

northernsentry

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WHATS INSIDE THIS WEEK:



COMBAT CREW COMM TEAM MAINTAINS SECURITY DURING DEPLOYMENT **A7**



OPERATION BULLY STICK

B1



AIRMEN MAINTAIN & ENSURE READINESS DURING BTF

B2

91 SFG AIRMAN EARNS NCO OF THE YEAR



Tech. Sgt. Jennel Edwards, 91st Security Forces Group evaluator, communicates via radio at Minot Air Force Base, North Dakota, July 14, 2023. Edwards was recognized by Air Force Global Strike Command as the NCO of the Year for 2022. See page A3 for story.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS KYLE WILSON



GAMES THIS WEEK

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91ST SFG CONDUCTS RECAPTURE AND RECOVERY EXERCISE



Tech. Sgt. Shareen Mendiola, 219th Security Forces Squadron defender, hides in vegetation in Mountrail County, North Dakota, July 7, 2023. Mendiola acted as a member of an opposing force during a security forces training exercise.



Defenders, from the 91st Security Forces Group, simulate an assault on a convoy in Mountrail County, North Dakota, July 7, 2023. Recapture and recovery exercises integrate convoy operations to enhance security and force preparation.



Airman 1st Class Troy White, 891st Missile Security Forces Squadron defender, fires blanks from an M240B machine gun from a Humvee turret in Mountrail County, North Dakota, July 7, 2023. The Humvee is a tactical, high-mobility vehicle that offers protection to defenders while engaging threats.



U.S. Air Force Master Sgt. Christopher Ashcraft, 219th Security Forces Squadron defender, fires blanks from an M-4 assault rifle in Mountrail County, North Dakota, July 7, 2023. Ashcraft simulated an ambush on a convoy from a hidden sniper position during a recapture and recovery exercise in order to measure security forces readiness.



Tech. Sgt. Benjamin Lingenfelter, 219th Security Forces Squadron defender, fires blanks from an M24 rifle in Mountrail County, North Dakota, July 7, 2023. Lingenfelter acted as an enemy sniper during a recapture and recovery exercise to provide an additional challenge to security forces.



A U.S. Air Force UH-1N Huey, assigned to the 54th Helicopter Squadron, flies overhead in Mountrail County, North Dakota, July 7, 2023. The 54th Helicopter Squadron can provide tactical response forces to the 91st Missile Wing during launch facility denial, recapture, and convoy operations.



Left: Defenders, assigned to the 91st Security Forces Group, regroup at their convoy in Mountrail County, North Dakota, July 7, 2023. The defenders encountered and eliminated an opposing force during a recapture and recovery exercise to validate their readiness in convoy operations.

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Minot Airman recognized as AFGSC NCO of the Year

AIRMAN 1ST CLASS KYLE WILSON,
5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

Humbleness, accountability, empathy, teachability, emotional intelligence. These are the qualities that Tech. Sgt. Jennel Edwards, an evaluator for the 91st Security Forces Group, says an effective noncommissioned officer must possess. Air Force Global Strike Command recently recognized Edwards as the NCO of the Year for 2022.

"I'm extremely grateful and blessed to represent so many people," said Edwards. "It's very humbling and I'm still processing it."

Over 16 years, Edwards' career in the Air Force has taken her many places from Moody Air Force Base, Georgia to Osan Air Force Base, Korea. She credits the guidance she's received from various NCOs in her career for growing her into the leader she is today.

"I've had many supervisors and peers in my career who've invested in me," said Edwards. "I wouldn't be here without having great mentors."

In her role as an NCO, Edwards views the opportunity to guide and lead Airmen as an honor and a privilege. She understands the importance of investing in Airmen and helping them grow, just as her supervisors did early in her career.

"As an NCO you're entrusted to be the standard for your Airmen," said Edwards. "You have to take them in, guide them, and shape them to one day replace you."

Edwards says she acknowledges the power of emotional intelligence and empathy and the significance it plays in leading Airmen.

"I lead, inspire, and mentor Airmen from my heart," said Edwards. "We're all human. I always lead from my heart because that's how I would want to be led."

In 2021, Edwards arrived at Minot Air Force Base, which is home to more first term Security Forces Airmen than any other Air Force base. The opportunity to lead new Airmen is something she says she has thoroughly enjoyed.

"I love working with brand new Airmen and getting to embed the defender culture into them," said Edwards. "Passing that along and seeing them grow is amazing to me."

Edwards says it's important for her to stay humble moving forward, even after being recognized and recently being selected for

promotion to master sergeant. She says there are still goals she wants to achieve in the Air Force.

"I want to give as much back as I possibly can," said Edwards. "If anything, I hope to inspire people to be kind to each other."

For Airmen aspiring to become NCOs in the future, Edwards offers some words of advice.

"Stay humble, stay hungry, and stay focused," said Edwards. "Always work hard for what you want and remember why you're doing it."



Tech. Sgt. Jennel Edwards, 91st Security Forces Group evaluator, has been recognized by Air Force Global Strike Command as the NCO of the Year for 2022.

U.S. AIR FORCE PHOTO

Beef Industry MILITARY APPRECIATION DAY

Tuesday, July 25, 2023

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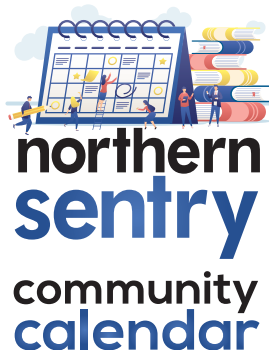

North Dakota cattle ranchers will salute active military, reserve and National Guard members and their families with a FREE roast beef picnic at the 18th annual Beef Industry Military Appreciation Day during the North Dakota State Fair in Minot, N.D.

The special event will celebrate these American heroes, who protect our freedom and way of life, and include children's activities and doorprizes.

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UPSIDE DOWN UNDER

MARVIN BAKER

There were some comments regarding the quiz in last week's article. One person said they didn't get any of the 10 questions correct. Another said they only answered four correctly with the others just guesses.

And that was exactly my point for presenting that quiz last week. A lot of people aren't going to be aware of the answers to these questions because they just aren't taught, but should be common knowledge to all of us.

I'll admit, the Portal question would have been tough for most people, but the rest should not be.

Four of the questions were related to Canada in some way. North Dakota is so intertwined with Canada yet most people aren't even aware of it. I also write a column for the Hazelton Newsletter, where I grew up. There are a number of people who settled that community in 1903 and beyond who came from Montreal and other parts of

Quebec. I'm trying to trace some of that down to point out that probably half of us who grew up there have Canadian roots.

Just about everyone there believes they have a German background and many do. But not everyone does. For instance, one parent was a German immigrant and the other Canadian. One parent might have been British and the other German and so on. So, in a way, they're not wrong, it's just that they're half right.

Germans from Russia came here, Norwegians came here, some Russians settled here and so did some people from Denmark. But so did many from Canada. And I guess I didn't know this until I started working in Langdon. I found out that even now, numerous North Dakotans, especially on the northern tier of the state, are married to Canadians. Two of the vendors at our farmers' market are Canadian; one from Saskatchewan and one from Manitoba.

I'll bet if you stop somebody on the street in Carrington or Jamestown and ask them if they know where Weyburn is, they probably won't know. Yet, nearly all the semis that go through Carrington and link up to Interstate 94 at Jamestown that have Canadian license plates, pass through Weyburn, which is in southern Saskatchewan roughly 30 miles from the Portal port of entry.

Skip the cookie cutter lesson plans

Some years ago, I found a spring about a mile from the Canadian border in Rolette County that at one time was considered Holy Water, by Father Bellecourt, a priest who came from Canada and who the town of Belcourt is named after. I don't remember the entire story, but I wanted to find it, and I did, after a four-mile hike through the bush, so that I could photograph it.

Everyone in Carrington and Sysketon are aware of Travis Hafner. But does everyone else in North Dakota know who this guy is, even if you aren't a baseball fan? Do people in Crosby or Bowman know who Darin Erstad is? And here's another baseball trivia question. John Olerud, who played for the Toronto Blue Jays, has a North Dakota connection. Does anyone know what it is?

I think what part of the issue is, is that when we are in high school and college, we are all taught exactly the same things. It's like a cookie cutter education. George Washington, check; Washington, D.C., is the nation's capital, check; North Dakota became a state in 1889, check; the largest lake in North Dakota is Sakakawea, check; etc.

Teachers and professors should be strongly encouraged to go off that script and teach some of these interesting things that many of us know nothing about. It would

take some research and I'm pretty sure there are lot of educators who don't want to go there.

We all know about wheat and canola and the oil industry. But do we know that once upon a time, since statehood, thousands of cherry trees were producing fruit in this state? What happened to those orchards?

It's pretty obvious to us that North Dakota is a major honey producer. The state Ag Department keeps us up to speed on that. But, does anyone know that there are people in North Dakota, using North Dakota trees, to produce maple syrup? We have a vendor at our farmers' market who does just that. And classes are taught on how to make syrup at Cross Ranch.

I could go on and on; Margaret Thatcher has visited Fargo, Randy Bachman of Guess Who and BTO fame, played an impromptu concert in a Fargo bar, Bryan Adams got booed at the North Dakota State Fair for pronouncing Minot wrong. And, Minot has 14 radio stations, yet it was Estevan station CKSE-FM that introduced Adams to the Minot concert crowd.

North Dakota is full of quirky facts like this and obscure histories that more of us should know about. Perhaps there will be more next week.

Trash Talk



SLICE OF LIFE

KIM FUNDINGSLAND

Good idea? Not so sure? Supposed to be. Feel good about it. Don't want to mess with it? Give it a try.

Ahhh. The recycling age has begun in Minot. Yup, some real trash talkin' has descended upon the city. Those blue top, super-sized recycling carts are the talk of the town. Well, that might be stretching it like a drawstring, but maybe not.

Citizens are being asked to sort trash like they sort their laundry. But instead of whites, colors, delicates, hot or cold, it's cardboard, paper, plastics. Huh? Glass? Styrofoam? Nope.

Okay. There's a bit of learning to do, but the instructions are

right on top of the recycling cart, complete with helpful pictures. That helps. Sort of, and it's all about sorting. Turns out trash is that important. At least disposing of it is.

Trash is not necessarily trash anymore. Some of it, a lot of it, has been elevated to recycling status. Of course, that means some changes in the household. Such as, you can put trash into a bag, but you can't put a bag into the trash, at least not the recycling cart.

Putting trash bags in the recycling cart is a no-no. Turns out plastic trash bags foul up sorting equipment. Bags of trash, not the recycling kind, go into the trash cart as usual. There is a bit of a difference due to the implementation of recycling.

