

# northern sentry

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## WHATS INSIDE THIS WEEK:



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MASTER SGT. RELEASE SOCIAL 2022

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# PRESENCE PATROL



A U.S. Air Force B-52 Stratofortress, assigned to the 5th Bomb Wing, conducts a presence patrol mission with coalition and regional partners across the U.S. Central Command area of responsibility June 8, 2022. Presence patrol missions demonstrate the U.S.-led coalition's commitment to promoting regional stability. See page A3 for more coverage.

U.S. AIR FORCE PHOTO | U.S. AIR FORCE PHOTO BY MASTER SGT. MATTHEW PLEW

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## DOCK 8: 5TH AIRCRAFT MAINTENANCE SQUADRON OPERATIONS



Airmen with the 5th Aircraft Maintenance Squadron prepare to affix a ring cowl to a B-52H Stratofortress engine on June 6, 2022, at Minot Air Force Base, North Dakota. A ring cowl serves to increase air flow into the B-52 engine and optimize pressurization. This helps the engine operate and prevents stalling while the B-52 is still grounded.



An Airman with the 5th Aircraft Maintenance Squadron runs a de-ice pipe through the frame of a ring cowl on June 6, 2022, at Minot Air Force Base, North Dakota. With de-ice pipes routed within the framework of the ring cowl, ice is prevented from building up on the B-52H engine.



5th Aircraft Maintenance Squadron Airmen service a B-52H Stratofortress on June 6, 2022, at Minot Air Force Base, North Dakota. The 5th Aircraft Maintenance Squadron, who service the B-52s at Minot AFB, are one of the core pillars that support mission readiness and the mission of Air Force Global Strike Command.



23rd Aircraft Maintenance Unit Airmen screw in a panel to the tail of a B-52H Stratofortress after adjusting the rudder actuator and performing a leak ops check on June 6, 2022, at Minot Air Force Base, North Dakota. The 23rd Aircraft Maintenance Unit is the sister shop to the 69th Aircraft Maintenance Unit, who each fall under the umbrella of the 5th Aircraft Maintenance Squadron and perform regular upkeep and troubleshooting on the B-52s at Minot AFB.



5th Aircraft Maintenance Squadron Airman 1st Class Brian Sanchez works on a ring cowl on June 6, 2022, at Minot Air Force Base, North Dakota. A ring cowl serves to increase air flow into the B-52 engine and optimize pressurization. This helps the engine operate and stay turned on while the B-52 is still grounded.

U.S. AIR FORCE PHOTOS  
SENIOR AIRMAN MICHAEL A. RICHMOND

## Welcome, Jessica O'Neal, PA-C Orthopedic Medicine



Jessica O'Neal, PA-C

A member of our orthopedic team, Jessica O'Neal, PA-C, works with Trinity's orthopedic surgeons and other team members to provide up-to-date care for people with bone, joint and muscle disorders, including joint injections and osteoporosis management.

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Originally from Ocean Springs, MS, Jessica earned her Bachelor of Science in Kinesiology, with minors in Biology and Spanish, from Louisiana State University, Baton Rouge, and received her Master's in Physician Assistant Studies from Red Rocks Community College, Arvada, CO. Her clinical training encompassed a wide range of medical fields at healthcare settings in Colorado, Mississippi and the Dakotas, including a rotation with Trinity Health Orthopedics. Since completing her Physician Assistant studies, Jessica has practiced locally, providing primary care with a special focus on orthopedic issues. She is a member of both the American and North Dakota Academies of Physician Assistants. In her spare time, Jessica enjoys quilting, traveling and spending time with her family.

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## A LOOK BACK THIS WEEK IN USAF HISTORY

SECAF SHEILA E. WIDNALL FLIES ON MINOT B-52 BOMBER  
JUNE 24, 1996



SECAF Dr. Sheila Widnall poses after a trip on her first day in office. (National Archives)

During a global power mission on June 24, 1996, Secretary of the Air Force Dr. Sheila E. Widnall had the opportunity to fly on a B-52 Stratofortress assigned to the 5th Bomb Wing, Minot Air Force Base, N.D. Three of Minot's bombers were involved in the exercise which began at Andrews AFB, Md., and was a joint operation with Canada and the US Navy. The mission took eight hours and included Long Range Anti-Surface Cruise Missile operations in the north Atlantic, live Mark 82 bomb drops at Gagetown Range in Canada, an aerial refueling over western New England, and fighter intercepts. The mission was a successful

demonstration of the Air Force B-52 bomber fleet's capabilities. Widnall, who was previously a Professor of Aeronautics and Astronautics at Massachusetts Institute of Technology, became the first female Secretary of the Air Force in 1993. Also accompanying Widnall on the mission was another female figure to make history, Lt. Kelly Flinn. Flinn, a copilot of the 23rd Bomb Squadron at Minot AFB, was the first B-52 combat-qualified woman in the nation's history. Widnall's focus as SECAF was on emphasizing Air Force values, supporting its mission in space, F-22 Fighter funding, and the development of women in the Air Force and other professional fields.

Information courtesy of: [media.defense.gov](http://media.defense.gov)

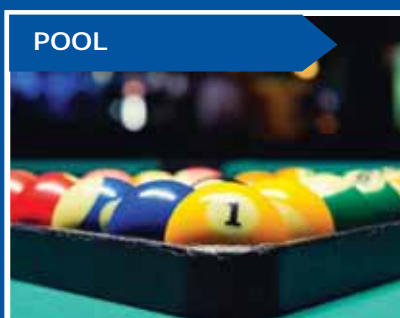
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# U.S. and Partner Aircrews Conduct Middle East 'Presence Patrol'

CAPT. ALEJANDRA FONTALVO, UNITED STATES AIR FORCES CENTRAL

Coalition and regional partner air forces joined two U.S. Air Force B-52 Stratofortresses, two KC-10 Extenders, three KC-135s Stratotankerers on a presence patrol mission across the U.S. Central Command area of responsibility June 8, 2022.

The bomber's flight originated at Minot Air Force Base (AFB), North Dakota, and flew over the East Mediterranean, Arabian Peninsula, and Red Sea before departing the region.

"Presence patrols, like today's, show the United States' continued commitment and interoperability with our partners in the region," said Lt. Gen. Greg Guillot, Ninth Air Force (AFCENT) commander. "These highly coordinated efforts demonstrate our combined ability to provide global reach and joint security to the region."

The flow of air power throughout the theater during this presence patrol was significant due to the number of joint and regional partners participating and the long duration of the U.S.-based mission, which demonstrated U.S. capabilities to rapidly respond to threats worldwide.

The nine-hour presence patrol

flew into the USCENTCOM AOR over the Red Sea and conducted rejoins with partner nations along the flight path before departing the region.

The B-52 and their aircrew are assigned to 5th Bomb Wing, Minot AFB and flew the mission under Air Force Global Strike Command's bomber task force mission-set.

USCENTCOM, through Ninth Air Force (AFCENT), has facilitated three presence patrol missions in 2022 as a demonstration of the U.S.-led coalition's commitment to promoting regional stability. The last bomber-led mission across the Central Region involved one B-52 and occurred Mar. 29, 2022.



A B-52H Stratofortress, assigned to the 5th Bomb Wing, conducts a presence patrol mission with regional partner nation air forces within the U.S. Central Command area of responsibility, June 8, 2022. The U.S. and its allies and partners are capable of collective response to instability promoted by adversaries.

U.S. AIR FORCE PHOTO | STAFF SGT. CHRISTIAN SULLIVAN



A B-52H Stratofortress, assigned to the 5th Bomb Wing, approaches a KC-10 Extender, assigned to the 908th Expeditionary Air Refuel Squadron, while conducting a presence patrol mission with regional partner nation air forces within the U.S. Central Command area of responsibility, June 8, 2022. The U.S. and its allies and partners are capable of collective response to instability promoted by adversaries.

U.S. AIR FORCE PHOTO | STAFF SGT. CHRISTIAN SULLIVAN



A U.S. Air Force B-52 Stratofortress, assigned to the 5th Bomb Wing, conducts a presence patrol mission with coalition and regional partners within the U.S. Central Command area of responsibility, June 8, 2022. Presence patrol missions demonstrate the U.S.-led coalition's commitment to promoting regional stability.

U.S. AIR FORCE PHOTO | MASTER SGT. MATTHEW PLEW

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## PHOTO OF THE WEEK



B-52H Stratofortresses from the 2nd Bomb Wing line up on the runway at Barksdale Air Force Base, La., Oct. 14, 2020. The B-52 is a long-range, heavy bomber that can perform a variety of missions and has been the backbone of U.S. strategic bomber forces for more than 60 years..

U.S. AIR FORCE PHOTO  
SENIOR AIRMAN  
TESSA CORRICK

# Best Kept Secrets- Revealed

I was fortunate to be invited to a couple of going away parties, giving me the opportunity to visit with both active duty and civilian employees from the Minot AFB. I was surprised at the many positive comments received from people who read my column "every week." One of the most commented on columns was my "I'm from around here" column written with a bit of a twist from Amy Allender's "She's Not From Around Here" columns.

I don't pretend to have the whit that Amy has, and I certainly enjoy her "tongue in cheek" approach to living in North Dakota. But the bottom line is that I am from around here and I am happy to share some "Best Kept Secrets" with

you. Take for example, the three beautiful canoe trails. One at the Upper Souris Refuge just north and west of the Minot AFB. Then there is one of the most beautiful canoe trails I have ever experienced at J Clark Saylor Refuge near Upham. Finally, the Missouri River has some great scenery if you drop your canoe in at Washburn and float peacefully to the Cross Ranch just a few miles downstream. There are several sandbars that make for perfect stopping off points to do lunch or even a quick swim, as long as everyone has life jackets.

