NOITH EINSENTRY.COM | VOL. 60 • ISSUE 13 | MINOT AIR FORCE BASE | FRIDAY, APRIL 1, 2022

WHAT'S INSIDE



THIS WEEK:

MINOT AREA CHAMBER EDC WINS CIVILIAN HUMANITARIAN AWARD

A3



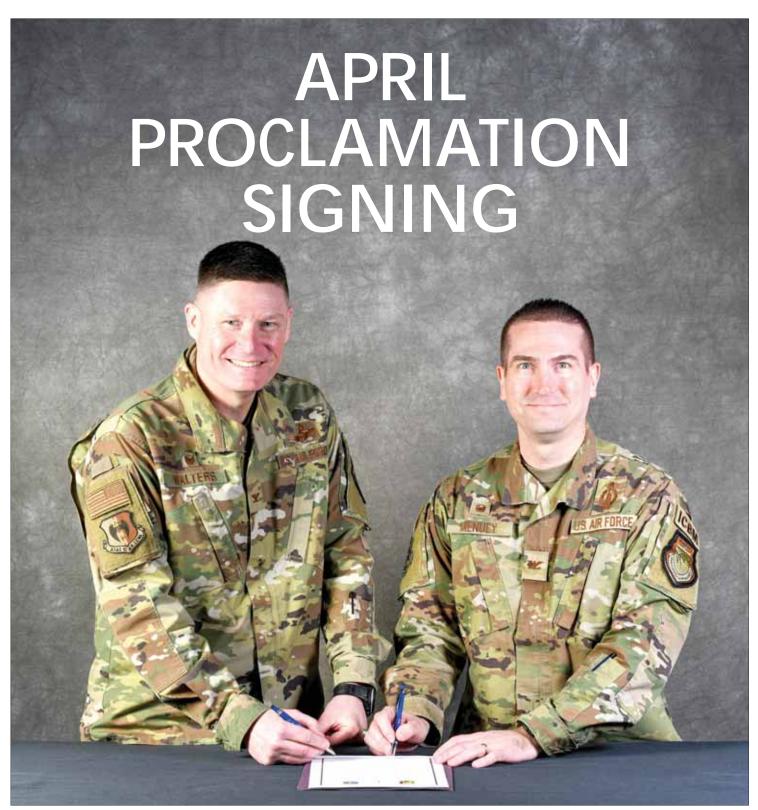
HOMESCHOOLING IN THE MILITARY

B6



MONTH OF THE MILITARY CHILD

C3



Colonel Michael Walters, Commander, 5th Bomb Wing, and Colonel Christopher Menuey, Commander, 91st Missile Wing, Minot Air Force Base proclaim the month of April 2022 to be the month of the Military Child, Child Abuse Prevention Month, Alcohol Awareness Month, and Sexual Assualt Awareness and Prevention Month.

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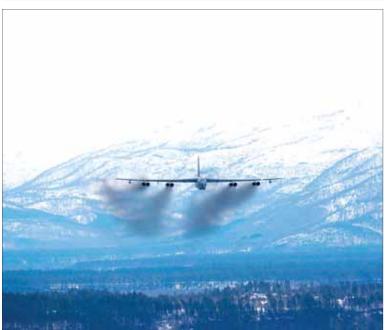
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Minot AFB Videos



Find us on
Minot Air Force Base





An American B-52 strategic bomber over Bardufoos, Norway, Friday, March

TORBJØRN KJOSVOLD PHOTOS

and activity with Miss Kristi Tuesday and Friday 11 am MILITARY ID DISCOUNT! 10% Off Everything, Every Day! WITH A MILITARY ID TRADE YOUR LIKE-NEW USED BOOKS FOR STORE CREDIT - DETAILS ONLINE AND IN-STORE!



American B-52 strategic bombers over Bardufoss

American B-52 strategic bombers have participated in several joint trainings with Norwegian forces during exercise Cold Response 2022. March 25, as part of a training mission, they passed over Bardufoss together with the Norwegian F-35s.

NORWEGIAN ARMED FORCES

At 14.30 Norwegian time on Friday 25 March, one American B-52, closely followed by two Norwegian F-35s, flew over Bardufoss military airport, and further into the Cold Reponse training area. The training mission also included the Royal Norwegian Navy and the Norwegian frigate Roald Amundsen.

The training was well planned and coordinated, and it develops a joint ability to work closely as an alliance on advanced threat scenarios with forces on the ground and in the air.

"These missions that we have together with the American Bomber Task Force have developed into a very good and important collaboration. We plan and execute together, which shows a common commitment to working well with allies

and partners to deter potential aggressive actions", says Rolf Folland, Chief of the Norwegian Air Force.

Last week and this week, Norwegian forces on the



We plan and execute together, which shows a common commitment to working well with allies and partners to deter potential aggressive actions



ground, at sea and in the air have participated in advanced training scenarios together with the strategic bombers. Special forces on the ground have helped to extract precise target data for the Norwegian and

American aircraft.

Since 10 February, the $B\mbox{-}52$ Stratofortress aircraft belonging to the 69th Expeditionary Bomb Squadron have been stationed at Fairford, England. As part of the deployment to England, the aircraft have participated in several training missions with allies during the large winter exercise Cold Response.

The purpose of the winter exercise is to train reinforcements of allies / partners under challenging climatic conditions, and increase the preparedness and capacity of the participating forces. Our ability and will, supported by NATO, is the mainstay of Norway's defense. Therefore, such trainingmissions as the Bomber Task Force are important for developing a common understanding and common procedures.

LEGAL NOTICE

Minot AFB, N.D. - Capt. Jourdann Rhodes from the 5th Logistics Readiness Squadron, has been appointed the Summary Court Officer (SCO) for the estate of A1C EIVETTE MARTINEZ, 5TH LOGISTICS READINESS SQUADRON.

All claims for or against the estate of the deceased must be submitted to the SCO. For more information, Capt. Jourdann Rhodes at (701) 340-3207.



Minot Area Chamber EDC wins Distinguished Civilian Humanitarian Award

ABIGAIL KINDER, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

Minot Area Chamber Economic Development Corporation [EDC] was selected as the Air Force Global Strike Command winner of the 2022 Zacharv and Elizabeth Fisher Distinguished Civilian Humanitarian Award on Mar. 18, 2022.

Established in 1996 as a tribute to the contributions of Zachary and Elizabeth Fisher, the award honors private sector entities for their dedication to the wellbeing of service members and their families. Nominees display exceptional service and humanitarian concern

for each branch of the military and are selected based on their generosity, patriotism and other

For decades, the Minot Chamber EDC has supported Minot Air Force Base through advocacy and building a strong relationship between Airmen and civilians. They have secured millions of dollars for area youth education, flood prevention funds and thousands of dollars for Airmen morale programs. Through Airman Against Drunk Driving, Adopt an Airman, and other collaborative programs, the EDC focuses on promoting safety and wellness for

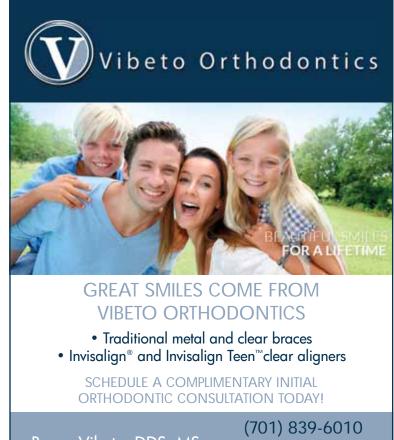
Team Minot. They also encourage civic leader engagement in several military events and have worked with base leadership, Key Spouses, First Sergeants, and the community to increase public awareness and garner support for Minot AFB and its mission.

The Chamber EDC nominated by the 5th Bomb Wing with a recommendation from Maj. Gen. Andrew Gebara, 8th Air Force commander. After winning the award for AFGSC, the Chamber will now compete for the award at the Air Force level.

Leaders from the City of Minot and Minot Air Force Base gather for the monthly Military Affairs Committee Lunch on Jan. 6, 2022, in Minot, N.D. This lunch allows community leaders to engage and discuss important topics that are happening both on Minot Air Force Base and the City of Minot.

U.S. AIR FORCE PHOTOS AIRMAN 1ST CLASS SAOMY SABOURNIN





Bryan Vibeto, DDS, MS

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PHOTO OF THE WEEK



Ramblings from Rod

northern **sentry**

ROD WILSON, NORTHERN SENTRY



We are changing it up a bit this week. Instead of a view from our side, I've decided to provide a few "ramblings".

