

northern sentry

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U.S. Air Force Staff Sgt. Nicholas Thompson, 5th Security Forces Squadron (SFS) response team leader (right), and Airman 1st Class Cedric Amoranto, 5th SFS defender, pose for a portrait at Minot Air Force Base, North Dakota. Thompson was awarded the Air And Space Achievement Medal at Minot Air Force Base, North Dakota, Feb. 10, 2023. Thompson was awarded the medal for taking heroic action that saved Amoranto's life. More on the events of that day and the recent award presentation can be found on page A3.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM



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Airmen of GT: 791 MMXS Airmen participate in GT 245

SENIOR AIRMAN EVAN LICHTENHAN, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, ND

The Airmen who perform the vital mission of ensuring intercontinental ballistic missiles meet operational standards are some of the most skillfully trained and dedicated personnel in the Air Force. Late last year, a crew of these Airmen from the 791st Missile Maintenance Squadron pulled an unarmed Minuteman III ICBM out of a secure launch facility near Minot AFB to participate in a regularly-scheduled operational test launch.

The launch, scheduled for Feb. 10, marked the first OTL, or “glory trip,” of 2023. There are typically three to four OTLs scheduled throughout the calendar year, each requiring 10 to 12 months of preparation.

“When we have a test launch coming up, a directorate under the U.S. Air Force Nuclear Weapons Center will randomly select which missile from which site they want to test,” explained U.S. Air Force Capt. Johnathan Quinlan, 791st MMXS director of operations.

The randomly-selected missile is then securely transported to Vandenberg Space Force Base,

California, where a joint team of U.S. Air Force Global Strike Command Airmen prepare and execute the test launch. Not only do glory trips verify the operational readiness of the Minuteman III in as near to an operational environment as possible during peacetime, they also give missile operations teams a rare opportunity to see their hard work pay off.

“It’s a great opportunity for the teams to go down there and get that experience of watching what they’ve worked on fly,” said Quinlan. “Aircraft maintainers get to see that every day; they fix something up and they get the satisfaction of seeing it take off. But an ICBM maintainer fixes it and then it stays where it is, so sending a team down there is a great opportunity for them to see their handiwork in action.”

Airmen assigned to the 791st MMXS consistently prove their mettle not only by handling one of the Defense Department’s most sensitive missions, but by doing so in one of the harshest and most austere environments in the contiguous U.S. For them, seeing firsthand how their work contributes to the accomplishment

of a larger mission can be a deeply rewarding experience.

“The Airmen on the missile operations team really enjoy the glory trips,” said U.S. Air Force 1st Lt. Miguel De Leon, 740th Missile Squadron mission lead crew commander. “It’s a different experience than we get at the missile wings. We’ve been able to integrate with the maintenance teams, which has been important in further understanding each other’s experiences and learning about how the mission gets done.”

OTLs like this are performed to demonstrate the readiness of U.S. nuclear forces and provide confidence in the lethality and effectiveness of the nation’s nuclear deterrent. The Airmen of the 791st MMXS have a direct impact on the nation’s security and readiness to defend the freedoms it holds dear.

“You want to make sure what we’re doing here works,” said Quinlan. “And that’s the best way to test it.”

See page B8 for more on the recent unarmed Minuteman III intercontinental ballistic missile launch.



U.S. Airmen from the 791st Missile Maintenance Squadron (MMXS) pose for a photographer at Vandenberg Space Force Base, California. The 791st MMXS Airmen help ensure the Minute Man III meets operational standards.

COURTESY PHOTO

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An Average Day

AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

It was a winter day like any other at Minot AFB: cold, snowing and rife with ice covering roads and walkways. U.S. Air Force Staff Sgt. Nicholas Thompson, 5th Security Forces Squadron response team leader, was starting his afternoon shift after a cozy morning at home.

"I got up to let the dogs out, read my book, showered and arrived at guard mount to start my work day," said Thompson.



U.S. Air Force Staff Sgt. Nicholas Thompson, 5th Security Forces Squadron response team leader, checks the identification of personnel coming through a security checkpoint at Minot Air Force Base, North Dakota, Feb. 2, 2023. Entry controllers ensure the safety of the people, property and resources on every Air Force base.

"It felt like it'd be a pretty average day."

Thompson arrived at the Magic City Gate to begin his shift. To prepare for the upcoming rush of people leaving work, Thompson asked Airman 1st Class Cedric Amoranto, 5th Bomb Wing Security Forces defender, to device the pavement leading to the gate. Amoranto attempted to open a new bucket of salt, but the lid was stuck tight. Thompson handed over his utility knife and went back to working the gate while Amoranto attempted once more to open the container.

Thompson was five minutes into the shift and had checked two cars through the gate when he heard a loud hollow thud followed by eerie silence. Instinctively, Thompson rushed to where the sound was heard. Outside the security room's door was Amoranto, gripping his pinky.

"Only a paper cut," thought Thompson. "Let me see it," he said as he instructed Amoranto to raise his arm above his heart so he could inspect the wound.

He had a small superficial cut on his pinky but Thompson also noticed blood beginning to soak Amoranto's sleeve. Upon further inspection he had a deeper cut further up his forearm that Amoranto hadn't felt. An artery had been cut and blood was spurting almost a foot in front of him onto the snow covered concrete.

Being a former Self Aid Buddy Care instructor and having attended multiple Tactical Combat Casualty Care classes, Thompson

felt prepared to help Amoranto.

"God forbid anyone would have to use these skills but at that moment, you are glad to have that medical training," said Thompson. "Where we work accidents can happen anywhere and at the flip of a coin. It's best to be prepared."

Using all of his past knowledge, Thompson pulled out his tourniquet and applied it six inches above Amoranto's wound. He quickly tightened the device around his forearm as another Airman contacted emergency services.

"I'm not sure how long I was rendering aid, but within a minute I had applied pressure and put on a tourniquet," said Thompson. "I was not going to stop till first responders arrived."

First responders' response time was slower than average that day due to unfavorable road conditions. Once emergency medical technicians arrived on scene, they took over and were able to transport the injured Airman to the hospital for treatment.

"When I arrived at the hospital the doctor told me I would have bled out in three minutes if it weren't for Thompson quickly applying the tourniquet," said Amoranto.

Because of his flawless response and ability to react effectively to the emergency, Thompson was awarded The Air And Space Achievement Medal and members of Team Minot can look forward to seeing Amoranto greet them at the front gate.



U.S. Air Force Staff Sgt. Nicholas Thompson, 5th Security Forces Squadron response team leader (right), is awarded the Air And Space Achievement Medal at Minot Air Force Base, North Dakota, Feb. 10, 2023. Thompson was awarded the medal for taking heroic action that saved a fellow Airman's life.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM

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MINOT AIR FORCE BASE NEWSPAPER
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The Pace Never Lets Up

Soon enough, the 2023 Nuclear Surety Inspection at Minot AFB will be over. We have been hearing about preparation for the Nuclear Surety Inspection in our Military Affairs Committee meetings. From what we hear in those short briefings, a lot of time and effort has gone into getting ready for the NSI, and Team Minot will be eager to hear about the results. I guess it may be with a bit of swagger that we say, "we are confident that Minot AFB got through the NSI!"

But that's not all that has kept MAFB on a torrid pace. Just returning from Juniper Oak was the 69th Bomb Squadron. Stories and photos of Juniper Oak were featured in the Northern Sentry.

Members of the 91st Missile Wing were at Vandenberg Space Force Base, California, and were able to share photos of the operational test launching of an unarmed Minuteman III ICBM. The launch is also available on YouTube and social media channels. As always, it gives you the vision of nuclear deterrence at its finest.

What the last month has once again shown us is the pace that the men and women of Minot Air Force Base maintain, 24/7. Had there been challenges such as frigid temperatures or blizzard conditions, the pace still would have been maintained. It is simply amazing. Congratulations to both the 5th Bomb Wing and the 91st MW. Only The Best Come North!

WINTER IS NOT OVER

With the long weekend coming up, make sure to enjoy the winter activities that are still available. Even though we have experienced warmer temperatures in Minot, north of us in the Turtle Mountains and Lake Metigoshe area it is always a bit cooler, and the blanket of snow remains for skiing at Bottineau Winter Park, or for snowshoeing and cross country skiing at Lake Metigoshe Park, and a trip to the North Unit of Theodore Roosevelt National Park near Watford City is certainly worth your time.

Do I want a repeat of last year's April snowstorm? Well probably not. But Mother Nature has the last word. I have enjoyed the moderate temperatures (for the



**A VIEW FROM
OUR SIDE**
ROD WILSON



end of January and beginning of February), and hope they continue.

BEST KEPT SECRETS

Well, it really isn't a secret, but like every other arts group in the city, The Heritage Singers, a male chorus of around 40 members, had to put their performance season on hiatus during COVID. One of the Heritage Singers' most popular events is their annual Variety Show. It an evening of food, fun, comedy, music, and camaraderie. After three years, the Variety Show

returns. There are six performances at The Barn at 52 Pines. The dates are February 16-18, and 23-25. For more information on tickets, call the Minot Area Council of the Arts at (701) 852-2787. This is guaranteed to be a great evening that you won't want to miss.

TODAY'S CHUCKLE

Why do people say "break a leg" when you go on stage? Because every play has a cast.



A throw back to the last Heritage Singers' Variety Show.

THE HERITAGE SINGERS OF MINOT PHOTO

A Snowman in Sunshine



SLICE OF LIFE
KIM FUNDINGSLAND

KEY LARGO, FLORIDA -- I'll admit it's a goofy concept, at least that's one perfectly acceptable way of looking at it. I'm talking about a North Dakotan going to the Sunshine State and completely covering up in opposition to it. Yup. Goofy.



The author with a "legendary" barracuda.

Wait now. If a fair-skinned Norwegian from North Dakota doesn't cover up in the Florida sun the result will be a blistered, red mess of a person. That's a proven fact. I know. Sad fact is, I've already proved it.

There's a few other things a displaced North Dakotan will find in Florida too, like chickens running around a grocery store parking lot. True. The photograph below proves it. There's some very non-North Dakota-like about chickens and iguanas sharing the same space too. Goofy, but oddly wonderful and entertaining. Very Florida-like.



Chickens roaming freely in a grocery store parking lot.

My trips to Florida center around my passion for fishing.



Covering up from the very sun I traveled many miles to enjoy.

SUBMITTED PHOTOS

I'm blessed with friend who has a home in the Keys and is a lifelong dedicated fisherman who, somehow, endures my company. He refers to me as "The Legend," a well-deserved title, revered even. Others hold my lofty title in high regard. That is, until it becomes clear my legendary feats with a fishing rod come more frequently from the wrong side of the spectrum of success.

In my defense, I must point out that I have learned while fishing with good friends that it is but a few "minor" miscues

that are remembered rather than my numerous sparkling achievements. Despite promises of "what happens in the boat, stays in the boat," tales less than flattering of my prowess are carelessly passed along to children and grandchildren without stint or measure.

Do not worry, dear reader, for no lasting hurt is inflicted. All is in fun. I think anyway. At least I no longer get sunburned.



TIMOTHY TIMM

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

The Flying Saucer Phenomenon...



UPSIDE DOWN UNDER
MARVIN BAKER

way, even if he'd seen a coyote or porcupine.

