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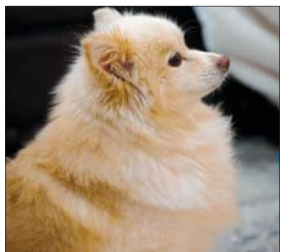
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FIND A PET

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GAMEBALL FLIES

5th Bomb Wing and 91st Missile Wing leadership deliver the game ball at Sentinel Stadium for the Minot North High School football game in Minot, North Dakota, Sept. 20, 2025. The pre-game ceremony highlights the partnership between Team Minot and the local community. See more photos on page B5.

U.S. AIR FORCE PHOTO | SENIOR AIRMAN LUIS GOMEZ

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5CES SNOW RODEO



Col Lamarand, 5 BW Commander operating a JCB 416HT Wheel Loader, equipped with a snow plow attachment during Minot AFB 2025 Snow Rodeo.

5 CES PHOTO | MR. CHAD CASSIDY



Lt Col Khary Davis ready to showcase the capabilities of the 5 CES has to clear the Flightline, roads and launch facilities on Minot AFB during the upcoming winter months.



Col Schlabbach operating a Volvo G930B motor grader used to move snow on Minot AFB during the winter months.

5 CES PHOTO | MR. CHAD CASSIDY

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Minot AFB Gears Up for Winter with Annual “Snow Rodeo”

NATALY ZARRELLA, NORTHERN SENTRY

On September 19, the 5th Civil Engineer Squadron (CES) Pavement and Equipment section, known as the “Dirt Boys,” hosted the annual Snow Rodeo, a spirited and practical competition designed to showcase the skill and readiness of Minot AFB’s snow removal teams ahead of the harsh winter season.

The Snow Rodeo wasn’t just a fun competition. It simulates the real-world challenges Airmen face during the long North Dakota winters, when clearing snow quickly and efficiently is vital to keeping the base operational. Crews were timed as they maneuvered snowplows and other heavy equipment through a realistic obstacle course, replicating the demanding conditions they encounter during winter storms.

“The Snow Rodeo is an educational experience,” explained MSgt Ryan Powell of the 5 CES. “It shows leaders what it’s like inside the cab, what kind of visibility we actually have, and the distractions we deal with on the road. That way, when we talk about safety concerns, like people passing us too closely, they understand where we’re coming from.”

Snow removal is more than just keeping the base clean, it’s critical to maintaining Minot’s mission: providing global strike capabilities 24/7, in any weather.

“The men and women of Minot AFB are responsible for Global Strike, anytime, anywhere, in any weather,” said Col. Jesse W. Lamarand, 5th Bomb Wing Commander. “We rely on 5 CES and our snow removal teams to ensure our aircraft can get off the ground. We can’t do it without them.”

This level of preparation is no small feat. According to Lt. Col. Khary Davis, 5 CES Commander, about 70 Airmen make up the snow and ice removal team during winter, a mix of trained operators and volunteers. “Roughly a third of our snow removal team aren’t heavy equipment operators by trade,” Davis said. “They’re engineers who volunteer because they believe in the mission. That’s a testament to the commitment of our Airmen.”

What sets the Snow Rodeo apart is the participation of base leadership. This hands-on event allowed commanders and senior leaders to step into the boots and into the cab of the operators who keep the base running through the coldest months.

“This gives us a chance to experience, even if just for an afternoon, what these guys do in the worst conditions,” said Col.



SrA Semmler prepping the pad for the Minot AFB 2025 Snow Rodeo.

James L. Schlabach, Commander of the 91st Missile Wing. “It’s fun for us, but these are the folks out there at 3 a.m., in minus-10 temperatures, with five inches already down and five more coming. They’re doing this so first responders can get out, so aircraft can launch, so the mission keeps moving.”

One of the newest additions to the team, SrA Jaden Semmler, arrived at Minot in June 2025 from RAF Lakenheath in the UK. While he has experience with winter equipment, this is his first time operating in the intense conditions of North Dakota.

“I’ve worked on some of the same equipment, mostly in preventive operations like salting and chemical prep,” Semmler said. “But I’m excited to get out there and operate the snow fleet. The biggest challenge will be visibility, remembering where the curbs and lights are under feet of snow.”

Keeping the base functional during winter isn’t just about plowing snow; it’s about enabling the larger mission and protecting the Minot AFB community. As such, safety is a top concern.

“We want residents to give our equipment space,” said Lt. Col. Davis. “You’ll see our teams out at

all hours, please don’t crowd the equipment. And if you see one of our operators, thank them. They’re working through the night so you can get to work and keep the mission moving.”

Command Chief Master Sergeant Wayne Sharp, 5th Bomb Wing, emphasized the team’s importance, “We love our Warbulls. They’re critical to the mission, 24/7, 365. We count on them to keep things moving every day.”

Snow Rodeo scores are still being calculated, including the name of the member who earned top marks in speed, safety, and technical precision. The winner’s name will be released at a later time by 5 CES.

More than just a competition, the Snow Rodeo served as a reminder of the grit, professionalism, and behind-the-scenes work that enables Minot AFB to maintain its global strike mission even under the harshest conditions.

“This event is a fantastic opportunity,” added Col. Schlabach. “It helps us understand just a little bit of what these folks do, and gives us even more respect for their role in keeping this base, and our mission, moving forward.”

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That 2012 Olive Garden Review Still Matters



SHE'S NOT FROM AROUND HERE

AMY ALLENDER

Last week, I got a DM that said, “You may have heard of her, but Marilyn Hagerty just died at age 99. She was an absolute legend—North Dakota food critic and friend of Anthony Bourdain.”

I’ll be honest—I had no idea who she was. But I was intrigued. Until last week, I didn’t know Marilyn’s name or that she wrote a long-running column for the *Grand Forks Herald*. I didn’t know she’d gone viral in 2012 for her review of the newly opened Olive Garden in her city. At the time, I had just moved to Minot for the first time and wasn’t paying much attention to viral local news.

But twelve years later, I sat at my kitchen table reading her words out loud for the first time. And I loved every line.

If you’re unfamiliar, here’s the

gist: she visited Olive Garden and wrote about it with unmatched gusto. She described the Tuscan farmhouse décor, the waiters’ crisp uniforms, the warm breadsticks, the way the salad came with “several black olives.” She treated the chain restaurant with the same attention and respect she might have given to a five-star destination.

The internet went wild. Some people thought her words were charming, some were puzzled, and others found the review laughably lame. It’s undeniable that the column stirred a big reaction. And in the years since, that review has become legendary.

Marilyn’s Olive Garden review is a masterclass in perspective. She took something others, in other places find ordinary—and saw beauty in it. It’s a fitting reminder that we get to choose our perspective. Where others saw a mundane chain restaurant, she was able to paint this fabulous word picture.

Both perspective are accurate, but the virality of a review like this reminds me that seeing the good stands out. It’s a reminder that we get to decide what perspective we pick up. And what perspective we share with others.

Here’s where it hits home for me: learning to take charge of my

own perspective saved my life.

For years, I carried a negative outlook. I viewed myself, my circumstances, and the world around me through a filter of criticism, fear, and despair. Eventually, it caught up to me in the form of anxiety and depressive disorders. The weight of my thoughts nearly crushed me.

Learning to reframe—learning that I could see the same world in a new way—changed everything. It didn’t erase hardship or eliminate pain. But it gave me tools to look for good, to notice beauty, to embrace small joys. And that shift in perspective literally saved my life.

That’s why Marilyn’s Olive Garden review resonates so deeply. She reminds us that even the ordinary can be extraordinary if we choose to see it that way.

It is fitting that I stumbled onto her work in September—National Suicide Prevention Month. Because perspective isn’t just about whether we roll our eyes at a restaurant chain or write about it with delight. It’s also about the way we see ourselves, our future, and our place in the world.

We don’t control every plot point of our lives. Hard things happen. Circumstances shift. But we do have a say in how we tell the story. We can emphasize despair or dignity. We can lean

into criticism or celebration.

That choice isn’t always easy. (I know from experience.) But it is possible.

It’s possible in the little things—like how we talk about road construction or the weather. And it’s possible in the big things—like how we view our worth and hope for the future.

Marilyn’s review went viral because people were hungry for sincerity. It was refreshing—if also confusing—to see something so sincere, honest, and good. I think the same is true today.

Our world is full of negative voices, and unwanted circumstances will always arise. But the superpower within each of us is the ability to reframe—to see the same world in a new light.

So yes, you can see Olive Garden. Or you can see Marilyn Hagerty’s Olive Garden.

Personally, I’d rather have lunch in the latter.

And if you’re struggling to see the good right now, take heart. It’s out there. Sometimes it takes practice, sometimes it takes help—but it’s possible. And we’re looking for it together.

For more on North Dakota living, perspective, and finding the good in everyday life, visit amyallender.com or find me on Facebook and Instagram @HeyMinot.

Montana/Alberta road



UPSIDE DOWN UNDER

MARVIN BAKER

law enforcement that to stop the flow of drugs into the United States from Canada, that gravel road that is the border, is now off limits to any Canadian, even if they live right next to it.

From a legal standpoint, the road was built on the American side a long time ago and several Alberta ranchers have used that road to get access to their property. Now, they will apparently be arrested if they are caught on that 30-mile stretch of gravel road because it’s on the U.S. side.

This situation has numerous implications, not only for Montana and Alberta, but for North Dakota and Manitoba and others as well.

Those of us who live near the Canadian border know full and well that drugs coming across that border are quite rare. Once in a great while some knucklehead will try to smuggle marijuana into the country, but hard drugs into rural Montana?

Here’s the thing. Everyone in Warner No. 5 and Toole County know each other and if someone or something suspicious was going on like an unusual car on that road or strange activity in one of the border communities, local law enforcement would be alerted.

The same can be said about a

road that borders Pembina County and the rural municipalities of Montcalm and Rhineland in Manitoba. In this case, the road is actually on the Canadian side and although it’s been the subject of controversy for years, many Pembina County residents use that 30-mile gravel road.

