

# Xtra

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Sheridan Counties

PRSR STD  
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Permit No. 22  
Garrison, ND

ECRWSS

Postal Patron  
Deliver By Monday  
Vol. 35, No. 18  
Monday, Sept. 9, 2019

The best circulation  
for your dollar

## START YOUR SMOKERS!!!

**Sweet Corn**  
Fresh,  
Local Corn  
**10/\$4**

**Blackwell Angus**  
Bone-In New York  
Strip Steak  
USDA Choice  
**\$5.98**  
lb

**93% Extra Lean**  
Ground Beef  
Family Pack  
**\$3.49**  
lb

**Jennie-O**  
Turkey Breast  
Frozen, Bone-In  
**99¢**  
lb

**Hormel Natural**  
Boneless Pork Loin  
Half Loins - Whole in the Bag  
**\$1.78**  
lb

**Angus Farms**  
Tri Tip Roast  
USDA Choice  
**\$5.99**  
lb

**Powerade**  
32 oz btl,  
Selected Varieties  
**69¢**

**Fresh Baked**  
French Bread  
Fresh Baked Everyday  
**\$1.69**  
ea

**Bud Light,**  
Budweiser or  
Michelob  
Golden Light  
24 pk 12 oz cans  
**\$18.99**

**SALE PRICES GOOD SEPTEMBER 9 - 15, 2019**

# KRAUSE'S

Hazen, ND 748-2444  
Garrison, ND 463-2215  
Washburn, ND 462-8561

**Market**



**CHECK OUT  
OUR AD  
ONLINE AT  
KRAUCESSUPERVALU.COM**

# SERVICE DIRECTORY

## MEDICAL

**Northland HealthCenters**

Turtle Lake - Dental  
701-448-9111  
Hours: Mon-Thurs 8-5

Turtle Lake - Medical  
701-448-9225  
Hours: Mon 8-6:30; Tue-Fri 8-5  
www.northlandchc.org Find us on    
You can now pay your bill online!

## OPTOMETRISTS

Optometrist  
**Dr. Schindler & Dr. Deis & Hellebush**

N. Main Street • Garrison  
Monday, Tuesday, Thursday 9 a.m. - 5 p.m.  
463-2224 • 1-800-876-1067 (Bismarck)

**Eyecare Professionals**

Dr. James Helmers  
Dr. John Helmers  
Dr. Emily E. Zinke  
Dr. Anna L. Helmers

Washburn 462-8636  
Mandan 663-2020  
1137 Border Lane, Washburn

## PHARMACY

Monday thru Friday, 9 a.m. - 6 p.m.  
Saturday 9 a.m. - 5 p.m.  
Pharmacy Open 9 a.m. - 1 p.m. Sat.

We guarantee low prices.  
Computerized pharmacy.  
All records kept for your insurance & tax purposes.

Deliveries Mondays & Thursdays  
**Chase Pharmacy**  
31 N. Main Street  
Garrison • 463-2242

## SPECIALTY

**Loving Choice Child Care**

Serving the community of Wilton since 2004

Licensed Group Provider  
Lora 701.226.4315

**HAUGEN'S DRAIN SERVICE**



- Power Snakes
- Sewer Cleaning
- 24-Hour Service

"For those sluggish drains and backed-up mains"  
Residential-Commercial-Industrial

Washburn • 462-3730  
Cell 315-0600

**PRAIRIE CARPET SERVICES**

Joshua Benjamin  
Owner & Operator, Ruso, ND  
701-833-2884 • 701-448-2883

- Clean All Types of Flooring
- Carpet/Upholstery Cleaning
- Janitorial • Wall Cleaning • Air Ducts
- Flood & Fire Restoration
- Radon Test & Mitigation

Low Rates • Cash/Check/CC/Trade or Barter

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## REAL ESTATE/INSURANCE

**WEST INKSTER REALTY**

"Recce the Realty Dog"

**Mike Matteson**  
OWNER/BROKER  
11 Central Ave E, Garrison, ND  
www.mikematteson.com  
gsbair@rtc.coop (email)  
(701) 463-2099 (office)  
(701) 337-6433 (cell)

**GARRISON INSURANCE**  
Insurance & Property Management

**Mike Matteson,**  
Managing Partner/Agent

**Jean R. Witt, Agent**  
Joetta Magandy,  
Customer Service Representative  
Dennis Hoffer,  
Property Management Assistant

**Contact us for all your Real Estate and Insurance needs!**

## SPECIALTY

**All Season Heating, Air Conditioning, Inc. & Sheet Metal**

**Randy Bertsch • 701-833-9484**

 Serving the Garrison & Minot areas  
25 yrs. locally owned & operated

**deeter**  
Garrison Dental

Dr. Matt Deeter | 701.463.2884  
Dr. Terry Deeter | 51 North Main St  
Garrison, ND 58540

Hours: Tues and Wed, 8 am - 5 pm  
After Hours: Contact Cathy at 701.509.6387 for appointments and concerns

**L & P CONTRACTING, INC.**

- Pole Building
- Foundations
- Flatwork

15601 16th St. SW  
Minot, ND 58701

**Lorn**  
701-721-2630

**Bakers Acres Lawn & Landscape**

Commercial / Residential Mowing  
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General Lawn Cleanup  
Landscaping, Snow Removal  
Rototilling, Dirt Work, Hauling

13875 SAKAKAWEA DR  
GARRISON, ND 58540  
701-426-4754  
701-337-2032

**Donovan Baker**  
OWNER

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STAMPED • STENCILED • STAINED • DECORATIVE

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Patios • Specialty Project

**701-720-0996 • Garrison, ND**

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Are you receiving the best price on your Fuel?  
Call me for a Transport load quote today.

**LORI THOM**  
cell: (701) 720-1195  
business: (701) 852-1194  
e-mail: lthom@spfenergy.com  
Agriculture/ Construction/ Oilfield

**FARSTAD OIL, INC.**

## SPECIALTY

**Robi's Repair INC.** Dog Gone Clean Dog & Car Wash

Full Service Auto Repair for diesel, gas & transmission

Dynamometer testing for horsepower & torque

615 Burleigh Rd, Wilton  
734-6011 • robisrepair.com

## SPECIALTY

- Gravel • Fill Sand
- Fill Clay
- Motor Grader, Trucking & Track Dozer Services
- Dirt Work

Delivery provided.  
Call 462-8669, leave message.

**Highway 83 Sand, LLC**  
Washburn, ND 58577

**Red Arrow Construction LLC**

Justin Whitecalfe  
redarrow\_justinw@outlook.com  
C 701.799.9697

Free Estimates

Professional Installers:  
• Seamless Gutters  
• Siding & Windows • Steel Roofing  
• Licensed & Insured

**Steve's PLUMBING Service LLC**

Owner  
Steve Zacharias

PO Box 1174  
Garrison, ND 58540  
701-460-7471 (Steve)  
701-460-7472 (TY)  
szach@restel.net  
Master Plumbing License #0012

**JB REPAIR, INC.**  
www.jbrepairinc.com

**ACDelco** **EZGO**  
Golf Cars  
Trojan Batteries

- Hunter Precision Alignments
- Road Force Tire Balance
- Tire Sales
- Full Service Automotive Repair

701-463-2054  
Jim Cell 701-337-6000  
Garrison, ND 58540

**Dakota Painting & Tree Service**

Interior • Exterior • Tree Trimming  
Residential • Commercial • Stump & Tree Removal

**Tom Rupp** Firewood Sales  
Cell 701-400-8864  
Licensed & Insured

**Evenson Excavating**

- Gravel Hauling
- Skid Steer Work
- Excavating

**701-337-6265 or 701-337-5877**

**PRIME FIREWOOD SALES**

\*\*\*Assorted Hardwoods\*\*\*  
We deliver or you pick it up.  
Call Tom  
**701-400-8864**



# EXTENSION NEWS

Free produce grower training sessions scheduled

**BY CALLA EDWARDS**  
MCLEAN CO. EXTENSION AGENT

The North Dakota Department of Agriculture has scheduled free training sessions for produce growers across the state.

