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Monday, Nov. 25, 2019

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All classifieds, advertising, and events must be in by 5 p.m. Mon., Nov. 25 for the next issue.



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GARDENING TIPS

New perennials for 2020

BY BEV JOHNSON M.G.
UNIVERSITY OF MINNESOTA EXTENSION
MASTER GARDENER

Gardeners are always improving their gardens, or at least rearranging them. New plants get their hearts racing. "I just have to have that new whatever." Do be a bit skeptical about new perennials. Remember Endless Summer. It was a spectacular failure anyplace north of Minneapolis. That being said, here are some new introductions for this summer.

Ringo shrub rose is a bright golden yellow with a red center. It looks like a nasturtium actually. It slowly fades to white with a pink center. It blooms all summer so both color combos will be on the bush at the same time. this rose is described as sturdy, disease resistant and needing little care. It's small, 3 to 4 feet tall and wide and a zone 4 to 8. Sounds too good to be true but a nice addition if it is as described.

A new small very fragrant lilac is called Sentura Pura. She's a semi dwarf only getting about 4 to 6 feet tall, making her perfect for a smaller yard. She blooms heavily each spring with flower buds that emerge a "mulberry violet" and open



Bev Johnson M.G.

to a "clear jacaranda purple with a deep true fragrance". I will leave you to decipher those colors. The leaves are disease free so apparently, they don't get the downy mildew that makes our regular lilac leaves looking yukky in late summer. A nice bonus, she is a zone 2 to 8 gal.

If you like "Jack Frost" bugloss you'll love "Jack of Diamonds" he has huge 9 to 10 inch leaves that overlap at the base. The leaves have a heavy silver overlay with a vivid, wide dark green veining pattern. He's a big guy, 14 to 16 inches high and up to 32 inches tall. A perfect addition to your

shade garden.

If you need a groundcover for a hot, dry spot, have I got the plant for you. "Bogie Woogie" stonecrop is a low grower with cream leaf margins that blooms yellow in the early to midsummer. It is 6 to 8 inches tall and 16 to 18 inches wide. Mixed in with her green cousins, this cream and yellow plant will stand out like a lighthouse.

If you like bee balm (Monarda) but don't like the mildew some of them get, there is a new addition that should make you happy. "Bee Happy" is a well-behaved, compact cerise version of "Jacob Cline". This line is known for being mildew resistant. She has an upright growth habit and flowers for most of the

summer. She can be used in pots or in the ground. She is especially pretty combined with chartreuse grasses or pale blue salvias. She's 15 to 18 inches tall and about a foot wide. She is listed as a zone 4 but Monarda are quite hardy here.

If your garden demands a small hydrangea, a new Gold Metal Plant by the Pennsylvania Horticultural Society may be just the girl for you. "Haas' Halo" is a smooth hydrangea. She has the lace-cap blooms that grow to 14 inches wide. The stems are

strong and never flop over. This is a bushy, upright plant; 3 to 5 feet tall and wide. She likes full to part sun and is listed as zone 3 to 9.

For a truly hardy mum, look to the Igloo" series. Their newest addition is Autumn Spice Igloo'. The color is an orange-bronze. These plants are noted for being a dense flower covered ball about 18 to 20 inches tall and wide. They have an unprecedented uniformity, blooming in late summer and early fall. You don't have to pinch them back to encourage a short, full plant.

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For further information call Keith or Kelly at the office: 463-6700

Country Kitchen Recipes



Wild rice pheasant bake

3 cups cooked Uncle Ben long grain & wild rice
3 cups chopped cooked pheasant
16 oz. pkg. frozen french cut green beans, thawed
17 oz. jar alfredo sauce
1/2 cup soft bread crumbs

Preheat oven to 350 degrees. Mix rice, pheasant, green beans and alfredo sauce in large bowl. Place in 12x8" glass baking dish and sprinkle with bread crumbs. Bake at 350 degrees for 45-50 minutes until casserole bubbles at the edges and bread crumbs are browned.

Twix bar salad

Butterscotch instant pudding
Cool Whip
Crumbled twix bars
Drained mandarin oranges
Mix and serve.

Thyme-roasted vegetables

9 cups cubed red potatoes (or equal amount of red potatoes, sweet potatoes, and butternut squash)
3 cups sliced sweet onions
3 medium carrots, sliced
1/2 pound medium fresh mushrooms, halved (optional)
1 large sweet red pepper, cut into 1 1/2 inch pieces
1 large sweet yellow pepper, cut into 1 1/2 inch pieces
2 tablespoons butter, melted
2 tablespoons olive oil
1 tablespoon minced fresh thyme or
1 teaspoon dried thyme
1 teaspoon salt
1/4 teaspoon pepper

Preheat oven to 400°. In a large bowl, combine vegetables. Add remaining ingredients; toss to coat. Transfer to a 15x10x1-in. baking pan. Roast 45-50 minutes or until tender, stirring occasionally.