The City of Minot will be making the rounds to empty recycling carts every other week. Those days replace regular garbage pickup, which has been reduced from four times every two weeks to three. Concerned? Here's where the "wait and see" and "give it a try" comes in.

What many households will discover is that the amount of usual garbage items that you place in the recycling cart will mean you'll have far less regular



KIM FUNDINGSLAND PHOTO

old trash, which should equate to less need for picking up trash four times every two weeks. Three days should suffice just fine with one other day devoted to recycling.

While there's a certain "feel good" associated with recycling, doing something good for the environment, cutting back on landfill garbage etc., there might actually be a somewhat hidden cost saving.

If you always bag your trash before putting it in the cart, you'll be using fewer plastic trash bags because recycling is items only, no plastic bags. And because of the

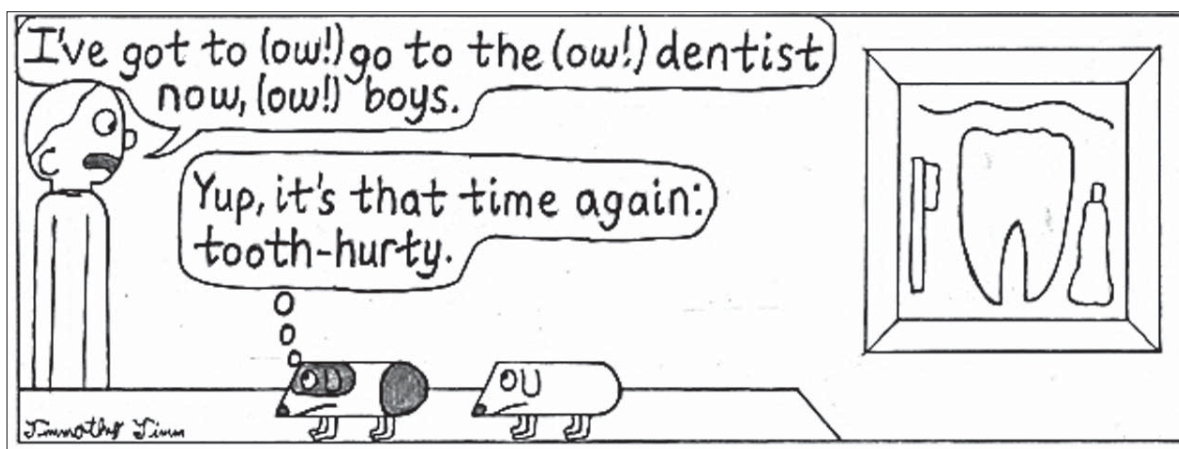
large number of recycled items destined for the recycling cart, you should find yourself needing and purchasing fewer plastic trash bags.

What the savings will be for each household, I cannot say. What is known is that the recycling fee charged by the city is \$2.50 per month. Given the current economy, it's a fairly safe bet that neither the price of plastic trash bags, nor the cost of recycling, will be coming down in the months ahead.

TITUS & PHILEMON

Everyday adventures of Titus and Philemon and their owner Joe.

TIMOTHY TIMM



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

OK, It's Not Usually This Bad Canadian Wildfires Make For An Interesting Summer

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**A VIEW FROM
OUR SIDE**
ROD WILSON



Most of my immediate family are from Canada, more specifically Manitoba and Saskatchewan. Summertime usually meant packing up the family car and heading north for a week-long vacation visiting our Canadian relatives. Summers were a bit cooler, and once in a great while we would run into a smokey haze created by wildfires in the Canadian north country. There isn't much of a population base in those areas. It was explained to us that these fires would either burn themselves out, or Mother Nature would provide much needed precipitation to extinguish the fires.

A quick check of the Canadian Resources maps will give you valuable information as to why this year, 2013, is perhaps different from most of the previous years. First, most of Northwestern Canada is in a severe drought. Pretty much from the western edge of Saskatchewan north and west is labeled as severe, and the future does not look extremely optimistic that much is going to change, at least not very soon. Fires that are burning are slowly being contained, but the amount of effected forest area is massive. Record breaking according to my Canadian relatives.

Those of us who have endured previous smoke filled days have seen the likes of the ash and smoke from Mount St. Helens. During that eruption the smoke and ash were so thick that the streetlights turned on when it seemed almost like dusk in the middle of the afternoon. There have been fires in Montana that spread smoke eastward, across North Dakota and Minnesota. And then of course there have been other Canadian wildfire seasons that have filled our normally blue skies with white smoke, turning the sun orange and cooling the temperatures 10-15 degrees from what was, and is, normal.

So, what's your point Mr. Wilson? All of us are struggling with the extreme air quality. Well, what I want to say, and hopefully those of you who have just arrived in Minot, or have even been here a couple of years, will buy into the statement that "It's Normally Not Like This!" Really? Yes, really. Even when Mount St Helens erupted, we had a few days of extreme air quality, smoke filled skies and blotted out sun. But it started to improve, and the source of the smoke and ash, Mount St. Helens, was monitored closely and we could see that there was an end in sight. After about 30 days of smoke clouds from Canada, it does not appear that there is an end in sight for the smoke that has certainly affected our summer.

So on to my second point. My main job is not convincing new arriving citizens and tourists that this (the smokey condition) is not normal. Still, I was at Visit Minot just the other day and heard a visitor ask how far south the smoke went, because they just may alter their vacation and head to Bismarck.

I was almost ready to join in the conversation and let them know that we encountered the present smokey conditions all the way to the Black Hills. But the young lady at the desk, who obviously had fielded many questions about the current situation, did a great job explaining that atmospheric conditions like wind, humidity and temperature greatly affected the amount of smoke, and the area that the smoke would affect. And then she said "you know, it's normally not like this. North Dakota has the most beautiful blue skies with

beautiful sunsets."

Let's hope and pray that conditions change in Canada, and the wildfires are soon contained. You can imagine what it is like living much closer to these fires. And when asked, remember, "It's normally not this bad." Say it with conviction folks, because it certainly is the truth.

BEST KEPT SECRETS

Have you taken your kids golfing at Jack Hoeven Wee Links Golf Course? We were able to ride bike along the dike that runs between the river and the course, and it looks absolutely perfect for a round of golf with your kids (or in my case grandkids). On my tours I tout Jack Hoeven Wee Links as one of the only courses of its kind in North Dakota.

TODAY'S CHUCKLE

Trust is a vital part of a successful marriage. So is having your spouse's cellphone password



An Alberta wildfire that caused many residents to evacuate earlier this summer.

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Aerial Mosquito Spraying to take place on Minot AFB and surrounding areas

5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.- Minot Air Force Base has requested assistance from the Youngstown Air Reserve Station 910th Airlift Wing to conduct aerial spraying for mosquito control between July 18-20, 2023, for Minot Air Force Base, and the cities of Minot, Williston and Burlington. Due to uncertain weather conditions the exact time and area to be treated cannot be determined in advance.

The 910th Airlift Wing will be applying U.S. Environmental Protection Agency registered pesticides. Adult mosquito control will occur between the hours of 7:00 p.m. and 2:00 a.m. The applications will be made using a modified C-130 Hercules cargo aircraft flying 150 feet above ground level.

The purpose of the aerial spraying for mosquitoes is to protect public

health, ease working conditions, and improve the quality of life for members working at Minot AFB and living insurrounding areas. Again, due to uncertain weather conditions the exact time and area to be treated cannot be determined in advance.

Minot AFB Public Health recommends humans and domestic animals remain indoors while the aerial spraying is occurring immediately overhead or upwind from your location and until the mist settles to the ground. These pesticides were selected because they pose minimal health hazards to humans and domestic animals with aerial application.

Concerned citizens should contact the 5th Civil Engineer Squadron pest management office at (701)723-2393.



The 5th Civil Engineer Squadron pest management is responsible for mosquito control on base. Housing occupants and building custodians can assist these efforts by helping to eliminate standing water near their homes and base facilities.

COURTESY PHOTO



5TH CONS WINS BEST IN AFGSC

The 5th Contracting Squadron poses for a group photo at Minot Air Force Base, North Dakota, July 17, 2023. The 5th Contracting Squadron won the Air Force Global Strike Command contracting squadron of the year award for fiscal year 2022.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS ALYSSA BANKSTON

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pepsi ULTRA

Minot combat crew comm team maintains security during Indo-Pacific deployment

TECH. SGT. ZADE VADNAIS, 5TH BOMB WING PUBLIC AFFAIRS

ANDERSEN AIR FORCE BASE, Guam --

Whether training at home or supporting Bomber Task Force operations abroad, Airmen aboard 5th Bomb Wing B-52H Stratofortresses carry sensitive communication codes that are vital to mission accomplishment.

This critical communications security, or COMSEC, information is generated, packaged and delivered to aircrews before each flight by the 5th Operations Support Squadron's combat crew communications team.

The COMSEC package, or "crew comm kit," consists of electronic and physical cryptographic material that aircrews use to communicate securely during flight.

"Without the crew comm kit, aircrews wouldn't be able to properly identify themselves or communicate securely with friendly forces in the area," explained Airman 1st Class Zachary Thompson, 5th OSS combat crew comm technician. "The kits enable secure and open communication between allies and partners in the air and on the

ground without having to worry about adversaries listening in."

Each kit includes a simple key loader, which is an advanced secure cryptographic device enabling safe distribution and storage of COMSEC keys, electronic protection data and signal operating instructions through the use of encrypted codes. The kit also contains COMSEC operations guides, code books, and other documents necessary for secure communication with other aircraft and ground defense systems.

Without these kits and the Airmen who compile them, aircrews would not have secure communication with friendly jets or air traffic control towers, which could lead to misidentification. Thompson said the lack of proper identification could lead to issues with training and possible fratricide.

"We couldn't do what we came here to do without the ceaseless efforts of our combat crew comm team," said Lt. Col. Ryan Loucks, 23rd Expeditionary Bomb Squadron BTF commander. "They



U.S. Air Force Airman 1st Class Zachary Thompson, 5th Operations Support Squadron combat crew communications technician, poses for a photo during a Bomber Task Force deployment at Andersen Air Force Base, Guam, July 9, 2023. The combat crew communications team is responsible for organizing, packaging, and delivering critical communications security tools to aircrew before each flight during BTF operations.

keep us in the fight by keeping us connected to the force and ensure our aircrews' communications remain secure and our mission remains uncompromised."

U.S. Strategic Command units prepare to fight every day, around the globe together with allies, partners and other agencies within the Department of Defense. BTF missions empower the combat crew

comm team to maintain a high state of readiness and proficiency, and validate USSTRATCOM's always-ready, global strike capability.

"Each BTF deployment is different and there's always something new to learn," said Thompson. "It's been a great opportunity to gain some real-world experience that I can take back to Minot to enhance our day-to-day operations there."



