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YOUR SAFETY: OUR TOP PRIORITY

The 5th Bomb Wing Safety Group's mission is to promote an environment that maximizes combat capability through mishap reduction - "Mission First, Safety Always!" This is done by aggressively tracking and preventing mishaps in all three safety aspects: Weapons, Flight, and Ground. Seven active duty and four civilian professionals implement a safety-first mindset across the wing, ensuring Warbirds use sound risk management both on-and off-duty! Wing Safety "Owns It" by advising senior leaders and supervisors, conducting annual unit assessments and base-wide safety spot inspections and providing specified training for 5th Bomb Wing personnel, ensuring safe mission execution.

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U.S. STRATEGIC COMMAND

GT25

GLOBAL THUNDER

U.S. Strategic Command to Commence Exercise Global Thunder 25

USSTRATCOM PUBLIC AFFAIRS
U.S. STRATEGIC COMMAND

U.S. Strategic Command (USSTRATCOM) will commence its annual nuclear command and control exercise, Global Thunder, October 18, 2024. Global Thunder 25 (GT25) involves personnel throughout the strategic enterprise, including USSTRATCOM components and subordinate units. The purpose of GT25 is to enhance nuclear readiness and ensure a safe, secure, and effective strategic deterrent force.

This is an annual exercise and is not in response to actions by any nation or other actors, or current world events.

In addition to U.S. personnel, GT25 will involve key allied and NATO partners, including personnel from the United Kingdom, who will integrate into senior leadership teams and work across a broad spectrum of areas offering policy support and operational insight.

As in previous years, Global Thunder 25 will include an increase in bomber and other aircraft flights throughout the exercise.

United States Strategic Command (USSTRATCOM), a global warfighting command, deters strategic attack through a safe, secure, effective, and credible global combat capability and, when directed, is ready to prevail in conflict.



U.S. Airmen assigned to the 705th Munitions Squadron transport a weapons package during Global Thunder 23 at Minot Air Force Base, North Dakota, April 12, 2023. U.S. Strategic Command holds the annual nuclear command and control exercise to test and validate the nuclear operation process to demonstrate the readiness of the nation's nuclear capabilities.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ZACHARY WRIGHT



U.S. Air Force Capt. Michael Smith, B-52H Stratofortress pilot (left), and Capt. Zachary Haun, electronic warfare officer, both assigned to the 69th Bomb Squadron, rush to their alert vehicles following an aircraft generation order during Global Thunder 23 at Minot Air Force Base, North Dakota, April 16, 2023. Exercises like Global Thunder involve extensive planning and coordination to provide unique training for assigned units and forces.

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ZACHARY WRIGHT

Keep an eye on upcoming editions of the Northern Sentry for GT25 coverage at Minot Air Force Base.



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Introducing New Reporters

ERIN BEENE, NORTHERN SENTRY

The Northern Sentry is a publication that dates all the way back to the 1950s when it was known as the Jet Gazette. Over the past 70 years the paper has evolved into the thriving community centered news outlet that it is today. It is one of a handful of Air Force base newspapers still in print weekly. And arguably, it is the only one that actively focuses on the community and works to engage with the base public in a meaningful way.

This paper has only survived and thrived due to the constant dedication of the small, yet determined, team behind the

scenes. While there are a few people who you have likely seen around the base and the community who do so much for the paper, this article aims to introduce some of the newest members of the Northern Sentry: the base reporters.

Newly hired to capture the moments and life experiences of those working and living on Minot AFB are Nataly Zarrella, Kerianne Noel, Martina Kranz, and intern Hannah Waters. Nataly, Kerianne and Hannah have joined the team recently and Martina has been working with the Northern Sentry since the summertime.

While all of these women serve the base and city communities in other capacities too, they are all dedicated to representing the true aspects of sharing the Minot adventure. They are here to tell your story, experiences and life. So, if you see them around if you have a story to share, they'd be honored to talk to you about it.

Welcome to the team Martina, Kerianna, Nataly and Hannah! We are excited to have them aboard and know MAFB will benefit from you helping share their stories.

*If you are interested in learning more about the rich history of the Northern Sentry and Minot

AFB, check out this story about the history of the newspaper <https://northernsentry.com/2023/09/07/70-years-of-sharing-your-minot-afb-adventure/>. Or, if you'd like to do your own research, discover many of the historical editions of the Northern Sentry shelved in our very own Minot AFB library.



Hannah Waters



Martina Kranz



Nataly Zarrella



Kerianne Noel

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This is Raelynn's story.

After giving birth to her youngest daughter, Raelynn suffered a post-partum hemorrhage and needed 15 units of blood products during multiple surgeries to save her life. She speaks to donors at a blood drive her place of worship hosts, to share her story and personally thank them for their valuable contribution to those who rely on a safe and ready blood supply.

"The fact...people are so selfless that they can give a part of them to help other people without even knowing the why, I think that's amazing." – Raelynn

During this season of gratitude, we honor the profound impact donors have on patients in need. Donate Nov. 1-Dec. 1, 2024, and you'll be automatically entered for a chance to win one of three \$10,000 gift cards. Now it's our turn to make a difference in your life! Book your appointment today.

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Hopefully Not Again In My Lifetime



**A VIEW FROM
OUR SIDE**
ROD WILSON

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Red Flag warnings are fairly common in North Dakota. Wind is a conversation starter at most coffee circles, as is rain, or in this case the lack of rain. Double digit wind speeds are a way of life. Wind gusts that match the speed limit signs on the highways, well those will no doubt turn some heads.

There was a movie, Perfect Storm, the title was an oxymoron of sorts. The word storm is negative in nature. A winter storm usually means larger amounts of snow and high winds that combine for just plain miserable conditions.

Summer means the possibility of thunderstorms. If I were to think of a perfect thunderstorm it would include black clouds, lightning and thunder, torrents of rain and of course high winds. Since the movie, I have

found myself explaining storms as perfect. In my mind it means that everything was in place to create a storm of epic portions.

Let me introduce you to a weather phenomenon that describes the recent destruction in western North Dakota caused by acres and acres of wildfires fanned by high winds and aided by dangerously dry conditions. First that started small were soon out of control. Small towns and farm communities were threatened as the intense winds drove the first across pastures and fields.

The situation was quickly compounded as not one or two fires broke out, but several fires that destroyed buildings and whatever else was in their way. For the first time in my lifetime, we had an all-out fire storm. Conditions had made this a "perfect fire storm".

The very magnitude of the fires is hard to imagine through the lens of cameras that captured videos of volunteer fire fighters and community leaders using every available resource to contain these raging monsters. They spread fast and nothing, not roads or highways included, were able to slow them down.

Soon stories of humans and livestock caught in the path of the fire began to surface. Mother nature had unleashed winds that seemed to have no end. Thoughts and prayers were requested for western North Dakota communities like Tioga,

Ross, Ray, Arnegard and for those residents of the MHA nation. The North Dakota National Guard was summoned to provide manpower and Blackhawk helicopters hauling thousands of gallons of water. There wasn't much hope for a quick solution. The number of acres engulfed with flames was so unimaginable. Hard even for someone who has lived in North Dakota all of his life to fathom the miles of destruction. Only by the sure grit and determination of the thousands that would be sent to fight the first was the battle turned. Winning the battle was not easy, and there was the gut wrenching reality that there were human casualties. A young man who was soon to return home to South Africa to welcome his new baby. Another man overtaken by smoke who was transported to a local hospital and soon perished. This was not an easy pill to swallow. Thousands of livestock that also got disorientated in the smoke and they would also perish or need to be destroyed. Still, in the true North Dakota spirit we heard voices that were thankful for what was saved. These same voices promised to start over, if necessary, and rebuild. It was almost a mirror circumstance to those who battled through hurricanes in Florida. Very different in nature, yes, but similar in some of the end results.

As a journalist we are taught to use words to describe what is sometimes indescribable. On Saturday, more than a week after

the worst of the fires had ravaged western North Dakota, we drove down Highway 2 on our way to Williston. At a high point near Ross, North Dakota we saw an entire landscape of charred, black landscape. To our right, a burned up tractor, to our left an oil well area melted into heaps of unrecognizable statue looking objects. There really are no words to describe what we witnessed. I cannot imagine what it was like to be in the battle and knowing that it would take a miracle to bring these monster fires under control.

You can say to yourself and those around you "it could have been worse", and certainly it could have been much worse. And finally, thanks to all of the many volunteers who answered the call. Some left family and property behind to help a neighbor. And folks, that is what makes North Dakota special.

BEST KEPT SECRETS
Friday and Saturday are the Pride of Dakota Showcase in the Magic Place at the North Dakota State Fairgrounds. Hours are Friday from 3 PM to 8 PM, and Saturday from 9 AM to 5 PM. Admission is free. The best North Dakota has to offer...

TODAY'S CHUCKLE
How can you turn back the hands of time in the digital age?

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**UPSIDE DOWN
UNDER**
MARVIN BAKER

It isn't often that journalists write about themselves, but in this case, it seems timely and necessary to describe something I've dealt with the past 6 1/2 years.

On Friday morning the urology staff at Mayo Clinic declared me cancer free and I've been switched to an annual checkup after three-month, then four-month and finally six-month visits.

After getting that news, I wasn't sure my mind or body could be that relaxed. I didn't want to go dancing in the streets, but the relief was incredible.

The diagnosis of small-cell renal-cell carcinoma came on March 12, 2018. The surgery happened at St. Mary's Hospital in Rochester on May 30, 2019. Since that time, we've made those frequent trips to Mayo Clinic to

make sure we got the best care possible.

I've been spared, but a lot of people don't have the same fate. We recently lost my cousin Janeen from cancer at 52 years old. I think about that often and why was her fate so different. There are countless others who have either been effected by cancer, or know someone who has been.

It's critical that we continue to support the American Cancer Society and the doctors at Mayo Clinic who continue to come up with cutting-edge treatments to either stop certain types of cancer or allow people to live longer lives with a decent quality of life.

For me, it was an oral drug called Cabozantinib. It was a very powerful and very expensive drug that made my sick numerous times and had other side effects, but it did shrink the tumor on my kidney enough for the doctors to be confident in doing surgery.

My doctor, Bradley Leibovich, was the head of urology at Mayo Clinic at the time. Not only was he a top-rated urologist, he had also done academic research into all kinds of renal disease.

And one of the things his team told me when we first arrived in Rochester was perhaps as stunning as the diagnosis itself.

They told us that based on the CT images we were looking at, they estimated the tumor had been there seven to 10 years.

No pain, no pinching, no bulge in the lower back, no blood in the urine; there was absolutely no indication there was a malignant tumor attached to my left kidney.