SAYING GOOD-BYE TO ABIGAIL

Our reporter Abigail Kinder has left the Northern Sentry to accept a position in Public Affairs. We are going to miss Abigail as she has been a great addition to the Northern Sentry staff. We certainly wish her the best in her new position. But the Northern Sentry doesn't have to say goodbye! The good news is that Abigail will still be working closely with us, just from the other side.

HELLO ERIN

Erin Beene has been hired to replace Abigail. Erin has already made her mark by contributing to this week's Northern Sentry. Erin is a busy mom...she is experienced in marketing and social media, as well as providing home schooling to her two kids.

We are happy to welcome Erin, as we know the importance of providing local stories from Minot Air Force Base to our Northern Sentry readers.

WOW!

If you know TSgt. Eli Smith from Public Affairs, ask him to show you his photos from his recent fishing trip to Fort Peck in Montana. The four friends caught their limit of Lake Trout, which is a unique fishery to Fort Peck. TSgt. Smith says that one of the fish would make it up on his wall.

HAVE YOU TRIED HEADSPACE

You still have time to download the Headspace app at no cost. I was provided a free download, and now I encourage you to take advantage of this no cost offer. The meditations and other self help features are great.

CURLING?

The curling season has come to an end, and our congratulations go out to all of the participants who picked up a broom and sent manya-rock down the ice sheet towards the target on the other end. Congrats to league champs The Rock Ridge Dads, and to runners up, the Horrible Bosses. The Minot AFB curling league continues to grow every year so mark your calendars for January 2023.



TSgt. Eli Smith

LOVE THOSE CARRIERS...

There is a small army of carriers that bring you the Northern Sentry every week, come rain, sleet, snow or barking dogs. We say thank-you to each and every one of them, and their parents. The Northern Sentry is one of very few newspapers that still continues with home delivery.

RONY ANYONE?





German and United States joint Terminal Attack Controllers Train with B-52s

ALLIED AIR COMMAND PUBLIC AFFAIRS OFFICE

RAMSTEIN, Germany German and United States (U.S.) Joint Terminal Attack Controllers (JTACs) recently cooperated with U.S. B-52s, underlining a shared commitment to NATO's defensive capabilities and reinforcing Alliance cohesion.

On 21 March, JTACs based in Germany executed Close Air Support (CAS) training missions with the B-52s. Various Allied JTACs have had the opportunity to integrate with the B-52s during the current Bomber Task Force (BTF) mission. In early March, B-52s flew over central Europe to meet up with Romanian JTACs, providing crucial training for NATO Allies in the Black Sea region. On another integration opportunity, the B-52s supported a routine, pre-planned CAS training event at Grafenwoehr Training Area, Germany, March 4.

Such examples of air-to-ground integration demonstrate the B-52s inherent speed, flexibility, and range as a strategic bomber.

"BTF rotations give us a critical opportunity to integrate and train with our allies and partners, especially during this difficult time." said General Jeffrey Harrigian, Commander of Allied Air Command, in

early March. "Training together ensures the defensive power of NATO remains unmatched."

B-52s from the U.S. 5th Bomb Wing, Minot Air Force Base, North Dakota, have been operating in Europe since early February. They have executed training missions with several NATO Allies since their arrival.

The B-52s are currently based

U.S. bomber rotations in NATO territory reinforce the U.S. commitment to the Alliance and its collective sovereignty.

U.S. bomber rotations through Europe have been occurring since 2018, maintaining NATO's readiness and ability to execute a wide variety of missions.



U.S. Air Force Tactical Air Control Party Operators and German Joint Fires Observers pass target data to B-52H Stratofortress bombers during a Dynamic Targeting and Close Air Support training event at the 7th Army Training Command's Grafenwoehr Training Area, Germany.

U.S. ARMY PHOTO2 I GERTRUD ZACH





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Homeschooling in the Military

ERIN BEENE, NORTHERN SENTRY

This military life brings in people with all sorts of backgrounds and ways of life. Most mil spouses end up finding unique and innovative ways of merging beliefs and standards with education for their families. Julianna Thompson is no exception. Different types of families can come together on military installations and not only thrive, but find their "people" in homeschool communities. Julianne Thompson is an Air Force Veteran who has had over 10 years of homeschooling experience all over the world.

Julianne enlisted in the U.S. Army Reserves at the age of 17 under the delayed entry program. During that time she attended Tacoma Community College for the first two years of college. Then, she was accepted to the University of Washington AFROTC program. After commissioning, she achieved a Master of Science degree and a Doctor of Philosophy, all but the dissertation.

When Julianne was force-shaped out of the military in 2006, she and her active duty husband decided it was time to focus on their family. "My first child was born in 2007. While it was tremendously hard at first to admit to my friends that I was going to stay home, I can say without regret that this has been the best decision of my life," Julianne recounted.

Julianne has been teaching her four children at home for the past 10 years using mostly the Classical Conversations model. They have lived all over the world and have continued to adapt learning based on location.

Here in Minot, Julianne has been instrumental in creating a Classical Conversations group on the base. This homeschool community appeals to families who move around often, want to focus on their child's individual learning and have the freedom of a one-room schoolhouse mentality.

When asked what the best part



Cecelia 12, Lt Col. Dave Thompson, Emilia 10, Marilyn 8, Julianne, Simon 14.

of homeschooling is, Julianne said, "My husband really appreciated the freedom to take leave last in his shop. We could build our schedule around his and we could travel with him when he went TDY. Another thing that has been rewarding for us is having a continuous curriculum despite our eight military moves."

Julianne also mentioned that she loves homeschooling because, "I know when [my kids] need more help or if they simply aren't giving their best. We move on when they're ready. There are some things I've covered hundreds of times! Once it was grasped we celebrate! I'm thankful that that's the type of learning environment we can cultivate at home. Now that my children are getting older I'm working hard to continue to tailor their education. My oldest excels in mechanics and math. My second oldest is laser-focused on music and veterinary school. I don't take my role as their teacher lightly."

Since military families are constantly moving around to new

state requirements and grade level expectations, Julianne has experienced acceptance at any base and was able to simply plug in to the local community. She especially loved the ease of the North Dakota state laws while in Minot, "The North Dakota laws are very friendly to homeschoolers. If you need or want anything the school offers, you can selectively join just those areas. We've had a wonderful relationship with the band here and have participated in a recent writing contest at the middle school."

Although it has come with sacrifices, Julianne does not regret setting aside her blooming career to focus on her children's education. She says, "Your kids are worth your best effort."

To find out more about homeschooling in Minot or within the military community, check on Facebook for homeschool groups and look up state law requirements. Ask questions, dig in and find an education system that works for you and your family.





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Career Intermission Program application window opens April 1, reduces service obligation

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -The first CY22 Career
Intermission Program
application window opens
April 1 for eligible Airmen and
Guardians interested in a one to
three year temporary break from
active duty to meet personal or
professional needs outside the
service.

The time commitment members must serve upon return to active duty is now a "one month for one month" ratio, instead of the previously required "two months for every one month" of program participation due to a recent change in the FY22 National Defense Authorization Act.

CIP was established in 2014 to allow members to temporarily transfer to the Individual Ready Reserve and then make a seamless transition back to active duty status. The program allows participants to retain full medical and dental benefits for themselves and eligible dependents, as well as exchange and commissary benefits. Participants also receive a monthly stipend of one-fifteenth

of their basic pay.

Additionally, members are authorized travel and transportation allowances to one home of selection within the U.S., and from their home of selection to their followon assignment upon return to active duty.

"This is another example of how our department is working to retain talented individuals," said John A. Fedrigo, acting assistant secretary of the Air Force for Manpower and Reserve Affairs. "We've found that these individuals return to active duty with enhanced experience, relevant education and a renewed purpose to serve."

CIP is open to regular Air Force, "career status" active Guard and Reserve Airmen, and Space Force Guardians during application windows. Additionally, dual military Airmen or Guardians who receive unsupported join spouse assignments, as well as Airmen or Guardians with humanitarian circumstances, can apply for out-of-cycle CIP consideration.

