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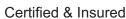
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Krause's updates safety procedures

BY DONNA SCHWARZ

BY DONNA

Krause's Market has implemented new safety protocols to continue to protect customers and staff from the spread of the COVID-19 virus.

Dallas Krause, owner of Krause's Markets, has been working closely with the National Grocers Association as well as monitoring new information being released by the CDC.

"We are updating our face mask policy. Face coverings were optional before, now they are mandatory," Krause said after reviewing the new data from the CDC.

This new policy was put in place Monday.

"Masks are not a substitute for social distancing. We have to social distance," Krause said.

All employees are asked to abide by the social distancing guidelines provided by the CDC.

In the updated procedures notice provided to employees it states, "Please limit the break room to two people at a time, sitting at opposite ends of the table."

Customers are also encouraged to follow social distancing practices when in the store

The stores had already implemented strict sanitizing of high traffic areas, including adding a new cleaning position to the staff.

Krause's has never run out of kart sanitizing wipes during the COVID-19 pandemic, something that Krause said he is very proud of.

"We personally paid to have kart wipes sent overnight from Minneapolis. Our stores have never ran out of wipes, even though the large chains did," Krause said.

The store has also installed sneeze guards at the cash registers.

Any employees having flu like symptoms or fever are not permitted at work.

Curb-side pick up has been made available. Customers are also able to call in orders for home deliveries.

PRAIRIE FARE



I'm Spillin' the Beans

BY JULIE GARDEN-ROBINSON FOOD AND NUTRITION SPECIALIST - NDSU

Beans can be added to soups, casseroles, salads, snacks and desserts.

"Do you need any rice?" I asked with a slightly muffled voice.

I was strolling with my son in a grocery store. Both of us were wearing cloth face masks.

"No, I'm good," he replied. "I have 50 pounds."

I think he said 50 pounds, anyway.

He laughed when he saw my wide eyes and raised eyebrows as I glanced in his direction.

"Well, I have a lot of rice," he responded.

"Do you need some beans to go with your rice?" I asked as we continued strolling down the dry goods aisle.

Rice and beans are complementary proteins, which means that this combination of foods contains all the essential amino acids (protein building blocks).

"I haven't tried dry beans from a bag, only canned beans," he noted.

I thought it would be a good experiment for him. However, I was surprised to see an empty shelf where all the dry beans typically were located.

We in nutrition have been encouraging people to eat more beans for years, and it took a pandemic to make it happen. I could say the same thing about handwashing advice.

"I have another idea," I said as I pushed the cart about 20 feet ahead of us to the Mexican food section. It was well stocked with pinto beans, black beans and other

types of beans. We picked up 2 pounds.

Then I did a minilesson on bean use right there in the store. My son seemed to be listening.

At least he was tolerating me because I bought the groceries.

Many people are looking for ways to stretch their food dollars. Beans are rich in a variety of essential nutrients such as protein, fiber, iron, folate, potassium, magnesium and zinc. Beans also contain important cancer-fighting antioxidants.

Beans can be added to soups, casseroles, salads, snacks and desserts.

According to published research, bean consumption may reduce the risk for heart disease and certain types of cancer, such as colon cancer. Additionally, a diet that includes beans is associated with lower body weight and better control of blood sugar among those with diabetes.

For those who have food allergies or follow special diets (such as vegetarian or gluten-free), beans are valuable because they provide nutrients, including fiber, protein, and many vitamins and minerals, that may be missing or low in specialized diets.

If you purchased or received a multifunction pressure cooker (such as an Instant Pot), you might want to try it to make bean recipes. Here are the steps to using dry beans:

Sort 1 pound (2 cups) of dry beans to remove any split beans or small stones that may be in the bag. Rinse. Use one of the following soaking methods. Use filtered water if your water is hard to help soften the beans during soaking. Consider adding some salt to the soaking water to form a brine solution.

To do the hot soak method: For every 2 cups of dry beans, add 10 cups of hot water in a stockpot. Boil for two to three minutes and allow to soak for up to four hours.

To do the quick soak method: For every 2 cups of dry beans, add 6 cups of water in a stockpot. Boil for two to three minutes and allow to soak for at least one hour.

To do the traditional soak: For each 2 cups of dry beans, add 10 cups of water and let soak overnight or for at least eight hours in the refrigerator.