Then there are several trails that make for a great afternoon of exploring. Both the Upper Souris and J Clark Saylor have auto/bike trails, but the trail that

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### A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY



is for sure a best kept secret is located on the Des Lacs National Wildlife Refuge near Kenmare. It is an "out and back" trail, meaning you walk or bike to the end, turn around and return to the starting point. It will take you a minimum of five hours to travel the entire length, but as long as the weather is great, you'll enjoy the wildlife and scenery.

I will continue to include these best kept secrets in my columns, but today I will finish with a trail that is right in our own back yard, located just a few miles southeast of Minot. Years ago it was the home to the Bison

Power Plant. The plan was torn down and the property was given to the Minot Park District. The trail is 2.3 miles long and takes about an hour to traverse by foot, shorter on trail bikes. The Minot Park District has a great map of all of their trails on their web site, [minotparks.com](http://minotparks.com).

Finally, if you are from around here, you have a great Norwegian joke to start a conversation. So here is this week's joke.

Ole wore both of his winter jackets when he painted his house last July. The directions on the can said "put on two coats".

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# I Wasn't Prepared for Summer

**SHE'S NOT FROM AROUND HERE**

AMY ALLENDER

When my husband and I found out we would be moving to North Dakota, we got lots of unsolicited comments and advice.

“Hope you like the cold.”  
 “Have fun in the great white north — it’s just ice and wind up there.”

When my husband and I found out we would be moving to North Dakota, we got lots of unsolicited comments and advice.

“Hope you like the cold.”  
 “Have fun in the great white north — it’s just ice and wind up there.”

“Why not Minot? Freezin’ is the reason. Haha!”

“Winters last forever.”

While these folks were trying to be helpful or prepare us for our new life, they failed to properly prepare us. You see, this kind of talk prepared us for the cold temperatures, ice, and heavy snowfall. We came to North Dakota ready to upgrade our winter coats and hunker down through long stretches of short, dark days.

However, no one prepared us for the North Dakota summer.

We arrived in Hot Dish Territory

in June, only to be gobsmacked by the majesty of summer in the “great white north.”

Maybe there’s no proper way to fully prepare oneself for the sun-never-setting days of a NoDak summer.

Summer in North Dakota means waking to a soft chatter of birds and bits of light sneaking through the blackout curtains early in the morning. It’s days hot enough to enjoy the pool, splash pad, or a sprinkler in the yard followed by evenings cool enough for sweatshirts and s’mores around a fire.

Our summer is filled with a disorienting amount of light. The kind that makes it easy to get out of bed in a good mood. The kind that draws neighbors out of their houses to converge on sidewalks chatting late into the evening. The kind that tempts children to stay outdoors until minutes before bedtime, causes adults to forget to prepare dinner until 8 p.m., and means you can start mowing the lawn at 9 p.m. and still finish with daylight to spare.

Yes, I was prepared for the extremely short days of winter — but I wasn’t prepared for the natural high of life lived in extreme amounts of daylight.

Here, summer is held in the beauty of purple flax, vibrant yellow canola, and sunflowers stretching to the horizon. It’s noticing white boxes filled with honey bees and hearing the distinct whistle of a meadowlark as you drive along the outskirts of town. It’s a time to be awed by the

miracle of planting, agriculture, and the heroism of farmers who harness nature to produce our nations crops.

I came here ready to invest in warmer boots, but I wasn’t anticipating the wonder summer would stir in my heart.

This wonder is not reserved for the country. Small town summer life emanates a unique atmosphere. It’s a divine mix of food trucks, festivals, and movies and music in the parks. This is the season of bumping into someone you know nearly everywhere you go: walks, errands, romps on the playground, or outings at the zoo. This is the time for small talking with strangers — the pressing hurry of winter has eased, leaving us all content to connect under the warmth of the sun.

These precious warm months are meant for excursions to Whirl-a-Whip, loosening schedules, and root beer floats at MSU’s summer theater.

No one told me to brace myself for the most pleasant summers of my life. No one told me the summer is worth waiting through every brutal windchill of winter.

Summer in North Dakota is fika, an odd affinity for Dairy Queen, and giggling as locals complain about the humidity. Summer is the smell of the splash pad, music on Main Street, and never starting the day in the dark.

Let’s not let the beauty of summer be overshadowed by the cold of winter. Not only when we speak about our sweet Hot Dish Land, but of life. Let’s remind one



Just me taking in the Scandinavian Heritage Park

AMY ALLENDER PHOTO

another of the good, let’s brace one another for the possibility of warmth and beauty — instead of simply focusing on the inevitable windchill. North Dakota is more than winter. Life is more than the hard bits. Summer comes, too.

Let’s brace ourselves to enjoy the lovely seasons as much we prepare to weather the cold.

If you’re new here or will move here soon, be ready — not only for the winter, but also for utterly exquisite summers.

(To connect with me further, or see how I make the most of these lovely months, join me on Facebook @amyallenderblog or Instagram @amy\_allender.)



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**WET PLATE PHOTOGRAPHY** by Ryan Stander

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# BABY ANNOUNCEMENTS




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BABY GIRL BORN ON WEDNESDAY, JUNE 01, 2022 TO: JACQUELYNN AND MICHAEL NEHILLA MINOT, ND




BABY BOY BORN ON MONDAY, JUNE 06, 2022 TO: KAYLEY SHULMAN AND JORDAN NELSON MINOT, ND




BABY BOY BORN ON TUESDAY, JUNE 07, 2022 TO: BROOKE FILESTEEL AND KYLE BLACKMAN NEW TOWN, ND




BABY GIRL BORN ON TUESDAY, JUNE 07, 2022 TO: JACQUESE AND QUINTIN SMALL JR MINOT, ND



BABY GIRL BORN ON WEDNESDAY, JUNE 08, 2022 TO: KARLA CENTENO-MONTALVO AND JAMES KAZNOWSKI MINOT, ND



BABY GIRL BORN ON TUESDAY, JUNE 07, 2022 TO: YAHAIRA ORTIZ-PINERO AND JOSHUA SERRANO-GINES MINOT AFB, ND



BABY BOY BORN ON THURSDAY, JUNE 09, 2022 TO: ARIANA STELLER AND CHESTER PULLMAN MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

# PCSing Support

Moving is stressful, but there are tools available to help ease this transition. Military One Source provides a customized PCSing checklist at <https://planmymove.militaryonesource.mil/>. After completing a short questionnaire it will populate a series of checklists based upon your responses that can be followed step by step. Additionally, the site can be used to discover general information for your next installation. A common question received in regards to a pending PCS is, "Where can I find an application for housing?" Air Force Housing suggestions the following: if you desire to reside in government-owned or privatized housing, log into the Housing Early Assistance Tool (HEAT) website, <https://www.housing.af.mil/>, or at <https://www.homes.mil> and click on the "HEAT" Logo after you select the installation of your choice.

HEAT creates an easy on-line experience and will connect you with the Military Housing Office (MHO) prior to your PCS transfer. HEAT also allows you to agree to release your personal information, to include contact information, to the Privatization Project Owner (Privatized Partner) team at bases with privatized family housing so they can provide you information directly. Once you agree, the MHO will send the Privatized Military Housing Office (PMO) your information. HEAT is available at all AF installations and the installations are prepared to assist you when you submit your housing request through HEAT. Use HEAT to reach out to the installation housing office of your choice or PCS destination to request housing information and to request the application for housing. The MHO will send you pertinent installation and

community information based on your housing choices to include community housing support, as well as, forward you the required documents (e.g., DD Form 1746, AF Form 4422) needed to complete the application for housing. Each installation MHO will provide you details on how to return required documents including a copy of your PCS orders, if available, for their action. The MHO will provide you with specific information for status of government-owned housing based on your projected arrival to the installation. Or, if you requested information about privatized housing, the PMO will reach out to you directly regarding privatized housing options. You can continue to reach out to the MHO through HEAT, email or call them directly if you require additional information.



RACQUEL LABADIE, GS-12, USAF  
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# BEK TV - Local Makes The Difference

ROD WILSON

In a recent discussion an active duty parent asked me "How do I tune in BEK TV?" They are covering Minot High School Girls Soccer in Mandan (it was the North Dakota State High School Girls Soccer Tournament). Another question came from an Air Force retiree. "I hear that BEK TV is carrying a Minot Mayoral Forum. This is my first year being able to vote in Minot, and I just want to get to know a little more about the candidates."

As fate would have it, I had just recently interviewed BEK TV, and BEK Communications Cooperative CEO Derrick Bulawa. The office for BEK TV is in Bismarck, but the cooperative is based out of Steele, North Dakota.

Mr. Bulawa started with BEK Communications in January of 2006, and at that time North Dakota was home to the legacy networks; ABC, NBC, CBS, and PBS over the air, with all other signals being on cable and based on subscriptions.

"So, we started the sport broadcast in 2007" according to Bulawa "but that was primarily in our service area, right, because we were the local phone company, cable operator and internet company." BEK has a major competitor in their service area, that being MidContinent Cable, and so Bulawa and his BEK team went to work on a plan to compete and own more market share. "So, we developed our own sports channel, and we covered all of the Class B schools in our service area. That was a successful venture." But BEK would soon launch a new high definition product. Eventually BEK would own a large cable footprint in South Central North Dakota. But BEK's cooperative family, like SRT in Minot, would soon become part of the BEK TV sports network structure. "All of a sudden, we have partner cable operators all around the state. And then it grew, and we had 100 games a year, 200 games

a year, 300 games a year...but we had reached a point where we had pretty much every cable operator on board, but we want to grow it. It wasn't over the air yet, and we weren't on any cable signals" continues Bulawa. As fortune would have it, licenses became available in Bismarck, Minot, and Fargo. Those licenses eventually became the property of BEK TV, and so the over the air BEK TV signal would be combined with cable & streaming. The broadcast signal has been available for about 5 years.

