

# Xtra

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Monday, Jan. 20, 2020

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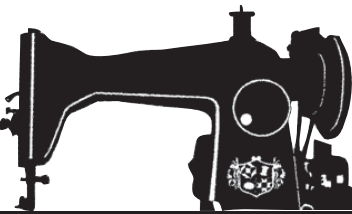
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## PRAIRIE FARE



Julie Garden-Robinson

### Bake Some Comforting Biscuits This Winter

BY JULIE GARDEN-ROBINSON  
FOOD AND NUTRITION SPECIALIST

All restaurants and stores were closed due to the blizzard, and I was in search of comfort food for brunch.

Biscuits and scrambled eggs with the leftover holiday ham sounded tasty to me.

"Do we have any canned biscuits?" I asked as I searched the fridge.

"I don't think so," my husband replied. "Why don't you be a pioneer woman and make them from scratch?"

The roads to the nearby grocery store were

undriveable, so making some hearty homemade biscuits sounded like a good plan to me.

I picked up my phone and looked for a recipe online. I found one I had never tried.

I gathered all the ingredients and quickly began mixing. When my husband saw me dipping the small chunks of butter out of the flour, he decided to tease me a little.

"Ha. Ha. You mixed the ingredients in the wrong order," he commented.

Why did he have to see that?

I was working too fast. I added the missing ingredient to the flour, blended it and added the butter chunks. Then I handed my husband the pastry blender.

"Have you seen the TV show 'Dateline'?" I asked with a smirk on my face.

He knew where I was going with my counter-teasing.

"Yes, I suppose this would be an episode where the wife sends her husband out to plow snow, and he disappears," he replied.

"Maybe that's what I was thinking," I noted. "The plowing can wait because I need a little help. You can blend the butter into the flour."

Our collaborative cooking effort yielded some really tasty biscuits. We have a lot of background in the food science area. My husband was a flour milling superintendent for more than 20 years at a couple of large food companies, where the mills produced a

million pounds of flour daily. I have a doctorate in cereal chemistry.

Winter is a prime time to explore some culinary challenges. Making yeast bread and quick breads is a lesson in food science and fills your home with a delicious aroma.

Biscuits, muffins, cakes and cookies typically rely on baking powder and/or baking soda to rise in the oven. These leavening agents produce carbon dioxide in the right conditions and allow the baked good to rise. Baking powder includes an acid such as tartaric acid, along with baking soda (sodium bicarbonate).

Careful measuring and proper mixing are keys to baking success. Biscuits should be tender, light and airy with layers that separate. When you cut in the butter, you are separating the gluten proteins. Overkneading the dough can result in flat, tough biscuits when the gluten proteins are overdeveloped.

We used all-purpose flour in the recipe. It is used widely in baked goods, including biscuits, cookies and muffins. It is a blend of "hard" and "soft" wheat grains to reach the correct protein level for baking success.

Bread flour is made from hard wheat (such as hard red spring wheat grown widely in North Dakota) or another "hard" flour. It typically is used to make yeast bread. The higher protein content in bread flour helps create a strong structure

during the mixing process. Yeast ferments the flour starch and/or sugar, producing carbon dioxide.

Cake flour is made from softer wheat varieties and produces a finer, more delicate-textured baked product. If you need 1 cup of cake flour, remove 2 tablespoons of all-purpose flour from the cup and add 2 tablespoons of corn starch.

Self-rising flour already has salt and the leavening agent added to it. Be sure to use a recipe that was developed for this flour product. Usually the company prints recipes on the flour bag.

Whole-wheat flour includes all parts of the grain, including the bran and germ. It is higher in fat and, therefore, can become rancid during storage. Store whole-wheat flour in a cool, dark place. If you won't use up the whole-wheat flour within a couple of months, store the flour package in your refrigerator or freezer in a resealable freezer bag.

The homemade biscuits were much tastier than biscuits from a can. My thanks goes to "momontimeout.com" for posting this recipe for me to adapt slightly. My little blunder during mixing had no effect, by the way. The hot biscuits were delicious with a drizzle of honey.

Try baking or cooking something new this winter. See <https://www.ag.ndsu.edu/food> for a wide variety of nutrition, food safety and health resources to explore.

#### Homemade Biscuits

- 3 c. all-purpose flour
- 3 Tbsp. sugar
- 1/2 tsp. salt
- 4 tsp. baking powder
- 1/2 tsp. cream of tartar
- 3/4 c. cold butter
- 1 egg
- 1 c. cold milk

Note: I reduced the sugar to 2 tablespoons, and used unsalted butter and low-fat milk.

