

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 61 • ISSUE 13 | MINOT AIR FORCE BASE | FRIDAY, MARCH 31, 2023

MINOT AFB RECOGNIZES SIX CHIEF MASTER SERGEANTS



Check out this week's interviews with the 2023 Chief Master Sergeant Selects from Minot Air Force Base, N.D. on page B3-B5.

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SMSGT RELEASE PARTY

Master Sergeants from the 5th Bomb Wing and 91st Missile Wing celebrate their promotion to Senior Master Sgt. with base leadership, wingmen, family and friends at the Jimmy Doolittle Event Center at Minot Air Force Base, North Dakota, March 17, 2023. Being the second highest enlisted rank in the U.S. Air Force, only 2.5% of the entire enlisted force could hold the rank at all times.

U.S. AIR FORCE PHOTOS | STAFF SGT. MICHAEL A. RICHMOND

Congratulations to Team Minot's newest Senior Master Sergeant Selects

MISTY ALVAREZ
 TONY BRADY
 JUSTIN CUNNINGHAM
 MICHAEL FELICIO
 KIERRA FRANKS
 DAVID HENKE
 JAMES JOHNSON
 TRAPIS LESLIE
 MATTHEW MCDONALD
 JUSTIN MCGREEVY
 MARISSA MORRISON
 KEVIN RICE
 MICHAEL SCHAFF
 SHELLEY SCHOFIELD
 BRANDY VAUGHN
 SAMUEL SAVOIE
 DONALD NELSON

Big shout out to the Minot Air Force Base Top 3 for putting on an amazing celebration for our selects and their families.

BAKED QUESO BLANCO DIP

INGREDIENTS

- 12 OUNCE HEAVY CREAM
- 1 POUND AMERICAN CHEESE, CHOPPED INTO SMALL PIECES
- 1/2 POUND MOZZARELLA CHEESE, GRATED
- 2 CAN GREEN CHILES
- 1 TEASPOON CHILI POWDER
- 1 TABLESPOON CUMIN
- 1/2 TEASPOON RED PEPPER FLAKES
- 1 TABLESPOON TRAEGER CHICKEN RUB TO TASTE
- CILANTRO, FINELY CHOPPED TO TASTE
- CHERRY TOMATOES, SLICED TO TASTE
- NACHO JALAPENOS AS NEEDED
- TORTILLA CHIPS

When ready to cook, start the Traeger according to grill instructions. Set the temperature to 450 degrees F (500 if using a WiFi-enabled grill) and preheat, lid closed, for 10 to 15 minutes.

Bring cream to a simmer over medium heat. Slowly whisk in cheese in batches making sure the first batch is fully incorporated before adding the next.

Once all the cheese is melted, add in green chiles and seasonings. Taste and adjust seasoning with more Traeger Chicken Rub if needed.

Pour cheese mixture into a cast iron pan and place directly on the grill grate. Cook for 15-20 minutes or until cheese mixture is bubbling.

Garnish with tomatoes, cilantro, jalapeños and a sprinkle of chili powder if desired. Serve with your favorite tortilla chips. Enjoy!

Ryan Davy - GM
Minot

www.Hoffe.com/BBQHQ

<p>EVERYDAY HAPPY HOUR • 3PM – 6PM</p> <ul style="list-style-type: none"> \$2 off All Apps \$3 House Wine & Domestic Pints \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups \$5 Moscow Mule \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps 1/2 Flat Bread Pizza 	<p>DAILY SPECIALS</p> <ul style="list-style-type: none"> Monday \$5 Moscow Mules (all day) Tuesday \$4 ND breweries (all day) Wednesday 1/2 Price Wine by the glass/bottle (all day) Thursday \$1 up for all Tall Taps (all day) Sunday BRUNCH (11am-2pm) \$7 TSR Bloody Mary & Caesars \$12 Bottomless Mimosas \$6 Breakfast Shots 	<p>FAMILY PACKS</p> <ul style="list-style-type: none"> Monday Pizza Pack Combo Tuesday Sandwich Pack Wednesday Chef Creation* Thursday Pasta Pack <p><small>*Changes Weekly – Check our Facebook Page</small></p>
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APRIL 2 | 4PM

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BOMBER TASK FORCE 23-2

Bomber Task Force: B-52s improve capabilities and demonstrate allied cohesion in the Mediterranean

U.S. AIR FORCES IN EUROPE AND AIR FORCES AFRICA

RAMSTEIN AIR FORCE BASE, Germany --

Two B-52s from the 23rd Bomb Squadron operating out of Morón Air Base, Spain flew a Bomber Task Force mission over the Mediterranean region, March 22, 2023.

The aircraft integrated with Italian F-35s and Hellenic F-16s to refine interoperability procedures over Southern Europe. The use of the B-52 aircraft demonstrates the U.S. commitment to international treaties and allies' concerns while maintaining real world capabilities at the heart of our exercises.

"The level of quality and precision that the U.S. and our Allies bring to our Bomber Task Force missions ensure our success in our common domain awareness," said Lt. Col. Ryan Loucks, Commander, 23rd Expeditionary Bomb Squadron. "All aircraft that we train in this theater promote deterrence through regional and global security."

The bomber aircraft also integrated with Hungarian Armed Forces, flying with their JAS 39 Gripens in joint terminal attack controller training in their airspace, demonstrating allied cohesion and assurance of our partners.

"Integrating with our partners enable us to maintain a sufficient and sustainable force posture in Europe to act when called upon," said Lt. Col Loucks.

The Bomber Task Force Europe series of missions prove and reinforce our interoperability and



Two Hellenic Air Force F-16s fly in formation with a U.S. Air Force B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron during a Bomber Task Force mission in Greece, March 22, 2023. Bomber Task Force missions demonstrate the credibility of our forces to address a global security environment that is more diverse and uncertain than at any other time in recent history.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ZACHARY WRIGHT

maintain our common air and the European Command area of maritime domain awareness in responsibility.

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Friday, April 14
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5:30pm Hors d'oeuvres will be served.
Dinner music by Jerry Schlag
6:20pm Flag Presentation
American Legion Post 26
6:30pm "Country Western Jubilee"
By Frozen Fingers Members
9:00pm Dance to the music of Dakota Drifters

Saturday, April 15
Noon "Crazyfingers" Gordy Lindquist
1:00pm Walt Storey
2:00pm Darryl Hicks Trio
3:00pm Randy Karr Band
4:00pm The Replacements
5:00pm Dakota Drifters

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BABY BOY BORN ON WEDNESDAY, MARCH 22, 2023 TO: IVANNA AND JACOB OLEARY MINOT, ND

BABY GIRL BORN ON WEDNESDAY, MARCH 22, 2023 TO: JUAN AND JENNIFER MARQUEZ MINOT AFB, ND

BABY GIRL BORN ON FRIDAY, MARCH 24, 2023 TO: CHESTER AND DESIREE LINT MINOT, ND

If you wish to put a photo of your baby in the Northern Sentry, please send it to nsads@srl.com.
Please include your name and the birth date of your baby.
Baby listings will come from Trinity Health.

CONTACTUS

Ted Bolton

Publisher | Advertising
701-240-5039
bagroup@srt.com

Rod Wilson

Business Development | Marketing
sentrysales@srt.com

GRAPHIC DESIGN BY

Nikki Greening

nsads@srt.com or
nsgraphics@srt.com

MINOT AIR FORCE BASE

PUBLIC AFFAIRS

Chief

Maj. Jhanelle Haag

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NEWSSUBMISSIONS

Northern Sentry Office

nsads@srt.com | 701.839.0946

MAFB Public Affairs Office

v35bw.pa@us.af.mil

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MAIL

315 South Main Street, Suite 202

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VIEWONLINE

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MINOT AIR FORCE BASE NEWSPAPER
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The Cycle Begins, Again!

PCS SEASON STARTS

The first part of the PCS season has started as many of the people we work with at Minot Air Force Base, including our own Erin Beene, are planning their mid-summer moves.

In Erin's case, her husband Jeff is being transferred to Hawaii. Tough assignment! She shared with our spouse roundtable that she is in the process of switching over wardrobes from sweaters and warmer jackets, to shorts and t-shirts. We are certainly going to miss Erin, although she is staying on as a member of the Northern Sentry team as our social media guru, and editor of the Weekly Post Brief. Good luck to Erin and family. Don't forget the sunscreen, a lot of sunscreen.

For a North Dakota boy who has never lived more than a couple of hours from the small town where I was born, the PCS season has always taken some getting used to. Good friends like Col. Johnny Galbert and his wife Audrian will be moving back to familiar territory at F.E. Warren AFB where Col. Galbert will be the Commander of the 90th Missile Wing, the Mighty 90. Again, good luck to the Galberts as they get ready to move.

I DO NOT LIKE TO MOVE

In general, I don't think North Dakotans like to move. Of course, that could be because of we are a very rural state, and many of us can tie our backgrounds to a family farm, or a small community that was the epicenter of a farming community.

But therein lies the issue of growing up in a small town. There

are very limited opportunities. Main streets in small towns have suffered from the loss of businesses and schools that have either closed or merged with nearby school districts. There are also fewer family farms, and thus fewer farm families. Young people are forced to move and find opportunities elsewhere. My opportunity came right out of college working for a local TV station in Minot. I never really planned to stay in Minot forever, but 46 years later...almost forever, I guess.

The young people I work with in Public Affairs often laugh at me when I share with them my history of moving, and staying, in Minot. Many of them like Minot, but the fact remains they will probably not be here more than two years. Within that culture they learn to be very efficient at moving. Less is more in their world. Unfortunately, that is not the case for me. I am one of those people who rents a storage unit to pack away belongings that really should be triaged with non-necessary (now try to define that if you will) items either sold or thrown out.

IT'S A WAY OF LIFE, RIGHT?

Even though the PCS season is a way of life on military bases, I still have trouble embracing the thought that my next door neighbor, fellow church member or contact on MAFB, will be leaving within two years. But as is the tradition, we certainly wish them well on their journey to wherever they are destined.



UPSIDE DOWN UNDER

MARVIN BAKER

There's an environmental phenomenon going on next door in Saskatchewan that is nothing short of unique. It's hard work, but the financial rewards are apparently endless.

A company called ABMT Solutions dismantles old grain elevators, then uses the recycled wood for environmentally-friendly projects.

Alvin Herman, a 75-year-old farmer from Milden, Saskatchewan is the man who is behind the grain-elevator recycling trend.

And just to clarify, recycled wood has been a "thing" for many years. People tear down barns and use the wood for decorative purposes. I've heard of people tearing down old sawmills in Idaho and using the wood to build houses, barns and sheds.

But grain elevators? Think about it. Wood elevators were built to hold the weight of thousands of bushels of grain. An elevator isn't like taking a barn down. It's much taller, it's built more sturdy and the amount of wood is far greater than any barn.