That controversy stems from Pembina River flooding. Canadians built the farm-to-market road, but American officials say it’s a dike to only protect Manitoba farmland.

In case you don’t know, the towns of Neche, North Dakota and Gretna, Manitoba are less than 2 miles apart and there is a lot of commerce between these two small communities. Based on what is about to happen in Toole County, Montana, Manitoba officials could just as well shut off the border road with Pembina County that would effectively force people from the Neche area to have to make longer trips to either go west and south to Walhalla and back north then east or south and east to Pembina back north and then west to their destinations.

There are other similar situations like this brewing along the U.S./Canada border with most of them being along the Washington/British Columbia border.

And that’s perhaps where Homeland Security should focus there attention. Seattle and Vancouver are both big cities, close together and there have been a lot of drug seizures along that stretch of border. Buffalo and Toronto are close together, Detroit and Windsor are as well. And in most cases, if and when drugs are coming into the U.S. from Canada, it’s going to happen on a waterway, not along some lonely rural road in remote northern Montana.

There are, however, other areas where someone could conceal themselves well. They include the Lake of the Woods area, parts of western New York, the entire Maine/New Brunswick border and nearly all of the Upper Peninsula of Michigan, not this part of Montana where there is no place for cover or concealment.

Local law enforcement knows this yet they are being mandated to make these drastic changes that are completely unnecessary and will most likely affect the commerce between Warner, Alberta and Shelby, Montana and quite possibly between Neche, North Dakota and Gretna, Manitoba.

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Learning About AFA



**A VIEW FROM
OUR SIDE**
ROD WILSON

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MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM

My first Air & Space Forces Association convention can be compared somewhat to getting that new car and trying to figure out all of the bells and whistles to do little things like set the speed control or adjust the heat and heck, even making the windshield wipers work.

First, let's talk about the Air & Space Forces Association that was founded on February by

the infamous Jimmy Doolittle on February 4th of 1946 with the total purpose of promoting and advocating for the United States Air Force, and now Air & Space Force.

My experience with the AFA dates back a couple of years when I was asked by George Masters who was organizing the annual Commander's Choice awards on Minot Air Force Base to take photos of the winners being presented their plaques and later printing those photos in The Northern Sentry. Commanders of each squadron are given the opportunity to nominate a member of their squadron for a Commander's choice award. There isn't a long list of requirements for these nominees, only that they have gone above and beyond to "get the job done." The local AFA chapter David C. Jones #135 sponsors and pays for the plaques. It is quite and evening as you hear from those who attend that the people receiving the awards are well deserving.

Fast forward to this year's National AFA convention that was held at the Gaylord Hotel and Convention Center at the National

Harbor in Oxon Hill, Maryland. I was given a chance to attend and like I said there was so much to learn.

The AFA slogan line is "Educate, Energize and Excel." Besides doing the business of the Air & Space Forces Association, there was an awards ceremony for members and chapters who excelled in membership recruitment and execution of AFA programs which included scholarships, helping promote the Civil Air Patrol which has been an integral part of the AFA banner.

There are so many programs that it is best that I address them one at a time in coming weeks in the Northern Sentry. Stay tuned as we talk more about the AFA.

**WASHINGTON DC IS STILL
A GREAT DESTINATION**

Part of the excitement of attending the AFA convention this year is its' proximity to our National Capital. Time allowed for us to tour the National Harbor and enjoy a US Air Force Band and Singing Sergeants concert celebrating the 78th Birthday of the United States



Audience gathers on the plaza at the National Harbor.

Air Force. The National Plaza overlooked the Potomac River and we were able to watch the sun go down in the western sky. The concert was amazing starting with our National Anthem and ending with John Phillip Sousa's Stars & Stripes Forever. In the concert the band and chorus paid tribute to the many veterans and active service members and families in the crowd.

The next day it was off to the National Mall and the always favorite Smithsonian Air & Space Museum,

and the now completed WW II Memorial. We found the North Dakota monument, one of 56 pillars that make up the outside circle of the WW II Memorial. In every direction there was a monument that defined our national heritage. The Washington Monument, the US Capital dome, the Jefferson and Lincoln Memorials, The Vietnam Wall, The Korean Memorial and of course, the Mirror Pool. You can see them a hundred times, and you still pause to remember the significance of these monuments and what they stand for.

I consider myself lucky to be chosen to be able to attend the AFA Convention in Washington DC. I hope to return again...

LET'S TALK MONSTERCON?

Yep, it's back again this year, Midwest MonsterCon 2025, October 4th in the Minot Municipal Auditorium. I hope you'll mark your calendars to attend this event and support the organizers.

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Minot AFB modernizes fleet with up-armored Ford F-350s for enhanced security

SENIOR AIRMAN ALYSSA BANKSTON, 5TH BOMB WING PUBLIC AFFAIRS

MINOT AIR FORCE BASE, N.D. --

Minot Air Force Base will receive up-armored Ford F-350 patrol trucks over the next two years as part of a phased replacement of its Humvees and BearCats. The transition marks a modernization effort aimed at enhancing safety, efficiency and sustainability for the defenders who rely on these vehicles every day.

For many years, the Humvee has been a valuable asset to the Air Force. Its lightweight, four-wheel-drive design allowed it to operate in diverse terrain and transport Airmen, cargo and weapons systems.

“I like the Humvee because it’s a proven platform that’s served the Air Force well for decades,” said Tech. Sgt. Zachary Horton, 891st Missile Security Forces Squadron Commander’s Support Staff noncommissioned officer in charge. “It’s versatile and we can configure it for various mission requirements. It handles rough terrain better than most standard trucks, and since many of us have trained on them, there’s already a familiarity that makes them effective in the field.”

The BearCat, another long-standing vehicle in the fleet, has proven reliable for emergency response in rough terrain and natural disaster scenarios.

These vehicles have become increasingly difficult and costly to maintain, with heavy wear on components, high fuel consumption and reduced overall safety.

The introduction of the up-armored Ford F-350 patrol truck offers a balance between protection, adaptability and cost-effectiveness. Outfitted with an armored crew box in the rear, independent climate control and intercom systems and off-road handling enhancements, the trucks are designed to meet Team Minot’s security and defense requirements. The F-350 also provides increased passenger capacity, improved survivability in non-combat environments, and readily available parts for faster, cheaper maintenance.

The F-350s offer reliable transportation for patrols, convoy operations and rapid response, while also providing a safer platform for our Airmen.

5th Logistics Readiness Squadron (5LRS) vehicle maintenance Airmen have also played a key role in evaluating and preparing for the fleet transition. Compared to Humvees, which often require extensive repairs and specialized parts, the F-350 is expected to streamline operations.

“From a maintenance perspective, this is a big win,” said Senior Airman Alexis Garnigan, 5LRS vehicle maintenance apprentice. “The turnaround is usually quicker, depending on the job, so it saves time and resources for other missions in need.”

The first shipments just arrived this month, with full delivery expected to be completed by 2027.

For Minot’s defenders and maintainers, the fleet modernization underscores a commitment to keeping Airmen safe, sustaining readiness and investing in the future of the mission.



Up-armored Ford F-350s are delivered to Minot Air Force Base, North Dakota, Sept. 8, 2025. To enhance safety, efficiency and sustainability for defenders, the installation is set to receive these vehicles over the next two years as part of the phased replacement of Bearcats and Humvees.



Airman 1st Class Zavvia Eason, 5th Logistics Readiness Squadron V-flight fleet management and analysis specialist, signs a delivery sheet after receiving a shipment of up-armored Ford F-350s at Minot Air Force Base, North Dakota, Sept. 8, 2025. Over the course of the next two years, the installation will receive these vehicles as part of the gradual replacement of Bearcats and Humvees.

U.S. AIR FORCE PHOTOS BY SENIOR AIRMAN ALYSSA BANKSTON



Jill Parks



Jill found a \$20 Golden Ticket in her copy of the Northern Sentry.

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A LOOK BACK THIS WEEK IN USAF HISTORY

USAF CREW PARTICIPATED IN RESCUE OPERATIONS FOR BURNING LUXURY LINER IN THE PACIFIC

October 4, 1980



A Coast Guard Sikorsky HH-3F Pelican helicopter that aided in rescue operations approaches the Prinsendam in the Gulf of Alaska. (USAF/DoD Photo)

On October 4, 1980, a fire erupted in the engine room of the Holland America Line luxury cruise liner Prinsendam as it was voyaging through the Pacific Ocean off the coast of Alaska. The United States Coast Guard performed a search, rescue, and evacuation operation for over 500 passengers and crew over the course of 24 hours. Participating in the evacuation was Air Force Capt. John J. Walters and his crew, who rescued 61 people by airlifting them to a supertanker with the help of their HH-3 Jolly Green Giant helicopter. The rescue of the Prinsendam was particularly significant because of the distance traveled by the rescuers, over 130 miles off the coast, and the fact that all 519 passengers and crew were rescued under challenging environmental conditions without loss of life or serious injury.

Information courtesy of: media.defense.gov / thisdayinaviation.com (Capt. Sean Cross, USCG Ret.)

CELEBRATE LIFE
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Festival on Main Brings Community Together in Downtown Minot

BRYLEIGH MCBRIDE, STUDENT JOURNALIST

Downtown Minot was buzzing with activity on Saturday, September 13th, as families, friends, and visitors flocked to the annual Festival on Main. From 10 a.m. to 5 p.m., Main Street was transformed into a lively hub of fun, food, and entertainment, drawing hundreds of attendees to celebrate one of the city’s most anticipated community traditions.

The festival, sponsored by the Downtown Business & Professional Association of Minot, offered something for everyone. Children laughed and played in the bounce houses and inflatables, while carnival games kept the younger crowd busy winning prizes. The ever-popular bingo tables filled with participants throughout the day, creating an atmosphere of friendly competition and excitement.

Food was another highlight of the event. A wide range of food vendors lined Main Street, serving up everything from sweet treats to savory meals. The delicious aromas drifting through downtown made it impossible to resist sampling some of the offerings, whether it was a quick snack on the go or a hearty lunch shared with friends.