Raspberry kuchen

1-1/2 cups all-purpose flour, divided
1/2 teaspoon salt
1/2 cup cold butter
2 tablespoons heavy whipping cream
1/2 cup sugar
3 cups fresh raspberries
1 cup sugar
1 tablespoon all-purpose flour
2 large eggs, beaten
1 cup heavy whipping cream
1 teaspoon vanilla extract

In a bowl, combine 1 cup flour and salt; cut in butter until the mixture resembles coarse crumbs. Stir in cream; pat onto the bottom of a greased 13x9-in. baking dish. Combine the sugar and remaining flour; sprinkle over crust.

Arrange raspberries over crust. In a large bowl, combine sugar and flour. Stir in eggs, cream and vanilla; pour over berries.

Bake at 375° for 40-45 minutes or until lightly browned. Serve warm or cold. Store in refrigerator.

Strawberry punch

Mix together
1 large wild strawberry jello
2 cups boiling water
Add
2 12 ounce frozen lemonade
2 cans cold water
3 liters ginger ale
Mix well.

Microwave lemon curd

1/2 cup unsalted butter
1 1/4 cups granulated sugar
3 eggs
1 egg yolk
1 cup fresh lemon juice
lemon zest from 3 lemons

Melt butter in microwave, set aside to cool slightly. Whisk together sugar and eggs in a medium-sized microwave-safe bowl. Whisk in lemon juice and zest. Finally whisk in the butter. Microwave on 50 percent power for one minute. Stir. Continue microwaving at 100 percent power in one minute intervals, stirring after each interval until the mixture is thick enough to coat the back of a spoon. (The curd will thicken as it cools.) Strain curd through a fine-mesh sieve to remove zest. Pour curd into sterile jars and store for up to three weeks in the refrigerator.

PRAIRIE FARE

Kid- and adult-friendly
healthful snacks can be tasty

BY JULIE GARDEN-ROBINSON
FOOD AND NUTRITION SPECIALIST
NDSU EXTENSION

"Would you like me to pick up some pizza for you?" I called down the steps to the half-dozen teenagers in our newly updated basement family room.

I could have guessed the answer to this question.

"Yes, cheese pizza and cheese bread, too!" my teenage daughter replied immediately.

I was expecting them to say pepperoni pizza.

"You don't want any toppings on the pizza other than cheese?" I asked.

"No, just cheese," she said. "We have a vegetarian down here."

I think I heard them giggle.

I suspect we have created the ideal hangout for teens. My husband and I may never get to use the area again. At least we will know where to find our daughter.

For entertainment, they have a large TV, a separate gaming TV, two couches, several musical instruments, many chairs and a table to play games and, perhaps, do homework. Most teens are perpetually hungry, so I stocked the kitchenette with easy-to-eat, not-too-messy snacks.

I opted for kid-friendly snacks with a nutrition twist.

No, I didn't stock the fridge with Brussels sprouts and broccoli.

On this inaugural use of our basement, I filled the fridge with water bottles. The counter had a basket of 100-calorie portion packs of whole-grain



This pizza dip makes a tasty, easy-to-make snack. (Photo courtesy of the Midwest Dairy Council)

crackers, multigrain chips, lightly salted whole-grain popcorn, and trail mix with nuts and dried fruit.

Chips with guacamole or salsa would be a fun treat in the future, but tomato sauce might be tough on the carpet.

My daughter made a pan of fudgy brownies before her friends arrived, so they had the welcoming aroma of chocolate as they entered.

Next time, I will add string cheese, yogurt and individual applesauce containers to the fridge. Apples and tangerines would be teen-friendly treats, too.

I could do some interesting nutrition research with this focus group of kids. Trust me,

I didn't pop down to do a quick nutrition assessment of my daughter's friends, although embarrassing her a little might have been fun.

I won't be the "weird mom" just yet. Give me some time, though.

Snacks are an important part of the diet of kids and teens, who often are growing at a rapid pace. Unfortunately, many kids shortchange themselves on fruits, vegetables and whole grains, and drink too many sweetened beverages.

Liquid calories can add up quickly. One can of pop (12 ounces) has up to 170 calories and no nutrients, plus sometimes a lot of caffeine. You can replace pop with more healthful options, such as water, low-fat/fat-free milk or 100 percent juice. Flavor-infused water and/or sparkling water with a squirt of juice are other options.

