

## WHATS INSIDE THIS WEEK:



Diamond Birthda

Airmen Eduardo Solana Trejo and Major Holly Black, alongside Minot Air Force Base leadership, join together for the official cake cutting honor at the 75th Air Force Ball held Oct. 29, 2022 at the Clarion Hotel, Minot, North Dakota. Find out more about this AF Ball tradition on page. See page A3.

GEMAR PHOTOGRAPHY PHOTO

**B7** 



Military Friendly and Proud to Serve Our

2705 North Broadway. Minot, ND 58703

Active Duty Military & Veterans **Closest Full Service Collision Center to Minot AFB** 











# Chief Master Sergeant Tori Jones and her spouse Dr. Mary Evans



Distinguished visitors from the Royal Canadian Air Force and their guests.

## Making more hope possible.

## A team of cancer experts at your side.

A cancer diagnosis can be a life-changing moment. But our cancer team is dedicated to being there for you at every step. We support you with a whole person approach to your care. And our fellowship-trained physicians deliver many of the same innovative treatments and expertise, including access to clinical trials, found at the nation's top cancer centers. When it comes to cancer, we make more possible in overcoming it.

For more information about cancer services at Trinity Health, visit trinityhealth.org/cancercare or call 701-857-3535.





Oncology



Medical Oncology/ Hematology



5th Bomb Wing Commander Colonel Daniel Hoadley and his spouse Joyce



Members of the 91 MW Command team and their spouses including 91st Missile Wing Commander, Colonel Kenneth McGhee and his spouse Corliss.



Radiation Oncology



Medical Oncology





## **Unraveling the Air Force Ball Traditions**

#### ERIN BEENE, NORTHERN SENTRY

This year the Air Force celebrated its 75th birthday with the Air Force Ball. Although delayed a bit here in Minot, the ball is the once-a-year formal event for military members and their spouses as well as local civic leaders to celebrate. As this event happens every year at every base, one will find the flow and schedule for the ball becomes very predictable. Social hour, opening remarks, toasts, POW/ MIA recognition, dinner, dessert, speaker, and then dancing, it almost always follows the same pattern, no matter which base. If you have been to several, it may start to feel a little like 'you've been to one, you've been to them all' mentality, but they are founded in tradition.

To a seasoned spouse, the quirky traditions of the AF become commonplace; however, to the first timer, the Minot civilians and the Canadian guests who are perhaps experiencing this for the very first time it can perhaps seem odd and curious why certain aspects take place at the ball. While I can't and won't even try to explain the Air Force mentality, I can dig into some of the AF Ball's traditions for those new to the lifestyle to perhaps give a little more understanding behind some of the unique traditions and customs of the AF Ball for those who may not know.

#### THE TOASTS:

Every year the Toasts are written out on the ball program so guests know what and when to raise their glasses and the correct response to make. We toast to the United States, the President, the Chief of Staff of the Air Force and many more. At this year's Ball though, I noticed something out of the ordinary. Amongst the other common toast responses was a toast to His Majesty, King Charles III. In all my years of AF events, I can never remember toasting to the King (or Queen). So, according to https://www.fieldartillery.org/themilitary-ball, "When guests from another country are present, the commander or highest official of the host country proposes a toast to the head of state of the guest's country." In the case with this MAFB Ball, there were Canadian AF members present, so a toast to King Charles III is a nod to the commonwealth's symbolic "head of state" and needed to be included. THE MIA/POW TABLE:

This table is set and left empty on purpose to remember all the American Service Members who are absent and unaccounted for. The MC's recite the commemorative speech explaining the various items on the table and what they represent. Everything placed on the table has meaning, but some of the most touching and maybe least well-known items are the lemon and salt. The traditional AF Ball script described the symbolism in those items like this: "A slice of lemon on the bread plate is to remind us of the bitter fate of those captured and missing in a foreign land. A pinch of salt symbolized the tear endured by those missing and their families who seek answers". This is the most solemn moment of any AF Ball as it serves a visual reminder to those not here with us. The moment is made even more poignant when the Honor Guard silently moves into positions around each place setting and sincerely places a cover (hat) of an Army, Navy, Marine Corps, Air Force, and Coast Guard on the dinner plate at each table setting in one soft motion. This table, otherwise known as the 'Missing Man Table' can have a few variations in its set up, but the tradition came about around the time of the Vietnam War. As is sometimes the case with military traditions, the specific documentation of where the idea started has become muddled over the years and no clear person or place can unilaterally claim the first 'Missing Man Table.' Instead, the ceremony erupted and still stands today as a remembrance of those

who have never made it home. To learn more about the 'Missing Man Table,' see the National League of POW/MIA Families, https://www. pow-miafamilies.org/missing-manhonors-table-history.html. THE CAKE CUTTING:

It has become a longstanding AF tradition to have the youngest Airmen and the oldest Airmen join together to cut the cake at the AF Ball. This tradition is also joined by cutting off the cake with a sword or saber. Research does not reveal why or when this first happened, but it is just one of those things that happens during these celebrations. Occasionally, the cake cutting honors will be bestowed upon the most junior ranking and the most senior ranking Airman despite age. It isn't clear if age or rank dictates who gets this honor, but it seems to be a mix of the two and a little dependent on the individual ball itself. At this year's ball, they had pre-orchestrated these two members, alerting them ahead of time, but some Balls make it a little more spontaneous with the announcers addressing the crowd and searching for these members amongst the crowd, which I think is the more fun way to do it. Either way, it is a fun tradition to honor the newest and longest serving Airmen.

There you have it, a few of the Air Force Ball's traditions explained. Military organizations often have their own language and way of doing things that seem normal once you're in, but can be jarring and confusing for the newcomer or outsider. Sometimes I forget about the staunch transition into military life and how long it took me to understand the Air Force "isms". I still don't understand even most of the AF terms-which I am ok with- but it's good to be reminded to look at things from an outside perspective from time to time.





Left: 91st Missile Wing Commander, Colonel Kenneth McGhee and 5th Bomb Wing Commander Colonel Daniel Hoadley speak at the 75th Air Force Ball held Oct. 29, 2022 at the Clarion Hotel, Minot, North Dakota.

GEMAR PHOTOGRAPHY PHOTOS





FOR SUPPORTING THE MINOT AIRMEN AGAINST DRUNK DRIVING PROGRAM

## 

BABY BOY BORN ON WEDNESDAY, OCTOBER 26, 2022 TO: CHEYANE DECOTEAU AND KIEFER LANGAN ST JOHN, ND

> BABY BOY BORN ON THURSDAY, OCTOBER 27, 2022 TO: KELSEY AND RICHARD BACON MINOT AFB, ND

BABY GIRL BORN ON THURSDAY, OCTOBER 27, 2022 TO: KAREN AND CLAY PROSE MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.



FOR DONATING CAR WASHES FOR THE AADD DRIVERS MAGIC CITY CARWASH MILITARY DISCOUNT: 10% OFF WITH MILITARY ID ON the RUN

FOR SUPPLYING GAS CARDS FOR THE AADD DRIVERS

ON THE RUN MILITARY DISCOUNT: .05 CENTS OFF PER GALLON WITH MILITARY ID

**SRT** 

FOR DONATING THE PHONE SERVICES FOR AADD

## CONTACTUS

Ted Bolton Publisher | Advertising 701-240-5039 bagroup@srt.com

Rod Wilson Business Development | Marketing sentrysales@srt.com

#### **GRAPHIC DESIGN BY**

Nikki Greening nsads@srt.com or nsgraphics@srt.com

#### **MINOT AIR FORCE BASE**

PUBLIC AFFAIRS Chief Maj. Jhanelle Haag Operations Officer 1st. Lt. Christopher Thibeaux-Moore Superintendent Master Sgt. Jon Foster Community Relations Mrs. Abigail Kinder

Staff Photojournalists Technical Sgt. Rusty Frank Technical Sgt. Benjamin Smith Senior Airman Josh Strickland Senior Airman Michael Richmond Senior Airman Caleb Kimmell Senior Airman Caleb Kimmell Senior Airman China Shock Senior Airman Zachary Wright Senior Airman Evan Lichtenhan Airman 1st Class Alex Nottingham

#### COMMANDERS

5th Bomb Wing Commander: Col. Daniel S. Hoadley 5th Bomb Wing Vice Commander: Col. Michael D. Maginness 91st Missile Wing Commander: Col. Kenneth C. McGhee 91st Missile Wing Vice Commander: Col. Johnny L. Galbert

NEWSSUBMISSIONS Northern Sentry Office nsads@srt.com | 701.839.0946

MAFB Public Affairs Office v35bw.pa@us.af.mil 701.723.6212

#### MAIL

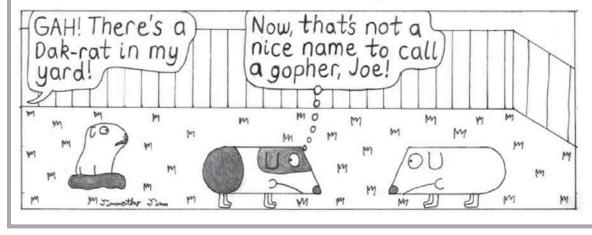
315 South Main Street, Suite 202 Minot, ND 58701

> VIEWONLINE www.northernsentry.com www.minot.af.mil

## **FIND US ON FACEBOOK**

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC. of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

TITUS & PHILEMON Everyday adventures of Titus and Philemon and their owner Joe.



TIMMOTHY TIMM

Timmothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.



northern Sentry A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY

Over the years my charitable work has provided me the opportunity to attend a lot of festive events labeled as "A Ball". My reservations for the Air Force Ball were made about a month ago and I was truly excited for October 29 to arrive and for Sue, my wife, and I to dawn the appropriate dress and head out the door to the Clarion Convention center.

