

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 33 | MINOT AIR FORCE BASE | FRIDAY, AUGUST 19, 2022

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MINOT EOD IS THE BOMB

The Air Force EOD Team of the Year Grand Finale competition was held at Muscatatuck Urban Training Center, Indiana, July 25-27, 2022. Hosted by the Air Force Installation and Mission Support Center, the competition seeks to drive innovation, restore readiness, and develop and retain leaders within the EOD career field. Above, Tech. Sgt. Fernando Aguilera, left to right, and Senior Airmen Benjamin Sherva and Zachary Debit, explosive ordnance disposal technicians with the 5th Bomb Wing's EOD flight, positioning an improvised shaped charge. See page A2 for more coverage.

U.S. AIR FORCE PHOTO | MALCOLM MCCLENDON

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Air Force EOD Team of the Year Grand Finale competition

MALCOLM MCCLENDON,
AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

MUSCATATUCK URBAN TRAINING CENTER, Ind. – The winners of three competitive regional events designed to test and enhance the readiness capabilities of explosive ordnance disposal teams across the Air Force settled the score with Hill AFB earning the inaugural Air Force EOD National Team of the Year title this past week in Indiana.

Three previously-held EOD events – the Southeast Region, West Region and Air Force Global Strike competitions – culminated in the grand finale, which challenged the EOD teams from Little Rock, Hill and Minot Air Force Bases to compete, determining the Air Force national champion.

The 775th Explosive Ordnance Disposal Flight from Hill AFB, Utah, emerged as this year’s Team of the Year Grand Finale winner. The team will represent the Air Force at the U.S. Bomb Technician Association’s Top Bomb Technician Competition in November.

“We were challenged with scenarios that were much more complex and advanced than those we faced at regionals,” said Tech. Sgt. Johnathan Page, Hill’s EOD team leader.

Holding the EOD championship event at Indiana’s Muscatatuck Urban Training Center placed competitors in “realistic, unfamiliar urban environments like those

some of us have faced in the past, some of us are facing now and some of us will face in the future,” Page said. “Winning required thinking outside the box and a major reliance on the entire team working together, knowing not only our own jobs but each other’s. Our win was only possible because of the ingenuity and steadfast dedication of my team members.”

More than a year of planning at the Air Force Installation and Mission Support Center went into

establishing the pilot program for competitive EOD events. With AFIMSC’s support, the program will expand to 10 events in 2023 – eight regionals, one AFGSC competition and a final national event.

“Our job at AFIMSC is to provide installation and mission support capabilities, which EOD technicians need to conduct their missions effectively,” said Master Sgt. John Johnson, resource analyst with AFIMSC’s Emergency Services



Senior Airman Bryan Post, Staff Sgt. Zachary Pennington and Tech. Sgt. Johnathan Page, explosive ordnance disposal technicians with the 775th Civil Engineering Squadron’s EOD flight, are the winners of the Air Force EOD Team of the Year Grand Finale competition

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Branch and event coordinator. "This competition allows us to do that by bringing in teams from across the Air Force to compete at one location, so we are able to get a first-hand view of our readiness levels, identify gaps and opportunities, and find better ways to serve the career field."

"With this being a pilot program, we didn't know what to expect. We knew that the mission set was going to be based on our mission areas and we would face scenarios that are tailored to that," said Tech. Sgt. Brandon Tran, EOD team leader for the Southeast Region winners from Little Rock AFB, Arkansas.

"At the regional event, there were a lot of fundamentals tested. It was key that we were good at the fundamentals and had a good solid base. Here, it's ramped up quite a bit. There is more detail in the planning and execution of the scenarios," Tran said. "It's very clear that they did a lot of research and work to put all these events together, but it's great, it's great to use our skills."

"This was a full-spectrum competition covering eight of the nine Air Force EOD mission areas with scenarios that tested basic EOD skills like reconnaissance, x-ray diagnostics, robot maneuvering, explosive demolition and constructing protective works," said Johnson. "These teams are the best of the best; they showed up and put their best skills on display. We saw a lot of critical thinking, creativity, ingenuity and everything you would expect to see from our best technicians. I'm excited for the future of this program."

Johnson said the goal for next year is to include all active, Guard and Reserve EOD flights, and in subsequent years, expand it to U.S. Pacific Air Forces and U.S. Air Forces in Europe - Air Forces Africa commands.

"This is something we've been working on for a few years, so to have it coming to fruition here in this first-ever Air Force level EOD event is a big deal," said Chief Master Sgt. Vandiver Hood, EOD career field manager at the Air Force Civil Engineer Readiness Division, Pentagon, Washington, D.C. "At headquarters Air Force, we're always looking at how we can get a big picture look at the quality of training and preparation we are providing our EOD teams, and with events like this, AFIMSC is providing us with a clear view."



Tech. Sgt. Fernando Aguilera, right, and Senior Airman Zachary Debit, explosive ordnance disposal technicians with the 5th Bomb Wing's EOD flight, prepare to disarm an improvised explosive device with an explosive disarming tool.



Tech. Sgt. Fernando Aguilera, an explosive ordnance disposal technician with the 5th Bomb Wing's EOD flight, conducts reconnaissance on unexploded ordnance

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A Little Different Feel This Year

The purpose of this article is not political in nature at all. Instead, it is just to point out what a huge difference it makes when parents and kids can concentrate on preparing for school in a non-pandemic world.

Last year there were school districts struggling with mask/non-mask mandates as COVID 19 just would not release its' grip on the citizens of the United State and other countries. My grandchildren in West Fargo did not need to wear masks, and right down the road their friends who were in the Fargo school district started the 2021-22 school year with a mask mandate for their students and teachers.

Even though North Dakota will start the year, as it appears, without any school district having a mask mandate, there are parents who have chosen to either home school or have their kids wear

masks, and that is their choice. But the overall tension of last year's COVID climate is pretty much gone, and that will allow parents and kids to worry about getting school supplies and outfitting the kids for that first day of school.

For all of the new teachers and students who have arrived during the summer months, we send our sincere welcome to Minot. I have heard over and over again how welcome Minot Public Schools makes parents and students feel. As the year goes along the excitement will start building for the construction of Minot North High School, and the change for Central Campus as it becomes a Middle School. The spring vote on the school expansion project should be a very positive sign to all new students and teachers that the city is square behind Minot Public Schools and the development of a second high school.

**northern
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A VIEW FROM OUR SIDE
 ROD WILSON, NORTHERN SENTRY



Finally, remember the excitement that goes with that first day of school. Kids are sometimes distracted by new friends and new surroundings. Keep an eye out for kids at crosswalks, and in traffic

areas. And then when you have a minute, be sure to look at all those smiles not hidden behind masks. Truly, the start of school in 2022 is a whole lot different than last year.



Children found safe...



UPSIDE DOWN UNDER
 MARVIN BAKER

A kidnapping that was solved last week received little attention in the U.S. media, but had possible implications for North Dakota and Montana.

It certainly did in South Dakota because that is where two children, a brother and sister were found safe.

A man named Benjamin Moore, a known sex offender who has served prison time in Canada, and his common law wife, kidnapped 7-year-old Luna Potts and her 8-year-old brother Hunter in Shaunavon, Saskatchewan, a small town of 1,600 near Swift Current in the southwest of the province.

As soon as it was realized the children were missing, an Amber Alert was issued across Saskatchewan and it was believed they were traveling west to Alberta.

Unfortunately, that wasn't the

case at all. After the Royal Canadian Mounted Police received a tip they may be traveling to South Dakota, the RCMP contacted authorities in South Dakota and an immediate Amber Alert was issued across the state.

Within two hours, the children were located in a Meade County campground near Sturgis. Moore was arrested and the children were later returned to their home in Shaunavon.

The news on the Canadian side covered this thoroughly, but the only report I've seen in the American media was an article in the Rapid City Journal. Rapid City is 25 miles from Sturgis.

A number of questions come up about this weird situation, but the first one for me is how did these people get into the United States? If they went from Shaunavon to Sturgis, that means they had to travel through Montana and perhaps part of North Dakota to get to southwest South Dakota.

If Benjamin Moore is a sex offender, as Canadian media reported, and had two young children in the car, I would think that would have thrown up an immediate red flag. Border Patrol agents are trained to look for this type of activity, so it could only

mean two things.

First, Moore's car, with an Alberta license plate, was waved through a port of entry without a check, or they passed into the United States on a road that doesn't have a port of entry.

This isn't the first time this has happened in my journalism career. Several years ago an Alaska man was caught on U.S. Highway 52 near Kenmare with a child he kidnapped in Alaska. He passed through the Portal port of entry before being captured by the Highway Patrol in Ward County.

This man slipped through Alaska and into Yukon Territory without any skepticism and drove all the way to the North Dakota border, passed through the port of entry and was captured about an hour later.

In that case, you almost have to think the Border Patrol knew something was wrong and contacted the North Dakota Highway Patrol to watch this guy as he traveled into North Dakota.

There are numerous other questions about the Potts siblings. Where was Moore and his girlfriend (who wasn't named in the Canadian media or in the Rapid City Journal) taking the children? In other words, what was

the destination?

My guess is they were in the Sturgis area because the annual motorcycle rally was going on there at the time and perhaps these people could "blend in" without law enforcement becoming suspicious.

Montana and North Dakota both have major highways going north and south that bump up to the Canadian border. Large amounts of marijuana have been found at the border, large amounts of liquor have been found at the border and in one case, a survivalist from Toronto wound up in Pembina County, near Walhalla and was going to "blow up everything and everybody."

But taking children across an international boundary can only be the thinking of a knucklehead criminal. Even if there is a percentage of chance of getting caught, that's too much.

And in Benjamin Moore's case, he got almost all the way through two states and one province before getting caught. As of this writing, charges in the case were still pending.

Let's just be pleased that Luna and Hunter Potts are safe and back with their family in Shaunavon.

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SHE'S NOT FROM AROUND HERE
AMY ALLENDER

Today, I'm going to tell you a secret.

To understand the secret, you'll need to know the question I'm asked most often:

Why, Minot? As in, "Why do you insist on liking Minot so much?"

I get this question all the time. Until the moment my husband told me he'd been assigned to Minot, Air Force Base I didn't even know a place called Minot existed. Sure, I could point to North Dakota on a map, but I knew absolutely nothing about life in the Peace Garden State. In fact, I didn't know it was called the "Peace Garden State." I'd never even heard of the Peace Garden.

That was in the summer of 2012. I had no idea how much different NoDak life would be when compared to anywhere else we'd been. I didn't know a hot dish from a casserole, or how to distinguish between Scandinavian and Nordic.