The 1:1 payback change is

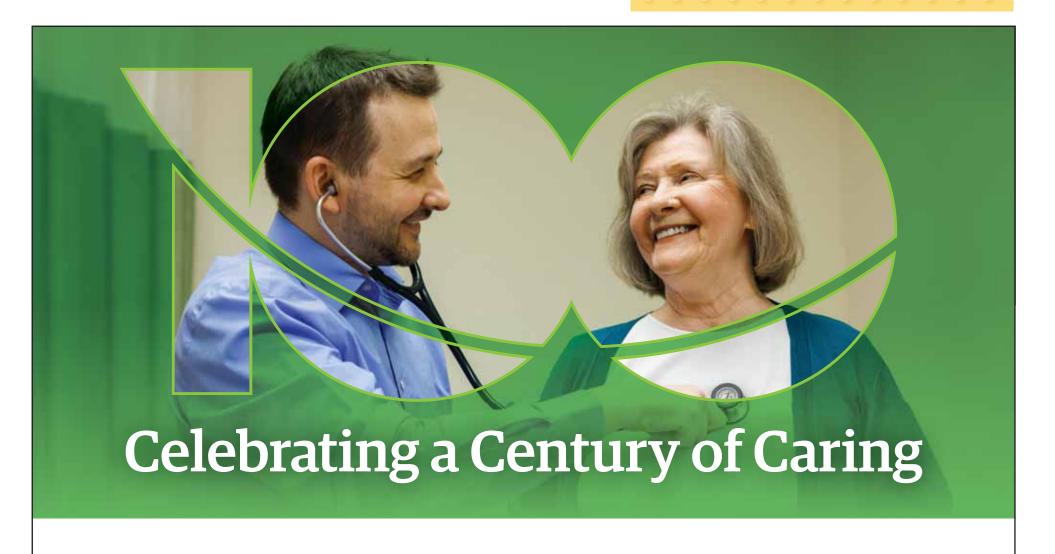
applicable to those Airmen or Guardians who enter the CIP program on or after Dec. 27, 2021.

There may be specific situations in which one-year participation in CIP will still require a two-year commitment upon a member's return, such as a PCS-based Active Duty Service Commitment or ADSCs totaling less than 12 months.

For case-specific questions on how this change applies to them, interested members should discuss it with their leadership and career field teams. For more information on specific eligibility, contact the Air Force Personnel Center Career Intermission Program office by emailing AFPC.DP2LT. CareerIntermission@us.af.mil.

Applications for the first application window in CY22 will be accepted from April 1 to May 13, 2022. Eligibility criteria, application cycles, and application procedures information may be found at mypers.af.mil





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Provider of the Month Feature

APRIL 2022





What do you enjoy most about being an FCC Provider?

I love that I'm able to spend my days with my son and I never miss those special moments as he grows and develops. I love the bond we have been able to create with the extra time I have with him and his friends.

What are your interests/hobbies? I love to travel and try new things.

I am a dancer, a writer and a reader. I love all things art and I enjoy crafting.

What advice do you have for new providers/those interested in being FCC Providers?

Find some good FCC friends. It helps a lot to have friends to talk to and have adult interactions





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BOMBER TASK FORCE - EUROPE 22-2





A U.S. Air Force B-52H Stratofortress assigned to the 69th Expeditionary Bomb Squadron, RAF Fairford, England, takes off from RAF Fairford for a pre-planned Bomber Task Force Europe mission to Norway, March 14, 2022. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.



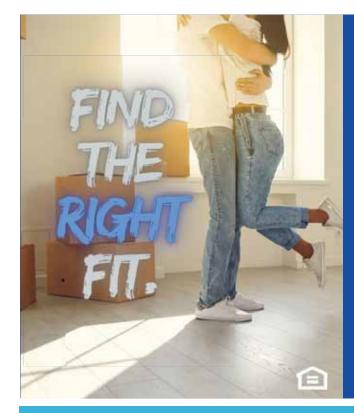






A U.S. Air Force crew chiefs prepares for post-flight maintenance on a B-52H Stratofortress, assigned to the 69th Expeditionary Bomb Squadron, RAF Fairford, England, after a pre-planned integration mission with Allies and partners during Bomber Task Force Europe March 14, 2022. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTOS I TSGT. CORBAN LUNDBORG













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THIS WEEK IN USAF HISTORY

PAUL W. AIREY BECOMES THE FIRST CHIEF MASTER SERGEANT OF THE AIR FORCE **APRIL 3, 1967**



CMSAF Paul W. Airey (USAF Photo)

Paul Airey was born in 1923 and raised in Quincy, Massachusetts. He joined the Army Air Forces on November 16, 1942 and spent his more than 27 years in service as an aerial gunner, radio operator, first sergeant, personnel sergeant major, and as the first Chief Master Sergeant of the Air Force. During World War II, Airey was a crew member on a B-24 bomber that was downed by antiaircraft fire over Vienna, Austria. The crew of that bomber were immediately captured and kept as prisoners of war until May 2, 1945. In 1967, he was promoted to the new position of CMSAF, making Airey the highest

ranking enlisted Airman. He aided and advised the secretary of the Air Force and the chief of staff on matters pertaining to enlisted airmen, such as assignments and promotions. He was also a strong advocate for enlisted professional military education and pushed the Air Force to give more training to Senior Noncommissioned Officers. After his time as CMSAF, Airey returned to Tyndall AFB, Florida where he became a first sergeant. Paul Airy retired on August 1, 1970 and moved to Florida with his wife, Shirley. He became an active part of the Air Force Sergeants Association, Air University Foundation, Airmen Memorial Museum, and Airmen Memorial Foundation. He passed away on March 11, 2009.

Information static.dma.mil / media.defense.gov













BUSINESS HOURS

Monday: 7:30am — 6:00pm Tuesday: 9:00am — 6:00pm Wednesday: 7:30am — 6:00pm Thursday: 7:30am — 6:00pm Friday: 7:30am — 4:30pm Saturday: 2 a month by appt Sunday: Closed

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Dr. Matt Hanson

Dr. Shad Froseth

Dr. Crystal Long

Dr. Willy Fielhaber

91ST OPERATIONS GROUP COMMANDER ON ALERT



Col. Kristen Nemish, commander of the 91st Operations Group, conducts pre-operational checks inside of a Launch Control Center used for training purposes at Minot Air Force Base, N.D., Mar. 8, 2022. The 91st Operations Group secures, supports and operates intercontinental ballistic missiles assigned to the Minot area of responsibility.



Col. Kristen Nemish, commander of the 91st Operations Group, sits at the control console inside of a Launch Control Center used for training purposes at Minot Air Force Base, N.D., Mar. 8, 2022. The 91st Missile Wing contributes to the nation's strategic defense by sustaining and operating various Minuteman III intercontinental ballistic missiles and the associated launch



Col. Kristen Nemish, commander of the 91st Operations Group, and Capt. Krista Strum, 742nd Missile Squadron, take a photo in a Launch Control Center training capsule at Minot Air Force Base, N.D., Mar. 8, 2022. Crews, consisting of two missileers, man each launch control center for 24 hours before being replaced by another crew.

awn, Leisure &

Women's HSTORY month



Meet Colonel Kristen Nemish, 91st Operations Group commander, shes been in the Air Force for 24 years! Did you know that Nemish wanted to be an astronaut before she became a missileer? #SheStriker "I'm so grateful for the past 24 years and that this was the path the Air Force chose for me. I don't know that I would have chosen it on my own."

U.S. AIR FORCE PHOTOS I AIRMAN 1ST CLASS SAOMY SABOURNIN



Col. Kristen Nemish, commander of the 91st Operations Group, and Capt. Krista Strum, assigned to the 742nd Missile Squadron, conducts a key turn in the control capsule used for training purposes at Minot Air Force Base, N.D., Mar. 8, 2022. The 91st Operations Group secures, supports and operates intercontinental ballistic missiles assigned to the Minot area of responsibility.







701.337.2500

HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.

Saturday: 5:30 a.m. - Noon

Brass Band of Minot Palm Sunday Concert

BRASS BAND OF MINOT

Brass Band of Minot will conclude it's 2021-2022 season with "A Palm Sunday Concert" at 4 PM on Sunday, April 10th at Minot State University's Ann Nicole Nelson Hall.

Special guest, Jocelyn Rodgers, who some may remember from her work with the Medora Musical, will open the concert with an acapella rendition of the Ukrainian National Anthem in recognition of Ukraine's current struggles. The band will then accompany Jocelyn for the "Star-Spangled Banner" and continue with Paul Lavalle's rousing "Band of America March" followed by "Second Suite in F Major" by Gustav Holst. "Second Suite" is a band favorite for the way Holst weaved together a number of folk song tunes in to a sonorous tapestry. The band will play the movements "March," "Song of the Blacksmith" and "Fantasia on the "Dargason." In "Song of the Blacksmith," the part of the blacksmith's anvil will be played by a favorite but underutilized instrument from the percussion section: the brake drum. As the name suggests, the instrument was made from the brake drum from a car wheel. The band will then accompany special guest Dr. David Rolandson, Director of Bands at MSU, in the third movement of Edward Gregson's "Tuba Concerto." This challenging piece showcases what a tuba in the hands of a virtuoso like Dr. Rolandson can do with a fast-paced and flexible rondo section and a bluesy/jazz section, and a dramatic cadenza. Next, the band will play Steve Sykes' arrangement of "Raiders of the Lost Ark" by John Williams and Ivor Bosanko's "Rocky Mountain Centennial,"

a Salvation Army festival march with musical references to mountain folk songs including "Home on the Range." The concert will continue with the soothing sounds of "Pie Jesu" from Andrew Lloyd Webber's "Requiem" featuring the mellifluous sounds of the Eb Soprano Coronet and Flugelhorn, both instruments that create a beautiful mellow sound seldom featured outside of British-style brass band repertoire. Then, the band will play Robert Spittal's lyrical "Pacem: A Hymn for Peace" and conclude with James D. Ployhar's majestic and jubilant arrangement of "Praise to the Lord."

