



WHATS INSIDE THIS WEEK:



DEPCOMS MOVE ON...

A8



MINOT AFB CONTINUES NUCLEAR MOD. WITH DET. 12 ACTIVATION

B4



SHOW US WHAT YOU GOT, MINOT!

B5

# STRENGTHENING PARTNERSHIPS



Members of the Mandan, Hidatsa and Arikara (MHA) Nation and 91st Missile Wing (MW) personnel pose for a group photo following a gift exchange at Missile Alert Facility H-01, at Minot Air Force Base, North Dakota, May 27, 2025. Mark Fox, chairman of the MHA Nation, presented traditional gifts to 91MW leadership as part of a cultural engagement to honor partnerships between Native American communities and the Department of Defense. See more on page A2.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS LUIS GOMEZ



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# “We will protect and support each other”—MHA Nation and Minot AFB strengthen community ties

AIRMAN 1ST CLASS WESLEY DAVIES, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

The 91st Missile Wing hosted a community partnership delegation from the Mandan, Hidatsa and Arikara (MHA) Nation at the H-01 Missile Alert Facility (MAF) on May 27, 2025. The community partnership event consisted of a facility tour and presentation of curated photos from the MHA Nation. The photo display honors and recognizes the MHA’s cultural legacy and promotes mutual respect and understanding.

Leading the MHA Nation delegation was MHA Chairman Mark Fox, joined by Director of Veterans Affairs Robert Hunter Sr. and Director of Tourism Keira Fox along with key leaders from Task Force 21, a civic-military group associated with the Minot Chamber of Commerce - Ryan Ackerman, Bruce Christianson, Mark Jantzer and Brekka Kramer. Their participation reflected the community’s shared commitment to partnership, regional cooperation, and honoring the contributions of Indigenous communities.

Leadership from the 91st MW welcomed the delegation and shared insights into the mission and operations of the missile field. The visit offered a unique opportunity for dialogue, cultural



Mark Fox, chairman of the Mandan, Hidatsa and Arikara Nation, (right) discusses Native American heritage with Col. James Schlabach, 91st Missile Wing commander (left), during a tour of Minot Air Force Base, North Dakota, May 27, 2025. Fox and tribal representatives visited Missile Alert Facility H-01 to strengthen relationships and exchange cultural understanding with Air Force personnel.

exchange and an increased understanding of the critical role both the U.S. Air Force and the MHA Nation play in supporting national defense and local prosperity.

“The display serves as a bridge between our military personnel and the MHA Nation, highlighting the deep-rooted history and contributions of the

tribe,” said U.S. Air Force Col. James Schlabach, 91st Missile Wing commander. “It’s a reminder of the shared respect and collaboration that fortify our mission.”

The MHA Nation, also known as the Three Affiliated Tribes, has a longstanding relationship with Minot AFB. Tribal members have historically served in the U.S.



Mark Fox, chairman of the Mandan, Hidatsa and Arikara Nation, (left) receives a mission brief during a tour of Missile Alert Facility H-01 at Minot Air Force Base, North Dakota May 27, 2025. The visit provided an opportunity for Fox to learn about the 91st Missile Wing’s mission and engage with personnel serving at the remote site.



Mark Fox, chairman of the Mandan, Hidatsa and Arikara Nation, listens to Defenders from the 91st Missile Wing describe their mission while attending a tour of Missile Alert Facility (MAF) H-01 at Minot Air Force Base, North Dakota May 27, 2025. The tour included conversations on the unique challenges and responsibilities of Airmen stationed at MAFs.

U.S. AIR FORCE PHOTOS BY AIRMAN 1ST CLASS LUIS GOMEZ



Mark Fox, chairman of the Mandan, Hidatsa and Arikara Nation, explores the interior of a Joint Light Tactical Vehicle during a visit to Missile Alert Facility H-01 at Minot Air Force Base, North Dakota May 27, 2025. The tour fostered collaboration and strengthened ties between the MHA Nation and the Minot AFB community.

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4PM & 7PM  
VOICES OF NOTE  
Oak Park

**THUR, JUNE 12**  
5:30PM JARED SCHUMAIER  
7PM MISSING LYNX  
Downtown Minot

**SUN, JUNE 15**  
4PM & 7PM  
MINOT CITY BAND  
Oak Park

**THUR, JUNE 19**  
5:30PM TBD  
7PM TY & JERILYN OF MENDENHALL CROSSING  
Downtown Minot

**SUN, JUNE 22**  
4PM & 7PM  
MINOT CITY BAND  
Oak Park

**THUR, JUNE 26**  
5:30PM INTERNATIONAL BRASS QUINTET  
7PM MINOT CITY BAND  
Downtown Minot

**SUN, JUNE 29**  
4PM JERRY SCHLAGG  
7PM WILD HANDS  
Oak Park

**SUN, JULY 6**  
4PM & 7PM  
MINOT CITY BAND  
Oak Park

**THUR, JULY 10**  
5:30PM SWING BAND  
7PM LEGION OF SOUND  
Downtown Minot

**SUN, JULY 13**  
4PM & 7PM  
MINOT CITY BAND  
Oak Park

**THUR, JULY 17**  
7PM  
MINOT CITY BAND  
Oak Park

**SUN, JULY 20**  
7PM 188TH ARMY BAND  
Oak Park

**SUN, JULY 27**  
MINOT SYMPHONY ORCHESTRA  
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7PM SOULSHINE  
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**THUR, AUG 7**  
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# Minot AFB Open House What to Expect

MINOT AIR FORCE BASE PUBLIC AFFAIRS

Minot Air Force Base will open its doors to the public for an Open House event for the first time since 2018 on Saturday, June 14, 2025.

The event will take place on the flight line with aircraft displays including the B-52 Stratofortress, an AC-130 gunship, F-15E fighter aircraft and more.

After you’ve seen the aircraft and ground equipment up close, there are also go-carts, bouncy castles for kids, and for the adults, a chance to drive premium cars at top speed down the taxi-way!

There will be food trucks and a beer garden as well.

For folks visiting from off-base, they are encouraged to carpool and enter via the South Gate. They will proceed through security checks and park where buses will bring them to the Open House event. The South Gate will open at 8 a.m. even though the Open House begins at 9 a.m. The South Gate will stop allowing visitors entrance at 2 p.m.

As a reminder, REAL ID drivers license requirements are now in effect to visit a federal installation. Look for the gold star in the corner of your ID. (CACs, Dependent IDs, Retiree IDs, and passports are all accepted as well.)

For folks living on-base who

want to visit the Open House, there will be a bus running from the base theater to the event space on the flight line near Dock 9. Parking near the event will be restricted.

Expect security checks when entering the event and therefore a slight delay. For specifics on what not to bring, check out the [www.minot.af.mil/Open-House-2025/](http://www.minot.af.mil/Open-House-2025/). But an easy way to think about it is, if it doesn’t get through airport security, it likely won’t get through the event security, although you should still bring your big bottle of sunscreen!

Remember, there is the Buff Bash on the flightline starting at 5 p.m. Friday, June 13 which is geared toward base personnel to preview the Open House displays and enjoy each other’s company.

While the primary entrance for off-base guests is the South Gate, expect some delays at the Main Gate throughout the day Saturday as out of town visitors come to see our mission up close. We’ve been from out of town and gotten our GPS directions mixed up. Please be patient and courteous with our off-base guests.

We are excited to showcase our professional Airmen and mission to the public!

## MINOT AIR FORCE BASE OPEN HOUSE SAT - JUNE 14 - EVENT TIMELINE -

**8:00AM** SOUTH GATE OPENS

**9:00AM** OPEN HOUSE BEGINS

**10:00AM-3:00PM** U-01 TOURS

**11:00AM** PYLON LOADING DEMONSTRATION AT B-52

**11:30AM-1:30PM** **PAUSE** BUSING FROM PARKING LOT TO OPEN HOUSE EVENT

**12:30PM** B-1 LOW APPROACH OVER MINOT AFB

**1:00PM** 2x B-52 LOW APPROACH OVER MINOT AFB

**1:30PM** 2x B-52 LANDING

**2:00PM** PYLON LOADING DEMONSTRATION AT B-52

**3:00PM** CAR & BIKE SHOW COMMANDER’S CHOICE AWARDS ANNOUNCED

**4:00PM** OPEN HOUSE ENDS

**FOR MORE INFORMATION, GO TO [MINOT.AF.MIL/OPEN-HOUSE-2025/](http://MINOT.AF.MIL/OPEN-HOUSE-2025/)**



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**A VIEW FROM  
OUR SIDE**  
ROD WILSON

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MINOT AIR FORCE BASE NEWSPAPER | [WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)

During COVID then Governor Doug Burgum, now Interior Secretary Burgum, coined a phrase “Let’s just all be North Dakota nice” as we approached the tensions that were sure to happen as the entire nation was inconvenienced with the COVID protocols.

I recently used the words North Dakota nice in an article to describe the pleasant greetings that I receive as I pass through the gates at Minot Air Force Base. I was called a bit on the carpet for that reference as a friend of mine who is active duty Air Force and from Texas pushed back a little and “so what is this, you mean there isn’t a Texas nice, or a Wyoming nice?” The conversation was never going to lead to an all-out argument, but I thought it better that I have the young man sit down for a minute and we would continue the conversation.

“To be honest, I had never used the words “North Dakota Nice” until our Governor introduced them in his daily press conferences during the COVID years, especially



**UPSIDE DOWN  
UNDER**  
MARVIN BAKER

It’s nearly impossible to get precise numbers of people who were either exposed to Agent Orange, or who have had complications because a parent was exposed to it.

What we do know is that North Dakota has approximately 15,000 Vietnam veterans and roughly 65 percent of them are receiving compensation after being exposed to the defoliant in Southeast Asia. We’ve also learned from the Veteran’s Administration there are approximately 70 women in the state who couldn’t have children because of exposure to Agent Orange.

We’ve all heard of Agent Orange, a chemical defoliant that was used to clear vast areas of jungle in Vietnam, Cambodia and Laos. It’s actually been around since the late

# North Dakota Nice-You Can’t Help It

the first COVID year when it was hard to see an improvement in our overall situation nationwide” I explained “but as I thought about it, I started to buy into the North Dakota Nice attitude. It’s not that people in Wyoming are not nice, or people in Texas are not nice, but even you have said to me that it seems that everyone in North Dakota is always so nice.”

I could tell at that point that the conversation was starting to turn my way. Instead of a defensive posture that defended all of the other 49 states, he began to talk about his many experiences where North Dakota Nice made the difference. “You know, I bet I can’t count the number of times that someone held the door for me at a local restaurant. And how often a salesclerk thanked me for having patience.” And I asked “and did you then start to hold doors and thank people? More than you did before you lived in North Dakota for a while?” And he had no choice to agree that indeed North Dakota had changed his attitude, but he was still a bit hesitant to admit that he had a major change in attitude after living in Minot.

The young Airman then smiled and said, “you know, when we get kids that PCS (Permanent Change in Station) into Minot, they always seem, well at least a lot of them seem to come here with a chip on their shoulder.” Of course, I agreed with him, and told him how when I was young and would get perturbed, or even downright mad at someone, and during out

suppertime family conversations would let everyone at the table know how I felt. My Dad would always let me exhaust my emotions and then very calmly and quietly say something to the effect of “well Rod, you can do nothing and be mad a long time, or you can kill (him) with kindness...you know, be so nice that he won’t quite know how to act. More than likely, he won’t have any choice but to be nice back.” Did it work? Most of the time it did indeed work. However, the word of advice always came with a caveat, perhaps it would be more of a stern warning, “but when you take this approach, you know that you need to forgive, forget and move on.” Words well taken for me, and I have often used them on my own kids, and in my own life.

