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Gardening Tips

Another nasty invasive

BY BEV JOHNSON M.G.
UNIVERSITY OF MINNESOTA EXTENSION MASTER GARDENER

Japanese knotweed is one of the top 100 invasive species worldwide and we have this stinker in Minnesota. This native of Japan, China, and Korea was introduced into the US in the late 1800s for flower gardens and to help prevent

erosion on road side slopes. It will grow almost anyplace. It has been found in sunny dry road sides, shady riversides, and in wetlands. It is drought resistant and laughs at road salt. It can be spread by waterways, wind, soil movement or by bits hitchhiking on machine tires. It has been found in 41 states, Canada and Europe already. Do you have any of this weed in your area? Here's what you should be looking for.

Japanese knotweed has been called Mexican Bamboo for the semi woody stems that sort of resemble bamboo. The leaves are simple and alternate, broadly oval with pointed leaf tips. The leaf blades are about 6 inches long and 4 inches wide. The flowers are quite pretty, white clusters of tall fluffy spires. The seeds are small triangular brown black fruits. Seed production is rare, as Japanese knotweed only produces female

flowers in North America and the plant is dioecious. Meaning, the plants are either male or female. However, this girl is promiscuous. She will cross pollinate with both giant knotweed and Bohemian knotweed where they share space. The plant usually spreads by rhizomes or even just fragments of roots. It forms dense thickets of 6 to 9-foot-tall plants that can crowd out natives. A stand of these

monsters can also damage pavement, retaining walls, flood walls and even concrete foundations. Once they are well established, they are very persistent and difficult to get rid of.

To manage these monsters, start by not planting them. If it is too late for that, pull out the small plants but be aware that even a small portion of

Gardening page 8

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Extension news

Coccidiosis affecting young calves

BY CALLA EDWARDS
MCLEAN CO. EXTENSION AGENT

North Dakota cattle producers have been losing young calves to coccidiosis this spring, according to Gerald Stokka, North Dakota State University Extension veterinarian and livestock stewardship specialist. Coccidiosis is an intestinal disease that affects several animal species. In cattle, it may produce clinical symptoms in animals 3 weeks to 1 year old, but it can infect all age groups.

Coccidia are a protozoan parasite that has the ability to multiply rapidly and cause clinical disease. They should not be confused with cryptosporidia, which also are a protozoan parasite affecting cattle but differ from coccidia species, Stokka says.

Cryptosporidia can be a cause of newborn calf diarrhea and often is a co-infection with bacterial or viral infections of the small intestine. Cryptosporidia infections can result in human infections, so people need to be very conscious of sanitation when dealing with scouring calves. "Coccidia are very host-specific; that is, only cattle coccidia will cause disease in cattle," Stokka says. "Other species-specific coccidia will not cause disease in cattle." Rapid multiplication of the parasite in the intestinal wall and the subsequent rupture of the cells in the intestinal lining cause the majority of the damage in calves with coccidiosis.

Several stages of multiplication occur before the final stage, the oocyst (egg), is passed in feces. Oocysts are extremely resistant to environmental stress and are difficult to remove from the environment completely. Oocysts must undergo a final process called sporulation before they are infective again. Oocysts frequently contaminate feed and water. When other animals ingest the sporulated oocysts, the oocysts start their life cycle over in the new host.



Calla Edwards



Michelle Effertz

Symptoms

In young (3- to 6-week-old), suckling calves, clinical signs of coccidiosis may develop following stressful events, such as weather changes, or if the calves are in unsanitary conditions. "Symptoms or signs of coccidiosis will depend on the stage of the disease at the time of observation," says Karl Hoppe, Extension area livestock systems specialist at NDSU's Carrington Research Extension Center.

In general, coccidiosis affects the intestinal tract and creates symptoms associated with it. In mild cases, calves only have a watery diarrhea, but in most cases, blood is present in the feces. Straining, along with rapid dehydration, weight loss and anorexia (off feed), may be evident. Animals that survive for 10 to 14 days may recover; however, permanent damage may occur. The lesions associated with coccidiosis that are found after death generally are confined

to the cecum, colon, ileum and rectum.

A diagnosis should be based on laboratory findings and clinical signs because other infectious diseases such as salmonella and bovine viral diarrhea virus also may lead to blood in the stool, Stokka notes.

Animals' susceptibility to coccidiosis varies.

"Coccidiosis frequently is referred to as an opportunist, which is a disease that will develop when other stress factors are present or in the young calves when exposure to the oocysts is overwhelming," Stokka says. "The life cycle of coccidiosis in calves is approximately 21 days," he adds.

"This means that if a 3-week-old calf is showing signs and symptoms of coccidiosis, the calf was exposed to the oocysts at birth. The logical conclusion to young calf coccidiosis is that calving grounds are highly contaminated."

Treatment

Infected animals must be treated for the infection and to correct dehydration.

Producers should select the proper drugs in consultation with their veterinarian. Sulfa drugs and a therapeutic dose of amprolium are available to treat coccidiosis. Antibiotics may be necessary if secondary bacterial infections are suspected. Products also are available for treating the entire group of calves, but medicating all calves in beef herds is difficult, Stokka says.

