

northsentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 60 • ISSUE 50 | MINOT AIR FORCE BASE | FRIDAY, DECEMBER 16, 2022

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MINOT AFB AIRMEN COMPETE IN STRONGMAN EVENT



Team Minot competes in three different weight divisions to see who is the strongest at Minot Air Force Base, North Dakota, Dec. 10, 2022. The Frossen Krig Event was comprised of six different events, the log press, axle bar dead lift, carrying medley, grip strength, sled push/pull, and the surprise event, one-on-one tug of war. See page A9 for more on the event.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EVAN LICHTENHAN

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Employer Support of the Guard and Reserve Seeks Nominations for new North Dakota State Chair

NORTH DAKOTA NATIONAL GUARD PUBLIC AFFAIRS

The North Dakota Committee of the Employer Support of the Guard and Reserve (ESGR) is starting a search for the next North Dakota ESGR State Chair.

The State Chair is an official Department of Defense volunteer position with a three-year term of service. The North Dakota's State Chair provides leadership and vision for a team of dedicated volunteers throughout the state to carry out the ESGR mission.

ESGR is a Department of Defense program to develop and promote supportive work environments for service members in National Guard and Reserve components through outreach, recognition, and educational opportunities. ESGR executes this mission through nearly 3,300 volunteers nationwide providing proactive outreach to Service members and employers making them aware of their rights and responsibilities under the Uniformed Service Employment and Reemployment Rights Act (USERRA). ESGR provides no-cost, neutral mediation to Service members and their employers when issues arise and manage a robust Employer Awards program to recognize the critical role supportive employers have in enhancing retention rates in the Reserve Component (RC).

"North Dakota employers consistently demonstrate very strong support for their Soldiers, Sailors, Airmen, Marines and members of the U.S. Coast Guard

Reserve," said David Somdahl, N.D. ESGR state chair selection team leader. "Those strong bonds were strengthened by Delton Steele, who has led these efforts as State Chair for more than five years."

Ideal candidates may have recent business experience and Veterans' status is not required. Those interested in serving should have an established network of employer and military contacts, working knowledge of the Reserve Components and military culture, and proven experience in budgeting, volunteer leadership management and recruiting, and strategic planning.

Proven leaders who are interested and meet qualifying skills for the North Dakota ESGR State Chair are encouraged to apply. Each interested candidate should submit a nomination package, including the following items:

1. Biographical summary or resume.

2. A letter stating his/her reason(s) for interest in serving, and thoughts and plans for leading the North Dakota ESGR state committee.

3. Other supporting materials, as appropriate (letters of recommendation, photos, etc.).

Nomination packages must be submitted via email or U.S. mail no later than Dec. 31, 2022, to the North Dakota ESGR Search Committee Chair at:

North Dakota ESGR State Committee

North Dakota National Guard
Attn: Ms. Janette Fetch
PO Box 5511
Bismarck ND, 58504.

Applicants may submit their data by email to janette.k.fetch.ctr@army.mil. Questions about the position or nomination process may be directed to Fetch at (701) 333-2057.

For additional information about ESGR, visit www.esgr.mil.



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Bussiere assumes command of Air Force Global Strike Command

CARLA PAMPE, AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE --

Gen. Thomas Bussiere assumed command of Air Force Global Strike Command during a ceremony Dec. 7, becoming the newest leader of the organization responsible for the nation's only intercontinental ballistic missile and strategic bomber forces.

Air Force Chief of Staff Gen. CQ Brown, Jr., presided over the ceremony.

"You provide strategic deterrence, global strike and combat support, so the Air Force can execute our mission to fly, fight and win. Airpower anytime, anywhere!" Brown said, speaking to AFGSC Airmen. "I am thankful for the continued professionalism of the 34 thousand Global Strike Airmen who operate, sustain and secure two-thirds of the nation's nuclear forces."

With this change of command, Bussiere became the seventh commander of Air Force Global Strike Command. He is responsible for the nation's fleet of Minuteman III intercontinental ballistic missiles, the land-based component of the nuclear triad. He is also responsible for all of the nation's strategic bombers, which include the nuclear-capable B-52H Stratofortress and B-2 Spirit, as well as the conventional-only B-1B Lancer.

Addressing an at-capacity crowd of Airmen, distinguished visitors, commanders and senior Air Force leaders at Barksdale's historic Hoban Hall, Bussiere said, "Our mission is critical to our national defense, and you are critical to our national defense."

"Every commander, chief, enlisted member, officer and civilian, it will take a whole team to compete and win," he added. "We can't do this without you."

The general also spoke of the legacy of the command and its long history.

"Our proud legacy of long-range strike is in both NAFs, and we continue to follow their footsteps as we position ourselves for a new era of strategic competition," he said. The legacy and embodiment

of long-range strike is right here in this command."

Bussiere is a 1985 graduate of Air Force ROTC from Norwich University in Northfield, Vermont. He has served in a variety of flying, staff and command assignments, including commander of 8th Air Force at Barksdale AFB, and deputy commander of U.S. Strategic Command at Offutt Air Force Base, Nebraska. He is a command pilot with more than 3,400 hours in the T-38 Talon, F-15C Eagle, B-2A Spirit, B-1B Lancer and F-22 Raptor. He led

F-15C combat missions during Operations Southern Watch and Vigilant Warrior and B-2 combat missions during Operations Allied Force and Iraqi Freedom.

"I am so humbled and proud to lead this historic command," he said. "Strikers, you are the best in the world at what you do, and I know you will continue to do great things for our nation."

Bussiere assumed command from Gen. Anthony Cotton, who takes command of U.S. Strategic Command Dec. 9.



Gen. Thomas Bussiere, Air Force Global Strike Command commander, receives the guidon from Air Force Chief of Staff Gen. CQ Brown, Jr. during the AFGSC assumption of command at Barksdale Air Force Base, La., Dec. 7, 2022. The passing of the unit's guidon symbolizes the official transfer of command to Bussiere.

U.S. AIR FORCE PHOTO | AIRMAN FIRST CLASS WILLIAM PUGH



GEN. THOMAS A. BUSSIÈRE
U.S. AIR FORCE PHOTO

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Alex Buexjuahi-Silis found a \$45 Golden Ticket in the Northern Sentry he picked up at work in the 5th MUNS. Alex know's it pays to read the base paper!

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Normi Santos found a \$45 Golden ticket in the Northern Sentry delivered to their door in base housing. Hey Normi, enjoy your meal at Badlands restaurant!

CONTACTUS

Ted Bolton
 Publisher | Advertising
 701-240-5039
 bagroup@srt.com

Rod Wilson
 Business Development | Marketing
 sentrysales@srt.com

GRAPHIC DESIGN BY
Nikki Greening
 nsads@srt.com or
 nsgraphics@srt.com

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 PUBLIC AFFAIRS
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Maj. Jhanelle Haag
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If It's Going To Be Christmas, Make it White



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**A VIEW FROM
 OUR SIDE**

ROD WILSON, NORTHERN SENTRY

As a kid growing up most of my immediate family was either in North Dakota or Manitoba, Canada. They played a lot of hockey in the small towns where my cousins grew up. Because my Dad grew up in Canada, my brother and I were rink rats on an outdoor sheet of ice that my Dad helped to flood. One small streetlight was all that illuminated the rink, yet we would throw our skates and hockey sticks over our shoulders and head to the rink after our homework was done. We would manage to skate for hours. Only cold feet and fingers would limit the time on the rink.

As soon as we arrived, other kids from the neighborhood would join us to get a game of shinny hockey

going. There were no boards, only the piles of snow ambitiously piled high with shovels defined the rink. Somebody, and we are still not really sure who, built some awkward looking wood goals. They replaced the peach crates that had been oft repaired and were ready for the fire pit.

If you missed the goal on one of your shots, the puck could easily end up buried in the end of the rink in the snow, or even worse it would take flight out into the snow around the rink. It was similar to losing a golf ball in the rough when a puck disappeared into the night. Several evening hockey games ended when we just plain ran out of pucks. Wow, those were the days.

What might this have to do with Christmas in North Dakota in 2022. As I am writing this article there is a threat of a winter storm heading toward Minot. They are talking about double digit snowfall. As one of my friends remarked to me at the coffee shop, "it's probably going to be a very white Christmas."

As I have advanced in years, having a white Christmas has certainly not been as important as it once was. I said most of my family was from around here, but I did have cousins in California. Every year their Christmas card would include a photo of them someplace warm, like around their swimming pool. One year they even sent a photo of their whole family putting Christmas lights

on a cactus. How inappropriate I thought. Christmas was a tree, not a cactus. We had snow so that Santa and his sleigh could get around. I can't imagine that Rudolph and the other reindeer would enjoy a swimming pool for a landing zone.

But, I also remember the year when for some reason North Dakota did not get much snow. In fact, it certainly looked like there would be no snow for Christmas. I can remember discussing how Santa would get to Maddock, North Dakota without snow with my Dad. He didn't seem concerned, which gave me some relief.

As it turned out, that year we received about two inches of snow, and I learned the truth about Santa Claus. You see, I was hoping for a new bike that year. And sure enough, there it was on Christmas Eve. Under the tree when we returned from church. The next morning when I got up, I was glancing out my bedroom window to admire the snow that had arrived in a nick of time. What caught my eye was a bike track from our storage garage to the back door of our house. Do you suppose...I had heard rumors about Santa Claus, but like every kid I chose not to believe these rumors. Santa landed his sleigh on our storage garage and needed to wheel my new bike to our back door, because it was too large for the chimney. And what was more, that new bike looked a lot like the bike that was in the local

hardware store window. Ah, Santa just decided to buy local, I guess. Maybe the elves were too busy.

Back to Christmas 2022. If I have to shovel snow this week, and it certainly appears that is a real possibility, I won't do it happily. But having snow for Christmas is the real deal. Kids who have never had a Christmas with snow, why they'll have an entire new real life event. A white Christmas is a great experience, and as long as you are in North Dakota we want to share our white Christmas with all of you.

