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EXTENSION NEWS

Freezing easy way to preserve food

BY MICHELLE EFFERTZ
4-H YOUTH EXTENSION AGENT

Freezing is one of the easiest, most convenient and least time-consuming ways of preserving fresh fruit and vegetables for later use.

The cold stops the growth of microorganisms and slows down changes that spoil food and affect food quality.

Select fresh, firm fruit or vegetables that are free of damage. Freeze them within a few hours of harvest if possible. Some vegetables freeze better than others. For example, thawed cabbage, celery, cucumbers, endive, lettuce, parsley and radishes are limp and water-logged, and quickly develop an oxidized color, aroma and flavor.

Plastic freezer containers, glass canning or freezing jars and plastic bags designed for freezer storage are best for freezing food. Don't use paper containers, such as milk cartons, or plastic containers that held yogurt, dips and sour cream. Freezer wrap and heavy-weight aluminum foil are good for odd-shaped foods.

Wash fruits and vegetables before freezing them. Don't allow fruit to soak in water because soaking will cause the fruit to lose nutrients and flavor.

Stem, pit or slice fruit as necessary for the recipe you are using. Prepare only enough



Michelle Effertz

fruits and vegetables for a few containers at a time.

Blanch (scald in boiling water) vegetables to stop the action of enzymes that can cause loss of flavor, color and texture. The amount of blanching time will vary with the types of produce. Cool the vegetables quickly by plunging them in cold water and drain them after completing the cooling.

You have several ways to pack fruit for freezing: syrup pack, sugar pack, dry pack or unsweetened pack. To make syrup, dissolve sugar in water and pour it around and over fruit packed into a container. For a sugar pack, simply sprinkle sugar over the fruit and gently mix the fruit and sugar until juice is drawn out and the sugar is dissolved.

To dry pack, pack the fruit into containers, seal and freeze. This method works best with

berries and smaller fruits that have good flavor without sugar.

Some fruits, such as peaches, apricots, pears and apples, darken quickly when exposed to air and can darken when thawed. Adding ascorbic acid will prevent that discoloration.

When packing food into containers, leave space between the food and lid to allow the food to expand as it freezes. Make sure to label the containers with the name of the food, the date it was packed and the type of pack used.

The quality of most fruits and vegetables will remain high if they're used within 12 months.

For more information about freezing fruits and vegetables, visit the North Dakota State University Extension Service website at www.ag.ndsu.edu/food.

Be on the lookout for anthrax

BY CALLA EDWARDS
MCLEAN CO. EXTENSION AGENT

Anthrax spores can survive for years under the right conditions.

Anthrax continues to be a concern for cattle producers in North Dakota.

"Recently, a case of anthrax was positively identified in a southwestern North Dakota county," says Gerald Stokka, North Dakota State University Extension veterinarian. "This is a reminder to our cattle producers that the threat of anthrax is still present. It appears that during times



Calla Edwards

of high rainfall and/or very dry conditions, the spores are uncovered and cattle are at risk of infection."

Anthrax is a disease in cattle caused by a bacteria known as *Bacillus anthracis*. This bacteria has a special survival mechanism called spore formation. This characteristic allows the bacteria to produce very hardy spores with a high survival rate.

The spores can survive for years under the right conditions. When these spores come into contact with susceptible cattle, they can "hatch" and infect the animals, resulting in disease and death.

Often the only initial signs of anthrax infection are finding dead cattle. Cattle can die without signs of illness for a number of reasons, including lightning strikes, clostridial infections and toxicities,

but anthrax always should be considered, according to Stokka.

"If the diagnosis of anthrax is suspected and confirmed by your veterinarian, then vaccination needs to be implemented as quickly as possible," he says.

The commercial vaccine available is a live attenuated (nondisease-causing) spore vaccine. The dose is 1 cc administered subcutaneously in the neck region.

All adult cattle and calves should be administered the vaccine, and treatment with antibiotics should be withheld because it may interfere with the immune response. However, when faced with an outbreak situation, administering an antibiotic and a vaccine concurrently has been effective, Stokka says. Consult your local veterinarian for a recommendation.

"Consider removing all cattle from the pasture where anthrax deaths are suspected because spores present can infect the remaining animals," Stokka advises.

Also, anthrax carries a risk to humans, so take care to not disturb the carcass. The recommended method of disposal is to burn the carcass and soil on which the carcass was found after placing them in a trench dug in the immediate area of the death.

For more information, visit the NDSU Extension publication "Anthrax" at www.ag.ndsu.edu/publications/livestock/anthrax.

REAL ESTATE TRANSFERS

The real estate transfers for the month of April 2019, as registered in the McLean County Recorder's office. The McLean County Recorder is not responsible for errors and/or omissions. This information provided under the open record laws and sufficiency not guaranteed.

Frederick A. Gerth, Jr. Estate to Darlene E. Gerth (LE), Ron Gerth, Jeff Gerth, Randy Gerth, Jana Isbell, SW4-31-149-87.

Vernon and Darlene Edinger to Brad Edinger, Annette Lalka Edinger, Benedict, (Less W2SW4NW4NW4) N2NW4, N2NE4-9-148-81; SE4NE4-9-148-81.

Janet K. Meany to John P. Meany, Ann K. Meany, Robert M. Meany, Kathryn C. Meany, Minneapolis, Minn., SE4-7-150-85.

RBT Holdings, LLC, to Tammy Iglehart (manager) to Casey and Jessica Axtman, Garrison, Lot 4, Blk. 3, Buck Run Subdivision.

Judith Hurd to Kevin and Judith Hurd, Mountain View, Ariz., (Govt Lot 6) NW4SW4-6-150-89; (Govt Lot 7) SW4SW4-6-150-89; E2SW4-6-150-89.

Marguerite A. Koeplin Living Trust to Nicholas J. Schreiner, Max; Jacob W. Sawyer, Max; N2-36-149-83.

Eli Judah (LE) to Eli Judah (LE), Wilton; Grant Judah (Remainder Tenant) Bismarck; Sarah Helm (Remainder Tenant), Fargo; Lots 5-6, Blk.

14, Wilton OT.

