

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 26 | MINOT AIR FORCE BASE | FRIDAY, JULY 1, 2022



## WHATS INSIDE THIS WEEK:



COL WALTERS  
REFLECTS ON  
MINOT

A6



BEST BASES  
IN THE AIR  
FORCE:  
JOINT BASE  
ELEMENDORF-  
RICHARDSON

B3



## 5TH BOMB WING CHANGE OF COMMAND

Col. Michael Walters (center) relinquishes command of the 5th Bomb Wing to Col. Daniel Hoadley (right) at Minot Air Force Base, N.D., June 23, 2022. See page A3 for more coverage.

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# Let's get Hiking: Woodland Trail

ERIN BEENE

Hiking is notably one of the adventurer's favorite summer pastimes. Hiking, otherwise known as walking in nature-filled outdoors locations, is described by the American Hiking Society as having tons of individual benefits: "Walking is one of the lowest impact sports around. This means that while you derive all the cardiovascular benefits of other aerobic activities, you do so with a minimum of stress, strain and pounding to your body." According to them, hiking can reduce the risks of hypertension, diabetes, heart disease, obesity, anxiety, osteoporosis and arthritis. With all these added health benefits and the relative ease of the activity, it stands to reason that this venture should be enjoyed

by everyone, especially when the weather is nice. Minot residents are in luck when it comes to having the opportunity, lovely summer weather and the close proximity to various nature filled trails to hike. One such beautiful and easily accessible trail is the Woodland Trail located in North Minot.

The Woodland Trail is maintained by the Minot Parks District. Its location is tucked away on HWY 83 Bypass, after crossing the Souris River and before reaching the HWY 52 intersection. Visitors can find the small parking lot, vault toilets and trail sign at the start of the walk. This mostly-tree-covered pathway has multiple ways, forks and options to explore. The cleared hike spirals through

trees, grasslands, bridges and river beds. It is a fairly easy hike with no large hills or treacherous landscapes, which makes it ideal for kids and pets alike. The trail, though marked clearly, does have multiple shoot-outs and a maze-like fluidity that lends its hand to confusion of direction if one is not paying attention.

The Woodland Trail is an easy way to get outdoors with the family and engulf in nature; however, it is not the only hiking trail in Minot. There are many parks and trails available for outdoor enjoyment this summer. More info about the hiking trails around town can be found at <https://minotparks.com/trail-maps/>.



Well-kept and shaded path on the Woodland Trail.



Introduction to Woodland Trail in West Minot.



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# The Future of the Warbirds

SENIOR AIRMAN ZACHARY WRIGHT, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

In 1919, during the infancy of military aviation, the 2nd Observation group was founded on Aug. 15 at Luke Field in the Territory of Hawaii. In 1921, the group was re-designated as the 5th Observation Group, flying the DeHaviland DH-4 aircrafts. Now, nearly a century later, the 5th Bomb Wing and their fleet of B-52H Stratofortresses assume the mantle of "Guardians of the Upper Realm," continuing their storied legacy.

"This is the most strategic installation in the Department of

Defense," said Col. Walters.

"I can assure you folks, right now the world is watching. Adversaries and allies alike are watching what Minot Air Force Base does. It watches as we reassure our allies and deter our adversaries and because of that unblinking eye, every day this wing executes its primary mission. A no-fail mission. And in these last 2 years, I've seen you answer the call time and time again."

Col. Walters assumed command of the 5th Bomb Wing in July of 2020 and since then has lead the Bomb Wing to several achievements, including 10 Air

Force-level awards, 108 Air Force Global Strike Command-level awards, the first sub-zero temperature generation in 15 years and the 2020 Brigadier General Frederick W. Castle Memorial award as the top Strategic Bomber Wing.

"Teammates, you set the standard for others to follow," said Walters. "Simply put, you showed others what right looks like; pride and professionalism that's second to none. So every Warbird operator, maintainer, defender, first responder, engineer and support services personnel, your selfless acts,

your grit and determination, are truly awe inspiring. You are the personification of 'Only The Best Come North'."

On June 23rd, 2022, Col. Walters relinquished command of the 5th Bomb Wing to Col. Daniel S. Hoadley and with it, the Wing's 5.4 billion dollar nuclear stockpile, 28 B-52s and the Department of Defense's largest personnel reliability assurance program.

"Warbirds, we share a weighty responsibility," said Hoadley.

"In an era of great power competition, the nation expects us to provide global strategic deterrence indefinitely... it's a tall

order for sure. But we must do this. We can do this. We will do this. Because only the Best Come North."

The global strategic bomber presence mission is one of the Air Force and Department of Defense's most crucial missions, ensuring our allies that we are both willing and able to decisively strike anywhere in the world at any time. The Airmen of the 5th Bomb Wing now look to Col. Hoadley to carry on their already successful legacy and with that, pledge that they are ready to execute lethal global strike tonight & every night.



Col. Michael Walters relinquishes command of the 5th Bomb Wing to Col. Daniel Hoadley at Minot Air Force Base, N.D., June 23, 2022.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ZACHARY WRIGHT



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**5th Bomb Wing Vice Commander:**

Col. Michael D. Maginness

**91st Missile Wing Commander:**

Col. Kenneth C. McGhee

**91st Missile Wing Vice Commander:**

Col. Johnny L. Galbert

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MINOT AIR FORCE BASE NEWSPAPER  
WWW.NORTHERNSENTRY.COM

# The Northern Sentry Welcomes Col's Hoadley and McGhee



A VIEW FROM OUR SIDE  
ROD WILSON, NORTHERN SENTRY



Not every Air Force base has a community newspaper like the Northern Sentry. Yes, our paper is certainly unique in that we generate stories about Minot Air Force Base and are vigilant in providing base organizations a communications resource for Minot AFB events.

The Northern Sentry is also a resource for human interest stories about those active duty and dependents assigned to Minot. Working with, and through, 5th BW Public Affairs, we also do interviews with not only Minot AFB leadership, but other guests who may visit the base as VIPs.

The past three weeks have once again been special as both the 5th Bomb Wing and the 91st Missile Wing have changed commanders. We, The Northern Sentry, were honored to be in the audience as Col. Daniel Hoadley and Col. Kenneth

McGhee received the guidon that denotes their leadership of their respective wings. Each incoming Commander is given the opportunity to say a few words to the assembled audience, and of course Col. Walters and Col. Menuey were given an opportunity to render thanks and gratitude.

Because of the dual nuclear mission, Minot Air Force Base is a very strategic base. As such, there are unique challenges on Minot Air Force Base and that is where the Minot community and the Northern Sentry step in to help.

The one and only focus of The Northern Sentry is cover the missions of Minot Air Force Base. When asked to cover events on base, we are front and center. Our partnership with Public Affairs is also unique, and we publish photos and news stories both about

Minot AFB, and also about the many Minot AFB personnel who make a difference in our community by volunteering and getting involved. Recognition is important, and we try hard to make sure that we share the "good" news that happens every day on, and around, Minot AFB.

What we have learned over the years is that each leadership change will bring new ideas. Our newspaper is ready to "march to a different beat," if you will, and be ready to cover the missions now defined by Col. Hoadley and Col. McGhee. We welcome both of you, and your families, to Minot. The last change of command took place in the midst of COVID restrictions. We hope those days are behind us, as it will allow for a more normal relationship between the base and the community. A relationship that will foster many new friendships, as

we move forward with great expectations for the next two years...and beyond.

Rod's Best Kept Secret This Week?

Downtown Thursday Nights.

Be sure and mark your calendars as every Thursday night there is music, food, and vendors on Minot's Downtown Main Street. No cost for admission. Events normally start at 6:00 PM, wrapping up around 9:30 PM. Soon there will be Farmer's Market vendors downtown with fresh produce and other unique locally produced products.

Today's Chuckle: You Don't Stop Laughing When You Grow Old...You Grow Old When You Stop Laughing...

Have a great week.

## Candid Career Conversations

I HAVE to go to work, or I GET to go to work. Where do you fall?

There are two things in life we have complete control over – our attitude and our reaction! Everything else, let's face it, is out of our control. The statement about how you view work is all about attitude and reaction.

Do you look at work as I HAVE to go to work? If so, why is that? I could easily focus on so many negatives, but I want this conversation to be focused on what you can do if you do not enjoy going to work. Now don't get me wrong, there are going to be challenging/frustrating days even at your dream job, but if your overall attitude and/or reaction to work is "I HAVE to go to work" it's time to do some career assessing. So where do you start with your career assessment?

First, reach out to your nearest Job Service North Dakota Workforce Center. We have nine

local offices across the state (find locations at [jobsnd.com](http://jobsnd.com)). We

want to assist you in discovering your potential and connecting you to your purpose. We have dedicated staff ready to guide you through career assessments and job searching, building an impactful resume, and conducting mock interviews. You may qualify for the Workforce Innovation and Opportunity Act (WIOA) program. WIOA can provide funding for classroom training or work with an employer who can provide on-the-job training (OJT) - learn while you earn!

Second step, make a list of your skills. What are your hard skills? Hard skills are technical, tangible skills – using computers, bookkeeping, repairing equipment, operating a payload, serving customers. What about your soft skills? Showing up on time, courteous to teammates and customers, working as a team, you



SUSAN OGUREK  
WORKFORCE CENTER MANAGER  
JOB SERVICE NORTH DAKOTA  
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get the point.

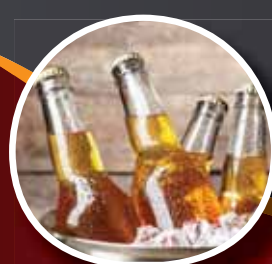
Next, what do you want to do for a career – not just a job! If it has been a while since you took a career assessment, we can help with that. A great place to start is [RUready.nd.gov](http://RUready.nd.gov) – it's not just for students. Career planning allows you to discover your interests, skills and work values and match them to a career. With the assessment you will receive a list of potential careers to explore. In some instances, your current skills may transfer, in this case you may

just need an OJT opportunity. One of our preferred employers may be willing to provide the opportunity.

We are currently in a job seekers market; employers need employees and may be willing to train you for your next career. You might have barriers to overcome to make this happen, but sitting down with your nearest Job Service North Dakota team member is your first step in overcoming these barriers and getting you on a path where "you GET to go to work."

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# VOLUNTEER OPPORTUNITIES

**ND State Fair Volunteers (1st event)**

(July 22)  
The first event is the ND STATE FAIR on Friday 22 JUL 22.

**5 FSS Summer Bash (2nd event)**

We are needing committee members and volunteers. Let's help support our Dragon Family!

If you are interested please contact the following board members:  
 devin.wigley@us.af.mil  
 demetrius.smith.2@us.af.mil  
 abu.djeri.1@us.af.mil  
 kelly.bren@us.af.mil

Let's help support our Dragon Family!

