

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 42 | MINOT AIR FORCE BASE | FRIDAY, OCTOBER 21, 2022

WHATS INSIDE THIS WEEK:



WHERE ARE THE AIRPLANES GOING?

A3



DOMESTIC VIOLENCE AND WHAT TO DO ABOUT IT

A7



ALS GRADUATION 22-G

B1



ROBO-DOGS TAKING OVER

Members of the Chemical, Biological, Radiological and Nuclear Defense Flight, 5th Civil Engineering Squadron, demonstrate Team Minot's new "robot dog" at a Military Affairs Committee (MAC) lunch in Minot, North Dakota, Oct. 6, 2022. This innovative technology allows airmen to engage with CBRN threats without putting their lives in danger. See page B3 for more coverage.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EVAN LICHTENHAN

Jerome's

COLLISION CENTER

Military Friendly and Proud to Serve Our Active Duty Military & Veterans
Closest Full Service Collision Center to Minot AFB

2705 North Broadway,
Minot, ND 58703
(701) 852-5126
jeromescollision.com



HOME OF THE GLOBAL STRIKER

Only The BEST Come North!

WWW.MINOT.AF.MIL

CONTACT MINOT AFB PUBLIC AFFAIRS
701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on Minot Air Force Base

HONEYWELL FEDERAL MANUFACTURING VISITS TEAM MINOT

Brig. Gen. Stacy Jo Huser, Principal Assistant Deputy Administrator for Military Application, National Nuclear Security Administration, Department of Energy, and Eric Wollerman, president of Honeywell Federal Manufacturing and Technologies, tour Minot Air Force Base, N.D. on October 6, 2022.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



the
northern sentry
Salute

GOT A DIRTY CAR?

MAGIC CITY CARWASH

10% MILITARY DISCOUNT

619 NORTH BROADWAY
HOURS: 8 AM TO 9 PM DAILY

SSgt. Matthew A. Rothe



5th Civil Engineer Squadron's SSgt Matthew A. Rothe is a stellar NCO that has dedicated his time and efforts into improving the quality of life for Airmen that resides in the dormitories at Minot AFB, ND as a Airmen Dorm Leader. He has devoted his focus to guiding Airmen Dorm Council with multiple base events, and facilities the monthly dorm dinners. He has developed a series of "how to" videos to assist First Term Airmen to further adjust living in the dorms. He is also a loving father, husband and a wingman.

GAME SALUTE: OCTOBER 29

JAMAICAN VYBZ KITCHEN

Authentic Jamaican Food

Hours
Tuesday-Thursday 11 AM – 4 PM
Friday-Saturday 11 AM to 6 PM
Closed Sunday & Monday

SUITE 200, 315 S MAIN STREET
MAIN MEDICAL BUILDING, MINOT

Check out our Facebook Page for Special Events!

TAKE OUT OR DINE IN

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.

Where are the Airplanes Going?

ERIN BEENE,
NORTHERN SENTRY



5th Logistics Readiness Squadron Airmen moved a model UH-1N Huey and a model T-38 Talon into place for static display at Minot Air Force Base, North Dakota, Oct. 5, 2022. The model aircraft were moved into place to showcase Minot AFB's proud heritage at new conceptual "Air Park." The project is a cumulative effort between 5 CES - Infrastructure, 5 LRS - Transportation/Crane Operations, 5 MXS - Aerospace vehicle restorations/ Hoist Operations.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN MICHAEL A. RICHMOND

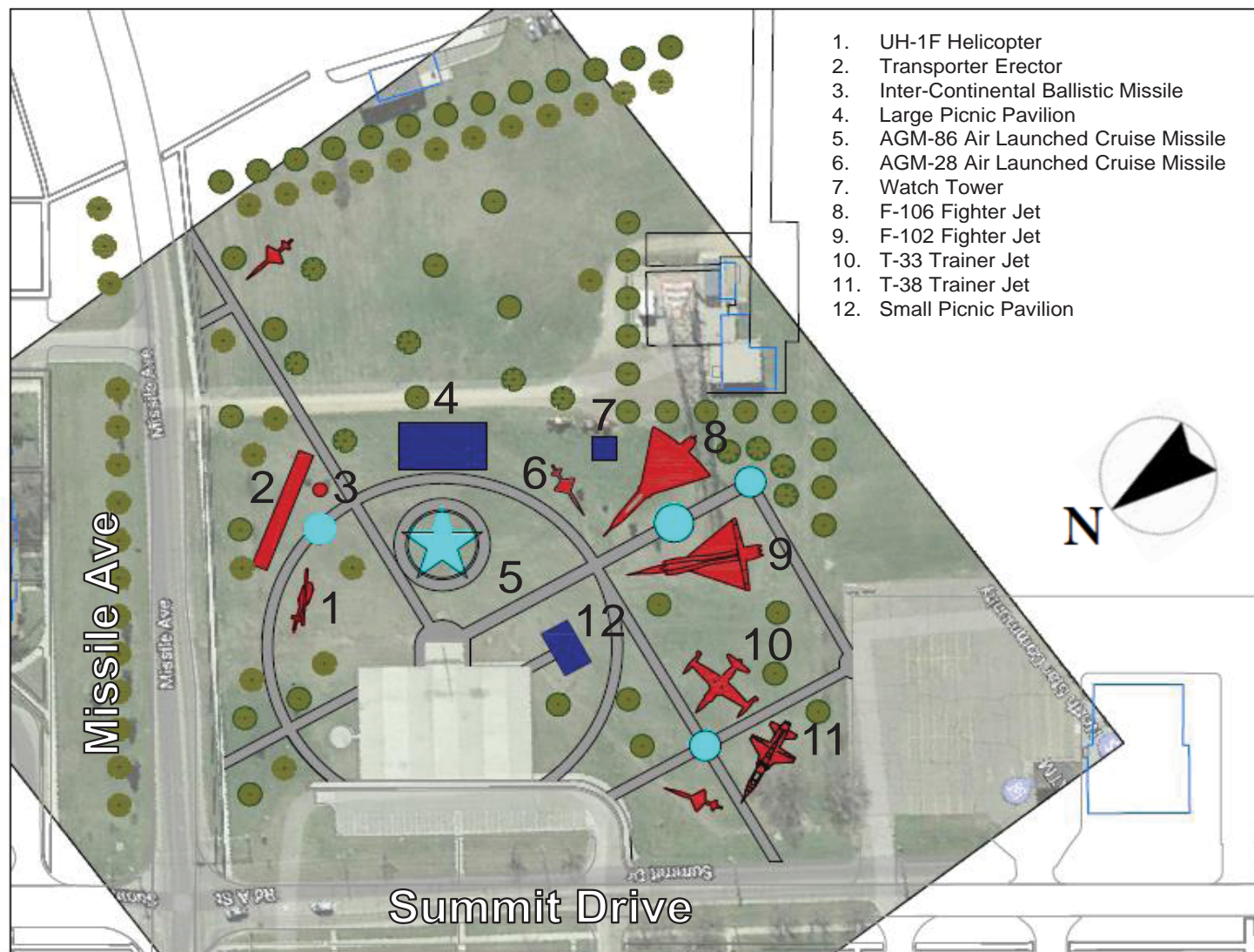
While living and working on an Air Force base, people get used to seeing planes zoom overhead and hearing the sounds of engines roaring in the early mornings. But this week patrons of the base were greeted with airplanes not in the sky, but rolling down Missile Ave on cranes and convoys.

Some of the base's airplane static displays were being moved to a new conceptual "Air Park" at the corner of Missile Ave and Summit Drive. MSgt Jason Koppenhafer of the 5th Bomb Wing's Inspector General office addressed some questions regarding the new park. He explained that the goal of the new park is to gather ten aircraft in the same area to build "heritage and pride" at Minot AFB. Even though the park is not projected to be finished until 2025, Koppenhafer described the finished park saying it would include sidewalks, pavilions and attractive landscaping incorporated into the already existing adjacent parade grounds.

He also mentioned that a dynamic and attractive star will be implemented into the design. Because the movement and construction of the new park is being handled completely by military personnel, not contractors, most of the work on the park will cease over the winter months. Koppenhafer mentioned that the T-38 and T-33 are amongst the next phase of static displays to be moved into the park next year. Even though expectations for a complete park are still years away, base residents can witness the evolution of the air park as they drive in and out of the base main gate.



Final Design without B-52







Friday, Nov. 11th and Saturday, Nov 12th
Location: Grand Hotel, Minot, ND

\$1,000 ADDED MONEY!

Blind draws, Mixed doubles, Singles, BYOP Doubles, Blind draw Crew Cup, Sit-N-goes Non Stop Cornhole!!!!

CONTACTUS

Ted Bolton

Publisher | Advertising
701-240-5039
bagroup@srt.com

Rod Wilson

Business Development | Marketing
sentrysales@srt.com

GRAPHIC DESIGN BY

Nikki Greening
nsads@srt.com or
nsgraphics@srt.com

MINOT AIR FORCE BASE
PUBLIC AFFAIRS

Chief

Maj. Jhanelle Haag

Operations Officer

1st. Lt. Christopher Thibeaux-Moore

Superintendent

Master Sgt. Jon Foster

Community Relations

Mrs. Abigail Kinder

Staff Photojournalists

Technical Sgt. Rusty Frank

Technical Sgt. Benjamin Smith

Senior Airman Josh Strickland

Senior Airman Michael Richmond

Senior Airman Caleb Kimmell

Senior Airman China Shock

Senior Airman Zachary Wright

Senior Airman Evan Lichtenhan

Airman 1st Class Alex Nottingham

COMMANDERS

5th Bomb Wing Commander:

Col. Daniel S. Hoadley

5th Bomb Wing Vice Commander:

Col. Michael D. Maginness

91st Missile Wing Commander:

Col. Kenneth C. McGhee

91st Missile Wing Vice Commander:

Col. Johnny L. Galbert

NEWS SUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

701.723.6212

MAIL

315 South Main Street, Suite 202

Minot, ND 58701

VIEW ONLINE

www.northern-sentry.com

www.minot.af.mil

FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC., of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

**northern
sentry**

MINOT AIR FORCE BASE NEWSPAPER
WWW.NORTHERNSENTRY.COM

Memories From When I Was A Kid



**northern
sentry**

**A VIEW FROM
OUR SIDE**

ROD WILSON, NORTHERN SENTRY

Staring out the window at my front yard, I see the ground covered with leaves from the once small ash tree that during the summer provides a great amount of shade for our home. I love the colors of fall, until they are all over my lawn. I take a deep breath and convince myself to put on my big-boy-pants and take on the job at hand.

And then with disappointment I realize that yes, the leaves have fallen, but looking at the tree, it's only the beginning. I stand there in a Charlie Brown trance looking up and knowing that once I rake the lawn, the job is not over. There will be more leaves, not only from my trees,



**UPSIDE DOWN
UNDER**

MARVIN BAKER

In recent years there's been a lot of bickering about the dumbest things often resulting in long-term animosity among co-workers, married couples, friends and even students.

Believe it or not, there are people, in North Dakota, who will argue with you about what kind of tires you should put on your vehicle or whether Italian food is any good. Some of it is just mind boggling.

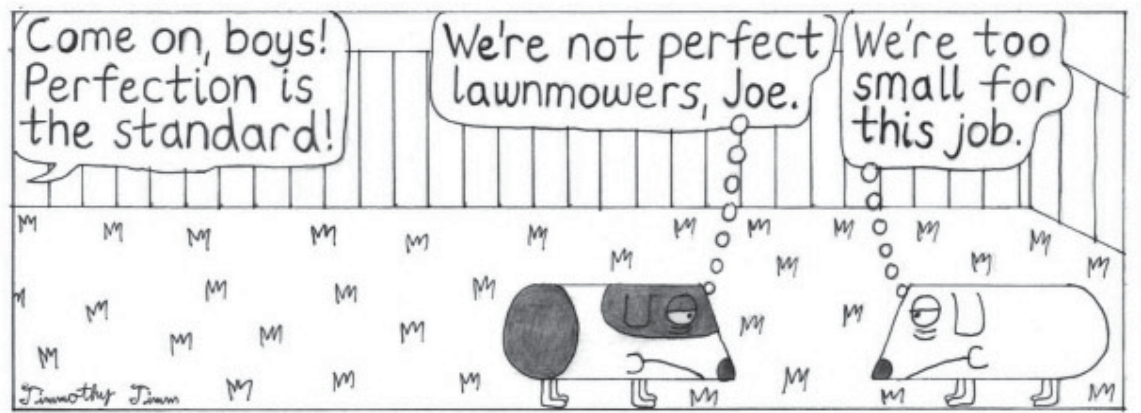
But instead of all that, maybe we should focus on the positive, the glass is half full as it were. And one sterling example of that in North Dakota is the Three Affiliated Tribes.

