

# northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 38 | MINOT AIR FORCE BASE | FRIDAY, SEPTEMBER 30, 2022

## WHATS INSIDE THIS WEEK:



PRAIRIE VIGILANCE  
22-3

A0



891 MSFS  
RUCKS FOR  
SUICIDE  
PREVENTION

A7



EVERYTHING  
YOU NEED TO  
KNOW ABOUT  
THE AIR FORCE  
BALL

B1

# B-52 BOMBERS CONCLUDE MONTH-LONG DEPLOYMENT



The 23rd Expeditionary Bomb Squadron, left their forward deployed base at Royal Air Force Fairford and returned to Minot Air Force Base in North Dakota on 21 September. They were the second Task Force of B-52s to visit Europe in 2022, following an earlier deployment that ended in April. See page A2 for more coverage.

U.S. AIR FORCE PHOTO | MINOT AFB PA

WANT TO WORK ON MINOT AFB?  
**NO PROBLEM!**  
WE'VE GOT YOUR BASE ACCESS

**AVERAGE PAY  
\$17.71/HR!**  
SCAN HERE TO APPLY  
OR VISIT US ONLINE AT  
[5THFORCESUPPORT.COM](http://5THFORCESUPPORT.COM)



## HOME OF THE GLOBAL STRIKER

Only The BEST Come North!


[WWW.MINOT.AF.MIL](http://WWW.MINOT.AF.MIL)

CONTACT MINOT AFB PUBLIC AFFAIRS

701.723.6212 • [V35BW.PA@US.AF.MIL](mailto:V35BW.PA@US.AF.MIL)

Minot AFB Videos



Find us on   
Minot Air Force Base

# B-52 bombers conclude month-long deployment

NATO

US Air Force B-52H Stratofortress bombers recently concluded a month-long deployment to the United Kingdom as part of Bomber Task Force Europe.

The bombers, part of the 23rd Expeditionary Bomb Squadron, left their forward deployed base at Royal Air Force Fairford and returned to Minot Air Force Base in North Dakota on 21 September. They were the second Task Force of B-52s to visit Europe in 2022, following an earlier deployment that ended in April. During this stint, the bombers integrated with NATO Allies and partner countries, both in the sky and on the ground. From being escorted by F-35 Lighting II fighters from the Royal Norwegian Air Force

to flying training missions with Balkan Allies across Albania, Croatia, Montenegro and North Macedonia, the B-52s have had access to strategic international territories thanks to the relationships with NATO Allies and partners.

Bomber Task Force Europe is a standing mission intended to help US Air Force pilots and crews familiarise themselves with European airspace and Allies. Flying from Fairford but conducting missions all over the continent, the B-52s are able to fly long-endurance missions and carry a wide spectrum of precision ordnance, both conventional and strategic, making them a powerful long-range deterrent.



Airmen prep a B-52 Stratofortress aircraft assigned to the 23rd Expeditionary Bomb Squadron for takeoff at RAF Fairford, United Kingdom, Sept. 21, 2022. Strategic bombers contribute to stability in the European theater, they provide a critical role in strategic deterrence. If called upon, U.S. bombers offer a rapid response capability.



A B-52 Stratofortress pilot sits in the cockpit prior to takeoff at RAF Fairford, United Kingdom, Sept. 21, 2022.



**CAPTAIN LEVI HILGENHOLD, 23RD BOMBER SQUADRON**

"Bomber Task Force Europe exists for multiple reasons. One of the main things we can do while out here is integrating with all of our partner nations to include NATO Allies and also practise our agile combat employment and the ability to move B-52s to parts of the world in a very short notice."



**CAPTAIN JUSTIN KINKER, 23RD BOMBER SQUADRON**

"So the B-52 is one of our most capable Air Force assets and is capable of launching and employing almost every single weapon type that the Air Force is capable of using, everything from maritime support through mining operations to standoff weapons and smart precision-guided munitions for air-to-ground deployment."



U.S. Air Force Senior Airman Erik Jimenez, 23rd Aircraft Maintenance unit apprentice, adjusts a component on a B-52 Stratofortress aircraft assigned to the 23rd Expeditionary Bomb Squadron, prior to departure at RAF Fairford, United Kingdom, Sept. 21, 2022. Jimenez was part of a Bomber Task Force focused on deterring adversaries, assuring allies and partners, strengthening interoperability, and maintaining and demonstrating readiness and lethality across Europe.



An Airman from the 23rd Aircraft Maintenance Unit, inspects the underbelly of a B-52 Stratofortress aircraft assigned to the 23rd Expeditionary Bomb Squadron at RAF Fairford, United Kingdom, Sept. 21, 2022. Dozens of Airmen supported the Bomber Task Force mission which was intended to deter adversaries, assure allies and partners, strengthen interoperability, maintain and demonstrate readiness and lethality.

U.S. AIR FORCE PHOTOS | STAFF SGT. EUGENE OLIVER

## FOR ALL YOUR HOME LOAN NEEDS



**BENCHMARK MORTGAGE**  
Ark-La-Tex Financial Services, LLC NMLS# 2143

**We appreciate you & put you FIRST!**

Offering a \$700 off closing cost credit in appreciation for your service

Mention this ad for the \$700 off



701-839-3360  
2080 36th Ave SW, Suite 205, Minot

**APPLY NOW ONLINE**  
[www.teamnd.benchmark.us](http://www.teamnd.benchmark.us)

Steve Fennewald NMLS #766570  
Sarah Burckhard NMLS #766557

This is not a commitment to lend. Offer valid to qualifying borrowers. Borrower receives credit for lender origination fees up to \$700.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 ([www.nmlsconsumeraccess.org](http://www.nmlsconsumeraccess.org)). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC. Other restrictions may apply. (<https://benchmark.us>) Must present this coupon for it to be valid.

**DELTA VACATIONS**

**Apply Today!**



**THE WORLD CAN BE YOUR WORKPLACE.**

*Go Beyond the Flight*



**DELTA VACATIONS**

**Recruitment Open House stop by for a visit!**  
**Tuesday, October 4<sup>th</sup> 4:00 PM – 6:00 PM CST**  
**2915 N Broadway Minot, ND 58703**  
**\$1,500 sign on bonus**

\*\*Sign on bonus is payable in two installments. The first installment of \$750.00 will be paid on the pay period following 90 days of employment and the second installment of \$750.00 will be paid on the pay period following 180 days of employment. Sign on bonus will be subject to normal tax requirements per Internal Revenue Code. Delta Vacations retains discretionary authority to modify or cancel this program at any time and for any reason.

# Prairie Vigilance keeps warbirds sharp

TECH. SGT. RUSTY FRANK, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Airmen from the 5th Bomb Wing participated in exercise Prairie Vigilance, Sept. 15-23, 2022.

The exercise is designed to test the wing's ability to conduct strategic-bomber readiness operations.

"Munitions control plans, schedules everything within the squadron that deals with our national defense assets here at Minot AFB," Senior Airman Nicholas Buchert, a 705th Munitions Squadron munitions controller. "We [do this by] coordinating with outside agencies, such as security forces, to secure and manage the movements [of our assets] in a timely manner."

PV is a way to showcase Air Force Global Strike airpower and capabilities, it's also an exercise in ensuring Airmen are prepared and ready to execute such a vital mission. Maintainers, security forces, and aircrews are tested in their response efforts in support of defeating strategic attacks against the United States and its allies.

"In this exercise the 5th Operations Group role is to provide trained and ready aircrew [that is] always ready to respond to our aircraft at a moment's notice," said Capt. John Cavassa, a 69th Bomb Squadron pilot.

The exercise not only demonstrates the wing's ability to stand alert in the event of an attack, but it projects lethality across the globe.



Maintenance Airmen with the 5th Bomb Wing prepare the bomb bay of a B-52H Stratofortress for inspection during the exercise Prairie Vigilance at Minot Air Force Base, North Dakota, Sept. 17, 2022. Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ZACHARY WRIGHT



Airmen from the 5th Security Forces Squadron stand guard in front of a B-52H Stratofortress for inspection during the exercise Prairie Vigilance at Minot Air Force Base, North Dakota, Sept. 17, 2022. Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations..

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ZACHARY WRIGHT



Airman 1st Class Mathew Nolan, 5th Security Forces Squadron defender, stands guard at a B-52H Stratofortress during exercise Prairie Vigilance at Minot Air Force Base, North Dakota, Sept. 21, 2022. Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM

*\*photo has been altered for operational security reasons\**



Senior Airman Junior Merem, a 5th Force Support Squadron food service specialist, serves food to Airmen who are on alert during exercise Prairie Vigilance at Minot Air Force Base, North Dakota, Sept. 16, 2022. Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations.

U.S. AIR FORCE PHOTO

AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM



A B-52H Stratofortress take-off from Minot Air Force Base, North Dakota, during exercise Prairie Vigilance Sept. 22, 2022. Prairie Vigilance tests the 5th Bomb Wing's ability to conduct strategic-bomber readiness operations.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CHINA SHOCK

**BRAD GJERMUNDSON**  
**EXTREME**  
**BRONC RIDING**  
2022

**TICKETS ON SALE NOW**

**OCTOBER 7 & 8**  
Last Chance Rough Stock Qualifier

**OCTOBER 9**

**LIVE IN CONCERT**  
October 28 | 8 PM

**Tickets on sale now**

**COSTUMES and COCKTAILS!**  
Saturday, October 29

4 BEARS CASINO GRAND BALLROOM  
Doors open 7 PM  
Event 8-11 PM  
Must be 21+  
Limited tickets available

**TICKETS ON SALE NOW!**  
• Free drinks & appetizers  
• Door prizes  
• Live music & photo booth  
• Free slot play

**To better serve our guests, we are revamping dining.**

The Cache and Corner Café will be closing on September 30th to make way for exciting new options. In the meantime, The Bison Room will have new hours and menu during the renovation:

Mon-Thurs: 11AM-9PM | Friday: 11AM-10PM  
Saturday: 8AM-10PM | Sunday: 8AM-9PM  
Event nights: closes at midnight

**WE'RE HIRING**  
for all food positions immediately

Starting wage **16/hour** | **\$2,000** sign on bonus  
LIMITED TIME OFFER - APPLY NOW

Guests entering the casino and lodge are not required to wear a mask, but we highly encourage wearing one.

**4 BEARS CASINO & LODGE**  
4 MILES WEST OF NEW TOWN


4bearscasino.com  
f t i  
800.294.5454

**NEW HOURS** | CASINO MON-THURS 10 AM-2 AM; FRI 10 AM-4 AM; SAT 8 AM-4 AM; SUN 8 AM-2 AM  
BAR 12 PM-1:30 AM FRI/SAT AND 12 PM-12:30 AM WED/THURS/SUN

When gambling is no longer a fun hobby, but an addiction, know there is help. Call the 2-1-1 Hotline today for help and guidance. 4 Bears Casino & Lodge cares about you and wants you to know that help is available.

**the northern sentry Salute**

**A1C Stephon Reina**



A1C Stephon Reina surpassed his peers as a propulsion apprentice. He is fully certified on three tasks that are normally reserved for SSgts: blade blending, engine borescope and engine Inlet and exhaust inspections. A1C Reina also excelled when he led a shift of 10 personnel, managing both the launch schedule and daily maintenance requirements due to low manning. Furthermore, he led a team to perform engine phase inspections on three occasions with ease. He is ready to be qualified as engine run supervisor but must wait for promotion to SrA so he can be certified. He's our best airman troubleshooter and has shown the maturity and knowledge required to go very far in his Air Force career. We expect big things from A1C Reina in the future.

**GAME SALUTE: OCTOBER 9**

**Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.**

## CONTACTUS

Ted Bolton

Publisher | Advertising  
701-240-5039  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentrysales@srt.com

## GRAPHIC DESIGN BY

Nikki Greening  
nsads@srt.com or  
nsgraphics@srt.com

MINOT AIR FORCE BASE  
PUBLIC AFFAIRS

Chief

Capt. Jhanelle Haag

Operations Officer

1st. Lt. Christopher Thibeaux-Moore

Superintendent

Master Sgt. Jon Foster

Community Relations

Mrs. Abigail Kinder

## Staff Photojournalists

Technical Sgt. Rusty Frank

Technical Sgt. Benjamin Smith

Senior Airman Josh Strickland

Senior Airman Michael Richmond

Senior Airman Caleb Kimmell

Senior Airman China Shock

Senior Airman Zachary Wright

Senior Airman Evan Lichtenhan

Airman 1st Class Alex Nottingham

## COMMANDERS

5th Bomb Wing Commander:

Col. Daniel S. Hoadley

5th Bomb Wing Vice Commander:

Col. Michael D. Maginness

91st Missile Wing Commander:

Col. Kenneth C. McGhee

91st Missile Wing Vice Commander:

Col. Johnny L. Galbert

## NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

## MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

## MAIL

315 South Main Street, Suite 202

Minot, ND 58701

## VIEW ONLINE

www.northern-sentry.com

www.minot.af.mil

## FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is [www.minot.af.mil](http://www.minot.af.mil). The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

**northern  
sentry**

MINOT AIR FORCE BASE NEWSPAPER  
WWW.NORTHERNSENTRY.COM

## Don't Be Afraid To Ask

We have all been in that situation where everyone is talking about something, and there you stand with very little knowledge of the subject being discussed. Recently at Minot AFB the subject has been Norsk Hostfest.

So, let's do a little educating, because Norsk Hostfest is just the start of what will be a holiday season filled with interesting ethnic foods.

Lutefisk- We may as well start with the worst, first. In the olden days the seas were filled with Cod, an extremely tasty white fish that was certainly a staple on any Viking's table. The Vikings were known to travel far on their ships to raid seaside villages in other countries, and they needed to take food along.

Who knows how they came up with loading wood barrels with layers of Cod, intermixed with salt, lye (yes, I said lye) and water. Sure enough, the fish

were preserved, but they came out of the barrel with a much different texture. No longer fish, but lutefisk. On Thanksgiving this gelled fish is served with butter and salt (honestly, I don't think anyone even tastes the lutefisk).

There is still one day left for you to try Lutefisk at the Norsk Hostfest but be aware that I gave you fair warning...it's not for everyone.

Lefse- Well, rumor has it that lefse, made with potatoes, butter, cream and rolled into a thin pastry, was the results of a bad potato crop. It seems that if you have a mixture that needs "something", you add cream. Rolled out into a 14 inch circle pastry, fried on a special lefse grill, and once more adorned with butter and sugar. Voila! You have something to go with your Lutefisk.

No finally, we turn the corner one of the most interesting of dishes of Scandinavian Heritage,



**UPSIDE DOWN  
UNDER**  
MARVIN BAKER

It isn't easy to stay in business for 100 years, especially given that in the past century, any business to survive that long had to endure the Great Depression in the 1930s.

But there are two businesses that have daily impact on many North Dakota residents and both businesses are radio stations. One of them is CHAB in Moose Jaw, Saskatchewan and the other is WDAY in Fargo.

WDAY was the first radio station to go on the air in North Dakota on May 22, 1922. CHAB, originally called 10AB, predates that by a month, going on the air for the first time on April 23, 1922.

There are a number of people in northwestern North Dakota and northeastern Montana who listen to CHAB on 800 on the AM dial. It is loud and clear during the day and

fades at night despite transmitting 10,000 watts around the clock.

WDAY is heard in a large swath of eastern North Dakota and west-central Minnesota. Likewise, WDAY broadcasts on 10,000 watts. It's hard to pick up WDAY in western North Dakota, and it's nearly impossible to get CHAB in eastern North Dakota.

But those were the first two radio stations that entertained and informed people for three years before radio stations went on the air in Devils Lake and Bismarck.

In 1922, there were 500 radio stations in the United States and 39 in Canada. CKCK in Regina went on the air later in 1922 but didn't have the capacity to reach into North Dakota like CHAB did and does.

There are no statistics to determine how many people had radios in North Dakota in 1922, just like it's hard to determine how many people had televisions in the late 1940s when commercial TV first started.

Strangely enough, roughly 60 percent of American households had radios a year later in 1923, which translated to about 2 million households. In Canada it was somewhat less.

There were people in North Dakota who spent \$75 to purchase this contraption so they could "grab music out of the air." In case you're

**northern  
sentry**

**A VIEW FROM OUR SIDE**  
ROD WILSON, NORTHERN SENTRY



Romegrot (pronounced rumma grot). Let's start by explaining what Rømmegrøt actually means in Norwegian: "Grøt" means "porridge", and "Rømme" means "sour cream". I think there was a contest in Norway to see who could possibly include the most calories in a cup of what appears to be something similar to a thick soup. Hey, it is absolutely great! A perfect ending dessert for your Scandinavian dinner. But I used to watch it being made in a local church kitchen and they don't cut corners anywhere. We use whole sour cream, lots of butter, wheat flour and topped with sugar. Like I said, it doesn't sound good, but it is!

By the time you get this article, Norsk Hostfest is in full swing.

Head on down to the ND State Fairgrounds before it is too late and take a little time to "act Scandinavian."

## TODAY'S BEST KEPT SECRET

If you haven't had a chance to take a tour of the Pointe of View winery just a few minutes west of Minot, fall it a great time. Never had chokecherry wine. It's truly North Dakotan...

## THIS WEEK'S CHUCKLE

The prospective son-in-law was asked by his girlfriend's father, "Son, can you support a family?"

"Well, no, sir," he replied. "I was just planning to support your daughter. The rest of you have to fend for yourselves."

## 100 years and counting...

There were some other notable radio stations that hit the airwaves in 1922 as well. They include WNAX in Yankton, S.D., South Dakota Public Broadcasting and the BBC.

There is no doubt radio has come a long way since 1922. We've gone from one station on the air to literally hundreds through broadcast and streaming.

But as I listen to CHAB almost daily, the station has been providing testimonials of people who listen and some of the radio personalities have little bits of the radio station's history. It's quite interesting to listen to some of the unique things CHAB has dealt with in the past 100 years.

And on Wednesday, the radio personality was talking about taking a trip to Minot to stay in a hotel, go shopping and eat in local restaurants because "Minot has some really good restaurants." It was good to hear that positive plug for Minot from the Canadian side.

And since CHAB is on the AM dial, the next milestone would be for the radio station to switch to a digital format. That would revolutionize the sound and continue to give it a strong presence on the prairie.

Here's to 100 more years to CHAB, the "greatest hits of all time" and "News talk," WDAY.

