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★★★★★
MEMORIAL DAY
REMEMBER AND HONOR



Senior Airman Charles Dell, 5th Civil Engineering Squadron logistics manager, poses for a photo at Minot Air Force Base, North Dakota, May 14, 2024. Dell is the first enlisted person to ever be selected for the Naval Postgraduate School's Homeland Defense and Security Emergence Program. See more on page A2.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LUIS GOMEZ



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Minot Airman becomes first enlisted person selected for Naval Postgraduate School's Emergence Program

AIRMAN 1ST CLASS LUIS GOMEZ, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

Senior Airman Charles Dell, 5th Civil Engineer Squadron (CES) logistics manager, is pioneering as the first enlisted person selected for the Naval Postgraduate School's Homeland Defense and Security Emergence Program. The Emergence Program, conducted in collaboration with the Federal Emergency Management Agency (FEMA), is a six-month distance learning endeavor that includes two week-long in-person sessions at the postgraduate school.

The program aims to bring together a diverse collection of local, state, and federal government officials to critically think about homeland security, explore emerging trends and initiate change in their organizations. Dell's inclusion in this selective group marked a pivotal moment not just for him, but the broader Air Force community.

"When I saw the email saying I was selected, it hadn't quite hit me just how big of a deal this was," said Dell. "It wasn't until people started explaining how there were five other people interviewed before me and they didn't make the cut. It made it clear to me how competitive just getting accepted into the program was."

Dell's eyes gleamed with a mixture of determination and excitement, reflecting on the transformative experience the program provided him. Not everyone gets the opportunity to work with multiple government agencies and that honor was not lost on Dell, who described how helpful the diversity of thought was.

"I have the Secret Service, Coast Guard, emergency management, FEMA, local law enforcement, Homeland Security Investigation, Immigration and Customs Enforcement (ICE), and border patrol all in my class," said Dell. "It's all people in public safety. I'm the only enlisted person in the course. So, we're all there to help each other. Each job's different, but we all tie into the bigger picture."

According to Dell, the experience broadened his perspective beyond Air Force personnel and firefighters. That diversity of thought allowed him to start contributing unique insights on nuclear deterrence and Minot AFB's mission within broader government context.

One of the program's focal points is the change initiative, which tasks participants with identifying and addressing organizational challenges. Each person in the course identifies an area in their workspace that could be seen as a problem. Then, they work to address possible root causes to that problem before developing and implementing a solution.

"This course forces you to start thinking not only about the big picture, but the day-to-day," said Dell. "I know in every workplace there is something that people do on a daily basis, or know about, that could be potentially damaging. Yet, nobody's doing anything about it because nobody wants to confront it. So that's the whole purpose of this course, to recognize those issues and develop solutions for them."

With a new outlook on problem solving instilled by the Emergence Program, Dell went about

implementing his change initiative at the 5th CES. After giving it some thought, he noticed that his department did not have a standard operating procedure (SOP) for the program manager to be able to operate under.

"The rules and responsibilities of the program manager have been a gray area in our department," said Dell. "So that's what I'm attacking right now. Whether it's guidelines or something to benefit for continuity purposes, I'm going to be working with my leadership on making sure that there's an SOP in place for the next person to operate under."

While the change initiative is the kind of big picture thinking the program stresses, Dell also made sure to look at the day-to-day processes too, such as transitioning to electronic processes at his department for efficiency.

Taking on this program hasn't come without adversity. Dell's toughest challenge in taking on the program was time management. Balancing program demands with Air Force responsibilities and upcoming coursework can be overwhelming.

"It's graduate level coursework," said Dell. "Not to mention, I have this job, my firefighting responsibilities, I start Airman Leadership School (ALS) this month and then I start emergency medical technicians (EMT) training next month. I've got a lot of things on my plate, and I just have to figure out how to deal with it. Discipline is key. Even if your motivation is gone, if you are disciplined you will get it done. With the proper discipline you can attack everything."

Despite challenges, Dell has persevered as the first enlisted person to participate in this program. His journey serves as an inspiration, embodying the Air Force's commitment to pushing

boundaries and driving change. Dell's acceptance into a selective program and the change initiative he's implemented exemplifies the spirit of innovation and excellence within the Air Force community.



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North Dakota is a Great Classroom

I have the pleasure of reading Amy Allender’s articles before all of you do. Please, take the time to read this week’s column, where she talks about the Northern Lights. Her column gave me an idea for my column this week. Back when I was a kid, we would be sitting in the seat of a grain truck waiting for a beckoned call from the combine to unload. We didn’t have cell phones back then, so we were in tune to what was going on around us. I only start at this point because it was sitting in a grain truck that I saw my first “all out” display of Northern Lights. I sat on the front of the truck in total amazement. Mother Nature had opened the door to her classroom, and the next day I got out an encyclopedia to learn more about what these Northern Lights were, how they were created, and most important; “will they happen again?”

That memory gave me the idea for my article. You see, North Dakota, with its’ four seasons, is truly a great classroom. Let’s start with the spring. Right now, you can drive to one of three National Wildlife refuges, Des Lacs, Upper Souris, and J. Clark Saylor, and watch at the many waterfowl start their nesting season. Perched on stands in the middle of a pond of water will be the Canadian geese who have claimed the nesting stand to begin the process of laying eggs and



It’s follow the leader for young geese.

hatching out what will hopefully be a clutch of about goslings. During the summer months you can return and see the mother goose followed by her young. In the fall the goslings will be full -fledged adult geese, ready to take flight and head south for the winter.

Sharing the pond area will be muskrats, who build houses of mud and twigs. Their larger cousins, the North American beaver, also build houses with entrances under the water line. With a pair of good binoculars, you can often catch a female muskrat or beaver leading a couple of youngsters across the water. Again, by winter they will be adults and ready to take on a North Dakota winter. There is so much to learn from a quick walk on one of the nature trails at these wildlife refuges, and with a cell phone you don’t need to delay the learning process at all. I have a birding app on my cell phone. On occasion I will see a bird I don’t recognize and within minutes can identify and learn about the bird on my cell phone.

Up on the prairie there is another classroom. I used to walk and look for wildflowers. This time of year, there are wild prairie roses, crocuses, wild sunflowers and even some berry plants that bloom before producing berries. Once in a while you will catch a glimpse of a white tail deer, and if you are really lucky,

northern sentry

A VIEW FROM OUR SIDE
ROD WILSON



a doe with a fawn, or even a couple of fawns.

Down at Fort Stevenson, there is a quite a herd of deer that live right in the park. Jump on one of the nature trails that run through the park and more than likely you will run into one of them. Last year one of the does had three fawns. Quite a family. Haven’t seen a ringneck pheasant up close. Fort Stevenson is home to many. Also, with such a mild winter, the pheasant population has grown considerably. These are perhaps one of the most beautiful birds that are native to the North Dakota prairies.

I was talking about my classroom experience with the Northern Lights. Well one evening as I gazed out across the newly planted field (we needed to have a truck in the field for planting, too) I saw a female fox going into a hole in the ground. Back to the encyclopedia to learn that the red fox that are common to North Dakota, dig dens to raise their kits. No, not kids, kits. That summer I would make many trips watch as the 5 fox kits grew into adults. They were fun to watch. Soon they would wander away from the den, and the mother fox would be fast to grab and carry or herd them back to the den. It was kind of a sad day when I

returned to the den area, and the fox family was not around.

What is so amazing about our North Dakota outdoor classrooms, is that every year they change. Different animals and maybe a few more flowers change the classroom. Soon I would bring a camera with me to capture photos of the wildlife, or the flowers.

I just gave you a couple of the lessons that can be learned, and the locations of these outdoor classrooms. Truth is, North Dakota is full of classrooms. Your back yard could be a great classroom. Put out a bird feeder or build a bird house and you have a great classroom.

If you need more information, drop me an email at sentrysales@srt.com. Be a graduate of North Dakota outdoors. Lessons taught by some of the very best teachers.

BEST KEPT SECRETS

Going to put in my plug for the Garrison Dam National Fish Hatchery. Tours can be scheduled online. Check out their web site at <https://www.fws.gov/fish-hatchery/garrison-dam/visit-us/tours>.

TODAY’S CHUCKLE

The only way most people see the light is by opening the refrigerator door.



Fish rearing tanks at Garrison Dam National Fish Hatchery.



UPSIDE DOWN UNDER

MARVIN BAKER

Anyone who has studied North Dakota history knows that Pembina was the first settlement in what is now North Dakota in 1797. But there’s a lot about Pembina that isn’t common historical knowledge.

Most of this history can be found in the Pembina State Museum and it proves that Pembina, and the surrounding area have had a colorful past that actually goes back long before Dakota Territory existed.

One example is there is reference to the Red River ox carts that transported goods from St. Paul to Winnipeg. What isn’t common knowledge is that this cart was invented in Pembina in 1801. A man named Alexander Henry wrote in his diary that his Metis employees at the Pembina trading post developed the cart.

