

northern sentry

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WHATS INSIDE THIS WEEK:



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EIGHTH AIR FORCE COMMAND TEAM VISITS TEAM MINOT

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TEAM MINOT WINS BARKSDALE TROPHY

Minot and Minot Air Force Base representatives with the Barksdale Trophy, pictured left to right: Chief Master Sergeant Tori M. Jones, Command Chief, 5th Bomb Wing Minot Air Force Base; Colonel Daniel S. Hoadley, Commander, 5th Bomb Wing; Bruce Christianson, Member Minot Task Force 21, Member AFGSC Civic Leader Program; Carla Dolan, Vice President Minot Area Chamber EDC, Member AFGSC Chief Civic Leader Program; Peter Hankla, Board Member Minot Area Chamber EDC Board, Member Minot Task Force 21, Member AFGSC Civic Leader Program; Brekka Kramer, President | CEO Minot Area Chamber EDC, Member AFGSC Civic Leader Program; Colonel Kenneth C. McGhee, Commander, 91st Missile Wing Minot Air Force Base; Chief Master Sergeant Ernest D. Crider, Command Chief, 91st Missile Wing Minot Air Force Base. See more on the 2023 Global Strike Challenge on page A3 & A8.

MINOT AREA CHAMBER EDC PHOTO

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New Sentinel ICBM 'Struggling' Due to Complexity, Kendall Says

JOHN A. TIRPAK, AIR & SPACE FORCES MAGAZINE

The LGM-35A Sentinel program to replace the Minuteman III intercontinental ballistic missile is "struggling" due to the breadth of its scope and the fact that it has been so long since the Air Force has done a wholesale ICBM replacement—making cost estimation iffy—Air Force Secretary Frank Kendall said Nov. 13.

Speaking at the Center for a New American Security, Kendall said the Sentinel—formerly called the Ground Based Strategic Deterrent and being built by Northrop Grumman—is "quite honestly, struggling a little bit."

He added there are "unknown unknowns that are surfacing, that are affecting the program" and the Air Force is going to have to work through them.

Of the Air Force's two main nuclear deterrent programs in development—Sentinel and the B-21 Raider.—Kendall said he is "cautiously optimistic" about the bomber, which made its first flight Nov. 10, is but "more nervous" about the ICBM.

"Sentinel is one of the most large, complex programs I've ever seen," Kendall explained. "It's probably the biggest thing, in some ways, that the Air Force has ever taken on, because it's a vast real estate development; a civil engineering program; a fairly vast communications, command, and control program as well as, of course, the missile itself."

The program was actually started during the Obama administration, when Kendall was the undersecretary of defense for

acquisition, technology and logistics. "When we put that program together, the early stages of it, we got a huge uncertainty in the cost estimate," said Kendall.

The uncertainty was driven by the "number of decades since we've done this. It's been a very long time since we did an ICBM." The previous ICBM deployment project, the Minuteman III, dates back to the 1960s and 1970s.

The Sentinel program involves "complex real estate" considerations for the missile fields, as well as the construction of new launch control complexes and a new command and control system to go with it, he said.

At the program outset, "we got to go assess all that to see what might need to be replaced, and how hard a job that was going to be," Kendall recalled. "That was one of the sources of the unknown unknowns."

"As we understand more deeply what we are actually going to have to do, we're finding some things that are going to cost money," said Kendall. "There's no question about that. And we're trying to assess how much of an impact that's going to have and what kind of adjustments we're going to make because of it."

Kendall did not elaborate on the adjustments that might have to be made to the program, which is to have new missiles ready for action by 2030. He said he could not be more specific about either the B-21 or Sentinel because he is recused from decisions on projects involving Northrop, having done work for

the company while he was out of government.

"I can't make any decisions about those programs. I get to watch and hope for the best," he said.

The Government Accountability Office said in June that Sentinel is about a year late and is edging close to the no-fail initial operational capability date of September 2030 required by Air Force Global Strike Command. The watchdog agency chalked up delays to staffing shortfalls and supply chain interruptions, as well as added cybersecurity requirements. The GAO also called the program "complex," and noted that the Critical Design Review is slated for the spring of 2024, with low-rate initial production of the missile itself expected two years after that.



The LGM-35A Sentinel in this illustration is the Air Force's newest weapon system, known as the Ground Based Strategic Deterrent. The new designation modernizes the ICBM leg of the nation's nuclear triad.

U.S. AIR FORCE PHOTO / ILLUSTRATION

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Minot community awarded for outstanding support to air base

MINOT AREA CHAMBER EDC

BARKSDALE AIR FORCE BASE, La. -- After months of competition across the command, Air Force Global Strike Command (AFGSC) honored the "Best of the Best" in bombers, ICBMs, helicopters, maintenance and security forces during the November 8 scoreposting event.

During this "Best of the Best" event, another equally-important honor was handed out for the fourth time since it was created in 2017 -- the Barksdale Trophy -- given to the community with the most outstanding community support to an AFGSC base.

The community of Minot, North Dakota, took home the trophy this year.

"Congratulations to the Minot community on this well-deserved recognition. We were happy to provide a letter of support in August for Minot to be considered for the Barksdale Trophy. The Minot community's unwavering commitment to the Minot Air Force Base and its men and women in uniform is a shining example for the entire nation," North Dakota Gov. Doug Burgum said. "We've also worked hard at the state level to make North Dakota the most military-friendly state in the nation, and this award highlights the positive impact of those efforts. We continue looking for opportunities to ensure that our state and communities are doing everything we can to support our military service members."

"The state of North Dakota knows the importance of supporting military and Minot isn't Minot without Minot

Air Force Base. It is our honor to be able to support all who serve," said Brekka Kramer, President | CEO Minot Area Chamber EDC, and a member of the AFGSC Civic Leader Program. "The men and women of the Minot Air Force Base are a part of our community. They are friends, neighbors, and for some of us, they are family. They fight for our country and make sacrifices, so we don't have to."

Kramer and fellow AFGSC Civic Leaders Bruce Christianson, Pete Hankla, and AFGSC Chief Civic Leader Carla Dolan traveled from North Dakota to Louisiana cheer on the 5th Bomb Wing and 91st Missile Wing teams at the scoreposting and were on hand to accept the trophy on behalf of the City of Minot.

"Minot, the surrounding area and Minot Air Force Base are one community," Christianson said. "It was an honor and our very pleasure to accept this award on behalf of all the people who truly made this award possible."

"The Barksdale Trophy is awarded to the community which has provided the highest level of community support to an air force base in the Air Force Global Strike Command over the preceding 24 months," said Murray Viser, President and Chief Operating Officer for Barksdale Forward, Inc. Barksdale Forward manages the award program on behalf of the communities of Shreveport and Bossier City.

"The competition for the Barksdale Trophy is intended to create an air of friendly competition between host

communities in order to encourage creativity and ever-increasing levels of community support for each base within Air Force Global Strike Command," Viser said.

The City of Abilene, Texas, won the first trophy in 2017.

The criteria used in judging are:

- o Community-based programs that positively impact the quality of life for airmen and their families.

- o Community investment in infrastructure designed to benefit airmen, officers and families associated with the base.

- o Community assistance and support in securing state and federal funding for infrastructure or programs beneficial to airmen, officers and their families, as well as the overall mission of the base.

- o Overall community hospitality, kindness, and acceptance of airmen, officers and their families.

"Nominations are judged by Barksdale Forward, Inc., leadership and a select panel of former Air Force Global Strike Command commanders and vice commanders," Viser said.

The city of Minot will showcase the Barksdale Trophy throughout the community until 2025.

"It's an honor for our community to be recognized for providing the finest support to an Air Force Base associated with Air Force Global Strike Command," said Mark Jantzer, Minot Task Force 21 Chairman. "It is a team effort that makes Minot a great community deserving of the Barksdale Trophy."

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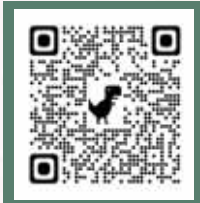
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**91st Missile Wing
Commander:**

Col. Kenneth C. McGhee

**91st Missile Wing Deputy
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I'm From Around Here

Sunday was an absolute great day, except for the wind. Looking up I even saw a few flocks of geese headed north. Think of how confusing it is for them. Snow before Halloween and 50 degree temps around Thanksgiving. Who would have thunk? (thunk is one of those slang words that works in cases like this).

There are still a few piles on the ground where folks piled up the over 12 inches that arrived the week before Halloween, but for the most part North Dakota has returned to more a fall-like weather pattern. Sunday's 50 degree temps gave us another opportunity to clean up those recently fallen leaves. Now we'll go into winter with lawns mostly clear of leaves and when the snow melts next spring we'll be back to green grass. Now without reservation we can change over from rakes to shovels and from lawn mowers to snow blowers. It's always a coin flip, isn't it? I always laugh and say the sure way to guarantee snow is to have your snowblower in the storage unit (or tucked way back in the garage). It's kind of like tempting fate to bet on the weather, especially in North Dakota.

**A CHANCE TO SAY
GOODBYE!**

A couple of years ago Roosevelt Park zoo was teaming with joy when our pair of Amur Tigers, Viktor and Zoya, gave birth to 3 little tiger cubs. Recently the zoo staff has announced that Viktor is headed to a new home in Denver, and the 3 cubs are also headed for new homes. Viktoria, the only

female, to one home and the two male cubs, Dmitri and Luka to another.

But don't be discouraged folks, because through all of this the Roosevelt Park Zoo has gained national recognition and will soon receive a new male to replace Viktor and hopefully breed with Zoya to create new offspring. All of this is a carefully orchestrated plan to manage the Amur Tiger population.

So if you are like me, you'll make one last trip to Roosevelt Park zoo and see the now almost full sized tiger cubs before they leave Minot and head to new homes. Watching them grow has been a joy.

DAKOTA FLEA MARKET

To say that a flea market is kind of like a rummage sale on steroids does not do justice to either. This past weekend the Dakota Flea Market was stacked with tables and tables of interesting collectibles. For me, it's kind of a trip through



**UPSIDE DOWN
UNDER**
MARVIN BAKER

When I moved to Langdon in 1995, the company that owned the newspaper put me up in a hotel until I could find a place to live.

It didn't take but a couple of weeks and I found a decent apartment that wasn't too expensive and it was close to work so I took the third-floor loft.

During the two years I lived there I got to know the neighbors quite well. Almost all of them were elderly or recently retired. One neighbor, who was the exception, was a teacher at Langdon High School.

One of those neighbors was an immigrant from Greece and moved to the United States with her family when she was 5 years old.

Her name is Denise Manson and her story is one she recalled from her early childhood while the family was on their move from Greece to Germany to the United States.

The family stayed in a hotel in Germany while awaiting papers to get passage to the United States. She said this took place in 1939.

So why is that significant? Why would staying in a German hotel in 1939 be important?

Because Adolf Hitler about a month prior ordered the invasion of Poland. OK, we all know about Hitler's invasion of Poland sparking World War II.

What we don't know is what happened when a young Greek girl opened the curtains in her hotel

room window.

Denise saw Hitler and his entourage on the street immediately below the hotel and it scared her.

Psychologists say we have a way of remembering details of a traumatic event. This was certainly a traumatic event for Denise Manson even though she didn't understand what had happened in Poland.

She watched and described Hitler's demeanor as "cold as ice." She said there was some kind of event going on in the street below and Hitler was very forceful, was short with his staff, weapons were everywhere, yet he treated ordinary German citizens very well.

