

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 61 • ISSUE 34 | MINOT AIR FORCE BASE | FRIDAY, AUGUST 25, 2023

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GREY WOLF HANGAR COMING SOON



Civic leaders, government officials and senior leaders break ground at the groundbreaking ceremony for the 54th Helicopter Squadron's new facility Aug. 15, 2023 at Minot Air Force Base, North Dakota. The new facility will house the incoming MH-139 Grey Wolf which will replace the UH-1N Iroquois. See page A2 for more on the groundbreaking event.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EVAN LICHTENHAN

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54th Helicopter Squadron Groundbreaking Ceremony

SENIOR AIRMAN CALEB S. KIMMELL
5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

On August 15, 2023, Minot Air Force Base held a groundbreaking ceremony for a new facility for the 54th Helicopter Squadron, which will house the new MH-139A Grey Wolf. The Grey Wolf will replace the 54th Helicopter Squadrons' UH-1N Huey that has been in use since 1996.

The Grey Wolf is a multi-mission capable helicopter designed to protect intercontinental ballistic missile facilities and transport U.S. government officials and security forces.

The new facility will consist of three maintenance hangar bays, six aircraft shelter bays and three hangar bays for aircraft on alert; in addition it will also contain offices, briefing rooms, storage space, aircrew flight equipment storage and four bays to house land vehicles for tactical response. The building, once fully constructed, will be approximately 133,000 square feet.

Col. Kenneth McGhee, 91st Missile Wing commander, provided remarks during the groundbreaking ceremony of the new facility and its positive impact to the Minot AFB mission set.

"Once constructed, this new facility will house 35 Airmen on 24 hour shifts, rotating day to day to

launch our Airmen across the missile field to support convoy operations, missile field emergencies, search and rescue operations, and other future potential challenges", said McGhee, "That's the very definition of integrated lethality."

The 54th Helicopter Squadron provides helicopter security response for the 91st Missile Wing located at Minot Air Force Base. The squadron supports emergency war order taskings by transporting tactical response force teams in support of launch facility denial, recapture, and convoy operations. The squadron also conducts priority passenger and cargo airlift, as well as search and rescue and medical evacuation operations.

"Right now our 54th Helicopter Squadron is unable to cohabitate on a day to day basis with our 91st tactical response force partners," said Col. Philip Bryant, commander of the 582nd Helicopter Group. "We need this new facility for integrated lethality. Instead of eight Hueys, we will have 11 MH-129s."

The 54th Helicopter Squadron's primary function is to provide aerial protection for the 91st Missile wing and all of its components. With the new location, the 54th HS will be able to ensure safety of 91st MW facilities in a more efficient, safer, and faster manner.



Col. Daniel Hoadley, 5th Bomb Wing commander, gives remarks at the groundbreaking ceremony for the 54th Helicopter Squadron's new facility Aug. 16, 2023, at Minot Air Force Base, North Dakota. The new facility will house the incoming MH-139 Grey Wolf, which will replace the current UH-1N Iroquois.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN EVAN LICHTENHAN



Col. Philip Bryant, commander of the 582nd Helicopter Group, gives remarks at the groundbreaking ceremony for the 54th Helicopter Squadron's new facility Aug. 16, 2023, at Minot Air Force Base, North Dakota. The new facility will consist of three maintenance hangar bays, six aircraft shelter bays and three hangar bays for aircraft on alert.



Col. Kenneth McGhee, 91st Missile Wing commander, gives remarks at the groundbreaking ceremony for the 54th Helicopter Squadron's (HS) new facility Aug. 16, 2023, at Minot Air Force Base, North Dakota. The 54th HS supports emergency war order taskings by transporting tactical response force teams in support of launch facility denial, recapture, and convoy operations.



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Three, two, one.....

By the time this edition of the Northern Sentry is delivered, school will be in session across most of North Dakota. I have even received a few photos from friends that have marked the beginning of their home schooling calendar year.

Several schools have already had their initial sporting events, so evenings are also packed. Not that summer isn't busy, it just seems that once school starts things go into hyper drive.

As a community, now is the time for us to reach out to the Minot Air Force Base folks who are new and make them aware of the opportunities to get involved. And if not directly involved, at least the opportunity to support the many arts groups Minot has.

There is the Minot Symphony Orchestra, which will be scheduling tryouts for those more accomplished musicians. Last year there was a B 52 pilot that played violin. Then there is the Minot Community Orchestra, The Brass Band of Minot, The Chamber Chorale

and certainly not last or least, the Heritage Singers Male Chorus and the Voices of Note women's chorus. I am sure I have unintentionally forgotten a few other organizations, but watch the Northern Sentry events page and calendar closely, and if you have a question, don't be afraid to send me an email at sentrysales@srt.com.

What Minot has to offer is pretty unique when it comes to performing arts groups. Very few cities are blessed with a symphony orchestra of the quality of the Minot Symphony Orchestra. I may have missed the Mouse River Players above, but their productions are top notch, using local talent (many of them from Minot Air Force Base). Minot also hosts the International Artist Series. This series is variety, big time. A list of the concerts and tickets are available on their International Artist Series website.

Looking back at my last year's calendar there are dance recitals, an opera and several Christmas concerts. And what is most notable

is that tickets to these events are affordable, and some of the concerts are even free, or the group accepts a charitable donation at the event.

But arts performances are not the only events on the calendar. Very soon the Minotauros and the Minot State Beavers will take to the ice with top quality hockey. And did I forget to mention that by Thanksgiving there will be curling leagues forming at the Minot Curling Club, and yes, there is even a league for Minot Air Force Base personnel and dependents. The number of participants in this league has grown over the years. Don't know much about curling? Equipment and instruction are provided. I was told that Minot is the only active duty base in the world that has their own curling league. Who am I to question that claim?

Before I get into what happens when winter finally arrives, let's ramp up for fall. There is still a lot of lake time left, and then we transition into fall which brings

northern sentry

A VIEW FROM OUR SIDE
ROD WILSON



opportunity for those of you who love to hunt, hike and take photos.

So let the countdown begin. 3, 2, 1...Blastoff! "There isn't anything to do" is not acceptable rhetoric. Minot is certainly a landscape of opportunity for those who take the time to explore.

Dakota Parks & Recreation website. And then a couple of google searches has them easily booked for the next 3 months. They pick a path, pick a day and time and meet at the trailhead. What a great way to experience North Dakota, or even just Minot. Take your camera for those photo ops along the way.

BEST KEPT SECRETS

A group of enterprising young adults have put together a plan to explore one hiking/biking trail a week. Their resources? The Minot Park District website. The North

TODAY'S CHUCKLE

Do you ever get the feeling life is a parade, and you're the one assigned to clean up after the elephants?



SLICE OF LIFE
KIM FUNDINGSLAND

Perfecto and the Chicken

shelved the story. Huh?

Without any prompting from me, he proceeded to detail the life of Perfecto before dropping a complete stunner – George Perfecto Baye used to live in a small cabin on his land and he would like to show me the site. Wow! Incredible luck! Then he added, "Bring your shotgun and dog. There are pheasants everywhere."

That's the ticket! Not only would I get an exclusive on George Perfecto Baye, but I would be able to hunt a favorite bird on land closed to all others. The offer was quickly accepted.

I drove into his farmyard a day or so later with my Brittany "Dandy" seated next to me. Against the back side of the barn, which was visible from the entrance road, I noticed a large pile of chicken feathers, evidence of recent butchering.

Not seeing any chickens or other animals roaming the property, I let Dandy out to run a bit and knocked on the farmhouse door. I was greeted with a powerful handshake from a very friendly man who graciously invited me inside for a cup of coffee and a generous wedge of homemade pie. It was my favorite – juneberry.

After a lengthy and infinitely informative and friendly conversation he stood up and said, "Let's go to Perfecto's place." With that I headed for the door, grabbing my jacket off a hook located in the entryway.

As I opened the door, and my host was right behind me taking his coat off a hook, I saw Dandy sitting proudly on the porch with a chicken in her mouth. Yikes! I'm doomed!

I understood the killing of farm animals of any size is a heinous act, regardless of circumstances. I had visions of being buried up to my neck next to an anthill if discovered. Oh, what to do?

My host, whose view was blocked by this writer's presence, said, "I'll be right out. I have to get my hat." With that, he turned and walked back into the house.

Quickly, I had Dandy drop the chicken into my hand. The chicken's head was hanging but its feet were still kicking. I tossed that bird into the feather pile next to the barn just as my wonderful host was emerging from the house,

a broad western hat on his head.

As we climbed into his old pickup truck, dog too, my eyes were fixed on the pile of feathers and assorted chicken parts, fearful that Dandy's chicken would come wandering out any moment and greatly change the demeanor of my kind host.

Driving across some broken pastureland bordering a wooded creek bottom, he brought the pickup to a halt.

"Here it is. This is where Perfecto lived for years," he said.

There was some evidence of a cabin still visible, foundation and the like, but the walls were completely gone. My host pointed out a small stream, not more than a foot wide, that ran very close to the cabin site. It was from that tiny stream, he said, that Perfecto drew water for his cabin.

Then he showed me a scrapbook containing some old, yellow newspaper clippings about George Perfecto Baye. The aged articles confirmed Perfecto had quite a reputation as a roper in early day Dakota, winning at rodeos and performing rope tricks at schools and fairs and similar venues.

A short time later I was shown the location of the best pheasant hunting on the property. My thoughts again turned to the chicken that would likely be limping around the farmyard when we returned to the house to get my vehicle and commence a few hours of hunting.

I'm sure I had a few nonsensical stories made up as an explanation for a wounded chicken but was grateful I never had to blurt out such unbelievable garbage. That previously healthy chicken was still in the feather pile.

How long it remained there, or when it was discovered, I cannot say. I wasn't about to inquire either. In fact, I never spoke to or crossed paths with my fine host again.

There, dear reader, is the truth about an egregious incident that has haunted me for years. I feel better already. There's comfort in knowing I have confessed to the sordid affair.

For all you sleuths wondering where these events unfolded, I leave you with one clue – George Perfecto Baye.

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It's Time You Make Some Scotcheros



SHE'S NOT FROM AROUND HERE

AMY ALLENDER

I lived in the Dakotans nearly a decade before making a pan of scotcheros for myself. Looking back, I guess I was just coasting along on the kindness of others. I'm quite spoiled by a plethora of from-around-here friends. It should also be noted that I never miss a church potluck—and there are always scotcheros at a church potluck.

Recently, however, that changed. In a perfect storm of events, I found Rice Krispies on sale at the commissary the same week a new family moved into our church from California. I wanted to give them a real Hotdish Land welcome, so we invited them to join us for dinner and immediately put Tater Tot Hotdish and Scotcheros on the menu.

I looked up the recipe, got out the bowls, then stood at my counter—a little apprehensive. This is a North Dakotan's favorite dessert. This is an integral part of Hotdish culture. I'm not even from around here. Who am I to attempt such a culinary feat? What if I mess it up and the Californians are scarred against life in Minot forever?

To curb my nerves, I took to the friendly streets of Instagram. I put a quick post on my stories about my first scotcheroo attempt. Soon, notifications started pinging. There were locals spurring me on, and offering tips. Then there were transplants like myself—some wanting to know the recipe.



UPSIDE DOWN UNDER

MARVIN BAKER

Have you heard about this incident in Marion County, Kan? Apparently the police chief ordered a raid on the local newspaper the Marion County Record and seized computers, cell phones, a router and photographed the entire office.

When this story broke, the reason for the raid didn't make any sense. The publisher was investigating a DUI. Newspaper editors do that all the time. That shouldn't be cause for a raid.

But on Tuesday, the Kansas City Star reported the publisher was actually investigating the police chief, who abruptly left his job in Kansas City and was later hired as the chief of police in Marion County.

Meanwhile, the police chief stated his office conducted the raid because he believed an employee of the Marion County Record committed a computer crime.