In Dr. Leibovich's research, he discovered that certain beta blocker drugs can be responsible for renal cell carcinoma (kidney cancer). That made me assume that a blood pressure drug called Lisinopril may have been responsible because an Air Force doctor prescribed that drug to me in February 2007 which would have put the timeline at 11 years since the prescription to the tumor discovery.

Dr. Leibovich and I were on the right track but it wasn't Lisinopril at all that caused the cancer.

After going through test after test after test at the VA, that organization has determined the cancer was a result of being exposed to burn pits in Qatar while I was there in 2007 with the North Dakota National Guard.

That too, was kind of shocking because at the time, it didn't appear that the toxic smoke was obvious. It seemed like dust blowing around in the desert

because there wasn't a smell to it, only a haze.

But that was the result as the VA determined it and my doctor was on board because he knew from the beginning, there was some kind of trigger that caused the tumor to develop.

The tests are over, the cancer is gone, but it needs to be a reminder that many types of cancer are often found too late. Mine was found during an x-ray for another matter. And because it was caught early and wasn't aggressive, the urology team at Mayo Clinic had time to formulate a strategy.

That said, it's important to make sure we pay attention to our bodies and what they are telling us. Often times people will disregard odd pain or unusual sores on the body. After all, we're 10 feet tall and bullet proof, right?

See a doctor if something isn't right. It may be nothing, but it should be checked out because if cancer is caught early, a lot can be done to stop it.

And for those who are dealing with cancer, don't give up hope. Research is ongoing and I believe cumulative. And if you're not sure, check into Mayo Clinic, they may have the answers.

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Minot’s Secret Advantage



SHE’S NOT FROM AROUND HERE
AMY ALLENDER

We have a joke with my in-laws. Whenever we tell them we’re going somewhere, my father-in-law will say, “Let me guess, you’ll be there in 10 minutes.” It’s a joke that came about because when they visit and we plan our day in Minot, all our commutes are 10 minutes or less. However, when we visit them in Indiana, commutes typically take 20 to 30 minutes. In Minot, our longest regular commute is from town to the base for groceries. Any longer than that in the car, and my oldest will quip, “What is this, Indiana? Why is it taking so long?” Jokes aside, this is one thing we love about living in Minot. And it’s something no one told me before we arrived.

There are many pleasant surprises about living in Minot. But one of my favorites is just how easy it is to fill your day with activities—without ever feeling overwhelmed. Despite its size, there’s an unexpected richness to life here, something that has turned our lifestyle here into something I truly treasure.

On a typical day, we might start with a morning walk or bike ride on a nearby trail, followed by a visit to the children’s museum to explore for a couple of hours. We’ll come home for lunch, do a few chores, and let the kids rest before heading out again for an afternoon spent at a playground with friends. In cold weather, we’ll swap the playground for a meetup at an indoor space, invite friends over to play, or play at the library. After all of that, we’re still home in time for dinner, and everyone goes to bed on schedule.

While Minot may be geographically small compared to over places, this is also one of its greatest hidden assets. Everything we love to do, the people we love to be with—they are all in close proximity. Usually no more than 10 minutes away. We can fill our days with fun, fulfilling experiences without ever feeling rushed, stressed, or stretched too thin. Somehow, in Minot, there’s time. There’s time for fun, time for rest, and time for family, all without the overwhelming hustle we’ve felt when living elsewhere.

We’ve lived in cities with more options, but in Minot, we actually take advantage of the options we have. Bigger cities often boast endless activities, but the truth is that we didn’t participate nearly as much as we do here. Time would get eaten up by commuting to activities, higher cost of participation, and even decision paralysis—with so many options I’d freeze up and end up doing nothing.

And while some people may look at Minot on a map and see a small, remote place, I see a city that

has allowed us to live at our own pace. It’s a life where we’re making the most of every day, because everything is so accessible. We’ve created a life filled with simple pleasures and fun adventures because the logistics of living here make it possible.

Before moving to Minot, no one told me about this part: the gift of time and ease. Minot may not take up much space on a map, but it offers a different kind of space to those who are ready to embrace it. Space to breathe, space to be intentional, space to create a life as full or sparse as you prefer.

I’m so grateful for the unexpected joy Minot has brought into our lives. We’ve been stationed here twice now, and both times, we’ve discovered new ways to embrace and love this place. And you can too. It’s not just about surviving winters or getting through a PCS. It’s about learning to see Minot’s unique charm and how it can shape our daily lives for the better.

To those who are moving to Minot soon, I’ll say this: yes, prepare for winter, but also prepare to live differently. Open your mind to a new way of life, where things don’t need to be big to be meaningful. And to those who’ve lived here your whole life, I hope you’ll see Minot through fresh eyes.

So next time someone jokes about our 10-minute commutes, smile, knowing that this is one of the reasons life here is so good.

For more stories of life in Hotdish Land connect with me online at amyallender.com, Instagram @HeyMinot or @amy_allender, or on Facebook @amyallenderblog.



Our family loves the annual Pumpkin Walk. We take advantage of more community activities here than anywhere else we’ve lived.

AMY ALLENDER PHOTO



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*Photo of 2023's winner Casey Adrian as "Casey-dilla"



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THE DEER "TO DO" LIST

Patricia Stockdill

For many hunters, the second Friday in November is almost as good as Christmas, perhaps comparable only to the second Saturday in October when pheasant season opens.

The opening day of deer season – the second Friday in November – is Nov. 8 this year.

While it seems like the date is so far in the future, considering how fast time has a tendency to slip away from everyone it's never too early to start planning for The Big Day: Deer Season Opener 2024.

First, licenses are always good.

And it's even better to have them in one's possession, not lying in the bottom of some drawer tucked away in a "safe place".

The distinct possibility exists that the "safe place" may never be discovered again in one's lifetime, making it truly a safe place if you're a deer in what would have been that hunting unit had the license – and tag – been located.

OK, the top item on the "deer hunting to do list" should be to find the license.

Then the second "to do" thing is to make sure the riflescope is properly sighted in.

Also avoid the last minute rush for ammunition, hunter orange attire and other necessities by organizing gear early – it could save the hassle of a late rush to a store to replace a lost orange hat, cap or overly worn, faded orange vest or coat.

Practicing is always a good idea, too.

After all, even the best Olympic shooters practice, practice, practice – and then practice more. Practice means more shells so once any ammunition on hand has been located; get an additional box or two for practice.

Sharpen knives for field dressing and skinning ahead of time, rather than discovering the annoyance of working with a dull knife when the need arises to use it in the field. Besides, dull knives can be more dangerous just because they may not cooperate like a sharp knife does.

While North Dakota has a reputation for keeping its hunting regulations as easy and simple as possible, it's a good idea to review the deer hunting guide to help with details like unit boundaries, shooting hours, transportation and off-trail regulations, the state's private land access laws, and the list goes on...

Speaking of hunting on private land, the N.D. Game and Fish Department website, (gf.nd.gov), has a link on its home page, "Understanding Land Access in North Dakota" to help all hunters sort through the right and wrong things to do when accessing private and public land.

The link is well worth checking out in advance with a litany of valuable information – not just for deer season but any hunting season.

It's also important to note the chronic wasting disease (CWD) regulations and transportation and waste disposal requirements regardless of the unit one is hunting in.

Hunters can submit their deer head for CWD testing by taking it to any Game and Fish Department district office during business hours or deer head collection sites. Area sites are located at Game and Fish Department offices in Devils Lake, Riverdale, and Williston.

Collection sites at Des Lacs National Wildlife near Kenmare and at the North Dakota State Fairgrounds, Minot, are open after deer gun season.

Hunters can also request a sampling kit through the Game and Fish Department website, (gf.nd.gov), to remove lymph nodes and send them at no cost to the agency's Wildlife Health Lab. Information on how to take a head to collection sites is also available on the website.

It's good thing to know in advance, just like sorting through the hunting guide and land access site for rules and regulations.

Above all, think safety.

Hunting is statistically one of the safest outdoor activities but the best way to make it even safer is to always make certain safety is in the forefront - before, during, and after the hunt.

And finally, archery industry pioneer Fred Bear may have put the entire deer hunting experience in perspective with his quote: "I hunt deer because I love the entire process: the preparation, the excitement, and sustained suspense of trying to match my woods-lore against the finely honed instincts of these creatures."

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October is Remembrance Month Too

ERIN BEENE, NORTHERN SENTRY

It’s October. People everywhere are celebrating the changing of seasons, spooky costumes and candy. It is a time for warm sweaters, apple cider and pumpkins. However, for some, October also represents things less gleeful, as it is Pregnancy and Infant Loss Awareness Month.

October is a time of remembrance for those families who have suffered and endured through child losses due to miscarriage, stillbirth, SIDS, and other conditions. On October 15th every year those who have been affected by these losses gather nation-wide to remember and lean on one another. This event, called “Wave of Light”, is organized by lighting a fire of remembrance in locations all over the globe. Although a bonfire was not permitted due to high winds on Minot AFB, one such Wave of Light still shone brightly.

Event Organizer Ansley Summerville explained the concept behind the event saying, “We join other families across the world by lighting a candle at 7pm. When everyone does this and leaves it lit for one hour in their time zone it creates a wave of light around the world. We do this in remembrance of all babies that lit up our lives for a short period of time and bring awareness to pregnancy and

infant loss.”

Ansley explained why this event was so important to her and her family saying, “My husband and I suffered two losses and endured a lot of infertility treatments. We also have many friends that have suffered miscarriages or a stillbirth. A lot of people suffer through tragedy in silence or are made to feel by doctors or other people that their loss wasn’t significant enough... Someday I may know someone that goes through something similar, and their story may help me understand better or be there for them in a way they may need. I want to be a part of erasing the stigma of shame and break the silence. I want to be part of a solution and help families learn to advocate for themselves and fight for better healthcare and mental health when it comes to pregnancy and infant loss.”

Ansley, along with Chaplain Joshua Albrecht, organized this event in 2023, and they found that it had a large impact on everyone that attended, but especially the men and the husbands in the group. “Men tend to be a bit more private, reserved or focused on taking care of their partners, so often they don’t take the same amount of time to grieve or process their own loss. I had several spouses let me know that my husband Robert Summerville [Technical

Sergeant from the 5th Bomb Wing Safety] sharing a man’s perspective really impacted their husbands,” explained Ansley.

The nighttime Wave of Light on MAFB was commemorated near the bonfire pit area, which can be seen driving into the base on Missile Ave. Instead of a fire, the group utilized battery-powered twinkle-light candles in mason jars and the group even brought out personal heaters to warm the chilly autumn night. Warm cookies and a hot chocolate bar were served while fuzzy blankets completed the comfortable fall atmosphere. Ansley described the night as “beautiful and cozy.”