That was ten years ago, now. We moved away for a few years, but Minot, ND—the place I'd never heard of—has somehow become the place I call "home." In our "Air Force life" my husband and I moved six times in ten years. Of all the moves, and all the places, Minot is where we've spent the most

The Tried and True Secret to Thriving Where You Are

time. It's a place that has given us space and grace to grow. It's a place we felt so connected to that we asked to return.

This last bit always triggers the question, again. "Why, Minot?" Why come back? Why ask to stay? Why not go somewhere else?

After living in a revolving door of towns and duty stations, our hometown stopped feeling like "home base." We weren't from the places we lived, but we weren't connected to the place we were from, either. It's a weird dynamic; not being from around here—anywhere.

So, how did I learn to adore a place so many others find easy to ignore, abase, and avoid at all costs? That's the secret. It's the secret everyone seems to want to know. It's the secret I'll tell you today.

It was the people. This isn't what you think. Please, don't write this off as a cliché. Yes, the people are lovely—but lovely people are not the secret I'm telling you today. When I was new in town, I never expected the locals to notice me, invest in me, and prod me into a place of belonging. I never thought the born-and-raised hot-dishers would take me by the hand and insist that I appreciate their quirky culture. They didn't need to do those things; it wasn't their job. I found it easy to fall in love with this place because I took time to study and consider the people living around me. That's the secret.

Finding appreciation for a place doesn't need to come through a long list of attractions or ideal weather year-round. Instead, pause, look around, and consider the people.

When we first arrived, I stopped to consider all the people who chose to call Minot home. Yes, we were sent by order of the U.S. military—but there were literally thousands of others who opted to live in Minot, ND—even though they could have lived elsewhere. I began studying those people, discovering what held them in Hot Dish land.

Each time I was tempted to complain, or jump on the popular-opinion-wagon with all the others hurling negativity at an assignment to Minot—I chose to focus on those around me who wanted to be here. I chose to remain curious about the good instead of arrogantly adamant about the bad. I thought about how rude it would be to complain about living in the place they've chosen to call their home. I thought if I could understand their reasons, for coming here, or staying here, I'd discover a sense of belonging, too.

And it worked. That's the secret. It's true for everywhere. People are always the secret. Instead of expecting someone to convince you that a place is worthwhile—spend time trying to understand their point of view. Never forget: wherever you go there are people who have chosen that



Sitting with my oldest son at the International Peace Gardens. Until moving to North Dakota, I didn't know it was called "The Peace Garden State." I didn't even know what the Peace Garden was.

AMY ALLENDER PHOTO

place over many, many others. When discontentment threatens to sneak into your heart, focus on the content people. Then, consider what they're seeing that

you may have overlooked. For more positive living, join me on Instagram, @amy_allender, or on Facebook, @amyallenderblog.

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AFGSC tests unarmed Minuteman III from airborne control center

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BARKSDALE AIR FORCE BASE, La. --

A joint team of Air Force Global Strike Command Airmen and Navy crew members launched an unarmed Minuteman III intercontinental ballistic missile equipped with a test reentry vehicle from aboard the Airborne Launch Control System at 12:49 a.m. Pacific Time Aug. 16 from Vandenberg Air Force Base, California.

This test launch is part of routine and periodic activities intended to demonstrate that the United States' nuclear deterrent is safe, secure, reliable and effective to deter twenty-first century threats and reassure our allies. Such tests have occurred more than 300 times before, and this test is not the result of current world events.

Airmen from the 625th Strategic Operations Squadron out of Offutt Air Force Base, Nebraska, were aboard the U.S. Navy E-6B Mercury aircraft along with crew members from the Navy's Strategic Communications Wing to demonstrate the reliability and effectiveness of the ALCS system. The 625 STOS is responsible for the operation of the ALCS weapon system which is a crucial component as the only alternate launch capability for the Minuteman III. All training and certification of ALCS operations

crews and test team members is conducted by the 625 STOS. Additionally, the 625 STOS is responsible for ICBM targeting operations used to configure all GLORY TRIP sorties in their test configuration.

The ICBM's reentry vehicle traveled approximately 4,200 miles to the Kwajalein Atoll in the Marshall Islands. These test launches verify the accuracy and reliability of the ICBM weapon system, providing valuable data to ensure a continued safe, secure and effective nuclear deterrent.

"Make no mistake - our nuclear triad is the cornerstone of the national security of our country and of our allies around the globe," said Col. Chris Cruise, 576th Flight Test Squadron Commander. "This scheduled test launch is demonstrative of how our nation's ICBM fleet illustrates our readiness and reliability of the weapon system. It is also a great platform to show the skill sets and expertise of our strategic weapons maintenance personnel and of our missile crews who maintain an unwavering vigilance to defend the homeland."

The test launch is a culmination of months of preparation that involve multiple government partners. The Airmen who perform this vital mission are some of the most skillfully trained and educated the Air Force has

to offer.

Airmen from the 341st Missile Wing at Malmstrom AFB, Montana, 90th Missile Wing at F.E. Warren AFB, Wyoming, and 91st Missile Wing at Minot AFB, North Dakota, were selected for the task force to support the test launch. The three missile bases have crew members standing alert 24 hours a day, year-round, overseeing the nation's ICBM alert forces.

"Our test launches are scheduled well in advance and are not reactionary to world events," said Maj. Armand Wong, Task Force commander. "A meticulous planning process for each launch begins six-months to a year prior to launch. Our best Airmen from each of the three missile wings worked in conjunction with the 576th Flight Test Squadron to proudly showcase some very technical skills that comprise the heart of our nuclear deterrence mission."

The ICBM community, including the Department of Defense, the Department of Energy, and U.S. Strategic Command, uses data collected from test launches for continuing force development evaluation. The ICBM test launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent



An Air Force Global Strike Command unarmed Minuteman III intercontinental ballistic missile launches during an operational test at 12:49 A.M. PDT Tuesday 16 Aug, 2022 at Vandenberg Space Force Base, Calif. ICBM test launches demonstrate that the U.S. ICBM fleet is relevant, essential and key to leveraging dominance in an era of strategic competition.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS RYAN QUIJAS

as a key element of U.S. national security and the security of U.S. allies and partners.

Air Force Global Strike Command is a major command with headquarters at Barksdale Air Force Base, Louisiana, in the Shreveport-Bossier City community. The command overseas the nation's three intercontinental ballistic missile wings, the Air Force's entire bomber force, to include B-52, B-1 and B-2 wings, the Long Range Strike Bomber program, Air Force Nuclear Command, Control and Communications systems, and operational and maintenance support to organizations within the nuclear

enterprise. Approximately 33,700 professionals are assigned to two Numbered Air Forces, nine wings, two geographically-separated squadrons and one detachment in the continental United States and deployed to locations around the globe. More information can be found at: <https://www.afgsc.af.mil/About/Fact-Sheets/Article/454593/air-force-global-strike-command-air-forces-strategic-air/>.

The LG-35A Sentinel will replace the Minuteman III ICBM with an initial capability of 2029. Until full capability is achieved in the mid-2030s, the Air Force is committed to ensuring Minuteman III remains a viable deterrent.



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Our Tribe

The Mandan, Hidatsa and Arikara Nation, also known as the Three Affiliated Tribes, is located on the Fort Berthold Indian Reservation in central North Dakota. The reservation is located on the Missouri River in McLean, Mountrail, Dunn, McKenzie, Mercer and Ward counties. The reservation consists of 988,000 acres, of which 457,837 acres are owned by Native Americans, either as individual allotments or communally by the tribe.





HOOBASTANK MEET AND GREET

Team Minot Airmen and their families met Hoobastank at Minot Air Force Base, North Dakota, Aug. 13, 2022. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA

SKILLET MEET AND GREET

Team Minot Airmen and their families met Skillet at Minot Air Force Base, North Dakota, Aug. 13, 2022. More photos can be found on Minot AFB PA Flickr page.

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What's Going On in the BX?

ERIN BEENE, NORTHERN SENTRY

Every base has a BX, or Base Exchange. If you've been around a while you know each BX is filled with chain restaurants like Charley's Sandwiches, Burger King, Subway or maybe a local eatery. The Minot AFB BX has all these places plus some new exciting additions. Color Dot Jewelry, Cookies for You and Son of a Brunch all opened within the last year and present base residents with some unique opportunities for food and fashion. The two new restaurants offer hungry people a new place to fill their tummies during mealtime hours and Color Dot Jewelry offers the BX shoppers a large selection of handmade jewelry at their convenience. The new shops inside the BX offer something new and exciting for Minot AFB residents.

Serving as one of the only breakfast joints in Minot, let alone the only place that serves a hearty breakfast on the base (besides the Dining Facility), Son of a Brunch is a one-of-a-kind restaurant that serves monster breakfast burritos and large amounts of protein-fueled deliciousness to get anyone through the day on a full stomach. Owner Lee Drummelsmith started the food truck version of the restaurant, which still operates, back in July 2021. As a previous restaurant manager, he had been itching to start his own thing and found the food truck to be an affordable option. He went with breakfast fare because both he and he wife enjoyed the morning meal and they both saw the wide open market in the area. Once the food truck kicked off, word of mouth

spread fast and Drummelsmith quickly had a lot of military members who told him about the space available in the BX. One thing led to another and the Son of Brunch restaurant in the Minot BX officially opened on December 28, 2021. Drummelsmith gushed that business has been awesome and said, "I can't thank everyone enough for wanting to come out and support us." Currently Son of Brunch is open 7am- 1pm, but hopes to start being open 7 days a week this coming Fall. For updates about their hours, special deals and all their menu items, check out their Facebook page.

Also noticeably new in the BX is the smaller version of Cookies For You, located just to the right of the entrance behind Son of a Brunch. Cookies for You has their main campus in Downtown Minot at 117 South Main Street, but saw the opportunity to embrace the base market too. Cookies for You employee Kira Erwin, told the Northern Sentry that they already had many base-affiliated employees and that's how they found out about the opportunity at the BX. For a while, the cookie bakery operated a small kiosk located at the left hand side of the BX foyer, but it moved over to the main location back in February. The shop is filled with delicious smelling -and tasting- cookies available for day-of purchase. They also offer gift boxes for any occasion: think baby showers, birthdays, holidays and fun ways to say "thanks." While some gift boxes may be available for purchase on a walk-in basis, almost anything can be pre-ordered on

their website <https://cookiesforyou.com/shop/> and available for pick-up the next day! Keep a special eye out for Halloween themed cookies coming soon!