Then drain the soak water, add fresh water and

cook the beans until tender, or use a multifunction pressure cooker (such as an Instant Pot or similar appliance) according to the accompanying instructions. Two cups of dry beans equals about 41/2 to 5 cups of cooked beans.

You can freeze the cooked beans for future use in recipesized amounts. Be sure to label the freezer container with the contents and date.

We can help with your food explorations and budget-stretching. I have two resources to highlight this week:

"Spillin' the Beans" is a recipe collection featuring a variety of beans. See https://tinyurl.com/SpillinBeans for details.

See "Pressure Cook Dry Beans to Save Money and Time" to learn more about recipes to make in a pressure cooker, including Classic Chili and Red Beans and Sausage. See https://tinyurl.com/PressureCookBeans for details.

Here's a recipe you can make in a multifunction pressure cooker or you can prepare this recipe by simmering on your stove and then mashing.

Refried Beans

16 oz. pinto beans, dry

1 1/2 c. onion, diced

7 c. low-sodium vegetable broth

6 oz. can green chilies, undrained

1 1/2 tsp. seasoned salt

2 Tbsp. apple cider vinegar

1 tsp. Tabasco sauce (or adjust to taste)

Place all ingredients in a pressure cooker and stir until combined. Close the lid and set to high pressure for 60 minutes. Allow pressure to release naturally for 15 minutes, then release the remaining pressure. Remove lid and turn off cooker. Stir mixture and then drain, reserving some liquid for blending. Mash beans, adding liquid as needed to reach desired consistency. Serve immediately.

Makes 16 (1/2-cup) servings. Each serving has 220 calories, 0 grams (g) fat, 12 g protein, 40 g carbohydrate, 5 g fiber and 860 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)

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CALENDAR

Monday, May 11

Mercer Senior Citizens meeting Mercer city hall at 2 p.m. Turtle Lake City Commission meeting, 7:30 p.m. Washburn City Commission meeting 6:30 p.m. at city hall. McClusky City Meeting 7 p.m. at city hall. Social distancing. Goodrich Fire Department will meet at 7 p.m.

Tuesday, May 12

The Lawrence Stephenson Post 133 of the American Legion, Turtle Lake, will hold their meeting at 7 p.m. There will be no meal prior to the meeting. This will be the last meeting before the summer break until September.

The Washburn American Legion Post 12 will meet. Social is at 6:30 p.m. with meeting at 7.

No Auxiliary meeting.

McClusky School Board will meet at 7:30 p.m.

Goodrich School Board will be meeting on Zoom and will be posted on the website.

Wednesday, May 13

Turtle Lake Chamber of Progress meeting at noon at Bev's

Garrison City Landfill open, 1 p.m.- 5 p.m.

Thursday, May 14

The Lord's Pantry is open from 2 to 4 p.m. at Trinity Lutheran Church, 515 Kundert St., Turtle Lake.

Sheridan County Senior Citizen Potluck is canceled until further notice.

Friday, May 15

Garrison City Landfill open, 1 p.m.- 5 p.m.

Garrison Arbor Day tree planting, Garrison City Park near Legion Building, 12 p.m.

Saturday, May 16

Garrison City Landfill open, 8 a.m.- 12 p.m. and 1 p.m.- 5 p.m.

The WRT Board of Directors has opted to postpone the 68th annual membership meeting, originally scheduled for June 5 at the Hazen Elementary and High Schools. A new date has not been set. WRT cashback checks are still being mailed out this year. Members can expect to receive these checks at the end of May and beginning of June.

There is a food pantry located on the outside of the Mercer Baptist Church open 24 hours a day. Access to anyone.

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event:		
Date:	Time:	
Location:		
Contact:		

MEALS ON WHEELS

MAY 11: Beef stroganoff over buttered egg noodles, mixed vegetables, lemon fruit salad.

MAY 12: Roast turkey, stuffing, whipped potato with gravy, mixed vegetable, pumpkin crunch with topping.

MAY 13: Salmon patty on bun, baked potato with margarine, creamed peas, fruit cocktail.

MAY 14: Breaded pork chop, augratin potato, glazed car-

MAY 15: Oven baked chicken, whipped potato with margarine, green beans, Mandarin oranges, cake with frosting.

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to place your ad in the Business & Professional Directory. You can advertise your business in the Business & Professional Directory for only \$5.00 an inch per week.

GARDENING TIPS

Protecting your tulip

BY BEV JOHNSON M.G.