The man looked out the door to see why the dog was so wound up and he saw a lime-green light in the sky over his house near Hazen. He couldn't explain it, but he watched it for several minutes and poof, it disappeared.

Still another story comes from an elderly lady who was a child near Kenmare when her family saw a UFO while driving down a gravel road in the 1950s. She said her father took notes of the experience, but tried to keep the children calm.

As she described it, this object was hovering above the road ahead of the car not more than 30 feet and kept pace with their sedan as it drove down the road. And, like in the previous case, after about 5 minutes, the object simply disappeared.

Since the missile fields were established across the northern tier of North Dakota, numerous people, who were teenagers in the late '60s and well into the '70s, reported going to UFO parties. They gathered outside of town, away from city lights and watched the sky for unusual activity. Weird things were seen but not explained.

There have been some high profile cases coming out of both the Minot and Grand Forks Air Force bases over the years as well. In one of those cases, fighter jets were scrambled from Minot AFB to chase a UFO away from air space over Bismarck.

This case was documented in Reader's Digest magazine.

And let's not forget Project Blue Book, an Air Force program that was formed to positively identify unidentified flying objects. Thus, if you don't believe the elderly people from earlier, here the Air Force has admitted UFOs exist or existed.

These stories keep popping up from time to time. And honestly, I'd like to hear more of them. I will always keep names and exact locations confidential because I think the phenomenon itself is much more relevant than the who and the what.

In connecting these dots, it's obvious to me that parts of North Dakota have been a hot bed for UFO activity. Maybe not in recent years, but in the past 50 years, oh yes!

These stories about flying saucers just don't seem to go away. People continue to talk about seeing them or evidence of them all over North Dakota.

Numerous people continue to tell me about their experiences with UFOs. They tell me in confidence because they don't want to be ridiculed. The thing is, these people, many of them in their 70s and 80s, have seen some strange things in the sky, or bizarre evidence that UFOs landed.

I've covered this topic from time to time. Several years ago information about UFOs was declassified and as it turned out, a Border Patrol agent at Donnybrook saw a UFO on his way to work and made drawings of it.

Others are farmers and farm wives, who in my opinion, are just as credible as a Border Patrol agent, except that he produced tangible proof of what he saw.

Most others have their memory. But, as psychologists tell us, our brains have a way of remembering trauma, no matter how long ago may have been.

Case in point, I was visiting with an elderly couple just last week and they were telling me they discovered a burn mark in their Mountrail County pasture sometime in 1977 that was perfectly round. And, it had smaller spots, presumably where its "feet" were positioned.

The grass was fried to a crackly crunch inside the circle and the couple told me that nothing, not even the hardiest weeds, grew there for seven years.

Another situation is when a man in his 70s as about to take a bath when he heard his dog growling loudly outside a sliding glass door. He said the dog never growled that

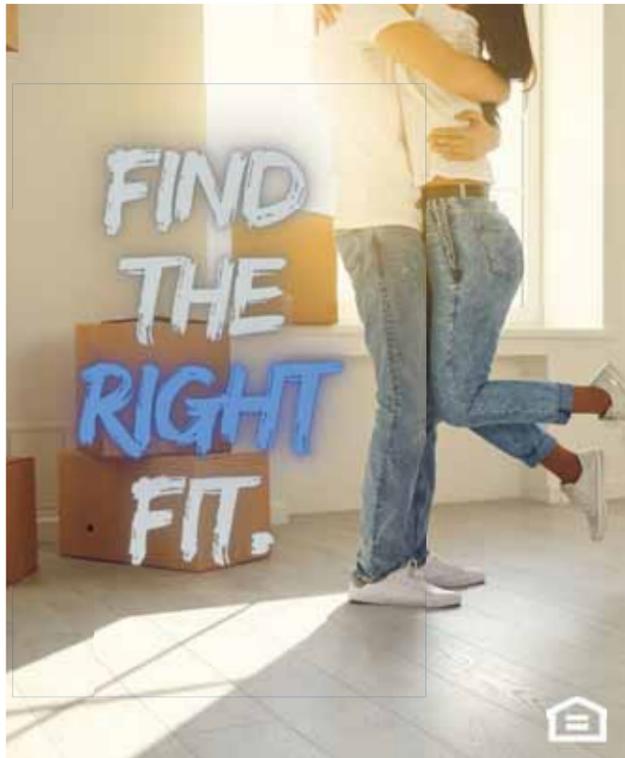


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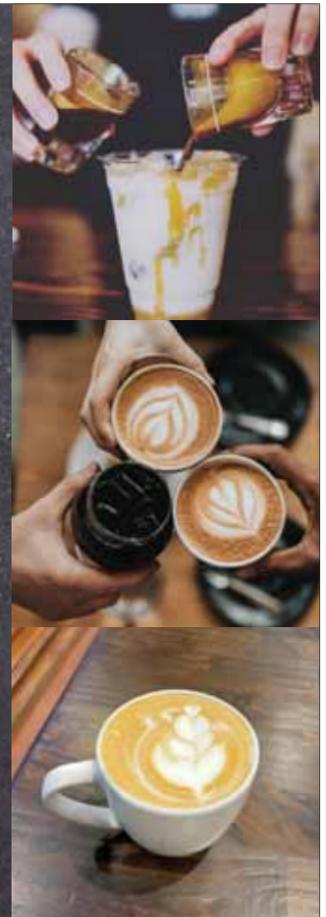
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Generals Grow from Minot AFB

ERIN BEENE, NORTHERN SENTRY

With double the amount of Wing Commanders on this base compared to most Air Force bases, Minot therefore has two times the chance of seeing those “full bird” Colonels move on to the illustrious rank of General. Over the past decade, MAFB has had several previous wing commanders, either on the 5th Bomb Wing or 91st Missile Wing side, promoted after their tour in Minot.

The latest AF Colonels to make General are MAFB’s most recent former Wing Commanders, Col. Michael Walters and Col. Christopher Menuey, who were both at Minot AFB from 2020-2022. According to the U.S. Department of Defense and the General Officer Announcements released on Jan 25, 2023, “Col. Menuey is currently serving as the director, Commander’s Action Group, Headquarters U.S. Strategic Command, Offutt Air Force Base, Nebraska, and Col. Walters is currently serving as the assistant deputy director, Operations, J35, Joint Staff, Pentagon, Washington, D.C.”

According to the Congressional Research Service: Defense Primer: Military Officers, (<https://sgp.fas.org/crs/natsec/IF10685.pdf>) the General Officer ranks make up just under 0.4% of the Officer Corps. And as of September 2022, there were only 126 Brigadier Generals in the U.S Air Force, making it a very exclusive bunch.

In the last decade, several other previous MAFB Wing Commanders have gone on to

make General including Brigadier General Glenn Harris (91 MW CC 2018-2020), Brigadier General Colin Conner (91 MW CC 2016-2018), Maj. General Michael

Lutton (91 MW CC 2014-2016), Lieutenant General James Dawkins Jr. (5 BW CC 2011-2013) and Maj. General Jason R. Armagost (5 BW CC 2014-2016).



Previous 5BW CC, Col. Walters will pin on the rank of Brigadier General later this year.



Announced last month, former 91MW CC Col. Menuey will become a Brigadier General.

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All About Pets

Helping strays in the cold



Photo courtesy of Cole and Marmalade

As the chilly weather sets in, the need for proper care and quick action for stray animals is of the utmost importance, especially here in North Dakota. So what can you do if you find a stray animal during the winter?

- Call your local shelter: There are a few shelters in the Minot area who can guide you through the challenge of finding a stray animal. Souris Valley Animal Shelter (701-852-6133), Hairball Haven Feline Rescue (hairballhavenfr@gmail.com), or For Belle’s Sake (701-300-8182) may be able to offer you tips on how to catch or care for a stray. If the animal is a lost pet, they may even be able to help you find the owner!
- Bang on the hood of your car: This is something we hear a lot when winter time rolls around. Some feral cats will seek warmth and shelter in the nooks and crannies of your car as it gets colder, so banging on your car can give them time to move to a safer location before it starts up.
- Provide shelter: If you are willing or able, you can provide shelter and at home care for a stray animal until you are able to find a place for it. If you can lure it into your home or garage (treats and food are the best lures), you give the animal a safe place to rest and warm up until you are able to see a veterinarian or contact a shelter. If you want to help but don’t want to bring strays into your home, you can also provide makeshift shelters for them that you can leave on your porch, in

your driveway, or anywhere else a stray might come. You can DIY shelters using plastic bins that contain blankets, food, water, and some type of insulation.

- Provide sustenance: At the very least, you can also provide food and water to a stray animal. If you are able to keep water in an environment where it will not freeze, this is ideal for below-freezing temperatures.
- Be careful: Carefully handling stray animals is important any time of year. Some animals will be more comfortable around humans than others, so keep an eye out for uncomfortable or aggressive body language to keep yourself safe. If you do not feel comfortable approaching a nervous or aggressive animal, call a local shelter to notify them of the stray and either stay nearby or let them know the location of the sighting. You can also contact Minot’s Animal Control. Stray animals may also carry diseases that you do not want to bring home to your own pet. This is where it may be a good idea to keep them in the garage for safety until you are able to have them checked out by a veterinarian. It takes a caring heart to take care of stray animals, especially in winter conditions. Whether you catch and bring one into your home for care, provide outdoor shelter, or even just make a phone call to someone who is able to help, you are doing a great service to the lost and wandering animals in Minot.

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A Hard Place to Leave

ROD WILSON, NORTHERN SENTRY

Not all of us have lived in a location that we find undesirable. But if you have, you may have borrowed a quote from a song by Mac Davis that talks about “happiness seeing Lubbock in your rear view mirror.” It may be true that heading south because you can’t go north is going toward warmer weather, more urban surroundings, and being a little closer to home.

But for SrA Jessica Ramsay, her soon to be transfer from Minot is quite the opposite. For Jessica, seeing Minot in her rear-view mirror is going to be difficult, as she “really loves Minot.” You may have heard Jessica’s name mentioned in recent news stories as being one of only two Airmen recommended by General Anthony Cotton to attend the very prestigious Senior Leader Enlisted Commissioning Program for enlisted Airmen. If you want to read the whole story of her elevation to the SLECP-A program, go online and check out the February 3rd edition of the Northern Sentry. It truly is an honor to be selected and we certainly wish Jessica the best in her future career.

But now back to the “rest of the story,” as Paul Harvey would say. Jessica is from South Africa, and when she was younger her family moved to Australia and then the United States. “When I moved to the U.S., I was in Connecticut,” according to Jessica. Her accent definitely retains the sounds of Australian and South African.

It was in July of 2020 that SrA Ramsay arrived in Minot, and her assignment here is a whole other story. A friend of mine and a very active Minot AFB supporter, Bruce Christianson, was beaming with joy at a recent Honorary Commander

event when he described Jessica’s appointment to me, and he shared that Jessica was a guest at the Christianson house for many special events. How might that happen, you ask? Well according to Jessica, her neighbor in Connecticut was U.S. Air Force retired Colonel Mohler, who was assigned to Minot twice, once as the Vice Commander of the 5th Bomb Wing. It was he who enticed Jessica into joining the Air Force when she was having difficulty acquiring enough financial aid to attend college. Mohler was a good friend of Jessica’s parents



and Bruce Christianson, so when Jessica eventually was assigned to Minot AFB it was natural for them all to connect and make sure that Jessica’s assignment to Minot would indeed be a positive experience. According to Jessica it has definitely been a positive assignment.

