

# Xtra

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## FILLING THE GAP

Bringing a food pantry to Garrison

BY DIANE NEWBERRY  
BHG NEWS

The Great Plains Food Bank in Bismarck estimates that one in every nine people in the region struggle with hunger, but though it's the largest city in McLean County, Garrison does not have its own food pantry. A concerned group of citizens, primarily lead by Dawn Kolden and Nancy Leidholm, have come together to change that.

The group began meeting in April with the goal of starting a pantry, and when a space became available with the recent closing of Lazy J's, plans started moving fast for the new Garrison Area Resource Center.

Kolden explained that Garrison used to get mobile food pantry deliveries from the Great Plains Food Bank, but service stopped in 2016.

"It's a Band-Aid," Kolden said of the mobile service. "It's not a solution to the problem."

Alisa Dahl, also on the board for the new pantry, said the food bank has been "encouraging" communities that have a need to fulfill that need from within.



Alisa Dahl and Dawn Kolden stand outside what will soon be the Garrison Area Resource Center.

### The need

Both Dahl and Kolden said they have encountered skepticism that Garrison is in need of a pantry, but that studies show hunger is often a silent problem.

"People aren't very vocal that need it," Dahl said. "They just go elsewhere, or they go without."

According to the Census Bureau, Garrison's poverty level is 11.3 percent, but Dahl and Kolden said poverty level alone isn't an indicator of a community's need.

"I don't want people to think the only people coming to a food pantry are those that are under a certain income level," Dahl said. "If we're going to partner with Great Plains Food Bank, at least fifty percent need to be under those guidelines, but

there's so many people that have a temporary situation. Maybe they had extra medical expenses. Maybe their car that gets them to work every day breaks down."

Over three deliveries to Garrison in 2016, the Great Plains Food Bank distributed 18,000 pounds of food to an average number of 42 households.

"That to me says there's a need," Dahl said.

In a 2018 survey conducted by the Great Plains Food Bank, 90 percent of respondents did not receive public housing assistance and while 72.1 percent had applied for SNAP, only 47.6 percent had received SNAP benefits in the past 12 months.

Gap page 8

### Your first opportunity to help

Though they have not yet opened for operation, the Garrison Area Resource Center wants to hit the ground running with a Thanksgiving project.

"Everybody, it seems, wants to give more during the holidays," Alisa Dahl said.

The pantry is asking for donations of the following items to put together Thanksgiving Blessings Baskets for families who might not otherwise have a traditional Thanksgiving feast:

- instant potatoes
- canned sweet potatoes/yams
- canned green beans
- canned corn
- canned cream of mushroom soup
- canned fried onions
- gravy packets
- boxes of stuffing
- Jell-O or pudding boxes
- powdered drink mix
- canned jellied cranberries
- canned fruit cocktail

Donations can be dropped off to any of the following community locations: BHG Inc, Garrison State Bank, the Bank of North Dakota, Krause's, city hall, McLean Electric Cooperative, the KOTA Theater, the Camp of the Cross office and the USDA Service Center.

You could also sponsor a ham or turkey (which you can personally name) by dropping off \$20 to the Camp of the Cross office or mailing in your donation to Garrison PO Box 1002.

The new "houses" at the elementary school will also be competing to see which group can bring in the most donations for the baskets. Items that go unused for the baskets will be some of the first items to stock the shelves when the pantry is up and running.

Households can sign up for or be nominated for a basket from Oct. 1 through Oct. 31 at the McLean Electric Cooperative. Baskets will be delivered Nov. 23.

• Looking to Lend a Hand?

• Looking for a fundraising opportunity for your organization?

• Want to get involved?

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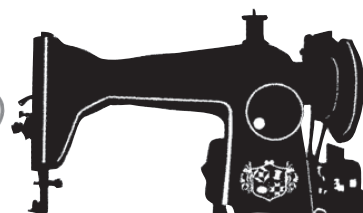
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## Lutefisk & Meatball Dinner

Our Savior Lutheran Church

Max, North Dakota



**Sunday, Oct. 13<sup>th</sup>**  
**1:00 p.m. - 5:00 p.m.**

Prices: Adult - \$18  
Child (6-12) - \$5.00  
Under 6 - Free



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**OCTOBER 1 – 31<sup>st</sup>, 2019**

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# EXTENSION NEWS

## Planting garlic

**BY CALLA EDWARDS**  
MCLEAN CO. EXTENSION AGENT

Our outdoor growing season is officially over with the first

frosts of the fall finally starting to arrive. That doesn't mean that we are completely done in the garden for the year. There is one gardening exercise left to ensure a good harvest of one crop for next year. It's time to

plant garlic!