These beverages provide children with the hydration and nutrients they need to grow and develop properly.

Consider these 100-calorie snack options with a kid-friendly twist: 1 cup of raw carrots with 3 tablespoons of nonfat dressing, 10 grapes with 2 tablespoons of cream cheese fruit dip, half an English muffin (or half an apple) with

Prairie Fare page 5

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Early Deadline

**5 p.m.
Mon., Nov. 25**

*In observance of
Thanksgiving we will
be closed on Nov. 28.*

All classifieds,
advertising, and
events must be in by

**5 p.m. Mon., Nov. 25
for the next issue.**

CALENDAR

Saturday, Nov. 23

Parshall community fall vendor showcase, 10 a.m. to 3 p.m., Parshall High School Gym. Lunch available.
Piecemakers Quilt Guild meeting, SACA Lodge, 9 a.m.
Community Food Pantry, Ryder, 10 a.m. to 2 p .m., free lunch provided.
Scandinavian Supper, Camp of the Cross, 5:30 p.m., Call for reservations, 701-337-2246.
Holiday open house, 9 a.m. to 3 p.m., Chase Drug, Washburn.
Hospital Auxiliary holiday fair, 10 a.m. to 4 p.m., Turtle Lake Legion Hall. Serving Lunch.
Lord’s Pantry open 10 a.m. to noon at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.
Orville Speten 100th birthday open house, 2-4 p.m., Wilton Memorial Hall. No gifts please!
Holiday open house, 10 a.m. to 2 p.m., Giffey’s Christmas Store, Garrison.

Sunday, Nov. 24

Community Thanksgiving Service, Benedictine Living Center Chapel, 3 p.m.
Fall harvest festival, 10:30 a.m., Frist Lutheran Church, Washburn, featuring the Preacher’s Daughters.

Monday, Nov. 25

Early deadline – All events, classifieds andadvertising must be in the Xtra office by 5 p.m. for the next issue.
Yoga, First Congregational Church, Garrison, 8 a.m.
Bone Builders exercise, Garrison Senior Center, 10 a.m.
Retirement open house honoring Ted Weinberger, noon to 4 p.m., Hazen City Hall (small hall).

Tuesday, Nov. 26

McLean County Commission meeting, 8:30 a.m.
WIC Nutritionist available at the Garrison office. Please call 463-2641 to schedule an appointment.
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.

Wednesday, Nov. 27

Adult health services and foot care clinic available at the Public Health office, Garrison. Please call 463-2641 to schedule an appointment.
Santa’s Workshop, Garrison Elementary, 9 a.m. to 2 p.m.
Underwood Library closures: The Underwood Public Library will close at 2 p.m. Wednesday, Nov. 27 and will not open again until 10 a.m. Monday, Dec. 2 in celebration of the Thanksgiving holiday. The library will also be closed Wednesday, Dec. 4 due to some technology maintenance.

Friday, Nov. 29

Dickens Village Festival begins.
Yoga, First Congregational Church, Garrison, 8 a.m.

Saturday, Nov. 30

A Magical Medora Christmas featuring past and present starts of Medora, 7:30 p.m., Washburn HS Gym. See ad for full details.
Celebration of lights annual parade and tree lighting, 4 p.m., Washburn Memorial Building. Lighted parade, 6 p.m. Tree lighting and caroling to follow. Family movie night, 7 p.m.
Jacob Olson benefit fundraiser, dart tourney and potluck, 1 p.m., sign up at noon, silent auction, Douglas Bar.

Monday, Dec. 2

WIC nutritionist available at the Washburn office. Please call 462-3330 to schedule an appointment.
McClusky Fire Department meeting, 8 p.m.
Goodrich City Council meeting, 5 p.m.
Martin City Council meeting, 7 p.m.

Tuesday, Dec. 3

McLean County Commission meeting, 8:30 a.m.
Sheridan County Commission and Park Board meeting, 12:30 p.m.
Butte Seniors Tuesday Club – Every Tuesday at 1 p.m. Get together with the crowd over 55, sing and play games.
Food Bank at Sheridan County Courthouse is open from 9 a.m. to noon.
Missouri River Community Band winter concert, 7:30 p.m., Legacy High School Auditorium.

Wednesday, Dec. 4

Wilton City Commission meeting, 7 p.m.
Whatever Wednesday – Trinity Lutheran Church, Turtle Lake, each Wednesday from 2-4 p.m. 448-2551
Free well baby clinic, 1:30-3:30 p.m., Northland Health Center, 416 Kundert St., Turtle Lake. 701-448-9225
Underwood Civic Club will meet at noon at city hall.
Our Savior’s Church Christmas concert, 7:30 p.m., Mercer. Featuring occasional gospel quartet.

