

# northern sentry

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## WHATS INSIDE THIS WEEK:



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# SANTA VISITS 54 HS

Families take photos with Santa at the 54th Helicopter Squadron at Minot Air Force Base, North Dakota, Dec. 20, 2022. More photos can be found on page B1

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# Sentinel agreement signed in historic ceremony

AIR FORCE GLOBAL STRIKE COMMAND

BARKSDALE AIR FORCE BASE, La. --

More than 150 personnel who took part in drafting the LGM-35 Sentinel Programmatic Agreement participated in a historic signing event Dec. 16, 2022, which simultaneously took place in 11 different locations.

The Air Force's project to replace the aging LGM-30G Minuteman III with the LGM-35 Sentinel encompasses more than 34,000 acres of land, some of which is on property with both cultural and historical significance. The programmatic agreement, which has been in development for more than two years, will not only ensure the Air Force is in compliance with the National Historic Preservation Act, but has grown relationships with those who place great value on this land.

"The Air Force worked with all parties to develop an agreement that balanced the project's national security priorities with the protection of the cultural resources within the project area. This approach recognized that the lands impacted by the project are the ancestral lands of indigenous peoples represented by over 63 tribal governments," said Maj. Gen. Michael Lutton, Twentieth Air Force commander. "The agreement is designed to seek tribal input on the identification, documentation, evaluation and protection of sites and objects of tribal significance through all phases and areas of this project. Through a spirit of respect and cooperation, all parties worked to develop the strongest, most effective agreement possible."

This agreement, which provides process and mitigation measures the Air Force will follow with regards to cultural resources, was signed by the Mandan, Hidatsa, and Arikara Nation in North Dakota; seven State Historic Preservation Officers; the Wyoming Attorney General's office; the National Park Service Interior Region 6, 7 and 8; and the Advisory Council on Historic Preservation. The Little Shell Tribe of Montana and the Ward County Commissioners also signed the Agreement as concurring parties. The Air Force is continuing to work with the remaining 55 tribes, 10 Federal Agency regional offices, 11 state and local governments and agencies, and five non-governmental organizations that are consulting parties and have assisted in developing the document.

"I just want to acknowledge that

we are tremendously pleased with the effort that the Air Force put into developing the consultation plan and carrying it out to engage in such an important number and array of stakeholders in that consultation, and to developing an agreement that very successfully incorporated historic preservation goals at every stage of the process and of the program," said Reid Nelson, Advisory Council on Historic Preservation acting executive director. "We appreciate your commitment. This stands as a model for us of how an agency can carry out such a comprehensive and effective consultation on such an important program."

This historic signing event would not have been possible without significant support from community partners and regional stakeholders.

"I wanted to thank the United States Air Force, all the other state federal and travel agencies and governments for their participation and our invitation to be part of this very prestigious event," said Three Affiliated Tribes Chairman Mark Fox. "Nowhere in the world do they honor, revere or respect our servicemen, and those who have served, more so than we do. It's a very important part of our culture. It goes back to our warrior's societies, in a protection of our own people, but now as part of the United States military as well. We are very proud of that."

Normally, programmatic agreements are simply staffed through each signatory and invited signatory and then forwarded to the Advisory Council on Historic Preservation for signature. However, due to the historical level of cooperation, all signatories met virtually to sign the document and further attest to their strong relationship and the importance of the agreement to national security.

"This is a historic agreement both in the scope of the project and the number of concerned parties," said Maj. Gen. John P. Newberry, Air Force Nuclear Weapons Center Commander and Air Force Program Executive Officer for Strategic Systems. "The hard work and spirit of cooperativeness that allowed representatives from multiple tribes, state, federal and Air Force agencies to gather together on one day to fully execute this agreement is unprecedented and a true way forward to continue building on these relationships."

The ability to build such a document is largely credited to the mindset of all involved.

"Through this process, we acknowledged the lands impacted by this project are the ancestral lands of indigenous peoples," said Russell Bartholomew, AFNWC Sentinel Acquisition Program Manager. "It is important for all parties and individuals involved in this project to understand the long-standing history that has



Maj. Gen. Michael Lutton, 20th Air Force commander, right, gives remarks as the Air Force Global Strike Command representative during the Sentinel Programmatic Agreement Signing Ceremony with Ray Sumner, U.S. Air Force Cooperator for the Sentinel Project Center for Environmental Management of Military Lands, center, and Chief Master Sgt. Rodolfo Gamez Jr., 20th AF command chief, on his right Dec. 16, 2022 at F.E. Warren Air Force Base, Wyoming.

U.S. AIR FORCE PHOTO | 1ST LT EMILY SEATON

brought us to reside on the land and our place within that history. Tribal governments and Native American communities have a strong and overlapping interest in lands far removed from their reservations and current localities. In recognition of this reality, this agreement will facilitate all Tribal governments being able to provide input on the identification, documentation, evaluation, and protection of sites of Tribal significance throughout all phases and areas of the undertaking."

The Sentinel system will replace the 400 Minuteman III intercontinental ballistic missiles, which have been in service for more than 50 years in Air Force missile fields near F.E. Warren Air Force Base, Wyoming; Malmstrom

AFB, Montana; and Minot AFB, North Dakota. Some Sentinel maintenance, training, storage, testing and support actions will occur also at Hill AFB, Utah; Utah Test and Training Range, Utah; Camp Guernsey, Wyoming; and Camp Navajo, Arizona.

"A well-designed PA is meant to find the balance between the Air Force construction project and the protection of the cultural resources within the project area," said Stephanie Newcomer, Air Force Civil Engineer Center Environmental Impact Statement project manager. "This Sentinel PA does that and has mitigated measures identified ... to uphold that balance over the next 20-plus years."

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## northern sentry

### A VIEW FROM OUR SIDE

ROD WILSON, NORTHERN SENTRY

It was Thursday, December 22, or 22 December for those who are tracking with a military calendar. The Northern Sentry office is located on the south end of Main Street in the Main Medical building. Thursday started out as a fairly decent day in the downtown Minot. The sun was out, and the sky was blue, albeit the temperature was still well below zero.

About 8 AM I received an

email from the owner/editor of the Northern Sentry, Ted Bolton, that the courier who brings our papers from Garrison, ND, where they are printed, to Minot and eventually the Minot Air Force Base, was not going to venture out into the gradually deteriorating weather conditions, and predicted ground blizzard that once again threatened Central North Dakota.

Ted and I were on the same page. "If we didn't get the papers to the base today, with the long Christmas weekend we were looking at delivery on Tuesday, December 27."

I am not going to say that it was necessarily an intelligent move, but having spent over 60 years in North Dakota, and with a 4-wheel drive vehicle, "let's give it a try, we can always turn back."

As we started south on Highway 83 Ted and shared notes about where the road conditions could be bad. Just beyond South Prairie School...and how about the South Base? (Used to be a radar base installation back in the 60's) It's

# It All Worked Out

always bad there.

Yes, the roads were certainly a bit of a challenge going to Garrison, and even more of a challenge once we loaded the Northern Sentry bundles and Winter Guides that would be delivered with this paper and headed back towards Minot. But with a little bit of caution, we made it back to Minot and were soon on Minot Air Force Base distributing papers and guides for deliver, if not on Thursday, maybe Friday or even Saturday when the temps were to moderate to around zero degrees. A big thank you to Ryan Smith, and all of our delivery kids for getting the Northern Sentry out to our readers.

### IT SEEMS FITTING

On a recent trip to MAFB I happened to have a delivery to make near the flight line. I stopped my pickup and was amazed as the high winds and falling snow created blizzard conditions. At times it was a challenge to make out the shapes

of the B52's parked outside on the ramp. The wind and snow would swirl off the wings and form sundogs behind some of the planes. I got to thinking that like me, these planes have experienced many winters in North Dakota. I don't know that they were designed for Minot, North Dakota winters. But they certainly seem to tolerate the conditions. I am sure there is certainly a lot more to the story than what meets with my amateur eyes.

### BEST KEPT SECRETS

Oak Park is certainly a great stop, even in the cold of winter, if you want some solitude and a chance to experience the beauty of a North Dakota winter. There are great cross country ski trails, and the Minot Park District keeps the walking trails open. Just bundle up and enjoy.

### TODAY'S CHUCKLE

What is a New Year's Resolution?

Answer: Something that goes in one year and out the other...



### UPSIDE DOWN UNDER

MARVIN BAKER

Many of you have probably already begun to plan for your 2023 vacation. If you intend to stay in North Dakota, spend some extra time looking at the map.

It's interesting to note there are many communities with the same name as counties. The odd thing about it though, is that a lot of communities that have the same name as counties, are not in the same county.

I can think of six that are: Grand Forks, Pembina, Rolette, Bottineau, Bowman and LaMoure. To begin this oddity, let's start in Cavalier County. When I worked in Langdon, I would often get phone calls asking how things are going in Cavalier. I would tell them Cavalier is in Pembina County and they all seemed so

surprised.

Also back then, I had made a trip to the state capitol and ran into then state dairy commissioner Bob Dykshoorn. He asked me how I like living in Cavalier. "Oops," he said before I could reply. We both tried to analyze why Cavalier isn't in Cavalier County.

There are others around the state. McKenzie County is a huge land mass in the northwestern part of the state, but the town of McKenzie is about 15 miles east of Bismarck... in Burleigh County. Steele is about 40 miles east of Bismarck, but Steele County is in the east-central part of the state with Finley as the county seat.

The town of Mercer is in McLean County while the county of Mercer is next door to the west. Hettinger is not in Hettinger County. Instead, it's in Adams County, in the southwest. However, Hettinger County is immediately to the north of Adams County.

Golden Valley County borders the Montana state line, but guess where the town of Golden Valley is located? It's about 20 miles

west of Beulah in Mercer County.

McHenry County isn't even close to the town of McHenry. The community is in Foster County, near Carrington, while the county is in the north central, near Minot.

Likewise, the community of Towner happens to be in McHenry County, but the county of Towner borders Cavalier County to the east and the Canadian border to the north. Towner County's county seat is Cando.

The town of Dickey is close, but isn't in Dickey County. Dickey is in LaMoure County and Ellendale is in Dickey County.

There are most likely other examples I'm missing. Some of the smallest towns aren't always accurately listed on the map.

So why is North Dakota set up this way? Do other states deal with the same confusion? Nobody seems to know the answer. It would probably take research on each county and namesake communities to find out how it all came about.

If you look at territorial maps, there were a lot of communities that sprang up with odd names associated with the county they

were in. These Dakota Territory towns grew up so fast, few people had time to think of a decent name, thus they were named whatever popped into people's heads.

The one that comes to my mind is Emmonsville, in Emmons County. This of course, was long before Linton or Hazelton existed. Braddock was there, but the others weren't. When it was learned the railroad was bypassing many of these communities, people started moving and creating communities along rail lines that had names we are familiar with today.

Some communities had decent names, but changed them somewhere along the line for whatever reason and two of those examples come to mind.