Regardless, it appears to be intimidation by the police chief. In fact, the publisher said his mother, a part owner of the newspaper, died over the weekend because she was distraught about the raid.

Many simply asking, "What's a scotcheroo?"

I guess I just thought North Dakotans were constantly identifying newcomers and saying something like, "Hi. Welcome. Here, have a scotcheroo."

Well, the questions pouring in after posting about my baking attempt proved otherwise. So it's time to explain. As your resident Minot guru, I'll explain in "not-from-around-here" terms what exactly we're talking about.

A scotcheroo is kind of like a Rice Krispy treat, but with peanut butter, and topped with chocolate. It's also the official state dessert of North Dakota (okay, I made that part up.) But seriously, Hotdishers can't get enough of these. Just ask a local to tell you about scotcheros, even mention you've never eaten one and watch the floodgates open. It's the perfect icebreaker.

For very passive people, NoDaks are nothing, if not passionate about their scotcheros.

There are strong opinions surrounding what makes the best scotcheroo. Some will tell you it's best to make them with Special K instead of Rice Krispies. Others will tell you that doing so means you've made "Special K Bars," which is a completely different dessert. One local will swear by making the whole thing in the microwave, while another insists stovetop always turns out best.

Let's put the politics aside. Since that first effort, I've made two more batches. They've all turned out great. Nothing to be nervous about. I even had a chance to offer one to an Estonian exchange student, who promptly asked me to write down the name of the dessert so she could make them for her family back home.

That's the magic of bars. Am I right?

Here's the recipe I used. It's ridiculously easy, and simple to commit to memory. Now you, too, can make your own—and dazzle your far-away friends and family

with this North Dakotan delicacy.

- You'll need:
- 6 cups of rice cereal
 - 1 cup sugar
 - 1 cup light corn syrup
 - 1 cup peanut butter
 - 1 cup semi-sweet chocolate chips
 - 1 cup butterscotch chips

Here's what you do:
Melt the sugar and corn syrup together. You can do this on the stovetop or in the microwave. Get it hot enough that the sugar begins to dissolve—but if you're using a stove just be sure to take it off the heat when it looks like it's going to boil. (If the sugar gets too hot, it'll get too hard.)

Mix in the peanut butter. Then gently mix the peanut butter sauce into the cereal. Once it's evenly distributed, pour the mixture into a 9x13 pan that you've sprayed with cooking oil. Press it down a bit.

Now, put the chocolate and butterscotch chips into a bowl and microwave them in 30 second bursts—stirring between each one—until melted and smooth. Pour that on top of the cereal mixture and spread it out.

Next is the hardest part. Let it firm up. This has to happen at room temperature, so it'll take 2ish hours. Putting it in the fridge can be risky, because it'll make the caramel in the bars rock hard. The wait is excruciating.



I realized there are a lot of you that have never eaten a scotcheroo. It's time to fix that.

AMY ALLENDER PHOTO

Then you're done!

Here's a couple tips:

Spray your 1 cup measuring cup with cooking oil before measuring the corn syrup and peanut butter. It makes for an easier release.

Don't pack the cereal down too firm. That makes for a hard bar.

What about you? Have you had scotcheros? Have you made them? Do you have scotcheroo secrets we need to know? Definitely let me know if you use this recipe!

For more stories of life in Hotdish Land, and tips for cultivating a positive mindset, join me on Instagram (@amy_allender) or on Facebook (@amyallenderblog).



Scotcheros are ridiculously easy to make. Use this no-fail recipe

AMY ALLENDER PHOTO

A step too far...

As newspaper editors and reporters, we do this all the time. We don't take any pleasure in it, but it is part of our job which is to inform the public.

What I think might have happened here is the city council, or county commission, I'm not sure at this point, hired the police chief without thoroughly looking into his background. Then, somehow the publisher received a tip about the police chief.

Again, this is my opinion, but it appears likely that the publisher was attempting to prove the council/commission made a mistake in hiring the police chief.

The only time I've ever heard of anything remotely close to this is about 30 years ago in New Hampshire, a weekly newspaper editor was shot dead on a street because of negative articles he had written about someone in that community.

Back in the days when I worked in Langdon, I often confided in Lynn Schroeder, the publisher of the Cavalier Chronicle about police and legal matters. He told me something one day that is quite simple, but makes a lot of sense.

"If you don't want your name in the paper, don't break the law."

People get really angry in a small town when their name appears in the local newspaper for a crime or an arrest or conviction or something like that.

I've had a number of situations in my career in which I reported exactly what the publisher did in

Marion County, and although the people were angry with me and the newspaper, nobody ever raided the place.

I've also had some death threats while I was working on a tribal election and it didn't even have anything to do with my opinion writing. One candidate didn't want the other to run ads in our paper and so he had some of his people try to intimidate me into pulling the opponent's ads.

That didn't happen. And there wasn't a snowball's chance in Tucson that I was going to bend because I wasn't going to put my integrity in jeopardy.

Sure it was scary, but as a Soldier who has been in two separate hostile areas, I can tell you my training kicked in at that point... don't take the same route every day, check under the car for explosives, make sure someone knows where

you are at all times... be vigilant.

Looking back on all the negative articles I've written about politicians, prominent business people, athletes and even clergy in my 31-year career, if I had to do it all over again, I would do it exactly the same way because there were no assumptions, no opinions, no revenge, just facts as they emerged.

I was doing my job as a journalist should do their job, which is why I think the publisher of the Marion County Record should file the biggest lawsuit ever filed in rural Kansas because what happened was uncalled for and was purely meant to be intimidation.

And, in the most recent update, the police chief has agreed through the newspaper's attorney to return all the seized items and has rescinded his search warrant. That is likely because of public backlash.

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*

TIMOTHY TIMM

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

Making Minot a home for our military friends

Minot has been home to Minot Air Force Base and its personnel for more than 60 years. We've watched as the bond between our city and the base has grown to make Minot one of the most Air Force-friendly communities in the nation.

That relationship takes hard work, and it takes constant collaboration from our City, our residents, and our military members and leaders. But the results are worth the effort: The base contributed an astounding \$595 million to our regional economy in 2022.

As Minot residents, we want our friends at Minot Air Force Base to feel welcome, to know that they belong in our community, and that we're here to support them in good times and during stressful situations. That's especially true for the young airmen who temporarily call Minot home because it might be the first time these young men and women have spent any extended time away from home, friends, and family.

That's why the Home for the Holidays program is so important. The program raises funds through a variety of methods, including selling corporate tables at the annual Prairie Warrior Association Auction. That money is then used to send young airmen home to visit their families for the holidays.

This year, we've created another way to raise even more money, thanks to an amazing partnership with Magic City Beverage and Budweiser. The local distributor and corporate office purchased a beautiful Harley Davidson motorcycle that will be raffled off, with 100 percent of the proceeds going to the Home for the Holidays program. Our goal is to raise \$150,000 by selling 3,000 raffle tickets at \$50 apiece.

I'm confident that our community will rally and help us achieve our goal, and I'm looking forward to announcing the winner of the motorcycle on Sept. 15 outside City Hall in downtown Minot. Then we'll present the bike to the winner, and hopefully present a \$150,000 check to the Home for the Holidays program, during military appreciation day at Norsk Hostfest on Sept. 30.

But the Home for the Holidays program isn't the only way our community members show their support for our neighbors to the north.

The annual Prairie Warrior Association Auction works to bring military personnel and civilians together for a great cause. The funds raised by the auction helps support the base's competition teams, squadron activities, annual banquets, and Operation Warmheart, a program that provides essentials including food and clothing to needy service members and their families. It's a fabulous event, and for years has been one of the nights that showcases the strong bond between Minot and Minot Air Force Base.

Throughout the year, there is a long list of military appreciation



DEAR MINOT
TOM ROSS,
MAYOR
CITY OF MINOT



days at some of the largest events hosted in Minot to help show community support for the 12,000 people who make up Minot AFB, including personnel, family members, and civilian employees.

Roosevelt Park Zoo's Military Day has expanded in recent years, and now includes free admission to not only the zoo, but also to the Roosevelt Park Pool and Souris Valley Golf Course. The event is made possible by a collaboration with the Minot Park District and the Minot Chamber EDC. More than 1,300 people attended the zoo's most recent Military Day, and the event continues to grow in popularity.

The North Dakota State Fair hosts an annual military day that includes reduced admission to the Fair, a free picnic and free carnival rides. The Norsk Hostfest also hosts a military appreciation day where military personnel are admitted to the festival for free.

All of these efforts are intended to showcase the important relationship between Minot and the base. We want military members and their families to be part of our community while they're serving and protecting our great nation, and we want them to eventually settle in Minot when they leave the service or retire. In fact, the Minot area is already home to more than 1,400 military retirees from all the service branches.

In addition to helping maintain peace around the globe, the men and women of Minot AFB have been an integral part of our community for decades. We all know someone who is an active or retired military member, or is a spouse or child of a military member. At the City of Minot, we are proud of the relationship we've built with Minot AFB, a relationship that fosters pride, camaraderie, and respect. Minot would not be the community it is today without the influence of those who call Minot AFB and Minot home during their military service. Thank you for everything you do.

You can find more about what's happening at the City of Minot at minotnd.org, or find us on Facebook and Twitter. We'd also encourage you to sign up for our monthly electronic newsletter on our website.

Minot AFB....quick!

Join Community Rocks this Saturday for an evening of outdoor music from Metallica, Coldplay, Queen, Garth Brooks, Boston, Aretha Franklin, Kansas, and more!

The 2nd Annual event will be held Saturday, August 26, 7:30pm at the Summer Amphitheater. Food trucks and beverage service start at 5:30pm.

Half of each ticket sale goes to benefit your choice of four great local organizations: Project

BEE, Prairie Grit Adaptive Sports, the Roosevelt Park Zoo, and the Minot Symphony Orchestra. And don't miss the karaoke auction, your chance to sing Garth Brooks' Friends in Low Places with CR Orchestra.

For a limited time, Prairie Sky Breads in Minot has 30 half off tickets for military folks (with ID) for only \$25 each! Tickets are only available in store at 50 percent off! (not online)

If you are unable to snag these discounted tickets,

you can still get regular priced tickets at <https://www.communityrocksnd.org/tickets.html#/>

Mark your calendars for another Community Rock event happening February 24, 2024. Keep an eye in the Northern Sentry for your chance for early purchase opportunities including more military discounts!

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Team Minot maintains relationships with local native communities

MS. ABIGAIL KINDER, MINOT AIR FORCE BASE PUBLIC AFFAIRS



American Legion, American Legion Auxiliary, and Veterans of Foreign Wars members from the Mandan-Hidatsa-Arikara (MHA) Nation and other tribal nations lead the grand entry of the Little Shell Celebration in New Town, N.D., Aug. 12, 2023. During the grand entry, veterans carry their flags into the arena followed by hundreds of dancers dressed in traditional regalia. This tradition is one of many that honors the veterans and service members of MHA Nation.

U.S. AIR FORCE PHOTO | ABIGAIL KINDER

NEW TOWN, N.D. -- U.S. Air Force representatives from the Sentinel System Program Office and Minot Air Force Base attended the Mandan-Hidatsa-Arikara Nation's Little Shell Celebration in New Town, N.D., to provide outreach on behalf of the Sentinel weapon system (formerly known as the ground-based strategic deterrent) project, Aug. 10-13. The celebration, which was hosted by the Three Affiliated Tribes or MHA Nation, is the tribe's largest powwow and gathers attendees from across the U.S. and Canada. At the

event, the Air Force team manned an educational booth spreading awareness of the Sentinel project, which aims to replace the aging Minuteman III intercontinental ballistic missile system with the LGM-35A ICBM by the late 2020s. While Minot Air Force Base will be the last installation to receive Sentinel, current outreach events like this are a key opportunity for the Air Force to answer questions from residents on the Fort Berthold Reservation. MHA Nation hosts 16 91st Missile Wing facilities on tribal land, making them a key

stakeholder in the program. "This event demonstrated more than community outreach," said Lisa Lone Fight, Senior Science Advisor for MHA Nation, Office of Chairman Fox. "Our collaboration with the Air Force not only highlights the MHA Science Department/USAF Sentinel joint research team's capability but also showcases our tribe's capacity to work with the military, extract key lessons, and share them broadly." MHA Nation is not only a key partner to today's strategic deterrence mission, but it has a longstanding history with the U.S.