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event: _____
Date: _____
Time: _____
Location: _____
Contact: _____

PRAIRIE FARE

continued from page 4

a teaspoon of peanut butter or sunflower seed butter.
Teaching kids to be comfortable preparing food for themselves also is an important part of parenting. Here are some basic rules for keeping kids safe in a kitchen:
• Lay out specific rules so they know what they are allowed to do.
• Teach them how to retrieve items from the toaster safely if the items become stuck. (Do not stick in a utensil while the toaster still is plugged in. Unplug it and allow it to cool first.)
• Make sure they know metal and microwaves don’t mix.
• Supervise them when using an oven.
• Teach them to wash their hands properly.

• Teach them to clean up after themselves.
Next time, I need to reinforce the last tip on the list. I know a little “cleanup” song we all could sing. Yes, that would embarrass my daughter.
For more resources about snacks and food preparation, see <https://www.ag.ndsu.edu/publications/food-nutrition/myplate-resources> to view more after-school snacks for kids and teens. See <https://www.ag.ndsu.edu/familytable> to subscribe to a free monthly newsletter and be eligible for prizes on Facebook.
This fun, do-it-yourself snack is courtesy of the Midwest Dairy Council.

Pizza dip
1 (6-oz.) package light cream cheese, softened
1/2 c. light sour cream

1 tsp. oregano
1/2 c. pizza sauce
1 c. shredded low-moisture, part-skim mozzarella cheese
1/2 c. grated Parmesan cheese
1/4 c. diced red peppers
1/4 c. diced green onions
Whole-wheat breadsticks or crackers
Combine cream cheese, sour cream and oregano in bowl. Stir until smooth. Spread evenly into a small pie plate or 8- by 8-inch-square pan. Top with pizza sauce, cheese, peppers and onions. Bake at 350 F for 15 minutes or until cheese is melted. Serve warm with breadsticks or crackers.
Makes five servings. Each serving has about 210 calories, 13 grams (g) fat, 10 g carbohydrate, 13 g protein, 0 g fiber and 380 milligrams sodium.

It's the SEASON of GIVING
Twiced Blessed campaign doubles donations

BY JILL DENNING GACKLE
BHG NEWS

There are many opportunities to give this season. A health foundation serving this area recently announced a program called Twice Blessed, which will double donations to five area organizations and the City of Washburn.
St. Joseph's Community Health Foundation distributed \$557,660 last year to 42 organizations in 11 counties in the second year of the program. This year, \$333,500 is designated to give to 45 organizations. Donations made before Dec. 31 will be doubled, which would provide up to \$662,000 to the organizations.
The McLean County

organizations in the program and their fund raising plans are:
• Camp of the Cross, a year-round camp and retreat center, is raising funds to help children attend camp.
• CHI-St. Alexius, Garrison is raising funds for the Grow Our Own Professionals Program, which helps to combat the trained nurses shortage.
• Garrison-Max Ambulance District is seeking donations for a ventilator and infusion pump for the transfer ambulance.
• The Riverdale Ambulance Service is seeking funds to purchase a chest compression system.
• City of Washburn is raising funds to purchase an elevator for the Washburn Memorial Building.


• Funds are being raised for the food pantries in the 11-county service area.
The mission of St. Joseph's Community Health Foundation is to promote healthy and sustainable communities by providing financial gifts, strengthening collaborative relationships and supporting local initiatives that impact the mental, physical and spiritual well-being of residents in the counties of Bottineau, Burke, McHenry, McLean, Mountrail, Pierce, Renville, Rolette, Sheridan, Ward and Wells.
Gifts since inception of the foundation total \$7.6 million dollars.
To learn more about the foundation and the Twice Blessed campaign, go to sjchfnd.com.

The Right Coverage

We'll meet with you personally to get the right coverage, at the right price. Your vehicle is important to you. We know, 'cause we travel the same road home, as you.

- Home
- Auto
- Crop
- Life
- Health
- Business
- Farm & Ranch

Not all products underwritten by Farmers Union Insurance.



Farmers Union
INSURANCE

SIMPLY DIFFERENT

Contact Mike Nelson
Washburn, ND
Phone 701-462-3848
mike.nelson@fumic.com

THE CLASSIFIEDS

• **EARLY DEADLINE:** 5 p.m. Monday.
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128
 Email: leadernews@westriv.com • Website: bhgnews.com
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call this newspaper and we'll make sure you do. 701-463-2201 or 1-800-658-3485.

1-E-TFN-NC

58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.