U.S. Air Force Airman 1st Class Zachary Thompson, 5th Operations Support Squadron combat crew communications technician, holds a sealed in-flight communications security package, or "crew comm kit," during a Bomber Task Force deployment at Andersen Air Force Base, Guam, July 9, 2023. Crew comm kits contain electronic and physical cryptographic material that aircrews use to communicate securely with friendly aerial forces and air traffic control towers during flight.

U.S. AIR FORCE PHOTOS | TECH. SGT. ZADE VADNAIS

Welcome Dr. Elliott Cardiology



Joseph Elliott, MD

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Dr. Elliot earned his medical doctorate from Ross University School of Medicine and completed his Internal Medicine residency at Canton Medical Education and Aultman Hospital in Ohio. He remained at Canton to accomplish fellowships in cardiovascular diseases and interventional cardiology. A member of the American College of Cardiology, American Society of Echocardiography and American College of Physicians, Dr. Elliott is board certified in Internal Medicine.

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VACATION READY CAR CARE

Car care checklist for summer road trips • Part 2

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

Check belts and hoses

Reinforced rubber drive belts power the engine water pump and accessories such as the alternator and air conditioning compressor so you should inspect and replace any that are cracked, glazed or frayed. Note that modern multi-rib or drive belt materials do not show easily visible signs of wear. As a general rule, replace drive belts every 60,000 miles. Inspect and replace worn, brittle, bulging or excessively soft radiator hoses. Check for leaks around hose clamps and at the radiator and water pump.

Keep the AC running cool

Take a test drive with the air conditioner running. If you notice a decrease in cooling capacity, take the car to an auto repair shop for diagnosis. Also have the cabin filter inspected and replaced as needed.



Replenish emergency kit supplies

AAA recommends keeping a well-stocked emergency kit in your vehicle. Include a flashlight and extra fresh batteries, first-aid supplies, drinking water, non-perishable snacks for people and pets, car battery booster cables, emergency flares or reflectors, a rain poncho, a basic tool kit, duct tape, gloves and shop rags or paper towels.

Plan ahead for vehicle service

In the event you should need vehicle maintenance, know ahead of time where to find an auto repair shop and technician you can trust. Use AAA.com/Repair to access AAA's network of nearly 7,000 Approved Auto Repair facilities. Each shop meets AAA's service and customer satisfaction standards. AAA members receive auto repair discounts, an extended 24-month/24,000-mile parts and labor warranty, and assistance in resolving repair-related issues.



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Operation Bully Stick



SENIOR AIRMAN CALEB S. KIMMELL, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

On July 10, 2023, the 91st Missile Wing kicked off Operation Bully Stick, which generated the largest missile movement in 10 years.

Operation Bully Stick is an operation in which the 91st MW aims to load an intercontinental ballistic missile into a launch facility as safely, efficiently, and quickly as possible.

For Operation Bully Stick, Team Minot set out to demonstrate ICBM agile combat employment with rapid nuclear generation capability in support of United States Strategic Command while integrating total force support.

Agile combat employment is usually a term that is paired with deployments of aircraft across multiple theaters. Major Zachary Jones, director of the Wing Operations Center at the 91st MW, sets out to prove that his Airmen are ACE capable, and ready to face any challenges that oppose them.

"If our command shows our ICBMs can be agile, it affects our adversaries in some way," said Jones. "What we are proving with this operation is while the weapon system is not intrinsically agile, it's capabilities can be. If our near peer

adversaries have plans that are to respond to our current capabilities of the ICBM, we are hopefully changing their calculus."

Jones says he sees ACE as a proactive and reactive maneuver. He says he aims to have his Airmen execute mission goals within strict timelines in order to deter our adversaries.

Operation Bully Stick is typically completed over a three-day period, often over the course of several weeks. This time however, Jones says his team aimed to complete a full silo load in a 24-hour period.

Operation Bully Stick was completed within the timeline with time to spare, but only with the full support of the wing and other outside entities. The 219th Security Forces Squadron provided assistance and manpower in order to complete the goals for the exercise. Their assistance is providing the 91st Security Forces Group the ability to fully embed their defenders into the exercise.

Senior Airman Samantha Hughes, missile security operator for the 91st Missile Security Forces Squadron, says it was a great opportunity to see maintenance and defenders work together to get the mission done in a timely

manner.

"It was really unique to see all this unfold so quickly," said Hughes. "My part of the mission was to provide defense and overwatch for the maintenance crews. It went smoothly, and I'm very proud of my teammates and I."

Jones says Operation Bully Stick is unlike other exercises since this operation showcased Team Minot's ability to generate to alert status as if in a wartime environment.

"A typical job of this nature may take anywhere from three days to 2 weeks, we completed the task in 18 hours," said Jones. "Additionally, we were enabled in our efforts from the 219 SFS, a North Dakota National Guard Unit certified to defend our nation's nuclear assets."

Jones says this is a special case of showcasing an ICBM unit's capability to generate full nuclear power without losing capability in other capacities, making it a true total force integration operation.

"The Airmen were able to complete the mission," said Jones. "It highlighted the tenacity, focus and resolve our young maintainers, defenders, operators as well as supporting agencies across all of Team Minot."

Airmen from the 91st Missile Security Forces Squadron, and the 219th Security Forces Squadron drive in a convoy to a missile silo at Minot Air Force Base, July 10, 2023. The convoy was used to protect the assets being delivered for Operation Bullystick. Operation Bullystick was an event held to test agile combat employment concepts using a Minuteman III intercontinental ballistic missile.



Airmen from the 91st Missile Maintenance Squadron raise a transport erector to its full height at Minot Air Force Base, North Dakota, July 10, 2023. The Airmen used the transport erector to lower an intercontinental ballistic missile III into a missile silo as part of Operation Bullystick.



Airmen from the 91st Missile Maintenance Squadron pose for a group photo at a missile site at Minot Air Force Base, July 10, 2023. These Airmen helped load a Minuteman III intercontinental ballistic missile in just 18 hours for Operation Bullystick. Operation Bullystick was held to test agile combat employment concepts.

U.S. AIR FORCE PHOTOS BY AIRMAN 1ST CLASS TRUST TATE



Airmen from the 91st Missile Security Forces Squadron, and the 219th Security Forces Squadron congregate after completing a convoy to a missile site at Minot Air Force Base, July 10, 2023. The convoy was a part of Operation Bullystick. Operation Bullystick was an event held to test agile combat employment concepts using a Minuteman III intercontinental ballistic missile.



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Minot Airmen maintain aircraft, ensure readiness during Bomber Task Force deployment

TECH. SGT. ZADE VADNAIS,
5TH BOMB WING PUBLIC AFFAIRS



To those outside the flightline observing Bomber Task Force missions from the ground, the procedures appear simple. The aircraft take off, the aircraft return for landing a few hours later, and then they do it again.

What happens on the flightline between landings and take offs, however, is anything but simple. Teams of highly-skilled aircraft maintainers work tirelessly around the clock to ensure the 23rd Expeditionary Bomb Squadron's B-52H Stratofortresses can safely and reliably meet mission requirements.

"We're responsible for ensuring the aircraft are primed for their taskings," explained Master Sgt. Luke Gilmore, 23rd Expeditionary Aircraft Maintenance Unit production superintendent. "While on deployment, it is challenging to know what comes next at times, therefore flexibility is the key to our success."

Approximately 150 Airmen assigned to the 5th Maintenance Group at Minot Air Force Base, North Dakota, including avionics specialists, crew chiefs, and aerospace ground equipment specialists, accompanied the 23rd Expeditionary Bomb Squadron on their most recent Bomber Task Force deployment to Andersen Air Force Base, Guam. The maintenance team is responsible for nose to tail care of four B-52Hs for the duration of the BTF deployment, performing extremely technical, high-stakes tasks every day and every night.

"We brought about 98 tons of aerospace ground equipment and supply parts with us on this deployment," said Capt. Dylon Schwahn, 23rd EAMU officer in charge. "We have all the Airmen and equipment we need to keep the jets flying. When packing, we built in a few extra pieces of AGE and some flyaway parts kits to ensure we are able to forward deploy if necessary and continue to get the job done wherever we're needed."

U.S. Strategic Command's BTF operations ensure the command can provide decisive response against any threat when called upon by national leadership. The practical experience gained during BTF deployments enhances the combat-ready 5th MXG, ensuring its Airmen are ready to support a response to any potential crisis or

challenge across the globe.

"BTF missions like this enhance our teamwork, give us a better understanding of our true mission, and validate that we can perform our jobs anywhere," said Gilmore. "Anywhere the Air Force needs the jets to go, we can go too."

What happens on the flight line between landings and take offs is anything but simple, the aircraft maintenance Airmen supporting the BTF just make it look that way.

U.S. Air Force Staff Sgt. James Faulkner, 5th Aircraft Maintenance Squadron avionics specialist, performs routine maintenance on a B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron during a Bomber Task Force deployment at Andersen Air Force Base, Guam, July 9, 2023. Dedicated U.S. Strategic Command Airmen like Faulkner allow the command to execute its operations and provide the nation with its strategic deterrent against threats in all domains.

U.S. AIR FORCE PHOTOS | TECH. SGT. ZADE VADNAIS

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A U.S. Air Force crew chief assigned to the 5th Aircraft Maintenance Squadron watches a U.S. Air Force B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron as it taxis on the runway in preparation for post-flight procedures following a flight in support of a Bomber Task Force deployment at Andersen Air Force Base, Guam, June 15, 2023. U.S. Strategic Command regularly tests and evaluates the readiness of strategic assets such as the B-52 to ensure extended deterrence commitments are strong and credible.



U.S. Air Force Airman 1st Class Jerid Shirley-Gessel, 5th Aircraft Maintenance Squadron crew chief, checks technical orders during routine maintenance on a U.S. Air Force B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron while deployed in support of Bomber Task Force operations at Andersen Air Force Base, Guam, June 14, 2023. BTF missions like this enable Airmen to maintain a high state of readiness and proficiency, and validate U.S. Strategic Command's always-ready, global strike capability.



U.S. Air Force Senior Airman Matthew Thibodeau, 5th Aircraft Maintenance Squadron aerospace propulsion technician, replaces an unserviceable constant speed direct oil cooler on a U.S. Air Force B-52H Stratofortress during routine engine maintenance in support of a Bomber Task Force deployment at Andersen Air Force Base, Guam, July 9, 2023. BTF deployments like this enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.



A U.S. Airman assigned to the 5th Maintenance Group performs routine maintenance on a U.S. Air Force B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron during a Bomber Task Force deployment at Andersen Air Force Base, Guam, July 9, 2023. BTF deployments like this enhance the readiness and training necessary to respond to any potential crisis or challenge across the globe.

