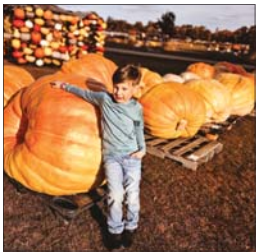




WHATS INSIDE THIS WEEK:



FALL FUN AT BERRY ACRES PUMPKIN PATCH

A5



THE REST OF THE STORY TRACKING B-52 TAIL # 61-034

A6



A DAY AT LEADER DOGS FOR THE BLIND

B1



Minot Air Force Base leadership and members of the 5th Civil Engineer Squadron Fire Emergency Services, joined by Sparky, gather for a proclamation signing recognizing National Fire Prevention Week, Oct. 4-10, 2026. This year's theme, "Charge Into Fire Safety™: Safe Charging Is a Superpower," highlights everyday charging habits that help reduce the risk of lithium-ion battery fires and protect homes and communities. See page A7 for events happening during Fire Prevention Week.

U.S. AIR FORCE PHOTO | AIRMAN FIRST CLASS ANTHONY RAMEY



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OCTOBER 2

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October Squadron of the Month

Minot Operational Medical Readiness Squadron

“Fultum Validum Aptare.” This is the motto of the Minot Operational Medical Readiness Squadron. This premier medical team consists of 160 officers, enlisted, and civilians across 9 primary care and support flights. The motto translates to “Strength, Wellness, Readiness”, and acts as a north star to the medical professionals providing safe, patient-centered care for the base’s 5,700 service members. The squadron’s diverse mission sets span the full spectrum of operational medicine and readiness. These include the Personnel Reliability Assurance Program, Warrior Medicine, Mental Health, Optometry, Physical Therapy, Health Promotion, Dental, Bioenvironmental Engineering, Public Health, and Flight Medicine. The squadron also partners with the Army to deliver care to our military

working dogs and privately owned animals through the installation Veterinary Services team.



Originally activated as the 5th Medical Operations Squadron in 1994, the unit underwent a reorganization in 2019 and its name changed to the 5th

Operational Medical Readiness Squadron once the Defense Health Agency stood up one of its many Defense Health Networks. Now under the Air Force Medical Command, the unit has been redesignated as the Minot Operational Medical Readiness Squadron. The name designation has changed once more, but the excellence-driven mission continues as it has for many years.

With a new name comes a new squadron chant, “Missiles and Bombers....CALL YOUR MOMRS!” This chant symbolizes the dedication and ownership that the MOMRS medics have for both the 5th Bomb Wing and 91st Missile Wing! It is an honor and privilege to provide medical care to the men and women of Minot AFB and our team looks forward to supporting both wings well into the future.



MOMRS Photo



Mental Health team doing unit outreach



Members of MOMRS supporting POW/MIA ruck



MOMRS engaged in readiness training



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Northern Sentry Salute: *Honoring Minot AFB Military Members*

NORTHERN SENTRY

The Northern Sentry and the Minot Minotauros are teaming up for another year to recognize and honor military members of Minot Air Force Base during

every Minotauros home game this season. Through the Northern Sentry Salute, one Minot AFB military member will be recognized at



Northern Sentry Salute honorees and their guests take in the action from their VIP seats behind the Minot Minotauros players' bench during a home game.

each home game for their service and dedication to the Minot AFB Mission.

- Each Honoree Receives:
- Four VIP tickets located behind the Minotauros players' bench
 - A \$25 concession gift certificate
 - Recognition by the Minotauros staff
 - A special appearance on the Minotauros jumbotron
- The honoree and their guests can enjoy the game from a special VIP location while being recognized in front of fellow fans, friends and family.

All Honorees are selected by their Command Teams to receive this recognition. Northern Sentry and the Minotauros are both proud to support Team Minot. Keep an eye out in the Northern Sentry each week to find out who is being saluted, then come out and cheer on your fellow squadron member as they are recognized!



A Northern Sentry Salute honoree is recognized on the Minot Minotauros jumbotron during a home game as part of the team's effort to honor Minot AFB military members.

NORTHERN SENTRY FILE PHOTOS



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the northern sentry Salute

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A1C Alazia Shuler



91st Missile Security Forces Squadron
Hometown: Apopka, Florida
Airman First Class Alazia Shuler has been serving in the United States Air Force for a year and has been stationed at Minot Air Force Base for eight months. She is the first family member to enlist in the Armed Forces. Airman Shuler demonstrates a strong commitment to learning her responsibilities and is eager to leverage her knowledge and experience toward her future goal of pursuing a career as a lawyer after her military service. Her personal interests include working out, playing video games, arts and crafts, and spending time with friends.

GAME SALUTE: FRIDAY, OCTOBER 2



A1C Kha Ho

5th Contracting Squadron
Hometown: Orlando, Florida
Airman First Class Ho has proudly served in the United States Air Force for 18 months and has been stationed at Minot Air Force Base for the past year. He is currently focused on completing his upgrade training and becoming fully certified in his career field. As a member of the 5th Contracting Squadron, Ho manages a 17-contract portfolio valued at more than 1 million, partnering with small and local businesses to acquire critical supplies and serves supporting both the 5th Bomb Wing and 91st Missile Wing missions. Outside of work, he enjoys gaming and watching hockey.

GAME SALUTE: SATURDAY, OCTOBER 3



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Moving In...But Not Welcome!



A VIEW FROM
OUR SIDE

ROD WILSON

northernsentry

MINOT AIR FORCE BASE NEWSPAPER | WWW.NORTHERNSENTRY.COM

UNWANTED GUESTS
Well, folks, I can sympathize with those of you who live on base and battle the intrusion of Dak Rats every summer. I hear horror stories about these little intruders burrowing beneath driveways and sidewalks, invading gardens and well-manicured lawns, and claiming nearly every piece of open ground. My problem, however, is not Dak Rats. It is another member of the rodent family: field mice.

Looking around our neighborhood, the North Dakota farm kid in me sees plenty of mouse-friendly habitat. Abandoned automobiles and sheds, long grass, and almost any concealed space can give these pesky little critters—being North Dakota nice here—a place to hide and raise a family. Like Dak Rats, once they get established, they are nearly impossible to stop. Last winter, we went on a one-week vacation. When I later took my car to the mechanic for routine maintenance, he showed me where mice had shredded the air filter and built a warm nest while the car sat inside my garage. On the way home, I declared war on the rodents.

CHOOSING MY WEAPONS
My first stop was Runnings. A well-stocked farm store should

certainly have mousetraps, and it did—but holy cow! There were at least a dozen different styles. My high school shop teacher used to chide us, “They’ll never build a better mousetrap, so don’t kill yourself trying.” Well, Mr. Simek was wrong. One of the new designs even showed an old-style mousetrap on the label beside the slogan “We’ve Built a Better Mousetrap!” Right next to the mousetraps was the rodent-repellant section. The theory is simple: mice have sensitive noses, so a strong scent should discourage them from staying wherever the pouches are placed. My decision? I bought a couple of newfangled traps and a box of repellant. The battle was mine to win, and I was determined to be the victor.

To make a long story short, I trapped several mice last spring. Then the traps went silent, and the places the mice had previously raided—such as the bird-feed supply—appeared mouse-free. The battle was over, and so was the story, right? WRONG!

THE MICE RETURN
About three weeks ago, I noticed a familiar smell in the garage. My years working on a farm told me the mice might be back, and a quick examination confirmed it: a hole had been chewed in the bird-seed bag, and seed was scattered throughout the storage area. Dang! I had won the battle, but apparently not the war. It was time to re-bait and reset the traps, replace the rodent-repellant packets, and make sure the mice did not invade my car again. Why wouldn’t a mouse move into a warm garage stocked with 40 pounds of bird feed? They apparently love it, especially the sunflower seeds. Empty shells were scattered in almost every corner.

MY THREE-STEP PROCESS
I now have a well-defined process:



UPSIDE DOWN
UNDER

MARVIN BAKER

I don’t know how many people are paying attention to this, but the province of Alberta is having a referendum on Oct. 19. It will determine whether or not Alberta remains a province in western Canada or if it becomes its own landlocked nation between British Columbia and Saskatchewan. Why is this important to North Dakota? I can think of a lot of reasons, but the No. 1 impact is trade between our state and the province. North Dakota is Alberta’s No. 1 trading partner and between the two there is a bilateral trade of \$6.2 billion



Rodent Repellant helps control mice in your vehicle.
PHOTO COURTESY OF FRESH CAB LLC.

1. Vacuum up the mess these pesky rodents have created.
 2. Bait the traps with peanut butter and set them.
 3. Place rodent-repellant packets in the corners the mice frequent.
- The Results So Far
After two weeks of diligent observation and determined trapping, I thought I had the problem under control. Five nights with mice in the traps were followed by two nights of empty traps, and once again I believed I had won the war.

THINK AGAIN, MR. WILSON.
I had left sunflower seeds near the traps to draw the mice toward the peanut butter—and, well, you know what happened next. This morning, however, the sunflower seeds were gone, empty hulls were scattered around my workbench, and the traps were untouched. I cannot begin to express my frustration. The mice had won again—for now. My next tactic? If they like sunflower seeds so much, I will mix them with peanut butter and re-bait the traps. A wise farmer once told me that after mice invade a space, you can never keep them out. I hope to prove him wrong, and I will

be sure to share the results with anyone interested. Back when I was a projectionist at the local movie theater, we used to show a cartoon about a character with the same problem. He put a sign in his front yard that read: “Warning!!! It’s Man Against Mouse!!!” It just may come down to that, folks.

