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Deliver By Monday Vol. 36, No. 6 Monday, June 15, 2020

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PRAIRIE FARE



Try These 7 Questions About Sun Safety

BY JULIE GARDEN-ROBINSON FOOD AND NUTRITION SPECIALIST - NDSU

Using a hat and sunscreen are a couple of ways to help prevent damage to our skin and, potentially, skin cancer.

"Am I going to need sunglasses?" my husband asked me.

That was an unusual question.

Then I noticed he had a smirk on his face.

I was doing yardwork and feeling a bit warm in the summer sun. I had announced I was going inside our house to change into shorts. After a long, cold winter, I guess the reflection of light on my pale skin might hurt his sensitive

My husband is among the people who regularly inspire my column topics, which he did again this week. Most of the time I am giving him a bad time. He gets a turn this week.

He handed me my brimmed hat. I noted three bottles of sunscreen on the step. Using a hat and sunscreen are a couple of ways to help prevent damage to our skin and, potentially, skin cancer.

On the other hand, a little exposure to sunlight does promote the creation of vitamin D in our skin. Being exposed to sun as little as 10 to 30 minutes a few times a week provides us with adequate vitamin D,

which has numerous health benefits.

Skin cancer is the most common of all cancers. Try these questions to see what you know about skin cancer:

- 1: Name at least three characteristics of spots (such as size, color, etc.) on your skin that should be noted to a health-care professional.
- 2: Which of these types of cancer is the most serious?
 - a: Melanoma
 - b: Basal cell carcinoma c: Squamous cell
- carcinoma
- d: Merkel cell carcinoma 3: True or False: Using a tanning bed is linked with
- skin cancer. 4: What is the name of the measure of the amount of UV radiation required to produce a sunburn on protected skin?
- 5: How much sunscreen should you apply?
 - a: 1 ounce
 - b: 2 ounces
 - c: 3 ounces
- 6: During which time period should you seek shade?
 - a: 8 a.m to noon
 - b: 10 a.m. to 4 p.m.
 - c: Noon to 5 p.m.
- 7: We should wear sunglasses that protect from UV (ultraviolet)-A and UV-B rays. Which two type of eye diseases are linked with damaging sun rays?

Answers.

- 1: Be sure to report to a health-care professional any spots on your skin that a) have changed in color, size or texture, b) are bigger than 1/4 inch (the diameter of a pencil eraser), c) appeared after age 21, d) appear pearly, translucent, tan, brown, black or multicolored, or e) itch, hurt, crust over or scab, erode, bleed or haven't healed within three weeks.
- 2: a: Melanoma is the most dangerous type of skin cancer. It is curable if caught early.
- 3: True. Tanning beds are cited by the Food and Drug Administration as a known carcinogen.
- 4: Sun protection factor, or SPF. A higher number means that more protection is provided. Remember that exposure to sun through vehicle windows or through clothing can result in sunburns, which increase your risk for skin cancer.

Many organizations recommend an SPF of 30 or

higher, especially if you enjoy being outside gardening, golfing or enjoying other outdoor activities. If you use an SPF 30 product, your skin would take 30 times longer to burn, compared with using no sunscreen. According to the Skin Cancer Foundation, an SPF of 15 is fine for occasional sun exposure such as driving to work or walking a dog.

5: a: Apply at least 1 ounce of sunscreen. If you need a visual: That's about the amount that fits in a typical shot glass. Be sure to reapply sunscreen, especially if you swim or are perspiring on a warm day.

6: b: The sun is most damaging between the hours of 10 a.m. and 4 p.m.

7: Macular degeneration and cataracts are linked to unprotected exposure to

sunlight. As we enjoy our warmer weather, don't forget your sunscreen, and check for an expiration date. Wear a broad-

brimmed hat and high-quality sunglasses. June is Dairy Month. Try a smoothie with dairy and fruit. Here's a recipe and nutrition analysis from the National Dairy Council, which was created by Chicago-based chef

Rick Tramonto. Slip on some

sunglasses, put on sunscreen, find some shade and enjoy this recipe.

Apple Yogurt Smoothie

- 2 c. low-fat vanilla yogurt
- 1 Granny Smith apple
- 1/2 c. orange juice 1/2 c. ice
- 2 Tbsp. honey

Core, peel and dice the apple. Mix all ingredients in a blender or food processor until smooth and pour into tall glasses. Garnish with sliced almonds, fruit, julienne mint and 1/2 teaspoon of honey, if desired.

Makes two servings. Each serving has 330 calories, 3 grams (g) fat, 13 g protein, 56 g carbohydrate, 3 g fiber and 160 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)

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Alvin & Evie Schwarz

Saturday, June 27, 2020·10:30 AM

4117 Bay Ave, Garrison, ND · South of Garrison



Legal descriptions for the properties:

Property with House: 4117 BAY AVE; Lot: 4; Blk: 1 Addition: GARRISON BAY ESTATES

Lot Next to House:

Lot: 5 Blk: 1 Addition: GARRISON BAY ESTATES

City Lot in Garrison: Lot: 3-4 Blk: 1

Addition: BAKERS ADDITION

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Vehicles/Trucks/Trailers/Misc.:

2002 Chevy 1500 Pickup 1998 Cadillac DeVille, 4 door, approx. 72,000 miles, leather seats 1982 Chevrolet C20 truck 1985 GMC S15 High Sierra Pickup

1929 Plymouth 4 door/suicide doors

1930 Plymouth w/rumble seat 1984 Chevy Silverado 10 pickup w/topper,

6.2 L diesel 1982 Scottsdale 20 pickup, 6.2 L diesel 1966 Chevy 60 Grain truck, 1-1/2 ton

1964 Dodge Grain truck 18 ft - 2001 ABU Trailers Inc flatbed trailer Pickup box trailer

Overhead A-frame with dual 3-ton chain

Misc. new tires and rims Battery charger Floor jacks

Tractors:

Ferguson tractor w/loader L2250 Kubota tractor L4310 Kubota tractor 1070 Case tractor 2590 Case tractor

1845C Case Skid loader w/bucket and Haugen grab fork/bucket attachment Tractor tires - sizes 13.6-38, 18.4 R 42,

20.8-42 Lots of misc. parts for tractors, various tractor weights

Many Tractor Repair manuals Misc. metal implement seats Assortment of Specialty Tools to repair trac-

Restoration Tractors:

International Model FC tractor International Model FBH narrow front tractor Case VAC tractor Minneapolis Moline Model E tractor

Case Model L tractor International Model W30 tractor Case Model WD6 tractor McCormick Farmall H tractor

Lawn/Garden:

12" disc

Cub Cadet Series 3000 riding lawn tractor Pull behind lawn and garden sprayers 42" Kubota tiller