Back to those kids who arrive in Minot, North Dakota, thinking that if Minot weren’t the end of the world, you can certainly see it from here. More than likely their first experiences will have a lot of North Dakota Nice in them. Over and over we hear that the relationship between Minot and Minot Air Force Base is absolutely one of the best in all of the Air Force. I have always been one to believe that attitude and character are not something you turn on and off. The relationship between the city of Minot and Minot AFB does not all of a sudden one day become exceptional. It is something that is hereditary. I have to admit that with my position at the Northern Sentry I have my radar up all the time just looking for examples

of North Dakota Nice. Certainly, there are exceptions, there always are. And when those situations present themselves; forgive, forget and move on. Because what I have found out over the years, and especially since then Gov Burgum introduced North Dakota Nice, or maybe just brought it to the forefront, is that it is much easier, and much more satisfying to be North Dakota Nice, than the alternative.

**BEST KEPT SECRETS**  
Minot State University will start this season with the classic theatrical presentation of Nunsense, followed by Fiddler on the Roof. Here is the complete schedule for season 60 for the MSU Summer Theater. It may be a best kept secret for the quality of the talent in the shows but sometimes shows sell out so get your tickets early. Go to [minotstate.edu/theater](http://minotstate.edu/theater) to find the online ticket reservations.

Nunsense  
June 10-15  
Fiddler on the Roof  
June 24-29  
One Strange Night  
July 8-13  
High School Musical, Jr.  
July 17-19  
(Open to actors ages 12 to 18)  
Spongebob the Musical  
July 23-26, 28-31

**TODAY’S CHUCKLE**  
There’s a big difference between looking cool and not looking so hot.

# The lingering effects of Agent Orange

1940s and was used most often to clear vegetation from railroad rights of way before the war.

But it gained notoriety when people who came home from Vietnam began getting illnesses that in the beginning couldn’t be explained until those illnesses and diseases were linked to the defoliant.

As it turns out, Agent Orange, by definition, is equal parts of what were once two common agricultural chemicals in North Dakota. One of them, 2-4-D, remains a common ag chemical. The other, 2-4-5-T was a brush killer that was outlawed in 1971 except for use on rice acreage, but was banned outright in 1985.

The mixture of these two products creates a byproduct called 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD), a highly toxic carcinogen. There were actually a number of herbicides used in Vietnam, called the rainbow herbicides, that created the dioxin.

According to the Cleveland Clinic, 3.8 million Americans who served in Vietnam, may have been exposed to Agent Orange. As many as 400,000 Vietnamese died or had permanent injury from the defoliant.

There are as many as 17 complications from Agent Orange including several types of cancer, fibromyalgia and fertility issues. But what has become more impactful more recently is that children of Vietnam veterans are

turning up with issues indirectly related to Agent Orange. If that isn’t enough, it is documented that some grandchildren are also affected.

According to the VA, children of Vietnam veterans have been reported to experience a range of health issues that include birth defects, developmental problems and increased risk of certain cancers.

More specifically, those issues include Spina Bifida, cleft lip and palate, heart defects and limb deformities. Those children may have also experienced learning disabilities, attention and behavioral disorders and developmental delays.

The VA recognizes Spina Bifida in the children of veterans with qualifying service in Vietnam or Korea as being associated with Agent Orange exposure. The VA offers benefits to children with certain birth defects who are the biological children of Vietnam-era veterans with qualifying service in Vietnam and Korea. The benefits include compensation, health care and vocational training.

What’s even more stunning is that grandchildren of those exposed to Agent Orange are turning up with birth defects. Although the National Academy of Sciences, Engineering and Medicine says there is no direct evidence of this happening, there’s a growing awareness of

potential intergenerational effects of exposure. Again, Spina Bifida seems to be the most likely link, but there are other known issues such as being born without eye sockets or having too many fingers and toes.

The Vietnam Veterans of America suggest that if you believe your child or grandchild has a health issue that may be linked to your exposure, have them file a claim with the assistance of an accredited Veterans Services officer.

The VVA expects the claims to be denied, but the important thing is to get them registered in the VA system. It is also a good idea, according to VVA, to register with Birth Defect Research for Children. This is a non-profit that has been tracking the health of children and grandchildren of Vietnam veterans.

There remain numerous veterans who were either in Vietnam or who were on ships docked in Vietnamese ports who aren’t being compensated for their exposure to Agent Orange. At least the VA has acknowledged 17 health effects from the defoliant and some children, especially those with Spina Bifida, are being compensated.

To learn more about Agent Orange, go to ([www.publichealth.va.gov](http://www.publichealth.va.gov)). There’s a wealth of information on that website that includes exposure aboard the C-123 airplanes that applied Agent Orange.



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SHE'S NOT FROM AROUND HERE  
AMY ALLENDER

No matter how open-minded I try to be, it seems that I inevitably enter a new situation carrying an armful of presuppositions. The latest example of this being that our summer vacation plans have changed last minute. Instead of my meticulously planned trip to the Wisconsin Dells, we'll be spending a few days in a different destination that wasn't originally on our radar.

I know this trip will be fun, it fits our timeline better, and even allows us to meet up with friends we haven't seen in years. But that still doesn't stop my bad-attitude-brain from whispering things like, "This isn't a real vacation destination." "This isn't going to be nearly as fun as the Dells." "This is disappointing."

You're getting a glimpse of just how petty I can be.

On the outside, I might seem like a natural optimist. But the truth is, my mindset is the product of intentionality—and hard-won victories over well-worn mental ruts and negative thinking. The truth is, this never-before-experienced destination may turn out to be the best

trip we've had in years. It's an opportunity to try something new, explore fresh places, reconnect with old friends, eat different foods, and even come home with recommendations to share with other North Dakota families.

Those who know me best know I don't love trying new things—unless it was my idea in the first place. I don't cope well with change. And in an ever-changing world, that means I often have to take my own advice. Things like:

- "Your best friend in the whole world was a stranger until one of you introduced yourself."
- "You won't know your favorite food until you take that first bite."
- "This might be your new favorite way of doing it."
- "You'll never know what you like best if you never try anything new."

These are the annoying "Amy-isms" my kids hear all the time. And they're the same phrases I repeat to myself when faced with challenge or change.

All this trivial vacation angst got me thinking about the assumptions I had when we first moved to Minot—expecting to hate certain things that have since become surprising blessings. If you're new here, on the verge of a PCS, or just struggling to see the good, maybe some of these reframed thoughts will spark a shift in perspective for you, too.

*I expected to hate the isolation—but I've come to love the boundary.*

Having always lived in places

where one town blurs into the next, Minot was a shock. There's Minot... and then there's nothing. But I've found something oddly comforting about that clear separation. For someone who struggles with personal boundaries, the firm edges of this city have been healing. Life here feels contained and manageable. Bonus? Commutes are short. We're rarely more than 10 minutes from anything.

*I expected to hate limited options—but I've come to love the clarity.*

At first, I worried I'd miss the stores and restaurants I loved at other duty stations. But having fewer choices has turned out to be a relief. There's comfort in knowing what we have. And with fewer distractions or endless options, I'm not paralyzed by decision fatigue. It's oddly liberating.

*I expected to hate the numbered roads—but I've come to love the logic.*

I'm not great with directions, and Minot's grid system—with its 3rd Streets and 3rd Avenues in every quadrant—seemed like a setup for disaster. But once I gave the system a fair shot, I found the numbered layout helps me understand addresses and get lost less often. Now I wish every city used this method.

*I expected to hate the long winter—but I've come to love the rhythm of the seasons.*

Yes, the winters are cold and dark. But the summer days are long, warm, and perfect for being

outside from sunup to sundown. Living in North Dakota has taught me that life has seasons—times to go full throttle and times to rest. I've learned to embrace both, and the shift from one to the other brings a sense of balance. The kind I didn't know I needed until it was thrust upon me.

If you're holding tight to a presupposition this summer, I hope you'll loosen your grip. (I'm talking to myself here, too.) We might be surprised at the beauty, joy, and growth that come from releasing expectations and stepping into something new.

Next week, I'll be sharing another story that shattered my

expectations: giving chiropractic care an honest try with Cornerstone Chiropractic. That was another situation I entered with skepticism and left with a completely changed perspective—in the best way.

I'm honored to have Cornerstone Chiropractic partnering with She's Not From Around Here and the Northern Sentry to bring you sunny stories and a little extra positivity from life here in Hotdish Land.

For more thoughts on mindset, thriving in Minot, or making the most of this quirky, beautiful life, join me online at amyallender.com or on social media @HeyMinot.

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# June Squadron of the Month

## 91 Missile Maintenance Squadron

The 91st Missile Wing proudly recognizes the 91st Missile Maintenance Squadron (MMXS) as April's Squadron of the Month for their outstanding performance, mission success, and unwavering dedication.

Throughout the month, the 91st MMXS successfully completed 85 inspections across 27 sites in the 742nd Missile Squadron's flight area, all within just four days. This exceptional pace met critical Air Force Global Strike Command standards and directly supported efforts to reduce

overdue periodic maintenance. In addition to this achievement, the squadron conducted a successful Missile Guidance Set replacement, enabling a sortie to return to alert status on the fifth day—demonstrating their pivotal role in ensuring operational readiness.

Their teamwork extended beyond maintenance duties. The 91st MMXS supported the 91st Missile Wing Open House by briefing and demonstrating daily maintenance operations to more than 100 visiting spouses and children—helping build trust and

transparency with families.

The 91st MMXS's excellence was also recognized during the Wing Awards Ceremony, where they earned the Pride Bully Stick after outperforming all other squadrons in the wing.

Through technical precision, mission success, and community engagement, the 91st Missile Maintenance Squadron has proven why they are truly deserving of this honor. Their pride, professionalism, and relentless commitment set the standard for the entire wing.



**SQUADRON OF THE MONTH**  
91st MISSILE MAINTENANCE SQUADRON  
WEDNESDAY-SATURDAY  
**JUNE 18-21**  
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**EVENTS THIS WEEK**

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Thursday, June 5, 4:00pm-Close  
**LIVE MUSIC - PEYTON LILY**  
Friday June 6, 9:00pm  
**1ST ANNUAL MAGIC CITY MUSIC FEST**  
Sunday, June 8, at 1:00pm  
**LUKE HENDRICKSON AFTER PARTY**  
Sunday, June 8, at 10:00pm

**\$6 HAMM'S & GRILLED CHEESE**  
Tuesday, June 10 at 4:00pm  
**TRIVIA NIGHT**  
Wednesday, June 11 at 7:00pm  
**ARTS IN THE CITY**  
Thursday, June 12 at 5:00pm  
in front of the Blue Rider  
**2ND BARKFEST AFTER PARTY**  
Live Music - Avantide & Diaphane  
Saturday, June 14 at 10:00pm

**PULLTAB HAPPY HOUR**  
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TEAM MINOT CHAPLAIN CORPS WINS AFGSC AWARD

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN ALYSSA BANKSTON



U.S. Air Force Col. Jesse Lamarand, 5th Bomb Wing commander, addresses Team Minot’s chaplains, winners of the Air Force Global Strike Command large team chaplain corps team of the year award at Minot Air Force Base, North Dakota, May 28, 2025. The chaplain corps lines of effort include fortifying warfighter readiness, reimaging chaplain culture and rebuilding chaplain readiness, on which the team award selections are based.



U.S. Air Force Lt. Col. Ronald Feeser, 5th Bomb Wing chaplain, thanks Team Minot’s chaplains after accepting the Air Force Global Strike Command large team chaplain corps team of the year award at Minot Air Force Base, North Dakota, May 28, 2025. Chaplains provide all authorized individuals access to faith opportunities, confidentiality and personal guidance.



5th Bomb Wing command poses with Team Minot’s chaplains, winners of the Air Force Global Strike Command large team chaplain corps team of the year award at Minot Air Force Base, North Dakota, May 28, 2025. The chaplain corps lines of effort include fortifying warfighter readiness, reimaging chaplain culture and rebuilding chaplain readiness, on which the team award selections are based.

NOTES ON BEING SAFE

GETTING READY FOR TEEN WORKERS THIS SUMMER



SSGT JOE VERGARA  
5TH BOMB WING  
NCOIC OCCUPATIONAL  
SAFETY



“Youth comes but once in a lifetime,” Henry Wadsworth Longfellow once wrote. So perhaps

while managers and supervisors are getting ready for summer-hire workers to grace our offices, we might take a moment to think of just how valuable, impressionable and fragile these youth really are. While contemplating the hiring of numerous of these inexperienced/untrained workers, safety experts around the base are advised to take another look at teaching their teen workers to safeguard their health and productivity.

