

WHAT'S INSIDE THIS WEEK:



OCTOBER SQUADRON OF THE MONTH

A3



TEAM MINOT BUILDS STRENGTH THROUGH CONNECTION

A3



CTE TEACHER NORTH DAKOTA'S BEST

B5



A UH-1 Iroquois assigned to the 54th Helicopter Squadron prepares to land at Sentinel Stadium after the National Anthem of a Minot North High School football game, Minot, North Dakota, Sept. 27, 2024. As a part of the pre-game ceremonies the 54th HS performed a fly-over and delivered 91st Missile Wing leadership to give the game ball to officials at the start of the game. See more on page B7.

U.S. AIR FORCE PHOTO | TECH. SGT. RUSTY FRANK



RAM



BADLANDS

CIRCUIT FINALS RODEO

presented by 

PRCA

OCT 11-13 NDSF CENTER

7PM FRI & SAT | 1PM SUNDAY

SUNDAY: MILITARY / FAMILY DAY: \$10 GA ADMISSION

Wrangler Trade Show: FRI: 5PM-10PM | SAT: 10AM - 10PM | SUN: NOON - 4PM

TICKETS & MORE INFORMATION

RODEOMINOT.COM





HOME OF THE GLOBAL STRIKER

Only The BEST Come North!

WWW.MINOT.AF.MIL

CONTACT MINOT AFB PUBLIC AFFAIRS

701.723.6212 • V35BW.PA@US.AF.MIL

Minot AFB Videos



Find us on 

Minot Air Force Base

October Squadron of the Month

5th Force Support Squadron



The 5th Bomb Wing Command team would like to congratulate the 5th Force Support Squadron on being selected as October Squadron of the Month.

The 5th Force Support Squadron successfully organized multiple community events that fostered camaraderie and engagement among base personnel and their families. From the recent Summer Fest which featured Andy Grammar, Bryce Fine, and 3OH!3. and entertained over 2,000 attendees, to the Summer Games and a Burgerfest which was jam packed with food and

over 20 sporting events for 5th Bomb Wing Squadrons families, as well as hosting a Back-To School Supplies Brigade which showcased all the resources available to Minot AFB children and families, all offering free materials and even free eyesight screenings to attendees. Overall, participation exceeded expectations at these events, and the positive feedback was overwhelming! The 5th Force Support Squadron handled everything with pride and professionalism and deserves to be recognized!



2024 Burgerfest and Summer Games.





**5 DAY MONEY BACK
30 DAY EXCHANGE**

3520 S. BROADWAY **CARTIVAOFMINOT.COM**





SQUADRON OF THE MONTH
5TH FORCE SUPPORT SQUADRON
WEDNESDAY-SATURDAY
OCT. 16-19
FIRST DRINK FREE!
(alcoholic or non-alcoholic)
With Military ID

EVENTS THIS WEEK

TRIVIA NIGHT
Wednesday, October 9 at 7:00pm

FREE NACHOS
Thursday, October 10 at 4:00pm-Close

THE SHAKY CALLS
Friday, October 11 at 9:00pm

MILITARY APPRECIATION DAY
OCTOBER 18
FIRST DRINK FREE!
(ALCOHOLIC OR NON-ALCOHOLIC)
WITH MILITARY ID

HOURS

Mon/Tue/Wed/Thu **Fri/Sat**
4:00pm - 1:00am **4:00pm - 2:00am**

118 1st Avenue SE, Minot, ND



WIFI SPEEDS THAT KEEP UP WITH YOUR LIFE — AND LIFESTYLE.

SRT has the fastest, most reliable internet on MAFB. Whether you're streaming, browsing, meeting, or gaming, SRT Internet won't slow you down.

FIBER 350 350 x 350 Mbps	\$49⁹⁵ PER MONTH
FIBER 700 700 x 700 Mbps	\$69⁹⁵ PER MONTH
FIBER GIG 1 Gig x 1 Gig	\$89⁹⁵ PER MONTH

Call us today and sign up by December 31, 2024 to

GET 3 MONTHS FREE

701.858.1200 / SRT.COM/MAFB



Offer valid for new and upgrading residential customers. Offer expires on December 31, 2024. Offer subject to change. Actual speeds dependent on technical limits, customer equipment performance and configuration, and/or greater Internet traffic. Internet service speeds are founded on a wired customer device. Customer devices may connect slower over WiFi. This institution is an equal opportunity provider and employer.

Team Minot builds strength through connection

SENIOR AIRMAN ALEXANDER NOTTINGHAM, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. – Minot Air Force Base hosted a day dedicated to suicide prevention Sept. 27th, 2024. The day combined physical activities with essential training to equip individuals with tools to recognize and address mental health challenges.

The day started with a two-mile flightline run, uniting personnel from both the 91st Missile Wing and 5th Bomb Wing. This physical activity served as a team-building exercise and a reminder of the importance of maintaining one’s physical fitness and mental health. During the run, participants encouraged one another and created an atmosphere of camaraderie further illustrating that no one fights alone.

Following the run, 91MW Airmen engaged in informative classes focused on suicide prevention and resiliency. The

classes brought in expert speakers who shared valuable insights on recognizing signs of mental distress and understanding factors associated with suicidal ideation.

The 5BW Airmen broke off into their individual units and continued the conversation of resiliency. Participants learned to identify verbal and behavioral cues that may indicate someone struggling; as well as strategies to approach someone in distress. Attendees explored techniques to build personal resilience, including stress management strategies, mindfulness practices, and the importance of self-care.

“If you ever had a time when you were down, had a rough day or are going through a rough patch and somebody put their arm around you and they helped you get through what you had going on... reach out and thank them,” said Col James

Schlabach, 91MW commander. “The reason we have this day is to give you the skills, the tools and the knowledge to be that person who can put your arm around someone and help when someone is in need.”

By fostering a culture of understanding, Airmen can ensure that everyone feels valued and supported. If you or someone you know is in need of support, please reach out to your local mental health resources or contact a trusted individual.

VETERANS CRISIS LINE:
Dial “988” then press “1”

MILITARY ONESOURCE:
www.militaryonesource.mil

MINOT SPECIFIC HELPLINES

CHAPLAIN CORPS:
701-723-2456(duty hours)
701-509-4230 (after-hours emergency)

MENTAL HEALTH:
701-723-5527



Team Minot Airmen run during a two-mile resiliency flightline run/walk on Minot Air Force Base, North Dakota, Sept. 27, 2024. The day combined physical activities with essential training to equip individuals with tools to recognize and address mental health challenges.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ALEXANDER NOTTINGHAM

88.1 FM

Spiritual Nourishment
for Believers
24/7

THE FLOCK

88.1

Supported by friends of Calvary Chapel

Budweiser

2ND ANNUAL

Budweiser

HOME FOR THE HOLIDAYS RAFFLE

HELP SEND LOCAL AIRMEN HOME FOR THE HOLIDAYS!
114 SENT HOME IN 2023!

LIMIT OF 2000 TICKETS \$50.00

PRIZE LIST

1. 2024 CHEVY TRAILBLAZER LT AWD - MSRP \$28,905
2. KONA BIG WAVE MURF E-BIKE - MSRP \$2,895
3. \$2,500 VACATION VOUCHER FROM DELTA VACATIONS
4. \$2,000 MEAT PACKAGE FROM THE MEAT COMPANY AND BRAVERA BANK
5. SHUFFLEBOARD FROM PARADISE SPAS - MSRP \$1,895
6. WEEKEND STAY AT FOUR SEASONS MINNEAPOLIS AND DINNER AT MARA - ARV \$1,650

VENMO \$50 ALONG WITH
YOUR NAME AND PHONE #
TO @HOMEFORTHEHOLIDAYS
TO SUPPORT THIS GREAT CAUSE
AND HAVE A CHANCE AT SOME
GREAT PRIZES!

venmo

MAGIC CITY BEVERAGE DELTA VACAT 081 KONA RYAN SIGNZYN KMOT-TV PARADISE SPAS THE MEAT CO. BRAVERA FOUR SEASONS

Custom Laser Engraving & Gifts

MINOT'S NEWEST
RC HOBBY SHOP
• Planes • Boats • Cars
Eflite Fms
hobbyzone

2001 8th Ave SE Suite E
839-9677 • 240-7975
fbdesigns@gmail.com

www.focusedbeamengraving.com

ONLINE STORE

Enjoy Wine & Art
in an eclectic environment

Schedule
Private Tastings
for 2 to 20 people
Decide what wine you like
and we'll have it ready for
you to bottle in 5-9 weeks.

Wine Sales
by the bottle
or batch

Unique Venue for
Private Parties
of up to 30

Ask about our periodic
Paint & Sip Classes

Call or Text to schedule appointment 612-919-7448
6 North Main St, Downtown Minot

Find Us On
f i g

DON'T RISK IT ALL!
IF THERE IS ANY DOUBT CALL

AIRMEN
AGAINST DRUNK
DRIVING

Free and
Confidential

Saving Lives
and Careers

Available to ALL Minot AFB
Military Members and Spouses

CONTACT US AT:
(701) 727-2233
(701) 727-AADD

THURSDAY, FRIDAY
& SATURDAYS
09:00 PM - 02:00 AM
HOLIDAY WEEKENDS
08:00 PM - 03:00 AM

PROUD SUPPORTERS OF MINOT AADD

Donating the Phone
Services for AADD

Supplying Calling Cards and Posters
to Local Establishments

CONTACTUS

Ted Bolton
Publisher | Advertising
701-240-5039
bagroup@srt.com

Rod Wilson
Business Development | Marketing
sentrysales@srt.com

GRAPHIC DESIGN BY
Nikki Greening
nsads@srt.com

MINOT AIR FORCE BASE
PUBLIC AFFAIRS
Chief of PA
Maj. Thomas Barger

NCOIC of PA
Technical Sgt. Rusty Frank

NCOIC of Command Information
Tech. Sgt. Ryann Holzapfel

Chief, Community Relations
Mrs. Abigail Kinder

NCOIC of COMREL
Tech. Sgt. Zade Vadnaiss

Chief, Media Operations
2nd Lt. Casen Salitore

PA Specialists
Senior Airman Alex Nottingham
Senior Airman Kyle Wilson
Airman 1st Class Trust Tate
Airman 1st Class Alyssa Bankston
Airman 1st Class Luis Gomez

COMMANDERS
5th Bomb Wing Commander:
Col. Jesse W. Lamarand

5th Bomb Wing Deputy Commander:
Col. Benjamin D. Jensen

91st Missile Wing Commander:
Col. James L. Schlachach

91st Missile Wing Deputy Commander:
Col. George L. Chapman

NEWS SUBMISSIONS
Northern Sentry Office
nsads@srt.com | 701.839.0946

MAFB Public Affairs Office
v35bw.pa@us.af.mil
701.723.6212

MAIL
315 South Main Street, Suite 202
Minot, ND 58701

VIEW ONLINE
www.northernsentry.com
www.minot.af.mil

FIND US ON FACEBOOK

Minot Air Force Base - Northern Sentry. The Northern Sentry is published by BAG, LLC., a private firm operating independently of the U.S. Air Force. Contents of the Northern Sentry are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force. The official news source for Minot Air Force Base is www.minot.af.mil. The appearance of advertising in this publication, including inserts or supplements, doesn't constitute endorsements by the DoD, the Department of the Air Force or BAG LLC, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchasers, users or patrons. We welcome your stories and photos of interest to the readership of the Northern Sentry. Minot Air Force Base Public Affairs reserves the right to not authorize publication. The Northern Sentry deadline for submission of materials is at noon the Tuesday before publication date.

**northern
sentry**
MINOT AIR FORCE BASE NEWSPAPER
WWW.NORTHERNSENTRY.COM



A VIEW FROM
OUR SIDE
ROD WILSON

northernsentry
MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM

Two events that you are going to read about in this week's Northern Sentry gave me a bit of focus for this week's article. First, a teacher at Memorial Junior High and now also at Minot North, Mr. Byron Boren, was named CTE (Career and Technology Education) teacher of the year in North Dakota.

Mr. Boren was a graduate of Minot State University. Please take time to read about Byron. Dr. Steve Young made sure that the Northern Sentry was aware of a recognition gathering at Memorial to honor Byron, and of course if possible, have the Northern Sentry do a story about Byron and his award.

The next event would be the very first Homecoming football game at Minot North. 5th BW Public Affairs and 91st MW Chief of Staff Mark McDonald put this on our radar a couple of weeks ago. Not only because it the first Homecoming event



UPSIDE DOWN
UNDER
MARVIN BAKER

Just about anywhere in the state of North Dakota, there have been reports in recent years of unusual animal sightings

These are animals that through recent history, at least, haven't been seen in the state. But from 2000 on, numerous witnesses have come forward to tell their stories of what they may have seen.

• First of all, moose are not uncommon to North Dakota. They've always been along the northern tier of counties, most generally in the Turtle Mountains near Bottineau and in the Pembina Gorge in the Walhalla area.

But moose have been migrating. We've been made aware that the moose population in the northeast had some sort of brain worm, killing a lot of the herd,

It's All About Community

at Minot North, but because the 54th Helo Squadron would be in charge of flying Col Schlachach, Col Chapman, Chief Thomas and the official game ball to the venue, Sentinel Field, during pre-game festivities. Could it get any better than that? Again, take a moment to read about the event in this week's Northern Sentry.

IT TAKES A VILLAGE

So what is really so special about a Teacher of the Year and a football delivered by a Huey helicopter? The answer is pretty simple. Because of the number of people that it took to accomplish these events. We are not talking a few, we are talking about a community of people. Minot State University, the 91st Missile Wing command, the 54th Helo Squadron and all of the folks all the way to the Pentagon that had to put their stamp of approval on the football event. The saying about it "taking a village to raise a child" is so true, and that is where these events get really special.

From the young kids in Mr. Boren's classes, to all of the kids in the stands at the Minot North Homecoming game, a message was being sent. The message was "We Care About Our Kids!" Dr. Shirley and Rick Hedberg took the time to call out Mr. Boren and believe me he didn't really want to be called out, in front of the kids at Memorial because we all know that being a teacher

is really special. But, being the CTE teacher of the year for all of North Dakota, it's certainly worth the extra effort.

As for the Minot North event? Well, I can only think about the kids from St. Mary's on the other side of the field from the bleachers that held hundreds of students and parents from Minot North. As I was walking out of the stadium a couple of kids from St. Mary's were talking. Their conversation? "Wow! I wonder if they bring every game ball to the stadium in one of those helicopters?" Kid #2- "Wouldn't it be neat if they dropped a game ball from a B 52?" So, I guess the bar has been set, at least in the eyes of a couple of students from St. Mary's. And finally, perhaps the most defining moment. One St. Mary's student talking to another student. "They don't care about us enough to do anything as great as that." Probably says it all, at least to me.