Besides the tasty food options, there is a new-ish kiosk stand greeting BX guests as well. Color Dot Jewelry and is operated by owner/creator Phoebe Wright. This unique and all homemade jewelry stand is more than trendy and fun, it has amazingly priced and affordable necklaces, earrings and bracelets for everyone. This jewelry really does encompass the one of a kind item that truly is in everyone's budget! Shoppers will find raw cut stone earrings, dazzling handcrafted necklaces of sterling silver and much more! Owner Phoebe makes all her own jewelry and sells downtown at the Minot Farmers Market and some boutiques around the state as well. However, she admitted to the Northern Sentry that she really likes to give the people on base special low prices as a way to say thank-you. Color Dot Jewelry is open to the base public at the BX on Tuesdays and Thursdays 10am-2 pm and is the perfect stop for last minute gifts for all ages when you are looking for something personal and affordable. Or it is also great for those personal shopping steals as well.

All these new places in the BX support the Team Minot Airmen and their family members to provide meal options and the ease of shopping on base. These local sourced businesses are friendly, tasty, and affordable and here for YOU. Go check them out today!



Cookies For You 'Bouquets in a Mug' and themed "Cookie Boxes" available to pre-order for all occasions!



Color Dot Jewelry kiosk and owner Phoebe Wright



Color Dot Jewelry kiosk open at the BX Tuesdays and Thursdays



Son of a Brunch owner Lee Drummelsmith and fellow friendly employees love serving the Minot AFB community



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It's Not Your Grandfather's Car Wash

Magic City Car Wash Brings Latest Technology to Minot

ROD WILSON, NORTHERN SENTRY

For Gabe Holt and his partner Alex Lopez, acquiring enough room for the commercial footprint of Magic City Car Wash would take some time. "We needed to purchase and develop five lots. Two of them on the east side and three residential lots on the west side" of the Magic City Car Wash location, and then the next step would be finding the right car wash with the right technology, and for Holt and Lopez it would be well over a year of looking at other car washes in other cities. Trips took them as far away as Florida, but one trip to Magic City Car Wash leaves you impressed with this new, modern facility built specifically to wash cars 12 months a year.

On the north side of the car wash customers will notice the line of vacuum cleaner hoses, pretty common to today's car wash venue. But there is a lot more than first meets the eye. On the post ahead of you are two unique features; a tilted surface with a large alligator clip designed to hold your mats while you vacuum or wipe them down. Also on the pole is a hose that gives you compressed air to blow out soap residue from around mirrors and headlights. But the real difference begins when you pull the vacuum tool out of its holder and realize that this is what a vacuum designed to for a car wash should be.

Located conveniently around the facility are towel carts. "Yeah, we

have clean, microfiber towels and complimentary Windex for our customers. Really, we want them to have the complete car wash experience, and most people are comfortable with wiping down the exterior and interior of their own car."

To start your tip through Magic City Car Wash you can choose one of two lanes to begin your experience. Large signs promote a monthly "Wash Pass" system. "That part of the wash is completely controlled by sensors that read your license plate. If you have purchased a monthly pass, and there are four options to match your preference, the sensor will raise the gate and you are on your way" says Holt.

Now a car wash used to be a dark, dreary tunnel, but you can forget that memory as multiple LED lights and signs guide you through. "If we just run a car through without any prep at all, it takes about two minutes" according to Holt. "But the prep works is really what makes our carwash different. It may take a few minutes to knock off the mud or bugs, but it is certainly worth it when your car comes out clean."

With Magic City Car Wash being

located on the base of North Hill, "we definitely cater to the Minot Air Force Base personnel. We have a 10% Military Discount" and recently Magic City Car Wash has provided complimentary car washed to Airmen Against Drunk Drivers voluntary drivers. "The military clientele are so courteous and we love having them use our wash. And helping out AADD is just being a good neighbor and helping them out" Holt continues.

Magic City Car Wash is open from 8 AM to 9 PM daily, seven days a week. I guarantee you that your first trip through will convince you that this is certainly not, "Your Grandfather's Car Wash."



All About Pets

The scoop on dog grooming



Whether you go to the groomer or do it yourself at home, grooming your dog is essential. Every dog's needs are different, but here are a few pointers to get you started at home or in between visits to a professional!

•Bath time: the ASPCA recommends bathing your dog at least once every three months. If your dog has skin problems or spends a lot of time outdoors, you may need to bathe more often. However, bathing too often can lead to more skin irritation and dryness, so use your best judgement and be sure to keep an eye on your dog's condition. If you're bathing at home, be sure to do your research on the best bathing method for your dog's coat. Keep the water warm but not hot, and use a shampoo and conditioner that is best for them (medicated, puppy formula, detangling, etc.). Make sure to keep water out of your dog's ears and use a wash cloth or towel to gently wipe their face clean.

•Brushing: Regular fur brushing will help spread natural oils throughout your dog's coat, remove dirt, and prevent tangles and matting. Slicker brushes will help remove loose fur and detangle all coat types, but are best for medium-long haired dogs. Don't use too much pressure with a slicker, as this can cause discomfort. Pin brushes are like slickers, but they have pins tipped with plastic or rubber. These are great for longer, silkier, or curly coats. A bristle brush is a great option for a dog with a short or wiry coat and will remove excess fur and give your dog's coat a beautiful shine. Rakes are designed to penetrate a thick undercoat and remove tangles and debris in long-haired dogs. Make sure you pick the best brush for your dog's coat and brush them at least every few days. Brushing is also a great time to check out your dog's skin for signs of irritation, skin conditions, or bugs.

•Dental care: Dogs need their teeth brushed too! You can use a toothbrush/finger brush and dog safe toothpaste and you can also keep your dog's teeth healthy by providing a healthy diet, plenty of chew toys/bones, and treats that are specially formulated for their dental needs. It is best to brush their teeth every day, but even three times a week is better than none. Just like brushing fur, it gives you a chance to check out your dog's condition and find any signs of illness or irritation.

•Ear care: Regularly checking your dog's ears is important, especially for those who produce excessive earwax! If your dog's ears are dirty,

you can gently clean them with a cotton ball dampened in a liquid ear cleaner. You may want to contact your vet before doing this to make sure that you are using the proper technique/products and not accidentally causing harm to your pooch.

•Nail trimming: Many dogs are uncomfortable having their nails trimmed, but trimming your dog's nails is one of the most important things you can do to keep them happy and healthy! Nails should be cut when they almost touch the ground when your dog walks. This could be every week or every few weeks, depending on the dog and its activity level/type. You can use scissor or guillotine type clippers, a nail grinder, and some owners even opt to train their dog to use a scratch board for light nail maintenance. Be careful not to cut your dog's quick, as this can cause bleeding and lots of pain. If your dog is really struggling with feeling comfortable during nail clipping, be sure not to force them to continue or you can risk putting your dog off from it completely. Some owners are able to clip all their dog's nails in one sitting, some can only do one nail a day. Either way, with the proper training, plenty of patience, and rewards, you can teach your dog to tolerate nail maintenance. If you are unable to train your dog to tolerate it, contact a professional groomer or even a veterinarian immediately. If your dog's nails get too long, it can cause discomfort, pain, or injury.

•To shave or not to shave: There are many reasons why a dog may need to be shaved, especially in severe cases of matting, but you should try to avoid this if possible. A dog's coat serves a purpose to insulate them in hot or cold temperatures and protect from sunburn, among many other things. If you have a double-coated dog, it is especially important not to shave as it can cause more damage than good! A light trim is acceptable to make their coat more manageable or presentable. If you think your dog might need to be shaved, be sure to ask a professional for their input. There may be other ways to resolve the problem before resorting to that.

With the right tools and research, you can successfully groom your dog at home. However, be sure to consult your vet or a professional with any questions you may have! And if you don't have the time or knowledge to groom at home, make sure you keep up by taking your dog to the groomer regularly.

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Connecting Minot's Women through Inspirational Alignment

ERIN BEENE, NORTHERN SENTRY

What does it mean to be a businesswoman in Minot? The founding members of Minot Women Connect make it their mission to offer professional development for women in the area that reflects the hurdles women may encounter in the workplace. The group, founded in 2017, was an offshoot from a similar organization in Fargo. Michelle Wall, one of the founding members, told the Northern Sentry that she had a friend in the organization in Fargo and was inspired to begin one here. The purpose of the Minot Women Connect group is to "develop the assertive leader in all women." Connect hosts several inspirational speakers, conventions and panels throughout the year to inspire women, help change and adapt with life, and all the while learning and growing together in the business sphere.

Since the group's formation 5 years ago, they have hosted many events, including speaker Anne Mahlum - a powerful business owner and athlete - as well as a

murder mystery social this past March. Like everything else, Covid caused it to take a break, but the MWC has an extra special upcoming speaker on August 31st. Sam Goodwin will address the audience about his time being a captive in Syria. "In May of 2019, Goodwin was wrongfully detained on false charges of espionage in Syria. He endured more than nine weeks of imprisonment, including solitary confinement, a sham trial, blindfolded interrogations, and a dramatic release. Goodwin's presentations today detail embracing uncertainty and the efforts it took to manage and survive captivity," said the Minot Area Chamber EDC. This event is open to the public, both men and women, and will be at the Grand Hotel, August 31st, 11:30- 1pm. Tickets are \$30 each and can be purchased at the Chamber's Website by logging in or creating a guest account, <http://ow.ly/t82H50Kkavp>. This exciting speaker will unravel his captivating life as "His release marked the first time an American civilian had been

freed by the Syrian regime. Today, Goodwin shares his experiences through speaking engagements worldwide, including to audiences of elite athletes, faith groups, corporate conventions, the US Military, and others."

The Minot Women Connect group partners with the Minot Area Chamber EDC as a not-for-profit organization "to reach as many women as possible and create Inspirational alignment for women," explained Wall. The members, including Kathy Aas, Christel Laskowski, Beth Feldner, Dawn Palumbo and Rianna Kuhn are open to all sorts of ideas and feedback about what types of events would be helpful in the future and what they would like to see. Because this organization is operated strictly by volunteers, the price of the event or cost of sponsorship strictly goes to cover other events or speakers in the future. Please come out this month to hear Sam Goodwin speak, support businesswomen in Minot and engage with the community.



(L to R) Christel Laskowski, Michelle J. Wall, It's Her Brand Enterprises Owner/Speaker Ashley Rae, Dawn Palumbo and Rianne Kuhn. February 13, 2019 at the Grand Hotel.

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Back-to-School Safely at Minot AFB

Backpacks, calculators, pencils, notebooks, oh my! It is Back-to-School time and our families, students, and schools are ready and prepared for an incredible 2022-2023 School Year!

