

WHAT'S INSIDE THIS WEEK:



91MW COMBAT DINING AADD-VOLUNTEERS



Volunteer designated drivers from Airmen Against Drunk Driving pose for a photo at the 91st Missile Wing Combat Dining Event. AADD is a free resource available to all Minot Air Force Base-affiliated individuals. Thank you to AADD and their dedicated volunteers for making Minot AFB a safer place for everyone! See page A2 for more photos from the 91MW Combat Dining Event.





ND State tairgrounds, Minot, ND

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First-of-its kind Honorary Command Chief program kicks off at AFGSC

CARLA PAMPE, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

Chief Master Sgt. Melvina Smith, Air Force Global Strike Command's Command Chief Master Sergeant, kicked off the first-of-its kind Honorary Command Chief program May 10.

Honorary Command Chiefs were selected from each of the command's eight bases to represent their communities and serve as the primary point of contact with Smith to advise, guide and help communicate important Air Force issues to the public. They will be part of a continuing and direct dialogue with the Command Chief and key community decisionmakers about the challenges faced by Airmen and their families in the community on issues such as education, housing, and diversity and inclusion, with a focus on the enlisted force.

Those selected for the program are:

Barksdale AFB, Louisiana -Susannah Poljak

Dyess AFB, Texas – Allan Farmer

Ellsworth AFB, South Dakota -Lynn Kendall

F.E. Warren AFB, Wyoming -

Lisa Maney Kirtland AFB, New Mexico -

Patricia Knighten Malmstrom AFB, Montana -

Heidi Hockett Minot AFB. North Dakota -

Tom Rafferty

Whiteman AFB, Missouri – Karl Kramer

"The Air Force Global Strike Command Honorary Command Chief Program's purpose is to enhance public understanding of the nuclear deterrence and global strike missions and serve as a mutually beneficial exchange between the command and representatives of the public to facilitate mission success," Smith said.

During their first Zoom meeting, the Honorary Command Chiefs shared a little about themselves, and what they hope to gain from being a part of the program.

"It's up to us as community members to flesh out what the Airmen's needs are to figure out how to address them," Kramer said. "I look forward to being a part of this group and serving our Airmen and their families.'

Poljak, who serves as a lawyer in Shreveport, Louisiana, has a passion for childhood education issues, something that is a continuing issue for military families.

"I know the military is going to give us great insight into how we can make things better for the Airmen, but also into how that can transfer to the greater civilian population," she said.

Kendall, who does military community relations for the South Dakota Ellsworth Development Authority, is looking forward to continuing to strengthen the partnership between the base and the community.

"I'm very excited to be a part of this group." She said. "There is a lot of information we can gain from you, Chief Smith and to ensure we're hitting all of your priorities when it comes to people support, but then also sharing practices in our communities."

In their role, the Honorary Command Chiefs will provide timely, pertinent information about subjects important to the people they represent. Through personal interaction, site visits, attendance at key functions and a steady flow of information, these civic leaders will gain a better understanding of the work being done by Airmen in the command. Civic leaders then may be able to explain Air Force programs to others they come in contact with professionally and personally.

Smith told the group that as her advisors and advocates, they can make a real difference in the lives of Airmen and their families living in their communities.

"I am really looking forward to working with this team," she said. "I know that together we can get after some of the issues and challenges our Airmen and their families face and make things better for all of them."





Chief Master Sqt. Melvina Smith, Air Force Global Strike Command's Command Chief Master Sergeant, engages with her Honorary Command Chiefs during a Zoom call May 10. Honorary Command Chiefs were selected from each of the command's eight bases to represent their communities and serve as the primary point of contact with Smith to advise, guide and help communicate important Air Force issues to the public.

U.S. AIR FORCE PHOTOS I SENIOR AIRMAN IONATHAN RAMOS



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John Sinn *A Man Who Served His Country and His Community*

The obituary of John Sinn tells of his military duty, serving in WWII, his life as a husband and father, and finally it talks about John Sinn, community volunteer who spent hundreds of hours as a volunteer, most notably the "go to guy" at the Scandinavian Heritage Park.

I first met John and Olive when my mother in law purchased the house right next to their home in Southeast Minot, right directly across the street from what was Medical Arts Clinic and is now Washington School.

My first observation was that John and Olive had a very beautiful yard. Many well-kept flower beds and every shrub trimmed and shaped to perfection. At Christmas the Sinn home was a "had to see" highlight of your Christmas season. John used to hire a local company to provide a boom truck to decorate his home with thousands of lights. Once again, to perfection. One afternoon I happened to be

in the back yard when John came over and we sat on a couple of lawn chairs, and he shared some of his life stories. I am thinking that anything John Sinn put his mind to, he accomplished. He farmed for a while, but that wasn't really exactly what he wanted to do, so he began to do carpentry work.

TODAY'S SMILES

By his own admission, John was too much of a perfectionist and so it was tough to make a good living being a carpenter. "I just took too much time doing those jobs."

It was 1957 when John Sinn entered the next phase of his life, as a member of the Army Corps of Engineers. His first station? Minot Air Force Base. John talked about the massive project that it was. The runway, of course, was vital to the base, and John talked about how the runway was developed, and then the parking aprons, taxiways, and all of the other work that the Corps would undertake as part of the development of the base. John was proud of his time spent working on Minot Air Force Base. Rightfully so.

Önce the base was completed, John would continue working with the Corps of Engineers. He talked about several of the projects that he was assigned to, but on that piqued my interest was the new Denver Airport, and more in particular, the automated baggage system at the new Denver airport. The opening of the airport had been delayed many times because the new baggage system just did not work. John was part of a team that undertook the project of "getting it right". The rest of the story is kind of history, as the airport opened, and the baggage

northern Sentry

A VIEW FROM OUR SIDE ROD WILSON, NORTHERN SENTRY

system was successfully repaired. John Sinn would retire from the Corps of Engineers and the Army National Guard. The next time we would have contact is when a young Scout of mine would choose doing landscaping around the newly installed waterfall at The Scandinavian Park. Once more I came to respect that perfection that John would ask for, even from a young Scout doing an Eagle project.

My tribute to John will end with a story. Last summer the Roosevelt Park Zoo celebrated 100 years. John Sinn was 100 years old at the time, and was a featured guest, along with fellow Minoter Lynn Aas. Opening the ceremony was the Minot Air Force Base honor guard. As emcee, I was asked to do a practice runthough of the opening ceremony, which of course I agreed to do. After the practice, John took the time to walk up to each and every member of the Honor Guard and thank them for their time, and their service to their country. It was a special moment, one that I will remember for the rest of my life.

Very few people live to be 101 years old. We will miss John Sinn, for he truly was a great role model for each and every one of us. His legacy will live on for many years.







THOMAS FAMILY FUNERAL HOME PHOTOS





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Minot AFB Resident Advocate





RACQUEL LABADIE, GS-12, USAF PRIVATIZED HOUSING RESIDENT ADVOCATE 5TH BOMB WING

The Department of Defense initiated the Privatized Housing Resident Advocate (RA) program in 2020 as part of their service wide effort to improve housing and to give residents a better way to help get their issues resolved. The RA serves as the key advisor to the installation commander and wing leadership on housing issues related to health, life, and safety; they assist residents who are unable to resolve their housing concerns. The RA is a support resource for residents who can elevate concerns, questions, and needs to the Military Housing Office (MHO) and Minot AFB Homes for action. Additionally, the RA supports the formal and informal dispute resolution process at the request of residents, MHO, or Minot AFB Homes. Resolution is found through information sharing and meditation between stakeholders. Finally, the RA is the functional lead for the Minot

AFB Resident Council Committee and works with council members to document and share resident concerns related to satisfaction level with housing, safety, and service call performance. Both the RA and Resident Council work to be the voice of Minot AFB residents and to boost resident education and communication on housing matters. In short, the RA is responsible for the execution of critical advocacy services on behalf of military members and their families living in privatized housing. The Minot AFB Resident Advocate is Ms. Racquel Labadie, those residing in privatized housing at Minot AFB can contact her at the following to address any housing related questions or needs: (C) 701-818-7075. (O) 701-723-6373, (FB) @ minotafbresidentadvocate, or email racquel.labadie.1@us.af.mil.