YES, A WOW MOMENT...

We all know that we can't make every moment in our kid's lives a WOW! We all know that not every game ball can be delivered on a helicopter, by the command team of the 91st Missile Wing. But it happened once, and perhaps it will happen again.

And at Memorial Middle School. Who knows which young student sitting in the assembly is thinking "someday I want to be a teacher and be named the teacher

of the year".

These events are all about a community that cares, and if I might take a moment and note that we at the Northern Sentry are all about community. Growing up we had our hometown paper. The expectation was that special events would be recognized in that paper. Things haven't changed for the Northern Sentry. We want to cover all of those WOW moments, sure. But we also want to cover, with your help, all the other important events that make Minot Air Force Base a community. At the Northern Sentry we really appreciate getting those phone calls and emails about community events. We also like to do feature stories on the personalities behind the scenes that deserve recognition. It's all about being "Your Newspaper".

BEST KEPT SECRETS

The Roosevelt Park Zoo is still open, and actually now that the days are not quite as hot, they animals are pretty active during the day. There is a lot of construction going on at Roosevelt Park and Roosevelt Park Zoo, but on a warm fall afternoon it's still worth a short visit.

Soon the camp Oweti Path through Oak Park will be teaming with fall colors. Take your camera to capture those fall colors up close.

TODAY'S CHUCKLE

If at first you don't succeed, pretend you didn't try.

Invasion of the animals...

so the healthy animals moved west. Now, the majority of the population is in the northwest, from Kenmare to the Montana state line and to the Canadian border.

That's not so unusual. What is odd is that moose have also been spotted in Jamestown, Edgeley, Ellendale and even into northeast South Dakota near Groton. Historically, moose have never been in these areas, at least not that we are aware of.

• Another wandering critter is the black bear. In the 1890s, there was a black bear sighted near Pembina and for the longest time, that was the only confirmed sighting of a black bear in state history. We'd have to go back to territorial days to find other reports.

But, since 2000, there have been numerous bears spotted in North Dakota, and not just in pockets of locations, but scattered all over. Would you believe someone saw a black bear in the city of Fargo? There was a report out of Mayville and it could have been the same animal.

Interestingly, however, they've also been seen near Center, in Oliver County, in Pembina, near Bottineau, near Carpio in Ward

County and Bowbells. A black bear was actually hit by a car and killed on Interstate 94 near Hebron.

That tells us there is more than one bear. Sure, the Mayville and Fargo sightings may have been the same bruin, but one bear isn't going to criss cross the state like that.

• For many years the North Dakota Game & Fish Department wouldn't confirm that mountain lions were living in North Dakota. But people had sworn they had seen them, or had seen evidence of them.

When I was working at the Minot Daily News, a man from Garrison called and said he had seen mountain lion tracks in the snow and sent some photographs to prove it.

I was later sent on assignment to interview this man about his find. I'm a journalist not a wild game biologist, but it didn't take rocket science to tell me the paw prints in the snow were definitely from a large animal that would be consistent with a mountain lion.

Numerous other sightings have been reported and some ranchers in the Badlands had killed mountain lions that were

threatening their livestock.

Now, there are actually two hunting seasons in the state.

• Do you know what a marten is? It's a small, fur-bearing animal similar to a weasel or mink. They were said to be extinct in the state.

But I saw one myself on the banks of the Des Lacs River at Carpio. It wasn't a weasel and it wasn't a mink, nor was it a fisher, so when I got home I started looking up the characteristics of this animal and determined it was a marten.

As it turns out, documents show marten were common along the Des Lacs River during the time La Verendrye came through here in the 1700s and later when the Northwest Company had hunting expeditions in the area.

Months after I had seen the one marten, a report came out of Belcourt, that someone there had also seen a marten.

Urban sprawl, farmland, a good food source, disease are all reasons why these animals have been migrating in the past 25 years. They're definitely not extinct and are more plentiful than most of us realize.



NOMINATE A
Neighborhood
HERO

*Doin' Good in
the Neighborhood™*
Applebee's

2302 15TH ST SW, MINOT, ND
APPLEBEES.COM

EMAIL SENTRYSALES@SRT.COM INCLUDE NOMINEES NAME, PHOTO AND THE REASON THEY ARE A NEIGHBORHOOD HERO
SELECTED NOMINEES RECEIVE RECOGNITION IN THE NORTHERN SENTRY AND A \$25.00 APPLEBEE'S GIFT CARD

Two Minot Airmen participate in Ranger Assessment Course

HANNAH WATERS, NORTHERN SENTRY

Two Airmen from Minot AFB, ND, Senior Airman William Angelou from the 91 Security Forces Squadron and Airman First Class Calvin Kirk from the 5th Force Support Squadron just returned from the Ranger Assessment Course, more commonly known as RAC. According to one article published in the Military Times, author Technical Sergeant Hailey Haux says, “The Air Force RAC is a 19-day course designed to assess the physical and mental toughness of Airmen and Guardians who are interested in attending Army Ranger School.” After sitting down with SrA Angelou and A1C Kirk, this is what they had to say, “I learned a lot about setting a standard for your team to follow and becoming a better leader. Along with that, when giving orders, make it clear and understandable for others.” SrA Angelou had a similar comment saying, “This experience gave me valuable leadership and tactic knowledge that will hopefully prepare me for the Airforce’s next conflict.” Today we are going to get a quick look into what SrA Angelou and A1C Kirk have to say about the Physical and Mental challenges they endured while going through this 19-day course.

The physical challenges for this course are not for the faint of heart. When asked about what requirements were put in place for his acceptance and completion in the RAC course, here is A1C Kirk’s response, “Mainly the physical requirements such as 49 push-ups, 59 sit-ups, 5 mile run in forty minutes or less, 6 chin ups, and a 12-mile ruck at

55lbs in three hours or less.” These were not the only physical requirements of SrA Angelou and A1C Kirk as they were going through the RAC course. “We also had to preform RTT or Ranger Task Training which includes actions done with the M240, M249, Claymores and ASIP radio.” Finally, A1C Kirk brought up Land Navigation which had to be completed using a compass, map, and protractor to find points within a given area. Land Navigation specifically Night Navigation, was the most difficult part of the RAC course according to SrA Angelou.

The mental challenges are no better than the physical. When asked about his biggest challenges while going through the course A1C Kirk says, “I enjoy my sleep a lot, so I would say the first week of 2-3 hours of sleep a night was the hardest part for me.” He goes on to mention sleep deprivation when asked what was going through his head while completing the course, “While in a state of sleep deprivation you have to just enjoy the small things and keep your mind away from doubt.” SrA Angelou took a different approach to dealing with the mental challenges saying, “my biggest motivation to keep going was not wanting to disappoint the team.” As he did graduate at the end of the 19 days, SrA Angelou allowed his cadre and teammates to push him to be the leader he needed to be. One of the key words that was brought up time and time again when asking A1C Kirk about his mental status while going through RAC was “Passion.”



Team Minot’s Senior Airman William Angelou and Airman First Class Calvin Kirk recently attended the Ranger Assessment Course.

He said, “It’s more about how passionate you are, about what the bigger picture of what you’re working towards.” When asked about what motivated him to keep going when the exhaustion and sleep deprivation hit, he went on to say, “I’m very passionate towards making myself a part of something bigger and pushing myself past my limits.”

Between the sleepless nights, land navigations, and long rucks brought up two outstanding Airmen who are now ready to complete Army Ranger School. The final remarks from A1C Kirk are as follows, “I feel motivated to push myself even more as I approach my ranger school date so I can go there and be one hundred percent ready to

endure what I will have to go through.” These two Airmen, SrA Angelou and A1C Kirk alike, have shown all the qualities of being a Ranger, including their leadership skills, professionalism, and physical aspects. As they are seen around base we all will know the future of these Airmen is in good hands.

★Hotel★

REVEL

MUSIC • ART • COFFEE • BEER • WINE

== MINOT, ND ==

1510 26th Ave SW
Former Kelly Inn, Next to the Mall
www.revelnd.com

**Pool Side Rooms
Weekend Specials**

★ Perks Include: ★

- Heated Salt Water Pool & Hot Tub
- Full Hot Breakfast
- PAC-MAN Arcade Machine for Free Use
- Late Check Out - Up to 3:00pm upon request
- Mention Kenny the Duck to receive Snack and Soda Swag/Welcomes Gift

*Based on Availability

Call us now at (701) 852-4300 or 800-735-5868

**Simonson
STATION STORES**

1310 South Broadway, Minot N.D.

**OCTOBER
MILITARY DISCOUNTS**

**10 CENTS OFF
PER GAL.***

**\$4.00 OFF
PREMIUM CAR WASH***

*Minot Location Only

Come in We're
OPEN

Tool Surplus Center
Best prices on tools in the state!

Milwaukee

**Rental Equipment
Available!**

**Full-Time Outdoor
Power Equipment
Mechanic On-Site!**

Small equipment in need of repair?
Call us!

Hwy 83

Lawn, Leisure & Tools

1619 HWY 83 NW, GARRISON, ND
Intersection of Hwy 83 & Hwy 37
701.337.2500
find us on facebook
www.hwy83llt.com

HOURS:
Monday - Friday:
5:30 a.m. - 5:00 p.m.
Saturday:
5:30 a.m. - Noon
Now Open Sunday
8:00 a.m. - 2:00 p.m.

**Jerome's
COLLISION CENTER**

**Military Friendly and
Proud to Serve Our
Active Duty Military & Veterans**

**Closest Full Service
Collision Center to Minot AFB**

**2705 North Broadway,
Minot, ND 58703**

(701) 852-5126

jeromescollision.com



FCC provides valuable in-home child care services to support the families of Minot AFB

Provider of the Month Feature

OCTOBER 2024



ABIGAIL CAMACHO

What do you enjoy most about being an FCC Provider?

What I enjoy most about being an FCC Provider is that I can provide love, support and education to all those children who are the treasure of so many military members who are part of the great Air Force family. I can enjoy every smile of those little ones who are part of my extended family. Having them is a great blessing.

What are your interests/hobbies?

My favorite hobbies are watching Korean K-Drama, as well as taking my children to the park, the zoo, camping, fishing. In short, any time I can spend with my family is rewarding for me and makes me feel entertained.

What advice do you have for new providers/those interested in being FCC Providers?

My best advice for new providers is to try to provide each child with the attention, affection, time and education necessary for them to be role models in the future. It requires a lot of patience and dedication. It is necessary to understand that not all children are the same, but they also need our support and love to achieve good results. And if there are any doubts about how to interact with and educate children with specific needs, contact the FCC office or another provider with the necessary experience and knowledge in caring for these little ones.

For more information about FCC, please check out the following website: <https://5thforcesupport.com/fcc/>.

10% DISCOUNT FOR ALL MILITARY PERSONNEL (with valid ID and cannot combine with other offers/discounts)

CULVER'S OF MINOT
3000 S Broadway Minot, ND 58701
701-852-4800

SPONSORED BY

NORTHERN CELEBRATIONS

Embracing our North Dakota Lifestyle

A BIT OF TRIVIAL INFORMATION

Patricia Stockdill

The 2024 North Dakota pheasant season is oh-so-close to reality – literally just days away – and a cause for celebration and reflection. In this case, reflection means pheasant trivia, AKA “How much do you know about a bird originating from someplace other than North America yet is the state’s most popular game bird?” Drum roll, please...: Trivia Question No. 1: What percentage of pheasants harvested in North Dakota are typically juvenile birds? Answer: Decades of hunter harvest survey consistently indicate about 80 percent are juveniles. In other words – less than a year old. Trivia Question No. 2: What does the sharp tip of a spur on the leg of a pheasant indicate? Answer: Well, for starters if anyone answers that they don't shoot pheasants with spurs they might want to re-think their species identification skills and consider themselves lucky they haven't been stopped by a game warden. That's because by fall when pheasant season opens even juvenile roosters have spurs on their feet. Roosters less than a year old have a short, soft spur with dull tip. Adult roosters have sharp, pointy spurs. They serve a rooster well in times of self-defense or while jousting with a competing rooster during spring nesting season. The size of a spur is one way biologists identify juveniles from adult roosters. As long as we're talking feet, Trivia Question No. 3 asks what is one difference between a pheasant and sharp-tailed grouse foot? Answer: Sharptails have small feathers on their feet extending down to their toes. Their feathered feet act like snowshoes in the winter, allowing them to stay atop of snow. Pheasants have bare feet and legs and tend to fall through soft snow. The ability for grouse to “snowshoe” over snow rather than walk barefoot and fall through is one reason native grouse better survive North Dakota’s winters. Techniques to age birds lead to Trivia Question No. 4: What other method is used to age upland game birds in general? Answer: Wing feathers. The length and shape of wing feathers helps biologists determine the age of a juvenile bird in the number of weeks. Trivia Question No. 5 – yes, it really does relate to pheasants: Why would a conservation group like Pheasants Forever care about honeybees or other pollinating insects and plants such as purple coneflowers? Answer: Not just humans need pollinators. Young pheasant chicks rely on soft insects for food the first several weeks of their life before transitioning to vegetation. Next question, please, Trivia No. 6: What is the average weight of a rooster pheasant in North Dakota? Answer: 3 ½-pounds, typically about a pound more than a hen pheasant. Trivia Question No. 7: With North Dakota’s first pheasants arriving in 1910, when did neighboring South Dakota, a state so enamored with the bird it named the ring-necked pheasant its official state bird, begin its wily ringneck introduction? Answer: Scanty records point towards a release of birds from Oregon near Sturgis, S.D. in 1891. However, South Dakota’s first major stocking occurred in 1909. Trivia Question No. 8: What do pheasants, dogs, and cows have in common? Answer: Unlike humans, all three species don't sweat to cool their bodies. Instead, they must pant to remove excess body heat. Trivia Question No. 9: OK, this is a tough one for even the most seasoned pheasant hunter: Where were the first pheasants housed when brought to North Dakota? Answer: In April 1910 the N.D. Game and Fish Board of Control, the predecessor to the modern Game and Fish Department, held 75 birds at a facility at St. John, N.D. known as the St. John Hatchery. And finally, what is the 2024 daily limit of pheasants? Answer: A word of caution - hunters need to get this right to avoid problems if they meet a game warden – three. Possession limit is 12.

Magnum, all decked out in protective gear to keep cockleburs and barbed wire at bay, takes a break after retrieving a rooster in the 2023 hunting season.

