

northern sentry

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THANKS FOR YOUR SERVICE...

Senior Airmen Ryan Gutshall accepts the Meritorious Service Award given to Deny X294 at a recent retirement ceremony at Minot Air Force Base, North Dakota. Gutshall has adopted Deny and both will move to Texas. See page A3 for more coverage.

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CHAPLAIN DALLAS LITTLE APPOINTED WING CHAPLAIN AT MINOT AIR FORCE BASE

Chaplain Lt. Col. Dallas Little is anointed as Wing Chaplain by Col. Dan Hoadley, 5th Bomb Wing commander, and Global Strike Command Chaplain Col. David Kelley, at Minot Air Force Base, North Dakota, Sept. 13, 2022. The ceremony was the first ever conducted at Minot AFB and one of few ever Air Force wide.

U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN ZACHARY WRIGHT



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ROD WILSON, NORTHERN SENTRY

With a service history of over nine years, including seven years at Minot Air Force Base, Deny has ended his career and now will retire to a good home, one that knows him well. Senior Airmen Ryan Gutshall has been part of Deny's life for the past two and a half years, including eight months of deployment in Afghanistan where "we were together 24/7" according to Gutshall.

It is Ryan Gutshall who will adopt Deny, and together they will be moving to Lackland AFB, except now Deny will no longer be part of the K9 corps.

"Deny is being medically retired" according to Gutshall. "The past nine years he has been trained and expected to find bombs. He has been living on base in the kennels, but now all of that is going to change, and it's going to be a bit difficult."

Deny, by nature, is protective of his trainer. "He is not over aggressive, but he will check you out and get to know you" continues Gutshall "yeah, he's really a pretty mellow dog."

Unlike K9 units in Minot, Deny did not leave work when his trainer did. "We don't take them

home at the end of the day, so he won't have all the other dogs around him anymore either."

Deny's retirement was certainly bittersweet for both dog and trainer. "Sure, it was a happy day, but I'm not going to lie, I have never cried so much in my life" continues Gutshall.

So X294, a K9 trained to sniff out explosives, will enter the civilian sector and going forward will be Deny, partner and friend of SrA Ryan Gutshall. It's a storybook ending for both Deny and Ryan.




Senior Airmen Ryan Gutshall accepts the Meritorious Service Award given to Deny X294 at a recent retirement ceremony at Minot Air Force Base, North Dakota. Gutshall has adopted Deny and both will move to Texas.



Also retired during the ceremony was K9 #W144, Ppadraic, has been with Minot AFB Kennel Master and dog handler TSgt Julian Jackson at Minot Air Force Base, North Dakota. Both K9's received the Meritorious Service Award. Ppadraic will live his adoptive life in Texas.

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MINOT AIR FORCE BASE NEWSPAPER
WWW.NORTHERNSENTRY.COM

Around Town...

FALL FESTIVAL PROVIDES A GREAT OPPORTUNITY

It was a nice day on Saturday, a bit cool in the morning, but by afternoon we had partly cloudy skies with a bit of sun and really nice temperatures, and as many people pointed out, no wind!

At 9 AM there were well over 130 classic cars lining the avenues and streets of Downtown Minot, and for the first time in three years there were numerous Canadian cars.

My volunteer position for the Fall Festival was the Bounce Castle. Even though we didn't charge for the opportunity to enter the castle and bounce off a bit of energy, we still need to collect signatures on waiver agreements, and monitor the number of young folks who entered as to not exceed 10 participants at one time.

The Fall Festival organizers were equally as thankful for the many, many Minot Air Force Base families who attended Saturday's

event. In my estimation over 50% of the families who took advantage of the free entertainment that included numerous other games, appeared to be military personnel and their dependents. You can catch a few obvious clues including jackets or shirts from other military installations, those "not from here" accents.

COWBOY UP!

Two great rodeo events are happening in the next four weeks.

Y's Men's PBR September 23 & 24th

You'll be on the edge of your seat watching 8 seconds of the most dangerous sport on dirt! Like when a 150lb man goes head-to-head against a 2,000lb bull! This will be the Biggest Bull Ride that has ever been to Minot, North Dakota - the Minot Y's Men's PBR is the finale to the King of the North Showdown.

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A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY



around the country compete on Chad Burger's ferocious bucking bulls, he is the 11th time stock contractor of the year! See the crowning of a king when the rider with the top aggregate score throughout this and 11 previous events wins! He will walk away with a \$100,000 bonus paycheck & the King of the North title.

Badlands Circuit Finals October 14-16

The best of the best travel to Minot for the Badlands Circuit Finals, and this year the entire State Fair Center will be home to the Wrangler Trade Show. More information is available on rodeominot.com. Keep your eye on the Northern Sentry for more details.

BEST KEPT SECRETS

Fall colors are starting to adorn the many trails maintained by the Minot Park System. Two of the trails, the Woodland Train on the west edge of Minot, and the Bison Plant Trail on the east edge of Minot are my favorites. Both offer that "get away from it all" feeling. To find out more about these trails go to The Minot Park District web site and click on the "Trails" icon. Enjoy the warm glow of fall.

TODAY'S CHUCKLE

I once gave my wife the silent treatment for an entire week, at the end of which she declared, "Hey, we're getting along pretty great lately!"



UPSIDE DOWN UNDER

MARVIN BAKER

For the past several days the news has been dominated by the loss of Queen Elizabeth II and rightfully so. She was probably the best known person on the face of the earth.

And while some people believe it has been overdone, there are plenty of Americans, plenty of North Dakotans, who have been mourning the queen just as the British have been doing.

You have to admit, 70 years on the throne is a remarkable achievement, one that quite possibly will never be duplicated. What struck me was the day after her passing, I saw a photo from October 1951 on the news of Princess Elizabeth sitting with President Harry Truman. Less than a year later the 26-year-old became monarch of the British Empire.

Some of us have a more personal

connection to the queen. We may have seen her someplace during a visit to the United States or Canada. I had the opportunity to see Queen Elizabeth in May 2005 when she officially opened the Saskatchewan Centennial in Regina.

I spent 31 years as a news reporter and/or editor and hands down, that was the biggest story I've ever done as a journalist. I've covered Virgil Hill in boxing, I reported on an attempted murder and kidnapping trial, I've met five heads of state in my journalism career and also covered the Grey Cup (Canadian Football League championship) when the only American team in CFL history, the Baltimore Stallions, won the title in 1995.

But nothing comes close to that warm, spring day in Regina when Queen Elizabeth showed up at Parliament to open the centennial.

As you might imagine, there was a lot of pomp and circumstance. Bands playing, horse-drawn carriages, military salutes and politicians meeting with the monarch.

There were about 30,000 people on the parliament grounds when the queen and Prince Philip arrived to incredible cheers. Many had waited a long time. I got there grossly early so I saw the crowd fill in and build

in a light rain.

A pool of reporters was set up, but it was only for Canadian and British journalists so I took a place at the front of the line in the crowd so I could get some decent pictures.

As the day unfolded, Saskatchewan Premier Lorne Calvert said a few words, then Canadian Prime Minister Paul Martin spoke and introduced the queen and finally Queen Elizabeth spoke to the crowd. At that moment, I was able to snap a picture of the premier, the prime minister and the queen all on the same stage at the same time.

Following her speech, Elizabeth and Philip decided to meander through the crowd. They walked along a path in a garden of native plant species and came back around to the steps of parliament. They walked right past me and Queen Elizabeth was no farther than 3 feet from me when I snapped several photographs.

The next day, that photo and a major news story I had written was published on page 1 of the Minot Daily News. It didn't occur to me at the time, but apparently, I had violated British protocol by photographing the queen from closer than 10 feet. But, oh my goodness, it's a great photo and

Honoring an icon...

I still have that issue of the Daily News to remember that day.

Unfortunately, I was the only U.S. reporter at that event. Regina is so close to North Dakota, but no other American reporters decided to go to the opening. So on the day my article was published, I began getting phone calls. One of them came from Rep. Earl Pomeroy who said he didn't know the queen was going to be in Regina.

I had learned of her visit months before it happened. I simply called the British Consulate in Ottawa and was quickly granted press credentials, not only to cover the opening of the centennial, but to attend a reception for the queen in a Regina hotel. I missed the reception because I had to drive the 250 miles back to Minot and file my story before deadline.

It was an incredible day, one of those days of fond memories that is rare in a journalist's career.

All I can say is during the entire visit of which I witnessed, the queen was so gracious, so polite and so at home in Regina, it was as if she belonged there.

The world is going to miss this wonderful lady for a long time.

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Trash Christmas



SHE'S NOT FROM AROUND HERE
AMY ALLENDER

dumping. This is especially handy for those odd items that don't fit into your traditional trash bin—like the ottoman your cat scratched to bits, the garage fridge that went kaput, or that area rug that has seen one too many juice spills or puppy accidents.

According to the city website, items that can go to the curb include, "Household quantities of bulky and household items - items at the end of their useful life, such as appliances, furniture, junk, etc." The reality of Trash Christmas is much looser, though. In addition to items that have run their course, you'll find lots, and I do mean LOTS, of things on the curb with plenty of use left.

This leads to the best part about the Trash Christmas holidays: a week of slow-moving cars, trucks, SUV, and even vehicles towing trailers—all trolling neighborhoods looking for items they didn't know they needed but can't live without. Trash Christmas just may be the closest thing Minot has to an actual recycling program.

No, there isn't a convenient way to recycle your plastics, or soup cans—but twice a year, you can put your child's faded, play kitchen on the curb, knowing it will likely be given a second life. We may not be making milk jugs into park benches, but we sure know how to clean up someone else's old lawn chair and dub it "patio furniture."

During Trash Christmas, picking through each other's cast offs isn't just "okay," it's expected. This is part of our culture—and if you're

new here, brace yourself. There are basically three options:

1) Decide that this is too awkward and uncomfortable; call your family back home to tell them about the weird place you moved to.

2) Understand that it's weird, quietly move your junk to the curb, and ignore the pickers combing the streets.

3) Accept that it's weird, but overcome that awkward feeling inside, and pull over to pick up that only-gently-used grill you find on the side of the road next week.

I can almost guarantee you'll feel uncomfortable every time you stop. I've been partaking in Trash Christmas for years, and still get a gooey stomach feeling when I stop to pick something up. Am I stealing? Is this wrong? I should be embarrassed about this, right?

Those thoughts may never leave you, but they shouldn't prevent you from taking a deep, dumpster dive into your new culture. You're a Minotian, now. Finding Trash Christmas treasures is your right as a resident. This is your place, and we—the Clean Up Week picking folks of the Magic City—are your people.