Though this time is filled with excitement and joy, we much consider the importance of following safety protocols to ensure this school year is safe.

The following are a few tips for our drivers, walkers, and bus riders to make this school year a safe one!

Drivers:

-Please adhere to school zone signals and always obey the speed limit
-Always stop for school buses

loading or unloading children.

-Never pass, change lanes or make U-turns while driving in the school zone

-Be aware of and watch out for children near schools, bus stops, sidewalks, in the streets, in parking lots.

Walkers:

-Walk on sidewalks, if one is available.

-Before you cross the street, stop, and look left, right, and left again to see if cars are coming.

-Make eye contact with drivers before crossing and always cross streets at crosswalks or intersections.

-Stay alert and avoid distracted walking.

Bus Riders:

-Go to the bus stop with your child to teach them the proper way to get on and off the bus.

-Stand 6 feet (or three giant steps) away from the curb. If your child must cross the street in front of the bus,

-Teach him or her to walk until they are 10 feet ahead of the bus

-Your child and the bus driver should always be able to see each other.

For more Back-to School Safety Tips, please visit the Air Force Safety Center or National Safety Council websites. These websites are incredible resources as we prepare for an extraordinary school year.



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	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

October 2022 19 days

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2022 20 days

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

November 2022 19 days

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

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Workshop - Total Staff
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- September 06**
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- October 20 & 21**
Administrator Convention Days - No School
- November 11**
Veteran's Day - No School
- November 24**
Thanksgiving - No School
- November 25**
Vacation - No School

Vacation Days - not contracted day	Holidays	PD Days - contracted day
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Exchange Gives Military Students Chance to Score \$4,500 in Back-To-School Survival Kits

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Minot AFB – Military students headed back to school this fall can score one of 10 back-to-school survival kits in the Army & Air Force Exchange Service and Procter & Gamble's Back-To-School sweepstakes.

Authorized shoppers 18 and older can visit ShopMyExchange.com/sweepstakes from Aug. 1 through Aug. 30 and submit a photo showing how their student is preparing to go back to school to win a share of \$4,500 in prizes. Ten winners will each receive a \$200 Exchange gift card, a backpack and products from Procter & Gamble including everyday essentials such as Aussie

shampoo, Olay body wash, Puffs tissue and more.

“Entering this sweepstakes is the ultimate way to prep for the new school year,” said Minot AFB Exchange General Manager Brian M Read. “These prizes are too cool for school!”

Honorably discharged Veterans who have confirmed their eligibility to shop online can enter too. Veterans can visit ShopMyExchange.com/vets to learn more. Department of Defense and Coast Guard civilians and retirees can also enter.

No purchase is necessary to win. Winners will be selected on or about Sept. 9.

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BABY ANNOUNCEMENTS

BABY BOY BORN ON MONDAY, AUGUST 08, 2022 TO: MICHAELA BJERGAARD AND GARRETT JOHANSEN KENMARE, ND

BABY GIRL BORN ON MONDAY, AUGUST 08, 2022 TO: ANGELICA AND BRADLEY ENGELMANN MINOT, ND

BABY GIRL BORN ON WEDNESDAY, AUGUST 10, 2022 TO: NICOLE AND ANGEL MORALES MINOT AFB, ND

TWIN BABY BOYS BORN ON WEDNESDAY, AUGUST 10, 2022 TO: KELSEY AND TYLER CARROLL MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

Upcoming Events

19-20 AUG SCHEELS HUNT EXPO
VARIOUS TIMES
Scheels
2400 10th St SW Minot, ND

Come for in-store deals during Hunt Expo! From decoys to calls to dog supplies, we will help get you ready for the hunting season. Join us outside for fun and food!
DockDogs: See FB page for registration & wave times & finals.
For Belle's Sake: Friday- "Meet & Greet" adoptable dogs. Saturday- Microchip Clinic
Monty's BBQ- Saturday
Souris Valley Bowmen- Youth Archery shooting on Friday & Saturday



For more information:
Facebook/ Scheels (Minot, ND)/Events

25 AUG PROJECT BEE'S BBQ BASH
6:00 PM
Vardon Golf Club
7101 County Road 15 W, Minot, ND

We've got a license to grill and we want YOU to be there! Come on out and meet the team that makes Project BEE buzz! Tickets are \$30, purchase yours here: <https://projectbeend.networkforgood.com/.../45617-project...>
Dinner will be ribs, coleslaw, chips, and cornbread in addition to a cash bar. That's not all though! Bocce ball and ax-throwing cages will also be part of the evening—fun for the whole family!
Tickets
projectbeend.networkforgood.com/events/45617-project-bee-s-bbq-bash
<https://fb.me/e/eK8PrIvAh>



For more information:
Facebook/Vardon Golf Club/Events

27 AUG 2022 WALK TO END ALZHEIMER'S
9:00 AM
Minot Oak Park
19th Ave SW, Minot, ND

Registration 9:00 AM, Ceremony 10:00 AM, Walk to immediately follow at 10:20 AM. Registration is free, though fundraising is encouraged. Pre-registration is highly recommended. On-site registration will be done using QR codes with limited manual registration supplies. Every registered participant who achieves the fundraising minimum of \$100 will receive an official Walk to End Alzheimer's T-shirt via USPS. To receive a shirt in time for Walk day, participants must raise the T-shirt minimum at least four weeks prior to the event. Thank you Minot Farmer's Market and local vendors by showing your support by wearing purple on Walk day, August 27!
Sign Up Today: <http://act.alz.org/minot>



For more information:
Sarah Flesberg 701-356-4976 saflesberg@alz.org

28 AUG THE MINOT FOOD TRUCK FESTIVAL
11:00 AM-6:00 PM
Minot Oak Park
19th Ave SW, Minot

The Minot Food Truck Festival is aimed to bring the community together for one day of fun, music, and food. Featuring over 20 food trucks from around the state, 15 craft vendors, 15 jumping castles, and live music. This is a family fun event you don't want to miss!
Be a volunteer: <http://minotfoodtruckfestival.com/be-a-volunteer/>

FOOD TRUCK FESTIVAL

AUGUST 28, 2022 SUNDAY

11 AM - 6 PM
OAK PARK

For more information:
Facebook/Minot Food Truck Festival

On Base

Magic The Gathering Un-Cube Draft
27 August 2022
ESC • 1500

55 entry fee per person. Maximum of 16 contestants. Beginners welcome!

Each contestant is given three 15-card "pools" pulled from a cube consisting of cards from the Standard, Unset, Unstable, and Unrestricted sets.

All contestants draft a single card from each pool to build a 40-card deck to compete in a Swiss style tournament. Basic funds provided for deck building.

For more information, call 722-7226 or email trinity@5thforcesupport.com

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219TH SFS RECLAIM AN LF EXERCISE



Members of the Employer Support of the Guard and Reserve group meet with military members and other civic leaders at an Air National Guard training demonstration at Minot Air Force Base, North Dakota, Aug. 10, 2022. ESGR helps promote cooperation and understanding between civilian employers and their National Guard and Reserve employees.



Air National Guard members from the 219th Security Forces squadron take cover behind High Mobility Multi-Wheeled Vehicles during an exercise at Minot Air Force Base, North Dakota, Aug. 10, 2022. The modular design of the HMMWV allows it to be easily re-configured for many different uses.



Air National Guard members from the 219th Security Forces squadron perform an exercise where they must reclaim a launch facility from opposing forces at Minot Air Force Base, North Dakota, Aug. 10, 2022. Exercises like this allow guard members to keep well trained in case they are called upon for a real reaction.



Maj. Gregory Goodman, 219th Security Forces Squadron Commander, briefs members of the Employer Support of the Guard and Reserve group on the exercise SFS members perform at Minot Air Force Base, North Dakota, Aug. 10, 2022. Members of the North Dakota Air National Guard train and work seamlessly, side-by-side with U.S. Air Force active duty security forces members of the 91st Missile Wing as they maintain security standards in the missile fields.

U.S. AIR FORCE PHOTOS
AIRMAN 1ST CLASS
ALEXANDER NOTTINGHAM

NOTES ON BEING SAFE

SUN AND SUMMER SAFETY



ROD KRAUSE
5TH BOMB WING
OCCUPATIONAL SAFETY
AND HEALTH MANAGER



Being outside on a warm, sunny day is one of life's great pleasures. The sun generates light which is the fuel that plants use for photosynthesis. This is the process by which plants create their energy. We, in turn, depend on plants for the food we eat and the oxygen we breathe. The sun's infrared rays keep us warm and its visible light is what we use to see by, but getting too much sun can be dangerous.

Some people feel that if they tan well, they're protected from the sun's harmful rays. But, while it's true that fair-haired, blue-eyed people are most prone to burning, and therefore are more susceptible to the sun's rays, even "healthy" tans are really damage control – they're your body's way of trying to protect itself from the sun. In other words, there's no such thing as a healthy tan.

The sun, however, is also very important to our health. It provides us with vitamin D (which we need for our bones), and it can lift our spirits. In fact, there's a form of depression called seasonal affective disorder (or SAD) that can happen when there's more darkness than daylight – sufferers feel "down" during the winter and much better when summer comes.

Along with visible light and infrared, ultraviolet radiation (UVR) is generated, which is useful, but at the same time it can be very dangerous to us. Excessive sun exposure can result in painful sunburn, but can also lead to other serious health problems. It is the cause of most skin cancers, many cataracts and 90% of the changes we see in our skin as we get older. (Nobody wants to look like an old saddle when they get older).

UVR is divided into 3 different bands: UVA, UVB, and UVC. Virtually all of UVC is filtered out by our atmosphere, so that none actually reaches the earth's surface. UVB and UVA both reach the earth in significant amounts. UVB is stronger than UVA having a greater ability to cause skin damage. There is about 100 times as much UVA as UVB. Despite UVA being weaker, it's still dangerous!

Sunburn is caused by overexposure to Ultraviolet radiation, mostly UVB. During a sunburn the skin turns red, swells and, in severe cases, blisters. A sunburn continues to develop for 12 to 24 hours after exposure.

If, despite being careful, you still get burned, treat your skin as you would any other kind of burn:

- Apply cool, wet compresses for 24 to 48 hours.
- Don't apply skin creams within the first two days.
- Drink a lot of water to keep from feeling dehydrated.

Really severe burns, the kind that produce blisters, are often treated in clinics with dressings. If you're not sure if your burn is severe, have it checked. Severe sunburn can cause chills and fever and consulting a doctor would be wise. Keep sunburned areas out of the sun until

the redness is gone.