But it would be the 2020 election cycle that would bring about a new arena for BEK TV. "Our members we disappointed with how the social media and over the air broadcast stations had the exact same narrative" says Bulawa, "In the social media platforms all of the information that North Dakotans cared about would be blocked. And that became very aggressive during the election cycle. So our members said go get into the news and opinion business, go fix the social media business, and let North Dakotans make the choice of what they want to watch." But BEK TV does not want to drive political platforms, they just want to provide a network that carries all opinions. "We're going to build a news channel to go along with our sports channel" says Bulawa. In order to be the best of the best local station BEK TV has picked up properties like the Green Bay Packers pre-season games, the Indoor Football League and is working towards establishing bigger and brighter stars in general, "We are constantly working towards growing the programming talent on our station. We want to have a sufficient platform so that we are able to allow anyone to do their own show. Left, right, in the

middle, it doesn't matter. Our job is to get it (programming) out to the market. The market will decide who wins, and who loses." The BEK distribution does not rely on typical social media platforms that can be blocked. Platforms like YouTube and Facebook continue to block programming. "So we don't use them. Instead, we have leveraged other platforms and that became attractive to national personalities that had been blocked" continues Bulawa "And of the over 500 television products that are out there, in the September through March time slots were always in the top 10, and frequently in the top 5, so we know people are finding us."

So, the answer to both questions is fairly simple. BEK TV over the air in Minot, ND is channel 26.

For those looking for BEK TV on MidCo Cable, it is channel 612.

Looking forward, BEK TV is a local station, willing to air local programming, whether it be sports, news. In news "We have Joel Heitkamp on one side and Rick Becker on the other, and I can tell you right now that no local station, anywhere in the United States, will carry that much diversity in programming. But we not only are, but we will continue to do more of it every day...and keep expanding the local sports channel." says Derrick Bulawa, and he says it with enough conviction that there is no uncertainty in my mind.



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Race Date:  
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Weekly Runs (beginning 5/18):  
Wed @ 1800  
Bud EBert Park

# Celebrate the Sunshine at the Midsummer Festival

ERIN BEENE

Midsummer is that time of the year when the sun never seems to set. The celebration of the Midsummer Solstice is celebrated mostly in Scandinavian cultures and is historically known as a "Magical Night" of sunlight and dancing. Here in Minot, we understand the glory of the long, sun-filled summer nights, and the Scandinavian Heritage Center is bringing the celebration to us! This weekend, June 17-19, the Midsummer Festival will be glowing with fun, food trucks, bonfires, beer gardens, kids crafts and more all FREE to the public!

Chairman Kae Watson said that last year's event was the biggest they have ever had and they expect this year to be even better! It is a family friendly event for all ages. Some notable happenings are the Parade where the Minot AFB Honor Guard will perform a flag ceremony on Friday evening at

7pm. After the parade, adults can enjoy a steamy sauna and bonfire too! Saturday, 9 am- 10pm will be filled to the brim with unique craft stations for the kids, a Kubb demonstration from the Minot AFB Medical Squadron, a Maypole performance, costumes, live music and dances! Sunday will host the 11:30 am church service at the

Gol Stave Church at the Heritage Center. Lots more activities will be going on throughout the day and a complete schedule of events can be found at <https://scandinavianheritage.org/event/>.

Come out and celebrate the magic of the longest day of the year at the Scandinavian Heritage Center THIS weekend!



The Midsummer Festival bonfire has been historically rumored to keep evil spirits away and guarantee a good harvest.



Children gathered to watch the Billy Goats Gruff performance in 2021.



The 2021 MAFB Honor Guard performing the Flag Ceremony with WW2 Army Veteran John Sinn who passed away in May 2022 at the age of 101. Kae Watson said John was a major part of the Scandinavian Heritage center saying "John was a transplant who moved to Minot and raised his family here. He volunteered Monday - Friday every summer, all summer at the park for 25 plus years. He also put the lights in the park at Christmas. He helped create many of the park's features. He always presented our American flag at the Flag ceremony. He wasn't able to walk it down last year so he stood with it as the Honor Guard came down the path. He saluted the young men as they passed. It brought a tear to more than one eye."

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### ASIAN-AMERICAN PACIFIC ISLANDER HERITAGE MONTH

On May 31, our Minot Asian Pacific American Organization hosted an Asian-American Pacific Islander Heritage Month closing ceremony. "Minot is such a small community, we need events like this to allow for people, regardless of their job or ethnic background, to come together and enjoy each other's company," expressed Staff Sgt. Bryson Baptista, 5th Civil Engineer Squadron structural craftsman. "I believe food brings people together so hopefully everyone got the opportunity to enjoy some food and meet someone new through this event."

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*Friday, June 24, 2022*

**11 A.M. - 8 P.M.**

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(1 - 8 P.M.)**

**ROOSEVELT PARK ZOO  
(NOON - 8 P.M.)**

**FREE LUNCH IN ROOSEVELT PARK FROM 11 A.M. - 2 P.M.  
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**FOR THOSE UNABLE TO ATTEND JUNE 24, THERE WILL BE FREE ADMISSION TO ROOSEVELT PARK ZOO ON WEDNESDAYS IN JULY FROM NOON - 8 P.M. WITH MILITARY ID.**

## SECURITY FORCES WEAPONS & TACTICS INSTRUCTORS COURSE



On 27 May 2022, 29 Officers and Enlisted Defenders graduated from the third Weapons and Tactics Instructors Course (WTIC) class. There are now 97 Security Forces Weapons & Tactics Instructors. They make up .0025% of the career field.

The instructors completed 12-weeks of intense academic rigor, advanced tactical skills training, and 27 Tactical Improvement Proposals. The graduates conducted 58 total firing drills, 18 dynamic, 10-night

fire, and 12 team dynamic with a Total Round Count of 126,999. Lastly, they authored 706 total pages and 158,995 words of critical thought. They created 27

actionable recommendations, culminating in 18 hours of presentations to senior leaders. Col Chad Gallagher (AFGSC/A3S) and CMSgt Kevin Range (PACAF/A4S) presented the new graduates with their patches and certificates of completion.



Above: TSgt Israel Garza, 91 MSOS recently graduated from Security Forces Weapons and Tactics Instructor course with Distinguished Graduate honors.

U.S. AIR FORCE SECURITY FORCES & 91ST SECURITY FORCES GROUP PHOTOS



## Upcoming Events

**17 JUNE** MINOT PARKS SUMMER MOVIES IN THE PARK  
2:00-7:00PM  
Oak Park  
1114 4th Ave NW, Minot

Movie in the Park – Back to the Future  
Minot Parks Summer Movies in the Park  
Join us Friday, June 17th at Oak Park  
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\*Movies start at sunset  
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For more information:  
Facebook/Minot Parks/Events

**17-19 JUNE** MIDSUMMER FESTIVAL  
5:00PM  
Scandinavian Heritage Park  
Minot

Midsummer (or Midsommar in Swedish) is held in June around the summer solstice, the longest day of the year. It is a celebration of the ushering in of light, after the long dark winters and is a cherished tradition in Scandinavia. This holiday is considered the second most-important holiday of the year after Christmas. Come celebrate Midsummer with us in the Scandinavian Heritage Park! This year's event will include music, vendors, demonstrations, workshops, food/refreshments, fun kids' activities, and the most anticipated event – the lighting of the bonfire! (Sauna "may" also be open!)  
HOURS: Fri: 5 pm to 10 pm, Sat.: 10 am to 10pm, Sun.: 10 am to 12 pm  
ADMISSION: FREE!!!!!!



For more information:  
Facebook/Scandinavian Heritage Park/Events

**18-19 JUNE** MINOT JUNETEENTH EVENT  
SETUP 8:30AM  
EVENT 12:00PM – 7:30PM  
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For more information:  
Facebook/Minot African American Heritage Council/Event

**20 JUNE** AQUA ZUMBA AT THE ROOSEVELT PARK POOL!  
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Teen Leadership Camp  
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Selections will be announced no later than 30 June 2022

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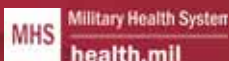
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# What Do Military Chaplains Do?

ERIN BEENE

When it comes to Military Chaplains, they have a different role than most other military members. Yes, they wear the uniform, and they have a chain of command, and get all the same benefits that are afforded to the other Airmen. They are in the military. However, they are also a little bit different. What makes them this way? Well, first of all, chaplains have a rank, but are always referred to as Chaplain. Secondly, they have complete privilege and confidentiality when military members talk to them, which is unheard of for any other active duty member. Nothing that is said to chaplains during a counseling session can go to an Airmen's leadership or even their spouse. It is comforting to know that whatever is shared with a chaplain won't be shared unless it is requested. As 5th Bomb Wing Chaplain Mark Bradshaw put it, "You are in the driver's seat during counseling sessions." He said each person leads what they want to talk about.

To get a firmer grip on what exactly Air Force Chaplains do on a regular basis, this reporter sat down with Chaplain Mark Bradshaw and True North Chaplain Brian Harris to get some deeper input and knowledge into what an average day for the life of an AF chaplain at Minot AFB looks like. Ch. Bradshaw said, "Every day is different; I have to be extremely flexible. I will have unit engagement by walking through squadrons and attending meetings when needed." He said that the most important thing he does is to, "build bridges [with Airmen] for when they need time to talk to someone." Ch. Bradshaw mentioned that it is important to him, and all Chaplains, that Airmen see them and know who to turn to when they need someone to talk to. Ch. Harris, who is assigned to True North - a program specified to increase wellness, mental health, religious faith and overall well-being by supporting resilience while embedded with certain units - said that his days are filled with "trying to mirror the mission." He said he tries to be with the Airmen and do the job they are doing as much as possible. He said Airmen are the reason for the Chaplain job and he wants to be with them and amongst them whenever he can. Both Chaplains, who joined the military later in life, admitted that they were doing other ministry-focused careers, but felt led to join the AF when the opportunity presented itself. Both men have captivating and heartfelt stories of why they joined when they did, but both passionately agreed that they could not have been able to make the life-changing leap



SrA Antwion Mathis, Ch. Harris, and A1C David Maloney enjoying ax throwing together. Both Airmen are defenders in the 91MSOS/CRF.

without their extremely supportive wives and families.

