

WHATS INSIDE THIS WEEK:



U.S. AIR FORCE
RETIREMENT

IT'S REALLY BITTERSWEET-
COL. HOADLEY
LEAVES MINOT,
AND THE AIR
FORCE

A7



NEW
COMMANDER,
FAMILIAR FACE
FOR 91 SFG

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5TH GRADERS
TOUR MINOT
AFB DURING
SUMMER STEM
PROGRAM

B8



U.S. Air Force Col. James Schlabach, incoming 91st Missile Wing (MW) commander, accepts the guidon from U.S. Air Force Maj. Gen. Stacy Huser, 20th Air Force commander, during the 91 MW change of command ceremony at Minot Air Force Base, North Dakota, June 18, 2024. Huser passed the guidon to Schlabach during the ceremony, symbolically giving him command of the 91 MW. See more on page A2.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS ALYSSA BANKSTON

91st Missile Wing welcomes new commander

MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --
U.S. Air Force Col. James Schlabach assumed command of the 91st Missile Wing from Col. Kenneth McGhee during a change of command ceremony at Minot AFB, June 18.
Before assuming command of the 91st MW, Schlabach served as the commander of the 91st Operations Group at Minot Air Force Base, North Dakota. Those in attendance at the ceremony included the families of both commanders, support staff and the Rough Riders of the 91st MW.
McGhee reflected on the accomplishments of the 91st MW and its members under his command and shared that his time leading was one of the best times, not only in his career but in his entire life.
U.S. Air Force Maj. Gen. Stacy Huser, 20th Air Force commander, emphasized the importance of the 91st MW's mission.
"It's easy to see how important your past is and also why today is important," said Huser when talking about the 91st MW. "Not just to the McGhee and Schlabach families, but to the nation and our vital mission."
The 91st MW is one of the Air Force's three operational missile units. Its mission is to defend the nation with a combat-ready nuclear force.
"It takes a village for all of us to get this mission done," said Schlabach. "This mission is no less than providing an immense amount of combat capability and firepower."



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91ST MISSILE WING WELCOMES NEW COMMANDER

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS ALYSSA BANKSTON



U.S. Air Force Col. Kenneth McGhee, outgoing 91st Missile Wing (MW) commander, gives the guidon to U.S. Air Force Maj. Gen. Stacy Huser, 20th Air Force commander, during the 91st MW change of command ceremony at Minot Air Force Base, North Dakota, June 18, 2024. McGhee gave the guidon to Huser during the ceremony, symbolically being relieved of his command of the 91st MW.



U.S. Air Force Maj. Gen. Stacy Huser, 20th Air Force commander, speaks during the 91st Missile Wing (MW) change of command ceremony at Minot Air Force Base, North Dakota, June 18, 2024. Huser welcomed the incoming 91st MW commander, U.S. Air Force Col. James Schlabach.



Minot Air Force Base Honor Guard presents the colors at the 91st Missile Wing (MW) change of command ceremony at Minot Air Force Base, North Dakota, June 18, 2024. The U.S. Air Force Honor Guard's vision is to promote the Air Force mission, preserve their heritage and protect their standards and image.

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June is Men’s Mental Health Awareness Month

AIRMAN 1ST CLASS ALYSSA BANKSTON, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

June is Men’s Mental Health Awareness Month. With the stigma surrounding men’s mental health issues, this month is key for visibility and spreading awareness.

Laurel Grams, 5th Bomb Wing Integrated Primary Prevention Office director, recalled her time as a clinical provider at Minot Air Force Base in 2003 when most of her patients were men, simply because there were more men in the military than women. She noticed men would seek help if they broke their leg or their arm, but doing so for mental health concerns was not common.

Even today, Grams notices men in their late 20s and older tend to not reach out for help because of the leftover generational stigma surrounding mental health.

“I’m seeing 18, 19, 20-year-olds who raise the issue usually quite comfortably,” said Grams. “In my opinion, I think the culture has been more positively responsive and receptive to men saying ‘Hey, I just feel really stressed out, I need to take a knee.’”

With the shift in culture having a more positive attitude toward men’s mental health, a new generation of men have grown up to be more comfortable reaching out to get the support they need.

“For me, from 2003 until 2024, I have seen a huge shift in attitude towards men’s mental health,” said Grams. “Minot Air Force Base is telling people it’s okay if you need help, we’re going to try to help you get help.”

Grams reflected that compared to 21 years ago, commanders are much more open about seeking out chaplain, mental health or True North services. Grams said she admires when commanders can be vulnerable enough to let their Airmen know it’s okay to seek help lead by example.

“I think that gives permission to the young Airmen to say, ‘Well if my commander is telling me they went through this and sought out these services and it was helpful, that could be a route that maybe I should look at,’” said Grams. “We still have that battle with guys because there’s that stigma and in the military people are concerned about how it impacts their career. Just because you get a mental health diagnosis doesn’t mean you’ll get kicked out. A lot of mental health issues can be managed with normal medications and it doesn’t have an impact on your career.”

Grams talked about the importance of listening when it comes to someone struggling with mental health. She said it is important to listen for what one doesn’t hear and to ask questions beyond the surface level to get the information that most might not talk about. For example, when asking someone about their day, regardless of whether they say “good” or “bad”, Grams suggests one should ask why. Asking what’s making their day good or bad gives them a chance to feel heard and cared about.

“I think people are getting better at it and I think people understand

the importance of it,” said Grams, “One of the key aspects is building those connections and listening to people around you.”

In the last three years, Grams has noticed people recognizing the idea of listening and making those connections and has noticed leaders emphasizing to their troops.

According to statistics on suicide from the Centers for Disease Control and Prevention, men died by suicide 3.85 times more than women, and firearms accounted for more than 54.64 percent of all suicide deaths in 2022.

When comparing statistics between men and women, the male rate is much higher because, along with the negative stigmas surrounding men’s mental health, preventing them from seeking help, men use more lethal methods, explained Grams.

Thankfully, Grams believes the Air Force and society at large has come into a much more accepting time for men to seek out mental health resources without feeling that they are degrading their masculinity.

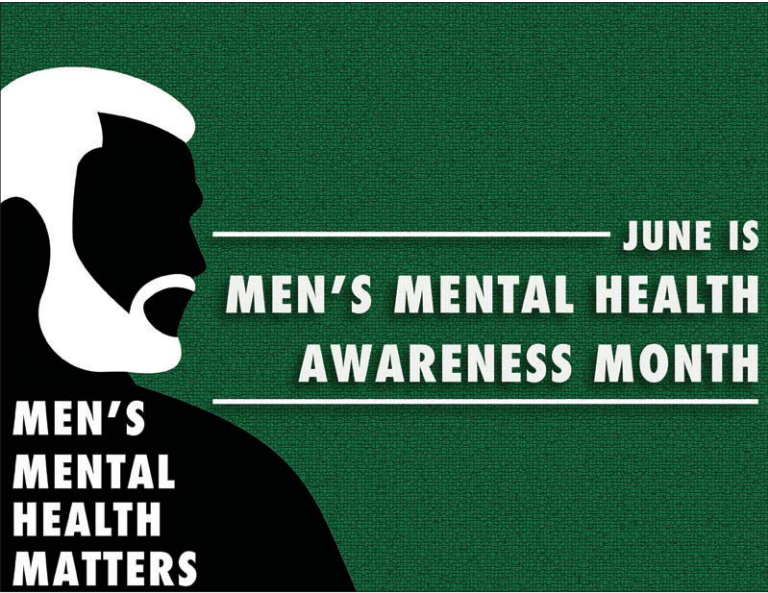
“Perceptions have changed, values have changed,” said Grams.

For those who want to make a positive impact, Grams recommends reaching out and making friends, family and teammates feel heard, checking in on loved ones and letting them know someone is there for them.

Those who ever have concerns for a service member’s well-being can recommend one of the many resources available on Minot AFB such as True North, the Integrated

Primary Prevention Office, Military OneSource and the 5th Medical Group’s mental health office.

Those contemplating suicide or experiencing a crisis should call 988.



A graphic recognizing Men’s Mental Health Awareness Month. With the stigma surrounding men’s mental health issues, this month is key for visibility and spreading awareness.

U.S. AIR FORCE GRAPHIC | AIRMAN 1ST CLASS ALYSSA BANKSTON





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**A VIEW FROM
OUR SIDE**
ROD WILSON

northernsentry
MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM

I need to preface this article with a bit of history. When we found our home on 22nd Street Northwest some 45 years ago, we didn't really look at the neighborhood more than to ask the realtor if she knew anything about the neighbors. Whether she was just being honest or playing the "less is more" game so she could sell the house, she said "no, not really." I knew the family that owned the house we were looking at, and well, we fell in love with the house, so it wasn't going to make a huge difference to us who the neighbors were.

As it turns out, Rod & Sue Wilson would be the youngest couple on the block. We didn't have any kids at that point in our marriage, but all of the other couples around us were older, and their kids had graduated from high school and moved on. Some of the houses would eventually sell to younger couples, but for the most part, we were the stable homeowners in

the neighborhood, watching with curiosity as current neighbors would leave and new neighbors move in.

Fast forward to June of 2024 when the house next to us went up for sale, and soon had a "sale pending" sign on it. The first inkling that our new neighbor(s) might be once again affiliated with Minot Air Force Base was an Illinois license plate on a car that seemed to sporadically appear. Then one day the For Sale sign disappeared, and a truck brought some large boxes that looked a lot like furniture.

Curiosity will "kill a cat" according to my dad, and we were certainly curious about our new neighbors, and our curiosity would soon be solved as last Saturday a young man would unbox his new lawn mower and take on a seriously neglected lawn, with the help of another young man, whose car would sport a Texas license plate. Yep, gotta be Airmen, we surmised, and so now all we need was an open time slot to deliver cookies as a "Welcome to the neighborhood" gift. That opportunity came on Monday evening. We made the trek and rang the doorbell, and a young man in a uniform came to the door." Hello, we're the Wilsons from next door" my wife would say, and she immediately received a hug and a "thank-you".

I immediately noticed his wing patch, "91st Missile Wing?" I would ask, and he would answer

with a "Yes, for sure." His name is Denton, and he is originally from the Midwest he said. "Illinois, you know so kinda Midwest, but not as cold" he would tell us. "91st MMS" (I think he said but will confirm next time we talk).

The next 5-10 minutes were spent talking about the neighborhood and how the Wilson's, once the young kids on the block, were now the senior residents. How our kids grew up in the neighborhood, but have all move on and guess what? We have 4 grandkids.

Nope folks, didn't bring out the cell phones with the 100's of grandkid photos quite yet. Maybe next time. Denton had noticed that I had spent a majority of my weekend up to my elbows working on my lawnmower, and guess what? "I see you're having trouble with your lawnmower. If you want to borrow mine, or want me to mow your lawn, just let me know." Really!, I thought. He's a better man than I to give up a brand new lawnmower to a guy whom he just met.

We'll hopefully get more information about our new neighbor some evening when we invite him over to grill burgers and share stories. We were especially happy to hear that Denton will probably be in Minot for quite a while (of course that is never for sure). I thought of all the things that I could have, as a good neighbor, offered to Denton. I own about every tool a home handyman

would need, and a bit of knowledge on how to fix things when they are broke. We also know all of the "fix-it" folks who, through experience, offer good service at a reasonable price. I was thinking that I know a lot about his house and can answer questions that may come up about, when was this replaced, or has the furnace every had maintenance issues?

Finally, I guess we need to just plain and simple, be good neighbors, and that might mean "speak when spoken to relationship." I am thinking that based on our first conversation, it will be a North Dakota nice relationship, but only time will tell.

For now, the kid next door has turned into Denton, and we only hope that he thinks of us as that nice older couple next door. Stay tuned, more to come...

BEST KEPT SECRETS

We were able to attend a performance of the MSU Summer Theater presentation of All Shook Up. It was great. We forget how close we are to quality theater performances that will take place all summer. More information is available on their MSU Summer Theater web site. I have my tickets for all 3 of the shows coming up through July..

TODAY'S CHUCKLE

Hindsight is the reason they put all those three-way mirrors in department stores.

The Kid Next Door

Sask Power selects Estevan...

20 miles northwest of Minot. And, as we all know from previous spring flooding, the high water starts around Boundary and Rafferty dams, comes through Lake Darling Dam, down to Minot, then takes a turn and returns into Manitoba near Westthiope and then into the Assiniboine River.

