

# northern sentry


FREE | WWW.NORTHERNSENTRY.COM | VOL. 61 • ISSUE 05 | MINOT AIR FORCE BASE | FRIDAY, FEBRUARY 3, 2023

## WHATS INSIDE THIS WEEK:



INSPIRING TOMORROW'S AIRMEN

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WHEN LIFE IS THE OPPOSITE OF AWESOME...

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NATIONAL YOUTH OF THE YEAR

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Airmen from the 69th Bomb Squadron recently participated in Juniper Oak 23-2. Juniper Oak 23-2 is a bilateral military exercise designed to enhance interoperability between the U.S. and Israeli militaries. Forces from U.S. Central Command (USCENTCOM) components and the Israeli Defense Force (IDF) participated. While this was the first iteration of Juniper Oak, it joins the long-standing "Juniper" series that the U.S. and Israel have conducted for more than 20-years. See page A3 for more on the exercise.

PHOTO COURTESY OF THE IDF SPOKESPERSON'S OFFICE

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# Inspiring Tomorrow's Airmen

AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

What happens when a goal you have feels so far away? Does it become impossible or do the trials and tribulations make victory taste sweeter? One Airman at Minot learned the answer to that question and showed others what hard work can achieve.

U.S. Air Force Senior Airman Jessica Ramsay, 5th Bomb Wing Legal Office civil law paralegal, was selected for the prestigious Senior Leader Enlisted Commissioning Program in December 2022. She was one of only two Airmen selected by Gen. Anthony J. Cotton, U.S. Strategic Command commander and former commander of Air Force Global Strike Command, for

a spot in the program.

"I was overwhelmed with joy, it feels unreal," said Ramsay. "I'm so very blessed and grateful to all those that helped me and saw my potential to be an officer."

SLECP allows Air Force senior leaders to select exceptionally-performing, highly-talented enlisted Airmen to receive a commission through Officer Training School. SLECP-A, the program into which Ramsay was selected, is for candidates who do not possess a bachelor's degree. This program provides an opportunity for enlisted members to attend college in-person to complete their degree while in active-duty status and proceed to OTS after graduating.

"I was in a video teleconference

with Gen. Cotton and Chief Master Sgt. Melvina Smith when they announced that I was selected for the program," said Ramsay. "I wanted to become an officer since the beginning of my career, but because I didn't have my citizenship I could not. Though the experiences I learned as an enlisted Airman will be invaluable."

Although she joined the Air Force as a non-U.S. citizen, through her hard work she became a naturalized U.S. citizen and revamped the process for Minot Airmen seeking naturalization. That process is now being used for all Airmen seeking naturalization across the Air Force.

When asked what kind of leader Ramsay would like to be, she responded that she wants to be a proactive leader that focuses on the Air Force's greatest asset: people.

Inspiration came from many sides, but the person who inspired her the most was an old neighbor, a retired lieutenant colonel who piloted the B-52. Through his mentorship she decided she would like to be a part of the Air Force. Ramsay hopes to have him "pin" her when she officially becomes an officer.

Upon completion of OTS, Ramsay will trade her role in the legal office for a career in the intelligence field.

No one can say how much work will be required to achieve a certain goal, but just like Ramsay, the determination to never give up and push through all obstacles can eventually lead to success.



U.S. Air Force Senior Airman Jessica Ramsay, 5th Bomb Wing Legal Office civil law paralegal, poses for a portrait at Minot Air Force Base, North Dakota, Jan. 24, 2023. She was one of two Airmen selected by Gen. Anthony J. Cotton, the previous commander of Air Force Global Strike Command, for a spot in the Senior Leader Enlisted Commissioning Program.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM



U.S. Air Force Senior Airman Jessica Ramsay, 5th Bomb Wing Legal Office civil law paralegal, notarizes a document for an Airman at Minot Air Force Base, North Dakota, Jan. 24, 2023.

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MINOT, ND

# Completion of Juniper Oak 23.2 Exercise

USCENTCOM

TAMPA, Fla. – Today, U.S. Central Command and the Israel Defense Forces concluded Juniper Oak 23.2, the largest U.S.-Israel partnered exercise in history. Juniper Oak 23.2 integrated U.S. and Israeli 5th generation fighter assets, the USS George H.W. Bush Carrier Strike Group, command and control elements, rescue and refueling aircraft during a long-range large force exercise that included a live fire exercise with more than 140 aircraft including B52s, F35s, F15s, F16s, FA-18s, AC-130, AH64s, 12 naval assets, High Mobility Rocket Artillery Systems, Multiple Launch Rocket Systems, a mix of jet fighters, and long-range bombers.

Juniper Oak 23.2 enhanced interoperability and the ability of CENTCOM forces to rapidly move

combat power into the region. “Today the partnership between CENTCOM and the IDF is stronger and continues to grow,” said Gen. Michael “Erik” Kurilla, CENTCOM commander. “Our partnership is a key pillar of our commitment to expanding regional security cooperation.”

“We at CENTCOM will take the lessons learned from Exercise Juniper Oak and share and incorporate them with all our partners across the CENTCOM region,” Kurilla concluded.

Roughly 6,400 U.S. troops alongside more than 1,500 Israeli troops participated in the exercise. CENTCOM remains committed to strengthening partnerships and enhancing interoperability in support of a more stable, more secure region.



Forces from U.S. Central Command components and the Israel Defense Forces participate in exercise Juniper Oak 23-2, Jan. 25, 2023, over the USCENTCOM area of responsibility. The bilateral military exercise is designed to enhance interoperability between the U.S. and Israel militaries.

ISRAELI DEFENSE FORCES COURTESY PHOTO



Juniper Oak 23-2 is a bilateral military exercise designed to enhance interoperability between the U.S. and Israeli militaries. Forces from U.S. Central Command (USCENTCOM) components and the Israeli Defense Force (IDF) will participate. While this is the first iteration of Juniper Oak, it joins the long-standing “Juniper” series that the U.S. and Israel have conducted for more than 20-years.

PHOTO COURTESY OF THE IDF SPOKESPERSON'S OFFICE



Airmen from the 69th Bomb Squadron prepare to board a B-52H Stratofortress assigned to the 5th Bomb Wing in support of Juniper Oak 23.2 at Minot Air Force Base, North Dakota, Jan. 24, 2023. Strategic bomber missions enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CALEB S. KIMMELL



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# Reflections of A D Day Vet

## Edward Zilli Turns 100...

ROD WILSON, NORTHERN SENTRY

On the short elevator ride to the 7th floor of the Parker Center, I reflected on the article that I would be writing about Edward John Zilli, a D Day veteran who soon would turn 100 years young.

Quickly I did the math. February 8th of 2023, he would turn 100. D Day was on June 6th, 1944. Barely a private when he crossed over the Atlantic on the Queen Mary, on D Day he found himself leading a landing party headed for Utah Beach, "and the hell that way ahead" according to Ed.

Back to the math, 2023 minus 1944? D Day was 79 years ago, and Ed was 21 years old. Considered a bit "older than the others", it made him a prime candidate for a leadership position.

The elevator door opened, and I was escorted to a corner apartment. One step inside the door and I am quickly engulfed by photos and memories of Ed Zilli's 100 years, medallions and metals that define his years in the service. Family photos, many in black and white, adorned most of the wall space. There were also china cabinets that were filled with family heirlooms. It was a 12 foot by 12 foot mini museum that I was honored to visit on this day. The curator was Ed Zilli, and soon I was sitting across the dining room table from one of the few D Day veterans still alive to share the stories of that day, referred to as the longest day because of the many who died on that beach while trying to establish a foothold for the invasion of France and trek into Germany.

Ed's son in law, Ted Bolton, shares the story of the beginning of the journey to Utah Beach. "As part of the US Army's 4th Infantry Division (known as the Ivy Division), Sgt Edward John Zilli had crossed the Atlantic on the Queen Mary, landed in Scotland, rode a blacked out train to a small village in England, had several months of additional field training, and now found himself crossing the English Channel on an LST heading for Utah Beach in Normandy, France.

Ed grew up on Long Island New York, right on the ocean, and was a great swimmer so he wanted to be as high on that ship as possible. When I asked why he replies, "I could swim like a fish, and I figured if that ship got hit and was going down, I wanted to be able hit the water and not be trapped inside." He went on "you know a lot of my guys weren't good swimmers, so I told them if you end up in the water dump your gear, everything including your rifle. It's no good to you if you're drowned."

Ed lives just out the back door of Margie's Art Glass studio. Margie (Zilli) Bolton is Ed's daughter, and between Ted and Margie, they aid with Ed's everyday needs, albeit, for being 100 years old, Ed does well.

In my 45 years as a journalist, I have gravitated toward the stories of veterans like Ed. My curiosity about D Day and Utah Beach partially stemmed from a visit to the WWII Museum in New Orleans. I was privileged to visit with four Canadian Forces veterans who were on Sword Beach. Tears would flow down their cheeks when they talked about D Day. Ed did not know much about Sword Beach but did share that an entire group of Canadian commandos who were deployed to take out a German gun battery "were wiped out. Not one of them survived," said Ed. "Can you believe that? Not one of them survived."

Ed describes the landing at Utah Beach as chaotic. "You didn't know where you were, or what you were to do. You'd meet up with someone and ask them for advice and they didn't know. Yeah, it was total chaos."

Ted continues Ed's story, as he talks about how common sense thinking would not only help Ed survive but was the drive behind his entire life.

"It was that kind of common sense thinking that helped him not only survive the war, but to excel in both his military & law enforcement careers. The "Ivy Division" was the first unit to land on Utah Beach. Once his feet hit the beach Ed spent the next twelve months in

almost constant motion, involved in some of the most notable events of the war. After fighting his way off the beaches of Normandy and through the hedgerows of France, he helped liberate Paris. Sgt Zilli says, "There was no time to enjoy Paris that summer. We were moving and fighting constantly, but I sure had some good times in Paris the following summer!" After liberating Paris and eastern France, it was on into Germany, fighting in the Hürtgen Forest, and later the Battle of the Bulge in the frigid winter with only light jackets."

Of particular interest to me was Ed's relationship with General George Patton, who led the 3rd Army in the aforementioned Battle of the Bulge. "Georgy? Yeah, he was a great guy. He was a great leader," Ed reflects. "Without him we would have lost those battles."



The war would finally end, and Ed's description through Ted gives the details of the final days.

"Then on May 8th, 1945, he and his men were only a few miles from Pilsen, Czechoslovakia, home of the world famous Pilsner Urquell Brewery, when word of the German surrender reached them. I ask what did you think when you heard the war was over? Zilli's eyes light up and he says, "Hell, we were so close to getting that great beer, you know, just one more day and we would have been there! I mean, of course we were all happy it was over, but we had been thinking about that beer for days, and it was just a few clicks away..."

Nobody truly knows how many D Day veterans are still with us. What Ed can tell you, and there are several pauses as he talks about the assault on the beach, is that the Germans had machine gun positions dug through the cliffs, and that hundreds died that day on Utah Beach. "We got to the beach and dug ourselves a pit in the sand. And we just laid there, didn't move, and then it got dark. The night was long."

Once fighting their way off the beach, they moved inland. There were still many more battles to be fought, the once



being most famous was The Battle of the Bulge, and Ed was there. Rumors of an end to the war were circulating through the American troops, but in a last ditch effort the Germans mounted on last push, which of course failed. Soon rumors became reality, and May 8th ended the war in Europe.

"We were the occupying army" says Ed "and our job was to go town to town and if necessary, take prisoners." In one case, Ed was encouraged by his commanders to meet up with what was left of a German force. Not knowing what he was walking into, perhaps a trap, Ed cautiously drove his jeep into town where he met the German officer in charge. "I pointed to his gun, and he pulled it out of his holster and handed it to me. It was then that I discovered that not only German troops, but German tanks were surrendering to him. I still got that gun." He laughed when I asked him what he did with the tanks. "I think we gave them gas so they could drive the tanks into town."

Sgt. Edward Zilli would return to the United States after the war, only to re-enlist and head back to Germany. In his memorabilia are maps of Germany showing the landscape of Germany, and which country would occupy that area. It was a less stressful time, and many of the occupying US Army men would end up meeting and marrying a German girl. "See

over there, that's a picture of my wife. She's German you know." Beside that photo is another of Ed, his wife Margareta and his two girls Margie and Miriam.

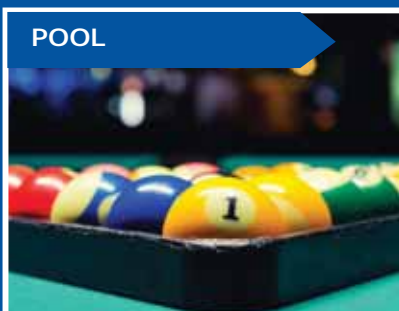
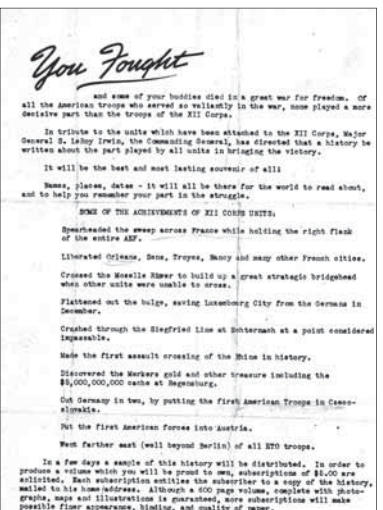
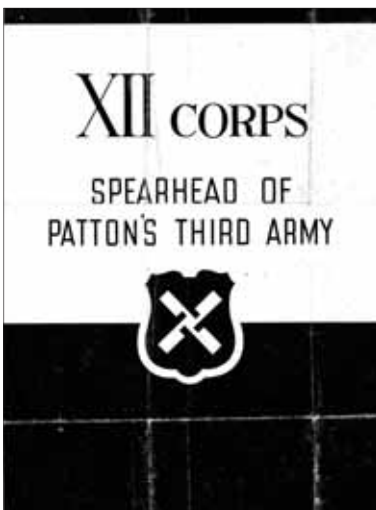
Ed's return to the United States, and his time as a Suffolk County Long Island cop, is another chapter. I guess you can have several chapters of your life when you are 100. He and his wife would eventually move to Florida, after that they would join their daughter Margie in Minot.