Before, her dreams of being in the diplomatic corps and living in different countries around the world were not possible because of her challenges in attending college. Dreams of being an officer in Air Force were not possible because she was not yet (although she is now) a U.S. citizen. Jessica

says, “I enlisted because it was still what I wanted to do.”

Her career took a bit of another turn when she received her first orders to Maxwell Air Force Base where her tech school for being a paralegal was. “So, I swapped orders, and the only person who would swap orders with me had Minot.” Jessica continues, “I really wanted to come here because I thought it would be a part of the country that I would never have the opportunity to see. It was a risk I wanted to take to expand my career horizon. It really has paid off. I’ve worked hard here. It has been so rewarding, and it has opened my eyes as to what national security is really about, particularly in the nuclear domain.”

So, when asked about her time in Minot, Jessica is quick to talk about all of the positive experiences of her time in Minot like “seeing the Northern Lights and going to every place on a bucket list that North Dakota has.” She says, “I like to jump in my car with a friend and go witness something new. I got to get to Yellowstone this summer. [This is] a great part of the country because we have access to places like that.”

She continues, “Minot has been the best thing that has ever happened to me in my life because it forced me to grow up a lot. I came here as an 18 year old, and now I am leaving here with a very positive career path and amazing opportunities.”

It’s interesting to hear Jessica talk about how much of a challenge the cold is. “You kind of have bragging rights. People talk about how cold it is, but that gives me an opportunity to tell them about what we are doing here. Other bases shut down because of weather, but up here we see it



U.S. Air Force Senior Airman Jessica Ramsay, 5th Bomb Wing Legal Office civil law paralegal, poses for a portrait at Minot Air Force Base, North Dakota, Jan. 24, 2023. She was one of two Airmen selected by Gen. Anthony J. Cotton, the previous commander of Air Force Global Strike Command, for a spot in the Senior Leader Enlisted Commissioning Program.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALEXANDER NOTTINGHAM

as a challenge to keep going and have an opportunity to succeed.”

As for activities, Jessica says, “I’ve tried just about everything here. My office even had a curling team.”

Jessica feels that the community of Minot takes care of the Airmen at Minot Air Force Base.

When asked, Jessica turns the table a bit about changing things about Minot. “If I could change one thing in Minot it would be the perception, because when people say certain things about Minot and discredit it, it’s from people who have never even been here. They’ve never been here and haven’t experienced a Minot summer. I’ve never experienced days when the sun sets at 11 o’clock at night... it’s amazing, and then the Northern

Lights come out. You drive to Antler, North Dakota, to these very small town restaurants and you look up at the sky and see the Northern Lights. If people would talk about those things, they would be more excited and more willing to embark on the challenge that it is to be stationed here and enjoy it, because I think most people do enjoy it when they get here. We have the opportunity to see the Northern Lights because we don’t have the lights and commotion of the city. Where else can you go and see and appreciate nothingness? It’s stark beauty. It’s only a small part of your life being stationed here, so you may as well appreciate the beauty for what it is. It’s incredible.”

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The "Best Of MAFB" is up to YOU!

ERIN BEENE, NORTHERN SENTRY

What makes something "The Best"? Is it the service, the attitude, the work ethic? You get to decide! The Northern Sentry is kicking off the brand new Best Of Minot AFB Awards. We want to highlight the places that the Minot AF base community treasures, but we need your input to find out which places truly are the BEST!

We know the Air Force has lots of awards, but these awards are based on the popular vote. We want to show off the "Best Of" the area and have some fun too! The winners of the photo category will receive front page billing on the Northern Sentry! So brag a little on your squadron, favorite restaurant or activity and nominate them today for the Northern Sentry's "Best Of" Awards!

At the end of March, we will announce the winners in each

category and give out prizes too! But for now, we are open for nominations. Categories will be available for open voting in about two weeks. Check out the categories below, go to the Northern Sentry website and nominate your favorite restaurant, activity or hang out!

- Best Squadron (photo) in the 91 Missile Wing
- Best Squadron (photo) in the 5 Bomb Wing
- Best Local Restaurant
- Best Local Activity/Recreation for Families
- Best Local Activity/Recreation for Adults
- Best Place to Go on Base (Restaurant/Hang Out)
- Best School On or Off Base

**All photos are subject to approval from the MAFB Public Affairs Office.*



We are looking for a dynamic squadron photo that represents what your unit is all about visually! Send us a photo of your unit working hard, or doing something awesome for a chance to be featured on the front page of the Northern Sentry to get your squadron the recognition it deserves!

Additionally, do you have a favorite hang out on base or a favorite restaurant in town? Nominate them for the Northern Sentry's 'Best Of' Awards too!

OPEN VOTING WILL BEGIN MARCH 1, SO GET THOSE NOMINATIONS IN TODAY!



TRAEGER POTATOES AU GRATIN



- INGREDIENTS**
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 - 1/2 CUP WHOLE MILK
 - 2 TABLESPOON FLOUR
 - 4 CLOVE GARLIC, MINCED
 - 1 TEASPOON SALT
 - TO TASTE FRESHLY GROUND BLACK PEPPER
 - 2 TABLESPOON BUTTER, SOFTENED
 - 4 WHOLE RUSSET POTATOES, CLEANED
 - 1 CUP GRATED SHARP CHEDDAR CHEESE

When ready to cook, set Traeger temperature to 500° F and preheat, lid closed for 15 minutes.

In a bowl, whisk together heavy cream, milk, flour, minced garlic, salt and freshly ground black pepper to taste.

Slice potatoes thinly and as uniformly as possible. Smear softened butter all over the bottom of a baking dish. Place 1/3 of the potatoes in the bottom of the baking dish. Pour 1/3 of the cream mixture over the potatoes. Repeat this two more times, ending with the cream mixture.

Cover with foil and bake on the Traeger for 30 minutes.

Remove foil and bake for another 20 minutes, or until potatoes are golden brown and bubbling. Add the grated cheese to the top of the potatoes and bake for 3 to 5 more minutes, until cheese is melted. Enjoy!



Ryan Davy - GM Minot

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Helping Airmen and their Families Transition to their New Homes

NOTES ON BEING SAFE

COMPLACENCY, THE SILENT KILLER



SSGT JOE VERGARA
5TH BOMB WING
NCOIC OCCUPATIONAL SAFETY



Every day in the United States on the average, 15 workers lose their lives as a result of injuries or illnesses related to their work. When you add the figures that's over 5400 people a year. Unfortunately these people leave behind families, friends, and co-workers.

Recently there are more and more "mishaps" that come across my desk dealing with everything from damaged or lost tools and equipment, Damage to Government vehicles due to inattention, dressing inadequately for the cold weather conditions, this list can go on and on... I think you understand the point. Airmen at levels need to fine tune the skills we have been trained and imbedded to our thought processes and way of thinking.

So what is the point am I driving home? Complacency! When it comes to safety, complacency is deadly. If you come to work in an environment that has dangers, you can't afford to let your guard down, you can't relax. If you become comfortable in hazardous areas, your lax attitude will end up getting people hurt. Or worse, it gets you hurt. We can fall into the mindset, "I went to work and nothing happened, nothing happened last week and nothing dangerous happened last month." This allows you to let your guard down. We all need to remind ourselves we're working in a dangerous environment and we need to be alert.

All of us, no matter where you work, or what your job is, need to create a culture within our own organization, and remind everyone that complacency is a treacherous thing - it's a killer. Supervision at all levels needs to find ways to stimulate employees' interest in finding ways to make safety improvements.

We all need to create motivation for a positive change in the organization by believing it's possible to achieve zero mishaps or incidents and communicating that belief to all employees. All of us, by raising our right hand have an obligation to show employees the relevance of working safe to their jobs, careers, and, most importantly,

their families. This will create an atmosphere where everyone at every level in the organization will increase their commitment and their contribution in making the workplace mishap or incident free.

Yes, I understand all of are busy we have tight schedules and deadlines to meet, but we also need to take a step backwards, think of your thought processes, take a "one more time" look around your surrounding and ask yourself "Did I leave anything behind? Are all my tools and equipment accounted for? Did I remember to do that last check before we left the building? Are all the documents properly signed off and reviewed?, am I properly dressed for the outdoor temperatures?" Never forget where you are. If you work in a dangerous

fast paced environment, remember that I'm not asking you to live your life dreading every moment at work. What I am asking each and every one of us is to follow proper procedures at work, and think ahead of what elements await us that can possibly kill us. Think of your surroundings, identify the slightest detail.

In closing, please remember complacency is an ever present danger. When a person becomes complacent their stress level for the task decreases, and consequently, so does their performance. A greater stimulus will be required in order to obtain a response. Let's all take a deep breath and a step back... your life and the life of others may depend on it.

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A LOOK BACK THIS WEEK IN USAF HISTORY

FIRST TEST SATELLITE OF USAF NAVSTAR GPS IS LAUNCHED INTO ORBIT
FEBRUARY 22, 1978



NAVSTAR 1 was the first GPS satellite launched from Vandenberg AFB, California. (USAF Photo)

On February 22, 1978, the United States Air Force launched its first Global Positioning System satellite into orbit. Known as NAVSTAR 1 or OPS 5111, the satellite was launched at 23:44 Coordinated Universal Time from Vandenberg AFB, California, and was the first of eleven test satellites that would be launched in the coming years. The Block I satellites were a precursor to the modern GPS constellation that provides accurate 3D location, velocity, and time information.

Originally, GPS was envisioned as a military system, but over the years it has evolved to have a variety of uses for not only the military, but millions

of civilians nationwide. NAVSTAR 1 was retired from service on July 17, 1985, and the Block I satellites were replaced with fully operational Block II satellites, many of which are still operational today.

Information courtesy of: pacaf.af.mil / afspc.af.mil / nssdc.gsfc.nasa.gov

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- CIV CAT I – Ms. Dottie Zablotney (not pictured)
- NAF CAT II – Ms. Julie Reiten
- 4th Qtr NAF I – Mr. Taylor (not pictured)
- 4th Qtr NAF CAT II – Mr. Sanders
- Airmen OTY - SrA Salita
- NCO OTY – TSgt Gray (not pictured)
- SNCO OTY – SMSgt Thompson
- CGO OTY – Capt Dollarhide
- 4th Qtr CIV CAT II – Mr. Cormier (not pictured)

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GEN. THOMAS A. BUSSIERE
Air Force Global Strike Command
Commander

AFGSC leadership address questions from the field on missile base health concerns

AIR FORCE GLOBAL STRIKE PUBLIC AFFAIRS, AIR FORCE GLOBAL STRIKE COMMAND

Q: Will the study include current missileers?

A: (Col. Williams, AFGSC Surgeon General) Studies are either retrospective, current or prospective. If current members are involved or need to be available, we will work with members for availability. Past studies didn't have access to members so there were challenges with data. There are study protocols in place to protect individuals and their health information. We will ensure we protect our Airmen if and when they may be involved in a study.

Q: Are you going to look at those Airmen who were pregnant when on duty in the missile enterprise?