Cub Cadet Snowblower attachment International Cub Cadet 70 riding lawn tractor

Garden utility trailer 30" Cub Cadet tiller Several Cub Cadet mower decks Cub Cadet PR521 push mower w/bagger Kubota 3571 mower

Wood and Wood Working tTools:

74" Pull behind Allis Chalmers mower

Lawn mower/ATV aluminum ramps

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DeWalt wood planer Jet band saw

Delta bench orbital sander

Campbell-Hausfeld paint spraying system Graco spray station 3900 (backpack)

New 1" oak boards

Craftsman Professional Table saw 10 inch Bench grinder

Sioux valve grinder

6" tongue and groove treated lumber Misc. 2" lumber Sheets of OSB

Misc. Tools:

Corner clamps, pipe clamps Hydraulic hoses

Roller chain spools

Misc. nuts, bolts and other hardware

Bolt bins

Many misc. toolboxes Various oils and lubricants

Other Misc.:

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Case 1690 1/32

Case 2290 1/32

Case 2594 1/16

Case 4890 1/32

Case 970 Yellow&Black 1/16 Case IH 5130 Maxxum 1/16

Case IH 7240 "94" Farm Show 1/16

Case IH Forage Harvestor 1/16

Farmall H 1/16 Farmall Super MTA 1/16

Allis Chalmers D21 1/16

Pewter-Farmall 450

Case 1370

McCormick WD9 International 460

Case W30 Case Thresher

"The listing of toys is a VERY small sampling, hundreds of toys will be

on the auction! Watch our facebook for updated lists up to sale day! "Very general and partial listing! Follow my Facebook pages (Daryl Lies or











"Statements day of sale take precedence over printed material" Not responsible for accidents. No items removed until paid for.

DJ Auction Service) for continued updates and additional pictures!

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Auctioneer Daryl Lies, Lic. #531; Douglas, ND - 529-4463, Clerk DJ Auction Service, ND Lic. 416

Xtra | 06.15.20 | **5**

CALENDAR

Monday, June 15

Turtle Lake-Mercer School Board meeting at 7 p.m. McClusky Municipal Court 7 p.m. meets at city hall.

Tuesday, June 16

McLean County Commission meeting at 8:30 a.m. in Washburn.

McClusky Park Board meets at 7 p.m. at city hall.

Wednesday, June 17

Wilton City Commission meeting at 7 p.m. Garrison City Landfill open, 1 p.m.- 5 p.m.

Thursday, June 18

The Washburn Rural Fire Protection District will be holding its annual meeting at 8 p.m. in the City Hall conference room.

Mercer City meeting 7 p.m. **Alcoholics Anonymous**, SACA Lodge, 8 p.m.

Friday, June 19

Early Bird Scramble, Garrison Golf Course, 9 a.m. registration, 10 a.m. start

Garrison City Landfill open, 1 p.m.- 5 p.m.

Saturday, June 20

Garrison City Landfill open, 8 a.m.- 12 p.m. and 1 p.m.- 5 p.m.

Sunday, June 21

All Staff Alumni Sunday, Camp of the Cross, worship 10 a.m., community picnic to follow

Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event:	
Date:	Time:
Location:	
Contact:	

MEALS ON WHEELS

JUNE 15: Sausage with sauerkraut, green beans, whipped potato with margarine, cherry crisp with topping.

JUNE 16: BBQ chicken, baked potato with margarine, mixed vegetable, cherries.

JUNE 17: Creamed turkey over baking powder biscuit, peas, macaroni salad, fruit cup.

JUNE 18: Pepper onion steak, whipped potato with gravy, mixed vegetables, orange/pineapple cup.

JUNE 19: Meat sandwich, soup, coleslaw, cottage cheese, cake with frosting.

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GARDENING TIPS

Taking care of your ephemerals

BY BEV JOHNSON M.G.

University of Minnesota Extension

So what is an ephemeral anyway? Its' tulips, hyacinths, daffodils and all the other spring blooming minor bulb plants. When they begin to die down, they look pretty messy. The leaves sprawl and they drive the Martha types up the wall. Martha recommends BRAIDING daff leaves!! Go ahead if you don't want a healthy daffodil next spring. Those apparently dying leaves are making food for next year's blossoms. Eventually they will disappear but in the meantime the best you can do is to plant annuals in front of them. Or, for next spring, plant perennials in front of the ones that bug you the most. It is very tempting to cover the mess with mulch but that cuts down the amount of sun the leaves get too so don't do it.

Iris are just starting to bloom. Now is the time to mark the clumps that only have flowers on the outside of the clump. Those will need to be dug up in August and thinned. Chuck any rhysome that doesn't have a fan of leaves on it. Occasionally, as you replant iris you get them mixed up. Bunkey made the

mistake 2 years ago of digging up 3 different clumps of iris at the same time. He had a yellow, blue and a dark purple that needed transplanting. This spring he had one clump of yellow and blue mixed together, another of all three colors and a third of purple next to a brown and white iris. Petunia had a lot to say about that. It is best to mark the color of the clump you are renewing and only digging one color at a time. That way, vou won't have an eye hurting color clash. Bunkey's iris bed started out with all the blue and purple iris on one side and all the brown and yellow on the other. Then he bought a pink one and a peach and white one. They didn't fit either side so they went in the middle. He's seriously thinking about starting a new bed for the outliers.

Watering is especially important now as you are planting annuals and adding perennials to the flowerbed. The rule of thumb is an inch a week of water either from rain or the sprinkler. Keep the water close to the ground. Those fancy sprinklers that throw water up in the air, lose quite a bit of moisture before it gets to the soil. Your vegetable gardens need at least that much moisture to do well. Of course, if you have sandy soil, you will need even more as the soil doesn't hold the moisture. Get a soil sample. It will tell you what the texture of your soil is, and how much, if any fertilizer you need. Usually the recommendation is for nitrogen. Don't get carried away. Nitrogen is for the green parts of plants. It's great for grass, corn and any leafy vegetables. Too much and your pumpkins will get worn out as the vines grow and drag them along. (Well, maybe not but you get the idea). Tomatoes in particular don't need a lot of nitrogen. It all goes to leaves and stem, not the fruit.

Now that you have everything mulched, most of the hard gardening is done. You will only need to pull weeds in the rows in the veggie garden. Most likely the flower garden will still grow quack grass. You can try grass killer but the only almost final solution is to dig it up. Almost final as you can never get all of the darn stuff. Oh well, you needed the exercise.

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Friday, June 19, 2020 – 9:00 am

Location: Leeds ND - 110 1st St SE OWNERS: R & J Farms, Rio & Jean Himle – 701-740-9155 or also for questions call Howard at 701-739-6031

AUCTIONEER'S NOTE: Rio has run a substantial well managed farming operation his entire life. He & Jean have decided to retire from farming to pursue other interests. Virtually every piece of equipment on this sale has been highly maintained from day one. This is very possibly one of the largest one owner farm equipment auctions you will attend in the spring of 2020. Do not miss this big event. Plan on two rings and spending the day.