BEST KEPT SECRETS

I just had a conversation with Dan from Bottineau Winter Park, and there was never a worry about the park not having a white Christmas. "The snow conditions are excellent" according to Dan. Skiing, tubing, and snowboarding are available for those who make the 75 minute trip to the Lake Metigoshe area. Don't worry about equipment. Bottineau Winter Park has an excellent rental area. Want to give skiing or snowboarding a first time try. Sign up for lessons. Check out the Holiday Hours on their website: skibwp.com.

THIS WEEK'S HUMOR

What did Luke Skywalker say after he planted a Christmas tree farm? May the forest be with you!



**UPSIDE DOWN
 UNDER**
 MARVIN BAKER

I was watching the CBS Evening News recently and Roxana Saberi gave a report on the World Cup from Doha, Qatar. I don't normally watch the CBS Evening News but that name and face rang a bell. It took a minute to recall who she is. If you don't know or remember, she is from North Dakota and has quite a story.

Often times when people from North Dakota become famous, they're athletes, actors, politicians or business executives. Saberi, who grew up in Fargo, is arguably the best journalist to come out of North Dakota since Eric Sevareid.

Ironically, she was born the year Sevareid, from Velva, retired from CBS, 1977. What are the odds of two people from our rural state both winding up as reporters for the CBS network?

Saberi's story starts in Fargo where she graduated from Fargo North High School in 1994. She was involved in piano and soccer and later played college soccer for Concordia College in Moorhead, Minn. She was inducted into the Fargo North High School Hall of Fame in 2007.

Saberi graduated from Concordia in 1997 with degrees in communications and French. But that was only the beginning of her impressive educational resume.

She later earned a master's degree in broadcast journalism from Northwestern University in Illinois. Following that, she received a second master's in International Relations from Cambridge University in England, where she also played on the Cambridge soccer team.

Perhaps more importantly, at least to people in Fargo and the rest of North Dakota, Saberi was crowned Miss North Dakota 1997 and became one of the 10 semifinalists in the Miss America pageant. At the conclusion of that event, she was presented with the Scholar Award.

Saberi's journalistic repertoire is incredible. At 45 years old, she has worked for some of the

most influential news agencies on the face of the earth, and is now employed by CBS. She got her start in Fargo in 2000 as a reporter for KVLV-TV, channel 11.

In 2003 she moved to Iran to work for the U.S. based Feature Story News. During the three years she had press credentials at FSN, she sent reports to South African News, Deutsche Welle (German), Vatican Radio, Radio New Zealand, Australian Independent Radio News and PBS.

In 2006, her credentials were revoked and the Iranian government shut down the FSN bureau. But, she had a second press credential and continued doing reports for the BBC. Later that same year, her British press credential was revoked.

In 2009 she was arrested in Iran on espionage charges and was later sentenced to eight years in prison. Upon appeal, her sentence was reduced to a lesser charge of possession of classified material and given a suspended sentence. She denied both allegations.

Because her father is Iranian and her mother Japanese, Saberi has dual U.S./Iranian citizenship but it didn't help her cause because the Iranian government doesn't

recognize dual citizenship and her case proceeded to court.

Following her release later in 2009, she wrote a book about her experience of being imprisoned, interrogated and even tortured to make a false confession of espionage. "Between Two Worlds: My Life and Captivity in Iran" is the title of the book. It is available on Amazon Kindle, audiobook and hard cover.

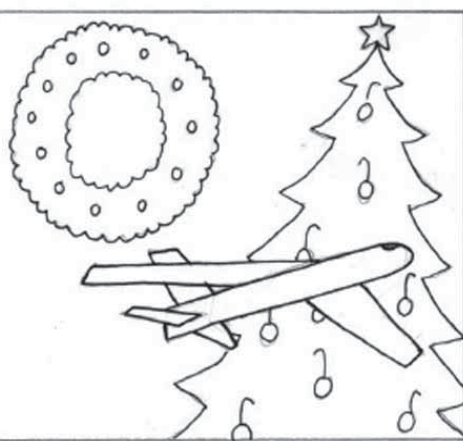
In 2013 her professional career made another leap after she was hired by Al Jazeera as a U.S. correspondent and producer. Al Jazeera's headquarters are located in Doha. In 2016, Al Jazeera America went off the air and in 2018, Saberi became a CBS correspondent working out of its London bureau. She was reporting from Afghanistan when the U.S. military pulled out of the country last year in August.

Saberi has received numerous awards for her work in journalism since she began her professional career at FSN.

If you watch CBS News, keep an eye out for Saberi's reports. She's done extremely well as a TV journalist and to think it all started at Fargo North High School.

Who is Roxana Saberi?...

Some people have a train circling their Christmas tree.
 I, on the other hand, have a B-52 bomber orbiting mine.



TIMOTHY TIMM

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

91st Security Forces Group "Defender Highlight"



SRA AUSTIN M. SHIELDS

Home State: West Virginia

Hobbies: Hiking, shooting, and gaming

Why I Serve:

To be a part of something bigger and experience things I never would've been able to on the outside.

Keys To Success:

Work hard and be honest; attitude is everything.



MSgt Christina Lee & Family

Home State: Florida

Hobbies: Running, gardening, reading developmental literature (reading is so critical!), throwing down with my Pitboss smoker, and feeding people (love language is gift giving)

Why I Serve:

My "why" is my team around me. I must show up daily for them with extreme ownership, or I fail them. My team is my military family, which means a lot to someone who is adopted and associates the term "family" with something invaluable.

Keys To Success:

My team is counting on me to care for them.. not coddle them. Potent/deliberate leadership is needed in the Security Forces career field. This potent leadership style needs a foundation of authenticity and compassion (that is the BALANCE). My favorite key to leadership is "representation MATTERS."

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Mr. Casey W. Jones

Home State: Arkansas

Hobbies: Hunting, Fishing, Video Games

Why I Serve:

A strong family tradition of serving the community and nation and a sense of pride and fellowship within the Air Force.

Keys To Success:

Never stop learning something new and strive to become better every day. Bad days are going to happen; laugh and move on.

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the northern sentry *Salute*

MSgt Edward Zilli

US Army (Retired)
Home Town: Minot, ND

On June 6, 1944, 21 year old Edward Zilli was crossing the English Channel on an LST headed for Normandy France with the US Army's 4th infantry division. Once his feet hit the beach, Ed spent the next twelve months in almost constant motion, involved in some of the most notable events of the war. After fighting his way off the beaches of Normandy and through the hedge rows of France, he helped liberate Paris. After liberating Paris and eastern France, it was on in to Germany, fighting in the Hurtgen Forest, and later the Battle of the Bulge in the frigid winter with only light jackets. He also remembers crossing the Rhine and so many other battles both named and unnamed. Ed was very proud to serve in General Patton's 3rd Army during the war. He left Army in 1953 and returned home to Long Island New York with his beautiful German Bride. He worked as a police officer in Suffolk County and retired as a Captain.

On February 8, 2023 MSgt Ed Zilli will celebrate his 100th Birthday!

GAME SALUTE: DECEMBER 16

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.

Dispute Resolution in Housing



RACQUEL LABADIE, GS-12, USAF
PRIVATIZED HOUSING RESIDENT ADVOCATE
5TH BOMB WING



Under provisions included in the Military Housing Privatization Initiative Universal Lease and Department of Defense Tenant Bill of Rights, Tenants living in privatized housing have the right to prompt and fair resolution of housing disputes. Housing disputes could include issues and/or complaints related to rights and responsibilities established in the lease, such as maintenance and repair, rental payments, inspections, or fees and charges. All disputes must first attempt to be resolved at the lowest level possible between the Tenant and the Landlord (Minot AFB Homes). If the dispute is unable to be resolved at this level, the Tenant can then work with the Military Housing Office (MHO) and/or the available Tenant Support Resources such as Chain of Command, Resident Advocate, Legal, Medical, and the Air Force Housing Call Center (AFCEC). If the dispute is still unable to be resolved via the informal dispute process, the

Tenant may pursue the formal dispute process; however, this can only occur when all informal dispute resolution options have been exhausted and documented. What steps should a resident take when issues arise? 1. Residents should immediately notify Minot AFB Homes of the issue and submit a work order if the issue is maintenance related (701-737-9312). 2. Next, the resident should follow up with Minot AFB Homes, directly with maintenance or with the community office 701-727-0007 or minotleasing@bbcgrp.com. 3. If the issue is still unresolved, residents should contact the MHO at 701-723-4661 or 5ces.ceih@us.af.mil. Residents should also consider engaging with their chain of command or shirt. 4. If further assistance is needed, residents should contact the Privatized Housing Resident Advocate at 701-818-7075. The sooner an issue is addressed, the sooner resolution can be found.



NODAK ARMS

OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL



Fishing:

Lake Sakakawea elevation, Dec. 12: 1,831.59 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.2 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.19 MSL.

•N.D. Game & Fish Dept. game wardens: Scattered walleye success on Lake Audubon with lots of anglers testing early season success. East end of Lake Sakakawea and small area lakes slow yet. No reports from Devils Lake or north-central area lakes.

•Devils Lake, Ed's Bait Shop, Devils Lake: Fair to good for perch. Try East Bay on the main lake or the towers. Access with ATVs yet.

•Devils Lake, Woodland Resort, Devils Lake: Try 16 to 20 feet for walleye and 25 to 32 feet for perch with rattling presentations working structure. Test ice conditions along the way.

•Lake Darling, Karma C-Store, Ruthville: Fair walleye success on Lake Darling and around Grano as well as Lake Audubon.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

- Dec. 17: Canada Goose Eastern Zone season closes.
- Dec. 22: Western Canada Goose Zone season closes.
- Dec. 30: Missouri River Canada Goose Zone season closes.
- Dec. 30: Light goose season closes.