The goal is to have fun outside but stay safe at the same time. Here are some basic rules:

Cover up whenever possible. A longer cotton skirt, for example, might feel cooler on a hot day than a pair of shorts, and will help guard you from the sun.

Babies under six months old should be kept out of the sun completely. They're too young for sunscreen, but their delicate skin can burn easily, so keep the baby in the shade and covered as much as possible.

Wear a hat. Hats keep the sun's rays off the scalp, face, and back of the neck, prime areas for skin cancer. A good hat will also shelter and protect your eyes from the sun's powerful rays. Sunglasses are also a good idea.

Use sunscreen whenever you're outside, even if the sun doesn't seem particularly strong. Damaging ultraviolet rays can penetrate through clouds, so don't take a chance. Always apply sunscreen with a minimum SPF (sun protection factor) of at least 15. Be sure to follow the directions closely and reapply the sunscreen on a regular basis throughout the day, especially after you've been swimming or perspiring (about every two hours).

Avoid the sun when it's at its peak. It's strongest between 10 a.m. and 4 p.m., so use that time to do activities indoors if possible. If you have a choice, stay in the shade. Beach umbrellas will protect you from

some of the sun exposure. They are actually very comfortable on sunny days.

If you take prescription drugs, check to see if they can make you more sensitive to the sun. If you're not sure, ask your pharmacist.

The number of skin cancer cases has been rising over the years, and experts say that this is due to increasing exposure to UV radiation from the sun, tanning beds, and sun lamps. More than 1 million new skin cancer cases are likely to be diagnosed in the U.S. this year. Malignant melanoma, now with a suspected link to UVA exposure, is often fatal, if not detected early. The number of cases of melanoma is rising in the U.S., with an estimated 38,300 cases and 7,300 deaths anticipated this year.

Remember that children's skin is even more sensitive than yours. They can start wearing sunscreen by the time they are six months old. Even so, minimize their exposure.

Watch for the UV Index. The UV Index, developed by the National Weather Service and the Environmental Protection Agency, provides a forecast of the expected risk of overexposure to the sun and indicates the degree of caution you should take when working, playing, or exercising outdoors. The UV Index predicts exposure levels on a 0 - 10+ scale, where 0 indicates a low risk and 10+ means a very high risk of overexposure to the sun.

Take care of your skin and it will take care of you.

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ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

Minot AFB Exchange – As gas prices fluctuate, the MILITARY STAR® card is offering steady savings, including 5 cents off per gallon at Minot AFB Express.

“Gas support is a significant Quality-of-Life service, and the MILITARY STAR card is a great tool to mitigate rising pump prices,” Minot AFB Exchange General Manager Brian M. Read. “The MILITARY STAR card’s everyday fuel discount keeps Minot AFB drivers, and their budgets, on track.”

It matters where the military community fills up. Cardholder savings add up when refueling at Minot AFB Express, as drivers save 5 cents per gallon and earn 2% in rewards points on purchases.

Last year, MILITARY STAR cardholders saved more than \$3 million at Exchange pumps, part of the \$408 million in value the MILITARY STAR card provides the military community annually.

Other MILITARY STAR card

benefits include:

- 10% off at Exchange restaurants.
- 10% off all first-day purchases for new accountholders.
- Free shipping on all ShopMyExchange.com orders.
- The lowest flat-rate APR among store cards—rate is offered to all cardholders upon account approval.
- No annual, late or over-limit fees.
- Reduced-interest deployment plan with no payments required for eligible cardholders.

The MILITARY STAR card also strengthens the hard-earned benefits of Airmen and their families by reducing the costs of bank-issued credit card transactions fees, savings that add up to millions of dollars a year at Exchanges worldwide. These savings are critical to improving critical military Quality-of-Life programs, as 100% of Exchange earnings are reinvested in the military community.



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CREATURE FEATURES

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- A giraffe's neck has 7 vertebrae. The same number as a human neck!
- Their pink and black tongue can be 22 inches long. Its color protects against sunburn. The length of their tongue enables them to easily strip leaves from the acacia tree while avoiding the thorns.
- Every time a giraffe lifts their head, they lift 550 pounds, which is the combined weight of their neck and head.

Fact File	
Lifespan	20 - 25 years
Weight	1,500 - 4,250 pounds
Height	16 - 18 feet
Top Speed	35 mph
Wild Diet	Desertine, Canavara (Harkness) Acacia leaves, Combretum leaves

CROSSWORD PUZZLE

1		2	3		4		
			5				6
			7				
8							
			9				

ACROSS

1. Hanging seat

5. University of Oklahoma

7. Scottish hillside

8. Plant or animal from a specific place

9. Paths

DOWN

1. Walking terrain

2. Big group

3. Harder to see through

4. Thick substance

6. Moving waters

Answers: 1. Hammock 2. Mob 3. Munkier 4. Creme 5. OU 6. Rivers 7. Trails 8. Native 9. Down

HOURS:
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IT'S ALMOST HERE: THE MOST WONDERFUL TIME OF YEAR

Patricia Stockdill

There is a song that talks about Christmas being the most wonderful time of the year.

While that might be extremely difficult to dispute, many hunters will likely argue that autumn is the most wonderful time of the year.

Just think, several hunting seasons WILL get underway soon – as in the first couple of days in September.

Besides early Canada goose season is already underway, beginning Aug. 15.

For the multitude of archery hunters, deer bow season begins Sept. 2 this year.

For the fortunate number of hunters receiving pronghorn, elk, and moose licenses, those opting for a bow as their method of take can also go afield beginning Sept. 2.

And for those in search of a large, wild feline there is mountain lion season.

You guessed it; that season also begins Sept. 2 this year. It's a North Dakota tradition for those hunting opportunities to open the first Friday closest to Sept. 1 each year, which is why Sept. 2 is the magic date in 2022.

And don't forget about dove season, which opens Sept. 1 for mourning doves as well as the non-native Eurasian collared dove, which found its population increasing to huntable numbers in some parts of North Dakota.

That season date is established through the parameters determined by the U.S. Fish and Wildlife Service, the agency in charge of the framework for migratory bird management and their hunting seasons.

The following week sharp-tailed and ruffed grouse, partridge, and tree squirrel seasons open Sept. 10.

Come mid-September and beyond hunting kicks into full gear with youth-specific opportunities for species such as deer, pheasants, and waterfowl.

Toss in swan, turkey, deer, elk, moose, and pronghorn – for those lucky enough to draw licenses – plus waterfowl and pheasant seasons and it shapes up to be a busy fall.

In the flurry of activity that always seems to accompany the array of hunting seasons, several things shouldn't be forgotten. For starters, licenses.

For those hunters stashing licenses and tags in a "safe" place, the burning question is whether or not they can remember where that "safe" place was.

Archery deer hunters need to remember to order their license and tags before they go hunting because the tag

must be in one's possession. Turkey hunters also need their tag in possession.

The N.D. Game and Fish Department mails out a physical tag so be sure to purchase it early enough to allow the U.S. Postal Service time to get it into one's pocket before heading afield. In other words, don't order a bow tag Thursday night and expect to hunt Friday.

On the immediate horizon is also the issue of weather. Typically seasons opening in early to mid-September tend to be warm. It doesn't hurt to be cognizant of potential fire danger.

Be careful, stay on trails – which hunters should do, anyway – be aware of local fire restrictions, the current fire danger index where one is hunting, and have a fire extinguisher in a vehicle should Mother Nature trend towards a hot, dry fall.

Even though toxic blue-green algae concerns were less prevalent in 2022 compared to some years, it's still a good idea to keep that favorite four-legged Hunting Maniac out of wetlands and lakes that may appear on the "icky" side with algae as upland and waterfowl seasons approach. Avoid discolored water, as well.

Hunting dogs are going to want to go to water to cool down and drink because they're the ones working umpteen times harder than the hunter. Be sure to carry water with you, stop and rest the dog frequently, and keep it out of any potentially dangerous water. Avoid hunting in the heat of the day, as well.

Heat exhaustion and heat stroke aren't unique to humans – it occurs in canines, as well, including hard-working hunting dogs.

Hunting seasons are soon upon us. While some may debate it, to many it really is the most wonderful time of year.

Enjoy. Be smart. Do the right thing. Remember all of those hunting safety rules one learned in Hunter Education.

And finally, a quote by the late Fred Bear, whose legacy in the art of the bow and bow hunting is renowned among generations of archery enthusiasts, is worth pondering as each and every hunting season approaches: "I come home with an honestly earned feeling that something good has taken place. It makes no difference whether I got anything; it has to do with how the day was spent."



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91ST MW ALL CALL

Col. Kenneth McGhee, 91st Missile Wing commander and Chief Master Sgt Ernest Crider, 91st Missile Wing command chief, speak at an all-call on Minot Air Force Base, North Dakota, Aug. 9, 2022. An all-call is an opportunity for leaders to interact with and receive questions, as well as, hear concerns and give praise to and from their Airmen in a group environment.

U.S. AIR FORCE PHOTOS
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**Local Cravings
Restaurant Guide**

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<p>Badlands Restaurant & Bar</p> <p>1400 31st Ave SW, Minot, ND 58701 Phone: 701.852.7335 www.blgrill.com</p>	<p>28 Tastes & Taps</p> <p>1603 35th Ave SW Minot, ND 58701 Phone: 701.838.2828 www.facebook.com/28tastes</p>
<p>Mi Mexico</p> <p>3816 South Broadway Minot, ND 701-858-0777 Phone: 701.858.0777 www.mimexicomintnd.com</p>	<p>Pink's Bar & Grill</p> <p>102 128th Ave NW Minot, ND 58703 Phone: 701.852-2385 www.facebook.com/PinksBarGrill</p>
<p>Culver's Restaurant</p> <p>3000 S Broadway, Minot, ND 58701 Phone: 701.852.4800 www.culvers.com</p>	<p>Prairie Sky Breads</p> <p>3 1st St. SE, Minot, ND 58701 Phone: 701.858.0612 www.prairieskybreads.com</p>
<p>Ironhorse Kitchen + Bar</p> <p>21 E Central Avenue, Minot, ND 58701 Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>	<p>The Starving Rooster</p> <p>30 1st St. NE, Minot, ND 58703 Phone: 701.838.3030 www.starvingrooster.com</p>
<p>Primo Restaurant</p> <p>1505 N Broadway, Minot, ND 58703 Phone: 701.838.7746 www.primominot.com</p>	<p>Souris River Brewing</p> <p>32 3rd St NE Minot, ND, Phone: 701.837.1884 www.sourisriverbrewing.com</p>
<p>Whiskey Nine</p> <p>109 Central Ave, Minot, ND 58701 Phone: 701.837.1090 www.whiskeyninennd.com</p>	



B-52 Lands in Maine after 29 years

MASTER SGT. ANDREW SINCLAIR, 101ST AIR REFUELING WING/PUBLIC AFFAIRS

LORING COMMERCE CENTRE, Me. (August 14th, 2022) -- It's been nearly 29 years since a B-52 Stratofortress has landed in the great state of Maine; the last time being in the Fall of 1993 at Loring Air Force Base in Limestone, Maine.

