

# Xtra

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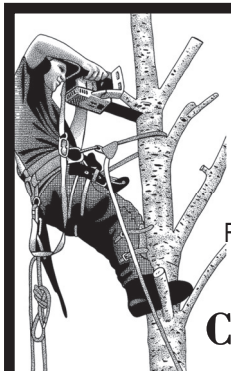
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- Roughly 3,500 users and 7,000 sessions per month
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- 65-70 percent of users are new users, with 30-35 percent being return visitors.

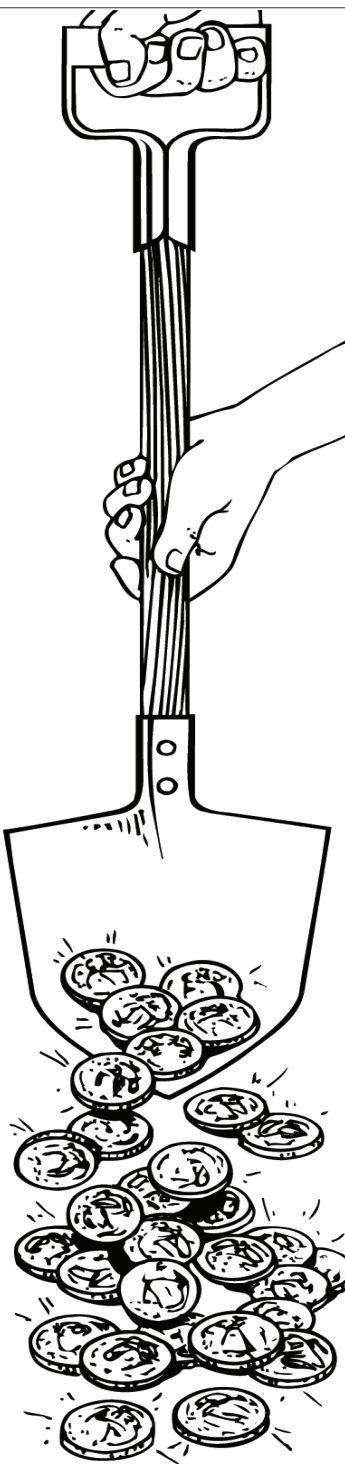
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## CALENDAR

### Friday, December 10

Lewis and Clark Senior Center will hold its' Christmas potluck, Friday, December 10, at noon. The Center will provide a ham for the potluck. Everyone is encouraged to bring a small wrapped gift (\$15). Enjoy a game of your choice afterwards. Come enjoy a fun afternoon. Questions call Carol at 701-462-8106.

### Sunday, December 12

Soup & Community Holiday Concert from 4-6:30p.m.

### Monday, December 13

CM Boys Basketball @Velva High Scholl  
Washburn City Commission meeting 6:30p.m. @City Hall  
The Washburn City Commission will hold its regular scheduled meeting on Monday; December 13, 2021 at the City Hall at 6:30 PM. The public is invited to attend.  
Yoga, First Congregational Church, Garrison, 8 a.m.

### Tuesday, December 14

Washburn Life Meeting @Dakota Farms 12:00 p.m.  
Executive board meeting at 11:00 a.m.  
Bone Builders, Garrison Senior Center, 10 a.m.

### Wednesday, December 15

Yoga, First Congregational Church, Garrison, 8 a.m.

### Thursday, December 16

Bone Builders, Garrison Senior Center, 10 a.m.  
Alcoholics Anonymous, Garrison Hospital cafeteria (enter through ER), 8 p.m.

### Friday, December 17

Yoga, First Congregational Church, Garrison, 8 a.m.

The Community Clothing Share Exchange will be open each Thursday from noon to 6 p.m. at 221 Main St., Turtle Lake.

There is a food pantry located outside the Mercer Baptist Church open 24 hours a day. Access to anyone.

### Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.  
Underwood Public Library - Monday, Wednesday and Friday -10 a.m. to 3 p.m. -Tuesday and Thursday 1 p.m. to 6 p.m.  
Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

## MEALS ON WHEELS

**Dec. 13:** Chicken cordon bleu, rice pilaf, peas, tropical fruit.

**Dec. 14:** Bacon ranch chicken breast, potato with green and red peppers, country trio vegetable, apricots.

**Dec. 15:** Beef stew with potatoes, onions and carrots, fruit, bun.

**Dec. 16:** Sausage with sauerkraut, mashed potatoes, green beans, apple slices.

**Dec. 17:** Loaded baked potato with taco meat, onion, and cheese, vegetable salad, cake with frosting.



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# Flying Doctor

## DAKOTA DATEBOOK

Dakota Datebook written by Merry Helm

December 13, 2021 — Owners of North Dakota's grain milling businesses were in an uproar during this period in 1908. Bleached flour had just been outlawed through the efforts of Professor E. F. Ladd. Ladd was a scientist at the North Dakota Agricultural College who became one of the Nation's foremost crusaders for the pure food and drug laws.

In November, 1908, the Bismarck Daily Tribune reported: "At 10 o'clock Monday evening the case of the Russell-Miller Milling Company [and others] vs. E. F. Ladd, as food commissioner of North Dakota, was submitted to [District Judge Charles Pollock], after arguments covering 12 hours... [The plaintiffs] summed up, making a strong plea for their petition

to throttle Commissioner Ladd in opposing the bleached flour process."

"[The defendant held] that the bleaching process is a fraud in that the consuming public is not aware of what has been done to the flour and that it is injurious to the public health, the court was asked to place its official ban on the process.

"The outcome of this action will decide the fate of the Alsop process for bleaching" the story read. "At the present time there is not a mill in the country that is without one of these devices, and it is the Alsop people who are fighting for their existence."

The story also revealed the millers were paying their expert witnesses from between \$50 a day to a lump sum of \$1,000 to testify for them. On Ladd's side, however, no witnesses were paid.

The article stated: "...the testimony of Professor E. F.

Ladd was by far the most striking, impressive and sensational in the case. The results he has accomplished in his experiments has not been approached by the experts on the opposing side... Arrayed as he is against the millers of the entire country, it is conceded that he has put up a good fight."

To understand why the case was so dramatic, we remember the American homemaker of the day. White bread was still relatively new. As a paper from Fort Wayne, IN, put it, "...the market will hardly buy anything but "bleached" flour because the housewife will have nothing else."

But, Professor Ladd warned, live animals exposed to the nitrites in bleached flour died sudden and violent deaths. On November 7, 1908, a story from the Fargo Forum read, "That an alcohol made from bleached flour contains a poison that was

strong enough to kill rabbits, and did kill a number of them that were used in a series of experiments, was the startling testimony that was given by [Professor Ladd today]. On the other hand, that it was not the alcohol that killed, but was a poison left in the flour by the bleaching process, was also proved by the professor...

"Professor Ladd did not make these experiments himself," the story read, "as he did not want it said that he had mixed up some sort of dope..."

Indeed, the experiments were carried out by two professors from the NDAC – a Professor Smith and Dr. Van Es, who did post mortem exams. Their test results showed rabbits injected with the alcohol from bleached flour quickly collapsed or went into convulsions. Five of the six subjects died within hours – the sixth was given a second dose the next day and died within

15 minutes. On the other hand, three rabbits injected with alcohol from non-bleached flour had no trouble.

Meanwhile, the brouhaha was also taking place before the Dept of Agriculture in Washington. On December 10, Secretary Wilson sustained Professor Ladd's findings that "flour beached with nitrogen peroxide is an adulterated product under the law and it cannot legally be sold..."

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at [prairiepublic.org](http://prairiepublic.org), subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at [shopprairiepublic.org](http://shopprairiepublic.org).



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# The Palm of Your Hand

## PRAIRIE DOC

By Andrew Ellsworth, M.D.

As a family physician living on the upper Great Plains, I have many patients of Norwegian and German descent. Thus, I am familiar with some diseases that are prone to affect people of northern European ancestry. One such example is Dupuytren's contracture.