ROD’S RAMBLINS’
Spectacular! That is the best way to describe the scenery right now. The leaves are turning, and we have not had much wind, so every valley is filled with vibrant fall colors. Remember the golden hour—from 5:00 to 6:00 p.m.—for taking photographs. Interesting Night Viewing: The International Space Station is also easier to see now that our nights are longer. Several apps, including SpaceSpot, can help you track its movement and determine when it will be visible in our area. You can see it with the naked eye, but a spotting scope or binoculars will provide an even better view.

TODAY’S CHUCKLE
Only some of us can learn from other people’s mistakes. The rest of us have to be the other people.

North Dakota and Alberta trade

annually, according to the Alberta government. North Dakota exports \$5.1 billion in goods to Alberta each year while we import \$1.1 billion in goods from Alberta. Our top exports to Alberta include \$4.7 billion in energy, \$132 million in beverages, \$87.4 million in organic chemicals, \$64.3 million in chemical product and \$53.4 million in cereal grains. As a whole, 81 percent of North Dakota’s exports go to Canada. Trade with the province supports 7,741 jobs in North Dakota, and 904,000 jobs are supported in the United States with Alberta trade. The Alberta government states point blank on its website, “Alberta is North Dakota’s largest trading partner.” Those of us who live along the U.S. Highway 52 corridor would easily agree with that statement because of the number of semi-trailers we see every day with Alberta license plates. Calgary-based Pembina Pipeline Corp., is a leading transportation and midstream service provider serving North America’s energy

industry for 70 years. Pembina Pipeline Corp., owns the Alliance Pipeline, a 2,391-mile integrated Canadian and U.S. natural gas transmission system delivering natural gas from the Western Canadian Sedimentary Basin and the Williston Basin to the Chicago market hub. The U.S. portion of the system consists of approximately 967 miles of infrastructure including the 80-mile Tioga Lateral, which has been in commercial production since December 2000. Through an innovative suite of customer-focused services, it delivers an average of 1.6 billion standard cubic feed of natural gas per day, creating new economic value for producers, shippers and third-party marketers. One can only guess how this trade might be affected should the voters of Alberta decide they no longer want to be a part of Canada. What I can tell you, monitoring Alberta media and chatting with friends who live in Alberta, there are about 100,000 people who want this change, including Premier Danielle Smith, according

to numerous sources. However, the province, with Edmonton and Calgary as its largest cities, have a combined population of 5.1 million and a total of 3.277 million eligible voters, according to Elections Canada. Simple math will tell us the referendum will never pass based on those numbers, unless something really bizarre happens on Oct. 19. History tells us that Quebec has tried this same thing three times since 1976 and all three times the referendum failed, although it was within 1 percent in October 1995. Some people in Quebec are trying to revive the secession influence simply because that’s what Alberta is doing. Quebec and North Dakota don’t have a lot of ties, but Alberta and North Dakota do, as do North Dakota with Saskatchewan and Manitoba. And you can look into any crystal ball and speculate all you want, but if this referendum were to pass, it would certainly upset that trade apple cart regardless of the outcome.

Fall Fun at Berry Acres Pumpkin Patch

NATALY ZARRELLA, NORTHERN SENTRY

The air is getting cooler, the leaves are beginning to show their fall colors, and families across Minot are finding ways to enjoy the changing season. For many, that means making a trip to Berry Acres Pumpkin Patch in Minot.

With the sun shining and temperatures cooperating last weekend, Berry Acres welcomed families looking to spend some time outdoors and enjoy a little fall fun. Among the visitors were many patients of Dakota Kids Dentistry who hosted their patient appreciation day on Sept. 27.

Berry Acres offers plenty to keep families busy, from hay slides and a corn maze to pumpkin and squash picking, food trucks and plenty of opportunities for fall photos. The petting zoo, open Saturdays and Sundays, is another favorite for younger visitors. The corn maze, in particular, has provided more than a few memorable moments. McKynzie Thompson shared how her husband and she managed to get lost while making her way through the maze, only to somehow find themselves back at the entrance. In the end, it was her kids who had to help guide her through, proving that sometimes the youngest members of the family know exactly where they are going.

For some families, a visit to Berry Acres is more than just an afternoon outing. It has become an annual tradition and a place where memories are made year after year. One family recently made what may be its final visit after four years of returning to the pumpkin patch, with a permanent change of station taking them away from Minot.

What started as a simple family activity had become a tradition they would carry with them. That is part of what makes Berry Acres special. For families new to Minot, it can be a fun way to discover another part of the community. For longtime residents, it can be a familiar

fall tradition and for everyone in between, it is simply a chance to get outside, enjoy some good food, take pictures, pick out the perfect pumpkin and let the kids burn off some energy.

Those looking for even more adventure can add attractions such as the mini-golf train, weekend hay rides and laser tag for an additional cost. A season pass is also available for \$30, making it an option for families who want to return throughout the season. General admission is \$9, with children 3 & under admitted free and group ticket options are available as well.

Berry Acres will celebrate Military Appreciation Day Sunday, Oct. 4, 2026. Military members and immediate family members will receive \$5 admission per person and one complimentary round of mini

golf per person upon presentation of a valid military ID.

The pumpkin patch will remain open through Oct. 31, giving families plenty of time to squeeze in one more fall outing before winter arrives. It is open from noon to 7 p.m. Monday through Friday and from 11 a.m. to 7 p.m. on Saturdays and Sundays.

Whether it is a family's first fall in Minot or another year of returning to a place that has become part of their autumn routine, Berry Acres Pumpkin Patch offers a little bit of everything that makes the season special. There are pumpkins to pick, mazes to get lost in, kids to follow through the hay slides and plenty of memories waiting to be made before Halloween arrives.



Families making memories and having fun at Berry Acres Pumpkin Patch this fall.

IMAGE SHARED BY MINOT AFB FAMILIES



Enjoying the many photo opportunities and seasonal props at Berry Acres Pumpkin Patch.

IMAGE SHARED BY MINOT AFB FAMILIES



Visitors enjoy the nice weather and activities at Berry Acres Pumpkin Patch, which is open through Oct. 31.

IMAGE SHARED BY MINOT AFB FAMILIES

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A horizontal banner with a light blue background. On the left is the Jerome's Collision Center logo, which consists of a stylized 'J' made of two overlapping shapes (one blue, one grey) followed by the word 'Jerome's' in a large, bold, blue sans-serif font, and 'COLLISION CENTER' in a smaller, bold, black sans-serif font below it. To the right of the logo, the text 'Military Friendly and Proud to Serve Our Active Duty Military & Veterans' is written in a bold, black sans-serif font. Below this, 'Closest Full Service Collision Center to Minot AFB' is written in a bold, blue sans-serif font. On the far right, the address '2705 North Broadway, Minot, ND 58703' is written in a bold, blue sans-serif font, followed by the phone number '(701) 852-5126' in a very large, bold, black sans-serif font, and the website 'jeromescollision.com' in a bold, blue sans-serif font below it.

The Rest Of The Story Tracking B-52 Tail # 61-034

ROD WILSON, NORTHERN SENTRY

Every journalist will tell you about those stories that fall into your lap, and the story of former B 52 Crew Chief William Carter. Mr. Carter and his son Michael were recently at Minot Air Force Base where William Carter had a chance to tour the B 52 facilities at Minot AFB and reminisce about a time 64 years ago when he was stationed at Grand Forks Air Force base and was witness to the delivery of 15 new B 52H aircraft, including tail# 61-034, a plane that he would serve as crew chief of. “The 5th Bomb Wing really rolled out the red carpet for us. I can’t thank Tech Sargeant Anthony Del Rio of the 5th BW Maintenance Squadron for the time he spent with us. He was great!” said Carter.

Mr. Carter expressed that he “immensely enjoyed” his time at Minot Air Force Base but his call to me was to share a bit more of his unique journey. Carter’s B 52 experience would begin at Warner Robbins Air Force Base in Georgia where he worked on the B 52G aircraft. In 1962 he transferred to Grand Forks Air Force Base and the 319th Bomb Wing. It was during this tenure in his career that he was introduced to a B-52H, tail number 61-034. “That plane was one of 15 new B52’s that arrived in Grand Forks. I served that plane for over 4 years and 500 flying hours” according to Carter.

But the war in Vietnam would dictate a change in course for Carter. He was to transfer to maintaining F4 Phantoms which took him to Austin, Texas and then to Vietnam. Carter was supposed to “be on loan” in his words “for a year and then return to B 52’s, but that never happened.” He would spend his time in the Air Force maintaining different aircraft until his retirement in 1973.

Of the B-52 Carter says “it’s amazing that they are still around after 64 years, and with the updates they’ll fly ‘em until 2050. They learned a lot from the B 47 (also a Boeing built aircraft) and they were able to improve the B 52.”

As for the B 52 H 61-0034 that Carter worked on for 4 years? “Well, it was not in Minot. It had been sent to a maintenance dock at Edwards Air Force base” Carter told us, “but I was able to see a B 52 up close for the first time since I left Grand Forks Air Force Base.”

There are so many numbers that make the William Carter story so amazing. First, Mr. Carter is 92 years old and a Vietnam Veteran. Next is that Carter was introduced to the still flying 61-034 B-52 64 years ago, and that same jet will be flying into the 2050’s, or 90 years after it rolled off the line in 1962. And as Paul Harvey and William Carter would say; “Now you know the rest of the story.”



William Carter, a U.S. Air Force Vietnam War veteran, talks to the 5th Munitions Squadron about his life and career in the U.S. Air Force at Minot Air Force Base, North Dakota, Aug. 7, 2026. At 92 years old, Carter had a chance to see a B-52H Stratofortress for the first time in six decades.



