

northern sentry

FREE | WWW.NORTHERNSENTRY.COM | VOL. 62 • ISSUE 11 | MINOT AIR FORCE BASE | FRIDAY, MARCH 15, 2024

WHATS INSIDE THIS WEEK:



**FLOSI: 20TH
CHIEF MASTER
SERGEANT
OF THE AIR
FORCE**

A10



**5TH BOMB
WING
ANNUAL
AWARDS**

B1



**MINOT AFB
CURLERS
ONE OF
A KIND**

B2



Welcome Home

Senior Airman Alexander Clark, 5th Operations Support Squadron intel systems technician (left), poses for a photo with his family upon returning from a Bomber Task Force (BTF) mission at Minot Air Force Base, North Dakota, March 6, 2024. BTF missions offer opportunities for U.S. integration with allies and regional partners, as well as theater familiarization for Airmen. See more coverage on page A7.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS KYLE WILSON

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TEAM MINOT KICKS OFF 2024 AIR FORCE ASSISTANCE FUND CAMPAIGN

U.S. AIR FORCE PHOTOS | MINOT AFB PA



Above Team Minot Airmen pose for a photo at the kickoff event for the 2024 Air Force Assistance Fund campaign at Minot Air Force Base, North Dakota, March 11, 2024. The Air Force Assistance Fund provides aid to Airmen and their families to cover the cost of things such as emergency needs, educational assistance, and family support.

northern sentry
community calendar

Events from Minot & Minot AFB in ONE PLACE!

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WOMEN'S HISTORY MONTH

Women's History Month B-52H Static Display

Ever wondered how they see out of those tiny windows?

Date: 16 March 2024
Time: 0800-1400
Location: Dock 7



Does the B-52 have a parking brake?

Now's your chance! Tour a B-52H with 5 MXG Airmen and find out!

How many step ladders are inside the B-52?

Minot Air Force Base

"Only the Best Come North"

FACILITY	STREET ADDRESS	GRID
5 th Bomb Wing Hqts	201 Summit Dr	5-D
91 st Missile Wing Hqts	300 Minuteman Dr	2-E
Airman Dormitories	Between Missile Ave and Tanker Tr	4-D
Ann Leadership School	114 Alert Ave	7-H
American Red Cross	20 Peacekeeper Pl	4-B
Auto / Arts & Crafts Center	306 Tanker Tr	4-E
Bank	241 Missile Ave	4-D
Base Network Control Ctr	213 Summit Dr	5-D
Base Contracting	211 Missile Ave	5-D
Base Exchange	215 Bomber Blvd	4-F
Base Operations	221 Flightline Dr	4-G
Billing / Base Hotel	14 Summit Dr	5-D
Bowling Center	216 Peacekeeper Pl	4-D
Burger King	330 Missile Ave	3-D
Chapel 1	230 Missile Ave	4-D
Chapel 2	18 Peacekeeper Pl	4-B
Child Development Center	215 Missile Ave	5-D
Civilian Personnel	201 Missile Ave	5-D
Commissary	360 Missile Ave	2-D
Community Center	241 Peacekeeper Pl	4-E
Contract Management	209 Tanker Tr	4-D
Credit Union	210 Summit Dr	5-E
Dakota Elementary	101 Eagle Way	6-A
Dining Facility	317 Tanker Tr	3-E
DRMO	401 Bomber Blvd	2-F
Education Ctr / Library	210 Missile Ave	4-D
Enlisted Club	201 Peacekeeper Pl	4-D
Family Services	20 Peacekeeper Pl	4-B
Family Support Center	20 Peacekeeper Pl	4-B
Fire Department	435 Peacekeeper Pl	4-F
Fitness Center	220 Tanker Tr	4-E
Fitness Center Annex	218 Peacekeeper Pl	4-E
Flight Simulator	111 Trainer Tr	6-E
Golf Course	220 Golf Dr	8-C
Housing Maintenance	325 Bomber Blvd	3-F
Housing Office	5 Summit Dr	5-D
Law Enforcement Desk	330 Tanker Tr	3-E
Library / Education Ctr	210 Missile Ave	4-D
Main Gate	20 Missile Ave	7-B
Memorial Junior High	Rocket Rd	5-A
Military Personnel Flight	300 Summit Dr	5-E
Mini-Mall	240 Missile Ave	4-D
North Plains Elementary	101 C Street	4-B
Officers Club	18 Summit Dr	5-D
Outdoor Recreation	315 Bomber Blvd	4-F
PMEL	414 Summit Dr	5-G
Post Office / Postal Svc Ctr	220 Peacekeeper Pl	4-E
PRIDE Bldg	300 Summit Dr	5-E
Prairie Pre-School	201 Missile Ave	5-D
Recycling Center	329 Peacekeeper Pl	4-D
Self-Help Store	315 Bomber Blvd	3-F
Service Station (AAFES)	304 Tanker Tr	4-E
Service Station (Military)	335 Peacekeeper Pl	4-F
Sub Shop	320 Tanker Tr	3-E
Supply	341 Bomber Blvd	3-F
Swimming Pool	352 Missile Ave	3-D
Survival Equipment	411 Peacekeeper Pl	4-F
Teen Center	5 Shawnee Rd	7-B
Theater	211 Peacekeeper Pl	4-D
Thrift Shop	211 Tanker Tr	4-E
TLF	229 Missile Ave	5-D
Vehicle Operations	210 Chopper Path	5-E
Veterinary Clinic	300 Missile Ave	4-D
Visitor Center	15 Missile Ave	8-B
Wellness Center	401 Deterrance Dr	6-F
WIC Office	401 Deterrance Dr	6-F
Youth Center	215 Chopper Path	4-I

Map - Courtesy of the Base Telecommunications Center

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COMMANDERS

5th Bomb Wing Commander:

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**5th Bomb Wing Deputy
 Commander:**

Col. Benjamin Jensen

**91st Missile Wing
 Commander:**

Col. Kenneth C. McGhee

**91st Missile Wing Deputy
 Commander:**

Col. George L. Chapman

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PCS...It's Part of the Lifestyle

Every year about this time I start to hear about my friends at Minot AFB getting orders for another position at another base. As much as it is part of the lifestyle of a military family, it still becomes one of those scenarios; "What scenarios? You ask?"

Well, I have developed an attitude of "Don't ask if you really don't want to hear the results?" Or maybe better said, ignorance is bliss. It isn't that I can't count to two; it's just easier if I don't. My Honorary Commander, Mark McDonald, gave me the tentative date for the change of command of the 91 MW. That would mean that Col McGhee is leaving Minot AFB. Col McGhee has been a great friend of the Northern Sentry. Both he and Col Hoadley; yep, claiming ignorance on that one, too, have always made themselves available for interviews for the Northern Sentry. It is greatly appreciated. Before we know it, June will be here, and we will be covering two change of command ceremonies. PCS season is always bittersweet. We know that the challenges of Minot AFB prepares those who lead. We don't take the slogan "Only the Best Come North" lightly. It is tried and true.

DID A LITTLE TRAVELING

I have been on the road for the past 10 days, with the goal of visiting relatives in Vancouver, British Columbia. On a map, it doesn't look "too bad" of a drive. But maps can certainly be deceiving. Maybe to put things into perspective; we put Malmstrom AFB in our rear view mirror on day

#1 of our journey. And on day #2 we drove by the Fairchild AFB sign near Spokane, Washington.

Not that I would highly recommend such a rigorous travel schedule on every vacation, it's just that I was working my son on the amount of time he and his wife could "get off" to meet us in Vancouver. As far as Vancouver, British Columbia? It is very Canadian. A little bit of old, mixed in with a lot of new. The 2010 Winter Olympics were held in Vancouver. There is still a lot of that infrastructure that defines downtown Vancouver. Worth a bit of a "walk around" if you have the time.

LESS TRAFFIC- I'M OK WITH THAT

My daily commute to work is about 7 minutes. I may encounter a North Dakota traffic jam, waiting at a red light for 20 seconds, once in a while, but you only need to get into a line for a busy airport, like Vancouver, to appreciate that we don't have to deal with a lot of traffic, and I am OK with that. I drive very defensively, and probably with too much caution. However, I figure that it is my job to operate my motor vehicle in a way that does not annoy others. I don't think that is possible in a lot of big cities. Everyone seems like they are in such a big hurry. I hope to report that between me and my spouse, Sue, we navigated our pickup to Vancouver and back, safely. Less traffic? You betcha! I am OK with that.



UPSIDE DOWN UNDER
 MARVIN BAKER

Excitement is mounting and those of us involved in the North Dakota Farmers' Market & Growers Association, are counting down the days until the local foods conference.

This celebration of all things local foods is how a small, but determined group of individuals set out to make sure this year's conference is something special.

We started planning this event last November and we only recently put the lid on the schedule. It will be held March 21-23 in the North Dakota Heritage Center in Bismarck that starts off with an hors d'oeuvres social, followed by a full schedule of events the following two days.

We're also going to have some surprises that won't be revealed in this article, so you'll just have to come to find out. The conference is open to the public.

Our keynote speaker, Christy Rost, who is a nationally known chef and TV personality, decided to have a book signing as well. Her cookbook "At Home With Christy Rost" will be the featured cookbook.

We've also been talking to young people about getting involved in this organization. Many of us are aging and we'd like to transition to the next generation of local foods producers. We think that's important so we've set up a panel of young people in their 20s who already have experience either in

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**A VIEW FROM
 OUR SIDE**
 ROD WILSON



BEST KEPT SECRETS

Every year the DBPA (Downtown Business and Professional Association) sponsors a Bunny Hop. It's kind of like Halloween at Easter, without the costumes. Come Hop into spring with Downtown Minot's annual Bunny Hop! Moms, Dads, and Grandparents, bring your preschoolers aged 5 and under with

their Easter baskets, so we can fill them full of fun! Date is 10 AM to 12 Noon on March 28th on Main Street (and a few other locations) in Downtown Minot. See you there!

TODAY'S CHUCKLE

We learned very early in life that there is a higher power: Unfortunately, it was your parents.



Bring your little ones to the Downtown Bunny Hop March 28.

DOWNTOWN BUSINESS AND PROFESSIONAL ASSOCIATION

Celebrating local foods...

farmers' markets or growing garden vegetables and flowers.

In addition, we are short one director on the board and would love to see someone from southeast North Dakota step forward and fill that position. We're having our annual meeting during the conference so someone new could be elected to the board. Several other board members' positions are up for re-election. We'd love nothing more than to have new people challenge for those positions.