# FULL SERVICE CATERING

Holiday & Office Parties, Corporate  
& Private Events and Celebrations



**10% OFF  
ALL MILITARY  
PERSONNEL**

WITH MILITARY I.D.



**Locally Owned**

**ORDER NOW!**

701-838-9140

BonesBBQMinot.com

1412 2nd Ave, SW, Minot



## SHE'S NOT FROM AROUND HERE

AMY ALLENDER

MINOT--It happened while my family was at Logger Fest over the weekend. I was standing to the side of the bouncy-house obstacle course, waiting for my son to come down the final slide, when I heard foreign speech behind me.

In another place I wouldn't have thought twice about it. But this is Minot, and visitors who speak another language are uncommon. (No, a southerner's drawl or Canadian's accentuated "oo's" don't count.) Without thinking, I glanced over my shoulder to see a middle-aged woman and young man deep in conversation. When I saw their fair hair, beautiful light eyes, and glowing skin, it occurred to me: they're Scandinavian; the Høstfest is nearly here.

To someone who is not from around here, it may not seem like a big deal—but the history, traditions, and connections created from the Norsk Høstfest are deep and important to those who have spent their lives in Minot. I know many locals who have developed friendships

with visitors and vendors from Norway, Denmark, and Sweden through their involvement with the festival. That moment in the park reminded me: people really do come from all over to attend.

People around here get really jazzed about their Scandinavian heritage. And just like anything else, the more people who are enthusiastically all-in, the more exciting it looks to the rest of us. The Høstfest brings that enthusiasm front and center. It's the time when locals give themselves over to their inner affinity for meatballs, Dala horses, and sweaters.

It's the time when not-locals spend half our time wishing we were Scandinavian so we could fully understand what's so special about trolls and lefse—and the other half wrinkling our foreheads trying to pronounce "rømmergrøt", and wondering how an Oofda Taco differs from a regular taco.

When we moved back to Minot in 2019, I was out of town for the festival, and the pandemic forced it into hiatus in 2020 and 2021. Like many others, I am anxious for its triumphant return next week.

The last time I was able to attend the festival was in 2015. At the time, we were on the brink of a military move, and I thought it would be the last Høstfest of my life. I spent time chatting with vendors and creating a "This American Life"

style audio story to capture the experience. It's one of my fondest memories. Elderly ladies coached my pronunciation while I ordered food, men reenacting a Viking battle let me try on their gear. Later, Geir Ness, the parfumer, told me how his mother inspired the signature scent in his line. He offered me a "purse-sized" bottle of the fragrance, Laila: the essence of Norway, and it's the only perfume I've worn ever since. I learned about loom arts and sweater patterns, and when night came, I danced the polka to a band flanked with accordions.

That day may not be the typical festival-goer experience—but it sure was great. I'm not anybody special—I just took a special interest in something that is really important to someone else. I learned a lot of things that day, but one thing stands out: Høstfest people are eager to share. They want you to understand the hype. They want you to see the fun, to experience the culture in a way that blesses you. They want to talk to you, hear your questions, and engage. And everyone is so gosh, darn nice. This kind of human connection is precious in a world often divided. Let's not take it for granted.

I've been asked recently if I have tips for attending the Høstfest. I don't have many, but I'll share what I've got:

1. Try to attend. It really is a spectacle worth seeing. Yes, it can be pricy (see the following tips for



It's time to dust off those sweaters. The Norsk Høstfest is here.

saving on costs), but if you can go, you should.

2. If you are a military member or family, plan to go on Wednesday, September 28. Military admission is only \$10 (kids under 12 are always \$5).

3. If price is a major factor for you, consider volunteering. According to the Norsk Høstfest website, they are still in need of extra hands. Volunteers serve a four-hour shift, in exchange for free admission, food voucher, and merchandise discounts.

4. In my opinion, the food options are overwhelming—and

I usually don't know what they are. Chat with a local before going in to get their recommendations, and have them decode the foreign words for you.

5. Talk to the vendors. The experience is so much sweeter if you spend time connecting.

Have fun, next week! To watch my experience at the Høstfest unfold, and more on creating a positive mindset—join me on Instagram (@amy\_allender), or Facebook (@amyallenderblog.)

# RESERVE YOUR NEW SUBARU AT KRAMER

## GET THE **Kramer** ADVANTAGE

At Kramer Subaru, you can get the vehicle you need, without the hassle.

With our one price, clearly marked, you know you're getting a great price from the start. Our 7-day money-back guarantee gives you the freedom to bring the car back within 7 days, no questions asked; and our 30-day exchange gives you even more time to change your mind if you need it. Top all that off with our Warranty Forever and you're sure to find the perfect vehicle.

Love is what makes Subaru, Subaru — and at Kramer you'll love not only your Subaru, but our service as well.

MANDAN • ND  
**Kramer**

WARRANTY FOREVER!



**LOVE.**  
It's what makes  
Subaru, Subaru.

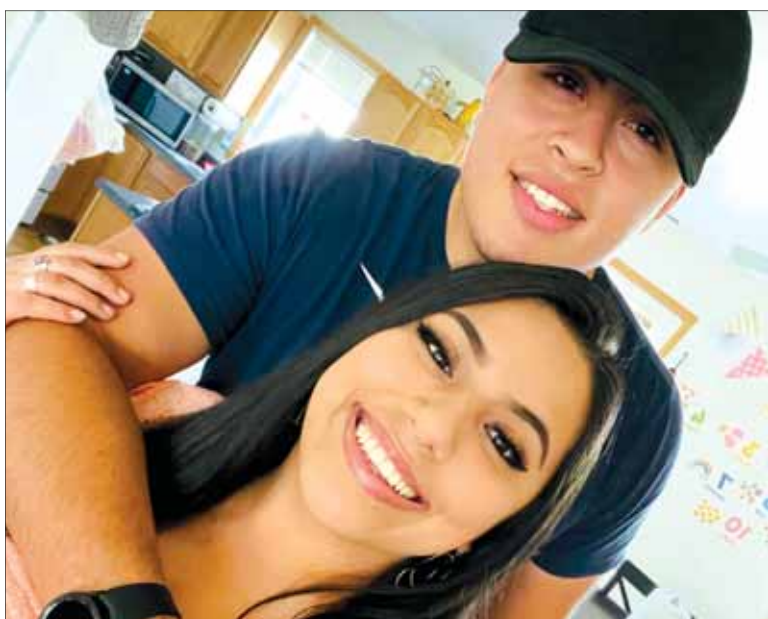
700 Old Red Trail NW • Mandan, ND  
888.852.6376 • KramerSubaru.com



FCC provides valuable in-home child care services to support the families of Minot AFB

Provider of the Month Feature

OCTOBER 2022



ANA PINEDA

*What do you enjoy most about being an FCC Provider?*

What I Love about being a Family Child Care Provider is that I'm able to pass on my knowledge to the little ones and I'm able to meet new families in the military. I also love that I'm able to teach the kiddos and families my culture and my first language which is Spanish, and I love when they teach me about there's.

*What are your interests/hobbies?*

Outside of being a Family Childcare Provider, I enjoy dancing and spending time with my husband and fur babies. As a hobby I enjoy cooking and trying new recipes, I also enjoy organizing and decorating my house and my Fcc program to improve the flow and efficiency.

*What advice do you have for new providers/those interested in being FCC Providers?*

If you're like me and you simply adore children and love working from home then you'll 100% love this job! I am so grateful to have this job, to be around amazing providers and amazing coordinators that actually care for you and are always there to help. It might be stressful in the beginning knowing that you're going to run a business and you might feel alone but, don't be like me who just stayed quiet and tried to figure out things on my own. Trust the coordinators we are all family and we are all here to help. There are some days that you will be stressed out and wanting to quit but seeing those little angels looking up to you and excited to see you it makes it all worth it, and HEY who doesn't like being their own boss!!!!



Vibeto Orthodontics



BEAUTIFUL SMILES FOR A LIFETIME

GREAT SMILES COME FROM VIBETO ORTHODONTICS

- Traditional metal and clear braces
- Invisalign® and Invisalign Teen™ clear aligners

SCHEDULE A COMPLIMENTARY INITIAL ORTHODONTIC CONSULTATION TODAY!

Bryan Vibeto, DDS, MS

(701) 839-6010  
2615 Elk Drive Suite 2  
Minot, ND 58701

SPONSORED BY



# NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

## THE WPA – A TREASURE FOR DUCKS AND MORE

Patricia Stockdill

North Dakota may be a leading agricultural and energy producing state but it takes the lead in another category treasured by many who love the outdoors – waterfowl production and habitat.

The state is in the heart of the Prairie Pothole Region, AKA the "Duck Factory" of the United States.

The Prairie Pothole Region of the Northern Great Plains stretches into southern Canada, meanders downward into northwest North Dakota across the central and southern portion of the state, and embraces smaller areas in southern Minnesota, northeast South Dakota, northeast Montana, and central Iowa.

It's the Duck Factory because of what once was historically a vast, seemingly endless expanse of grasslands peppered with wetlands of all shapes and sizes (potholes), and rolling and not-so-rolling hills. It's those grasslands and wetlands that ducks, geese, and other wetland and grassland wildlife species call home.

While the landscape and land use has changed with the times, North Dakota is still an extremely critical cog in the Prairie Pothole Region and the Duck Factory. There is still some grass and despite the ebb and flow of dry and wet years, there are still wetlands.

Both are vital to waterfowl's survival.

Most of the Duck Factory is smack dab in North Dakota. The topography of the Prairie Pothole Region was created when glaciers once covering this wide swath of the land melted thousands of years ago as the planet's temperatures rose following an Ice Age.

Like many natural habitats across the world, land use changes decreased the amount of the region's natural habitat.

In recognizing the ecological importance of wetlands, grasslands, and the relationship to waterfowl and other species, Congress passed the Migratory Bird Conservation Act (the Duck Stamp Act) in 1934. The legislation was driven by the historic Dust Bowl drought of the 1930s, drying up wetlands and cropland alike, destroying communities, farmers, and wildlife alike.

The Duck Stamp Act would change the dire fate of wetland dependent wildlife: The legislation required hunters to purchase Duck Stamps with revenue dedicated to the U.S. Fish and Wildlife Service to buy or lease wetland habitat.

Fast-forward to 1958: Congress amended the Duck Stamp Act to establish the Small Wetlands Program. Recognizing the importance of the Prairie Pothole Region, the new legislation focused solely on that region, allowing the Fish and Wildlife Service to buy land (from willing landowners only) to create Waterfowl Production Areas (WPAs) within

the Duck Factory.

Not only does the land benefit wildlife dependent on wetlands and grasslands habitat, it benefits hunters because, by law, WPAs are open to walk-in hunting – and that includes waterfowl hunting.

WPAs are part of the Fish and Wildlife Service National Wildlife Refuge System and managed by Wetland Management Districts (WMD) within each of the major refuge complexes. In North Dakota, that includes nine WMDs with more than 1 million acres of land in the Waterfowl Production Areas.

Just in northern and central North Dakota alone, there are almost a million acres of WPAs in Benson, Bottineau, Burke, Cavalier, Divide, Grand Forks, McHenry, McLean, Mountrail, Nelson, Pembina, Pierce, Ramsey, Renville, Rolette, Sheridan, Stutsman, Towner, Walsh, Ward, Wells, and Williams counties.

Finding some the WPAs scattered around the North Dakota countryside is an amazing way to look beyond what may seem like a vast expanse of open countryside dotted with agriculture, wetlands, lakes, scattered towns, and pastureland with cattle.

With cooler, snowier weather on the horizon more migrating ducks, geese, and other wetland species will stop, roost, and rest on those WPAs on their southbound journey. It's a hunting opportunity as well as a chance to marvel at the wondrous instincts of birds as they once again return to their wintering grounds.



The Bellrose WPA in McLean County epitomizes a U.S. Fish and Wildlife Service Waterfowl Production Area (WPA) – a mosaic of grass and wetlands. In years of wet and normal conditions the low-lying grassy area on the Bellrose WPA is a valuable, productive wetland providing food and habitat for ducks and an array of other wetland species. In dry years it provides grassy cover for other wildlife, including pheasants. WPAs are open to walk-in hunting under federal law establishing the WPA system.

PATRICIA STOCKDILL PHOTO



BEST SMOKED RIBS & BRISKET IN TOWN!  
FRESH SMOKED MADE FROM SCRATCH RECIPES

1412 2ND AVE, SW. MINOT 701.839.9140  
BONESBBQMINOT.COM

# The Brave Badge Initiative: 891 MSFS Rucks for Suicide Prevention

ERIN BEENE, NORTHERN SENTRY

As September comes to a close and the summer sun fades into memory, some airmen have realized that September means more than the changing of season. September is recognized as National Suicide Prevention Month. On a sunny yet chilly early Thursday morning, September 22, the entire 240-person 891st Missile Security Forces Squadron (MSFS) ignored the call to sleep in and instead chose to ruck five kilometers, inspired by The Brave Badge Initiative. Suicide is a real, difficult and silent battle. It is also preventable.

The 891 MSFS (otherwise known as the Shadow Warriors) Commander, Maj. Chase Shields, told the Northern Sentry why this ruck was important to the unit, the base and to him personally. Last December, the Shadow Warriors lost an airman to suicide. Like any unit, they grieved for their friend, co-worker and fellow airman. In the aftermath of this tragedy, the squadron was contacted by The Brave Badge Initiative, a non-DOD organization that specializes in supporting Air Force Security Forces members. "This resource provides coping skills and support to Security Forces members struggling with mental health crisis, such as anxiety and depression, which can be caused by career field related or personal life stress." Maj Shields said that this organization, along with military support systems, gave him and his unit the coping tools they needed and provided a wealth of information as the squadron went through that rough time. It was because of this connection that the 891 MSFS became aware of the challenge put out by The Brave Badge Initiative to host a run or ruck for the awareness of suicide prevention in the month of September. So, the Shadow Warriors took up the baton and orchestrated their own awareness event.

"Everyone battles things with life and carries their own burden. And a lot of times, it is invisible.

But, at the end of the day, we're all carrying something heavy. And that realization, in a way, provides people with the biggest protective factor in suicide. We are all part of the connective tissue which holds each other up and we are all in it together," said Maj. Shields. This event was to remember those who have lost their battle to their mental health challenges, but most importantly, to bring awareness to those that may be struggling and educate them on what resources are available to support. The 891 marched the entire three plus miles in a road march formation while carrying 50-60 lbs. of gear in their rucksacks. It was done purposefully to represent the important bond of togetherness in both physical and mental purposes. "As we work together in line, at the same pace, we can look to our left, our right, behind or in front of us and see that everyone is carrying the same weight, and we are all moving at the same pace, together. We can all go through this life together." Maj Shields and the rest of the unit were passionate about this event for two reasons.

1. To build the connective tissue between unit members to combat feeling of loneliness.

2. To bring awareness to the fact that suicide is often an invisible battle, but people don't have to fight it alone.

The ruck was a chance for squadron members to be open with struggles and learn where and how to get help. Maj Shields took the opportunity to be transparent about his own battle with mental health during his career and how he took the steps to get help. He explained to his troops that it is perfectly normal to need to talk to someone, and it won't be damaging to your Air Force career path. He ended with a heartfelt plea to airmen, dependents and all the military community. "Careers and other people's opinions are NOT more important than your life. Seek help and reach out if you need help."



Members of the 891 MSFS Ruck March on September 22nd



TSgt Daniel Contreras, 891 MSFS, carrying the unit flag at the Suicide Prevention Ruck March.



You always look out for your loved ones. We're here to help.



Or call the 24/7 Crisis Line:  
1-800-273-8255





# SRT

## Annual Meeting

### Wednesday, October 12th

North Dakota State Fair Center / Minot, ND

---

**Registration and Dinner / 5:30-7:00 p.m.**  
**Business Meeting / 7:00 p.m.**

A catered dinner will be served from 5:30 p.m. until 7:00 p.m., followed by the business meeting at 7:00 p.m. During the business meeting, a report to the members will be given, financial updates presented, and election results announced. We look forward to seeing you there.

**Registration and voting officially close at 7:00 p.m.**

Don't forget! Bring your postcard for a chance to win prizes - including \$500 cash!

**701.858.1200 / SRT.COM/ANNUALMEETING**

# Opportunities for Spouses: SECO and MyCAA Scholarship

AIRMAN 1ST CLASS KARISSA DICK, 377TH AIR BASE WING PUBLIC AFFAIRS

KIRTLAND AIR FORCE BASE, N.M. --

Are you a military spouse looking to advance your education or career? Then the Military One Source Spouse Education and Career Opportunities program (SECO) and My Career Advancement Account (MyCAA) scholarship may be the right start for you!

The Spouse Education and Career Opportunities program offers free coaching, information, and resources to military spouses for career and education exploration and readiness. SECO has tools and opportunities available for spouses of all ranks such as the Military One Source Spouse Career Center, MyCAA Scholarship, and the Military Spouse Employment Partnership. You can visit SECO at <https://myseco.militaryonesource.mil/portal/> or call 800-342-9647.

"It's difficult to maintain a career or find a job with all the frequent PCS moves, so the MyCAA program focuses on what we call portable careers that can

move with you," said Debra Roane, New Mexico Military One Source state consultant. "The Spouse Education and Career Opportunities Program is not just the scholarship, but tons of resources for spouse career and education opportunities."

The MyCAA Scholarship is a program that provides up to \$4,000 of tuition assistance to eligible military spouses. The scholarship assists military spouses in pursuit or maintenance of a license, certification, or associate's degree at any approved institution. To be eligible, you must be the spouse of an active duty service member in the pay grades E-1 to E-5, W-1 to W-2, and O-1 to O-2, you must have successfully completed high school and have the ability to request tuition assistance while your military sponsor is on Title 10 military orders. Spouses of National Guard and Reserve military members are also eligible.

"I work with Military OneSource after all these years because, back then we didn't have programs

like this," said Debra. "One of my biggest concerns as a military spouse was, every time we moved, I was basket case because I was afraid I wasn't going to find a job. These programs would have been so helpful."

To establish an account with MyCAA Scholarship, spouses can visit the MyCAA website at: <https://mycaa.militaryonesource.mil/mycaa> to provide spouse profile information. All scholarship participants are required to use DS Logon to access your account. More information on creating a DS Logon account can be found on the MyCAA "Resources" page at: <https://mycaa.militaryonesource.mil/mycaa/resources>.

