BIBLE CHURCH**

Wednesdays 7:00pm  
 and Sundays 10:30am

**1821 W Burdick Expressway**  
 For More Information:  
**701.353.9337 | www.bfbc.tv**

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
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Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.

**www.trinitychurchminot.org**

  
 Worship Service at 10:45am Sundays  
 Sunday School at 9:45am

**1720 4th Ave NW, Minot**  
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**MinotBibleFellowship.org**

  
**Faith United Methodist Church**

**5900 Highway 83 N, Minot**  
**www.faithumcminot.com**

**Pastor Ken Mund**  
**701-838-1540**

Sunday School (All Ages): 9:45 a.m.  
 Sunday Coffee Fellowship: 10:30 a.m.  
 Worship Services: Sunday 11 a.m.

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**Cornerstone Presbyterian Church**

**1000 NE 3rd Street**  
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**Sunday Schedule**  
 Contemporary Worship ..... 9:00am  
 Sunday School (All Ages) ..... 10:00am  
 Traditional Worship ..... 11:00am

**Wednesday Evening Schedule**  
 Community Dinner ..... 5:30-6:30pm  
 Contemporary Worship ..... 6:30pm  
 Youth Group & Small Groups.. 7:15pm

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**Rev. Brian Doel**

**SUNDAY MORNING**  
 Worship Services  
 8:15, 9:30, & 11:30 am  
 Sunday School  
 Age 4 - Grade 12  
 9:30 am (Sept-May)  
 Adult Bible Study  
 9:30 am

  
**St. Mark's Lutheran Church**  
 Missouri Synod

**Sunday Worship**  
**9:30 AM**

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**Immanuel Baptist Church**

**1615 2nd St. SE, Minot**  
**701-839-3694**

**Sundays:**  
 9:00 am.....Fellowship  
 9:15 am.....Sunday School  
 10:30 am.....Worship

**Wednesdays:**  
 11:30 am..... Soup Kitchen  
 5:30 pm.....Family Supper  
 6:30 pm..Preschool/Kids' Club/ABY  
 6:30 pm..... Adult Bible Study

**www.ibcminot.org**  
 e-mail: immanuel@srt.com


**Minot Baptist Church**

 Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship .....6:00 p.m.  
 Wednesday Evening.....7:00 p.m.

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**500 46th Ave NE • 839-1351**  
 Pastor David Miller

**St. John the Apostle Catholic Church**

  
**2600 West Central Ave • Minot, ND 58701**  
**839-7076**

Daily Mass Schedule:  
 Tuesday ..... 5:15 p.m.  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.


*Fr. David A. Richter, Pastor*  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW  
 852-4853

Sunday Worship  
 9:30 am

**www.firstlutheran.tv**  
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 Radio Broadcast KRRZ 1390AM  
 Sunday 9:30 am  
**www.flcminot.com**

Pastor Brandy Gerjets • Pastor Ellery Dykeman

  
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**KHRT 1320: 9 a.m. Sunday**

**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour .....6:30 p.m.**  
**Evening Worship .....7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed)....7 p.m.**  
**Prayer (Friday) .....7 p.m.**

  
**JOURNEYCHURCH**  
 ASSEMBLY OF GOD

**1805 2nd St. SE**  
**838-1111**

**Sunday Services**  
 8:30 AM  
 10:00 AM  
 11:30 AM

**Wednesday**  
 6:30 PM

**Apostolic Faith Church, UPCI**

**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**

  
**Cross Roads Baptist**

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ...6:30 p.m.