According to the National Institute for Occupational Safety and Health (NIOSH). Approximately 70 teens under age 18, die of work related injuries each year. More than 200,000 are injured on the job, many requiring emergency medical treatment. These statistics have raised a red flag for base safety personnel. While OSHA is spearheading efforts to improve nation wide safety for working minors, our home team is examining where our efforts could best be focused.

Just by looking at the numbers above, supervisors need to spend more time and do a better job of training the summer-hires. Indications are that many teens do not receive health and safety training on the job. They are pointed to a desk or work area. The assumption is that they receive training from observation or osmosis. Everyone needs to understand the child labor laws and gain a better understanding of how they affect safety. Because these laws can be overwhelming to understand, many co-workers and supervisors put their summer-hires at risk. They further place their introduction into the work force in peril by not giving them a need for safety applications.

Here are some of the statistics presented by NIOSH. Although child labor law prohibits employing youths 16 and under in cooking and baking jobs, one third of the injured were identified as cooks. In another study, while older teens are prohibited from working on hazardous occupations and on motor vehicles, teen motor vehicle crashes are the leading cause of death.

Work is beneficial. Introducing

teens into the workplace teaches them a work ethic and useful skills, but it must be done without sacrificing health or safety. Some helpful hints are listed which can produce a work-oriented teen.

- Comply with child labor laws and safety regulations
- Assess and eliminate hazards
- Evaluate equipment to be used
- Supervise teen workers
- Train them to recognize hazards and use safe work practices, and fastidiously, faithfully evaluate their compliance
- Seek employees’ assistance to develop an injury/illness prevention program
- Teach work-study skills in a comprehensive training class
- When possible, pair up experienced, mature workers with younger workers. Teenagers may require more safety training than older employees
- Stress the hazards of cordless and battery operated tools
- Make personnel aware of the hazard umbrella around the point of operation of electrical tools

More companies and defense

units are developing better orientations, depending upon what they do. But, training must be ongoing, not one time a video or reading a manual. The summer-hire must become familiar with their workplace. They must understand employee safety and how to identify and deal with safety hazards. They must have personal involvement; somebody to go over safety issues with them. They must sense concern and care for their well being. Most are still in, or just out of high school and are eager to learn. Safety knows no generation gap. Teens have a tendency to believe that they are invincible and are too smart to have bad things happen to them. We in safety believe that familiarizing yourself with younger folk’s way of thinking, culture and lifestyle helps. Keep tabs on what they are up to and why.

Remember; personal involvement, proper training, reinforcement and communication are the key to retaining good, safe teenage and summer hire employees.

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Colonel Benjamin D. Jensen  
Deputy Commander  
5th Bomb Wing

The calendar tells us that it is 2025, an odd numbered year, and it really means very little to most of us, it means that this year we will have to say farewell to Deputy Commanders Col George Chapman from the 91st Missile Wing, and Col Benjamin Jensen of the 5th Bomb Wing.

The three of us, Col’s Jensen, Chapman and I, agree that it just seems like yesterday that we all sat down and had a candid conversation about their new assignments at Minot Air Force Base. Col Jensen arrived in Minot from Barksdale AFB where he was the Chief of Bomber Requirements Division, Air Force Global Strike Command, Barksdale AFB, La. Col Chapman

# DepComs Move On...

## Col’s Jensen & Chapman Headed Different Directions

ROD WILSON, NORTHERN SENTRY

arrived in Minot from the Pentagon where he was Chief, Nuclear Force Development Division, Directorate of Strategic Deterrence and Nuclear Integration, Headquarters U.S. Air Force locate in the Pentagon.

As they two men were planning for their last days at Minot AFB, they both were courteous enough to sit down and discuss their futures. We’ll start with Col Jensen, who announced earlier this spring that Minot AFB would be his final assignment, as he is retiring after he is finished at MAFB.

### COL BENJAMIN JENSEN

“So here’s what I have for you” says Col Jensen as the interview begins “we moved 15 times, we’ve had 11 children, we’ve gone to 30 different schools over the course of our time in the Air Force, we’ve had 3 deployments we’ve been involved in in 24 years, we lived in 9 states, (in our family we’ve had) 2 Masters Degrees, 3 Bachelor’s degrees, 5 of our kids have graduated from high school, 2 of them have served church missions...we’ve accomplished 2 staff

assignments, 2 flying assignments, and in addition to that I’ve had 2 school assignments like going through pilot training, but I would add to that, even though these are the stats, that the things that have been great have been the people. We’ve relished Minot as kind of our home, and we’ve enjoyed the people here and we’ve really enjoyed the variety of people we’ve met and the friends we have made as we’ve moved from place to place.

*They say that you always need something to retire to, is there something that Col Jensen is retiring to?*

**Col Jensen:** That’s a hard question for me because I don’t have plans for work necessarily, my plans are to reconstitute with my family and extended family, and spending time with them, and yes there are a variety of business opportunities available. Amya and I really want to be involved in the community and to serve, whether it be in schools are on school boards, or on city councils or other positions in the state, and sometime as our children have done we’d like to go serve a church mission as well as a couple.

Col Jensen and his family are moving back to American Fork, Utah where the Jensens have family ties and where they have children going to college in the same area. The Jensens are also (any maybe the event has already happened) expecting a granddaughter on the 7th of June. There are other goals too, as Amy Jensen would like to get her master’s degree. The Jensens love music and art, and they want to keep their remaining kids at home involved in “activities that keep them growing and progressing” according to Col Jensen.

*Your time in Minot, what were the highlights?*

**Col Jensen:** This is actually our 3rd time in Minot. The first time we came here was in 2003. We wanted to come up here on purpose, we researched the schools and the community, and we were not disappointed. We were very pleased to get up here and have that hometown feel like the area where I grew up and where Amy grew up. The schools are wonderful the friends we made were wonderful. It was the first time that I was deployed to Afghanistan and we had great support from the community as well as on base. Amy has always loved serving with the spouses, their kids and they play groups and all of the things that go on with that, and so Minot has been a home away from home.

The second time we came up was during the flood. We were delayed

getting about 2 and ½ months. I got re-called to Barksdale and Amy moved the kids and herself to Idaho and our stuff (home possessions) went into storage. Amy got our kids enrolled in school in Idaho for 2 and ½ months until we were allowed to come on base. They did it basically by family. When they had housing available they said this person we need for the mission so we’ll allow them to come in, so we got up here in that process.

Seeing the amazing neighbor taking care of neighbor, family taking care of family here; the stories you here about one family having a dry place to live, and another family needing a place to live, and so the family that needed a home moved in and they lived with the family that had a place for months. Of course, we were for all of the cleanup with the base helping downtown. It was an amazing amount of work, and an amazing amount of friendship and charity and support that happened because here in Minot people care about people.

*How has it gone for your family?*

**Col Jensen:** They have thrived. They loved being in the Air Force. Moving around, meeting different



Col George L. Chapman  
Deputy Commander  
91st Missile Wing

friends. Even though they are sad when they leave, technology has allowed them to keep in touch...we have a big (cell) phone plan.

The things they have learned over the years as far as friendship and appreciation, they are very accepting. They understand what it’s like to show up and be the new person. You know for my kids to have been, cumulatively, in 30 different schools over time; I think the daughter that had the most had been at 11 different schools, which just blows my mind. We have one (daughter) who just graduated from college and has joined the Air Force and she’s studying cyber security, which is awesome. We have 4 that are currently in college; one that is pursuing education and working with handicapped children. The first 5, all girls, have graduated from high school. The other kids

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The Chapman family in Rugby.



Col. Jensen’s family surrounds him after his Fini Flight at Minot AFB.

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U.S. Air Force Col. Benjamin Jensen, 5th Bomb Wing deputy commander (left), and U.S. Air Force Col. George L. Chapman, 91st Missile Wing deputy commander, pose for a photo next to their respective wing's shield at Minot Air Force Base, North Dakota, Sept. 11, 2023. Jensen and Chapman are Minot Air Force Base's newest deputy commanders.

are in school, running cross country, swimming, playing basketball as much as they could.

**Any additional thoughts?**

**Col Jensen:** When I talk about Minot, I share with people that Minot is the very best place they can come serve. It's not because it's easy, it's hard. But it's because the people are great. The experiences that you have will develop you into the type of person, the type of leader and the type of community member that our nation needs. You can tell the people who have served in Minot.

**COL GEORGE CHAPMAN**

Col Chapman will be headed for F.E. Warren AFB in Cheyenne, Wyoming where he will become the Deputy Commander of the 20th Air Force under Maj. Gen. Stacy Jo Huser.

**Let's talk about the last 2 years in Minot?**

**Col Chapman:** Minot was like nothing we could have imagined. When the Chapman family first received our orders to come up to Minot, it was more of a novelty for us because we had never been here before. For the over 2 decades of my military career, my wife was afraid of the prospect of coming to Minot, North Dakota. So, then you get here, and you very soon embrace the assignment for all that you can. It felt like that for every little bit that we poured into the assignment, it felt like the assignment was pouring twice back into us. This has been an enriching experience. It was rewarding professionally; it was rewarding personally for our family. We learned a lot about what it means to be a part of a community. We've never been in a community where it felt so seamless, so lashed together like Minot the community is with Minot Air Force Base and

the 91st Missile Wing and Team Minot and across the installation. It's been awesome. There have been times where there were lows, and tears with those low points, hardships, tough times...I would say more so at the interpersonal level as you are caring about your Airmen, as you work with others, as you experience sorrow, sadness, hardships...never were there tears for the negative 40 degree weather, for the snow, not even the Dak Rats. There were times when we felt beat, but at the opposite end of that spectrum there were tears of joy, and just heartfelt moments of celebration and gratitude and happiness. So, we felt the full range of emotions in all of the settings. In Minot we have great teammates. I was fortunate to have Col Jensen as my counterpart on the 5th Bomb Wing Side. We just struck a chord and got along well from the very beginning. We just clicked, and our children also clicked really clicked. And as far as living on base, I've lived on base before but when you live on base here you feel like you are part of a community. There's different dynamics here. The neighborhoods feel like neighborhoods. It doesn't feel sterile and static and cold. It wasn't everyone taking their work home with them. When I went home it was fire pits, bar b ques... hey, you coming over to my place or am I going over to your place? Our kids are running between the homes. There's a knock at the door and this roaming herd of kids says we need to grab your kid and get bigger and keep going. I just have to say it worked out really well.

**Are there special moments or highlights that you'll remember from your time in Minot?**

**Col Chapman:** Any time I see a friend and get a hug, or a pat

on the back. I know that happens all the time here, but those individual relationships, those individual embraces...loving, caring and friendships. I certainly will remember those moments. And I guess it's going to the first term enlisted center and talking to the Airmen as they are brand new, bright and shiny on the installation, being able to shake every one of their hands, look at them face to face and get to know their names and get to know a little bit about them; going to promotion ceremonies, and when they (Airmen) are identified for promotion, those opportunities to surprise them in their work spaces surrounded by their peers, and to see their peers just whooping and hollering, and celebrating with the Airmen, and to hear word like, the Air Force got this one right, that's pretty cool.

And there's the Chief notifications, and spending time with my honorary commander, where I met him (Senator Randy Burkhard) and he had me sit with him on the legislative floor for a day and just walk around the state capital and meet his peers.

Col Chapman then paused the interview process to show me older Northern Sentry newspapers pulled from what presumably may have been a time capsule that was discovered in the wall of the 91st MW headquarters bldg during a remodeling project. Looking through the newspapers, a lot was the same. Col Chapman read a letter to the people of Minot from Brig General Raymund O'Mara, who was apparently stationed at Minot Air Force base. It was certainly easy to draw a parallel between his word of gratitude to the citizens of Minot for their friendship to both Gen O'Mara and his wife.

