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James Johannes
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GARDENING TIPS

Oh, deer

BY BEV JOHNSON M.G.
UNIVERSITY OF MINNESOTA EXTENSION
MASTER GARDENER

Deer are four legged athletes. They can sprint up to 30 miles per hour, have the capacity to jump 10 feet straight up, and a knack for bounding 30 feet from launch to landing. They can eat 4 to 6 pounds of plant material every day. It seems like most of that is from our gardens and trees. In the mid-90s one scientist credited deer with \$367 million in damages annually through their destruction of emerging seedlings in Pennsylvania forests. If they have devastated your garden the benefits and costs can't be calculated.

During the 1800s and into the 20th century, there were no hunting regulations. This resulted in almost wiping the herd out. By 1930, there were only 300,000 left. (too many the gardeners say). By 2012 there were about 15 million. Not all the credit goes to hunting regulations. Some were aided by the growth of the suburbs. Deer thrive in transition spaces like subdivisions and office parks that offer not only cover but delicious plant diversity and no predators. There is a definite shortage of wolves, big cats and alligators in the cities. Those predators kept the herd thinned down by taking the sick animals and any fawns they could catch.

Deer will eat mushrooms, lichens, tree bark, twigs, berries like chokecherry and Nanking cherries, cacti, nuts, foliage and agricultural crops along with our tasty garden produce. Their tastes shift with the season to favor easily digestible new growth. Fawns learn browsing patterns from their moms.

Deer pressure is highest in early fall as bucks get ready for mating season. They will look for high calorie foods like nuts and use their antlers to strip bark from saplings. This



Bev Johnson M.G.

antler polishing can girdle a tree and shred a small sapling. In the spring both does and bucks are voracious eaters, replenishing the fat reserves they used during the winter.

If you plan on fencing the deer out of your garden, you will need one 8 feet tall if they can see through it. If they can't you will only need a 6-footer. They won't leap if they can't see where they will land. Of course, the easiest deterrent is a fishline fence. This is simply a monofilament fish line strung chest high to a deer. They run into the line and since they can't see it, they get spooked and take off. An electric fence will work only if you bait it. Bend aluminum pie plates in half and smear them with peanut butter. A wet deer nose on an electrically charged pie plate does a nice job of sending Bambi flying. This works for raccoons too. Just move the fence down a bit or even better have 2 lines, one for deer and one for raccoons. In the flowerbeds, surround your beds with plants they won't eat. One odd thing Bunkey discovered by accident, the lighted garden stakes that are powered by the sun and change colors all night, kept deer out of his hosta, a deer delicacy. Next summer, he plans to add them outside the fishline fence. Sort of like a belt and suspenders.

Winter pet tips

BY CALLA EDWARDS
MCLEAN CO. EXTENSION AGENT

Cold winter weather is here to stay whether we like it or not. While we might be aware of the risks that hot weather brings for our pets, it is easy to overlook the risks that winter and the cold weather brings. There are many breeds that can tolerate the extreme cold that we are forecasted to receive over the next few weeks, but even those will require some extra precautions this winter. Here are a few tips to keep your pets safe during this winter:

Know your pet's limits. Some long haired breeds such as the Husky, Malamute and Golden Retrievers can tolerate the cold weather, but even among those breeds there are differences between individuals and what they can tolerate. Know your pet and their tolerances for the cold including their activity level. Some diseases including diabetes, kidney disease or heart disease will affect the way that your dog can regulate his temperature. Remember that cold weather will make certain medical conditions such as arthritis worse in older dogs.

Provide choices. Just like humans, each pet has personal preferences with cold weather. Provide your pet with options of sleeping places depending on how cold it is outside. Some options include a dog house, a shelter inside the garage or the ability to get into the house when they wish. You could include a heated bed inside a dog house for when it gets really cold outside.

Check your pet's paws. Keep an eye on your pet's paws, ears and tail for frostbite or freeze injury when it gets really cold. Sudden lameness in a dog could be because of ice build-up between the toes of their paws.

Play dress up. For some dog breeds this won't be necessary, but if you have a short haired dog or one of the smaller breeds, putting a coat or boots on your pets when you take them outside might be needed, especially if the temperature gets below zero. Check with your vet to see what they recommend for your breed of pet.

Feed well. If your pet is outside during the winter remember that they will be working harder to keep warm and increase their food as needed. Watch their body condition for changes and adjust their food accordingly.

Avoid Poisoning. Clean up any anti-freeze spills immediately. Wipe your pet's paws and belly down after walking through ice melt or rock salt as some of these chemicals can be toxic for our pets.

Stay Home. Hot cars are dangerous for our pets, but cold cars can be just as bad. If the weather is going to be extremely cold, leave your pet at home or leave the car running. Cars can act as refrigerators and can rapidly chill pets. Old, young and sick pets are more susceptible to chill and should never be left in cold cars. Limit car travel in the winter whenever possible.

Winter weather is dangerous for everyone involved if you



Calla Edwards



Michelle Effertz

aren't prepared. Keep an eye on the weather and limit exposure to the cold whenever possible. When in doubt with your pets, always err on the side of caution and keep them inside when the cold wind blows. If you have any questions give us a call at 462-8541. Stay safe and warm everyone!

10 tips to stay active this winter

BY MICHELLE EFFERTZ
4-H YOUTH EXTENSION AGENT

When cold winter temperatures keep us indoors, what can we do to stay fit? All adults should aim for at least 2.5 hours or 150 minutes of physical activity each week. Every little bit of fitness adds to the goal.