If you would like more information regarding MyCAA, SECO, or any other Military One Source program, please visit the Military One Source page at [www.militaryonesource.mil](http://www.militaryonesource.mil) or contact Debra Roane at 505-241-9688 or [Debra.roane@militaryonesource.com](mailto:Debra.roane@militaryonesource.com).

## Good Gardening

### ADVICE

by Marvin Baker



### Frost isn't the end all...

It's now fall and if you haven't received a frost yet, you're going to in the near future. Most people think that when it freezes, the garden is finished, but that's not absolute. In many cases; tomatoes, melons, cucumbers and others, will be done for the season. But for others like broccoli, kale, celery, cabbage and onions, the season isn't quite done yet. All of the cole crops mentioned will withstand a light frost. But when the temperature dips into the mid 20s for more than one hour, that's when you can dig up your plants and put your garden away for the winter.

**Let's Plan Your Party!**

### Birthday PARTIES

X-TREME OR OPEN BOWLING

**SUPER PARTY**

- 2 Hour Party for up to 10 People
- Shoe Rental
- Pop and Ice Cream
- \$165+tax**
- \$12 for each additional person

**MEGA PARTY**

- 2 Hour Party for up to 10 People
- Shoe Rental
- 2 - 16" Pizzas, Pop and Ice Cream
- \$195+tax**
- \$15 for each additional person

**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
You bring the cake and the kids!  
NO OUTSIDE FOOD OR BEVERAGES ALLOWED.

1901 NORTH BROADWAY MINOT, ND FOR RESERVATIONS PLEASE CALL **852-4108**  
NORTH HILL BOWL.COM

### Party Room

**FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!**

We have a party space available for all of your fun!  
Call for details!

**IAG STUDIO**

109 South Main St. Minot **701.837.8555**

**Blake Krabseth**  
Comedian / Magician

Great for Parties and Conventions

**701-720-1786**  
[magic@blakekrabseth.com](mailto:magic@blakekrabseth.com)

**BLAKEKRABSETH.COM**

### BOOK YOUR PARTY!

**BIRTHDAYS, GAMING PARTIES, PRIVATE MOVIE EVENTS, FAMILY GATHERINGS**

Monday-Thursday  
Time Slots Available:

- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

Email for details:  
[alatoakpark@gmail.com](mailto:alatoakpark@gmail.com)

**WWW.OAKPARKTHEATER.NET**

### High Air Ground

• TRAMPOLINE PARK •  
1210 4th Ave NW / Minot, ND 58703  
701-837-JUMP

### FAMILY NIGHT

**\$45.00**

**Includes:**

- 4 Jumpers
- Marco's Pizza
- Four 16 oz. Drinks
- Additional Jumpers Only \$10!

[www.highairground.com](http://www.highairground.com)



# Everything You Need to Know about the Air Force Ball

ERIN BEENE, NORTHERN SENTRY

Every year, the Air Force celebrates its anniversary or “birthday” in a memorable and traditional way. The official birth of the USAF, as it is known today, is September 18, 1947, when it became its own entity in the US Armed Forces. To learn more about the start of the US Air Force, all the historical information is described in the Air Force Historical Research Agency website. Because of this profound date in American history, Air Force bases all over the world celebrate the occasion with the most elegant military occasion of the year: the Air Force Ball.

While this event is usually held in September, to keep with the traditional date, this year Minot AFB needed to change the date in order to deconflict with some major base exercises, and conflicts. So, on the evening of Saturday, October 29, Minot AFB will host its annual Air Force Ball at the Clarion Hotel from 5pm (social hour) to 10pm. Maj David Cwiakala, who is a part of the 5 CES, is the primary project officer for this year’s AF Ball. He was able to answer some questions and speak to the Northern Sentry to help raise awareness for this once-a-year event. Cwiakala emphasized the beautiful tradition that will

encompass this year’s ball: the theme is “Forged in Ice, Poised to Strike.” When asked to further explain the theme, Cwiakala said that since this is the 75th birthday of the AF, the ball committee wanted to do something truly elegant to designate this special “Diamond Anniversary.” They chose the theme because the “Forged in Ice” refers to Minot and the seemingly never-ending winters of snow and ice, while combining the “Poised to Strike” sub-theme to represent the military readiness side of the base which is always on alert to answer the nation’s call. 2022 AF Ball goes can expect to find a beautiful and truly elegant affair waiting to greet them along with the traditional military camaraderie that joins all ranks, spouses and the community in a formal celebration of what the Service has accomplished in the last 75 years. AF Ball co-chair, Lt Sarah Johnson (5 MUNS) described the event like this: “Team Minot continues to demonstrate why ‘Only the Best Come North’ and will celebrate our legacy through time-honored traditions. This year’s event will differ from all others through our homage to the Air Force’s premier past as well as our ability to innovate, accelerate and thrive.

As the military’s only installation that houses two legs of the Nuclear Triad, the global strides demonstrated by our Airmen are truly unparalleled.” Maj Cwiakala wished to implore that this event is more than a date night out; it is a night for all Airmen to show their pride in their work, military lifestyle and culture. It is an event to show pride in the US Air Force tradition and he thinks all Airmen and guests will enjoy this year’s Ball.

This year’s event, like most others, is a fully formal event which means military members will need to be in mess-dress or semi-formal uniform. Civilians are asked to wear black-tie apparel; tuxedos for men and long formal gowns for women is the expectation at this year’s event (Ladies, don’t forget to check out the Cinderella Boutique on base to rent a dress for FREE!). Cwiakala reminds everyone to not wait to purchase their tickets as the deadline for online sales is October 13th. Tickets, which can be purchased online at <https://www.memberplanet.com/events/minotairforceball/75thannualairforceballmafb>. Prices of tickets are scaled for rank and counting on the honor system for everyone to pay their correct price. Maj



Cwiakala did note that there is a “group” sale option which is primarily for commanders or anyone who wishes to purchase tickets for Airmen. He said it is fine for those purchasing the “group” rate tickets to use the rank scale of whoever they plan to give the tickets to, not necessarily their personal rank. Additionally, this Ball will have open seating (besides the head table) and guests wishing to sit together can arrange for table seating upon arrival, but not before. Childcare is also offered on location for only \$10 per child, ages 3+, from 5-10 pm. Cwiakala wanted to remind guests to register for childcare as soon as possible as spots are limited and children must be registered ahead of time online at the ticket sales link. Along with the military traditional protocols, guests will be treated to dinner,

dessert, a speech from Maj Gen (ret.) Thomas, music and dancing. Cwiakala mentioned that they are open to taking requests for types of music played; guests can do so by messaging their Facebook Page: @MinotAirForceBall. This once-a-year celebration for the Air Force is a chance for all its members to come together, remind each other of the deep tradition of the US Armed Forces and take pride in the military community at their most proud and purposeful event: The 2022 Air Force Ball.

On behalf of Colonel Daniel Hoadley, 5th Bomb Wing Commander, and Colonel Kenneth McGhee, 91st Missile Wing Commander, we cordially invite you and your spouse or guest to attend the 75th Annual Air Force Ball.



Team Minot Airmen and their dates gather for the Air Force Ball in Minot, North Dakota, Nov 20, 2021. Everyone came for the late celebration of the Air Force's 74th birthday, which included socializing, eating, dancing, and more.



## MINOTAUROS VS ST. CLOUD

### OCTOBER 9 @ 7:35 P.M.

[MINOTAUROSHOCKEY.COM](http://MINOTAUROSHOCKEY.COM)



**BUY TICKETS NOW!**



## WELCOME TO THE CLEAN ZONE

**10%  
MILITARY  
DISCOUNT**

**MONTHLY PASSES  
AVAILABLE**

**FREE VACUUMS WITH  
WASH PURCHASE**

**ADVANCED WASH  
TECHNOLOGY**



619 NORTH BROADWAY  
HOURS: 8 AM TO 9 PM DAILY

# Chaplain Dallas Little Appointed Wing Chaplain at Minot Air Force Base

SENIOR AIRMAN ZACHARY WRIGHT,  
MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Team Minot welcomed Chaplain Lt. Col. Dallas Little as he was appointed as the Wing Chaplain at Minot Air Force Base, Sept. 13, 2022.

Global Strike Command Chaplain, Col. David Kelley, presided over the ceremony, one of few conducted Air Force wide and the first ever at Minot AFB. The ceremony was attended by Col. Daniel Hoadley, 5th Bomb Wing commander, Col. Kenneth McGhee, 91st Missile Wing commander, and several group and squadron commanders.

“The Air Force asks the Wing Chaplain to lead a unique team of professionals that provide a capability to commanders, ‘Big A’ Airmen and their families that

no other organization provides,” said Kelley.

The ceremony consisted of bestowing a Crook and Stole to the incumbent Wing Chaplain to symbolize the responsibility they now hold.

“[The Crook and Stole] are practical tools, tools of service,” said Little.

“They’re tools that give a burden of leadership to the people they’re bestowed upon, and I am deeply thankful for the great cloud of witnesses that are with me as I take up the mantle of this position.”

Air Force chaplains provide a wide variety of services to Airmen and their families, including spiritual care and the opportunity to exercise their constitutional right to freedom of religion.



## A LOOK BACK THIS WEEK IN USAF HISTORY

USAF CREW PARTICIPATED IN RESCUE OPERATIONS FOR BURNING LUXURY LINER IN THE PACIFIC

October 4, 1980



A Coast Guard Sikorsky HH-3F Pelican helicopter that aided in rescue operations approaches the Prinsendam in the Gulf of Alaska. (USAF/DoD Photo)

On October 4, 1980, a fire erupted in the engine room of the Holland America Line luxury cruise liner Prinsendam as it was voyaging through the Pacific Ocean off the coast of Alaska. The United States Coast Guard performed a search, rescue, and evacuation operation for over 500 passengers and crew over the course of 24 hours. Participating in the evacuation was Air Force Capt. John J. Walters and his crew, who rescued 61 people by airlifting them to a supertanker with the help of their HH-3 Jolly Green Giant helicopter. The rescue of the Prinsendam was particularly significant because of the distance traveled by the rescuers, over 130 miles off the coast, and the fact that all 519 passengers and crew were rescued under challenging environmental conditions without loss of life or serious injury.

Information courtesy of: [media.defense.gov](http://media.defense.gov) / [thisdayinaviation.com](http://thisdayinaviation.com) (Capt. Sean Cross, USCG Ret.)

**CELEBRATE LIFE  
SERVING YOU SINCE 1926**

304 S MAIN ST  
MINOT, ND

**THOMAS  
FAMILY  
FUNERAL HOME**

CALL  
701-838-2832

WWW.THOMASFAMILYFUNERALHOME.COM

**GOLDEN  
TICKET  
WINNER!**

**Pick up a copy of the  
Northern Sentry  
for your chance to win!**

**Jaden Oglesby**  
Jaden found a \$45 Golden Ticket in the Northern Sentry in the mail room of his Dorm!  
The Northern Sentry is now available in every dorm!

**CornerStone Chiropractic**

1350 20TH AVE SW, MINOT, ND 58701

**Dr. Matt Hanson** **Dr. Shad Froseth** **Dr. Crystal Long** **Dr. Willy Fielhaber**

**BUSINESS HOURS**  
Monday: 7:30am – 6:00pm  
Tuesday: 9:00am – 6:00pm  
Wednesday: 7:30am – 6:00pm  
Thursday: 7:30am – 6:00pm  
Friday: 7:30am – 4:30pm  
Saturday: 2 a month by appt  
Sunday: Closed

**(701) 852-2800**

# AF Casualty Program



**ALICIA THOMPSON, GS-11**  
COMMUNITY READINESS CONSULTANT  
MILITARY AND FAMILY READINESS  
CENTER



The Primary goals of the Air Force Casualty Program are prompt reporting, dignified and humane notification, and efficient, thorough, and compassionate assistance to the next of kin at all times. Casualty services are provided by the Casualty Assistance Representative, commonly referred to as the CAR. The CAR oversees a variety of programs and services that fall under the Casualty umbrella. Their primary responsibility is to provide assistance and support for survivors of deceased or seriously ill or injured members.

The CAR provides assistance for the following situations:

- Active Duty death
- Active Duty serious injury (as deemed by 5 MDG/SGH)
- Active Duty Not Seriously Injured
  - o Any member returning from a deployment because of a physical or mental injury.
- Dependent death (death of an active duty member's spouse or child)
- Civilian death (Civil Service and NAF Employees)
- Retiree death
- Members of the ANG and

USAFR on active duty, active duty for training, inactive duty training, or performing authorized travel directly to or from such duty

- Emergency Family Member Travel (ensuring family members can be at the bedside of a seriously ill or injured active duty service member)

Additionally, the CAR will guide and assist service members and families in all Service Member's Group Life Insurance (SGLI) programs, such as Family Service Member Group Life Insurance (FSGLI) and Traumatic Service Member Group Life Insurance (TSGLI).

They also counsel members (and spouses if applicable) on their Survivor Benefit Plan (SBP). Military retirement pay stops when a member dies. The Survivor Benefit Plan (SBP) is a Government program which makes it possible for retired members to ensure that after their death, their eligible survivors receive a portion of their military retirement pay in the form of a monthly annuity. The annuity payable is 55% of the Base Amount elected. The Base Amount may be Full Gross Retired pay or any dollar amount

down to \$300. The SBP election is made at the time of retirement. If SBP was voluntarily declined at the time of retirement, then no annuity can be established after the death of a retiree.

And finally, the CAR tracks required updates of the Record of Emergency Data (RED): RED is a service members official record of who should be notified should there be an emergency or casualty. The service members RED also designates the beneficiary of benefits and who will be responsible for making decisions regarding disposition of the deceased. The service member must update their RED - w/in 30 days of arrival on duty station, once annually, pre-deployment, and major life events \*marriage, divorce, birth/adoption of children\*. Important note of RED data - is that it does NOT update if/when members update DEERS.

Questions about Record of Emergency Data (RED), Air Force Casualty Program, or the Survivor Benefit Plan (SBP) can be directed to Markus Nehlsen MAFB Casualty Assistance Representative 723-1444

# All About Pets

AF Life with Pets



Elmer Fudd, Dogs on Deployment Mascot 2019 with USAF Capt. Bryan Moore

As many Airmen and families already know, military life is not easy. Here are a few tips to help you manage your busy Air Force life while also taking proper care of your pet!

- Get a low maintenance pet—snakes, certain varieties of fish, hamsters and other rodents, and turtles are just a few ideas of pets that are relatively low maintenance compared to your everyday dogs and cats. It's still important to provide adequate enrichment, environments, and food for them, but if you do all those things, these pets will be just fine during long work hours. Be sure to check with your housing authority first to make sure these pets are allowed.

- Find a "lazy" pet—high energy and working dog breeds are not recommended for owners who are away from home a lot and do not have the time, energy, and resources to keep their dogs fully enriched. You could consider bringing home a characteristically "lazy" breed instead. Basset Hounds, Boston Terriers, Bull Mastiffs, and Maltese are a few dog breeds that pop up often in the conversation around low-energy breeds. However, it's still important to note that all dogs are different. You may find a dog that is a couch-potato by nature, or you may find a "low-energy" dog that wants to go 24/7. Make sure you consider the needs of certain breeds and individual dogs (or cats) before adopting, and even if you have a low-energy dog, you still need to meet their basic requirements. Which is why working people should consider...

- Outside help—for shorter periods (a week in the field, a 12 hour day at work), it would

be beneficial to hire a pet sitter, dog walker, or even a neighbor or family member who is willing to help out. While some pets won't go crazy at home all day, they still need to be provided with socialization and enrichment. See if you can find someone to pop in every few hours to play with, feed, and let your pet outside! Doggy daycare is a great option for many canine parents, and while cats and other small pets are usually alright left alone, it's never a bad idea for them to have someone to play with. Don't be afraid to reach out to the base community through Facebook or your friends/family for help if you're feeling overwhelmed with your pet-parental duties. Chances are there is someone out there who is willing to help you and your pet out.

- For bigger challenges, consider finding a temporary foster home for your pet. Family members, close friends, and even willing community members are always options for long-term pet care instead of rehoming. There are also "deployed pet" help sites that can connect you with temporary fosters, such as Dogs on Deployment and Guardian Angels for Soldier's Pets. If you're thinking about rehoming your pet due to the cost of PCSing with them, consider applying for SPCA International's Operation Military Pets grant.

Taking care of pets is a big responsibility, but when we bring them into our home, it's our duty to treat them with the care and love that they give us as well. Military life can make it more difficult, but there are so many resources out there to help.

**JOIN OUR MAILING LIST TO RECEIVE THE LATEST NEWS AND UPDATES FROM THE NORTHERN SENTRY.**

**VISIT OUR WEBSITE TO SIGN UP!**

**northern sentry**

MINOT AIR FORCE BASE NEWSPAPER  
WWW.NORTHERNSENTRY.COM

Your favorite neighborhood store serves up big fun.

**Join Our Pack!**

Sign up in store or online today.

Preferred Pet Club Benefits Include:

Freebies, exclusive coupons, member only pricing, birthday gift for your pet.



**PET SUPPLIES PLUS.**

Minus the hassle.

2215 16th St NW, Minot, ND  
701-857-4070

HOURS Mon-Sat: 09:00 AM - 09:00 PM  
Sun: 10:00 AM - 06:00 PM

Stay Connected with Pet Supplies Plus



Granville JunkAholics

# Junkin in the Dirt

North Dakota State Fair Center  
Minot, ND  
9 am to 4 pm

Oct 8 2022



MONDAY - THURSDAY:  
11AM - 1AM  
FRIDAY - SATURDAY:  
11AM - 2AM  
SUNDAY: CLOSED

6 2ND STREET NE, MINOT  
701-852-7768  
(SPOT)

# Defense Department moving ahead on recommendations to combat sexual assault

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -- Last year, an independent review commission ordered by Secretary of Defense Lloyd J. Austin III put forth an array of recommendations designed to stop sexual assault and harassment in the military. Today, the Defense Department is well underway in implementing those recommendations, said the undersecretary of defense for personnel and readiness.

On Capitol Hill Wednesday, Gilbert R. Cisneros Jr. told lawmakers at the House Armed Services Committee that the Defense Department now has a framework in place to track the implementation and effectiveness of its efforts and to provide regular progress reviews through senior leadership forums that includes membership from across the Office of the Secretary of Defense and the services.

