

# Xtra

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Monday, Feb. 10, 2020

The best circulation  
for your dollar

You are cordially invited to an  
**Ag Producers Informational Meeting**

Monday, Feb. 17 • 10:30 a.m.  
Lewis & Clark Interpretive Center, Washburn  
\*Lunch will be served

**2020 Crop Insurance Updates:**  
with Curt Christofferson of NAU

- 2018 Farm Bill Review
- Supplement coverage option
- Prevent Planting Update

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**Thank you for 50 years of Hard Work**

After 50 years of service Elaine Wahl has decided to retire.

Please join our celebration of a dedicated worker in the employee dining room at CHI St. Alexius Health, Turtle Lake for cake and ice cream.

Wednesday, February 12 • 2-4 p.m. • CHI St. Alexius Health  
220 5th Ave West • Turtle Lake, ND 58575

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**Mercer Park Committee Chili Cook-Off**  
Sunday, Feb. 16 from Noon - 4 p.m. at Mercer Community Center

Chili cook off limited to 25 contestants  
Must register by Feb. 10. Contact Ginger at 701-333-9657  
Cash prizes and trophies for 1st, 2nd and 3rd place  
by people's choice vote.

Free will donation requested to taste chili  
and vote for your favorite.

- Family friendly event!
- Silent auction

Hot dogs, dessert, soda, and beer available for purchase.

All proceeds go to replacing playground equipment in the Mercer Memorial Park.

**CHILI COOKOFF**

**Feb 1198.03 +/- Acres Mercer County, ND 1:00 PM**

**20, REAL ESTATE ABSOLUTE AUCTION CT**

Auction Location: Hebron Community Center - Hebron, ND

**PARCEL 1**  
LEGAL: S19 T141 R 90 SE4 & S19 T141 R 90 NE4  
ACRES: 320 (196.71 farm, 123.29 pasture) TAXES: \$1035.14

**PARCEL 2**  
LEGAL: S6 T141 R90 Lots 2,3,4  
ACRES: 121.26 (114.25 farm) TAXES: \$646.40

**PARCEL 3**  
LEGAL: S7 T141 R90 SE4 less 40 acres, S7 T141 R90 SW4 less R/W, S7 T141 R90 S2NW4 less R/W, S7 T141 R90 N2NW4 less R/W, S7 T141 R90 S2NE4, S7 T141 R90 N2NE4  
ACRES: 596.77 (271.91 farm, 324.86 pasture) TAXES: \$2043.22

**PARCEL 4**  
LEGAL: S5 T141 R90 SW4  
ACRES: 160 (24.49 farm, 135.51 pasture) TAXES: \$482.30

PROPERTY LOCATION: Hebron-12.5 miles NW, Richardton-20.5 miles NE, Golden Valley-25 miles S

REAL ESTATE TAXES: 2019 are paid, 2020 to Buyer

PROPERTY FEATURES: Rolling Hills, Trees, Dams, Springs, Wildlife, Hunting, Peaceful, Great Hunting, Great investment, Great Location! OWNER: Gary Reetz TERMS: Successful bidder will deposit 10% irrevocable earnest money Auction Day with balance due in certified funds at closing. Have financial arrangements secured before bidding. Statements on sale day take precedence over printed material. No Mineral rights. Property sold as is where is. Possession: Given upon closing with updated abstracts and warranty deed. For inspection of property call Ross Glass 701-290-4001

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PRAIRIE FARE



Can you guess the vegetable?

BY JULIE GARDEN-ROBINSON  
FOOD AND NUTRITION  
SPECIALIST - NDSU

Let's see if you can guess one of America's favorite vegetables with a few clues.

- \* On average, Americans eat nearly 9 pounds of this vegetable per year.
- \* The first varieties of this vegetable were purple. Now, more than 100 varieties exist in a rainbow of colors.
- \* This vegetable is in the same family as dill and cilantro.
- \* Most of these vegetables are grown in China.

Have you guessed yet? Here

are a few more clues:

- \* You may find these prewashed and cut in bags or whole, with their green stems attached.
- \* Their name is similar to the pigment they contain.
- \* Bugs Bunny is their biggest fan. Yes, today's topic is carrots.

Horticulture enthusiasts will know that carrots are "biennial plants." They take two years to complete their biological life cycle. Carrots produce their "tap roots" in year one and their flowers and seeds in year two.

Carrots are notably high in beta-carotene, a pigment that our body converts to vitamin A. One medium carrot has just 25 calories, plus fiber, calcium, potassium, phosphorus, vitamin K and other nutrients.

Even better, their slightly sweet flavor attracts kids and adults. As I recall from my own kids, babies probably are more likely to smile when they are introduced to this vegetable than, say, green beans.

However, be aware that overconsumption of carrots and other highly pigmented orange vegetables could turn the palms of your hands and the soles of your feet orange.

I had a friend in college who was a smoker and decided to quit. Instead of having a cigarette break, she had a large carrot to occupy her hands. As the weeks wore on, her hands and complexion began looking increasingly orange, kind of like an "oompa loompa" from the Willie Wonka movie.