Herman's company got started with an elevator he owned in Milden, a small town near Saskatoon. The elevator was in disrepair and community residents were becoming vocal about the

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sentry**

A VIEW FROM
OUR SIDE
ROD WILSON



BEST KEPT SECRET

We all got a great view of the beautiful Northern Lights last Thursday evening. The best kept secret is that they happen often in North Dakota. You just have to watch the NOAA web site for peak opportunities to view them. Not all Northern Light displays are like the Thursday night event, seen pretty much in all of the northern United States. But

NOAA says that their website information is only a prediction. I have been in the North Unit of the Badlands, where there is absolutely no ambient light, and have witnessed spectacular displays that have lasted most of the night.

TODAY'S CHUCKLE

The difference between a discussion and an argument is whether you're winning it or not.



March 23, the Northern Lights were strikingly visible from Minot AFB.

ERIN BEENE PHOTO

A new kind of recycling...

safety factor and that it was a draw for vermin.

Herman told the city he was allergic to demolition and burning and polluting the environment. As a result, he took it upon himself, and people he hired, to tear the old 19th century structure down and recycle the lumber.

Since word got out about the "deconstruction" of that elevator, ABMT Solutions was contracted to tear down and recycle three similar structures in Kenaston, Saskatchewan. Since that time, ABMT now has 10 elevators on its waiting list.

And that's where ABMT grew, from a small group of farmhands to a widely profitable and growing company that has consultants and home designers like many lumber yards have.

By repurposing the timber, the company can maintain a low-carbon footprint, according to Ian Loughran, a consultant for ABMT who works for Vereco Smart Green

Homes, a home design company that touts its energy efficient builds.

Some of the lumber is donated to build First Nations homes, while other timber is used by ABMT to build other family dwellings.

Herman understands the hard work, but to him taking down an elevator and putting some of it back together in a "new" home, is like constructing or taking down a Lego kit. And that's how he explains it to his employees.

There's other interesting uses for the elevator lumber that may not be stable enough to build a house. They include dance floors, decorative walls, horse stables, garages and even treehouses for kids.

Sure, the lumber is free and trees aren't being cut down, but there's plenty of labor and equipment involved in taking down a structure the size of a grain elevator. Selling homes or lumber to build homes is where Herman earns his living so he can also provide his employees

with decent paychecks.

It costs about \$6,000 annually to maintain a shuttered elevator, according to Herman. Taking it down eliminates that cost for the owner and someone will most likely get a new house in the process.

The National Trust for Canada, a charity with goals of saving heritage places, estimates 20 elevators are lost each year to demolition, fire or natural disaster.

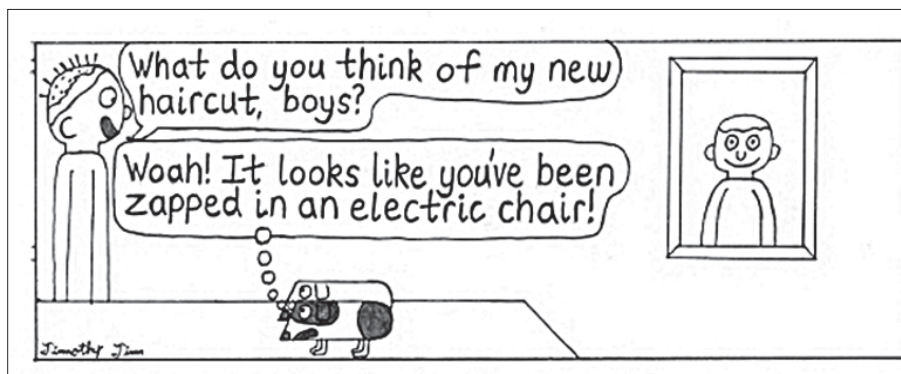
Some can be saved, some can't. There are currently 11 original prairie skyscrapers that are listed as heritage places throughout the province.

"It's heritage wood. It's never going to happen again; you're not going to find this wood anywhere else in the world. If people want to preserve some of the history, this is kind of the last ditch effort to preserve the old sentinels that dotted the prairie," Herman said.

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

TIMMOTHY
TIMM



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.



SLICE OF LIFE
KIM FUNDINGSLAND

The Promise of Spring



KIM FUNDINGSLAND PHOTO

Spring.
For me it is the most anticipated season of the year. I'd guess it is for a lot of other people too, especially when winter seems to hang around a bit too long.

Spring is never all sunny days and warm temperatures, but it is a season of promise, foremost being that winter, and snow, and windchills, and golf courses and campgrounds covered in white drifts, and frozen lakes won't last forever. Oh, winter is often reluctant to release its grip, but spring always comes through as promised, albeit on a timetable all its own.

I guess those who follow such dates get a bit frustrated too, or at least have realized the futility of circling spring on the calendar while at the same time issuing Winter Storm Warnings.

You see, this year our spring officially begins March 20. Yes. That's the day winter is over and the season of changing furnace filters, warming up vehicles, shoveling snow, and wearing heavy clothes comes to an end. Okay, it doesn't quite work that way, but at least that's the promise of spring.

March 20 is actually the beginning of astronomical spring, the arrival of the Vernal Equinox. Spring is a better term for when the sun is directly overhead. Those professional weather guys and gals, like those at the National Weather Service, have what they call meteorological spring. That starts

March 1. Confusing, huh?

There are some issues with keeping records of spring weather because astronomical spring varies in length each year. So, long ago the NWS adopted meteorological spring in their quest to provide meaningful data. Meteorological spring comprises the months of March, April, and June – always the same length of time.

While the meteorological system is better for accurately comparing weather data from one year to the next, it's also confirmation that any timetable for the arrival of spring, warm temperatures and tulips and such, is pure folly. Spring has a timetable all its own.

One of my favorite indicators of spring, here's that promise again, is when the first geese are heard or seen where they've been absent since last fall faded into winter. In the Minot area a few Canada geese arrived weeks ago, only to be greeted by a dump of a foot or so of snow and blizzard conditions.

Soon though, the skies will be filled with migrating birds that rely on instinct to push north, not a calendar, astronomical or meteorological. Sure, sometimes

they get caught in a spring storm, but their overall record for getting the change of seasons right is remarkable.

First come Canada geese, then snow and white-fronted geese, ducks and shorebirds. Then it is spring. Muddy roads, melting snow, lakes becoming ice free, crocuses, then lilies, appearing in the countryside.

With one hand on the Old Farmer's Almanac, it's safe to say the spring we all wish to see certainly can't be counted on to arrive March 1 any more than it can on March 20, or any other astronomical date. It's a slice of life that just shows up unannounced, like an old friend knocking at your door.

Aaaah! All the more welcome. Break out the bicycles, jog through a city park, and watch the world around you turn green. It is Spring's promise fulfilled. Of course, on its own timetable, but that is entirely excused when winter coats give way to short sleeves, and we enjoy a dramatic change of season.

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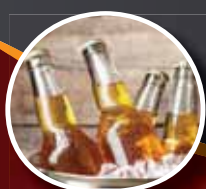
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April Resident Council



RACQUEL LABADIE, GS-12, USAF
 PRIVATIZED HOUSING RESIDENT ADVOCATE
 5TH BOMB WING



The April Resident Council is scheduled for Wednesday, 5 April at 6pm. The meeting will be held at the Welcome Center, 183 Missile, across from the gas station. Agenda topics include: Neighborhood Safety, Services, Work Orders, Amenities, and more. There is still time for residents to submit input for the meeting via the anonymous online input form: <https://form.jotform.com/221374764660156>. The meeting will also be streaming live on Facebook @ [minotAFBresidentadvocate](https://www.facebook.com/minotAFBresidentadvocate). Meeting minutes are posted online each month and can be found at <https://tinyurl.com/mafbcouncilminutes2023>. Residents who have questions or concerns related to housing at Minot AFB can contact the

Resident Advocate at the number listed below or via email racquel.labadie.1@us.af.mil.

Of an additional note, the Resident Advocate office has moved to 5BW/HQ (167 Summit Drive) on the second floor just past the entrance of Public Affairs. Residents are still welcome to visit the office for walk-ins or can call the duty cell to schedule a meeting time, 701-818-7075.



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THE SQUIRREL SAGA CONTINUES...

Patricia Stockdill

If squirrels could talk, I'm quite sure there is one sitting around with its buddies telling a tale of fending off two of the largest wild beasts alive.

The sad part is, it might be right.

You see, the Squirrel Saga continues in our little corner of the world along Garrison Bay of Lake Sakakawea.

And, as usual, it centers around Garnet, the middle of the three Hunting Maniacs in the household. The oldest Brittany, Eider, is far too wise to bother chasing them, knowing full well they're unworthy of her time and energy.

The youngest Brittany, Magnum (AKA Magnum the Pistol), studies them silently from the house but up until last weekend hadn't dealt personally with the bushy-tailed, chattering critter.

And then there is the middle Brittany, Garnet, who after her first Squirrel War encounter a few years ago - a MMA bout worthy of a world champion fighter - earned top honors from our veterinarian for the most damage inflicted in such an encounter.

The problem is that she was the recipient of the damage.

Another problem is the MMA bout only fueled her disdain for the bushy-tailed, chattering critter. Three other subsequent encounters since then left her with minor cuts, although - like with people - minor cuts around the head, neck, and nose tend to look rather unpleasant.

The most recent encounter began innocently enough - a Saturday morning walk along the snow-laden lonely gravel road leading away from our yard.

Eider, being older and wiser, stayed in the warm, cozy house.

That's what the human and the two eager-for-a-walk Hunting Maniacs should have done.

We were only about 300 yards into our exercise mission when Garnet zeroed in on some trees along the road. That's not usual, pheasants and bunnies love those trees, too.

Much to my dismay, I realized Garnet and Magnum (AKA Magnum the Pistol) locked in on a squirrel perched on the extreme tip of the tree. They started coming to me when I called them but that's when the squirrel made its mistake.

It scampered down and bounded through the snow along the tree row, seeking shelter in the larger tree grove by the yard.

That's when its movement caught the eye of not one, but two, Hunting Maniacs and they turned their attention not to me but to their nemesis.

I watched - still trying to get them to come back to me - as the gap narrowed and disappeared.

This was not going to be good.

I envisioned a bout that would make Garnet's first - and most disastrous - squirrel encounter look like a summer picnic in the park.

Still trying to call them off, Garnet grabbed the squirrel. So did Magnum.

Garnet's problem is she made the mistake of grabbing the head. You would think she would remember that the head is where teeth are located but, nope, she had the head.

Magnum had the back end - a tug-of-war with an unhappy squirrel as the rope.

Much to my relief, as I ran to towards the embattled contestants they dropped the squirrel, realizing their tug-of-war game was a bad idea.

They ran back to me.

The squirrel bolted into the trees, looking perfectly fine bouncing along in typical bounding squirrel fashion.

Magnum was fine. Excited, but fine.

Garnet, however, looked like she had grabbed the wrong end of a squirrel with blood oozing around her nose and side of her cheek.

A quick field damage assessment revealed that it was likely superficial.

Neither dog was about to have their Saturday walk curtailed by a bout lost to a bushy-tail, chattering critter so we continued on, albeit shorter than originally planned. They happily ran and sniffed the snow, scenting pheasant tracks and likely a mouse or two.