One of the festival’s biggest draws was the classic car show, where gleaming vintage vehicles lined the streets. Car enthusiasts and casual spectators alike admired the craftsmanship and history behind the polished rides. Alongside the cars, local businesses took part in sidewalk sales, giving festivalgoers the chance to shop unique finds, discover new stores, and support Minot’s downtown merchants.

Music filled the air as performers took the stage, one including an exhibition of Native American culture, providing a vibrant soundtrack to the day’s festivities. The upbeat atmosphere was complemented by special appearances from fire trucks and first responder demonstrations, which allowed kids to explore



Local volunteers from Minot North help out with the Kids Zone.



One of the many cars lined up to view downtown.

emergency vehicles up close and learn about the community heroes who keep Minot safe.

By the time the festival wrapped up in the evening, Main Street had been filled with smiles, laughter, and memories. From shopping and live music to carnival games and street food, the Festival on Main delivered a full day of excitement for all ages. The annual tradition once again showcased the heart of downtown Minot and its thriving community spirit.



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AFA Mission
Our mission is to promote dominant U.S. Air and Space Forces as the foundation of a strong National Defense; to honor and support our Airmen, Guardians, and their Families; and to remember and respect our enduring Heritage.

MONTHLY MEETING
Tuesday, September 30
1200, Rockers Bar & Grill, Minot AFB
Looking for all AFA members, and potential AFA members.

For more information contact:
Jim Bowman- nd135.president@afa.org

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One Word To Describe AFA Conference...Amazing

ROD WILSON, NORTHERN SENTRY

My goal in coming to the Air & Space Forces Association (AFA) convention and conference was to learn and experience what is happening with our Air Force, and our Air Force Base. After less than 24 hours at the AFA conference, held on the historic banks of the Potomac River in Oxon Hill, Maryland, I feel like I indeed had stepped up to attempt to “take a drink of water from a fire hose.”

Our first keynote speaker was new Secretary of the Air Force, Troy E. Meink. In his first major speech as Secretary of the Air Force, Meink said he was surprised by the extent to which the Air Force’s readiness is suffering after years of under-investment in sustainment accounts—and the speed at which China has been innovating for years now and according to Meink “we just can’t have that. We need to do better so we can be better.”

It was a great start to what I anticipate will be 3 days of learning and networking. As I took my seat for the keynote speech I caught a glimpse of Col Jesse Lamarand and his wife Nathalie just a few rows ahead of me. The contingent from Minot Air Force Base also included the Lamarand’s and CMSgt Sharp, along with Col Jimmy Schlabach and his wife Monica, CMSgt Becky Thomas and 91st Ops Commander Col Michael Suden. Having both Col Schlabach and Col Lamarand as resources during the conferences was something that I didn’t expect, but it is certainly appreciated.

Then Gen David Allvin, would introduce the standing room only audience to what has become a very common theme in the sessions

I have attended, “the changing character of war.” Gen Allvin pointed as an example to the over 267 days of Bomber Task Force activities in the past year. These activities are aimed at not only establishing a collaboration with other allied forces, but to continue the necessary deterrence of our adversaries. “There is a need to not only exceed in technology, but also in the mindset” continued General Allvin. And is the Nuclear Triad still relevant? “It is the bedrock of our national defense, not only today but in the future” according to Allvin “nothing can replace it.”

MODERNIZING THE TRIAD: THE IMPERATIVE FOR THE B-21 AND SENTINEL

Panel Member Lt. Gen Michael J. Lutton, Maj. Gen Brandon D. Parker, Brig. Gen William “Buck Rogers, and Ben Davis (Northrop Grumman)

This panel would talk extensively about the importance of bringing the Sentinel and the B 21 into relevance as a deterrent to our adversaries as well as keep the United State ahead of the now global Chinese, and to a lesser extent the North Korean, threat.

Gen Lutton mentioned a photo he had seen in his travels, of Guam and there were over 300 B-52’s lined up on the ground in the photo. “Now that number is more than our total U.S. bomber fleet.” Gen Lutton pointed to the task at hand is to provide what we need for national security “and to have more and faster.”

From the Northrop Grumman perspective, there is a mandate to produce the B 21 Raider at a faster

rate. With over 30 Million square feet and over 20,000 workers, Northrup Grumman is poised to meet the challenge according to Corporate Vice President Ben Davies.

Col Lamarand echoed the theme of the morning that the United States has not kept up with the changing character of war when it comes to providing the resources that the U.S. Air Force has need to maintain aging weapons systems over the past several years. “They have finally recognized that we haven’t provided the resources and the manpower as a nation to keep up” said Col Lamarand “they need to remain committed to that (providing the resources) goal.

As the Northern Sentry goes to press on Wednesday, we will be on the last day of the AFA conference, with many of us staying in DC for the Nuclear Symposium sponsored by Task Force 21 on Friday. Intermixed with the AFA conference will be visits to Congressional staff



Lt. General Michael Lutton serves on a panel to discuss the modernization of weapon systems like the Sentinel and B52H.



Brigadier General (ret) Richard Anderson sworn in as Assistant Secretary of the Air Force at the AFA Convention.

(both the Senate and the House are in recess for the week), along with gatherings with friends and former Air Force members who were once stationed at Minot Air Force

Base. Gen. Michael Lutton is one of those, so it was good to see him participating in a key panel talking about modernization of the Nuclear Triad.

All About Pets

Caring for a Betta Fish



Betta fish are one of the most popular types of fish for pet owners all over. While fish don’t often require the same type of care as a dog or cat, they still need proper care to make sure they can live a satisfied life. Here are some tips to set you and your betta fish up for success!

- Make sure you have a proper size tank—it is possible for betta fish to live in tanks of at least three gallons of water, but if you want your fish to live longer and be happier, opt for a tank that holds at least five gallons of water or more per betta. They need plenty of space to move around, and a larger tank will also take longer to build up to toxic levels of ammonia and other waste than a small tank will.
- Choose a gentle water filter—filters are important to aerate water and keep things clean. Bettas do best with a gentle, low flow power filter so that they don’t get knocked around by strong currents.
- Decorate the tank—decorations are a great source of enrichment for your betta fish, plus they are super fun for the family to set up together. Some people opt for gravel or sand as a base for their tanks, and many use fake rocks, decorations, and plants to fill space. However, consider using real plants for your betta! Not only will real plants help maintain the quality of your tank’s ecosystem, but it will make your tank look great and keep your betta fish extra happy. Java ferns, java moss, cryptocoryne petchii, anubias nana, moss

balls, and amazon sword plants are just a few of the live greens you could use in your tank. Bettas also love to hide, so small caves, logs, or other nooks and crannies are recommended for them.

- Avoid direct sunlight for your fish tank, and try to place it in an area that has a well regulated temperature.
- Pick your betta’s tank mates wisely—betta fish are notoriously aggressive and territorial to certain types of fish. It is possible to have more than one female betta in the same tank, but you should keep an eye out for aggression between them. Do not put more than one male betta fish in the same tank!! Some fish that bettas can coexist with include mystery snails, ghost shrimp, feeder guppies, cory catfish, harlequin rasbora, and african dwarf frogs.
- Maintain the environment—this includes using a water heater, freshwater testing kit, water conditioner, thermometer, etc. Bettas are considered tropical fish and need to live in water temperaures between 75 and 80 degrees with a relatively neutral pH level to reduce stress. Water conditioner can help you make sure that the water you use in your betta’s tank is safe for them to live in. Like any other pets, betta fish need proper care to live a long, fulfilled life. There are many myths surrounding betta fish care, so make sure you do your research and truly take the time to do what’s best for your fish.



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MINOT AFB PHARMACY

How YOU can communicate with US!

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Here are three ways to ACTIVATE a prescription at Minot AFB Pharmacy:

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<https://patientportal.mhsgenesis.health.mil>
 - Using the link or QR code
 - Click on 'Message' tab
- Q-Anywhere**
 - Text "Get in line" to 1-833-274-5419
- In Person**
 - Come pull a ticket at the pharmacy and wait for your number to be called

Do you need to REFILL an existing prescription?

Here are two ways to REFILL a prescription at Minot AFB Pharmacy:

- MHS GENESIS Patient Portal**
<https://patientportal.mhsgenesis.health.mil>
 - Use the link or QR code
 - Click on 'Rx Refills' tab
- Automatic REFILL Hotline**
 - Call 1-701-937-4688
 - Follow the prompts

*If you are out of refills, a new prescription will need to be activated. Please contact your provider to get started.

Do you need to COMMUNICATE with your pharmacy team?

Here are three ways you can COMMUNICATE with pharmacy staff:

- MHS GENESIS Patient Portal**
<https://patientportal.mhsgenesis.health.mil>
 - Using the link or QR code
 - Click on 'Message' tab
- Q-Anywhere**
 - Text "Get in line" to 1-833-274-5419
- In Person**
 - Come pull a ticket at the pharmacy and wait for your number to be called



MHS Genesis Patient Portal



Q-Anywhere

Duty Hours
Monday - Friday:
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Saturday: CLOSED
Sunday: CLOSED



For the latest information on MDG closures and news, please visit our Facebook page at:
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Volunteer Emergency Pilots Train for All-Weather Missions

CIVIL AIR PATROL, U.S. AIR FORCE AUXILIARY

When severe weather strikes or a hiker goes missing, trained volunteer pilots are ready to launch—thanks to rigorous all-weather training like Saturday’s event in Moorhead. Fourteen Civil Air Patrol pilots, from across North Dakota gathered Saturday for annual advanced training. Lt. Col. Chad Smith was happy to host the event at his squadron’s hangar at Moorhead Municipal Airport. “This is one of the few times we all get to gather in one place, get to know each other, and just talk aviation for the day,” said Smith. Squadrons from Grand Forks, Jamestown, and as far away as Minot assembled a total of four CAP aircraft to support the day of training. Additionally, CAP-USAF Liaison Jeremy Aamold visited from St. Paul maintaining the relationship with CAP as the Auxiliary to the United States Air Force.