Preheat oven to 450 F. Line a baking sheet with parchment paper or lightly grease. Cut the cold butter into small pieces and put in refrigerator until ready to incorporate. Combine the dry ingredients in a large bowl. Mix egg and milk in a cup with a whisk. Add butter to dry ingredients and cut the butter into the mixture using a pastry blender until the particles are about the size of peas. Add the egg-milk mixture to the dough. Mix just until combined. Place the dough onto a floured surface and knead about 10 times. Pat the dough into a circle about 3/4 inch thick, then cut with a floured round biscuit cutter or glass. Pat out remaining dough and cut. Bake for about 12 minutes or until golden brown.

Makes 12 biscuits. Each biscuit has 240 calories, 12 grams (g) fat, 4 g protein, 27 g carbohydrate, 1 g fiber and 280 milligrams sodium.

## Dakota Uplander: Halftime Report

BY NICK SIMONSON  
DAKOTA EDGE OUTDOORS

The firearms deer season serves as the often spectacle-filled halftime show for the upland season in which wingshooters trade in their shotguns for rifles or exchange their #5 shot for slug ammunition.

Like the midpoint of a football game, the switch to deer season also gives those in the know a moment to lay out how things went in the first half in the region's uplands and what can be expected in the second half.

Throughout North and South Dakota, struggles with weather and conditions in the early portion of the upland seasons for sharptailed grouse and pheasants were notable,

but the second half sets out some great opportunities for hunters venturing out after their venison has been turned into the processor.

#### Northern Efforts

"It would be a tough halftime, I'd say we're playing more like the Cincinnati Bengals than we should be and probably in a recovering year" said North Dakota Game & Fish Department (NDG&F) Upland Game Management Supervisor Jesse Kolar, "the one thing we didn't expect was perhaps some of the difficulty with the abnormal weather this year," he continued, citing access issues due to flooded roads and moisture delaying harvest.

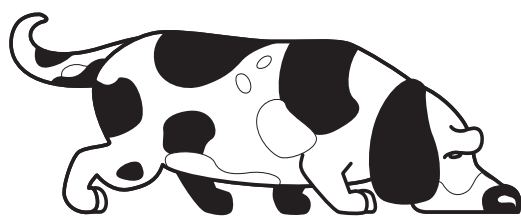
A blizzard dropping 30 inches of snow over portions

of eastern North Dakota, and more than a foot over south central and southeastern areas of the state hampered hunter efforts in getting out after birds on the most-hunted days of the year.

With many hunters cancelling their plans for traditional opening hunts, Kolar expects the season long harvest numbers to still even things out, despite a decrease in hunters on the landscape and for total pheasants taken to be at or above last year when it was roughly 327,000 roosters. While that heavy snow and the subsequent melt added to flooding conditions in sloughs and lowlands which often harbor pheasants, there is an upside to the abundant moisture, according to Kolar.

### Thank You

We would like to thank all of the Turtle Lake Hospital for the care given Arlin while he was a resident. Thanks to Goetz Funeral Home for the caring service. Also to Pastors for comforting words, the ladies for the lunch served and the beautiful flowers, cards, calls and sympathy to our family. God bless, Arlin Kemmit family.



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# CALENDAR

## Sunday, Jan. 19

Washburn Community Meal from 4:30 p.m. - 6:00 p.m. in the First Lutheran Church basement. Everyone is welcome.

## Monday, Jan. 20

Turtle Lake – Mercer school board meeting at 7:00 p.m.  
Max Food Pantry, Max Senior Center, 1 p.m. - 3 p.m. and 5 p.m. - 7 p.m.  
American Legion and American Legion Auxiliary meeting, Garrison City Park Building, 7 p.m.

## Tuesday, Jan. 21

McLean County Interagency meeting at 1:30 p.m. at County Line Cafe. The topic will be social hosting and other county updates.  
McLean County Commission meeting 8:30 a.m. in Washburn.  
Adult book club, Garrison Public Library, 7 p.m.

## Wednesday, Jan. 22

McLean Sheridan Rural Water District will hold a public meeting at 7:00 p.m. in the Turtle Lake senior citizen center to discuss expansion project and booster station upgrade.  
Adult Health Services and Foot Care Clinic available at the Public Health office. Please call 463-2641

## Thursday, Jan. 23

Bone Builders exercise, Garrison Senior Center, 10 a.m.  
Youth .22 shooting, Indoor Range Garrison, 6 p.m. - 7 p.m.  
Handgun shooting, Indoor Range Garrison, 7 p.m.  
Pickleball, elementary gym, 7 p.m., beginners welcome.