1. Start a physical activity tradition. Instead of "cozying up" by the TV, bundle up and take a walking tour of holiday lights after dinner.

2. Think differently about seasonal chores. Make tasks such as shoveling and house cleaning to prepare for guests fun. Set a timer for 10 minutes and see how much you can get done as a team.

3. Be a kid again. Go sledding, snowshoeing or cross-country skiing. Make a snowman, a snow fort or snow angels.

4. Take 10. Do at least 10

minutes of activity at a time. Take a 10-minute walk at lunchtime or after school.

5. Turn off the TV. Set a rule that no one can spend longer than two hours per day playing video games, watching TV and using the computer (except for school work).

6. Play indoor physical activity games. Go on scavenger hunts or play charades. For example, be an Olympic skater or a star basketball player.

7. Find an indoor place to walk. Check if a local school gym is open to the public for walking. Walk at a mall or other indoor venue.

8. Turn your kitchen into a gym.

- Use your countertop for balance and stretching exercises.

- Try doing "toe stands." Stand with legs shoulder width apart. Stand on your tiptoes for a minute.

- March or jog in place.

- Use cans of vegetables as weights; do sets of 10 arm raises or as many as you can.

- Take a break to dance with your cooking partner.

9. Help others while building your fitness minutes. Volunteer at a senior center, help with holiday drives or help assemble food or gift baskets.

10. Set a physical activity goal. Write it down and chart your progress on a calendar.

PRAIRIE FARE

Two reasons to avoid eating
cookie dough this holiday season

BY JULIE GARDEN-ROBINSON
FOOD AND NUTRITION SPECIALIST
NDSU EXTENSION

"Well, this would make a good introduction to your column," my husband said.

I wasn't sure if he was kidding me.

What did he do, anyway?

We had picked up a take-and-bake pizza, a salad and a small container of cookie dough for dinner. We had finished dinner, and the leftover pizza and salad were in the refrigerator.

I was sitting in my easy chair reading a thesis for a graduate student's defense in the morning. As I read the 150-page technical document, I really needed a cookie.

That's my story, and I'm sticking with it.

When I heard the oven timer chime, I figured my husband was baking cookies. Then I



This recipe is an opportunity to practice the latest food safety rules for baking and it makes a thoughtful gift. (NDSU photo)

heard the timer chime every 10 minutes for quite a while.

I was beginning to think he was baking the cookies one at a time.

I had read at least 50 pages by the time I heard a tray come out of the oven.

He brought me a cookie and milk, with a sheepish grin on his face.

"I turned off the upper oven

Prairie Fare page 5

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HELPING WORDS

To: God, From: Me

BY PASTOR CORY THRALL
UNITED METHODIST CHURCH, WASHBURN

Can you believe that Christmas is almost here? Advent started Dec. 1.

Now, before you start to get into a panic, take a deep breath. Before things get busy, before the plans get made, before Advent even starts, know that you are a gift.

You may not be covered in wrapping paper with a nice bow on it, but you do have a gift tag. Do you remember Christmas time when you were a child? Did you periodically look under the tree to see if your name was on any of the gifts? There is nothing more tantalizing than seeing "To: (your name)". You have a gift tag on you, only your name isn't on the "To:" line. Your name is on the "From:" line. Our lives are lived for God and "To: God". The everyday life we lead is "To: God."



Pastor Cory Thrall

The decisions we make are "To: God." The things that we buy are "To: God." Every aspect of our lives are lived for and "To: God."

The gift tag reads: "To: God, From: Me." In all the plans, preparations and presents of the Advent season remember your life is a gift to Him.

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Fast Facts about BHGnews.com

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

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Individual newspaper home: \$5

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OUR OUTDOORS

The hottest stuff on ice

BY NICK SIMONSON
DAKOTA OUTDOORS

Another ice season is upon us, and with the shift to hardwater comes not only the annual tradition of getting out there after walleyes, pike and panfish but also the review of some of the latest innovations in what has become one of fishing's fastest growing markets.

While things have certainly shifted from the scant selection of miniature rods and the loud-running (but nigh indestructible) Jiffy Model 30, which served as the first and only motorized auger for much of the advent of modern ice fishing thirty years ago, each season on the ice tops the last in terms of technological advances and the winter of 2019-20 will be no different. From a focus on safety-lined suits and the expansion of electric augers, to new advancements and combinations in tackle and tip-ups, the Hottest Stuff on Ice again explores what's new and what's next.

Suit up

Where once just a couple of industry leaders set the standard for winter fishing comfort, a wide selection of bibs, jackets and suits specifically designed for the challenging elements and on-ice efforts are now available to hardwater anglers.

Knowing that these sportsmen are a particularly adventurous sort, and their passion takes place on a surface that is never 100 percent safe, companies are cranking out suits that keep anglers warm and afloat in case of emergency. Eskimo (geteskimo.com) enters the market this season with its Uplyft series of bibs and jackets containing breathable floatation material along with StrikerIce's (strikerbrands.com) inclusion of Sureflote floatation assist technology in a wide selection of its apparel.



