NORTHERNSENTRY.COM | VOL. 60 • ISSUE 06 | MINOT AIR FORCE BASE | FRIDAY, FEBRUARY 11, 2022

WHATS INSIDE THIS WEEK:



MINOT AFB ECONOMIC IMPACT

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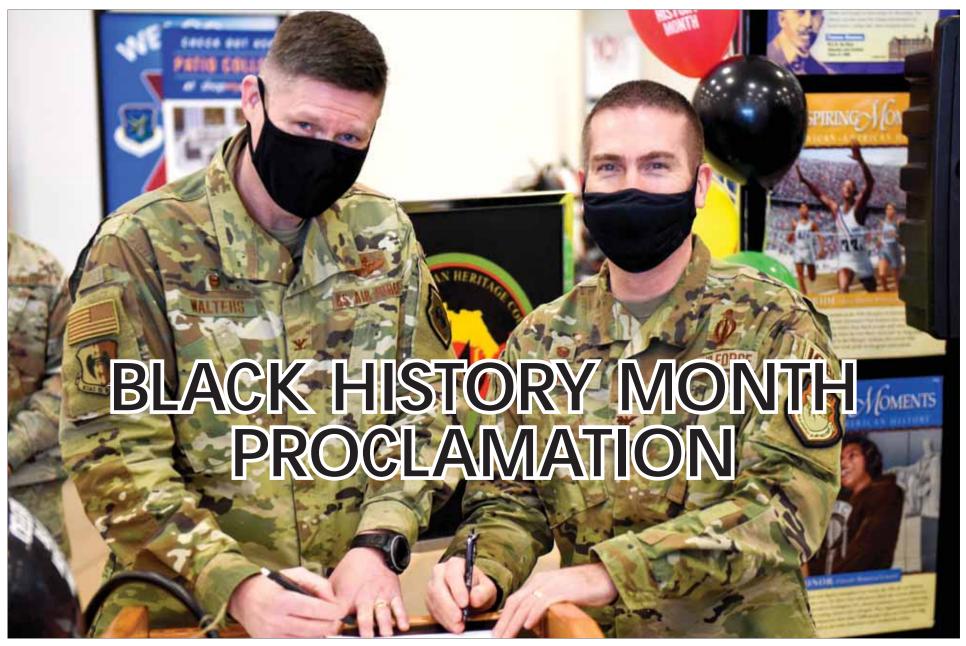
FINDING LOVE IN MEDORA

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C6



Leadership from Minot AFB gather to proclaim the month of February as Black History Month at Minot Air Force Base, North Dakota, Feb. 1, 2022. More coverage on page A2.

U.S. AIR FORCE PHOTO I AIRMAN 1ST CLASS SAOMY SABOURNIN





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BLACK HISTORY MONTH PROCLAMATION

Leadership from Minot AFB gather to proclaim the month of February as Black History Month at Minot Air Force Base, North Dakota, Feb. 1, 2022

AIRMAN 1ST CLASS SAOMY SABOURNIN













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Minot AFB has Economic Impact of \$600 Million on Minot

ROD WILSON, NOTHERN SENTRY

MINOT — Minot Air Force Base has a significant impact on the economy of the City of

Major Andrew J. Webb, of the Budget Office of the 5th Bomb Wing Comptroller Squadron, presented the annual Economic Impact Analysis of the Minot Air Force Base at the monthly Military Affairs Committee meeting on Thursday.

In that report "the most important and impressive number" according to Maj. Webb, "and perhaps the biggest surprise to me, was the total impact to the City of Minot from Minot Air Force Base was \$606,702,866 dollars."

Although the total impact number was down from last year's \$622.3 million, "The reduction was not because or cutbacks," Maj. Webb was quick to point out. Instead, "most of the reduction can be attributed to unfilled positions on the Minot Air Force Base."

Other numbers that Maj. Webb reviewed were the percentage Appropriated Military

Funds, which is the dollars being earned by Active Duty and Reserve personnel. "It was surprising to me, but significant to the City of Minot, the number of the dollars earned by active duty and reserve personnel who live off base. \$310,814,370 dollars, which represents 90% of the total of \$341,832,192 that is earned by Active Duty and Air Force Reserve personnel."

There are a total of 5,707 Active Duty and reserve personnel attached to MAFB. Of those, 4,733 live in non-government quarters. In addition, there are Another category that is tracked

5,633 dependents, 598 civilians, and 397 private business civilians; bringing the total to 12,346 total personnel that are directly tied to MAFB in some form. The final payroll number, which includes all personnel, is \$412,591,019 for fiscal year 2021. The average annual pay for the local community is \$52,484. is the Estimated Annual Dollar Value of indirect jobs created. That number is \$109,114,236.



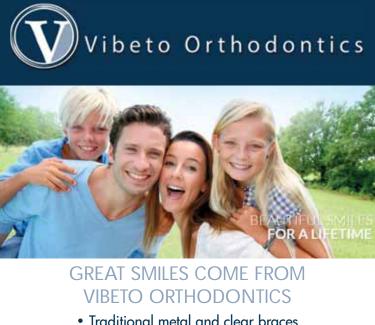
The Minot Police Department hosts National Night Out at Roosevelt Park on August 3, 2021, in Minot, North Dakota. An annual Minot event since 2010, it encourages police-community partnerships and displayed the NorthStar Criticaire helicopter, First Responders, music, games, food, prizes, educational booths, K-9 demonstrations, armored vehicles and equipment from law enforcement agencies including U.S. Air Force Security Forces and Office of Special Investigations.

U.S. AIR FORCE PHOTO I SENIOR AIRMAN MICHAEL RICHMOND

Airmen from Minot Air Force Base and law enforcement officers from the Minot Police Department teamed up in the 2021 Torch Run to support the North Dakota Special Olympics on June 3, 2021, in Minot, North Dakota. Airmen of the 5th Security Forces Squadron and 91st Tactical Response Force rucked the 17.6 mile treck from the Main Gate of Minot AFB to Buffalo Wild Wings in Minot, while Airmen of the 91st Missile Security Operations Squadron and Minot Police Department law enforcement officers ran.

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Take Aim-To Honor Those Who Serve

northern sentry

A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY



In our business we are exposed to some pretty special events, and today I sat and absorbed the details of the Take Aim Shooting event. The date for the event is March 10, and the proceeds go to the Veterans Step Up Foundation. It was Benchmark Mortgage that engaged the Northern Sentry to help with marketing on this event. Here's a few details.

"Benchmark Mortgage presents 'Take Aim' 2022. Give back to those who serve by participating in our local event.

Take Aim 2022 will be held to honor those who serve, whether it be veterans, military, or first responders.

This shooting event will take

place at Spartan Firearms. Join us for appetizers and cash bar at 52 Pine to follow the event for turning in score cards. Teams of 4 allowable. Create your own team name, they can be sponsored or endorsed by a company. Team participant names must be provided and waivers signed by

Funds raised for this event will be used to sponsor the Veterans Step Up Foundation and a local veterans in need.

Watch the Northern Sentry and local social media for more details.

*Guns and ammo are not provided and can be rented at your teams expense if you do not have your own equipment.



THIS GIVING HEARTS DAY, GIVE A HOME **Giving Hearts Day** PROJEC Help someone.



Healthcare Workers Deserve Our Thanks







I write this letter to all of North

Dakota's healthcare workers and

organizations with a message

of hope and health. I/we look

forward to a year ahead, free of

this dark cloak of COVID-19 that

has challenged all of us for the

past two years. All the while,

with the latest COVID-19 variant

moving faster than ever across our nation, including North

Dakota, I am afraid we all still

characterized the Trinity Health member of an organization and

have more work to do. Today, active cases in North Dakota are 7,690, bringing our positivity rate to 17.86%. As of January 25, 2022, more than one million vaccine doses have been administered. There are currently 173 people hospitalized with COVID-19, 128 of those hospitalized are not fully vaccinated.

The monoclonal antibody infusions and vaccines made available over the past year have provided nearly 500,000 residents across the state with essential protection against the virus and deaths, and yet hundreds of thousands more remain vulnerable. As always, the gaps in access to the vaccine and monoclonal distribution and protection against the virus reflect inequities between North Dakota's cities and within other communities across the state.

In my role at Trinity Health, I get to witness the dedication and compassion that has always should be extremely grateful to the individuals, caregivers, and organizations - from critical access hospitals to North Dakota's major health systems around the state - all of whom have been devoted to caring for the health of all North Dakotans. Together, North Dakota's healthcare organizations are using performance improvement science to help their respective systems deliver care safely, reliably, and equitably to their respective patient populations across North Dakota. It is critical for all of us to get our hands around the enormous challenges we face today. All of us among North Dakota's healthcare organizations continue to work tirelessly to honor the trust placed upon us.

Thank you for all that you do to improve the health and healthcare across the state. I understand, and I salute you.

Sincerely, John M. Kutch President & CEO

workforce, and that has been on full display since the pandemic began. As challenging as the last two years have been, I have never been as proud to be a among those who chose healing and protecting as their vocation and calling. All of us across the state

















ED "SARGE" ZILLI CELEBRATES HIS 99TH BIRTHDAY

Several people, including Mayor Shaun Sipma, arrived the morning of February 8 to help Ed Zilli, a veteran of both D-Day and The Battle of the Bulge, celebrate his 99th birthday. Mayor Sipma presented a City of Minot coin to Ed to commemorate the day. Local media ran photos and a story about Ed, and asked people to send the WW II veteran birthday cards. Well over 100 cards, according to Ed's daughter Margie, have arrived and Ed will take his time opening each and every one of them. The Parker Senior Center, where Ed lives, helped celebrate with a cake that was shared to the people who had gathered.

NORTHERN SENTRY PHOTOS I ROD WILSON







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All About Pets





Bringing a new pet home can be a stressful but exciting time in any animal lover's life! Whether it is a cat, dog, guinea pig, or any other animal, every pet has its own needs to feel comfortable in a new situation. Here are a few tips to help make the transition smooth

transition smooth.

• Give your pet some space: it is always important to make sure that your pet has a safe space in your home your pet has a safe space in your home so that they can relax away from some of their major stressors. Especially if adopting an animal from a rescue or rehoming from a long time residence, please keep in mind that your animal will probably be under a lot of stress and may want to hide or be alone. Try to give them a safe space, whether it is a secluded cat room away from your dogs, or a crate in a quiet part to give them a sate space, whether it is a secluded cat room away from your dogs, or a crate in a quiet part of the house (with proper crate training, of course). Many animals prefer to have designated burrow or hiding spots which are essential to their comfort. It's completely normal to want to snuggle up with your pet as soon as you bring them home, but be on the look out for any signs of stress such as lip licking, tense muscles, cowering low to the ground, showing the whites of the eyes, and of course trying to escape. Let your pet come to you on his own time; you can encourage interaction with food or other motivators, but do not force it.