Best of luck next week. Please, oh please tag me in your Clean Up Week shenanigans on social media. You can catch my Trash Christmas adventures, and more inspiration for positive living on Instagram (@amy_allender) or Facebook (@amyallenderblog).



This plastic came into my life during Spring Trash Christmas. It's in near constant use at my house, and is to date one of my best finds.



Trash Christmas is the perfect time to find unique vintage furniture, or pieces to furnish a first apartment. You just need a little imagination.

AMY ALLENDER PHOTOS

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October Resident Council



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The October Resident Council will be held, Wednesday 5 October at 6PM. Please join us at the Welcome Center, 183 Missile Ave, across from the Shoppette. Topics will include: neighborhood safety,

trash & debris, grounds & snow, vendor assigned work orders, and a briefing from the Northern Sentry. All Minot AFB Homes residents are welcome to attend this monthly meeting.

SEEKING RESIDENT INPUT

IF YOU HAVE GENERAL INQUIRES OR CONCERNS OR HAVE AN IDEA THAT COULD FURTHER IMPROVE LIVING CONDITIONS IN PRIVATIZED HOUSING, LET US KNOW!

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Good Gardening

ADVICE

by Marvin Baker

Always learning something...

After all these years of gardening, I've learned something new in the past couple of weeks. I grow two varieties of cantaloupes. One, Dakota Sisters, is developed here in the state and the other is called Hale's Jumbo. Dakota Sisters is a sturdy melon but doesn't store very well. Hale's Jumbo has a shelf life of a couple of weeks, but many of the melons I picked were mushy. It turns out the soft part was only on the bottom and those that stood on end didn't have the soft spot. Thus I think slightly turning the melons while they ripen will eliminate this issue.

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NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

PONDERING DUCKS, DOGS, AND MORE

Patricia Stockdill

As waterfowl season enters full swing, an array of ponderings filter in and out of one's mind:

Granted, sometimes those ponderings might be because of an abundance of time when the only thing moving are gentle breezes waving slough grass and a 10-week-old Brittany on her first waterfowl (AKA anything that she can get into her mouth) hunt. But regardless, there are times on a waterfowl hunt when musings float through one's mind:

For example, what does a duck really think about when it sees those battery-operated decoys with spinning wings? Is it something like, "Hey, there's George, I think I'll stop in for a cup of coffee and... oh, wait, bad idea..."

What thoughts enter a duck's mind when they realize the decoys they just landed in don't quack back at them? On top of that, they just seem, well, they just seem really anti-social and rigid.

How many types of camouflage is it humanly possible to design? And does a duck recognize that if a hunter is wearing Mossy Oak® Shadow Grass®, Delta Hunter Marsh™, or Realtree Max-4®, they're a serious waterfowler and it's in the duck's best interest to avoid that person?

Or does a duck think that if someone is wearing King's Snow® Shadow or Seclusion 3D® Open Country while lying alongside a wetland or in a field laden with plastic decoys that they're not a serious duck hunter and it would be totally safe to dive in for lunch?

Does a bad duck caller scare away ducks and if so, how far will they go to get out of earshot? With that in mind, does a bad duck caller attract coyotes in pursuit of what they perceive as a wounded rabbit?

How disappointed are ducks when they realize that someone who is a really good duck caller isn't a real duck after all?

When a duck quacks or a goose honks as it flies away after a hunter misses, does that quacking or honking translate into "na, naa, na-nana" in English?

Why do waders always get holes and leak?

And speaking of waders, why are the feet always either way too big or way too small?

More importantly, has any human ever perfected the fine art of walking in waders without feeling as if they're going to belly-flop into the water?

Does everyone wearing waders feel as if they're dressed like Dizzy the Clown without his red nose and cutesy hat?

Do teal read waterfowl regulations? Is that why so many of them leave North Dakota so early in September? Seriously, it doesn't matter if they're green-winged or blue-winged, they know and understand regulations.

Why is the opening day of waterfowl season 75 degrees,

calm, and sunny? And why is the opening day of pheasant season 35 degrees, windy, and spitting ice chunks?

Recognizing that it's the hunter's responsibility and one should never shoot at anything they can't properly identify, why – when the average waterfowl hunter isn't an expert waterfowl biologist – does North Dakota's duck season open early enough in September so that a vast majority of ducks are still brown?

Do hunters in southern Mississippi and Central Flyway states realize that most of their ducks come from the Prairie Pothole Region, which includes a large slice of North Dakota?

And do hunters in North Dakota realize that the ducks born and raised here need adequate habitat in southern Mississippi and Central Flyway states throughout the winter so they can get back home to North Dakota to nest, which also needs adequate habitat in order to raise those ducks?

Why does the dog always want to sit on my lap in the waterfowl blind only after they've waded through the yuckiest, smelliest mud and muck along the entire shoreline after retrieving a duck?

Does anyone besides my dog hunt coots, snipe, and mergansers?

Speaking of dogs, why does my dog like to catch coots as they scoot across the water? That's speaking not about the puppy who finally gave up eating everything and is zonked out sleeping on one's lap, it's speaking of the Senior Hunting Maniac who entertains whether waterfowl or upland hunting.

How many hunters ever had a duck or goose land on them after they shot it? Is that the perfect revenge or what?

And finally, if you're a duck or goose hunter, have you joined a waterfowl or wildlife conservation organization? If not, why not?



As a puppy Garnet – now the middle of the three family Hunting Maniacs – spent time pondering ducks and duck hunting, even if it meant snuggling with a "Stuffy Duck".

PATRICIA STOCKDILL PHOTO



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Best Bases in the Air Force: *Aviano Air Base*

ERIN BEENE, NORTHERN SENTRY

Who joined the Air Force to always stay in one place and never leave their hometown? Maybe some, but many join for the chance to go places, see new things and experience the world, among other reasons (job security, paid training, benefits, etc.). But we're focusing on the travel aspect of the Air Force way of life. The part that sends families to live in exotic, obscure locations all over the world; not only to visit, but also to live in, dive in and breathe in. Among the worldwide American AF bases, only one has that dazzling Italian charm. Of course we're talking about Aviano Air Base in Italy for this week's Best Base Feature!

Brianna Low and her spouse, TSgt Devin Low, have been lucky enough to experience Aviano and are in fact still living there. The couple makes their way to Minot AFB soon, but Brianna couldn't wait to share her thoughts about what made this place a best base assignment for her. Although originally from Massachusetts, Brianna was in awe when she first found out they were going to Italy. She said, "I didn't believe it at first when my husband told me. I always wanted to live in

Europe and felt like that dream was finally coming true." At first Brianna was intimidated about moving to a foreign country. The new way of life and language barrier can be a scary challenge. Yet Brianna said she was surprised when arriving because the locals were all very kind to them, and they tended to know enough English to be able to communicate well with each other. Another one of Brianna's favorite parts of living in Aviano is the pure natural beauty that engulfed her. She said that the location was near to the beaches, mountains and cities yet it did not feel claustrophobic or chaotic at all. There was something for everyone and they learned quickly to embrace the local culture instead of fearing it.

It is no secret that positive thoughts create positive experiences, and Brianna is another example of this thought process. She believes that anywhere can be a Best Base if looking for the good parts. She said, "If you come in looking for the positives, you will find them. For Aviano, get out and explore everything around you and make the most of it."



Brianna Low strolling through Ljubljana Slovenia on one of her many adventures.

BRIANNA'S TOP 5 REASONS THAT AVIANO AIR BASE IS THE BEST BASE

1. The Community on Base- "Being at an overseas base, there is a sense of community on base. Everyone feels a little closer to each other because we are all we have. The friends we made there become your family, you do holidays, vacations, and life events together that create a special bond."

2. The Ease and Affordability of Travel- "Traveling was insanely easy. The airport was about 30 minutes away and the flights were a maximum 2.5 hours to anywhere in Europe. The most we ever paid for flights was €45 each (round trip) to Dublin, Ireland. We were able to explore almost all our Europe while being in Italy. We even drove to Nice, France, and Monaco for Christmas while there and it was only a 5.5 hour drive."


3. The Local Farmers Markets- "They would have everything from your traditional fruit and veggie stands to stands for shoes, clothes, kitchen equipment, curtains, anything. It acted as a one stop shop and everything was so much more affordable! You could get your veggies and fruits for the week for €10."

4. The Perfect Location- "The base is located at the base of the Dolomites. You have access to the mountains to hike and ski in the winter. On the other side you could drive 1.5 and make it to the beach in the summer or hop on a train and in 30 minutes you're in Venice or Trieste. It just felt like you could have a little bit of everything there."


5. The Plethora of Things to Do- "With the ease of travel and the location, it was really hard to not have something to do. Have a long weekend? Hop on a plane and explore. Afternoon off? Drive 10 minutes to Pordenone and see a movie. There were just all sorts of options in the area that made it feel like you would never have to just sit at home bored."



The happy couple enjoying the Arno River in Florence, Italy which is only a three hour drive away from Aviano.



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Annual Meeting

Wednesday, October 12th

North Dakota State Fair Center / Minot, ND

Registration and Dinner / 5:30-7:00 p.m.
Business Meeting / 7:00 p.m.

A catered dinner will be served from 5:30 p.m. until 7:00 p.m., followed by the business meeting at 7:00 p.m. During the business meeting, a report to the members will be given, financial updates presented, and election results announced. We look forward to seeing you there.

Registration and voting officially close at 7:00 p.m.

Don't forget! Bring your postcard for a chance to win prizes - including \$500 cash!

701.858.1200 / SRT.COM/ANNUALMEETING



SEPTEMBER MAC

Members of Team Minot have lunch with the Military Affairs Committee and with community leaders at the Armed Forces Reserve Center, Minot, North Dakota, Sept. 1, 2022. This lunch allows community leaders to engage and discuss important topics that are happening both on Minot Air Force Base and the City of Minot.

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Northern Sentry Jr. Journalist
Luke Smith, age 8



Northern Sentry Jr. Journalist
Max Beene, age 9



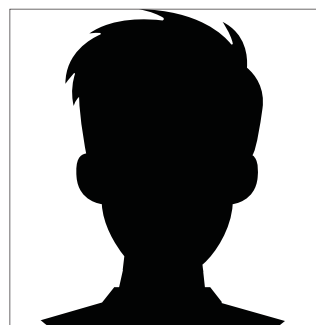
Northern Sentry Jr. Journalist
Laurel-Elaine Smith, age 10



Northern Sentry Jr. Journalist
Luke Anderson, age 11



Northern Sentry Jr. Journalist
David Maginness, age 11



This could be you!