The day’s weather was far from typical for search-and-rescue or aerial photography—CAP’s most common North Dakota missions. Instead, low clouds and reduced visibility prompted Smith to focus training events on topics and flight plans applicable to instrument flight rules. “It ended up being the perfect weather for that,” said one of the pilots Maj. Jeffrey Slocum. “Cloud cover was low enough to provide real-life training but high enough off the ground to allow a safe margin of safety.” Most of Civil Air Patrol’s emergency response flights occur with good visibility required for photography and visual search, however, crews may need to travel through clouds between their designated mission area and their servicing airport.

The full day of training fostered many conversations amongst volunteers in between scheduled flights. Experienced members shared stories of search and rescue practice exercises and real-world flooding response missions. Capt. Fred Remer, a Civil Air Patrol pilot and retired professor from University of North Dakota, presented an overview of modern forecasting tools available to all pilots. According to Remer, “These models don’t count as the ‘legal’ forecast, like the terminal aerodrome forecast, but they are updated much more frequently allowing crews to make real-time decisions during mission flying operations.”

People interested in volunteering to serve with Civil Air Patrol in the air or on the ground can visit gocivilairstatrol.com/join to find out more and connect with the nearest squadron. The newest CAP pilot

present, David LaBeur, shared that he joined CAP to, “...have a purpose to get back into general aviation ... and fly emergency response.” Civil

Air Patrol’s volunteers provide states with a cost-effective, life-saving extension of emergency response.



Civil Air Patrol and CAP-USAF crew prepares for low-visibility flight practice between Moorhead Minnesota and Wahpeton North Dakota this past Saturday.



Morning flying in Moorhead on Saturday provided optimum weather for practice flying in clouds as the first flight of the day took off from Moorhead Municipal Airport.



Capt. Jay Bauer pre-flights an advanced Civil Air Patrol aircraft before teaching all-weather flying Saturday at the Fargo Senior Squadron hangar at Moorhead Municipal Airport Saturday.

CIVIL AIR PATROL PHOTOS | MAJ. JEFFREY SLOCUM

NATIONAL FIRE PREVENTION WEEK OCTOBER 5-11 TIP OF THE WEEK



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Tuesday \$4 ND breweries (all day)
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Thursday \$1 up for all Tall Taps (all day)
Sunday BRUNCH (11am-2pm)
\$7 TSR Bloody Mary & Caesars
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\$6 Breakfast Shots

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Roosevelt Park Zoo Earns Prestigious AZA Accreditation

MINOT PARK DISTRICT

The Minot Park District and Roosevelt Park Zoo is proud to announce it has once again earned accreditation from the Association of Zoos & Aquariums (AZA), placing it among 254 zoos and aquariums in the world to meet the organization’s rigorous standards, accreditation represents the highest level of excellence in the zoological profession, and reaffirms Roosevelt Park Zoo’s unwavering commitment to animal welfare, conservation, education, and guest experience.

AZA accreditation is considered the gold standard in the zoological industry. The thorough review process evaluates every aspect of zoo operations, from animal care and welfare to veterinary programs, staff training, safety, conservation efforts, guest services, and more. Achieving this standard once again is a significant accomplishment that showcases the passion and professionalism of the Roosevelt Park Zoo team.

“This achievement is a reflection of the dedication, integrity, and innovation of the entire Minot Park District staff,” says Dr. Logan Wood, Director of Roosevelt Park Zoo. “We strive every day to embody our core values. Being leaders in our field, driving positive change in conservation and animal care,

and always working to exceed the expectations of our guests.”

While this accreditation is a major milestone, the Zoo acknowledges that such success is never achieved alone.

“This accreditation is an achievement that was made possible by our dedicated team at the Minot Park District and our unwavering partners,” says Elly DesLauriers, Executive Director of the Minot Park District. “We are grateful for their passion and commitment to the mission of the Roosevelt Park Zoo and the Minot Park District.”



The Roosevelt Park Zoo extends its sincere gratitude to the Minot Park District and the essential team members who work tirelessly behind the scenes, the Greater

Minot Zoological Society for their generosity and critical funding, and, most importantly, the Minot community that continues to support our mission tirelessly.

“This accreditation belongs to Minot,” Dr. Wood added. “Together, we can continue our vision to make Roosevelt Park Zoo the best small-town zoo in America.”

For more information, please contact the Roosevelt Park Zoo at (701)857-4166.



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Come learn about Freemasonry and its community of appendant organizations by attending a meet-and-greet session with our members before one of our regularly scheduled business meetings!

Monthly Business Meeting Schedule • Meet-and-Greets
Blue Lodge - 1st and 3rd Mondays at 6:00PM
Shriners - 2nd Wednesday at 6:00PM
Scottish Rite - 1st Wednesday at 6:00PM
Eastern Star - 1st and 3rd Tuesdays at 7:00PM
Prince Hall - 2nd Saturday at 9:00AM



Upcoming Events

01 OCT

BLUE RIDER TRIVIA
7:00 PM - 10:00 PM
Blue Rider
118 1st Avenue SE, Minot

Bring your quarters to buy your chances at free drink questions, and as always, earn style points and Blue Rider respect for creative team names. Why? Because it's Wednesday. And that means Minot's toughest trivia game is on!! Starts at seven. And feel free to bring your appetite; we've got Jimmy's Pizza, grilled cheese, pop-tarts and peanuts!



BLUE RIDER TRIVIA

It's the toughest game in town | Every Wednesday

For more information:
Facebook/ Blue Rider/ Events

01 OCT

COMMUNITY YOGA AT CITIZENS ALLEY
6:30 PM - 7:30 PM
Citizens Alley, 3 1st St SE Suite 2
Minot

Wednesdays at 6:30 PM - Join us for a refreshing outdoor yoga experience in the heart of downtown Minot! This all-levels, community-based class will take place weekly at Citizens Alley—bringing movement, breath, and connection to the open air. Each week, a different Ascend instructor will guide you through a unique flow designed to help you unwind, reset, and connect with your body and breath. Whether you're new to yoga or a seasoned practitioner, this class is for everyone. What to bring: • Yoga mat • Water • A friend (or two!) • Comfortable clothes for moving and stretching. To register : download the ASCEND WELLNESS FIT STUDIO app and find this unique offering under "classes". Let's move together under the sky and soak in the summer vibes.



For more information:
Facebook/ Ascend Wellness FIT Studio/ Events

08 OCT

MEET THE MINOTAUROS AT THE MAGIC CITY DISCOVERY CENTER
12:00PM
Magic City Discovery Center,
1545 1st Street NW, Minot

Join us on Wednesday, October 8th from 2-4 PM for an exciting afternoon with the Minotauros hockey team! Players — and their mascot, Tank — will be here to sign autographs, take pictures, and meet fans of all ages. Bring your family, wear your favorite Tauros gear, and get ready for a fun-filled event that combines hockey spirit with discovery and play. Don't miss your chance to meet the team up close and make some unforgettable memories! Free with paid admission!



MINOTAUROS MEET & GREET

OCT. 8TH, 2 TO 4 PM

For more information:
Facebook/ Magic City Discovery Center/ Events

10-11 OCT

PUMPKIN WALK
6:00 PM - 9:00 PM
Woodland Trail, 3020 14th Ave SW
Minot

Friday, October 10th – Saturday, October 11th, 2025 | Woodland Trail | 6:00 – 9:00 pm
Visit Woodland Trail for Minot Parks sixth annual Pumpkin Walk! Stroll the path filled with lit jack-o-lanterns. This event is free to attend.



PUMPKIN WALK

at woodland trail

OCTOBER 10TH + 11TH | 6:00 PM - 9:00 PM

For more information:
Facebook/ Minot Parks/ Events

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Car care checklist for summer road trips • Part 1

It's time for a drive vacation. You mapped a route, booked hotels, and made a checklist of things to do before you go. AAA reminds you to also make car maintenance part of your summer road trip preparation. Use this car care checklist to ensure your vehicle is ready for summer travel.

Check tires and tire pressure

Inspect all four tires and, if you have one, the spare tire as well. Look for cuts, gouges or sidewall bulges. Insert a quarter upside down into grooves to check tire tread. If you see the top of George Washington's head, it is time for new tires. Check tire pressure when the car has been idle and tires are cool. Inflate as needed to the vehicle manufacturer's recommended pressure. You will find it listed in the owner's manual and on the sticker of the driver side door jamb. Do not use the number on the tire sidewall.

Listen to and feel the brakes

If you hear a grinding sound or feel a vibration when applying the brakes, take your vehicle to an auto repair shop for a brake inspection. A service professional will check the brake system for fluid leaks, and the pads, rotors, shoes and drums. If repair or replacement is needed, use the Repair Cost Estimator to help anticipate costs.

Secure and test the battery

Check the car battery to be sure cable connections are clean and tight, and the hold down hardware is secure. Have a service professional do a battery check to determine remaining capacity. AAA members may request a free battery check.

Top off engine oil and other fluids

Check that engine oil, coolant and brake, transmission and power steering fluids are at the correct levels for safe vehicle operation. When adding fluids, use products that meet the specifications listed in the owner's manual. Note that newer car models may have sealed automatic transmissions without a dipstick, and electric power steering that may not use fluid.

Replace wiper blades and replenish windshield cleaner

Rubber wiper blades naturally deteriorate over time. If wipers streak or fail to clear the windshield thoroughly, replace the blades. Fill the windshield washer reservoir with fluid formulated to remove insects and other debris, and test to make sure the nozzles spray adequately.



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ANIMAL SPOTLIGHT

BACTRIAN CAMEL

CREATURE FEATURES

- The species' thick, brown coat changes with the seasons. During winter, it thickens to provide added insulation against the cold while large chunks of fur are shed in the summer to keep the animal cool.
- Their hairs can be more than 9 inches in length.
- They have large flat footpads which help them navigate rocky terrain and shifting desert sands without sinking.
- They can go for long periods without water. An adult camel can drink up to 30 gallons in only 13 minutes.
- A Bactrian Camel can run at speeds of 10 – 20 mph.
- Nomads in Asia depend on Bactrian Camels for wool, meat, milk and for transporting people and goods.