Prepare yourself: it seems pretty obvious that you would want to have all the supplies needed for your new pet when you bring it home, ex. food, bowls, toys. But it's also a good idea to prepare yourself for a new pet. Maybe you're bringing home your first ferret, or a bird, or an unfamiliar dog breed. Make sure you do some research on the needs of those unfamiliar animals so that you can adequately meet them. If not already established at one, go ahead and find a veterinarian in your area who can treat your type of pet. Also, depending

a veterinarian in your area who can treat your type of pet. Also, depending on the animal, you should mentally prepare yourself for any problems that may arise. Potty training issues or destructive tendencies can start or get worse when some animals. or get worse when some animals are put in extra stressful situations.

If your new pet is dealing with this, do everything you can to help them feel safe, comfortable, and be sure to handle any accidents with love and understanding.

understanding.

Prepare your other pets: bringing a new pet into a home with animals already living there is a whole other beast! More often than not, animals will need plenty of time to adjust to having a sibling. It's important to take introductions between animals slowly and cautiously to avoid the risk of someone getting hurt or having a lasting bad impression. With most animals, you will want to keep them separated for some time. Start off by allowing the new pet to roam alone and explore the new sights, sounds, and smells of its new home. After some time, put your animal away in a safe room and allow your other pet(s) back out to familiarize themselves with the scent of the new animal in the home. Over the course of the next days or even weeks, work themselves with the scent of the new animal in the home. Over the course of the next days or even weeks, work your way up to an introduction by allowing the pets to sniff each other underneath doors, interact with a baby gate in between, and providing plenty of opportunities for your pets to feel comfortable in the presence of each other. When you think your pets are ready, closely monitor their interactions and look out for signs of aggressive or uncomfortable body language.

• The most important thing when introducing a new pet to your home is to make sure everyone is happy and healthy. There is no shame in things not working out between an old pet and a new pet, and everyone should be in a position where they are safe and loved. Remember, these things take time. There is no magical timetrame for when your pets will feel comfortable together, and some pets will become the best of friends and others will simply coexist. Having one pet is a big responsibility, but having multiple brings a whole new world of (wonderful) challenges. Don't get discouraged along the way because when it does work out.

Don't get discouraged along the way because when it does work out, your family is going to be one happy ánimal bigger.



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Col Nemish, the 91 operations group commander, stopped in to see a Dark Horse guardmount and thanked them for all they do as defenders. While she was here she took the opportunity to coin two airmen for going above and beyond. Col Nemish spearheaded an effort to get some products out the field specifically for our women defenders, maintainers, operators, chefs, etc who work in the complex on a daily basis.

With some coordination with MSgt Dow on the SFG staff, and some assistance from SrA Angeline Arredondo and A1C Taryn Coons, (Darkhorses from the 791 MSFS) they distributed quality of life products to every MAF in the field on their off days. These two traveled over 1,000 miles to ensure that every MAF was taken care of. Thank you SrA Arredondo and A1C Coons for going the extra mile and thank you to all the Dark Horses for what you do every day.

91ST SECURITY FORCES GROUP PHOTOS



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TECHNICAL SERGEANT SHANE WILSON





BACKGROUND

TSgt. Wilson grew up living all over because his dad was in the Army. He joined Team Minot in September 2018. In his free time he likes to hang out with family, hunt, and fish.

DAY TO DAY

TSgt. Wilson's responsibilities as a Senior Facility Manager consist of making sure all the equipment at the M.A.F. runs properly. He checks the water and fuel daily to make sure there's no issues. He submits work orders as well as maintains and up channels any issues that happen downstairs in the M.A.F.

"BEING SURROUNDED BY A LOT OF LIUTENANTS IS A DIFFERENT DYNAMIC THEN I'M USED TO, WE GET TO LEARN A LOT FROM THEM AND THEY LEARN A LOT FROM US ALSO."



The Hidden Brain Nutrient

One of the most vital nutrients for your brain is something you have never been told. The neurons in your brain need 3 things to survive, and if they don't get those three things they will begin to die. They need oxygen, and glucose those are the two you have probably heard of, but the hidden one they also need which is just as important is stimulation. Your brain can have all the food it needs all the oxygen it needs but if it loses its stimulus to an area that area begins to

To illustrate this think of someone you know who has had a stroke. Most of the time they have a stroke on the right side of their brain and subsequently they can no longer move the left side of their body. Why is that? It is because the right side of the brain that got damaged provided the stimulus for the left cerebellum which controls movement. When the right damaged cortex could no longer provided stimulus to the left cerebellum the left cerebellum begins to die.

Secret number 2

Do you know were most of the stimulus for your neurons comes from? The answer is your spine. God was very smart to designed it this way. Firstly, because your spine is in the center of your body so any time it moves you get stimulus to both the left and the right side. Secondly when you are sleeping your brain produces a chemical to paralyze your joints so they don't move about too much as your sleep so the movement of your spine at night is what feeds your brain for a full

What all this is to say is that if there is a segment of your spine that is not moving properly and is fixed in a position when it is supposed to be freely moving there is a corresponding part of your brain that is literally dying because of it. That is why routine visits to your chiropractor are so important. That segment that is not moving is not always something you can feel but as you now know it is defiantly something that will affect your health. Get your spine checked and get the power turned back on in your brain. If you are like me, you can use all the brain power you can



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Finding Love In Medora

ROD WILSON, NORTHERN SENTRY

COUPLE SHARES THEIR STORY

A family trip to Medora finds its way onto the calendars of most North Dakotans. The beauty of the Badlands, the atmosphere of the once little cow town now turned into a buzzing tourist mecca with the Medora Musical taking the marquee position entertainment. Harold Schaefer had the vision, and the resources, to re-build Medora. But main street Medora is now the home to the North Dakota Cowboy Hall of Fame and the state of North Dakota will soon begin construction on the new Theodore Roosevelt Presidential Library, which is sure to expand Medora's summer traffic patterns to an all-year destination for those wanting to see the what is sure to be one of the most magnificent presidential libraries ever constructed, not only because of the personality of Teddy Roosevelt, but because of the library's location overlooking the majestic Badlands of North Dakota.

FINDING LOVE IN **MEDORA**

Long before the completion of the new T.R. library, however, 2 young people who have been part of the Medora story for the past 5 years will get married. On September 25th, 2022, Taylor Leet of Bismarck and Adam Vogel from Melrose, Minnesota, will tie the knot and become husband and wife. Taylor and Adam met on the set of the Medora Musical when they were new to the cast and the band in 2017. It's certainly easy to fall in love with Medora and the surrounding Badlands, but Taylor and Adam share that falling in love, as they have, is also common as many of the cast members, production staff and even administrative personnel have found romance working The Medora Musical. "Cowboy Chet Wollan, the host of the Medora Musical and Candace Lively Wollan met in Medora" according to Adam.

As for the soon to be newlyweds, Taylor has been on stage with the Burning Hills Singers, and Adam has been lead guitarist, for five years "And maybe 6, as both want to return for the 2022 season. Most recently found providing entertainment for Valentines in Medora, A Romantic Get Away, Taylor and Adam were quick

DUNE (2021) Action, Adventure, Drama (PG-13) CLIFFORD THE BIG RED DOG (2021) Adventure, Comedy, Family (PG) FEBRUARY 11-14 REDEEMING LOVE (2022) Drama, History, Romance (PG-13) FOR SHOWTIMES WWW.OAKPARKTHEATER.NET 1500 4TH AVE NW, MINOT, ND

to announce that their 5 years together on stage in Medora has led them to get engaged and soon to be married. Both Taylor and Adam have also traveled together for the past 2 years as part of A Magical Medora Christmas, which tours the Dakotas starting right after Thanksgiving and wraps up just before Christmas. You may also see Taylor in downtown Medora as part of the Gospel Brunch. "I really love gospel music" according to Taylor "and the Gospel Brunch is so much fun." Adam will can also be enjoyed doing a patio gig in Town Square previous to the musical. And what makes Medora special" According to Adam "The people of North Dakota do a great job supporting Medora. Out here, they treat the musicians well, and we get paid well. And I know that I probably won't be in front of over 3,000 people who give us a standing ovation any place else."

Taylor grew up in Bismarck and "she knew all about Medora" according to Adam. "She was the kid on stage, so it means a lot for her to be in it" (The Medora Musical). And for those who have attended the Medora Musical, the ovation grows in volume anytime a native North Dakotan is introduced as part of the cast or band. "It's a special place, and this is a special event" Adam continues "North Dakotans look out for their own, and we certainly appreciate that part of being in the Medora Musical." For Taylor there is an excitement when the cast hits the stage, and "it's nice knowing that the people of the towns and the state really appreciate what we do." It's not unusual for the cast to put in 10-hour days

haven't had any inclination to do that yet."

VALENTINES IN MEDORA

Adam & Taylor are the entertainment in the Rough Riders Hotel conference room before, or after, couples enjoy a "once in a lifetime" white linen dinner in Theodore's Dining Room. The evening begins with a Complementary Champagne Social at the Capital Gallery. Visitors to the Harold Schafer Heritage Center will find a museum devoted to the story of North Dakota's most famous entrepreneur. Harold founded The Gold Seal Company in 1942 and became a beloved proponent of Medora and North Dakota. "Mr. Bubble," a feature film on Harold and Sheila Schafer, is shown daily in the Center, and

and the camaraderie and the feeling of family creates a special bond between members of the cast. "The people in the show take ownership, like it's really their show" explains Taylor "there are so many elements throughout the show that the Schafers pushed to have in the show, and that's what makes it so special." When asked about the increased number of events, both Taylor and Adam agreed that it's a nice addition to the Medora Musical season. And for Taylor, the ovations, the smiles, and the thousands of people who attend the Medora Musical are the reason for the show. "People can look up and tell if you are enjoying what you are doing on stage. You have to show up on time and ready to perform and give it your all. And I feel like the minute that it quits being fun or enjoyable...well I think it's time to hang it up. But I



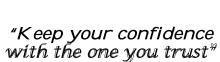
Adam & Taylor have been year round performers in Medora.

Gallery's nonprofit foundation.

Check-in time at the Rough Rider hotel is 4:00 PM. There are many areas in the hotel to sit and enjoy the view of the

was produced by The Capital Badlands and visit with other couples who are in Medora to enjoy the Romance in Medora weekend. 5:00 PM is the first seating for dinner.