A: (Col. Williams, AFGSC Surgeon General) Great question, don't know right now, we will see what is possible and we will get back to you with a better answer.

Q: Are there any reports from any other missile wings (besides Malmstrom)?

A: (Col. Williams, AFGSC Surgeon General) There is information out there that are lists, but not official registries like the VA Cancer Registry, for example. We need to look more and broader and deeper, this is evolving. Listings that may be out there are not all-inclusive and are

not official, but we will look for a study or studies that is or are more comprehensive and this will also be part of our analysis.

Q: Are we engaging with outside organizations like the Association of AF Missileers, for example?

A: (Gen. Bussiere) I received good feedback this weekend from the AAFM based on my message that went out in the media, so I'm happy the message is getting out. We are trying to be open and transparent and keep up with the speed of information with facts as we know them. We want to engage as far and wide with as many people, Airmen, former Airmen and families in the loop with information. We will continue to work to get information out to as many Airmen and family members possible but also our retirees and veterans and family members who served with them. We will continue to engage and are open to suggestions on how to reach other organizations, forums, groups or audiences.

Q: What sort of health care is available for an Airman who may be asymptotic?

A: (Col. Williams, AFGSC Surgeon General) Non-Hodgkin's Lymphoma is several different types of cancers under one umbrella term, so there's not one

screening procedure or test that's predictive. We encourage all Airmen or those with concerns to speak to their PCM. This is a one-on-one, case-by-case, individual situation vs. one blanket answer or approach. If you have symptoms like fever, fatigue, swollen lymph nodes you should see a provider. Our commander's toolkit lists potential symptoms of concern.

Q: Do you think this could be because of environmental impacts like PFOS, PFOA, or Air quality?

A: (Gen. Bussiere) We don't want to assume or discard that it has something to do with anything in particular (water, soil, air, launch capsule, facilities, etc.), we want to look at this holistically. This includes looking at the installation, environment, changes to operations and facilities, we want to look cumulatively.

Q: Can an Airman seek alternative healing methods? In other words, for Airmen or others who are diagnosed, are there going to be options for different healing modalities such as holistic, radiation, or other non-standard treatments?

A: (Col. Williams, AFGSC Surgeon General) The standard for care is based on the individual. However, we have adopted a lot of treatments in the past few years

with regard to different types of treatments. Individuals should talk to their PCM.

Q: Are there concerns about folks in the field now?

A: (Gen. Bussiere) While there are no indicators right now or data points to indicate an unsafe environment for our Airmen in the field, I take this concern very seriously. We are going to analyze the issue and will address any concerns, if there are issues, as we discover issues. We still have an obligation for our Nation's Defense. Any study should include all bases and all applicable AFSCs and ranks, but the bounding problem might be a bit different at each base or location; this is not a discreet issue.

Q: In encouraging Airmen to seek the advice and counsel of their care team, are you concerned about overwhelming our PCM teams and their ability to provide quality care to all Airmen and families in a timely manner?

A: (Gen. Bussiere and Col. Williams, AFGSC Surgeon General) Service members and their dependents that are concerned or have questions can always speak with their healthcare provider on personal risk factors and a healthcare plan. However,

BARKSDALE AIR FORCE BASE, LA. --

The Commander and Command Chief, Air Force Global Strike Command, held two virtual town halls on Jan. 30 with AFGSC leadership teams and Airmen from the nuclear enterprise to discuss concerns from Airmen about the "Malmstrom Initiative Slide Deck."

In that discussion a number of questions were put forth to Gen. Thomas A. Bussiere and Chief Master Sgt. Melvina A. Smith. They, along with the AFGSC Surgeon General, Col. Lee D. Williams, answered questions until there were no more questions from the field.

If any Airman – past or present, Guardian, family member has a question or concern, they are encouraged to speak to their medical provider or they can submit their question through the AFGSC Official Website at: <https://www.afgsc.af.mil/Contact-Us/> or via the Office of the Air Force Surgeon General at: <https://www.airforcemedicine.af.mil/Contact-Us/>. This article will be updated as new questions are received and answered.

Here are the questions and the answers from the two virtual town halls:

Q: Is this (study) limited to only the 341 MW or are the 90 MW and 91 MW also going to be part of this?

A: (Gen. Bussiere) My opening posture is that this is not limited, not specific to one base, to one AFSC, I am not binding myself to that; this is all bases, all ranks, all AFSCs, the entire spectrum – to include the environments; I want to look cumulatively at this vs. discretely, this problem set is much bigger than one unit, one AFSC, one location or any one factor. For the analysis, I've directed it be bound logic, that is disciplined, methodical and informed by judgement; I'm asking for smart people to open the aperture and make informed assessments as to how we can best evaluate this, to scope it and scale it; we may need to go outside AF sources and personnel for analytics, to get the right expertise, manpower/manning and technical expertise. Beyond looking at potential risks, exposures, and programs and we also already looked at the 2001 and 2005 studies.

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there is no screening test for NHL. There are currently only tests to diagnose NHL. I would encourage Airmen to engage their chain of command first, the commander's toolkit covers the basic areas of concerns and has answers to questions that should cover most of the areas of concern at a level of non-medical speak. If the toolkit can address questions, there is no need to rush to one's care team. Also, Airmen and family members do also need to know there is not one magic test or screening tool. However, it's important that patients are able to maintain trust with their care team.



COL LEE D. WILLIAMES
Air Force Global Strike Command
Surgeon General

Q: Is there a test one person can take to get screened?

A: (Col Williames, AFGSC Surgeon General) There's no screening test that is predictive for someone who is asymptomatic for Non-Hodgkin Lymphoma. We recommend any Airman, past or present, or family member with concerns have a one-on-one discussion with your provider or care team.

Q: For those that could not attend today, what do you want to pass along?

A: (Gen Bussiere) There is no indication you are operating in

an unsafe work environment. While everything we do in the Department of Defense is inherently dangerous, we owe it to our Airmen and their families to know that we take things very seriously and will address any issues as they arise. We also still have an obligation to maintain the foundational defense of our Nation and our allies through nuclear strategic deterrence, but we are just as passionate about this as you are and we will share whatever we can.



TIPS BEFORE BUYING NEW TIRES

Though vehicles can't function without them, tires are something few drivers think about until something goes wrong. A roadside flat tire or a tire rotation recommendation from a mechanic during a routine oil change appointment may be the only time many drivers give much thought to their tires. That no doubt leads to some confusion about what to do when tires inevitably need to be replaced.

The automotive resource Kelley Blue Book notes that the life expectancy of most tires falls between 25,000 and 50,000 miles. That's a big gap, and car owners can check their vehicle manuals to see if their vehicle manufacturer recommends a more specific replacement interval. It's worth noting that mileage is not the only barometer drivers should use to determine if they need to buy new tires. The following tips can help drivers determine if now is the time to outfit their vehicle with new tires.

• Measure the tread. KBB notes that a tire assessment should always include measuring the amount of remaining tread. Drivers can do this on their own in various ways. One method involves looking at the tread wear bars, which are little bridges in the grooves between the ridges. If the bars are even with the tread pattern, then the tire has very little tread remaining and must be replaced. The penny or quarter test is a popular way to determine if tires must be replaced. Insert

a penny or quarter into the center of the tread between two ridges with Lincoln's or Washington's head facing you. If you can see the very top of the head or the space above the head, the tire must be replaced. If only a little bit of hair is visible, then the tire is nearing its end. The tire has sufficient remaining tread if the some of the forehead is concealed.

• Check for other signs of wear and tear. Little remaining tread is not the only sign tires must be replaced. Tires with cracked sidewalls, discoloration and/or bulging need to be replaced.

• Confirm a larger issue isn't lurking. Uneven wear on tires is typically a byproduct of a larger issue. Though tires that have worn unevenly will need to be replaced, replacing them without correcting the larger issue will only lead to more uneven wear on the new tires. That's a costly mistake. KBB notes that poor wheel alignment or suspension issues are typically to blame for uneven wear. This issue can be fixed and should be addressed prior to purchasing a new set of tires.

Tires sometimes exhibit telltale signs that they need to be replaced. Before buying replacement tires, drivers can inspect their existing ones and ask their mechanic to confirm that a larger issue isn't affecting their performance.



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Summer Camping: NDSP Booking Window Opens

ERIN BEENE, NORTHERN SENTRY

The energy is in the air. The daylight is making itself known longer and longer. The home stretch is approaching. Feel it. Say it. Winter is coming to a close, well sort of. Even though it is officially winter for another month, and the cold is likely here for months after that, there is a glimpse of summer that happens around mid-to-late February every year in North Dakota.

What is it? North Dakota State Park camping RESERVATION season opens! This state prides itself on the beautiful and well-maintained state parks. The lakes, rivers, and miles of star studded skies fill the hearts of North Dakotans and visitors alike. But, with this summer North Dakota luxury also comes a stiff competition for camping reservations. The 95-day reservations calendar put out by the North Dakota Parks and Recreation Department can be found bookmarked and printed as a holy document amongst some committed seasoned North Dakotan campers. It details to the prospective camper on what date they can expect to make a camping reservation for their summer outdoor adventure. And spots fill up fast.

Reservations are open exactly 95-days before the camping date, and since state parks open around Memorial Day each year, the start of reservation season will open soon. According to the Window Calendar, <https://www.parkrec.nd.gov/sites/www/files/documents/Stay/95-day-window.pdf>, Feb 13 is the first day for reservations for campers wishing to stay at a State Park campground on May 19. So, to find when a reservation is

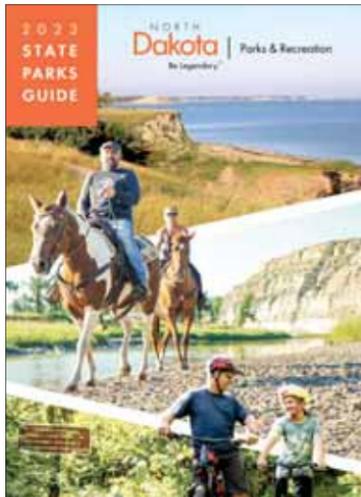
available, follow the calendar, plan ahead and be ready to reserve on the day the calendar opens!

Among this massive land-mass state there sits 13 State Parks and 2 Recreation Areas. Some of the closer parks are Lake Sakakawea State Park located about an hour away from MAFB. This massive lake and park has it all. The state park website, <https://www.parkrec.nd.gov/maps-widgit/map>, describes Lake Sakakawea like this, "The park is surrounded by miles of lakeshore, providing stunning views. Visitors can spend time at the swim beach, camping beneath the trees, hiking on the trails, or out on the lake. Sail boaters and windsurfers can take advantage of North Dakota's fabled wind on this 368,000-acre lake." Each ND State Park has its own specific wonders and outdoors activities to offer.

Although each park differs slightly, modern campsites with hook-ups are priced around \$25/ per night and cabins are around \$125. Besides the nightly rate, each vehicle is expected to pay a daily fee of \$7 per day or a vehicle pass can also be purchased for \$35. A unique and lesser-known program is the Library Loan Program where citizens can obtain a day pass to any state park at no charge from most ND local libraries. That's a great way to see the parks and enjoy them for free!