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Discover Minot Excursion

Besides the welcoming citizens, quaint small town feel and beautiful summers, the city of Minot has so many hidden gems that will bring a smile to even the most cynical newbie; however, sometimes these unique shops and fun experiences can be hard to uncover. Instead of waiting for you to discover all Minot has to offer, the Northern Sentry has made it its mission to bring the town of Minot to YOU with the brand new Discover Minot Excursion.

This tourist-style tour bus adventure will pick up Airmen

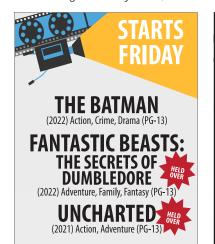
and adult dependents on base and give you a day of sight-seeing and discovery of your temporary home. We're betting that even those who have been here a while will discover something new. Scheduled for Wednesday, May 25, the Discover Minot Excursion will not only show you around town and direct you to all the cool locations, it also offers a tasty lunch from 'Cookies for You', a chance to win a few hundred bucks in gift cards, plus other perks all for only \$10/person! This morning and afternoon excursion connects you

with the city and all the hidden downtown Minot opportunities, allowing you to get established quicker and feel at home sooner. To help you have a great assignment, the Discover Minot Excursion is open to new and seasoned Minot Air Force Base members. Spaces are limited, so you can find sign-up info on our Facebook Page- Minot Air Force Base Northern Sentry or simply follow the QR code to the FB event and sign up today.



Overlooking Broadway Street, Minot.









Local Cravings Restaurant Guide

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as wing command spouses and

It's that time again. The time when the new wing commanders come in and the farewells to the seasoned commanders kicks off. It is a time of remembrance and the familiar "starting new" vibe that the military offers frequently. While every base experiences this, the unique combination of the Bomb Wing and the Missile Wing here at Minot create an atmosphere almost unknown to any other part of the Air Force. The commanders that come in every two years must work side by side, yet handle completely different missions. Col. Michael Walters and Col. Christpoher Menuey have worked hard and created a partnership between the two wings that will continue to grow. However, this article is not about their hard work and ingenuity, though very esteemed. It is about something else. It is about two people who work behind the scenes. Two people who are unofficially given a military role.



-COL. MICHAEL WALTERS



People who rise to unspoken expectations and do so with grace, humility and a smile. Of course, this article will highlight the two wing command spouses who create the "Wing Command Teams" here at Minot AFB.

Mrs. Carri Walters, 5th Bomb Wing Command Spouse, and Mrs. Tonya Menuey, 91st Missile Wing Command Spouse, have worked to unite the wings in friendship and partnership. Both women said they preferred to be called by their first names, so before getting into exactly how these two remarkable women have strengthened the base these past few years and what they have accomplished, it is important to understand the role they have

what that role means. So what does it mean? What does a Wing Command Spouse do? When asked to define the sometimes elusive role, Tonya said, " ... [a command spouse] is just a person who has zero power but can have influence, help make things happen and help effect change. People sometimes have this idea that a Wing Command Spouse needs to act a certain way-and obviously there are times that a certain protocol is needed-or that we have it all together, but do you know how many times I did something 'wrong' at an event over the last two years!? I am pretty clumsy so it may have been that I tripped or I didn't wear the 'right' clothes, or I said something awkwardly. I have learned to laugh at myself in those situations and I remind myself that the more 'real' I am, the more it puts others at ease." Carri added that a command spouse is a part of the larger command team that can help 'cover blinspots' and can sometimes help the base see perspectives that aren't always evident to active duty members.

Both women described their role with humility and refreshing honesty. With an ever-evolving military, Carri and Tonya candidly admitted that they are just like all mil spouses and have highs and lows. They both wish to show that they are living the same life as all military spouses, yet have simply been doing it for a while. Both even have some regrets and things they wished they had done differently. When asked, Carri mentioned that she wished she had taken photos of all their military houses over the years as it represents a part of her life that was beautiful, even though temporary. Tonya mentioned that even she had "pity parties" a time or two when something in the military didn't go right, but she now knows that it didn't change anything and once she got her attitude together, everything worked out for the best. Drawing from her faith she mentioned, "God is Faithful," and both Carri and Tonya wholeheartedly agreed that no matter what the hardship, tough PCS or unplanned deployment: It always gets easier and better.

Since both Carri and Tonya entered into the Wing Command Spouse role in the height of the pandemic in Summer 2020, they admitted that they sadly missed out on a lot of social opportunities and it took much longer for both of them to get to know other spouses. While most of the Covid-19 downsides were unavoidable, both ladies were somewhat surprised about how and what events evolved from the pandemic. Tonya mentioned that she was impressed to find that the events that mattered

NORTHERN SENTRY FRIDAY, MAY 20, 2022



Tonya and Carri at the Air Force Ball 2021.



Tonya and then 2nd Lt Menuey at the Air Force Academy 1998.



Carri and then 1st Lt Walters at Barksdale AFB 2001.

and more well-known into the fabulous event that is it today. The next tour kicks off in August after the herd of summer PCS families.

In order to portray these women as they really are - once ordinary military spouses that have influenced so many on this base - this reporter reached out to a few other spouses around the base to let their accomplishments speak through the words of others. 91 MW spouse Lauren Shields said about Tonya Menuey, "I was fortunate enough to have met Tonya a decade ago at FE Warren and can tell you, in a leadership position or not, Tonya radiates goodness in everything she does and has a genuineness about her. She is invested in making sure the spouses and their families have a positive experience with the leadership and with Minot AFB in general. She has always taken the time to answer questions, listen, give advice or just bounce ideas off of. You will leave a conversation with her feeling uplifted!" 5th Bomb Wing Spouse Tracey Dixon exclaimed about Carri saying, "I truly admire my friend Carri for her poise, grace and her smile... even when she has a hundred things going on all at the same time. When you talk with Carri, she gives you her full attention and the feeling that nothing else matters in the moment but you. Carri is also very passionate about caring for our Airmen and their families. I believe she has done a wonderful job for the 'Minot Family' over the past two years. She will be dearly missed as the Walters family moves on to their next adventure."

During a very heartfelt and touching interview with both spouses, this interviewer uncovered some raw and honest comments about what these last two years have meant to them and how their roles as mentors to AF spouses affects their daily lives. After much life experience and the wisdom that comes with lots of hands-on learning, they would like to leave Minot AFB with some last insightful thoughts to offer spouses. Carri said, "Don't live your military life perched - feeling temporary and waiting for the next move. Make each place a home ... hang pictures, make friends, get involved with your community. Twenty years goes by surprisingly fast. And what we have at the end will be the friendships we made, pride in the commitment and sacrifice we made to our country, the memories of the experiences we had and the people we met along the way. Dive in!!" Tonya mentioned, "Be yourself no matter where you go or what your Active Duty spouse does or what rank they are." Speaking from myself, many of the members of the Minot AFB spouse community, and the base in whole, thank you both for what you have offered this base in terms of support, outreach, care and personability! You will both be missed incredibly and we appreciate your dedication to this base, your role as a mil spouse and to the success of the military community as a whole. Good luck in your future endeavors and we'll see you around the Air Force!