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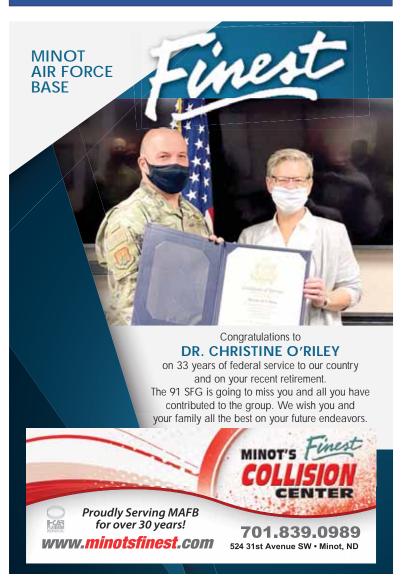


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THE SPECIAL VALENTINE'S DINNER **MENU**

Appetizer

• Bacon-wrapped shrimp with a sweet and sour plum sauce

Soup

- Chicken and sausage gumbo with wild rice Entree
- · Bacon-wrapped filet topped with a wild mushroom demi and paired with a root vegetable hash and asparagus

Dessert

• Strawberry Boston cream pie cheesecake

Tonight, the bartender on duty is John Blake, a veteran of the 2021 summer season in Medora, and now has signed on until October 2021 and then "who knows? So, John is a typical bartender with a lot of stories. "You know that there are a couple of things about North Dakota that are kinda weird. You would be surprised the number of people that have made North Dakota their 50th state to visit." The other thing that is weird? "Well, there are a whole lotta people who come to Medora who have sold all of their belongings, kept their keepsakes, but bought an RV or a motorhome and are travelling." And for right now John enjoys the "smallness" of Medora. He starts telling the story about a recent trip to the convenience grocery store, and on the way back he decides to count mule deer and people. "You know it's a 2 minute walk, and I counted 30 deer, and no people" he says with a smile. John is originally from Phoenix and harbors no desire to move back.

IN THE REAR VIEW MIRROR

The Valentine Day Romance In Medora weekend ended with a continental breakfast buffet, and a quick drive around Medora for one last look. The road to I-94 climbs a hill on the east side of town and gives you one last panoramic scenic look in your rearview mirror. The scenery is once again magnificent. But the memories are more than the scenery. It's people like Adam and Taylor on stage, and John working the bar that really makes the little town of Medora, and the State of North Dakota, so special.



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Minot Symphony receives grant to upgrade livestream technology

MINOT SYMPHONY ORCHESTRA

The Minot Symphony Association has been awarded a grant through the Minot Area Community Foundation to upgrade the livestream technology in Ann Nicole Nelson Hall at Minot State University. Patrons are encouraged to test out the new system with a complementary livestream ticket this Saturday at 3pm.

The Minot Area Community Foundation Evelyn Sampson and Mike and Dorothy Dolan funds awarded \$15,000 to the Minot Symphony Association for the purchase and installation of two remote controlled HD camera's and a TriCaster system, which will allow a single operator to control the cameras from the AV booth, in Ann Nicole Nelson Hall at Minot State University.

"Through the COVID-19 pandemic, we have attempted to continue enriching life for the people of this area even for those not comfortable attending in person events by offering livestream performances. This new state-of-the-art system will allow the MSO and many other community organizations the opportunity to expand the reach of arts in rural North Dakota and beyond. The arts make people happy and we all want happy people in our community!" said Ellen Fenner, Minot Symphony Association Executive Director.

To experience the new HD multi-camera system, patrons can enjoy a complimentary ticket to this Saturday's livestream performance, "Twist and Shout," family concert at home. To receive a complementary ticket visit Twist & Shout Family Concert: Sat, Feb 5, 2022 (eventgroove. com). Tickets must be acquired prior to the 3pm performance. A private digital link will be sent via email.

"The Division of Performing Arts at Minot State University is extraordinarily grateful to the Minot Area Community

Foundation for their support. Ann Nicole Nelson Hall has long been home to arts events that distinguish Minot among similarly sized communities. The new cameras and streaming technology will allow us to reach audiences from farther away, serving rural ND and beyond, with a more complete picture of each event. Close-ups, different angles, and high-quality audio will provide live and recorded documentation of our events with a feeling closer to being there. For the many education concerts, Minot Symphony Orchestra events, Western Plains Opera productions, community music ensembles, and so many guests of Ann Nicole Nelson Hall, this is truly a gift to the greater Minot area," states Erik Anderson, DMA, Chair, Division of Performing Arts, Professor of Cello & Bass, Minot State University.

This weekend's symphony performance will feature high school soloist Hayden Fredrickson on Gillingham's Concerto No. 2 for Marimba and Orchestra as well as Caitlyn Vogel, Miss ND USA, as the narrator of Britten's Young Person's Guide to the Orchestra. The performance also includes familiar works by Copland, Strauss, and Enesco. To find out more information or to purchase live or livestream tickets visit the Minot Symphony Orchestra Facebook page, www. minotsymphony.com, or call the box office at 701-858-4228.

The Minot Symphony Orchestra is a unique blend of student, community, and professional musicians from the Minot area that aims to enrich lives by providing opportunities for musicians and inspiration to patrons through education and the performance of diverse orchestral repertoire. The music director is Maestro Efraín Amaya, Associate Professor of Music at Minot State University.



Front Row L to R: Christine Baumann - MSO Board President, Ellen Fenner - MSO Executive Director, Efraín Amaya - MSO Music Director, Staci Kenney MACF Finance and Program Director. Back Row L to R: Dr. Erik Anderson - MSU Division of Performing Arts Chair, Lee Johnson - MSU Broadcast Specialist, Tim Baumann - MACF Community Investment Advisor, Jason Zimmerman - MACF Executive Director.



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IT'S ALMOST TURKEY TIME

Patricia Stockdill

For all of the love one glitzy import gets from North Dakota hunters, it almost seems unjust another import doesn't garner the same amount of affection and attention.

Especially considering that less respected import here in North Dakota is so highly revered by hunters virtually everywhere else.

We're talking turkeys here, folks.

Admittedly, it seemed North Dakota missed the memo that wild turkeys are, indeed an amazing bird. It's almost as if it took awhile for hunters to realize they're not only delicious, they're equally amazing to hunt - especially in the spring.

And upon closer inspection, they're just as stunningly beautiful as the other glitzy, revered import - the wily rooster ringneck pheasant.

Yup, it took some time for that concept to catch on, although perhaps it's understandable.

Just like North Dakota's Kingpin of Upland Game Birds those pheasants - wild turkeys aren't native to the state. They haven't been around as long as pheasants, either.

N.D. Game and Fish Department records point to 1910 as the first year the state stocked pheasants when 75 birds housed at a state hatchery near the North Dakota-Canadian border were released.

It took a few decades, however, before turkeys found themselves on the North Dakota landscape. Granted, a few unofficial stocking attempts occurred in the 1930s and 1940s when some folks seemed to take it upon themselves to bring turkeys to the state.

However, it was the Izaak Walton League Missouri Slope Chapter that truly claims honors for the first official release. They paid \$1.75 each for eggs purchased from Pennsylvania, working with interested farmers to raise them back in 1951. By 1957, they released 1,331 Eastern wild turkeys along the Heart River in southwestern North Dakota and in southeastern parts of the state.

Six hens and two tom Merriam's turkeys were released in far southwestern Slope County of North Dakota in a unique pine forest area. A joint effort of the Izaak Walton League and Game and Fish Department, the birds came in a swap with the State of New Mexico – six wild turkeys for 23 sharp-tailed

Fast-forward a couple of decades and by 1958 the Game and Fish Department was proposing its first official wild turkey season for the fall.

That's why North Dakota's turkey season was traditionally in the fall. The concept of a spring season didn't catch on until

Unfortunately for wild turkey enthusiasts of the time it was huge flop, in large part because landowners in the open areas weren't keen on the idea of a spring turkey season. They voiced their displeasure, posting their land and closing access in many areas.

That put the brakes on a spring turkey season until 1982. By that time, landowner sentiment evolved and hunters found access to hunting turkeys in the spring easier to obtain. Ironically, for a bird that didn't get much hunting respect for several years, North Dakota only allows residents to hunt during the spring season.

It still took a few years for spring turkey season to catch on among hunters. But now that it's been 40 years, spring turkey season can be appreciated for what it truly is: A chance to get outdoors and hunt after a long winter. A chance to test one's calling skills against a bird that in most other states is as revered as any big game animal. A chance to relax in the woods and listen to the sounds of wildlife, especially when migrating birds are in full flight.

True, it's also an opportunity to collect more wood ticks than what a person thought could be humanly possible. And sometimes it's a chance to bag bird in a spring snowstorm that

Yet it's also a time to appreciate a grand iridescent bird, one that deserves those same accolades the other glitzy iridescent bird gets. So hale to the wild turkey. Give it some love and the much deserved respect it deserves — and receives from those who love to test wits with a wickedly smart tom.

And don't forget to apply on the Game and Fish Department website, (gf.nd.gov) by Feb. 16.



Strutting tom and turkeys: A tom turkey struts while other turkeys seem more interested in meandering for food. Spring turkey hunting applications are due Feb. 16.

N.D. GAME & FISH DEPARTMENT PHOTO



Cookies for You comes to Minot AFB

ABIGAIL KINDER, NORTHERN SENTRY

If you are looking to satisfy your sweet tooth or find the perfect, unique gift, look no further because local bakery Cookies for You is now at Minot Air Force Base! Started in 1992 by Mary Helen Hasby, Cookies for You has been a staple sweets shop in Minot for 30 years. Now Casey Klein, owner of Cookies for You since 2019, has expanded her store into the Base Exchange and is bringing a variety of delicious treats and novelty gifts to the Air Force community.

Despite the change of ownership, Klein has aimed to maintain the legacy of Hasby's Cookies for You and keep their quality, delicious selections. "I've really tried to keep most things the same," she said. "It's been a business that's been here a long time, and I don't want to fix what's not broken." But the expansion to Minot AFB, as well as the many other new additions such as hot chocolate trays, are a huge step forward for the business.

For now, Klein says they are in learning mode to gauge the needs of the Minot AFB customers. There will no doubt be more welcome changes in the future, but she wants to take this opportunity slow and steady in the hopes of making a name for Cookies for You at the base.

Cookies for You offers everything from decorated

specialty cookies to artfully crafted cookie bouquets, beer and wine baskets, cake pops, cupcakes, cookie trays, candies, and much more. All of the sweets are baked fresh and with a variety of daily options, there is something for everyone.

Not finding what you need? Cookies for You offers special orders that can be brought to their base location the next day. They can even take almost any photo or logo and make beautifully decorated cookies with it! They also offer on-base delivery for \$10, making orders even more accessible for special events and occasions at Minot

For holidays, Cookies for You provides an assortment of themed gifts and trays, perfect for squadron parties or family get-togethers. Want to spice up your birthday or Valentine's Day gifts? A cookie bouquet or basket perfect for any age or interest, from unicorns to wine to sports, sounds like a pretty sweet deal. Show your teacher how much you appreciate them with a hand decorated cookie pizza. The possibilities are endless.

Cookies for You is open in the BX on Monday through Friday from 10 a.m. to 2 p.m. To learn more about their products, visit www.cookiesforyou.com. Come give them a visit and give someone you love the gift of







Minot's local sweet shop Cookies for You opened their new location in the Base Exchange on Thursday, February 3. Cookies for You offers a large assortment of freshly baked cookies, candies, and treats, as well as beautifully crafted gift baskets and cookie bouquets for any occasion.

EXCHANGE (MINOT AFB, ND) PHOTOS





OUTDOOR NOTES:

PATRICIA STOCKDILL

Lake Sakakawea elevation, Feb. 7: 1,827.82 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.24 feet above mean sea level (MSL).