Elmer A. and Arlene E. Schwarz to Craig M. Van Hoorn, Washburn, (Of Lot 1) Lot 1A, Blk. 3, Giedd Subdivision Lot 1-A, Lot 1-B & Lot 1-C of Lot 1, Blk. 3.

Sharon Westman (LE) to Karla Derheim, Washburn, (Less Tract/40' x 25') Lot 15, Blk. 4, Underwood OT; Lot 16, Blk. 4, Underwood OT.

Karen G. Egge to Karen G. Egge, Bismarck; Kimberly Egge, Williston; Susan Lunde, Baker, Mont.; Mikkel Hering, Williston; Coralynn Dallmann, Edgeley; N2-32-150-83.

Bernard and Carol Nelson Trust to Sandra Nelson Olzweski, Sandra Nelson Olzweski, Bruce Olzweski, Garrison, (Frac) NE4NE4-17-148-85.

Candace M. Hulm to Christopher E. Hulm, Wilton, Lots 11-12, Blk. 29, Wilton OT.

Sharon K. Iverson (LE) to Jeffrey J. Iverson, Bismarck; Tracey Lynn Dietz, Saint Paul,

Neb.; (Part) NW4-17-148-86; NE4, E2NW4-18-148-86; (Govt Lot 1) NW4NW4-18-148-86; (Govt Lot 2) SW4NW4-18-148-86; S2NE4, W2SE4-13-148-87; SW4-34-149-86.

Orlin S. Rostvet Estate to Robert R. Young, Garrison, Lots 11-12, Blk. 13, Garrison OT. Darrow Schmidt, Terri Glenn Holford Schmidt to Fred Washek, Parshall, (Lot 1 of Outlot A) SW4SE4-33-148-81.

Darrow Schmidt, Terri Glenn Holford Schmidt, Terri Glenn Holford Schmidt to Fred Washek, Parshall, SW4NE4-6-149-79.

Kelly Rasch to Jennifer Rasch, Garrison, Lot 4R, Blk. 7, Garrison Bicentennial Rearrangement.

Patricia Roehrich, Dale Roehrich, Susan Tefft, Mary Callis, Mary Wilcox (FKA), Timothy Callis to Justin Behles, Garrison, Lot 3, Blk. 3, Garrison Bicentennial Addition.

Geralyn Kay Jorgenson to JBB Holdings LLP, Leeds, Lot

1B, Blk. 1, Washburn Northgate Place Addition Replat of Lots 1 & 2, Blk.

Secretary of Housing and Urban Development to Blane and Rachel Jacobs, Wilton, (E2) Lot 2, Blk. 2, Wilton Kuryllo's Addition; Lot 3, Blk. 2, Wilton Kuryllo's Addition.

Raymond D. and Willa R. Murray to Diane F. and Jerald W. Fast, Washburn, (Tract/100' x 159') SW4-2-146-79; (Parcel 1/159' x 20') (Parcel 2/14' x 159') SW4SW4-2-146-79.

Restated Mike and Barbara

Ross Revocable Living Trust to Joseph B. and Aimee L. Schmit, Washburn, Lot 5, Blk. 6, Washburn Heritage Heights Pioneer Addition, Block 6 Replat.

Ronald A. and Mary A. Dinga to Ronald A. Dinga and Mary A. Dinga Family Trust, Plymouth, Minn., (Govt Lot 1) NE4NE4-4-150-79; (Govt Lot 2) NW4NE4-4-150-79.

Darrow Schmidt, Darrow D. Schmidt, Terry Holford

Real estate page 4

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Country Kitchen Recipes



Garlic toast pizzas

1 package (11-1/4 ounces) frozen garlic Texas toast
1/2 cup pizza sauce
1 package (3-1/2 ounces) sliced regular or turkey pepperoni
2 cups shredded part-skim mozzarella cheese

1. Preheat oven to 425°. Place Texas toast in a 15x10x1-in. baking pan. Bake 5 minutes.
2. Spread toast with pizza sauce; top with pepperoni and cheese. Bake until cheese is melted, 4-5 minutes longer.

Pork nachos

1 boneless pork shoulder butt roast (3 to 4 pounds)
1 can (12 ounces) root beer or cola
12 cups tortilla chips
2 cups shredded cheddar cheese
2 medium tomatoes, chopped
Optional: Pico de gallo, chopped green onions and sliced jalapeno peppers

1. In a 4- or 5-qt. slow cooker, combine pork roast and root beer. Cook, covered, on low until meat is tender, 8-9 hours.
2. Remove roast; cool slightly. When cool enough to handle, shred meat with two forks. Return to slow cooker; keep warm.
3. To serve, drain pork. Layer tortilla chips with pork, cheese, tomatoes and optional toppings as desired. Serve immediately.

Caramel creme brulee

4-1/2 cups heavy whipping cream
1-1/2 cups half-and-half cream
15 large egg yolks, room temperature
1-1/3 cups sugar, divided
3 teaspoons caramel extract
1/4 teaspoon salt
1/3 cup packed brown sugar

1. Preheat oven to 325°. In a large saucepan, heat whipping cream and cream until bubbles form around sides of pan; remove from heat. In a bowl, whisk egg yolks, 1 cup sugar, extract and salt until blended but not foamy. Slowly stir in hot cream mixture.
2. Place an ungreased broiler-safe 13x9-in. baking dish in a baking pan large enough to hold it without touching the sides. Pour egg mixture into dish. Place pan on oven rack; add very hot water to pan to within 1 in. of top of dish. Bake until center is just set and top appears dull, 40-50 minutes. Immediately remove dish from water bath to a wire rack; cool 1 hour. Refrigerate until cold.
3. Mix brown sugar and remaining sugar. To caramelize topping with a kitchen torch, sprinkle custard evenly with sugar mixture. Hold torch flame about 2 in. above custard surface and rotate it slowly until sugar is evenly caramelized. Serve immediately or refrigerate up to 1 hour.
4. To caramelize topping in a broiler, let custard stand at room temperature 30 minutes. Preheat broiler. Sprinkle custard evenly with sugar mixture. Broil 3-4 in. from heat until sugar is caramelized, 2-3 minutes. Serve immediately or refrigerate up to 1 hour.