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An attendee of the Mandan-Hidatsa-Arikara Nation's Little Shell Celebration pins an American flag onto a woman's regalia at the Air Force educational booth in New Town, N.D., Aug. 11, 2023. This outreach opportunity built relationships between the Air Force and local tribal.



Lynda LaFond, Natural and Cultural Resources Program Manager, 5th Civil Engineer Squadron, Abigail Kinder, Community Relations Advisor, 5th Bomb Wing Public Affairs, and Ray Sumner, Research Associate, CEMML, man an educational booth at the Mandan-Hidatsa-Arikara (MHA) Nation's Little Shell Celebration in New Town, N.D., Aug. 10-13, 2023.



Three American flags and a POW/MIA flag fly proudly above the Mandan-Hidatsa-Arikara (MHA) Nation Little Shell Celebration arena, 13 Aug., 2023. The flags represent the veterans of each of the Three Affiliated Tribes, and by flying them, MHA Nation allows those who have passed to return and celebrate with their family and friends during the powwow.

U.S. AIR FORCE PHOTOS | ABIGAIL KINDER

military. Tribal members served in the Spanish American War, World War 1, and many other conflicts despite not being recognized as citizens. It wasn't until the Voting Rights Act in 1965 that Native Americans were allowed to vote, yet members of MHA Nation still served in all branches of the military with pride and dignity, providing the highest rate of service of any demographic in the U.S.

Today, the MHA Nation continues to celebrate their military heritage through ceremonies, dances and recognition at powwows. Many of these members can be identified by their distinctive American Legion, Auxiliary or Veterans of Foreign Wars uniforms.

Through the Little Shell Celebration, Air Force representatives were able to immerse themselves in the rich culture and traditions

of MHA Nation while showing their support and respect for the sovereign nation. This firsthand learning and respect for the tribe's people and land will pave the way for more cultural awareness from the Air Force and its representatives.

"It was truly an honor for me to attend the Little Shell Celebration and partake in a culturally rich experience," said Col. George Chapman, 91st Missile Wing deputy commander. "The color guard formation and grand entry reiterated to me the special place our active-duty members and veterans hold in our communities." He went on to say that as the emcee honored Native veterans, both past and present, he felt touched while reflecting on Staff Sgt. (ret) Ira Brown, a Native veteran of the United States Air Force and his wife's grandfather, who was laid to rest 18 months ago.

"I am grateful for the opportunity to serve in the 91st Missile Wing where we share such a special relationship with the MHA Nation, one I hope to see grow as we move together, confidently into the future...a future that would make SSgt. Brown and the veterans of MHA Nation proud," Chapman said.

Celebrations began Thursday night with traditional ceremonies of the flag folding by American Legion and VFW members, as well as gift-giving ceremonies to honor members of the community. Throughout the weekend, more than 5,000 people gathered to watch and participate in traditional dance and song. The Air Force representatives provided information to many members of MHA Nation and were even invited to participate in a gift-giving ceremony and flag raising in honor of the nation's veterans.

According to Robbie Knight, Sentinel System Program Office, National Environmental Policy, Test Program Manager, the team was attending the powwows as a follow-up to the Environmental Impact Statement Public Hearing with the MHA Nation in summer 2022. "We were asked by community members to hold additional forums where they could ask questions and receive additional information on the Sentinel program," Knight said. "The booth at the powwow has been a great way to interact with the public, answer questions, and deepen our understanding of the concerns of the members of the MHA Nation and residents of the Fort Berthold Reservation."

The Sentinel team's attendance at the event marked the second Air Force engagement at an MHA Nation powwow, the first taking place at

the White Shield Celebration in July. Both celebrations allowed the Air Force participants to meet the community, have a meal together and experience the diverse culture of MHA Nation.

"The collaboration at the Little Shell Celebration with the U.S. Air Force signals mutual respect and reaffirms our vision for shared progress," remarked Mark Fox, Chairman of the MHA Nation. With continuous outreach and learning, the team will have the opportunity to strengthen relationships with Minot's neighboring nation now and into the future.

For more information on MHA Nation, community members can go to www.mhanation.com or visit the MHA Nation Interpretive Center in New Town, ND.



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A LOOK BACK THIS WEEK IN USAF HISTORY

HURRICANE KATRINA RELIEF OPERATIONS BEGIN
AUGUST 30, 2005



A pararescueman lifting a child to safety was deployed to New Orleans for Hurricane Katrina search-and-rescue operations. (USAF Photo)

Military and civilian services began relief operations on Aug. 30, 2005, after Hurricane Katrina devastated the southern U.S. First Air Force commander Maj. Gen. M. Scott Mayes, the task force's joint forces air component commander, set up 1st Aerospace Expeditionary Task Force-Katrina at Tyndall Air Force Base, Florida. The task force set up various air expeditionary groups for a massive disaster relief operation, and 8,000 Air Force, Air Force Reserve, and Air National Guard were deployed by September

7. Helicopters (including a UH-1N Huey from Minot AFB) flew 648 sorties and rescued 4,322 people. Other USAF aircraft from bases all over the country flew 4,095 sorties. The AF evacuated 26,943 displaced people and provided aeromedical evacuations for 2,602 patients. AF medical personnel at the New Orleans International Airport treated 16,714 patients, and transport personnel airlifted 11,450 tons of relief supplies.

Information courtesy of: media.defense.gov/ / afhistory.af.mil

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91st SFG Conducts Bully Knight Exercise

SENIOR AIRMAN ZACHARY WRIGHT, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

The 91st Missile Wing conducted an exercise simulating the retaking of an intercontinental ballistic missile launch facility, Aug. 8, 2023. The exercise, called Bully Knight, focused on the 91st Security Forces Group and was conducted in the hours of darkness, forcing the Defenders to use specific tactics in order to achieve their goal.

“Due to nighttime operations, command and control was

imperative to ensure timely actions as well as mitigating confusion during the integrated response,” said Tech. Sgt. Kyle Shaw, 91st Missile Wing inspector general team.

The exercise event consisted of the recapture of the launch facility from hostile forces and involved airborne insertion of tactical response forces via the 54th Helicopter Squadron. The exercise itself was designed to prepare Defenders and allow the 91st MW the opportunity to validate

their strengths and identify their weaknesses.

“Honing our response skills to eliminate hostile threats will sustain and bolster the credibility of our security forces and the nuclear mission,” said Shaw.

Due to the lack of light, defenders employed the use of night vision as well as overhead surveillance provided by the supporting 54th HS aircrafts.

Although the mission conditions were unorthodox, Defenders from the 91st SFG rose to the occasion, and ultimately recaptured the facility.

“[some of the positives I saw were] Defenders not rushing to judgment and making sound tactical considerations in order to effectively execute tasks based on the situation presented,” said Shaw. “Some of the responding Defenders were new to the ICBM mission, however, their motivation and assault tactics were key during a less-than-ideal situation.”

After neutralizing the simulated threats, the defenders reviewed their performance of the exercise and how they can improve in the future.

“These qualities were great examples of taking the initiative and having confidence in your ability” said Shaw.

The 91st Missile Wing operates 24 hours a day, 365 days a year, maintaining and defending 150 Intercontinental Ballistic Missile Launch Facilities and 15 Missile Alert Facilities spanning 8,500 square miles. The Wing’s commitment to one of the most important missions in the Department of Defense provides the nation with a combat-ready nuclear force deterring adversaries across the globe.



A Defender from the 791st Missile Security Forces Squadron utilizes a night vision goggle to clear out the mission vehicle before loading up.



A member of the 91st MSOS Tactical Response Force, sits and communicates through his headset to team members actively responding to an exercise scenario.

U.S. AIR FORCE | COURTESY PHOTOS

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Skin Win Dermatology Adds Provider David Patterson Has Military Background

ROD WILSON, NORTHERN SENTRY

Skin Win is an independently owned dermatology practice located in the CHI Plaza at 2111 NW Landmark Circle. Equipped with cutting-edge technology and a comfortable environment.

Skin Win was founded by Dr. Daniel Hoffman, and according to Kathleen Adams Chief Operating Officer “we exist to work with patients on an individual basis, and provide quality, continuous dermatology care.”

Skin Win providers offer medical, surgical and cosmetic dermatology to patients of all ages “and we try to work with patient’s schedules and our providers to schedule an appointment as soon possible; in most cases it’s the same week or even the next day” says Adams.

“It’s the patient-focused care that makes us unique” continues Adams “our providers will often rotate from office to office (Skin Win has locations in Minot, Bismarck and Williston) so we can establish patient-provider relationships”

DAVID PATTERSON, PA-C

Because, in part, of the military population in Minot, Skin Win has hired David Patterson as a provider.

David Patterson, PA-C brings 25 years of Dermatology experience to Skin Win. He began his medical career in the military attending Corpsman School at the Naval School of Health Sciences in Bethesda, Maryland. He graduated with distinction while also serving as a Platoon Leader.

He continued his training at the Naval School of Health Sciences, in the Neuro-Psychiatric Technician program, again graduating with

honors while serving as Leading Petty Officer. Prior to leaving the military, David served at the Naval Hospital San Diego and National Naval Medical Center, Bethesda, MD, earning a National Defense Service Medal and Meritorious Unit



David Patterson, PA-C

Commendation.

Upon leaving the military, David attended Southern Illinois University where he earned his bachelor’s degree in Science: Health Care Management, followed by receiving his Masters in Physician Assistant Studies at Duquesne University in 1998, graduating with honors. Since then, David has dedicated his career to specializing in Dermatology.

“We are excited to bring David to Skin Win, and western North Dakota” according to Adams “we

know that the Minot Air Force Base is important to the city of Minot and providing dermatology care for them important to us.”

Adams also is quick to point out that a simple phone call to any of the Skin Win locations will provide potential patients with information about the services that Skin Win provides, and availability of appointments available.

Skin Win Dermatology appreciates the sacrifice military members, and their families make for preserving our freedoms. The Care Team at Skin Win Dermatology is honored to have you as part of our community.

Adams also provided insight into the insurance situation for military members who have Tri-Care. “It’s been frustrating to Skin Win that Tri-Care has closed its panel to dermatologists. The thing is, ALL Tricare members can see anyone they want, including Skin Win. The panel being closed doesn’t mean they can’t come to Skin Win. Sometimes when they don’t see Skin Win in their insurance paperwork, they think they can’t see us, but they can. We see Tricare patients all the time and have no problem with the claims. I’m not sure if we should mention it or not. I don’t want to be more confusing. Skin Win works with the Tri-Care benefits and patients, or potential patients, can contact the office for any questions about their insurance” says Adams.

Skin Win recognizes the difficulty relocating can cause when it comes to maintaining medical care. The Skin Win dedicated Military Care Team staff is specially trained in assisting military families

in obtaining previous medical records, navigating insurances and scheduling appointments for active duty military and their families.

For more information about Skin Win go to their web site at skinwindermatology.com/military-families, or call (701) 666-6930.