**www.minotcrbc.org**  
**email: minotcrbc@gmail.com**  
**Dr. Bob Farmer- Pastor**

**415 28th Ave SE (Behind Menards)**  
**838-1873**

  
**West Minot**  
 Church of God  
 Family Worship Center

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal ..... 5:30p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday ..... 7:00 - 11:00 p.m.  
 ABC Child Care Center .....852-6352

**westminot.com**  
**facebook.com/westminot**

**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**

**Sunday School ..... 9:45 a.m.**  
**Adult/Children Worship.. 11 a.m.**  
**Family Hour .....6:30 p.m.**  
**Evening Worship .....7:30 p.m.**  
**Bible Study/Child-Adult**  
**Children Worship (Wed)....7 p.m.**  
**Prayer (Friday) .....7 p.m.**

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 Sunday School (All Ages) ..... 9:45 a.m.  
 Contemporary Worship Service ..... 9:50 a.m.  
 Adult Sunday School ..... 11:00 a.m.  
 Contemporary Worship Service ..... 11:05 a.m.  
 Children's Church ..... 11:05 a.m.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
 Fridays, Celebrate Recovery ..... 7:00 p.m.

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**Rev. Barry Seifert, Associate Pastor**  
**Pastor Sam Kautzmann, Student Ministries**  
**Elaine Carlson, Children's Ministry Director**

  
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**Revisions MADE UPON NOTICE FROM THE CHURCH**

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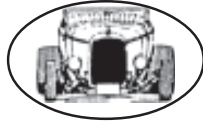
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MINOT AIR FORCE BASE NEWSPAPER  
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## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 7 Feb-10 Apr. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu, office phone: 701-727-9007 or Teams phone: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

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### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. The Spring 2022 semester begins Monday, January 10, 2022. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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# WHAT'S GOING ON MAFB

## FRIDAY 04

- Registration Closes: Youth Basketball at the Youth Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- Game Night Series: StarCraft II, 1800, ESC
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 05

- Barre Strength, 1000, Fitness Center
- Game Night Series: Star Wars Battlefront II, 1800, ESC

## SUNDAY 06

- Zumba, 1400, Fitness Center

## MONDAY 07

- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, In person at A&FRC, online Zoom Meeting
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- Yoga, 1830, Fitness Center

## TUESDAY 08

- TAP (VA), 0800-1600, A&FRC
- Game Day, 1000-1930, Minot AFB Library
- Tactical Fit, 1130, Fitness Center
- Moving Out of the Dorms Budget Class, 1300-1500, A&FRC

## WEDNESDAY 09

- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP (DoL) - Overview, 0730-1600, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Fit to Fight, 1130, Fitness Center
- Yoga, 1200, Fitness Center
- Modern Civilian Resume Workshop, 1400-1600, A&FRC
- Nail Embroidery Class, 1700-1900, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga, 1830, Fitness Center

## THURSDAY 10

- TAP (DoL)— Employment Workshop, 0800-1600, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1130, A&FRC
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Football Fan Day Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Tactical Fit, 1130, Fitness Center
- Kids' Night, 1530-2030, Bomber Bistro
- Magic The Gathering Modern League, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

## FRIDAY 11

- Registration Closes: Ski & Snowboard Trip to Terry Peak, SD at Outdoor Recreation
- Cycle & Strength, 0530, Fitness Center
- TAP (DoL) — Employment Workshop, 0800-1600, A&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- EFMP Kids Craft Activity: Valentines Cards, 1730-1830, ESC
- Game Night Series: Rocket League, 1800, ESC
- Sweetheart Social, 1800-2000, ESC
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 12

- Heart Healthy Cardio Event, 0900-1100, Fitness Center
- Mad Science Party, 1300, Minot AFB Library Facebook Page @minotairforcebaselibrary
- Valentine's Movie Night, 1800, ESC
- UFC 271: Adesanya vs Whittaker, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

## ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Harry Potter Escape Room Game: 5 February – 19 February, Minot AFB Library. Call to reserve a time slot.
- Valentine's Desserts: 10 February – 14 February, Dakota Inn Dining Facility
- Winter Reading Program: 1 December – 1 March, Minot AFB Library
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

**Sweetheart Social**  
11 February 2022 • Youth Center • 6PM - 8PM

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