U.S. AIR FORCE PHOTOS
TECH. SGT. ZADE VADNAIS

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B-52s IN JBER



TAKEOFF

A B-52H Stratofortress assigned to the 69th Bomb Squadron from Minot Air Force Base, North Dakota, prepares for takeoff in support of a bomber Agile Combat Employment (ACE) exercise at Joint Base Elmendorf-Richardson, Alaska, July 14, 2023. ACE operations and engagements with our Allies and partners demonstrate and strengthen our shared commitment to global security and stability.

Two B-52H Stratofortress bombers assigned to the 69th Bomb Squadron from Minot Air Force Base, North Dakota, taxi to the runway at Joint Base Elmendorf-Richardson, Alaska, July 14, 2023. By training with allied nations and partner organizations, bombers contribute to enhanced integration and interoperability, enabling us to build enduring relationships necessary to confront the broad range of global challenges.

A B-52H Stratofortress assigned to the 69th Bomb Squadron from Minot Air Force Base, North Dakota, takes off in support of a bomber Agile Combat Employment exercise at Joint Base Elmendorf-Richardson, Alaska, July 14, 2023. ACE requires careful posture planning as well as coordination within and across theaters to ensure assets can be maneuvered quickly and at scale when needed.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN ZACHARY WRIGHT

ARRIVAL

A B-52H Stratofortress assigned to the 69th Bomb Squadron, from Minot Air Force Base, North Dakota, lands at Joint Base Elmendorf-Richardson, Alaska, as part of a bomber Agile Combat Employment exercise on July 11, 2023. ACE tests our readiness to confront uncertainty and ensure we maintain a safe, secure, effective and ready bomber force.

A B-52H Stratofortress assigned to the 69th Bomb Squadron, from Minot Air Force Base, North Dakota, deploys its drag chute as it lands at Joint Base Elmendorf-Richardson, Alaska, July 11, 2023. The B-52s landed at JBER to participate in a bomber Agile Combat Employment exercise, to ensure their capability while generating combat power throughout the integrated continuum.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN EVAN LICHTENHAN

A LOOK BACK THIS WEEK IN USAF HISTORY

5TH BOMB WING ACTIVATED AT MINOT AFB
JULY 25, 1968



5th BW Emblem Meaning
Green & black: the colors of the Air Service at the time the wing was activated. Vertical line: symbolic of the clouds in the sky. Winged death's head: represents function of aerial bombardment. 'Kiai O Ka Lewa' means 'Guardians of the Upper Realm' (a Hawaiian saying often used as a war cry).

On July 25, 1968, the 5th Bomb Wing was activated at Minot Air Force Base, N.D. The wing dates back to the 2d Group which was activated in 1919 at Luke Field in the Territory of Hawaii. It was later renamed as the 5th Group (Observation) and soon became the 5th Group (Pursuit and Bombardment). The group had major involvement in saving the city of Hilo during the eruption of the Mauna Loa volcano and became the first U.S. military force to take flight after the attack on Pearl Harbor, during which many of their planes and personnel were lost. The 5th BG changed name and assignment several times in between 1947 and 1959. In 1959, the 5th Bombardment Wing (Heavy) was assigned its first jet planes while stationed at Travis AFB, Calif. In 1968, the wing assumed command of Minot AFB and flew missions during the Vietnam and Cold Wars. The 5th BW continues as host wing of the base to this day and provides strategic deterrence.

Information courtesy of: minot.af.mil



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Maintenance Airmen from the 69th Bomb Squadron at Minot Air Force Base, North Dakota, prepare a B-52H Stratofortress for unloading at Joint Base Elmendorf-Richardson, Alaska, July 11, 2023. The aircraft armaments system technicians work in unison to safely handle the B-52's assets.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN ZACHARY WRIGHT



DOWNLOADING

A U.S. Air Force B-52H Stratofortress assigned to the 69th Bomb Squadron sits on the flightline at Joint Base Elmendorf-Richardson, Alaska, July 11, 2023. The B-52s came to JBER to participate in a bomber Agile Combat Employment exercise, which tests our readiness to and ensures we maintain a safe, secure, effective and ready strategic deterrent force.

U.S. AIR FORCE PHOTOS
SENIOR AIRMAN EVAN LICHTENHAN



Airman 1st Class Timothy McDonald and Airman 1st Class Jordan Scotland, 69th Bomb Squadron aircraft armament systems technicians, prepare their equipment to unload a B-52H Stratofortress at Joint Base Elmendorf-Richardson, Alaska, July 11, 2023. The Airmen were sent to JBER to maintain the B-52s during a bomber Agile Combat Employment exercise in conjunction with the B-1B Lancer and B-2 Spirit.



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North Dakota Adjutant General Statement on Fargo Shooting

N.D. NATIONAL GUARD

FARGO, ND - Three officers with the Fargo Police Department were shot during an on-duty incident on Friday, July 14. Officer Andrew Dotas, who was injured during the incident, and Zach Robinson, who was involved but uninjured, are both master sergeants with the North Dakota Air National Guard's Fargo-based 119th Wing. Dotas is being treated for his injuries at Sanford Hospital in Fargo and is in critical, but stable condition.

"Yesterday's tragic event is felt across the entire state," said Maj. Gen. Al Dohrmann, North Dakota adjutant general. "On behalf of the North Dakota National Guard, Becky and I extend our deepest sympathy and hopes for recovery, peace and comfort to Master Sgt. Andrew Dotas and his family. We

also commend Master Sgt. Zach Robinson for the actions he took during the incident. In both their military and civilian roles, Andrew and Zach dedicate their lives to their community, state and nation with incredible selflessness and courage."

"The North Dakota National Guard stands behind our state's law enforcement community. We share in the mourning of Officer Jake Wallin, a military veteran who served with the Minnesota Army National Guard, and we extend Officer Tyler Hawes and his family our sincere wishes for recovery. Our communities are hurting, and we hope for healing for all those impacted by this profound tragedy. These officers are all heroes."

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WOODLAND RESORT

OUTDOOR REPORT



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, July 17: 1,842 feet above mean sea level (MSL); 22,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devis Lake elevation: 1,450.34 feet above mean sea level (MSL).

Stump Lake elevation: 1,450.33 MSL.

N.D. Game & Fish Dept. game wardens: Lake Sakakawea becoming somewhat inconsistent for walleye. Work a variety of depths. No new Devils Lake reports but look for continued fair walleye activity. Not much activity on north-central area lakes.

Devis Lake, Ed's Bait Shop, Devis Lake: Wind and cooler temperatures could slow up walleye and perch success. Look for improving with stable weather again.

Devis Lake, Woodland Resort, Devis Lake: Continued fair to good for walleye, including along the Golden Highway, Pelican Lake, or Military Point. Try spinners with better success on nightcrawlers during the day. Some anglers also finding walleye with leeches.

Lake Darling, Karma C-Store, Ruthville: Continued activity on Lake Darling and around Grano.

Lake Metigoshe, Four Seasons, Bottineau: Overall success somewhat with anglers still catching a few walleye.

Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work deeper water along the north shore on the east end of Lake Sakakawea with walleye generally going into deeper water. No reports from Lake Audubon.

Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Work deep on the east end of Lake Sakakawea for walleye, as far down as 45 feet. Deepwater Bay area slowed. No lake Audubon reports.

Lake Sakakawea, Indian Hills Resort, Garrison: Inconsistent walleye success with most anglers working 21 to 26 feet using a mix of

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301

- Fish don't survive when coming up from 25 feet and deeper and the N.D. Game & Fish Dept. advises anglers keep those fish.
- N.D. Dept. of Environmental Quality blue-green algae reports: Low toxin levels – Blacktail Dam, Williams Co.; Buffalo Lodge Lake, McHenry Co.; Carbury Dam, Bottineau Co.; Coal Lake, McLean Co.; Devils Lake, Black Tiger Bay; East Stump Lake, Nelson Co.; Heckers Lake, Sheridan Co.; Lake Upsilon, Rolette Co. Advisories – Epping-Springbrook Dam, Williams County; Harvey Dam, Wells Co.; Lake Darling, Renville Co. Go to the agency website, (deq.nd.gov) for more information and safety precautions.
- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam open for free guided hatchery tours through Labor Day, Monday through Friday 9 a.m. to 3:30 p.m., weekends 10 a.m. to 3 p.m. and holidays.
- July 21 – 29: N. D. State Fair, Minot.
- July 25: Women's Shooting Clinic, Capital City Sporting Clays, Bismarck. 8:30 p.m.
- July 28 & 29: Halloween in July Weekend, Lake Metigoshe State Park, Bottineau.
- July 29: Club de Skinautique & Lighted Boat Parade, Fort Stevenson State Park, Garrison, beginning at 5 p.m.

TOURNAMENTS:

- July 21 & 22: Lake Sakakawea, Fort Stevenson State Park.
- July 22: Lake Sakakawea, Wolf Creek; Devils Lake, Creel Bay.
- July 29: Lake Sakakawea, White Earth Bay.

nightcrawlers or leeches

Lake Sakakawea, New Town: The Van Hook Arm slowed somewhat with walleye generally moving deeper.

Lake Sakakawea, Van Hook Bait & Tackle, New Town: Walleye starting to move farther south towards the Slides or 8-Pound Flats but some success continues in the north end of the Van Hook Arm. Try heavy bottom bouncers and nightcrawlers or leeches.

Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye from boats during the day using live bait or plastics. Try the spillway channel or the spillway hole entering the river. Generally most fish are eater-sized. Limited catfish and trout success from boats. Try Spillway Pond for catfish from shore and the rocks in dark hours for walleye. Lake Sakakawea producing scattered walleye success. Try 25 feet and deeper. Also try shallow, however. Try working main lake flats more so than inside bays with live bait. Move around, though. Some salmon success but limited salmon anglers yet. Most fish are 6 pounds or less. Most are being taken by walleye anglers.

Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: West end of Lake Sakakawea continues clearing with improving walleye success around Lund's Landing. Yellowstone River remains high yet.

Lonetree WMA area lakes, Harvey: No new reports.

North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Many area anglers continue heading to Devils Lake or Lake Sakakawea for walleye with limited activity throughout most area lakes.