One of the things I've learned personally since November, in visiting people across the state, is our organization has lacked an important element in local foods and that's education.

One-hundred percent of the people that I have met, spoken with on the telephone or have had communications with in emails, have all said conference attendance would be better if we offered educational opportunities.

We listened and we believe we've done a good job of providing that in the seminars. Food safety, soil health, how to market your items properly at a farmers' market, hands on wellness, farm to school, market display, feeding your community and others are all on the agenda.

And this is just the beginning. Some of us are already working on the 2025 conference to secure speakers and sponsorships. We've heard the membership loud and clear and those educational opportunities are going to continue into the future.

Attendance has been down in the past five years because of limited educational opportunities. Take a look at the schedule yourself on the NDFMGA website. We think this is a really good start and now that we are gaining some traction back, the sky is the limit.

As an example, I've found out through enquiries there are people all across this nation who are willing to come to North Dakota if it can

help. What I didn't know is these people set their schedules well in advance and that's why 2025 is already on the radar.

As an example, we've booked a speaker for next year who has spent a career in growing plants and flowers in greenhouses. I'm also in communications with professors at the University of Vermont, UC-Davis and Michigan State University regarding their expertise on local foods.

But for now, we look forward to March 21-23. There's something for everyone at this conference, we've insisted upon it. And, we've opened it up to the public so anyone who is interested in local foods, may register and join us.

Details may be found at (ndfarmersmarkets.org). You can register and pay for it online and a complete schedule is listed so you are aware of the individual events.

Hope to see you there.

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SHE'S NOT FROM AROUND HERE
AMY ALLENDER

Do you guys want a pop?

drastically, and we can become very defensive over our word choices.

I first remember being enamored with regional dialect as a brand-new military spouse at age 22, living in Florida after spending my whole life in northern Indiana. At Target, my friend said, "Let's grab a buggy." I imagined an Amish horse and buggy—the only buggy I'd ever known. She meant a "shopping cart." Another day, a coworker asked if I had a "pin." I rummaged through my purse and produced a safety pin. She laughed and said, "A pin...like for writing." Back in my purse, I grabbed a "pen."

Comments about "speaking hotdish" are common around my house. From debates over what separates a casserole from a hotdish to the pronunciation of the word "sauna," we love to ponder the finer points of NoDak life. Thus, with eagerness, I opened the dialect quiz.

Results from are given to respondents in the form of a heat map, indicating where your dialect is most compatible. The quiz, originally created by Josh Katz, who has since written a book entitled "Speaking American," explores our differing dialects from coast to coast. Questions are based on those from a Harvard Dialect Survey. Responses from more than 350,000 respondents were taken into account to create the resulting maps.

All of that to say, it's fun—but also scientific.

Derek, Ben, and I all took the quiz and shared our maps. Ben's results revealed his dialect is most compatible with North Dakota, with South Dakota and Minnesota trailing close behind. (He then noted that NoDakers have no words for many of the items mentioned in the quiz.) Derek's map showed his most compatible regions were in Northern Indiana and Illinois. My

map, however, was a bit of a shock, showing strong similarity to states ranging from Ohio to California.

CUTLINE. PIX image of dialect maps. "We were all surprised when my map showed compatibility with so many locations. Derek's map is on top, mine is bottom."

Maybe the "She's not from around here" lifestyle has muddled me. Perhaps I subconsciously hang on to a piece of everywhere I've lived and visited through language.

But what about you?

Do you eat casseroles or hotdishes? Do you drink soda or pop? How do you pronounce the word "sauna"?

Is it kitty corner, catty corner, or diagonal? Do you eat dinner or supper? How many syllables are in the word "crayon"? What about "caramel"? How do you address a group of people? Do you have a word for when the sun shines while it's raining? Do you have a term for the day before Halloween? What do you call athletic shoes?



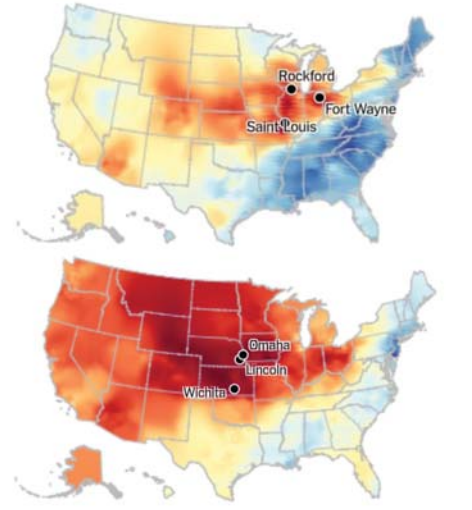
Recently I took a dialect placement quiz and was surprised by the results. Speaking American is a fascinating endeavor.

AMY ALLENDER PHOTO

Your Map

See the pattern of your dialect in the map below. Three of the most similar cities are shown.

Least similar Most similar



We were all surprised when my map showed compatibility with so many locations. Derek's map is on top, mine is bottom.

You can find the quiz by Googling "NYT Dialect Quiz" to discover your own map. In the meantime, ask someone about some of these words. It just might open up a great conversation.

For more stories from *Hotdish Land*, and daily encouragement join me online at amyallender.com, Instagram (@amy_allender or @HeyMinot), or Facebook (@amyallenderblog).

Ski the Jewel above the Prairie!

SNOW REPORT

Conditions are still great, with lots of snow. It's going to be great spring skiing! Everything is open, all runs and lifts for both skiing, snowboarding and tubing.

HOURS

SPRING BREAK BONUS DAY!	Thursday, March 14	Noon-9:00pm
	Friday, March 15	Noon-9:00pm
	Saturday, March 16	10:00am-5:00pm
	Sunday, March 17	10:00am-5:00pm

Keep an eye on our FB page for updates, schedule changes and weather conditions.

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SLICE OF LIFE
KIM FUNDINGSLAND

A Risky Splash

We were catching fish within minutes of reaching our chosen destination. All three boats were within close proximity of one another, close enough to talk fishing presentations and the like. As the cool of the morning gave way to warm sunshine and I began taking off my jacket, I felt the recently found keys in my pocket.

I placed the keys in a zippered compartment of my tackle bag for safe keeping. As we approached the noon hour the captain of one of our three boats said he forgot his boat's lunch cooler in the back seat of his pickup and would have to make the long trip back to the dock to retrieve it.

It was an opening far too good to pass up. I said I was about to make a run back to the dock to get some necessary fishing gear I'd forgotten and wound kindly grab the lunch for him and his fishing buddies at the same time.

What I expected next was that he would be unable to locate his lost keys and tear his boat apart trying to find them. However, he produced his keys from his pocket, moved his boat next to mine, carefully handed me the keys, and generously thanked me for making the run up the lake so he could continue fishing.

I noticed that his keys were on a ring with no fob and similar in appearance to the set I found earlier, the very set of keys I had secreted away in my tackle bag.

I piloted my boat back to our fishing spot, pulled alongside the boat missing the cooler, and handed it off to them. This kind act was met with a very pleasant response from all. My plan was working to perfection.

As I eased my boat away from his, he said, "Wait. My keys."

Having already switched to the keys I'd found earlier that morning, I carelessly tossed them to him, high

enough in the air so he could see them but woefully short of landing in his boat. This act, of course, was my intent with the full knowledge that his real set of keys remained safely in my possession.

It was but a millisecond after the keys disappeared beneath the water that the air was filled with expletive deleted oaths that covered everything from my sanity to well-being. The third boat joined the fray too, expressing similar sentiments which now were gaining concurrence from the other occupants of my boat. My fishing partners strongly suggested we return to the dock before the others to avoid the threatened retaliation.

Naturally, I let this storm of saucy criticism build until I thought it best to come clean before someone made good on the threats directed at me or suffered from some sort of internal combustion.

Smiling, I held up the real set of keys which I safely handed from one boat to another. Well received at first, compliments quickly reverted to more threats rather than gracious appreciation for my memorable and cunning prank. When I questioned their obviously fragile persona and absence of sense of humor, their tone was elevated to a level never believed possible. Fishing boats nearby began moving away, staying close enough due to morbid curiosity, but unwilling venture within the "cone of the volcano".

My previously friendly fishing companions were now brandishing fillet knives and needle-nosed pliers and, in a tone that could only be described as unfiltered rage, led me to believe that I had, perhaps, overplayed my hand. I dismissed that possibility quickly, hiding a smirk and a smile I dare not reveal given the volatile and somewhat unpredictable circumstances of the moment.

Ahhh, the joy of fishing!

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A LOOK BACK THIS WEEK IN USAF HISTORY

AIR FORCE HOLDS ITS FIRST ALL-FEMALE ALERT AT MINOT, F.E. WARREN, AND MALMSTROM AFB'S
MARCH 22, 2016



On March 22, 2016, missileers from the 20th Air Force made history by performing the first all-female ICBM alert. The idea was proposed by Col. Stacy Huser, former commander of the 91st Operations Group at Minot Air Force Base, North Dakota. The day consisted of 90 missileers from Minot AFB, F.E. Warren AFB, Wyoming, and Malmstrom AFB, Montana, as well as female B-52 air crews from Barksdale AFB, Louisiana and Minot, and aircrews from Offutt AFB, Nebraska. At F.E. Warren, missileers were joined by two women who trailblazed the way for today's female Airmen, Retired Col. Pat Fornes, the first female officer on a U.S. missile crew, and Retired Col. Linda Aldrich, the first female Minuteman ICBM crew member. The first all-female alert was an effort to show the strength and determination of female Airmen and to prove their vital roles in continuing the mission every day. "The fact that we can look across our pre-departure briefing room and see a woman sitting in every seat, for every combat crew going out on nuclear alert, is in itself, significant," said Col. Tom Wilcox, commander of the 341st Missile Wing at Malmstrom. The alert soon became a yearly celebration of Women's History Month, and it continues to this day.

Each year, missileers who join the all-female alert receive a patch. This is the first patch from 2016. (USAF Photo / Airman Collin Schmidt)

Information courtesy of: warren.af.mil

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Minot Air Force Base welcomes Airmen home from Bomber Task Force deployment

SENIOR AIRMAN ALEXANDER NOTTINGHAM, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- Airmen from Minot returned home from their most recent Bomber Task Force deployment to Andersen Air Force Base, Guam, on March 6, 2024.

The task force, given the name 23rd Expeditionary Bomb Squadron (EBS), composed of approximately 280 Airmen and

six B-52H Stratofortresses, was tasked to accomplish 36 strategic deterrence missions within the U.S. Indo-Pacific Command area of responsibility during the six-week deployment.