Stump Lake elevation: 1,447.17

• N.D. Game & Fish Dept. game wardens: No new Missouri River System reports with generally slow success yet. North-central area lakes remain slow with limited angler numbers. No Devils Lake reports.

• Devils Lake, Ed's Bait Shop, Devils Lake: Try Lake Irvine for walleye but heavy snow on the lake makes tracked vehicles a necessity. Look for increasing activity on Pelican Lake. Main Devils Lake remains slow.

• Devils Lake, Woodland Resort, Devils Lake: Hit and miss walleye success with several areas of plowed trails for access.

•Lake Darling, Karma C-Store, Ruthville: Warmer weather bringing more anglers with increasing activity on Lake Darling and Grano. Limited reports on success yet. Walleye remain somewhat slow on Lake Audubon with occasional pike.

•Lake Metigoshe, Four Seasons, Bottineau: Fair to good for bluegill. Try evening hours for walleye with some nice-sized ones showing up. Fair pike spearing success.

· Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not many reports from the east end of the Lake Sakakawea but some anglers are finding occasional walleye from Douglas and Steinke bays. Lots of anglers on the west end of Lake Audubon with good access of the Totten Trail boat ramp. Spotty walleye success, however.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Work shallow water in the evening; deeper in the afternoon for walleye on Lake Audubon. Slow to fair bite at best and not steady. Occasional walleye on Steinke Bay and the south shore at Wolf Creek in 20 to 25 feet on the east end of Lake Sakakawea. Water is clear enough for pike spearing in those areas. Look for a little bit of a better pike bite on the east end of Sakakawea but inconsistent yet. OK access onto Audubon from the Totten Trail boat

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Remember to keep fish caught in 25 feet and deeper; they rarely survive coming up from deep depths.

•Feb. 12: Souris River Basin Longbeards Nat'l. Wild Turkey Federation banquet, Grand Hotel, Minot, 5 p.m.
•Feb. 13: Ski & Snowshoe the North Country Trail (NCT), Audubon

Nat'l. Wildlife Refuge, 2 p.m., with free with hot chocolate served. Go to the Central Flyway NCT chapter Facebook page for details.

• Feb. 16: Spring turkey applications due.

• Feb. 18 - 21: Great Backyard Bird Count. Go to (www.birdcount. org) for details.

• Feb. 19: Spring light goose season opens.

•Feb. 19: Little Missouri Rocky Mtn. Elk Foundation banquet, Roughrider Center, Watford City, 5 p.m.

TOURNAMENTS:

• Feb. 12: Devils Lake, North-South Carlson Lake.

• Feb. 19: Lake Audubon.

ramp and getting on around Wolf Coast, Rolla: No new reports. Creek on Sakakawea.

•Lake Sakakawea, New Town: Occasional walleye using jigs and minnows but generally slow. Limited pike activity.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace activity remains slow. Low water continues creating issues, as well. Fair angler numbers on Lake Audubon with a few anglers on the east end of Lake Sakakawea but walleye success remains slow. Some pike spearing around Wolf Creek and Scoria Bay on the south shore but limited

success. •Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Scattered walleye bite on the upper end of Lake Sakakawea between White Earth Bay and Lewis & Clark State Park working deep water. Missouri and Yellowstone rivers continue producing walleye and sauger with better ice conditions. Trenton Lake producing a few crappie. Look for some panfish success from Smishek Lake.

•Lonetree WMA area lakes, Harvey: Area lakes remains slow with poor and limited access.

 North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Area lakes remain snow-covered with little activity. Cottonwood Lake near Butte, however, has lots of activity. Island Lake slow.

• Turtle Mtn. area lakes, Coast-2-

N.D. Parks & Recreation Dept. trails (conditions can vary):

• Cross Ranch, Hensler: could be icy with warm daytime temperatures.

• Fort Stevenson, Garrison: Warm weather deteriorating some areas of the trails with possible ice conditions. •Lake Metigoshe, Bottineau: Trails groomed earlier in the week after

last Saturday's snow. Downhill skiing. Conditions can vary. Contact for updates and days of operation:

•Big Sky Resort, Big Sky, Mont., (800) 548-4486: 23- to 46-inch base with 35 lifts and carpets and 261 trails open.

• Bottineau Winter Park, Bottineau, (701) 263-4556: 18-inch base with 1 chair, 2 magic carpets, 4 runs, and all tubing runs open. Terrain Park closed.

• Frostfire Ski Area, Walhalla, (701) 549-3600: 24-inch base. Trails open Saturdays and Sundays.
• Huff Hills Ski Area, Mandan,

(701) 663-6421: 12- to 28-inch machine groomed base with 2 lifts, 1 tow, and 8 runs open. Table tops and rail jump terrain features open on Green Lift area.

•Terry Peak, Lead, S.D.: 18- to 26inch base with 5 lifts and 14 runs

Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

• Report All Poachers: (701) 328-9921.

SrA Martinez-Lopez S5/ESS

DEFENDER HIGHLIGHT

PALADINS



THEME SONG

Here Comes the Highstepper by Ini Kamoze

ACCOMPLISHMENTS

Completed 8 Classes/24 Credits Taught 3 WISP classes/certified 15 personnel

VISION/GOAL

Graduate with BA in Forensic Psychology by December 2022

BAKED PICKLES WITH BUTTERMILK DIP



INGREDIENTS

1 (16 OZ) DILL PICKLE SPEARS 2 LARGE EGG

1/3 CUP ALL-PURPOSE FLOUR 1 TEASPOON HOT SAUCE 1/2 TEASPOON CHIPOTLE CHILE POWDER 1/2 TEASPOON ANCHO CHILE POWDER 1/2 TEASPOON DRIED OREGANO

1/4 TEASPOON JACOBSEN SALT CO. PURE **KOSHER SEA SALT** 1/4 TEASPOON BLACK PEPPER 1 TEASPOON GARLIC POWDER 1 CUP PANKO BREADCRUMBS

1/2 CUP PARMESAN CHEESE, GRATED

1/2 CUP MAYONNAISE 2 TABLESPOON BUTTERMILK 1 TEASPOON FRESH CHOPPED PARSLEY 1/2 TEASPOON JACOBSEN SALT CO. PURE KOSHER SEA SALT 1/4 TEASPOON GARLIC POWDER

1/4 TEASPOON GARLIC SALT 1/4 TEASPOON ONION POWDER 1/4 TEASPOON BLACK PEPPER

When ready to cook, set the temperature to 450°F and preheat with the lid closed 15 minutes. Place a cooling rack on top of a baking sheet and spray the rack with nonstick cooking spray. Drain the pickles, spread out on paper towels and pat dry.

In a medium bowl add eggs, flour, hot sauce, chile powders, oregano, garlic powder, salt and pepper and whisk to

In a large bowl combine the breadcrumbs and Parmesan. Toss the pickles in the egg mixture, remove, letting the excess drip off, and transfer to the breadcrumb mixture. Toss to coat.

Transfer the pickles to the prepared cooling rack and arrange in a single layer. Place the baking sheet directly on the grill grate and cook until the tops of the pickles are crisp and golden brown, about 10 minutes.

Make the buttermilk dip by combining all of the dip ingredients in a blender and blending until smooth. Season to taste with salt and pepper.



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Protecting the Mission, One Password at a Time

AIRMAN SARAH POST, 90 MISSILE WING PUBLIC AFFAIRS

F.E. Warren Air Force Base, Wyo. --

Technology, computers and the internet are all a large part of the modern world and the everyday lives of military personnel. The more technology advances, the more need the Air Force has for its personnel to practice better cybersecurity.

"Cybersecurity is the practice of being aware of your surroundings on an internet domain," said 2nd Lt. Ryan wing cybersecurity manager, 90th Communications

There are levels to cybersecurity, according to Moon. The first layer is the gate to get on base, where you need a proper ID. Then, there are locked buildings requiring a code or a key. The third layer of security is the computer that needs a Common Access Card for any log in, and a fourth layer is the pin a CAC is linked to. These layers continue on once a computer is logged on to, with pins and codes that are needed to work in order to access information.

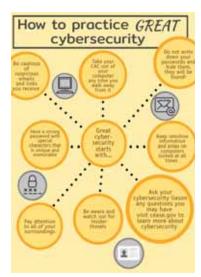
Cyber security is important for keeping sensitive information safe and in the right hands. By being aware and thorough in every day practices, all personnel can help protect the 90th Missile Wing's mission and its Airmen.

There are many ways to practice good cyber security, according to wing cybersecurity experts.

"A lot of issues we see would be resolved if people would just start treating their CAC the same way they would protect their credit card or car key," said Tech. Sgt. Megan Stark, wing cybersecurity manager, 90 CS.

Protecting a CAC consists of taking it out of the computer each time the user steps away, by not handing it to anyone and by not writing down its PIN and leaving it. More ways to practice good cybersecurity include not writing down any passwords, completing cyber awareness annual training, creating strong passwords, only opening emails and links you are expecting and being aware of insider threats.

The 90th Missile Wing wants to be proactive in its cybersecurity, and stress that the best ways to be proactive and prevent any cybersecurity problems are by making the above practices a part of an everyday routine.



The 90th Missile Wing wants to be proactive in its cybersecurity, and stress that the best ways to be proactive and prevent any cybersecurity problems are by making security practices a part of an everyday routine.

U.S. AIR FORCE GRAPHIC



Maintaining tires is an important component of safe driving. Tires are some of the hardest working parts on a car or truck and are subjected to wear and tear every time rubber meets the road.

Tires affect many components of driving, including handling, braking and the comfort of the ride. Maintaining tires makes driving safe not only for drivers and their passengers, but also for fellow motorists.

The National Highway Traffic Safety Administration says that, in 2017, 738 fatalities occurred because of tirerelated crashes. Many of those crashes were no doubt preventable, and that only highlights the importance of maintaining tires and monitoring their performance. Poor tire maintenance can lead to premature wear and potentially result in a blowout. The automotive group AAA notes it is important to visually inspect tires as often as possible. Drivers should look for overall tread wear. Pay special attention to tread wear on one edge of the tires, which could indicate poor alignment. Erratic tread wear may mean tires are out of balance.

Drivers also should pay attention to how their cars drive and sounds. Unusual vibration or thumping noises suggest issues with the tires. A car that pulls in one direction also may be experiencing tire problems.

Vehicle owners should be aware of the routine maintenance steps that can keep them safe and improve the life expectancy of tires.