N.D. river flows:

- Des Lacs River, Foxholm: River stage, 6.77 feet.
- Little Missouri River, Long X Bridge: River stage, 8.18 feet; streamflow, 334 CFS.
- Missouri River, Williston: River stage, 19.88 feet.
- Missouri River, Washburn: River stage, 9.98 feet.
- Pembina River, Walhalla: River stage, 2/38 feet; streamflow, 212 CFS.
- Souris River, Foxholm: River stage, 4/81 feet; streamflow, 0.88 CFS.
- Souris River, Minot Broadway Bridge: River stage, 41.54 feet.
- Yellowstone River, Sidney, Mont.: River stage, 8.72 feet; streamflow, 26,800 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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Emergency Blood Shortage: Vitalant Issues Call for Donors

Blood supply down more than 25% since May

Blood donors needed after deadly shooting in Fargo, blood donors saves lives

VITALANT

FARGO, ND — Nonprofit blood services provider Vitalant has an emergency blood shortage and urges all eligible donors to schedule a blood donation this month to prevent treatment delays for patients who need lifesaving transfusions.

Exacerbated by the Fourth of July holiday week, the ongoing seasonal drop in blood donations since May has sharply reduced the available blood supply for patients by more than 25%, resulting in a less than three-day supply of most blood types. Maintaining an adequate blood supply is critical to helping patients after accidents and other emergencies and to treat cancer and other chronic diseases.

“If not enough blood is available at any given moment, delays in patient care can have life-threatening consequences,” Vitalant Chief Medical and Scientific Officer Dr. Ralph Vassallo said. “By making an appointment today and donating tomorrow, next week, even a couple weeks from now, you become a lifeline for patients.”

Fewer donors are available due to summer vacations – and fewer organizations host blood drives – yet the need for blood can also go up during what many hospitals refer to as “trauma season,” when outdoor activities tend to rise along with accidents and injuries.

“Immediately following Fridays deadly shooting, blood was ordered stat to ensure the victims had the lifesaving blood products they needed,” explains Jennifer Bredahl, Regional Director of Vitalant Blood Donation Center. “We are grateful

that we had the blood that was needed in this tragic situation, but we need to make sure we replenish that supply here locally as soon as possible.” It’s powerful to think that if you have donated blood, your blood may have been what saved those that survived. We all have the ability to save lives by donating blood and it’s just so simple to do. Donating on a regular basis, and not only during tragedies is what is important.” If you cannot donate blood consider hosting a blood drive with a group of people.

“This community stands strong and will pull through together. We owe it to each other and rely on each other to do our part, this is one thing you can do to make a difference” Bredahl said. “Thank you to the good Samaritans that donate blood.”

All blood types are needed, but especially type O, the most transfused blood type. O-negative can be used to help any patient in an emergency and O-positive can support anyone with a positive blood type. Platelet donations play a vital role for cancer patients and those undergoing open-heart surgeries and transplants. Platelets are constantly needed and must be used within a week of donation to ensure the best possible patient outcomes.

Several appointments are available in the next several weeks, including in North Dakota and South Dakota. Learn more and make an appointment to give at vitalant.org, download and use the Vitalant app or call 877-25-VITAL (877-258-4825).

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Patricia Stockdill

It all began in a log cabin on the prairie... Well, OK, maybe that’s not quite the way the story goes but it’s still an interesting journey. And, no, this isn’t a story about Pres. Abraham Lincoln growing up in an Illinois log cabin.

Instead, it’s a look at the North Dakota Fishing Hall of Fame. The fact that land-locked North Dakota has a Fishing Hall of Fame might be an indication of how fishing-obsessed its residents are.

It’s also a tribute to how far the state of its fisheries has progressed over the years, providing renowned opportunities for not just residents but anglers across the United States.

Admittedly the North Dakota Fishing Hall of Fame didn’t originate in a log cabin. Instead for years photos of Hall of Fame inductees lined walls in a log building in Garrison’s Main Street City Park. Glass-topped display cases featured fishing memorabilia from decades past.

The brainchild of several Garrison residents, the Fishing Hall of Fame inducted its first honorees in 1981.

After years of residing in its City Park log building, the Fishing Hall of Fame now calls North Country Marine and Motorsports home, located in Garrison amidst shiny boats, high tech fishing equipment, and a litany of parts to keep those boats on the move.

The Hall of Fame is really about people and their passion for the outdoors, fishing, and doing what it takes to ensure resources have a future in the state.

It’s about difference makers ranging from dedicated biologists, resource advocates, and anglers who simply loved to share their passion. Hall of Fame inductees come from all walks of life – fisheries biologists with master and doctorate degrees putting their training and education to work.

Business professionals and average citizens dedicated to a resource and doing something to protect, enhance, and continue opportunities for others.

Former N.D. Game and Fish Department directors are honored, including Dale Heneger (1981), Russell Stuart (1983), and Dean Hildebrand (2014).

Former U.S. Fish and Wildlife Service Garrison Dam National Fish Hatchery manager Tom Pruitt is in the

Hall. His successor, Rob Holm, joined in the same honor in 2021.

Heck, even an entire organization - the North Dakota Sportfishing Congress was honored the same year as Holm.

The Sportfishing Congress wasn’t the first organization inducted, however. Instead it was the Fargo-based FM Walleyes Unlimited, Inc. inducted in 2015. Founded in 1977, the organization’s mission is to promote conservation, sportsmanship, and education of walleye fishing in Fargo-Moorhead.

One of the 2015 inductees, Tolly Holtan, elevated Lake Sakakawea and McLean County’s role as a tourist destination when she her husband, Byron, developed Indian Hills Resort. Her dedication to fishing and Lake Sakakawea helped put the Big Lake on the map for anglers throughout the multi-state region.

Fishing Hall of Fame inductions are held in conjunction with the North Dakota Governor’s Cup Walleye Derby rules meeting, which kicks off the state’s oldest fishing tournament.

The Governor’s Cup grew out of a 1976 Garrison community event celebrating the nation’s Bicentennial. Nowadays the tournament fields 261 teams, North Dakota’s biggest fishing tournament.

The original 11-member Fishing Hall of Fame board of directors was comprised entirely of Garrison area folks. In 2012 the board of directors expanded to include a mix of local residents and people throughout the state.

Fishing Hall of Fame inductions were held in 1981, 1983, and from 1988 through 1992. The board then took a hiatus from nominations until 2003, inducting five people between 2003 and 2005. The restructured board has inducted new Hall of Fame Members annually since 2013.

While the North Dakota Fishing Hall of Fame has evolved over the years and the log building houses another organization in Garrison City Park – American Legion Post 49 – inductee biographies and fishing memorabilia are on display at North Country Marine on N.D. Highway 37 on the east side of Garrison.

A visit provides fishing insight and its importance to those in North Dakota outdoors.

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Minot Hot Tots Weekly Recap

MINOT HOT TOTS

With the season nearing its end the Hot Tots are looking to finish off their inaugural campaign on the right foot. They did just that as they completed a two-game sweep of the Bismarck Larks by scores of 19-13 and 9-6 in back-to-back days. These two wins were also the Tots first wins in the Dakota Dust Up series. After these wins the Tots got a much needed off day before they hosted a three game homestand against the St. Cloud Rox and the Bismarck Larks.

Fans were treated to some great offensive fireworks in this homestand as every game was a back-and-forth shootout. The Tots finished the homestand 2-1 splitting the series with the Rox and getting their third straight win against the Larks on Harry Potter Night. On that same night the Hot Tots hosted their first ever Jersey Food Drive and it was a huge success! Fans were able to bring three cans to get a free Hot Tots Magic City jersey, 750 were available and 750 were given away that day.

With this homestand behind them the Tots only have one more big homestand on the way before the inaugural season comes to a close. Before that though, they will have a few two game home series against the Duluth Huskies, July 22-23, and the Rochester Honkers, July 29-30.

Even though the seasons end draws near, there are still so many events coming up for fans to be a part of. Starting on July 27th with the Trusted Tire Oil Change Party. Fans who come get their oil changed that day will receive a free

gift card to a local business of their choosing. Next up on August 2nd is the Hyperbaric Hullabaloo where one lucky fan will be chosen to get a free round of hyperbaric oxygen therapy.

On August 5th the Hot Tots have partnered with Aux Sable and North Dakota Petroleum Foundation to bring a STEM Expo to Minot. This is a chance for all Tots fans to come out and learn more about the STEM industry. And on August 10th the Hot Tots will host a movie night at Corbett Field. They will be showing the baseball classic "The Sandlot" under the stars for all fans to enjoy. Gates open at 8:30 and the movie will start at 9:30.

There will also be a few events going on at the last couple of games as well. Starting with Xpogo on August 4th. This world renowned pogo stick stunt group will be in Minot for one night only as they perform for all of the fans who stay after the game. The Tots will have games against the Mankato Moondogs on August 4-6. And to close out the season the Hot Tots will host Family Feud Night on August, which is also the last home game of the season. The Tots will take on the Larks for one last home battle that night to determine the winner of the Dakota Dust Up.

To get your tickets so you don't miss out on the action, head over to the Minot Hot Tots website and go to the tickets section. For more information on any of the events listed please go to the Hot Tots website or each businesses personal website.



COMING UP AT THE BALLPARK



July 22-23 | July 29-30: Are you looking for fun in the Magic City? Look no further than a Hot Tots game. We only have a handful of games left, and you won't want to miss out on what we're cooking up this summer. Spend your weekend with good food, friends, and good times!

August 3: It's the ultimate date night as the Hot Tots host 50 Dates 50 States TikTok star, Matt Wurnig. He'll be hosting the perfect date night, so come out and bring that someone special

August 4: It's time to get EXTREME with XPogo. Don't just enjoy a baseball game, take in an entire show while the XPogo tea, does stunts like you've never seen.

August 5-6: The Hot Tots are inaugural season starts to come to a close, don't miss out on making history as a fan from the very beginning

August 11: The very last home game of the season and the final game in the Dakota Dust Up Rivalry at Corbett Field. It. Will. Be. Epic.

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CIVIC LEADERS TOUR MINOT AIR FORCE BASE

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS TRUST TATE

Right: Airmen from the 91st Security Forces Group speak with Minot civic leaders of the Minot community outside of a Missile Alert Facility at Minot Air Force Base, North Dakota, July 13, 2023. The civilian leader tour was meant to build morale and camaraderie between the military and the civilian community.



Civilian leaders of Minot meet with the Col. Daniel Hoadley, 5th Bomb Wing Commander, Col. Kenneth McGhee, 91st Missile Wing Commander at Minot Air Force Base, North Dakota, July 13, 2023. Civilian tours are intended to enlighten community members of the mission at Minot Air Force Base and emphasize the importance of the roles played by the public in the lives of Minot Airmen.



Minot civic leaders have a conversation with Minot AFB base leadership about how they can further strengthen their connection at Minot Air Force Base, North Dakota, July 13, 2023. During their visit, staff delegates and civic leaders received mission briefs from both the 91st Missile Wing and the 5th Bomb Wing and received tours of a B-52 static display, missile alert facility, and launch facility.