Fact File	
Life Span	20 – 40 years
Weight	1,000 – 2,000 pounds
Height	6 – 7 feet
Head and Body Length	9 ½ feet
Wild Diet	Omnivore Carnivore (Herbivore) Grasses, Shrubs, Leaves

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EVENTS AT THE ZOO

Sept 27
Black-Footed Ferret (BFF) Day

Oct 16
Canvas, Corks, Conservation

Oct 18
Boo at the Zoo

HOURS:
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Timeless Treasures in the Heart of Downtown



HOPE ANDERSON

Downtown Minot is filled with unique and interesting shopping experiences. You never know what you will find around every corner and in every nook. One of these hidden gems is tucked into the lower level of the Ascend Wellness building at 108 South Main Street. The Downtown Antique Mall is an eclectic mix of antique and vintage finds from days gone by, sparking childhood memories for many who walk through its doors.

Gene Brinkman, the curator of curiosities, is a wealth of knowledge and stories. He has been sourcing antiques for generations and credits his father for sparking his love of all things old and storied. When the shop opened in 1996, Gene had originally partnered with a small group of antique enthusiasts to start the mall. But when circumstances changed, he became the sole purveyor and has been running strong in the same location ever since.

When asked about current trends, Gene explained that it really depends on the individual shopper. For a time, Pyrex bowls and uranium glass were hot ticket items, but like all trends, their popularity has cooled. These days, customers are more often looking for unique conversation pieces, items that speak to them personally and that they simply have to have.

Among his favorite treasures to source are old metal signs and antique toys, though the variety in the shop stretches much further. From glassware to jewelry, artwork to collectibles, the Downtown Antique Mall truly offers something for everyone. Exploring the space feels like embarking on a treasure hunt, with every nook and cranny hiding something that could catch your eye or your heart.

If you enjoy a wealth of knowledge mixed with humor and a healthy dose of sarcasm,

Gene is the person to visit. I am fortunate to have him as a business neighbor and he always keeps the workday lively. This sense of camaraderie and community is one of the reasons Gene chose downtown back in 1996. To this day, the area is filled with small businesses that support one another and encourage customers to shop local.

Stepping into the Downtown Antique Mall is like opening a doorway to the past, where every piece holds a story and every corner invites discovery. Whether you are a seasoned collector, a curious treasure hunter, or simply looking for a cozy place to wander, the mall offers more than antiques. It offers connection, nostalgia, and the joy of finding something unexpected. Next time you are downtown, stop in and see what memories are waiting to be uncovered. You just might leave with a piece of history in your hands.



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Save Jane Event October 3

NORTHERN PLAINS CHILDREN’S ADVOCACY CENTER

Six hundred and forty-five children; 645 stories; 645 voices. Every victim of abuse deserves a voice. Especially children. Join the Northern Plains Children’s Advocacy Center on October 3 as awareness is brought to those children in the northwestern region of North Dakota who were served by the Northern Plains Children’s Advocacy Center in 2024. The event starts at 6 p.m. in the Oak Park Amphitheater.

Staff, board members and the public will read the names of the 645 child victims who were served at the advocacy center last year. By doing this, we will give each one a voice by saying their names and crimes committed against them. To protect their identities, but never their story, we say “Jane Doe” and “John Doe” in place of their names. We will not stop until each child’s name is spoken.

Your presence sends a message of hope, healing and solidarity to children who need it most.

Sadly, those victims are only a small fraction of the number of children who suffer from abuse. We are a community coming together to give a voice for those who can’t speak for themselves. If you’d like to join the fight and read names, please contact the NPCAC at 852-0836.

The NPCAC provides a compassionate and effective way to serve children victimized by sexual abuse and other crimes while restoring hope and helping them focus on what really matters—being a kid. Families that come to NPCAC are never charged for services; funding for NPCAC comes from grants and community donations.

“We are here to give these children a voice. Stand with us and hear their names. Remember their courage,” said Christal Halseth, NPCAC Executive Director. “Every year, we serve more children than the last. If we don’t fight for them, then who will?”

Sertoma Sips, formerly Beerfest, Tickets on Sale Now

SERTOMA SIPS

Tickets for Sertoma Sips, formerly Seltzer and Beerfest + Wine, an annual event sponsored by the Minot Sertoma Club, are now on sale online.

The event will be held Saturday, October 4, at the Flickertail Gardens on the North Dakota State Fairgrounds, and will run from 4-8 p.m. This event includes a taste testing of seltzers, wine and some of the best beers in town; new this year is NA beer and wine. Tickets are \$50 each and can be purchased from Sertoma members or online at: <https://www.eventbrite.com/e/sertoma-sips-tickets-1611327797819?aff=ebdssbd&estsearch>

Active duty military personnel receive a 50% discount with a military ID; those tickets can be purchased at the door.

Admission gets you 20 sampling tickets to use on your own selection of over 20 different beers, seltzers and wine varieties. These selections are new each year so you’re sure to

find one you haven’t tried.

A full taco buffet from Qdoba is included. A silent auction is added with some great items, including an Josh Duhamel autographed Win a Date with Tad Hamilton! script, pizza basket, The Meat Co. gift basket, golf packages and coffee tasting. There’s also an outdoor game area include free axe throwing from Up Your Axe, cornhole and beer pong. Live music will be provided by Drew Hanson. A cash bar also is available.

Proceeds will be used to benefit the many projects funded by the Minot Sertoma Club, including STEAM T-ball league, Hands and Voices Hearing Aid Loaner Bank and Minot State University hearing and speech initiatives. Since 1959, the Minot Sertoma Club has donated more than \$1 million to the Minot community and area.

For more information about Sertoma Sips, or sponsorship opportunities, call Keli Rosselli-Sullivan, 701-818-8516.



by Patricia Stockdill

FISHING:

Lake Sakakawea elevation, Sept. 22: 1,831.93 feet above mean sea level (MSL); 13,800 cubic feet per second (CFS) Garrison Dam average daily releases.

Devils Lake elevation: 1,448.75 feet above mean sea level (MSL). Stump Lake elevation: 1,448.6 MSL.

• N.D. Game & Fish Dept. game wardens: A few anglers on Lake Metigoshe but no new reports from Devils Lake.

• Devils Lake, Woodland Resort, Devils Lake: Fewer anglers on the water with those going out still finding small walleye. Try transitioning to vertical jigging and work around the towers.

• Lake Darling, Karma C-Store, Ruthville: No new reports with Lake Darling closing to boat access Sept. 30.

• Lake Metigoshe, Four Seasons, Bottineau: Limited angler numbers but those going are finding some nice-sized walleye in the evening.

• Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Not many anglers but look for slow to fair walleye success on the east end of Lake Sakakawea. Move around and work a variety of depths.

• Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: Work deep on the east end of Lake Sakakawea with jigging Raps for walleye.

• Lake Sakakawea, Indian Hills Resort, Garrison: Slow to fair walleye success working 20 to 50 feet with deep-diving crankbaits or jigging Raps but be prepared to keep any fish from those depths. Water temperatures remain in the upper 60s.

• Lake Sakakawea, New Town: Not much activity in the Van

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They’re located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

- Lake Darling and Beaver Lodge Canoe Trail closed to boat activity on Upper Souris Nat’l. Wildlife Refuge beginning Sept. 30.
- Sept. 27: N.D. resident waterfowl season opens.
- Sept. 27: Loggerfest, Minot’s Oak Park, noon.
- Sept. 28: Youth deer season closes.
- Oct. 3: Pronghorn gun season opens (lottery license only).
- Oct. 4: Nonresident waterfowl season opens.
- Oct. 4: MonDak Pheasants Forever dinner and Upland Conservation Expo, Raymond Family Community Center, Williston. Expo opens at noon; dinner at 5 p.m.
- Oct. 4 & 5: Youth pheasant season.
- Oct. 5: Bonus teal season ends.
- Oct. 8: Pierce Co. Ducks Unlimited banquet, Rugby Eagles Club, 5:30 p.m.
- Oct. 10 & 11: Pumpkin Walk, Minot’s Woodland Trail, 6 p.m. each evening.
- Oct. 11: Pheasant season opens.
- Oct. 11: Fall turkey (lottery license only) opens.

TOURNAMENTS:

- Sept. 26 & 27: Lake Sakakawea, Lewis & Clark State Park.
- Sept. 27 & 28: Lake Audubon, Totten Trail.

Hook Arm with anglers working deep using jigging Raps. Keep anything from deep water, however.

• Lake Sakakawea/Missouri River, Scott’s Bait & Tackle, Pick City: Missouri River tailrace producing some small walleye from boats during the day in the spillway channel. Try off the rocks at night from shore for nice walleye. Tailrace producing some nice-sized salmon in the tailrace with better success in the morning. Tough walleye bite on the east end of Lake Sakakawea with most coming from deep water of 30 feet. Work points, 7 Sisters, or Steinke Bay using spinners and heavy bottom bouncers. Work the south shore either side of the dam in 30 feet or less for salmon. Anglers marking them but the bite is slow.

• Lake Sakakawea/northwest N.D. lakes, Scenic Sports, Williston: Try 12 feet with crankbaits for walleye with best success still from Lund’s Landing to White Earth Bay on the upper end of Lake Sakakawea. Also try nightcrawlers and spinner baits. Look for a mix of pike, catfish,

and walleye from shore using minnows. Trenton Lake continues producing crappie and catfish. Yellowstone and Missouri rivers producing catfish with occasional walleye around the confluence.

• North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little activity throughout area lakes with the Souris River quiet.

HUNTING:

- Cranes: Cranes starting to move into the northern tier of N.D. but none as far south as along the midsection of Lake Sakakawea early in the week.
- Upland: Hunters finding limited grouse but fair partridge numbers.
- Waterfowl: Look for fair duck numbers in the northwest with only local ducks and geese throughout the state and no migration yet.

NUMBERS TO KNOW:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.



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CROSSWORD SOLUTION

Solution to last weeks
Crossword puzzle.