Changing gear to a topic that has put military chaplains in the focus a bit more, the disapproval of the Covid-19 vaccination religious waiver was the next discussion. According to the Chaplains, religious waivers are an official exception for a service member to obtain based on sincerely held religious beliefs that may be in opposition to a specific military policy. Most of the time these beliefs revolve around clothing or hair regulations. When an Airman seeks a religious exemption, they must first interview with a Chaplain. The Chaplain then has to determine if their belief is sincerely held by asking questions and getting to know the individual. The next step in the religious exemption process requires the Chaplain to make a recommendation to the Airmen's commander about the sincerity of the religious belief at hand. Ch. Harris then brought to attention the AF Policy Directive: ACCOMMODATION OF RELIGIOUS PRACTICES IN THE AIR FORCE. This official and public document states the Air Force's stipulation for what can and cannot be approved as a religious exemption. This document states that a religious waiver must not allow "adverse impact on military readiness, unit cohesion, good order and discipline, or public health and safety for both the individual and unit levels." But, Ch. Harris wanted to remind individuals that Chaplains are always the first stop for religious issues within the military and they are there to listen and give advice to both commanders and legal

about religious accommodations within the military.

There is so much more that could be said about these two chaplains, the work they do on the base, the people they help and the passion they have for the Airmen, but each said the best thing about their jobs is being with and caring for people. Ch. Harris said, "I get to be around people that I would not usually get to be around. Few pastors have the opportunity to see the missions and see Airmen. [I love having the] accessibility to individuals and making investments in eternal lives." Ch. Bradshaw said that he loves that he gets to be, "... another member in uniform but his commission is to go out and care for the Airmen." As is evident from the interview with these two members, the mission of the AF Chaplain is to firmly maintain the Five R's: Relationships, Resilience, Respect, Religious Freedom, & Relevance. Military Chaplains everywhere wish to "Remind you about the vertical part of you that is made to connect with spiritual things and with God. But to also remind Airmen that God can help build relationships." - Chaplain Harris.

\*\*\*\*If you or someone you know is having a rough time, needs to discover the proper next steps, or just talk to someone please contact your base chaplain today. It is completely confidential. If you don't know your assigned chaplain, contact your First Sergeant or even just give the base chapel a call at 701-723-2456. If it is an emergency situation please call the Chaplain On-Call Emergency number 701-509-4230.



Members of the 91 Missile Security Forces Squadron, TSgt. Thomas Abney, SMSgt. Derek Geske, and Maj. Jeffrey Beene complete a Marathon Ruck March in Chicago with Ch. Brian Harris.

## TRAEGERED SMOKED MUSHROOMS



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<p><b>Badlands Restaurant &amp; Bar</b></p> <p>1400 31st Ave SW, Minot, ND 58701 Phone: 701.852.7335 www.blgrill.com</p>	<p><b>28 Tastes &amp; Taps</b></p> <p>1603 35th Ave SW Minot, ND 58701 Phone: 701.838.2828 www.facebook.com/28tastes</p>
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### 5TH SECURITY FORCES SQUADRON PERFORM DUTIES



An Airman clears the barrel of a weapon on Minot Air Force Base, North Dakota, May 16, 2022. Airman ensure the barrel is clear to maintain safe use of the weapon.

U.S. AIR FORCE PHOTOS | AIRMAN FIRST CLASS ALEXANDER NOTTINGHAM



Members of the 5th Security Forces Squadron arm up on Minot Air Force Base, North Dakota, May 16, 2022. 5SFS work around the clock to maintain security around base.



An Airman clears the barrel of a weapon on Minot Air Force Base, North Dakota, May 16, 2022. Airman ensure the barrel is clear to maintain safe use of the weapon.



Members of the 5th Security Forces Squadron arm up on Minot Air Force Base, North Dakota, May 18, 2022. 5SFS work around the clock to maintain security around base.



Battle Operations 5th Security Forces Airmen monitor multiple cameras at Minot Air Force Base, N.D., May 18, 2022. Battle Ops provides critical over-watch and security for Minot AFB, enabling a more secure environment for mission success.



Members of the 5th Security Forces Squadron perform maintenance on weapons at Minot Air Force Base, N.D., May 18, 2022. Cleaning a weapon helps to ensure it remains in proper working order.



Battle Operations 5th Security Forces Airmen monitor multiple cameras at Minot Air Force Base, N.D., May 18, 2022. Battle Ops provides critical over-watch and security for Minot AFB, enabling a more secure environment for mission success.

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## DEFENDER HIGHLIGHT



**SrA Ryan C. Gutshall**  
**K9**



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# Seven-day shopping arrives at Minot Air Force Base Commissary

MINOT AIR FORCE BASE— The Minot Air Force Base Commissary is pleased to announce the store will be open seven days a week starting June 20.

The new Monday opening is part of a Defense Commissary Agency pilot program and will offer limited services, such as:

- Self-checkout registers only
- Debit/credit card and cash payment only
- Fresh meat will be available, but no meat cutters will be onsite for special orders
- Deli/bakery will not be open; Pre-made sandwiches, salads (ie. grab and go) will be available

The commissary is providing this pilot to determine how well seven-day shopping will be received by the Minot Air Force

Base community.

“We are piloting an extra day of shopping to see if this helps improve the shopping experience for the Minot community,” said Kendall Kenny, Minot Air Force Base Commissary store director. “The commissary benefit is a significant boost to military quality of life, and we are exploring various ways like seven-day shopping to help our customers maximize it.”

DeCA’s new program is part of ongoing improvements and convenience the agency is piloting to better serve its customers and improve their benefit. Visit the Minot Air Force Base store page or commissaries.com for store hours and more information.



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**NODAK ARMS**

# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, June 13: 1,830.96 feet above mean sea level (MSL); 18,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,450.71 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.72 MSL.

•N.D. Game & Fish Dept. game wardens: No Devils Lake, Missouri River System, or north-central area lake reports.

•Devils Lake, Ed's Bait Shop, Devils Lake: Fair for walleye with some nice-sized fish showing up. Try slip bobbers. Improving success on main Devils Lake as water temperatures warm. Northern feeder lakes continue producing walleye, as well.

•Devils Lake, Woodland Resort, Devils Lake: Fair to good for walleye using slip bobbers in shallow water.

•Lake Darling, Karma C-Store, Ruthville: Lake Darling and Grano starting to produce nice walleye activity. Buffalo Lodge Lake producing pike with occasional small walleye.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: Fair walleye success on Lake Darling from both boats and shore with lots of shore-fishing activity along the Grano Bridge. Lake Darling water levels are up and all boat ramps usable. Lots of people enjoying the hiking trails and auto tour route as well as canoeing and kayaking on the Beaver Lodge Canoe Trail below the Outlet Fishing Area.

•Lake Metigoshe, Four Seasons, Bottineau: OK bluegill success as fish move in closer to shore for spawning. Inconsistent walleye activity.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea continues improving for walleye. Work 3 to 13 feet with minnows or nightcrawlers and jigs or Lindy rigs around deTrobriand, Garrison, or Douglas bays on the north side or Pick City and Mallard Island on the south side. Move around, though. Work deeper on Lake Audubon for walleye in 20 feet. North Lake of Audubon remains good for bass.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Try jigs and minnows along the shallow flats of Steinke, Centennial, or Douglas bays for walleye.

•Lake Sakakawea, Indian Hills Resort, Garrison: Fair to good for walleye in 6 to 15 feet with Lindy rigs or a plain hook with minnows. Some success starting with nightcrawlers. Try McKenzie Bay but move farther

•June 17 & 18: Missouri River Bluegrass Festival, Cross Ranch State Park, Hensler, beginning 6:30 p.m. June 17 and 10 a.m. June 18. Contact the park, (701) 794-3731, for details.

•June 23: Blue Goose Day for children, Audubon Nat'l. Wildlife Refuge. Pre-register for the free event by calling the refuge, (701) 442-5474, ext. 114.

•June 25 & 26: Frontier Military Days, Fort Stevenson State Park, Garrison, noon to 4 p.m.

•June 26: Visitor Appreciation Day, Fort Stevenson State Park, Garrison.

### TOURNAMENTS:

- June 17: Devils Lake, Grahams Island State Park.
- June 18: Lake Sakakawea, Fort Stevenson State Park; Devils Lake, 6-Mile Bay.
- June 18 & 19: Lake Audubon, cabin site.
- June 19: Lake Sakakawea, Parshall Bay.
- June 24 & 25: Devils Lake, Grahams Island State Park.
- June 25: Missouri River, Washburn; Lake Audubon, cabin sites.

east closer to Indian Hills, as well.