A public statement about this hasn't yet been made in the United States, but Sask Power released its own information and at least one official in Saskatchewan has talked publicly about nuclear power on the outskirts of Estevan.

Roy Ludwig is the mayor of Estevan and has spent his career working in a coal mine at Bienfait, just to the east of Estevan. He is on board with Sask Power placing an SMR near his city and 21 miles from the Portal port of entry into North Dakota.

Because Canada is taking steps to address climate change and is phasing out coal-generated power, Ludwig believes a lot of jobs that now support the Estevan economy will be remain with this new

generation of electrical power. Sask Power tells us in its news release that the electrical infrastructure is already in place and will only need upgrades rather than being built from scratch, saving Sask Power a lot of money in the process.

According to the plan, the final decision is still about a year out. A decision to proceed is planned for 2029 and the building of this 315-megawatt reactor is expected in 2034. If the math is correct, that's enough power to supply about 20,000 homes.

One thing Sask Power hasn't said, at least not publicly, is what happens in the event of an accident? We all know what happened at Chernobyl in April 1986. Chernobyl produced approximately 1,000 megawatts of power so Estevan would be about a third of that.

Mr. Ludwig has made it clear that nuclear power is the safest electrical power, as long as it's contained. There are nuclear reactors in various places in

eastern Canada that have been in operation for decades and there has never been an accident.

There's no doubt Sask Power will have safeguards in place because it will be under scrutiny from the city of Estevan, the province of Saskatchewan, the Canadian government and the Canadian Nuclear Safety Commission.

Because the final decision hasn't been made, there are actually a couple of other sites that are being considered, but aren't as strong as the Estevan area. They are Elbow, a small town on Lake Diefenbaker, which is near Saskatoon and Coronach, another small town 26 miles north of Scobey, Mont.

This SMR is said to reduce greenhouse gas emission by at least 50 percent by 2030 and is part of the overall federal government plan to have net zero greenhouse gas emissions by 2050.

More information may be found about this at (saskpower.com/nuclear).

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SHE'S NOT FROM AROUND HERE
AMY ALLENDER

"Oh-fer-cute!" I exclaimed when I saw photos of my friend's daughter sporting flower-rimmed sunglasses a frilly dress.

Last week my phone vibrated with the arrival of a new text. "You're in the Dells?! Oh for fun!"

Recently, while sitting at a coffee shop across from a friend from my hometown in Indiana, I said, "Oh-fer nice." I was met with a puzzled expression and silence.

"Do people really say that in North Dakota?" she asked. At that, I knew it was time to serve up a lesson in Hotdish vocabulary. While "oh for..." is commonplace in NoDak talk, it's not commonly used across the board—not even in other parts of the Midwest.

This got me thinking. Maybe it's time for She's Not From Around Here to open up the proverbial Hotdish Dictionary to expand upon using this useful turn of phrase. You'll find the entry for "Oh for..." after "Midsummer," but if you get to "Uffda," you've gone too far. It shares a page with "Oh, I s'pose," and "Ope."

Here's the "official" entry:
Oh for...—often pronounced "Oh-fer." In the Upper Midwest, particularly in regions with strong Scandinavian and German influences like Minnesota, North Dakota, and parts of Wisconsin, the phrase "oh for" is commonly used to underscore a sentiment, or as an exclamation of appreciation, surprise, or mild exasperation.

Hotdish Dictionary: Oh For Cute



Taking these photos was oh-fer fun, and the photos are oh-fer cute!

It's important to note that the expression is never spoken as two separate words: Oh. For. Proper pronunciation requires the speaker to run the words together. The "Oh" is a long vowel sound. The word "for" is never said like the number "four," but rather comes out sounding like "fur." Say the two parts quickly together: Oh for. Oh fur. Oh-fer. Now you've got it.

It's a versatile phrase. Something can be "Oh-fer fun," "Oh-fer cute," or even "Oh-fer sad." Summer is a great season to practice your Oh-fer usage. Let's walk through a couple examples.

While taking a leisurely stroll through Oak Park you may see a puppy trotting along next to its owner. At this point you should say, "Look, he's so fluffy. Oh-fer cute!"

If a friend tells you they are headed to the Lake this weekend, the appropriate response is, "Oh-fer fun!" On the flip side, if a friend mentions their Lake plans have been cancelled you should wrinkle


your forehead and solemnly reply, "Oh-fer sad."

Upon receiving a surprise bouquet of flowering weeds from your child you could reply, "Oh-fer sweet!" Or, if your husband washes the car you might say, "Oh-fer nice—it looks amazing!"

Hotdish Land's "Oh-fer" is the lesser-known, but very charismatic cousin of "Oh for sure!" But it carries no relation to the cranky "Oh, for goodness sake," which often comes with intense exasperation and an eyeroll.


Like many things in the Upper Midwest, it's more about subtly and context than the words themselves. Be oh-fer brave next time you see something oh-fer cute and say something oh-fer nice. You just may discover that this is your very favorite Hotdish-ism.

For more stories of life in Hotdish Land, or to work with me, join me online at AmyAllender.com, on Instagram @HeyMinot or @amy_allender, or Facebook @amyallender/blog.



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For John Young, when the circus comes to town, that being the Shrine Circus, he is the go-to-guy. He has been the circus chairman for the past 5 years. John became a Shriner in June of 2018. Besides the circus, John is active with the Shriners in the 4th of July, State Fair and MSU Homecoming parades in Minot, and many other cities around North Dakota. John is also unique in that he plays Bagpipe in the El Zagal Shrine Oilers Fez & Thistle Bagpipes and Drums band out of the El Zagal Shrine Club in Bismarck. John is also active in the Minot Masonic Lodge and Sottish Rite. John performs with the Minot Chamber Chorale and in the Western Plains Opera. His main hobby, when he has time, is gaming (Magic the Gathering, Dungeons and Dragons and various other computer games).

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U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, sits in the pilot seat of a B-52H Stratofortress at Minot Air Force Base, North Dakota, June 12, 2024. Hoadley flew one last time as Minot Air Force Base commander.



U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, receives a pre-flight brief with fellow aircrew at Minot Air Force Base, North Dakota, June 12, 2024. Hoadley prepared to take his last flight as a U.S. Airman and as the commander of Minot Air Force Base.



U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander (left), is greeted by family, friends and colleagues after his final flight as a U.S. Airman at Minot Air Force Base, North Dakota, June 12, 2024. It is tradition for the individual conducting their final flight to be showered with water and champagne by family and friends.



U.S. Air Force Col. Daniel Hoadley, 5th Bomb Wing commander, tests his flight equipment at Minot Air Force Base, North Dakota, June 12, 2024. Hoadley prepared to take his last flight as a U.S. Airman and as the commander of Minot Air Force Base.

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It's Really Bittersweet

Col. Hoadley Leaves Minot, and the Air Force

ROD WILSON, NORTHERN SENTRY



Colonel Daniel S. Hoadley
Commander,
5th Bomb Wing

are monumental, strategic nation, state level impact and sometimes it's hard to discern that, but it's there 100 per cent for sure. I am just really proud of what the team accomplished while I was here. I really just watched and clapped when they did it" says Col Hoadley.

So, what is going to feel like when Colonel Daniel Hoadley hands off command for the final time in his Air Force career?

"Bittersweet for sure. On the sweet side, there's no better way to go out than retiring from the Air Force than in a position of command. It feels like you're winning the Super Bowl on your last play, especially retiring from a place like this. But after you've invested so much of yourself in a place, it's hard to let it go, it's hard to hand it off to somebody else...you say, please take care of it, I've put so much into it, it's kind of like giving them your baby. But it's the say of the Air Force, it's health too. Colonel Lamarand will come here with a different perspective and different ideas on how to deal with some of the challenges and maximize some of the advantages we have here, and I'm confident he's going to continue the momentum that we have and make this (Minot AFB) into a better place."

Col Hoadley took a minute to reflect on his first day at Minot Air Force Base "I got here in May of 2003. I remember it distinctly because it was like 30 degrees on the first morning when I woke up" says Col Hoadley with a smile. And what was different then verses today? "I think that our proficiency, our focus, our level of effort on the nuclear mission is way more substantial than it used to be. From a cultural perspective, we are in a much better place today than back then. Now, everybody understands the importance of our mission set. People talk about the rebalance GPC (Great Power Competition), the rebalance has happened in the bomber enterprise, we have been focused on this for years now. It's the very core of what we are doing both nuclear and conventional. The bombers today can be the poster child for the Great Powers Competition. The B-52 has always been known for being flexible. The B-52 is iconic...it's instantly recognizable, instantly feared by the adversaries. They are paying attention to us, which is exactly what we want them to do."

So, what are some of the highlights of your Air Force career? "The experience here really forged me as a young officer. Attending the weapons school at Whitman Air Force Base in the B2 and returning as instructor, that was a really rewarding experience for me. Command experience was always very rewarding.

You have now witnessed the relationship between the base and community from a commander's perspective. Is it different. "I found out that I was going to take this job a year in prior to actually getting here, and one of the first things discussed with me was "You are in for a treat because the relationship with the community is amongst the best in Air Force Global Strike Command, so yeah, there is a difference. It is the best, and we have a trophy to prove it, right? The community makes the relationship easy to maintain. Quite frankly, it's not a hard job. We start out talking like, what do you think about this? And it turns into sending 125 Airmen home for the holidays."

For Joyce Hoadley, she was able to spend her last year at Minot AFB teaching at North Plains Elementary. "And she absolutely has a passion for teaching, and she was able to plug into little things we were able to do" according to Col Hoadley. "From our family, we have a feeling of profound gratitude. What a privilege to be in this place, amongst these people, doing the things that we did for the last 2 years is a tremendously rewarding experience. I guarantee that I got way more out of this, on balance, than anyone got out of my leadership here."



Col. Daniel Hoadley, son Wesley, daughter Lucy and wife Joyce.

NOTES ON BEING SAFE

PROTECT YOUR PET: SUMMER SAFETY TIPS



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Summertime can be as much fun for your pet as it is for you. But pet owners need to take some precautions to keep their animal companions happy, cool and safe during the dog days of summer. Here are a few hot-weather tips.

Sun Protection: Many of the safety concerns we have for ourselves during the hottest months of the year also apply to our pets. Consistent use of sunscreen in order to avoid sun damage is as important for our pets as it is for us. This is especially important if your pet has short hair, white fur or pink skin. Talk to your veterinarian about choosing a sunscreen (most important to apply on ears and nose) and be sure to limit your pet's sun exposure.

Heatstroke: Limiting and supervising time outdoors during the hottest hours of the day is also important for your pets because when it's hot for you, it's probably even hotter for them. Dogs aren't as efficient at cooling down as we are, since they release most of their body heat only through the pads of their feet and by panting. Be especially careful with dogs that have short, pushed-in faces (e.g., bulldogs, pugs, Boston terriers), puppies and elderly pets. Early-morning and evening hours are best for outdoor playtime, and be sure to provide plenty of water and even ice cubes.

Avoiding toxins: If you use fertilizers or other chemicals on your lawn or garden, make sure your pet doesn't have access to these potentially toxic substances. Car antifreeze is also potentially life-threatening to pets and may leak from an overheating car. Keep your pet away from what to them is a sweet-tasting, but possibly toxic substance such as this.

Water Safety: If you're lucky, you and your pets will get to spend some time cooling down near water, whether a pool, lake or the ocean. But even dogs who are good swimmers need to be protected around water. If you

have a pool, keep in mind your dog might jump in and not be able to figure out how to get out, so just as with children, never leave a pet unsupervised around water. This is especially true if you have a pool cover on, because pets can get caught under it. As an extra precaution your pet can wear a dog life preserver.