They take care of our families at home and still have such a huge capacity to care for Team Minot as well. They have such big hearts for helping Airmen and families.and continuously pursued helping Airmen, spouses and families feel supported, loved and valued. -COL. CHRISTOPHER MENUEY

Just as Tonya and Carri support

our missions, we support theirs.

survived, whereas some of the superfluous things didn't, and that wasn't always a bad thing. Change can be a good thing, and some of the issues discovered during Covid helped recover a better atmosphere. Speaking of restrictions and being trapped in the house, this reporter asked both women what behavior or technique have they learned at Minot that has changed their life for the better. Carri said, "Instead of feeling restless by being shut indoors - [I] embrace the time that has to be spent indoors and practice spending my days in meaningful ways without leaving the house." Tonya replied with, We made Saturdays very simple. It has been rare for our family to do anything on Saturdays and even Sundays. It was our time to recharge. We probably missed out on some opportunities to get together with people, but it was what we needed-we needed the time together to be ready for the week and all its demands."

In a unique position to share the wing command spouse role on the base, both Carri and Tonya recognized they had similar goals but different personalities, and they were able to create a harmonized team by utilizing their individual strengths. Both women wanted to cultivate unity among the wings, spouses and base. Because of these aligned purposes, these women have been able to inspire spouses and the entirety of the base for the better. One of their most proud and purposeful joint base accomplishments was orchestrating the recurring event, "Spouse Welcome on the Road: Base Tour" with the Airmen and Family Readiness Center. This tour introduces new or spouses a glimpse of Minot AFB facilities, as well as introductions from the wing commanders themselves, with a free lunch and childcare included! While this program technically existed before both Tonya and Carri came around, these two have worked hard to make it better, more informative



Carri trail hiking at a North Dakota State Park.

Tonya taking a helicopter ride in North Dakota.

5TH LRS WINS AFGSC BEST FUELS FLIGHT AMERICAN PETROLEUM INSTITUTE AWARD

U.S. AIR FORCE PHOTOS I AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM





Senior Airman Turkovitz, 5th Logistics Readiness Squadron fuels equipment maintenance lead, prepares to fuel a B-52H Stratofortress for its next mission at Minot Air Force Base, North Dakota, April 26, 2022. The B-52 uses 3,300 gallons of fuel every hour of flight.



Senior Airman Conley, 5th Logistics Readiness Squadron fuels laboratory technician, analyzes fuel samples for impurities on Minot Air Force Base, North Dakota, April 27, 2022. Analyzing fuel plays a vital role in keeping the mission running properly.



Airman 1st Class Nicole Wiley, 5th Aircraft Maintenance Squadron assistant dedicated crew chief, fuels a B-52H Stratofortress for its next flight on Minot Air Force Base, North Dakota, April 26, 2022. The B-52 uses 3,300 gallons of fuel every hour of flight.







 MC's: MSgt Matthew Revieria, 91st Security Forces Group, 91 MSFS TSgt Tiffany Cook, 91st Security Forces Group, 91 MSOS
National Anthem Singer: SrA Alisson Cano, 91st Security Forces Group, 791 MSFS
Proffer: SrA Shyla Deslauriers, 91st Security Forces Group, 91 MSFS
Invocation: Captain Brian Harris, 91st Security Forces Group

AWARD RECIPIANTS:

Airmen of the Quarter: SrA Cornett Haley, 91st Security Forces Group NCO of the Quarter: TSgt Allen Spencer, 91st Operations Group SNCO of the Quarter: MSgt Michael Hanson, 91st Security Forces Group CGO of the Quarter: 1Lt Mitchel Brody, 91st Maintenance Support Group FGO of the Quarter: Maj Cory Elder, 91st Operations Group FIt CC of the Quarter: Captain Timothy Morrissette, 91st Operations Group Civ CAT 1 of the Quarter: Mr. Richard Leite, 91st Security Forces Group Civ CAT 2 of the Quarter: Jonathan Gonzalez III, 91st Maintenance Support Group Proffessional Team of the Quarter: Intelligence Flight, 91st Operations Group Volunteer of the Quarter: Mr. Tad Lee, 91st Security Forces Group Key Spouse of the Quarter: Mr. Tad Lee, 91st Security Forces Group 2022 General Wilma Vaught Award Recipiant: MSgt Adrian Galcik, 91st Security Forces Group

U.S. AIR FORCE PHOTOS I AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM

MUD AND FLOOD PERSONNELL:

Captain Jalen Auer, 54 HELO Squadron SMSgt Derek Geske, 91st Security Forces Group SMSgt Brady Warren, 91st Security Forces Group MSgt Mike Hanson, 91st Security Forces Group MSgt Chris Petrus, 91st Security Maintenance Group MSgt Nicholas Risner, 91st Security Maintenance Group MSgt Matthew Riviera, 91st Security Forces Group MSgt James Rose, 91st Missile Wing Integrate Planning Cell MSgt Kyle Tow, 91st Security Forces Group (unable to attend) TSgt James Broderick, 91st Security Maintenance Group TSgt Max Cardinal, 91st Security Maintenance Group TSqt David Dengate, 5th Civil Engineering Squadron TSgt Chad Graham, 91st Security Forces Group TSgt Matthew Mendez, 91st Security Maintenance Group (unable to attend) TSgt William Nelson, 91st Security Forces Group TSgt Andrew O'Neill, 91st Missile Wing Integrate Planning Cell TSgt Nathan Pena, 91st Security Forces Group TSgt Ryan Powell, 5th Civil Engineering Squadron SrA Gabriel Stokes, 91st Security Maintenance Group SrA Daniel Jarden, 91st Security Maintenance Group A1C Michael Teet, 91st Security Maintenance Group

Air Force conducts successful hypersonic weapon test

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

EGLIN AIR FORCE BASE, Fla. moving hypersonics forward." (AFNS) ---

A U.S. Air Force B-52H Stratofortress successfully released an AGM-183A Air-launched Rapid Response Weapon, or ARRW, off the Southern California coast, May 14.

Following separation from the aircraft, the ARRW's booster ignited and burned for expected duration, achieving hypersonic speeds five times greater than the speed of sound.

"This was major accomplishment by the ARRW team, for the weapons enterprise, and our Air Force," said Brig. Gen. Heath Collins, Air Force Program Executive Officer for Weapons. "The team's tenacity, expertise, and commitment were key in overcoming the past year's challenges to get us to the recent success. We are ready to build on what we've learned and continue

The 419th Flight Test Squadron

and the Global Power Bomber Combined Test Force, or GPB CTF, both at Edwards Air Force Base, California, executed the test.

"The test team made sure we executed this test flawlessly," said Lt. Col. Michael Jungquist, 419th FLTS commander and GPB CTF director. "Our highly-skilled team made history on this first airlaunched hypersonic weapon. We're doing everything we can to get this game-changing weapon to the warfighter as soon as possible." ARRW is designed to enable the U.S. to hold fixed, highvalue, time-sensitive targets at risk in contested environments from stand-off distances. It will also expand precision-strike capabilities by enabling rapid response strikes against heavily defended land targets.

Exchange Shoppers Continue to Support the Air Force Assistance Fund with \$700,000 Donated in 2021

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

Minot AFB– Army & Air Force Exchange Service shoppers can lend a helping hand to Airmen, Guardians and families in need by donating to the Air Force Assistance Fund (AFAF) at checkout next time they shop the Minot AFB Exchange.

In 2021, Exchange shoppers worldwide donated more than \$700,000 to AFAF.

With the hardships of the COVID-19 pandemic affecting many members of the military community in 2021, AFAF's mission remained crucial in supporting Airmen and Guardians facing difficult circumstances.

"The last few years have tested us all," said Exchange Director/ CEO Tom Shull. "The Exchange family understands selfless sacrifice and knows when to pitch in. The Exchange is honored to partner with the Air Force Assistance Fund, giving shoppers an opportunity to help their military family in need." Since the Exchange partnered with AFAF in 2017, shoppers worldwide have donated nearly \$2 million to the relief fund, which

provides financial assistance, supports educational needs and offers community programs to make life better for Airmen, Guardians, retirees and their families. The relief organization has also supported Warfighters and their families through the pandemic.