Minot civic leaders speak to 91st Security Forces Squadron Military Working Dog Handlers at Minot Air Force Base, North Dakota, July 13, 2023. The civilian leaders were briefed on how the dogs are trained for helicopter operations and safety assurance.



Civic leaders of the Minot community observe the UH-1N Iroquois Helicopter at Minot Air Force Base, North Dakota, July 13, 2023. Civilian leader tours are intended to teach community members about the mission at Minot Air Force Base and emphasize the importance of the roles played by the public in the lives of Minot Airmen.



Civic Leaders wait behind the fence of a Missile Alert Facility, Minot Air Force Base, North Dakota, July 13, 2023. MAFs are the link to the launch control centers connected via computer to intercontinental ballistic missiles.

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1 CLOVES GARLIC, MINCED
2 1/2 MEDIUM CARROTS, CUT INTO 2 INCH SLICES
1/2 STALK CELERY, DICED
1/4 CUP DRY RED WINE
1/2 TABLESPOON TOMATO PASTE
1/2 TABLESPOON WORCESTERSHIRE SAUCE
1/2 TEASPOON DRIED THYME
1/2 CAN (14.5 OZ) DICED TOMATOES
1 CUP LOW SODIUM BEEF BROTH
1 BAY LEAF
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When ready to cook, set the Traeger temperature to 350°F and preheat with the lid closed for 15 minutes. Trim the fat cap on the brisket to 1/4-inch. Season all sides generously with Traeger Prime Rib Rub. In the bottom of a large roasting pan, add the onions, garlic, carrot, and celery.

In a small bowl, add the wine and whisk in the tomato paste, Worcestershire sauce, and thyme. Pour the wine mixture over the vegetables. Add the tomatoes and beef broth, and bury the bay leaves in the vegetables.

Lay the brisket fat-side up on top of the vegetables. Cover tightly with aluminum foil. Place the roasting pan directly on the grill grates. Close the lid and cook for 3 1/2-4 hours, or until the meat is fork-tender. Halfway through the cooking time, carefully lift the foil and turn the meat over. Replace the foil.

Remove the brisket from the grill, and let the brisket rest for 30 minutes. Remove and discard the bay leaves from the vegetables and skim any visible fat from the liquids. Transfer the brisket to a cutting board and slice into 1/4-inch-thick slices. Garnish with parsley, as desired. Enjoy!

Ryan Davy - GM
Minot

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CHURCH DIRECTORY

<p>Chapel Services at MAFB</p> <p><i>North Plains Chapel in Base Housing</i></p> <p><i>Protestant Liturgical Service</i> Christ Chapel 0900</p> <p><i>Protestant</i> Sunday Community Service 1030 (Holy Communion 1st Sunday) Children's Church during school year</p> <p><i>Wicca, Pagan, and Neopagan Services</i> Open Circle 1000 on the 1st and 3rd Saturdays of every month</p> <p><i>Northern Lights Chapel across from Rockers</i></p> <p>Catholic Mass Sunday 1000 Daily Monday-Thursday at 1200</p>	<p>St. Peter The Aleut Eastern Orthodox Church</p>  <p>109 6th St. SE Minot • 838-3094</p> <p>Saturday, July 22 5PM, No Vespers</p> <p>Sunday, July 23 10AM, Congregational Prayer Service</p>	 <p>Break Forth BIBLE CHURCH</p> <p>Wednesdays 7:00pm and Sundays 10:30am</p> <p>1821 W Burdick Expressway</p> <p>For More Information: 701.838.2665 www.bfbc.tv</p>	 <p>An Evangelical Free Church 3500 4th St. SW • 839-5127 (Just North of Super Wal-Mart)</p> <p>Sunday School & Fellowship 9:00 a.m. Worship 10:30 a.m.</p> <p>www.trinitychurchminot.org</p>	 <p>Worship Service at 10:45am Sundays Sunday School at 9:45am</p> <p>1720 4th Ave NW, Minot 838-0916</p> <p>MinotBibleFellowship.org</p>
<p>Immanuel Baptist Church</p> <p>1615 2nd St. SE • www.ibcminot.org 701-839-3694</p>  <p>SUNDAYS: 9:00 AM FELLOWSHIP 9:15 AM SUNDAY SCHOOL 10:30 AM WORSHIP</p> <p>WEDNESDAYS: 11:30 AM SOUP KITCHEN 5:30 PM FAMILY SUPPER 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY</p>	 <p>Christ Reformed Church</p> <p>Worship 11:00 a.m. Sunday 234 14th Ave SE www.christreformedchurchminot.com</p>	<p>St. John the Apostle Catholic Church</p>  <p>2600 West Central Ave • Minot, ND 58701 839-7076</p> <p>Daily Mass Schedule: Tuesday 5:15 p.m. Wednesday - Friday 7:00 a.m. Saturday 5:00 p.m. Sunday 8:00 & 10:30 a.m.</p> <p>Fr. David A. Richter, Pastor Parish website: www.stjohnminot.com</p>	 <p>First Lutheran Church - ELCA 120 5th Ave. NW 852-4853</p> <p>Sunday Worship 9:30 am</p> <p>www.firstlutheran.tv (Live Stream & Recorded) Radio Broadcast KRRZ 1390AM Sunday 9:30 am www.flcminot.com</p> <p>Pastor Brandy Gerjets • Pastor Ellery Dykeman</p>	 <p>Gospel Tabernacle Community Church</p> <p>9999 27th St NE 4 miles south of MAFB James W. Henderson Anna B. Henderson</p> <p>Church: 701-838-4492 Home: 701-838-5759 KHRT 1320: 9 a.m. Sunday</p> <p>Sunday School 9:45 a.m. Adult/Children Worship.. 11 a.m. Family Hour 6:30 p.m. Evening Worship 7:30 p.m. Bible Study/Child-Adult Children Worship (Wed).... 7 p.m. Prayer (Friday) 7 P.m.</p>
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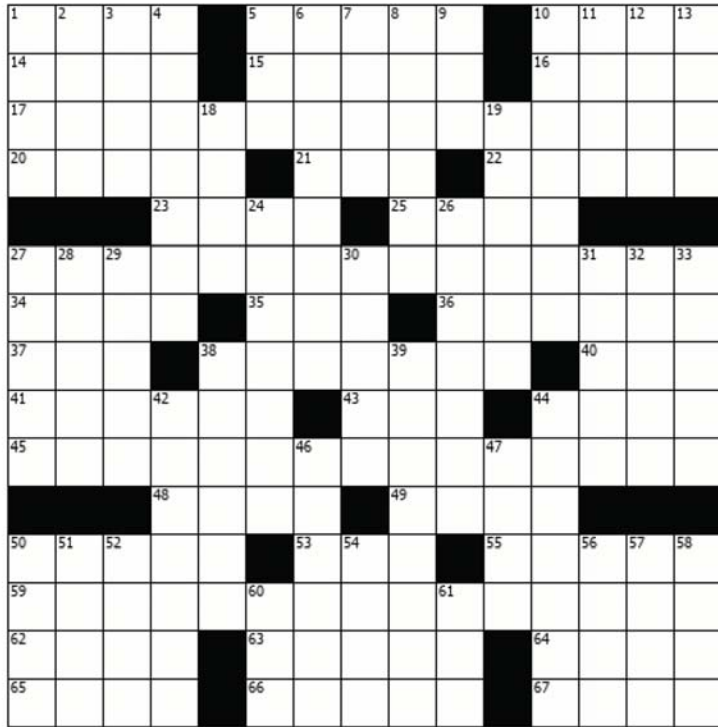
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- 16. Went by bus
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- 20. Bagpipe sound
- 21. Complete collection
- 22. One way to be in love
- 23. Frosh, next year
- 25. Ante-er's words
- 27. Central American isthmus area
- 34. Prepare for publication
- 35. Bronzed by the sun
- 36. Sparkling crowns
- 37. 2004 World Series champs, briefly
- 38. Serenades
- 40. NFL six-pointers
- 41. Christmas display
- 43. Put frosting on
- 44. Queens stadium
- 45. Oklahoma section of the Old West
- 48. Mex. miss
- 49. Nick and Nora's pet
- 50.
- 53. Informal affirmative
- 55. Van Gogh painted here
- 59. Locale surrounding the Capitol
- 62. "_ the Rainbow"
- 63. Marie Osmond's brother
- 64. Poet Pound
- 65. Penn who gets a lot of ink
- 66. Progresses at a boring pace
- 67. Apply crudely

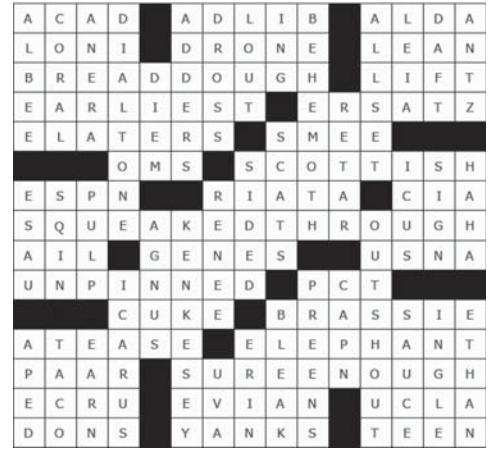


Down

- 1. Priestly vestments
- 2. Kind of mass mail
- 3. Needle case
- 4. Ogles sideways
- 5. Cabinet dept. concerned with farming
- 6. Place for refuse
- 7. Diet successfully
- 8. Lone Star State capital
- 9. Orch. section
- 10. Evening dress material
- 11. Invalidate
- 12. Rolling Stone magazine subject
- 13. Refuse to admit
- 18. Steal, slangily
- 19. Actor Estevez
- 24. Doctor's customer
- 26. Is important
- 27. Joe of "GoodFellas"
- 28. Enhance with decorations
- 29. Voted down
- 30. 1973 Rolling Stones hit
- 31. Straight: Prefix
- 32. 2004 independent candidate
- 33. English class assignment
- 38. Generous type
- 39. Removing windshield ice, e.g.
- 42. Rain storage tank
- 44. Had the top role (in)
- 46. James who sang "Shower the People"
- 47. "You don't get __ all!"
- 50. Tabloid sightings, for short
- 51. Actress Campbell
- 52. Brainstorm
- 54. Author Ferber
- 56. Judy's daughter
- 57. Hosiery shade
- 58. Attempt
- 60. Say further
- 61. Part of CBS: Abbr.

CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.