Denise saw a side of Hitler that

Americans didn't yet know about. That he was cold and calculating and in pursuit of a goal, which we all know was all of Europe and eventually the rest of the world.

The elderly woman of Greek heritage, who became a U.S. citizen, said she was scared to death, because even at the age of 5, she could plainly see something wasn't right, that this man wasn't a normal German citizen like the others her family had met.

Regardless, she continued to watch knowing she was safe on the second floor of the hotel. It was a near brush with evil and she knew it at the time and it never left her mind.

Denise died in 2006, but carried that memory all those years. Just think about all the other people,

in Europe, especially Poland and France, who Hitler terrorized. Denise watched Hitler from a distance, not even knowing who he was until her family explained he was head of the German military.

Those Polish and French citizens who had their countries invaded, family members taken hostage or killed, and who lived through it, were especially traumatized for life.

Shortly after Hitler became German chancellor in 1933, he declared "Tausendjähriges Reich," in German which is translated to thousand-year reich.

Fortunately, the United States, England and others intervened and the thousand-year Reich was stopped in 12 years and Europe liberated.

**northern
sentry**

**A VIEW FROM
OUR SIDE**
ROD WILSON



my lifetime as familiar items like oil filled lamps and telephones bring back memories from my childhood. My dad was a telephone guy, working for Northwestern Bell. In our home in Maddock was the manual switchboard that my Mom ran in between changing diapers and cooking and canning. I remember her telling me to pick up the receiver and tell whomever was on the other end that "My Mom will be right with you, is this an emergency?"

I walked past a table of insulators, those greenish glass things that used to sit on top of telephone poles. We used to gather them up and haul them to the local

landfill (called a dump ground back then) and use them for target practice with our .22 caliber rifles. Now they are \$10.00 each. Gosh, I could have been a millionaire if I had saved them and sold them today.

GUN SHOW

I know that gun shows are not for everyone, but Minot has one of the best for those of you gun enthusiasts out there. November 25th & 26th the Annual Minot Rifle & Pistol Club gun show has a lot of interesting old, and new, guns on display. Mark your calendars and take a couple of hours to walk through the exhibits.

BEST KEPT SECRETS

This is a bit of a secret, but on November 24th the Downtown Christmas Tree will be lit at 6 PM. Col's Hoadley and McGee will once be on stage to push the big button that lights the tree for the Christmas season. However, there is more...I won't quite spill the beans right now, but there is another special event that will take place just prior to the lighting of the Christmas tree. More clues coming later.

TODAY'S CHUCKLE

A kiss is a pleasant reminder that...
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Denise Manson...



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Deer hunting is one of North Dakota's most long-lasting traditions.

Every November is marked by thousands of hunters taking to the hills and coulees and other favored terrain in search of deer. However, for many, harvesting a deer is not the only measure of success. Participating in a tradition is.

I remember my first deer hunt. Especially how excited I was to join Dad and his friends. I remember my new Red Wing boots too, and how I carefully packed a duffel bag for three days of hunting in the North Dakota Badlands.

A few days prior to the hunt several people in the deer hunting party got together to study maps and tell stories of past hunts. I was completely fascinated. The season could not arrive soon enough. I

Seasons of Memories

think about that excitement, those experiences, every deer season.

Deer hunting has changed over the years. Equipment has improved immensely. Clothing is lighter, warmer and dryer. Tactics have changed somewhat. There are many more hunting blinds now than ever before, but the strong deer hunting tradition remains.

Over the years I've visited with young hunters carrying the very rifle their great-grandfather used when he harvested his first deer. Continuing a tradition is a meaningful part of deer hunting.

Hunting parties are amazing gatherings made up of fathers and sons, mothers and daughters, relatives and lifetime friends. Conversation ranges from who is the best shot to who has the best sandwiches or snacks. Sure, there's deer hunting mixed in, but teasing and catching up on what's new is just as important. So too is soaking in the scenery and surroundings.

Late fall sunrises and sunsets are often spectacular. There are countless other sights to that belong only to the beholder, like a deer or two wandering slowly through a flock of grazing turkeys. Perhaps it is discovering a buck

deer lying down and staring at you after you have been thoroughly searching your surroundings through binoculars for 15 minutes. Great story to tell later at deer camp, knowing the razzing that is sure to follow.

Such experiences make for friendly conversation among deer hunting companions, some of whom you only see during deer season. It's all part of the deer hunting tradition, moments to be shared and prized moments to be committed to memory.

There will be ample time to relive the joys of the hunt, such as when getting the a few members of the hunting party together to process the harvest for the table. Tales of the hunt will be told repeatedly, particularly when tasty deer sausage is served up at breakfast or for a hot diversion in the Ice fishing house.

Each deer season serves its own memories to every participant. It is what ensures the fall tradition remains strong in North Dakota.



the northern sentry Salute

SSgt Jarrett Conklin



**5th Maintenance Group
Hometown: Olathe, Kansas**

Staff Sergeant Conklin has been a proud member of the Minot AFB family for six years. He loves the cold weather and enjoys the outdoors with his beautiful wife Rosie. SSgt Conklin is proudly following the footsteps of his many family members to serve this great nation. He is a skilled maintainer and dedicated to supporting the mission and keeping the B-52 flying high for another 70 years!

GAME SALUTE: SUNDAY, NOVEMBER 25

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.

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**TRINITY
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Dear Minot Community

RANDY MCDONALD, EXECUTIVE DIRECTOR
TOGETHER WITH VETERANS-MINOT

As we reflect on the past year, we are overwhelmed with gratitude for your steadfast support and commitment to our cause. With your unwavering generosity and dedication, we have achieved significant milestones in our mission to provide our veterans, service members, and their families a sense of community, a sense of purpose, and restore dignity to those who may have lost their way.

In the past year, your contributions enabled us to accomplish remarkable feats:

1. ***Increased Awareness:*** Through community events, peer-to-peer support groups, and outreach efforts, we've heightened awareness about rural veteran suicide and its impact on our community.

2. ***Expanded Services:*** Your donations have allowed us to expand our services, reaching a larger number of individuals in need. In 2023, we provided 31 individual events and peer-to-peer support groups that engaged with over 400 veterans, service members, and their families while referring individuals to vital resources and support services.

3. ***Implemented Initiatives:*** With your support, we've successfully launched new initiatives aimed at understanding barriers that rural veterans face and creating a more profound and lasting impact in our community. During the last year, TWV-Minot partnered with CoPilot to help build a larger understanding of this problem by offering a text-based, peer support to our community. Since November 2022, CoPilot had an average of 250 monthly subscribers and had over 50,000 individual text message threads discussing topics such as wellness, job and life satisfaction, connectedness, finances, and stress.

4. ***Empowered Lives:*** Through your contributions, we've been able to positively impact the lives of individuals, providing them with the necessary tools, resources, and support to thrive. Although we have

experienced loss in our community recently, we are aware of two individuals who were struggling with suicidal ideation that were able to find help and reestablish a healthier mindset while they utilize the resources we provided.

5. ***Partnerships and Collaborations:*** Your generosity facilitated collaborations and partnerships with other organizations, amplifying our impact and reach in the community. On September 30th of 2024, TWV will host Minot's first rural veteran suicide prevention symposium. Civic and military leaders, as well as community stakeholders have partnered with TWV-Minot to discuss initiatives, barriers, and common problems for those we hope to help.

Your incredible support has been the cornerstone of our success, and we're deeply thankful for your belief in our cause. It's through your generosity and trust that we've been able to achieve these accomplishments, making a real and tangible difference in the lives of those we serve.

As we look to the future, we remain steadfast in our commitment to creating a community network that will help end suicide in our community. With your continued support, we're poised to achieve even more and bring about lasting change.

Thank you for standing by us, for believing in our vision, and for being a crucial part of our journey towards a better, brighter future.

If you would like to help us continue our work, please send donations to:

TWV-Minot
1940 S Broadway, Suite #106
Minot, ND 58701

or find the donation link on Together With Veterans - Minot facebook page.

With heartfelt gratitude,
Randy McDonald



welcome baby

BABY BOY BORN ON
THURSDAY, OCTOBER 26, 23023 TO:
NATASHA AND BLAKE NELSON
ROLETTE, ND

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MINOT, ND

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DAF expanding childcare subletting app to all child development centers

SHANNON CARABAJAL, AFIMSC PUBLIC AFFAIRS

An app that makes it easier to sublet short-term childcare slots will soon be available at all Department of the Air Force-run child development centers.

Now available at 24 installations, Kinderspot helps Department of Defense families on Air and Space Force bases offer or find weeklong blocks of time for rent at the CDC. With a goal of reaching all remaining DAF CDCs by July 2024, Kinderspot will launch at several new installations each month, said Jennifer Penafiel, child development and youth programs specialist with the Air Force Services Center.

The next launch takes place Nov. 15 at Beale AFB, California; Fairchild AFB, Washington; Spangdahlem Air Base, Germany; Vandenberg Space Force Base, California; and Whiteman AFB, Missouri.

By centralizing and streamlining the subletting process, Kinderspot helps CDCs maximize schedule availability and offers families more flexibility to plan for their childcare needs, Penafiel said. The app, currently supporting preschool age and younger children, enables families already enrolled at a DAF CDC to offer their weeklong blocks of time to other families, receiving a credit to their account when another family rents their spot.

"Families are very excited there is a program that allows them to temporarily rent a childcare space," said Derrick Ross, CDC lead administration clerk at Joint Base Langley-Eustis, Virginia. "The process is not long or complicated and families know exactly which classroom they will be assigned to."

Families without a child currently enrolled at a CDC must complete

paperwork to become a verified renter at their CDC before booking available weeks through the app. Rental fees are paid directly to the CDC at the renter's rate, based on the family's total family income.

"Kinderspot is so user friendly and gives me peace of mind to know my spot is being utilized when we are out of town for family vacations," said Maj. Jessie James, Peterson SFB, Colorado. "I love that I'm saving money and another family is receiving care at their rate. It's a win, win."

With more than 6,200 users as of November, the app has already facilitated the rental of nearly 3,700 short-term child care spots.

"As soon as my base adopted Kinderspot, I used the app and was able to sublet my child's CDC spot for a week," said Lt. Col. Kelly Atkinson, who is stationed at the U.S. Air Force Academy, Colorado. "The program was easy to use, clear and intuitive. Best of all, Kinderspot not only helped my family save on childcare costs but also ensured another military family had access to childcare for that week. I can't say enough about how much I appreciate this service and the innovative leaders who filled this need by creating this program."

The brainchild of Maj. Jacque Vasta, air officer commanding for Cadet Squadron 35 at the Air Force Academy, Kinderspot was the top idea at the 2020 Air Force Installation and Mission Support Center Innovation Rodeo. AFIMSC initially awarded the project \$333,000 and secured additional funding for development through a price-matching Small Business Innovation Research contract.

To design a helpful tool for military families, the AFIMSC Ventures innovation office partnered with Oddball, a digital services team specializing in transforming government software. It also worked closely with AFSVC to shape the app and processes to align with child and youth program priorities and efforts. AFIMSC and AFSVC began testing the app in 2021. Since then, developers have improved the app's security and functionality and added a few new features, including push and wait list notifications.

"With today's technology, everyone utilizes a mobile device for everyday life and family management. Adding the new push and wait list notification options provides installations, managers and families the convenience of subletting their child care spot with ease," said Senior Master Sgt. Shawanda Summers, AFSVC Community Services senior enlisted leader.