## Friday, Jan. 24

Yoga, First Congregational Church, Garrison, 8 a.m.

## Saturday, Jan. 24

Flakes of Fury Fat Tire Bike Race, Fort Stevenson State Park, Registration at 10 a.m., race begins at noon.

## Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: [leadernews@westriv.com](mailto:leadernews@westriv.com); phone: 701-462-8126.

Event: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Location: \_\_\_\_\_

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## PLOTS Program to keep growing in 2020

BY NICK SIMONSON  
DAKOTA EDGE OUTDOORS

With gains of nearly 30,000 acres in the Private Land Open to Sportsmen, or PLOTS, program from 2018 to 2019, the North Dakota Game & Fish Department is eyeing a continued increase of quality hunting lands for sportsmen across the state heading into 2020.

Now at about 791,000 acres of private land contracted with the department for hunter access from a high of over one million acres in the mid-2000s, NDG&F Private Lands Section Leader Kevin Kading suggests the program is poised to make the most of the opportunities currently on the landscape, benefiting both landowners and sportsmen in the coming year and long into the future.

### Future Focused on Quality

"We still have our sights set on a million acres as far as an overall goal, but we don't have a timeline; we're not going to get excited about that as far as losing sight of quality," Kading stated, "with all the work that goes into one PLOTS agreement, 30,000 acres last year was a big

lift because a lot of those acres were new habitat, new grass plantings, five or six thousand acres of those are new grass," he added, stressing that a lot of time and effort goes into getting all aspects, from the contract, to the planting, to the cost-share programs to be analyzed.

When the state boasted more than three million acres of private marginal lands enrolled in the Conservation Reserve Program (CRP), the process seemed almost as simple as hanging up new signs around the grasslands which landowners made available to the NDG&F for the program and ultimately to hunters. Now with significantly less land enrolled in CRP, locking down quality tracts of habitat provides more of a challenge for Kading's team, which consists of eight private lands biologists around the state. These staffers cover multiple counties and are on the ground working with landowners finalizing agreements, developing the best seed mixes for the terrain, assessing the habitat needs for their region's wildlife and other efforts related to the process.

"They're the ones that hunters should be thanking," Kading said.

# Icing Winter Trout

BY NICK SIMONSON  
DAKOTA EDGE OUTDOORS

On the heels of a fast fall bite, trout in lakes and ponds can provide quick action under the ice as well, and a variety of tactics will add a good deal of color to any ice fishing adventure where these fish are found. Whether stocked or naturally occurring, and where ice fishing for them is allowed, stationary efforts, flashy lures and simple baits help cover water and catch more trout when the hardwater season sets in.

### Quick Glance

It's important to understand the various regulations in place from state to state and even from lake to lake throughout North Dakota when it comes to ice fishing for trout. A few lakes throughout the state prohibit ice angling for trout while other waters prohibit the use of live bait for these species.

Additionally, crossing the borders into any other state such as Minnesota, South Dakota or Montana brings a number of new regulations into play, season dates governing closed ice opportunities, and access restrictions to certain lakes and reservoirs during the hardwater season. Be familiar with those rules in place for a destination trout water and know what type of tactics can be employed for success.

### Look Up, Tip Up

In winter, trout will roam the water column, but like many species will rise to an offering. It's not uncommon to find them a few feet below the bottom of the ice, so be

prepared to find flickers on a sonar unit from just below that point on down to the bottom.

On those impoundments where trout are present and tip-up use is allowed, set out as many as can be utilized to cover the various depths in the surrounding area, and document where each one is set at. Punch a large grid of holes and as a hot flag develops, move the outlying tip-ups in line with the fish trap that is getting the most action. Note the bottom depth and where fish are coming in relation to it and coordinate rod-based efforts off those numbers.

For those lakes where live bait is not legal, tip-ups rigged with light line leaders and small hooks stacked with maggots can produce, but automatic rod-based hook-setting units will be even better at connecting with the sometimes subtle bite trout species have when it comes to these tinier offerings. Otherwise, on those lakes where minnow use is permitted, eight-pound fluorocarbon leaders of three feet in length rigged with a split shot and #4 hook baited with a minnow of two or three inches is a perfect offering for trout. If possible, punch holes before dawn and have tip-ups spread out before first light as trout are often active in the early morning hours and again in late afternoon.

Giving the noise and vibration time to dissipate and an opportunity for trout to cruise back in is vital to success and more shouts of "FLAG!"