My friend wore a white lab coat, so her orange complexion was especially vivid. The clinical name for this is "carotenemia."

Fortunately, having skin with an orange tint from eating a lot of carrots does not have long-term health effects. She added other vegetables to her regimen and her skin color returned to normal. Plus, she stopped smoking, which was the ultimate goal.

While you can't "overdose" on carrots, you can get too much vitamin A in your diet. If you take a vitamin supplement, aim for no more than 100% of the recommended daily value or follow your health-care provider's recommendations.

Eating more carrots, and vegetables in general, is good for us, just like Mom said. Vitamin A promotes healthy skin and mucous membranes. Carrots' potassium content is good for your blood pressure and overall heart health.

Carrot fiber is good for your digestion. Other research has shown that antioxidant-rich, highly pigmented vegetables may reduce our risk for certain types of cancer.

What about vision? Weren't we always told to eat our carrots for good eyesight?

Oh, yes, carrots also are good for your eyes. Worldwide, a lack of vitamin A is a leading cause of blindness among children who are deficient in vitamin A.

However, you won't be able to throw away your glasses because you include carrots

to your diet. Having adequate amounts of vitamin A in our diet helps us see better in the dark. Your vision won't suddenly improve if you have carrots for a snack, though.

Enjoy more carrots in various forms. For convenience, you might opt for "baby carrots." These are actually full-sized carrots that have been peeled and cut to a size of about 2 inches long. They also are bred to be smaller and sweeter.

Originally, an ingenious farmer began cutting the misshapen carrots harvested from his field into more uniform sizes and shapes. An industry was born.

Of course, you can buy full-sized carrots and cut them however you would like.

Enjoy carrots in traditional ways, such as soups, stews or surrounding a roast.

Try roasting carrots with potatoes, beets and other root vegetables with a small amount of oil and your seasonings of choice for a side dish. Shred them on salads or add them to stir-fry.

Have you ever tasted carrot soup? This was a personal favorite of mine during recipe testing; the pear adds flavor and sweetness. I'm surprised my skin didn't turn orange due to the number of servings I ate.

- 1/4 tsp. salt
- 1 medium yellow onion, chopped
- 1 large garlic clove, minced
- 1 tsp. grated fresh ginger
- 6 c. vegetable stock
- 2 sprigs fresh thyme (used in roasting pan)
- Optional: fresh thyme to garnish

Preheat oven to 400 F. In a large bowl, toss carrots and pears with olive oil, salt and thyme sprigs. Place the mixture in a shallow roasting pan with cover.

Roast for 40 minutes or until tender, stirring halfway through cooking. When the carrot mixture is almost ready, place a large soup pot over medium heat. Add oil and onions, and cook until tender. Stir in garlic and ginger, and cook for one minute, stirring constantly. Add the roasted carrots and pears to the soup pot, discarding the thyme stems. Add the vegetable stock and bring to a boil. Reduce heat and simmer for 10 to 15 minutes, until carrots are soft. Use a blender or immersion blender to puree the soup until smooth.

Makes eight (1-cup) servings. Each serving has 90 calories, 3.5 grams (g) fat, 16 g carbohydrate, 1 g protein, 4 g fiber and 120 milligrams sodium.

- Roasted Carrot and Pear Soup
- 4 c. carrots, peeled and cut
  - 2 pears, peeled and cut
  - 2 Tbsp. olive oil

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with the results.

# CALENDAR

**Saturday, February 8**  
G.H.S. CLOSE-UP GROUP Indian Tacos and Sausage Fundraiser, Garrison Golf Course, 11 a.m.  
WILD GAME SAUSAGE COOK-OFF, Ryder Star Bar, 5 p.m.  
FULL SNOW MOON CANDLELIGHT WALK, Fort Stevenson State Park, 6 p.m.- 7:30 p.m.  
BIRTHDAY PARTY for Traci Adam, Hitching Post Bar in Benedict, 7 p.m

**Sunday, February 9**  
ARIKARA CELEBRATION, Ralph Wells Complex, 2 p.m.

**Monday, February 10**  
WASHBURN CITY COMMISSION meeting at the city hall at 6:30 p.m.  
UNDERWOOD CITY MEETING at 6 a.m. at city hall.  
MERCER SENIOR CITIZENS meeting, 2 p.m.  
TURTLE LAKE CITY COMMISSION meeting, 7:30 p.m.  
BRING YOUR PROJECTS, sewing machine and lunch to the Chat and Sew sewing group, 10 a.m., at First Lutheran Church, Washburn. 462-3306  
NORTH DAKOTA TOWNSHIP Officer's Association Workshop, NDSU ext. Center 5400 Hwy. 83 S, Minot, 7 - 9 p.m. All Township officers welcome.