Dupuytren's contracture is a gradual thickening of the connective tissue of the palm of the hand. It may begin innocently as a nodule in the palm or joint stiffness, which are common for anyone. However, with Dupuytren's contracture, over time the fingers curl inwards and cannot be straightened. Cords can become visible in the palm of the hand. This is often a slow progression over several years and may or may not become painful. It can make it harder to grasp objects and use the hand in general.

Sometimes called the "Viking Disease," Dupuytren's contracture most often affects men of northern European descent over the age of 50. Other risk factors making a person

susceptible to this disease can include smoking, alcohol, manual labor, and being thinner. It would seem being a fan of the Minnesota Vikings may be a risk factor, but that is probably just coincidence.

The condition is named after Guillaume Dupuytren, a French military surgeon who was skilled in anatomy. He described the condition well and was the first to perform a successful operation for it in 1831. Interestingly, Dupuytren gained prominence from treating Napoleon Bonaparte's hemorrhoids.

Although a steroid injection or physical therapy may be helpful, in general, Dupuytren's contracture cannot be cured, only treated. For a long time, surgery was the mainstay treatment, especially for more advanced cases. Surgery can involve cutting the fascia, the affected layer of connective tissue. A less invasive procedure involves using needles to weaken the thickened cords of fascia.

In the last decade a new treatment became available. Injecting the enzyme

collagenase weakens the bonds in the collagen of the fascia, releasing the contractures. Extracted from the bacteria *Clostridium histolyticum*, the collagenase offers an effective nonsurgical option for treatment.

I am not sure what my Norwegian and German ancestors would have thought about injecting an enzyme from a bacterium into their hands. However, patients today appreciate regaining the use of their hands for daily activities and to clap and cheer for their favorite football team.

Andrew Ellsworth, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at [www.prairiedoc.org](http://www.prairiedoc.org) and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show celebrating its twentieth season of truthful, tested, and timely medical information streaming live on Facebook most Thursdays at 7 p.m. central.



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# The Scoop on Air Plants

## DAKOTA GARDENER

The state Game and Fish Department is allowing hunters with whitetail or "any" deer gun licenses in several units in western North Dakota the option of turning those licenses in for refunds.

Casey Anderson, wildlife chief, said the decision is based on continuing reports of white-tailed deer mortality caused by epizootic hemorrhagic disease, and evidence of moderate to significant deer losses in some areas that might affect hunting success in those locations. The first confirmed EHD report occurred in early August.

Hunters with antlered whitetail, antlerless whitetail, any antlered and any antlerless licenses are eligible for refunds in units 2H, 2I, 2J1, 2K1, 3A1, 3A3, 3B1, 3B2, 3B3, 3C, 3D1, 3D2, 3E1, 3E2, 3F1, 3F2, 4A, 4B, 4C, 4D, 4E and 4F. Hunters who return their licenses will have their bonus points restored, if applicable, to the same number of points prior to the 2021 deer

gun lottery.

"Compared to previous years, a much larger portion of the state seems to be affected," Anderson said. "Unfortunately, substantial mortality has been documented in some areas."

Game and Fish made license refunds an option for hunters in 2020 because of an EHD outbreak in limited units.

Department staff will continue to monitor reports to determine if licenses in additional units should become eligible for refunds due to the EHD outbreak. Hunters and landowners should report any dead deer along with photos, if possible, to the department through the online wildlife mortality reporting system, at [gf.nd.gov/mortality-report](http://gf.nd.gov/mortality-report).

Before deciding to turn in a license, Anderson urges license holders to make local contacts to find out the extent of mortality in their hunting unit.

"Consistent with previous EHD outbreaks, the impact can

at times be severe in localized areas, while other areas within the unit have little to no impact and a good deer harvest may still be needed," he said.

License holders who qualify and want a refund must mail their tag, along with a note requesting a refund due to EHD, to the Game and Fish Department's Bismarck office no later than Nov. 4. Envelopes postmarked Nov. 4 will be accepted.

EHD, a naturally occurring virus that is spread by a biting midge, is often fatal to infected white-tailed deer, while mule deer do not usually die from the disease. Hunters do not have to worry about handling or consuming meat from infected deer because the virus that causes EHD is not known to cause disease in humans. In addition, the first series of hard frosts typically kills the midge that transmits the EHD virus and will slow or halt the spread of the disease.