**Minot AFB Freedom Fest**

(July 1)  
The Minot AFB Freedom Fest is fast approaching as the events will all be on Friday July 1st and will feature the Red, White, & Blue 5k, the Firecracker Golf Scramble, some awesome STEM activities at the Base Library, games and prizes at the base Pool, Food Trucks, Kid's Zone, and Go-Carts at the Turf, and culminate with an awesome Fireworks display. With all of these activities planned there is a need for volunteers. Here are the areas in need:

- 0630-0830 12 Volunteers to be road guards and throw color at the Fitness Center for 5k
- 1200-1400 10 Volunteers at Outdoor Recreation to help haul equipment
- 1500-2000 6 Volunteers to assist with Go-Carts
- 1800-2200 10 Volunteers to assist with the Kid's Zone
- 2230-2330 10 Volunteers to assist with Event teardown
- 2315-0100 4 Volunteers to help with Fireworks Cleanup

To sign up for to volunteer shift please contact Mr. Nima Sarrafzadeh nima.sarrafzadeh@us.af.mil or 702-675-5155

**To have your volunteer opportunity posted, please contact**

Minot AFB Airman & Family Readiness Center  
 701-723-3950  
 5fss.family.support@us.af.mil



**ND State Fair Security**

(July 28-30)  
5th FSS 740th, is looking for volunteers to help support the NDSF security team. Please see the slots on the sign-up sheet, located in the link below. We really need support on the 28th - 30th, but if other slots are open, feel free to take them.  
<https://docs.google.com/spreadsheets/d/1G-41oecHfio8RpONIH-B58ZgwAGXL9vwf6Jrwn6VIXI/edit>

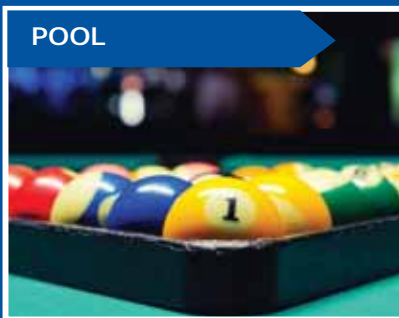
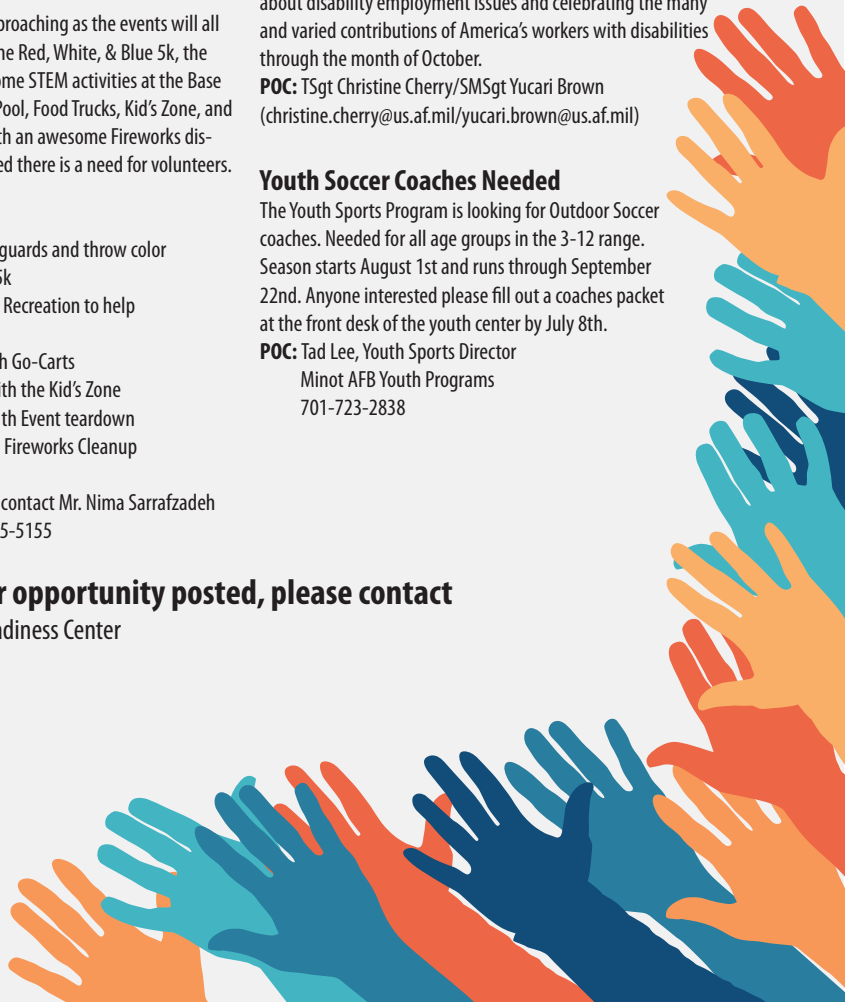
**POC:** TSgt Andrea Butler 701-723-1484  
 Email: andrea.butler@us.af.mil  
 SSgt Jamaal Taylor, 701-723-7767

**National Disability Employment Awareness Month Planning Committee Lead**

(October)  
Need individual to lead an awareness campaign educating about disability employment issues and celebrating the many and varied contributions of America's workers with disabilities through the month of October.  
**POC:** TSgt Christine Cherry/SMSgt Yucari Brown (christine.cherry@us.af.mil/yucari.brown@us.af.mil)

**Youth Soccer Coaches Needed**

The Youth Sports Program is looking for Outdoor Soccer coaches. Needed for all age groups in the 3-12 range. Season starts August 1st and runs through September 22nd. Anyone interested please fill out a coaches packet at the front desk of the youth center by July 8th.  
**POC:** Tad Lee, Youth Sports Director  
 Minot AFB Youth Programs  
 701-723-2838



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**A LOOK BACK**  
THIS WEEK IN USAF HISTORY

**OPERATION NEW TAPE**  
JULY 8, 1960

In 1960, the Belgian Congo, a colony in West Central Africa, was granted independence and became the Republic of the Congo. Due to a power-sharing struggle between two opposing political parties and continuing unrest, a civil war broke out. The United Nations deployed troops to help keep the peace as the nation was torn apart. In order to evacuate refugees from the Belgian colony, Operation NEW TAPE began on July 8, 1960. The operation evacuated over 300 American civilians, delivered more UN troops, and flew other humanitarian relief missions. USAF in Europe provided medical air support. The 317th Tactical Hospital Detachment from Evreux Air Base, France, even set up a dispensary. C-130s and C-124s from various American and European squadrons were used to airlift over 1,000 tons of food and over 2,500 refugees. Operation NEW TAPE lasted four years and at the time, became the biggest airlift since the Berlin Airlift.

USAF C-130 from the 40th Tactical Airlift Squadron loads up Swedish troops who were deployed to Congo on July 20, 1960. (UN Photo)

Information courtesy of: [media.defense.gov](http://media.defense.gov) / [airforcemedicine.af.mil](http://airforcemedicine.af.mil) / [AirMobilityCommandMuseum.org](http://AirMobilityCommandMuseum.org) / [arsof-history.org](http://arsof-history.org)

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Col. Michael Walters takes command of the 5th Bomb Wing on July 16, 2020.

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# Col Walters Reflects on Minot

ROD WILSON

Col. Michael Walters and his family arrived at Minot Air Force Base in the midst of a COVID 19 Pandemic. The entire group that gathered for the change of command wore masks and chairs were social distanced. By contrast, Col. Walters handed off the guidon for the 5th Bomb Wing to Col. Daniel Hoadley with a much larger audience, years after the height of COVID.

At our first interview late in the summer of 2020, Col. Walters shared that he, and his family, had chosen Minot because “it’s hard.” Our conversation would continue with an explanation. Minot is hard for the obvious reason: the weather. People from more temperate climates do not acclimate well to the below zero temperatures. But Col. Walters explained that it was more than that which makes Minot “hard.” It was the percentage of first term Airmen that arrive in Minot, many of whom live in the dorms on base, a fair distance from downtown Minot and the activities the community offers. But in Col. Walters’ eyes, it is working through those issues that molds those Airmen for performing the mission at Minot Air Force Base.

At the end of his two-year journey, Col. Walters has mixed emotions on the eve of his last day as Commander of the 5th Bomb Wing. “The mission is challenging,

and very all consuming,” says Walters. “The weather you can get by, but the operational tempo, how do you perfect that recipe where you are balancing the quality of life, the health and welfare of the Airmen in a no fail mission? I don’t think I perfected it; you just do the best you can, which is what I did in my two years here.”

Col. Walters set a high standard for not only himself, but for the Airmen at Minot Air Force Base because he wanted them to “experience being varsity. I wanted them to appreciate the value of hard work and see the product of

that hard work. They start woe is me in Minot, North Dakota, but then you turn them around and they become this amazing young Airmen.”

Col. Walters looked at Minot as a place where Airmen are challenged, and because of that challenge they have to work harder and that makes them better. “I want people to make mistakes, but I want them to make those mistakes and then move on because they have gotten better. I want them to be prepared for that next challenge when it comes.”



Walters Family

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He describes both Minot Air Force Base and the community of Minot as amazing. "Our mission is 24/7. We are constantly being watched by our allies and our adversaries. When you are part of a no-fail mission, you have to be that good," according to Walters. "And that is what makes our base, and our community so amazing."

How would Col. Walters like to be remembered? "What I would like to think is that they saw me as the person that maximized the opportunity in this office to make the wing better, to make the Airmen better, and to make the conditions better for our families and to advocate for our force and families." After pausing a minute,

Col. Walters finished the interview with another thought, that he cared so much that he pushed us to be a better version of ourselves.

Here's wishing you and your family the very best Col. Walters. Only the BEST come north, and only the very best leave.



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Minot AFB – Army & Air Force Exchange Service shoppers make life better for military communities around the world and, in 2021, they did their part, generating \$239,989 in critical support for Air Force and Space Force Quality-of-Life programs at Minot AFB.

In total, Exchange shoppers worldwide generated \$205 million in support last year which was provided directly to the Services. In the last 10 years, the Exchange has provided \$3.5 billion in earnings for military Quality-of-Life programs.

100% of Exchange earnings are re-invested in military communities, with about 60% historically going to support on-base Quality-of-Life programs and remaining earnings used to further enhance the shopping experience at BXs, Expresses and online at

ShopMyExchange.com.

“Thank you to the community for helping make life at Minot AFB better,” said Minot AFB Exchange General Manager Brian M. Read. “When you shop the BX, fill up at the Express or eat at the Exchange food court, you bolster vital support for Airmen and their families.”

Minot AFB Airmen and families can read about the ways shopping their Exchange supports military communities worldwide in the Exchange’s 2021 Mission Report, which can be found on Exchange’s online Community Hub at ShopMyExchange.com/Community. Worldwide 2021 efforts include:

- Welcoming 575,000 new shoppers, as a change in Department of Defense policy allowed DoD and Coast Guard civilian employees and retirees to shop the Exchange.

- Serving 59,000 troops overseas throughout 45 military exercises.

- Expanding career opportunities for Veterans and military spouses. More than 54,000 Veterans and spouses have been hired since 2013, and the Exchange is aiming to increase that number to 75,000 by 2026.

- Increasing wellness services with the opening of the Exchange’s first chiropractic clinic, joining more than 260 vision centers, durable medical equipment stores, dental offices, nutrition centers and more.
- Upgrading the shopping experience with renovations or new construction at 21 stores.

“It matters where you shop,” General Manager Read said. “Choosing the Exchange makes a difference for the Minot AFB Exchange family.”



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**SUPER PARTY**  
• 2 Hour Party for up to 10 People  
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**ALL PARTIES INCLUDE:**  
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**4<sup>TH</sup> OF JULY** INDEPENDENCE DAY  
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**4<sup>TH</sup> OF JULY**  
INDEPENDENCE DAY

 **MINOT AREA CHAMBER EDC**





**4<sup>TH</sup> OF JULY**

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[skinnyweek.com](http://skinnyweek.com)



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**Happy 4<sup>th</sup> OF JULY**

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MILITARY RECEIVE 10% DISCOUNT ON SERVICE

**\$500** HYUNDAI MILITARY REBATE  
ON ALL NEW VEHICLES

# Community VOICES

## America, the Beautiful

MARTINA KRANZ

When the July 4th holiday arrives, I feel even luckier to live in the United States, even though our country is deeply divided over many issues. Discourse and disagreement are parts of democracy. The Native Americans, immigrants, and the rugged frontiersmen (and women) built a country where people could live in freedom. Americans possess the right to make their own lives happy and healthy with their intellectual freedom, not only with the freedom of speech, religion, press, assembly, and to petition the government. What is intellectual freedom? Intellectual freedom is defined as the right of every individual to seek and receive information from all points of view without restriction. It provides free access to all expressions of ideas through which any and all sides of a question, cause, or movement may be explored.