### Hot Roddin'

Trout can provide a great deal of on-ice excitement

with the most basic of ice fishing tackle, as a simple medium action ice rod rigged with four-pound test line will deliver those lures and baits that trigger the hard strike of rainbow, brown or cutthroat trout residing under the ice in a given lake. Flashy lures pay off at early ice, and spoons like the Swedish Pimple and Kastmaster with a good deal of flash and flutter on the rise and fall draw aggressive trout in for a look and a strike.

While some trout can get large, consider using spoons a step down in size from what may be employed for walleyes. Instead of a quarter-ounce, scale down to a eighth.

Where legal, tip them with minnows or minnow heads to add some flavor to their flicker, or on those lakes where live baitfish are prohibited, use waxworms, maggots, mousies or artificial baits such as Gulp! maggots and waxies in a variety of colors. Other options for trout under the ice include small jigs tipped with waxies or maggots, along with hackled and marabou jigs in more natural colors like olive, brown and black.

This winter get an understanding of the trout fishing options in the immediate area and add some very memorable angling moments to your on-ice experiences. By covering water with tip-ups and other stationary methods while exploring points, drops, adjacent flats and other high-percentage areas with active offerings for cruising trout, success can come quickly and lead to a season of excitement.

## Ice access points on lake announced

### SUBMITTED

U.S. Army Corps of Engineers, Garrison Project, announced their 2019-2020 winter access policy this week. This year there will be 113 areas/points of entry to Lake Sakakawea and 20 areas/points of entry to Lake Audubon.

The areas/points of entry are a combination of boat ramps, shoreline access sites, and freeways located in limited development areas. Only a couple of these points will be foot traffic only, mainly due to terrain. Entry points, defined in the policy, are available for the period of the calendar year in which Lake Sakakawea and Lake Audubon freeze over until April 1 of each calendar year, or until the lake becomes ice free, whichever occurs first.

Three ice access locations have been removed from the approved list. The first of which is the Red Mike Mid Gate Shoreline Access, located just east of Lund's Landing (White Tail Bay). This access crosses through private property and may be opened at a later date. There are also two areas near Riverdale that are no longer approved ice access locations. The Lake Sakakawea State Park East of Cabin Area and Old Highway 83 South access locations, due to severe erosion in 2019. These areas are

currently unsafe and should not be used for accessing the ice.

The Corps of Engineers now updates and maintains an interactive web application pertaining to ice access locations. The web application displays all approved ice access locations and their status. There are two ways that users can access the data. There is a web link is <https://arcg.is/jTe0T> and can be used on any computer or smart phone. Users can also download the ESRI application on either iPhone or Android. The ESRI application is free. Open the ESRI application and search "Lake Sakakawea Ice Access."

The Corps of Engineers does not encourage or recommend driving on the ice at any time. For those that do recreate on the ice, the Omaha District urges extreme caution as any winter activity performed on the ice can be hazardous. For instance, thin ice or open water may exist near springs and pressure ridges throughout the winter.

Anglers are required to use only licensed, motorized vehicles and existing authorized public roads for entering and leaving ice fishing access areas. Some public roads often drift closed with snow and will not be plowed open. In these instances, operating a motor vehicle off-road to obtain access

is not allowed. Additionally, the public is reminded that access is for ice fishing purposes only. Restrictions are in place to preclude using the ice to cross the reservoir, which has occurred in some areas in the past few years.

All Title 36 Regulations apply to the Ice Fishing Access Sites. North Dakota Game and Fish WMA Regulations apply within all Wildlife Management Areas located on Corps lands around the reservoir. Additionally, North Dakota Game and Fish has specific regulations pertaining to the use of ice/fish/spearing houses within the State of North Dakota.

The Corps advises, "Have fun this winter and be safe; **ALWAYS, KNOW BEFORE YOU GO.**" Check in with someone who is near the particular body of water where you are accessing. Bait shops, outfitters, game wardens, and public land managers are all valuable sources for ice condition updates.

For additional information contact: the Corps of Engineers office in Riverdale (701-654-7411) or Williston (701-572-6494), or North Dakota Game & Fish Office in Riverdale (701-654-7475) or Williston (701-774-4320).

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FARMERS, LET US HELP YOU CATCH UP ON YOUR WORK. WE CAN REBLADE YOUR DRILL OR VERTICAL TILLAGE MACHINE. CALL AND ASK DAVE FOR A QUOTE. WE ARE AUTHORIZED DUTCH OPENER DEALERS AND CAN GET THE RIGHT PARTS FOR YOUR CONCORD, HORSCH, CNH OR OTHER DRILL. CALL AND ASK FOR PRICING.