"Exchange shoppers' donations have been critical in helping carry out the AFAF mission, said retired Chief Master Sgt. of the Air Force Kaleth O. Wright, CEO of the Air Force Aid Society, one of four charities that benefits from AFAF. "We're grateful for our continued partnership with the Exchange to make the Air Force family stronger."

Minot AFB BX shoppers can donate in increments of \$1, \$5 and \$10 or enter in a custom amount



Upcoming Events

Mouse River players presents CLUE: THE MUSICAL 7:30 PM Mouse River Players

115 1st St SE, Minot Join Mouse River Players as they present Clue: The Musical by Peter DePietro, Lyrics by Tom Chiodo, and Music by Wayne Barker, Galen Blum, and Vinnie Martucci.

Tickets are currently available at www.mouseriverplayers.com and may sell out quickly, so make your reservations now!

Ticket prices: Adult - \$15 Senior, students, military – \$13 Children (12 and under) - \$10



Atypical Brewery & Barrelworks 510 Central Ave East, Minot 5k Run/Walk and Dog Jog - This is a traditional, family friendly, 5K event

and will be timed. You can run it as fast as you can or jog/walk it for fun. Feel free to bring your dog with you as this event is "for the dogs", but dogs are not required! All human participants will get a signature Hair of the Dog mug as well as a free post run beer at Atypical. 10:00 - 5K

12:00 - Beer MILE 2:00 – Weiner Dog Derby and a full day of run, dogs, beer, and FUN!



The Northern Sentry wants to show YOU all the amazing places, shops and hidden gems that Minot has to offer so you can realize why this may be a fun assignment! This quarterly tour bus will depart from Minot AFB and take you into a guided tour of Downton Minot and other places that you may not have known existed. Cost is only \$10/person which covers lunch at Cookies for You as well as a free gift card, and a chance to win big prizes from the local shops! Grab a lonely friend and sign up for this fun even Don't delay as spots are limited to only 21



On Base

Raking & breaking ice to usher in our favorite season! Volunteer any time. Let us know you're coming!

SINGLE AIRMEN PAINTBALL



For more information: www.mouseriverplayers.com



Registration required runsignup.com/Race/ND/Minot/HairoftheDogND



Registration required www.downtownminot.com

Kids



DRIVE

at the register.

"When their military family is in need, Exchange shoppers continue to answer the call," said Minot AFB Exchange General Manager Brian M. Read. "The Exchange is honored to partner with AFAF and support its incredible mission."



For more information visit: www.5thforcesupport.com



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791ST MISSILE MAINTENANCE SQUADRON ANNUAL LOAD TEST

A team of missile maintainers from the 791st Missile Maintenance Squadron performed an annual load test and tension on the Transporter Erector Emplacement System May 5, 2022 on Minot Air Force Base.

U.S. AIR FORCE PHOTOS I AIRMAN ALYSA KNOT









Kim Albert Agency 701-852-1460 2825 S. Broadway, Suite 2 abby.martinson@allstate.com



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_OOK BACK THIS WEEK IN USAF HISTORY

B-52 BOMBER DROPS FIRST AIRBORNE HYDROGEN BOMB OVER BIKINI ATOLL

MAY 21, 1956

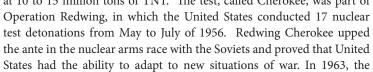


United States Air Force B-52 Stratofortress from the 4925th Test Group at Kirtland AFB, New Mexico, dropped the first airborne Hydrogen bomb over the Bikini Atoll, Marshall Islands. Before this test, the idea of dropping an H bomb over an enemy was theoretical, but the test proved the USAF's capabilities. The bomb was dropped about 8 miles above the ground and released a blast estimated

On May 21, 1956, a



at 10 to 15 million tons of TNT. The test, called Cherokee, was part of









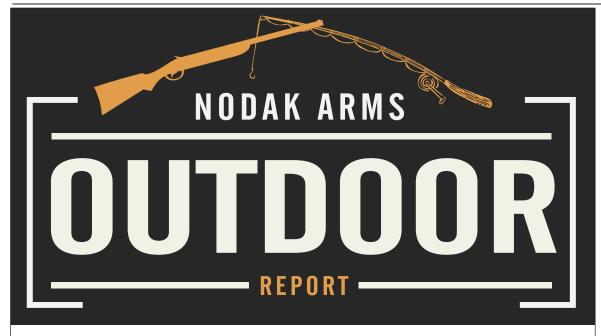




Limited Test Ban Treaty prohibited open-air and underwater nuclear testing as a result of concerns from environmentalists and scientists.

Information courtesy of: history.com / Fitchburg Sentinel, Mass. May 21, 1956 / thisdayinaviation.com





OUTDOOR NOTES:

Lake Sakakawea elevation, May 16: 1,829.02 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.77 feet above mean sea level (MSL). Stump Lake elevation: 1,449.78 MSL.

• N.D. Game & Fish Dept. game wardens: Try the face of the dam for some salmon activity on Lake Sakakawea. White Earth Bay on the west end of Lake Sakakawea producing some walleye success. Try jigs or Lindy rigs and minnows. A few anglers on Lake Audubon with scattered walleye success and some smallmouth bass mixed in. A few more anglers starting to head to north-central area lakes but limited success yet. No Missouri River or Devils Lake reports.

• Devils Lake, Ed's Bait Shop, Devils Lake: Continued success in northern Devils Lake feeder coulees and creeks.

• Devils Lake, Woodland Resort, Devils Lake: Continued fair to good walleye activity in Channel A and other feeder creeks and coulees. Locate warm, shallow water about 50 to 55 degrees using jig and minnows or leeches. Also try slip bobbers and Lindy rigs or plastics.

•Lake Darling, Karma C-Store, Ruthville: Lake Darling still somewhat slow for walleye. No reports from Grano. Wind and weather continue limiting activity. •Lake Metigoshe, Four Seasons, Bottineau: Lake Metigoshe producing some pike and a few nice-sized walleye from shore. Wind and weather limiting boat activity.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Water temperatures remain cold on Lake Sakakawea

PATRICIA STOCKDILL

•May 21: EMS Kids Day, Fort Stevenson State Park, Garrison. Free family activities with emergency personnel equipment tours and other kid's activities. Contact the park, (701) 337-5576, for details.

•May 28: Hatchery Fun Day, Garrison Dam Nat'l. Fish Hatchery, Riverdale. Free family fun activities, guided hikes, and guided tours with Riverdale Ambulance District serving free will hotdogs. 9 a.m. to 1 p.m. Contact the hatchery, (701) 654-7451, for more details.

•May 28 - May 30: Sky Fest over Fort Stevenson Kite Festival, Fort Stevenson State Park, Garrison. Go to the festival website (www.skyfestnd.com) for details.

• May 30: Military Service Personnel Day, Fort Stevenson State Park, Garrison.

• June 4 & 5: Free Fishing Weekend.

• June 4: Special Needs Fishing Day, Upper Souris Nat'l. Wildlife Refuge Outlet Fishing Area, Foxholm.

• June 8: Deer gun and muzzleloader applications due.

TOURNAMENTS:

• May 21: Devils Lake, Creel Bay.

• June 4: Lake Sakakawea, Tobacco Gardens; Devils Lake, East Bay.

Sakakawea.

•Lake Sakakawea, New Town: Walleye activity remains slow in the Van Hook Arm. Look for improving success with stable weather and post-spawn activity. ·Lake Sakakawea, Van Hook Bait & Tackle New Town: Access available but weather continues limiting activity. Water temperatures remain cool. Look for some pike activity from shore with improving walleye activity with warmer, stable weather.

 Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow with limited activity. Some activity on the east end of Lake Sakakawea but no reports.

 Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers running muddy after recent rains. Slow for

·Lonetree WMA area lakes, Harvey: No new reports.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Souris River slowed with limited reports from area lakes. •Turtle Mtn. area lakes, Coast-2-Coast, Rolla: Area lakes remain slow. Anglers heading to Devils Lake with good walleye success

in the coulees around Cando. N.D. river flows:

•Little Missouri River, Long X Bridge: River stage, 4.56 feet; streamflow, 4,230 CFS.

• Missouri River, Williston: River stage, 16.59 feet.

• Missouri River, Washburn: River stage, 9.06 feet.

• Pembina River, Walhalla: River stage, 9.38 feet; streamflow, 4,400 CFS. ·Souris River, Foxholm: River

stage, 6.49 feet; streamflow, 105 CFS.

54TH HELICOPTER SQUADRON CREW **OVERLOOKS MINOT AIR FORCE BASE FLIGHTLINE**

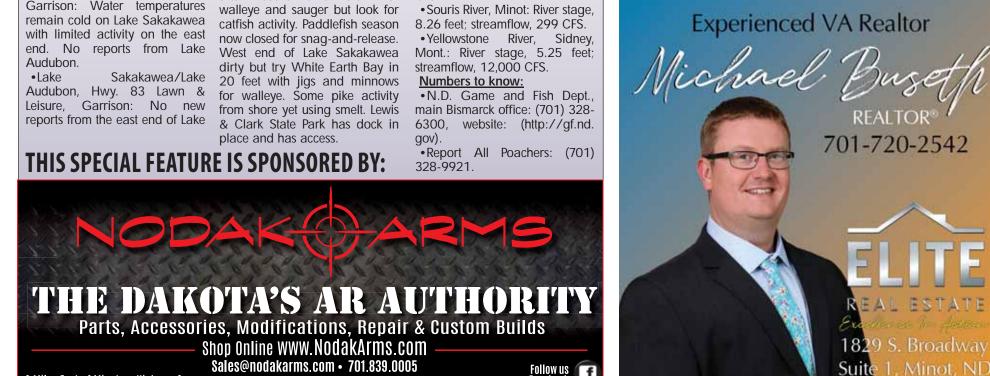
U.S. AIR FORCE PHOTOS I SENIOR AIRMAN CHINA M. SHOCK





A 54th Helicopter Squadron crew flies over the flightline at Minot Air Force Base, North Dakota, May 5, 2022. The UH-1N, also known as the "Huey," was put into military use in the early 1970s. The Huey is used as a search and rescue asset, light utility transport helicopter, command and control platform, medevac ambulance and close air support gunship.

Tech. Sgt. Dustin Dezotell, 54th Helicopter Squadron first sergeant, overlooks the C-5M Super Galaxy on the flightline at Minot Air Force Base, North Dakota, May 5, 2022. The C-5's primary mission is to transport cargo and personnel for the Department of Defense. Get Faded BARBERSHOP LaRae Honsey Barber 701-240-5802 1407 South Broadway Minot ND Specialize In Mens Hair Suite F



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BISMARCK NATIONAL WEATHER SERVICE BASE TOUR

Members of the National Weather Service in Bismarck take a base tour on Minot Air Force Base May 10, 2022. Members of the National Weather Service visited Minot Air Force Base in order to learn more about what the base capabilities are and collaboration purposes.

U.S. AIR FORCE PHOTOS I AIRMAN ALYSA KNOTT

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THEY'RE BACK – U.S. FISH AND WILDLIFE SERVICE WELCOMES **VISITORS WITH TWO SPECIAL** UPCOMING EVENTS

Patricia Stockdill

Only a 2011 historic flood and two-year pandemic kept Upper Souris National Wildlife Refuge (NWR) from hosting Special Needs Fishing Day each lune.

While that same pandemic halted Garrison Dam National Fish Hatchery's annual Memorial Day weekend Hatchery Fun Day for two years, both activities are back and hosts are welcoming people once again.

Hatchery Fun Day takes place May 28 with the refuge's Special Needs Fishing Day June 4.

Special Needs Fishing Day at the refuge's Outlet Fishing Area began in 1992, described spokesperson Patty Bloms. Its humble beginnings started with the N.D. Game and Fish Department loaning fishing rods and providing courtesy fishing licenses. In its infancy the state didn't have a Free Fishing Weekend which is the event's traditional date.

About 80 participants and volunteers made that first event a reality with anglers from Minot Vocational Adjustment Workshop and Souris Valley Special Services enjoying an opportunity to land a fish and soak up the outdoors.

Over the years Bloms said the event has nearly doubled with about 150 participants anticipated in 2022.

The Special Needs Fishing Day is geared towards people of all ages facing physical or mental challenges. The last event in 2019 provided fishing opportunities for people involved with REM North Dakota, Kalix, Independence Inc., Minot Public Special Services, Souris Valley Special Services, and Prairie Grit Sports.

Sponsors for the 2022 Special Needs Fishing Day include Kenmare Veteran's Club, Kenmare Goosefest Committee, and National Wild Turkey Federation Souris River Basin Longbeards chapter members, along with refuge staff.

It's traditional to blow an air horn whenever anyone catches a fish, which is also celebrated with a photo of the elated anglers and their catch. From there, the prize goes to a long-time volunteer fish cleaner, Bloms described, who stores the filets on ice for anglers to keep. "While this is done, the photo is printed and given to the individual, as well," she continued, courtesy of a nearby van equipped with a generator powering the printer.

Down at Garrison Dam National Fish Hatchery below Garrison Dam, its Hatchery Fun Day is now in its fifth year, described Administrative Assistant Toni Ganje.

It's geared towards families and children of all ages with volunteers

well as its endangered species efforts.

Hatchery Fun Day began with about 450 participants, Ganje said, with about 1,200 people when the event was last held in 2019. "We're hoping to get a good crowd," she added, and the nearly 30 volunteer hatchery staff and Central Flyway Chapter members are excited to be back.

It's also a special opportunity to raise money supporting the Riverdale Ambulance District serving free will hotdogs throughout the day. Organizers are honored to be able help support and promote its local volunteer ambulance district, Ganje continued, and the event plays an important role in generating funds for the organization.

Garrison Dam National Fish Hatchery's Hatchery Fun Day: · Located at the hatchery downstream of Garrison Dam on the dam's east side, near Riverdale.

• May 28, 2022, 9 a.m. to 1 p.m.

• Free.

• Guided trail hikes at 10 a.m. and 11:30 a.m.

• Riverdale Ambulance District serving free will donation hot dogs.

 Activities: Face painting, Little Tykes Trout Pond, Turtle Touch Tank, rock painting, science experiments, and Junior Ranger Class.

Guided hatchery tours.

• Contact the hatchery, (701) 654-7541, for more information.

Upper Souris National Wildlife Refuge's Special Needs Fishing

Day: · Located on the refuge's the Outlet Fishing Area below Lake Darling Dam

25 miles northwest of Minot.

• June 4, 2022, 10 a.m. to 3 p.m.

• RSVP via email, (uppersouris@fws.gov, or telephone, (701) 468-6467, extension 110.

• The Outlet Fishing Area is closed to the public during the event.

• Free tackle, fishing rods, and bait are provided with a picnic lunch served at noon



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enjoying the fun parents and grandparents have as youngsters squeal with excitement of touching a turtle or trout, along with other fun activities.

A Junior Ranger Class, "Let's Go Fishing", earns young participants a Ranger badge, Ganje continued, and, yes, little tykes really can touch trout and turtles.

North Country Trail Central Flyway Chapter volunteer members host guided trail hikes on the Hatchery Loop and River Loop trails, each about 1 1/2 miles long.