That Metis cart was responsible

PHOTO COURTESY OF KIM FUNDINGSLAND

Pembina’s unique history...

for trade for a lot of years until steamboats began to transport grain on the Red River. It was also responsible for the expansion of fur trade in the west and for the commercialization of the buffalo hunt.

The Metis, which are part French and part Chippewa, were never officially recognized as a tribe in the United States, but are a tribe in Canada. In the early years, the Metis made up nearly the entire population of Pembina and nearby St. Joseph, which later became known as Walhalla.

According to the Metis Museum in Winnipeg, there were approximately 5,000 Metis living in what is now Pembina County in the 1850s, which includes the communities of Pembina, Cavalier and Walhalla. That population was approximately equal to the Metis population of the rest of Rupert’s Land, or Terre de Rupert as the Metis called it.

Rupert’s Land was a huge British territory that included all of the Hudson’s Bay drainage, including Pembina, so the concentration of Metis in that area was significant.

Several hundred residents of North Dakota continue to embrace the Metis heritage. Nearly all of them live in the northeastern counties including Pembina,

Cavalier, Towner, Rolette, Walsh and Bottineau.

There may have been many more, but when the U.S./Canada border was established, many Metis relocated north to what is now St. Boniface, Manitoba, a French enclave immediately to the east of Winnipeg that was established in 1818.

In 1863, while the Civil War was raging in other parts of the country, European settlers in the Pembina area were fearing attacks by the Sioux tribe following the 1862 Minnesota Uprising. Many Native Americans who participated in that attack were living along the confluence of the Red and Assiniboine rivers, now commonly referred to as the Forks, which is in the city of Winnipeg, 60 miles north of Pembina.

The settlers sent an urgent appeal for protection to Washington, D.C., and later that same year, a mounted battalion was organized to serve the area, that included a portion of northwest Minnesota.

In fact, the 300 Soldiers in the battalion were all Minnesota volunteers. The battalion, nicknamed Hatch’s Battalion, reached Pembina on Oct. 6, 1863, and by January 1864, had completed construction of a military post.

Less than a year later, and after the capture of 400 Native Americans, the

post was abandoned. However, in 1870, the War Department directed a post be built on the Red River near the international boundary. Abandonment procedures for that fort began in 1891 and in 1895, a fire destroyed most of the buildings.

The community of Pembina was officially established in 1843 and the first post office was established in 1851. By 1860, one year before Dakota Territory was established; Pembina was the most populous place in what is now North Dakota.

It had roughly 3,000 more people than the city of Winnipeg did at the same time. Today, Winnipeg’s population is equal to that of all of North Dakota. Today fewer than 600 call Pembina home.

Most of Pembina’s earliest permanent settlers were from Canada, or were involved with Canada/U.S. trade operations. After the Treaty of Ghent established the 49th parallel as the international boundary, Pembina became a gateway of commerce between the two nations in the late 1800s.

Pembina continues to serve as a major port of entry between the U.S. and Canada and at times has been the fifth busiest port of entry along the U.S./Canada border.

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SHE’S NOT FROM AROUND HERE
AMY ALLENDER

“Sorry that took so long,” my husband said as he came through the front door at 11:37 p.m. I was on the couch surrounded by freshly folded laundry, when he held out the keys and asked, “Are you going?”

“No. I’m too lazy and too tired,” I replied.

“You waited up. I think you should go.”

Two weeks ago, Minot was in the path of an epic solar storm. In all my years of living here, I’d never seen the northern lights—but I was determined that this time would be different.

My husband had needed to head into work “for a bit” around 9 p.m. I thought I’d stay awake and leave to see the lights upon his return. I was finally going to do it, and I was sure it would be magical. As the hours passed, my zeal faded. By 11 p.m., I had scrolled through Facebook groups, seen everyone else’s gorgeous photos, and read captions about how easy the lights were to spot—even close to town.

By 11:30 p.m my eyelids were growing heavy, and I had convinced myself the lights were just as good seen through a screen while eating cereal in my PJs on the couch.

By the time the door opened, I had decided sleep trumped a natural wonder.

When I explained this to my husband, he just jingled the keys and said, “That’s the lamest thing I’ve ever heard. Go put some shoes on.”

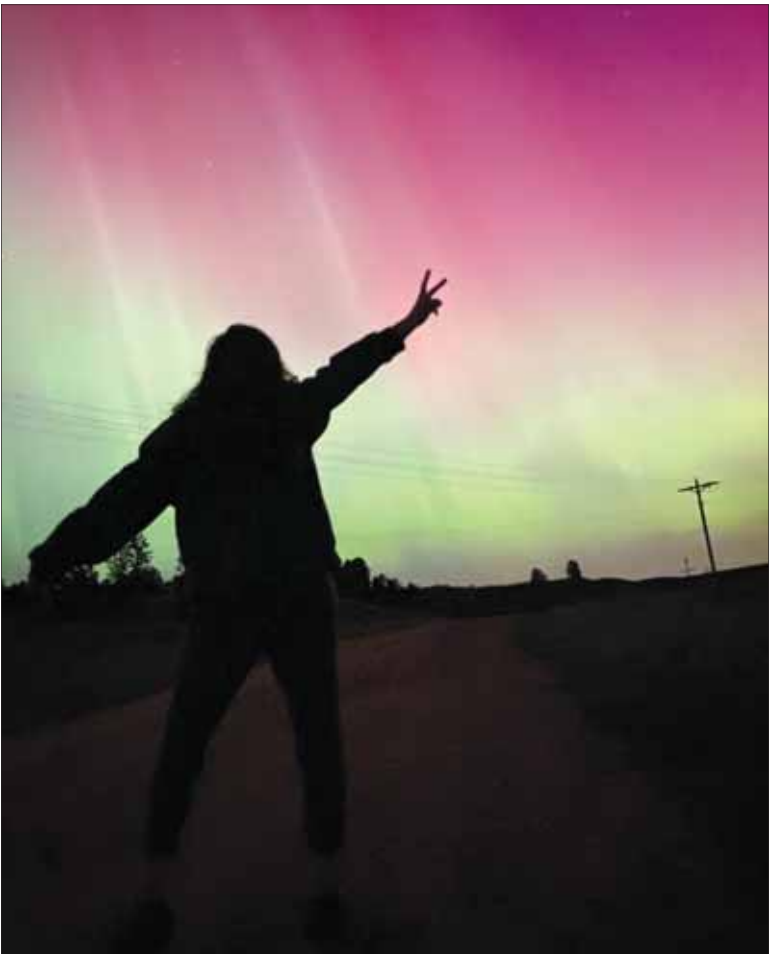
So, I did. And it was a magical night, but not I the way I expected.

When I started driving north, the first thing I noticed was the traffic. The amount of headlights streaming out of the darkness was comical. Was everyone in Hotdish Land awake? There was an energy in the air, we were all out of bed, headed into the dark, driving home from the dark. All searching the sky for the same shared experience.

Near the base, I stopped. What I saw looked more like a mist than a light show. It was nearly 1 a.m., if I’d made it this far, I figured I might as well keep going.

Without a real plan, I turned toward Lake Darling. I fell in line with the other cars, still streaming

The Real Magic Wasn’t the Lights



down the country road. We drove further into the blackness, still looking toward the sky.

When I finally got to Lake Darling, I turned into a crowded lot. It was after 1 a.m., and everyone was there. In the darkness, I heard murmurs of conversation and laughter, saw the glint of a telescope when a headlight hit it, heard the click of a camera capturing a long exposure, and saw the warm glow of a fire at the other end of the row of cars.

Honestly, as I leaned against my car, staring into the sky, I was underwhelmed. It was way past my bedtime, and I still couldn’t see much more than a hazy glow. I’d come all this way, only to have missed it.

That’s when it dawned on me. Maybe, on this night, the magic wouldn’t be in the sky—but rather in seeing something so pure create so much awe. Maybe the magic would be seeing how nature has the ability to bring us together, creating moments—even in the middle of an otherwise mundane night—to cultivate conversation, relationships, and wonder. Maybe the magic would simply be the

reminder of how good it is to be human—to seek out the unique, appreciate the unusual, and revel in the smell of fresh, spring air.

For a long while, I just stood with my eyes closed, taking in the hum of activity and the stillness of the night. Then I climbed back in my car, ready to head home.

I circled back to Minot past Berthold. It was out there, near the sign pointing to DeLacs, that I glanced up at the sky and stopped again. That’s where I finally laid eyes on the northern lights. For the first time in nearly a decade of NoDak living, I saw what all the fuss was about.

It’s a night I’ll never forget. Not only because of the lights but also the time spent searching for them with what seemed like everyone else in Hotdish Land. The sky was magical, but the real magic, for me, rests in the reminder of nature’s ability to bind us together and help us feel fully alive.