1-E-TFN-NC

58540

**40TH ANNUAL
MINOT RIFLE &
PISTOL CLUB
MINOT GUN
SHOW**
 ND STATE FAIR CENTER
NOV. 30 & DEC. 1
 SHOW HOURS: SAT. 9 A.M.-5 P.M.,
 SUN. 9 A.M.-3 P.M.
BUY - SELL - SWAP - TRADE

Bids

**McLean County
is looking for
an individual
to refinish 4
Courtroom Benches
located in the
McLean County
Courthouse –
Please call Cathy @
701-462-8829 by
December 15th
for details**

Farm Related

MW HAULING, LLC, cattle hauling 8.5x53 spread axel cattle pot, 7x32 stock trailer. Licensed/insured for ND. Max Waloch, 701-516-3117. 28-39-E-PD

58577

Giveaway

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

15-TFN-NC

58540

Help Wanted

NORTHSHORE INN & Suites/ Garrison Motel is hiring for a Front Desk/Housekeeping position. Please apply within.

28-2TCHIX

58540

HELP WANTED



is looking for
**SALES
ASSOCIATES**
Full Time or Part Time

Stop in for an application
 200 5th Ave SE, Garrison

HELP WANTED



**Turtle Lake
Hospital**

*Part-time Clinic Nurse
Full-time Nurse Aide*

*Experience preferred
but not required. Contact Brenda
701-448-2331 ext 207.*

*This institution is an equal opportunity
provider and employer.*



GENERAL SECURITY SERVICES CORPORATION™

SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.
 EOE/AA/Disability/Veterans/M/F Employer
 Immediate full-time & part-time openings!



BENEDICTINE LIVING CENTER
OF GARRISON
Benedictine Health System

Culinary Services Director

Responsible for the direction, implementation, and supervision of all meal services and nutritional support for guests. Provides a quality assurance program that certifies guest therapeutic nutritional requirements are met. Manages the selection, training, development, and performance of assigned initial and ongoing clinical nutritional assessments and menu planning. Manages the department's budget.

Eligible associates are offered medical, dental, vision and life insurance; disability coverage; paid time off (PTO), and 401(k). In addition, associates may also experience several other benefits, such as paid holidays, flexible scheduling, cookouts, holiday parties and much more.

To learn more about BLC of Garrison and BHS, please apply online at blcgarrison.com

EEO/AA/Vet Friendly



A BNI ENERGY COMPANY

HEAVY EQUIPMENT OPERATORS/UTILITY

BNI Coal, Ltd., a BNI Energy company and subsidiary of ALLETE, Inc. with locations in Bismarck & Center, ND is now accepting applications for the following positions at the Center Mine, Center, ND: heavy equipment operators/utility.

Heavy Equipment Operators/Utility

Responsibilities: General labor as a heavy equipment operator/utility including: operate and maintain large mining equipment, pump water and maintain pumps, and assist mechanics. Must be proficient in operating large mining equipment and able to work outdoors in all weather conditions. Shift work.

Minimum Requirements: H.S. Diploma or GED; valid driver's license, 3 years' work experience. Two year college degree may be substituted for 2 years work experience. Experience in operating large construction/earth moving equipment is required. Experience with electrical, welding, dragline maintenance, or diesel mechanics are preferred but not required. Computer skills desired. Probationary wage is \$35.42/hr; \$42.87 after 6 months.

Excellent benefit package including retirement plan, company paid health, dental and vision insurance premiums, company paid life insurance, vacation and sick leave.

Applications are available at www.bnicoal.com/careers.
 Mail application to "Equipment Operator", P.O. Box 897, Bismarck, ND 58502. **Deadline to apply is November 29, 2019.**

*BNI Coal will not sponsor VISA's for this position.
 EEO/AA/F/M/Vet/Disabled.*

Help Wanted



BENEDICTINE LIVING CENTER
OF GARRISON
Benedictine Health System

HELP WANTED
Come Join Our Team!!
Full-Time CNA
Not a CNA? We can help!
Benefit Eligible
Starting wage \$14.56
Apply at www.blcgarrison.com
Or call Jody Lawson at (701)463-2226
 "EQUAL OPPORTUNITY EMPLOYER"



BENEDICTINE LIVING CENTER
OF GARRISON
Benedictine Health System

HELP WANTED
Come Join Our Team!!
• RN/LPN
Full Time days
Apply at www.blcgarrison.com
Or call Jody Lawson
at (701)463-2226
 "EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

Steve's Plumbing Service, LLC in Garrison, ND is looking for **full-time Apprentice or a Licensed Journeyman plumber.**

Competitive wages and benefits D.O.E.
 Call 701-460-7471 or email a resume to szach@restel.net



HELP WANTED

Coaching Positions

Garrison Public School District is seeking applications

- **BASKETBALL CHEER COACH**
Winter HS Head & JH Head
- **BOYS BASKETBALL -SPRING**
Elem. Head & Assistant
- **TRACK COACH -SPRING**
Two Assistant Coaches

Please stop by Garrison High School for an application. Applicant must include a resume and three references.