**Any more final thoughts?**

**Col Chapman:** I like to end where often I like to begin, and that's gratitude. I am really grateful for the opportunity I had to come up here, to serve in the capacity that was afforded me. I am grateful for the community partners, the base Team Minot partners for the Airmen. We are products of our experiences and I am blessed to have lots of formative experiences. Challenging, but equally rewarding if not more. Professionally fulfilled, grateful for my family and the community that has embraced us and made this an amazing 2-year journey.

The Chapman's had a very special family moment just weeks ago when two of their sons advanced to the rank of Eagle Scout with Troop 425. I had a chance to talk with these outstanding young men at the going away party held in Col Chapman's honor.

From those of us at the Northern Sentry, we once again cling to the phrase that only the best come North...and we ad because we certainly believe That Only The Very Best Leave...



Col Chapman looks through old Northern Sentry paper found in the 91st MW headquarters bldg wall.



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SUBMITTED BY STACI HAYNES



Lake Sakakawea was still cold during Memorial Day weekend, but we still had to go dip our toes in.

SUBMITTED BY MCKYNZIE THOMPSON

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# NORTHERN CELEBRATIONS

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## BRINGING FISH TO THE PEOPLE

Patricia Stockdill

North Dakota's "Big Three" fishing waters – Lake Sakakawea, Missouri River, and Devils Lake –attract anglers from throughout the multi-state region and for good reason – they typically offer up some good fishing opportunities, especially for walleye.

As great of an opportunity as those water bodies are, they aren't for everyone, though. Not everyone has the time and resources to trailer a boat to those destinations. Not everyone knows how or wants to fish the vast "big water" of Lake Sakakawea.

And not everyone wants to spend that much time in a boat, no matter how good fishing is.

Since the advent of the N.D. Game and Fish Department's OWLS – Outdoor Wildlife Learning Site - Pond at its Bismarck headquarters, the department's fisheries division has been striving to bring more fish to more people.

Essentially, the OWLS Pond spawned the community pond concept. Community ponds are easy to get to and they're convenient, suggested Game and Fish Department Fisheries Management Leader Scott Gangl.

Ponds are typically in or near communities – large cities like Minot's State Fair Pond or small town Glenburn with its community pond, for example.

Folks might consider them just for young anglers, but Gangl stressed they're just fine for anglers of all ages. They generally have some type of fishing pier and all provide good shoreline access. It's easy to toss a line with a simple rig and catch a fish, especially if that angler is a little boy or girl simply excited to feel a tug on a line.

Many ponds are stocked in the spring with catchable-sized adult trout, catfish, northern pike, or various panfish species collected by fisheries crews from other lakes where they're abundant.

Each community pond varies in size depending on available land and depth. They're typically shallow, preferably at least 10 to 12 feet deep. Many don't over-winter fish, which is why they're stocked yearly with adult

fish, Gangl described.

Community ponds fit well with the Game and Fish Department's increasing effort to engage young anglers, as well as anglers of all ages, in an outdoor activity they can enjoy close to home.

The little ponds often provide other opportunities to spend relaxing time in the outdoors: Maybe it's teaching a child how to cast a fishing rod, watching birds, enjoying a walk, visiting with friends, or simply getting outdoors.

Community ponds are for people of all ages. They're all about bringing fish – and ultimately the outdoor experience – to as many people as possible.

Area community ponds:

- Burleigh County: OWLS pond at the Game and Fish Dept. headquarters is catch-and-release year-around.
- McHenry County: Poynter's Pond near Velva is one of the state's newest community ponds.
- McKenzie County: Watford City Park Pond has a fishing pier and walkable access around the whole pond.
- McLean County: Camp Loop Pond downstream of Garrison Dam, Riverdale City Pond, Triangle Y Pond at Triangle Y Camp west of Garrison.
- Mountrail County: Stanley Pond has several shore-fishing access points and fishing pier.
- Renville County: Glenburn Pond has a fishing pier and walkable access around the whole pond.
- Ward County: State Fair Pond is open to catch-and-release only from April 1 through July 31 each year but anglers can keep their fish the rest of the year if they want.
- Williams County: East Spring Lake Pond, West Spring Lake Pond. Both have shore-fishing access and fishing piers.

Anglers can also find information – including maps to their locations – on these and other community ponds throughout the state on the Game and Fish website, (gf.nd.gov). Click "Fishing/Boating" on the home page, "Where to Fish", and scroll down to "Select All Community Ponds".



The N.D. Game and Fish Department's State Fair Pond located on the North Dakota State Fairgrounds in east Minot is open for year-around fishing. It's catch-and-release only, though, from April 1 through July 31. The pond is one of several community ponds across the state designed to provide fishing opportunities for people of all ages.

N.D. GAME AND FISH DEPARTMENT PHOTO

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# Car care checklist for summer road trips • Part 1

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

### Check tires and tire pressure

Inspect all four tires and, if you have one, the spare tire as well. Look for cuts, gouges or sidewall bulges. Insert a quarter upside down into grooves to check tire tread. If you see the top of George Washington's head, it is time for new tires. Check tire pressure when the car has been idle and tires are cool. Inflate as needed to the vehicle manufacturer's recommended pressure. You will find it listed in the owner's manual and on the sticker of the driver side door jamb. Do not use the number on the tire sidewall.

### Listen to and feel the brakes

If you hear a grinding sound or feel a vibration when applying the brakes, take your vehicle to an auto repair shop for a brake inspection. A service professional will check the brake system for fluid leaks, and the pads, rotors, shoes and drums. If repair or replacement is needed, use the Repair Cost Estimator to help anticipate costs.

### Secure and test the battery

Check the car battery to be sure cable connections are clean and tight, and the hold down hardware is secure. Have a service professional do a battery check to determine remaining capacity. AAA members may request a free battery check.

### Top off engine oil and other fluids

Check that engine oil, coolant and brake, transmission and power steering fluids are at the correct levels for safe vehicle operation. When adding fluids, use products that meet the specifications listed in the owner's manual. Note that newer car models may have sealed automatic transmissions without a dipstick, and electric power steering that may not use fluid.

### Replace wiper blades and replenish windshield cleaner

Rubber wiper blades naturally deteriorate over time. If wipers streak or fail to clear the windshield thoroughly, replace the blades. Fill the windshield washer reservoir with fluid formulated to remove insects and other debris, and test to make sure the nozzles spray adequately.



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## WHITE-HANDED GIBBON

### CREATURE FEATURES

- White-Handed Gibbons are considered lesser apes and not monkeys. Apes do not have tails. They have hands similar to humans with opposable thumbs.
- True brachiators, gibbons are believed to be the fastest of all the primates and most agile tree dwelling animal. They use their long arms to effortlessly navigate through the trees.
- The White-Handed Gibbons arms are longer than its legs, which allow the gibbon to move nearly 10 feet with each pendulum swing of its body.

### Fact File

Life Span	25 - 30 years
Weight	16 - 25 pounds
Height	16 1/2 to 23 inches
Wild Diet	Omnivore Carnivore Herbivore Fruits, Leaves, Flowers, Small birds, Eggs

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DRIVE-THRU FOOD SERVICE ★ 11AM - 1PM

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VETERANS AT 12:15PM

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BUICK | GMC



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*Provider of the Month Feature*

**JUNE 2025**



STARR FREI

*What do you enjoy most about being an FCC Provider?*

After 5 years of being an FCC provider, my favorite two things have always been the same: First and foremost, the long term relationships I gain from my families, I’ve met so many incredible people along the way. Second, the freedom it provides, both financially and with the people I get to spend my time with.

*What advice do you have for new providers/those interested in being FCC Providers?*


Always be working on yourself and find your own individual ways to improve. Be original and genuine, do your own ideas. The advice and ideas you get from others can be good, but it’s often difficult to execute it in the same way which will yield a different result and keep you frustrated. Seek validation from yourself and no one else, as only you can be the one to truly give it. The input you put into your business is the outcome you’ll receive. If you’re unhappy with how things are going, analyze, look at what you need to improve, and then strive for 1 percent better and do it every single day.

*What are your interests/hobbies?*


I don’t believe in hobbies, only goals! I am in school full time to finish up a bachelor’s degree in Business Administration Management, with a goal to work on a masters next in Executive Coaching. And I spend any extra time I have renovating properties, with goals to learn new trade skills and earn more value on our investments.

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*Upcoming Events*

**06 JUNE**

**MILITARY APPRECIATION IN THE PARKS**  
**11:00 AM - 2:00 PM**  
Oak Park  
1300 4th Ave NW, Minot

Join Minot Parks and the Minot Area Chamber EDC in honoring our local military heroes! On June 6 from 11 a.m. to 2 p.m. at Oak Park, active duty and retired military members and their families are invited to enjoy free food, bounce houses, outdoor games, and more—courtesy of the Military Affairs Committee. With a valid military I.D., enjoy free admission to the Roosevelt Park Zoo all day and free skating at the MAYSA Arena from 12–2 p.m. Plus, military members receive free zoo admission every Wednesday in June. Presented by Verendrye Electric Cooperative.

**MILITARY APPRECIATION IN THE PARKS**

**6 JUNE 2025 • MINOT PARK DISTRICT**

Active duty and retired military personnel are invited to join us in the parks for a picture-perfect day filled with food, laughter, and fun!

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**For more information:**  
Facebook/ Minot Area Chamber EDC/ Events

**08 JUNE**

**MAGIC CITY MUSIC FEST**  
**4:00 PM -11:30 PM**  
Blue Rider  
118 1st Avenue SE, Minot

Do you ever get bored on a Sunday in Minot? The legendary Blue Rider – North Dakota’s Premier Dive Bar – is throwing down the First Annual Magic City Music Festival and it’s absolutely FREE for everyone! That’s right, zero cover charge! Mark your calendars for the Sunday before Father’s Day because the street’s shutting down for SIX killer bands! We’re talking an explosion of Classic Rock, Bluegrass, Folk, Hip Hop, and Punk! Plus, fuel up with awesome food trucks and bring the whole family – it’s for everyone! But wait, there’s more! After the street party winds down, the fun keeps going with an after-party inside the Blue (21+ only). Don’t miss out on the party of the summer! Spread the word! Live Music by: Vanity Plate, Goblina, Mooncats, Daryl Hicks Trio, Dakota Faye, Luke Hendrickson



**1st Annual Magic City Music Fest**  
**SUNDAY JUNE 8th**  
**Gates Open @ 1pm**  
OUTDOORS @ THE BLUE RIDER 118 1st Ave SE  
FAMILY FRIENDLY FREE ADMISSION

**For more information:**  
Facebook/ Blue Rider/ Events

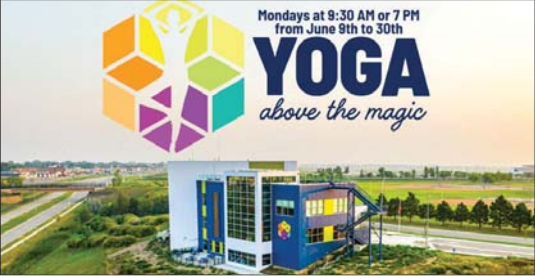
**09 JUNE**

**YOGA ABOVE THE MAGIC – MORNING CLASS**  
**9:00AM – 12:00PM**  
Magic City Discovery Center,  
1545 1st Street NW

Find your calm, build your strength, and stretch it out—surrounded by sky-high views and the inspiring energy of the Magic City Discovery Center. This all-levels yoga class blends gentle tai chi, sun salutations, and flowing poses that meet you right where you’re at—whether you’re brand new or have been practicing for years. Each class ends in peaceful meditation and explores themes like kindness, gratitude, and letting go.

Ages 16+  
\$15 Non-Members | \$13.50 MCDC Members | \$12 MCDC Military Members

Move, breathe, and connect—above the magic.



**For more information:**  
Facebook/ Magic City Discovery Center/ Events

**12 JUNE**

**THURSDAYS DOWNTOWN – ARTS IN THE CITY**  
**4:00 PM - 8:00 PM**  
Oak Park  
1300 4th Ave NW, Minot

Downtown Minot comes alive with Arts in the City on select Thursdays throughout the summer! Enjoy free concerts, delicious food, local makers, and a vibrant downtown scene.