Nick Simonson

It's electric

Electric augers are taking over the ice providing a lightweight, fume-free option for anglers and the market is expanding with advancements from not only the leader in non-fuel options, but also the inclusion of new offerings from others. Ion (ioniceaugers.com) introduces its G2 line of second-generation electric augers which build on the wildly successful Ion X series and boasts the ability to cut through 2000 inches of ice on a fully charged battery at a rate of one foot every six seconds.

Weighing in at just 17 pounds, the newest super-light electric auger looks to continue the company's success as Clam (clamoutdoors.com) finally enters the auger market with its 120V Lithium Ion Auger. Competition in this arena is growing and most auger manufacturers now sport a lithium battery model for hardwater anglers to consider over the more traditional gas and propane-powered units which previously dominated the hole-punching market.

Get lit

This season's "advancement so simple it's scary" item comes from venerable tip up fixture Beaver Dam now marketed under the growing Acme Tackle banner (acmetackle.com).

EDGE OF CHAOS

Creative things

BY ALLAN TINKER
MCCLUSKY GAZETTE EDITOR

I like watching creative activities, especially when kids get into them. They can come out with some truly neat ideas, maybe not so workable, but with a different view on what is needed.

We need to be very thankful for all of these children who grow up to be our inventors, business owners, scientists, teachers, farmers, and every other occupation that greatly benefits from a mind that sees the usual unusually.

They design our houses, medicines, parks, clothing, movies, educational devices, and touch nearly everything we do in some way. From the days of buttons and ties came the zipper and Velcro.

From the days of home-produced fresh milk, came homogenized, pasteurized, condensed, dry, and evaporated milk. And, all the variations thereof.

From plowing with horses, came working with steam engines, gas engines, diesel engines, solar-powered sources, and who knows what is next, in the fight to keep our world fed without destroying the land and wildlife. Every



Allan Tinker

problem brings a chance for a new idea, a fresh look; another evaluation to see if what we are doing is smart, or just what we have always done.

We have materials to wear now that better absorb moisture, help evaporate sweat, reduce sweating, or keep us warmer, drier, and more comfortable.

We have foods to consume that we had never heard of, just by learning from the creativity of other cooks in other countries, with the same basic supply sources we have. 'Yea!' for all those good things that are now available to "take out" or "take home."

Silence is a good thing.

Known for its old-school looks and premium performance on the ice, Beaver Dam has taken its simple design for wooden fish traps and added a circuit that sets off a highly visible LED light at the end of the tip up flag, signaling the race to the hole in nighttime or low-light fishing conditions when a fish takes the bait under the new Northern Light model.

The unit is powered by three AAA batteries stored in a watertight compartment and the light can be switched off with the push of a button for daytime fishing. While more expensive than just any tip-up, the all-in-one light-up version may well be worth it for die-hard night anglers.

Glow to go

Finally, the expansion of glow-everything continues under the ice as UV colors, iridescent hues and insertable light stick options for many baits continues the illumination trend. Lindy's (lindyfishingtackle.com) new Glow Streak swimming lure builds on the success of the company's Glow Spoon from the past two seasons, and both baits utilize interchangeable glow sticks that light them up from the inside out, providing an almost surreal presentation in the depths beneath the ice.

The new Glow Streak is available in a four-lure kit to help jump start a tackle box expansion with the baits and the light sticks ready to go for the season.

These additions and tweaks to existing technology continue the refinement of the modern ice fishing era designed to help anglers succeed throughout their winter efforts. A far cry from the days of simply running a perch eye or a small minnow on a #4 hook below a split shot and a slip float, they serve as a sign that each year brings new improvements and things to try to increase success on the ice, while making the pastime of ice angling more comfortable and providing new ways to heat up the action...in our outdoors.

Children being silent are using their minds, whether just thinking or perhaps finding out why one does not get a balloon too near the lamp. Hey, after once, we know. How did you learn "hot"?

We need to celebrate creativity. I am a fan of craft shows. I am less of a fan for things mass-produced sold at craft shows, though some are unique.

When I go to a livestock show, I do not expect to see hamburger on sale, leather goods sold on bids, or a roping lesson. While entertaining, one thing is not quite like the other, though similar. So goes craft shows.

Here, I see, and often watch, someone taking stitches, bending metal, etching, or embossing a design on a glass or metal piece. I look at the different ways of presenting a flower, in abstract or for realism. Both are good; some for one time, some for another.

Cake decorating from scratch, tooling leather goods, hammering or sanding wood into decorative or useful forms, mixing dyes and applying them to cloth in unique ways, all are creative people at their best.

I watch some of the talent shows on television, though not

Edge page 7

CALENDAR

Saturday, Dec. 14

Cookie extravaganza, 10 a.m. to 6 p.m., Krause’s Market, Garrison.
Milk and Cookies with Santa, ND Firefighters Museum, 1-3 p.m.
Santa Day, Max Civic Center, 9:30-11 a.m. Free pancakes and sausage.
Charity dart tourney. Registration at 11 a.m. Throw at noon. Call Totten Trail to register. See ad for full details.
Dart tournament and fish fry, starts at 2 p.m., Black Nugget, Underwood. See ad for full details
The Johnny Holm Band performance set for 8:30 p.m. at the Washburn Memorial Building.

Sunday, Dec. 15

Immaculate Conception of Max will hold their advent program following the 11 a.m. mass.
St. Paul Lutheran children Christmas program, 9:45 a.m.
Mission Evangelical Free Church, Wilton, is holding their Sunday School/Awana Christmas program at 6:30 p.m. All are welcome.
Special Delivery will present a Christmas Concert at 7 p.m. First Presbyterian Church in Wilton.