Strategic bomber missions enhance readiness and provide the training necessary to respond to any potential crisis or challenge across the globe. These missions

demonstrate the Pacific Air Force's capacity to dominate, deny and deter any aggression or influence from adversaries.

Team Minot's participation in BTF missions enables aircrews, maintainers, and support personnel to integrate with allied and partner nations in the region while completing familiar global strike mission sets.



Airmen assigned to the 23rd Expeditionary Bomb Squadron return from a Bomber Task Force (BTF) mission at Minot Air Force Base, North Dakota, March 6, 2024. Airmen returned from a deployment to Anderson AFB, Guam, as part of a BTF mission which enhanced joint security strategies with allies and partners, demonstrating the U.S. capability to command, control and conduct bomber missions across the globe.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS KYLE WILSON



U.S. Air Force Capt. Matthew Campbell, 69th Aircraft Maintenance Unit officer in charge, is greeted by Team Minot leaders upon returning from a Bomber Task Force (BTF) mission at Minot Air Force Base, North Dakota, March 6, 2024. BTF missions familiarize Airmen with air bases and operations in different Geographic Combatant Command areas of operations.



Team Minot family members await the return of the 23rd Expeditionary Bomb Squadron (23rd EBS) at Minot Air Force Base, North Dakota, March 6, 2024. The 23rd EBS was deployed to Anderson AFB, Guam, as part of a Bomber Task Force mission to enhance the readiness and training necessary to respond to any potential crisis or challenge worldwide.

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BOMBER TASK FORCE 24-3



U.S. Air Force Capt. Patrick Bergh, 23rd Expeditionary Bomb Squadron B-52H Stratofortress pilot packs a bag before his flight in the aircrew flight equipment (AFE) shop at Andersen Air Force Base, March 3, 2024. Aircrew Flight Equipment Airmen issue, fit, repair, maintain and instruct aircrew how to use human-side flight equipment such as parachutes, helmets, oxygen equipment, anti-exposure suits, survival kits, life preservers, rafts and more.



Sunrise begins to shine on the tail of a B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron at Andersen Air Force Base, March 3, 2024. Bomber missions familiarize aircrew with air bases and operations in different geographic areas of operations.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA BANKSTON



U.S. Air Force Lt. Col. Ryan Loucks, commander of the 23rd Expeditionary Bomb Squadron B-52H Stratofortress pilot, wait to board their aircraft at Andersen Air Force Base, March 3, 2024. Bomber missions enable crews to maintain a high state of readiness and proficiency and validate the United States global strike capability.



A group of B-52H Stratofortress maintenance Airmen watch as a B-52H is prepared for flight at Andersen Air Force Base, March 3, 2024. Bomber missions familiarize aircrew with air bases and operations in different geographic areas of operations.

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BOMBER TASK FORCE 24-3



A U.S. Air Force B-52 Stratofortress, attached to the 5th Bomb Wing, and aircraft attached to Carrier Air Wing (CVW) 11, fly in formation over the Nimitz-class aircraft carrier USS Theodore Roosevelt (CVN 71), Feb. 24, 2024. Theodore Roosevelt, flagship of Carrier Strike Group Nine, is underway conducting routine operations in the U.S. 7th Fleet area of operations. U.S. 7th Fleet is the U.S. Navy's largest forward-deployed numbered fleet, and routinely interacts and operates with allies and partners in preserving a free and open Indo-Pacific region.

U.S. NAVY PHOTO | MASS COMMUNICATION SPECIALIST 1ST CLASS THOMAS GOOLEY



A B-52H Stratofortress assigned to the 5th Bomb Wing, Minot Air Force Base, North Dakota, departs after aerial refueling during a routine Bomber Task Force mission over the Pacific Ocean, March 3, 2024. BTF missions are designed to showcase the Pacific Air Force's ability to deter, deny, and dominate any influence or aggression from adversaries.

U.S. AIR FORCE PHOTO | STAFF SGT. JESSI ROTH

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Flosi takes his place as the 20th Chief Master Sergeant of the Air Force

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JOINT BASE ANDREWS, Md. (AFNS) --

Chief Master Sgt. David A. Flosi was formally installed March 8 as the 20th Chief Master Sergeant of the Air Force.

In remarks after the formal "Change of Responsibility" ceremony in which he assumed the job from retiring Chief Master Sgt. of the Air Force JoAnne S. Bass, Flosi emphasized both the opportunity before him and what it means to the Total Force at a time of dramatic change and challenge across the service.

"As I assume this role, I'm aware of the challenges ahead," Flosi said. "We live in a rapidly evolving world, where new threats emerge with alarming frequency, and the demands on our Air Force continue to grow.

"While demanding, I am confident in our ability to rise to the occasion. I am confident because over the course of my career, time and time again, I have witnessed the dedication and professionalism of our Airmen," he said.

Flosi's installation as the highest-ranking enlisted noncommissioned officer in the Air Force completes a total overhaul of senior military leaders for the service. Gen. David Allvin was installed as Air Force chief of staff on Nov. 2 and Gen. Jim Slife officially became Air Force vice chief of staff on Dec. 29.

All three senior leaders, along

with Department of the Air Force Secretary Frank Kendall, will be instrumental in successfully establishing far-reaching plans to "reoptimize" the Air Force to better confront China and other modern-day adversaries.

Allvin stressed that effort in welcoming Flosi during the dignified ceremony, which also included comments from Gen. CQ Brown, Jr., chairman of the Joint Chiefs of Staff and, prior to that, Air Force chief of staff.

"Dynamic, fast-paced environments require agile, determined leadership -- that's exactly what Chief Flosi brings to the fight," Allvin said. "We've got work to do, and I know Chief Flosi is ready to move out on reoptimization to enhance our readiness and mold our one Air Force."

In his remarks, Kendall offered a glowing tribute to Bass and provided clear guidance for what he expects from Flosi.

Bass, he said, "has served over 30 years in the Air Force, and we are an infinitely better organization because of your service. She's been a standout leader at every level.

"Chief Flosi, you're going to have to fill some pretty big shoes. I look forward to working together and to everything you have to offer. I want to welcome you to an incredible team. ... We will need your

experience and your perspective to make sure the needs of our Airmen and their families are always at the forefront of all of our efforts," Kendall said.

Brown echoed Kendall in his praise and admiration for Bass.

"Jo, I'm so glad I hired you. You've been an inspiration for me. We were able to break barriers together," Brown said, referring to their shared histories in which Brown was the first African American to be named Chief of Staff of any branch of the military and Bass's selection as the first woman to serve as a Service senior enlisted advisor in the history of the United States military.

"You've been an inspiration to me. You've been an inspiration to our Air Force; you've been an inspiration to our nation," Brown said.

Flosi steps into the job being vacated by the retiring Bass, who senior leaders said set the standard by which all subsequent Chiefs will be judged.

"Chief Bass's passion for Airmen and their families has defined her time as our 19th Chief Master Sergeant of the Air Force," Allvin said. "Her tireless work on their behalf has propelled our force forward. Even after over 30 years of dedicated service, I have no doubts that she will continue to be an advocate for Airmen and airpower moving forward."

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Chief Master Sergeant of the Air Force David Flosi addresses the audience during the chief master sergeant of the Air Force change of responsibility ceremony at Joint Base Andrews, Md. March 8, 2024. Flosi succeeded Chief Master Sgt. of the Air Force JoAnne Bass as the 20th chief master sergeant of the Air Force.

U.S. AIR FORCE PHOTO | ANDY MORATAYA

In her remarks at the dignified ceremony, Bass highlighted memories and achievements from across her 31-year career. She thanked a list of people who helped her at every point, including her husband Rahn, her parents, and a large group of Air Force colleagues who served as mentors and role models.

She directed special praise to Brown, who selected her to be chief master sergeant of the Air Force when Brown served as chief of staff.

“General Brown, chairman, thank you for hiring me as your wingman and chief. The best words you shared with me were ‘proceed until apprehended.’ And I did just that,” she said.

“I may have gotten apprehended once or twice, maybe three times. In any case, you let me be me and get after the things that matter to our Airmen and their families. It’s been an honor for Rahn and I to serve alongside you and Sharene,” she said.

Flosi’s new job is similar to his previous post but on a larger, more high-profile stage. He arrived at the Pentagon from Air Force Materiel Command at Wright-Patterson Air Force Base, Ohio, where he served as the command chief master sergeant. That role was similar in many respects to the role he now assuming. At AFMC, he is the senior enlisted leader and the primary advisor to the commander on all matters regarding the readiness, training, professional development, and effective utilization of the command’s 89,000 total force Airmen.

Like his predecessors, Flosi pledged to lock arms with Airmen to help them – and the Air Force – thrive and succeed.

“Today, as we stand on the dawn of a new era, we recognize we are

serving at a time of consequence. It is imperative we acknowledge the urgency of the challenges we face,” he said.

Later in his remarks, he added, “Fellow Airmen, my commitment to you and to our Air Force is unwavering. As we navigate the complexities of great power competition and seek to optimize our force, I pledge to be your wingman.”

Prior to his tour at Wright-Patterson AFB, Flosi served as the command chief master sergeant at the Air Force’s Sustainment Center at Tinker AFB, Oklahoma.

Flosi began his Air Force career in 1996 as a nuclear weapons specialist. That focus expanded over the years to include various leadership duties in conventional and nuclear munitions, as well as missile operations, program management and test and contingency operations.

Like Bass and previous CMSAFs, Flosi will be the public face for Air Force personnel to those in all levels of government. He will be a personal adviser to Allvin and other senior leaders, both military and civilian, and will be expected to provide insight on issues regarding the welfare, readiness, morale and proper utilization and progress of the Air Force’s entire cadre of Airmen.

Flosi emerged as the clear choice from a group of the most highly respected, experienced graduated command chief master sergeants from across the Air Force’s global operations, officials said. These leaders were selected based on breadth of experience, recommendations from senior commanders and performance across each candidate’s Air Force career.