"It isn't too bad around here" according to Ed, "the people are friendly and it's quiet." I can only think that compared to being a cop in New York, Minot could seem like a ghost town.

There is never an end to a story that has been written over 100 years. There are only new chapters maybe told for the first time, and more than likely told many times after that. The photos on the wall, the memories recorded on sheets of paper, cards, and newspaper articles, they are all just snapshots taken to preserve a moment in time. To Sgt. Ed Zilli, we owe our gratitude for the day he stepped onto a beach in France, to protect our freedom. He could have been one of those who never came home. But if you sit down and chat with Ed long enough you realize that it was determination, pure American red blooded kid from the country determination, that got him to 100 years. Happy Birthday Ed!



Ed Zilli with his wife Margareta and daughters Miriam and Margie Circa 1987



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# Who is This Alberto?

The other day I was standing in line and there was an active young man ahead of me. It was obvious that he had been engaged in a shopping trip for way too long, at least for his liking.

: As a father, and now a grandfather, I had to chuckle at the conversation between him and his mother. "What's this?" he asked as he pointed to something on the shelf. "When are we going home?", and finally, the question that almost had me rolling in the aisle. Well actually it was more of a comment and less of a question. He looked at his mom and declared, "Mom, who is Alberto Clapper? My teacher said that he is coming and that we better make sure we are prepared..." Huh? Alberto Clapper, I questioned in my mind...and then it hit me. The young lad was talking about the soon to arrive, Alberta Clipper. It's OK to laugh because I sure did.

Then came the big question. Do I, as the old North Dakota resident that I am, weigh in on the conversation? His mother did turn and give him a quizzical glance, but it was obvious that she was now involved in the checkout line duties and this curious young man was not going to get a corrected version of who, or what Alberto Clapper was.

As quickly as the whole situation unveiled itself to me, it came to an

end. Mom paid for the groceries. Grabbed her son and shopping bags and headed for the door. I kept thinking, but...but...but... stop, your son needs an answer. It's not Alberto, well too late. He was out the door and gone.

So where did Alberta Clipper come from? Meteorologist John Wheeler answered the question as simply is it could be put on his 10 p.m. weather segment a couple of nights ago. He said "Hey, it's not really brain surgery. It comes from Alberta, and it moves fast, like a clipper sailing ship." So wherever you are young man, and if you are able to somehow read this column. It's not a who, it's a what. An Alberta Clipper, and yes, your teacher is right, we should be prepared.

## WELCOME KIM FUNDINGSLAND

I know I did mention that Kim Fundingsland is now writing for the Northern Sentry. I have known Kim for over 40 years; and I know you will enjoy his "Kim Fundingsland Slice Of Life" articles. Kim has a unique way of taking everyday life situations and turning them into "Ah Ha" moments for us. An avid outdoorsmen and fishermen, Kim also has written many outdoor columns in his day. Welcome to the Northern Sentry, Kim.

## northern sentry

A VIEW FROM OUR SIDE  
ROD WILSON



### BEST KEPT SECRETS

OK, I am going to stand on a soap box and announce that the Brass Band of Minot has a concert this Sunday at 4 p.m. at Anne Nicole Nelson Hall on the campus of Minot State University. If you have never heard a Brass Band, this would be a great concert to attend. It is labeled as a "Pops" concert. One of my favorite pieces in the concert is Unchained Melody, made popular most recently in the movie Ghost. There are others

like Blue Tango and our ending piece, Born Free, that you will also want to hear. I am the Emcee and play tuba, so yes, this is a bit self-serving, but it will be a great concert.

### TODAY'S CHUCKLE

This one works for any of those ethnic joke opportunities. A (Norwegian-German-etc.) had a tough job sweeping up after the circus elephants. When asked why he didn't quit, he exclaimed "What, and leave Show Biz."



The Northern Sentry welcomes contributor Kim Fundingsland. Kim Fundingsland 'Slice Of Life' column can be found on page A6.

KIM FUNDINGSLAND PHOTO

# Water, it doesn't just grow on trees!...

growing some of the crops commonly grown in California and Arizona that could easily grow here. Carrots, onions, broccoli, cabbage and garlic were among the choices listed.

Since that time, there have been numerous lawsuits because of the depletion of the Colorado River. Whether you agree or not, the water in that river has become quite precious. It supplies the entire city of Los Angeles as well as numerous other cities in California, Nevada and Arizona.

It's also a major irrigation pipeline and that's why the presenters at the Ernie French Center in Williston were so adamant about putting a bug in the ear of northern farmers. Thousand-cow dairies should also be mentioned here. If you've ever been around a dairy farm, you know they use an awful lot of water. Now, image 1,000 cows on a dairy farm.

Fast forward to now. The city of Scottsdale, Arizona is being sued by the community of Del Rio because Scottsdale had been supplying water to Del Rio until now. Scottsdale city leadership has decided that the water for their city is too precious to share with Del Rio.

Unfortunately, Del Rio doesn't have an alternate water supply and one homeowner said his water supply will dry up in two weeks. There are also vineyards at Del Rio that need to be irrigated. What happens to them? Arizona doesn't receive enough rain, so they will, in effect, dry up without that water.

This unstable circumstance in the southwest could be a gold mine for North Dakota and eastern Montana. There appears to be plenty of water here, well maybe not like Indiana or Ohio, but enough to sustain most crops without irrigation.

So why aren't dairy farms popping up here? Why aren't more farmers switching over to crops like onions and carrots? Why do we continue the status quo, appearing to ignore what is happening in the southwest?

Experts say it's because farmers on the northern Great Plains are established and have spent beaucoup dineros on equipment.

There is, however, an answer for that. Professors at the University of California-Davis have gone on record to say they would be willing to assist with transition, at least with their knowledge of what they know from growing crops in California.

It's unclear what the Williston Research Extension Center's stance is on this issue today. But, if enough people were interested, they would certainly take the lead from UC-Davis to get things up and running across the northern Great Plains, one would think.

There are a few producers who have been successful growing vegetables on a large scale in North Dakota. Onions, cabbage, carrots, pumpkins and even mint have all grown well here. So why doesn't it continue? It's just a lot easier to take wheat and barley to the elevator.

In reality, farmers don't have the means to establish markets themselves or to process said products for shipment. That might be over the heads of leadership at UC-Davis, but that's what needs to happen in this chicken and egg scenario.

Potentially there's a lot of money that could be made. As an example, the net gain on an acre of wheat is about \$40 and barley is \$27. The net gain on an acre of onions is \$1,200. The net gain on garlic is \$2,100. Net gain on cabbage is about \$4,300. And pumpkins have a wide range of profit potential, from \$1,500 an acre up to \$6,000.



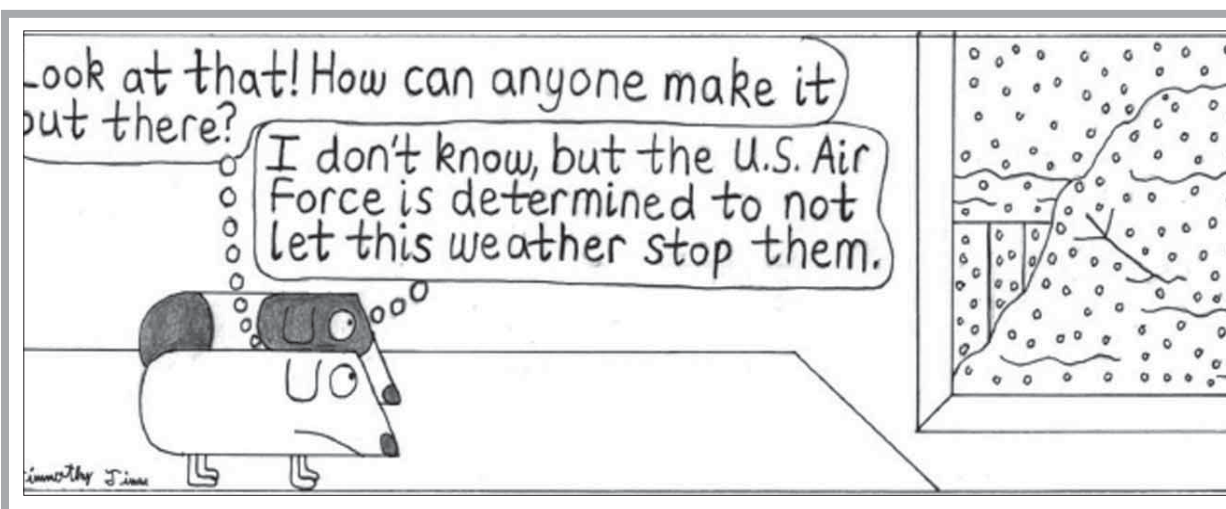
## UPSIDE DOWN UNDER MARVIN BAKER

Call it climate change, call it a long-term weather cycle, you can even call it a coincidence. We can argue about it all day and make it a political football. But there is no doubt water is becoming a serious issue in the western United States, despite recent heavy rain and snow in California.

This drought phenomenon has been discussed, on record, here in North Dakota, for at least 20 years, but people appear to be disinterested.

In 2003, a group of North Dakota and eastern Montana farmers attended a first meeting of its kind at the Williston Research Extension Center that outlined a shortage of water out west. That meeting focused on the Colorado River and its depletion.

The angle of the meeting was such that producers ought to start thinking about commercially



TIMOTHY TIMM

### TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

## CONTACTUS

Ted Bolton

Publisher | Advertising  
701-240-5039  
bagroup@srt.com

Rod Wilson

Business Development | Marketing  
sentrysales@srt.com

## GRAPHIC DESIGN BY

Nikki Greening  
nsads@srt.com or  
nsgraphics@srt.com

## MINOT AIR FORCE BASE

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Northern Sentry Office

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## MAIL

315 South Main Street, Suite 202

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MINOT AIR FORCE BASE NEWSPAPER  
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**SLICE OF LIFE**  
KIM FUNDINGSLAND

After decades of trying, I have never gotten it right. Not a single time. Not once that I can remember.

Lines. That's right – lines. The kind that never move the way you had hoped they would. I know I am not alone here. I think.

I'm writing about those many choices a person makes each day, week, month about which line to get in at the grocery store, retailer, gas pump -- anywhere there is a line for that matter. I always cleverly assess which line will move the fastest and, once satisfied with my calculation, I fall into line with unflinching confidence that I've chosen the procession that will move along much more swiftly than the other poor folks standing in their line, perhaps decomposing, while I will soon be going cheerfully about my day.

It never happens that way. Never. I'm always the one watching a different line progress the way it should. How is this possible with uncanny regularity year after year?

When it comes to drive-thru banking, I inevitably pull my vehicle into the line with somebody in front of me applying

for a small business loan.

At the grocery store, like I'm sure many others do, I always check to see how many items are in the carts backed up at the various checkout lines. My thinking is the fewer the number of groceries in the cart, the faster the line will move. I go well beyond that though.

Knowing that I am horribly impatient while waiting in any line, I make an assessment of each cashier too, choosing one that seems well seasoned and eager to set a new standard for swiftness. You can relate, right? Please agree.

Usually, as my smiling face attests, all goes well until....well, it doesn't. I should know better. It happens every time. Always. Without fail.

Sometimes it is the dreaded item without a bar code to scan, or a customer going through pockets or purse to locate a debit card, or realizing they forgot to get the one item they came to the store for.

I'm horrible. I know, but there I am – trapped. I can't go forward, and I've got people in line behind me. On the exterior I nod my head in understanding. Really though, I'm worried about spontaneous combustion. Despite the billion or so times I've done it, I'm just not wired for standing in lines that never seem to move. A hopeless feeling sets in, as if my life isn't my own anymore.

I've even had dreams about this personal dilemma. Sound asleep, there I am, a younger man who has blistered a ball

## Those Dreaded Lines



into the gap in right-center field. It has triple written all over it. I make a perfect turn at first base, fly around second with nary a thought of slowing down, and set my sights on third base where I know I'll slide in safely to the cheers of many.

Yee-gads! Not so! There's a line of players waiting at third base! I

awake suddenly in a cold sweat. Terrifying. Horror movie-type stuff.

The line starts over there. Get in line. Wait your turn. We'll call your number. Price check. The blinking light comes on above the till. All this crawls inside me somewhere and churns around viciously. Somehow, I summon

the courage to cope with line after line after delay. It's not easy.

Then there's those dreaded phone calls. You know the ones -- "Your call is important to us. Please hold until you die."

Maybe I can find a support group to help me with some of this, but I'm guessing the line is long and slow moving there too.

# Dakota Flea Market

ND State Fair Grounds  
Minot, ND

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6 PM

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# VOLUNTEER OPPORTUNITIES

**North Dakota State Fair Volunteers**  
(July 21-29)  
The North Dakota State Fair is North Dakota's largest annual event with traditionally over 300,000 attendees. We need volunteers to help with various community groups performing services or leading projects during the annual North Dakota State Fair event held on July 21 -29. Projects involved might include working concerts, shuttling golf carts, cleaning stalls, security, grounds clean-up, or gate attendants.  
**POC:** Daryl Fry at 701.857.7620 ex 803 or daryl@ndstatefair.com

**Minot Minotauros Game Volunteers**  
HERE'S A SWEET DEAL... Volunteers will receive a FREE dinner, FREE entry tickets for you and your families and FREE flex tickets for future home games too for volunteering a bit of your time!

