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## Try a Salad Buffet PRAIRIE FARE

By Julie Garden-Robinson, Food and Nutrition Specialist NDSU Extension

“We are having main-dish salads for dinner,” I said. “It will be good.”

“I am going to eat my leftovers,” my older daughter announced.

“Did Mom make something healthy?” my husband asked.

I usually make healthful food, I thought to myself.

“I want to eat my leftovers,” my daughter continued.

“Your food will be fine if you eat it tomorrow,” I said. “Trust me on this one.”

I almost said “end of discussion” but I think they figured that out.

I was sauteeing chicken strips and I had plates, mixed greens, thinly sliced apples, croutons, shredded cheese and various salad dressings lined up on the counter.

Homemade focaccia bread with dried herbs sprinkled on top was almost ready to come out of the oven. I thought our kitchen had an inviting aroma.

My daughter wasn't sold on salad as a main course, but she relented.

“I'm getting more salad,” my husband added.

“The chicken was really good,” my daughter noted.

That's a start, anyway.

Many of us shortchange ourselves on vegetables and fruits.

Fruits and vegetables are an important part of a healthful diet. They provide fiber, vitamins A and C, and minerals such as potassium to maintain health. They also provide a variety of “phytochemicals” (natural plant chemicals) linked with health benefits.

Eating enough fruits and vegetables may help prevent chronic diseases such as heart disease, Type II diabetes and cancer.

Aim to have a variety of fruits and vegetables in your daily diet. Different colors of fruits and vegetables provide different nutrients. When possible, consume unpeeled fruits or vegetables (such as apples) to maximize the health benefits.

Most of us need 4 or 5 cups

of fruits and vegetables to meet our daily recommendation.

As we see colorful grass and flowering plants burst into bloom later this spring, take a cue from nature. Try to eat a wide range of colorful fruits and vegetables. Red, orange, yellow, green, blue and purple vegetables have various health benefits.

Anthocyanins, found in many red, blue and purple fruits and vegetables, are powerful antioxidants that may reduce our risk for some chronic diseases. Lycopene, the red pigment in tomatoes and watermelon, is linked to a reduced risk for certain types of cancer.

Dark green and orange vegetables provide a variety of phytochemicals that our bodies need to keep us healthy. They provide carotenoids that our bodies use to keep our eyes, skin and mucous membranes healthy.

Instead of a recipe, here are some ideas to create a salad buffet of your own. It can be simple, like my example, or as elaborate as you would like.

Check out our “garden to table” publications at <https://www.ag.ndsu.edu/food/food-preparation> to learn how to grow many vegetables and fruits. Later this summer, you could have a home-grown salad buffet.

**A Recipe for a Salad Buffet**  
Rinse and prepare a variety of leafy green vegetables. Allow 1 cup of leafy green vegetables per serving to serve as the base of the salad. Examples include chopped fresh cabbage, kale, romaine lettuce, spinach or spring mix.

Rinse and prepare a variety of vegetables. For each serving, allow 1/2 cup of vegetables for texture, flavor and nutrition. Try some fresh or roasted chopped broccoli, carrots, mushrooms, radish, tomatoes or beets to add flavor and color.

Try this tip: Enhance the flavor by roasting vegetables in a 400 F oven with olive oil and desired seasonings before adding them to your salad.

Add one or more fruits to your buffet. For each serving, allow 1/2 cup of fruit to add fiber, additional nutrients and

a touch of sweetness. Add some chopped fresh apple, fresh blueberries, grapes, mango or orange slices.

Make grain foods available, if desired. For each serving, allow 1/2 cup of cooked and cooled grain of choice to balance the flavor. Consider cooked pearled barley, brown rice, couscous or quinoa for a change of pace.

**Tip:** Add quinoa to your salad creation to increase fiber and protein content for an extra-satisfying salad.

Prepare some protein-rich foods. Allow 1/2 cup of protein per serving. Try adding slices of leftover grilled chicken or steak, roasted ham, cooked eggs, black beans or other canned or cooked beans, tuna or lentils.

Try this tip: Use lean meats and trim away extra fat for optimal nutrition. Be sure to cook meat to a safe internal cooking temperature.

Choose one or more toppings. Toppings enhance flavor, interest and nutrition in your salad creation. Add about 1 tablespoon of each desired topping per serving. Examples include crumbled blue cheese, plain croutons, dried cranberries, nuts such as sliced or slivered almonds or chopped walnuts, roasted pumpkin or sunflower seeds.

Provide salad dressings, either homemade or commercial. For each serving, allow 1 to 2 tablespoons (or to taste) of your dressing of choice per plate. Salad dressings add flavor to your salad and help with nutrient absorption, so don't be afraid to expand your horizons and try something new.

**Tip:** Pre-made salad dressings tend to contain excess sodium. Try making your own salad dressing to avoid excess sodium while adding a personalized flavor.

*(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)*

## Noxious, Troublesome Weeds Spread Through Manure

Using manure as fertilizer can lead to the spread of noxious and troublesome weeds.

“It is a known fact that weed seeds pass unharmed through the digestive tracts of ruminant animals (cattle, sheep),” says Mary Keena, livestock environmental management specialist based at North Dakota State University's Carrington Research Extension Center. “This means that whatever weed seeds are in the feed or bedding you're using are still viable when they exit the animal as manure.”

“There is also a line of thought that says there is an extensive weed seed bank in most fields already and applying manure gives them the nutrients they need to grow,” she adds. “Either way, manure does promote plant

growth.”

Producers have tools to minimize the amount of viable weed seeds in fresh manure, one of which is composting. Information about composting is available in a self-paced online workshop at <https://tinyurl.com/2020CompostingWorkshop>. To learn the reasons behind these composting operations, check out <https://tinyurl.com/2020CompostProducerOperations>.

Another tool more commonly used is herbicide control. Applying a pre-emergence herbicide will help reduce competition between weeds and newly seeded crops.

But what happens when those herbicides don't work on specific noxious and troublesome weeds? How do you keep noxious and troublesome

weeds at bay when you need to spread manure but know hard-to-control seeds such as Palmer amaranth and waterhemp are present?

“Even in direct competition with a crop, these plants can still produce up to 100,000 seeds in a year,” warns Joe Ikley, NDSU Extension weed specialist.

Due to this extensive seed production, the ability of the weeds to germinate throughout the growing season, and widespread resistance to glyphosate and Group 2 herbicides, herbicide programs for control of severe infestations of waterhemp and Palmer amaranth often will cost two to three times the amount of money spent on a weed control program in fields without these two weeds, he

says.

In addition to the added cost of controlling these weeds, weed scientists in the U.S. have documented herbicide resistance in Palmer amaranth to every herbicide mode of action that can be used in row crop production.

“This is why it is important to scout fields for these two pigweeds before they become established,” Ikley says. “In many cases where the weeds are spread in contaminated manure, the infestation starts with a manageable level of plants and the population can be managed by hand pulling if correctly identified.”

Producers have a few steps they can take to help mitigate and monitor the potential impacts of these weeds. One is to keep records of where they

spread manure so they can monitor that field throughout the growing season.

Another step is to clean spreading equipment before moving to a new field.

“This is probably one of the most important and least popular steps you can take,” Keena says. “If you are doing custom work for someone, this is especially important as you do not want to take one client's issue to the next client.”

“Clean the spreader with an air hose for dry manure or a pressure washer for wet manure,” she advises. “This takes time and can be messy but can save years of headaches down the road. Make sure to record where cleanout occurs so you can monitor that spot



## Farms of the Future DAKOTA GARDENER

By Esther McGinnis, Horticulturist NDSU Extension

When you hear the phrase “farms of the future,” what do you envision?

Drones detecting weeds and delivering the right mix of herbicide? Robots driving tractors in large soybean fields? While precision ag and automation in agronomic fields are one vision of the future, indoor vertical farms growing fresh vegetables in the city are another.

Vertical farms produce fresh leafy greens and herbs in indoor environments for sale within a local urban area. The first generation of vertical farms built state-of-the-art greenhouses on the roofs of warehouses and factories in cities to utilize wasted space and to capture the power of the sun.