**Monday, February 10**  
YOGA, First Congregational Church, Garrison, 8 a.m.  
BONE BUILDERS exercise, Garrison Senior Center, 10 a.m  
MERCER SENIOR CITIZENS, Mercer City Hall, 2 p.m.

**Tuesday, February 11**  
PICKLEBALL, elementary gym, 7 p.m., beginners welcome  
WASHBURN AMERICAN LEGION and Auxiliary Post 12 meeting. Social 5:30, meal 6 and meeting at 7 p.m.  
LAWRENCE STEPHENSON Post 133 of the American Legion to meet at 6:30 p.m. for supper with meeting to follow in Turtle Lake.  
FIND OUT IF YOU QUALIFY for the Senior Community Service Employment Program to start earning paychecks while updating job skills! McLean Co. Museum, 10:30 a.m. - noon.

**Wednesday, February 12**  
PIES FROM THE HEART will be from 2-4 p.m. at the Washburn Public Library. Washburn Study Club is sponsoring this fundraiser to support the library. "Come on down" for a piece of pie.  
FOOT CARE CLINIC available at the public health office, McLean County Courthouse. Call 462-3330 to schedule an appointment.  
TURTLE LAKE CHAMBER OF PROGRESS meeting, noon, Bev's Cafe.

**Thursday, February 13**  
BONE BUILDERS exercise, Garrison Senior Center, 10 a.m.  
YOUTH .22 SHOOTING, Indoor Range Garrison, 6- 7 p.m.  
HANDGUN SHOOTING, Indoor Range Garrison, 7 p.m.  
PICKLEBALL, elementary gym, 7 p.m., beginners welcome

**Friday, February 14**  
YOGA, First Congregational Church, Garrison, 8 a.m.


## Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: [leadernews@westriv.com](mailto:leadernews@westriv.com); phone: 701-462-8126.

**Event:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Location:** \_\_\_\_\_



**KOTATHEATRE**  
Main St., Garrison  
**Adults - \$7 Under 13 - \$5**  
*Where popcorn is still only 50¢*

**Spies in Disguise, PG**  
*When the world's best spy is turned into a pigeon, he must rely on his nerdy tech officer to save the world. 1 hr. 42 min.*  
**Feb. 7 & 8..... 7:30 p.m.**

**Little Women, PG**  
*Jo March reflects back and forth on her life, telling the beloved story of the March sisters - four young women each determined to live life on their own terms. 2 hrs. 15 min.*  
**Feb. 14 & 15..... 7:30 p.m.**

**NO MOVIE FEB. 28 & 29**

*Coming Soon:*  
*Jumanji: The Next Level,*  
*Dolittle, 1917, Sonic the Hedgehog,*  
*The Call of the Wild*

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# HARBOR BAR

## Valentine's Day Specials

**FEBRUARY 14 || 5:00 - 9:30 P.M.**

<b>APPETIZERS</b> Jalepeno Poppers Crab Rangoon Wontons Philly Cheesesteak Bites	<b>ENTREES</b> Queen Prime Rib Fillet Mignon T Bone with red wine gravy with white wine sauce Golden Fillet Walleye, Calamari, Stuffed Shrimp, Jumbo Shrimp, Jumbo Scallops.
<b>SOUP</b> Hearty Chicken Dumpling	<b>DESSERTS</b> Baileys strawberries & cream cake XL dipped strawberries Chocolate sauerkraut cake Whipped angel cups
<b>SALAD</b> Tuscany Salad	<b>DRINKS</b> White Russian Moscow Mules : Strawberry & Raspberry Salted caramel apple

**\*SERVED WITH GOLDEN ASPARAGUS\***

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Winners announced at 10 PM  
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**Valentine Supper**  
**Thursday, Feb. 13<sup>th</sup>**  
*Serving 6-9 p.m.*  
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Asparagus ♥ Dinner Salad ♥ Garlic Toast  
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# HELPING WORDS

## Are Churches Disappearing?

**PASTOR STEVE VETTER**  
TURTLE LAKE BAPTIST CHURCH

Some research data suggests that churches in the United States are disappearing at a rate of 75 to 150 congregations per week. Certainly many of them are located in rural communities. Old churches are now being used for restaurants, personal homes, storage, funeral homes or bars. On the other hand, some research data suggests that there are 3,700 new churches started every year. Is this a last gasp attempt at reviving what is broken?

Are churches a thing of the past and obsolete? Is church some old and unnecessary tradition that is fading away? Could it be just a waste of time and money? There are certainly more entertaining things to do than go to church. Could “internet church”, Youtube videos, blogs or TV churches be more than enough? Some opt to travel to the big cities with bigger churches and more options. If all the churches in your local community disappeared would it make any difference or would you care? What difference would it make to your personal faith, your family, the community, community morals and values? I wonder how God or the Bible would answer these questions?

## Make your ads go further with All-Access Advertising

**What is it?** BHG newspapers are launching All-Access advertising, where advertisers can pay a small upcharge to get any print ad placed on the BHG website.