Now is the optimum time to plant garlic for harvest next fall. It's best to plant your garlic now because you will grow bigger bulbs compared to planting garlic in the spring.

Garlic is a hardy bulb and there are two types of garlic that can be planted in North Dakota, hardneck garlic and softneck garlic.

• Hardneck garlic is the hardiest type, however it

produces smaller overall bulbs, fewer cloves that are larger in size than softneck garlic, and it produces scapes which are actually an edible flower stalk. These scapes can be eaten and are a delicious additive to salads or stir-fry's.

• Softneck garlic produces larger bulbs with many small cloves. This type of garlic is not as hardy as hardneck and is not recommended for the Northern portion of North Dakota.

Garlic should be planted around Columbus Day or one to two weeks after the first hard freeze. Plant your garlic cloves 4" deep and space them 1-3" apart. When you are planting be sure to add some fertilizer as good fertility is needed to grow big bulbs of garlic. If we have a snowless winter or it is forecasted to get very cold before snow arrives, be sure to mulch your bed to ensure that the garlic tops don't freeze over winter and always mulch garlic planted in raised planters.

In the spring and summer, be sure to keep your garlic bed weeded as weeds are the worst enemy of our garlic plants. Their sparse foliage doesn't compete well against most weeds and the competition will result in a smaller yield. Try using mulch around your garlic plants to cut down on your weeding time and effort.

Harvesting of garlic usually will take place in mid to late August once the foliage starts to turn yellow. Dig your bulbs up rather than pull them to prevent damage to the bulb and don't wait till the foliage turns completely yellow to dig your bulbs. Place the bulbs with their tops on a screen in a well ventilated location at room temperature for two weeks. Once they are dry, remove the tops to about an inch above the bulb and they can be stored in cool dry conditions for many months.

If you follow the above steps you should have garlic to enjoy for the years to come. Be sure to plant some cloves from your favorite variety for the next year now. We've included a recipe for you to try this fall and winter. Contact your local extension office at 701-462-8541 for more information.

## ARE YOU AN LPN INTERESTED IN BECOMING AN RN?

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ALH-013-0219

Contact Kishori Kelsey with any questions: kishori.kelsey@bismarckstate.edu or 701-224-2470



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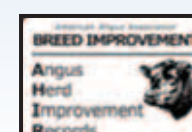
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Extension page 5



**KOTA THEATRE**

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Where popcorn is still only 50¢

**NO MOVIE  
OCT. 4 & 5**

**Scary Stories to Tell  
in the Dark, PG-13**

A group of teens face their fears in order to save their lives.  
1 hr. 48 min.

Oct. 11 & 12 ..... 7:30 p.m.

(Last movie before Dickens)





CALENDAR

**Saturday, Oct. 5**  
Max Museum fundraiser, 7 p.m., Max High School Gym.  
Garrison City Landfill, 8 a.m. to noon and 1-5 p.m.  
Our Savior's Church annual fall bazaar, 10 a.m. to 1 p.m., Mercer Community Center.  
Rust's Hardware Hank 20th anniversary celebration, Turtle Lake. Serving free hotdogs and hamburgers from 11:30 a.m. to 1 p.m.  
Lorraine Anderson is celebrating her 90th birthday with a card shower. Send cards to: 505 Eastside St., Turtle Lake, ND 58575.

**Sunday, Oct. 6**  
Fire Prevention Breakfast, Garrison Fire Hall, 9 a.m. to 1 p.m.  
Blessing of the Animal Service, St. Paul Lutheran Church, Garrison, 3 p.m.  
Washburn Lions breakfast, 10 a.m. to 1 p.m., Washburn Memorial Building.  
Sacred Heart Catholic Church Octoberfest, 11 a.m. to 1:30 p.m. dinner, Bingo, 1:30 p.m., Wilton Memorial Hall.  
Vernon Edinger's 90th birthday open house, cake and coffee 2-4 p.m. at Turtle Lake Legion Hall. No gifts please.  
McLean County Historical Society fall meeting, 2 p.m., at the museum.