•Lake Metigoshe, Four Seasons, Bottineau: Lots of activity but so-so early season walleye and bluegill success yet.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Lake Audubon producing some walleye. Try a variety of depths and move around with no pattern to the bite. No reports from Lake Sakakawea.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Lake Audubon fair for walleye. Try 12 to 18 feet. Some walk-on activity on Steinke and Centennial bays on the east end of Lake Sakakawea with occasional walleye success.

•Lake Sakakawea, New Town: No new reports.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace quiet.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Lots of activity on the upper end of Lake Sakakawea, including Lewis & Clark State Park with overall decent success and better numbers between the park and Red Mike's. Try late afternoon into early evening in low light hours. Kota-Ray Dam producing some trout.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Some activity on Buffalo Lodge Lake but overall success still slow.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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'Curb Alert' Community Impacts MAFB Families

ERIN BEENE, NORTHERN SENTRY

At Minot AFB the Pay it Forward lifestyle is thriving. Not yet attuned to this giving for free concept? Have no idea what the common referred to phrase 'Curb Alert' really means? Read this heart-warming story to uncover how the spirit of giving is alive and well all year round on Minot AFB and how paying it forward blesses hundreds of military families' lives each year.

According to <https://www.northdakota-demographics.com>, Minot AFB has about 5k people living on base, give or take, at any given time. Of those five thousand, currently 3.2k are followers of the immensely popular Facebook Page Minot AFB Curb-Alert Page. The page, which has simple and straightforward rules, is amongst the most popular on the Minot AFB, for good reason too. The entire page is dedicated to base residents giving out items for free and ceremoniously setting them on their outside curb for others to come by and pick up at no charge: thus Curb Alert. The Facebook rules state: "This page is strictly for Free Curb Alert posts for items that need to be gone ASAP. Just post photos of your items, be descriptive on what you are getting rid of (optional) and post the address so items can be picked up as soon as possible. THERE IS NO SELLING FOR ANY REASON ON THE PAGE!" The page's strict, "only free" policy is upheld by a group of four admins and moderators who help make this page a safe and simple place for all.

A relatively new mil spouse, Jennifer Fajardo-Dobbs, shared with the Northern Sentry about how the page touched her life and helped her out when she needed it the most. She said that when she heard about the page when she lived off base, but when she moved on base she was blown away by how helpful and giving people were. She mentioned how useful the page has been in helping her find needed items and how accepted she felt from everyone because of this page and the generosity of those families on base. Jennifer mentioned that she received a dryer, patio set and lots more all for free, thanks to Curb



A Curb Alert 'customer' shows off her FREE furniture item received from the Curb Alert Facebook Group (along with her very adorable puppy, Bingo).

Alert.

Another spouse, Sophia Smith, said, "It [Curb Alert] has definitely been helpful to our family! When we moved, we were fresh out of high school, 19 & 18, with our 2 year old son, we had most necessities but still needed some things. We ended up finding a dining room table, and then chairs a few days later. We also found a TV stand for our bedroom, and a console table for some decor. We also just got a basically brand new swinging baby chair that I was super excited to find for our next son!"

Nancy Ann Hart said that once she found a like-new air purifier on Curb Alert that helped her husband with allergies. She said she later looked up the model and brand of the unit and it was priced at about \$1,000!

There is no doubt that this community is giving, helpful and there for one another in this off-shoot lifestyle of paying it forward via the Facebook Group, Curb Alert. Jennifer Fajardo-Dobbs put it best when she said, "This community is one of the reasons to live on base. It is natural for people to give and share here, a very selfless giving attitude." She continues to say that, "It makes people feel welcome and wanted and makes being far away from home worth it."

Ultimately, the Minot AFB Curb Alert community and the Facebook group exist to help base residents purge pre-owned usable items easily while giving to someone who wants or needs it instead. It is a highly functioning and successful unofficial program on Minot AFB that shows the truly unique attitude of giving.



MAFB Curb Alert Facebook Group is among the most popular group for base residents.

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A LOOK BACK THIS WEEK IN USAF HISTORY

"OPERATION CHRISTMAS KIDLIFT" BRINGS SOUTH KOREAN ORPHANS TO SAFETY
DECEMBER 20, 1950



Capt. Tone Nobile, a flight nurse, comforts an orphan before the airlift. (USAF Photo)

During the Korean War, Air Force Chaplains Lt. Col. Russell Blaisdell and Col. Wallace Wolverton set up the Seoul Orphanage Reception Center to provide food, clothing, shelter, and medical aid to approximately 4,000 orphans in the South Korean capital. When Chinese forces began pushing towards Seoul, the chaplains feared for the children's safety in the midst of a war zone. On December 19, 1950, Blaisdell met Col. T.C. Rogers, Fifth Air Force Chief of Operations. Along with Lt. Gen.

William Tunner, Commander of Combat Cargo Command, they were able to call in 12 C-54 Skymasters from the 61st Troop Carrier Group. Over 1,000 orphans were airlifted to safety on December 20. Nurses and medics from the 501st Air Evacuation Squadron also provided aid to the children, and most of them were able to make it out of harm's way because of the valiant efforts of the Airmen involved.

Information courtesy of: airforcemedicine.af.mil / USAF Chronology by D. Haulman, P. Jones, R. Oliver

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Friday: 7:30am – 4:30pm
Saturday: 2 a month by appt
Sunday: Closed

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ALS CLASS 23A GRADUATION

Class 23A graduates from Airman Leadership School after five weeks of learning how to be a frontline supervisor and leaders at Minot Air Force Base, North Dakota, Dec. 8, 2022. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN EVAN LICHTENHAN

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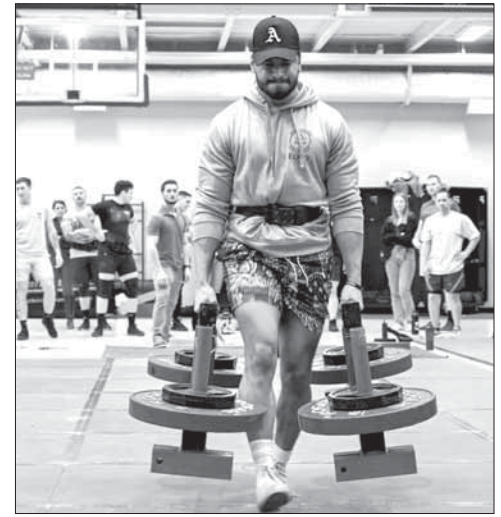
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FROSSEN KRIG STRONGMAN EVENT

Team Minot competes in three different weight divisions to see who is the strongest at Minot Air Force Base, North Dakota, Dec. 10, 2022. The Frossen Krig Event was comprised of six different events, the log press, axle bar dead lift, carrying medley, grip strength, sled push/pull, and the surprise event, one-on-one tug of war. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN EVAN LICHTENHAN

The Frossen Krig Strongman competition was held last Saturday at the McAdoo Fitness Center and participants had blast. Overall winner for the ladies, Jillian Cangealose, said that participants of the Frossen Krig competed in six different events which were all scored differently. Jillian said, "The Frossen Krig was so fun and successful for the base. It had a great competitor turn out, and it was amazing to see all the good

spirited competition that took place. Even though we were competing against each other, we were still yelling and cheering for each person to reach their full maximum potential in each event. We wanted to see everyone succeed at their own ability. It was an honor to be surrounded by and compete against a group of strong women. We all excelled and pushed ourselves to limits that some of us didn't know we even had."



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North Dakota's Most Fascinating Landscape: Abandoned Buildings

ERIN BEENE, NORTHERN SENTRY

There are many standout weather features that make North Dakota a curiosity to the newcomer. The bone-chilling, drastic winds; the neverending sunlight in summer; and the expansive, seemingly endless sky are all features that make North Dakota life so captivating, albeit sometimes intimidating. While gazing across the horizon in this state, it is almost impossible not to notice another unique feature in the landscape: abandoned buildings and structures. While not entirely unique to North Dakota, the curious amount of decrepit, abandoned structures and houses left to fall to ruin by exposure are certainly very noticeable. Meteorologist and photographer Zachary Hargrove came to this discovery and decided that the abandoned building through the state makes a perfect backdrop for his weather photography tour.

Zachary Hargrove's book, entitled *Abandoned North Dakota*, *Weathered by Time*, is a captivating collection of photographs depicting extreme weather with abandoned buildings throughout the state of North Dakota. As a meteorologist, Hargrove was known to snap photos of clouds and extreme weather situations. He quickly realized that the stark contrast of North Dakota's abandoned building made for very interesting photographs. Thus, he began to actively hunt for buildings to photograph which led to his book of buildings. Hargrove traveled the state to find completely off the beaten path locations and abandoned buildings and sometimes entire abandoned towns to photograph.

He came across many interesting places on his travels, but he said the most fascinating was the San Haven Sanatorium in the Turtle Mountains. As a former tuberculosis recovery center, this haunting massive building has been left to complete decay and

nature has taken over. When asked why there seemed to be such a large amount of abandoned buildings in this state, Hargrove mentioned that he doesn't think there are vastly more here than elsewhere, but only that since there are hardly any wild-grown forests or trees, they are much more visible. To explain why so many places are abandoned in the first place, Hargrove said, "The biggest reason is probably the railroad. There were little junction towns that popped up and then suddenly weren't needed when the railroad changed courses. When there was nothing coming in, whole towns were just dissolved. Also, the Dust Bowl and Great Depression hit the area hard and many farmers just packed up and left their farmers and house behind, having no use for them anymore." Hargrove noted that photographing and remembering abandoned buildings is important because capturing this small glimpse of history before succumbing to time and exposure is instrumental in helping us remember the past. He said, "People had lives and memories in these places. Taking a picture keeps that memory alive for just a little bit longer."