“Fruit and vegetable growers and others interested in learning about produce safety, the Food Safety Modernization Act (FSMA) Produce Safety Rule, Good Agricultural Practices (GAPs), and co-management of natural resources and food safety should attend,” Agriculture Commissioner Doug Goehring said. “Attending a session will satisfy the FSMA Produce Safety Rule requirement that requires at least one supervisor or responsible party on a farm to complete food safety training recognized as adequate by the Food and Drug Administration.”

The sessions will be held:  
• Saturday, Sept. 28, 2019 at Dakota College at Bottineau in the Thatcher building,



Calla Edwards



Michelle Effertz

McMaster conference room, 105 Simrall Blvd., Bottineau  
• Saturday, Dec. 7, 2019 at the Jon L. Wanzek Center for Scouting, 4200 19th Ave. S., Fargo

• Thursday, Feb. 27, 2020 at the Baymont Inn & Suites, 2611 Old Red Trail, Mandan (one day prior to state local foods conference)

• Saturday, May 16, 2020 at the Bowman Lodge & Convention Center, 207 US-12, Bowman

Topics to be covered include:

- Introduction to produce safety
- Worker health, hygiene and training
- Soil amendments
- Wildlife, domesticated animals and land use
- Agricultural water
- Postharvest handling and sanitation
- How to develop a farm food

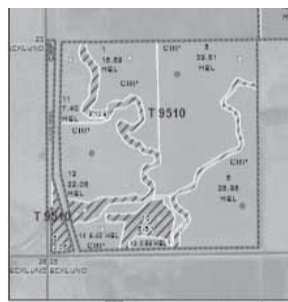
Extension page 7

## REAL ESTATE AUCTION 10:04 A.M OCT. 5



### OPEN HOUSES

2-4 p.m. Sept. 14 • 2-4 p.m. Sept. 15 • 4-6 p.m. Sept. 26  
Call Ken at 701-220-8575 to arrange for a private showing.



### Track 1 – Home & Land – 155 Acres +/- SW 1/4 24-142-80 Eklund Township

This quarter of land has a 1600 square-foot home that was built in 1993. It has steel siding. The roof was replaced in 2015 with metal. There is a 200-amp electrical service and dual source heating with a nice deck overlooking the back yard. The railings were replaced in 2019. There is a garden with mature trees and lots of room to grow. The home has its own septic system and well. Rural water is also connected. Electrical service is provided by Capital Electric and fiber optic service is provided by BEK Communications.

The main floor of the home has kitchen, dining room, living room, two (2) bedrooms, two (2) baths and laundry room.

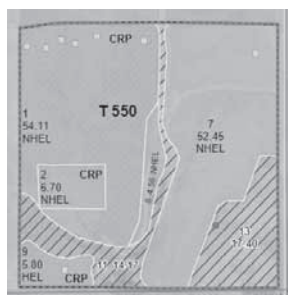
The lower level is accessible from the main floor. It also has a walkout onto a cement patio. The lower level has two (2) non-conforming bedrooms, family room, three-quarter bath and a workshop. There is a large window facing the east. Lower level is bright and open.

This quarter of land also has a 40 x 80 metal building; 30 x 40' of that is a heated work area. The remainder of the building is cold storage. There is also a grain bin located close to the metal building.

Approximately 5 acres is for railroad right of way. 10 acres is wheat base. PLC Yield 37

CRP 115.8 acres it is contracted @ \$42.83 per acre with an annual payment of \$4960. It is contracted until September 30, 2024. The new buyer will receive CRP payments beginning in 2020.

Property taxes for 2019 will be paid by the seller. Directions: 4 1/2 miles south of Wilton on Highway 83; go east 1 1/2 miles on 266 Ave NE. The driveway is on the north side of the road.



### Track 4 – 160 Acres +/- SE 1/4 12-142-81. (Painted Woods Township)

This parcel has rolling hills, mature trees and a draw with good wildlife habitat. There is a small pasture that has been rented by a local farmer for many years.

155 Acres Farmland

123.62 Acres Cropland  
Wheat – 57.0 – CCC505 CRP Reduction 14.60 – PLC Yield 37

Oats – 0.00 – CCC505 CRP Reduction 5.40 – PLC Yield 0  
Corn – 0.00 – CCC505 CRP Reduction .40 – PLC Yield 0  
Barley – 0.00 – CCC505 CRP Reduction 7.0 – PLC Yield 0  
CRP 66.6 acres @ \$30.00 per acre annual payment \$1998. The buyer will receive 2020 CRP payment. Contract ends on September 30, 2020. The 2019 property taxes will be paid by the seller.

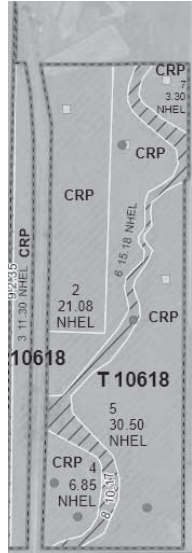
### Track 2 – 99 Acres +/- ECKLUND TOWNSHIP 13-142-80

– W1/2 W1/2 West of the Fifth Principal Meridian Burleigh County N.D. less a track of land situated in the W1/2W1/2 13 -142-80 West of the Fifth Principal Meridian Burleigh County N.D. described as follows beginning at the NW corner of set section 13 thence 1650 feet south thence 1320 feet east thence 1650 feet north thence 1320 feet west to the point to the beginning containing 50 acres more or less.

100.73 Acres farmland 88.21 acres cropland

DPC Crop Data: Wheat – 53.50  
Wheat Oats – 7.20; Corn – .5; Barley – 9.20

88 acres in CRP – \$31.44 per acre; annual payment of \$2776. CRP contract terminates in September 30, 2020. Buyer will receive 2020 CRP payment. This is flat ground. Railway has right away passing through it. The 2019 property taxes will be paid by seller.



### Track 3 – 143 Acres +/- NW 1/4-18-142-80 (Painted Woods Township)

This parcel has 127 acres of tillable land. The land has been rented by a local farmer for many years. It features rolling hills and has a nice draw through the land. It also has a good wildlife habitat.

102.5 Wheat – 37 PLC Yield 10.30 Oats – 54 PLC Yield

.70 Corn – 45 PLC Yield 13.30 Barley – 30 PLC Yield

No CRP contract on this parcel of land.

The 2019 property taxes will be paid by seller.

Directions from Highway 83 go west on 266 Ave NW for 4 miles go north one and a half miles on 54th St., NW that will put you in the SW corner of this parcel.



### THOMSEN'S 4 WINDS AUCTION

AUCTIONEER: KEN THOMSEN – LIC.#748; CLERK LIC.#546; MERCER ND 701-220-8575

ASSOCIATE AUCTIONEER: Heather Thomsen – Lic#876  
Terms: \$25,000 per track down payment, closing in 45 days or less. Transfer will take place by warranty deed. All statements made day of the sale take precedence over any printed ads. Not responsible for accidents. Other terms announced the day of the sale. Subject to owner confirmation.

## Roughrider Poker Tour

The Shore Bar & Grill - Brush Lake  
725 8th Ave NW, Mercer, ND

Sunday, Sept. 8 • Registration at Noon  
Cards in the air at 1:15 p.m.



Sponsored by Turtle Lake American Legion  
\$150 buy-in, Double Reentry, players start with 20K in chips. DOUBLE re-entry as well as late entry through Level 6 (Approximately 5:30 p.m.)



### BAR & GRILL

**Mondays:**

Smoked Sandwich

**Tuesdays:**

Indian or Regular Tacos

**Wednesdays:**

Buy 1 Burger, Get One 1/2 Price!