St. Bonaventure Catholic Church chicken supper, 4:30-7 p.m., Underwood.  
Hazen Lions Club fleischkuechle fundraiser at Hazen City Hall, 3-4:30 p.m. takeout available, 4-6 p.m. dining in. Call 880-1169 for takeout.  
Last jam session of the season, 6 p.m., Hazen City Hall. Free to attend for all ages. Musicians welcome, call 873-5695.  
Washburn Drama Dept. performing *Cinderella?* by William J. Springer at 7 p.m. Oct. 6 and 8 The plays will be part of a dessert theater event with desserts and "potions" being served.

**Monday, Oct. 7**  
McClusky School Board meeting, 8 p.m.  
McClusky Job Development meeting, 7 p.m.  
McClusky Fire Department meeting, 9 p.m.  
Martin City Council meeting, 7 p.m.  
WIC nutritionist available at the Washburn office. Call 462-3330 to schedule an appointment.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Bone Builders exercise, Garrison Senior Center, 10 a.m.  
The Christian Women's Club of Harvey and surrounding area will be having a "What's Does Your Card Say?" luncheon from noon to 1:30 p.m. at Assembly of God Fellowship Hall, Harvey. Call 324-4728 or 324-4553 to RSVP.

**Tuesday, Oct. 8**  
Goodrich School Board meeting.

**Tuesday, Oct. 8**  
Washburn School Board meeting, 8 p.m.  
Garrison Lamplighters Business Meeting, Garrison Senior Center, 2 p.m.  
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.  
Riverdale community flu clinic, 10-11 a.m., Corp of Engineers Building.  
Washburn Civic Club to meet at noon at Captain's Cabin.  
Lawrence Stephenson Post 133 of the American Legion to meet at 6:30 p.m. for supper, meeting to follow, Turtle Lake.

**Wednesday, Oct. 9**  
Goodrich City Council meeting, 5 p.m.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Garrison City Landfill, 1-5 p.m.  
Foot care clinic available at the public health office, McLean County Courthouse, Washburn. Call 462-3330 to schedule an appointment.  
Turtle Lake Chamber of Progress meeting, noon, Bev's Cafe.  
American Legion Post 12 stew feed - 5 p.m. social; 6 p.m. meal; 7 p.m. meeting; Washburn.

**Thursday, Oct. 10**  
Community Clothing Share-Exchange open 10 a.m. to 6 p.m., at 221 Main St., Turtle Lake.  
Sheridan County Senior Citizen potluck at the center.  
Bone Builders exercise, Garrison Senior Center, 10 a.m.  
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.  
Max community flu clinic 1:30-3:30 p.m., Max Senior Center.  
Lord's Pantry open 2-4 p.m. at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.  
Melvin and Gloria Henne are celebrating their 65th wedding anniversary with a card shower. Send cards to: 3328 27th St. NW, Max, ND 58759. No gifts please.  
McClusky School fall music concert, 7 p.m.

**Friday, Oct. 11**  
Lewis & Clark Farmers Market, 3-6 p.m., L&C Interpretive Center, Washburn.  
Yoga, First Congregational Church, Garrison, 8 a.m.  
Garrison City Landfill, 1-5 p.m.

**Saturday, Oct. 12**  
Garrison City Landfill, 8 a.m. to noon and 1-5 p.m.  
North Dakota Firefighter Museum Open House, Garrison Firefighter Museum, 4:30 p.m.  
NDFM Hall of Fame Fallen Firefighters Remembrance Social 5 p.m., Banquet and meal to follow at the Garrison Auditorium at 6 p.m.  
Souris River Basin Longbeards fall raffle, 4:30-11:30 p.m., Hunter's Lodge, Butte.

EXTENSION  
continued from page 4

McLean County youth celebrate National 4-H Week  
**BY MICHELLE EFFERTZ**  
4-H YOUTH EXTENSION AGENT

Millions of youth, parents, volunteers and alumni across the country will be celebrating everything 4-H during National 4-H Week, Oct. 6-12. In McLean County five community clubs, a horse club and shooting sports club will showcase the incredible experiences that 4-H offers young people. Clubs celebrate by displaying 4-H exhibits in banks and libraries. Many older members go into the grade school classrooms to tell younger students about the positive experiences they have had in 4-H.  
The theme of this year's National 4-H Week is Inspire Kids to Do, which highlights how 4-H encourages kids to take part in hands-on learning experiences in areas such as health, science, agriculture and civic engagement. Each year we celebrate by engaging youth in the National 4-H Youth Science Day Experiment.  
The exciting theme for this year's challenge is Game Changers, where we teach kids coding skills through fun exercises including gaming and puzzles. This year the science day experiment will be conducting the first two weeks of October in the 5th grade classrooms.  
In McLean County, 132 4-H youth and 20 volunteers from the community are involved in 4-H. Many of them began their re-enrollment in September which is the start of the new 4-H year. To learn more about how you can join 4-H please call the Extension office at 701-462-8541 and we will get you in touch with a club leader.