University of Minnesota Extension

If they aren't up yet, your spring bulbs will soon be popping up and starting to bloom. Or as the rabbit and deer call it, "time for lunch". The emerging crocus flowers, fat tulip buds and just emerging asters are top choice lunchables to these stinkers. So, what can you do to keep your flower beds from looking like a just mowed field? Conditioning not your hair, but of the animal visitors to your yard. You need to convince these critters that your flowers taste and smell terrible and not worthy of their culinary attention as soon as you see sprouts popping through the ground, or even through the snow. The time to start is now. The sooner you can convince these visitors that your plants taste and smell bad the better. You don't want them to even get one nibble because if they do, they are liable to keep trying thinking that this time the tulip will taste better than that that last icky one did. No animal will touch daffodils as all parts of the plant are poisonous. They are not only beautiful they come in every shade of yellow, shades of pink, white and orange and many shapes from flat faced to full as any rose bloom. Hint, hint!!

Apply a variety of deer and rabbit repellent as soon as you see a bit of green showing as after every rain or hot day. Milorganite works very well for this. It is an inexpensive 5-2-0 bio-solids fertilizer



produced by the Milwaukee Metropolitan Sewage District. Yup, it is dry sewage that your gardens. Because deer get used to any repellent, change your ammunition about every 2 weeks. Several other good repellents are Plantskyd, Hinder, Deer-Out, Liquid Fence or your own concoction.

Carolyn Harstad a Master Gardener from the cities area, uses this one. 1 to 3 eggs, 2 tablespoons of hot sauce,1 teaspoon dish soap, S cup milk and 2 cloves of minced garlic. Blend well then add enough water to make a gallon. Let this stew in the hot sun for a few days till it is really smelly. Strained, it can be sprayed on foliage or just pour it around the plant you want to protect. You may have to shut all the windows

days as it really does stink.

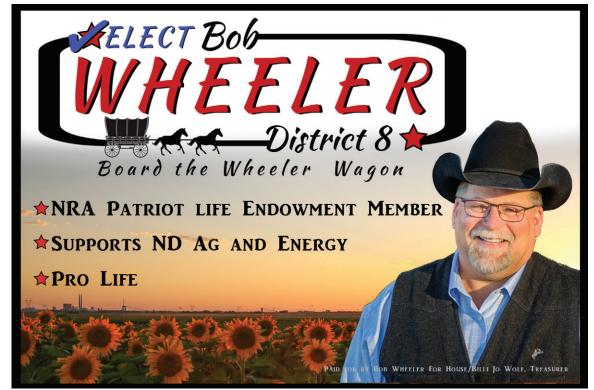
One way to keep deer away from your garden is with that is stinky but safe to use on invisible fishing line. Get the strongest you can find. Now string it about the height of a deer's chest around your garden. Electric fence posts work really well to hold the line and are easy to push into the soil and later remove. The deer feed at dusk and dawn. They don't see the line. When they bump into it, they are startled and shy away. If you are fighting raccoons, string electric fence about 18 inches from the ground. Bend throwaway aluminum pie plates in half and hang them from the fence. Smear them with peanut butter. A wet nose connecting to one of those "hot" plates will send Rocky looking for an easier and less painful meal. Flowers are yours to enjoy, and avoid that area for a few not the local wildlife.



YOUR business. We encourage you to vote "YES" on the publication of city government proceedings at the annual city election.



This message paid for by this newspaper



COVID-19 closes DQ 911 address update on hold

Garrison drive-thru open again

BY DONNA SCHWARZ

When bars and restaurants opened to in-house customers, Dairy Queen closed its doors.

Dairy Queen owner David Jeffrey had his first experience with the COVID-19 virus on Friday May 1.

After receiving a phone call from a parent of an employee at DQ, Jeffrey said, "I made the decision to close as soon as I was told that someone in our restaurant had came into contact with a positive CO-VID-19 case. Until I got some more direction from the Department of Health and Dairy Queen Corporate, I wanted to make sure that I was doing the right thing. Being over cautious, that's why I closed."

With 15 total employees at DQ, Jeffrey said that they are reviewing the scheduling to see who was in contact with the individual.

For staff safety Jeffrey said, "We alerted the entire staff. Letting them know so that they could talk to their families. We wanted to cover everything, as far as who knew and who may have been in contact.'