U.S. Air Force Tech. Sgt. Kelli Pearson, 5th Munitions Squadron armament maintenance section chief (right), gives a briefing on the B-52H Stratofortress to William Carter, a U.S. Air Force Vietnam War veteran (left), and his son Michael Carter at Minot Air Force Base, North Dakota, Aug. 7, 2026. Carter served 21 years in the U.S. Air Force at five different bases, including Grand Forks Air Force Base, North Dakota, and deployed to Vietnam, where he worked as a crew chief maintaining multiple aircraft.

U.S. AIR FORCE PHOTOS BY AIRMAN BEN SELCHOW



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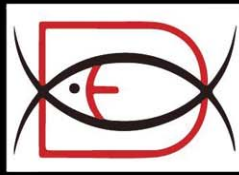


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Fire Prevention Week Events Set for Minot AFB

The 5th Civil Engineer Squadron Fire Emergency Services invites Team Minot and their families to join in celebrating National Fire Prevention Week, Oct. 4–10, with a series of events designed to promote fire safety and prevention throughout the base.

Meet Sparky the Fire Dog, explore a fire engine, learn about fire safety and take part in interactive activities throughout the week.

FIRE PREVENTION WEEK SCHEDULE

SATURDAY, OCT. 3
8:30–10:30 a.m. — Parade through base housing
10:30 a.m.–12:30 p.m. — Fire Prevention Open House

MONDAY–FRIDAY, OCT. 5–9
SWAG table at the Base Exchange (BX)

MONDAY, OCT. 5
6:30–7:30 a.m. — Sparky at Main gate with Engine – Sparky on top by Marquee
8:40 a.m.–3 p.m. — Fire Prevention trailer and engine demonstration at Memorial Middle School. Students can explore the smoke-filled prevention trailer and tour the fire engine.
3:30–4:30 p.m. — Sparky and a fire engine visit the Youth Center.

TUESDAY, OCT. 6
6:30–7:30 a.m. — Sparky at South Gate with Engine – Sparky on top, just inside gate on right, as you enter.
9 a.m.–3 p.m. — Fire Prevention trailer and engine demonstration at North Plains School. Students can explore the smoke-filled prevention trailer and tour the fire engine.

WEDNESDAY, OCT. 7
10:30–11:15 a.m. — Story time with Sparky and a fire engine at the Base Library.
2:30–4 p.m. — Sparky and a fire engine visit the Child Development Center (CDC).

THURSDAY, OCT. 8
9 a.m.–3 p.m. — Fire Prevention trailer and engine demonstration at Dakota School. Students can explore the smoke-filled prevention trailer and tour the fire engine.

Team Minot is encouraged to participate, meet their local firefighters and learn practical ways to help keep homes, families and the community safe. Bring the kids and join the fun as Minot AFB celebrates Fire Prevention Week!



U.S. Air Force Col. John Burrell, 5th Bomb Wing commander (left), and Col. George Chapman, 91st Missile Wing commander (right), sign the Fire Prevention Week Proclamation on Minot Air Force Base, North Dakota. FPW is a time focused on raising public awareness about fire safety.

U.S. AIR FORCE PHOTO | AIRMAN FIRST CLASS ANTHONY RAMEY

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POST 753

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by Patricia Stockdill

FISHING:
Lake Sakakawea elevation, Sept. 28: 1,824.35 feet above mean sea level (MSL); 12,900 cubic feet per second (CFS) Garrison Dam average daily releases. Devils Lake elevation: 1,450.14 feet above mean sea level (MSL). Stump Lake elevation: 1,450. MSL.

- N.D. Game & Fish Dept. game wardens: No reports from north-central area lakes. Missouri River System, and Devils Lake.
- Devils Lake, Woodland Resort, Devils Lake: Look for a switch to crankbaits and 10 to 15 feet but don't neglect vertical jigging along the bridges for walleye.
- Lake Metigoshe, Four Seasons, Bottineau: Limited activity but the few anglers out still fishing are finding scattered bluegill and walleye activity.
- Lake Sakakawea/Lake Audubon, Cenex Bait & Tackle, Garrison: Better walleye success is west from Deepwater Bay up to the Van Hook Arm. Work as shallow as 18 to 20 feet down to as deep as 50 to 60 feet. Try jigging Raps, jigs and minnows, or crankbaits.
- Lake Sakakawea/Lake Audubon, Hwy. 83 Lawn & Leisure, Garrison: No new reports.
- Lake Sakakawea, New Town: Some walleye activity in the Van Hook Arm with improving walleye success in the river portion around
- Lake Sakakawea/Missouri River, Scott's Bait & Tackle, Pick City: Missouri River tailrace remains slow from boats with occasional success at best. Try dark hours for best success. Fair catfish success late in the day, though. East end of Lake Sakakawea spotty for walleye. Continue working deep water. Better success is west around the New Town area. Tough salmon bite with best hours around sun-up to sundown. Look for more activity as water temperatures cool.
- Lake Sakakawea/northwest

Thanks to Woodland Resort, our Outdoors Report sponsor, for helping keep readers up-to-date on happenings throughout the region. For complete details about fishing Devils Lake and its array of recreational opportunities visit their website, (www.woodlandresort.com), Facebook at (facebook.com/woodlandresortDL), telephone (701) 662-5996, extension 1, or email (woodlandresort@gondtc.com). They're located at 1012 Woodland Drive, Devils Lake, N.D. 58301.

OUTDOOR NOTES:

- N.D. Dept. of Environmental Quality issued blue-green algae warnings for Lake Darling (Renville Co.) and Buffalo Lodge Lake (McHenry Co.). People and animals are advised to avoid those waters and keep pets and hunting dogs away. Blue-green algae can quickly become deadly for animals. Advisories listed for Lake Brekken (McLean Co.), Devils Lake (Ramsey and Benson counties), Epping-Springbrook Dam and Blacktail Dam (Williams Co.), Antelope and Clear lakes (Pierce Co.), and Sykeston Dam (Wells Co.). Use caution and go to their for information and safety precautions, (deq/nd.gov/WQ).
- Anglers are reminded to keep fish taken from depths of 25 feet and more.
- Oct. 2: Pronghorn season opens (lottery license holders only).
- Oct. 3: Nonresident waterfowl season opens.
- Oct. 3: Tundra swan season opens (lottery license only).
- Oct. 3: MonDak Pheasants Forever Chapter banquet, Raymond Family Community Center, Williston, 3 p.m.
- Oct. 3 & 4: Youth pheasant season opens.
- Oct. 7: Pierce Co. Ducks Unlimited banquet, Rugby Eagles Club, 5:30 p.m.
- Oct. 9 – 11: Woodland Trail Hike, 2030 14th Ave SW, Minot, 6 p.m.
- Oct. 10: Pheasant season opens.

TOURNAMENTS:

- Oct. 1 – 3: Devils Lake, Grahams Island State Park.



N.D. lakes, Scenic Sports, Williston: Try smaller crankbaits in 20 to 40 feet for walleye with better success around the New Town area of the midsection of Lake Sakakawea. White Earth Bay ramp is usable and about the only available ramp on the upper end of the lake with docks pulled and low water issues elsewhere. Missouri and Yellowstone rivers are still muddy early in the week but look for improving walleye activity as water continues clearing.

- North-central/central N.D. lakes, Towner Hdwe. Hank, Towner: Little activity on the Souris River and area lakes.

HUNTING:

- Archery deer: A little more deer movement with cooler weather.
- Doves: Birds starting to bunch up with cooler morning temperatures.
- Upland: Hunting activity and

success remains light in many areas with poor bird numbers.

- Waterfowl: Devils Lake area fair for the resident waterfowl opener with fair local duck and Canada goose numbers in parts of northeast N.D. Not much for local ducks around portions of west-central parts of the state with only local Canada geese. Overall poor wetland conditions in many areas, as well. Better waterfowl numbers and wetland conditions are in far northwest N.D. and parts of north-central N.D. with nice duck numbers in the northwestern part of the state.

NUMBERS TO KNOW:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).
- Report All Poachers: (701) 328-9921.

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NOTES ON BEING SAFE

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Whether you’ve hunted for years or this is your first time, each hunting adventure always brings a “new experience!” It can be good or bad depending on the WHO, WHAT, WHEN, WHERE, and HOW.

WHO you hunt with is important as far as their experience, habits, and general knowledge of wild game and its habitat. Normally, an experienced hunter will ask a potential partner tons of questions to determine whether they want to go hunting with them or not. This is especially important when you consider that around 40 percent of the hunters injured each year are accidentally shot by their hunting partner while another 35 percent figure out ways to shoot themselves! For the sake of your own safety -- as well as that of your partner -- make sure you take into account both parties’ skill levels and knowledge base.

WHAT type of wild game are you planning to hunt? Some of the most common are deer, elk, bear, duck, turkey, quail, pheasant, squirrel, rabbits, grouse, fox, and raccoon -- not to mention skunk, boar, woodchuck, coyote, weasel, and porcupine! And guess what? The seasons overlap each other. So, if you’re not careful, there’s a big window of opportunity out there for you to become some hunter’s trophy! Keep in mind, however, that the most serious accidents typically occur during deer season. This is mainly because of the greater shooting distance and destructive power associated with high velocity rifles.

WHEN are you going hunting? You may want to consider scheduling your foray when the level of activity for big game -- like deer or bear -- is low. Since the total number of hunters is highest when big game season first opens up, scheduling your hunt in the middle or last part of hunting season will reduce your risk of accidentally being shot by another hunter.

WHERE you hunt could be the difference between life and death! It would seem totally ridiculous for hunters to just jump in a 4x4 and drive for hours to hunt in a place they

have never been before or haven’t visited since last season, but it happens. You need to do some pre-hunt scouting to visually check the areas you plan to hunt. This includes checking to make sure the land is open to hunting; checking for trails, ponds, game, etc.; determining if your cellular phone operates or locating occupied areas where telephones or help may be available; and talking with local officials and residents.