**Thursdays:**

Broasted Chicken

**Fridays:**

Fish/Seafood

**Saturdays:**

Steaks/Prime Rib

**Sundays:**

Pizza & Wings



Tuesdays at 8 pm

1st Blackout: 56#s for \$1,240<sup>00</sup>

2nd Blackout: 58#s for \$1,199<sup>00</sup>



**HAPPY HOUR**

Monday-Friday 5-6 pm

**\$1.00 OFF ALL DRINKS**

## 51ST ANNUAL DRAKE THRESHING SHOW SEPT. 7-8, 2019

FEATURING INTERNATIONAL HARVESTER EQUIPMENT



IN MEMORY OF HERB BLUMHAGEN



NORTH DAKOTA/MINNESOTA INT'L HARVESTER COLLECTOR CHAPTER 26 STATE MEET



IN MEMORY OF WARREN ZAKOPYKO

### SATURDAY, SEPT. 7TH

BREAKFAST

7:00 A.M. - 11:00 A.M.

BOUNCE HOUSE

11:00 A.M. - 3:00 P.M.

COUNTRY COUSINS (MUSIC)

KIDS GAMES

2:00 P.M.

ADULT GAMES

2:30 P.M.

BINGO (FOR EVERYONE)

3:00 P.M.

### SUNDAY, SEPT. 8TH

BREAKFAST

7:00 A.M. - 11:00 A.M.

CHURCH SERVICE (DEPOT)

10:30 A.M.

KIDDIE PEDAL

TRACTOR PULL

1:30 P.M.

BINGO

3:00 P.M.

DARYL'S RACING PIGS THROUGHOUT THE DAY



**5TH ANNUAL CONSIGNMENT AUCTION**  
SEPT. 7 - 10:00 AM

Contact Chris 701-693-5369, Jon 701-693-5575 or Kevin 701-240-8763

Steam powered & gas powered tractor threshing both days

Plowing | Shingle | Working  
Demonstration | Mill | Blacksmith

**FULL SIZE TRACTOR PULL PLUS PICKUP PULL**

SATURDAY - 4 PM • SUNDAY - 3 PM  
Contact Jon 701-693-5575 or Chris 701-693-5369

**VENDOR SHOW**  
SATURDAY 9AM - 5PM  
SUNDAY 9AM - 5PM  
Contact Cyndie 701-889-2056 for more details

**DAILY PARADE**  
SATURDAY - 12:30 PM  
SUNDAY - 12:30 PM  
Contact Chris 701-693-5369 for more details

NOT RESPONSIBLE FOR ACCIDENTS



Admission includes annual button | \$10 at gate • \$8 in advance • Kids 8 and under FREE

# Christmas in September

## Fabric Sale

**25% off** all Christmas Fabrics  
**30% off** if you take whats on the bolt  
**20% off** all other fabric

Sept. 2<sup>nd</sup> - Sept. 14<sup>th</sup>

This That 'n' More  
 Main Street • Garrison • 463-2671

# BHG

holds the KEY to all your printing needs

- Wedding • Anniversary
- Graduation • Shower
- Announcements
- Silk Screening

**BHG Inc.**  
 Garrison • 463-2201 Washburn • Underwood 462-8126

# Garage Sale

Old Green Acres Cafe, North Main Street  
**Every Wednesday, 10 a.m. to 4 p.m.**  
**Every Friday, 2 to 4 p.m. through September**  
 or call Marilyn at 363-2935,  
 Bev 363-2760 or Roxane at 363-2751 after hours.

This is a liquidation sale. All items must go.  
 Refrigerator \$250; all other items, free will donations accepted with proceeds going to Grace Lutheran WELCA.  
*Tables, chairs, desks, file cabinets, shelving, appliances, microwave, glassware, dishes, pots and pans, silverware, jars, Commemorative items, clothing and much more.*

Shade Tree Experts - Business since 1974

# R & C Tree Service

## Now Working in the Area

Complete Tree Service: Trimming & Removal - Stump Removal  
 License & Bond Insured  
 Modern Equipment  
 Excellent Work - Fair Price - Free Estimates  
**Call J.P Roberge 701-334-0381**  
**or toll-free 1-800-334-1518**  
 Credit Cards Accepted

# Amber Waves Inc.

## AUCTION

Mon - Sept 9, 2019 - 9 am MT  
**36 Hopper Bins**  
 Slightly damaged

6-4800 bu, 21-4000 bu, 5-3200 bu  
 2-1500 bu cake, 2-1160 bu cake

[www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)  
[www.globalauctionguide.com](http://www.globalauctionguide.com)  
[www.ndauctioneers.com](http://www.ndauctioneers.com)  
[www.auctionzip.com](http://www.auctionzip.com)

# Larry A. Pease Estate

# Farm Auction

Harvey Huber P.R. 701-320-5441

**LUNCH WILL BE SERVED.**

**Sat., Sept. 14, 2019 10:30 a.m.**

**1152 52nd Ave NW, Garrison, ND**  
**11 miles West of Garrison**  
**4 1/2 miles South on County Road 11**

**Harvesting/grain handling equipment and storage:**  
 1460 IH combine with pickup 24' straight header (1 700189u002048)  
 1680 IH combine with pickup 30' straight header (2-81 38026)  
 Combine Header trailer  
 IH 30' swather with pickup reel  
 IH 25' swather  
 Macdon 20' pickup reel  
 Grain vac (Rem 1026A)  
 12 grain bins with 1,500-7,000 Bu (1 hopper bottom bin)  
 13' Brandt grain auger (1370)  
 8" Westfield grain auger (j20851)  
 6" Sakundiak grain auger (HD6-41)  
 Canola roller  
 4" Hutchinson grain auger on wheels  
 6" hydraulic grain auger on wheels  
 Auger hoppers  
 Pickup guards for swather/combine  
 Air fans/screens  
 Quick Clean 4 screen grain cleaner

**Tractors:**  
 836 Versatile tractor (1985 S#217089- low hours on fresh overhaul)  
 835 Versatile tractor with Degleman Blade (1982 s#035881 14 ft Blade)  
 4640 John Deere tractor (S#00223R)  
 4230 John Deere tractor with loader/grapple fork (S#029277R)  
 4020 John Deere tractor with loader/grapple fork (S#204174R)  
 WD45 Allis Chalmers tractor

**Vehicles:**  
 1970 2.5 ton Chevrolet grain truck, single axle  
 1969 2.5 ton Chevrolet grain truck, single axle  
 1966 2.5 ton Chevrolet truck with bale hauler rack  
 1995 Chevrolet Chevrolet 1 ton pickup  
 1976 Chevrolet 4x4 pickup  
 2014 Honda side-by-side with tracks, snow bland & winch

**Seeding/Planting/Tillage equipment:**  
 2006 Redball pull-type sprayer, model 580, 90' boom  
 Degleman rock picker  
 20' John Deere hoe drills  
 24' Great Plains disc drills  
 27' Fleiscoil Air Seeder (M#G1330-AO-P057607)  
 36' John Deere field cultivator  
 29' Wilrich field cultivator  
 28' John Deere cultivator  
 24' John Deere disc  
 14' disc (Krause)  
 50' Morris drag  
 18' 3-section drag  
 6-bottom plow  
 Hydraulic drill fill  
 Cultivator shovels and beaver tails  
 Garden disc

**Haying equipment:**  
 9' New Holland mower  
 9' wheel rake  
 650 auto wrap New Holland bailer

**Trailers:**  
 Gooseneck Livestock trailer  
 2-horse bumper trailer  
 Utility trailer with sides  
 Snowmobile trailer  
 Garden utility trailers

**Livestock equipment:**  
 Artway feed grinder (Model 425-A)  
 ATV tow-behind feed cart  
 Calf self-feeder  
 2 head chutes  
 Approx. 200 portable corral panels and gates  
 Heavy duty hay feeders and feed bunks  
 New Idea manure spreader  
 Calf sled  
 Wire roller  
 Strap-on plastic roping horns  
 spoils of barb wire  
 spoils of barless wire  
 Corner posts  
 steel t-posts  
 Old branding irons  
 Fencing equipment and tools

**Hay:**  
 200 round bales

**Other equipment and shop tools:**  
 Farm King 3 pt. snow blower  
 Hydraulic post hole digger with 2 bits  
 Air compressors  
 Wire Feed welder  
 Arc welder  
 AC gauges and vacuum pump  
 Torch gauges  
 Tire changer  
 1550 gallon plastic water tank  
 Log splitter  
 PTO generator  
 Small drill press  
 Propane/diesel heaters  
 220v cords  
 110v heavy duty extension cords  
 Battery chargers  
 Band saw  
 Metal press  
 Aluminum ladders  
 Fans  
 4-wheeler ramps  
 Metal and plastic barrels  
 Log chains  
 4-wheel sprayer  
 Unopened oil  
 Old scales and vises  
 Anvil  
 Picks and axes  
 Chicken plucker  
 Broadcast spreaders  
 Brand new implement tires  
 Misc. tools (pry bars, jacks, sockets, etc.)  
 Misc. new parts for equipment  
 Scrap iron  
 Scrap batteries  
 Gas water pump and spray mixing cone

Not responsible for accidents. No items removed until paid for.  
 Statements made on sale day take precedence over printed material. All Sales Final.