Monday, Dec. 16

McClusky Job Development Authority meeting, 7 p.m.
McClusky Municipal Court, 7 p.m., city hall.
WIC nutritionist available at the Garrison office. Please call 463-2641 to schedule an appointment.
Yoga, First Congregational Church, Garrison, 8 a.m.
Bone Builders exercise, Garrison Senior Center, 10 a.m.
Max Food Pantry, Max Senior Center, 1-3 p.m. and 5-7 p.m.
American Legion and American Legion Auxiliary meeting, Legion Building in Garrison City Park, 7 p.m.
Wilton Sales and Use Tax Commission meeting, 5 p.m., Wilton Ambulance Base.

Tuesday, Dec. 17

Goodrich School Christmas program, 7 p.m.
McClusky Park Board meeting, 7 p.m.
McClusky School Christmas concert, 7 p.m.
Adult Book Club, Garrison Public Library, 7 p.m.
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.
Adult Book Club, Garrison Public Library, 7 p.m.
Foot care clinic available at the senior center, Turtle Lake. Please call 462-3330 to schedule an appointment.
2018 farm bill information meeting, 8:30 a.m. breakfast, 9 a.m. meeting, Lewis & Clark Interpretive Center. See ad for full details.

Wednesday, Dec. 18

Wilton School Board meeting, 6 p.m.
Foot Care Clinic available at the Public Health office, Garrison. Please call 463-2641 to schedule an appointment.
Plaza-Makoti Equity Elevator annual meeting, 10 a.m., Makoti Senior Center.
American Bank Center Christmas open house, 9 a.m. to 3 p.m., McClusky. Serving cookies and beverages.
Turtle Lake-Mercer School Board meeting, 7 p.m.
Wilton City Commission meeting, 7 p.m.
James Johannes is celebrating his 80th birthday with cards and phone calls (442-5673). Send greetings to: 3611B 3rd St NW, Underwood, ND 58576.
Cookies and fudge by the pound, Krause’s Market, Washburn.

Thursday, Dec. 19

Underwood School Board meeting, 5 p.m.
Food Bank at Sheridan County Courthouse is open from 1-4 p.m.
Community Clothing Share-Exchange open 10 a.m. to 6 p.m., at 221 Main St., Turtle Lake.
Bone Builders exercise, Garrison Senior Center, 10 a.m.
Garrison State Bank and Trust Holiday open house, Garrison location, 10 a.m. to 3:30 p.m.
Pickleball, Garrison elementary gym, 7 p.m., beginners welcome.
First Presbyterian Church clothes closet open from 3-5 p.m. at 401 Dakota Avenue, Wilton.
Wilton Food Pantry open 4-6 p.m. at 42 Dakota Ave.
Mercer City meeting, 7 p.m.
Cookies and fudge by the pound, Krause’s Market, Washburn.

Friday, Dec. 20

Yoga, First Congregational Church, Garrison, 8 a.m.
Garrison State Bank and Trust Holiday open house, Max location, 10 a.m. to 4 p.m.
Max Stolt is turning 90! Send him a card: 800 16th Ave SE, Apt. 15, Minot, ND 58701.

Saturday, Dec. 21

Community Cupboard of Underwood open 10 a.m. to noon at 208 Lincoln Avenue.
Community Food Pantry of Ryder, 10 a.m. to 1 p.m., no cost lunch provided.
Live Nativity, Our Savior church Max, 7 p.m.

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event: _____

Date: _____

Time: _____

Location: _____

Contact: _____

PRAIRIE FARE

continued from page 3

where the pizza cooked.” he explained. “I was planning to bake the cookies in the lower oven, so that was at 350 degrees. Then I put the cookie pan in the upper oven.”

Now I understood why the cookies were taking a long time to bake.

I’ll cut him some slack because he brought me cookies and milk and inspired a column. Besides, I did the same thing one time with our double oven.

We’ve entered baking season. Rule No. 1: Cookies need to be baked in an oven at the correct temperature for the right amount of time.

Although you might be tempted to eat raw cookie dough, resist the temptation. We have a couple of reasons to avoid eating raw or underbaked cookie dough.

Cookie dough usually contains raw eggs, which may contain salmonella. If you were sickened with salmonellosis (the condition caused by consuming salmonella bacteria), you might have stomach cramps, diarrhea, chills, fever, vomiting and/or other symptoms. For young and elderly people, this can be very serious and lead to severe dehydration. It is potentially fatal.

Proper cooking or baking kills salmonella.

Most people have flour in their kitchen, and we probably do not think that it could be a risk to food safety. However, at least 11 flour recalls occurred in 2019.

In 2016 and 2019, outbreaks linked to flour contaminated with E. coli sickened 80 people and prompted food companies to issue widespread flour recalls.

Flour technically is a “raw food” and a harmful bacteria “kill step” is not part of the grain milling process.

Flour can become

contaminated in the field and at various steps during processing. Grinding and sifting do not inactivate or remove bacteria, which can lead to serious illness and, potentially, death.

Heating flour to a safe temperature kills E. coli. However, flour is not “preheated” at food plants because heating will affect the protein and other flour components and its baking properties.

Enjoy some treats during the holidays, but keep these food safety steps in mind. They’re from the U.S. Department of Agriculture’s Food Safety and Inspection Service.