HOW you hunt will largely determine whether you succeed or not. Just as seasons overlap, the weapons you use to hunt with may also have some overlap. You can use muzzleloaders, assorted firearms, and the good old bow and arrow (archery), as long as you obey the rules and guidelines set by each state. Each state usually publishes their hunting regulations and includes pamphlets with special game permits that are a “must read” for all hunters. Cellular phones, two-way radios, etc., are very important in keeping hunters in contact and obtaining help in the event of an emergency. A backpack with food, water, first aid kit, flashlight, blankets, tools, etc., always comes in handy. It’s not a bad idea to include signaling devices such as mirrors, flares, etc., whether you are in a remote location or not! Most states also ask or require you to wear hunter orange clothing. This helps other hunters to be absolutely positive of their target. Consider what is behind your targeted game to ensure your projectile doesn’t glide through buildings, people, or in the direction of a road. One of the oldest safety messages is the control of your firearm’s muzzle. Also, ensure that your firearms are properly secured and stored on base. This can be accomplished through the Security Forces Armory.

To summarize, don’t forget to communicate your planned courses of action for any potential situations, wear that hunter orange clothing, pick your hunting buddies with care, and “keep your gun barrel pointed in the right direction!”

Stock up on vehicle
breakdown supplies

Unforeseen situations can crop up at any time. Anyone who has had a roadside breakdown in their car understands this. A flat tire or an engine malfunction is something no driver wants to experience, but those with a well-stocked vehicle emergency kit and breakdown strategy can get through most situations rather easily.

A 2017 survey from AAA found that 40 percent of drivers in the United States are not ready to handle a typical roadside emergency breakdown. The organization estimates it helps some seven million motorists get back on the road each summer. A well-equipped roadside emergency kit may help drivers get their vehicles back on the road on their own.

- First aid kit: The first aid kit will celebrate its 133rd birthday in 2021. The Johnson & Johnson company began commercializing first aid kits in 1888. Having a first aid kit in the car to treat minor injuries can be helpful in the event of an accident or even after injuring oneself during a breakdown.
- Fire extinguisher: Cars are full of various mechanical parts and are susceptible to catching on fire. The National Fire Protection Association says vehicle fire extinguishers need to be rated for Class B and C fires.
- Jumper cables: A weak or dead battery is often the culprit in breakdowns. Jumper cables enable drivers to get a charge from another motorist, and may help get a person back on the road quickly. If possible, get a set of cables that also comes with safety gloves and heavy duty clamps, offers Defensive Driving Online, a defensive driving course.

- Mobile phone/charger: A mobile phone is essential for calling for assistance, but the phone is only useful if it’s charged.
 - Blanket: Keep a blanket in the trunk or another storage area. Should the vehicle die in cold weather, that blanket can help keep passengers warm until assistance arrives.
 - Basic tools: Tools like a screwdriver, ratchet set and wrench may enable drivers to complete minor repairs. Tools also should include tire-changing gear, such as a jack and lug nut remover.
 - Traction aid: Non-clumping kitty litter or sand can provide the traction needed to get off of a slippery area of roadway.
 - Flashlight: A flashlight can help keep you visible and able to see your surroundings in dark conditions.
 - Flares: Should a breakdown occur in the dark, flares can alert other drivers.
 - Snacks and water: Water and food that stores well, such as emergency rations, granola bars or trail mix, can quell hunger pangs and provide an energy boost while waiting for help.
 - Rope/bungee cords/tarp: These items can be used in various situations to secure a vehicle.
- While drivers can gather these items separately, many companies offer all-in-one vehicle emergency kits. A safety kit is essential for all drivers.



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“I Just Want to Be Normal” A Day at Leader Dogs for the Blind

ROD WILSON, NORTHERN SENTRY

DINING IN THE DARK

As I tried to identify the ingredients in my Caesar salad, I heard a woman at our table say, “This isn’t working. I’m just not going to eat my salad tonight. I might pick up something later at the restaurant.” Her response to being without sight—even briefly—made me think about what independence requires for someone who is blind. For many people, that independence comes from learning to use a white cane or working with a Leader Dog to navigate a complex, constantly changing environment.

Our day at the Leader Dogs for the Blind campus in Detroit, Michigan, had been filled with lessons about the program and conversations with clients who receive its services at no cost. It ended with a Dining in the Dark supper. Before we began, a staff member gave us brief instructions: “Once you pull your mask down, you will be in total darkness. Your experience will be similar to someone who is blind, with one exception: You can take your mask off, and things pretty much return to normal for you.”

There was plenty of laughter during the meal, including jokes about where the butter was and which side of a knife was sharp. Yet experiencing Dining in the Dark after a full day on the Leader Dogs campus added a powerful exclamation point to more than eight hours of seminars, lectures, tours, and client panels. More than 110 members of several Lions clubs had been invited to the summer program after their clubs earned Top Dog Club status for their continued support of Leader Dogs.

By the time dessert arrived, almost everyone was waiting for permission to remove their masks. Then I heard someone say, “Well, that table has their masks off. I guess it’s OK to remove ours.” That was all it took for the more than 45 people in the room to return to their comfort zone—a place where no one had to remember where the water glass was or whether a fork had slipped to the two o’clock position on the plate. Many Lions clubs sponsor Dining in the Dark events as fundraisers for Leader Dogs. Dessert, by the way, was tiramisu, and it was finally appropriate to ask for another fork to finish the meal.

THE LEADER DOGS CAMPUS

When we arrived on the 14 acre campus, the first order of business was to give the guests for the day a bit of education on Leader Dogs for the Blind.

Leader Dogs CEO, Melissa Weisse led off with a welcome and a short 30,000 foot look at Leader Dogs for the Blind. “We believe everyone

deserves independence and mobility. Thanks to generous donor support, all our programs for people who are blind or low vision are provided free of charge, including instruction, equipment, room and board, and travel to our campus. This removes financial barriers and ensures that life-changing services are accessible based on need, not ability to pay.”

“From white cane instruction to pairing individuals with a Leader Dog, we provide the skills, instruction, and support people need to navigate the world with freedom and confidence. Our approach opens doors to new possibilities and lasting independence.”



Leader Dogs For The Blind is located in Detroit, Michigan.

Staff members also explained how someone becomes a Leader Dogs client. An applicant completes the online form at LeaderDog.org and submits a doctor’s assessment. Leader Dogs then determines whether the applicant may qualify for its services. If accepted, the client’s experience—including flights, room, and board for a trip to the campus—is provided at no cost. Because every client has different needs, Weisse said, “There is no cookie-cutter experience. Our professional staff want to provide a great experience, and of course we also want to provide what that client needs as we work toward our goal of doing what is right.”

TOURING THE CAMPUS

A 2-hour block of time was allowed to tour the Leader Dogs campus. There were several groups and the tour included a tour of the residents’ area where there are comfortable rooms for clients. Attached to the residential area is a complete dining area. Each table has a large, lazy Susan in the middle to make dining necessities like salt & pepper, catchup if needed and other condiments available for everyone sitting at the table. Small brail signs help clients to identify their spot and on the back of every chair is a bracket for parking a white cane.

Next, we toured the Canine Development Center, where breeding, veterinary care, training, and harness fitting take place. Leader Dogs for the Blind breeds its own dogs. After birth, puppies typically spend about a year with a host family. If all goes well and the puppy adapts successfully to family life, it returns to Leader Dogs for additional training and may eventually be matched with a client. Our guide explained that only 35% of the dogs bred become Leader Dogs. Dogs that do not enter the program are still highly sought after by other organizations, including police departments seeking canine assistance and nursing homes seeking companion animals.

As part of our tour of the Canine Development Center, we were able to take a test walk blindfolded with an ambassador dog and a trainer. Even though our experience was not long it was helpful in giving us the experience of a leader dog for someone who is blind.

In the Development Center there was a surgery center, several neighborhoods where dogs were kept during their training process and even a harness making area. Leader Dogs tries to do as much in house as possible to control the price and the quality of the products that are provided.

Our last experience gave us a chance to see what it is like to use a cane for assistance. Jeff Hawkins, a Leader Dogs alumni, gave us a bit of “White Cane 101” in his words, and then we put on our masks and tried to negotiate a corner. Once again it was such a relief to pull off the mask and get back to normal.

AN ABSOLUTELY AWESOME EXPERIENCE

To learn more about Leader Dogs for the Blind, visit LeaderDog.org. The organization’s results over 87 years show the reach of its programs: 16,067 clients have received Leader Dog Training; 1,841 clients and an additional 27 teen clients have received Orientation and Mobility Training; and 323 clients have attended Teen Summer Camp. Altogether, Leader Dogs for the Blind has served more than 18,000 clients.

Author’s note: On the flight home, I reflected on my Leader Dogs experience and realized there was no better way to describe it than absolutely awesome. Juanita Lillie, chair of the Leader Dogs Alumni Board, explained why: “Leader Dogs for the Blind is not about dogs. It’s about a life-changing experience for those who need their services.”



Jeff Hawkins is on the Leader Dog Board of Directors. He gave visitors experience in “using the white cane.”



An outdoor patio also acts as a training area for dogs and clients.



A Lions guest taking her turn using a cane to navigate around a corner.



Leader Dogs is a one-stop shop for clients. In this shop the harnesses, fitted to both dog and client, are manufactured.



Dining in the Dark...experiencing what it is like to be sightless and do something as simple as eating a meal.



A modern surgery center is located on the Leaderdog campus.



Magic City Lions member LeAnn Tennyson gets to experience a leader dog taking control.