The Brass Band of Minot is North Dakota's only Britishstyle brass band and provides audiences with the opportunity to experience the unique brass band sound through a variety

of different styles of music. The band is directed by Gordon Troxel and consists of brass and percussion players from Minot and other communities in Northwest North Dakota who share a love of brass band This concert helps showcase what makes Britishstyle Brass Bands unique. For players (who, in Minot's band, range from high school students to professional music educators), playing in the brass band music is more challenging but also more rewarding than playing in other groups because the parts are more independent, have more variety, and give everyone a chance to shine. Audiences get the chance to see and hear instruments like the flugelhorn, altonium, and soprano coronet, that are not typically present in other ensembles and get to experience the variety and



Jocelyn Rodgers

beauty of brass band repertoire. Brass Band of Minot concerts are free and open to the public though cash and check donations are very welcome.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

The Brass Band of Minot will be back in October for its 2022-



SALMON WITH SPRING VEGETABLES AND PESTO



INGREDIENTS

BONES REMOVED 2 TABLESPOON OLIVE OIL KOSHER SALT AND FRESHLY GROUND BLACK PEPPER 2/3 BUNCH ASPARAGUS, BOTTOM THIRDS OF STALKS REMOVED AND SLICED INTO 1 INCH PIECES ON THE BIAS 2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO ½ INCH PIECES ON THE BIAS 6 2/3 OUNCE CHERRY TOMATOES, RINSED

4 (4 OZ EACH) SALMON, SKIN-ON, PIN

AND HALVED 1 1/3 LEMONS, HALVED

1/3 CUP FRESH PESTO 2/3 I FMON 7FSTFD FRESH BASIL LEAVES, FOR GARNISH

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork.

Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve Enjoy!

www.HofE.com/BBQHQ

NOTES ON BEING SAFE

Protect your child with **Child Safety Seat Basics**

Did you know that nearly 90% of child safety seats are used incorrectly! The two minutes you take each time you buckle up your child correctly can save their life.

Infants: An infant may be restrained in an infant seat or a convertible seat. An infant seat is designed for children birth to one year and about 20 pounds. A convertible seat is designed for children birth to about 40 pounds.

Children less than one year and up to 20 pounds (check your seat's manufacturers instructions for exact weight limits) must be restrained rear facing in the car.

Some infants will reach 20 pounds before one year of age - outgrowing their infant seat, but are still not ready to face forward in the vehicle. In this situation, the child should be restrained rear facing in a convertible seat designed to hold children up to 28-30 pounds rear facing. More and more convertible seats are being made to hold heavier infants rear facing. Always follow the manufacturer's instructions.

Adjust the seat so that the child is reclining at about a 45 degree angle

Harness straps should be in the slots at or below the infant's shoulders and should be snug against baby.

Place the retainer clip at armpit level to keep the harness strap on baby's shoulders. Never place an infant in a front seat with a passenger-side airbag.

Harness baby in snugly and then cover the baby with a blanket.

Make sure the seat is installed as tight as possible. Get in a kneel on the seat while tightening the belt. A child safety seat should not move more than one inch in any

Always use a federally approved child safety seat and not a regular household

Toddlers: Child faces forward in car and in an upright position after 12 months and over 20 pounds Most convertible seats are for children

up to 40 pounds (about 4 years old). Read manufacturer's instructions to check your seat's quidelines. A forward facing seat must have the

harness straps in the upper most harness Built-in safety seats are federally

approved and safe for children over 20 pounds and 12 months

Always make sure the seat is installed as



SSGT KELLEEEN KOSCH 5TH BOMB WING OCCUPATIONAL SAFETY **TECHNICIAN**

tightly as possible.

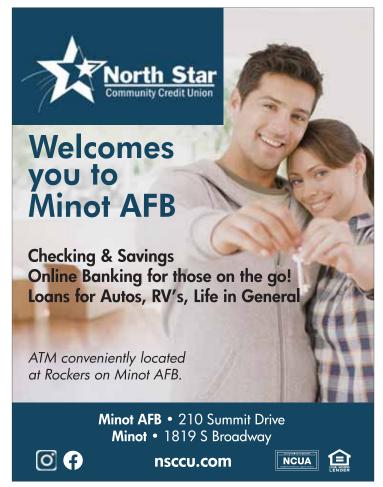
Older Children: Children from 40 to 80 pounds or 4'9" tall should use a federally approved booster seat.

A booster seat with a lap and shoulder belt combination is the safest. This can be done with a booster without a shield and one that has a removable shield. Always follow the manufacturer's instructions for this.

Once children are over 4'9", and have outgrown their booster seat, they should use a safety belt in all seating positions.

Older children are ready to use vehicle safety belts when the lap belt stays low and snug across the hips, and the shoulder belt does not cross the face or in front of the

The safest place for a child to sit is in the middle of the back seat. If the vehicle has a passenger side airbag, all children 12 and under should be restrained in the back seat. Airbags save lives when used with safety











MONDAY - THURSDAY: 11AM - 1AM - SATURDAY: 11AM - 2AM SUNDAY: CLOSED

6 2ND STREET NE, MINOT 701-852-7768

Frozen Fingers Festival is Back!

ERIN BEENE, NORTHERN SENTRY

After two long years off, the Music Association of Minot is back with the Frozen Fingers Festival and Country Jubilee! This unique fundraising event raises money to send kids to the International Music Camp near Bottineau every year. The Music Association of Minot has been a part of our community for about 40 years and they aim to support local musical artists throughout North Dakota.

The Frozen Fingers Festival, usually set in February, gets its name for the freezing fingers musicians sometimes have to suffer in Minot. This festival boasts a slew of home-grown

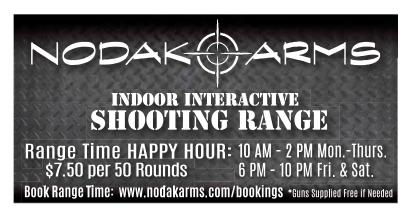
musical groups including The Bluestems, Randy Karr Band, Dakota Drifters and many more. As a family-friendly event, be prepared to kick up vour heels and dance to some classic country western music, enjoy home-cooked appetizers and even chance a win on some door prizes! This festival is a Minot classic, you don't want to

Friday, April 8, 5-9pm & Saturday April 9, 12-5pm. Cost is only \$20 per day or \$35 for both days.

Tickets can be purchased at the door. More information can be found at frozenfingers.org



Dakota Drifters





Friday, April 8

5:00pm Doors Open 5:30pm Hors d'oeuvres will be served. Dinner music by Judy Randle and Carl Kannianen

"Country Western Jubilee" By Frozen Fingers Members 9:00pm Dance to the music of Larry Nelson

Saturday, April 9

Noon Jerry Schlag & Friends 1:00pm Laura & Soo Valley Boys The Bluestems 2:00pm Randy Karr Band 3:00pm 4:00pm The Replacements 5:00pm Dakota Drifters

Door Prizes and Silent Auction All Dancers Welcome

Price: \$20 per day or \$35 for both days.

We are proud to sponsor annual scholarships to the International Music Camp for local students. Contact Brenda Johnson, Shell Kannianen or Lois Zahn for applications



INTERNATIONAL ARTISTS SERIES OF MINOT PRESENTS EDGAR CRUZ 3:00 PM

Ann Nicole Nelson Hall 500 University Ave W, Minot

Edgar Cruz classical and Spanish guitarist extraordinaire will prerform at Ann Nicole Nelson Hall this weekend. Edgar Cruz performs more than 300 times a year and has played throughout America, Europe and South America. He has been a headliner at the prestigious Chet Atkins Guitar Festival every July in Nashville since 1995 and has been a strong icon at major art & music festivals in Oklahoma since the late 70's.