When arriving we were greeted by my once Adopted Airmen, SrA Caleb Kimmel. He was certainly quick to thank us for coming and piqued our interest with a "You are not going to believe how special it looks inside" statement. He was certainly correct.

We turned the final corner to enter the room and were truly stunned by decorations. There were high expectations for the evening, anyway, but they were clearly exceeded.

I maybe should have done a short explanation in the beginning of my article to give you a heads up that Sue and I have not had much exposure to events like the Air Force Ball. We are both North Dakota born and raised, and although we have made Minot our home for over 44 years, our time on base, albeit I do spend a fair amount of time in my reporting role, has certainly been limited.

Those sharing our table were from all over the U.S. closest to us was a TSgt from Atlanta, Georgia. She is just 15 short months away from her retirement, spending almost 20 years in the US Air Force. At

## It Was A Ball

this point, I now relinquish that I am an older citizen of Minot as the young TSgt was the age of one of my three, now grown and departed, sons. Feeling a bit old? Yeah, but we had such a great conversation with her, and the evening just kind of sped by.

By chance, our table was located adjacent to the MIA ceremony table, and later we had front row seats to the ceremonial cutting of the 75th Anniversary cake. I can totally understand the symbolic cutting of the cake with a sword by Airmen Eduardo Solana Trejo and Major Holly Black, with leadership alongside, but later a small knife seemed to do be a better option for cutting and sharing pieces of the cake with those in attendance.

I now have to reveal that Sue and I did not stay and dance the night away, as it appeared many of the younger Airmen were prepared to do. We made our rounds, greeting those we knew who were in attendance, and then headed home.

On the way out we greeted one of the visitors from Canada in

their bright red attire and shook hands as a sign of the friendship between our countries, our city, and our armed forces.

We wished we could have stayed and thanked every one of our military personnel, and their spouses, in attendance. But instead, I will take the final few lines of my article to say "Thanks, from Rod & Sue Wilson". The evening was special and one that we will never forget.

#### **BEST KEPT SECRET**

Going to give you all a heads up that the CP Rail Holiday Train will stop in Downtown Minot on Saturday, December 17. Arrival in Downtown is at 6:30 PM, show starts at 6:45 PM, and the train heads out at 7:15 PM. The train has not run for three years, and you can find more information on the CP Rail website cpr.ca.

### TODAY'S CHUCKLE

You can fool all of the people some of the time. Mainly during elections.



## Anxious for another season to begin...

#### baking.

Crunch the numbers, order supplies for next year, put items in storage, thoroughly clean your equipment, if you're organic, plot next year's rotation and here's the best part, attend the farmers' market and growers convention.

The North Dakota Farmers'

In recent years that growth has tapered off but those that remain are quite stable thanks to both the ECH and the Ag Department.

And when the convention rolls around, both are there playing a major role in the two-days of meetings, seminars, keynotes

and networking.

And in order to be successful at this kind of work, you have to embrace the wisdom of those teaching the classes because they know what they are doing for obvious reasons.

The best example I can provide is that of a family that recently moved to North Dakota from central Oregon. I was told these folks can grow anything, as long as it's in central Oregon, which would be the equivalent latitude of Rapid City, S.D., or Rochester, Minn., at 44 Degrees North Latitude. In addition, Oregon is somewhat moderated by the Pacific Ocean currant. As a result, this family wants to find out all they can about growing garden produce between the 48th and 49th parallels. And for that reason, they are very excited about attending their first North Dakota Farmers' Market and Growers Association convention. They want to learn all they can about growing in northern North Dakota and this event, coming up in February, will do just that.

## northern sentry MINOT AIR FORCE BASE NEWSPAPER WWW.NORTHERNSENTRY.COM

## MARVIN BAKER

As we find ourselves at the end of October and into early November, the growing season has ended and nearly all farmers' markets have ceased across the state.

It's always a bittersweet day when you attend your last farmers' market. You're sad that you won't be coming back next week, but happy that you'll be able get a much deserved break.

Most of the general population believes that farmers' market vendors turn off a switch at the end of the season, but that couldn't be further from the truth. There are plenty of things to do, they just aren't as physical as weeding and harvesting, or getting up at 3 a.m., to start Market and Growers Association is in a unique position and is unlike other states that have similar organizations. It was once an arm of the North Dakota Department of Agriculture, but as the association grew, it split off and became its own entity.

But the Department of Agriculture continues to be a partner and plays a vital role in the operation. It has a local foods specialist whose job it is to work with markets and vendors to help them become successful. The other part of this equation that is unique is in the Entrepreneurial Center for Horticulture at Dakota College in Bottineau. When the association got its own identity, ECH was there as well, just like the Ag Department to help a growing number of markets succeed.

Having been a farmers' market vendor for 17 years, I've run across a lot of people who don't go and they have a variety of, I'll call them excuses. "I'm not paying the fee," "it's too far to drive," "I already know how to grow potatoes," and "nobody's going to tell me how to grow vegetables."

Truth be told, and this is the reason I'm writing about this topic, is because the educational opportunities that are presented at this convention every year, are incredibly helpful.

Since 2005, I've missed one annual convention in Minot and that was because I was on military active duty at U.S. Central Command. I've gone every other year for the educational opportunities, because let's face it, we never stop learning.















**91ST SECURITY FORCES GROUP TRUNK-OR-TREAT** Over 2,000 personnel visited the 91st Security Forces Groups Trunk-or-Treat event at Minot Air Force Base, North Dakota, Oct. 28, 2022. The annual Trunk-or-Treat event was made possible by numerous volunteers across the 91 SFG.

U.S. AIR FORCE PHOTOS I MASTER SGT. RYAN BELL













### Former Kelly Inn, Next to the Mall www.revelnd.com

## Hot Tub Suites Weekend Specials

Call us now at (701) 852-4300 or 800-735-5868

## **RESERVE YOUR NEW SUBARU AT KRAMER**



At Kramer Subaru, you can get the vehicle you need, without the hassle.

With our one price, clearly marked, you know you're getting a great price from the start.

Our 7-day money-back guarantee gives you the freedom to bring the car back within 7 days, no questions asked; and our 30-day exchange gives you even more time to change your mind if you need it. Top all that off with our Warranty Forever and you're sure to find the perfect vehicle.

Love is what makes Subaru, Subaru – and at Kramer you'll love not only your Subaru, but our service as well.



## **Minot AFB Exchange** to Recognize America's Heroes with Coin Giveaway on Veterans Day

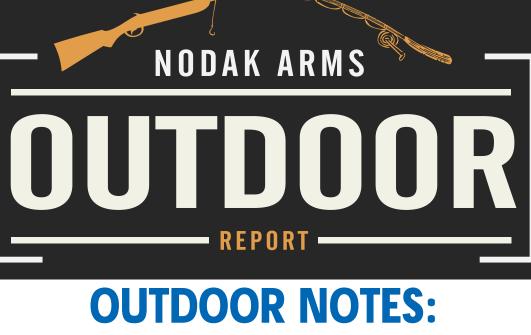
### MINOT AIR FORCE BASE EXCHANGE SERVICE PUBLIC AFFAIRS

MINOT AIR FORCE BASE - In honor of Veterans Day, the Minot AFB Exchange will recognize those who selflessly sacrificed for our Nation with free challenge coins. This is the third year Army & Air Force Exchange Service stores will distribute the limited-edition coins to Veterans on Nov. 11 while supplies last.

The Minot AFB Exchange is grateful to our Veterans who served and sacrificed for our country," said Minot AFB Exchange General Manager Brian Read. "The freedoms we enjoy today are a testament to those who raised their right hands and answered the call to serve."

The coins, which feature an eagle on one side and emblems for all six military branches on the other, are available while supplies last. Veterans are encouraged to contact the Minot AFB Exchange or visit the store's Facebook page for more information.

Since 2020, military resale-Army & Air Force Exchange Service; the Navy Exchange Service Command; Marine Corps Exchange; Coast Guard Exchange and the Defense Commissary Agency-have joined together to salute Veterans through the collectible challenge coin giveway.



PATRICIA STOCKDILL

#### Fishing:

Lake Sakakawea elevation, Oct. 31: 1,833.36 feet above mean sea level (MSL); 13,900 cubic feet per second (CFS) Garrison Dam average daily releases. Devils Lake elevation: 1,449.28 feet above mean sea level (MSL). Stump Lake elevation: 1,449.33 MSL.

• N.D. Game & Fish Dept. game wardens: No Missouri River System, north-central area lake, or Devils Lake reports.

• Devils Lake, Ed's Bait Shop, Devils Lake: Continued good walleye success throughout much of the lake. Try a variety of presentations.

• Devils Lake, Woodland Resort, Devils Lake: Continued walleye success. Try trolling.

•Lake Darling, Karma C-Store, Ruthville: A few anglers remain on area lakes but limited reports on success.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: A little activity along the spillway boat ramp and north side of Lake Darling with lots of shore-fishing around Grano and fair to good success. Lake Darling open to shore-fishing only at designated areas.

·Lake Metigoshe, Four Seasons, Bottineau: Slow with anglers waiting for the ice-over transition.

 Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea continues producing walleye around Deepwater Bay. Missouri River tailrace improving in the chutes for walleye.

 Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Continued walleye success on the east end of Lake Sakakawea around Douglas Bay working shallow water 10 to 15 feet using jigs and minnows.

• Upper Souris Nat'l. Wildlife Refuge open to deer unit 3A2 antierless license holders but refuge permit also required for antiered 3A2 license holders. Refuge's Prairie-Marsh Scenic Drive closed until spring.