YOUTH IN ACTION

Wealth of Knowledge



ALYSSA KELLY

SCHOOL LIAISON PROGRAM MANAGER, GS-12

DEPARTMENT OF THE AIR FORCE SCHOOL LIAISON PROGRAM



What are military coins or challenge coins? According to Fork Union Military Academy, these are “small, medallion-like tokens, often adorned with the emblem or insignia of the presenting organization. Challenge coins serve as a symbol of membership, belonging, and camaraderie, forging a strong bond among those who possess them. Additionally, they are used to acknowledge an individual’s achievements, dedication, or exemplary service, and serve as a tangible reminder of the appreciation and respect of their peers and superiors. Receiving a challenge coin is a great honor, as it signifies that the recipient has played a special role, making a significant impact on their peers and the organization as a whole” (<https://www.forkunion.com/the-honor-and-tradition-of-challenge-coins/>).

I have two coins, one given to me by our former 91st Missile Wing

Commander, Col Schlabach, last year during my first Back-to-School Brigade and the other given to me by our 5th Bomb Wing Commander, Col Burrell, this year (on the same date as my Back-to-School Brigade) for my efforts in coordinating the Kids Zone at Freedom Fest – a massive celebration of our nation’s 250th Anniversary. On both occasions, I gained wisdom from turning raw information into real-world practice by providing tangible and strategic support to military-connected students and families. I compiled student and community data to tailor events to best reach our families, efforts not unseen by our highest leaders at Minot AFB. My gain in wealth of knowledge has been made forever visible in these coins, which – I believe – can be seen as military currency exemplifying effort to serve the greater good: a measure of wealth that money can’t buy.



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5 BW CC in 2026



Coin bestowed by

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The information in this article is provided as a resource and does not constitute endorsement by Minot AFB, the United States Air Force, or the Department of War of the external website, or the information, products, or services contained therein.

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Upcoming Events

03 OCT

SERTOMA SIPS!

4:00 PM

Citizens Alley,
3 1st St SE Suite 2, Minot

Mark your calendar and get your tickets for Minot's best beverage sampling event, new this year at Citizen's Alley! Why You'll Love It: Sample a wide variety of beverages: Beer, wine, seltzers, and non-alcoholic options. Discover new favorites to add to your mix! Enjoy music from High Pony Productions. Play cornhole with your friends. Savor delicious eats catered by Qdoba. Plus, the best popcorn in Minot! Bid on silent auction items and buy some 50/50 raffle tickets. Proceeds support local community projects through Minot Sertoma Club. Come sip, socialize, and savor the flavors on a beautiful fall evening. Gather your friends and join us for Minot's best beverage sampling event!

09 OCT

BREAST CANCER AWARENESS 5K

8:00 AM

Bud Ebert Park
Minot Air Force Base

Join Brandee Hahn for the Breast Cancer Awareness 5K at 8 a.m. at Bud Ebert Park, Minot Air Force Base. Come together to raise awareness, show support and honor those affected by breast cancer.

9-10 OCT

MIDWEST MONSTERCON

2:00 PM - 8:00 PM

Minot Municipal Auditorium,
420 3rd Ave SW Minot

Enter a world where the veil between reality and the unknown grows thin... Midwest MonsterCon, North Dakota's only horror convention, invites you to experience the macabre like never before. With haunting vendors, spine-chilling films, twisted games, eerie contests, and celebrity guests from the world of horror, this is a gathering for all who crave the strange and unusual. If it's creepy, paranormal, or downright terrifying... you'll find it here. Admission: Adults 18 and up • \$20 — Two-Day Pass • \$15 — Single-Day Entry Kids 12 to 17 • \$10 — Two-Day Pass • \$7 — Single-Day Entry Under 12 Free

09 OCT

MINOT NORTH DECA FALL FEST

5:00 PM - 9:00 PM

Minot North High School,
2100 21st Ave NW, Minot

Fall Fest is a fun-filled, donation-based community event created to bring families, students, and local businesses together while supporting a great cause. All proceeds from the event benefit Minot North High School's Special Education Classroom, helping provide supplies, resources, and opportunities for students. This year's event will feature: * Silent Auction with donations from local businesses * Car Show featuring classic, custom, and unique vehicles * 3 Food Trucks * 2 Dessert Trucks * Family-friendly activities * Community vendors and more! Whether you're coming to enjoy great food, bid on silent auction items, admire amazing vehicles, or simply spend time with your community, there's something for everyone.



TAP INTO ND!

For more information:

Facebook/ Minot Sertoma Club



For more information:

Facebook/ Brandee Hahn /Events



For more information:

<https://midwestmonstercon.square.site/>



For more information:

Facebook/ Minot North DECA - Fall Fest/ Events

NEW Community at the Northern Sentry

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For more events visit our online Community Calendar at www.northernsentry.com/calendar/

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SUDOKU PUZZLE

Solution to puzzle on page B10

	1		2		3			
4		5		6			7	
		7			4	8		
	7		6		5			
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CROSSWORD SOLUTION

Solution to last weeks crossword

S	H	E	S			T	A	T	A		R	O	S	A
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M	A	H	R	E		L	T	R	S		L	A	M	E
A	N	O	U	N	C	E		A	T	E	L	I	E	R
C	A	R	S		A	V	O	N		N	A	N	A	S
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S	T	E	T		E	X	E	D			T	R	E	T

CROSSWORD PUZZLE

Across

1. Like a tack
6. "Animal House" attire
10. Craving
14. Boring thing
15. At the summit of
16. Blood fluids
17. Surgeon's requirement
18. Brad of "Fight Club"
19. Miles away
20. Wise trainers?
23. Country getaway
24. Yank's foe
25. Easter and Christmas
27. Mad PI?
32. "___ Maria"
33. Took a look at
34. X
37. Back of the neck
39. Worked for Hilfiger
42. Hindu deity
43. Flee to unite
45. Borodin's prince
47. Zip
48. An operatic plant?
52. Beast on a coat of arms
54. South American tuber
55. Bon follower
56. Dealers with the sole of discretion?
62. It was sacred to Tut
64. Logical beginning?
65. Put more paint on a brush
66. Balm ingredient, perhaps
67. New driver, typically
68. Church doctrine
69. Jekyll : Hyde :: Superman : ____
70. Nobel Institute city
71. Express contempt

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
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55				56			57	58				59	60	61
62			63		64					65				
66					67					68				
69					70					71				

Down

1. Succumbs to gravity
2. Sinuous dance
3. Wide-eyed with expectation
4. Look up to
5. Come before
6. Spanish appetizer
7. Concerning the ear
8. Like some romances
9. Most fitting
10. Dos Passos opus
11. Elegance of manner
12. Ten C-notes
13. Deserves
21. Toes the line
22. Skirt feature, sometimes
26. Dyed-in-the-wool
27. All there
28. Roundish
29. Change the locale
30. Driving gadget
31. Track legend Moses
35. Satanic pursuit
36. Garage activity
38. "The Ten Commandments," e.g.
40. Quiche ingredient
41. Supporter of the arts, perhaps
44. Eve's grandson
46. 33s and 78s
49. Isle of Capri attraction
50. Rulers contain them
51. Assume, as a task
52. Inuit vessel
53. Aristocratic
57. Nautical centerpiece
58. "The Beat Goes On" singer
59. Sidle
60. Hoarfrost
61. Practice for the fight
63. Complete collection

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Minot Parks Announces 7th Annual Pumpkin Walk, Expanding to Three Nights

Minot Parks is excited to announce the return of the 7th annual Pumpkin Walk, taking place October 9, 10 and 11 from 6:00pm to 9:00pm each evening at Woodland Trail.

The Pumpkin Walk has grown into a beloved fall tradition in the Minot community, bringing thousands of visitors to Woodland Trail for a magical stroll surrounded by glowing jack-o-lanterns. Due to the event's continued growth and strong attendance, Minot Parks is expanding the Pumpkin Walk to three nights in 2026.

"This event truly wouldn't be possible without our amazing community," said Elly DesLauriers, Minot Parks Executive Director. "From everyone who donates pumpkins and helps bring the trail to life, to the families, friends and community members who come out to enjoy it, the Pumpkin Walk is something we all create together. We're incredibly grateful

for the support that has helped this event grow into such a special fall tradition."

This year, Minot Parks is aiming to fill the trail with 2,000 carved pumpkins and is asking the community to help make that goal possible. Businesses and individuals who pledge 10 or more pumpkins will have their name or logo displayed along the Pumpkin Walk trail.

Visitors can enjoy a free fun fall evening as they stroll through the illuminated trail, with food trucks and warm drinks available throughout the event.

Those interested in pledging pumpkins can contact Bailey at bailey@minotparks.com or 857-4136.

The 2026 Pumpkin Walk is sponsored by JLG Architects.

For more information about the Pumpkin Walk and other Minot Parks events, visit www.minotparks.com.



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BECOMING A CITIZEN SCIENTIST

Patricia Stockdill

Hunters generally recognize they have serious responsibilities when they purchase licenses and go afield – safety and ethics, for example. However, there are other voluntary hands-on responsibilities that allow hunters to play a role in wildlife management: Filling out a harvest survey, for example. Or reporting a banded bird.

In a way, hunters have the chance to become citizen scientists when they undertake the responsibility of submitting that information - it's a way for the average person to help wildlife managers gain important information by collecting their wildlife data and sharing it with the experts making management decisions.

Being a citizen wildlife scientist can also involve saving some body parts from upland birds or waterfowl, such as wings and things. It's items like legs (think rooster pheasants here) or certain feathers to help determine the age of an upland bird.

As long as a person is cleaning a bird, it's not that difficult to take a few minutes to get the necessary feathers, wings, or legs that reveal a plethora of information.