The first is Edwinton that later became Bismarck and St. Joseph, which later became known as it is today, Walhalla.

How was Napoleon named? How about Oakes? notice it's spelled different than trees that are "oaks." It's always an interesting topic.

# County/city combination oddities...

TIMOTHY TIMM  
TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.



# 2022- Year of the Community

ERIN BEENE, NORTHERN SENTRY

Well, here it is again, the last week of the year. With 2023 only days away, it's only natural to look back on the year and examine it. Sometimes it's good to take a look at the cold hard facts of what happened in the past year.

At the Northern Sentry we are all about the community and serving the area of Minot, specifically the Airmen and families of Minot AFB. We are more than news reporters. We strive to be a real part of the community, sharing stories of real lives, real dreams and real people. We know military life is more than official photos and our goal is to represent that. So in order to show our love with the community, we know true transparency is always appreciated. With that in mind, we want to give a full and honest review of what we, the Northern Sentry, have been up to in 2022 in order to provide our honest review to you of the 2022 year

Here it is, the good, bad and real Great Things the Northern Sentry has Done/Experienced in 2022:

1. Created the much longed for Community Calendar that showcases both Minot and Minot AFB Events open and available to the public.
2. Completed a re-do to the Northern Sentry website complete with online stories, e-editions and a user friendly platform to better spread the community's news.
3. Promoted community awareness by adding the email newsletter: The Post Brief
4. Started bridging the gap between Minot and Minot AFB by offering the quarterly Discover Minot Excursion to base residents.
5. Helped MAFB dependents experience writing with the Jr. Journalism Program launch and implementation.
6. Reengaged our Facebook Page to increase the reach, posting schedule and interaction by huge amounts. This helps us be a part of the Minot AFB Community with a social media presence.

Some of our Flubs have been....

1. A struggling Instagram account. We tried to get it going and may still, but we are a small team and keeping several social media accounts active has been difficult. In the future we may explore other social outlets that work better. We'll see in 2023.
2. Realizing that some people on base don't want copies of the newspaper. In some places they had been left out, blowing around and contributing to messes on base housing. The problem has since been remedied as we now offer an "Opt-Out" of house delivery on our website. Thanks for helping us



Northern Sentry Owner, Ted Bolton with mil spouse columnist Amy Allender and Rod Wilson at Margie's Art Glass Studio this past summer.

discover this problem.

3. A few times we have messed up the crosswords or puzzles in the paper. We have been known to cut off a clue or put in the wrong solution. We do have an avid reader and puzzle solver who always graciously lets us know when we have made an error, which helps keep us on our toes.

4. In our rush to get the paper out to press every week, we occasionally make typos, style errors or incorrect military references in our articles. While some do get published that we catch too late, we are thankful for the great many that are caught by our base Public Affairs contacts who review the paper every week.

Northern Sentry owner Ted Bolton also has something to say about his thoughts on 2022. He said he loved getting to meet and welcome so many wonderful new Squadron, Group & Wing Commanders and their families to our awesome community this year, but he was also sad saying goodbye to the military friends who have moved elsewhere. He said, "It is bitter sweet working with folks at MAFB, we get to know them, we develop great relationships and then they move on. Such is the nature of military life. Nonetheless, I am always amazed at how quickly we are able to meet, and develop new friendships with those who come here, even with the knowledge that we will eventually say goodbye to them as well. This has been a tough learning curve for me, but I'm getting the hang of it, and wouldn't change it for the world. MAFB is a revolving door of the Nation's Best & Brightest."

In order to continue building the Minot AFB community, we need to hear from you! We want to hear your stories about moving, we want to see your new baby photos and announcements. We want to publish these small and important things that make your life here in Minot, so please shoot



Huge pile of unread and discarded Northern Sentry newspapers around base housing that were picked up by the Northern Sentry staff this summer.



Business Developer and Reporter, Rod Wilson got to experience his very first Air Force Ball this past October. Pictured here with base reporter, Erin Beene.

us an email or Facebook Message or submit the form on our website about story ideas or just cool things happening around base, we want to know about YOU!

Thanks for an awesome 2022 and we can't wait to see what 2023 will bring!

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# January Resident Council



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The January Resident Council is scheduled for Wednesday, 4 January 2023 at 6pm. The meeting will be held at the Welcome Center, 183 Missile across from the gas station. Agenda topics include: Neighborhood Safety, Services/Snow, Work Order/HVAC, Amenities, and more. There is still time for residents to submit input for the January meeting via the anonymous online input form: <https://form.jotform.com/221374764660156>. In the event of inclement weather the meeting will be held digitally. Following each Resident Council meeting, minutes are posted online and can be found on the Resident Advocate Facebook page, @minotresidentadvocate. Residents

who have questions or concerns related to housing at Minot AFB can contact the Resident Advocate at 701-818-7075.



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# Upcoming Events

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**STORYTIME WITH MISS KRISTI AT MAIN STREET BOOKS**  
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Main Street Books  
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Join us for Story Time with Miss Kristi every Tuesday and Friday. There will be songs, stories, maybe some jumping up and down, dancing and a craft. Story time is geared for preschool but all ages are welcome. If you or your child is showing a sign of a fever or has a cough or runny nose we would appreciate it if you would stay home—as you would even in pre-covid times. We will see you here!

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**MINOT FUN ZONE**  
9:00 AM - 12:00 PM  
Minot Municipal Auditorium  
420 3rd Ave SW, Minot

The Minot Fun Zone is being provided free of charge to all area residents through the Minot Park District. The bouncy castles are provided in partnership with the Minot Area Community Foundation. Tuesdays, Wednesdays, and Thursdays from 9:00am-Noon starting on November 29, 2022 and going through March 30, 2023 (\*\* There will be a two week break for the Christmas holiday. The Fun Zone will be closed from Tuesday, December 20-Thursday, December 29, 2022. We will resume on Tuesday, January 3, 2023.)

MINOT PARKS

# FUN ZONE

AT THE ARMORY  
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07  
JAN

**FROZEN BIZON FAT TIRE BIKE RACE**  
11:30 AM  
7801 54th Ave SE, Minot, ND,  
Registration Deadline: Tuesday, Jan 3, 2023.

Baby Bizon Fatbike race: This will be a 1.5-hour race located within the tight and twisty groomed Bison Plant trail. Race Starts immediately after the Frozen Bizon 3-hour race start.

Frozen Bizon Fatbike race: This is where it gets interesting, this will be a 3-hour race on the magnificent Souris river bottom trail we call the Bison Plant with technical sections to keep spirits high and bars turning. Race to start approximately 12pm/Noon

Snowshoeing Bizon: This will be held on the Bison Plant Main Trail, only crossing the race route in certain areas.

Full details online at: [www.bikereg.com/frozen-bizon-fatbike-racefestival](http://www.bikereg.com/frozen-bizon-fatbike-racefestival)

**FROZEN BIZON**  
FAT TIRE BIKE RACE

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Call Carson at Vals Cyclery at (701) 839-4817

14  
JAN

**KINDNESS KNIGHTS**  
1:00 PM - 2:00 PM  
Souris Valley Animal Shelter  
1935 20th Ave SE, Minot

We will help our community together and learn how to be Kindness Knights. During this program, we will meet at the Souris Valley Animal Shelter to play with the animals. Kindness Knights is for children grades 2-6, on the second Saturday of the month at 1:00 pm.

**Kindness Knights**

Saturday, January 14th  
1:00-2:00 pm  
Grades 2-6

Souris Valley Animal Shelter  
1935 20th Ave SE

This month we will be playing with animals at the SVAS.

For more information:  
[Facebook](#) / [Minot Public Library](#) / [Events](#)

## On Base

**Tie Blanket Class**  
with Crafts Center  
January 12th • 4:30pm - 6:30pm  
Cost \$30

Create your very own small throw blanket in our guided class!  
Call 723-3640 to register

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# Winter Activities are Closer than You Think

ERIN BEENE, NORTHERN SENTRY

Think about famous or notable US ski destinations, is North Dakota anywhere on the list? Probably not. However, just because it may not be Vail or Aspen, this northern state still has lots to offer the casual skier and adventurer than one might give it credit for. Buried amongst the Turtle Mountains and in the northern section of the state, lies the simple, yet beautiful, hometown ski resort of Bottineau Winter Park.

This fully-equipped winter ski resort offers equipment rentals, chairlifts, ski/snowboard lessons and a cafeteria style lodge to stay warm in the North Dakota winds. The resort's website <https://skibwp.com/>, explains it like this, "We bestow 8 alpine trails ranging from beginner to expert. You'll find two user-friendly conveyor lifts on the beginner hills, one handle lift, one rope tow, and one triple chairlift to get you to the top. Ski on fully groomed trails while you take in the views of the Turtle Mountains."

Besides skiing and snowboarding and all the awesome ways for people to impress with athletic ability, there also lies this writer's favorite part: the snow tubing! If you are new to winter weather and have not yet experienced this exhilarating, yet fabulously easy and enjoyable activity, don't let it pass you by. The long runs are fast and perfect for any age. What makes it even better is that the hardest part of snow tubing—dragging the tub back up the mountain—is all taken care of with these equally enjoyable conveyor belt hitch that hooks and drags the tube back up, while the rider gets to stay in the tube! Ah, it is a blissful way to spend a day in the beautiful snow with all the fun and no snow face planting.

Bottineau Winter Park is open most days from 10am - 5pm and they try to extend the season until April 1 or until the weather determines. As with other ski resorts, they do have to pay close attention to weather and sometimes have to close due to high winds (which happens a lot here) and extreme cold temperature. A great place to stay up to date on their activity is their Facebook Page. Rentals/lift ticket prices are very affordable and a complete list of prices can be found on their website. <https://skibwp.com/prices/>.

Every year, Bottineau makes a special salute to all the MAFB Airmen and their families by offering a magnificent deal on MLK Day, this year on Monday, Jan 16. This Military Appreciation Day

will offer an amazing deal of only \$30 per person to all active duty members and their families. This special price is a package deal that covers both ski/snowboard rentals, lift tickets and small group lessons for kids that may be interested. While the slopes will be open 10am-5pm that day, the real treat of the day is the 2pm parade of American flags flying down the mountain in coordinated movements. The scene is a beautiful representation of the spirit of American pride. This fantastic deal is good for anyone who wants to try out skiing for the first time or the avid snow bunny.

Although the park is in its Holiday Hours until the end of the week, they usually also offer a fun Night Skiing opportunity on Friday nights from 3-9pm. Stargazing and snowboarding don't usually happen at the same time, but Bottineau opens to the public once a week, turns on the lights down the slopes and lets the winter night



Bottineau Winter Park offers Snowboarding rentals and lessons for all ages!

sky shine for those who want to ski/snowboard at night.

Whether to visit Bottineau Winter Park while stationed at Minot should not be the question. With the great deals and perfect amount of snow this year, the only question should be when to hit the slopes?