- Do not taste or eat any raw dough or batter, whether for cookies, tortillas, pizza, biscuits, pancakes or crafts made with raw flour, such as homemade play dough or holiday ornaments.
- Do not let children play with or eat raw dough, including dough for crafts.

- Bake or cook raw dough and batter, such as cookie dough and cake mix, before eating.

- Follow the recipe or package directions for cooking or baking at the proper temperature and for the specified time.

- Do not make milkshakes with products that contain raw flour, such as cake mix.

- Do not use raw homemade cookie dough in ice cream. Cookie dough ice cream sold in stores contains dough that has been treated to kill harmful bacteria.

- Keep raw foods such as flour or eggs separate from ready-to-eat foods. Because flour is a powder, it can spread easily.

- Wash your hands thoroughly after handling flour, eggs or raw dough. Clean counters, utensils and bowls.

Here’s a recipe that also makes a thoughtful gift. It’s an opportunity to practice the latest food safety rules for baking.

Blueberry (or cranberry) scones (gift mix in a jar)

2 c. all-purpose flour
1/2 c. granulated sugar
1/4 c. nonfat dry milk powder
2 tsp. baking powder
1/4 tsp. salt
1/3 c. shortening
1 c. dried blueberries (or dried cranberries)

Stir together the flour, sugar, dry milk, baking powder and salt. Use a fork to cut in the shortening until the mixture looks crumbly. Pour into a 1-quart glass jar and top with the blueberries. Add more dried fruit to fill in the gap between the flour and top of jar, if needed. You also may place the mix in a zipper-top plastic bag. Copy the following Scone Recipe or use the printable tags, and add to jar or plastic bag. Use immediately or store this scone mix up to six weeks at room temperature or freeze for up to six months.

Visit <https://tinyurl.com/SconeRecipeCard> for a printable recipe tag with the following recipe information:

Blueberry or Cranberry Scone Recipe

Place the jar contents in a large mixing bowl. Add the following ingredients and mix until moistened:

1/4 tsp. vanilla extract
1/2 tsp. lemon juice
1 beaten egg
1/4 c. water

Turn the dough onto a lightly floured surface, quickly yet gently kneading for 12 to 15 strokes or until smooth. Pat to 1/2 inch thickness. Cut into desired shape using a cookie cutter or knife. Place each scone 1 inch apart on a greased baking sheet. Bake at 400 F for 12 to 15 minutes, or until golden brown. Transfer to a cooking rack. Serve warm.

Makes 15 servings. Each serving has about 180 calories, 5 grams (g) fat, 29 g carbohydrate, 3 g protein, 3 g and 150 milligrams sodium.

from the FRONT PAGES

GARRISON – Damper on Dickens

First it was ice, then snow, then fog. Weather took a toll on the first weekend of the Dickens Village Festival, slashing the number of visitors and sales.. – *McLean County Independent*

WASHBURN – FEMA grant approved for Washburn intake

After a long review process, Washburn has been officially awarded a \$1 million federal grant for a new intake structure. U.S. Senator John Hoeven announced in a press release last week that Washburn was the recipient of a \$1,026,025 grant from the Federal Emergency Management Agency. – *Leader-News*

CENTRAL McLEAN – Grimsley’s damaged during vehicle crash

The cost of repairs has yet to be determined, but the damage to Grimsley’s Fuel and Convenience was extensive after an Underwood man lost control of his vehicle in the early morning Thursday, driving off the roadway and hitting the northwest end of the convenience store. – *Central McLean News-Journal*

BEULAH – Survey’s response to school project

Almost a year ago, the town voted for a school building referendum by which it failed. The initial referendum equated to the rough amount of \$17.5 million with the total project reaching \$20 million. – *Beulah Beacon*

HAZEN – Hazen drama propelled to state

It’s only about a 30 minute production, but the performance of six Hazen actors and their support staff in that half hour left a memorable impression, helping bring the team to the state level for the first time in around a decade. – *Hazen Star*

PARSHALL – Promoter plan a bigger, better Christmas

The Main Street Parshall Christmas events are scheduled for Dec. 14. “This year we wanted to build on our celebration and make it better,” said Michelle Hoff, Parshall Promoters member. – *Mountrail County Record*

NEW TOWN – City concludes water rate review

New Town City Council members voted for a minor increase in water rates for the Fort Berthold Rural Water System at their regular November meeting. The contract between the city and the water system says that water fees charged by the city will be based on the city’s operating costs of the water plant. – *New Town News*

CENTER – Residents might get snow removal fines

The Center City Council Meeting featured councilors discussing how important it is for residents to avoid pushing snow into the street. – *Center Republican*

McCLUSKY – Action plan for cemetery trees

With a number of trees broken, dead or hanging too low, the City Park board requested a written formal proposal from 4-Seasons Service, based out of Wilton. Owners Rob Erlandson and Kelly Erlandson were present for the discussion on the proposal. – *McClusky Gazette*

THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128
 Email: leadernews@westriv.com • Website: bhgnews.com
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call this newspaper and we'll make sure you do. 701-463-2201 or 1-800-658-3485.

1-E-TFN-NC

58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.

1-E-TFN-NC

58540

Farm Related

IN SEARCH OF pasture to rent for up to 50 head of gentle cows. Willing to fix fence, etc. I live in Baldwin and would like to keep close, but anything will do. Please call me at 701-223-6807 or text 701-391-3532.