Request to Remove Hay from Right-of-Way

The McLean County Board of Commissioners request all hay be removed from County Highway Right-of-Way prior to November 1, 2019, therefore avoiding snow problems and traffic hazards.

**EASTERN MERCER COUNTY LAND AUCTION**  
OFFERING 320 ACRES  
Friday, November 1st, 2019 @ 6:00 p.m. CT  
Auction Location: Stanton Civic Center  
Land Location: 5 Mi Nw Of Stanton, ND on Cty Rd 37

**Legal Description:**  
**S2-SEC.19-145-84**  
Tillable Acres: 186.87  
Soil Productivity Index: Weighted Avg. 66.73  
Base Acres:  
Canola: 87.22,  
Wheat: 43.79,  
Corn: 43.79  
Pastureland & Other Acres: 133.13  
(with 75ft well & power)

Auctioneers Note: The subject property offers exceptional cropland, healthy and productive pastureland along with good access and hunting.  
Seller: Henry Miller Family

For additional information on this auction and upcoming auctions go to [www.wolffauctioneers.com](http://www.wolffauctioneers.com)  
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**DAKOTA FEEDER CALF SHOW**  
**“BRISKET BATTLE”**  
**COOK OFF CONTEST**  
**Saturday, October 19, 2019**  
American Legion Post  
Turtle Lake, ND  
**PRIZES: Best Brisket**  
1<sup>st</sup> - \$800  
2<sup>nd</sup> - \$500  
3<sup>rd</sup> - \$300

**Additional prizes:**  
• Best Beef Appetizer  
• People's Choice  
• \$100 entry fee, Brsket will be provided

**\$20 Adult**  
**\$5 10-18 yrs**  
**FREE 9 & Under**  
(Includes appetizer, 3 brisket samples and “Full Meal Deal!”)  
Additional Brisket samples - \$3

**For full set of rules contact**  
**Tim Clark 799-7752**

**5:00 pm: Appetizers ,**  
**Social Hour, Brisket Battle**  
**“Full Meal Deal”, &**  
**“Marv & The Moonlighters”**  
**7:00 “Brisket Battle” & DFCS**  
**Awards**

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: [leadernews@westriv.com](mailto:leadernews@westriv.com); phone: 701-462-8126.

Event: \_\_\_\_\_  
Date: \_\_\_\_\_  
Time: \_\_\_\_\_  
Location: \_\_\_\_\_  
Contact: \_\_\_\_\_



# THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.  
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.  
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.  
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.  
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
 Email: leadernews@westriv.com • Website: bhgnews.com  
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577  
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call this newspaper and we'll make sure you do. 701-463-2201  
 1-E-TFN-NC 58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.  
 1-E-TFN-NC 58540

## Auctions

LEONARD BALTUS and Keith Blom Auction, Saturday, Oct. 26 at 11 a.m. at the Garrison City Auditorium. Lots of misc. SJ Auction Service 337-5410. See bhgnews.com for auction poster.  
 23-3TPDIX 58540

## Giveaway

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.  
 15-TFN-NCIX 58540

## Help Wanted

MEALS ON WHEELS has a cook's position available in Underwood. Monday-Friday. 30 hours/week. Vacation time, sick time and holiday pay. Call Linda at 748-2493 for an application.  
 20-TFN-E-X 58540

## BARTENDER WANTED

Apply at Black Nugget, Underwood, 701-442-3459, ask for Gussie.

## HELP WANTED



is looking for  
**SALES ASSOCIATES**  
 Full Time or Part Time

Stop in for an application  
 200 5th Ave SE, Garrison



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 Or call Jody Lawson at (701)463-2226  
 "EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED



## Turtle Lake Hospital

**Part-time Clinic Nurse**  
**Part-time Cook**

Experience preferred  
 but not required. Contact Brenda  
 701-448-2331 ext 207.  
 This institution is an equal opportunity  
 provider and employer.