If you're not familiar, the Three Affiliated Tribes (Mandan, Hidatsa, Arikara) manage the nearly million acres of the Fort Berthold Reservation and have been doing so for many years. The tribe is like any other family, it isn't perfect, but it works together very well to create a better life on the reservation.

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

TIMOTHY TIMM



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

but the trees next door. They will certainly blow over my fence once we get one of those 60 mph winds, and then they become my problem.

Fast forward just 24 hours. It was below 30 degrees last night. I watch as a snowstorm of leaves tumble off the ash tree. Why didn't you wait until all the leaves fell, you ask? It's kind of like asking why you don't wait until all the snow has fallen before you shovel. A yard with leaves is like a sidewalk with snow...it just ain't right.

I THINK MY PARENTS HAD IT RIGHT

In the small town where I grew up there were many, many large trees. I can remember that one of the encouragements for us "kids" to rake leaves was to make a large pile, and then jump into the pile. There was an unmatched aroma that came from those leaves

when you were rolling in them, matched by the sound of leaves crunching under the weight of several kids. We would go from tree to tree raking the leaves into large piles. Combining the piles made for more fun. At the end of raking and rolling (hope you get the pun) we would stuff the leaves into large garbage bags and eventually they would be hauled to the city compost site.

WHY NOT?

So why not do the same today? Well, it is quite simple. Once I hit the ground, how do I get up? OK, giving myself a bit of credit. I could get up, but I would be hesitant to pile dive several times, knowing what I would feel like the next day. The neighbors next door are originally from Texas. They are both military, and when I explained that their even larger tree was eventually going to shed its' leaves and they

could make large piles, they took pile diving to a new level. They have a trampoline, and they can hardly wait to jump from their trampoline to the piles of leaves. I'll let you know the outcome.

THIS WEEK'S BEST KEPT SECRET

Speaking of jumping.... now that the weather is getting a bit chilly, maybe it's time for some indoor jumping fun. High Air Ground in the Oak Park Shopping Center is a ton of fun for adults and kids. There are rumors of upcoming dodge ball tournaments!

THIS WEEK'S CHUCKLE

You many not necessarily have a sense of humor if you laugh at the boss' jokes. You do, however, have a sense of direction.

A model of cooperation...

These three tribes officially joined together in 1934 which means the affiliated tribes have come through some monumental issues that have had an impact on the entire state, not just Mountrail, Ward and McKenzie counties.

Arguably, the biggest issue this governing group and its residents faced was the building of the Garrison Dam in the late 1940s and early '50s. It changed the entire dynamic, not only of the reservation, but of the entire Missouri River watershed.

I spent three years as editor of two newspapers on the reservation and many people still talk about how the Garrison Dam uprooted lifestyles that had been in place for hundreds of years.

How would you have handled a situation like that? How would you have handled a situation that flooded entire communities and inundated prime farmland? Most of us would buckle if the Corps of Engineers told us our entire community was going into the drink.

Instead, the Three Affiliated Tribes decided to make lemonade and the community of New Town was formed from the inundated communities of Elbowoods and Sanish. Fast forward 70 years and New Town has become one of the fastest growing cities in the

state. It has a strong Main Street, an agriculture sector, modern neighborhoods and a school system that many of us would envy and one that produces strong high school sports teams year after year.

But that growth itself has also been a major issue on the reservation. The oil boom that started in 2006 and continued through 2014 and has since tapered off, has been a serious issue for New Town, Parshall, Mandaree and even White Shield.

There wasn't enough housing or hotel space, crime skyrocketed, the cost of living began tearing families apart, country roads were flooded with truck traffic and construction was happening in whatever direction you looked.

The oil boom came so fast and so furious, just consider this. In 2010 and 2011 there were approximately 12,000 vehicles (mostly semi-trailers) passing through New Town's Main Street every day. With a population of about 2,500, New Town was seeing more traffic than Interstate 94 saw daily between Mandan and Dickinson.

It should also be noted that as a news reporter, I witnessed bumper-to-bumper traffic from New Town halfway to Parshall, about eight miles. It also went in the other direction toward Keene

and Watford City.

Again, what would you do if hundreds of random people just started showing up in your community and clogging your small-town streets? How would you handle it? The Three Affiliated Tribes worked through the situation. It was never easy, but they worked through it and today all four communities and the reservation at large, are better for it.

I sat in on some of the tribal council meetings taking notes. I can tell you that the council handled those situations with professionalism, parliamentary procedure and a strong will to protect the people of the reservation.

So when two people argue about Mexican or Italian food, it seems so trivial, doesn't it? We need to think of bigger issues and how they're dealt with. Losing a son in Iraq, dealing with cancer, financial collapse on the farm, surviving a tornado; these are all things that people on and off the Fort Berthold Reservation have dealt with over the years, making most of these other arguments irrelevant.

As many people say, don't sweat the small stuff. Instead, think of how it can be made better like the Three Affiliated Tribes have done. We might all be better off for it.



SHE'S NOT FROM AROUND HERE
AMY ALLENDER

The Honor Code

Upon further search, I noticed another item missing: a Lego pilot mini figure we had mounted near the gearshift. He was a bit of a mascot, and he'd been snatched.

The stolen technologies were inconvenient. They'd been wedding gifts, and we couldn't afford to replace them immediately. The stolen Lego pilot was a personal affront.

What does this have to do with Hot Dish Territory? Happily, very little.

Is there crime in Minot? Oh, I s'pose.

But when I hear complaints about high crime rates or talk of lurking danger, I can't help but roll my eyes a bit. I've lived in places where walking alone through a park gave me the creeps. I have friends from towns where bars on windows are commonplace. I've vacationed in places where Lego mini figures are abducted from parked cars. Say what you will about the extreme cold. I think it does a pretty good job of keeping the GPS-and-Lego-stealing riffraff at bay. I love Minot for lots of reasons, but near the top of that list is that I feel safe here. I'm never afraid to take my boys to the park, go walking in the evening, or run errands after sunset.

Last week while at the library, I went to the restroom. When I came out of the stall to wash my hands the sink counter was

cluttered. Sitting near the edge was a purse — the top bulging open and a phone nearly falling out of a side pocket — and another bag filled with notebooks and a laptop.

I thought nothing of it as I washed my hands. Moments later a toilet flushed. "Ope, sorry about that. I'm hogging the whole counter," a woman said as she came to join me at the sink.

"Don't worry about it. I've got plenty of room," I replied.

"Only in North Dakota, right?" she said, gesturing to her belongings on full display. "Can't leave your stuff around like this just anywhere."

It's true.

The first time I saw a car left running a parking lot — keys still in the ignition — my brow wrinkled. Surely they forgot. This cannot be commonplace.

But it was. It is.

There's a kindness, an honor code that seems to prevail here. Cars left running will be there when you come back out of the gas station. Your stroller and diaper bag will be exactly where you left them when you're finished on the playground. A purse and laptop will be okay on the bathroom counter.

It's just another aspect of life here that has spoiled me. Perhaps even spoiled me toward living anywhere else. The rest of the world isn't like this. This is



AMY ALLENDER PHOTO

special.

I'm not saying crime doesn't happen. And I'm definitely not implying you shouldn't keep an eye on your stuff. It's just that

we've got a really good thing going here. Let's not take the beauty of prevailing honesty for granted.

20% Military Discount

Primo

RESTAURANT

1505 N Broadway, Minot, ND 58703
(701) 838-7746

Closed Mondays

Tuesday - Saturday
7:00 am - 1:00 pm

Thursday - Saturday
5:00 pm - 9:00 pm

Sunday
7:00 am - 1:00 pm

RESERVE YOUR NEW SUBARU AT KRAMER

GET THE **Kramer** ADVANTAGE

At Kramer Subaru, you can get the vehicle you need, without the hassle.


With our one price, clearly marked, you know you're getting a great price from the start. Our 7-day money-back guarantee gives you the freedom to bring the car back within 7 days, no questions asked; and our 30-day exchange gives you even more time to change your mind if you need it. Top all that off with our Warranty Forever and you're sure to find the perfect vehicle.

Love is what makes Subaru, Subaru — and at Kramer you'll love not only your Subaru, but our service as well.




LOVE.
It's what makes
Subaru, Subaru.

700 Old Red Trail NW • Mandan, ND
888.852.6376 • KramerSubaru.com



Vibeto Orthodontics



BEAUTIFUL SMILES FOR A LIFETIME

GREAT SMILES COME FROM VIBETO ORTHODONTICS

- Traditional metal and clear braces
- Invisalign® and Invisalign Teen™ clear aligners

SCHEDULE A COMPLIMENTARY INITIAL ORTHODONTIC CONSULTATION TODAY!


Bryan Vibeto, DDS, MS (701) 839-6010
2615 Elk Drive Suite 2
Minot, ND 58701

A LOOK BACK

THIS WEEK IN USAF HISTORY

THE LAST B-52 STRATOFORTRESS COMES TO MAFB

OCTOBER 26, 1962



The last B-52H outside the Boeing assembly line in Wichita (Boeing)

On October 26, 1962, the last B-52 Stratofortress ever produced was delivered to Minot Air Force Base, ND. The H model bomber 61-040 was built by Boeing in Wichita, Kansas, and was the last of an iconic line of 744 B-52 bombers produced between 1952 and 1962. Currently, the USAF has a fleet of 76 active B-52Hs, stationed at MAFB, Barksdale AFB, LA, and Edwards AFB, CA. Despite the thousands of flying hours that they have acquired, the planes are expected to fly until at least 2040 because of meticulous maintenance and the addition of newly evolved military technology. The B-52H has a top speed of 600 mph and 50,000 foot altitude capability. Originally, the plane was utilized as a high altitude nuclear bomber that could penetrate to the heart of the Soviet Union. But, as the decades passed, the B52s adopted new roles such as the delivery of air launched cruise missiles and precision guided munitions. When the last B-52 Stratofortress arrived at MAFB in 1962, nobody guessed that it would someday be flown by the grandchildren of the generation that brought forth one the USAF's most important bombers.

Information courtesy of: The Air Force Historical Foundation / boeing.mediaroom.com / military.com

CELEBRATE LIFE
SERVING YOU SINCE 1926



304 S MAIN ST
MINOT, ND

THOMAS FAMILY FUNERAL HOME

CALL 701-838-2832

WWW.THOMASFAMILYFUNERALHOME.COM



OCTOBER IS
DOMESTIC VIOLENCE
AWARENESS MONTH

DEPARTMENT OF DEFENSE

The Defense Department is United Against Domestic Abuse and supports anyone in our military community who is experiencing or has experienced abuse. Domestic abuse can include physical, emotional and sexual abuse as well as neglect. October is Domestic Violence Awareness Month, a crucial time to acknowledge the department's commitment to raising awareness through a service-wide campaign.

The campaign encourages the military community to speak up and share tools and resources to prevent domestic abuse and support those who have experienced it. Activities this month and beyond will inform service providers and leaders about safe and effective ways to connect victims with support. They will also help family, friends and concerned community members learn how to assist those who are at risk for domestic abuse.

"Victims of domestic abuse extend beyond military spouses. They may also include service members and those who are dating, living together or who have children in common," said Mrs. Patricia Montes Barron, deputy assistant secretary of defense for

Military Community and Family Policy.

Reach out to your nearest Family Advocacy Program office or call Military OneSource at 800-342-9647 anytime to get connected with a domestic abuse victim advocate, no matter where you are in the world.

"Our military's greatest advantage is our people. If we stop investing in them, we fail," said Senior Enlisted Advisor to the Chairman Ramón "CZ" Colón-López. "Military leaders, from NCOs and CPOs to our most senior officers, must create an atmosphere of trust and comradery within our communities. Whether we have people suffering from domestic abuse, battling depression or they just need someone to listen, they need our assurance that we are here for them and will do everything we can to provide help and get them back to the mission at hand."

A nationwide initiative is underway to raise awareness about how to report domestic abuse and let people know about the resources available to keep victims safe and secure. Resources include safety plans, protection orders and emergency services to

address medical, housing, legal and counseling needs.

The DOD recognizes Domestic Violence Awareness Month, and is calling on military leaders and the military community as a whole to break the silence about domestic abuse. No matter what your situation is, help is available.

The United Against Domestic Abuse page can help you understand your options for reporting abuse. If you are concerned about your safety and need immediate support, call the National Domestic Violence Hotline at 800-799-7233, or live chat with an advocate at thehotline.org.

About Military Community and Family Policy

Military Community and Family Policy is directly responsible for establishing and overseeing quality of life policies and programs that help our service members, their families and survivors be well and mission-ready. Military OneSource is the gateway to programs and services that support the everyday needs of the 5.2 million service members and immediate family members of the military community. These DOD services can be accessed around the world 24/7/365.