- Reminder that most roads and trails closed to hunting if posted on both sides.
- Check all PLOTS signage before driving on with vehicles when waterfowl hunting to ensure landowner allows vehicles.
- Hunters reminded to put identification on tree stands and blinds when set up on N.D. Game & Fish Dept. WMAs.
- •Waterfowl hunters reminded to follow ANS regulations when hunting from boats.
- Nov. 4: Deer gun season opens.
- Nov. 7: Fall crow season closes.
- Nov, 7 Dec. 3: Minot Curling Club team registration.



•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace elevation remains low with little activity. Walleye remain farther west around Beaver and Beulah bays more so than the east end on Lake Sakakawea.

 Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers muddled briefly last weekend but look for clearing water and improving success. Try jigs or Lindy rigs for fair to good walleye activity on the upper end of the Lake Sakakawea.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity on the Souris River or area lakes.

#### Hunting:

completion.

• Waterfowl: Increasing numbers of northern birds moving into areas east of the Missouri River System and farther south along the Missouri River, including whitefronts and lesser Canada geese. Most ducks around central N.D. are still puddle ducks and not much northern movement yet. Not much for northern movement yet in the Devils Lake area, although some snow geese moving in. Mostly local birds around the Towner-Rugby area yet although northern birds moving in along the northern tier around Bottineau. Increasing lesser Canada geese and snow geese in northwest N.D. with some whitefronts still lingering in the area with strong swan numbers yet





HOMEFRONT FOR A

## HOLIDAY MEALS FOR MILITARY

Thursday, November 10<sup>th</sup> 11:30am-1:30pm **Base Exchange** 362 Missile Ave., Bldg. 248 Minot AFB

Register at MyOperationHomefront.org

•Lake Sakakawea, New Town: Continued good walleye success throughout the Van Hook Arm and river area around New Town with fish moving shallower in about 20 feet.

• Deer: Look for fair success although numbers will be likely down along the Missouri River System.

•Upland: Continued pheasant success with harvest closer to

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd. gov).

• Report All Poachers: (701) 328-9921.

THIS SPECIAL FEATURE IS SPONSORED BY:



## 5TH MXG 3RD QUARTERLY AWARDS

The 3rd Quarterly Award Winners from the 5th Maintenance Group at Minot Air Force Base, North Dakota, Oct. 28, 2022.













Airman of the Quarter: A1C Melissa Lopez (5 AMXS) NCO of the Quarter: SSgt Samantha Furtaw (5 MUNS) SNCO of the Quarter: MSgt Kelsey Villarreal (705 MUNS) CGO of the Quarter: 1Lt Susan Pelechek (705 MUNS) Cat III Civilian of the Quarter: Mr. Jason Bova (5 AMXS)













Maintenance Support Professional of the Quarter, Airman: SrA Madison Messer (5 MOF) Maintenance Support Professional of the Quarter, NCO: SSgt Kelli Pearson (5 MOF) Maintenance Support Professional of the Quarter, SNCO: MSgt James Johnson (705 MUNS) Maintenance Support Professional of the Quarter, CGO: 1Lt Matthew Campbell (705 MUNS)





golf. food. cocktails.

In his proclamation, President

Wilson said, "To us in America,

A BRIEF HISTORY OF VETERAN'S DAY NOVEMBER 11



President Eisenhower signing HR7786, which redesignated Armistice Day as Veteran's Day (va.gov)

Veteron's Day (V0.gov) the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..." Originally, the holiday was meant to commemorate WWI veterans and promote the cause of world peace, but in 1954 it was redesignated as "Veteran's Day" to honor *all* of the brave Americans who have served this country.





Maintenance Professional of the Quarter, Airman: A1C Lucas Pemberton (705 MUNS) Maintenance Professional of the Quarter, NCO: SSgt Eugenio Rodriguez (5AMXS) Maintenance Professional of the Quarter, SNCO: MSgt Benjamin Deachin (5AMXS) Maintenance Professional of the Quarter, CGO: Capt Dylan Schwan (705 MUNS)

Trailblazer Innovation Award: TSgt Jacob Corey (5 AMXS)







## GREAT SMILES COME FROM VIBETO ORTHODONTICS

Traditional metal and clear braces
 Invisalign<sup>®</sup> and Invisalign Teen<sup>™</sup>clear aligners

SCHEDULE A COMPLIMENTARY INITIAL ORTHODONTIC CONSULTATION TODAY!

Bryan Vibeto, DDS, MS

(701) 839-6010 2615 Elk Drive Suite 2 Minot, ND 58701













#### **Minot Career EXPO Volunteers**

When: 09 Nov 2022 between the hours of 0830-1430 hrs. Where: ND State Fair Center This is a career awareness event for High School and College Students. Volunteers are needed to assist students in the following areas: Facillitate Breakout Presentation Work the registration table

- Guide Students
- Work the Hospitality Cart for Exhibitors

To volunteer, contact Arlene Eslinger at 701-420-1804 Checkout our new website for more details at www.minotcareerexpo.com

#### **Operation Hero Winter Edition Event Volunteers**

(January 20)

Operations Heroes, a fun, kid-friendly event for children to interact and experience a little bit of what military life is like. Friday, January 20th, from 1600-2000 at the Tur

#### **Minot Minotauros Game Volunteers**

o Arrive at the Pepsi Rink at 6:00 pm on Home Game Nights. Doors open at 6:35 pm. (https://www.minotauroshockey.com/printable-schedule) o outlining games:

o Thursday, January 5th, Puck Drop is 7:05. We're asking volunteers to be here by as close to 5:30 pm as possible.

oCheck-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in. For FULL volunteer expectations and requirements, please reach out.

POC: V. Conner, Digital Content Manager, Minot Minotauros Hockey Club Cell: 302.682.1575, Office: 701.852.0101 https://www.minotauroshockey.com/adbrochure

#### Dragon Booster Club Holiday Party Planning/Volunteers

The Dragon Booster Club is looking for volunteers to help plan our upcoming Holiday Party. We intend to make this year's celeb





## THE DAKOTA'S AR AUTHORITY Parts, Accessories, Modifications, Repair & Custom Builds

Shop Online www.NodakArms.com Sales@nodakarms.com • 701.839.0005 Follow us 2 Miles East of Minot on Highway 2



North Dakota RV Dealer **#1 Motor Home, Towable** & Toy Hauler RV Sales

3000 14th Ave SW • Minot, ND Hours: Monday - Friday 8:00 am - 5:00 pm Saturday 8:00 am - 2:00 pm 701-838-4343 • 800-488-7896

www.capitalrv.com



Unit POCs: These volunteers will rally their unit for participants & craft a fun, kid-friendly interactive experience showcasing their career. Requesting unit POCs notify MSqt Bird (see contact info below) by Nov 7th to start planning meetings.

Set-up: January 19 & 20, as needed. Setup will depend on the extent of each unit's involvement/imagination. Tear down: January 20th-22nd, as needed NOTE: this will be a strictly indoor event. Want to volunteer, call or email MSqt Christian Bird at 723-6605 or christian. bird@us.af.mil.

**Caring Edge Hospice Volunteers** 

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base. POC: Shelby Stuckey, Volunteer Coordinator • (888) 223-4287

shelby.stuckey@caringedge.com

best yet! If you're interested, please show up with your ideas.

POC: DEVIN S. WIGLEY, TSgt, USAF, NCOIC, ICBM Feeding Operations 5 FSS/FSVFM DSN: 453-3118 Comm: 701-723-3118

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC) 5fss.family.support@us.af.mil

# Louisa May Alcott's Little Women Adapted for the stage by Marisha Chamberlain Onstage at Mouse River Players Community Theatre

MOUSE RIVER PLAYERS

Looking for something to do around the Thanksgiving Holiday that would be just the ticket for all members of your family? Consider attending a performance at The Arlene Theatre in downtown at Minot's oldest, continuous community theatre.

Actively presenting live theater performances since 1972, the next show in Mouse River Players' 51st season, Little Women, is currently in final rehearsals and ready to entertain with opening night on Thursday, November 17th.

Based on recollections of her own childhood, Louisa May Alcott's heartwarming story describes the domestic adventures of a New England family of modest means but optimistic outlook. Under the guidance of their beloved Mother, the four young March sisters tempestuous Jo, motherly Meg, shy Beth, and spoiled baby Amy struggle to keep their family going while Father is away fighting in the Civil War. In this dramatized adaptation of the classic novel, as privation, illness and sibling rivalry cast their shadows, each girl strives to overcome their personal burdens to find joy and happiness in her true self.

Katy Allers, a Minot State Alumni and longtime volunteer with Mouse River Players, directs a skilled cast of actors at the Arlene Theatre located at 115 1st Street SE in Minot. Regular patrons may recognize the returning talents of Molly Kostek, Triniti Gregg, Brittany Armstrong, Sarah Bloom, Shad Huber, and Connor Donovan in principal roles along with newcomers Katie Waid, Elora Bailey, Ramanda Nash, Zeb Wallace, and Charles Crane.

Rounding out this colorful cast is our ensemble: Sinie Beck, Annie Carr, Aletheia Bloom, Braya Monley, Kenleigh Monley, Ali Monley, Angie Reinochi, Milagros Burney, and Kambria Hall. The ensemble will take on the roles of various friends and neighbors of the March household. The ensemble will also be greeting you as you enter the auditorium to assist with your seating needs.

While at the theater, check out our new floor to ceiling windows lighting up 1st Street! Little Women is the first show to be able to showcase the upgrade to our building façade. This is only the first step in what we hope will be a visual Renaissance for our building and the downtown area. Plans are



still in consultation toward a new, patron welcoming lobby interior. Participation in our fundraising raffles will help us to reach our financial goals toward this end. Our grateful thanks to all our supporters and contributors who believe in making our theatre a sparkling jewel in the Minot arts community.

This family friendly performance will run Thursday November 17th through Sunday November 20th and again the following weekend, Friday November 25nd through Sunday November 27th. Evening

performances are at 7:30, Sunday matinees start at 2:00 with the box office opening one hour prior to the performance time.