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Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

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5TH MDG CHANGE OF COMMAND



Airmen, assigned to the 5th Medical Group (MDG), stand at attention during the 5th MDG change of command ceremony at Minot Air Force Base, North Dakota, Aug. 18, 2023. During the ceremony, U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, transferred command of the 5th MDG to U.S. Air Force Col. Shaun Westphal.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS KYLE WILSON



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In support of MAFB's active duty personnel, Høstfest is offering discounted tickets for the Great Hall concerts which are headlined by Brothers Osborne and Daughtry. Also performing in the Great Hall are the Oak Ridge Boys, Terry Fator, Million Dollar Quartet, and Daniel O'Donnell. Active military personnel can buy \$25 tickets (includes general admission to the festival) for as many concerts as they'd like. Family members receive the same discount. Sat., September 30 is Military Appreciation Day where military members receive free general admission for the day.

Kids are welcomed too as they get in free every day of the event thanks to Cornerstone Bank. Pick up kids' free vouchers at Cornerstone Bank or at the festival's main entrance.

Go to Hostfest.com for the event schedule.

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MEDORA'S PRODUCTION OF MILLION DOLLAR QUARTET Sept. 27th 1PM & 7PM	DANIEL O'DONNELL Sept. 28th 1PM	THE OAK RIDGE BOYS Sept. 28th 7PM
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MILITARY APPRECIATION DAY (SATURDAY, SEPT. 30)
FREE GENERAL FESTIVAL ADMISSION ALL DAY

To purchase your discounted tickets, present your Military ID at the Norsk Høstfest office located at 1020 S Broadway, Minot or at the box office during the festival.
Office Hours: M-F 8AM to 5PM

SCAN QR CODE TO LEARN MORE ABOUT NORSK HØSTFEST.



BLACK AND WHITE RUFFED LEMUR

CREATURE FEATURES

- They quadrupedally (using all 4 limbs) move about in the trees and are often seen suspending themselves upside down by their hind feet to feed on fruit.
- Lemurs are one of the great pollinators of the world! These Lemurs have developed a fascinating relationship with the Traveler's Palm Tree. When they pull apart the bracts of the tree to forage, the pollen sticks to the Lemur's fur and is carried to the next tree.
- Black and White Ruffed Lemurs are one of the only primates to make nests and commonly give birth to twins or triplets.

Fact File

Life Span	14 - 16 Years
Weight	7 - 10 pounds
Height	17 - 22 inches
Tail Length	22 - 25 inches
Body Length	20 - 22 inches
Wild Diet	Omnivore Carnivore Herbivore Fruit, Leaves, Seeds, Nectar, Flowers

Photos by Amanda Cline

ASSOCIATION OF ZOO & AQUARIUMS

WILD ANIMALS CROSSWORD



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VACATION READY CAR CARE

Wheel Alignments

It's important to get a wheel alignment done after you have new tires installed or you have made any changes to your suspension system. Regular wheel alignments will improve fuel economy, vehicle performance and are essential for even tire wear. When your wheels are aligned, they offer a smoother ride, which will give your tires a longer life. Your wheel alignment is one of the key preventative maintenance factors to ensure that you get the most out of your tires and your vehicle's handling. Our mechanics utilize precise calculations with our state-of-the-art wheel alignment machinery to perform regular wheel alignments on your vehicle.

Get Routine Wheel Alignments
 Your wheel alignment should be checked about once every six months. Your vehicle can come out of alignment from hitting potholes, speed bumps, curbs, or other imperfections on the road surface or from worn suspension and steering parts. At Trusted Tire & Auto, we can perform a wheel alignment check and align your vehicle to manufacturer's standards.

An Alignment Check Features:

- Assessment of the steering and suspension components
- Examination of the tires for size, inflation, and wear
- Comparison of your tire alignment to automobile manufacturer guidelines

What is Wheel Alignment?
 A wheel alignment involves a complex process in which suspension angles are measured and adjusted. This will ensure that your wheels are properly aligned with both each other and the vehicle's axles, so that tires make optimum contact with the road surface. The alignment of your wheels functions to keep you driving safely and help make sure your tires wear evenly, and that they don't overly wear down on one side. This process will give you and your passengers a comfortable and smooth driving experience. Driving a car with correct wheel alignment will:

- Save fuel
- Enhance your car's handling, particularly cornering
- Reduce driver fatigue
- Save excessive uneven and premature tire wear

Signs That You Need a Wheel Alignment

- Unusually rapid or uneven tire wear
- "Pulling" to the left or right
- Crooked steering wheel during a straight drive
- Squealing tires

Inspect the condition of your tires regularly to ensure they are wearing evenly and are set to the correct pressure. At Trusted Tire & Auto we use expert state-of-the-art alignment equipment to complete the alignment on your vehicle. Visit us for your next wheel alignment, auto repair service, or tire need, and we'll have your car running smoother and safer for longer.



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Fire In The Hole

Fire Departments Hold Joint Practice

ROD WILSON, NORTHERN SENTRY



A group of 5th Civil Engineer Squadron fire protection specialists extinguish an ongoing fire during a live jet fire exercise Minot Air Force Base, North Dakota, Aug. 21, 2023. Fire Protection specialists can deal with everything from brush fires to burning rocket fuel and hazardous material fires, which makes frequent training like these a necessity.

The training grounds for the Minot Air Force Base fire department are specific to the mission of Minot Air Force base. As you enter there is a model of a plan that resembles the body of a B-52. There is also another model of an H1 Huey helicopter, and finally a building that resembles a residential structure such as a home or apartment.

On this particular night there would be a training exercise that would use both the building structure and the B-52 model. Poised and waiting for the training event to start was a Minot AFB fire truck, and several members of the Minot AFB fire department. But tonight, this training event would also include the Glenburn rural fire department, one of 23 rural fire departments that would respond, if needed, to a fire that might take place at any one of

the missile control structures.

The training on the simulated B-52 would also take place “because you never know when we might need help with a B-52, or one may land in their back yard” according to Keith Salzman, Assistant Chief of Training from the Minot AFB fire department. Salzman has over 21 years of experience as a firefighter and more recently as a trainer. “With these fire departments we have mutual agreements” explains Salzman, “We call them, or they call us. We are here to help each other out.” The training these volunteer departments receive is crucial says Salzman, “allowing them to use our facilities is really beneficial. It’s something we get to do all the time, and they (the volunteer departments) don’t. They really enjoy it.”

As fate would have it, the MAFB

fire department unit that was on the scene for the training was dispatched to a fire on base at one of the dorms. The training exercise began without them as the Glenburn fire department took turns practicing on a transitional attack. “What they are trying to do here is start on the outside of the structure, and eventually transition their way in to fight the first” continues Salzman.

Eventually the truck from the Minot AFB fire department returned to mutual drill, and so did Fire Department Superintendent MSgt. Timothy Butler. MSgt Butler was able to share details about how scheduling and implementing a training like the Monday night event takes place. “It takes about 30 days to organize and event like this. As with anything, you are trying to develop a team, and within that



Two 5th Civil Engineer Squadron fire protection specialists test their equipment before starting the live structure fire exercise at Minot Air Force Base, North Dakota, Aug. 21, 2023. The usual working pressure of a firehose can vary between 116 and 290 psi.



A member of the city of Glenburn volunteer fire department works to extinguish an ongoing fire during a live structure fire exercise at Minot Air Force Base, North Dakota, Aug. 21, 2023. Minot Air Force base fire protection specialists don’t just act on Air Force bases, but assist civilian fire departments when needed as well.

U.S. AIR FORCE PHOTOS
AIRMAN 1ST CLASS
ALEXANDER NOTTINGHAM

team build leadership skills. The two fire departments (Minot AFB & Glenburn) work together. You may have a unified command when you’re outside the gates of Minot AFB as we work together to battle a fire, such as a wildfire; we’ve had a lot of those lately. When individuals come together to work, we know what capabilities each individual and each department has. We don’t want to find out where our terminology might be different, or capabilities might be different out there on a major incident. We want to find out those differences here.”

According to MSgt Butler “trust is an important factor in the two departments, or any two departments working together. That trust allows us to build a better team.”

There are 59 assigned members of the Minot Air Force Base fire department. 80 per cent of those members are military, and 20 percent are civilian “and each and every civilian we have here is a former Air Force firefighter” says Butler.

The Glenburn Fire Department is all volunteer, and on this night there were 10 firefighters along with three additional administrative staff.

The Northern Sentry and Downtown Business & Professional Association are proud to host the

Minot Area Chamber EDC September Military Affairs Committee Meeting

September 7 • 12:00 Noon
The Depot, 15 Main St N, Downtown Minot
Parking in the lot north of The Depot

Special Guest Speaker

Amy Allender

Author of
“She’s Not From Around Here”

Amy Allender, an Air Force pilot’s wife of 13 years, and new National Guard spouse is a self-proclaimed Minot guru, and the Magic City’s biggest fan. A mother of two, passionate storyteller, and mindset master—she is on a mission to turn the tide of negativity often attached to receiving orders to Minot.

Having triumphed over her own mental health crisis and shattered the chains of lifelong anxiety, depression, and negativity, Amy has dedicated nearly a decade to discovering simple strategies for maintaining mental wellness, as well as fostering contentment and resilience.

An authority on crafting narratives that flip negativity into perspectives laced with possibility, Amy empowers leaders to ignite their teams’ sense of purpose and shield against burnout, enabling them show up better in all spheres of life and mission.

On September 7th, Amy will offer a gateway to transforming mindsets, and nurturing growth as she shares her unwavering enthusiasm for life in “Hotdish Land,” and lays out actionable techniques for leaders to infuse their teams with a profound sense of purpose, while also shedding light on how caring for the mental wellness



of the whole military family unit is crucial to fortifying our community and force. Join us, for this important, engaging, and highly relatable presentation.

Registration: downtownminot.com

FIRST FEMALE AIRMEN IN FIVE YEARS GRADUATE TRF ORIENTATION COURSE AT MINOT AFB



Staff Sgt. Britney Ketcham, Tactical Response Force (TRF) assaulter, and Airman Rachelle Brown, TRF assaulter, pose for a photo after their TRF graduation ceremony Aug. 21, 2023, at Minot Air Force Base, North Dakota. Ketcham and Brown are the only female TRF assaulters at Minot, and the first ones in over five years.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN EVAN LICHTENHAN

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NOTES ON BEING SAFE

SPEEDING CATCHES UP WITH YOU



SSGT JOE VERGARA
5TH BOMB WING
NCOIC OCCUPATIONAL SAFETY



Speeding endangers everyone on the road: In 2020, speeding killed 11,258 people. We all know the frustrations of modern life and juggling a busy schedule, but speed limits are put in place to protect all road users. Learn about the dangers of speeding and why faster doesn't mean safer.

For more than two decades, speeding has been involved in approximately one-third of all motor vehicle fatalities. In 2020, speeding was a contributing factor in 29% of all traffic fatalities.

Speed also affects your safety even when you are driving at the speed limit but too fast for road conditions, such as during bad weather, when a road is under repair, or in an area at night that isn't well lit. It not only endangers not only the life of the speeder, but all of the people on the road around them, including law enforcement officers. It is a problem we all need to help solve.

Seeding is more than just breaking the law. The consequences are far-ranging:

Greater potential for loss of vehicle control.

Reduced effectiveness of occupant protection equipment.

Increased stopping distance after the driver perceives a danger.

Increased degree of crash severity leading to more severe injuries.

Economic implications of a speed-related crash; and even increased fuel consumption/cost.

Speeding is a type of aggressive driving behavior. Several factors have contributed to an overall rise in aggressive driving:

Traffic congestion is one of the most frequently mentioned contributing factors to aggressive driving, such as speeding. Drivers may respond by using aggressive driving behaviors, including speeding, changing lanes frequently, or becoming angry at anyone who they believe impedes their progress.

Some people drive aggressively because they have too much to do and are "running late" for work, school, their next meeting, etc...

A motor vehicle insulates the driver from the world. Shielded from the outside environment, a driver can develop a sense of detachment, as if an observer of their surroundings, rather than a participant. This can lead to some people feeling less

constrained in their behavior when they cannot be seen by others and/or when it is unlikely that they will ever again see those who witness their behavior.