PATRICIA STOCKDILL PHOTO

BEST SMOKED RIBS & BRISKET IN TOWN!
FRESH SMOKED MADE FROM SCRATCH RECIPES
NOW OPEN • NEW LOCATION
417 NORTH BROADWAY
BONESBBQMINOT.COM

Sertoma Seltzer and Beerfest + Wine Tickets on Sale Now

MINOT SERTOMA CLUB

Tickets for Sertoma Seltzer and Beerfest + Wine, an annual event sponsored by the Minot Sertoma Club, are now on sale online. The event will be held Saturday, October 5, at the Flickertail Gardens on the North Dakota State Fairgrounds, and will run from 4-8 p.m. This event includes a taste testing of seltzers, wine and some of the best beers in town. Tickets are \$50 each and can be purchased from Sertoma members or online at: <https://www.eventbrite.com/e/sertoma-seltzer-beerfest-wine-tickets-989040465657?aff=erelexpmlt> Active duty military personnel receive a discount with a military ID; those tickets can be purchased at Army's 2.0 or at the door. Admission gets you 20 sampling tickets to use on your own selection of over 20 different beers, seltzers and wine varieties. These selections are new each year so you're sure to find one

you haven't tried. A full taco buffet from Big Dog Saloon is included. You can purchase raffle tickets for a chance to win some big items. There's also an outdoor game area include free axe throwing from Up Your Axe, cornhole and beer pong. Live music will be provided by Soulshine. A cash bar also is available. Proceeds will be used to benefit the many projects funded by the Minot Sertoma Club, including STEAM T-ball league, Hands and Voices Hearing Aid Loaner Bank and Minot State University hearing and speech initiatives. Since 1959, the Minot Sertoma Club has donated more than \$1 million to the Minot community and area. For more information about Sertoma Seltzer and Beerfest + Wine, or sponsorship opportunities, call Keli Rosselli-Sullivan, 701-818-8516.

Paying Tribute to Our Military Concert

BRASS BAND OF MINOT

The Brass Band of Minot's 2024-2025 season starts on Sunday, Oct 6th with a concert titled "Paying Tribute to Our Military" at 4:00 PM at MSU's Anne Nicole Nelson Hall. The concert will feature marches (including the popular Norwegian march "Valdres" and a Salvation Army Band march by William Himes entitled "God and Country"), popular music (including "Those Magnificent Men in Their Flying Machines" and "God Bless the USA"), and an Armed Forces Salute.

The band will welcome Lt. Col. Rich Morrison, the Commander of the 741st Missile Squadron, as a guest announcer. Brass Band of Minot concerts are free and open to the public though cash and check donations are very welcome and help pay for the band's expenses. The hall has a hearing loop system for hearing aid users and an elevator accessible from the east side of Old Main. The season will continue with concerts on Nov 17th, Feb 16th, and March 30th.

THE BRASS BAND OF MINOT
PROUDLY PRESENTS OUR
FALL CONCERT 2024
PAYING TRIBUTE TO OUR MILITARY

SUNDAY, OCTOBER 6TH | 4 PM
ANN NICOLE NELSON HALL - MSU
FREE ADMISSION
FREE WILL OFFERING

WAYNE SCHEMPF- CONDUCTOR

Minot Sertoma
Seltzer & Beerfest + Wine

Saturday, October 5
4:00pm - 8:00pm
Flickertail Garden

Live Band
Taco Bar
Axe Throwing
+ more!

REGULAR TICKETS (\$50)
ON SALE NOW AT EVENTBRITE.COM

\$25 TICKETS AVAILABLE FOR ACTIVE-DUTY MILITARY Available at Army's 2.0.

NOTES ON BEING SAFE

NO MATTER HOW FAR THE TRIP, ALWAYS CHECK YOUR VEHICLE

Growing up, my father always taught me the importance of conducting a thorough safety check on your vehicle prior to a trip (long or short). He taught me to check all the fluids, lights, tire pressures, brakes, and the condition of all belts and hoses. Maybe this is why I have been blessed with not breaking down on the road in 40 plus years of driving. Some time ago while I was traveling with my family on another "Adventure Club" road trip we drove pretty much during the day, and making frequent stops "sight seeing" along the way, looking for old cars and trucks, and of course, garage sales. We used all the safety rules that we stress to others: We got plenty of sleep the night prior to traveling and I as the primary driver was ready to take a break if I needed to, even if this delayed our return home and increased the cost of the trip. We left my headlights on to increase my visibility to other motorists, and wore comfortable clothes to keep the temperature in the car a little cool, but still comfortable. As we were traveling from state to state I took notice of the changes in road signs, road surfaces and the occasional appearance of emergency vehicles. On one trip traveling through Nebraska I saw a car in the ditch that had evidently rolled over. The state patrol was already on site. I wondered what had happened? Was it rain? Did another driver cut them off? Were they drinking and driving? Did they just push it too far? Thinking about what might have caused their accident prompted me to think about how I was driving. Was my speed too fast for conditions? Did I need to adjust my driving? If you can identify the cause of the accident you can adjust your driving and avoid the same fate.

We also noticed other signs along the road and considered what we could learn from them. These signs told a sad story but did not present the details of what may of happened. As we traveled a mere 700 miles, we saw scores of crosses and wreathes on the side of the road, memorials to people that lost their life on that particular spot on that stretch of road. What happened? Who were they? Where were they headed? The crosses and wreathes provided no answers, but caused me to do some thinking. Were they military PCSing or going home to see family? Were they on the road as a means to make a buck? Were they moving to a new place to find a better way of life? Were they on a family vacation trip? At one place there was a group of seven crosses in one place, was this a whole family that was lost? Discussing this with my wife, we came up with no real answers, only a lesson learned, traveling on the road is serious business, and lives can be lost. Be prepared when you head out on the roadways of America, do the "Vehicle Check," plan for emergencies and delays, look for visual indicators of problem areas and come home safely. Don't make someone put up a cross for you.

North Star
Community Credit Union

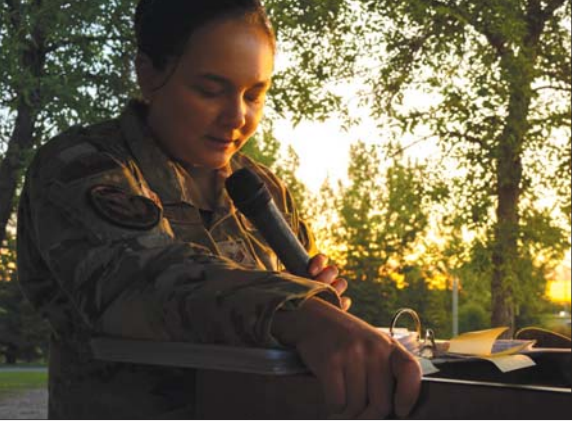
Welcomes you to Minot AFB

Checking & Savings
Online Banking for those on the go!
Loans for Autos, RV's, Life in General

ATM conveniently located at Rockers on Minot AFB.

Minot AFB • 210 Summit Drive
Minot • 1819 S Broadway

[nscu.com](https://www.nscu.com)



2024 POW MIA RECOGNITION DAY
Team Minot remembers the brave men and women who were taken as Prisoners of War and those who are still Missing in Action. Their sacrifices remind us of the true cost of freedom.

U.S. AIR FORCE PHOTOS | MINOT AFB PA

MYTHIC EMPORIUM
NEW COMICS BOARD GAMES AND RPG ITEMS
CRYSTALS FANTASY BOOKS
1125 N BROADWAY SUITE A, MINOT
MYTHICEMPORIUMND.COM

"YARD & GARDEN" "ANTIQUES" "VISION MINDED" "RELICS"
Granville JunkAholics
Junk in' Dirt
in the
North Dakota State Fair Center, Minot ND
9am-4pm
Saturday
OCT. 5
GRANVILLE JUNK AHOLICS
Find us on Facebook: GranvilleJunkAholics
or call Wanda (701) 721-9957
or Kolette (701) 818-7915
"FARM FRESH" "SHABBY CHIC" "VINTAGE" "HOME" "MARKET"

THE STARVING ROOSTER
EVERYDAY HAPPY HOUR - 3PM - 6PM
\$2 off All Apps
\$3 House Wine & Domestic Pints
Bavarian Pretzels with Beer Cheese Sauce
\$4 Rail Drinks, ND Brewery Pints & 22oz Domestic Taps, 4 Lettuce Cups
\$5 Moscow Mule
\$6 Specialty Cocktails, Martinis & 22oz ND Breweries Taps
1/2 Flat Bread Pizza
DAILY SPECIALS
Monday \$5 Moscow Mules (all day)
Tuesday \$4 ND breweries (all day)
Wednesday 1/2 Price Wine by the glass/bottle (all day)
Thursday \$1 up for all Tall Taps (all day)
Sunday BRUNCH (11am-2pm)
\$7 TSR Bloody Mary & Caesars
\$12 Bottomless Mimosas
\$6 Breakfast Shots
FAMILY PACKS
Monday Pizza Pack Combo
Tuesday Sandwich Pack
Wednesday Chef Creation*
Thursday Pasta Pack
*Changes Weekly - Check our Facebook Page
MILITARY DISCOUNT 10% OFF
thestarvingrooster.com

VINCENT UNITED METHODIST BAZAAR
SATURDAY, OCTOBER 19, 2024
9 AM - 2 PM
* Caramel Rolls at 9:00 am
* Delicious Lattes 9:00 am - 12:00 noon
* Lunch (Soups & Sandwiches)
Quilts, Table Runners, Guest Towels, \$5 Gift Table
Bake Sale - Lefse, Bread, Kuchen, Pickles, Jellies, Pies
Vincent Vintage - gently loved items
1951 Featherweight Singer Machine
Antique aprons, collector plates
VINCENT UNITED METHODIST CHURCH
1024 2ND ST. SE, MINOT, ND
4 BLOCKS EAST OF TOWN & COUNTRY CENTER

A LOOK BACK
THIS WEEK IN USAF HISTORY
LGM-118A PEACEKEEPER MISSILE PLACED ON ALERT
October 10, 1986
On October 10, 1986, near the end of the Cold War, the Air Force placed the LGM-118A Peacekeeper on alert duty. The intercontinental ballistic missile, also known as the MX for Missile, Experimental, was a four-stage missile capable of carrying up to ten independently-targetable reentry vehicles. 50 Peacekeeper missiles were brought to F.E. Warren Air Force Base, Wyo., and placed on alert in modified Minuteman III silos. The other ICBMs were meant to be deployed to railcar launch vehicles, but the railcar basing was never implemented. By the end of 1988, a total of 114 missiles were produced. The Peacekeepers were deactivated in 2005 and the United States switched to a missile force composed entirely of Minuteman IIIs.
Information courtesy of: media.defense.gov / nuke.fas.org / warren.af.mil / missilethreat.csis.org

CELEBRATE LIFE
SERVING YOU SINCE 1926
THOMAS FAMILY FUNERAL HOME
304 S MAIN ST MINOT, ND
CALL 701-838-2832
WWW.THOMASFAMILYFUNERALHOME.COM

North Dakota MRC: Always Ready to Help

MARTINA KRANZ, NORTHERN SENTRY

During an emergency, the North Dakota Medical Reserve Corps (MRC) helps those in need in their community or anywhere in the country. According to Duane Ell, Public Health Emergency Preparedness (PHEP) Volunteer Coordinator/Training Coordinator, “The MRC allows individuals to be part of a group of individuals during an emergency that are willing to raise their hand and say, ‘I’ll help in whatever capacity I can.’”

An MRC is designed to be a nationwide network of organized medical and non-medical volunteers to strengthen communities during public health emergencies. The North Dakota MRC is a volunteer organization that was created in 2002 after the 9/11 terrorist attacks and is operated through the North Dakota Emergency Preparedness and Response Unit of the North Dakota Department of Health and Human Services. States may utilize their MRCs for multiple activities, such as mass vaccinations, medical or non-medical sheltering during natural disasters, or even for local or community events when assistance may be needed.

During Minot’s flood in 2011, the MRC helped evacuate, and then return, the elderly to nursing homes. Teams have gone to Florida during Hurricane Irma in 2017 and to North Carolina during Hurricane Florence in 2018. During the COVID-19 pandemic, the MRC assisted with testing and gap staffing at facilities. Any state may ask for assistance from the North Dakota MRC based on

their need for volunteers. North Dakota has only one group of volunteers that is coordinated and operated through the Emergency Preparedness and Response Unit, but there are MRCs all over the nation. Some are local, county, or part of specific jurisdictions. MRCs allow individuals to volunteer almost anywhere they live.

The North Dakota MRC currently has over 1600 registered volunteers which consist of medical providers, veterinarians, CDL drivers, administrative assistants, firefighters, and other skill sets. Once registered, individuals undergo a background check and license verification. They will receive correspondence from the MRC Coordinator if they are accepted. The website to apply is <https://www.hhs.nd.gov/health/EPR/HPP/MRC>. In the event of an emergency requiring MRC volunteer assistance, members will be contacted by the Health Alert Network (HAN) through email or phone message to learn if they’re available for service.

In North Dakota, the MRC recently began once-a-month, weekend training programs to accommodate up to 50 individuals and to provide insight into the types of incidents requested for deployments. The MRC also provides equipment and assets available from the State Medical Cache—a stock of medical equipment and supplies reserved to help sustain vital health care and first responder services during disasters and supply shortages. According to Ell, the most surprising aspect



In Mandan, ND, members of the ND Disaster Mortuary Operational Response Team (DMORT) are donning Personal Protective Equipment (PPE) for Body Recovery Efforts during the February 2024 Exercise in the tent set up earlier in the week by Medical Reserve Corps (MRC).

he has seen with the MRC is that “It is always interesting to see how disasters that seem to have no relation to public health very quickly become a public health issue and can affect the public not directly affected by the disaster.”

Inside the MRC itself, it contains special teams, the Critical Incident Stress Management Team and the Disaster Mortuary Operational Response Team (DMORT). The Critical Incident Stress Management Team helps the MRC’s first responders and medical providers work through difficult times after a crisis and overwhelming situations. This aids in the recovery and retention of providers, especially in a state such as ours relying on volunteers and limited staff, Ell said. It is the most heartwarming things he has seen in his time with the MRC.

If anyone feels that they have a skill set, or that they can be

an asset to the MRC team, please apply. The North Dakota MRC Coordinator is currently Duane Ell and can be reached at dbell@nd.gov if you have any questions. The North Dakota MRC is ready to help the citizens in our community, in our state, and those who need them anywhere in the country.

On October 1, 2024, the ND

MRC deployed five RNs and one paramedic to North Carolina to help the victims of Hurricane Helene. They will aid in the shelters with the local Public Health Units in North Carolina. Three of the personnel deployed also deployed to North Carolina in 2018 to help after Hurricane Florence.



Members of ND Disaster Mortuary Operational Response Team (DMORT) and a law enforcement officer are walking out to the recovery area to begin body recovery efforts in the February 2024 Exercise held in Mandan, ND. The scenario consisted of a mass shooting during an outdoor event.



Members of the ND Medical Reserve Corps (MRC) are setting up one of the Emergency Preparedness Reponse (EPR) Units’ Deployable Rapid Assembly Shelter (DRASH) tents to establish a Forward Operating Base (FOB) at the February 2024 Disaster Mortuary Operational Response Team (DMORT) Exercise held in Mandan, ND.