To me, Americans are also the quintessential do-it-yourselfers because from the beginnings of our country, Americans worked for their health and happiness on their own, not wanting the interference of any government, group, or individual and depending on their own ingenuity. As a librarian, I want people to educate themselves, which includes me, and the library is a beautiful place to do it. When I say a beautiful place, I don't mean the architecture or the furniture, I mean the wealth of knowledge at a patron's fingertips. Anyone may use the library and learn. Admission is free and so are the use of the books, magazines, newspapers, databases, games, computers, and all the other materials offered at the library. America the Beautiful, not only for her spacious skies, amber waves of grain, purple mountain majesties,

and fruited plains, but also for her beautiful beacon of intellectual freedom.

I always wanted a master's degree in fine art, but I earned a master's degree in library science instead. Finally, I eeny, meenie, miney, and moed and picked a major. I couldn't afford two master's degrees. Does this mean my dream is dead? No, not at all. I don't throw up my hands and quit. I decided to do the DIY MFA program developed by Gabriella Pierra in New York City. This program promised, according to Ms. Pierra, that I "gain the knowledge without the college." I paid for (\$500.00) and completed the basic DIY MFA program and use the free resources that her program offers. The program was what I expected and more. I still research about genres and other writing how-to's at the library with the many writing books in the collection. I also research about other subjects that might appear in my stories. I don't have that college diploma for a master's in fine arts, but with my intellectual freedom, I have gained the knowledge about a subject that I enjoy.

Don't quit on your dreams. Use all the resources you have, especially your intellectual freedom, at your disposal to discover and learn about anything you wish. Minot sports a city library (Minot Public), a county library (Ward County), and an academic library (Minot State). The existence of three different beacons of knowledge in this one small city is fantastic. This July 4th don't just celebrate the birth of America, but also her beautiful beacon of intellectual freedom and the libraries that help every citizen pursue it.

Do you have something you'd like to share with the world? Whether it's a pretty photo of Minot AFB, a fun piece of writing, or a picture of something your child made, send it to the Northern Sentry. Let us feature your creativity!

Send all submissions to nsads@srt.com

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Hours: Monday-Friday 8 a.m.-5 p.m.  
cfmminot.UND.edu

**Center for Family Medicine**

**SCHOOL OF MEDICINE & HEALTH SCIENCES**  
UNIVERSITY OF NORTH DAKOTA



# Upcoming Events

**2 JULY** MSU SUMMER THEATRE PRESENTS: A TASTE OF THINGS TO COME  
8:30 PM - 11:00 PM  
Minot State University Amphitheater  
7th St NW Minot

Ticket Pricing:  
Child (0-12) - \$5.00  
High School Student (13-18) - \$11.00  
Adult (19-54) - \$16.00  
Senior Citizen (55+) - \$11.00  
MSU (Faculty, Staff, Summer St) - \$11.00  
Deluxe Seating (\$25.00 - \$35.00)  
\*Children cannot sit on the deck. Patrons can drink on the deck before the show and during intermission. Deck tickets do not include free alcohol vouchers\*



For more information:  
Facebook/MSU Summer Theatre/Event

**4 JULY** MINOT PARKS 4TH OF JULY FESTIVAL  
12:00 PM - 3:00 PM  
Roosevelt Park, Minot

Celebrate Independence Day at Roosevelt Park!  
Enjoy Yard Games  
Live Music  
Local Food Truck Vendors  
Monday, July 4th from 12:00pm - 3:00pm  
This event is free to attend!  
If you are interested in being a food vendor at the Minot Parks 4th of July Festival, please visit <https://minotparks.com/events/fourth-of-july-festival/>



For more information:  
[www.minotparks.com](http://www.minotparks.com)

**6 JULY** SUMMER UNPLUGGED - IMAGINATION STATION  
1:00 PM - 3:00 PM  
Minot Family YMCA  
3515 16th St SW, Minot

The Imagination Station event is open to kiddos in the community from 1-3PM on July 6. We will have sensory stations with giant water beads, moon sand, plus things to build, create, and decorate, and Dizzy the Clown will be here too! The YMCA and Prairie Grit Adaptive Sports have come together to bring back the Summer Unplugged you know and love with in-person events. With the help of local partner organizations, each event will have tons of themed and fun activities to keep kids active, creative, and unplugged from their devices. Events will be held at the Y from 1-3PM.



For more information:  
[www.minotymca.org](http://www.minotymca.org)

**7 JULY** ARTS IN THE CITY: THURSDAYS DOWNTOWN!  
5:30 PM - 9:00 PM  
Main Street, Downtown Minot

FREE Live Music + Arts and Crafts Festival + Bounce Houses + Axe Throwing + Food Trucks and more!!  
Activities begin at 5:30. Music starts at 6! Two bands every night!  
Concert Schedule:  
July 7th - Minot Swing Band + Heather Rae  
July 14th - The Brothers + Myles Barcomb & the Sweet Dreams  
July 21st - It Was Her Idea + Little Chicago Funk  
July 28th - Jessie Veeder + Chris Basden  
August 4th FINALE! - Johnny SPUD + Soulshine!



For more information:  
Facebook/Minot Area Council of the Arts/Events

## On Base

**BOARD GAME MAKING CAMP**  
Minot AFB Library - 8 - 10 July  
Every Monday, Wednesday & Friday - 3:00 PM

Learns to design and create your own board game!  
Enter your game in a competition!  
Board Game Competition Saturday, 16 July - 3:00 PM  
Judges needed! Sign up today!

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**INTRAMURAL OUTDOOR SOCCER**  
WITH THE MCADOO FITNESS CENTER  
STARTS: JULY 18TH  
REGISTER BY: JULY 7TH  
GAMES WILL BE HELD AT MINOT AFB MIDDLE SCHOOL FOOTBALL FIELD  
COACHES MEETING: JULY 7TH 1:30PM AT MCADOO FITNESS CENTER

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# Best Bases in the Air Force: Joint Base Elmendorf-Richardson

ERIN BEENE

A common first topic of discussion amongst any newly-introduced Air Force family is, "Where all have you been stationed? And where has been your favorite?" This usually leads to many fascinating conversations about the military life experience, such as how one person's dream location is another family's worst nightmare. It cannot be avoided that some locations and bases are more highly sought after than others and some assignments are preceded with dread. However, as cliché as it sounds, every base and location is what each person chooses to make for himself or herself. Even with that in mind every AF family has its favorites and this series hopes to point out the perks of the seemingly less popular bases in order to demonstrate that each place can be advantageous with the right state of mind.

First up on our Best Bases in the Air Force series is now-Minot AFB spouse Melissa Lawyer. Melissa and her family were hesitant when they received orders to Joint Base Elmendorf-Richardson - commonly referred to as JBER - in Anchorage, Alaska, in 2017. Alaska, known for long, dark and frozen winters, is a concern for many new transplants to the area. Melissa - Arizona-born and then living in Las Vegas - was nervous about the extreme weather differences. She said, "I was excited about the idea, but I'm a desert girl so it was also a little intimidating. When we first moved to Alaska it was March, so there was snow still on the ground and it was a bit icy. I was worried it would just be ice and

snow for most of the year, and I was worried about not making friends quickly because I assumed people didn't leave their houses much in that weather. It didn't take long to see that my assumptions were wrong." When moving to Alaska, Melissa and her active duty husband, MSgt Jason Lawyer from 5 CES, had just welcomed their 3rd daughter and were nervous to make a go in a completely new environment. But it ended up being their favorite base and location. Here's why:

## MELISSA'S TOP 5 REASONS TO LOVE ANCHORAGE ALASKA AND JBER

**1. THE WILDERNESS WAS ON BASE-** There is miles of wilderness on base and it didn't take much to be in the woods, or to find a lake, campsite, creek, playground or even a moose.

**2. EVERYTHING WE NEEDED WAS CLOSE BY-** We were close to stores and needs, but then you could drive 20 minutes in either direction and you can see so much Alaskan beauty.

**3. PEOPLE ARE WILLING TO LEND A HAND-** I was afraid of being able to make friends quickly. But because everyone living there is so far from their families and friends from the Lower 48, we found that people were incredibly welcoming and willing to help you out however you needed it.

**4. ENDLESS ADVENTURE-** Alaska has an endless list of amazing things you can do. Our family (including our 3 girls), did

things like kayaking the rivers, snow machines in the winter, hiking on glaciers, camping all over, visiting national parks, viewing wildlife everywhere, salmon fishing, catching the Northern Lights, skiing, picking wild berries on the mountainside, hiking up mountains to the top, and so much more.

**5. WINTERTIME-** While it wasn't my highlight season while I was there, compared to the Minot winter the Alaskan winter is my favorite. The snow fell so fluffy and peacefully and was really fun to watch. It was actually fun to play in and it was so much more enjoyable to get yourself outside. Our favorite winter activity was the Iditarod Race. We would go to the start of the race and everyone would line up so the mushers would mush through the crowd and we would get to give high fives to the mushers as they would ride by.

While Melissa admits that she misses Alaska and will likely always be her favorite assignment, she is doing her best to capture the Minot beauty and embrace their new life here. As a reminder to herself and other new Minot spouses who miss their old stations, she said, "To get the most out of the location you're moving to, I found the best advice I was given was that you can't control where the Air Force sends you, but you can control your attitude and your effort. Make the effort to get off base, or get out into the off base community, and find beauty where you're at. Accept where you're at and choose joy."



Wintertime on JBER.



Lawyer Family favorite camping location in Seward Alaska.



Alaskan autumn beauty.



Otter Lake on base during in the summer sunshine.

**STARTS FRIDAY**

**DOWNTOWN ABBEY: A NEW ERA**  
(2022) Drama, Romance (PG)

**THE CROODS: NEW AGE**  
(2020) Animation, Adventure, Comedy (PG)

**SONIC 2** **AFTERNOONS**  
(2022) Action, Adventure, Comedy (PG)

**FATHER STU** **EVENINGS**  
(2022) Biography, Drama (R)

**MONSTER BASH**

**DRACULA** **FRIDAY/SATURDAY**  
(1931) Drama, Fantasy, Horror

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FOR SHOWTIMES  
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1500 4TH AVE NW, MINOT, ND

**GUINNESS SHEPHERD'S PIE** **Home of ECONOMY**

**INGREDIENTS**  
6 RUSSET POTATOES  
1 ONION, DICED  
4 CLOVES GARLIC, MINCED  
1 POUND GROUND BEEF OR LAMB  
1 1/2 CUP TOMATO SAUCE  
4 CUP MIXED VEGETABLES, FROZEN  
1 CUP GUINNESS EXTRA STOUT  
1 TABLESPOON WORCESTERSHIRE SAUCE  
1 TEASPOON FRESH THYME  
SALT AND PEPPER, TO TASTE  
BUTTER, STICKS  
1 CUP MILK  
1 1/2 CUP SHREDDED CHEDDAR CHEESE

Bring a large pot of water to a boil for the potatoes. Let this heat up while you cook the meat mixture.