The vast majority of motorists rarely drive aggressively, and some never do. For others, episodes of aggressive driving are frequent, and for a small proportion of motorists it is their usual driving behavior. Occasional episodes of aggressive driving—such as speeding and changing lanes abruptly—might occur in response to specific situations, like when the driver is late for an important appointment, but is not the driver's normal behavior.

If it seems that there are more cases of rude and outrageous behavior on the road now than in the past, the observation is correct—if for no other reason than there are more drivers

driving more miles on the same roads than ever before.

Speeding behavior and aggressive drivers may not only affect the speeder—it can also affect other drivers, pedestrians, and bicyclists. Here are some tips for encountering speeders on the road:

If you are in the left lane and someone wants to pass, move over and let them by.

Give speeding drivers plenty of space. Speeding drivers may lose control of their vehicle more easily.

Adjust your driving accordingly. Speeding is tied to aggressive driving. If a speeding driver is tailgating you or trying to engage you in risky driving, use judgment to safely steer your vehicle out of the way.

Call the police if you believe a driver is following you or harassing you.

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- Monday \$5 Moscow Mules (all day)
- Tuesday \$4 ND Breweries (all day)
- Wednesday ½ Price Wine by the glass/bottle (all day)
- Thursday \$1 up for all Tall Taps (all day)
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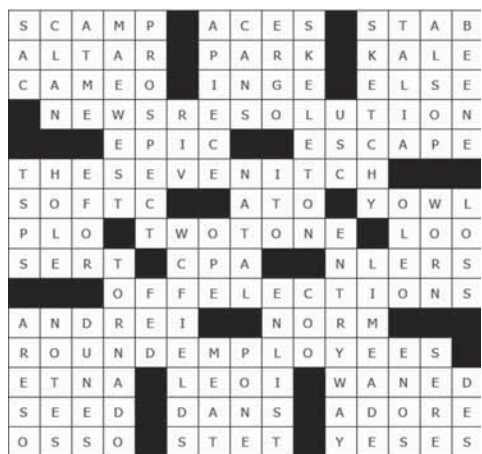
nscu.com

NCUA

LOAN MEMBER LENDER

CROSSWORD SOLUTION

Solution to last week's crossword puzzle.



CROSSWORD PUZZLE

Across

- 1. Shrews
- 5. Standard
- 10. Ga. Tech grad, perhaps
- 14. Distinctive atmosphere
- 15. Part of UNCF
- 16. Peeve
- 17. Fodder for Freud
- 20. Lengthen (with "to")
- 21. Thai temples
- 22. Quieted a crying baby
- 23. History muse
- 24. It may be checked
- 25. Handicap
- 28. Classify
- 29. Patty Hearst's kidnap grp.
- 32. Carolers' selections
- 33. Diva ___ Te Kanawa
- 34. Tuftlike mass
- 35. Not the best way to live
- 38. Ages upon ages
- 39. Pipe fittings
- 40. Mountain ridge
- 41. Docs' helpers
- 42. Beseached
- 43. Did a teacher's job
- 44. Sad comment
- 45. Baseball Hall of Famer Vaughan
- 46. Mythical inferior deity
- 49. "That makes sense"
- 50. Something the picky pick?
- 53. Ready for battle
- 56. Bridle attachment
- 57. Like Harvard's walls
- 58. Costa ___
- 59. Cigarette substances
- 60. Shrewd
- 61. K-12, scholastically

Down

- 1. Magellan org.
- 2. First word of a famous song title
- 3. Crossword puzzle part
- 4. Easy mark
- 5. Not just
- 6. Heated argument
- 7. Cries of aversion
- 8. "Chances ___"
- 9. Fictional ladies' man
- 10. Dadaist Max
- 11. Near, poetically
- 12. Model airplane kit requirement
- 13. Wind instrument
- 18. Wise, figuratively
- 19. Give the boot to
- 23. Eases one's anxiety
- 24. Cork and Corfu, for two
- 25. Deduce
- 26. Dummkopf
- 27. Lowly workers
- 28. Blind or broad attachment
- 29. Turned on an axis
- 30. Lenya or Lehmann
- 31. Yearned
- 33. What believers may fall on
- 34. Quick raid
- 36. View from the Maine coast
- 37. Food source
- 42. Walk heavily
- 43. Excessively desirous
- 44. Revival shouts
- 45. Beyond the pale?
- 46. Pub missile
- 47. Environs
- 48. Kuwaiti noble
- 49. "Put ___ writing"
- 50. First name among moonwalkers
- 51. Sumac souvenir, perhaps
- 52. Laotian's neighbor
- 54. Breakfast of centurions?
- 55. Before, in poesy

SUDOKU

Solution to puzzle on page B9

	1			2				
3	4		1	5				6
2				3				7
		2		8				5
6								4
5				7		1		
8			6					1
7			3	1		5	2	
			9					3

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CHURCH DIRECTORY

Chapel Services at MAFB

North Plains Chapel in Base Housing

Protestant Liturgical Service
Christ Chapel
0900

Protestant
Sunday Community Service
1030
(Holy Communion 1st Sunday)
Children's Church during school year

Wicca, Pagan, and Neopagan Services
Open Circle
1000 on the 1st and 3rd
Saturdays of every month

Northern Lights Chapel across from Rockers

Catholic Mass
Sunday 1000
Daily Monday-Thursday at 1200

Immanuel Baptist Church
1615 2nd St. SE • www.ibcminot.org
701-839-3694



SUNDAYS: 9:00 AM FELLOWSHIP
9:15 AM SUNDAY SCHOOL
10:30 AM WORSHIP

WEDNESDAYS: 11:30 AM SOUP KITCHEN
5:30 PM FAMILY SUPPER
6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY



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ASSEMBLY OF GOD

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838-1111

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Wednesday
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www.fbcminot.org

Classic Worship Service 8:30 a.m.
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Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 a.m.
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Rev. Kent Hinkel, Senior Pastor
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Evening Worship 6:00 p.m.
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Pastor David Miller

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Wednesday Bible Study 7:30 p.m.

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www.faithumcminot.com

Pastor Ken Mund
701-838-1540

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Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

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2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com

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Southern Baptist Convention

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www.minotcrbc.org
email: minotcrbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873

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A Reformed Baptist Church

Sunday Service: 4:00 p.m.
Wed. Prayer: 5:30 p.m.
at Living Word Lutheran bldg
710 46th Ave NE, Minot

Web: gracebaptistminot.com
E-mail: gbcminot@gmail.com

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852-0315

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Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm

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Sunday Worship
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Sunday Worship 10:30 a.m.
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Wednesday Family Training Hour
Meal 5:30 p.m.
Classes for All Ages 6:30 p.m.
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Rev. Heath Trampe
Rev. Brian Doel

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June 21-August 30

Sundays
8:15am Traditional Service
9:30am Adult Bible Study
11:00am Contemporary Service (w/Livestream)

Wednesdays
6:30pm Contemporary Service



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Worship Service at 10:45am Sundays
Sunday School at 9:45am

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MinotBibleFellowship.org




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James W. Henderson
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2023 INTRAMURAL SOFTBALL CHAMPIONS

20 Teams from different squadrons from our Minot Air Force Base participated this year in Intramural Softball. The games ran from mid-May to the end of July. All games took place in the softball fields here on base with the Championship game played on July 25. The crowned winners were 91 MSOS, who called themselves "The Sauce." All the effort and some knee blood paid off for this fun team.



("THE SAUCE")
 Picture of the Champions (not specific order): David Cobb, Lee Barr, Michael Barth, Logan Brock, Alex Burke, Matt Carrell, Christian Cortes, Jordan Dominguez, Preston Houston, David Jimenez, Kyle Alcanter, Jesse Ledoux, Rody Martinez, Samuel Paltchik, Jesse Perez, Jashuan Reyes, Joshua Creek, Ross Reubin, Austin Treadway, James Young, and Carlos Rivera-Pagan.

SUBMITTED

2023 BATS AND BRATS SOFTBALL TOURNAMENT

The Minot Air Force Base Sports Program held a fun Softball tournament for our base Airmen on August 12 at our base's softball fields. Teams could have registered for A and B divisions. A total of 6 teams signed up and the 91 MSFS "The Cream" team took the championship for the A division. Meanwhile, 5 CES "Engineers" team took the championship for the B Division. It is lovely too see our Airmen coming out to play not only at intramurals but also at tournaments organized on base to have a good time and be involved.



A DIVISION CHAMPIONS
 (91 MSFS "THE CREAM")

Jio, Zachary; Leite, Richard; Shaw, James; Hendrickson, Taylor; Barth, Micheal; Meyers, Josh; Moore, Andrew; Lemasters, Robert; Mateo, Brandon; Santillan, Emmanuel; Thompson, Duriel; Dinkleman, John; Crone, Tommy; Zechman, Justin; Burgos, Silverio; Litvin, Sean



B DIVISION CHAMPIONS
 (5 CES "ENGINEERS")

Rodriguez, Alexander; Leetham, Cameron; Martin, Ryan; Greco, Alexander; Molloy, Connor; Clement, Kyle; Hardacker, Trevor; Alvarez, Alberto; Le, Harrison; Streit, Krystian; Sellers, Cade; Nida, Alex; Jenkins, Pierre; Villegas, Luis; Boggs, Lance; Guzman, Noah

SUBMITTED PHOTOS

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MEN

4 Person Teams

Tuesday (9/19)..... 6:30 pm
 Wednesday (9/20)..... 6:30 pm
 Wednesday (9/20)..... 7:00 pm

WOMEN

4 Person Teams

Tuesday (9/19)..... 6:30 pm
 Thursday (9/21)..... 6:30 pm

YOUTH

All New Bowlers Get a FREE Bowling Ball and Shirt

Registration for All Ages, 9/9

Thursdays(Ages 7 and up)..... 3:45 pm

- Start Day, 9/14
- Weekly fees for 2 games: \$9

Saturdays(Ages 5 and up)..... 9:30 am

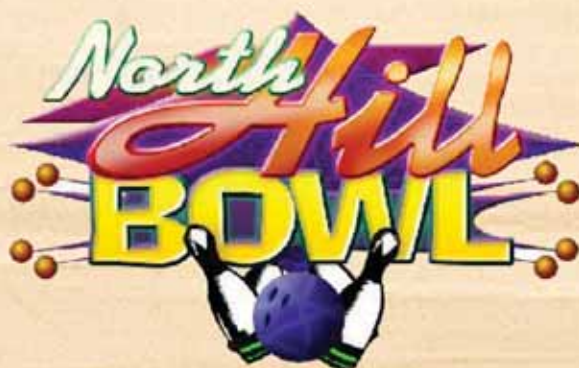
- Bumper Leagues for ages 5-6
- Bowling Start Date, 9/16
- Weekly fees for Bumpers & Squirts (2 games): \$9
- Weekly fees for Bantams (3 games): \$13

Sundays(Ages 12 and up)..... 6:00 pm

- Start Day, 9/17
- Weekly fees for 3 games: \$13

Mondays(Ages 12 and up)..... 5:00 pm

- Start Day, 9/18
- Weekly fees for 3 games: \$13



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MIXED

Teams

Sunday (9/17).....7:00 pm
 Wednesday (9/20).... 7:00 pm
 Thursday (9/21)..... 7:00 pm
 Friday (9/22).....6:30 pm

SENIORS

4 Person Mixed Teams

•••• FREE COFFEE ••••

Wednesday..... 10:00 am
 • Starts 9/13
 Friday..... 1:00 pm
 • Starts 9/15

DAYTIME COFFEE

FREE COFFEE

Thursday..... 1 pm
 • Starts 9/21, 3 person teams

28
WEEK SEASON

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Thriving into the 2023-2024 School Year

School is in session and our Minot AFB students! This summer has been filled with long days, outdoor activities, and occasional sightings of the Northern Lights. Over the last month, I was privileged to visit local education agencies in the Minot area, attend orientations, open houses, and teacher convocation. A common theme and thread from these experiences was creating a safe space for our MAFB students to thrive during the 2023-2024 School Year.