What will my taxes be in 2020?

BY ALYSSA MEIER
BHG NEWS

According to the McLean County Auditor's office, the five largest cities in McLean County are all projecting tax increases in 2020, though final budget figures are still pending.

But how much of an increase can residents expect? County Auditor Beth Knutson gathered figures on preliminary budget numbers for the county's five largest cities in order to provide an early estimate on what next year's taxes may look like.

Factors

County commissioners approved a 13-mill levy increase in the preliminary budget this year, rising from 73 mills in 2018 to 86 so far in 2019. The 13 percent increase will mean an uptick in taxes for all of the county's incorporated cities, which also levy their own mills.

On top of mills for the county, residents are taxed on school, city, park board, fire department, ambulance and soil conservation district mill levies. One mill is levied each year for the state, while an additional 2.50 are put toward the soil conservation district.

The final levies are determined by individual cities, with various boards approving budgets and mill amounts for the upcoming year.

Garrison

McLean County's largest city, Garrison, saw a four-mill increase in its preliminary school budget, and a single-mill increase for the joint city and park board budget. In total, levied mills for the city

are estimated to increase by 20, with taxes on residents reflecting the rise.

Residential properties are expected to see a \$90 tax increase for every \$100,000 in valuation, while commercial properties will be closer to a \$100 increase per \$100,000 valuation. A residential property in Garrison valued at \$100,000 would have paid \$1,223 in taxes this year, but will be closer to \$1,313 next year. A \$100,000 commercial property will see taxes go from \$1,359 to \$1,459.

Washburn

Washburn residents are expected to see the largest tax increase among McLean County's largest cities, according to preliminary budget figures.

Washburn Public School increased the mill levy in its preliminary budget from 61 to 84, a 23-mill increase. The city budget also saw an increase, going from 85 in 2018 to 132 in 2019. In total, an additional 82 mills were levied in preliminary budgets, a 36 percent increase.

The mill levy increase means taxes on residential properties valued at \$100,000 will increase from approximately \$1,022 in 2018 to \$1,394 in 2019 -- a \$372 increase. Commercial properties will increase from \$1,135 per \$100,000 valuation to \$1,549 -- up a total of \$413.

Underwood

Underwood school is projecting a two-mill levy increase, while the city and park budget is set to go up by eight mills. In total, an additional 24 mills are being levied against the city.

The increase will mean a

\$100,000 residential property paying \$1,141 in taxes last year will pay closer to \$1,247 this year. A \$100,000 commercial property will see a \$117 increase from \$1,268 to \$1,386.

Wilton

Wilton's taxes will see little change outside of county increases, as the city budget added a little over one mill and the school decreased slightly. In total, Wilton is estimating a total levy of 273 mills, up about 14 from 259 mills last year.

The increased levy means taxes on residential and commercial properties will see between a \$65 and \$73 increase per \$100,000 of valuation. Residential properties will see taxes go from \$1,166 last year to approximately \$1,232 per \$100,000 of valuation. Commercial properties will see a rise from \$1,296 in 2018 to \$1,369 per \$100,000 of valuation in 2019.

Turtle Lake

Turtle Lake saw a five-mill increase in its school levy, and another four added to its city and park board budget. Overall, the mill levy for the city residents grew from 212 in 2018 to 234 in 2019.

This means residential properties valued at \$100,000 will see a tax increase of about \$97, while \$100,000 commercial properties will incur a \$108 increase.

Final budgets

Final taxes will be determined after final budgets are approved and submitted. These figures serve as estimates based on preliminary budgets, which are subject to decrease before final approval, Knutson said.

REAL ESTATE

continued from page 3

Schmidt, Terri Holford Schmidt to Fred Washek, Parshall, SE4NE4-6-149-79.

Melinda Thorson to Kimberly D. and Jefferson D. McKinley, Minot, Lots 16-18, Blk. 11, Max OT.

Kathryn M. Kastner, John E. Kastner, Joanne Giese, Timothy L. Giese to Kevin and Hedi Rime, Garrison, S2SE4-10-148-86.

Karen M. Goehring, Stanley D. Goehring, Danny R. Goehring to Jeremy Ray Goehring, Underwood, Lot 2, Blk. 14, Underwood OT.

Jeremy Ray Goehring, Danny Goehring (AIF) to Jacobus Stephanus and Erica Michelle Uys, Coleharbor, Lot 2, Blk. 14, Underwood OT.

Michael Miller to Leon Kolschefski, Butte, (N. 75.52') Lot 2, Blk. 8, Butte (Dogden) OT.

Vonceil Davis to Tim Flath, Ocean Shores, Wash., E2NW4, N2NE4, NE4SW4, NW4SE4-8-149-83.

Gregory John Flath to Tim Flath, Ocean Shores, Wash., E2NW4, N2NE4, NE4SW4, NW4SE4-8-149-83.

Harold and Renae C. Freuer

to Harold Freuer, Beulah, NE4NE4-10-148-84.

Ruth Yecoshenko (LE) to Betty J. Eidson, Butte, N2NE4-18-150-78; Lot 8, Blk. 1, Butte (Dogden) OT.

Marlene and John M. Iglehart to Dustin Kovarik, Garrison, N2-22-148-87.

Jacqueline Radke to Roxanne J. and David Kapanke, Underwood, Lot 3, Blk. 14, Underwood OT.

Linda Schlafmann Estate to Robert Sondrol, Turtle Lake; Patrice Leddy, Albuquerque, N.M.; Kevin Sondrol, Turtle Lake, (Unit #4) Lots 6-9, Turtle Lake Bicentennial Addition.

Mary Elizabeth Johnson to David and Jodi Mautz, Garrison, E2NE4-23-148-84.

Randy C. Sievert to David and Jodi Mautz, Garrison, E2NE4-23-148-84.

Paul B. Sievert to David and Jodi Mautz, Garrison, E2NE4-23-148-84.

Karen J. Sanchez to David and Jodi Mautz, Garrison, E2NE4-23-148-84.

David L. and Tammy L. Peyer to Yvonne D. Peyer, Washburn, Lot 13R, Blk. 10, Washburn OT.