D	I	S	C		S	M	O	C	K	S		P	O	W
R	O	A	R		P	A	R	I	A	H		I	D	O
I	T	S	O	N	E	O	F	T	H	E		R	O	N
P	A	S	S	E	D		F	E	N		D	A	R	K
				S	W	U	M				O	U	T	
	F	E	W	S	P	O	R	T	S	W	H	E	R	E
A	L	L	A	Y		N	O	I	S	E		S	A	X
B	U	O	Y		A	D	U	L	T		C	H	I	P
E	S	P		A	D	A	G	E		R	H	I	N	O
T	H	E	P	L	A	Y	E	R	K	E	E	P	S	
		M	E	L				S	E	E	M			
F	L	E	A		F	A	T		E	D	I	S	O	N
I	A	N		H	I	S	O	W	N	S	C	O	R	E
J	U	T		A	N	I	M	A	L		A	L	E	X
I	D	S		M	I	S	E	R	Y		L	O	O	T

SUDOKU

Solution to puzzle on page B9

			1		2	3		4	5
			4						6
7	4		5		1			8	
			7	1					2
		4					9		
3					8	9			
	1		6		8			9	7
2					5				
8	9		1	7		4			

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CROSSWORD PUZZLE

Across

- 1. Simple form of payment
- 5. Come to light
- 10. Certain protest
- 14. As soon as
- 15. Philanthropist
- 16. Mayberry resident
- 17. Silenced
- 20. It takes a licking and keeps on ticking
- 21. Period of many years
- 22. Canted
- 23. Paper contents
- 25. Baseball's Steve
- 26. Sophisticated
- 29. Fusillade
- 31. Surfacing gunk
- 32. Silenced
- 37. Turkish dignitaries
- 40. "Is that so!"
- 41. Hold another hearing
- 42. Silenced
- 45. Fabulize
- 46. Buttinsky
- 47. They don't compare with oranges
- 50. Kostof and Agnew
- 53. Prepare the paint
- 54. Yuletide song
- 55. Conciliatory offering
- 57. Tropical lizard
- 61. Silenced
- 64. Take the bait
- 65. Lollygags
- 66. Natural emollient
- 67. Served up a winner
- 68. Elbow counterparts
- 69. Deflects from a course

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18						19				
20					21				22					
			23		24			25						
26	27	28				29	30							
31				32	33						34	35	36	
37			38	39		40			41					
42				43				44			45			
			46					47	48	49				
50	51	52					53							
54					55	56			57		58	59	60	
61				62				63						
64					65					66				
67					68						69			

Down

- 1. It can be checked
 - 2. Not in favor of
 - 3. Cozenage
 - 4. Capital of Montana
 - 5. Radio plugs
 - 6. Valentine favorite
 - 7. Insider dirt
 - 8. Before long
 - 9. Slip or trip, e.g.
 - 10. Print below the text
 - 11. Month of showers
 - 12. Walk like a crab
 - 13. Easily irritated
 - 18. The yoke's on them
 - 19. Written exemption
- 24. Allowing alcohol
 - 25. Kind of shot
 - 26. Colorado natives
 - 27. Incline
 - 28. Camembert relative
 - 29. Dirty look
 - 30. Grows wiser, e.g.
 - 33. Eye cheesecake, e.g.
 - 34. "___ have to do"
 - 35. Canal of song
 - 36. Isn't a natural blonde
 - 38. Looked into again, as a criminal case
 - 39. Move down a Web site page
- 48. Some intelligent animals
 - 49. Square-up ahead of time
 - 50. Diving gear
 - 51. Hysterical mood
 - 52. At pique's peak?
 - 53. Shopping frenzy
 - 55. Oliver's Laurel
 - 56. Sludge
 - 58. Popular soft drink
 - 59. Have no doubts
 - 60. Keats feats
 - 62. It's game
 - 63. Man of Steel monogram



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GAMEBALL FLIES: MINOT AFB BRINGS AIRPOWER TO MINOT HIGHSCHOOL KICKOFF

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN LUIS GOMEZ



Members of the Minot Air Force Base Honor Guard present the colors before the start of a Minot North High School football game at Sentinel Stadium, Minot, North Dakota, Sept. 20, 2025. As part of the pre-game ceremonies, the 5th Bomb Wing and 91st Missile Wing leadership participated in a UH-1 Iroquois bosslift and delivered the game ball to officials.



Col. Jesse Lamarand, 5th Bomb Wing commander, shakes hands with a Minot North High School football player prior to the homecoming game at Minot, North Dakota, Sept. 20, 2025. Leaders from the 5th BW and 91st Missile Wing participated in pre-game ceremonies to deliver the game ball.



A UH-1 Iroquois assigned to the 54th Helicopter Squadron approaches Sentinel Stadium carrying 5th Bomb Wing and 91st Missile Wing leadership for the Minot North High School football game in Minot, North Dakota, Sept. 20, 2025. Team Minot leadership delivered the game ball as part of the pre-game ceremonies highlighting the partnership between Team Minot and the local community.



A UH-1 Iroquois assigned to the 54th Helicopter Squadron flies over Sentinel Stadium for the Minot North High School football game in Minot, North Dakota, Sept. 20, 2025. Team Minot leadership delivered the game ball as part of the pre-game ceremonies highlighting the partnership between Team Minot and the local community.

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NOTES ON BEING SAFE

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In our daily lives, firearms of all types are featured in T.V. shows, movies, video games, and in a large majority of our homes. Since firearms have become such a large part of today's society, "Firearm Safety" cannot be overlooked. The purpose of Firearm Safety is to eliminate or minimize the risks of unintentional death, injury or damage caused by improper handling and storage of firearms. If you choose to maintain firearms, you must become fully aware of the risks exposed to not only you, but friends and family. Although studies show that firearm related injuries peak in adolescent groups; adults are just as likely to have a firearm mishap.

Unfortunately, tragedies occur on a daily basis involving unlocked firearms, which make them easily accessible. The first rule of firearm safety is simple and important: Know why you have a weapon in the house, and act accordingly. Keep your weapons secure where no one can access them and cause accidental harm to themselves or others. After all, how often are you going to hunt deer or shoot targets in your home? In the event of a fire or natural disaster, would you want the loaded, unlocked firearm to wound or kill the emergency response personnel who are there to rescue you?

Here are a few basic guide lines to help keep firearms safe and away from unauthorized access.

- Always remove ammunition from firearms.
- Assure no unauthorized persons have access to your firearm.
- Place ammunition in a locked location, separate from firearms. When deciding where to store ammunition, remember to select a secure place that is out of sight and

reach of children.

- Secure unloaded firearms with a gunlock, gun alarm or other type of tamper-proof device, these might render the gun inoperable.
- Store unloaded firearms, in lockable gun cabinet, safe, or locked vault. Remember to place a locked storage case where children cannot

find it.

- Keep firearms storage unit keys away from the "every day" keys. Remember that proper storage or firearms and ammunition can significantly decrease injuries; the consequences of an accidental discard can be devastating.

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MINOT NORTH

SENTINEL REPORT



Minot North Sports Roundup: Golf Qualifies for State, Football Wins Homecoming, and More

BRYLEIGH MCBRIDE, STUDENT JOURNALIST

The fall season continues to be a busy one for Minot North athletics, with big performances and exciting moments across multiple sports this past week. From the golf course to the gridiron, Sentinel athletes are making their mark.

On the course, the Minot North girls' golf team secured a spot at the state tournament with a strong second-place finish at the WDA Championship. Leading the way was standout golfer Emersyn Kopp, who carded an impressive 77 to place second individually. Not far behind was teammate Kinzy, who shot a 78 to earn 4th place overall. In addition to the team's success, Ally Larson and Abby Speer punched their individual tickets to state by shooting an 87 and 89, respectively. With four golfers

advancing, the Sentinels will look to continue their momentum on the state stage.

Meanwhile, the Minot North football team gave Sentinel Nation plenty to cheer about during homecoming week. Under the Friday night lights, the team delivered a 28-7 victory over the Spartans, dominating on both sides of the ball. The win electrified the packed homecoming crowd and added another chapter to the growing tradition of Sentinel football.

On the courts, the boys' tennis team faced a tough challenge against the Braves, ultimately falling 2-7. Despite the loss, the team showed grit and determination in several close matches, proving that their development and competitiveness continue to build as the season

progresses.

In the pool, the Minot North girls' swim team competed at the Minot Invite, where they finished 6th out of 6 teams with a total of 197 points. While the scoreboard didn't reflect the effort, the meet gave the swimmers valuable experience against some of the strongest competition in the region. The team continues to gain momentum as they look toward the final stretch of their season.

With multiple sports making headlines in the same week, Minot North athletes are showing that Sentinel pride runs deep. Whether it's clinching a spot at state, celebrating a homecoming win, or battling hard against tough opponents, the Sentinels are leaving it all on the course, field, court, and pool.



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SRA RAISA AKAFIA

Not only has she completed her duties as missile chief, but she is currently conducting ration runs to missile sites, dropping and picking up personnel to and from sites, and acting as back-office administrator. She is also an RTA who assists with teaching and coordinating all RTA events at 5 FSS, as well as increasing our Sq to 95% for SAPR training for 2024. Furthermore, between June and July, she spent \$500 on her own account creating 30+ brown bag dinners and supplies for the homeless and women in town, as well as handing out domestic violence/SAPR support cards. During work hours, she has played an important role in escorting Airmen in need to mental health appointments and or the Chaplain.

Info from Dec 2024



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The Rodeo is Coming to Visit with our On-Base Elementary School Students and Homeschoolers

The Badlands Circuit Finals Rodeo is visiting Dakota Elementary School' Students, North Plains Elementary School' Students, and on-base Homeschool Students on Thursday, October 9th! Their rodeo clown, queen, cowboy, and/or bull fighter will share specific information about the rodeo and give our military-connected students the opportunity to ask questions. This event serves to educate our young youth, so that they may then come out to see the Badlands Circuit Finals Rodeo from October 10th to 12th at the North Dakota State Fairgrounds where they will be kicking off their first performance with Military Appreciation night on October 10th. Active-duty members on base and our military-connected students will receive free tickets!