**Where do ads appear?** Advertisers choose between having their ad on the home page of an individual newspaper, the home page of the main BHG site or on every home page on the site. Ads will be at the top of the page, to the right of news stories and photos.

**What size ads can be uploaded online?** Any print ad can be put on the website. Each ad will have a pop-out display where they can be viewed in a larger size.

**Why should you be online?** Over 3,000 users visit bhgnews.com each month, with over 600 new viewers visiting the site each week. Online ads offer the opportunity to reach new customers and make an additional connection with print subscribers or those viewing the e-edition.

**Fast Facts about BHGnews.com**

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

### All-Access Advertising rates:

- Individual newspaper home: \$5
- BHG home page: \$7
- All home pages: \$10

Contact your BHG advertising representative today to take advantage!



# OUR OUTDOORS



## The Cap

**BY NICK SIMONSON**  
DAKOTA EDGE OUTDOORS

I can recall rolling down the gravel driveway of the shooting range to attend my first high school trap team meeting after moving to town in 2017, overwhelmed by the excitement and possibilities the 13 trap houses presented. Through a connection on Facebook, I got the time and the date from one of the shooters' parents and found my way to the gun club located a few miles north of my house. I learned in the first night that the group I was joining drummed up enough interest against an approaching spring deadline and mustered 36 kids to shoot their first spring season in about as many hours before the registration with the state league closed. My jaw dropped at the dedication of the parents, volunteers and club members to rally the troops in such a late hour, and it turned to a smile when I suggested the possibilities of what we could do with a little more lead time. The following spring after meeting that brought out roughly 50 kids at the last of four area public schools -

one which we had just gotten permission to register - we knew we'd hit 120 and couldn't rule out 150 participants for the spring season. Logistically, the number 240 has hung over the program since that spring when we started to get a sense of its growth trajectory. 13 houses, minus one for a spare in case of breakdowns, is twelve. We have four flights spread out over the five hours where our now nearly 100 volunteers are generally available on a Sunday afternoon. There are five kids per house each flight. Five times four times twelve is 240; and our drop-dead cap based on volunteer availability, time and infrastructure. Last spring our participation numbers rose to 205 and with just 25 graduating seniors the flood of 70 new shooters - with more than 50 in grades six through eight - for the following fall season suggested that 240 for the spring of 2020 was a reality. With preference given to previous shooters and a 23-day early registration period kicking off Jan. 1, our numbers were at 203 by the time we invited new shooters to learn more about the program and sign-up. Within 90 minutes of opening the new shooter registration, we were full. 240 was no longer a cloud on the horizon, but a reality. Panicked, I shut down the online registration and converted it to a waiting list as names of shooters - both previous who had drug their feet and new ones who might not have taken my stressed presentation seriously at the sign-up meetings - piled up in the online registry. While hitting the cap was exciting and a testament to the work our group has done to drive the demand for the sport in the area, 240 is a problem, despite the consolation we might take from it in conversation of being a "good problem to have."

The weird thing is, no one says that when the demand for public access by sportsmen exceeds the amount of nearby land open to hunters pursuing pheasants, ducks or deer when laws don't allow for additional acres and state agency budgets are pressed to their maximum for management. Certainly, nobody lauds the lack of habitat when at the top of the acres allowed in programs like CRP to bear those game species for sportsmen to pursue. The same should hold true for trap shooting opportunities and an eye for expansion - in the form of more volunteers, more facilities and additional time - much like the efforts put into the backside of the hunting recruitment equation, is important in adding to the fold. This spring - with similar growth noted across the country for shooting sports - is a call to anyone who wants to make a difference in the lives of young people and to add to the opportunities they have to participate not only in shooting sports, but any extracurricular activities, by being the additional voice of reassurance on the line, the extra hand that fills a trap house, or the scorekeeper that bears the spring wind and occasional raindrops to mark down the mounting hits in an expanding program. Perhaps there's a place in your community to add more trap houses, to start a gun club or to expand one with a little bit of elbow grease and some blue ink on a grant form. Be the one that helps find a way to reach whatever cap exists in your area and dreams up ideas to blow past it for the good of those youngsters looking for a positive outlet. In the process, be the one to show that there is no limit on what is possible on the range, in the field and all the places where the sound of a shotgun resonates...in our outdoors.

## Dakota Edge Outdoors: The Gotcha

**BY NICK SIMONSON**  
DAKOTA EDGE OUTDOORS

The Gotcha is another simple shrimp imitator for saltwater species that has become a secret weapon for slab crappies up north. With its shimmering krystal flash tail, gummy ribbing and flowy wing of fur and flash, the Gotcha can claim a top spot in any panfish box when spring arrives and to be without a selection of them from sizes six to two is to be without a compact, flashy offering that drives specks wild. Craft a few dozen up in the off season to be ready when the spawn hits in just a couple months.