Snow Tubing is perhaps the easiest way to enjoy a Winter day at Bottineau.

## Ski the Jewel above the Prairie!

- Food and beverages available
  - All runs open including the terrain park
  - Snow is excellent
- Tubing, skiing, snowboarding
- Rentals available

**SNOW REPORT**  
3 inches of new snow

### HOURS

Friday	December 23	10am-5pm
Saturday	December 24	10am-4pm
Sunday	December 25	Closed
December 26-January 2		10am-5pm

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## A LOOK BACK THIS WEEK IN USAF HISTORY

**SAC CHANGES MINUTEMAN & PEACEKEEPER ASSIGNMENTS TO INCLUDE MIXED GENDER CREWS**  
JANUARY 1, 1988



Linda Aldrich at a Minuteman console in the 1980s. (Linda Aldrich, from nps.gov)

Up until the late 1970s, the United States Air Force restricted female service members to only noncombat positions. In 1978, women were finally given the chance to serve on Titan II missile crews, and their roles in the missile field only grew from there. However, for some time, missile crews were restricted to all-male or all-female assignments. It wasn't until January 1, 1988 that Strategic Air Command changed the policy for Minuteman and Peacekeeper crew assignments to permit mixed gender crews in launch facilities. This inclusive effort aimed to reduce scheduling issues and increase opportunities for female Airmen.

After the integration, SAC stressed the importance of guaranteeing equal career progression for men and women. This was one major step forward in the journey towards women's equality in the armed forces.

Information courtesy of: [media.defense.gov](http://media.defense.gov) / [pacaf.af.mil](http://pacaf.af.mil) / [nps.gov](http://nps.gov)

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### BUSINESS HOURS

Monday: 7:30am – 6:00pm  
Tuesday: 9:00am – 6:00pm  
Wednesday: 7:30am – 6:00pm  
Thursday: 7:30am – 6:00pm  
Friday: 7:30am – 4:30pm  
Saturday: 2 a month by appt  
Sunday: Closed

**(701) 852-2800**





# 2023

*Happy New Year*

We hope 2023 is filled with enough happiness to lift your spirits sky-high all year.

Minot Air Force Base  
Public Affairs



# Cold Conquered to Remember Veterans

CIVIL AIR PATROL, MAGIC CITY COMPOSITE SQUADRON

Frigid temperatures last weekend did not deter volunteers from several organizations who remembered veterans by placing wreaths on 1013 graves at Rosehill Memorial Cemetery. Wreaths Across America hosted the annual event through collecting sponsorships from local donors and transporting wreaths for the ceremony held on Saturday, December 17. Minot's wreath laying is headed by Richard Reuer and relies on support from agencies such as Magic City Civil Air Patrol.



Wreaths placed on the gravesites of Minot's veterans on December 17, 2022.



Local volunteers placed wreaths on veteran's grave sites Saturday.



Volunteer leaders thanked for their hand in honoring veterans this year: Mr. Richard Reuer, Wreaths Across America Minot Coordinator; Sheldon, Pioneer Village; 1st Lt. Jon McLemore, Commander Magic City Composite Squadron, Civil Air Patrol; Maj. Noah Warren, Commander ND Wing Group 2.

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# YOUTH BOWLING LEAGUES

ROUGH RIDER LANES

STARTS JANUARY 7TH  
SATURDAYS • 2:00PM

SEASON FEE \$80.00  
(8 WEEKS LONG)

AGES 3-5 • 6-10 • 11 & UP  
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# Just An Easy Phone Call Away

## Airmen Against Drunk Driving

### Ready to Respond

ROD WILSON, NORTHERN SENTRY

At 10 PM most of us are thinking about retiring for the evening after a long day at work, maybe watching a movie or playing a video game. Since October, Albert Roybal has been going on the clock at 10 PM waiting for a phone call that will spring him into action to help a fellow Airmen.

Albert is a volunteer driver for Airmen Against Drunk Driving, and for a majority of the weekends since October he has been on call every Thursday, Friday, and Saturday night from 10 PM until 3 AM, giving rides home as needed to Airmen who call the AADD phone number and request a ride home from Minot bars and lounges.

"I wanted to be busy, so I volunteered for AADD. I also have had friends in my shop and relatives who have gotten in trouble, and I want to prevent that," according to Albert.

So, a normal Thursday and Friday would be working from 7 AM to 3 PM as a Training Monitor, heading home for some down time, and then at 10 PM his AADD shift starts, and he will accept calls for rides home until 3 AM. "On Friday mornings my boss lets me come in a little later because he knows I have been up covering my AADD shift until 3 AM," says Roybal. "I'll be one of two or three drivers that

will be based in Minot and give rides in the city."

On most nights, the AADD drivers will be called to give an average of two rides. "It takes me about 20 minutes from the time I get the call until I arrive to pick up an Airmen for a ride," Roybal continues.

Once an AADD driver picks up a person who has made the decision to call and get a ride rather than risk the consequences of a DUI, the conversation quickly turns to their duties on base, where they are from. "In general it's a pretty friendly conversation," says Roybal.

A common thread amongst the volunteer drivers for AADD is their desire to help their fellow Airmen. "Most of the people I've picked up should not have been driving. I'm happy to give them a ride so they aren't on the road being reckless," and more important according to Roybal, "they aren't hurting someone else. That's an important part of giving them a ride rather than have them drive."

Airmen Against Drunk Driving is a totally volunteer organization. On most weekends there will be 3-4 drivers stationed in Minot, and 3-4 drivers stationed on base waiting to accept phone calls and give rides. A recent donation of \$10.00 gas cards from On The Run has helped

provide fuel for the drivers, but it's only a stipend of what it could cost for a weekend's worth of fuel.

SRT has provided the AADD line at no cost, and several businesses in Minot have donated funds to cover additional expenses.

For Roybal, he has been in Minot for four years. He's originally from Las Vegas so "the road conditions up here are kind of a 180 from Las Vegas. But pretty soon you learn, like I have, how to drive...slow down on curves and don't push down hard on the pedals."

What does Albert Roybal do on his off time when he's not volunteering for AADD? "Well, I have a 2005 Prius, and I'm learning more about how to fix it. And I am also learning how to cook."

For anyone who is interested in volunteering for AADD, you can call the regular number and leave a message and your phone number. The AADD line is (701) 838-2233. For more information about AADD, there is a Minot AFB AADD Facebook page as well as a web page on the Minot Air Force Base web site.

On what promises to be a busy weekend in local bars and lounges, Airmen Against Drunk Driving reminds you "Don't risk it all, Give us a call."

DID YOU KNOW YOU CAN READ OUR FULL EDITION ONLINE?

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## EXTRAMURAL CURLING LEAGUE

**DON'T KNOW HOW TO CURL? DON'T WORRY! THIS LEAGUE IS OPEN TO ALL SKILL LEVELS.**

**TUESDAYS JANUARY 3 - MARCH 21**

**MINOT CURLING CLUB • NORTH DAKOTA STATE FAIRGROUNDS**

**2 GAMES PLAYED AT 6PM AND 7PM**

**COACHES MEETING**

**December 21 at 5:30PM**

**McAdoo Fitness Center**

**LEAGUE STARTS**

**January 3 at 5:30PM with a learn to curl/practice event**

**COST**

**\$10 a person a night**

**TEAMS**

**Min. team size is 4 persons**

*Recommended to have 5-6 to account for scheduling issues*

**REGISTRATION**

**Register at the McAdoo Fitness Center or e-mail 5.FSS.Fitness@us.af.mil to register for a team or submit your Letter of Intent by Wednesday, December 21.**

**FOR MORE INFORMATION**

**Contact Wesley Mason with Minot Curling Club @ 218-766-1988 or TSgt Clay Fisher @ 701-415-6063**

## SMOKED BACON CHEESE BALL





When ready to cook, set temperature to 180° and preheat, lid closed for 15 minutes.

Place the cream cheese and sour cream in a medium baking dish and transfer to the grill.

Smoke for 20 minutes or until desired level of smoke is reached.

Remove from heat and increase the grill temperature to 350°.

When the grill is hot, place bacon slices directly on the grill grate for 15-20 minutes until bacon is crispy and fat is rendered.

Remove from heat and let stand at room temperature until cool.

While the bacon is cooling, place smoked cream cheese, sour cream, green onion, cheddar cheese, garlic powder and salt in the bowl of a food processor.

Pulse until combined then turn out onto a piece of plastic wrap. Form the cheese mixture into a ball and wrap tightly. Place in the fridge until well chilled.

Chop the bacon into small pieces and place on a plate with the chopped chives. Remove the cheese ball from the fridge, unwrap and roll in the bacon mixture.

Place the cheese ball on a plate and serve with your choice of crackers. Enjoy!

**\*Cook times will vary depending on set and ambient temperatures.**

*Access this, and over a thousand other Traeger recipes on the Traeger App.*

**INGREDIENTS**

1 LB CREAM CHEESE, ROOM TEMPERATURE

1/4 CUP SOUR CREAM

1/2 LB BACON, SLICED

4 TBSP CHOPPED GREEN ONION

1 CUP SHREDDED CHEDDAR CHEESE

1 TSP GARLIC POWDER


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# Minot AFB Community Can BE FIT in the New Year with Tips, Resources from Exchange Online Hub

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

MINOT AIR FORCE BASE – The Army & Air Force Exchange Service is making sure military communities around have health and fitness resources at their fingertips all year with the online BE FIT 360 Hub.

The Exchange’s BE FIT 360 program focuses on holistic wellness, and the BE FIT 360 Hub offers all the tools for a healthy lifestyle in one place, including workout videos; fitness tips; healthy eating guidance; links to activewear and gear; wellness

information; and more.

“The BE FIT Hub is a bulked-up all-in-one resource for making healthier choices,” said Minot BX General Manager Brian Read. “With the Hub, the Exchange can be a partner in helping keep those New Year’s resolutions all year long.”

The BE FIT 360 Hub, which is updated often with new workouts, nutrition and wellness content, can be found at [ShopMyExchange.com/BeFit](http://ShopMyExchange.com/BeFit).



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Thursday – Saturday  
5:00 pm – 9:00 pm

Sunday  
7:00 am – 1:00 pm


BABY ANNOUNCEMENTS




**BABY BOY BORN ON**  
THURSDAY, DECEMBER 15, 2022 TO:  
MARGRET MCLAINE AND GUIL FACTOR  
MINOT, ND




**BABY BOY BORN ON**  
FRIDAY, DECEMBER 16, 2022 TO:  
WYNEE AND WILLIAM PUENTES  
MINOT AFB, ND




**BABY BOY BORN ON**  
MONDAY, DECEMBER 19, 2022 TO:  
JULIA AND THOMAS SCHWARTZ  
MINOT, ND



**BABY BOY BORN ON**  
TUESDAY, DECEMBER 20, 2022 TO:  
RACHEL AND BRANDON SCHIEVE  
BERTHOLD, ND



**BABY BOY BORN ON**  
WEDNESDAY, DECEMBER 21, 2022 TO:  
ADRIANNA HERRERA AND ALEXIS VILLALOBOS  
MINOT, ND



**BABY BOY BORN ON**  
FRIDAY, DECEMBER 23, 2022 TO:  
ALEXANDRA AND HUNTER OOTHOUTD  
MINOT, ND

If you want to put a photo of your baby in the Northern Sentry, send it to [nsads@srt.com](mailto:nsads@srt.com). Please include your name and the birth date of your baby. Baby listings will come from Trinity.