And in a way when hunters submit information like harvest surveys or wing samples they're helping migratory and upland bird managers live up to their own responsibility of managing resources to the best of their scientific ability.

Just what body part a hunter collects depends on the species.

The information gleaned from analyzing those body parts provides hard data on whether a pheasant was an adult or juvenile rooster, for example. A large part of that information includes harvest data – what species, how many, and if a bird such a sharp-tailed grouse was male or female, which can be indicated by certain feathers. Consider this: The more information waterfowl managers have, the better they can determine season and bag limits, species restrictions, etc. For example, the U.S. Fish and Wildlife Service allows North Dakota to issue a limited number of tundra swan licenses. If there isn't accurate enough harvest information available to guide the decision-making process and provide enough of a confidence level, licenses numbers could be adjusted accordingly or season structure changed as managers err on the side of caution to best protect the resource.

Essentially, if harvest numbers are uncertain,

managers tend to be cautious in management strategy, which could lead to more conservative regulations and fewer opportunities in the field. It's a case of the old adage "to ere on the side of caution."

Money is another reason to participate in harvest surveys, report band information, and collect wing samples: Hunter pay to obtain the data.

Hunters pay for banding operations. And banded birds provide valuable biological information about that particular species.

Hunters pay for surveys and collecting and analyzing wing samples.

Wildlife managers send out follow-up correspondence for things such as harvest surveys to help ensure they receive enough surveys to statistically validate their data, costing more hunter dollars.

Money is wasted when wing sample collection packets are mailed out to hunters and no one bothers returning any – especially if they harvested birds.

Oh, and one last thing – not only is it important to respond to surveys, submit wing samples, and report banded bird harvest information, it's equally important to be honest.

Truly, people analyzing the information won't laugh if you didn't harvest a duck, goose, dove, pheasant, or grouse. They're not going to frown down on someone if a hunter answers "no" to the question "Did you hunt turkeys in the fall 2025 season?"

A "zero" or "no" response is equally as important as any number of birds harvested. The reason: A "zero" falls into the average and when no one reports a "zero" for harvest, it skews harvest success rates, which could affect management decisions.

They don't care if the rooster was bagged in Mountrail or McHenry County but the accurate harvest location helps to better determine population estimates.

So be honest.

Send in harvest surveys, band information, and wing samples.

Take the time to live up to a hunter's responsibility because harvest surveys, wing samples, and banding information are critical for harvest management data.

Besides, it's kind of fun to look be a hunter and citizen scientist.



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SENTINEL REPORT



Steady Hands and Short Memories

BYRLEIGH MCBRIDE, STUDENT JOURNALIST

When a high school athletic program loses four impactful seniors in a single offseason, most teams brace themselves for a lengthy, painful rebuilding phase. But for the Minot North girls golf team, the departure of their veteran core did not signal a retreat—it simply set the stage for a new era of leadership. At the center of that transition is junior captain Kate Bast, whose steady play, mental toughness, and unwavering self-confidence have propelled the Sentinels through a transformative season. Fresh off earning Western Dakota Association (WDA) All-Conference honors, Bast has proven that a young roster paired with the right mindset can turn what looked like a rebuilding year into a period of high-stakes potential.

Reflecting on the squad’s journey this fall, Bast emphasizes that growth has been a collective effort across the entire lineup. “I would say our season has been filled with improvement from everyone, including myself,” Bast noted, pointing to the steady progress that has

defined their daily practices and tournament outings. That hard work culminated in a major personal milestone when she secured all-conference accolades. “My biggest accomplishment this season has been making all conference, which has given me a sense of confidence going into WDA.”

Consistency on the course is rarely accidental, and Bast credits her steady streak of top-10 finishes to a refined mental approach. “What has helped me consistently finish in the top 10 is my self confidence in my abilities,” Bast explained. “I think that my attitude towards the game has improved a lot since last season, which helps me stay consistent with my shots when ball striking or swing mechanics fall short.” In a sport where a single bad hole can derail an entire round, maintaining that mental composure requires relentless discipline. “When competing in a close tournament, I try to remind myself to only think about the shot in front of me, forgetting the one I just hit and focusing on what I need to

do in order to hit the best shot from where I am at now.”

Learning to shake off mid-round mistakes has been another vital piece of her evolution on the course. “After a bad hole in a tournament I try to laugh it off and not take it too seriously. Golf is a mental game and it doesn’t do any good to dwell on your mid-round mistakes,” Bast said. “Following a bad round is a bit more disappointing because it often means I wasn’t able to string good shots together. But luckily I have a great support team, including my parents, teammates, and coaches who remind me that it’s just a game and to take those mistakes and learn from them.”

Stepping into the role of junior captain brought a heavy sense of responsibility for Bast, who had spent years learning from the program’s previous leaders. “I was nervous going into this season after losing 4 seniors who I have had the honor of looking up to for the past 5 years,” she admitted. “Thankfully them and our coaches built a great foundation that our girls this year were able to develop further, and I feel proud to lead them as a captain. Being a junior captain has definitely made me have a stronger sense of responsibility this year. Not only for the team but how we perform as well.”

That leadership manifests in real-time support whenever the team is out on the fairways. “When I see my teammates during a tournament, I often ask how they are and what their round is looking like. If they say they’re not doing too good, I remind them that it’s okay and to just swing your swing,” Bast shared. “My teammates also motivate me to do better as well, by sending positive vibes from a few fairways over. This years Minot North girls golf team definitely looks a lot different than last years, in both age and experience. But that is what makes our team so special; we have entered a period of high potential where we are constantly seeing improvement in not only our abilities but also



Junior Captain Kate Bast earns All-Conference.

ARBAUT PHOTOGRAPHY

our scores.”

With a younger core playing together for the first time, the foundation is being built for long-term success. “We got the opportunity to build our chemistry from the ground up this year, being the first season we have all played on a team together. But being a younger team also allows for us to play and mature together for multiple seasons to come,” Bast observed. Her peers have also shaped how she approaches her role as a leader: “Something my teammates have taught me this season is to not be a follower, but instead become a mentor by motivating teammates and setting the tone.”

Looking ahead to the postseason, Bast and the Sentinels have set ambitious targets for how they want to close out the fall schedule. “My biggest goal for the rest of the season is to get our team to the state tournament by placing in the top 6 teams at WDA. We have improved a lot this year and it is a goal that we

can achieve,” Bast asserted. To get there, the team is working toward a specific performance milestone. “Something I hope the team accomplishes before the season ends is finishing with at least 4 girls putting up scores under 100, which will put us into contention for qualifying for those bigger events that we have worked towards all season.”

Having already established a strong individual track record throughout her high school career, Bast remains focused on the bigger picture and the progress of the program as a whole. “I am the most proud of qualifying for the state tournament multiple years in a row, as well as my overall improvement throughout my Minot North golf career,” she said. As the Sentinels gear up for the postseason, their junior captain continues to lead by example, proving that confidence, camaraderie, and a short memory can elevate a team to new heights.



Kate Bast lines up for Par 3 shot at Minot North’s Souris Valley Invite.

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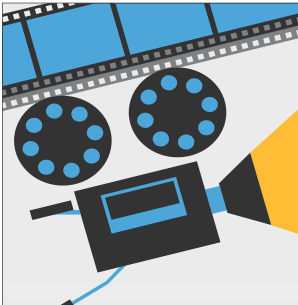
A SPECIAL DELIVERY FOR SENTINEL HOMECOMING

Minot North High School football players and fans welcomed a special game-day delivery Sept. 25 as Sentinel dads who serve at Minot Air Force Base delivered the 2026 Homecoming game ball in a memorable fashion before the matchup against St. Mary's. The delivery celebrated the connection between Minot North and its military neighbors, recognizing the service and support of Minot AFB Airmen. St. Mary's defeated the Sentinels, 22-20.

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A Million Ways to Help Out Supporting the Ward County Historical Society's Pioneer Village Carousel Restoration

ROD WILSON, NORTHERN SENTRY

RESTORING A PIECE OF MINOT HISTORY

Ward County Historical Society's Pioneer Village Museum in Burlington, North Dakota, recently received an unexpected and deeply appreciated \$10,000 donation from the Magic City Lions Club. The gift will help restore an antique carousel that once operated in a Minot park.

WCHS hopes to have the carousel functional by next fall, depending on volunteer help and cash donations for materials. A building will also need to be funded and erected soon afterward to protect the carousel from further deterioration.

HOW YOU CAN HELP

- Sponsor and name a carousel horse: \$5,000 donation
- Place your name on a bench inside the building: \$2,500 donation
- Receive recognition on the outside of the building: \$50,000 donation for a plaque
- Fund the building in its entirety: donor, company, or family name displayed above the doors
- Give any amount or volunteer time: even one dollar, or a few hours spent cleaning and painting parts, will help move the project forward

Pictured above are two carousel horses painted by two generous and talented volunteers. From left to right: Dan Caswell, WCHS President; Tim Hoff, WCHS Board Member; Dixie Walker, Magic City Lions Club; and Kathy Fimreite, WCHS Board Member.

VISITING AND MEMBERSHIP INFORMATION

MEETINGS, HOURS, TOURS, AND RENTALS

WCHS meetings are held on the first Thursday of every month at

6:45 p.m., and everyone is welcome to attend. Summer hours are 10 a.m. to 5 p.m. Wednesday through Saturday and noon to 5 p.m. on Sunday.

Group tours may be available after hours with advance notice by phone. WCHS also has buildings available to rent, including houses, a church, and an event center, for a variety of uses.

ADMISSION AND MEMBERSHIPS

Beginning January 1, 2027, WCHS will charge \$5 per person for guests age 6 and older. Some exemptions may apply, including school tours and other groups, so please check in advance.