In addition, guided hatchery tours are available allowing participants a first-hand opportunity to experience the vital work hatchery biologists perform to help make North Dakota's fishing opportunities available - as

• Hatchery sign: Garrison Dam National Fish Hatchery downstream of Garrison Dam, Riverdale, once again hosts its Hatchery Fun Day May 28 from 9 a.m. to 1 p.m. Upper Souris National Wildlife Refuge hosts Special Needs Fishing Day a week later, June 4, at the Outlet Fishing Area below Lake Darling Dam northwest of Minot.

GARRISON DAM NATIONAL FISH HATCHERY PHOTO



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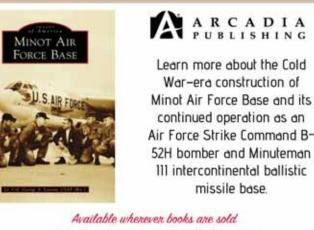


MAC LUNCH MAY 2022

Members of Team Minot Air Force Base have lunch with the Military Affairs Committee and community leaders at the Armed Forces Reserve Center, Minot, North Dakota, on May, 12, 2022. This lunch allows community leaders to engage and discuss important topics that are happening both on Minot Air Force Base and the City of Minot.

U.S. AIR FORCE PHOTOS I AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM





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NOTES ON BEING SAFE

NATIONAL SAFE **BOATING WEEK** WEAR IT! ALWAYS WEAR **YOUR LIFE JACKET**

As summer approaches, Americans are looking forward to enjoying our Nation's rivers, lakes, and oceans. National statistics show that recreational boating is safer today than ever before, with the number of boating fatalities declining even as the number of boats increases. However, lives continue to be lost needlessly, and we must remain committed to boating safety. During National Safe Boating Week which is 21 -27 May, we are reminded that practicing simple steps can make recreational boating safer and more enjoyable.

Drowning remains the number one cause of recreational boating fatalities. According to the American Boating Association, there were 613 boating fatalities in 2020. In many of these cases, life jackets were available on board, but were useless to the passengers in the boats because the speed and suddenness of the accident prevented them from having time to put on their life jackets. The chances of surviving a serious boating accident increase dramatically by wearing a life jacket. Modern life jackets are smaller, lighter, and more flexible, making them easier and more comfortable to wear. The National Safe Boating Council, the National Association of State Boating Law Administrators, and the U.S. Coast Guard are working with other campaign partners to encourage safe boating practices through the 2021 North American Safe Boating Campaign. In addition to wearing life jackets, the campaign encourages boaters to enroll in a boating safety class, to ensure that boats are properly maintained and checked for





AND HEALTH MANAGER safety, to follow regulations and guidelines relating to homeland security issues, and are not to consume alcohol when operating a boat. By improving

departments who respond to recreational boating accidents also responsible for protecting the security of our nation's ports and waterways. By avoiding boating accidents, Americans can help these officials devote more time and effort to safeguarding our homeland.

More information about staying safe on the water is available by visiting the U.S. Coast Guard's Office of Boating Safety website at www. uscgboating.org.



INGREDIENTS

1 TSP SALT

1 EGG

1/4 CUP SUGAR

3 1/3 CUPS FLOUR

1 EGG FOR EGG WASH

BUTTER, FOR SERVING

COOKING SPRAY, AS NEEDED

1 CUP WARM WATER

2 TBSP QUICK RISE YEAST

1/4 CUP UNSALTED BUTTER, SOFTENED

Combine yeast and warm water in a small bowl to activate the veast. Let sit until foamy 5-10 minutes

Combine salt, sugar, and flour in the bowl of a stand mixer fitted with the dough hook. Pour water and yeast into the dry ingredients with the machine running on low.

Add butter and egg and mix for 10 minutes gradually increasing the speed from low to high.

Form the dough into a ball and place in a buttered bowl. Cover with a cloth and let the dough rise for approximately 40 minutes.

Transfer the risen dough to a lightly floured surface and divide into 8 pieces forming a ball with each.

Lightly spray a cast iron pan with cooking spray and arrange balls in the pan. Cover with a cloth and let rise 20 minutes.

When ready to cook, set temperature to 375°F and preheat, lid closed for 15 minutes

Brush rolls with egg wash and then bake for 30 minutes until lightly browned. Serve hot. Enjoy!

*Cook times will vary depending on set and ambient temperatures.

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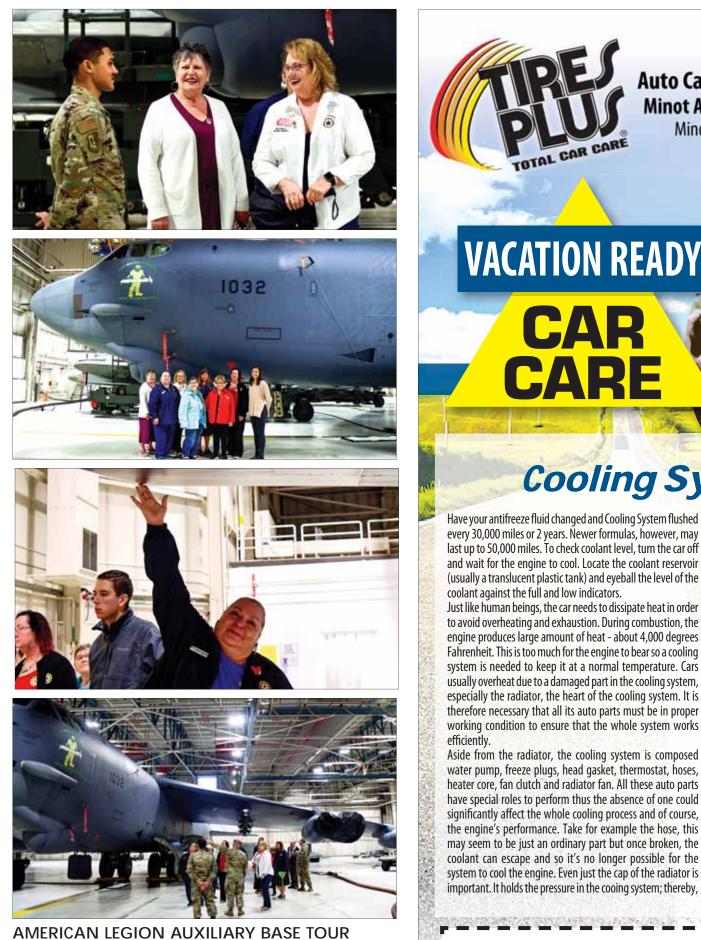
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Members of American Legion Auxiliary take a base tour on Minot Air Force Base May 10, 2022. American Legion Auxiliary was founded in 1919, it is dedicated to serving veterans, military, and their families.

U.S. AIR FORCE PHOTOS I AIRMAN ALYSA KNOTT



Cooling System Tips

Have your antifreeze fluid changed and Cooling System flushed every 30,000 miles or 2 years. Newer formulas, however, may last up to 50,000 miles. To check coolant level, turn the car off and wait for the engine to cool. Locate the coolant reservoir (usually a translucent plastic tank) and eyeball the level of the coolant against the full and low indicators.

TOTAL CAR CARE

Just like human beings, the car needs to dissipate heat in order to avoid overheating and exhaustion. During combustion, the engine produces large amount of heat - about 4,000 degrees Fahrenheit. This is too much for the engine to bear so a cooling system is needed to keep it at a normal temperature. Cars usually overheat due to a damaged part in the cooling system, especially the radiator, the heart of the cooling system. It is therefore necessary that all its auto parts must be in proper working condition to ensure that the whole system works

Aside from the radiator, the cooling system is composed water pump, freeze plugs, head gasket, thermostat, hoses, heater core, fan clutch and radiator fan. All these auto parts have special roles to perform thus the absence of one could significantly affect the whole cooling process and of course, the engine's performance. Take for example the hose, this may seem to be just an ordinary part but once broken, the coolant can escape and so it's no longer possible for the system to cool the engine. Even just the cap of the radiator is important. It holds the pressure in the cooing system; thereby,

affects its stability.