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# NORTHERN CELEBRATIONS

EMBRACING OUR NORTH DAKOTA LIFESTYLE

## THEODORE ROOSEVELT AND A NEW YEAR'S RESOLUTION

**Patricia Stockdill**

“Much has been given to us, and so, much will surely be expected of us; and we must take heed to use aright the gifts entrusted to our care. . . So it is peculiarly incumbent on us here today so to act throughout our lives as to leave our children a heritage, for which we will receive their blessing and not their curse.”

That quote spoken July 4, 1886 in Dickinson, N.D. was from a man who would later in life be known as Pres. Theodore Roosevelt. He would also be considered the “conservation president” for his role in natural resource conservation.

The word “conservation” has many meanings. One dictionary alone (Merriam-Webster) listed three, including “the careful use of natural resources (such as trees, oil, etc.) to prevent them from being lost or wasted.” Conservation is not preservation. Nor is it the blatant use of natural resources without regard to future generations. Conservation, with all of its different interpretations, provides for the wise use of natural resources.

Perhaps we humans should think about the heritage and legacy we leave for future generations and that, too, is part of the meaning of the word “conservation”.

Actually, the United States has done quite well in that regard and Pres. Theodore Roosevelt laid much of the groundwork. When he was one of the founders of the Boone & Crockett Club, it wasn’t to recognize the “big bucks” hunters are so enthralled with today.

Instead, it was to establish the concept of fair chase and setting a standard for the ethical manner of hunting. In turn, that helped conserve wildlife because, as hunters, it can establish a distinct connection to wildlife and the need for conservation.

As president, he created national wildlife refuges, parks, and forests.

In his belief that natural resources should be used wisely, he supported creation of several dams for water supplies. He didn’t believe in preservation that would keep or prevent the public from accessing the very land they owned – national parks, national forests, or national monuments, for example - because preservation

ultimately is detrimental to wildlife and natural resources. After all, how can someone appreciate, respect, and value something when they have no access to it to understand it?

Equally, he didn’t believe in abusing the nation’s natural resources.

When a person thinks about everything used in one’s daily life, the source comes from one place – Planet Earth. It’s obtained by only two means – it’s mined or dug and grown.

Everything comes from the soil or below the soil. Plastics, wood, materials used to manufacture clothing, the material in products such as aluminum, steel, and iron.

Everything we eat; everything we wear; everything we use to power our lives – jets, trains, electricity, food, etc. - comes from either the soil or what’s below the soil.

Conservation isn’t about preservation. But, equally, it isn’t about going off the deep end of environmental extremism.

Conservation is about using the resources we have been blessed with wisely.

It’s about using those resources so they are available for future generations.

Conservation is about giving back and it’s about thinking beyond today.

It can be subtle things like picking up a piece of garbage so it’s not polluting a wetland. It can be planting trees, native grasses, and plants that benefit wildlife of all sizes as well as people. It can be recycling products.

Conservation can be volunteering and dedicating part of yourself and your time to organizations that advance the definition of conservation, which coincidentally, ties in nicely with the role of being hunter. After all, hunters can and should be the leaders in conservation.

Perhaps that should be a New Year’s resolution – to bring a little conservation into your life and work.

The results will live on forever.  
*“We are prone to speak of the resources of this country as inexhaustible; this is not so.” – Theodore Roosevelt.*



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**SANTA VISITS 54 HS**

Families take photos with Santa at the 54th Helicopter Squadron at Minot Air Force Base, North Dakota, Dec. 20, 2022. More photos can be found on Minot AFB PA Flickr page.

U.S. AIR FORCE PHOTOS | MINOT AFB PA





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# It's Your Night Out!

ROD KRAUSE, 5TH BOMB WING SAFETY AND OCCUPATIONAL HEALTH MANAGER

It's 1:00 a.m. and you've got to be up and at 'em at 7:00 a.m. The problem is you're toasted. Uh huh, you've had the time of your life and enough alcohol to drink to keep you happy until 10:00 a.m. the next day! Somewhere in the fog reality strikes. You've got to get home. You look around. Your friends are toasted too. You draw sticks and hope for the best. Darn, you "won." You're thinking it's only a couple of "clicks" to the front gate and you don't feel THAT drunk. You toss a stick of chewing gum in your mouth and off you go. As you approach the gate you fumble for your ID. You're thinking if you could just get through the gate you'd be home free! You're hoping for that quickie ID check and a friendly wave to proceed. As you

hand the guard your ID card he's observing your every move. He noticed the way you approached the gate - weaving (because you were fumbling for your ID card, of course). He notices your glossy pupils and the way your eyes fail to focus. He notices the slur of your speech when he asks you how you're doing this nice Okinawan evening. But all of your actions tell him to check you out a little closer. He can smell the alcohol emanating from your breath. He knows there's no such thing as Juicy Fruit alcohol-flavored gum. You're busted!

This is the scene over and over again. Night after night people are caught drinking and driving. Why? Because they fail to plan. They fail to assess the

ORM - DRINKING & DRIVING		
1	Identify the Hazard	Drinking alcohol and operating a motor vehicle is a hazard!
2	Assess the Risk	- I could get caught, end up in jail, and destroy my career - I could get into an accident and kill myself or someone else
3	Analyze the Control Measures	- I could walk - I could take a taxi - I could find a designated driver (hint: one who won't drink alcohol)
4	Make Control Decisions	- Walk is too far. - Taxi costs money, but we could all pitch in and lower the cost. - Hey, Ken's ugly and can't get a date, but he's reliable. Let's see if he'll be our <i>designated driver</i> (but don't tell him he's ugly, okay?)
5	Risk Control Implementation	Ken's the choice! He's free and reliable.
6	Supervise and Review	Once you're sober. Evaluate how well your activity went. Adjust as needed and start the process again!

There are alternatives to drinking and driving. Just take a moment out and apply the ORM process. Drinking and driving is a choice. Don't you make the wrong one!

risks associated with drinking and driving. If you take a minute or two to plan the evening you can save yourself great embarrassment, you can save your career, and most importantly, you can live to enjoy

another of those great nights out. While many of us have heard of Operational Risk Management, or ORM, many of us don't use it when we're off-duty. This common misconception is worth exploring.

Let's see how we can apply ORM to the scenario above. The Air Force has a six-step process above.

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### AMUR LEOPARD

**CREATURE FEATURES**

- The coat of the Amur Leopard is pale cream or reddish-yellow, which becomes lighter in the winter. In the summer, their coat hairs are 1 inch long but in the winter they are replaced by 3 inch long hairs. This helps them survive in extremely cold climate conditions.
- They have adapted long legs which enable them to walk on snow with ease.
- Primarily nocturnal, Amur Leopards have night vision which helps them to hunt and get around at night.
- Amur Leopards can jump 10 feet high vertically, 20 feet horizontally and are very good at climbing trees. They are solitary ambush hunters, stalking its prey alone and hiding its kill from predators, often in trees.

**Fact File**

Life Span	10 - 15 years
Weight	55 - 105 pounds
Head & Body Length	5 feet
Tail Length	32 - 35 inches
Height to Shoulder	2 - 2.5 feet
Speed	37 mph
Wild Diet	Omnivore (Carnivore) Herbivore Roe Deer, Silka Deer, Wild Boar, Badgers, Hares, Musk Deer

**WINTER THINGS**  
— crossword puzzle —

1. Snowflake  
1.f. Snowman  
2. Hat  
3. Boots  
4. Scarf  
5. Mitten  
6. Coffee  
7. Hat  
8. Mitten  
9. Sweater

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## Local Cravings Restaurant Guide

<p><b>Applebee's Grill &amp; Bar</b>                  2302 15th St SW, Minot                  Phone: 701.839.2130                  www.applebees.com</p>	<p><b>Badlands Restaurant &amp; Bar</b>                  1400 31st Ave SW, Minot                  Phone: 701.852.7335                  www.blgrill.com</p>
<p><b>Bone's BBQ Smokehouse &amp; Grill</b>                  1412 2nd Ave SW, Minot                  Phone: 701.838.9140                  www.bonesbbqminot.com</p>	<p><b>28 Tastes &amp; Taps</b>                  1603 35th Ave SW Minot                  Phone: 701.838.2828                  FB: 28 Tastes &amp; Taps</p>
<p><b>Culver's Restaurant</b>                  3000 S Broadway, Minot                  Phone: 701.852.4800                  www.culvers.com</p>	<p><b>Ironhorse Kitchen + Bar</b>                  21 E Central Avenue, Minot                  Phone: 701.852.8183                  FB: Ironhorse Kitchen + Bar Minot</p>
<p><b>Jamaican Vybz Kitchen</b>                  Suite 200 315 Main Street S Minot                  Phone: 701.441.9309                  FB: Jamaican Vybz Kitchen</p>	<p><b>Pink's Bar &amp; Grill</b>                  102 128th Ave NW Minot                  Phone: 701.852.2385                  FB: PinksBarGrill</p>
<p><b>Prairie Sky Breads</b>                  3 1st St. SE, Minot                  Phone: 701.858.0612                  www.prairieskybreads.com</p>	<p><b>Noodles &amp; Company</b>                  304 4th Ave NW Minot                  701.491.9103                  www.noodles.com</p>
<p><b>Mi Mexico</b>                  3816 South Broadway Minot                  Phone: 701.858.0777                  www.mimexicomintnd.com</p>	<p><b>Primo Restaurant</b>                  1505 N Broadway, Minot                  Phone: 701.838.7746                  www.primominot.com</p>
<p><b>Souris River Brewing</b>                  32 3rd St NE Minot                  Phone: 701.837.1884                  www.sourisriverbrewing.com</p>	<p><b>The Starving Rooster</b>                  30 1st St. NE, Minot                  Phone: 701.838.3030                  www.starvingrooster.com</p>
<p><b>Whiskey Nine</b>                  109 Central Ave, Minot                  Phone: 701.837.1090                  www.whiskeyninennd.com</p>	



# VOLUNTEER OPPORTUNITIES

**Month of the Military Child Volunteers**  
 The Month of the Military Child (MOMC) occurs in April and underscores military connected students' selflessness and sacrifice as they serve our country as part of a military family. The MAFB School Liaison Office is forming a committee for MOMC. The committee will plan, organize, coordinate, and execute meaningful local/statewide efforts in support of military connected children in April 2023. If interested in volunteering to serve on this committee, please email [mafbschool.liaison@us.af.mil](mailto:mafbschool.liaison@us.af.mil) and expect an email in January with info on the 1st meeting.  
**POC:** Joy-Nicole Smith, GS-11, MAT, DAF, School Liaison Program Manager  
 Comm- 701-723-1447 • DSN- 453-1447