Adjusting to new and ever-changing environments present challenges for students. However, our agencies, especially the School Liaison Office (SLO) at Minot Air Force Base, are incredible resources. For example, when you reach out to the School Liaison Office, not only will we provide information on the programs we manage, but will also connect you to incredible resources at Family Child Care (FCC), the Youth Center (YC), Military & Family Readiness Center (M&FRC), the Resident Advocate and so much more.

Each day, week, month, and year, our goal is to be student focused driving positive outcomes for Minot AFB students. Education is an essential when considering



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



quality of life and Mrs. Sharene Brown, spouse of the Chief of Staff of the Air Force established the "Five and Thrive" initiative to address this.

Read more about the "Five and

Thrive" Initiative here: <https://sites.google.com/view/fivethrive/home?authuser=0>

In what ways are you encouraging others especially students to thrive?



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Carol Everett to speak at Dakota Hope Banquets in Minot and Bottineau

Celebrating 10 years of service

DAKOTA HOPE CLINIC

Dakota Hope Clinic, a pregnancy help center in Minot, with a satellite in Tioga and another satellite soon to open in Bottineau, will hold 2 fundraising banquets in September. Carol Everett, whose life has been entrenched in women's reproductive choices since her unplanned pregnancy at age 16, is the keynote speaker for both events.

The Minot banquet will be Monday, Sept. 18th, at the State Fair Center. The following evening, Tuesday, Sept. 19th, the second banquet will be held in Bottineau at the Cobblestone Inn. Guests will have the opportunity to partner with Dakota Hope to save and change more lives with a one-time gift and/or a pledge for monthly giving.

Six years of selling abortions to other women to justify her own brought Everett to a crossroads. She experienced a life-altering change when she came to the saving knowledge of Jesus Christ in 1983. Since then, she has been a fierce advocate for the life affirming movement, working to make this nation safe for unborn babies and their mothers. Carol's efforts have given her a platform to serve the unborn and those in pain from a previous abortion. Her story is detailed in the book, Blood Money - Getting Rich off a Woman's Right to Choose.

In addition to sharing a great meal and Everett's inspirational message, guests will hear another young woman's story of how Dakota Hope supported her during an unplanned pregnancy and now as a mom while continuing her

college education. The event will also highlight how the community has rallied to support and grow Dakota Hope in the last 10 years, so they can reach more moms and dads with their free life-affirming pregnancy, parenting and family services. Attendees will learn how small to large gifts of money, baby items, time and prayer have enabled the clinic to serve more than 2000 clients since opening in 2013.

Dakota Hope Clinic is a charitable Christian ministry providing free and confidential pregnancy tests, ultrasound, options consultation, prenatal vitamins, and holistic support during and after a challenging pregnancy. Clients can earn free diapers and other supplies needed for infants and toddlers by completing lessons on parenting and life skills. These and other support services such as programs for parents who receive a prenatal diagnosis, or women traumatized by a past abortion or abuse, are available at all three Clinic locations in Minot, Tioga, and Bottineau.

Reservations are required by Sept. 8 for these adult only fundraisers and seating is limited. Table hosts are being recruited and their responsibility is to invite others to sit at their table. There is no cost to being a table host or to attend. Individuals are encouraged to reserve their own seat. An invitation by a table host is not required. For more information or to register to attend a banquet, call 701-852-4675 or visit dakotahope.org/events.



Carol Everett

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Upcoming Events

26 AUG **COMMUNITY ROCKS**
1:00 PM - 4:00 PM
Minot State University Summer Theater
Minot

\$50 all seats, with \$25 per ticket going directly to one of four partners for this summer show: Prairie Grit Adaptive Sports, Project BEE, Roosevelt Park Zoo, and the Minot Symphony Orchestra. Buy directly from these organizations or through the CR website, where you will be prompted to choose an organization.
5:30pm Food trucks and beverage sales, gates open
7:30pm Concert begins (3 sets, with breaks for food/drink)
Rock favorites, from the 60s to the 90s, brought to life by a 35- piece symphony orchestra, drums, bass, guitar, and vocalists.
Join the party! OUR Community Rocks!!!



For more information:
Facebook / Minot State University Summer Theater / Events
Tickets: www.communityrocksnd.org

26 AUG **TAUROS INTERSQUAD GAME/ FOOD DRIVE**
6:30 PM
MAYSA Arena

Come get your first look at the 2023-24 Minotaurus! The Tauros will take the ice in a game format for the first time on the middle rink at the MAYSA Arena. Admission is free thanks to our friends at Farmers Union Insurance, instead we will be collecting nonperishable food donations at the door for The Lord's Cupboard.
Doors open at 6:30, the puck drops at 7:35 as the Tauros look to fight for spots on the final roster.



For more information:
Facebook / Minot Minotaurus / Events

27 AUG **7TH ANNUAL MINOT FOOD TRUCK FESTIVAL**
6:00 PM - 9:00 PM
Oak Park
1300 4th Ave NW, Minot

Experience Oak Park at its finest with live music & entertainment, beer gardens, bouncy castles, fun activities, shopping, FOOD (of course) from incredible Food Trucks, and more! The festival is a fundraiser for the local non-profit organization, ND Strong (a.k.a. The Film Dudes). Our goal with this event is to raise funds to facilitate opportunities for rural schools to have access to "The Film Dudes," our Artist-In-Residence initiative in accordance with the North Dakota Council on the Arts (NDCA). If you're interested in being a vendor, please reference to our website for the proper applications. <https://minotfoodtruckfestival.com/>



For more information:
minotfoodtruckfestival.com

1 SEPT **STORYTIME WITH MISS KRISTI AT MAIN STREET BOOKS**
11:00 PM-12:00 PM
Main Street Books
8 Main St S, Minot

Join us for Story Time with Miss Kristi every Tuesday and Friday. There will be songs, stories, maybe some jumping up and down, dancing and a craft.
Story time is geared for preschool but all ages are welcome. If you or your child is showing a sign of a fever or has a cough or runny nose we would appreciate it if you would stay home—as you would even in pre-covid times.
We will see you here!



For more information:
Facebook / Main Street Books / events

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BAKED HALIBUT FISH STICKS WITH SPICY COLESLAW



INGREDIENTS

- 1/2 CUP MAYONNAISE
- 1/2 CUP SOUR CREAM
- 1/2 TABLESPOON SALT
- TO TASTE BLACK PEPPER
- 2 TABLESPOON DILL SEED
- 1 TABLESPOON SUGAR
- 2 TABLESPOON SRIRACHA
- 2 TABLESPOON WHITE WINE VINEGAR
- 1 HEAD CABBAGE, SHREDDED
- 1 LARGE CARROT, PEELLED, SHAVED THIN
- AS NEEDED EXTRA-VIRGIN OLIVE OIL
- 1 1/2 POUND HALIBUT
- 1/2 CUP ALL-PURPOSE FLOUR
- 1 1/2 TEASPOON SALT
- 1 TEASPOON BLACK PEPPER
- 2 LARGE EGGS
- 1 1/2 CUP PANKO BREADCRUMBS
- 2 TABLESPOON PARSLEY, DRIED
- 1 TEASPOON DILL WEED, DRIED

Add mayonnaise, sour cream, salt, pepper, dill seed, sugar, sriracha, and vinegar to a small bowl and whisk to combine.

In a medium bowl, combine cabbage and carrots and fold in the mayonnaise mixture until the cabbage and carrots are coated. Set aside until ready to eat.

When ready to cook, set temperature to High and preheat, lid closed for 15 minutes.

Place a dutch oven inside the grill to preheat (about 10 minutes) with enough olive oil to fry fish.

Rinse all fish fillets and pat dry. Cut fillets into 1" strips.

In one bowl combine the all purpose flour, salt and pepper.

In a separate bowl, beat eggs.

In a third bowl, combine the panko, parsley and dill.

Dip fish fillets first in the flour mixture, then the eggs and then the panko mixture.

Place fish sticks in oil and fry for about 3 to 4 minutes, or until they reach an internal temperature of 140°. Enjoy!



Ryan Davy - GM Minot

www.HofE.com/BBQHQ

OUTDOOR REPORT



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Aug. 21: 1,841.92 feet above mean sea level (MSL); 22,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.64 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.8 MSL.

- N.D. Game & Fish Dept. game wardens: No new reports.

- Devils Lake, Ed's Bait Shop, Devils Lake: Look for continued fair to good walleye success.

- Devils Lake, Woodland Resort, Devils Lake: Continued fair to good for walleye using spinners and bottom bouncers in 22 to 25 feet. Look for the transition to fall techniques soon.

- Lake Darling, Karma C-Store, Ruthville: Continued fair walleye activity around Grano and from boats on Lake Darling itself.

- Lake Metigoshe, Four Seasons, Bottineau: Angler numbers slowed but those going continue finding an evening walleye bite with continued bluegill success along the docks and shorelines.

- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work deep on the east end of Lake Sakakawea for walleye although occasionally a few fish are showing up shallow in the evening. No reports from Lake Audubon.

- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Work main lake points or sunken humps in 25 to 40 on the east end of Lake Sakakawea with Lindy rigs and bottom bouncers and minnows or nightcrawlers. Also try jigging Raps or shiver minnows. Work from Mallard Island west to Pick City and Hazen Bay on the south side. Also try Berthold Bay on the north shore. Work 25 to 30 feet on Lake Audubon with spinners and bottom bouncers with nightcrawlers on Lake Audubon for walleye. Good smallmouth bass bite using top water or swim baits in 2 to 12 feet. Decent musky bite but release all musky less than 48 inches.

- Lake Sakakawea, Indian Hills Resort, Garrison: Most walleye activity is around Paradise or Independence Point using nightcrawler harnesses. Also try crankbaits. Overall bite is tougher and spotty, though, in part due changing weather fronts. Try working deep water

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301

- N.D. Dept. of Environmental Quality blue-green algae reports: Low toxin levels – Blacktail Dam, Williams Co.; Buffalo Lodge Lake, McHenry Co.; Carbury Dam, Bottineau Co.; Carpenter Lake, Rolette Co.; Coal Lake, McLean Co.; Devils Lake, Black Tiger Bay: East Park Lake, McLean Co.; East Stump Lake, Nelson Co.; Heckers Lake, Sheridan Co.; Lake Upsilon, Rolette Co.; McGregor Dam, Williams Co.; Nelson-Carlson Lake, Ward Co.; Rice Lake, Ward Co.; South Hoffer Lake, Sheridan Co.; Lake Sakakawea west of Hoffund Island, Williams Co. Advisories – Epping-Springbrook Dam, Williams County; Lake Darling, Renville Co.; McLeod (Ray) Reservoir, Williams Co. Warnings - Harvey Dam, Wells Co. Go to the agency website, (deq.nd.gov) for more information and safety precautions.

- Aug. 26: Minot Rifle & Pistol Club Buffalo Match, 8 a.m.; Steel Challenge, 9 a.m.
- Aug. 27: Minot Rifle & Pistol Club Multi-gun Shoot, 9 a.m.
- Aug. 31: Free Youth Outdoor Event, 5:30 p.m. to 7:30 p.m., N.D. Game & Fish Dept. Conservation & Outdoor Skills Park, N.D. State Fairgrounds. Activities feature fishing, upland game and waterfowl, and archery with prizes.
- Sept 1: Dove, archery pronghorn (lottery license holders only), archery deer, and mountain lion seasons open.
- Sept. 2: Living History Weekend, Fort Union Nat'l. Historic Site, Williston.
- Sept. 2: Evening Hike Series, Sunset Hike, Fort Stevenson State Park, Garrison, 8 p.m.
- Sept. 7: Early Canada goose Missouri River Zone closes.
- Sept. 9: Sharp-tailed and ruffed grouse, partridge, and tree squirrel seasons open.

