

northersentry

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MERITORIOUS AWARD



Colonel Michael Walters, Commander, 5th Bomb Wing (center) presents Major Ryan "Cross" Taylor and Captain Pierre "Papa" Sutton, 5th Bomb Wing CCE, the Meritorious Award at Minot Air Force Base, North Dakota, May 26, 2022. See page A8 for more photos.

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Where's the Recycling Bin?

ERIN BEENE

Minot Air Force Base is always streaming with newcomers. Getting to a new base means figuring out new dentists, schools, grocery stores and general ways of life. After unpacking what seems like the 100th box, some new Minot AFB residents look for the recycling center to dump those overflowing boxes; however, there isn't one here. Let's rephrase. The housing office does offer a dumpster, located in the parking lot of the Housing Office Management Office at 256 Spruce Street (pictured) where residents may place broken down cardboard boxes when there is space. Surprisingly, the city of Minot does not offer either curbside or on-location recycling either. Recycling has been a hot topic in the city for years and base residents continue to wonder when (or if) this service will be offered. But since the city of Minot does not have the capability to offer any recycling service, the base is unable to as well.

However, there is some uplifting news at hand. According to Jason Sorenson, the Minot Assistant Public Works Director, the city council has officially implemented that recycling will be started here in Minot very soon. The first piece of the plan is to build a transfer facility for the recyclable items. The bid for the build has been accepted and Rolac Contracting Inc. plans to break ground within the next few months with an estimated completion date of

Spring 2023. Even more positive, the city is actively working on creating a curbside recycling program for citizens within the Minot residential area. The service would cost only a few dollars per month/per household. Sorenson said the exact price has not been released yet but the program plans to start by Summer 2023. With the positive progress being made by the city, the Minot AFB Housing, a Balfour Beatty Community, said they are interested in working with the city in implementing a similar program for base housing residents. Sorenson mentioned that initial contact to create the program on base has been made. But with no official word from Minot AFB leadership, it is unclear when/if recycling will be available to Minot AFB residents.

But just because the recycling option is not currently offered, it does not mean it won't ever be available or that base housing dwellers have no options when it comes to being a little more green with repurposed items. Community source BeLocal Minot has put together a complete list of places in and around Minot that offer recycling options for those who wish to get rid of items responsibly. From newspapers to glass to car batteries, most items can be recycled; it just may take a mini-road trip or careful scheduling to make it happen. Check out the list of places available for items here! >>>



The Housing Office Management Office at 256 Spruce Street offers a dumpster for residents to bring flattened cardboard when space allows.

WHERE TO RECYCLE IN NORTH DAKOTA

- NEWSPAPER/CARDBOARD
- ALUMINUM/TIN/SCRAP METAL
- ELECTRONICS
- PLASTIC
- BATTERIES

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Service Members, Civilians Recognized for Sexual Assault Prevention, Victim Support

DOD SEXUAL ASSAULT PREVENTION AND RESPONSE OFFICE

The Secretary of Defense has prioritized eliminating sexual assault in the armed forces and taking care of victims. Across the Defense Department, its sexual assault response coordinators and members of military communities who ensure the secretary's goals are met.

Last week, the department recognized the best of those individuals as recipients of the Liz Blanc Exceptional SARC of the Year Award and the Promoting Excellence in Prevention Award.

The annual awards ceremony, this year held May 17 at the Mark Center in Alexandria, Virginia, emphasized the importance of sexual assault prevention and response across the department, and also recognized the dedicated individuals who provide critical victim care and support as well as those working toward a prevention-focused community.

Since 2009, the department has annually recognized one SARC from each military service and within the National Guard for the Liz Blanc Exceptional SARC of the Year Award. The award recognizes innovative achievements contributing to unique and exceptional victim response within

the military community.

Dr. Nathan Galbreath, the acting director for DOD's Sexual Assault Prevention and Response Office, highlighted the importance of the award and echoed his appreciation for SARCs who take on these challenging roles.

"Having the opportunity to recognize these silent warriors for their work in supporting service members is a true honor," Galbreath said. "Fostering a support system that meets the needs of all victims is challenging. It takes constant attention, hard work and focus. Everyone who will receive this award is an example of that hard work; they know the true meaning of taking care of our own."

The role of the SARC is important, Galbreath said, because SARCs serve as the single point of contact for integrating and institutionalizing sexual assault victim care in the field, from the initial report through case conclusion. The SARC has the profound role of ensuring a support system is in place for all victims.

In order to certify that SARCs are trained and armed with the tools they need to provide comprehensive victim care and

support, SARCs from across the Army, Air Force, Navy, Marine Corps, Space Force, National Guard and Coast Guard receive training and certification in victim-centered care through the DOD Sexual Assault Advocate Certification Program.

Preventing a sexual assault from occurring in the first place is also a department priority. Towards this, the department has increased its focus and effort on preventing sexual assault through ongoing initiatives including releasing the Prevention Plan of Action, publishing an integrated violence-prevention policy and establishing a prevention community of practice which features the first-ever prevention workforce.

Recipients of this year's awards represent the thousands of service members and civilians dedicated to sexual assault prevention and response across the department, said Dr. Andra Tharp, the senior prevention advisor for the department's Office of Force Resiliency and SAPRO.

"The efforts made by this year's recipients, support the work being done by the department to reduce and stop sexual assault in the military community," said Tharp. "Their work is critical to creating and sustaining an environment of dignity, respect, inclusiveness, and connectedness to advance readiness and warfighting capability."

RECIPIENTS OF THE 2022 LIZ BLANC EXCEPTIONAL SARC OF THE YEAR AWARD INCLUDE:

- Army: Sgt. 1st Class Brandy Jackson-Frazer, U.S. Army North Atlantic Treaty Organization Brigade, Sembach, Germany
- Navy: Kim Birdwell, Naval Station Norfolk, Virginia
- Marine Corps: Zuzana Hall, Marine Corps Recruiting Command, Quantico, Virginia
- National Guard: Ashley Shelton, Alaska National Guard, Joint Base Elmendorf-Richardson, Alaska
- Coast Guard: Lianne Casupang, District 14 at Honolulu, Hawaii
- Air Force: Capt. Vikki Flores,

355th Wing, Davis-Monthan Air Force Base, Arizona.

RECIPIENTS OF THE 2022 PROMOTING EXCELLENCE IN PREVENTION AWARD INCLUDE:

- Army: Stacey Rosenberg, the U.S. Military Academy at West Point, New York
- Navy: Lt. Cmdr. Catherine Cole and Lt. Stuart Lyster, Naval Station North Island, San Diego, California
- National Guard: Christyn Delgadillo, California National Guard
- Air Force: Capt. Jacob England, 1st Lt. Aimee Ford, 1st Lt. Sarah Johnson, 1st Lt. Kimberly Ratliff, Tech. Sgt. Sarah Duckett, Tech Sgt. Matthew Brimmer, Airman 1st Class Samantha Hughes, Minot AFB, North Dakota
- Space Force: Maj. Branden Crockett, Maj. Shelton Fraser, Capt. Adam Embry, Master Sgt. Curtis Oliver, Tech. Sgt. Walker Jean-Philippe, Dr. Nicole Stoughton, Nicholas Mowes.



Recipients of the 2022 Elizabeth Blanc Exceptional SARC of the Year Award, for work related to support provided to victims of sexual assault, were recognized May 17, 2022, during a ceremony at the Mark Center in Alexandria, Va.



Recipients of the 2022 Promoting Excellence in Prevention Award, for work related to the prevention of sexual assault, were recognized May 17, 2022, during a ceremony at the Mark Center in Alexandria, Va.

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MINOT AIR FORCE BASE NEWSPAPER
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PHOTO OF THE WEEK



Airmen from the 91st Missile Wing, 54th Helicopter Squadron and the 91st Security Forces Squadron all work seamlessly together to pull off a convoy in the missile complex.

U.S. AIR FORCE PHOTO
MINOT AFB PA

A View from the Other Side

Sometimes I forget that I'm no longer an official part of the Northern Sentry team. In everyday conversation regarding the base newspaper, one might hear me trip over my words and say "send us that photo and we'll be happy to get it in the paper," or "yeah, I think we can run that story!" And I'll catch myself, replacing "we" with "they."

It has been about two and a half months since my title changed from Abigail Kinder, Reporter/Creatives Services to Mrs. Abigail Kinder, Community Relations, on the Sentry masthead. Two and a half months where I have planned base tours, traveled to New York City, coordinated media features, and learned more about Minot Air Force Base than I thought possible. Once I was covering local events and interviewing Airmen as the media, now I reach out to the media.

As the head of Media Operations and Community Relations (COMREL, as we call it), I am responsible for strengthening our relationship with the outside world. I help give members of the community (near and far) a look into the Air Force Global Strike Command mission whether that is through a segment on the daily news, a base tour for a group of families from all over the United States, or through our Honorary Commander program that pairs community counterparts with base leadership.

Each day is a new challenge, but the part that I love most about my new job is that I get to help other people love Minot AFB as much as I do. My position encourages visibility between the community and our base, and when people learn about our mission and the people who work diligently to carry it out, it gives them a sense of trust. The people here have welcomed Team Minot with open arms for 65 years, and we owe it to them to give back.