For more stories with fresh perspective, and a North Dakotan bent, join me online at amyallender.com, on Instagram at @amy_allender or @HeyMinot, or Facebook at @amyallenderblog.



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Team Minot's Security Forces Airmen ruck to kick off National Police Week 2024 at Minot Air Force Base, North Dakota, May 13, 2024. Law enforcement, survivors and civilians unite during National Police Week to pay tribute to and remember those who lost their lives while carrying out their duties.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA BANKSTON



Battlefield crosses are displayed at the 2024 National Police Week opening ceremony at Minot Air Force Base, North Dakota, May 13, 2024. The battlefield cross is a symbol of honor and respect for fallen service members



Team Minot's Security Forces Airmen bow their heads in prayer during the 2024 National Police Week opening ceremony at Minot Air Force Base, North Dakota, May 13, 2024. National Police Week is geared towards honoring all fallen officers and defenders, including, U.S. Air Force Security Forces, U.S. Navy Military Police and the Office of Special Investigations




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MEMORIAL DAY 2024

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Car Maintenance Guidelines

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TIRES

A car tire inflated to 35 pounds per square inch (psi) can lose one psi every month or for every 10 degrees Fahrenheit of temperature change, so your car maintenance checklist should include checking tire pressure. Find the recommended level in the owner's manual or sticker on the driver's side door jamb. And don't forget the spare.

Rotate tires every 6,000 miles to prevent uneven wear, replace them when they become worn and have the alignment checked if the car pulls to either side when driving or if you notice uneven tire wear.

ENGINE OIL

Checking and changing oil is critical to keep today's engines running properly and efficiently. Follow manufacturer guidelines for changing the lubricant – generally, every 3,000 miles or three to six months.

Check the oil level with the engine off and the car parked on a level surface. Open the hood, remove the dipstick, wipe it clean with a cloth or paper towel, then return it to the oil reservoir. Take it out again and see whether the level is within the acceptable range marked on the dipstick. If you add oil, don't overfill, damaging the engine.

TRANSMISSION FLUID

Checking the automatic transmission fluid is another essential item on the car maintenance checklist. Look for a reservoir marked ATF (automatic transmission fluid) and follow the same steps as monitoring the oil level – only this time, with the engine running. Follow manufacturer's recommendations for change intervals, about every 30,000 miles.

ENGINE COOLANT

Replace most engine coolant or antifreeze every 30,000 miles – or every two to three years. Newer formulas,

however, may last up to 50,000 miles. Turn the car off and wait for the engine to cool to check the coolant level. Locate the coolant reservoir (usually a translucent plastic tank) and eyeball the level of the coolant against the full and low indicators.

POWER STEERING FLUID

Power steering fluid should be changed every three years or 50,000 miles. If you have a power steering fluid reservoir, check the level visually; otherwise, follow the dipstick method. Low power steering fluid may indicate a leak, so have your mechanic take a look.

BRAKES AND BRAKE FLUID

Check to ensure that brake fluid levels are within tolerance. How often you need to replace brake pads or other components depends on your driving and typical driving conditions. A brake problem warning signs include noise, vibration, or "grabbing" when you apply the brakes. Working on your brakes is a job probably best left to the professionals.

AIR FILTER

Basic car maintenance suggests changing your air filter each year or every 12,000-15,000 miles. A clean air filter can help your engine "breathe" better, improve gas mileage, and reduce harmful emissions.

FUEL FILTER

Replace it annually to help prevent debris from clogging your car's fuel line.

WINDSHIELD WIPERS AND WIPER FLUID

Windshield wiper care is one of the most neglected basic car care tips. Replace the blades every six to 12 months or whenever the rubber becomes worn. Check the wiper fluid reservoir every week or so and keep it full.

HEADLIGHTS AND BRAKE LIGHTS

With your car running and parked, have someone walk around to see that your lights are working – headlights, brake and tail lights, turn signals, etc. Replacing bulbs in today's vehicles can be a challenge. Have a mechanic do the job, mainly replacing and aiming headlights. A pro also knows if the problem is a blown fuse, not a burned-out bulb.



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- Black-Footed Penguins have evolved to both survive in cooler water and the heat of the sun. Their body is covered by 70 – 80 waterproof feathers per square inch and a subcutaneous layer of fat helps fend off cold in the water. On land, they raise their feathers and hold their wings away from their bodies to release heat. The bare patch above their eyes also allows heat to escape.



Fact File

Life Span	10 – 11 years
Weight	5 – 9 pounds
Height	24 – 28 inches
Top Swimming Speed	3 – 5 mph
Wild Diet	Omnivore (Carnivore) Herbivore Fish, Crustaceans, Squid

Photo by Doug Pitt



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Class of 2024

CONGRATULATIONS GRADUATES!

The Graduating Class of 2024 has earned their stripes. The families and members of the Minot Air Force Base Graduating Class of 2024 are proud to honor their hard work and dedication to get to this point of their lives. Graduation is a time honored tradition for any student, but means more to a military student. Countless schools and teachers have taught them but more often than not they are afforded an experience that not all students have. We have nurtured, taught, and encouraged these amazing young men and women in preparation for them to head out into the world.

Minot AFB Graduating Class of 2024, We Salute You!



Jeysha Baez

Her plans for the future are serving God as a nurse and helping as many people as possible.

Proud Parents
Josean Baez and Sarai Otero



Elise Jensen

Elise is a Minot High School and Church of Jesus Christ of Latter-Day Saints Seminary graduate. She is planning to attend Utah State University in Fall of 2024 and study Clothing and Textiles.

Congratulations Elise! We're so proud of all you've accomplished! We love you!

Love, Mom & Dad



Olivia Grace Harris

Future Ambitions: Attend MSU for freshman year then transfer to UND/Major in Marketing, Minor in Spanish.

We are so proud of the woman you've become, and are amazed at the beautiful soul who continues to grow in front of our eyes. We know that you have the determination, kindness, and strength to reach your goals while staying true to yourself, and we cannot wait to see what the future holds for you. Trust in the Lord, and always seek His plans for you!

Love Always - NMW,
Mom & Dad



Janaia Jones

Congratulations Janaia, we are so proud of you keep breaking barriers and creating your own path! Janaia will be attending Minot State majoring in biology - forensic science.

Love Mom, Dad and Olivia



Katelyn O'Farrell

Future Plans: Major in Business at Minot State University or Murray State University

Proud Parents: Steve and Raquel O'Farrell



Gianmarco Renda

Bishop Ryan Catholic School Honors Graduate, Gianmarco Renda, is the son of Colonel James and Maurina Renda. He will attend Benedictine College in Atchison, Kansas to pursue a degree in History and International Studies.

Proud Parents
Hector & Stephanie Rivera



Lely M. Rivera

Future Plans: Attending University of South Dakota pursuing Nursing Degree and representing as a co-ed Cheerleader

"I enjoyed the memories made at basketball games and prom"

Love, Mom and Dad



Wayne Roberts

Congratulations on completing this major accomplishment. We are so proud of you and look forward to you heading off to the University of North Dakota as you work towards your next goal in life, becoming a Physical Therapist.

Love, Mom and Dad



Christopher Willson

Future Plans: Major in Business and take part in the ROTC program at North Dakota State University.

Proud Parents: Ralph and Sue Willson

- Ava Bonsu
Mackenzie Boykin
Jack Cain
Parker Hann
Lailany Helmany
Audrey Helseth
Cadyn Mason
Jayda McCain
Johnathan Moore
Hayleigh Myers
Nia Robinson-Martinez
Jillian Stewart
Tessa Turner
Makayla Whitfield
Anthony Ybarra



Town Hall Rundown

SUBRINA MULRAIN

The town hall meetings are the perfect place to find out about a lot of the upcoming changes coming to Minot AFB. Here’s what was discussed at the recent Town Hall meeting on May 16 by Col. Hoadley, Col. McGhee, and Minot’s own Mayor Tom Ross.

There were many concerns brought up both virtually and in person. Questions like will the commissary expand, do Minot’s local businesses have plans to extend their hours, will we get a Chick-fil-A, and more was asked. There were also some more sensitive concerns brought up about what more could be done to help combat alcohol misuse and mental health issues facing airmen, as well as a concern about an incident someone witnessed firsthand. Every issue brought up was addressed and taken seriously. Those with issues that needed greater attention were also asked to stay after the meeting to discuss the problems more thoroughly. Mayor Tom Ross stated, he needs the issues brought up to him so that they can be addressed immediately. That is why these town meetings are so important, if base leadership and the Mayor are not informed of any concerns or problems they cannot work to resolve the matter.

Col. Hoadley, Col. McGhee, and Mayor Tom Ross were excited to share the progress and news of what’s been going on and what changes were happening at Minot AFB.

Hoadley announced that while the Commissary is looking at possibly providing a door dash type delivery to bring sandwiches to the flight line, there are no current plans to expand the commissary or exchange facilities.