The Badlands Circuit Finals Rodeo looks forward to engaging with the following students on these dates/times and at these locations:



ALYSSA KELLY
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Students – Dakota Elementary
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NAVAL WAR COLLEGE MEMBERS GAIN FIRST-HAND LOOK AT MINOT AFB MISSION

U.S. AIR FORCE PHOTOS | SENIOR AIRMAN ALYSSA BANKSTON



Naval War College professors and students receive a combined mission brief from U.S. Air Force Col. Thomas Taylor, 5th Bomb Wing Deputy Commander (center), and U.S. Air Force Col. Jimmy Schlabach, 91st Missile Wing commander (left), during a visit to Minot Air Force Base, North Dakota, Sept. 11, 2025. The Naval War College members received a briefing on the installation's mission and the strategic importance of the two Wings at Minot AFB.



U.S. Air Force Staff Sgt. Andrew Dashler, 742d Missile Squadron facility manager, conducts a tour for Naval War College professors and students at Missile Alert Facility (MAF) Oscar-1, North Dakota, Sept. 12, 2025. The visit provided an opportunity for the Naval War College members to gain insight into the 91st Missile Wing's mission while engaging with the Airmen who serve at the remote site.



Senior Master Sgt. Mackenzie Wright, 5th Maintenance Group weapons standardization superintendent, guides a B-52H Stratofortress static tour for Naval War College professors and students at Minot Air Force Base, North Dakota, Sept. 11, 2025. The Naval War College members learned how the 5th Maintenance Group contributes to the installation's overall readiness.



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UNFRIENDLY ENCOUNTERS WITH UNFRIENDLY CRITTERS

Patricia Stockdill

There are some things in life that a person – and a dog – simply doesn't need to get acquainted with. When it comes to hunting and hunting dogs –or pets in general – that includes any encounter with a wild animal. Heck, even something as small as an irate wasp can be an unfriendly encounter. Avoiding unfriendly critters is especially true when it comes to wild carnivores. Even though most wild animals normally prefer to run or avoid an encounter, they're typically not going to back down if cornered. There is a lot of truth in the old adage, "don't mess with the bear" – even if that bear isn't a bear but some other wild critter. Hunting dogs will be afield on a more regular basis now that grouse, partridge, and waterfowl hunting seasons are underway and the Granddaddy of upland season – pheasants – about to open. That means there is more potential for encounters with critters with attitudes. Badgers seem to top that list of critters with bad attitudes just because they look like they're having a bad day 24/7. When they show those teeth and snarl those lips, that's a definite indication that, yes, they are not a happy camper. They want you and your dog to be on an entirely different planet. Sadly, a badger can quickly kill a dog. They're not alone. Raccoons can be equally as dangerous. Even encounters with normally docile beavers could result in a painful wallop from a hefty tail. The spread of diseases are another reason to keep Fido away from wild animals. Any mammal can get rabies, including small mammals. It's less common in some species but more common in skunks, raccoons and coyotes, All dogs and cats should have up-to-date vaccinations, especially for rabies. Any salivary contact between dogs (or cats) and wild animals should be avoided because rabies can be spread through contact. If there is a dog-wild mammal encounter, the dog owner should immediately contact their veterinarian to determine if a rabies booster or other treatment is necessary. It could be beneficial to have the wild animal tested for rabies if it is dead and can safely be retrieved without any contact. That way if it's negative there is no need to have a rabies booster. However, never touch a wild animal without gloves or skin protection and only after making certain it is dead. Lyme disease, which has been identified in North Dakota, is another potential problem for hunting dogs. So even though autumn weather is here it's still important for dog owners to keep flea and tick preventative up-to-date for their hunting dogs. Most wildlife encounters are likely to occur in dusk and dawn hours when wild animals are typically most active. Activity during daylight hours would be unusual for some, but not all wildlife species, especially if a dog works cover where a wild animal could be resting. Porcupines are another concern for dogs. Quills can break off easily and problems develop unless properly removed. They can also move throughout a dog's body and serious issues can develop if quills become lodged, including piercing a vein or artery. In most situations, the dog owner is better off to have their veterinarian remove quills rather than attempting to do it themselves. Another reason for having a veterinarian remove quills is that the dog is more likely to appreciate and forgive you if you let someone who knows what they're doing pull them - plus they will likely struggle less. Let a veterinarian and technician have the pleasure – they know how to ease the misery in a safe manner. The only consolation with porcupine quills and dogs is quills contain a natural antibiotic so a dog is less likely to get infections from a quill. Problems result when quill get broken or the wound gets dirty. Hunters should have their veterinarian's contact information when they take their dogs afield. If hunting in a new area or out-of-state, to be prepared and find out if there is a local veterinarian available, getting their contact information, as well.



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MINOT AFB ANNOUNCEMENTS

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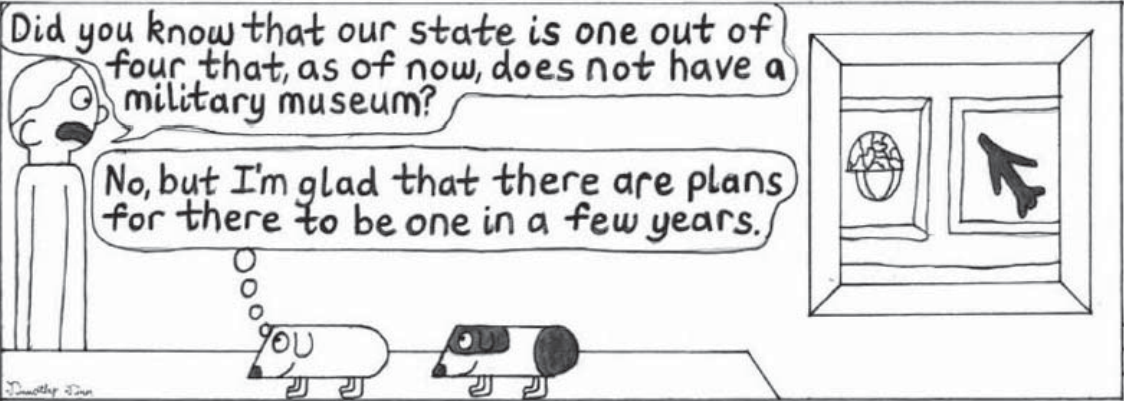
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Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

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AFGSC Missile Community Cancer Study advances with burn tests and expanded Phase 2 epidemiologic analysis

AIR FORCE GLOBAL STRIKE COMMAND PUBLIC AFFAIRS

BARKSDALE AIR FORCE BASE, La. --

Air Force Global Strike Command continues its partnership with the Air Force School of Aerospace Medicine in making significant progress with the Missile Community Cancer Study (MCCS) — a comprehensive investigation into potential health risks associated with service in the missile community.

One specific area which the MCCS is studying, is the discontinued practice of burning classified materials in launch control centers. To address these concerns, the 711th Human Performance Wing is conducting a detailed burn test to analyze emissions produced by the historic disposal process.

The emissions from this controlled test will be carefully measured and evaluated. Findings will be used to inform a comprehensive health risk assessment, which is expected to be completed and released later this year. This data-driven approach aims to provide clarity and transparency regarding past practices and their potential impact on the health of service members and support personnel.

In addition to this, the next phase of the epidemiologic study is continuing. This current phase — Phase 2 — marks a substantial expansion of the study’s scope,

leveraging state and territorial cancer registry data. Phase 2 includes the analysis of hundreds of thousands of anonymized cancer cases and comparison populations, allowing researchers to compare incidence in the missile community to the rest of the Department of the Air Force and the U.S. general population. This comprehensive dataset significantly enhances the ability of the study team to detect patterns that may not have been detected in the more limited datasets used in earlier phases.

“The larger and more diverse the dataset, the more robust our conclusions will be,” said Col. Gregory Coleman, AFGSC command surgeon. “By analyzing data from hundreds of thousands of cases, we’re not only strengthening the scientific rigor of this study, but we’re also improving our ability to identify even subtle health risks associated with service in the missile community.”

The data is being reviewed in coordination with universities, scientists, and public health experts across the country to ensure rigorous scientific standards are applied throughout the process.

Air Force Global Strike Command provided an MCCS overview and its current progress during briefings to Congress on Sept. 11.

The AFGSC and U.S. Air Force School of Aerospace Medicine commanders offered insight on the study’s methodology, outcomes from environmental testing, and the rigorous analysis from outside agencies.

“The Air Force Missile Community Cancer Study is vital,” said Gen. Thomas Bussiere, AFGSC commander. “We are committed to understanding the risks our Airmen face and taking action based on the study’s findings. Investing in the occupational health of our missile community is not just a responsibility, it’s an imperative for ensuring they are prepared to defend our nation in an increasingly complex world.”

Looking ahead, AFGSC will host its next virtual town hall, Oct. 7, to provide the latest updates on the MCCS and address questions. This event is open to current and former service members, family members, and other stakeholders who want to hear directly from Air Force leadership and medical experts involved in the study.

Details on how to participate in the town hall will be shared through official Air Force communication channels in the coming weeks.



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Paw Patrol: What to Do If You Lose or Find a Pet

NATALY ZARRELLA, NORTHERN SENTRY

Losing a pet is a heartbreaking and stressful experience, but acting quickly and thoughtfully can significantly increase the chances of bringing them home safely. Similarly, finding a lost animal and knowing what to do next can make all the difference in helping reunite a pet with its rightful owner. Whether it's a curious cat that wandered too far or a dog that slipped out of a yard, knowing the right steps to take is essential.

When a pet goes missing, the most immediate and effective action an owner can take is to begin searching the surrounding area. In most cases, especially if the pet hasn't been gone long, they're likely still nearby. Owners should check under porches, in garages, around bushes, and behind fences, anywhere a scared animal might hide. For cats, placing their litter box and food outside can help them navigate back home using familiar scents. Many cats are known to return to areas where they feel safe or recognize their scent, especially if they haven't been gone long.

While searching, owners should also begin notifying their community. Posting photos and details of the missing pet on neighborhood social media pages, such as Facebook groups, or community message boards, is one of the fastest ways to spread the word. Posts should include a clear image of the animal, its name, any identifying features, when and where it was last seen, and how to contact the owner.