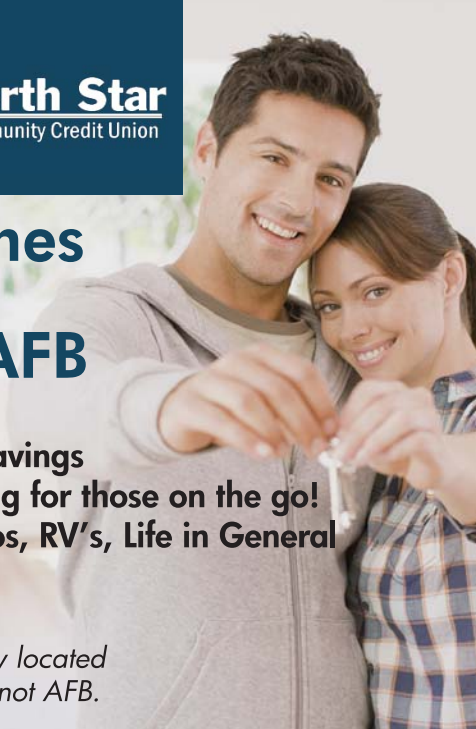

Parasite Prevention: Mosquitoes, ticks, heartworm and other bugs and parasites are out in full force in the summer, and they can infect your dog or cat and cause potentially serious medical issues. Your pet might also carry these bugs and parasites into your home, so be sure to talk to your veterinarian about a preventative.

Summer storms: Many animals don't react well to the storms that are common in summer. They may have a response to the change in air pressure or to the sound of thunder. Be sure to

teach them to have a place they can safely rest, such as a crate.

Last but not least, Travel safety: Many summer travel plans are appropriate for pets to join in on the fun. But, just like we need to be safely secured in a car, so do our pets. They should travel in an appropriately sized crate or in a harness secured to a seat belt. Also, be especially careful not to leave your pet unsupervised in a car, even for just a moment, as animals can quickly overheat.

If you take the proper precautions, you and your pets should enjoy a wonderful summer. But, if you suspect your pet may be suffering from heatstroke, contact your veterinarian immediately. Some signs of heatstroke include excessive panting, bright-red tongue and gums, vomiting, diarrhea, lethargy, and body temperature of 104-110F degrees.








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91st Maintenance Group welcomes new commander

AIRMAN 1ST CLASS LUIS GOMEZ, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D.

U.S. Air Force Col. Joseph Edington assumed command of the 91st Maintenance Group from U.S. Air Force Col. Patrick H. Baum during a change of command ceremony at Minot Air Force Base, North Dakota, June 13.

Prior to assuming command of the 91st MXG, Edington served as the commander of the 341st Operations Group at Malmstrom Air Force Base, Montana. Those in attendance at the ceremony included families of both commanders, support staff and the Rough Riders of the 91st MXG.

“It has been an honor to lead the 91st MXG,” said Baum. “The dedication and perseverance of this team have been truly remarkable. Despite the harsh conditions and challenging environment, the team has consistently demonstrated excellence in maintaining our fleet.”

U.S. Air Force Col. Kenneth McGhee, commander of the 91st Missile Wing, commended the work accomplished by the 91st MXG under Baum’s leadership.

“The men and women of the 91st MXG have shown exceptional commitment and skill in their mission,” said McGhee. “They have ensured the reliability and readiness of our intercontinental ballistic missile fleet, and I am confident that Edington will continue this legacy of excellence.”

The 91st MXG is the maintenance backbone of the 91st MW. The group is responsible for providing maintenance and logistics support for the wing’s intercontinental ballistic missile fleet.

“The dedication and commitment of the 91st Maintenance Group team are truly remarkable,” said Edington. “I am honored to lead such a distinguished group and look forward to continuing our mission of maintaining the highest standards of readiness and reliability.”



U.S. Air Force Col. Joseph Edington, incoming 91st Maintenance Group (MXG) commander, (center right) accepts the guidon from Col. Kenneth McGhee, 91st Missile Wing commander (left), during the 91st MXG change of command ceremony at Minot Air Force Base, North Dakota, June 13, 2024. McGhee passed the guidon to Edington during the ceremony, symbolically giving him command of the 91st MXG.



U.S. Air Force Col. Kenneth McGhee, 91st Missile Wing commander (left), U.S. Air Force Col. Patrick H. Baum, outgoing 91st Maintenance Group (MXG) commander (center), and U.S. Air Force Col. Joseph Edington, incoming 91st MXG commander (right), stand at attention during the 91st MXG change of command ceremony at Minot Air Force Base, North Dakota, June 13, 2024. The 91st MXG is responsible for providing maintenance and logistics support for the wing’s intercontinental ballistic missile fleet.



U.S. Air Force Col. Joseph Edington, 91st Maintenance Group (MXG) commander, gives a speech during the 91st MXG change of command ceremony at Minot Air Force Base, North Dakota, June 13, 2024. Before taking command of the 91st MXG, Edington was the commander of the 341st Operations Group at Malmstrom Air Force Base, Montana.



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1 CUP BUTTERMILK
2 WHOLE EGGS
1/4 CUP HONEY
1/2 CUP BUTTER, SOFTENED

When ready to cook, set temperature to high (500 °F) and preheat, lid closed for 15 minutes. Peel back the outer layer of the corn husk keeping it attached to the cob. Remove the silk from the corn and place the husk back into place. Soak the corn in cold water for 10 minutes. Place the corn directly on the grill grate and cook for 15-20 minutes turning occasionally until the kernels are tender. Remove from grill and set aside. Turn the grill temperature down to 350 °F.

In a large separate bowl, mix together the commeal, flour, sugar, baking powder, baking soda, and salt. In a separate bowl, mix together the butter, buttermilk, and eggs. Pour the wet mixture into the commeal mixture and fold together until there are no dry spots (the batter will still be lumpy). Pour the batter into a greased 9" x 13" baking dish.

Cut the kernels from the corn and sprinkle over the top of the batter pressing the kernels down with a spoon to submerge. Bake the cornbread until the top is golden brown and a tester inserted into the middle of the cornbread comes out clean, about 20 to 25 minutes.

Remove the cornbread from the oven and let cool for 10 minutes before serving. To make the honey butter, mix honey and butter until combined. Serve with warm cornbread. Enjoy!



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Minot Area Chamber EDC welcomed active duty and retired military personnel and their families for a free day in Minot parks, June 7, 2024. The day included a free meal, entertainment in Oak Park, along with free admission to the Roosevelt Park Zoo, Roosevelt Park and Maysa Arena.



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New Commander, Familiar Face for 91 SFG

ERIN BEENE, NORTHERN SENTRY

The 91st Security Forces Group has undergone some major changes in the last 15 years. Schedule changes were put in place due to the pandemic a few years ago, but before that, in 2016, the Group underwent a major shift in task organization and posting norms that shook-up all of the missile bases for the better. One of the people who contributed to that major shift was then-Lt Colonel James Slaton, the SFG Deputy Commander at the time.

Airmen that have been around the missile world for a while may remember a time when individual flights from two Missile Security Forces Squadrons —termed “big and heavy missiles”— posted out to the field to perform specific roles and tasks. When the reorganization of the SFG took place in 2016, it consolidated most of these roles into three MSFSs to take on all these tasks, with exception of convoy response. Col Slaton was instrumental in creating this reorganization, which has overall been very positive for the missile Defender community. Like most of the time when major changes happen in the military, Col Slaton said it was difficult to get everyone on board, but that they now realize how positive it was. He said, “Once the shock wore off, the overwhelming feedback was very positive.” Slaton mentioned that one of the main goals for the reorganization was to allow the individual MSFS to be able to all be in the same place at the same time to allow for camaraderie building, unit events and training, which is a rarity for SF members in most other units. Because of the

success of this reorganization at Minot AFB, the other two missile bases, Malmstrom and F.E Warren, also followed suit, creating this task organization as the standard. Since then, the operational Missile Squadrons (740th, 741st, 742d) have also modeled their posting to align with this concept, creating a missile and Security Forces partnership between squadrons that previously did not exist. These major and positive changes are due in a large part to incoming SFG commander Col Slaton.

This summer, now-Colonel Slaton will return to Minot AFB as the 91 SFG Commander. He hopes to continue to impact on the Minot Defenders this time around by “helping to build strong families who all want to continue in service,” and showing Airmen that Air Force life can be a positive challenge for their lives by taking ownership of their careers and responsibilities.

Col Slaton returns north from JB Pearl Harbor-Hickam, Hawaii, where he served as Division Chief, PACAF Security Forces. This will be his 3rd tour at Minot and, to the surprise of many, he requested to go back. From his own admission, he and his wife Julie love Minot and were ecstatic when they got the word of the assignment. He recalled that their absolute favorite thing about North Dakota was the fact that they do indeed have four beautiful seasons. Although they live in the tropics, Slaton stated, “Hawaii is great, but it is the same every day.” They can’t wait to revisit the North Dakota sunrise and see the holiday lights at Oak Park during December. Outdoor

people to the core, the Slatons love the majesty of the Turtle Mountains and the sweeping landscapes of the Souris River Valley.

As a northern tier veteran (he had previously commanded at Eielson AFB, Alaska), Col Slaton is painstakingly familiar with the negative opinions sometimes associated with Minot. However, he hopes to help Airmen focus on how they can thrive in the cold and use it as an ally instead of an enemy. He said, “Winter plays a role in combat. I want to use that to our advantage and not fight against it.” Additionally, he hopes to show Defenders that what they contribute is really important. “Young Airmen don’t realize how big of a deal it is. The [SFG Airmen] really do a lot but it can get lost on them because the job can be so routine.” Col Slaton has seven years of “sweat equity” burned into the SFG from previous assignments and he is excited to see it grow and build even more as he takes over command this summer. He understands the SFG from the inside out and hopes to make a lasting impression on the Minot AFB Airmen, saying: “There is a lot of stuff going on and lots of room for Airmen to grow. There are so many skills they can take with them and carry into civilian life. Life in the missile field is a rare, but opportunity-filled, place to develop skills that can’t be learned anywhere else.”

Welcome back to Minot AFB, Col and Julie Slaton!



Col Slaton and his wife Julie, on top of Sully’s Hill (now known as White Horse Hill) overlooking Devils Lake in the fall of 2017.

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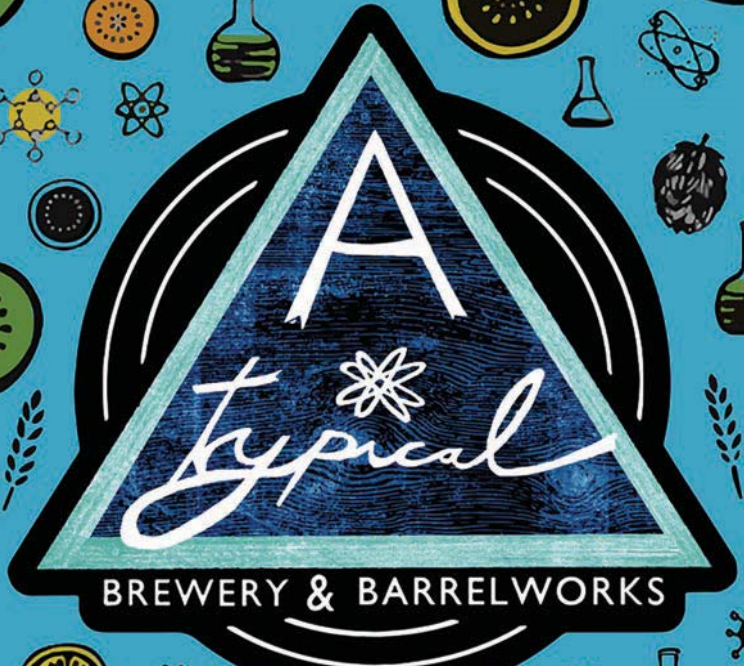
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91st Security Forces Group welcomes new commander

AIRMAN 1ST CLASS TRUST TATE, MINOT AIR FORCE BASE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- U.S. Air Force Col. James Slaton assumed command of the 91st Security Forces Group during a change of command ceremony at Minot Air Force Base, North Dakota, June 17, 2024.

The ceremony was held at the 91st SFG Defender Dome with the families of both the outgoing and incoming commander and members of Team Minot in attendance.

“Col. James Slaton is no stranger to Minot Air Force Base, as this is his third time serving as a Rough Rider defender,” said Col. Kenneth McGee, 91st Missile Wing (MW) commander. “His impact on the unit also goes beyond the years he was stationed here, as he was a principal architect of the current structure of SFG units across the Numbered Air Force.”

Slaton has served in many strategic nuclear positions, including Intercontinental Ballistic missiles operational flight test, joint staff, current nuclear operations, and nuclear squadron and group command. Slaton has served for roughly 23 years, been stationed at nine locations, and fulfilled 16 different jobs.