FIND THE RIGHT FIT.

Tour our HOUSING OPTIONS



701.852.5028
CREATIVEMINOT.COM



CornerStone Chiropractic



1350 20TH AVE SW, MINOT, ND 58701

Dr. Matt Hanson Dr. Shad Froseth Dr. Crystal Long Dr. Willy Fielhaber

BUSINESS HOURS
Monday: 7:30am – 6:00pm
Tuesday: 9:00am – 6:00pm
Wednesday: 7:30am – 6:00pm
Thursday: 7:30am – 6:00pm
Friday: 7:30am – 4:30pm
Saturday: 2 a month by appt
Sunday: Closed

(701) 852-2800

Domestic Violence and What to Do About It

ERIN BEENE, NORTHERN SENTRY

October focuses on awareness of several issues, illnesses or causes that affect people and require specific attention. Specifically, this month brings targeted awareness to domestic violence in the hope of showing victims a way out, communicating that they are not alone and reiterating the array of helping agencies available to them. One Minot Air Force Base spouse, Eva Denson, is passionate about sharing her story about this very topic to help relate to others who may be going through the same hardships. She wants people to know that “It’s not easy, but you can get out,” and explains how to do so.

Eva is a mil spouse, nurse in training, author, advocate for domestic violence victims and the Minot AFB Armed Forces Insurance (AFI) spouse of the year for 2022. She and her Active Duty husband have been married for four years, and she has three grown children from her previous relationship. She was named the Minot Spouse of the Year for all of her dedicated work and time volunteering with domestic violence survivors and as a serving chaplain to military veterans when she and her spouse were stationed at Goodfellow AFB in San Angelo, Texas. She explained her dedication saying, “I wanted to be the person I needed as a child.” Eva is committed to helping people (men or women) who find themselves in abusive situations. She wants to show that there is a way to get out and that it is possible to make a better life for themselves. She can speak on this topic and support others who are experiencing it because she herself has suffered through a life of abuse and was able, through outside help and her faith in God, to come out better on the other side.

Eva has shared her personal story before and continues to be a trailblazer for this issue. She has plans to speak with the Minot AFB Chiefs addressing this topic later this month. However, Eva wanted to point out and help any members of the base community recognize what exactly is domestic abuse, how to recognize the signs and what to do about it. As every relationship is different, it can sometimes be difficult for a person to tell what is and isn’t “abuse” and what is just an argument or a tough time. Eva explained, “Abuse is not always physical; an argument is not all design.



Eva Denson, Minot AFB AFI Spouse of the Year, gets real about domestic violence awareness month.

You know it is abuse if you are scared all the time. If your body tenses up, if the kids are scared that daddy (or mommy) is coming home,” that is probably abuse. She also mentioned that control can be a major red flag in finding out if a relationship is abusive. She said when she was married for the first time, she thought it was cute that her partner always wanted to know where she was every second. She didn’t know then that that can signal a control issue. As for how to spot if someone else is in an abusive situation, she recommends people be aware of not only bruises or physical abuse but how a person acts, which can be a warning sign that they may be suffering from abuse at home. Eva said some red flags are if a spouse (or any person) is constantly checking their watch to be home at an exact time or is always “jumpy” because they know they must be, look or perform a certain way for their spouse.

While domestic abuse has many forms, there are ways to get help and get out of bad situations. Eva explained that even though it feels hopeless, she encourages people in abusive situations to find someone they can trust, get a plan and get out! She wholeheartedly believes that situations can and should be dealt with before it gets to the point of life and death. If a victim truly has nowhere to go or knows no one, Eva recommends speaking with a base chaplain about the situation. Chaplains have complete confidentiality and cannot share conversations to the chain of

command. They also have an after hours emergency phone number if immediate help is needed.

Chaplains:

Duty Hours: 701-723-2456 (DSN): 453-2456.

Chaplain On-Call (Emergency): 701-509-4230

Additionally, there is a Domestic Violence Crisis Center in town that assists with these difficult situations, and information about their website can be found at <https://courage4change.org/planning-to-leave/>.

Help is not just available for domestic abuse victims, but also for the abuser as well. If an abuser is an AD member, it can be difficult to come forward and get help. It can be scary. However, getting help, finding the root of the problem (be it anger, drinking, or past trauma) or whatever that leads to abusive outbreaks can also be helped if abusers are willing to realize they need help too. This is a touchy situation, but chaplains are also a great first resource to uncover the right type of help needed. At the end of the day, Eva remarks that it is important to do something now, today and before it gets worse because it most likely will. Find a friend, chaplain or resource, and get safe before it is too late.

Eva has written a book describing her personal experience with domestic abuse and would like to share the story with others. It can be found and purchased on Amazon, Unfinished Business: God Is Not Done With Me Yet.



U.S. AIR FORCE PHOTO ILLUSTRATION | MARY JENKINS

FOR ALL YOUR HOME LOAN NEEDS

701-839-3360
2080 36th Ave SW, Suite 205, Minot
APPLY NOW ONLINE
www.teamnd.benchmark.us

Steve Fennewald NMLS #766570
 Sarah Burckhard NMLS #766557

This is not a commitment to lend. Offer valid to qualifying borrowers. Borrower receives credit for lender origination fees up to \$700.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 (www.nmlsconsumeraccess.org). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC. Other restrictions may apply. (<https://benchmark.us>) Must present this coupon for it to be valid.

SkinnyWeek provides the tools for sustainable weight management.
skinnyweek.com

Military Special!
Get 50% off your first month after you attend two meetings!

Annual DoD Housing Survey for privatized housing tenants now open

AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-LACKLAND, Texas (AFNS) --

The Department of the Air Force requests tenants of privatized housing and government-owned family housing to provide their feedback of the program via the annual Department of Defense Tenant Satisfaction Survey beginning Oct. 17.

CEL & Associates, Inc., administers the annual survey which will be delivered through an email link to all tenants, who will have until Dec. 1 to submit their feedback. The survey is funded by the DAF who contracted with CEL & Associates, an independent third-party, to provide the survey.

The goal of using a third-party firm is to allow service members and their families to provide their open, truthful and anonymous feedback of living in privatized housing and government-owned family housing. Following survey completion, the survey data will be provided to the DAF housing program leaders and privatized housing project owners to continue to improve the housing programs for tenants.

"The results of the surveys directly impact the day-to-day operations of our housing communities" said Jeff Domm, Air Force Civil Engineer Center director of installations. "The Department of the Air Force uses the feedback provided to improve the experience of service members living in privatized housing and government-owned family housing. The DAF takes the results

seriously and uses it to better understand members' concerns. The results from previous years' surveys continue to inform improvements in the programs to provide safe and quality housing for our service members."

The annual survey is an opportunity for housing tenants to provide feedback to DAF housing officials, installation leaders and privatized housing projects' owners to help "influence the future of housing for service members and their families today and beyond," said Col. Jimmy Jeoun, Air Force Housing Program chief, AFCEC.

Since the inception of the privatized housing program in the mid-1990s, the project owners administered the tenant survey. Starting in FY21, the DAF standardized the survey questions and funded the survey to ensure consistency across privatized housing projects. In FY22, the DAF implemented the same survey across its government-owned family housing locations.

DAF housing program leaders will review the survey data and comments before releasing results to the privatized project owners.

Tenants should check the primary email address on file with their privatized project owner or Military Housing Office for government-owned housing to ensure it is an email address other than a .mil or .gov to avoid any issues in receiving the survey link. CEL & Associates recommends tenants

add the housing survey email address to their allowed senders to prevent anti-spam software from blocking the email from CEL & Associates.

For more information about the DoD Annual Tenant Satisfaction Survey, tenants can contact their installation's Military

Housing Office. If tenants don't receive the email link by Oct. 21, they can contact CEL & Associates at AirForceHousingSurvey@celassociates.com for assistance.

Residents of Minot AFB Homes who complete the survey will also be entered into a drawing for one of nine prizes.



ALS GRADUATION 22-G

More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA




MAGIC CITY
CAR WASH

619 NORTH BROADWAY
HOURS: 8 AM TO 9 PM DAILY

WELCOME TO THE CLEAN ZONE

MONTHLY PASSES AVAILABLE FREE VACUUMS WITH WASH PURCHASE ADVANCED WASH TECHNOLOGY

10% MILITARY DISCOUNT





Tutor.com: A Great Resource for Military Connected Students



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
CHILD AND YOUTH EDUCATION SERVICES



Tutor.com provides free, around-the-clock help for military-connected students, covering topics in all core subjects and all skill levels. Students can use any internet-capable device to connect with an expert tutor right away or to schedule a future session; they can also submit documents for an offline review and will get comments back within 24 hours! Tutoring sessions are anonymous and take place in a secure online classroom where no personal information is shared. Each of the 3,000 tutors are carefully screened subject matter experts that complete a rigorous application process and background check. As

of recently, tutor.com has begun to offer Parent Coaching sessions in response to the pandemic and the stress it has causes families. Parent Coaching topics include: Scheduling & Organization, Setting Expectations, Study Techniques, Using Resources, Motivation & Goals, Managing Knowledge Gaps, and Finding Balance. Additionally, tutor.com is free for military-connected students of all ages from kindergarten through college so military parents who are returning to school can also use this service. For more information about tutor.com or to sign up for access, visit: military.tutor.com.



MIMEXICO
AUTHENTIC MEXICAN FOOD

**3816 SOUTH BROADWAY
MINOT, ND
701-858-0777**

CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

**MON-THUR 11 AM TO 10 PM
FRI-SAT 11 AM TO 10:30 PM
SUN 11 AM TO 9 PM**

WWW.MIMEXICOMINOTND.COM

2022-2023 MPS CALENDAR

October 2022							19 days
S	M	T	W	T	F	S	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

November 2022							19 days
S	M	T	W	T	F	S	
		1	2	3	4	5	
6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30				

October 20 & 21

Administrator Convention Days - No School

November 11

Veteran's Day - No School

November 24

Thanksgiving - No School

November 25

Vacation - No School



- Vacation Days - not contracted day
- PD Days - contracted day
- Holidays
- Early Release Days - 1:15pm
- Parent/Teacher Comp Days
- * Weather Make-up Day



VOLUNTEER OPPORTUNITIES

Operation Hero Winter Edition Event Volunteers

(January 20)
Operations Heroes, a fun, kid-friendly event for children to interact and experience a little bit of what military life is like. Friday, January 20th, from 1600-2000 at the Turf
Unit POCs: These volunteers will rally their unit for participants & craft a fun, kid-friendly interactive experience showcasing their career. Requesting unit POCs notify MSgt Bird (see contact info below) by Nov 7th to start planning meetings.
Set-up: January 19 & 20, as needed. Setup will depend on the extent of each unit's involvement/imagination. Tear down: January 20th-22nd, as needed NOTE: this will be a strictly indoor event.
Want to volunteer, call or email MSgt Christian Bird at 723-6605 or christian.bird@us.af.mil.

Mike Super Illusionist Show Volunteers

(October 25)
Volunteers are needed to assist with the Mike Super Illusionist show on Tuesday 25 October at the JDC.
• 3 Volunteers are needed for set-up starting at approximately 0800
• 3 Volunteers are needed for teardown at approximately 2100
POC: Renee Price at janet.price.1@us.af.mil
701-723-3731, 701-723-2838

Spooky-Con & Trunk or Treat Volunteers & Participants

(October 28)
Volunteers wanted to assist with the Spooky-Con & Trunk or Treat event! Location: The Turf & parking lot across from Library
Details: The Minot AFB Youth Center is seeking 20 volunteers to help us during our Spooky-Con and Trunk or Treat event from 1700-2030 hrs. We're also seeking participation from our base helping agencies to come to our Trunk-or-treat with your decorated GOV or POV to pass out candy to our base families. Some candy will be provided to each participant vehicle. There will be a prize to the best decorated vehicle. If you'd be interested in helping out for the event, please email us for further information.

Event POC: Ms. Britnee McAlexander, Teen Coordinator, 701-240-2838 or britnee.mcalexander.1@us.af.mil
Alternate POC: Ms. Janelle Burton, Youth Programs Director, 701-723-2838 or janelle.burton.1@us.af.mil

National Disability Employment Awareness Month Planning Committee Lead

(October)
Need individual to lead an awareness campaign educating about disability employment issues and celebrating the many and varied contributions of America's workers with disabilities through the month of October.
POC: TSgt Christine Cherry/SMSgt Yucari Brown (christine.cherry@us.af.mil/yucari.brown@us.af.mil)

Dragon Booster Club Holiday Party Planning/Volunteers

The Dragon Booster Club is looking for volunteers to help plan our upcoming Holiday Party. We intend to make this year's celebration the biggest and best yet! If you're interested, please show up with your ideas.