In a large skillet, cook the onion, then add garlic. Add beef or lamb and cook until browned. Drain off grease.

Add tomato sauce and vegetables to meat. Cook for 4-5 minutes, stirring often. Add Guinness, Worcestershire sauce, thyme, and salt and pepper to taste. Boil until the liquid has reduced by half and thickened (about 15 minutes).

Add the potatoes to the boiling water and cook for 15-20 minutes or until soft but not mushy. Drain and cool. Mash the potatoes with butter, milk, salt and pepper to taste.

Once meat mixture is done cooking and the potatoes are mashed, divide the meat mixture between two dishes. Top with mashed potatoes then with the cheese.

When ready to cook, set the Traeger to 350° F and preheat, lid closed, for 10 to 15 minutes.

Bake for 30-45 minutes or until potatoes are golden brown and cheese is melted. Serve hot. Enjoy!

**Ryan Davy - GM**  
Minot  
[www.HofE.com/BBQHQ](http://www.HofE.com/BBQHQ)

**Local Cravings Restaurant Guide**

**Applebee's Grill & Bar**  
2302 15th St SW, Minot, ND 58701  
Phone: 701.839.2130  
[www.applebees.com](http://www.applebees.com)

**Bone's BBQ Smokehouse & Grill**  
1412 2nd Ave SW, Minot, ND 58701  
Phone: 701.838.9140  
[www.bonesbbqminot.com](http://www.bonesbbqminot.com)

**Badlands Restaurant & Bar**  
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Phone: 701.852.7335  
[www.blgrill.com](http://www.blgrill.com)

**28 Tastes & Taps**  
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**Mi Mexico**  
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Phone: 701.858.0777  
[www.mimexicominotnd.com](http://www.mimexicominotnd.com)

**Pink's Bar & Grill**  
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[www.facebook.com/PinksBarGrill](http://www.facebook.com/PinksBarGrill)

**Culver's Restaurant**  
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[www.culvers.com](http://www.culvers.com)

**Prairie Sky Breads**  
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[www.prairieskybreads.com](http://www.prairieskybreads.com)

**Ironhorse Kitchen + Bar**  
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FB: Ironhorse Kitchen + Bar Minot

**The Starving Rooster**  
30 1st St. NE, Minot, ND 58703  
Phone: 701.838.3030  
[www.starvingrooster.com](http://www.starvingrooster.com)

**Primo Restaurant**  
1505 N Broadway, Minot, ND 58703  
Phone: 701.838.7746  
[www.primominot.com](http://www.primominot.com)

**Souris River Brewing**  
32 3rd St NE Minot, ND,  
Phone: 701.837.1884  
[www.sourisriverbrewing.com](http://www.sourisriverbrewing.com)

**Whiskey Nine**  
109 Central Ave, Minot, ND 58701  
Phone: 701.837.1090  
[www.whiskeyninend.com](http://www.whiskeyninend.com)

# Get involved and get informed with A&FRC



**ALICIA THOMPSON, GS-11  
COMMUNITY READINESS CONSULTANT  
AIRMAN & FAMILY READINESS CENTER**

## VOLUNTEER OPPORTUNITIES

Minot AFB Airman and Family Readiness Center is the HUB for Volunteer opportunities.

### LOOKING FOR VOLUNTEERS??

If you have an upcoming event please send the following information to our org email (5fss.family.support@us.af.mil): Name of event, Date, Time, and number of people needed to volunteer, a POC Name and phone number/email.

### LOOKING TO VOLUNTEER??

The A&FRC sends out a weekly email with upcoming events that you can sign up to volunteer. Keep an eye out for these emails and a weekly posting in the Northern Sentry. Note: The A&FRC is not the POC for any of those advertised events. Please make sure you are reaching out to the POC listed.

continental breakfast. From there we have a few briefings to include both Wing Commanders – they want to share the mission with you, MedGroup Commander, Key Spouse and First Sergeant Representatives, and rounding off with our Minot Chamber of Commerce – to give you a little taste of what the area outside of base has to offer, there is A LOT. After the briefings we take a break before loading onto the bus (Thanks to Outdoor Rec for that) and we begin the tour. We show you everything from the location of the three base schools to the MedGroup and most of the FSS facilities available on base. After some driving we stop at the Dining Facility (DFAC) for lunch, don't worry it is on us! With full bellies we will finish the drive around base to one more

stop at the Pride building. There we will meet with a few different office locations that more than likely your family will need one day. Sounds fun right? The next Spouses Welcome On The Road is scheduled for 17 August 2022. Space is limited so register ASAP by calling the Airman and Family Readiness Center at 701-723-3950!



Left: The Spouses Welcome on the Road, held in February, brought attendees to the Youth Center for a tour and brief on their programs.



New Minot Air Force Base spouses attend a briefing at the legal office during the Spouses Welcome on the Road held in February.

## SPOUSES WELCOME ON THE ROAD!

Spouses Welcome On The Road is a twist to the typical Spouses Welcome you might have seen in the past. Though we are still providing you the same information about Minot AFB, we are doing so while giving you the added bonus of showing you key locations around base. How many times have you gone to a new base and had no idea where the ID card office is or what there is to do in your new home? Well... let us show you (as much as we can in one day) all of the things that Minot AFB has to offer you and your family.

Spouses Welcome On The Road starts at the Airman & Family Readiness Center with an information fair and

# BABY ANNOUNCEMENTS

**BABY GIRL BORN ON**  
TUESDAY, JUNE 21, 2022 TO:  
ELIZABETH AND GRANT RICH  
MINOT, ND

**BABY GIRL BORN ON**  
TUESDAY, JUNE 21, 2022 TO:  
HAILEE AND TANNER PETERSON  
MINOT, ND

**BABY GIRL BORN ON**  
THURSDAY, JUNE 23, 2022 TO:  
LAURYNN AND RODERICK BURDEN  
MINOT, ND

**BABY GIRL BORN ON**  
FRIDAY, JUNE 24, 2022 TO:  
TAYLOR SEVLAND AND BRANDON BARLOW  
MINOT, ND

**BABY GIRL BORN ON**  
SUNDAY, JUNE 26, 2022 TO:  
ALEXIS CRUZ AND SYRE ROSE  
MINOT, ND

**BABY BOY BORN ON**  
SUNDAY, JUNE 26, 2022 TO:  
MYLEIGH FERGUSON AND TREVOR LARSON  
MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- T & E Tools

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Small equipment in need of repair?  
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**Check 'em Out!!**

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Intersection of Hwy 83 & Hwy 37  
**701.337.2500**

HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.  
Saturday: 5:30 a.m. - Noon

**CornerStone Chiropractic**

1350 20TH AVE SW, MINOT, ND 58701

**BUSINESS HOURS**

Monday: 7:30am – 6:00pm  
Tuesday: 9:00am – 6:00pm  
Wednesday: 7:30am – 6:00pm  
Thursday: 7:30am – 6:00pm  
Friday: 7:30am – 4:30pm  
Saturday: 2 a month by appt  
Sunday: Closed

**(701) 852-2800**



**SrA Patrick Garcia**  
*Armory*



**THEME SONG**

Highway to the Danger Zone – Kenny Loggins

**ACCOMPLISHMENTS**

Developed an accountability system to ensure changeover is completed in under an hour. Led key portions of the tracer lot recall/replacement in order to meet AF CMRS restriction to condition round as Training use only

**VISION/GOAL**

Prepare to PCS to Elmendorf, Alaska and buy a house on the coast

# Jerome's

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3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

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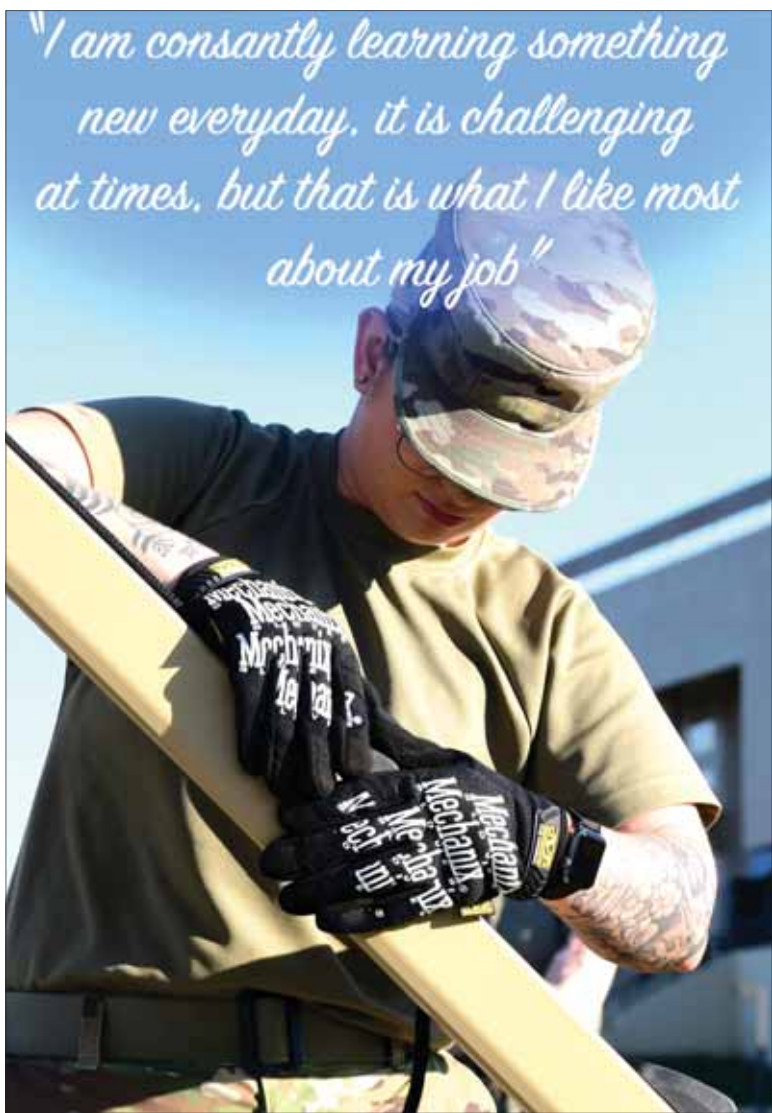
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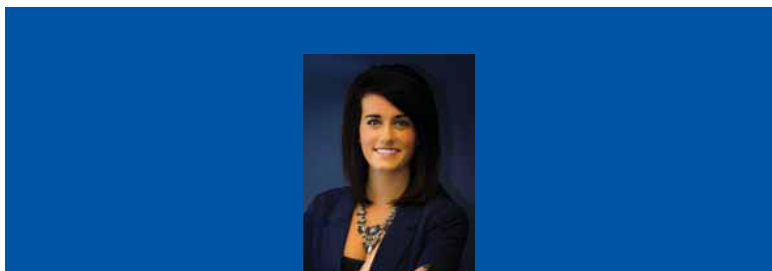
**Airman Mf Minot**  
**SrA. Taylor Alvarez**  
 SrA. Alvarez, originally from San Antonio, Texas, has spent 4 years at Minot AFB and is a Medical Logistics Technician at the 5th Medical Group. She helps order, receive and store supplies, making certain that every facility has what they need, exactly when they need it.



In her free time she goes camping, watches movies, and spends time with friends during a BBQ.



*"I am constantly learning something new everyday, it is challenging at times, but that is what I like most about my job"*



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# NODAK ARMS

# OUTDOOR

## REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

**Fishing:**

Lake Sakakawea elevation, June 27: 1,835.01 feet above mean sea level (MSL); 20,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,450.83 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.82 MSL.