FULL SERVICE CATERING

Holiday & Office Parties, Corporate & Private Events and Celebrations

ORDER NOW! 701-838-9140

BonesBBQMinot.com

NOW OPEN NEW LOCATION 437 N Broadway, Minot

Bones
BBQ SMOKEHOUSE & GRILL

Local y Owned

NEW TO MINOT

LOCATED ACROSS FROM THE AIRPORT

Offering 10% off for all active military, veterans, & first responders.

www.meg-a-latte.com

@megalattecoffee 701-838-8479 2045 N Broadway Suite #100

Minot Task Force 21 Examines Modernization and National Challenges at Nuclear Triad Symposium in Washington, D.C.

MINOT AREA CHAMBER EDC (MACEDC)

The Minot Area Chamber EDC (MACEDC) hosted the 13th Annual Task Force 21 Nuclear Triad Symposium on September 20 at the Capitol Hill Club in Washington, D.C., drawing nearly 200 attendees, including military officers, defense experts, department of defense contractors, ambassadors, and government officials. The event centered on the importance of nuclear modernization and deterrence in safeguarding U.S. national security.

“When you hear from top experts on the state of our national defense, it’s eye-opening,” said MACEDC President & CEO Brekka Kramer. “Minot Air Force Base’s role in global security cannot be overstated

and it’s important we host events like this symposium to ensure we are doing everything we can to educate and advocate for the nuclear triad”

Retired Admiral Charles Richard, former U.S. Strategic Command Commander, provided insights into the current state of the nation’s nuclear infrastructure and the critical role of strategic deterrence. North Dakota’s legislative leaders, including U.S. Senators Kevin Cramer, John Hoeven, and U.S. Representative Kelly Armstrong, spoke about the importance of supporting nuclear deterrence efforts.

Author and expert Gordon G. Chang addressed U.S.-China relations, while James R. Howe,

President of Strategic Concepts and Analysis, discussed the future of space warfare and its national security implications. Military leaders, including Lt. Gen. Andrew J. Gebara, Maj. Gen. Jason R. Armagost, Maj. Gen. Stacy Jo Huser, Maj. Gen. Colin J. Connor, Brig. Gen. Christopher E. Menuey, and Capt. Mark C. Parrella, also highlighted the importance of ongoing nuclear deterrence initiatives. The Honorable Madelyn Creedon and Dr. Matthew Kroenig shared insights on America’s Strategic Posture and spotlighted the work of the Congressional Commission.

Gen. Thomas A. Bussiere, Commander of Air Force Global Strike Command, delivered the afternoon keynote, emphasizing



Gen. Thomas A. Bussiere, Commander of Air Force Global Strike Command, delivers the 2024 TF21 Nuclear Triad Symposium keynote.

Minot’s pivotal role in U.S. nuclear deterrence. “Minot is the most important base in the Department of Defense,” Gen. Bussiere remarked, “where Minot goes, the Air Force goes, where Minot goes, the department goes.”

Task Force 21 Chair Mark Jantzer closed the event, stressing the urgency of continued

advocacy. “The word ‘urgency’ came up repeatedly today,” said Jantzer. “We need to talk to our national, state, local and public leaders and members about these important issues.”

For more information, visit TaskForce21.com or contact the Minot Area Chamber EDC at (701) 852-6000.



Symposium attendees from the Minot area (left to right): Jason Zimmerman - TF21 Member & MACEDC Board Member, Bruce I. Christianson - TF21 Member, Cassidy Hjelmstad - TF21 Member & MACEDC Board Chair, Roscoe Streyle - MACEDC Governmental Affairs Committee Chair, Mayor Tom Ross - TF21 Member & MACEDC Board Member, Jonn Knecht - TF21 Member & MACEDC Board Member, Mark J. Jantzer - Task Force 21 Chair, Pete Hankla - Task Force 21 Vice Chair & MACEDC Board Member, Brad Doll - Verendrye Electric Cooperative General Manager, Ryan Ackerman - MACEDC Board Chair-Elect, Keli Rosselli-Sullivan - MACEDC Workforce Development Specialist | Military Liaison, Harold Stewart - Minot City Manager, Jessica Klein - TF21 Member, Brekka Kramer MACEDC President | CEO & TF21 Member

Come learn about our organization and our affiliated organizations by stopping by before one of our meetings!

MINOT MASONIC CENTER



Come learn about Freemasonry and its community of appendant organizations by attending a meet-and-greet session with our members before one of our regularly scheduled business meetings!

Monthly Business Meeting Schedule • Meet-and-Greets
Blue Lodge - 1st and 3rd Mondays at 6:00PM
Shriners - 2nd Wednesday at 6:00PM
Scottish Rite - 1st Wednesday at 6:00PM
Eastern Star - 1st and 3rd Tuesdays at 7:00PM
Prince Hall - 2nd Saturday at 9:00AM

219 Main St S.
Downtown Minot
www.koseligiving.com

LET'S GET COZY

Gift Shop • Handmade Items • Scandinavian Inspired • North Dakota Products • Unique Finds • One of a Kind

KOSELIG
(KOOSH LEE)
THE COZY SHOP
COZY INSPIRED LIVING

2 Winners Every Week!

BADLANDS
RESTAURANT BAR

WE'LL BUY YOU DINNER!

1. Take a selfie photo showing this ad!
2. Like Badlands Restaurant & Bar on Facebook!
3. Send a message to the Badlands Facebook inbox.
4. In the message, provide your e-mail information and make sure to attach your selfie/photo.

No Limit, Enter As Many Times As You Wish!


\$25.00 Gift Certificate From Badlands Restaurant & Bar

By participating in the above contest, you give Badlands Restaurant & Bar and co-marketing partners permission to use your photo submission to announce you as a winner! Badlands Restaurant & Bar will not share your email information.




TEAM MINOT GIVES BACK!
On September 24, Team Minot kicked off the 2024 Combined Federal Campaign! Each fall, CFC empowers federal employees and retirees to make a difference by donating and volunteering for charitable organizations.
<https://givecfc.org/>

U.S. AIR FORCE PHOTOS | MINOT AFB PA



Vibeto Orthodontics



BEAUTIFUL SMILES FOR A LIFETIME

GREAT SMILES COME FROM VIBETO ORTHODONTICS

- Traditional metal and clear braces
- Invisalign® and Invisalign Teen™ clear aligners

SCHEDULE A COMPLIMENTARY INITIAL ORTHODONTIC CONSULTATION TODAY!

Bryan Vibeto, DDS, MS

(701) 839-6010
2615 Elk Drive Suite 2
Minot, ND 58701



Dakota Hope Clinic

UNEXPECTED PREGNANCY SOLUTIONS

- FREE PREGNANCY TEST
- ULTRASOUND EXAM (DETERMINE HOW FAR ALONG YOU ARE)
- PREGNANCY & PARENTING EDUCATION



 dakotahope.org

 315 S Main St #205
Minot, ND

 Client Line: 701-852-4673

Hensen's

FUR & LEATHER

Keep warm this winter with **PENDLETON WOOL** (since 1909)
Sweaters/Jackets/Shirts/Blankets and more!

Cozy Pendleton Wool Blankets

- Casual & Dress Leather Jackets & Vests
- Bowron Sheepskin Rugs
- Beautiful Selection of Brighton Jewelry
- Fur Coats, Hats, and much more!

Proud to Support Minot AFB

Acorn® Sheepskin Slippers

Quality Service & Workmanship at affordable rates for over **50** YEARS

701.852.0722
525 20th Ave SE • Minot
Next to Happy Joe's Pizza

OPEN:
Mon-Sat
10am-5pm



N.D. Asia

RESTAURANT & LOUNGE

UNDER NEW MANAGEMENT



LUNCH SPECIALS MONDAY-FRIDAY
11AM to 3PM
(except holidays)

\$5 OFF

with Minimum Purchase of \$30.
(Dine-in only, 1 coupon per table. Can not be combined with other any other promotions.)

GET FREE:

2 Fried / Steamed Gyozas / 2 Egg Rolls / 2 Crab Rangoons / 2 Spring Rolls

with purchase of 1 Signature Sushi Roll
(All Day Everyday)
(Dine-in only, 1 coupon per table. Can not be combined with other any other promotions.)

3400 16th St SW, Minot
701-852-1240

Online Order www.ND-Asia.com

presents

ANIMAL SPOTLIGHT

BLACK AND WHITE RUFFED LEMUR

CREATURE FEATURES

- They quadrupedally (using all 4 limbs) move about in the trees and are often seen suspending themselves upside down by their hind feet to feed on fruit.
- Lemurs are one of the great pollinators of the world! These Lemurs have developed a fascinating relationship with the Traveler's Palm Tree. When they pull apart the bracts of the tree to forage, the pollen sticks to the Lemur's fur and is carried to the next tree.
- Black and White Ruffed Lemurs are one of the only primates to make nests and commonly give birth to twins or triplets.

Fact File

Life Span	14 - 16 Years
Weight	7 - 10 pounds
Height	17 - 22 inches
Tail Length	22 - 25 inches
Body Length	20 - 22 inches
Wild Diet	Omnivore Carnivore (Herbivore) Fruit, Leaves, Seeds, Nectar, Flowers

Photos by Amanda Cline

ASSOCIATION OF ZOOS AND AQUARIUMS

Species Survival Plan

WILD animals crossword

Answer Key
Down: 1 Monkey, 2 Tiger, 4 Snake, 7 Panda, 9 Frog
Across: 3 Lion, 5 Elephant, 6 Bear, 8 Giraffe, 10 Zebra

UPCOMING EVENTS

BOO AT THE ZOO

OCT 20

MILITARY DISCOUNT

\$5.00 off an Annual Family Pass

HOURS: MON-SAT 10AM-3PM

FOLLOW US ON FACEBOOK

1219 BURDICK EXPY EAST MINOT, ND

WWW.RPZOO.COM • 701-857-4166

Vehicle maintenance tasks drivers don't want to overlook

Savvy drivers recognize that maintenance is essential to keeping their vehicles running strong for years on end. Such maintenance ensures vehicles are safe to take out on the road, and basic upkeep also protects drivers' financial investments in their cars and trucks.

Drivers who are not mechanically inclined tend to put their vehicles in the hands of a trusted mechanic to perform routine maintenance like oil changes. But there's a host of simpler vehicle maintenance tasks that drivers don't want to overlook, some of which can be performed without visiting the auto body shop.

- **Brake inspections:** Brake inspections are best left to the professionals, who can check the thickness of brake pads and look for other indicators of excessive wear. The automotive resource Cars.com recommends having brakes inspected during routine tire rotations, which many automotive professionals suggest should be done every six months.
- **Car wash:** Car washes might not be the first task drivers associate with vehicle maintenance, but they can prevent long-term damage to cars and trucks. Damage from bird droppings and road salt and ice melt products in the winter can damage a vehicle's paint job and its undercarriage. Wash the car on your own at home or visit a professional car wash to

perform this simple yet vital maintenance at regular intervals and whenever you notice significant buildup of dirt and grime on the car's exterior.

- **Air filter:** The air filter on a car or truck prevents debris, dirt and other contaminants from getting into the engine. The auto insurance experts at Allstate® advise drivers to inspect their vehicle air filters once a year. Air filters in need of replacement may appear dirty, and reduced fuel economy, unusual engine sounds and reduced horsepower are some other potential indicators that an air filters needs to be replaced.
- **Windshield wipers:** Windshield wiper blades are easily overlooked, but various automotive experts recommend replacing wiper blades every six to 12 months. Old wiper blades won't perform at peak capacity, dramatically reducing visibility during heavy rain and snowstorms. Anyone can replace their own windshield wiper blades in a matter of minutes, and new blades won't break the bank.

Vehicle maintenance is not exclusive to tending to what's under the hood. Keeping a car running smoothly for years involves routine tasks that many drivers can perform without professional assistance.

Auto Care - Valvoline Instant Oil - Tires

Minot AFB | 61 Missile Ave | 701-727-4141

Minot | 1301 20th Ave SW | 701-837-1301

OIL & FILTER SERVICE

OIL, LUBE AND FILTER SERVICES CONSIST OF:

- REPLACING THE OIL FILTER
- CHECKING THE AIR FILTER
- INSPECTING AND TOPPING OFF ALL FLUIDS UNDER THE HOOD
- OILING ALL FITTINGS
- CHECKING ENGINE FOR HOLES
- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE

Oil change special

\$10 off VALVOLINE OIL CHANGE



AFA CONFERENCE

Members of Team Minot, including 5BW Warbirds, 91MW Roughriders, and civic leaders from our community, gathered in DC for professional development at the AFA Air, Space & Cyber Conference, September 2024.

U.S. AIR FORCE PHOTOS | MINOT AFB PA



National Fire Prevention Week



SMOKE ALARMS



Make Them WORK For You!™



FIRE PREVENTION WEEK™

fpw.org

**Saturday
October 12**

0900 PARADE THROUGH HOUSING

Start- at E Street and Sunset Loop
End- at Eagle Way and Missile Ave.

**1030-1300
FIRE DEPARTMENT OPEN HOUSE**
At Fire Dept Bldg 896

Minot Air Force Base Fire Department 896 Flight Line Drive Minot ND

Find the Good Life in North Dakota: Where your service matters

NORTH DAKOTA DEPARTMENT OF COMMERCE

Find the Good Life in North Dakota is proud to announce a partnership with Semper Forward, a leading national network dedicated to supporting military members and their families in exploring career options post-service. This collaboration will focus on attending hiring events, and building relationships designed to attract military personnel and their families to Find the Good Life in North Dakota, providing them with the resources and opportunities they need to thrive in civilian life.

The joint effort will provide representation at several key hiring events, including today at the Minot Air Force Base, and additional fairs in bases across the country, including Hawaii, North Carolina, Colorado, Texas, New York and California. These events are part of a broader strategy to connect military members with career opportunities and help them build authentic, fulfilling lives in North Dakota.

“We want to welcome you home to a state that truly values your service,” said Workforce Development Director, Katie Ralston Howe. “In North Dakota, our mission is clear: to be the most military-friendly state in America. We offer thousands of career opportunities, leading-edge technology, inviting communities, and strong support for veterans.”

“Semper Forward’s expertise in connecting service members with meaningful career opportunities perfectly aligns with Find the Good Life in North Dakota. Together, we’re creating a pathway for military personnel to find rewarding careers and an unmatched quality of life in North Dakota,” said Steven Janke of

Semper Forward.

Careers in top industries such as business management and administration, healthcare, manufacturing, skilled trades, sales and marketing, retail and food services, transportation, distribution, and logistics are actively seeking candidates.