**DJ Auction Service**  
 Auctioneer Daryl Lies, Lic. #531; Douglas, ND - 529-4463, Clerk DJ Auction Service, ND Lic. 416

# Advertisement for sealed bids

NOTICE IS HEREBY GIVEN, the Underwood Fire/Ambulance District, 208 Grant Ave, Underwood, ND will meet at the Underwood Fire/Ambulance Building on October 8th, 4:00 pm CT, for the purpose of opening bids for the furnishing of materials, labor and skill needed for the construction of building modifications, as more fully described in the plans for said modifications. Modifications consist of addition of a commercial kitchen and sleeping rooms within current building. Copies of the plans may be obtained from Underwood Fire District, Debby Swanson, secretary, at 701-442-3470. Or by contacting the Underwood Fire Dept at PO Box 1045, Underwood, ND 58576.

All bids must be upon the basis of cash payment for the work and materials and must be sealed and accompanied by the bid security made payable to Underwood Fire & Ambulance District, 208 Grant Ave, Underwood, ND, in the amount of at least 5% of the maximum bid sum. Security shall be a bid bond issued by a Surety Licensed to conduct business in the State of North Dakota, said Bond and Surety conforming to requirements of Section 48-01.2-CS(4) of the ND Century Code as amended, and must be delivered to the undersigned to arrive prior to the time of said meeting or mailed to: PO Box 1045, Underwood, ND 58576. The work on said project is required to be started within twenty (20) calendar days after the date specified in a notice to be given to the contractor by the District, and is required to be completed within 90 consecutive calendar days after the date of actual commencement of work.

The District will take bids from a General Contractor only for the interior remodel, modifications, electrical, plumbing, heating and ventilating. There will be one contract for all the work.

The Underwood Fire/Ambulance District reserves the right to reject any and all bids, and to waive any irregularities, and to hold all bids for a period not exceeding thirty (30) days after the date of the opening thereof.

Dated this 22nd day of July 2019  
**BY ORDER OF THE UNDERWOOD FIRE & AMBULANCE DISTRICT**  
 President: Don Paulson

# Auctioning 230 Acres +/- in NW Oliver County

**Tuesday, October 2nd, 2019**  
**6 p.m. CT**

*Auction will be conducted at the Cobblestone Inn, Beulah, ND*

**Legal Description:**  
 Parcel of the S2 - Sec. 8-143-87

**Tillable Acres:**  
 215.1 +/-  
 (These acres will be surveyed)

2018 Taxes:  
 SW4 \$339.13  
 SE4 \$294.67

Owner: Kelly Neuberger

**For questions please call Shane Wolff at (701) 870-9090**

For additional information on this auction and upcoming auctions go to [www.wolffauctioneers.com](http://www.wolffauctioneers.com)

**Wolff Auctioneers**  
 Visit our web site: [www.wolffauctioneers.com](http://www.wolffauctioneers.com)

SHANE WOLFF LIC. NO. 72 701-983-9373  
 HEAD CLERK: PAULA JO WANNER LIC. NO. 664 701-870-9090 (CELL) 701-870-1406 (CELL)

# CALENDAR

## Saturday, Sept. 7

Shea Larson bridal shower, bride-to-be of Chance Westgard, 2 p.m., St. John's Lutheran Church, Ryder.  
Garrison City Landfill, 8 a.m.- noon and 1-5 p.m.  
Farmers Market, North Shore Inn Parking lot, 9-11 a.m.  
Aw Shucks Corn Fest, Garrison City Park, 11:30 a.m. to 2:30 p.m.  
Community Cupboard of Underwood will be open from 9 a.m. to 1 p.m., Saturdays, Sept. 7 and 14, at 208 Lincoln Avenue to shop for gently used winter clothing (newborn-adult), non-perishable food items and canned goods.  
Drake Threshing Show. See ad for full details.

## Sunday, Sept. 8

BHG Master's Golf Tournament, Garrison Golf Course, course closed noon to 4 p.m.  
Evangel Church launch, 10 a.m., 101 N. Main Street, Garrison, goevangel.org.  
Roughrider poker tournament, registration, noon with cards up in the air at 1:15 p.m. See ad for full details.

## Monday, Sept. 9

McClusky City meeting, 7 p.m.  
Goodrich Fire Department meeting, 7 p.m.  
Washburn School Board Proposed tax increase and school remodel meeting, 7 p.m., followed by the regular meeting, 8 p.m.  
Christian Women's Club of Harvey and surrounding area will be having a "What's Your Bid?" luncheon from noon to 1:30 p.m. at Assembly of God Fellowship Hall, Harvey. For reservations call 324-4728 or 324-4553.  
Goodrich city and park board budget hearing, 5 p.m., at the fire hall.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Bone Builders exercise, Garrison Senior Center, 10 a.m.  
WIC nutritionist available at the Washburn office. Call 462-3330 to schedule an appointment.  
Bring your projects, sewing machine and lunch to the Chat and Sew sewing group, 10 a.m., at First Lutheran Church, Washburn. 462-3306  
Mercer senior citizens meeting, 2 p.m.  
Tae Kwon Do, registration and first class, 6:30 p.m., Washburn Memorial Building. 701-391-6553  
Washburn City Commission meeting, 6:30 p.m.  
Turtle Lake City Commission meeting, 7:30 p.m.

## Tuesday, Sept. 10

Goodrich School Board public budget meeting, 6:30 p.m. regular meeting, 7 p.m.  
McClusky School Board special public tax meeting, 7 p.m., in the high school music room. The regular meeting will follow at 8 p.m. in the high school home ec room.  
Harvest Market on Main farmer's market & Last Chance Sale, Garrison Main Street, 4:30 p.m.  
Garrison Lamplighters business meeting, Garrison Senior Center, 2 p.m.  
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.  
Washburn Civic Club meeting, noon, Ice Burg.  
Washburn American Legion and Legion Auxiliary meeting. Social, 6 p.m., meal 6:30 p.m., meeting 7:30 p.m.  
Lawrence Stephenson Post 133 of the American Legion to meet at 6:30 p.m. for supper, meeting to follow.

## Wednesday, Sept. 11

Adult health services and foot care clinic, Butte. Call 363-2506 to schedule an appointment.  
Public meeting on Policing, Garrison City Auditorium 7 p.m.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Garrison City Landfill, 1-5 p.m.  
Turtle Lake Chamber of Progress meeting, noon, Bev's Cafe.  
Washburn Study Club to meet at 12:30 p.m. at Dakota Farms.

## Thursday, Sept. 12

Sheridan County Water Resource District meeting, 9 a.m., in the commissioners room.  
Sheridan County senior citizens potluck at the center.  
Community Clothing Share-Exchange open 10 a.m. to 6 p.m., at 221 Main St., Turtle Lake.  
Bone Builders exercise, Garrison Senior Center, 10 a.m.  
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.  
Lord's Pantry open 2-4 p.m. at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.

## Friday, Sept. 13

Lewis & Clark Farmers Market, 4-7 p.m., L&C Interpretive Center, Washburn.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Garrison City Landfill, 1 p.m. - 5 p.m.