INTERNET BIDDING: This auction will feature live internet bidding. For live bidding the day of the auction, go to www.proxibid.com. Pre-registration is required prior to auction day. Internet bidding starts at 12:00 pm. LUNCH WILL BE SERVED! MORE DETAILS ON WEBSITE ABOUT EACH PIECE



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6 | 06.15.20 | Xtra leadernews@westriv.com



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Project moves ahead

BY ALYSSA MEIER

BHG NEWS

After hitting an initial snag, a project that could mean promise for Coal Creek Station has been given the OK by the Lignite Research Council.

The Lignite Research Council, made up by 22 members, approved \$3.4 million dollars of funding for a carbon capture storage project at the Blue Flint Ethanol Plant in Underwood. This was the second pass the council took at the project, after approving it last month with a payback contingency.

The council had initially approved the project with the stipulation that if the \$7 million project was unsuccessful, the \$3.4 million of lignite research funding would need to be returned.

The North Dakota Industrial Commission, which gives final approval for the program, asked the council to reevaluate the decision.

The proposal is expected to

be voted on by the Industrial Commission during its June 19 meeting.

Council members were optimistic that the project would aid in finding a solution for neighboring Coal Creek Station, which is slated to close in 2022. Coal Creek supplies steam to Blue Flint Ethanol.

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be your State Representative in the North Dakota Legislature.

I have always tried to do what was in the best interests of my constituents based on the input I have received from each of you. Together we have crafted legislation that works best for not only our district but the entire state.

I will always be proud of the work we have done. I know the district and the state will do well in the future. District 8 and North Dakota are great.

Thank you very much!

Jeff Delzer

Paid for by Jeff Delzer for House



Multi-Party Auction

314 W Wing St., Mercer ND Saturday June 27, 2020 @ 10:04 AM

For Pictures go to: www.4windsauction.com

Around the House

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- **2005 Pontiac Grand Prix, Auto Start, New Tires, Updated Stereo
- **1995 Ford F150 4X4 5.0 Liter, 4 Speed Manual Transmission

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w/Electric Start * Lg 3/4" dr. Hub Sockets 8 Hole Wheels 16 ½ X 8 ¾ (4 – NEW) Air Compressor for Airbrushing (sm) 60" Trail Mower 12.5 hp, Electric Start Brinkman Electric Smoker

Auctioneer's Note: Many items are new or gently used. Semi's are in good working order and well maintained

Items are still being added. There is sure to be something for everyone.

Bring a chair and spend the day with us.



AUCTIONEER: KEN THOMSEN - LIC.#748: CLERK LIC.#546: MERCER ND 701-220-8575
ASSOCIATE AUCTIONEER: Heather Thomsen - LIC#876

Terms: Cash or bankable check, nothing removed until paid for. All items sold "as is, where is, without warranty or guarantee". All statements made day of the sale take precedence over any printed ads. Not responsible for accidents. Other terms announced the day of the sale Lunch will be available.





8 A.M. - 5 P.M.

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WE COME HIGHLY

Wreck-a-mended

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Custom school supplies site launching

BHG working with schools to curate packages based on supply lists

BY ALYSSA MEIER

BHG NEWS

A new website will let parents purchase curated school supply packages customized to each classroom of BHG community schools.

NDschoolsupplies.com, launching June 17, will take the guesswork out of school supply shopping this year. The new website, coordinated by BHG Inc., offers parents packages of school supplies based on the individual supply lists of over a dozen area schools.

Parents will be able to select a package based on their child's specific school and grade level, knowing the contents are exactly what the student needs to start the 2020-21 school year. Each package includes all required writing materials, organizational supplies, and more, and will be shipped to the parent before school starts in the fall.

Some common household items, like headphones, backpacks and paint T-shirts, are not included in packages but are available as individual purchase options on the site. Any item that is required but not included is listed in the description of each package.

"It was important for us to

offer a convenient option for parents to get the supplies they needed, offer an easy way to give back to our schools and encourage local spending," BHG management said of the project.

Area schools contributed their supply lists for collaboration on the website in order to ensure packages would be accurate for the fall start to school. Schools also included "wish list" items that can be donated to the school in a separate category of the site labeled "Donate".

Shirts for each school are also available for purchase on the website.

The site will go live on June 17. Any orders placed by July 17 will be 20 percent off, with orders placed by July 24 being 10 percent off.

All orders placed on the website have a guaranteed delivery date of Aug. 12.

To date, school supply packages will cover Berthold Public School, Beulah Public School, Center-Stanton Public School, Garrison Public School, Hazen School District, Lewis & Clark North Shore-Plaza, Mandaree Public School, Max Public School, New Town Public School, Turtle Lake-Mercer Public School, Underwood Public School, Washburn Public

Grade-specific packages for the following schools:

Berthold Public School **Beulah Public School** Center-Stanton Public School Garrison Public School **Hazen School District** Lewis & Clark North Shore-Plaza Mandaree High School Max Public School **New Town Public School** Turtle Lake-Mercer Public School **Underwood Public School** Washburn Public School White Shield Public School Wilton Public School Wing Public School (Packages for Goodrich, McClusky

to check ndschoolsupplies.com for these three schools to be added). School, White Shield Public School, Wilton Public School

and Parshall Public School are being

coordinated but supply lists have

not been submitted yet. Continue

and Wing Public School. Packages for Goodrich, McClusky and Parshall Public Schools are being coordinated but supply lists have not been submitted yet. Continue to check ndschoolsupplies.com for these three schools to be added).

For any questions or for further information on ndschoolsupplies.com, please contact Alyssa Meier by email at news@bhgnews.com.

THANK YOU Thank you for your support in the primary McLean County Commissioner election! Barry Suydam Together we can build a better McLean County for the future. I would appreciate your continued support and vote in the general election this fall. Thank You!

Who is the BEST in McLean County?

Cast your vote for your favorite businesses, city & more!





Survey available on this paper's Facebook page or at the BHG and Leader-News offices

Drop off or mail your completed survey to:

BHG, Inc. 91 N. Main Street **PO Box 309** Garrison, ND 58540

Be entered into a drawing for one of three \$50 Viking Screen Prints gift cards

* Survey will close July 1st *

"The Mother of All Garage Sales" NEEKENĖ



Join in on the

Garrison City-Wide Rummage Sale

July 16, 17,18 & 19 (pick a day or days)

ADVERTISE WITH US!* Only \$20 for up to 35 words

Plus 2 FREE Garage Sale Signs (with ad purchase)

★ Map and rummage sale info to be published in: The Xtra & Dollar Saver (July 13) The McLean County Independent (July 16) Plus, the map will be on McLean County Independent's Facebook page

McLean County

Stop by our office by **Tuesday, July 7th** at 5 p.m. to place your ad!