For Vasta, seeing Kinderspot transform from a small concept she developed in her living room into a live mobile app available for military families across the globe has been exciting.

"The journey has been an invaluable source of learning and growth for me and would not have been possible without the tremendous support of AFIMSC, AFSVC Child and Youth Programs and the families who've warmly embraced Kinderspot," she said. "The future is bright with care we can share!"

Kinderspot is available for both Apple and Android devices. Visit <http://kinderspot.oddball.io/> for more information.



The Kinderspot app is expanding to all Department of the Air Force-run child development centers.

COURTESY GRAPHIC

Veteran's Information Roundtable

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November 18, 2:00-4:00pm
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COACHES MEETING
Tuesday December 19 at 5:30PM
McAdoo Fitness Center

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TEAMS
Min. Team Size is 4 persons.
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COST
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whole season upfront.

REGISTRATION
Register at the
McAdoo Fitness Center.
Letters of Intent are due by the
Coaches Meeting December 19.

the northern sentry

Salute


2 Lt. Derek Burton Jr.

**791st Maintenance Squadron
Hometown: Pittsburgh,
Pennsylvania**

Derek comes from a military family and was primarily influenced to continue the legacy by his father, a former marine. The military provided him the opportunity to grow the leadership skills he learned from the his many years in the hockey community.

GAME SALUTE: SATURDAY, NOVEMBER 24

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.



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ROASTED PORK TENDERLOIN WITH GARLIC AND HERBS

INGREDIENTS
2 (1 LB EACH) PORK TENDERLOINS
6 CLOVE GARLIC, PEELED
1 LEMON, JUICE AND ZEST OF HALF, REMAINING HALF THINLY SLICED
2 SPRIG FRESH THYME, STRIPPED, PLUS MORE FOR GARNISH
1 SPRIG FRESH ROSEMARY, STRIPPED, PLUS MORE FOR GARNISH
1 TABLESPOON SOY SAUCE
2 TEASPOON COARSE SALT
1 1/2 TEASPOON FRESHLY GROUND BLACK PEPPER
1 PINCH RED PEPPER FLAKES (OPTIONAL)
1/4 CUP EXTRA-VIRGIN OLIVE OIL, PLUS MORE AS NEEDED

Using a sharp knife, trim both tenderloins of extra fat or silver-skin.

In the bowl of a mini-food processor or a blender jar, combine the garlic, lemon juice and zest, thyme, rosemary, soy sauce, salt, pepper, and red pepper flakes. Pulse until the garlic and herbs are finely chopped. Slowly drizzle in the olive oil while the machine is running until a paste forms.

Rub the garlic paste over both tenderloins, covering all surfaces. If desired, cover the pork tightly with plastic wrap and refrigerate for up to 8 hours before grilling.

When ready to cook, set Traeger temperature to 500°F and preheat with the lid closed for 15 minutes. Arrange the tenderloins directly on the grill grate and roast for 15 minutes.

Using tongs, turn the tenderloins and continue to roast until the internal temperature in the thickest part of the meat registers at least 145°.

Let the meat rest for 5 minutes before carving into slices. Enjoy!



Ryan Davy - GM
Minot

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AFGSC names 2023 Global Strike Challenge winners

CARLA PAMPE
AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

Air Force Global Strike Command announced the winners of Global Strike Challenge 2023 at the multi-month competition's capstone event Nov. 8.

Global Strike Challenge is the world's premier bomber and intercontinental ballistic missile operations and maintenance, helicopter operations and security forces competition with units from Air Force Global Strike Command, Air Combat Command, Air Force Reserve Command and the Air National Guard participating.

"This is a phenomenal event to show the American people, the Department of Defense and the rest of the Department of the Air Force how professional, skilled and awesome the men and women of the nuclear enterprise are," said Gen. Thomas Bussiere, AFGSC commander. "Tonight is a celebration of your excellence in this competition."

Top Honors of the night included: Fairchild Trophy – Best Bomb Wing

28th Bomb Wing - Ellsworth Air Force Base, South Dakota

Blanchard Trophy – Best ICBM Wing

341st Missile Wing - Malmstrom Air Force Base, Montana

Other top honors included: Bourland Trophy – Best Helicopter Squadron

37th Helicopter Squadron - 90th Missile Wing - F.E. Warren Air Force Base, Wyoming

Charlie Fire Team Trophy – Best Security Forces

341st Missile Wing - Malmstrom Air Force Base, Montana

Ellis Giant Sword Trophy – Best Bomber Maintenance

28th Bomb Wing - Ellsworth Air Force Base, South Dakota

The 5th Bomb Wing, Minot Air Force Base, North Dakota, won the Doolittle Trophy for innovation excellence. This trophy recognizes the innovation efforts of the base and their dedication to staying competitive in the 21st century.

The 5th Bomb Wing also won the Spirit Bell Trophy for the best team spirit.

The Shreveport-Bossier community presented the Barksdale Trophy to the Minot, North Dakota, community. The Barksdale Trophy is awarded to the community that goes above and beyond to support Airmen and families at an Air Force Global Strike Command wing.

Participants in the 2023 Global Strike Challenge included AFGSC's nine wings plus units from Air Combat Command, Air Force Reserve Command and the Air National Guard.


Bussiere told those attending that they now have a responsibility to share what they learned during the competition with their fellow Airmen.

"The competitors and the winners have an obligation to grow those around you stronger next year," he said. "Steel sharpens steel. You make those around you stronger so that they're representing you and your leadership at the next Global Strike Challenge."

"Tonight is all about you and what you do for our nation," Bussiere said. "Thank you for what you do."


GLOBAL STRIKE CHALLENGE 2023

CATEGORY	WINNER
Fairchild Trophy for Best Bomb Wing	28th Bomb Wing, Ellsworth AFB, South Dakota
Blanchard Trophy for Best ICBM Wing	341st Missile Wing, Malmstrom AFB, Montana
Klotz (Best ICBM and Helicopter Operations)	90th Missile Wing, F.E. Warren AFB, Wyoming
SECURITY FORCES TROPHIES	
Charlie Fire Team Trophy	341st Missile Wing, Malmstrom AFB, Montana
Best Security Forces Mental and Physical (MAP) Challenge Trophy	341st Missile Wing, Malmstrom AFB, Montana
Best Security Forces Marksmanship Trophy	253rd Security Forces Squadron, Wyoming Air National Guard
Best Security Forces Tactics Trophy	341st Missile Wing, Malmstrom AFB, Montana
Best M4 Shooter	219th Security Forces Squadron, Minot AFB, North Dakota, Master Sgt. Edward Keller
Best M18 Shooter	377th Air Base Wing, Kirtland AFB, New Mexico, Staff Sgt. Austin Fleming



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Best M240 Shooter	509th Bomb Wing, Whiteman AFB, Missouri, Senior Airman Ronnie Hopper
Best M320 Shooter	253rd Security Forces Squadron, Wyoming Air National Guard, Tech Sgt. Ashton Henry
Best Sniper	253rd Security Forces Squadron, Wyoming Air National Guard, Master Sgt. Brian Nafziger

ICBM TROPHIES

OPERATIONS	
Linhard Trophy (Best ICBM Ops Crew)	321st Missile Squadron, 90th Missile Wing, F.E. Warren AFB, Wyoming
Neary (best EWO Crew)	12th Missile Squadron, 341st Missile Wing, Malmstrom AFB, Montana
McMahon (Best Weapons System Crew)	321st Missile Squadron, 90th Missile Wing, F.E. Warren AFB, Wyoming
MAINTENANCE	
Blackburn	90th Missile Wing, F.E. Warren AFB, Wyoming
Best ICBM Missile Handling Team	90th Missile Wing, F.E. Warren AFB, Wyoming
Best ICBM Electro Mechanical Team	341st Missile Wing, Malmstrom AFB, Montana
Best ICBM Facility Maintenance Section Team	341st Missile Wing, Malmstrom AFB, Montana
Best ICBM Missile Communications Maintenance Team	90th Missile Wing, F.E. Warren AFB, Wyoming
Best ICBM Nuclear Weapons Maintenance Team	91st Missile Wing, Minot AFB, North Dakota

HELICOPTER TROPHIES

Bourland (Best Helicopter Squadron)	37th Helicopter Squadron, 90th Missile Wing, F.E. Warren AFB, Wyoming
Best Convoy and Aerial Interdiction	40th Helicopter Squadron, 341st Missile Wing, Malmstrom AFB, Montana
Best Launch Facility Recapture and Threat Detection	37th Helicopter Squadron, 90th Missile Wing, F.E. Warren AFB, Wyoming
Best Sensor Employment	40th Helicopter Squadron, 341st Missile Wing, Malmstrom AFB, Montana
Best Fires Observer	90th Missile Wing, F.E. Warren AFB, Wyoming, Staff Sgt. Timothy Cruz

OPERATIONS

LeMay (Best Bomb Squadron)
Mitchell (Best Bomb)
Linebacker (B-52 Squadron)

BOMBER TROPHIES

28th Bomb Squadron, 7th Bomb Wing, Dyess AFB, Texas
37th Bomb Squadron, 28th Bomb Wing, Ellsworth AFB, South Dakota
23rd Bomb Squadron, 5th Bomb Wing, Minot AFB, North Dakota
28th Bomb Squadron, 7th Bomb Wing, Dyess AFB, Texas
13th Bomb Squadron, 509th Bomb Wing, Whiteman AFB, Missouri
93rd Bomb Squadron, 307th Bomb Wing, Barksdale AFB, Louisiana

Eaker (Best B-1 Squadron)

Tibbets (Best B-2 Squadron)

Bartsch (Best Electronic Countermeasures)

MAINTENANCE

Ellis Giant Sword (Best Bomber Maintenance)	28th Bomb Wing, Ellsworth AFB, South Dakota
Best Conventional Munitions Maintenance Team	28th Bomb Wing, Ellsworth AFB, South Dakota
Best Conventional Weapons Load Team	28th Bomb Wing, Ellsworth AFB, South Dakota
Best Conventional Aircraft Crew Chief Team	509th Bomb Wing, Whiteman AFB, Missouri
Best Nuclear Bomber Weapons Maintenance Team	509th Bomb Wing, Whiteman AFB, Missouri
Best Nuclear Aircraft Crew Chief Team	5th Bomb Wing, Minot AFB, North Dakota
Best Nuclear Weapons Load Team	5th Bomb Wing, Minot AFB, North Dakota

OTHER AWARDS

Doolittle Trophy for Innovation Excellence
5th Bomb Wing, Minot AFB, North Dakota

Barksdale Trophy
(awarded to the best community support for an AFGSC base)
The Minot, North Dakota, Community

Spirit Bell
(awarded to the team who best represents
Global Strike Challenge teamwork and esprit de corps)
5th Bomb Wing, Minot AFB, North Dakota

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Cubs First Birthday - Zoya, Viktoria, Dmitri, Luka

Growing, Growing, Gone. Time to Say Farewell to the Tiger Cubs

ROOSEVELT PARK ZOO

A little over a year and a half ago, the Roosevelt Park Zoo welcomed three striped, little bundles of joy. The Zoo happily announced the birth of the three tiger cubs in March 2022. The three cubs, Viktoria, Luka, and Dmitri are nearly grown now and will soon be headed out into the world.