32-35-E-PD

58577

MW HAULING, LLC, cattle hauling 8.5x53 spread axel cattle pot, 7x32 stock trailer. Licensed/insured for ND. Max Waloch, 701-516-3117.

28-39-E-PD

58577

FINKEN FARMS & SEEDS

Legacy soybean seed in bulk

LS0239N RR2X "Extend"

YIELD POWERHOUSE

- Great offensive variety
- Broader spectrum weed control

ND 17009GT RR1

Economically priced

Keep your own seed back

CLEAN - TREAT - INOCULATE
BEST DISCOUNTS OF THE SEASON
BOB: 720-1808 • CHRIS: 651-792-5920

Giveaway

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

15-TFN-NC

58540

Help Wanted

HELP WANTED



is looking for

SALES

ASSOCIATES

Full Time or Part Time

Stop in for an application
 200 5th Ave SE, Garrison

Help Wanted

TAX DIRECTOR POSITION OPEN: The Sheridan County Commissioners will be accepting applications for the Sheridan County Tax Director position. Job Description is as stated in N.D.C.C. 11-10.1. Qualifications are to have experience in performing a variety of computer and telephone tasks, real estate background preferred, deal with the public professionally, high school diploma or equivalent, and pass a criminal background check. Up to a 35 hour week. Wages negotiable depending upon experience. Full benefit package. Starting date of hire is as soon as can be. Application forms are available at the office of the Sheridan County Auditor, PO Box 439, McClusky, ND 58463 or 701-363-2205. Applications must be returned to the Sheridan County Auditor's Office by 4 p.m. Dec. 27, 2019. Shirley A. Murray, Sheridan County Auditor

32-33-P-X

58463

EQUIPMENT OPERATOR/TRUCK DRIVER POSITION OPEN: The Board of Sheridan County Commissioners will be accepting applications for an Equipment Operator/Truck Driver. Qualifications are to have experience in performing a variety of skilled and semi-skilled work in operation of medium to heavy equipment utilized in road construction, maintenance, and repair projects. Must have a CDL license or can acquire one. Wages \$16-21.50 per hr. - negotiable upon experience. Application forms are available at the office of the Sheridan County Auditor, PO Box 439, McClusky, ND 58463 or 701-363-2205. Shirley A. Murray, Sheridan County Auditor.

32-34-E-X

58463



BENEDICTINE LIVING CENTER
 OF GARRISON
 Benedictine Health System

HELP WANTED

Come Join Our Team!!

Full-Time CNA

Not a CNA? We can help!

Benefit Eligible

Starting wage \$14.56

Apply at www.blcgarrison.com

Or call Jody Lawson at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"

Help Wanted

THE SOUTHWEST SPECIAL EDUCATION UNIT is looking for a Special Education Director for the 2019-2020 school year. The position begins on July 1, 2019, and offers a regionally competitive salary. The unit includes the schools of Mott-Regent, Elgin/New Leipzig, Carson, and Flasher. We are particularly interested in candidates who may have early childhood education, school psychologist, school social worker, or other qualifications. The position is full-time but applicants interested in part-time are also encouraged to apply. If interested, you can get more information at <http://www.gcs.k12.nd.us/employment-opportunities/> or call the president of the unit, Daniel Ludvigson, at 584-2374. Applications can be mailed to 110 West St Elgin, ND 58533.

32-35-E-PD

58523



BENEDICTINE LIVING CENTER
 OF GARRISON
 Benedictine Health System

HELP WANTED

Come Join Our Team!!

• **RN/LPN**

Full Time days

Apply at www.blcgarrison.com

Or call Jody Lawson

at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"



BENEDICTINE LIVING CENTER
 OF GARRISON
 Benedictine Health System

HELP WANTED

Come Join Our Team!!

• **Laundry Aide**

30 hrs. per week, Benefit

eligible, Wage range \$12-\$16

Apply at www.blcgarrison.com

or call Jill Borth at (701) 463-2226

"EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED



BAR & GRILL

is looking for

**Cooks, Servers
& Bartenders**

Apply in person or call

701-337-2070

Lake Audubon • Hwy 83

337-2070

Help Wanted



BENEDICTINE LIVING CENTER
 OF GARRISON
 Benedictine Health System

HELP WANTED

Come Join Our Team!!

• **Accounts Payable**

Coordinator

& Foundation

Development

Full-time/ 32 hrs per wk

Benefit Eligible

Apply at www.blcgarrison.com

or call Jill Borth at (701)463-2226

"equal opportunity employer"

HELP WANTED

Steve's Plumbing Service, LLC in Garrison, ND is looking for **full-time Apprentice or a Licensed Journeyman plumber.**

Competitive wages

and benefits D.O.E.

Call 701-460-7471

or email a resume to

szach@restel.net



SPRING COACHES

Central McLean Cougars are asking for applicants for the following positions.

Central McLean includes

Underwood-Turtle Lake-

Mercer-McClusky. If

interested, or if you have

questions, please contact

Superintendent Brandt Dick

at brandt.dick@

underwoodschool.org or

call (701) 442-3201.

Spring 2020

Head Varsity Softball Coach,

Head Boys Golf Coach

Help wanted

Coaching Positions

Garrison Public School District

is seeking applications

• **BOYS BASKETBALL - SPRING**

Elem. Head & Assistant

• **TRACK COACH - SPRING**

Two Assistant Coaches

Please stop by Garrison High

School for an application.