A more thorough damage assessment determined Garnet had minor bites on the top of her nose and along her nostril, much less severe than originally feared. She had some swelling but at least this time nothing warranted a trip to the veterinarian with an explanation of what occurred in yet another squirrel MMA bout.

We've been out for walks along the same route since then but this time their human thoroughly scrutinizes the area for anything resembling a bushy-tailed, chattering critter.

And hoping two Hunting Maniacs learned their lesson.

She might not look like it, but Garnet the Hunting Maniac seems to enjoy taking on bushy-tailed, chattering critters - squirrels
 PATRICIA STOCKDILL PHOTO

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Upcoming Events

31 MAR PSND ACTIVITY FAIR
6:00PM
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Please join us on Friday, March 31 for our Activity Fair! It will be a free event open to families and their children. Registration is not required to attend the Activity Fair. The activity fair will be a 1-hour event open to families and their children to visit vendor booths and to participate in each vendor's activity. A free taco bar will be available to attendees on a first come, first served basis.

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For more information:
Facebook/ Pathfinder Services of North Dakota/ Events

31 MAR WOMEN INSPIRING NEXT GENERATIONS 'WINGS FLY'
4:30 AM - 6:30 PM
Minot AFB Turf

The WINGS Fly event is open to all Minot AFB individuals in celebration of Women's History Month. The TURF will be set up with displays, games, activities for the kids, and food. The purpose of the event is to also act as our closing ceremony, celebrating the last day of Women's History Month. Please register by scanning the QR code. Additional activities will require \$5 entry. Painting, face painting, food & drinks, lawn darts, Jenga, giant checkers, Bunco, photobooth & more. Proceeds donated to the Minot Domestic Violence Crisis Center and Women Veterans Memorial.

Women Inspiring Next Generations
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Wings Fly
Friday, March 31st, 2023

Scan QR Code for more information and registration

02 APR EASTER AT THE ZOO
11:00 AM - 2:00 PM
Roosevelt Park Zoo
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06 APR DOWNTOWN BUNNY HOP
10:00AM- 12:00PM
Various Downtown Minot Locations

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For more information:
Facebook/ Roosevelt Park Zoo / Events

For more information:
Facebook/ Minot Downtown Business & Professional Association / Events

11 APR FUN ZONE
10:00 - 11:00 AM
Minot Municipal Auditorium
420 3rd Ave SW, Minot

The Minot Fun Zone is being provided free of charge to all area residents through the Minot Park District. The bouncy castles are provided in partnership with the Minot Area Community Foundation. Fun Zone is for children 10 & under. Children and adults will enter facility and play at their own risk. Children must be supervised at all times. They are not to be dropped off. There must be at least one adult present for every 4 children. YOU are responsible for the kids that you bring. You must maintain a close physical presence at all times. No outside equipment/toys will be allowed.

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APRIL 2023



NICOLE BOUTIN

What do you enjoy most about being an FCC Provider?

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What are your interests/hobbies? My interest and hobbies are, I like to read and plan and spend as much time as possible outside with my husband and kids when the weather allows it.

What advice do you have for new providers/those interested in being FCC Providers?

My advice to new providers is it all may seem overwhelming at first but to try and stick with it, it all falls into place once you get into a routine and ends up being worth it in the long run.

For more information about FCC, please check out the following website: <https://5thforcesupport.com/fcc/>.

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KNOW YOUR CAR

Read your vehicle's manual to familiarize yourself with the safety features on your vehicle—such as antilock brakes and electronic stability control—and how the features perform in wintry conditions. When renting a car, become familiar with the vehicle before driving it off the lot.

PLUG IT IN

For electric and hybrid-electric vehicles, minimize the drain on the battery. If the vehicle has a thermal heating pack for the battery, plug your vehicle in whenever it's not in use. Start your vehicle and preheat the interior before you unplug your vehicle in the morning.

PLAN YOUR TRAVEL AND ROUTE

Before heading out, make sure to check the weather, road conditions, and traffic. Don't rush through your trip, and allow plenty of time to get to your destination safely. And always familiarize yourself with directions and maps before you go, even if you use a GPS system, and let others know your route and anticipated arrival time.

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LEADERSHIP NORTH DAKOTA MEMBERS VISIT MINOT AIR FORCE

University of Mary Leadership North Dakota members participate in a base tour at Minot Air Force Base, North Dakota, March 15, 2023. During the tour, LND members interacted with base leadership, discussing what it's like to be a leader in order to apply it to their own careers. Members were also able to ask questions to better understand the Minot AFB mission.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN CHINA SHOCK



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5TH BOMB WING ANNUAL AWARDS

Members of Team Minot gather at the Jimmy Doolittle Center to recognize the 5th Bomb Wing annual award winners, March 23, 2023, at Minot Air Force Base, North Dakota. *More photos can be found on Minot AFB PA Flickr page.*

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN EVAN LICHTENHAN

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SMSgt. Thad Burton, 5th Munitions Squadron (CMSgt. Select)

For Senior Master Sgt. Thad Burton, his journey to Chief began the day after he graduated from high school. Basic training for Burton was a bit longer than most because his appendix burst. After surviving that ordeal and completing basic, he attended tech school and went to his first assignment. "I got a lot of experience and there were a lot of job opportunities there. They taught me to work hard," said Burton. As a Senior Airman, he was sent to Aviano Air Base, Italy, and then Shaw Air Force Base, South Carolina after. Overall, he spent about 15 years working on F-16 crews. Orders to Korea came next, although he had to leave his family behind in SC. There was a stop in Kadena, Japan, and finally he landed at Minot Air

Force Base. "Even though a lot of people wouldn't have been excited to be in Minot, Minot has been good to me. It's been good for me professionally and personally," he said. His spouse also works for the base as the Community Childcare Coordinator for the 5th Force Support Squadron.

Burton and his wife Janelle have been married since 2005. He explained, "We got married in Italy, two weeks before I deployed to Iraq for six months. She has been a constant support for me. Whether it's TDYs I've gone on, or the long hours at work, she's always been there and always been very understanding. I don't have to worry about the home front when I go somewhere. It takes a lot of work, but she was always there making sure that I was doing

the right thing. We're a great team, and we work well together."

According to Burton, making the rank of Chief Master Sgt. means "continued service to our country, to our members, and giving back to all of the individuals who helped get you there. No one does this alone. You can't be a lone wolf and make any rank, let alone Chief. You have to have the support of your members, your supervision, your commanders; you have to have people guiding you and giving you directions, telling you what you are good at, what you are bad at, and what you need to improve on..."

Now that he has reached the top enlisted rank, Burton has the time to focus on his Airmen and ensure that they are well taken care of.

Did You Want Chief Master

Sergeant?

"Well, whether I wanted Chief Master Sergeant... depends on what year you are talking about. If you had been talking to Airman Burton, no. I think Staff Sgt., Tech Sgt. and even Master Sgt. Burton would have said, 'well maybe.' But like many others who have made Chief, his change of heart came when he realized the difference that the rank could make. "I wanted to continue to serve and do the most I could for the Air Force. You need to give back, and I felt I could do that at a higher level."

And what are your expectations now that you are going to become a Chief?

"I want so to serve for as long as I can, and I want to do as much good as I can for the Air Force,



SENIOR MASTER SGT. THAD BURTON

whatever I can do to improve the way we do business. I want to make whatever I am doing better."

CMSgt. Juan Toro, 5th Communications Squadron

Chief Master Sgt. Toro did not originally have any initial plans to enlist in the military. "The Air Force and the military weren't on my radar, but I was in high school, and I had a friend of mine who was already all in and the recruiter at the time had monthly commander's calls with the guys who were waiting to get shipped out. The recruiting office was about 45 minutes from my house, and it happened to be in one of the bigger cities in Puerto Rico, so my friend asked me if I wanted to go with him. Sitting in the commander's call got me interested. I walked out thinking that might be an option and a few months later I signed up," remembered Toro. "My mother had to sign me up because I was only 17. She signed that paperwork and a few months later I was at Lackland."

After Lackland Air Force Base, Texas, Toro's first assignment was at Ramstein Air Base, Germany. "I was assigned to the 86th Communications Squadron; I was basically a phone guy for the Air Force," he laughed.

For Toro, the pressure of thinking he needed to have his life figured out was very real. His supervisor, Staff Sgt. Love, had a big influence in Toro's Air Force career. "He was the first one to really sit down with me and explain to me that I was at a crossroads, but it was okay to not know what I wanted to do in life, just do the best that I can. To be honest, I would give the same advice to a young Airmen today. If it's not broke, don't fix it. It's okay to make mistakes, just pick yourself up and learn from those mistakes and make sure not to make them again."

Toro's Air Force journey would take him next to McConnell Air Force base in Kansas. "I'm a big believer in fate," said Toro, "because Kansas is where I ended up meeting my spouse, who was also an Airman. We started our family, our son was born there, and we finished off our five years in Kansas." A PCS would then take the Toro family to RAF Mildenhall in the United Kingdom, where a daughter was born. Offutt Air Force Base, Nebraska, would be

the next stop. Three years later, as fate would have it, a 15-month unaccompanied tour to Incirlik Air Base in Turkey would become a two-year tour for both Toro and his wife, and they were able to keep the family together. From there he headed to Sheppard AFB in Texas, to Travis AFB in California for three and a half years, and then finally to Minot AFB.

What Are Some of The Challenges You Have Had In Your Career?

"I've been deployed three times, and I can say that the first one is always hard. It's your first time away from family. [My wife and I] had been married for a little over

two years and my son had been born just before that. It doesn't make any difference how long the deployment is, being away from family is being away from family. The job was hard, but in its own way it was fun. I definitely grew a lot, even though it was a very basic deployment... living in tents, having cots for beds. So, the biggest challenge was deployment. Some of them are going to be good and some of them are going to be challenging. But you've got to remember that they're not forever. And we're trained so that when that call comes in, you go out and do what you gotta do."



CHIEF MASTER SGT. JUAN TORO

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CMSgt. Jeffrey Brown, 5th Civil Engineer Squadron



CHIEF MASTER SGT. JEFFREY BROWN

“Back when I was 16 or 17, I had decided that I really wanted to enlist in the Air Force so I took the ASVAB. My dad was prior Army and he said he would never join the Army, so I followed in his footsteps,” said Chief Master Sgt. Jeffrey Brown. “My mom and dad were both very excited for me to

enlist... to serve my country and for me to find a path, a career of my own.” As he looked back, all he felt at the time was excitement.

Brown’s career has taken him all over, and he spent time at Keesler Air Force Base, Mississippi, Ft. Leonard Wood, Missouri, Altus AFB, Oklahoma, Malmstrom AFB, Montana, Shriever AFB, Colorado, and finally Minot AFB.