Wayne P. Johnson Living Trust to Friluftsliv Holdings

LLP, Minot, (Outlot A) S2NW4-14-146-81.

Rodney and Rosalee Laughlin to Melissa Rose Schlinger, Waconia, Minn., N2, SE4-32-144-80.

Osterlund Woodworks, Inc. to Tyler Nicholas Jacobson, Garrison, Lot 7R, Blk. 5, Garrison Bicentennial Rearrangement.

Barbara Meiers, Jane Kostenko, Susan Baker, Nancy Robinso to Galen L. and Bonnie J. Scheresky, Max, W2NE4, SE4NE4-25-150-84.

David Olson Estate to Scott Olson, Mandan, (Less RR Row & Hwy) SW4-10-150-84.

Kerry and Spencer S. Seidler to Seidler Family Revocable Trust, Garrison, NW4-11-149-84; S2NW4, S2NE4, W2SW4, NE4NE4, NW4SE4-14-149-84.

Ervin T. and Crystal L. Flath to ECF Properties, LLC, Garrison, Lot 6, Blk. 6, Garrison Pankratz 2nd Addition.

Ervin T. and Crystal L. Flath to ECF Properties, LLC, Garrison, Lot 6, Blk. 6, Garrison Pankratz 2nd Addition.

Darren Young to Chad and Heather Weisenberger, Underwood, Lots 6-7, Blk 2, Underwood Houser Addition.

Kori and Brenda Schantz to Amber Schneider, Underwood, Lot 6, Blk. 3, Underwood Mees South Terrace Addition.

Freda Voth (LE) to Linda Hummel, Garrison; Robert Voth, Benedict; Timothy Voth, Spirit Lake, Iowa; Tammy Rodacker, Turtle Lake; (N. 27' of W2) Lot 10, Turtle Lake Arvidson; (W. 285.6' of S2) Lot 11, Turtle Lake Arvidson.

Albenana Fettig to Wendelin Fettig, Underwood; Lot 9, Blk. 14, Underwood OT.

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CALENDAR

Saturday, Aug. 24

White Shield High School class of 1969 reunion, 12:30 p.m., Wilderness Park.
 Moving sale at Fuzzy and Jan Lauer residence, 10 a.m. to 4 p.m., 814 2nd Street East, McClusky.
 Piecemakers Quilt Guild meeting, SACA Lodge, 9 a.m.
 Farmers Market, North Shore Inn Parking lot, 9-11 a.m.
 Community Food Pantry, Ryder, 10 a.m. to 2 p.m. No cost lunch provided.
 Fort Stevenson Regatta, Fort Stevenson State Park, noon.
 Beach Party, Fort Stevenson State Park, 5-11 p.m. See ad for full details.
 Hazen's citywide rummage sale.
 Lord's Pantry open 10 a.m. to noon at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.
 Wes and Sharon Weible 50th wedding anniversary celebration, 2-4 p.m., Turtle Lake Senior Citizens Center.
 Huge estate rummage sale, 9 a.m. to 3 p.m. Aug. 24; 10 a.m. to 3 p.m. Aug. 25; 590 Becker Street, Turtle Lake

Sunday, Aug. 25

Allen and Melinda Betz 50th anniversary open house, 1-6 p.m., Wilderness Park Shelter, Garrison.
 A 50th wedding anniversary open house for Allen and Melinda Betz, 1-6 p.m., Wilderness Park Shelter, Garrison.
 Conner and Amy Folske (Heger) baby shower for Ryatt, 1 p.m., Peach Lutheran Church, Garrison.

Monday, Aug. 26

Yoga, First Congregational Church, Garrison, 8 a.m.
 Bone Builders exercise, Garrison Senior Center, 10 a.m.

Tuesday, Aug. 27

WIC Nutritionist available at the Garrison office. Call 463-2641 to schedule an appointment.
 Harvest Market on Main farmer's market & Bike Rodeo, Garrison Main Street, 4:30 p.m.
 Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.

Wednesday, Aug. 28

Adult Health Services and Foot Care Clinic available at the Public Health office, Garrison. Call 463-2641 to schedule an appointment.
 Yoga, First Congregational Church, Garrison, 8 a.m.
 Garrison City Landfill, 1-5 p.m.

Thursday, Aug. 29

The Community Clothing Share-Exchange open 10 a.m. to 6 p.m. at 221 Main St., Turtle Lake.
 Bone Builders exercise, Garrison Senior Center, 10 a.m.
 Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.
 Mass community screening for 3, 4 and 5 year old children at Bob Callies Elementary, 9:30 a.m. to 2:30 p.m. Call 463-2213 to schedule an appointment.
 Sheldon Bennett is celebrating his 60th birthday. Send cards to: c/o Sheridan Memorial Home, PO Box 350, McClusky, ND 58463.

Friday, Aug. 30

Lewis & Clark Farmers Market, 4-7 p.m., L&C Interpretive Center, Washburn.
 Yoga, First Congregational Church, Garrison, 8 a.m.
 Garrison City Landfill, 1-5 p.m.
 Lamplighters Potluck Supper, Garrison Senior Center, 6 p.m.

Saturday, Aug. 31

Mercer-Turtle Lake Rodeo Club bulls, broncs and barebacks, Brush Lake, Mercer, 4 p.m. See ad for full details.
 Farmers Market, North Shore Inn Parking lot, 9-11 a.m.
 Douglas Bay Scramble, Garrison Golf Course, course closed until noon.

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event: _____
 Date/Time: _____
 Location: _____

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We have T-shirts, sweatshirts, sweat-pants, shorts, handbags, jackets, caps, and blankets with your local team name printed right on them.



Made especially for you...

PRAIRIE FARE

Kitchen hacks to prevent culinary disasters

BY JULIE GARDEN-ROBINSON
 FOOD AND NUTRITION SPECIALIST
 NDSU EXTENSION

"What are you doing with this?" my husband asked, as he held up a plastic bag of fresh dill.

I smiled sweetly and replied, "Thank you for finding that, dear."

I am kidding. Trust me: My response was not sweet at all.