- Annual membership: \$50 per year
- Annual membership for military members, students, and seniors: \$40 per year
- Lifetime membership: \$500
- Lifetime membership for members over age 65: \$400

ANNUAL EVENTS

WCHS hosts two major events each year: Old Settlers Weekend in June and a vehicle show in August. Both events include food, ice cream, hayrides, and a variety of activities.

ABOUT THE MAGIC CITY LIONS CLUB

The Magic City Lions Club describes its purpose with a simple statement: "We serve." Lions serve locally in many ways and are supported by programs, service resources, funding opportunities, and organizational support for eight global causes and several special initiatives.

Those global causes are childhood cancer, diabetes, disaster relief, the environment, humanitarian

service, hunger, vision, and youth. Locally, the Magic City Lions have supported many causes, including a recent \$100,000 contribution to Minot State University to refurbish a lecture hall.

The club's \$10,000 contribution to the Pioneer Village carousel project fits within its local youth initiative and is one of many charitable projects funded through the gaming sites the club operates. The Magic City Lions recently celebrated giving \$1,000,000 to the communities they serve.

In addition to funding nonprofit groups, club members volunteer at many events and complete a Meals on Wheels route every Wednesday.

MEETINGS AND MEMBERSHIP

The Magic City Lions meet every Tuesday, except Tuesdays immediately after holidays, at the Parker Center in downtown Minot. Breakfast is served at 7 a.m., and the meeting begins at 7:30 a.m.

The club is always looking for new members. For more information, visit magiccitylions.com.



Magic City Lions contribute \$10,000.00 to help restore the carousel at Pioneer Village. The Ward County Historical Society has already had several of the carousel horses re-painted.



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- Communicate updates and opportunities to residents
- Partner with staff and community leaders to drive positive change

REQUIREMENTS

- Must be a current resident of a participating neighborhood
- Commit to regular meetings (monthly) and activities
- Be willing to listen, communicate, and advocate for others
- Passionate about building safer, stronger, more vibrant communities

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Reflection on the Vigilant Parent Initiative Sessions Held on Minot AFB: What Parents Need to Know (Part II)

Continuing from Part I: Read the first installment in the September 25 edition of the Northern Sentry. To read the complete article, visit www.northernsentry.com.

INSTAGRAM

It is by far the biggest platform with regard to the amount of users – three billion users. You can go through reels, which is kind of like TikTok. Check the corner of the pictures. You can see very graphic, not-for-children images/activities in action. Just like stated above, you have to constantly monitor the settings. If there’s any updates to the device, everything resets. Click on the “Home” screen. It shows you the people your child interacted with and knows. Click “Reels.” Scroll through them. You’ll see what your child is interested in. There’s an algorithm; whatever they stay to look at, more of that will pop up. Click the “Chat” button. As soon as your child follows someone, he/she can chat with them.

Click “Map” (globe icon). Ensure your child does not share their location. You can set it up for just friends, close friends, or certain people. “In Minot, there was a case where a guy – who drove miles to be near this child – was standing behind her at the ND State Fair, as she was standing in line with her family.” -Mr. Halseth

There are a lot of content creators today. Kids and young teens and even adults. Finsta = fake Instagram account. Click on your child’s account name and look at their drop-down menu. They can have five Instagram accounts. You need to be aware of that, because your child may only present one account to you. Check how many accounts they have on their devices. Click on the three parallel lines or the “hamburger-looking button” in the upper right corner. Open up “Settings.” Check “Account Privacy.” It should be set to private. This will keep most people away. Look in “Blocked Profiles.” If you see a lot, ask why your child is blocking so many people. Look in “Your Activity.” See all their interactions. See who they liked and anything they commented on. Click on “Time Management.” See how much time your child is using Instagram. Scroll down to “Family Center” in Settings and Activity. Open it. This will allow you to connect your account to your child’s account, so you’ll have more control over what your child is doing. You can set controls. You still need to do spot checks and make sure they stay connected. Look at “Close Friends” in Settings and Activity. See what your child is sharing with them. “A bad actor/predator might meet your child on one platform and then lure your child to a different platform, telling them to friend them on the other platform.” -Mr. Halseth

If you click “Bio” and it’s a line of emojis, find out what those emojis mean. The emojis mean something to other kids. Have a conversation with your kid about what their emojis mean and why they have that. Also, there’s no need to have links. There’s no reason to make it so easy for predators to find them. Keep your child’s profile private, because people are getting their pictures and altering them in unsatisfactory ways. There’s something called “Geotag.” If your child is going to post pictures, their location will

be embedded in that picture. You can do a hashtag for a Chick-fil-A in Bismarck and it’ll geotag. You don’t want people to find your child. Make sure their location is off. You do not want location on pictures. There’s “Vanishing Mode” on chat. Click on the “Message” section. Swipe up. It changes to “Disappearing Message” and that message will disappear in a certain amount of time – whatever time your child sets. If you go through their chats and their conversations make sense and then they suddenly don’t make sense, they probably used this feature. Meta wants data, but if you go to their “Family Center,” you can see a video or information on somethings you should know, so that’s transparent. If you set up your child’s account with them, you have control over the correct birthdate being typed in and restrictions through Meta that are being applied. If you do this together in the beginning, they’ll probably come to you if there’s an issue in the future. Be a part of that.

ROBLOX This is the #1 app in the app store right now. “They don’t call them “games” on Roblox, they call them “experiences.” Anyone can create an experience. If I’m a predator and I generate an experience and set the maturity level, I can set it for a five year-old even if it’s totally for adults with unclothed characters. There’s no way [Roblox staff] are monitoring all the experiences out there. They’re [created] too fast.” -Mr. Halseth

Content Maturity – Minimal. That is the lowest setting, but content developer sets that setting, not Roblox. They can set anything. Roblox also has a website. Check your child’s app and website; check both. “Roblox wants to get biometrics of your child. They want you to upload your child’s picture on there. The fact that a program wants you to do that is pretty scary. Unless you do age unlock and age verification, [your child’s] experience will be so limited. They’re forcing your hand and making you do something you don’t want to do to make your kid happy.” -Mr. Halseth

Check “Home.” Look at your kid’s friends list. Make sure your kid knows who the people are with whom they’re interacting. “Check ‘Charts.’ More than any other platform, this is a total status thing. Kids will want to play the latest experience and talk about it with their friends.” -Mr. Halseth

Check “Party.” Your child can set up little groups with whom to play. Your child can have multiple parties with different people. Your child has to be 13 years old or older to chat. Random people will add your child and start chatting right away. Roblox will x out curse words. “Roblox, more than any other platform, promotes bullying.” -Mr. Halseth

The default avatar is called “a bacon.” This is known as the worst one, and your child will get ridiculed for having this avatar. Your child can buy items to change its hair and clothing etc. “Pedophiles make contact with kids and give them money on Roblox. They can also trade with them, buy things, and say, ‘if you

do this for me, I will trade you these sunglasses, etc.’ A child will do anything for a stupid green hat.” -Mr. Halseth

If your child has fancy clothes and accessories on their avatar, ask them how they got them. Some experiences will give them stuff for free, but not a lot. Check the three dots, “More” and “Settings.” Check “Inventory.” Check what they have. Be aware of where they got it. Ask. From an experience? Did someone give, trade, or request something for it? Check “Create.” See if your kid created an experience. Check “Health & Safety” and “Violations & Appeals.” See if your kid was in Roblox jail for a month or made a violation against someone. You’ll see it here. You can add a parent account to your child’s account. You should. Click “Robux” in the top right corner. You can see the amount of Robux or money your child has. If you’re not buying your child Robux, how are they getting them? There are not a ton of experiences that give Robux. If your child has 1,000, that isn’t from experiences. Now, check their Roblox website. Your child’s account on the website will show your child’s transactions. It’ll tell you who sent the bux to your child and what’s traded to your child. This is also how you load Robux. You have to see this as a parent. It’ll show you what your child is getting. Children can do everything on the website. They don’t need an app. They can play Roblox on the web. Click on an experience. Click “Report” button if there’s inappropriate language, images, etc. Roblox will then monitor and block it if it goes against their standards. Creator will then quickly create a different experience. “Parental controls will not parent your kid. You still need to monitor; you still need to be a part of it.” -Mr. Halseth

On July 27th, 2026, we reviewed Discord and were each given a tablet to interact with this app. Here are some takeaways: **DISCORD** BCI has seen a lot of horrific pictures and explicit conversations on Discord. In itself, Discord is not bad, but BCI has seen so many bad things that happen on it. Hashvalue = identity of image or picture. The chat function is popular with gaming. Click on “Settings.” Scroll down. You can monitor screen time and spending. Children need to be 13 years old to be on Discord, but can input whatever birthdate they want sans verification. In “Content and Social,” you can disallow direct messages from other people in servers. You can also change “friend requests,” and see blocked accounts/ignored accounts. Ask your child why they’re blocking or ignoring people. In “Connections,” you can see Twitter, Spotify etc. Don’t link accounts. Try to lock accounts down as best as you can, so it’s harder to find your child on different platforms. In “Devices,” look to see if someone is logged in to your account and lives elsewhere. It’s never a good idea to have your child use his/her real name as a username. In “Gift Inventory,” you can check if someone is buying your child a



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DEPARTMENT OF THE AIR FORCE SCHOOL
LIAISON PROGRAM



gift card or other item. Your child can create their own server and add people to it, like a chat. Click on the three dots in the top right corner, click “Report User Profile.” Here you can add information about anyone requesting pictures etc. Discord will have the email for that person. Cops can get that information and find where the perpetrator is located. Set parental controls on your child’s phone. It’s very helpful. Then, they can’t just download an app without you knowing it. “Tell your students that what they send is always out there” -Mr. Taylor Schiller, Cyber Crime Unit, BCI

PROGRESS ON PROTECTIONS FOR CHILDREN - IN THE NEWS

On June 1st, 2026, ABC aired a story with the byline “AFT Pres. Calls for Screen Band, A.I. Limits in Schools.” In this story, American Federation of Teachers (AFT) President, Ms. Randi Weingarten, announced a plan for schools to limit screens, which included the following 10 points:

1. No Screens for Students in PreK-2nd Grade
2. No Student-Facing AI in Elementary Schools & Total Ban on “Social Companion” Chatbots until Age 16
3. Implement Active Learning at all Grade Levels
4. Ensure Foundation in Literacy, Numeracy & Civics
5. Focus on Well-being
6. Protect Intellectual Property & Academic Freedom & Support Educators’ Understanding of Technology Integration

The information in this article is provided as a resource and does not constitute endorsement by Minot AFB, the United States Air Force, or the Department of War of the external website, or the information, products, or services contained therein.