•N.D. Game & Fish Dept. game wardens: Best walleye success on Lake Sakakawea remains around the midsection, including the Van Hook Arm. Missouri River tailrace and spillway producing numbers of small walleye but sort through for some keepers. No reports from Devils Lake or north-central area lakes.

•Devils Lake, Ed's Bait Shop, Devils Lake: Good walleye success throughout much of Devils Lake.

•Devils Lake, Woodland Resort, Devils Lake: Continued good for walleye using slip bobbers in shallow water. Also try switching to bottom bouncers or vertical jigging in deeper water. Generally good throughout much of the lake with a lot of activity on the west side.

•Lake Darling, Karma C-Store, Ruthville: Lake Darling and Grano producing small walleye. Buffalo Lodge Lake remains fair. No reports from Lake Audubon.

•Lake Metigoshe, Four Seasons, Bottineau: Continued bluegill success with a few keeper walleye in the evening. Most walleye have been on the smaller side, though.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Continued improving walleye success on the east end of Lake Sakakawea but still inconsistent. Try Douglas or Deepwater bays as well as around Indian Hills. Look for catfish success in the back bays. Work gravel areas for smallmouth bass. Some activity on Lake Audubon, as well.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Sakakawea continues producing walleye on the east end. Work shallow in 10 to 15 feet using plain snells with bottom bouncers and minnows and nightcrawlers. Work weed edges spinners with nightcrawlers or leeches or slow death hooks with nightcrawlers for walleye on Lake Audubon.

•Lake Sakakawea, Indian Hills Resort, Garrison: Fair to good for walleye in 10 to 20 feet using

- Fireworks prohibited on U.S. Fish & Wildlife Service Nat'l. Wildlife Refuges and N.D. Game & Fish Wildlife Mgmt. Areas (WMA).
- Check camping and activity regulations on N.D. Game & Fish Wildlife Mgmt. Areas, including "Pack it in, pack it out" for garbage.

## TOURNAMENTS:

- July 9, Lake Sakakawea, Van Hook Arm; Devils Lake, Creel Bay.
- July 9 & 10: Devils Lake.
- July 15 & 16: Lake Sakakawea, Fort Stevenson State Park.
- July 16: Lake Sakakawea, Parshall Bay; Lake Sakakawea, McKenzie Bay; Devils Lake.

spinners with leeches. Try the south side and locate warmer water.

•Lake Sakakawea, New Town: Continued good walleye success in the Van Hook Arm.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Continued good walleye bite in the Van Hook Arm throughout much of the Arm with the north end the most consistent. Try a variety of presentations with a general switch to nightcrawlers. Lots of eater-sized fish close to the upper end of the Arm using live bait presentations with bigger fish towards the south end and the river channel using crankbaits.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace inconsistent following recent weather fronts. However, lots of small walleye success continues. Try jigs and minnows around the "blowout" area or late night hours in the chutes from boats for walleye. Fair to good for catfish from boats during the day scattered throughout the river. Look for improving trout and salmon later into the summer months. Try the boat ramp, rocks, or campground from shore using nightcrawlers or minnows for walleye and catfish during the day or crankbaits from shore at night for walleye. East end of Lake Sakakawea remains inconsistent. Try jigs in 8 to 10 feet around Douglas or Steinke bays and 7 Sisters with best success along the north shore. Also try spinners and bottom bouncers with nightcrawlers. Tough bite from the shore along the south side.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea remains

muddy with runoff from Little Knife to the west producing mainly catfish and little walleye success. Good for walleye around the Van Hook Arm, especially the south end. Try a variety of depths and presentations. Missouri and Yellowstone rivers remain high, although a few walleye starting to show up on the Missouri River above the Yellowstone. Blacktail Dam producing walleye in the evening on slip bobbers and leeches.

•Lonetree WMA area lakes, Harvey: No new reports.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Buffalo Lodge Lake continues walleye and pike.

•Turtle Mtn. area lakes, Coast-2-Coast, Rolla: Hooker Lake producing small but active trout. Try crankbaits for walleye on Carpenter Lake. No reports from Lake Upsilon or Gravel Lake.

**N.D. rivers:**

•Little Missouri River, Long X Bridge: River stage, 0.55 feet; streamflow, 547 CFS.

•Missouri River, Williston: River stage, 21.44 feet.

•Missouri River, Washburn: River stage, 9.46 feet.

•Pembina River, Walhalla: River stage, 4.93 feet; streamflow, 1,110 CFS.

•Souris River, Foxholm: River stage, 5.69 feet.

•Souris River, Minot: River stage, 4.61 feet; streamflow, 107 CFS.

•Yellowstone River, Sidney, Mont.: River stage, 11.76 feet; streamflow, 45,100 CFS.

**Numbers to know:**

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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# New BLOS capability on the horizon for B-52s, first IRIS air demo complete

1ST LT LINDSEY HEFLIN AND JUSTIN OAKES  
53RD WING AND 8TH AIR FORCE/J-GOSC PUBLIC AFFAIRS

EGLIN AIR FORCE BASE, Fla. --

The Air Force has moved one step closer to equipping B-52s with a new beyond line of sight communication capability called IRIS.

The 49th Test and Evaluation Squadron executed the first air demonstration utilizing the BLOS communication system paired with an Iridium Certus terminal on a B-52 Stratofortress at Barksdale Air Force Base, June 22, 2022.

"In a wartime scenario the single point of failure often lies in our ability to communicate," said Capt. Richard Brown, 49th TES Conventional test flight commander. "If we can't send and receive mission critical data from our aircraft reliably and efficiently, then we will lose. The IRIS system is one of the many datalink solutions that we need in order to equip the warfighter for today's fight."

While the bomber crew took to the skies, a combat operations team from the 608th Air Operations Center provided command and control and assessed the voice and data transfer capabilities that were observed from the IRIS-equipped B-52 to include the transmission of real-time images and videos.

The IRIS system, which leverages the Low Earth Orbit Iridium NEXT satellite constellation guarantees complete global coverage. Additionally, IRIS will forgo using the dated 2.4 Kbps bandwidth capacity of Iridium for the much improved L-Band speeds of Iridium Certus, a broadband service that has a bandwidth capacity of up to 704 Kbps.

"Today, we learned that the IRIS System can be immediately employed using current joint tactics for operational and tactical control of long-range strike aircraft," said Lt. Col. Paul Goossen, 608th AOC Combat Operations Division chief.

The AOC team also acknowledged the method of "how" the Service acquires a new capability plays a significant role in the timeline of fielding the new capability.

"We found that the AFWERX SBIR's program works to find rapid prototype solutions through commercially available means," said Chris Morales, 608th AOC Combat Operations Division deputy chief. "Sometimes the solutions to global problems can be found in your local community from small vendors."

“

Today, we learned that the IRIS System can be immediately employed using current joint tactics for operational and tactical control of long-range strike aircraft

LT. COL. PAUL GOOSSEN, 608TH AOC COMBAT OPERATIONS DIVISION CHIEF

”

Air Force Global Strike Command leveraged an AFWERX Small Business Innovation Research Phase II contract to gauge the feasibility of tying a commercial, off-the-shelf Outerlink Global Solutions system into the B-52 global satellite architecture to enable unimpeded coverage. The SBIR program engages small businesses with federal research and development.

Following the success of the test event, AFGSC will continue working through the AFWERX

process to attain a SBIR Strategic Finance contract to support IRIS. This will allow for permanent bomber integration and seamless coordination across geographic air operation centers using the system. IRIS is set to replace the Global Iridium Bomber Set (GLIBS) that has been in service since 2017. The BLOS communication

system is one of AFGSC's solutions to integrate the B-52 fleet into the greater Joint All-Domain Command and Control (JADC2) problem set. IRIS is one of many programs on the horizon responsible for the B-52 paradigm shift from a legacy sustainment platform to a lethally modernized multi-domain aircraft.



Sam Denison, a senior software developer at the 49th Test and Evaluation Squadron at Barksdale AFB, La., prepares a new beyond line of sight communications system before its first aerial demonstration aboard an Air Force B-52, June 22, 2022. The system, named IRS, allows near real time data, voice and imagery transfer that can be relayed to the 608th Air Operations Center in near real time.



Staff Sgt. Kyle Snedeker, center-right, a tactical data link manager from the 608th Air Operations Center, shows Brig. Gen. Scheid Hodges, center-left, Mobilization Assistant to the 8th Air Force Commander, the B-52 route during an aerial demonstration of the new IRIS communications system. IRIS is a commercial off-the-shelf, beyond line of sight tool produced by Outerlink. The system would allow for bombers to relay data, voice and imagery information in near real time speeds.

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Provider of the Month Feature

JULY 2022

KARI RASH



*What do you enjoy most about being an FCC Provider?*

I enjoy many things about being an FCC Provider, but I think there are two things that stand out to me; one is the diversity of families I have the privilege to care for. Each one is unique and I love what they bring to my program. The second thing that stands out to me is the way that children can come together and form their own community. They learn, play, and grow together. It's a wonderful thing to be a part of and share.

*What are your interests/hobbies?*

I have many interests and hobbies, but recently, I have taken up reading again. I also enjoy spending time with my family and exploring North Dakota.

*What advice do you have for new providers/those interested in being FCC Providers?*

I think that this job is great for those that want to stay at home with their kids but have a steady income. It also serves the needs of the Air Force and its mission. For those reasons, I think this job is great! But also, if you have a passion for children and want to work with them, this job will give you that ability. The sky really is the limit!

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**FISHIN' FOR 'CATS'**

Patricia Stockdill

They probably missed out in the “handsome” category when it comes to being a fish. They probably don’t even fit the “cute” category.

After all, the channel catfish calling the Missouri River tailrace home – or any channel catfish anywhere else for that matter – lack the glittery greenish-gold of walleye or the cutesy bluegill and crappie physique. In fact, they probably remind some folks of the lowly bullhead.

Or maybe even a drum - and not the kind of drum that makes music.

Catfish have this big mouth – really big mouth.

And whiskers – four of them, in fact.

And they’re kind of gray-brown – not exactly eye-catching.

Sadly, they really don’t get much love from North Dakota anglers. Some anglers, though, may remember when bullheads and other native species were highly sought after during a fishing outing.

However, that was before a cooperative Garrison Dam and Valley City National Fish hatcheries and N.D. Game and Fish Department program began with the agencies working together to enhance fishing opportunities in the state.

Most notably, it introduced walleye to an increasing number of lakes, elevating them to near king-like status among anglers in terms of desirable catches.

Since then pike, sauger, bullheads, and even channel catfish just don’t have the glitz and glamour that comes with walleye fishing. Granted, anglers still seek those other species out, but walleye are king.

Yes, channel catfish seriously lack angler love, although they receive a little show of affection from anglers who treasure fishing for them on the Red River. For the true catfish angler, the Red River has a hefty reputation for big ‘cats and catch-and-release is hugely popular. But that’s a couple of hundred miles away.

The Missouri River System offers a nearby alternative. There they get love from a few folks who know the secrets to their whereabouts on the Little Missouri River, the upper end of Lake Sakakawea, and maybe even Lake Oahe downstream of Bismarck-Mandan.

Thankfully, there is also a niche of anglers with catfish love for those calling the Missouri River tailrace below Garrison Dam home.

The tailrace and its catfish provide an opportunity for those who grew up fishing for ‘cats to find that experience in North Dakota. Tailrace anglers typically catch nice, eater-sized catfish in that 1- to 3-pound range working the tailrace chutes from boats. Or they may find them fishing the wing walls, although that’s often at night. They can even catch them from shore during the day.