He began his career as young boy, brand new, and sad to be away from home at his first assignment and now he finds himself surrounded by civilians and Airmen with a wealth of knowledge to offer. Brown is quick to give credit to the civilian work force for getting him to where he is today. One of the civilians who was most influential to him may have been 60 years old, but Brown said “he showed me how to work. I can hang my hat and tell you that is when I learned that I wanted to continue to serve and work hard.”

And when did you feel you should try to make Chief?

“For me, there was no trying. It was never about my achievement. It was about me trying to push my Airmen to the next level, and I think that Chief just kind of came naturally. It’s not about the rank. The rank is just some stripes on your sleeve. At the end of the day it’s all about who you are bringing with you.”

Brown says there was a point in his career where he gave up. He called his Mom and told her that he had made the decision that the military was not for him, and he was coming home. Her answer was really quite simple...no you’re not! She encouraged him not to give up.

“It’s too easy to find yourself in a circumstance that makes you want to give up,” reflected Brown, “but I would say to others, continue to persevere.”

Brown feels that keeping his family together during his

years in the Air Force was an accomplishment. He is married to his spouse Suzanne, and they have a son Andrew who is 20 and daughter Aubrey who graduates this year.

“I’ve been married to my wife for over 20 years, and I have been able to be there for my family, that was huge. Through all of the seven deployments and numerous TDYs, I still have my perspective that the Air Force is good, but the family is where it is at.”

When asked about similar challenges today versus when he was a young Airman, Brown said he still has a hard time being in the spotlight. “Here I am today in this interview and I am struggling. The struggles are still the same, it doesn’t change.”

But, he is able to overcome adversity by focusing on the positive qualities that helped him get to where he is today. “It’s important to focus on learning who you are... a lot of self-reflection and gaining that confidence.” Being in the “light” is something that Brown has gotten more comfortable with over the years.

What are your expectations for yourself moving forward?

“My number one expectation is to train the next generation and to provide them with the wisdom that I have been given over the years by great leadership. Even through bad leadership, you get to know the trials and tribulations. That’s what I’m here to do, to make sure that they the next generation of Airmen are ready for anything.”

CMSgt. Christopher Clements, 5th Maintenance Group



CHIEF MASTER SGT. CHRISTOPHER CLEMENTS

Chief Master Sgt. Christopher Clements has been in the Air Force for 25 years. His wife, Danielle was in the Air Force for seven years as a weapons loader. Both Christopher and Danielle see the highlight of their careers as being able to serve in a deployed location.

As with any military family, there are the challenges of TDY and deployments. 30 days after getting married, the Clements family PCSd to Europe. He noted one of the different aspects about living overseas, saying “you are driving on the wrong side of the road, on the wrong side of the vehicle. [Danielle] did not know how to drive a stick, so she had to teach herself.” Their time at RAF Lakenheath would include a TDY for Clements. “After that I was out the door to Afghanistan for another four months, so yeah, there were certainly hardships. I also had a son from a previous marriage, and [Danielle] had to figure out how to take care of him while I was gone.”

Now that Clements has overcome his previous challenges and made Chief, he continues to support those who he takes charge in leading,

He sees the challenges for today’s Airmen and is always ready to help them and give them advice. “I take the time to talk with them and offer my experiences. I tell them the specific ways that I have messed things up throughout my career—and the list is long, trust me—just to be able to relate to Airmen that these mistakes doesn’t have to define you, doesn’t have to get you down. At the end of the day, we are all humans and we’re all going to make mistakes, but how you recover from that is key, and that is what is going to separate you from the rest.”

Hardships are a part of the game, according to Clements. “There were several times when I could have hung it up and said this is too much, but I made a promise to myself over the years. I will retire, I will step away from the Air Force when I’m not having any fun, and well I’m still here, still having a great time and hopefully still making an impact on Airmen.”

Was there that one person that you can point to that changed your career?

“Well, I don’t think there is that one person that I can point to over the years. When I promoted a couple of months ago, I named off a list of over 30 or so individuals

and personal mentors of mine over the years who were very influential for me and helped me grow. When you move around a lot, as we do, it’s hard to hang onto that one person. Luckily, I was able to have several mentors and each one had a little different take on things.”

And in the years ahead, what are your goals?

“Well one of my goals, and probably the goal in the Air Force, is to be the Wing Weapons Manager. That’s been a goal of mine, and the pinnacle of my career. You set new goals as you go. You never stop, you never say, ‘hey I’ve arrived.’ You say, ‘what impacts can I have in the position that I am in to either help Airmen or help the mission?’”

Do you have any advice for new Airmen arriving in Minot?

“Make the best of your time when you are here, because there is plenty to do. Try different things. Have a good time, get the job done, and then move on and do the next thing.”



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A LOOK BACK THIS WEEK IN USAF HISTORY

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APRIL 3, 1967



CMSAF Paul W. Airey (USAF Photo)

Paul Airey was born in 1923 and raised in Quincy, Massachusetts. He joined the Army Air Forces on November 16, 1942 and spent his more than 27 years in service as an aerial gunner, radio operator, first sergeant, personnel sergeant major, and as the first Chief Master Sergeant of the Air Force. During World War II, Airey was a crew member on a B-24 bomber that was downed by anti-aircraft fire over Vienna, Austria. The crew of that bomber were immediately captured and kept as prisoners of war until May 2, 1945. In 1967, he was promoted to the new position of CMSAF, making Airey the highest ranking enlisted Airman. He aided and advised the secretary of the Air Force and the chief of staff on matters pertaining to enlisted airmen, such as assignments and promotions. He was also a strong advocate for enlisted professional military education and pushed the Air Force to give more training to Senior Noncommissioned Officers. After his time as CMSAF, Airey returned to Tyndall AFB, Florida where he became a first sergeant. Paul Airey retired on August 1, 1970 and moved to Florida with his wife, Shirley. He became an active part of the Air Force Sergeants Association, Air University Foundation, Airmen Memorial Museum, and Airmen Memorial Foundation. He passed away on March 11, 2009.

Information static.dma.mil / media.defense.gov

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SMSgt. Yucari Brown, 5th Security Forces Squadron (CMSgt. Select)

For Senior Master Sgt. Yucari Brown, her aunt and uncle influenced her decision to join the Air Force, along with an uncle who served in Vietnam. She realized that her calling was to a lifestyle that could provide a secure living for herself and her daughter, a calling that would take her all the way to Chief Master Sgt.

"I started at Seymour Johnson in North Carolina, went from Seymour to Shaw AFB, North Carolina, from Shaw to Joint Base Elmendorf-Richardson, Alaska, and from JBER to Minot. I've been in cold over half of my career," she said with a smile. "Almost 15 years in the cold."

Throughout her career, Brown has faced unique challenges as an African American woman in a male-dominated career field. "Until recently, seeing a female Chief in my career field was not

a common thing," according to Brown. "I remember seeing female Chiefs in other career fields, but not necessarily my own."

Along the way, several people helped her to succeed. "The first is God," she said. "But I compare this career field to a branch. There are several leaves attached to this branch, and then one day one of the leaves will fall off. My civilian mentor was monumental at a point in time in my career when I was struggling with whether or not I was going to stay in the military," shared Brown. When she had gotten orders to Alaska, she said "I remember thinking that I'm not taking these orders. I'm not going to Alaska, but it turned out to be one of my better assignments." According to Brown, there have been several people both military and civilian who have helped her along. "What I learned early is that

you are the CEO of your life and you need to determine who you are going to allow to sit at the table and feed into you. There's a change and rotation at the table because I started to progress further and further along; there are different people for different seasons."

Chief Rita Felton was the person most influential in helping Yucari to decide to set her goal to be a Chief. "She was my First Sergeant when I was in Alaska. There were always points in my career when I wanted to go do something else. I thought about leaving...and when I got to my 10-year mark I thought that at any point in time I can still jump." But when Brown met Rita, she was the first Noncommissioned Officer that she had interacted with. "I enjoyed having conversations with her, and she was a ball of energy every time I met her. You never saw her down or depressed

or upset about anything, she was phenomenal."

So, what expectations does CMSgt. Select Yucari Brown have for herself from here on out?

"A lot. It's kind of overwhelming when you start progressing. You hear the numbers, like you're one of 500, or one of 1,000, and you get down to your career field and can be one of four. You start to realize that there are people depending on you to get in a position to help them later, to give them knowledge and information and to give them leadership. Then you start to say, 'did I really learn enough for this season in my life or should I be learning more?' I may say to myself, 'should I pick up this leadership book because I may be a great manager, but my struggles are with leadership.' Now the spotlight is on you without you realizing it. When you get to a certain rank you



SENIOR MASTER SGT. YUCARI BROWN

realize, I made it, but now it's just the beginning. Now it's a whole new level of professionalism, and a whole new level of education, and a whole new level of expectations that I know I want to be able to stand up to when I put that stripe on."

CMSgt. Jeremy Davis, 5th Munitions Squadron

For Chief Master Sgt. Jeremy Davis, his family has a legacy of service to their country through the Air Force, so it was natural that he would follow in their footsteps. "It's a family history, my grandfather entered the Air Force in 1950 and retired a Chief, my father entered the Air Force in 1979, he retired as a Fire Chief, it was what I knew," Davis shared. "So the choice was pretty easy."

Davis was only a senior in high school when he enlisted. He knew it was the best choice, and so when he graduated he was ready to go.

Along the journey to Chief, Davis said that there were challenges, the first being a First Sergeant as he took a step out of his career field. "In the First Sergeant role you have to adapt quickly. You are way out of your comfort zone," he said. He also faced 13 deployments over the course of his career.

He describes himself as an "ammo guy" who, in his First Sergeant role, was brought over to

the cyber world. "They value things differently than I did as an ammo troop," according to Davis, "but it helped a lot because it rounded out my leadership style." He learned quickly what the other side of the house values, and in turn he is now able to convey those values to those he is leading.

As Davis looked back at his career, he was quick to point out the ones who inspired him along the way. "First is God. I thank him every day that I am allowed to wear this uniform. My wife Rachael has helped me out a lot, and definitely my dad. He's been my sounding board. It's amazing that we talk about leadership and management and it's interesting that I can have those conversations with my dad." And then there are the thousands of other mentors, the Airmen he has led, that Davis has learned from as well. "It's interesting what you can pick up. It's been a multitude of individuals and quite diverse ones, too. All the folks who

are out there that have helped me out, they know who they are. When the word got out that I had made Chief, it was emails and texts, and I was just so humbled. I tried to circle back and thank them for everything they had done...it's a team effort to become a Chief, I'll tell you that right now," said Davis.

Davis's father offered him valuable advice along his journey. "It was along the lines of 'don't mess it up.' Every day he told me that I have to earn it every day, especially when I made Chief. I think that rings in my ears once or twice a day; am I earning it? Am I giving back to the folks I am charged with?" His dad also

reminds him every day that he volunteered to be where he is. Davis has been retirement eligible since 2018, but he still enjoys what he is doing. "I am definitely getting up every morning and telling myself that I better earn it."