## Saturday, Sept. 14

Beulah citywide rummage sale.  
District 8 Republicans steak fry and auction, social 6 p.m., dinner 6:30 p.m., auction to follow, ND 4-H Camp, Washburn.  
Garrison City Landfill, 8 a.m. to noon and 1-5 p.m.  
Farmers Market, North Shore Inn Parking lot, 9-11 a.m.  
Community Food Pantry, Ryder, 10 a.m. to 2 p.m., lunch provided at no cost.

**LEWIS & CLARK FARMERS MARKET**  
**Fridays 4-7 p.m.**  
**L & C Interpretive Center**  
**Intersection of Hwy 83 and 200A**

SPONSORED BY  
**NORTH Dakota** | **Lewis & Clark INTERPRETIVE CENTER** | **GREAT RIVER ENERGY**

## VERYL MORAST ESTATE AUCTION

**Sunday, September 22, 2019 - 12:30 PM CT**  
**55 County Rd. 13, Zap, ND**

**ATV'S & SNOWMOBILES:**

- 1988 Yamaha Blaster ATV-runs
- 1987 Yamaha 350 Elec. ATV-runs
- Yamaha 175F IT motorcycle, 3181 mi-runs
- 1985 Yamaha moto 4-runs
- 1984 Yamaha 225 DX 3-wheeler-runs
- 1979 Ski-Doo Everest snowmobile-runs
- 1980 Yamaha SS 440 snowmobile-runs
- Ski-Doo Everest snowmobile, not running
- Polaris Indy 600XC snowmobile, 2516 mi, no title, not running

Contact: Merle Fischer 701-870-0858

**VEHICLES:**

- 1990 Chevy 1500 Silverado, 132,245 mi, 5spd trans., 350 eng., short box, good rubber, alum tims - runs good w/matching box top
- 2001 Chevy Metro, 147,659 mi, needs body work, clean-runs

Contact: Merle Fischer 701-870-0858

**SHOP & GARDEN:**

- Grasshopper 718 zero turn lawnmower, 455 Hrs, 52"cut-good cond.
- Coast to Coast push lawnmower
- Fimco sprayer trailer type mount w/booms
- (1) Utility trailer, metal, 2" ball, (1) Chevy Pickup box trailer, 8'
- (1) Craftsman upright tool box, (1) Homak upright tool chest
- Shop Tools: wrenches, hammers, screwdrivers, power tools, Multiple chains, Elec. cords, Trouble lights, Halogen shop light, (5) Metal shelves-3'x7', (2) shelves-3'x5', Shovels, forks, Pcs, Spades, Wheel barrow
- Ladders: Keller 10'; Werner 16'-extendable, Werner 8'; Little Giant ladder, Stihl FS 50c weed wacker, 5" bench vise
- Int. SF-12 Press drill, 12 spd, heavy duty, Campbell Hausfield air compressor
- Chicago 3/4 HP bench grinder, Acetylene touch set w/tanks

**SHOP & GARDEN:**

- Cratsman ATV floor jack, Buz Box AC welder, 230 Amp
- 300 gal gas tank on metal stand
- Galvanized water tanks: (1) 300 gal, (1) 200 gal

**GUNS:**

- Rem. 22-250, mod. 778, SN:057369 w/ Bushnell scope
- Mauser 7mm, mod. 1895, SN: G7991 w/Bushnell scope
- Glenfield 22LR, mod. 60, auto, SN: 23529632 w/Tasco scope
- Master Mag 12 ga. mod. CC880, SN: 6640544
- Ruger 357 Mag., mod. Black Hawk, SN: 34-62016
- Trail cam, 22-250 ammo, Tasco scope, Knives, 38 special ammo

**COLLECTIBLES:**

- (6) Assorted vintage toys, (6) Wagon wheels
- Antiques: oil jars/spouts, Yard decor, Cream cans & Boiler
- (8) Vintage Oak folding chairs, Kids sleigh
- Vintage 3-piece Bedroom set: vanity, chest of drawers, full sized bed
- (2) Horse drawn cultivator, (1) Antique cultivator
- (1) 5' older wooden tobogen sled, (1) Wooden Handmade
- Theo-A-Kochs barber chair

**HOUSEHOLD:**

- Lots of misc. items


**ANTIQUE TOYS:**

- Delmar Kruckenberg: 701-202-4415
- 1980 Ertl pedal tractor-working condition
- 1970 sit on digger kits toy
- 1940-training tricycle, made in England
- 1960 Mighty Tonka car carrier
- 1987 Express Airplane made from hard cardboard
- Antique Tricycle-bicycle rear wheel chain drive

**ANTIQUE TOYS:**

- 1950 Penco Flyer wagon
- Vintage AMF Junior tricycle
- 1952 BNC Station wagon pedal car with star grille
- 1950 Vintage Angeles bicycle trike
- Mercedes Benz Ts-105 child pedal car-like new

**GUEST CONSIGNOR:** Carey Van Pelt/ Randy Van Pelt Estate



**CAR:**

- 1980 Z28 Chevy Camaro, 38,652 mi, one owner, 4spd., manual trans., good tires, V-8 5.7, 350 eng.-good condition.

**SHOP/YARD:**

- Gladiator GearWall Shelving, 4 1/2 boxes, new, 4' length
- Dewalt Emglo Compressor, w/cart & wheels
- DynaGlo Portable Heater, 2 ton floor jack, (2) shop vacs
- Rockwell 9" bandsaw w/light, Workmate 400 portable work bench, Bench top table saw
- Wagner power roller, Workx blower/vac, 48" pull behind lawn dethatcher
- Craftsman tool chest, Craftsman 6" bench grinder, variable spd.
- Wrenches, Saws, Hammers, Pliers, Cords, Shop lights, Power tools, Hand tools, Ladders, Shovels, (2) sm propane tanks, (2) sets of saw horses, Painting supplies, Plastic sheeting, Shelving, Rubbermaid storage unit, Fishing poles & Tack, Set of Skis, & Various Other Shop Items

**AUCTIONEERS NOTE: ALL ITEMS HAVE BEEN VERY WELL MAINTAINED & CLEAN!**

For additional information on this auction and upcoming auctions go to [www.wolffauctioneers.com](http://www.wolffauctioneers.com)

**Wolff Auctioneers**

Visit our web site: [www.wolffauctioneers.com](http://www.wolffauctioneers.com)

SHANE WOLFF LIC. NO. 2 701-983-4573 701-870-9090 (CELL)  
HEAD CLERK: PAULA JO WANNER LIC. NO. 664 701-870-1406 (CELL)



**Don't be Late!**  
The Xtra has strict deadlines.  
We need the following items sent to us by the following deadline time...  
**9 a.m. Thursday**  
Advertisements, events and classifieds

# THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.  
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.  
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.  
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.  
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
 Email: leadernews@westriv.com • Website: bhgnews.com  
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577  
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## Announcements

**WANT TO SAVE some money?**  
 Check out the specials in this week's Xtra. 701-463-2201  
 1-E-TFN-NC 58540

**SUPPORT GROUPS:** Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.  
 1-E-TFN-NC 58540

## Auctions

**LARRY A. PEASE ESTATE Farm Auction,** Saturday, Sept. 14 at 10:30 a.m. 1152 52nd Ave NW, Garrison, 11 miles West of Garrison, 4.5 miles South on Co. Rd 11. Harvesting, grain hauling, planting, tillage and haying equipment. Trailers, livestock equipment. Tools and misc. DJ Auction Service 529-4463. 17-3TPDIX 58540

**McLEAN COUNTY SHERIFF Dept. Auction,** Saturday, Sept. 28 at 11 a.m. at the McLean County Shop, 1/4 mile West of Garrison Cenex. Tractors, vehicles and Guns. More items to be added. SJ Auction Service 337-5410. 17-5TPDIX 58540

**MIKE & MARCIA ZIMMERMAN Retirement Auction Sale,** Saturday, Oct. 5 at 11 a.m. From Garrison: 3 miles North on Co. Rd. 15, then 1 mile West on blacktop road, and South to sale site. Farm equipment and misc. SJ Auction Service 337-5410. 17-6TPDIX 58540