Contact Nick Klemisch
 at 463-2818 for more information.

HELP WANTED



BAR & GRILL

is looking for

**Cooks, Servers
& Bartenders**

Apply in person or call
 701-337-2070

Lake Audubon • Hwy 83
 337-2070

HELP WANTED



OF GARRISON

**Night Time &
Weekend Cashiers**



**All Shifts
Available**

**Must be able to work
weekends.
Stop in for an application.**

RURAL BUS ROUTE DRIVER

Underwood School is seeking applicants for a Rural Bus Route Driver. Hours are from 6:45-8:15 a.m., and from 3-4:30 p.m. daily. Salary is approximately \$25/hour based upon actual miles driven. Applicant must have, or be able to obtain proper Bus Passenger Endorsement. Underwood School District will assist successful applicant in obtaining proper licenses. If interested, email brandt.dick@underwoodschool.org, or call Brandt Dick, 701-442-3201.

Garrison-Max Ambulance is

accepting applications for **Drivers** with a valid drives license.

Paid on call position,
 Stop at ambulance
 garage in Garrison.

*For applications
go to website
gmambulance.com*



**Garrison-Max
Ambulance District**

HELP WANTED

McLean County will accept applications filling **one (1) or more positions** as part-time Federal Prisoner Transport Officers in the Sheriff's Department with a pay rate of \$30.00/hour. Hours are variable on an as needed basis and are capped at 19 hours per week. For further information on the position or to obtain a McLean County job application form, interested individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577 or call (701) 462-8541. Only official McLean County application forms will be accepted. An application form can be accessed from the county's website:

<http://www.mcleancountynd.gov/employment>.

To be considered, all applications and related items must be submitted to the McLean County Auditor.

Successful candidates will be required to submit to applicable background checks.

Help Wanted

EQUIPMENT OPERATOR/TRUCK DRIVER position open: The Board of Sheridan County Commissioners will be accepting applications for an Equipment Operator/Truck Driver. Qualifications are to have experience in performing a variety of skilled and semi-skilled work in operation of medium to heavy equipment utilized in road construction, maintenance, and repair projects. Must have a CDL license or can acquire one. Wages \$16-\$21.50 per hr. - negotiable upon experience. Application forms are available at the office of the Sheridan County Auditor, PO Box 439, McClusky, ND 58463 or PH# 701-363-2205. Shirley A. Murray, Sheridan County Auditor.
28-30-E-X 58463

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

- Full-Time**
- RN/LPN • CNA
- Part-Time**
- Housekeeper
- Dietary Aide
- Activities Aide
- Nurse Aide/CNA

For more information call
701-463-6503

Apply online at
CHISTAlexiusHealth.org



The institution is an equal opportunity provider and employer.

Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Dec. 2 and Dec. 16. Have them there by 11 a.m. Call Darin, 701-315-0144.
43-TFN-E-X 58577

Misc. for Sale

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.
1-E-TFN-NC 58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.
35-P-TFN-NC 58577

Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.
1-E-TFN-NC 58577

Real Estate for Rent

NOW RENTING

Heritage Heights Apartments
1040 Custer Dr., Washburn

New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable.

701-527-4739 or Manager 701-220-8145

Real Estate for Sale

GARRISON INSURANCE
Insurance & Property Management

Mike Matteson
MANAGING PARTNER
Jean R. Witt
AGENT



WEST INKSTER REALTY

Mike Matteson
OWNER/BROKER
(701) 463-2099 (office)
(701) 337-6433 (cell)
11 Central Ave E, Garrison, ND
www.mikematteson.com

Contact us for all your Real Estate and Insurance needs!

JUST LISTED!
Commercial Location on Main Street!
69 S Main St, Garrison, ND



6,000 Sq. Ft. Updated Building • High Traffic Corner Location
Currently Fitness Center with Optional Equipment for Sale
Great Location for Hunting/Fishing Sports Store!

Real Estate for Rent

1 BEDROOM STUDIO apartments available in Garrison. Furnished, all utilities included. Monthly rates. Call 337-5169 or 701-220-7477.
28-2TCHIX 58540

Quinco Apartments

333 6th Ave NE, Garrison, ND

Quinco Apartments is a USDA Subsidized project. Priority is given to low and very low income Multi-tenant applicants.
*Accessible interviewing will be made available.