North Dakota’s communities are safe, family-friendly, and offer some of the nation’s most affordable housing and top-rated schools. The state’s airports ensure easy access to affordable airline travel, making it convenient for families to stay connected.

For those in the military planning to relocate to one of North Dakota’s installations or for those transitioning to civilian life, here are ten reasons why North Dakota is the ideal destination:

- Income tax exemption for active and retired military.
- Property tax credit for veterans with a disability level of 50% or higher.
- Participation in DoD SkillBridge with many employers.
- CDL test waiver available for certain service members.
- Provisional licensing options for spouses’ careers.
- VA healthcare services available, in 12 locations statewide.
- Veteran discounts for hunting, fishing, and state parks.
- Resident college tuition rates for service members and their families.
- Ranked #2 for Economic Environment.
- Top Ten state for Military Retirees.

North Dakota is more than just a place to live; it’s a place to thrive. We invite you to discover the good life in a state that appreciates and supports its military community.

NEW SUBSCRIBER

GIVEAWAY

 weekly post brief

northernsentry

MINOT AIR FORCE BASE NEWSPIRER | WWW.NORTHERNSENTRY.COM

Win 4 Tickets to

Minot Y's Men's Rodeo



Friday,
October 25
7pm

\$180 dollar value.

SUBSCRIBE to the **weekly** Post Brief & Enter to Win!

*Contest runs from October 4-13, 2024.





Upcoming Events

5 OCT

STARVING ROOSTER 10TH ANNIVERSARY PARTY & STREET DANCE
6:00 PM - 12:30 AM
Starving Rooster, 30 1st St NE, Minot

We’ve got an evening full of live music, food, and fun planned for all ages at our 10-Year Anniversary Party! Come celebrate a decade of delicious food, great drinks, and amazing memories with us on the street right in front of our restaurant at this FREE event on Saturday, October 5th from 6 PM to 12:30 AM! Kids are welcome from 6 PM to 9 PM—bring the whole family for the early part of the evening, then stay for the late-night fun with friends! Live Music Lineup: Ted & Kari from 6:00 PM – 8:00 PM. Myles Barcomb and the Sweet Dreams from 8:30 PM – 12:30 AM. Pizza and drinks available for purchase all night! Don’t miss out on an unforgettable night of dancing, live tunes, and celebrating 10 amazing years of The Starving Rooster!



For more information:
Facebook/ The Starving Rooster /Events

5 OCT

MIDWEST MONSTERCON
10:00 AM - 5:00 PM
Minot Municipal Auditorium
420 3rd Ave SW, Minot

Midwest MonsterCon was created to bring the ultimate horror experience to Minot, North Dakota. Our mission is to unite fans of all things spooky and macabre for a day of eerie excitement, engaging panels, unique vendors, and unforgettable memories. Costume Contest, FX Makeup Demos, Horror Movies, Midwest Murder, Oddities, Paranormal, Short Film Contest, Spooky Vendors, Trivia & more!




For more information:
Facebook/ Midwest MonsterCon /Events

7 OCT

CRAFT NIGHT
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

We’re hosting a weekly bring-your-own Crafting Night! We invite you to bust out your needlepoint, sketchbook, journal, yarn, or any other hobby you’ve been itching to get done and come on down!




For more information:
Facebook/ Blue Rider/ Events

09 OCT

TRIVIA NIGHT
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters and leave your ego at the door! Come enjoy good times with good people. Live questions - free popcorn - win free drinks! Bring your friends so your team can also go for the coveted; “Not Last Place” award!



For more information:
Facebook/ Blue Rider/ Events

8 OCT

SPOOKY SCIENCE & ART
2:00 PM - 4:00 PM
Magic City Discovery Center
1545 1st St NW

Explore the spooky science of Halloween at our upcoming class! Students will engage in an array of hands-on activities, from experimenting with candy corn chemical reactions, making your own colorful floam, and together creating oozing pumpkins. We’ll even use salt to craft Halloween-themed art projects. This class promises an afternoon of slimy, creative fun perfect for the Halloween season. Ages 4 – 9 Years Old, Class Size: Max of 20. Cost: \$24 for Non-Members, \$21.60 for MCDC Members, \$19.20 for Military Members



For more information:
Facebook/ Midwest MonsterCon /Events

NEW Community at the Northern Sentry

It’s more than Minot and more than Minot AFB, it’s a Shared Community.



For more events visit our online Community Calendar at www.northernsentry.com/calendar/

NOTHING BEATS

SUNDAY BRUNCH

SERVING FROM 10AM - 2PM

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



CROSSWORD
SOLUTION

Solution to last week's
Crossword puzzle.

R	A	M	P		A	G	A	T	E		T	A	F	T
O	D	O	R		L	E	M	O	N		A	L	L	Y
M	A	J	O	R	B	L	O	O	D	G	R	O	O	P
P	R	O	N	E		S	L	U	R		E	X	E	
				T	I	E	D			R	U	T		
S	E	C	O	N	D	R	A	T	E	M	O	V	I	E
I	R	A			D	A	R	E		P	R	O	N	G
T	A	R	O		A	G	E	N	T		S	T	A	G
A	T	O	M	S		O	T	T	O		E	N	E	
R	O	M	A	N	O	N	E	H	U	N	D	R	E	D
				N	O	R				S	T	O	A	
I	M	P			U	C	L	A			S	C	H	W
F	O	U	R	T	H	I	N	A	S	E	R	I	E	S
F	U	M	E		I	D	E	A	L		O	L	P	E
Y	E	A	S		D	O	W	R	Y		N	O	T	A

SUDOKU

Solution to puzzle on page B9

			1	2	3			4
		1			5	3		6
		7	6			8		
8	6				7		1	
	2						9	
	5		4				8	3
		8			4	7		
4		2	3			5		
3			8	9	6			

CROSSWORD PUZZLE

Across


1. Bactrian camel features
6. Settled on
11. Carpenter's tool
14. Air-minded
15. Dirty deed
16. Landmark case name
17. Floor it!
19. Bay State cape
20. Ernie of the PGA
21. Glove part
22. Theater district
24. Manages
26. Lukas of "Witness"
27. Floor it!
32. Removed
35. Clearly embarrassed
36. Structural support piece
37. Every one has its day
38. Savoir-faire
42. Author Umberto
43. Yours and mine
45. Figs.
46. Put a strain on
48. Floor it!
52. Cousin of a bassoon
53. Whoop it up
57. Scram!
60. Seed covering
61. "The Altar" constellation
62. Curved figure
63. Floor it!
66. Morrison of the Doors
67. Stevie Wonder's "My Cherie ____"
68. Reach the sum of
69. Frehley of Kiss
70. Hawaiian state birds
71. Watch secretly

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17						18						19		
20					21				22		23			
24			25					26						
					27			28				29	30	31
32	33	34					35				36			
37				38	39	40				41		42		
43			44		45					46	47			
48				49				50	51					
				52				53				54	55	56
57	58	59					60					61		
62				63		64					65			
66				67						68				
69				70						71				

Down

1. Seraglio
2. Soft palate part
3. Belarus' capital
4. Oft-licked extremity
5. Clips
6. Endangered cat
7. Senior's big deal
8. Word to the wise
9. Rare green beryls
10. Repudiation
11. Inland Asian sea
12. One-word advice
13. 5th-century Greek philosopher
18. Arp art
23. Wine region of Italy
25. Maniacal leader
26. Palette blends
28. Just caught
29. Goat with backward-curved horns
30. Ornamental threadwork
31. Stomp all over
32. Brouhahas
33. Barbarian
34. Grimm character
39. Almost at once
40. Lines left on the fridge
41. Some dot-coms
44. Notice
47. Pack animal
49. Luke's Jedi mentor
50. They may be glaring
51. Gain admission
54. Dark-gold
55. Muse of verse
56. First man-made textile fiber
57. ____ California
58. Bana of "Hulk"
59. Peak of perfection
60. Flulike symptom
64. ____ compos mentis
65. Have dinner

HAVE FUN AS A VOLUNTEER AT



ROOSEVELT PARK ZOO

Minot Air Force Base has been among our top volunteer groups for several years donating more than 2,500 hours of community service in the last five years. Thank you for making Roosevelt Park Zoo a premiere destination.

FOLLOW US ON FACEBOOK

1219 BURDICK EXPY EAST MINOT, ND
www.RPZoo.com • 701-857-4166

THIS PAGE IS SPONSORED BY:



THE IRONHORSE KITCHEN + BAR

HOURS:
MONDAY - THURSDAY
11AM - 12AM
FRIDAY & SATURDAY:
11AM - 1AM

21 E CENTRAL AVENUE
DOWNTOWN MINOT

701.852.8183



STARTS FRIDAY AT OAK PARK THEATER

FOR SHOWTIMES
VISIT WWW.OAKPARKTHEATER.NET

HELD OVER

DESPICABLE ME 4
(2024) Animation, Adventure, Comedy, Family (PG)

TWISTERS
(2024) Disaster, Action, Adventure, Thriller (PG-13)

HAROLD AND THE PURPLE CRAYON
(2024) Adventure, Animation, Comedy, Family, Fantasy (PG)

IT ENDS WITH US
(2024) Drama, Romance (PG-13)

RENT THE THEATER FOR EVENTS!
CHECK OUR WEBSITE FOR MORE INFO

1500 4TH AVE NW, MINOT, ND

CHURCH DIRECTORY

Chapel Services at MAFB

North Plains Chapel
290 Peacekeeper Pl
(across from North Plains Elementary School)

Protestant Community Service Times:
Traditional Service 9:00am
Breakfast Fellowship 10:00am
Contemporary Service 11:00am
(Holy Communion 1st Sunday)
Children's Church available

Northern Lights Chapel
230 Missile Ave
(across from Rockers)

Catholic Mass
Sunday 1000
Daily Monday-Friday 1200

Open Circle (Wiccan/ Neo-Pagan)
1000 on 1st & 3rd Saturdays

Hof (Norse Pagan)
1700 on 2nd & 4th Wednesdays

St. Peter The Aleut Eastern Orthodox Church

109 6th St. SE
Minot • 838-3094

Saturday, October 5
5PM, No Vespers

Sunday, October 6
10AM, Congregational Prayer Service

Bread of Life
Welcoming, deepening, and serving in faith for all of God's people

SUNDAY 10AM
(SUNDAY SCHOOL DURING WORSHIP)

WEDNESDAY
COMMUNITY MEAL 5:15PM
WORSHIP 6PM
CHILDREN AND YOUTH FAITH FORMATION 6:45-7:30PM

SATURDAY 5PM

WWW.BREADOFLIFEMINOT.COM

Trinity Church

An Evangelical Free Church
3500 4th St. SW • 839-5127
(Just North of Super Wal-Mart)

Sunday School & Fellowship 9:00 a.m.
Worship 10:30 a.m.

www.trinitychurchminot.org

Bible Fellowship Church

Worship Service
10:45am Sundays

Sunday School
9:45am

Grief Share

Grief Support Group meets Mondays at 7:00pm

Contact Duane Deckert:
701-838-0916 or
biblefellowship@srt.com
www.griefshare.org

Vincent United Methodist Church

1024 2nd St. SE • 838-4425
Behind Town & Country Shopping Center

Come As You Are!

Sunday School 9:00 a.m.
Sunday Worship Service 10:00 a.m.
Fellowship 11:00 a.m.

Pastor Mark Ehrmantraut
www.vincentumc.com

Faith United Methodist Church

5900 Highway 83 N, Minot
www.faithumcminot.com

Pastor Rick Craig
701-838-1540

Sunday School (All Ages): 9:45 a.m.
Sunday Coffee Fellowship: 10:30 a.m.
Worship Services: Sunday 11 a.m.

Cornerstone Presbyterian Church

1000 NE 3rd Street
852-0315

Sunday Schedule
Contemporary Worship 9:00am
Sunday School (All Ages) 10:00am
Traditional Worship 11:00am

Wednesday Evening Schedule
Community Dinner 5:30-6:30pm
Contemporary Worship 6:30pm
Youth Group & Small Groups.. 7:15pm
All are Welcome!
www.cornerstoneminot.com

Immanuel Baptist Church

1615 2nd St. SE
www.ibcminot.org
701-839-3694

SUNDAY 9:00am Coffee Fellowship
WEDNESDAY 11:30am Soup Kitchen
9:15am Sunday School 5:30pm Family Supper
10:30am Worship 6:30pm Adult Bible Study, IBCY, Kids' Club

Pastor Brian Keithline

Christ Reformed Church

Worship 11:00 a.m. Sunday
234 14th Ave SE
www.christreformedchurchminot.com

St. John the Apostle Catholic Church

2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:
Tuesday 5:15 p.m.
Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.
Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com

First Lutheran Church - ELCA
120 5th Ave. NW
852-4853

Sunday Worship 9:30 am

www.firstlutheran.tv
(Live Stream & Recorded)
Radio Broadcast KRRZ 1390AM
Sunday 9:30 am
www.flcminot.com

Pastor Brandy Gerjets • Pastor Ellery Dykeman

SGI-USA

Buddhist Group In Minot
Meets monthly

Email: bispsych@yahoo.com
Phone: (701) 838-9348

JOURNEYCHURCH
ASSEMBLY OF GOD

1805 2nd St. SE
838-1111

Sunday Services
8:00 am | 9:30 am
11:00 am

Minot Baptist Church

Sending the Glorious Light of Jesus Christ to a Dark and Needy World

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening 7:00 p.m.

Independent/Fundamental/KJV
500 46th Ave NE • 839-1351
Pastor David Miller

Cross Roads Baptist

Southern Baptist Convention

Sunday School (all ages) 9:45 a.m.
Sunday Worship 11 a.m. & 5:30 p.m.
Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Gabe McCormick- Pastor

415 28th Ave SE (Behind Menards)
838-1873

West Minot Church of God
Family Worship Center

1105 16th St. NW • 839-1407

Sunday School 9:30 a.m.
Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday 7:00 - 11:00 p.m.
ABC Child Care Center 852-6352

westminot.com
facebook.com/westminot

St. Mark's Lutheran Church
Missouri Synod

Sunday Divine Service 9:30 AM
Morning Bible Study and Sunday School 11:00 AM
Wednesdays
Kid Connection 6:00 PM

Reverend Philip Beyersdorf
2209 4th Avenue NW, Minot, ND
839-4663
www.minotstmarks.com
Join us on facebook

First Baptist Church

200 3rd St. SW • 852-4533
www.fbcminot.org

Classic Worship Service 8:30 a.m.
Sunday School (All Ages) 9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 a.m.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

2929 19th Ave NW • Minot
Located off Hwy 83 Bypass West
(701) 838-0609

Saturday School 2:00 p.m.
Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor

Grace Baptist Church of Minot
A Reformed Baptist Church

Sunday Service: 4:00 p.m.
at Living Word Lutheran bldg
710 46th Ave NE, Minot

Web: gbcminot.com
E-mail: gbcminot@gmail.com

RADIO BROADCAST
KFLK 88.1 FM- The Flock
8:30 a.m./p.m. Sat/Sun

oslc
where faith & life meet

OUR SAVIOR LUTHERAN CHURCH
3705 11th St. SW
Minot, ND 58701
701-852-6404
www.oslcminot.com

Pastor Heath Trampe
Rev. Rick Jones

Sunday Worship
8:15am Traditional Service
9:30am Contemporary Service
9:30am Sunday School & Adult Bible Study
11:00am Contemporary Service (w/Livestream)

Wednesdays 6-7pm
Adult Choir
OSKids (age 4- 5th grade)
Confirmation (grades 6-8)
Psalm23Teens (6-8pm)

To Advertise your Church in this space.