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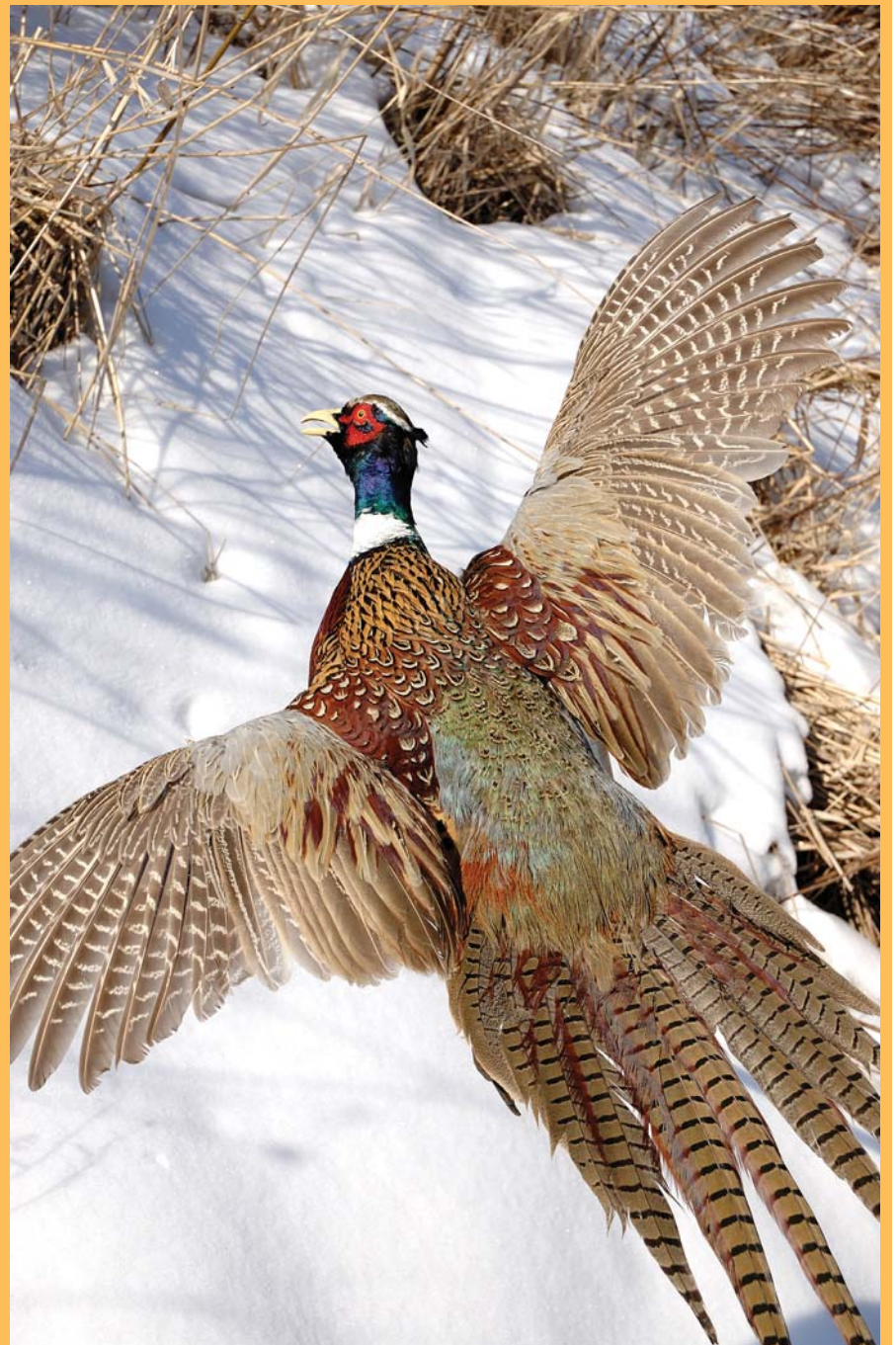
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When life gets busy, it may be tempting to put things, like an oil change, on the back burner. Delaying important preventative maintenance could cost you overall. Without good engine oil, you are putting your car's engine in danger. Putting off an oil change for too long can:

Worsen engine performance: Good engine oil keeps all the parts in an engine lubricated, but as it degrades it becomes more difficult for an engine to run at full capacity. As engine oil ages in service, acids accumulate in the oil. Additive performance and protection may also fade and the oil can thicken in viscosity.

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HOW LONG CAN YOU GO WITHOUT AN OIL CHANGE?

Now that you know how important an oil change is for your vehicle, you may be wondering what's the best way to keep up with maintenance. A lot of this depends on your type of vehicle and how you drive. The best way to stay on top of maintenance intervals is to refer to your vehicle owner manual or the oil life monitor displayed on the driver information center of your dashboard or center console.

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Minot AFB Curlers One of a Kind All Military Curling League

KIM FUNDINGSLAND

That “funny” sport is proving to be great fun for Minot Air Force Base personnel.

“We have a special position as the only recognized military curling league in the United States,” said Wesley Mason, MAFB league coordinator for the Minot Curling Club. “We are kind of unique.”

There is no arguing that, but then curling anywhere could be labeled unique. It’s a sport with an ancient history that remains alive, particularly in areas of the northern U.S. Recent Olympic Games have brought renewed interest in curling too.

Remarkably, the MAFB Curling League boasts 11 teams taking part in weekly competition. Including spouses, who are eligible to play, the number of participants in the league is about 70 with more interest being shown every year.

“I’m quite proud of the program,” remarked Mason. “We try to have 6 to 8 people on a team. You only need four, but they go on alert and have other deployment responsibilities. It’s fun because most of them sign

up for teams with people they work with every day. They can razz each other about it all season long.”

The season semi-finals for the league were held this past Tuesday. Participants were having fun, but their competitiveness was evident too, a transformation from their introduction to the sport.

“First timers come in giggling

about this funny sport, but once they develop a feel for the game they want to win,” said Mason.

The Minot Curling Club is located on the State Fairgrounds. The facility has five sheets of ice for curling, allowing for ten teams to compete at any one time. The MAFB season champion will be crowned March 19.



Curling team members sweep the ice smooth as a rock enters the house.



Members of the “Passing Stones” team pose for a photograph after a successful match on semi-final night of the MAFB Curling League. L to R – Mitchell Kuhn, Michael Clow, Chris Seil, and Ben Lingenfelter. All are members of the 219th SFS NDANG.



A participant in the MAFB Curling League is about to deliver a rock during competition at the Minot Curling Club.

KIM FUNDINGSLAND PHOTOS

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MINOT, ND

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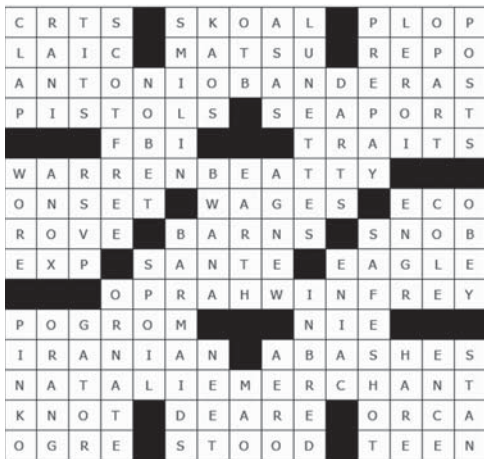
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CROSSWORD SOLUTION

Solution to last week's Crossword puzzle.



SUDOKU

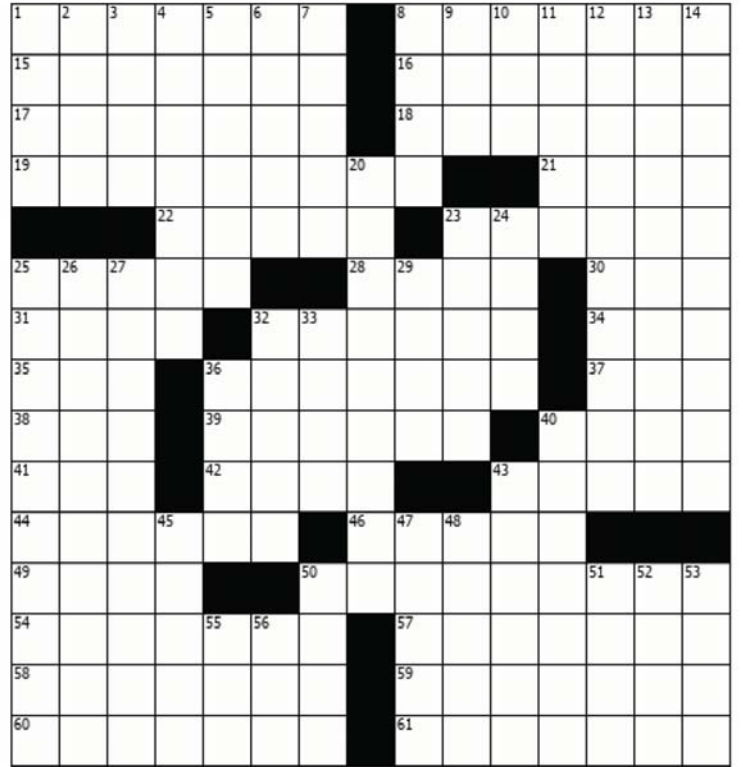
Solution to puzzle on page B9

	1			2				
	3		4	5		6		
	5	7	8			9		
	4					8		7
6								3
5		9						1
		3			1	7	2	
	2		9		7		8	
			6					4

CROSSWORD PUZZLE

Across

- 1. Not the best place to crash
- 8. Japanese fish dish
- 15. "The Red House Mystery" author
- 16. 1979 exile
- 17. Shackled
- 18. Miss one's turn, maybe
- 19. Skull-and-crossbones site
- 21. Cream holder
- 22. Cinema name
- 23. One with a habit
- 25. Fencing move
- 28. Aim
- 30. Pleased sounds
- 31. Touch on
- 32. Complain
- 34. One may be cocked
- 35. Caterer's container
- 36. Pilgrim's activity
- 37. Topsy's playmate
- 38. West side of L.A.?
- 39. Wing-footed
- 40. John or Lennon
- 41. IV monitors
- 42. Clown
- 43. Castle with a lot of steps?
- 44. What sots drink to
- 46. River skipper
- 49. Ltrs. of stress
- 50. Picnic dish
- 54. Mrs. Smith's rival
- 57. Current with the wind
- 58. 1968 hit by the Turtles
- 59. Temporarily unable to play, in baseball lingo
- 60. 1932 Gable film remade as "Mogambo"
- 61. What baffling things make



Down

- 1. Unbiased
- 2. A Turner
- 3. Exude
- 4. JFK, for one
- 5. Darn
- 6. Title character who sang "Doin' What Comes Natur'llly"
- 7. Tempera painting surface
- 8. "What's your __?"
- 9. Citrus cooler
- 10. Convene
- 11. Ends
- 12. "Bye!"
- 13. Acting up, to Fats Waller
- 14. Trucker's route
- 20. With premeditation
- 23. Cut
- 24. Black
- 25. "Mad About You" star
- 26. Film in which De Niro made his directing debut
- 27. Chickens out
- 29. Strolling spot
- 32. Some recitals
- 33. Question
- 36. Elbows
- 40. Inspire
- 43. Detailed windows
- 45. Kenyan grazer
- 47. Prey grabber
- 48. Low-level bid, briefly
- 50. Sugar source
- 51. Security interest
- 52. Mixes in
- 53. Take-out order?
- 55. NFL Hall of Famer Groza
- 56. Places for 41-Across

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MIGRATION
(2023) Animation, Adventure, Comedy (PG)

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 1000 on the 1st and 3rd
 Saturdays of every month

Northern Lights Chapel across from Rockers

Catholic Mass
 Sunday 1000
 Daily Monday-Thursday at 1200

St. Peter The Aleut Eastern Orthodox Church



**109 6th St. SE
 Minot • 838-3094**

Saturday, March 16
 5PM, Great Vespers

Sunday, March 17
 10AM Holy Liturgy

V. Rev. Fr. Paul Hodge



Vincent United Methodist Church

1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center
Come As You Are!