Call JoDell at 463-2201 for more info

8 | 06.15.20 | Xtra leadernews@westriv.com



The two extremes of what garbage pick-up typically looks like for the Turtle Lake sanitation crew.

TL commission still talking trash

BY SUZANNE WERRE, Editor

No motions were made, and no official action was taken Monday night at Turtle Lake's regular monthly meeting. The majority of the meeting was spent going over recent $commission\ items\ and\ getting$ updates from City Auditor Darwin Saari.

No disruption in water service is expected when the city switches over from its old water source to the new water tower. Just when that will be, however, is the question. "Forty days after May 18" is the date the contractors gave the city for the anticipated finish date, but Saari and the commissioners are doubtful that will come to fruition.

Late summer, maybe even summer are a couple guesses commissioners put on the table for when locals will be getting water from the new tower. The only difference they should notice is an improvement in water pressure.

The commissioners revisited the issue of the city-run garbage collection service. It's anticipated that the city will be able to collect its own garbage as long as the current truck is in working order, but this last month the city spent a good chunk of money on repairs.

Aside from the truck starting to show some wear and tear, the weekly pick-up is more difficult and timeconsuming for the workers than it should be, particularly when garbage hasn't been

Some residents put garbage out on the boulevard that hasn't



been bagged, so it's harder to handle when throwing into the truck; and sometimes there's just an extraordinary amount of garbage set out by some property owners.

It can go from a massive amount of garbage thrown by one family, then "you have a little lady with a little bag of garbage," said one of the commissioners.

We may want to add an extra charge (for large garbage pick-ups)," said Saari. 'Everyone can have some extra garbage once in awhile, but if it's constantly ... and if we want to continue service beyond the life of our truck, we have to starting thinking about rate adjustments and maybe a little volume control."

'We have to decide whether we're going to stay in the business and maybe go to using totes," said Saari.

We maybe need to start giving some thought to at least passing on our landfill increases," added commissioner Dianne Zenker

Saari earlier mentioned the landfill rates will be going up 20 percent in January.

The commissioners went on to discuss options for video cameras on Main St., with commissioner Jeramie Love mentioning there may be an option the city can check into that would have unlimited data and cameras that work on batteries up to 30 degrees below zero. He estimated the cost of each motion-sensor camera would be about \$300.

The Main Street Initiative spruce-ups should be starting in the near future, noted Saari. The streets should also be seeing some spruce-ups, getting some needed repairs done as the final water lines/ tower project wraps up later this summer.

The commissioners will be getting volunteers to be on the comprehensive plan committee, which will pick one or two projects for the city to focus on each year. To help with the completion of some of those projects, the city will need funding, some of which could come from the state. To get the most money possible, noted Saari, locals need to complete the census, which has been pretty slow so far.

"It's so simple – it really takes just a couple minutes, said Saari. "The personal question is whether you have a mortgage or not.'

Census takers will be going door-to-door shortly, he noted, but it is probably quicker for people to just get online to take it themselves.

"Encourage your neighbors to take it," said Saari.



APPLE CHEESECAKE TACOS

By Sweet Spicy Kitchen

Ingredients

CINNAMON SUGAR TORTILLA SHELLS

6 Large Flour tortillas

½ Cup Brown sugar

1½ teaspoon Cinnamon

Oil for frying

CREAM CHEESE FILLING

8 oz Cream cheese

1 Cup Heavy cream

1/4 Cup Powdered sugar

1 teaspoon Vanilla extract

HOMEMADE APPLE PIE FILLING

2 large Apples, diced

½ tsp cinnamon

1/8 cup cornstarch

1/3 cup brown sugar 1 cup water

1/8 tsp nutmeg

½ tsp vanilla extract

Directions

TO MAKE CINNAMON SUGAR TORTILLA SHELLS -Combine brown sugar and cinnamon in a bowl and set aside. Using 3.5-4 inch circle cutter, cut circles from

Heat 1 inch oil in a pan, the temperature should be medium. Put tortilla circles, using tongs, in the oil and fry for about 10-15 seconds, then turn the circles on the other side, fold them in half and fry until they become golden brown. Take them out of the pan and wait for a couple of seconds for the extra oil to drain, then immediately put in the bowl with sugar and cinnamon. Cover the shells completely with this mixture. Put some of the mixture inside of the shell, as well.

Finally, place them on the upside down muffin tin. Repeat the same procedure with the rest of the circles.

TO MAKE HOMEMADE APPLE PIE FILLING - In a medium size dish, pour water, add cornstarch, brown sugar, cinnamon, nutmeg and cook for about 2-3 minutes, at medium heat, until it thickens, stirring from time to time.

Add apples and vanilla extract and cook for 10 minutes, or until the apples soften. Remove from heat and let cool at a room temperature.

TO MAKE CHEESECAKE FILLING - Beat cream cheese, heavy cream, powdered sugar and vanilla extract for 2 minutes, using medium speed, until it thickens.

Put the mixture into a piping bag and cut off the peak. Fill the shells with cream cheese filling and put apple pie filling on top of it.

NUTRITION INFORMATION: YIELD: 30 SERVING SIZE: 1 Amount Per Serving: CALORIES: 160 TOTAL FAT: 7g SATURATED FAT: 4g TRANS FAT: 0g UNSATURATED FAT: 3g CHOLESTEROL: 18mg SODIUM: 90mg CARBOHYDRATES: 23g FIBER: 1g SUGAR: 14g PROTEIN: 2g

HAVE A RECIPE YOU WANT TO SHARE?

•••••

E-mail leadernews@westriv.com or give us a call at 701.462.8126 with your ingredient list and directions, and we'll include it in a future recipe column! We would love to share local, homestyle recipes from our readers.

HELPING WORDS

BY CORY PHILIPS

Jesus loves the little children,

all the children of the world. Every color, shape and size, they are precious in His

Jesus loves the little children of the world.

People are not born racist. They are born able to see different. But where difference isn't valued, it is feared. What is feared is rejected. [Jeremy Foster] I didn't grow up singing this song but its one that I have taught my daughter over the years. No matter how you look at it, George Floyd's death was

wrong. Most people that don't under God's Kingdom. He want to hear or talk about his death don't disagree that it was wrong. Admitting his death was wrong doesn't mean you agree with everything else that has taken place is right. Jesus did not come to point out all of our flaws. He led what was right-a new way he called the way of the KINGDOM. The Jesus we serve was not American and he was not white. The Jesus we follow was a middle-eastern man who stepped out in broad daylight to meet a person of a different nationality and a different gender at a well outside her village. They came together

taught us not to ask the wrong question of "Who is my neighbor" but rather the right question of "How do I love all my neighbors?" He's the Jesus that says you cannot be for Christ while being against someone else. It's the Jesus who loves the little children of the world-every color, shape and size, they are precious in his eyes. "An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity." - Martin Luther

Drive-up COVID testing in Turtle Lake tomorrow

BY SUZANNE WERRE.