It's Getting Even Better: Northern Sentry's Jr. Journalism Program

NORTHERN SENTRY

Wait, what is journalism? It encompasses getting information about a person, place or event and writing it down for others to read about. Sounds easy right!? The Northern Sentry understands how important GOOD journalism is and how the craft is getting a bit lost on younger generations. So, the Jr. Journalism Program has been created to help kids learn about what Journalism is, what it isn't, how to spot good stories and how to pinpoint 'fake news'. The program aims to take students who are learning to write and teach them the age-old, yet always fluctuating craft of how to turn research into a piece of writing that can educate or inspire others.

This program offers kids from Minot AFB a chance to write a story or article about an event or person around the base or town. They will then submit the article for publication. If the story meets our requirements, it will be PUBLISHED in the Northern Sentry and online to share with family and friends! The program

is open to dependents under age 18. So many kids have already taken advantage of this program, but we hope to have a submission for every single paper edition! But this isn't all, we are taking it one step farther and will help older kids find a story to cover on base! Older Jr. Journalists (ages 13-17) who really want to write about something, but still don't know what; never fear! Shoot us a message on Facebook and we'll assign you a real-life story to cover. Erin Beene, the Northern Sentry base reporter will meet up with you (and a parent) to attend a base event. We will go over what to do, how to find the right person to talk to and what questions to ask. Then we'll go over how to write a story about it! Just shoot us a message on FB if your teen is interested in attending an event and writing the story for the Northern Sentry Newspaper! See our submission guides below and start looking for something interesting to write about. We'd love to see what those amazing teenagers can write!



JR JOURNALISM PROGRAM

northersentry



Kids are an important part of our Minot AFB Community. We want to hear about them, FROM them!

The Northern Sentry's Jr. Journalism Program is a chance for kids and teenagers to write articles about important topics and get published in the real Northern Sentry newspaper and online!

But what can you write about? We are open to lots of things, but here are some ideas:

- Do you love riding your bike around base? Tell us about what you see and hear!
- Do you love your school or teacher? Tell us why they make your life better.
- Do you enjoy a specific base playground? Tell us why and what you do there.
- Have you had a unique experience being a military kid? Tell us about it!
- Did you go to a cool base event (ex. Rock Concert, Library Camp)? Tell us about it from your perspective.
- Where have you lived and which base has been your favorite and why?

Open to military dependents ages 7-17

Besides getting rewarded with a published article (which could be used in college applications), every published submission comes with a prize, your own framed copy of your article AND a chance to win Minot AFB's Jr. Journalist of the Year Award!

We can't wait to read your stories!

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Some souls have lost their happiness for the world in which we share. The students from these graceful classrooms may afford them love and care.

Never shall we e'er forget the knowledge we impart. Our world deserves their skillset, young knowledge of the heart.

Living

MARTINA KRANZ

I find joy in exploring neighborhoods
And looking at the different homes.
I would walk every street if I could,
To think good thoughts and just roam.

I find joy in breathing the fresh air,
And watching a green space come to life.
A green space that wasn't always there,
but the city created from a flood of strife.

I find joy in the fresh snow
and in the quiet rustle of the trees.
I find joy in the river's lazy flow
And with winter's icy breeze.

I find joy at Christmas in Oak Park
Because of its displays of lights
That dispel the blues and the dark.
I find joy in a ghost story told on a windy night.

I find joy in the other winter months too.
A new year arrives, along with Valentine and spring.
When the flower buds look like bijous,
And some birds nest under my deck and sing.

Do you have something you'd like to share with the world? Whether it's a pretty photo of Minot AFB, a fun piece of writing, or a picture of something your child made, send it to the Northern Sentry. Let us feature your creativity!

Send all submissions to: nsads@srt.com

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Sue George found a \$65 Golden Ticket in the Northern Sentry she picked up at the Quick Stop! That is her third Golden Ticket in two years. Sue knows, "It Pays to pick up the Northern Sentry"

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Seven Airmen innovation ideas selected to pitch at AFGSC S3 event

SEAN GREEN, STRIKEWERX

BOSSIER CITY, La. -- Eight ideas from five different Air Force Global Strike Command wings have been selected to compete at the Command's STRIKEWERX Spark Sprint (S3) Innovation Event.

S3 is AFGSC's effort to identify the most innovative ideas from across the command. Senior leaders from the command and Cyber Innovation Center in Bossier City, La., will judge the contenders and declare two winners for the command. These top two ideas from S3 will go on to represent AFGSC at the Headquarters Air Force level.

The 2022 S3 selects are listed by name, wing, base, and idea title:

MASTER SGT. DAVID BUNN, 509 BW, Whiteman Air Force Base, Missouri, Transformed Entry Authorization

List (TEAL) System

MAJ. ALEXANDER HESS, 509 BW, Whiteman Air Force Base, SkySchedule - Automated Squadron Scheduling

TECH. SGT. JON LONGORIA, 509 BW, Whiteman Air Force Base, Global Operations Asset & Talent Service (GOATS)

LT. COL. JOSHUA ALLEN, 2 BW, Barksdale Air Force Base, Louisiana, Reusable Training Joint Direct Attack Munitions Tail Kits

CAPT. MATTHEW MATUSZAK, 91 MW, Minot Air Force Base, North Dakota, Mobile Shielded Coding Enclosure and Modernized Classified Item Tracking

MASTER SGT. ASUA ROSE, 5 BW, Minot Air Force Base, Security Forces Squadron Wellness App

TECH. SGT. TIMOTHY KENNEY, 28 BW, Ellsworth Air Force Base, South Dakota, Tow Operations Collision Avoidance System

AFGSC will invite all wing finalists to the STRIKEWERX Innovation Hub at the CIC to prepare for the event. After

receiving professional pitch coaching and practice, they will present their solutions to the judges and spectators.

Each finalist will have three minutes to explain the challenge and pitch their solution. They then have two minutes to answer questions from the judges.

This year's S3 will be held Oct. 20 from 1-3 p.m. Central time and streamed live on AFGSC's YouTube channel.

AFGSC Chief Scientist, Dr. Donna Senft, is sponsoring S3 and worked with AFGSC A9 Studies, Analyses, Assessments and Lessons Learned Directorate, AFGSC A1 Manpower and Personnel directorate and all AFGSC Spark Cells to identify the best ideas for this year's event.

Global Strike Command has a strong set of contenders for S3 again this year," Senft said. "The quality of these innovation ideas shows that innovation culture is really taking hold within the command."

The Command will announce live at the event which two finalists will represent the command at the 2023 Air Force Spark Tank competition. Spark Tank is an annual competition where Airmen pitch innovative ideas on solve operational challenges to Air Force leaders and a panel of industry experts.

For more information, visit <https://www.afgsc.af.mil/2022-STRIKEWERX-Spark-Sprint/>.



A LOOK BACK THIS WEEK IN USAF HISTORY

PRESIDENT BUSH ENDS B-52 ALERT OF COLD WAR

September 27, 1991



The Strategic Air Command B-52 bomber was kept on around-the-clock alert, posed for retaliatory strikes against the Soviet Union. (USAF Photo)

On September 27, 1991, President George H.W. Bush ordered the termination of the Strategic Air Command alert that had been initiated in October of 1957 as a result of the Cold War. This halt signaled the end of the war, which would officially come in December with the collapse of the

communist state. As a result of the Strategic Arms Reduction Treaty with Russia, hundreds of B-52 Stratofortresses were dismantled at Davis-Monthan Air Force Base, Arizona. In the years following the Cold War, the Air Force implemented a downsizing trend that permanently closed many bases around the country. Because of its strategic location and continuous support of the nuclear triad, Minot AFB remained a pivotal location for strategic deterrence, and while the 5th Bomb Wing B-52s were taken off alert, they remained poised for action on a moment's notice.

Information courtesy of: media.defense.gov / defensemedianetwork.com / Strategic Air Command, An Organizational History by Ronald Mixer

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891 MSFS SHADOW WARRIORS PHOTOS



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NOTES ON BEING SAFE

COMPLACENCY, THE SILENT KILLER



ROD KRAUSE
 5TH BOMB WING
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 AND HEALTH MANAGER



Every day in the United States on the average, 15 workers lose their lives as a result of injuries or illnesses related to their work. When you add the figures that's over 5400 people a year. Unfortunately these people leave behind families, friends, and co-workers.

Recently there are more and more "mishaps" that come across my desk dealing with everything from damaged or lost tools and equipment, Damage to Government vehicles due to inattention, dressing inadequately for the cold weather conditions, this list can go on and on... I think you understand the point. Airmen at levels need to fine tune the skills we have been trained and imbedded to our thought processes and way of thinking.

So what is the point am I driving home? Complacency! When it comes to safety, complacency is deadly. If you come to work in an environment that has dangers, you can't afford to let your guard down, you can't relax. If you become comfortable in hazardous areas, your lax attitude will end up getting people hurt. Or worse, it gets you hurt. We can fall into the mindset, "I went to work and nothing happened, nothing happened last week and nothing dangerous happened last month." This allows you to let your guard down. We all need to remind ourselves we're working in a dangerous environment and we need to be alert.

All of us, no matter where you work, or what your job is, need to create a culture within our own organization, and remind everyone that complacency is a treacherous thing - it's a killer. Supervision at all levels needs to find ways to stimulate employees' interest in finding ways to make safety improvements.

We all need to create motivation for a positive change in the organization by believing it's possible to achieve zero mishaps or incidents and communicating that belief to all employees. All of us, by raising our right hand have an obligation to show employees the relevance of working safe to their jobs, careers, and, most importantly,

their families. This will create an atmosphere where everyone at every level in the organization will increase their commitment and their contribution in making the workplace mishap or incident free.

Yes, I understand all of are busy we have tight schedules and deadlines to meet, but we also need to take a step backwards, think of your thought processes, take a "one more time" look around your surrounding and ask yourself "Did I leave anything behind? Are all my tools and equipment accounted for? Did I remember to do that last check before we left the building? Are all the documents properly signed off and reviewed?, am I properly dressed for the outdoor temperatures?" Never forget where you are. If you work in a dangerous

fast paced environment, remember that I'm not asking you to live your life dreading every moment at work. What I am asking each and every one of us is to follow proper procedures at work, and think ahead of what elements await us that can possibly kill us. Think of your surroundings, identify the littlest detail.