Location: Brand NEW Citizens Alley Pedestrian Plaza

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**FREE**

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**DOWNTOWN MINOT**



Minot Area Council of the Arts

**For more information:**  
Facebook/ Minot Area Council of the Arts/ Events

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CROSSWORD SOLUTION

Solution to last weeks  
Crossword puzzle.

B	O	T	C	H		F	I	R	S		C	A	S	H	
O	P	E	R	A		U	N	I	T		L	U	A	U	
P	E	R	E	Z		J	O	N	I		I	D	L	E	
S	C	R	E	A	M	I	N	G	M	I	M	I			
			P	R	Y					U	N	B	O	R	N
A	A	A		D	R	Y		I	L	K		T	O	E	
B	R	I	O		A	U	N	T	I	E	M	A	M	E	
B	A	R	B	S		M	A	E			D	U	P	E	D
O	F	F	I	C	E	M	E	M	O		G	E	R	E	
T	A	R		A	N	Y		S	O	N		S	O	D	
S	T	E	E	L	E					Z	O	O			
		I	R	E	M	E	M	B	E	R	M	A	M	A	
S	A	G	A		I	D	E	A			M	A	C	O	N
U	G	H	S		E	G	O	S			A	H	E	A	D
N	O	T	E		S	E	W	S			N	A	S	T	Y

SUDOKU

Solution to puzzle on page B9

	1			2				3
		4	5			1		
	6	3			7		8	
	7	2			4	5		8
	3						2	
9		1	6			3	4	
	2		1			8	6	
		5			6	4		
8				3			9	

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CROSSWORD PUZZLE

- Across
- 1. Muscle contraction
  - 6. Ones left holding the bag
  - 10. Ringling follower
  - 14. Like most dryer vents
  - 15. "America" pronoun
  - 16. Persona non grata at a NOW meeting
  - 17. Fragrant oil
  - 18. Longest division of geological time
  - 19. Direction from Lake Charles to Baton Rouge
  - 20. . . . a sci-fi film featuring the Metaluna Mutant?
  - 23. Turned left
  - 24. Bugling beast
  - 25. Make faces for the camera
  - 28. Hoover or Tarbela, e.g.
  - 29. Drag through the mud
  - 33. Help make a no-no a go-go
  - 35. Rapping minister
  - 37. Written in a specific key, e.g.
  - 38. . . . a classic from which director George Cukor was fired?
  - 41. Like the bird with the worm
  - 42. Literary "plain Jane"
  - 43. Part of a score
  - 44. Braced oneself for impact
  - 46. Ring legend
  - 48. Land where Bondevik is PM
  - 49. Half a mint?
  - 50. Word with moon or shoe
  - 52. . . . a thriller with John Malkovich as an assassin?
  - 59. Baja bull
  - 60. Impersonated
  - 61. On the trail of
  - 62. Able to be halved equally
  - 63. Russia's leader in 1916
  - 64. Streetwise of Cuba

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21					22				
			23					24						
25	26	27		28				29			30	31	32	
33			34		35		36			37				
38				39				40						
41					42					43				
44					45			46		47		48		
			49				50			51				
52	53	54				55					56	57	58	
59					60					61				
62					63					64				
65					66					67				

- Down
- 1. Part of being blinds?
  - 2. Essence
  - 3. Definitely not a pro
  - 4. What some police dogs find
  - 5. Number of fish in the sea, e.g.
  - 6. Took Tal to a tie
  - 7. Where a winner comes out
  - 8. Lowly laborer
  - 9. Return site for stampless mail
  - 10. Failure to communicate
  - 11. Start of most MGM films
  - 12. Boot from office
  - 13. One of the very first sons
  - 21. Hindu honorific
  - 22. Make the morose merry
  - 25. Sorcerers
  - 26. WWII military transport
  - 27. Category of film, music or art, e.g.
  - 29. Pyramids, and the like
  - 30. America's is more perfect
  - 31. Highest vocal part of a song
  - 32. Kind of statesman
  - 34. PBS fundraisers
  - 36. Not a people person
  - 39. Poet Elinor
  - 40. Prefix meaning "sun"
  - 45. Bursts of applause, e.g.
  - 47. Where 12/7/41 lives?
  - 50. Golden Bear's rival
  - 51. Advertising's version of the Grammy
  - 52. It's introduced with a bullet point
  - 53. Astronomer's sighting
  - 54. Part of a low poker straight
  - 55. \_\_\_ facto (therefore)
  - 56. "\_\_\_ be a cold day in July . . ."
  - 57. True-to-life
  - 58. They have eagle eyes



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# Minot AFB continues nuclear modernization with Detachment 12 activation

AIRMAN 1ST CLASS WESLEY DAVIES, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. – Gen. Thomas A. Bussiere, commander of Air Force Global Strike Command, activated Sentinel Site Activation Task Force (SATAF) Detachment 12 during a ceremony here, May 21, 2025. The event marked a crucial step in preparing the base’s infrastructure to support the establishment of the next-generation LGM-35A Sentinel Intercontinental Ballistic Missile (ICBM) system, which will replace the LGM-35A Minuteman III ICBM system currently stationed across the continental United States.

The Sentinel system is part of a comprehensive modernization program focused on providing a secure land leg of the nation’s nuclear triad for decades to come. All 400+ Minuteman III missiles are slated to be replaced by the new Sentinel missile system. The program will replace all key delivery components with updated technology. Although the missile and launch facilities are being completely rebuilt, the nuclear warheads themselves, which are provided by the Department of Energy, will remain unchanged in number, size, configuration and design.

The activation of Detachment 12 is a vital step toward ensuring Minot’s infrastructure is ready to support the next generation of ICBMs. This activation comes amid ongoing construction and preparation activities at ICBM bases across the country. The U.S. Air Force and its industry partners are continuing to execute the original Sentinel roadmap, including the establishment of SATAF detachments tasked with laying the groundwork for Sentinel support operations by overseeing and coordinating transition and establishment activities.

“The men and women of the 90th, 91st, and 341st Missile Wings rely on us to have a very coherent and disciplined transition plan between the Minuteman III and Sentinel weapon system,” said Bussiere. “This base is the center of gravity in our Air Force and our nation’s defense.”

The ceremony at Minot Air Force Base was not only a formal activation but also a symbol of commitment to strategic readiness and modernization. It highlights the dedication of both military and civilian personnel involved in the program, and the importance of collaboration between Air Force and industry teams.

“I’m extremely excited to be back in the Minot community. As



U.S. Air Force Gen. Thomas A. Bussiere, Air Force Global Strike Command commander, (left) presents the Site Activation Task Force (SATAF) Detachment 12 guidon to U.S. Air Force Lt. Col. Nicholas Conover, SATAF Detachment 12 commander, for the detachment’s activation ceremony at Minot Air Force Base, North Dakota, May 21, 2025. The activation of SATAF Det. 12 marks an important step in preparing the base’s infrastructure to support the employment of the next-generation Sentinel Intercontinental Ballistic Missile system.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS WESLEY DAVIES

a returning Roughrider, I know firsthand how critical this incredible community is to the strategic strength of Minot AFB,” said Lt. Col. Nicholas Conover, SATAF Detachment 12 commander. “The dedication and partnership we share are essential to our success.”

As the Sentinel program progresses, its impact will be seen not only in technological

advancements but also in the strengthening of partnerships within local communities such as Minot. The transition from Minuteman III to Sentinel signifies a generational leap in ICBM capabilities, ensuring that the United States’ most responsive leg of the nuclear triad remains safe, secure, reliable and strategically positioned in a rapidly changing global landscape.



U.S. Air Force Lt. Col. Nicholas Conover, Site Activation Task Force (SATAF) Detachment 12 commander, gives a speech on the newly activated SATAF Detachment 12 at Minot Air Force Base, North Dakota, May 21, 2025. The SATAF Detachments that have been activated are part of a comprehensive modernization program focused on replacing the Minuteman III missiles with new Sentinel missiles.

U.S. AIR FORCE PHOTO BY AIRMAN 1ST CLASS WESLEY DAVIES

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# Show Us What You Got, Minot!

HANNAH WATERS, NORTHERN SENTRY

On May 31st, Minot AFB hosted its first ever “Minot’s Got Talent” talent show at Rocker’s Bar and Grill! The event was open to anyone on Minot AFB to try-out or attend. Rocker’s had food and drink available for purchase and the bar stayed open throughout the event. People sat back, relaxed, and enjoyed as each performer got up and showcased their incredible talent!

The talent show hosted the amazing performances of nine performers. MC, TSgt Joshua Thornton from the 5 Operations Support Squadron, did an amazing job creating a comedic and entertaining atmosphere and drew in a crowd of over 200 people! The performers themselves were comedians, poets, rappers, singers, and there was even a band that included two of the Minot local populous, and two Airmen! With a grand prize of \$200, the turnout was incredible!

The event did last a bit longer than initially intended, specified to end around 10pm but continued to go until almost midnight. The crowd was having too much fun to notice the hours ticking by and everybody continued to laugh and go along with the charming antics of the MC until the fruition of the event.

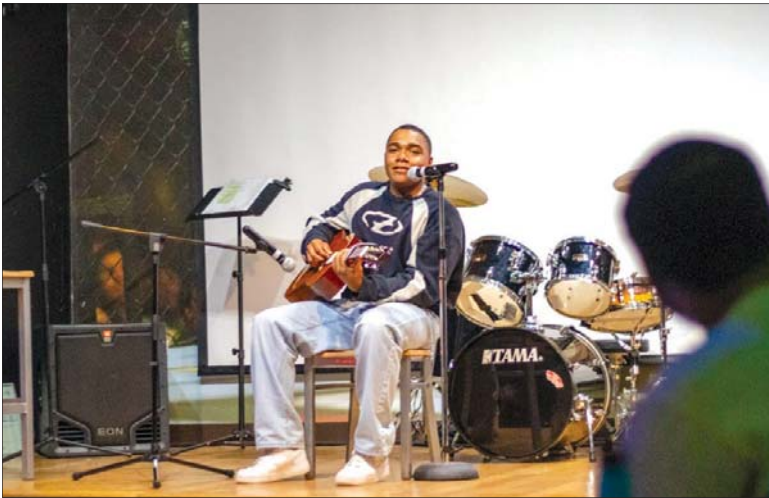
Colonel Ottinger from the 5th Mission Support Group, explained why he appeared to be such hit with the community. “This event is great for a couple reasons. First, the turnout was incredible. Having a packed Rockers is what we want—expect more of this! Second, the

Airmen showed up and shared their authentic selves with us.” Colonel Ottinger further explained that the Airmen show what the Air Force expects on duty, but it’s great to see the human side of the Airman as well! This sentiment was perfectly demonstrated by the performers as some of them showed a very emotional side to themselves that night. The talent show had a few Airmen who wrote their own poetry and songs to perform in front of the crowd.

The winner of the Talent Show was a young Airman, A1C Devin Edmonds from the 791st Missile Security Forces Squadron. He played an original piece on his guitar and sang his own lyrics for the crowd! One of the most memorable parts of the night, was when AMN Carolyn Montague from the 5th Operations Support Squadron took the stage. Accompanied by A1C Edmonds, she blessed the crowd with a rendition

of “Best Part” by Daniel Caesar. They both had the crowd in rapt attention. Flashlights were brought out across the bar and swayed in time with the music.

In the end, all performers were brought up to the front of the stage and as TSgt Thornton rose his hand over each member, the crowd would cast their vote in the form of cheers. First, the crowd had narrowed it down to five performers, A1C Trent Mifflin, a rapper and a poet, SSgt Brendan Miller, a comedian, A1C Devin Edmonds and singer/songwriter and guitarist, AMN Carolyn Montague, a singer/guitarist, and finally A1C Alycia Hardgreaves, a rapper/singer. In the end, AMN Montague, A1C Edmonds, and A1C Hardgreaves were in a winner take all situation. Even though A1C Edmonds did win the grand prize, it was a tough fight. Each performer showed their most unique and talented selves,



A1C Devin Edmonds performing his original song!