## Help Wanted



GENERAL SECURITY SERVICES CORPORATION™

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Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.  
 EOE/AA/Disability/Veterans/M/F Employer  
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is looking for

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## HELP WANTED

### Coaching Positions

Garrison Public School District is seeking applications

- BASKETBALL CHEER COACH  
*Winter HS Head & JH Head*
- BOYS BASKETBALL -SPRING  
*Elem. Head & Assistant*
- TRACK COACH -SPRING  
*Two Assistant Coaches*

Please stop by Garrison High School for an application. Applicant must include a resume and three references.

Contact Nick Klemisch  
 at 463-2818 for more information.

## HELP WANTED



OF GARRISON

## Night Time & Weekend Cashiers



**All Shifts Available**

**Must be able to work weekends.**  
**Stop in for an application.**

## HELP WANTED

Steve's Plumbing Service, LLC in Garrison, ND is looking for **full-time Apprentice or a Licensed Journeyman plumber.**

Competitive wages and benefits D.O.E.  
 Call 701-460-7471 or email a resume to [szach@restel.net](mailto:szach@restel.net)



## HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

- Full-Time**
- RN/LPN • CNA
- Part-Time**
- Housekeeper
- Dietary Aide
- Activities Aide
- Nurse Aide/CNA

For more information call  
 701-463-6503

Apply online at  
[CHISIAlexiusHealth.org](http://CHISIAlexiusHealth.org)



leadernews@westriv.com

## Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Oct. 21. Have them there by 11 a.m. Call Darin, 701-315-0144.  
 43-TFN-E-X 58577

## Misc. for Sale

FOR SALE: Siemens 200 amp Heavy Duty Stainless Steel, 600 VAC HP Rated. NEMA 4/4x safety switch rated for outdoor use Model #hnf364S \$1250/each. Call Brad, 701-870-4228.  
 21-24-E-PD 58523

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.  
 1-E-TFN-NC 58577

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 35-P-TFN-NC 58577

## Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.  
 1-E-TFN-NC 58577

## Real Estate for Rent

### NOW RENTING

Heritage Heights Apartments  
 1040 Custer Dr., Washburn

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 701-527-4739 or Manager 701-220-8145

## Real Estate for Sale

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

## Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.  
 44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.  
 9-34-E-PD 58577

## Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.  
 1-E-TFN-NC 58577

## Statewides

HELP WANTED

CNA/NURSE AIDE position: 24 hours per week working nights and every 3rd weekend & rotating holidays. Night shift differential, competitive pay and benefit eligible. Download applications at [www.cavaliercountyhospital.com](http://www.cavaliercountyhospital.com) or call 701-256-6127.

FARMERS UNION OIL in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training



Statewides

preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

LOOKING FOR THE most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

EDUCATION /TRAINING  
TRAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

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FINANCIAL SERVICES  
OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief 701-936-8487.

REAL ESTATE FOR SALE  
ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

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ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

WANTED TO BUY  
WANTED TO BUY: Enclosed trailer 12 foot to 24 foot long. Also, 2007 to 2010 Toyota Avalon car. Call 701-318-5696.

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DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415

HEALTH/MEDICAL  
A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-844-254-2256.

ATTENTION: OXYGEN USERS! The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 866-549-5524.

REQUEST FOR PROPOSALS  
GRAFTON SCHOOL DISTRICT is accepting Request for Proposals for the demolition of Central Middle School. For full proposal contact Chad Ruzicka, 701-352-1930, chad.ruzicka@k12.nd.us

MISCELLANEOUS  
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**AUCTION**  
11501 41<sup>st</sup> St - Bismarck, ND  
(N on Hwy 83 to 110<sup>th</sup> Ave, 2 mi E, ½ mi N,E)