I was upset with myself because I forgot to put the dill in the "pickled dilled beans." I had just placed the jars in our boiling water-bath canner. I figured I could save my efforts if I acted quickly.

My husband seemed kind of amused watching me move so fast.

I pulled the jars out of the boiling water and removed the screw bands and lids. The plastic in the lid had not begun to melt. I added the dill, replaced the lids, put them back in the boiling water-bath canner and hoped for the best. They all sealed.

We made another batch a few days later. My husband couldn't resist teasing me, brave man that he is.

"Did you add the dill?" he asked with a smirk.

"Yes, I did, dear," I replied. That's an actual quote, but I said it slightly sarcastically.

I organized my workspace better the second time. We will enjoy these beans when the snow is flying and our backyard garden is covered with snowdrifts.

Sometimes culinary disasters happen in the kitchen. You might be able to save them. Other times, you just learn from your mistakes and add material to your compost bin or trash.

When I used to teach classes about food preparation to college students, sometimes I'd



This rosemary focaccia bread is best made using fresh herbs, but dried herbs can be substituted. (NDSU Photo)

have to "diagnose" the missing ingredient. This happened whenever one group's final product looked a lot different from another group's.

Most commonly, I get questions from people who are missing an ingredient in their kitchens, and they want to substitute something. Their grocery store may be far from their home or closed for the day. Maybe they don't feel like driving to the store.

"Ingredient Substitutions" is a popular NDSU Extension publication that you might want to print and put in your cupboard or bookmark on your computer. Keep in mind the substitutions result in some changes to the texture or flavor of your recipes.

For example, what if I didn't have any fresh dill to use? I could have substituted 1 tablespoon of dill seed for every three heads of fresh dill.

In another scenario, you may think you have a fresh onion. When you check, you are disappointed that you do not have one in your pantry. For one small onion, you can use 1 teaspoon of onion powder or 1 to 2 tablespoons of minced dried onion.

What if you are making a recipe calling for brown sugar and your cupboard has many things, but no brown sugar? For each 1 cup of brown sugar, you can substitute 1 cup of granulated sugar plus 1/4 cup of molasses.

If you are making a recipe calling for 1 cup of buttermilk, you could use 1 cup of regular milk, remove 1 tablespoon of milk and then add 1 tablespoon of lemon juice or vinegar.

See tinyurl.com/NDSUIngredientSubs for the complete list of substitutions. See tinyurl.com/NDSUPickleGuide for various pickling recipes, including my now-famous pickled dilled green beans.

Here's a tasty bread that

you can make in your slow cooker to keep your kitchen cool in the summer. If you do not have fresh rosemary or thyme, you could substitute 2 teaspoons of each of the dried herb leaves. I think it will taste better with the fresh herbs, though.

Slow cooker rosemary focaccia bread

- 2 c. all-purpose flour
- 1 tsp. instant yeast
- 1 tsp. salt
- 1 c. warm skim milk
- 2 Tbsp. extra-virgin olive oil, divided
- 2 Tbsp. minced rosemary leaves
- 2 Tbsp. finely chopped thyme leaves

Line the slow cooker with parchment paper so that it covers the bottom and comes up the sides about 3 inches. Spray the parchment paper with cooking spray. In a mixing bowl, combine flour, yeast and salt. In another bowl, stir together the milk and one tablespoon of olive oil. Add the milk mixture to the dough and stir together until combined. The dough should be sticky. Transfer the dough to the slow cooker and spread it out into the corners or in an oval shape. Without turning the slow cooker on, cover with the lid and let the dough rise for 30 minutes. While the dough is rising, combine the remaining tablespoon of olive oil with the minced herbs in a small bowl. After the dough has risen, brush the olive oil-herb mixture on top of the dough. Using a sharp knife, score across the surface of the dough about a fourth of the way deep. Place a towel over the bowl of the slow cooker, cover with the slow cooker lid and cook on high for two hours.

Makes eight servings. Each serving has 170 calories, 5 g fat, 5 g protein, 26 g carbohydrate, 0 g fiber and 310 mg sodium.



Julie Garden-Robinson

GARDENING TIPS

This and that

BY BEV JOHNSON M.G.
 UNIVERSITY OF MINNESOTA EXTENSION
 MASTER GARDENER

Not only are gardeners happier, they might even be smarter than their clean fingered friends, according to a study in 2007 by Sage College in New York. That happy feeling gardeners get after digging in the dirt is linked to a soil organism called Mycobacterium vacce. This little bacterium decreases anxiety and increases serotonin, the "happy hormone". At the same time, it has been found to increase learning ability. Gardeners

already know that digging in the dirt makes them happy and reduces stress but how does it make us smarter? Scientists know that when you are stressed you don't learn as well, according to Dorothy Matthews an associate professor of biology at the Sage Colleges. To prove her theory, she exposed mice to the bacteria to see how it might affect the ability to navigate the maze and remember that information over time. She found that not only did the "buggy" mice go through the maze twice as fast as unexposed mice, they were also less anxious, although how you can tell if a mouse is anxious is beyond me. She also determined that the positive

effects lasted for an extended period.

The takeaway of this study is that spending time in the garden not only provides us with food but puts us in contact with microbes that affect our mental health. This study should encourage schools to have gardens. Just being outdoors helps kids get rid of excess energy. Pair that with gardening, planting seeds and seeing them grow and we can grow geniuses --- maybe.

If your tulips didn't bloom this year, there may be several reasons. Squirrels or chipmunks may have eaten the bulbs. Especially if you

Gardening page 8

THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128
 Email: leadernews@westriv.com • Website: bhgnews.com
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.
 1-E-TFN-NC 58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.
 1-E-TFN-NC 58540

Auctions

DIANA BAHR AUCTION, Saturday, Sept. 7 at 11 a.m. at the Garrison City Auditorium. Antiques, household, wood working and shop tools, misc. SJ Auction Service 337-5410.
 15-4TPDIXT 58540

RANDY SAWICKI ESTATE and Nancy Sawicki, 10:30 a.m. Sept. 14, 39500 McLean County 29, Wilton, tractor, gravity grain bin, equip. and shop, guns, antique and household. Northern Auction, Kevin Beeter, midwestauctions.com/northern 11-19-E-NC 58577

Help Wanted

STEVE'S PLUMBING SERVICE, LLC in Garrison, ND is looking for a full-time Apprentice or a Licensed Journeyman plumber. Competitive wages and benefits D.O.E. Call 701-460-7471 or email a resume to szach@restel.net
 16-C2TIX 58540

JOIN OUR team at Captain's Cabin in Washburn! Now hiring full-time and part-time cooks and part-time bartender. Please contact Cassie or Emmy at 462-8383 or stop in for an application.
 14-17-E-X 58577

Help Wanted Jailer/E-911 Dispatcher

Join our team! Flexible hours, advancement opportunities, GREAT benefits!