U.S. AIR FORCE PHOTO | AIRMAN 1ST CLASS LUIS GOMEZ

and it was not an easy vote.

All in all, this was an impeccable event. Rocker’s did an amazing job hosting and each performer was extremely talented and deserved to be heard! With the turnout of the talent show, we can only hope that these events continue to draw in

a big crowd as Minot comes back from the covid enforced shutdown that has finally ended! Colonel Ottinger and Chief Master Sergeant Sharp informed the crowd following the event that the intention is to continue moving forward with holding nighttime events on base!



TSgt Joshua Thornton doing crowd work in between performances.

COURTESY PHOTO



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# MINOT NORTH

## SENTINEL REPORT



# Minot North Shines as Athletes Rack Up Honors Across Sports

BRYLEIGH MCBRIDE, FRESHMAN | MINOT NORTH HIGH SCHOOL

Minot North athletes delivered standout performances across multiple sports at this year's Western Dakota Association (WDA) tournaments, bringing home medals, honors, and state qualifications. From golf's powerful second-place finish to gritty efforts on the softball diamond and fierce tennis matches, the Sentinels made their presence known in a big way.

Minot North's boys golf team had an exceptional showing at the WDA Tournament, securing a second-place team finish with an outstanding score of 305, clinching their spot at the State Tournament. The strong performance marked one of the best showings of the season and reflected months of consistent work, discipline, and team growth.

Kasen Rostad led the team with a stellar 73, placing him third individually. Right behind him was Teegan Dangel, who shot a 76 to earn eighth place overall. The duo has consistently been among the top players for Minot North and proved their strength once again under tournament pressure.

Recognition followed the team's performance. Kasen Rostad, Walter Langhans, and Bennett Bartsch were named to the All-WDA Team, highlighting their consistency and contribution throughout the season. Rostad's incredible season also earned him the prestigious WDA Athlete of the Year title.

In addition to his WDA honors, Rostad received All-Region recognition, along with teammate Teegan Dangel. These accolades further reinforce the team's high level of play this year, with strong potential heading into state.

Their achievements wouldn't have been possible without guidance from Coach Shane Hannegrafs, who was named WDA Coach of the Year. Hannegrafs' leadership and dedication to the team's development have made a lasting impact, both on and off the course.

With momentum on their side, Minot North Golf now heads to the State Tournament with high hopes and strong team chemistry, aiming for more success.

Minot North Softball faced a pair of tough matchups at the WDA Tournament, falling to Minot High 1-10 in their opening game

and Jamestown 5-15 in their second. Despite the final scores, the team showed resilience and determination, battling through a long and competitive season.

This year's Sentinel squad demonstrated heart and growth, with several young players stepping up into key roles. While the tournament didn't end the way they had hoped, the girls never stopped working hard or playing for each other.

One of the season's brightest stars was senior Cadey Shipman, who closed out her high school career with multiple honors, and is headed to play for NDSU. Shipman was named to the

All-WDA Conference Team and was honored as Senior Athlete of the Year for Minot North Softball. Her leadership, powerful presence at the plate, and defensive skills made her an invaluable part of the team. Coaches and teammates alike recognized her as the emotional core of the lineup. As the team looks toward the future, Shipman's example will serve as inspiration for the younger players, helping to

shape the program for seasons to come.

Minot North Tennis also had reason to celebrate at the WDA Tournament. Addy Clark battled through tough matches and finished in sixth place, earning her a ticket to the State Tennis Tournament.

Clark has been a key contributor throughout the season, consistently showing mental toughness and technical skill against top competitors. Her strong performance at WDA is the culmination of dedicated practice and steady improvement.

With the State Tournament approaching, Clark is focused and ready to represent Minot North at the next level. Her qualification adds to an already impressive slate of achievements across Minot North athletics this spring.

Whether it's on the green, the diamond, or the court, the Sentinels have proven their dedication, resilience, and competitive spirit. As multiple athletes prepare to compete at the state level, Minot North's spring sports season continues to be one to remember.

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- ALL WDA -

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Addy Clark, 6th Place Finish, WDA Tournament



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\*Changes Weekly – Check our Facebook Page

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# Executive Orders on Education and Medora On the Map



ALYSSA KELLY  
SCHOOL LIAISON PROGRAM MANAGER, GS-12  
DEPARTMENT OF THE AIR FORCE SCHOOL  
LIAISON PROGRAM



A number of directives have been issued by the President of our United States, Mr. Donald J. Trump. An executive order is one such directive. It must be within the President's constitutional authority and cannot violate existing federal laws. In fact, the courts can overturn any executive order. However, it is important that we are tracking Trump's new directives, so that we may correctly follow their new, signed operational guidance. These orders—enforced by law enforcement—are part of our American history, as "[e]very President since George Washington has issued Executive orders" (ABA, 2021). Here are some of Trump's executive orders on education:

EO 14242 – Improving Education Outcomes by Empowering Parents, States, and Communities

This EO aims to expand quality education access. It focuses on the closure of the Department of Education and empowering parents and states, instead, through promoting school choice. Focusing on education for all Americans, any "diversity, equity, and inclusion" labels are to be removed from any federally-funded educational activity or program. Regarding the Department of Education closure, federal control over education is not producing desired results: "Today, American reading and math scores are near historical lows. This year's National Assessment of Educational Progress showed that 70 percent of

8th graders were below proficient in reading, and 72 percent were below proficient in math" (The WH, 2025). Improvement in these two subjects is pivotal to our nation's future success!

EO 14191 – Expanding Educational Freedom and Opportunity for Families

This EO enables families to choose K-12 options using federal resources. Pertinent to my role as a School Liaison Program Manager devoted to military-connected student success, section six specifically outlines "Helping Military Families." The Secretary of Defense was directed—within 90 days of the order—to "review any available mechanisms under which military-connected families may use funds from the Department of Defense to attend schools of their choice, including private, faith-based, or public charter schools, and submit a plan to the President describing such mechanisms and the steps that would be necessary to implement them beginning in the 2025-26 school year" (The WH, 2025). The order was effective on January 29th, 2025. We have since hit the 90-day mark. As such, the Secretary of Defense recently released a memorandum affirming the Department of Defense's commitment to supporting education choice for military-connected families. They plan to complete a department-wide review assessing current

homeschool support with a focus on best practices and feasibility of providing facilities or resources. I look forward to receiving the results, especially since North Dakota is one of "a couple of states [with] the highest-ever number of homeschoolers" and "reported a record number of homeschooled students in 2023-2024 and a 24% increase over the prior year" (JHU, 2024)!

EO 14190 – Ending Radical Indoctrination in K-12 Schooling

This EO calls that all federal funding be stopped for illegal and discriminatory practices promoting gender ideology or discriminatory equity ideologies in K-12 public schools. In addition, an entire section of this EO is devoted to a focus on patriotic education: "Sec. 4. Reestablishing the President's Advisory 1776 Commission and Promoting Patriotic Education. (a) The President's Advisory 1776 Commission ("1776 Commission"), which was created by Executive Order 13958 of November 2, 2020, to promote patriotic education, but was terminated by President Biden in Executive Order 13985 of January 20, 2021, is hereby reestablished. The purpose of the 1776 Commission is to promote patriotic education and advance the purposes stated in section 1 of Executive Order 13958, as well as to advise and promote the work of the White House Task Force on Celebrating America's 250th

Birthday ("Task Force 250") and the United States Semiquincentennial Commission in their efforts to provide a grand celebration worthy of the momentous occasion of the 250th anniversary of American Independence on July 4, 2026" (The WH, 2025). Fittingly, the Theodore Roosevelt Presidential Library will be opening on this momentous date in our very own Medora, ND. Save this date, as "every living president is expected to be there" (Michael, 2025)!

Trump's executive orders on education drastically change our national educational landscape. In fact, I encourage you to read each order in its entirety, as there is so much more information than can possibly fit in one article! Both nationally and locally, these changes will affect communities, commanders, schools, and families. It is important we all remain aware.

"Ending Radical Indoctrination in K-12 Schooling." The White House Website, 29 Jan. 2025, [www.whitehouse.gov/presidential-actions/2025/01/ending-radical-indoctrination-in-k-12-schooling/](https://www.whitehouse.gov/presidential-actions/2025/01/ending-radical-indoctrination-in-k-12-schooling/). Accessed 26 May 2025.

"Executive Orders." American Bar Association Website, 28 Nov. 2021, [www.americanbar.org/groups/public\\_education/resources/teacher\\_portal/educational\\_resources/executive\\_orders/](https://www.americanbar.org/groups/public_education/resources/teacher_portal/educational_resources/executive_orders/). Accessed 26 May 2025.

"Expanding Educational Freedom and Opportunities for Families."

The White House Website, 29 Jan. 2025, [www.whitehouse.gov/presidential-actions/2025/01/expanding-educational-freedom-and-opportunity-for-families/](https://www.whitehouse.gov/presidential-actions/2025/01/expanding-educational-freedom-and-opportunity-for-families/). Accessed 26 May 2025.

"Homeschool Growth: 2023-2024." Johns Hopkins School of Education Website, Sep. 2024, <https://education.jhu.edu/edpolicy/policy-research-initiatives/homeschool-hub/homeschool-growth-2023-2024/>. Accessed 27 May 2025.

"Improving Education Outcomes by Empowering Parents, States, and Communities." The White House Website, 20 Mar. 2025, [www.whitehouse.gov/presidential-actions/2025/03/improving-education-outcomes-by-empowering-parents-states-and-communities/](https://www.whitehouse.gov/presidential-actions/2025/03/improving-education-outcomes-by-empowering-parents-states-and-communities/). Accessed 26 May 2025.

Michael, Anthony. KFYR Website, 25 May 2025, [www.kfyr.com/2025/05/25/progress-theodore-roosevelt-presidential-library-construction/](https://www.kfyr.com/2025/05/25/progress-theodore-roosevelt-presidential-library-construction/). Accessed 26 May 2025.

*The information in this article is provided as a resource and does not constitute endorsement by Minot AFB, the United States Air Force, or the Department of Defense of the external website, or the information, products, or services contained therein.*

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- Savannah Kingsley • Ayla Lane • Eli Lewis • Noah Myers
- Logan Scirica • Lucas Smith • Gracie Suzuki
- Sophie Thomas • Laijla Tilstra • Hannah Wolfe

**Grade 6**

- Yoleiny Bracero Rivera • Colby Brown • Rowan Brown
- Mitchell Cangealose • Adalynn DeRyke • Olivia Downing
- David Gamboa • Seamus Holmgren • Ivory Hopkins
- Baylee Irvin • Jaxon James • Katarie Kennedy
- Nathaniel Langan • James Lipscomb • Kellen O'Connor
- Semaj Patterson • Harrison Smith • Josephine Snively

### HIGH HONORS

**Grade 8**

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- Alexander Gandall • Milania Gomez • Melanie Monson
- Savannah Salyards • Lauryn Schwartz

**Grade 7**

- Allison Alexander • Ethan Arnholtz • Layvee Fortin
- Autumn Hildreth • Gavin Mitchell • Aurora Reese

**Grade 6**

- Jose Armenta IV • Steven Kennedy
- Aidan Lawless

### HONORS

**Grade 8**

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- Vaeh Geske • Paycen Irvin • London James • Isaiah Johnson
- Brandon Judge • Keegan Roth • Damian Ruiz-Garcia
- Colton Terral

**Grade 7**

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- Tatum Hansen • Adrian Raymh Hinal • Kameron Knobbe
- Lilah Macias • Easton Minter • Sophia Otremba
- Brooke Ruediger

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- Makayla McCoy • Maxine Montgomery • Alia Paramo
- Harper Salzman • Isaac Yoshimoto



DENTAL FLIGHT KEEPING AIRMEN FIT TO FIGHT

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN ALYSSA BANKSTON



U.S. Air Force Capt. Phillip Sheridan, 5th Operational Medical Readiness Squadron (OMRS) general dentist, discusses X-ray results with a patient at Minot Air Force Base, North Dakota, May 28, 2025. To keep Airmen mission-ready, the 5OMRS dental flight works to provide service members with the best possible care.