The Amur tiger Species Survival Program recommendations were sweeping regarding the Roosevelt Park Zoo by recommending that the Zoo not only transfer out the three cubs, but also our male tiger Viktor. The success the Zoo enjoyed with the new tiger habitats, that opened in 2020, and a passionate zookeeper staff, has caught the attention of those responsible for managing the tiger population in human care.

At this point, Viktor has already been transferred to his new home in Denver. The Zoo is now preparing for the upcoming transfers of the cubs. Exact days have not yet been set, but it will happen soon. Viktoria will likely be the first to leave, followed shortly by the boys. Dmitri and Luka will remain together when they move to their new home.

During this same period, the Zoo will be receiving a new male that the SSP is wanting to breed with Zoya. He has not been successful breeding at his current institution and the SSP is hopeful that the Roosevelt Park Zoo with its staff, facilities, and experienced mother in Zoya, will be the key for producing offspring.

It has been amazing watching them grow and thrive at the Zoo, but if all goes well, we won't go too long before we can start all over again.

With the weather turning around this weekend, it will be a great time for getting out to say your farewells and see them once more before they move on to their new homes.

Background:

Viktor – a male born Sept. 26, 2011, at the Toledo Zoo and arrived in Minot on Nov. 19, 2013.

Zoya – a female born July 10, 2017, at the Philadelphia Zoo and raised at the Oklahoma City Zoo, arrived in Minot on August 19,



Spring 2022 to March 2023.

2019.

Viktoria – a female born March 19, 2022, at the Roosevelt Park Zoo.

Dmitri – a male born March 19, 2022, at the Roosevelt Park Zoo.

Luka – a male born March 19, 2022, at the Roosevelt Park Zoo.

- The most recent IUCN Red List assessment published in 2022,

estimated the population of tigers in the wild to be 265–486 in the Russian Far East with a further small number ranging across the border into China and possibly North Korea.

- In the wild, tigers can live between 10-15 years, but in captivity, they live nearer to 20 years old.



Zoya & Cubs March 21, 2022.

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'We Honor Veterans' Giving Special Recognition For Service

ROD WILSON, NORTHERN SENTRY

Those who have spent time in the military or worked for the Defense Department, know what a challenge coin is. They've been an American military tradition for a century, meant to instill unit pride and reward hard work and excellence. The coins are not large, usually small enough to fit in the palm of an outstretched hand. These coins can represent many things such as special events, anniversaries or they can be presented to nonmilitary leaders in recognition of their contributions to those who are serving their country in any one of the military services.

Ed Zilli served his country in WWII and was on Utah beach in Normandy on June 6th of 1944. Over 100 years old now, memories of the battle that day are still etched in his mind. Veteran's Day is specifically set aside to recognize these veterans, no matter where and when they served. But this Veteran's Day would be special as Caring Edge Hospice and the We Honor Veterans program, took a few minutes to extend a special honor as Tech Sgt Thomas Wikoff, a Caring Edge volunteer, coined Ed during a special celebration held at The Parker Senior Center, where Ed lives, on Friday November 10th.

The social worker who organized the coining was Shelby Stucker from Caring Edge Hospice. Shelby graduated from Minot State University always planning to be a social worker, and more specifically work with end-of-life care and hospice. Her grandfather retired from the U.S. Army, her father retired from the Air Force, her older half-brother is serving in the U.S. Space Force, and her husband, Tech Sergeant Joshua Stuckey, is stationed at Minot Air Force Base.

Through her duties at Caring Edge Hospice, she met Ed Zilli, and with the combination of Wikoff and the We Honor Veterans program a coin was given to Ed Zilli to let him know that his country still very



much appreciates his service in the military.

We Honor Veterans, a program of the National Hospice and Palliative Care Organization (NHPCO) in collaboration with the Department of Veterans Affairs (VA), invites hospices, state hospice organizations, Hospice-Veteran Partnerships and VA facilities to join a pioneering program focused on respectful inquiry, compassionate listening and grateful acknowledgment. By recognizing the unique needs of America's Veterans and their families, community providers, in partnership with VA staff, will learn how to accompany and guide them through their life stories toward a more peaceful ending.

Caring Edge hospice uses veterans to present the coins and according to Stuckey, she had never been told no when she asks a volunteer to assist with a coining. Family and friends are invited to the 10-15 minute ceremony, and the veteran is often asked to share stories about their service with those in attendance. Veterans and volunteers share a common bond as both have served their country as a member of the

U.S. military, and the bond and friendship between veteran and volunteer can sometimes extend beyond the coining ceremony.

Most of the coined veterans proudly display their coin prominently with other medals they may have on display in their homes.

If you would like to volunteer for the We Honor Veterans program, you can call Shelby Stuckey at 818-223-4287.



All About Pets

Traveling with Pets



The holidays are right around the corner, which means that many pet owners will be traveling to see family (with or without their furry friends)! Thinking about bringing your pet home for the holidays? Here are a few tips, tricks, and things to consider.

- **Do or Don't:** First things first, you have to decide if bringing your pet along is a good idea. If you have an older pet, one who suffers from extreme anxiety or other behavioral issues around groups of people, a pet suffering from major health problems, or you just don't have the space to travel with or house your pet, you may want to consider finding a dogsitter while you are gone. Otherwise, traveling with a pet can be a great new experience for them!
- **Preparing to Travel:** If you are driving home, make sure to prepare your car (and dog) for the trip. There are a variety of seat covers available for those with pets who are safe to free roam in the car that will protect your seats and often come with leashes attached. If your dog or cat moves too much or has anxiety on car rides, you may want to consider securing a crate for them somewhere in the car. Make sure your pet has access to fresh water, food, and the occasional fan or open window (thicker coated pets are prone to overheating in the car), and bring plenty of toys and treats to keep them occupied! If you are flying, it's important to make sure your pet has a sturdy crate and ample blankets to keep them warm (if flying in cargo). If your pet has never traveled with you before, you may want to begin preparing as soon as possible by getting them accustomed to a crate, getting in

the car, potty training, and even scheduling a check up with the vet in case any medications are needed. Some pets have so much anxiety over traveling that medication is necessary for their wellbeing!

- **Have a Plan:** Traveling with a pet can make plans a little more complicated, so it's best to get things squared away ahead of time. Make sure your hotels are pet-friendly, whoever you are staying with has a space for your pet to sleep and be alone (if needed), and it is never a bad idea to go ahead and find a local veterinarian in case of any emergencies. Make sure you bring any important documents you may need for your pet as well as any medications or special food. If you are staying with someone who has other pets, it is especially important to either make sure everyone gets along well or ensure your pet has a safe place to hang out while the festivities happen.

- **Have Fun:** Traveling with pets should be fun! Stop off at a unique pet-friendly spot along the way or take them to a local park while you're home. Buy them some holiday themed treats or toys, and don't be afraid to let your pet munch on some of the (pet safe) holiday food. If you're bringing them along, chances are they are a big part of your family, meaning they deserve to enjoy the trip as well.

While traveling with pets can be a little more stressful, have your furry friend around for the holidays with the rest of the family is one of the best ways to spend the season. Have fun, be safe, and have a happy holiday season!

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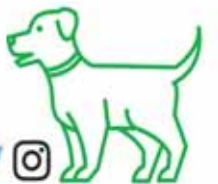
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WINTER DRIVING TIPS

HEAR A KNOCKING SOUND WHEN DRIVING? HERE'S WHY

Knock, knock! This isn't the start of a joke – it's your engine's sound while driving down the road. Hearing an unusual knocking sound coming from your engine can be concerning. If your motor is knocking, what does that mean? And even more importantly, how do you fix it?

Learn what causes engine knock, how to prevent it, and how to fix it when it does happen.

WHAT IS ENGINE KNOCK?

Engine knock often occurs when the air and fuel mixture in the engine cylinders is not properly ignited in a controlled manner, or when metal components are hitting together that shouldn't be.

When an engine functions properly, fuel (usually gasoline) is mixed with air and then compressed. A spark plug ignites the compressed mix, which then combusts. The explosion pushes the engine pistons down, which drives the engine's power. This process is repeated over and over to power the vehicle.

When you hear the engine knocking on acceleration or continuously while driving, something may be causing the combustion to occur at the wrong time. Keep reading to learn why this could happen.

WHAT DOES ENGINE KNOCK SOUND LIKE?

Engine knock is not always as evident as a loud, thumping, knocking sound when driving down the road. In fact, it can be pretty subtle, and if you regularly cruise with your music at full blast, you may not even notice it!

Engine knock can be a metallic pinging, a repetitive tapping noise, or metal plinking against metal. Depending on the cause and severity of it, it can vary in loudness, frequency, and exactly when it occurs. The most obvious times are usually when you're accelerating.

WHY DOES ENGINE KNOCK HAPPEN?

If you've experienced your car making a knocking sound, then a problem is likely occurring upon combustion within the engine. There are several possible causes for this:

1. INCORRECT OR LOW-OCTANE FUEL

When you fill your vehicle with gas, you typically have several options for fuel type: regular, mid-grade, and premium. These fuel grades are also paired with numbers, which are the fuel's octane. Octane is a measurement that tells you how resistant a fuel is to abnormal combustion.

If you use a lower octane than recommended by your vehicle owners manual, the fuel can pre-ignite and cause engine knock. All vehicles have specific octane requirements; check your owner's manual to see what the manufacturer recommends for your make and model.

2. BAD SPARK PLUGS

Spark plugs convert electrical energy into a spark, which ignites your engine's fuel and air mixture – making them crucial to your engine's performance. If your spark plugs are old or faulty, they can cause fuel ignition problems and cause engine knock.

Spark plug replacement is part of your manufacturer's suggested maintenance schedule. Check your vehicle's owner's manual or contact your local Tires Plus to find out when your spark plugs should be replaced or to have them inspected.

3. EXCESSIVE CARBON DEPOSITS AND BUILD-UP

Gasoline contains carbon, which can leave deposits and buildup on critical engine components like the combustion chamber surfaces. Although gas in the United States requires additives that help prevent carbon buildup, a small amount can still occur. When there's carbon buildup in your engine, it can cause hot spots that make the air-fuel mixture ignite prematurely.

4. INCORRECT AIR-FUEL MIXTURE

The mix of air and fuel that goes into your engine must be precise for the engine to work correctly. If your vehicle has a malfunctioning sensor, vacuum leak, or fuel delivery issues, the air-fuel mixture can be too lean, meaning it has more air than a given amount of fuel. When you have a lean air-fuel mixture, engine knock can occur.

5. OVERLY ADVANCED IGNITION TIMING

Advanced ignition timing doesn't mean it's high-tech! If the spark plug ignites the air-fuel mixture too early in the piston's stroke, then the timing is too advanced or occurs too soon. Overly advanced ignition timing can cause engine knock.

HOW TO FIX AND PREVENT ENGINE KNOCK

Helping prevent engine knock can be as easy as keeping up with your regular scheduled maintenance! To start, ensure that your spark plugs are replaced when specified by the manufacturer.

In addition to your regular maintenance, fill your tank with the correct octane fuel every trip to the pump, even if your wallet protests at the higher price tag. While higher octane fuel is typically more expensive, you should follow your vehicle manufacturer's recommendations.

WHAT SHOULD YOU DO IF YOUR ENGINE STARTS MAKING NOISE?

So you've noticed a knocking sound under the car when driving. What now? If your car knocks when accelerating, or just driving in normal conditions, addressing it as soon as possible is essential. Have your vehicle inspected and diagnosed by a qualified technician as soon as possible. It may be as simple as a bad spark plug or require more complex repairs to diagnose the chain of problems.