In closing, please remember complacency is an ever present danger. When a person becomes complacent their stress level for the task decreases, and consequently, so does their performance. A greater stimulus will be required in order to obtain a response. Let's all take a deep breath and a step back... your life and the life of others may depend on it.

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National Hispanic Heritage Month

20TH AIR FORCE

Sentinel Warriors, Across the force, diversity of background, experience, demographics, perspectives, thought and organization are essential to treating every Airmen and family member of our United States Air Force with dignity and respect. Furthermore, diversity of background, experience, demographics, perspectives, thought and organization are essential to our ultimate success in an increasingly competitive and dynamic global environment.

National Hispanic Heritage Month, Sept. 15 to Oct. 15, marks a time to underscore and continue to honor the many contributions Hispanic Americans have made to the Department of Defense and the Nation.

Since the founding of our Nation, Hispanic Americans have served bravely in the United States military, earning numerous

distinguished military decorations for leadership and courage, including 61 Medals of Honor.

Today, members of Hispanic descent make up approximately 17% of the active duty force. Diversity is vital to mission success and the transition of our force from the UH-1N and Minuteman III to the MH-139 and Sentinel. Diversity remains critical to the development of our Airmen and the care of our Air Force families.

Take advantage of this wonderful opportunity to celebrate the contributions of our Hispanic Sentinel Warriors. We encourage each of you and your families to participate in local Hispanic Heritage Month events and learn more about the many outstanding contributions of Hispanic Americans.

For more information on USAF Diversity initiatives, visit <https://www.af.mil/Diversity/>.



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I like to play video games, enjoy hiking and spending time with my wife.

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Wheel Alignment Tips

Have your Wheel Alignment checked every other tire rotation and always when installing new tires. Wheel alignment sometimes referred to as tracking, is part of standard automobile maintenance that consists of adjusting the angles of the wheels so that they are set to the car maker's specification. The purpose of these adjustments is to reduce tire wear, and to ensure that vehicle travel, is straight and true (without "pulling" to one side). Alignment angles can also be altered beyond the maker's specifications to obtain a specific handling characteristic. Motorsport and off-road applications may call for angles to be adjusted well beyond "normal" for a variety of reasons.

Primary Angles

The primary angles are the basic angle alignment of the wheels relative to each other and to the car body. These adjustments are the camber, caster and toe. On some cars, not all of these can be adjusted on every wheel.

These three parameters can be further categorized into front and rear, so summarily the parameters are:

Front: Caster (right & left)

- Front: Camber (right & left)
- Front: Toe (left, right & total)
- Rear: Camber (left & right)
- Rear: Toe (left, right & total)
- Rear: Thrust angle

Secondary Angles

The secondary angles include numerous other adjustments, such as:

SAI (left & right)

- Included angle (left & right)
- Toe out on turns (left & right)
- Maximum Turns (left & right)
- Toe curve change (left & right)
- Track width difference
- Wheelbase difference
- Front ride height (left & right)
- Rear ride height (left & right)
- Frame angle

Setback (front & rear) is often referred as a wheel alignment angle. However setback simply exists because of the measuring system and does not have any specification from car manufacturers.

Measurement

A camera unit (sometimes called a "head") is attached to a specially designed clamp which holds on to a wheel. There are usually four camera units in a wheel alignment system (a camera unit for each wheel). The camera units communicate their physical positioning with respect to other camera units to a central computer which calculates and displays how much the camber, toe and caster are misaligned.

Often with alignment equipment, these "heads" can be a large precision reflector. In this case, the alignment "tower" contains the cameras as well as arrays of LEDs. This system flashes one array of LEDs for each reflector whilst a camera centrally located in the LED array "looks for" an image of the reflectors patterned face. These cameras perform the same function as the other style of alignment equipment, yet alleviate numerous issues prone to relocating a heavy precision camera assembly on each vehicle serviced.

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Did You Know?

5TH BOMB WING HISTORIAN

Did you know the 5th Bomb Wing's original home was once located in the territory of Hawaii?

The direct history of the wing begins with the activation of the 5th Strategic Reconnaissance Wing in 1949. However, upon its activation, Strategic Air Command (SAC) bestowed the history of the 5th Bombardment Group, with its extensive WWII combat honors, on the new wing. This Bestowal of history is explained in "A Guide to Air Force Lineage and Honors," by Charles A. Ravenstein.

This group was originated and activated in Hawaii on May 19, 1918 as the 2d Observation Group. Then on April 12, 1921 the unit was redesignated as the 5th Group (Observation) and later, on June 21, 1922 as the 5th Group (Pursuit and Bombardment). The group's first station was Luke Field on the island of Oahu, Territory of Hawaii. At the beginning of 1939, the 5th moved from its old headquarters at Luke to Hickam Field; Hickam was to be the unit's home until farewell was said to Hawaii in 1942.



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BABY ANNOUNCEMENTS



BABY BOY BORN ON
THURSDAY, SEPTEMBER 15, 2022 TO:
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BABY GIRL BORN ON
SATURDAY, SEPTEMBER 17, 2022 TO:
TERRISA TETRAULT AND MARK HOULE
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If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

MINOT SYMPHONY ORCHESTRA PRESENTS

All That Jazz

SPACE:
THE
FINAL
FRONTIER
2022-2023

September 24, 2022

Ann Nicole Nelson Hall - MSU
6 pm - Pre-concert talk | 7 pm - concert

Sept. 24 • Oct. 29 • Dec. 10
Feb. 4 • March 4 • April 29



VOCALIST
Jasmine
Spitzer



CELLIST
Dr. Erik
Anderson



COMPOSER
Erik Mychal
Anderson



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Cuban OvertureGershwin
West Side Story:
Symphonic Dances..... Bernstein
Concerto Nova Erik M. Anderson
Dr. Erik Anderson, electric cello
Autumn in NY.....Arr. Unknown
Dr. Charles Young, alto saxophone

Jasmine Spitzer, vocals:
I've Got You Under My Skin
Recorded by Frank Sinatra
I Only Have Eyes For You
Recorded by Ella Fitzgerald
Save the Last Dance For Me
Michael Bublé

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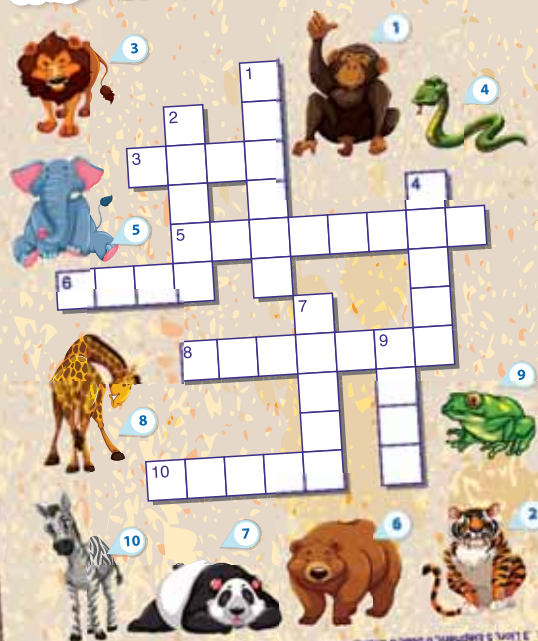
AMUR TIGER

CREATURE FEATURES

- Once known as Siberian Tigers, Amur Tigers are the largest member of the cat family.
- Tigers are the only large wild cats with stripes. These stripes are camouflage that aid them while hunting. The stripe patterns of a tiger are not symmetrical from one side of the animal to the other. Their stripes are like our fingerprints.
- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots".

Fact File	
Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Onshore: Caribou, Muskox, Deer, Pig, Water Buffalo, Antelope

Wild animals crossword



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The Minot Symphony's 97th season brings BIG changes

MINOT SYMPHONY ORCHESTRA

The Minot Symphony Orchestra will open their 97th season on Saturday, September 24th at 7 pm at MSU's Ann Nicole Nelson Hall.

New this year, the performances will start at 7pm (instead of 7:30.) This change is to give concertgoers an earlier start for those traveling, more time to socialize with friends following the performance, or to simply get home earlier. The programming is targeted around 80 min. of music plus a 20 min. intermission which will warrant an earlier dismissal than previous years.

Patrons will also notice the addition of two 98" high definition digital monitors in Ann Nicole Nelson Hall. These monitors were purchased and installed thanks to a special grant from SRT Cares along with supporting funds from Minot State University. These monitors will provide a world of opportunities for the symphony and other performing groups in Ann Nicole Nelson Hall.

"The addition of the two digital monitors will help us provide education to our patrons, are attractive for sponsors messages to the audience, and will provide many opportunities for the symphony, MSU, and the numerous other community groups that utilize the hall. The symphony concerts will show the livestream video footage on the monitors during the performance to enhance the patron experience. We are already planning something BIG in the near future!" exclaimed Ellen Fenner, MSO Executive Director.

"All That Jazz" is the first of the symphony's 6 concert series for the 2022-2023 season. Other performance dates include October 29, December 10, February 4 (3pm), March 4, and April 29. Programs for the 2022-2023 season include works by Glinka, Tchaikovsky, L. Mozart, Mendelssohn, Franck, Williams, Holst, and more. The season will also feature a guest conductor, ND High School Soloist competition winner, MSU Division of Performing Arts Honors Competition winner, and the winning piece of the annual Young Composer Competition. More information and details are available at www.minotsymphony.com.

"I am so excited about this year and to play music that is dear and familiar to me (The Planets), music that I absolutely love (West Side Story), and music in many different styles and genres written from the 1700s to today! I think there is truly something for everyone this season and I invite you to experience it all and broaden your musical horizons along with us," said Christine Baumann, Minot Symphony Association Board President and violist.

The season opener on September 24th will feature familiar jazz tunes that will have concertgoers dancing in their seat - Gershwin's Cuban Overture and Bernstein's West Side Story: Symphonic Dances.

The program continues with the world premiere of Concerto Nova, an original composition by Minot native Erik Mychal Anderson. This

piece was written for electric cello which will be performed by his father, MSU Division of Performing Arts Chair and MSO principal cellist J. Erik Anderson. Electric violins, viola, and bass are also featured in the composition.

Local composer and performer, Erik M. Anderson has a passion for music of diverse genres which influence his writing. A fan of jazz, rock, and hip hop, his music often features driving rhythm and expressive melodies. You can hear the impact of composers Leonard Bernstein and Dimitri Shostakovich. Creating music that is both personally meaningful and satisfying to the listener and performer is incredibly important to Anderson.