Tickets are \$15 for adults, \$10 for children 12 and under, and \$13 for seniors, students, and military members and their spouses. Go to www.mouseriverplayers.com to purchase your tickets in advance. Seating may be available each performance at the theatre box office.

Experience the magic.... Live onstage!



## EFUNAS UNTEER Team building We have volunteer opportunities that fit your style and your schedule! Painting, lifting, raking, chopping, staining, picking, etc. CALL US TODAY! FOLLOW US ON FACEBOOK **1219 BURDICK EXPY EAST MINOT, ND** www.RPZoo.com • 701-857-4166 Local Cravings **Restaurant Guide** Applebee's **Bone's BBQ** Grill & Bar **Smokehouse & Grill** 2302 15th St SW, Minot, ND 58701 1412 2nd Ave SW, Minot, ND 58701 Phone: 701.839.2130 Phone: 701.838.9140 www.applebees.com www.bonesbbqminot.com ..... Badlands 28 Tastes & Taps **Restaurant & Bar** 1603 35th Ave SW Minot, ND 58701 1400 31st Ave SW, Minot, ND 58701 Phone: 701.838.2828 Phone: 701.852.7335 www.facebook.com/28tastes www.blgrill.com ..... Jamaican Vybz **Mi Mexico** Kitchen 3816 South Broadway Minot, ND 701-858-0777 Suite 200 315 Main Street S Minot Phone: 701.858.0777 Phone: 701-441-9309 www.facebook.com/Jamaican Vybz Kitchen www.mimexicominotnd.com



3000 S Broadway, Minot, ND 58701 3 1st St. SE, Minot, ND 58701 Phone: 701.858.0612 www.prairieskybreads.com



10 & UNDER FREE • AGES 11+ \$2

VENDOR INFORMATON DAKOTAFLEAMARKETS@GMAIL.COM OR CALL 701.278.0866

#### ~ ~ ~ ~ QUALITY OF LIFE Same day appointm

appointments available.

1201 11th Avenue SW, Minot, ND Phone 701.858.6700, 800.841.7321 Hours: Monday-Friday 8 a.m.-5 p.m. cfmminot.UND.edu



Phone: 701.852.4800 www.culvers.com

## Ironhorse Kitchen + Bar

21 E Central Avenue, Minot, ND 58701 Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot

## The Starving Rooster

30 1st St. NE, Minot, ND 58703 Phone: 701.838.3030 www.starvingrooster.com

**Souris River** 

Brewing

## Primo Restaurant

1505 N Broadway, Minot, ND 58703 Phone: 701.838.7746 www.primominot.com

32 3rd St NE Minot, ND, Phone: 701.837.1884 www.sourisriverbrewing.com

## Whiskey Nine

109 Central Ave, Minot, ND 58701 Phone: 701.837.1090 www.whiskeyninend.com

Pink's Bar & Grill

102 128th Ave NW Minot, ND 58703 Phone: 701.852-2385 www.facebook.com/PinksBarGrill

































CULVER<sup>2</sup> S OF MINOT 3000 S Broadway Minot, ND 58701 701-852-4800

## FOR ALL YOUR HOME LOAN NEEDS



Offering a \$700 off closing cost credit in appreciation for your service

=

Mention this ad for the \$700 off

Steve Fennewald NMLS #766570

701-839-3360 2080 36th Ave SW, Suite 205, Minot APPLY NOW ONLINE www.teamnd.benchmark.us

Sarah Burckhard NMLS #766557 **www.teamnd.benchmark.us** This is not a commitment to lend. Offer valid to qualifying borrowers. Borrower receives credit for lender origination fees up to \$700.00 at loan closing. Loan must close and fund with Ark-La-Tex Financial Services, LLC NMLS# 2143 (www.nmlsconsumeraccess.org). Information, rates, and pricing subject to change without prior notice at the sole discretion of Ark-La-Tex Financial Services, LLC.

Other restrictions may apply. (https://benchmark.us) Must present this coupon for it to be valid.

SkinnyWeek provides the tools for sustainable weight management. skinnyweek.com





Tour our HOUSING OPTIONS



Military Special! Get 50% off your first month after you attend two meetings!



FCC provides valuable in-home child care services to support the families of Minot AFB

## Provider of the Month Feature

**NOVEMBER 2022** 

#### What do you enjoy most about being an FCC Provider?

There is a list of things I enjoy about being an FCC provider, but my child care families are at the top of that list. I love my daycare kiddos with all my heart. I learn something new every day...from different ways to do a cartwheel to new methods for teaching the individual child. I enjoy watching them learn and grow while navigating this great big world. I want to thank their parents for sharing thier precious little people with me. Spending time with them is a daily blessing. I enjoy every minute of it!

What are your interests/hobbies?

GINA CLARK-

**NELSON** 

I enjoy spending time watching anime, action movies, and playing board/video games with my husband and son. I love taking girl trips with my sisters and our friends. I also enjoy cooking and/or baking even though my baking skills are questionable. I have a blast hosting themed parties, playing on and coaching sports teams (children or adult league).

What advice do you have for new providers/those interested in being FCC Providers?

One bit of advice..."Never be afraid". If there is something you know in your heart you are great at take the leap. Being an FCC Provider is a rewarding career and a wonderful way to support our military families. If you are interested in family child care reach out to the nearest FCC Provider or FCC Coordinator today! We are excited for you to join our Minot FCC family! I look forward to meeting you soon.







## A FASCINATING THING Patricia Stockdill

Antlers are a fascinating thing.

Just think that all members of the cervid family - deer, elk, caribou, and moose - grow and shed

a pair of antlers every single season. There are many nutritional requirements to develop a set of antlers only to have them fall off and have to do it again each coming spring.

However, it is more than diet and nutrition.

True, diet plays a significant role in antler growth.

Genetics are another factor.

Weather also influences diet because good growing conditions create good, healthy forage for good nutrition. Soil types are another influencing factor

The funny thing about antlers, though, is that they're not a major factor in determining the age of a deer.

True, they can give a person an idea of whether a deer is a young buck or fully mature.

Young bucks aren't as likely to have massive, heavy, multi-point antlers their first year.

However, it's equally true older deer aren't necessarily going to have the biggest set of antlers, either. They tend to put fewer nutrients into antler growth. For those old boys, it's more about being able to prepare for winter and staying alive than developing big antlers. They know what it takes to survive a northern winter.

While it is true that antler and body size can be an indication of just how old a deer is the reality is physical looks don't always translate into actual age. It really goes back to diet and genetics when it comes to antler development.

When it comes to aging a deer, the truth lies not in ones' antlers but in one's teeth.

check station.

Tooth development and tooth wear reveals the secrets to a deer's age.

Like humans, deer replace baby teeth. By the time a young deer is about 18 months old it's in the process of getting its 'big boy" or "big girl" teeth as it gets its third premolar.

All permanent teeth are in place by the time a deer is  $2\frac{1}{2}$  years of age so biologists can age young deer by the presence – or lack of – permanent teeth.

Once they're older than 2 1/2, though, tooth wear is the method used to age deer even though soil types and diet can influence tooth wear.

Once they're older than 5 ½ years of age aging a deer by visual inspection of tooth wear is less reliable.

The most accurate way to age deer is by cross sectioning a tooth, much like rings on a tree.

The Game and Fish Department has a publication "How Old is My Deer?". It's available to order free from their website, (gf.nd.gov). It's a process to get to the link but click "Resources" on the home page, "More resources", "Print resources", "Specialty publications", and then one will finally get to the order form to have the agency mail a free hard copy.

The booklet includes photos of examples of a fawn with its emerging permanent incisors in comparison to one whose permanent front teeth are fully emerged. While incisors can help identify if a deer is a fawn, it's the cheek teeth – premolars and molars – that are better indicators.

The publication also shows the jaws of teeth from deer that are 1  $\frac{1}{2}$ , 2  $\frac{1}{2}$ , 3  $\frac{1}{2}$ , 4  $\frac{1}{2}$ , and 5  $\frac{1}{2}$  years of age, along with an elder statesman for

North Dakota hunters might be surprised to learn that most deer harvested in the state typically aren't those elderly statesmen. One study found that most North Dakota deer taken by hunters were 2 and  $\frac{1}{2}$  years of age and younger - 80 percent, according to one game check that enabled biologists to age deer brought to the

BBQ SMOKEHOUSE & GRILL

comparison.

The bottom line is that while antler size can help hunters get a guestimate of the age of their buck; it really comes down to the teeth of the matter. Or, the Game and Fish Department publication "How Old is My Deer?" reminds hunters: "The number of antler points in no way corresponds to age."

## BEST SMOKED RIBS & BRISKET IN TOWN! FRESH SMOKED MADE FROM SCRATCH RECIPES

1412 2ND AVE, SW. MINOT 701.839.9140 BONESBBQMINOT.COM



MH-139 GREYWOLF LANDING A Boeing MH-139 "Greywolf" lands at Minot Air Force Base, North Dakota, Oct. 29, 2022.

U.S. AIR FORCE PHOTOS I MINOT AFB PA



## Army & Air Force Exchange Services Honors Military Heroes with Veterans Day Savings

#### MINOT AIR FORCE BASE EXCHANGE SERVICE PUBLIC AFFAIRS

MINOT AIR FORCE BASE – The Army & Air Force Exchange Service is saluting American service members this Veterans Day with savings, discounts and deals—and, as always, everything is tax-free.

Veterans Day savings are available at the main store as well as at ShopMyExchange.com. On Nov. 11, military shoppers can receive:

• \$180 off Samsung Class TU7000 4K 75-inch TV. Shoppers who use their MILITARY STAR® card will receive a \$50 Exchange gift card.