**Oct 13, 2019  
12:00 pm(CT)**

**TRACTORS / EQUIP / RELATED**  
4430 JD – PS, 3 pt, 3 hyd.  
540/1000, 5000 hrs w/158 JD loader w/new grapple & AC  
**135 MF-** 3 cyl Perkins, 3 pt, 1 hyd, 540, w/loader  
(2) **8N Ford**-4 spd, hi-lo(1 not run)  
7' **Koehn** snowblower-540, hyd spout  
combine/swather transport  
5 bottom plow, 18.4-38 duals  
(2) 7' Deere Borne mowers  
Buhler 3 pt blade w/weights  
5 bar side delivery rake  
misc Ford tractor parts  
**SNOWMOBILE/BOAT/HUNTING**  
400 Arctic Cat Panther  
440 Artic Cat Panther  
tree stand w/spinning seat & cover  
shooting stand, 12 goose decoys  
dog kennel, house, feeders  
**LIVESTOCK RELATED**  
S&H Power wagon  
(40)12' Farmmaster portable panels  
12' portable panels  
10', 12', 14' gates, mineral feeder  
6 round bale feeders, tank heaters  
24' sq bale elevator, fence stays  
3 pt posthole digger w/4,6,9 bits  
trailer w/water tank, smooth wire  
galv round water tank, REA poles  
4"-8" good wood posts, RR ties  
bridge plank, 6"X6", woven wire  
8 & 5½" steel posts, skylight panels  
5 rolls Red Brand barb wire-new  
chicken waters/feeders/heaters  
lge wood spools, old fence boards  
[www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)  
[www.globalauctionguide.com](http://www.globalauctionguide.com)  
[www.ndauctioneers.com](http://www.ndauctioneers.com)  
[www.auctionzip.com](http://www.auctionzip.com)

**VEHICLES / TRAILERS**  
'62 Chevy 40-1T, 350, Schwartz hoist, runs good  
(2) insulated/wired 30' vans  
older fish house on trailer  
'11 Chevy dually pickup box  
14' GN dump trailer-steel  
14' GN dump trailer-wood  
boat gas cans/jugs  
**SHOP / MISC**  
H-Vac cabinets w/AC/DC converters  
hyd pump pack-w/GX390 Honda  
CE pallet jack, 8' alum ramp  
Chicago Force HD drill press  
1/3 hp Wissota grinder on stand  
180 Lincoln welder, eng lifter  
(2) cherry pickers  
Rockwell 9" Contractor saw  
ProTech contractor miter saw  
B&D reciprocating saw, air tank  
Runnings job box, pickup tool box  
Rockwell jaw horse, hyd cylinders  
table saw-heavy, hi lift jack  
AgTronics generator, saw horses  
16 gal shop vac  
Schumacher/other battery charg  
Doerr 2 cyl air compressor  
sev good engines from '60s-'70s  
tires, weights, heaters  
tracks for semi, 5<sup>th</sup> wheel for semi  
metal fuel tank stand, ext ladder  
(2) Keller HD 16' ladders  
12' wood step ladder  
(2) 32" doors-NIB-1 w/window  
patio door w/swingout door-NIB  
chimney less prop heater-NIB  
**HOUSEHOLD/MISC**  
drop leaf table & chairs, exerciser  
40 gal propane heater

**ANTIQUE / COLLECT**  
1927 Tokheim Oil Tank & Pump  
Co #441847 pump-rare  
Mobil gas pump globe  
Conoco gas pump globe-orig  
David Bradley 2 row corn planter  
Deere Borne 2 bottom plow  
Ferguson cultivator, eveners  
Horse Drawn mower  
Red Jacket pump, potbelly stove  
Lakeside 199 lb anvil  
**SIGNS:** WAITT & Bond  
Blackstone cigar, 2 RR crossing,  
Stop, No U Turn, Speed Limit 5,  
glass bead curve-rare  
Lic Plates-'42, '45, '46, '47, '48, '49,  
'50, '51, '80  
Hudson sprayer from Oxidant elev  
4 runner sleds-1 toddler  
2 buck saws, golf bag & clubs  
water & snow skis, 16" skis, doors  
2 push mowers, RR box car mover  
RR spikes & hammer, nail kegs  
carpenter's tool boxes  
printers tray, copper boiler  
steamer trunk, coal pail & scoops  
box of Mrs Butterworth bottles  
popcorn popper, fishing rods/reels  
5 gal RW crock, kerosene lantern  
748 Winchester ball powder tin

**YARD / GARDEN**  
Huskee GT 18.5/46-14 spd  
AgriFab wood chipper/leaf  
mulcher-8 hp  
**712 AC** w/mower, /snowblade/tiller  
DR weed trimmer on wheels  
MDT push mower-fwd, Jari mower  
Weed Eater tiller, fert spreader  
pallets of landscape brick/block  
picnic table, wheel barrel, shovels  
post & arm for street light, rakes  
Fimco pull type sprayer  
2 wheel cart, planting tubes, hoes  
plastic barrels, cardboard barrels  
patio chairs, 10'X10' canvas tent  
chain link fence-no posts

\*TERMS: Cash/Bankable Check \*Lunch Served \*More items too numerous \*Not Responsible for accidents \*Statements on day of sale take precedence over printed material\*Owner reserves the right to reject any and all bids \*Sold as is, where is with no warranties or warranties implied whatsoever.