Area residents are invited to be tested for COVID-19 tomorrow (Thursday) in Turtle Lake, a service being provided by Northland Health Centers/ CHI St. Alexius Turtle Lake Hospital and the North Dakota Department of Health.

Drive-up COVID-19 testing will be offered from 10:30 a.m. to 2 p.m. (or until supplies run out) on Kundert St., on the east side of the Northland Health Centers $clinic/the\,west\,side\,of\,the\,Turtle$ Lake Hospital.

The testing is open to all ages whether they are symptomatic or asymptomatic, from the comfort of their own vehicles.

You don't even need to get out of your car to get swabbed," said Northland's Melissa Thury.

Northland recently received a call from the state hoping it would help ramp up the statewide testing for the coronavirus.

"A lot of people that are positive are asymptomatic,' said Thury. "This allows for us to find positive individuals and do contact tracing and find clusters of the illness."

This testing is not because

there has been a positive test in the area. McClusky recently had a free testing day, and all 98 of the people tested were negative, noted Thury.

They don't know what type of swabs will be used for the testing – it could be either the throat swabs or the nose swabs. It's the nose swab testing that typically alarms people because they've heard rumors about how uncomfortable it is.

Thury said that her eight-yearold daughter recently took the nasal swab test, and, "she said it didn't even hurt."

Thury herself said she found it to be less uncomfortable than a flu swab, so people shouldn't be afraid to get tested.

The clinic/hospital plan to do 150-200 tests Thursday, either until they run out of tests or people stop showing up for the

Even people who have already been tested are encouraged to retest, said Thury.

"I would encourage them to get tested again," she said.

Anyone with questions is encouraged to contact Northland's central office at 448-2054 for information.

-OUTDOOR LIVING-Tree Pests on the Rise

BY CALANDRIA EDWARDS

Extension Agent, Agriculture and Natural Resources, NDSU Extension,

Cankerworm and tent caterpillars defoliate a number of deciduous trees, including ash, elm, linden and boxelder.

The worms are on the move. Every year we have calls about tent caterpillars feeding on trees and how to control their "tents". Last spring we had numerous calls on damage caused by Cankerworms and unfortunately that will also be the case this year. Now is the ideal time to be controlling those pests, especially since we had a cooler spring. Learn more about two of the wormy pests of trees that are visible now.

Cankerworm populations have been increasing in North Dakota for the past two years, and insect and forestry experts expect another population boom in 2020. Caterpillars of these insects defoliate a number of deciduous tree species, including ash, elm, linden and boxelder. "Caterpillars of cankerworms varyfromlightgreentobrownish green to black, with faint whiteyellow lines running along the sides," says Janet Knodel, North Dakota State University Extension entomologist. Pest management is most effective when cankerworms are small, less than 1/2 inch long. When mature, caterpillars reach about 1 inch in length. Now is the time to be looking at trees that were fed on in the past and consider applying some control measures. Confirming the presence of cankerworms before beginning treatments is important because applying treatments at the wrong time or if the insect pest isn't there would be a waste of time and money, Knodel says.

Several biorational pesticides also are effective at controlling cankerworms. Knodel recommends applying Bacillus thuringiensis var. kurstaki

(trade names DiPel, Javelin, Lepinox) when caterpillars are less than 1/2 inch long, or about 10 days after egg hatch, for optimal control of cankerworms. "These bacterial insecticides are very effective against caterpillars and safer for beneficial insects, wildlife and us," she says. "Caterpillars will feed for about four to six weeks, and defoliation usually isn't noticed until it's too severe and too late to apply effective treatments," Zeleznik says. It's important to begin scouting early in the summer to catch the caterpillars when they are small. Pay close attention to plants that were fed on last year since they will likely be hosts this spring.

Eastern tent caterpillar (Malacosoma americanum) is the damaging agent on this chokecherry. These insects feed on the leaves during the day, but spend the night back in the communal nests, located in branch crotches. These nests provide a great place to apply control efforts. Some trees attacked by the eastern tent caterpillar include chokecherry, pin cherry, and occasionally other hardwood species. The simplest method of control is to simply remove the nests and destroy them. The bacterialbased pesticide Bacillus thuringiensis var. kurstaki (Btk) works well to control young larvae, while pyrethrins or synthetic insecticides are needed for older larvae. Do not take a blow torch to the nest, as that will also damage the tree.

While these pests are on the move, we can get ahead of and control them before they do too much damage to our trees. Most of the time the damage they cause is minimal, however in years with high numbers of worms they can cause defoliation. Cankerworms have been spotted in Bismarck so it's likely they are active in McLean County as well.

DAKOTA GARDENER —— Bear vs. Zucchini - Who Would Win?

BY TOM KALB,

Horticulturist NDSU Extension

We all joke about growing zucchini. The vegetable gets no respect.

A zucchini vine is an amazing producer of nutritious vegetables. And yet, instead of admiring this humble vegetable, we ridicule it and take it for granted.

We dump extra zucchini in unlocked cars in the neighborhood. We drop off bags of it on the doorsteps of unsuspecting neighbors.

When the Hunger Free North Dakota project started, while begging for vegetable donations, organizers said only one zucchini plant was needed per county.

Zucchini gets no respect. It's so plentiful and nobody knows what to do with it.

When I was a kid, my brothers and I always found uses for zucchini. We enjoyed using giant zucchinis as baseball bats.

Did you know zucchinis float? You can carve a big zucchini into the shape of a canoe, put a mast on it and have zucchini toy boat races.

It's truly a versatile vegetable.

I recently discovered another use of zucchini - as a weapon! Do you know the Legend of Montana Maggie?

Montana Maggie loved the outdoors and she loved her garden. One day, a bear wandered in her backyard and started to eat apples from her tree. This angered Maggie's dogs and they started to bark. Bark! Bark! Bark!

mad. The bear started to attack one of Maggie's dogs. This made Maggie mad.

She kicked the bear under the chin using a kick she learned from her self-defense training at the YMCA. That got the bear really mad.

The bear swiped at Maggie's leg and started to move toward her. Maggie scrambled back into the house. She tried to close the door, but the bear stuck its head through the doorway.

Maggie's life was in jeopardy. She got behind the door and tried to close it with all of her might, but the bear was too strong. Maggie could feel the breath of the angry bear on her face. Out of desperation, she blindly reached with her hand for something - anything - on the kitchen counter to defend herself. She found it.

No. it wasn't a knife. It was a zucchini she harvested that morning. She grabbed the zuke and bopped it on the bear's head.