**Operation Hero Winter Edition Event Volunteers**  
 (January 20-22)  
 Operations Heroes, a fun, kid-friendly event for children to interact and experience a little bit of what military life is like.  
 Friday, January 20th, from 1600-2000 at The Turf Unit  
**POCs:** These volunteers will rally their unit for participants & craft a fun, kid-friendly interactive experience showcasing their career. Requesting unit POCs notify MSgt Bird (see contact info below) by Nov 7th to start planning meetings. Set-up: January 19 & 20, as needed. Setup will depend on the extent of each unit's involvement/imagination. Tear down: January 20th-22nd, as needed. NOTE: this will be a strictly indoor event.  
 Want to volunteer, call or email  
**POC:** MSgt Christian Bird at 723-6605 or [christian.bird@us.af.mil](mailto:christian.bird@us.af.mil).  
 Comm (M&FRC): 701-723-3950

**Minot Minotauros Game Volunteers**  
 HERE'S A SWEET DEAL... Volunteers will receive a FREE dinner, FREE entry tickets for you and your families and FREE flex tickets for future home games too for volunteering a bit of your time!  
 • Where: Maysa Arena Pepsi Rink  
 • When: at 6:00 pm Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)  
 • Puck Drop is 7:05. We're asking volunteers to be here by 5:30 PM.  
 • Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in.  
 • Wear the designated security blue coats.  
 • Enforce the Minotauro Community Standards. (<https://www.minotauroshockey.com/community-standards>)  
 • Remain on post until 15 min. after the end of the game. Doors must be manned until the rink is empty of fans. No alcoholic beverages may leave the Pepsi Rink.  
**POC:** V. Conner, Digital Content Manager, Minot Minotauros Hockey Club  
 Cell: 302.682.1575, Office: 701.852.0101

**Minot ND Men's Winter Refuge Volunteers**  
 (until April 30)  
 The Men's Winter Refuge, is a non-profit homeless shelter that is looking for volunteers to assist with a wide-range of support. Our shelter provides assistance as well as a safe place for men in need during the coldest months. We now have a facility that features 12 beds in 4 bedrooms with 2 full bathrooms and large kitchen/dining and living room area. We provide support and assistance like transportation, clothing, and of course, lodging. We would like to humbly ask the Minot Air Force Base community to share with us their time by volunteering. We're in urgent and dire need of overnight attendants (7pm-5am). Bring a friend or colleague to volunteer, make connections, inspire and encourage people in the facility.  
**POC:** Mike Zimmer, Executive Director  
[winterrefuge@srt.com](mailto:winterrefuge@srt.com) • (701) 822-2585

**To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)**  
[5fss.family.support@us.af.mil](mailto:5fss.family.support@us.af.mil)

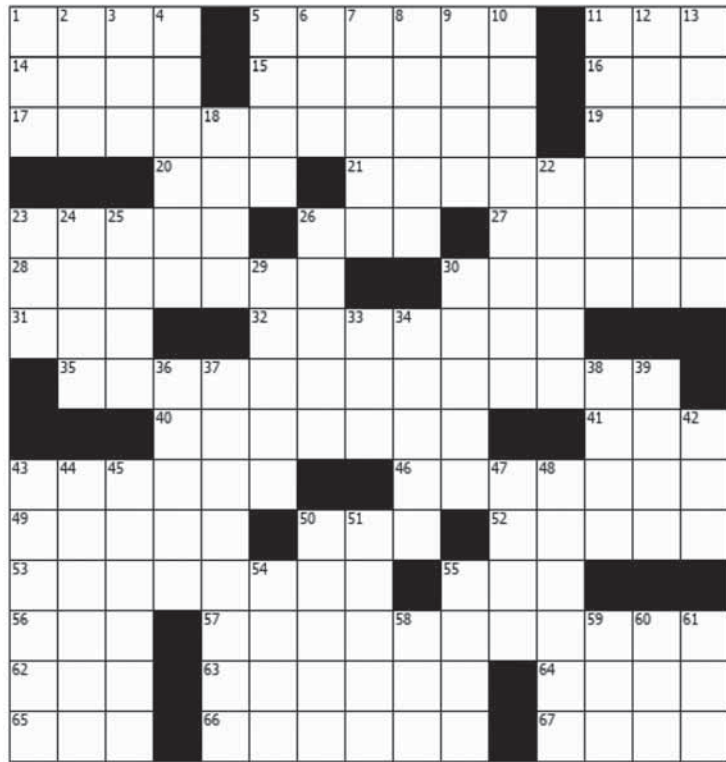




# CROSSWORD PUZZLE

**Across**

- 1. Literally, French for "in the home of"
- 5. Windy sort
- 11. Cwt. segments
- 14. Loathing
- 15. Melodic passage
- 16. "... \_ the set of sun": "Macbeth"
- 17. Start of a quip
- 19. Roam
- 20. It usually involves turns: Abbr.
- 21. Wenceslas' title
- 23. African capital since 1912
- 26. Study
- 27. \_ Islander
- 28. Sign
- 30. Key holders
- 31. "... the only animal that blushes. Or needs to.": Twain
- 32. "Nonsense Novels" author
- 35. More of the quip
- 40. Picture showers
- 41. Dawn deity
- 43. Useful things
- 46. It's used for shots
- 49. Decalogue mount
- 50. Flight
- 52. Part of FNMA: Abbr.
- 53. Springs
- 55. Be out of sorts
- 56. Calendar abbr.
- 57. End of the quip
- 62. Understand
- 63. Swiss conductor Ansermet
- 64. Damaged, in a way
- 65. 747 and 757: Abbr.
- 66. Buddha's teachings
- 67. Police crisis acronym

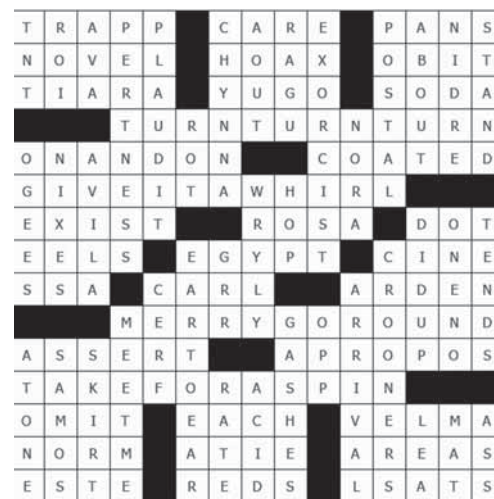


**Down**

- 1. Vital life force, in acupuncture
- 2. Deerstalker, for one
- 3. The Coneheads, e.g.
- 4. Serengeti wildlife
- 5. Slalom feature
- 6. Works on a wall
- 7. Blockade
- 8. Element used in enamel manufacturing
- 9. About
- 10. Michelin competitor
- 11. Multitude
- 12. "The Wild One" costar
- 13. Marsh plants
- 18. Kett of old funnies
- 22. Material name derived from a Persian word for "dust"
- 23. Tach reading
- 24. Nasser, for one
- 25. Prefix with diction
- 26. Steel plow inventor
- 29. Dale's cousins
- 30. Burns papers?
- 33. Source of PIN money
- 34. It may be under the bridge
- 36. Indian, e.g.
- 37. Makes ineffective
- 38. Contact, say
- 39. Eye on television, maybe
- 42. Brief moment
- 43. Comparable to pie?
- 44. Self-conscious smile
- 45. Pitfalls
- 47. Surprise attack
- 48. Hawaii features
- 50. Rested (against)
- 51. Grant portrayer
- 54. Street sign word
- 55. "Them!" mutants
- 58. Dos Passos trilogy
- 59. Noisy disturbance
- 60. Author Levin
- 61. "Into the West" aier

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



## SUDOKU Solution to puzzle on page B11

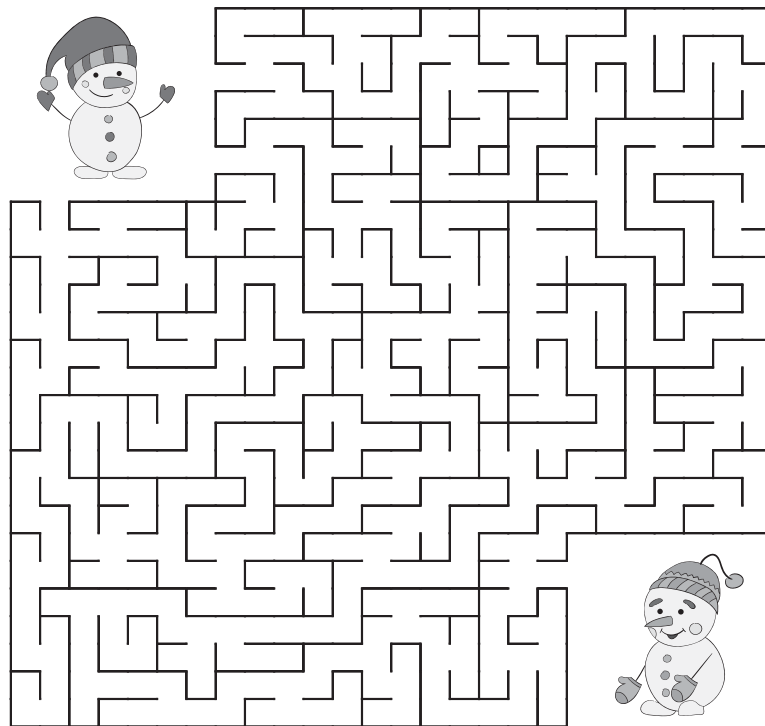
	1	2	3		4		5	
	5				2			
6		7				3	8	
	8			5			7	
	9		6		8		1	
	2			3			4	
	7	5				6		8
				1				9
	6		7		5	1	3	

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# New reporting options for sexual harassment victims

REBECCA WARD, AIR FORCE RESILIENCE

ARLINGTON, Va. (AFNS) -- Uniformed Airmen and Guardians who experience sexual harassment now have the option to file a restricted or unrestricted report with the Sexual Assault Prevention and Response office to access advocacy services and supportive referrals.

This change now allows members to seek support services for both sexual harassment and sexual assault from one office.

Brig. Gen. Debra A. Lovette, Integrated Resilience director, said the new policy reflects the Department of the Air Force's commitment to expanding support for victims, and strengthening a culture of respect, dignity and honor for all who serve.

"Sexual harassment does not reflect who we are as an organization and has no place in the military," Lovette said. "For service members victimized by this harmful behavior, it can be crippling, preventing them from coming forward out of fear of further harassment or the perceived lack of support from their leaders or co-workers. This new policy will allow service members to make a report confidentially, if they choose, while still receiving support and care from their sexual assault response coordinator or SAPR victim advocate."