Prevention

Treatment and prevention are most effective when started early, Stokka and Hoppe say. They suggest these steps to prevent coccidiosis:

- Move calving grounds to a clean area free of contamination.
 - Increase the amount of space per cow during the calving season.
 - Feed an additive that can reduce the presence of coccidia.
- "Feeding a coccidiostat (decoquinate) or an ionophore (monensin or lasalocid) to the herd prior to and during calving may help," Hoppe says. "Be sure to follow label claims because monensin and lasalocid have

slightly different label claims. "Feeding an ionophore to the cows for reducing the overall coccidia parasites present in the environment also has the benefit of improving feed efficiency," he adds.

4-H celebrates its volunteers

BY MICHELLE EFFERTZ
4-H YOUTH EXTENSION AGENT

April 7-13 is National Volunteer Week. We celebrate 4-H's network of positive adult mentors who inspire kids to do more every day. In McLean County we have five community 4-H clubs, a shooting sports club and horse club with 20 adult leaders who guide youth through projects year round.

In addition we have adult volunteers who help instruct youth at our county 4-H activity day and judge their exhibits at the county fair. These adults take time out of their busy schedules to lead and mentor youth. We appreciate the time given and know that the impact they have on youth is invaluable.

Studies show that when 4-H

Extension news page 8

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Prairie Fare

Try these questions about storing fruits and vegetables

BY JULIE GARDEN-ROBINSON
FOOD AND NUTRITION SPECIALIST
NDSU EXTENSION

"This would be a good follow-up article," my husband said with a grin.

I pondered his suggestion as I grabbed a grocery cart.

A while back, I wrote about a grocery shopping trip I took with our son. I was providing a "kitchen warming" gift for him after he moved into his own place. I stocked his cupboards, refrigerator and freezer with a variety of foods that he chose during our shopping trip.

I was amazed at the healthful choices he made. I should have had him be my guest writer that week, or perhaps our personal chef.

More than a year had passed. Was he still on the right track with eating?

"I mainly need fruits and vegetables," our son noted as we entered the grocery store recently. My husband glanced in my direction with raised eyebrows. I nodded.

He placed peppers, tomatoes, carrots, raspberries, potatoes, grapes, bananas and mushrooms in the cart.

He had filled the cart with the amount of fruits and vegetables I might buy for a family of four to last for several days.

"Are you sure you are going to eat all the fresh fruits and vegetables before they spoil?" I asked.

"Yes, I'll eat them, Mom," he responded as he looked at some avocados. He thought they were a little pricy at this time of the year, so he didn't add any to the cart.

I was fine with his choices. Fruits and vegetables typically are the food groups most lacking in the American diet. Only about one in 10 adults meets the daily 4 1/2-cup recommendation. All forms of fruits and vegetables, whether fresh, canned, frozen or dried, count toward the total.

Eating more fruits and vegetables can lower our risk for chronic disease, including cancer, diabetes and heart disease. They're naturally low in calories and high in fiber.

Unfortunately, fruits and vegetables also are the foods most commonly wasted by Americans. Our son grew up in a family who tries to avoid wasting food. Throwing away food is like throwing money in the trash.

Try these questions about fresh fruit and vegetable storage:

1. Why should you avoid storing fruits and vegetables, such as apples and broccoli, in the same refrigerator drawer?
2. Where should you store fresh tomatoes?
3. What's the best way to clean fruits and vegetables?
4. Should you rinse your weekly supply of fruits and



Fruits and vegetables typically are the food groups most lacking in the American diet. (NDSU photo)

vegetables before refrigerating? Why or why not?

5. You check the strawberries you purchased a few days ago and notice they are moldy. Should you cut away the bad parts and use the rest?

6. Why do "baby carrots" sometimes turn whitish?

7. Let's say you bought a lot of tomatoes, apples, carrots,

peppers and other vegetables, and you have an unexpected trip that will take you out of state for many days. What should you do?

Here are the answers:

1. Keep fruits such as apples, pears and plums away from vegetables such as lettuce, carrots and broccoli. Many fruits release ethylene gas naturally. In fruits, ethylene promotes ripening, but it can promote color changes or spoilage in ethylene-sensitive vegetables. However, if you use your fruits and vegetables quickly, you probably won't have an issue with spoilage.

2. Fresh tomatoes should be stored at room temperature to maintain their flavor and quality. However, cut tomatoes (and any other cut fruit or vegetable) should be covered and kept in the refrigerator for safety. Use within a few days.

3. Use plenty of running water to clean vegetables and fruits. You should use a vegetable brush on fruits with "netted" skin, such as cantaloupe. Do not use soap.

4. For best quality and longest storage life, rinse fruits and vegetables just prior to eating them.

5. Throw away moldy strawberries.

6. Baby carrots may "dry out" and become whitish. They are safe to eat. They will rehydrate in soups and stews. However, if baby carrots are

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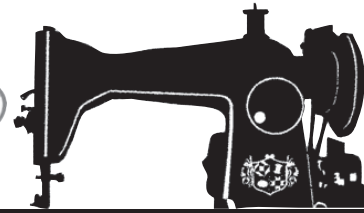
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DOOR PRIZES - ELECTION OF DIRECTORS
BY MARK FISHER, SECRETARY

Prairie Fare page 8



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April 12-137:30 pm

Upcoming:
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Calendar

Saturday, April 6

Cocoa crawl fundraiser for GHS Close-Up students to visit Washington D.C., 9 a.m. to noon. Purchase a ticket and shop till you drop, enjoy cocoa and treats and in-store special with ticket. Tickets available at area businesses, Close-Up students or Garrison CVB office.