The startled bear turned away and ran in fear.

Now zucchini has my utmost respect. It can nourish, entertain and protect you.

We all can learn from Montana Maggie and grow zucchini in our gardens this year. The soil is warm, and the seeds will sprout rapidly. In less than two months, you can enjoy the goodness of zucchini fruits and blossoms in all kinds of meals and snacks. Lots of websites are dedicated to zucchini cuisine.

The most irritating thing about growing zucchini is harvesting the fruits within This barking made the bear the spiny vines. Sow a variety

with short or no spines and an open plant habit.

Strong performers in North Dakota include Spineless Beauty, Cashflow, Raven and Desert. These and other F1 hybrids resist diseases and continue producing fruits until frost.

To make harvesting less prickly, give plants ample space. Make sure they are at least 18 inches apart in rows spaced 6 feet apart. Harvest regularly, two or three times a week. Gently twist or cut the fruits off the vine when they are tender, about 6B¬ to 8 inches long.

What are you waiting for? You never know when the next bear will strike!

For more information, contact your local NDSU Extension agent. Find the Extension office for your county at https://www. ag.ndsu.edu/extension/ directory/counties.



MOVING AUCTION

Saturday, June 20 @ 10:00 AM (Alternate date in case of weather cancellation is Sunday, June 21 @ 12:00 noon)

Owner: Bill & Katie Pulley Location: 520 Bookwalter Ave, Wilton, ND

FURNITURE

Kenmore 20 Cu. Ft. Upright Freezer Smaller GE Chest Freezer

Full Size Refrigerator Oak 5-Stack Barrister Stacking Bookcase Sectional Microfiber Couch w/

Ottoman Round Oak Dining Table w/ 1 Leaf & 4 Chairs

2 Gliding Rockers w/ Matching Ottomans

2 Queen Size Beds w/ Headboards Oak Dresser w/ Mirror Desk w/ Hutch; Office Chair Oak Game Table w4 **Upholstered Chairs** 2 Ladder Shelves

Misc. Coffee & Side Tables, Stands, Cabinets, Etc. 2 Wood Bars Stools & 2 Oak

Chairs; Quilt Stand 6' Folding Plastic Table Patio Set: Glider Loveseat, 2 Swivel Chairs, Side Table

NOTE: Everything is very clean & well cared for. This is just a partial listing. This is an outdoor sale and social distancing will be utilized.

SCOOTER

2014 Honda Metropolitan 49cc Scooter, 1280 miles (great

ANTIQUES

2, 8, & 10 Gallon Redwing Crocks: Misc. Stoneware: **Newer Red Wing Pieces** Misc. Glassware, Pottery Schlitz Beer Tray, Knives, Razor Strop, Die Cast Banks **Newer Metal Signs Collector Plates Antique Baby Buggy** 35 Camera

HOUSEHOLD/MISC.

Small Appliances: Vita-Mix Super 5000 Blender, Crockpots, Meat Slicer, Etc. Heaters, Fans, Dehumidifier, Lamps, Mirrors, Artwork (some wildlife prints), Home Décor, Wine Rack, Luggage Bedding, Pillows, Comforters, Bath Linens, Rugs Canning Jars; Cake **Decorating Supplies** Artificial Christmas Tree, Wreathes, & Decor Patio/Camper Rug

TOOLS & YARD

Murray 8 hp/24" Snowblower Troy-Bilt TB 200 Self **Propelled Mower** Stihl FS 45 Gas Trimmer **Pro-Lift Lawn Mower Lift** 7' Alum ATV Ramps Garden Hoses & Reel Cart Misc. Yard Art; Bird Bath **Tote-N-Store Portable Waste** Water Tank (new); Planters Sportsman Propane Grill Propane Tanks; Gas Cans Step & Extension Ladders Lawn/Garden Tools/Supplies Portable Air Compressor 100# Propane Tank Converted to Air Tank w/ Hose Tire Chains; 2-Wheel Cart **Retractable Trouble Light** Craftsman 10" Miter Saw Wissota Bench Grinder Circular Saw. Reciprocating Saw, Drill, Battery Charger Handtools (Sockets, Levels, Etc.); Jackstands; Shop Stool; Small Shop Vac; Cords, Folding Saw Horses; **Wood Shop Cabinets** Hardware & Automotive Supplies, Oil, PVC Pipe, Lumber; Garbage Can Scrub Bucket w/ Wringer

North Star Auction & Appraisal Company Auctioneers: Dean Moos, Lic. #622, Clerk Lic. #450 (701)667-2935: George Schatz, Lic. #389

Go to www.northstarauction.com for detailed listing and photos

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HELP WANTED

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Laundry Aide

30 hrs. per week, Benefit

eligible, Wage range \$12-\$16.

Apply at www.blcgarrison.com

Or call Jill Borth at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

Come Join Our Team!

Nurse

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or Call Jody Lawson at

(701)463-2226

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HELP WANTED

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OF GARRISON

Full Time &

Part Time Help

Must be able to work weekends.

Stop in for an application.

Coaching Positions

Available at GHS

We are currently seeking appli-

cants for all levels in the following

areas with a total of 23 openings!

Head coaching starts @ \$5,500

for tier I activities with sub-varsity

coaches receiving a percentage.

Contact Dr. Klemisch or Mr. Ermer

at Garrison High School 463-2818

for more information.

JV-70%, JH 60%, EL 50%

Fall Activities:

Football • Volleyball • Cross Country • 1-Act • Elem GBB

Winter Activities:

JH/HS GBB • JH BBB

Spring Activities:

JH/HS Track • Baseball •

Softball • Elem BBB • Elem VB

Registered

Benedictine Living Center of Garrison

- DEADLINE: 9 a.m. Thursday.
- CLASSIFIED WORD ADS: Terms Cash, Check, Visa or Mastercard.
- COST: \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- CLASSIFIED DISPLAY RATE: \$9.50 per column inch.
- CONTACT INFORMATION: Phone: 462-8126 Fax: 462-8128 Email: leadernews@westriv.com • Website: bhgnews.com Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- DELIVERY PROBLEMS: If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

ANNOUNCEMENTS

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.

1-E-TFN-NC

SUPPORT GROUPS: Alcoholics Anonymous Hotline, 888-680-0651. AA meetings in Center on Sundays at 5 p.m. CT at St. Paul's Lutheran Church (794-3381); in Garrison, Garrison Memorial Hospital Cafeteria, Thursday at 8 p.m.; in Washburn on Sundays at 7 p.m. at First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 p.m., Sacred Heart Church, 734-6533. Open meeting, Butte, Call 626-7402 or write Box 244, Butte, ND 58723; in McClusky, Grace Lutheran Church, 402 4th St. W. Sundays at 8 p.m. Positive Changes NA, Fridays at 7 p.m., Washburn United Methodist Church, 701-460-0663.