TIRES PLUS CAN HELP PREVENT AND FIX ENGINE KNOCK

Don't let engine knocking linger; take action today by visiting your local Tires Plus. Our skilled technicians will diagnose and resolve the issue, restoring your engine's smooth, quiet function. Don't wait – schedule your service appointment today.



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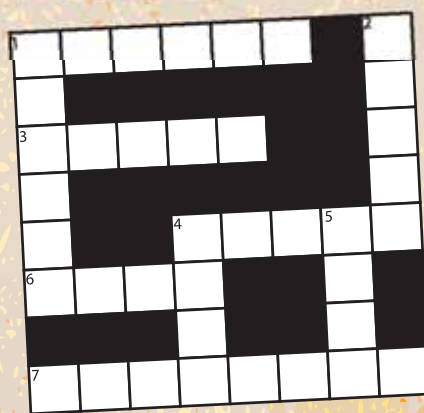
AFRICAN LION

CREATURE FEATURES

- Lions live in prides dominated by one male, including several females and cubs.
- Their long retractable claws help the lion grab and hold prey. Lions have massive shoulders and strong forelimbs, long, sharp claws, and short, powerful jaws to aid them while hunting.
- The female lioness does most of the hunting. They are mainly nocturnal and work in teams to stalk and ambush prey.
- They use their roar to communicate and declare territory. A lion's roar can be heard over several miles.
- Lions sleep or rest about 20 hours a day.

Fact File	
Life Span	10 - 14 years
Weight	300 - 600 pounds
Height to Shoulder	4 feet
Body Length	8 - 9 feet
Tail Length	26 - 39 inches
Top Speed	50 mph
Wild Diet	Omnivores (Carnivores) Herbivores Antelope, Giraffe, Zebra, Wildebeest, Impala

CROSSWORD PUZZLE



- ### ACROSS
1. Condition of being protected
 3. Of great weight
 4. Aches and _____
 6. Large vehicle (abbr.)
 7. Gaining knowledge

- ### DOWN
1. Education building
 2. Things to read
 4. Flow into a stream
 5. Person, place or thing



- Answers:
- Across
1. Safety 3. Heavy
- Down
1. School 2. Books 3. Books 4. Pain 5. Noun

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EIGHTH AIR FORCE COMMAND TEAM VISITS TEAM MINOT



U.S. Air Force Maj. Gen. Jason R. Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, meets a family from Team Minot during a base visit at Minot Air Force Base, North Dakota, Nov. 1, 2023. During the visit, Armagost interacted with members of Team Minot and gained a deeper understanding of how they execute the global deterrence mission.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KYLE WILSON



U.S. Air Force Maj. Gen. Jason Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, takes a tour of Minot Air Force Base, North Dakota, November 1, 2023. Armagost toured a B-52H Stratofortress dock used for aircraft undergoing extensive maintenance.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS TRUST TATE



U.S. Air Force Maj. Gen. Jason R. Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, and Chief Master Sgt. Ronnie J. Woods, Eighth Air Force command chief, talk with Airmen assigned to the 5th Force Support Squadron during a base visit at Minot Air Force Base, North Dakota, Nov. 1, 2023. Armagost and Woods commended the Airmen for their contributions to Team Minot and fueling the mission of global deterrence.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KYLE WILSON



U.S. Air Force Maj. Gen. Jason Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, and Chief Master Sgt. Ronnie J. Woods, Eighth Air Force command chief and Joint-Global Strike Operations Center senior enlisted leader, is shown around the McAadoo Fitness Center at Minot Air Force Base, North Dakota, November 1, 2023. During his visit, Armagost spoke to Team Minot leadership to gain a more in-depth understanding of how Team Minot contributes to global deterrence.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS TRUST TATE



U.S. Air Force Maj. Gen. Jason R. Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, and Chief Master Sgt. Ronnie J. Woods, Eighth Air Force command chief, have breakfast with Team Minot Airmen at Minot Air Force Base, North Dakota, Nov. 1, 2023. During the visit, Armagost and Woods met Airmen from Team Minot and learned how they contribute to global deterrence.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KYLE WILSON



U.S. Air Force Major General Jason R. Armagost, Eighth Air Force and Joint-Global Strike Operations Center commander, and Chief Master Sgt. Ronnie J. Woods, Eighth Air Force command chief, speak to aircrew members from the 23rd and 69th Bomb Squadron at Minot Air Force Base, North Dakota, Nov. 1, 2023. During the visit, Armagost and Woods met Airmen from Team Minot and learned how they contribute to the Eighth Air Force mission.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN CALEB S. KIMMELL

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Music of the Holidays

BRASS BAND OF MINOT

The Brass Band of Minot is getting in the holiday mood with a concert titled "the Music of the Holidays" on Sunday, November 20th at 4:00 PM at Minot State University's Anne Nicole Nelson Hall.

The Brass Band of Minot is North Dakota's only British-style brass band and provides audiences with the opportunity to experience the unique brass band sound through a variety of different styles of music. The band is directed by Wayne Schempp and consists of brass and percussion players from Minot and other communities in northwest North Dakota who share a love of brass band music.

Brass music and the holiday season go well together. In the Middle Ages, churches who could afford to do so would hire brass musicians to give a festive feeling to the season, and the tradition continues to this day. Salvation Army brass bands that kept British-style brass music alive between its decline in the late 1800's and its resurgence in the 1980's and

1990's. Like most America British-style brass bands, the Brass Band of Minot has a lot to thank them for, including their large Christmas music repertoire which is heavily represented in this concert.

The concert will start with a Thanksgiving song titled "Bless This House" followed by "The Lost Chord," featuring Rita Sundahl on Organ. The concert will take an upbeat turn with "Frosty the Snowman" featuring Curt Kumpf on Bass Trombone. Next will be William Gordon's mellow jazzy rendition of "The Christmas Song," probably better known as "Chestnuts Roasting on an Open Fire," arranged by William Gordon.

Gordon is a Salvation Army brass band composer particularly known for the way his music intricately weaves together the different voices in the band. Chris Ann Badger will feature on Euphonium in the next piece, a humorous rendition of "Santa Claus is Coming to Town." Then, the band will play the sonorous "Once in Royal David's City," arranged by Darrol

Barry. Next is a medley called "A Carol Fantasy" by Peter Graham that features a number of carols tunes including "Silent Night," "Angels We Have Heard on High" and "Come, All Ye Faithful." An upbeat, swing-like rendition of "Go Tell It on the Mountain," arranged by William Gordon, follows. Next will be Leroy Anderson's ever popular "Sleigh Ride." The concert will conclude with the "Hallelujah Chorus" from Handel's "Messiah," one of the band's favorite pieces and a great fanfare to end a concert.

Brass Band of Minot concerts are free and open to the public though cash and check donations are very welcome.

This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts.

The band's 2023-2024 concert season will continue with concerts on February 4th and March 24th.





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Local Cravings

Restaurant Guide

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<p>28 Tastes & Taps</p> <p>1603 35th Ave SW Minot Phone: 701.838.2828 FB: 28 Tastes & Taps</p>	<p>Culver's Restaurant</p> <p>3000 S Broadway, Minot Phone: 701.852.4800 www.culvers.com</p>	<p>Ironhorse Kitchen + Bar</p> <p>21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>
<p>Jamaican Vybz Kitchen</p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p>Mi Mexico</p> <p>3816 South Broadway Minot Phone: 701.858.0777 www.mimexicominotnd.com</p>	<p>N.D. Asia</p> <p>3400 16th St SW, Minot Phone: 701.852.1240 www.ND-Asia.com</p>
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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.

N	A	S	T	Y	T	A	L	C	S	S	A	P	
I	D	A	H	O	A	V	E	R	T	L	G	E	
C	E	M	E	N	T	M	I	X	E	R	Y	O	W
A	L	B	A	H	I	D	D	O	R	A	G	S	
D	E	A	L	S	I	N	R	E	N	E	S		
		P	I	N	G	P	O	N	G	B	A	L	L
L	O	T	S	A	R	O	Z	A	F	I	T		
O	L	E	M	O	L	O	K	A	I	O	K	D	
A	G	R	A	D	E	O	N	I	X	E	S		
F	A	M	I	L	I	A	F	F	A	I	R		
		P	R	E	S	S	A	N	T	E	N	N	A
B	L	A	S	T	S	A	R	K	L	O	O	S	
R	A	P	S	E	A	R	C	H	P	A	R	T	Y
E	V	E	B	U	Y	E	R	E	N	S	U	E	
W	A	R	E	S	S	A	Y	A	D	E	P	T	

CROSSWORD PUZZLE

Across

- 1. Used a firehouse pole
- 5. Goodyear icon
- 10. Domestic's word
- 14. Turpentine source
- 15. Privately owned Hawaiian island
- 16. Recognize the intentions of
- 17. Word with heart or tooth
- 18. Whittle away
- 19. Poetic foot
- 20. It may go with a beer budget, unfortunately
- 23. Conger line member?
- 24. Get a lode of this
- 25. Mathematician's highest degree?
- 26. Genuflect
- 28. One way to run
- 31. Organ of equilibrium
- 34. Extra dose of trouble
- 38. Razor brand
- 41. Painter of big-eyed children
- 42. Entertainer Martha
- 43. What the Juilliard String Quartet plays
- 46. Vietnamese holiday
- 47. Concerning
- 48. Cause friction
- 52. Fireplace shelf
- 54. Pendulum direction?
- 56. Senate majority?
- 57. U.S. president, 1861-1865
- 62. Earth unit
- 63. Not silently
- 64. Jay Gould's railroad
- 65. First-class
- 66. Vampire vanquisher
- 67. Turner of "Madame X"
- 68. Viscount or marquess, e.g.
- 69. Whetstone user
- 70. It moves on a white bed

1	2	3	4		5	6	7	8	9		10	11	12	13						
14					15						16									
17					18						19									
20					21						22									
23					24						25									
26					27						28	29	30		31	32	33			
					34						35	36				37				
38	39	40									41					42				
43											44					45				
46											47					48	49	50	51	
											52	53				54	55		56	
											57					58	59	60		61
62											63					64				
65											66					67				
68											69					70				

Down

- 1. "Crimes of the Heart" star
- 2. It may grow on rocks
- 3. Start to breathe
- 4. Form an opinion
- 5. Make dim
- 6. Concession stand word
- 7. Complicit
- 8. Whipped up
- 9. First name in geometric painting
- 10. Like fresh brownies
- 11. Bête noire
- 12. "Hey, Mom! Look ___!"
- 13. Type of scene
- 21. Game divided into chukkers
- 22. Egyptian symbol of life
- 27. Mild cheese
- 28. Remember this!
- 29. It's read at the table
- 30. Carries a mortgage
- 32. Pulitzer poet Lowell
- 33. Pastrami partner
- 35. Picked-on instruments, briefly
- 36. Host Convy or Parks
- 37. Sight on the Champs Elysees
- 38. Word with riot or class
- 39. "We ___ People ..."
- 40. Basil with a magnifying glass
- 44. ___ au rhum
- 45. Screen symbol
- 49. Indifferent to ethical standards
- 50. Like a leopard
- 51. Group of nine
- 53. Efficiency expert's goal
- 54. Bit of serendipity
- 55. Bicyclist, e.g.
- 57. Shampoo ingredient, perhaps
- 58. Kind of house
- 59. Cumulus lead-in
- 60. Distress indicator
- 61. Animation frames
- 62. Commencement wear