•Lake Sakakawea, New Town: Fair to good in the Van Hook Arm in 5 to 12 feet using a variety of bait and presentations.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Good walleye activity with some nice-sized fish being taken. Continue working minnows with some success starting with nightcrawlers in 18 to 24 feet. Fish are scattered with bigger fish coming farther south in the Arm around Shell. Some nice eater-sized fish closer to the upper end of the Arm.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing lots of small walleye using jigs and minnows. Try the "blowout" channel below the spillway or the stumps. Also try the spillway area from shore. Better success casting from shore or boats at night for larger walleye. Some catfish success, including from the wing walls. East end of Lake Sakakawea producing some salmon. Try a variety of presentations, including downriggers with herring or squids or longlinging crankbaits along the face of the dam or along the U.S. Highway 83 embankment. Sporadic walleye bite. Try 7 Sisters or Steinke, deTrobriand, or Douglas bays on the north shore trolling in 12 to 18 feet or casting jigs and minnows towards shore. Look for a switch to nightcrawlers soon, as well as trolling with spinners and bottom bouncers. Better success remains west, though. Lake Audubon producing a mix of walleye, pike, and bass along the northeast corner.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston:

West end of Lake Sakakawea is muddy from runoff. Clearer water is from Little Beaver Bay to the east with fair to good success around White Earth Bay in 12 feet. Try a variety of presentations and bait. Look for bigger fish coming on creek chubs. Nice smallmouth bass action in shallow points along the south end of Van Hook Arm in the river channel. Trenton Lake remains fair for crappie. Missouri and Yellowstone rivers continue running full although producing some catfish success.

•North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Continued walleye activity from Buffalo Lodge Lake with a few perch mixed in. No reports from the Souris River or other area lakes.

•Turtle Mtn. area lakes, Coast-2-Coast, Rolla: Activity remains light throughout area lakes.

### N.D. river flows:

•Little Missouri River, Long X Bridge: River stage, 0.66 feet; streamflow, 598 CFS.

•Missouri River, Williston: River stage, 21.03 feet.

•Missouri River, Washburn: River stage, 9.06 feet.

•Pembina River, Walhalla: River stage, 5.74 feet; streamflow, 1,660 CFS.

•Souris River, Foxholm: River stage, 7.9 feet; streamflow, 398 CFS.

•Souris River, Minot: River stage, 6.24 feet; streamflow, 436 CFS.

•Yellowstone River, Sidney, Mont.: River stage, 10.28 feet; streamflow, 34,800 CFS.

### Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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# NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

## BRUSHING UP ON BOATING SAFETY AND REGULATIONS

Patricia Stockdill

Summer is officially only days away even though boaters, anglers, and watercraft enthusiasts have already enjoyed some time on the water – wind permitting, that is.

In celebrating summer's arrival it doesn't hurt to test one's brain power when it comes to water, boats, safety, and perhaps above all, North Dakota's laws when to avoid getting a ticket or worse, having something bad happen.

And so, with a muted drum roll playing somewhere in the background, here's the "Know your boating regulations and water safety quiz, North Dakota style" for the season:

• Question: What's the better life jacket for water skiers and tubers to wear – one with four nylon straps or one with a zipper? Two bonus points when providing correct justification for the answer – and, yes, it has to be the correct answer.

• Answer: One with four straps. And, yes, two bonus points for the right reason – it's because straps are stronger than zippers upon impacting water.

• Question: The United States Coast Guard has four categories, or types, of approved personal flotation devices (PFD). What is the designed use of a Type IV PFD?

• Answer: It's not meant to be worn but instead designed to throw to someone in the water.

• Question: Can a child under the age of 12 operate a motorboat, including a personal watercraft, if it has a motor more than 10-horsepower alone in North Dakota?

• Answer: Nope, someone 18 years of age or older must accompany them.

• Question: Here's a two-part question and two correct answers garners the victor with two bonus points: Does North Dakota require boat owners to register their boats (OK, technically boats really should be referred to as watercraft in the official jargon of water safety regulations and laws)? If so, what agency is responsible and does that include any type of boat that floats?

• Answer: Yes, residents need to register their boat, AKA watercraft, if it is propelled by a motor. The N.D. Game and Fish Department is the responsible agency in charge of that detail.

• Question: Just in case a boat doesn't have a capacity plate indicating its maximum weight or number of people, is there a way to get an idea of what should be allowed?

• Answer: Yup, there is. Simply take the boat's length times its width and divide by 15 to get the number of maximum capacity of people.

• Question: How much is North Dakota's ANS (Aquatic Nuisance Species) fee, which is used to help the State of North Dakota address ANS issues?

• Answer: \$15, which runs concurrently with the state's three-year watercraft registration period.

• Question: Are there lakes in North Dakota where motorized watercraft aren't allowed?

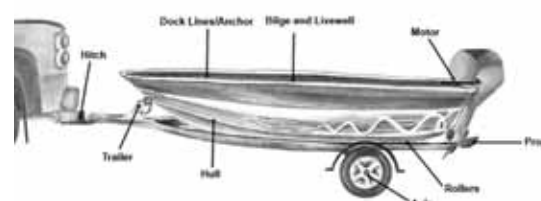
• Answer: That's another "yup". Some lakes are "Idle speed only" or "Electric motor only" so check the regulations and definitions to be on the safe and legal side of things.

• Question: What are the three basic things every boater, angler, and watercraft user can do to help reduce and prevent the spread of ANS?

• Answer: This is a critical question because doing the right thing not only helps save the state's fisheries but protects industrial and municipal water supplies by reducing negative impacts on intake structures: Here's another drumroll leading up to the correct answer... First, clean the watercraft by inspecting equipment and removing plants, animals (think things like zebra mussels here), or mud before leaving an access site. Next, drain all water completely before leaving. And, finally, dry all equipment or simply wash with hot water before using again.

• And the final question and final drumroll... Where is the best place to get the complete North Dakota Boating Safety Guide?

• Answer: It's right on this link from the Game and Fish Department website: ([gf.nd.gov/boating/safety-regulations#unsafe-use](http://gf.nd.gov/boating/safety-regulations#unsafe-use)).



Some of the most important places to look for aquatic nuisance species latching onto a watercraft include the trailer hitch, axles, hull, rollers, and the trailer itself, motor and prop, and boat bilge, live well, dock lines and anchor.

N.D. GAME AND FISH DEPARTMENT GRAPHIC



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### MINOT AIR FORCE BASE FLIGHT LINE OPERATIONS



Airmen move assets into a storage area at Minot Air Force Base, N.D., May 18, 2022. The United States maintains a strong, credible strategic force that enhances the security and stability of our allies and partners.



Maintainers prepare to tow a B-52H Stratofortress at Minot Air Force Base, N.D., May 18, 2022. Repairs are performed periodically throughout the year, however, emergency maintenance is sometimes required.



Airmen assigned to the 705th Munitions Squadron move assets into a storage area at Minot Air Force Base, N. D., May 20, 2022. The United States maintains a strong, credible strategic force that enhances the security and stability of our allies and partners.



Airmen assigned to the 705th Munitions Squadron return assets to a storage area at Minot Air Force Base, N. D., May 20, 2022. The B-52H can carry and employ a large array of weapons, including gravity bombs, cluster bombs, precision-guided missiles, and joint direct attack munitions.

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**CAR CARE**

*Car care checklist for*  
**summer road trips • Part 2**

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

**Check belts and hoses**  
Reinforced rubber drive belts power the engine water pump and accessories such as the alternator and air conditioning compressor so you should inspect and replace any that are cracked, glazed or frayed. Note that modern multi-rib or drive belt materials do not show easily visible signs of wear. As a general rule, replace drive belts every 60,000 miles. Inspect and replace worn, brittle, bulging or excessively soft radiator hoses. Check for leaks around hose clamps and at the radiator and water pump.

**Keep the AC running cool**  
Take a test drive with the air conditioner running. If you notice a decrease in cooling capacity, take the car to an auto repair shop for diagnosis. Also have the cabin filter inspected and replaced as needed.

**Replenish emergency kit supplies**  
AAA recommends keeping a well-stocked emergency kit in your vehicle. Include a flashlight and extra fresh batteries, first-aid supplies, drinking water, non-perishable snacks for people and pets, car battery booster cables, emergency flares or reflectors, a rain poncho, a basic tool kit, duct tape, gloves and shop rags or paper towels.

**Plan ahead for vehicle service**  
In the event you should need vehicle maintenance, know ahead of time where to find an auto repair shop and technician you can trust. Use [AAA.com/Repair](http://AAA.com/Repair) to access AAA's network of nearly 7,000 Approved Auto Repair facilities. Each shop meets AAA's service and customer satisfaction standards. AAA members receive auto repair discounts, an extended 24-month/24,000-mile parts and labor warranty, and assistance in resolving repair-related issues.

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Your vehicle counts on new oil and oil filters to keep it operating efficiently. Oil should be kept full, clean from particles and not burnt. Oil lubes crucial engine parts. Moving components create rubbing, and over time that heat wears the parts down. Oil or a synthetic lubricating substance can minimize the damage from the rubbing by those moving components. By performing a regular oil change schedule you will effectively increase your engine's efficiency as well as maintain the life of your car's engine.

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# YOUTH IN ACTION

## Minot AFB School Liaison Office

My name is Joy-Nicole Smith and I am the new Program Manager for the Minot Air Force Base School Liaison Office. Hailing from the Department of Defense Education Activity (DoDEA) in Spangdahlem, Germany, I am honored to serve the Minot AFB community as a resource for K-12 education in North Dakota and the United States.

Serving military connected students is core in my professional experiences. As a former educator in Georgia and DoDEA, I worked to support the educational and learning needs of military connected students in home, public, private and international school settings.

With this background, my goal is to support and enhance



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-11  
CHILD AND YOUTH EDUCATION SERVICES



the educational experiences of Minot AFB families navigating school transitions, post-secondary changes, and deployment. In addition, I will nurture community partnerships and relationships established by my predecessor, Racquel Labadie.

Our military connected students

and families are poised for success! If there are ways I could assist, I can be reached at the Minot School Liaison Office at 701-723-1447 or via email at [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil).

I look forward to connecting in the near future.



Children at Dakota Elementary school got a chance to learn about the vehicles the base uses to support the mission and to keep residents safe with special guests from Ward County Sheriffs Department.

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- As a herd animal, they prefer companionship (safety in numbers).
- The main difference between a llama and an alpaca is their size and hair fiber.