Senior Airman Jose Vazquez-Vera, 5th Operational Medical Readiness Squadron (OMRS) oral preventive assistant technician, performs a dental cleaning during a routine dental appointment at Minot Air Force Base, North Dakota, May 28, 2025. To keep Airmen mission-ready, the 5OMRS dental flight works to provide service members with the best possible care.

A LOOK BACK THIS WEEK IN USAF HISTORY

THE WOMEN’S ARMED SERVICES INTEGRATION ACT PASSED IN CONGRESS JUNE 12, 1948



Poster advertising opportunities for women to serve in four special units during WWII. (National Archives and Records Administration Photo)

Since America’s conception, women have played an integral role in the military. Whether it was as nurses, spies, soldiers disguised as men, or officially recognized service members, women have always served vital, often unrecognized, roles in the nation’s defense. The United States officially allowed women to join the military on June 12, 1948 with the passing of the Women’s Armed Services Integration Act. After they had served in the Women’s Army Corps, Navy Women’s Reserve, Marine Corps Women’s Reserve, and the Coast Guard Women Reserves under special legislation during WWII, the United States finally realized the importance of integrating females, who have historically made up about half of the US population, into the military. Section 502 of the act still excluded women from aircraft and Navy vessels that might engage in combat, but it was a step in the right direction towards a more modern, inclusive military.

Information courtesy of: visitthecapitol.gov / cgc.edu

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OUTDOOR

REPORT



by Patricia Stockdill

**FISHING:**  
Lake Sakakawea elevation, June 2: 1,832.7 feet above mean sea level (MSL); 24,100 cubic feet per second (CFS) Garrison Dam average daily releases.  
Devils Lake elevation: 1,449.55 feet above mean sea level (MSL).  
Stump Lake elevation: 1,449.58 MSL.  
•N.D. Game & Fish Dept. game wardens: No new reports from Lake Sakakawea, north-central area lakes, or Devils Lake.  
•Devils Lake, Woodland Resort, Devils Lake: Decent walleye activity with better success in the early morning or late evening in low light. Water clarity is good. Try slip bobbers with leeches. Water temperatures are starting to warm.  
•Lake Darling, Karma C-Store, Ruthville: Not many new reports with limited activity.  
•Lake Metigoshe, Four Seasons, Bottineau: Bluegill moving into shallower water along the weed beds. Fair pike success. Try evening hours for walleye.  
•Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Work from shallow water out to 20 feet on the east end of Lake Sakakawea for walleye along any of the north side bays using jigs and minnows but move around and try a variety of presentations. Also work as far west as Deepwater Bay or south shore along Beulah Bay. Missouri River producing a few walleye. No Lake Audubon reports.  
•Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: East end of Lake Sakakawea producing nice walleye in shallow water. Work Steinke or Centennial bays in 12 feet with jigs and minnows or plastics. Also try Douglas Bay. Continued good smallmouth bass activity on Lake Audubon. Try just about any presentation, they're not fussy. Some walleye mixed in when smallie fishing, as well.  
•Lake Sakakawea, Indian Hills Resort, Garrison: Look for a mix of some walleye and pike with fair to good bass activity.  
•Lake Sakakawea, New Town: Improving walleye success in the Van

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, ([www.woodlandresort.com](http://www.woodlandresort.com)), Facebook at ([facebook.com/woodlandresortDL](https://www.facebook.com/woodlandresortDL)), telephone (701) 662-5996, extension 1, or email ([woodlandresort@gondtc.com](mailto:woodlandresort@gondtc.com)). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- June 7: Nat'l. Trails Day/American Legion Walk, Fort Stevenson State Park, Garrison, 2 p.m., with free park admission for military personnel in recognition of Military Appreciation Day.
- June 7 & 8: Free fishing weekend. N.D. residents 16 years of age and older can fish for free this weekend.
- June 9 – 12: Summer Zoo Camp, Roosevelt Park Zoo, Minot. Ages 2 to 8th grade, 8:30 a.m.
- June 14: Monster Mash Halloween in June, Lewis & Clark State Park. Decorate camps and tents for an early spooky Halloween.
- June 14: Father's Day at the Zoo, Roosevelt Park Zoo, Minot, 9 a.m.
- June 16 – 19: Summer Zoo Camp, Roosevelt Park Zoo, Minot. Ages 2 to 8th grade, 8:30 a.m.
- June 16: Sensory Friendly Night, Magic City Discovery Center, 4 p.m.
- June 19: Batty About Bats Summer Art Series, Taube Museum of Art, ages 2 to 3, 9:30 a.m.
- June 19: Nature Explorers with the Ward Co. Soil Conservation, District, Minot Public Library, 10 a.m.
- June 21: Upland Hunting Seminar sponsored by Souris Valley Pheasants Forever, \$50, beginning at 8 a.m. Go to the Pheasants Forever website event link, ([events.pheasantsforever.org/events/005ef85c1958-460e-80b6-8c5dbeb68c74](http://events.pheasantsforever.org/events/005ef85c1958-460e-80b6-8c5dbeb68c74)) for details and registration.

- TOURNAMENTS:**
- June 6 & 7: Lake Sakakawea, Van Hook Arm.
  - June 7: Missouri River tailrace; Devils Lake, Spirit Lake Casino, Upper Missouri River.
  - June 13: Devils Lake, Grahams Island State Park.
  - June 14: Lake Sakakawea, Fort Stevenson State Park; Devils Lake, 6-Mile Bay; Hiddenwood Lake.
  - June 20 & 21: Devils Lake, Grahams Island State Park.
  - June 21: Missouri River, Washburn.

Hook Arm. Try lindy rigs or spinners using a variety of bait with slower success coming with jigs. Work 10 to 15 feet.  
•Lake Sakakawea, Van Hook Bait & Tackle New Town: Improving walleye success in the Van Hook Arm. Scattered activity with fish moving quite a bit north to south. Try 12 to 24 feet with improving success using nightcrawlers.  
•Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace producing a few walleye. Try Honey Hole, spillway channel, or chutes. Also try from the rocks off-shore at night for walleye. East end of Lake Sakakawea spotty for walleye with better success along the north shore, including Douglas Bay. Move around. Good numbers of smallmouth bass on the east end working rocky, gravel points.  
•Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Best walleye success on the upper end of Lake Sakakawea remains around New Town, 4 Bears, and west to White Earth Bay using spinners and nightcrawlers. Try Lund's landing or White Earth Bay for crappie working shallow, rocky areas. Cottonwood Lake near Alamo producing eater-sized pike. Kota-Ray Dam launch now open

with nice rainbow trout activity.  
•North-central/central N.D. lakes, Townner Hdwe. Hank, Townner: Souris River around Upham and Buffalo Lodge Lake producing a few walleye. Try George Lake for pike.  
**N.D. RIVERS GAUGE HEIGHT AND STREAMFLOW** (conditions can vary rapidly):  
•Des Lacs River, Foxholm: Gauge height, 5.08 feet; streamflow, 708 cubic feet per second (CFS).  
•Lake Darling, Foxholm: Gauge height, 96.91 feet.  
•Little Missouri River, Medora: Gauge height, 2.17 feet; streamflow, 140 CFS  
•Little Missouri River, Long X Bridge near Watford City, gauge height, 8.13 feet; streamflow, 383 CFS.  
•Missouri River, Williston: Gauge height, 19.85 feet.  
•Missouri River, Washburn: Gauge height, 10.07 feet.  
•Souris River, Broadway Bridge, Minot: Gauge height, 42.34 feet.  
•Yellowstone River, Cartwright: Gauge height: 69.73 feet.  
**NUMBERS TO KNOW:**  
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Presented in partnership with the Cass and Clay Counties Suicide Prevention Coalition

**Presenter**  
Samantha Christopherson  
Dakotas Executive Director

**Audience**  
Communications and media professionals, content creators; and spokespeople, information officers, press liaisons for government agencies

**Questions?**  
Samantha Christopherson  
schr Christopherson@afsp.org

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6	7	2	3	9	4	5	1	8
4	3	8	7	5	1	9	2	6
9	5	1	6	8	2	3	4	7
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**REVEAL AESTHETICS AND WELLNESS** is a full service Medical Spa in North Dakota that serves Minot and it's surrounding communities. At Reveal, we personalize treatments based on our clients aesthetic goals. Our passion is helping people feel their most confident and to 701-852-8284



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## RENTALS

**AVAILABLE NOW!** Several apts on North Hill available 4 rent. 2 Bdrm + 1 bath. \$625 to \$895. Call Peggy at IPM 852-1157 or 833-6832 (cell).

**GLENBURN**, 3 bedrooms - 3 level duplex with 1 full bathroom and a 1/2 master bathroom. Attached single garage. Available now for \$600.00 monthly, plus a deposit, and the tenant pays utilities. Call 701-720-3089

## FRESH EGGS

**FRESH EGGS** Located just 20 minutes with delivery to the base. email: [esavelkoul@srt.com](mailto:esavelkoul@srt.com).



weekly post brief

**northernsentry**

MINOT AIR FORCE BASE NEWSPAPER | [WWW.NORTHERNSENTRY.COM](http://WWW.NORTHERNSENTRY.COM)

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# CLASSIFIEDS

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## MINOT AFB ANNOUNCEMENTS

**EMBRY-RIDDLE AERONAUTICAL UNIVERSITY** – Embry-Riddle Aeronautical University is the world’s pre-eminent university for aviation and aerospace education. However, our dynamic, hands-on programs will prepare you for careers well beyond the limits of the sky. Our Worldwide Campus has been working with U.S. military service members since 1970, helping them to earn a degree while on active duty or as veterans. And we do it at more than 90 military installations around the globe. The Embry-Riddle Minot Campus — located at Minot Air Force Base — offers associate, bachelor’s, and master’s degrees, as well as undergraduate and graduate certifications, that will help you whether you are an active-duty military service member, a veteran, or a civilian working at or around Minot Air Force Base, Embry-Riddle Worldwide is here to help you earn your college degree. A degree from Embry-Riddle Worldwide will help service members to become commissioned officers, will make veterans more desirable job candidates as they enter the civilian workforce, and will assist civilians with job advancement or career changes. Our modes of instruction are: Online, Eaglevision Home and Eaglevision Classroom. For more information, please visit us in Room 223 located in the Base Education Center Building (2nd floor), email: [minot@erau.edu](mailto:minot@erau.edu) or call office phone: 701-727-9007.