Applicant must include a

resume and three references.

Contact Nick Klemish

at 463-2818 for more

information.

HELP WANTED



OF GARRISON

Night Time & Weekend Cashiers



All Shifts Available

Must be able to work weekends.
Stop in for an application.

leadernews@westriv.com

Help Wanted

HELP WANTED



CHI St. Alexius Health

Imagine better health.™

Turtle Lake Hospital

Part-time Clinic Nurse

Full-time Nurse Aide

Experience preferred

but not required. Contact Brenda

701-448-2331 ext 207.

This institution is an equal opportunity provider and employer.

Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Dec. 16 and Dec. 30. Have them there by 11 a.m. Call Darin, 701-315-0144.

43-TFN-E-X

58577

Misc. for Sale

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.

1-E-TFN-NC

58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.

35-P-TFN-NC

58577

Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., M- F.

1-E-TFN-NC

58577

Real Estate for Rent

SPACIOUS 2 BEDROOM, attached 1 stall garage, washer/dryer hookups, quiet area. For viewing 701-832-0223.

31-4TCHIX

58540

FOR RENT: Studio apartment in Washburn; \$450/month, \$200 deposit. No smoking/pets. Can be furnished or unfurnished. Call 701-391-4676.

31-32-E-X

58577

COUNTRY LIVING. 16x80 mobile home for rent on 10 acres. 3 bedrooms and 2.5 bathrooms. Storage shed. Fenced pasture area with waterer. Rent \$1200/month, deposit required. Email: jlazysranch2012@gmail.com or phone 701-286-6214 for more information.

30-6TPDCMMCLNX

58540

NOW RENTING

Heritage Heights Apartments

1040 Custer Dr., Washburn

New management, remodeled rooms, lower rates.

1 or 2 bdrm. apts. All utilities paid including cable.

701-527-4739 or Manager 701-220-8145

Real Estate for Sale

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

Classified Deadline
9 a.m. Thursday

Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul. 44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831. 9-34-E-PD 58577

Work Wanted

LOOKING FOR farrier work. Horse trimming wanted. Call Sam Reiser at 701-315-0826. 31-34-E-NC 58577

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Email your ad to leadernews@westriv.com. 1-E-TFN-NC 58577

Statewides

HELP WANTED
THE CONSENSUS COUNCIL is seeking a proven leader to serve as its executive director. The Council provides professional services to assist individuals and groups to "... build agreements that empower people, transform communities and advance public good" See www.agree.org -Respond to Paul Griffin griffpt666@gmail.com - Closes 1/6/2020.

ELEMENTARY PRINCIPAL opening at May-Port CG School (August 2020). Send cover letter, resume, principal credentials to Superintendent Bradner: 900 Main St W, Mayville, ND 58257; 701-788-2281; Michael.bradner@may-portcg.com. Deadline January 31.

Statewides

FARMERS UNION OIL in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

LOOKING FOR THE most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

BUSINESS FOR SALE
F/S: CITY CENTER MOTEL. Devils Lake, ND. 24 units, attached apartment. In busy tourism area. Selling due to health. 701-662-4918. Serious inquiries only! PRICE REDUCED!

FINANCIAL SERVICES
OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief, 701-936-8487.

EDUCATION /TRAINING
TRAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

COMPUTER & IT TRAINING PROGRAM! Train at home to become a Computer & Help Desk Professional now! Call CTI for details! 701-929-9484 (M-F 8am-6pm ET).

REAL ESTATE FOR SALE
ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

Statewides

MISCELLANEOUS FOR SALE
ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

AUTOS WANTED
DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415

HEALTH/MEDICAL
OPEN ENROLLMENT FOR HEALTH INSURANCE IS HERE! Now is the time to save for 2020. We have the best rates from top companies! Call Now! 701-404-5823.

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-701-404-5808.

ATTENTION: OXYGEN USERS!
Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

CASH SETTLEMENTS
Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

MISCELLANEOUS
WE MAKE IT easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

MY WEARY WERRE WORLD

Bringing home the bacon

BY SUZANNE WERRE

CENTRAL MCLEAN NEWS-JOURNAL EDITOR

About an hour or so ago, I crashed.

Somewhere between putting my reindeer back on its feet for the umpteenth time (I think it has fallen over every day since I put it up despite my efforts to anchor it to fight the wind) and realizing my column isn't going to write itself, I suffered an emotional crash, or something.

I'm tired. Not really sleepy tired, but tired.

I think I need to watch Elf. That might help. A good dose of, "Santa! I know him!" and I should be back up to snuff. It's just been a busy week of Christmas stuff that didn't turn out as hoped. Weather and other conflicts affected the turnout for our events, but the organizers of the events will soldier on and keep trying to plan things that will bring our community together.

Perhaps instead of Elf, I need a good cataclysmic event movie – like Geostorm, which just popped up on the tele. I'm not exactly sure of the premise of the movie, but it has something

to do with electrical storms, tornadoes and . . . ooh, space travel!

Apollo 13, it's not. Although it does have Ed Harris, who was also in Apollo 13, so it can't be awful, right?

It's like I'm playing the Kevin Bacon game all by myself. You know, the game where you name an actor, then figure out a chain of fellow acting gigs that eventually leads to Kevin Bacon, because every actor should be able to be connected to Kevin Bacon within seven movies.