- · Tire pressure: The NHTSA says only 19 percent of consumers properly check and inflate their tires. Keeping tires properly inflated is one of the most important steps to maintaining them. Tires lose around 1 psi per month, and underinflated or overinflated tires can contribute to unusual wear, blowouts and even excessive fuel consumption.
- · Rotation: Check the owner's manual or recommendations from the tire manufacturer, but know that most mechanics advise having tires rotated every 5,000 to 8,000 miles. Rotation helps distribute wear more evenly on tires.
- · Balancing: AAA says balancing also helps minimize uneven wear and tear. Balanced tires are achieved by using small weights attached to the wheels to limit vibration of the tire and wheels as they turn. New tires should be balanced, and tires also should be balanced after one or more is removed to repair a puncture.
- · Alignment: Vehicles have wheel alignment measurements that pertain to manufacturers' specifications. Alignment that falls outside of the range can impact handling, fuel economy and tread wear. A drift or pull suggests alignment problems and should be addressed.

Vehicle owners should keep tire inspection and maintenance in mind as part of their overall car care





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AFGSC Commander announces Project Tuskegee

AIR FORCE GLOBAL STRIKE COMMAND

BASE, La. --

Anthony Gen. Cotton, Commander, Air Force Global Strike Command, announced the establishment of Project Tuskegee, a new partnership with Tuskegee University where Air Force Reserve Officer Training Corps cadets from the university are exposed to the

AFGSC "Striker."
"All Airmen stand on the shoulders of the Tuskegee Airmen," Cotton said. "The Tuskegee Airmen were critical to the success of bomber forces during World War II, proving that we are better when everyone has an opportunity to contribute."

"My charge is to deliver longrange strike across the globe, and I am always looking for ways to improve our force while embracing our rich history," Cotton added. "Through this partnership with Tuskegee University, we are honoring the legacy of the Tuskegee Airmen and their historical connection to Air Force Global Strike Command.'

AFGSC is responsible for all United States Minuteman III intercontinental ballistic missiles and the future Ground-Based Strategic Deterrent, as well as all bomber aircraft, including the B-1 Lancer, B-2 Spirit, B-52 Stratofortress, and the future B-21 Raider. The command is entering an era of transformation as it begins to transition from legacy systems to more modern weapon systems based on new technologies.

As the command looks to the future, having the best and

BARKSDALE AIR FORCE brightest talent will be necessary to fly, fight, and win.

The Project Tuskegee partnership has three main objectives:

- Expose men and women to the many opportunities within AFGSC, including as an Eighth Air Force aircrew member or Twentieth Air Force Missileer

Reinforce the historical opportunities available as an connection between the Tuskegee Airmen and Air Force Global Strike Command

> - Create a culture of unity that welcomes talent from all walks of life to Striker Nation

> The 20th century lineage of the Tuskegee Airmen to "protect the bombers" has a direct connection to AFGSC. On March 24, 1945, the 332nd Fighter Group took part in the longest raid of Fifteenth Air Force, the parent unit of the 2nd Bombardment Group (now AFGSC's 2nd Bomb Wing). While escorting B-17 bombers on a mission to Berlin, Germany, the 332nd Fighter Group encountered German jet fighters, shooting down three of them. For this mission, the 332nd Fighter Group earned a Distinguished Unit Citation.

Tuskegee University recognizes the historical significance of the Tuskegee Airmen who defended and escorted U.S. Army Air Forces bombers and wants students to appreciate the opportunity to build on that legacy as part of AFGSC. In a historic meeting, Cotton met with Dr. Charlotte Morris, Tuskegee University President, to discuss collaboration efforts.

"Tuskegee University continues to foster the legacy of those who broke barriers and changed the course of history," Morris said.

"The unique talent that stems from Tuskegee University adds value to the Air Force and Air Force Global Strike Command, and we are looking forward to a great partnership.

One of those barrier-breaking pilots, and one of the few surviving Tuskegee Airmen, Lt. Col. James Harvey III, continues to inspire the next generation of aviators. Harvey agrees that the AFGSC and Tuskegee relationship presents an opportunity to build on the legacy of Tuskegee Airmen and connect it to what Strikers are doing both now and in the future. Harvey said this to Tuskegee ROTC students about the partnership:

"The Tuskegee Airmen took advantage of their opportunity and performed when it mattered to bring about positive change,"

Dr. Charlotte Morris, president, Tuskegee University, right, shakes the hand of Gen. Anthony Cotton, commander, Air Force Global Strike Command, left, after they discussed the establishment of Project Tuskegee. Project Tuskegee is a partnership between AFGSC and the university where Air Force Reserve Officer Training Corps cadets are exposed to the opportunities available as an AFGSC "Striker."

AIR FORCE COURTESY PHOTO

Strike Command and Tuskegee continue to bring about positive University is a great opportunity

said Harvey. "The partnership for young people to dream their between Air Force Global dream, find their talents, and change."

NOTES ON BEING SAFE

STAYING WARM IN THE WINTER



ROD KRAUSE 5TH BOMB WING SAFETY & OCCUPATIONAL HEALTH MANAGER



Did you know that cold stress or "hypothermia" could occur any time of the year? In fact, most cases of cold stress develop in air temperatures between 30 and 50 degrees Fahrenheit. People who are exposed to lower temperatures are at risk for injuries ranging from frostbite to serious loss of body heat to which could result in brain damage or death.

Knowing how to dress and keeping dry are the first steps to being prepared. Dress warm and in layers. Choose fabrics such as cotton and wool to which will insulate but also allow sweat to evaporate. Cover the head because over half of your body heat can get lost through it. Your limbs are especially important to protect since they're the furthest things from your heart. Keep extra clothing around in case you get wet, especially for your feet.

Take breaks frequently especially during strenuous activities. If you become fatigued during physical activity, your body loses its ability to properly retain heat. This causes rapid cooling to which can quickly lead to cold stress. During your rest period, it would be wise to replenish your body with liquids or food. Eating a healthy diet provides your body with the right nutrients it needs to withstand cold stress.

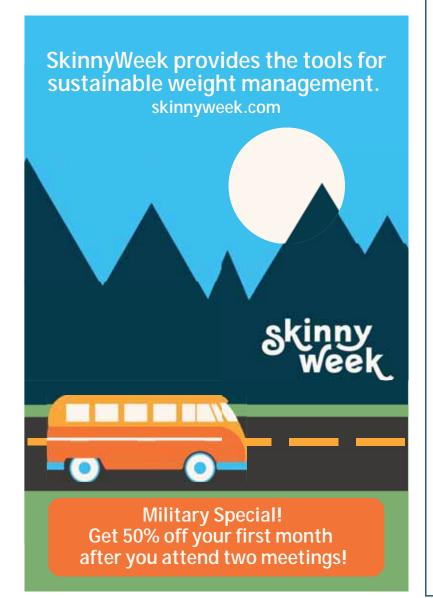
The buddy system in work or play should be used. Look out for one another and know what to look for. A person with hypothermia might not be aware they have it. The first signs of hypothermia are uncontrollable shivering and the sensation of cold. The heartbeat slows down and may become irregular and the pulse weakens. shaking and rigid muscles may be evident and that would be the second sign that the condition is worsening. The victim may slur their speech, the memory lapses and may feel

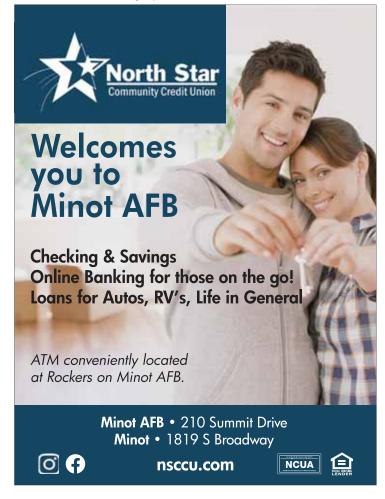
drowsy. Exhaustion, cool skin, slow, irregular breathing occur as the body temperature drops even lower. Immediate medical attention is needed.

With all of the cold winds we have here at Minot, frostbite can occur at any time especially if we're not paying attention to the time limit we are spending outside. Frostbite can happen without hypothermia present. Frostbite is a serious condition where the fluids around the affected area freeze. It can be an irreversible tissue damaging affect and requires attention immediately. The most vulnerable parts are the face, ears, hands and toes. Symptoms

of this condition include coldness and tingling in the affected area, followed by numbness. The skin color may change to white or grayish-yellow. Pain may also occur in the affected area as the condition worsens and possibly blisters.

Whether you're working out on the flightline, riding an ATV or snowmobile, or just simply building a snowman, stay alert for the possibility of cold stress. Monitor your coworkers or your children, whatever applies to your situation and remember what to look for. Take these steps to protect yourself and









Minot Shrine Club announces 2022 Northwest Shrine Circus dates

MINOT SHRINE CLUB

The Minot Shrine Club Circus Board is pleased to announce that we will be having the Northwest Shrine Circus this year at the North Dakota State Fair Center.

Performance Dates - Times Thursday, May 5th – 10:00AM and 7:00PM

Friday, May 6th - 10:00AM, 4:00PM, and 7:30PM

Saturday, May 7th – 2:00PM

We would like to thank all the local businesses that have supported us in the past. Their sponsorship is tantamount to us being able to not only put on the Northwest Shrine Circus but to also continue our support of the Shriners Hospitals for Children and the services they are able to provide for children in need. We look forward to renewing our relationships with our sponsors over the coming months in order to produce this welcome familyfriendly event.

The Northwest Shrine Circus has been a welcomed, recurring event for Minot and the surrounding community for 66 years. Having the opportunity to bring it back after taking a two-year break brings joy and renewed energy to our Shrine Club members.

We are preparing for this event and can't wait to see your smiling faces at the 2022 Northwest Shrine Circus.

The Minot Shrine Club serves as the local representative body of Shriners International. Shriners are a fraternity based on fun, fellowship and the Masonic principles of brotherly love, truth, and relief. Through our fundraising efforts, we support the Shriners Hospitals for Children and provide transportation for children going to or coming home from those

Free Screening of 'Dog' comes to Minot **AFB Reel Time Theater**

Service members, military families and retirees can fetch a free advance screening of United Artists' "Dog," starring Channing Tatum and Lulu, a Belgian Malinois dog, at Minot AFB Reel Time Theater on Feb. 12.

Minot Air Force Base is one of 17 installations who will get to see a special advance screening of the movie nearly a week before it is released in theaters nationwide Feb. 18, courtesy of United Artists and the Army & Air Force Exchange Service.

"The Exchange is thrilled to offer this movie as the first distributor appreciation free screening of 2022," said Air

Force Chief Master Sgt. Kevin Osby, the Exchange's senior enlisted advisor. "Complimentary advance screenings are a great way to thank military members and their families for their dedication and devotion to our

"Dog" is a buddy comedy that follows the misadventures of two former Army Rangers paired against their will on the road trip of a lifetime. Army Ranger Briggs (Tatum) and Lulu buckle into a 1984 Ford Bronco and race down the Pacific Coast in hopes of making it to a fellow Soldier's funeral on time.