At the time of its closure, Loring AFB was home to the 42nd Bomb Wing, most notable for the dynamic duo consisting of the B-52 and KC-135 tanker; an imperative pair for homeland defense and providing high strategic value during peacetime and wartime, most notable of which was during the Cold War.

Loring Air Force Base had a huge impact on the local community, striking a sense of patriotism in the heart of Aroostook county; forever embedded in its core, and in the early afternoon of August 11th, 2022, history would once again be made at the former Strategic Air Command Superbase.

Excitement and anticipation were among the many emotions as a crowd of civilians, veterans, and service members stood frantically hunting the County skies looking for the long awaited Stratofortress to return home after 29 years; a site I can only compare to a feeling we've all been privy to as kids searching for Santa's sleigh on Christmas Eve. And for those of us lucky enough to be on the roof of the former Loring AFB control tower, it certainly seemed as though Santa was expected in Maine's Northern skies at any moment.

The crowd had a 360 degree view of the airfield, its massive

hangars, and what was left of the hundreds of buildings that housed over ten thousand airmen and their families; truly a shell of its former self from 30 years ago.

When the B-52 "BUFF" appeared over the horizon, in flight from Barksdale AFB in Louisiana, the onlookers were amazed and stunned in excitement that they were about to witness its landing; a task the locals and Loring Air Museum leadership have been trying to accomplish for a very long time.

Matt Cole is the Loring Air Museum Vice President, and has fought tooth and nail to get the legendary bomber up to Maine. "Getting the aircraft here and the flybys coordinated has been about eleven months in the making. A lot of planning went into this, really the last 3 weeks has been emails, phone calls, text messages, all day and all night," Matt said with a grin on his face, probably on his 5th cup of coffee.

Matt and his teammates have worked hard over the years to preserve the legacy that is Loring Air Force Base. "Loring is a staple here, we want to honor its history by bringing this bird in," Matt said.

The Barksdale B-52 did two flybys before finally landing on the iconic 12,100ft runway, causing enough applause and exclamation to drown out the sound of the plane's eight jet engines as the craft slowed to a walk, assisted by a 90 foot long, 200 pound drag chute that deployed when it landed.

Though the B-52 was the main course, the weekend was full of events and attractions, uniting



What Barksdale, Minot, and the MAINEiacs have done for us this weekend by bringing these planes back up into our skies is nothing short of perfect.

CUPPY JOHNDRO,
LORING AIR MUSEUM SECRETARY



folks from all over the country to witness the legendary craft back at Loring AFB. Cuppy Johndro is the Secretary of the Loring Air Museum and a local legend at that. "We're knocking it out of the park. A B-52 landing, flyovers from Minot AFB and the MAINEiacs, a dinner dance in front of the B-52, food, and music," Cuppy said excitedly. "The Airmen that were stationed here get it, it's that feeling when veterans meet other veterans. It brings about a lot of emotion. Sharing stories, seeing the smiles, it's priceless. What Barksdale, Minot, and the MAINEiacs have done for us this weekend by bringing these planes back up into our skies is nothing short of perfect."

On Friday Minot AFB sent another B-52 to Loring for an additional flyby, drawing another huge crowd as it flew over with thunderous airpower. Saturday brought in a KC-135 from the 101st Air Refueling in Bangor, sealing the deal by bringing the




BICYCLE CRITERIUM RACE

SATURDAY AUGUST 27

12:00 PM

ALL AGES | \$5 YOUTH, \$20 ADULTS

Anyone with a bicycle, race chair, adaptive bicycle, or tricycle and a helmet can participate! This event is a fundraiser benefitting PGAS to purchase adaptive equipment for athletes to try before they purchase. All registration fees are considered donations, in the case of inclement weather and the event is cancelled, registration fees will continue to Prairie Grit.

STARTING LOCATION: 3916 N BROADWAY, MINOT, ND




FOR MORE INFO AND TO REGISTER, VISIT:
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two powerhouses back to Loring. The weekend was filled with mixed emotions, some even saying that seeing that B-52 round the corner while taxiing was a “dream come true”. For the team and event participants, having the Air Force back at Loring was truly a whole other level of excitement. “It’s a breath of fresh air seeing you guys here in uniform, in a way it honors all the Airmen that were here before,” Matt said.

As exciting as it was to have the Air Force back, it was as equally as humbling for the service members in uniform to be part of an iconic piece of Maine history. Lt Col Jason Dymond is the B-52 Aircraft Commander and is an Instructor Pilot back at Barksdale. “The reception here has been amazing. Being based out of Barksdale and having the opportunity to come up here and be the first B-52 crew to land in this state in 29 years is unreal. The rich BUFF history here at Loring AFB has made this experience very unique and me and my crew are honored to be a part of it all. Is it a little sad to see the state the base is in after all this time? Sure. But I think it just makes events like these that much more important to have,” Lt Col Dymond told me as we stood atop the control tower waiting for Minot’s bird to fly over.

Lt Col Dymond became an Air Force pilot shortly after 9/11 and has a very high sense of patriotism. It was very evident that he was happy to be a part of it all. “I’m a small part of this weekend. It’s cool knowing that we made history, but there was a lot of hard work by these folks here like Cuppy and Matt that went on behind the scenes”.

The crew and their BUFF will head home after it’s all said and done, hopefully to return in the near future. The Loring Commerce Centre leadership are optimistic that now they’ve “broken the ice”



The Loring Commerce Centre welcomes home an old friend July 11th, 2022, Limestone, Me. It was one of the largest bases of the U.S. Air Force’s Strategic Air Command during its existence and was home to the B-52 Stratofortress.

101ST AIR REFUELING WING/PUBLIC AFFAIRS PHOTOS | MASTER SGT. ANDREW SINCLAIR



by having a crew back to the 42nd Bomb Wing, it will be easier for more events like this in the future.

Maine has a rich and deep Air Force History with both Loring AFB and Dow AFB, along with the various stations and outposts scattered around the state. And though the sight of a B-52 flying high in our skies is very rare, it’s sister craft can be seen on a daily basis. The 101st Air Refueling Wing is home to the MAINEiacs

and a World Class Organization in the Department of Defense through its Aerial Refueling reputation and excellence. The MAINEiacs wear the uniform proudly, and are happy to continue Maine’s military legacy by deploying and employing air refueling, airlift, expeditionary aerospace and combat support forces around the world. The MAINEiacs will forever honor the Loring B-52 Stratofortress and the Airmen of the 42nd Bomb Wing.

<p>EVERYDAY HAPPY HOUR • 3PM – 6PM</p> <ul style="list-style-type: none"> \$2 off All Apps \$3 House Wine & Domestic Pints Bavarian Pretzels with Beer Cheese Sauce \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups \$5 Moscow Mule \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps ½ Flat Bread Pizza 	<p>DAILY SPECIALS</p> <ul style="list-style-type: none"> Monday \$5 Moscow Mules (all day) Tuesday \$4 ND Breweries (all day) Wednesday ½ Price Wine by the glass/bottle (all day) Thursday \$1 up for all Tall Taps (all day) Sunday BRUNCH (11am-2pm) \$7 TSR Bloody Mary & Caesars \$12 Bottomless Mimosas \$6 Breakfast Shots 	<p>FAMILY PACKS</p> <ul style="list-style-type: none"> Monday Pizza Pack Combo Tuesday Sandwich Pack Wednesday Chef Creation* *Changes Weekly – Check our Facebook Page Thursday Pasta Pack
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Saturday: 5:30 a.m. - Noon

Good Gardening

ADVICE

by Marvin Baker

If you want big onions...

When I started gardening, in order to save space I would plant onions and carrots close together. Unfortunately, most of my onions weren't very big and I couldn't figure out why for several years. Then it dawned on me that only the onions in the outside rows were large and the rest weren't. That was because the outside rows were tilled, making the ground softer so the onions could grow and expand. Ever since I've planted single row onions and carrots and now get some gigantic onions depending on which variety it is I'm growing.



BAKED CANDIED BACON CINNAMON ROLLS



INGREDIENTS
 12 SLICES BACON, SLICED
 1/3 CUP BROWN SUGAR
 PRE-MADE CINNAMON ROLLS
 2 OUNCE CREAM CHEESE

When ready to cook, set the Traeger to 350° F and preheat, lid closed for 15 minutes. Dredge 8 of the slices of bacon in brown sugar, making sure to cover both sides of the bacon. Place the brown sugared bacon slices along with the other slices of bacon on a cooling rack placed on top of a large baking sheet. Cook the bacon on the Traeger for 15-20 minutes or until the fat renders but bacon is still pliable.

Turn the Traeger down to 325° F. Open and unroll the cinnamon rolls. While bacon is still warm, place 1 slice of the brown sugared bacon on top of 1 of the unrolled rolls and roll back up. Repeat for all the rolls.

Place cinnamon rolls in an 8" x 8" baking dish or cake pan that has been sprayed with nonstick cooking spray. Cook the cinnamon rolls at 325° F for 10 to 15 minutes or until golden. Rotate the pan a half turn halfway through cooking time.

Meanwhile, take the provided cream cheese frosting and mix in the softened cream cheese. Crumble the cooked bacon and add into the cream cheese frosting.

Spread frosting over warm cinnamon rolls. Serve warm, enjoy!



Ryan Davy - GM Minot

www.HofE.com/BBQHQ



NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Aug. 15: 1,836.89 feet above mean sea level (MSL); 21,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,450.24 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.21 MSL.

•N.D. Game & Fish Dept. game wardens: No reports from the east end of Lake Sakakawea but fair walleye success on the upper end around White Earth Bay and Tobacco Garden. No reports from north-central area lakes or Devils Lake.

•Devils Lake, Ed's Bait Shop, Devils Lake: Continued fair to good walleye success throughout much of Devils Lake, including Pelican Lake and north end of 6-Mile Bay. Also try 6-Mile for perch.