Presentations used when targeting catfish on the Missouri River aren’t much different from what one might use when fishing for The King – walleye: Try vertical drifting with smelt or nightcrawlers – or any typical walleye rigging because anglers are typically working the fast water of the tailrace chutes or immediately downstream.

With most fish less than 5 pounds in the tailrace, one’s line weight really doesn’t matter – anything from 8-pound up to 16-pound test line.

One trick that could make a difference in keeping or releasing a catfish is the size of hook – try larger hooks such as a No. 2 or larger - if the hook is too small it’s more difficult to get it out easily.

It’s hard to say why channel catfish don’t get much love. Maybe it is their appearance. Maybe it’s because they’re not named “walleye”.

Or maybe it’s because most folks don’t remember or don’t know that for a long time catfish were deservedly prized as great eating, native North Dakota fish.

Take a trip to the tailrace and try to catch a few of those eater-sized tailrace catfish. Cook ‘em up. While catfish will likely never attain the popularity they enjoy elsewhere - and most certainly could never topple King Walleye from its perch on Top of the Hill – they’re a great reason to get out, fish, and enjoy the outdoors.

And maybe they will get back the angler love they deserve as a true native North Dakota fish.

For those who already know the great taste of catfish caught in fresh, cold water the Missouri River tailrace is a neat spot to check out. Just head downstream of Garrison Dam along N.D. Highway 200 by Riverdale.



Channel catfish are native to North Dakota and the Missouri River System.

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## AFRICAN LION

**CREATURE FEATURES**

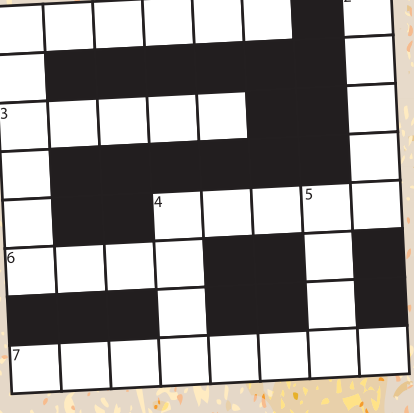
- Lions live in prides dominated by one male, including several females and cubs.
- Their long retractable claws help the lion grab and hold prey. Lions have massive shoulders and strong forelimbs, long, sharp claws, and short, powerful jaws to aid them while hunting.
- The female lioness does most of the hunting. They are mainly nocturnal and work in teams to stalk and ambush prey.
- They use their roar to communicate and declare territory. A lion's roar can be heard over several miles.
- Lions sleep or rest about 20 hours a day.

**Fact File**

Life Span	10 - 14 years
Weight	300 - 600 pounds
Height to Shoulder	4 feet
Body Length	8 - 9 feet
Tail Length	26 - 39 inches
Top Speed	50 mph
Wild Diet	Omnivores (Carnivores) Herbivores Antelope, Giraffe, Zebra, Wildebeest, Impala



## CROSSWORD PUZZLE



**ACROSS**

- Condition of being protected
- Of great weight
- Aches and \_\_\_\_\_
- Large vehicle (abbr.)
- Gaining knowledge

**DOWN**

- Education building
- Things to read
- Flow into a stream
- Person, place or thing

**Answers:**  
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Down: 1. School 2. Books 3. Lingo 4. Pain 5. Limo 6. Heavy 7. Learning

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# JR JOURNALISM PROGRAM

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## A New Design: Thursdays in Downtown Minot

LAUREL-ELAINE SMITH, AGE 10

I was rushing to eat my vegan cheese bagel in the car. I didn't want to waste this delicious snack! As I hurried to eat, my mom came closer to pick me up. Once I finished with my bagel, I walked up to my mom excited to enjoy downtown Minot. We came up to Margie's Art Glass Studio with a small painting of the same store beside us. An older woman welcomed us in and said the painting outside was created by her. As I viewed the painting, I was impressed by this work of art. The shading was perfect and the colors showed in a radiant combination. It was quite a chilly day to paint. A young worker, full of color and energy said I could keep one of her handmade hoodies she was selling. I've always been inspired by art, so I asked to paint a picture on the little paper outdoors. Turned out, I was told to draw something in the downtown festival, so I picked a flower pot. Here's the work of realistic creativity!

I've always known that I loved the creative side of myself. Oh, how I loved to explore and go through drawings with trial and error. A few things you should know about me is that I was born in Aviano, Italy. I lived there for about two years and moved to Germany for six years. While I was in Europe, I explored and saw so many types of people and cultures that I became interested

in art and how unique the world is. That informed me, the world had so much more and was so big and full of so much life.

Drawing was always part of my world ever since I was younger. While in downtown Minot, I drew at a nice pace with Donna Watts guiding me. I made sure to get some of the color of the flowers. "She's painting this flower pot hanging over here." said Donna Watts. Many admired my work, but I thought differently about it as if it was such small "kiddish" work. I took every moment of drawing, putting in my best work with celebration and a bit of imagination.

From this experience, I think of a larger world. Like in cartoons or superhero adventures, some of them are about leaving home to save it and their love for it. The outside may look scary, but you never know what's really out there unless you actually see it yourself. Many should try to explore to see detail in reality. Over time, find a plan to visit another country or state. It's almost been a year in Minot and my first time to paint outside on this specific canvas. Use that experience you find for imagination and creation combined with memories. Don't try to be convinced that you're trapped by border walls. There's always a new opportunity in every new creation. What do you see in your imagination?



Laurel-Elaine Smith encourages kids' imaginations to see details in reality.

### NOTES ON BEING SAFE

## Obeying the law, prior planning key to fireworks safety



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The Fourth of July is right around the corner and most of us are probably planning a special event of some type, some folks might even be looking forward to setting off their own fireworks display. More than 11,000 people are injured in the United States each year from fireworks. Most injuries are the result of the lack of adult supervision and misuse of the fireworks. If you plan on using fireworks to add to the celebration this year here are some important reminders:

- Observe local laws. The sale of fireworks is legal from June 26 until July 5 and they may not be purchased by persons under the age of 12.
- Fireworks Permitted on Base Are; Sparklers, fountains, smoke devices, snake and glow worms, trick noisemakers such as party poppers, string poppers or snappers, and toy pistol caps.
- Fireworks Prohibited on Base Are; Explosive or aerial fireworks, roman candles, and rockets or similar devices. If prohibited fireworks are discovered in your possession on the base, the fireworks will be confiscated and you will face administrative/disciplinary actions.
- Fireworks are allowed in Ward County but NOT within in the city limits of Minot. If you are caught within city limits with fireworks you will have to appear in court, pay a minimum \$150 bond and be fined between \$50 to \$75. It is also a Class B Misdemeanor.
- Use fireworks outdoors only.
- Never let children handle or light fireworks. Even sparklers can be dangerous if unsupervised. 16 percent of those injuries involved sparklers. That number increases to 33 percent of the injuries to children, five or younger, when they used sparklers. Those injuries could've been avoided if adults provided adequate supervision.
- Never ignite fireworks while holding them. Only light one at a time, and move away quickly.
- Make sure there's enough room to ignite fireworks, and keep them away from buildings, vehicles and flammable materials.
- Have a full bucket of water

handy for emergencies, and

· People should watch what clothing they wear when using fireworks. Loose clothing can catch fire, and shouldn't be worn while handling fireworks.

· Never try to re-ignite fireworks that have malfunctioned. Wait 20 minutes before soaking them with water and throwing them away.

· Alcohol and fireworks do not mix. Have a "designated shooter."

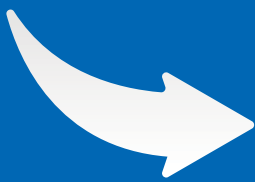
The transportation and storage of personal fireworks on Minot AFB is prohibited. The fact is there are no safe and sure ways to use fireworks - it's that simple! In 2008, according to the National Fire Protection Association, fireworks caused an estimated 22,500 reported fires. These fires resulted in one death, 40 injuries and \$42 million in direct property damage. Fireworks, even the smallest of firecrackers, are explosives

and very unpredictable. Some have very short fuses and some can suddenly begin a rapid burn. Rockets and cones tend to have no programmed guidance system, making people and buildings unwanted targets.

Each year thousands of Americans, many of them children, are victims of fireworks accidents. In 2008, U.S. hospital emergency rooms treated an estimated 7,000 people for fireworks related injuries. These accidents are not minor; they include the loss or disfiguration of fingers, hands, arms, faces, vision, hearing and severe burns. Sparklers, which can burn as hot as 1000 degrees have caused countless tragic injuries to small children since parents assume they are safe for children to use.

By observing these reminders, people can help prevent unfortunate accidents. Remember, in case of an emergency, call 911.

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Commander: 1st Lt. Jeremy Skalicky

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nscu.com

# YOUTH IN ACTION

## On the Journey to College



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-11  
CHILD AND YOUTH EDUCATION SERVICES



If you have a college bound high school junior or senior, there are many tasks to accomplish in preparation for college applications. This can often be overwhelming for students and parents. However, the summer is the perfect time to begin planning and preparing for this journey.

Over the next several weeks, we will break down the process of applying to college and share tips and resources for students and families. The following includes Part 1: Getting to Know the University of our "On the Journey to College"

1. Create a balanced list of colleges and universities that align to your potential career goals, interests, and values. For this step, students can write down goals and desires.

2. Research colleges and universities online and request additional information. This

is typically located under "Undergraduate Admissions" on the website.

3. Request a Virtual or In-Person Tour of the campus as an opportunity to learn more about the university. These tours are ongoing so do not miss out!

4. Learn of the experiences of current students and alumni of the university. This is a critical step in deciding whether a college is the right fit for the student and family.

Though these steps may seem small, they are important in learning more about the colleges or universities of interest. The Minot AFB School Liaison Office is able to assist by providing resources and answering questions at 701-723-1447 or at mafb.school.liaison@us.af.mil

Next week, I look forward to sharing Part 2: Completing College Applications.

# 2022-2023 MPS CALENDAR

August 2022							6 days
S	M	T	W	T	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

October 2022							19 days
S	M	T	W	T	F	S	
	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

September 2022							20 days
S	M	T	W	T	F	S	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30		

November 2022							19 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

### August 16, 17 & 18

Workshop - All New Teachers

### August 22 & 23

Workshop - Total Staff

### August 24

First Day of School

### September 05

Labor Day - No School

### September 06

Professional Development Day - No School

### October 20 & 21

Administrator Convention Days - No School

### November 11

Veteran's Day - No School

### November 24

Thanksgiving - No School

### November 25

Vacation - No School



Vacation Days - not contracted day	Holidays	PD Days - contracted day
Early Release Days - 1:15pm	Parent/Teacher Comp Days	Weather Make-up Day

## NEW LOCATION

**3816 SOUTH BROADWAY  
MINOT, ND  
701-858-0777**

**CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!**

**MON-THUR 11 AM TO 10 PM  
FRI-SAT 11 AM TO 10:30 PM  
SUN 11 AM TO 9 PM**

**WWW.MIMEXICOMINOTND.COM**

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# GOT MUSICAL TALENT?