SUDOKU

Solution to puzzle on page C9

				1		2		
3	1		4			5		6
7			8			9		
	8			5				
6			3		9			1
				7			4	
		9			6			8
2		5			4		9	7
		1		2				

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CHURCH DIRECTORY

<p>Chapel Services at MAFB</p> <p><i>North Plains Chapel in Base Housing</i></p> <p><i>Protestant</i> Sunday Community Service 1030 (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i> Open Circle 1000 on the 1st and 3rd Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p>Catholic Mass Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p> <p> 109 6th St. SE Minot • 838-3094</p> <p>Saturday, November 18 5PM, Great Vespers</p> <p>Sunday, November 19 10AM Holy Liturgy</p> <p>V. Rev. Fr. Paul Hodge</p>	<p> Break Forth BIBLE CHURCH</p> <p>Wednesdays 7:00pm and Sundays 10:30am</p> <p>1821 W Burdick Expressway For More Information: 701.838.2665 www.bfbc.tv</p>	<p> An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	<p> Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916 MinotBibleFellowship.org</p>
<p>Immanuel Baptist Church 1615 2nd St. SE • www.ibcminot.org 701-839-3694</p> <p></p> <p>SUNDAYS: 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP</p> <p>WEDNESDAYS: 11:30 AM SOUP KITCHEN 5:30 PM FAMILY SUPPER 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY</p>	<p></p> <p>Christ Reformed Church Worship 11:00 a.m. Sunday 234 14th Ave SE www.christreformedchurchminot.com</p>	<p>St. John the Apostle Catholic Church</p> <p></p> <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p><i>Fr. David A. Richter, Pastor</i> Parish website: www.stjohnminot.com</p>	<p> First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Sunday Worship 9:30 am</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com</p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	<p>St. Mark's Lutheran Church <i>Missouri Synod</i></p> <p></p> <p>Sunday Divine Service 9:30 AM</p> <p>Adult Bible Study and Sunday School 11:00 AM</p> <p>Wednesdays Kid Connection 5:15 PM</p> <p>Reverend Philip Beyersdorf 2209 4th Avenue NW, Minot, ND 839-4663 www.minotstmarks.com Join us on facebook</p>
<p> JOURNEYCHURCH ASSEMBLY OF GOD</p> <p>1805 2nd St. SE 838-1111</p> <p>Sunday Services 9:00 AM & 11:00 AM</p> <p>Wednesday 6:30 PM</p>	<p>Minot Baptist Church</p> <p> Sending the Glorious Light of Jesus Christ to a Dark and Needy World</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Evening..... 7:00 p.m.</p> <p><i>Independent/Fundamental/KJV</i> 500 46th Ave NE • 839-1351 Pastor David Miller</p>	<p> Cross Roads Baptist</p> <p>Southern Baptist Convention</p> <p>Sunday School (all ages) 9:45 a.m. Sunday Worship 11 a.m. & 5:30 p.m. Wednesdays (Prayer & Missions) ... 6:30 p.m.</p> <p>www.minotcrbc.org email: minotcrbc@gmail.com Gabe McCormick- Pastor 415 28th Ave SE (Behind Menards) 838-1873</p>	<p> West Minot Church of God <i>Family Worship Center</i></p> <p>1105 16th St. NW • 839-1407</p> <p>Sunday School 9:30 a.m. Sunday Worship 10:30 a.m. Children's Church & Nursery Wednesday Family Training Hour Meal 5:30p.m. Classes for All Ages 6:30 p.m. Youth Center, Friday 7:00 - 11:00 p.m. ABC Child Care Center 852-6352</p> <p>westminot.com facebook.com/westminot</p>	<p></p> <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
<p>First Baptist Church 200 3rd St. SW • 852-4533 www.fbcminot.org</p> <p>Classic Worship Service 8:30 a.m. Sunday School (All Ages) 9:45 a.m. Contemporary Worship Service 9:50 a.m. Adult Sunday School 11:00 a.m. Contemporary Worship Service 11:05 a.m. Children's Church 11:05 a.m. Wed. AWANA (Sept. to May) 6:30 p.m. Fridays, Celebrate Recovery 7:00 p.m.</p> <p>Rev. Kent Hinkel, Senior Pastor Elaine Carlson, Children's Ministry Director</p>	<p>Apostolic Faith Church, UPCI</p> <p>2929 19th Ave NW • Minot Located off Hwy 83 Bypass West (701) 838-0609</p> <p>Saturday School 2:00 p.m. Sunday Worship 3:30 p.m. Wednesday Bible Study 7:30 p.m.</p> <p>Jesse Starr, Pastor</p>	<p> Grace Baptist Church of Minot <i>A Reformed Baptist Church</i></p> <p>Sunday Service: 4:00 p.m. Wed. Prayer: 5:30 p.m. at Living Word Lutheran bldg 710 46th Ave NE, Minot</p> <p>Web: gracebaptistminot.com E-mail: gbcminot@gmail.com</p> <p>RADIO BROADCAST KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun</p>	<p> oslc where faith & life meet</p> <p>OUR SAVIOR LUTHERAN CHURCH 3705 11th St. SW Minot, ND 58701 701-852-6404 www.oslcminot.com Rev. Heath Trampe Rev. Brian Doel</p> <p>Sunday, Nov. 19 8:15am Traditional Service 9:30am Contemporary Service 9:30am Sunday School & Adult Bible Study 11:00am Contemporary (w/ livestream)</p> <p>Wednesday, Nov. 22 6pm Adult Choir 6:30pm Thanksgiving Eve Worship Service</p>	


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Department of the Air Force reimburses spouse-owned small business costs accrued during PCS, PCA

SECRETARY OF THE AIR FORCE PUBLIC AFFAIRS

ARLINGTON, Va. (AFNS) -- The Department of the Air Force is now reimbursing service members up to \$1,000 to re-establish spouse-owned small businesses during a permanent change of station or assignment on or after Dec. 23, 2022.

"Spouse employment is a key factor in the success of our Airmen and Guardians. Dual-income households contribute to military readiness, allowing service members to focus on their mission. Investing in our spouses' careers is not just the right thing to do, it makes our Airmen and Guardians' service possible," said Alex Wagner, assistant secretary of the Air Force Manpower and Reserve Affairs. "This effort will also help ease the burden of relocations and facilitate the ability of our members' spouses to return to work quickly."

The spouse-owned small business reimbursement applies to PCS or PCA orders on or after Dec. 23, 2022; members must file a claim within 24 months of the date the PCS or PCA orders are authenticated.

This new reimbursement can be used in conjunction with the existing \$1,000 reimbursement for spouses who required re-certification or relicensing, increasing the possible total reimbursement up to \$2,000.

Members are encouraged to contact their installation's Military & Family Readiness Center with questions about eligibility and how to submit a claim. The service member's servicing finance office will work with both the member and their spouse to verify eligibility and provide necessary documentation of qualified expenses to begin the reimbursement process.

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NOTES ON BEING SAFE

Holiday Trip Planning Can Save a Lot of Hard Ache

It's hard to believe that the holiday season is fast approaching! Along with the holiday season, many base personnel and their families will be heading out of the local area and even out of state to spend time with their loved ones. Here are some important suggestions to keep in mind to help ensure your trip is a safe one.

- Map the route you are driving. Do not alter from the planned route.
- Discuss your plan with your supervisor and leave a contact phone number.
- Ensure your vehicle is in good mechanical condition. Check the oil, window washer fluid, tire pressure, and ensure you have packed a survival kit. Essentials in the survival kit are; flashlight, candles, matches, sleeping bag (1 per occupant of vehicle), non-perishable food stuffs that can be eaten with out preparation. An MRE is a good idea.
- Plan rest stops for about every 2 hours of drive time.
- Get adequate rest before starting trip. Altering normal sleep patterns may make you more susceptible to drowsy driving.
- Wear sunglasses to prevent eye strain caused by glare off snow and road way.
- While en-route to your destination, have planned contact times to let your contact person know every thing is still okay. Unless surprising a person, it is best to use the person you are traveling to visit as the contact person. The contact person can inform you of current weather and road conditions, etc. The reason for this check in times is if you do not call, that person can notify the highway patrol of a potential stranded motorist. Remember to give the contact person details such as; color, make & model of the vehicle, license plate number, and number of persons in vehicle.
- If you get stuck in the ditch, stay with your vehicle.



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Having a cell phone would be helpful. Remember to run your engine for about ten minutes every half hour. The American Automobile Association recommends cycling your engine every hour for about 20 minutes. By using ten minute half hour cycles, you allow the oil in the vehicle to stay fluid, you also allow for less time to have vehicle lose the generated heat and now you can use the

car radio to listen to weather updates and emergency broadcasts at the top and the bottom of the hour, instead of just one segment of the hour. One last bit of advice: Drive for road conditions and your own capability. If you need additional information, please call the wing Safety office at ext 2259/3305. Have a great Holiday Season and return safely!

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YOUTH IN ACTION

Air Force School Liaisons



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM

The Department of the Air Force School Liaisons (SLs) are the central point of contact for commanders, military families, and school districts in all Kindergarten through 12th grade school matters. Speaking the dual language of military to educators and education to the military; they are considered the K-12 education office in the local community and state. They advocate for military-connected students at the local, state, and national level. Differences in local demographics, installation mission, community characteristics, and education policy significantly impact students and families as they move. SLs can help smooth transitions between schools. SLs serve DoD Total Force members, DoD civilians, retirees, Guard/Reserve, and eligible

family members to include NOAA, USPHS, foreign national employees and contractors assigned. Services of the SL office include: local school navigation, scholarship and grant resources, community and education partnerships, deployment support, transition support, college/career/military readiness, professional development, homeschool support, and parent workshops. If you are new to the Minot area or soon to PCS and need support with your child's education contact the MAFB-SL, Joy-Nicole Smith, at 701-723-1447 or mafb.school.liaison@us.af.mil. For further information on the DAF Child & Youth Education Services-School Liaison Program visit <https://www.dafchildandyouth.com/school-liaison-program>

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Magic City Discovery Center Announces Education Director

MAGIC CITY DISCOVERY CENTER

Sara Brentrup has been named Education Director of the Magic City Discovery Center effective November 9. Things have come full circle as Sara was one of the people who sparked the idea of bringing a children's museum to Minot way back in 2013.

"I am honored to be moving into this position at the Magic City Discovery Center. We have spent many years taking our own kids to children's museums and discovery centers around the country and now we have the opportunity to explore one in our own community," Brentrup said. "I have a passion for writing engaging STEAM curriculum for children and am excited to expand the educational opportunities offered by MCDC. I hope to inspire children in our state to find fun in Science, Technology, Engineering, Arts, and Math."

Brentrup comes to the Magic City Discovery Center with lots of valuable experience as she owned and operated Children's Garden Preschool for 19 years with her husband, Shaun. Brentrup will transition to full-time hours in the

next couple of months. She is a Minot native, is married, and has 5 children.

Executive Director Wendy Keller shared, "I love that Sara had the idea to bring a children's museum to Minot over 10 years ago and now she works here! We are thrilled to have her join our team."

The mission of the MCDC is to engage children and families in the magic of lifelong learning through discovery, creativity, and play.