"The level of oversight is a significant departure from previous reforms efforts in this area, and not only are we making progress, we're building the infrastructure needed to make real, lasting change and rebuild trust with our service members," Cisneros said.

One part of that infrastructure, Cisneros said, is the development of a professional sexual assault and sexual harassment workforce.

"At full operating capacity [it] will include over 2,000 personnel stationed around the world," he said. "The department has worked to create a targeted recruitment plan to support the services in their hiring efforts, and I established a dedicated direct hiring authority, which I signed out last week, to more quickly identify and onboard these prevention workforce professionals."

Co-chairing an ensuing panel, "the Under Secretary of the Air Force Gina Ortiz Jones testified on the Department of the Air Force's efforts to ensure Airmen and Guardians live and work in an environment safe from sexual harassment and sexual assault."

"To successfully fulfill our mission to protect and defend our nation, addressing sexual harassment and sexual assault must be a top priority," Jones said. "This is a warfighting issue, a readiness issue and a leadership issue."

The DoD is also working with the military services to professionalize the victim response workforce, Cisneros said. Professionalization of that task means the Defense Department and services would no longer need to rely on military members who may be doing that same work now as a collateral duty in addition to their regular

military job. Additionally, as part of an effort to regain the trust of victims of sexual assault and harassment, that workforce will be outside the chain of command.

Cisneros also told lawmakers the department would soon reach initial operating capability with its Sexual Assault Prevention and Response Training and Education Center of Excellence.

"Another significant undertaking at the [Defense] Department is military justice reform, through the implementation of the Offices of Special Trial Counsel," Cisneros said. "This effort will ensure independent expertise and prosecutorial decisions and is essential to the restoring of trust and to hold perpetrators of sexual assault accountable."

According to Cisneros, the Offices of Special Trial Counsel will ensure independent, specialized expertise in prosecutorial decisions for the covered offenses of sexual assault, domestic violence and related crimes.

"The department has clearly heard from our service members that action and change are desperately needed, and the department is answering that call," Cisneros said. "Getting this right requires we move as expeditiously as possible to implement change, while also ensuring we do not rush to failure."

# Civilian Found Dead at Minot AFB

MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- An adult civilian was found dead on Minot Air Force Base, N.D., on September 21, 2022.

Team Minot is heartbroken to learn of a death that occurred in base housing. Authorities are investigating the matter and we

ask you respect the privacy of the family during this difficult time. More details will be released when they become available.

For further questions, please contact Minot Public Affairs at 701-723-6212 or at v35bw.pa@us.af.mil.



**EVERYDAY HAPPY HOUR - 3PM - 6PM**  
 \$2 off All Apps  
 \$3 House Wine & Domestic Pints  
 Bavarian Pretzels with Beer Cheese Sauce  
 \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups  
 \$5 Moscow Mule  
 \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps  
 1/2 Flat Bread Pizza

**DAILY SPECIALS**  
 Monday \$5 Moscow Mules (all day)  
 Tuesday \$4 ND Breweries (all day)  
 Wednesday 1/2 Price Wine by the glass/bottle (all day)  
 Thursday \$1 up for all Tall Taps (all day)  
 Sunday BRUNCH (11am-2pm)  
 \$7 TSR Bloody Mary & Caesars  
 \$12 Bottomless Mimosas  
 \$6 Breakfast Shots

**FAMILY PACKS**  
 Monday Pizza Pack Combo  
 Tuesday Sandwich Pack  
 Wednesday Chef Creation\*  
 \*Changes Weekly - Check our Facebook Page  
 Thursday Pasta Pack

**MILITARY DISCOUNT 10% OFF**

thestarvingrooster.com

cookies for you® and cupcakes too  
 A Cookie Gift + Bouquet Company

- Cookie & Candy Bouquets
- Cookie Pizzas • Sweets Trays
- Assorted Cupcake Flavors
- Homemade Fudge & Caramels
- Assorted Artisan Truffles
- Pop, Beer & Wine baskets - with a little sweet & salty too!

117 S Main Street  
 701-839-4975  
 www.cookiesforyou.com

SkinnyWeek provides the tools for sustainable weight management.  
 skinnyweek.com




**Military Special!**  
 Get 50% off your first month after you attend two meetings!



**MAIN MEDICAL**  
 315 South Main Street  
 Minot

The Start of Main Street

**YOUTH WORKS**




Youthworks helps homeless, runaway, trafficked and struggling youth in North Dakota.

**Youth Works**  
 Suite 105  
 701.837.6519  
 Crisis Line for Emergency Youth Shelter:  
 701.425.1042  
 youthworksnd.org

**NOW OPEN**



**Contact Us**  
 IPM Property Management  
 701.852.1157





5th Bomb Wing Command Spouse Joyce Hoadley & 91 Missile Wing Command Spouse Corliss McGhee at the Scandanavian Heritage Park stop on the tour.

**WHAT DID THEY HAVE TO SAY?**

“Rod was a fantastic guide/leader. I really enjoyed the personal stories and little tidbits that he shared about Minot. I loved how all the speakers were clearly proud of being from Minot/North Dakota. Minot does get a bad rep but there really is beauty in everything and hearing from locals who are passionate about their city/state is infectious.” - Hannah Curtis

“I got so much out of this tour! My favorite part was Gourmet Chef!” - Melissa Mannozi

“I met a lot of people and there is more going on here in Minot than I thought. There is more here than people expect.” - Shelly Feldners

“ I like how the speakers came on the bus to talk to us. We got to learn a lot of interesting things”- April Muhs

“Being able to actually go into the downtown shops and participate created a whole experience that we probably never would have done otherwise.” - Amy McGinniss



On Wednesday, September 21, dependents from MAFB took off on the Discover Minot Excursion to explore the many places that make Minot a worthwhile assignment.

NORTHERN SENTRY PHOTO | ERIN BEENE



The Discover Minot Excursion included lunch at Cookie's for You and pottery painting at Margie's Art Glass, as pictured.



Participants enjoyed bread, oil and wine tasting at Gourmet Chef.

PHOTOS SUPPLIED BY JOYCE HOADLEY

**NOTES ON BEING SAFE**

**GUN SAFETY  
PROPER USAGE AND  
STORAGE IS ESSENTIAL**



ROD KRAUSE  
5TH BOMB WING  
OCCUPATIONAL SAFETY  
AND HEALTH MANAGER



In our daily lives, firearms of all types are featured in T.V. shows, movies, video games, and in a large majority of our homes. Since firearms have become such a large part of today's society, "Firearm Safety" cannot be overlooked. The purpose of Firearm Safety is to eliminate or minimize the risks of unintentional death, injury or damage caused by improper handling and storage of firearms. If you choose to maintain firearms, you must become fully aware of the risks exposed to not only you, but friends and family. Although studies show that firearm related injuries peak in adolescent groups; adults are just as likely to have a firearm mishap.

Unfortunately, tragedies occur on a daily basis involving unlocked firearms, which make them easily accessible. The first rule of firearm safety is simple and important: Know why you have a weapon in the house, and act accordingly. Keep your weapons secure where no one can access them and cause accidental harm to themselves or others. After all, how often are you going to hunt deer or shoot targets in your home? In the event of a fire or natural disaster, would you want the loaded, unlocked firearm to wound or kill the emergency response personnel who are there to rescue you?

Here are a few basic guide lines to help keep firearms safe and away from unauthorized access.

- Always remove ammunition from firearms.
- Assure no unauthorized persons have access to your firearm.
- Place ammunition in a locked location, separate from firearms. When deciding where to store ammunition, remember to select a

secure place that is out of sight and reach of children.

- Secure unloaded firearms with a gunlock, gun alarm or other type of tamper-proof device, these might render the gun inoperable.
- Store unloaded firearms, in lockable gun cabinet, safe, or locked vault. Remember to place a locked storage case where children cannot

find it.

- Keep firearms storage unit keys away from the "every day" keys. Remember that proper storage or firearms and ammunition can significantly decrease injuries; the consequences of an accidental discard can be devastating.



**NATURALLY GROWN PRAIRIE PRODUCE  
NOW AVAILABLE**

North Prairie Farmers Market  
Saturdays – 11 AM to 2 PM

1 Block North of the Corners of Burdick & Broadway  
Across from Planet Pizza

[WWW.NORTHSTARORGANIC.COM](http://WWW.NORTHSTARORGANIC.COM)

**North Star**  
Community Credit Union

**Welcomes you to Minot AFB**

Checking & Savings  
Online Banking for those on the go!  
Loans for Autos, RV's, Life in General

ATM conveniently located at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive  
Minot • 1819 S Broadway

nscu.com

NCUA MEMBER

# B-52, party of four

TECH. SGT. CALLIE WARE, 307TH BOMB WING PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

The B-52 Stratofortress Formal Training Unit, operated by the 93rd and 11th Bomb Squadrons here, is scheduled to graduate its first class of air crew this fall using the new curriculum designed to fly the B-52 with four people instead of five.

"This is really the first of a significant, decades-long bow wave of change that's coming to the B-52," said Lt. Col. Aaron A. Bohl, 93rd Bomb Squadron commander.

Currently, the bomber has a navigator seat, a radar seat for the weapon systems officer, and an electronic warfare officer seat. In years to come, the B-52 is scheduled to get a new radar, a new set of engines, and a lot more capabilities in its offensive equipment.

With that, Bohl said it will take less people to operate.

The workload for new students has increased significantly as they learn to transition between each compartment, said Bohl.

He explained that students will work with different compartment instructors over several sorties to learn the various roles so they are ready to sit in any of the

offensive or defensive seats when called upon. For now, both legacy electronic warfare officers and weapon system officers will have positions in the B-52.

But Bohl said cross training will be necessary within the next half decade.

Though the jet is not due for modification yet, he explained the formal training unit is working to build a crew force now so that new students graduating will be qualified to sit in all three seats of the jet until it is structurally modified for a four-person crew.

The FTU started training early so that by the time the structural modifications are made, the newest students will have the experience to be the next generation of instructors.

Bohl said the young aircrew now will eventually be the first cadre of B-52 instructors to hold all qualifications necessary.

They will be trained to assimilate into the four-person construct that much easier.

"There will be a lot of challenges ahead with how we execute and continue to sustain the needs of the combatant commander with long range strike," said Bohl. "But it's a challenge that we are excited to get after."

*Thank You*  
VERY MUCH!

**FOR SUPPORTING THE MINOT AIRMEN AGAINST DRUNK DRIVING PROGRAM**



**FOR DONATING CAR WASHES FOR THE AADD DRIVERS**  
**MAGIC CITY CARWASH MILITARY DISCOUNT: 10% OFF WITH MILITARY ID**

**ON the RUN**

**FOR SUPPLYING GAS CARDS FOR THE AADD DRIVERS**

**ON THE RUN MILITARY DISCOUNT: .05 CENTS OFF PER GALLON WITH MILITARY ID**



**FOR DONATING THE PHONE SERVICES FOR AADD**

**WHISKEY NINE**  
golf. food. cocktails.

www.whiskeyninend.com 109 West Central Avenue  
701-837-1090 Minot, ND

2 Winners Every Week!

**BADLANDS RESTAURANT & BAR**

**WE'LL BUY YOU DINNER!**

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

**\$25.00 Gift Certificate From Badlands Restaurant & Bar**

No Limit, Enter As Many Times As You Wish!

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.

*Come in We're*  
**OPEN**

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- T & E Tools

**Tool Surplus Center**  
Best prices on tools in the state!

**T&E USA TOOLS**

**Full-Time Outdoor Power Equipment Mechanic On-Site!**  
Small equipment in need of repair?  
**Call us!**

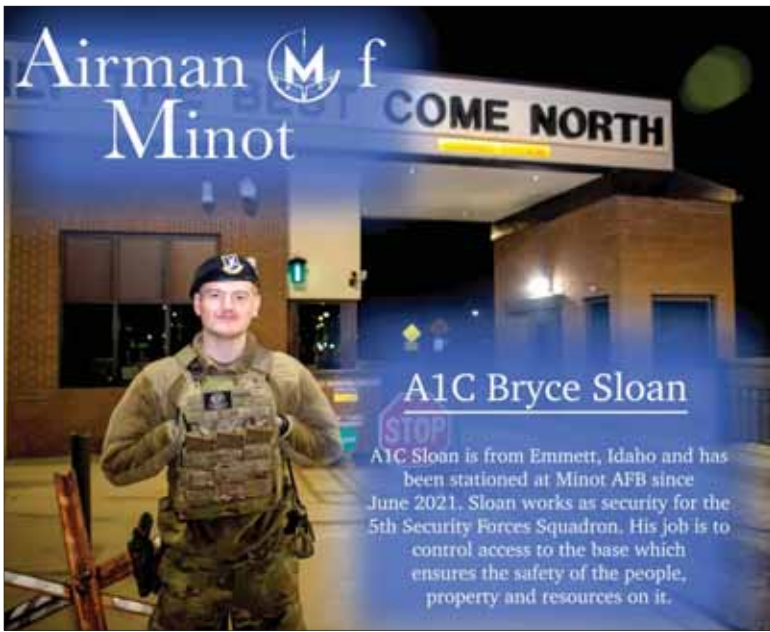
**Check 'em Out!!**

**YAMAHA Golf Cars**

**Hwy 83**  
Lawn, Leisure & Tools

**1619 HWY 83 NW, GARRISON, ND**  
Intersection of Hwy 83 & Hwy 37  
**701.337.2500**

**HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.**  
**Saturday: 5:30 a.m. - Noon**



Airman  f  
Minot

**A1C Bryce Sloan**

A1C Sloan is from Emmett, Idaho and has been stationed at Minot AFB since June 2021. Sloan works as security for the 5th Security Forces Squadron. His job is to control access to the base which ensures the safety of the people, property and resources on it.

In his free time he enjoys fishing and kayaking.

*"The reason I like Minot is the vast amount of fishing I can do in the area. it reminds me a lot of home."*



## Tire Rotation

Appropriate Tire Rotation must be done every 3,000 - 6,000 miles or with every oil change. Tires Plus of North Dakota offers quality affordable auto repair services on Minot AFB.

**What it does**

Rotating your tires is important for making your tires last longer. Rotating your tires suggests changing them from one side of the auto to the all other, moving them from front to back or a mix of both, depending on your auto and what was done before. Some tires need to be rotated at specific intervals, while others will need to be rotated depending on the wear.

**Why service is essential**

Uneven tire wear can result in unsatisfactory performance, unsatisfactory gas efficiency, shorten the life of the tire and may cause safety concerns.

**Proper Tire Rotation Prolongs Tire Life**

**Several aspects can cause unequal tire wear**


- Vigorous driving practices, stop and go city traffic, road construction, etc. Broken terrain and pot holes
- Under inflated tires
- Worn Shocks
- Unaligned steering wheels
- Used parts
- Not rotating your tires

**What we do during tire rotation**

- Tires are rotated in alternating patterns
- Check overall quality and safety of tires
- Inspect tire tread
- Examine for effective inflation
- Tighten lug nuts

To discover when your tires have to be rotated, consult your automobile's owner's handbook or ask one of our auto mechanic - tire professionals today. Come see our technicians for your tire rotation on base today! Call Tires Plus to arrange your next tire rotation auto repair services on Minot AFB. Tires Plus is thrilled to be your number one auto repair shop and provider of tires.





**STORYTIME**  
and activity with Miss Kristi  
Tuesday and Friday 11 am

**MILITARY ID DISCOUNT!**  
10% Off Everything, Every Day!  
WITH A MILITARY ID

TRADE YOUR LIKE-NEW USED BOOKS FOR STORE CREDIT - DETAILS ONLINE AND IN-STORE!

OPEN: Monday - Saturday: 10am - 6pm • Sunday: 12n - 4pm  
8 Main St S • Downtown Minot • 839-4050 • www.mainstreetbooksminot.com • mainstreetbooks@srt.com

Experienced VA Realtor

*Michael Busetz*  
REALTOR®  
701-720-2542



**ELITE**  
REAL ESTATE  
*Excellence In Action*  
1829 S. Broadway  
Suite 1, Minot, ND

## OIL & FILTER SERVICE

**OIL, LUBE AND FILTER SERVICES CONSIST OF:**

- REPLACING THE OIL FILTER
- CHECKING THE AIR FILTER
- INSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD
- OILING ALL FITTINGS
- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE



**\$10 off**  
VALVOLINE OIL CHANGE



Auto Care - Valvoline Instant Oil - Tires  
Minot AFB | 61 Missile Ave | 701-727-4141  
Minot | 1301 20th Ave SW | 701-837-1301



**YOU CAN DEPEND ON  
YOUR HOMETOWN EXPERTS  
TO SERVE ALL YOUR  
CAR CARE NEEDS IN MINOT.**

**Auto Care - Valvoline Instant Oil - Tires**  
Minot AFB | 61 Missile Ave | 701-727-4141  
Minot | 1301 20th Ave SW | 701-837-1301



# Air Force announces hypersonic missile contract award

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) --

The Air Force awarded Raytheon Missiles and Defense a \$985,348,124 contract to develop and demonstrate Hypersonic Attack Cruise Missile prototypes, underscoring the U.S. Air Force's focus on increasing interoperability with allies and partners to stay ahead of strategic competitors.

HACM is an air-launched, scramjet-powered hypersonic weapon designed to hold high-value targets at risk in contested environments from standoff distances.

"HACM is a powerful example of developing and integrating combat capabilities alongside our partners from the beginning," said Air Force Chief of Staff Gen. CQ Brown, Jr. "HACM will provide our commanders with tactical flexibility to employ fighters to hold high-value, time-sensitive targets at risk while maintaining bombers for other strategic targets."

In 2020, the U.S. Air Force engaged in a multi-year, bilateral project arrangement with Australia known as the Southern Cross Integrated Flight Research Experiment to develop air-breathing hypersonic cruise missile prototypes.

The Air Force awarded three 15-month SCIFiRE contracts in June 2021 to Boeing Co., Lockheed Martin Corp., and Raytheon Technologies Corp. to complete preliminary designs of a hypersonic cruise missile.

The HACM program will now operationalize the Raytheon SCIFiRE prototype design for fighter aircraft integration and deliver two leave-behind assets with operational utility.

"We have over a decade of cooperation with our Australian allies in the advancement of hypersonic technologies, and now we will bring that shared knowledge to bear to address urgent national defense requirements," said Andrew Hunter, assistant secretary of the Air Force for acquisition, technology and logistics.