Some improvements coming to MAFB facilities includes the new track that is projected to be finished by the end of June. It will also be gaining a bubble covering that will keep it open for use during all four seasons with air conditioning in the summer and heat in the winter. The Turf will also be getting some additional workout equipment.

Unfortunately, the work force shortage has affected many local businesses and therefore they cannot extend their hours. Mayor Tom Ross stated that while the Chamber and State are working together to try to find a solution, the shorter hours are the “new normal” for now.

There are no immediate plans for a Chick-fil-A here in Minot. For now it looks like we can visit Bismarck or Fargo for our Chick-fil-A needs, but we can always hope that one day Chick-fil-A does come to Minot.

The issue of suicide prevention and alcohol misuse is being taken extremely seriously. Mayor Tom



U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, (left) City of Minot Mayor Tom Ross (center), and U.S. Air Force Col. Kenneth McGhee, 91st Missile Wing commander (right) pose for a photo after the May 16 town hall meeting held at Minot Air Force Base, North Dakota.

Ross mentioned that community partners are working on organizing a one-day symposium, at MSU on September 30, which will provide educational training to professionals. It will focus on working with Veterans, Active Duty, and First Responders.

The base had a team of specialists from AFPC, Air University, and headquarters Air Force come and make recommendations on what could be done differently. Some of the recommendations included restructuring data on risk factors, creating action plans, restructuring the sponsor program, and issues with manning in mental health and the chapel, and the cold weather incentive.

Col. Hoadley and Mayor Tom Ross mentioned the success of Home for the Holidays. Last year 115 airline tickets were purchased to send Airmen home for the holidays.

There was also talk of Northern Neighbors Day being planned for

next year, which will hopefully involve rebuilding the air show.

At the end of the meeting the audience was told they could stay back and ask any other questions they preferred to ask one on one. Every voice matters, every concern is taken into careful consideration. One example of how your concerns are truly heard is that a woman in the audience shared her gratitude to Col. Hoadley and Col. McGhee for fixing a need she expressed at a previous Town Hall meeting. She stated that her family, as well as other families on base, would benefit from a fenced in park for smaller children to play. She thanked them for how quickly they addressed that need and installed that fenced in playground. So don’t miss out on the next Town Hall meeting, whether in person or virtually your concerns could be shared by many and bringing attention to them could help leadership make this base a better place for everyone.



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All About Pets

Protecting pets from springtime pests

As the weather begins to warm up in North Dakota, people, pets, and wildlife are emerging from the comfort of home and springing into action. However, with springtime comes another nuisance for pet owners: bugs. There are a variety of pests that can be detrimental to your furry friend’s health, and it’s important to take the proper precautions to be sure no unwanted critters are making it into your home or on your pet! Some of the most common bugs that can cause harm to your pet include ticks, mosquitoes, spiders, and fleas. And just like humans, some animals can be highly allergic to stings and bites from everyday bugs. Here are a few measures you can take to help protect your pet:

- Prevent fleas and ticks with one of the many veterinarian-approved products available. There are a variety of applications, including collars, shampoos, topical treatments, and even pills/chewables. Consult a specialist to determine which method is best for your pet.
- Check your pets! It’s especially important to give them a once-over after they’ve spent time in grassy or wooded areas, but even a trip to the dog park or trail can warrant a look. Be sure to check in all the nooks and crannies, feel for abnormal bumps, and keep an eye out for itching, swelling, or lethargy.
- Regularly clean your house and keep your yard mowed and maintained to prevent bugs from nesting. If your pet has a hypersensitivity to bee stings, it may

be best to keep any flowers, fruits, or vegetables in an area away from where your pet goes.

- When in doubt, contact your vet. If you notice symptoms of an allergic reaction (itching, swelling, difficulty breathing, vomiting, etc.) be sure to call immediately. It’s important to have an emergency veterinarian set up just in case your pet is having a severe reaction. Some clinics that offer emergency services nearby include: Pinkerton Animal Hospital, Core Veterinary Clinic, and Rugby Veterinary Services. Due to the amount of pets in Minot versus the number of emergency vets available, it’s imperative to catch any reactions as soon as possible to give yourself time to drive to an emergency clinic further away, if need be. Early detection can also prevent worse conditions that can seriously harm your pet if left untreated.

In North Dakota, the most common types of ticks are the Black Legged (or Deer) Tick, the American Dog Tick, and the Brown Dog Tick. Venomous spiders include the Western Black Widow and Brown Recluse, but they are not seen too often in household settings. Fleas are often transmitted from other carriers such as other pets or wild animals. And as many residents know, North Dakota is full of mosquitoes and other biting/stinging bugs, so it’s never a bad idea to stay vigilant, not only for the health of your pet, but for your home and family as well!

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E	X	T	R	A		A	G	I	N		I	N	D	O
F	L	Y	O	F	F	T	H	E	H	A	N	D	L	E
S	E	X		E	E	L	I		N	E	M	E	S	E
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B	O	O	T	Y		S	C	A	R		A	R	T	S
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K	E	N	O		C	O	D	Y		T	O	T	E	S

SUDOKU

Solution to puzzle on page B9

1	2	3		4		5		
	6						7	2
	8			9				4
			3		5	4		
3		7				9		8
		2	8		9			
6				8				4
5	4						9	
		8		5		1	3	6

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CROSSWORD PUZZLE

Across

- 1. Shares
- 5. Homer king until '98
- 10. Bit of bickering
- 14. Yearn
- 15. Get up
- 16. Rossini song
- 17. Flutter
- 18. Used
- 20. Walkman plug-in
- 22. Dishwasher cycle
- 23. Ross of Motown
- 24. Gondola, e.g.
- 26. Tranquilizers' opposite
- 28. Lopez or Grey
- 32. Org. founded on Lincoln's birthday
- 33. Duck sound
- 34. Long-term investment
- 35. Preserve, as meat
- 36. Bizarre
- 37. Kind of poker
- 38. Abbr. on a key
- 39. Double agents
- 40. Jackson or James
- 41. Shuttle cargoes
- 43. Gridiron specialist
- 44. Building extensions
- 45. Doctor in the service
- 46. Put on a show
- 49. Rescinder
- 52. Farms
- 55. The Jewel of the East
- 56. Augury
- 57. Japanese immigrant
- 58. Exam for would-be atty.
- 59. Await action
- 60. Hearing shower
- 61. Salinger girl

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21						22				
		23						24	25					
26	27						28					29	30	31
32						33						34		
35						36					37			
38						39					40			
41						42				43				
						44				45				
46	47	48							49				50	51
52												55		
56												58		
59												61		

Down

- 1. Bistro
- 2. Basketball power under John Wooden
- 3. Arbitrator
- 4. Part of stage scenery
- 5. Bricklayers
- 6. Hippodrome
- 7. Sake base
- 8. Bar opening
- 9. D.C. VIP
- 10. Gauguin's island
- 11. Place avoided by Rushdie
- 12. Fifties auto feature
- 13. Go dim
- 19. Swallowed
- 21. Instrument for a Marx Brother
- 24. Chicago eleven
- 25. A single time
- 26. Remove the lid
- 27. Prentiss or Poundstone
- 28. Isle of Wight settlers
- 29. Top of the line
- 30. Rub out
- 31. More crude
- 33. British moola
- 36. Scorpio stone
- 37. Open to dispute
- 39. Shoe bottoms
- 40. New Testament book
- 42. Map table
- 43. Stomach enzyme
- 45. Euripides tragedy
- 46. Hit the mall
- 47. Big reference volume
- 48. Congregation affirmation
- 49. File
- 50. Jack of Westerns
- 51. Ceremony
- 53. Spasm
- 54. Suffix with lion

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Minot Honeybees Salute Minot AFB with Rebrand

Minot NWL Softball Team will change their name to Minot Bombshells for one game

MINOT, ND - In honor of the important work the men and women at Minot Air Force Base perform each and everyday to protect and serve our country, the Minot Honeybees softball team of the Northwoods League will change their name to the Minot Bombshells for one game on July 31.

The players and coaches will wear special-designed jerseys for the double header against the La Crosse Steam at Corbett Field in Minot on Military Appreciation Night presented by Dakota Angus. The night will feature military-themed entertainment, exclusive promotional offers and discounts on concessions and merchandise for military members, and special recognitions. The game-worn Bombshells jerseys will be auctioned off with all proceeds benefiting North Dakota Veterans Cemetery, courtesy of Farmers Union Insurance.

The Bombshells logo salutes a World War II tradition of airplane nose art. During this time, bomber crews, especially those who suffered high casualty rates, developed strong bonds with the planes they were flying, and affectionately decorated them with this artwork. It was believed by the flight crews that the nose art was bringing luck to the planes. Oftentimes, these air force crews were inspired by Esquire Magazine's pin-up girls. The logo highlights this history, while symbolizing female empowerment.