For example this Memorial Day, I had two volunteers step up to speak at community events in small-town North Dakota. One volunteer spent his whole holiday engaging with the community, from giving a speech to having lunch to participating in their ceremonies and from what he said, the 108 people of that small town were ecstatic about it. That is why I do what I do—for those people, for those relationships.

These days I may not be an official part of the Northern Sentry team, but I will find my projects splashed across their pages here and there. I'm always a phone call or text away from them, and sometimes their endeavors and my COMREL cross paths and we get to collaborate on something new. I have the privilege of working with the most dedicated PA shop around, but I'm glad that I still have the Northern Sentry on my team!



A VIEW FROM OUR SIDE

ABIGAIL KINDER,
COMMUNITY RELATIONS ADVISOR
MINOT AIR FORCE BASE PUBLIC AFFAIRS



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SHE'S NOT FROM AROUND HERE
AMY ALLENDER

The Carousel

ride that would have been outside Kmart when I was growing up in the 90s. You know the type: metal, miniature and pure bliss for a child under eight years old.

This one has been lovingly hand painted. Each of the four horses is adorned with a different pattern: zebra stripes, tiger stripes, giraffe spots, leopard spots.

The zoo carousel has become one of those quirky small town sagas I love to watch unfold. There's real dramatic tension. Will the carousel be working? Will we walk up to find an out of order sign? Will we insert our quarter only to discover it won't turn on?

This little ride is one of the most exciting gambles I take. (Please, no judgement on my very risk-adverse existence.) Zoo staff is regularly working to repair it, and I thank them for these efforts.

Seeing it spinning with our own eyes, it seemed as though we'd hit the jackpot. No risk — proof that it is working was right in front of us.

After stopping to see if the tiger cubs were out, we approached the carousel. I was going to put a quarter in — we might as well fill the seats. Being fearlessly friendly, I called out to the first two families I saw. Once all four kids were safely seated, I crossed to the small, green coin slot.

Once there I could see we were going to have a problem.

The previous quarter hadn't dropped all the way down, it was left jammed in the slot. I laughed nervously as I looked back at the

small, expectant crowd — my boys, two grandparents, a girl about five, another girl probably 18 months and two other parents. My quarter would push this one down, the machine would be fixed, it would all be fine. Right?

I had exactly one quarter. Carefully, I shoved it in, trying to dislodge the clog.

Nothing happened. Now my quarter was lodged. I gave the coin slot a gentle shake.

Nothing. "Well — this is awkward. The coins are getting stuck in the machine. I'm so sorry. I don't have another quarter. Maybe next time — ya just never know with this thing," I said.

The grandfather reached into his pocket. "We just got a bunch of change for the petting zoo. Let's see if we can get 'er going." He leaned over the slot, examining the problem and let out a "Hmupf."

One quarter in. Nothing. Another quarter in. Nothing.

"Well, maybe..." he said under his breath. Then he made a fist and gave the machine a single, firm thump. A beat of silence. A metallic whir. The carousel began to spin.

It was like a scene from a movie. But instead of a cool teenager thunking a vending machine for a free soda or a comedic dad pounding the top of the TV for better reception, it was a North Dakotan man in a sun hat and a 25¢ kid ride.

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It doesn't get much better than this... and to finally be able to wear shorts again - score!!

AMY ALLENDER PHOTOS

why I love life here in Hot Dish Territory. It's often hard to explain — but this captures the essence. I love that this ride is such an exciting part of our life. I love that this is a community where I can unabashedly call out to others to join us on the merry-go-round. I love that something so simple can make our days so sweet, and that

this place is full of people who are ready to step in and save the day with an extra quarter.

(I regularly share our zoo days and the other fun we're up to on Instagram where several of you have reached out to get to know me. If you'd like to join me there, find me at @amy_allender.com.)

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A Day for Minot Discovery

ERIN BEENE

On Wednesday morning, May 25, a group of eager Minot AFB spouses boarded a bus and took off on a tour of a lifetime! Ok, maybe not a lifetime, but definitely one of the best tours for spouses while stationed at Minot. The tour, named Discover Minot Excursion, created and implemented by the Northern Sentry, was designed to create a partnership with the base and the city of Minot by creating an easy outlet for spouses to discover all the unique places and fun opportunities that may be difficult to find.

The day presented the beautiful Minot spring weather, with sunny skies and only a light breeze, while ten adventurous spouses started out on an excursion around town. First stop was the Woodland hiking trail and other difficult-to-find paths perfect for long walks with the dog or short nature exploration with kids. Speaking of kids, the bus then drove to the somewhat-hidden Wee Links Golf Course. This non-profit organization boasts a golf course and rentals (at amazing prices) for kids and adults alike. The tour also showed spouses how to get to the Souris Valley Golf course where a sledding hill is located

during the winter months- and the Maysa Arena, the local hockey and skating hub. After a quick stop at the Scandinavian Heritage Park, and some awesome SWAG later, the tour bus hopped on over to the North Dakota Fairgrounds, and the exciting building site of the much-anticipated Magic City Discovery Center. It was here that the spouses were greeted by Wendy Keller, the Executive Director for the center, whose passion for the project exuded in her excited demeanor. Keller explained the history of the project, when it will be opening (Fall 2022) and what can be expected. Hint: the Discovery Center will be a hybrid mix of a children's museum and science museum. Keller told spouses that the project has been in the works since 2013 and has been a perfect example of the community working together. Millions of dollars in both public and private funds have been donated to create this amazing new concept for Minot. The Discovery Center will allow North Dakota to no longer be the only state in the U.S without a major Children's Museum. Another particularly adorable highlight of the tour was the beloved Roosevelt Park

Zoo where spouses got a special behind-the-scenes glimpse of the workings of the zoo as well as the cute baby tiger cubs!

The exploration wrapped up with a delicious lunch and a mouthwatering cookie from "Cookies for You" in downtown Minot. Some boutique shopping on Main Street and peeks into the unique shops then lead the spouses to downtown destination of Gourmet Chef. Here the tour goers were presented with a full complimentary olive oil and vinegar tasting. The KX News Minot station even surprised the spouses and showed up to cover the unique event on their news program. Spouse Carri Walters was interviewed on camera to represent the unique opportunity of the Discover Minot Excursion. Carri later told the Northern Sentry that the Discover Minot Excursion was, "...a wonderful way for military members and spouses to get to know Minot and all that it has to offer. And a great way for spouses to meet each other!"

As the afternoon ended, the spouses, full and happy, made their way back to the bus for the serene ride back to Minot AFB. Spouse Kelly Blankenhagen, who



was actually on her last day in Minot before her family PCSs, said, "The spouse tour was a day well-spent. I learned about both new and existing offerings in the community. The baby tigers were the cutest and I can't wait to take my family to the new discovery center when it opens. I'd highly recommend the tour to anyone- Minot newbies or even seasoned residents. The lunch was great and I've already used my downtown gift card!" Kelly mentioned that she wished this tour would have been offered when she first arrived here but that it was a perfect way to say her goodbyes to the city of

Minot which she had called home for the last two years.

The first of many to come, Discover Minot Excursions was a fun-filled learning experience. The Northern Sentry plans to offer more and even better excursions in the future with one tentatively set for late summer, likely September 14. And an extra special evening Excursion to highlight the holiday lights in downtown Minot set for November 30. These tours are open to all adult MAFB personnel, active duty and dependents, so make sure and sign up quickly for the next Discover Minot Excursion!



ERIN BEENE PHOTOS

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SNCO of the Quarter
Jan-Mar 2022



Capt Michael J. Thrasher
CGO of the Quarter
Jan-Mar 2022



Maj Craig L. Spencer
FGO of the Quarter
Jan-Mar 2022

(Lt. Col. Bryson Ayers accepting on his behalf)



Cynthia L. Mace
Cat I Civilian of the Quarter
Jan-Mar 2022



Angela M. Heinze
Cat II Civilian of the Quarter
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Daniel S. Lewis
Cat III Civilian of the Quarter
Jan-Mar 2022

5BW 1ST QUARTER AWARDS

Outstanding members of the 5th Bomb Wing receive quarterly awards on Minot Air Force Base, North Dakota, May 25, 2022.

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A LOOK BACK

THIS WEEK IN USAF HISTORY

USAF THUNDERBIRDS PERFORM FOR THE FIRST TIME
JUNE 8, 1953

The first Thunderbirds were F-84G Thunderjets. (USAF Photo)

On June 8, 1953, the United States Air Force Thunderbirds performed their first demonstration flight at Luke Air Force Base, Arizona. The 29 person team, which was a part of the 3600th Air Demonstration Unit, was carefully selected from officer and enlisted ranks and was named after the Thunderbird from Native American legends. The original demonstration was comprised of 15 minutes of formation aerobatics expertly performed by Captains Charles Pattillo, Cuthbert Pattillo, Bob Kanaga, and Major Dick Catledge. Since its conception, the Thunderbirds have used several different planes including the F-100 Super Sabre, F-4 Phantom, and the current F-16 Fighting Falcon which has been in use since the 1983 season. Today, Thunderbird personnel and aircraft can be integrated into a fighter unit and can be combat-ready in 72 hours. They have performed in countries all over the world for millions of people and continue to embody the skill and professionalism of the USAF.