(1) Two Bedroom Unit
(1) One Bedroom Unit
AVAILABLE DEC. 1ST
Monthly Rent \$420 to \$465* includes utilities.
*Maximum Rent, actual rent is determined based upon annual income.

GARRISON INSURANCE
Insurance & Property Management

For applications contact Joetta
152 N. Main • 463-2099

Quinco is an equal opportunity provider and employer.
TDD 1-800-366-6888

Real Estate for Sale

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for Some. 833-2884. U call, I Haul.
44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.
9-34-E-PD 58577

Real Estate for Rent

Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.
1-E-TFN-NC 58577

Statewides

HELP WANTED
RURAL WATER OPERATOR. Must have or obtain Grade 02 Water Treatment and Water Distribution licenses. Stu Gullicks; Dakota Rural Water District; PO Box 476; Finley, ND 58230. 701-524-2393.

COMMERCIAL APPLICATORS. Competitive wage and benefits, meal allowance, paid lodging. Traveling position for railroad vegetation control, 60-80 hours/week. RAW (Cooperstown, ND). 888.700.0292 | www.rawapplicators.com | info@rawapplicators.com

FARMERS UNION OIL in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

LOOKING FOR THE most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

FINANCIAL SERVICES
OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National

Statewides

Debt Relief, 701-936-8487.

EDUCATION /TRAINING
TRAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

COMPUTER & IT TRAINING PROGRAM! Train at home to become a Computer & Help Desk Professional now! Call CTI for details! 701-929-9484 (M-F 8am-6pm ET).

REAL ESTATE FOR SALE
1 BEDROOM CONDO on main floor. Good location in Bismarck. Hot water heat, security entry, large living room, fireplace, kitchen with storage, and garage. 701-214-7868.

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE
ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

AUTOS WANTED
DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415

HEALTH/MEDICAL
OPEN ENROLLMENT FOR HEALTH

Statewides

INSURANCE IS HERE! Now is the time to save for 2020. We have the best rates from top companies! Call Now! 701-404-5823.

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-701-404-5808.

ATTENTION: OXYGEN USERS! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

CASH SETTLEMENTS
Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

MISCELLANEOUS
WE MAKE IT easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.



December 7th, 2019 @ 10 AM MT
Offering: 161 Guns, Buckskin Bar & Grill, 64 Central Ave S, Killdeer, ND.
Wolff Auctioneers

Your community paper.



Just a click away.

www.bhgnews.com

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Rent Based on 30% of Adjusted Income,
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For More Information Call:
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This institute is an equal opportunity provider and employer. TTY #711



OUR OUTDOORS

How it happened

BY NICK SIMONSON
DAKOTA OUTDOORS

"How did this happen," my panicked brain thought as I sat speared to the ground by the deep-welled eyes staring back at me from 20 yards away, their blackness lightened only by the twinkle of the last rays of the late afternoon sun shining down from over the bluff behind me.

Seated against a backdrop of the leafless buffaloberry bushes with my heart bulging into my throat, my grip tightened around the equally black synthetic stock of my rifle as if that would somehow lift the gun to my shoulder without spooking the mule deer buck that had appeared out of nowhere in front of me.

He was so close I could see the moisture around his nostrils and count the four white forked tines on his right side, and the three that ended in the single main beam on his left. It was obvious from his erect posture he knew something wasn't right, but he didn't tip his hand with the head-bob of his whitetailed cousins I was more familiar with, nor did he turn or lower his head to provide me a chance

to move. Instead, he honed his gaze in a way that seemed to penetrate my orange vest and camo coveralls and squeeze another 20 beats per minute from my thundering chest. I was rendered motionless; not like in the way a buddy described his instances of sleep paralysis, but more in that 3 a.m., too-wide-awake analysis of: "if I move, he's gone; but if I don't move, I don't get a shot; what the heck am I supposed to do" sort of way. It was exhilarating, terrifying, frustrating, and, in a strange sense in the moment before the end was known, enjoyable.

We were locked in the staring contest for what felt like five minutes, but it couldn't have been more than 30 seconds or so, which is still an eternity when adrenaline and an unpunched buck tag are involved. Unlike the more jumpy whitetails which normally raised their warning flag of a tail and bounded off, at some point in the staredown he simply turned half-nervously with one eye on me and disappeared with two quick steps back down the trail he had come up on and I was left shaking, cross-legged in the grasses with my gun half raised, asking myself if the experience was real and how it was possible that I missed the hulking gray body as it



Nick Simonson

practically came to sit in my lap on the quiet hillside. As my heartrate dropped, I tried in vain to answer the questions that my brain screamed at me like a ticked off drill sergeant crossed with a hyperactive high school journalist—HOW?! WHAT?! WHY?! WHERE?!—and it took me a while to figure it out.