Jeffrey added, "The staff are not laid off. They will receive their wages for however long we were closed. They will be paid for whatever hours they were entitled to."

After speaking with the Department of Health Friday afternoon he said, "They informed me that it was low risk, in regards to the other personnel within the store. Family members of those personnel were more or less at risk."

At this time, the Department of Health is only providing COVID-19 testing to those who are experiencing symptoms.

Jeffrey reopened the DQ drive-thru on Tuesday. He said that the lobby will closed for dine-in business, be will be open for to-go orders and

"We are doing a deep cleaning on all of the equipment, any surfaces that people may come in contact with at the store -- the frequently touched surfaces, not only by the crew members but the customers as well," Jeffery said. "DQ already had strict safety precautions in place. All staff are required to wear gloves and masks in store, along with sanitizing in between customers.'

Jeffery said he wants to make sure customers feel safe at his restaurant.

"The public needs to know that we are going to continue to keep our crew safe and we are doing our best to keep them safe. We are going to ramp up our safety measures. We are going to be taking temperatures on each of our employees that come to work. each and every day. If anyone should have any symptoms in regards to the COVID-19, they

Reminder **Classified Deadline** Thursday • 9 a.m.



Dairy Queen closed its doors over the weekend during the COVID-19 crisis.

will get tested. If they need time off in order to quarantine until that test result comes back, that of course will be with pay," Jeffery said.

Jeffrey also owns the Garrison Motel and the North Shore Inn & Suites. The motels were not affected by the COVID-19 case at DQ.

"We were only allowing essential personnel to stay at the facilities before the state reopened on Friday. We have made the decision at the motels, that if it is an out of state individual that is here for essential, or for family members, we may make an exception. But if it just a common traveler that is from out of state, we are still going to turn their business away. In my personal opinion, I would really like to see the number of recovery cases go beyond the positive cases in the state before I feel comfortable making any changes. I hope that the community sees that we are a clean restaurant as well as a safe restaurant and that they can come back and visit us,' Jeffery said.

BY ALYSSA MEIER

BHG NEWS

Final implementation of the new 911 address system won't happen for at least another six months in McLean County, as officials wait out government building closures.

Chief deputy and E-911 coordinator Richard Johnson told McLean County Commissioners Tuesday morning that address updating had been completed but that changes to the database wouldn't take place until at least November.

"We had talked about trying to do it before the June election but they've closed licensing

and stuff so people would have a hard time getting their license changed," Johnson told commissioners.

The plan to have things ready before June primaries was nixed, and Johnson said he'd expect to put off the update until the November election for the same reason.

The address changes, which are mandatory according to state guidelines requiring the Burkle System to be followed in all North Dakota, aim to help emergency responders easily locate rural homes. McLean County is one of the last counties in the state to adopt the system.

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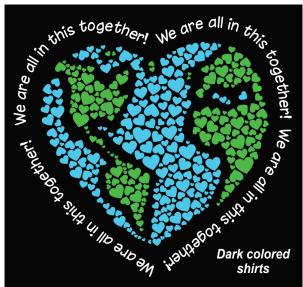
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- DELIVERY PROBLEMS: If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

ANNOUNCEMENTS

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1-E-TFN-NC

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W, Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.

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Come Join Our Team!!

RN/LPN

• CNA Apply at www.blcgarrison.com or call Jody Lawson at (701) 463-2226 "EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

CHI St. Alexius Health

Turtle Lake Hospital

Part-time Clinic Nurse Full-time Nurse Aide

Experience preferred but not required. Contact Brenda 701-448-2331 ext 207.

This institution is an equal opportunity provider and employer.

HELP WANTED

- HS Track Coach
- FACS/Home Ec-HS
- Bus Driver w/CDL

\$25 per hour w/benfits

Contact: Wayne Fox Superintendent 743-4350 ext. 2205



White Shield School

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Full-time

CNA/Nurse Aide

Part-Time

Dietary Aide Activities Aide •RN/LPN

CNA/Nurse Aide

For more information call 701-463-6503. Apply online at CHIStAlexiusHealth.org

CHI St. Alexius Health

Garrison Hospital The institution is an equal opportunity provider and employe



We publish something for everyone, and some people are always looking for misteakes!!!

HELP WANTED



OF GARRISON

Night Time & **Weekend Cashiers**

Must be able to work weekends. Stop in for an application.