Through the SCIFiRE agreement, the U.S. and Australia will continue collaborating on HACM design and development, including using Australian test infrastructure for the initial all-up-round flight tests.

Air Vice Marshal Robert Denney, AM, Head of Air Force Capability for the Royal Australian Air Force, said SCIFiRE is providing an opportunity to understand and influence the future of hypersonic weapons development and acquisition.

"SCIFiRE demonstrates our commitment with the U.S. to strengthen capability outcomes, deepen our alliance and strengthen our cooperation as we meet emerging challenges and support regional endeavors."

The Air Force plans to deliver a HACM capability with operational utility by fiscal year 2027.

# Jerome's COLLISION CENTER



## Your Collision Experts

### What We Do



Vehicle Collision Repair



Boat & Fiberglass Repair



Semi-Tractor Body Work



RV Body Repair



Vehicle Detailing



Nationwide Lifetime Warranty

Don't Settle for Less,  
Choose Jerome's

(701) 852-5126 | (800) 761-1160

Fax: (701) 839-4488

2705 North Broadway, Minot, ND 58703

Connect with us!

[jeromescollision.com](http://jeromescollision.com)

# BABY ANNOUNCEMENTS



BABY GIRL BORN ON  
WEDNESDAY, SEPTEMBER 21, 2022 TO:  
TAYTE AND LANE DAHL  
SAWYER, ND



BABY BOY BORN ON  
WEDNESDAY, SEPTEMBER 21, 2022 TO:  
EKIRA LEMERE  
MINOT, ND



BABY GIRL BORN ON  
WEDNESDAY, SEPTEMBER 21, 2022 TO:  
JERIKA CHARBONNEAU-LILLEY AND  
COLTON KEPLIN  
BELCOURT, ND



BABY BOY BORN ON  
THURSDAY, SEPTEMBER 22, 2022 TO:  
WHITNEY AND CHRIS NORDLOEF  
STANLEY, ND



BABY GIRL BORN ON  
WEDNESDAY, SEPTEMBER 21, 2022 TO:  
ALEJANDRA RIVERA AND RICHARD MCGOWEN  
MINOT, ND



BABY GIRL BORN ON  
FRIDAY, SEPTEMBER 23, 2022 TO:  
JANELL AND ISAAC TURNER  
MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com).

Please include your name and the birth date of your baby. Baby listings will come from Trinity.



# DON'T RISK IT ALL!

## IF THERE IS ANY DOUBT CALL

# AIRMEN AGAINST DRUNK DRIVING

Free and Confidential



Saving Lives and Careers

Available to ALL Minot AFB Military Members and Spouses

- ▶ Call AADD
- ▶ Notify location and destination
- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

**CONTACT US AT:**  
**(701) 727-2233**  
 (701) 727-AADD

**THURSDAY, FRIDAY & SATURDAYS**  
**10:00 PM – 03:00 AM**



### WHITE-HANDED GIBBON

**CREATURE FEATURES**

- White-Handed Gibbons are considered lesser apes and not monkeys. Apes do not have tails. They have hands similar to humans with opposable thumbs.
- True brachiators, gibbons are believed to be the fastest of all the primates and most agile tree dwelling animal. They use their long arms to effortlessly navigate through the trees.
- The White-Handed Gibbons arms are longer than its legs, which allow the gibbon to move nearly 10 feet with each pendulum swing of its body.

| Fact File |                                                                        |
|-----------|------------------------------------------------------------------------|
| Life Span | 25 - 30 years                                                          |
| Weight    | 16 - 25 pounds                                                         |
| Height    | 16 1/2 to 23 inches                                                    |
| Wild Diet | (Consumes) Canopies, Herbs, Fruits, Leaves, Flowers, Small birds, Eggs |

ANSWER: 1.Giraffe 2.Crocodile 3.Zebra 4.Elephant 5.Lion 6.Monkey 7.Tiger

**HOURS:**  
**OPEN DAILY**  
 10AM-6PM

FOLLOW US ON FACEBOOK   
 1219 BURDICK EXPY EAST MINOT, ND  
 www.RPZoo.com • 701-857-4166

**UPCOMING EVENT**  
**BOO AT THE ZOO**  
**OCTOBER 30**

**MILITARY DISCOUNT**  
 \$5.00 off a \$85.00  
 Annual Family Pass

# NextGen 2.0 helmets on the way to security forces across DAF

DEBBIE ARAGON, AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) -- Security forces Airmen at installations across the Department of the Air Force are set to don the Security Forces NextGen Helmet 2.0 later this year.

Following a recent contract award by the Air Force Security Forces Center, Helmet 2.0 includes the ability to mount a wider variety of accessories, features bolt-on accessory rails and a night vision goggle mount that's easy to adjust or replace, and a chinstrap extender for gas masks.

The 2.0 effort is part of AFSFC's "replacement through attrition program," and builds on the functionality of the SF NextGen 1.0 helmet released in 2020, said Master Sgt. John Sutherland, individual protective equipment program manager at the center.

"In modern society, we're all familiar with the urge to update our phones to the latest and greatest model, but this hasn't translated to some of the most important things in our profession, like ballistic helmets," Sutherland said.

"The rate of technological advancements today is astounding, and produces emerging threats and requirements rapidly," Sutherland said. "As the world's preeminent air power, we make great strides to update and upgrade airframes and other operational technologies, so it only makes sense to modernize the equipment used by those that defend them."

Part of that modernization includes listening to and implementing, where possible, feedback from security forces Airmen across the enterprise.

"Feedback from the field is critical and is actually the reason that some of the characteristics for the 2.0 helmet were developed," Sutherland said. "No amount of testing or technical evaluations will cover everything because at the end of the day, only Defenders

know what Defenders need."

"The field has multiple avenues of approach from surveys, direct visits to installations and open lines of communication like quarterly teleconferences and emails," said Master Sgt. Raymond Santiago, AFSFC's security forces individual equipment manager.

The AFSFC's S-4 Individual Equipment section is a customer service entity and relies on the enterprise to provide feedback and submit issues, Santiago added.

"We can't grow, if we don't know," he said.

"The best way to get feedback from the field is by putting our equipment through real-life practical scenarios that a Defender might face in every part of their career from year one all the way through retirement," said Tech. Sgt. Travis Hillard, Defender instructor supervisor with the 343rd Training Squadron's Security Forces Apprentice course in San Antonio.

Hillard, other instructors and students were instrumental in testing functionality before AFSFC gave the modified helmet the thumbs-up.

The Airmen put the helmets through "rigorous testing" conducted during field training which included mounted and dismounted operations, low crawl/high crawl and a variety of other air base defense training objectives, Sutherland said.

"These helmets were soaked in sweat and caked in sand, and after hours of use, each tester was fitted with a gas mask and jacket to ensure compatibility with the helmet," he added.

Participants also completed an extensive survey on the equipment and its functionality.

The NextGen helmet program is just one part of the greater AFSFC's individual protective equipment effort to standardize and modernize security forces equipment across the Air and

Space Forces.

"Helmet 2.0 is only one aspect of the initiative," Sutherland said. "The Modular Scalable Vest and Female Body Armor ... Model Defender which will provide equipment such as pouches, holsters, duty belts and more for each and every member. These efforts ensure that Defenders can expect technologically relevant and high-quality gear no matter where they are performing their mission."

"The need to innovate gear is important for the protection of our Airmen and Guardians," Santiago said.

Hilliard echoed those sentiments. "It's incredibly important to constantly update our equipment to meet both modern threats, and to best utilize the constantly upgrading technology available to security forces protecting installations around the globe," he said.

Consistently rolling out new and updated equipment across the enterprise "helps create the elite weapon systems Defenders need to be in the modern operating environment."

"Threats are increasing and evolving so it's critical our team provides the enterprise with the latest technology to ensure mission capabilities aren't hindered and our greatest asset are protected," Santiago said. "At AFSFC, we continue to collect feedback and upgrade Defender gear to defeat or deter any enemies that threaten our installations."

"Helmet 2.0 is a big win for security forces but it only plays a part in bigger things to come for our Defenders," he said. "We'll continue these efforts with an agile approach while keeping an eye on emerging requirements and new technologies."

"In five years' time, we may be fielding IPE solutions that we've only seen in science fiction a few years ago."



The Air Force Security Forces Center is rolling out the NextGen 2.0 helmet later this year with several improvements to include bolt-on accessory rails and night vision goggle mount, a chinstrap extender for gas mask use and more accessory mounting options. The effort is part of the center's "replace through attrition program" that builds on the functionality of the NextGen 1.0 helmet released in 2020.

U.S. AIR FORCE GRAPHIC BY GREG HAND



**Kim Albert Agency**

**701-852-1460**

**2825 S. Broadway, Suite 2  
abby.martinson@allstate.com**



**Allstate**  
You're in good hands.

© 2019 Allstate Insurance Co.

10585723



Tour our HOUSING OPTIONS

701.852.5028  
CREATIVEMINOT.COM

**ROASTED SLOPPY JOE STUFFED PEPPERS**

**INGREDIENTS**  
2 TABLESPOON EXTRA-VIRGIN OLIVE OIL  
1 YELLOW ONION, CHOPPED  
1 TABLESPOON TOMATO PASTE  
3 CLOVE GARLIC, MINCED  
1 POUND GROUND BEEF  
TO TASTE SALT AND PEPPER  
1 CUP TOMATO SAUCE  
1/3 CUP KETCHUP  
1 TABLESPOON WORCESTERSHIRE SAUCE  
1 TABLESPOON APPLE CIDER VINEGAR  
1 TABLESPOON BROWN SUGAR  
4 BELL PEPPERS, HALVED (LENGTHWISE)  
1 CUP MONTEREY JACK CHEESE  
AS NEEDED GREEN ONION, DICED

When ready to cook, set the Traeger to 350° F and preheat, lid closed for 15 minutes. Heat oil in a large skillet over medium heat. Cook onion until translucent. Stir in tomato paste and garlic and cook until fragrant.

Add ground beef, season with salt and pepper and brown. Reduce heat to low and stir in tomato sauce, ketchup, Worcestershire sauce, apple cider vinegar and brown sugar. Let simmer until slightly thickened.

Divide the mixture evenly into 8 pepper halves and top with cheese. Arrange peppers directly on grill grate and roast until peppers are tender, about 45 minutes.

Garnish with green onions and serve immediately. Enjoy!

Ryan Davy - GM  
Minot

www.HofE.com/BBQHQ

**Military Friendly and Proud to Serve Our Active Duty Military & Veterans**  
Closest Full Service Collision Center to Minot AFB

**2705 North Broadway, Minot, ND 58703**  
**(701) 852-5126**  
**jeromescollision.com**



## WHAT'S HAPPENING AT THE MINOT AFB EXCHANGE

# MILITARY STAR Sweepstakes Helps Service Members Get Home for the Holidays with \$50,000 in Prizes

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

MINOT AIR FORCE BASE – MILITARY STAR® is helping service members and their families celebrate the holidays together by giving away more than \$50,000 in the fifth annual Home for the Holidays sweepstakes.

Minot AFB shoppers who use their MILITARY STAR card twice at the Exchange and twice at the commissary from Sept. 23 to Oct. 20 will automatically be entered in the sweepstakes.

Five first-place winners will receive \$5,000 cash and 10 second-place winners will receive \$2,500 cash. Fifteen third-place winners will win a \$100 Exchange gift card.

“Whether the winners use their prize to shop for gifts for loved ones or to get to home-sweet-home, MILITARY STAR is helping make the season bright for 30 members of the military community,” said

Minot BX General Manager Brian Read. “This sweepstakes comes just in time to help with the costs of the holiday season.”

The MILITARY STAR Home for the Holidays sweepstakes is sponsored by Sony PlayStation, Hisense, Ashley HomeStore, WestPoint Home, Cuisinart and Bissell. Purchases at Army & Air Force, Navy, Marine Corps and Coast Guard exchanges; ShopMyExchange.com; myNavyExchange.com; ShopCGX.com; Exchange mall vendors, Armed Forces Recreation Centers and commissaries qualify. For official rules, visit MyECP.com/CustomerAds/Page/Exchange.

The MILITARY STAR card is an exclusive line of credit for service members and their families to use at exchanges and commissaries, no matter where they serve. Benefits of the card include:

- Exclusive discounts and offers.
- Points earned on purchases, with a \$20 digital rewards card every 2,000 points.
- 10% discount on all first-day purchases for new cardholders.
- One low APR for all cardholders, regardless of credit score.
- No late, annual or over-limit fees
- Reduced-interest deployment plan with no payments required for eligible customers.

Eligible active-duty service members, dependents, retirees, Department of Defense civilians and retirees, and honorable discharged Veterans who have confirmed their eligibility to shop at ShopMyExchange.com can apply for a MILITARY STAR card. For more information, visit your local Exchange or MyECP.com.

**OCTOBER 8 & 9**

SATURDAY 8:00AM-4:00PM  
SUNDAY 10:00AM-3:00PM  
ND STATE FAIR GROUNDS

ADMISSION  
10 & UNDER FREE  
AGES 11+ \$2

VENDOR INFORMATION  
DAKOTAFLEAMARKETS@GMAIL.COM  
OR CALL 701.278.0866

GUCCI COACH Dior Ray-Ban OAKLEY FENDI kate spade NEW YORK

DR. JASON L. BRADLEY, D.D.

207 SOUTH MAIN STREET  
DOWNTOWN MINOT

**701.852.5626**

ONE HOUR LAB SERVICE

LOCALLY OWNED SERVING MINOT SINCE 1976 | NEWEST STYLES HOTTEST TRENDS BEST SELECTION

CENTURYEYEWEAR.COM

**THE DAKOTA'S AR AUTHORITY**

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)  
Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook

# Sip and Sample

October 14th • 5:30pm - 7:30pm

Begins and ends at Rockers Bar and Grill

Stroll our 5 FSS facilities while sipping brews, wines, non-alcohol drinks, and enjoying small snacks at each stop!

Prize Drawing: 7:45pm

Live Music: 8:00pm

**Sponsored by:**

SOURIS RIVER BREWING | Genuine WIRE The Home Key Group | SPOT | Moselli's Distributing

No Federal Endorsement of Sponsors Intended

**TICKETS!**

Scan or visit our website!



**5THFORCESUPPORT.COM**

# From 'Folly' to Fortune: Huntsville Center supports missile defense in remote Alaska

KRISTEN BERGESON, U.S. ARMY ENGINEERING AND SUPPORT CENTER, HUNTSVILLE

HUNTSVILLE, Ala. – What was once considered the foolish, costly act of a land-hungry politician is now considered to be one of the most profitable and strategic moves in U.S. history.

The U.S. purchase of Alaska from Russia in 1867, a transaction negotiated by then Secretary of State William Seward, was initially ridiculed in the press as “Seward’s folly” because the arctic region was thought by many to be unusable and uninhabitable.

Fast forward more than 150 years to the present, and Alaska is not only one of the richest states in the nation but also a key part of America’s missile defense program.

Precisely because of its remote location and proximity to nearly all potential adversaries – Russia is just across the Bering Strait, while China, North Korea and Iran are all much closer to Alaska than any other point in the continental U.S. – military efforts in the region have expanded rapidly over the last ten years.

The Missile Defense Agency recently unveiled the new Long-Range Discrimination Radar at Clear Space Force Station, Alaska, and is currently working in collaboration with the U.S. Army Corps of Engineers Alaska District to construct a missile field housing 20 anti-ballistic interceptor missiles and expand an existing field to house two additional interceptor missiles at Fort Greely, Alaska.

The engineering experts at the Ballistic Missile Defense Mandatory Center of Expertise at the U.S. Army Engineering and Support Center, Huntsville, have provided critical technical support on both of these projects, said Bret Styers, senior program manager for the BMD-MCX.

“These are very complex projects requiring a tremendous amount of problem-solving and technical oversight,” he said. “Huntsville Center has the experience and expertise to handle these types of challenges.”

In August, Styers and other members of the project delivery team, including representatives from USACE Alaska District and MDA, led Col. Sebastien P. Joly, Huntsville Center commander, on a tour of these project sites to explain the challenges and share the lessons learned.

In addition to the remoteness, which can be a “logistical nightmare,” Styers explained,

the project delivery team has to contend with a limited construction season. In Alaska, the typical construction season is June through September as the winter temperatures and precipitation are generally too extreme to ensure safety and quality work.

Even summer can present weather-related challenges in the Alaskan interior where Fort Greely and Clear Space Force Station are located. Fort Greely is just 120 miles from the Arctic Circle, making it one of the coldest places in the United States. While average temperatures in the summer months can rise to 70, the winds, which seem to come and go without warning, add another level of difficulty in vertical construction.

In July of this year, a random wind storm blew through Fort Greely, disrupting construction and damaging equipment, said Stephen Augustin, quality assurance representative for USACE Alaska District.

“The temperatures were great, but the wind was moving through at 80 miles per hour,” he said. “It picked up a tent that was tied down and secured with concrete and threw it 120 feet.”

These kinds of weather disruptions make it difficult to meet deadlines, making it even more important to have experts on the team who know how to plan for and work around these challenges.

“When it comes to missile defense, there are very aggressive timelines driven by real-world threats,” said Styers. “That pressure can make it difficult for a district to execute a project for the Missile Defense Agency, but it’s where we can be helpful.”

USACE Alaska District is the executing district for all of the MDA construction at Clear SFS and Fort Greely, aside from the actual radar and missile system. This includes the structures surrounding these vital components, the mechanical electrical buildings, power plants, communication centers and more. Each of these facilities has had unique requirements, and Huntsville Center has assisted the Alaska District with ensuring those requirements are met.

“This is a high seismic area with lots of earthquakes, so all of the facilities had to be designed with that in mind,” said Styers. “And of course, when you have

a building that houses a missile, you have to consider accidental explosions and design with those blast loads in mind.”

Another structural challenge was the need for High-Altitude Electromagnetic Pulse (HEMP) shielding. HEMP, caused by a nuclear detonation in or above the earth’s atmosphere, can induce extremely high voltages and currents into electrical and electronic systems, destroying most unprotected power systems. Because these missile defense systems are especially important in the case of a nuclear event, technical engineers incorporated various forms of HEMP shielding in the design of nearly all surrounding structures.