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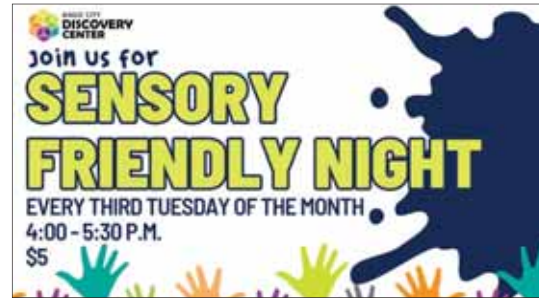
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Upcoming Events

21 NOV **SENSORY FRIENDLY NIGHT**
4:00 PM - 5:00 PM
Magic City Discovery Center
1545 1st St NW, Minot, ND

This event is open to special needs or differently abled individuals, their family members, and guardians. We understand that the museum can be a bustling place. During Sensory Friendly Night, we provide adjusted sound levels to create a calmer environment. Sensory bags will also be available at the front desk. Families are welcome to explore the museum at their own pace!
No timed admission is required.
\$5 is the cost of admission



For more information:
Facebook / Magic City Discovery Center/ Events

23 NOV **9TH ANNUAL MAGIC CITY TURKEY TROT!**
9:00 AM
Brick Building, 400 E. Central Ave, Minot ND.

5K/1mi Thanksgiving Day Run! Hosted by Magic City Figure Skating Club's Synchro Teams! Whether you're a competitive runner, a walker or somewhere in between, this event is for you! So lace up your running shoes, grab your leash, dust off that costume, and get ready to be part of an unforgettable Thanksgiving morning tradition! Free t-shirts for runners & walkers registered by November 12th! Packet pickup is on Wed. Nov. 22nd from 4-7pm in the lobby of the Maysa Arena. Costumes encouraged! Prizes for the most spirited participants! After the race, check the pie table to see if you have won a delicious pie! Children 5 & under free! Sorry no refunds. Friendly dogs on leashes welcome!



For more information:
Facebook / Magic City Turkey Trot
Signup: <https://runsignup.com/Race/ND/Minot/MagicCityTurkeyTrot>

24 NOV **SERTOMA CHRISTMAS LIGHTS IN OAK PARK**
5:30-10:00 PM (SUN-THURS)
5:30-10:30 PM (FRI & SAT)
Minot Oak Park, 19th Ave SW, Minot

Take a drive through Oak Park this holiday season. \$5/car \$20/bus. Enjoy the lights while supporting our community. All proceeds from this event are invested back into our community through the Minot Sertoma Club. Running daily until December 31.



For more information:
Facebook / Minot Sertoma Club

24 NOV **DOWNTOWN MINOT TREE LIGHTING & OPEN HOUSE**
3:00 PM - 8:00 PM
Downtown Minot
Various Locations

Join us for the annual Christmas Open House in Downtown Minot on Friday, Nov. 24th 3-8pm. Enjoy hay rides, reindeer, cookies with Santa, tree lighting ceremony, special music and treats at local businesses, and sales galore! Bundle up the kids and bring the family to Downtown Minot and create your own magical memory.



For more information:
Facebook / Minot Downtown Business & Professional Association/ Events

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OUTDOOR

REPORT



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Nov. 13: 1,840.09 feet above mean sea level (MSL); 17,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devis Lake elevation: 1,449.26 feet above mean sea level (MSL). Stump Lake elevation: 1,449.24 MSL.

•N.D. Game & Fish Dept. game wardens: No new reports.

•Devis Lake, Ed's Bait Shop, Devis Lake: Little activity throughout Devis Lake.

•Devis Lake, Woodland Resort, Devis Lake: A few anglers on the open water of Devis Lake but no reports on success.

•Lake Darling, Karma C-Store, Ruthville: Little activity on Lake Darling.

•Lake Metigoshe, Four Seasons, Boltineau: Warm weather and wind opened up area lakes, including Lake Metigoshe.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Wind and weather permitting, a few anglers are out on the east end of Lake Sakakawea but no reports on success.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Limited activity on Lake Sakakawea and Lake Audubon.

•Lake Sakakawea, New Town: Wind and weather permitting, anglers are finding a fairly nice fall walleye bite in the Van Hook Arm.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye in the spillway channel but limited angler numbers. Lake Sakakawea quiet.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Deer hunters need to beware of carcass and licensing transportation regulations.
- Beware of the potential for thin ice on wetlands and lakes when hunting, including when bird hunting with dogs.
- Please park out of the way of other vehicles and farm equipment on prairie roads and trails.
- Nov. 22: Minot Rifle & Pistol Club new member meeting, 7 p.m., indoor range.
- Nov. 23: Happy Thanksgiving.
- Nov. 24 & 25: Fort Stevenson State Park Dickens Village Festival Geo-cache, Garrison. Contact the park, (701) 337-5576, for details and GPS coordinates.
- Nov. 25 & 26: Minot Rifle & Pistol Club Gun Show, 9 a.m. to 5 p.m. Nov. 25 & 9 a.m. to 3 p.m. Nov. 26; North Dakota State Fairgrounds.
- Nov. 26: Deer gun season closes.
- Nov. 26: Mountain lion Zone 1 season closes.
- Nov. 27: Hunter's Brunch, Audubon Nat'l. Wildlife Refuge Visitor Center, serving free will donation soup and chili, 9 a.m. to 1 p.m. in conjunction with the refuge's opening day of upland game bird hunting. Sponsored by Audubon Refuge Partners Inc.
- Nov. 27: Mountain lion Late Season Zone 1 opens.



- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers clearing with improving walleye success. Upper end of Lake Sakakawea still producing a few walleye. Work deeper water with jigs and minnows. Trenton Lake improving for crappie.
- Lonetree WMA area lakes, Harvey: Area lakes quiet.
- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Area lakes quiet.



Hunting:

- Deer: Mixed opening weekend success. Look for continued movement with the rut underway/
- Upland: Continued fair success in several pockets of state.
- Waterfowl: Warm weather

exposed food areas for remaining ducks and geese. Fair numbers of geese remain along the east end of the Missouri River System but limited numbers in northwest N.D. with remaining birds on the open water of the upper end of Lake Sakakawea. Some birds remain on the open water of Devis Lake with pockets of mallards, as well. Good numbers in north-central N.D. earlier in the week with birds still in east-central parts of the state.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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HIRING NOW FOR FT AND PT LANDSCAPING LABOR AT MINOT AFB. No experience necessary. Must be able to pass background check. Pay is \$22.71/hr. Contact Steve 719-466-9827

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THE NORTH DAKOTA NATIONAL GUARD have openings available in a variety of career fields across the state and in Minot. Continue your military career on a part-time basis. For more information call 420-5903 or 420-5904 in Minot.

IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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- Later start times available but must be able to stay until 4pm & Sunday 11am-6pm
- TEEN HOURS Tuesdays-Friday 4pm-7pm & Saturday 7am-6pm
- Morning start times rotate & vary

IF INTERESTED SPEAK TO CHARLIE AT THE COMMISSARY OR LEAVE CONTACT INFORMATION WITH CUSTOMER SERVICE.

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4	7	9	5	3	6	1	2	8
2	6	5	1	8	4	3	9	7
8	3	1	9	2	7	4	6	5

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 8 Jan-10 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

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MINOT STATE UNIVERSITY

Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

★ Hotel ★ REVEL Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot's Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot's Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

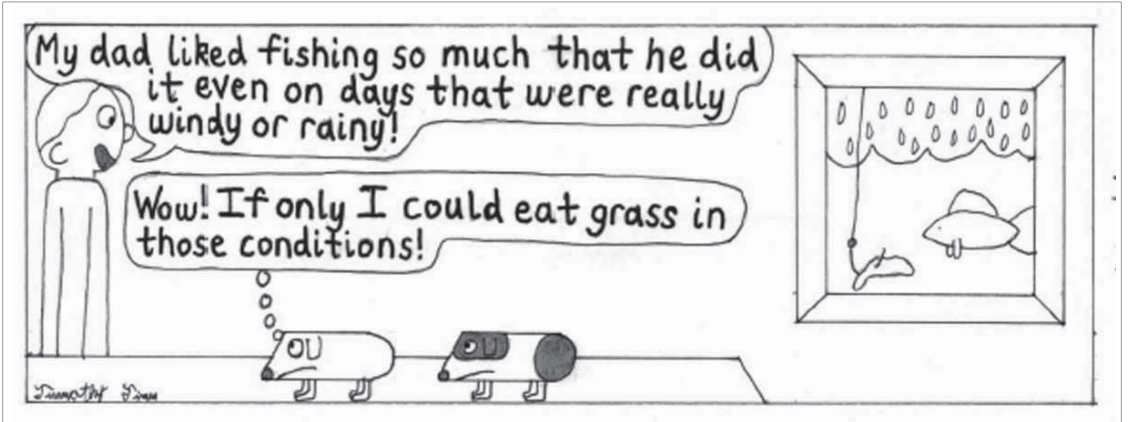
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TIMMOTHY TIMM

Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.



VOLUNTEER OPPORTUNITIES

Festival of Trees Volunteers

Dakota Hope Clinic is organizing the Festival of Trees event at the ND State Fair Center. The event will start on Friday, November 17th and will feature a variety of activities throughout the day, culminating in a dinner and auction on Saturday night, November 18th. We are in need of volunteers for the entire event from set up Tues -Thurs, the actual event on Fri-Sat and especially tear down at the following times:

- Saturday night, Nov 18th 8:30 pm until approx 11:00pm (any time frame that works will help - the more the merrier!)
- Sunday, Nov 19 12:30pm until 5pm (any time frame that works will help - the more the merrier!)

Go to this site to sign up: <https://www.festoftrees.com/volunteer>
POC: Kris Post 701-852-4675 or kris@dakotahope.org

AADD Volunteers

AADD is seeking volunteers to support various event requests. *Here is a link to our regular schedule for weekends, if interested, please disseminate to your members.
 •REGULAR 2023 WEEKLY SCHEDULE- <https://volunteersignup.org/FHLLR>
POC: SSgt Kristal A. Cruz Leon 723-4633 kristal.cruz_leon@us.af.mil

Meals on Wheels Volunteers

On behalf of the Hispanic Allies organization, we would like to offer a volunteer opportunity to help our community. We're working with "Meals on Wheels" to help feed elderly members of our community. If you are interested in volunteering, please let us know. The Meals on Wheels delivery is every Tuesday & Friday. Volunteers can show up at the venue from 1045 to 11am. The route is simple, and it takes 45 min to 1hr, 2 members preferred. No supplies required. The address is 21 1st Ave SE B, Minot, ND 58701 at the Minot Commission On Aging. Please sign up using the following hyperlink: <https://volunteersignup.org/4E7QM>
POC: SrA Brian Bermúdez, brian.o.bermudezcartagena.mil@health.mil or 723-5184.