As an example, Gotham Greens built a 75,000-square-

foot greenhouse in Chicago, Ill., on top of the Method Products manufacturing plant. This greenhouse produces millions of heads of lettuce for the Chicago market.

In Brooklyn, N.Y., Gotham Greens greatly reduced its transportation costs by building its greenhouse on the roof of an organic grocery store. In its nine greenhouses totaling 500,000 square feet, the company can grow the same amount as a traditional 400-acre vegetable farm and only use one-tenth of the water of field production.

Second-generation vertical farms no longer use greenhouses because their horizontal footprint is too big and expensive for urban centers. New vertical farms are multistory indoor plant factories with no windows or exposure to sunlight.

Instead, plants are grown in a multilevel shelving system

with LED lights mounted above each shelf. They use soilless systems that bathe plant root systems in a water solution or a mist that contains essential nutrients.

Third-generation vertical farms will improve on land-use efficiency by installing vertical columns of plants rather than using horizontal shelving to maximize space.

As you can imagine, enclosed vertical farms require a substantial amount of energy for lighting, heating and cooling, compared with a traditional farm. Why are we transitioning to such an energy-intensive mode of production when traditional field production is powered by the sun?

First, urban consumers desire fresh local produce and will pay a premium for it. Lettuce and greens grown in a vertical farm can reach the consumer within a day or two after harvest, thereby preserving peak flavor and nutrient levels, compared with produce that has been trucked in a refrigerated trailer across the country.

Indoor production of leafy greens is seen as a safer method to produce vegetables that are consumed raw. Foodborne outbreaks such as E. coli in the last few years have resulted in major recalls of outdoor grown lettuce and greens. Although not every outbreak was traced to a source, the potential exists for the contamination of field

crops by feral animals as well as dust and runoff from cattle operations in those areas.

Finally, the future of vertical farms is bright because we need to significantly increase the amount of food grown to feed a population of 9 billion people by 2050. The planet does not have unlimited arable land to feed the world. Planning for land use efficiency and proximity to population centers will help provide the food security that the world needs.

For more information about gardening, contact your local NDSU Extension agent. Find the Extension office for your county at <https://www.ag.ndsu.edu/extension/directory/counties>.

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**NDGF NEWS**

Landowners interested in a 2021 deer gratis license can apply online by visiting the North Dakota Game and Fish Department website, [gf.nd.gov](http://gf.nd.gov). The deadline for applying is June 2.

General deer and muzzleloader lottery applications will be available online in early May, also with a deadline of June 2.

Gratis applicants who have previously applied online will automatically have their land description carried forward to this year's application. However, any changes with land descriptions from last year's application must be made prior to submitting the 2021 application.

Applications must be submitted online using a computer or smartphone. License vendors are unable to process deer gratis applications.

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**April 9 & 10..... 7:30 p.m.**

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**April 23 & 24..... 7:30 p.m.**



# OUR OUTDOORS

A season not to be missed



**BY NICK SIMONSON**  
DAKOTA EDGE OUTDOORS

The past week has been my busiest one in the outdoors as I've experienced in the last eight years. The checklist is far longer than the one leading up to the start of firearms deer season.

Fishing, now simply the grabbing of a rod and a handful of tackle, pales in comparison to the efforts I and several dozen others have undertaken for the start of the spring shooting sports season — culminating in the recent rush.

It's becoming more apparent

too that the young shooters taking to the stand and their parents as well, don't want to miss a weekend of the action. And that's a good sign for the future of shooting sports and the interconnected avenues of hunting and conservation.

Against my calendar of swimming lessons, basketball and family events for my boys still too young to shoot, we've planned for the start of the season over the past few months. This spring we've taken on 50 additional shooters over the previous year and added both sporting clays and five-stand to our group's offerings.

As we've planned, so have the parents of our participants. The inpouring of informational calls and emails range from questions regarding online registration, flight times and calendars, to messages inquiring as to what choke works best.

They simply don't want to

miss a week of the action, and certainly want to crush every target they get a look at. The excitement and devotion from the participating families has increased season-over-season, and that bodes well for the future of not only the program but also the outdoors.

I've often lamented the leading-a-horse-to-water scenario that is shooting sports and its connection to the future of hunting. But now more and more sportsmen's and conservation groups are taking notice of the growing ranks of young shotguns in their communities and beginning to nudge them into soaking in everything the outdoors has to offer.

From nationwide entities like Delta Waterfowl, to big game organizations like the Rocky Mountain Elk Foundation, these groups are not only sponsoring the efforts of shooting sports organizations like ours, but

they are beginning to recruit from their ranks these young sportsmen and women.

They're beginning to connect the two together, realizing that this spring's new shooters are next fall's new hunters armed with a great shot and more than the basics of what they learned in hunter's education which makes their transition from trap house to field easier and more successful.

What's more, they're beginning to see that next fall's new hunters can be lifelong advocates for the activity and the conservation efforts that sustain it. And it goes beyond just the tax revenue that comes from their purchase of each shell shot at a sporting clays station or the fifth post on a trap house. Like a straight away clay on a calm sunny day, it's an easy connection to make, and couldn't have happened at a better time.

As our world returns to

some semblance of normal and these conservation groups and shooting sports programs like ours spring back to life in recruiting for and advancing their missions, the growing ranks of young shooters provide a target-rich environment to jump start their futures.

In that richness the hope of hunting rests, and from those new hunters comes the next generation of conservationists and advocates for tall grasses, open lands, clean waters and abundant game. The connection is there, and as the numbers of participants follow our groups trends and increase into the tens of thousands participating nationwide each spring.

It's becoming an opportunity which is not to be missed by everyone involved in preserving the future ... of our outdoors.

## Listen to Your Gut PRAIRIE DOC

By Andrew Ellsworth, M.D.

The patient knew something was wrong. After appointments with several specialists, multiple scans, and tests, she was given a diagnosis. Still, she felt certain something was not right. I sat down with her and listened. We repeated a test she had a year prior, and this time the test garnered a different result. There was a

tumor growing. She listened to her gut, she persisted and with an accurate diagnosis she got the medical care she needed.

Usually, it does not help to repeat a medical test. Nine times out of ten the result is the same. However, if as a patient, you get that feeling that something is amiss, seek out answers and find someone who will listen. That does not mean you need every possible

test. Tests are costly. They are only a tool and using the wrong tool can cause more harm than good.

Physicians are adeptly trained in the application of the tools of medicine. Throughout college, four years of medical school and another three or more years of residency training, an M.D. or D.O. invests over 10,000 to 15,000 clinical hours while learning

the art of medicine. Ideally, as physicians gain experience and confidence, we learn to discern when a test is needed, and how to avoid an unnecessary test.

Most importantly, a well-trained physician learns that listening to the patient history is a more powerful tool than any test. The history is the story of the patient's current and past symptoms as told by the patient. It does not come from the chart, is not in a textbook, and cannot be determined by a blood test or CT scan. To obtain it, a physician must listen.

Unfortunately, physicians often interrupt a patient within the first 10 to 15 seconds of the visit. Pressures from time, from documentation, from insurance companies, and from the next patient that is waiting can contribute to the detriment of the interview. However, with careful listening and guidance

from the physician, the patient will frequently provide all that is needed to reach an accurate diagnosis.

We can all learn more by listening. Whether listening to our bodies, our family, our friends, or even our adversaries, it is time well spent. When we take the time to listen, we are one step closer to the truth. You'll feel it in your gut.

*Andrew Ellsworth, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. For free and easy access to the entire Prairie Doc® library, visit [www.prairiedoc.org](http://www.prairiedoc.org) and follow Prairie Doc® on Facebook featuring On Call with the Prairie Doc® a medical Q&A show streamed most Thursdays at 7 p.m. central.*

📍 5835 21st St NW, Roseglen, ND 58775

# Farm Retirement AUCTION

TIMED ONLINE

OPENS: Thursday, April 1  
CLOSES: FRIDAY, APRIL 9 | 10AM



**PREVIEW:** Monday, March 29 – Friday, April 9 from 8AM-5PM by appointment with Kelly.  
**LOADOUT:** Friday, April 9 – Sunday, April 18 from 8AM-5PM by appointment with Kelly.