For tickets visit International Artists Series of Minot www.minotconcerts.org or call (701) 838-1113



For more information: www.minotconcerts.org

VARIOUS TIMES Roosevelt Park Zoo

1219 Burdick Expy E, Minot

Raking & breaking ice to usher in our favorite season! Volunteer any time. Let us know you're coming!

Bring a group of co-workers, friends, or your family and help Roosevelt Park Zoo get ready for another exciting summer.

Visit our website at www.rpzoo.com/support/volunteer/ to sign up today. There are tons of volunteer opportunities this spring and summer!



For more information: Facebook Event / Roosevelt Park Zoo / Boo at the Zoo

10:00 AM - 8:00 PM FRIDAY 9:00 AM - 5:00 PM SATURDAY ND State Fair Center 1020 South Broadway, Minot

Mark your calendars and come out to the ND State Fair Center on April 8th and 9th! There will be over 150 exhibitors filling 275+ booths with arts, crafts and baked goods that all have a touch of being hand made! The doors are open on Friday, April 8th from 10am-8pm and on Saturday, April 9th from 9am-5pm! Admission is \$5.00 at the door only. 12 and



For more information: www.thebigone.biz

STRAIGHT UP & TOASTED 5:30 PM - 11:00 PM The Venue - At the Spot 6 2nd st NE, Minot

An evening of great bourbon & cigars. Ticket includes 3 shots of signature bourbon, 2 cigars, BBQ supper catered by Bones BBQ. Guest Hosts: Rebekah (Bolton) Neeley, Host of the Bourbon Daily Podcast, and Royce Neeley, Master Distiller, Neeley Family Distillery, Authentic Kentucky Bourbon. Live/Silent Auction. Only 100 tickets will be sold. Tickets available online at downtownminot.com and at the Spot.



For more information: downtownminot.com

On Base





For more information visit: www.5thforcesupport.com



OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, March 28: 1,827.73 feet above mean sea level (MSL); 14,600 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,447.34 feet above mean sea level (MSL). Stump Lake elevation: 1,447.39 MSL.

- N.D. Game & Fish Dept. game wardens: Stay off ice on area lakes with many opening along the shorelines.
- · Devils Lake, Ed's Bait Shop, Devils Lake: Angler numbers slowing down with deteriorating ice. Those walking out finding slow success.
- · Devils Lake, Woodland Resort, Devils Lake: Walk-on access only advised if venturing on Devils Lake, especially with bridges now opening up. Look for a mix of pike, walleye, and perch if walking on. Access becoming sloppy and marginal at best with warmer weather.
- · Lake Darling, Karma C-Store, Ruthville: Limited activity on Lake Darling and around Grano with deteriorating ice and anglers waiting for more open water shorelines.
- · Lake Metigoshe, Four Seasons, Bottineau: Not much activity with poor ice conditions.
- Sakakawea/Lake Lake Audubon, Cenex Bait & Tackle, Garrison: Back ends of bays starting to open along the east end of Lake Sakakawea for potential pike activity from shore. Missouri River tailrace producing some pike but larger boats having trouble accessing and moving around with low river levels. Use caution with small boats recommended.
- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Shorelines deteriorating on Lake Sakakawea. Several anglers are just staying along the shore and setting tip-ups off the ice for pike on the east end during a narrow evening bite window, including Steinke Bay. Use extreme caution, however, with water along the edges in many areas. East end of Lake Audubon producing walleye during a narrow window in the days.

 People are asked to report any dead birds and abnormal behavior in migrating birds, especially waterfowl, shorebirds, and raptors, to the N.D. Game and Fish Dept. on their wildlife mortality reporting form, (gf.nd.gov/wildlife/diseases/mortalityreport), due to a national outbreak of highly contagious avian influenza. It can impact domestic poultry. While rarely infectious to humans, hunters or anyone handling poultry should use precautions, such as avoiding handling sick animals, wear gloves when dressing game, wash hands and equipment thoroughly, and cook meat to an internal temperature of 165 degrees.

- Upper Souris Nat'l. Wildlife Refuge (NWR) Prairie Marsh Scenic Drive now open.
- Sharp-tailed viewing blind reservations are available at Upper Souris NWR. Free reservations can be made by calling the refuge, (701) 468-5467.
- April 1: New 2022 hunting, fishing, & trapping licenses due.
- April 1: Snowmobile North Dakota trails close.
- April 2: Williston Ducks Unlimited banquet, Upper Missouri Valley Fairgrounds, Williston, 5:30 p.m.
- · April 8: Badlands Toms Nat'l. Wild Turkey Federation banquet, Outlaws Bar & Grill, Watford City, 5:30 p.m.
- April 9: Spring turkey season opens.
- · April 9: Maple Sugaring Day, Fort Stevenson State Park, Garrison, 10 a.m.

evening.

- Lake Sakakawea, New Town:
- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace slow with occasional walleye. Use caution with low river levels. Small boats recommended. Open water shorefishing opportunities along the south shore of the east end of Lake Sakakawea, although wind is shifting ice. Try bobbers with smelt or herring from shore.
- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Yellowstone River open with small boats accessing at Sundheim Park. Water muddy but look for it clear quickly. Missouri River had ice early in the week but it will go with warm weather. Try the pumphouse with its open water. Lake Sakakawea transitioning from ice to open water with poor at best shoreline conditions. Look for pike but use caution, as well. It's also activity from shore in the coming
- ·Lonetree WMA area lakes, Harvey:
- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity with poor ice and the Souris River and area lakes transitioning to open water. Migration:
- •Light goose: Most birds are moving through east-central N.D. around the Harvey area and east but a few thousand around the midsection and east end of Lake Sakakawea, only stopping long enough to rest or feed and then moving on. N.D. Highway 50 corridor in northwest N.D. has some numbers of adults moving through. Good numbers of birds moving through north-central and northeast N.D.

Numbers to know:

- •N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov). • Report All Poachers: (701) 328-

THIS SPECIAL FEATURE IS SPONSORED BY:



SHADOW WARRIOR SPOTLIGHT







SRA ASHLEY M. **KIDDER**

FLIGHT SECURITY CONTROLLER

BRAVO FLIGHT MISSOULA, MONTANA



HOBBIES/INTEREST:

I enjoy the arts to include drawing, crafting and writing. Fun fact - I absolutely love Dungeons and Dragons!

WHAT DOES BEING A SHADOW WARRIOR MEAN TO ME?

Being a Shadow Warrior to me means through high demand work and priorities that we uphold cohesiveness and teamwork in any situation. Genuinely caring for one another makes us who we are within the unit.

WHY DID YOU JOIN?

I joined following the footsteps of my father who served and continuing the traditions of service to our country.



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SPECIALIST JASON GARCIA

ALL SOURCE INTELLIGENCE ANALYST





DAY TO DAY

Originally from Santa Fe Springs, Califonia, Garcia has been in Minot for over a year and is an All Source Intelligence Analyst. His day to day duty is prepare briefing for leadership on current events. His favorite thing about his flight is understanding the mission from different respectives of the ranks around him.

In his free time, Garcia enjoys spending time at church or playing video games.







Auto Care - Valvoline Instant Oil - Tires

Minot | 1301 20th Ave SW | 701-837-1301 Minot AFB | 61 Missile Ave | 701-727-4141



Why is tire rotation so important?

Vehicle owners need to keep maintenance on the mind to ensure their cars and trucks are operating at peak capacity. Various components should be checked and serviced at key intervals. Oil changes and fluid top-offs are part of routine maintenance, but it can be easy to forget about other important parts of the vehicle, including tires.

Rotating tires is vital to their upkeep. Bridgestone Tires advises that tire rotation involves routinely repositioning a vehicle's tires in specific patterns from front to back and side to side. According to Big O Tires, the front tires tend to wear on the outside edges because the tire leans over when a driver turns a corner. The rear tires just follow the front ones, so they usually wear more evenly. By leaving tires in place, the outside edges on the front tires will wear down much faster than the rest and those tires will need to be replaced sooner. Rotation may be required by tire warranties. Rotation also keeps the tires working properly.

Experts generally advise tire rotation every 6,000 to 8,000 miles, even if they do not show any signs of wear. It is challenging to determine if weather treads are uneven or how much wear has been sustained just by looking at them. Rotating tires can prolong the life of tires and decrease how frequently they need to be replaced.

Rotating tires keeps the tread depth uniform and helps maintain traction and consistent handling across all four tires. Bridgestone says the tire rotation pattern that is best for a particular vehicle depends on the type of tire being used. Patterns are recommended by the standardizing body of the tire industry, called The Tire and Rim Association, Inc. Individuals can consult with professional mechanics about the proper way to rotate tires. Many tire manufacturers or automotive stores that have sold customers tires also will do tire rotations - some free of charge.