When the team was deciding their name back in November, they looked to the Minot community for name suggestions. They wanted a name that was fun, unique, highlighted a key aspect of Minot culture, and a name that symbolizes female empowerment. While the queen bee took the cake of the official team name, the Minot Bombshells was a clear second place, highlighting all of those key characteristics.

"Playing as an alternate identity for promotional nights is a huge part of summer collegiate and minor league baseball, and we're excited to bring that to Northwoods League Softball this summer" said Honeybees General Manager, Monica Hocking. "The Bombshells is a super fun brand that allows us to celebrate the strength and resilience of our military men and women, and the trailblazing spirit of the women who inspire us."

Minot AFB proudly hosts the 5th Bomb Wing and 91st Missile Wing and is the only installation

in the Department of Defense to host two legs of the Nuclear Triad (land-based intercontinental ballistic missiles and strategic bombers with nuclear bombs and missiles). Established during the Cold War in 1957 as an Air Defense Command base, Minot AFB has a rich history. Still today Minot AFB remains an integral part of the nation's defense with a mission supporting the nuclear triad and maintaining global stability. As of September 2023, Minot AFB had nearly 12,000 total personnel, making up about 20% of the total population of Minot.

Tickets to watch the Minot Bombshells in action are available NOW to military members



and their families here: bit.ly/MAFBAppreciation. This military exclusive promotional offer includes a ticket to the game, a Honeybees Visor, and all-you-can-eat food and non-alcoholic beverages.

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Minot Air Force Base Spouses' Club To Award Scholarships

Program Resumes After Two Years

ROD WILSON, NORTHERN SENTRY

For Desiree Ottinger the expense of having kids in college is real, and so is the search for scholarships to help defray the expense of going to college. That reality was perhaps part of the driving force behind her helping to get the Minot Spouses' Club scholarship program back on track and awarding \$12,000 in scholarships this year.

"We have about 40 members and are honestly in the middle of rebuilding the Spouses' Club" shares Ottinger "before 2020 it was a very thriving club, and then 2020 hit and everything just kind of stopped because it had to. We're still kind of building back from that."

But there was an upside to the lack of activity, that being that the Thrift Store, which the Spouses' Club runs, kept making money, but there were no scholarships, or really any activity "we had this fund that just kind of built up so this year we had about \$15,000 earmarked for scholarships" continues Ottinger "and it was important to put that scholarship money out, because that's part of our purpose." But the scholarships are not the club's only purpose "we do so many other things, but the scholarships are a huge part of what the club does, giving back to our dependents."

The Thrift Store, as the name implies, sells consigned items, used and new, at a greatly reduced rate. "We have everything in the Thrift Store streamlined, like it's \$3.00 for anything that is adult clothing, any clothing. For our toddlers and infants there is a different price. The nicest things you find in the Thrift Store is something nice that someone had donated, and you'll find if for about 10% of the online cost; like say if it was something that was \$200.00, the most you are going to pay is \$20.00" according to Ottinger.

During PCS season the back room will get full, and the staff, all volunteers, try to get it out on the floor as soon as possible and in Ottinger's opinion "we have some really great stuff."

Besides scholarships the Minot Spouses' Club has a summer reading program and just recently partnered with FSS for the family fun night on base, "We just sponsored the purple chords for the graduating military children. We took part of the \$15,000 and paid

for purple chords this year and hopefully next year." The donation makes sure that all graduating military family seniors will receive a purple chord on graduation day at no charge.

This year the scholarship program awarded 3-\$2,000 scholarships, 3-\$1,250.00 scholarships, and 3-\$750 dollar scholarships.

School advisors were made aware of the scholarship program. In addition, counselors at Magic City Campus, Bishop Ryan and several other high schools were contacted. The club also used social media for marketing the scholarships. "Being it was the first year back, we had to really get it out there" says Ottinger.

"One of the recipients has already emailed the club back with a thank you. She said ... please know that



this is monumental for me and everyone in my family is proud." Ottinger continues "military kids sacrifice, and at least these scholarships make college a little bit easier, at least for the first year."

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DAF Special Education Learning Series: PCS Season



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM
MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE
SCHOOL LIAISON PROGRAM

The Exceptional Family Member Program (EFMP) in the United States Air Force is a comprehensive support initiative program designed to support active-duty service members with dependents who have special medical, educational, or developmental needs.

By addressing the unique challenges faced by military connected families with special needs, EFMP plays a crucial role in supporting the well-being of the entire family.

With PCS season in progress, there is an incredible series hosted by the EFMP Central Cell to assist with this season. From an OCONUS PCS to an overview of special education policy, this series will provide insight and resources for military connected families with K-12 students. Please see the flyer to the right.

DAF SPECIAL EDUCATION LEARNING SERIES		
Facilitator: H. Erin Chae, Special Education Specialist EFMP Central Cell		
Date/Time	Agenda/Topic	Location
16 May 24 0800/1700 Central	OCONUS PCS: Managing Expectations Best practice for transitioning families. Presented by guest speakers from DoDEA Special Education in Europe (AM) and in the Pacific (PM)	MS Teams 0800h ID: 993 683 715 36 Passcode: yHSLND 1700h ID: 993 508 451 11 Passcode: DqX8cP
21 May 24 0800/1700 Central	EFMP Connect: Preparing for PCS EFMP Central Cell presents Family Member Travel Screening, Special Education Timeline, Coping Supports, Resources.	Zoom ID: 561 6378 1816 PASSWORD: EFMP
5, 12, 20, 26 June 24	Specialized Training of Military Parents (STOMP) Overview of Special Education Policy, Decoding Data, IEP, Accommodations	See Attached Flyer
16 July 24 0800/1700 Central	Developmental Delay and Early Intervention How, what, when, where, and why of developmental and educational services available for Birth to 3 years. Presented by guest speaker, DAF EDS Program Manager	MS Teams 0800h ID: 993 631 921 52 Passcode: 5mp2zf 1700h ID: 993 752 382 54 Passcode: x362EX
22 August 24 0800 Central	Joint Service Special Education Edition Join Army, DoN, and DAF Special Education Specialist for a Back-to-School Information session for all	MS Teams Click here to join the meeting
29 October 24 0800/1700 Central	Transition Planning Planning for Life after High School before High School	MS Teams 0800h ID: 993 314 115 79 Passcode: xzXQr 1700h ID: 993 974 809 36 Passcode: Ax2bzr
*Please contact your School Liaison or EFMP Family Support for meeting links and call-in numbers.		



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A LOOK BACK

THIS WEEK IN USAF HISTORY

CITIZENS OF MINOT & MINOT AFB WORK TOGETHER TO FACE SOURIS RIVER FLOOD

MAY 31, 2011



The Souris River rose to 1,561.72 feet above sea level, the highest recorded in Minot's history. (USAF Photo/ATC Aaron Forrest-Wainwright)

In early 2011, concerns of flooding began as local rivers and creeks ran abnormally high due to high soil content, above average snow pack, and persistent precipitation. The city of Minot began emergency operations on May 23, and by the 31st, a mandatory evacuation began. Over 10,000 residents of Minot, including over 500 off-base Airmen and families, evacuated to higher ground. The city partnered with Minot Air Force Base personnel and the North Dakota National Guard to set up flood walls and provide aid to displaced families in the area. According to FEMA, about 11,456 acres of Ward County land were covered in anywhere between two to 15 feet of water, causing nearly \$700 million in damages. Minot AFB provided temporary emergency shelter for military members, DoD civilians and families who were unable to secure other arrangements. The 2011 flood was a tragedy of its own, but it proved the strong partnership and sense of community that Team Minot shares with the city.

Information courtesy of: minotnd.org / minot.af.mil

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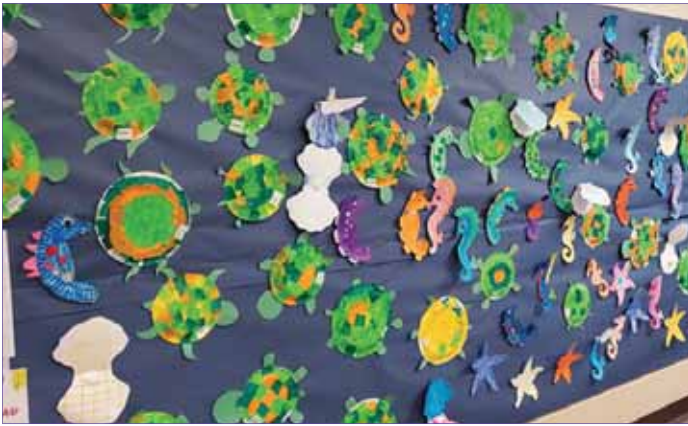
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NOTES ON BEING SAFE

SPRING CLEANING POSES ITS OWN HAZARDS



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One of the best times of the year is approaching us. Spring showers awaken the earth and calls forth new life. The birds will be chirping, the days will be longer and the trees will be in full bloom. It's also a dreaded time of year; spring cleaning!