- Where: Maysa Arena Pepsi Rink
- When: at 6:00 pm Home Game Nights. Doors open at 6:35 pm. (<https://www.minotauroshockey.com/printable-schedule>)
- Puck Drop is 7:05. We're asking volunteers to be here by 5:30 PM.
- Check-in using the QR Coded Poster in the Volunteer Room. (Located below the concourse at the rink level). In order to get credit for volunteering, you must sign in.
- Wear the designated security blue coats.
- Enforce the Minotauro Community Standards. (<https://www.minotauroshockey.com/community-standards>)
- Remain on post until 15 min. after the end of the game. Doors must be manned until the rink is empty of fans. No alcoholic beverages may leave the Pepsi Rink.

**POC:** V. Conner, Digital Content Manager,  
Minot Minotauros Hockey Club  
Cell: 302.682.1575,  
Office: 701.852.0101

**Month of the Military Child Volunteers**  
The Month of the Military Child (MOMC) occurs in April and underscores military connected students' selflessness and sacrifice as they serve our country as part of a military family. The MAFB School Liaison Office is forming a committee for MOMC. The committee will plan, organize, coordinate, and execute meaningful local/statewide efforts in support of military connected children in April 2023. If interested in volunteering to serve on this committee, please email [mafb.school.liason@us.af.mil](mailto:mafb.school.liason@us.af.mil) and expect an email in January with info on the 1st meeting.  
**POC:** Joy-Nicole Smith, GS-11, MAT, DAF, School Liaison Program Manager  
Comm-701-723-1447 • DSN- 453-1447

**Caring Edge Hospice Volunteers**  
Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base.  
**POC:** Shelby Stuckey, Volunteer Coordinator  
(888) 223-4287  
[shelby.stuckey@caringedge.com](mailto:shelby.stuckey@caringedge.com)

**Minot ND Men's Winter Refuge Volunteers**  
(until April 30)  
The Men's Winter Refuge, is a non-profit homeless shelter that is looking for volunteers to assist with a wide-range of support. Our shelter provides assistance as well as a safe place for men in need during the coldest months. We now have a facility that features 12 beds in 4 bedrooms with 2 full bathrooms and large kitchen/dining and living room area. We provide support and assistance like transportation, clothing, and of course, lodging. We would like to humbly ask the Minot Air Force Base community to share with us their time by volunteering. We're in urgent and dire need of overnight attendants (7pm-5am). Bring a friend or colleague to volunteer, make connections, inspire and encourage people in the facility.  
**POC:** Mike Zimmer, Executive Director  
[winterrefuge@srt.com](mailto:winterrefuge@srt.com) • (701) 822-2585

**To have your volunteer opportunity posted,  
please contact Military & Family  
Readiness Center (M&FRC)**  
[5fss.family.support@us.af.mil](mailto:5fss.family.support@us.af.mil)

# Taken By Surprise

## Minotauros, Northern Sentry Honor CMSgt Brad Tavares

ROD WILSON, NORTHERN SENTRY

It was natural for Keith Dzialo that when he drew his brother-in-law, Brad Tavares' name, the gift had to include hockey.

Brad's family are big hockey fans. Brad's son, Jacoby, plays goalie.

Simple, thought Keith. I'll call the Minotauros and see what I can set up. Premium tickets? Some type of package? His goal was to create a special evening for Brad and his family, and he certainly did.

"The Minotauros filled me in on the Northern Sentry Salute, where they honor either an active duty or a veteran at a Minotauros hockey game." Little did Keith know that the evening would include 4 premium seats behind the Minotauros bench, \$25.00 in concessions, and recognition during the first break in the game. The recognition included Brad and family being shown on the scoreboard screen, and his recognition nomination being read by the arena announcer.

"Brad works so hard," according to Keith. "It wasn't necessarily about the tickets, but more about the recognition at the game. We knew that he wouldn't want recognition, so we kept the evening a complete secret from him."

So, Keith is in Massachusetts, and Brad and family are at Minot Air Force Base, so the logistics might be an issue. But another call to the Northern Sentry and the process of getting Brad's wife, Leanne, the certificate, and instructions was set in motion.

The big evening arrived on January 28th. Leanne got the tickets at the will call window. The whole family took their seats, and so did many of Brad's co-workers on the base. It was perfect! First intermission and the spotlight was on Brad. Leanne and Keith agreed



Brad and Leanne Tavares



Jacoby Tavares and Minotauros goalie Noah Rupprecht



The Tavares family enjoyed a view from behind the Minotauros players bench.

that it was a memorable evening for Brad. To add to the excitement, Jacoby, Brad's son, got to go on the ice and shoot for a prize because he had won the "Chuck a Puck" contest. "It was so special," according to Leanne. "I just wish that there were more opportunities for a shout out to people on base. They work so hard, and they don't

do it for recognition, but it's still nice when it does happen."

Brad and Minotauros had an extra-large crowd both in the arena and watching on the internet.

If you want to recognize a special active duty person or veteran, send us an email at [sentrysales@srt.com](mailto:sentrysales@srt.com). Recognition takes place at every Minotauros hockey game.



### Chief MSgt Brad Tavares

Unit: 791st Maintenance Squadron  
Senior Enlisted Leader



Chief Master Sergeant Brad Tavares' Air Force career began September 3rd 2002. His continual excellence and leadership abilities continued over the next 20 years with assignments to Cape Canaveral Florida, Offutt Air Force Base Nebraska, and two stops at Minot Air Force Base. Over his 2 decades of storied service, Chief Tavares has augmented an International Military Police Drug Task Force, won awarded Air Force Space Command's 2011 General Leo Marquez Award for maintenance excellence, renovated a Space Launch Museum, been recognized as the 2019 Senior NCO of the Year for Eighth Air Force Head Quarters, and was ultimately chosen to be a Chief in the United States Air Force, a rank achievable by less than 1% of the Air Force. Today, Chief Tavares is stationed at Minot Air Force Base with his wife Leanne and his son Jacoby. He proudly serves as the Senior Enlisted Leader for the cold, and bold, 791st Maintenance Squadron.

**GAME SALUTE: JANUARY 28**

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.

## A LOOK BACK

### THIS WEEK IN USAF HISTORY

USAF AIRLIFTS SUPPLIES TO NEW ENGLAND AFTER DEVASTATING BLIZZARD  
FEBRUARY 8-17, 1978



Cars stuck in the snow on the highway near Needham, Massachusetts (U.S. Army Corps of Engineers/National Archives)

In early February 1978, a massive blizzard blanketed New England in 27 or more inches of snow accompanied by winds up to 90 miles per hour. Approximately 54 people from Massachusetts, Connecticut, and Rhode Island died as a result of the storm, and nearly 2,100 coastal homes were destroyed. On February 8, 1978, Air Force cargo aircraft from units across the country began flying Army personnel, snow removal equipment, and other resources to the areas affected. Over the course of the next week, Air Force C-5s, C-141s, and C-130s airlifted over 1,000 personnel and 2,339 tons of snow removal equipment to the New England area. Equipment included generators, communications equipment, bulldozers, and more. The mission, named after a similar operation in Ohio just a week prior, was called Operation Snow Blow II.

Information courtesy of: [media.defense.gov](http://media.defense.gov) (The United States Air Force and Humanitarian Airlift Operations by Daniel Haulman) / [www.newengland.com](http://www.newengland.com)

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# Australia, Japan, U.S. stand up multinational task force for Cope North 23

PACIFIC AIR FORCES PUBLIC AFFAIRS, PACIFIC AIR FORCES

JOINT BASE PEARL HARBOR-HICKAM, Hawaii --

Air forces from Australia, Japan, and the United States have begun arriving in Guam to establish the command and control multinational task force for Cope North 2023, which runs Feb. 8-24, 2023.

CN23 is a multilateral U.S. Pacific Air Forces-sponsored field training exercise focused on trilateral airborne integration for large-force employment, agile combat employment, and humanitarian assistance and disaster relief training.

Operations will take place at Andersen Air Force Base, Won Pat International Airport, and Northwest Field, Guam; Commonwealth Northern Mariana Islands including Rota, Tinian, and Saipan; Yap in the Federated States of Micronesia; Iwo To, Japan; and the Republic of Palau.

CN23 objectives aim to further integrate the contributions of allies and partners to enhance security and stability to maintain a free and open Indo-Pacific region. Specific tactics, techniques and procedures planned during the exercise include accomplish precise and challenging trilateral planning, execution, and debrief training in large force exercises; stress, validate, and improve U.S. and trilateral ACE capabilities in dispersed locations;

enable combat air forces and ACE training requirements via seamless coalition airlift and logistics operations; and demonstrate safe and effective conduct of combined and synergistic HA/DR operations.

Approximately 1,000 U.S. Airmen, Marines, and Sailors will train alongside 1,000 combined Japan Air Self-Defense Force, Royal Australian Air Force, and French Air and Space Force service members in CN23. About 100 aircraft from the United States, Australia, Japan, and France will fly 1,200 sorties across seven islands and 10 airfields.

The exercise concludes with a HA/DR event that reinforces the militaries' combined ability to support any type of disaster in the Indo-Pacific region, including the Commonwealth of the Northern Mariana Islands, Republic of Palau, and Yap in the Federated States of Micronesia.

Established in 1978 as a quarterly bilateral exercise held at Misawa Air Base, Japan, Cope North moved to Andersen AFB in 1999. It is U.S. Pacific Air Forces' largest multilateral exercise.

For more information about Cope North and U.S. Pacific Air Force's participation, call U.S. Pacific Air Force Public Affairs at (808) 448-3225 or (808) 221-6148.



## Vehicle maintenance tasks drivers don't want to overlook

Savvy drivers recognize that maintenance is essential to keeping their vehicles running strong for years on end. Such maintenance ensures vehicles are safe to take out on the road, and basic upkeep also protects drivers' financial investments in their cars and trucks.

Drivers who are not mechanically inclined tend to put their vehicles in the hands of a trusted mechanic to perform routine maintenance like oil changes. But there's a host of simpler vehicle maintenance tasks that drivers don't want to overlook, some of which can be performed without visiting the auto body shop.

**• Brake inspections:** Brake inspections are best left to the professionals, who can check the thickness of brake pads and look for other indicators of excessive wear. The automotive resource Cars.com recommends having brakes inspected during routine

tire rotations, which many automotive professionals suggest should be done every six months.

**• Car wash:** Car washes might not be the first task drivers associate with vehicle maintenance, but they can prevent long-term damage to cars and trucks. Damage from bird droppings and road salt and ice melt products in the winter can damage a vehicle's paint job and its undercarriage. Wash the car on your own at home or visit a professional car wash to perform this simple yet vital maintenance at regular intervals and whenever you notice significant buildup of dirt and grime on the car's exterior.

**• Air filter:** The air filter on a car or truck prevents debris, dirt and other contaminants from getting into the engine. The auto insurance experts at Allstate® advise drivers to inspect their vehicle air filters once a year.

Air filters in need of replacement may appear dirty, and reduced fuel economy, unusual engine sounds and reduced horsepower are some other potential indicators that an air filter needs to be replaced.

**• Windshield wipers:** Windshield wiper blades are easily overlooked, but various automotive experts recommend replacing wiper blades every six to 12 months. Old wiper blades won't perform at peak capacity, dramatically reducing visibility during heavy rain and snowstorms. Anyone can replace their own windshield wiper blades in a matter of minutes, and new blades won't break the bank.

Vehicle maintenance is not exclusive to tending to what's under the hood. Keeping a car running smoothly for years involves routine tasks that many drivers can perform without professional assistance.



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# When Life is the Opposite of Awesome...

ERIN BEENE, NORTHERN SENTRY

This article is going to be brutally honest. January, February and March- the winter months, sometimes referred to as “the worst months of the year”- can be hard. This time of year can be just plain difficult. It is unbearably cold, the dark days seem endless, the cheer of the holidays are over and we are just stuck here, trying to be productive, but secretly wishing we could waste the day away on the couch watching Christmas movies and eating cookies with no guilt.

The post-holiday blues are no joke and can be hard anywhere, but it doesn't have to be. Samantha Mendoza, 5th Bomb Wing Community Support Coordinator, talks about how there are challenges here, but also a lot of ways to help people succeed. She said, “Minot AFB is a unique base that presents various challenges or situations that Airmen and families may not have experienced before. It's an isolated base located in a rural area with long winters which can be very difficult for Airmen and their families to adjust to. Families may experience relationship complications, feelings of loneliness and isolation, and financial hardships that can make it hard for them to function in their day-to-day life. Our greatest strength here at Minot AFB is the

embodied community, connection, and care we have for one another.”

It can sometimes be hard to see the light at the end of this dark frozen tunnel. We don't have all the answers to life's problems, especially for those who may feel stuck at a base they didn't choose. But we understand the struggle. Pretending that Minot is not a tough base sometimes is simply not helpful.

So what is helpful? How can we all get through these months until the summer gets here and brings a wave of Vitamin D and hope that we all desperately crave? The truth is it is going to be different for everyone. Some people can reach out to friends, make sure they get out of the house sometimes, go to the gym regularly and get plenty of sleep to get through. Others need a little bit more, and we've all been there. It's hard here, but not hopeless. The base actually offers many ways to help individuals struggling. If you're alone here, you don't have to struggle alone.

One could say a lot of negative things about the climate on the north plains, but that can't be said for the helping agencies available on base for both Active Duty and dependents. There is always someone willing to help, guide and

stand by you, the base makes sure of it. But sometimes you have to be one to reach out. Don't struggle alone. You don't have to. You can do this. Asking for help doesn't have to be scary.

Mendoza said, “For some people asking for help can be a struggle because they are used to being the ‘helper’. Throughout their lives or the way they were raised, they have experienced an unbalanced give and take, so their instinct is usually ‘I'll figure it out on my own.’ Most of the time they can and they do, as their self-reliance is all they've ever known, but for others they struggle in silence and could really benefit from the support of our helping agencies...If you are struggling or know someone who is struggling our installation has a team of helping agencies that stand by ready to help you navigate through these challenges. We have all been there at some point of our lives and understand the struggle. To improve access to services, we have designed a helping agency matrix that outlines support services available for various issues or concerns such as marriage and family relationships, new parent assistance program, financial, employment services, or help with suicidal thoughts or substance



Left: The Jiu Jitsu Club is one of 37 unofficial clubs on Minot AFB. It is free and provides many benefits for physical resiliency. If you would like to join a club or start one, contact the Community Support Coordinator 701-723-2754 or check out the Facebook page Team Minot Clubs Network.