POC: DEVIN S. WIGLEY, TSgt, USAF, NCOIC, ICBM Feeding Operations
5 FSS/FSVFM
DSN: 453-3118 Comm: 701-723-3118

5 FSS Booster Club Volunteers

(Oct 21-22, 28-30, 1800-2300 and 1800-midnight on Hallow's Eve)
For Belle's Sake Rescue needs volunteers to help with our annual Small Town Terror Haunted House and Forest. Last year, the haunted house raised over \$70K for surrounding non-profits and it is a FUN time!
We need volunteers to make it bigger and better as is our goal every year! And the kicker, For Belle's Sake is going to donate half of the proceeds for each volunteer that signs up from their squadron to the booster club for their holiday party!
Starting this Saturday and Sunday and every weekend until opening night, we need all hands-on deck for set-up! Just show up and we will provide the tools needed to make it happen! Start time is 10 am every weekend day until haunting begins. Location is Sawyer ND City Hall on main street. Small town, you can't get lost. You can come whenever works for you and for every hour of time worked, your organization gets that cut of the proceeds. What this means is that the more volunteers = more MONEY your organization takes home!! This has the potential to make your unit's Holiday Party the best EVER SEEN!
We need 20-40 haunters each night during season. We provide food, beverages, and costumes unless you have your own, and you provide the fear! It is a TON of FUN!

If you are interested please contact:

TSgt WIGLEY: devin.wigley@us.af.mil
SSgt SMITH: devin.wigley@us.af.mil
A1C DJER: devin.wigley@us.af.mil
KELLY BREN: devin.wigley@us.af.mil
SHELBY A. BIRD: (312) 453-4633

Minot Minotauros Game Volunteers

o Arrive at the Pepsi Rink at 6:00 pm on Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)
o outlining games:
o Thursday, January 5th, Puck Drop is 7:05. We're asking volunteers to be here by as close to 5:30 pm as possible.
o Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in. For FULL volunteer expectations and requirements, please reach out.
POC: V. Conner, Digital Content Manager, Minot Minotauros Hockey Club
Cell: 302.682.1575, Office: 701.852.0101
<https://www.minotauroshockey.com/adbrochure>

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base.
POC: Shelby Stuckey, Volunteer Coordinator • (888) 223-4287
shelby.stuckey@caringedge.com

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)

5fss.family.support@us.af.mil

Robo Dogs Impress at MAC Lunch

ROD WILSON, NORTHERN SENTRY

They arrived fashionably late, but when the Robo Dogs, as they are commonly referred to, arrived at the October 6, Military Affairs Committee meeting, they certainly stole the show. The robots, justly named Chappie and Atom, they put on quite a performance for those in attendance. A buzz went through the crowd when Tech Sgt Dominic Garcia, noncommissioned

officer in charge of Emergency Management Plans and Operations and director of Innovation at Minot Air Force Base, announced that those in attendance would not only get a close up demonstration, but would have the opportunity to take control of one of the robo dogs through the control panel. Walk, run, trot, do steps, and even bark; these robo dogs can do it all.



Members of the Chemical, Biological, Radiological and Nuclear Defense Flight, 5th Civil Engineering Squadron, demonstrate Team Minot's new "robot dog" at a Military Affairs Committee (MAC) lunch in Minot, North Dakota, Oct. 6, 2022. This innovative technology allows airmen to engage with CBRN threats without putting their lives in danger.



Tech. Sgt. Dominic Garcia, 5th Civil Engineering Squadron, explains the purpose of the CBRN robot Oct. 6, 2022 at a Military Affairs Committee (MAC) lunch at Minot, North Dakota. MAC lunches are held for military and Civic leaders to discuss current issues and strengthen community relations.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN EVAN LICHTENHAN

Thank You VERY MUCH!

FOR SUPPORTING THE MINOT AIRMEN AGAINST DRUNK DRIVING PROGRAM



FOR DONATING CAR WASHES FOR THE AADD DRIVERS

MAGIC CITY CARWASH MILITARY DISCOUNT: 10% OFF WITH MILITARY ID

ON the RUN

FOR SUPPLYING GAS CARDS FOR THE AADD DRIVERS

ON THE RUN MILITARY DISCOUNT: .05 CENTS OFF PER GALLON WITH MILITARY ID




FOR DONATING THE PHONE SERVICES FOR AADD




Col. Kenneth McGhee, 91st Missile Wing commander, speaks at the Military Affairs Committee (MAC) lunch Oct. 6, 2022, in Minot, North Dakota. MAC lunches are held for military and civic leaders to discuss current issues and strengthen community relations.




Col. Daniel Hoadley, 5th Bomb Wing commander, speaks at the Military Affairs Committee (MAC) lunch on Oct. 6, 2022.




CORNHOLE



POOL



DARTS



MONDAY - THURSDAY: 11AM - 1AM
FRIDAY - SATURDAY: 11AM - 2AM
SUNDAY: CLOSED

6 2ND STREET NE, MINOT 701-852-7768 (SPOT)

Community VOICES

Remember Who Matters Most

MRS. ALYSSA N. KELLY M.A.

Mom and Dad, remember me as you check off your to-do's. Remember I'm not into that, but you're exactly who I choose.

The world's full of tasks and chores that occupy your time. Remember I'm not into that, but I'll always call you "mine."

Your phone's bright light distracts you so as it holds your attentive gaze. Remember I'm not into that, but you're exactly who I crave.

Mom and Dad, remember me, for our time is flying by. Remember I'll soon be grown and you'll be the one to cry, "Why wasn't I into that?"

Do you have something you'd like to share with the world? Whether it's a pretty photo of Minot AFB, a fun piece of writing, or a picture of something your child made, send it to the Northern Sentry. Let us feature your creativity! Send all submissions to: nsads@srt.com

WANT TO MAKE \$16 TO \$20 AN HOUR TO HAVE FUN?

REGENCY EVENT CENTER is looking for event and security staff to join our great team.

Make extra money working on weekends! Enjoy the fun and festivities while you work.

Contact Randy at 701.630.7070

CAPITAL R.V. North Dakota RV Dealer
#1 Motor Home, Towable & Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND
Hours: Monday - Friday 8:00 am - 5:00 pm
Saturday 8:00 am - 2:00 pm
701-838-4343 • 800-488-7896
www.capitalrv.com

Experienced VA Realtor
Michael Busetz
REALTOR®
701-720-2542

ELITE REAL ESTATE
1829 S. Broadway
Suite 1, Minot, ND

SPONSORED BY



NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

A JOURNEY THROUGH JOURNALING

Patricia Stockdill

"We went out for a short hunt... Britt went down the edge off the high grass... I walked over to where old Britt was on point and he had two partridge... old Britt did the best again, even at 15 years old."

The date Oct. 9, '91 was scrawled in the leather-bound book. According to the notes, the weather was sunny. Britt had one point but no retrieves because the next entry under "Shots Fired" read "one, birds - none". The hunter missed but the old dog didn't care because he was still in the field hunting, even if it was just for a short time.

Reading the words entices a flood of memories, long tucked in the decades old recesses of one's memory bank, lost with the passing of time and busyness of life. But thumbing through the "Gun Dog Gunning Diary", complete with its gold-trimmed edges is more than a look at past hunts.

It's reliving good times with family, friends and dogs.

And that's what journaling is all about -including hunting journals, whether they're in a fancy leather-bound book, a notebook, or daily notes hastily typed clickity-click on a computer.

That journal entry of Oct. 9, '91 was the last even though numerous blank pages remain. Old Britt didn't have many hunts after that, crossing the Rainbow Bridge the following June 1992. But flipping the pages of two journals brings him and our hunts back to life. There are tears and there is laughter.

There would be additional journals documenting the days of his successors:

"9-12-9: Well, the rest of 2008 was lost, too much cold and snow and we never dared take the dogs out again. Hopefully, this year will be different. It certainly will be in one regard - the addition of Eider. She's now almost 4 months old and has some training under her belt."

The booklet wasn't fancy like the one filled with Britt's hunting memories from nearly two decades earlier but it was the start of a new pup's life as a hunter. It's her journey with us, her "sister" Hunting Maniacs, and our journey with them.

Since that 2009, the adventures -and misadventures - of Eider and her other two four-legged hunting companions filled a spiral notebook.

Nowadays, little journaling details are jotted in an old notebook more reminiscent of bygone days; something found in a middle school student's locker alongside a science book. It's about half full, awaiting news of upcoming pheasant and waterfowl excursions.

The other journals cover the antics of Britt, Chessa, Hun, Pika, and Denali, a brother-in-law, a nephew or two and other friends and family and their dogs. They talk about the weather, the hunt, and the dogs as they weave throughout our lives.

Admittedly, the pages aren't dominated by what lands in one's hunting vest pouch - and it's not necessarily that the pouch is empty. It's just that what's in the bag is only part of the story.

Journals take a peek into one's life. Perhaps years from now someone will discover them stacked neatly in a cabinet next to a hunting book of some kind.

It doesn't matter if it's regaling the antics of a young pup or determination of a veteran canine, details of a Wyoming big game hunt or astute observations from a blind when deer or turkeys opt not to cooperate and the challenge is staying awake, not zeroing in a subject.

It's about keeping memories alive. It's about the excitement of a young hunter joining the fold and treasured times spent with an elderly hunter sharing outdoor tales.

It's about one's journey through life.

It's about journaling.

"Well, it's the last day of the season... the dogs were amazing all season long and the wonderfully mild weather - perpetual October throughout the entire season - was just a joy, allowing the dogs to be out more. We are truly blessed with three great dogs and a great state." - Jan. 8 2012, "Pika, Denali and Eider's Hunting Journal".

"Sept. 2, 2022: This will be an interesting year with Magnum joining the family as a liver-and-white Brittany from southeast Nebraska... she got to dove hunt and play with sticks and plants next to the decoys as we waited for birds to start moving as the sun began to create the sky. And Magnum, at 8 weeks old, fell asleep..."



BEST SMOKED RIBS & BRISKET IN TOWN!
FRESH SMOKED MADE FROM SCRATCH RECIPES

1412 2ND AVE, SW. MINOT 701.839.9140
BONESBBQMINOT.COM

We've Got the Dish, Meet the Minot Hot Tots

Minot Northwoods League Team reveals their official team name and logo

MINOT, ND - The new Northwoods League expansion team hosted a public event on Thursday, October 20, at Corbett Field to announce their official team name. The Magic City has spoken, and after beating out the other 4 finalists, The Minot Hot Tots will be bringing the heat for their inaugural season in 2023!

The team is named after a North Dakota staple, tater-tot hotdish. Not only is tater-tot hotdish one of the most popular dishes in North Dakota, but it is also said that the word "hotdish" comes from the Norwegian word "varmrett", which translates to "warm dish". The name ties back perfectly to Minot's heritage and is something relatable to people in the community.

"We are all about food, family, fun, and bringing people together," said Monica Blake, Minot Hot Tots General Manager, and Managing Partner. "It was really important to us to choose a name that fits our values and also ties back to the Minot community. This name accomplished both of those requirements."

The new team logo features a tater-tot cartoon figure holding a baseball bat behind his back that doubles as a serving spoon that has just scooped up some cheesy tater-tot hotdish. The primary team colors are red, blue, and yellow.



Some North Dakotans might recognize these colors together, as they are the same colors as the North Dakota state flag.

During the event, the team revealed three secondary logos as well. One of those logos features the same tater-tot figure standing in a pan of hotdish that is shaped like home plate. This is a nod to the popular nickname for home plate, the dish.

Fans can check out the rest of the logos on the team's website, hottotsbaseball.com. Logo credit can be given to John Worthen of Worthen Design - <http://www.worthendesign.com/>.

Fans that attended the event received first access to the Hot Tots' new 5-Game Membership Plan. Fans that take part in the Hot Tots Family Memberships are able to claim the best seats to the best games, including in-state rival, the Bismarck Larks, while enjoying all-you-can-eat food, exclusive giveaways, and early access to team events and promotions.

Fans can learn more about tickets, the team, working at the ballpark, hosting a player, becoming a sponsor, and more by visiting hottotsbaseball.com.

NATO's annual nuclear exercise gets underway

NORTH ATLANTIC TREATY ORGANIZATION

Air forces from across NATO will exercise nuclear deterrence capabilities involving dozens of aircraft over north-western Europe starting on Monday (17 October 2022). The exercise, which runs until 30 October, is a routine, recurring training activity and it is not linked to any current world events.

Exercise "Steadfast Noon" involves 14 countries and up to 60 aircraft of various types, including fourth and fifth generation fighter jets, as well as surveillance and

tanker aircraft. As in previous years, US B-52 long-range bombers will take part; this year, they will fly from Minot Air Base in North Dakota. Training flights will take place over Belgium, which is hosting the exercise, as well as over the North Sea and the United Kingdom. No live weapons are used.