**Stay Connected**  
 With Your Hometown News  




**MCLEAN COUNTY**  
 IMPLEMENT  
 121 Case Street, Washburn  
 701-462-3366

**Make your ads go further with All-Access Advertising**

**What is it?** BHG newspapers are launching All-Access advertising, where advertisers can pay a small upcharge to get any print ad placed on the BHG website.

**Where do ads appear?** Advertisers choose between having their ad on the home page of an individual newspaper, the home page of the main BHG site or on every home page on the site. Ads will be at the top of the page, to the right of news stories and photos.

**What size ads can be uploaded online?** Any print ad can be put on the website. Each ad will have a pop-out display where they can be viewed in a larger size.

**Why should you be online?** Over 3,000 users visit bhgnews.com each month, with over 600 new viewers visiting the site each week. Online ads offer the opportunity to reach new customers and make an additional connection with print subscribers or those viewing the e-edition.

**Fast Facts about BHGnews.com**

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

**All-Access Advertising rates:**  
 Individual newspaper home: \$5  
 BHG home page: \$7  
 All home pages: \$10

Contact your BHG advertising representative today to take advantage!




92 N Main St • Garrison, ND  
 701-463-2201

Garrison Area Improvement Association  
**Annual Meeting**  
 Business, Banter, & Beer!  
**Monday, January 27<sup>th</sup>**  
**The Cubby Hole at 41 S Main St**  
 6:00 pm - Social  
 6:30 pm - Supper (taco bar)  
 7:00 pm - Meeting

**Let's Discuss Employee Recruitment & Retention**  
 Speaker: Patrick Bertagnolli, SHRM-SCP Rough Rider Center & Community Enhancement Director at City of Watford City

**Join Us For Supper**  
 (free with your membership)  
 Business Meeting Report  
 Election of New Directors

**Join GAIA**  
 We welcome new members!  
 Membership dues are \$15, 2020 memberships can be paid at the meeting or mailed to:  
**GAIA**  
 PO Box 445  
 Garrison, ND 58540  
 701-463-2631



**Call Don Winter for all your advertising needs. 462-8126**



# THE CLASSIFIEDS

**• DEADLINE:** 9 a.m. Thursday.  
**• CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.  
**• COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.  
**• CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.  
**• CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
 Email: leadernews@westriv.com • Website: bhgnews.com  
 Mailing address: The Xtra, PO Box 340, Washburn, ND 58577  
**• DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.  
 1-E-TFN-NC 58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.  
 1-E-TFN-NC 58540

## Farm Related

MW HAULING, LLC, cattle hauling 8.5x53 spread axel cattle pot, 7x32 stock trailer. Licensed/insured for ND. Max Waloch, 701-516-3117.  
 28-39-E-PD 58577

## FINKEN FARMS & SEEDS

Legacy soybean seed in bulk  
**LS0239N RR2X "Extend"**  
**YIELD POWERHOUSE**  
 • Great offensive variety  
 • Broader spectrum weed control  
 .....  
**ND 17009GT RR1**  
 Economically priced  
 Keep your own seed back  
**CLEAN - TREAT - INOCULATE**  
**BEST DISCOUNTS OF THE SEASON**  
**BOB: 720-1808 • CHRIS: 651-792-5920**

## Giveaway

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.  
 15-TFN-NC 58540

## Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Jan. 27. Have them there by 11 a.m. Call Darin, 701-315-0144.  
 43-TFN-E-X 58577

## Misc. for Sale

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.  
 1-E-TFN-NC 58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg-smugmug.com.  
 35-P-TFN-NC 58577

## Lost and Found

LOST/FOUND: Key Fob left at Chase Pharmacy on or about Dec. 17th. We have vehicle description, call to identify. 701-463-2241.  
 36-2TNCX1 58540

## Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.  
 1-E-TFN-NC 58577

## Help Wanted

### Help wanted

**Coaching Positions**  
 Garrison Public School District is seeking applications  
**• BOYS BASKETBALL - SPRING Elem. Head & Assistant**  
**• TRACK COACH - SPRING Two Assistant Coaches**

Please stop by Garrison High School for an application. Applicant must include a resume and three references.  
**Contact Nick Klemish at 463-2818 for more information.**

## THE MEADOWS ASSISTED LIVING

Benedictine Health System  
**HELP WANTED**  
**• Resident Assistant**  
 CNA preferred but will train the right person  
 Part time/Full time  
 Call Becca at The Meadows to set up an interview 701-463-2226  
 "EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

**CENEX OF GARRISON**  
**Night Time & Weekend Cashiers**  
**All Shifts Available**  
**Must be able to work weekends. Stop in for an application.**

## HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:  
**• RN**  
 For more information call 701-463-6513.  
 Apply online at [CHISTAlexiusHealth.org](http://CHISTAlexiusHealth.org)  
**CHI St. Alexius Health**  
 Imagine better health.<sup>™</sup>  
**Garrison Hospital**  
 The institution is an equal opportunity provider and employer

## Help Wanted

**GSSC SECURITY OFFICERS**  
 GENERAL SECURITY SERVICES CORPORATION™  
**Washburn & Center, ND**  
 Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.  
 EOE/AA/Disability/Veterans/M/F Employer  
 Immediate full-time & part-time openings!