• \$400 off Acer Nitro 50 desktop computer. Shoppers using MILITARY STAR will receive a \$50 Exchange gift card.

• 10% off fine jewelry and watches plus take an additional 10% off with MILITARY STAR.

• 30% savings on Ray-Ban sunglasses.

• Complimentary brewed coffee at Express stores and participating restaurants.

Special savings for MILITARY STAR cardholders include: • Double rewards points.

• 10 cents off every gallon of gas

at Exchange fuel locations.

15% off food purchases at participating Exchange restaurants.
\$10 off a purchase of \$25 or

more at Exchange mall vendors. (Coupon required.) From Nov 11-13 the Exchange

From Nov. 11-13, the Exchange is offering three days of savings including:

\$100 off select Traeger wood fired grills plus receive a free shelf and grill cover (\$169.90 value).
20% off select Pacific and

Mongoose bicycles. • Savings on select athletic

apparel.

• 20% off select handbags.

Military shoppers can also enjoy an entire week of savings starting on Veterans Day and ending Nov. 17. Deals during those seven days include:

• \$200 savings on select MacBook Pro 13" Model#MNEJ3LL/A.

• \$50 off on all Apple Watch products.

• \$500 savings on select Samsung 4K smart TVs.

• 20% off all Baht gold and 24K pure gold fine jewelry.

• 30% savings on select power tools.

• Additional 10% savings on all beauty items with MILITARY STAR.

Shoppers can view the digital sales ad at ShopMyExchange.com starting Nov. 11 by navigating to "Weekly Ad" under "Savings" at the bottom of the webpage. Check out a "sneak peek" sales ad beginning Nov. 3

Active-duty service members and their families, military retirees, Veterans with service-connected disabilities and Department of Defense civilians can shop the deals in store as well as online. Honorably discharged Veterans can save at ShopMyExchange.com.



One of the most popular question asked by newcomers at Minot Air Force Base is how do I prepare my car for winter in North Dakota?

Even if it's summer time, it's never a bad idea to start preparing for the harsh winters and with the right gear, you can set yourself up for safety and success in the coming months.

1. Prepare an emergency kit--in the event of a car breakdown or roadside emergency in below freezing temperatures, it's best to have a kit prepared. Basics such as blankets, extra clothing layers, an ice scraper, jumper cables, first aid kit, flashlight, hand warmers, and cell phone charger are a few essentials that will help you out in the midst of an emergency. If you want to be extra ready, you can include a pair of heavy duty snow boots, flares, snacks, a multi-tool, matches, sand or cat litter, tow cables or chains, etc. Emergency kits are especially useful when taking long trips through remote areas.

2. Check your battery or get it replaced before the cold hits--if you're not sure how to check your car battery or replace it if necessary, you can always drop by Tires Plus for help! In the winter time, car batteries can suffer due to extremely cold temparatures, and your car won't be able to run without a functioning battery. A good rule of thumb is to have your car batteries will last between three and five years before their performance starts to go downhill, especially if you don't drive your car for long periods of time.

3. Consider getting a block heater--when temperatures drop, your car's oil can thickens

and make it more difficult to start up your car and in turn increase wear and tear on your engine. Block heaters certainly aren't a necessity in winter, but they are helpful in warming your car's engine and the fluids inside ro reduce stress on engine components and ensure a swifter start up.

4. Get some proper tires--investing in a quality pair of tires is worth it in the icy North Dakota winters. The team at Tires Plus can help you pick out the right type of tire to give you the best traction and control on slippery roads.

5. Inspect your brakes--before the snow hits, it's a great idea to check your brakes. Moisture, road salt, icy roads, and all of the other conditions that come with winter time can put extra strain on your brakes, which are obviously very important in reducing the risk of car crashes or sliding around on the roads.

5. Check your engine coolant/antifreeze level--again, if you're not familiar with how to check these, visit a professional who does! Engine coolant (which contains a mix of antifreeze and water) can prevent your engine's cooling system from freezing in cold temperatures. It also keeps your engine from overheating, which can cause serious damage.

Whether you're new to Minot or a seasoned resident, it's important to make sure your vehicle is prepared for winter. Not only can this potentially save you money on repairs in the event of a major weather-related catastrophe, but it can also keep you and your family safe. If you need more suggestions on how to prepare your car for winter, come on down to Tires Plus and talk with one of our specialists!

**OIL & FILTER SERVICE OIL, LUBE AND FILTER SERVICES CONSIST OF:** • REPLACING THE OIL FILTER • CHECKING THE AIR FILTER • NSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD • OILING ALL FITTINGS • CHECKING ENGINE FOR HOLES

## SALMON WITH SPRING VEGETABLES AND PESTO

INGREDIENTS 4 (4 OZ EACH) SALMON, SKIN-ON, PIN BONES REMOVED 2 TABLESPOON OLIVE OIL

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve immediately. Enjoy!

e to 500°F

Mart

KOSHER SALT AND FRESHLY GROUND BLACK PEPPER 2/3 BUNCH ASPARAGUS, BOTTOM THIRDS OF STALKS REMOVED AND SLICED INTO 1 INCH PIECES ON THE BIAS 2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO ½ INCH PIECES ON THE BIAS 6 2/3 OUNCE CHERRY TOMATOES, RINSED AND HALVED 1 1/3 LEMONS, HALVED 1/3 CUP FRESH PESTO 2/3 LEMON, ZESTED FRESH BASIL LEAVES, FOR GARNISH



n Davy - GM

www.HofE.com/BBQHQ





Auto Care - Valvoline Instant Oil - Tires Minot AFB I 61 Missile Ave I 701-727-4141 Minot I 1301 20th Ave SW | 701-837-1301

CHECKING BELTS AND HOSES
 INSPECTING TIRE PRESSURE

CHECKING ENTIRE UNDERCARRIAGE



## YOU CAN DEPEND ON YOUR HOMETOWN EXPERTS TO SERVE ALL YOUR CAR CARE NEEDS IN MINOT.

## Auto Care - Valvoline Instant Oil - Tires Minot AFB | 61 Missile Ave | 701-727-4141 Minot | 1301 20th Ave SW | 701-837-1301

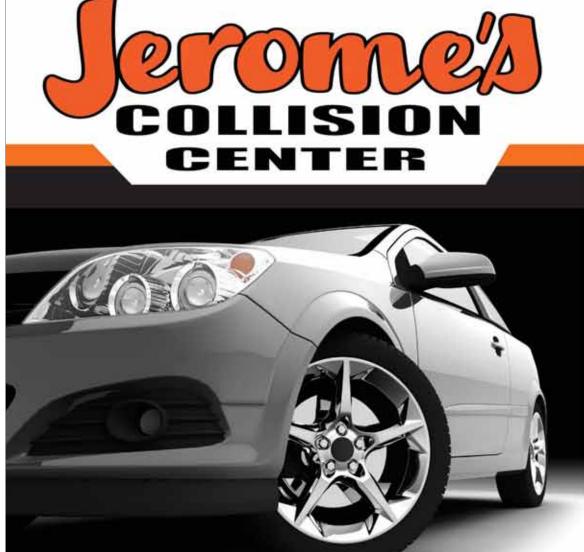






CHIEF MASTER SGT. TAVARES PROMOTION **CEREMONY** 

U.S. AIR FORCE PHOTOS I MINOT AFB PA



# **Your Collision Experts**

## What We Do



- Vehicle Collision Repair
- **Boat & Fiberglass Repair**



Semi-Tractor Body Work



**RV Body Repair** 





- **Vehicle Detailing**



**Nationwide Lifetime Warranty** 



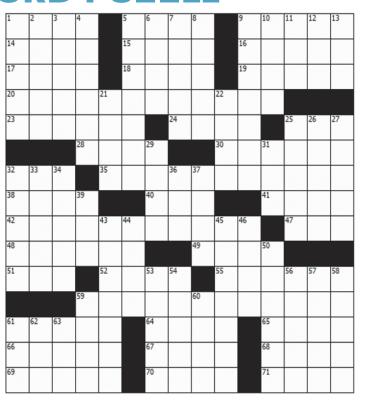
## Don't Settle for Less, **Choose Jerome's**

## 📞 (701) 852-5126 | (800) 761-1160 Fax: (701) 839-4488 2705 North Broadway, Minot, ND 58703 G Connect with us! jeromescollision.com

#### CROSSWORD P UZZLE

#### Across

- 1. "Want to hear a secret?"
- 5. Radar's unit
- 9. Loud lip noise 14. Lady Bird Johnson's
- middle name
- **15**. Comparison words
- 16. Place for a barbecue
- 17. Windfall
- 18. Nimble
- 19. Wheels of fortune 20. Deli offering
- 23. El Greco's city
- 24. Moss type
- 25. What Rumpole wears
- 28. Affaire d'honneur
- 30. Penman
- 32. It plays it?
- 35. Deli offering 38. Despotic boss
- 40. Second Amendment
- lobby
- 41. Secluded valley
- 42. Deli offering
- 47. It's stranded
- 48. Ant habitat
- 49. Batman and Robin and
- Laurel and Hardy
- 51. Cobbler's tool
- 52. Art
- 55. Mesmeric state
- 59. Deli offering
- 61. Salon tint
- 64. Fictional plantation
- 65. One-time items
- 66. Big house 67. Trendy
- 68. Undeniable
- 69. Seethes
- 70. Aaron of Cooperstown
- 71. Sounds of disapproval



- 1. Beer name since
- 2. Replay mode 3. Type of pigeon
- 4. Drunk as a skunk
- Malefactor

Down

1889

- 6. Poisonous creatures
- 7. Watchband
- 8. Card game authority
- Edmond
- 9. Large irregular spot 10. Ocean
- 11. Bread machine?
- **12**. AFL merger partner
- **13**. Sends down for the count
- 21. Cabinet dept.