Father daughter dance is set for 6 to 8 p.m. at Garrison City Auditorium. Tickets available at the door.

Grand March for the Washburn Prom is set for 8 p.m. in the gym. Turtle Laker-Mercer Prom grand march is at 7 p.m. in the gym.

Sunday, April 7

District 14 Republicans Lincoln Day Dinner, social 5:30 p.m., dinner 6 p.m. at Harvey Eagles Club. Tickets available at the door.

Early bird rummage sale and spaghetti dinner is set for 10 a.m. to 4 p.m. at Ryder Community Center.

Death By Chocolate scholarship fundraiser with dinner beginning at 5:30 p.m. and show set for 6:30 p.m. Doors open and silent auction begins at 5 p.m. Tickets available at the door at the Vonderheide Gymnasium.

SACA Community Choir rehearsal, SACA Theater, 4 p.m.

Monday, April 8

McClusky City meeting, 7 p.m., city hall.

Goodrich Fire Department meeting, 7 p.m.

The Wilton Sales and Use Tax Commission will meet at 5 p.m. at the Wilton Ambulance Base.

The Mercer Senior Citizens are hosting the McLean County Senior Citizens meeting beginning at 2 p.m. at the Community Center in Mercer.

The Christian Women's Club of Harvey and surrounding area will be having a "What's Your Financial Future?" luncheon from noon to 1:30 p.m. at the Assembly of God Fellowship Hall, Harvey. For reservations call 324-4728 or 324-4553.

A n a m o o s e - D r a k e Elementary School Kindergarten registration 2019-2020, April 8-12, at the school office. 701-465-3258

Yoga, First Congregational Church, Garrison, 8 a.m.

Bone Builders exercise, Garrison Senior Center, 10 a.m.

Driving range open, Garrison Golf Course.

Bring your projects, sewing machine and lunch to the Chat and Sew sewing group from 10 a.m. to whenever at First Lutheran Church, Washburn. Will provide help with troublesome projects, and show and tell projects are welcome to inspire the group! 462-3306.

Mercer senior citizens meeting is set for 2 p.m.

The Washburn American Legion Auxiliary will meet at 7 p.m. in the basement of the Washburn Memorial Building. All current and new members are welcome. Discussing plans for Memorial weekend and officers for next year.

Turtle Lake City Commission meeting is set for 7:30 p.m.

Tuesday, April 9

McClusky School Board meeting, 8 p.m.

Douglas Fire Department annual meeting, 8 p.m.,

Tuesday, April 9

Douglas Senior Center.

Max Farmers Elevator annual meeting, 6 p.m. supper with meeting to follow, at Max Civic Center.

Bone Builders exercise, Garrison Senior Center, 10 a.m.

Pickleball, Garrison elementary gym, 7 p.m., beginners welcome

Friends of the Library Meeting, Garrison Public Library, 7 p.m.

The Washburn Civic Club will meet at noon at Captain's Cabin.

The 63rd Annual Meeting of the Wilton Farmers Union Elevator Co. of Wilton, Regan and Washburn is set for 6 p.m. supper, with meeting to follow, at the Wilton City Hall. Door prizes; election of directors.

The Washburn City Board of Equalization will hold its regular scheduled meeting at 6 p.m. at city hall. The public is invited to attend.

The Washburn City Commission will meet at 6:30 p.m. at city hall. The public is encouraged to attend.

Lawrence Stephenson Post 133 of the American Legion to meet at 6:30 p.m. for supper, meeting to follow.

A retirement open house is being held in honor of Tom Erdmann's 45 plus years of service to Farm Credit Services at the Carrington Farm Credit office, 385 Hwy 281 NE. Cake and ice cream along with lunch will be served from 11 a.m. to 2 p.m.

Wednesday, April 10

Yoga, First Congregational Church, Garrison, 8 a.m.

Women's practice shooting, Garrison Indoor Range, 6:30 p.m.

Adult health services and foot care clinic will be available at the public health office in Washburn. Call 462-3330 to schedule an appointment.

Lenten worship service is set for 7 p.m. at both Augustana Lutheran Church, Underwood and First Lutheran Church, Washburn. Everyone welcome.

Thursday, April 11

Sheridan County Senior Citizens potluck at the center.

Washburn School Board meeting, 6 p.m.

Underwood School 4-6 spring concert, 7 p.m.

Garrison native Cody Hagen will be available from 5 to 7 p.m. at Lazy J Ballroom for question about retirement planning.

Bone Builders exercise, Garrison Senior Center, 10 a.m.

Pickleball, elementary gym, 7 p.m., beginners welcome

Garrison Sportsman range open, indoor range, 7 p.m.

Fort Stevenson Foundation Meeting, Visitor Center, 7:30 p.m.

The Community Clothing Share-Exchange will be open from 1 to 5 p.m. at 221 Main St., Turtle Lake. All sizes of clothing from infants to adults are available at no cost.

The Lord's Pantry is open from 2 to 4 p.m. at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.

Friday, April 12

Wing Public School Preschool Screenings for children: Preschool screenings with the DIAL-4 (Developmental Indicators for the Assessment of Learning, Fourth Edition) is from 9

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Three McLean Electric Cooperative Director Seats Up for Election ARE YOU INTERESTED IN BEING A DIRECTOR?