The incoming commander’s expertise and knowledge will enhance the readiness of the 91st Missile Wing Rough Riders. He will be responsible for operations involving the wing’s 1,800 Airmen and civilians in support of Minot AFB’s Minuteman III ICBMs.

Col. Slaton expressed his appreciation for the opportunity to take charge of the Rough Riders defenders.

“It is fantastic to be back at Minot AFB, and it’s my greatest honor to get the opportunity to work once again with the men and women of the 91st SFG,” said Col. Slaton.

Col. McGee shared his thoughts on the impact Col. Anthony McCarty, outgoing 91st SFG commander, had on Team Minot and the Air Force at large.

“Col. McCarty, because of your leadership, our young Airmen have never been more ready to accept their daily responsibilities and accept even greater challenges,” said McGee. “Because of your leadership, our convoy response teams have never been more primed to transport, protect, and defend our most precious assets when they are at their most vulnerable”.

Before relinquishing command, McCarty shared his gratitude to Team Minot and the local community for his time as the 91st SFG commander.

“To all of you sitting in this building, know that you have left a lasting mark on me and I will be forever grateful for my time here at Minot, where the front gate says it all, “only the best come north.”



U.S. Air Force Col. James Slaton accepts command of the 91st Security Forces Group (SFG) from Col. Kenneth McGee, 91st Missile Wing (MW) commander, at Minot Air Force Base, North Dakota, June 17, 2024. The 91st SFG is responsible for safeguarding 91st MW assets.



U.S. Air Force Col. Anthony McCarty relinquishes command of the 91st Security Forces Group (SFG) to Col. James Slaton during a change of command ceremony at Minot Air Force Base, North Dakota, June 17, 2024. The 91st SFG is responsible for safeguarding 91st Missile Wing assets.



U.S. Air Force Col. Anthony McCarty relinquishes command of the 91st Security Forces Group to Col. James Slaton during a change of command ceremony at Minot Air Force Base, North Dakota, June 17, 2024. The change of command ceremony brought Team Minot, family and friends together to welcome the new commander.

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS TRUST TATE

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JUNE 26, 1954

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Information courtesy of: media.defense.gov

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TOP SYMPTOMS OF AN ENGINE OIL LEAK

Ugly, greasy stains on the driveway...a burning smell and smoke coming from your engine...and the oil light on your dashboard flicking on and off—yikes! This sounds like it could be an engine oil leak. Not only are these issues hard to ignore, but they’re signs of a problem you can’t afford to ignore. Putting off repairs for an oil leak could lead to bigger headaches later on, from serious engine damage to overheating on the side of the road. Study up on the top symptoms of an engine oil leak so you can recognize one if you see it, and learn more about the important role oil plays in the health of your vehicle.

FIVE SYMPTOMS OF AN OIL LEAK

1. DARK PUDDLES UNDER YOUR CAR

When you back out from your driveway or parking space, check to see if there are dark brown or yellow puddles where your car was sitting. (Pro-Tip: If you don’t have a dedicated parking space you can watch for spotting, lay down a piece of cardboard or a plastic plate underneath your vehicle when you park. That way you can confirm the leak is coming from your car, not someone else’s.) If your oil pan has a leak, it will spill out directly onto the pavement and could cause issues with oil levels and pressure.

2. SMOKE FROM THE ENGINE

If oil drips onto the exhaust manifold, it’s going to result in smoke coming from the engine area. Leave this problem unattended for too long and leaking oil could damage the oxygen sensors or cause gaskets to break down.

3. THE DASHBOARD OIL LIGHT

Your oil light is a dashboard warning that you shouldn’t ignore. It will alert you if the oil level or oil pressure is lower than normal. While it doesn’t automatically indicate a leak, it does require further inspection.

4. ENGINE OVERHEATING

Engine oil plays an essential role in regulating the engine’s temperature. It lubricates the pistons and makes sure they glide smoothly within their housing. Without proper lubrication, the

pistons will grind against other parts of the engine, produce great amounts of heat, and potentially cause your engine to seize-up and stall. If there’s an oil leak and the oil level drops too low, the engine could overheat.

5. SMELL OF BURNING OIL

If there’s oil leaking onto your engine’s hot metal parts, you’re likely to smell burning oil and hear a sizzle, sizzle when the oil comes into contact with the hot engine. If you notice an unpleasant smell that’s thick and bitter paired with the sound of bacon frying under the hood, you could have an oil leak.

“I THINK I HAVE AN OIL LEAK! NOW WHAT?”

If you believe you have an oil leak, don’t waste time getting it checked out. Oil lubricates the moving parts of your engine, reducing friction and regulating the temperature of your engine. Driving with a leak could mean extra wear and tear on your vehicle and unfortunate engine damage.

THE EASIEST WAY TO SPOT AN OIL LEAK

The easiest way to spot an oil leak as soon as it sprouts is by getting your oil changed at the manufacturer’s recommended intervals. Your car’s manual will detail exactly how often this is. At Tires Plus, every oil change service comes with a courtesy vehicle inspection that can alert you to an evolving issue that may lead to an oil leak, or bring your attention to an existing leak.

LET OUR TECHNICIANS SOLVE YOUR ENGINE OIL TROUBLES

If you suspect something fishy is going on under your hood, visit your nearest Tires Plus and have our technicians take a look. They can help identify and repair leaks, but they can also take care of an important preventative service: your oil change. You can rely on them for excellent service and sound advice. And if your trusty vehicle has been loved for over 75,000 miles, talk to your technician about the benefits of high mileage oil too. This type of oil can help restore seals, prevent leaks, and enhance your overall engine performance. Schedule your appointment online or stop by your neighborhood Tires Plus today.



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A Home for Art

On the corner of Main St and Central Avenue stands an impressive building that once housed the Union National Bank, but now holds fine art treasures that can be enjoyed by all. The Taube Museum of Art has called this historically renovated building home since 1997 and has featured many talents from the surrounding area and beyond ever since.

One such collection that has recently found a home at the Taube is called The Sketchbook Project. For over 17 years, the project distributed hundreds of thousands of books with over 50,000 returned. Every book looked the same when it was distributed with a simple brown cover and blank lined paper, but when returned, each of the 50,000 books was as unique as the artist who created it.

The idea behind the project was to stretch an artist's imagination, be a part of a global movement of creatives, and watch the works travel to exhibits across North America. In May 2023, the project ended and there was a need for new homes for the collection. Fast forward to the present and this is how the Taube became one of the lucky homes to the world's largest collection of sketchbooks, 28,000 to be exact.

Because of the size of the collection, only about 3,000 are currently on display, but they will be rotated so that the works can be seen over time. Rachel Alfaro, executive director of the Taube explained the collection as "art you can touch and look through" and also explained it as interactive and collaborative. Looking through the books, you can truly get a glimpse into the artist's thoughts and musings. They are sentimental journeys that get to the heart of what was happening in the life of the artist when they had their hands on the sketchbook.

The variety of art in these sketchbooks include fine art to junk journaling and textile art to writing. The only parameter was the prompt the artist was given when they received the book and the rest was up to artist imagination.

In the future, there is a plan to open the project back up to North Dakota artists because at this time, there are few sketchbooks by North Dakotans. Keep an eye on their Facebook at TaubeMuseumofArt or their website: taubemuseum.org to keep informed on this project.

In addition to housing the collection, the Taube is a non-profit art museum that is free and open to

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OUTDOOR REPORT

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at ([facebook.com/woodlandresortDL](https://www.facebook.com/woodlandresortDL)), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

by Patricia Stockdill

Fishing:
Lake Sakakawea elevation, June 17: 1,840.19 feet above mean sea level (MSL); 21,800 cubic feet per second (CFS) Garrison Dam average daily releases.
Devils Lake elevation: 1,449.72 feet above mean sea level (MSL).
Stump Lake elevation: 1,449.75 MSL.
•N.D. Game & Fish Dept. game wardens: Wind and weather limiting angler numbers but when people can get out, try west end of Devils Lake around the Minnewaukan Flats. Extremely spotty and inconsistent success, however. No reports from Lake Sakakawea and north-central area lakes.
•Devils Lake, Ed's Bait Shop, Devils Lake: Most walleye activity remains west around Howard's Bay or Minnewaukan Flats.
•Devils Lake, Woodland Resort, Devils Lake: Weather fronts slowing angler numbers and water temperatures remain cool to slow walleye activity. Locate warmest water shallow around 15 to 16 feet.
•Lake Darling, Karma C-Store, Ruthville: Grano area fair to good for walleye. Fair to good walleye activity in the Van Hook Arm of Lake Sakakawea.
•Lake Metigoshe, Four Seasons, Bottineau: Bluegill moved into the shallows with good success. Try morning and evening hours for walleye with continued pike activity.
•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Fair walleye success but inconsistent with weather fronts moving through on the east end of Lake Sakakawea with most activity around Douglas Bay. Try jigs or lindy rigs and minnows with some success starting on nightcrawlers and leeches. Missouri River tailrace producing nice walleye activity. No Lake Audubon reports.
•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Decent walleye bite on the east end of Lake Sakakawea in Garrison and Douglas bays. Try pitching jigs and minnows or plastics in 3 to 12 feet or

pulling lindy rigs in 20 to 30 feet. Fair pike shore-fishing activity in Steinke, Centennial, and Garrison bays. Work along weed lines in 15 to 20 feet on Lake Audubon for walleye with spinners or slow death hooks and nightcrawlers. Also try leeches on a plain lindy rig with bottom bouncer. No muskie reports yet.
•Lake Sakakawea, Indian Hills Resort, Garrison: Inconsistent weather creating inconsistent walleye success. Locate warm weather with some nice success when there's stable weather. Move around.
•Lake Sakakawea, New Town: Fair to good for walleye, wind and weather permitting, in the Van Hook Arm.
•Lake Sakakawea, Van Hook Bait & Tackle: Fair to good walleye success with nice numbers of eater-sized fish. Look for a transition from minnows to nightcrawlers in 20 to 22 feet in the upper end of the Van Hook Arm. Stable weather would help with more consistent success, though.
•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing walleye in the Spillway "hole" and channel. Try a mix of presentations. Some catfish mixed in. Fair walleye success from shore. Work the chutes at night for larger walleye. Lake Sakakawea producing some walleye throughout the east end but overall remains spotty, in large part likely due to weather fronts moving through. Move around and try a variety of depths with nightcrawlers but most success has been in 8 to 18 feet. Continued fair salmon activity

- Registration open for Youth Day Camps, Lake Metigoshe State Park, (<https://bit.ly/lmshowclix>) for camps July 10, 17, 31, and Aug. 1 and 8.
- Upper Souris Nat'l. Wildlife Refuge Prairie Marsh Scenic Drive auto tour route and 2 Souris River canoe trails are also open.
- Garrison Dam Nat'l. Fish Hatchery downstream of Garrison Dam near Riverdale open for free tours Monday through Friday 9 a.m. to 3:30 p.m. and weekends and holidays from 10 a.m. to 3 p.m.
- June 22 & 23: Frontier Military Days beginning at noon each day, Fort Stevenson State Park, Garrison.
- June 25: Summer Olympics for children ages 6 to 14, Duane Carlson Stadium, Minot, 6 p.m.
- June 28: Free Movie in the Park, Oak Park, 9:30 p.m.
- July 4: 4th of July Fest, Oak Park, 11 a.m.
- July 5 & 6: Let's Stick to Fun evening activities, Lake Metigoshe State Park, free with park entrance fee.
- July 10: Youth Day Camp, Feathered Friends, Lake Metigoshe State Park, for 7- and 8-year olds, 9 a.m. \$35 and park entrance fee. Registration now open, (<https://bit.ly/lmshowclix>).

TOURNAMENTS:
•June 21: Devils Lake, Grahams Island State Park.
•June 22: Missouri River, Washburn, South Hoffer Lake.

along the Riverdale Bluffs and face of the dam.
•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Upper end of Lake Sakakawea remains muddy with some activity around White Earth Bay and New Town but better success east in the Van Hook Arm. Try nightcrawlers or leeches more so than minnows. Work shallow for smallmouth bass. Try Lewis and Clark State Park for catfish. Blacktail and Kota-Ray dams continue producing some bluegill activity.
•Lonetree WMA area lakes, Harvey: No new reports.
•North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: No new reports from the Souris River and area lakes.
Paddle sports river elevations:
•Little Missouri River, Watford City, Long X Bridge: River stage, 7.54 feet; streamflow, 142 CFS.
•Missouri River, Williston: River stage, 21.95 feet.
•Missouri River Washburn: River stage, 10.12 feet.
•Pembina River, Walhalla: River stage, 3.13 feet; streamflow, 476 CFS.
•Souris River, Foxholm: River stage, 5.84 feet; streamflow, 28.4 CFS.
•Souris River, Minot Broadway Bridge: River stage, 41.55 feet.
•Yellowstone River, Sidney, Mont.: River stage, 11 feet; streamflow, 39,100 CFS
Numbers to know:
•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
•Report All Poachers: (701) 328-9921.