Coaching Positions Available at GHS

We are currently seeking applicants for all levels in the following areas with a total of 23 openings! Head coaching starts @ \$5,500 for tier I activities with sub-varsity coaches receiving a percentage. Contact Dr. Klemisch or Mr. Ermer at Garrison High School 463-2818

for more information. JV- 70%, JH 60%, EL 50% Fall Activities: Football • Volleyball • Cross Country • 1-Act • Elem GBB **Winter Activities:** JH/HS GBB • JH BBB **Spring Activities:** JH/HS Track • Baseball •

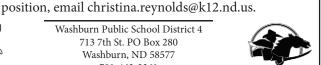
Softball • Elem BBB • Elem VB

Washburn Elementary School is seeking a Math Corps tutor for the 2020-2021 school year. The tutor would provide math interventions to small groups of students in 4th-6th grade every school day for 4 hours each day. The position is considered a paid volunteer position and the individual would be paid an \$820 living allowance each month. Training and support is provided through the Math



Washburn Public School District 4 713 7th St. PO Box 280 Washburn, ND 58577 701-462-326

Corps program. For more information or if interested in the





SECURITY OFFICERS

Washburn & Center, ND

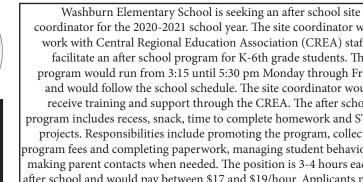
Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

WASHBURN SCHOOL EMPLOYMENT OPPORTUNTIES

CLASSROOM PARAPROFESSIONAL

Duties may include working with K-12 students in the regular classroom or in a special education setting, recess and/or lunchroom supervision, tutoring, study hall, and assisting teachers with lesson preparation. Complete job descriptions are available upon request. Hourly wage ranges from \$13.00 to \$17.50 depending on experience. A prorated health insurance benefit, annual leave, and sick leave are

Submit a letter of application and a Washburn School "Classified Staff" application form to Brad Rinas; Washburn Public School; PO Box 280; Washburn, ND 58577, or email to brad.rinas@ k12.nd.us. Application form is available in the high school office or on the school website at https://sites.google.com/site/washburnk12/. To inquire further, call 701-462-3221. The Washburn Public School District is an equal opportunity employer and subject to veterans' preference laws. Deadline for application: Friday, May 15.



dinator for the 2020-2021 school year. The site coordinator work with Central Regional Education Association (CREA) staff to facilitate an after school program for K-6th grade students. The program would run from 3:15 until 5:30 pm Monday through Friday and would follow the school schedule. The site coordinator would receive training and support through the CREA. The after school program includes recess, snack, time to complete homework and STEAM projects. Responsibilities include promoting the program, collecting program fees and completing paperwork, managing student behaviors, and making parent contacts when needed. The position is 3-4 hours each day after school and would pay between \$17 and \$19/hour. Applicants must be 18 years old and have experience working with children. For more information or if interested in the position, email christina.reynolds@k12.nd.us.



Washburn Public School District 4 713 7th St. PO Box 280 Washburn, ND 58577 701-462-3261





Catch the Great Bargains in the Classifieds!

Xtra | 05.11.20 | **7** leadernews@westriv.com

HELP WANTED

Duties within this position include general knowledge in framing, roofing and siding installation. The right individual needs to be reliable, motivated and HAVE A VALID DRIVER'S LICENSE. Wages depend on experi-

ence. For more information and to complete an application, contact Darren Lester at 701-460-0001.



NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

1-E-TFN-NC

SERVICES

LICENSED CONTRACTOR ready to move or relocate your trees or shrubs! For a free estimate call Steve @ Huey's Tree Moving 701-460-7000.

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.

44-TFNALL

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

WE CLEAN and install all types of flooring including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, under appliances. We have dump trailer for debris removal. Low rates, cash/check/credit. Prairie Carpet Services, (701) 833.2884 or 448.2883. 46-TFN-P-X-PD

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516. 35-TFN-P-X-PD

REAL ESTATE FOR SALE

For Sale: Two bedroom home with single attached garage on 3 lots. Located at 21 3rd Street West in McClusky, N.D. Included stove, refrigerator, washer and dryer. Sale price \$25,000. For more information contact 701-641-7785.