**RANDY SAWICKI ESTATE and Nancy Sawicki,** 10:30 a.m. Sept. 14, 39500 McLean County 29, Wilton, tractor, gravity grain bin, equip. and shop, guns, antique and household. Northern Auction, Kevin Beeter, midwestauctions.com/northern 11-19-E-NC 58577

## Giveaway

**3-MONTH OLD tame kittens for giveaway.** Five of them. 701-832-2001. 18-NC2TIX 58540

**5 GALLON JUGS,** for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND. 15-TFNXCIX 58540

## Help Wanted

### HELP WANTED



is looking for  
**SALES ASSOCIATES**  
 Full Time or Part Time  
 Stop in for an application  
 200 5th Ave SE, Garrison

## Help Wanted

### HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

#### Full-Time

- RN/LPN
- CNA

#### Part-Time

- Dietary Aide
- Activities Aide
- Nurse Aide/CNA

For more information call 701-463-6503

Apply online at [CHISTAlexiusHealth.org](http://CHISTAlexiusHealth.org)



The institution is an equal opportunity provider and employer

## Help Wanted

**SOUTH SEGMENT Community Development Corporation** has available entry level positions as cashiers in our stores, starting at \$12/hour, including benefits after 30 days. If interested please contact Raimey Langlois at 701-938-3590. 17-19-E-PD 58540

## HELP WANTED

### Black Jack Dealers

- Flexible Schedule
- Evening and weekend hours
- Opportunities to work in Garrison, Underwood, Riverdale, & Beulah
- No experience necessary – will train!



Please call 701-463-2631 to inquire!

## JOIN OUR TEAM!

### Full-time Patrol Deputy

McLean County is accepting applications until **4:00 P.M. on Wednesday, September 11, 2019**, filling one or more position(s) as a full-time Patrol Deputy within the McLean County Sheriff's Department. Preference will be given to P.O.S.T certified applicants with prior experience as patrol deputies. Starting salary range is \$42,719.02 - \$43,786.87 annually; the full salary range for the position is \$42,719.02 - \$57,670.91 annually. A full benefit package is offered including 100% paid health insurance (single or family) and 12.45% contribution on employee's behalf to North Dakota Public Employee's Retirement System – Public Safety retirement program. For further information on the position or to obtain a McLean County job application form, interested individuals may **contact the McLean County Auditor, PO Box 1108, Washburn, ND 58577; call 701-462-8541; or visit our website [www.mcleancountynd.gov/employment/](http://www.mcleancountynd.gov/employment/). Only official McLean County application forms will be accepted.** Resume's may be included with the application but will not be accepted in place of an official application form. *All applications must be submitted to the McLean County Auditor.*



**GREAT RIVER ENERGY** | Powering what's possible

*The power that makes Great River Energy an industry leader is our employees.*

### We're hiring for HVDC Technician/Electrician

Located in Underwood, North Dakota

- Will direct/assist in the operation, installation, testing, checkout and maintenance of equipment.
- A two-year technical degree/diploma in electrical/computer/electronics related courses.
- A minimum of three years of instrumentation or relaying related experience in the electric utility industry is preferred.

If you're ready to work in an environment that's rewarding, challenging and exciting learn more at [www.greatriverenergy.com](http://www.greatriverenergy.com) under the Careers tab by **September 06, 2019.**

*GRE is an EEO/AA/Minority/Female/Disabled/Vets Employer.*

## Help Wanted



### SECURITY OFFICERS

#### Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (Bill@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer  
 Immediate full-time & part-time openings!

## HELP WANTED

**Steve's Plumbing Service, LLC** in Garrison, ND is looking for **full-time Apprentice or a Licensed Journeyman plumber.**

Competitive wages and benefits D.O.E.  
 Call 701-460-7471 or email a resume to [szach@restel.net](mailto:szach@restel.net)



## HELP WANTED



### BAR & GRILL

is looking for  
**Cooks, Servers & Bartenders**

Apply in person or call 701-337-2070

Lake Audubon • Hwy 83 337-2070

## HELP WANTED

### Coaching Positions

Garrison Public School District is seeking applications

- **BASKETBALL CHEER COACH** Winter HS Head & JH Head
- **BOYS BASKETBALL -SPRING** Elem. Head & Assistant
- **TRACK COACH -SPRING** Two Assistant Coaches

Please stop by Garrison High School for an application. Applicant must include a resume and three references.

Contact Nick Klemisch at 463-2818 for more information.

## HELP WANTED



### Turtle Lake Hospital

- Full-time Nurse
- Part-time Clinic Nurse
- Full-time Nurse Aide
- Part-time Cook

Experience preferred but not required. Contact Brenda 701-448-2331 ext 207. This institution is an equal opportunity provider and employer.

## Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. 1-E-TFN-NC 58577

## Real Estate for Rent

### NOW RENTING

Heritage Heights Apartments  
 1040 Custer Dr., Washburn

New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable. 701-527-4739 or Manager 701-220-8145

## Real Estate for Sale

TOTALLY UPDATED HAZEN 3 bedroom house for sale: A lot of house for the price, large fenced lot with attached and detached garage, main laundry. Some updates include new cabinets, counters, lights, flooring etc. \$170,000. 701-426-7181 16-19-E-PD 58545

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any

## Livestock

**TURTLE LAKE WEIGH STATION** will be shipping cows and bulls out Sept. 23. Have them there by 11 a.m. Call Darin, 701-315-0144. 43-TFN-E-X 58577

## Lost and Found

**FITBIT FOUND** in Garrison area. Claim at BHG. 17-2TNCIX 58540

## Misc. for Sale

**HUTTERITE CHICKENS** for sale. To place order call 701-989-0022. Delivered to 203 Garfield Ave., Underwood, 11:30 a.m. Tuesday, Sept. 24. 17-20-E-PD 58577

**USED ALUMINUM PRESS Plates.** 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201. 1-E-TFN-NC 58577

**ORDER PRINTS,** custom mugs, puzzles and more of pictures from all BHG newspapers at bhg. smugmug.com. 35-P-TFN-NC 58577

**Real Estate for Sale**

**Farm Land for Sale**

**Arlene D. Norberg Land Trust**  
(The late Albert Fedorenko's Farm)  
Butte, ND - McLean County

The following land is for sale on sealed bids.  
**160 Acres:** Section 24-150-76 N 1/2 of SW 1/4 and  
W 1/2 of NW 1/4 L-shaped field.  
**40 Acres:** Section 22-150-78 SE 1/4 of SE 1/4

October 1<sup>st</sup>, 2019 is deadline for 1st bids. Top 5 bidders will get to bid again, then the top 3 bidders. Highest bidder will take possession on January 1<sup>st</sup>, 2020.

**Please mail bids to:** Jay Fedorenko  
423 1st Street NE  
Garrison, ND 58540  
Phone: 701-720-5542

We retain the right to refuse any or all bids.

**Real Estate for Sale**

advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

**Services**

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for Some. 833-2884. U call, I Haul.  
44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.  
9-34-E-PD 58577

**Work Wanted**

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.  
1-E-TFN-NC 58577

**Statewides**

**HELP WANTED**  
**BORDER AG & ENERGY** has an opening for a Lube and Tire Technician/Service Truck Operator: Newburg, ND. Responsibilities will be tire service and repair work on all types of tires from passenger, light trucks, large trucks to industrial, as well as basic general service functions on customer vehicles. Good people skills, reliable, self-motivated and able to follow instructions. Excellent wage and benefit package. 701.228.2294, Wayne

**FARMERS UNION OIL** in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

**LOOKING FOR THE** most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

**EDUCATION /TRAINING**  
**TRAIN AT HOME TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

**Promiseland Designs**  
*Upholstery, Repair, Leather Wear, Tack & Gifts*

Dana & Rita Wright  
owners/designers

14 Main Street E  
Hazen, ND 58545

701-748-2261

promiselanddesigns@westriv.com • www.promiselanddesigns.com



**Statewides**

**FINANCIAL SERVICES**  
**OVER \$10K IN Debt?** Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 701-936-8487.

**REAL ESTATE FOR SALE**  
**ND FARM LAND** Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

**MISCELLANEOUS FOR SALE**  
**ANYONE CAN RUN STATEWIDE** with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

**AUTOS WANTED**  
**DONATE YOUR CAR TO CHARITY.** Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415

**ANNOUNCEMENTS/ AGRICULTURE**  
**FARMERS MARKET CUSTOMERS!** How can North Dakota's farmers markets better meet your needs? Take our customer survey at www.fresherfoods.org and enter to win a \$25 prepaid gift card. Information gathered supports farmers markets statewide. Paper copies available. Call 701-228-5605.