Even though Davis describes his time as a First Sergeant as difficult, it did not dampen or sway his determination to be a Chief. "I knew from the first day that I wanted to be a Chief, I wanted to be just like my dad and grandfather." Even when things did not quite go as planned, his spouse and father would not let him feel sorry for himself. He said, "I told myself to get back after it." Davis is married,



CHIEF MASTER SGT. JEREMY DAVIS

and he and his spouse, Rachael, and his children Bailey, Logan and daughter Laikin.

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Northern Sentry Publisher Ted Bolton awards Rough Rider Lanes Manager Mike Guthrie with the Best of Minot AFB Award for Best Hang Out on Base.



Casa Jalisco Mexican Restaurant Owners Ivette & Cesar Gonzalez accept the Best of Minot AFB Award for Best Local Restaurant, presented by Northern Sentry Publisher Ted Bolton.



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OUTDOOR

REPORT

OUTDOOR NOTES:

PATRICIA STOCKDILL



PATRICIA STOCKDILL



Fishing:

Lake Sakakawea elevation, March 27: 1,824.69 feet above mean sea level (MSL); 16,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.48 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.42 MSL.

•N.D. Game & Fish Dept. game wardens: Some activity around Mauvais Coulee Bridge, Minnewaukan Flats, Ziebach's Pass, and the main lake on Devils Lake but slush continues creating mobility issues even with tracked vehicles. Overall success is spotty. No reports from Lake Sakakawea, Lake Audubon, or north-central area lakes.

•Devils Lake, Ed's Bait Shop, Devils Lake: Activity light at best on Devils Lake with difficult access and mobility on the ice.

•Devils Lake, Woodland Resort, Devils Lake: Angler numbers remain light but those going are finding fair walleye success. Mobility on the ice remains limited, especially with ongoing slush issues.

•Lake Darling, Karma C-Store, Ruthville: Not many new reports with generally slow success on Lake Audubon and Lake Darling.

•Lake Metigoshe, Four Seasons, Bottineau: Pike anglers continue having good success spearing or using smelt. Look for continued evening walleye bites.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Weather permitting, anglers heading to Lake Audubon but limited reports. Continued pike activity on the east end of Lake Sakakawea with most

•Permanent ice houses can still be used but can't be left unattended on lakes.

•Be mindful of parking when accessing area lakes; not blocking roadways or snow removal operations.

•Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•April 1: New 2023 fishing licenses due.

•April 1: Williston Ducks Unlimited banquet, Upper Missouri Valley Fairgrounds, Williston, 5 p.m.

•April 8: Maple Sugaring Day, Fort Stevenson State Park, Garrison, 10 a.m.

•April 8: Spring turkey season opens.

•April 14: Badlands Toms Nat'l. Wild Turkey Federation banquet, Watford City, Outlaws Bar & Grill, 5:30 p.m.

anglers working Douglas Bay to the west along the mouths of creek beds.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Limited activity from the east end of Lake Sakakawea and Lake Audubon.

•Lake Sakakawea, New Town: Midsection of Lake Sakakawea and Van Hook Arm remain quiet.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace and east end of Lake Sakakawea remain quiet.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Improving walleye success around White Earth or Little Beaver bays on the upper end of Lake Sakakawea. Try 14 to 18 feet. Yellowstone and Missouri river muddied up and success slowed. Blacktail Dam producing some bluegill with occasional walleye.

•Lonetree WMA area lakes, Harvey: No new reports with little activity on area lakes.

•North-central/central N.D. lakes,

Towner Hdwe. Hank, Towner: No new reports with limited activity on area lakes.

Downhill skiing:

•Big Sky Ski Resort, Big Sky, Mont.: 78- to 85-inch powder, packed powder base with 30 lifts and 303 runs open.

•Bottineau Winter Park, Bottineau: 36- to 40-inch base with good conditions. 2 Magic Carpets and 1 lift, 7 runs, and tubing and terrain parks open.

•Huff Hills Ski Area, Mandan: 30- to 35-inch powder, packed powder base. All runs open along with 2 lifts, 1 tow, and Green Lift Terrain Park open. Donut Hole Hiking Area also open.

•Terry Peak, Leads, S.D.: 26- to 36-inch base. 30 trails and 5 lifts open.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

•Report All Poachers: (701) 328-9921.

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BWP Last Weekend for Skiing & Tubing!

ERIN BEENE, NORTHERN SENTRY

Nominated for a “Best of Award” in Family Recreation, Bottineau Winter Park (BWP) is definitely a perk to the long winters on the northern plains. Although, with the first of April right around the corner, it means the ski season has finally come to an end. Bottineau Winter Park Ski School Instructor Dan Fett said, “We had a better than average year with lots of snow and lots of great weather. [The] season was longer than normal as we went from before Thanksgiving to April 2nd.” BWP doesn’t have an official open date in the fall or close date in the spring, but instead has the luxury (or detriment) of following that season’s weather and snow conditions.

This past season BWP hosted not one but two Military Appreciation days in which military members

and their families received a significant discount on tubing, skiing and equipment rentals. Fett explained the success of these events on MLK Jr Day, January 16th, and February 17th, saying, “Both [Military Appreciation Days] had a 50 skier parade of flags, and the color guard from the base participated in one of them. We will definitely have these events again.” Fett and the staff at BWP understand the importance of their military clientele and were overjoyed with the massive turnout on both of the special event days. He said, “BWP is very thankful for our military and their service to our nation. That is why we put on our Military Appreciation days and offer a 10% discount every day at the park.”

When asked what BWP would

be up to during the offseason, Fett explained they are proudly installing a new t-bar lift for the slopes, which will allow for a smoother ride up and be less affected by high winds. Fett also said that BWP hosts small events throughout the summer saying, “We have trails for hiking around the park in the summer time. Our adaptive recreation program is busy with many events and activities for kids with disabilities.”

Bottineau Winter Park has one more weekend of tubing and skiing ahead and plans to be open Saturday, April 1st, and Sunday, April 2nd, for their last hurrah of the spring skiing. So go on out and get one last breath of winter at BWP this weekend before the true spring days roll in!



Three 91 SFG Commanders: Maj Jeffrey Beene 91 MSFS, Maj Zachary Hunt 791 MSFS & Maj Chase Shields 891 MSFS enjoyed a day tubing with their families.



Bottineau Winter Park’s slopes in the summer months.

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Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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NOTES ON BEING SAFE

Basic principals for safe lifting



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You would never use a jack without also using a jack stand right!

The vehicle lifts that are supporting a vehicle you are working or being stored can represent one of the most productive tools in your shop, or one of the most dangerous pieces of equipment for you if not used and maintained properly. You’d never drive a vehicle that hadn’t had the brakes inspected in years. Here are some basic and common sense principles apply to vehicle lifts in your shop and daily inspections are part of your job.

Whether you’re using two-post lifts, parallelograms, mobile column lifts, drive-on lifts or in-ground lifts for servicing vehicles, you should follow these basic safety rules.

1. BUY CERTIFIED LIFTS

There’s only one nationally recognized safety standard for vehicle lifts: ANSI-ALI/ALCTV/CE, administered by the Automotive Lift Institute (ALI/ETL). ETL testing labs verify that a manufacturer’s lifts meet the national safety standard for vehicles lift. The Automotive Lift Institute working through ETL testing procedures involves rigorous third-party testing verifying lift manufacturers comply with current ANSI requirements for lifts as defined by the International Building Code, which mandates that lifts be third party tested to meet these safety requirements. To verify equipment status, look for the gold ALI/ETL verification tag next to the lift’s controls.

2. BUY CERTIFIED LIFT OPTIONS

A commonly overlooked mistake is using an uncertified option or accessory on a certified lift. Doing so will void the lift’s certification. It’s simple: If the optional accessory isn’t certified then the lift isn’t certified. ALI/ETL standards (&ANSI standards & building code standards), require all accessories, such as drive-on lifts, rolling jacks and truck adaptors, to be certified. Although certification is good for the life of the lift, older models may not meet the most current standards. Complying with American National Standards Institute (ANSI), Occupational Safety and Health Administration (OSHA) and Public Employees Occupational Safety and Health (PEOSH) requirements is the key to keeping vehicle lifts at the

highest possible safety level.

3. NO LOCKS ARE LIABILITY

Always raise the vehicle and then lower it onto the lift’s mechanical locks as required by ANSI. Refer to ALI safety manual lifting it Right or the manufacturer’s operating instructions for detailed information. An easy way to visually verify the locks are being used is to include a weight gauge (a pressure gauge calibrated to the lift’s lifting capacity) on your lift. A weight gauge can also be a great diagnostic tool. If using an old in-ground lift that doesn’t have locks, it’s time for a new lift. While some in-ground lifts can be retrofitted with an aftermarket lock, it’s not the most cost-effective option, and your lift will still not be ALI/ETL certified to be compliant with ANSI rules and building code laws.

4. IT’S EASY TO OVERLOAD

Manufacturers of the most common two-post side by side lifts mandate that none of the four swing arms be overloaded. As an example: Some may think

that a 15,000 pound rated lift that’s loaded with a 14,200 pound ambulance isn’t near capacity. They’re wrong! It’s easy to see why two-post side-by-side lifts are often overloaded, even though the total lift capacity hasn’t been exceeded.

5. INSPECT EQUIPMENT ANNUALLY

ANSI/Automotive Lift Institute ALCTV Standard for Automotive Lifts-“Safety Requirements for Construction, Testing, and Validation” requires technicians to perform a daily operational safety check. The code also requires an annual inspection by a qualified individual. Failing to do so could expose your shop to liabilities that could be associated with an injury if an accident were to happen.

6. Training and Testing
Contact the Automotive Lift Institute, your lift supplier, or a local lift inspection company for a copy of the 20-minute lifting it Right video hosted by legendary. Like any product, lifts vary in style, type, capability, longevity and warranty.

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- A1C Duncan/5 SFS
- A1C Maddy/91 MSFS
- A1C Zernehel/91 MSFS
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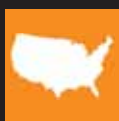
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Jr. Journalists Contributions Celebrated

ERIN BEENE, NORTHERN SENTRY

On Saturday, March 25, 11 of Minot AFB's youth gathered at Rough Rider Lanes for the first-ever Jr. Journalism bowling event. These kids came together to be recognized by the Northern Sentry staff for their writing skills and accomplishments in the Jr. Journalism Program.

Over the past year, since the program's existence, these kids have taken time to write one or more stories about their interests, what military kid life means to them or ways to help other mil kids, and submitted it on the Northern Sentry website. The program was developed last spring in order to encourage writing, journalism and community in the youngsters of the base. Since that time, the program has received 19 entries from 12 different Jr. Journalists, ages ranging from 5-13. All of their stories have been published in the Northern Sentry paper and the online version. The program is open to any MAFB child dependent up to the age 17 and will remain an ongoing program for Minot mil kids to develop the love of writing.

the kids to feel valued and have some fun too! It was also a way for the Northern Sentry owner, Ted Bolton, to meet and shake the hand of every contributor and say "thank-you." Besides the fun of bowling, each of the Jr. Journalists were treated to tasty cake, a framed copy of their article, a mini notebook for future journalistic opportunities and two free passes to the Roosevelt Park Zoo!