WINTERFEST 2022 5:00 PM Minot Curling Club 2005 E Burdick Expy, Minot

Register now for the 2022 Winterfest Bonspiel with the Sunrise Rotary Club and Minot Curling Club! https://forms.gle/ sq2kJ8cciHk7jdcm7



For more information: Facebook Event / Winterfest 2022



MINOT FLEA MARKET 8:00 AM - 4:00 PM North Dakota State Fair 2005 Burdick Expy E, Minot

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2:00 PM - 3:00 PM

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For more information: Facebook Page / Dakota Flea Market

5:00 PM - 9:00 PM

Pinks Bar & Grill 102 128th Ave NW, Minot Featuring a Ribeye Dinner for Two! 12 oz Ribeye Choice of potato

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5:00 PM 10 North Main 10 Main St N., Minot

Murder Mystery Dinner! The theme will be "I Love the 80's." Tickets will be \$100/per person plus gratuity. Everything is included in the price, a 4 course meal paired with wine and a 2.5hr interactive murder mystery show. The date for the shows will be the 18th and 19th of February. These tickets will absolutely sell out fast so reserve your spots now! Contact the restaurant or stop by to purchase your tickets!! We will not be offering refunds to anyone that cancels their reservation. Feel free to sell your tickets to someone else if you purchase tickets and are not able to attend. We most the time have a wait list for these events and we will be happy to help you.



For more information: Facebook Event / Pink's Bar & Grill

For more information: Facebook Event / Ruff and Stuff Scarecrow Event

On Base





For more information visit: www.5thforcesupport.com



Celebrating the Mighty Eighth Air Force: 80 years of warfighting history

STAFF SGT. BRIA HUGHES, EIGHTH AIR FORCE

BARKSDALE AIR FORCE BASE, La. --

On February 1, 1942, the heritage, honors and lineage of the "Mighty Eighth" sprung to life. The Eighth Air Force's story began during World War II and continues today with a charge to conduct indefinite strategic deterrence anytime, anywhere in order to safeguard the United States of America.

Eighth Air Force was first activated under the designation as the VIII Bomber Command on February 1, 1942 at Langley Field, Virginia and soon moved to England under its parent unit, 8th Air Force. Later that month on February 22, 1944, the United States Army Air Forces reorganized its air headquarters in Europe with 8th Air Force becoming the United States Strategic Air Forces in Europe and on the same day, the VIII BC officially became known as 8th Air Force.

From its first air combat bombardment mission conducted on July 4, 1942 through the present use of standoff precision munitions, 8th Air Force has decisively taken the air battle into the enemy's airspace and homeland.

"Eighth Air Force has an extensive history that dates back to World War II," said Maj. Gen. Andrew Gebara, 8th Air Force and Joint-Global Strike Operations Center commander. "Our contributions and role during the war undeniably set the bar for airpower."

By mid-1944, Eighth Air Force had reached a total strength of more than 200,000 people, and at its peak strength, Eighth Air Force could dispatch more than 2,000 four-engine heavy bombers and more than 1,000 fighters on a single mission. For these reasons, 8th Air Force became known as "The Mighty Eighth."

The Mighty Eighth compiled an impressive war record during that time period, but with all the success also came sacrifices. Nearly half of the Army Air Force's casualties in the war were suffered by 8th Air Force. Of the number of bombers and fighters lost, 33 percent were assigned to the Eighth.

Nonetheless, the dedicated

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warriors of 8th Air Force still garnered 17 Medal of Honor recipients ranging from general officer to enlisted ranks during World War II. And by the end of the war, the Mighty Eighth laid claim to the most aces, sorties, bomb tonnage dropped and aerial victories of the war.

"Bomber operations have and will continue to remain a vital component to U.S. strategic forces for many years to come," said Gebara.

Over the next few decades, the Mighty Eighth would go through many expansions and modernizations and the inventory would eventually grow to encompass bombers, tankers and fighters.

"The Mighty Eighth's longrange global strike capabilities continued to grow following WWII events," said Lane Callaway, 8th Air Force historian.

Beginning in late 1959, the 8th Air Force gained missile systems and units, enabled to support two legs of the nation's nuclear triad and would soon go on to conduct conventional bombing operations in Southeast Asia from the mid-sixties to early seventies.

The Mighty Eighth has participated in a string of contingency operations in support of bomber assurance and deterrence missions using the world's most advanced and equipped bombers. The role bombers played in American airpower became even more pronounced following the events of 9/11.

The 8th Air Force headquarters supported the Commanderin-Chief with facilities and staff expertise when President George Bush aboard Air Force One landed at Barksdale. The

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President addressed the nation about the "9/11" attacks from Eighth Air Force's commander's conference room. Afterwards, the Mighty Eighth went on to participate in Operations Noble Eagle, Enduring Freedom, and Iraqi Freedom.

"One of the most significant organizational changes to date was in February 2010 when the Eighth Air Force was assigned to the new Air Force Global Strike Command," said Callaway.

With a new mission of nuclear deterrence and global strike, all bomber forces, including the B-1, B-2, and B-52 fell under the Mighty Eighth umbrella.

But the Eighth Air Force of today is not just bombers anymore.

In October 2016, the 595th Command and Control Group located at Offutt Air Force Base realigned under the Mighty Eighth. This addition brought about the E-4B aircraft, aircrew and maintainers, as well as two strategic communication and operations squadrons into Eighth Air Force.

In the near future, the Eighth will boast their newest capability -- the B-21 Raider -- a longrange strike bomber, named after the surprise attack against Japan during WWII in 1942 -- the Doolittle Raid. The B-21 Raider will be capable of penetrating the toughest defenses to deliver precision strikes anywhere in the

"I am extremely proud to be part of a unit with such a unique and responsive mission," said Gebara. "From the beginning, 8th Air Force has played a major role in our nation's defense and security, and we will continue bridging that legacy into the

Members from around 8th Air Force and the Joint-Global Strike Operations center celebrate 8th Air Force's 80th Anniversary at Barksdale Air Force Base, La., February 1, 2022. The event included a speech by Maj. Gen. Andrew Gebara, 8th Air Force and Joint-Global Strike Operations Center commander and a cake cutting ceremony marking the 80-year anniversary. Also featured

here are proclamations from the cities of Shreveport and Bossier City along with special recognition from the Louisiana Governor's office commemorating

U.S. AIR FORCE PHOTO I STAFF SGT. BRIA HUGHES)



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Driving Under the Influence

5TH BOMB WING / STAFF JUDGE ADVOCATE

In November 2021, 5 BW/JA provided a summary of military justice and adverse actions that occurred across Team Minot during the 3d quarter of 2021. Now we focus on Driving Under the Influence (DUI) offenses. This is done to provide greater overall transparency education concerning the costs of DUI. The National Highway Traffic and Safety Administration reports that, in the United States, DUIs kill approximately 10,000 lives each year, have a negative financial impact of \$44 billion, and cost offenders upwards of \$10,000 in fines and legal fees. DUI is avoidable and has very real consequences.

LAW

DUI, referred to as "Drunken Operation of a Vehicle," is punishable under Article 113 of the Uniform Code of Military Justice (UCMJ), codified at 10 USC 913. Under Article 113, UCMJ, DUI occurs when a person operates or is in actual physical control of a vehicle while drunk or when their alcohol concentration is equal to or exceeds .08. "Drunk" is defined as "any intoxication which is sufficient to impair the rational and full exercise of the mental or physical faculties"; thus, "drunk" could be less than an alcohol concentration of .08 if mental or physical impairment is evident.

In North Dakota, DUI is punishable under North Dakota Century Code (NDCC) 39-08-01. Under NDCC 39-08-01, DUI occurs when a person drives or is in actual physical control of a vehicle while under the influence of intoxicating liquor or with an alcohol concentration of at least .08. Similar to Article 113, UCMJ, "under the influence of intoxicating liquor" means that a person can be DUI even though their alcohol concentration is below .08.

In North Dakota, to include on Minot AFB, a person who refuses to submit to a chemical test of blood, breath, or urine is guilty of DUI.

CONSEQUENCES

Commanders retain full discretion over administrative, nonjudicial, and judicial action under the UCMJ and Air Force regulations.

DUI results in suspension/ revocation of driving privileges. In accordance with AFI 31-218, Motor Vehicle Traffic Supervision, dated 22 May 06, para 2-4, installation driving privileges administratively may be suspended or revoked for cause. Specifically, para 2-4 and Table 5-1 provides that installation driving privileges shall be immediately suspended for a DUI offense, as well as refusal to consent to chemical tests. Additionally, Minot AFBI 31-116, Minot AFB Motor Vehicle Traffic Supervision, dated 10 Dec 19, para 8.7.1, prescribes a one-year suspension of onbase driving privileges for DUI, as well as refusal to consent to chemical tests. In accordance with para 2-3 of AFI 31-218 and para 2.17 of MAFBI 31-116, operation of a vehicle on Minot AFB is considered implied consent to chemical tests of breath, blood, and urine.

36-2502, Enlisted AFIAirman Promotion and Demotion Programs, dated 16 Apr 21, para 6.3.4, authorizes administrative demotion when Airmen fail to fulfil their responsibilities under AFH 36-2618, The Enlisted Force Structure, dated 5 Jul 18. AFH 36-2618 tasks Airmen with understanding, accepting, and embodying the Air Force Core Values; accepting, executing, and completing all duties, instructions, and lawful orders; and detecting and correcting conduct and behavior that places themselves or others at risk. DUI does not embody the Air Force Core Values, is a violation of duties, and is not detection and correction of conduct that places themselves and others at risk. Thus, administrative demotion is authorized for DUI.

Under Article 15 of the UCMJ, codified at 10 USC 815, a commander may impose nonjudicial punishment on members of their command for violations of the UCMJ. Nonjudicial punishment provides commanders with an essential and prompt means of maintaining good order and discipline outside of the courtmartial process. The nature of nonjudicial punishment depends on the rank of the commander and person being punished, but generally may include forfeiture

of pay, reduction in grade, extra duties, restriction, and reprimand.

Under Article 113 of the UCMJ, drunken operation of a vehicle is punishable via a bad-conduct discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 6 months. If personal injury results, then the maximum punishment increases to a dishonorable discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 18 months. Under NDCC 39-08-01 and 12.1-32-01, DUI is punishable via driving suspension, 30 days imprisonment, and a fine of \$1.5K. Additional offenses of DUI increase the maximum punishment to 5 years imprisonment and a fine of \$10K.

CONCLUSION

The seriousness, impact, and costs of DUI are real. In fiscal vear 2021, 32 DUIs occurred across Team Minot. All resulted in serious consequences: all 32 resulted in suspension/revocation of driving privileges, 9 resulted in nonjudicial punishment, 17 resulted in administrative demotion, and 9 resulted in administrative discharge. Often, military administrative and disciplinary action was in addition to civilian prosecution for DUI. Punishments included a combination of forfeiture of pay, reduction in grade/ administrative demotion, extra duties, restriction to the installation, reprimands, and administrative discharge.