For those who find a lost pet, the first step should be to check for any visible identification. If the animal is wearing a collar with tags, there may be a phone number or address that can quickly lead to a reunion. If no ID is present, the next best option is to post a photo of the found animal on local social platforms. In many cases, pet owners may not even be aware that their animal is missing yet, so community posts can bring a happy reunion much faster than formal reporting channels.

For residents of Minot Air Force Base, there are specific resources available. Most pets living on base are registered with Minot AFB Housing. If someone finds a pet on base, they can contact Housing, which will check the registration records and attempt to reach the owner. If the pet is not registered through housing, the Minot AFB Veterinary Clinic may have the animal in their system and can help check for microchips.

Veterinary clinics such as the Minot AFB Veterinary Clinic and Pinkerton Animal Hospital in town are also equipped to scan pets for worldwide microchips. According to the staff at Pinkerton Animal Hospital, if someone finds a lost pet, they are welcome to take the animal in to be scanned. While Pinkerton cannot provide shelter, their team is happy to help check for a microchip and will make every effort to contact the owner if the pet is registered in the



Images shared by pet owners at Minot AFB. Piper & Sophie (top left), June & Chance (top right), Oliver & Diesel (bottom left), and Spike & Nova (bottom right).



Animals are like family to the members of Minot AFB who shared their pets with Northern Sentry. Ushi (top left), Sister from the UK, Annie & Millie (top right) Seras (bottom left) and Ctrl (bottom right).

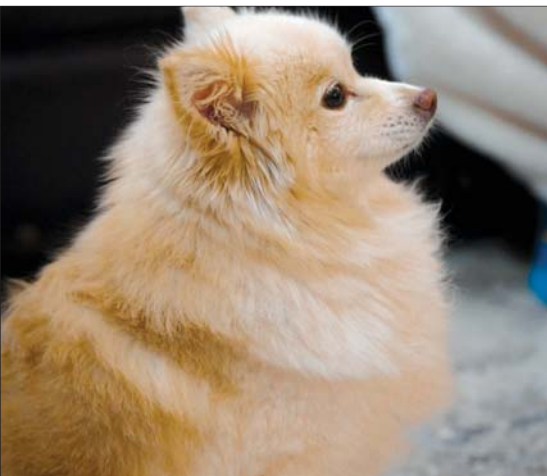
worldwide database.

For pets who cannot be immediately reunited with their owners, the Souris Valley Animal Shelter, Minot's no-kill shelter accepts found pets as long as they were found within the Minot city limits and are delivered by Animal Control.

To avoid future heartache, pet owners are strongly encouraged to use modern tools like GPS tracking collars or Apple AirTags to keep tabs on their animals. While AirTags are not designed specifically for pets, many pet owners have found them useful in tracking a pet's location using

nearby Apple devices. However, it's important to follow safety recommendations to ensure pets don't chew on or ingest the devices. Using secure, pet-safe holders is critical to keeping pets safe while using this technology.

In any situation involving a missing or found pet, time is of the essence. Acting quickly, whether by searching the area, contacting local resources, or spreading the word on social media, can make a huge difference. Pets are family, and with the help of an informed and compassionate community, lost animals can often be reunited with the people who love them.



Bella Ashleigh Dunn, 9 yrs & 11 mos (Halloween baby). She sacrifices cuddles & kisses daily to show them a better life than she had in the pound. She took them on as a family when they were stationed in Okinawa back in 2015.

MSGT TIAWANNA DUNN PHOTO



Kitten taking in some sun while showing off his AirTag in case he ever gets out.



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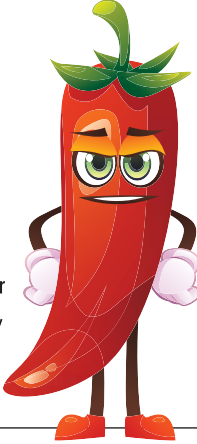
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- Registration Ends: Chilifest Cookoff, <https://www.signupgenius.com/go/30E044DABAA22A7FE3-58350092-minot#/>
- Registration Ends: Car & Bike Show, <https://www.surveymonkey.com/r/chilicar25>
- Run for Your Life 5K, 0630, McAdoo Fitness Center
- FTEC, 0730-1600, Professional Development Center
- TAP DOL Employment Track Workshop, 0800-1600, Military & Family Readiness Center
- Friday Flicks, 1630, Rockers Bar & Grill
- Youth Glow Run, 1700-1830, Youth Center



SATURDAY27

- Archery Tournament, 1200, Outdoor Recreation
- Karaoke Competition, 1700, Rockers Bar & Grill

SUNDAY28

- Sunday Escapes Book Club, 1330, Base Library

MONDAY29

- AFFT, 0530, McAdoo Fitness Center
- SR TAP DOL Overview, 0800, Military & Family Readiness Center
- AFFT, 1100, McAdoo Fitness Center
- Palace Chase/Front Briefing, 1400-1500, Professional Development Center

TUESDAY30

- Registration Closes: Youth Center Indoor Soccer, CYPBMS
- AFFT, 0530, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1000, Education Center
- Game Day, 1000-1930, Base Library
- AFFT, 1100, McAdoo Fitness Center
- Quarterly Food Service Advisory Board, 1300-1400, Dakota Inn Dining Facility

WEDNESDAY01

- AFFT, 0530, McAdoo Fitness Center
- Informed Decision Seminar, 0800, Professional Development Center
- SR TAP Overview, 0800, Military & Family Readiness Center
- SkillBridge Brief, 1000, Education Center
- Pre-Deployment/Remote Readiness Training, 1000, Zoom Meeting
- Storytime, 1030, Base Library
- AFFT, 1100, McAdoo Fitness Center
- TA Re-up Education Fair, 1100-1300, Dakota Inn Dining Facility
- Brown Bag Book Talk, 1200, Base Library
- Youth of the Year Informational Meeting, 1745, Youth Center

SPECIALS

Bomber Bistro Featured Item
Pesto Caprese Pizza

Rockers Bar & Grill Featured Item
Chicken Tenders

The B-Fifty Brew Featured Item
Pumpkin Spice Latte

THURSDAY02

- AFFT, 0530, McAdoo Fitness Center
- SR TAP DOL Employment Track Workshop, 0800, Military & Family Readiness Center
- Reintegration, 1000, Military & Family Readiness Center
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center

FRIDAY03

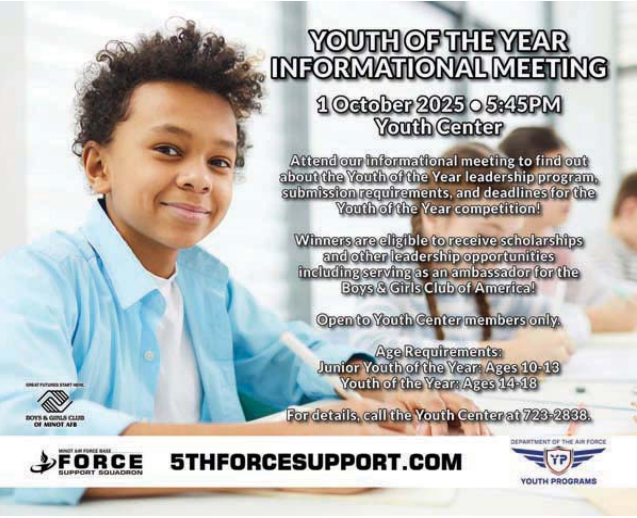
- SR TAP DOL Employment Track Shop, 0800, Military & Family Readiness Center
- Fall Festival Special Lunch, 1030-1330, Dakota Inn Dining Facility
- Chilifest/Car & Bike Show, 1600-1900, Turf Parking Lot
- Friday Flicks, 1630-2200, Rockers Bar & Grill

SATURDAY04

- Operation Heroes, 1000-1400, Jimmy Doolittle Center
- Together Under the Same Sky – Celebrating International Observe the Moon Night, 1915, Base Library

Scan for full event details





YOUTH OF THE YEAR
INFORMATIONAL MEETING

1 October 2025 • 5:45PM
Youth Center

Attend our informational meeting to find out about the Youth of the Year leadership program, submission requirements, and deadlines for the Youth of the Year competition!

Winners are eligible to receive scholarships and other leadership opportunities including serving as an ambassador for the Boys & Girls Club of America!

Open to Youth Center members only.

Age Requirements:
Junior Youth of the Year: Ages 10-13
Youth of the Year: Ages 14-18

For details, call the Youth Center at 723-2838.



CHILIFEST

3 OCT. 2025
TURF PARKING LOT

FOR DETAILS & TO REGISTER
BY 26 SEPT. SCAN QR CODE
OR VISIT
WWW.SIGNUPGENIUS.COM/GO/30E044DABAA22A7FE3-58350092-MINOT

OVER \$3K
IN PRIZES

CAR & BIKE SHOW

3 OCT 2025
TURF PARKING LOT

FOR DETAILS & TO REGISTER
BY 26 SEPT. SCAN QR CODE
OR VISIT
WWW.SURVEYMONKEY.COM/R/CHILICAR25



FEARSOME ADVENTURES

10 October 2025 • 6:00PM - Midnight
Youth Center • Youth Ages 9+
Members/Non-Members: \$20

Ready to face your fears?
Test your courage with creepy obstacles,
haunted mazes, and thrilling challenges.

Conquer the fright, if you dare!
Only the bold will survive!

Dinner will be provided.
Snack bar will be open.

For details, call the
Youth Center at 723-2838



Dakota Square ARCO

Locally Owned & Part of Our Community

1520 24th Avenue SW
Next to Dakota Square Mall

We appreciate our Minot AFB Friends





QUALITY HEALTHCARE
FOR ALL

Non-emergency walk-ins welcome Monday–Friday 1–4 p.m.

- Ob/Gyn Care
- Newborn Care
- Well Child Visits
- Pediatrics
- Free Pregnancy Tests
- Geriatric Care
- Preventive Healthcare
- Full Service Pharmacy



Center for
Family Medicine



SCHOOL OF MEDICINE
& HEALTH SCIENCES
UNIVERSITY OF NORTH DAKOTA

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