Below: SAPR VVA, Health Promotions, and Public Health held outreach tables at the BX to spread awareness of services and support offered at Minot AFB.

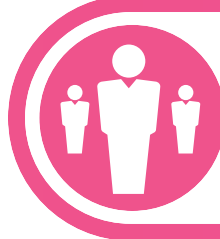
abuse. Our installation fosters a collaborative relationship between agencies, therefore contacting any of the helping agencies should be able to get you to the right support service.”

Below is a list of places/ agencies ready and willing to help with all manner of situations. They can help you discover if the sadness you're

feeling is typical or more serious. They can help direct the correct way to address a work-place issue or help get to the bottom of marital strife. These organizations exist for a reason: to help YOU!

Please make that phone call, or step into someone's office. You got this!

## WE ARE HERE TO HELP



### MILITARY & FAMILY READINESS CENTER (M&FRC)

M&FRC has an abundance of resources and classes that support financial readiness, crisis response education and support, spouse education and career services, personal and family life education, emergency family assistance, non-medical individual and family counseling, and exceptional family member program support to name a few. To access services, contact Military & Family Readiness Center at 701-723-3950.



### MENTAL HEALTH CLINIC

The Mental Health Clinic provides mental health care for active duty personnel providing mental health counseling, Alcohol and Drug Abuse Prevention and Treatment, suicide prevention, and classes or briefings in topics such as stress management, sleep hygiene, and anger management. To access services please see the helping agency matrix or contact 701-723-5527.



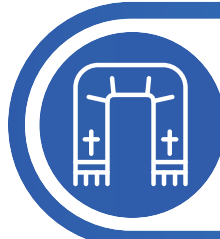
### FAMILY ADVOCACY PROGRAM (FAP)

Family Advocacy Program (FAP) is designed to address domestic and intimate partner abuse, child abuse and neglect, and problematic sexual behavior in youth. FAP provides support and services to service members, their spouses, partners, and families to prevent abuse, promote victim safety and offer treatment and rehabilitation for healing after a traumatic event. Educational services include life skills education and training on topics including healthy ways to manage stress and relationship conflict and communication. The New Parent Support Program provides services to help parents build skills in raising children at every stage and age. 701-723-5096 or the Domestic Abuse Victim Advocate at 701-343-3531.



### SEXUAL ASSAULT PREVENTION AND RESPONSE (SAPR)

SAPR has Victim Advocates and Sexual Assault Response Coordinators available 24/7 to assist victims and survivors of sexual assault. The prevention and response program reinforces the Air Force's commitment to eliminate incidents of sexual assault through awareness and prevention training, education, victim advocacy, response, reporting and accountability. Help is just a phone call away and can be reached at 701-723-7272 or through the 24 hour crisis line 701-340-8882 to speak to an advocate.



### BASE CHAPLAINS

Chaplains provide 100% confidential counseling that supports the spiritual resources of the counselee to bolster spiritual fitness for Airmen, Guardians, their authorized dependents, and other authorized personnel, whether religious or non-religious. They offer support for various concerns such as alcohol and drugs, anxiety/depression/stress, grief/loss/sadness, suicidal thoughts, marriage and family/relationships, sexual assault or harassment concerns, and finances to name a few. Chaplains are on call 24 hours a day to respond to your needs. They can during normal duty hours at 701-723-2456 or contacting the command post after hours 701-723-3101.



### THE SCHOOL LIAISON OFFICER (SLO)

The SLO serves as the point-of-contact for all military child education matters. The SLO develops and coordinates proactive partnerships between local schools (public, private, charter, and home schools) to provide information and referral to families with school-age children. Provides services for military families including tailored relocation assistance, support during deployments, and assistance with the overall challenges of a mobile military lifestyle. To access services please see the helping agency matrix or contact 701-723-1447.



### COMMUNITY SUPPORT COORDINATOR (CSC)

The CSC serves as the executive director of the installation Community Action Board (CAB) to include all things that affect the quality of life and resilience of the Minot AFB community. The CSC also oversees resilience training, which teaches positive coping skills as well as making sure military members, their families and civilians are strong in the four domains of Comprehensive Airman Fitness. The CSC is also the POC for the unofficial clubs on the installation. The clubs support connectiveness which is one of the protective factors in suicide prevention. To get more information or to join/start a club contact the CSC at 701-723-2754 or through social media on Team Minot Clubs Network Facebook page or through the Team Minot Connect app.



# Urgent Care? No, Just Walk In

ERIN BEENE, NORTHERN SENTRY

Most parents have been there. A sick child means sleepless nights and miserable days away from work and school. So an unplanned trip to the doctor's office becomes an inevitable need for most parents and people. Because of the load of patients seen at the base clinic, a day-of or next-day appointment can be hard to come by. So parents are usually faced with the option of either waiting it out for an appointment, or having their child seen at an urgent care facility. Both options require long waiting periods and more frustration. No one likes having sick kiddos.

But what if there were another option? What about a Walk-in Clinic? Triple C Clinic, located

in the Main Medical Building in downtown Minot, may have the answer. Nurse Practitioner Sue Collins opened Triple C Clinic a few years ago because she wanted more flexibility and to be able to serve people who really needed it without the bureaucracy of a large hospital organization. Sue offers care for pediatric patients as well as adults and has the luxury to provide walk-in care for anyone. Because she has a small practice, she is able to see patients with almost no wait times. As a nurse practitioner she can prescribe medication and send out labs. She said, "We'll take care of you at Triple C".

Triple C Clinic accepts many

insurances and, although they are a non-network provider for Tricare, they will take the insurance. Non-network means military members and families may have to pay a copay and possible labs and other fees after Tricare is billed, but it may be a small price to pay for the hours taken up waiting at an Urgent Care facility away from work. Plus, the personalized care and easy access facilities is an invaluable perk in itself.

Triple C Clinic is open M-Thurs 9am- 4:30 pm & Fridays 9am -12pm.

Just walk on in, see Sue and get on your way to feeling better at the Triple C Clinic in Downtown Minot.

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# AFNWC breaks ground on innovative software center for next-gen ICBM

LEAH BRYANT, AFNWC PUBLIC AFFAIRS, AIR FORCE NUCLEAR WEAPONS CENTER

KIRTLAND AIR FORCE BASE, N.M. -- The Air Force Nuclear Weapons Center hosted a groundbreaking ceremony Jan. 19, 2023, at Hill Air Force Base, Utah, to mark the start of construction for a new software facility.

The new Software Mission Assurance Center will be a state-of-the-art software facility to support the LGM-35A Sentinel intercontinental ballistic missile program (previously known as the Ground-Based Strategic Deterrent). The groundbreaking also marks another large milestone in the modernization of the land-based leg of the U.S. nuclear triad.

The facility will be a collaborative space where government and contractor software developers will advance and create evolutionary products, using the most current

technologies and methodologies.

According to AFNWC officials, the facility will be the first of its kind, and the technology that will be developed and used here is unlike anything the Air Force has built to date. The SMAC will allow Sentinel to remain a modular weapon system throughout its lifecycle, meeting the unique challenges posed by modern technologies.

The Air Force plans to replace the currently fielded Minuteman III weapon system with the Sentinel weapon system currently in development. The Sentinel acquisition program is focused on the delivery of a modular and flexible weapon system, capable of adapting quickly to the dynamic threat environment over the next 50-plus years.



# OUTDOOR

REPORT

## OUTDOOR NOTES:

PATRICIA STOCKDILL



PATRICIA STOCKDILL

Lake Sakakawea elevation, Jan. 30: 1,828.11 feet above mean sea level (MSL); 23,800 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.35 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.31 MSL.

•N.D. Game & Fish Dept. game wardens: Lake Audubon producing a few walleye but anglers working deep water should plan to keep their catches. Travel on area lakes slowly improving but continues to be rough with lots of snow yet. No reports from Lake Sakakawea or north-central area lakes. Cold weather limited activity with a few anglers using their permanent houses on Devils Lake but anglers going out finding an occasional walleye.

•Devils Lake, Ed's Bait Shop, Devils Lake: Nice walleye bite on Wolford's Bay with good access. No reports from other areas on Devils Lake.

•Devils Lake, Woodland Resort, Devils Lake: Hit-and-miss walleye success around Creel Bay but generally fair success in areas with good access and ability to move around on the lake. Lots of slush on the ice after the warm spell.

•Lake Darling, Karma C-Store, Ruthville: Limited reports from Grano and Lake Darling. Anglers marking and catching walleye on Lake Audubon but they're small.

•Lake Metigoshe, Four Seasons, Bottineau: A few more anglers on Lake Metigoshe with somewhat improving access conditions. Fair for walleye and bluegill with nice pike spearing success.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: East end of Lake Sakakawea and Lake Audubon spotty for walleye. Move around on both lakes to locate fish, including from the bays to the main lakes.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Centennial Bay on the east end of Lake Sakakawea producing some nice-sized walleye but generally both Lake Sakakawea and Lake Audubon are spotty for walleye success.



- Spring turkey applications now available. Go online to ([gf.nd.gov](http://gf.nd.gov)) to apply.
- All equipment such as game cameras and tree stands, etc. must be removed from all N. D. Game & Fish Dept. WMAs.
- Check on ice houses occasionally to make certain they haven't iced in after warming weather.
- Be mindful of parking when accessing area lakes; not blocking roadways or snow removal operations.
- Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.
- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.
- Feb. 4: Full Snow Moon Candlelight Hike, Fort Stevenson State Park, Garrison beginning at 6 p.m. to hike, cross-country, or snow-shoe. Meet at the Visitor Center. Contact the park, (701) 337-5576, for details.
- Feb. 5: Turtle Mountain Rocky Mtn. Elk Foundation banquet, Cobblestone Inn, Bottineau, 5 p.m.
- Feb. 10 & 11: Minot Curling Club WinterFest Bonspiel.
- Feb. 11: Souris River Basin Longbeards Nat'l. Wild Turkey Federation banquet, Grand Hotel, Minot, 5 p.m.
- Feb. 15: Spring turkey applications due.

## TOURNAMENTS:

- Feb. 4: Cottonwood Lake (McHenry Co.).
- Feb. 11: Lake Sakakawea; Van Hook Arm, Stump Lake.

•Lake Sakakawea, New Town: Van Hook Arm and river area around New Town remain slow for walleye.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Wolf Creek on Lake Sakakawea producing a mix of pike and walleye with best success in the morning and evening in low light hours. Limited activity on the Missouri River tailrace.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Fewer anglers out on the west end of Lake Sakakawea with better walleye success around White Earth Bay in 30 feet. Look for some larger pike to start moving into the bays in the coming weeks. OK success on the Yellowstone River for a mix of walleye and sauger. Try Blacktail or Springbrook dams for some potential pike spearing activity. Springbrook has nice water quality.

•Lonetree WMA area lakes, Harvey: Most area lakes producing success but limited reports with poor access continuing to limit angler numbers.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Limited reports from area lakes.

**Downhill skiing (conditions can vary):**  
•Big Sky Ski Resort, Big Sky, Mont.: 63- to 67-inch powder, packed powder base with 28 lifts and 260 runs open.

•Bottineau Winter Park, Bottineau: 12- to 24-inch base with good conditions. 2 Magic Carpets and 1 lift, 3 runs, and tubing park open.

•Huff Hills Ski Area, Mandan: 20- to 35-inch machine groomed base with all runs except Coyote and South Face open along with Blue Lift, Bunny Tow, and Green Lift Terrain Park open. Donut Hole Hiking Area open accessing off Pheasant Run gate near the top of Blue Lift area.

•Terry Peak, Leads, S.D.: 24- to 36-inch base. 30 trails and 5 lifts open.