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MERITORIOUS AWARD

Major Ryan "Cross" Taylor and Captain Pierre "Papa" Sutton, 5th Bomb Wing CCE, get presented the Meritorious Award at Minot Air Force Base, North Dakota, May 26, 2022.

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5th Bomb Wing LRGF Wins AFGSC Best Fuel Flight American Petroleum Institute Award

AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

All of our advanced technology and aircraft simply could not operate without fuel. If it was not for the hard work of our Fuel specialists our base would not be operable.

The Fuels Management flight from the 5th Logistics Readiness Squadron was awarded the Air Force Global Strike Command's Best Fuel Flight American Petroleum Institute Award in March.

"It means the team is doing exactly what the Air Force mission needs them to do to; 'Fly, Fight, and Win!' This award represents the team's selfless dedication and outstanding fuel support to the 5th Bomb Wing and 91st Missile Wing missions," said Senior Master Sgt. Shamas Dowty, 5th LRS Fuels Management superintendent.

The Fuels Management Flight provides 24-hour petroleum coverage to Minot Air Force Base's nuclear-capable bombers. The Fuels Flight plays a vital role from testing, storage, receipt and distribution of all base-wide fuels. The coverage that they provide the base allows for the 24-hour operations of the base to run as smooth as petroleum each and every day. With an average response time of ten minutes to a call for refueling, the team at Minot's speed and precision is highly praised among leadership and among others in the fuel community.

"This award solidified the slogan

'Only the Best Come North.' This flight is second to none in the Air Force Global Strike Command," said Dowty. "Our commander, Lt. Col. McNair, the Logistics Readiness Squadron leadership, and I couldn't be more proud of this team when finding out that the flight had won."

This yearly award was given to the 5th LRS for the outstanding work they do and dedication to the mission. It took more than the work of single Airman to get the award, but the combined teamwork of the 43 member flight.

"Teamwork is essential to the success of our flight and overall success in our part of the mission," said Senior Airman Tristan Turkovitz, 5th LRS fuel equipment maintenance lead.

The 5th LRS has overcome many obstacles and done so quickly and precisely. For example, a record breaking blizzard that dropped 48 inches of snow on Minot Air Force Base presented itself in March as one such obstacle. Together with the 5th Civil Engineer squadron, the 5th LGRF maintained our bomber capabilities by battling constant snowfall over three days and blizzard conditions throughout the week. The fuels team has worked extremely hard to overcome every obstacle thrown their way and impressed many members of leadership who have seen the team in action.

The Fuels Airmen at Minot have proven with their outstanding work and dedication that this is why 'Only The Best Come North'.



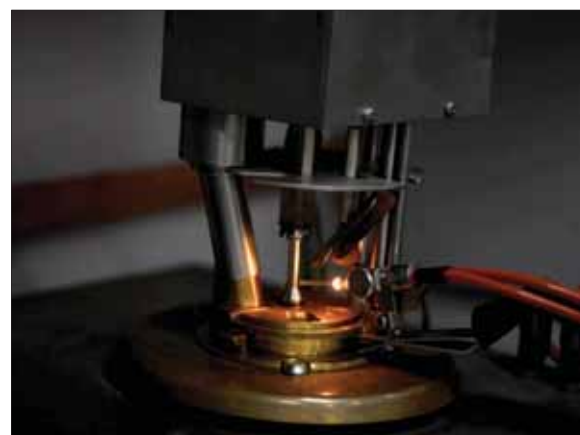
Senior Airman Turkovitz, 5th Logistics Readiness Squadron fuels equipment maintenance lead, prepares to fuel a B-52H Stratofortress for its next mission at Minot Air Force Base, North Dakota, April 26, 2022. The B-52 uses 3,300 gallons of fuel every hour of flight.



Airman 1st Class Nicole Wiley, 5th Aircraft Maintenance Squadron assistant dedicated crew chief, fuels a B-52H Stratofortress for its next flight on Minot Air Force Base, North Dakota, April 26, 2022. The B-52 uses 3,300 gallons of fuel every hour of flight.



Senior Airman Conley, 5th Logistics Readiness Squadron fuels laboratory technician, analyzes fuel samples for impurities on Minot Air Force Base, North Dakota, April 27, 2022. Analyzing fuel plays a vital role in keeping the mission running properly.



U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM

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Airman Minot

Amn. Tanner Warren

Amn. Tanner Warren, originally from San Antonio, Texas, has spent 7 months at Minot AFB and works in Aviation Resource Management for the 69th Bomb Squadron. He keeps track of aircrew's training and makes sure everything and everyone is ready to go and where they need to be so the missions can be carried out according to plan.



In his free time, Warren enjoys working out, swimming and playing tennis.



I really like my job. I learn something new every day. No matter how much you know, there is always something new to learn.



Upcoming Events

3-5 JUNE **FOOD & FUN FESTIVAL**
11:00 AM
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Sunday June 5th Noon to 5pm
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4 JUNE **RIDE FOR A REASON**
10:00AM
Magic City Harley Davidson
6701 Hwy 83 South Minot

ALL RIDERS ARE WELCOME! Join the Minot Harley Owners Group and ride to support Project BEE! Registration is 10 AM – 11 AM at Magic City Harley Davidson. The destination is Stanley. There will be a food truck! The entry fee is a donation to Project BEE — money OR essential items are accepted. Here are some items that you can donate as an entry fee: Bottled water, Flavor packets, Cleaning supplies, Laundry soap, Paper plates, Paper bowls, Plastic silverware, Paper towels, Shampoo/Conditioner, Lotion Underwear (all sizes – men, women, children), Diapers
Monetary donations are also accepted!



RIDE FOR A REASON

PROJECT BEE

For more information:
Facebook/Magic City Harley-Davidson/Events

7 JUNE **SUMMER OLYMPICS**
6:00PM
Duane Carlson Stadium

Summer Olympics is a track meet for children ages 6-14. Meets are held on Tuesday, June 7, 14, 21, and 28 at 6:00 pm at Duane Carlson Stadium. Children compete against others in their age group in running, jumping, and throwing events. Ribbons are given to all participants. This program is free.
*No Early Registration



SUMMER OLYMPICS

Tuesdays in June
Duane Carlson Stadium
Ages 6 - 14

For more information:
Facebook/Minot Parks/Events

7 JUNE **WILD ABOUT SAFETY**
2:00-7:00PM
Roosevelt Zoo
1215 E Burdick Expy, Minot

Join us for FREE ZOO ADMISSION, courtesy of Enbridge! While enjoying all that Roosevelt Park Zoo has to offer, pick up a passport and visit with our many safety exhibitors, meet first responders, check out their equipment. Don't forget to take part in games, bounce houses, and displays. A huge thank you to our proud Sponsors: Enbridge, AAA, BNSF, Town and Country Credit Union, International Association of Firefighters Local 1157, Minot Park District, First Western Bank and Trust, Dacotah Bank and North American Coal Freedom Mine.



WILD ABOUT SAFETY

For more information:
Facebook/Roosevelt Zoo/Events

On Base



SUMMER READING PROGRAM KICK-OFF PARTY
MINOT AFB LIBRARY • 11 JUNE • 1:00PM

Read beyond the beaten path!

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BABY ANNOUNCEMENTS

BABY BOY BORN ON THURSDAY, MAY 19, 2022 TO: MCKENZIE SILLMAN-URNES AND THOMAS URNESS MINOT, ND

BABY GIRL BORN ON TUESDAY, MAY 24, 2022 TO: MELISSA AND AARON BOUDREAU MINOT, ND

BABY BOY BORN ON FRIDAY, MAY 27, 2022 TO: MCKENZIE AND DEVIN UNDHJEM MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.



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CHIEF RECOGNITION CEREMONY 2022

Minot Air Force Base members celebrate the Chief Recognition Ceremony at the Jimmy Doolittle Center on Minot Air Force Base, May 23, 2022. Team Minot held a Chief Recognition Ceremony to honor Chief Master Sgt. Gregory Goodro, Chief Master Sgt. Whitney Rogers, and Chief Master Sgt. Christopher Young who promoted to the highest enlisted rank in the Air Force.

U.S. AIR FORCE PHOTOS | AIRMAN ALYSA KNOTT

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 Tuesday \$4 ND Breweries (all day)
 Wednesday ½ Price Wine by the glass/bottle (all day)
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 www.bonesbbqminot.com

Badlands Restaurant & Bar
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 Phone: 701.852.7335
 www.blgrill.com

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The Talley's Return to Minot

SENIOR AIRMAN ZACHARY WRIGHT, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

It was 1970 at Minot Air Force Base, the Airman's club was hosting a dance competition. James Talley, a Missile Maintenance Technician with the 91st Missile Wing, was in attendance with some of his friends who had told him of some new arrivals at Minot, some of the first women to be stationed there. The winner of the dance competition was Shelia Taylor, a records manager and the new president of the Woman in the Air Force council. It was then that James decided he had to get to know her.