FARM RELATED

Hay for sale: 1st & 2nd cutting. Alfalfa also mixed hay and oat hay. Bales are not wrapped. Will load Ron Isaak 701-891-9999

58577

LIVESTOCK

TURTLE LAKE WEIGH STATION will be shipping cows and bulls out July 13. Have them there by 11 a.m. Call Darin, 701-315-0144.

43-TFN-E-X

GARAGE SALES

LARGE ESTATE/GARAGE SALE, Hand tools, misc. Harley Davidson items including jackets, vest, musical instrument articles including a Crate amp, records, cassettes, DVDs, books, file cabinet, camping articles, plus much more! Saturday, June 13th Only, 8:00 a.m. to 4:30 p.m. at 134 1st St. NE, Garrison. Brenda Mai

6-1TPDIX 58540

SERVICES

I HAUL away broken vehicles and scrap metals for FREE! Ca\$h for \$ome. 833-2884. U call, I Haul.

44-TFNALL

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

34-9-E-PD

WE CLEAN and install all types of flooring including carpets, upholstery, walls, air ducts. Let us clean your boat, camper, under appliances. We have dump trailer for debris removal. Low rates, cash/check/credit. Prairie Carpet Services, (701) 833.2884 or 448.2883. 46-TFN-P-X-PD

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516.

35-TFN-P-X-PD

FARM RELATED



then you need MS Barracuda HRSW

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ND 17009GT Soybeans

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Full Line Cover Crops Chris 651-792-5920

Dylan 701-500-7227 Bob 701-720-1808

finkenfarmsandseeds.com

MISC. FOR SALE

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.

35-P-TFN-NC 58577

REAL ESTATE FOR RENT

For Rent: 16 x 80 3 bedroom, 2 bath mobile home in Washburn, No pets. Call for free application and information. 701-315-0034.

5-XT-TFN 58577

NOW RENTING

Heritage Heights Apartments 1040 Custer Dr., Washburn New management, remodeled rooms, lower rates

1 or 2 bdrm. apts. All utilities paid including cable 701-527-4739 or Manager 701-220-8145

HELP WANTED

HELP WANTED

CHI St. Alexius Health **Turtle Lake**

Hospital Clinic Nurse

Nurse Aide

Experience preferred but not required. Contact Brenda 701-448-2331 ext 207.

This institution is an equal opportunity provider and employer.

Catch the Great Bargains in the Classifieds!

phone 462-8126 • fax 462-8128 • email leadernews@westriv.com

HELP WANTED

Public Works Employee

The City of Washburn, ND is accepting applications for a full-time Public Works Employee.

A complete job description can be obtained by contacting the City of Washburn Auditor's Office at PO Box 467, Washburn, ND 58577; by calling 701-462-8558; or by emailing washaud@westriv.com. All resumes with cover letter must be received at the City Office no later than 4:00 PM on Friday, May 8, 2020.

The City of Washburn is an equal opportunity employer.

Graphic Designer

Do you have a passion for design and like being part of a team? Apply to be a graphic designer at the Leader-News today. The Leader-News is an award-winning paper looking for a new addition who will push the publication even further. Competitive pay and flexible hours. Send application materials to news@bhgnews.com or to the Leader-News office at 607 Main Avenue, Washburn, ND 58577.

<u>Leader-News</u>



We are application.

We're Hiring for our Garrison facility! FIELD SERVICE TECHNICIAN

Heartland AG Systems has a nine state footprint and is the largest dealer of CASE IH Application Equipment in North America.

Key skills include:

- Diagnose and repair all systems contained on equipment represented.
- Communicate directly with equipment owners, operators, and management.
- Read and interpret hydraulic and electrical schematics and apply this knowledge to aid in the timely repair of all products represented.
- Two-year associate degree or equivalent training and experience with agricultural equipment repair is preferred.

Heartland AG Systems is an equal opportunity employer offering competitive wages and a full benefit package.

Individuals interested in this full-time position should email their resume to hr@heartlandag.com

HELP WANTED

Join our team – great benefits, great work schedule! McLean County will accept applications until 4:00 P.M. on Wednesday, June 17, 2020, filling one or more positions as a full-time

EQUIPMENT OPERATOR II

The successful applicant must reside within 30 minutes travel time of the Washburn or Garrison Highway Shop. Duties include performing semi-skilled work and operating motorized equipment in road construction and maintenance/repair projects under supervision along with performing highway maintenance work ranging from manual labor to operating tractors and mowers on highway right of ways. Candidates should be able to operate medium and light equipment including single and tandem axle dump truck; single and tandem axle trucks with snow removal equipment for purpose of snow removal; motor graders with v-plow and wing for snow removal purposes on as needed basis; semi type truck with belly and side dump trailer; front end loader; backhoe; broom/ sweeper; excavator; dozer and loader as needed; and power mowing equipment in a variety of road construction, snow removal, maintenance and repair projects.

Preference will be given to applicants with prior experience in road construction/ maintenance projects and vehicle/heavy equipment maintenance. High school diploma and class A North Dakota Driver's License with tanker and air brake endorsement is REQUIRED on the first day of work. A full benefit package is offered including fully paid health insurance and retirement. Underfilling the position may be considered depending on applicant pool with a requirement to complete hiring requirements within the six-month probation period.

For further information on position or to obtain a McLean County job application form, individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577; call (701) 462-8541; or visit www.mcleancountynd.gov/ employment. Only official McLean County application forms submitted to the Auditor's office will be accepted.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Full-time

CNA/Nurse Aide

Part-Time

Dietary Aide Activities Aide •RN/LPN

For more information call 701-463-6503. Apply online at

CNA/Nurse Aide

CHIStAlexiusHealth.org CHI St. Alexius Health

maaine better health.

Garrison Hospital The institution is an equal opportunity provider and employe

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News. P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

1-E-TFN-NC

58577

HELP WANTED

SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

HELP WANTED

- Speech Pathologist Teacher Athletic Director
- Boys High School Basketball Coach
- Boys High School Assistant Basketball Coach
 - Boys Jr High Basketball Coach
 - Boys Elementary Basketball Coach
 - Girls High School Head Volleyball Coach
- Girls High School Basketball Head Coach
- Girls High School Basketball Assistant Coach
 - Girls Jr High Basketball Coach
 - Girls Jr High Assistant Basketball Coach
 - Girls Elementary Basketball Coach
 - Boys and Girls High School Golf Coach
 - Boys and Girls Cross Country Coach
 - Boys and Girls High School Track
 - Boys Jr High Football Coach
 - Boys Jr High Football Assistant Coach
 - Bus Drivers with CDL



Contact: Wayne Fox, Superintendent 743-4350 ext. 2205



NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

1-E-TFN-NC

GIVEAWAY

5 GALLON JUGS, for industrial purpose only: not to be used for human or animal consumption/food or beverage. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND. 15-TFNNCIX 58540

DOUBLE YOUT AD SIZE!