Any Minot AFB resident is sure to have noticed a specific abandoned building. Known by many names and often gossiped about is the long with-standing leaning barn on Highway 83 between the city and the base. This almost-collapsed building near Ruthville is often the center of conjecture among base residents. As the building is drastically noticeable, residents can't help but wonder: when will it finally fall over? After every major wind storm, the question in the air is to wonder if it still stands. As this story goes to press, the leaning barn is indeed still standing! The Northern Sentry wanted to get some more information on the history of the building, but after some research



Last remaining structure in the lost community known as Lonetree.

ZACHARY HARGROVE PHOTO

and digging the property of the land on which the building sits was found, unfortunately all methods to establish communication were unsuccessful. So the mystery of the leaning barn remains a mystery. It is anyone's guess as to when it was built, for what purpose and when it will finally collapse into the earth.

Abandoned buildings are a part of the North Dakota landscape that blends in to those who live here but are fascinating eye sores to the newcomer. While Mr. Hargrove was able to uncover some of the mystery surrounding some of these buildings, there are dozens and maybe hundreds more that remain lost to history.



Mystery leaning barn on HWY 83.

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www.applebees.com

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Northern Sentry Christmas Giveaway!

ERIN BEENE, NORTHERN SENTRY

It's the season of giving! Here at the Northern Sentry, we want to say "Happy Holidays" to our loyal readers and base community. We couldn't do what we do without you and we want to say thank-you.

Since we can't give a gift to every single person (we wish), we are giving away TWO fantastic Christmas presents to a few lucky Minot AFB families instead!

Each of these items are valued at over \$100 and will be hand delivered to your house, either on

base or within Minot city limits on December 22, just in time for Christmas!

To enter to win, simply subscribe to our email newsletter, the Weekly Post Brief <https://northernsentry.com/subscribe/>

*Winners will be chosen and notified via email on December 20 and given 24 hours to respond or another winner will be chosen.

**Winners must be able to prove Minot AFB affiliation and have a deliverable address within Minot city limits or Minot AFB.



This gorgeous floral centerpiece made by Flower Central in Minot will add a stunning touch to any Christmas table! Enter to win this fresh flower display made with candles and teal and gold accents!



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17 DEC CP HOLIDAY TRAIN!
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Main Street Crossing,
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The Canadian Pacific Holiday Train will make its annual voyage across North Dakota. Not only will the train emit beautiful beams of Christmas lights, but it will make stops along the way in North Dakota for a concert performance. The Holiday Train is more than just a light show and concert. They also collect food donations for the local food banks. This year, the Canadian Holiday Train will be supporting online donations through Food Banks Canada.
Minot - Main Street Crossing. The train arrives at 6:30 pm. Performance from 6:45 pm to 7:15 pm.



For more information:
www.cpr.ca/holiday-train/united-states

19 DEC PET PHOTOS WITH SANTA
4:00 PM - 7:00 PM
Dakota Square Mall
2400 10th St. SW Minot

Bring your furry friends for photos with Santa during this special Monday evening series! Pets must be on a leash or in a carrier, and pet owners are responsible for cleaning up after them. Photo packages will be available for purchase. Sponsored by Paradise Spa & Motorsports



20 DEC BEAUTY QUEEN VISITS SANTA
5:00 PM - 7:00 PM
Dakota Square Mall
2400 10th St. SW Minot

This tale is as old as time... join us on Tuesday, December 20 for our third (and last!) princess appearance this holiday season! The Beauty Princess will be at the Santa set taking photos with Santa and children. Families can enjoy: Photos with the Beauty Queen + Santa, Face painting, Treats and more!



For more information: www.shopdakotaskquare.com

21 DEC SANTA SKATE AT THE MAYSA ARENA
6:00 PM
MAYSA Arena

Santa Skate at the MAYSA Arena
Showing: The Polar Express
MAYSA Arena - Pepsi Rink
-All ages welcome
- \$5 to skate / \$5 for skate rentals



For more information:
Facebook / Minot Parks

22 DEC "SING 2" MOVIE MATINEE
2:00 PM - 3:30 PM
Minot Public Library
516 2nd Ave SW, Minot

The Minot Public Library will be hosting a movie matinee. The movies are open to adults and children of all ages- 5 and under MUST be with an adult. Feel free to bring your own snack and drink!



For more information:
Facebook / Minot Public Library

TIL 31 DEC SERTOMA CHRISTMAS LIGHTS IN OAK PARK
5:30-10:00 PM (SUN-THURS)
5:30-10:30 PM (FRI & SAT)
Minot Oak Park, 19th Ave SW, Minot

Take a drive through Oak Park this holiday season. \$5/car \$20/bus. Enjoy the lights while supporting our community. All proceeds from this event are invested back into our community through the Minot Sertoma Club.



For more information:
Facebook / Minot Sertoma Club

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WHAT'S HAPPENING AT THE MINOT AFB EXCHANGE

Exchange Giving Away More Than \$4,600 in Tactical Gear Prizes for Space Force Birthday

MINOT AIR FORCE BASE – In honor of the U.S. Space Force's third birthday, the Army & Air Force Exchange Service is giving away more than \$4,600 in tactical gear prizes in a series of worldwide sweepstakes.

From Dec. 16 through Jan. 12, authorized Exchange Minot AFB shoppers can enter at ShopMyExchange.com / sweepstakes to win one of 180 prizes, including:

- Elite Survival Pulse 24 backpack (1 winner)
- Elite Survival Guardian EDC backpack (1 winner)
- Rocky RKC108 tactical boots

(3 winners)

- Streamlight ProTac 2L-X flashlight (5 winners)
- Qalo silicone ring (20 winners)
- Rite in the Rain target (25 winners)
- Nite Ize Radiant pen light (25 winners)
- Otis ripcord (25 winners)
- Gear Aid Heroclip hybrid gear clip (25 winners)
- Mechanix Wear FastFit gloves (50 winners)

Minot AFB Exchange shoppers can also find additional Space Force birthday savings in stores and online. Visit ShopMyExchange.com/savings-center/weekly-ads to view weekly sales flyers.

MILITARY STAR Offering Special Savings for Space Force Birthday Dec. 20

MINOT AIR FORCE BASE – MILITARY STAR® is wishing the U.S. Space Force a happy birthday with special one-day-only savings for cardholders.

On Dec. 20, Minot AFB Airmen and military shoppers can use their MILITARY STAR card to receive:

- 10 cents off every gallon of gas at the Minot Express instead of the everyday 5-cent discount.
- 15% off at participating Minot Exchange restaurants instead of the everyday 10% discount.
- \$10 off a purchase of \$25 or more at Minot Exchange mall vendors. (Coupon required. Visit the main store customer service

desk to receive the coupon.)

“It’s an honor to celebrate our newest military branch,” said Minot BX General Manager Brian Read. “We’re grateful to Guardians and Space Force families for their service and sacrifice to our Nation.”

Additional Space Force birthday savings can be found at the Minot Exchange and at ShopMyExchange.com, including 20% off select Space Force souvenirs and tactical gear. Visit ShopMyExchange.com/savings-center/weekly-ads to view the weekly sales and specials.

To apply for a MILITARY STAR card, see a store associate or visit MyECP.com.

BABY ANNOUNCEMENTS

BABY BOY BORN ON SUNDAY, DECEMBER 11, 2022 TO: MYKA AND ANTHONY DAY MINOT AFB, ND

If you want to put a photo of your baby in the Northern Sentry, send it to nsads@srt.com. Please include your name and the birth date of your baby. Baby listings will come from Trinity.

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NORTHERN CELEBRATIONS

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YES, AQUATIC NUISANCE SPECIES ARE AN ISSUE EVEN IN THE WINTER

Patricia Stockdill

It’s the dead of winter, vegetation in the Great Outdoors is dormant, and it’s too darn cold for many things to survive when exposed to freezing temperatures.

While that’s generally true, it doesn’t mean aquatic nuisance species (ANS) isn’t a concern in the winter. Admittedly, the spread of ANS vegetation such as Eurasian water-milfoil is significantly less of an issue in the winter.

However, ANS is a year-around problem. It doesn’t matter if it’s on any of the three most popular ice-fishing destinations in North Dakota – Devils Lake, Lake Sakakawea, and Lake Audubon – or elsewhere. ANS can still find its way into the smaller lakes during the dead of winter, especially nice little panfish or northern pike destinations.

And, yes, ANS violations occur in the winter. Admittedly, the number of violations decreases because aquatic vegetation lurking on fishing boats, trailers, and other equipment is a non-issue on any lake when its surface is a gargantuan ice cube.

The problem is bait.

Make that illegal bait.

The problem arises if anglers bring bait into North Dakota, which is illegal. Live bait must be purchased in North Dakota. The only live legal bait in the state are fathead minnows, creek chubs, and sticklebacks. The lone exception is anglers can use live suckers on the Red River jointly shared as the Minnesota-North Dakota eastern border – but it still has to be purchased in-state.

However, some states allow shiners and suckers. In most cases, nonresident anglers don’t realize North Dakota has bait restrictions as part of its efforts to keep ANS at bay.

Another winter ANS problem that can arise is some newer 3-season icehouses have water storage compartments allowing anglers to keep bait – or fish – inside without fear of freezing.

That presents an issue because North Dakota’s ANS regulations require all anglers to drain water from compartments on any recreational equipment with

drain plugs or stand pipes, such as live wells.

North Dakota’s ANS regulations allow anglers to transport live bait in water in 5-gallon or smaller bait buckets.

However, that isn’t just a summer regulation – it applies year-around.

While the focus tends to be on zebra mussels, other ANS species not already in North Dakota could be lurking in neighboring states and simply haven’t found their way across state borders. Even though vegetation wouldn’t survive exposure to freezing air temperatures, other ANS could be in water if an angler filled a storage container or bait bucket from the lake they were fishing in.

While ANS such as adult zebra mussels can be visible with the naked eye, ANS such as spiny water fleas are microscopic.