After the Airman's Club, James met Shelia a house party on base where they immediately connected.

"I kept hearing about his Shelia at the time.. beautiful woman," he said.

"We had a chance to talk and found out that we had a lot in common, that we could communicate with each other. So that's how it all started."

"Even in the harder winters I felt like it was summertime once I met the love of my life." Added Shelia.

Shelia, who was from the south and not accustomed to the climate of the northern states, recalled some of the struggles she faced when she first arrived.

"We had a lot of women from the south and with the climate and all, they had to get used to that," said Shelia.

"And then just not having that many of us, I'm saying blacks of course, to actually socialize with and everything."

Despite being in a different environment surrounded by people unlike them, the women in the WAF dorms were a close knit group.

"We ended up just having just an awesome time after we got over the initial adjustment of it all." she said.

"And after I met my husband, everything just changed."

On the 24th of June, 1972, James and Shelia were married at the Northern Lights Chapel

on base. They started a family, having children who also serve in the Air Force and other branches, became grandparents and recently welcomed their first great grandchild.

Almost 50 years later, the Talley's returned to Minot to visit the places they used to spend time together at, including the very chapel where they first said their vows.

The city of Minot as well as the Air Force base have changed significantly over the years, but one thing is certain, that the "magic" of Minot has brought many people together, and for the Talleys, provided 50 happy years of marriage and a special place of their families history.

Shelia and James Talley visit the Northern Lights Chapel at Minot Air Force Base, N.D., May 13, 2022. The Talleys were married at the chapel 50 years ago while they were both stationed at Minot AFB during the 1970s.

U.S. AIR FORCE PHOTO
SENIOR AIRMAN ZACHARY WRIGHT



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Defender Culture



Defenders! Let me introduce you to SrA Shiane Dabney, a Flight Security Controller assigned to the 791st Missile Security Forces Squadron. Saddle Up!

“Though she be but little, she is fierce...”

-Shakespeare...yes team, Shakespeare

SrA Dabney was singled out by members of the 91 MXG of helping take care of a maintenance team that had gone long on hours. Completely on her own, she ensured they had beddown space, all security measures intact at the site, gained proper permissions, she grabbed the chef to ensure they

had a hot meal upon arrival, even offered up her own food.

The team on site had requested none of it. She acted on her own... pretty easy task, but you have to have a bit of care in your heart when your only real responsibility is to ensure the site is secure.

Chief Ray Smith, 91 MMXS stopped by Guardmount and coined her, Chief Crider ripped out to Bravo 01 and coined her on the job.

She beats the drum of the mantra, “BADH...Be A Decent Human”.

So proud of you SrA Dabney, you are the epitome Defender Culture! DEFENDERS! Lead the Way!! Chief Sully



NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, May 30: 1,829.71 feet above mean sea level (MSL); 19,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,450.81 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.57 MSL.

•N.D. Game & Fish Dept. game wardens: North-central area lakes remain generally slow. Fair to good walleye and smallmouth bass activity continues on Lake Audubon. Work shallow water. Improving walleye success on the upper end of Lake Sakakawea and around the New Town area north of 4 Bears Bridge. Try jigs or slow death hooks. No Devils Lake reports.

•Devils Lake, Woodland Resort, Devils Lake: Fair to good for walleye with some pike mixed in working shallow water in 10 feet or less. Try slip bobbers or pitching crankbaits in water temperatures 55 degrees and warmer around Grahams Island and west in the Minnewaukan Flats or back bays. Inflows are still steady into the lake.

•Lake Darling, Karma C-Store, Ruthville: Improving small walleye success around Grano and on Lake Darling with lots of activity. Look for improving success on Lake Sakakawea.

•Lake Metigoshe, Four Seasons, Bottineau: Improving bluegill success in shallow water. Pike activity continues from boats with occasional walleye mixed in.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea improving for walleye with fair success around Douglas Bay. Try jigs and minnows or nightcrawlers, locating warmer water. Also try casting jigs from shore. Lake Audubon remains fair for walleye.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Audubon remains good for walleye and smallmouth bass. Try shallow water pitching jigs and minnows or trolling with spinner blades for walleye and hair jigs for bass in warm, shallow water. Lake Sakakawea walleye bite slowly starting to improve.

- June 4 & 5: Free Fishing Weekend.
- June 4: Special Needs Fishing Day, Upper Souris Nat'l. Wildlife Refuge Outlet Fishing Area, Foxholm.
- June 4: Nat'l. Trails Day hike, Fort Stevenson State Park, 2 p.m., Garrison.
- June 8: Deer gun and muzzleloader applications due.
- June 10 & June 12: Safe Day Safe Play activities, Lewis & Clark State Park east of Williston, noon on June 10 and
- June 11: Nat'l. Marina Day, Fort Stevenson State Park, 1 p.m., Garrison.

TOURNAMENTS:

- June 4: Lake Sakakawea, Tobacco Gardens; Devils Lake, East Bay.
- June 11: Devils Lake, Spirit Lake Casino.

Best bite remains around Douglas or Steinke bays pitching jigs in shallow water, as well.

•Lake Sakakawea, Indian Hills Resort, Garrison: Water temperatures remain cool but look for improving walleye activity with warming water.

•Lake Sakakawea, New Town: Good walleye activity in the river portion of Lake Sakakawea north of New Town. Try a variety of presentations. Van Hook Arm remains somewhat slow.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Try minnows for walleye with best success north of the 4 Bears Bridge by New Town. Occasional walleye south of the Van Hook Arm. Look for improving walleye success in the Arm itself as water temperatures warm.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Try jigging shallow along the north shore on the east end of Lake Sakakawea with best success around Steinke or Douglas bays or casting jigs or crankbaits in shallow water pulling crankbaits in 12 to 15 feet. Occasional walleye success at best, though, but that should improve as water temperatures start to warm. Missouri River remains slow, including wing walls, shore, and boats. A few catfish, pike, and walleye from shore along the spillway channel.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Try working Little Beaver Bay east to 4 Bears for fair to good walleye

activity in 7 to 12 feet using Lindy rigs or jigs with minnows. Look for some success with nightcrawlers, as well. Pike activity continues in the shallow back bays. A few crappie showing up in the bays, as well, using light presentations. Lewis & Clark State Park has boat ramp access. Trenton Lake fair to good for crappie.

•Lonetree WMA area lakes, Harvey: No new reports from area lakes.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Souris River producing a mix of walleye and pike. No reports from area lakes.

•Turtle Mtn. area lakes, Coast-2-Coast, Rolla: No reports from area lakes.

N.D. river flows:

•Little Missouri River, Long X Bridge: River stage, 1.17 feet; streamflow, 869 CFS.

•Missouri River, Williston: River stage, 15.51 feet.

•Missouri River, Washburn: River stage, 9.19 feet.

•Pembina River, Walhalla: River stage, 8.96 feet; streamflow, 4,030 CFS.

•Souris River, Foxholm: River stage, 6.87 feet; streamflow, 176 CFS.

•Souris River, Minot: River stage, 5.34 feet; streamflow, 276 CFS.

•Yellowstone River, Sidney, Mont.: River stage, 5.24 feet; streamflow, 12,000 CFS

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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INGREDIENTS

- 1 WHOLE WHOLE CHICKEN
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- 1 WHOLE GINGER ALE CAN

Rinse chicken in cold water and pat dry with paper towels. Cover the chicken all over with Traeger Asian BBQ rub; make sure to drop some in the inside too. Place in large bag or bowl and cover and refrigerate for 12 to 24 hours.

When ready to cook, set the Traeger to 375° F and preheat, lid closed for 15 minutes. Open your can of ginger ale and set on a stable surface. Take the chicken out of the fridge and place the bird over top of the soda can. The base of the can and the two legs of the chicken should form a sort of tripod to hold the chicken upright. Stand the chicken in the center of your hot grate and cook until the skin is golden brown and the internal temperature is about 165 °F, approximately 40 minutes to 1 hour.

De-throne chicken. Enjoy!



Ryan Davy - GM Minot

www.HofE.com/BBQHQ



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GEARING UP FOR SUMMER

Patricia Stockdill

Admittedly, North Dakotans have a narrow window of opportunity to soak up the joys of summer.

Perhaps that's why summer is - hopefully - so greatly valued. Each sunny day is a treasure. A day of light breeze is a godsend (granted, some may say it's also a miracle).

That's not saying North Dakota's weather is akin to the bitter weather that can blanket the Arctic or blistering, melting jungle heat.

It's just to say that, yup, North Dakota has its four distinct seasons and each one is short. After all, it's hard to cram the fresh re-birth of spring into three months, just as it's hard to cram the joy of playing in the snow into another three months or the special treat of autumn's hunting season into its colorful three months.

It's equally hard to cram summer's splash into three months.

But, as North Dakotans, we try.

One neat thing about North Dakota's state parks is they greatly assist in that challenge. In several cases they can even make it a reality if a person doesn't have the necessary gear to, for example, test their skills on a stand-up paddleboard.