Sunday School 9:00 a.m.
 Sunday Worship Service 10:00 a.m.
 Fellowship..... 11:00 a.m.

Pastor Mark Ehrmantraut
www.vincentumc.com



Break Forth Bible Church

Wednesdays 7:00pm
 and Sundays 10:30am

1821 W Burdick Expressway
 For More Information:
 701.838.2665 | www.bfbc.tv



Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Ken Mund
 701-838-1540

Sunday School (All Ages): 9:45 a.m.
 Sunday Coffee Fellowship: 10:30 a.m.
 Worship Services: Sunday 11 a.m.



Trinity Church

An Evangelical Free Church
 3500 4th St. SW • 839-5127
 (Just North of Super Wal-Mart)

Sunday School & Fellowship 9:00 a.m.
 Worship 10:30 a.m.

www.trinitychurchminot.org



Bible Fellowship Church

Worship Service
 10:45am Sundays

Sunday School
 9:45am



GriefShare

Grief Support Group meets Mondays at 7:00pm starting January 29.

Contact Duane Deckert:
 701-838-0916 or
biblefellowship@srt.com
www.griefshare.org

1720 4th Ave NW, Minot
 838-0916
MinotBibleFellowship.org

Immanuel Baptist Church

1615 2nd St. SE • www.ibcminot.org
 701-839-3694



SUNDAYS: 9:00 AM FELLOWSHIP
 9:15 AM SUNDAY SCHOOL
 10:30 AM WORSHIP


WEDNESDAYS: 11:30 AM SOUP KITCHEN
 5:30 PM FAMILY SUPPER
 6:30 PM PRE-K/KIDS' CLUB / ABY & ADULT BIBLE STUDY



Christ Reformed Church

Worship 11:00 a.m. Sunday
 234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church



2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
 Tuesday 5:15 p.m.
 Wednesday - Friday 7:00 a.m.
 Saturday 5:00 p.m.
 Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
 Parish website: www.stjohnminot.com



First Lutheran Church - ELCA

120 5th Ave. NW
 852-4853

Sunday Worship
 9:30 am

www.firstlutheran.tv
 (Live Stream & Recorded)
 Radio Broadcast KRRZ 1390AM
 Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman

To Advertise your Church on this page,
Call 839-0946

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Journey Church

1805 2nd St. SE
838-1111

Sunday Services
 9:00 AM & 11:00 AM

Wednesday
 6:30 PM

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
 Morning Worship 11:00 a.m.
 Evening Worship 6:00 p.m.
 Wednesday Evening..... 7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
 Pastor David Miller



Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
 Sunday Worship 11 a.m. & 5:30 p.m.
 Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcbbc.org
 email: minotcbbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873



West Minot Church of God


Family Worship Center
1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
 Sunday Worship 10:30 a.m.
 Children's Church & Nursery
 Wednesday Family Training Hour
 Meal..... 5:30p.m.
 Classes for All Ages 6:30 p.m.
 Youth Center, Friday..... 7:00 - 11:00 p.m.
 ABC Child Care Center..... 852-6352

westminot.com
facebook.com/westminot

St. Mark's Lutheran Church

Missouri Synod



Sunday Divine Service
 9:30 AM

Adult Bible Study and Sunday School
 11:00 AM

Wednesdays Kid Connection
 5:15 PM

Reverend Philip Beyersdorf
 2209 4th Avenue NW, Minot, ND
839-4663
www.minotstmarks.com
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First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service..... 8:30 a.m.
 Sunday School (All Ages)..... 9:45 a.m.
 Contemporary Worship Service..... 9:50 a.m.
 Adult Sunday School 11:00 a.m.
 Contemporary Worship Service..... 11:05 a.m.
 Children's Church 11:05 am.
 Wed. AWANA (Sept. to May) 6:30 p.m.
 Fridays, Celebrate Recovery..... 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
 Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
 Sunday Worship 3:30 p.m.
 Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor



Grace Baptist Church of Minot

A Reformed Baptist Church

Sunday Service: 4:00 p.m.
 at Living Word Lutheran bldg
 710 46th Ave NE, Minot

Web: gbcminot.com
E-mail: gbcminot@gmail.com

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 KFLK 95.9 LPFM 8:30 a.m./p.m. Sat/Sun



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www.oslcminot.com

Rev. Heath Trampe
Rev. Brian Doel

Sunday Worship
 8:15am Traditional Service
 9:30am Contemporary Service
 9:30am Sunday School & Adult Bible Study
 11:00am Contemporary (w/ livestream)

Wednesdays from 6-7pm
 Adult Choir
 OSKids (age 4-5th grade)
 Confirmation (grades 6-8)
 High School Youth Group (6-8pm)
 Lent Worship Service (7pm)



OUR REDEEMER'S CHURCH

A Church of the Lutheran Brethren

Sundays:
 Worship..... 9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org



ORCS Knights



Our Redeemer's Christian School
 700 16th Avenue SE
 Minot, ND 58701
info@orcsknights.org • 701-839-0772
www.orcsknights.org

ORCS Preschool

Our Redeemer's Christian School's Preschool Program will be starting its 37th year the fall of 2024 and we would love to have your child be a part of it!

HIGHLIGHTS OF OUR PROGRAM

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- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
 Email: jschultz@orcsknights.org
 Website: www.orcsknights.org




Gospel Tabernacle Community Church

9999 27th St NE
 4 miles south of MAFB
James W. Henderson
Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
 Adult/Children Worship.. 11 a.m.
 Family Hour 6:30 p.m.
 Evening Worship 7:30 p.m.
 Bible Study/Child-Adult
 Children Worship (Wed).... 7 p.m.
 Prayer (Friday) 7 P.m.

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NOTES ON BEING SAFE

What is Lockout/Tagout?



SSGT JOE VERGARA
5TH BOMB WING
NCOIC OCCUPATIONAL SAFETY



Have you ever been to a job site, or even a local business when you hear someone call out “Hey Joe, be sure to lock and tag out that piece of equipment?” or “You better de-energize that system before you work on it!”

This common practice is known throughout the industrial and non-industrial world as Lockout/Tagout, better known as LOTO. So what is LOTO?

Lockout-Tagout is a safety procedure which is used in industry and research settings to ensure that dangerous machines are properly shut off and not started up again prior to the completion of maintenance or servicing work. It requires that hazardous power sources be “isolated and rendered inoperative” before any repair procedure is started. “Lock and tag” works in conjunction with a lock usually locking the device or the power source with the hasp, and placing it in such a position that no hazardous power sources can be turned on. The procedure requires that a tag be affixed to the locked device indicating that it should not be turned on.

Modern machinery can contain many hazards to workers, from things like electrical, mechanical, pneumatic or hydraulic sources. For example a typical industrial machine may contain things like hot fluids, moving presses, blades, propellers, electrical heaters, conveyor belts with pinch points, moving chains, ultraviolet light, etc. Disconnecting or making safe the equipment involves the removal of all energy sources and is known as isolation. The steps necessary to isolate equipment are often documented in an Isolation Procedure or a Lockout Tagout Procedure. The isolation procedure generally includes the following tasks:

1. Identify the energy source(s)
2. Isolate the energy source(s)
3. Lock and/or Tag the energy source(s)
4. Prove that the equipment isolation is effective

Modern safety manufacturers provide a range of isolation devices specifically designed to fit various switches, valves and effectors. For example most modern circuit-breakers have a provision to have a small padlock attached to prevent their activation. For other devices such as ball or gate valves, plastic pieces which either fit against the pipe and prevent movement, or clam-shell style objects, which

completely surround the valve and prevent its manipulation are used. A common feature of these devices is their bright color, usually red to increase visibility and allow workers to readily see if a device is isolated. Also, the devices are usually of such a design and construction to prevent it being removed with any moderate force. That is to say that an isolation device does not have to stand up to a chainsaw, but if an operator forcibly removes it, it will be immediately visible that it has been tampered with.

With all this information, you are probably asking yourself “How does this program apply to me?” Employees can be seriously or fatally injured if machinery they service or maintain unexpectedly energizes, starts up, or releases stored energy. OSHA’s standard on the Control of Hazardous Energy (LOTO), can be located in Title 29 of the Code of Federal Regulations (CFR) Part 1910.147. This regulation spells out the steps all employers must take to prevent accidents associated with hazardous energy. The

standard addresses practices and procedures necessary to disable machinery and prevent the release of potentially hazardous energy while maintenance or servicing activities are performed. With this being said you may ask yourself “if I unplug a radio or microwave oven after use, do I need LOTO?” No you do not. Exposure to hazardous energy is controlled completely by unplugging the equipment from an electric outlet and where the employee doing the service or maintenance has exclusive control of the plug. This applies only if electricity is the only form of hazardous energy to which employees may be exposed. This exception encompasses many portable hand tools and some cord and plug connected machinery and equipment.

In closing, when dealing with LOTO and you are not sure, do not hesitate to ask for assistance. The shop supervisor, the person doing the actual work, or the Wing Safety office can provide more extensive detail concerning LOTO in your work center.