Steadfast Noon is hosted by a different NATO Ally each year. "This exercise helps ensure that the Alliance's nuclear deterrent remains safe, secure and effective,"

said NATO Spokesperson Oana Lungescu.

NATO's new Strategic Concept, adopted by Allied leaders at the Madrid Summit in June makes clear that "the fundamental purpose of NATO's nuclear capability is to preserve peace, prevent coercion and deter aggression." It stresses that, "as long as nuclear weapons exist, NATO will remain a nuclear alliance. NATO's goal is a safer world for all; we seek to create the security environment for a world without nuclear weapons."

EVERYDAY HAPPY HOUR • 3PM – 6PM

- \$2 off All Apps
- \$3 House Wine & Domestic Pints
- \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups
- \$5 Moscow Mule
- \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps
- ½ Flat Bread Pizza

DAILY SPECIALS

- Monday \$5 Moscow Mules (all day)
- Tuesday \$4 ND breweries (all day)
- Wednesday ½ Price Wine by the glass/bottle (all day)
- Thursday \$1 up for all Tall Taps (all day)
- Sunday BRUNCH (11am-2pm)
- \$7 TSR Bloody Mary & Caesars
- \$12 Bottomless Mimosas
- \$6 Breakfast Shots

FAMILY PACKS

- Monday Pizza Pack Combo
- Tuesday Sandwich Pack
- Wednesday Chef Creation*
- Thursday Pasta Pack

*Changes Weekly - Check our Facebook Page

MILITARY DISCOUNT 10% OFF

thestarvingrooster.com

HAVE FUN AS A VOLUNTEER AT

ROOSEVELT PARK ZOO

Team building?
We have volunteer opportunities that fit your style and your schedule!
Painting, lifting, raking, chopping, staining, picking, etc.

CALL US TODAY!

FOLLOW US ON FACEBOOK

1219 BURDICK EXPY EAST MINOT, ND
www.RPZoo.com • 701-857-4166

FULL SERVICE CATERING

Holiday & Office Parties, Corporate & Private Events and Celebrations

10% OFF ALL MILITARY PERSONNEL
WITH MILITARY I.D.

Locally Owned

ORDER NOW! 701-838-9140

BonesBBQMinot.com 1412 2nd Ave, SW, Minot

2 Winners Every Week!

WE'LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

\$25.00 Gift Certificate From Badlands Restaurant & Bar

No Limit, Enter As Many Times As You Wish!

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.



WHAT'S HAPPENING AT THE MINOT AFB EXCHANGE

Eat, Save, Win!
*Use MILITARY STAR at
Minot AFB Exchange
Restaurants Nov. 1-30 for a
Chance at \$25,000 in Prizes*

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

Minot AIR FORCE BASE – MILITARY STAR® cardholders can stop by Minot AFB Army & Air Force Exchange Service restaurants to eat, save and win during a special worldwide sweepstakes, sponsored by Subway.

Nov. 1 through 30, Minot AFB cardholders who make a purchase from participating Exchange restaurants using their MILITARY STAR card will automatically be entered to win one of 25 \$1,000 Exchange gift cards.

The chance to win comes on top of the everyday 10% discount cardholders receive whenever they use MILITARY STAR at participating Exchange restaurants.

“Whether taking your lunch break or a shopping break, eating at an Exchange restaurant saves you money and now gives you a chance at a \$1,000 bonus,” said Minot BX General Manager Brian Read. “Exclusive savings and offers like these are part of the big value MILITARY STAR delivers to cardholders.”

Every MILITARY STAR purchase at an Exchange restaurant could be doubly lucky,

as each card swipe from Nov. 1 to Dec. 31 also automatically earns an entry into MILITARY STAR's Your Holiday Bill Is on Us sweepstakes. Five grand-prize winners will have their entire card balance paid off, while 35 other winners will receive statement credits of \$1,000 or \$500.

Other perks of MILITARY STAR include:

- Unlimited 2% rewards on all purchases (excluding Military Clothing line of credit)
- 5 cents off every gallon of gas at Exchange fuel locations
- Free shipping on online orders
- 10% off all first-day purchases for new cardholders
- No annual, late or over-limit fees
- One low APR for all cardholders, regardless of credit score

For sweepstakes rules, visit MyECP.com/CustomerAds/Page/Exchange beginning Nov. 1.

The MILITARY STAR card is an exclusive line of credit for service members and their families to use at exchanges and commissaries – no matter where they serve. For more information, visit MyECP.com.



NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Oct. 17: 1,833.59 feet above mean sea level (MSL); 14,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.33 feet above mean sea level (MSL). Stump Lake elevation: 1,449.45 MSL.

•N.D. Game & Fish Dept. game wardens: No new reports.

•Devils Lake, Ed's Bait Shop, Devils Lake: Fewer anglers on the water with limited reports.

•Devils Lake, Woodland Resort, Devils Lake: Try jigging for walleye but not many anglers out.

•Lake Darling, Karma C-Store, Ruthville: Not much activity on Lake Darling or around Grano.

•Lake Metigoshe, Four Seasons, Bottineau: Little activity on Lake Metigoshe.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Deepwater Bay continues producing walleye on the east end of Lake Sakakawea.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: 3-foot drawdown continues on Lake Audubon into Lake Sakakawea so work around the culvert by the pumping station along the U.S. Highway 83 embankment for walleye. Douglas Bay continues producing walleye in 15 to 40 feet depending on wind. Try jigging raps or jigs and minnows. Continued salmon activity from shore around Government Bay. Try pitching jigs and minnows along points or back bays in 2 to 8 feet on Lake Audubon for walleye or the east side culverts going into Sakakawea. Continued bass success, as well. Try top-water baits in the early morning hours.

•Lake Sakakawea, New Town: A few anglers continue working the Van Hook Arm but generally slow walleye success.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Limited activity on the

- Lake Darling now closed to boat fishing.
- Check all PLOTS signage before driving on with vehicles when waterfowl hunting to ensure landowner allows vehicles.
- Hunters reminded to put identification on tree stands and blinds when set up on N.D. Game & Fish Dept. WMAs.
- Waterfowl hunters reminded to follow ANS regulations when hunting from boats.
- Applications such as Onyx now have updated electronic posting information for the 2022 hunting season.
- Oct. 22: Flannel Fest, Lewis & Clark State Park east of Williston, 11 a.m.
- Oct. 23: Pronghorn season closes.
- Oct. 26: Minot Curling Club work night, 6 p.m. Volunteers welcome.
- Oct. 29: Halloween Hike, Fort Stevenson State Park, Garrison, 7 p.m.
- Oct. 29: Bakken Friends of the NRA banquet, Roughrider Event Center, Watford City, 5 p.m.
- Oct. 30: Moose season closes.

TOURNAMENTS:

- Oct. 22: Lake Sakakawea, Lewis & Clark Bridge, Williston.

Missouri River tailrace. Look for improving walleye success in shallower water with recent winds circulating water on Lake Sakakawea and potentially turning the lake over with cooler water and air temperatures. No new reports, however, after last week's winds. Try Scoria or Government bays for salmon from shore using variety of presentations.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Yellowstone River improving for walleye and sauger around the confluence. Best success remains with jigs but try crankbaits. Missouri River near Williston producing some walleye with occasional sauger. Use caution with some low water areas. Upper end of Lake Sakakawea hit-and-miss for walleye with fish on the move quite a bit. Trenton Lake starting to produce occasional crappie.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Area lakes quiet.

Hunting:

•Deer: Becoming more nocturnal but still spread out.

•Pheasants: Continued fair success in many areas with increased hunting pressure.

•Waterfowl: Continued fair success for Canada geese and ducks around the east end of the Missouri River System with more snow geese starting to move in scattered flocks. Look for cold fronts to start moving more northern birds through. Snow geese starting to move into southern Ward County, as well. First snow geese starting to move into the northwest with good numbers of whitefronts remaining. Good local duck numbers around north-central N.D. Northern mallards starting to move into the northern tier of the state with continued good success around the Devils Lake area.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

THIS SPECIAL FEATURE IS SPONSORED BY:

NODAK ARMS

THE DAKOTA'S AR AUTHORITY

Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online WWW.NODAKARMS.COM

Sales@nodakarms.com • 701.839.0005

2 Miles East of Minot on Highway 2

Follow us on Facebook

MILITARY MONDAY
fall simulator league

18 weeks - 4 person teams - begins october 3

JUST \$400 PER TEAM

at least 2 team members must be active duty or veterans valid for monday league slots only

sign up at whiskeyninenend.com

WHISKEY NINE
golf. food. cocktails.

A Lot Of Home Cooking...

Steve & Heidi Lindsay

Open Jamaican Vybz Kitchen

ROD WILSON, NORTHERN SENTRY

Walk up to Steve Lindsay and ask him where he learned to cook the entrées at Jamaican Vybz, and he answers, "my Mom". Turn to Heidi Lindsay, Steve's wife, and partner in Jamaican Vybz, and ask her the same question, where did you learn to make kneophla soup, and she proudly answers "it's my Mom's recipe, I just add a little jerk seasoning."

Kneophla soup may not seem to fit into the Jamaican themed restaurant, "but everyone who tries it, loves it" according to Heidi.

There are no permanent menus at Jamaican Vybz, there is a white board that displays the specials of the day. Kneophla soup is on the menu every day, "but what we have everyday changes according to how I feel" says Steve. "We pretty much have pasta and chicken on the menu, but what the combinations are, I decide in the morning."

Arriving at 5:00 a.m. to begin the day, Steve will use meat

that has been seasoned for 24 hours and then will take up to three hours to cook. One of the most popular entrées is the Jerk Chicken with rice, red beans, and vegetables. "Replace chicken with pork and you have a completely different meal" according to Steve. One of the unique specialty meats is Oxtail. "We have it on our menu on Fridays and Saturdays until it sells out" according to Heidi.

Steve was born in Jamaica and moved to New York in 2006. Eventually he made his way to Minot, and it was there that he met Heidi "at the Walmart chicken counter" laugh Heidi. As Jamaican as Steve is, Heidi is 100% Midwest, having grown up in Minot. "Steve's Mom taught him how to cook right at a tender, young age, and so did my Mom. Eventually we will have some of those Christmas types of baking here. My Mom did a majority of her baking at Christmas, and so I learned to make all of the candies

and holiday goodies."

In their 12 years of marriage, the Lindseys have been entrepreneurs. "In 2015 we started S & H Janitorial" Heidi says, "but right now we just can't find people to work." So, their interest turned to a food truck that they bought in January of 2022. Heidi's Mom would struggle and lose the battle to COVID, which slowed the debut of the Jamaican Vybz Kitchen Food Truck, "but we got it going in May." The Lindseys were conservative at first, but soon found themselves doubling and eventually tripling the amount of food they prepared. "We'd go to events and be out of food in 2-3 hours and have people standing in line to order."

So, the decision was made to look for a permanent restaurant spot for Jamaican Vybz Kitchen, and soon they signed a lease for a space in Main Medical Building, which is across the street from Trinity Hospital and just up the street from what will be the new Minot City Hall.

"We're hoping that the employees and visitors at the new city hall will be regular customers of ours" according to Heidi.

Once the weather gets a little colder, there will be some additions to the menu, like Mylo, a caffeinated Jamaican hot chocolate, and of course some of those Christmas delicacies from Heidi's kitchen.

Jamaican Vybz Kitchen is open Tuesday through Saturday from 11:00 a.m. - 4:00 p.m.



Steve & Heidi Lindsay, Owners of Jamaican Vybz Kitchen, located in Minot's Main Medical Building.



Jerk Chicken Pasta.



Oxtails.



Keep your eyes open for Jamaican Vybz Kitchen's Food Truck.



The Lindsay Family.

NODAK ARMS
 THE DAKOTA'S AR AUTHORITY
 Parts, Accessories, Modifications, Repair & Custom Builds
 Shop Online www.NodakArms.com
 Sales@nodakarms.com • 701.839.0005
 2 Miles East of Minot on Highway 2
 Follow us on Facebook


Kim Albert Agency
 701-852-1460
 2825 S. Broadway, Suite 2
abby.martinson@allstate.com

 You're in good hands.
 © 2019 Allstate Insurance Co. 10585723

Come in We're OPEN

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- T & E Tools

Tool Surplus Center
 Best prices on tools in the state!


Full-Time Outdoor Power Equipment Mechanic On-Site!
 Small equipment in need of repair?
 Call us!

Check 'em Out!!