•Devils Lake, Woodland Resort, Devils Lake: Continued small walleye success using lead-core and bottom bouncers or slip bobbers. Try crankbaits for larger fish. Work a variety of depths along shorelines.

•Lake Darling, Karma C-Store, Ruthville: Continued fair walleye success at Lake Darling and Grano.

•Lake Metigoshe, Four Seasons, Bottineau: Continued bluegill success along the docks and weed beds. Try early morning or late evening hours for occasional walleye with occasional large pike showing up.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work deeper water in 25 to 35 feet and deeper on windier days on the east end of Lake Sakakawea. Try slow death hooks with nightcrawlers or spinners and heavy bottom bouncers.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: OK walleye success on the east end of Lake Sakakawea using crankbaits around Mallard Island. Best success, however, is from Douglas Bay west to Berthold Bay in 25 to 35 feet using slow death hooks and nightcrawlers. Consider switching to minnows as fish start transitioning into fall mode. Work deep, as well, for walleye on Lake Audubon but work shallow water along weed beds for muskie. Remember to release all muskie less than 48 inches.

•Lake Sakakawea, Indian Hills Resort, Garrison: Walleye activity slowed somewhat as fish move deeper in 25 to 35 feet. Try Lindy rigs and nightcrawlers with heavy bottom bouncers working north shore points, including the beacon. Try finding the

•First-come, first-served leftover deer licenses for antlerless either species available in units 3A1 and 3F2 and antlerless whitetails in 3F1, 3F2, & 4F. Go to the N.D. Game & Fish Dept. website, (gf.nd.gov) for information and application.

•PLOTS guide now available online at the Game & Fish Dept. website. Printed editions available in late August.

•Anglers reminded to follow ANS regulations, including draining live wells and removing plugs.

•Applications such as Onyx now have updated electronic posting information for the upcoming 2022 hunting season.

•Blue-green algae updates, N.D. Dept. of Environmental Quality: No advisories or warnings listed for area lakes but conditions could change daily. Several N.D. lakes have low toxin levels, including Buffalo Lodge Lake, McHenry Co.; Nelson-Carlson Lake, Ward Co.; Hecker Lake, McLean Co., and Nelson Lake, Oliver Co. Makoti Lake, Ward Co. and Epping-Springbrook Dam, Williams Co. are under investigation. Go to the agency website, (deq.nd.gov) for more information.

•Aug. 20: Fall crow season opens.

•Aug. 20: Fort Stevenson State Park evening hike series, the Sensory Hike, 9:30 p.m., Garrison.

•Aug. 29: Chronic Wasting Disease public informational meeting sponsored by the N.D. Game & Fish Dept., Grand Hotel, Minot.

TOURNAMENTS:

•Aug. 19: Lake Sakakawea, Indian Hills Resort.

•Aug. 20: Lake Sakakawea, Sakakawea State Park; Lake Sakakawea, 4 Bears; Lake Sakakawea White Earth Bay; Lake Sakakawea, Lewis & Clark Bridge.

thermocline.

•Lake Sakakawea, New Town: Walleye activity slowed with best success working deeper water in 25 to 35 feet. Some better success north of the bridge with smaller walleye more active.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Continued walleye activity but fish moved deeper so anglers are working more than 24 feet with crankbaits. Also try jigging raps with nightcrawlers. Try around Shell Island.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye and easter-sized catfish from boats during the day. Try 3-way swivels in the chutes or floating jigs. Larger walleye coming from the chutes at night from boats and shore. Some trout and salmon but limited numbers in the chutes, as well. Work 35-feet and deeper on Lake Sakakawea but the east end slowed for walleye. Work points but success is inconsistent. Increasing salmon angler numbers but success slowed a little. Work 85 feet and deeper along the bottom.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea remains fair

to good for walleye from White Earth Bay to Lund's Landing, including Hofflund Island. Try switching to crankbaits. Missouri and Yellowstone rivers starting to produce walleye with continued good catfish success. Try Kota-Ray and Blacktail dams yet for panfish.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Not much activity throughout area lakes or the Souris River.

N.D. rivers:

•Little Missouri River, Long X Bridge: Streamflow, 117 CFS.

•Missouri River, Williston: River stage, 13.97 feet.

•Missouri River, Washburn: River stage, 9.72 feet.

•Pembina River, Walhalla: River stage, 3.08 feet; streamflow, 383 CFS.

•Souris River, Foxholm: River stage, 5.19 feet; streamflow, 5.62 CFS.

•Souris River, Minot: River stage, 4.06 feet; streamflow, 7.76 CFS.

•Yellowstone River, Sidney, Mont.: River stage, 3.05 feet; streamflow, 5,610 CFS.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

•Report All Poachers: (701) 328-9921.

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STRIKEWERX sprint helps solve icing challenge on B-52 engines

SEAN GREEN

BOSSIER CITY, La. -- Air Force Global Strike Command's innovation hub hosted a Design Sprint the week of July 18 to help find a solution for B-52 engines in extreme cold.

The sprint specifically sought to solve how to aid the heating of the engine cowling on B-52 aircraft in areas such as Minot AFB, North Dakota, which can see temperatures as low as negative 52 degrees Fahrenheit.

Over the course of four days in STRIKEWERX at the Cyber Innovation Center, Bossier City, Louisiana, a team of industry, academia and subject matter experts worked towards a solution that is weatherproof, easy to use, flexible and easy to store.

"We chose the STRIKEWERX Design Sprint because it can give us new ideas and new solutions," said B-52 Crew Chief Adam Vasas, of Minot AFB. "We received a lot of good input, a lot of things the industry experts suggested that we haven't thought of out in the field, in order to get our problem solved."

The Design Sprint team produced a prototype solution consisting of a cover that would be essentially an extension, or re-build, of a current design made by Kennon Products.

This design would allow for circulation of the heat throughout the engine chambers, as well as having an entry point for the Airmen to be able to check to see if the engine propeller blades are freely turning.

Rachel Heide, design manager for Kennon Products, noted that the Design Sprint process opened the doors to new environments and situations in terms of the traditional design processes used.

"STRIKEWERX is all about innovating, and it brings together so many great, experienced people with a knowledge of different products. We don't always have the opportunity to work this closely with end users, and this Design Sprint is a great opportunity to do



A team of missile maintainers, Louisiana Tech University engineering and Kennon Products design a prototype cover for the B-52 engine during a design sprint held at the Cyber Innovation Center, Bossier City, Louisiana, July 18-21.



A team of missile maintainers, academia partners in Louisiana Tech University and industry partners in InnoVet, design a prototype for warming the B-52 engine during a design sprint held at the Cyber Innovation Center, Bossier City, Louisiana, July 18-21.

STRIKEWERX PHOTOS | SEAN GREEN

that," Heide said.

STRIKEWERX Director Russ Mathers said the week's effort resulted in a prototype that can be refined for testing at Minot AFB.

"The long-term goal was to build a prototype to be tested in the extreme cold. We have a concept that we can give to our industry partner, Kennon Products, that

they can now refine and produce for us to test this winter," Mathers said.

STRIKEWERX will continue to host Design Sprints to tackle various issues from around the command. For more info on the Design Sprint process, email info@strikewerx.com.

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A LOOK BACK

THIS WEEK IN USAF HISTORY

MINOT B-52 CREW COMPLETES HISTORIC FLIGHT

August 21, 2011

Airmen from the 5th Bomb Wing who performed the first B-52 flight over the North Pole pose at Minot AFB. (USAF Photo)

Between Aug. 16-21, 2011, Airmen from the 23rd Bomb Squadron at Minot Air Force Base, N.D., embarked on a historic flight to Russia. Taking off from Minot AFB, the B-52 Stratofortress crew flew over the geographical North Pole on their way to the 2011 Moscow International Air and Space Aviation Salon in Russia, becoming the first B-52 bomber to fly over the top of the world. The distance to Moscow was actually shortened by flying over the North Pole versus taking typical routes, and while the B-52 was made to withstand those types of conditions, the route had never been attempted before. Once they made it to MAKS 2011, the air crew noted that the Russians were especially impressed by the B-52's age and superb condition. Aircraft, crews, and support personal from United States bases all over Europe and the U.S. were in attendance at the Salon.

Information courtesy of: minot.af.mil

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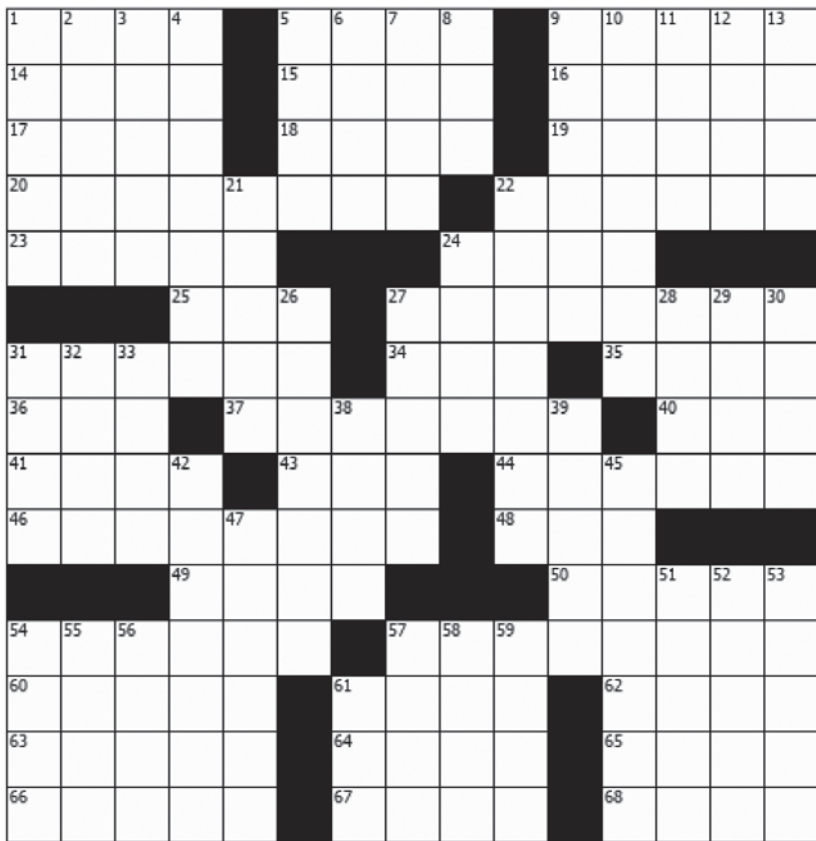
Monday: 7:30am – 6:00pm
Tuesday: 9:00am – 6:00pm
Wednesday: 7:30am – 6:00pm
Thursday: 7:30am – 6:00pm
Friday: 7:30am – 4:30pm
Saturday: 2 a month by appt
Sunday: Closed