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CROSSWORD SOLUTION

Solution to last weeks Crossword puzzle.

I	S	B	N			B	A	G	S			G	E	E	K	S
L	U	R	E			A	R	L	O			E	N	D	I	S
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C	A	L	L	A	S		O	X	Y				C	O	O	
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SUDOKU

Solution to puzzle on page B13

				1		2		3
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5			6			7		
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8		4				1		9
	6		2			8		5
		7			9			6
		2	8					
3		1		5				

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CROSSWORD PUZZLE

Across

- 1. Propped open, perhaps
- 5. Phooey!
- 9. Caesuras
- 14. Takeout order?
- 15. Spanish surrealist
- 16. Support for 15-Across
- 17. Tons
- 18. Advice for coping, part 1
- 20. Intrigues
- 22. Churn up
- 23. Part 2 of the advice
- 30. Get just right
- 31. Certain benefactors, often
- 32. Hypotheticals
- 35. Unctuous
- 38. Tons
- 39. Memory jogger
- 41. Spots for hoops
- 43. Patch location
- 44. Andes climber
- 46. Lectures
- 48. Collection agency letters?
- 49. Making public
- 51. Tailor's supply
- 53. Part 3 of the advice
- 59. Pole, e.g.
- 60. Novelist Cather
- 61. End of the advice
- 67. Battery unit
- 68. 1836 siege site
- 69. Therefore
- 70. Weapon for scoring a hit
- 71. Two-time president of Argentina
- 72. French city on the Rhone
- 73. Furnish

1	2	3	4		5	6	7	8		9	10	11	12	13
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61	62	63	64				65	66		67				
68					69					70				
71						72					73			

Down

- 1. Become acclimated
 - 2. Solution for dessert?
 - 3. Distant
 - 4. Medal champ in Los Angeles
 - 5. WWII spray
 - 6. Rallying cry
 - 7. Attentive
 - 8. Leg bone
 - 9. Unloads on eBay
 - 10. Partake of
 - 11. Savannah-to-Tampa dir.
 - 12. Caffeine provider
 - 13. Weaselly
 - 19. Singer with Count and Duke
 - 21. Mex. madams
- 24. Deep-sea oxygen supplier
 - 25. "Silas Marner" novelist
 - 26. Ugh!
 - 27. Saudi's neighbor
 - 28. Start for wear, stand or tow
 - 29. Ascends
 - 32. Family reunion invitee
 - 33. Shakespeare collection
 - 34. Liverpool legend
 - 36. Wharton deg.
 - 37. Doghouse cries
 - 40. Arab leader
 - 42. Short play
 - 45. Friend for TV viewers
 - 47. Sell a bill of goods
- 50. Hair tamers
 - 52. Pivot
 - 54. African dry zone
 - 55. Key material
 - 56. Marry on the cheap
 - 57. Best Director for "Annie Hall"
 - 58. Judged
 - 61. Eavesdropper's device
 - 62. Percent ending
 - 63. Long-bodied fish
 - 64. Bunch of MDs
 - 65. Head sweller
 - 66. Family tree branch

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Let’s Talk Community Service

Cassidy Hjelmstad is Active On Many Fronts

ROD WILSON, NORTHERN SENTRY

It might be OK for most CEOs to turn off the lights, close the door and head for home after a busy, pressure filled day. But for SRT CEO Cassidy Hjelmstad it could be a quick switch of hats, and on to the next activity, or activities.

Not only is Cassidy a busy CEO of a company that competes in the ever changing world of residential and corporate communications, a quick look at the Minot Chamber of Commerce/EDC website will give you information about Cassidy Hjelmstad, Chairman of the Chamber/EDC board of directors.

So, you say, many of us wear a couple of hats. Isn’t that what community service is all about? A couple of hats, certainly, but Cassidy is also an Honorary Commander for the 91st Missile Wing. Her Honorary Commander is THE commander of the 91MW, that being Colonel James Schlabach, who just replaced Colonel Kenneth McGee as Wing Commander of the only Air Force base in the United States supporting 2 Wings of the Nuclear Triad, the ICBM Minuteman III, and the 5th Bomb Wing, home to the 23rd and 69th Bomb Squadrons and the B-52H jets.

Any one of the above roles warrant an article in the Northern Sentry, but we’ll take them one at a time as we recently sat down with Cassidy.

SRT

We are almost done with our fiber build out in Minot. (Supplying a fiber feed to all homes in Minot). “Technically we started our rural fiber build out in 2010, it was a broadband grant for an area that served only the rural Lake Metigoshe area, and that grant was very specific as to the area that would be served. But 14 years later, we are almost done (with converting the entire SRT area). Considering we had almost 5,400 square miles to cover, and we all know how far apart rural farms and towns are, so it takes a while to install all this underground fiber” explains

Cassidy “and we will be 100-percent served, across our entire SRT service area, by the end of the year.” SRT worked with landowners and homeowners to get directly to their properties so they can have access to that service.”

The fiber conversion was a quite an undertaking, and a significant investment for SRT “our fiber investment was almost \$130 million dollars, so that everyone would have access to Gig internet speed” finishes Hjelmstad.

SRT is a telecommunications cooperative with over 24,000 internet customers and 13,500 landline (phone) customers. SRT is also the cooperative that serves Minot Air Force Base, and now every home and office on Minot Air Force Base has fiber to their location. SRT worked with Balfour Beatty who has operated the residential area on base under a new privatized housing agreement, to make sure that they not only reached all of the homes but didn’t overbuild to areas where homes may have been removed.

“We worked to cable the dorms (on Minot Air Force Base) and the residents have Gig by Gig (1 Gig upload and 1 Gig download). This isn’t one Gig to the entire dorm and they all have to share it, but one Gig to each resident, which is great” says Hjelmstad “a true gamer wants to have their own environment, and they want to be comfortable, and they don’t want to share internet feeds.”

And the future? “We are always challenged, and we are always looking for what’s next. We have our eyes on quite a few things that would make sense from a business case, and honestly, it’s pretty exciting.”

Cassidy gives kudos to the innovative, forward thinking board at SRT, “they are always challenging us, keeping us on our toes, and we love that.”

And when Sentinel is being planned and built? “Well of course we want to be at that table. We know and serve this region better than anyone else

does. We have fiber everywhere, and I would hope that is an advantage. We are set and ready to help with any project that would come our way, and we love being partners with Minot Air Force Base.

HONORARY COMMANDER CASSIDY HJELMSTAD

“First and foremost, what has impressed me the most, is the quality of the leadership at the Air Force Base. To have 2 missions that are working together to provide nuclear deterrence, with 2 of the 3 legs of the nuclear triad, on a daily basis, has been eye opening” says Hjelmstad about her role as an Honorary Commander for Minot AFB. “The talent that is leading our Air Force allows me to sleep better at night. I grew up in Newburg. We drove by the Minot Air Force Base at least once a week when we would come to town. Now to see all that happens on Minot Air Force Base, and the big picture, it’s incredible. At the Nuclear Triad symposium, we were challenged to talk about the missions, and what Minot Air Force Base does. Honestly, it’s been life changing for me” continues Hjelmstad.

MINOT CHAMBER OF COMMERCE/EDC

“Our military is one of the main pillars of the Minot Chamber/EDC, and it should be. We have the ability to educate and advocate through Task Force 21, we have the ability to show military appreciation from a member/investor side. And even though I may be the Chairman of the Board this year, SRT is a member of the Minot Chamber/EDC. It’s great to have that close of a connection to Minot Air Force Base, and for others like Verendrye Electric to have that connection, is no different. They also serve the base, and they oversee the Military Affairs Committee and they just sponsored Military Appreciation Day at the park. The Minot Chamber/EDC, is the glue that keeps all these



Cassidy Hjelmstad next to Barksdale Trophy which recognizes the partnership between Minot and Minot Air Force Base.

relationships moving along and communicating. I also have the privilege of meeting and talking to many Airmen and their families, and even though Minot may not be like the bigger city that they are from, they all say the people are so nice. That’s what’s important, we can make the people not from here feel welcome in our community, and I hope people agree.”

When will things slow down for Cassidy Hjelmstad. From the outside looking in, I can say “never, I hope” in a tongue in cheek fashion. Her experiences on the many fronts that make up the tapestry of Minot as a community and Minot Air Force Base are important. Thank you Cassidy, and keep up the good work...

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BOMBER TASK FORCE 24-3



69TH EXPEDITIONARY BOMB SQUADRON

Airmen assigned to the 69th Expeditionary Bomb Squadron pose for a photo during Bomber Task Force (BTF) Europe 24-3 at RAF Fairford, England, June 17, 2024. BTF missions enable Airmen to maintain a high state of readiness proficiency, and validate our always-ready, global strike capability.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN KYLE WILSON

US Flies B-52 to Cap Off Its Largest Exercise in Africa

UNSHIN LEE HARPLEY, AIR & SPACE FORCES MAGAZINE

Moroccan Royal Air Force fighters escorted a U.S. Air Force B-52H Stratofortress on May 31 to help mark the 20th anniversary of the U.S.’s largest annual exercise in Africa.

U.S. Africa Command’s African Lion featured more than 8,100 participants from 27 nations, running from April 19 to May 31 across Morocco, Ghana, Senegal, and Tunisia.

The U.S. Air Force in particular contributed Airmen from the 302nd Airlift Wing at Peterson Space Force Base, Colo.; the 349th Aeromedical Evacuation Squadron at Travis Air Force Base, Calif.; the 36th Aerial Port Squadron at Joint Base Lewis-McChord, Wash; the 86th Aeromedical Evacuation Squadron at Ramstein Air Base, Germany; the 4th Combat Training Squadron at U.S. Army Garrison Bavaria-Hohenfel Germany; and the 109th Air Control Squadron at Roland R. Wright Air National Guard Base, Utah.

“This exercise is an incredible opportunity for all of us to work shoulder-to-shoulder with our partners as we develop essential aviation capacity and strengthen regional cooperation,” Lt. Col. Bradley Ross, African Lion Air Force element commander, said in a release. “Together, we’re building a team capable of ensuring Africa’s future safety, security and prosperity.”

Along with the B-52—which is currently operating from RAF Fairford, U.K., as part of a bomber task force—the Air Force sent two C-130H Hercules aircraft from the 302nd Airlift Wing, a U.S. Air Forces in Europe and Air Forces Africa (USAFE-AFAFRICA) spokesperson

told Air & Space Forces Magazine. The Hercules aircraft conducted a joint forcible entry exercise and cargo drop operations in Morocco, allowing aircrew to airdrop efficiently and deploy personnel to specific locations.

Other U.S. aircraft included the Navy’s P-8A Poseidon and the Utah Army National Guard’s AH-64 Apache helicopters. The helicopters were transported by two C-17 Globemaster III aircraft from the 445th Airlift Wing at Wright-Patterson Air Force Base, Ohio, and the 437th/315th Airlift Wing, Joint Base Charleston, S.C. The Globemasters did not participate in the exercise, the spokesperson added.

During the exercise, a real-life evacuation scenario unfolded as the 86th Aeromedical Evacuation Squadron at Ramstein Air Base swiftly transported a U.S. Army Soldier on a Tunisian C-130J Super Hercules. The squadron evacuated the soldier from El Aouina Air Base, Tunisia, suffering from a gastrointestinal infection with complications. The patient evacuation occurred within 12 hours of notification, with help from TRANSCOM, the Army Southern European Task Force in Africa, and the U.S. and Tunisian embassies.

The large scale exercise is an example of AFRICOM’s “immense convening power,” which fosters interoperability across its African allies, said Air Force Maj. Gen. Kenneth P. Ekman, director of strategy, engagement, and programs of U.S. Africa Command.