TOURNAMENTS:

- Aug. 26: Lake Sakakawea, Beulah Bay; Devil Lake, Woodland Resort.
- Aug. 26 & 27: Lake Sakakawea, 4 Bears.
- Sept. 6 – 8: Devils Lake, Grahams Island State Park.
- Sept. 8 & 9: Lake Sakakawea, Beulah Bay.
- Sept. 9: Lake Sakakawea, Tobacco Garden.

with bait balls.

- Lake Sakakawea, New Town: Fewer anglers out on the midsection of Lake Sakakawea but continue working deep for walleye with fair success.

- Lake Sakakawea, Van Hook Bait & Tackle, New Town: Wind and weather limited activity but try crankbaits in 20 to 30 feet for walleye. Also try heavy bottom bouncers and nightcrawlers on calm days.

- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Best area for walleye in the Missouri River tailrace remains in the spillway channel during the day using minnows with some nightcrawler success. Also try crankbaits. Lots of small fish. Chutes producing some catfish and ling from boats. Some walleye success from shore at night in the tailrace. Wing walls producing some catfish with walleye starting to show up. Work deep on the east end of Lake Sakakawea for walleye but keep those fish when coming from deep water. Most activity is along main lake flats with found fish throughout the water column. Salmon still around 85 feet but look for spawning fish to start showing up around the thermocline in 75 feet and deeper.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea slowed for angler numbers but those going continue finding fair to good walleye activity. Nice numbers of small bluegill from Blacktail Dam with occasional bigger ones mixed. Some pike and gar

activity from the Little Muddy River.

- Lonetree WMA area lakes, Harvey: Limited activity throughout area lakes and those anglers going are finding slow success.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little activity throughout area lakes.

N.D. river flows:

- Des Lacs River, Foxholm: River stage, 5.64 feet; streamflow, 12.1 CFS.
- Little Missouri River, Long X Bridge: River stage, 7.76 feet; streamflow, 201 CFS.

- Missouri River, Williston: River stage, 15.33 feet.

- Missouri River, Washburn: River stage, 9.78 feet.

- Pembina River, Walhalla: River stage, 1.92 feet; streamflow, 66.3 CFS.

- Souris River, Foxholm: River stage, 5.4 feet; streamflow, 7.08 CFS.

- Souris River, Minot Broadway Bridge: River stage, 41.42 feet.

- Yellowstone River, Sidney, Mont.: River stage, 3.79 feet; streamflow, 7,110 CFS.

Hunting:

- Early Canada goose season: Overall fair success around Devils Lake but lots of standing crops yet. A few small flocks in east-central N.D. with some hunters out in areas with harvested fields.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

- Report All Poachers: (701) 328-9921.

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Aug25

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Aug4

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THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

tfm

IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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Or contact: Matt Mackey
By email or phone at mmackey@kalixnd.org 701-852-1014

ADULT & TEEN BAGGERS NEEDED AT THE MINOT AFB COMMISSARY Baggers Work for Tips Only • Adult Hours Tuesday-Friday 7am-4pm • Later start times available but must be able to stay until 4pm & Sunday 11am-6pm • Teen Hours Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm • Morning start times rotate & vary. Please speak to Charlie at the commissary if interested or leave contact information with customer service.

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Sept30

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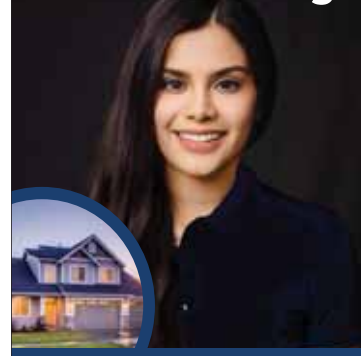
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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our upcoming term: 29 May-30 Jul. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007 and/or Teams phone: 928-777-6342.

COLUMBIA COLLEGE

For nearly fifty years Columbia College has offered educational opportunities to the military and is proud to establish our newest location here, at Minot AFB. Founded in 1851, Columbia College is a private, nonprofit liberal arts and sciences college that serves approximately 18,000 students annually and is proudly recognized by numerous organizations as a Military Friendly institution of higher education. Check out our website (ccis.edu) for the list of organizations that recognize the hard work the college puts in to serve those who serve our country and their families. With 29 online degrees the college is working to offer classes this summer on the installation. In the meantime you can choose your mode of education from strictly online classes to in-person ZOOM synchronous classes. Chose from the many associate, bachelor, or master's degree programs available and know your degree can be completed at Minot or anywhere you have internet connectivity or explore in-seat opportunities if you re-locate near one of our 30 locations nationwide. Fully accredited by the Higher Learning Commission (HLC) we are delighted to establish this location at Minot. Come talk to us at the education center and explore your options for your next step down the path to your educational goal. We are located in Room 219 or call 701-714-0000.

PARK UNIVERSITY MINOT -

Your degree, Your way. Park University is enrolling now for Spring II Term. Classes start March 13, 2023! Earn your CCAF credits, AU-ABC, and your Bachelor's degree with PARK. Let's maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say "Alexa, ask Park, How many credit hours can I get from my military experience?" She'll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

MINOT STATE UNIVERSITY

Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu



VOLUNTEER OPPORTUNITIES

5 FSS Mascot/Mascot Spotter Volunteers

- On Saturday, 9 Sep. 2023, "Darcy" (the 5th Force Support Squadron's mascot) will be appearing at Firefest.
- We have one shift we are looking to fill for this event. The shift is from 1230-1430 at the Jimmy Doolittle Center. For this shift we are looking for someone to wear the mascot outfit and someone to act as an escort/spotter for Darcy.
- Please respond as soon as possible if you are interested in volunteering to be Darcy or Darcy's escort. More details will be provided.

If interested, please email: 5 FSS/CCK MARKETING & PUBLICITY (dl) Or call 723-6707

Summer Game Volunteers

The McAdoe Fitness Center is looking for volunteers to assist with the 2023 Summer Games that will take place August 25th Friday, at 8:00 A.M. - 4:30 P.M. at the McAdoe Fitness Center. Please see the attached itinerary for a schedule of events and utilize the attached flyer's QR code to sign-up for events. <https://5thforcesupport.com/event/2023-Summer-Games>

Flag Placement Volunteers

Every day we lose service members and veterans to suicide. In a way to honor those lives the Integrated Primary Prevention Office is placing flags along Missile Ave on 6 September. The flags will remain there for the month of September as a reminder of those that we have lost and that help is available. We are looking for volunteers to help place the 328 flags representing the number of active-duty service members that were lost to suicide in 2022. Date is 6 September 2023 @ 0930. We will place flags along Missile Ave @ 1000. We anticipate being completed with this task NLT Noon. If you would like to volunteer to be a part of this opportunity. In your response, please include your name, a good contact number, and your squadron. POC: Alicia Thompson GS-12, 5BW/Integrated Prevention Analyst alicia.thompson.30@us.af.mil

24 Hour Run & Reading Event Volunteers

Volunteers are needed to help support the "Prisoners Of War * Missing In Action 24 HOUR RUN & READING EVENT" Who: Military, Civilian, Contractors & Dependents What: 24 hours of the POW/MIA flag in continuous motion during a reading of POW/MIA names. When: September 14-15, 2023, ~ 1400 to 1400 Where: The Flag will start at the main gate with a motorcycle escort and proceed to Bud E. Park Outdoor Track for the remaining 24 hours. Why: To reflect on, appreciate, and honor the sacrifices of those men, women, and their families who came before us and paid the ultimate cost while serving our country. Participant Sign Up Location: <https://usa.f.dps.mil/xc/t/2023POWMIEventCommittee14-15September/ERnUHBPQ8Z9FsZAfufuagDgBnsDmXVieozektkFmOkv2tA7e=vFWHL5BW&91stMWRunner/ReaderSignUp> - Copy and paste the link above into your browser then select a time for runner or reader and email your preferred time to michael.shaw.14@us.af.mil POCs: MSgt Michael Shaw - 723-6407 - 5th BW (5 MUNS) MSgt Juan Gonzalez - 723-6118 91ST MW (791 MFSF)

YMCA Referee Volunteers

The sports director at The Minot Family YMCA is looking for coach and referee volunteers. Most of the youth football games are played on Saturdays from 9:00am to 3:00pm and each game is an hour long. Anyone interested, please contact the YMCA Sports Director. POC: Shane Christiansen, Youth Sports Director, Minot Family YMCA 701-852-0141

5th FSS Booster Club BBQ Volunteers

The 5th FSS Booster Club will be hosting a Squadron BBQ/Picnic that will be held on August 18th, from 1100-1600, at the JDC (Jimmy Doolittle Center). I am the POC for volunteers, for this event. We are asking for participants to help with set-up, cooking, or tear-down. The event will be held on August 18th, 2023 from 1100-1600, at the JDC (Jimmy Doolittle Center). These events could not be possible without the support from our FSS Family (volunteers), and I cannot be more excited to work along with all the personnel that will be participating. If you have any questions, suggestions, or would like to volunteer, please feel free to contact: POC: Toomey Manyee P., SrA, USAF, 5 FSS/FSVFM manyee.toomey@us.af.mil or 701-723-3118. DSN: (701)723-3118 Cell: (916) 465-1146

Heritage Day Volunteers

The Minot Diversity, Equity, Inclusion, and Accessibility Team in collaboration with the Minot Area Council of the Arts are hosting a Heritage Day Festival (formally known as The Culture Festival) on Saturday, 02 Sep 2023 at Oak Park. The committee is currently looking for individuals and/or organizations who are interested in setting up and hosting Heritage Booths for the event. When setting up a Heritage Day booth, it is essential to showcase elements that represent and celebrate the heritage you are focusing on. Remember to design the booth in a culturally appropriate manner, utilizing colors, patterns, and decorations to represent the heritage. The goal is to create an immersive and informative experience for visitors, allowing them to appreciate and learn about the heritage you are showcasing. Sign up: <https://www.signupgenius.com/go/70A0B4BAFAD2EA1F94-heritage> POC: SSgt Jacqueline E. Tolson, Jacqueline.Tolson@us.af.mil

AF Ball Childcare Volunteers

The AF Ball Committee are calling for volunteers for to assist with childcare. When: 16 Sep 2023 Times: 1630-2000 hrs. and 2000-2300 hrs. POCs: 2nd Lt. Genesis Berry, 701-723-5239 Genesis.a.berry.mil@health.mil Kaitlin Reyna, 907-854-9559

Volunteer Pianist and a Guitarist

Lights Camera Actions Youth program is looking for a volunteer pianist and a guitarist for the week of August 7-12, 2023, to help with the Missoula Childrens theatre! Must be able to read music. We Youth programs will be doing a production of The Little Mermaid. The time needed would be 0900 -1315 for practice and Saturday (TBD) for the grand performance. POC: Shavanna Jones 701-723-2838 DSN: 312.453.2838

Meals on Wheels Volunteers

On behalf of the Hispanic Allies organization, we would like to offer a volunteer opportunity to help our community. We're working with "Meals on Wheels" to help feed elderly members of our community. If you are interested in volunteering, please let us know. The Meals on Wheels delivery is every Tuesday & Friday. Volunteers can show up at the venue from 1045 to 11am. The route is simple, and it takes 45 min to 1hr, 2 members preferred. No supplies required. The address is 21 1st Ave SE B, Minot, ND 58701 at the Minot Commission On Aging. Please sign up using the following hyperlink: <https://volunteersignup.org/4E7QM> POC: SrA Brian Bermúdez, brian.o.bermudezcartagena.mil@health.mil or 723-5184.