North Dakotans take their camping seriously and campsite and cabin rentals alike are known to fill up on or right after their 95-day booking window opens. Campers plan their summer stays, write the reservations dates in calendars and can be known to

book the morning of availability to ensure a spot. So make sure and get those reservations in, on time and as soon as possible so the ND summer is taken full advantage of!



Find out more about all the North Dakota State Park at parkrec.nd.gov

95-Day Window Calendar
North Dakota State Park Campgrounds

For arrival dates
May 19 - Sept. 4, 2023

Reservation Basics:

Reservations for campsites can be made within 95 days of date of arrival. Stays are limited to 14 nights within any 30-day period. The Department has the authority to limit the length of stay to three nights when a customer is not utilizing a resource for recreational purposes.

Online reservations can be made 24/7 with the exception of the first day of the 95-day window as well as through the call center. These reservations will be available at 7 am CST.

Reservations for cabins, yurts, shelters, and meeting rooms can be made up to 365 days in advance.

Campsite, cabin and yurt reservations can be made online or through our call center at 1-800-827-4723. Meeting rooms, shelters, horse campsites and corals can also be reserved online or through the call center: www.parkrec.nd.gov

To make a reservation for:	Reserve on or after this date:	To make a reservation for:	Reserve on or after this date:
Sat 10-Jun-23	Tue 7-Mar-23	Mon 24-Jul-23	Thu 20-Apr-23
Sun 11-Jun-23	Wed 8-Mar-23	Tue 25-Jul-23	Fri 21-Apr-23
Mon 12-Jun-23	Thu 9-Mar-23	Wed 26-Jul-23	Sat 22-Apr-23
Tue 13-Jun-23	Fri 10-Mar-23	Thu 27-Jul-23	Sun 23-Apr-23
Wed 14-Jun-23	Sat 11-Mar-23	Fri 28-Jul-23	Mon 24-Apr-23
Thu 15-Jun-23	Sun 12-Mar-23	Sat 29-Jul-23	Tue 25-Apr-23
Fri 16-Jun-23	Mon 13-Mar-23	Sun 30-Jul-23	Wed 26-Apr-23
Sat 17-Jun-23	Tue 14-Mar-23	Mon 31-Jul-23	Thu 27-Apr-23
Sun 18-Jun-23	Wed 15-Mar-23	Tue 1-Aug-23	Fri 28-Apr-23
Mon 19-Jun-23	Thu 16-Mar-23	Wed 2-Aug-23	Sat 29-Apr-23
Tue 20-Jun-23	Fri 17-Mar-23	Thu 3-Aug-23	Sun 30-Apr-23
Wed 21-Jun-23	Sat 18-Mar-23	Fri 4-Aug-23	Mon 1-May-23
Thu 22-Jun-23	Sun 19-Mar-23	Sat 5-Aug-23	Tue 2-May-23
Fri 23-Jun-23	Mon 20-Mar-23	Sun 6-Aug-23	Wed 3-May-23
Sat 24-Jun-23	Tue 21-Mar-23	Mon 7-Aug-23	Thu 4-May-23
Sun 25-Jun-23	Wed 22-Mar-23	Tue 8-Aug-23	Fri 5-May-23
Mon 26-Jun-23	Thu 23-Mar-23	Wed 9-Aug-23	Sat 6-May-23
Tue 27-Jun-23	Fri 24-Mar-23	Thu 10-Aug-23	Sun 7-May-23
Wed 28-Jun-23	Sat 25-Mar-23	Fri 11-Aug-23	Mon 8-May-23
Thu 29-Jun-23	Sun 26-Mar-23	Sat 12-Aug-23	Tue 9-May-23
Fri 30-Jun-23	Mon 27-Mar-23	Sun 13-Aug-23	Wed 10-May-23
Sat 1-Jul-23	Tue 28-Mar-23	Mon 14-Aug-23	Thu 11-May-23
Sun 2-Jul-23	Wed 29-Mar-23	Tue 15-Aug-23	Fri 12-May-23
Mon 3-Jul-23	Thu 30-Mar-23	Wed 16-Aug-23	Sat 13-May-23
Tue 4-Jul-23	Fri 31-Mar-23	Thu 17-Aug-23	Sun 14-May-23
Wed 5-Jul-23	Sat 1-Apr-23	Fri 18-Aug-23	Mon 15-May-23
Thu 6-Jul-23	Sun 2-Apr-23	Sat 19-Aug-23	Tue 16-May-23
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Driving Under the Influence: The Sobering Facts

OFFICE OF THE STAFF JUDGE ADVOCATE, MINOT AIR FORCE BASE

Driving Under the Influence (DUI) is preventable and has real consequences. The National Highway and Traffic Safety Administration estimates that approximately 30% of all traffic crash fatalities in the United States involve drunk drivers and that approximately 10,500 people die each year as a result of drunk driving, which is approximately one person every 45 minutes. An Airman who drives drunk could spend upwards of \$10,000 in fines and legal fees and seriously and negatively impact their career. This article focuses on DUI and is done to provide greater overall transparency and education concerning its costs.

LAW

DUI, referred to as "Drunken Operation of a Vehicle," is punishable under Article 113 of the Uniform Code of Military Justice (UCMJ), codified at 10 USC 913. Under Article 113, UCMJ, DUI occurs when a person operates or is in actual physical control of a vehicle while drunk or when their alcohol concentration is equal to or exceeds .08. "Drunk" is defined as "any intoxication which is sufficient to impair the rational and full exercise of the mental or physical faculties"; thus, "drunk" could be less than an alcohol concentration of .08 if mental or physical impairment is evident.

In North Dakota, DUI is punishable under North Dakota Century Code (NDCC) 39-08-01. Under NDCC 39-08-01, DUI occurs when a person drives or is in actual physical control of a vehicle while under the influence of intoxicating liquor or with an alcohol concentration of at least .08. Similar to Article 113, UCMJ, "under the influence of intoxicating liquor" means that a person can receive a DUI even though their alcohol concentration is below .08.

In North Dakota, to include on Minot AFB, a person who refuses to submit to a chemical test of blood, breath, or urine is guilty of DUI. In accordance with para 2-3 of DAFI 31-218 and para 2.17 of

MAFBI 31-116, operation of a vehicle on Minot AFB is considered implied consent to chemical tests of breath, blood, and urine.

CONSEQUENCES

Commanders retain full discretion over administrative, nonjudicial, and judicial action under the UCMJ and Air Force regulations.

If an Airman is arrested by civilian authorities for DUI, that Airman is frequently taken to jail, fined, and potentially subjected to suspension of their driver's license. Once back to Minot AFB, that same Airman faces suspension/revocation of driving privileges. In accordance with DAFI 31-218, *Motor Vehicle Traffic Supervision*, dated 22 May 06, para 2-4, installation driving privileges may be administratively suspended or revoked for cause. Specifically, para 2-4 and Table 5-1 provides that installation driving privileges shall be immediately suspended for a DUI offense, as well as refusal to consent to chemical tests. Additionally, Minot AFBI 31-116, *Minot AFB Motor Vehicle Traffic Supervision*, dated 10 Dec 19, para 8.7.1, prescribes a one-year suspension of on-base driving privileges for DUI, as well as refusal to consent to chemical tests.

DAFI 36-2502, *Enlisted Airman Promotion and Demotion Programs*, dated 17 June 2022, para 6.3.4, authorizes administrative demotion when Airmen fail to fulfil their responsibilities. Airmen's responsibilities are summarized in *The Enlisted Force Structure* guide, which superseded Air Force Handbook 36-2618. *The Enlisted Force Structure* guide tasks Airmen with "Act[ing] has an Air Force ambassador both on- and off-duty"; "address[ing] any issues that could detract from mental readiness"; "work[ing] toward identifying, correcting, and reporting behaviors that may put yourself or others at risk"; and "understand[ing] and conform[ing] to military standards." DUI is not acting as an Air Force ambassador; is not addressing issues that detract from mental readiness; is

not identification, correction, and reporting of behaviors that put yourself and others at risk; and is not understanding and conforming to military standards; thus, is a basis for administrative demotion.

Under Article 15 of the UCMJ, codified at 10 USC 815, a commander may impose nonjudicial punishment on members of their command for violations of the UCMJ. Nonjudicial punishment provides commanders with an essential and prompt means of maintaining good order and discipline outside of the court-martial process. The nature of nonjudicial punishment depends on the rank of the commander and person being punished, but generally may include forfeiture of pay, reduction in grade, extra duties, restriction, and a reprimand.

Under Article 113 of the UCMJ, drunken operation of a vehicle is punishable via a bad-conduct discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 6 months. If personal injury results, then the maximum punishment increases to a dishonorable discharge, forfeiture of all pay and allowances, reduction to E-1, and confinement for 18 months. Under NDCC 39-08-01 and 12.1-32-01, DUI is punishable via driving suspension, 30 days imprisonment, and a fine of \$1.5K. Additional offenses of DUI increase the maximum punishment to 5 years imprisonment and a fine of \$10K.

CONCLUSION

The bottom line is that DUIs have real consequences and are preventable. In fiscal year 2022, 28 DUIs occurred across Team Minot. All resulted in serious consequences: all 28 resulted in suspension/revocation of driving privileges, 3 resulted in nonjudicial punishment, and 25 resulted in administrative demotion. Often, military administrative and disciplinary action was in addition to civilian prosecution for DUI. Punishments included a combination of forfeiture of pay, reduction in grade/administrative

demotion, extra duties, restriction to the installation, and reprimands.

DUIs are preventable – use your resources – Airmen Against Drunk Driving (available via the Directory on the Team Minot page of the Air

Force Connect app), a Wingman, your chain of command, or a car service. If you're going to drink, don't drive. If you're going to drive, don't drink.

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Minuteman III test launch showcases readiness of U.S. nuclear force's safe, effective deterrent

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

A team of Air Force Global Strike Command Airmen launched an unarmed Minuteman III intercontinental ballistic missile equipped with a test reentry vehicle at 11:01 p.m. Pacific Time Feb. 9 from Vandenberg Space Force Base, California.

This test launch is part of routine and periodic activities intended to demonstrate that the United States' nuclear deterrent is safe, secure, reliable and effective to deter twenty-first century threats and reassure our allies. Such tests have occurred over 300 times before, and this test is not the result of current world events.

"A test launch displays the heart of our deterrence mission on the world's stage, assuring our nation and its allies that our weapons are capable and our Airmen are ready and willing to defend peace across the globe at a moment's notice," said Gen. Thomas A. Bussiere, Air Force Global Strike Command commander.

The ICBM's reentry vehicle traveled approximately 4,200 miles to the Kwajalein Atoll in the Marshall Islands. These test launches verify the accuracy and reliability of the ICBM weapon system, providing valuable data to ensure a continued safe, secure and effective nuclear deterrent.

"This launch showcases the redundancy and reliability of our strategic deterrence systems while sending a visible message of assurance to allies," said Col. Christopher Cruise, 377th Test and Evaluation Group commander.

"This multilateral team reflects the precision and professionalism of our command, and our joint partners."

Airmen from the 91st Missile Wing at Minot Air Force Base, North Dakota, were selected for the task force to support the test launch. The missile bases within Air Force Global Strike Command have crew members standing alert 24 hours a day, year-round, overseeing the nation's ICBM alert forces.