Ansley said she and her husband are willing and interested to host this event for the next year and hope they can inspire others to host similar events at military bases around the globe. “We want to create that safe space that they can lay down their busy lives and just feel and be cared for for just a few moments. I want others to know how common loss really is and that what they say and do in the moments after really can stay with that person forever. I hope people that have not experienced loss come to an event in the future to learn about how they can help or just be there for those that have.”



October is Pregnancy and Infant Loss Awareness Month. Fifteen people from Minot AFB attended the Wave of Light event on October 15.



“When everyone does this and leaves it lit for one hour in their time zone it creates a wave of light around the world.”- Ansley Summerville



the northern sentry Salute

Senior Airman Christopher Harris



91ST MISSILE MAINTENANCE SQUADRON
Hometown: Jacksonville, Florida

SrA Christopher Harris has been in the Air Force for 3 years, has been stationed at Minot AFB 2.5 years. He plans to attend college for a criminal justice degree and plans on becoming a Team Chief for the Missile Maintenance Team. SrA Harris is the first to join the Air Force in his family, with plans on making it a career. He enjoys reading, gaming, and fishing in his spare time. Christopher also volunteers regularly, organizing over 4,000 hours of volunteer work.

GAME SALUTE: THURSDAY, OCTOBER 24

Airman Jessica Taylor



5TH MAINTENANCE SQUADRON
Hometown: Quinlan Texas

Minot AFB is Amn Taylor’s first duty station and has only been here 4 months. However, in her time here she has pushed ahead of her peers in training, job knowledge, and in leadership skills. She is already being a mentor to the other 32 Airmen that have arrived at our shop in the last two months and has become a pivotal trainer for the Flight’s largest section. Her positive attitude and work ethic is contagious. We would like to give this opportunity to her to show what the Minot community has to offer and as a reward for her hard work.

GAME SALUTE: SATURDAY, OCTOBER 26

Recipients of the Northern Sentry Salute will be honored at the respective Minot Minotauros home game. In recognition, each recipient and three guests will receive V.I.P. seating to the noted home game, a \$25.00 Gift Certificate good for concessions at the game, and during the game they will be recognized by the Minotauros public address announcer as well as having their photo and nomination published in the Minotauros Magazine.



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SEPT 30 - OCT 3

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TUES, 1-OCT 5:00PM 740 MS VS 91 MSFS 14 34	TUES, 1-OCT 6:00PM ABUSEMENT VS 891 MSFS 30 34
WED, 2-OCT 5:00PM 5 MED VS 91 MMXS 41 46	WED, 2-OCT 6:00PM 91 MSFS VS FSS 28 27
THURS, 3-OCT 5:00PM 91 MMXS VS 705 MUNS 40 28	THURS, 3-OCT 6:00PM ABUSEMENT VS 5 MED 47 24

OCT 7 - OCT 10

MON, 7-OCT 5:00PM 5 MED VS LRS RESCHEDULE	MON, 7-OCT 6:00PM 5 OSS VS 5 SFS 12 26
TUES, 8-OCT 5:00PM WEAPONS VS MSOS 12 37	TUES, 8-OCT 6:00PM 791 MSFS VS 91 MSFS 6 40
THURS, 10-OCT 5:00PM WEAPONS VS 791 MSFS 07 F	THURS, 10-OCT 6:00PM FSS VS 5 OSS 36 30

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THE CLOSING OF HISPANIC HERITAGE MONTH UNIFIES TEAM MINOT

U.S. AIR FORCE PHOTOS | AIRMAN 1ST CLASS WESLEY DAVIES



Members of Team Minot grab food during the Hispanic Heritage Month (HHM) closing ceremony at Minot Air Force Base, North Dakota, Oct. 10, 2024. Volunteers from the Hispanic Allies Council prepared food representing their different cultures.



Members of Minot Air Force Base gather and eat food during the Hispanic Heritage Month (HHM) closing ceremony at Minot Air Force Base, North Dakota, Oct. 10, 2024. The ceremony gave Airmen an opportunity to celebrate hispanic heritage and culture while also connecting with fellow Airmen.



U.S. Air Force Col. Jesse Lamarand, 5th Bomb Wing commander, gives closing remarks at the Hispanic Heritage Month (HHM) closing ceremony at Minot Air Force Base, North Dakota, Oct. 10, 2024. Lamarand spoke of how vital embracing one's culture and camaraderie while serving in the Air Force.



Airmen purchase Hispanic Allies morale patches during the Hispanic Heritage Month (HHM) closing ceremony at Minot Air Force Base, North Dakota, Oct. 10, 2024. The patches were sold to spread awareness of HHM.

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A LOOK BACK
THIS WEEK IN USAF HISTORY

THE LAST B-52 STRATOFORTRESS COMES TO MAFB
OCTOBER 26, 1962





On October 26, 1962, the last B-52 Stratofortress ever produced was delivered to Minot Air Force Base, ND. The H model bomber 61-040 was built by Boeing in Wichita, Kansas, and was the last of an iconic line of 744 B-52 bombers produced between 1952 and 1962. Currently, the USAF has a fleet of 76 active B-52Hs, stationed at MAFB, Barksdale AFB, LA, and Edwards AFB, CA. Despite the thousands of flying hours that they have acquired, the planes are expected to fly until at least 2040 because of meticulous maintenance and the addition of newly evolved military technology. The B-52H has a top speed of 600 mph and 50,000 foot altitude capability. Originally, the plane was utilized as a high altitude nuclear bomber that could penetrate to the heart of the Soviet Union. But, as the decades passed, the B52s adopted new roles such as the delivery of air launched cruise missiles and precision guided munitions. When the last B-52 Stratofortress arrived at MAFB in 1962, nobody guessed that it would someday be flown by the grandchildren of the generation that brought forth one the USAF's most important bombers.

Information courtesy of: The Air Force Historical Foundation / boeing.mediaroom.com / military.com


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King Of The North PBR At Its Best

ROD WILSON, NORTHERN SENTRY

The PBR brings it’s best to Minot, North Dakota this Friday and Saturday as the Y’s Men present the King of the North Showdown...2 big nights of never ending action as the most talented cowboys take on the rankest bulls.

There are many names behind the King of the North, including a local North Dakota boy, Chad Berger from Mandan, North Dakota, who is known nationwide for his bucking bulls. Chad has been 12-time Stock Contractor of the Year in the PBR.

The second name is Adam Libby of Libby Productions, one of the premiere professional bull riding event producers from Eureka, Montana.

For Adam and the PBR coming to Minot is a thrill in part because of the hospitality that the city of Minot extends to riders and the fans who come to the Magic City for this event. “We love working with the Y’s Men. They go out and get the sponsorships and have a lot of boots on the ground helping out the PBR” according to Adam “and that makes for some big prize money including first place cash of \$100,000, 2nd place cash of \$25,000 and third place will get a brand new CF Moto UTV.”

The King of the North Showdown is a series of stops in the PBR, a total of 10, in Montana, Minnesota, North and South Dakota, and Idaho. The final stop, the showdown finals, will be at the Municipal Auditorium in Minot with 40 bull riders riding on 2 different nights of action with a long and a short round.

On Saturday night the red carpet at the Y’s Men’s PBR event will be rolled out for the military. “We start with the Air Force Color Guard, and then we’ll have Naval officers singing the National Anthem to get the event started” according to Libby. “This is truly America’s number one sport, and we honor America with the National Anthem, Pledge of Allegiance and a prayer.”

The Y’s Men use the proceeds from the PBR event to fund and improve the Y Camp near Garrison, North Dakota. “It doesn’t get any better than that” according to Adam Libby.

Tickets for the event are available online at minotpbr.com.



Chad Berger
Bucking Bulls



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TRICARE Enrollment Freeze and Scheduled milConnect and Beneficiary Web Enrollment Outage Beginning Oct. 25: What To Know

TRICARE COMMUNICATIONS

FALLS CHURCH, Va. – It’s almost time for TRICARE Open Season, which begins Nov. 11. That means it’s also time to check your information in the Defense Enrollment Eligibility Reporting System and make sure it’s current. You should do this as soon as possible.

There will be limitations for beneficiaries from Oct. 25 to Dec. 31. The first impact will be Oct. 25–27, when there will be a global enrollment freeze on any TRICARE health plan enrollment changes. This means you won’t be able to update your information or make any changes to your plan. This freeze includes overseas and dental enrollments.

“This is a scheduled outage,” explained Jim Frank, Health Plan Operations Support Branch DEERS Integration Manager, TRICARE Health Plan, at the Defense Health Agency. “The DHA and its partners will use this time to transfer beneficiary enrollment information to the regional contractors.”

Following that, between Oct. 28 and Dec. 31, if you live in the U.S. and need to make health plan changes, you’ll need to call your regional contractor. You won’t be able to make any health plan updates online in milConnect via Beneficiary Web Enrollment. This limitation to the BWE self-service portal will allow the DHA and regional contractors to transfer beneficiary enrollment information in DEERS. This will happen ahead of the start of health care delivery under TRICARE’s new regional contracts, which begin Jan. 1, 2025. (Note: These restrictions don’t apply to changing your coverage under the Federal Employees Dental and Vision Insurance Program during Federal Benefits Open Season. That’s separate from TRICARE Open Season.)

Do you live overseas? You can keep using milConnect as normal between Oct. 28 and Dec. 31, unless you’re transferring from the U.S. to an overseas location. To transfer from the U.S., you’ll need to contact International SOS.

But if you live in the U.S., you’ll need to call your regional contractor if you want to:

- Change your primary care manager;
- Change your plan due to a Qualifying Life Event; or
- Change your plan during TRICARE Open Season.

You’ll still be able to update your address and contact information in milConnect, but you may get a message that you need to call your regional contractor. This will also be the case if you go to a local Uniformed Services ID card office or if you call DMDC to update your information.

Not sure who you should call to update your information or change your plan? It may depend on when you make the change. Here’s a quick guide.

OCT. 25–27

- You can’t make any enrollment changes.

FOR ENROLLMENT CHANGES EFFECTIVE OCT. 28–DEC. 31

If you live:

- In the current East Region: Call Humana Military at 800-444-5445.
- In the current West Region: Call Health Net Federal Services, LLC at 844-866-9378.
- Overseas: Update your information in DEERS. You can also contact International SOS.

FOR ENROLLMENT CHANGES EFFECTIVE JAN. 1, 2025, AND BEYOND (INCLUDING TRICARE OPEN SEASON)

If you live:

- In the new East Region: Call Humana Military at 800-444-

5445.

- In the new West Region (including Arkansas, Illinois, Louisiana, Oklahoma, Texas, and Wisconsin): Call TriWest Healthcare Alliance at 888-TRIWEST (888-874-9378). TriWest’s call center will open Nov. 11.
- Overseas: Update your information in DEERS. You can also contact International SOS.