The new policy, which took effect September 30, expands services to DAF military members who are sexual harassment victims and implements FY 2022 National Defense Authorization Act and Independent Review Commission requirements. The Equal Opportunity Program will continue to process and track military sexual harassment complaints.

Under the new policy, military members have two options for reporting sexual harassment to the

SAPR office:

**Unrestricted Report** - This reporting option allows a service member to report sexual harassment to a SARC or SAPR VA and receive victim advocacy services from that office. This reporting option will result in the SARC or SAPR VA notifying the victim's commander and the installation EO office, who will initiate an investigation (or clarification report via EO complaint processes) of the sexual harassment allegation(s).

**Restricted Report** - This reporting option allows a service member to confidentially report sexual harassment to a SARC or SAPR VA and receive victim advocacy services from that office. This reporting option does not trigger an investigation or notification to the service member's command or installation EO office unless there is written consent from the service member or if there is a clear and present risk to the health and safety to the service member or another person, as determined by the servicing legal office.

SAPR victim advocacy services for sexual harassment do not replace Military Equal Opportunity complaint processes. Military members may choose to make an unrestricted report with the SAPR program to receive victim advocacy services such as crisis intervention, safety assessments and counseling referrals, and they may also file a separate MEO complaint through the EO office.

The DAF Unlawful Discrimination, Harassment, and Sexual Harassment Hotline (888-231-4058) functions as a referral line to facilitate potential EO concerns or complaints to the appropriate installation for resolution. It is not set up to provide victim assistance, advocacy, or services.



NODAK ARMS

OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL

### Fishing:

Lake Sakakawea elevation, Dec. 26: 1,830.94 feet above mean sea level (MSL); 20,700 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.38 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.32 MSL.

•N.D. Game & Fish Dept. game wardens: Some access onto Lake Audubon off East Totten and East Cabin Site but conditions could change rapidly. No reports from other area lakes with limited access due to snow conditions. Limited and scattered activity with tracked vehicles needed on Devils Lake.

•Devils Lake, Ed's Bait Shop, Devils Lake: Tracked vehicles needed on Devils Lake but anglers getting onto the lake are finding some perch success on the main lake or 6-Mile Bay.

•Devils Lake, Woodland Resort, Devils Lake: Tracked vehicles or walk-on needed to access and get around on Devils Lake. Those going out are finding some walleye. Slush is coming up when drilling holes, however.

•Lake Darling, Karma C-Store, Ruthville: Little activity with poor access and weather.

•Lake Metigoshe, Four Seasons, Bottineau: Use caution with several inches of slush on top of the ice with limited activity.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Access extremely difficult on Lake Audubon and east end of Lake Sakakawea. A few houses are going off the East Totten boat ramp on Audubon, though, but no reports on



- Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.
- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.
- Dec. 30: Missouri River Canada Goose Zone season closes.
- Dec. 30: Light goose season closes.
- Dec. 31 & Jan. 1: Free fishing weekend. N.D. residents can fish for free.
- Jan. 1: Pheasant, grouse, partridge, turkey, and archery deer seasons close.

### TOURNAMENTS:

- Jan. 7: Devils Lake.
- Jan. 14: Lake Darling, Makoti Lake, Lake Sakakawea (Lewis & Clark State Park).

success with the limited access.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East Cabin site boat ramp and East Totten have access onto Lake Audubon but conditions and access can change rapidly so be winter prepared.

•Lake Sakakawea, New Town: Efforts will be made to keep Van Hook ramp access open but cold temperatures limiting activity.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: No Missouri River tailrace activity.

•Lake Sakakawea/northwest

N.D. lakes, Scenic Sports, Williston: Weather permitting, the Yellowstone River continues producing walleye and sauger. Continued walleye activity from Lund's Landing to Hofflund Island, as well.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports with snow limiting area lake access.

### Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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# YOUTH IN ACTION

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### In Loving Memory of My Guinea Pig

LUCAS REINHOLD, AGE 11

When me and my family lived in Colorado, we had a Hermit Crab – our first pet - but then he died and I was very sad, so we decided to get 2 hamsters. When we went to the pet store, we were told that hamsters could bite and are not ideal for little kids, so we decided to get a Guinea Pig instead.

The Guinea Pig we got was very tiny and cute. He lived with us for 4 years and came with us to Minot but last week, he died. I am sure that he had a great life with a clean cage and a cat and dog to be friends with. We loved him very dearly and always cared for him, so we were heartbroken when he died.

I am still very sad that he died so I decided to write a few things about him. First, his name was

Pig. Second, his favorite foods were carrots, green peppers, and cucumbers. Third, even though it was fun to have him, it wasn't that fun to clean his cage. Last, Guinea pigs make squeaking sounds whenever they want attention.

If you get a pet, you will have a lot of fun, but someday, sometimes unexpectedly, they will die. I don't think that it would be better to not have a pet, because they are very fun to play with. You have to always remember that you should give them a lot of attention because if you don't give them a lot of attention, it will be even more sad when they die.

I hope you already have a pet and are giving it enough attention so that it can live a long and happy life.



Lucas and Pig enjoying fresh air. Pig loved grazing on grass. Summer 2022.



Our Guinea pig 'Pig'.



Pig and our cat Theo, 2020.

#### NOTES ON BEING SAFE

## SLOW DOWN, AND BE CAREFUL



ROD KRAUSE  
5TH BOMB WING  
OCCUPATIONAL SAFETY  
AND HEALTH MANAGER



Although it may seem a bit intimidating at first, it doesn't take much time for first-time winter drivers to learn to properly tackle snow-packed and icy roads in the local area. Patience is key when heading out on winter roads for the first time, many people end up in accidents each year because they drive too fast for the conditions. The following are things drivers should remember when the snow and ice starts to fall.

For maximum power when starting cars in cold temperatures, turn off all accessories, including the radio and heater, before turning the ignition key. For carbureted cars, depress the accelerator once and release it. For fuel-injected vehicles, don't touch the pedal. Turn the key and hold it for about 20 seconds. Don't over grind the starter; it can damage it. Let the engine run for at least a minute before driving. Don't accelerate too quickly for at least a mile or two.

Not all vehicles handle in winter weather conditions the same, and it's important for people to know how to handle their vehicle in demanding winter weather. It's a good idea for people to carefully practice slow-speed maneuvers on an empty snow- or ice-covered parking lot. The vehicle owner's manual also outlines handling characteristics.

Front-wheel-drive vehicles generally handle better than rear-

wheel-drive vehicles on slippery roads because the engine's weight rests on the drive wheels to improve traction. The back end of rear-wheel drive vehicles, especially pick-up trucks, tends to slide from side to side when turning on icy roads. To compensate, people with rear-wheel drive should add weight in the trunk or truck bed to give the wheels more grip.

Even a little bit of ice and snow can turn a 2,000-pound car into an unguided bobsled. To avoid accidents, drivers should pay special attention when approaching intersections.

Slow down before approaching an intersection. Scan left, then right, then left again for pedestrians and vehicles cars on cross streets. If you're having trouble stopping, they probably will too. Prepare for drivers sliding into intersections from the side, then decide if you can safely get through the intersection or stop to avoid hitting an oncoming vehicle. After stopping, press the accelerator slowly to get going again. Vehicles with manual transmissions should start in second gear to keep the wheels from spinning.

When approaching an icy hill, find a path with the best traction. Watch the cars ahead of you, and steer clear of spots where people are spinning their wheels or sliding backward. Try driving on unpacked snow; it sometimes offers better traction.

Build speed gradually while you're still on level ground. If you have shift-on-the-fly four-wheel drive, shift into it before you reach the hill. When you reach the crest, begin to decelerate slowly, shifting into a lower gear to allow engine drag versus your brakes to cut your speed.

Slow down before you enter an icy curve. Any sudden acceleration or deceleration in a turn could send you into a skid.

Controlled speed and smooth steering and braking helps prevent skids. If your wheels lose grip, gradually release the pressure from the pedal you're using. Smoothly steer in the direction you want the car to go.

People who get stuck in snow, ice or mud often do the wrong thing and stomp on the gas pedal and end up spinning their wheels and digging in deeper. To free your vehicle, try turning the steering wheel gently from side to side and use light foot pressure on the accelerator. Then rock the vehicle forward and backward while pointing the front wheels straight ahead. It's a good idea to check the owner's manual first because this procedure can damage the transmission on some cars. If you're still stuck, stay with your vehicle and make use of your winter survival kit until assistance arrives!

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# DoDEA Virtual School: Expanded Eligibility Pilot Program

The Department of Defense Education Activity Virtual School is now accepting applications for the Expanded Eligibility Pilot Program (E2P2) Spring Semester. For students not already enrolled in the program, only single semester courses are available. However, for students that are transferring in the middle of the year, the DoDEA Virtual School may be able to help to continue courses that are not being offered at their new schools.

The Expanded Eligibility Pilot Program is for high school students that are dependents of active duty servicemembers stationed in CONUS that do not have access to a DoDEA brick-



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-11  
DEPARTMENT OF THE AIR FORCE SCHOOL  
LIAISON PROGRAM



and-mortar school. I've attached a flyer that can be used for this spring semester. You can also find more information and the application on our website at <https://www.dodea.edu/dvs/index.cfm>.

If you have any questions, please contact the DoDEA Virtual School at [e2p2@dodea.edu](mailto:e2p2@dodea.edu). If you have additional questions please reach out to the School Liaison Office at [maf.school.liaison@us.af.mil](mailto:maf.school.liaison@us.af.mil).

## Minot Scholarship Competition Dec. 30

MISS ND SCHOLARSHIP ORGANIZATION, INC.

The Miss North Dakota Scholarship Organization will host a preliminary competition in Minot at 4 p.m., Friday, December 30, at the ND State Fair Center Theatre. Plans are to award scholarships and crown Miss Magic City and Miss ND State Fair, along with Outstanding Teen titles. The number of titles awarded will depend on the number of candidates registered. Newly crowned titleholders will compete at state competition in

June in Williston for the title of Miss North Dakota 2023 and Miss North Dakota's Outstanding Teen 2023, as well as scholarship dollars. The Miss ND Scholarship Organization is part of the Miss America Organization.

Sidni Kast, Miss ND 2022 and Minot native, will serve as guest emcee. The candidates will compete in private interview, talent, social impact initiative presentation and red carpet. Teen candidates also have a fitness

component. The afternoon will also include a Princess Program where 6-12 year olds are able to participate in similar areas in a non-competitive format.

Tickets are \$10 for ages 6-adult and will be available at the door. There will also be an opportunity for a People's Choice award at \$1/vote. The People's Choice winner will receive a cash scholarship.