"This test launch is a culmination

of months of preparation and collaboration across multiple Air Force agencies," said Maj. Martin Escarzaga, task force commander. "The Airmen who perform this mission of strategic deterrence are the best our nation has to offer. They work 365 days a year to maintain, support, operate, and secure this vital component of our nuclear triad."

The ICBM community, including the Department of Defense, the Department of Energy, and U.S. Strategic Command, uses data collected from test launches for continuing force development evaluation. The ICBM test launch program demonstrates the operational capability of the Minuteman III and ensures the United States' ability to maintain a strong, credible nuclear deterrent as a key element of U.S. national security and the security of U.S. allies and partners.

Air Force Global Strike Command is a major command with headquarters at Barksdale Air Force Base, Louisiana, in the Shreveport-Bossier City community. The command oversees the nation's three intercontinental ballistic missile wings, the Air Force's entire bomber force, to include B-52, B-1 and B-2 wings, the Long Range Strike Bomber program, Air Force Nuclear Command, Control and Communications systems, and operational and maintenance support to organizations within the nuclear enterprise. Approximately 33,700 professionals are assigned to two Numbered Air Forces, nine wings, two geographically-separated squadrons and one detachment in the continental United States and deployed to locations around the globe. More information can be found at: <https://www.afgsc.af.mil/About/Fact-Sheets/Article/454593/air-force-global-strike-command-air-forces-strategic-air/>.

The LG-35A Sentinel will replace the Minuteman III ICBM with an initial capability of 2029. Until full capability is achieved in the mid-2030s, the Air Force is committed to ensuring Minuteman III remains a viable deterrent.



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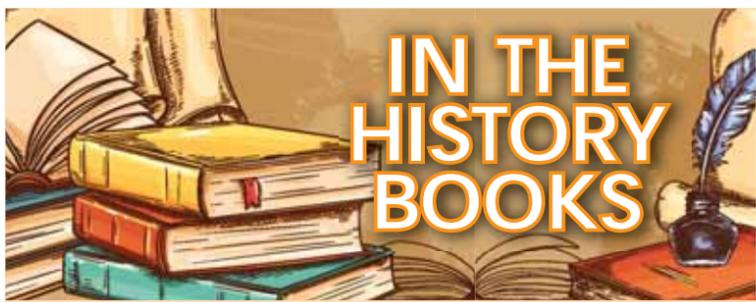
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THE LINGERING JANUARY LULL

Patricia Stockdill

It's almost as predictable as fishing's "dog days" of August when summer heat seems to lull fish and anglers alike to sleep: About this time of year many anglers can bet the January lull will have come... and likely lingered well into February. Just consider that Lake Sakakawea's midsection was pretty much on the quiet side during part of January and into February. And Lake Audubon, while there are ice houses dotting the lake, has been a bit hit-and-miss lately for walleye. Maybe anglers are just tired of trying to maneuver over rock-hard snowdrifts, especially if they turn mushy after a February warm spell. Maybe the allure of drilling yet another hole through the ice has worn off, especially if it's been all for naught lately. Or maybe there really is something to that January lull. It seems to kick in every year. Oh, anglers will still catch fish. But it's certainly not intense, finger-numbing action. It may or not make anglers feel any better, but a January lull probably isn't a figment of their imagination even though it might be scientifically difficult to point towards a specific explanation as a cause. But let's mull these theories around that may perhaps account for both the August and January lulls: In August, young-of-the-year fish are big enough to become forage for bigger predator fish, such as the ever-popular walleye. As a result, species like walleye and pike have more food to eat and more choices. Let's face it; they may have reason to be finicky about what they put in their mouth: Maybe a minnow on a lip-piercing hook is less appealing when a walleye or pike can more readily – and less painfully – nab a miniature perch or even one of their own. In January cold-blooded fish aren't moving around real fast. They don't need to eat a lot because they're not expending as much energy as they do when water temperatures are warmer. In addition, as winter progresses water temperatures become colder. However, as spring advances female fish begin developing for the upcoming spawn and tend to feed more. But for species like walleye, that's not happening in January or even mid-February. They're still pretty lazy when it comes to feeding a great deal until spring advances more. Even winter creel surveys on lakes such as Lake Audubon tend to support the occurrence of a January lull, which was the case when a creel survey was conducted in the winter of 2012-13 – anglers were still pursuing fish throughout January and February but the fish weren't cooperating. So perhaps a decade later that lull still isn't a figment of one's imagination when it comes to species such as walleye and pike. It seems another quirk to ice fishing is the prevalence of an evening, night or low light condition bite – especially for walleye. Maybe invertebrates are more active in those light conditions, which trigger baitfish and in turn, triggers predator fish activity. And when it comes to action as North Dakota inches closer to spring, for many anglers it doesn't get any better than perch fishing in the winter. It's truly a case of "have perch, will travel". If there is word that a perch lake is biting anglers often take to the road to find out for themselves. After all, it's tough to pass up on the fast action of a strong perch bite. And don't forget taste. Admittedly – even for many walleye aficionados – it's tough to beat the taste of perch caught through the ice. Yes, that's an unbeatable combination for many anglers – lots of action, a great way to spend a day or evening, and – especially when they're nice keeper-sized fish – a great meal. The conundrum to what is often the best perch bite is that it's typically after the January and February lull in the walleye bite, which means longer days and more sunlight can take a toll on ice conditions – sometimes rapidly.

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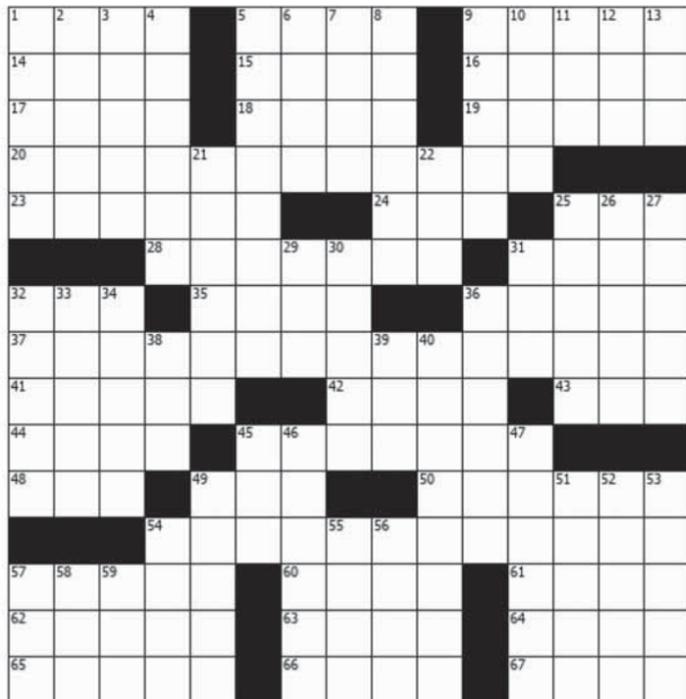
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CROSSWORD PUZZLE

Across

- 1. Sp. miss
- 5. United States : st. :: Canada : _
- 9. In perfect focus
- 14. Tigers or Cubs
- 15. Tending to interrupt, say
- 16. More ashen
- 17. Farm prefix
- 18. "Understood," hippie-style
- 19. Opposite of separateness
- 20. Sign of spring #1
- 23. Doesn't consent
- 24. Calligrapher's liquid
- 25. Chat room chuckle
- 28. Had goosebumps
- 31. Another name for Jupiter
- 32. Emeril's exclamation
- 35. Moore of "G.I. Jane"
- 36. Numeral
- 37. Sign of spring #2
- 41. More permissive
- 42. Tibetan beasts
- 43. Corp. big shot
- 44. Lyon lady friend
- 45. Bacon or Drake
- 48. Little piggy
- 49. Winter ailment
- 50. Black Sea port
- 54. Sign of spring #3
- 57. Capital west of Haiphong
- 60. Rock group's trip
- 61. Muslim leader
- 62. Political exile, briefly
- 63. Tenerife or Gran Canaria
- 64. Clue weapon
- 65. Avis competitor
- 66. Phone bill item
- 67. Snick-or-__

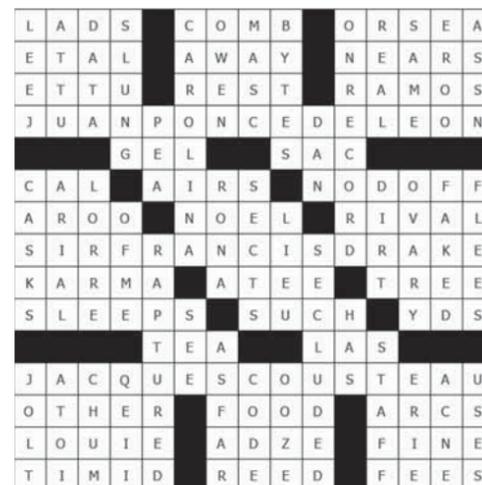


Down

- 1. Attacks with a knife
- 2. Aqua __ : gold dissolver
- 3. Linger
- 4. In the thick of
- 5. Joint tenant?
- 6. Fashion pioneer Gernreich
- 7. Norse war god
- 8. Pea or carrot, informally
- 9. Courage and fortitude
- 10. Put up, as pictures
- 11. Outspoken boxer
- 12. Like Gen. Wesley Clark
- 13. Meddle
- 21. Duke of the Dodgers
- 22. Hoosier st.
- 25. Mr. Spock's forte
- 26. Like lambs and rams
- 27. Release
- 29. Baseball VIPs
- 30. Tripoli's land
- 31. Henson of Muppets fame
- 32. Note above A
- 33. Crockett's last stand
- 34. Nerve, in slang
- 36. Square dance staple
- 38. Itty-bitty
- 39. PC data-sharing system
- 40. Earp/Clanton shootout site
- 45. Miami's state: Abbr.
- 46. Backwoodsy
- 47. Underground sanitation conduits
- 49. On the __ : broken
- 51. Do only what he says
- 52. Make nasty comments
- 53. See eye to eye
- 54. Navy mascot
- 55. Slugger Sammy
- 56. Shore squawker
- 57. Half a devious laugh
- 58. Bunyan's tool
- 59. "Morning Edition" network

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

Solution to puzzle on page C9

	1		2			3
			4		2	5
	6	1		7		
3		8		9	5	1
5	7	2		6		4
		4		7		1
9	3		5			
8			3			6

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SCHOOL WORDS SEARCH PUZZLE

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C	C	K	S	E	Y	N	S	L	E	R	I	O
D	K	H	F	R	U	M	T	P	W	I	V	P
F	J	M	O	T	I	L	S	O	V	E	L	G
S	H	T	Y	O	O	K	A	E	B	N	M	X
A	G	E	Q	N	L	I	H	L	N	D	S	D
Q	F	A	W	H	Z	U	G	B	N	S	W	Z
W	D	C	E	A	A	Y	P	A	Q	L	R	A
E	S	H	T	K	W	H	I	T	G	T	Z	L
R	A	E	C	O	S	N	G	U	X	K	Q	E
T	P	R	V	O	X	T	H	S	Z	M	K	A
Y	O	V	H	B	C	R	B	U	S	A	Y	R
U	I	B	N	M	V	F	O	M	U	J	W	N

- SCHOOL
- BOOK
- FRIENDS
- TEACHER

- BUS
- LEARN
- FUN
- TABLE

(The words may be hidden vertically, horizontally and diagonally)

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Upcoming Events

19 FEB **SKATE PARTY**
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 Roosevelt Rink
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All ages and abilities are invited to our Winter 22-23 Skate Party Tour. Sharpen your ice skates and throw on a themed outfit to come enjoy our beautiful ice rinks located all around Minot. On this Skate Party Tour we will make stops at Perket School, Corbett Field, Roosevelt School, and Polaris Park ice rinks. Lights will be hung at each location and themed music will be played creating a fun and family friendly environment. At this time, no rental skates are available at our outdoor rinks. Make sure to bring your own skates and come have a blast with us!
 All skate parties from 5:30 - 8:30 pm
 February 19th- Polaris Rink, Red Carpet Theme



For more information:
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21 FEB **FUN ZONE**
 10:00 - 11:00 AM
 Minot Municipal Auditorium
 420 3rd Ave SW, Minot

The Minot Fun Zone is being provided free of charge to all area residents through the Minot Park District. The bouncy castles are provided in partnership with the Minot Area Community Foundation. Fun Zone is for children 10 & under. Children and adults will enter facility and play at their own risk. Children must be supervised at all times. They are not to be dropped off. There must be at least one adult present for every 4 children. YOU are responsible for the kids that you bring. You must maintain a close physical presence at all times. No outside equipment/toys will be allowed.