“We partner with African militaries by playing the U.S. strikes, which are distinctive,” Ekman said at U.S. Global Leadership Coalition’s

Global Impact Forum on June 3. “We build relevant and resilient military capacity to address our shared security interests. Those are backed by education and training programs that put a premium on rule of law, human rights, and civilian control.”

Ekman also described the strategic challenges facing AFRICOM in response to efforts against violent extremist organizations (VEOs).

“I am most concerned about the diminishing U.S. competitive advantage in a multipolar world among increasingly nonaligned partners in Africa,” said Ekman. “This sets the fulcrum for leveraging our AFRICOM means and ways as a posture-limited theater, focused on security cooperation. We’re almost completely pursuing the disruption of select VEOs through partner led U.S.-enabled operations. Al Qaeda and ISIS affiliates drive our focus primarily in East and West Africa, where we had some recent successes in East Africa last week.”

Ekman stressed the command’s need to use its resources to prioritize security cooperation in the face of growing Russian influence through Private Military Companies (PMCs) in Africa. PMCs add a layer of complexity, as they often operate independently or in support of state interests, posing challenges for traditional military and diplomatic efforts.

“For Russia, our challenge involves providing a viable alternative to what they offer, operating alongside Russian forces and PMCs, who pursue separate or related security objectives and then maintaining access and influence despite state capture,” said Ekman. “That’s an area where we’re still trying to

figure out how to do it, with an increasingly nonaligned Africa.”

In recent years, Russian diplomacy in Africa has become closely tied to private PMCs, like the Wagner Group. These private mercenary groups offer services to African governments independently, while providing Kremlin with plausible deniability regarding its

Two U.S. Air Force B-52 Stratofortress bombers assigned to the 69th Expeditionary Bomb Squadron flew from their deployed location at Royal Air Force Fairford, United Kingdom, to the Eastern Mediterranean on Tuesday.

The mission was a long-planned bilateral, international training mission conducted under Bomber Task Force 24-3. The bombers integrated with Royal Air Force fighter aircraft and French Air Force aircraft in the Eastern Mediterranean before returning to RAF Fairford.

Through BTF missions, U.S. Air Forces in Europe - Air Forces Africa enables dynamic force employment in the European theater, providing strategic predictability and

involvement. Reports have shown their actions often involve human rights abuses, disinformation, and worsened civil conflicts. Experts caution against hiring Russian private military companies in Africa due to potential consequences, including increased violence and military tensions and exacerbated civil-military relations.

Bilateral training contributes to cooperation and shared defense in the region. Allies and partner nations take every opportunity to train together to refine tactics, techniques, and procedures to improve interoperability.

BTF 24-3 is a part of Large Scale Global Exercise 2024, an umbrella term that incorporates dozens of separate exercises and military activities under multiple combatant commands, which enables U.S. forces to train with Allies and partners to improve shared understanding, trust, and interoperability on security challenges.

ST LT JOE HARK, USAFE-AFAFRICA PUBLIC AFFAIRS

RAMSTEIN AIR BASE, Germany

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BOMBER TASK FORCE 24-3

Strategic bombers soar across Arabian Peninsula

NINTH AIR FORCE (AIR FORCES CENTRAL) PUBLIC AFFAIRS


U.S. CENTRAL COMMAND AREA OF RESPONSIBILITY -- U.S. Air Force B-52 Stratofortress long-range strategic bombers integrated with U.S. and Coalition Forces throughout the Middle East, June 12 and 14, including passes through the Red Sea and Arabian Gulf, as part of Bomber Task Force, a rotational bomber presence in the U.S. Central Command area of responsibility. The strategic bombers from Minot Air Force Base's 69th Expeditionary Bomb Squadron, currently deployed to the United Kingdom's RAF Fairford, conducted a cross-combatant command mission, which integrated allies and partners across U.S. European Command, U.S. Africa Command, and U.S. Central Command. This iteration incorporated fighter escorts from several coalition nations and integration with MC-130J Commando II aircraft operated by Special Operations Command-Central joint warfighters, which recently conducted familiarization training for the rapid employment of palletized effects from cargo

aircraft. The rotational bomber presence offers familiarity on how to integrate long-range strike capabilities to support deterrence initiatives. As part of a live weapons employment training in June 2023, the U.S. Air Force launched a Joint Air-to-Surface Standoff Missile at a training range within the U.S. Central Command's area of responsibility to further demonstrate advanced strike capabilities. The bomber missions also provide senior coalition leaders with strategic options to employ advanced conventional weapons, including airstrikes on February 2 from two B-1B Lancer supersonic bombers against Iranian-Aligned Militia Group facilities in Iraq and Syria. Bomber Task Force missions highlight the U.S.'s ability to rapidly field combat airpower while enhancing training opportunities and interoperability for regional allies and partners operating alongside U.S. forces.




A U.S. Air Force B-52 Stratofortress, assigned to the 5th Bomb Wing, conducts aerial refueling with a KC-135 Stratotanker, assigned the 350th Expeditionary Air Refueling Squadron, June 14, 2024 during a presence patrol mission over the U.S. Central Command area of responsibility. The B-52 is capable of flying at high subsonic speeds, at altitudes of up to 50,000 feet, within the atmospheric tropopause, with worldwide precision navigation capability, providing a unique rapid response to senior coalition leaders globally.

U.S. AIR FORCE PHOTO
TECH SGT. ASHLEY SOKOLOV



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A TRAIL OF A DIFFERENT SORT

Patricia Stockdill

It almost as if the river opens its arms to greet an old friend after one slithers off the manmade launch; paddles guiding through a cattail marsh opening.

The river was dammed almost 90 years ago; its marsh evolved below earthen, concrete and metal, and the waters of the resulting reservoir, Lake Darling.

Those marsh cattails do more than embrace a paddler with the mystery of what might lie beyond – it provides vital habitat for a variety of wildlife species.

The dam, the lake, its marsh, and parts of the river meandering upstream and downstream of it all are surrounded by Upper Souris National Wildlife Refuge, established in 1935, about a year before the dam was completed and just months before it began impounding water.

Together the dam and refuge provide water for wildlife and humans, alike. They provide habitat for migratory and resident wildlife. They protect from flooding.

And they provide opportunities to embark on a trail of a different sort.

Not a hiking or biking trail. Not a horseback trail.

Instead, Upper Souris National Wildlife Refuge has designated trails for canoes, kayak, and paddle craft like stand-up paddleboards on the Souris River – the Beaver Lodge Canoe Trail and Mouse River Canoe and Boat Trail.

The river's path below the dam was deemed a trail even before the beginning of this century.

Its name dates back to the early days of exploring what would become Dakota Territory and ultimately North Dakota: French explorer Pierre Verendrye called the river that dips down from Canada "Souris" - French for "mouse".

Ironically, folks downstream of the river often refer to the Souris River as the Mouse River. The Renville County Park Board manages a park, established in the early 1900s, on the river named Mouse River County Park.

And when it comes to names, the Beaver Lodge Canoe Trail earned its moniker because of an active beaver lodge along its path.

But that's history and this is the present, which means the popularity of canoes is giving way to kayaks and stand-up paddleboards.

And they're exploring the Souris River in 21st Century fashion, albeit not the same type of exploration as Verendrye's.

Instead they're accessing the river from a launch installed in 2019 by the refuge's volunteer support organization, Friends of the Souris Loop Refuges. They're finding some of the wildlife that call the refuge home, as well as others migrating in the spring and fall.

Some fun canoe trail facts:

Beaver Lodge Canoe Trail:

- Seven miles long, round-trip, beginning just east of the Outlet Fishing Area downstream of Lake Darling Dam.
- Paddle downstream on the Souris River, turning around at the point of a decommissioned dam (it's identified) to head back to the starting point and its easily accessible launch.
- Portages through the cattail marsh may be necessary in times of low water for the first one-fourth of a mile.
- The trail offers easy paddling conditions.
- No shore access is allowed off the canoe trail.
- Approximately 4-hour round-trip.
- Kid-friendly (don't forget life jackets for everyone).
- Open for paddling May 1 through September 30.
- Provides fishing, photography, and wildlife viewing opportunities.
- The refuge is open from 5 a.m. to 10 p.m. and there aren't user or entrance fees.

Mouse River Canoe and Boat Trail notes:

- Five miles long (10 miles round-trip).
- Unlike the Beaver Lodge Canoe Trail, the trail is open to boats in addition to paddle crafts.
- The trail begins at Mouse River Park located northwest of Mohall. There aren't user fees for canoe and boat trail use.
- Approximately 5-hour round-trip.
- Kid-friendly.
- Ends at the north boundary of the refuge, which was identified by traditional National Wildlife Refuge Blue Goose (blue-and-white) signs.
- No shore access is allowed from the canoe trail except at the park.
- Open for paddling May 1 through September 30.
- Provides fishing, photography, and wildlife viewing opportunities.



A group of kayakers and canoeists enjoy a summer excursion on Upper Souris National Wildlife Refuge's 7-mile round trip Beaver Lodge Canoe Trail.

PATTY BLOMS, UPPER SOURIS NATIONAL WILDLIFE REFUGE PHOTO



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5th Graders Tour Minot AFB During Summer STEM Program

AIRMAN 1ST CLASS TRUST TATE, MINOT AIR FORCE PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. -- The Department of Defense sponsored STARBASE program hosted a free and public Science, Technology, Engineering, and Mathematics summer academy for fifth graders to tour Minot Air Force Base, North Dakota, from June 10-12. The DoD STARBASE is an educational program sponsored by the Office of the Assistant Secretary of Defense and Reserve Affairs. The students took part in hands-on STEM activities with a military focus to explore careers and observe real world applications. The program supplied students with 25 hours of enriching experiences at more than 80 Air Force, Air Force Reserve, Army, National Guard, Navy, and Space Force bases across the United States, Guam, and Puerto Rico. "DoD studies have shown that about the time a student is in fifth grade, they're starting to get more

serious about what they want to do when they're done with school," said Jon Dawson, STARBASE Director for the STARBASE North Dakota program and Minot Public School teacher. "They created the program not to teach ten year olds the mastery of science, but to pique their interest in science." Dawson stated that the program's goal is to develop a highly educated and skilled American workforce who can meet the advanced technological requirements of the DoD. All Minot Public School fifth grade classrooms attend with an average of 600 students from 30 classrooms each year. "When I was a kid, I was always looking at helicopters and planes flying around and just wanting to know what's going," said Airman 1st Class Jacob Young, 54th Helicopter Squadron special mission aviator and STARBASE tour leader. "A lot

of kids have a general interest in the military and want to get some questions out." Dawson said that some of the academics in the classroom are related to the principles of flight, such as Newton's three laws of motion, microsoft flight simulator, and allowing the students to fly some indoor drones. The program included a tour of the 54th Helicopter Squadron for a helicopter static display and rescue exercise, visiting the Air Traffic Control Tower, and a B-52H Stratofortress simulator for weapons system training. One class per school year is given a curriculum based pre- and post-test. The classroom for school year 2022-23 had a 21 percent gain in knowledge. By introducing young people to the opportunities available within the DOD, the STARBASE Program inspires the next generation of American servicemen and women.



Team Minot Airmen pose for a group photograph with Department of Defense sponsored STARBASE Science, Technology, Engineering, & Math (STEM) summer program students at Minot Air Force Base, North Dakota, June 10, 2024. The program supplied students with 25 hours of enriching experiences at more than 80 Air Force, Air Force Reserve, Army, National Guard, Navy, and Space Force bases across the United States, Guam, and Puerto Rico.

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS TRUST TATE



Department of Defense (DoD)-sponsored STARBASE Science, Technology, Engineering, & Math summer program students sit in a UH-1N Iroquois during a helicopter static display tour at Minot Air Force Base, North Dakota, June 10, 2024. The program's goal is to develop a highly educated and skilled American workforce that can meet the advanced technological requirements of the DoD.



U.S. Air Force Staff Sgt. Jesse Laker, 54th Helicopter Squadron evaluator flight engineer, answers questions during a UH-1N Iroquois helicopter static display tour at Minot Air Force Base, North Dakota, June 10, 2024. The tour was held in support of the STARBASE Program, which supplied students with 25 hours of enriching experiences at more than 80 Air Force, Air Force Reserve, Army, National Guard, Navy, and Space Force bases across the United States, Guam, and Puerto Rico.