ACTIONS YOU CAN STILL TAKE ONLINE

If you’re not currently enrolled in a TRICARE health plan and want to enroll in one between Oct. 28 and Dec. 31, you can still do this online. Go to milConnect, navigate to the “I want to” section, and select “Manage Health Benefits.”

PREPARING FOR TRICARE OPEN SEASON

This year, TRICARE Open Season begins Nov. 11 and ends Dec. 10. Over the next few weeks, keep an eye out for articles about provider networks, 2025 costs, and more.

In the meantime, you should:

- Check DEERS before Oct. 25 to confirm that your information is current. This will help make sure you don’t miss important communications.
- Read past articles on the new TRICARE contracts from the TRICARE Newsroom.
- Check out www.tricare.mil/changes. This page will be updated over the next few months with answers to commonly asked questions.
- Stay in the know by signing up for email alerts from TRICARE.

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- Shriners - 2nd Wednesday at 6:00PM
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- Eastern Star - 1st and 3rd Tuesdays at 7:00PM
- Prince Hall - 2nd Saturday at 9:00AM

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Something Different...Fine Indian Cuisine

India Clay Oven Friendly Atmosphere & Great Food



ROD WILSON, NORTHERN SENTRY

Many traditional Indian dishes are cooked in a clay oven, and as such the new India Clay Oven restaurant offers many of these dishes on their menu.

Our trip to India Clay Oven started with a friendly welcome from a staff member who “is from India” according to General Manager Cajé Dourado. In fact, most of the staff at the restaurant come from the state of Gao on the southwestern coast of India, with the Konkani region. Formerly a Portuguese possession, the state of Gao became part of India in 1962 and attained statehood in 1987.

Cajé Dourado has been in the restaurant business for over 25 years, and most recently managed the India Clay Oven in Bismarck. “We would see many people coming to eat at our restaurant in Bismarck, so we were looking for an opportunity to get into this market” according to Dourado.

The proximity between Minot and Bismarck were an important factor in determining the viability of the newest restaurant. “To go into a new market is very costly. This (Minot) restaurant worked well.”

The current staff at Clay Oven is about 15 people. As we were looking at the many offerings on the buffet line, which is open daily from 11 AM to 2:30 PM for lunch 7 days a week, one of the staff members took time to

explain each item on the buffet that day. He took extra special care to point out the entrées that were a little more on the spicy side of the cuisine. The decision? We would start with small portions of the less spicy buffet items and fill in around the edges with the rice & the breads. It was a great decision, and eventually led us to choosing entrées that were a bit spicier. None of our selections were extremely spicy. Curry is the staple spice used in Indian food and has a very distinct flavor. “But there is other spice” according to Dourado “and once you have come to the lunch buffet and tried everything, we like you to come back for dinner, where we can explain the menu items better.”

The buffet is not the only menu item offered at lunch “about 50% of our guests go the buffet. During the summer it was like 90%, but that changed. We like to get people back to try the dinner after they have been here for the buffet, and so we give them a 10% off coupon.” Along with that “we offer a military discount of 10% on our menu, even on the buffet” Dourado shares.

Surjit Saroya owns both the Minot and Bismarck restaurants, and Dourado manages them both. Shannon Barretto is the chef for India Clay Oven in Minot and Tince Joseph hold the chef position in Bismarck.

The cuisine differs between the northern region of India vs. the southwestern region where Dourado, and most of his staff are from. The cuisine at the India Clay Oven is more influenced by the northern cuisine. “That is where the owner, and most of his family are from. There is more bread and cheeses.”

The expansion to Minot had a target audience that included Canadians and military people. The startup in Minot started about 2 years after the Bismarck restaurant. I would suggest the same tour of the buffet that we received if you try lunch or should a fine dining experience be more of what you like, just ask the friendly and informative staff about menu items allowing them to help you in your dining experience.

Welcome to Minot India Clay Oven, fine dining, and a great atmosphere.



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- West African Crowned Cranes are the only cranes that will roost in trees. While on the ground, they spend 50 to 75% of their waking hours foraging.
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Fact File

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Rotate tires every 6,000 miles to prevent uneven wear, replace them when they become worn and have the alignment checked if the car pulls to either side when driving or if you notice uneven tire wear.

ENGINE OIL
Checking and changing oil is critical to keep today’s engines running properly and efficiently. Follow manufacturer guidelines for changing the lubricant – generally, every 3,000 miles or three to six months. Check the oil level with the engine off and the car parked on a level surface. Open the hood, remove the dipstick, wipe it clean with a cloth or paper towel, then return it to the oil reservoir. Take it out again and see whether the level is within the acceptable range marked on the dipstick. If you add oil, don’t overfill, damaging the engine.

TRANSMISSION FLUID
Checking the automatic transmission fluid is another essential item on the car maintenance checklist. Look for a reservoir marked ATF (automatic transmission fluid) and follow the same steps as monitoring the oil level – only this time, with the engine running. Follow manufacturer’s recommendations for change intervals, about every 30,000 miles.

ENGINE COOLANT
Replace most engine coolant or antifreeze every 30,000 miles – or every two to three years. Newer formulas,

however, may last up to 50,000 miles. Turn the car off and wait for the engine to cool to check the coolant level. Locate the coolant reservoir (usually a translucent plastic tank) and eyeball the level of the coolant against the full and low indicators.

POWER STEERING FLUID
Power steering fluid should be changed every three years or 50,000 miles. If you have a power steering fluid reservoir, check the level visually; otherwise, follow the dipstick method. Low power steering fluid may indicate a leak, so have your mechanic take a look.

BRAKES AND BRAKE FLUID
Check to ensure that brake fluid levels are within tolerance. How often you need to replace brake pads or other components depends on your driving and typical driving conditions. A brake problem warning signs include noise, vibration, or “grabbing” when you apply the brakes. Working on your brakes is a job probably best left to the professionals.

AIR FILTER
Basic car maintenance suggests changing your air filter each year or every 12,000-15,000 miles. A clean air filter can help your engine “breathe” better, improve gas mileage, and reduce harmful emissions.

FUEL FILTER
Replace it annually to help prevent debris from clogging your car’s fuel line.

WINDSHIELD WIPERS AND WIPER FLUID
Windshield wiper care is one of the most neglected basic car care tips. Replace the blades every six to 12 months or whenever the rubber becomes worn. Check the wiper fluid reservoir every week or so and keep it full.

HEADLIGHTS AND BRAKE LIGHTS
With your car running and parked, have someone walk around to see that your lights are working – headlights, brake and tail lights, turn signals, etc. Replacing bulbs in today’s vehicles can be a challenge. Have a mechanic do the job, mainly replacing and aiming headlights. A pro also knows if the problem is a blown fuse, not a burned-out bulb.



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- CHECKING BELTS AND HOSES
- INSPECTING TIRE PRESSURE
- CHECKING ENTIRE UNDERCARRIAGE



MINOT AFB WINTER BUSING TOWN HALL

28 October 2024 • 5:00PM

NEW DATE

Jimmy Doolittle Center

Join the School Liaison Office for a meeting to address the winter bus transportation of students attending Dakota Elementary School, North Plains Elementary School, and Memorial Middle School.

For details, call the School Liaison Office at 723-1447



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DEPARTMENT OF THE AIR FORCE
SCHOOL LIAISON PROGRAM

HALLOWEEN

SPOOKY SEASON IS NOW AMONG US

It's here! The trendy time of year where leaves fall, pumpkin spice everything resurfaces, and all North Dakotans cross their fingers for an Autumn season instead of heading straight into Winter. The Northern Sentry has compiled a community calendar glimpse for ALL the October/Halloween events going on in ONE place! Yep, everything on and off base, for kids and adults, is right HERE! Take a look, pick out the events for you and have some FUN before the cold and darkness take over.....Muahahah!

THURSDAY, OCTOBER 24			
6:00pm 5:00pm - 6:30pm	3rd Annual Trunk or Treat Hall-O-Ween (Dakota Elementary Students/Families)	Kiddie Korral 2.0 Dakota Elementary	Free Free
FRIDAY, OCTOBER 25			
10:00am - 12:00noon	Trick or Treat Downtown (Preschoolers)	Downtown Minot	Free
5:00pm - 8:00pm	FA-BOO-LOUS Don't Ghost Us!	Superior Nutrition	Free
6:00pm - 9:00pm	Fright Night! Late Night	Youth Center	Registration Closed
SATURDAY, OCTOBER 26			
10:00am - 12:00noon	Trunk or Treat	Ryan Nissan	Free
11:00am - 3:00pm	Harleyween	Magic City Harley Davidson	Free
12:00noon - 2:00pm	Chopped: Halloween Edition	Magic City Discovery Center	\$/Register
2:00pm	Pups and Pints (Halloween Pet Portraits)	Atypical Brewery	\$
3:00pm	Bethany Lutheran Church	Trunk or Treat & Food Drive	Food Bank Donation
SUNDAY, OCTOBER 27			
8:30am - 12:30pm	CandyPalooza	The Pursuit Minot	Free/Register
2:00pm - 4:00pm	Halloween Party	Minot Moose Lodge	Free
2:00pm - 4:00pm	Halloween Celebration	Pioneer Village, Burlington	Free
6:00pm	Skate and Scare Movie Skate	MAYSA Arena Pepsi Rink	\$
7:00pm - 9:00pm	The Sign On Club at MSU Silent Haunted House	Swain Hall, 2nd Floor, MSU	\$2.00/person

WEDNESDAY, OCTOBER 30			
4:00pm - 6:00pm	Trail of Treats	5th Medical Group	Free
4:00pm - 5:00pm	91 SFG & 5 SFS Trunk or Treat (EFMP Families)	Defender Dome	Free
5:00pm - 8:00pm	91 SFG & 5 SFS Trunk or Treat (Open to Everyone)	Defender Dome	Free
5:00pm - 8:00pm	91st OG Hall-O-Ween Trick or Treat	546 Minuteman Drive	Free
6:00pm - 8:00pm	Spooky-Con	Youth Center	Free
6:00pm - 8:00pm	Spooky Halls Trick or Treat	Robertson Counseling	Free
THURSDAY, OCTOBER 31			
Business Hours	Haunted Stacks ends	Minot AFB Library	Free
10:00am - 11:30am	Trick or Treating	The View Assisted Living	Free
4:00pm - 8:00pm	Trick or Treat	Scheels Minot	Free
5:00pm - 7:00pm	Trick-or-Treat Spooktacular	MSU Dome	Free
5:00pm - 7:00pm	Halloween Fun Night	Minot Family YMCA	\$
6:00pm - 7:30pm	Indoor Trunk or Treat	Cornerstone Church	Free
SATURDAY, NOVEMBER 2			
6:00pm-12:00am Daily	Nightmare Haunted House Ends	Downtown Minot	\$



GET YOUR HALLOWEEN EVENT LISTED

Please email event details to: nsads@srt.com

*Events are compiled based on public knowledge. The Northern Sentry is not responsible for time changes/event cancellations. Please verify date/time before heading out to each event.