Spring cleaning is a great time to get rid of clutter that was building up during winter, as well as getting rid of those winter time blues.

Whether you're tackling the spring cleaning or doing your weekly cleaning routine, it's important to use the cleaning products safely, especially if you have young children or pets. Be sure to read the label and use as directed, store them as directed and dispose of the empty contents safely.

Here are some spring cleaning tips:

- Make a list of things you want done.
- Schedule your family garage clean out. Create sufficient storage for all the summer equipment you may want this summer. Store all the winter stuff away.
- Inspect, clean and repair outdoor furniture.
- Clear away any remaining dead foliage and weeds from beds and lawn to make room for the new growth and it will also protect the new growth from damage and diseases.
- Wash the windows inside and out, to include the screens.
- Take down all draperies and window treatments to clean and vacuum.
- Change out the seasonal clothes. Set aside the ones the children out grew or the ones you no longer wear for a garage sale.

- Clean out all of your closets and storage areas. Set aside those items that are not used any more to save room for new items.
- Spring clean your barbecue grill. Be sure to check for leaks and cracks and ensure propane tanks are properly stored

Remember, working safely in and around your home will not only keep you out of the emergency room, it can keep you from becoming the next Darwin Awards Winner!

Happy Spring Cleaning!



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NORTH PLAINS STAR STUDENT AWARDS

Students and teachers of North Plains Elementary gathered for their final 2023-2024 Star Student Assembly. They also celebrated and thanked Cindy Smith, kitchen manager on her retirement.

NORTH PLAINS ELEMENTARY
SCHOOL PHOTOS



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INGREDIENTS

1 TEASPOON OLIVE OIL
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1 TEASPOON DRIED OREGANO
2 CLOVE GARLIC, MINCED
1 CUP BREADCRUMBS
1 TEASPOON WORCESTERSHIRE SAUCE
1 TEASPOON SALT
6/25 TEASPOON BLACK PEPPER
2 WHOLE EGGS
AS NEEDED COOKING SPRAY
1 1/2 POUND GROUND BEEF, 80% LEAN
3 TABLESPOON CHIVES, CHOPPED
1 CUP TRAEGER CHILI BBQ SAUCE
4 CUP POTATOES, MASHED
12 SLICES COOKED BACON, CRUMBLED

When ready to cook, set the temperature to 350°F and preheat, lid closed (10-15 minutes)

Combine all ingredients, except for the BBQ sauce, in a large bowl. Fold gently; use your hands.

Spray a 12-cup muffin or mini loaf pan with cooking spray. Spoon the meat mixture into the cups.

Top each meatloaf mancake with 2 tsp. of BBQ sauce. Bake for 25 minutes.

Prepare the mashed potatoes while the meatloaf bakes.

Once the meat has finished cooking, pipe the mashed potatoes on top of each mini meatloaf using a pastry bag with a large star tip.

Shower with chives and bacon. Enjoy!

Ryan Davy - GM
Minot

www.HofE.com/BBQHQ

Upcoming Events

04 JUNE 10 CENT BEER NIGHT
4:00 PM - 11:30 PM
Blue Rider
118 1st Avenue SE, Minot

It's BAAAAAaaaaaaAAAAACK!!!!
In honor of the *GREATEST night in MLB history, the Blue Rider presents our 4th Annual Tribute to 10 Cent Beer Night!!! Yes – the answer to your question is YES – Beers are only 10 cents (bring your dimes!!!!) Doors open at 4:00 so get there early because capacity limits will be enforced throughout the night Not sure what 10 Cent Beer Night was? Check out this episode of The Dollop Podcast: <https://www.youtube.com/watch?v=gHnxIOHjMjQ> Expect no less from North Dakota's #1 Dive bar!



For more information:
Facebook/ Blue Rider/ Events

06 JUNE ARTS IN THE CITY:
THURSDAYS DOWNTOWN!
6:00 PM
Downtown Minot
Arts in the City: Thursdays Downtown, presented by Minot Area Council of the Arts, are back on Main Street in Minot for year four! Join us on Main Street every. Join us for our weekly Music and Arts Festival featuring local and regional musicians and artists, artisan vendors, food trucks, bounce houses, axe throwing, face painting, and more! Thursdays Downtown are FREE for the public to attend. The event starts at 6:00 pm each week with local artists and artisans lining Main Street showcasing their work and providing live art demonstrations. Local and regional musicians provide the evening's entertainment on the Hook and Ladder stage, showcasing the area's incredible musical talent! Join us for the fun and check out all of the incredible galleries, shops, and restaurants that make Downtown Minot THE place to be on summer Thursday nights!



For more information:
Facebook/ Minot Area Council of the Arts/ Events

08 JUNE FAMILY HEALTH
AND FITNESS DAY
12:00 PM - 3:00 PM
11th and 11th Park, Minot

Join us for a day of fun, fitness, and family bonding at the 11th and 11th park on Saturday, June 8th, for Family Health and Fitness Day! From 12:00 PM to 3:00 PM, our event will feature an array of activities and resources aimed at promoting well-being for all ages. In addition to the exciting activities, we'll have a diverse range of vendors and representatives from various businesses and non-profits, all committed to promoting body, mind, and community health.
Demonstrations By:
– Hoopspiration Hooping for Fun and Exercise Demo
– Spectrum Fitness Martial Arts / Self-Defense Demo
– Ascend Wellness Yoga Demo



For more information:
Facebook/ Minot Parks/ Events

09 JUNE ARTS IN THE CITY -
SUNDAYS IN THE PARK
4:00 PM - 8:00 PM
Oak Park, 1300 4th Ave NW

Join us in the park for live music, art demos, and our famous MACA Popcorn! Two concerts every Sunday from June 9th through July 28th @ 4:00 and 7:00 PM. Gather your people, your picnic blankets, and lawn chairs and come hang out in the park on Sunday evenings! Sundays in the Park are free to attend and open to the public, EVERYONE is welcome! These events offer a casual atmosphere to get together with friends and family to enjoy great music, discover local artists, and enjoy the park each summer!
June 9th: Voices of Note
June 16th: Minot City Band
June 23rd: Minot City Band



For more information:
Facebook/ Minot Area Council of the Arts/ Events

NEW Community at the Northern Sentry

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CHANGE OF COMMAND

U.S. AIR FORCE PHOTOS



Lt. Col. Amanda L. Filiowich relinquishes command of the 742d Missile Squadron to Col. James L. Schlabach



Lt. Col. Jacob R. Lusson addresses the Change of Command crowd.



Lt. Col. Jacob R. Lusson accepts command of the 742d Missile Squadron from Col. James L. Schlabach.



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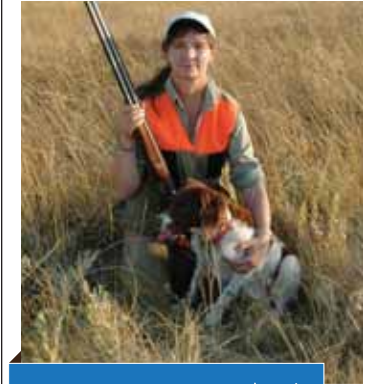
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WOODLAND
RESORT

OUTDOOR

REPORT



by Patricia Stockdill

Fishing:
Lake Sakakawea elevation, May 20: 1,836.87 feet above mean sea level (MSL); 21,000 cubic feet per second (CFS) Garrison Dam average daily releases.
Devils Lake elevation: 1,449.46 feet above mean sea level (MSL).
Stump Lake elevation: 1,446.47 MSL.
•N.D. Game & Fish Dept. game wardens: No Lake Sakakawea or Devils Lake reports. Not much activity on north-central area lakes.
•Devils Lake, Ed’s Bait Shop, Devils Lake: Best walleye success remains in the northern chain of Devils Lake lakes, including Mike’s Lake and Lake Irvine, using leeches and slip bobbers.
•Devils Lake, Woodland Resort, Devils Lake: Fair walleye success using slip bobbers as water temperatures warm. Try Mike’s or Pelican lakes but mainly locate the warmest water possible. Pitch crankbaits or plastics up into the shallow for pike.
•Lake Darling, Karma C-Store, Ruthville: Limited reports from Lake Darling and Lake Audubon.
•Lake Metigoshe, Four Seasons, Bottineau: Occasional bluegill in the shallows with nice walleye activity. Some pike still showing up, as well.
•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Wind limiting activity on the east end of Lake Sakakawea with limited reports.
•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Try pitching jigs along shallow points, flats, and sunken island along the east end of Lake Sakakawea for walleye or casting jigs and minnows. Continued pike success from shore in Steinke, Centennial, and Garrison bays. Lake Audubon now at its typical summer elevation. Unstable weather creating slow walleye bite. Try locating the warmest water and then pitch jigs with small nightcrawlers or pulling crankbaits in shallow water. Also try North Lake on Lake Audubon.
•Lake Sakakawea, Indian Hills Resort, Garrison: Resort opening Friday. Not much activity around the resort yet with better walleye success west in McKenzie Bay.
•Lake Sakakawea, New Town: River portion of Lake Sakakawea around New Town producing nice walleye activity using jigs and minnows. Van Hook Arm remains slow.
•Lake Sakakawea, Van Hook Bait & Tackle: No new reports.
•Lake Sakakawea/Missouri River, Scott’s Bait & Tackle, Pick City: Missouri River tailrace starting to gradually improve for walleye from the rocks and boats. Better walleye success is farther down river around Stanton. East end of Lake Sakakawea producing walleye and salmon along the east end along the U.S. Highway embankment or Douglas Bay. Try a mix of nightcrawlers or minnows. Not many anglers out with the wind, weather, and cool water temperatures. Also try west around Beulah Bay.
•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Upper end of Lake Sakakawea muddying up with better walleye success from Little Beaver Bay east to New Town. Try nightcrawlers in less than 10 feet. Trenton Lake producing crappie in the shallows with the spawn getting underway. Kettle Lake fair for rainbow trout. A few smallmouth bass coming from Blacktail Dam.
•Lonetree WMA area lakes, Harvey: No new reports.