**HEALTH/MEDICAL**  
**A PLACE FOR MOM** has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-844-254-2256.

**ATTENTION: OXYGEN USERS!** The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 866-549-5524.

**ANTIQUES/FLEA MARKETS**  
**ANTIQUES FLEA MARKET,** Saturday, September 21, from 9 am to 4 pm inside the Grand Cities Mall, 1726 S. Washington St., Grand Forks. More information: Plain and Fancy Antique Mall, 701 775-0714.

**MISCELLANEOUS**  
**WE MAKE IT** easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

**EXTENSION**  
continued from page 3

safety plan  
In addition to learning about produce safety best practices, key parts of the FSMA Produce Safety Rule requirements are outlined within each topic. There will be time for questions and discussion, so participants should come prepared to share their experiences and produce safety questions.

The sessions are a full day from 9 a.m. to 5 p.m. with registration starting at 8:30 a.m. There will be a one-hour break for attendees to leave for lunch.

To ask questions about either the sessions or the FSMA Produce Safety Rule, please contact Jamie Good, local foods specialist, at 701-328-2659 or [jgood@nd.gov](mailto:jgood@nd.gov). To register, go to <https://www.nd.gov/ndda/psr>.

**Strength training helps prevent falls**

**BY MICHELLE EFFERTZ**  
4-H YOUTH EXTENSION AGENT

September is Fall Prevention Month. With cooler weather just around the corner, many of us are settling into a new routine, so now is a perfect time to consider how to include physical activity into this schedule.

Exercise and physical activity are good for everyone, including older adults. For some older adults, getting older seems to involve a loss of strength, energy and vigor. But this does not need to be the case. The frailty and decreased energy we associate with aging, such as difficulty climbing stairs, walking long distances or doing household chores, are largely due to muscle loss.

One of the best ways for keeping muscles strong is through exercise called strength training. Research has shown that strength training is one of the best ways to combat the frailty and weakness, as well as help manage and sometimes prevent conditions such as heart disease, diabetes, arthritis and osteoporosis. Strength training can have a major effect on a person's mental and emotional health,

including improved sleep, reduced depression, better self-confidence and self-esteem, and an enhanced sense of well-being.

Strength training can help you stay strong, vital and independent throughout your life. Consider motivating others to join you in the many physical and emotional benefits of strength training. You don't have to lift heavy weights to reap the benefits. Even 3-5 pound weights can help you build strength. The

key is to lift weights every other day which gives your muscles time to rest and repair before you challenge them again.

One useful site to visit is Go4Life ([www.nia.nih.gov/Go4Life](http://www.nia.nih.gov/Go4Life)). It offers exercises, success stories and free materials to motivate the growing numbers of baby boomers and their parents to get ready, start exercising and keep going to improve their health and achieve a better quality of life.

**MAKE FILING EASIER WITH DIGITAL TEARSHEETS AND STATEMENTS**

**CONTACT BHG @ 701-463-2201**  
GET YOUR DOCUMENTS VIA EMAIL



**AUCTION**

**Sept 7-10MT**-Roger & Karen Knaup-Gladstone-Tractor, Equipment, Camper, Trailer, Tack, Shop, Household, Yd? Garden, Antique/Collectible G & GAUCTIONEERS 701-878-4001 <http://www.midwestauctions.com>

**Sept. 7th @ 10 AM CT** Owner: Martin & Hildegard Morrell. Offering: Shop Items & Furniture. Location: Eagles Club of Mandan, 1400 Collins Ave., Mandan, ND. Wolff Auctioneers.

**Sept. 7 - 11 a.m.** Diana Bahr Auction, Garrison City Auditorium SJ Auction Service. 337-5410

**Sept 9 -** Amber Waves-Richardton, ND-9 am MT- 36 Hopper Bins-G & GAUCTIONEERS 701-878-4001 <http://www.midwestauctions.com/gandg>.

**Sept. 14 - 10:30 a.m.** Larry A. Pease Estate Farm Auction. 1152 52nd Ave NW, Garrison, ND, 11 miles West of Garrison, 4 1/2 miles South on County Road 11. DJ Auction Service, 701-529-4463.

**Sept. 14-10:30a.m.:** Randy Sawicki Estate and Nancy Sawicki, 39500 McLean County 29, Wilton, tractor, gravity grain bin, equip. and shop, guns, antique and household. Northern Auction, Kevin Beeter, [midwestauctions.com/northern](http://midwestauctions.com/northern)

**Sept. 21 - 9 AM MT** Environmental Driven Solutions L.L.C. Liquidation Auction. Offering: Oil Field Related Equipment, Trucks, Trailers, Tools Location: Killdeer, ND Wolff Auctioneers.

**Sunday, September 22nd, 2019 @ 12:30 PM CT**, Owner: Veryl Morast Estate Offering: Vintage ATVs, Snowmobiles, Vehicles, Shop Items, Guns & Furniture Location: 7 mi. N. of Zap, ND on Cty. Rd. 13 or from Hwy 1806, 1/2 mi. S. on Cty. 13. Wolff Auctioneers.

**Sept 22 -** Richardson, Dohmann, Hebron Real Estate & Guests - 12:00 pm CT - Hebron, ND Real Est, Tractor, Vehicles, Trailers, ATV, Carpenter Related, Shop, Household, Yd/Garden, Ant/Collect, Misc - G & GAUCTIONEERS 701-878-4001 [www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)

**Sept. 24th, 2019** Dunn County Land Auction. Offering 516 Acres and Farmstead. Legal Description: S 1/2, & NW 1/4 of the NW 1/4 & S 1/2 of the NW 1/4 & S 1/2 of the NE 1/4 of Sec. 26-143-91. Property Located: (From Dodge, ND) 7 mi. S on 81st Av. SW, 1 mi. E on 15th St. SW & 1 mi. S on 80th Av. SW. Seller: Larry Zarr. Wolff Auctioneers.

**Tuesday, October 2nd, 2019 @ 6 PM CT**, NW Oliver County Land Auction. Owner: Kelly Neuberger. Offering: 215.1 Acres +/- in NW Oliver County. Legal Description: Parcel of the S2 - Sec. 8-143-87. Location: Auction will be conducted at the Cobblestone Inn, Beulah, ND 58523. Wolff Auctioneers.

**October 5:00 AM CT** - Hardware Hand Liquidation - New Salem, ND. G&G Auctioneers.

**Oct 6 -** Jeff Schumacher Est & Guests- Glen Ullin, ND - 12:00 pm CT - Glen Ullin, ND-Real Est, Vehicles, Motorcycle, Household, Yd/Garden, Ant/Collect - G & GAUCTIONEERS 701-878-4001 [www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)

**October 12 10:00 AM MT** - SAETZ FARM & RANCH EQUIPMENT AUCTION. Owner: Frank Saetz Estate & Bonnie Saetz. Partial Listing Coming Soon. Wolff Auctioneers.

**October 26 10:00 AM CT** - 250+ Gun Auction - New Salem, ND. G&G Auctioneers.

**NOVEMBER 1**, Mercer County Land Auction, 320 Acres - the S2-sec. 19-145-84, Seller: Henry Miller Land, 5 miles NW of Stanton, ND, More information coming soon. Wolff Auctioneers.

**Saturday, November 2nd, 2019 @ 10 AM MT**, Killdeer Gun Auction. Offering: 161 Guns. Location: Buckskin Bar & Grill, 64 Central Ave S, Killdeer, ND 58640. Wolff Auctioneers.