**INCLUDES:** 4WD, MFWD & 2WD Tractors, Harvest Equipment, Grain Cart, Air Drill, Planter, Self-Propelled Sprayer, Tillage Equipment, Semi Tractors & Box Trucks, Hopper Bottom & Other Trailers, Hopper Bins, Grain Handling Equipment, Other Equipment & Tanks

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**KELLY & COLETTE GIFFEY | Kelly, 701.897.0275**  
or Terry Moe at Steffes Group, 701.237.9173 or 701.580.2426

All items sold as is where is. Payment of cash or check must be made sale day before removal of items. Statements made auction day take precedence over all advertising. \$35 documentation fee applies to all titled vehicles. Titles will be mailed. Canadian buyers need a bank letter of credit to facilitate border transfer. \*Note, ND Sales Tax Laws Apply. Scott Steffes ND81

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**Saturday, May 1**  
Hazen

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SALES LISTINGS AND MAP WILL BE IN **APRIL 24 XTRA**

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Wednesday 8-5  
Thursday 8-5  
Friday 8-3:30



BreAnn Raymond, FNP-C



Kayla Abrahamson, FNP-C

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# CALENDAR

**Monday, April 5**

Yoga, First Congregational Church, Garrison, 8 a.m.  
 Bone Builders, Garrison Senior Center, 10 a.m.  
 City of Garrison Board of Equalization meeting, Garrison City Council room, 6:45 p.m.

**Tuesday, April 6**

Max Farm Services Meeting, Max Civic Center, Lunch served at noon  
 Friends of the Library meeting, Garrison Public Library, 7 p.m.  
 McLean County Commission Meeting at 8:30 a.m. at the courthouse.  
 Butte Senior's Tuesday Club, every Tuesday at 1 p.m. Get together with the crowd over 55, sing and play games.

**Wednesday, April 7**

Yoga, First Congregational Church, Garrison, 8 a.m.  
 E-Youth, Evangel Church in Garrison, 6-8 p.m.  
 Wilton City Commission meeting 7 p.m.  
 Underwood Civic Club meeting, noon at city hall.

**Thursday, April 8**

Bone Builders, Garrison Senior Center, 10 a.m.

**Friday, April 9**

Yoga, First Congregational Church, Garrison, 8 a.m.

**Saturday, April 10**

Underwood Community Cupboard 10 a.m. to 2 p.m. at 208 Lincoln Avenue

**Monday, April 12**

Yoga, First Congregational Church, Garrison, 8 a.m.  
 Bone Builders, Garrison Senior Center, 10 a.m.

**Tuesday, April 13**

Wednesday, April 14  
 Yoga, First Congregational Church, Garrison, 8 a.m.  
 E-Youth, Evangel Church in Garrison, 6-8 p.m.

**Thursday, April 15**

Bone Builders, Garrison Senior Center, 10 a.m.

**Friday, April 16**

Yoga, First Congregational Church, Garrison, 8 a.m.  
 Used book sale, Garrison Public Library, 10 a.m. To 5 p.m.

**Saturday, April 17**

Used book sale, Garrison Public Library, 10 a.m. To 4 p.m.

There is a food pantry located outside the Mercer Baptist Church open 24 hours a day. Access to anyone.

Library Hours: Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m.; Saturday 10 a.m. to 1 p.m.  
 Underwood Public Library - Monday and Friday, 10 a.m. to 2 p.m.; Tuesday and Thursday, 3 p.m. to 7 p.m. Closed Wednesday.  
 Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

## MEALS ON WHEELS

- April 5:** Mushroom Swiss burger on a bun, tater rounds, pasta and veggie salad, Mandarin oranges, cookies.
- April 6:** Bourbon meatballs, mashed potatoes with margarine, garden mix vegetables, Mandarin orange banana cup.
- April 7:** Roast beef, mashed potatoes with gravy, glazed carrots, apricots.
- April 8:** Italian spaghetti, green beans, side salad with dressing, garlic toast, fruit crisp with topping
- April 9:** Cod with mango salsa, baked potato with sour cream and margarine, green beans, fruit salad, pudding.

## Submit an event

To announce your free public event in the Xtra Calendar, simply fill out the form below. The form must reach the Washburn office by Wednesday. Mail to the Xtra, PO Box 340, Washburn, ND 58577; email: leadernews@westriv.com; phone: 701-462-8126.

Event: \_\_\_\_\_  
 Date: \_\_\_\_\_ Time: \_\_\_\_\_  
 Location: \_\_\_\_\_  
 Contact: \_\_\_\_\_

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**Fast Facts about BHGnews.com**

- Roughly 3,500 users and 7,000 sessions per month
- An average of 650 new users in one week
- Roughly 600 e-edition views per week -- and growing.
- 65-70 percent of users are new users, with 30-35 percent being return visitors.

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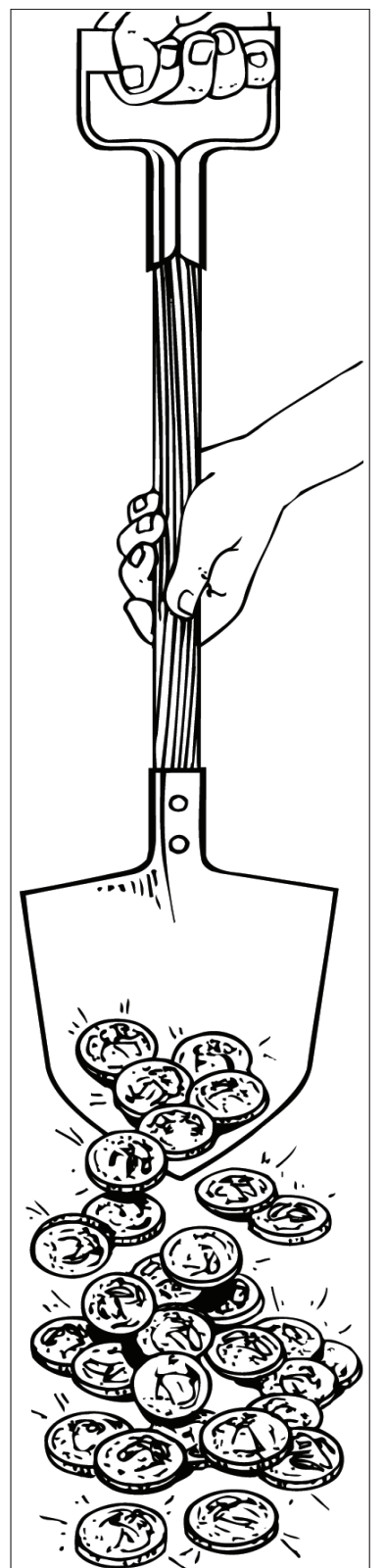
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**WEEDS** page 3

during the growing season.” She recommends spreading weed seed-heavy manure on tame grass pastures or grass hayfields because more options are available for herbicide control on them. “It is never recommended to spread manure on native rangeland,” says Miranda Meehan, NDSU Extension livestock environmental stewardship specialist. “Adding additional nutrients can benefit invasive grass species such as Kentucky bluegrass and smooth brome.” For more information about noxious and troublesome weeds or manure management, contact the NDSU Extension agent in your county. Visit <https://www.ag.ndsu.edu/extension/directory> to find the Extension office in your county.



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## FROM THE FRONT PAGES

### Dog park planned in Beulah

Sonja Dutchuk, Beulah Park Board director, is planning to get her dog out and about this summer to mingle with other furry creatures with four paws. Dutchuk is hoping some time in June a dog park will be opened up in Beulah. It will give dog owners a chance to let their pooches socialize.

The park will be located by the Energy Wellness Center, in the southeast corner of the parking lot. There will be two different areas for dogs to play, one for smaller pooches and another for bigger ones.