This year, the three districts up for election are:

• District 1 - which includes the townships of Amundsville, Cremerville, 150-90, 150-91, 149-91, 149-90, 149-89, 149-88, 148-88, 148-89, 148-90, 148-91, 147-90, 147-89, 147-88 is currently served by James Odermann of Parshall.

• District 3 - which includes the townships of 150-83, Rosemont, McGinnis, 149-83, Snow, 148-84 is currently served by Rod Stockdill of Garrison.

• District 5 - which includes the townships of Medicine Hill, 148-80, Lake Williams, Wise is currently served by Troy Presser of Turtle Lake.

Pick up a petition at the McLean Electric Cooperative headquarters in Garrison and secure 15 signatures of members from within your district. You can start circulating the petition right away, but it must be filed not less than 60 days before the annual meeting. Petitions for the 2019 director election must be filed with McLean Electric Cooperative by Friday, April 19, 2019. If you have any questions, please call the office at 701-463-6700.

According to the bylaws, any member of McLean Electric Cooperative who is a member of this cooperative as a bona fide resident of the district he/she represents and is in no way employed by or financially interested in a competing enterprise, can become a candidate for the board of directors. Directors shall be elected by the members at large at the MEC annual meeting on June 18, 2019 in Garrison.

Directors have a fiduciary responsibility to the cooperative. They exercise care, time and responsibility in reviewing cooperative matters. Directors treat cooperative business as if it were their own. Directors devote a certain amount of time to the cooperative. At a minimum, a director attends each monthly board meeting. Directors learn about the industry as a whole by reading other materials and by attending state and national meetings. An understanding of the issues facing the industry is vital. To help directors with their responsibilities, training is offered through the electric cooperative's statewide organization. Courses cover director duties and liabilities, understanding the electric business, board roles and relationships, strategic planning and financial decision making. Directors currently serving the cooperative find the duty extremely rewarding.



THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128
 Email: leadernews@westriv.com • Website: bhgnews.com
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call this newspaper and we'll make sure you do. 701-463-2201
 1-E-TFN-NC 58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church. 1-E-TFN-NC 58540

Farm Related

FOR SALE: Carter Day Model #2131 Disc Cylinder Separator (Seed Cleaner) Style OS6. Have operating manual; on trailer with 100 bushel hopper; not blocked in by snow; Make an offer. Eugene Zaderaka (701)337-6459 emz@restel.net
 48-1XPXT 58540

GOOD QUALITY GRASS Alfalfa mix in round bales. Located in Dickinson. Can deliver 38 bales per load. 290-2195
 45-P6T GBHNTPTXDS 58540

SEED FOR SALE

Yellow Peas
 Agassiz Carver
 Amarillo Saffron
Chickpeas
 Orion
HRSW
 Barracuda Rebel
 Camaro Breakaway
 ND VitPro
Durum
 ND Grano
Oats
 CS Camden
Soybean
 ND17009GT
 RR1 - Save **BIG** now
 Keep your own seed
Full line Legacy Corn,
Soybeans, Alfalfa
Custom conditioning,
treating, inoculating



FARMS & SEEDS
 701-529-4421 Bob
 651-792-5920 Chris
 finkenfarmsandseeds.com

Farm Related

ND17009GT SOYBEAN SEED. Registered and Certified available. Glyphosate tolerant RR1 technology. You can keep your harvested beans as seed for future crops! Discounts for purchases of 500 Units or more. Call (701) 426-4028.
 44-P6ALL 58540

Help Wanted

MAX FARMERS ELEVATOR is looking for full-time and seasonal employees. Duties will include, but not limited to, loading and unloading trucks and rail cars, maintenance on elevator and equipment. Also would help out with agronomy department operating sprayers, floaters and driving semi-tender trucks. Class A CDL preferred but willing to train the right individual. Competitive wages and benefits. Call Rick 701-679-2400
 48-C2XGRBHHZCMLNCRMCSTDS 58540

SEASONAL MAINTENANCE POSITION

The City of Washburn is accepting applications for a seasonal public works position. All applicants must be 18 years of age at the date of beginning employment. The positions will be approximately 40 hours per week. Day to day activities, as directed by the supervisor, to include, but not limited to; mowing, weed control, garbage collection, patching, crack sealing, tree trimming, etc. Candidates must have a valid driver's license and be qualified to operate city equipment, including pickups, mowers, sprayers, trimmers, etc.; as needed.

Applications and a complete job description can be picked up at 907 Main Avenue, Washburn or www.washburnnd.com, or by contacting the City Office at (701) 462-8558. Applications will be accepted through, April 15, 2019.

Help Wanted

HELP WANTED

CENEX
OF GARRISON
 is accepting applications for **Bait Shop**
 Must be able to work nights & weekends.

STOP IN FOR AN APPLICATION.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Part Time Day Cook / Dietary Aide Evening Dietary Helper

For more information call 701-463-6503 Pick up application in Administration or online at CHISTAlexiusHealth.org



Garrison Hospital
 The institution is an equal opportunity provider and employer



West River Telecom (WRT), a growing telecommunications Cooperative in Hazen, North Dakota, is seeking Seasonal Construction Assistants. A complete job description can be found at www.westriv.com

Seasonal Construction Assistant (Multiple)

Assists in the construction, installation, and modification of OSP facilities, network facilities and equipment located at the customer premise. Job requires occasional out of town work with overnight stays. High school diploma or equivalent is required.

Application Deadline: April 15.