In addition, curly-leaf pondweed is an aquatic nuisance species that loves cold water. It grows in cold water and can start growing early in the spring – sometimes even under ice. Curly-leaf pondweed is already in some of North Dakota’s most popular lakes, including Lake Sakakawea, Lake Audubon, and Lake Metigoshe.

Regardless of the time of year, anglers love to travel when fish are biting and it’s possible ANS could hitchhike along for the ride even in the dead of winter. While there’s less potential in the winter, it’s not something to overlook.

Eight different aquatic nuisance species have been identified in at least one lake across the state: Common carp, silver carp, grass carp, bighead carp, Eurasian water milfoil, curly-leaf pondweed, flowering rush, and zebra mussels.

It’s easy to be compliant, especially in the winter – simply don’t transport water from any lake and use only legal bait bought in the state. Go to the N.D. Game and Fish Department website, (gf.nd.gov/ans) for regulations, ANS species descriptions, lakes in the state where an ANS has been identified, and more details.

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PREPARE A B-52**

Crew chiefs with the 5th Bomb Wing prepares a B-52H Stratofortress pylon for an upcoming payload at Minot Air Force Base, North Dakota, Nov. 29, 2022. The B-52 is capable of carrying a payload of up to 70,000 pounds.

U.S. AIR FORCE PHOTOS
AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM



Senior Airman Ryan Koch, Airman 1st Class Will McClarnon, Airman 1st Class Trey Johnson, 5th Bomb Wing crew chiefs, pose for a photo in front of a B-52H Stratofortress at Minot Air Force Base, North Dakota, Nov. 29, 2022.



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Minuteman III modernization effort kicks off at F.E. Warren

AIRMAN 1ST CLASS SARAH POST, 90TH MISSILE WING PUBLIC AFFAIRS

F.E. WARREN AIR FORCE BASE, WYO. -- The 90th Missile Wing continued modernization efforts on the Minuteman III Intercontinental Ballistic Missile system with the start of Launch Control Center Block Upgrades at the Kilo-01 missile alert facility near Dix, Nebraska, Dec. 2, 2022.

Airmen from 20th Air Force, the 90th Operations Group and the 90th Maintenance Group here are working with Northrop Grumman personnel to complete operationally-equivalent technological upgrades, starting at the K-01 MAF and working their way through the 14 additional sites.

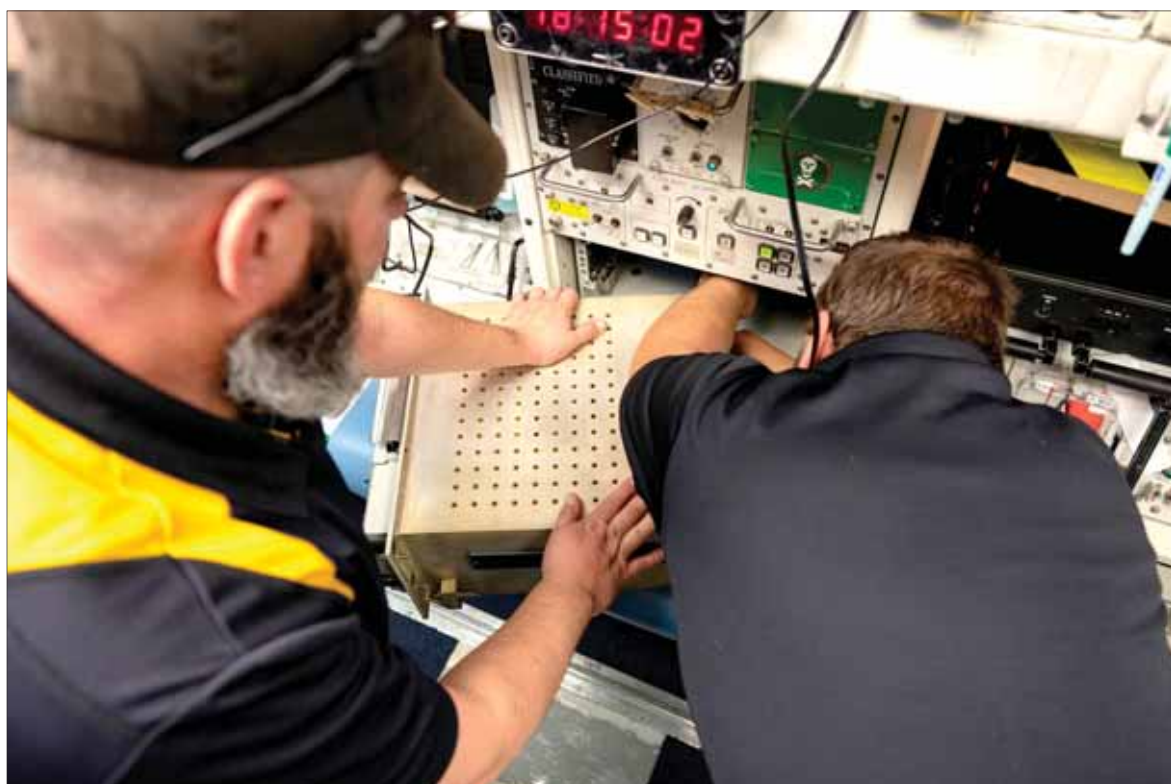
"This is our first operational install for this program, and we have gone through a lot of development and production, so being in the deployment stage now is a big deal," said Kamala Parker, Northrop Grumman LCCBU program manager. "Additionally, we have had tremendous support from the 90th Missile Wing, which has made the process much easier."

Much of the equipment in the LCCs has been operational since Minuteman III came online roughly 50 years ago. The block

upgrade program is designed to replace antiquated or obsolete equipment and support the weapon system with newer technology. The LCCBU effort is focused on upgrades to the journal memory loader and printer, as well as replacing the floppy disc drive with a flash data drive. Additionally, the LCCs are getting upgrades to the oxygen regeneration unit, which is responsible for generating breathable air in the event of a strike on the MAF.

"With these updates, we will have the support equipment needed to sustain MMIII operations for the remainder of the weapon system's life cycle," said Maj. Cory Seaton, 320th Missile Squadron assistant director of operations and the wing director for the LCCBU deployment effort. "This will ensure the safety, security, reliability and effectiveness of our current ICBM while we begin the process of bringing Sentinel online in the coming years."

Innovation and modernization of the land-based leg of the nuclear triad is imperative to deter peer adversaries from hostile actions against the United States, our allies and partners.



Above right: John McKinley, Northrop Grumman deployment team lead, and Kevin Cross, Northrop Grumman field technician, install a new printer in a launch control center, Dec. 2, 2022, at the Kilo-01 Missile Alert Facility near Dix, Nebraska. The new LCC printer is replacing old technology and is designed to last the remainder of the Minuteman III lifecycle.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS SARAH POST

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Transition through innovation: Taking care of mission, Airmen and families

1ST LT. EMILY SEATON, 20TH AIR FORCE

F.E. WARREN AIR FORCE BASE, Wyo. --

As the world adapted to the challenges brought on by the COVID-19 pandemic, so too did the intercontinental ballistic missile force within 20th Air Force. For decades the missile operators, or missileers, pulled alerts in a 3-day ATO rotation model (alert, travel, off-day), but to mitigate the risk COVID presented, the force had to make some changes. Those changes opened the door to more creative ideas to better meet the needs of the mission while caring for Airmen and families.

"In [response to] COVID, crews were deployed for two weeks and had to drastically adjust training and quarantine to meet the mission," explained Lt. Col. Joseph Shannon, 10th Missile Squadron commander at Malmstrom Air Force Base, Montana. "During this initial model, [operations leaders] began to critically think of a better way to accomplish this mission while mitigating the strain on the crew force and maintain their proficiency beyond the pandemic. COVID allowed the opportunity for nuclear ops to explore something beyond the ATO [schedule] that was in place prior to beginning COVID operations."

As we learned more about the virus and administered vaccines, sending two crews out to each missile alert facility for two consecutive weeks evolved into one-week alerts and from there to squadron deployments.

Historically, each missile squadron is responsible for manning five of the 15 MAFs and underground launch control centers in their wing's area of responsibility. To create a better battle rhythm once operations began returning to a new normal, the three ICBM wings implemented squadron deployments. In this new construct, one squadron becomes responsible for manning all 15 of their wing's MAFs/LCCs for a week at a time rather than just their traditional five.

This created a pattern of whole squadrons pulling alert together every three weeks, which allowed for more predictability, unit cohesion within the operations groups and more consistent interaction with the same missile security forces squadrons, facility managers and chefs.

On the flip side though, "the unprecedented predictability of squadron deployment rotations to all wing launch control centers is matched by its equally unprecedented inflexibility," said Lt. Col. Ryan Graves, 320th Missile Squadron director of operations at F.E. Warren AFB, Wyoming. "The challenges of maintaining our alert force during the COVID-19 pandemic demanded immediate adaptation to mitigate health risks, but over time our missile units used the dynamic environment to embrace a culture of innovation. As the threat of COVID-19 continues to wind down, [we] will move towards a hybrid scheduling option capitalizing on the lessons learned from the many scheduling constructs utilized over the past several years."

This leads to the next change in the ICBM force alert structure as they look to align with the shifts the Air Force has made from the Air Expeditionary Force deployment construct to the Air Force Force Generation (AFFORGEN) construct. While missileers typically do not deploy overseas due to their mission requiring them to be deployed-in-place stateside, the



operations groups within 20th Air Force have found ways to apply the AFFORGEN concept.

"Adopting the AFFORGEN model in a three-week cycle of Prepare, Ready/Commit, and Reset has allowed us to create an overall stability to the deployment schedule – operators know when they will be deployed, when they will train, and when they will be in rest status," said Col. Tory Kindrick, 341st Operations Group commander at Malmstrom AFB. "Ensuring that squadron commanders retain the decision authority to deploy forces within their ready/commit week allows flexibility to meet the needs of the mission and our people, which is the bread and butter of command."

This flexibility is displayed with each wing's approach to accomplishing the mission.