And you don't even have to bring your own lifejacket. Want to rent a stand-up paddleboard and the lifejacket is part of the deal.

Taking a peek at some of the area state parks reveals an interesting diversity of fun-in-the-sun rental options:

-Cross Ranch State Park, (www.parkrec.nd.gov/cross-ranch-state-park):

Tucked on the west shore of the Missouri River, the park has four canoes along with two single and two double kayak rentals.

Plus, they offer two options for Missouri River transport services. Paddlers can take the nine-mile run from Washburn (north of the park) south to the Sanger boat landing or the two-mile run from Cross Ranch's main campground launch south to Sanger.

Contact the park, (701) 794-3731, for transport fees, details, and arrangements.

-Fort Stevenson State Park, (www.parkrec.nd.gov/fort-stevenson-state-park):

Three miles south of Garrison, the park is geared up for an array of water and land-based activities. Fat tire bicycle rentals (\$8 an hour or \$50 per day) even include the use of a helmet.

It's hard to beat splashing on an AquaPad and the price is \$20 an hour or \$80 per day. Canoes, kayaks, paddleboats, and stand-up paddleboards are also available for rent.

Fear not if a person wants to be on the water and doesn't have a boat because Fort Stevenson can help with that, as well. The park rents 16- and 17-foot boats (\$105 and \$115 per day) along with a 22-foot pontoon for \$350 per day.

-Lake Metigoshe State Park, (www.parkrec.nd.gov/lake-metigoshe-state-park):

North of Bottineau, Lake Metigoshe State Park offers a different kind of water compared to the vast expanse of Lake Sakakawea. The park's small lakes hidden among its Turtle Mountain woods are great for paddle sports like canoeing and kayaking.

Eight canoes along with two single and four double kayaks are available to take on its small lakes.

-Lewis and Clark State Park, (www.parkrec.nd.gov/lewis-clark-state-park):

Heading back to Lake Sakakawea, Lewis & Clark State Park east of Williston could possibly have some access issues for large boats this summer because of the lake's lower-than-normal elevations. However, its two canoes, two single and a double kayak, and two stand-up paddleboards are still be available for water lovers to rent and enjoy.

And, just like at Fort Stevenson, Lewis & Clark has fat tire bike rentals with helmets for land lovers.

Rental fees for canoes, kayaks, paddleboats, and stand-up paddleboards are standard at the state parks - \$8 an hour or \$50 per day. Paddles and lifejackets are included in the fee for all of the paddle sport rentals and boat, pontoon, and paddleboat rentals include lifejackets.



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Provider of the Month Feature
JUNE 2022

ALEXANDRIA
BAKEL



What do you enjoy most about being an FCC Provider?

Watching my kids in care grow and helping them learn to communicate their wants and needs and gain independence and confidence in themselves. The resources are amazing too! Both from the FCC office and the income I now have to purchase the toys I've wanted both for my own child and now my children in care. Being a provider motivates me and encourages me in this stage of my life where I have chosen to stay home with my own child, and doing FCC has been very good for both of us!

What are your interests/hobbies?
I'm a jack of all trades but don't have nearly enough time for all my hobbies! I enjoy cooking and eating good food with my family, photography, exploring the outdoors (traveling, camping, dirt biking, hiking, biking, fishing, and swimming), and crafts (sewing, macrame, crocheting, embroidery, and woodworking). I also really enjoy decorating and organizing my home.

What advice do you have for new providers/those interested in being FCC Providers?

I was interested in becoming a provider for years and I never thought I could do it because of my home layout, dogs etc. Once I learned more about it I realized I could make it fit my lifestyle! Getting set up and developing your routines and sticking to them was the hardest part of starting FCC but once you get the hang of things everything else falls into place. Don't be afraid to ask your fellow providers for help and always be willing to learn from the seasoned providers. They have a ton of experience and their tips and things that have worked for them may help you a ton!

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VACATION READY

CAR CARE



Fluids to check before your next road trip

For many traveling enthusiasts, few things are more enticing than the open road. Road trips have long been popular, and that popularity appears to be on the rise.

According to a report from MMGY Global, a travel and hospitality marketing firm, road trips represented 39 percent of vacations taken by United States travelers in 2016. Road trips also remain popular in Canada, where vast, rugged terrain makes for idyllic trips.

Before embarking on road trips, motorists would be wise to inspect their vehicles to ensure their getaways are not derailed by car troubles.

• Brake fluid: Squeaky brakes are not the only potential indicator of brake problems. Brake fluid, which should always be topped off before beginning a road trip, also might shed light on potentially serious problems. According to the National Motorists Association, brake fluid looks honey-like and translucent when fresh. A puddle beneath a vehicle that is clear to brown and slick indicates a brake fluid leak, which can ultimately lead to a complete failure of the brakes. The NMA recommends brake fluid be changed at least once every three to four years.

• Transmission fluid: When fresh, transmission fluid is red, darkening over time. However, transmission fluid should never appear brown or black, which indicates potential internal damage to the transmission. To determine if there are any issues with the transmission fluid, the NMA recommends drivers wipe a cool dipstick between their thumb

and index finger. If even the slightest bit of grit is felt when wiping the dipstick, the transmission is likely in need of work.

• Oil: Drivers should change their vehicles' oil before embarking on road trips, especially if such trips will be lengthy. The NMA notes that fresh oil is light to dark amber and translucent, and that is how oil typically looks immediately after an oil change. Oil darkens over time, and that is natural (black oil indicates it's time for an oil change). However, oil that appears cloudy or milky indicates that coolant is getting into the oil, perhaps due to gasket problems. Drivers who are not getting their vehicles' oil changed before a road trip should at least check their oil before leaving to inspect the color of the oil and ensure the vehicle has enough oil.

• Windshield washer fluid: The unknown of the open road is part of what makes it so appealing. While many road trippers plan their trips during the summer and fall when the weather tends to be both pleasant and predictable, there's no guarantee inclement weather won't rear its ugly head. Filling the windshield washer fluid reservoir before embarking on a trip ensures drivers' visibility won't be adversely affected by unforeseen issues that can soil windshields.

Checking fluids before embarking on a road trip can help drivers avoid breakdowns and ensure a safe, fun trip.

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WHEN TO CHANGE/CHECK YOUR OIL

- Check Oil Light is on
- Check Engine Light is illuminated
- Oil is dirty
- Pinging, knocking, or additional sounds coming from the engine



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5BW CHIEF MASTER SGT. TIMOTHY WIESER LEAVING MINOT AIR FORCE BASE

Minot Air Force Base members gather to celebrate Chief Master Sgt. Timothy Wieser leaving Minot Air Force Base at Rockers, May 23, 2022. Team Minot held a going-away party to celebrate all the good times and hard work Chief Wieser has contributed while serving at Minot Air Force Base.

U.S. AIR FORCE PHOTO BY AIRMAN ALYSA KNOTT



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AFRICAN LION

CREATURE FEATURES

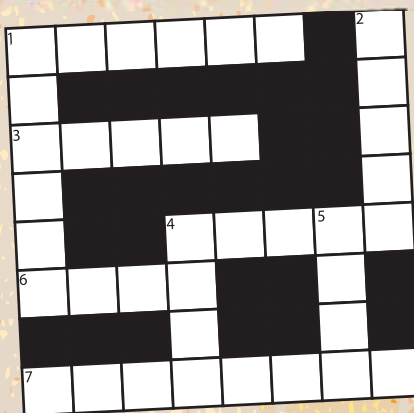
- Lions live in prides dominated by one male, including several females and cubs.
- Their long retractable claws help the lion grab and hold prey. Lions have massive shoulders and strong forelimbs, long, sharp claws, and short, powerful jaws to aid them while hunting.
- The female lioness does most of the hunting. They are mainly nocturnal and work in teams to stalk and ambush prey.
- They use their roar to communicate and declare territory. A lion's roar can be heard over several miles.
- Lions sleep or rest about 20 hours a day.

Fact File

Life Span	10 - 14 years
Weight	300 - 600 pounds
Height to Shoulder	4 feet
Body Length	8 - 9 feet
Tail Length	26 - 39 inches
Top Speed	50 mph
Wild Diet	Omnivores (Carnivores) Herbivores Antelope, Giraffe, Zebra, Wildebeest, Impala



CROSSWORD PUZZLE



- ACROSS**
- Condition of being protected
 - Of great weight
 - Aches and _____
 - Large vehicle (abbr.)
 - Gaining knowledge
- DOWN**
- Education building
 - Things to read
 - Flow into a stream
 - Person, place or thing

- Answers:**
- Across
1. Safety 3. Heavy
- Down
1. School 2. Books 3. Limo 4. Pains 6. Limo 7. Learning

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NOTES ON BEING SAFE

SUMMER FOOD SAFETY: OUTDOOR GRILLING



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5TH BOMB WING
OCCUPATIONAL SAFETY
AND HEALTH MANAGER



Grilling, one of the easiest low-fat cooking methods, can be a centerpiece for summertime meals. It is a great way to spend time with family and friends in an enjoyable setting.