**SACA MOVIES**

**KOTA THEATRE**  
Main St., Garrison

**Adults - \$7 Under 13 - \$5**  
Where popcorn is still only 50¢

**Yesterday, PG-13**  
*A struggling musician realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate timeline where they never existed. 1 hr. 56 min.*  
**Sept. 6 & 7 ..... 7:30 p.m.**

**NO MOVIE - SEPT. 13 & 14**

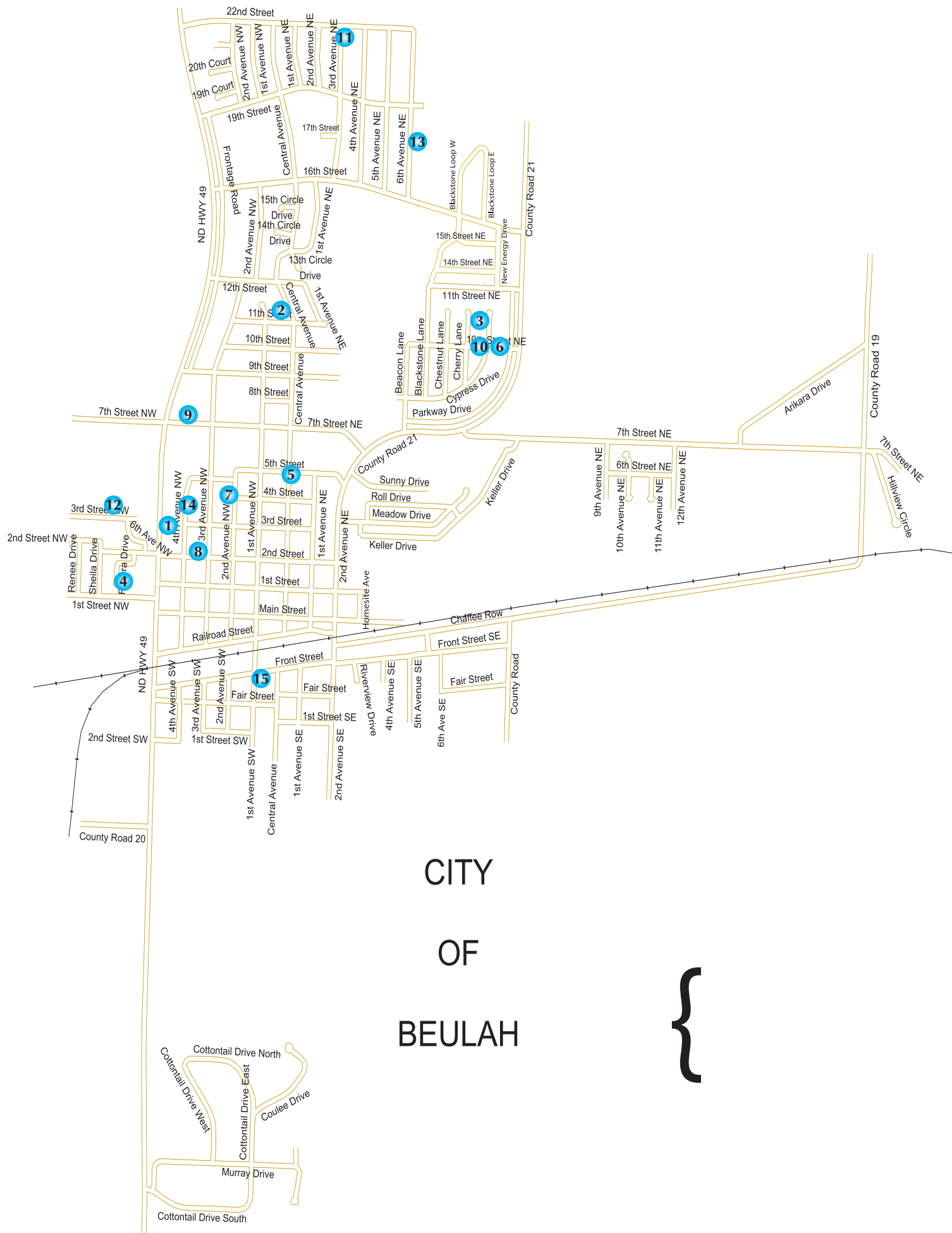
**The Angry Birds**  
**Movie 2, PG**  
*The flightless birds and scheming green pigs take their feud to the next level. 1 hr. 36 min.*  
**SPECIAL SHOWING SAT & SUN: Sept. 21 & 22 .... 7:30 p.m.**

**Coming Soon:**  
*The Art of Racing in the Rain, Downton Abbey, Scary Stories to Tell in the Dark*

# Beulah's Citywide Rummage Sale

## Saturday, Sept. 14 • All times CDT

- 1) 212 4th St NW: Antiques - old type writer, dishes, furniture, king size bed, Red Wing crocks. Beck.
- 2) 1206 Central Ave, 8 a.m.-3 p.m.: MOVING SALE - EVERYTHING MUST GO! Household, knick-knacks, golf clubs, table saw, sport collectibles, recliner and night stands. Richter.
- 3) 1106 Cherry Lane, Thurs. Sept. 12 4-9 p.m., Fri. Sept 13 9 a.m.-8 p.m. & Sat. Sept. 14 9 a.m.-5 p.m.: OVER A BUNDANCE RUMMAGE SALE: Picture frames, pressure cookers, men's & women's winter clothing, water glasses, candles, canning jars, plant stands, CD music, many wreaths, garden decor, alarm clock, cutting board, lounge chair, grass seed, fan, flower pots, jewelry, decorative pillows, country wall decorations and much more. VanPelt.
- 4) 230 Riviera Dr, 8 a.m.-?: MULTI-PARTY SALE: Boy clothes, stroller, infant carseat, girl clothes 6 thru 24 months, kitchen appliances, kids toys and much more. Anvik.
- 5) 508 Central Ave, 8 a.m.-3 p.m.: MULTI-FAMILY SALE: Baby and children items, kitchen, household and garage items. No clothing.
- 6) 901 10th St NE, Fri. 12-8 p.m. & Sat. 8 a.m.-6 p.m.: Furniture, household items, yard tools and many misc. items. Dallas Neuberger Residence.
- 7) 501 2nd Ave NW, 9 a.m.-3 p.m.: Mattress, ironing board, tires, heater, luggage, fruit jars, dishes, pots and pans, toys, pictures, desk and other things. Koehler.
- 8) 309 3rd Ave NW, 8 a.m.-4 p.m. DeWalt saw/table, tools, fishing, household, toys, boys size 7/8, Vexilar fishing camera, pellet guns, Blue Rhino LP tanks, gas/diesel cans, skincare, house plant starters. Kasper.
- 9) New Life Worship Center, Fri. 12-4 p.m. & Sat. 8 a.m.-4 p.m.: MULTI-PARTY SALE. Clothes, household, other. (Noon 1/2 price bags of clothes \$2).
- 10) 1001 10th St NE, 8 a.m.-?: Lots of home decor, bedspreads, lawn furniture and decor, coolers, women and mens clothing, jackets, scooters, bowflex. Mindt.
- 11) 2219 3rd Ave NE, Fri. 8 a.m. & Sat. 7 a.m.: HUGE SALE: Household, toys, fishing, tools, clothes, shoes, books, glassware, jewelry, games. Too much to list. Schaner/Toganrelli.
- 12) 700 3rd St NW, Fri. 4-8 p.m. & Sat. 8 a.m.-3 p.m.: Home decor, misc. small tools and clamps, guitar amp, music stand and furniture. Poitras.
- 13) 1806 6th Ave NE, 8 a.m.-3 p.m.: Hot pepper jelly, women's name brand clothes, shoes, purses, Plunder and Premiere jewelry, misc. home items and decor, girls no bake oven, misc. kids items.
- 14) 420 4th Ave NW, 8 a.m.-3 p.m.: GARAGE/ESTATE SALE. Furniture, dishes, tools.
- 15) 209 Front St SE, Fri. Sept. 13 9 a.m.-5 p.m.: FRIDAY ONLY! Find your treasure here sale! Lots of girls and womens stuff toys and more.



CITY  
OF  
BEULAH