For more information, email [missndlocals@gmail.com](mailto:missndlocals@gmail.com)

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### 2022-2023 MPS CALENDAR

December 2022							January 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30	31				

**December 22**  
P/T Comp Day - No School

**December 23-Jan 2**  
Vacation - No School

**January 3**  
Classes Resume

**January 16**  
Martin Luther King Jr. Day - No School

Vacation Days - not contracted day    Holidays    PD Days - contracted day  
Early Release Days - 1:15pm    Parent/Teacher Comp Days    \* Weather Make-up Day

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Intersection of Hwy 83 & Hwy 37  
**701.337.2500**

HOURS: Mon - Fri: 5:30 a.m. - 5:00 p.m.  
Saturday: 5:30 a.m. - Noon



# EAP offers free benefits for civilian employees

AIRMAN 1ST CLASS KARISSA DICK, 377TH AIR BASE WING PUBLIC AFFAIRS

KIRTLAND AIR FORCE BASE, N.M. --

Are you an Air Force or Space Force civilian employee searching for resources and services to help make life easier? Then the Employee Assistance Program may be the right program for you!

The Employee Assistance Program (EAP) is a free benefit for Air and Space Force civilian employees that offers a wide range of services to support and meet the various needs of employee's lives. The EAP is available for employees and their

spouses, dependent children, domestic partners, household members and students.

"The great part about this program is that it is available for civilian employees and any dependents living in their home", said Laura Swofford, EAP field consultant. "For example, EAP could be used for an older college student or an elderly parent being cared for as long as they live in the home."

The core EAP services are counseling, coaching and online programs that include resources like lifestyle coaching, legal

assistance, financial-wellness coaching, online trainings, management support and much more.

"It's little things about this program that make it so beneficial like free first aid kits, discounts, school supplies, or just extra support through counseling or recommendations for services to help make life easier", said Swofford. "I've seen someone who was having landlord issues use this program to access legal services to help them."

EAP also offers managers and supervisors virtual trainings

focused on services that can help leaders support their civilian employees. Managers can also request an in-person or virtual EAP consultant to provide an orientation or specific program presentation to employees.

Employees can find more information or access 24/7 EAP services by calling 866-580-9078 or through the website at <https://www.afpc.af.mil/Airman-and-Family/Personal-and-Work-Life/>.



The Employee Assistance Program (EAP) is a free benefit for Air and Space Force civilian employees that offers a wide range of services to support and meet the various needs of employee's lives. The EAP is available for employees and their spouses, dependent children, domestic partners, household members and students.

**EVERYDAY HAPPY HOUR • 3PM – 6PM**  
 \$2 off All Apps  
 \$3 House Wine & Domestic Pints  
 Bavarian Pretzels with Beer Cheese Sauce  
 \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups  
 \$5 Moscow Mule  
 \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps  
 ½ Flat Bread Pizza

**DAILY SPECIALS**  
 Monday \$5 Moscow Mules (all day)  
 Tuesday \$4 ND Breweries (all day)  
 Wednesday ½ Price Wine by the glass/bottle (all day)  
 Thursday \$1 up for all Tall Taps (all day)  
 Sunday BRUNCH (11am-2pm)  
 \$7 TSR Bloody Mary & Caesars  
 \$12 Bottomless Mimosas  
 \$6 Breakfast Shots

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 Wednesday Chef Creation\*  
 \*Changes Weekly – Check our Facebook Page  
 Thursday Pasta Pack

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**ALL PARTIES INCLUDE:**  
 Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
 Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
 You bring the cake and the kids!  
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**alatoakpark@gmail.com**  
**WWW.OAKPARKTHEATER.NET**

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**\$45.00**

**Includes:**  
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 • Marco's Pizza  
 • Four 16 oz. Drinks  
 • Additional Jumpers Only \$10!

**www.highairground.com**



# CHURCH DIRECTORY

**Chapel Services at MAFB**

*North Plains Chapel in Base Housing*

*Protestant Liturgical Service*  
**Christ Chapel**  
 0900


*Protestant*  
**Sunday Community Service**  
 1030  
 (Holy Communion 1st Sunday)  
 Children's Church during school year

*Wicca, Pagan, and Neopagan Services*  
**Open Circle**  
 1000 on the 1st and 3rd  
 Saturdays of every month

*Northern Lights Chapel across from Rockers*

**Catholic Mass**  
 Sunday ..... 1000  
 Daily ..... Monday-Thursday at 1200

**St. Peter The Aleut Eastern Orthodox Church**

 **109 6th St. SE Minot • 838-3094**

**Saturday, Dec 31**  
 5 PM, No Vespers

**Sunday, January 1**  
 No Services

  
**Break Forth BIBLE CHURCH**

Wednesdays 7:00pm  
 and Sundays 10:30am

**1821 W Burdick Expressway**  
 For More Information:  
 701.353.9337 | [www.bfbc.tv](http://www.bfbc.tv)

  
**An Evangelical Free Church**  
 3500 4th St. SW • 839-5127  
 (Just North of Super Wal-Mart)

Sunday School & Fellowship ..... 9:00 a.m.  
 Worship ..... 10:30 a.m.

[www.trinitychurchminot.org](http://www.trinitychurchminot.org)

  
**Bible Fellowship Church**

Worship Service at 10:45am Sundays  
 Sunday School at 9:45am

**1720 4th Ave NW, Minot**  
**838-0916**  
**MinotBibleFellowship.org**

**Immanuel Baptist Church**

**1615 2nd St. SE • www.ibcminot.org**  
**701-839-3694**



**SUNDAYS:** 9:00 AM FELLOWSHIP  
 9:15 AM SUNDAY SCHOOL  
 10:30 AM WORSHIP


**WEDNESDAYS:** 11:30 AM SOUP KITCHEN  
 5:30 PM FAMILY SUPPER  
 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY



**Christ Reformed Church**

Worship 11:00 a.m. Sunday  
 234 14th Ave SE  
[www.christreformedchurchminot.com](http://www.christreformedchurchminot.com)

**St. John the Apostle Catholic Church**

  
 2600 West Central Ave • Minot, ND 58701  
**839-7076**

Daily Mass Schedule:  
 Tuesday ..... 5:15 p.m.  
 Wednesday - Friday ..... 7:00 a.m.  
 Saturday ..... 5:00 p.m.  
 Sunday ..... 8:00 & 10:30 a.m.


*Fr. David A. Richter, Pastor*  
 Parish website: [www.stjohnminot.com](http://www.stjohnminot.com)

  
**First Lutheran Church - ELCA**  
 120 5th Ave. NW  
 852-4853

Sunday Worship  
 9:30 am

[www.firstlutheran.tv](http://www.firstlutheran.tv)  
 (Live Stream & Recorded)  
 Radio Broadcast KRRZ 1390AM  
 Sunday 9:30 am  
[www.flcminot.com](http://www.flcminot.com)

Pastor Brandy Gerjets • Pastor Ellery Dykeman



**Gospel Tabernacle Community Church**

9999 27th St NE  
 4 miles south of MAFB  
 James W. Henderson  
 Anna B. Henderson

**Church: 701-838-4492**  
**Home: 701-838-5759**  
**KHRT 1320: 9 a.m. Sunday**

Sunday School ..... 9:45 a.m.  
 Adult/Children Worship.. 11 a.m.  
 Family Hour ..... 6:30 p.m.  
 Evening Worship ..... 7:30 p.m.  
 Bible Study/Child-Adult  
 Children Worship (Wed).... 7 p.m.  
 Prayer (Friday) ..... 7 P.m.

  
**JOURNEYCHURCH**  
 ASSEMBLY OF GOD

**1805 2nd St. SE**  
**838-1111**

**Sunday Services**  
 9:00 AM & 11:00 AM

**Wednesday**  
 6:30 PM

**Minot Baptist Church**

 Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School ..... 9:45 a.m.  
 Morning Worship .... 11:00 a.m.  
 Evening Worship ..... 6:00 p.m.  
 Wednesday Evening..... 7:00 p.m.

*Independent/Fundamental/KJV*  
**500 46th Ave NE • 839-1351**  
 Pastor David Miller

  
**Cross Roads Baptist**

**Southern Baptist Convention**

Sunday School (all ages) ..... 9:45 a.m.  
 Sunday Worship ..... 11 a.m. & 6:30 p.m.  
 Wednesdays (Prayer & Missions) ... 6:30 p.m.

[www.minotcrbc.org](http://www.minotcrbc.org)  
 email: [minotcrbc@gmail.com](mailto:minotcrbc@gmail.com)  
**Dr. Bob Farmer - Pastor**

**415 28th Ave SE (Behind Menards)**  
**838-1873**

  
**West Minot Church of God**  
*Family Worship Center*

**1105 16th St. NW • 839-1407**

Sunday School ..... 9:30 a.m.  
 Sunday Worship ..... 10:30 a.m.  
 Children's Church & Nursery  
 Wednesday Family Training Hour  
 Meal..... 5:30p.m.  
 Classes for All Ages ..... 6:30 p.m.  
 Youth Center, Friday..... 7:00 - 11:00 p.m.  
 ABC Child Care Center ..... 852-6352

[westminot.com](http://westminot.com)  
[facebook.com/westminot](https://facebook.com/westminot)

**To Advertise your Church on this page,**

**Call 839-0946**

**Only \$9.00 a space / per week**

**First Baptist Church**

 **200 3rd St. SW • 852-4533**  
**www.fbcminot.org**

Classic Worship Service..... 8:30 a.m.  
 Sunday School (All Ages)..... 9:45 a.m.  
 Contemporary Worship Service..... 9:50 a.m.  
 Adult Sunday School ..... 11:00 a.m.  
 Contemporary Worship Service..... 11:05 a.m.  
 Children's Church ..... 11:05 am.  
 Wed. AWANA (Sept. to May) ..... 6:30 p.m.  
 Fridays, Celebrate Recovery ..... 7:00 p.m.

**Rev. Kent Hinkel, Senior Pastor**  
**Elaine Carlson, Children's Ministry Director**

**Apostolic Faith Church, UPCI**

**2929 19th Ave NW • Minot**  
 Located off Hwy 83 Bypass West  
**(701) 838-0609**

Saturday School ..... 2:00 p.m.  
 Sunday Worship ..... 3:30 p.m.  
 Wednesday Bible Study ..... 7:30 p.m.