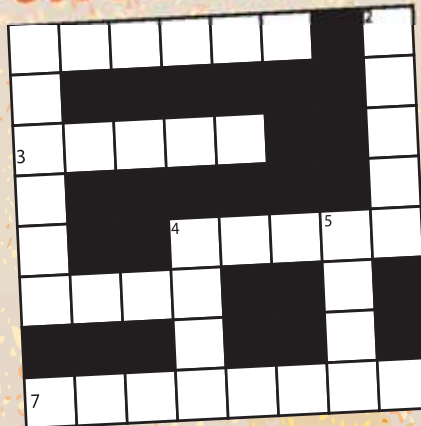
**Fact File**

Life Span	18 - 20 years
Weight	150 - 185 pounds
Height to Shoulder	3 feet
Height to Shoulder	4 1/2 feet
Wild Diet	Omnivore Carnivore <u>Herbivore</u> Grasses, Shrubs, Weeds, Trees

Photos by Ding Pitt



## CROSSWORD PUZZLE



### ACROSS

- Condition of being protected
- Of great weight
- Aches and \_\_\_\_\_
- Large vehicle (abbr.)
- Gaining knowledge

### DOWN

- Education building
- Things to read
- Flow into a stream
- Person, place or thing

- Answers:
- Across:  
1. Safety 3. Heavy  
4. Pains 6. Limo
- Down:  
1. School 2. Books  
3. Learning  
4. Four 5. Noun

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# Community VOICES

## Summer Fun

MARTINA KRANZ

At my age, the opening of Roosevelt Park's pool still makes me excited and the past Friday, June 3rd, was no exception. To me, when the pool opens, that signals that summer has arrived in Minot. Never mind meteorological summer or the summer solstice. Parks are places loved by kids and adults, especially in the summer. Parks are places of fun, friends, and family togetherness on warm and even hot days. At the pool, I love the feel of the warm concrete on my bare feet, and the smells of burning charcoal, sun block, and chlorine make me relax into the deck chair and let my mind wander. The hope of an ice cream truck and its tinkley tune are alive in my heart. The river and the railroad remind me of nature and humanity on the move. The talk and laughter of the kids on the slides and in the pools makes me appreciate all the summer activities that occur at Roosevelt Park, especially the July 4th food and music that come to help us Minotans (I've lived here for 24 years) celebrate our nation's Independence Day on the lush green grass and under the fully leaved trees.

During my childhood days in western Pennsylvania, ice cream was to be had at the concession stand. My siblings and I always had a few dollars tucked away in our sneakers (to stop the money from falling out of our pockets) for those cold, sweet and delicious ice cream bars or cones, and our towels rolled and tied onto our bicycle handles. Most of the time in those days, we rode our bikes the four miles to the park on a very curvy, but paved, country road. For those four miles, the road twisted through a cool forest, although thank God there were guard rails, because one side of the road consisted of steep hills and the other side consisted of

straight-up mountain. Bendigo State Park, yes, I said Bendigo, lay in a small valley, so we rode our bikes straight down a hill at the end of the road to reach the pool with the river only 30 feet away. We wouldn't see the pool until we rounded the curve and always wondered to each other if a lot of people would be there. While swimming, we always heard a train horn at least once. My family, the Cherry family, still holds picnics there on July 4th even though we kids are grown, the grandkids are grown (well, mostly), and a now there's a few great grandkids running around, and an inground pool sits in my parents' backyard. Bendigo Park still has a landline in the lifeguard's office because no cellular service exists down in that valley. The signal can't travel through the mountains.

I don't need to ride a bike now to come to the park or tuck money in my sneaker or roll my towel into a nice hot dog shape. I need to drive a car to Roosevelt Park with swim bags packed with towels (rolled into a hot dog shape), sun block, goggles, water, snacks (ahem...for the grandkids), shower gear, and of course, grandkids in the back seat. Funny enough, I still go up and down hills on my route to and from Roosevelt Park because I use 13th Street SE. If my husband drives us to Roosevelt, my grandkids and I throw our arms up like we're riding a roller coaster when we descend the hill going towards Valley Street. During the summer, I will bring them and me to Roosevelt Park as often as possible. It lets me relive my childhood days, complete with the river and the railroad, and gives my grandkids the gift of the great outdoors (without winter coats and boots).

Do you have something you'd like to share with the world? Whether it's a pretty photo of Minot AFB, a fun piece of writing, or a picture of something your child made, send it to the Northern Sentry. Let us feature your creativity!

Send all submissions to nsads@srt.com

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### NOTES ON BEING SAFE

## WHAT IS LOCK OUT/TAG OUT?



ROD KRAUSE  
5TH BOMB WING  
OCCUPATIONAL SAFETY  
AND HEALTH MANAGER



Have you ever been to a job site, or even a local business when you hear someone call out "Hey Joe, be sure to lock and tag out that piece of equipment?" or "You better de-energize that system before you work on it!"

This common practice is known throughout the industrial and non-industrial world as Lockout/Tagout, better known as LOTO. So what is LOTO?

Lockout-Tagout is a safety procedure which is used in industry and research settings to ensure that dangerous machines are properly shut off and not started up again prior to the completion of maintenance or servicing work. It requires that hazardous power sources be "isolated and rendered inoperative" before any repair procedure is started. "Lock and tag" works in conjunction with a lock usually locking the device or the power source with the hasp, and placing it in such a position that no hazardous power sources can be turned on. The procedure requires that a tag be affixed to the locked device indicating that it should not be turned on.

Modern machinery can contain many hazards to workers, from things like electrical, mechanical, pneumatic or hydraulic sources. For example a typical industrial machine may contain things like hot fluids, moving presses, blades, propellers, electrical heaters, conveyor belts with pinch points, moving chains, ultraviolet light, etc. Disconnecting or making safe the equipment involves the removal of all energy sources and is known as isolation. The steps necessary to isolate equipment are often documented in an Isolation Procedure or a Lockout Tagout Procedure. The isolation procedure generally includes the following tasks:

1. Identify the energy source(s)
2. Isolate the energy source(s)
3. Lock and/or Tag the energy source(s)
4. Prove that the equipment isolation is effective

Modern safety manufacturers provide a range of isolation devices specifically designed to fit various switches, valves and effectors. For example most modern circuit-breakers have a provision to have a small padlock attached to prevent their activation. For other devices such as ball or gate valves, plastic pieces which either fit against the pipe and prevent movement, or clam-shell style objects, which


completely surround the valve and prevent its manipulation are used. A common feature of these devices is their bright color, usually red to increase visibility and allow workers to readily see if a device is isolated. Also, the devices are usually of such a design and construction to prevent it being removed with any moderate force. That is to say that an isolation device does not have to stand up to a chainsaw, but if an operator forcibly removes it, it will be immediately visible that it has been tampered with.

With all this information, you are probably asking yourself "How does this program apply to me?" Employees can be seriously or fatally injured if machinery they service or maintain unexpectedly energizes, starts up, or releases stored energy. OSHA's standard on the Control of Hazardous Energy (LOTO), can be located in Title 29 of the Code of Federal Regulations (CFR) Part 1910.147. This regulation spells out the steps all employers must take to prevent accidents associated with hazardous energy. The

standard addresses practices and procedures necessary to disable machinery and prevent the

release of potentially hazardous energy while maintenance or servicing activities are performed. With this being said you may ask yourself "if I unplug a radio or microwave oven after use, do I need LOTO?" No you do not. Exposure to hazardous energy is controlled completely by unplugging the equipment from an electric outlet and where the employee doing the service or maintenance has exclusive control of the plug. This applies only if electricity is the only form of hazardous energy to which employees may be exposed. This exception encompasses many portable hand tools and some cord and plug connected machinery and equipment.

In closing, when dealing with LOTO and you are not sure, do not hesitate to ask for assistance. The shop supervisor, the person doing the actual work, or the Wing Safety office can provide more extensive detail concerning LOTO in your work center.






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Loans for Autos, RV's, Life in General**

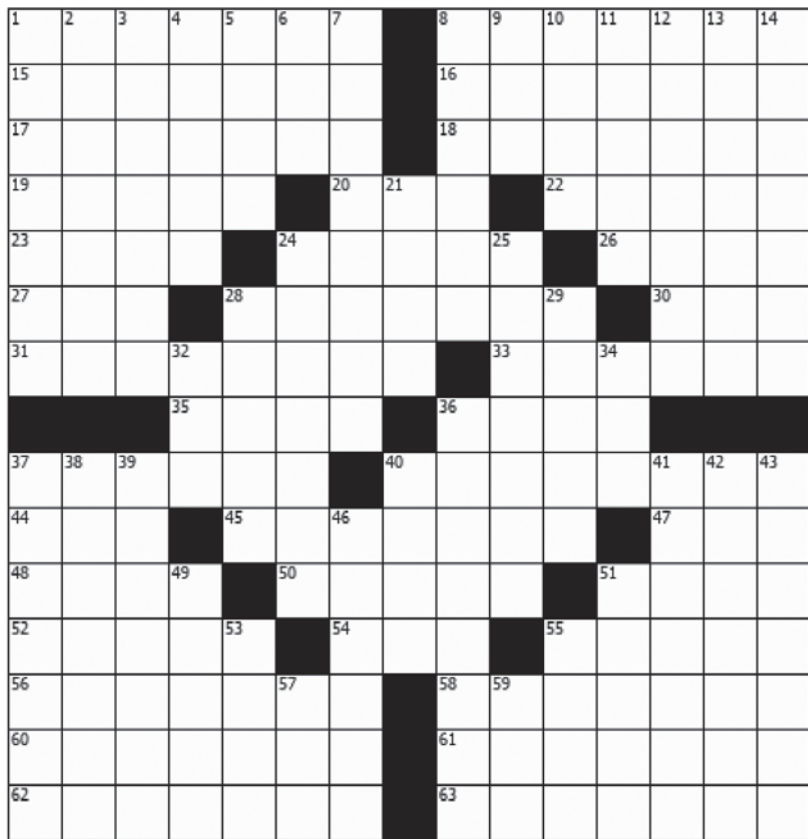
ATM conveniently located at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive  
Minot • 1819 S Broadway

 nscu.com  

# CROSSWORD PUZZLE

- Across**
- Syrupy
  - Took tiffin
  - Psych up
  - Do over
  - Spectator, often
  - From Washington
  - Hair care
  - Check for accuracy
  - Bulrush
  - Important decades
  - Keep engaged
  - Japanese legislature
  - Derrick
  - Got out
  - Before
  - Places for bells
  - Laughed heartily
  - Heavy metal
  - Flower holders
  - Cowboy gear
  - Dali or Picasso
  - Zoologists' mouths
  - Copy
  - 65 or so
  - Tsp. and oz.
  - Unmanned plane
  - It means "huge"
  - Rock's frequent costar
  - Arab leader
  - Less tanned
  - Betraying bile
  - Everyday
  - Business wear
  - Short times
  - Worked on axles
  - Most frugal