YAMAHA Golf Cars


Lawn, Leisure & Tools

1619 HWY 83 NW, GARRISON, ND
 Intersection of Hwy 83 & Hwy 37
701.337.2500
 HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.
 Saturday: 5:30 a.m. - Noon



3rd Quarter Awards

Please join the Chief and I in congratulating the following 3d quarter award winners for the SFG:

- AMN**
SrA Austin M. Shields
(91 MSOS)
- NCO**
TSgt William J. Nelson
(891 MSFS)
- SNCO**
MSgt Stephau J. McKinley
(791 MSFS)
- CGO**
Capt Ian A. Martinez Morel
(91 MSOS)
- FGO**
Maj Kristopher R. Schmutz
(91 MSOS)
- FLIGHT CC**
Lt Christopher J. DeLong
(91 MSOS)
- CIVILIAN CAT I**
Ms. Bailey M. Bess
(791 MSFS)

- CIVILIAN CAT II**
Ms. Dinell D. Hall
(791 MSFS)
- VOLUNTEER**
TSgt Nicholas J. Simmons
(SFG Staff)
- PROFESSIONAL TEAM**
91 MSFS,
Alpha Flight Maintenance
- KEY SPOUSE**
Ms. Cristina Villalta
(791 MSFS)
- KEY SPOUSE PROGRAM**
891 MSFS

As always, the competition in every category was very close. The winners listed above will represent the SFG very well as they compete at the wing-level...good luck to all. Thanks for all you do! Defenders...Lead the way!
-Col M

2022 Outstanding Security Forces Awards

The next time you see one of the Defenders on this next list, please congratulate them on their 2022 Outstanding Security Forces Award win at the SFG level.

- FLIGHT AIRMAN**
SrA Martya Jones
(791 MSFS)
- STAFF AIRMAN**
SrA Jordan Dominguez
(91 MSOS)
- FLIGHT NCO**
TSgt Shawn Daley
(791 MSFS)
- STAFF NCO**
TSgt Nicholas Simmons
(SFG Staff)
- FLIGHT SNCO**
MSgt Douglas Spangler

- (791 MSFS)
- STAFF SNCO**
MSgt Michael Hanson
(891 MSFS)
- CGO**
Capt Kij Bennett
(891 MSFS)
- COL BILLY JACK CARTER**
TSgt Joshua Cooper
(91 MSFS)
- ELIZABETH JACOBSON**
SrA Deontre Riley
(791 MSFS)

Congratulations to all the winners, best of luck as they compete at AFGSC!
-Chief B

Jerome's COLLISION CENTER



Your Collision Experts

What We Do



Vehicle Collision Repair



Boat & Fiberglass Repair



Semi-Tractor Body Work



RV Body Repair



Vehicle Detailing



Nationwide Lifetime Warranty

Don't Settle for Less,
Choose Jerome's

(701) 852-5126 | (800) 761-1160

Fax: (701) 839-4488

2705 North Broadway, Minot, ND 58703

Connect with us!

jeromescollision.com

BABY ANNOUNCEMENTS



BABY BOY BORN ON
SATURDAY, OCTOBER 14, 2022 TO:
JESSICA AND CHRISTOPHER EATON
MINOT, ND



BABY GIRL BORN ON
MONDAY, OCTOBER 17, 2022 TO:
SABRINA GRINNELL
NEW TOWN, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

Minot symphony orchestra presents Hidden Gem

Space:
The
Final
Frontier
2022-2023

Sept. 24 • Oct. 29 • Dec. 10
Feb. 4 • March 4 • April 29

October 29, 2022

Ann Nicole Nelson Hall - MSU
6 pm - Pre-concert talk | 7 pm - concert



EDDIE MORA
Latin GRAMMY® award
winner, composer
and guest conductor



2022-2023
MINOT SYMPHONY ORCHESTRA
Efraín Amaya - Music Director

Scan to purchase tickets



Enter code **MILITARY** to receive a \$5 discount on adult tickets for active duty military.

Russlan and Ludmilla Overture..... Glinka
el ruido del agua (the noise of water) Mora
Symphony No. 1 Kalinnikov

701-858-4228 • www.minotsymphony.com



SCOTTISH HIGHLAND CATTLE

CREATURE FEATURES

- Native to the rough terrain of Scotland, Scottish Highland Cattle are the oldest registered breed of cattle. Registration goes back to the 6th century. They were brought to the United States in the 1890's.
- The Scottish Highland's double coat of long hair consists of a long coarse outer layer and soft wooly inner layer.
- Their long hair prevents the need to form a layer of fat for cold temperatures. The Scottish Highland Cattle's long hair draped over their eyes helps reduce the incidence of pinkeye and other fly-borne problems.

Fact File	
Life Span	11 - 22 years
Weight	400 - 1200 pounds
Height to Shoulder	3 to 3 1/2 feet
Top Speed	25 mph
Wild Diet	Omnivore: Carrots, Herbs Grasses, Leaves, Flowers



HOURS:
MON-SAT
10AM-3PM

FOLLOW US ON FACEBOOK
1219 BURDICK EXPY EAST MINOT, ND
www.RPZoo.com • 701-857-4166

UPCOMING EVENTS
OCTOBER 30
BOO AT THE ZOO

MILITARY DISCOUNT
\$5.00 off a \$85.00
Annual Family Pass



WARBULLS VOLUNTEER - MCDC PHASE II
 Tech. Sgt. Krebill and his team of WarBulls made the final move of the administrative furniture into the Magic City Discovery Center (MCDC), which is tentatively set to open in January of 2023. When TSgt. Krebill was asked why he and his team wanted to help the Magic City Discovery Center, he could hardly contain the emotion as he said, "this is just a small way to give back to a community that has made us feel at home, and what better way than to lend a hand." This is just a small contribution to help prepare the MCDC to provide young minds with an opportunity he never had in the community.

COOKIES FOR YOU
 and cupcakes too
 A Cookie Gift + Bouquet Company

- Cookie & Candy Bouquets
- Cookie Pizzas • Sweets Trays
- Assorted Cupcake Flavors
- Homemade Fudge & Caramels
- Assorted Artisan Truffles
- Pop, Beer & Wine baskets - with a little sweet & salty too!

117 S Main Street
 701-839-4975
www.cookiesforyou.com

BADLANDS RESTAURANT BAR

Upcoming Events

22 OCT NIGHT AT THE MUSEUM HANGAR DANCE
 7:00-11:00 PM
 Dakota Territory Air Museum
 100 34th Ave NE, Minot

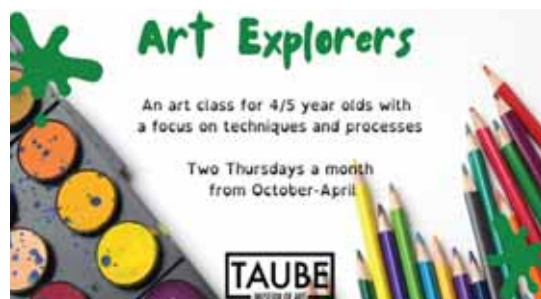
Mark your calendars! The Night at the Museum Hangar Dance will be the museum's final event for the season with food, music, silent auction, dancing and re-enactments of famous aviators of the past. Admission \$10/person, museum members are free with presentation of valid membership card. There will be food and drinks available for purchase, music, dancing, and a silent auction will take place with the proceeds going to museum operations. 1920s-1950s-Era Attire is encouraged but not required. Purchase tickets on our website.



For more information:
www.dakotaterritoryairmuseum.com

25 OCT ART EXPLORERS
 1:00-2:00 PM
 Taube Museum
 2 Main Street North, Minot

Art Explorers – Art techniques and processes for 4/5 Year olds. In this class we will explore a variety of art media and materials and provide a safe space for kids to create their own works of art. Artworks will be open ended, meaning your child will get to choose the direction they go with the materials after an introduction on how to use them has been made. 2 Tuesday afternoons per month (1-2 PM) October-April
 October: 11, 25 (Tempera Paint Sticks/Watercolors)
 November: 8, 22 (Textured paper/ Collage)
 December: 6, 13** (Tooling Foil / Chalk Art)
 \$10/class. Registration available at www.eventbrite.com



For more information:
 Facebook / Taube Museum of Art

01 NOV CHRISTMAS OPEN HOUSE AT THE MARKET
 4:00-8:00 PM
 The Market on 4th
 1900 4th Ave NW, Minot

It's time for our 6th Annual Christmas Open House! Join us on Tuesday, November 1st from 4pm to 8pm at our store. This will be a fun night to kick off the holiday season with shopping, additional vendors, samples, drinks and all things Christmas. Mark your calendars for this fun event and remember this will be the first chance to shop our new holiday products



For more information:
 Facebook / Market on 4th

On Base

Haunted House
 Are you ready to be scared?
 October 28th • 5pm - 9pm
 Ticket sales start October 14th
 \$2 per child • \$4 per adult

5THFORCESUPPORT.COM

SPOOKY-CON
 Family Night - Free Events
 28 October 2022
 5:30 - 8:00PM
 Family Fun Fest
 At the Turf - Active activities and games with the Child & Youth Program!
 Haunted Stories
 At the Minot AFB Library - Scary stories, ghostly games, and chilling crafts!
 Trunk or Treat
 Across the street from the Minot AFB Library in the old TLF Parking Lot - Candy and treats!

5THFORCESUPPORT.COM

SPOOKY-CON
 CONVENTION DAY ACTIVITIES
 MINOT AFB LIBRARY • ESC • THE TURF
 29 OCTOBER 2022 • 11AM - 5PM

FEATURING:
 ESCAPE ROOMS
 TABLE-TOP GAMING
 ANIME
 CRAFTS
 COSPLAY
 PANELS
 AND MORE!

5THFORCESUPPORT.COM

MIKE SUPER
 MAGIC & ILLUSION
 Free!
 TUES, 25 OCT.
 7PM
JIMMY DOOLITTLE CENTER
 Details at 5thforcesupport.com

For more information visit: www.5thforcesupport.com

NOTHING BEATS SUNDAY BRUNCH

SERVING FROM 10AM - 2PM

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



BASE CHAPEL HOSTS JEWISH SUKKOT

The evening of October 12, Minot Air Force Base Chapel hosted a Sukkot gathering for our Jewish community on base thanks to Civil Air Patrol Chaplain, Captain Dovid Grossman and his son, Rabbi Yonah Grossman who travelled all the way to Minot AFB from Fargo with their "mobile Sukkah." They are pictured here with Chaplain, Capt Mark Bradshaw.

MINOT AIR FORCE BASE CHAPEL PHOTOS

KRAMER SUBARU SERVICE
 700 Old Red Trail NW • Mandan, ND
 888.856.2383
Kramer
 SUBARU

Berni's
 Hair Designers, Inc.
 • Melisa Ellison •
 701-240-1385
 Located on North Hill
 2001 3rd St NW • Minot
 HOURS: Mon, Tues, Thurs. 8:30-8:30 • Wed, Fri. 8:30-6:00 • Sat. 8:30-3:00

Full Service Salon
 • cuts
 • colors
 • highlights
 • pedicures
 • manicures
 • facials
 • perms

B&D

SALMON WITH SPRING VEGETABLES AND PESTO

Home of ECONOMY

INGREDIENTS
 4 (4 OZ EACH) SALMON, SKIN-ON, PIN BONES REMOVED
 2 TABLESPOON OLIVE OIL
 KOSHER SALT AND FRESHLY GROUND BLACK PEPPER
 2/3 BUNCH ASPARAGUS, BOTTOM THIRDS OF STALKS REMOVED AND SLICED INTO 1 INCH PIECES ON THE BIAS
 2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO 1/2 INCH PIECES ON THE BIAS
 6 2/3 OUNCE CHERRY TOMATOES, RINSED AND HALVED
 1 1/3 LEMONS, HALVED
 1/3 CUP FRESH PESTO
 2/3 LEMON, ZESTED
 FRESH BASIL LEAVES, FOR GARNISH

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork. Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve immediately. Enjoy!

Ryan Davy - GM
 Minot

www.HofE.com/BBQHQ

NOTES ON BEING SAFE

WATCHING FOR THE WHITE TAILS:

TIPS TO AVOID DEER COLLISIONS



ROD KRAUSE
 5TH BOMB WING
 OCCUPATIONAL SAFETY
 AND HEALTH MANAGER



There is no doubt that the fall and winter seasons are the most common time for a person to hit a deer while driving, mainly because this is the time of year that deer are out looking for food. As with any other type of automobile accident, however, the good news is that there are many ways for you to prevent yourself from hitting a deer.

The steady increase in North Dakota's deer population has been felt on vehicles as well as driver's pocket books across the state. Vehicle mishaps involving deer strikes have had a steady increase of 34% since 2000. In 2007, there were 4,118 mishaps in North Dakota that involved deer, with 43 people injured and two people killed.

Typically the month of November has the highest number of deer strikes crashes. In 2007, there were approximately 31 per day in November. Deer strikes occur most often between 7 a.m. and 8 a.m., and again in the evening from 6 p.m. - 10 p.m.