Joly, who previously served as post engineer and later company commander of the C/84th Engineer Battalion at Fort Richardson outside Anchorage, Alaska, said his August visit and communication with the experts on the ground provided insight that will be helpful in the near future as Huntsville Center leverages this experience to better support the U.S. Air Force’s new Ground Based Strategic Deterrent, or LGM35A Sentinel, program.

“Huntsville Center not only provided expertise that aided in the success of these projects in Alaska, but we also gained additional expertise and experience because of this work,” said Joly. “The lessons learned will be invaluable to future support of missile-defense projects.”

The Air Force’s newest weapons system, a fully integrated launch, flight and infrastructure system with modern command and control features, will eventually replace the current ICBM fleet of Minuteman III missiles, which was developed in the 1970s. The system will be housed at existing missile bases: F.E. Warren Air Force Base, Wyoming; Malmstrom AFB, Montana; and Minot AFB, North Dakota.

“These locations aren’t as challenging as Alaska, but they still present some difficulties related to climates, and we will be dealing with issues that we now have extensive experience with – blast design, HEMP shielding, very aggressive schedules,” said Styers. “Huntsville Center has been providing innovative engineering solutions to these problems in Alaska, and we will continue to do so no matter where the mission takes us.”

## Local Cravings Restaurant Guide

|                                                                                                                                    |                                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>Applebee's Grill &amp; Bar</b><br>2302 15th St SW, Minot, ND 58701<br>Phone: 701.839.2130<br>www.applebees.com                  | <b>Bone's BBQ Smokehouse &amp; Grill</b><br>1412 2nd Ave SW, Minot, ND 58701<br>Phone: 701.838.9140<br>www.bonesbbqminot.com       |
| <b>Badlands Restaurant &amp; Bar</b><br>1400 31st Ave SW, Minot, ND 58701<br>Phone: 701.852.7335<br>www.blgrill.com                | <b>28 Tastes &amp; Taps</b><br>1603 35th Ave SW Minot, ND 58701<br>Phone: 701.838.2828<br>www.facebook.com/28tastes                |
| <b>Mi Mexico</b><br>3816 South Broadway Minot, ND 58701<br>Phone: 701.858.0777<br>Phone: 701.858.0777<br>www.mimexicomintd.com     | <b>Jamaican Vybz Kitchen</b><br>Suite 200 315 Main Street S Minot<br>Phone: 701.441.9309<br>www.facebook.com/Jamaican Vybz Kitchen |
| <b>Culver's Restaurant</b><br>3000 S Broadway, Minot, ND 58701<br>Phone: 701.852.4800<br>www.culvers.com                           | <b>Prairie Sky Breads</b><br>3 1st St. SE, Minot, ND 58701<br>Phone: 701.858.0612<br>www.prairieskybreads.com                      |
| <b>Ironhorse Kitchen + Bar</b><br>21 E Central Avenue, Minot, ND 58701<br>Phone: 701.852.8183<br>FB: Ironhorse Kitchen + Bar Minot | <b>The Starving Rooster</b><br>30 1st St. NE, Minot, ND 58703<br>Phone: 701.838.3030<br>www.starvingrooster.com                    |
| <b>Primo Restaurant</b><br>1505 N Broadway, Minot, ND 58703<br>Phone: 701.838.7746<br>www.primominot.com                           | <b>Souris River Brewing</b><br>32 3rd St NE Minot, ND,<br>Phone: 701.837.1884<br>www.sourisriverbrewing.com                        |
| <b>Whiskey Nine</b><br>109 Central Ave, Minot, ND 58701<br>Phone: 701.837.1090<br>www.whiskeyninennd.com                           | <b>Pink's Bar &amp; Grill</b><br>102 128th Ave NW Minot, ND 58703<br>Phone: 701.852.2385<br>www.facebook.com/PinksBarGrill         |

## We Specialize in All Things Glass...

Get \$25 off a service of \$275 or more

Limited time offer. One per customer. Cannot be combined with other offers. Valid at participating locations.

GLASS DOCTOR a neighborly company

Shower Enclosures • Table-top Glass/Curio Cabinet Glass  
Automotive Glass Repair and Replacement • Mirrors

GLASS DOCTOR a neighborly company

701.852.3741 • GlassDoctor.com/Minot  
1122 S. Broadway Minot, ND 58701

Locally Owned and Operated Franchise

# SHADOW WARRIOR SPOTLIGHT



A1C  
**JEREMY CAMPLIN**

MISSILE SECURITY OPERATOR  
ALPHA FLIGHT



**HOBBIES/INTEREST:**

Guitar, drives, listening to music and camping.

**WHAT DOES BEING A SHADOW WARRIOR MEAN TO ME?**

No matter where I am, I will always have someone to help me in my time of need.

**WHY DID YOU JOIN?**

I wanted to be a part of something bigger than myself.



**NODAK ARMS**

# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

**Fishing:**

Lake Sakakawea elevation, Sept. 26: 1,834.09 feet above mean sea level (MSL); 14,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.67 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.68 MSL.

•N.D. Game & Fish Dept. game wardens: Not much Missouri River System activity.

•Devils Lake, Ed's Bait Shop, Devils Lake: Water temperatures decreasing on Devils Lake. Continued fair success trolling with bottom bouncers for walleye. Also try crankbaits. Try Move around to locate perch.

•Devils Lake, Woodland Resort, Devils Lake: OK walleye success continues with anglers transitioning to jigging around rock piles and bridges. Fewer anglers on the water.

•Lake Darling, Karma C-Store, Ruthville: Continued fair for small walleye on Lake Darling and Grano with occasional bigger fish mixed in.

•Lake Metigoshe, Four Seasons, Bottineau: Fewer anglers on the water with some walleye success. Bluegill slowed.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Limited activity on the east end of Lake Sakakawea but those anglers going out continue finding some walleye success. Salmon moving into shallower water with the spawn getting underway.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Sakakawea still has some deep water walleye activity on the east end but fewer anglers on the water. Try Lindy rigs and bottom bouncers. Try morning hours for salmon. Work 30 to 40 feet on Lake Audubon for walleye, as well. Continued good smallmouth success.

•Lake Sakakawea, Indian Hills Resort, Garrison: Bait shop closed for the season.

•Lake Sakakawea, New Town: Continue working deep water for an occasional walleye. Not many

•Hunters reminded to put identification on tree stands and blinds when set up on N.D. Game & Fish Dept. WMAs.

•Waterfowl hunters reminded to follow ANS regulations when hunting from boats.

•Applications such as Onyx now have updated electronic posting information for the 2022 hunting season.

•Sept. 30: Upper Souris Nat'l. Wildlife Refuge closes to boat activity on Lake Darling and Souris River.

•Oct. 1: Nonresident waterfowl season opens.

•Oct. 1: MonDak Pheasants Forever banquet, Raymond Family Community Center, Williston, 3 p.m.

•Oct. 1 & 2: Youth pheasant season.

•Oct. 7: Elk season opens for lottery license holders in units E1, E2, E6, and E1W.

•Oct. 7: Moose season opens for lottery license holders in units M5, M6, M8, M9, M10, and M11.

•Oct. 8: Pheasant and fall turkey seasons open.

•Oct. 13: Devils Lake Ducks Unlimited banquet, KC Club, 5:30 p.m.

•Oct. 15: Mountrail Co. Nat'l. Wild Turkey Federation banquet, Parshall City Hall, 5:30 p.m.

•Oct. 15: Audubon Nat'l. Wildlife Refuge Fall Festival in celebration of Nat'l. Wildlife Refuge Week. Hosted by Refuge Friends organization.

### TOURNAMENTS:

•Sept. 30 & Oct. 1: Lake Sakakawea, Lewis & Clark State Park.

anglers out.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow for walleye and salmon but good catfish success continues from both boat and shore using a variety of presentations. Work 50 feet and deeper along the east end of Lake Sakakawea for walleye using jigging Raps or slow death hooks. Move around working points. Salmon moving shallow with a bite from the top down to deep water. Try a variety of presentations. Lake Audubon improving for walleye success but limited angler numbers.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea muddied up somewhat with better walleye success still between Hofflund Island and Lewis & Clark State Park. Try crankbaits with a little success yet with jigs and minnows or spinners. Missouri and Yellowstone rivers remain fair.

•North-central/central N.D.

lakes, Towner Hdwe. Hank, Towner: Little activity throughout area lakes and the Souris River.

**Hunting:**

•Doves: Birds bunching up with increasing numbers moving out.

•Upland: Fair ruffed grouse numbers in the Turtle Mountains woods.

•Waterfowl: Fair numbers around the east end of the Missouri River System but not many wetlands surrounding the midsection of Lake Sakakawea with limited waterfowl numbers. Northwest and north-central N.D. have fair to good local duck numbers. Wetland conditions remain fair in north-central N.D., as well. A slight movement of northern birds, including scattered snow geese, into the northern tier of the state. Central N.D. has nice duck numbers with generally fair opening weekend success. Good local duck numbers in the northeast.

**Numbers to know:**

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

**THIS SPECIAL FEATURE IS SPONSORED BY:**



**THE DAKOTA'S AR AUTHORITY**

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)

Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook

**GOT A DIRTY CAR?**

**MAGIC CITY CARWASH**

**10% MILITARY DISCOUNT**

619 NORTH BROADWAY  
HOURS: 8 AM TO 9 PM DAILY

**Culver's**  
Welcome to delicious.

**10% DISCOUNT FOR ALL MILITARY PERSONNEL**  
(with valid ID and cannot combine with other offers/discounts)

**CULVER'S OF MINOT**  
3000 S Broadway Minot, ND 58701  
701-852-4800

**NODAK ARMS**

**THE DAKOTA'S AR AUTHORITY**  
Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online [www.NodakArms.com](http://www.NodakArms.com)  
Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook



# Upcoming Events

**3 OCT** **MONDAYS ARE FOR MURDER**  
 6:30 PM - 8:30 PM  
 Minot Public Library  
 516 2nd Ave SW, Minot

Join us on the first Monday of the month for the spookiest murder mystery party in town! There's been a murder at the Halloween Haunted House Tour! It's your job to find out who's the murderer. The suspects have all been gathered together, including you! To register for this month's murder mystery night call or stop by today! Ages 18+. Registration required.



For more information:  
 Facebook / Minot Public Library

**5 OCT** **NERF BATTLE**  
 11:00 AM - 2:00 PM  
 Minot Municipal Auditorium  
 420 3rd Ave SW, Minot

October 5, 2022 | November 16, 2022 | February 20, 2023  
 Start times:  
 2:30pm: Prairie Grit  
 3:30pm: Kindergarten - Second Grade  
 4:30pm: Third Grade - Fifth Grade  
 Pre-Registration only. You cannot register on the day of the event.  
 Please note: a parent or guardian must be present to sign a waiver for participation in the Nerf event.  
 To view the full list of rules and to register visit [minotparks.com/events/nerf/](http://minotparks.com/events/nerf/)



For more information:  
[www.MinotParks.com](http://www.MinotParks.com)

**7 OCT** **MINOT VET CENTER COMMUNITY BLOOD DRIVE**  
 10:00 AM - 2:00 PM  
 Southside Plaza  
 300 S. Broadway, Minot ND 58701

Parking Lot in the Vitalant Bus  
 Please make time to donate blood at the up coming community Blood Drive. 80% of all North Dakota Residents will require a blood donation at some point in there life. Only 2-3% of Residents will take the time to donate. Be part of the elite group with your blood donation.  
 Call 701-852-0177 to schedule!



For more information:  
 Facebook / Minot State University Veterans Center

**8 OCT** **GRANVILLE JUNKAHOLICS JUNKIN IN THE DIRT**  
 9:00 AM - 4:00 PM  
 North Dakota State Fair Center  
 2005 Burdick Expressway, Minot

Join us Saturday, October 8th for a fun filled day of shopping for vintage, rustic, repurposed, raw, rough, and unique junk. Junkin' in the Dirt is the place to find something new, something old, or something old but new to you. There will also be the Vendor Market for home goods, handmade, sweet treats, home based businesses, adult and children clothing boutiques and pop up shops. \$5 Admission. Concessions available. For information on being a Junk or Market vendor, email [granvillejunkaholic@gmail.com](mailto:granvillejunkaholic@gmail.com), call Wanda @ 701- 721-9957 or Kolette @ 701-818-7915 or private message the Granville JunkAholics on Facebook.



For more information:  
 Facebook / Granville JunkAholics

## On Base



For more information visit: [www.5thforcesupport.com](http://www.5thforcesupport.com)

**HALF PRICE BOTTLES OF WINE**

MONDAY NIGHTS

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



# Hospice Symposium Open to Public

TRINITY HEALTH

Trinity Health will host a free symposium on hospice care October 6 from 5 to 8 p.m. at the Sleep Inn & Suites.

The symposium is open to community members and healthcare professionals or anyone interested in hospice care. Presentations by national and local health experts will be featured, along with a complementary meal.

Kurt Kazanowski, a hospice consultant, speaker and author, will present "Giving the Gift of Hospice," a talk focusing on the value of hospice care based on his work as a hospice professional and the experience caring for his own parents as they aged and died.

Jeffrey Verhey, MD, medical director of Trinity's hospice program, will introduce the

hospice team and discuss the importance of talking to loved ones early about end-of-life care.

Other topics include advanced care planning documents and how to implement them, societal issues surrounding death and dying, and misconceptions about hospice. The event will conclude with a panel discussion with several family members who have utilized hospice services.

The event is sponsored by Trinity Health and Trinity Health Foundation with support from the Willie and Ruth Bodien Endowment. Registration is required by logging on to [foundation.trinityhealth.org](http://foundation.trinityhealth.org). For more information, call Trinity's Community Education Department at 701-857-5099.

# Trinity Health Offers Flu Shots for Adults & Children

TRINITY HEALTH

Trinity Health is providing opportunities for adults and children to receive a seasonal flu shot, including two Saturday clinics for children under 18 years of age.

Pediatric flu shot clinics will be held October 15 and November 12 at Trinity Health Medical Arts, with appointments available at 701-857-5413. COVID-19 pediatric vaccine may be administered upon request. Families are also welcome to schedule an appointment with their regular pediatrician or primary care provider to get their children vaccinated.

For adults, influenza vaccines are available by appointment by calling Trinity Health's vaccination line at 701-857-2515. In addition, patients may contact their primary care provider for a vaccination appointment. Flu vaccines are also available throughout Trinity's system of rural health clinics.

The Centers for Disease Control and Prevention recommends that everyone six months of age and older get a flu shot as the most important step to protect oneself against the flu.

20% Military Discount

# Primo RESTAURANT

1505 N Broadway, Minot, ND 58703 (701) 838-7746

**Closed Mondays**  
 Tuesday - Saturday  
 7:00 am - 1:00 pm

Thursday - Saturday  
 5:00 pm - 9:00 pm

Sunday  
 7:00 am - 1:00 pm



MINOT AIR FORCE BASE

# Finest



**K9 DENY**  
 K9 Deny has spent the last 2 1/2 years with Senior Airmen Ryan Gutshall. Deny has retired from the Air Force and will now live a life of a civilian at home with now owner Ryan Gutshall. The the will soon be moving to Texas.

**MINOT'S Finest COLLISION CENTER**

Proudly Serving MAFB for over 30 years!

[www.minotsfinest.com](http://www.minotsfinest.com) 701.839.0989  
 524 31st Avenue SW • Minot, ND



# 2022-2023 MPS CALENDAR

| October 2022 |    |    |    |    |    |    | 19 days |
|--------------|----|----|----|----|----|----|---------|
| S            | M  | T  | W  | T  | F  | S  |         |
| 2            | 3  | 4  | 5  | 6  | 7  | 8  |         |
| 9            | 10 | 11 | 12 | 13 | 14 | 15 |         |
| 16           | 17 | 18 | 19 | 20 | 21 | 22 |         |
| 23           | 24 | 25 | 26 | 27 | 28 | 29 |         |
| 30           | 31 |    |    |    |    |    |         |

| November 2022 |    |    |    |    |    |    | 19 days |
|---------------|----|----|----|----|----|----|---------|
| S             | M  | T  | W  | T  | F  | S  |         |
|               |    | 1  | 2  | 3  | 4  | 5  |         |
| 6             | 7  | 8  | 9  | 10 | 11 | 12 |         |
| 13            | 14 | 15 | 16 | 17 | 18 | 19 |         |
| 20            | 21 | 22 | 23 | 24 | 25 | 26 |         |
| 27            | 28 | 29 | 30 |    |    |    |         |

### October 20 & 21

Administrator Convention Days - No School

### November 11

Veteran's Day - No School

### November 24

Thanksgiving - No School

### November 25

Vacation - No School



- Vacation Days - not contracted day
- PD Days - contracted day
- Holidays
- Early Release Days - 1:15pm
- Parent/Teacher Comp Days
- \* Weather Make-up Day

# MAFB Winter Bussing with Yellowfin Bus Transportation



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-11  
CHILD AND YOUTH EDUCATION SERVICES



On-base winter bussing to Dakota Elementary, North Plains Elementary, and Memorial Middle School begins on November 7th, 2022. For on-base residents and/or families who utilize the Youth Center, the School Liaison Office is excited for Yellowfin Bus Transportation to provide this incredible service!

If you are interested in this service, please complete the Yellowfin Bus Form at <https://5thforcesupport.com/school-liaison/#links> and send to [Yellowfin.Minot@bragglines.com](mailto:Yellowfin.Minot@bragglines.com) by email.

With this bussing service being provided by Yellowfin Bus Transportation, safety is paramount. Over the next four weeks, I will highlight a section of the bus safety regulations and expectations.

The following includes Section 2 of the School Bus Safety Regulations and Expectations for SY 2022-2023.

On the bus students shall:

- Follow all school rules and expectations while on the bus.

- Show respect for self, other people, and property, including the bus and the bus driver.

- Remain seated with feet on the floor while the bus is in motion.

- Ask permission to adjust windows.

- Keep all body parts and all objects inside the bus.

- Not bring gum or food or drink aboard the bus

- Not bring animals, except service animals, on the bus.

- Not bring weapons of any type aboard the bus.

- Not bring or consume tobacco products, alcohol products or illegal drugs aboard the bus.

- Carry only backpacks, books, school supplies and coats on the bus. All other items must be approved by the driver before bringing them on the bus. The bus aisle must be kept clear.