The 12 Jr. Journalists that were recognized were Max Beene, Laurel-Elaine Smith, Luke Smith, Luke Anderson, David Maginness, Caroline Howse, Sienna Beene, Sara Lawyer, Lucas Reinhold, Jordyn Lawyer, Charlie Anderson, Evan Reinhold & Hailey Lawyer.

The Jr. Journalism program will remain a part of the Northern Sentry for as long as there are Minot AFB kids willing to work and develop their writing skills and share it with us! To find out more about the program, please go to <https://northernsentry.com/jr-journalism/>. It is there that all our Jr. Journalists' articles are published and saved for viewing and sharing.



The Northern Sentry's Jr Journalists- Max Beene, Laurel-Elaine Smith, Luke Smith, Luke Anderson, David Maginness (not pictured), Caroline Howse, Sienna Beene, Sara Lawyer, Lucas Reinhold, Jordyn Lawyer, Charlie Anderson, Evan Reinhold & Hailey Lawyer.




The Jr. Journalists had a fun time bowling at Rough Rider Lanes this past Saturday.



Cake from Marketplace Foods.

NORTHERN SENTRY PHOTOS | ERIN BEENE



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YOUTH IN ACTION

Minot AFB Students Can Score Gift Cards and Prizes in Exchange's 2023 You Made the Grade Program

ARMY & AIR FORCE EXCHANGE SERVICE PUBLIC AFFAIRS

MINOT AFB – The Minot AFB BX is continuing its tradition of rewarding academic excellence through the You Made the Grade program, honoring the resiliency of military kids worldwide.

In its 23rd year, the You Made the Grade program rewards military students in first through 12th grades, including those who are home schooled, with prizes for maintaining good grades. Fort Bliss students with straight As will receive a \$20 gift card and an Exchange coupon sheet, while students with a B average or better are eligible to receive a \$10 Exchange gift card and coupon sheet. Coupons include:

- Free meals at Exchange restaurants.
- Free drink, any size, at the Express.
- Free kid's haircut.
- \$5 off at any Exchange mall concession shop.
- Additional savings on clothes and PowerZone accessories.

"Military children face greater challenges than their civilian counterparts," said Minot AFB BX General Manager Kyle Omler. "Our youngest heroes cope with

frequent moves and the stress of having parents deploy. Yet, despite challenges, they rise to succeed in the classroom. The Exchange's You Made the Grade Program celebrates this resiliency. Military kids' hard work pays off at the Exchange."

Minot AFB students who make the grade can also qualify to enter a worldwide sweepstakes to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings are held in June and December. The most recent sweepstakes winners were from U.S. Army Garrison Stuttgart, Kadena Air Base and USAG Humphreys.

To receive their gift card and coupons, students can visit the BX customer service area and present a valid military ID with proof of a B average or higher each grading period.

To enter the You Made the Grade sweepstakes, students can complete the form on the back of the gift card reward sleeve and mail it to:

You Made the Grade
PO Box 227398
Dallas, TX 75222-7398

The next drawing will take place in June.

Memorial Middle School Honor Roll

2022-2023
Quarter 2

Highest Honor's

Grade 8

- Aiden Finney • Layton Kelly • Megan Watts

Grade 7

- Addison Ayers • Isabelle Brown • Sophia Cain • Eden Curtis
- Ian Finney • Sara Garver • Ilyana Lavalais • Krishal Mahat
- Luciana Mason • Asher Muhs • Stella Prebble • Aiden Skates

Grade 6

- Chloe Bailey • Aidan Beaton • Arryanna Beaumont • Tucker Black
- Yara Boscarino • Olivia Calo Santiago • Isaiah Coon
- Caitlyn Cummock • Zaire Dorsey • Milania Gomez • Tyson Hann
- David Maginness • Melanie Monson • Ava Richards • Nora Turner
- Alexander Vadala • Jayden Whitfield

High Honors

Grade 8

- Kayla Bates • Khyllah Jacinthe • Olivia Jones • Evangelina Reed
- Madelyn Rivera • Sadie Tilstra • Keira Venable • Brendon Weber

Grade 7

- Jhonalene Atoigue • James Elizondo • Evelyn Filiowich
- Mason Foerster • Ariana Gonzalez • Wesley Hoadley
- Hailey Kennedy • Christian Mendoza • Charlee Morris
- Frank Prebble • Penelope Reed • Jacob Smith • Leilani Smith
- Lilith Straut

Grade 6

- Jahbari Edwards • London James • Mason Lee • Brooklyn McDougle
- Braelynn Ramirez • Keegan Roth • Michael Scheller
- Jayden Shoemaker • Rilo Smith • Chloe Stitt • Amauri Vinson
- Thor Winn

Honor's

Grade 8

- Parker Bailey • Mathew Bedell • Glen Geyer • Dylan Graham
- Caleb Jones-Dow • Madilynn Knupp • Gabriel Montgomery
- Joshua Myers Jr • Elizabeth Patton • Davinity Perez-Williams
- Gabriele Reed • Samiya Shoemaker • Jaydon Sikes • Caion Stoner
- Kaylee Thorn • Taylor Toro • Jonas Turner

Grade 7

- Fiona Burton • Michael Carriker • Mason Culver • Lanaiya Edwards
- Kendalyn Hansen • Jada Hawkins • Mckenna Jackson
- Henry Karabelski • Jack-Tyler Karst • Anthony King • Nevaeh Lowery
- Jandiel Melendez Ortiz • Peter Michaud • Charlee Morris
- William Rector • Nicole Szabo • Nichelle Williams • Olivia Workman

Grade 6

- Zahara Aguilera • Justice Bradley • Iverrie Brim
- Elena Catahay-Soles • Kadon Fitzgerald • Lucas Foster • Logan Fry
- Alexander Gandaal • Vaeh Geske • Robert Gomez • Alyssa Gonzalez
- Alexandra Guzman Munoz • Paycen Irvin • London James
- Brandon Jenkins • Leo Jordan • Brandon Judge • Cameron Kozak
- Aethan Long • Samuel Martinez Jr. • Cooper Mathewson
- Wyatt McDole • Madison Palmer • Jeremy Selman • Nayeli Umana
- Landon Wilson



SCOTTISH HIGHLAND CATTLE

CREATURE FEATURES

- Native to the rough terrain of Scotland, Scottish Highland Cattle are the oldest registered breed of cattle. Registration goes back to the 6th century. They were brought to the United States in the 1890's.
- The Scottish Highland's double coat of long hair consists of a long coarse outer layer and soft wooly inner layer.
- Their long hair prevents the need to form a layer of fat for cold temperatures. The Scottish Highland Cattle's long hair draped over their eyes helps reduce the incidence of pinkeye and other fly-borne problems.

Fact File	
Life Span	11 - 22 years
Weight	400 - 1200 pounds
Height to Shoulder	3 to 3 1/2 feet
Top Speed	25 mph
Wild Diet	Deerworts, Caribworts, Herbivores Grasses, Leaves, Flowers



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Minot AFB gets ready to "Purple Up"

Our Minot AFB community is ready to "Purple Up" with our visit to the North Dakota Capitol for the Month of the Military Child (MOMC) Proclamation Signing with Governor Burgum on April 6th!

We are thrilled for military connected students from Minot Public Schools, Glenburn Public School, Bishop Ryan Catholic School, and the Homeschool Community to join! Thank you

to the families and students who attended our informational brief March 28. If there are questions or concerns, please send an email to MAFB.school.liason@us.af.mil.

A special thank you to Superintendent of Minot Public Schools (MPS) and Member of the North Dakota MIC3 State Council, Dr. Mark Vollmer for supporting this endeavor with the provision of buses for MPS Students. In addition,

thank you to the administrators, counselors, and teachers of North Plains Elementary, Dakota Elementary, Memorial Middle School, Minot High School (Central Campus and Magic City Campus) for their unwavering support in the planning process.

We are excited for the Month of the Military Child in North Dakota and beyond!



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MONTH OF THE MILITARY CHILD

Please help us celebrate the resilient and brave children of our military by participating in the dress up week!

Week of April 3-6

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- TUESDAY- PROUD TO BE AN AMERICAN**
(WEAR RED, WHITE, AND/OR BLUE)
- WEDNESDAY- REPRESENT YOUR HOMETOWN**
(WEAR CLOTHING THAT SHOWS WEAR YOUR FROM OR WHERE YOU'VE LIVED)
- THURSDAY- PURPLE UP**
(WEAR PURPLE TO SHOW YOUR SUPPORT OF MILITARY CHILDREN)

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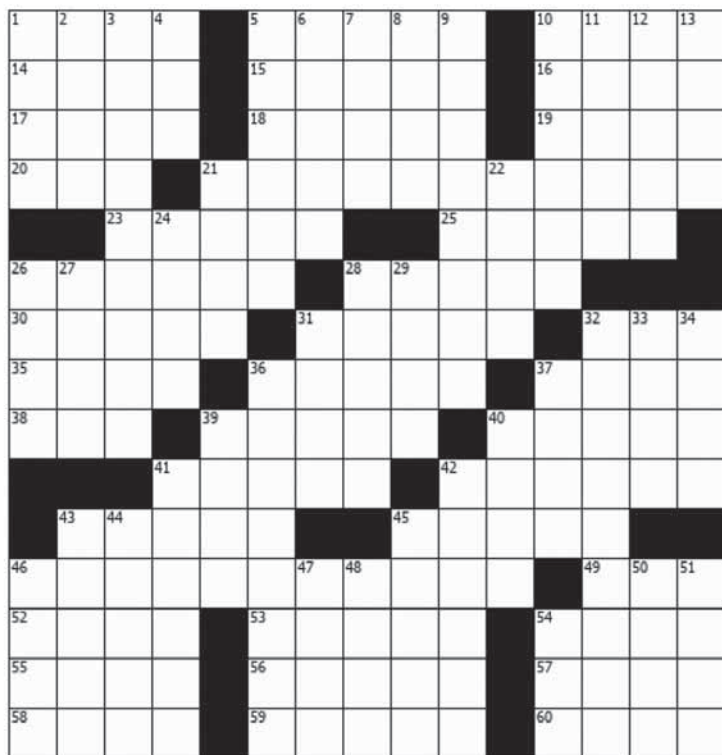
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CROSSWORD PUZZLE

Across

- 1. Wabbit hunter
- 5. Minneapolis suburb
- 10. Recipe direction
- 14. Toward shelter
- 15. Hit's accompaniment
- 16. Without delay, in a memo
- 17. Fork-tailed seabird
- 18. Africa's largest city
- 19. Good enough to eat
- 20. Occupational suffix
- 21. Quite late
- 23. Words of compassion
- 25. "Adam Bede" author
- 26. "So help me!"
- 28. Kind of sugar or syrup
- 30. "That's too bad"
- 31. Initial venture
- 32. Solomon, to David
- 35. Williams and Koppel
- 36. Shankar's strings
- 37. Adolescent development
- 38. Brian of Roxy Music
- 39. "John Brown's Body" poet
- 40. Struck, long ago
- 41. Dweebs
- 42. Walking
- 43. Ivan and Peter
- 45. Nuclear weapon, in old headlines
- 46. Moonshine
- 49. Hither partner
- 52. British author Blyton
- 53. "Toy Story" cowboy
- 54. Inactive
- 55. Memorization by repetition
- 56. Part of a C major chord
- 57. Father of Shem
- 58. Decorative pitcher
- 59. Bequeather
- 60. Boutros' successor