For more information:
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25 FEB **DOWNTOWN MINOT COFFEE & COCOA CRAWL**
 10:00AM-2:00PM
 Downtown Minot
 Various Locations

Join us Saturday, February 25 from 10am - 2pm as businesses give you an extra reason to warm up downtown! Stop into participating shops and sample coffee or cocoa and other sweet treats, along with some sweet deals. Tickets are \$10+tax and can be purchased online or also in-person at Gourmet Chef. Please be ready to show your ticket at each participating business.



For more information:
 Facebook / Minot Downtown Business & Professional Association/ Events

25 FEB **13TH ANNUAL CHAMPAGNE & ICE GALA**
 6:00PM
 Grand Hotel
 1505 N Broadway, Minot

The NPCAC, a nonprofit organization that provides services to children victimized by crime and abuse will host its annual gala to raise much-needed funds to continue fighting child abuse. The 13th annual gala is centered around "Champagne & Ice." With this black tie optional affair, guests are encouraged to wear Gatsby themed attire to go along with the theme. Attendees will enjoy signature cocktails, complimentary champagne and appetizers, an impressive live and silent auction, and live music. The highlight of the evening is our special guest, Erin Merryn, founder of Erin's Law, and named by PEOPLE Magazine a "HEROES Among us and one of fifteen women changing the world."



For more information:
 Facebook / Northern Plains Children's Advocacy Center / Events

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YOUTH IN ACTION

STEM Learning at Minot Air Force Base



JOY-NICOLE SMITH
 SCHOOL LIAISON PROGRAM MANAGER, GS-11
 DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



Is your child interested in Science, Technology, Engineering, and Mathematics (STEM)? Did you know there are national and local organizations in Minot that support STEM learning? Well, you are in the right place!

Organizations such as For Inspiration and Recognition of Science and Technology (FIRST) and Full Steam Ahead Minot are inspiring a generation of students to engage in STEM learning and its importance its importance in our everyday lives. This inspiration takes the form programming such as FIRST Lego League (FLL).

FLL is a competitive national program designed to engage students in understanding core STEM principles and apply their skills in competition while encouraging learning, confidence, and teamwork skills.

In Minot, FLL is hosted by Full

STEAM Ahead with competitive teams throughout the area. FLL teams prepare from August to December for a local competition in January with hopes of advancing to the state competition in Grand Forks.

The Minot AFB Mystical Mavericks recently completed their first season however, a new team will form at Minot Air Force Base for 5th to 8th Grade students in August. We will be sure to share further information in the summer in preparation for the new season!

FLL is a great opportunity for students to be challenged academically while providing opportunities to build upon core STEM concepts shared in the classroom environment. Join us on our FLL journey! For more information, please email MAFB.school.liaison@us.af.mil or call 701-240-2380.

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YOUTH IN ACTION

Ten Tips for When You Find Out You're Moving

CHARLIE ANDERSON, AGE 13

This is what I like to do when we get a new assignment. I hope it will help some of you plan your next adventure.

1. PLAN OUT THE DRIVE:

It is always great to know where you are going and how you will get there. You have fun opportunities to see attractions, amusement parks, and friends and family along the way.

2. THE SPORTS TEAMS:

Wherever you're moving, you probably want to find out what the sports fanbase is. You might not want to show up in Boston with a Yankees shirt on (or maybe you do!). In the middle of nowhere with no teams? Look for smaller teams, like the Minot Minotauros or the new Minot Hot Tots!

3. LIVING ON BASE:

If you will be living on base, do some research and see if there's bowling, a library, movie theater, a teen center or different food options near your home. Sometimes you can have some more freedom to bike and walk places maybe you couldn't if you lived off base.

4. SCHOOL AND CLUBS:

Most bases have schools on base. Figure out how far away you are from the school and look for clubs you can join. Maybe you want to try a new sport, or even start a club at your new school if you don't see something that interests you.

5. HISTORICAL SITES:

Sometimes you can get lucky and land an assignment right next to a historical site. Places like Massachusetts and Virginia are

great, as they are in the heart of the Revolutionary and Civil Wars. Sometimes you can discover local history you never knew about. I've gotten extremely lucky and had a house less than a mile away from Paul Revere's capture site!

6. NATIONAL PARKS:

National Parks and State Parks are easy to find, but sometimes you have to dig around to find the hidden ones. If you're looking for spectacular sites, hopefully you'll get an assignment in the Pacific Northwest or the West. Wildlife and nature preserves can be beautiful, even if they are a lot smaller than a national park. During COVID, we visited a new park or trail almost every weekend!

7. LOOK AT THE WEATHER AND PREPARE:

Some of the largest changes when moving can be the weather. If you go from Arizona or Guam to New York or Boston, the cold can be shocking, which is why you should plan. For instance, we are moved from Virginia to North Dakota, and the weather one day in ND for February was a real feel of NEGATIVE 29° (F), with a warning of SEVERE FROSTBITE. Meanwhile, in Virginia, the temperature that same day was 29° (F)!

8. DO FRIENDS FROM PAST ASSIGNMENTS LIVE NEARBY?

When this happens, it is one of the best feelings in the world. This can be rare, but this has probably happened to at least one of you or your military friends. I got so lucky that one of my old friends and I accidentally got houses that

share the same backyard fence, and it wasn't even on base! I literally could hop my fence into his yard. Talk about a coincidence! Just think about the odds...

9. ANYTHING TO DO NEARBY?

Figure out what you can do for entertainment off base. While it may seem that there is nothing to do, you'll be surprised at how many things you can find! Who knows, maybe your right next to Canada, or a short drive to Disneyland. Research famous historical sites, or search for odd attractions. You never know what you may find! Ask locals for their favorite spots as well.



Paul Revere Capture Site, Lexington Massachusetts. Our house was just on the other side of the trail and fence.

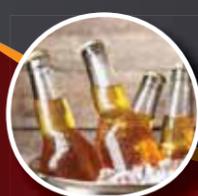
10. MAP IT:

Ask your Mom or Dad for the layout of your new house or look on a map to see the neighborhood. Start thinking about where

you would put your stuff and claim rooms for your own. Start planning now, and try to enjoy the time you have left before the next adventure begins.

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- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots".

Fact File

Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Onion, Carrots, Potatoes, Deer, Pigs, Water Buffalo, Antelope

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COUNT THE NUMBER OF DOTS EACH DOMINO AND FILL IN THE TOTAL

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MINOT AFB – The Army & Air Force Exchange Service is making it easier for Minot AFB Soldiers and families to make healthy choices when it comes to eating on-base.

As part of its BE FIT 360 program, which focuses on holistic wellness, the Exchange is committed to offering fresh, healthy choices for meals and snacks at its restaurants, the Expresses and the micro market.

All Minot AFB Exchange restaurants offer better-for-you options, including:

- Charley's Philly Steaks offers items with 300 calories or fewer including grilled chicken, steak and garden salads, as well as a selection of small cheesesteaks with fewer than 500 calories.

- Subway offers more than a dozen sandwiches with 350 calories or fewer, including turkey breast, oven-roasted chicken, Veggie Delight and Black Forest ham.

- Nearly three-fourths of Taco Bell menu items have fewer than 500 calories. Diners can reduce calories and fat by up to 25% by ordering almost any menu item "Fresco style," replacing ingredients such as mayo-based sauces, cheeses and reduced-fat sour cream with fresh diced tomatoes. Taco Bell is an American Vegetarian Association-certified quick-serve restaurant, allowing diners to use any of Taco Bell's more than 30 AVA-certified ingredients to make nearly 1 million unique vegetarian combinations and

nearly 1,000 vegetarian breakfast combinations. AVA-certified menu items with 500 calories or fewer include the bean burrito, cheese quesadilla and Cheesy Bean and Rice Burrito.

Shoppers can also find healthy snacks at the Expresses, including fresh fruit, yogurt, hard-boiled eggs, trail mix and nuts, tuna, grass-fed meat snacks and jerky, veggie chips and bottled water.

"The Exchange is all-in on supporting nutrition and wellness for the Minot AFB community," said Minot BX General Manager Brian Read. "We're committed to making sure Soldiers and families have healthy eating options wherever they go."

The Exchange's commitment to providing nutritious options extends to vending machines around the installation, with items like baked chips, dried fruit, trail mix and other snacks that fulfill National Automatic Merchandising Association Fit Pick requirements. Such items contain fewer than 35% of calories from fat, fewer than 10% of calories from saturated fat and fewer than 35% total weight from sugar.

Soldiers and families can learn more about better-for-you options by visiting the Exchange's BE FIT hub page at ShopMyExchange.com/BeFit, where they'll find nutritional information for Exchange restaurants, menu guides and more



OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL



PATRICIA STOCKDILL

Fishing:

Lake Sakakawea elevation, Feb. 13: 1,826.79 feet above mean sea level (MSL); 22,500 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.39 feet above mean sea level (MSL).

Slump Lake elevation: 1,449.31 MSL.

- N.D. Game & Fish Dept. game wardens: Travel on area lakes improved somewhat with warmer weather settling snow but not much activity other than anglers continue working Lake Audubon with some scattered walleye success. North-central area lakes generally remain quiet. Lots of activity on Devils Lake with warm weather but overall spotty success. Better activity around the Minnewaukan Flats or East Devils Lake.

- Devils Lake, Woodland Resort, Devils Lake: Continued fair walleye and perch success, including northern feeder lakes and East Bay and Devils Lake.

- Lake Darling, Karma C-Store, Ruthville: Lake Darling producing some walleye success with anglers better able to move around on the lake. Some small walleye activity from Lake Audubon and activity on Buffalo Lodge Lake but no reports on success.

- Lake Metigoshe, Four Seasons, Bottineau: Lots of angling activity but generally light success.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Hit-and-miss walleye success on Lake Audubon. Try working a variety of depths. Steinke and Centennial bays also hit-and-miss for walleye on the east end of Lake Sakakawea with some perch activity.

- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Slow to fair walleye bite from Centennial and Steinke bays on the east end of Lake Sakakawea. Try 15 to 20 feet. Look for some pike spearing activity. Lake Audubon remains hit-and-miss for walleye with best success in deeper water. Just remember to keep those fish because they won't survive coming up from deep water.



NORTH DAKOTA GAME & FISH DEPARTMENT PHOTO

- Check on ice houses occasionally to make certain they haven't iced in after warming weather.

- Be mindful of parking when accessing area lakes; not blocking roadways or snow removal operations.

- Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.

- Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

- Feb. 18: Light goose conservation season opens.

- Feb. 18: Garrison Dam Nat'l. Fish Hatchery Winter Fun Day, 10 a.m. to 3 p.m. Free day to hike, cross-country ski, ski-shoe, or snowshoe the hatchery trails.

- Feb. 18: Little Missouri Badlands Rocky Mtn. Elk Foundation banquet, Roughrider Center, Waford City, 5 p.m.

- Feb. 24: West Dakota Waterfowlers Delta Waterfowl banquet, Grand Hotel, 5 p.m.

TOURNAMENTS:

- Feb. 18: Lake Audubon, Devils Lake.
- Feb. 24: Devils Lake.

- Lake Sakakawea, New Town: Midsection of Lake Sakakawea remains slow for walleye.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Better weather brought more anglers onto the Missouri River with improving walleye success. Beware with slumping shoreline conditions on Lake Sakakawea in some areas with dropping elevation.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Work shallower water in 14 to 18 feet for walleye on the upper end of Lake Sakakawea with better success around White Earth and Little Beaver bays. Minnows are harder to get, however. Missouri and Yellowstone rivers getting muddy but look for some ling activity with the spawn getting underway. Smishek Lake producing some perch.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports from area lakes.

Downhill skiing (conditions can vary):

- Big Sky Ski Resort, Big Sky, Mont.: 56- to 60-inch packed powder, machine groomed base with 30 lifts and 308 runs open.

- Bottineau Winter Park, Bottineau: 36- to 40-inch base with good conditions. 2 Magic Carpets and 1 lift, 7 runs, and tubing and terrain parks open.

- Huff Hills Ski Area, Mandan: 20- to 35-inch loose granular, spring condition base. Antelope, Badger, & Cougar runs closed but all other runs open along with 1 lift, 2 tows, and Terrain Park open. Donut Hole Hiking Area open but beware of areas with thin ice. Access off Pheasant Run gate near the top of Blue Lift area.

- Terry Peak, Leads, S.D.: 24- to 36-inch base. 30 trails and 5 lifts open.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

- Report All Poachers: (701) 328-9921.

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8	2	1	4	3	9	5	6	7

MINOT AFB ANNOUNCEMENTS

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Battle of the Ranks Referee
(February 18)

The African American Heritage Observance Month are hosting a "Battle of the Ranks" basketball game on 18 Feb from 1300-1500. We are in need of a referee during that time, if you would like to volunteer, please let me know ASAP.

POC: Tyrone Grigley II, TSgt, USAF
DSN: 312-453-1105 COMM: 701-723-1105

Minot AFB Library Mini-Golf Volunteers
(February 24)

The Base Library is looking for volunteers to help with our Mini-Golf at the Library Program. Set up at 1700, program 1800-1930, cleanup: 1930-2000 In need of volunteers to build set-ups using existing props, books, and other items for one or more golf holes. Then, supervise your creations during play, editing and repairing as necessary.

POC: Julie Reiten, Supervisory Librarian
Julie.Reiten@us.af.mil or 701-723-4554

Pride Month Volunteers
(June)

If you're interested in supporting the Minot AFB LGBTQIA+ community, including volunteering for June's Pride Month events, please contact SrA Edwin Washington. You can also join the Minot AFB LGBTQIA+ Support Club on Facebook at www.facebook.com/groups/930024054132263.

POC: SrA Edwin Washington, edwin.washington.3@us.af.mil
701-723-3011

The Prairie Warrior Auction Volunteers
(March 15-March 16)

The Prairie Warrior Auction is an annual auction designed to raise funds for Minot AFB private organizations. Each year local businesses and on base organizations donate gift baskets, services, goods etc., that will be auctioned at the event. A portion of proceeds is infused back into the Minot AFB community. The Prairie Warrior Association is looking for motivated volunteers to ensure this is the best auction to date! From set up, to tear down we need YOU!!

Wednesday, 15 March, 2023: Transportation Team - Staging Team
Thursday, 16 March, 2023: Reception Team - Security Team - Cashier Team - Display Team - Raffle Team -Tear-down
POC/Sign Up: PWA Volunteer Coordinator, SSgt Jamaal Taylor
jamaal.taylor@us.af.mil • 701-723-7767.

North Dakota State Fair Volunteers
(July 21-29)

The North Dakota State Fair is North Dakota's largest annual event with traditionally over 300,000 attendees. We need volunteers to help with various community groups performing services or leading projects during the annual North Dakota State Fair event held on July 21 -29. Projects involved might include working concerts, shuttling golf carts, cleaning stalls, security, grounds clean-up, or gate attendants.

POC: Daryl Fry at 701.857.7620 ex 803 or daryl@ndstatefair.com

Minot ND Men's Winter Refuge Volunteers
(until April 30)

The Men's Winter Refuge, is a non-profit homeless shelter that is looking for volunteers to assist with a wide-range of support. Our shelter provides assistance as well as a safe place for men in need during the coldest months. We now have a facility that features 12 beds in 4 bedrooms with 2 full bathrooms and large kitchen/dining and living room area. We provide support and assistance like transportation, clothing, and of course, lodging. We would like to humbly ask the Minot Air Force Base community to share with us their time by volunteering. We're in urgent and dire need of overnight attendants (7pm-5am). Bring a friend or colleague to volunteer, make connections, inspire and encourage people in the facility.

POC: Mike Zimmer, Executive Director
winterrefuge@srt.com • (701) 822-2585

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC)

5fss.family.support@us.af.mil

MILITARY APPRECIATION DAY

AT BOTTINEAU WINTER PARK!

Friday, February 17, 2023
Open 10am-9pm
Flag ceremony at 5:30pm
Light ceremony at 7:30pm



\$30/PERSON!

(\$85 VALUE)

LIFT TICKET RENTAL
2-HOURS OF TUBING

valid for active, reserved and retired military, as well as their immediate family members! Must show military ID





Established in 1969
BOTTINEAU WINTER PARK

skibwp@srt.com
701-263-4556

WHAT'S GOING ON MAFB

FRIDAY 17

- AFGSC Family Day
- For a full listing of Washington's Birthday holiday facility hours, visit 5thforcesupport.com
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

TUESDAY 21

- Holiday Spending, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Mardi Gras Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1800, Fitness Center

FRIDAY 24

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) — Employment Workshop, 0800-1600, M&FRC
- Family Game Night, 1700-1900, Lil' Riders inside of Bomber Bistro
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes
- Magic The Gathering Powered Synergy Cube, 1800, ESC
- Mini-Golf, 1800-1900, Minot AFB Library

SATURDAY 18

- For a full listing of Washington's Birthday holiday facility hours, visit 5thforcesupport.com
- Harry Potter Escape Room Game Ends, Minot AFB Library
- Youth Bowling League, 1400, Rough Rider Lanes
- Deployed Affected & Single Airman Free Bowling, 1700-2100, Rough Rider Lanes

WEDNESDAY 22

- HIIT Strength & Conditioning, 0500, Fitness Center
- Right Start, 0730-1230, Jimmy Doolittle Center, hosted by M&FRC
- Military Spouses Teleworking Workshop, 0930-1030, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Cycle, 1200, Fitness Center
- LinkedIn Workshop, 1300-1500, M&FRC
- Swerk, 1730, Fitness Center
- Yoga for Fitness, 1830, Fitness Center

SATURDAY 25

- Youth Bowling League, 1400, Rough Rider Lanes

SUNDAY 19

- For a full listing of Washington's Birthday holiday facility hours, visit 5thforcesupport.com

THURSDAY 23

- TAP (DoL) — Employment Workshop, 0800-1600, M&FRC
- Pre-Separation Counseling, 0830, M&FRC
- Family Zumba, 1000, Turf, hosted by Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Moving Out of the Dorms Budget Class, 1300-1500, M&FRC
- Family Bootcamp, 1330, Turf, hosted by Fitness Center
- Art Resin Charcuterie Board Class, 1730-1930, Arts & Crafts Center
- Extramural Bowling, 1730, Rough Rider Lanes

FEB. SPECIALS

Bomber Bistro • Spaghetti & Meatballs
Meatballs and a classic marinara sauce combine with Italian seasoning and parmesan cheese. A slice of garlic bread is included.

The B-Fifty Brew • Bacon, Egg, & Cheese Bagel
Just what it sounds like!

Rockers Bar & Grill • Rockin' Chicken Sandwich
Original flame-broiled chicken breast served with lettuce, tomato, & pickles.



MINI-GOLF
Minot AFB Library
24 February
Open to all ages!

Play around-the-world mini-golf at the Library!

First entry: 6:00 PM
Last entry: 7:00 PM

For more details, call 723-3344 or email mafblibrary@gmail.com

FORCE 5THFORCESUPPORT.COM



Magic The Gathering Powered Synergy Cube Draft
24 February 2023
ESC • 1800

Maximum of 6 contestants • \$5 entry fee per person
Prizes for 1st, 2nd, and 3rd place! • Beginners welcome!

Each contestant is given three 15-card "picks" pulled from a cube consisting of cards with high synergy potential.

All contestants draft cards from each pack to build a 40-card deck with which to compete in a Swiss-style tournament. Basic lands provided for deck building.

For more information, call 723-7238 or email escgamingmanagement@gmail.com

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FAMILY GAME NIGHT
LIL' RIDERS INSIDE BOMBER BISTRO

START! **FEB 24TH • 5PM - 7PM**

LEARN HOW TO PLAY SOME FUN, FAMILY-FRIENDLY GAMES!

BUY ONE ADULT ENTREE & GET ONE KID MENU ITEM FOR 50% OFF!
DEAL IS ONE-FOR-ONE • DINE-IN ONLY

ADULT ENTREES CONSIST OF BULL SALADS, WRAPS, PASTA, & SANDWICH COMBOS

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PRESTIDENTS'
FEBRUARY DAY 16, 17, 18, 20
SALES EVENT

SHOP HUNDREDS OF VEHICLES AT GREAT PRICES

WHERE: INDOORS AT THE NDSF CENTER
2005 EAST BURDICK EXPRESSWAY, MINOT

TIME: 9:00 AM - 6:00 PM DAILY

UPGRADE & GIVE BACK!

WHEN YOU PURCHASE A VEHICLE, RYAN FAMILY DEALERSHIPS WILL DONATE \$250 IN YOUR NAME TO YOUR CHOICE OF THESE LOCAL ORGANIZATIONS:

DAV CHAPTER 4

MINOT COMMISSION ON AGING

TRINITY HEALTH'S CANCER EXERCISE REHAB PROGRAM

MINOT POLICE DEPARTMENT K-9 UNIT

SUNRISE ROTARY CLUB'S FILL THE BUS