Call 839-0946

Only \$9.00 a space / per week

OUR REDEEMER'S CHURCH
A Church of the Lutheran Brethren

Sundays:
Worship 9:00 a.m. & 11:00 a.m.

700 16th Ave SE • 701-838-0750

For more information visit us on the web at:
www.ourredeemers.org

ORCS Preschool

Our Redeemer's Christian School's Preschool Program will be starting its 37th year the fall of 2024 and we would love to have your child be a part of it!

HIGHLIGHTS OF OUR PROGRAM

- Time-tested curriculum including STEM and Language Arts activities as well as Free Play
- 2 and 3 day options available
- Kindergarten readiness skills practiced each session
- All teachers hold a North Dakota Professional Educator's License
- Christ-centered environment

Please contact our school office or visit our website for more information.
701.839.0772
Email: jschultz@orcsknights.org
Website: www.orcsknights.org

Gospel Tabernacle Community Church

9999 27th St NE
4 miles south of MAFB
James W. Henderson
Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

ADVERTISE YOUR Church

Advertise
FOR ONLY \$9 PER WEEK

Revisions
MADE UPON NOTICE FROM THE CHURCH

Deadline
TUESDAYS BY NOON WEEK OF PUBLICATION

VIEW OUR PAPER ONLINE AT NORTHERNSENTRY.COM

CTE Teacher North Dakota's Best

Byron Borgen Loves The Kids

ROD WILSON, NORTHERN SENTRY

Dr. Steve Young, Principal at Memorial Junior High, called all students to an assembly on Friday, September 27th to allow officials from Minot State University to recognize one of their graduates who had recently been awarded the CTE Teacher Of The Year in North Dakota. The recipient would be announced as Byron Borgen, and the award celebration was indeed a surprise.

Byron has been at Memorial Junior High for 8 years. This year he also teaches CTE at Minot North. It was 1997 when Byron graduated from Minot State University and began his teaching career at Surrey. "I took a sabbatical from teaching and tried a couple of options like running a business. I found out my heart wasn't in it." There were other steps that Byron took in life, including adopting 5 kids. "When my youngest got old enough to go to school I came back to teaching."

The average class size for

CTE is between 14 and 20 at Memorial, and around 16 to 20 in his class at Minot North.

As far as CTE "it's really taken a turn towards the technical. It's almost applied physics with a lot of math and a lot of science. Today it's an engineering world" according to Boren "the engineering process is so great because you get to try it and fail, or hopefully you eventually you learn from failing how to succeed."

Byron said that they start with basics "like learning the difference between a nut and a bolt, a hammer and a screwdriver which is super exciting. The world they are growing up in is different. Right now, the world is desperate for workers. We need plumbers and electricians and engineers. We're going to be even more desperate for them (plumbers, electricians, and engineers) in another 10 years." Byron hopes that some of his kids will take that path. "Hopefully we can raise a generation that can fill

that void." Byron is originally from Minot, and his Dad was a principal at Dakota.

Acknowledging Byron's accomplishment was Dr. Steven Shirley, President, Minot State University, Rick Hedberg, Vice President for Advancement and Courtney Brekhuis, Director of Alumni Engagement.



Rick Hedberg, Courtenay Brekhuis, Byron Borgen, Dr. Steve Young, Dr. Steve Shirley.





JAMAICAN VYBZ KITCHEN

AUTHENTIC JAMAICAN FOOD

NOW OPEN NEW LOCATION
DAKOTA SQUARE MALL
FOOD COURT
HOURS
OPEN DAILY 11AM-7PM

TAKE OUT OR DINE IN



LET'S PARTY!



BOOK YOUR PARTY!

BIRTHDAYS, GAMING PARTIES, PRIVATE MOVIE EVENTS, FAMILY GATHERINGS

Monday-Thursday
Time Slots Available:

- 10 AM-12:30 PM
- 1 PM-4 PM
- 6 PM-10 PM

Email for details:
alatoakpark@gmail.com
WWW.OAKPARKTHEATER.NET



Musik Worx

D.J. & Photo Booths

jeremymork@yahoo.com

25% MILITARY DISCOUNT



Party Room



FROM KID'S BIRTHDAY PARTIES TO GIRLS NIGHT OUT, OR TEAM BUILDING!

We have a party space available for all of your fun!
Call for details!

109 South Main St. Minot 701.837.8555



Birthday PARTIES

X-TREME OR OPEN BOWLING

SUPER PARTY

• 2 Hour Party for up to 10 People
• Shoe Rental
• Pop and Ice Cream
\$200 (TAX INCLUDED)
\$10 for each additional person

MEGA PARTY

• 2 Hour Party for up to 10 People
• Shoe Rental
• 2 - 16" Pizzas, Pop and Ice Cream
\$230 (TAX INCLUDED)
\$10 for each additional person

ALL PARTIES INCLUDE:
Bowling, Shoe Rentals, Pop and Ice Cream



1901 NORTH BROADWAY MINOT, ND
NORTHHILLBOWL.COM

FOR RESERVATIONS PLEASE CALL **852-4108**



Make the Grade, Earn Rewards with the Exchange!

*You Made the Grade Program
Returns for 2024-25 School Year*

ARMY & AIR FORCE EXCHANGE SERVICE

The Army & Air Force Exchange Service’s You Made the Grade Program is back for its 24th year, rewarding military students who earn good grades with exclusive discounts, prizes and savings.

All traditional and non-traditional military students in first through 12th grades, including those who are homeschooled, can bring their report cards to the customer service area each grading period to receive prizes.

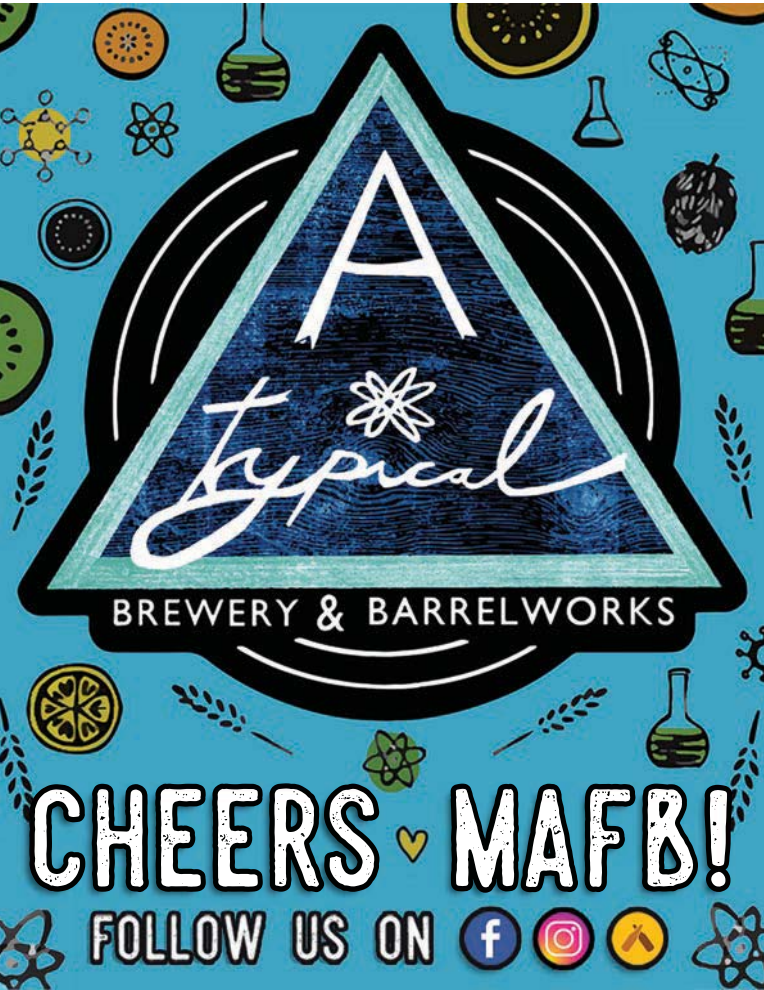
“They say it takes a village to raise a child and that philosophy is no different for military communities,” said Air Force Chief Master Sgt. Rich Martinez, the Exchange’s senior enlisted advisor. “Military families move up to nine times on average, according to the Department of Defense and face other challenges, such as a parent deploying, that can adversely affect schooling. What this program does is give students additional incentive in making good grades and maintaining them.”

Students with straight A’s will receive a \$20 Exchange gift card while students with a B average will receive a \$10 Exchange gift card.

Students will also receive an Exchange coupon sheet, including:

- A free small fountain, frozen drink or bubbler beverage.
- A free kid’s meal at a participating Exchange restaurant.

- A free combo meal at a participating Exchange restaurant.
 - A free kid’s hair service at The Barber Shop, Hair Studios, or Stylique beauty salons.
 - 10% off any pair of headphones (excluding Apple and Beats).
 - 10% off apparel and footwear.
 - A \$5 coupon at Exchange mall concessions or kiosks.
- Students who are making progress on their specialized education programs can participate too. Parents can print a downloadable form on ShopMyExchange.com and have their child’s teacher or school official sign it each grading period, indicating the modified grades of the student’s academic progress. Students and parents can bring the signed form to the customer service area at the PX or BX to earn You Made the Grade prizes. Exchange associates have been trained to accept the form.
- Students who make the grade can enter a biannual worldwide sweepstakes for a chance to win a \$2,000, \$1,500 or \$500 Exchange gift card. Drawings take place in December and June.
- To enter the drawing, students or parents can complete the form on the back of the gift card and mail it to:
- You Made the Grade
PO Box 227398
Dallas, TX 75222-7398



SPOOKY SEASON IS NOW AMONG US

It’s here! The trendy time of year where leaves fall, pumpkin spice everything resurfaces, and all North Dakotans cross their fingers for an Autumn season instead of heading straight into Winter. The Northern Sentry has compiled a community calendar glimpse for ALL the October/Halloween events going on in ONE place! Yep, everything on and off base, for kids and adults, is right HERE! Take a look, pick out the events for you and have some FUN before the cold and darkness take over.....Muahahah!

WEDNESDAY, OCTOBER 9

2:00pm - 4:00pm	Spooky Science & Art	Magic City Discovery Center	\$/Register
-----------------	----------------------	-----------------------------	-------------

FRIDAY, OCTOBER 11

6:00pm-12:00am Daily	Nightmare Haunted House Starts	Downtown Minot	\$
6:00pm	Pumpkin Walk	Woodland Trail	Free

SATURDAY, OCTOBER 12

9:00am - 12:00noon	Halloween Fest	Armory at Minot Auditorium	Free
12:00noon - 3:00pm	Trunk or Treat	Reeds K9 Training	Free
1:00pm	Ghosts and Ghouls	Minot AFB Library	Free
6:00pm	Pumpkin Walk	Woodland Trail	Free

FRIDAY, OCTOBER 18

5:00pm - 7:00pm	Family Night Costume Contest	Bomber Bistro	Free
-----------------	------------------------------	---------------	------

SATURDAY, OCTOBER 19

Business Hours	Haunted Stacks starts	Minot AFB Library	Free
4:00pm - 6:00pm	Trunk or Treat	Gymagic Gymnastics	Free
8:00 pm - 11:55 pm	Hocus Pocus Halloween Pub Crawl	Downtown Minot	\$

SUNDAY, OCTOBER 20

11:00am - 2:00pm	Boo at the Zoo	Roosevelt Park Zoo	\$
------------------	----------------	--------------------	----

THURSDAY, OCTOBER 24

6:00pm	3rd Annual Trunk or Treat	Kiddie Korral 2.0	Free
--------	---------------------------	-------------------	------

FRIDAY, OCTOBER 25

10:00am - 12:00noon	Trick or Treat Downtown (Preschoolers)	Downtown Minot	Free
10:00pm	Apocalypse 24-Lock-In	Youth Center	\$/Register by 10/22

SATURDAY, OCTOBER 26

10:00am - 12:00noon	Trunk or Treat	Ryan Nissan	Free
12:00noon - 2:00pm	Chopped: Halloween Edition	Magic City Discovery Center	\$/Register

SUNDAY, OCTOBER 27

8:30am - 12:30pm	CandyPalooza	The Pursuit Minot	Free/Register
2:00pm - 4:00pm	Halloween Party	Minot Moose Lodge	Free
6:00pm	Skate and Scare Movie Skate	MAYSA Arena Pepsi Rink	\$

WEDNESDAY, OCTOBER 30

4:00pm - 6:00pm	Trail of Treats	5th Medical Group	Free
4:00pm - 5:00pm	91 SFG & 5 SFS Trunk or Treat (EFMP Families)	Defender Dome	Free
5:00pm - 8:00pm	91 SFG & 5 SFS Trunk or Treat (Open to Everyone)	Defender Dome	Free

THURSDAY, OCTOBER 31

Business Hours	Haunted Stacks ends	Minot AFB Library	Free
10:00am - 11:30am	Trick or Treating	The View Assisted Living	Free
4:00pm - 8:00pm	Trick or Treat	Scheels Minot	Free
5:00pm - 7:00pm	Trick-or-Treat Spooktacular	MSU Dome	Free

SATURDAY, NOVEMBER 2

6:00pm-12:00am Daily	Nightmare Haunted House Ends	Downtown Minot	\$
----------------------	------------------------------	----------------	----



GET YOUR HALLOWEEN EVENT LISTED

Please email event details to: nsads@srt.com

*Events are compiled based on public knowledge. The Northern Sentry is not responsible for time changes/event cancellations. Please verify date/time before heading out to each event.

Special Delivery

Game Ball Arrives Courtesy of 54th Helo Squadron

ROD WILSON, NORTHERN SENTRY

The evening was almost perfect for a first ever homecoming game. Minot North High School, the Sentinels, in their home blue uniforms were warming up prior to taking the field against the St. Mary's Saints from Bismarck.

The parking lots around the stadium were packed with Minot North fans arriving for a 7 PM kickoff. On their way into the stadium, they were greeted by Gate City Federal holding a tailgating event and passing out free hot dogs.