**MATERIALS:**  
Hook: Tiemco 3407 Sz 6-2  
Eyes: Bead Chain  
Thread: 6/0 to match  
Tail: 6-8 Strands krystal flash  
Body: Clear Larva Lace over krystal flash  
Wing: Craft Fur  
Overwing: 4-6 Strands krystal flash

Start the fly by laying down a thread base about halfway down the hook and securing a pair of bead chain eyes a bit back from the hook eye, providing an area to tie in the wing later at the front of the hook. With the eyes in place tie in a three-inch strand of Larva Lace tubing down the hook shank. At the end of the shank, tie in 6-8 strands of krystal flash about four inches in length to form the tail of the fly which should be about the same length as the hook; then advance the thread to the bead eyes. Once secured, wrap the krystal flash forward so it evenly covers the hook shank right up to the bead eyes, tying off and trimming the excess. Next, flip the vise and wrap the Larva Lace forward forming a nice segmented body which allows the shimmer of the krystal flash below to shine through, going right up to behind the bead eyes where the body material can be tied off and trimmed and

the thread advanced to the front side of the bead eyes. At that point, select a tapered pinch of craft fur about twice the length of the hook and tie it in front of the bead eyes, forming a wing over the fly. On top of that, tie in four to six krystal flash strands to add just a little more sparkle to the pattern. Whip finish and epoxy the head for posterity and this little shrimp is ready for some big time action. Vary the colors to target what springtime crappies want. Feel free to substitute heavier barbell eyes for the weight to help it get down when fish are holding deeper and to cover more of the water column. In darker patterns, the Gotcha works on bluegills and carp and can be easily customized for various other species like white bass and smallies on the fly rod. Experiment with a variety of twists on the pattern including wing material and flash to find the perfect Gotcha to get 'em in any water!

## Have some interesting local news?

To submit news call 462-8126, email leadernews@westriv.com, or mail PO Box 340.



### Submitted Photos

If you submit a photo to the paper, please include a self-addressed stamped envelope for its return. Also please have a name & address on the back of the photo, so they can be returned in the proper envelope.

# THE CLASSIFIEDS

• **DEADLINE:** 9 a.m. Thursday.  
 • **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.  
 • **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are FREE one week only.  
 • **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.  
 • **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128 Email: leadernews@westriv.com • Website: bhgnews.com Mailing address: The Xtra, PO Box 340, Washburn, ND 58577  
 • **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## Announcements

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.  
1-E-TFN-NC 58540

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.

TURTLE LAKE WEIGH STATION annual meeting will be February 21 at 7 p.m. at Bev's Cafe.  
40-41-P-X 58577

IF YOU WOULD LIKE TO BE INCLUDED IN THE 2020 MCLEAN COUNTY PHONE BOOK AND DO NOT HAVE A LAND LINE, PLEASE CALL US WITH YOUR CELL PHONE NUMBER. YOU DON'T WANT TO MISS SOME IMPORTANT CALLS FROM FRIENDS AND ACQUAINTANCES. WE DO NOT SE4LL OUR LIST. PLEASE CALL OUR EMAIL YOUR LOCAL NEWSPAPER.  
40-4-P-X-NC 58577

## Notices

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday.  
1-E-TFN-NC 58577

## Livestock

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out Feb. 10 and Feb. 24. Have them there by 11 a.m. Call Darin, 701-315-0144.  
43-TFN-E-X 58577

## Misc. for Sale

FOR SALE: Two 560 gal gas & fuel tanks. 5, 20 ft. sections of HiQual continuous corral panels. Call 448.2498, Waldo Westrum. Turtle Lake, ND.  
40-41-PD-X 58577

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.  
1-E-TFN-NC 58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.  
35-P-TFN-NC 58577

## Farm Related

## SEED FOR SALE:

### Trucker Oats

Contact  
Weston Berg  
Hazen  
870-0956

## Farm Related

## SEED FOR SALE

### Yellow Peas

Agassiz Carver  
Inca Saffron

### Chickpeas

Orion

### HRSW

Barracuda Rebel  
Camaro Breakaway  
ND VitPro Cannon

### Durum

ND Grano

### Oats

CS Camden

### Soybeans

Legacy LS-0239N RR2X

Yield Powerhouse

ND17009GT

Keep your own seed

Custom conditioning,

treating, inoculating

NEW - double inoculate with liquid and peat SAVE BIG



FARMS & SEEDS

701-529-4421 Bob

651-792-5920 Chris

finkenfarmsandseeds.com

## Real Estate for Rent

2 BEDROOM HOME with attached garage or 2 bedroom mobile home, call or text for application and more info. 701.315.0034.  
36-4-TPDLNX 58540

2 BEDROOM APARTMENTS. Low income. All utilities included and cable, Washburn 701.471.3233.  
38-39-p-x 58577

FOR RENT: \$400 p/month plus utilities. Two Bedroom/1 Bath home with attached single garage and large back yard. Located at 211 3rd Street West in McClusky, ND. If interested, call 701-641-7785.  
38-3TPDLNX 58540

SPACIOUS 2 BEDROOM, attached 1 stall garage, washer/dryer hookups, quiet area. For viewing call 701-832-0223.  
36-CHTFNX 58540

## NOW RENTING

Heritage Heights Apartments  
1040 Custer Dr., Washburn

New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable.