**Numbers to know:**

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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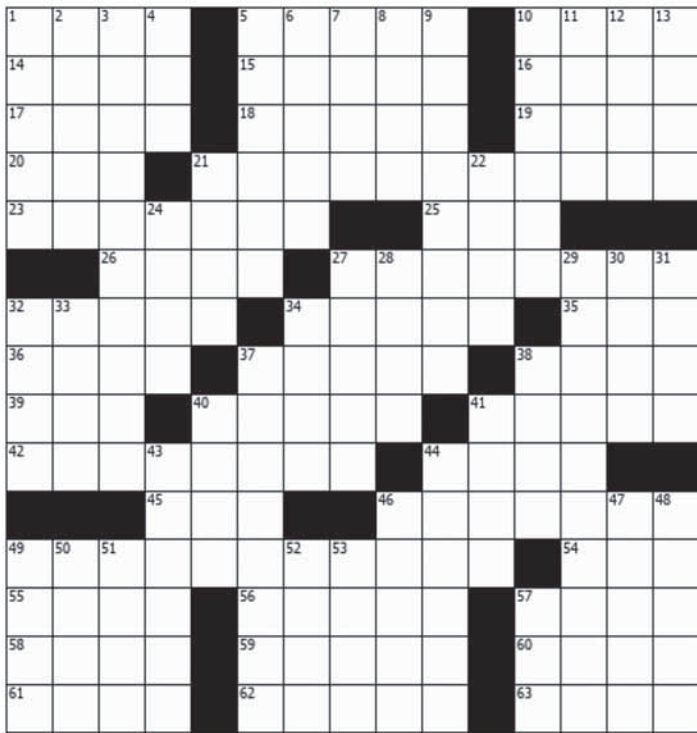
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# CROSSWORD PUZZLE

**Across**

- 1. Top four
- 5. Great expectations
- 10. Cover in the woods
- 14. Its business is picking up
- 15. Rugged mountain crest
- 16. Lust for life
- 17. Dinner discards
- 18. Ranch in "Giant"
- 19. Abate
- 20. Spray graffiti on, e.g.
- 21. Panhandler's request
- 23. Like some decks
- 25. Galley propeller
- 26. Modest hand
- 27. Inert medications
- 32. Show disdain for
- 34. Drinker's vessel
- 35. Kimono closer
- 36. Touched down
- 37. Harass
- 38. Author Bagnold
- 39. Sports buff
- 40. It's similar to a rush
- 41. Savage
- 42. Ennobles
- 44. Turns bronze
- 45. "Norma \_\_\_" (Sally Field role)
- 46. Perplexing situation
- 49. Need for those running on empty
- 54. Ca++ or Cl-, e.g.
- 55. Thor's father
- 56. Niblick and mashie
- 57. Choir voice
- 58. Bugbear
- 59. As of
- 60. Kind of money
- 61. Doctor's take
- 62. MTM's pal Georgia
- 63. Tropical getaway

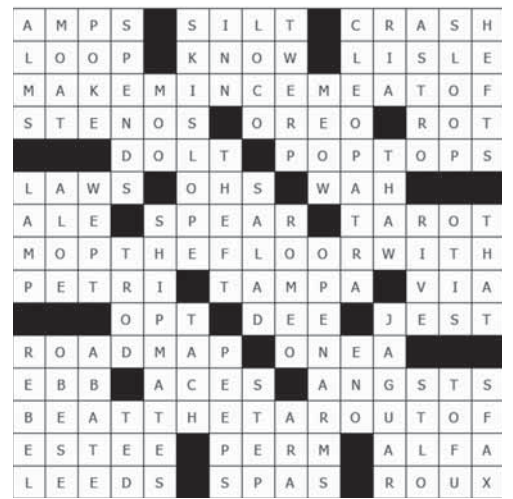


**Down**

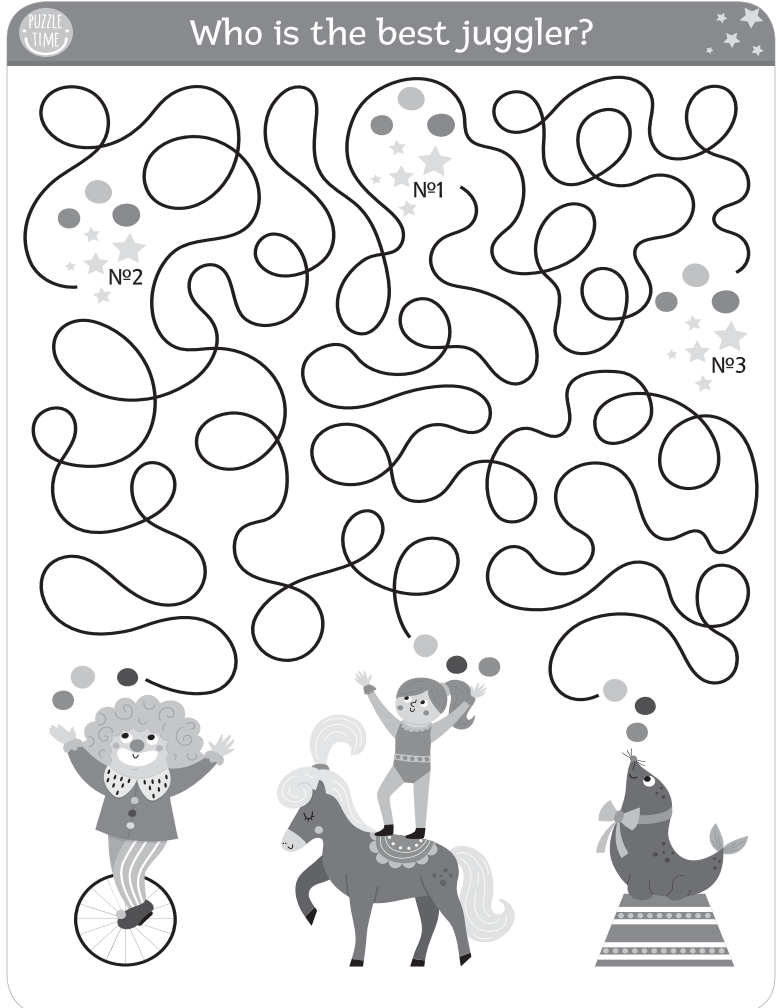
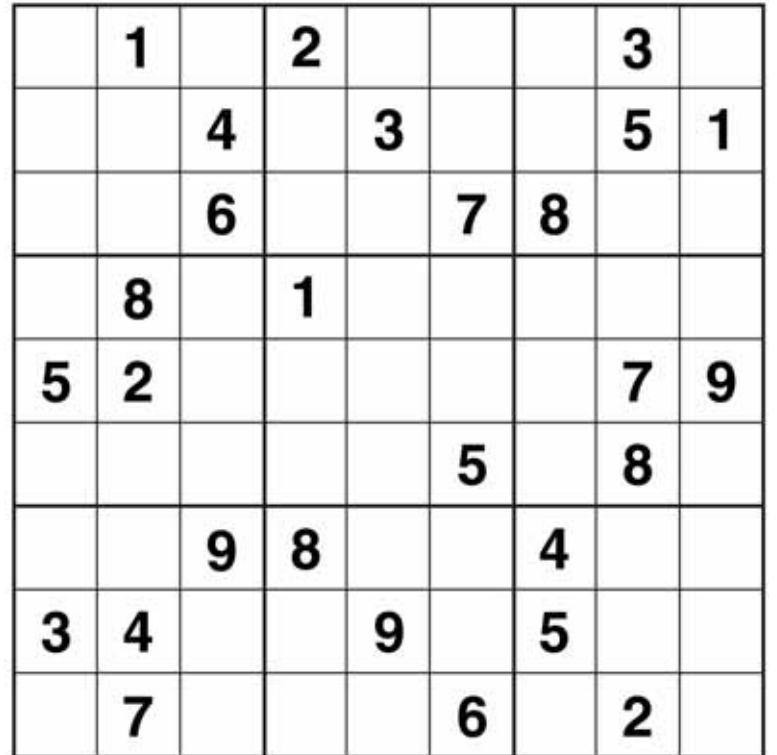
- 1. Molecule constituents
- 2. Unit equal to 200 milligrams
- 3. Kicker's easiest score
- 4. Cheer start
- 5. "To Kill a Mockingbird" novelist Lee
- 6. Nymph of myth
- 7. Lute shape
- 8. Sermon ending
- 9. Popular settings for paintings
- 10. Watch your step!
- 11. Arkin or Ladd
- 12. Emulated Quasimodo
- 13. Child seat, sometimes
- 21. Word with deep or dive
- 22. Disdained writer
- 24. Apple carrier
- 27. Tune-up needs
- 28. Scene of many strikes
- 29. Airline's offering, sometimes
- 30. Sad news, in brief
- 31. Start for bar or car
- 32. Container that can be cracked
- 33. The Kennedys, e.g.
- 34. Do poorly in the stretch
- 37. Air
- 38. Piscivorous bird
- 40. Box office draw
- 41. Put up a fuss
- 43. Cara and Dunne
- 44. Yule decoration
- 46. Trip the light fantastic
- 47. Salesman's stop, sometimes
- 48. "+" site
- 49. It might have the shakes
- 50. Add fringe
- 51. Part of an equine pedigree
- 52. "Joanie Loves Chachi" co-star Moran
- 53. Chinese political party
- 57. "\_\_\_ was saying . . ."

## CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



## SUDOKU Solution to puzzle on page B11



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<b>SNCO</b>	SMSGT Cassie Holley (5 OSS)	MSgt Kevin Rice (5 OSS)
<b>CGO</b>	Capt Jason Howze (69 BS)	Capt John Cavassa (69 BS)
<b>FGO</b>	Major Tobin Bolton (69 BS)	Maj Dylan Slagle (5 OSS)
<b>Civilian Cat I</b>	Ms. Mona Hines (69 BS)	Ms. Karla Centeno-Montalvo (23 BS)
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<b>Civilian Cat III</b>		Mr. Michael Bossie (5 OG)
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<b>EWO</b>	1Lt Matthew Gillespie (69 BS)	Lt Matthew Gillespie (69 BS)
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# “Mid-Winter Pops” presented by Brass Band of Minot

The Brass Band of Minot presents a concert titled “Mid-Winter Pops” at 4:00 PM on Sunday, February 5th at Minot State University’s Ann Nicole Nelson Hall.

The concert includes a variety of musical styles and tastes spanning the 20th Century, starting with the perennial John Philip Sousa favorite, El Capitan March from Sousa’s comic operetta of the same name. Then, the band will zip forward in time to the 1930’s with Malaguena. Malaguena, a flamenco style song, was originally composed by Cuban composer Ernesto Lecuona as part of his Suite Andalucia. It’s been re-arranged numerous times since with several versions surging in popularity in the United States from the 1950’s to the 1990’s and beyond. Gustav Holst’s First Suite in E-Flat will make for a quick style change. One of the first and most enduring pieces composed for the early 20th Century military band, First Suite takes a folk song like theme and presents it in different forms and styles. Next, the band will swing into the big band-era with an arrangement of Glenn Miller’s In the Mood, possibly the most popular swing-style instrumental ever recorded, followed by an arrangement of Rodgers and Hammerstein’s Oklahoma! Oklahoma! was a ground-breaking smash hit musical when it debuted on Broadway in 1943 and has remained popular ever since with numerous award-winning revivals as recently as 2019. Unchained Melody was originally written by Alex North for the film Unchained, and it’s had an enduring popularity ever since. The brass band arrangement features the

fluegelhorn. The fluegelhorn’s dark, mellow tone is perfect for the piece. Next, the band will play a blues/gospel arrangement of the jazz classic, Stormy Weather followed by Leroy Anderson’s iconic Blue Tango. The concert will conclude with John Barry’s Born Free, written for the 1966 film of the same name.

As North Dakota’s only British-style brass band, the Brass Band of Minot has been bringing British-style brass music to North Dakota since 1994 when it was created by a group of Minot area brass musicians. Some of the founders still play with the band today, joined by musicians of a variety of ages and backgrounds from Minot and the surrounding communities and lead by Wayne Schempp.

The British-style Brass Band includes instruments not found in the typical band; such as fluegelhorns, cornets, and altoniums; in combination with percussion and more familiar brass instruments to create a unique sound with a darker and more mellow tone than is usually found in other ensembles.

“Mid-Winter Pops” will be the third of this season’s concerts for the Brass Band of Minot. The season will round off with another concert on April 2nd. Both performances will be at 4:00 PM at Ann Nicole Nelson Hall. Brass Band of Minot concerts are free and open to the public though cash and check donations are very welcome.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

# A Story to Tell

THE MINOT SYMPHONY ORCHESTRA

The Minot Symphony Orchestra invites the whole family to its afternoon performance, A Story to Tell, on Saturday, February 4th at 3:00 pm in Ann Nicole Nelson Hall located inside Old Main on the campus of Minot State University.

“Our family concert is being re-imagined with young listeners in mind. This new relaxed environment is the perfect introduction for newcomers to the symphony. The performance will be shorter in length (approx. 1 hour), will not have an intermission, and will engage and educate listeners of all ages with a combination of familiar and classical works,” said Executive Director Ellen Fenner.

The performance begins with the Toy Symphony written by Leopold Mozart (Wolfgang Amadeus Mozart’s father) a musical work from the 1760s which includes parts for a toy trumpet, ratchet, bird calls, triangle, chimes, drum, and glockenspiel. Enjoy the fun sounds of the toys played by young musicians from Erik Ramstad Middle School.

The featured soloist will be the winner of the annual MSO North Dakota High School Soloist Competition, Hannah Bohlen. Bohlen will perform the first movement of Felix Mendelssohn’s Concerto in E Minor for violin.

Bohlen is a homeschooled senior from Bismarck. She takes music classes at Legacy High school where she is the concertmaster of the LHS Chamber Orchestra. She has been featured as soloist with the Bismarck Mandan Youth Symphony Orchestra and received the Outstanding Performance Award at the ND State Music Solo and Ensemble Festival. Hannah currently

plays as section violinist in the Bismarck Mandan Symphony Orchestra and is concertmaster of the Bismarck Mandan Symphony Youth Orchestra. Hannah plans to study violin performance after graduation.

The afternoon concludes with a journey through Shakespeare’s A Midsummer Night’s Dream as guest narrators walk through the enchanting story of the familiar play while listening to the incidental music written by Felix Mendelssohn. Dr. Eric Furuseth, MSU Associate Professor of Humanities, and Mya Temanson, MSU student, have teamed up to write text to accompany the performance and will narrate the piece while Sarah Nielsen, MSU student, provides American Sign Language (ASL).

“From a very young age, I’ve been drawn to Shakespeare. I’ve interacted with his writing through audiobooks, picture books, novels, the plays themselves, movies, documentaries, classes, recorded and live performances, art, music -- so many kinds of creative media. Bringing A Midsummer Night’s Dream to life with the Minot Symphony Orchestra is an opportunity I’m tremendously excited to take part in. I’m currently applying to graduate schools, and the one thing I want to do with my studies is already in motion through this project: to reimagine Shakespeare in ways that touch audiences from all walks of life. It’s by no means a new feat -- creative people have been doing this over the past 400 years -- but it is continuously being made anew,” explains Temanson.

Pre-concert activities including an Instrument Petting Zoo and a pre-concert talk will begin at

2pm. Eckroth Music of Minot will be on site and will offer an Instrument Petting Zoo which will allow concertgoers of all ages the opportunity to try out a variety of stringed, woodwind, and brass instruments prior to the performance and again following the performance. The 30-minute pre-concert talk will provide an engaging overview of the works being performed, the story behind the music, the composer, and historical context will be presented at 2pm by Tim Baumann, Camp Director of the International Music Camp and member of the symphony.

Tickets start at \$30 for adults with senior and student discounts available. Live and livestream tickets are available at [www.minotsymphony.com](http://www.minotsymphony.com) or through the box office at 701-858-4228.