The Beacon

### Backwards fun with upcoming shows

Fifteen Hazen High School students are coming together to bring a lot of fun and laughs to the community this week. But you might have to look upside down and back-to-front to figure it out. This year's spring One Act comedy is "slasreveR neveS." It might be difficult to work that out from left to right, but spelled backwards it makes "Seven Reversals." The play is by Alan Haehnel.

Huber, play director, said each skit could do something different, with a name pronounced backwards at one point, or an entire skit done, starting at the end and continuing to the beginning.

Hazen Star

### Board says masks still required

After much discussion, the Turtle Lake-Mercer School Board decided to buck the recent trend of some schools changing their COVID policy from "masks required" to "masks recommended," sticking with the policy it has had all school year saying masks are required when not social distancing.

According to Supt. Sheila Schlafmann and Principal Steve Heid, the students, especially the elementary classes, have responded so well with wearing masks, and since most of the high school classrooms allow for social distancing, the board felt comfortable sticking with its policy to require masks.

Central McLean News-Journal

### Setting the stage for water, sewer project bids

Civil engineer AJ Tuck detailed the pros and cons of the fact that 25 percent of loan dollars haven't yet been secured for a grand-scale water and sewer project at March 17 Wilton City Commission meeting.

He cited issues with required audits as a reason for the "slow turnaround" that has impacted the dispersal of the remaining loan funds. However, Tuck also explained that he has instituted a 90-day hold on construction bids, which should create ample time for the city to receive its remaining loan.

The Leader-News

### Hopfauf wins spelling bee

Emma Hopfauf, a Center-Stanton 7th grader, won the school spelling bee this year. She entered the test knowing her biggest challenge would be the oral round.

Hopfauf said her biggest challenge in the previous Center-Stanton Spelling Bee was her nerves. She focused on one thing, "Not to get so nervous during the oral round."

Hopfauf changed her mindset to calm down during the oral round and won the competition. She said one of the keys was relaxing and approaching the spelling bee with a "Whatever happens, happens" mindset.

Center Republican



# Ladie's Night Out

HA! HA! HA! HA! HA! HA! HA! HA!

**Christian Comedienne - Dorie McLemore**

**COME LAUGH WITH US** **April 9, 2021** **DOOR PRIZES**

Doors Open @ 5:30

Baked Potato Bar Supper at 6pm

Dessert and Socializing Following the Comedy

**WASHBURN UNITED METHODIST CHURCH**



## TOYO TIRES

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**\$50**

**April 1st - April 30th, 2021**

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Washburn, ND 58577  
701-462-3374



# New Jerusalem/Wamduska

## DAKOTA DATEBOOK

Dakota Datebook written by Merry Helm

April 6, 2021 — North Dakota has had several Jewish settlements in its history, but they weren't long-lived.

Beginning in the 1870s, rising nationalism in Russia led to persecution of Germans, Ukrainians, Jews, and Crimean-Czechs, and thousands emigrated to North Dakota. Between 1882 and the advent of World War I, more than 800 Jewish individuals filed land claims here.

In St. Paul, Rabbi Judah Wechsler's congregation was overwhelmed with Jewish refugees, and he sought means for helping them start over. In 1882, he obtained a land grant and began an experiment with 11 immigrant families at Painted Woods, 35 miles north of Bismarck.

With no other avenues open to them, the settlers tried valiantly

to make the abrupt adjustment from village life in the Ukraine to the harsh conditions in their new home.

Unfortunately, Wechsler chose land that would prove disastrous. While it had trees and water from the adjoining Missouri River, the terrain and soil proved difficult, even for experienced farmers.

The settlers named their settlement New Jerusalem, but trouble arose when neighbors complained that they had settled on school land. The disputes were resolved, but the colony was in for further troubles. Historian Gunther Plaut wrote, "The Jewish settlers had many children and seemed old at thirty-five... they felt they were objects of charity. This proved a disastrous deterrent to their independence and initiative."

Meanwhile, Jewish newspapers were still alerting Russian and German Jews that North Dakota was providing free land, and more families

arrived. In its most prosperous year, the settlement had 55 families and 1,400 acres under cultivation, along with 53 horses, 56 oxen, 61 cows, and 86 calves. Jewish residents from St. Paul contributed more than \$30,000 to help finance the colony, but crop failures in '84, '85, and '86, along with prairie fires, crippled the venture. In 1888, the settlers tried to start their own town, named Nudelman, but by 1901, the 20-year experiment had failed; only three families remained at New Jerusalem.

Near Devils Lake, another attempt to establish a Jewish settlement was taking place at Stump Lake, which the Indians called Wamduska. Here, in 1881, a number of Jewish visionaries were gambling that if they built it, the railroad would come.

In the winter of 1881-82, about 15 Jewish men staked adjoining claims and reported to the Grand Forks Daily Herald that they were developing a new town called

Adler that summer. Charles Adler said, "We shall break up at least 1500 acres and push the opening of good farms at once."

One of Adler's partners, M. J. Mendelson, said he was setting up a thousand-acre farm near the lake. The articles states, "He proposes to engage in farming operations on the same gigantic scale that characterizes all his undertakings... nothing short of a full grain bonanza farm."

Within months, Adler built a 3-story, 46-room hotel and tavern beside the lake named the Wamduska House. Stores, houses, saloons and a school also sprung up. Unfortunately, the railroad chose a different route,

and within a year, the fledgling town was abandoned. The impressive Wamduska House remained a lasting testament to the failed vision. For some time, it was used as a hunting lodge, but in 1954, it was unfortunately demolished.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at [prairiepublic.org](http://prairiepublic.org), subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at [shopprairiepublic.org](http://shopprairiepublic.org).

### McLean Electric Cooperative

#### - Items For Sale on Sealed Bids -

We reserve the right to refuse any or all bids. Items Are Sold As Is - No Warranty  
 Contact Kelly if you would like to schedule a viewing of the items at 463-6700  
[ACCESS PHOTOS OF ITEMS AT WWW.MCLEANELECTRIC.COM](http://WWW.MCLEANELECTRIC.COM)  
**SEALED BIDS MUST BE RECEIVED BY APRIL 15 AT 4:00 P.M.**  
 Please mail sealed bids to the following address:  
 McLean Electric Cooperative  
 Keith Thelen, PO Box 399, Garrison ND 58540

- Winco Generator: 540 PTO Driven, single phase, 25KW, 120/240 Volts
- 2019 Ford 350 Front Bumpers: for Ford pickup, brand new, chrome, 2 for sale
- 8X10 Drop Ramp Utility Trailer: tire size ST205/75R15
- 6' Schulte 7400 Snowblower for Skid Steer
- Job site electric service center for temporary power
- Electric BBQ Grill
- Scaffold -500 lb. load capacity
- 10'X5"X8" metal utility box
- 2- Electric garage heaters 5KW (ceiling mount) and 8' electric base board heater 2500W
- Metal cargo back seat security shield - universal
- Toolbox 11'L X 20"W X 8"H
- Toolbox 6.25'L X 20"W X 18"H

**Items on pallets are sold by the LOT# (write down LOT#)**  
 LOT #1 - 1 pallet of mixed wire LOT #2 - 1 pallet of mixed wire LOT #3 - 1 pallet of mixed wire  
 LOT #4 - 1 pallet of mixed wire  
 LOT #5 - 1 pallet of electric and plumbing supplies LOT #6 - 1 pallet of conduit benders  
 LOT #7 - 1 pallet of conduit benders  
 LOT #8 - 1 pallet misc. tools (drill bits, trouble light, flashlights, etc.)

## FARM RETIREMENT AUCTION

### Thursday, April 15 • 11:00 am

Location: Rugby, ND, Directions: From Rugby – 6 miles South on Hwy 3, 2 1/4 East on gravel

**OWNERS: Wayne & Theone Stevenson**  
**Cell 701-681-1955 or Home 701-776-6248**

**AUCTIONEER'S NOTE:** Wayne & Theone have been farmers of the Rugby area, they have decided to retire from farming after 30 years and will sell their entire line of well-maintained machinery by public auction to the highest bidder.  
 Few small items, be on time. Machinery sells at noon!  
**INTERNET BIDDING:** This auction will feature live internet bidding. For live bidding the day of the auction, please visit our website at <https://dakotauctioneers.com/> and click on the "Online Auctions" tab. Pre-registration is required prior to auction day.  
**LUNCH WILL BE SERVED!**  
 For complete list w/pictures please check out our websites.