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NCUA LENDER

Air Force School Liaisons

The Department of the Air Force School Liaisons (SLs) are the central point of contact for commanders, military families, and school districts in all Kindergarten through 12th grade school matters. Speaking the dual language of military to educators and education to the military; they are considered the K-12 education office in the local community and state. They advocate for military-connected students at the local, state, and national level. Differences in local demographics, installation mission, community characteristics, and education policy significantly impact students and families as they move. SLs can help smooth transitions between schools. SLs serve DoD Total Force members, DoD civilians, retirees, Guard/Reserve, and eligible family members to include NOAA, USPHS, foreign



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-11
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



national employees and contractors assigned. Services of the SL office include: local school navigation, scholarship and grant resources, community and education partnerships, deployment support, transition support, college/career/military readiness, professional development, homeschool support, and parent workshops. If you are new to the Minot area or soon

to PCS and need support with your child's education contact the MAFB-SL, Joy-Nicole Smith, at 701-723-1447 or mafb.school.liaison@us.af.mil. For further information on the DAF Child & Youth Education Services- School Liaison Program visit <https://www.dafchildandyouth.com/school-liaison-program>

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AMUR TIGER

CREATURE FEATURES

- Once known as Siberian Tigers, Amur Tigers are the largest member of the cat family.
- Tigers are the only large wild cats with stripes. These stripes are camouflage that aid them while hunting. The stripe patterns of a tiger are *not* symmetrical from one side of the animal to the other. Their stripes are like our fingerprints.
- Amur Tigers have "built-in" ways to conquer the cold. They have a layer of fat on their flanks and belly, that helps protect them from the elements. Their thick, long coats also help keep them warm. And like most tigers, Amur Tigers have a ruff of fur around their neck and extra fur on the paws to protect them from the cold snow like built-in "snow boots."

Fact File

Life Span	10 - 15 years
Weight	400 - 675 pounds
Head and Body Length	5 - 9 feet
Tail Length	2 - 3 feet
Tail Length	3.5 feet
Top Speed	40 mph
Wild Diet	Omnivore Carnivore Herbivore Deer, Pigs, Water Buffalo, Antelope

Color by numbers

1 2 3


Upcoming Event
CANVAS AND CORKS
MARCH 21

MILITARY DISCOUNT
\$5.00 off an Annual Family Pass

HOURS: OPEN DAILY 10AM-3PM


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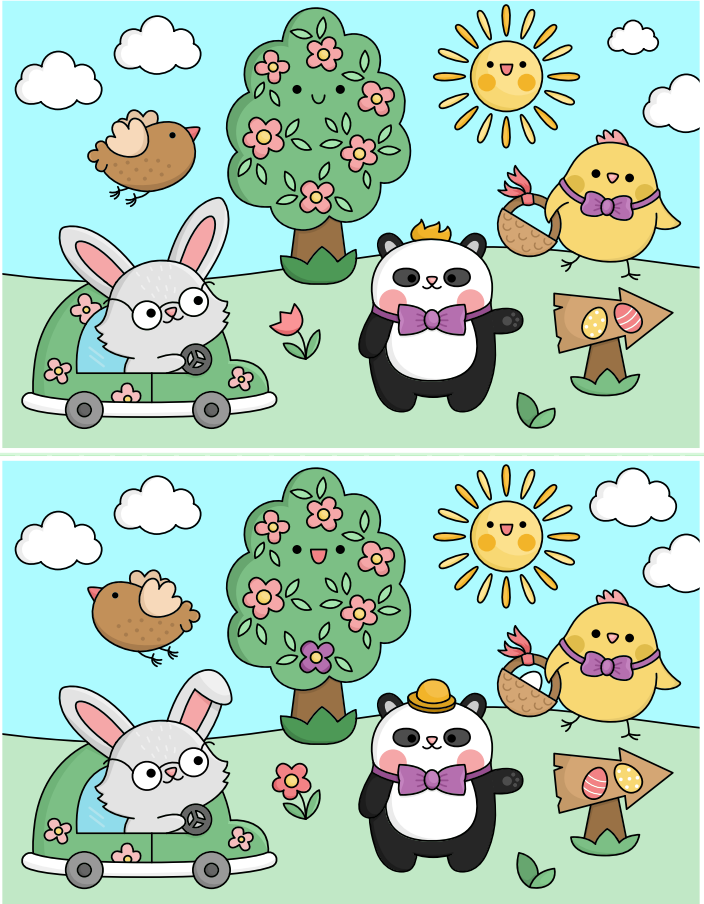


JOKE OF THE WEEK
Q: What kind of jewelry does the Easter Bunny wear?
A: 14 Carrot Gold


Do you have a funny joke you would like to see in our Kids Zone? Submit to our website or email nsads@srt.com



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Upcoming Events

15 MAR **40TH ANNUAL PHEASANTS FOR THE FUTURE BANQUET**
9:00 AM - 12:00 NOON
 All Seasons Arena, ND State Fair Center

Doors open at 4:30 pm. • Raffles 4:30-7:00 pm.
 Food served at 7:00 pm. • Main auction starts at 8:00 pm.
 Age 12 and under are free!
 Lots of raffles as well as silent and live auction items. Breeze through the line when you pre-purchase your tickets online or from one of our members.
<http://www.ptff.org/membershipbanquet-tickets.html>
 50 Gun Raffle Tickets are on sale now for \$20 each.
 Contact one of our members to get yours!



40TH ANNUAL PFTF BANQUET
 FRIDAY, MARCH 15, 2024
 4:30-10:00 PM

ALL SEASONS ARENA, MINOT, ND

NUMEROUS RAFFLES AS WELL AS SILENT AND LIVE AUCTION ITEMS. AGE 12 AND UNDER FREE.

Purchase tickets at ptff.org

For more information:
www.ptff.org

21 MAR **37TH ANNUAL PRAIRIE WARRIOR AUCTION**
5:30 PM - 10:00 PM
 The Grand Hotel
 1505 North Broadway ND

You're cordially invited to the 37th Annual Prairie Warrior Auction! This exciting evening will be held on Thursday, March 21 at The Grand Hotel in Minot. Get ready for a night of food, fun, and bidding! Doors Open at 5:30 PM, Buffet begins at 6:00 PM, Live Auction begins at 7:00 PM, Silent Auction items close at 7:00, 7:30, and 8:00 PM. This event is open to the public and features a live and silent auction, buffet, drinks, and more — all to support the squadrons of Team Minot and boost morale on Minot Air Force Base. Don't forget to reserve your spot on our website.



37TH ANNUAL PRAIRIE WARRIOR AUCTION
 21 MARCH • 5:30PM • GRAND HOTEL

PRESENTED BY
 Verendrye Electric Cooperative
 MINOT AREA CHAMBER EDC

For more information:
 Facebook / Minot Area Chamber EDC / Events

23 MAR **EASTER EGGSTRAVAGANZA**
10:00 AM - 12:00 NOON
 Corbett Field
 1124 E Burdick Expy

The Minot Hot Tots and Minot Honeybees COLLIDE for their first shared event, The Easter EGGstravaganza Powered by Jerome's Collision Center. This event is completely FREE to the public and will be a great way to HOP into the spring and Easter season. The event will feature fun activities like pictures with the Easter Bunny and Tate R. Tot, a coloring station, inflatables, and of course a HUGE Easter Egg hunt for kids ages 1-9 with prizes like candy, quarters, and gift cards to your kid's favorite places and activities. YOU MUST RSVP TO ATTEND THIS EVENT AND TO PARTICIPATE IN THE EASTER EGG HUNT! RSVP on the Hot Tots website, ONLY 250 SPOTS AVAILABLE! Easter EGGstravaganza Powered By Jerome's Collision



EASTER EGGSTRAVAGANZA
 Saturday, March 23
 10 AM - 12 PM
 CORBETT FIELD

Presented by Jerome's Collision Center

Activities: Bounce Houses, Easter Egg Hunt, Photo with the Easter Bunny, Free Event

For more information:
<https://northwoodsleague.com/minot-hot-tots/easter-egghunt/>

01 APR **ADAPTIVE DANCE CAMP**
4:15 PM - 5:00 PM
 Minot Family YMCA
 3515 16th St SW, Minot

Get ready to groove and move at the Adaptive Dance Camp, where we'll be busting out all the moves and having a blast together Adaptive Dance Camp. Join us for a fun-filled month of dancing at the Adaptive Dance Camp. This in-person event is perfect for children with special needs who have a passion for dance. Starting on Mon Apr 01, 2024, we will gather at the Minot Family YMCA to groove to the rhythm every Monday in April. At the Adaptive Dance Camp, we believe that everyone deserves the chance to express themselves through dance. Our experienced instructor, Miss Chancee, will guide participants through various dance styles with a true performance to finish off the camp. Whether you're a beginner or have previous dance experience, our camp offers a supportive and inclusive environment.



Adaptive Dance Camp
 Mondays in April
 4:15 - 5 pm at the YMCA
 Ages 5 - 15 | \$10

For more information:
 Facebook / Prairie Grit Adaptive Sports / Events

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northern Sentry.com/calendar/

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Public Invited to Easter Egg Hunt at Chimney Park State Historic Site, Medora

THE STATE HISTORICAL SOCIETY OF NORTH DAKOTA

Medora, N.D. – The public is invited to the 82nd annual Harry Roberts Memorial Easter Egg Hunt on Saturday, March 30, 1 p.m. MT, at Chimney Park in Medora. This free event is for children ages 12 and under. Thousands of eggs will be hidden within Chimney Park. Children should bring their own collection basket or bag and must be accompanied by an adult. This event is free.

Harry Roberts, the first site supervisor at the Chateau de Morès State Historic Site, started this annual Easter egg hunt in 1941. The event is sponsored by the Chateau de Morès State Historic Site, Medora Chamber of Commerce, and Friends of the Chateau de Morès.

In case of inclement weather, the hunt will be rescheduled to Saturday, April 6. Schedule changes will be posted on Facebook facebook.com/ChateauDeMores.



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INGREDIENTS
4 (4 OZ EACH) SALMON, SKIN-ON, PIN BONES REMOVED
2 TABLESPOON OLIVE OIL
KOSHER SALT AND FRESHLY GROUND BLACK PEPPER
2/3 BUNCH ASPARAGUS, BOTTOM THIRDS OF STALKS REMOVED AND SLICED INTO 1 INCH PIECES ON THE BIAS
2/3 POUND SUGAR SNAP PEAS, ENDS TRIMMED AND SLICED INTO 1/2 INCH PIECES ON THE BIAS
6 2/3 OUNCE CHERRY TOMATOES, RINSED AND HALVED
1 1/3 LEMONS, HALVED
1/3 CUP FRESH PESTO
2/3 LEMON, ZESTED
FRESH BASIL LEAVES, FOR GARNISH

When ready to cook, set Traeger temperature to 500°F and preheat, lid closed for 15 minutes. Place a piece of parchment paper on a large baking sheet or in a roasting pan. Rinse the salmon and pat dry. Brush all sides of the salmon with olive oil, and sprinkle generously with salt and black pepper on all sides. Place the salmon pieces skin-side up on the sheet tray leaving 2 inches between each piece. Place the asparagus, snap peas, and cherry tomatoes in a bowl. Gently mix the vegetables with the remaining tablespoon of olive oil, 1/2 teaspoon salt and a fresh grinding of pepper. Scatter the vegetables evenly onto the sheet pan. Place the sheet pan on the grill. In addition, place the lemons cut-side down directly on the grill grate towards the front of the grill. Close the lid and cook for 5 minutes. After 5 minutes, remove the lemons from the grill and stir the vegetables. Close the lid and cook for 5 more minutes, or until the fish reaches an internal temperature of 140°F and can be flaked with a fork. Remove the sheet pan from the grill. Place the fish and vegetables on a serving platter and drizzle with the pesto. Squeeze the grilled lemon over the top of the fish and vegetables. Sprinkle the lemon zest over the fish and add a few basil leaves for garnish. Serve immediately. Enjoy!