The next performance of the Minot Symphony Orchestra is March 4 featuring the MSU Honors and Young Composer Competition winners and the 97th season will conclude on April 29 with Holst’s The Planets Suite.

The Minot Symphony Orchestra is a unique blend of student, community, and professional musicians from the Minot area. The symphony is directed by Maestro Efraín Amaya, Associate Professor of Music at Minot State University.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts. This project is also supported by the National Endowment for the Arts and the Minot Area Council of the Arts.

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### 91ST MISSILE WING ALL-CALL

Col. Kenneth McGhee, commander of the 91st Missile Wing, hosts the Rough Riders all-call Jan. 18, 2023 at Minot Air Force Base, North Dakota. McGhee and additional speakers addressed the upcoming events in the new year.

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Instead of Declawing Your Cat...



While choosing to declaw your cat may come with short term benefits for you and your household, the procedure is not in the best interest of your feline friend. Declawing is the process of amputating the front knuckles of a cat's toes so that it can no longer use its claws, and many shelters and animal advocacy groups strongly advise against it. Felines have a natural instinct to use their claws to mark territory, stretch, play, and even defend themselves in dangerous situations. When their claws are removed, cats run the risk of developing chronic pain, lameness, and behavioral issues.

come back to their owners once they've satisfied their wanderlust, which is great for enrichment. If you're not sure if your cat will return or you're worried about their safety in a busy area, try a cat harness with a lightweight leash to take your friend on all the adventures!

If you're having problems with your cat tearing up your furniture or your arms, here are some more humane options to curb unwanted scratching and prevent the need for declawing:

•Make unwanted scratching objects unattractive—putting aluminum foil on furniture or other popular scratching areas has been said to deter some cats from going to town with their claws. Other options to deter your cat from scratching can include double-sided tape or unpleasant fragrances such as citrus.

•Consistent nail trimming—every few weeks should be sufficient, depending on your cat.

•Training and behaviorists—if all else fails, work with your cat to deter him from scratching unwanted items. A spray bottle or a clapping noise can interrupt their behavior so that you can properly redirect them to an appropriate toy and reward them for using that instead. As a last resort, it may even be helpful to find an animal behavior specialist who can help you determine other solutions for your cat's scratching.

•Nail caps or claw covers—Soft Paws is one recommended brand for caps that are glued on to your cat's claws and can help to alleviate excessive scratching.

It is possible for a cat to have medical problems that declawing would fix, but it's important to consult with your vet to find any other possible solutions before making that decision because it can affect your cat for the rest of its life. As pet owners, it's our job to make sure our animals have everything they need to live their best lives. Instead of declawing your cat, try these alternatives to give your furry friend its best shot.

•Provide enrichment—toys, playtime, and designated scratching posts are great ways to keep your cat happy! They won't need to scratch your couch when they have more fun things to do around the house.

•Outside time—most people probably don't think about letting their cats outside since they can often be difficult to catch. But outside is a great place for cats to explore and hunt! Some cats will naturally

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\$7000 worth of Golden Tickets were placed in papers delivered to Minot AFB in the last 6 months! Be sure to check your copy, you might be a winner!

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## Provider of the Month Feature

FEBRUARY 2023

### SYLVIA FISHER

*What do you enjoy most about being an FCC Provider?*

I enjoy working with so many of the families of Minot AFB. It's fun to spend time with the kids and learn with them. It's also really nice to see how my own kids love to make new friends with all the kids that come into my FCC program.

*What are your interests/hobbies?*

I love reading and spending time outdoors. I've recently started kiksledding and

snowshoeing and those are really fun. I also do agility and scent work with my two dogs.

*What advice do you have for new providers/those interested in being FCC Providers?*

Don't get overwhelmed! You will find your groove and become a pro at the paperwork side in no time. And spending your days with kids is always rewarding. You will have tons of laughter and smiles even on your hardest days.

For more information about FCC, please check out the following website: <https://5thforcesupport.com/fcc/>.

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4 (4 OZ EACH) SALMON, SKIN-ON, PIN BONES REMOVED  
2 TABLESPOON OLIVE OIL  
KOSHER SALT AND FRESHLY GROUND BLACK PEPPER  
2/3 BUNCH ASPARAGUS, BOTTOM THIRDS OF STALKS REMOVED AND SLICED INTO 1 INCH PIECES ON THE BIAS  
2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO 1/2 INCH PIECES ON THE BIAS  
6 2/3 OUNCE CHERRY TOMATOES, RINSED AND HALVED  
1 1/3 LEMONS, HALVED  
1/3 CUP FRESH PESTO  
2/3 LEMON, ZESTED  
FRESH BASIL LEAVES, FOR GARNISH

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork. Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve immediately. Enjoy!

Ryan Davy - GM  
Minot

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**ALS CLASS 23-B**

Airman Leadership School Class 23-B poses for group photos at Minot Air Force Base, North Dakota, Jan. 26, 2023. ALS is the first level of Professional Military Education (PME) enlisted Airmen experience. It is designed to be an entry-level leadership enhancement course to prepare Senior Airmen for positions of greater responsibility by strengthening their ability to lead, follow, and manage while also gaining a broader understanding of the military profession and their role within the Air and Space Forces.

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# Champagne and Ice Gala February 25

This year's Champagne and Ice Gala, hosted by the Northern Plains Children's Advocacy Center, will be held on Saturday February 25 at 6 pm. Tickets for this 13th annual event are available at <https://npcac.cbo.io>.

The NPCAC provides a compassionate and effective way to serve children victimized by sexual abuse and other crimes. Families that come to NPCAC are never charged for services. Funding for NPCAC comes from grants and community donations, so events like this are vital in continuing to serve children and families.

"Centers like this significantly reduce the trauma associated with child abuse and assists in holding offenders accountable. Every year, we serve more children than the last; in 2022 we saw 997 individuals," said Christal Halseth, NPCAC Executive Director. "This gala has grown into our most valuable source of funding."

An online auction will begin on February 17, concluding on February 25 at 8:15 pm. The auction will include baskets donated by area businesses, guitars autographed by Taylor Swift, U2, and Ed Sheeran; autographed jerseys from Justin Jefferson, Minnesota Vikings, Christian Watson, Green Bay Packers, and LeBron James, Los Angeles Lakers; and an 18"x30" American flag hand signed by Robert O'Neill, aka "The Operator" and the former U.S. Navy Seal who fired the shots that killed Osama Bin Laden during the raid on his Abbottabad compound on May 2, 2011. The bidding site is located on our Champagne & Ice page at <https://npcac.cbo.io>.

Raffle tickets are available for a 14k diamond tennis bracelet donated by Knowles Jewelry of Minot and valued at more than \$10,000. Tickets are \$20 each and available through any NPCAC staff or board member.

The gala will begin with a cocktail hour with hors d'oeuvres. Erin Merryn, founder of Erin's Law, and named PEOPLE Magazine a "Heroes Among Us and one of 15 people changing the world," will present before our live auction. After suffering six years of sexual abuse during her childhood, Erin broke her silence when she was 13 at a Children's Advocacy Center. The CAC allowed Erin to reclaim her voice and begin her journey to healing; she has spoken at more than 250 CAC events.

In 2008, Erin began writing legislators to require personal body safety be taught to kids in school, what is known as Erin's Law. Erin's Law is the first US child sexual abuse prevention education law requiring children be educated in schools. Erin is author of Stolen Innocence, Living for Today and An Unimaginable Act. Following Erin's presentation will be the live auction and raffle for the diamond bracelet.

Tickets are \$50/person; guests must be 21 or older to attend. Gatsby themed attire is encouraged and there will even be a best dressed contest!

Founded in 2007, a Bottineau location was opened in 2020 and in Williston in 2021 making services more accessible for our rural areas.

"The Northern Plains Children's Advocacy Center brings together a heroic team to fight for the most severe child abuse victims in our region while restoring hope and helping them focus on what really matters—being a kid," Halseth said. "We work very closely with all levels of law enforcement, child protective services and prosecution."

Be sure to check out the NPCAC's Facebook page for gala updates. Please call 701-852-0836 or email [christal@northernplainscac.org](mailto:christal@northernplainscac.org) for raffle ticket information.

  
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# NORTHERN CELEBRATIONS

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## A NEW WINTER ADVENTURE

Patricia Stockdill

U.S. Fish and Wildlife Service's Garrison Dam National Fish Hatchery does more than work with endangered species and raise game fish like walleye, trout, northern pike, and salmon for stocking in lakes in North Dakota and beyond.

They bring the area adjacent the hatchery to life for public use.

The Missouri River woodlands near the hatchery offer a glimpse into bygone days before massive Garrison Dam was created.

Hatchery staff developed hiking trails complete with information kiosks melding the area's history, its ties with the Lewis and Clark Expedition to the Pacific Northwest, and its environmental and wildlife importance along the Missouri River.

The beauty of the trails is that they're not just for summer hiking.

They're great for snowshoeing, cross-country skiing, and ski-shoeing. When snow conditions allow retired hatchery manager Rob Holm volunteers to groom the trails for cross-country skiing.

Plus there is no charge to enjoy the trails for its birding, hiking, and winter activities - it's free throughout the year.

The trails encircle the hatchery's rearing ponds, which are laden with fish in the spring and summer. They meander southward along the river with spurs taking people into its woods and south towards the U.S. Army Corps of Engineers Downstream Campground.

While the campground bursts with campers, anglers, and children at play in the summer, it's a quiet wildlife haven in the winter.

It's a hidden winter gem that the hatchery staff and Central Flyway Chapter of the North Country Trail wants to share with others.

Together, they're sponsoring Winter Fun Day on Feb. 18.

The hatchery's Visitor Center serves as the gathering spot with activities from 10 a.m. until 3 p.m. Hot chocolate will be served, described hatchery spokesperson Toni Ganje. The event is free and participants can trek as many of the trails as they desire. "It's come and go as you please," she added. A limited amount of equipment will be available for people to try out.

Central Flyway Chapter member Glee Mayer, Minot, said the event is an opportunity to experience the magnitude of Garrison Dam, the river bottom's serene winter beauty, its cottonwoods more than a century old, and its wildlife, especially bald eagles calling the area home. "To watch all of the eagles soaring around because of the open water... there's just so much to see," Mayer described. Hardy Canada geese and ducks linger, as well, as long as the river doesn't freeze over.

People's reaction to hiking, skiing, or snowshoeing the area and its trails for the first time are often, "How did I not know about this?" Mayer continued.

That's one of the goals of Winter Fun Day - to introduce people to the area's unique setting and its trails.

The Central Flyway Chapter sponsors summer hikes on the hatchery trails and added signage in 2022. The hatchery trails are now officially part of the North Country Trail, a national trail extending from New York to its western terminus at Sakakawea State Park near Pick City.

Hike sponsors would like to see the event become an annual activity. Participants can hike if there's not enough snow for using winter equipment.

Be prepared by dressing in layers with a moisture wicking base layer and enjoy another unique way to experience winter in North Dakota.

**Winter Fun Day fun facts:**

- Feb. 18, 10 a.m. to 3 p.m. for a getaway to hike, cross-country ski, snowshoe, or ski-shoe as much of the nearly seven miles of trails along the Missouri River as a person desires.
- Meet at the Garrison Dam National Fish Hatchery Visitor Center downstream of Garrison Dam, taking a left on the road going below the dam off N.D. Highway 200 when coming from Riverdale.
- The Visitor Center is serving hot chocolate and restrooms are available.
- Bring your own gear although a limited amount of equipment will be available, including bear paw snowshoes provided by nearby Audubon National Wildlife Refuge.
- No pre-registration is necessary for the free event.
- Contact Garrison Dam National Fish Hatchery, (701) 654-7451.



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# Father – Daughter duo makes history

AIRMAN 1ST CLASS LANDON GUNSAULS, 90TH MISSILE WING PUBLIC AFFAIRS

PINE BLUFFS, Wyo. -- For the last 64 years, sitting underground inside a concrete pill, F.E. Warren's missileers have stood alert, responsible for the world's premier nuclear arsenal 24 hours a day, 365 days a year. Families of all kinds have served on F.E. Warren, but never before have a father and daughter been together on alert in the capsule. On Jan. 6, 2023, Lt. Col. Raymundo Vann Jr. and his daughter Capt. Gabriella Graham, stepped into the launch control capsule at Echo-01 missile alert facility and assumed the alert together. For Vann, the decision to make the jump from enlisted to officer and the request to be a missileer

was an easy one. Growing up down the street from Lackland Air Force Base, Texas, during the height of tensions between the Soviet Union and the U.S., where nuclear war was consistently in the news, helped guide Vann's decision to serve as a missileer. Graham grew up in a much different climate to her father, but still chose to follow in his footsteps. She became a legacy missileer, stepping into the community that she considers the best kept secret in the Air Force. "I decided to follow in his footsteps and I put 13N as number 1 on my dream sheet," said Graham. The duo was given the opportunity to go on a 24-hour alert together before Graham

attends the Squadron Officer School at Maxwell Air Force Base, Alabama. Following SOS, she will begin her maternity leave. "Being able to pull the first ever father-daughter alert was amazing," said Vann. "There has never been any parent-child alert ever, and this kind of event is something other career fields really celebrate but it has never occurred in ours, so I'm glad we got to be the first to do it and spread the word that ICBMs is family business. It is amazing to know that two generations of ICBM operators, three when we count her baby due in May, were proudly providing nuclear deterrence for our nation." To Graham, being a missileer is being a part of a quiet, even

underground community, providing security to the nation. To Vann, it's incredibly humbling to know that he owns the operational readiness of the world's most powerful and stabilizing force, and in the words of President Theodore Roosevelt, conducting the mission of speaking softly while wielding the most powerful stick. Never in the 64 years of F.E. Warren's history has an alert been jointly carried out by two family members in the same capsule and it's an event that both members are proud to have accomplished. "It is such a unique situation to both be on active duty together and pulling alert was even more

unique, knowing that we had three generations in the capsule together," said Graham. "It's a story that I'm sure I'll share with baby when they are older." Graham recognizes the awesome responsibility put on the shoulders of the missileers commanding the ground leg of the nuclear arsenal, as well as her father's role in that over the course of his career and how that influenced her. "Being able to do what we both love together was really cool," said Graham. "I think a lot of people watch their heroes from a distance and aspire to be like them. I was lucky enough to go on alert and watch mine in action."