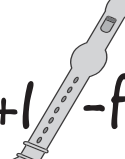

SUDOKU



Solution to puzzle on page C9


	1			2				3
		4	5			1		
	6	3			7		8	
	7	2			4	5		8
	3							2
9		1	6			3	4	
	2		1			8	6	
		5			6	4		
8				3				9

REBUS PUZZLES

 - lic +  + e = _____

 -t +  -fe +  -on = _____

 -d +  -bi = _____

Re +  -mum = _____



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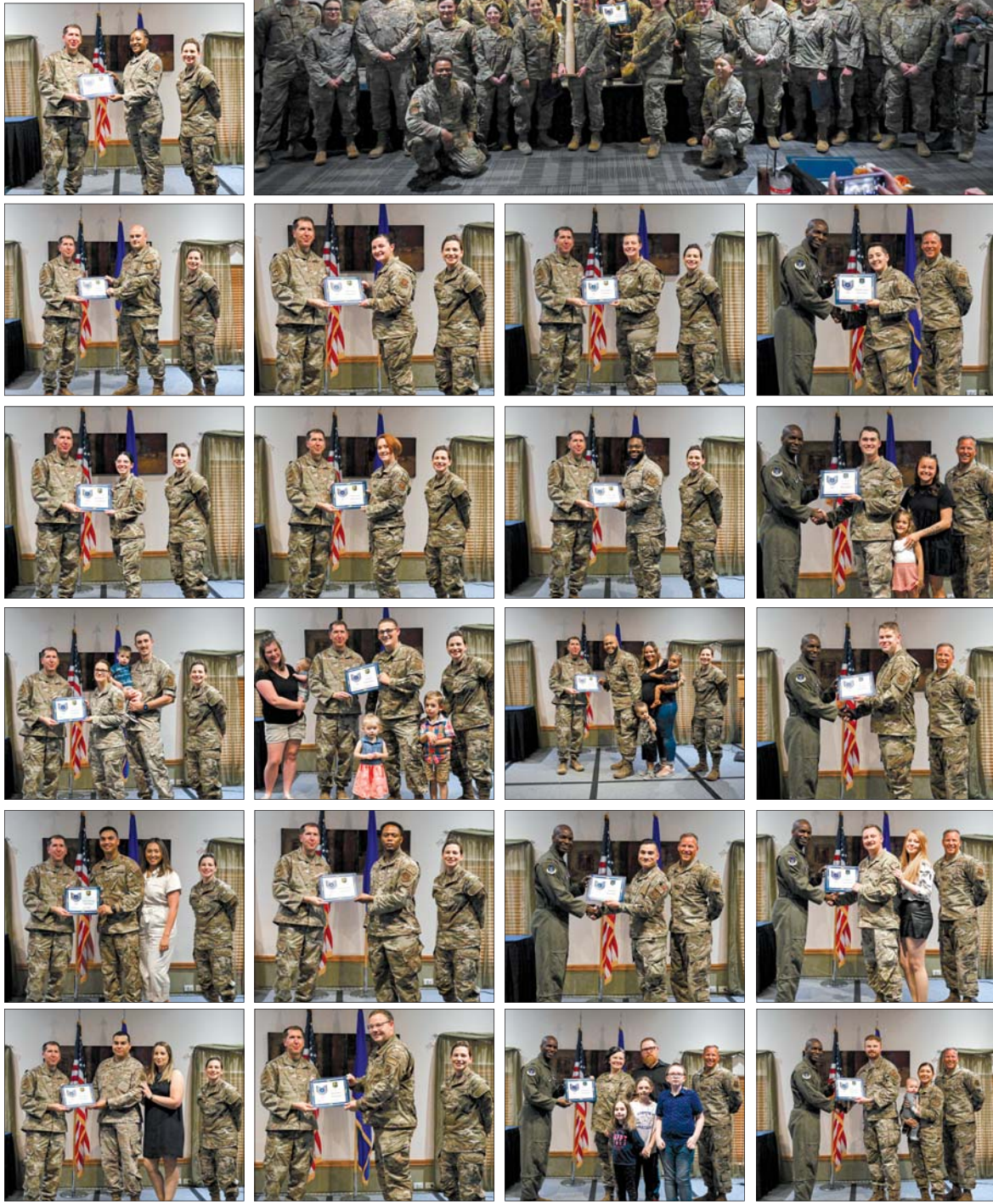
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<p>28 Tastes & Taps</p> <p>1603 35th Ave SW Minot Phone: 701.838.2828 FB: 28 Tastes & Taps</p>	<p>Culver's Restaurant</p> <p>3000 S Broadway, Minot Phone: 701.852.4800 www.culvers.com</p>	<p>Ironhorse Kitchen + Bar</p> <p>21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot</p>
<p>Jamaican Vybz Kitchen</p> <p>Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen</p>	<p>Pink's Bar & Grill</p> <p>102 128th Ave NW Minot Phone: 701.852-2385 FB: PinksBarGrill</p>	<p>Prairie Sky Breads</p> <p>3 1st St. SE, Minot Phone: 701.858.0612 www.prairieskybreads.com</p>
<p>Noodles & Company</p> <p>304 4th Ave NW Minot 701.491.9103 www.noodles.com</p>	<p>Mi Mexico</p> <p>3816 South Broadway Minot Phone: 701.858.0777 www.mimexicominoind.com</p>	<p>Primo Restaurant</p> <p>1505 N Broadway, Minot Phone: 701.838.7746 www.primominot.com</p>
<p>Souris River Brewing</p> <p>32 3rd St NE Minot Phone: 701.837.1884 www.sourisriverbrewing.com</p>	<p>The Starving Rooster</p> <p>30 1st St. NE, Minot Phone: 701.838.3030 www.starvingrooster.com</p>	<p>Whiskey Nine</p> <p>109 Central Ave, Minot Phone: 701.837.1090 www.whiskeyninen.com</p>



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Justice Department reinforces federal protections for servicemembers and their spouses in letter to state officials

DEPARTMENT OF JUSTICE OFFICE OF PUBLIC AFFAIRS

WASHINGTON (AFNS) -- The Justice Department announced July 14 that it has issued a letter to all state licensing authorities about new employment-related federal protections for military families. The letter informs state licensing authorities about Congress's recent amendment to the Servicemembers Civil Relief Act that allows servicemembers and their spouses to use their professional licenses or certificates in new jurisdictions if they are relocating because of military orders and meet certain other requirements.

"Servicemembers and their families should not face unnecessary barriers to employment because of the sacrifices they make in service to our country," said Attorney General Merrick B. Garland. "The guidance we are issuing today reflects the Justice Department's commitment to honoring our nation's servicemembers and their families not just with words, but also with action."

"Servicemembers bear great burdens to protect and advance our democracy and families of these dedicated military professionals often make sacrifices on our behalf, including frequent moves, child-care challenges and interruptions or barriers to employment," said Assistant Attorney General Kristen Clarke of the Justice Department's Civil Rights Division. "The

resources that we are making available should empower many servicemembers and military spouses with professional licenses to better navigate the burdens that can result from frequently moving around the country."

In January 2023, Congress added a new provision to the SCRA — a law that provides servicemembers and their families with a wide variety of financial and housing protections — to make it easier for servicemembers and military spouses to have their professional licenses recognized when they relocate to another state due to military orders. The new SCRA license portability provision provides that servicemembers and military spouses can have their out-of-state licenses recognized as valid in the new state while they are stationed there so long as they meet certain requirements.

The letter to state licensing authorities explains how the SCRA's license portability provision reduces the administrative hurdles that servicemembers and their spouses face when they move across state lines. The documents explain the requirements servicemembers or their spouses must meet to have their license or certificate recognized as valid under this new law. The department is also releasing a fact sheet about the SCRA's license portability provision.

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NOTES ON BEING SAFE

What is Lockout/Tagout?



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Have you ever been to a job site, or even a local business when you hear someone call out "Hey Joe, be sure to lock and tag out that piece of equipment?" or "You better de-energize that system before you work on it!"

This common practice is known throughout the industrial and non-industrial world as Lockout/Tagout, better known as LOTO. So what is LOTO?

Lockout-Tagout is a safety procedure which is used in industry and research settings to ensure that dangerous machines are properly shut off and not started up again prior to the completion of maintenance or servicing work. It requires that hazardous power sources be "isolated and rendered inoperative" before any repair procedure is started. "Lock and tag" works in conjunction with a lock usually locking the device or the power source with the hasp, and placing it in such a position that no hazardous power sources can be turned on. The procedure requires that a tag be affixed to the locked device indicating that it should not be turned on.

Modern machinery can contain many hazards to workers, from things like electrical, mechanical, pneumatic or hydraulic sources. For example a typical industrial machine may contain things like hot fluids, moving presses, blades, propellers, electrical heaters, conveyor belts with pinch points, moving chains, ultraviolet light, etc. Disconnecting or making safe the equipment involves the removal of all energy sources and is known as isolation. The steps necessary to isolate equipment are often documented in an Isolation Procedure or a Lockout Tagout Procedure. The isolation procedure generally includes the following tasks:

1. Identify the energy source(s)
2. Isolate the energy source(s)
3. Lock and/or Tag the energy source(s)
4. Prove that the equipment isolation is effective

Modern safety manufacturers provide a range of isolation devices specifically designed to fit various switches, valves and effectors. For example most modern circuit-breakers have a provision to have a small padlock attached to prevent their activation. For other devices such as ball or gate valves, plastic pieces which either fit against the pipe and prevent movement, or clam-shell style objects, which

completely surround the valve and prevent its manipulation are used. A common feature of these devices is their bright color, usually red to increase visibility and allow workers to readily see if a device is isolated. Also, the devices are usually of such a design and construction to prevent it being removed with any moderate force. That is to say that an isolation device does not have to stand up to a chainsaw, but if an operator forcibly removes it, it will be immediately visible that it has been tampered with.

With all this information, you are probably asking yourself "How does this program apply to me?" Employees can be seriously or fatally injured if machinery they service or maintain unexpectedly energizes, starts up, or releases stored energy. OSHA's standard on the Control of Hazardous Energy (LOTO), can be located in Title 29 of the Code of Federal Regulations (CFR) Part 1910.147. This regulation spells out the steps all employers must take to prevent accidents associated with hazardous energy. The

standard addresses practices and procedures necessary to disable machinery and prevent the release of potentially hazardous energy while maintenance or servicing activities are performed. With this being said you may ask yourself "if I unplug a radio or microwave oven after use, do I need LOTO?" No you do not. Exposure to hazardous energy is controlled completely by unplugging the equipment from an electric outlet and where the employee doing the service or maintenance has exclusive control of the plug. This applies only if electricity is the only form of hazardous energy to which employees may be exposed. This exception encompasses many portable hand tools and some cord and plug connected machinery and equipment.

In closing, when dealing with LOTO and you are not sure, do not hesitate to ask for assistance. The shop supervisor, the person doing the actual work, or the Wing Safety office can provide more extensive detail concerning LOTO in your work center.