- 22. Virile (Abbr.) 25. Exert
- 26. Peer Gynt creator
  - 27. Davis in "The Fly"
  - 29. Late-night host
  - 31. Gas pump abbr.
  - 32. Puccini heroine
- 33. Softly lit

- old
- 43. Charms
- 34. Cross-examine 36. Prince Valiant's son 37. Word with nurse or 39. Prefix with system
- or sphere 44. Hair salon stock
- 54. Brando's birthplace 56. Center or focus 57. Bob Cratchit's occupation
  - 58. Fussy couple?

53. Snag

Winter fall 60. One of "The Waltons"

45. Australian expanse

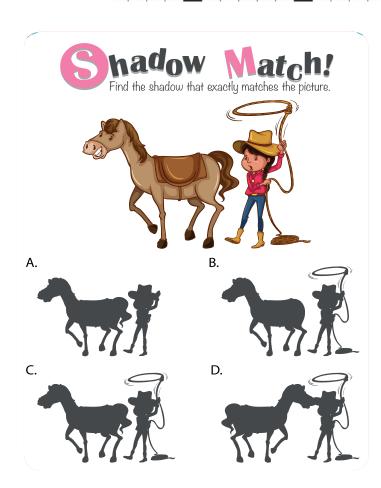
50. Wiser than the rest

46. Director Ephron

- 61. Pinafore letters
- 62. Put away a hero
- 63. Helmsman's course, perhaps

# puzzle. to last week's Crossword Solution t

В	А	В	U		F	Ι	s	Т	s		Р	R	А	Y
L	U	L	L		Ι	D	Ι	0	Т		R	А	Т	E
0	Т	Ι	С		G	E	Ν	R	E		E	С	0	L
С	0	Ρ	E	Ν	Н	А	G	Е	Ν		Т	E	Μ	Ρ
			R	Е	Т				С	R	0			
В	R	U	s	S	Е	L	S		Н	А	R	0	L	D
А	E	s		Т	R	E	E	s		D	Ι	Ν	А	н
С	R	Ι	В		S	А	D	Α	Т		А	Е	R	0
С	А	Ν	E	D		D	A	F	0	E		А	С	Т
А	Ν	G	L	E	R		Ν	E	W	D	E	L	н	I
			G	0	А				L	Е	Ι			
F	А	R	R		W	Α	S	н	Ι	Ν	G	Т	0	Ν
А	R	Ι	А		E	L	Т	0	Ν		Н	0	В	0
s	E	Ν	D		s	L	А	к	E		Т	R	Ι	0
т	Α	К	E		Т	Ι	N	E	S		S	т	E	N



## **SUDOKU**

	1		2			3		
				4		5		2
	6	2		7		8		
7			1	3	4			
2		1				6		3
			9	2	6			1
		5		1		4	6	
6		9		8				
		4			3		2	





Solution to puzzle on page B11

THE

HOURS: Monday - Thursday 11AM - 12AM FRIDAY & SATURDAY: 11AM - 1AM

> **21 E CENTRAL** AVENUE DOWNTOWN MINOT

> > 701.852.8183

RENT THE THEATER (2022) Thriller, Horror (R) OR EVENTS! CHECK OUR WEBSITE FOR MORE INFO TOP GUN: MAVERICK 4TH WEEK! (2022) Action, Drama (PG-13)

 SANCTIFIED (2022) ND Badlands Picture, Western (PG)

BARBARIAN

HELD OVER

1500 4TH AVE NW, MINOT, ND

## Spring 2023 registration open Friday at Minot State

#### MINOT STATE UNIVERSITY

Minot State University's Spring 2023 semester registration is open for all currently enrolled MSU students beginning Friday, Oct. 28. Current Minot State degreeseeking undergraduate or graduate students who enroll by Nov. 4 are eligible for a drawing for a \$500 gift card to SCHEELS of Minot. It is the second straight semester MSU and SCHEELS have partnered for a registration giveaway.

"We are extremely happy to partner with SCHEELS to help reward our current students during priority registration," said Laurie Geller, vice president for academic affairs. "We expect over 1,000 students will register in the first week, so it is important for our current students to meet with their advisors and register for spring classes as soon as possible to ensure they get the classes they need in the formats they want.'

Minot State's priority registration runs until Nov. 4, but students can register for classes up until the start of the Spring 2023 semester, although classes are subject to availability.

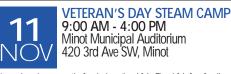
MSU students should consult their academic advisor bv appointment and check with the MSU registrar's office - in person at Administration Building Room 161, by e-mail registrar@ mintostateu.edu, or by phone at 701-858-3345 — for any holds on their account as part of their planning for their Spring 2023 schedule.

New and transfer students must complete virtual new student orientation before enrolling and should check their email for information on how to sign up.

Classes are scheduled to begin on Monday, Jan. 9, 2023 after 4 p.m.

Christmas Big one Art & **CRAFT FAIR** 04-05 SEE TIMES BELOW 2005 E Burdick Expy, Minot

47th Annual Big One Art & Craft Fair in Minot at the ND State Fair Center! 10am-8pm on Friday, November 4th and from 9am-5pm on Saturday, November 5th. There is something for everyone! Come and shop from the 250+ vendors that will fill over 400 booths with handmade home décor, furniture, candles, jewelry, framed art, photography, sewn items for the kitchen, infant/children's sewn items, clothing for infants-adults, upcycled/ repurposed items, soaps, lotions and other homemade bath and body products, baked goods and SO MUCH MORE! Ticket admission is available at the door. \$5.00 for adults, 12 and under are free! \*\*\*\*No side-by-side double strollers allowed. Single strollers and tandem strollers allowed.



November is a month for being thankful. Thankful for family, friends, community, and learning. Are you ready to pay tribute and commemorate some of the most important people in our community? Join us for our Veteran's Day Remembrance Camp. We will be learning, experimenting, and creating activities to remember our veterans and our military.

Santa Rides a Harley 11:00am - 3:00pm

Magic City Harley-Davidson 6701 US-83 South, Minot

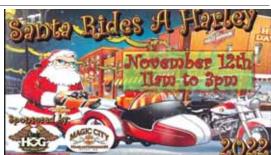




For more information: www.thebigone.biz



For more information: minotparks.com



For more information: Facebook / Magic City Harley-Davidson





-HOLIDAY CRAFTS The Market on 4th

Join us for a fun Ladies Night at The Market - Holiday Style! We will have over 30 projects to choose from at this event including:

- Holiday String Art Holiday Gnomes
- Wooden Bead Wreaths
   Greenery Wreaths
- Santa Trays
  Holiday Round 2-D Signs
  Macrame
  Jewelry Making
- Punch Needling Concrete Art and more!!

Reserve your spot now and choose your project when you get to the event. Your \$30 ticket will go towards the project of your choice – prices range For more information: Facebook / Market on 4th \$35-\$60 each project.



INTERNATIONAL GAMES DAY 12 November 2022 • Minot AFB Lit





MARKET

ORKSHOP

TUESDAY, NOVEMBER 15TH 6:30PM TO 8:30PM

\$30 TO RESERVE YOUR SPOT

HOLIDAY CRAFTS

LADIES NIGHT



GOT A DIRTY CAR?





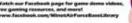
Authentic Jamaican Food

Hours Tuesday-Thursday 11 AM – 4 PM Friday-Saturday 11 AM to 6 PM Closed Sunday & Monday

SUITE 200, 315 S MAIN STREET MAIN MEDICAL BUILDING, MINOT

(F) Check out our Facebook Page for Special Events!

take out or dine in



FORCE STHFORCESUPPORT.COM



For more information visit: www.5thforcesupport.com





## MIC3: Military Interstate Children's Compact Commission





JOY-NICOLE SMITH SCHOOL LIAISON PROGRAM MANAGER, GS-11 DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM

There are unique needs for Prek-12 military-connected families Navigating educational systems across the United States is challenging as you prepare to relocate to a different community. As you prepare to PCS with your military-connected student, one available resource to ease this transition is the Military Interstate Children's Compact (MIC3).

MIC3 is an interstate compact across all 50 States and the District of Columbia. The compact addresses the challenges of the military children encounter on their frequent relocations stateside. It allows for the uniform treatment as military children transfer between school districts in member states. The Compact only applies to public schools and focuses on specific impacts on military connected children such as the transfer of records, course sequencing, graduation requirements, exclusion from extracurricular activities, redundant or missed entrance/ exit testing, kindergarten and first grade entrance age variances, and

power of custodial parents while parents are deployed.

Military Interstate Children's Compact (MIC3) covers students of Active Duty Members of the Uniformed Services, including members of the National Guard and Reserve on active duty orders (Title 10), members or veterans who are medically discharged or retired for one year, members who die on active duty, for a period of one year after death, and uniformed members of the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA), and United States Public Health Services (USPHS).

MIC3 is an incredible resource and is the policy ensuring consistency of the educational experiences of military connected student. For more information on the compact, visit mic3.net. If you are due to PCS or have educational questions or concerns, now is a great time to contact a School Liaison! Please reach out to the Minot AFB School Liaison at mafb.school.liaison@us.af.mil or 701-723-1447.