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CROSSWORD PUZZLE

Across

- 1. Pretzel seasoning
- 5. Prod
- 9. Pares
- 14. Medicinal herb
- 15. Valise
- 16. Distribute
- 17. Shoestring
- 18. Served perfectly
- 19. Florida bay
- 20. Radiated
- 22. Untidy conditions
- 23. Back tooth
- 24. Is unable
- 25. Toothpaste form
- 27. Tiny speck
- 31. Unruffled
- 34. Building extension
- 35. Refrigerate
- 36. Bullfight cheer
- 37. Embarrassed
- 40. Raised railroads
- 41. Woeful word
- 43. Dry, as wine
- 44. Sewing item
- 46. Lamp fuel
- 48. Nosh
- 49. Provides workers
- 50. Embankment
- 54. Bother
- 57. Vienna native
- 60. October birthstones
- 61. Songstress ___ Turner
- 62. ___ Scotia
- 63. Creepy
- 64. Purple flower
- 65. Guinness of "Star Wars"
- 66. Great fear
- 67. Legend
- 68. Endure

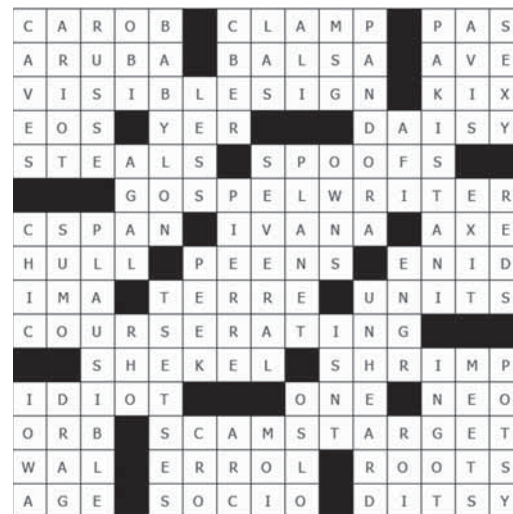


Down

- 1. Massachusetts city
- 2. Texas landmark
- 3. In the area
- 4. Almost grown
- 5. Beat it!
- 6. Step
- 7. Employed
- 8. Vermilion
- 9. ___ leather
- 10. Rubber band
- 11. Graceful trees
- 12. Canter
- 13. Amtrak depots (abbr.)
- 21. Stadium
- 22. Actress ___ Dietrich
- 24. Serene
- 26. Decreases
- 27. "War and ___"
- 28. College woman
- 29. Recline lazily
- 30. Ultimatum word
- 31. Drench
- 32. She, to Pierre
- 33. Aft
- 38. Roosters' mates
- 39. Handed out cards
- 42. Ethiopia's neighbor
- 45. Ceaseless
- 47. Talked back
- 51. String instrument
- 52. Roof edges
- 53. Put into effect
- 54. Weeded
- 55. Copycat
- 56. Uncommon
- 57. Well-ventilated
- 58. Army division
- 59. Soft belt
- 61. Actor ___ Robbins

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

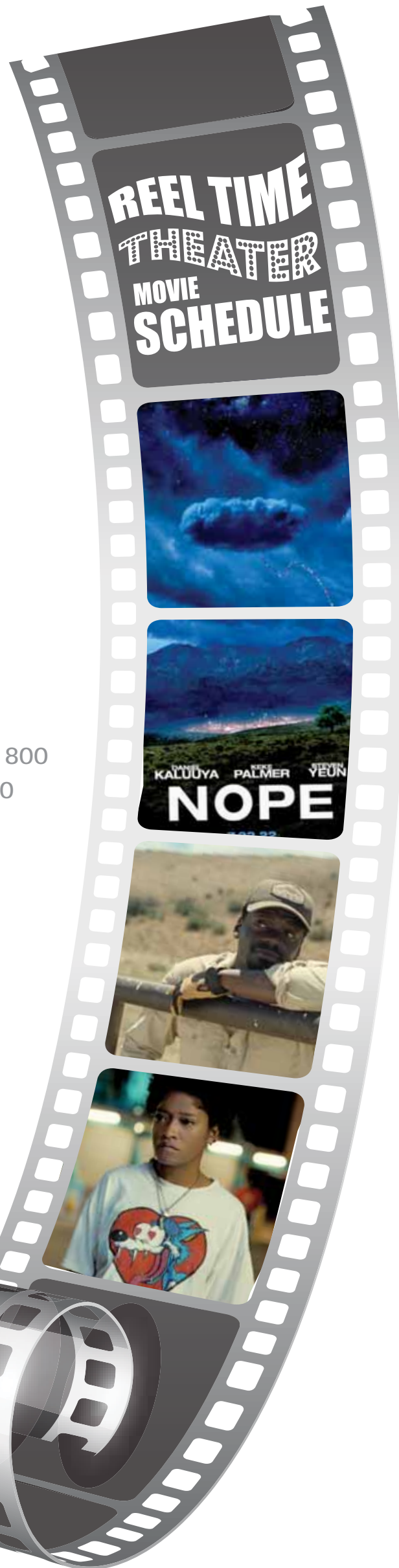
			1	2		3		4
		2					5	6
	3			7	8			2
	2		5			9		1
		8				4		
6		1			3			2
3			4	5				7
2	5					8		
1		9		3	2			

Solution to puzzle on page C11

FRIDAY, AUG 19 1800
 SATURDAY, AUG 20 1800
 SUNDAY, AUG 21 1500

NOPE (R)

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Protestant
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Worship Services: Sunday 11 a.m.

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June 12-September 4

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9:30am Adult Bible Study
11:00am Contemporary Service (w/Livestream)

Wednesdays
6:30pm Contemporary Service


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Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.


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Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
Pastor David Miller


Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 6:30 p.m.
Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards)
838-1873


West Minot Church of God
Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday 7:00 - 11:00 p.m.
ABC Child Care Center 852-6352

westminot.com
facebook.com/westminot

First Baptist Church

 **200 3rd St. SW • 852-4533**
www.fbcminot.org

Classic Worship Service 8:30 a.m.
Sunday School (All Ages) 9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Rev. Barry Seifert, Associate Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

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Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor


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701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

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OCTOBER 8 & 9
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Sept2

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ND 58701 or contact: Matt
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at mmackey@kalixnd.org
701-852-1014.

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(701) 727-AADD**

**THURSDAY, FRIDAY & SATURDAYS
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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 12 Sept-13 Nov. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

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PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



SUDOKU SOLUTION

PUZZLE ON PAGE C8

9	6	7	1	2	5	3	8	4
8	1	2	3	4	9	7	5	6
4	3	5	6	7	8	1	9	2
7	2	3	5	8	4	9	6	1
5	9	8	2	1	6	4	3	7
6	4	1	7	9	3	5	2	8
3	8	6	4	5	1	2	7	9
2	5	4	9	6	7	8	1	3
1	7	9	8	3	2	6	4	5

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WHAT'S GOING ON MAFB

FRIDAY 19

- Minot AFB Murder Mystery Game Ends at the Minot AFB Library
- Strength & Conditioning, 0500, Fitness Center
- 2022 Summer Games, 0730-1600, Fitness Center
- Open Rec & Teen Summer Bash, 1600-1800, Youth Center
- Parent Appreciation Spaghetti Dinner, 1730-1900, Turf, hosted by the Child Development Center
- Epoxy Cutting Board Class, 1730-1930, Arts & Crafts Center
- Karaoke Night, 2000, Rockers Bar & Grill

WEDNESDAY 24

- World's Fare Week at the Dakota Inn Dining Facility
- Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) - Overview, 0800-1600, M&FRC
- Right Start, 0800-1030, Jimmy Doolittle Center, hosted by the M&FRC
- Moving Out of the Dorms Budget Calls, 0900, hosted by the M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC
- Yoga for Fitness, 1830, Fitness Center

UPCOMING EVENTS

FRIDAY 26

- World's Fare Week at the Dakota Inn Dining Facility
- Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Warhammer 40,000 Casual Game Day, 1300, ESC
- EFMP Kids: Halloween Sparkle Window Craft, 1730-1930, Arts & Crafts Center, hosted by M&FRC
- Karaoke Night, 2000, Rockers Bar & Grill

SATURDAY 20

- Summer Reading Program Ends at the Minot AFB Library
- Summer Reading Program Squadron Party Ends at the Minot AFB Library
- Barre Strength, 0900, Fitness Center
- Yoga for Fitness, 1000, Fitness Center
- Summer Reading Program Wrap-Up Party, 1300, Minot AFB Library

THURSDAY 25

- World's Fare Week at the Dakota Inn Dining Facility
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Pre-Separation Counseling, 0830, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Doggy Dive, 1700-1900, Outdoor Pool
- Zumba, 1730, Fitness Center
- Art Resin Charcuterie Board Class, 1730-1930, Arts & Crafts Center
- Magic The Gathering Legacy League, 1800, ESC
- Barre Strength, 1830, Fitness Center

SATURDAY 27

- Barre Strength, 0900, Fitness Center
- Yoga for Fitness, 1000, Fitness Center
- Magic The Gathering Un-Cube Draft, 1500, ESC

SUNDAY 21

- Have a great day!

MONDAY 22

- World's Fare Week at the Dakota Inn Dining Facility
- Strength & Conditioning, 0500, Fitness Center
- TAP GPS Workshop, 0730-1600, M&FRC
- Family Pilates, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

ONGOING

- Kids Drive Free: Rough Rider Golf Course – Kids Drive Free through 31 August at the Rough Rider Golf Course! Junior golfers ages 5-17 receive one free bucket of range balls every day!
- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

AUG. SPECIALS

Bomber Bistro • Meatball Sandwich

Meatballs, mozzarella cheese, and tasty marinara sauce on an Italian hoagie. Served with chips and a drink!

The B-Fifty Brew • Breakfast Burrito

Burrito with eggs, cheese, hash browns, and choice of ham, bacon, or sausage!

Rockers Bar & Grill • Club Wrap

Sliced ham, smoked turkey, crispy bacon, lettuce, diced tomatoes, cheddar cheese, and ranch wrapped in a garlic herb tortilla.

TUESDAY 23

- Registration Begins: Single Airmen Free Paintball at Outdoor Recreation
- World's Fare Week at the Dakota Inn Dining Facility
- TAP (VA), 0800-1600, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Newbery Book Club, 1600, Minot AFB Library
- Zumba, 1830, Fitness Center

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