"The electric 5-string cello, along with distortion, wah, and other pedals, offers a completely new and exciting palate of colors. Erik's concerto brings together blues, Latin, hip-hop, and metal styles, yet with the overall scope and organization of a classical work. So excited to bring something totally new to the Minot stage!" exclaimed cellist J. Erik Anderson.

Following intermission, MSU Professor of Woodwinds and Director of Jazz Studies, Mr. Charles Young will be featured

on alto saxophone for Autumn in New York, which was recorded by Charlie Parker with strings in 1952. Following Mr. Young's performance, one of his former students, Minot native, Jasmine Spitzer will join the MSO to sing familiar jazz tunes recorded by Frank Sinatra, Ella Fitzgerald, Michael Bublé, and Aretha Franklin.

Raised by two music teachers, Jasmine Spitzer has been surrounded by the love of music her whole life. She grew up watching her family play huge roles in the Minot music community, both in education and performance. With these big shoes to fill, she pursued Music Education at Minot State University for two years before transferring to Ohio Wesleyan University to continue her studies. Jasmine is now one of Columbus Ohio's most sought-after vocalists with a reputation for adventurous versatility and an infectious presence on the bandstand. As both a bandleader and a sideman, she has appeared in nearly every live jazz venue in the city and continues to forge her path. Influenced by Ella Fitzgerald, Billie Holiday, and Nancy Wilson, you can hear the classic sounds of the past in her voice.

Tickets start at \$30 for adults with active military, senior, and student discounts available. Season tickets, individual tickets and Pick 6 Flex Passes are available. The Pick 6 Flex Pass includes 6 concert tickets for the price of 5, can be used for multiple tickets to the same performance or spread out between performances. All tickets are available at www.minotsymphony.com or through the box office at 701-858-4228. Patrons are encouraged to purchase tickets in advance.

Pre-concert talks which provide an engaging overview of the works being performed, talk about the story behind the music, the composer, and historical context will be presented one hour before the concert (6pm for Sept. 24th).

The Minot Symphony Orchestra is a unique blend of student, community, and professional musicians from the Minot area. The symphony is directed by Maestro Efraín Amaya, Associate Professor of Performing Arts at Minot State University.

This project is supported in part by grants from Arts Midwest and the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

The Minot Symphony Orchestra presents
ALL THAT JAZZ
 Sept. 24, 2022 - 7pm
 MSU-Ann Nicole Nelson Hall

- ★ Original composition by Erik M. Anderson with Dr. Erik Anderson on e-cello
- ★ Symphonic Dances from West Side Story, Bernstein
- ★ Cuban Overture, Gershwin *Live on Livestream*
- ★ Jasmine Spitzer, vocalist

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 2 TEASPOON FRESH CHOPPED DILL
 1/2 TEASPOON SALT
 TO TASTE BLACK PEPPER
 4 (8 OZ) SALMON FILLETS, SKIN ON
 1 LEMON, THINLY SLICED

When ready to cook, set Traeger temperature to 350°F and preheat, lid closed for 15 minutes.

Meanwhile mix together the softened butter, lemon zest, lemon juice, dill, salt and pepper.

Generously slather the top of the salmon fillets with the lemon-dill butter and top with a slice of lemon.

Place the salmon fillets on the hot grill grate, skin-side facing down. Cook for 15 to 20 minutes, for a medium-rare salmon, or until the salmon is done to your liking.

Garnish with fresh dill. Enjoy!

(Recipe can also be baked)

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SEPT. 28

NELSON BROTHERS



SEPT. 29

DANIEL O'DONNELL



SEPT. 30

THE TEXAS TENORS WITH THE KILLER VEES



OCT. 01

OLD CROW MEDICINE SHOW

8PM SHOWS



SEPT. 28

BIG & RICH WITH TIGIRLILY



SEPT. 29

CLINT BLACK WITH PHIL VASSAR



SEPT. 30

DIERKS BENTLEY



OCT. 01

BRANTLEY GILBERT

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WHAT'S HAPPENING AT THE MINOT AFB EXCHANGE

Save + Win! New MILITARY STAR Accountholders Can Win a PS5 Prize Package in September Sweepstakes

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

Minot AFB – Minot Exchange shoppers who are fans of gaming and saving money are in luck: shoppers who sign up for and use a new MILITARY STAR® account Sept. 1 through 30 will automatically be entered in a worldwide sweepstakes for a chance to win a PlayStation 5 console and game bundle.

In addition to the opportunity to win one of five PS5 prize packages, the MILITARY STAR card brings value for Minot AFB shoppers looking to make their dollars work for them. New cardholders save 10% on all first-day purchases, and everyday card perks include:

- 5 cents off every gallon of gas at Minot AFB Express.
- 10% off at all participating

Exchange restaurants.

- Free shipping on ShopMyExchange.com and myNavyExchange.com.

- Points earned on purchases, with \$20 digital rewards card every 2,000 points.

“The chance to win a PS5 is the cherry on top of the already great value of the MILITARY STAR card,” said Minot AFB BX GM Brian M. Read. “MILITARY STAR helps shoppers on a budget save on the things they’re already buying, like food and fuel.”

The MILITARY STAR card also offers one low APR for all cardholders, regardless of credit score; never charges any annual, late or over-limit fees; and features budgeting tools such as Pay Your

Way Plans, which offer fixed monthly payments at reduced interest.

The MILITARY STAR card is administered by the Army & Air Force Exchange Service and is accepted at all exchanges, commissaries and online at ShopMyExchange.com, myNavyExchange.com and ShopCGX.com. Department of Defense civilians and retirees are eligible to apply for a card, as are all honorably discharged Veterans who have confirmed their eligibility to shop at ShopMyExchange.com. Sweepstakes rules and alternative method of entry can be found at https://www.MyECP.com/images/promotions/PS5_Sweepstakes_Rules.PDF.

Exchange Giving Away \$15,000 in Electric Bike Prizes in Sweepstakes

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

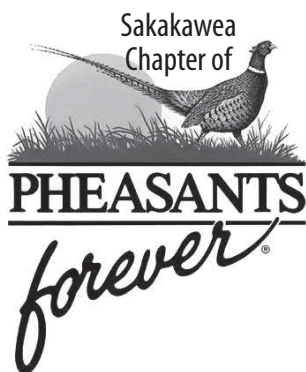
Minot AFB – Army & Air Force Exchange Service shoppers have the chance to win a Wicked Thumb Destroyer 750 Electro Cycle in a worldwide sweepstakes sponsored by Jack Daniel’s.

Through Nov. 30, authorized Minot AFB Exchange shoppers 18 and older can enter at ShopMyExchange.com/sweepstakes to win one of five electric bike prizes, each valued at \$2,999.

“The Exchange is excited to give away these wicked cool Wicked Thumb e-bikes to five winners in the military

community,” said Minot BX General Manager Brian Read. “Sweepstakes like this are one way the Exchange shows its gratitude to military members and their families for all they do.”

No purchase is necessary to enter or win. Honorably discharged Veterans who have confirmed their eligibility to shop online can enter too. Veterans can visit ShopMyExchange.com/vets to learn more. Department of Defense and Coast Guard civilians and retirees can also enter.



SAKAKAWEA FALL PHEASANT FEST

Saturday, September 24, 2022
Garrison City Auditorium

5:30 p.m. Social followed by Dinner & Auction



\$15 - Spaghetti Feed

\$35 - Membership

Free Youth Membership

(sponsored by Sakakawea Chapter of Pheasants Forever)

Tickets available at the door or by calling 337-5462

Chapter retains all banquet funds with proceeds used for wildlife habitat and conservation education.

Local Cravings Restaurant Guide

<p>Applebee's Grill & Bar</p> <p>2302 15th St SW, Minot, ND 58701 Phone: 701.839.2130 www.applebees.com</p>	<p>Bone's BBQ Smokehouse & Grill</p> <p>1412 2nd Ave SW, Minot, ND 58701 Phone: 701.838.9140 www.bonesbbqminot.com</p>
<p>Badlands Restaurant & Bar</p> <p>1400 31st Ave SW, Minot, ND 58701 Phone: 701.852.7335 www.blgrill.com</p>	<p>28 Tastes & Taps</p> <p>1603 35th Ave SW Minot, ND 58701 Phone: 701.838.2828 www.facebook.com/28tastes</p>
<p>Mi Mexico</p> <p>3816 South Broadway Minot, ND 58701 Phone: 701.858.0777 Phone: 701.858.0777 www.mimexicomintnd.com</p>	<p>Pink's Bar & Grill</p> <p>102 128th Ave NW Minot, ND 58703 Phone: 701.852.2385 www.facebook.com/PinksBarGrill</p>
<p>Culver's Restaurant</p> <p>3000 S Broadway, Minot, ND 58701 Phone: 701.852.4800 www.culvers.com</p>	<p>Prairie Sky Breads</p> <p>3 1st St. SE, Minot, ND 58701 Phone: 701.858.0612 www.prairieskybreads.com</p>
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Checklist helps prepare for 2022 TRICARE open season

TRICARE COMMUNICATIONS

FALLS CHURCH, Virginia -- TRICARE Open Season starts in the fall. That's the time when most families can make changes to their TRICARE health care coverage for next year. Preparing for open season now can help you make the best selection for you and your family later.

"Each year, open season gives you the chance to either sign up for TRICARE, or change your current coverage," said Dr. Danita Hunter, chief of TRICARE Policy and Programs. "Before open season begins, give yourself time to review resources and ask questions about your options. This will help you choose the right coverage for you and your family."

Are you enrolled in or eligible for a TRICARE Prime option or TRICARE Select? If yes, open season applies to you. However, it doesn't apply to active duty service members, or ADSMs. To learn more and to help prepare you for open season, follow this five-step checklist.

1. Know the dates and your choices

Open season starts Nov. 14 and ends Dec. 13, 2022. When considering your options you have these three choices:

Stay in your plan.

Enroll in a health plan.

Change health plans or switch between individual and family enrollment.

2. Review coverage details

Being familiar with the plan types can help you pick one to fit your budget and your health care needs. TRICARE Prime is your managed care option. It offers the most affordable coverage. With TRICARE Prime, you have a primary care manager (PCM) to manage your routine care and refer you to specialists for specialty care.

TRICARE Select is a self-managed care option. It offers the most freedom of choice. You aren't required to have a PCM. You can choose your own TRICARE-authorized provider and manage your own health care. You'll have lower out-of-pocket costs if you use a network provider.

Compare TRICARE plans to learn more about each health plan.