**G & G AUCTIONEERS**  
Phone Glass Lined 189 - Chad Ruzicka Lined 701-223-2269  
701-878-4001  
Chad Ruzicka Auction Service, LLC Lined 369

**AUCTION**

**October 5 9:00 AM CT** - Hardware Hand Liquidation - New Salem, ND. G&G Auctioneers.

**Oct. 5 - 10:04 a.m.** Real estate auction, Thomsen's 4 Winds Auction, 701-220-8575, 4windsauction.com.

**Oct. 5 - 11 a.m.** Mike and Marcia Zimmerman Auction. From Garrison 3 miles North on County Road 15 then West 1 mile on blacktop road, and South to Sale Site - Watch for Signs. SJ Auction Service. 337-5410 or 337-6107

**Oct. 5 – 10:04 a.m.** Wayne and Margene Granfor Auction, 1300 266th Ave. NE, Wilton. Thomsen's 4 Winds Auction, 4windsauction.com • 701-220-8575.

**Oct 6** - Jeff Schumacher Est & Guests- Glen Ullin, ND - 12:00 pm CT - Glen Ullin, ND-Real Est, Vehicles, Motorcycle, Household, Yd/Garden, Ant/Collect - G & G AUCTIONEERS 701-878-4001 [www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)

**Oct. 7 – 11 a.m.** Spencer Farm Auction, Ramada Hotel & Conference Center, Bismarck. Pifer's Land Auctions, pifers.com • 877-700-4099.

**October 12 10:00 AM MT** - SAETZ FARM & RANCH EQUIPMENT AUCTION. Owner: Frank Saetz Estate & Bonnie Saetz. Partial Listing Coming Soon. Wolff Auctioneers.

**Oct 12** - Lyle Donner Est & Guests-10:00 am MT - Reeder -Tractors, Equip,Shop,Vehicles, ATV/Snowmobiles,Yd/Garden Ant/Collect, Household. - G & G AUCTIONEERS 701-878-4001 [www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)

**Oct 13 - 12 pm CT** -Ron & Joyce Fox & Guests-N Bismarck on Hwy 83-Tractors, Farm & Livestock Equip, Shop, Ant/Collect, Yd Garden - G & G AUCTIONEERS <http://www.midwestauctions.com/gandg>

**Oct. 22 – 10 a.m.** Robyn and Kathy Funke Auction, Comfort Inn, Minot. Pifer's Land Auctions, pifers.com • 877-700-4099.

**Oct. 22 – 3 p.m.** Darwin and Ruth Marie Engel Auction, McClusky Community Center. Pifer's Land Auctions, pifers.com • 877-700-4099.

**October 26 10:00 AM CT** - 250+ Gun Auction - New Salem, ND. G&G Auctioneers.

**November 1st, 2019 @ 6 PM CT** Owner: Henry Miller Family, Offering 320 Acres in Eastern Mercer County, Legal Description: S2-SEC.19-145-84, Location: Civic Center, Stanton, ND. Wolff Auctioneers

**December 7th, 2019 @ 10 AM MT** Offering: 161 Guns, Buckskin Bar & Grill, 64 Central Ave S, Killdeer, ND. Wolff Auctioneers

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91 N Main St., Garrison, ND  
701-463-2201

**Country Kitchen Recipes**



**Gluten free cheeseburger soup**  
1 pound ground beef, cooked  
1 cup diced carrots  
1/2 cup diced celery  
1/2 onion, diced  
1 tablespoon butter  
2-3 large potatoes, peeled and diced  
4 cups chicken broth  
1 teaspoon dried parsley  
1 cup velveeta cheese, cubed  
1 cup milk  
salt and pepper to taste  
In a large soup pot, melt butter. add in carrots, celery and onions, Cook over medium heat until onions become translucent. About 5-8 minutes.  
Add chicken broth, potatoes and parsley, let come to a low boil and cook for 10 minutes, make sure potatoes are fully cooked.  
Turn heat down to low, stir in ground beef, cheese and milk, add salt and pepper to taste. Once cheese is melted and all ingredients are blended, serve with fresh bread.