How does the cooling system of your car work? The coolant, which is a mixture of anti-freeze and water, is the one that absorbs the heat from the engine. It is drawn by the water pump from the radiator and is pumped through engine block and the cylinder head to absorb the heat from the engine and its parts. It goes back to the receiving tank of the radiator through the radiator hose. The radiator has tubes that contain large amount of water and has fin area to allow outside air to pass through. As the coolant spreads over the top of the radiator tubes, it transfers heat to the air.

The performance of your car is greatly dependent on your cooling system. No matter how gutsy its engine is, it can't work normally without a cooling system. The engine can even be inutile in an instant if it overheats and all other auto parts under the hood can also be damaged. They could melt as the engine burns the fuel inside the combustion chamber and the pistons in the cylinder could expand extremely that they can no longer move to complete the whole process in the engine. Your car can possibly overheat as well. Engine overheating is one of the most common problems auto users encounter. You can avoid this by adding water to your radiator. So if you notice a problem on a particular part in your cooling system, consult the best auto mechanic in town. But if you think the problem is worst, you may as well replace it right away.

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Your vehicle counts on new oil and oil filters to keep it operating efficiently. Oil should be kept full, clean from particles and not burnt. Oil lubes crucial engine parts. Moving components create rubbing, and over time that heat wears the parts down. Oil or a synthetic lubricating substance can minimize the damage from the rubbing by those moving components. By performing a regular oil change schedule you will effectively increase your engine's efficiency as well as maintain the life of your car's engine.

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HOBBIES/INTEREST:

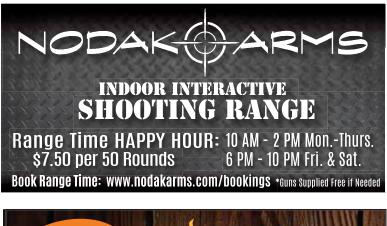
I like to run, play video games and have fun no matter what I'm doing.

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Dakota Elementary's Mrs. Shelby Brown Retires

ERIN BEENE



Dakota Elementary Staff at Surprise Retirement Party for Mrs. Shelby Brown.

Teachers have always worked extremely hard. But these days, more than ever, quality school teachers are a blessing. This appreciation for teachers was exemplified at the on base Dakota Elementary School. During the yearly "Teacher Appreciation Week," which was held the week of May 2-6, Dakota treated its teachers to breakfast from Bearscat Bakehouse, a free lunch donated by the parents of the school and gift cards/snacks donated from various places around town. The week was a highlight of teachers' years and a way for parents to show how much they appreciate having hard working teachers. Besides the celebration for all teachers, Dakota had a surprise planned for one of their special staff members. Mrs. Shelby Brown, who has whole-heartedly served in the Minot Public School system for over two decades and as the Dakota Secretary for 12 years, is retiring. Dakota parent and PTA member, Nicoletta Pollice, described Mrs. Brown as the kind person who knew almost all of the kids' names at school. Pollice said, "[Mrs. Brown] always made the parents feel welcome." Pollice continued to say that Mrs. Brown has been a "positive influence" on the school and the community. In honor of Mrs. Brown's two decades of service, the staff surprised her on the morning of May 5 with cake and a "retirement party

presented her with a retirement cake this past Thursday. In addition, the students and parents wrote very kind notes of thanks to her, in which she took home to read with a box of Kleenex!"

Mrs. Brown is remembered fondly at Dakota Elementary, which is evident through the words spoken about her. When asked about some of her fondest memories at Dakota, Mrs. Brown "The most memorable said. situation that I had was when I was a Paraprofessional and was leaving to be the secretary. The 6th grade student I had been working with for 2+ years wrote a message on the whiteboard, 'Mrs. Brown thank you for everything'. I was surprised and touched that a 6th grade boy would write a message on the board for all to see. It will be with me forever." She also recounted a time when there was a severe blizzard and most of the staff had to end up sleeping at the school. "The families brought blow-up beds, bedding, snacks and drinks for the stranded staff", said Mrs. Brown. She is sad to leave the students and the staff at Dakota who have become so close to her, but Mrs. Brown is excited to have the chance to travel to the Caribbean, go visit family and not have to drive on Highway 83 during the dark winter months.

As gratitude for her Dakota Elementary family, Mrs. Brown would like to say, "A special thank you to Glenna Meiers, Heather Opland, and Jennifer Burdick for believing in me to learn the skills to work with special needs students. I would have to say a huge thank you to Kathryn Lenertz for believing in me and hiring me to be her secretary! The staff at Dakota is the best! I would also like to thank the families of my Dakota students. Every day is an honor and privilege to work with these amazing students. I will miss the hellos and hugs I receive every day. Dakota is a special place I will be leaving a huge part of my heart when I leave."

The 2022 Minot Public School Retirement and Recognition Banquet was held on Sunday, May 15 at the Sleep Inn Convention Center. The ceremony recognized over 50 Minot Public School recipients for their years of service as well as nearly 40 staff members for their retirement this year. Among the retirees honored was Dakota's Mrs. Shelby Brown.



Military Special! Get 50% off your first month after you attend two meetings! Dakota Elementary Principal Kathryn Lenertz said, "Shelby was completely taken over with emotion as the staff and parents

Mrs. Shelby Brown and Dakota student Sebastian Siebe.

COURTESY PHOTOS

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School Board Opening

School Boards are responsible for the education of local children and address a wide array of issues: setting spending priorities, approving budgets, adopting school calendars, approving staffing changes, responding to changes in education law, and advocating for the needs of students, families, teachers and staff. Members work closely with the district superintendent and other administration and are public figures who support and respond to the needs of their communities. For the Minot Air Force Base School Board #160 member duties include: using state and federal funds to ensure that the students on-base continue to receive the best education possible within the laws of the North Dakota Century Code, addressing concerns or questions from district families, and voting on matters that affect schools both on and off the installation. The Minot Air Force Base School Board is a coterminous school board that



works alongside Minot Public School Board #1 with the mission of "Empowering all learners to succeed in a changing world". Both school boards consist of five board members, each member serves a three year term. For the Minot Air Force Base School Board there are three position requirements for members: 1. Member must reside on the installation 2. Member may be active duty enlisted, a reservist, or a dependent family member. Officers are not eligible to serve as school board members pursuant DoDD 1344.10, Para 4.2.2.4. 3. Members cannot be an employee of Minot Public Schools. The Minot AFB School Board often has to fill vacancies due to member resignations related to the military lifestyle.

If a member of the board resigns that position is filled to serve out the remaining portion of that term. The Minot AFB School Board currently has an open position. Interested parties can contact the School Liaison at mafb.school.liaison@us.af.mil for more information and to receive an application.

Stay Involved and Active this Summer

The 2021-2022 academic school year is coming to a close. It has been tremendous to see the hard work of administrators, faculty and staff, families, and students. In the next week, there are field days, class trips, orchestra performances, and much more. Summer has much in store.

With summer break close, there are a variety of activities to keep students engaged to include activity camps or summer strength programs hosted by Minot Public Schools. There is also extensive programming at Minot AFB Library, Minot Public Library and



Minot Parks



JOY-NICOLE SMITH, MINOT AFB SCHOOL BOARD PRESIDENT

Minot Parks. The following are QR codes to learn more.

Lastly, the Minot AFB School Board, District #160 is delighted to welcome two new board members, Nicoletta Pollice and



Minot Public Schools Summer Activities



Janelle Burton. Their commitment to serving Minot AFB inspires. Please be on the lookout for more information about them in the upcoming weeks.