3. Consider all cost factors

The amount you pay for coverage depends on your health plan and who you are. For example, costs vary if you or your sponsor is an ADSM, a National Guard or Reserve member, or a retiree. To find your health plan costs and to compare costs, use the Compare Costs tool.

4. Consider your needs for next year

Do you expect any big life changes in the upcoming year? The open season may not be the only time you can update your coverage. As outlined in the TRICARE Qualifying Life Events Fact Sheet, certain life events may change your health plan options. Moving, marriage, birth of a child, or retirement from active duty are all Qualifying Life Events (QLEs). A QLE opens a 90-day period for you to make eligible enrollment changes. If you take no action during open season, you'll have to wait until you or a family member experiences a QLE to make changes to your TRICARE Prime or TRICARE Select plan.

5. Update your information in DEERS

Being able to use TRICARE depends on you keeping your information current in the Defense Enrollment Eligibility Reporting System (DEERS). If you don't show as eligible for TRICARE in DEERS or your information is incorrect, it could prevent you from using your TRICARE benefit. You may also miss important information and enrollment deadlines.

Remember, you don't have to wait until open season to think about your options. Start planning now. Find more info and resources on the TRICARE website.

Would you like the latest TRICARE news sent to you by email? Visit the TRICARE Subscriptions page today, and create your personalized profile to get benefit updates, news, and more.



NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Sept. 19: 1,834.26 feet above mean sea level (MSL); 13,800 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.81 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.75 MSL.

•N.D. Game & Fish Dept. game wardens: Tobacco Garden and New Town areas slowing for walleye on the west end of Lake Sakakawea. No Devils Lake or north-central area lake reports.

•Devils Lake, Ed's Bait Shop, Devils Lake: Continued fair to good for walleye with main Devils Lake starting to turn. Switch to minnows.

•Devils Lake, Woodland Resort, Devils Lake: Continued fair to good for small walleye using spinners and bottom bouncers. Move around working 10 feet and deeper. Also try jigging around the rock piles around towers and bridges.

•Lake Darling, Karma C-Store, Ruthville: Look for a switch to minnows on Lake Darling for walleye. Try Glenburn Pond for a nice area for kids.

•Lake Metigoshe, Four Seasons, Bottineau: More fall fishing activity but limited reports.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not many anglers on the east end of Lake Sakakawea but continue working deep water for walleye. Salmon slowed.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Sakakawea still has a deep water walleye activity on the east end. Try Lindy rigs and bottom bouncers. Try morning hours for salmon. Work 30 to 40 feet on Lake Audubon for walleye, as well. Continued good smallmouth success.

•Lake Sakakawea, Indian Hills Resort, Garrison: Bait shop closed but access still available.

•Lake Sakakawea, New Town: Walleye success remains generally slow. Try working deep.

•Lake Sakakawea, Van Hook Bait & Tackle, New Town: Bait shop

•Hunters reminded to put identification on tree stands and blinds when set up on N.D. Game & Fish Dept. WMAs.

•Waterfowl hunters reminded to follow ANS regulations when hunting from boats.

•Applications such as Onyx now have updated electronic posting information for the 2022 hunting season.

•Sept. 24: Resident waterfowl season opens.

•Sept. 24: Sakakawea Pheasants Forever Fall Pheasant Fest, Garrison City Auditorium, 5:30 p.m.

•Sept. 25: Youth deer season closes.

•Sept. 30: Upper Souris Nat'l. Wildlife Refuge closes to boat activity on Lake Darling and Souris River.

•Oct. 1: Nonresident waterfowl season opens.

•Oct. 1: MonDak Pheasants Forever banquet, Raymond Family Community Center, Williston, 3 p.m.

•Oct. 1 & 2: Youth pheasant season.

TOURNAMENTS:

•Sept. 24: Lake Sakakawea, Fort Stevenson State Park.

closed for the season but boat ramps remains available.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow to fair during the day for walleye with good catfish success. Fair evening walleye bite with a mix of occasional trout and salmon and OK walleye success. Lake Sakakawea remains fair for walleye in 50 feet using a mix of nightcrawlers and minnows. Work points and move around. Salmon remain throughout the water column from shallow depths in the bays to deep water around 100 feet. Try a variety of presentations from shore or downrigging in deep water. Overall success slowed from last week.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Continued walleye activity around Hofflund Island in 2 to 6 feet or down in 22 feet on the west end of Lake Sakakawea. Try crankbaits or jigging Raps. Missouri and Yellowstone rivers continue improving in water clarity. Sundheim boat landing work is done.

•Lonetree WMA area lakes, Harvey: Not much activity on area

lakes.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Area lakes remain quiet.

Hunting:

•Deer: Some early season archery success with more movement around the last half hour before sunset.

•Doves: Birds still remain in the area and are bunching with cooler weather. Look for them to move as cool weather persists.

•Upland: Some pockets of grouse but hunters generally finding more partridge than sharp-tails.

•Waterfowl: Fair duck numbers in northwest and around Devils Lake with larger wetlands still holding water. North-central N.D. wetlands generally in nice condition yet for holding water but limited crane numbers yet and not many local Canada geese. Wetlands around the midsection of Lake Sakakawea are drying, however, with limited numbers of local waterfowl.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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For more information:
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25 SEPT **CAESAR FEST**
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 The Spot
 6 2nd St NE, Minot

Garden Grown Pickles? Cheese Curds? a Deviled Egg? What will this year's Caesar Fest bring for toppings!? Join local bars and restaurants in this incredible brunch-time event as they compete for the coveted "Best Caesar in Minot" award! Tickets are \$50. Tickets must be purchased in advanced and will not be available at the door. Tickets may be purchased online at www.minotcaesarfest.com > Caesar Competition > Caesar Tasting > Pizza Bar by Planet Pizza > Live Music > Silent Auction > Axe Throwing > Meat Raffle SPONSORED BY THE LANDING BAR & BOTTLE SHOP. PROCEEDS BENEFIT COMPANIONS FOR CHILDREN A LOCAL YOUTH MENTORING NONPROFIT ORGANIZATION.



For more information:
<https://fb.me/e/1EphdXonE>

27 SEPT **SALSA SHOWDOWN**
 4:00 PM - 7:00 PM
 Minot Oak Park
 1300 4th Ave NW Minot, ND

This Showdown is for the sweet and spicy homemade salsas to finally get the credit they deserve. Judged by our panel of celebrity judges with the help of the People's Favorite Jar Decoration to crown the winners in 3 categories and 2 divisions. Salsa will be judged on appearance, color, flavor and texture. Decorate your Jar for the chance to win People's Choice! Get all major produce supplies from one or more of our market vendors and get yourself entered for a BONUS prize! Adult Division: \$15 per entry Youth Division: \$10 per entry Pre-Registration begins August 20. Entries can be dropped off September 20, 22 or 24th - or on the 27th at the Market. Need not be present to compete. Salsa Showdown Details 2 Age Divisions - Youth & Adult, Multiple Categories - Spicy, Sweet, Non-Tomato Base



For more information:
minotfarmersmarket.com

On Base

30 SEPT **MINOT AFB EXCHANGE FALL FESTIVAL**
 10:00 AM - 2:00 PM
 Minot AFB Main Exchange
 362 Missile Ave, Minot AFB

Come join us for our first ever Fall Festival on Friday, Sept 30th 11:00am - 2:00pm!
 You and your family will be able to enjoy an array of Arts & Crafts and various vendors; free for the public and free booths for any interested vendors.



For more information:
 Brooke at 701-727-4717 Ext 221

CELEBRATING TRADITIONS
DEADLINE EXTENDED TO 30 SEPTEMBER

PRIZES AWARDED TO TOP 3 PHOTOGRAPHERS IN EACH AGE CATEGORY
 FIRST PLACE: \$800 AMAZON GIFT CARD
 SECOND PLACE: \$400 AMAZON GIFT CARD
 THIRD PLACE: \$300 AMAZON GIFT CARD

AGE CATEGORIES
 ADULT: 18 YEARS OR OLDER
 ADULT ACCOMPANISHED: 18 YEARS OR OLDER
 YOUTH CHILD: AGES 5 - 8 YEARS OLD
 YOUTH PRE-TEEN: AGES 9 - 12 YEARS OLD
 YOUTH TEENS: AGES 13 - 17 YEARS OLD

VISIT THE WEBSITE BELOW FOR DETAILS

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MONDAY - FRIDAY
 UNTIL THE END OF THE 2022 SEASON
 9:00AM - 1:00PM

WEATHER PERMITTING

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JR JOURNALISM PROGRAM

northnersentry

Things to do in Winter

DAVID MAGINNESS, AGE 11

Reading this article, people who have been here last winter will think I am a crazed maniac when I say there are things to like about winter in North Dakota. I can assume everybody can agree that there are downsides, but don't make it feel like it is a deathtrap. Believe it or not there are fun things to do in winter her too! If you have ever been skiing in Bottineau you know what I am saying. My friends and I love to build snow forts in the big piles of snow that the plows leave. Even though every single school bus can be covered in snow and there be a 2-hour delay doesn't mean that there aren't snow days! My dad and I love to put up a lot of Christmas lights up, (even though they usually don't ever come down) we love to put a lot

of effort in them and they end up looking so pretty! The high school has a great sledding hill, it is steep and it is so fun to race my family, we go there every year! My friends and I love doing snow fights, the arena being our whole street! Some people haven't even seen a flurry yet, much less anything! Can you believe that with living in Minot? If you have the right snow you can build a snowman as large as you want to, you have pretty much endless supplies if you get what I mean. If you're not outside you can watch movies, learn to do something new, such as baking, like my sister did. My family and I love attending Minotauros hockey games, the energy and excitement of them is very fun! You are really able to have fun in the winter time in Minot North Dakota!



David and sister, Katie, standing in front of a hill of snow after the Easter Blizzard of 2022.



David, age 11, building a fort and having a snowball fight with friends.

Find specifics about Northern Sentry's Jr. Journalism Program and how your story can be featured





MAFB Winter Bussing with Yellowfin Bus Transportation



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
CHILD AND YOUTH EDUCATION SERVICES

On-base winter bussing to Dakota Elementary, North Plains Elementary, and Memorial Middle School begins on November 7th, 2022. For on-base residents and/or families who utilize the Youth Center, the School Liaison Office is excited for Yellowfin Bus Transportation to provide this incredible service!

If you are interested in this service, please complete the Yellowfin Bus Form at <https://5thforcesupport.com/school-liaison/#links> and send to Yellowfin.Minot@bragglines.com by email.

With this bussing service being provided by Yellowfin Bus Transportation, safety is paramount. Over the next four weeks, I will highlight a section of the bus safety regulations and expectations.