Within the 341st Operations Group squadron deployment construct, the 10th Missile Squadron has "implemented flight deployments where each tactical flight took control of a squadron AOR, providing a sustainable war fighting construct, continuity, and true ownership of each AOR by a given flight commander," explained Shannon. "Which leads us to the healthy state that we reside today."

The 90th Operations Group at F.E. Warren AFB plans to return to the traditional model of each squadron manning just their five MAFs/LCCs. The alerts will continue to be a week long, but with the introduction of "multiple, optional changeover days and return home travel for topside periods," as described by Col. Jared Nelson, the 90th Operations Group commander. The aim is to create a better schedule for those with unique situations who may have been at a disadvantage with the rigid 7-day alert construct: nursing mothers, mil-to-mil couples, missileers with young children and

single parents.

As Lt. Col. Eric Buss, 321st Missile Squadron commander at F.E. Warren AFB, puts it, "every crewmember has a unique story and circumstance. Our missileers, facility managers, and squadron staff make sacrifices every day, ensuring our critical mission never fails...having the flexibility to accommodate their personal lives is a force multiplier. As a father of three, with a deployed military spouse and daughter who requires constant monitoring, our family is no exception. Our squadron members are not a commodity taken for granted and we will do everything in our power ensuring the mission is accomplished while meeting the needs and taking care of our Airmen and families."

The 91st Operations Group at Minot AFB, North Dakota will leverage the added flexibility afforded to commanders and maintain the current squadron deployment construct where they have seen the most gains in unit cohesion, command and control, and mission ownership. For example, their 742d Missile Squadron "takes the entire missile field for a week, owns mission execution, debriefs the mission during our training week and gets better every deployment wave" explains Lt. Col. Amanda Filiowich, 742d Missile Squadron commander. "Additionally, commanders have the freedom of maneuver to accommodate special circumstances and family situations on a case-by-case basis which positively affects morale."

The differing methods reflect flexibility, but also a focus on creating a better environment for Airmen and families while still meeting the core AFFORGEN purpose of balancing today's combatant commander needs and building high-end readiness for the future.

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DAVID C. SCHILLING:

TSgt Bradley Engelmann, 54 HS, Minot Air Force Base

2023 AIR FORCE ASSOCIATION LISA S. DISBROW OUTSTANDING CIVILIAN OF THE YEAR AWARD:

Mr. Michael Rickman, 90 SFS, F. E. Warren AFB

2023 GENERAL MARK A. WELSH III ONE AIR FORCE AWARD:

ICBM Test Launch Program Upgrade Team, 377 TEG, Vandenberg Space Force Base

2023 VERNE ORR AWARD:

377th Logistics Readiness Squadron, 377 ABW, Kirtland Air Force Base

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- Primarily nocturnal, Amur Leopards have night vision which helps them to hunt and get around at night.
- Amur Leopards can jump 10 feet high vertically, 20 feet horizontally and are very good at climbing trees. They are solitary ambush hunters, stalking its prey alone and hiding its kill from predators, often in trees.

Fact File

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- A1C Johnson/891 MSFS
- A1C Reyes/5 SFS
- A1C Moore/5 SFS (Extremis Leadership Award)
- A1C Lund 5 MXS (Distinguished Graduate)

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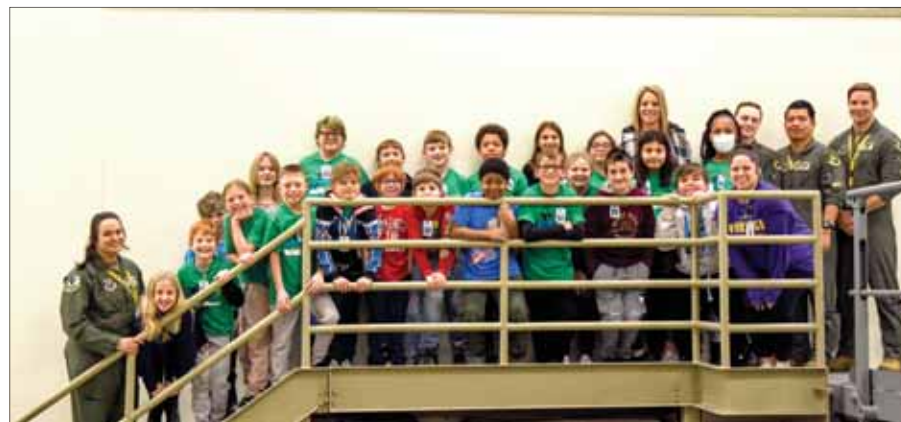
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STARBASE WST TOUR

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- 1 TSP BBQ SEASONING SALT
- 1 CAN FRENCH FRIED ONION RINGS
- 1 CUP CHEDDAR CHEESE, GRATED

When ready to cook, set temperature too 375°F and preheat, lid closed for 15 minutes.

Melt butter in a cast iron skillet and add onions and mushrooms stirring occasionally until softened.

Add drained green beans, cream of mushroom soup and stir gently to combine.

Season with seasoning salt and pepper and sprinkle the top with the shredded cheddar cheese and onion rings.

Bake for 25 minutes. Serve warm, enjoy!

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NOTES ON BEING SAFE

Holiday Fire Awareness



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The holiday season is up on us again! That time of year when friends and family travel, decorations are hung and festive meals are prepared. In the mist of the holiday cheer and sprit, let us not forget about safety. This is something that must be on the forefront of the activities we have planned and are engaged in. When comes to lights and decorating; inspect the condition of the electrical cords for frayed wires, kinks and cracked sockets. Only use appropriate replacement light bulbs. Do not over load wiring with more than three light strands connected together unless the safety label for the lights states otherwise. Overloaded and poorly maintained electrical circuits and cords present a serious fire hazard.

Decorations should be non-flammable or flame resistant and placed away from heat, electrical or ignition- source. Paper chains, strung popcorn garland, homemade or crafted items are great. However, this is could become a problem is not displayed and cared for properly!

Live trees should be freshly cut and not dried out. Once your tree is in place, away from a heat source, ensure that it is kept well hydrated and the needles are hard to pull out of the branch. Should a tree catch a fire, it can quickly engulf a room and fill the air with toxic smoke and fumes.

One more tip to leave you with, scented candles fill the room and air with smells that places you in a cheerful mood. Never leave a burning candle unattended. Unattended candles have been the cause of many house fires.

According to the United States Fire Administration, each year fires claim the lives of over 400 people, injure 1,650 more, and cause over \$990 million in damage over the holiday season alone.

Sure this is the time to have

fun and enjoy the current holiday season, let's do our part to reduce these figures and the chances of an incidents occurring. By taking an extra second to practice personal risk management, this can mitigate a lot of these avoidable incidents.



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The Bomber Bistro

SIENNA BEENE, AGE 7

The Bomber Bistro play area, Little Riders, is a fun place. Me and my brother build houses, airplanes and sometimes big chairs with the huge, soft blocks. The Bomber Bistro has good food. They have pizza. I like pepperoni the best. I liked it when they had kid meals that gave out ice cream.

My mom has a lot of meetings there, so me and my brother go to the play area and I like to bring stuffed animals. I like the Bomber Bistro so much, that's why I wanted to write about it. Sometimes I see kids from my soccer team there and that is really fun.



Sienna at her favorite place on base, the Bomber Bistro play area, Little Riders



Sienna and her brother Max love to build forts when they go to Little Riders

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DoDEA Virtual School: Expanded Eligibility Pilot Program

The Department of Defense Education Activity Virtual School is now accepting applications for the Expanded Eligibility Pilot Program (E2P2) Spring Semester. For students not already enrolled in the program, only single semester courses are available. However, for students that are transferring in the middle of the year, the DoDEA Virtual School may be able to help to continue courses that are not being offered at their new schools.

The Expanded Eligibility Pilot Program is for high school students that are dependents of active duty servicemembers stationed in CONUS that do not



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



have access to a DoDEA brick-and-mortar school. I've attached a flyer that can be used for this spring semester. You can also find more information and the application on our website at <https://www.dodea.edu/dvs/index.cfm>.

If you have any questions, please contact the DoDEA Virtual School at e2p2@dodea.edu. If you have additional questions please reach out to the School Liaison Office at mafbs.school.liaison@us.af.mil.



VOLUNTEER OPPORTUNITIES

Month of the Military Child Volunteers

The Month of the Military Child (MOMC) occurs in April and underscores military connected students' selflessness and sacrifice as they serve our country as part of a military family. The MAFB School Liaison Office is forming a committee for MOMC. The committee will plan, organize, coordinate, and execute meaningful local/statewide efforts in support of military connected children in April 2023. If interested in volunteering to serve on this committee, please email mafbs.school.liaison@us.af.mil and expect an email in January with info on the 1st meeting.

POC: Joy-Nicole Smith, GS-11, MAT, DAF, School Liaison Program Manager
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CCAF Graduation Volunteers

(December 19)

Volunteers are needed for the upcoming CCAF graduation on 19 Dec 2022 at 1300, Jimmy Doolittle Center. Volunteers Needed: • Proctor- 1 person • Narrator- 1 person • Singer National Anthem-1 person • MC- 2 people (one from each wing) • Usher/Escort- 1 person • Proffer- 2 people • Set up and Tear Down- 10 people

POC: SSgt Andrea Boutwell (723-5262) or SSgt Nina Vergara (723-5565).

Dragon Booster Club Holiday Party Planning/Volunteers

The Dragon Booster Club is looking for volunteers to help plan our upcoming Holiday Party. We intend to make this year's celebration the biggest and best yet! If you're interested, please show up with your ideas.