According to Linda Butts, NDDOT Deputy Director of Driver and Vehicle Services "Drivers should always wear a seat belt whether driving on a highway or a rural road, and need to be especially vigilant during the early morning and evening hours."

AVOID HITTING A DEER BY DRIVING SLOW

If you want to avoid hitting a deer, the first thing that you will start doing is driving slow - or at least slower than usual. The main reason is because you will be more likely to slam on the breaks and bring the car to a stop before your car comes close to hitting the deer. You will allow yourself more time to react to a deer crossing the road when you drive slower than if you were to drive faster. Following speed limits, or doing lower than the speed limit in areas where you know that deer may be spotted frequently, is one of the best ways to prevent hitting a deer this winter.

AVOID HITTING A DEER BY USING HIGH BEAMS

It is important to keep in mind that using your high beams is not allowable in certain areas, such as highways or main roads, however, there are many areas where you still can use your high beams, such as secluded back roads or wooded areas - which are both places where deer enjoy hiding out. The reason that using your high beams is likely

to help you prevent hitting a deer is because you will be able to see further away than if you used your headlights alone. This will give you much more time to react and to be aware of the fact that a deer is crossing the road in front of you.

One of the best ways to prevent hitting a deer is to avoid distractions. This includes talking on a cell phone or fumbling with the cd player while you are driving. As with any other type of car accident, you will be giving yourself less time, if any time, to react to situation when you have too many distractions going on at once. If you really want to prevent hitting a deer this winter, you will want to allow yourself that extra reaction time by being aware of what you are doing, without distractions.

These are just some of the things that you can do to prevent hitting a deer this winter. Unfortunately, there are situations in which hitting a deer is entirely inevitable. If you do feel like you are about to hit a deer, the best thing that you can do

for yourself and your automobile is just hit it. The main reason is because more injuries and deaths occur from those who choose to swerve, ultimately landing themselves wrapped around a tree, telephone pole or even another vehicle. Although your car may have some damage, it is likely that the injuries you may face from hitting a deer will not be half as bad as if you had swerved.

If you hit a deer, you are to contact law enforcement to report the crash if the damage is over \$1,000. Remove the deer to the side of the roadway if it is safe to do so. If you are unable to do so, law enforcement will move the deer.

If the deer is a traffic hazard and you can't move it to the side of the road, and law enforcement isn't involved, you may contact the NDDOT district office in Minot at 837-7625, or North Dakota State Radio at 1.800.472.2121 so they can make arrangements to remove the deer.

North Star
 Community Credit Union

Welcomes you to Minot AFB

Checking & Savings
 Online Banking for those on the go!
 Loans for Autos, RV's, Life in General

ATM conveniently located at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive
 Minot • 1819 S Broadway

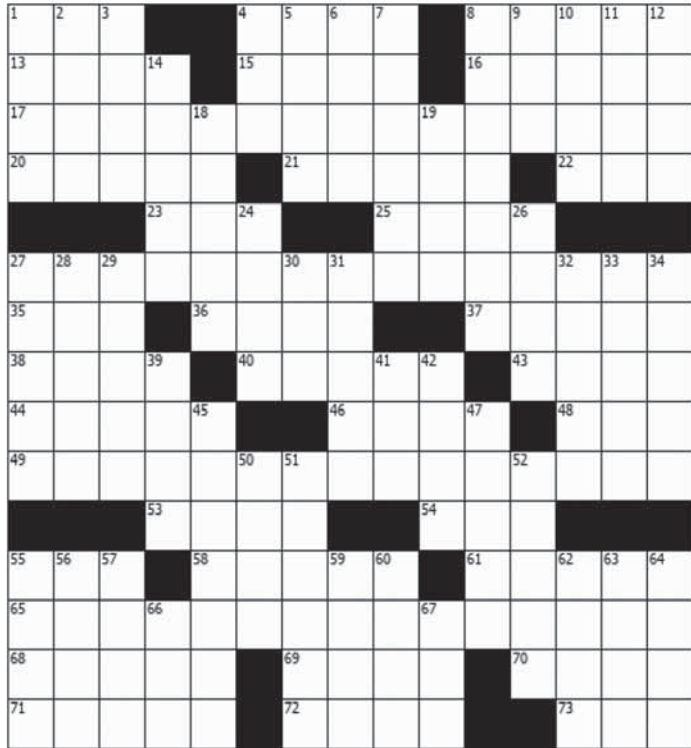
nscu.com

NCUA MEMBER LENDER

CROSSWORD PUZZLE

Across

- 1. Burnt residue
- 4. Piece of eight, e.g.
- 8. Martian marking
- 13. Commando's mission
- 15. Clarinet's cousin
- 16. Discourse
- 17. Start of a mystery-solving quip
- 20. Avoid ignorance
- 21. Birth-related
- 22. Pro-___ (certain tournaments)
- 23. "Love ___ Battlefield"
- 25. Weaver's apparatus
- 27. Quip (Part 2)
- 35. Verbal waves
- 36. Hairy Himalayan mystery
- 37. Tuck of legend
- 38. Citizens of (suffix)
- 40. Underwater detection system
- 43. Uttar Pradesh tourist site
- 44. Twisted fastener
- 46. Blueprint item
- 48. Rooked
- 49. Quip (Part 3)
- 53. Mock fanfare
- 54. Bauxite, e.g.
- 55. Farming tool
- 58. Slowly, in music
- 61. Tokyo's entertainment district
- 65. End of the quip
- 68. Absolutely astound
- 69. Construction piece
- 70. Compos mentis
- 71. LSAT and GMAT, e.g.
- 72. Presses for payment
- 73. Many of George Foreman's wins



Down

- 1. Seed integument
- 2. Umpire's call, sometimes
- 3. Casual greeting
- 4. Female whale
- 5. Scottish port
- 6. Scottish island or N.Y. college
- 7. Vex
- 8. Simmer down
- 9. Old Testament craft
- 10. "Peter Pan" dog
- 11. Small matter
- 12. Alcindor and Wallace
- 14. Greek order of architecture
- 18. Far from bashful
- 19. Art colony in New Mexico
- 24. They may be split in casinos
- 26. Sorvino with an Oscar
- 27. Early form of bridge
- 28. Sudden snag
- 29. River to the Rhone
- 30. Palindromic Platte River people
- 31. Capital of Belarus
- 32. Political wing?
- 33. Isaac's mother
- 34. Wall Street activity
- 39. Chip off the old flock?
- 41. Rue Morgue killer
- 42. Gambling mecca
- 45. Pequod crew
- 47. Welsh barker
- 50. "What's the big ___?"
- 51. Outspoken
- 52. They hold their horses
- 55. Weight
- 56. Leer lasciviously
- 57. They may be boosted or fragile
- 59. Forbidden cologne?
- 60. "Do not take ___ empty stomach"
- 62. Mont. neighbor
- 63. Founder of Stoicism
- 64. Tomahawks, e.g.
- 66. Decay
- 67. Many, many mos.

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



HALLOWEEN MAZE



SUDOKU

			1	2	3			4
		1			5	3		6
		7	6			8		
8	6				7			1
	2							9
	5		4					8 3
		8			4	7		
4		2	3			5		
3			8	9	6			

Solution to puzzle on page C11



HOURS:
 MONDAY - THURSDAY
 11AM - 12AM
 FRIDAY & SATURDAY:
 11AM - 1AM

21 E CENTRAL AVENUE
 DOWNTOWN MINOT

701.852.8183



**STARTS FRIDAY
 AT OAK PARK THEATER**

FOR SHOWTIMES
 VISIT WWW.OAKPARKTHEATER.NET

**PREMIERE NIGHT
 "SANCTIFIED"**
 6:00 & 8:30 PM
 Tickets on sale at the theater day of showing.

An outlaw is rescued from death by a nun who is traveling through 1890 North Dakota. She nurses him back to health in exchange for him guiding her to a Church deep in the Badlands.

- **BEAST**
(2022) Adventure, Drama, Horror (R)
- **TOP GUN: MAVERICK**
(2022) Action, Drama (PG-13)
- **MINIONS: THE RISE OF GRU**
(2022) Animation, Adventure, Comedy (PG)

RENT THE THEATER FOR EVENTS!
 CHECK OUR WEBSITE FOR MORE INFO

1500 4TH AVE NW, MINOT, ND

CHURCH DIRECTORY

Chapel Services at MAFB

North Plains Chapel in Base Housing

Protestant Liturgical Service

Christ Chapel
0900

Protestant

Sunday Community Service
1030
(Holy Communion 1st Sunday)
Children's Church during school year

Wicca, Pagan, and Neopagan Services


Open Circle
1000 on the 1st and 3rd Saturdays of every month

Northern Lights Chapel across from Rockers

Catholic Mass

Sunday 1000
Daily Monday-Thursday at 1200

St. Peter The Aleut Eastern Orthodox Church



109 6th St. SE
Minot • 838-3094

Saturday, Oct 22
5 PM, No Vespers

Sunday, Oct 23
10AM, Congregational Prayer Service



Break Forth BIBLE CHURCH

Wednesdays 7:00pm
and Sundays 10:30am

1821 W Burdick Expressway

For More Information:
701.353.9337 | www.bfbc.tv



An Evangelical Free Church
3500 4th St. SW • 839-5127
(Just North of Super Wal-Mart)

Sunday School
& Fellowship 9:00 a.m.
Worship 10:30 a.m.

www.trinitychurchminot.org



Worship Service at 10:45am Sundays
Sunday School at 9:45am

1720 4th Ave NW, Minot
838-0916

MinotBibleFellowship.org



Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Ken Mund
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

Cornerstone Presbyterian Church

1000 NE 3rd Street
852-0315

Sunday Schedule

Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule

Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm

All are Welcome!
www.cornerstoneminot.com

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week



St. Mark's Lutheran Church
Missouri Synod

Sunday Worship 9:30 AM

2209 4th Avenue NW
Minot, ND
839-4663

Reverend Philip Beyersdorf
www.minotstmarks.com
Join us on facebook

Immanuel Baptist Church

1615 2nd St. SE • www.ibcminot.org
701-839-3694



SUNDAYS: 9:00 AM FELLOWSHIP
9:15 AM SUNDAY SCHOOL
10:30 AM WORSHIP


WEDNESDAYS: 11:30 AM SOUP KITCHEN
5:30 PM FAMILY SUPPER
6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY



Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church



2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:

Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com



First Lutheran Church - ELCA
120 5th Ave. NW
852-4853

Sunday Worship 9:30 am

www.firstlutheran.tv
(Live Stream & Recorded)
Radio Broadcast KRRZ 1390AM
Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman



Gospel Tabernacle Community Church

9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.



JOURNEY CHURCH
ASSEMBLY OF GOD

1805 2nd St. SE
838-1111

Sunday Services
9:00 AM & 11:00 AM

Wednesday
6:30 PM

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV

500 46th Ave NE • 839-1351
Pastor David Miller

Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 6:30 p.m.
Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards)
838-1873



West Minot Church of God
Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday 7:00 - 11:00 p.m.
ABC Child Care Center 852-6352

westminot.com
facebook.com/westminot

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week

First Baptist Church



200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service 8:30 a.m.
Sunday School (All Ages) 9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor



Grace Baptist CHURCH OF MINOT

Sunday Service: 4:00 p.m.
Wed. Prayer: 5:30 p.m.
at Living Word Lutheran bldg
710 46th Ave NE, Minot

Web: gracebaptistminot.com
E-mail: gbcminot@gmail.com

RADIO BROADCAST
KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun



OSLC
where faith & life meet

OUR SAVIOR LUTHERAN CHURCH
3705 11th St. SW
Minot, ND 58701
701-852-6404
www.oslcminot.com
Rev. Heath Trampe
Rev. Brian Doel

Sunday Worship
8:15am Traditional Service
9:30am Contemporary (w/ livestream)
9:30am Sunday School & Adult Bible study
11:00am Contemporary Service

Wednesdays 6-7pm
Adult Choir
OSKids (age 4-5th gr.)
Bible Class (6th gr.)
High School Youth Group (6-8pm)

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week



OUR REDEEMER'S CHURCH
A Church of the Lutheran Brethren

Sundays:
Worship 9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org




OUR REDEEMER'S CHRISTIAN SCHOOL KNIGHTS

Our Redeemer's Christian School
700 16th Avenue SE
Minot, ND 58701
info@orcsknights.org • 701-839-0772
www.orcsknights.org

ORCS Preschool

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR

HIGHLIGHTS OF OUR PROGRAM

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

ADVERTISE YOUR

Church

Advertise FOR ONLY \$9 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

CONTACT US

call 701-839-0946

email NSADS@SRT.COM

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM

CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

FLEA MARKET

**ANTIQUES, JUNK,
OLD & NEW**
DAKOTA FLEA MARKET

**NEXT MARKET DATES:
NOVEMBER 12 & 13
DECEMBER 3 & 4**

N.D. State Fair Grounds.
Admission: 10 & Under Free
Ages 11+ \$2. Vendor information
dakotafleamarkets@gmail.com or
call 701.278.0866

tfm

RUMMAGE SALE

A Little Bit Of Everything...
With A Lot Of Savings!