McLean County will accept applications until 4:00 P.M. on **Wednesday, August 28, 2019**, filling **one (1) or more positions** as full-time Jailer/E-911 Dispatchers. Starting salary is \$36,279 annually. A full benefit package is offered including paid health insurance (family and single), paid retirement, annual leave and sick leave. For further information on the position or to obtain a McLean County job application form, interested individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577 or call (701) 462-8541. Only official McLean County application forms will be accepted. An application form can be accessed from the county's website:

<http://www.mcleancountynd.gov/employment>.

Resumes may be included with the application but will not be accepted in place of an approved application form.

To be considered, all applications and related items must be submitted to the McLean County Auditor.

Help Wanted

HELP WANTED



is looking for **SALES ASSOCIATES** Full Time or Part Time
 Stop in for an application
 200 5th Ave SE, Garrison

HELP WANTED



is looking for **Cooks, Servers & Bartenders**
 Apply in person or call 701-337-2070
 Lake Audubon • Hwy 83 337-2070

HELP WANTED



Turtle Lake Hospital
 Full-time Nurse
 Full-time Clinic Nurse
 Part-time Clinic Nurse
 Full-time Nurse Aide
 Help-out Nurse Aide

Experience preferred but not required. Contact Jessie 701-448-2331 ext 206.

This institution is an equal opportunity provider and employer.

Help Wanted



Washburn & Center, ND
 Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.
 EOE/AA/Disability/Veterans/M/F Employer
 Immediate full-time & part-time openings!

HELP WANTED

Max Farm Services Cenex C-Store is accepting applications for **cross trained positions, till, kitchen and floating help. Competitive pay, paid time off, gas discounts, AFLAC, retirement after 1000 hours. Some weekends required.**
 Applications at Cenex in Max or call TJ at 701-679-2203.

NOW HIRING

We are seeking an **Equipment Operator** for our Riverdale, ND operations. Primary duties include servicing, maintaining and operating equipment on a daily basis on a washing or crushing plant.

Applicant must be 18 years old. We offer a competitive wage and benefit package. Pre-employment physical and drug testing are required.

Employment applications may be filled out online at www.fisherind.com. To request an accommodation, call 701-456-9184 and ask for HR Department.



Fisher Industries is an Equal Employment Opportunity Employer and an Equal Opportunity Employer of Protected Veterans and Individuals with Disabilities.



West River Telecom (WRT), a growing telecommunications cooperative, has a position opening for a full-time IT Specialist. A complete job description of each position can be found at www.westriv.com

IT Specialist (Full-time)

Job Responsibilities: This position provides expertise on all IP products and services. There are four areas that the IT Specialist will specialize in; VoIP, routing, firewalls and security. The IT Specialist is responsible for design, test, implementation and maintenance practices that ensure the efficient and reliable operations

Qualifications: Associate degree, preferably in computer science or related field, or equivalent work experience and current CompTIA A+, CompTIA Network+, and Cisco CCNP certifications is required.

Application Deadline: August 26, 2019

Complete application online and submit with resume via www.westriv.com or Send cover letter, WRT Application and resume to the following address: West River Telecommunications Cooperative Attn: Michelle Perreault, PO Box 467, Hazen, ND 58545

WRT is an Equal Opportunity Employer

Help Wanted



HELP WANTED
 Come join our team!
 • **Homemaker**
 35 hrs/week, benefit eligible wage range \$12-\$16
 Apply at www.blcgarrison.com
 Call Jill Borth @ (701)463-2226
 "equal opportunity employer"



HELP WANTED
 Come Join Our Team!!
Full-Time CNA
 Not a CNA? We can help!
 Benefit Eligible
 Starting wage \$14.56
 Apply at www.blcgarrison.com
 Or call Jody Lawson at (701)463-2226
 "EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Part Time

Day Cook / Dietary Aide
 Eligible for Benefits
 For more information call 701-463-6503

Pick up application in Administration or online at CHISTAlexiusHealth.org



The institution is an equal opportunity provider and employer

HELP WANTED

Coaching Positions

Garrison Public School District is seeking applications

- **ONE ACT PLAY DIRECTOR** Fall 2019-20 School Year
- **GIRLS BASKETBALL -FALL** Elem. Head & Assistant
- **BASKETBALL CHEER COACH** Winter HS Head & JH Head
- **BOYS BASKETBALL -SPRING** Elem. Head & Assistant
- **TRACK COACH -SPRING** Two Assistant Coaches

Please stop by Garrison High School for an application. Applicant must include a resume and three references.

Contact Nick Klemisch at 463-2818 for more information.

Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Aug. 26 and Sept. 23. Have them there by 11 a.m. Call Darin, 701-315-0144.
 43-TFN-E-X 58577

Misc. for Sale

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.
 1-E-TFN-NC 58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.
 35-P-TFN-NC 58577

Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.
 1-E-TFN-NC 58577

Help Wanted

HELP WANTED

Black Jack Dealers

- Flexible Schedule
- Evening and weekend hours
- Opportunities to work in Garrison, Underwood, Riverdale, & Beulah
- No experience necessary – will train!



Please call 701-463-2631 to inquire!



At Basin Electric, our employees are the heart of our organization. Together with our subsidiary Dakota Gasification Company, we employ more than 1,800 people across multiple Midwestern states. In addition to competitive salaries, we offer an incredible benefits package.

Please check our website for the closing dates of these job openings.