While the art of grilling may come with practice, follow these pointers to enjoy a successful experience.

Bring out the Barbecue - Grills need annual cleaning after winter storage by scouring the grate with a wire brush. Spray the grid with oven cleaner and rinse thoroughly. Before each use, apply non-stick cooking spray to prevent food from sticking to the grill.

Stock up on Charcoal - Quality charcoal briquets light quickly and have a long burn life. Store charcoal in a cool, dry area. For instant-lighting charcoal, keep the bag tightly closed to prevent lighter fluid from evaporating. If you are using a gas grill, check the tank to make sure you have enough fuel to completely cook your meal.

Use Proper Tools - Tongs and a spatula help to turn food without piercing it to lose any juices. A vegetable grilling basket holds smaller foods. Other useful utensils include a wire brush for cleaning, long-handled tongs and flame retardant mitts to protect hands.

Get Ready to Grill - Arrange briquets in a pyramid at the bottom of the grill. Add approximately two ounces of lighter fluid and carefully light with a match.

Charcoal should be ready in about 20 minutes, with 70 percent covered with ash and displaying a slight red glow. To estimate the temperature, hold your hand, palm side down, about 6 inches above the coals.

two seconds - it's hot, about 375 degrees F. or more

three seconds - it's medium-hot, about 350 to 375 degrees F.

four seconds - it's medium, about 300 to 350 degrees F.

five seconds - it's low, about 200 to 300 degrees F.

When coals are ready for cooking, spread in a single layer or bank them. Set the grilling grid in place and put on the food.

Food Safety - Food safety should be a high priority while grilling. If food is handled or cooked improperly, health risks can dampen the experience. Use these food safety suggestions:

Keep meat cold until ready to grill. Do not leave it out at room temperature.

Pre-cooked meats can still be grilled to add authentic flavor and shorten grilling time.

If starting with frozen products, thaw in the refrigerator or microwave. Grill immediately after thawing in the microwave.

Do not use the same platter or utensils to handle raw and cooked products.

Use a meat thermometer to check internal temperatures. Ground meat should be 160 degrees F., poultry at 180 degrees F., poultry breasts at 170 degrees F., pork at 160 degrees F., and steaks at 145 degrees F.

Once taken from the grill, keep the meat hot until serving in a warming tray or slow cooker.

Place leftovers in the refrigerator. Discard anything left out more than two hours. If you are outdoors and the temperature is above 80 degrees F., refrigerate leftovers within one hour, or discard them.

Grilling Safety Tips
Pick a safe area - Position the grill in a well-ventilated, flat, level surface away from overhangs, deck railings and shrubbery. Keep children and pets away from the grill when in use.

Handle charcoal carefully - Never add lighter fluid directly to hot coals since flames could travel up the fluid stream. Instead, place several new briquets in a metal can and apply lighter fluid. Transfer the briquets into the pyramid in the grill with pair of long-handled tongs and light with a match. Use proper utensils for safe handling of food and coals.

Putting out the fire - Place the cover on the grill, close the vents

and allow the coals to burn out completely. Let ashes cool for at least 48 hours, and dispose in a non-combustible container. When using a gas grill, remember to allow it to completely cool before placing the cover over it.

More Grilling Tips

Before placing food on grilling surface, preheat the grill. Remove charred food debris to reduce exposure to possible cancer-causing substances formed during high heat cooking.

Avoid fire flare-ups by using lean meats and trimming away all visible fat. Raise the rack to the highest position away from the heat and keep food on one side of the grill and coals or other heat source on the other side.

Marinades enhance flavors, tenderize and keep foods moist. If you plan to use the remaining marinade later as a table sauce, it must be boiled for at least three minutes to eliminate bacteria.

Try grilling vegetables and fruits: eggplant, summer squashes, bell peppers, sweet onions, Roma or cherry tomatoes, mushrooms, mangoes, pineapple or peaches. Cut vegetables into half-inch slices or large chunks. Brush with warmed, seasoned oil. Turn only once, and grill until tender. Fruit should be halved with pits removed. Grill with the pulp (cut side) side down.

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NCUA

Students Celebrated: End of Year Awards Ceremony

ERIN BEENE

"I believe children are our future. Teach them well and let them lead the way," said the esteemed performer Whitney Houston. The Dakota Elementary Awards Ceremony on May 27 began with students and family members alike rising to their feet while a chorus of children's voices sweetly sang "The Star Spangled Banner." The atmosphere was filled with smiles, chatter and excitement. This anticipated end of year recognition was the first time in over two years that the entire school was able to gather and hold this school finale event. To kick off, the 5th grade students proudly marched down to the front of the auditorium, ukuleles in hand, and gave a beautiful rendition of "Count on Me" with instruments and voices. The song was especially touching as Dakota's school eagle mascot waved at the students as they smiled and cheered. The ceremony revolved mostly around the 5th grade students who were moving onto middle school next year, and the 5th grade teachers were noticeably emotional as they prepared to say farewell to another round of students they have come to cherish every day in the past school year.

Among the students recognized were 18 Presidential Excellence and Achievement Awards. School Spelling Bee winner was awarded to Jayden R. Finley (pictured) and a special award was presented to a handful of students who had been at the school since Kindergarten. The Dr. Borgon Scholarship was awarded to several deserving students in order to attend Zoo Camps, Business Babysitting Classes, Art Camp and even a YouTube Filmmaking course.

As the awards were handed out and marked the school year as officially coming to the end, all Dakota students closed the ceremony by singing the Dakota Elementary song, "Dakota, Dakota, Where the Eagles Fly." The singing was proud and bold and slowly gave way to laughter as the end-of year slideshow began. Photos, video and memories of the Dakota 2021-2022 school year filled the screen and served as remembrance of the entire year. After the ceremony, students and parents were encouraged to join in for some luau-themed dance and party. The school staff said their farewells and wished everyone a fantastic summer. It was a great school year remembrance ceremony.

PRESIDENTIAL AWARD FOR ACADEMIC EXCELLENCE

Isaiah Coon
Calvin Moran
Braelynn Ramirez
Cadence Wiley
Dylan Casey
Samuel Martinez Jr.
Ava Richards
Kadence Southwell
Landon Wilson

PRESIDENTIAL AWARD FOR ACADEMIC ACHIEVEMENT

Kassidy Bradley
Autumn Palmer
Raelyn Perry
Justice Bradley
Emmet Benito
Alexandra Guzman Munoz
Madison Palmer
Amity Worcester



Student Jayden R. Finley accepting the Spelling Bee Winner Award.

ERIN BEENE PHOTO

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As you prepare to PCS with your K-12 military-connected student, one of the available resources to smooth the transition is the Military Interstate Children's Compact. The Compact addresses the challenges of the military child and their frequent relocations. It allows for uniform treatment as military children transfer between school districts in member states. The Compact only applies to public schools. The Compact covers the following students: active duty members of the uniformed services, including members of the National Guard and Reserve on active duty orders (Title 10), members or veterans who are medically discharged or retired for one year, members who die on active duty, for a period of one year after death, and uniformed members of the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA), and United States Public Health Services (USPHS). Some of the areas covered by the Compact are: enrollment, educational records, immunization requirements, kindergarten & first grade entrance age, placement & attendance, course & educational program placement, special education services, placement flexibility, absences related to deployment activities, graduation related course waivers, flexibility



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in accepting state exit or end-of-course exams, national achievement tests, or alternative testing in lieu of testing requirements for graduation in the receiving state, and allowing a student to receive a diploma from the sending school instead of the receiving school. If you are due to PCS this summer

and have concerns about your student's transition now is the time to contact a School Liaison! For more information on the Compact, visit mic3.net or contact the Minot AFB School Liaison at mafb.school.liaison@us.af.mil or 701-240-2380.