REAL ESTATE FOR RENT

Park View Manor has a 1 Bedroom Apartment for rent. Low income. Handicap accessible. All utilities and cable included. Washburn 701-471-3233

NOW RENTING

Heritage Heights Apartments

1040 Custer Dr., Washburn New management, remodeled rooms, lower rates

1 or 2 bdrm. apts. All utilities paid including cable 701-527-4739 or Manager 701-220-8145



STATEWIDES

HELP WANTED

THE DUNN COUNTY FAIR ASSOCIA-TION is seeking a director for the High Plains Community Center in Killdeer, ND. Resume/References to: Lynell Sandvick, 10460 10th St. NW, Killdeer, ND 58640. Application deadline: 5/30/20. Complete information available at www.highplainscommunitycen-

CITY OF LAMOURE, ND: Police Officer wanted. Retirement & health insurance. ND peace officer certification necessary. Resume: Auditor, Box 215, LaMoure, ND 58458, 701-883-5957. POSITION OPEN UNTIL FILLED.

\$5,000 SIGN ON BONUS. NAPO-LEON CARE CENTER hiring 2 FT nurses, RN preferred. 12 hour shifts, flexible scheduling, competitive wages and benefit package. Contact Melissa Glatt RN. DON. 701-754-2381. NCC is an equal opportunity employer.

NORTHWEST AREA SCHOOLS in Isabel, South Dakota, is seeking a Hospitality and Tourism (Culinary Arts/ Restaurant Management) Instructor. Successful applicant must have a degree or certification in at least one of the following: Hospitality & Tourism Cluster Endorsement, Restaurant & Food Service Management Pathway Endorsement, FACS Endorsement, FACS Education, Culinary Arts & Restaurant Management and/or work-related experience in the Hospitality and Tourism field. South Dakota licensure is required. NWAS offers competitive salary, benefits, transportation and SD Retirement. Position is open until filled. Contact Quinn Lenk, Director, at 605-466-2206, or email quinn.lenk@ k12.sd.us

ANYONE CAN BUN STATEWIDE with HELP WANTED ads in all the newspapers of N.D. with the NorthS-CAN program! \$160 /25 words / all ND papers, NDNA, 701-223-6397.

FINANCIAL SERVICES

OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief, 701-936-8487.

EDUCATION /TRAINING

RAIN AT HOME TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-

COMPUTER & IT TRAINING PRO-GRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Now offering a \$10,000 scholarship qualified applicants. Call CTI for details! 701-929-9679 (M-F 8am-6pm ET)

REAL ESTATE FOR SALE

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538, Kevin Pifer 701.238.5810. Free valuation.

BUILDINGS FOR SALE

LARGE REPAIR SHOP for sale with equipment in Carrington, N.D., on Main Street, 17,000 sq. ft. building, large lot. Call for information: 701-652-

MISCELLANEOUS FOR SALE

LOOKING FOR THE most complete listing of ND Media? Get the ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

AUTOS WANTED

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

HEALTH/MEDICAL

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 877-736-5537.

ATTENTION: OXYGEN USERS! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

CASH SETTLEMENTS

Recently diagnosed with LUNG CAN-CER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

ANNOUNCEMENTS

ATTENTION: AUTO INJURY VICTIMS. If you have suffered a serious injury in an auto accident, call us! Our attorneys have the experience to get you the full compensation you deserve! Call Now: 855-543-9071.

MISCELLANEOUS

WE MAKE IT easy to place an ad in one or all the North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.



Sniff Out a Great Deal in the Classifieds

Shoppers with a nose for bargains head straight for the Classifieds. In the Classifieds, you can track down deals on everything from cars to canine companions. It's easy to place an ad or find the items you want, and it's used by hundreds of area shoppers every day.



BLUEBERRIES AND CREAM ANGEL DESSERT

Ingredients Blueberry Filling:

12 ounces fresh or frozen blueberries

2 tablespoons granulated sugar

2 tablespoons cornstarch

1/4 cup cold water

Squeeze of fresh lemon juice (about 1/2 to 1 tablespoon)

Cake and Cream:

1 angel food cake cut into 1-inch cubes (see note)

16 ounces light or regular cream cheese, softened to room temperature

2/3 cup half-and-half or evaporated milk 2/3 cup granulated sugar

Whipped Cream:

1 1/2 cups heavy cream

3 tablespoons powdered sugar

Directions

For the blueberry filling, in a medium saucepan, combine the blueberries, sugar, cornstarch, water and lemon juice. Bring the mixture to a simmer and cook until thickened, 5-7 minutes, stirring often. Remove from the heat and let cool to room temperature.