The following includes Section 1 of the School Bus Safety Regulations and Expectations for SY 2022-2023.

Prior to Students Loading the Bus:

- Students will be on time and at the designated bus stop 5 minutes prior to the stated time of bus arrival. Unfortunately, the bus cannot wait beyond its regular schedule.

- Students will conduct themselves in a safe manner while waiting for the bus.

- Students will be careful in approaching a bus and remain ten feet from the bus until the bus comes to a complete stop and the driver signals for students to load.

If there are any questions, please contact Yellowfin.Minot@bragglines.com or mafb.school.liaison@us.af.mil. We are looking forward to the Winter Bussing Season!

2022-2023 MPS CALENDAR

October 2022							19 days
S	M	T	W	T	F	S	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

November 2022							19 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

October 20 & 21

Administrator Convention Days - No School

November 11

Veteran's Day - No School

November 24

Thanksgiving - No School

November 25

Vacation - No School



Vacation Days - not contracted day	Holidays	PD Days - contracted day
Early Release Days - 1:15pm	Parent/Teacher Comp Days	Weather Make-up Day



VOLUNTEER OPPORTUNITIES

Hispanic Allies Meal Delivery Volunteers

(September 23)

In honor of Hispanic Heritage Month, the Hispanic Allies are looking to assist the Minot Commissioning on Aging in delivering meals to the local elderly/veterans. We are looking for 25-50 volunteers. If you are interested, please reply to this email or contact the POCs listed below. Event will take place Friday, 23 September from 1030 - 1300, downtown Minot. Located at 21 1st Ave SE in the parking lot right across the street from High Third and Prairie Sky Breads. This is a great opportunity with a very big impact to our local community. Hope to see you there!

POCs: TSgt Andres M. Rojas, President, Hispanic Allies
5th Security Forces Sq
701-723-2348, Andres.rojasperez.4@us.af.mil
SrA Kristal A. Cruz Leon, Vice President, Hispanic Allies
5th Communications Sq
701-723-4633, Kristal.cruz_leon@us.af.mil

Hispanic Heritage Month 5K Fun Run Volunteers

(October 7 @ 0700)

In honor of Hispanic Heritage Month (15 September- 15 October), you're all bienvenidos (welcome) to join a 5K Fun Run at the McAdoo Fitness Center on October 7th at 0700 hrs.

Volunteer positions and sign-up link:

1. Check-in/Finish-line Team (6 slots available)
2. Motivator Team (6 slots available)
3. Road Guards (8 slots available)

<https://www.signupgenius.com/go/10c0f4fa5a82caafbc43-5kvolunteers>

POC: Maria E. Snyder, TSgt, USAF, Arming Use of Force Monitor
5th Security Forces Squadron
701-723-2664, DSN: 453-2664

Minot Minotauros Game Volunteers

o Arrive at the Pepsi Rink at 6:00 pm on Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)

o There are two outlining games:

o Sunday, October 9th, Puck Drop is at 6:05. We're asking volunteers to be here by as close to 4:30 pm as possible.

o Thursday, January 5th, Puck Drop is 7:05. We're asking volunteers to be here by as close to 5:30 pm as possible.

o Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in. For FULL volunteer expectations and requirements, please reach out.

POC: V. Conner, Digital Content Manager
Minot Minotauros Hockey Club
Cell: 302.682.1575
Office: 701.852.0101
<https://www.minotauroshockey.com/adbrochure>

Dragon Booster Club Holiday Party Planning/Volunteers

The Dragon Booster Club is looking for volunteers to help plan our upcoming Holiday Party. We intend to make this year's celebration the biggest and best yet! If you're interested, please show up with your ideas.

POC: DEVIN S. WIGLEY, TSgt, USAF,
NCOIC, ICBM Feeding Operations
5 FSS/FSVFM
DSN: 453-3118 Comm: 701-723-3118

Ice Cream Booth Volunteers - Norsk Hostfest

(September 28-October 1)

The Norsk Hostfest (located at the North Dakota State Fairgrounds) runs Sept. 28-Oct. 1 this year. Workers are needed Wednesday through Saturday in the ice cream booths. Proceeds from the booths' sales greatly benefit the Western Plains Opera and Children's Chorus. The shifts in the ice cream booths run four hours. Shifts are set up as 9 a.m.-1 p.m., 1-5 p.m., and 5-9 p.m., but they will accept any four hours you are able to work, 10 a.m.-2 p.m. or 11 a.m.-3 p.m. or whatever works out for the volunteer. They have three booths to staff, and they would like to have at least 4 people at each one. They need many workers with the majority coming from base personnel. All volunteers get a day pass to the Hostfest. Please enjoy the festival before or after your shift. There's a lot to see and do and eat at the Hostfest! If you want any more details, please email Mr. Eric Furuseth anytime. Please confirm the date and time you will be working by email.

POC: Eric Furuseth
eric.furuseth@ndus.edu or eric.furuseth@minotstateu.edu

Edison Elementary "Start with Hello" Volunteers

(September 28)

Often a simple "Hello" or smile can help students feel as though they belong! Edison Elementary would love to invite our active duty personnel to join the "Start with Hello" Week on Wednesday September 28th, 2022 at 8:15 am! On this day, Edison Elementary fills their hallways with our Minot AFB Active Duty Community at various entrances to give a "Hello," high five, or fist bump as students enter the doors! Edison's goal is to widen their reach to our community to show students that they are citizens of a greater environment, and we contribute one another! If interested, please reach out to Ms. Andrea Lang at Andrea.Lang@minot.k12.nd.us. Also, to learn more about "Start with Hello" Week, visit: <https://www.sandyhookpromise.org/.../start-with-hello-week/>

POC: Ms. Andrea Lang at Andrea.Lang@minot.k12.nd.us.

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support.

POC: Shelby Stuckey, Volunteer Coordinator • (888) 223-4287
shelby.stuckey@caringedge.com

National Disability Employment Awareness Month Planning Committee Lead

(October)

Need individual to lead an awareness campaign educating about disability employment issues and celebrating the many and varied contributions of America's workers with disabilities through the month of October.

POC: TSgt Christine Cherry/SMSgt Yucari Brown
christine.cherry@us.af.mil/yucari.brown@us.af.mil

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)

5fss.family.support@us.af.mil

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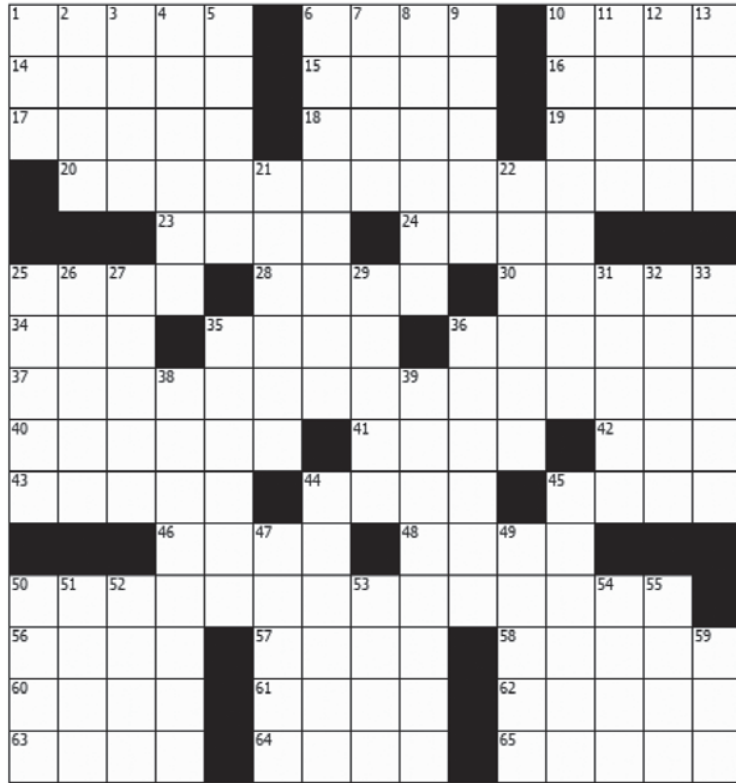
WWW.MIMEXICOMINOTND.COM



CROSSWORD PUZZLE

Across

- 1. Trial town
- 6. Char or burn the surface
- 10. Place for a pat?
- 14. Plato's marketplace
- 15. Introduction to Chinese?
- 16. "The African Queen" screenwriter James
- 17. Three-masted vessel
- 18. Desolate
- 19. Emulate Gabriel
- 20. Tombstone hotel?
- 23. Grammy winner Braxton
- 24. Watch chains
- 25. Start of a Horatio Alger plot
- 28. Breakaway group
- 30. Chain of hills
- 34. A Warner Bros. brother
- 35. Leaning tower city
- 36. Excise
- 37. Deal-making apparel?
- 40. Fifth or Lexington
- 41. Words with step or sleep
- 42. They've got your #
- 43. Gives it to the judge
- 44. Ken or Lena of Hollywood
- 45. Surveys
- 46. Desirable to a dieter
- 48. Give the boot
- 50. Agenda for a "Giant" star?
- 56. Unshut
- 57. Drew Carey's foil
- 58. Lit
- 60. Turbine part
- 61. Rite answers
- 62. Clobbered, old-style
- 63. Removed ruthlessly
- 64. Like sour grapes
- 65. More than unpopular

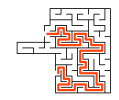
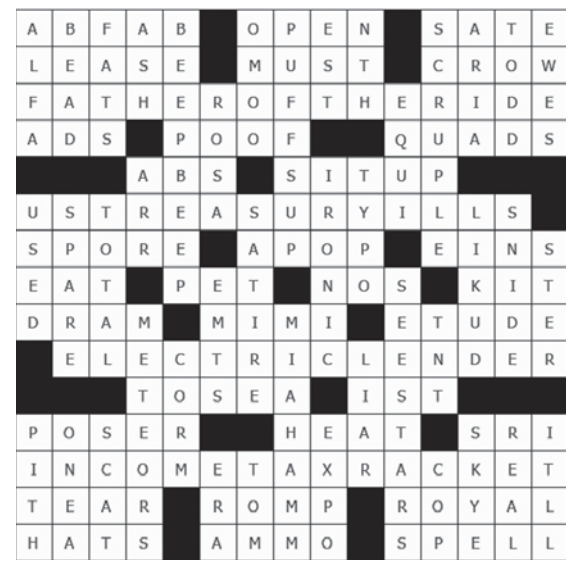