If there are any questions, please contact Yellowfin Bus Transportation at Yellowfin.Minot@bragglines.com the School Liaison at [mafb.school.liaison@us.af.mil](mailto:mafb.school.liaison@us.af.mil). We are looking forward to the Winter Bussing Season!



# VOLUNTEER OPPORTUNITIES

### Belle's Sake Rescue 'Small Town Terror' Volunteers

For Belle's Sake Rescue is in search of volunteers to help with our annual Small Town Terror Haunted House and Forest. Last year, the haunted house raised over \$70K for surrounding non-profits and it is a FUN time!

We need volunteers to make it bigger and better as is our goal every year! And the kicker, For Belle's Sake is going to donate half of the proceeds for each volunteer that signs up from their squadron to the booster club for their holiday party!

Starting this Saturday and Sunday and every weekend until opening night, we need all hands on deck for set-up! Just show up and we will provide the tools needed to make it happen! Start time is 10 am every weekend day until haunting begins. Location is Sawyer ND City Hall on main street. Small town, you can't get lost. You can come whenever works for you and for every hour of time worked, your organization gets that cut of the proceeds. What this means is that the more volunteers = more MONEY your organization takes home!! This has the potential to make your unit's Holiday Party the best EVER SEEN!

THEN, we need 20-40 haunters each night during season. We provide food, beverages, and costumes unless you have your own, and you provide the fear! It is a TON of FUN! Opening dates and times needed are Oct 14-15, 21-22, 28-30 from 1800-2300 and 1800-midnight on Hallow's Eve.

POC: SHELBY A. BIRD, TSgt, USAF, NCOIC, Readiness  
5th Communications Squadron  
DSN: (312) 453-4633 • Comm: (701) 723-4633

### Minot Fireworks Association Volunteers

**(This Weekend!!!)**

The Minot Fireworks Association needs your help this weekend! We need of volunteers to help direct traffic Wednesday Sept 28 - Saturday October 1. We have 2 shifts we are trying to fill for each day, a morning AM shift and an afternoon/evening PM shift. [10:30 AM - 3:30 PM] & [3:00 PM - 8 PM on Wed] [8 AM - 2:30 PM] & [2:00 PM - 8:30 PM on Thurs, Fri, & Sat]

POC: Adam Dyess  
701-340-3076, [minotfireworks@gmail.com](mailto:minotfireworks@gmail.com)

### Hispanic Heritage Month 5K Fun Run Volunteers

(October 7 @ 0700)

In honor of Hispanic Heritage Month (15 September- 15 October), you're all bienvenidos (welcome) to join a 5K Fun Run at the McAdoo Fitness Center on October 7th at 0700 hrs.

Volunteer positions and sign-up link:

- Check-in/Finish-line Team (6 slots available)
- Motivator Team (6 slots available)
- Road Guards (8 slots available)

<https://www.signupgenius.com/go/10c0f4fa5a82caafbc43-5kvolunteers>

POC: Maria E. Snyder, TSgt, USAF, Arming Use of Force Monitor  
5th Security Forces Squadron  
701-723-2664, DSN: 453-2664

### Dragon Booster Club Holiday Party Planning/Volunteers

The Dragon Booster Club is looking for volunteers to help plan our upcoming Holiday Party. We intend to make this year's celebration the biggest and best yet! If you're interested, please show up with your ideas.

POC: DEVIN S. WIGLEY, TSgt, USAF,  
NCOIC, ICBM Feeding Operations  
5 FSS/FSVFM  
DSN: 453-3118 Comm: 701-723-3118

### Minot Minotauros Game Volunteers

- o Arrive at the Pepsi Rink at 6:00 pm on Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)
- o There are two outlining games:

- o Sunday, October 9th, Puck Drop is at 6:05. We're asking volunteers to be here by as close to 4:30 pm as possible.

- o Thursday, January 5th, Puck Drop is 7:05. We're asking volunteers to be here by as close to 5:30 pm as possible.

- o Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in. For FULL volunteer expectations and requirements, please reach out.

POC: V. Conner, Digital Content Manager, Minot Minotauros Hockey Club  
Cell: 302.682.1575, Office: 701.852.0101  
<https://www.minotauroshockey.com/adbroadchure>

### Ice Cream Booth Volunteers - Norsk Hostfest

**(This Weekend!!!)**

The Norsk Hostfest (located at the North Dakota State Fairgrounds) runs Sept. 28-Oct. 1 this year. Workers are needed Wednesday through Saturday in the ice cream booths. Proceeds from the booths' sales greatly benefit the Western Plains Opera and Children's Chorus. The shifts in the ice cream booths run four hours. Shifts are set up as 9 a.m.-1 p.m., 1-5 p.m., and 5-9 p.m., but they will accept any four hours you are able to work, 10 a.m.-2 p.m. or 11 a.m.-3 p.m. or whatever works out for the volunteer. They have three booths to staff, and they would like to have at least 4 people at each one. They need many workers with the majority coming from base personnel. All volunteers get a day pass to the Hostfest. Please enjoy the festival before or after your shift. There's a lot to see and do and eat at the Hostfest! If you want any more details, please email Mr. Eric Furuseth anytime. Please confirm the date and time you will be working by email.

POC: Eric Furuseth  
[eric.furuseth@ndus.edu](mailto:eric.furuseth@ndus.edu) or [eric.furuseth@minotstateu.edu](mailto:eric.furuseth@minotstateu.edu)

### Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support.

POC: Shelby Stuckey, Volunteer Coordinator • (888) 223-4287  
[shelby.stuckey@caringedge.com](mailto:shelby.stuckey@caringedge.com)

### National Disability Employment Awareness Month Planning Committee Lead

(October)

Need individual to lead an awareness campaign educating about disability employment issues and celebrating the many and varied contributions of America's workers with disabilities through the month of October.

POC: TSgt Christine Cherry/SMSgt Yucari Brown  
[christine.cherry@us.af.mil](mailto:christine.cherry@us.af.mil)/[yucari.brown@us.af.mil](mailto:yucari.brown@us.af.mil)

### To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)

[5fss.family.support@us.af.mil](mailto:5fss.family.support@us.af.mil)

**MIMEXICO**  
AUTHENTIC MEXICAN FOOD

**3816 SOUTH BROADWAY  
MINOT, ND  
701-858-0777**

**CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!**

**MON-THUR 11 AM TO 10 PM  
FRI-SAT 11 AM TO 10:30 PM  
SUN 11 AM TO 9 PM**

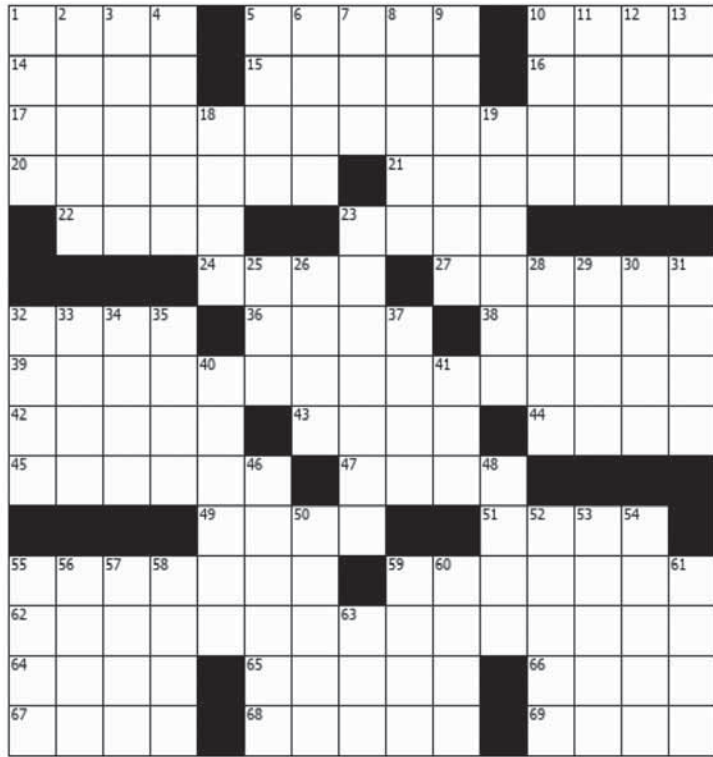
**WWW.MIMEXICOMINOTND.COM**



# CROSSWORD PUZZLE

**Across**

- 1. Food that folds
- 5. Shoulder warmer
- 10. Crunches target
- 14. Olfactory stimulus
- 15. King of Judea
- 16. Neighbor of Sparks
- 17. Dangerous game of chance
- 20. Marzipan ingredients
- 21. Satchmo, e.g.?
- 22. Chinese secret society
- 23. Pour
- 24. Italian island
- 27. More abstruse
- 32. Reaction to bad news
- 36. Tombstone luminary
- 38. Schedule
- 39. Unbalancing game
- 42. Black Panther name
- 43. One-dimensional figure
- 44. Despairing utterance
- 45. Word with ready or shy
- 47. James of the blues
- 49. Andy's partner in old radio
- 51. Gamble badly
- 55. Entrepreneur's venture
- 59. Bridge support



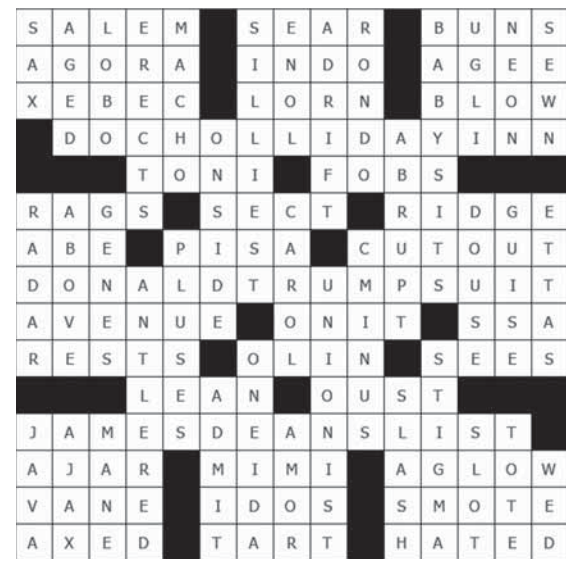
**Down**

- 1. Synagogue scroll
- 2. Majority member?
- 3. Kramer or Topper
- 4. First name among Hollywood directors
- 5. Herring's kin
- 6. Adding column
- 7. Bobby of the Bruins
- 8. Relaxed
- 9. Drew out
- 10. Fingerboard feature
- 11. Native of Riga
- 12. It's often upped
- 13. Great Trekker
- 18. Pulitzer playwright William
- 19. Most unconvincing
- 23. Dillydallies
- 25. "The Ipcress File" author Deighton
- 26. Cry one's eyes out
- 28. First lady of song
- 29. Painter's container
- 30. 11,053-foot spouter
- 31. Partner of rules, briefly
- 32. Catchall abbr.
- 33. Fit to fight
- 34. Rodin piece
- 35. Aswan's site
- 37. Confined
- 40. Make bubbly, in a way
- 41. Tennis third
- 46. Plays the wag well

- 48. Fish sauce
- 50. "Tommy," e.g.
- 52. Savior Schindler
- 53. Grave maker
- 54. Astro's playmate
- 55. Old English bard
- 56. Ten Commandments word
- 57. "\_\_\_ Misbehavin'"
- 58. Messenger and transfer
- 59. In that case
- 60. Fashion freshly
- 61. Where the sun rises in Spain
- 63. Exclaim

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



# SUDOKU

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 1 |   |   | 2 |   | 3 |   | 4 |
|   |   | 5 |   |   | 3 |   | 1 |
|   | 6 |   | 7 |   | 8 |   | 9 |
|   |   | 3 |   | 5 | 1 |   | 7 |
|   | 8 |   |   |   |   | 2 |   |
| 9 |   |   | 3 | 2 |   | 6 |   |
| 2 |   | 1 |   |   | 8 |   | 3 |
| 7 |   |   | 9 |   | 5 |   |   |
| 4 |   | 8 |   |   | 6 |   | 2 |

Solution to puzzle on page C11



**HOURS:**  
 MONDAY - THURSDAY  
 11AM - 12AM  
 FRIDAY & SATURDAY:  
 11AM - 1AM

21 E CENTRAL AVENUE  
 DOWNTOWN MINOT

701.852.8183



## STARTS FRIDAY AT OAK PARK THEATER

FOR SHOWTIMES  
VISIT [WWW.OAKPARKTHEATER.NET](http://WWW.OAKPARKTHEATER.NET)

- **THOR: LOVE & THUNDER**  
(2022) Action, Adventure, Comedy (PG-13)
- **NOPE**  
(2022) Horror, Mystery, SciFi (R)
- **DC LEAGUE OF SUPER-PETS**  
(2022) Animation, Action, Adventure (PG)

**RENT THE THEATER FOR EVENTS!**  
CHECK OUR WEBSITE FOR MORE INFO

**1500 4TH AVE NW, MINOT, ND**



# CHURCH DIRECTORY

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Chapel Services at MAFB</b></p> <p><i>North Plains Chapel in Base Housing</i></p> <p>Protestant Liturgical Service<br/><b>Christ Chapel</b><br/>0900</p> <p>Protestant<br/><b>Sunday Community Service</b><br/>1030<br/>(Holy Communion 1st Sunday)<br/>Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i><br/><b>Open Circle</b><br/>1000 on the 1st and 3rd<br/>Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p><b>Catholic Mass</b><br/>Sunday ..... 1000<br/>Daily ..... Monday-Thursday at 1200</p>                                                                                          | <p><b>St. Peter The Aleut Eastern Orthodox Church</b></p> <p> <b>109 6th St. SE Minot • 838-3094</b></p> <p><b>Saturday, Oct 1</b><br/>Vespers, 5PM</p> <p><b>Sunday, Oct 2</b><br/>Divine Liturgy, 10AM</p> <p><b>V. Rev. Fr. Paul Hodge</b></p>                                | <p><br/><b>Break Forth BIBLE CHURCH</b></p> <p>Wednesdays 7:00pm<br/>and Sundays 10:30am</p> <p><b>1821 W Burdick Expressway</b><br/>For More Information:<br/>701.353.9337   <a href="http://www.bfbc.tv">www.bfbc.tv</a></p>                                                                                                                                                                                                                                          | <p><br/><b>An Evangelical Free Church</b><br/>3500 4th St. SW • 839-5127<br/>(Just North of Super Wal-Mart)</p> <p>Sunday School &amp; Fellowship ..... 9:00 a.m.<br/>Worship ..... 10:30 a.m.</p> <p><a href="http://www.trinitychurchminot.org">www.trinitychurchminot.org</a></p>                                                                                                                                                                                                                                                                                                               | <p><br/>Worship Service at 10:45am Sundays<br/>Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot 838-0916</b><br/><a href="http://MinotBibleFellowship.org">MinotBibleFellowship.org</a></p>                                                                                                                                                                                                                                                                                       |
| <p><b>Immanuel Baptist Church</b></p> <p>1615 2nd St. SE • <a href="http://www.ibcminot.org">www.ibcminot.org</a><br/>701-839-3694</p> <p></p> <p><b>SUNDAYS:</b> 9:00 AM FELLOWSHIP<br/>9:15 AM SUNDAY SCHOOL<br/>10:30 AM WORSHIP</p> <p><b>WEDNESDAYS:</b> 11:30 AM SOUP KITCHEN<br/>5:30 PM FAMILY SUPPER<br/>6:30 PM PRE-K/KIDS' CLUB / ABY &amp; ADULT BIBLE STUDY</p>                                                                                                                                                                                                                      | <p></p> <p><b>Christ Reformed Church</b></p> <p>Worship 11:00 a.m. Sunday<br/>234 14th Ave SE<br/><a href="http://www.christreformedchurchminot.com">www.christreformedchurchminot.com</a></p>                                                                                 | <p><b>St. John the Apostle Catholic Church</b></p> <p><br/>2600 West Central Ave • Minot, ND 58701<br/><b>839-7076</b><br/>Daily Mass Schedule:<br/>Tuesday ..... 5:15 p.m.<br/>Wednesday - Friday ..... 7:00 a.m.<br/>Saturday ..... 5:00 p.m.<br/>Sunday ..... 8:00 &amp; 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i><br/>Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>                                               | <p><br/><b>First Lutheran Church - ELCA</b><br/>120 5th Ave. NW<br/>852-4853</p> <p>Sunday Worship 9:30 am</p> <p><a href="http://www.firstlutheran.tv">www.firstlutheran.tv</a><br/>(Live Stream &amp; Recorded)<br/>Radio Broadcast KRRZ 1390AM<br/>Sunday 9:30 am<br/><a href="http://www.flcminot.com">www.flcminot.com</a></p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>                                                                                                                                                                                                         | <p></p> <p><b>Gospel Tabernacle Community Church</b></p> <p>9999 27th St NE<br/>4 miles south of MAFB<br/>James W. Henderson<br/>Anna B. Henderson</p> <p>Church: 701-838-4492<br/>Home: 701-838-5759<br/>KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School ..... 9:45 a.m.<br/>Adult/Children Worship.. 11 a.m.<br/>Family Hour ..... 6:30 p.m.<br/>Evening Worship ..... 7:30 p.m.<br/>Bible Study/Child-Adult<br/>Children Worship (Wed).... 7 p.m.<br/>Prayer (Friday) ..... 7 P.m.</p> |
| <p><br/><b>JOURNEY CHURCH</b><br/>ASSEMBLY OF GOD</p> <p><b>1805 2nd St. SE 838-1111</b></p> <p><b>Sunday Services</b><br/>9:00 AM &amp; 11:00 AM</p> <p><b>Wednesday</b><br/>6:30 PM</p>                                                                                                                                                                                                                                                                                                                                                                                                          | <p><b>Minot Baptist Church</b></p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m.<br/>Morning Worship .... 11:00 a.m.<br/>Evening Worship ..... 6:00 p.m.<br/>Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i><br/>500 46th Ave NE • 839-1351<br/>Pastor David Miller</p> | <p><br/><b>Cross Roads Baptist</b></p> <p><b>Southern Baptist Convention</b></p> <p>Sunday School (all ages) ..... 9:45 a.m.<br/>Sunday Worship ..... 11 a.m. &amp; 6:30 p.m.<br/>Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><a href="http://www.minotcrbc.org">www.minotcrbc.org</a><br/>email: <a href="mailto:minotcrbc@gmail.com">minotcrbc@gmail.com</a><br/><b>Dr. Bob Farmer- Pastor</b></p> <p>415 28th Ave SE (Behind Menards)<br/>838-1873</p> | <p><br/><b>West Minot Church of God</b><br/>Family Worship Center</p> <p><b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m.<br/>Sunday Worship ..... 10:30 a.m.<br/>Children's Church &amp; Nursery<br/>Wednesday Family Training Hour<br/>Meal..... 5:30p.m.<br/>Classes for All Ages ..... 6:30 p.m.<br/>Youth Center, Friday..... 7:00 - 11:00 p.m.<br/>ABC Child Care Center ..... 852-6352</p> <p><a href="http://westminot.com">westminot.com</a><br/><a href="https://facebook.com/westminot">facebook.com/westminot</a></p>                                         | <p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00 a space / per week</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <p><b>First Baptist Church</b></p> <p> 200 3rd St. SW • 852-4533<br/><a href="http://www.fbcminot.org">www.fbcminot.org</a></p> <p>Classic Worship Service ..... 8:30 a.m.<br/>Sunday School (All Ages) ..... 9:45 a.m.<br/>Contemporary Worship Service..... 9:50 a.m.<br/>Adult Sunday School ..... 11:00 a.m.<br/>Contemporary Worship Service..... 11:05 a.m.<br/>Children's Church ..... 11:05 a.m.<br/>Wed. AWANA (Sept. to May) ..... 6:30 p.m.<br/>Fridays, Celebrate Recovery ..... 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor<br/>Elaine Carlson, Children's Ministry Director</p> | <p><b>Apostolic Faith Church, UPCI</b></p> <p>2929 19th Ave NW • Minot<br/>Located off Hwy 83 Bypass West<br/>(701) 838-0609</p> <p>Saturday School ..... 2:00 p.m.<br/>Sunday Worship ..... 3:30 p.m.<br/>Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>                                                                            | <p><br/><b>Grace Baptist CHURCH OF MINOT</b></p> <p><b>Sunday Service: 4:00 p.m.</b><br/><b>Wed. Prayer: 5:30 p.m.</b><br/>at Living Word Lutheran bldg<br/>710 46th Ave NE, Minot</p> <p>Web: <a href="http://gracebaptistminot.com">gracebaptistminot.com</a><br/>E-mail: <a href="mailto:gbcminot@gmail.com">gbcminot@gmail.com</a></p> <p><b>RADIO BROADCAST</b><br/>KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun</p>                                                    | <p><br/><b>OSLC</b><br/>where faith &amp; life meet</p> <p><b>OUR SAVIOR LUTHERAN CHURCH</b><br/>3705 11th St. SW<br/>Minot, ND 58701<br/>701-852-6404<br/><a href="http://www.oslcmminot.com">www.oslcmminot.com</a><br/>Rev. Heath Trampe<br/>Rev. Brian Doel</p> <p><b>Sunday Worship</b><br/>8:15am Traditional Service<br/>9:30am Contemporary (w/livestream)<br/>9:30am Sunday School &amp; Adult Bible study<br/>11:00am Contemporary Service</p> <p><b>Wednesdays 6-7pm</b><br/>Adult Choir<br/>OSKids (age 4-5th gr.)<br/>Bible Class (6th gr.)<br/>High School Youth Group (6-8pm)</p> | <p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00 a space / per week</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                |