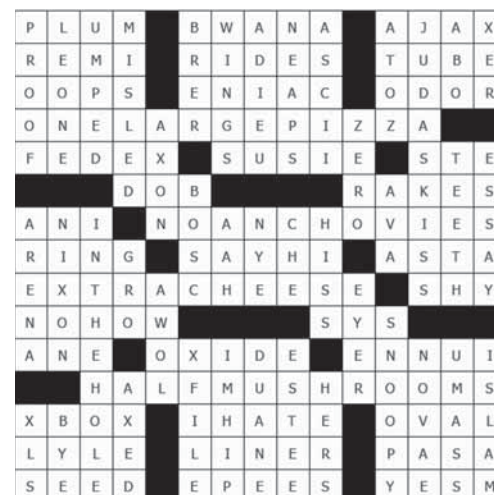


Down

- 1. Atropos, for one
- 2. Title role for Peter Fonda
- 3. Heroic action
- 4. Home in the hills, perhaps
- 5. Accompany
- 6. "Cheers" character
- 7. "Understood," hippie-wise
- 8. Emperor after Claudius
- 9. Not run-of-the-mill
- 10. "Peter Pan" playwright
- 11. "... say, not ___"
- 12. Done-for
- 13. Fencing sword
- 21. Use a surgical beam
- 22. ___ May Clampett
- 24. Copyright symbols
- 26. Deeply despise
- 27. Wilson of "Starsky and Hutch"
- 28. Insignificant specks
- 29. "I smell ___!"
- 31. Stool pigeon
- 32. Animated pooch
- 33. Aware of, as a hoax
- 34. Brand of depilatory
- 36. Had one's ups and downs?
- 37. Like most radios
- 39. A Muppet
- 40. April or November surprise
- 41. Gaggle male
- 42. Compliant one
- 43. Thus far
- 44. Hotel booking
- 45. Increase by
- 46. Like mortals?
- 47. Prefix for sphere
- 48. When both hands are raised
- 50. One of five Norwegian kings
- 51. Radar's quaff on "M*A*S*H"
- 54. It looks good on paper

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

Solution to puzzle on page C6

1				2	3		4	
	5				1			6
			7				8	
	7		6				9	
9	8						7	3
	1				9		5	
	3				4			
7			1				6	
	2		3	5				9

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ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY

Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

SUDOKU SOLUTION

PUZZLE ON PAGE C4

1	6	8	5	2	3	9	4	7
4	5	7	8	9	1	2	3	6
3	9	2	7	4	6	5	8	1
2	7	5	6	3	8	1	9	4
9	8	4	2	1	5	6	7	3
6	1	3	4	7	9	8	5	2
5	3	1	9	6	4	7	2	8
7	4	9	1	8	2	3	6	5
8	2	6	3	5	7	4	1	9

MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next term is: 20 Mar-21 May. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

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Your degree, Your way. Park University is enrolling now for Spring II Term. Classes start March 13, 2023! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. Minot State University's Summer and Fall 2023 semesters registration will open for all currently enrolled MSU students beginning Tuesday, March 29 through to April 13. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



VOLUNTEER OPPORTUNITIES

Volunteer Coaches

The new Youth Sports Coordinator at Minot AFB is looking for volunteer coaches for this upcoming soccer season. Right now, I'm seeking the following number of volunteers for each of the following age groups:

- Ages 3-4 - 8 Volunteers • Ages 5-6 - 2 Volunteers (Mondays and Wednesdays)
- Ages 7-8 - 2 Volunteers • Ages 9-12 - 2 Volunteers (Tuesdays and Thursdays)
- The season will run from 8 May - 15 June with 2 practices per week.
- All ages will practice 1730-1830. No experience with the sport is necessary to volunteer. All coaches will need to be background checked (different from any AD security clearances). For questions simply call the youth center directly or stop-by for more info.

POC: Ms. April Lawrence 723-1477 or Youth Center at 723-2838.

Winter Game Volunteers

It's that time of the year again for our Winter Games events! This year we've collaborated with the Air Force Gaming for a joint event. Additionally, we've gone digital this year with website links for both volunteer and team sign-ups.

Event Signup Link: <https://www.signupgenius.com/go/10c094bafad23a3f4c34-minot#/>
Volunteer Signup Link: <https://www.signupgenius.com/go/10c094bafad23a3f4c34-minot1#/>

POC: McAdoe Fitness Center at 723-2145, or email 5.FSS.Fitness@us.af.mil.

Scouting Power 5k Color Dash Volunteers

(May 6)
Scout Troop 5401 are looking for volunteers, they're hoping for 40-50 people to help with a color run at Oak Park.

POC: RYAN J. MCDERMOTT, MSgt, USAF, First Sergeant, 5th Medical Group
DSN: 723-5137 Cell: 701-240-5643

Magic City Civil Air Patrol Composite Squadron Volunteers

Civil Air Patrol is the official, Congressionally chartered US Air Force Auxiliary open to all adults and children 12+. Its all-volunteer members serve in a multitude of roles in support of CAP's three primary missions: Cadet Programs, Aerospace Education, and Emergency Services. As adult opportunities include working as part of an Aircrew, sUAS operator, Aerospace and STEM instruction, and many other opportunities! Whether you are looking to bring your skills to a new venue, expand your experience, or learn something new, there's certainly a role for you! No prior experience or military affiliation is necessary. For more information about Civil Air Patrol, visit <https://www.govcivairpatrol.com> or contact the POC below.

POC: 1st Lt Jon McLemore, CAP | Jonathan.mclmore@ndcap.us
701-720-6410 | <https://nd021.cap.gov>
Meeting location: AvFlight, Minot Airport, 2400 N. Broadway Suite E, 1830-2030 every Thursday

AADD Volunteers

AADD is seeking volunteers to support our regular schedule for weekends.
• REGULAR 2023 WEEKLY SCHEDULE- <https://volunteersignup.org/FHLLR>
POC: SSgt Kristal A. Cruz Leon, 723-4633, kristal.cruz_leon@us.af.mil
Minot AADD, MinotAFB2233@gmail.com

Winter Career Development Event Volunteers

The ND FFA Association need judges for our upcoming Winter Career Development Events (CDEs). We're seeking approximately 30 judges. We need 60 total! There are 239 FFA members registered. Students competing in the Agricultural Career Development Event (CDE) gain experience & skills essential to the production/marketing of agricultural products. There's a team component and an individual component that illustrates related careers and offers a firsthand look at developing product knowledge. Judges will be assigned to either the individual or team event. You do not need any agriculture experience! Details for the Day: If you sign up to judge, a confirmation email with more details will be sent to you. • Located at: ND State Fair Center, Magic Place • Judges Arrival Time: 7:45 am – ND State Fair Center Upper Atrium – Coffee and Donuts – * You will receive a complimentary lunch ticket. • Judges Meeting Start Time & Location: 8:00 am – ND State Fair Center Upper Atrium • Event Start Time: 8:30 am • Event Materials: ND FFA. For those interested in serving as a judge, please go to Agricultural Judges Sign Up (cognitiforms.com) to sign up. If you could promptly do this, it would be greatly appreciated as it helps us in finalizing our CDE arrangements.

POC: ERIN D. PARKER, MSgt, USAF, COMM: 701-723-2717 DSN: 453-2717

AF K12 STEM-to-Sky Program Volunteers

Volunteers are needed to assist with the AF K12 STEM-to-Sky program; a new annual outreach effort connecting Airmen & Teachers enabling them to produce direct classroom engagement. The purpose of this effort is to directly engage Airmen with classrooms around the world to share experiences, emphasize the importance of STEM education, and create personal military-to-classroom connections. Within the classroom, Airmen will discuss their associated roles and emphasize the importance of STEM (connect); and create propensity for students to pursue STEM and Air Force fields (inspire). Anyone can volunteer, and we especially encourage those who work in STEM-focused career fields! For Airmen sign-up and information/instruction - <https://forms.osi.apps.mil/r/fkmgNeYuLr>
POC: Abigail Kinder, Community Relations & Media Operations, Minot AFB PA
Comm: 701-723-6768, DSN: 453-6768

Minot Shrine Circus Volunteers

(May 11, 12, 13)
We are looking for volunteers to help with various tasks before, during, and after performances at the ND State Fair Center. Meals/snacks will be provided to volunteers.
POC: Minot Shrine Club Circus Director, John Young
701-214-0928 or jrjchyoung85@gmail.com

Local Cravings Restaurant Guide

Applebee's Grill & Bar

2302 15th St SW, Minot
Phone: 701.839.2130
www.applebees.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot
Phone: 701.852.7335
www.blgrill.com

Bone's BBQ Smokehouse & Grill

1412 2nd Ave SW, Minot
Phone: 701.838.9140
www.bonesbbqminot.com

28 Tastes & Taps

1603 35th Ave SW Minot
Phone: 701.838.2828
FB: 28 Tastes & Taps

Culver's Restaurant

3000 S Broadway, Minot
Phone: 701.852.4800
www.culvers.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot
Phone: 701.852.8183
FB: Ironhorse Kitchen + Bar Minot

Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot
Phone: 701-441-9309
FB: Jamaican Vybz Kitchen

Pink's Bar & Grill

102 128th Ave NW Minot
Phone: 701.852.2385
FB: PinksBarGrill

Prairie Sky Breads

3 1st St. SE, Minot
Phone: 701.858.0612
www.prairieskybreads.com

Noodles & Company

304 4th Ave NW Minot
701.491.9103
www.noodles.com

Mi Mexico

3816 South Broadway Minot
Phone: 701.858.0777
www.mimexicomino.nd.com

Primo Restaurant

1505 N Broadway, Minot
Phone: 701.838.7746
www.primominot.com

Souris River Brewing

32 3rd St NE Minot
Phone: 701.837.1884
www.sourisriverbrewing.com

The Starving Rooster

30 1st St. NE, Minot
Phone: 701.838.3030
www.starvingrooster.com

Whiskey Nine

109 Central Ave, Minot
Phone: 701.837.1090
www.whiskeyninennd.com

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC) 5fs.family.support@us.af.mil

CHURCH DIRECTORY

Chapel Services at MAFB

North Plains Chapel in Base Housing

Protestant Liturgical Service
Christ Chapel
 0900

Protestant
Sunday Community Service
 1030


(Holy Communion 1st Sunday)
 Children's Church during school year

Wicca, Pagan, and Neopagan Services
Open Circle
 1000 on the 1st and 3rd
 Saturdays of every month

Northern Lights Chapel across from Rockers

Catholic Mass
 Sunday 1000
 Daily Monday-Thursday at 1200


St. Peter The Aleut Eastern Orthodox Church

 **109 6th St. SE Minot • 838-3094**

Saturday, April 1
 5 PM, Great Vespers

Sunday, April 2
 9:30AM, Holy Liturgy

V. Rev. Fr. Paul Hodge

 **Faith United Methodist Church**

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Ken Mund
 701-838-1540

Sunday School (All Ages): 9:45 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.