**Jesse Starr, Pastor**

  
**Grace Baptist CHURCH OF MINOT**

**Sunday Service: 4:00 p.m.**  
**Wed. Prayer: 5:30 p.m.**  
 at Living Word Lutheran bldg  
 710 46th Ave NE, Minot

**Web: [gracebaptistminot.com](http://gracebaptistminot.com)**  
**E-mail: [gbcminot@gmail.com](mailto:gbcminot@gmail.com)**

**RADIO BROADCAST**  
**KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun**

  
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 Minot, ND 58701  
 701-852-6404  
[www.oslcminot.com](http://www.oslcminot.com)

**Rev. Heath Trampe**  
**Rev. Brian Doel**

**Sunday Worship**  
 8:15am Traditional Service  
 9:30am Contemporary (w/livestream)  
 9:30am Sunday School & Adult Bible study  
 11:00am Contemporary Service

**Wednesdays 6-7pm**  
 Adult Choir  
 OSKids (age 4-5th gr.)  
 Bible Class (6th gr.)  
 High School Youth Group (6-8pm)

**To Advertise your Church on this page,**

**Call 839-0946**

**Only \$9.00 a space / per week**

  
**OUR REDEEMER'S CHURCH**  
*A Church of the Lutheran Brethren*

**Sundays:**  
 Worship..... 9:00 a.m. & 11:00 a.m.  
**700 16th Ave SE • 701-838-0750**

For more information visit us on the web at:  
**www.ourredeemers.org**

  
**ORCS KNIGHTS**



Our Redeemer's Christian School  
 700 16th Avenue SE  
 Minot, ND 58701  
[info@orcsknights.org](mailto:info@orcsknights.org) • 701-839-0772  
**www.orcsknights.org**

**ORCS Preschool**

Our Redeemer's Christian School's Preschool Program has started its 35th year the fall of 2022 and we would love to have your child be a part of it!

**NOW ACCEPTING REGISTRATIONS FOR THE 2022-2023 SCHOOL YEAR**

**HIGHLIGHTS OF OUR PROGRAM**

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.  
**701.839.0772**  
 Email: [jschultz@orcsknights.org](mailto:jschultz@orcsknights.org)  
 Website: [www.orcsknights.org](http://www.orcsknights.org)

**ADVERTISE YOUR Church**

**Advertise FOR ONLY \$9 PER WEEK**

**Revisions MADE UPON NOTICE FROM THE CHURCH**

**Deadline TUESDAYS BY NOON WEEK OF PUBLICATION**

**CONTACT US**  
 call 701-839-0946  
 email [NSADS@SRT.COM](mailto:NSADS@SRT.COM)

VIEW OUR PAPER ONLINE AT [NORTHERNSENTRY.COM](http://NORTHERNSENTRY.COM)



# CLASSIFIEDS

www.northernsentry.com | nsads@srt.com or sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

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 All units sold AS-IS condition  
 Terms: Cash or check supported by a bank letter of credit.  
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 3035 Valley St., Minot, ND 58701  
 701-838-3733 or 1-800-210-8995

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 700 Old Red Trail NW • Mandan, ND  
 888.856.2383  


## FLEA MARKET/THRIFT STORES

**ANTIQUES, JUNK, OLD & NEW**  
 DAKOTA FLEA MARKET  
**NEXT MARKET DATES: FEBRUARY 4 & 5**  
 N.D. State Fair Grounds.  
 Admission: Ages 10+: \$3.  
 Vendor information  
 dakotafleamarkets@gmail.com or  
 call 701.278.0866 tfn

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 With A Lot Of Savings!  
**4R HOME THRIFT**  
**2031 N Broadway**  
 Furniture, Tools, Movies,  
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 Sunday - 12 PM to 5 PM  
**15% Military Discount!**  
<https://www.facebook.com/4rhomethrift>



## REAL ESTATE

Find ALL listed homes for sale in Minot and the surrounding areas at [www.brokers12.com](http://www.brokers12.com). tfn

**1986 16' X 80' MOBILE HOME LOCATED IN DEERING, ND**  
 3 Bedroom- Decks on Front & Back. Recently Winterized with New Insulation. Some New Windows. Located in Deering Mobile Home Park. \$10,500.00 OBO. Text /Call (701) 728-6965 tfn

## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$655 to \$795. Call Matt or Jerry at IPM. 852-1157 tfn

**REMODELED 3 BDRM RANCH STYLE HOME IN SURREY** w/ attached garage, central air, large yard, patio, basement. Laminate flooring in kitchen, dining area & living room. Carpeting in bedrooms. Window coverings in all rooms. Washer/dryer included. NO SMOKING & NO PETS (701) 721-0355 tfn

**NEW CONSTRUCTION 2-2 BEDROOM APARTMENTS 1-3 BEDROOM APARTMENTS**

Partially Furnished  
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 Washer/Dryer, Cable, TV, WiFi, 2 car garage. 2 blocks from Arrowhead Shopping Center, Minot.  
 Singles Welcome  
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## Back Door Treasure's



Minot's Newest & Biggest Thrift Store is  
**NOW ACCEPTING ALL** donations, estate settlements, and commercial (rental & real estate left behinds)  
**105 1st Street. SE Minot**  
**Open 9-6 Mon-Sat**  
**(701) 837-1819**

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[www.marykay.com/1clouse](http://www.marykay.com/1clouse)  
 701-839-0475 or 701-721-0475. tfn

## WANTED TO BUY

**AUTO BENT UP OR JUNKED??**  
 We'll buy!! Also Scrap iron!!  
**CALL 701.240.2147 OR 701.240.7453.** March 3

## HELP WANTED

**LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?**  
 Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.  
 We are an equal opportunity employer and a drug free workplace.  
**Apply in person at: 605 27th St SE, Minot ND 58701**  
 Or contact: **Matt Mackey**  
 By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
 701-852-1014

**ALLEY'S REPAIR IS LOOKING FOR A QUALIFIED AUTO TECH**  
 M-F 8-5:30,  
 Health, Dental, 401K,  
 8 1/2 Paid holidays,  
 Good Pay,  
 Climate controlled shop.  
**Stop in for application 2635 Valley St, Minot, ND**  
 701-839-7112 Dec. 30

**MATURE, RELIABLE, AND A TRUSTWORTHY INDIVIDUAL.**  
 Part-Time Retail sales 25-35 hrs/week occasional Sat. closed Sun. Apply in person at Aeroport Hobby Shoppe, 2112 N. Broadway. tfn

**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot. tfn

**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at [mmackey@kalixnd.org](mailto:mmackey@kalixnd.org)  
 701-852-1014. tfn

**ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY**  
 Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

**DON'T RISK IT ALL!  
 IF THERE IS ANY DOUBT CALL**

## AIRMEN AGAINST DRUNK DRIVING

Free and Confidential



Saving Lives and Careers

Available to ALL Minot AFB Military Members and Spouses

- ▶ Call AADD
- ▶ Notify location and destination
- ▶ State the amount of people that need a ride
- ▶ Give a description on an easily identifiable article of clothing
- ▶ Verify member's military/ dependent status by showing identification

**CONTACT US AT: THURSDAY, FRIDAY & SATURDAYS**  
**(701) 727-2233 10:00 PM – 03:00 AM**  
**(701) 727-AADD**



# CLASSIFIEDS

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## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 9 Jan-29 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu) or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website ([ccis.edu](http://ccis.edu)) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

### PARK UNIVERSITY MINOT –

PARK UNIVERSITY MINOT – Your degree, Your way. Open enrollment for the 2022/2023 year starts August 15! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu) and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | [mino@park.edu](mailto:mino@park.edu) PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)

# BUSINESSES & SERVICES



### SUDOKU SOLUTION PUZZLE ON PAGE B4

5	4	1	2	6	8	9	3	7
8	7	3	9	4	5	6	1	2
2	6	9	1	3	7	4	5	8
6	9	8	5	1	4	2	7	3
1	2	5	6	7	3	8	4	9
7	3	4	8	9	2	5	6	1
9	8	7	4	5	1	3	2	6
4	1	6	3	2	9	7	8	5
3	5	2	7	8	6	1	9	4

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# WHAT'S GOING ON MAFB

## FRIDAY 30

- AFGSC Family Day
- For a full listing of New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Gingerbread House Contest Ends at the Dakota Inn Dining Facility
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

## TUESDAY 03

- Registration Opens: Biggest Loser/Gainer Competition at the Fitness Center
- HIIT Strength & Conditioning, 0500, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Civilian Employment Basics 101, 1300-1430, M&FRC
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1830, Fitness Center

## FRIDAY 06

- Registration Ends: Biggest Loser/Gainer Competition at the Fitness Center
- HIIT Strength & Conditioning, 0500, Fitness Center
- First Friday, 1530-2000, Jimmy Doolittle Center
- New Year's Skate Night, 1800-2000, Youth Center
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

## SATURDAY 31

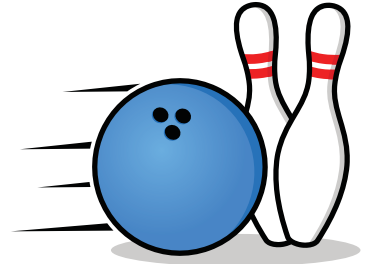
- New Year's Eve
- For a full listing of New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- Registration Closes: Youth Basketball at the Youth Center
- Winter STEAM Challenges begin at the Minot AFB Library
- Family New Year's Eve Party, 1100-1600, Rough Rider Lanes
- Rockers New Year's Eve Party, 2100-Close, Rockers Bar & Grill

## WEDNESDAY 04

- HIIT Strength & Conditioning, 0500, Fitness Center
- Sponsorship Training, 0900-1100, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Story Time, 1030, Minot AFB Library
- Brown Bag Book Talks, 1200, Minot AFB Library
- Cycle, 1200, Fitness Center
- First Duty Station Officer Financial Course, 1400-1600, M&FRC
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

## SATURDAY 07

- Youth Bowling League, 1400, Rough Rider Lanes



## SUNDAY 01

- New Year's Day
- For a full listing of New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)
- New Year's Day Special Lunch, 1030-1330, Dakota Inn Dining Facility

## THURSDAY 05

- Pre-Separation Counseling, 0830, M&FRC
- Family Zumba, 1000, Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Bootcamp, 1200, Fitness Center
- Home Buying Seminar, 1300-1500, M&FRC
- Extramural Bowling, 1730, Rough Rider Lanes

## DEC. SPECIALS

### Bomber Bistro • Italian Hoagie

Ham, pastrami, pepperoni, lettuce, provolone cheese, tomato, Italian dressing on a demi baguette!

### The B-Fifty Brew • Peppermint Mocha

Espresso with steamed milk, sweet mocha sauce and peppermint-flavored syrup, topped with whipped cream and dark-chocolate curls.

### Rockers Bar & Grill • Shrimp Basket

Corkscrew shrimp lightly battered and fried golden brown, served with fries and cocktail sauce.

## MONDAY 02

- New Year's Day Observed
- For a full listing of New Year's holiday facility hours, visit [5thforcesupport.com](http://5thforcesupport.com)

## JAN. SPECIALS

### Bomber Bistro • Chicken Caesar Salad

Grilled chicken, romaine lettuce, croutons, parmesan cheese, and Caesar dressing!

### The B-Fifty Brew • Mug Club

Join the Mug Club for only \$25 and your first drip coffee is free. Also, save \$0.50 on coffee drinks, excluding smoothies!

### Rockers Bar & Grill • Buffalo Chicken Wrap

Savory flame-broiled chicken, shredded lettuce, diced tomatoes, cheddar cheese, and ranch in a garlic herb tortilla.

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MONDAY - THURSDAY: 11AM - 1AM  
FRIDAY - SATURDAY: 11AM - 2AM  
SUNDAY: CLOSED

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