Buy an inch, get one free during the month of June. Buy a 20-inch ad and only pay for 10 inches! Up to 1/4 page of ad space free in any BHG paper. Ad must run during the month of June.

Contact your local ad rep to order today:



Garrison: **463-2201** Washburn: **462-8126**

*Limited to customers who have not placed an ad yet in 2020.

STATEWIDES

HELP WANTED

CITY OF CARRINGTON, ND, accepting applications for full-time Police Officer: Must be ND Board licensed, rotating 12-hour shifts; Wage DOE, many benefits. Contact nkruse@nd.gov or 701-652-3388 with questions.

\$5,000 SIGN ON BONUS, NAPO-LEON CARE CENTER hiring 2 FT nurses, RN preferred. 12 hour shifts, flexible scheduling, competitive wages and benefit package. Contact Melissa Glatt RN, DON, 701-754-2381, NCC is an equal opportunity employer.

MADDOCK MEMORIAL HOME seeks PT director of nursing (must be licensed RN) and PT administrator. Application deadline June 30. Call 701-438-2641 or email memorialhome1@gondtc.com. EOE.

COME MAKE PASTA with us! \$1750 sign on bonus. Competitive pay & benefits. For openings, go to: www. dakotagrowers.com/careers

MCLEAN COUNTY IS HIRING one or more full-time Equipment Operator II positions. For more information regarding this position visit http://www. mcleancountynd.gov/employment/.

SEEKING parts person. G&G Implement, Ashley, ND. Family-owned New Holland, Vermeer dealership. Competitive compensation. Great Community! Hunting, fishing. Email ggchev@drtel. net. call 701-288-3411.

ANYONE CAN RUN STATEWIDE with HELP WANTED ads in all the newspapers of N.D. with the NorthS-CAN program! \$160 /25 words / all ND papers. NDNA, 701-223-6397.

BUSINESS OPPORTUNITY

FURNITURE STORE FOR sale in Stanley, North Dakota. Successful store with wide trade area in the Bakken oil region. Owner will assist in transition. Contact: steve@springanfurniture.com or 701-629-1352.

FINANCIAL SERVICES

OVER \$10K IN Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rated. Call National Debt Relief, 701-936-8487.

EDUTRAIN AT HOME TO DO MEDI-CAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-

COMPUTER & IT TRAINING PRO-GRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Now offering a \$10,000 scholarship qualified applicants. Call CTI for details! 701-929-9679 (M-F 8am-6pm ET)

REAL ESTATE FOR SALE

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE

LOOKING FOR THE most complete listing of ND Media? Get the ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

AUTOS WANTED

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup, Call for details, 701-809-7415.

HEALTH/MEDICAL

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 877-736-5537.

ATTENTION: OXYGEN USERS! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

CASH SETTLEMENTS

Recently diagnosed with LUNG CAN-CER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 701-404-5389 today. Free Consultation. No Risk.

ANNOUNCEMENTS

ATTENTION: AUTO INJURY VICTIMS. If you have suffered a serious injury in an auto accident, call us! Our attorneys have the experience to get you the full compensation you deserve! Call Now: 855-543-9071.

MISCELLANEOUS

WE MAKE IT easy to place an ad in one or all the North Dakota newspapers. One order, one bill, one check, We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.



Catch the Great Bargains in the Classifieds! 462-8126



FREE* ONLINE NEWSPAPER SUBSCRIPTION TO 2020 SENIORS

* with the purchase of a T-shirt

Shirt colors: Purple, Red, Orange, Blue, Gold, Green Print colors: Black, White, Gold

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S (\$13)	Shirt color	Print Color	Design
M (\$13)	Shirt color	Print Color	Design
L (\$13)	Shirt color	Print Color	Design
XL (\$13)	Shirt color	Print Color	Design
2X (\$13)	Shirt color	Print Color	Design
3X (\$13)	Shirt color	Print Color	Design

2" Name across the shoulders (Add \$6 per name)

(please print)

Name color will match print color on front)

\$5.00 SHIPPING CHARGE per order or can be picked up at your local news office.

Name \$ Shipping \$ ___ Grand Total \$ _____ (prices include tax)

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Newspaper:

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2020 Chevy Silverado HD Crew Diesel



2020 Chevy Silverado 1500 Crew Cab



2020 Buick Envision



\$4,750 Rebate or 0% Financing up to 72 mo

2020 Buiek Englave



\$5,000 Rebate or 0% 72 mo

GM Program Vehicles

2019 Buick Enclave Essence AWD red, sunroof, leather	18,000 miles	\$35,995
2019 Buick Enclave Essence AWD white, sunroof, leather	21,000 miles	In Transit
2019 GMC Acadia SLT AWD silver, leather	21,000 miles	\$30,995
2019 Chevy Equinox Premier AWD 2.0 pearl white, leather	22,000 miles	\$26,995
2019 Chevy Equinox LT AWD silver, power liftgate	16,000 miles	\$23,995
2019 Chevy Impala LT 4dr sedan black, V6	30,700 miles	\$20,995
2018 Chevy Malibu LT sedan black, sunroof	21,000 miles	\$17,995

Used Trade-Ins

2019 Chevy Trax FWD SUV silver	6,600 miles	\$16,995
2018 Chevy Colorado Z71 4wd pickup gray	70,000 miles	\$27,995
2017 KIA Sportage LX AWD silver	46,000 miles	\$15,995
2017 KIA Sportage LX AWD silver	20,000 miles	\$29,995
2016 Chevy Silverado 1500 Crew Cab High Country brown	50,500 miles	\$34,995
2016 Chevy Silverado 1500 Crew LT brown		
2016 Ford Edge Titanium AWD SUV blue	,	
2015 Chevy Silverado 1500 Crew LT blue		
2015 Chevy Silverado 2500 Crew LTZ diesel, leather, blue		
2015 Chevy Equinox LTZ AWD SUV dk blue		
2015 Chevy Traverse LTZ AWD charcoal		
2014 Chevy Equinox AWD black		
2014 Chevy Traverse LTZ AWD SUV dk gray		
2014 Chevy Impala LTZ Limited 4dr white, leather		
2013 Chevy Traverse 2LT AWD SUV silver		
2012 Chevy Equinox FWD pewter		
2012 Chevy Traverse LT AWD SUV white		
2012 Toyota Corolla Sedan maroon		
2011 Chevy Tahoe LT 4wd SUV maroon, leather		
2011 Chevy Traverse LT FWD tan		
2007 Chrysler Pacifica blue	122,000 miles	\$3,995
2007 Pontiac Montana Van maroon		
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