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Military One Source: An Invaluable Resource

In the middle of May, I was privileged to be invited to present to the Office of the Under Secretary of Defense (OUSD), Military Community and Family Policy (MC&FP) Team. The MC&FP Team hosted a professional development summit at the Pentagon in Alexandria, Virginia with a focus of “Taking care of those who take care.” It was an opportunity for the team to collectively engage in professional learning and reflect on their work and impact in our DoD Community.

With scale and impact at the forefront, behind every program there are people and relationships key in achieving objectives. As a guest speaker for the MC&FP Professional Development Symposium, my presentation focused on building and strengthening partner relationships. It was an honor to share professional insights with senior executives with extensive oversight of over programs such as Military One Source.

When was the last time you visited Military One Source. Military One Source is a resource critical to the support of our military connected families across the Department of Defense. Military One Source is not just a website but an engaging platform from the Department of Defense that is a 24/7 “gateway to trusted information, resources, and

confidential help.” The goal of this platform is to provide resources right at one’s “fingertip” for various facets of military life. This includes but is not limited to the following:

1. Confidential Counseling: Military OneSource offers free, confidential counseling services to help individuals and families navigate personal and relationship issues, stress management, grief, deployment-related challenges, and more.

2. Financial Guidance: Military OneSource provides financial education and resources to assist with budgeting, debt management, tax preparation, retirement planning, and other financial matters.

3. Relocation Assistance: Military OneSource offers information and resources to support service members and their families during relocations, including assistance with housing, schools, childcare, and settling into a new community.

4. Spouse Employment Support: Military OneSource provides resources and tools to help military spouses overcome career challenges, find employment opportunities, and enhance their professional skills.

5. Education and Career Support: Military OneSource offers education guidance, tuition assistance information, and career exploration resources to help service members

and their families pursue their educational and professional goals.

6. Health and Wellness Resources: Military OneSource provides information and resources related to physical and mental health, including assistance with finding healthcare providers, managing chronic conditions, and accessing counseling services.

7. Specialty Consultations: Military OneSource offers specialized consultations on topics such as special needs support, elder care, adoption, and legal matters.

Spending time with the Military Community and Family Policy Team at the Pentagon was invaluable. It provided perspective on the people behind the programs, facilities, and services crucial in upholding our total force. It was also an opportunity share professional insights gleaned in my time at Minot Air Force Base, North Dakota and beyond. Take a moment to visit Military One Source and know there are people who “take care” in ensuring our total force is supported.

For more information about Military One Source, please visit <https://www.militaryonesource.mil/>. In addition, if there are questions pertaining to the School Liaison Office, please email mafb.school.liaison@us.af.mil or call 701-723-1447.



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



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SUBMITTED BY BRITINIE SAVOIE

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June 30th

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Karate kid all day, everyday, no matter where we go. He loves his Minot ATA school house and we are so thankful for them!!

SUBMITTED BY SARAH WEIDMAN



Had so much fun going to the Fort Stevenson's kite festival and walking the trail!

SUBMITTED BY GIANNA BROCKHOFF



Rhian enjoys playing outside on these beautiful days.

SUBMITTED BY TRACY HENRY



Sitting in my hammock and reading my book camping at Metigoshe State Park.

SUBMITTED BY TENA HOLMGREN

Pioneer Village Museum

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Burlington, ND

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- Children's activities both afternoons
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MCDC Takes on ACM Conference

TESSIA SAMUELSON, MAGIC CITY DISCOVERY CENTER

During the third week in May, three of the staff at the Magic City Discovery Center were given the opportunity to attend the Association of Children’s Museum InterActivity Conference in Madison, Wisconsin. The staff that attended the event include; Executive Director, Wendy Keller, Educator, Tessia Samuelson, and Lead Discovery Guide, Brittney Avery-Wood. The theme of the conference was “Flourish” and it focused on how the field can ensure that every child prospers and becomes their best self, which in turn creates a more caring, compassionate, inclusive, and sustainable global community. The ACM Conference is essentially the museum equivalent to a teacher’s professional development. They were also able to network and connect with different museum employees and share ideas with one another.

Conference attendees were able to attend six different blocks of sessions, which included gallery walks, flash talks, prototype creation, group therapy and game show style fun. Brittney’s favorite session was titled “Let Yourself Flourish: Reconnecting with your inner child.” She was able to participate in activities meant to reignite her relationship with her younger self, as a means toward enhancing the work

she does for the museum. Tessia’s favorite session was titled “Drawing Jam with Lynda Barry.” She was able to learn about the relationship between the hand and the brain in order to better understand the spontaneous images that come from drawing. The session dove into the idea of how free a child’s mind can be, and the importance of asking children to interpret their drawings. Wendy’s favorite session was titled “So, You Want to Start a Flourishing Volunteer Program?” She learned techniques to create a flourishing and engaging volunteer program for volunteers of all ages and experience levels. The session also discussed the hiring and onboarding process for volunteers and how to make programming and tasks more meaningful.

The three attended the Evening at Madison Children’s Museum event, where there was local food and drinks served throughout the museum. Madison Children’s Museum stretches to four floors, including an interactive garden rooftop, and a Wonderground outdoor area playing local live music. The three came back with many ideas to implement at the Magic City Discovery Center and can’t wait to share everything they learned with their staff in the upcoming weeks!



Start the Excitement The Honeybees are Coming Home Minot Honeybees Slated for Home Opener June 25

On Tuesday, June 25, not only will the Minot Honeybees be making their way to Corbett Field, but also history. As members of the first ever for-profit collegiate summer softball league, the Minot Honeybees are a history-making organization. After spending Northwoods League Softball’s opening week on the road, the Honeybees are heading home, and want to see YOU at the ballpark.

Along with the trail-blazing implications of the game itself, the Minot Honeybees have some hometown talent that want your cheers and support. Minot High School graduate Ariana Diaz is on the roster following a spring season at Southern Virginia University. While Diaz is the closest to home, she is not the only North Dakotan to make the roster this summer. Outfielder from Buffalo, Josie Buhr, who took home the state’s Senior Athlete of the Year award following her senior season at Central Cass, ventures to Minot from Kansas Wesleyan University. Lastly, hailing from Mandan, Caitlyn Dannenfelzer rounds out the trio of Peace Garden State prospects of the Honeybees roster.

The rest of the team is complemented by hard-hitting outfielders Trinity Gregg (University of Jamestown) and Kaitlynn Allen (University of Indiana-South Bend) along with

talented two-way player Josie Albrecht (University of North Dakota), who on Opening Night in Mankato, hit the team’s first ever home run before earning the Honeybees’ first winning decision inside the circle.

Competing as one of the four inaugural clubs, the Honeybees will be entrenched in a competitive summer of softball, all season long. Having just opened their season in Mankato on Sunday night, the Honeybees will make their way to La Crosse and Madison, Wisconsin before stepping onto the home turf of Corbett Field. The regular season runs through August 5, with the final home doubleheader taking place on July 31. With only one month to catch the Honeybees in action, your attendance early and often is important.

Don’t miss out on the talk of the town and talk of the sports world, as the Northwoods League adds its own spotlight to women’s sports. The Minot Honeybees and women’s sports teams across the nation need your support to continue growing the game. Single-game tickets are available now for Opening Night and every night of the Northwoods League Softball season. To find tickets online, check out minot-honeybees.nwltickets.com or call the office at (701) 838-8687.

FIRST EVER

**DAY OUT AT
THE PRINTERS**

This is a unique and rare opportunity to witness firsthand how a newspaper goes from ideas and words to becoming an actual printed publication. You are invited to learn the steps involved and receive a brand new edition of the Northern Sentry fresh off the press!

This opportunity also comes with the option to take a trolley tour of Garrison, Fort Stevenson and maybe grab some ice cream too!

Wednesday, June 26 (RSVP by June 21)

1:15 PM: Meet at NorDak North Printers for Tour (91 N. Main Street. Garrison). Northern Sentry owner Ted Bolton will be waiting for everyone outside the building.

2:30 PM: (Optional) Free trolley ride and tour of Fort Stevenson with an ice cream stop at the Fort Stevenson Marina

4:00 PM: Arrive back in Garrison

Spots are limited (28), so please RSVP to erin.beene@willowtreemarketing.com and let us know if you plan to do both the Printers and the Trolley experiences, and for how many people. Once all spots have been reserved, guests will be notified.

**Because of the nature of this event, it is recommended for ages 5+. Younger babies are allowed if they can be worn or carried; however, there is no space for strollers at NorDak North Printers. Additionally, car seats are not permitted on the trolley so it may not be a good fit for younger children who require them.*

**northern
sentry**

MINOT AIR FORCE BASE NEWSPAPER



VOLUNTEER OPPORTUNITIES

To have your volunteer opportunity posted, please contact
Military & Family Readiness Center (M&FRC) at:
5fss.family.support@us.af.mil

ND State Fair Security Screening

A fantastic volunteer opportunity has arrived, and the Hispanic Allies is requesting your help for the upcoming 2024 ND State Fair!

Who: Any military member, civilian, or DOD contractor on Minot AFB

What: Security screening for concerts at the state fairgrounds (6–7-hour shifts projected, starting at 1700)

How: Volunteers will be provided a hand-carried metal detector, and will use it to conduct checks of incoming concert attendees to ensure no firearms, weapons, or contraband is brought into the venue

When: Saturday, 20 July (Lil Wayne)

Thursday, 25 July (Machine Gun Kelly)

Saturday, 27 July (Lainey Wilson)

Where: State Fairgrounds flagpoles in front of the Grandstand (2005 E Burdick Expy, Minot, ND 58701)

In addition to the rewarding experience of contributing to the community, volunteers will also receive a complimentary fair ticket for the day(s) they volunteer for. This means you can enjoy the fair on the chosen days!!!

Please use the link to sign up:

<https://www.signupgenius.com/go/10C0844A5AB2AA6FCC43-49579221-2024#/>

We encourage you to consider signing up for all three events, or even just one day. Your participation, no matter how small, will make a significant difference in the success of this endeavor. We look forward to your support!

Reach out to me, or any of the individuals cc'd above, with any questions.

POC: ADAM B. ALJABI, SSgt, USAF

President, Hispanic Allies, Minot AFB, ND 58705

Comm: (701) 723-2718

DSN: 453-2718

Air Force Recruiting Booth Volunteers

Assistance needed for supporting the ND State Fair, looking for 20 Airman to help run the Air Force Recruiting booth. There will be two 6-hour shifts (9am–3pm & 4pm–9pm) throughout the State Fair duration 19 July–27 July. Volunteer, please reach out NLT 21 June. If you have any questions or concerns, please feel free to reach out. Thank

POC: Christopher L. Hudley, TSgt, USAF

Air Force Recruiter, 343rd Recruiting Squadron

Comm (701) 839-4635

Cell (701) 240-4179

June-0-Ween Volunteers

Volunteers needed for June-0-Ween to u set up Bounce Houses and break them back down, June 21 and June 24

<https://www.signupgenius.com/go/30E044DABAA22A7FE3-50073015-juneoween>

POC: Nichole Bonnema

Community Programs and Partnership Specialist

5 FSS/FSW

nichole.bonnema.1@us.af.mil, 831-359-2394

Minot Hot Tots & Honeybees Host Families

The Minot Hot Tots and Honeybees are looking for families to volunteer as host families for players during the upcoming season. Minot host families serve as community ambassadors while providing a positive, happy and FUN life experience In a family environment as student athletes transition from their colleges and hometowns to the city of Minot and the Northwoods League.

Info: (701) 838-8687,

hottotsbaseball.com, honeybeessoftball.com

AADD Volunteers

AADD is seeking volunteers to support various event requests.

*Here is a link to our regular schedule for weekends, if interested, please disseminate to your members. REGULAR 2024 WEEKLY SCHEDULE-

<https://volunteersignup.org/FHLLR>

POC: SSgt Kristal A. Cruz Leon, 723-4633

kristal.cruz_leon@us.af.mil

Meals on Wheels Volunteers

On behalf of the Hispanic Allies organization, we'd like to offer a volunteer opportunity to help our community. We're working with "Meals on Wheels" to help feed elderly members in our community. If you're interested in volunteering, please let us know. The Meals on Wheels delivery is every Tuesday & Friday. Volunteers can show up at the venue from 1045 to 11am. The route is simple, and it takes 45 min to 1hr, 2 members preferred. No supplies required. The address is 21 1st Ave SE B, Minot, ND 58701 at the Minot Commission On Aging. Please sign up using the following hyperlink: <https://volunteersignup.org/4E7QM>

POC: SrA Brian Bermúdez,

brian.o.bermudezcartagena.mil@health.mil

or 723-5184.