In addition to proper traction, minimizing uneven tire treads causes the vehicle to be more balanced, advises Wrench, a mobile auto repair and maintenance company. This enables the driver to have more control even when roads are slippery. Many auto service centers will then align and balance tires after they have been rotated. At this time the mechanic will likely check brakes as well, since it is easy to see and reach them when the tires are off.

Tire rotation is an important component of vehicle maintenance. Check with a qualified automotive professional to see if it's time to have your vehicle's tires rotated.



OIL & FILTER! **SERVICE**

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- CHECKING ENGINE FOR HOLES • CHECKING BELTS AND HOSES
- CHECKING ENTIRE UNDERCARRIAGE



filters to keep it operating efficiently. Oil should be kept full, clean from particles and not burnt. Oil lubes crucial engine parts. Moving components create rubbing, and over time that heat wears the parts down. Oil or a synthetic lubricating substance can minimize the damage from the rubbing by those moving components. By performing a regular oil change schedule you will effectively increase your engine's efficiency as well as maintain the life of your car's

WHEN TO CHANGE/CHECK YOUR OIL

- Check Oil Light is on
- Check Engine Light is illuminated

 Pinging, knocking, or additional sounds coming from the engine



YOU CAN DEPEND ON YOUR HOMETOWN EXPERTS TO SERVE ALL YOUR CAR CARE NEEDS IN MINOT.

Auto Care - Valvoline Instant Oil - Tires

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Summer and Fall 2022 registration opens Friday at Minot State

MINOT STATE UNIVERSITY

MINOT, N.D. - Minot State University's Summer and Fall 2022 semesters registration will open for all currently enrolled MSU students beginning Friday, April 1.

Students can register for classes throughout the spring and summer, subject to availability, but priority registration is only offered until April 8.

On April 9, Minot State will open registration to over 100 new students attending Beaver Bound day.

Due to the success of the Hometown Pride Scholarship, available class sections will reach limits earlier than in prior years. To encourage current MSU students to register, Minot State has partnered with SCHEELS of Minot to offer a \$500 gift card. All current MSU degree-seeking undergraduate or graduate students who enroll by April 8 will be in the drawing to receive the card.

"SCHEELS continues to be a great partner with the University, and we are grateful for their sponsorship of this promotion for our current Minot State students," said Cole Krueger, MSU director of marketing. "We typically have over 1,000 students register in the first

week available and hope to see as many as possible who are eligible to do so early this year.

Hometown "The Scholarship program has gone very well for Minot State and we expect a large number of students to take advantage of their early registration so it is extremely important for our current students to register for the classes they want in the fall."

Minot State students should also consult their academic advisor by appointment and check with the MSU registrar's office — first floor, Administration Building or contact by e-mail registrar@ mintostateu.edu — for any holds on their account as part of their planning for their Fall 2022 schedule.

Classes are scheduled to begin on Monday, Aug. 22 after 4 p.m. ABOUT MINOT STATE UNIVERSITY

Minot State University is a public university dedicated to excellence in education, scholarship, and community engagement achieved through rigorous academic experiences, active learning environments, commitment to public service, and a vibrant campus life.







It begins somewhat unceremoniously, merely walking to center stage without fanfare, introduction, or wildly applauding audience.

A few may make a more grandiose appearance but the entrance to center stage is often pretty low key.

Until that is, the audience is in place, in the background...waiting.

After what may seem like eternity, a dancer on center stage begins to unwind, starting slowly with the drumdrum of feathered feet. Then a head bob and with outstretched wings, the male sharp-tailed grouse builds himself to a crescendo, furiously pounding its feet as his purplish air sacs inflate, deflate, inflate, deflate as it moves in a circle. His yellowish "eyebrows" are flared. His pointed tail (hence the name "sharp-tailed") is just that — pointed upright in the air.

All in all, he's a real attention getter.

But he has company. Others join in and the dancer squares off with a potential competitor.

The ritual plays itself out among the dance troupe, sometimes with little territorial spats and jumping and tussling among participants.

It's a spring ritual for sharp-tail grouse on leks with males showing off for the attention of an observant female in the audience.

They have their traditional leks, returning year after year to the same area unless — or until — the habitat changes and their native prairie center stage becomes something

The dance of a the sharptails is a special spring treasure for those who cherish prairie grouse or simply want to spend an early spring morning alone with nature and native birds that have dwelled on the prairie for thousands

While some males may visit a lek anytime throughout the year, the flurry of feathered, head bobbing, and outstretched wings begins in earnest in late March, extending into April.

Many simply walk to a lek, although some fly in. Should a potential threat, whether an overhead raptor or something four-legged like a coyote, catch someone — or everyone's - attention all action freezes.

The dance gradually resumes as the feathered dancers assess their threat level. When all is clear, everyone is ready to rock and roll all over again.

Then, as inauspiciously as it began one by one the dancers say "enough" and gradually walk away. Unless,

that is, someone or something spooks the entourage and they fly off in a variety of directions.

Sometimes they just decide "enough" and leave for no apparent reason, at least to the human observers.

Three area U.S. Fish and Wildlife Service National Wildlife Refuges (NWR) offer grouse viewing opportunities: Upper Sours NWR northwest of Minot, Lostwood NWR north of Stanley, and J. Clark Salyer NWR near Upham.

Upper Souris has three grouse viewing blinds. People can call the refuge, (701) 468-5467, to make a free reservation to ensure it's available. Maps and brochure are available at the refuge.

Lostwood has a blind and people can contact Kory Richardson, (701) 848-2722, extension 13 to make a reservation (it's free, as well).

While J. Clark Salyer doesn't have a specific grouse blind on a lek, they have a permanent blind for wildlife observation and photography near their main office building. However, people can contact the refuge, (701) 768-2548, and refuge personnel can direct them areas where birds are most active. Most locations are viewable from a vehicle.

Be prepared to arrive early (like in the dark yet or at least before sunrise) because birds can start filtering in before dawn creases the prairie horizon. They're especially active on calm, clear mornings.

Dress warm, bring some coffee or hot chocolate, a video or camera, and try to be quiet. Even with their drumming feet, the birds are attune to noises that could spell potential danger to them.

And enjoy the performance; it's a special show courtesy of performers that are truly part of the prairie.



Sharp-tailed grouse: A male sharp-tailed grouse "dances" on a lek on the North Dakota prairie.

PATRICIA STOCKDILL PHOTO









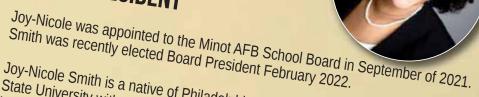


215 2ND ST SE, MINOT, ND 58701

701.857.4400

www.minot.k12.nd.us

JOY-NICOLE SMITH **BOARD PRESIDENT**



Joy-Nicole Smith is a native of Philadelphia, Pennsylvania and a graduate of Penn State University with a Bachelor of Science (B.S.) in Bio-behavioral Health with Honors and acquired a Master of Arts in Teaching (MAT) from the University of

Having served military connected students across Europe as an educator with the Department of Defense of Education Activity (DoDEA), Joy-Nicole believes military Connected students are uniquely positioned to excel. Her goal is to continue advocate for and create learning opportunities and experiences for students and families in the Minot community. She is also passionate about STEM learning and enjoys learning about the experiences of others.

Joy-Nicole and her husband have three children with two attending North Plains Elementary School. She enjoys engaging in conversations in Italian and German, biking, playing basketball, and watching college football (Go PSU!).

Phone: 267-901-0383





MARK NEMISH 805.757.9400



ELLEN REED 701.885.9537



SCHOOL BOARD POSITIONS NOW OPEN!

CURRENTLY ACCEPTING APPLICATIONS

FOR MORE INFORMATION OR TO RECEIVE AN APPLICATION E-MAIL MAFB.SCHOOL.LIAISON@US.AF.MIL OR CONTACT MAFB SCHOOL BOARD PRESIDENT JOY-NICOLE SMITH.