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PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE
SCHOOL LIAISON PROGRAM



It is often shared that partnerships drive results! This could be no further than the truth for our upcoming Back-to-School Backpack event in partnership with Operation Homefront on August 4th, 2023! This year, we are delighted to continue our partnerships with agencies at Minot Air Force Base and organizations in Minot! For example, the Minot Magic City Lions will be providing FREE vision screenings for our students.

Registration for the Operation Homefront Back-to-School Brigade at the Minot AFB Youth Center is open. Students receive a backpack and school supplies just in time for the school year. Quantities are limited. Please register through Operation Homefront QR Code. If there are any questions or concerns, please call 701-723-1447.

Note: No federal endorsement intended.
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SUDOKU SOLUTION

PUZZLE ON PAGE C4

7	1	9	4	2	8	6	5	3
2	8	4	5	6	3	1	7	9
5	6	3	9	1	7	2	8	4
6	7	2	3	9	4	5	1	8
4	3	8	7	5	1	9	2	6
9	5	1	6	8	2	3	4	7
3	2	7	1	4	9	8	6	5
1	9	5	8	7	6	4	3	2
8	4	6	2	3	5	7	9	1

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Air Force announces the 12 Outstanding Airmen for 2023

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JOINT BASE SAN ANTONIO-RANDOLPH, Texas --

Air Force officials have selected the service's top enlisted members, naming the 12 Outstanding Airmen of the Year for 2023.

An Air Force selection board at the Air Force's Personnel Center considered 36 nominees who represented major commands, direct reporting units, field operating agencies and Headquarters Air Force. The board selected the 12 Airmen based on superior leadership, job performance and personal achievements.

The 12 Outstanding Airmen of the Year (alphabetically, by rank and command of assignment when selected) are:

Senior Master Sergeant Justin S. Cruz, Air Force Materiel Command – Airman supporting Space Force Technical Sergeant Jennel L. Edwards, Air Force Global Strike Command

Senior Master Sergeant Sedrick F. Evans, Pacific Air Forces

Technical Sergeant Michelle A. Fernandez, Air Mobility Command

Master Sergeant Michael A. Galindo, Air Education and Training Command

Senior Airman Ryan G. Hospelhorn, United States Air Forces in Europe - Air Forces Africa Senior Airman Kostiantyn Khymchenko, Air Combat Command

Technical Sergeant Micaela R. Mahan, Air Force Materiel Command

Technical Sergeant Kimberly R. Mastrocola, Air Force Special Operations Command

Senior Airman Dhruva S. Poluru, Air National Guard

Technical Sergeant Theodore M. Sebsibe, Air Force District of Washington

Senior Airman Jacob T. Tawasha, Air Force Reserve Command

The winners are authorized to wear the Outstanding Airman of the Year Ribbon with the bronze service star device on the ribbon. They are also authorized to wear the OAY badge for one year from the date of formal presentation.



21 JULY NORTH DAKOTA STATE FAIR RUN THE ROUTE 5K
8:45 AM
Parade Route

Join us for the annual North Dakota State Fair Run the Route 5K on July 22nd and kick off the day with a fun run along the parade route!



For more information:
<https://runsignup.com/Race/ND/Minot/NDSFRunTheRoute>

28 JULY YOGA IN THE PARK
9:30 PM
Oak Park Amphitheater
11th to 14th Block of 4th Ave. NW, Minot

Men & women, and boys & girls of all ages and experience levels are welcome! If available please bring your own yoga mat. *This event is free to attend



For more information:
Facebook/ Minot Parks/ Events

21-29 JULY NORTH DAKOTA STATE FAIR VARIOUS TIMES
North Dakota State Fair Grounds
2005 Burdick Expy E, Minot

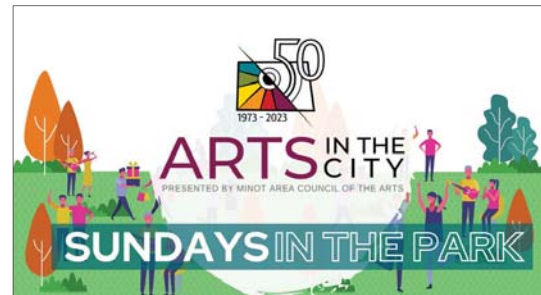
Now it's really summer! The North Dakota State Fair is happening July 21st - 29th. The North Dakota State Fair continues to be our state's largest annual event, with more than 300,000 people in attendance over nine days! We feature 7 nights of top-name concerts, a Demo Berby, and an MHA Indian Horse Relay at our Grandstand. Not to mention two nights of action-packed NPRA Bull Riding and Ranch Rodeo. There are also Fair favorites like the state's largest carnival and tons of food, shopping, and exhibits!



For more information:
www.ndstatefair.com

30 JULY ARTS IN THE CITY - SUNDAYS IN THE PARK!
12:00 AM - 2:00 PM
Oak Park
11th to 14th Block of 4th Ave. NW, Minot

Join us in the park for live music, art demos, and our famous MACA Popcorn! Two concerts every Sunday from June 4th through July 30th @ 4:00 and 7:00 PM. Gather your people, your picnic blankets, and lawn chairs and come hang out in the park on Sunday evenings! Sundays in the Park are free to attend and open to the public, EVERYONE is welcome! These events offer a casual atmosphere to get together with friends and family to enjoy great music, discover local artists, and enjoy the park each summer! Summer 2023 Concert Schedule:
July 30th: 4pm- The Minot Swing Band 7pm- Jessie Veeder



For more information:
Facebook/ Minot Area Council of the Arts/ Events

31 JULY TAUBE MUSEUM SUMMER ART CAMP (MORNING SESSION)
9:00 AM - 12:00 NOON
2 Main Street North, Minot

Register today for our annual Art Camp for children ages 5 and up. Your child will explore and observe the artworks of four artists. Projects will consist of printmaking, acrylic painting, watercolor and new this year, ceramics! This is an art camp for children interested in a hands-on experience with the visual arts. Experienced art educators will work with your children developing their art skills.
Dates: July 31st-August 3rd
Time: 9-12am



For more information:
Facebook/ Taube Museum of Art/ Events

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northern Sentry.com/calendar/

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WHAT'S GOING ON MAFB

FRIDAY 21

- HIIT Strength & Conditioning, 0500, Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- JCM - 360 Degree Leader, 0800, Professional Development Center
- Cheer Clinic, 0900-1145, Youth Center
- Family Child Care New Provider Orientation, 1000-1400, Family Child Care
- Master Chef Luca Virtual Cooking Class, 1800, forcesupport.awardsplatform.com

TUESDAY 25

- Cycle, 0600, Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, The Turf, hosted by the Fitness Center
- Newbery Book Club, 1600, Minot AFB Library
- Magic The Gathering EDH/Commander Night, 1800, ESC
- Zumba, 1800, Fitness Center

FRIDAY 28

- HIIT Strength & Conditioning, 0500, Fitness Center

SATURDAY 29

- Zumba, 1100, Fitness Center

SATURDAY 22

- Play the Course Backwards Scramble, 0900, Rough Rider Golf Course
- Master Chef Luca Virtual Cooking Class, 1100, forcesupport.awardsplatform.com
- Zumba, 1100, Fitness Center

WEDNESDAY 26

- HIIT Strength & Conditioning, 0500, Fitness Center
- Right Start, 0730-1230, Jimmy Doolittle Center, hosted by M&FRC
- First Duty Station Officer Financial Course, 0900-1100, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- Storytime, 1030, Minot AFB Library
- Top 3 Mentorship Hour, 1130-1300, Professional Development Center
- Civilian Employment Basics 101, 1300-1500, M&FRC
- SAPR Brief, 1400-1600, Professional Development Center
- Fighting Game Night, 1800, ESC
- Yoga, 1830, Fitness Center

SUNDAY 23

- Sunday Escapes Books Club, 1330, Minot AFB Library
- Zumba, 1400, Fitness Center

MONDAY 24

- HIIT Strength & Conditioning, 0500, Fitness Center
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Palace Chase/Front Briefing, 1400, Professional Development Center

THURSDAY 27

- Cycle, 0600, Fitness Center
- Informed Decision Seminar, 0800-1200, Professional Development Center
- Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, The Turf, hosted by the Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Home Buying Seminar, 1300-1500, M&FRC
- Zumba, 1800, Fitness Center

JULY SPECIALS

Bomber Bistro **Chef Salad**

Turkey, ham, egg, cucumber, tomato, and red onion, topped with cheddar cheese and your choice of dressing.

The B-Fifty Brew **Pineapple Upside Down Refresher**

Pineapple refresher, coconut milk, brown sugar, vanilla syrup, dried pineapple and topped with cinnamon dolce..

Rockers Bar & Grill **Street Tacos**

Three tacos with diced onion and cilantro served with chips, salsa, and a drink.

PLAY THE COURSE BACKWARDS
ROUGH RIDER GOLF COURSE
JULY 22ND • 0900
REGISTER BY JULY 21ST • 1700
COST \$40.00
DOES NOT INCLUDE GREEN OR CART FEES
2 PERSON, 27 HOLE, PAR 3 TOURNAMENT
1ST 9 HOLES - ALTERNATE SHOT
2ND 9 HOLES - BEST BALL
3RD 9 HOLES - SCRAMBLE
PRO SHOP GAMES & FOOD WILL BE AVAILABLE!
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SUMMER READING PROGRAM SQUADRON CONTEST

MINOT AFB LIBRARY • 10 JUNE - 19 AUGUST

Sign up: 10 June - 10 August
Log your reading: 10 June - 19 August

Participants who log their reading will receive prizes and chances to win bigger prizes!

The squadron with the most active duty members participating in the Minot AFB Library's Summer Reading Program will receive a certificate and the right to display our trophy until next year!

To learn more about this year's Summer Reading Program, call the Minot AFB Library at 723-3344 or visit our website at 5thforcesupport.com/base-library



IMM MINOT AFB LIBRARIES
FORCE 5THFORCESUPPORT.COM

Art Resin Charcuterie Board Class
July 6th & August 3rd
5:30pm - 7:30pm • Cost \$60.00
Join us & make your own art resin charcuterie board!
723-3640
FORCE 5THFORCESUPPORT.COM

BACK-TO-SCHOOL SUPPLIES BRIGADE
4 August 2023 • 11AM - 1PM
Youth Center
Celebrate back-to-school with our annual Operation Homefront Back-to-School Supplies Brigade!
Open to DEERS enrolled military dependent children who will be in Kindergarten - 12th grade for the 2023-2024 school year.
Register by 31 July 2023 at operationhomefront.org
FORCE 5THFORCESUPPORT.COM

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