Complete application online and submit with resume via www.westriv.com. Questions can be directed to 748-4277 or emailed to michellep@wrtc.com

WRT is an Equal Opportunity Employer

Help Wanted - Full-Time Equipment Operator II

McLean County will accept applications until 4:00 P.M. on **Wednesday, April 10, 2019**, filling one or more positions as a full-time **Equipment Operator II**. The successful applicant must reside within 30 minutes travel time of the Garrison Highway Shop. Duties include performing semi-skilled work and operating motorized equipment in road construction and maintenance/repair projects under supervision along with performing highway maintenance work ranging from manual labor to operating tractors and mowers on highway right of ways. Candidates should be able to operate medium and light equipment including single and tandem axle dump truck; single and tandem axle trucks with snow removal equipment for purpose of snow removal; motor graders with v-plow and wing for snow removal purposes on as needed basis; semi type truck with belly and side dump trailer; front end loader; backhoe; broom/sweeper; excavator; dozer and loader as needed; and power mowing equipment in a variety of road construction, snow removal, maintenance and repair projects.

Preference will be given to applicants with prior experience in road construction/ maintenance projects and vehicle/heavy equipment maintenance. High school diploma and class A North Dakota Driver's License with tanker and air brake endorsement is **REQUIRED** on the first day of work. Salary range for the position is \$3,203.97 - \$3,559.92 per month. A full benefit package is offered including fully paid health insurance and retirement.

For further information on position or to obtain a McLean County job application form, individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577; call (701) 462-8541; or visit www.mcleancountynd.gov/employment. **Only official McLean County application forms submitted to the Auditor's office will be accepted.**

Help Wanted - Equipment Operator II/Sign Technician

McLean County will accept applications until 4:00 P.M. on **Wednesday, April 10, 2019**, filling one position as a full-time Equipment Operator II/Sign Technician. The successful applicant must reside within 30 minutes travel time of either the Garrison or Washburn Highway Shop. Under supervision, this position performs a variety of skilled and semi-skilled work in the operation of heavy equipment utilized in road construction, snow removal, bridge projects, maintenance, repair projects, and maintains signs throughout the county. Candidate should be able to operate medium and light equipment including single and tandem axle dump truck; single and tandem axle trucks with snow removal equipment for purpose of snow removal; motor graders with v-plow and wing for snow removal purposes on as needed basis; semi type truck with belly and side dump trailer; front end loader; backhoe; broom/sweeper; excavator; dozer and loader as needed; and power mowing equipment in a variety of road construction, snow removal, maintenance and repair projects. Successful candidate will be able to repair and/or replace damaged signs, markers, and delineators; install new items as needed; and maintain a computerized inventory of all signs.

Preference will be given to applicants with prior experience in road construction/ maintenance projects; vehicle/heavy equipment maintenance; and sign maintenance. High school diploma and class A North Dakota Driver's License with tanker and air brake endorsement is **REQUIRED** on the first day of work. Salary range for the position is \$3,384.62 - \$3,760.69 per month. A full benefit package is offered including fully paid health insurance and retirement.

For further information on position or to obtain a McLean County job application form, individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577; call (701) 462-8541; or visit www.mcleancountynd.gov/employment. **Only official McLean County application forms submitted to the Auditor's office will be accepted.**



At Basin Electric, our employees are the heart of our organization. Together with our subsidiary Dakota Gasification Company, we employ more than 1,800 people across multiple Midwestern states. In addition to competitive salaries, we offer an incredible benefits package.

Please check our website for the closing dates of these job openings.

Basin Electric Power Cooperative

- **Student Intern - Engineering (Transmission Services) (Summer 2019) - Bismarck, ND**
- **Operations & Maintenance Supervisor (CGS) - Culbertson, MT**
- **Accounting Analyst I - Bismarck, ND**
- **Journeyman System Protection Technician (TSM) (DOT-FMCSA) - Williston, ND**
- **Support Center Representative I - Bismarck, ND**

For job details, go to jobs.basinelectric.com

Questions? Call 701-557-5603

Dakota Gasification Company

- **Electrical, Instrument and Control Systems Engineer I II or III (DOT-PHMSA) - Beulah, ND**
- **Rotating Equipment Engineer I II or III (DOT-PHMSA) - Beulah, ND**
- **Pipeline Engineer I II or II (DOT-PHMSA) - Beulah, ND**

For job details, go to jobs.dakotagas.com

Questions? Call 701-557-5603

Equal Employment Opportunity Employer of Minorities, Females, Protected Veterans, and Individuals with Disabilities.



Help Wanted

THE WASHBURN PARK BOARD is recruiting for various summer positions: lifeguards, park maintenance and coaches for little league, pee wee and T-ball. Starting pay is \$9 per hour. Applications will be accepted until April 5. Interested individuals should send a letter of application and a resume to: Washburn Park Board, PO Box 551, Washburn, ND 58577.
47-48-E-X 58577

SPECTRUM HEALTHCARE RESOURCES is seeking Mental Health Techs to work at Minot Air Force Base. Full benefits, competitive salary in unique, non-traditional setting. Contact Crystal at crystal_curry@spectrumhealth.com, 314-744-4110, or visit spectrumhealth.com
46-P6T GRNTPRLNCRMCCMXT 58540

Help Wanted

**WANTED!
Loving, Caring,
Foster Parents**

Licensed to...
Inspire Love Uplift Cherish Protect
Comfort Foster Teach Nourish
Guide Strengthen Encourage Heal

Contact
**Dakota Central
Social Services
701-462-3581**

Help Wanted

Help Wanted

FULL-TIME/PART-TIME

Starting at \$9.00/hr.
Scholarship options for students in school.