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondic.com). They’re located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Upper Souris Nat’l. Wildlife Refuge Prairie Marsh Scenic Drive auto tour route and 2 Souris River canoe trails are also open.
- Garrison Dam Nat’l. Fish Hatchery downstream of Garrison Dam near Riverdale open for free tours Monday through Friday 9 a.m. to 3:30 p.m. and weekends and holidays from 10 a.m. to 3 p.m.
- May 25: Hatchery Fun Day, Garrison Dam Nat’l. Fish Hatchery, Riverdale. Free family activities and hatchery tours beginning at 9 a.m.
- May 25: EMS Kids Strong with games, activities, safety information, and food, Fort Stevenson State Park, Garrison, 4 p.m.
- May 25 through 27: Sky Fest over Fort Stevenson Kite Festival, Fort Stevenson State Park, Garrison, free event with park entrance fee, beginning at 10 a.m. each day.
- May 25: Golden Glow Evening Bike, Lewis & Clark State Park east of Williston, 9 p.m.
- June 1 & 2: Free Fishing Weekend.
- June 1: Nat’l. Trails Day guided trail hike, Fort Stevenson State Park, Garrison, 2 p.m.



TOURNAMENTS:

- May 31 & June 1: Lake Sakakawea, New Town Marina.
- June 1: Devils Lake, East Bay; Lake Sakakawea, Beulah Bay.

activity using jigs and minnows. Van Hook Arm remains slow.
•Lake Sakakawea, Van Hook Bait & Tackle: No new reports.
•Lake Sakakawea/Missouri River, Scott’s Bait & Tackle, Pick City: Missouri River tailrace starting to gradually improve for walleye from the rocks and boats. Better walleye success is farther down river around Stanton. East end of Lake Sakakawea producing walleye and salmon along the east end along the U.S. Highway embankment or Douglas Bay. Try a mix of nightcrawlers or minnows. Not many anglers out with the wind, weather, and cool water temperatures. Also try west around Beulah Bay.
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•Lonetree WMA area lakes, Harvey: No new reports.

- North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Lots of bow-fishing opportunities for carp in the Souris River around Townner. Hook-and-line anglers catching an occasional walleye.

Paddle sports river elevations:

- Little Missouri River, Watford City, Long X Bridge: River stage, 7.96 feet; streamflow, 238 CFS.
- Missouri River, Williston: River stage, 18.68 feet.
- Missouri River Washburn: River stage, 10.12 feet.
- Pembina River, Walthalla: River stage, 2.4 feet; streamflow, 199 CFS.
- Souris River, Foxholm: River stage, 6.71 feet; streamflow, 147 CFS.
- Souris River, Minot Broadway Bridge: River stage, 41.75 feet.
- Yellowstone River, Sidney, Mont.: River stage, 7.19 feet; streamflow, 19,700 CFS.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.



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MPF/DEERS New Appointment System and Updated Hours Effective 1 June 2024

MINOT AFB MILITARY PERSONNEL FLIGHT

The Military Personnel Flight (MPF) has exciting news to share – like our Finance partners, we are launching Qtrac to better service you!

Effective 1 June 2024, appointments will be booked through Qtrac via the attached QR code, and Setmore will be phased out.

We will no longer be appointment only! The flyer lists new Walk-in and Appt Hours for the MPF. DEERS will maintain the same hours.

During the transition, MPF will accept Walk-ins for May, and

DEERS will remain appt only through Setmore.

MAY TRANSITION HOURS

MPF Walk-Ins: 0800-1600 Mon-Tue/Thu-Fri, 0800-1200 Wed (1200-1630 Closed for Training)

- Career Development, Force Management, Customer Support

DEERS Appt Only: 0800-1600 Mon/Wed-Fri, 0800-1500 Tue

- Customers may walk-in for CAC Unblocks, Damaged CACs, Retirement/Separation and Award/Decs questions

Book Your Appointment with DEERS (setmore.com).

JUNE+ HOURS

MPF Walk-Ins & Appts: 0800-1600 Tue &Thu/0800-1200 Wed (1200-1630 Closed for Training)

MPF Appt Only: 0800-1600 Mon & Fri

- Career Development, Force Management, Customer Support

DEERS Appt Only: 0800-1600 Mon/Wed-Fri, 0800-1500 Tue

- Customers may walk-in for CAC Unblocks, Damaged CACs, Retirement/Separation and Award/Decs questions

Please spread the word. We look forward to seeing you!



MINOT

MILITARY PERSONNEL FLIGHT

SCAN TO SCHEDULE AN APPOINTMENT.

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Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500
Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130
Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130
*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE



EVERYDAY HAPPY HOUR • 3PM – 6PM

- \$2 off All Apps
- \$3 House Wine & Domestic Pints
- Bavarian Pretzels with Beer Cheese Sauce
- \$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups
- \$5 Moscow Mule
- \$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps
- ½ Flat Bread Pizza

DAILY SPECIALS

Monday \$5 Moscow Mules (all day)

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7	8	5	2	9	3	6	1	4
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4	1	2	8	6	9	7	5	3
6	3	9	1	8	7	2	4	5
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MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

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Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

★Hotel★

REVEL

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

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Minot AFB Coed Volleyball Teams Champions at Bishop Ryan’s Annual Tournament

Bishop Ryan High School runs an Annual Volleyball Tournament to raise funds for their volleyball program. They hosted over forty teams this year, which is the most teams they have hosted, said the Tournament Director, Nick Theis. The tournament ran between Saturday April 27th and Sunday April 28th. Among the participating teams, there was a team from Montana and others from different cities of North Dakota. Two Minot AFB Coed Teams participated in the Power Division and one in the Fun Division. Two out of the three teams brought home championship t-shirt in both categories. Additionally, one of the two women’s teams from our base came in second in the Power Division against the Montana team. Men also took second versus a non-Minot team. The Minot AFB women’s volleyball team “Minot AFB Lady Bombers” will be going

to be participating at the 2024 USA Volleyball Open National Championship at the end of May. We wish them the best of luck!



Champions of Power Division
Pictured left to right: SrA Wagner, Christian with the 91 MMXS; SrA Schuler, Mitchell with the 91 MMXS; SrA Anderson, Ryan with 705 MUNS; Air Force wife Moulrier, Nannette; Air Force wife Jones Martinez, Odalis; civilian, Dickman, Harli.

SRA JAMES JONES PHOTO



Champions of Fun Division
Pictured left to right: Civilian Jackson, Chase; SrA James, O’leesa with 91 SFG/HC; SrA Tasi, Mayo with MSFS; SSgt, Treat, Vivianne with 5 FSS; A1C Sharon, Gage with 5 LRS; A1C Byrd, Isaiah with 5 LRS

ODALIS JONES MARTINEZ PHOTO

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Adventure Begins at Your Library Kickoff Party

Get ready for an adventure! On Saturday, June 1, from 2:00 to 4:00 PM, the Minot Public Library and the Ward County Library are teaming up with businesses in downtown Minot to bring you a Summer Reading kickoff party!

Join us at Main Street Books to begin your family friendly adventure across downtown Minot. Decipher clues that will lead you to exciting new places. The first four teams to finish the scavenger hunt will have their choice of adventure-themed gift baskets!

But wait, the adventure doesn't stop at 4:00! While you're downtown, sign yourself and your loved ones up for the Beanstack Summer Reading Challenge: Adventure Begins

at Your Library! Librarians will be at Main Street Books to help you sign up and to answer any questions you have about Summer Reading or library offerings.