YOUTH IN ACTION

Minot Air Force Base School Board District #160

School Boards are responsible for the education of local children and address a wide array of issues to include establishing spending priorities, approving budgets, adopting school calendars, approving staffing changes, responding to changes in education law, and advocating for the needs of students, families, teachers and staff. Members work closely with the district superintendent and other administration and serve as public figures to support and respond to the needs of their communities.

For the Minot Air Force Base, School Board District #160 serves in this capacity. School board member duties include, using state and federal funds to ensure that the students on-base continue to receive the best education possible within the laws of the North Dakota Century Code, addressing concerns or questions from district families, and voting on matters that affect schools both on and off the installation. The Minot Air Force Base School Board is a co-terminous school board that works alongside Minot Public Schools, School Board, District #1 with the mission of “Empowering all learners to succeed in a changing world”.

Minot Air Force Base, School Board District #160 and Minot



JOY-NICOLE SMITH
SCHOOL LIAISON PROGRAM MANAGER, GS-12
DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



Public Schools, School Board, District #1 consist of five board members, each member serves a three-year term. For the Minot Air Force Base, School Board, District #160 there are three position requirements for members. These include 1) Member must reside on the installation 2) Member may be active duty enlisted, a reservist, or a dependent family member. Officers are not eligible to serve as school board members pursuant DoDD 1344.10, Para 4.2.2.4. 3. Members cannot be an employee of Minot Public Schools.

The Minot AFB School Board often has to fill vacancies due to member resignations related to the military lifestyle. If a member of the board resigns that position is filled to serve out the remaining portion of that term. Currently, the Minot AFB School Board has open positions. Interested parties

can contact the School Liaison at joy-nicole.smith.2@us.af.mil for more information and to receive an application.”



Photos of current and former, Minot AFB District #160 School Board Members. From touring the Minot North High School Construction Site to welcoming Minot Public Schools Teachers back to regular board meetings, school board members are important to our Minot AFB community!



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CROSSWORD SOLUTION

Solution to last weeks
Crossword puzzle.

A	C	H	E		P	O	E	T		F	A	L	S	E
S	H	E	D		I	T	C	H		O	C	E	A	N
H	E	A	D	I	N	T	H	E	C	L	O	U	D	S
R	E	V	A	M	P		O	N	A	I	R			
A	R	E		P	O	E		C	R	O	N	I	E	S
M	Y	N	A		I	R	K	E	D			D	N	A
					R	A	N	G	E		A	F	O	O
					B	A	C	K	T	O	T	H	E	W
					H	O	O	H	A			C	O	R
					I	O	N			U	S	H	E	R
					P	R	E	C	E	P	T		D	I
						U	B	O	A	T		N	A	R
						F	E	E	T	O	N	T	H	E
						B	E	G	I	N		E	A	R
						I	R	O	N	Y		S	W	A

SUDOKU

Solution to puzzle on page B9

	1		2		3			
4		5		6			7	
		7			4	8		
	7		6		5			
	8						3	
			7		9		4	
		9	3			5		
	3			4		6		2
			1		7		8	

CROSSWORD PUZZLE

Across

1. Ramrod
11. Rows
15. Closings
16. Unceremonious fall
17. Forced retiree of '64
18. Substitute for the missing
19. Two-Oscar actress
20. Filled food
22. Caen cleric
23. Showed flexibility
25. Hulk Hogan
WrestleMania partner
26. Meet
27. "Locked-room mystery" specialist
28. Perform perfectly
30. '62 film remade in '97
32. Time being
33. Embassy guards
36. Pig, perhaps
38. Splenda alternative
39. Woe, so to speak
41. "Happy to help!"
43. Opposite of "vive"
44. Trimming candidate
47. Kinsey creator
48. New Holland visitor of 1644
50. Without help
51. Chintzy tip
53. Covering less
54. "Wonder Woman" character
55. Persist
58. They meet at jcts.
59. "Agnes Grey" author
60. Ettore's evening
61. Words of surprise

1	2	3	4	5	6	7	8	9	10		11	12	13	14
15											16			
17											18			
19							20			21				
22					23	24						25		
26				27					28		29			
				30					31		32			
33	34	35							36	37				
38						39	40							
41						42		43				44	45	46
47					48		49				50			
51				52							53			
54							55			56	57			
58							59							
60							61							

Down

1. Cookbook author of '54
2. Nigerian novelist
3. Writing job
4. Inelegant repair
5. Go, to the dogs
6. Seattle sidewalk stuff, in mid-1980
7. Start of Virginia's motto
8. Seriously
9. Opposite side
10. Did an epistolary courtesy
11. __ season
12. Central California track
13. Tour de France, notably
14. Make a mess
21. Shelley work
23. Closer's concern
24. Sweatband site
27. Mean
29. Fling
30. Accusatory shout
31. "One Happy Island"
33. Sci-fi staples
34. 53 Down of song
35. He's sorry now
37. Port east of Gibraltar
40. Korean for "three stars"
42. Miniature
44. e.g.
45. Fox Islands natives
46. Viennese table selections
49. Hardly welcoming
50. Didn't release
52. "Domicilio"
53. Frequent flier
56. Auto debut of '89
57. "Real Time" network

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Protestant Community Service Times:
Traditional Service 9:00am
Breakfast Fellowship 10:00am
Contemporary Service 11:00am
(Holy Communion 1st Sunday)
Children's Church available

Northern Lights Chapel
230 Missile Ave
(across from Rockers)

Catholic Mass
Sunday 1000
Daily Monday-Friday 1200

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1000 on 1st & 3rd Saturdays

Hof (Norse Pagan)
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Saturday, October 26
5PM, No Vespers

Sunday, October 27
Prayer Service

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SATURDAY
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MinotBibleFellowship.org

Immanuel Baptist Church


**1615 2nd St. SE
www.ibcminot.org
701-839-3694**

SUNDAY 9:00am Coffee Fellowship
9:15am Sunday School
10:30am Worship

WEDNESDAY 11:30am Soup Kitchen
5:30pm Family Supper
6:30pm Adult Bible Study, IBCY, Kids' Club

Pastor Brian Keithline

Christ Reformed Church



Worship 11:00 a.m. Sunday
234 14th Ave SE
www.chistreformedchurchminot.com

St. John the Apostle Catholic Church


2600 West Central Ave • Minot, ND 58701
839-7076

Daily Mass Schedule:

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Wednesday - Friday 7:00 a.m.
Saturday 5:00 p.m.
Sunday 8:00 & 10:30 a.m.

Fr. David A. Richter, Pastor
Parish website: www.stjohnminot.com

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Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Evening 7:00 p.m.

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Pastor David Miller

Cross Roads Baptist


Southern Baptist Convention

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Wednesdays (Prayer & Missions) ... 6:30 p.m.

www.minotcrbc.org
email: minotcrbc@gmail.com
Gabe McCormick- Pastor

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West Minot Church of God


Family Worship Center
1105 16th St. NW • 839-1407

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Sunday Worship 10:30 a.m.
Children's Church & Nursery
Wednesday Family Training Hour
Meal 5:30p.m.
Classes for All Ages 6:30 p.m.
Youth Center, Friday 7:00 - 11:00 p.m.
ABC Child Care Center 852-6352

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St. Mark's Lutheran Church


Missouri Synod

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Morning Bible Study and Sunday School 11:00 AM
Wednesdays
Kid Connection 6:00 PM

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www.fbcminot.org**

Classic Worship Service 8:30 a.m.
Sunday School (All Ages) 9:45 a.m.
Contemporary Worship Service 9:50 a.m.
Adult Sunday School 11:00 a.m.
Contemporary Worship Service 11:05 a.m.
Children's Church 11:05 am.
Wed. AWANA (Sept. to May) 6:30 p.m.
Fridays, Celebrate Recovery 7:00 p.m.

Rev. Kent Hinkel, Senior Pastor
Elaine Carlson, Children's Ministry Director

Apostolic Faith Church, UPCI

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Sunday Worship 3:30 p.m.
Wednesday Bible Study 7:30 p.m.

Jesse Starr, Pastor

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Rev. Rick Jones

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9:30am Sunday School & Adult Bible Study
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ORCS Knights





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Email: jschultz@orcsknights.org
Website: www.orcsknights.org



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Anna B. Henderson

Church: 701-838-4492
Home: 701-838-5759
KHRT 1320: 9 a.m. Sunday

Sunday School 9:45 a.m.
Adult/Children Worship.. 11 a.m.
Family Hour 6:30 p.m.
Evening Worship 7:30 p.m.
Bible Study/Child-Adult
Children Worship (Wed).... 7 p.m.
Prayer (Friday) 7 P.m.

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Volunteers Prepare Veterans' Remembrance

CIVIL AIR PATROL, U.S. AIR FORCE AUXILIARY

Local volunteers from the Civil Air Patrol, Veterans of Foreign Wars, and other community members prepared graves in Rosehill Memorial Park Cemetery on Saturday, October 19 for this year's Wreaths Across America placement. Less than half of the 1,000 veterans' graves were set with free-standing tombstones, requiring the remainder to have wreath-hanging crosses staked into place, prior to the first deep frost.

"We're still a little short on wreath sponsorships and need to get the word out," said veteran ceremony coordinator, Holly Rosel. Only 624 wreaths at Rosehill in Minot have been sponsored so far, according to wreathsacrossamerica.org.

Wreaths are scheduled to be placed, following a remembrance

ceremony, on December 14 at 11am in Rosehill Memorial Park. Those wishing to sponsor a veteran's wreath can visit <https://www.wreathsacrossamerica.org/pages/160958/Overview> or call Holly Rosel at 701-550-1428.

Wreaths Across America is a 501(c)(3) nonprofit organization founded in 2007 to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery begun by Maine wreath maker Morrill Worcester in 1992. The organization's yearlong mission – Remember the fallen, Honor those who serve, Teach the next generation the value of freedom – is carried out, in part, each year by coordinating wreath-laying ceremonies in December at thousands of participating locations in all 50 states and beyond.




Cadets Emma Slocum, Chase Wiltse, and Elissa Sager stake wreath-hanging crosses at Rosehill Memorial Park Cemetery for Wreaths Across America.



Wreath-hanging crosses set out for staking, ensuring each veteran, even under level grave stones, can be remembered this December.




Cadet Chase Wiltse surveys crosses to be staked while volunteer Jason Wiltse assists Cadet Kohen Merkel.