- Down**
- |                         |                          |                            |
|-------------------------|--------------------------|----------------------------|
| 1. Evensong             | 13. Knickknack stand     | 39. Daily grind            |
| 2. Be left              | 14. Expunged             | 40. Work hard              |
| 3. Computer memory      | 21. Party nights         | 41. Quartet song subject   |
| 4. They're close to you | 24. Like sisters         | 42. Substitute rulers      |
| 5. Scoreboard data      | 25. High-rise amenity    | 43. Honey                  |
| 6. Profit from          | 28. Primitive weapon     | 46. Beseached              |
| 7. Maintained           | 29. Richie Valens tune   | 49. Alaska's first capital |
| 8. Brought up           | 32. Ivy leaguer          | 51. Livy's parent          |
| 9. Navajo foe           | 34. Faulkner title start | 53. Mounts gemstones       |
| 10. Beatty et al.       | 36. Peeved               | 55. Night prowler          |
| 11. Postmen have one    | 37. Dock work            | 57. Sprawl                 |
| 12. More robust         | 38. Gunsmith             | 59. Alley follower         |

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

B	U	B	B	A		E	F	T	S		P	A	P	A
A	L	L	O	W		N	O	E	L		I	R	A	N
S	T	E	P	L	I	V	E	L	Y		C	E	N	T
I	R	A		D	O	S	E		S	K	A	T	E	
L	A	R	G	E	L	Y		T	H	O	U			
			E	W	E		C	H	I	P	P	E	W	A
A	D	D	T	O		K	O	O	K		S	L	A	P
Q	U	I	C	K	E	N	O	N	E	S	P	A	C	E
U	S	E	R		T	E	E	S		T	E	N	O	R
A	T	T	A	I	N	E	D		C	U	E			
			C	R	A	B		S	A	N	D	M	A	N
S	M	O	K	E		R	O	W	S			A	N	A
T	A	X	I		M	A	K	E	T	R	A	C	K	S
O	M	E	N		A	C	R	E		E	X	A	L	T
P	A	N	G		N	E	A	T		D	E	W	E	Y

# SUDOKU

			1					
2		3	4		5		6	
		7		3				5
	8			2				1
	9		5		1		7	
1				6			4	
5				4		1		
	4		7		9	2		3
					8			

Solution to puzzle on page C7

FRIDAY, JUNE 17 1800  
 SATURDAY, JUNE 18 1800  
 SUNDAY, JUNE 19 1800  
**LIGHTYEAR** (PG)

FOLLOW REEL TIME MOVIE THEATER MINOT, AFB ON FACEBOOK OR VISIT MINOT EXCHANGE WEBSITE FOR UP TO DATE MOVIE LISTINGS

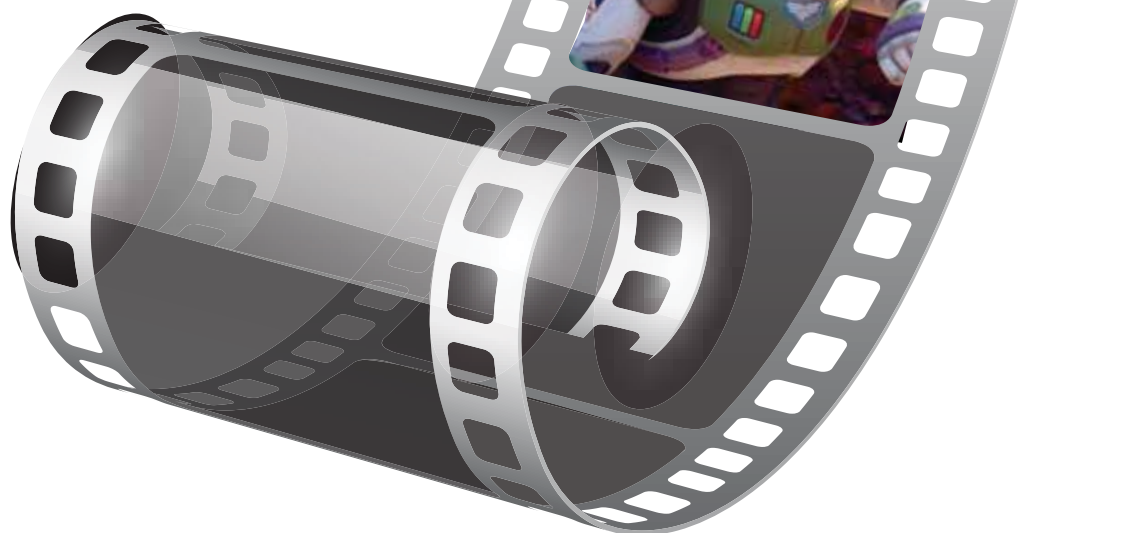




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# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Chapel Services at MAFB**

*North Plains Chapel in Base Housing*

Protestant Liturgical Service  
**Christ Chapel**  
0900  
(Beginning on Pentecost, June 5)


Protestant  
**Sunday Community Service**  
1030  
(Holy Communion 1st Sunday)  
Children's Church during school year

*Wicca, Pagan, and Neopagan Services*  
**Open Circle**  
1000 on the 1st and 3rd  
Saturdays of every month  
(Beginning June 4)

*Northern Lights Chapel across from Rockers*

**Catholic Mass**  
Sunday ..... 1000  
Daily ..... Monday-Thursday at 1200

**St. Peter The Aleut Eastern Orthodox Church**

 **109 6th St. SE Minot • 838-3094**

**Saturday, June 18**  
5 PM, No Vespers

**Sunday, June 19**  
10AM, Congregational Prayer Service

  
**Break Forth BIBLE CHURCH**

Wednesdays 7:00pm  
and Sundays 10:30am

**1821 W Burdick Expressway**  
For More Information:  
701.353.9337 | [www.bfbc.tv](http://www.bfbc.tv)

  
**An Evangelical Free Church**  
3500 4th St. SW • 839-5127  
(Just North of Super Wal-Mart)

Sunday School & Fellowship ..... 9:00 a.m.  
Worship ..... 10:30 a.m.

[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
Worship Service at 10:45am Sundays  
Sunday School at 9:45am

**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)

  
**Immanuel Baptist Church**

1615 2nd St. SE, Minot  
701-839-3694

**Sunday Worship**  
10:00 am

[www.ibcminot.org](http://www.ibcminot.org)  
e-mail: [immanuel@srt.com](mailto:immanuel@srt.com)

  
**Christ Reformed Church**

Worship 11:00 a.m. Sunday  
234 14th Ave SE  
[www.christreformedchurchminot.com](http://www.christreformedchurchminot.com)

**St. John the Apostle Catholic Church**

2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday ..... 5:15 p.m.  
Wednesday - Friday ..... 7:00 a.m.  
Saturday ..... 5:00 p.m.  
Sunday ..... 8:00 & 10:30 a.m.


Fr. David A. Richter, Pastor  
Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
120 5th Ave. NW  
852-4853

Sunday Worship  
9:30 am

[www.firstlutheran.tv](http://www.firstlutheran.tv)  
(Live Stream & Recorded)  
Radio Broadcast KRRZ 1390AM  
Sunday 9:30 am  
[www.flcminot.com](http://www.flcminot.com)

Pastor Brandy Gerjets • Pastor Ellery Dykeman

  
**Gospel Tabernacle Community Church**

9999 27th St NE  
4 miles south of MAFB  
James W. Henderson  
Anna B. Henderson

**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**

Sunday School ..... 9:45 a.m.  
Adult/Children Worship.. 11 a.m.  
Family Hour ..... 6:30 p.m.  
Evening Worship ..... 7:30 p.m.  
Bible Study/Child-Adult  
Children Worship (Wed).... 7 p.m.  
Prayer (Friday) ..... 7 P.m.

  
**JOURNEYCHURCH**  
ASSEMBLY OF GOD

**1805 2nd St. SE**  
**838-1111**

**Sunday Services**  
9:00 AM & 11:00 AM

**Wednesday**  
6:30 PM

**Minot Baptist Church**

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
Morning Worship .... 11:00 a.m.  
Evening Worship ..... 6:00 p.m.  
Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV  
**500 46th Ave NE • 839-1351**  
Pastor David Miller

  
**Cross Roads Baptist**

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
Sunday Worship ..... 11 a.m. & 6:30 p.m.  
Wednesdays (Prayer & Missions) ...6:30 p.m.