Down

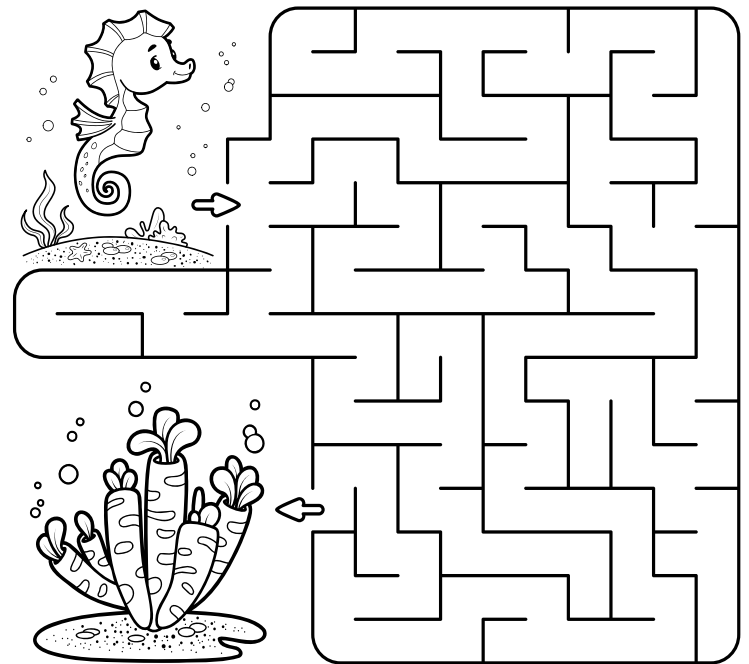
- 1. Getz's instrument
- 2. Like high-quality wine or cheese
- 3. Timber wolf
- 4. Builds up
- 5. Stallone-esque
- 6. Most slaphappy
- 7. Compound with a doubly linked carbon atom
- 8. Unrestrained, as a ship
- 9. Recurring-theme composition
- 10. Tends tots
- 11. Unattractive fruit that sounds that way
- 12. Gas discovery of
- 21. In a legal line position
- 22. Short, but not necessarily sweet
- 25. Traffic tool
- 26. ___ and beyond
- 27. Hereditary factors
- 29. Channing of Broadway
- 31. Throw water on
- 32. Pretext
- 33. James and Jones of music
- 35. Assets
- 36. Low grade
- 38. Like caribou
- 39. Local member
- 44. Central New York lake
- 45. The scarlet letter, e.g.
- 47. Let in or on
- 49. Cut drastically
- 50. Starbucks wares, informally
- 51. Trojan War hero
- 52. Simba's pride?
- 53. Love, to Ovid
- 54. Type of machine
- 55. Carryall
- 59. Hitched, so to speak

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



MAZE GAME



SUDOKU

	1		2			3		
4			3			5		
	6		7			8	4	
	7			9				2
		3				7		
8				4				9
	5	9				8		3
		4				5		8
		7				6		1

Solution to puzzle on page C10



HOURS:
 MONDAY - THURSDAY
 11AM - 12AM
 FRIDAY & SATURDAY:
 11AM - 1AM

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- **NOPE**
(2022) Horror, Mystery, SciFi (R)
- **DC LEAGUE OF SUPER-PETS**
(2022) Animation, Action, Adventure (PG)
- **WHERE THE CRAWDADS SING**
(2022) Drama, Mystery, Thriller (PG-13)

HELD OVER

HELD OVER

**SENSORY MOVIE
SATURDAY 12 NOON**

- **DC LEAGUE OF SUPER-PETS**
(2022) Animation, Action, Adventure (PG)

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CHURCH DIRECTORY

<p>Chapel Services at MAFB</p> <p><i>North Plains Chapel in Base Housing</i></p> <p>Protestant Liturgical Service Christ Chapel 0900</p> <p>Protestant Sunday Community Service 1030 (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i> Open Circle 1000 on the 1st and 3rd Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p>Catholic Mass Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Saturday, Sept 24 5 PM, No Vespers</p> <p>Sunday, Sept 25 10AM, Congregational Prayer Service</p>	<p> Break Forth BIBLE CHURCH</p> <p>Wednesdays 7:00pm and Sundays 10:30am</p> <p>1821 W Burdick Expressway For More Information: 701.353.9337 www.bfbc.tv</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • www.ibcminot.org 701-839-3694</p> <p></p> <p>SUNDAYS: 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP</p> <p>WEDNESDAYS: 11:30 AM SOUP KITCHEN 5:30 PM FAMILY SUPPER 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY</p>	<p></p> <p>Christ Reformed Church</p> <p>Worship 11:00 a.m. Sunday 234 14th Ave SE www.christreformedchurchminot.com</p>	<p>St. John the Apostle Catholic Church</p> <p> 2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Sunday Worship 9:30 am</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com</p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p> JOURNEY CHURCH ASSEMBLY OF GOD</p> <p>1805 2nd St. SE 838-1111</p> <p>Sunday Services 9:00 AM & 11:00 AM</p> <p>Wednesday 6:30 PM</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p> Cross Roads Baptist</p> <p>Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$9.00 a space / per week</p>
<p>First Baptist Church</p> <p> 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service..... 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service..... 11:05 a.m. Children's Church 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Fridays, Celebrate Recovery 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Elaine Carlson, Children's Ministry Director</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p> Grace Baptist CHURCH OF MINOT</p> <p>Sunday Service: 4:00 p.m. Wed. Prayer: 5:30 p.m. at Living Word Lutheran bldg 710 46th Ave NE, Minot</p> <p>Web: gracebaptistminot.com E-mail: gbcminot@gmail.com</p> <p>RADIO BROADCAST KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun</p>	<p> oslc where faith & life meet</p> <p>OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404 www.oslcminot.com Rev. Heath Trampe Rev. Brian Doel</p> <p>Sunday Worship 8:15am Traditional Service 9:30am Contemporary (w/livestream) 9:30am Sunday School & Adult Bible study 11:00am Contemporary Service</p> <p>Wednesdays 6-7pm Adult Choir OSKids (age 4-5th gr.) Bible Class (6th gr.) High School Youth Group (6-8pm)</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$9.00 a space / per week</p>


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A Church of the Lutheran Brethren

Sundays:
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For more information visit us on the web at:
www.ourredeemers.org


KNIGHTS



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info@orcsknights.org • 701-839-0772
www.orcsknights.org

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HIGHLIGHTS OF OUR PROGRAM

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- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

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Church

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Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

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CLASSIFIEDS

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UPCOMING EVENT

MINOT COIN CLUB SHOW
SATURDAY, OCTOBER 1
 10 AM TO 6 PM
SUNDAY, OCTOBER 2
 10 AM TO 3 PM

SLEEP INN & SUITES-MINOT

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- Currency • Tokens
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Sept. 30

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NOVEMBER 12 & 13
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Sept. 30

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Sept. 16

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Nov. 4

SUDOKU SOLUTION

PUZZLE ON PAGE C8

7	1	5	2	8	4	3	6	9
4	9	8	3	6	1	5	2	7
3	6	2	7	5	9	8	4	1
5	7	1	6	9	3	4	8	2
9	4	3	8	1	2	7	5	6
8	2	6	5	4	7	1	9	3
6	5	9	1	7	8	2	3	4
1	3	4	9	2	5	6	7	8
2	8	7	4	3	6	9	1	5

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 ND 58701 or contact: Matt
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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 17 Oct-18 Dec. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



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WHAT'S GOING ON MAFB

FRIDAY 23

- HIIT Strength & Conditioning, 0500, Fitness Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Magic The Gathering Powered Synergy Cube, 1800, ESC

WEDNESDAY 28

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) - Overview, 0800-1600, M&FRC
- Right Start, 0800-1030, Jimmy Doolittle Center, hosted by M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC
- Yoga for Fitness, 1830, Fitness Center

SEPT. SPECIALS

Bomber Bistro • Buffalo Chicken Wrap
Chicken, lettuce, onion, pepper jack cheese, roasted peppers, tomato and buffalo ranch wrapped in your choice of tortilla. Served with chips and a drink!

The B-Fifty Brew • Iced Caramel Macchiato
Milk, vanilla, espresso, and caramel served over ice!
A chill way to start your morning!

Rockers Bar & Grill • Rockin' Chicken
Your choice of either fresh chicken breast lightly breaded and fried golden brown or grilled to perfection with dill pickles on a split bun!



SATURDAY 24

- Yoga for Fitness, 1000, Fitness Center
- Super Smash Brothers Ultimate Tournament, 1400, ESC

THURSDAY 29

- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Short Pre-Separation Counseling, 0930, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Thursday Night Football, Doors open at 1700, Rockers Bar & Grill
- Zumba, 1730, Fitness Center

SUNDAY 25

- Sunday Escapes Book Club, 1330, Minot AFB Library
- Zumba, 1400, Fitness Center

FRIDAY 30

- Hispanic Heritage Month Ends at the Dakota Inn Dining Facility
- Submissions Close: 2022 Air Force Photo Contest
- Banned and Challenged Books Challenge Ends at the Minot AFB Library
- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center

MONDAY 26

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP GPS Workshop, 0730-1600, M&FRC
- Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

SATURDAY 01

- Have a great weekend!

TUESDAY 27

- TAP (VA), 0800-1600, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Newbery Book Club, 1600, Minot AFB Library
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

Sip and Sample

October 14th - 5:30pm - 7:30pm
Begins and ends at Rockers Bar and Grill

Stroll our 5 FSS facilities while sipping brews, wines, non-alcohol drinks, and enjoying small snacks at each stop!

Prize Drawing: 7:45pm
Live Music: 8:00pm

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THURSDAY IS THE NEW FRIDAY!

AT ROCKERS BAR & GRILL

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GAME DAY SPECIALS:
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FOR FRIDAY NIGHT FUN, HEAD TO THE JIMMY DOOLITTLE CENTER STARTING 3:30PM

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Banned & Challenged Books Challenge

Minot AFB Library - Month of September

Celebrate your freedom to read by reading a banned or challenged book in September

- Register at the library or online at acc.afm.af.mil/links/links_Library
- Select a book to read and log your reading
- Submit a review of the book for a small participation prize and a chance to win a larger prize in a drawing
- There will be a separate program for picture book readers

Banned Book
A book that has been removed from a school or library based on the objections of a person or group

Challenged Book
A book that someone has attempted to have removed from a school or library; sometimes the challenge results in access to the book being restricted, sometimes the book is banned, and sometimes the book is retained

For more information, call the Minot AFB Library at 723-3344

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