Minot Public Library



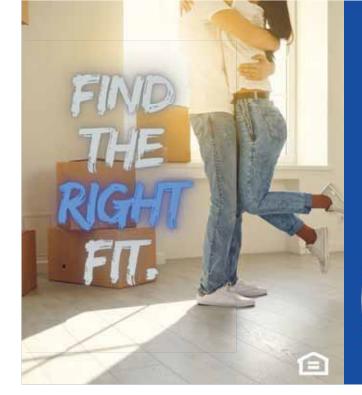
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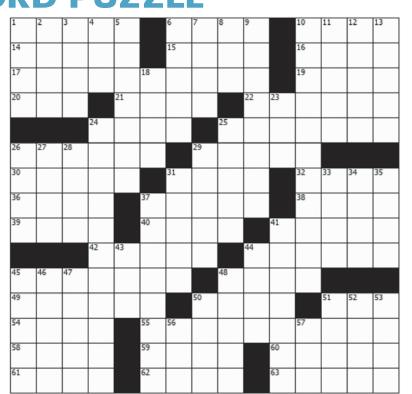
Across 1. Piano part 6. How-to part 10. Very plentiful 14. Throat projection 15. Lime cover 16. Egg without a shell 17. Brother on a noted TV sitcom **19**. Thorn in the flesh 20. Kind of dog 21. Swarm 22. Sudden emotional pang 24. Like Death's horse 25. Feature of the top of Mt. Everest 26. Jellied side dishes 29. Outlet insert **30**. Searched for bugs 31. "The Ghost and Mrs. ____" 32. Rival of Bjorn 36. Assuage 37. Jazz legend Chick 38. Sell 39. Holiday cherub 40. French articles 41. Desist partner Down 42. Informal farewell 44. Trust in 45. "Titanic" or "Star Wars," e.g. 48. Old salts 49. Maltreatment 50. Repeated word in a Doris Day tune 51. Stable tidbit 54. Word repeated before "pants on fire" 55. "Network" actor 58. Town in Italy, New Jersey or California actress 59. Shah's domain, once 60. One in charge of a roast?

61. Suit to ____

62. Brain exams, for short

63. Type of whale

SUDOKU



18. Some Disney

23. Lose or draw

collectibles

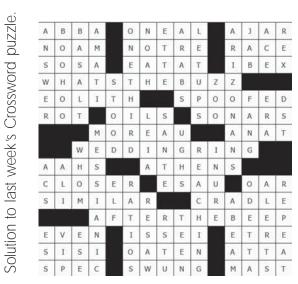
pot?

words?

- 1. Witticisms
- 2. Mean business?
- 3. At the proper time
- 4. It's more than 4
- percent alcohol by
- volume in the U.S.
- 5. The end for
- playwrights?
- 6. Buying binge
- 7. Cooperative unit
- 8. Velvet end?
- 9. Excess 10. "A Rage in Harlem"
- 11. Marla's predecessor 12. Toadstools and
- mushrooms, e.g. 13. Middle East prince
- (Var.)
- alternative 24. "Carrie" actress 25. Ventures 26. Whaling, e.g. 27. Dog-paddled, e.g. 28. Item for a Mexican age 29. Less sullied **31**. "Haystacks" artist 33. Job for Mr. Fixit 34. Start of many 35. Ancient garden location 37. Attractive one

41. Wide-mouthed servers 43. Patient replies? 44. Roseanne, formerly 45. Actress Jovovich 46. "The Hollow Men" poet 47. Forest clearing 48. They're coming of 50. Deer fellow? **51**. Without repetition 52. Standout testee 53. Unnamed ones 56. I - I palindromic center 57. Pixie

Crossword week's a last <u>0</u> S



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AS OF PRESS TIME, **REEL TIME MOVIE** THEATER WILL NOT HAVE ANY MOVIE SHOWINGS THE WEEKEND OF **MAY 20 TO MAY 21.**

FOLLOW REEL TIME MOVIE THEATER MINOT, AFB **ON FACEBOOK OR VISIT** MINOT EXCHANGE WEBSITE FOR UP TO DATE **MOVIE LISTINGS**



Solution to puzzle on page C7





CHURCHDIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.



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605 27th St SE, Minot ND 58701 Or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014

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VISIT OUR WEBSITE TO READ **OUR WEEKLY E-EDITION**

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- Give a description on an easily identifiable article of clothing
- Verify member's military/ dependent status by showing identification



THURSDAY, FRIDAY & SATURDAYS 09:00 PM - 02:00 AM

> HOLIDAY WEEKENDS 08:00 PM – 03:00 AM

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

COLUMBIA COLLEGE

Embry-Riddle Aeronautical University is the world's preeminent university for aviation and aerospace education. However, our dynamic, hands on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 23 May-24 July. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 904-513-9734.

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

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MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-toface classes at the Minot Air Force Base. The Spring 2022 semester begins Monday, January 10, 2022.

There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@ minotstateu.edu



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WHAT'S GOING ON MAFB

DYA

- Registration Ends: Horseback Riding & Rock Climbing Trip at Outdoor Rec
- Registration Ends: Intramural Softball at the Fitness Center
- Cycle & Strength, 0530, Fitness Center
- Minot 1st SGT 5K, 0730, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, A&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Epoxy Cutting Board Class, 1730-1930, Arts & Crafts Center
- Hello Summer Skate Night, 1800-2000, Youth Center
- Fantasy Movie Night, 1800, ESC, inside Bomber Bistro
- Karaoke Night, 2000, Rockers Bar & Grill
- Passport to Keystone Lock-In, 2030-0630, Youth Center

SATURDAY

- Why Not Minot National Police Week Scramble, 0800, Rough Rider Golf Course
- Barre Strength, 1000, Fitness Center
- America's Kids Run, 1000-1300, Youth Center Baseball Fields
- Kids Fitness Day, 1000-1300, Youth Center Baseball Fields
- Super Smash Bros Ultimate Tournament, 1300, ESC, inside Bomber Bistro

UND

Zumba, 1400, Fitness Center

MONDAY

- Kickoff to Summer Kickball Begins, Youth Center
- HIIT Strength & Conditioning, 0530, Fitness Center
- Family Fit Bootcamp, 1000, Turf hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

- Game Day, 1000-1930, Minot AFB Library
- Home Buying Seminar, 1400-1600, A&FRC
- Run for Fitness, 1700, Fitness Center
- Zumba, 1830, Fitness Center
- Barre Strength, 1930, Fitness Center

コントオ

- HIIT Strength & Conditioning, 0530, Fitness Center
- Right Start, 0800-1000, Jimmy Doolittle Event Center
- Pre-Deployment/Remote Readiness Training, 1000, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Swerk, 1730, Fitness Center • Fighting Game Night, 1800, ESC, inside Bomber Bistro
- Yoga for Fitness, 1830, Fitness Center

THURSDAY

- Pre-Separation Counseling, 0830, A&FRC
- Family Fit Bootcamp, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- EFMP Zoo Series: Adaptations, 1600-1700, Roosevelt Park Zoo, hosted by A&FRC
- Art Resin Charcuterie Board Class, 1730, Arts & Crafts Center

ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care -Call to schedule an appointment.
- Military Appreciation Month: Dakota Inn Dining Facility
- Asian Pacific Heritage Month: Dakota Inn Dining Facility



FRIDAY

- Family Day, No Fitness Classes
- Karaoke Night, 2000, Rockers Bar & Grill



• Golf Egg Hunt Ends, Rough Rider Golf Course • Cycle, 0900, Fitness Center

MAY SPECIALS

Bomber Bistro • Bacon, Ham, and Provolone Wrap

Smoked julienne ham, bacon, tomato, lettuce, provolone cheese, and chipotle mayo on your choice of spinach, flour, or garlic tortilla! Served with chips and a drink for \$9.25

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Rockers Bar & Grill • Big Bully Burger

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Golf Course Egg Hunt

at Rough Rider Golf Course

May 14th - May 28th

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