701-527-4739 or Manager 701-220-8145

ALL REAL ESTATE advertising in this newspaper is subject to the Fair Housing Act that makes it illegal to advertise "any preference limitations of discrimination based on race, color, religion, sex, handicap, familial status or national origin or any intention to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal

## Help Wanted



# SECURITY OFFICERS

## Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (Bill@GSSC.net) for more information.  
EOE/AA/Disability/Veterans/M/F Employer  
Immediate full-time & part-time openings!

THE BOARD OF SHERIDAN COUNTY Commissioners will be accepting applications for a part time Park Manager at the Hoffer Lake Recreation Area. Pay range \$12.00 - \$15.00 per hr. Applications and a list of duties are available at the office of the Sheridan County Auditor, PO Box 439, McClusky, ND 58463. Applications must be returned to the Sheridan County Auditor's Office by 4:00 p.m. March 2, 2020. Applicant must pass a background check. Applications will be reviewed at the March 3rd County Park Board Meeting. Shirley A. Murray, Sheridan County Auditor.  
38-43-P-E 58463

## Help wanted

### Coaching Positions

Garrison Public School District is seeking applications

- **BOYS BASKETBALL - SPRING**  
*Elem. Head & Assistant*
- **TRACK COACH - SPRING**  
*Two Assistant Coaches*

Please stop by Garrison High School for an application. Applicant must include a resume and three references.

Contact Nick Klemish  
at 463-2818 for more information.

## HELP WANTED



## Turtle Lake Hospital

### Part-time Clinic Nurse Full-time Nurse Aide

Experience preferred but not required. Contact Brenda  
701-448-2331 ext 207.  
This institution is an equal opportunity provider and employer.



## HELP WANTED

Come Join Our Team!!

- **RN/LPN**

- **CNA**

Apply at [www.blcgarrison.com](http://www.blcgarrison.com) or call Jody Lawson at (701) 463-2226

## Help Wanted

### Cook

The Spillway Coffeehouse in Riverdale is looking for a full time cook.

Pay is DOE.

For inquiries please

call or email

701-460-6669

[spillwaycoffee@gmail.com](mailto:spillwaycoffee@gmail.com)



## Real Estate for Rent

custodians; pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

## HELP WANTED



OF GARRISON

### Night Time & Weekend Cashiers



All Shifts Available

Must be able to work weekends.  
Stop in for an application.

## Services

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.  
44-TFNALL 58540

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.  
34-9-E-PD 58577

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516.  
35-40-P-X-PD 58579

WE CLEAN and install all types of flooring including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, under appliances. We have dump trailer for debris removal. Low rates, cash/check/credit. Prairie Carpet Services, (701) 833.2884 or 448.2883.  
46-TFN-P-X-PD 58540

To place a classified ad call 462.8126 or fill out the form online at [bhgnews.com](http://bhgnews.com)

## HELP WANTED

Steve's Plumbing Service, LLC in Garrison, ND is looking for full-time Apprentice or a Licensed Journeyman plumber.

Competitive wages and benefits D.O.E. Call 701-460-7471 or email a resume to [szach@restel.net](mailto:szach@restel.net)



## Work Wanted

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.  
1-E-TFN-NC 58577

## Giveaway

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.  
15-TFNNCIX 58540

## Statewides

## HELP WANTED

THE NORTH DAKOTA NEWSPAPER ASSOCIATION is accepting applications for the position of EXECUTIVE DIRECTOR. Candidates must embrace challenges,

## Statewides

progress, teamwork and change. Newspaper/journalism background preferred. Responsibilities include overall association management, member contact and development, legislative/lobbying work, management of newspaper content sharing and advertising placement programs, personnel management for a staff of 5, and working with a board of directors/member committee structure. Competitive salary and benefits package. Application deadline is Jan. 31, 2020. Anticipated start date is May, 2020. Send letter, resume and salary requirements to: NDNA Search Committee, 1435 Interstate Loop, Bismarck, ND 58503-0567, or newsmonitor@wahpetondailynews.com.

TUTTLE FARMERS ELEVATOR is seeking applications for General Manager. Contact Tuttle Farmers Elevator: mail resume to Tuttle Farmers Elevator, PO Box 119, Tuttle, ND 58488.

MID-DAY COOK - Lake Region State College, Devils Lake Fulltime 10 or 12 month contract, full benefits. Hours are 11:00am – 7:00pm Monday-Friday, rotating weekends. Salary depending on experience. For more information see our website at lrsc.edu.

COMMERCIAL APPLICATORS. Competitive wage and benefits, meal allowance, paid lodging. Traveling position for railroad vegetation control, 60-80 hours/week. RAW (Cooperstown, ND). 888.700.0292 | www.rawapplicators.com | info@rawapplicators.com

FARMERS UNION OIL in Portland is looking for a full-time truck driver in the propane department. CDL required, hazmat and CETP training preferred. Full single benefits, paid vacation and 401k. Pick-up application at Portland station or call 701-788-3760.