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Minot ND Men's Winter Refuge Volunteers

(until April 30)

The Men's Winter Refuge, is a non-profit homeless shelter that is looking for volunteers to assist with a wide-range of support. Our shelter provides assistance as well as a safe place for men in need during the coldest months. We now have a facility that features 12 beds in 4 bedrooms with 2 full bathrooms and large kitchen/dining and living room area. We provide support and assistance like transportation, clothing, and of course, lodging. We would like to humbly ask the Minot Air Force Base community to share with us their time by volunteering. We're in urgent and dire need of overnight attendants (7pm-5am). Bring a friend or colleague to volunteer, make connections, inspire and encourage people in the facility.

POC: Mike Zimmer, Executive Director
winterrefuge@srt.com • (701) 822-2585

Operation Hero Winter Edition Event Volunteers

(January 20-22)

Operations Heroes, a fun, kid-friendly event for children to interact and experience a little bit of what military life is like.

Friday, January 20th, from 1600-2000 at The Turf
Unit POCs: These volunteers will rally their unit for participants & craft a fun, kid-friendly interactive experience showcasing their career. Requesting unit POCs notify MSgt Bird (see contact info below) by Nov 7th to start planning meetings. Set-up: January 19 & 20, as needed. Setup will depend on the extent of each unit's involvement/imagination. Tear down: January 20th-22nd, as needed. NOTE: this will be a strictly indoor event.

Want to volunteer, call or email

POC: MSgt Christian Bird at 723-6605 or christian.bird@us.af.mil.
Comm (M&FRC): 701-723-3950

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base.

POC: Shelby Stuckey, Volunteer Coordinator
(888) 223-4287
shelby.stuckey@caringedge.com

Minot Minotauros Game Volunteers

HERE'S A SWEET DEAL... Volunteers will receive a FREE dinner, FREE entry tickets for you and your families and FREE flex tickets for future home games too for volunteering a bit of your time!

- Where: Maysa Arena Pepsi Rink
- When: at 6:00 pm Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)
- Puck Drop is 7:05. We're asking volunteers to be here by 5:30 PM.
- Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in.
- Wear the designated security blue coats.
- Enforce the Minotauro Community Standards. (<https://www.minotauroshockey.com/community-standards>)
- Remain on post until 15 min. after the end of the game. Doors must be manned until the rink is empty of fans. No alcoholic beverages may leave the Pepsi Rink.

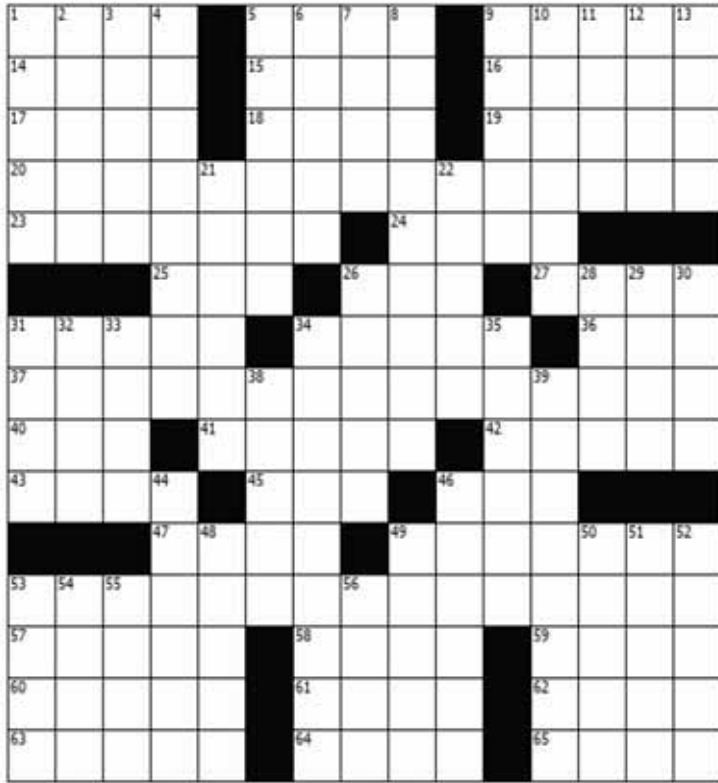
POC: V. Conner, Digital Content Manager,
Minot Minotauros Hockey Club
Cell: 302.682.1575, Office: 701.852.0101



To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)
5fss.family.support@us.af.mil

CROSSWORD PUZZLE

- Across**
- Tramped (on)
 - Good word to see on a bill
 - Loads and loads
 - Coty or Russo
 - Flying fish-eater
 - Puts on the clock
 - Yalies
 - Totally amazed
 - Loony?
 - Party heartily
 - Bouillabaisse cooker
 - Wasp's home
 - California Fort
 - Labor Day mo.
 - Corleone patriarch
 - First name among former VPs
 - Kind of iron
 - Line on an invoice, perhaps
 - Top dog, so to speak
 - WWII entertainers
 - Coal carriers
 - Governor Pataki's predecessor
 - Pealed
 - It may get bruised
 - Solo of "Star Wars"
 - Speaker of a Siouan language
 - Tony winner, 1967 and 1998
 - Superficial effort
 - Same-old same-old
 - 23-Across relative
 - Novel ending?
 - ___ Haute
 - Musical composition
 - Ali-beater Spinks
 - Lemon rinds
 - Betsy or Diana
 - Recipe amts.



- Down**
- | | | |
|---------------------------------|----------------------------------|--------------------------------|
| 1. Long journeys | 21. Dislodge | 44. Kid's racer |
| 2. Kindled again | 22. Flower part | 46. Pester |
| 3. Chilling | 26. Doofus | 48. Adventurer's stock |
| 4. Filling out reports, e.g. | 28. Word with bump or jump | 49. Barely above average grade |
| 5. Certain vegetable container | 29. Abound | 50. Baptism, marriage, etc. |
| 6. Trade talk | 30. Another, south of the border | 51. Legally bar |
| 7. Aware of | 31. Rowel holder | 52. Most high schoolers |
| 8. "The Ellen Show" star | 32. Tilting-tower town | 53. Ice skater's jump |
| 9. Iranian royalty | 33. Computer symbol | 54. "Gotcha" |
| 10. Some real-time broadcasting | 34. Johnny's waiting place | 55. Mongrels |
| 11. Buffalo's lake | 35. Street on the slopes | 56. Food for Fido, perhaps |
| 12. Prosperity | 38. Refrigerator gas | |
| 13. Nine-digit IDs | 39. Sandwich order, sometimes | |

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

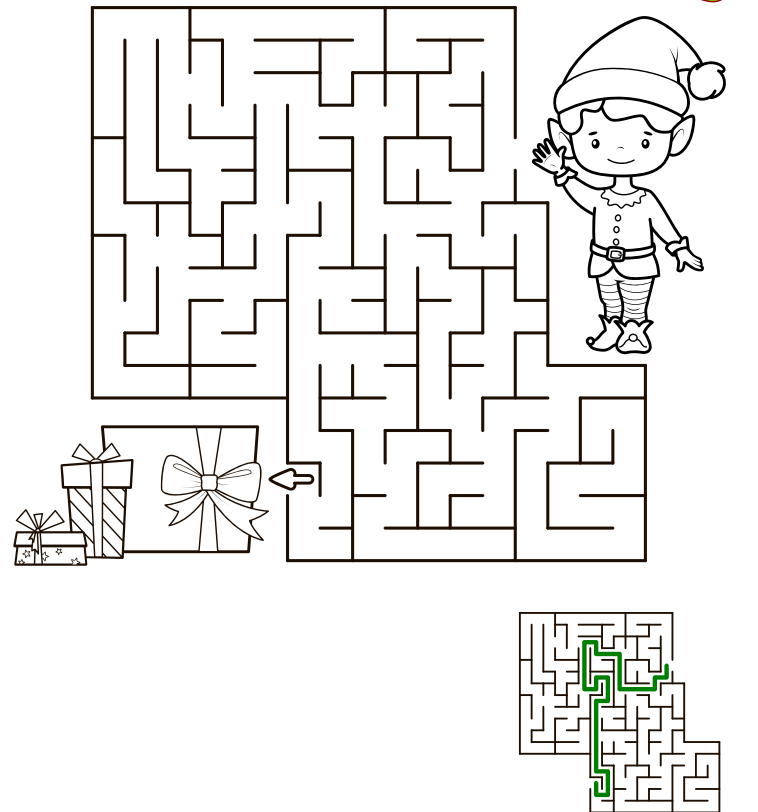
T	R	O	D		P	A	I	D		S	L	E	W	S		
R	E	N	E		E	R	N	E		H	I	R	E	S		
E	L	I	S		A	G	O	G		A	V	I	A	N		
K	I	C	K		U	P	O	N	E	S	H	E	E	L	S	
S	T	E	W		P	O	T		N	E	S	T				
					O	R	D		S	E	P		V	I	T	O
S	P	I	R	O		S	C	R	A	P		N	E	T		
P	I	C	K	O	F	T	H	E	L	I	T	T	E	R		
U	S	O			T	R	A	M	S		C	U	O	M	O	
R	A	N	G		E	G	O		C	A	B	A	R	E	T	
					O	T	O	E		C	A	B	A	R	E	T
L	I	C	K	A	N	D	A	P	R	O	M	I	S	E		
U	S	U	A	L		O	L	L	A		E	T	T	E		
T	E	R	R	E		O	P	U	S		L	E	O	N		
Z	E	S	T	S		R	O	S	S		T	S	P	S		

SUDOKU

Solution to puzzle on page C7

		1			2												
3	4									2							
		2			5			3	6								
7					8	2	4							3			
6		4								5				9			
2		9	4	6										7			
			3	2			6				4						
			8									7	2				
							9									1	

MAZE GAME



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- POLAR EXPRESS** (2004) Animation, Adventure, Comedy (G)
- ELF** (2003) Adventure, Comedy, Family (PG)
- THE GRINCH** (2018) Animation, Comedy, Family (PG)
- TICKET TO PARADISE** (2022) Comedy, Romance (PG-13)
- LYLE, LYLE, CROCODILE** (2022) Animation, Adventure, Comedy (PG)