## PLAINS AG LLC

FOR THOSE WHO DEMAND MORE

### Service Technician – Garrison, ND

Plains Ag LLC/Northern Plains Equipment, a certified Case IH dealer in Garrison, ND, is looking for top notch individuals to perform quality maintenance and repairs on all types of agricultural equipment. This position will be part of our team of people responsible for maintenance, repair, and reconditioning of farm equipment by the use of electronic diagnostic tools, electronic parts catalogs, service manuals and other sources of information and materials.

Candidates should possess good skills, good communication skills, time management and organizational skills. Qualified applicants will also need a positive attitude, be quality and customer service oriented. Candidates must have physical mobility including being able to lift up to 60 pounds unaided, have the ability to stand for long periods of time, and be able to manage different environmental smells, as these are all required for the position. Position offers guaranteed hourly wage and full benefit package; wage based on experience.

Plains Ag is a Value's led company. We offer competitive wages, 401k retirement plan, health insurance, dental insurance, vision insurance, short-term and long-term disability insurance, life insurance, tool allowance, paid vacation, personal leave days, eight paid holidays and job training. We also have education reimbursement (ask for details, certain restrictions apply).

Applicants must be able to meet and maintain insurable driving status and pass pre-employment drug testing.

If you are ready to work in a great environment with great people, email your resume to: [hr@plainsag.com](mailto:hr@plainsag.com)

We are an Equal Opportunity Employer

## HELP WANTED

Steve's Plumbing Service, LLC in Garrison, ND is looking for **full-time Apprentice** or a **Licensed Journeyman plumber.**  
 Competitive wages and benefits D.O.E.  
 Call 701-460-7471 or email a resume to [szach@restel.net](mailto:szach@restel.net)



## BENEDICTINE LIVING CENTER OF GARRISON

Benedictine Health System  
**HELP WANTED**  
 Come Join Our Team!!  
**• RN/LPN**  
**• CNA**  
 Apply at [www.blcgarrison.com](http://www.blcgarrison.com) or call Jody Lawson at (701) 463-2226  
 "EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

**Superpumper**  
 is looking for **SALES ASSOCIATES**  
**Full Time or Part Time**  
 Stop in for an application 200 5th Ave SE, Garrison

To place a classified ad call 462.8126 or fill out the form online at [bhgnews.com](http://bhgnews.com)

## Real Estate for Sale

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

## Real Estate for Rent

2 BEDROOM HOME with attached garage or 2 bedroom mobile home, call or text for application and more info. 701.315.0034.  
 36-4-TPDLNX 58540

FOR RENT: \$400 p/month plus utilities. Two Bedroom/1 Bath home with attached single garage and large back yard. Located at 211 3rd Street West in McClusky, ND. If interested, call 701-641-7785.  
 37-3TPDLNX 58540

SPACIOUS 2 BEDROOM, attached 1 stall garage, washer/dryer hookups, quiet area. For viewing call 701-832-0223.  
 36-CHTFNIX 58540

## NOW RENTING

**Heritage Heights Apartments**  
 1040 Custer Dr., Washburn  
 New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable.  
 701-527-4739 or Manager 701-220-8145

## Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.  
 44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.  
 34-9-E-PD 58577

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516.  
 35-40-P-X-PD 58579

WE CLEAN and install all types of flooring including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, under appliances. We have dump trailer for debris removal. Low rates, cash/check/credit. Prairie Carpet Services, (701) 833.2884 or 448.2883.  
 46-TFN-P-X-PD 58540

**BIG or small**  
**Viking Screen Prints**  
 Can do it all! • 463-2201  
[viking@bhgnews.com](mailto:viking@bhgnews.com)

## HELP WANTED

**CHI St. Alexius Health**  
 Imagine better health.<sup>™</sup>  
**Turtle Lake Hospital**  
**Part-time Clinic Nurse**  
**Full-time Nurse Aide**  
 Experience preferred but not required. Contact Brenda 701-448-2331 ext 207.  
 This institution is an equal opportunity provider and employer.

## Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.  
 1-E-TFN-NC 58577

What is one inch tall  
**And Will Move**  
 your vehicle?



Advertise in the Classifieds today!

Phone # • [www.bhgnews.com](http://www.bhgnews.com)

**Statewides**

**HELP WANTED**  
**THE CITY OF FESSENDEN IS SEEKING POLICE CHIEF.** The ideal candidate will have supervisory experience and be POST BOARD Certified. Salary: DOE (+) benefits. Interested persons may submit a resume to Fessenden City Hall, PO BOX 42, Fessenden, ND 58438. Please have resume to City Hall by February 1, 2020. The City of Fessenden is an equal opportunity employer.

**THE NORTH DAKOTA NEWSPAPER ASSOCIATION** is accepting applications for the position of EXECUTIVE DIRECTOR. Candidates must embrace challenges, progress, teamwork and change. Newspaper/journalism background preferred. Responsibilities include overall association management, member contact and development, legislative/lobbying work, management of newspaper content sharing and advertising placement programs, personnel management for a staff of 5, and working with a board of directors/member committee structure. Competitive salary and benefits package. Application deadline is Jan. 31, 2020. Anticipated start date is May, 2020. Send letter, resume and salary requirements to: NDNA Search Committee, 1435 Interstate Loop, Bismarck, ND 58503-0567, or newsmonitor@wahpetondailynews.com.

**BUSINESS MANAGER BLIKRE ACTIVITY CENTER.** NDSCS seeks an administrative assistant to provide To assist in the management of the Blikre Activities Center. To gather, disburse, and provide resources and information in an effective and efficient manner to a diverse group of users and staff of the Blikre Activities Center. Responsibilities include but are not limited to: managing phone calls and office traffic, scheduling meetings and appointments working with spreadsheets, student employees and assisting with coordination of departmental processes. This is a full-time benefited 12-month position. Screening begins immediately-applications accepted until filled. Compensation DOE plus excellent benefit package. Interested candidates must submit the on-line application. EOE. For more information go to: www.ndscs.edu/careers

**COMMERCIAL APPLICATORS.** Competitive wage and benefits, meal allowance, paid lodging. Traveling position for railroad vegetation control, 60-80 hours/week. RAW (Cooperstown, ND). 888.700.0292 | www.rawapplicators.com | info@rawapplicators.com

**FARMERS UNION OIL** in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

**LOOKING FOR THE** most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

**FINANCIAL SERVICES**  
**OVER \$10K IN Debt?** Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief, 701-936-8487.

**EDUCATION /TRAINING**  
**TRAIN AT HOME TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

**COMPUTER & IT TRAINING PROGRAM!** Train at home to become a Computer & Help Desk Professional now! Call CTI for details! 701-929-9484 (M-F 8am-6pm ET).

**BUSINESSES FOR SALE**  
**FOR SALE - WALHALLA** Mountaineer, weekly newspaper, located in historic 1898 building, Main Street Walhalla, 2 person operation. Est. 1896. Phone 1-701-549-2580, 1-701-549-2304 or 305-0207. Immediate possession.

**F/S: CITY CENTER MOTEL.** Devils Lake, ND. 24 units, attached apartment. In busy tourism area. Selling due to health. 701-662-4918. Serious inquiries only! PRICE REDUCED!

**REAL ESTATE FOR SALE**  
**ND FARM LAND** Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

**MISCELLANEOUS FOR SALE**  
**ANYONE CAN RUN STATEWIDE** with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

**ANTIQUES/FLEA MARKET**  
**ANTIQUES FLEA MARKET** Saturday January 18th from 9am to 4pm inside the Grand Cities Mall, 1726 South Washington St., Grand Forks. For more information: Plain and Fancy Antique Mall 701-775-0714.

**AUTOS WANTED**  
**DONATE YOUR CAR TO CHARITY.** Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

**HEALTH/MEDICAL**  
**OPEN ENROLLMENT FOR HEALTH INSURANCE IS HERE!** Now is the time to save for 2020. We have the best rates from top companies! Call Now! 701-404-5823.

**A PLACE FOR MOM** has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-701-404-5808.

**ATTENTION: OXYGEN USERS!** Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

**CASH SETTLEMENTS**  
 Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

**MISCELLANEOUS**  
**WE MAKE IT** easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

**12 reasons to Advertise frequently**

12. People forget!



11. Frequent advertising helps maintain higher revenue levels in the off season.

10. You can devote more time to each customer if your store traffic is spread out evenly throughout the week.

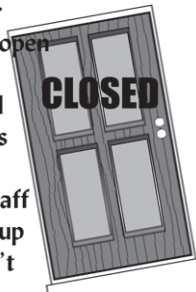


9. Advertising frequently=higher than average results.



8. Advertising is your smallest business expense, yet without it, your business could fail.

7. You should count the day as a loss if •Your store doesn't open •Your shelves aren't stocked •Your phone is disconnected •Your sales staff doesn't show up •Your ad didn't run!