[www.minotcrbc.org](http://www.minotcrbc.org)  
email: [minotcrbc@gmail.com](mailto:minotcrbc@gmail.com)  
**Dr. Bob Farmer- Pastor**

**415 28th Ave SE (Behind Menards)**  
**838-1873**

  
**West Minot Church of God**  
Family Worship Center

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Children's Church & Nursery  
Wednesday Family Training Hour  
Meal..... 5:30p.m.  
Classes for All Ages ..... 6:30 p.m.  
Youth Center, Friday..... 7:00 - 11:00 p.m.  
ABC Child Care Center.....852-6352

[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)

  
**First Baptist Church**  
200 3rd St. SW • 852-4533  
[www.fbcminot.org](http://www.fbcminot.org)

Classic Worship Service ..... 8:30 a.m.  
Sunday School (All Ages) ..... 9:45 a.m.  
Contemporary Worship Service..... 9:50 a.m.  
Contemporary Worship Service..... 11:05 a.m.  
Children's Church ..... 11:05 a.m.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor  
Rev. Barry Seifert, Associate Pastor  
Pastor Sam Kautzmann, Student Ministries  
Elaine Carlson, Children's Ministry Director

**Apostolic Faith Church, UPCI**

**2929 19th Ave NW • Minot**  
Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
Sunday Worship ..... 3:30 p.m.  
Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**

  
**OUR REDEEMER'S CHURCH**  
A Church of the Lutheran Brethren

**Sundays:**  
Worship..... 9:00 a.m. & 11:00 a.m.

**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

**ORCS Preschool**

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

**NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR**

**HIGHLIGHTS OF OUR PROGRAM**

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
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- All teachers hold a North Dakota Professional Educator's License
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**701.839.0772**  
Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
Website: [www.orcsknights.org](http://www.orcsknights.org)

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email [NSADS@SRT.COM](mailto:NSADS@SRT.COM)

VIEW OUR PAPER ONLINE AT [NORTHERNSENTRY.COM](http://NORTHERNSENTRY.COM)

  
**OUR REDEEMER'S CHRISTIAN SCHOOL**  
**ORCS KNIGHTS**

  
Our Redeemer's Christian School  
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Minot, ND 58701  
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[www.orcsknights.org](http://www.orcsknights.org)

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# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## UPCOMING EVENT

### STAMPING & SCRAPBOOKING SALE

Huge 15th Annual Multi-Party.  
Over 35 sellers with 1000s of items!!! Cash only.  
Saturday June 25th  
9 a.m to 3 p.m.  
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six blocks east of Longfellow School

June 24

## RUMMAGE SALE

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**15% Military Discount!**

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NEXT MARKET DATES:

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OCTOBER 8 & 9

NOVEMBER 12 & 13

DECEMBER 3 & 4

N.D. State Fair Grounds.  
Admission: 10 & Under Free  
Ages 11+ \$2. Vendor information  
[dakotafleamarkets@gmail.com](mailto:dakotafleamarkets@gmail.com) or  
call 701.278.0866

tfn

## WANTED TO BUY

**AUTO BENT UP OR JUNKED??**

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701.240.7453.

Sept 2

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701-839-0475 or 701-721-  
0475.

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Call (701) 837-1687 or (701)  
720-1933

June 27

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FRESH CHICKEN

Farm-raised Butchering Chicken

GRASSFED BEEF

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FRESH FARM EGGS

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605 27th St SE, Minot ND 58701  
Or contact: Matt Mackey  
By email or phone at  
[mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
701-852-1014

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TRUSTWORTHY INDIVIDUAL.  
Part-Time Retail sales 25-35 hrs/  
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Hobby Shoppe, 2112 N.  
Broadway.

THE NORTH DAKOTA  
NATIONAL GUARD have  
openings available in a variety of  
career fields across the state and  
in Minot. Continue your military  
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more information call 420-5903  
or 420-5904 in Minot.

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### IMMEDIATE FULL AND PART TIME OPENINGS

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daytime and evening custodial  
positions cleaning buildings at  
the Minot Air Force Base. Pay  
is \$14.49/hour plus health  
& welfare benefit. Hours  
Days 8a or 9a-finish typically  
Monday through Friday, may  
include weekend work. Nights  
5p-finish. Apply in person  
at: 605 27th St SE, Minot  
ND 58701 or contact: Matt  
Mackey By email or phone  
at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
701-852-1014.

tfn

### ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only

- Adult Hours Tuesday-Friday  
7am-4pm

- Later start times available but  
must be able to stay until  
4pm & Sunday 11am-6pm

- Teen Hours

Tuesdays-Friday 4pm-7pm &  
Saturday 7am-6pm

- Morning start times rotate &  
vary. Please speak to Charlie  
at the commissary if interested or  
leave contact information with  
customer service.

## RENTALS

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on North Hill available 4 rent. 2  
Bdrm + 1 bath. \$655 to \$795.  
Call Matt or Jerry at IPM. 852-  
1157

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**HOUSE FOR RENT - 30 PAVED  
MILES FROM MAFB.** Choice of  
4 School Districts. 2 Bedroom- 1  
Bath. Double Garage. \$550.00  
Call (701) 768-2692 or (701)  
263-2093

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## REAL ESTATE

Find ALL listed homes for sale  
in Minot and the surrounding  
areas at [www.brokers12.com](http://www.brokers12.com).

tfn



**FOR SALE- AWESOME 3  
BEDROOM HOUSE ON MAIN ST  
IN DEERING** - 18 miles to MAFB.  
All electric. Radiant floor heat.  
Galley kitchen w/solid maple  
cabs, quartz countertops, tons  
of storage. Full bath downstairs.  
Upstairs master - 1 3/4 bath,  
walk-in closet. Garage-19'X39'.  
In McHenry county=much lower  
property taxes. \$169,500 e-mail:  
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June 17

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3 Bedroom- Decks on Front &  
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Kevin Beeter, Lic. #464 - Clerk Lic. #199

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- ▶ Notify location and destination
- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

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**(701) 727-2233**  
**(701) 727-AADD**

**THURSDAY, FRIDAY & SATURDAYS**  
**09:00 PM – 02:00 AM**

**HOLIDAY WEEKENDS**  
**08:00 PM – 03:00 AM**

Thanks to SRT for donating the  
phone services for AADD



# CLASSIFIEDS

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## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 4 Jul-4 Sept. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/ or Teams phone: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

### PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



### SUDOKU SOLUTION

PUZZLE ON PAGE C4

8	5	9	1	7	6	3	2	4
2	1	3	4	9	5	7	6	8
4	6	7	8	3	2	9	1	5
7	8	6	9	2	4	5	3	1
3	9	4	5	8	1	6	7	2
1	2	5	3	6	7	8	4	9
5	7	8	2	4	3	1	9	6
6	4	1	7	5	9	2	8	3
9	3	2	6	1	8	4	5	7

### BARBERSHOP

**Get Faded**

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# WHAT'S GOING ON MAFB

## FRIDAY 17

- AFGSC Family Day
- For full listing Juneteenth holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Action Movie Night, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 18

- For full listing Juneteenth holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Barre Strength, 1000, Fitness Center
- Beginner Dungeons & Dragons, 1600, ESC

## SUNDAY 19

- For full listing Juneteenth holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Zumba, 1400, Fitness Center

## MONDAY 20

- Juneteenth Observed
- For full listing Juneteenth holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)

## TUESDAY 21

- Game Day, 1000-1930, Minot AFB Library
- Summer Luau Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Run for Fitness, 1700, Fitness Center
- Zumba, 1830, Fitness Center

## WEDNESDAY 22

- Right Start, 0800-1030, Jimmy Doolittle Event Center, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Fighting Game Night, 1800, ESC, inside Bomber Bistro

## THURSDAY 23

- Pre-Separation Counseling, 0830, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- EFMP Museum Visit, 1030-1230, Dakota Territory Air Museum, hosted by A&FRC
- Run for Fitness, 1700, Fitness Center
- Art Resin Charcuterie Board Class, 1730-1930, Arts & Crafts Center
- Zumba, 1830, Fitness Center

## FRIDAY 24

- Registration Ends: 2022 Youth Programs Residential Camps
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Game Night Series: Apex Legends, 1800, ESC
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 25

- Match Play Tournament, 0900, Rough Rider Golf Course
- Warhammer 40,000 Casual Game Day, 1600, ESC

## ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

## JUNE SPECIALS

**Bomber Bistro • Chicken Bacon Wrap**  
Chicken, lettuce, tomato, red onion, swiss cheese, bacon, and ranch or spicy ranch on your choice of spinach, flour, or garlic tortilla. Served with chips and a drink.

**The B-Fifty Brew • Lemonade**  
Awaken your taste buds with the zing of refreshing lemonade. This tangy, fresh sip puts a little zip in your step! Take it to go today!

**Rockers Bar & Grill • Roadhouse Burger**  
Seasoned 1/3lb burger piled high with cheddar cheese, pulled pork, honey bacon, garlic mayo, sautéed jalapeños, and onions topped with smokey barbecue sauce. Served with fries!

**Art Resin Charcuterie Board Classes**  
at Minot AFB Arts & Crafts  
4th Thursday of every month  
5:30pm - 7:30pm • Cost \$60.00  
Join us & make your own art resin charcuterie board!



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**NAF RAPID HIRING FAIR**  
29 June 2022 • 1PM - 5PM  
Rough Rider Golf Course

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**2022 Space Camps & Teen Leadership Camp**

**Space Camp**  
Session 1: 24-29 July 2022 - Huntsville, AL  
Session 2: 14-19 August 2022 - Huntsville, AL

**Teen Leadership Camp**  
Session 1: 15-21 August 2022 - Estes Park, CO

Registration due 24 June 2022  
Submit application through DAF Camps workflow box at: [AFSVC.IVPV.Camps@us.af.mil](mailto:AFSVC.IVPV.Camps@us.af.mil)

Selections will be announced no later than 30 June 2022

For more information, call the Youth Center at 723-2855

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**WARHAMMER 40,000 CASUAL GAME DAY**  
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