This kickoff party and the summer reading program are open to participants of all ages. For more information, check out the Minot Public Library website at minotlibrary.org and our Facebook and Instagram pages, or call 701-852-1045 if you have any questions.

For more information on the Ward County Public Library's events, you can visit their website at <https://www.co.ward.nd.us/161/Library>, or call 701-852-5388. If you will be participating in the Kenmare summer reading program, please contact Michelle at 701-385-4090.



TSgt Debra Spangler, 91st Missile Wing, from Minot Air Force Base, on being the 20th AF nominee for the 2024 Airlift/Tanker Association Young Leadership Award!

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Patricia Stockdill

North Dakota might not be the mecca of big name entertainment.

It also lacks breath-taking, rugged mountains.

And, admittedly, the open space and wide, long horizons can take a little getting used to. But, oh, those colors of that wide, long horizon when the sun finally sets on a summer's evening are amazing. And then flip it around for a morning sunrise over one's chosen little lake for an awakening of the outdoors and bird songs.

As Memorial Day approaches, in between pausing and honoring those fallen veterans whose sacrifice allow us to enjoy the diversity that is this country, it's also an opportunity to recognize that, indeed, there is a diverse amount of things to do in Peach Garden State.

One just needs to get out and explore a little.

Consider this partial list of just a few summer activities, including some in area North Dakota State Parks:

- May 25 through 27: Sky Fest over Fort Stevenson: Heaven knows North Dakota has enough wind to host a kite festival, which is exactly what takes place Memorial Day weekend at Garrison's Fort Stevenson State Park. Go to the festival's website (www.skyfestnd.com) for details. While there is a daily park entrance fee (or N.D. Parks and Recreation Department statewide annual pass), the festival is free.
- May 25: Hatchery Fun Day is another Memorial Day weekend event, a tradition at Garrison Dam National Fish Hatchery. Just head downstream of Garrison Dam west of Riverdale on N.D. Highway 200. The hatchery does some amazing things for sportfish and threatened and endangered fish species so it's a chance to see what their biologists do while having fun with a variety of family activities. It's free and starts at 9 a.m. Speaking of the hatchery, free tours will be held from Memorial Day weekend through Labor Day from 9 a.m. to 3:30 p.m. Monday through Friday and 10 a.m. to 3 p.m. Saturdays, Sundays, and holidays.
- June 8: Lewis and Clark State Park east of Williston celebrates its 50th anniversary in 2024, kicking off bright and early at 8 a.m. at its Dog Park with the Dog Jog.

Seriously, what better way to start a celebration than with one's favorite four-legged pooch, a morning at the

Dog Park, and Lake Sakakawea? Canine participants can win prizes for the Best Dressed Dog, Waggiest Dog, and more.

From there, it's the choice of a "Dinosaur Dig" at the park's Swim Beach or children can head to the marina for a Kid's Fishing Derby, both starting at 10 a.m. Hot dogs top the noon menu with park staff dishing out the summer favorite at Elk Point Shelter. Suzie Q's Ice Cream Truck serves from 10 a.m. to 6 p.m. In addition, Jump 'n Fun Inflatables will be set up from noon to 8 p.m. along with a variety of family games.

No celebration is complete without music so Lewis and Clark State Park caps off its celebration with dancing and tunes beginning at 3 p.m. when the Mooncats take stage followed by Josie and the Whalers at 4 p.m.

Like other state parks, Lewis and Clark has a daily entrance fee or annual pass for admission but it's still pretty cheap family entertainment.

- June 20: Blue Goose Day is another North Dakota summer tradition. It's hosted by Audubon National Wildlife Refuge and features a variety of outdoor educational activities for children. It's also free and is held at the refuge's Visitor Center, which in itself is worth seeing.

The refuge is located a mile east of U.S. Highway 83 along the south shore of Lake Audubon. Look for the brown Visitor Center sign as well as the sign indicating the refuge hosts a segment of the National North Country Trail. Contac the refuge, (701) 442-5474, for details.

Whew, that's just a few things going on and it's not even beyond the month of June.

Don't forget other places like Theodore Roosevelt National Park, both the North and South units.

And don't neglect the Turtle Mountains. Yes, North Dakota has mountains but just remember it's all a matter of scale when it comes to mountains and elevation.

Plus there is the International Peace Garden. Go to their website, (peacegarden.com) and check out their event list, which is already underway with a showing of "The Great Open: Photographs from North Garden". The combined photographic talent of Alex Webb and Rebecca Norris Webb provides a journey of understanding the Peace Garden State.

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WHAT'S GOING ON MINOT AFB

FRIDAY 24

- AFGSC Family Day
- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com

SATURDAY 25

- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com
- Saturday Cinema, 1700-2130, Rockers Bar & Grill
- Friendly Feud Finale, 1800, Rockers Bar & Grill

SUNDAY 26

- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com

MONDAY 27

- Memorial Day
- For a full listing of Memorial Day holiday facility hours, visit 5thforcesupport.com
- Memorial Day Special Lunch, 1030-1330, Dakota Inn Dining Facility

TUESDAY 28

- Registration Closes: Science Camp, Youth Center
- Kids Drive Free Begins, Rough Rider Golf Course
- Kids Bowl Free Begins, Rough Rider Bowling Center
- Summer Lifeguard Course, 0800-1600, Outdoor Recreation
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- Newbery Book Club, 1600, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY 29

- Registration Closes: Extramural Golf, Rough Rider Golf Course
- Base Right Start, 0730, Jimmy Doolittle Center, hosted by M&FRC
- Summer Lifeguard Course, 0800-1600, Outdoor Recreation
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- SAPR Tier 2 Brief, 1400, Professional Development Center
- Yoga, 1700, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

THURSDAY 30

- Informed Decision Seminar, 0800-1200, Professional Development Center
- Summer Lifeguard Course, 0800-1600, Outdoor Recreation
- Pre-Separation Counseling, 0830-1130, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Moving Out of the Dorms Budget Class, 1300-1500, M&FRC
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211
- Wind Chime Class, 1730-1930, Arts & Crafts Center
- Zumba, 1800, McAdoo Fitness Center

FRIDAY 31

- Asian Pacific American Heritage Month Ends, Dakota Inn Dining Facility
- Military Appreciation Month Ends, Dakota Inn Dining Facility
- Summer Lifeguard Course, 0800-1600, Outdoor Recreation
- Family Zumba, 1000, Turf hosted by McAdoo Fitness Center

SATURDAY 01

- Zumba, 0900, McAdoo Fitness Center

BALLPARK NIGHTS

Open to Active Duty only • First 10 get in free!

\$15 entry fee includes seat for the game and a hot! Upgrade to an all-you-can-eat buffet for \$10 more.

MINOT HOT TOTS & MINOT HONEYBEEES GAMES:
8 June 2024, 6:05 PM • Baseball Night
29 June 2024, 6:05 PM • Military Appreciation Night
12 July 2024, 6:05 PM • Baseball Night
21 July 2024, 6:05 PM • Military Appreciation Night
8 August 2024, 6:05 PM • Margarita Night

PICKUP & DROP-OFF:
Parking lot of Dorms 214, meet at Burger King
Minot Hot Tots depart at 5:00PM
Minot Honeybees depart at 5:00PM

Scan the QR Code for sign up details, or visit our website at 5thforcesupport.com

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For details, call ODR at 723-3648

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ART RESIN CHARCUTERIE BOARDS

ARTS & CRAFTS CENTER

4 JUNE 2024 • 5:30PM - 6:30PM



CREATE YOUR OWN CHARCUTERIE BOARD IN THIS STEP-BY-STEP CLASS, CALL TO RESERVE YOUR SPOT BY 28 MAY

COST \$10 **723-3640**

5THFORCESUPPORT.COM

PRIDE OF AMERICA SCRAMBLE

ROUGH RIDER GOLF COURSE

9 JUNE 2024 • 0900 SHOT GUN START
REGISTER BY 2 JUNE

4 PERSON TEAM SCRAMBLE
\$40 ENTRY FEE
(PROVISIONAL - GOLF TOGETHER)

FOR LONG-TERM PLAYERS TO THE GOLF, LONG TERM, A \$400 ENTRY FEE WILL BE REQUIRED A DAY BEFORE THE EVENT

SCAN HERE TO REGISTER ONLINE
5THFORCESUPPORT.COM

723-3164

5THFORCESUPPORT.COM

MAY SPECIALS

Bomber Bistro Featured Item
Elote Pizza
Chipotle may base with elote corn topping, cotija cheese, and chipotle mayo drizzle

The B-Fifty Brew Featured Item
Caramel Ribbon Crunch
Dark caramel frappe with whipped cream, a crunchy caramel topping, & a dark caramel drizzle

Rockers Bar & Grill Featured Item
Build-Your-Own Burger
Choose your bun, cheese, plus bacon, pickles, grilled onions, and more to make your perfect burger. Served with fries and a drink.



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