The electricity of a homecoming game was in the air, but there was something more, and it probably had to do with the rumors that had been floating around the Minot North of the special pre-game festivities that would involve the arrival of the game ball via helicopter.

A couple of weeks prior, at a Minot State University Beaver football game Col Jesse Lamarand, command of the 5th Bomb Wing, had delivered the game ball to Herb Parker Stadium after a Huey hovered above the 50 yard line and dropped him on a tether to field level.

The delivery of the game ball to Minot North would be a bit different. The schedule would include a flyover of 2 Huey helicopters from the 54th; one of the Hueys would peel off leaving the other to land on the 50 yard line; there would be 3 passengers: Col Jimmy Schlabach,

Commander of the 91st Missile Wing, Col George Chapman, Deputy Commander of the 91st Missile Wing, and Chief Becky Thomas, Command Chief of the 91st Missile Wing.

The buzz in the crowd gave us a hint that someone had spotted the Hueys in flight just to the North of Sentinel Field. Before the helo landing we would have school songs from St. Mary's and Minot North. There would be an ROTC presentation of the colors followed by the singing of the National Anthem. The anticipation of the event that was to come had everyone on their feet, and then as scheduled, the final approach to the field. The helo was months in the making. First requested by Mr. Bill Cox, now an assistant principal at Minot North of Col Kenneth McGee, then Commander of the 91st Missile Wing. Col McGee passed the request on to Col Schlabach, Col Chapman, and Lt Col Kurt Skarstad, Commander of the 54th Helo Squadron. The paperwork and months of preparation was accomplished by the 54th in close coordination with the 91st Missile Wing.

If you haven't been in proximity to a Huey as it sets down, my best description would be a mild tornado for about 15 seconds. Once the landing took place, the game ball was brought to the sidelines by Col Schlabach and handed over to the referee

team for the coin toss.

The helicopter departed, the coin toss took place, and as one of the Minot North players yelled on the sidelines: "The Air Force did their part, now it's our turn."

Col's Schlabach and Chapman, and Command Chief Thomas were quick to point out the coordination it took for an event like Friday night to happen. Col Schlabach's description was "you know, we wanted this moment and this event to be special. Every high school student living on base is zoned into Minot North. It's important for these kids to have continuity with each other. We also show everyone the professionals that these air crews are, and they are absolutely astounding. The excitement here is through the roof." Col Chapman who has a senior who will graduate in May as part of the first graduating class at Minot North said that "it's hard to keep things like a helicopter flyover and landing a secret, but those are the helicopters that they see on the base, it's the ones they hear. Homecoming to a Minot Air Force Base student means something a little different, coming to this school and seeing these types of events makes them feel like they belong." Chief Thomas shared "I just love it. We are getting involved here, and we feel connected here." Schlabach continued "we want to make the base an integral part of



Fans walk into Sentinel Stadium prior to the Minot North High School football game at Minot, North Dakota, Sept. 27, 2024. Before the game 91st Missile Wing leadership delivered the game ball to kick-off the homecoming game.



Members of the 91st Missile Wing greet players of the Minot North High School football team prior to the game at Minot, North Dakota, Sept. 27, 2024. The 91st MW delivered the game ball to kick-off the first homecoming game of Minot North High School.

U.S. AIR FORCE PHOTOS | TECH. SGT. RUSTY FRANK

the Minot. So much of our hearts and souls are here with our kids and our families."

The game? Well Minot North lost 42-41, but I don't think the score is going to be what's talked about when Homecoming 2024 is discussed in future years. My guess? "Do you remember

homecoming 2024 and the helicopter that brought in the game ball?" On the way out I heard a couple of St. Mary's students asking each other, "Do you suppose they could drop a game ball from a B 52?"



Two Minot North High School football helmets are displayed on a bench during a football game at Minot, North Dakota, Sept. 27, 2024. The Minot North High School mascot are the Sentinels in honor of the future U.S. intercontinental ballistic missile system.

NEON NIGHT!!!

NORTH

DICKINSON

VS

October 11th, 2024

7pm

Sentinel Stadium
MNHS FOOTBALL

MINOT NORTH FOOTBALL

2024 Schedule

Dickinson

VS

Minot North

10/11 - 7:00 PM - Sentinel Stadium

Minot North

VS

Jamestown

10/17 - 7:00 PM - Hansen Stadium

Valley City

VS

Minot North

10/25 - 7:00 PM - Sentinel Stadium

Minot North

VS

Watford City

10/4 - 7:00 PM - Watford City High School

YOUTH IN ACTION

Supporting Military Connected Students and Families: Military Family Life Counseling Program

We are thrilled to welcome our Child and Youth Behavioral (CYB) Military and Family Life Counselors (MFLCs) supporting the Child and Development Center and Minot AFB Schools at Minot Air Force Base!

MFLCs are an incredible resource and provide confidential non-medical counseling services for children and youth to age 18 in groups or individually. They offer support to families, staff, and support personnel.

The image includes information



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



about the program. For more information about the program, please send an email to mafb.school.liason@us.af.mil.

SUPPORT FOR MILITARY CHILDREN

ONE-ON-ONE COUNSELING

COUPLES COUNSELING

GROUP COUNSELING

CHILD & YOUTH COUNSELING

BRIEFINGS & PRESENTATIONS

The Military and Family Life Counseling Program helps military families and children navigate challenges with free face-to-face support.

Child and youth behavioral military and family life counselors, or CYB-MFLCs, provide confidential non-medical counseling services to children and youth up to age 18 in groups and individually. They also offer support to families, staff and support personnel. Working with a counselor can help improve behavior, performance in school and relationships.

CYB-MFLCs are master's or doctorate-level licensed counselors who may:

- Provide consultation support to parents and caregivers, childcare providers, teachers and administrators on the healthy development of children and youth
- Model evidence-based intervention approaches
- Assist educators with strategies for cultivating a deeper understanding of the factors that shape social-emotional development
- Conduct classroom observations

Services are private and confidential except in situations that involve domestic violence, child abuse, sexual assault or otherwise necessitate a duty to warn.

CYB-MFLCs provide support on topics including, but not limited to:

Feelings identification

- Bullying
- Self-esteem
- Separation from parents
- Problem solving
- Sibling and parent relationships
- Time management
- Deployment and reunification
- Divorce

Learn more by visiting or calling your installation's Military and Family Support Center.

Learn more about other helpful programs for military families: 800-342-9647 | www.militaryonesource.mil



Tour our HOUSING OPTIONS



701.852.5028
CREATIVEMINOT.COM



AUTHENTIC MEXICAN FOOD

CALL AHEAD AND TAKE OUT DELIVERY AVAILABLE!

MON-THUR 11 AM TO 10 PM

FRI-SAT 11 AM TO 10:30 PM

SUN 11 AM TO 9 PM

3816 SOUTH BROADWAY, MINOT, ND

701-858-0777

WWW.MIMEXICOMINOTND.COM



Handcrafted BURGERS



Bold & Crisp SALADS



Tasty SANDWICHES & More

Eatin' Lunch in the Neighborhood™

Applebee's

2302 15th St SW, Minot

www.applebees.com



15% Military Discount

Dine In or Take Out Only*



304 4th Ave NW Minot

Open Daily 10:30 AM to 10:00 PM

www.noodles.com

CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

THRIFT STORE

Back Door Treasure's



Minot's Newest & Biggest Thrift Store is

NOW ACCEPTING

ALL donations, estate settlements, and commercial (rental & real estate left behinds)

105 1st Street. SE Minot
Open 9-6 Mon-Sat
(701) 837-1819

RENTALS

AVAILABLE NOW! Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$625 to \$895. Call Matt or Peggy at IPM. 852-1157

HOUSE FOR RENT IN GLENBURN ND.



Rent is \$900.00 a month with \$900.00 deposit. Three bedrooms, two full bathrooms, kitchen/dining area, and office space on the main floor - full finished basement. Attached single garage. Tenant pays utilities. Call Dianne Hensen 701-721-3089

PROFESSIONALS

LEE CLOUSE INDEPENDENT BEAUTY CONSULTANT

www.marykay.com/1clouse.
701-839-0475 or 701-721-0475

NEED A REALTOR?



I CAN HELP YOU!

Odalis Jones Martinez
Realty ONE Group Magnum

REALTOR®
English, Spanish

CONTACT ME!

(662) 497-0596

odalismart97@gmail.com

@odalisjonesmartinez_realtor

www.ROGMagnum.com

ONE

HELP WANTED

LOOKING FOR A CAREER THAT IS BOTH CHALLENGING AND REWARDING?

Kalix is seeking caring and compassionate people to provide support for people with disabilities. We have schedules to fit your needs. We offer competitive wages and excellent benefits.

We are an equal opportunity employer and a drug free workplace.

Apply in person at:
605 27th St SE, Minot ND 58701
Or contact: Matt Mackey
By email or phone at
mmackey@kalixnd.org
701-852-1014

IMMEDIATE FULL AND PART TIME OPENINGS

for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Matt Mackey By email or phone at mmackey@kalixnd.org 701-852-1014.

AUTOMOTIVE

NORTHERN AUTO AUCTION

1st & 3rd Saturday Every Month!

Approx. 75-100 Cars, Pickups, Trucks, Etc.!

Bring vehicles & title to auction yard

BUY or SELL!

All units sold AS-IS condition

Terms: Cash or check supported by a bank letter of credit.
Auctioneers: Clint Beeter, Lic. #199 & Kevin Beeter, Lic. #464 - Clerk Lic. #199

3035 Valley St., Minot, ND 58701
701-838-3733 or 1-800-210-8995

AUTO BENT UP OR JUNKED??

Would like to buy...

Running and non-running cars.
Call 701.240.2147

\$ \$ \$ QUICK CASH \$ \$ \$ Paying cash now for any car or truck, running or not. We also sell cars, give us a call. Edwardson Towing 839-9512, cell: 720-6150 (Will haul junk cars or trucks away, no charge)

JOHN'S



AUTOBODY

Pays Up To \$500

Insurance Deductibles

We Guarantee All Work & Color Match

4121 S. Broadway
839-8896

FRESH EGGS

FRESH EGGS Located just 20 minutes with delivery to the base. email: esavelkoul@srt.com.

WANTED

UNWANTED CARS, TRUCKS & SCRAP METAL.
Call 701.240-7453

IF YOU HAVE A SMALL DOG, REPTILE OR BIRD that you no longer can care for, call me or text me at (701) 822-3455

WANTED

LOOKING TO PURCHASE A USED PAIR OF BOOTS FROM A B-52 FLIGHT CREW MEMBER, WITH B-52 HOURS PREFERRED.

These are for a display in a private museum.

PLEASE CALL HANK
386-451-4845 OR
e-mail: circlerg71@gmail.com

BUSINESSES & SERVICES

AUTOMOTIVE

QUICK CASH!!

Running & Non-Running Cars & Trucks



EDWARDSON TOWING

We Also Sell Cars

839-9512

Cell **720-6150**

Will Haul Junk Cars Free of Charge
Cash for Scrap & Farm Clean Up



AUTO PARTS

HOURS:

Monday-Friday 7am-7pm
Saturday 7am-4pm
Sunday 10am-3pm

425 Burdick Expy W Minot, ND 58701

(701) 852-3301

Proud to serve Minot AFB

PET GROOMING

KING'S MANE CAT GROOMING

OFFERING YOUR CAT THE ROYAL TREATMENT
CALL 701-240-7291
FOR AN APPOINTMENT OR VISIT US ONLINE
KINGSMANECATGROOMING.COM

SUDOKU SOLUTION

PUZZLE ON PAGE B3

5	8	6	1	2	3	9	7	4
9	4	1	7	8	5	3	2	6
2	3	7	6	4	9	8	5	1
8	6	4	9	3	7	2	1	5
1	2	3	5	6	8	4	9	7
7	5	9	4	1	2	6	8	3
6	1	8	2	5	4	7	3	9
4	9	2	3	7	1	5	6	8
3	7	5	8	9	6	1	4	2

ACCOUNTANT

BradyMartz

Make Every Day Count

CERTIFIED PUBLIC ACCOUNTANTS
24 W. Central, Minot • 852-0196
www.bradmartz.com

HOBBY SHOP

AEROPORT HOBBY SHOP

RC Cars, RC Airplanes, Rockets, Trains, Plastics, Testors Paints, Engines & Accessories, Helicopters, Balsa Wood & Glues. We Have GUNDAM!

838-1658

2112 N. Broadway • Minot, ND
Ask for Eva • www.airporthobby.com

Contact Rod Wilson to get your business listed here! 701.839.0946
sentrysales@srt.com

FLOWER SHOP



FLOWER
Central

Voted Minot's #1 Flower Shop

405 Central Ave. E. • 701.852.6224

CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

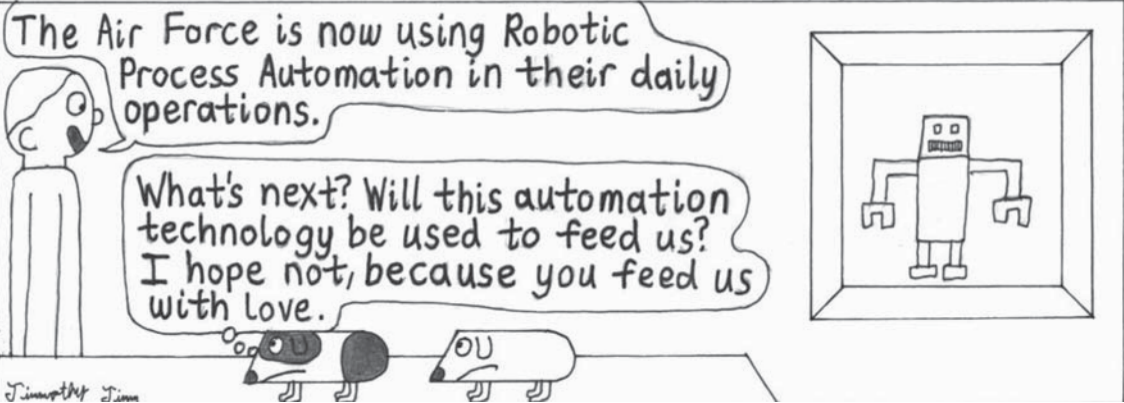
MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

★Hotel★
REVEL

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring you own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on
Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD,
FACEBOOK,
OR INSTAGRAM

For updates and socialization:
<https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram



MINOT
MILITARY PERSONNEL FLIGHT

SCAN TO SCHEDULE AN APPOINTMENT.

Use your smartphone.



Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500

Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130

Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130

*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE



RESTAURANT & ENTERTAINMENT GUIDE



Atypical Brewery & Barrel Works

510 Central Ave E, Minot
Phone: 701.833.0567
FB: Atypical Brewery & Barrelworks

Applebee’s Grill & Bar

2302 15th St SW, Minot
Phone: 701.839.2130
www.applebees.com

Badlands Restaurant & Bar

1400 31st Ave SW, Minot
Phone: 701.852.7335
www.blgrill.com

Bone’s BBQ Smokehouse & Grill

437 N Broadway, Minot
Phone: 701.838.9140
www.bonesbbqminot.com

Culver’s Restaurant

3000 S Broadway, Minot
Phone: 701.852.4800
www.culvers.com

Ironhorse Kitchen + Bar

21 E Central Avenue, Minot
Phone: 701.852.8183
FB: Ironhorse Kitchen + Bar Minot

Jamaican Vybz Kitchen

Suite 200 315 Main Street S Minot
Phone: 701-441-9309
FB: Jamaican Vybz Kitchen

Meg-A-Latte

2045 N Broadway Suite #100
Minot, ND 58703
Phone: 701-838-8479
www.meg-a-latte.com

Mi Mexico

3816 South Broadway Minot
Phone: 701.858.0777
www.mimexicominotnd.com

N.D. Asia

3400 16th St SW, Minot
Phone: 701.852.1240
www.ND-Asia.com

Noodles & Company

304 4th Ave NW Minot
701.491.9103
www.noodles.com

Pink’s Bar & Grill

102 128th Ave NW Minot
Phone: 701.852-2385
FB: PinksBarGrill

The Blue Rider

118 1st Avenue SE Minot
Phone: 701.852.9050
www.theblueriderbar.com

The Starving Rooster

30 1st St. NE, Minot
Phone: 701.838.3030
www.starvingrooster.com



YOUTH IN ACTION

Ink & Imagination Class

TESSIA SAMUELSON, MAGIC CITY DISCOVERY CENTER

Calling all aspiring writers and artists! During Minot Public Schools fall break, the Magic City Discovery Center will be hosting a mini camp called “Ink & Imagination.” This two day class will be held on Thursday, October 17th through Friday October 18th from 10:00am - 12:00pm both days. This class will allow kids ages 4 - 9 years old to explore the art of storytelling, through collaboration, illustration and narration. Kids will get a chance to pair up with a Creative Writing student from Minot High School, who will help them write their book. By the end of the class, students will have a copy of their very own unique storybook to take home with them.

This class is different from other classes the discovery center has hosted in the past. After attending the ACM Conference

in Wisconsin, educator Tessia Samuelson learned about the importance of the hidden story behind children’s drawings. Of course it is beneficial to allow a child to draw freely, and express their creativity, but it is so much more important to give them the opportunity to fully explain the story behind their drawings. Children need to be given the opportunity to let their imaginations run wild every once in a while, which is the exact purpose of this class.

The center is hosting a lot of fun upcoming classes for the fall and winter season.

Currently all classes through the month of December are live on their website. Spots are already filling up quickly, so be sure to sign up soon. Visit magiccitydiscoverycenter.com/camps to register today!



MAGIC CITY
**DISCOVERY
CENTER**



X-TREME BOWLING

FRIDAY & SATURDAY

OPEN BOWLING
7 DAYS A WEEK!

X-TREME BOWLING
FRI. 9:15PM-1:00AM
SAT. 5:00PM-1:00AM

CELEBRATE WITH US!
WE DO BIRTHDAY PARTIES
FOR ALL AGES!

1901 NORTH BROADWAY, MINOT, ND
852-4108
WWW.NORTHHILLBOWL.COM

Military Discounts Available!



MAGIC CITY
**DISCOVERY
CENTER**

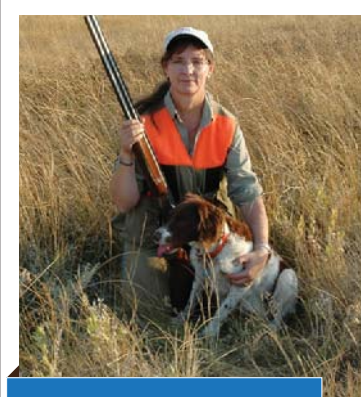
MagicCityDiscoveryCenter.com
701-858-7529

**DISCOVER.
CREATE.
EXPLORE.
PLAY.**



OUTDOOR

REPORT



by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Sept. 30: 1,838.66 feet above mean sea level (MSL); 14,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,449.95 feet above mean sea level (MSL).

Stump Lake elevation: 1,449.58 MSL.

• N.D. Game & Fish Dept. game wardens: No new reports.

• Devils Lake, Ed’s Bait Shop, Devils Lake: Continued walleye success on northern Devils Lake feeder lakes with main Devils Lake producing small walleye.

• Devils Lake, Woodland Resort, Devils Lake: Walleye moving into shallower water in 15 feet or less. Try working tree or rocky structure.

• Lake Darling, Karma C-Store, Ruthville: Little activity on Lake Darling and around the Grano area.

• Lake Metigoshe, Four Seasons, Bottineau: Not many anglers out with limited bluegill reports. Occasional walleye.

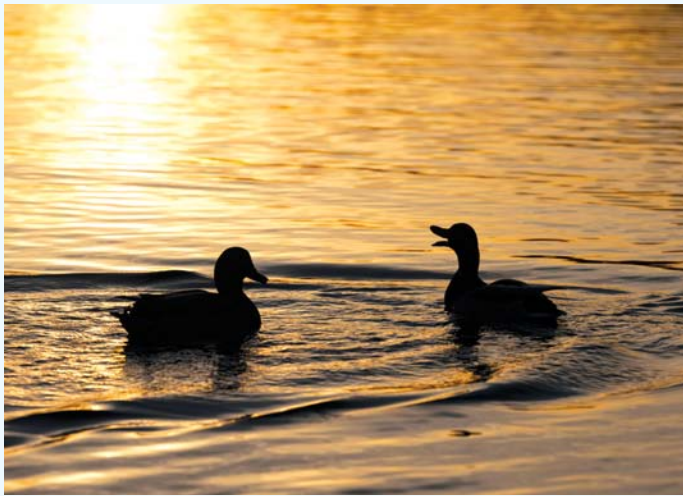
• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Some walleye activity in Douglas Bay on the east end of Lake Sakakawea but fish are deep in 50 feet or more. Try snap weights with crankbaits.

• Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Not many anglers on the east end of Lake Sakakawea. Look for small walleye with slower success for larger fish. Work from 5 Fingers to Nishu Bay in 35 to 60 feet with Jig-N-Raps No. 9. Good salmon bite in 30 to 60 feet along the face of the dam. Also work along Riverdale Bluffs to Death Man’s Bay or in front of the Spillway. Lake Audubon slow for walleye. Decent smallmouth bite yet using a variety of presentations.

• Lake Sakakawea, New Town: No new reports with little activity.

• Lake Sakakawea/Missouri River, Scott’s Bait & Tackle, Pick City: Missouri River tailrace continues producing a variety of fish from boats, including catfish and walleye. Best shore-fishing success is in the morning and evening with some walleye and

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They’re located at 1012 Woodland Drive, Devils Lake, N.D. 58301.



• Be extremely careful with waterfowl species identification with most ducks lacking fall plumage and endangered whooping cranes beginning migration soon – don’t mistake for snow geese or tundra swans.

• N.D. Game & Fish Dept. free PLOTS, Private Land Open to Sportmen, guides with maps available for download on their website, (gf.nd.com). Printed copies available at select vendors and Game & Fish Dept. offices.

• Registration now open for free Family Camping 101 Workshop to be held Oct. 19, Lewis & Clark State Park east of Williston along Lake Sakakawea. Register at (parkrec.nd.gov/events/family-camping-101). Noon to 5 p.m. with all equipment provided.

• Oct. 4 & 5: Youth pheasant season.

• Oct. 5: MonDak Pheasants Forever Chapter banquet, Raymond Family Community Center, Williston, 3 p.m.

• Oct. 6: Bonus teal season closes.

• Oct. 10: Devils Lake Ducks Unlimited banquet, Devils Lake KC Club, 5:30 p.m.

• Oct. 11 & 12: Free Pumpkin Walk, Woodland Trail, Minot, 6 p.m. to 9 p.m.

• Oct. 12: Pheasant and fall turkey seasons open.

• Oct. 12: Sakakawea Pheasants Forever Fall Flush dinner and fundraiser. Garrison City Auditorium, 5:30 p.m.

• Oct. 17: Coteau Hills Rocky Mtn. Elk Foundation banquet and fundraiser, Sports on Tap, Minot, 6 p.m.

salmon activity. Try casting from shore or boats in shallower water along Scoria, Marina, and Government bays on the south side of Lake Sakakawea for salmon.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers clearing with improving walleye success. Upper end of Lake Sakakawea producing some walleye activity around Lewis & Clark State Park or Lund’s Landing pulling crankbaits in 5 to 10 feet.

• North-central/central N.D. lakes, Towner Hdve. Hank, Towner: No activity on the Souris River or area lakes.

Hunting:

• Cranes: Increasing numbers of sandhills moving into the state but beware that endangered whooping

cranes could be flying with them.

• Deer: Look for increasing movement with cooler temperatures.

• Pheasants: Look for good season opener Oct. 12.

• Upland: Lots of small, uncolored pheasants yet so be careful with identification when grouse and partridge hunting.

• Waterfowl: A few whitefronts moving into northwest N.D. Not much goose movement yet. Fair success around the Devils Lake area but birds are still just local ducks and geese.

Numbers to know:

• N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

• Report All Poachers: (701) 328-9921.



**WOODLAND
RESORT**

Fish North Dakota’s Premiere Ice Fishing Lake

701-662-5996
WOODLANDRESORT.COM



WHAT'S GOING ON MINOT AFB

FRIDAY04

- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- SNCO Foundation Course, 0800-1600, Professional Development Center
- Lifeguard Course, 0800-1600, Outdoor Recreation
- Bootcamp, 0900, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Eras Season Opening Party, 1600-2200, Rough Rider Lanes Bowling Center
- Free Bowling Season Open Weekend, 1700-2100, Rough Rider Lanes Bowling Center

SATURDAY05

- Eras Season Opening Party, 1600-2100, Rough Rider Lanes Bowling Center
- Free Bowling Season Open Weekend, 1700-2400, Rough Rider Lanes Bowling Center

SUNDAY06

MONDAY07

- Banned & Challenged Books Challenge Ends, Minot AFB Library
- AFFT, 0530, McAdoo Fitness Center
- Thrift Savings Plan for Civilian Employees, 0900-1100, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- Moving Out of the Dorms Budget Classes, 1300-1500, M&FRC
- AFFT, 1100, McAdoo Fitness Center
- Zumba, 1730, McAdoo Fitness Center
- Writing Club, 1800, Minot AFB Library

ERAS SEASON OPENING PARTY

ROUGH RIDER LANES

FREE BOWLING

3 OCTOBER 2024 • 4PM - 9PM

GNARLY 80s BEATS & GIVEAWAYS

4 OCTOBER 2024 • 4PM - 10PM

FRESH 90s BOPS & GIVEAWAYS

5 OCTOBER 2024 • 4PM - 9PM

SWIFTIE HITS, GIVEAWAYS, PLUS MAKE & TAKE FRIENDSHIP BRACELETS

COMPLIMENTARY SNACKS & FOOD EACH NIGHT WHILE SUPPLIES LAST

DRESSING UP HIGHLY ENCOURAGED!

FORCE

5THFORCESUPPORT.COM

TUESDAY08

- AFFT, 0530, McAdoo Fitness Center
- Informed Decision Seminar, 0800-1600, Professional Development Center
- Career & Certification Exploration Track, 0800-1600, M&FRC
- LinkedIn Workshop, 0900-1100, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center — Room 211
- AFFT, 1100, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center
- Vehicle Maintenance Class - Winterization, 1730-1930, Auto Hobby Shop

WEDNESDAY09

- AFFT, 0530, McAdoo Fitness Center
- Career & Certification Exploration Track, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center — Room 211
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Top 3 Mentorship, 1130-1230, Professional Development Center
- Dorm Series Craft Class — Lumbar Pillow, 1700-1900, Arts & Crafts Center
- Yoga, 1700, McAdoo Fitness Center
- Zumba, 1800, McAdoo Fitness Center

Zumba

THURSDAY10

- Cycle & Strength, 0515, McAdoo Fitness Center
- AFFT, 0530, McAdoo Fitness Center
- Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- National Pulled Pork Day, 1030-1330, Dakota Inn Dining Facility
- AFFT, 1100, McAdoo Fitness Center
- Retraining 101, 1130-1500, Professional Development Center
- Tuition Assistance (TA) Brief, 1330, Education Center — Room 211
- Extramural Bowling, 1730, Rough Rider Lanes Bowling Center
- Zumba, 1800, McAdoo Fitness Center

FRIDAY11

- AFGSC Family Day
- For a full listing of Columbus Day holiday facility hours, visit 5thforcesupport.com
- Bootcamp, 0900, McAdoo Fitness Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Friday Night Mixed League, 1800, Rough Rider Lanes Bowling Center
- Fiesta Friday, 1800-2200, Rockers Bar & Grill
- Zumba, 1800, McAdoo Fitness Center

SATURDAY12

- For a full listing of Columbus Day holiday facility hours, visit 5thforcesupport.com
- Zumba, 0900, McAdoo Fitness Center
- Ghosts & Ghouls, 1300, Minot AFB Library

SPECIALS

Bomber Bistro Featured Item

Philly Cheesesteak Pizza

Steak, bell peppers, onion, and banana peppers topped on an alfredo base.

The B-Fifty Brew Featured Item

Hocus Pocus and Goblin Potion

A cream red bull burner with cherry and blue raspberry or your choice of red bull with strawberry and blue raspberry flavoring, topped with lemonade.

Rockers Bar & Grill Featured Item

Rockin' Chicken Sandwich

Hand breaded fried chicken sandwich, served with crispy fries. Try it with Rockin' Chicken Sauce.

MINOT AFB WINTER BUSING TOWN HALL

21 October 2024 • 5:00PM

Jimmy Doolittle Center

Join the School Liaison Office for a meeting to address the winter bus transportation of students attending Dakota Elementary School, North Plains Elementary School, and Memorial Middle School.

For details, call the School Liaison Office at 723-1447

FORCE

5THFORCESUPPORT.COM

SCHOOL LIAISON PROGRAM

QUALITY HEALTHCARE FOR ALL

Non-emergency walk-ins welcome Monday–Friday 1–4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy

Center for Family Medicine

UND SCHOOL OF MEDICINE & HEALTH SCIENCES

UNIVERSITY OF NORTH DAKOTA

1201 11th Avenue SW | Minot, ND | Phone 701.858.6700 | 800.841.7321 | Hours: M–F 8 AM–5 PM | cfmmminot.UND.edu



CLOSER TO YOUR DESTINATION

MINOT INTERNATIONAL AIRPORT

MOTAIRPORT.COM

DIRECT FLIGHTS

MINNEAPOLIS

DENVER

LAS VEGAS

PHOENIX