Local Cravings Restaurant Guide

Applebee’s Grill & Bar 2302 15th St SW, Minot Phone: 701.839.2130 www.applebees.com	Badlands Restaurant & Bar 1400 31st Ave SW, Minot Phone: 701.852.7335 www.blgrill.com
Bone’s BBQ Smokehouse & Grill 437 N Broadway, Minot Phone: 701.838.9140 www.bonesbbqminot.com	Culver’s Restaurant 3000 S Broadway, Minot Phone: 701-838-8479 www.culvers.com
Do Eat Asian Cuisine <i>All You Can Eat</i> 2400 10th Street Southwest, #522, Minot Phone: 701.837.9999 www.doeatasiancuisine.com	Meg-A-Latte 2045 N Broadway Suite #100, Minot Phone: 701-838-8479 www.mega-latte.com
Mi Mexico 3816 South Broadway, Minot Phone: 701.858.0777 www.mimexico.minotnd.com	N.D. Asia 3400 16th St SW, Minot Phone: 701.852.1240 www.ND-Asia.com
Noodles & Company 304 4th Ave NW Minot 701.491.9103 www.noodles.com	Call Rod to Get Your Business Listed Here 701.839.0946

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UPCOMING EVENT

MINOT, GET READY TO GLOW!
NoDak Wellness presents Glow Underground: Sculpt After Dark on Friday, Oct. 16, 7-9 p.m. at Sports on Tap. Your \$65 ticket includes a live DJ, full-body workout, UV Glow Bar, two mocktails, photos and a goodie bag. Ages 21+. Bring a mat and shoes. Tickets: nodakwellness.com

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IMMEDIATE FULL AND PART TIME OPENINGS for daytime and evening custodial positions cleaning buildings at the Minot Air Force Base. Pay is \$14.49/hour plus health & welfare benefit. Hours Days 8a or 9a-finish typically Monday through Friday, may include weekend work. Nights 5p-finish. Apply in person at: 605 27th St SE, Minot ND 58701 or contact: Alicia Mello by email or phone at amello@kalixnd.org 701-852-1014.

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PUZZLE ON PAGE B3

7	6	1	3	4	8	5	2	9
5	8	2	7	6	9	3	4	1
9	3	4	1	2	5	8	7	6
2	7	9	6	5	1	4	8	3
3	1	6	2	8	4	9	5	7
4	5	8	9	3	7	6	1	2
6	2	5	8	7	3	1	9	4
1	4	3	5	9	2	7	6	8
8	9	7	4	1	6	2	3	5

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Timothy Timm of Minot currently attends Minot State University, is a Minot High School graduate, artist, cartoonist, author and illustrator. Timm has also created other works of art that are on display in his art studio downtown located at 201 Main St. S. in Minot.

TIMOTHY TIMM

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Prouty's 'First-Term Finance' book is available online on Amazon in digital or hardcopy format.



SERVICE & LEADERSHIP

Matthew Prouty is a First Lieutenant in the United States Air Force and an RQ-4 Global Hawk remotely piloted aircraft pilot assigned to Grand Forks Air Force Base, North Dakota, where he serves as Chief of the 319th Operations Group Commander's Action Group. He entered the Air Force as a firefighter, spent seven years on the line, then served seven more as a military recruiter, rising to the rank of Master Sergeant, including two years as the Air Force Officer Accessions Regional Recruiting Manager over PACAF just prior to commissioning. After two rejections from Officer Training School, he earned it on the third attempt.

He holds a Project Management Professional (PMP) certification and earned his private pilot's license while stationed in Los Angeles. He will complete his MBA at Oklahoma

About the Author Matthew Prouty

First Lieutenant, United States Air Force | RQ-4 Global Hawk Pilot
17 Yrs Active Duty · RPA Pilot · MBA Candidate, Oklahoma State

State University's Spears School of Business, one of the top ten online business programs in the country, in the fall of 2026.

WRITING

Matthew is the author of First-Term Finance, a personal finance guide for first-term military members, published under Nishkama Press LLC. The book draws on his own path from Master Sergeant to Company Grade Officer to deliver straight-talking, experience-grounded financial counsel to junior service members.

INVESTING & ENTREPRENEURSHIP

Matthew is a one-third owner of JCM Properties, a real estate partnership based in Upstate New York that holds a ten-unit apartment building and recently completed the sale of a duplex. He has also joined two apartment syndications, giving him ownership stakes in over 200 units total, and currently house hacks at his home in Grand Forks, North Dakota. He manages a personal investment portfolio with a long-term, disciplined approach,

and views financial independence as an extension of the same values that carried him through his military career: patience, consistency, and doing the work.

COMMUNITY & SERVICE

Matthew's record of service extends well beyond the uniform. He served as Vice President, President, and later Senior Advisor of the Los Angeles Chapter of the Air Force Sergeants Association (AFSA), advocating for enlisted members at every level. He served as President of his installation's Firefighters Association, and while stationed at Tallil Air Base, Iraq, served as Vice President of the 1st Four Airman's Council. There, he coordinated the delivery of 1,000 pairs of shoes to children in the city of Nasiriyah, an effort made possible by relationships he had quietly built back stateside, collecting donations long before he knew exactly where they would land.

He served on the Sweat Equity Board with Habitat for Humanity in Cabarrus County, North Carolina, and currently serves as President of AFA Chapter ND140.



AFA Mission

Our mission is to promote dominant U.S. Air and Space Forces as the foundation of a strong National Defense; to honor and support our Airmen, Guardians, and their Families; and to remember and respect our enduring Heritage.

MONTHLY MEETING (Third Tuesday of Each Month)

Tuesday, October 20
1200, Bomber Bistro (Back Room), Minot AFB
Looking for all AFA members, and potential AFA members.



For more information contact:
Jim Bowman - nd135.president@afa.org

afa.org/join



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What's Going On Minot AFB

FRIDAY 02

- FTEC, 0730-1600, Professional Development Center
- SR TAP DOL Employment Track Workshop, 0800-1600, M&FRC
- Fight Force, 1800, Dock 4
- Parents Night Out, 1830-2230, Child Development Center & Youth Center

SATURDAY 03

- Chess Club, 1200-1400, Minot AFB Library

SUNDAY 04

MONDAY 05

- Registration Opens: Minot Foodie Tour, Outdoor Recreation
- AFFT, 0530, McAdoo Fitness Center
- Junior Enlisted Foundations Course 300, 0730-1600, Professional Development Center
- AFFT, 1100, McAdoo Fitness Center
- Palace Chase/Front Briefing, 1400, Professional Development Center

SPECIALS

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- The B-Fifty Brew Featured Item

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Scan for full event details



TUESDAY 06

- AFFT, 0530, McAdoo Fitness Center
- Junior Enlisted Foundations Course 300, 0730-1600, Professional Development Center
- Career Certification Exploration Track, 0800-1600, M&FRC
- Tuition Assistance (TA) Brief, 1000, Education Center
- Game Day, 1000-1930, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Breakfast Quest Special Dinner, 1630-1830, Dakota Inn Dining Facility
- Quiet Book Club, 1800-1930, Base Library

WEDNESDAY 07

- AFFT, 0530, McAdoo Fitness Center
- Junior Enlisted Foundations Course 300, 0730-1600, Professional Development Center
- Informed Decision Seminar, 0800-1200, Professional Development Center
- Career Certification Exploration Track, 0800-1600, M&FRC
- Storytime, 1030, Minot AFB Library
- AFFT, 1100, McAdoo Fitness Center
- Brown Bag Book Talk, 1200, Base Library
- Teen Paintball Showdown, 1800-2000, Youth Center

THURSDAY 08

- AFFT, 0530, McAdoo Fitness Center
- Junior Enlisted Foundations Course 300, 0730-1600, Professional Development Center
- Thrift Savings Plan for Civilian Employees, 0900-1030, M&FRC
- AFFT, 1100, McAdoo Fitness Center
- Tuition Assistance (TA) Brief, 1330, Education Center
- Winter Busing Town Hall & Student Safety Workshop, 1800-2000, Youth Center

FRIDAY 09

- Junior Enlisted Foundations Course 300, 0730-1600, Professional Development Center
- Fun Fri-Yay, 1600-1900, Jimmy Doolittle Center
- Friday Flicks, 1630-2300, Rockers Bar & Grill

SATURDAY 10

- For a full listing of Columbus Day holiday facility hours, visit 5thforcesupport.com
- Teddy Roosevelt Camping, Theodore Roosevelt National Park, hosted by Outdoor Recreation
- Creatures of the Night, 1300, Minot AFB Library
- Air Force Gaming — Fighting Game Series, 1300, Northern Paradise AMD, inside of Bomber Bistro

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