Come by for an application.



Garrison, ND

Misc. for Sale

FOR SALE: Golf Cart (Ez-Go) gas motor, great shape; 3 Henry Golden Boy Rifles, new never fired, 22LR, 22 mag., 22 mag., .357 mag, 1 Savage .270 with scope, new in the box. Ruger Super Black Hawk, .44 mag. Stainless with 10 1/2" barrel and holster. Call (701) 448-2498, will return message. Waldo Westrum, Turtle Lake, ND
48-2XPXT 58540

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.
1-E-TFN-NC 58577

ORDER QUALITY REPRINTS of pictures from area newspapers at your local newspaper office. Pictures of area events and people published in area newspapers. Affordable prices. Speedy delivery.
1-E-TFN-NC 58577

Real Estate for Sale

and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.
44-TFNALL 58540

PRAIRIE CARPET Services, Air duct & ventilation cleaning, carpet shampoo/cleaning, debris removal, janitorial services, upholstery shampoo/cleaning, wall and ceiling cleaning, water damage cleanup. 833-2884/448-2883.
44-TFNALL 58540

HELP WANTED



is looking for

**SALES
ASSOCIATES**
Full Time or Part Time

Stop in for an application
200 5th Ave SE, Garrison

1 x 2

Sound like multiplication?
It's newspaper talk for a one column by 2" ad.

**Even an ad this
size gets attention!**

Call 462-8126

Help Wanted

The McLean County Weed Control will be accepting applications for temporary weed sprayers/sprayer operators for upcoming season.

Applicants must have a valid drivers license and be 18 years of age by May 31. The position will be full time through the month of August.

For more information or to request an application, please contact the McLean County Weed Control at 701-462-8807, or 701-389-2576.

Application deadline is May 1.

Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.
1-E-TFN-NC 58577

Real Estate for Rent

NOW AVAILABLE: New, 2 bedroom house in Washburn. One year lease, attached garage, dishwasher, double door fridge, built-in microwave. Super insulated easy cooling and heating. \$900 per month. Includes water. No pets. Call for more information. Also for rent 3 bedroom mobile home. 701-315-0034
47-51-E-PD 58540

FOR RENT: 1 bedroom furnished apartment, or 2 bedroom refurbished basement apartment with 1 stall garage, no pets, no smoking, in Washburn. Contact Morris at 462-3204 or 315-0399.
31-TFN-E-X 58577

NOW RENTING

Heritage Heights Apartments
1040 Custer Dr., Washburn
New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable.
701-527-4739 or Manager 701-220-8145

Real Estate for Sale

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.
35-8-E-PD 58577

Vehicle Wanted

WANTED Model A bodies, doors, fenders, hoods, trunk lids, engines and parts. Call 715-645-0595 or write Ray Shimek, N 1143 Pine Grove Rd., Sarona, WI 54870.
47-48-E-PD 58577

Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.
1-E-TFN-NC 58577

Statewides

HELP WANTED
SUCCESSFUL PRACTICE SEEKS Associate Dentist because of increase in patient volume. Potential earnings \$300K plus. Includes benefits. Future ownership opportunity. Email drb@friendlismilesfargo.com

RN/LPN : Strasburg Care Center has an RN Leadership position and RN/LPN direct care positions available (FT/PT/PRN). Health, retirement, & life insurance benefits. Wage varies with experience. Call 701-336-2651 or www.strasburgcarecenter.org for application.

ST. ANDREW'S HEALTH Center, Bottineau, ND is seeking a Family Medicine Physician to join our Rural Health Clinic with admitting privileges at our health center. The current opportunity is for a part-time position with potential for immediate growth into full-time

DANCE COACH POSITION

The Underwood Public School is seeking a Secondary Dance Coach for the 2019-2020 School Year. Pre-employment background check is required. If interested, please contact the Underwood Athletic Director at 701-442-3201. A letter of application and resume can be sent to Mr. Brandt Dick, Underwood Public School, PO Box 100, Underwood, ND 58576 or emailed to brandt.dick@underwoodschool.org. Application deadline is April 29, 2019.

FRONT OFFICE ASSISTANT

Want a part-time position in a busy, interesting place with great co-workers? The Leader-News is looking for a front office assistant to work with customers and staff. Attention to detail and ability to proofread are helpful. This is your chance to put your talents to work producing a newspaper that makes your community proud. Apply at news@bhgnews.com or by filling out an application at the Leader-News.

THE
LEADER-NEWS

607 Main Ave. • Washburn • 701-462-8126

**McLean Electric Cooperative has an opening
for a full-time Accountant at the Cooperative's
headquarters in Garrison, N.D.**

A qualified candidate will be responsible for a variety of Accounting functions, including but not limited to payroll, fleet management, asset management and depreciation as well as handle federal and state reporting functions. Must be able to multi-task and meet deadlines. Requires a high school diploma, 2-year degree in a related field and/or applicable job related experience. Experience in RUS Accounting preferred but not required. This position offers a competitive salary and a comprehensive benefit package. Qualified applicants should fill out an application which can be obtained at the McLean Electric Cooperative office in Garrison or on our website at www.mcleanelectric.com. The applications with resume should be mailed or emailed to:

Mclean Electric Cooperative,
PO Box 399 Garrison, ND 58540 Attn: Wendy Kinn

Or email to wendylk@mcleanelectric.com
or call 701-463-6700 for more information

The position will remain open until filled.