Break Forth BIBLE CHURCH

Wednesdays 7:00pm
 and Sundays 10:30am

1821 W Burdick Expressway
 For More Information:
 701.838.2665 | www.bfbc.tv

Cornerstone Presbyterian Church

1000 NE 3rd Street
852-0315

Sunday Schedule
 Contemporary Worship 9:00am
 Sunday School (All Ages) 10:00am
 Traditional Worship 11:00am

Wednesday Evening Schedule
 Community Dinner 5:30-6:30pm
 Contemporary Worship 6:30pm
 Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.cornerstoneminot.com


Trinity CHURCH

An Evangelical Free Church
 3500 4th St. SW • 839-5127
 (Just North of Super Wal-Mart)

Sunday School & Fellowship 9:00 a.m.
 Worship 10:30 a.m.

www.trinitychurchminot.org

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week


Bible Fellowship Church

Worship Service at 10:45am Sundays
 Sunday School at 9:45am

1720 4th Ave NW, Minot
838-0916
MinotBibleFellowship.org

 **St. Mark's Lutheran Church**
Missouri Synod

Sunday Worship
9:30 AM

2209 4th Avenue NW
Minot, ND
839-4663

Reverend Philip Beyersdorf
www.minotstmarks.com
Join us on facebook

Immanuel Baptist Church

1615 2nd St. SE • www.ibcminot.org
701-839-3694



SUNDAYS: 9:00 AM FELLOWSHIP
 9:15 AM SUNDAY SCHOOL
 10:30 AM WORSHIP


WEDNESDAYS: 11:30 AM SOUP KITCHEN
 5:30 PM FAMILY SUPPER
 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY



Christ Reformed Church

Worship 11:00 a.m. Sunday
 234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church


 2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
 Tuesday 5:15 p.m.
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com



First Lutheran Church - ELCA

120 5th Ave. NW
 852-4853

Sunday Worship
 9:30 am

www.firstlutheran.tv
 (Live Stream & Recorded)
 Radio Broadcast KRRZ 1390AM
 Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman



Gospel Tabernacle Community Church

9999 27th St NE
 4 miles south of MAFB
 James W. Henderson
 Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
 Adult/Children Worship.. 11 a.m.
 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
 Bible Study/Child-Adult
 Children Worship (Wed).... 7 p.m.
 Prayer (Friday) 7 P.m.


JOURNEYCHURCH
 ASSEMBLY OF GOD

1805 2nd St. SE
838-1111

Sunday Services
 9:00 AM & 11:00 AM

Wednesday
 6:30 PM

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller


Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 5:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcbbc.org
 email: minotcbbc@gmail.com
Dr. Bob Farmer- Pastor

415 28th Ave SE (Behind Menards)
838-1873


West Minot Church of God
Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday 7:00 - 11:00 p.m.
 ABC Child Care Center 852-6352

westminot.com
facebook.com/westminot

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week

First Baptist Church

 **200 3rd St. SW • 852-4533**
www.fbcminot.org

Classic Worship Service 8:30 a.m.
 Sunday School (All Ages) 9:45 a.m.
 Contemporary Worship Service 9:50 a.m.
 Adult Sunday School 11:00 a.m.
 Contemporary Worship Service 11:05 a.m.
 Children's Church 11:05 a.m.
 Wed. AWANA (Sept. to May) 6:30 p.m.
 Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
 Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor


Grace Baptist CHURCH OF MINOT
A Reformed Baptist Church

Sunday Service: 4:00 p.m.
Wed. Prayer: 5:30 p.m.
 at Living Word Lutheran bldg
 710 46th Ave NE, Minot

Web: gracebaptistminot.com
E-mail: gbcminot@gmail.com

RADIO BROADCAST
 KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun

 **oslc**
 where faith & life meet

OUR SAVIOR LUTHERAN CHURCH
 3705 11th St. SW
 Minot, ND 58701
 701-852-6404
www.oslcminot.com

Rev. Heath Trampe
Rev. Brian Doel

Sunday Worship
 8:15am Traditional Service
 9:30am Contemporary (w/ livestream)
 9:30am Sunday School & Adult Bible study
 11:00am Contemporary Service

Wednesdays 6-7pm
 Adult Choir
 OSKids (age 4-5th gr.)
 Bible Class (6th gr.)
 High School Youth Group (6-8pm)

To Advertise your Church on this page,

Call 839-0946

Only \$9.00 a space / per week

 **OUR REDEEMER'S CHURCH**
A Church of the Lutheran Brethren

Sundays:
 Worship 9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org


KNIGHTS



Our Redeemer's Christian School
 700 16th Avenue SE
 Minot, ND 58701
info@orcsknights.org • 701-839-0772

www.orcsknights.org

ORCS Preschool

Our Redeemer's Christian School's Preschool Program will be starting its 36th year the fall of 2023 and we would love to have your child be a part of it!

NOW ACCEPTING REGISTRATIONS FOR THE 2023-2024 SCHOOL YEAR

HIGHLIGHTS OF OUR PROGRAM

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org



ADVERTISE YOUR

Church

Advertise FOR ONLY \$9 PER WEEK

Revisions MADE UPON NOTICE FROM THE CHURCH

Deadline TUESDAYS BY NOON WEEK OF PUBLICATION

CONTACT US

call
 701-839-0946

email
 NSADS@SRT.COM

VIEW OUR PAPER ONLINE AT
NORTHERNSENTRY.COM

WHAT'S GOING ON MAFB

FRIDAY 31

- Registration Ends: Youth Outdoor Soccer, Youth Center
- 9th Annual Winter Games, Fitness Center
- HIIT Strength & Conditioning, 0500, Fitness Center
- Sr. TAP DoL Employment Workshop, 0800-1600, M&FRC
- Winter Games Call of Duty 4v4 Tournament, 0900-1600, ESC, hosted by the Fitness Center
- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes

TUESDAY 04

- Global Thunder Extended Duty Care Starts, Family Child Care
- Bundles for Babies, 0900-1030, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Moving Out of the Dorms Budget Class, 1300-1500, M&FRC
- Acrylic Paint Pouring Class, 1730-1930, M&FRC
- Magic The Gathering Commander Night, 1800, ESC
- Zumba, 1800, Fitness Center

FRIDAY 07

- Friday Night Mixed No Tap League, 1800, Rough Rider Lanes
- Master Chef Virtual Cooking Class, 1800, forcesupport.awardsplatform.com

SATURDAY 01

- Dog Sledding Trip to Ely, MN, hosted by Outdoor Recreation
- Golf Season Passes on Sale, Rough Rider Golf Course

WEDNESDAY 05

- HIIT Strength & Conditioning, 0500, Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Brown Bag Book Talks, 1200, Minot AFB Library
- Home Buying Seminar, 1300-1500, M&FRC
- Swerk, 1730, Fitness Center

SATURDAY 08

- Cycle & Strength, 0900, Fitness Center
- Master Chef Virtual Cooking Class, 1100, forcesupport.awardsplatform.com
- Zumba, 1100, Fitness Center
- Royal Purple Castle Capers, 1300, Minot AFB Library

SUNDAY 02

- Zumba, 1400, Fitness Center

THURSDAY 06

- Golf Season Passes On Sale, Rough Rider Lanes
- Pre-Separation Counseling, 0830-1130, M&FRC
- Family Zumba, 1000, Turf, hosted by Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- First Duty Station Officer Financial Course, 1400-1600, M&FRC
- Extramural Bowling, 1730, Rough Rider Lanes
- Zumba, 1800, Fitness Center

APRIL SPECIALS

Bomber Bistro • Club Wrap
Sliced ham, pepperoni, lettuce, tomato, provolone cheese, with Italian dressing served on your choice of tortilla wrap.

The B-Fifty Brew • Pineapple Passion Refresher
Tropical flavors of pineapple and passionfruit mix with diced pineapple to create an island escape--oh so refreshing.

Rockers Bar & Grill • Smokin' Bomber Burger
Seasoned 1/3lbs burger layered with cheddar cheese, smoky bacon, 2 stacked crispy onion rings, and barbecue ranch on a bed of lettuce and tomato.

FIRST FRIDAY FAMILY BINGO
JIMMY DOOLITTLE CENTER
APRIL 21ST
4:00PM - 9:00PM
CORNHOLE, GAMES, BOUNCE HOUSES, & MORE!
DELICIOUS FOOD
CLUB MEMBERS EAT FREE
NON MEMBERS PAY \$7 PER PERSON OR \$20 FOR FAMILIES

FORCE 5THFORCESUPPORT.COM

WHAT'S COOKING? PRESENTS
2023 VIRTUAL
Cooking Classes
WITH CHEF LUCA
WINNER OF MASTER CHEF SEASON FOUR

ATTEND FOR A CHANCE TO WIN*
A PRIVATE VIRTUAL COOKING CLASS WITH CHEF LUCA
AN IN-PERSON GALA DINNER AT YOUR INSTALLATION COOKED BY CHEF LUCA

04. 07	@ 1800 CT	Steak night
04. 08	@ 1800 CT	Pizza with Polenta
04. 21	@ 1800 CT	Beats with Sea Scallops
04. 22	@ 1800 CT	Mushroom Chops with Béchamel
04. 28	@ 1800 CT	Chocolate with Creme Anglaise
04. 29	@ 1800 CT	Roasted Rack of Lamb
05. 12	@ 1800 CT	Fish Tacos
05. 13	@ 1800 CT	Crispy Salmon Skin
07. 21	@ 1800 CT	Roasted Beef Short Ribs
07. 22	@ 1800 CT	Homemade Snacks

RECIPES

SIGN UP AT
FORCESUPPORT.AWARDSPLATFORM.COM

FORCE 5THFORCESUPPORT.COM

DESIGNER BAG BINGO
JIMMY DOOLITTLE CENTER
MAY 4TH • 5:30 - 9:30
\$35 FOR MEMBERS • \$40 FOR NON MEMBERS
10 GAMES OF BINGO MEANS 10 CHANCES TO WIN!
EARLY REGISTRATION FOR CLUB MEMBERS ONLY FROM MARCH 15TH TO MARCH 29TH!
FOR PRICING INFO & HOW TO PURCHASE TICKETS SCAN HERE OR GO TO
5THFORCESUPPORT.COM/EVENT/DESIGNER-BAG-BINGO

FORCE 5THFORCESUPPORT.COM

GAS UP. SNACK UP. GET GOIN'.

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2625 N. Broadway 2005 N. Broadway 1105 S. Broadway 7141 US HWY 2

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