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HOLIDAY WEEKENDS
08:00 PM - 03:00 AM

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DOD Seeks to Inspire Youth in Hypersonics Career Field

DAVID VERGUN, DOD NEWS

The Defense Department is sponsoring a Hypersonics Horizon High Speed Video challenge, open to high school and undergraduate students, with cash prizes.

“The Hypersonics Horizons High Speed Video Challenge is integral to building an enduring advantage by investing in the workforce of tomorrow,” said Aprille Ericsson, the assistant secretary of defense for science and technology. “The Joint Hypersonics Transition Office continues to cultivate and invest in future talent by utilizing our Smart Scholarship program and partnering with Academia which develops pathways for both a diverse and technically proficient workforce to protect both our national security and American prosperity for years to come.”

“The challenge is designed to inspire the next generation workforce in hypersonics,” said Mark A. Glenn, director of the Joint Hypersonics Transition Office.

Glenn said instructions for high school teams, of up to three students, involve making a three-to-five-minute video

explaining the type of challenges a spacecraft might encounter on Mercury, Venus, Titan (Saturn’s moon), Ceres (asteroid) or Pluto. They would also have to address how the spacecraft design would be impacted by challenges of their chosen celestial body’s environment and would need to explain how they would overcome those issues.

For post-secondary student teams, Glenn said students are required to make a three-to-five-minute video discussing a design for a plane-like spacecraft engineered to launch, reach hypersonic speeds and safely touch down on Mars. Then they must address challenges the spacecraft and astronauts may face upon landing. He added that the problem sets involve multidisciplinary challenges and solutions so students can pull from diverse subject matter, not just physics and engineering.

Lori Michelle Stiglitz, JHTO workforce development lead, said this is the second year for a challenge involving hypersonics. Last year’s challenge involved ways to transport people at hypersonic speeds. Many college

and high school students applied and the students as well as their science and engineering teachers were enthusiastic about it. The students conducted research, delving into many open-source documents on the topic and related topics, she said.

One of last year’s university student who participated in the challenge, looks to pivot to hypersonics in grad school, Stiglitz added.

Last year’s high school winner knew nothing about hypersonics “so he took a deep dive into hypersonics and he’s sharing his knowledge with all of the students, teachers and administrators at his high school. Some of the physics teachers didn’t even know about the topic. So that knowledge is spreading,” she said.

“Kids are very creative and enthusiastic about hypersonics. We get to gather their unique mindsets in hypersonics problems,” she said.

Awards will most likely be announced in February after evaluators who work across the DOD hypersonics community provide their feedback and



The Defense Advanced Research Products Agency’s Falcon Hypersonic Test Vehicle emerges from its rocket nose cone and prepares to reenter Earth’s atmosphere.

DOD GRAPHIC

assessment. They might also gain novel insights by this challenge, she added.

About a month ago, Stiglitz said she spoke to about 300 mechanical engineers at Montana State University and shared the upcoming challenge with them

and they all started chatting eagerly about it.

For more details about the challenge, visit the challenge entry web page <https://www.challenge.gov/?challenge=hypersonic-horizons-2024-the-high-speed-video-challenge>

NOTES ON BEING SAFE

HALLOWEEN SAFETY FOR EVERYONE



Halloween is a cherished tradition but the excitement of the night can cause children to forget to be careful. Approximately four times as many children aged 5-14 are killed while walking on Halloween evening compared with other evenings of the year, and falls are a leading cause of injuries among children on Halloween. There is no real “trick” to making Halloween a real treat for the entire family. The major dangers are not from witches or spirits but rather from falls and pedestrian/car crashes. Many Halloween related injuries can be prevented if parents closely supervise school-aged children during trick-or-treat activities.

Parents can help prevent children from being injured at Halloween by following these safety tips from the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and the National Safety Council.

Children should understand and follow these rules -

- Walk, do not run, from house to house.
- Cross streets at the corner, use crosswalks (where they exist), and do not cross between parked cars.
- Be reminded to look left, right, and left again before crossing the street.
- Wear clothing that is bright, reflective, and flame retardant.
- Use costume knives and swords that are flexible, not rigid or sharp.

Parents and adults should -

- Make sure that an adult or an older responsible youth will be supervising the outing for children under age 12.
- Plan and discuss the route trick-or-treaters intend to follow. Know the names of older children’s companions.
- Instruct your children to travel only in familiar areas and along an established route.

- Teach your children to stop only at houses or apartment buildings that are well-lit and never to enter a stranger’s home.
- Prepare homes for trick-or-treaters by clearing porches, lawns, and sidewalks and by placing jack-o-lanterns away from doorways and landings.
- Motorists please keep in mind that many children will be out and many will be kids and will disregard the necessary pedestrian

safety precautions therefore, they may cross in the middle of the block or run out into the streets unexpectedly. Drive with caution in the neighborhoods and pay attention. Drive slowly!

Remember, Halloween can be fun for everyone as long as we take care of each other and our children. Follow these simple tips and you are sure to have a fun and frightful Halloween.

MSGT DARYL HEBERLING

This is MSgt Heberling’s second time being stationed at Minot AFB. In his role as Aircrew Flight Equipment Superintendent, he oversaw a team of 42 members who conducted over 6 thousand life-saving equipment inspections, 209 daily aircraft maintenance actions, and 307 parachute repacks which directly supported 451 missions. He also ensured 2 Bomber Task Force deployments were properly equipped with survival equipment and personnel which enabled the execution of 67 missions alongside 27 partner nations, solidifying our stance to deter aggression in the European and Pacific regions. (Information from March 2024).

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Even When You're Not There... Make Your Vote Count!

MARTINA KRANZ, NORTHERN SENTRY

It cannot be said enough. Voting is important in the United States. Voting local, state, and nationwide elections allows our democratic nation to choose our government leaders by ensuring that everyone, including military members, gets a vote on who leads our states and ultimately who becomes the new Commander in Chief. A federal law, the Uniformed and Overseas Citizens Absentee Voting Act (UOCAVA) protects military members and their families, along with other federal personnel, their rights to vote at all levels of government.

For military members who live in any of the 50 states, Washington, D.C. the U.S. territories, and overseas personnel, a procedure exists for your vote to count. If you haven't already completed the steps to cast a mail-in/absentee ballot, the following procedure will help you cast your vote in future elections.

The Department of Defense's Federal Voting Assistance Program's (FVAP) Voting Assistance Guide is a reference guide for everything you need to know about mail-in/absentee voting. The guide contains information on how to register for a mail-in/absentee ballot in your state of legal residence, what information must be included in each form, and how to return the ballot to the election office. To see the FVAP's Voting Assistance Guide, visit the website <https://www.fvap.gov/guide?fouo=true>. On the map, click on the state to obtain information about the mail-in/absentee voting rules for your state. To register and maintain your registration ballot in your state of residence, use the Federal Postcard Application (FPCA). The Federal Voting Assistance Program suggests sending in a new FPCA every January and each time you move. This ensures that your state will send your ballot to you at least 45 days before the election.

North Dakota is the only state where voters are not required to register to vote. According to FVAP's Voting Assistance Guide, the mail-in/absentee voting process applies in North Dakota to an active-duty member of the Uniformed Services or Merchant Marine absent from their voting residence, an eligible spouse or family member of an active-duty member of the Uniformed Services or Merchant Marine, and a U.S. citizen residing outside the country.

For military members to vote



Voting booth in the lobby outside the North Dakota Auditor's office on the second floor of the Ward County government building next to the Ward County Courthouse in downtown Minot.

absentee in Minot for the General Election, mail-in/absentee ballot requests are available at the Minot Public Library on the wooden desk located in the lobby inside the front doors.

1. Complete the request form.
 2. Take it to the Ward County Auditor's Office (on the 2nd floor above the Ward County Library) at 225 3rd Street, SE in Minot with an acceptable form of identification.
 3. Complete your ballot there in the voting booths outside the front door of the Auditor's office and drop it in the ballot box inside the Auditor's office. If you want to return your ballot by mail, it must be postmarked by November 4, 2024. If you want to email or fax your ballot, it must be received by 11:59 on November 4, 2024.
- For more information, visit the FVAP's webpage <https://www.fvap.gov/north-dakota>.

As a backup, if your mail-in/absentee ballot hasn't arrived in the mail by the time the deadline is coming close, the Federal Write-In Absentee Ballot (FWAB) can be used if you've registered to vote or completed and mailed an FPCA. You can also complete this form online at <https://www.fvap.gov>.

[gov/guide?fouo=true](https://www.fvap.gov/guide?fouo=true). In the upper right-hand corner on the webpage under Election Materials, click on the FWAB tab. You can fill in your candidate choices based on your state of residence.

If you need more assistance, please visit the Installation Voting Office (IVO) at the Airmen and Family Readiness Center on 22 Peacekeeper Place, Bldg. 291, on Minot AFB, or contact by phone: (701) 723-5222 or E-mail at voting@us.af.mil. Also, a Unit Voting Assistance Officer (UVAO) within each unit offers absentee voting information and assistance to military members, their eligible family members, and civilian personnel. If you're unable to contact your IVA Office, the Total Force Service Center (TFSC) offers 24-hour voting assistance from the TFSC: DSN 665-0102, Commercial 210-565-0102, or Toll Free 1-800-525-0102. If you would like a information sheet for the voting resources, go to the 5th Force Support's Voting Action Plan at <https://5thforcesupport.com/wp-content/uploads/2024/06/Voting-Assistance-Info-Sheet.pdf>.

No matter where in the world you are stationed, make your vote count!

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All About Pets

The scoop on dog grooming



Whether you go to the groomer or do it yourself at home, grooming your dog is essential. Every dog's needs are different, but here are a few pointers to get you started at home or in between visits to a professional!