## 2022-2023 MPS CALENDAR

November 2022 19 days							December 2022						15 days		
S	N	Λ	Т	W	Т	F	S		S	M	Т	W	Т	F	S
			1	2	3	4	5						1	2	3
1	6	7	8	9	10	11	12		4	5	6	7	8	9	10
13	3 1	14	15	16	17	18	19		11	12	13	14	15	16	17
20	D 2	21	22	23	24	25	26		18	19	20	21	22	23	24
2	7 2	28	29	30					25	26	27	28	29	30	31
eterar	eteran's Day - No School Vacation - No School							P/1 <b>D</b> (	ecemb Comp D ecemb cation - N	ay - No S er 23	School <b>-Jan 2</b>	2	Mi	not	HOOLS
	Vacation Days - not contracted day Ho							olidays PD Days - contracted day							
	Early Release Days - 1:15pm						Pare	rent/Teacher Comp Days 🛛 \star 🛛 Weather Make-up Day					Day		







## AUTHENTIC MEXICAN FOOD

## 3816 SOUTH BROADWAY MINOT, ND 701-858-07777

### CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

MON-THUR 11 AM TO 10 PM FRI-SAT 11 AM TO 10:30 PM SUN 11 AM TO 9 PM

WWW4MIMEXICOMINOTNDCOM

## Dakota Elementary: More than a Place to Learn and Work

#### ERIN BEENE, NORTHERN SENTRY

There are three schools located within Minot AFB: North Plains Elementary, Memorial Middle School, and Dakota Elementary. At the Northern Sentry we love our relationships with all three schools and they will each get their moment to show off what makes their school so special. First up is Dakota Elementary where their forward thinking teachers and hardworking, dedicated staff represent a special bond. Their teachers support a new childfocused learning concept and one kitchen staff employee has overcome extreme health issues in this past year alone.

Dakota 1st grade teacher Jessica Foerster and 3rd grade teacher Megan DeGree have embraced a new way of learning with the 'Power of Yet' teaching strategy. This concept has been introduced in all of Minot Public Schools for Math, but these two teachers have grabbed onto the program and utilized it in fun new ways. The program allows a more flexible type of learning speed for students. Instead of letter grades on assignments, this program puts students and their educators in charge of their individual learning. It teaches that just because a student doesn't understand a new concept right now, he/she will. It is just a matter of when or YET. Ms. DeGree said that it takes away the stress of learning as kids can understand that it's ok if they don't get a concept right away. There are things some students grasp and others need more time with, and that's ok. It is about the power of knowledge knowing each student will get there, just at different speeds. Ms. DeGree said, "It's kind of beautiful in that it [the program] scoops up the kids who need extra help, and lets them fly and soar, knowing that it is ok if they need to take another day to learn a concept." Ms. Foerster explained that the 'Power of Yet' conceptual program "teaches kids to set a goal and to not give up, but persevere to reach that goal even if it takes a little longer." Both teachers have created special projects to help students understand that there is power in the word YET and

have embraced the program in innovative new ways.

Besides teachers, there are many staff members and behind the scenes parents who make Dakota Elementary function. One such dedicated staff member is Nutrition Service Assistant, Julie Huntley. Ms. Huntley loves her job so much that after she battled leukemia diagnosis early last year and had to take time off, she could not wait to return to her job at Dakota. Ms. Huntley said, "this is the hardest job I have ever had, physically, but it's the job I have loved the most out of all my jobs." Ms. Huntley found out she had cancer in February of this year. Symptoms progressed very rapidly and before she knew it she was airlifted to a specialty hospital in Fargo where she suffered a stroke, and was nearly put on life support for a time. When she stabilized, and started treatment, it included IV chemotherapy as well as oral chemotherapy twice a day for the first 30 days. She spent the summer months at different hospitals within the state and some time at home as well, which she described as grueling. Obviously because of her intense health needs, Huntley resigned her job at Dakota Elementary in the spring of 2022. However, as this fall neared, she noticed that her job was still not filled at the school. Mrs. Kathryn Lenertz, Dakota Principal, reached out to Ms. Huntley and asked if she would like to apply again for her old job when she was ready. Ms. Huntley was so excited to have the chance to go back to work at Dakota again. So on October 17, just as Ms. Huntley was finishing up chemo, she was welcomed back to the kitchen staff at Dakota Elementary with open and excited arms. "She is truly a miracle and I am a firm believer we weren't able to fill that position on purpose and it was just waiting for her," said Mrs. Lenertz.

The atmosphere of the Dakota Elementary teachers, staff and principal is one of community, partnership and care. It was evident from the conversations that it truly is a place of learning and commitment to the staff and students alike.





On October 17, 2022, Erina Murphy, Shannon, Carissa Lagerquist & Diane Avery welcome back Dakota kitchen staff employee Julie Huntley after a battle with cancer.



Dakota Elementary 3rd grade teacher Mrs. Megan DeGree shows off a class project and book to support the "Power of Yet" program.



1st grade teacher Jessica Foerster supports the new 'Power of Yet' program which allows for student learning at different paces.

\* Hotel \* REVEL MUSIC-ART-COFFEE-BEER-WINE MINOT, ND ==

> 1510 26th Ave SW Former Kelly Inn, Next to the Mall www.revelnd.com

## Hot Tub Suites Weekend Specials

Perks Include:
 Suite with Hot Tub and King Bed
 • Full Hot Breakfast
 Late Check Out - Up to 3:00pm upon request
 Mention Kenny the Duck to receive
 Snack and Soda Swag/Welcome Gift
 \* Based on Availability

Call us now at (701) 852-4300 or 800-735-5868

Tool Surplus Center Best prices on tools in the state!

Full-Time Outdoor Power Equipment Mechanic On-Site! Small equipment in need of repair? Call us!







1619 HWY 83 NW, GARRISON, ND Intersection of Hwy 83 & Hwy 37 701.337.2500

HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m. Saturday: 5:30 a.m. - Noon



Homeschoolers from the city and base join ranks at the Roosevelt Park Zoo.



The elementaryaged kids and their parents were taught about the snake, Bill, and his habitat.



On Wednesday, October 26 members of the Minot AFB Classical Conversations and city of Minot Classical Conversations homeschool communities joined together for an education field trip to the Roosevelt Park Zoo.



Homeschool communities in the area usually execute several outings per month to increase learning in a hands-on manner.



## WINTER VEHICLE PREP... GETTING READY FOR ANOTHER COLD MORNING

Winter driving can be trying on both the vehicle and its operator. As with many other things in life, preparation is the key to success. A few cold-weather parts and preparatory procedures can make the difference between being stuck in a drift and making it home.

Routine vehicle care is the best way to keep from being left out in the cold. This includes tune-ups and inspection and replacement of worn belts and hoses. Cold weather makes pliable materials stiffer and more brittle. It also makes fluids thicker. With this in mind, people who live in extreme climates often use lightviscosity synthetic lubricants, which work across a wider temperature range than conventional oil. Those who don't want the added expense sometimes use lighter-weight oils in the winter, such as 5W30.

Antifreeze should be kept at approximately a 60:40 coolant-towater ratio. In extreme conditions, too little antifreeze in the mix can allow the coolant to freeze and crack the engine block. Installing a higher-temperature thermostat, say 195 degrees, will help heater performance and help the engine burn off condensation.

Battery maintenance also improve cold-weather performance. batteries that reauire For maintenance, make sure that all cells are full of water. Keep all battery terminals and cable ends clean, and make sure the battery is well grounded. Several engine-block heating systems are available, both on the OE level and from the aftermarket. Most new vehicles sold in cold country come with factory-installed block heaters that replace one of the engine's freeze plugs or connect to the heater hose.

ROD KRAUSE

5TH BOMB WING OCCUPATIONAL SAFETY AND HEALTH MANAGER

Check the coolant level and make sure that the radiator has the proper mixture of antifreeze and water.

Check tire inflation to verify optimal tire contact with the road.

Keep the gas tank at least half full. This limits the amount of condensation that can enter the fuel system and also can improve traction, especially in rear-wheeldrive vehicles, by adding weight. Adding gasoline antifreeze to the fuel tank will help protect against fuel-line freezing.

Consider adding weight to the trunk or pickup bed in rear-wheel drive vehicles. Bags of sand both add traction-improving weight and can be dumped on ice to improve traction further. Make sure to secure the extra weight to the vehicle with motorcycle straps or other suitable restraints.

Before departing, scrape ice and snow from the roof in addition to every window, mirror and light. Never splash hot water on glass to melt ice.

Lube door locks and latches and coat weather stripping with silicone spray to help keep doors from freezing shut.

Prepare for the worst. Put extra winter clothes, blankets and even a sleeping bag in the trunk, take water and food (such as energy bars), pack a flashlight, extra batteries, matches and a first-aid kit. Take along a cell phone if possible.





## Kim Albert Agency 701-852-1460 2825 S. Broadway, Suite 2 abby.martinson@allstate.com



© 2019 Allstate Insurance Co.

#### **PRE-FLIGHT CHECK**

Perform a general check of brakes, lights, defroster/heater, fluid levels, belts, hoses and exhaust system.

Check the condition of wiper blades and consider upgrading to winter/snow blades. Always "park" blades before turning off the vehicle to minimize chances of sticking to the glass. Better yet, lift blades off the glass overnight.

0585723

## you to Minot AFB

Checking & Savings Online Banking for those on the go! Loans for Autos, RV's, Life in General

ATM conveniently located at Rockers on Minot AFB.