Thus, the costs of DUI are multifold. Not only does DUI kill 10,000 lives per year and \$44 billion, but it also carries significant costs for offenders, to include up to \$10,000 in financial penalties and the significant career implications prosecution, nonjudicial administrative punishment, demotion, and administrative discharge. DUI is avoidable and resources are available to ensure Team Minot Airmen do not drive while under the influence of alcohol. Use your resources phone a Wingman, call Airmen Against Drunk Driving (AADD under Team Minot's Directory on your AF Connect App), or use a car service. Don't drink and drive



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Thanks To SRT for donating the phone services for AADD





Defense Education Activity

The Department of Defense Education Activity (DoDEA) is accepting applications for the second year of its Expanded Eligibility Pilot Program (E2P2). This program allows dependents of active-duty military members serving in locations that do not have a DoDEA brick-and-mortar high school the chance to enroll in the DoDEA Virtual High School (DVHS). Enrollment is limited to 400 classes, so submit your application today! The program is available for Minot AFB high school students who attend public school, private school, virtual school or home school. Go to www.dodea.edu/dvs/e2p2.cfm for more information or to apply!



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2021-2022 MPS CALENDAR

IMPORTANT UPCOMING DATES

February 9

Early Release Day

February 18

Early Release Day

February 21

P/T Comp Day - No School

March 9

Vacation Day - No School

March 10 & 11

Spring Break - No School

Febr	uary 2		19 days				
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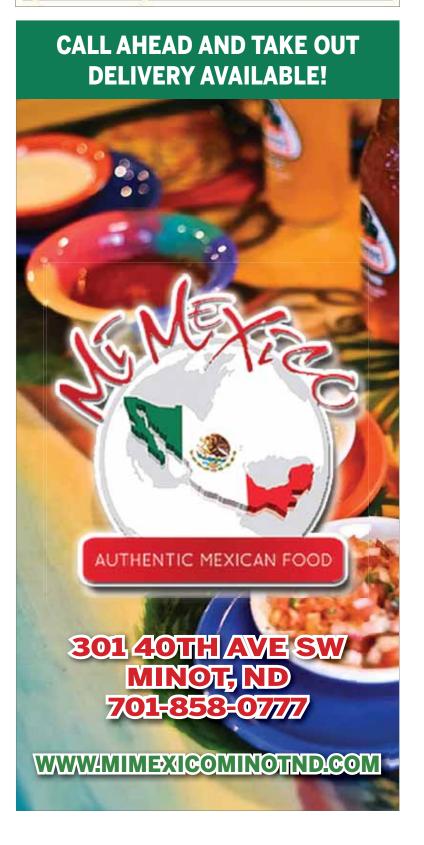
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27	28	29	30	31			

PD Days - contracted days Vacation Days - not contracted day Early Release Days - 1:15pm Holidays Parent/Teacher Comp Days





HTTPS://MINOTPRESCHOOL.COM/2022-2023-INFO



Dakota Elementary students encouraging dorm Airmen

ABIGAIL KINDER, NORTHERN SENTRY

In everyday conversations at Minot Air Force Base, one often hears about how tough an assignment it is. From subzero temperatures to the feelings of isolation that come with living in a "small" town on the plains of North Dakota, Minot challenges those who come here, especially the single Airmen far from home. After the tragic suicides that shook Minot AFB in December and January, the community is left wondering, "What can we do to help those who really need it?"

For Melvina Murray, 2nd grade teacher at Dakota Elementary School, that question weighed heavily on her heart. Murray served in the United States Army for nine years and is now an Air Force spouse, and suicide is something she knows personally. "I have seen the stress and loneliness that comes with this military life. In my personal life, I have seen the hurt and guilt that surrounds families when losing a loved one to suicide. My sister committed suicide when I was 16 and she was 17," she said.

With the loss of her sister and an Army Battle Buddy, Murray could not stand by and do nothing after the recent suicides. So she developed Kindness in Dorms, or K.I.D., as a way to bring connection and happiness to the dorm Airmen. "It is a life of 'what ifs' after, and I just wanted to do what I could for the Airmen now to improve their mental health and possibly prevent any other families and friends any heartache."

K.I.D. began late one night with the idea to have students at Dakota Elementary write letters to Airmen living in the dorms. Murray compiled all of the information she needed and when she approached dorm management, they were fully on board. She and fellow teachers Caitlyn Knight-Daiss and Brittany Hanenberg sparked the conversation in their classrooms by asking students about their family and friends. "We

explained that our Airmen who live in the dorms work hard all day and when they come home, some don't have time to see friends and a lot of their families live far away. Sometimes it gets hard and it gets lonely and sad, and we wanted to do something to help them feel better," said Murray.

Murray, Knight-Daiss, and Hanenberg suggested students write letters to the Airmen, and "they really loved the idea; they put their time and effort into writing the letters and drawing the pictures and making [the Airmen] feel appreciated," she continued. The 2nd grade students began writing letters talking about their favorite movies and things to do, drawing pictures, and sending goodie bags to the dorms. The goodie bags contain treats such as candy or popcorn, provided by donations organized by 1st Lt. Avaris Murray and the 741st Missile Squadron.

Each bag also contains a QR code to a survey, and Murray said the results so far have been overwhelmingly positive. "I was having a bad day then I received this present and it made my day so much better," said one Airman. Another commented, "Made me very happy, it's really the small things that matter the

So far, K.I.D. has reached five dorms and 181 Airmen, one of whom took the time to come visit the students behind this amazing program. Airman First Class Bryce Sloan walked from the dorms to Dakota Elementary to speak to the children and let them know his appreciation for their efforts. "I really appreciate getting a letter. I had a hard day at work and I try to stay positive but some days are harder than others. Coming home to that letter really set me up to be happy the next few days," he

And the students were ecstatic to have a visitor from the dorms. "That's all they would talk about," Murray explained. "He

was so kind and patient. He let them ask a million questions! Nothing was about work; it was just a time for him to get a personal connection with the kids. He's genuinely an awesome kid who went above and beyond to exemplify the Air Force values that whole day. When we left to line up for the bus that day, [my students] kept saying 'Ms. Murray, Sloan is just like us. He's just like us!""

K.I.D. allows students and Airmen to bond over common interests, such as their favorite games or movies. One Airman even sent a Pokémon card for the student with his return letter, and others are encouraged to write back and share what makes them happy as well.

2nd grader Paige R. said, "It is worth it because it makes the Airmen so so happy." And Payton said, "Good! I'm happy he felt so happy when he got the letter!"

Murray hopes that K.I.D. can bring light into the lives of those Airmen who are alone and far from home here in Minot, and hopefully that little bit can help those who are struggling to find the strength to keep going another day. "Those tragedies, they never go away. It's just me, it's just one person, but a change needs to happen. Even if it's something small like a note on their door, I can't go by and think that I didn't do anything. This is a program that I don't want to die down even after I leave, because it's working. Through the surveys, through the kids' faces, through the Airmen that are reaching out and going above and beyond..." said Murray.

Not only is K.I.D. bringing joy to the Airmen, but it is also teaching the children the value of those little efforts that make a huge impact in the lives of others. They may not realize how much their letters mean, but to those who need it most, K.I.D. is making a world of difference.



To offer support to single Airmen in the wake of recent suicides that shook the Minot Air Force Base community, 2nd grade teacher Melvina Murray developed K.I.D. (Kindness in Dorms). K.I.D. brings hand written letters and goodie bags from students at Dakota Elementary to Airmen living in the dorms who are often far from home and may be struggling with their mental health. Airman First Class Bryce Sloan, shown above, was so moved by the encouraging letter he received that he came to the school to personally thank the students for their encouragement.





THIS WEEK IN USAF HISTORY

OPERATION HOMECOMING BRINGS **VIETNAM POWS HOME FEBRUARY 12, 1973**



POWs celebrate their freedom after being released from Vietnam. (USAF Photo)

Due to the Paris Peace Accords of 1973, POWs were to be released from North Vietnam during a mission called Operation Homecoming. The first group of 40 POWs, which included some of the longest-held prisoners, left Hanoi on February 12, 1973 on a USAF C-141 Starlifter known as the Hanoi Taxi. The crew stopped at Clark Air Base, Philippines, to offer the POWs medical care, new uniforms, and delicious food

before returning to the United States. During the operation, 591 POWs were liberated. 325 of them served in the Air Force, 138 in the Navy, 77 in the Army, 26 in the Marine Corps, and 25 were civilian employees. There were also POWs released from South Vietnam, Laos, and China. Navy Cmdr. Everett Alvarez Jr. was the longest-held POW, having been in captivity for over eight years. "Everything seemed like heaven," said Air Force Capt. Larry Chesley. "When the doors of that C-141 closed, there were tears in the eyes of every man aboard."

Information courtesy of: nationalmuseum.af.mil / af.mil







DAKOTA ELEMENTARY STAFF PAVES THE WAY

In honor of her exceptional leadership, Kathryn Lenertz, Principal of Dakota Elementary School at Minot Air Force Base, is now one of the three Principals in the state of North Dakota to have received a Golden Apple Award. Pictured here at the state conference last week, Lenertz poses with her prestigious award alongside two former Assistant Principals from the school. "It was an honor to stand along side of them again! No one works in education alone. It takes a village. This award is for all the hard work of EVERYONE who has been a part of Dakota, past and present," said Lenertz.

DAKOTA ELEMENTARY SCHOOL FACEBOOK PHOTO





CROSSWORD PUZZLE

Across

- 1. Outline
- 6. Upper edge
- 10. Nile biters
- 14. Spoof
- 15. Uncommon
- 16. National League stadium
- **17**. "Moving right __ . . . "
- 18. Airport-counter name
- 19. Right away
- 20. Doesn't deal with
- 23. Looks good (with)
- 24. Affected, in a way
- 25. Polecat relatives
- 29. Perseverance
- 31. Online bidding mecca
- 32. Chimney coating
- 33. Granola bit
- 36. "It's not only my fault"
- 41. Compass pt.
- 42. Like a D.C. office
- 43. Commits a hockey infraction
- 44. "The Longest Day" author
- **45**. Without a goal
- 48. "Farewell, François"
- 51. Besides
- 52. Making short work of
- 59. Others: Lat.
- 60. Have the courage
- **61**. Pie fruit
- 62. Burn the surface of
- 63. All finished
- 64. Didn't reveal
- 65. Stevenson character
- 66. Drain cleaners
- 67. Hits the brakes

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62					63					64				
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Down

- 1. Mild tiff
- 2. Luau dance
- **3**. On
- 4. "On Golden __"
- 5. Interlock, as gears
- 6. Orthodontist's offering
- 7. Great reviews
- 8. Eye part
- 9. Flat land formation
- **10**. Distribute by type
- 11. Rallying cry
- 12. Unskilled laborers 13. Annie's dog
- **21**. Statement reverser 22. Blues singer Bonnie

- 25. Fancy party
- 26. Israeli diplomat
- 27. Gardener's tool
- 28. Deli bread
- 29. Came down with
- 30. Milne creation
- **32**. Costa del __
- 33. Fairy-tale starter
- **34**. Iron and Stone
- 35. Prepare the salad
- **37**. Soviet spacecraft 38. New Deal power
- pgm.
- **39**. Ashen
- 40. Be under the
- weather
- 44. Hit the hay

- 45. Makes changes in
- 46. -oid relative
- 47. Marshy ground
- 48. Covered with water
- 49. Chicago mayor 50. Greek epic
- 51. See eye to eye
- 53. Revered one
- **54**. Annapolis athletes
- 55. October birthstone
- **56**. Until
- **57**. Aura
- 58. Coop residents

SUDOKU

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Solution to puzzle on page C11



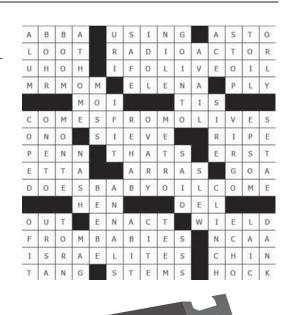
FRI., FEBRUARY 11 1800 **SUN., FEBRUARY 13** 1500 **SCREAM** (R)

SAT., FEBRUARY 12 1500 **DOG** (PG-13)

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Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as

advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

CHURCHDIRECTORY

Chapel Services at **MAFB**

(North Plains Chapel in Base Housing) **Sunday Community Service** 1030 a.m.