Lt. Col. Raymundo Vann and Capt. Gabriella Graham pose for a photo while preparing for alert, Jan. 4, 2023. The duo made history conducting the first ever father-daughter alert.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LANDON GUNSAULS



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**Fact File**

Life Span	25 - 30 years
Weight	17 - 28 pounds
Height	30 - 36 inches
Wild Diet	(Omnivorous) Cambium, Herbivore Fruits, Leaves, Small birds, Eggs, Spiders

**SIAMANG GIBBON**

**CREATURE FEATURES**

- Considered a lesser ape, the Siamang Gibbon is the largest and darkest of the 14 gibbon species. Unlike monkeys, apes do not have tails.
- Known as the "kings and queens of swing", Siamang Gibbons move in the trees by hand over hand swinging, a locomotion known as brachiating.
- With an arm span of almost 5 feet, their arms are 2 1/2 times the length of their body.
- A Siamang Gibbon can grasp and carry things with both their hands and feet.

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- MSGT Shelley Shoefield, 5 MUNS
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# Aim High application gets updated feature to help any Airman become a recruiter

LESLIE BROWN, AIR FORCE RECRUITING SERVICE PUBLIC AFFAIRS

JOINT BASE SAN ANTONIO-RANDOLPH, Texas (AFNS) --

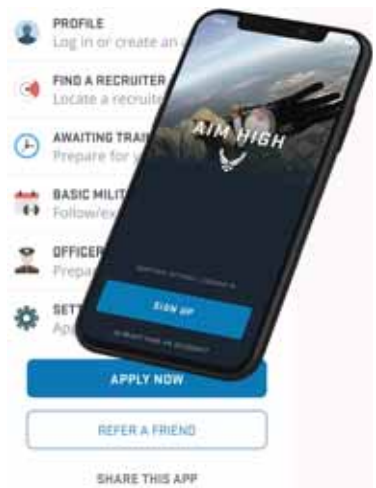
Air Force Recruiting Service's Aim High application has a new update that will interest Airmen around the Total Force.

The app, originally launched in June 2020, became a valuable recruiting tool during the early days of the COVID-19 pandemic helping recruiters connect with potential applicants in a virtual environment. But with continual improvements, now the app has a feature that will help all Airmen, or any of the app's more than 270,000 users, to become a recruiter of sorts for the Air Force, Air National Guard and Air Force Reserve.

"The new feature allows anyone who has the app to play an important role in filling the uniformed vacancies in our force," said Capt. Michael Bambarger, the Aim High app functional manager. "No longer does a military member approached in public have to refer someone to the local recruiting office, or a friend or family member have to convince someone they know who's interested in joining the military to

seek out a recruiter."

The app update, which was pushed Jan. 10, allows any app user to assist in the Air Force's recruiting efforts.



"Users now have the ability to send that individual's information directly to the Lead Refinement Center in San Antonio, where it in-turn will be sent back to the local recruiter in the area of initial

request," Bambarger said. "Anyone interested simply needs to go to their mobile device app store, and search "Aim High" and download the app. App users can send a referral on behalf of any interested party."

In the "more" tab dropdown menu, users can click "refer a friend" to get the Refer a Friend Form that asks for name, email, phone number, zip code and advanced interest (optional).

AFRS hopes all Airmen will consider sharing the app while attending outreach events. For example, Airmen who are approved for the We Are All Recruiters program can use the app at the events they attend and have a direct positive influence on recruiting no matter their geographical location.

The Aim High app was developed to inspire users through a variety of unique experiences, attracting the most talented individuals and educating them on Air Force career opportunities. Users can participate in events, share content, and invite family and friends to follow their initial training experience.

U.S. Space Force career content

will be integrated into the Aim High app soon. In the meantime, hopeful Guardians can use the app to connect to a recruiter, learn about the requirements to join and get an

idea of what they can expect at basic military training.

The Aim High app can be downloaded on Android or iOS.

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 – Registration deadline is the Friday before each class  
 Parents are encouraged to stay with young children but not required.



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Minot Symphony Orchestra  
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All ages are welcome to join us as we explore a new format for our Family Concert tailored for younger audiences. On this occasion, you'll be delighted to learn about Shakespeare's A Midsummer Night's Dream as Minot State English Professor Dr. Eric Furuseth and Mya Temanson walk us through the enchanting plot while hearing the incidental music written by Felix Mendelssohn. We will invite a group of young musicians join us on stage as we bring you Mozart's father's charming Toy Symphony. We are also honored to feature the annual MSO High School Soloist Competition winner.



For more information:  
[www.minotsymphony.com](http://www.minotsymphony.com)

**13 FEB** VALENTINE'S DAY  
COUPLES SCONE CLASS  
6:00PM- 8:00PM  
Prairie Sky Breads  
Minot 3 1st St. SE

Learn how to make PSB's infamous scones! Each participant will enjoy a specialty beverage (included in price) while making a variation of our classic scones. This is a hands-on class (your hands will get messy!) led by Travis Gerjets, baker at PSB.  
 Couple: \$67/ couple (sharing a scone mix and bringing home one batch of 8 scones) 2 drinks!  
 Individual: \$60 taking home a single batch of scones (8 scones) and getting a drink



For more information:  
Facebook/ Prairie Sky Breads Minot/ Events

**17 FEB** VALENTINE SKATE  
18+ ONLY  
5:00PM- 8:00PM  
Citizen's Alley Ice Rink  
110 E Central Ave.

Lovebirds are welcome to join us on February 17 for this Valentine's Day celebration. The ice rink downtown will be lined with hundreds of luminaries while atmospheric music is played, creating a romantic environment for you and yours to enjoy. Take a break from skating and enjoy some food and drinks from Prairie Sky right next to the rink while cozying up next to a fire. Get active and outdoors with your date this Valentine's Day!  
 \*Food and drinks will be available for purchase from Prairie Sky Breads.



For more information:  
[www.minotparks.com](http://www.minotparks.com)

## NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at [www.northern Sentry.com/calendar/](http://www.northern Sentry.com/calendar/)

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# The North Dakota Purple Star Award



JOY-NICOLE SMITH  
SCHOOL LIAISON PROGRAM MANAGER, GS-11  
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM

Did you know the average military-connected child will experience 6 to 9 different schools during their K-12 education experience? This is a challenge for many of our military connected students. However, there are organizations and agencies such as the DAF School Liaison Program focused on the quality education of military connected students across the United States and Overseas.

With more than 1.1 million military connected students attending public institutions, issues surrounding quality education are a top priority for the Department of the Air Force. As a result, the North Dakota Purple Star Award is an incredible opportunity to help schools respond to the educational and social-emotional challenges military-connected children face to keep them on track to be college, workforce, and life-ready.

The North Dakota Purple Star Award for military-friendly schools recognizes schools that show a major commitment to serving students and families

connected to our nation's armed forces. Applicants for the Purple Star Award are selected by The Purple Star Advisory Board which is formed by representatives of the North Dakota Department of Public Instruction, Minot and Grand Forks AFB, ND National Guard, school districts, school counselors and military-connected stakeholders.

A few weeks ago, at an assembly at North Plains Elementary School, a slide stated, "We will make this place your home." This statement was powerful and moving and shows how essential our schools are in creating environments for our students and families to thrive. With this, I believe our Minot AFB Schools and other schools and districts are poised and well positioned to serve our military connected students.

The hope of the MAFB School Liaison Office, is that as we prepare for the Month of the Military Child in April, we see many Purple Star Awardees! The time to "Purple Up" is coming!

## 2022-2023 MPS CALENDAR

February 2023							19 days
S	M	T	W	T	F	S	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28					



- Vacation Days - not contracted day
- Parent/Teacher Comp Days
- Early Release Days - 1:15pm
- PD Days - contracted day
- Holidays
- \* Weather Make-up Day



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# YOUTH IN ACTION

## National Youth of the Year

MINOT AFB YOUTH PROGRAMS

Seeking exceptional teens! Each year, one extraordinary Boys & Girls Clubs of America (BGCA) member is selected to be the National Youth of the Year, serving as an ambassador for BGCA youth as well as a voice for all of our nation's young people.

This journey starts here, at your local BGCA club located within the Minot AFB Youth Center. The exemplar youth who rise to be named their local, state, regional, and then national winners

demonstrate not only the BGCA mission but are proof of the impact that the Club makes in transforming the lives of youth people, everyday. Becoming National Youth of the Year is an exciting and inspiring experience. Each year, thousands of Club teens participate in local, state, and regional Youth of the Year events. Six teens, including five regional winners and a national military youth winner, advance to the National Youth of the Year Celebration, where one outstanding young person is named BGCA's national teen spokesperson. The National Youth of the Year is a role model, leader, and advocate for over 3.6 million youth served



by BGCA each year. Your MAFB Youth Center is seeking interested teens who are up for the challenge to represent Minot Air Force Base as our Youth of the Year! Eligibility requirements include:

- Can be no younger than 14 and no older than 18 years of age on January 31, 2023.

- Must have military affiliated parent(s).

- Must have active and continuing membership at a BGCA affiliated Youth Center for at least two years prior to 31 January 2023.

Youth must participate in all competitions at the state, regional and national competitions they qualify for.

Youth must be dedicated and hardworking to complete 4 essays, a resume, cover letter and be able to obtain two letters of recommendation.

Youth must be willing to speak in front of large crowds with a 3 minute memorized speech.

For more information and to apply call the Youth Center at 701-723-2838 or email 5svs.youth@us.af.mil. Application deadline is 10 Feb 2023. We know our MAFB teens have what it takes! Apply today!

# Let's Plan Your Party!

### Birthday PARTIES

X-TREME OR OPEN BOWLING

**SUPER PARTY**

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**ALL PARTIES INCLUDE:**  
Plates, Cups, Napkins, Utensils, Invitations & Balloons.  
Birthday Child will receive a "Happy Birthday" Bowling Pin or a coloring T-Shirt.  
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*NO OUTSIDE FOOD OR BEVERAGES ALLOWED.*

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- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

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Your party will include: two hours of time which includes one hour of cookie decorating time with one of our talented decorators, up to 6 cookies to take home, and a drink for up to 8 kids for \$200. Available weekdays after 5:00pm and Saturdays after 3:00pm.

**For more details or to schedule, call Cookies For You at 701-839-4975.**

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# YOUTH IN ACTION



Team Minot families and their children rallied at the Community Complex Center for Operation Hero at Minot Air Force Base, North Dakota, Jan. 20, 2023. Airmen assigned to 20 different agencies from the 5th Bomb Wing and the 91st Missile Wing showcased their duties, conducted demonstrations, and provided interactive experiences to over 150 families.

## OPERATION HERO

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN CALEB S. KIMMELL



U.S. Air Force Airman First Class Easton Jones, 5th Healthcare Operations Squadron ambulance service medical technician, teaches kids emergency breathing techniques as part of Operation Hero at the Community Complex Center at Minot Air Force Base, North Dakota, Jan. 20, 2023. Volunteer Airmen assigned to 20 different agencies from the 5th Bomb Wing and the 91st Missile Wing showcased their duties in an effort to teach families and their children about how many different career paths they can take in their lives.



U.S. Air Force Master Sgt. Ryan Bell, 791st Missile Security Forces Squadron 5th Bomb Wing Public Affairs augmentee, teaches kids how to capture imagery and edit footage during Operation Hero at the Community Complex Center at Minot Air Force Base, North Dakota, Jan. 20, 2023.



U.S. Air Force Staff Sgt. Spencer Odegard from the 5th Explosive Ordnance Disposal Squadron shows children how to operate a bomb defusing robot as part of Operation Hero in the Community Complex Center at Minot Air Force Base, North Dakota, Jan. 20, 2023.



U.S. Air Force Master Sgt. Ryan Bell, 791st Missile Security Forces Squadron 5th Bomb Wing Public Affairs augmentee, teaches kids how to capture imagery and edit footage during Operation Hero at the Community Complex Center at Minot Air Force Base, North Dakota, Jan. 20, 2023.

### NOTES ON BEING SAFE

# OKAY I'M STUCK. NOW WHAT?



ROD KRAUSE  
5TH BOMB WING  
SAFETY & OCCUPATIONAL  
HEALTH MANAGER



North Dakota winters have a tendency to be severe, and bad weather can come on very fast, with little or no warning!

Even the experienced and safest drivers can find themselves temporarily stranded on North Dakota roadways, whether they be interstates, highways, or county roads. The Safety Office offers the following life-saving tips drivers should remember if they're trapped in their vehicle during a blizzard or stranded on the road during severe cold weather.

Stay in the vehicle. Don't leave the vehicle to search for help. The highway patrol advises to stay put. It is very easy for people to get disoriented when battling blowing and drifting snow. Being lost in open country during a blizzard is extremely dangerous. In a vehicle, people have shelter from the elements and are most likely to be found a lot faster.

Be seen. Display a trouble sign on the vehicle. Hang a brightly colored cloth on the vehicle's radio antenna and raise the hood. Using the headlights also makes the vehicle more visible to emergency crews, but use them sparingly to avoid draining the battery.

Avoid overexertion and exposure. Overexertion from trying to push a vehicle out of a snow drift, shoveling heavy drifts and performing other difficult tasks during strong winds, blinding snow and bitter cold may lead to a heart attack -- even for people who are in good physical condition.

Beware of carbon monoxide poisoning. Run the engine sparingly. Keep a window open

for ventilation, and ensure the vehicle's exhaust pipe isn't blocked with snow.