## Minot AFB • 210 Summit Drive Minot • 1819 S Broadway

**O F** 

nsccu.com



## CHURCHDIRECTORY

CHOKCHDIKEC				
Chapel Services at MAFB North Plains Chapel	St. Peter The Aleut Eastern Orthodox Church	R	Trinite	Bible Fellowship
in Base Housing Protestant Liturgical Service Christ Chapel	109 6th St. SE Minot • 838-3094 Saturday, Nov 5	BIBLE CHURCH Wednesdays 7:00pm	An Evangelical Free Church 3500 4th St. SW • 839-5127	Worship Service at 10:45am Sundays Sunday School at 9:45am
0900 Protestant Sunday Community Service	5 PM, No Vespers Sunday, Nov 6 10AM, Congregational	and Sundays 10:30am 1821 W Burdick Expressway	(Just North of Super Wal-Mart) Sunday School & Fellowship9:00 a.m. Worship	1720 4th Ave NW, Minot 838-0916
1030 (Holy Communion 1st Sunday) Children's Church during school year	Prayer Service	For More Information: 701.353.9337   www.bfbc.tv Cornerstone Presbyterian	www.trinitychurchminot.org	MinotBibleFellowship.org
Wicca, Pagan, and Neopagan Services Open Circle 1000 on the 1st and 3rd Saturdays of every month	Faith United Methodist Church	Church 1000 NE 3rd Street 852-0315	To Advertise your Church on this page,	Lutheran Church Missouri Synod Sunday Worship
Northern Lights Chapel across from Rockers	5900 Highway 83 N, Minot www.faithumcminot.com	Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship	Call 839-0946	9:30 AM 2209 4th Avenue NW Minot, ND
Catholic Mass Sunday1000 Daily Monday-Thursday at 1200	Pastor Ken Mund 701-838-1540 Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.	Wednesday Evening Schedule Community Dinner	<b>Only \$9.00</b> a space / per week	839-4663 Reverend Philip Beyersdorf www.minotstmarks.com Join us on facebook
Immanuel Baptist Church 1615 2nd St. SE • www.ibcminot.org 701-839-3694		St. John the Apostle Catholic Church 2600 West Central Ave • Minot, ND 58701 839-7076	First Lutheran Church - ELCA 120 5th Ave. NW 852-4853 Sunday Worship 9:30 am	
SUNDAYS: 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP 5:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY	<b>Christ Reformed Church</b> Worship 11:00 a.m. Sunday 234 14th Ave SE www.christreformedchurchminot.com	Daily Mass Schedule: Tuesday	www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com Pastor Brandy Gerjets • Pastor Ellery Dykeman	Gospel Tabernacle Community Church 9999 27th St NE 4 miles south of MAFB
JOURNEYCHURCH ASSEMBLY OF 800 1805 2nd St. SE 838-1111 Sunday Services 9:00 AM & 11:00 AM Wednesday 6:30 PM	Minot Baptist ChurchSending the Glorious Light of Jesus Christ to a Dark and Needy WorldSunday School	Cross Roads Baptist Southern Baptist Convention Sunday School (all ages)9:45 a.m. Sunday Worship11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions)6:30 p.m. Wednesdays (Prayer & Missions)6:30 p.m. Www.minotcrbc.org email: minotcrbc.org email: minotcrbc.org email: minotcrbc.org Baptist Dr. Bob Farmer-Pastor 415 28th Ave SE (Behind Menards) 838-1873	West Minot         Church of God         Family Worship Center         1105 16th St. NW • 839-1407         Sunday School       9:30 a.m.         Sunday School       9:30 a.m.         Sunday Worship       10:30 a.m.         Children's Church & Nursery         Wednesday Family Training Hour         Meal.       5:30p.m.         Classes for All Ages       6:30 p.m.         Youth Center, Friday.       7:00 - 11:00 p.m.         ABC Child Care Center       .852-6352         westminot.com       facebook.com/westminot	James W. Henderson Anna B. Henderson Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday Sunday School
First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org	Apostolic Faith Church, UPCI 2929 19th Ave NW • Minot	Grace Baptist CHURCH OF MINOT Sunday Service: 4:00 p.m.	BOSIC where faith@life meet	To Advertise your Church on this page,
Classic Worship Service	Located off Hwy 83 Bypass West (701) 838-0609 Saturday School	Wed. Prayer: 5:30 p.m. at Living Word Lutheran bldg 710 46th Ave NE, Minot Web: gracebaptistminot.com E-mail: gbcminot@gmail.com	OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404 www.oslcminot.com Bay, Heath Trampa	Call 839-0946 Only \$9.00 a space / per week
Rev. Kent Hinkel, Senior Pastor Elaine Carlson, Children's Ministry Director	Jesse Starr, Pastor	RADIO BROADCAST KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun	Rev. Heath Trampe Rev. Brian Doel High School Youth Group (6-8pm)	
A Church of the Lutheran Brethren	ORCS Pr	eschool		

**Sundays:** Worship......9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at: www.ourredeemers.org





Our Redeemer's Christian School 700 16th Avenue SE Minot, ND 58701 info@orcsknights.org • 701-839-0772

www.orcsknights.org

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

## NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR

#### HIGHLIGHTS OF OUR PROGRAM

- Time-tested curriculum including STEM and Language Arts activities
   as well as Free Play
- 2 and 3 day options available

11

[;

- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information. 701.839.0772 Email: jschultz@orcsknights.org Website: www.orcsknights.org Morch

**Advertise** FOR ONLY \$9 PER WEEK

**Revisions** MADE UPON NOTICE FROM THE CHURCH

Deadline

TUESDAYS BY NOON WEEK OF PUBLICATION



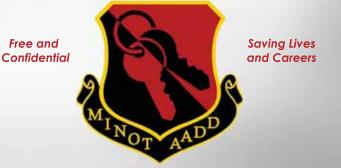
## VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM



## **DON'T RISK IT ALL! IF THERE IS ANY DOUBT CALL**

weekends! Enjoy the fun and festivities while you work. include weekend work. Nights CONTACT RANDY AT 5p-finish. Apply in person 701.630.7070 at: 605 27th St SE, Minot

## **AIRMEN AGAINST DRUNK DRIVING**



Available to ALL Minot AFB Military Members and Spouses

- ▶ Call AADD
- Notify location and destination
- State the amount of people that need a ride
- Give a description on an easily identifiable article of clothing
- Verify member's military/ dependent status by showing identification

CONTACT US AT: (701) 727-2233 (701) 727-AADD

**THURSDAY, FRIDAY & SATURDAYS** 10:00 PM - 03:00 AM

## **ADULT & TEEN BAGGERS NEEDED** AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only Adult Hours Tuesday-Friday 7am-4pm

 Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

ND 58701 or contact: Matt Mackey By email or phone mmackey@kalixnd.org at 701-852-1014.

MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL. Part-Time Retail sales 25-35 hrs/ week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway.

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

tfn

tfn

# **CLASSIFIEDS**

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

## MINOT AFB ANNOUNCEMENTS

#### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's preeminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 21 Nov-29 Jan. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

#### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

#### PARK UNIVERSITY MINOT -

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

#### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-toface classes at the Minot Air Force Base.

There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@ minotstateu.edu



# WHAT'S GOING ON MAFB

## FRIDAY

- HIIT Strength & Conditioning, 0500, Fitness Center
   Grand Reopening First 200 Single Airmen Bowl Free, 1600, Rough Rider Lanes
- Gobble Up Skate Night, 1800-2000, Youth Center

## WEDNESDAY

- HIIT Strength & Conditioning, 0500, Fitness Center
- Spouses Welcome on the Road, 0830-1430, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
   Story Time, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- Civilian Employment Basics 101, 1400-1600, M&FRC
- Swerk, 1730, Fitness Center
- Fighting Game Night, 1800, ESC
- Yoga for Fitness, 1830, Fitness Center

## SATURDAY

• Grand Reopening - First 200 Family Members Bowl Free, 1600, Rough Rider Lanes

## THURSDAY

- AFGSC Family Day
- For full listing Veterans Day holiday facility hours, visit 5thforcesupport.com
- Pre-Separation Counseling, 0830, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting

## **NOV. SPECIALS**

#### Bomber Bistro • Chicken Alfredo

Grilled chicken enveloped in creamy alfredo sauce and topped with Italian seasoning and parmesan cheese!

#### The B-Fifty Brew • Matcha Green Latte

Smooth and creamy matcha sweetened just right and served with steamed milk. This favorite will transport your senses to pure green delight.

#### Rockers Bar & Grill • Smokin' Bomber Burger

Seasoned 1/3Lb burger layered with cheddar cheese, smkoky bacon, 2 stacked crispy onion rings and barbeque ranch on a bed of lettuce and tomato!

## ONGOING

• FCC Pre-Orientation: One-on-One Appointments: Family Child Care – Call to schedule an appointment.

## SUNDAY ().

• Zumba, 1400, Fitness Center

## MONDAY 07

- 2026 Winter Olympics WCAP Application Process Ends at https://myairforcelife.com/sports-world-dass-athletes
- HIIT Strength & Conditioning, 0500, Fitness Center
   Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Run for Fitness, 1630, Fitness Center
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

## FRIDAY

## Veterans Day

For full listing Veterans Day holiday facility hours, visit 5thforcesupport.com
 Veterans Day Special Lunch, 1030-1330, Dakota Inn Dining Facility

## SATURDAY

- For full listing Veterans Day holiday facility hours, visit 5thforcesupport.com
- Hidden Treasure Escape Room Game Begins at the Minot AFB Library
- International Games Day at the Minot AFB Library
- Cycle & Strength, 0900, Fitness Center



## NEW DISCOUNTS! FOR CYP EMPLOYEES

- 100% discount for the first child enrolled in a CYP program
- 25% discount for any additional children of direct care staff
   25% discount for each child for other CYP/FCC personnel
  - Don't forget about our other CYP Benefits!



Columbia

Private, Non-Profit, Accredited.

College

## TUESDAY 08

- HIIT Strength & Conditioning, 0500, Fitness Center
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Post Prairie Vigilance Event, 1600-2100, Jimmy Doolittle Center
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

## NOW OPEN IN MINOT!

POST PRAIRIE VIGILANCE EVENT

NOU 8TH - 4:00PM - CLOSE

Enjoy games, food, Drinks, & Activities!

## BEER TASTING: \$10 PER PERSON

FORCE STHFORCESUPPORT.COM

Columbia College-Minot located on Minot Air Force Base

## Over 30 programs offered online!

Military.CCIS.edu | (701) 714-0000 | Minot@CCIS.edu

## People you know. Experience you trust.



firstwestern.bank