For the cake and cream layer, in a blender or with an electric mixer (handheld or stand mixer), whip together the cream cheese, half-and-half or evaporated milk, and sugar until smooth and creamy, 2-3 minutes.

Transfer the mixture to a bowl if you used a blender. Fold in the angel food cake cubes. Keep in mind (from the note below) that you may not use all the cake cubes, depending on the size of the cake. Add cake cubes until they are all thickly coated with a layer of

For the whipped cream, beat together the heavy cream and powdered sugar until soft peaks form.

To assemble, in a trifle dish, a large glass bowl or a 9X13-inch (or slightly smaller) dish, spread half of the angel food cake mixture. Top with half of the blueberries, dolloping across the top, and then spread half of the sweetened whipped cream on top. Repeat the layers. The layers don't have to be perfect. It's going to be a little haphazard and messy. Don't stress.

Cover and refrigerate at least 2 hours or up to 24

HEALTHY NUT BUTTER FRUIT DIP

Ingredients

1 1/2 cups plain Greek yogurt

1/2 cup creamy peanut butter or almond butter 2 tablespoons honey, maple syrup, or agave nectar

Directions

Whisk all the ingredients together in a medium bowl until smooth. Serve alongside cut fruit for dipping.

Catch the Great Bargains in the Classifieds!

phone 462-8126 • fax 462-8128 • email leadernews@westriv.com

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Thank You for Contributing to The Fiebelkorn Family Benefit

American Bank Center, PO Box 560, McClusky, ND 58463
On January 8th, 2020, the Quenten and Katarina Fiebelkorn
Family had a tragic house fire. In that fire they lost their 4 year old son, Gaige. Our Hearts are broken and life will never be the same.
Quenten has been at the Region's Hospital Burn Center in St. Paul, MN since that day and we are hoping he will be released by the first part of June. He has undergone many surgeries and will have to completely rebuild his life. Thank you for the outpouring of support in Prayer, Helping Hands and Donations. Our Community and surrounding area have been amazing!
Katarina and their daughter, Paisley (age 3) were released after 2 weeks in the Burn Center and are doing fine.





In Loving Memory of Gaige Matthew Fiebelkorn

You will Forever be Loved and Missed! Love Mom and Dad, Grandma and Grandpa



HAY AUCTION

The Garrison Diversion Conservancy District will be offering approximately 1,676.8 acres of hayland on the McClusky Canal to the highest bidder by a written bid sent to: Garrison Division Conservancy District, Attn: Mc Hay Bid, 210 Hwy 200 NE, McClusky, ND 58463.

Bids must be received by June 8, 2020 and will be opened on June 9. The highest bidder will be notified and payment must be received by June 22. Bids are on a per site basis. Thirty individual fields will be bid and hayed separately. Actual figures are subject to change before the bid date. No haying will be permitted before July 15 or after August 15 and the bales must be removed by October 15.

Interested bidders may request maps of fields from the McClusky Field Office or the Garrison Diversion website: **www.garrisondiversion.org/news**. Questions may be directed to Sue at the McClusky Field Office at 363-2950.

THE HYMNUS TREE







- •Small Artisan Boutique
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- •Creative Lab
- •Art Parties

Open Mondays and Tuesdays 1-7pm 216 Lincoln Ave Underwood 701-712-8060

Thanks for all the support we received during Jerome's surgery and now recovery. We can't express enough how much all the phone calls, texts and genuine concern from so many has meant to all of us. It's times like these we come to appreciate living in small town North Dakota! Thanks again for all your support throughout this difficult journey!

Jerome & Linda Huelsman Family





Credit Cards Accepted



Your school district's business is YOUR business.

We encourage you to vote "YES" on the publication of school board proceedings at the annual school election.



Vote YES. Be Informed.

This message paid for by this newspaper.



State Representative JEFF DELZER

Working for District 8!

RE-ELECT REP. JEFF DELZER!

I promise nobody will work harder for the interests of District 8 than I will!

Vote for Representative

Jeff Delzer

Proven, Effective Leadership!

✓ EXPERIENCED

✓ DEDICATED

✓ COMMITTED

✓ EFFECTIVE

Paid for by Jeff Delzer for House