LOOKING FOR THE most complete listing of ND Media? Get 2019 ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

### FINANCIAL SERVICES

OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief, 701-936-8487.

### EDUCATION /TRAINING

TRAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)

COMPUTER & IT TRAINING PROGRAM! Train at home to become a Computer & Help Desk Professional now! Call CTI for details! 701-929-9484 (M-F 8am-6pm ET).

### BUSINESSES FOR SALE

FOR SALE – WALHALLA

Mountaineer, weekly newspaper, located in historic 1898 building, Main Street Walhalla, 2 person operation. Est. 1896. Phone 1-701-549-2580, 1-701-549-2304 or 305-0207. Immediate possession.

### CONDOS FOR SALE

PRICE REDUCED: 1 bedroom condo on main floor. Located in Bismarck, close to downtown. Park nearby, security system, radiant heat, open concept w/fireplace. Garage included. 701-214-7868.

### REAL ESTATE FOR SALE

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701.371.8538. Kevin Pifer 701.238.5810. Free valuation.

### MISCELLANEOUS FOR SALE

ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all ND papers with NorthSCAN! \$160 /25 words / 89 papers. Contact your newspaper or NDNA, 701-223-6397.

### AUTOS WANTED

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

### HEALTH/MEDICAL

OPEN ENROLLMENT FOR HEALTH INSURANCE IS HERE! Now is the time to save for 2020. We have the best rates from top companies! Call Now! 701-404-5823.

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-701-404-5808.

ATTENTION: OXYGEN USERS! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

### CASH SETTLEMENTS

Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

### MISCELLANEOUS

WE MAKE IT easy to place an ad in one or all 89 North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

## 12 reasons to Advertise frequently

12. People forget!



11. Frequent advertising helps maintain higher revenue levels in the off season.

10. You can devote more time to each customer if your store traffic is spread out evenly throughout the week.



9. Advertising frequently=higher than average results.



8. Advertising is your smallest business expense, yet without it, your business could fail.

7. You should count the day as a loss if •Your store doesn't open •Your shelves aren't stocked •Your phone is disconnected •Your sales staff doesn't show up •Your ad didn't run!



6. Today's paper is easier to find than yesterday's.

5. Frequent advertising helps you beat your competition.



4. Today's ad may influence but . . . will it close the deal for a lukewarm prospect?



3. Frequency offers you the most affordable rates.

2. Frequent advertising reaches your customers regardless of reading habits.



and the #1 reason to advertise: People have new wants and needs every day.

For your advertising needs call your local BHG news office.

## Country Kitchen Recipes



## PERFECT CHEESECAKE

### Ingredients

#### Crust

1 3/4 c of Graham Cracker crumbs  
2 tbsp sugar  
pinch of salt  
4 tbsp plus 1 tsp unsalted butter

#### Filling

2 lbs cream cheese, room temperature

1 1/3 c sugar  
pinch of salt  
2 tsp vanilla extract  
4 large eggs  
2/3 c heavy whipping cream  
2/3 c sour cream  
**Sour Cream topping**  
2 c sour cream  
1/3 c powdered sugar  
1 tsp vanilla extract

### Directions

Process graham crackers, mix with sugar, salt, butter: pulse the graham crackers in a food processor or blender until finely ground. Put in a large bowl, and stir in the sugar and salt. Stir in the melted butter.

Preheat oven to 350 F, with rack in lower third of oven.

Press the graham cracker crumbs into the bottom of the springform pan: gently press down on the crumbs using your fingers until the crumbs are a nice even layer at the bottom of the pan, with maybe just a slight rise along the inside edges of the pan.

Bake the crust: Place the pan on a baking sheet and bake at 350 F for 10 minutes. Remove from the oven and let cool. While the crust is cooling, you can skip ahead and start on the filling. Wait until the crust has cooled to wrap the pan in foil in the next step.

Triple wrap pan in heavy duty foil: Prepare the springform pan so that no water leaks into it while cooking. Place a large 18 inch by 18 inch square of heavy duty aluminum foil on a flat surface.

Place the springform pan in the middle of the foil. Gently fold up the sides of the foil around the pan. Make sure to do this gently so that you don't create any holes in the foil. If there are any holes, water will get into the pan and ruin the crust.

Press the foil around the edges of the pan. Place a second-large square of foil underneath the pan, and repeat, gently folding up the sides of the foil around the pan and press the foil against the pan. To be triply safe, repeat with a third layer of foil. Gently crimp the top of the foil sheets around the top edges of the pan.

Beat cream cheese, then sugar: cut the cream cheese into chunks and place in the bowl of the electric mixer, with the paddle attachment. Mix on medium speed for 4 minutes until smooth, soft and creamy. Add the sugar, beat for another 4 minutes.