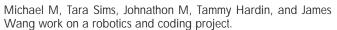


YOUTH CENTER PARTICIPATES IN TRAINING IN PREPERATION OF THE CYBER SUITE GRAND OPENING

The David C. Jones Youth Center will conduct a grand opening and ribbon cutting ceremony on 1 April for their brand new STEM maker space, The Cyber Suite. The Suite will include state-of-the-art innovation equipment and curriculum that youth program members will have access to each afternoon. In preparation for the big debut, the Youth Center team, along with youth volunteers, participated in in three day training course led by the Executive Director of MakeLAB, a

SUBMITTED PHOTOS

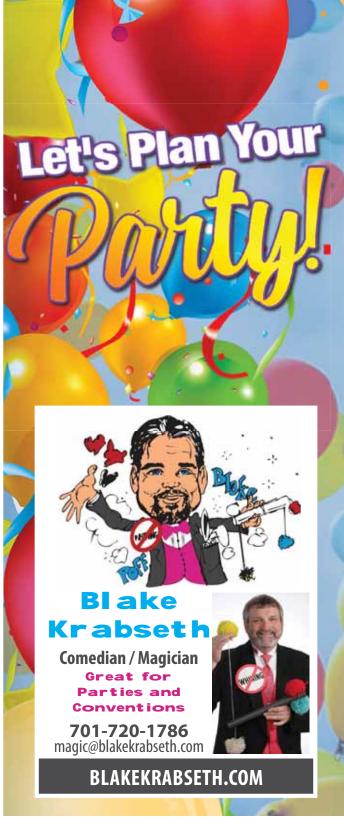






Johnathon M and Tara Sims design apparatus for robot.











Month of the Military Child

There are over two thousand military-connected children in our area and nearly six thousand in the state of North Dakota. Military children make up a very special part of our nation's population. Although young, these brave sons and daughters stand in steadfast support of their military parents through moves and deployments. To honor their unique contributions and sacrifices on behalf of our country, each April is designated the Month of the Military Child. Minot Air Force Base is proud to honor our military-connected children; our leadership, schools, and families understand the struggle of the youngest in our community who serve through sacrifice. In the coming weeks we will distinguish and honor our military youth in unique ways and through a number of special events. Child & Youth Programs will kick off the month on Friday, 1 April with the grand opening of



ALICIA THOMPSON, GS-11 INTERIM SCHOOL LIASION CHILD AND YOUTH EDUCATION SERVICES



the Teen Cyber Suite. The suite will include a MakerLab complete with 3D printer and laser cutter! Our schools, along with some of our on-base helping agencies, will celebrate our military youth throughout the month, check with your students school for official dress up days/sprit week. April 22nd is the official state of ND Purple Up Day and the Youth Center's annual Month of the Military Child celebration. FAMAGANZA; this event will feature on-base agencies and offbase partners, along with carnival

games, prizes, and family fun! For our homeschool community, the Library will be hosting Purple STEAM on April 20th where the library staff will conduct a chemistry lab for students of all ages! Expect to see even more special activities within your child's school, at Child & Youth Programs, and throughout the 5th Force Support Squadron. For more information contact the School Liaison at 701-240-2380, visit minot.af.mil. or check out 5thforcesupport.com.

MONTH OF THE MILITARY CHILD HIGHLIGHT

Charlie Anderson

ERIN BEENE, NORTHERN SENTRY

Charles Anderson, who likes to be called Charlie, is just an average 12 year old who has lived in SEVEN different places! To those outside the military community this would seem excessive, but to Charlie and others like him it's just the life he has come to love.

Charlie is an innovative older brother of two siblings who loves to create new ways to bring fun into life. Recently, when the snow melt was causing extreme water run-off, Charlie organized a neighborhood "Rain Gutter Regatta". He created flyers and taped them to doors, asking kids to build their own DIY boats for the race on Saturday. The Regatta was a success with about 10 kids competing in the race with their homemade boats. By the time race day had rolled around, the gutters were running slower, so Charlie improvised by adding snow and running water from hoses to create larger rapids for the race. Charlie even created trophies on his 3-D printer for the top placers. Charlie has also organized video game tournaments and football games with other neighborhood

It is this creative thinking and the ability to lead that has allowed Charlie to thrive at every new location. When asked what was the best part of being a military kid, Charlie said it was that he has been able to live in so many cool places and experience different ways of life. He announced, "It makes you feel proud of yourself."

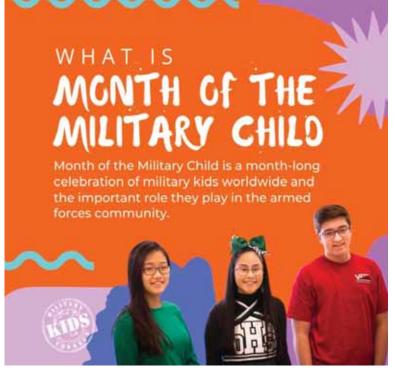
One of Charlie's standout memories of being a military kid is when they moved into a new house while stationed in Virginia, and he surprisingly discovered that one of his old friends from Barksdale AFB, Louisiana, lived directly behind them!

Most military kids don't know exactly what to say when asked, "Where are you from?" But, Charlie said he was from Texas, because he was born there. He said he also likes claiming to be

Military kids, just like Charlie, have learned to make the best of difficult situations and embrace this unique and adventurous military kid lifestyle.











TSgt Joseph Mitchner Jr. and Mrs. Tara L Mitchner, started delivering the Northern Sentry May of 2018. Between them they delivered over 1420 papers per month for two routes. They delivered in all types of weather and never a complaint from them or the folks they delivered to. They took pride in their job and have used their paychecks to contribute back with donations to the community. Sadly they are PCSing in April to Macdill Air Force Base in Tampa, Florida. We wanted to send a big thank you to these special kiddos, who we've seen grow over the last few years. Thank you Mitchner family...

All the best and we wish you well.



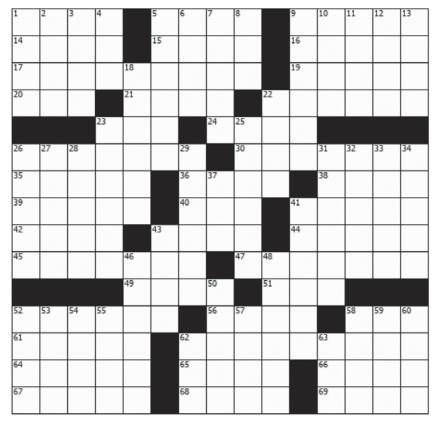
CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

MON-THUR 11 AM TO 10 PM **FRI-SAT** 11 AM TO 10:30 PM SUN **11 AM TO 9 PM**

CROSSWORD PUZZLE

Across

- 1. Ballet skirt
- 5. Unwritten
- 9. Postage mark
- 14. Unrefined metals
- 15. Pretense
- 16. Ghostly
- 17. Lack of knowledge
- 19. In reserve
- 20. Permit
- 21. Division word
- 22. Involve
- 23. Snoopy, e.g.
- 24. Bath powder
- 26. Rained ice
- 30. Blurred
- 35. Nervous
- 36. Building extensions
- **38**. ____ vu
- 39. Devourer
- 40. Tall tale
- 41. More angry 42. Constantly
- 43. Lose color
- 44. Cease-fire
- 45. Relate
- 47. Mom and dad
- 49. Narrow opening
- 51. Maroon
- 52. Scanty
- 56. Smoked meats
- **58**. Reporter's question
- 61. Hot chocolate
- **62**. Johann ____ Bach
- 64. Suspect's story
- 65. Operated 66. Revise
- 67. Cindy Crawford, e.g.
- 68. Alpha's follower
- 69. Infamous fiddler



Down

- Work hard
- 2. Impel
- 3. Camper's home
- 4. GI's hangout
- **5**. Florida fruit
- 6. Undersized animal
- 7. Broad tie
- 8. Director Spike
- 9. Spiritualist meeting
- **10**. Exam
- 11. Opera song
- 12. Average skirt
- **13**. Pare
- 18. Mob scene participant

- **22**. Shade sources
- 23. Sahara, e.g.
- 25. In dreamland
- 26. Sharply sloped
- 27. Take off 28. Go in
- 29. Part of FDR
- **31**. Cherished
- 32. TV repeat
- **34**. Is bold
- **37**. Cover
- 41. Accent

- 46. Attack
- **48**. Fleet
- 50. The ones here
- 52. Fraudulent scheme

week's Crossword puzzle.

Solution to

- 53. Horseback sport
- **54**. Citric
- 55. Judge's garment
- 57. Aid in crime
- 58. Broad
- 59. Tresses

SUDOKU

			1		2			3
	4				5		1	
6		7			8		9	
5		1			6		3	
4			2		3			7
0	6		9			8		1
	3		5			7		2
	8		6				5	
9			4	C	1			

Solution to puzzle on page C7





Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as

advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

CHURCHDIRECTORY

Chapel Services at **MAFB**

Protestant (North Plains Chapel in Base Housing) **Sunday Community Service** 1030 a.m.