**TRACTORS**  
 - 1985 JD 8450 4WD, 18.4 38 hub duals (50%), fact. 3 pt., 4 hyd., 1000 PTO, 11,850 hrs.  
 - 1990 JD 4455 MFD, 16 sp. p.s., 3 hyd., 3 pt., 480/80/R42 hub duals (very good), 8050 hrs., new greaseless front U joints, 280 JD loader  
 - 1972 JD 4320 2WD, 3 pt., 2 hyd., 18.4 38's (60%), 540/1000 PTO, 10,688 hrs.

**AIR SEEDER & TILLAGE**  
 - 33' Flexicoil 1720 air seeder w/5000 tool, eagle beaks, 7.2 space  
 - 60' Summers 5 bar heavy harrow -40' 4 bar Herman harrow, teeth new  
 - 21' IHC tandem disk - 21' IHC Vibra shank cult.  
 - 27 1/2' IHC 645 NH3 Vibra chisel w/3 bar harrows  
 - 27 1/2' IHC 5000 Vibra chisel w/3 bar h.d. harrows  
 - 6x16 JD 3200 auto reset plow w/Melroe packer  
 - 1450 gal. NH3 tank, high clear], h.d. gear, like new

**COMBINES & HEADS**  
 - 1996 JD 9600 combine, 5514 eng., 3683 sep., chaff spreader  
 - 1985 JD 8820 Titan II combine, 1972 hrs. - 25' header trailer  
 - JD 925 flex head w/new Cray air, new guards & sections  
 - JD 25' Flex head w/finger - JD 925 25' rigid head w/bat  
 - JD 912 6 belt pickup head - JD 212 pickup head

**HARVEST EQUIPMENT**  
 - 10x63 Westfield MKX 100-63, like new - Canola swath roller  
 - 7x33 Sakundiak HD7-1000 w/13 hp Honda

**SWATHERS, SPRAYER & MOWERS**  
 - 21' Versatile self-propelled swather - 21' JD 590 p.t. swather w/cutter  
 - 60' Demco HP tandem sprayer, 500 gal., hyd. pump  
 - IH 1100 trailer type sickle mower, new guards & sickle  
 - 7' JD 37 trailer type sickle mower

**TRUCK, GRAVITY WAGON & TRAILER**  
 - 1970 Chevy truck, 366 Big Block motor, less than 5000 miles, 5+2  
 - 300 bu. Killbros gravity wagon, 10-ton gear  
 - PJ 22' tandem axle trailer, h.d. 6000 lb. axles, hyd. tilt

**GATER, LAWNMOWER & MISC FARM ITEMS**  
 - 2012 JD XUV 550 Gater, 4WD, 313 hrs. - JD X-320 w/ 48" deck, 230 hrs.  
 - 1000 gal. poly, Honda 2" pump - (2) 500 gal. like new fuel tanks w/pumps

## Farm Retirement AUCTION

825 2nd St NW, Mercer, ND 58559

OPENS: Thursday, April 1  
 CLOSES: THURSDAY, APRIL 8 | 10AM 2021

2005 IHC 9400I

1983 JOHN DEERE 8650

1976 JOHN DEERE 4630

1990 JOHN DEERE 8960

**PREVIEW:** By appointment, contact Matt 701.400.3159 | **LOADOUT:** Thursday, April 8 – Thursday, April 15

**INCLUDES:** 4WD Tractors, 2WD Tractors & Loader, GPS Equipment, Harvest Equipment, Air Seeder & Hoe Drill, Tillage Equipment, Semi Tractor & Trucks, Hopper Bottom Trailer, Sprayers, NH3 & Chemical Tanks, Hay, Forage & Livestock Equipment, Grain Handling & Aeration Equipment, Other Equipment

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**MATT FISCHER | 701.400.3159**  
 or Justin Ruth at Steffes Group, 701.237.9173 or 701.630.5583

All items sold as is where is. Payment of cash or check must be made sale day before removal of items. Statements made auction day take precedence over all advertising. \$35 documentation fee applies to all titled vehicles. Titles will be mailed. Canadian buyers need a bank letter of credit to facilitate border transfer. \*Note, ND Sales Tax Laws Apply. Justin Ruth ND2019

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## DAKOTA AUCTIONEERS

Larry Swenson, (701) 968-4224 Office or (701) 303-0379 Cell

## GET IN GEAR

PLACE AN AD HERE

701.462.8126



**April 10, 2021** **Ron Heid** **10:00 AM CT**  
**AUCTION**

4770 40 1/2 St - New Salem, ND (2 mi W of New Salem on Birch Ave (S of RR) to Y, SW 1 mile)

**TRACTORS / LOADERS**  
 4250 JD-15 spd PS, 3 pt, 2 hyd, 540/1000, 8+K ish hrs w/720 JD loader & new MDS grapple  
 2290 Case-cab, PS, 3 pt, 2 hyd, 540/1000, 6739 hrs, good tires  
 4010 JD-diesel, cab, syncro, add on 3 pt, 2 hyd, 540, new tires, w/Dual loader & grapple  
 4010 JD-diesel, Year Around cab, syncro, 2 hyd, 540, good tires  
 2010 JD -diesel, narrow front, new paint, 3 pt, 1hyd, 540, Sharp!

**Farmall-Schwartz front runs nice**  
 255 Woods Dual loader w/grapple  
**SKIDSTEER / ATTACHMENTS**  
 4635 SXT Gehl-turbo, 1685 hrs, heater, Deutz dsl eng, 2nd owner dirt bucket, dirt bucket w/grapple clamp on pallet forks

**MISC EQUIPMENT**  
 '10 Westfield 6X46 auger w/10hp elect motor  
 '40 Melroe 8 sect harrow-hyd lift  
 '14 Bush Hog offset disc  
 '12 JD tandem disc  
 '10 Oliver chisel plow  
 '12 JD LLA press drill w/grass 10X20 Rollin trailer  
 Herd 3 pt Sure-feed broadcaster  
 David Bradly grain wagon  
 7' McKee snowblower  
 4 wheel run gear, 8' old roller pallet forks for bucket  
 8' Ford 3 pt blade-hyd angle  
 Work Saver 3 pt blade  
 3 pt bale carrier  
 300 gal gas tank on stand  
 8' cultivator -3 pt  
 MTS pallet fork for 260 JD loader

**YARD / GARDEN**  
 D140 JD 48" mower -117.5 hrs  
 110 JD, hyd lawnmower/ATV lift yard windmill, yd tools & decor  
 3 white patio chairs, lawn chairs garden hose, potato fork landscape/patio blocks

**HAY EQUIPMENT**  
 BR780A NH baler-1000, dual twine belts tight  
 315 Sperry NH sq baler-Sharp!  
 114 NH haybine  
 100 IH trailer type 7" mower  
 270 New Idea cut-ditcher  
 34 IH hay conditioner  
 259 NH side delivery rake  
 17" hay rack on 4 whl run gear  
 Rust bale buncher  
 round bale rack used on 8X16 trlr

**STOP**  
 33 gal air comp-on wheels  
 7250w generator, air tank dble flood flight, ext cords sockets, wrenches, hatchet hammers, oils, sprays, tube grease gas jugs, funnels, chains come-alongs, lift straps, shop tools grease guns, saws, turn buckles pitch forks, shovels, brooms misc lumber, leather tool belt 100' of #10 cord-like new

**CARPENTRY RELATED**  
 saws, nailers, screw guns, sanders hammers, ladders, saw horses shingle remover & more

**ANTIQUE / COLLECTIBLE**  
 runner sled, Fairway Flyer wagon wash tubs, kids wheel barrel cr cans, skis, wheel barrel, collars neck yokes, hames, draw knife wood ammo box, shortening tin wood crates, kids folding chairs wood chairs, Nesto oil jar