- Bath time: the ASPCA recommends bathing your dog at least once every three months. If your dog has skin problems or spends a lot of time outdoors, you may need to bathe more often. However, bathing too often can lead to more skin irritation and dryness, so use your best judgement and be sure to keep an eye on your dog's condition. If you're bathing at home, be sure to do your research on the best bathing method for your dog's coat. Keep the water warm but not hot, and use a shampoo and conditioner that is best for them (medicated, puppy formula, detangling, etc.). Make sure to keep water out of your dog's ears and use a wash cloth or towel to gently wipe their face clean.
- Brushing: Regular fur brushing will help spread natural oils throughout your dog's coat, remove dirt, and prevent tangles and matting. Slicker brushes will help remove loose fur and detangle all coat types, but are best for medium-long haired dogs. Don't use too much pressure with a slicker, as this can cause discomfort. Pin brushes are like slickers, but they have pins tipped with plastic or rubber. These are great for longer, silkier, or curly coats. A bristle brush is a great option for a dog with a short or wiry coat and will remove excess fur and give your dog's coat a beautiful shine. Rakes are designed to penetrate a thick undercoat and remove tangles and debris in long-haired dogs. Make sure you pick the best brush for your dog's coat and brush them at least every few days. Brushing is also a great time to check out your dog's skin for signs of irritation, skin conditions, or bugs.
- Dental care: Dogs need their teeth brushed too! You can use a toothbrush/finger brush and dog safe toothpaste and you can also keep your dog's teeth healthy by providing a healthy diet, plenty of chew toys/bones, and treats that are specially formulated for their dental needs. It is best to brush their teeth every day, but even three times a week is better than none. Just like brushing fur, it gives you a chance to check out your dog's condition and find any signs of illness or irritation.
- Ear care: Regularly checking your dog's ears is important, especially for those who produce excessive earwax! If your dog's ears are dirty,

you can gently clean them with a cotton ball dampened in a liquid ear cleaner. You may want to contact your vet before doing this to make sure that you are using the proper technique/products and not accidentally causing harm to your pooch.

- Nail trimming: Many dogs are uncomfortable having their nails trimmed, but trimming your dog's nails is one of the most important things you can do to keep them happy and healthy! Nails should be cut when they almost touch the ground when your dog walks. This could be every week or every few weeks, depending on the dog and its activity level/type. You can use scissor or guillotine type clippers, a nail grinder, and some owners even opt to train their dog to use a scratch board for light nail maintenance. Be careful not to cut your dog's quick, as this can cause bleeding and lots of pain. If your dog is really struggling with feeling comfortable during nail clipping, be sure not to force them to continue or you can risk putting your dog off from it completely. Some owners are able to clip all their dog's nails in one sitting, some can only do one nail a day. Either way, with the proper training, plenty of patience, and rewards, you can teach your dog to tolerate nail maintenance. If you are unable to train your dog to tolerate it, contact a professional groomer or even a veterinarian immediately. If your dog's nails get too long, it can cause discomfort, pain, or injury.

- To shave or not to shave: There are many reasons why a dog may need to be shaved, especially in severe cases of matting, but you should try to avoid this if possible. A dog's coat serves a purpose to insulate them in hot or cold temperatures and protect from sunburn, among many other things. If you have a double-coated dog, it is especially important not to shave as it can cause more damage than good! A light trim is acceptable to make their coat more manageable or presentable. If you think your dog might need to be shaved, be sure to ask a professional for their input. There may be other ways to resolve the problem before resorting to that.

With the right tools and research, you can successfully groom your dog at home. However, be sure to consult your vet or a professional with any questions you may have! And if you don't have the time or knowledge to groom at home, make sure you keep up by taking your dog to the groomer regularly.

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Sertoma's Annual Christmas Light Displays Return to Oak Park November 29!

MINOT SERTOMA CLUB

Minot Sertoma Club's Christmas in the Park returns for the holiday season opening on Friday, November 29 th Located in Minot's Oak Park, the displays are open nightly through Tuesday, December 31st. Hours are 5:30 p.m. to 10:00 p.m. Sunday through Thursday, and until 10:30 p.m. on Fridays and Saturdays. The entrance fee is \$5 per vehicle. Additional entrance fees apply for limousines and buses. Cash is preferred, but a QR code to pay by card will also be available. In addition to over 60 yearly favorites, this year's lighted displays will include several new and unique displays. Students at South Prairie School and Burdick Job Corps provided their welding skills to weld the frames for a few of our beautiful new displays. A highlight for volunteers at the entrance hut is when they receive a "pay it forward" and get to share the news with the next vehicle that the people in front of them paid their entrance fee. On some nights the pay it forward can continue for many, many vehicles. It truly shares the holiday spirit for all involved. Volunteers also enjoy handing out candy canes for the kids and dog treats to four legged customers. Many park visitors plus up their experience by stopping at

the DQ for soft serve or at Oak Park theatre for popcorn and snacks. Or they grab a hot cocoa or coffee at a local coffee shop to enjoy while touring the light displays. Sertoma's Christmas in the Park is the Minot Sertoma Club's largest community fundraiser. It is entirely coordinated and staffed by volunteers who include: Sertoma members, their friends and family, along with additional support donated by Minot Parks. Local businesses and organizations are also essential supporters of this fundraiser with display sponsorships. All proceeds from the event are donated back into the community to a variety of local groups, with a focus on hearing and speech services and youth. Since 1959, Minot Sertoma (SERvice TO MAnkind) Club has raised and donated more than \$1 million dollars in the Minot area. Thank you to all sponsors and volunteers for making this annual Christmas fundraiser a success. Please join us in celebrating the season by visiting and supporting our awesome light displays! For more information about Minot Sertoma Club's Christmas in the Park, or sponsorship opportunities, call Kylene Askvig, 701-857-6213 <https://minotsertoma.org/>





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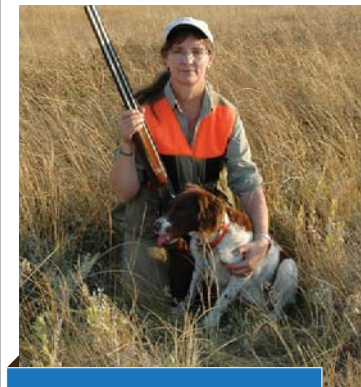


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by Patricia Stockdill

Fishing:

Lake Sakakawea elevation, Oct. 21: 1,837.86 feet above mean sea level (MSL); 14,000 cubic feet per second (CFS) Garrison Dam average daily releases. Devils Lake elevation: 1,449.36 feet above mean sea level (MSL). Stump Lake elevation: 1,449.31 MSL.

- N.D. Game & Fish Dept. game wardens: No Lake Sakakawea or Devils Lake reports with little angling activity on north-central area lakes.
- Devils Lake, Ed's Bait Shop, Devils Lake: No new reports.
- Devils Lake, Woodland Resort, Devils Lake: Try jigging around the bridges or deeper rock piles and holes for walleye. Not many anglers, however.
- Lake Darling, Karma C-Store, Ruthville: No new reports from Lake Darling.
- Lake Metigoshe, Four Seasons, Bottineau: Fair to good walleye success with several nice-sized fish showing up. No bluegill reports.
- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work the mouth of Douglas Bay or north side of Mallard Island for walleye on the east end of Lake Sakakawea. Try deep yet in 35 to 50 feet with live bait presentations and minnows. No Lake Audubon reports.
- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East end of Lake Sakakawea remains slow.
- Lake Sakakawea, New Town: Van Hook Arm remains slow for walleye.
- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Limited angler numbers on the Missouri River and Lake Sakakawea. Missouri River tailrace producing some salmon

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Lake Darling closed to boat fishing with shore-fishing at designated areas.
- Volunteers needed to help with Minot Curling Club's Youth Curling from Jan. 12 through March 2, 2025, 10 a.m. to 11 a.m. Go to the club's website, (www.minotcurling.com) for contact information.
- Oct. 26: Friends of the NRA banquet, McKenzie Co. Ag Expo, Watford City, noon.
- Oct. 26: Evening Hike Series, Halloween Hike, Fort Stevenson State Park, 7 p.m.



from shore in the morning and evening hours with a few catfish and walleye mixed in. Boat anglers continue finding small walleye down river. Look for a mix of salmon, walleye, and catfish in the chutes. Try Scoria, Government, and Marina bays from shore for salmon using a variety of presentations on the east end of Lake Sakakawea. Work at least 30 feet off the flats and deep points with jigs or crankbaits for walleye, wind permitting, on the east end of Lake Sakakawea with better success farther west.

- Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Missouri and Yellowstone rivers producing walleye success around the confluence. Try crankbaits or jigs. Not many anglers but those going are finding some walleye around Lewis & Clark State Park on the upper end of Lake Sakakawea.
- Lonetree WMA area lakes, Harvey: No new reports.
- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little activity on area lakes and the Souris River.

Hunting:

- Deer: Bow hunters starting to

see a little more deer movement.

- Swan: Several flocks on area wetlands around NW N.D.
- Upland: Good pheasant numbers throughout areas of the state but hunters still finding fewer grouse with fair partridge numbers. Be careful with pheasant identification with lots of uncolored roosters yet.
- Waterfowl: Some increasing snow goose numbers around the Williston area with white-fronts still in the area. Mainly local Canada geese in areas around the east end of Lake Sakakawea. A few white-fronts moving into areas around the midsection of Lake Sakakawea. A few more birds moving into the Devils Lake area but not much movement in north-central N.D. Some snow geese and Canadas starting to trickle in along the Canadian border. Fair duck numbers along the border but limited success.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.



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1. 2024 CHEVY TRAILBLAZER LT AWD - MSRP \$28,905
2. KONA BIG WAVE MURF E-BIKE - MSRP \$2,895
3. \$2,500 VACATION VOUCHER FROM DELTA VACATIONS
4. \$2,000 MEAT PACKAGE FROM THE MEAT COMPANY AND BRAVERA BANK
5. SHUFFLEBOARD FROM PARADISE SPAS - MSRP \$1,995
6. WEEKEND STAY AT FOUR SEASONS MINNEAPOLIS AND DINNER AT MARA - ARV \$1,650



venmo



CLASSIFIEDS

www.northernsentry.com | sentrysales@srt.com | 701.839.0946 | 315 S. Main Suite 202 | Minot, North Dakota

MINOT AFB ANNOUNCEMENTS

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. Our next upcoming term: 5 August - 6 October. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: minot@erau.edu or call office phone: 701-727-9007.

MINOT STATE UNIVERSITY – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at Brigitte.mikula@minotstateu.edu

PARK UNIVERSITY MINOT – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to military.park.edu. and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | mino@park.edu PARK. YOU

TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM

Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at revelnd.com or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

★Hotel★
REVEL

Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums
Bring you own Instruments
Don't know how to play anything? Come sing
Hosted at the Base Theater on
Saturdays from 12:00 to 6:00!

JOIN OUR DISCORD,
FACEBOOK,
OR INSTAGRAM

For updates and socialization:
<https://discord.com/invite/xQtPFRBr>
Minot AFB Musicians On Facebook
Minotafb_musicians On Instagram



MINOT

MILITARY PERSONNEL FLIGHT

SCAN TO SCHEDULE AN APPOINTMENT.

Use your smartphone.

Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500
Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130
Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130
*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE

RESTAURANT & ENTERTAINMENT GUIDE

Atypical Brewery & Barrel Works 510 Central Ave E, Minot Phone: 701.833.0567 FB: Atypical Brewery & Barrelworks	Applebee’s Grill & Bar 2302 15th St SW, Minot Phone: 701.839.2130 www.applebees.com	Badlands Restaurant & Bar 1400 31st Ave SW, Minot Phone: 701.852.7335 www.blgrill.com
Bone’s BBQ Smokehouse & Grill 437 N Broadway, Minot Phone: 701.838.9140 www.bonesbbqminot.com	Culver’s Restaurant 3000 S Broadway, Minot Phone: 701.852.4800 www.culvers.com	Ironhorse Kitchen + Bar 21 E Central Avenue, Minot Phone: 701.852.8183 FB: Ironhorse Kitchen + Bar Minot
Jamaican Vybz Kitchen Suite 200 315 Main Street S Minot Phone: 701-441-9309 FB: Jamaican Vybz Kitchen	Meg-A-Latte 2045 N Broadway Suite #100 Minot, ND 58703 Phone: 701-838-8479 www.meg-a-latte.com	Mi Mexico 3816 South Broadway Minot Phone: 701.858.0777 www.mimexicominotnd.com
N.D. Asia 3400 16th St SW, Minot Phone: 701.852.1240 www.ND-Asia.com	Noodles & Company 304 4th Ave NW Minot 701.491.9103 www.noodles.com	Pink’s Bar & Grill 102 128th Ave NW Minot Phone: 701.852-2385 FB: PinksBarGrill
The Blue Rider 118 1st Avenue SE Minot Phone: 701.852.9050 www.theblueriderbar.com	The Starving Rooster 30 1st St. NE, Minot Phone: 701.838.3030 www.starvingrooster.com	

MSU Dome to host Spooktacular Community-Wide Halloween Trick-or-Treat event

MINOT STATE UNIVERSITY

Get ready for a fang-tastic time this Halloween! Minot State University is thrilled to invite the community to a spine-chilling yet family-friendly Halloween Trick-or-Treat event on the third floor of the iconic MSU Dome. Mark your calendars for Oct. 31, from 5-7 p.m., and join MSU for an evening of ghoulish fun, creative costumes, and sweet treats! Booth set-up begins at 3:30 p.m. Local businesses and student organizations should sign up for the event <https://forms.office.com/r/7j5W1ZhEvG?origin=lprLink>. This year's Halloween celebration promises to be a monstrous success with a variety of activities and attractions for all ages. The third floor of the MSU Dome will be transformed into a haunted wonderland, featuring:

- Trick-or-Treat Stations:

Wander through an array of festively decorated booths where local businesses and student organizations will be handing out treats and goodies.

- Costume Contest: Show off your Halloween spirit and creativity! Prizes will be awarded for the most original, scariest, and best group costumes.
- Photo Booth: Capture memories with themed backdrops and props in our Halloween photo booth.
- Games and Activities: Enjoy a range of spooky-themed games and crafts suitable for kids and adults alike.

For more information, contact Kevin Harmon, vice president for student affairs and intercollegiate athletics, by kevin.harmon@minotstateu.edu or by phone at 701-858-3240.





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Upcoming Events

25-26 OCT

PRIDE OF DAKOTA SHOW
SEE TIMES BELOW
North Dakota State Fair Center
2005 E Burdick Expy, Minot

Friday & Saturday October 25th & 26th at the State Fair Grounds, Magic Place (All Seasons Arena), 2005 Burdick Expressway East. Stock up on your favorite Pride of Dakota products and meet some of your local entrepreneurs. You will find unique products, including gourmet food, art, books, jewelry, sporting goods, home decor, apparel, children, pet items, and much more! Admission continues to be free thanks to the Bank of North Dakota College SAVE Plan! Shopping hours (CT): Friday 3pm – 8pm, Saturday 9 am – 5 pm



Pride of Dakota
north dakota originals

For more information:
prideofdakota.nd.gov

30 OCT

BLUE RIDER TRIVIA
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters to buy your chances at free drink questions, and as always, earn style points and Blue Rider respect for creative team names. Why? Because it's Wednesday. And that means Minot's toughest trivia game is on!! Starts at seven. And feel free to bring your appetite; we've got Jimmy's Pizza, grilled cheese, pop-tarts and peanuts!




BLUE RIDER TRIVIA
It's the toughest game in town | Every Wednesday

For more information:
Facebook/ Blue Rider/ Events

31 OCT

TINY THINKERS
10:30 AM - 11:00 AM
Magic City Discovery Center
1545 1st St NW

Tiny Thinkers is a STEAM-based series for young children! Activities include things like hands-on science, sensory play, stories, art, movement activities, and more. Sessions last 20 to 30 minutes and are geared for toddlers although all ages are welcome, even grandparents! The Fall series will go for 8 weeks. Attend one or all! Program is free with museum entrance ticket.




Tiny THINKERS
Thursdays at 10:30 a.m.

For more information:
Facebook/ Magic City Discovery Center /Events

5 NOV

FREE COMMUNITY CAR SEAT CHECKS
2:00-5:00PM
First District Health Unit
801 11th Ave SW

The Minot Car Seat Coalition offers FREE car seat checks twice a month, at the Minot Fire Station #1, 2111 10th St SW, Minot, ND. Appointments are required. Call First District Health Unit at 701.537.5190 to schedule. Trained and certified child passenger safety technicians work with the public to ensure that the car seat is right for your child, properly installed, in safe condition, not recalled or expired. You must schedule an appointment by calling First District Health Unit at 701.837.5190. If leaving a message, please leave the following information: date of check, number of seats to be inspected, make/model of vehicle, ages of child(ren), brand and model of car seat, preferred time of check on scheduled date. Please allow 45 minutes/seat.



**IS YOUR CHILD IN THE RIGHT SEAT?
IS IT INSTALLED CORRECTLY?**

For more information:
<https://fdhu.org/>

NEW Community at the Northern Sentry



For more events visit our online Community Calendar at www.northernsentry.com/calendar/

It's more than Minot and more than Minot AFB, it's a Shared Community.





HALF PRICE BOTTLES OF WINE

MONDAY NIGHTS

BLGRILL.COM | 1400 31ST AVE | MINOT, ND | 701-852-7335



WHAT'S GOING ON MINOT AFB

FRIDAY25

- FTEC, 0730-1600, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Bootcamp, 0900, McAdoo Fitness Center
- TA RE-Up Education Fair, 1100-1300, Dakota Inn Dining Facility
- Tabletop Gaming, 1600-2200, Rough Rider Lanes Bowling Center
- Minot Y's Men PBR Trip, 1630-1830, Outdoor Recreation
- Friday Flicks, 1630-2200, Rockers Bar & Grill
- Fright Night Late Night, 1800-2100, Youth Center
- Zumba, 1800, McAdoo Fitness Center

TUESDAY29

- Cycle & Strength, 0515, McAdoo Fitness Center
- AFFT, 0530, McAdoo Fitness Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Junior Enlisted Foundation Course, 0800-1600, Professional Development Center
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Game Day, 1000-1930, Minot AFB Library
- Tuition Assistance (TA) Brief, 1000, Education Center – Room 211
- AFFT, 1100, McAdoo Fitness Center
- Vehicle Maintenance Class - Winterization, 1730-1930, Auto Hobby Shop
- Zumba, 1800, McAdoo Fitness Center

FRIDAY01

- Native American Alaskan Native Heritage Month Begins, Dakota Inn Dining Facility
- McAdoo Fitness Center Dome Opening, 0800-1530, McAdoo Fitness Center Dome
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Junior Enlisted Foundation Course, 0800-1600, Professional Development Center
- Fun Fri-yay, 1600-2100, Jimmy Doolittle Center

SATURDAY26

- Zumba, 0900, McAdoo Fitness Center
- Free Bowling, 1400-2100, Rough Rider Lanes Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Lanes Bowling Center

WEDNESDAY30

- AFFT, 0530, McAdoo Fitness Center
- Base Right Start, 0730-1230, Jimmy Doolittle Center
- TAP (DOL) Overview Workshop, 0800-1600, M&FRC
- Junior Enlisted Foundation Course, 0800-1600, Professional Development Center
- Bootcamp, 0900, McAdoo Fitness Center
- Family Strength & Tone, 1000, Turf, hosted by McAdoo Fitness Center
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center – Room 211
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- SAPR Tier 2 Brief, 1300-1400, Professional Development Center
- Yoga, 1700, McAdoo Fitness Center
- Spooky-Con, 1800-2000, Youth Center
- Zumba, 1800, McAdoo Fitness Center

SATURDAY02

- Youth Crisis Preparedness Training, 1000-1400, Fire Department Building 896
- Pokémon Ranger Live Game, 1300-1400, Minot AFB Library
- Free Bowling, 1400-2100, Rough Rider Lanes Bowling Center
- Airman Free Bowling, 2100-2400, Rough Rider Lanes Bowling Center

SUNDAY27

- Sunday Escapes Book Club, 1330, Minot AFB Library

SPECIALS

Bomber Bistro Featured Item
Philly Cheesesteak Pizza
Steak, bell peppers, onion, and banana peppers topped on an alfredo base.

The B-Fifty Brew Featured Item
Hocus Pocus and Goblin Potion
A cream red bull burner with cherry and blue raspberry or your choice of red bull with strawberry and blue raspberry flavoring, topped with lemonade.

Rockers Bar & Grill Featured Item
Rockin' Chicken Sandwich
Hand breaded fried chicken sandwich, served with crispy fries. Try it with Rockin' Chicken Sauce.

MONDAY28

- AFFT, 0530, McAdoo Fitness Center
- TAP Overview, 0800-1600, M&FRC
- Junior Enlisted Foundation Course, 0800-1600, Professional Development Center
- Bootcamp, 0900, McAdoo Fitness Center
- Reintegration Briefing, 1000, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Minot AFB Winter Busing Town Hall, 1700, Jimmy Doolittle Center
- Zumba, 1800, McAdoo Fitness Center

THURSDAY31

- Haunted Stacks Ends, Minot AFB Library
- AFFT, 0530, McAdoo Fitness Center
- Informed Decision Seminar, 0800-1200, Professional Development Center
- TAP (DOL) Employment Workshop, 0800-1600, M&FRC
- Junior Enlisted Foundation Course, 0800-1600, Professional Development Center
- Short Notice Pre-Separation Counseling, 0830-1130, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- Halloween Treats, 1030-1330, Dakota Inn Dining Facility
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center – Room 211

SPOOKY-CON

30 October 2024
6:00PM - 8:00PM
Youth Center

Free Halloween-themed event with spooky activities!
Cake Walk • Carnival Games • Haunted House • And More!

Sponsored by:

DOO MIDCO, prestwich, FIRST COMMAND, Verendye Electric Cooperative

No federal endorsement of sponsors intended

For details, call the Youth Center at 723-2838

5THFORCESUPPORT.COM



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Next to Dakota Square Mall

We appreciate our Minot AFB Friends