## WE'RE LOOKING FOR MEMBERS!

- **Heritage Singers**
  - o Men's Chorus
  - o Practice Thursday Evenings at 7:00 PM
- **Brass Band Of Minot**
  - o North Dakota's Only British Style Brass Band
    - Room For All Brass Players
    - Horns Provided
    - Meets Sunday Afternoon at 3 PM
- **Community Band of Minot**
  - o Community Band
    - Room For All Musicians
    - Meets Mondays at 7 PM
- **Nodakords**
  - o Men's Barbershop Chorus
    - Meets Mondays at 7 PM

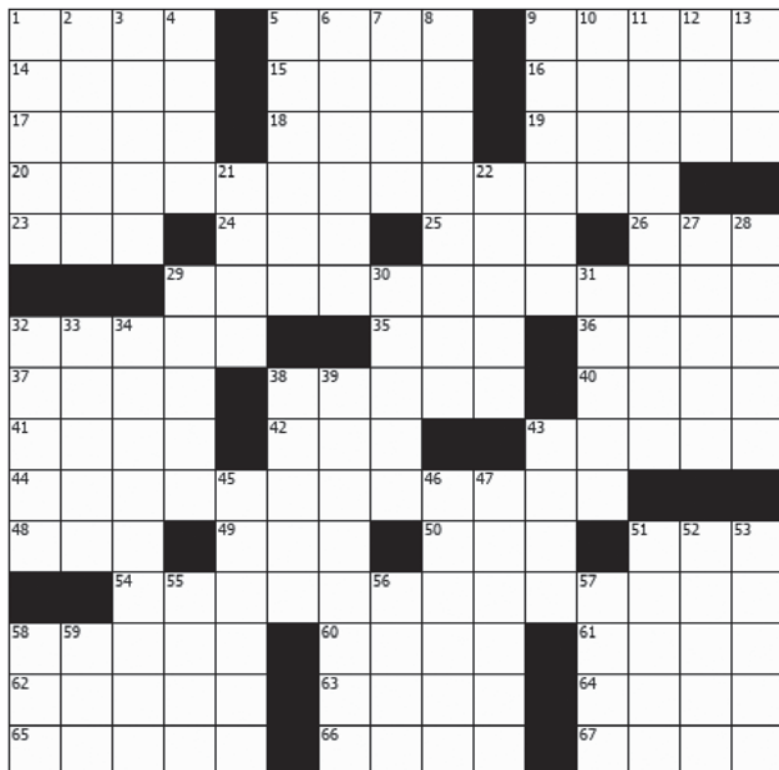
### INTERESTED?

Email [sentrysales@srt.com](mailto:sentrysales@srt.com) and we'll be happy to put you in touch with any of the above groups!!!



# CROSSWORD PUZZLE

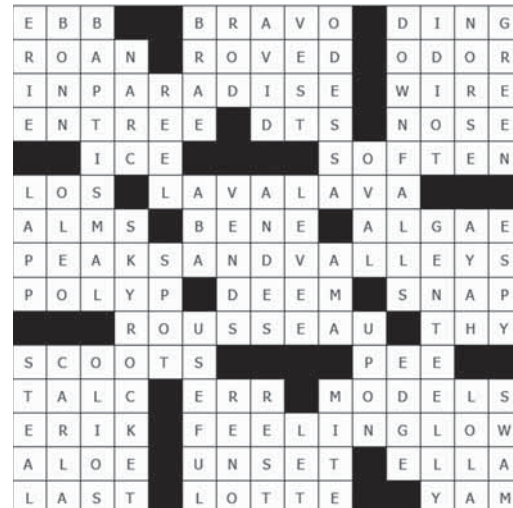
- Across**
- \_\_\_ Romeo
  - Apple center
  - Reagan's daughter
  - Farmer's place
  - Famous last word
  - Ladybug's lunch, perhaps
  - Important office
  - Season of penitence
  - Bacteria
  - Song that could carry you away
  - Printer's dashes
  - West of Hollywood
  - Tract ending
  - Young feller
  - Song that could carry you away
  - Ranis' garments
  - Grazing land
  - Arcade patron, perhaps
  - Have a bias
  - Out of joint
  - Make even
  - Garden beauty
  - Wipe lightly
  - Fine rains
  - Song that could carry you away
  - Dry, as in wine
  - Intention
  - First name in spy novels
  - Is down with
  - Song that could carry you away
  - On the ball
  - Word with cafe or film
  - Wee bit
  - Union term
  - Knight's oath
  - Baht spender
  - Place for a bracelet
  - Cravings
  - Peerage member



- Down**
- Sun-dried brick
  - "Rosemary's Baby" author
  - Tires
  - "\_\_\_ McBeal"
  - Opera's Maria
  - Egg dish
  - Place to do more than separate?
  - Twists together
  - Heathens
  - High point
  - Mystery novels, e.g.
  - Tiny of literature
  - Personality parts
  - Aussie flock, perhaps
  - Senatorial wraps
  - Northern inhabitant
  - Acceleration forces
  - Belarus capital
  - Excuse
  - Room at the top
  - Freudian mistakes, e.g.
  - Condor nest, e.g.
  - Insurance for a rained-out game
  - Firefighter Red
  - Emergency cash
  - "The Magic Mountain" author
  - Longhorns, etc.
  - Mystery author \_\_\_ Jackson Braun
  - Scottish landowners
  - Fuss
  - Wedding site
  - Aquarium scavenger
  - October birthstone
  - Former Venetian magistrate
  - Quote
  - \_\_\_ mode
  - Godfather

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



# SUDOKU

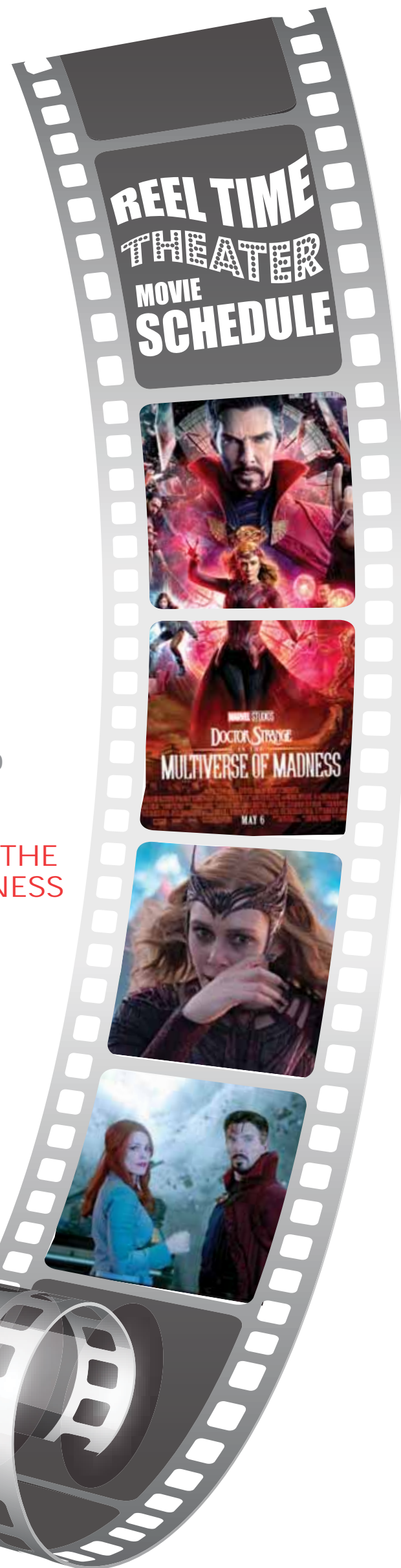
	1			2			3	
	3		4	5				2
		4				6		7
2		8			1			
	7						4	
			6			9		1
5		7				8		
6				3	4			2
	9			6				1

Solution to puzzle on page C7

FRIDAY, JULY 1 1800  
 SATURDAY, JULY 2 1800  
 SUNDAY, JULY 3 1500

**DOCTOR STRANGE IN THE MULTIVERSE OF MADNESS**  
 (PG-13)

FOLLOW REEL TIME MOVIE THEATER MINOT, AFB ON FACEBOOK OR VISIT MINOT EXCHANGE WEBSITE FOR UP TO DATE MOVIE LISTINGS

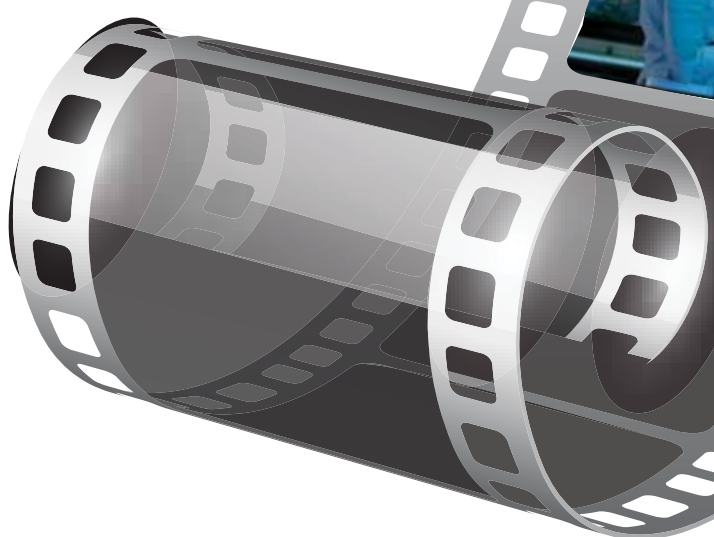




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# CHURCH DIRECTORY

Because of the uncertainty of the COVID-19 virus effects, the Northern Sentry will continue to post future events as advertised by area groups. However, we highly encourage you to check in advance on the current status of your church service.

**Chapel Services at MAFB**

*North Plains Chapel in Base Housing*

Protestant Liturgical Service  
**Christ Chapel**  
0900  
(Beginning on Pentecost, June 5)


Protestant  
**Sunday Community Service**  
1030  
(Holy Communion 1st Sunday)  
Children's Church during school year

*Wicca, Pagan, and Neopagan Services*  
**Open Circle**  
1000 on the 1st and 3rd  
Saturdays of every month  
(Beginning June 4)

*Northern Lights Chapel across from Rockers*

**Catholic Mass**  
Sunday ..... 1000  
Daily ..... Monday-Thursday at 1200

**St. Peter The Aleut Eastern Orthodox Church**



**109 6th St. SE  
Minot • 838-3094**

**Saturday, July 2**  
5 PM, No Vespers

**Sunday, July 3**  
10AM, Congregational Prayer Service



**Break Forth BIBLE CHURCH**

Wednesdays 7:00pm  
and Sundays 10:30am

**1821 W Burdick Expressway**  
For More Information:  
701.353.9337 | [www.bfbc.tv](http://www.bfbc.tv)



**An Evangelical Free Church**  
3500 4th St. SW • 839-5127  
(Just North of Super Wal-Mart)

Sunday School & Fellowship ..... 9:00 a.m.  
Worship ..... 10:30 a.m.

[www.trinitychurchminot.org](http://www.trinitychurchminot.org)



Worship Service at 10:45am Sundays  
Sunday School at 9:45am

**1720 4th Ave NW, Minot**  
**838-0916**  
[MinotBibleFellowship.org](http://MinotBibleFellowship.org)



**Immanuel Baptist Church**

1615 2nd St. SE, Minot  
701-839-3694

**Sunday Worship**  
10:00 am


[www.ibcminot.org](http://www.ibcminot.org)  
e-mail: [immanuel@srt.com](mailto:immanuel@srt.com)



**Christ Reformed Church**

Worship 11:00 a.m. Sunday  
234 14th Ave SE  
[www.christreformedchurchminot.com](http://www.christreformedchurchminot.com)

**St. John the Apostle Catholic Church**



2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
Tuesday ..... 5:15 p.m.  
Wednesday - Friday ..... 7:00 a.m.  
Saturday ..... 5:00 p.m.  
Sunday ..... 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor  
Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)




**First Lutheran Church - ELCA**  
120 5th Ave. NW  
852-4853

Sunday Worship  
9:30 am

[www.firstlutheran.tv](http://www.firstlutheran.tv)  
(Live Stream & Recorded)  
Radio Broadcast KRRZ 1390AM  
Sunday 9:30 am  
[www.flcminot.com](http://www.flcminot.com)

Pastor Brandy Gerjets • Pastor Ellery Dykeman



**Gospel Tabernacle Community Church**

9999 27th St NE  
4 miles south of MAFB  
James W. Henderson  
Anna B. Henderson

**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**

Sunday School ..... 9:45 a.m.  
Adult/Children Worship.. 11 a.m.  
Family Hour ..... 6:30 p.m.  
Evening Worship ..... 7:30 p.m.  
Bible Study/Child-Adult  
Children Worship (Wed).... 7 p.m.  
Prayer (Friday) ..... 7 P.m.