AF K12 STEM-to-Sky Program Volunteers

Volunteers are needed to assist with the AF K12 STEM-to-Sky program; a new annual outreach effort connecting Airmen & Teachers enabling them to produce direct classroom engagement. The purpose of this effort is to directly engage Airmen with classrooms around the world to share experiences, emphasize the importance of STEM education, and create personal military-to-classroom connections. Within the classroom, Airmen will discuss their associated roles and emphasize the importance of STEM (connect); and create propensity for students to pursue STEM and Air Force fields (inspire). The program entails for schools:
 • The Airmen to Classroom connection is a live two-way 30-45min interaction between a classroom and an assigned Air Force Airman, scientist, engineer or researcher.
 • Large-scale pre-scheduled live events will include a program link after registration.
 • In-person engagements may be available depending on location and availability of local personnel.
 Anyone can volunteer, and we especially encourage those who work in STEM-focused career fields!
 This program is a great way to help us spearhead the efforts to reach General Brown's community outreach priorities related to STEM and youth engagement. I am in the process of reaching out to local schools to get them involved, and we'd love to have you and/or your Airmen too.
 For Airmen sign-up and information/instruction - <https://forms.osi.apps.mil/r/fkmaqNeYUlr>
 Please feel free to reach out if you have any questions.
POC: Abigail Kinder, Community Relations & Media Operations, Minot AFB PA, Comm: 701-723-6768, DSN: 453-6768

YMCA Referee Volunteers

The sports director at The Minot Family YMCA is looking for coach and referee volunteers. Most of the youth football games are played on Saturdays from 9:00am to 3:00pm and each game is an hour long. Anyone interested, please contact the YMCA Sports Director.
POC: Shane Christiansen, Youth Sports Director, Minot Family YMCA 701-852-0141

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base.
POC: Shelby Stuckey, Volunteer Coordinator (888) 223-4287 shelby.stuckey@caringedge.com

Volunteer Soccer Coaches

Minot AFB Youth sports is looking for volunteer coaches for the upcoming indoor soccer season. The season will run from 6 Nov. through 15 Dec. 2023. Coaching needs are as follows:
 • Ages 3-4-year-old: 12 coaches needed. Practice schedule: Mondays from 1700-1730 at the Youth Center
 • Ages 5-6-year-old: 12 coaches needed. Practice schedule: Mondays & Wednesdays from either 1730-1830 or 1830-1930 at the Youth Center
 • Ages 7-8-year-old: 10 coaches needed. Practice schedule: Tuesdays & Thursdays from 1700-1800 or 1800-1900 at the Youth Center
 • Ages 9-12-year-old: 12 coaches needed. Practice schedule: Tuesdays & Thursdays from 1800-1900 or 1900-2000 at the Youth Center
 All coaches must complete a volunteer packet with the youth center as well as complete fingerprinting & background checks, regardless of military status. Coaches will also be required to complete online training (provided by youth sports) and attend coaches training prior to the season start.
POC: Ms. April Lawrence, the Youth Sports Coordinator, 701-723-1477/2838 or email april.lawrence.2@us.af.mil

Magic City Civil Air Patrol Composite Squadron

The Magic City Civil Air Patrol Composite Squadron meets every Thursday at AvFlight, 1830-2030. Civil Air Patrol is the official, Congressionally chartered US Air Force Auxiliary open to all adults and children 12+. Its all-volunteer members serve in a multitude of roles in support of CAP's three primary missions: Cadet Programs, Aerospace Education, and Emergency Services. As adult opportunities include working as part of an Aircrew, sUAS operator, Aerospace and STEM instruction, and many other opportunities! The youth Cadet Program provides an opportunity to learn military structure while learning about Aerospace, Leadership, Flight, Cyber Systems, Outdoor Survival and much more! Whether you are looking to bring your skills to a new venue, expand your experience, or learn something new, there's certainly a role for you! No prior experience or military affiliation is necessary. For more information about Civil Air Patrol, visit <https://www.govcivilairpatrol.com> or contact the POC below.
 Meeting location: AvFlight, Minot Airport, 2400 N. Broadway Suite E, 1830-2030 every Thursday
POC: 1st Lt Jon McLemore, CAP, Jonathan.mclamore@ndcap.us 701-720-6410 | <https://nd021.cap.go>

To have your volunteer opportunity posted, please contact Military & Family Readiness Center (M&FRC) at:
5fss.family.support@us.af.mil



791 MSFS SHOUTOUTS



Congratulations to SrA Keene and SrA Haywood on their success while representing Minot and Global Strike at the inaugural Defender Flag competition.



SSgt Ashmore and SrA White representing the Dark Horses during the most recent DV visit! A well earned coin!!

791ST MISSILE SECURITY FORCES SQUADRON PHOTOS

A LOOK BACK

THIS WEEK IN USAF HISTORY

THE SON TAY RAID

NOVEMBER 21, 1970



A painting of raiders exiting a crashed helicopter at Son Tay, by Mikhail Nikiporenko. (USAF)

During the Vietnam War, U.S. intelligence revealed evidence of over 50 prisoners of war being held at Son Tay, in North Vietnam. The Joint Chiefs of Staff and President Nixon believed that a rescue operation was worth the risk and appointed Air Force Brig. Gen. LeRoy J. Manor as mission commander and Army Col. Arthur D. "Bull" Simons as the ground force commander. The raid was a joint-force operation that began early on the morning of November 21, 1970.

While Navy carriers used flares to create a diversion, Air Force and Army Special Forces flew in under the cover of night. Once inside Son Tay, it was revealed that the POWs had been previously relocated. All military personnel involved returned safely after the 27 minute raid. While it failed to free POWs, the Son Tay Raid was still considered a success. North Vietnam consolidated POW locations to prevent other raids, making POW communication easier and raising morale and hope for the future. It also served as a basis for future joint-force missions. "Military leaders... were so motivated and committed to the rescue of the prisoners that their desire for solidarity and unanimity overrode any realistic appraisal of what was facing them," said John Gargus, the lead navigator for the mission.

Information courtesy of: nationalmuseum.af.mil/ / Into Son Tay by John T. Correll

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A FEAST FOR THE FEATHERED ONES

Patricia Stockdill

As Americans celebrate the upcoming traditional Thanksgiving feast, North Dakota's late October snow and cold served as a reminder that life can be tough for one's feathered friends when winter arrives early. Let's share some love by taking care of those hardy birds that opt to stay in the state for the winter. And don't forget those who call North Dakota their wintering grounds – they're northern species who, for them, this state is as far south as they want to go. It's not too early to start feeding and setting up winter birdbaths. The caveat, though, is that if a person opts to provide alternative food sources other than Mother Nature's bounty, they need to be diligent and stick with it throughout the winter.

Admittedly, there are pros and cons to feeding wild birds. The U.S. Fish and Wildlife Service (FWS) website, (www.fws.gov/story/hidden-harm-feeding-your-local-wildlife) specifically talked about disease concerns and potential spread of diseases through contact – which is a concern when any wildlife congregates under unnatural circumstances. In addition, birds, like other wildlife, become dependent on searching feeders for food. If feeders aren't filled and maintained regularly, more harm than good could result. Despite that, the FWS website article there isn't published research indicating backyard bird feeding has negative impacts on bird diets, behavior, and activities.

In fact the National Wildlife Federation blog offered a suggestion about the benefits of winter bird feeding: "A large-scale winter storm, with deep snow or ice cover, cuts off many birds from their natural food supplies and can actually cause them to starve by the thousands and even millions."

In other words, if a person feeds properly, go ahead and enjoy the show as birds gather for their feast. Simply follow some basic guidelines: Place feeders and birdbaths in areas where trees and shrubs provide shelter from predators – things such as avian predators like hawks and owls, as well as critters like a coyote or neighbor's cat. However, place feeders far enough away – about 10 feet – so predators aren't

within easy reach. Also place feeders and birdbaths downwind from trees and shrubs.

Feeders should also be in areas easily accessible for filling. If feeders are in locations that fills with waist-deep snow a person is less apt to enthusiastically fill them – for fill that at all.

Birds also need water in the winter. Yes, they can eat snow but, like people, staying hydrated is healthier if done with water. Like feeders, birdbaths should be in areas where they're easily filled yet close to shelter. Select birdbaths that automatically shut off when it's above 32 degrees and when empty. Be cautious if using extension cords – make sure they're designed for outdoor use.

Some other winter feeding tips:

- Use large feeders so they don't have to be filled as frequently and could sustain birds in a storm.
- Use suet high in fat and calories because birds need extra energy to stay warm in the winter.
- Peanut butter is also high in oil and fat. Try mixing it with sunflowers and forming into balls or suet cakes, hanging them from a tree.
- Black oil sunflowers, hulled peanuts, and Niger seed are the best seeds for winter feeding, especially sunflowers with their high oil content. A wide variety of wintering species eat those three main seed types.
- Keep suet and food on hand to avoid running out in severe weather.

Oh, and don't worry about bird's feet freezing in the winter when they sit on metal feeder perches. Their little toes will be just fine because their feet lack sweat glands so they won't freeze in cold temperatures.

In addition to feeders and birdbaths for wintering birds, it still boils down to habitat: Quality habitat serves two purposes – shelter from weather and predators and food.

But it's winter and it's easy to put up a bird feeder – on a balcony deck, outside an office window, or other handy locations - mainly keep the need for shelter and access for filling in mind.

Besides, winter is a great way to learn bird identification – they're easier to see.

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WHAT'S GOING ON MAFB

FRIDAY 17

- November Fitness Challenge, 0500-2100, McAdoo Fitness Center
- JCM – The Power of One, 0800-1600, Professional Development Center
- Zumba, 1100, McAdoo Fitness Center
- American Education Week – Education Fair, 1030-1300, Dakota Inn Dining Facility, hosted by the Education Center
- Zumba: Strong Nation, 1700, McAdoo Fitness Center
- Deployed Affected Date Night, 1800-2000, Up Your Axe
- Gobble Up Skate Night, 1800-2000, Youth Center
- Friday Night Mixed League, 1800, Rough Rider Bowling Center
- Swerk, 1830, McAdoo Fitness Center

SATURDAY 18

- Poké-Lab Mystery Escape Room Game Ends, Minot AFB Library
- Zumba, 1100, McAdoo Fitness Center
- Youth Bowling League, 1400, Rough Rider Bowling Center
- R4R Free Bowling, 1700-2100, Rough Rider Bowling Center

SUNDAY 19

- Zumba, 1400, McAdoo Fitness Center

MONDAY 20

- Project Enigma, 0800-1630, Professional Development Center
- LinkedIn Workshop, 0900-1100, M&FRC
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Zumba Strong Nation, 1730, McAdoo Fitness Center
- Writing Club, 1800, Minot AFB Library
- Eagles vs Chiefs Watch Party, 1830, Rockers Bar & Grill
- Yoga, 1830, McAdoo Fitness Center

TUESDAY 21

- Project Enigma, 0800-1630, Professional Development Center
- Holiday Spending, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, Turf hosted by McAdoo Fitness Center
- First Duty Station Officer Financial Course, 1400-1600, M&FRC
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY 22

- Project Enigma, 0800-1630, Professional Development Center
- Bundles for Babies, 0900-1030, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Top 3 Mentorship Hour, 1130-1300, Professional Development Center
- Suicide Prevention/SAPR Brief Tier 2, 1400-1600, Professional Development Center
- Zumba, 1800, McAdoo Fitness Center

THURSDAY 23

- Thanksgiving Day
- For a full listing of Thanksgiving holiday facility hours, visit 5thforcesupport.com
- Thanksgiving Meal - Lunch, 1030-1330, Dakota Inn Dining Facility
- Thanksgiving Meal - Dinner, 1630-1800, Dakota Inn Dining Facility

FRIDAY 24

- AFGSC Family Day
- For a full listing of Thanksgiving holiday facility hours, visit 5thforcesupport.com

SATURDAY 25

- For a full listing of Thanksgiving holiday facility hours, visit 5thforcesupport.com
- R4R Free HighAir Day, 1000-2200, HighAir Ground Trampoline Park

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Pizza Lunch Combo
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Rockers Bar & Grill Featured Item
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