**TRAILERS**  
 '95 Diamond D 20' GN stock-new tires & hubs, rubr mats, good floor  
 '10 LoadTrail 18' bumper flatbed w/ramps  
 '75 Starline 6'X16 bumper stock 4 wheel wagon, pickup box trailer 4 wheel run gear flatbed trailer

**LIVESTOCK RELATED**  
 5) 10' Hi-Qual panels  
 FH manure sprdr on 4whl run gear cattle panels, wire panels, City Line & misc galv water tanks wood hot box, wood calf box new/used steel posts, RR ties wood posts, barb wire, fence tools cattle oiler sock, live animal traps saddle/halters/bridles 10X10X6 dog kennel water storage tanks, calf sled

**SHEEP RELATED**  
 Arkfeld Instant Way 500# scale sheep working alley w/sorting gates 17) 47" sheep wood panels/jugs 2) 8' wood panels, rubber tubs/pails 3) 2X4' wood bale feeders 7) 2X7'8" wood bale feeders 3) 1X7'8" wood troughs 4' wood trough, 10' metal panel elect dock, syringes, hoof trimmer castrator, bander, paint & numbers

**HOUSEHOLD / MISC**  
 refrigerators, freezers, beds dressers, misc furniture, misc bar stools, rugs, toys, window AC Cozy natural gas/propane room heater w/pipes

\*TERMS: Cash/Bankable Check \*Lunch Served \*More Items! \*Not Responsible for accidents \*Statements on day of sale take precedence over printed material \*Owner reserves the right to reject any and all bids \*Sold as is, where is with no guarantees or warranties implied whatsoever. \*Well cared for equipment! \*Please remove items in 2 weeks.

[www.midwestauctions.com/gandg](http://www.midwestauctions.com/gandg)  
[www.globalauctionguide.com](http://www.globalauctionguide.com)  
[www.ndauctioneers.com](http://www.ndauctioneers.com)  
[www.auctionzip.com](http://www.auctionzip.com)

Yankton loses capital  
**DAKOTA DATEBOOK**

Dakota Datebook written by Merry Helm

April 5, 2021 — By the 1880s, Dakota Territory's population was concentrated in very separate regions. In the far north, Pembina was made up of fur traders, trappers, hunters and people of mixed blood.

In south-central Dakota, Pierre was outfitting thousands of miners who were illegally flooding into the Indian-held Black Hills and populating around Deadwood. Farther north, Bismarck was the main supply point for military posts, Indian agencies, and the lucrative Montana trade.

Yankton, the capital, was in the far southeast corner; with its lawyers and legislators, it was the most aristocratic. The town's commerce was suffering from a number of floods, and trans-shipment trade was shifting away from Yankton to Sioux Falls and Bismarck.

Meanwhile, the Northern Pacific railroad wanted the capital moved onto their line at Bismarck, where it would benefit from land-grant sales. The general population also thought the capital should be more centrally located, but Yankton had no intentions of letting that happen.

In 1883, a capital removal bill was finally pushed through under the corrupt governorship

of Nehemiah Ordway. Nine men had to organize in Yankton within 30 days to select a new site. They would each be paid \$10 a day for their services, and they had absolute authority in choosing the new location. The appointed commissioners came from all over the territory, including Deadwood, Fargo, Brookings, Bismarck, Redfield, and Vermillion. One was the infamous Alexander McKenzie, Burleigh County Sheriff and cohort of Governor Ordway. McKenzie had a tight network, called the McKenzie gang, who were firmly in the pockets of railroad interests.

The people of Yankton were furious when they learned of the bill. They had been able to stop previous attempts to move the capital, and they were ready to do it again — by force if necessary.

They organized to keep the nine men from convening in Yankton, including posting guards around the edges of town and locking any buildings where a meeting could take place.

It became rumored that the nine men were going to meet in Yankton on March 30, and the editor of the Dakota Herald urged citizens to "place your hen roosts under lock and key, and clear your clothes lines before dark" to rid the town of any potential meeting places. But March 30 came and went, and the nine-man commission didn't materialize.

On April 3, all was quiet through the night. Then, as the sun was coming up, a locomotive pulling a coach eased slowly into Yankton. Inside, the nine commissioners quickly chose its officers. Then, having legally organized for business, the train rolled back out of town. As it passed the pickets on the edge of town, the engineer blew his whistle, and the town's guards knew they'd been outsmarted.

Over the next three months, commissioners visited the towns that had submitted formal bids. In southern Dakota, they considered Aberdeen, Huron, Mitchell, Ordway, Pierre and Redfield. In northern Dakota, they considered Bismarck, Odessa and Steele. On June 1, the commission cast their ballots in Fargo. After 13 ballots, Bismarck was finally chosen. Yankton put up a fight, but Governor Ordway and his son promptly relocated to Bismarck ... and that was that.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at [prairiepublic.org](http://prairiepublic.org), subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at [shopprairiepublic.org](http://shopprairiepublic.org).

double your impact with print advertising

**We are OPEN!**

**Friday, April 2nd**

- Bait & Tackle
- Green Mountain Grills
- Toro Mowers
- T & E Tools





**Tool Surplus Center**  
 Best prices on tools in the state!

**— HOURS —**

Mon-Fri: 5:30 a.m. - 5 p.m.  
 Saturday: 5:30 a.m. - Noon

*Coming Soon!*



**YAMAHA Golf Cars**

**Full-Time Outdoor Power Equipment Mechanic On-Site!**  
 Small equipment in need of repair? Call us!



1619 HWY 83 NW  
 Intersection of Hwy 83 & Hwy 37  
 GARRISON, ND  
 701.337.2500

*Lawn, Leisure & Tools*



# THE CLASSIFIEDS

- **DEADLINE:** 9 a.m. Thursday.
- **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
- **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
- **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
Email: leadernews@westriv.com • Website: bhgnews.com  
Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## ANNOUNCEMENTS

**WANT TO SAVE** some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.  
1-e-tfn-nc 58540

**SUPPORT GROUP:** Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm. Positive Changes NA, Fridays at 7 pm, United Methodist, Washburn (701-460-0663).  
46-TFNPI 58540

**DELIVERY PROBLEMS?** If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.  
52-TFNPI 58540

## AUCTIONS

Ron Schuhs Auction Rescheduled: Saturday, May 1, 2021, 11 a.m. Garrison Auditorium; SJ Auction Service 337-5410 or 898-1381  
48-5TXNC 58540

Wayne and Bernice Stroup Estate Rescheduled, Saturday, May 8, 2021, 11 a.m. Garrison Auditorium; SJ Auction Service 337-5410 or 898-1381  
48-6TXNC 58540

## ESTATE SALE

ESTATE SALE for Carol Herner, Friday, April 9 from 3 to 8 p.m. and Saturday, April 10 from 9 a.m. until whenever. 715 High Park Drive, Wilton.  
48-XT-PD 58577

## HELP WANTED

**CENTRAL DAKOTA FRONTIER** Cooperative is looking to add a full-time Professional Custom Applicator/Truck Driver at our Turtle Lake location. Responsibilities to include chemical and fertilizer application, fertilizer mixing, transportation and crop management. Strong preference for someone with computer and GPS systems knowledge, however, will train the right candidate. Job Duties: • Responsible for operating and maintaining spray equipment. • Operate and maintain fertilizer and chemical equipment. • Perform necessary maintenance. • Blend and apply fertilizer and chemicals according to labeled directions or recommendations. • Assist to achieve accurate and efficient unloading and delivery of products. • Scout fields to help determine appropriate chemical and fertilizer recommendations as necessary. Central Dakota Frontier Cooperative is an independent, customer owned organization that operates throughout central and western North Dakota. Central Dakota Frontier offers Competitive Wages, Health Insurance, Vision/Dental Insurance, 401k, Clothing Allowance, Paid time off, Holidays, Education Assistance and Career Advancement Opportunities. Central Dakota Frontier Cooperative is an equal opportunity employer. To schedule an interview, please call or text: Mike Martin at (701) 315-0844 Or email m\_martin88@hotmail.com  
47-4TCHXI 58540

## GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.  
18-TFNCCI 58540

## LIVESTOCK

**TURTLE LAKE WEIGH STATION** will have the following dates scheduled to ship cows and bulls, Mon. April 5 & 19. Have them there by 11 a.m. Call Darin at 701.315.0144.  
43-TFN-E-X 58577

**HAY FOR SALE:** 1st & 2nd cutting. Alfalfa also mixed hay and oat hay. Bales are not wrapped. Will load Ron Isaak 701-891-9999  
44-TFN 58577

**HORSE BUYER** at Stockman's Livestock (east barn), Dickinson, Thursday, April 22 and Rugby Livestock, Saturday, April 24 from 8 a.m. to 4 p.m. Buying all horses good, bad, ugly or pretty! Top dollar paid on the spot! Licensed and bonded buyer. Special interest in riding horses. 612-839-9568  
48-50-XT-PD 58577

## SEED FOR SALE

**Yellow Peas**  
Agassiz Carver  
Inca Spectrum

**Chickpeas**  
Orion

**HRSW**  
Baracuda Rebel  
Camaro Cannon  
ND VitPro

**Durum**  
ND Grano

**Oats**  
CS Camden

**Soybeans**  
ND17009GT

Legacy LS-0239N Xtend

Legacy L0320E Enlist E3

*Tops the Garrison yield trials*

*Full line Legacy Corn, Soybeans, Alfalfa*

*Custom conditioning, treating, inoculating*

**FINKEN FARMS & SEEDS**

Chris 651-792-5920  
Dylan 701-500-7227  
Bob 701-720-1808  
finkenfarmsandseeds.com

**Reminder**

**Classified Deadline**

**Monday • 3 p.m.**

## MISC. FOR SALE

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.  
1-E-TFN-NC 58577

ORDER PRINTS, custom mugs, puzzles and more of pictures from all BHG newspapers at bhg.smugmug.com.  
35-P-TFN-NC 58577

## NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.  
1-E-TFN-NC 58577

## REAL ESTATE FOR RENT

HUGE 1 BEDROOM Apartment in Garrison, double stall garage, washer & dryer hook-ups, quiet area. For viewing call Kelly - Mulligan Apartments. 701-832-0223.  
46-TFNCHXI 58540

## NOW RENTING

**Heritage Heights Apartments**  
1040 Custer Dr., Washburn  
New management, remodeled rooms, lower rates. 1 or 2 bdrm. apts. All utilities paid including cable.  
701-527-4739 or Manager 701-220-8145

## Coaching Positions Available at GHS

We are currently seeking applicants for the following coaching areas. Head coaching starts @ \$5,500 for tier 1 activities with sub-varsity coaches receiving a percentage. Contact Dr. Klemisch or Mr. Ermer at Garrison High School 463-2818 for more information.  
JV- 70%, JH 60%, EL 50%

**Head Football Coach**  
for 2021 Season  
**Basketball OFFICIALS**  
Needed for sub-varsity games.  
Elem BBB this spring.  
No certification required.  
\$20/hour for elem games.

## GSSC SECURITY OFFICERS

GENERAL SECURITY SERVICES CORPORATION™

### Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BILL@GSSC.net) for more information.  
EOE/AA/Disability/Veterans/M/F Employer  
Immediate full-time & part-time openings!

## CMC VARSITY GIRLS' BASKETBALL COACH

The Central McLean Cougar Co-op is looking for a Varsity Girls' Basketball Coach for the 2021 - 2022 school year. Individuals must be highly motivated, organized, possess good communication skills, understand and be able to teach the game of basketball, promote and build quality teamwork, and able to work with all types of people. Pay is based on the CMC activity pay scale for coaching. Interested applicants should submit letter of application, resume, and three letters of recommendation to Sheila Schlafmann at sheila.schlafmann@k12.nd.us or mail to P.O. Box 160, Turtle Lake, ND 58575.

## HELP WANTED

McLean County will accept applications until **4:00 P.M.** on **Wednesday, April 7, 2021**, filling one (1) position as a **PART-TIME CHAPLAIN** in the Sheriff's Department with a pay rate of \$16.04/hour. For further information on the position or to obtain a McLean County job application form, interested individuals may contact the McLean County Auditor's Office, PO Box 1108, Washburn, ND 58577 or call (701) 462-8541. Only official McLean County application forms will be accepted. An application form can be accessed from the county's website: <http://www.mcleancountynd.gov/employment>. Resumes may be included with the application but will not be accepted in place of an approved application form. **To be considered, all applications and related items must be submitted to the McLean County Auditor.**

## SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.  
34-9-E-PD 58577

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516.  
35-TFN-P-X-PD 58579

## WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.  
1-E-TFN-NC 58577

## HELP WANTED

HELP WANTED: Westridge Golf Course needs full and part time employees for the grounds and clubhouse. Applications available at city hall in Underwood. Retirees welcome.  
48-49-XT-X 58577

## HELP WANTED

**CHI St. Alexius Health**  
*Imagine better health.™*

## Turtle Lake Hospital

**Hospital Nurse (LPN/RN), Nurse Aid,**  
**Part/Full-time Radiology Tech/CT Capability, willing to be on call**

**Experience preferred but not required. Contact Brenda 701-4485-2331 ext 207.**

*This institution is an equal opportunity provider and employer.*

## HELP WANTED

**Benedictine**  
LIVING COMMUNITY | GARRISON  
**HELP WANTED**

**Come Join Our Team!!**  
**Accounts Payable Coordinator & Foundation Dev.**  
Full-time/40 hrs. per week  
Benefit Eligible  
Apply at [www.blcgarrison.com](http://www.blcgarrison.com)



or call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

**HOUSEKEEPER & FRONT DESK CLERK** for the North Shore Inn & Suites Motel. Apply within at the

**North Shore Inn & Suites**  
430 5th Ave SW, Garrison, ND

**Benedictine**  
LIVING COMMUNITY | GARRISON  
**HELP WANTED**

**Come Join Our Team!!**  
**Culinary Aide**  
Full-Time. Benefit Eligible  
Starting wage \$13.00  
Apply at [www.blcgarrison.com](http://www.blcgarrison.com)



Call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

**CENEX**  
**OF GARRISON**  
**Part Time/Full Time CASHIERS AT C-STORE**  
**Days/Nights/Weekends**

**Nights & Weekends**

**Stop in for an application.**  
Hwy 37 • Garrison, ND

**Benedictine**  
LIVING COMMUNITY | GARRISON  
**HELP WANTED**

**Come Join Our Team!!**  
**Laundry Aide**  
30 hrs. per week, benefit eligible, wage range \$12-\$16.  
Apply at [www.blcgarrison.com](http://www.blcgarrison.com)



or call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"





West River Telecom (WRT), a growing telecommunications cooperative, has a position opening for a full-time **Accounting Clerk**. A complete job description for the position can be found at [www.westriv.com](http://www.westriv.com).

**Accounting Clerk (full-time)**

**Job Responsibilities:** Serves as primary point of contact for customers with questions on capital credits including handling customer correspondence, answering incoming telephone calls, responding to general questions, compiling capital credit retirement information and/or researching issued checks.

**Qualifications:** Associate Degree in Accounting or Business Administration or equivalent experience is required. Previous experience in an accounting position is preferred.

**WRT offers an excellent wage and benefits package including:** medical/dental/vision, life/dependent insurance, 401K, a retirement plan, student tuition reimbursement, PTO, sick leave, flex spending, and free phone/internet.

**Application Deadline:** April 12, 2021

Complete application online and submit with resume via [www.westriv.com](http://www.westriv.com). Call 701-748-4277 with any questions.

WRT IS AN EQUAL OPPORTUNITY EMPLOYER



**GARRISON PARKS & REC**

**Summer Employment**

Garrison Parks & Rec is now accepting applications for the following positions:

- **Lifeguards**
- **Maintenance Personnel** (Lawn care & more)
- **Coaching Positions**

We will pay to certify lifeguards, some restrictions apply.