**JOURNEYCHURCH**  
ASSEMBLY OF GOD

**1805 2nd St. SE**  
**838-1111**

**Sunday Services**  
9:00 AM & 11:00 AM

**Wednesday**  
6:30 PM

**Minot Baptist Church**

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
Morning Worship .... 11:00 a.m.  
Evening Worship ..... 6:00 p.m.  
Wednesday Evening..... 7:00 p.m.

*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
Pastor David Miller



**Cross Roads Baptist**

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
Sunday Worship ..... 11 a.m. & 6:30 p.m.  
Wednesdays (Prayer & Missions) ... 6:30 p.m.

[www.minotcrbc.org](http://www.minotcrbc.org)  
email: [minotcrbc@gmail.com](mailto:minotcrbc@gmail.com)  
**Dr. Bob Farmer- Pastor**

**415 28th Ave SE (Behind Menards)**  
**838-1873**



**West Minot Church of God**  
Family Worship Center

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
Sunday Worship ..... 10:30 a.m.  
Children's Church & Nursery  
Wednesday Family Training Hour  
Meal ..... 5:30 p.m.  
Classes for All Ages ..... 6:30 p.m.  
Youth Center, Friday ..... 7:00 - 11:00 p.m.  
ABC Child Care Center ..... 852-6352

[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)

**First Baptist Church**



**200 3rd St. SW • 852-4533**  
[www.fbcminot.org](http://www.fbcminot.org)

Classic Worship Service ..... 8:30 a.m.  
Sunday School (All Ages) ..... 9:45 a.m.  
Contemporary Worship Service ..... 9:50 a.m.  
Contemporary Worship Service ..... 11:05 a.m.  
Children's Church ..... 11:05 a.m.  
Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
Fridays, Celebrate Recovery ..... 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor  
Rev. Barry Seifert, Associate Pastor  
Pastor Sam Kautzmann, Student Ministries  
Elaine Carlson, Children's Ministry Director

**Apostolic Faith Church, UPCI**

**2929 19th Ave NW • Minot**  
Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
Sunday Worship ..... 3:30 p.m.  
Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**



**OUR REDEEMER'S CHURCH**  
A Church of the Lutheran Brethren

**Sundays:**  
Worship ..... 9:00 a.m. & 11:00 a.m.

**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

**ORCS Preschool**

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

**NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR**

**HIGHLIGHTS OF OUR PROGRAM**

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.  
**701.839.0772**  
Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
Website: [www.orcsknights.org](http://www.orcsknights.org)

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Revisions MADE UPON NOTICE FROM THE CHURCH

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call 701-839-0946

email [NSADS@SRT.COM](mailto:NSADS@SRT.COM)

VIEW OUR PAPER ONLINE AT [NORTHERNSENTRY.COM](http://NORTHERNSENTRY.COM)




Our Redeemer's Christian School  
700 16th Avenue SE  
Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
[www.orcsknights.org](http://www.orcsknights.org)

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## UPCOMING EVENT

### STAMPING & SCRAPBOOKING SALE

Huge 15th Annual Multi-Party.  
Over 35 sellers with 1000s of items!!! Cash only.  
**Saturday June 25th**  
9 a.m to 3 p.m.  
429 Cedon Drive, Minot  
six blocks east of Longfellow School

June 24

## RUMMAGE SALE

A Little Bit Of Everything...  
With A Lot Of Savings!

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Monday - Saturday -  
8:30 AM to 6 PM  
Sunday - 12 PM to 5 PM

**15% Military Discount!**

<https://www.facebook.com/4rhomethrift>

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ANTIQUES, JUNK,  
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DAKOTA FLEA MARKET

NEXT MARKET DATES:

SEPTEMBER 10 & 11

OCTOBER 8 & 9

NOVEMBER 12 & 13

DECEMBER 3 & 4

N.D. State Fair Grounds.  
Admission: 10 & Under Free  
Ages 11+ \$2. Vendor information  
[dakotafleamarkets@gmail.com](mailto:dakotafleamarkets@gmail.com) or  
call 701.278.0866

tfn

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**AUTO BENT UP OR JUNKED??**

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**701.240.7453.**

Sept 2

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701-839-0475 or 701-721-0475.

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720-1933

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605 27th St SE, Minot ND 58701  
Or contact: Matt Mackey  
By email or phone at  
[mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
701-852-1014

tfn

**THE NORTH DAKOTA  
NATIONAL GUARD** have  
openings available in a variety of  
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in Minot. Continue your military  
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or 420-5904 in Minot.

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for  
daytime and evening custodial  
positions cleaning buildings at  
the Minot Air Force Base. Pay  
is \$14.49/hour plus health  
& welfare benefit. Hours  
Days 8a or 9a-finish typically  
Monday through Friday, may  
include weekend work. Nights  
5p-finish. Apply in person  
at: 605 27th St SE, Minot  
ND 58701 or contact: Matt  
Mackey By email or phone  
at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
701-852-1014.

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### ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only  
• Adult Hours Tuesday-Friday  
7am-4pm

• Later start times available but  
must be able to stay until  
4pm & Sunday 11am-6pm

• Teen Hours  
Tuesdays-Friday 4pm-7pm &  
Saturday 7am-6pm

• Morning start times rotate &  
vary. Please speak to Charlie  
at the commissary if interested or  
leave contact information with  
customer service.

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**AVAILABLE NOW!** Several apts  
on North Hill available 4 rent. 2  
Bdrm + 1 bath. \$655 to \$795.  
Call Matt or Jerry at IPM. 852-  
1157

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**HOUSE FOR RENT - 30 PAVED  
MILES FROM MAFB.** Choice of  
4 School Districts. 2 Bedroom- 1  
Bath. Double Garage. \$550.00  
Call (701) 768-2692 or (701)  
263-2093

tfn

## REAL ESTATE

Find ALL listed homes for sale  
in Minot and the surrounding  
areas at [www.brokers12.com](http://www.brokers12.com).

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**1986 16' X 80' MOBILE HOME  
LOCATED IN DEERING, ND**

3 Bedroom- Decks on Front &  
Back. Recently Winterized with  
New Insulation. Some New  
Windows. Located in Deering  
Mobile Home Park. \$10,500.00  
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E-EDITION**

**northern  
sentry**

MINOT AIR FORCE BASE NEWSPAPER  
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Auctioneers: Clint Beeter, Lic. #199 &

Kevin Beeter, Lic. #464 - Clerk Lic. #199

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- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

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(701) 727-2233  
(701) 727-AADD**

**THURSDAY, FRIDAY & SATURDAYS  
09:00 PM – 02:00 AM**

**HOLIDAY WEEKENDS  
08:00 PM – 03:00 AM**

**Thanks to SRT for donating the  
phone services for AADD**



# CLASSIFIEDS

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## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 4 Jul-4 Sept. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 904-513-9734.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call (701) 727-8386.

### PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



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### SUDOKU SOLUTION

PUZZLE ON PAGE C4

9	1	5	7	2	6	4	3	8
7	3	6	4	5	8	1	9	2
8	2	4	1	9	3	6	5	7
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1	7	9	3	8	5	2	4	6
4	5	3	6	7	2	9	8	1
5	4	7	2	1	9	8	6	3
6	8	1	5	3	4	7	2	9
3	9	2	8	6	7	5	1	4

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## FRIDAY 01

- AFGSC Family Day
- For full listing Independence Day holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- July Photo Scavenger Hunt Begins at the Minot AFB Library
- Red, White, & Blue Run, 0700, Fitness Center
- Firecracker Scramble, 0900, Rough Rider Golf Course
- Freedom Fest STEAM, 1000-1400, Minot AFB Library
- Freedom Fest, 1830, Turf

## SATURDAY 02

- For full listing Independence Day holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)

## SUNDAY 03

- For full listing Independence Day holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Zumba, 1400, Fitness Center

## MONDAY 04

- Independence Day
- For full listing Independence Day holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Independence Day Special Lunch, 1030-1330, Dakota Inn Dining Facility



## TUESDAY 05

- Registration Begins: Skydiving & Camping Trip at Outdoor Recreation
- Game Day, 1000-1930, Minot AFB Library
- Run for Fitness, 1700, Fitness Center
- Acrylic Paint Pouring Class, 1730-1930, Arts & Crafts Center
- Zumba, 1830, Fitness Center

## JULY SPECIALS

### Bomber Bistro • Meat Lovers Pizza

Classic marinara base with a medley of Canadian bacon, Italian sausage, pepperoni, and crispy bacon.

### The B-Fifty Brew • Mocha Frappuccinos

Mocha sauce, Frappuccino Roast coffee, milk, and ice all come together for a delicious flavor that'll leave you wanting more. To change things up, try it affogato-style with a hot espresso shot poured right over the top!

### Rockers Bar & Grill • Dragon's Fire Burger

Seasoned 1/3lb hot & spicy burger with ghost pepper cheese, jalapeños, and Rocker's Fire & Fury sauce on a bed of lettuce and tomato. Served with fries!

# WHAT'S GOING ON MAFB

## WEDNESDAY 06

- Boots to Business, 0800-1600, A&FRC
- Pre-Deployment/Remote Readiness Training, 1000, A&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- First Duty Station Officer Course, 1400-1630, A&FRC
- Board Game Making Camp, 1500, Minot AFB Library
- Cycle, 1630, Fitness Center
- Youth Jiu-Jitsu Classes Begin, 1630-1730, Youth Center
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC, inside Bomber Bistro
- Yoga for Fitness, 1830, Fitness Center

## THURSDAY 07

- Registration Ends: Intramural Outdoor Soccer at the Fitness Center
- Short Notice Pre-Separation Counseling, 0930, A&FRC
- Reintegration Briefing, 1000-1100, A&FRC, Zoom Meeting
- Run for Fitness, 1700, Fitness Center
- Zumba, 1730, Fitness Center
- Barre Strength, 1830, Fitness Center

## ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care -- Call to schedule an appointment.

## FRIDAY 08

- Family Zumba, 1000, Turf hosted by the Fitness Center
- Board Game Making Camp, 1500, Minot AFB Library
- Karaoke Night, 2000, Rockers Bar & Grill

## SATURDAY 09

- Space Exploration, 1300, Minot AFB Library

**HAPPY 4th of July Independence Day**

Join Us For A Special BBQ Lunch Menu  
Monday, July 4<sup>th</sup> 2022 • 10:30AM - 1:30PM  
Dakota Inn Dining Facility

**Featured Menu:**  
Grilled Chicken • BBQ Flank Steak  
Kansas City Pork Chops • Hot Dog

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4:30PM - 5:30PM

**Cost**  
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For more details, call the Youth Center at 723-2898

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