Able to get out for an afternoon hunt, I found my position on the hillside which had provided so much excitement for the firearms deer opener and a look at a number of animals over the previous weekend. With the season's early sunset and the high hills behind me, the valley took on a witching hour feel in mid-afternoon and I looked forward to some early movement as the all-day northwest winds began to fade in the barren tree tops ahead of the actual sunset two hours away.

Along their bases, a line of scrapes in the newly fallen snow suggested that deer would move at 60 yards or so from my vantage point, providing the possibility of a good broadside shot as the resident bucks worked their trading posts along the bottom of the hill. As I settled in and checked my shooting lanes and glanced at the rises along the valley on the private land behind me, I caught motion in the bushes near the top.

It was a whitetailed doe working her way up from the grassy middle of the funnel that had dumped dozens of deer into the area and provided a constant conduit of excitement. I watched her closely through my binoculars to gauge her activity level as she moved at a leisurely pace up and over the ridge and out of sight.

Replaying the observation and its end in my mind, I recall pulling the glasses down and setting them near my hip, before resting my hand on the stock, then looking up to see the mule deer buck in front of me. How long was he there? I couldn't say. It may have been the whole minute or two I was watching the doe, but then again it could have been just a couple of seconds. All I know is he saw me, and I saw him and I sat stuck in the throes of trying to overcome the instant endorphins which fueled the physical battle between mounting my gun and not moving a muscle, until all that was left was the backdrop of tree trunks and fading afternoon light.

Long after he had left and

darkness began to set in, I retraced his steps and found them winding up the side of the hill toward my vantage point - a narrow trail following the brushline that ran much closer to me, as opposed to the obvious highway of scrapes along the base of the rise - until his footprints ended at the small cedars spreading out within spitting distance from my spot. I followed them back along his path of retreat through a small opening in the bushes until I could see them no more in the underbrush.

Sighed and headed down the remainder of the hill.

On the way back to the truck, my pace slowed with the phantom fifty-pound weight of the paper deer tag tucked into the wallet in my right pantleg. With approaching holiday travel plans and other responsibilities mounting from my shirked honey-dos on opening weekend, scheduling another sit would likely be difficult. I cursed the doe on the hillside for distracting me and half-heartedly congratulated the interspecies team for their success and promised myself an antlerless tag next year, if any extras were available. I laughed out the last of my disappointment, unlocked the truck and headed up the darkened two-wheel track to the main gravel road. At the same time, I felt both content and frustrated by my explanation as to how I missed the buck without even taking a shot, and once again was reminded of how deer hunting often provides the best worst experiences...our outdoors.

Make your ads go further with All-Access Advertising

What is it? BHG newspapers are launching All-Access advertising, where advertisers can pay a small upcharge to get any print ad placed on the BHG website.

Where do ads appear? Advertisers choose between having their ad on the home page of an individual newspaper, the home page of the main BHG site or on every home page on the site. Ads will be at the top of the page, to the right of news stories and photos.

What size ads can be uploaded online? Any print ad can be put on the website. Each ad will have a pop-out display where they can be viewed in a larger size.

Why should you be online?

Over 3,000 users visit bhgnews.com each month, with over 600 new viewers visiting the site each week. Online ads offer the opportunity to reach new customers and make an additional connection with print subscribers or those viewing the e-edition.

Fast Facts about BHGnews.com

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

All-Access Advertising rates:

Individual newspaper home: \$5
BHG home page: \$7
All home pages: \$10

Contact your BHG advertising representative today to take advantage!



Featuring past and present Stars of Medora

**7:30 PM SATURDAY
NOVEMBER 30th**

**WASHBURN HIGH SCHOOL
GYMNASIUM**

RESERVED TICKETS (floor seating)
\$40.00/Ticket
Sold at the Washburn Public Library

GENERAL ADMISSION TICKETS (bleachers)
\$35.00/Ticket
Sold at RDO, Scott's Hardware, DWCU, Farmers Security Bank, Washburn Public Library, and Riverboat Saloon

Kids under 6 are FREE

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BRONZE
Western Frontier Insurance
Riverboat Saloon
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North Dakota Guaranty & Title Co
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West River Communications
Rader Rentals
Farmers Union Insurance -- Michael Nelson Agency
Ottetail Power Company
A&C Land Development, Inc.
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TICKETS ON SALE AT THE DOOR