**MINOT STATE UNIVERSITY** – Minot State University is excited to again offer face-to-face classes at the Minot Air Force Base. There is no application fee for active-duty military personnel. Military personnel can complete their Community College of the Air Force (CCAF) degree and earn a bachelor’s degree from Minot State. For more information, contact Brigitte Mikula at 701-727-9044 or by email at [Brigitte.mikula@minotstateu.edu](mailto:Brigitte.mikula@minotstateu.edu)

**PARK UNIVERSITY MINOT** – Your degree, Your way. Park University is enrolling now. Earn your CCAF credits, AU-ABC, and your Bachelor’s degree with PARK. Let’s maximize your military experience! Find how many credits you can get from your military experience by going to [military.park.edu](http://military.park.edu). and confirmed your credits Or Ask Alexa! Enable the Park University skill on your Alexa device and say “Alexa, ask Park, How many credit hours can I get from my military experience?” She’ll even tell you your graduation date! Minot AFB @ the Education Center RM 222 | 844-884-8612 | [mino@park.edu](mailto:mino@park.edu) PARK. YOU

### TITUS & PHILEMON *Everyday adventures of Titus and Philemon and their owner Joe.*



Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMMOTHY TIMM



## RESTAURANT & ENTERTAINMENT GUIDE



### Atypical Brewery & Barrel Works

510 Central Ave E, Minot  
Phone: 701.833.0567  
FB: Atypical Brewery & Barrelworks

### Applebee’s Grill & Bar

2302 15th St SW, Minot  
Phone: 701.839.2130  
[www.applebees.com](http://www.applebees.com)

### Badlands Restaurant & Bar

1400 31st Ave SW, Minot  
Phone: 701.852.7335  
[www.blgrill.com](http://www.blgrill.com)

### Bone’s BBQ Smokehouse & Grill

437 N Broadway, Minot  
Phone: 701.838.9140  
[www.bonesbbqminot.com](http://www.bonesbbqminot.com)

### Culver’s Restaurant

3000 S Broadway, Minot  
Phone: 701.852.4800  
[www.culvers.com](http://www.culvers.com)

### Ironhorse Kitchen + Bar

21 E Central Avenue, Minot  
Phone: 701.852.8183  
FB: Ironhorse Kitchen + Bar Minot

### Jamaican Vybz Kitchen

Dakota Square Mall, Minot  
Phone: 701-441-9309  
FB: Jamaican Vybz Kitchen

### Meg-A-Latte

2045 N Broadway Suite #100, Minot  
Phone: 701-838-8479  
[www.meg-a-latte.com](http://www.meg-a-latte.com)

### Mi Mexico

3816 South Broadway, Minot  
Phone: 701.852.0777  
[www.mimexicominotnd.com](http://www.mimexicominotnd.com)

### N.D. Asia

3400 16th St SW, Minot  
Phone: 701.852.1240  
[www.ND-Asia.com](http://www.ND-Asia.com)

### Noodles & Company

304 4th Ave NW Minot  
701.491.9103  
[www.noodles.com](http://www.noodles.com)

### Pink’s Bar & Grill

102 128th Ave NW, Minot  
Phone: 701.852-2385  
FB: PinksBarGrill

### The Blue Rider

118 1st Avenue SE, Minot  
Phone: 701.852.9050  
[www.theblueriderbar.com](http://www.theblueriderbar.com)

### The Starving Rooster

30 1st St. NE, Minot  
Phone: 701.838.3030  
[www.starvingrooster.com](http://www.starvingrooster.com)



## Weddings for Warriors

Revel Hotel, a newly renovated hotel next to Dakota Mall, will be giving away use of the Pilot’s Bar and adjoining banquet space at its venue to Airmen.

The new giveaway, **Weddings for Warriors**, will honor the men and women who serve the United States by giving away use of the Pilot’s Bar and banquet space once every month.

At least one partner must be serving or must be an active member of the U.S. Air Force.

For further information, please send a message to the hotel at [revelnd.com](http://revelnd.com) or contact Chelewa Springs or Ashley Cutler at 701-607-4557 or 701-306-3338.

★Hotel★  
**REVEL**

## Musicians Of Minot AFB Come See, Play, or Learn!

Come play Guitar, Bass, Drums

Bring you own Instruments

Don't know how to play anything? Come sing

Hosted at the Base Theater on  
Saturdays from 12:00 to 6:00!

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OR INSTAGRAM

For updates and socialization:  
<https://discord.com/invite/xQtPFRBr>  
Minot AFB Musicians On Facebook  
Minotafb\_musicians On Instagram



## MINOT MILITARY PERSONNEL FLIGHT

# SCAN TO SCHEDULE AN APPOINTMENT.

Use your smartphone.



Snapshot of MPF Services:

- **DEERS:** Common Access Card (CAC), Dependent Update, CAC Unlock or Reset, Awards and Decorations
- **Customer Support:** Inbound Order Amendment, Accessions, Passport and/or Visa, Initial Enlistment Bonus (IEB), Quickship Bonus
- **Force Management:** Evaluations, Duty Information, G-Series Orders, Unfavorable Information File (UIF), Special Duty Assignment Pay (SDAP)
- **Career Development:** Permanent Change of Station (PCS), Outbound Assignment, Separation, Retirement, Retention, Promotion

DEERS (Appointment Only): Mon, Wed-Fri 0800-1600, Tue 0800-1500  
Walk-in hours: Tue-Thu 0800-1600, Wed 0800-1130  
Appointment hours: Mon-Fri 0800-1600, Wed 0800-1130

\*Closed for training every Wed from 1200-1630

MINOT MPF OFFICE



# AFGSC unveils first tri-bomber/fighter formation

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

MIAMI BEACH, FL -- On May 24, Air Force Global Strike Command unveiled the first-ever demonstration tri-bomber/fighter formation during the Hyundai Air and Sea Show over Miami Beach, Florida.

Named “The Freedom Flyover”, the formation featured a B-2 Spirit, B-1B Lancer, B-52H Stratofortress, F-22 Raptor, F-15C Eagle, F-16C Fighting Falcon, and A-10 Thunderbolt II. While previous years’ iterations of the

Hyundai Air and Sea Show and other national events have featured a tri-bomber flyover, this was the first time fighter aircraft joined to create a dissimilar formation.

Additionally, this formation also showcased the strength of total force Airmen; active duty, Air Force Reserve, and Air National Guard pilots all had a part in the flyover, representing the Air Force’s ability to collaborate across components.



A U.S. Air Force B-2 Spirit aircraft leads a seven-ship formation during the Hyundai Air and Sea Show at Miami Beach, Florida, May 24, 2025. The seven-ship formation displayed the Air Force’s array of capabilities used in defending the United States to thousands in attendance on the beach.

U.S. AIR FORCE PHOTO BY STAFF SGT. BAILEE A. DARBASIE

# BTF Europe completes deployment, ACE demo

U.S. AIR FORCES IN EUROPE - AIR FORCES AFRICA PUBLIC AFFAIRS

RAMSTEIN AIR BASE, Germany -- U.S. Air Force B-52H Stratofortress aircraft assigned to Bomber Task Force Europe departed Moron Air Base, Spain, and returned to Minot Air Force Base, North Dakota, concluding Bomber Task Force 25-3 on May 27.

During this deployment, U.S.

Airmen operated from forward locations, demonstrating their ability to adapt, sustain operations, and project combat-credible airpower, regardless of environment or external factors. This demonstration of Agile Combat Employment through BTF 25-3 ensured the Air Force will remain mission ready across dynamic conditions.



A U.S. Air Force B-52H Stratofortress assigned to the 23rd Expeditionary Bomb Squadron takes off in support of Bomber Task Force Europe (BTF) at Morón Air Base, Spain, May 27, 2025. BTF missions familiarize aircrew with air bases and operations in different geographic combatant command areas of operations to enable strategic access and integration with coalition forces in an effort to deter global conflict.

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN KYLE WILSON



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# SRT

## ANNUAL MEETING

# Thursday, June 19, 2025

## North Dakota State Fair Center / Minot, ND

Registration and dinner / 5:00-7:00 p.m.

Live music - Chloe Raye / 6:00 p.m.

Business meeting / 7:00 p.m.

Registration and voting officially close at 7:00 p.m.



Don't forget! Bring the back page of your newsletter for a chance to win prizes - including \$500 cash!\*

701.858.1200 / SRT.COM/ANNUALMEETING

\*Members who bring the top portion to the Annual Meeting will be eligible to win prizes. Must be present to win cash prize but not required to win other prizes. No purchase necessary.



FRIDAY06

- Bootcamp, 0545, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- Friday Flicks, 1630-2200, Rockers Bar & Grill

SATURDAY07

- Minot AFB 1997 Murder Mystery Begins, Minot AFB Library
- Summer Reading Program Begins, Minot AFB Library
- Summer Reading Program Squadron Contest Begins, Minot AFB Library
- Summer Reading Program Kick-Off Party, 1300, Minot AFB Library

SUNDAY08

- Magic City Scramble, 0900, Rough Rider Golf Course

MONDAY09

- AFFT, 0530, McAdoo Fitness Center
- Bootcamp Express, 0545, McAdoo Fitness Center
- SNCO Foundation Course, 0700-1600, Professional Development Center
- TAP Overview, 0800-1600, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- AFFT, 1100, McAdoo Fitness Center
- Palace Chase/Front Briefing, 1400-1500, Professional Development Center
- Cycle, 1700, McAdoo Fitness Center
- Craft Club, 1800, Minot AFB Library

SPECIALS

Bomber Bistro Featured Item  
Chicken Curry Rice Bowl

The B-Fifty Brew Featured Item  
Chocolate Covered Cherry Frappe

Rockers Bar & Grill Featured Item  
Rockin' Chicken Sandwich

Pokémon Game Night

12 June 2025  
6:00PM - 7:30PM  
Youth Center • \$5

Bring your Pokémon deck and come play!  
No experience necessary.

Games will not be played "for keeps"  
and no trading is permitted.  
All children less than 9 years old  
must be accompanied by an adult.

Register by 11 June 2025.  
Scan the QR Code to register or  
visit the CYPBMS website at  
<https://parent.afcyp.com/>

For details, call the  
Youth Center at 723-2838

# What's Going On Minot AFB

June

TUESDAY10

- AFFT, 0530, McAdoo Fitness Center
- SNCO Foundation Course, 0700-1600, Professional Development Center
- Run Fast, 0600, Dome, hosted by McAdoo Fitness Center
- TAP (VA) Services and Benefits Briefing, 0800-1600, M&FRC
- Tuition Assistance (TA) Brief, 1000, Education Center — Room 211
- Game Day, 1000-1930, Minot AFB Library
- Jam Fest Chicago Special Lunch, 1030-1330, Dakota Inn Dining Facility
- AFFT, 1100, McAdoo Fitness Center
- Retraining 101, 1300-1400, Professional Development Center
- Jam Fest Chicago Special Dinner, 1630-1830, Dakota Inn Dining Facility
- Grease and Gears — Road Rookies/Teen Drivers, 1730-1930, Auto Hobby Shop
- Run Far, 1900, McAdoo Fitness Center

WEDNESDAY11

- AFFT, 0530, McAdoo Fitness Center
- Bootcamp Express, 0545, McAdoo Fitness Center
- SNCO Foundation Course, 0700-1600, Professional Development Center
- TAP (DOL) Overview, 0800-1600, M&FRC
- Pre-Deployment/Remote Readiness Training, 1000, M&FRC, Zoom Meeting
- SkillBridge Brief, 1000, Education Center — Room 211
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Yoga, 1700, McAdoo Fitness Center

THURSDAY12

- AFFT, 0530, McAdoo Fitness Center
- Run Fast, 0600, Dome, hosted by McAdoo Fitness Center
- SNCO Foundation Course, 0700-1600, Professional Development Center
- Informed Decision Seminar, 0800-1200, Professional Development Center
- TAP DOL Employment Track Workshop, 0800-1600, M&FRC
- Reintegration Briefing, 1000-1100, M&FRC, Zoom Meeting
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center — Room 211
- Craft Club, 1800, Minot AFB Library
- Pokémon Game Night, 1800-2000, Youth Center
- Run Far, 1900, by McAdoo Fitness Center

FRIDAY13

- Bootcamp, 0545, McAdoo Fitness Center
- SNCO Foundation Course, 0700-1600, Professional Development Center
- TAP DOL Employment Track Workshop, 0800-1600, M&FRC
- Family Bootcamp, 1000, Turf, hosted by McAdoo Fitness Center
- Buff Bash '25, 1700-2200, Flightline

SATURDAY14

- Minot AFB Car & Bike Show, 0900-1600, Flightline

MINOT AFB  
CAR & BIKE SHOW

14 JUNE 2025 • 0900 - 1600  
FLIGHTLINE • OPEN TO THE PUBLIC

CHECK OUT NEW & VINTAGE  
TRUCKS, CARS, & MOTORCYCLES!

TO REGISTER OR LEARN MORE,  
SCAN THE QR CODE OR VISIT  
[5THFORCESUPPORT.COM/EVENT/MINOT-afb-car-bike-show/](https://5thforcesupport.com/event/minot-afb-car-bike-show/)  
DEADLINE TO ENTER IS 6 JUNE

OUTDOOR POOL HOURS

EFFECTIVE 3 JUNE 2025

TUESDAY - FRIDAY  
1200 - 1900

SATURDAY  
1100 - 1700

SUNDAY - MONDAY  
CLOSED

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