4R HOME THRIFT

2031 N Broadway

Furniture, Tools, Movies,
Misc. & Interesting Items
Monday - Saturday -
8:30 AM to 6 PM
Sunday - 12 PM to 5 PM

15% Military Discount!
<https://www.facebook.com/4rhometrthrift>

REAL ESTATE

Find **ALL** listed homes for sale
in Minot and the surrounding
areas at www.brokers12.com.

tfm

**1986 16' X 80' MOBILE HOME
LOCATED IN DEERING, ND**

3 Bedroom- Decks on Front &
Back. Recently Winterized with
New Insulation. Some New
Windows. Located in Deering
Mobile Home Park. \$10,500.00
OBO. Text /Call (701) 728-6965

tfm

PROFESSIONALS

**LEE CLOUSE INDEPENDENT
BEAUTY CONSULTANT**

www.marykay.com/1clouse.
701-839-0475 or 701-721-
0475.

tfm

AT-EASE DETAILING, provides
professional full detail services,
including Ceramic coatings
and paint corrections. Cory is a
certified installer with System X,
a professional coating company,
and guarantees 100% satisfaction
with each job and has years of
experience as a detailer.

Nov4

YOGA TRAVELER is a Yoga
Studio dedicated to Pain
Management Through Yoga. Tight
back? Sore hamstrings? Yoga
can ease your pain and bring
you greater mobility! Work with
a qualified yoga teacher to target
your specific pain. Appointments
in person or via Zoom. [https://
www.yogatraveler.online](https://www.yogatraveler.online)

Nov18

RENTALS

**REMODELED 3 BDRM RANCH
STYLE HOME IN SURREY** w/
attached garage, central air,
large yard, patio, basement.
Laminate flooring in kitchen, dining
area & living room. Carpeting in
bedrooms. Window coverings in
all rooms. Washer/dryer included.
NO SMOKING & NO PETS
(701) 721-0355

Nov18

AVAILABLE NOW! Several apts
on North Hill available 4 rent. 2
Bdrm + 1 bath. \$655 to \$795.
Call Matt or Jerry at IPM. 852-
1157

tfm

NICE HOUSE IN NW MINOT
VERY, VERY, Clean! 2 Bedrooms-
Large Master Bedroom/
Smaller upstairs bedroom. Large
Bathroom. Full Basement. Includes
washer/dryer. Off Street Parking
To View Call- (701) 240-5384

Nov11

CHILD CARE

LICENSED HOME DAYCARE with
preschool curriculum has openings
for ages 2 and up. Member of
the Heartland Nutrition Program,
smaller group size, and fenced
yard. For information please
call (701) 720-3040. Hours are
Monday through Friday 7:30am
-5pm.

Oct28

HELP WANTED

ALLEY'S REPAIR IS LOOKING FOR A QUALIFIED AUTO TECH

M-F 8-5:30,
Health, Dental, 401K,
8 1/2 Paid holidays,
Good Pay,
Climate controlled shop.

Stop in for application
2635 Valley St,
Minot, ND

701-839-7112

Nov25

AUTOMOTIVE

\$\$\$ QUICK CASH \$\$\$ Paying
cash now for any car or truck,
running or not. We also sell cars
\$500-\$1500, give us a call.
Edwardson Sales 839-9512 (Will
haul junk cars or trucks away, no
charge)

tfm

WANTED TO BUY

AUTO BENT UP OR JUNKED??

We'll buy!! Also Scrap iron!!
**CALL 701.240.2147 OR
701.240.7453.**

March3

AUTOMOTIVE

JOHN'S



AUTOBODY

**Pays Up To
\$500**

Insurance Deductibles

**We Guarantee All
Work & Color Match**

**4121 S. Broadway
839-8896**

NORTHERN AUTO AUCTION

**1st & 3rd Saturday
Every Month!**

Approx. 75-100 Cars, Pickups, Trucks, Etc.!

Bring vehicles & title to auction yard

BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.

Auctioneers: Clint Beeter, Lic. #199 &
Kevin Beeter, Lic. #464 - Clerk Lic. #199

**3035 Valley St., Minot, ND 58701
701-838-3733 or 1-800-210-8995**

DON'T RISK IT ALL!

IF THERE IS ANY DOUBT CALL

AIRMEN AGAINST DRUNK DRIVING

**Free and
Confidential**



**Saving Lives
and Careers**

Available to ALL Minot AFB Military Members and Spouses

- ▶ Call AADD
- ▶ Notify location and destination
- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

**CONTACT US AT:
(701) 727-2233
(701) 727-AADD**

**THURSDAY, FRIDAY & SATURDAYS
10:00 PM – 03:00 AM**

**northern
sentry**

MINOT AIR FORCE BASE NEWSPAPER
WWW.NORTHERNSENTRY.COM

**MATURE, RELIABLE, AND A
TRUSTWORTHY INDIVIDUAL.**
Part-Time Retail sales 25-35 hrs/
week occasional Sat. closed
Sun. Apply in person at Aeroport
Hobby Shoppe, 2112 N.
Broadway.

tfm

**THE NORTH DAKOTA
NATIONAL GUARD** have
openings available in a variety of
career fields across the state and
in Minot. Continue your military
career on a part-time basis. For
more information call 420-5903
or 420-5904 in Minot.

tfm

IMMEDIATE FULL AND PART TIME OPENINGS

for
daytime and evening custodial
positions cleaning buildings at
the Minot Air Force Base. Pay
is \$14.49/hour plus health
& welfare benefit. Hours
Days 8a or 9a-finish typically
Monday through Friday, may
include weekend work. Nights
5p-finish. Apply in person
at: 605 27th St SE, Minot
ND 58701 or contact: Matt
Mackey By email or phone at
mmackey@kalixnd.org
701-852-1014.

tfm

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only
• Adult Hours Tuesday-Friday
7am-4pm
• Later start times available but
must be able to stay until
4pm & Sunday 11am-6pm
• Teen Hours
Tuesdays-Friday 4pm-7pm &
Saturday 7am-6pm
• Morning start times rotate &
vary. Please speak to Charlie at
the commissary if interested or
leave contact information with
customer service.

CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 17 Oct-18 Dec. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

BUSINESSES & SERVICES



SUDOKU SOLUTION PUZZLE ON PAGE C8

5	8	6	1	2	3	9	7	4
9	4	1	7	8	5	3	2	6
2	3	7	6	4	9	8	5	1
8	6	4	9	3	7	2	1	5
1	2	3	5	6	8	4	9	7
7	5	9	4	1	2	6	8	3
6	1	8	2	5	4	7	3	9
4	9	2	3	7	1	5	6	8
3	7	5	8	9	6	1	4	2

ACCOUNTANT

BradyMartz
Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradmartz.com

HOBBY SHOP

AEROPORT HOBBY SHOP
RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues.

838-1658
2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

AUTOMOTIVE

QUICK CASH!!
Running & Non-Running Cars & Trucks

Edwardson Sales
839-9512
We also sell cars \$500 - \$1500
Give Us A Call!
Will Haul Junk Cars Free Of Charge

Contact Rod Wilson to get your business listed here!
sentrysales@srt.com
701.839.0946

FLOWER SHOP

FLOWER Central

Voted Minot's #1 Flower Shop for the last 7 years!

405 Central Ave. E. • 701.852.6224

BARBERSHOP

Get Faded

BARBERSHOP

LaRae Honsey
Barber

1407 South Broadway Minot ND // 701-240-5802
Suite F // Specialize In Mens Hair

REAL ESTATE

BUY OR SELL ONLY WITH THE BEST!

#SOLD WITH US!
BROKERS12.COM

STORAGE UNITS

NORTHERN PRAIRIE CONDOS & STORAGE, INC.
Meeting your Storage needs is our priority!

- Excellent Location with Security Fencing and Lighting
- 24 Hour Access with Keyless Entry
- Many Sizes Available
- Auto and Recreational Storage
- Best Rates Guaranteed

Duane W. Block "Dewy" Owner
Call: 701.720.1093
Today for more Information.

8 46th AVE NE
Minot, North Dakota 58703

WHAT'S GOING ON MAFB

FRIDAY 21

- Rockers Bar & Grill Survey Closes at www.surveymonkey.com/r/95XNBDT
- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Oktoberfest, 1530-2100, Jimmy Doolittle Center
- Epoxy Cutting Board Class, 1730-1930, Arts & Crafts Center
- Spooky Skate Night, 1800-2000, Youth Center
- Teen Lock-In Night of Terror!, 2000-0600, Youth Center

WEDNESDAY 26

- HIIT Strength & Conditioning, 0500, Fitness Center
- Right Start, 0830-1030, Jimmy Doolittle Center, hosted by M&FRC
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- Fighting Game Night, 1800, ESC
- Yoga for Fitness, 1830, Fitness Center

OCT. SPECIALS

Bomber Bistro • BBQ Chicken Pizza
Sweet barbecue sauce base, grilled chicken, crispy bacon, red onions, and a drizzle of barbecue sauce!

The B-Fifty Brew • Pumpkin Spice Latte
Milk, pumpkin sauce, and espresso topped with whipped cream and pumpkin-pie spices! A classic fall favorite!

Rockers Bar & Grill • Wings
Grab an order of traditional or boneless wings today! Available with your choice of several delectable dry rubs, wing sauces, and dipping sauces!



SATURDAY 22

- Cycle & Strength, 0900, Fitness Center
- Yoga for Fitness, 1015, Fitness Center

THURSDAY 27

- Pre-Separation Counseling, 0830, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Bootcamp, 1200, Fitness Center
- Storybook Parade, 1500-1700, Child Development Center
- Thursday Night Football, Doors Open at 1700, Rockers Bar & Grill
- Art Resin Charcuterie Board Class, 1730-1930, Arts & Crafts Center

SUNDAY 23

- Sunday Escapes Book Club, 1330, Minot AFB Library
- Zumba, 1400, Fitness Center

MONDAY 24

- Thanksgiving Meals To-Go Ordering Ends at the Jimmy Doolittle Center
- HIIT Strength & Conditioning, 0500, Fitness Center
- Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Run for Fitness, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

FRIDAY 28

- Pumpkin Decorating Contest Ends at the Dakota Inn Dining Facility
- HIIT Strength & Conditioning, 0500, Fitness Center
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Haunted House, 1700-2100, Outdoor Recreation
- Spooky-Con Family Night, 1730-2000, Turf, Minot AFB Library, old TLF Parking Lot
- Spooky-Con Horror Movie Night!, 1800, ESC

SATURDAY 29

- Halloween Sampler, 0900, Fitness Center
- Spooky-Con Convention Day Activities, 1100-1700, Turf, Minot AFB Library, ESC
- Spooky-Con Cosplay Contest, 1600, Turf,
- Spooky-Con Call of Duty Modern Warfare II Tournament, 1700, ESC

TUESDAY 25

- Sponsorship Training, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Home Buying Seminar, 1400-1600, M&FRC
- Newbery Book Club, 1600, Minot AFB Library
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center
- Mike Super Magic & Illusion Show, 1900, Jimmy Doolittle Center

ONGOING

- FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

SPOOKY-CON
Family Night - Free Events
28 October 2022
5:30 - 8:00PM

Family Fun Fest
At the Turf - Festive activities and games with the Child & Youth Programs!

Haunted Stacks
At the Minot AFB Library - Scary shelves, ghoulish games, and chilling crafts!

Trunk o' Treat
Across the street from the Minot AFB Library in the old TLF Parking Lot - Candy and treats!

For more information visit our website: 5thforcesupport.com or scan the QR Code

FORCE 5THFORCESUPPORT.COM

HEY!
NOW THAT WE HAVE YOUR ATTENTION THANKS TO THIS CUTE DOG...

WE WANT TO HEAR FROM YOU!

TAKE OUR ROCKERS BAR & GRILL SURVEY

[HTTPS://WWW.SURVEYMONKEY.COM/R/95XNBDT](https://www.surveymonkey.com/r/95XNBDT)

FORCE 5THFORCESUPPORT.COM

QUALITY HEALTHCARE FOR ALL

Non-emergency walk-ins welcome Monday-Friday 1-4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy

Center for Family Medicine
UND SCHOOL OF MEDICINE & HEALTH SCIENCES
UNIVERSITY OF NORTH DAKOTA

1201 11th Avenue SW | Minot, ND | Phone 701.858.6700 | 800.841.7321 | Hours: M-F 8 AM-5 PM | cfmminot.UND.edu

People you know.
Experience you trust.



firstwestern.bank