Ryan Davy - GM
Minot
www.HofE.com/BBQHQ



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, March 11: 1,835.1 feet above mean sea level (MSL); 16,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.15 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.17 MSL.

•N.D. Game & Fish Dept. game wardens: East end of Lake Sakakawea slow for walleye. Devils Lake generally slow with better walleye activity around Fort Totten Bay.

•Devils Lake, Ed's Bait Shop, Devils Lake: No new reports.

•Devils Lake, Woodland Resort, Devils Lake: Anglers marking perch but it's a finicky bite. Fair walleye activity in the morning and late afternoon. Walk-on access recommended, especially around any of the bridges.

•Lake Darling, Karma C-Store, Ruthville: Some walleye activity around Grano on Lake Darling. No Lake Audubon reports.

•Lake Darling, Upper Souris Nat'l. Wildlife Refuge, Foxholm: No new reports with ice starting to deteriorate.

•Lake Metigoshe, Four Seasons, Bottineau: Not many bluegill reports but continued pike success with occasional nice-sized walleye.

•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Use caution when venturing on the ice with deteriorating conditions.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

•Ice conditions are never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Light goose season now open. Go to the Game & Fish Dept. website, (gf.nd.gov) for regulations and licensing information.

•Weekly Sunday Winter Walks every Sunday in March, 2 p.m., Lewis & Clark State Park east of Williston.

•March 15 & 16 St. Patty's Pickleball Tournament, Minot.

•March 15: Deadline for removing permanent fish houses off lakes.

•March 15: Darkhouse pike spearing season closes.

•March 15: Pheasants for the Future banquet, All Seasons Arena, N.D. State Fairgrounds. Doors open at 4:30 p.m.

•March 16: Souris Valley Pheasants Forever monthly meeting, Homesteaders Restaurant, 8 p.m.

•March 16: Leprechaun Leap Hike, Lewis & Clark State Park east of Williston, 10 a.m.

•March 17: Leprechaun Geocache, Fort Stevenson State Park, Garrison, beginning at 8 a.m.

•March 23: Ducks Unlimited Beef Banquet, Ag & Youth Expo Center, Watford City, 5 p.m.

•March 23 & 24: Minot Rifle & Pistol Club Spring Gun Show.

Anglers walking out are finding fair pike success with occasional walleye on the east end of Lake Sakakawea.

•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: OK walleye success in the evening and dark hours on the east end of Lake Audubon. Look for some pike activity in Steinke, Centennial, and Douglas bays on the east end of Lake Sakakawea.

•Lake Sakakawea, New Town: Walk-on access recommended onto the Van Hook Arm with occasional walleye success.

•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace generally slow with occasional walleye from boats and the wing walls. Look for more activity with

warmer weather.

•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Walking access recommended as ice starts honeycombing with warm weather. Best walk-on walleye activity is around White Earth Bay on the upper end of Lake Sakakawea.

•Lonetree WMA area lakes, Harvey: No new reports.

•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No activity on area lakes and the Souris River.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•Report All Poachers: (701) 328-9921.

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By email or phone at mmackey@kalixnd.org 701-852-1014

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

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PUZZLE ON PAGE B3

4	1	6	3	9	2	5	7	8
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5	7	9	2	8	3	4	1	6
8	6	3	5	4	1	7	2	9
1	2	4	9	3	7	6	8	5
7	9	5	6	2	8	3	4	1

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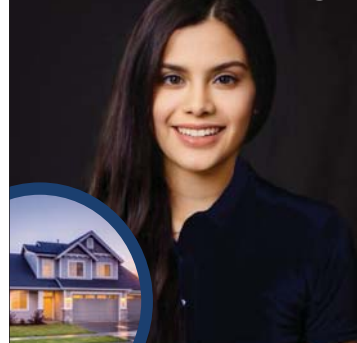


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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY

Embry-Riddle Aeronautical University is the world's pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor's, and master's degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 8 Jan-10 Mar. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY

Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor's degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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★ Hotel ★ Revel Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot's Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot's Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

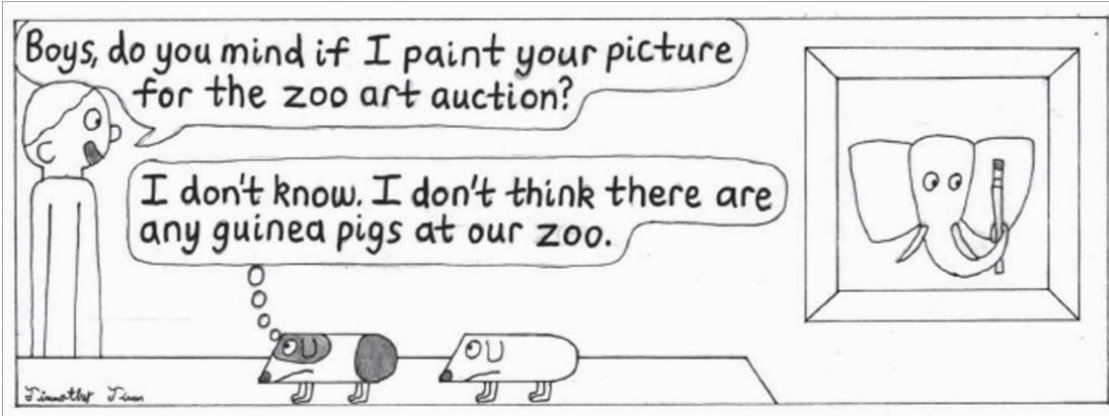
For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMOTHY TIMM



VOLUNTEER OPPORTUNITIES

Prairie Warrior Auction Volunteers

March 20 & 21
CALLING ALL VOLUNTEERS!! The Prairie Warrior Auction, 21 March 2024, is looking for a handful of volunteers to help make this year's event run as smooth as possible! From set up the day before to tear down the day of, we need YOU!! See the list below of what we need and SIGN UP NOW!!

Wed. 20 March

- Transporting auction items from Minot Chamber to the ND State Fairgrounds Magic Place, 5 volunteers
- Staging auction items at auction location, 4 volunteers

Thurs. 21 March

- Check-in/Reception, 2 volunteers
- Online auction assistance, 1 volunteer
- Auction items "walk-arounds", 3 volunteers
- Silent auction table monitors, 4 volunteers
- Check-out runners, 3 volunteers

POC: PWA Volunteer Coordinator,
 Susan Wagers at susan.wagers@us.af.mil
 701-723-6718/701-720-7203

Month of the Military Child (MOMC) Working Group

The Month of the Military Child (MOMC) is in April and approaching. The School Liaison Office is forming a MOMC Working Group to support efforts in North Dakota, Minot, and Minot AFB. If interested in joining, please send an email to mafbschool.liaison@us.af.mil.

POC: Joy-Nicole Smith, GS-11, MAT, DAF
 School Liaison Program Manager

Holocaust Days of Remembrance Volunteers

I am looking for a handful of volunteers to help plan for the Holocaust Days of Remembrance (5-12 May).

This observance honors the victims of atrocities carried out by Nazi Germany a between 1933 and 1945 and their liberators.

If you are interested in being a part of this committee, please let me know.

POC: CHRISTINE A. CHERRY, TSGT, USAF (she, her, hers)
 Director, 5 BW Diversity, Equity, Inclusion & Accessibility
 723-7288

Junior Achievement (JA) Program Volunteers

Volunteers are needed to help get the message of the free enterprise system out to young people in our community. The Junior Achievement (JA) program has been facilitated through the Minot Area Chamber EDC since 1997. The program is designed to help students become work ready, financially literate and to provide hands-on activities from an outside resource. Businesspeople like you come into the classroom once a week for five weeks for up to an hour each week. The commitment also includes preparation time. The lesson plans are provided by JA with a kit of age-appropriate material designed to make the experience an easy one for us non teachers.

POC: Carla Dolan, Vice President, Minot Area Chamber EDC
 701-857-8205, carla@minotchamberedc.com

Meals on Wheels Volunteers

On behalf of the Hispanic Allies organization, we'd like to offer a volunteer opportunity to help our community. We're working with "Meals on Wheels" to help feed elderly members in our community. If you're interested in volunteering, please let us know. The Meals on Wheels delivery is every Tuesday & Friday. Volunteers can show up at the venue from 1045 to 11am. The route is simple, and it takes 45 min to 1hr, 2 members preferred. No supplies required. The address is 21 1st Ave SE B, Minot, ND 58701 at the Minot Commission On Aging. Please sign up using the following hyperlink: <https://volunteersignup.org/4E7QM>

POC: SrA Brian Bermúdez, brian.o.bermudezcartagena.mil@health.mil
 or 723-5184.

Volunteer Coaches

Minot AFB Youth sports is looking for volunteer coaches for the upcoming T-Ball, Softball, and Baseball season. Coaching needs must be met by 1 April to ensure that the season can continue as scheduled. The season will run from 29 April – 14 June 2024. Coaching needs are as follows:

- Ages 3–4-year-old T-Ball: 12 coaches needed. Practice schedule: Mondays from 1700-1730 at the fields behind the Youth Center

- Ages 5–6-year-old T-Ball: 12 coaches needed. Practice schedule: Mondays & Wednesdays from either 1730-1830 at the fields behind the Youth Center

- Ages 7–8-year-old T-Ball/coach pitch: 10 coaches needed. Practice schedule: Tuesdays & Thursdays from 1730-1830 at the fields behind the Youth Center

- Ages 9–12-year-old Baseball/Softball: 12 coaches needed. Practice schedule: Tuesdays & Thursdays from 1730-1830 at the fields behind the Youth Center

All coaches must complete a volunteer packet with the youth center as well as complete fingerprinting & background checks, regardless of military status or previous background checks completed outside of Child and Youth Programs. Coaches will also be required to complete online training (provided by youth sports) and attend coaches training prior to the season start.