Conserve your vehicle's fuel. Allow the vehicle to run only long enough for the interior to get warm.

Keep moving. Use minor exercises to keep up circulation and stay warm. Try not to stay in one position for too long.

Make use of your winter survival kit. That is why you packed it

in your vehicle in the first place, to make use of it. Remember if you have used it, replaced used items as soon as possible!

Always remember when traveling during winter months use risk management practices as you would on the job, a little common sense goes a long way, especially when your stranded during a blizzard!

<p><b>EVERYDAY HAPPY HOUR • 3PM – 6PM</b></p> <ul style="list-style-type: none"> <li>\$2 off All Apps</li> <li>\$3 House Wine &amp; Domestic Pints</li> <li>Bavarian Pretzels with Beer Cheese Sauce</li> <li>\$4 Rail Drinks, ND Brewery Pints &amp; 22oz Domestic Taps, 4 Lettuce Cups</li> <li>\$5 Moscow Mule</li> <li>\$6 Specialty Cocktails, Martinis &amp; 22oz ND Breweries Taps</li> <li>½ Flat Bread Pizza</li> </ul>	<p><b>DAILY SPECIALS</b></p> <ul style="list-style-type: none"> <li>Monday \$5 Moscow Mules (all day)</li> <li>Tuesday \$4 ND Breweries (all day)</li> <li>Wednesday ½ Price Wine by the glass/bottle (all day)</li> <li>Thursday \$1 up for all Tall Taps (all day)</li> <li>Sunday BRUNCH (11am-2pm)</li> <li>\$7 TSR Bloody Mary &amp; Caesars</li> <li>\$12 Bottomless Mimosas</li> <li>\$6 Breakfast Shots</li> </ul>	<p><b>FAMILY PACKS</b></p> <ul style="list-style-type: none"> <li>Monday Pizza Pack Combo</li> <li>Tuesday Sandwich Pack</li> <li>Wednesday Chef Creation*</li> <li>Thursday Pasta Pack</li> </ul> <p><small>*Changes Weekly – Check our Facebook Page</small></p>
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# CHURCH DIRECTORY

<p><b>Chapel Services at MAFB</b></p> <p><i>North Plains Chapel in Base Housing</i></p> <p><i>Protestant Liturgical Service</i> <b>Christ Chapel</b> 0900</p> <p><i>Protestant</i> <b>Sunday Community Service</b> 1030 (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i> <b>Open Circle</b> 1000 on the 1st and 3rd Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p><b>Catholic Mass</b> Sunday ..... 1000 Daily ..... Monday-Thursday at 1200</p>	<p><b>St. Peter The Aleut Eastern Orthodox Church</b></p> <p> <b>109 6th St. SE Minot • 838-3094</b></p> <p><b>Saturday, February 4</b> 5 PM, Great Vespers</p> <p><b>Sunday, February 5</b> 10AM, Holy Liturgy</p> <p><b>V. Rev. Fr. Paul Hodge</b></p>	<p> <b>Break Forth BIBLE CHURCH</b></p> <p>Wednesdays 7:00pm and Sundays 10:30am</p> <p><b>1821 W Burdick Expressway</b> For More Information: 701.353.9337   <a href="http://www.bfbc.tv">www.bfbc.tv</a></p>	<p> <b>An Evangelical Free Church</b> 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School &amp; Fellowship ..... 9:00 a.m. Worship ..... 10:30 a.m.</p> <p><a href="http://www.trinitychurchminot.org">www.trinitychurchminot.org</a></p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p><b>1720 4th Ave NW, Minot 838-0916</b> <a href="http://MinotBibleFellowship.org">MinotBibleFellowship.org</a></p>
<p><b>Immanuel Baptist Church</b></p> <p><b>1615 2nd St. SE • <a href="http://www.ibcminot.org">www.ibcminot.org</a> 701-839-3694</b></p> <p></p> <p><b>SUNDAYS:</b> 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP</p> <p><b>WEDNESDAYS:</b> 11:30 AM SOUP KITCHEN 5:30 PM FAMILY SUPPER 6:30 PM PRE-K/KIDS' CLUB / ABY &amp; ADULT BIBLE STUDY</p>	<p></p> <p><b>Christ Reformed Church</b> Worship 11:00 a.m. Sunday 234 14th Ave SE <a href="http://www.christreformedchurchminot.com">www.christreformedchurchminot.com</a></p>	<p><b>St. John the Apostle Catholic Church</b></p> <p> 2600 West Central Ave • Minot, ND 58701 <b>839-7076</b></p> <p>Daily Mass Schedule: Tuesday ..... 5:15 p.m. Wednesday - Friday ..... 7:00 a.m. Saturday ..... 5:00 p.m. Sunday ..... 8:00 &amp; 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: <a href="http://www.stjohnminot.com">www.stjohnminot.com</a></p>	<p> <b>First Lutheran Church - ELCA</b> 120 5th Ave. NW 852-4853</p> <p>Sunday Worship 9:30 am</p> <p><a href="http://www.firstlutheran.tv">www.firstlutheran.tv</a> (Live Stream &amp; Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am <a href="http://www.flcminot.com">www.flcminot.com</a></p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p></p> <p><b>Gospel Tabernacle Community Church</b> 9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p><b>Church: 701-838-4492</b> <b>Home: 701-838-5759</b> <b>KHRT 1320: 9 a.m. Sunday</b></p> <p>Sunday School ..... 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour ..... 6:30 p.m. Evening Worship ..... 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) ..... 7 P.m.</p>
<p> <b>JOURNEYCHURCH</b> ASSEMBLY OF GOD</p> <p><b>1805 2nd St. SE 838-1111</b></p> <p><b>Sunday Services</b> 9:00 AM &amp; 11:00 AM</p> <p><b>Wednesday</b> 6:30 PM</p>	<p><b>Minot Baptist Church</b></p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School ..... 9:45 a.m. Morning Worship .... 11:00 a.m. Evening Worship ..... 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> <b>500 46th Ave NE • 839-1351</b> Pastor David Miller</p>	<p> <b>Cross Roads Baptist</b></p> <p><b>Southern Baptist Convention</b></p> <p>Sunday School (all ages) ..... 9:45 a.m. Sunday Worship ..... 11 a.m. &amp; 5:30 p.m. Wednesdays (Prayer &amp; Missions) ... 6:30 p.m.</p> <p><a href="http://www.minotcrbc.org">www.minotcrbc.org</a> email: <a href="mailto:minotcrbc@gmail.com">minotcrbc@gmail.com</a> <b>Dr. Bob Farmer- Pastor</b></p> <p><b>415 28th Ave SE (Behind Menards) 838-1873</b></p>	<p> <b>West Minot Church of God</b> <i>Family Worship Center</i></p> <p><b>1105 16th St. NW • 839-1407</b></p> <p>Sunday School ..... 9:30 a.m. Sunday Worship ..... 10:30 a.m. Children's Church &amp; Nursery Wednesday Family Training Hour Meal ..... 5:30p.m. Classes for All Ages ..... 6:30 p.m. Youth Center, Friday ..... 7:00 - 11:00 p.m. ABC Child Care Center ..... 852-6352</p> <p><a href="http://westminot.com">westminot.com</a> <a href="https://facebook.com/westminot">facebook.com/westminot</a></p>	<p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00 a space / per week</b></p>
<p><b>First Baptist Church</b> 200 3rd St. SW • 852-4533 <a href="http://www.fbcminot.org">www.fbcminot.org</a></p> <p>Classic Worship Service ..... 8:30 a.m. Sunday School (All Ages) ..... 9:45 a.m. Contemporary Worship Service ..... 9:50 a.m. Adult Sunday School ..... 11:00 a.m. Contemporary Worship Service ..... 11:05 a.m. Children's Church ..... 11:05 a.m. Wed. AWANA (Sept. to May) ..... 6:30 p.m. Fridays, Celebrate Recovery ..... 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Elaine Carlson, Children's Ministry Director</p>	<p><b>Apostolic Faith Church, UPCI</b></p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West <b>(701) 838-0609</b></p> <p>Saturday School ..... 2:00 p.m. Sunday Worship ..... 3:30 p.m. Wednesday Bible Study ..... 7:30 p.m.</p> <p><b>Jesse Starr, Pastor</b></p>	<p> <b>Grace Baptist CHURCH OF MINOT</b> <i>A Reformed Baptist Church</i></p> <p><b>Sunday Service: 4:00 p.m.</b> <b>Wed. Prayer: 5:30 p.m.</b> at Living Word Lutheran bldg 710 46th Ave NE, Minot</p> <p><b>Web:</b> <a href="http://gracebaptistminot.com">gracebaptistminot.com</a> <b>E-mail:</b> <a href="mailto:gbcminot@gmail.com">gbcminot@gmail.com</a></p> <p><b>RADIO BROADCAST</b> KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun</p>	<p> <b>oslc</b> where faith &amp; life meet</p> <p><b>OUR SAVIOR LUTHERAN CHURCH</b> 3705 11th St. SW Minot, ND 58701 701-852-6404 <a href="http://www.oslcminot.com">www.oslcminot.com</a></p> <p>Rev. Heath Trampe Rev. Brian Doel</p> <p><b>Sunday Worship</b> 8:15am Traditional Service 9:30am Contemporary (w/livestream) 9:30am Sunday School &amp; Adult Bible study 11:00am Contemporary Service</p> <p><b>Wednesdays 6-7pm</b> Adult Choir OSKids (age 4-5th gr.) Bible Class (6th gr.) High School Youth Group (6-8pm)</p>	<p><b>To Advertise your Church on this page,</b></p> <p><b>Call 839-0946</b></p> <p><b>Only \$9.00 a space / per week</b></p>

  
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# CLASSIFIEDS

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**09:00 PM – 02:00 AM**

*HOLIDAY WEEKENDS*  
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## HELP WANTED

**IMMEDIATE FULL AND PART TIME OPENINGS** for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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**THE NORTH DAKOTA NATIONAL GUARD** have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

tfm

## SUDOKU SOLUTION

PUZZLE ON PAGE A12

8	1	5	2	4	9	7	3	6
7	9	4	6	3	8	2	5	1
2	3	6	5	1	7	8	9	4
9	8	7	1	6	2	3	4	5
5	2	1	3	8	4	6	7	9
4	6	3	9	7	5	1	8	2
6	5	9	8	2	3	4	1	7
3	4	2	7	9	1	5	6	8
1	7	8	4	5	6	9	2	3

## MINOT AFB ANNOUNCEMENTS

### EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 6 Feb-9 Apr. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

### COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognize by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

### PARK UNIVERSITY MINOT –

Your degree, Your way. Park University is enrolling now for Spring II Term. Classes start March 13, 2023! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

### MINOT STATE UNIVERSITY

Minot State offering face-to-face classes at Minot Air Force Base. Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



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# WHAT'S GOING ON MAFB

## FRIDAY 03

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) — Employment Workshop, 0800-1600, M&FRC
- First Friday, 1530, Jimmy Doolittle Center
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

## TUESDAY 07

- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Acrylic Paint Pouring Class, 1730-1930, Arts & Crafts Center
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1800, Fitness Center

## FRIDAY 10

- Lifeguard Certification Class, Indoor Pool, hosted by Outdoor Recreation
- Valentine's Chocolate Desserts, Dakota Inn Dining Facility
- Youth of the Year Sign Up Ends, Youth Center
- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) — Employment Workshop, 0800-1600, M&FRC
- Pizza Buffet, 1700-1900, Youth Center
- Sweetheart Dance, 1800-2000, Youth Center
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

## SATURDAY 04

- Harry Potter Escape Room Begins at the Minot AFB Library
- Youth Bowling League, 1400, Rough Rider Lanes

## WEDNESDAY 08

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) - Overview, 0800-1600, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- Swim Clinic, 1600-1800, Indoor Pool, hosted by Outdoor Recreation
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

## SATURDAY 11

- Lifeguard Certification Class, Indoor Pool, hosted by Outdoor Recreation
- Valentine's Chocolate Desserts, Dakota Inn Dining Facility
- Mad Science Party, 1300, Minot AFB Library
- Youth Bowling League, 1400, Rough Rider Lanes

## SUNDAY 05

- Zumba, 1400, Fitness Center

## MONDAY 06

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP Overview, 0800-1600, M&FRC
- Cycle, 0900, Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Swerk, 1730, Fitness Center

## THURSDAY 09

- Lifeguard Certification Class, Indoor Pool, hosted by Outdoor Recreation
- TAP (DoL) — Employment Workshop, 0800-1600, M&FRC
- Short Notice Pre-Separation Counseling, 0830, M&FRC
- Family Zumba, 1000, Turf, hosted by Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Family Bootcamp, 1330, Turf, hosted by Fitness Center
- Extramural Bowling, 1730, Rough Rider Lanes

## FEB. SPECIALS

**Bomber Bistro • Spaghetti & Meatballs**  
Meatballs and a classic marinara sauce combine with Italian seasoning and parmesan cheese. A slice of garlic bread is included.

**The B-Fifty Brew • Bacon, Egg, & Cheese Bagel**  
Just what it sounds like!

**Rockers Bar & Grill • Rockin' Chicken Sandwich**  
Original flame-broiled chicken breast served with lettuce, tomato, & pickles.



**Swim Clinic**  
at the Indoor Pool inside the Fitness Center

Feb 8th • 4pm - 6pm  
Register by Feb 7th at Outdoor Rec

Get evaluated for swim classes with a swim test!

Open to ages 6 months & up

Meet the instructors & see our indoor facility!

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**Dinner & Movie Date Night**  
Bomber Bistro

February 14th

Join us for funny movies & date night deals!  
Movies start at 4pm inside ESC theater room!

\$25 for 1 lg heart-shaped pizza, 1 slice cheesecake, & 2 fountain drinks

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MONDAY - THURSDAY: 11AM - 1AM  
FRIDAY - SATURDAY: 11AM - 2AM  
SUNDAY: CLOSED

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