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CHURCH DIRECTORY

<p>Chapel Services at MAFB</p> <p><i>North Plains Chapel in Base Housing</i></p> <p><i>Protestant Liturgical Service</i> Christ Chapel 0900</p> <p><i>Protestant</i> Sunday Community Service 1030 (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i> Open Circle 1000 on the 1st and 3rd Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p>Catholic Mass Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Saturday, Dec 17 5 PM, Great Vespers</p> <p>Sunday, Dec 18 10AM, Holy Liturgy</p> <p>V. Rev. Fr. Paul Hodge</p>	 <p>Break Forth BIBLE CHURCH</p> <p>Wednesdays 7:00pm and Sundays 10:30am</p> <p>1821 W Burdick Expressway</p> <p>For More Information: 701.353.9337 www.bfbc.tv</p>	 <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Faith United Methodist Church</p>  <p>5900 Highway 83 N, Minot www.faithumcminot.com</p> <p>Pastor Ken Mund 701-838-1540</p> <p>Sunday School (All Ages): 9:45 a.m. Sunday Coffee Fellowship: 10:30 a.m. Worship Services: Sunday 11 a.m.</p>	<p>Cornerstone Presbyterian Church</p> <p>1000 NE 3rd Street 852-0315</p> <p>Sunday Schedule Contemporary Worship 9:00am Sunday School (All Ages) 10:00am Traditional Worship 11:00am</p> <p>Wednesday Evening Schedule Community Dinner 5:30-6:30pm Contemporary Worship 6:30pm Youth Group & Small Groups.. 7:15pm</p> <p>All are Welcome! www.cornerstoneminot.com</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$9.00 a space / per week</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p>Sunday Worship 9:30 AM</p> <p>2209 4th Avenue NW Minot, ND 839-4663</p> <p>Reverend Philip Beyersdorf www.minotstmarks.com <i>Join us on facebook</i></p>	
<p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • www.ibcminot.org 701-839-3694</p>  <p>SUNDAYS: 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP</p> <p>WEDNESDAYS: 11:30 AM SOUP KITCHEN 5:30 PM FAMILY SUPPER 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY</p>	 <p>Christ Reformed Church</p> <p>Worship 11:00 a.m. Sunday 234 14th Ave SE www.christreformedchurchminot.com</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	 <p>First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Sunday Worship 9:30 am</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com</p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	 <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
 <p>JOURNEYCHURCH ASSEMBLY OF GOD</p> <p>1805 2nd St. SE 838-1111</p> <p>Sunday Services 9:00 AM & 11:00 AM</p> <p>Wednesday 6:30 PM</p>	<p>Minot Baptist Church</p> <p>Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	 <p>Cross Roads Baptist</p> <p>Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 6:30 p.m. Wednesdays (Prayer & Missions) .. 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Dr. Bob Farmer- Pastor</p> <p>415 28th Ave SE (Behind Menards) 838-1873</p>	 <p>West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal..... 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday..... 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$9.00 a space / per week</p>
<p>First Baptist Church</p>  <p>200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service..... 8:30 a.m. Sunday School (All Ages)..... 9:45 a.m. Contemporary Worship Service..... 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service..... 11:05 a.m. Children's Church 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Fridays, Celebrate Recovery 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Elaine Carlson, Children's Ministry Director</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	 <p>Grace Baptist CHURCH OF MINOT</p> <p>Sunday Service: 4:00 p.m. Wed. Prayer: 5:30 p.m. at Living Word Lutheran bldg 710 46th Ave NE, Minot</p> <p>Web: gracebaptistminot.com E-mail: gbcminot@gmail.com</p> <p>RADIO BROADCAST KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun</p>	 <p>OSLC where faith & life meet</p> <p>OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404 www.oslcminot.com</p> <p>Rev. Heath Trampe Rev. Brian Doel</p> <p>Sunday Worship 8:15am Traditional Service 9:30am Contemporary (w/ livestream) 9:30am Sunday School & Adult Bible study 11:00am Contemporary Service</p> <p>Wednesdays 6-7pm Adult Choir OSKids (age 4-5th gr.) Bible Class (6th gr.) High School Youth Group (6-8pm)</p>	<p>To Advertise your Church on this page,</p> <p>Call 839-0946</p> <p>Only \$9.00 a space / per week</p>



OUR REDEEMER'S CHURCH
A Church of the Lutheran Brethren

Sundays:
Worship..... 9:00 a.m. & 11:00 a.m.
700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org




Our Redeemer's Christian School
700 16th Avenue SE
Minot, ND 58701
info@orcsknights.org • 701-839-0772
www.orcsknights.org

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Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR

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701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

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for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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701-839-7112 Dec 30

THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

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(701) 727-AADD

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 9 Jan-29 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

BUSINESSES & SERVICES



SUDOKU SOLUTION

PUZZLE ON PAGE C4

9	1	5	6	2	8	7	3	4
3	4	6	7	1	9	2	5	8
8	2	7	5	4	3	6	9	1
7	5	1	9	8	2	4	6	3
6	8	4	1	3	7	5	2	9
2	3	9	4	6	5	1	8	7
1	9	3	2	7	6	8	4	5
4	6	8	3	5	1	9	7	2
5	7	2	8	9	4	3	1	6

ACCOUNTANT

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Minot, North Dakota 58703

WHAT'S GOING ON MAFB

FRIDAY 16

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) – Employment Workshop, 0800-1600, M&FRC
- 12 Jingle Bowling Days of Christmas, 1700, Rough Rider Lanes
- Epoxy Cutting Board Class, 1730-1930, Arts & Crafts Center
- Youth Programs Snow Ball, 1800-2000, Youth Center
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes
- All Night Pajama Party, 2000-0100, Rockers Bar & Grill

TUESDAY 20

- HIIT Strength & Conditioning, 0500, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

FRIDAY 23

- For a full listing of Christmas holiday facility hours, visit 5thforcesupport.com
- 12 Jingle Bowling Days of Christmas, 1700, Rough Rider Lanes

SATURDAY 24

- Christmas Eve
- For a full listing of Christmas holiday facility hours, visit 5thforcesupport.com
- 12 Jingle Bowling Days of Christmas, 1700, Rough Rider Lanes

SATURDAY 17

- 12 Jingle Bowling Days of Christmas, 1700, Rough Rider Lanes

WEDNESDAY 21

- HIIT Strength & Conditioning, 0500, Fitness Center
- Bundles for Babies, 0900-1030, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- First Duty Station Officer Financial Course, 1400-1600, M&FRC
- Epoxy Wine Caddy Class, 1730-1930, Arts & Crafts Center
- Swerk, 1730, Fitness Center

SUNDAY 18

- Zumba, 1400, Fitness Center

MONDAY 19

- HIIT Strength & Conditioning, 0500, Fitness Center
- Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center

THURSDAY 22

- Pre-Separation Counseling, 0830, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Family Bootcamp, 1200, Turf, hosted by the Fitness Center
- Holiday Cookie Craft, 1500-1600, Child Development Center
- 12 Jingle Bowling Days of Christmas, 1700, Rough Rider Lanes
- Thursday Night Football, Doors Open at 1700, Rockers Bar & Grill
- Art Resin Charcuterie Board Class, 1730-1930, Arts & Crafts Center
- Cooking Night, 1800-2000, Rockers Bar & Grill

UPCOMING EVENTS

12 JINGLE BOWLING DAYS OF CHRISTMAS

ROUGH RIDER LANES

STARTS DECEMBER 1ST
AT 5:00PM

A DIFFERENT SPECIAL EACH
THURSDAY, FRIDAY, & SATURDAY!
(EXCLUDING THE 24TH, 29TH, & 30TH)

AVAILABLE ONLY DURING OPEN BOWLING

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DEC. SPECIALS

Bomber Bistro • Italian Hoagie

Ham, pastrami, pepperoni, lettuce, provolone cheese, tomato, Italian dressing on a demi baguette!

The B-Fifty Brew • Peppermint Mocha

Espresso with steamed milk, sweet mocha sauce and peppermint-flavored syrup, topped with whipped cream and dark-chocolate curls.

Rockers Bar & Grill • Shrimp Basket

Corkscrew shrimp lightly battered and fried golden brown, served with fries and cocktail sauce.

Breakfast Burritos + Coffee To-go on January 3rd! at the B-Fifty Brew

Place your order on memberplanet.net
Nov 28th - Dec 28th



Treat the office
to our famous
breakfast burritos +
fresh-brewed coffee!



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NEW YEAR'S EVE!

ROUGH RIDER LANES

DECEMBER 31ST • 11:00AM - 4:00PM

FREE NEW YEAR'S GEAR
& HOURLY DRAWINGS
TO WIN DOOR PRIZES
FOR THE WHOLE FAMILY!



FIRST 200 FAMILY MEMBERS BOWL 3 GAMES FREE WITH SHOE RENTAL

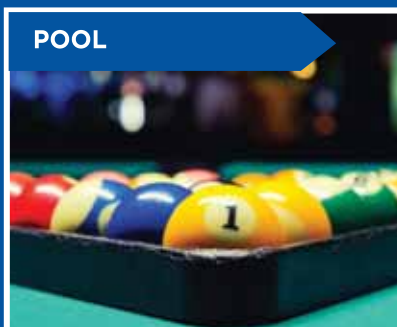
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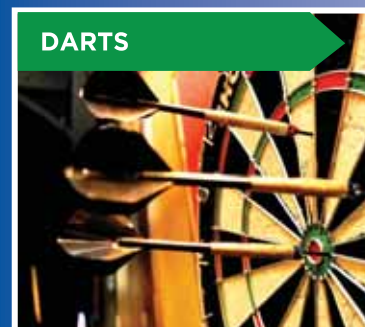
CORNHOLE



POOL



DARTS



MONDAY - THURSDAY:
11AM - 1AM
FRIDAY - SATURDAY:
11AM - 2AM
SUNDAY: CLOSED

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