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Learn aviation or bring your experience as a volunteer emergency responder. Serve the local community while flying in Cessna aircraft, piloting small unmanned aerial systems, and/or conducting physical and electronic ground search. Additionally, opportunities are available to teach cadets ground search and rescue, aerospace, cyber, and military professionalism. Make plans to visit at a weekly meeting, 6:30 pm, Tuesdays, upstairs at Avflight Minot.

POC: Maj. Jeffrey Slocum 701-360-5948 |

021cc@ndwg.cap.gov | nd021.cap.gov

MSU Culture Stock Festival Volunteers

We are teaming up with Minot Statue University to bring you Culture Stock, a festival celebrating culture, heritage, and diversity, and we need YOUR help for it to be successful. The event will take place on Saturday, 21 September from 1000-1400 at Minot State University. We are looking for volunteers to run booths as well as performers. Booths can have informational materials, books, pictures, clothing, jewelry, artwork, games, food samples, and anything else you'd like to display. Individuals who volunteer to represent the same culture will be connected to avoid duplicate tables. Performances can be instrumental, singing, dancing, poetry, or storytelling. Private orgs and booster clubs may use this as a fundraising opportunity and sell items as long as it approved through the proper channels. Please use the link to sign up! Be sure to include what culture you wish to represent. <https://www.signupgenius.com/go/10C0848ADAD29A5F5C25-48862178-culture>

POC: CHRISTINE A. CHERRY, TSgt, USAF (she, her, hers)

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8	7	4	3	6	5	1	2	9
9	6	3	2	7	1	8	4	5
4	5	7	1	2	9	3	8	6
6	9	2	8	3	7	5	1	4
3	8	1	4	5	6	9	7	2

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MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 27 May - 28 July.. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

★Hotel★

REVEL

Weddings
for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring you own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on
Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD,
FACEBOOK,
OR INSTAGRAM

For updates and socialization:
<https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram



Atypical Brewery & Barrel Works

510 Central Ave E, Minot
Phone: 701.833.0567
FB: Atypical Brewery & Barrelworks

Applebee’s Grill & Bar

2302 15th St SW, Minot
Phone: 701.839.2130
www.applebees.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot
Phone: 701.852.7335
www.blgrill.com

Bone’s BBQ Smokehouse & Grill

1412 2nd Ave SW, Minot
Phone: 701.838.9140
www.bonesbbqminot.com

Culver’s Restaurant

3000 S Broadway, Minot
Phone: 701.852.4800
www.culvers.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot
Phone: 701.852.8183
FB: Ironhorse Kitchen + Bar Minot

Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot
Phone: 701-441-9309
FB: Jamaican Vybz Kitchen

Meg-A-Latte

2045 N Broadway Suite #100
Minot, ND 58703
Phone: 701-838-8479
www.meg-a-latte.com

Mi Mexico

3816 South Broadway Minot
Phone: 701.858.0777
www.mimexicominotnd.com

N.D. Asia

3400 16th St SW, Minot
Phone: 701.852.1240
www.ND-Asia.com

Noodles & Company

304 4th Ave NW Minot
701.491.9103
www.noodles.com

Pink’s Bar & Grill

102 128th Ave NW Minot
Phone: 701.852-2385
FB: PinksBarGrill

The Blue Rider

118 1st Avenue SE Minot
Phone: 701.852.9050
www.theblueriderbar.com

The Starving Rooster

30 1st St. NE, Minot
Phone: 701.838.3030
www.starvingrooster.com

Whiskey Nine

109 Central Ave, Minot
Phone: 701.837.1090
www.whiskeyninennd.com

2 Winners
Every Week!



WE’LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

No Limit, Enter
As Many Times
As You Wish!


**\$25.00 Gift Certificate From
Badlands Restaurant & Bar**

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner!
Badlands Restaurant & Bar will not share your email information.

COL. ANTHONY MCCARTY'S RETIREMENT

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701-852-4800



Upcoming Events

21-23 JUNE

2024 MIDSUMMER FESTIVAL
3:00 PM - 8:00 PM
Scandinavian Heritage Park
1020 South Broadway

FREE event with live music, good food, fun activities, local vendors, and so much more – plus the lighting of the bonfire on Friday and Saturday night (weather permitting). Walk inside the Gol Stav Church and the Sigdal House and watch the Viking Games as you're surrounded by Scandinavian traditions like Swedish Maypole Dancing. Local bands and musicians will perform throughout Friday and Saturday alongside fun activities and performers. Kids can participate in their very own Viking Quest as they search around the park for prizes. Experience Scandinavian culture, try out rolling and making your own lefse, sweat it out in the Finnish sauna or, if you're curious, participate in the first annual Surstromming Eating Contest.



For more information:
Facebook/ Scandinavian Heritage Park/ Events

24 JUNE

ZUMBA IN THE PARK
7:00 PM - 8:00 PM
Oak Park
1300 4th Ave NW

Join Minot Parks at Oak Park and enjoy upbeat music and the energetic Latin-inspired dance environment at our Zumba in the Park classes!

This event is free to the public.
All ages and experiences are welcome.
We will have "Chair Zumba" available at the same time and place for those who need it.
All classes will be at the Oak Park Amphitheater at 7:00 pm.
Upcoming Dates: Monday, July 22nd
Monday, August 26th
Monday, September 23rd



For more information:
Facebook/ Minot Parks/ Events

24 JUNE

CRAFT NIGHT
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

We're hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you've been itching to get done and come on down!

Connect with other crafty people and turn that WIP into a fully fledged work of art!!

From total beginners that may need some help getting started to expert craftsmen - we hope to host you with plenty of refreshments (alcoholic and N/A options available!), popcorn, and good company!! See you there!!



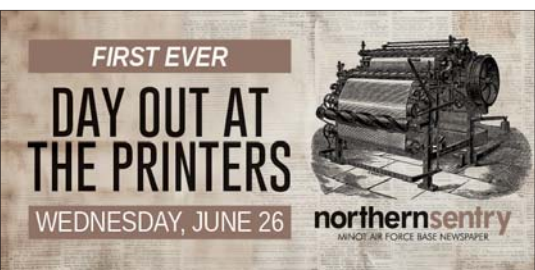
For more information:
Facebook/ Blue Rider/ Events

26 JUNE

FIRST EVER DAY OUT AT THE PRINTERS
1:15 PM
NorDak North Printers
91 N. Main Street. Garrison, ND

This is a unique and rare opportunity to witness firsthand how a newspaper goes from ideas and words to becoming an actual printed publication. You are invited to learn the steps involved and receive a brand new edition of the Northern Sentry fresh off the press! This opportunity also comes with the option to take a trolley tour of Garrison, Fort Stevenson and maybe grab some ice cream too! Wednesday, June 26 (RSVP by June 21)

Spots are limited (28), so please RSVP to erin.beene@willowtreemarketing.com and let us know if you plan to do both the Printers and the Trolley experiences, and for how many people. Once all spots have been reserved, guests will be notified. See page B11 of this edition for full details and schedule.



For more information:
Facebook/ Minot Air Force Base Northern Sentry/ Events

NEW Community at the Northern Sentry

It's more than Minot and more than Minot AFB, it's a Shared Community.



For more events visit our online Community Calendar at www.northernsentry.com/calendar/

ALL YOU CAN EAT

GARDEN FRESH SALAD BAR

EVERY DAY

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WHAT'S GOING ON MINOT AFB

FRIDAY21

- Sprint Triathlon Build-Up Series, 0800, McAdoo Fitness Center
- Moving Out of the Dorms Budget Class, 0900-1100, M&FRC
- Family Zumba, 0930, McAdoo Fitness Center
- Friday Flicks, 1630, Rockers Bar & Grill
- Bistro Family Night, 1700-1900, Bomber Bistro

SATURDAY22

- Zumba, 0900, McAdoo Fitness Center
- June-O-Ween, 1600-1800, Turf

SUNDAY23

- Sunday Escapes Book Club, 1330, Minot AFB Library

MONDAY24

- Archery Camp, Youth Center
- TAP Overview, 0800-1600, M&FRC
- Family Zumba, 0930, Turf hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- EFMP Family Habitats at the Zoo, 1300-1500, M&FRC
- Palace Chase/Front Briefing, 1400, Professional Development Center

TUESDAY25

- Archery Camp, Youth Center
- Cycle & Strength, 0515, McAdoo Fitness Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center — Room 211
- EFMP Family Storytimes, 1100, Minot AFB Library
- SAPR Tier 2 Brief, 1300, Professional Development Center
- Newbery Book Club, 1600, Minot AFB Library
- Zumba, 1800, McAdoo Fitness Center

WEDNESDAY26

- Archery Camp, Youth Center
- Base Right Start, 0730, Jimmy Doolittle Center, hosted by M&FRC
- TAP (DoL) Overview, 0800-1600, M&FRC
- Wingman Wednesdays, 0900-2100, Rough Rider Golf Course
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center — Room 211
- Storytime, 1030, Minot AFB Library
- Top 3 Mentorship Hour — Peer Influencer, 1130-1300, Professional Development Center

THURSDAY27

- Archery Camp, Youth Center
- Cycle & Strength, 0515, McAdoo Fitness Center
- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Informed Decision Seminar, 0800-1200, Professional Development Center
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Summer Luau Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Tuition Assistance (TA) Brief, 1330, Education Center — Room 211
- DIY Kids Airplane Class, 1630-1830, Arts & Crafts Center
- April — June ESM Birthday Meal, 1730, Dakota Inn Dining Facility
- Zumba, 1800, McAdoo Fitness Center

FRIDAY28

- Archery Camp, Youth Center
- Registration Opens: Soccer Camp, CYPBMS website at <https://parent.afcyp.com/>
- TAP (DoL) Employment Workshop, 0800-1600, M&FRC
- Family Zumba, 0930, McAdoo Fitness Center
- Freedom Fest STEAM, 1300, Minot AFB Library
- Freedom Fest, 1800, Rockers Bar & Grill Parking Lot

SATURDAY29

- Percy Jackson Escape Room Game Ends, Minot AFB Library
- Zumba, 0900, McAdoo Fitness Center
- Ballpark Nights, 1730, Corbett Field, hosted by Outdoor Recreation

JUNE SPECIALS

Bomber Bistro Featured Item
BBQ Pulled Pork Pizza
BBQ sauce base with smoky pulled pork and red onions.

The B-Fifty Brew Featured Item
Blended Refreshers
Start your day with a thirst-quenching Blended Refresher! Available in Mango Dragon Fruit, Strawberry Acai, and Pineapple Paradise flavors!

Rockers Bar & Grill Featured Item
Buffalo Chicken Wrap
Garlic Pesto Wrap with crispy chicken strips smothered in buffalo sauce and house made ranch, plus cheese, lettuce, and tomatoes served with fries and a drink.

BALLPARK NIGHTS

Open to Active Duty only • First 10 get in free!

\$15 entry fee includes seat for the game and a hat!
Upgrade to an all-you-can-eat buffet for \$10 more

MINOT HOT TOTS & MINOT HONEYBEES GAMES:
6 June 2024, 6:35 PM • Baseball Night
29 June 2024, 6:35 PM • Military Appreciation Night
13 July 2024, 6:05 PM • Dinosaur Night
31 July 2024, 6:05 PM • Military Appreciation Night
6 August 2024, 6:35 PM • Margeritaville Night

PICKUP & DROPOFF:
Parking lot of Dorm 214, next to Burger King
Minot Hot Tots, depart at 5:30PM
Minot Honeybees, depart at 5:00PM

Scan the QR Code for sign up details, or visit our website at 5thforcesupport.com/event/ballpark-nights-1

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For details, call ODR at 723-3648

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2024 FREEDOM FEST

FRIDAY, JUNE 28TH • 6PM

ROCKERS PARKING LOT
FOOD TRUCKS • KID'S ZONE • FIREWORKS

SCAN QR CODE TO VIEW
THE DAY'S ITINERARY
OR VISIT THE LINK BELOW
<https://5thforcesupport.com/event/freedom-fest-2/>

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