POC: All interested applicants please contact April Lawrence at youth sports either via email to april.lawrence.2@us.af.mil or by calling the youth center at 701-723-2838.

AADD Volunteers

AADD is seeking volunteers to support various event requests.

*Here is a link to our regular schedule for weekends, if interested, please disseminate to your members. REGULAR 2024 WEEKLY SCHEDULE-
<https://volunteersignup.org/FHLLR>

POC: SSgt Kristal A. Cruz Leon
 723-4633 kristal.cruz_leon@us.af.mil

Magic City Civil Air Patrol Composite Squadron

The Magic City Civil Air Patrol Composite Squadron meets every Thursday at AvFlight, 1830-2030. Civil Air Patrol is the official, congressionally chartered US Air Force Auxiliary open to all adults and children 12+. Its all-volunteer members serve in a multitude of roles in support of CAP's three primary missions:

1. Cadet Programs
2. Aerospace Education
3. Emergency Services.

Adult opportunities include working as part of an Aircrew, sUAS operator, Aerospace and STEM instruction, and many other opportunities! The youth Cadet Program provides an opportunity to learn military structure while learning about Aerospace, Leadership, Flight, Cyber Systems, Outdoor Survival and much more! Whether you are looking to bring your skills to a new venue, expand your experience, or learn something new, there's certainly a role for you! No prior experience or military affiliation is necessary. For more information about Civil Air Patrol, visit <https://www.govcivilairpatrol.com> or contact the POC below. Meeting location: AvFlight, Minot Airport, 2400 N. Broadway Suite E, 1830-2030 every Thursday
POC: 1st Lt Jon McLeMores, CAP, Jonathan.mclmore@ndcap.us
 701-720-6410 | <https://nd021.cap.gov>

Caring Edge Hospice Volunteers

Caring Edge Hospice is looking for volunteers to assist with a wide-range of support. It's an honor to be part of our patients' and their families' journeys. Making connections with our amazing hospice team is just one of the many personal and professional rewards you will experience through the gift of volunteering. Our team and our community would like to offer that gift to the Airmen at Minot Air Force Base.

POC: Shelby Stuckey, Volunteer Coordinator
 (888) 223-4287
shelby.stuckey@caringedge.com

To have your volunteer opportunity posted, please contact
Military & Family Readiness Center (M&FRC) at: 5fss.family.support@us.af.mil

WINTERY PHOTO CONTEST WINNERS!



Cover photo winner, Ming Ni's spouse Cheng Bi, accepted the award of a Family Pass to Bottineau Winter Park! Their family's winning photo, which displayed the adorable smiling face of Samantha Oki Ni taken on base in early December 2023, across the street from BX parking lot. Her Dad, Ming, had one of the first photos submitted and we couldn't stop smiling when we looked at this photo. Ming said, "My favorite part [of winter] is the sunny day after a winter storm, which makes the place like a wonderland. This picture was taken after receiving heavy snowfalls."



The Grand Prize winner, who would also win the coveted Family 5 Pack to Bottineau Winter Park including lift tickets and equipment rentals, was chosen at random from the pool of entries and awarded to Emily Marsh! Emily and her family (pictured) were very excited to win. She said her favorite part of Minot in the winter is "...it brings an opportunity for connection and adventure for me and my family. Winter forces us to find ways to connect indoors, find ways to explore outdoors, and we've made some really beautiful memories sledding, playing hockey, sipping hot cocoa and snuggling up for a movie, and even shoveling..... how the pace of life is just a little bit slower here."

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FLING INTO SPRING - WITH POLLINATORS???

Patricia Stockdill

While it's not quite yet official because we haven't hit the March 19 Spring Equinox, it's here. Spring is here.

We know it's here because the sun is higher in the sky, daylight hours are lengthening, and someone deemed Daylight Savings Time should take place in March a week before St. Patrick's Day.

The wonderful season of Spring tends to bring optimism to North Dakotans, even with its mud and the coming of wood ticks.

That's because we North Dakotans tend to be eternal optimists.

Perhaps it's out of necessity as we deal with our ever-changing weather and the weird things it brings.

That's why farmers plant crops, gardeners garden, and wildlife enthusiasts treasure their first glimpse of a bluebird, purple martin, or mallard.

We're optimistic spring really is here.

But, good heavens, the way the winter of 2023-2024 we could be forgiven if it felt like as if spring arrived as soon as snow melted after that darned October 2023 storm.

OK, we had a midwinter cold spell when Mother Nature proved to us that she, once again, doesn't want folks to forget she can make it minus 20 or minus degrees pretty much at her will.

She's very good at reminding us not to get complacent and, above all, to appreciate those beautiful days she gives us. Otherwise, lest we forget, she'll toss in another reminder with some really icky weather.

But we're nearly halfway towards April and we need to keep that reminder in our memory bank – Mother Nature can still slam us with spring storms to rise up and bite North Dakota once again.

In the meantime, wildlife lovers can focus on spring and summer, planning and plotting what could be done to make life better for the critters we love and cherish and ways to get out and explore the awakening of spring and the new life it brings.

Speaking of spring and planning for planting, even little things such as adding planters of flowers or even vegetable provides a boost for critters, especially pollinating insects.

The role pollinating insects, including native bees, play in the human food chain is pretty amazing.

The number and types of food humans consume that are dependent on pollination is much greater than one would envision – just consider that bee pollination prevents misshapen fruit in raspberries and strawberries – better, more tasty, and healthier to eat and enjoy.

It's not too difficult to provide shelter for some native pollinators simply by leaving a little garden or vegetation litter when spring yard cleaning.

Even leaving vegetation in container gardens in the fall could over-winter some pollinators.

Also, native bees just might adopt a shelter if one is available.

Native bees don't sting.

They're also pretty solitary

And they pollinate a large percentage of the food people consume.

Simply go to North Dakota State University Extension Service's website link, (www.ndsu.edu/agriculture/extension/extension-topics/gardening-and-horticulture/pollinators) for an array of information.

The thing about the NDSU site it's tailored to North Dakota's climate and environment. What grows elsewhere may or may not work well in Northern Great Plains soils and weather. Heck, even that varies greatly within the state.

With a little creativity, those hints, tips, and informational tidbits could be downsized to fit one's available space.

As much as anything it's a great way to engage children, especially in a downsized garden or container space they could call their own.

Getting ideas, planning, and plotting for a pollinator-friendly landscape is a great way to reinforce the fact that, yes, North Dakotans are eternal optimists.

And it's spring.

Well, it will officially be spring. Soon.

Just think of spring like this quote by Lewis Grizzard in "Kathy Sue Loudermilk, I Love You" - "Springtime is the land awakening. The March winds are the morning yawn."

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WHAT'S GOING ON MINOT AFB

FRIDAY 15

- March Fitness Challenge, McAdoo Fitness Center
- First Duty Station Officer Financial Course, 0900-1100, M&FRC
- Minot AFB Education Fair, 1100-1300, Base Exchange, hosted by Education Center
- Cycle & Core, 1115, McAdoo Fitness Center
- Group Immersion, 1300-1500, M&FRC
- Food Advisory Council, 1400, Jimmy Doolittle Center
- Bistro Family Night, 1700-1900, Bomber Bistro
- Zumba Strong Nation, 1730, McAdoo Fitness Center
- Luck O' the Irish Skate Night, 1800-2000, McAdoo Fitness Center
- Friday Night Mixed League, 1800, Rough Rider Bowling Center

WEDNESDAY 20

- TAP (DoL) Overview, 0800-1600, M&FRC
- Junior Enlisted Foundations Course (Amn PES), 0800-1600, Professional Development Center
- Yellow Belt Process Improvement Foundations Training, 0800-1500, Atomic Spark, hosted by Manpower
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Strength & Tone, 1000, McAdoo Fitness Center
- Storytime, 1030, Minot AFB Library
- Macramé Feather Wall Hanging, 1730-1930, Arts & Crafts Center

SATURDAY 16

- Winter STEAM Challenges, 1000, Minot AFB Library Facebook Page
- Zumba, 1100, McAdoo Fitness Center
- R4R Free Bowling, 1400-1800, Rough Rider Bowling Center
- Crazy for Grazing, 1730, Rockers Bar & Grill, hosted by Arts & Crafts
- Saturday Cinema, 1730-2130, Rockers Bar & Grill
- 9 Pin No Tap Tournament, 1800-2100, Rough Rider Bowling Center
- Free Live Country Music, 1930-2130, Rockers Bar & Grill

THURSDAY 21

- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Junior Enlisted Foundations Course (Amn PES), 0800-1600, Professional Development Center
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- OSI Recruitment Briefing, 1500, Professional Development Center
- Extramural Bowling, 1730, Rough Rider Bowling Center
- January – March ESM Birthday Meal, 1730, Dakota Inn Dining Facility
- Zumba, 1900, McAdoo Fitness Center

SUNDAY 17

MONDAY 18

- TAP Overview, 0800-1600, M&FRC
- Junior Enlisted Foundations Course (Amn PES), 0800-1600, Professional Development Center
- Yellow Belt Process Improvement Foundations Training, 0800-1500, Atomic Spark, hosted by Manpower
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Writing Club, 1800, Minot AFB Library

TUESDAY 19

- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Junior Enlisted Foundations Course (Amn PES), 0800-1600, Professional Development Center
- Yellow Belt Process Improvement Foundations Training, 0800-1500, Atomic Spark, hosted by Manpower
- Holiday Spending, 0900-1100, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Family Bootcamp, 1000, Turf hosted by McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- Cycle & Core, 1115, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

FRIDAY 22

- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- JCM – Developing the Leaders Around You, 0800-1600, Professional Development Center
- 10th Annual Winter Games, 0800-1630, McAdoo Fitness Center
- Progressive Bingo, 1730, Rockers Bar & Grill
- Friday Night Mixed League, 1800, Rough Rider Bowling Center
- Master Chef Luca Virtual Cooking Class, 1800, forcesupport.awardsplatform.com

SATURDAY 23

- Zumba, 1100, McAdoo Fitness Center
- R4R Free Bowling, 1400-1800, Rough Rider Bowling Center
- Master Chef Luca Virtual Cooking Class, 1700, forcesupport.awardsplatform.com
- Saturday Cinema, 1730-2130, Rockers Bar & Grill

FAMILY NIGHT
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The B-Fifty Brew Featured Item
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Rockers Bar & Grill Featured Item
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