  
**OUR REDEEMER'S CHURCH**  
A Church of the Lutheran Brethren

**Sundays:**  
Worship..... 9:00 a.m. & 11:00 a.m.

**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
[www.ourredeemers.org](http://www.ourredeemers.org)

  
**ORCS KNIGHTS**



Our Redeemer's Christian School  
700 16th Avenue SE  
Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
[www.orcsknights.org](http://www.orcsknights.org)

**ORCS Preschool**

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

**NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR**

**HIGHLIGHTS OF OUR PROGRAM**

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.  
**701.839.0772**  
Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
Website: [www.orcsknights.org](http://www.orcsknights.org)

ADVERTISE YOUR

# Church

**Advertise FOR ONLY \$9 PER WEEK**

**Revisions MADE UPON NOTICE FROM THE CHURCH**

**Deadline TUESDAYS BY NOON WEEK OF PUBLICATION**

**CONTACT US**

call 701-839-0946

email [NSADS@SRT.COM](mailto:NSADS@SRT.COM)

VIEW OUR PAPER ONLINE AT [NORTHERNSENTRY.COM](http://NORTHERNSENTRY.COM)

# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## UPCOMING EVENT

**MINOT COIN CLUB SHOW**  
**SATURDAY, OCTOBER 1**  
 10 AM TO 6 PM  
**SUNDAY, OCTOBER 2**  
 10 AM TO 3 PM

### SLEEP INN & SUITES-MINOT

Over a dozen coin dealers from across the region ready to sell, buy, trade & appraise:

- Coins • Precious Metals
- Currency • Tokens
- Jewelry & more!

Daily Gold Coin Give Away  
 Free Gifts for Kids

Sept 30

## FLEA MARKET

**ANTIQUES, JUNK,  
 OLD & NEW**  
 DAKOTA FLEA MARKET

**NEXT MARKET DATES:**  
**OCTOBER 8 & 9**  
**NOVEMBER 12 & 13**  
**DECEMBER 3 & 4**

N.D. State Fair Grounds.  
 Admission: 10 & Under Free  
 Ages 11+ \$2. Vendor information  
 dakotafleamarkets@gmail.com or  
 call 701.278.0866

tfm

## REAL ESTATE

**REMODELED 3 BDRM RANCH  
 STYLE HOME IN SURREY** w/  
 attached garage, central air,  
 large yard, patio, basement.  
 Laminated flooring in kitchen,  
 dining area & living room. Carpeting  
 in bedrooms. Window coverings in  
 all rooms. Washer/dryer included.  
**NO SMOKING & NO PETS**  
 (701) 721-0355

Nov 4

Find **ALL** listed homes for sale  
 in Minot and the surrounding  
 areas at [www.brokers12.com](http://www.brokers12.com).

tfm

### 1986 16' X 80' MOBILE HOME LOCATED IN DEERING, ND

3 Bedroom- Decks on Front &  
 Back. Recently Winterized with  
 New Insulation. Some New  
 Windows. Located in Deering  
 Mobile Home Park. \$10,500.00  
 OBO. Text /Call (701) 728-6965

tfm



### FOR SALE- AWESOME 3 BEDROOM HOUSE ON MAIN ST IN DEERING - 18 miles to MAFB.

All electric. Radiant floor heat.  
 Galley kitchen w/solid maple  
 cabs, quartz countertops, tons  
 of storage. Full bath downstairs.  
 Upstairs master - 1 3/4 bath,  
 walk-in closet. Garage-19'X39'.  
 In McHenry county=much lower  
 property taxes. \$154,500 e-mail:  
 cheiflou@srt.com

Sept 30

## RENTALS

**AVAILABLE NOW!** Several apts  
 on North Hill available 4 rent. 2  
 Bdrm + 1 bath. \$655 to \$795.  
 Call Matt or Jerry at IPM. 852-  
 1157

tfm

**HOUSE FOR RENT - 30 PAVED  
 MILES FROM MAFB.** Choice of  
 4 School Districts. 2 Bedroom- 1  
 Bath. Double Garage. \$550.00  
 Call (701) 768-2692 or (701)  
 263-2093

tfm

**HOUSE FOR RENT - 3 Bedroom**  
 2 Bath, 2 Car Garage, Close to  
 MAFB. Call (701) 578-0009 or  
 (701) 833-3689

Sept 16

## PROFESSIONALS

### LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT

www.marykay.com/1clouse.  
 701-839-0475 or 701-721-  
 0475.

tfm

**AT-EASE DETAILING**, provides  
 professional full detail services,  
 including Ceramic coatings  
 and paint corrections. Cory is a  
 certified installer with System X,  
 a professional coating company,  
 and guarantees 100% satisfaction  
 with each job and has years of  
 experience as a detailer.

Nov 4

**YOGA TRAVELER** is a Yoga  
 Studio dedicated to Pain  
 Management Through Yoga. Tight  
 back? Sore hamstrings? Yoga  
 can ease your pain and bring  
 you greater mobility! Work with  
 a qualified yoga teacher to target  
 your specific pain. Appointments  
 in person or via Zoom. [https://  
 www.yogatraveler.online](https://www.yogatraveler.online)

Nov 18

## HELP WANTED

### LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate  
 people to provide support for  
 people with disabilities.  
 We have schedules to fit your needs.  
 We offer competitive wages and  
 excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:  
 605 27th St SE, Minot ND 58701  
 Or contact: Matt Mackey  
 By email or phone at  
[mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
 701-852-1014

### MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.

Part-Time Retail sales 25-35 hrs/  
 week occasional Sat. closed  
 Sun. Apply in person at Aeroport  
 Hobby Shoppe, 2112 N.  
 Broadway.

tfm

### THE NORTH DAKOTA NATIONAL GUARD

have openings available in a variety of  
 career fields across the state and  
 in Minot. Continue your military  
 career on a part-time basis. For  
 more information call 420-5903  
 or 420-5904 in Minot.

tfm

### IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial  
 positions cleaning buildings at  
 the Minot Air Force Base. Pay  
 is \$14.49/hour plus health  
 & welfare benefit. Hours  
 Days 8a or 9a-finish typically  
 Monday through Friday, may  
 include weekend work. Nights  
 5p-finish. Apply in person at:  
 605 27th St SE, Minot  
 ND 58701 or contact: Matt  
 Mackey By email or phone  
 at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
 701-852-1014.

tfm

### ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

#### BAGGERS WORK FOR TIPS ONLY

- ADULT HOURS  
 Tuesday-Friday 7am-4pm
- Later start times available but  
 must be able to stay until  
 4pm & Sunday 11am-6pm
- TEEN HOURS  
 Tuesdays-Friday 4pm-7pm &  
 Saturday 7am-6pm
- Morning start times  
 rotate & vary

PLEASE SPEAK TO CHARLIE  
 AT THE COMMISSARY IF  
 INTERESTED OR LEAVE  
 CONTACT INFORMATION  
 WITH CUSTOMER SERVICE.

## RUMMAGE SALE

A Little Bit Of Everything...  
 With A Lot Of Savings!

### 4R HOME THRIFT

2031 N Broadway

Furniture, Tools, Movies, Misc.  
 & Interesting Items  
 Monday - Saturday -  
 8:30 AM to 6 PM  
 Sunday - 12 PM to 5 PM

**15% Military Discount!**

[https://www.facebook.com/  
 4rhomethrift](https://www.facebook.com/4rhomethrift)

## WANTED TO BUY

### AUTO BENT UP OR JUNKED??

We'll buy!! Also Scrap iron!!

CALL 701.240.2147 OR 701.240.7453.

March 3

## AUTOMOTIVE

**\$\$\$ QUICK CASH \$\$\$** Paying cash now for any car or truck, running  
 or not. We also sell cars \$500-\$1500, give us a call. Edwardson Sales  
 839-9512 (Will haul junk cars or trucks away, no charge)

tfm

## KRAMER SUBARU SERVICE

700 Old Red Trail NW • Mandan, ND

888.856.2383



## JOHN'S



### AUTOBODY

Pays Up To  
**\$500**

Insurance Deductibles

We Guarantee All  
 Work & Color Match

4121 S. Broadway  
**839-8896**

## NORTHERN AUTO AUCTION

1st & 3rd Saturday  
 Every Month!

Approx. 75-100 Cars, Pickups, Trucks, Etc!  
 Bring vehicles & title to auction yard

### BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.  
 Auctioneers: Clint Beeter, Lic. #199 &  
 Kevin Beeter, Lic. #464 - Clerk Lic. #199

3035 Valley St., Minot, ND 58701  
 701-838-3733 or 1-800-210-8995

# FREE

## CLASSIFIED ADS FOR MILITARY PERSONNEL

BOOK YOUR CLASSIFIED AD ONLINE AT  
**WWW.NORTHERNSENTRY.COM**

\*Active Military & Dependents only. All material submitted for print will be reviewed and edited by Northern Sentry staff.  
 Decisions on edited material will be final. Promotion available for online submissions and available for a limited time only.

**northern  
 sentry**

MINOT AIR FORCE BASE NEWSPAPER  
[WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)

# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 17 Oct-18 Dec. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu) or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

### PARK UNIVERSITY MINOT –

**PARK UNIVERSITY MINOT –** Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu) and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | [mino@park.edu](mailto:mino@park.edu) PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)

# BUSINESSES & SERVICES



### SUDOKU SOLUTION PUZZLE ON PAGE C8

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 7 | 9 | 2 | 8 | 5 | 3 | 6 | 4 |
| 8 | 4 | 5 | 6 | 9 | 3 | 2 | 7 | 1 |
| 3 | 6 | 2 | 7 | 1 | 4 | 8 | 5 | 9 |
| 6 | 2 | 3 | 8 | 5 | 1 | 9 | 4 | 7 |
| 5 | 8 | 7 | 4 | 6 | 9 | 1 | 2 | 3 |
| 9 | 1 | 4 | 3 | 2 | 7 | 6 | 8 | 5 |
| 2 | 9 | 1 | 5 | 7 | 8 | 4 | 3 | 6 |
| 7 | 3 | 6 | 9 | 4 | 2 | 5 | 1 | 8 |
| 4 | 5 | 8 | 1 | 3 | 6 | 7 | 9 | 2 |

**ACCOUNTANT**

**BradyMartz**  
Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS  
24 W. Central, Minot • 852-0196  
[www.bradmartz.com](http://www.bradmartz.com)

**HOBBY SHOP**

**AEROPORT HOBBY SHOP**  
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.  
838-1658  
2112 N. Broadway • Minot, ND  
Ask for Eva • [www.airporthobby.com](http://www.airporthobby.com)

**AUTOMOTIVE**

**QUICK CASH!!**  
Running & Non-Running Cars & Trucks

**Edwardson Sales**  
**839-9512**  
We also sell cars \$500 - \$1500  
Give Us A Call!  
Will Haul Junk Cars Free Of Charge

Contact Rod Wilson to get your business listed here!  
[sentrysales@srt.com](mailto:sentrysales@srt.com)  
701.839.0946

**FLOWER SHOP**

**FLOWER Central**

Voted Minot's #1 Flower Shop for the last 7 years!

405 Central Ave. E. • 701.852.6224

**REAL ESTATE**

BUY OR SELL ONLY WITH THE BEST!

#SOLD WITH US!  
**BROKERS12.COM**

**BARBERSHOP**

**Get Faded**

**BARBERSHOP**

LaRae Honsey  
Barber

1407 South Broadway Minot ND // 701-240-5802  
Suite F // Specialize In Mens Hair

**STORAGE UNITS**

**NORTHERN PRAIRIE CONDOS & STORAGE, INC.**  
Meeting your Storage needs is our priority!

- Excellent Location with Security Fencing and Lighting
- 24 Hour Access with Keyless Entry
- Many Sizes Available
- Auto and Recreational Storage
- Best Rates Guaranteed

Duane W. Block "Dewy" Owner  
Call: 701.720.1093  
Today for more Information.

8 46th AVE NE  
Minot, North Dakota 58703

# WHAT'S GOING ON MAFB

## FRIDAY 30

- Hispanic Heritage Month Ends at the Dakota Inn Dining Facility
- Submissions Close: 2022 Air Force Photo Contest
- Banned and Challenged Books Challenge Ends at the Minot AFB Library
- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center

## WEDNESDAY 05

- HIIT Strength & Conditioning, 0500, Fitness Center
- Swerk, 0530, Fitness Center
- Boots to Business, 0830-1530, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Healthy Rewards Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Story Time, 1030, Minot AFB Library
- Brown Bag Book Talks, 1200, Minot AFB Library
- Cycle, 1200, Fitness Center
- First Duty Station Officer Financial Course, 1400-1600, M&FRC
- Fighting Game Night, 1800, ESC

## SEPT. SPECIALS

**Bomber Bistro • Buffalo Chicken Wrap**  
Chicken, lettuce, onion, pepper jack cheese, roasted peppers, tomato and buffalo ranch wrapped in your choice of tortilla. Served with chips and a drink!

**The B-Fifty Brew • Iced Caramel Macchiato**  
Milk, vanilla, espresso, and caramel served over ice!  
A chill way to start your morning!

**Rockers Bar & Grill • Rockin' Chicken**  
Your choice of either fresh chicken breast lightly breaded and fried golden brown or grilled to perfection with dill pickles on a split bun!



## SATURDAY 01

- Cycle & Strength, 0900, Fitness Center
- Yoga for Fitness, 1015, Fitness Center

## THURSDAY 06

- Pre-Separation Counseling, 0830, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Modern Civilian Resume Workshop for Spouses, 1300-1500, M&FRC
- Thursday Night Football, Doors open at 1700, Rockers Bar & Grill

## OCT. SPECIALS

**Bomber Bistro • BBQ Chicken Pizza**  
Sweet barbecue sauce base, grilled chicken, crispy bacon, red onions, and a drizzle of barbecue sauce!

**The B-Fifty Brew • Pumpkin Spice Latte**  
Milk, pumpkin sauce, and espresso topped with whipped cream and pumpkin-pie spices! A classic fall favorite!

**Rockers Bar & Grill • Wings**  
Grab an order of traditional or boneless wings today! Available with your choice of several delectable dry rubs, wing sauces, and dipping sauces!

## SUNDAY 02

- Zumba, 1400, Fitness Center

## MONDAY 03

- Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Run for Fitness, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

## FRIDAY 07

- AFGSC Family Day
- For full listing Columbus Day holiday facility hours, visit 5thforcesupport.com

## SATURDAY 08

- For full listing Columbus Day holiday facility hours, visit 5thforcesupport.com
- Warhammer 40,000 Casual Game Day, 1500, ESC

## TUESDAY 04

- Game Day, 1000-1930, Minot AFB Library
- Acrylic Paint Pouring Class, 1730-1930, Arts & Crafts Center
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

## ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

People you know.  
Experience you trust.



firstwestern.bank



**QUALITY HEALTHCARE FOR ALL**

Non-emergency walk-ins welcome Monday-Friday 1-4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy

**Center for Family Medicine**

**UND SCHOOL OF MEDICINE & HEALTH SCIENCES**  
UNIVERSITY OF NORTH DAKOTA

1201 11th Avenue SW | Minot, ND | Phone 701.858.6700 | 800.841.7321 | Hours: M-F 8 AM-5 PM | cfmmminot.UND.edu