Add salt, vanilla, eggs, then sour cream: Add the salt and vanilla, beating after each addition. Add the eggs, one at a time. Add the sour cream, beat until incorporated. Add the heavy cream, beat until incorporated. Remember to scrape down the sides of the mixer bowl, and scrape up any thicker bits of cream cheese that have stuck to the bottom of the mixer that paddle attachment has failed to incorporate.

Prepare pan and boiling water: Place the foil-wrapped springform pan in a large, high-sided roasting pan. Prepare 2 quarts of boiling water.

Heat the oven to 325°F (160°C).

Pour filling into pan: Pour the cream cheese filling into the springform pan, over the graham cracker bottom layer. Smooth the top with a rubber spatula.

Place in oven: Place the roasting pan with the springform pan in it, in the oven, on the lower rack. Carefully pour the hot water into the roasting pan (without touching the hot oven), to create a water bath for the cheesecake, pouring until the water reaches halfway up the side of the springform pan, about 1 1/4 inches. (Alternatively you can add the water before putting the pan in the oven, whichever is easier for you.)

Bake at 325°F (160°C) for 1 1/2 hours.

Turn off the heat of the oven. Crack open the oven door 1-inch, and let the cake cool in the oven, as the oven cools, for another hour. This gentle cooling will help prevent the cheesecake surface from cracking.

Chill 4 hours: Cover the top of the cheesecake with foil, so that it doesn't actually touch the cheesecake. Chill in the refrigerator for a minimum of 4 hours, or overnight.

Not advertising  
is like winking at someone  
in the dark...  
only you know what you're doing.



TO GET SOMEONE'S ATTENTION CALL  
THE LEADER-NEWS  
462-8126

# STACK THE DECK



in your favor

with maternal cows that produce performance bulls  
and generate extra pounds come sale day!

Join us for our Annual Sale

## FRIDAY FEB. 21, 2020

Kist Livestock, Mandan, ND • 1 p.m.

### 140 Bulls

Red • Black • Simmental • SimAngus™

### 50 Bred Heifers



Lot 1

Sire: CDI PERSPECTIVE 238A • PB SM  
Reg #: 3646480 • 205 Wt: 784  
Non-diluted • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
11.3	0.3	75.1	105.8	4.3	28.4	65.9	133.8	75.7



Lot 30

Sire: IPU REDSKIN 105X • PB SM  
Reg #: 3646650 • 205 Wt: 888  
Non-diluted • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
6.9	3.6	85.7	127.9	3.8	30.4	73.2	130.1	76.3



Lot 98

Sire: BDV DOC HOLIDAY 170B • PB SM  
Reg #: 3647416 • 205 Wt: 773  
Homo Black • Double Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
3.9	5.1	90.8	139.7	2.7	17.7	63	117.4	75.8



Lot 74

Sire: HOOK'S BEACON 56B • PB SM  
Reg #: 3646477 • 205 Wt: 798  
Homo Black • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
10.6	0.9	86.1	126.7	8	23.2	66.2	150.7	86.5



Lot 68

Sire: KOCH BIG TIMBER 685D • PB SM  
Reg #: 3647323 • 205 Wt: 740  
Homo Black • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
11.6	0.6	79.2	119.4	8	24.2	63.8	148.3	82.9



Lot 119

Sire: VJT DRIFTWOOD E55 • 5/8 SM 3/8 AN  
Reg #: 3647494 • 205 Wt: 794  
Homo Black • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
8.7	1.6	77.3	122.4	6.2	27.8	66.3	133.4	77.2



Lot 13

Sire: KUNTZ SHERIFF 8A • PB SM  
Reg #: 3646462 • 205 Wt: 802  
Non-diluted • Homo Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
14.9	-1.8	74.4	114.1	9.7	27.1	64.3	134.7	74.5



Lot 6

Sire: CDI PERSPECTIVE 238A • PB SM  
Reg #: 3647347 • 205 Wt: 750  
Non-diluted • Double Polled

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
13.2	-1.1	72.5	102.2	7.3	27.7	63.9	135.6	75.1



Lot 142

Sire: KWA INTEGRITY 148C • PB SM  
Reg #: 3507100 • 205 Wt: 608  
Carrying a calf by CDI Perception 254E

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
9.4	1.9	63.5	96.6	5.4	28.1	59.8	117.4	64.1



Lot 135

Sire: TRAXS RUSHMORE X103 • PB SM  
Reg #: 3507188 • 205 Wt: 734  
Carrying a calf by CDI Perception 254E

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
12.8	-0.3	77.6	117.9	8.5	20	58.8	135.9	76.1



Lot 162

Sire: KOCH BIG TIMBER 685D • PB SM  
Reg #: 3503024 • 205 Wt: 598  
Carrying a calf by KRJ HZN Direct Impact F805

CE	BW	WW	YW	MCE	Milk	MWW	API	TI
11.6	-0.3	70.8	105.1	7.9	28.2	63.5	144.8	78.7

Kevin Hansen Family  
(701) 720-6551

Wade Staigle Family  
(701) 226-6464

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