Flag Football & Volleyball Volunteer Coaches

The new Youth Sports Coordinator at Minot AFB is looking for volunteer coaches for this upcoming Flag Football and Volleyball Season. The season will run from 28 August-27 October 2023. Age Group for Flag football is 3-12 years old. We're currently looking for the following: 3-4-year-old coaches: 6. Practices will be Mondays from 1730-1800 5-6-year-old coaches: 8. Practices and hold games will be Monday's and Wednesday's from 1730-1830 7-8-year-old coaches: 8. Practices and hold games will be Tuesday's and Thursday's from 1730-1830 9-12-year-old coaches: 6. Practices and hold games will be Tuesday's and Thursday's from 1730-1830 (potential for a couple of Saturday morning games in town). For volleyball, the age group will be 9-12 years old and we are currently looking for 6 coaches. They'll practice and hold games on Tuesday's and Thursday's from 1730-1830. (Potential for a couple of Saturday morning games in town). As registrations open, we may increase the amount of coaches needed depending on the number of children participating. No experience with the sports is necessary, we will train you. All volunteer coaches for youth programs must get fingerprinting/background checked and will be required to attend a coach training closer to the season. POC: Ms. April Lawrence, the Youth Sports Coordinator, 701-723-1477/2838 or email april.lawrence.2@us.af.mil

AADD Volunteers

AADD is seeking volunteers to support various event request. Below are a few upcoming volunteer opportunities we're hoping to support along with our regular schedule for weekends, please disseminate to your members. REGULAR 2023 WEEKLY SCHEDULE- <https://volunteersignup.org/FHLLR> POC: SSgt Kristal A. Cruz Leon, 723-4633, kristal.cruz_leon@us.af.mil

Magic City Civil Air Patrol Composite Squadron

The Magic City Civil Air Patrol Composite Squadron meets every Thursday at AvFlight, 1830-2030. Civil Air Patrol is the official, Congressionally chartered US Air Force Auxiliary open to all adults and children 12+. Its all-volunteer members serve in a multitude of roles in support of CAP's three primary missions: Cadet Programs, Aerospace Education, and Emergency Services. As adult opportunities include working as part of an Aircrew, sUAS operator, Aerospace and STEM instruction, and many other opportunities! The youth Cadet Program provides an opportunity to learn military structure while learning about Aerospace, Leadership, Flight, Cyber Systems, Outdoor Survival and much more! Whether you are looking to bring your skills to a new venue, expand your experience, or learn something new, there's certainly a role for you! No prior experience or military affiliation is necessary. For more information about Civil Air Patrol, visit <https://www.govcivilairpatrol.com> or contact the POC below. Meeting location: AvFlight, Minot Airport, 2400 N. Broadway Suite E, 1830-2030 every Thursday POC: 1st Lt Jon McEmore, CAP, Jonathan.mcemore@ndcap.us 701-720-6410 | <https://nd021.cap.go>

AF K12 STEM-to-Sky Program Volunteers

Volunteers are needed to assist with the AF K12 STEM-to-Sky program; a new annual outreach effort connecting Airmen & Teachers enabling them to produce direct classroom engagement. The purpose of this effort is to directly engage Airmen with classrooms around the world to share experiences, emphasize the importance of STEM education, and create personal military-to-classroom connections. Within the classroom, Airmen will discuss their associated roles and emphasize the importance of STEM (connect); and create propensity for students to pursue STEM and Air Force fields (inspire). Anyone can volunteer, and we especially encourage those who work in STEM-focused career fields! For Airmen sign-up and information/instruction - <https://forms.osi.apps.mil/r/kmqNeYulr> POC: Abigail Kinder, Community Relations & Media Operations, Minot AFB PA Comm: 701-723-6768, DSN: 453-6768

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base. POC: Shelby Stuckey, Volunteer Coordinator (888) 223-4287 shelby.stuckey@caringedge.com

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Capture the military market as a sponsor for events and programs for base personnel and their families at Minot AFB!

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Contact Susan Wagers, Special Programs Coordinator at (701) 723-6718, email susan.wagers@us.af.mil or visit our website at www.5thforcesupport.com.

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To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC) at: 5fss.family.support@us.af.mil



New benefit gives military families more flexibility in paying for dependent care

DOD NEWS

WASHINGTON (AFNS) -- In coordination with the U.S. Office of Personnel Management, the U.S. Department of Defense has expanded eligibility for a benefit that will provide military families with another financial option for reducing the burden of the cost of dependent care, ultimately bolstering military readiness. The Dependent Care Flexible Spending Account, or DCFSA, initiative provides accounts that allow eligible service members to set aside up to \$5,000 per household in pre-tax earnings for qualified dependent care expenses.

Qualified expenses include child care, preschool, and before-and-after-school programs for dependents under 13 years of age, care for incapacitated family members of any age, and other eligible dependent care expenses that enable service members and spouses to work, look for work, or attend school full-time.

The DoD estimates that approximately 400,000 active component service members and members of the Active Guard Reserve on Title 10 orders have eligible dependents and thus may be eligible for this benefit. Additionally, this benefit is already available to DoD civilians. Dependent care is vital for maintaining military readiness as it enables service members and DoD civilians alike to focus on their duties with peace of mind, knowing that their loved ones are receiving quality care.

"The introduction of the DCFSA for military families is a significant milestone in DoD's ongoing effort to take care of our people. Helping families afford care for their loved ones while pursuing their career goals supports the economic well-being of families and a mission

ready force," said Ashish Vazirani, deputy under secretary of defense for Personnel and Readiness.

"OPM welcomes the opportunity to build on the Defense Department's existing support of military families," said OPM Director Kiran Ahuja. "We wholeheartedly back their desire to ensure that military families have access to affordable, high-quality child care. In collaboration with the agency, OPM is expanding eligibility of DCFSAs, under the Federal Flexible Spending Account Program, to military personnel effective Jan. 1, 2024. OPM already provides this important, cost-saving benefit to the Federal civilian employees and looks forward to including military personnel."

DoD service members will be eligible to enroll in a DCFSA during the annual Federal Open Season from mid-November through mid-December. Specific enrollment beginning and ending dates will be announced by OPM.

In preparation for the annual Federal Benefits Open Season, DoD has developed educational materials to support service members and families in determining whether a DCFSA will benefit their family. DoD strongly encourages anyone considering a DCFSA to review these educational materials and to seek support from a tax consultant and financial readiness professional before enrollment. Tax and financial readiness consultations are provided at no cost to service members and families through Military OneSource and the DoD Office of Financial Readiness.

To learn more about DCFSAs and to learn how to reach a tax consultant or financial readiness professional, visit Military OneSource or Office of Financial Readiness.

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THE FLURRY OF FEATHERED HUNTING OPPORTUNITIES

Patricia Stockdill

It's in the air and, no, it's not the eerie, foreboding smoke from Canadian wildfires that seemed to persist throughout the summer.

It's the cooler, crisper mornings and sunrises refusing to crease the horizon as early as they did just a few short weeks ago.

It's sunsets slithering below the horizon before we even realize it.

It's the sense of coming autumn days and another summer season soon to become a memory.

But, fear not, it also means hunting season is rapidly approaching and, fear not, there's still a lot of outdoor time to come.

While hunting means opportunities afield for feathered and furry species alike, let's focus on just the feathered ones for now:

Just in case a person missed it, North Dakota is already 10 days into one Canada goose hunting season, what is known officially as the August Management Take/Early September Season on the N.D. Game and Fish Department website. That opened Aug. 15.

Depending on what part of the Great State of North Dakota a person hunts in, that early Canada goose season closes either Sept. 7, Sept. 15, or Sept. 22, just days before the "real" (AKA Regular) Canada goose season opens for resident North Dakota waterfowl hunters on Sept. 23. That's also when duck, coot, and merganser seasons open.

Nonresidents get to wait a week until Sept. 30 for ducks, geese, coots, and mergansers.

Just be sure to check hunting regulations if out and about during the Early and Regular Canada goose seasons - they differ. As if that's not enough, daily and possession limits vary among the regular season hunting zones - and even closing dates in the Regular Canada goose season vary with the zone.

It's enough to give a hunter a headache.

Another migratory bird season also rapidly approaches - fall crow season opens Aug. 19. It almost begs the question, "Does anyone really, truly hunt crows in the fall or any other time of the year?"

Sept. 1 is the traditional opening date for dove hunting in the state. Ironically, even opening as early as Sept. 1 many of North Dakota's home-grown doves have already started heading south. While a few hardy ones may linger until season end on Nov. 29 they tend to book flights early.

Those dates are within the hunting framework established by the U.S. Fish and Wildlife Service, the agency in charge of migratory bird management and the Game and Fish Department uses the maximum number of days allowed within those regulations.

Dove hunting regulations allow the harvest of both native mourning doves, the traditional dove sought by hunters for decades, as well as non-native Eurasian collared doves, which have established a home in parts of the state.

Things get busy in September with the Sept. 9 opener for sharp-tailed and ruffed grouse, partridge, and Wilson's snipe. There are also special seasons for young waterfowl hunters, as well as active military and special veterans on Sept. 16 and 17.

Just a word of caution - North Dakota raises a lot of ducks and early duck hunting often means lots of brown, immature birds.

Granted species identification at any point during any hunting season is a major part of a hunter's responsibility. However, early seasons can make identification tricky.

There is also the Sept. 16 opener for sandhill cranes; the Sept. 23 resident waterfowl opener, and don't forget woodcock season for the niche of hunters pursuing that unique migratory bird. That also opens Sept. 23.

There is a bonus teal season again this year running Sept. 23 through Oct. 8.

The grand-daddy of all upland seasons, so near and dear to many North Dakota hunters, begins Oct. 7 with pheasant season. The youth pheasant season is Sept. 30 and Oct. 1.

Fall turkey lottery license holders can head out beginning Oct. 14.

Go to the Game and Fish Department website, (gf.nd.gov) for all of the season opening and closing dates and regulations, clicking "Hunting" on the menu tab, then "Licensing/Regulations", and "Regulations".

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WHAT'S GOING ON MAFB

FRIDAY 25

- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- 2023 Summer Games, 0800-1630, Fitness Center
- JCM - Developing Leaders Around You, 0800, Professional Development Center
- Summer Games Call of Duty 4v4 Tournament, 0900-1600, ESC

TUESDAY 29

- Cycle, 0600, Fitness Center
- Boots to Business, 0830-1630, M&FRC
- Sponsorship Training, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, The Turf, hosted by the Fitness Center
- Magic The Gathering EDH/Commander Night, 1800, ESC
- Zumba, 1800, Fitness Center

FRIDAY 01

- AFGSC Family Day
- For a full listing of Labor Day holiday facility hours, visit 5thforcesupport.com
- Banned & Challenged Books Challenge Begins, Minot AFB Library

SATURDAY 26

- Zumba, 1100, Fitness Center

SATURDAY 02

- For a full listing of Labor Day holiday facility hours, visit 5thforcesupport.com

SUNDAY 27

- Sunday Escapes Books Club, 1330, Minot AFB Library
- Zumba, 1400, Fitness Center

WEDNESDAY 30

- Boots to Business, 0830-1630, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Zumba, 1800, Fitness Center
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center

AUG SPECIALS

Bomber Bistro **Chicken Alfredo**
Grilled chicken enveloped in creamy alfredo sauce and parmesan cheese with a slice of garlic bread.

The B-Fifty Brew **Hello Kitty Frappuccino**
Strawberry white mocha Frappuccino blended with dragon fruit and topped with whipped cream, strawberry, and mocha drizzle.

Rockers Bar & Grill **Carolina Pulled Pork**
House smoked tender pulled pork served with coleslaw and a side of bbq sauce.

MONDAY 28

- Immersion, 1000, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Holiday Spending, 1300-1500, M&FRC
- Palace Chase/Front Briefing, 1400, Professional Development Center

THURSDAY 31

- Cycle, 0600, Fitness Center
- Pre-Separation Counseling, 0830-1130, M&FRC
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Family Bootcamp, 1000, The Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Zumba, 1800, Fitness Center

BBQ COMPETITION

WHO THINKS THEY HAVE THE BEST BBQ IN MINOT?
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