(Holy Communion 1st Sunday) Children's Church during school year

Catholic Mass (Northern Lights Chapel

across from Rockers)	
Sunday1	000
Daily Monday-Thursday at 1	200



109 6th St. SE Minot • 838-3094

Saturday, February 12 Vespers, 5PM

St. Peter The Aleut

Sunday, February 13 Divine Liturgy, 10AM

V. Rev. Fr. Paul Hodge



Wednesdays 7:00pm and Sundays 10:30am

1821 W Burdick Expressway

For More Information:

701.353.9337 | www.bfbc.tv



An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School & Fellowship9:00 a.m. Worship 10:30 a.m.

www.trinitychurchminot.org



Worship Service at 10:45am Sundays Sunday School at 9:45am

1720 4th Ave NW, Minot 838-0916

MinotBibleFellowship.org

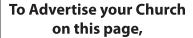


Faith United Methodist Church

5900 Highway 83 N, Minot www.faithumcminot.com

> **Pastor Ken Mund** 701-838-1540

Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.



Call 839-0946

Only \$9.00 a space / per week

Cornerstone Presbyterian Church

1000 NE 3rd Street 852-0315

Sunday Schedule

Contemporary Worship.. Sunday School (All Ages) 10:00am Traditional Worship..

Wednesday Evening Schedule

Community Dinner..........5:30-6:30pm Contemporary Worship........6:30pm Youth Group & Small Groups..7:15pm

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www.oslcminot.com

Rev. Heath Trampe Rev. Brian Doel



St. Mark's **Lutheran Church** Missouri Synod

Sunday Worship 9:30 AM

2209 4th Avenue NW Minot, ND 839-4663

Reverend Philip Beyersdorf www.minotstmarks.com

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Immanuel Baptist Church

1615 2nd St. SE, Minot 701-839-3694

Sundays:	
9:00 am	Fellowship
9:15 am	Sunday School
10:30 am	Worship
Wednesdays:	•
11:30 am	Soup Kitchen
5:30 pm	Family Supper
6:30 pm. Prescho	ool/Kids' Člub/ABY
6:30 pm	Adult Bible Study

www.ibcminot.org e-mail: immanuel@srt.com

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School	9:45 a.m.
Morning Worship	11:00 a.m.
Evening Worship	6:00 p.m.
Wednesday Evening	7:00 p.m.
Independent/Fundar	nental/KJV

500 46th Ave NE • 839-1351 Pastor David Miller

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701 839-7076

Dally	lass Schedule:
Tuesday	5:15 p.m.
	Friday 7:00 a.m.
Saturday	5:00 p.m.
Sunday	8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com

Cross Roads

Baptist

Southern Baptist Convention



Sunday Worship 9:30 am

www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am

www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman



a mining receive	P
1105 16th St. NW •	839-1407
Sunday School	9:30 a.m.
Sunday Worship	10:30 a.m.

Children's Church & Nurserv Wednesday Family Training Hour Meal....

Classes for All Ages 6:30 p.m. Youth Center, Friday......7:00 - 11:00 p.m. ABC Child Care Center852-6352

westminot.com facebook.com/westminot



Gospel Tabernacle Community Church

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m
Adult/Children Worship11 a.m
Family Hour6:30 p.m
Evening Worship7:30 p.m
Bible Study/Child-Adult
Children Worship (Wed)7 p.m
Prayer (Friday)7 P.m

1805 2nd St. SE 838-1111

Sunday Services 8:30 AM 10:00 AM 11:30 AM Wednesday 6:30 PM

To Advertise your Church

on this page,

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a space / per week

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Saturday School	2:00	p.m.
Sunday Worship	3:30	p.m.
Wednesday Bible Study		

Jesse Starr, Pastor

First Baptist Church

Contemporary Worship Service.......... 9:50 a.m.

Adult Sunday School 11:00 a.m.

Contemporary Worship Service...... 11:05 a.m.

Wed. AWANA (Sept. to May) 6:30 p.m.

Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor

Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

Classic Worship Service.

Children's Church

200 3rd St. SW • 852-4533

..... 11:05 a.m.

www.fbcminot.org

Sunday School (all ages)9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m. www.minotcrbc.org

email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor 415 28th Ave SE (Behind Menards)

838-1873

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CHURCH

Worship...... 9:00 a.m. & 11:00 a.m.



A Church of the Lutheran Brethren Sundays:



Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772 www.orcsknights.org

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Email: jschultz@orcsknights.org Website: www.orcsknights.org



advertise FOR ONLY \$9 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline **TUESDAYS BY NOON** WEEK OF PUBLICATION

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email NSADS@SRT.COM

> lax 701-839-1867

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IMMEDIATE FULL AND PART TIME OPENINGS for

daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone mmackey@kalixnd.org 701-852-1014.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/ week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112

THE NORTH **DAKOTA** NATIONAL GUARD openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB **COMMISSARY** Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

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- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

CONTACT US AT: (701) 727-2233

(701) 727-AADD

THURSDAY, FRIDAY & SATURDAYS 09:00 PM - 02:00 AM

> HOLIDAY WEEKENDS 08:00 PM - 03:00 AM

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's preeminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 21 Mar-22 May. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 904-513-9734.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

PARK UNIVERSITY MINOT -

PARK UNIVERSITY MINOT - Your degree, Your way. Open enrollment for the 2021/2022 year! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center ŘM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-toface classes at the Minot Air Force Base. The Spring 2022 semester begins Monday, January 10, 2022.

There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@ minotstateu.edu



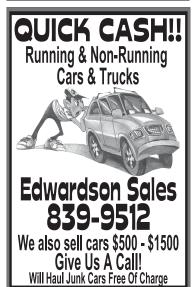
SUDOKU SOLUTION

PUZZLE ON PAGE C8

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Contact Rod Wilson to get your business listed here! E-mail: sentrysales@srt.com | 701.839.0946





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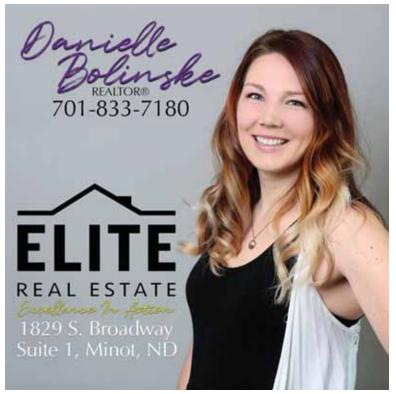
Call: 701.720.1093

Today for more Information.

NPCS

8 46th AVE NE Minot, North Dakota

REAL ESTATE



FLOWER SHOP



WHAT'S GOING ON MAFB

FRIDAY

- Registration Closes: Ski & Snowboard Trip to Terry Peak, SD at Outdoor
- Cycle & Strength, 0530, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- EFMP Kids Craft Activity: Valentines Cards, 1730-1830, ESC
- Game Night Series: Rocket League, 1800, ESC
- Sweetheart Social, 1800-2000, ESC
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY

- Heart Healthy Cardio Event, 0900-1100, Fitness Center
- Mad Science Party, 1300, Minot AFB Library Facebook Page @minotairforcebaselibrary
- Valentine's Movie Night, 1800, ESC
- UFC 271: Adesanya vs Whittaker, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

SUNDAY



- Zumba, 1400, Fitness Center
- The Big Game, 1730, Rockers Bar & Grill

MONDAY

- Registration Opens: Ski/Snowboard Trip to Bottineau, ND at Outdoor
- Registration Opens: B52 Basketball Camp at the Youth Center
- TAP GPS Workshop, 0730-1600, In person at A&FRC, online Zoom Meeting
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Cycle, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga, 1830, Fitness Center

ONGOING

- The status and location of Minot Air Force Base events are subject to change due to base restrictions.
- Harry Potter Escape Room Game: 5 February 19 February, Minot AFB Library. Call to reserve a time slot.
- Winter Reading Program: 1 December 1 March, Minot AFB Library
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care Call to schedule an appointment.

- Last day to sign up: Winter Reading Program at the Minot AFB Library
- TAP (VA), 0800-1600, A&FRC
- Game Day, 1000-1930, Minot AFB Library
- Tactical Fit, 1130, Fitness Center
- Moving Out of the Dorms Budget Class, 1300-1500, A&FRC
- · Acrylic Paint Pouring Class, 1800-2000, Arts & Crafts Center

WEDNESDAY

- TAP (DoL) Overview, 0730-1600, A&FRC
- Spouses Welcome on the Road Base Tour, 0800-1400, A&FRC
- Bundles for Babies, 0900-1030, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000-1100, A&FRC, Zoom Meetina
- Story Time, 1030, Minot AFB Library
- Fit to Fight, 1130, Fitness Center
- Yoga, 1200, Fitness Center
- Epoxy Wine Caddy Class, 1700-1900, Fitness Center
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, A&FRC
- Yoga, 1830, Fitness Center

THURSDAY

- Initial Counseling Tier II, 0730, A&FRC
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Pre-Separation Counseling, 0830, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1130, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Tactical Fit, 1130, Fitness Center
- Kids' Night, 1530-2030, Bomber Bistro
- Magic The Gathering Modern League, 1800, ESC
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

FRIDAY



- · Cycle & Strength, 0530, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Friday Fun Members Buffet, 1630-1830, Rockers Bar & Grill
- · Cycle, 1630, Fitness Center
- Game Night Series: Board Games, 1700, ESC
- Swerk, 1830, Fitness Center
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY T

- · Cycle, 0900, Fitness Center
- Barre Strength, 1000, Fitness Center
- Warhammer 40,000 Casual Game Day, 1500, ESC

FEBRUARY SPECIALS

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Rockers Bar & Grill • Classic Cheeseburger

Try this 1/4 lbs seasoned burger with American cheese, served with a side of crispy fries and a drink! Grab this tasty combo for \$7.50!



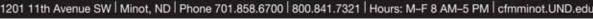


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