(Holy Communion 1st Sunday) Children's Church during school year

Catholic Mass (Northern Lights Chapel

across from Rockers)	
Sunday1	000
Daily Monday-Thursday at 1	

5900 Highway 83 N, Minot

www.faithumcminot.com

Pastor Ken Mund

701-838-1540

Sunday School (All Ages): 9:45 a.m.

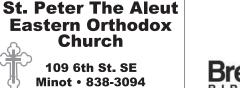
Sunday Coffee Fellowship: 10:30 a.m.

Worship Services: Sunday 11 a.m.

Faith United

Methodist

Church



Saturday, April 2 5 PM, No Vespers

Sunday, April 3 10AM, Congregational Prayer Service



Wednesdays 7:00pm and Sundays 10:30am

1821 W Burdick Expressway

For More Information: 701.353.9337 | www.bfbc.tv

Cornerstone Presbyterian

Sunday School (All Ages) 10:00am

Wednesday Evening Schedule

Community Dinner..........5:30-6:30pm Contemporary Worship........6:30pm Youth Group & Small Groups..7:15pm

All are Welcome!

www.ecominot.org

An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)

Sunday School & Fellowship9:00 a.m. Worship 10:30 a.m.



Worship Service at 10:45am Sundays Sunday School at 9:45am

1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org

St. Mark's

Lutheran Church

Missouri Synod

www.trinitychurchminot.org



OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW

Minot, ND 58701 701-852-6404 www.oslcminot.com

Rev. Heath Trampe Rev. Brian Doel



839-4663 **Reverend Philip Beyersdorf**

> www.minotstmarks.com Join us on facebook

Sunday Worship

9:30 AM

2209 4th Avenue NW

Minot, ND



Immanuel Baptist Church

1615 2nd St. SE, Minot 701-839-3694

Sundays:	
9:00 amFellowsh	ip
9:15 amSunday Scho	
10:30 amWorsh	ip
Wednesdays:	•
11:30 am Soup Kitche	en
5:30 pmFamily Supp	
6:30 pmPreschool/Kids' Club/AE	3\
6:30 pm Adult Bible Stud	
•	,

www.ibcminot.org e-mail: immanuel@srt.com



Christ Reformed Church

Worship 11:00 a.m. Sunday

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500 46th Ave NE • 839-1351 Pastor David Miller

St. John the Apostle Catholic Church

Contemporary Worship..

Traditional Worship.

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Daily Mass	Schedule:
Tuesday	5:15 p.m.
Wednesday - Frida	ay 7:00 a.m.
Saturday	5:00 p.m.
Sunday	
E D ''.	D: // D /

Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com

Cross Roads

Baptist

Southern Baptist Convention

Sunday School (all ages)9:45 a.m.

Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org

email: minotcrbc@gmail.com

Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards)



Sunday Worship 9:30 am

www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com



Sunday School	
Sunday Worship	
Children's Church & Nursery	
Wednesday Family Training Hour	
Meal5:30p.m.	
Classes for All Ages 6:30 p.m.	

ABC Child Care Center852-6352 westminot.com

Youth Center, Friday 7:00 - 11:00 p.m.



Gospel Tabernacle Community Church

9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson

Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship 11 a.m.
Family Hour6:30 p.m.
Evening Worship7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed)7 p.m.
Prayer (Friday)7 P.m.

1805 2nd St. SE 838-1111

Sunday Services 8:30 AM 10:00 AM 11:30 AM Wednesday 6:30 PM

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Sunday Worship	3:30	p.m.
Wednesday Bible Study	7:30	p.m.

Jesse Starr, Pastor

First Baptist Church

200 3rd St. SW • 852-4533 www.fbcminot.org

	•
Classic Worship Service	
Sunday School (All Ages)	9:45 a.m.
Contemporary Worship Service	
Adult Sunday School	
Contemporary Worship Service	
Children's Church	
Wed, AWANA (Sept. to May)	
Fridays, Celebrate Recovery	7:00 p.m.

Rev. Kent Hinkel. Senior Pastor Rev. Barry Seifert, Associate Pastor Pastor Sam Kautzmann, Student Ministries Elaine Carlson, Children's Ministry Director

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Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772

www.orcsknights.org

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Please contact our school office or visit our website for more information. 701.839.0772

Email: jschultz@orcsknights.org Website: www.orcsknights.org



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Revisions MADE UPON NOTICE FROM THE CHURCH

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CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

LEGAL NOTICE

Minot AFB, N.D. -Capt. Jourdann Rhodes from the 5th Logistics Readiness Squadron, has been appointed the Summary Court Officer (SCO) for the estate of

A1C EIVETTE MARTINEZ, **5TH LOGISTICS READINESS** SQUADRON.

All claims for or against the estate of the deceased must be submitted to the SCO. For more information, Capt. Jourdann Rhodes at (701) 340-3207.

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IMMEDIATE FULL AND PART TIME OPENINGS for

daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone mmackey@kalixnd.org 701-852-1014.

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ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB **COMMISSARY** Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

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THURSDAY, FRIDAY & SATURDAYS 09:00 PM - 02:00 AM

> HOLIDAY WEEKENDS 08:00 PM - 03:00 AM

Thanks to SRT for donating the phone services for AADD



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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's preeminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 11 April-12 June. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 904-513-9734.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

PARK UNIVERSITY MINOT -

PARK UNIVERSITY MINOT - Your degree, Your way. Open enrollment for the 2021/2022 year! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center ŘM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-toface classes at the Minot Air Force Base. The Spring 2022 semester begins Monday, January 10, 2022.

There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@ minotstateu.edu



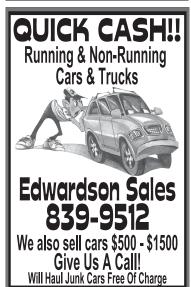
SUDOKU SOLUTION

PUZZLE ON PAGE C4

8	5	9	1	6	2	4	7	3
3	4	2	7	9	5	6	1	8
6	1	7	3	4	8	2	9	5
5	2	1	8	7	6	9	3	4
4	9	8	2	1	3	5	6	7
7	6	3	9	5	4	8	2	1
1	3	6	5	8	9	7	4	2
2	8	4	6	3	7	1	5	9
9	7	5	4	2	1	3	8	6

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NPCS

8 46th AVE NE Minot, North Dakota



FRIDAY

- Cycle & Strength, 0530, Fitness Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Cycle, 1700, Fitness Center
- Magic The Gathering Un-Cube Draft, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY 02

- Cycle, 0900, Fitness Center
- Barre Strength, 1000, Fitness Center

SUNDAY

• Zumba, 1400, Fitness Center

MONDAY

- Registration Opens: Volleyball Camp at the Youth Center
- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP GPS Workshop, 0730-1600, In person at A&FRC, online Zoom Meeting
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Fit to Fight, 1130, Fitness Center
- · Cycle, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga, 1830, Fitness Center

TUESDAY

- TAP (VA), 0800-1600, A&FRC
- Game Day, 1000-1930, Minot AFB Library
- Tactical Fit, 1130, Fitness Center
- Acrylic Paint Pouring Class, 1730-1930, Arts & Crafts Center
- Magic for Humans, 1800, Base Theater
- Zumba, 1830, Fitness Center
- Yoga, 1930, Fitness Center

- HIIT Strength & Conditioning, 0530, Fitness Center
- TAP (DoL) Overview, 0730-1600, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Fit to Fight, 1130, Fitness Center
- First Duty Station Officer Financial Course, 1400-1630, A&FRC
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC

THURSDAY

- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Short Notice Pre-Separation Counseling, 0930-1130, A&FRC
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Tactical Fit, 1130, Fitness Center
- Wooden Sign Class, 1730-1930, Arts & Crafts Center



FRIDAY



- Registration Ends: Smart Start T-Ball at the Youth Center
- Cycle & Strength, 0530, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Tactical Fit, 1130, Fitness Center
- Wine & Paint Class, 1730-19300, Arts & Crafts Center
- First Friday, 1800, Jimmy Doolittle Event Center
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY (1

- Yoga, 1000, Fitness Center
- Spy School Saturday, 1300, Turf, hosted by the Minot AFB Library
- Game Night Series: Counter Strike Global Offensive, 1800, ESC
- UFC 273: Volkanovski vs The Korean Zombie, doors open at 1900, main event begins at 2100, Rockers Bar & Grill

NGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care Call to schedule an appointment.
- Top Secret Escape Room Game: 2 April 16 April, Minot AFB Library. Call to reserve a time slot.





APRIL SPECIALS

Bomber Bistro • Spinach Roma Pizza

Creamy alfredo sauce with fresh tomatoes, spinach, mushrooms, red onions, and garlic seasoning. Small \$10.75 • Large \$16.75

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