MEC is an Equal Opportunity employer.

Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out April 8 and April 22. Have them there by 11 a.m. Call Darin, 701-315-0144.
43-TFN-E-X 58577

To place a classified ad call
462.8126 or fill out the form
online at bhgnews.com

AUCTION

Saturday, April 13, 10:00 am Kinnischtzke & Guest Consignors AUCTION - Glen Ullin. G & G AUCTIONEERS 701-878-4001 http://www.midwestauctions.com/gandg

Wednesday, May 15th, 2019 @ 1:00 PM MT: Multi-Party Farm equipment & Livestock equipment auction. Elevator Lot, Main Street, Dodge ND. Looking for guest consignors for farm equipment & livestock equipment. Wolff Auctioneers.

Saturday, June 1st, 2019 @ 10:00 AM CT: Gordon Isaak Sr. estate equipment and tool auction. West of Pick City ND. Wolff Auctioneers.

Saturday, June 15th, 2019: Jerry and Edna Assel antique auction 6 miles west of Mandan ND. Wolff Auctioneers

Saturday, June 22nd @ 10:00 AM CT - Farm Related Auction Kristi Erdmann and the late Kelly Erdman. Located: From the Garrison, ND exit on Hwy 83; 1 mile North & 1/8 mile West on 17th St North. Equipment, Shop, Tools - Good Clean Auction! Wolff Auctioneers.

June 2019: Gordon Isaak Sr. estate equipment and tool auction. West of Pick City ND. Wolff Auctioneers

Tuesday, Sept. 24th, 2019 Dunn County Land Auction. Offering 516 Acres and Farmstead
Legal Description: S 1/2, & NW 1/4 of the NW 1/4 & S 1/2 of the NW 1/4 & S 1/2 of the NE 1/4 of Sec. 26-143-91. Property Located: (From Dodge, ND) 7 mi. S on 81st Av. SW, 1 mi. E on 15th St. SW & 1 mi. S on 80th Av. SW. Seller: Larry Zarr. Wolff Auctioneers

Sakakawea Area Council for the Arts
S·A·C·A
 Invites YOU to a
Community Choir
PUBLIC CONCERT
PALM SUNDAY, APRIL 14, 2019
4:00 p.m.
SACA Kota Theater
Main Street, Garrison

GET YOUR GRAD BANNER!
 • Vinyl • Mesh • Fabric • Pop-Up • Table Covers

As low as \$25

VIKING Screen Prints

Place orders by April 26th to guarantee delivery in time for graduation party

19 Main St N • Garrison
 701-463-2201

Make your ads go further with All-Access Advertising

What is it? BHG newspapers are launching All-Access advertising, where advertisers can pay a small upcharge to get any print ad placed on the BHG website.

Where do ads appear? Advertisers choose between having their ad on the home page of an individual newspaper, the home page of the main BHG site or on every home page on the site. Ads will be at the top of the page, to the right of news stories and photos.

What size ads can be uploaded online? Any print ad can be put on the website. Each ad will have a pop-out display where they can be viewed in a larger size.

Why should you be online? Over 3,000 users visit bhgnews.com each month, with over 600 new viewers visiting the site each week. Online ads offer the opportunity to reach new customers and make an additional connection with print subscribers or those viewing the e-edition.

Fast Facts about BHGnews.com

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

All-Access Advertising rates:

- Individual newspaper home: \$5
- BHG home page: \$7
- All home pages: \$10

Contact your BHG advertising representative today to take advantage!

BHG, Inc.
 92 N Main St • Garrison, ND
 701-463-2201

Statewides

for the right candidate. ND license to practice medicine is required. Contact Administration at 701-228-9312 or email CV to asams@stahc.net.

GROUNDS SPECIALIST TECHNICIAN. NDSCS has a FT, 12 month position with maintenance/grounds duties in Wahpeton. Benefits include: Health/Life, Retirement, EAP, Leave, Tuition Waiver/Dependent Tuition Discount, etc. Screening begins immediately-applications accepted until filled. For job descriptions, qualifications and application go to: www.ndscs.edu/career Interested candidates must complete online application. EOE

Statewides

2019 ND MEDIA GUIDE: Names, addresses, phone numbers, e-mails of all ND newspapers, radio/TV stations, specialty publications. Only \$25. ND Newspaper Association, 701-223-6397.

REAL ESTATE FOR SALE
 ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE
 EVERY NORTH DAKOTA newspaper. That's where your 25-word classified ad will appear for

Statewides

only \$160. Contact this newspaper for details.

AGRICULTURE
FARMERS, LANDSCAPERS or GARDENERS, did you or a loved one use Roundup Weed Killer and were diagnosed with **NON-HODGKINS LYMPHOMA (Cancer)?** You may be entitled to compensation. Call Attorney Charles Johnson 1-800-535-5727.

MISCELLANEOUS
 HAVE A NEWS release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397 or you can email sharip@ndna.