Pick up applications at BHG or send resume to: P.O. Box 850, Garrison, ND 58540

**Application deadline: Friday, April 16th**

**NEWS**

**Newspapers:**

**The medium of choice!**

**83%** of community newspaper readers read every issue or almost every issue.  
**71%** don't always read direct mail ads.

National Newspaper Association readership study, *Spotlight on the Reader*  
 For more information, call 1 (800) 829-4NNA.



**The Washburn Park Board is looking to hire summer positions.**

They are looking for a swimming pool manager, and lifeguards. The Parks and Rec. is looking for coaches for little league, pee-wee, T-ball and softball. And the Parks Maintenance is looking for persons interested in working on maintaining the parks. Starting pay is \$9.50 hr. Please send a letter of interest to the Park Board and you will be contacted on interview dates and times. Application letters will be accepted until April 5th, 2021. Interested individuals should send a letter of application and resume to:  
 Washburn Park Board, PO Box 551, Washburn ND 58577

**HELP WANTED**



is looking for **COOKS, SERVERS, DISHWASHERS & CLEANING STAFF**

Call 701-337-2070 or apply in person.

Lake Audubon • Hwy 83

To place a classified ad call 462.8126 or fill out the form online at [bhgnews.com](http://bhgnews.com)

**HELP WANTED**

- **Speech Pathologist Teacher**
- **Bus Driver w/CDL**
- **Science Teacher**
- **FACS Teacher**

**Contact:**  
**Wayne Fox**  
**Superintendent**  
**743-4350 ext. 2205**



White Shield School



We make your pennies count.

Advertise in the Classifieds.

Call 701.462.8126

The sky is the limit of what you can sell or buy in the classifieds.

Call 462-8126

**STATEWIDES**

**HELP WANTED**

**SUMMER INTERNSHIPS AVAILABLE** at North Dakota newspapers. If you're a high school or college student interested in journalism, tremendous experience is available at a North Dakota newspaper. Deadline: April 2, 2021. Contact Sarah Elmquist Squires, NDNA Executive Director: [sarahes@ndna.com](mailto:sarahes@ndna.com).  
**EMPLOYMENT OPPORTUNITY:** STEELE, ND, Police Chief, Salary DOE, Retirement plan available, for application details contact Norm Fries, Steele City Auditor, 701-475-2805, [cityofsteele@bektel.com](mailto:cityofsteele@bektel.com)  
**CUSTODIAN:** LAKE REGION STATE COLLEGE – Devils Lake. Day shift working Monday - Friday 7:45am to 4:45pm with rotating weekends. Responsibilities include cleaning, floor care including stripping & waxing and carpet extraction, upkeep and general maintenance. For more information go to [lrsce.edu](http://lrsce.edu).  
**HIRING COMPANY CRUDE Oil Drivers:** Stanley, Bottineau and Tioga. Industry leading pay, competitive benefits. To Apply <https://cdlsuite.com/usshale>. For more info contact 800-262-1643. Local field management. Regional Office/mechanics in Watford City.  
**ANYONE CAN RUN STATEWIDE** with HELP WANTED ads in all the newspapers of N.D. with the NorthSCAN program! \$160 /25 words / all ND papers. NDNA, 701-223-6397.

**SERVICES FOR HIRE**

**BATH & SHOWER UPDATES** in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.  
**BATHROOM RENOVATIONS.** EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 833-946-2482.

**FINANCIAL SERVICES**

**SAVE YOUR HOME!** Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowner's Relief Line! FREE CONSULTATION! 855-399-8165.

**EDUCATION /TRAINING**

**TRAIN AT HOME TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET)  
**ATTENTION ACTIVE DUTY & MILITARY VETERANS!** Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, call 701-929-9679. (M-F 7am-5pm CT).

**REAL ESTATE FOR SALE**

**US POST OFFICE Building** for sale in Richardton, ND by Online Auction Ending April 21, 2021. Long Term USPS lease in place. Go to [www.pifers.com](http://www.pifers.com) for details. Steve Link, Broker, 701.361.9985, Pifer's Auction & Realty, 877.700.4099.  
**ND FARM LAND Values** surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

**MISCELLANEOUS FOR SALE**

**LOOKING FOR THE** most complete listing of ND Media? Get the ND Media Guide for Only \$25! Call 701-223-6397, ND Newspaper Association.

**AUTOS WANTED**

**DONATE YOUR CAR TO CHARITY.** Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

**HEALTH/MEDICAL**

**YOU MAY QUALIFY** for disability benefits if you have are under a

doctor's care for a health condition that prevents you from working for a year or more. Call now! 888-306-5936.  
**ATTENTION: OXYGEN USERS!** Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 701-404-5994. (24/7)

**ANNOUNCEMENTS**

**ATTENTION:** If you or a loved one worked around ROUNDUP WEED KILLER (glyphosate) for at least two years and have been diagnosed with lymphoma, you may be entitled to compensation. To see if you qualify, call now: 701-425-0904.  
**NEW AUTHORS WANTED!** Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.  
**BIDS**  
**NOTICE TO CONTRACTORS:** McIntosh County will receive bids for a road project that involves three sites in Township 130, Range 67 on 63rd Avenue. Contact Chris Opsahl, Highway Superintendent, at 701-709-0832 for the scope of work to be completed. Bids must be submitted by April 9, 2021 and should be mailed to McIntosh County Auditor, PO Box 39, Ashley, ND 58413. McIntosh County reserves the right to reject any and all bids.

**MISCELLANEOUS**

**AERIAL FARM PHOTOS 2021.** Save when we are in your vicinity. We are planning now for this summer. [www.vernwhittenphotography.com](http://www.vernwhittenphotography.com) / [whittenaerials@cablone.net](mailto:whittenaerials@cablone.net) / (701) 261-7658.  
**WE MAKE IT** easy to place an ad in one or all the North Dakota newspapers. One order, one bill, one check. We provide the ad design and tear sheets. Call the North Dakota Newspaper Association, 701-223-6397.

Call Don Winter for all your advertising needs. 462-8126

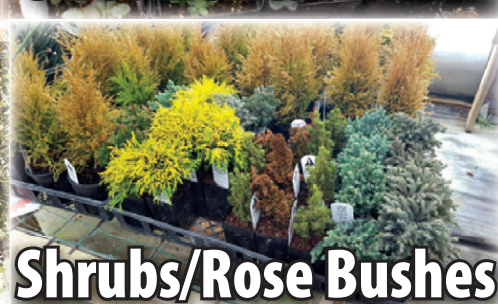




# The Garden Center at High Plains Concepts

1133 59TH AVE SW BEULAH, ND 58523 • OFFICE 873-2334 • FAX 873-2349

## We have the following items for sale



### Misc. items for sale

- Weed Matt • Straw Matt
- Edging • Top Soil/Mixes
- Pots/Baskets



**Custom potting is available if you buy our plants**

**We will be holding a garden contest with cash prizes in two divisions**

ADULTS-17 & OVER	JR. GARDNER AGE 16 & UNDER
1st Prize \$100	1st Prize \$50
2nd Prize \$75	2nd Prize \$30
3rd Prize \$50	3rd Prize \$20

Rules: Entry must be submitted on our form. All plants must be purchased from HPC, LLC. Copy of receipt purchase must accompany form and pictures of finished pot/pots by contest end 8-31-21. Only 1 prize per entry allowed. Multiple entries by the same person will be counted as one per division



ND 200 ← W From Hazen

Beulah

County 21

County 19

Main Street

BNSF Railroad Tracks

Front Street

Chaffee Row

County Shop

ND 49

E →

To Hazen - County 20

**Just follow the map to The Garden Center at High Plains Concepts**

**OPEN APRIL 15TH**

**THE GARDEN CENTER AT HIGH PLAINS CONCEPTS, LLC**  
1133 59th Ave SW, Beulah, ND 58523  
Office: 873-2334 Fax: 873-2349