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Memorial Middle School

Honor Roll

4th quarter 2022

Highest Honors

8TH GRADE

- Noelani Alpiche Martinez
- Levi Balas
- Jordan Bell
- Belle Black
- Chloe Cummock
- Jaden Dale
- Olivia Derevage

- Anna Largaespada Castillo
- Maranna Amber Malixi
- Keegan Mason
- Marianna Straut

7TH GRADE

- Taylor Doan
- Aiden Finney
- Alina Gascon
- Jayne Hayes

- Emma Nemish
- Lorix Starner
- Megan Watts

6TH GRADE

- Addison Ayers
- Taliyah Braddy
- Elizabeth Brown
- Evelyn Brown
- Isabelle Brown
- Graysen Burdette
- Fiona Burton
- Anna Dammeier
- Lanaiya Edwards
- James Elizondo

- Evelyn Filiowich
- Ian Finney
- Emma Garcia
- Sara Garver
- Hailey Kennedy
- Mason Lippolis
- Luciana Mason
- Christian Mendoza
- Eithan Middleton
- Stella Prebble

- William Rector
- Penelope Reed
- Tova Rogers,
- Aiden Skates
- Atreyu Street
- Nichelle Williams

High Honors

8TH GRADE

- Trinity Ford
- Gabriel Mendez
- Ivy Middents
- Riley Moore
- Tianna Sikes
- Dominik St Andre
- Keylynn Wilson

7TH GRADE

- Dylan Graham
- Emily Hooper
- Caleb Jones-Dow
- Layton Kelly
- Arianna Largaespada
- Alexiah Morscher
- Joshua Myers Jr
- Carsen Palmer
- Brendon Weber
- Alexis Wilson

6TH GRADE

- Aiden Bell
- Mason Culver
- Moses Ellis III
- Mason Foerster
- Kaitlyn Foley
- Ariana Gonzalez
- Brett Gorecki
- Jocelyn Isza
- Mckenna Jackson
- Truman Jones
- Jack-Tyler Karst
- Ava Loucks
- Frank Prebble

Honors

8TH GRADE

- Elijah Baltazar
- Evan Berg
- John Cash
- Lilliana Fox
- Javan Gandalal
- Ethan Grubbs
- Jaxon Hann
- Jonah Hawkins
- Stephano Hunter
- Brooklyn Knox
- Angelita Mendez
- Taiylor Olson
- Dylan Salyer
- Victoria Vadala
- Kouki VanHoose
- Yuuki VanHoose

7TH GRADE

- Mathew Bedell
- Macey Blake
- Kaitlyn Dale
- Dylan Ewalt
- Glen Geyer
- Eddie Hafeez
- Khylah Jacinthe
- Tryston Keilman
- Madilynn Knupp
- Gabriel Montgomery

- Talan Patterson
- Elizabeth Patton
- Davinity Perez-Williams
- Gabriele Reed
- Raphael Richardson
- Madelyn Rivera
- Jaxon Ruppert
- Kaylee Thorn
- Sadie Tilstra
- Taylor Toro

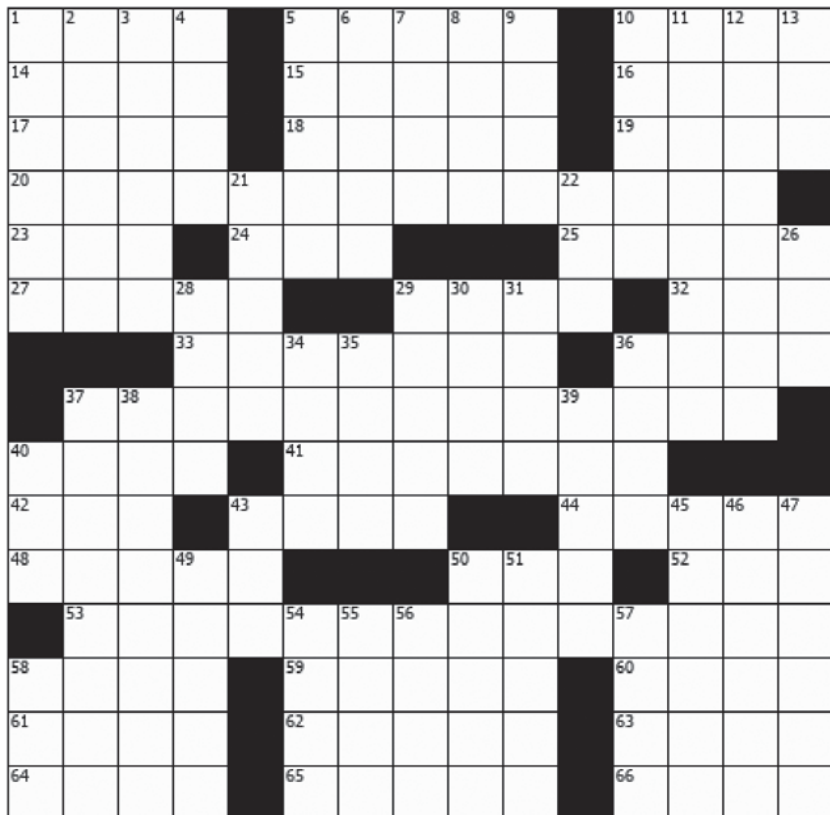
6TH GRADE

- Kenai Alicea
- Aliyah Bradford
- Lucas Carneiro-Newsome
- Alexander Gall
- Jada Hawkins
- Aydan Jedziniak
- Anthony King
- Melanie Loving
- Haylee Martinez
- Charlee Morris
- Sophia Sirotkin
- Lilith Straut
- Nicole Szabo
- Patrick Theran

CROSSWORD PUZZLE

Across

- 1. Give everything away
- 5. Tiny creature
- 10. "Hey, you!"
- 14. "___ Lama Ding Dong" (1961 hit)
- 15. Emitted coherent light
- 16. Words with "the minute" and "date"
- 17. Computer screen symbol
- 18. 1969 Hitchcock film
- 19. Separate
- 20. PICK
- 23. Bambi's aunt
- 24. Tell's home canton
- 25. Word with cut or bill
- 27. Oregon's capital
- 29. Fleshy fruit
- 32. Doc bloc
- 33. Animal named for its coat color
- 36. Double curve
- 37. PICK
- 40. Girl of kiddie literature
- 41. Eminem, e.g.
- 42. Fingers
- 43. "For Once ___ Life"
- 44. Colorful parrot
- 48. Deadly
- 50. Quilting party
- 52. Attorneys' org.
- 53. PICK
- 58. Disorderly groups
- 59. Flat agreement
- 60. Carrier to Ben-Gurion
- 61. Occupy the throne
- 62. Frenzied
- 63. Twelve zeroes prefix
- 64. Leave be
- 65. Troutlike fish
- 66. Small whirlpool



Down

- 1. Illegal incentives
- 2. Gap in a manuscript
- 3. Without principles
- 4. Firecracker noise
- 5. Hitching post?
- 6. New Zealand native
- 7. Catch sight of
- 8. Necklace unit
- 9. Wood trimmer
- 10. Class member
- 11. Like the Jetson's house
- 12. Party decoration
- 13. Preschooler
- 21. "Serpico" director Sidney
- 22. DVD player alternative
- 26. Dundee denial
- 28. Pennsylvania port
- 29. Full of energy
- 30. Slippery critters
- 31. In ___ (stuck)
- 34. "Phooey!"
- 35. 1/8 fluid ounce
- 36. Gumbo pod
- 37. Social butterfly
- 38. Volatile
- 39. Caravan transport
- 40. Skippy rival
- 43. Type
- 45. Summoned
- 46. On the train
- 47. Ambush
- 49. Balance sheet plus
- 50. Pesto ingredient
- 51. Put in office
- 54. "Desire Under the ___"
- 55. Flyers, for one
- 56. Curse
- 57. Rose known as "Charlie Hustle"
- 58. "___ Doubtfire"

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

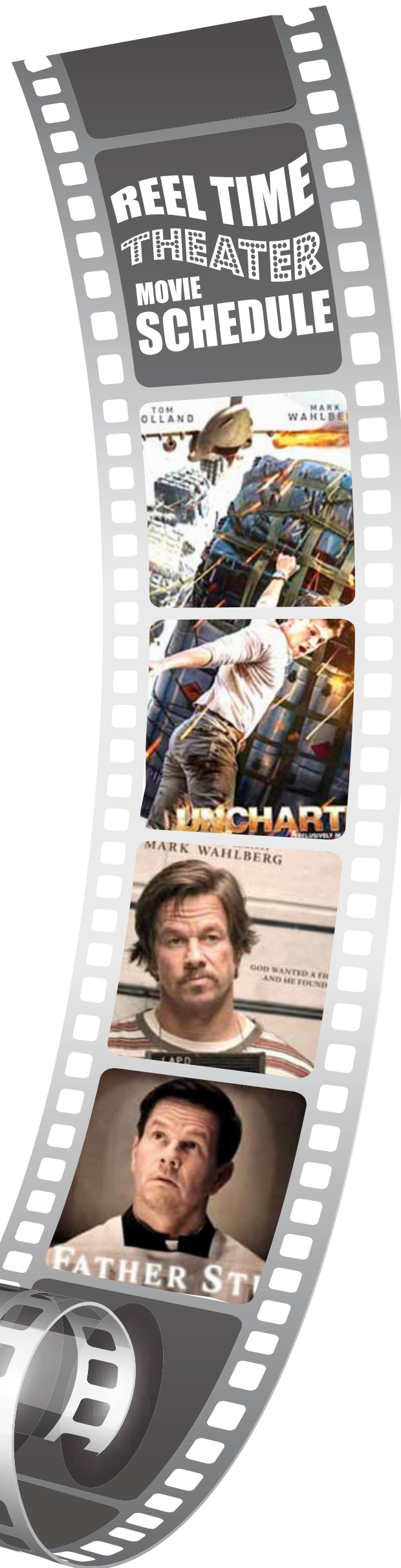
D	I	S	C		K	E	E	P		B	A	G	S				
O	N	T	A	P		I	N	L	A		I	M	A	C			
J	E	A	N	R	E	N	O	I	R		G	A	Z	A			
O	P	T	I	O	N	S		E	A	R	T	H	E	N			
S	T	E		P	O	K	E		G	O	O						
			J	U	L	I	A	R	O	B	E	R	T	S			
S	E	T	U	P				R	U	N	S		S	O			
U	N	I	T		T	A	L	E	S		E	T	A	L			
B	Y	E		S	U	M	O			E	T	U	D	E			
J	A	S	O	N	R	O	B	A	R	D	S						
			G	A	B					E	R	E	I		A	D	S
I	F	O	R	G	O	T			E	A	T	E	N	U	P		
N	A	P	A			J	O	H	N	R	O	C	K	E	R		
C	L	A	D			E	R	M	A			R	O	L	L	E	
A	L	L	Y			T	A	O	S			L	E	S	E		