Basin Electric Power Cooperative

- Cyber Security Specialist II or III (TSM) - Menoken, ND
- Superintendent (MLC) - Warren, MT
- Facilities Technician I (Housekeeping) (2 Positions) - Bismarck, ND

Questions? Call 701-557-5603

Equal Employment Opportunity Employer of Minorities, Females, Protected Veterans, and Individuals with Disabilities.



Real Estate for Rent

1 BEDROOM studio apartments available in Garrison. Furnished, all utilities included. Monthly rates. Call 337-5169 or 701-220-7477. 16-2TPDX 58540

NOW RENTING

Heritage Heights Apartments
1040 Custer Dr., Washburn
New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable. 701-527-4739 or Manager 701-220-8145

GARRISON TOWN HOMES

Now Available:

2 Bedroom Senior Friendly Unit
Open Living Area/1 3/4 Baths,
Attached 2- Stall Heated Garage!
Non Smoking, No Pets.
\$1,100 per month+Utilities,
includes lawn care and snow
removal services.
Contact Mike Matteson at
Garrison Insurance 463-2099
11 Central Ave E or call
(701) 463-2099 for Application.
*This institution is an equal opportunity
provider and employer.*

Real Estate for Sale

TOTALLY UPDATED HAZEN 3 bedroom house for sale: A lot of house for the price, large fenced lot with attached and detached garage, main laundry. Some updates include new cabinets, counters, lights, flooring etc. \$170,000. 701-426-7181 16-19-E-PD 58545

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Real Estate for Sale

Farm Land for Sale

Arlene D. Norberg Land Trust
(The late Albert Fedorenko's Farm)
Butte, ND - McLean County

The following land is for sale on sealed bids.
160 Acres: Section 24-150-76 N 1/2 of SW 1/4 and W 1/2 of NW 1/4 L-shaped field.
40 Acres: Section 22-150-78 SE 1/4 of SE 1/4

October 1st, 2019 is deadline for 1st bids. Top 5 bidders will get to bid again, then the top 3 bidders. Highest bidder will take possession on January 1st, 2020.

Please mail bids to: Jay Fedorenko
423 1st Street NE
Garrison, ND 58540
Phone: 701-720-5542

We retain the right to refuse any or all bids.

Rummage Sales

SATURDAY ONLY, Aug. 24, 8 a.m. - 7 p.m. 14029 Inspiration Lane, Garrison (2 miles south of Cenex) Furniture, rugs, massage bed, salon products, baby items, toys, women/men clothes, decor, kitchen cupboards, misc. office supplies. 16-ITPIX 58540

RIVERDALE COMMUNITY CHURCH rummage sale, 9 a.m. to 4 p.m. Aug. 23 and 9 a.m. to 3 p.m. Aug. 24 at Pick City Hall. 15-16-E-PD 58577

RUMMAGE SALE: Glass gun cabinet, table and chairs, portable bar, Christmas decor, pool table, kitchen items, porcelain dolls. 13583 Pheasant Run Rd, Garrison. Turn towards Ft. Stevens Rd, go 2 miles, turn at red house. Aug. 23-24, 9 a.m. to 6 p.m. 15-16-E-PD 58577

Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for Some. 833-2884. U call, I Haul. 44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831. 9-34-E-PD 58577

Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com. 1-E-TFN-NC 58577

Statewides

HELP WANTED CITY OF CARRINGTON, ND accepting applications for full-time Police Sergeant; must be ND Board licensed, rotating 12-hour shifts; have 3 years PD

Statewides

experience; wage DOE, many benefits. Contact nkruse@nd.gov or 701-652-3388 with questions.

ADULT FARM MANAGEMENT INSTRUCTOR. The NDSCS Agriculture Department is seeking dynamic candidates for an Adult Farm Management (Fargo) faculty position. Requires a bachelor's degree in an Agriculture-related discipline, business or other related field. Duties include teaching, recruiting and enrolling students; assisting students in developing sound farm financial and production records; and submitting completed year-end farm business analysis for state and local averages. This is a full-time, 12-month position. Salary is DOE. Screening begins immediately. Applicants must complete the online NDSCS employment application at: <https://www.ndscs.edu/about-ndscs/ndscs-employment-opportunities/> For more information contact Human Resources at: (701)671-2903; 1-800-342-4325, ext 32903, 800 N 6th Street, Wahpeton ND 58076.

CITY OF ENDERLIN has opening for Public Works Employee, Full-Time, Full Benefits, Wage-DOE. Contact Auditor's Office at 411 Railway St. or 701-437-3476.

FARMERS UNION OIL in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

CLASS A OTR DRIVER WANTED. Reefer/drive in. Home weekly. Starting .45 to .49/mile, DOE. Benefits: Health Insurance, Sign-On Bonus, Paid Vacation. Bill (701) 527-7215.

LOOKING FOR THE most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

Statewides

REAL ESTATE FOR SALE ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

ANNOUNCEMENTS/ AGRICULTURE FARMERS MARKET CUSTOMERS! How can North Dakota's farmers markets better meet your needs? Take our customer survey at www.fresherfoods.org and enter to win a \$25 prepaid gift card. Information gathered supports farmers markets statewide. Paper copies available. Call 701-228-5605.

BIDS CARRINGTON PUBLIC SCHOOL District will accept bids for two new 2020 school route buses. For additional information or questions, contact Superintendent Brian Duchscherer, Carrington Public Schools, PO Box 48, Carrington, ND 58421, Phone 701-652-3136. Bids due prior to 12:00 noon, Friday, September 6, 2019.

MISCELLANEOUS WE MAKE IT easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

AUCTION

Sept. 4 10 AM CST - Online Only Equipment Auction on AuctionTime! 2002 JD 7510 w/ Loader/Grapple, 2014 McCormick X60.40, Rubber Conveyor Belting, Welder, Air Systems, and more! Wolff Auctioneers.

Sept. 7th @ 10 AM CT Owner: Martin & Hildegard Morrell. Offering: Shop Items & Furniture. Location: Eagles Club of Mandan, 1400 Collins Ave., Mandan, ND. Wolff Auctioneers.