6. Today's paper is easier to find than yesterday's.

5. Frequent advertising helps you beat your competition.



4. Today's ad may influence but . . . will it close the deal for a lukewarm prospect?



3. Frequency offers you the most affordable rates.

2. Frequent advertising reaches your customers regardless of reading habits.



and the #1 reason to advertise: People have new wants and needs every day.

**For your advertising needs call your local BHG news office.**

**Country Kitchen Recipes**



**CREAMY ITALIAN CHICKEN**

**Ingredients**

- 4 boneless skinless chicken breast halves (6 ounces each)
- 1 envelope Italian salad dressing mix
- 1/4 cup water
- 1 package (8 ounces) cream cheese, softened
- 1 can (10-3/4 ounces) condensed cream of chicken soup, undiluted
- 1 can (4 ounces) mushroom stems and pieces, drained
- Hot cooked pasta or rice
- Minced fresh oregano, optional

**Directions**

Place the chicken in a 3-qt. slow cooker. Combine salad dressing mix and water; pour over chicken. Cover and cook on low for 3 hours. Remove chicken. Cool slightly; shred meat with two forks. Return to slow cooker.

In a small bowl, beat cream cheese and soup until blended. Stir in mushrooms. Pour over chicken. Cover and cook until chicken is tender, 1 hour longer. Serve with pasta or rice. If desired, sprinkle with oregano.

**CARAMEL-PECAN STICKY BUNS**

**Ingredients**

- 1 package (1/4 ounce) active dry yeast
- 3/4 cup warm water (110° to 115°)
- 3/4 cup warm milk (110° to 115°)
- 1/4 cup sugar
- 3 tablespoons canola oil
- 2 teaspoons salt
- 3-3/4 to 4-1/4 cups all-purpose flour
- FILLING:**
- 1/4 cup butter, softened
- 1/4 cup sugar
- 3 teaspoons ground cinnamon
- 3/4 cup packed brown sugar
- 1/2 cup heavy whipping cream
- 1 cup coarsely chopped pecans

**Directions**

In a large bowl, dissolve yeast in warm water. Add the milk, sugar, oil, salt and 1-1/4 cups flour. Beat on medium speed for 2-3 minutes or until smooth. Stir in enough remaining flour to form a soft dough.

Turn onto a floured surface; knead until smooth and elastic, 6-8 minutes. Place in a greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 1 hour.

Punch dough down. Turn onto a lightly floured surface. Roll into an 18x12-in. rectangle. Spread butter to within 1/2 in. of edges. Combine sugar and cinnamon; sprinkle over butter. Roll up jelly-roll style, starting with a long side; pinch seam to seal. Cut into 12 slices.

Combine brown sugar and cream; pour into a greased 13x9-in. baking pan. Sprinkle with pecans. Place rolls cut side down over pecans. Cover and let rise until doubled, about 1 hour.

Bake at 350° for 30-35 minutes or until well browned. Cool for 1 minute before inverting onto a serving platter.

We print

**BUSINESS FORMS**

**Viking Screen Prints**

1-800-658-3485 or your local BHG office



Wondering what's going on? Check out the latest stories in your local newspaper!

# We do it all ...

## Screen Printing & Embroidery

## Advertising Specialties

## Printing & Publishing

Caps ♦ Shirts ♦ Jackets  
Jerseys ♦ Uniforms ♦ Bags  
Banners ♦ Signs & Vinyl Decals

Pens ♦ Mugs ♦ Keychains ♦ Lanyards  
Shotglasses ♦ Playing Cards ♦ Magnets  
Can Coolers ♦ Sports Bottles

Business Cards ♦ Letterheads  
Envelopes ♦ Posters ♦ Labels  
Invoices ♦ Annuals ♦ Directories  
Newsletters ♦ Books

And Much More



# Everything you need!



1-800-658-3485

- Beulah Beacon - 873-4381
- Center Republican - 748-2255
- Hazen Star - 748-2255
- McClusky Gazette - 363-2492
- McLean County Independent - 463-2201
- McLean County Journal - 448-2649
- Mountrail County Record - 627-4829
- New Town News - 627-4829
- Northern Sentry - 839-0946
- The Leader-News - 462-8126
- Underwood News - 462-8126
- Velva Area Voice - 338-2599