SUDOKU

	1			2				
	3	4		5		6		
	5	7	8			9		
	4					8		7
6								3
5		9						1
		3			1	7	2	
	2		9		7		8	
			6					4

Solution to puzzle on page C7

FOLLOW REEL TIME MOVIE THEATER MINOT, AFB ON FACEBOOK OR VISIT MINOT EXCHANGE WEBSITE FOR UP TO DATE MOVIE LISTINGS





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CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

Chapel Services at MAFB

North Plains Chapel in Base Housing

Protestant Liturgical Service
Christ Chapel
0900
(Beginning on Pentecost, June 5)


Protestant
Sunday Community Service
1030
(Holy Communion 1st Sunday)
Children's Church during school year

Wicca, Pagan, and Neopagan Services
Open Circle
1000 on the 1st and 3rd
Saturdays of every month
(Beginning June 4)

Northern Lights Chapel across from Rockers

Catholic Mass
Sunday 1000
Daily Monday-Thursday at 1200

St. Peter The Aleut Eastern Orthodox Church

 **109 6th St. SE**
Minot • 838-3094

Saturday, June 4
Vespers, 5PM

Sunday, June 5
Divine Liturgy, 10AM

V. Rev. Fr. Paul Hodge


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and Sundays 10:30am

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Worship 10:30 a.m.

www.trinitychurchminot.org


Worship Service at 10:45am Sundays
Sunday School at 9:45am

1720 4th Ave NW, Minot
838-0916
MinotBibleFellowship.org


Immanuel Baptist Church

1615 2nd St. SE, Minot
701-839-3694

Sundays:
9:00 am..... Fellowship
9:15 am..... Sunday School
10:30 am..... Worship

Wednesdays:
11:30 am..... Soup Kitchen
5:30 pm..... Family Supper
6:30 pm...Preschool/Kids' Club/ABY
6:30 pm..... Adult Bible Study

www.ibcminot.org
e-mail: immanuel@srt.com


Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.


Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com


First Lutheran Church - ELCA
120 5th Ave. NW
852-4853

Sunday Worship
9:30 am

www.firstlutheran.tv
(Live Stream & Recorded)
Radio Broadcast KRRZ 1390AM
Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman


Gospel Tabernacle Community Church

9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.


JOURNEY CHURCH
ASSEMBLY OF GOD

1805 2nd St. SE
838-1111

Sunday Services
8:30 AM
10:00 AM
11:30 AM

Wednesday
6:30 PM

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV
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Pastor David Miller


Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 6:30 p.m.
Wednesdays (Prayer & Missions) ...6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards)
838-1873


West Minot Church of God
Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal..... 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday..... 7:00 - 11:00 p.m.
ABC Child Care Center.....852-6352

westminot.com
facebook.com/westminot


First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service 8:30 a.m.
Sunday School (All Ages)..... 9:45 a.m.
Contemporary Worship Service..... 9:50 a.m.
Contemporary Worship Service..... 11:05 a.m.
Children's Church 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Pastor Sam Kautzmann, Student Ministries
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor


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Sundays:
Worship..... 9:00 a.m. & 11:00 a.m.

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Website: www.orcsknights.org

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OUR REDEEMER'S CHRISTIAN SCHOOL


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Or contact: Matt Mackey

By email or phone at

mmackey@kalixnd.org

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- ▶ State the amount of people that need a ride
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- ▶ Verify member's military/ dependent status by showing identification

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(701) 727-AADD

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HOLIDAY WEEKENDS
08:00 PM – 03:00 AM

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June 17

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 23 May-24 July. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 904-513-9734.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2021/2022 year! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. The Spring 2022 semester begins Monday, January 10, 2022. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



SUDOKU SOLUTION

PUZZLE ON PAGE C4

4	1	6	3	9	2	5	7	8
9	3	8	4	7	5	1	6	2
2	5	7	8	1	6	9	3	4
3	4	2	1	6	9	8	5	7
6	8	1	7	5	4	2	9	3
5	7	9	2	8	3	4	1	6
8	6	3	5	4	1	7	2	9
1	2	4	9	3	7	6	8	5
7	9	5	6	2	8	3	4	1

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WHAT'S GOING ON MAFB

FRIDAY 03

- HIIT Strength & Conditioning, 0530, Fitness Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- First Friday, 1530-2000, Jimmy Doolittle Event Center
- Cycle, 1700, Fitness Center
- Single Airmen Free Paintball, 1700-1900, Paintball Field, hosted by Outdoor Recreation
- Game Night Series: Halo Infinite, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

MONDAY 06

- Registration Opens: Whitewater Rafting & Ziplining Trip at Outdoor Recreation
- TAP GPS Workshop, 0730-1600, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

FRIDAY 10

- TAP (DoL) – Employment Workshop, 0800-1600, A&FRC
- Paintball 101, 0900-1200, Youth Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Ice Cream Social, 1500-1700, Child Development Center
- Game Night Series: Board Games, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY 04

- Outdoor Pool Opens
- Cycle, 0900, Fitness Center
- Barre Strength, 1000, Fitness Center
- Magic The Gathering Pauper Tournament, 1600, ESC

TUESDAY 07

- TAP (VA), 0800-1600, A&FRC
- Paintball 101, 0900-1200, Youth Center
- Game Day, 1000-1930, Minot AFB Library
- Run for Fitness, 1700, Fitness Center
- Acrylic Paint Pouring Class, 1730-1930, Arts & Crafts Center
- Zumba, 1830, Fitness Center

SATURDAY 11

- Summer Reading Program Begins
- Summer Reading Program Squadron Contest Begins
- Barre Strength, 1000, Fitness Center
- Summer Reading Program Kick-Off Party, 1300, Minot AFB Library
- Magic The Gathering Chaos Draft, 1700, ESC

SUNDAY 05

- Zumba, 1400, Fitness Center

WEDNESDAY 08

- TAP (DoL) - Overview, 0730-1600, A&FRC
- Paintball 101, 0900-1200, Youth Center
- Moving Out of the Dorms, 0900-1100, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Big City Bites: New York Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC, inside Bomber Bistro
- Yoga for Fitness, 1830, Fitness Center

ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

SUMMER READING PROGRAM KICK-OFF PARTY

MINOT AFB LIBRARY • 11 JUNE • 1:00PM

Read beyond the beaten path!

Readers of all ages are welcome at the Summer Reading Program Kick-Off Party!

Register for the Summer Reading Program, receive your t-shirt and gift bag, and then enjoy a story walk and other outdoor activities.

If you can't make it to the Kick-Off Party, register for the Summer Reading Program at the library or online at <https://www.usa.gov/summer-reading-program> anytime between 11 June and 6 August.

To learn more about this year's Summer Reading Program, call the Minot AFB Library at 723-2244 or visit our website at <https://www.usa.gov/summer-reading-program>



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THURSDAY 09

- TAP (DoL) – Employment Workshop, 0800-1600, A&FRC
- Paintball 101, 0900-1200, Youth Center
- Short Notice Pre-Separation Counseling, 0930, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Run for Fitness, 1700, Fitness Center
- Zumba, 1830, Fitness Center
- Barre Strength, 1930, Fitness Center

JUNE SPECIALS

Bomber Bistro • Grilled Chicken Sandwich

Chicken, lettuce, tomato, onion, swiss cheese, bacon, and buffalo or teriyaki sauce on a kaiser bun. Served with chips and a drink.

The B-Fifty Brew • Lemonade

SAwaken your taste buds with the zing of refreshing lemonade. This tangy, fresh sip puts a little zip in your step! Take it to go today!

Rockers Bar & Grill • Roadhouse Burger

Seasoned 1/3lb burger piled high with cheddar cheese, pulled pork, honey bacon, garlic mayo, sautéed jalapeños, and onions topped with smokey barbecue sauce. Served with fries!

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JUNE 24TH - 27TH

REGISTER JUNE 6TH - 17TH

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Hours of Operation

Lap Swim ONLY: Wed - Sun 11:00am - 12:00pm
Open Swim: Wed - Sun 12:00pm - 7:00pm
Mon & Tue CLOSED

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Magic The Gathering Chaos Draft

ESC • 11 June 2022 • 1700

\$5 entry fee per person. Beginners welcome!

Prizes awarded to 1st, 2nd, and 3rd place!

Draft from booster packs of recent sets!

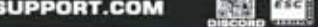
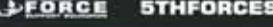
Maximum of 24 players.

Swiss tournament format.

Basic lands provided for deck building.

For more details, call 723-7236 or email esgamingmanagement@gmail.com

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