Sept. 14 - 10:30 a.m.: Randy Sawicki Estate and Nancy Sawicki, 39500 McLean County 29, Wilton, tractor, gravity grain bin, equip. and shop, guns, antique and household. Northern Auction, Kevin Beeter, midwestauctions.com/northern

Sept. 21 - 9 AM MT Environmental Driven Solutions L.L.C. Liquidation Auction. Offering: Oil Field Related Equipment, Trucks, Trailers, Tools Location: Killdeer, ND Wolff Auctioneers.

Sunday, September 22nd, 2019 @ 12:30 PM CT, Owner: Veryl Morast Estate Offering: Vintage ATV's, Snowmobiles, Vehicles, Shop Items, Guns & Furniture Location: 7 mi. N. of Zap, ND on Cty. Rd. 13 or from Hwy 1806, 1/2 mi. S. on Cty. 13. Wolff Auctioneers.

Sept. 24th, 2019 Dunn County Land Auction. Offering 516 Acres and Farmstead. Legal Description: S 1/2 & NW 1/4 of the NW 1/4 & S 1/2 of the NE 1/4 of Sec. 26-143-91. Property Located: (From Dodge, ND) 7 mi. S on 81st Av. SW, 1 mi. E on 15th St. SW & 1 mi. S on 80th Av. SW. Seller: Larry Zarr. Wolff Auctioneers.

October 5 9:00 AM CT - Hardware Hand Liquidation - New Salem, ND. G&G Auctioneers.

October 12 10:00 AM MT - SAETZ FARM & RANCH EQUIPMENT AUCTION. Owner: Frank Saetz Estate & Bonnie Saetz. Partial Listing Coming Soon. Wolff Auctioneers.

October 26 10:00 AM CT - 250+ Gun Auction - New Salem, ND. G&G Auctioneers. **NOVEMBER 1**, Mercer County Land Auction, 320 Acres - the S2-Sec. 19-145-84, Seller: Henry Miller Land, 5 miles NW of Stanton, ND, More information coming soon. Wolff Auctioneers.



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GARDENING

continued from page 5

left the dry skins on top of the soil. A layer of chicken grit, crushed granite, on top of the bulb when you plant it will prevent that. Second, the bulbs just “wore out.” Some varieties are short lived. Third, the deer or rabbits ate the leaves. There are repellents just for this problem. If you have the second problem, plant species tulips. These are the wild parents of the hybrid tulips. They multiply either by seeds or underground stems called stolons. The type called multiflowered are well named. 12 bulbs will give you about 36 blossoms. Two to look for are Tulipa saxatilis and tulipa praestans. These tulips bulbs are about quarter sized. The stems are much shorter than their hybrid cousins, so they don’t break in high winds or flop over when blooming. Like sun flowers, the flowers follow the sun, looking East in the morning and West by the end of the day. There are 2 types; star shaped and bowl shaped. The stars are only 4 to 8 inches tall with blooms 2 to 3 inches wide. The bowl-shaped types grow about 8 to 14 inches with blooms 2 to 6 inches across. These tulips originated in Turkey, ancient Persia, the steppes and mountains of central Asia, North Africa, Spain, Greece, or Crete. They thrive in climates with long winters, cold wet springs and hot dry summers. Sounds like Minnesota. These little beauties need full sun, and either humus rich or sandy loam with good drainage. If you want them to reseed, leave the flower head on. You won’t find these tulips in your local nursery. Try these catalogs. Dutch Gardens, John Scheepers, McClure & Zimmerman, or Tulip World. We always knew playing in

the dirt made us feel happier, now we know it also makes us smarter than “the average bear”.

Bulbs and more bulbs

There is nothing wrong with daffodils and tulips. They are the backbone of spring gardens. However, there are other lesser known bulbs an adventurous gardener can plant. The biggest problem is finding a supplier. Here are a few to try if you can find them.

If you have a lot of shade, look for trout lilies. These little beauties are only about 9 inches tall. The creamy white petals curl back showing off their yellow throats. The mottled leaves struck someone as looking like a trout’s back, thus the name. This flower is also called a dog tooth violet, although it’s not a violet. The name comes from the shape of the bulb. This girl will multiply under trees that are bare in the spring giving her 4 to 8 hours of spring sun before the trees leaf out. All they need is well drained soil and planting them pointed side up. They will multiply leaving the gardener with a carpet of cream in the spring. If you deadhead them, it will help increase their number. You can find this bulb in the fall edition of the Jung Seeds and Plant Catalog. It is based in Wisconsin, in our safe shipping area. Do be wary of bulbs or plants from south of our northern tier of states as they may not be hardy, even though they are for zone 3 or 4. A plant or bulb from a warmer climate may be too “sissy” to survive our winters.

Crocuses do well in the same areas. Just remember not to mow them off until the leaves have died as they need the leaves to feed next spring’s blooms.

If you have a spot with cold, wet clay, plant camaissas. These are tough plants that will do well in soil that is flooded in spring that dries out in the summer. This flower is a spike of blue, a fairly rare flower color. They don’t survive being moved, be sure that is where you want them before you plant them. They will do well in ordinary soil too. All three of these bulbs are zone 3 hardy.

A zone 4 to try is the Mariposa lily. This pretty girl is also called the butterfly lily. When they bloom on foot and half tall willowy stems, they look like a field of butterflies, thus the name. They are a cousin of tulips. They like a moist spot in the winter where is will be well drained and drier in the summer just like tulips do. Putting tulips in a spot that stays wet most of the spring will almost ensure that they will rot. Tulips and their cousins originated in dry hilly areas in Turkey and Greece.

Don’t forget to plant handfuls of the minor bulbs. They are called minor because of their small sized bulbs and smaller flowers. A few Scilla (Siberian Squill) will explode into a solid field of blue in a few years. The nice thing about that is they are ephemeral, that is they die down after blooming. Bunkey found little blue surprises of scilla blooming here and there in his grass and under trees 10 years after planting the first 20 bulbs. Apparently, birds like the seeds. Another tiny blue bloom is Glory of the Snow. The scillia has hanging blue bells, this flower is an up-facing blue star. They both bloom early in the spring when you really need color.

Nurseries, grocery stores and catalogs will soon be selling bulbs. Think spring and plant a whole lot of them.

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