GARDENING

continued from page 2
 root will result in a new plant. You can dig them out being sure you get the rhizomes and all the tiny root fragments. And lotsa luck with that. You can try keeping them mowed off as that may eventually kill them. Or spray them with glyphoate or other week killers. You may have to repeat the spray several times. The plant does have some beneficial uses. It is a member of the buckwheat

family. Beekeepers on the east coast value it as a late season nectar for their bees. The honey is similar to buckwheat honey but is lighter in color and flavor. Japanese eat it as a vegetable, but caution is needed as it has a high concentration of oxalic acid, the same chemical that makes rhubarb leaves deadly to cattle. Both Japanese and Chinese use it as an herbal laxative.

This plant should serve as a warning to good gardeners

not to jump at a chance to plant a new plant. Especially one imported from China, Korea or Japan. Plants from those areas seem to really love our climate and promptly grow like Topsey. Need examples? Chinese elm, a real weed tree and Amur maples, now considered an invasive that crowds out small native trees. Give new plants several year's growth here to determine their personalities and potential to attempt to take over the world.

EXTENSION NEWS

continued from page 3

youth are compared to their peers they excel in several areas:

- 4-H youth are four times more likely to volunteer in their communities
- 4-H youth are two times more likely to be civically active
- 4-H youth are two times

more likely to participate in science, technology, engineering and math programs during out of school time

• 4-H youth are nearly two times more likely to make healthier lifestyle choices

McLean County 4-H thrives thanks to our volunteers! There are many opportunities for adults to get involved in 4-H. You can assist with science and

robotics projects, teach youth how to show small animals, help with the horse clubs, teach a skill at activity day or judge at the county fair. To learn more about 4-H, how you can help or how to get your child involved, contact McLean County Extension at 701-462-8541. You can also see more about our program by going to our 4-H Facebook page: <https://www.facebook.com/McLean4H/>

PRAIRIE FARE

continued from page 4

slimy and soft, do not eat them.

7. You could give your extra fruits and vegetables to a friend, or you could freeze, dry or can them. See <https://www.ag.ndsu.edu/fieldtofork> for information about storing and preserving various fruits and vegetables, and growing them, too.

Here's a recipe and nutrition analysis courtesy of the U.S. Department of Health and Human Services. It features a variety of fresh vegetables and is ready in 30 minutes or less. Each serving has 2 cups of vegetables. I think my son

had almost all the ingredients for this colorful, tasty recipe.

Chicken ratatouille

- 1 Tbsp. oil, such as olive, sunflower or canola
- 4 medium chicken breast halves, without skin, cut into 1-inch pieces
- 2 7-inch zucchini, unpeeled and thinly sliced
- 1 small eggplant, peeled and cut into 1-inch cubes
- 1 medium onion, thinly sliced
- 1 medium green pepper, cut into 1-inch pieces
- 1/2 pound fresh mushrooms, sliced
- 1 (16-ounce) can diced

tomatoes

- 1 clove garlic, minced
 - 1 1/2 tsp. dried basil, crushed
 - 1 Tbsp. fresh parsley, minced
 - Black pepper
- Heat oil in a large nonstick skillet. Add chicken and saute about three minutes. Add zucchini, eggplant, onion, green pepper and mushrooms. Cook for about 15 minutes. Add tomatoes, garlic, basil, parsley and pepper. Continue to cook for five minutes or until chicken is tender.
- Makes four servings. Each serving has 270 calories, 7 grams (g) fat, 32 g protein, 21 g carbohydrate, 8 g fiber and 240 milligrams sodium.

CALENDAR

continued from page 5

a.m. to 3 p.m. Please call the school (701-943-2319) for more information and/or to set up an appointment for your child age 3-5. Be prepared to be at the school for about an hour and a half.

The 69th annual El Zagal Shrine Circus performances are set for 1:30 and 7 p.m. at Bismarck Event Center.

Yoga, First Congregational Church, Garrison, 8 a.m.

Prairie Pleasures Gift Shop Spring Coloring Day, 10 a.m. to 5 p.m., Butte. See ad for full details.

Saturday, April 13

McClusky Prom at the High School Gym.

Saturday, April 13

The 69th annual El Zagal Shrine Circus performance are set for 10 a.m., 2 and 7 p.m. at Bismarck Event Center.

Max High School Drama will be performing Clue at 7 p.m. at the school gym.

The Community Cupboard of Underwood will be open to all from 10 a.m. to 1 p.m. at 208 Lincoln Avenue to shop for clothing (newborn-adult). Non-perishable food items, canned goods and freewill donations accepted to help fill the shelves for the food pantry.

Community food pantry, Ryder, 10 a.m. to 2 p.m., Free lunch provided.

Texas Hold'em Roughrider Poker Tour, noon registration, 1:15 p.m. cards in the air, Marv's

Saturday, April 13

Bar, Turtle Lake. Sponsored by Turtle Lake American Legion.

Sunday, April 14

Goodrich-McClusky Youth Group knoephla soup and BBQ meal, 5 to 6 p.m., at McClusky Assembly of God Church. Ben Hylden will speak at 6:15 p.m.

St. John's Lutheran Palm Sunday roast beef dinner, 11:30 a.m. to 1 p.m., Ryder. Proceeds go towards domestic violence and Dakota Hope Clinic.

Maple Sugaring Day, Fort Stevenson State Park, 10 a.m. to 3 p.m.

Oasis of Oratory Speech Team showcase, GHS Library, 2 p.m.

SACA Community Choir Concert, Kota Theater, 4 p.m.

VIKING Screen Prints
 Main St • Garrison
 701-463-2201

Personalized Wristbands!

Call or stop in for a quote!

Great event souvenir!