For instance, Ed Harris was in The Rock with Nicolas Cage, who was in City of Angels with Meg Ryan, who was in . . . or I could just say that Ed Harris was in Apollo 13 with Kevin Bacon. That is the goal – an instant connect.

The interesting part, to me at least, is that Gerard Butler is in this, and he was in Phantom of the Opera with Emmy Rossum, who was in Mystic River . . . with Kevin Bacon!

It's amazing how I can entertain myself sometimes.

If you're into pop culture or just plain old movies, it's an easy game to play that

doesn't require digging out a box that may or may not have missing pieces or cards. And it's not really a competitive game. Nobody wins – you're all trying to come up with the shortest connection. Although I suppose you could do it with teams – name an actor and see which team can connect him/her to Kevin Bacon with the fewest moves. Or you can name two actors and connect them together, keeping Kevin Bacon out of the equation, just to change things up a little.

It's a good "waste time while you're driving" game, and it might keep people off of their phones for a bit.

I think we could all use a little less phone/text/FB/IG time and more time to reconnect with each other – really talk to each other. Hopefully the next couple weeks when we all gather for some Christmas celebrations and maybe some family vacations, we can take some time to actually visit with one another a little bit.

Don't sweat the small stuff so much that you get tired, and let's all try to remember this is The Most Wonderful Time of the Year.

Joyeux Noel!

ouch, ouch!

We often travel far to see creative shows or works or endeavors, often just to find out how others see things and perform things.

We buy tickets to Broadway

shows, welding competitions, cake baking shows, and car shows. We want to see how someone did it differently.

Long live being different! Where would we be without these people?

Visit our website

bhgnews.com



January 14th, 2020 @ 6 PM CT Offering 160 Acres in Dunn County & 320 Acres in Mercer County. www.wolffauctioneers.com.

Country Kitchen Recipes



Banana cream pie

3/4 cup sugar
1/3 cup all-purpose flour
1/4 teaspoon salt
2 cups whole milk
3 large egg yolks, room temperature, lightly beaten
2 tablespoons butter
1 teaspoon vanilla extract
3 medium, firm bananas
1 pastry shell (9 inches), baked
Optional: Whipped cream and additional sliced bananas

In a saucepan, combine sugar, flour and salt; stir in milk and mix well. Cook over medium-high heat until mixture is thickened and bubbly. Cook and stir for 2 minutes longer. Remove from the heat. Stir a small amount into egg yolks; return all to saucepan. Bring to a gentle boil. Cook and stir 2 minutes; remove from the heat. Add butter and vanilla; cool slightly. Slice the bananas into crust; pour filling over top. Cool on wire rack for 1 hour. Store in the refrigerator. If desired, before serving, garnish with whipped cream and bananas.

Chocolate cream pie

1-1/2 cups sugar
1/3 cup all-purpose flour
3 tablespoons baking cocoa
1/2 teaspoon salt
1-1/2 cups water
1 can (12 ounces) evaporated milk
5 large egg yolks, lightly beaten
1/2 cup butter
1 teaspoon vanilla extract
1 pastry shell (9 inches), baked
Whipped topping and baking cocoa, optional

In a large saucepan, combine the first six ingredients. Cook and stir over medium-high heat until thickened and bubbly, about 2 minutes. Reduce heat; cook and stir 2 minutes longer. Remove from the heat. Whisk 1 cup hot mixture into egg yolks. Return all to the pan; bring to a gentle boil, stirring constantly.

Remove from the heat; stir in butter and vanilla. Cool slightly. Pour warm filling into crust. Cool for 1 hour. Chill until set. If desired, top with whipped cream and sprinkle with cocoa to serve.

Classic apple pie

4 pounds mixed apples (such as Granny Smith, Gala and McIntosh)
2/3 cup granulated sugar
2 tablespoons fresh lemon juice
6 tablespoons unsalted butter
2 tablespoons all-purpose flour, plus more for dusting
1 teaspoon ground cinnamon or apple pie spice
1/4 teaspoon salt
2 disks pie dough
1 large egg, beaten
Coarse sugar, for sprinkling (optional)

Peel and core the apples; slice 1/4 inch thick. Transfer to a bowl and toss with the granulated sugar and lemon juice. Melt 4 tablespoons butter in a large skillet over medium-high heat. Add the apples and cook, stirring occasionally, until softened, 12 to 15 minutes. Add the flour, cinnamon and salt and stir until the juices thicken, about 2 minutes. Remove from the heat and let cool completely. (The filling can be made up to 2 days ahead; cover and refrigerate.)

Roll out 1 disk of dough into a 12-inch round on a lightly floured surface. Ease into a 9-inch pie plate. Add the cooled filling and dot with the remaining 2 tablespoons butter.

Roll out the remaining disk of dough into a 12-inch round. Lay the dough over the filling and press the two crusts together around the edges. Fold the overhanging dough under itself and crimp with your fingers. Brush the top crust with the beaten egg and sprinkle with coarse sugar. Cut a few slits in the top crust to let steam escape. Chill 1 hour.

Put a baking sheet on the bottom oven rack and pre-heat to 425 degrees F for at least 30 minutes. Put the pie directly on the hot baking sheet and reduce the oven temperature to 375 degrees F; bake until the pie is golden and the filling is bubbly, 1 hour to 1 hour, 10 minutes, rotating the pie as needed. (Cover the edges with foil if they are browning too quickly.) Transfer to a rack and let cool until the filling is set, about 3 hours.

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