**Gluten free pumpkin cheesecake**  
**CRUST:**  
1 1/2 cups gluten free vanilla wafers  
1/3 cup butter or margarine, melted  
**CHEESECAKE:**  
3 packages (8 oz. each) cream cheese, softened  
1 cup granulated sugar  
1/4 cup packed light brown sugar  
2 large eggs  
1 can (15 oz.) Libby's 100% Pure Pumpkin  
2/3 cup (5 fl.-oz can) Nestle Carnation Evaporated Milk  
2 tablespoons cornstarch  
1 1/4 teaspoons ground cinnamon  
1/2 teaspoon ground nutmeg  
**TOPPING:**  
1 container (16 oz.) sour cream, at room temperature  
1/3 cup granulated sugar  
1 teaspoon vanilla extract  
Preheat oven to 350° F.  
**CRUST:** Combine cookie crumbs and butter. Cool in refrigerator.  
**CHEESECAKE:** BEAT cream cheese, granulated sugar and brown sugar in large mixer bowl until fluffy. Beat in eggs, pumpkin and evaporated milk. Add cornstarch, cinnamon and nutmeg; beat well. Pour into crust.  
Bake for 55 to 60 minutes or until edge is set but center still moves slightly.  
**TOPPING:** Combine sour cream, granulated sugar and vanilla extract in small bowl; mix well. Spread over surface of warm cheesecake. Bake for 5 minutes. Cool on wire rack. Refrigerate for several hours or overnight. Remove side of springform pan.

**Cereal energy bars**  
2-1/2 cups crisp rice cereal  
2 cups old-fashioned oats  
1/4 cup toasted wheat germ  
1 cup corn syrup  
1 cup peanut butter  
1/2 cup packed brown sugar  
1 teaspoon vanilla extract  
In a large bowl, combine the cereal, oats and wheat germ. In a small saucepan, combine the corn syrup, peanut butter and brown sugar. Cook over medium heat until peanut butter is melted, stirring occasionally. Remove from the heat. Stir in vanilla. Pour over cereal mixture; mix well. Transfer to a greased 9-in. square pan. Gently press cereal mixture evenly into pan. Cool completely. Cut into bars.  
Optional: Melt a bag of chocolate chips and a bag of butterscotch chips in the microwave and frost the bars.





# LEWIS & CLARK FARMERS MARKET

## Fridays 3-6 p.m.

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**GAP**  
continued from page 3

Almost 52 percent had unpaid medical bills, a major driver of hunger. Dahl said this can be especially true in small towns whose employers might have a tough time providing health insurance.

"So there's this gap – and I have family that's been in that gap – where you make too much to get SNAP, but you're not paid enough to pay all of your operating expenses for the month and feed your family," Dahl said.

### The set-up

Dahl said the board will hopefully have the lease agreement ironed out and access to the space by the end of October, then they will begin making renovations to fit their needs. Overall, however, she said "the infrastructure that is in there right now will work well."

The food bank will be operating out of the rear of Lazy J's former off-sale space, and Kolden and Dahl said the board has had a lot of talks about confidentiality. The rear entrance will not face downtown and all volunteers will sign confidentiality contracts.

When the pantry opens, Dahl said households that sign up will be able to come collect supplies once a month. There will be daytime and nighttime hours, but the board has not decided yet when those will be.

The board has already established a Facebook page under the name Garrison Food Pantry, where they say they will post about what their donation needs are. These needs will always be evolving based on their clients and what Great Plains Food Bank has in stock.

Besides food, they will also be looking for donations for hygiene products, baby products and cleaning supplies. You can give fresh beef if it has been processed through a USDA-certified facility and farm-fresh eggs.

"If you're worried about what to give, dollars are fine," Dahl said. "The dollars you give to the food bank can buy so much more through the food bank because they get things in bulk. It's always great to give food, but the dollar you give will buy more food from them than you paying the dollar for something."

### The future

Going forward, the pantry hopes to eventually open a second-hand shop to sell quality, affordable goods to the whole community. It will be called "Tossed and Found."

Dahl said she hopes the shop will fit in well with the culture of Garrison's downtown, as well as provide a sustainable income stream for the pantry.

"We want to spend most of our time being of service," she said. "If we have to spend all of our time trying to raise funds, that takes something away."

Kolden and Dahl also said that there remain open positions on the board, although they hope that all of the pantry's activity isn't undertaken by board members. They are also looking for volunteer coordinators, especially for events.

Though they do not have offices right now, interested volunteers can contact the pantry through their Facebook page, at [garrisonfoodpantry@gmail.com](mailto:garrisonfoodpantry@gmail.com) or at PO Box 1002 in Garrison.

For the pantry to be successful, Kolden said, "it's going to take the whole community."

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