# Country Kitchen Recipes

## GINGERBREAD COOKIE BARS

By Easy Budget Recipe

### Ingredients

#### Cookie Bars:

- 1/2 cup butter melted
- 3/4 cup granulated sugar
- 1/4 cup dark brown sugar
- 1/2 teaspoon pure vanilla extract
- 1/3 cup molasses
- 1 large egg
- 2 cups all-purpose flour
- 2 teaspoons baking soda
- 1 Tablespoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 1/2 teaspoon salt

#### Cream Cheese Frosting:

- 6 ounces cream cheese softened
- 3 Tablespoons butter softened
- 2 1/4 cups powdered sugar
- 3/4 teaspoon vanilla
- holiday sprinkles optional

### Directions

Preheat the oven to 350 degrees F and place the oven rack in the middle position. Spray a 9x13-inch jelly roll pan with non-stick cooking spray and set it aside. Whisk together the flour, baking soda, cinnamon, ginger, nutmeg, cloves, and salt in a large bowl. Set the bowl aside.

Using a stand mixer, or a large bowl with a handheld mixer, cream together butter, sugars, vanilla, and molasses until light and fluffy, about 2-3 minutes.

Next, add in the egg and mix until thoroughly combined. Add the dry ingredients and pulse the mixer/handheld beaters until the flour is mixed in. Increase the speed on the mixer to medium and stir to combine, about one minute.

Evenly spread the dough into the prepared pan. Bake for 15-20 minutes, until a toothpick comes out with a few moist crumbs. The dough should be darker in color. Set the pan on a wire rack to cool completely.

Using a stand mixer or a handheld mixer, cream together cream cheese and butter until light and fluffy. This should take 2-3 minutes.

Add the powdered sugar and vanilla, and pulse until combined. Increase the mixing speed to medium-high and mix until creamy, for 1-2 minutes.

Using the cream cheese frosting, frost the cooled cookie bars. Top with holiday sprinkles, slice, and serve.

Store these bars in an airtight container in the refrigerator for up to 5 days.

Be ready to share, this recipe makes 24 bars.

.....

### HAVE A RECIPE YOU WANT TO SHARE?

E-mail [editors@bhgnews.com](mailto:editors@bhgnews.com) or give us a call at 701.462.8126 with your ingredient list and directions, and we'll include it in a future recipe column! We would love to share local, homestyle recipes from our readers.





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- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## ANNOUNCEMENTS

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.

1-e-tfn-nc

58540

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm. Positive Changes NA, Fridays at 7 pm, United Methodist, Washburn (701-460-0663).

46-TFNP

58540

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

52-TFNP

58540

## FARM RELATED

TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goosenecks with or without racks. Call for prices. Call Jason, 701-870-0415.

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$3.10/gallon; Premium Dyed #2 fuel, \$2.75/gallon; Unleaded Gas, \$3.00/gallon. Call for current pricing. Call Jason, 701-870-0415.

## GIVEAWAY

FOR GIVEAWAY: 2 - 15 speed medium sized bikes in good shape. 1 girl, 1 boy. Located in Turtle Lake, call 605-850-9512

## HELP WANTED

STEVE'S PLUMBING Service, LLC in Garrison, ND is looking for a Full-Time Apprentice or a Licensed Journeyman Plumber. Competitive wages and benefits D.O.E. Call 701-460-7471, email a resume to szach@restel.net

19-TFNP

58540

CENTRAL DAKOTA Frontier of Turtle Lake is seeking a custom applicator. Full time. Excellent pay and benefits package. 701-315-0844

31-4TPDICMLNX

58540

## LIVESTOCK

TURTLE LAKE WEIGH STATION We have the following ship dates scheduled to ship cows and bulls, Monday, December 13 & 27. As always, have them there by 11 a.m. Call Darin @701-315-0144 with any questions.

43-TFN-E-X

58577

## MISC. FOR SALE

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.

1-E-TFN-NC

58577

1974 IHC International Tandem Truck for sale on closed bids until December 6th council meeting. Truck is located at city shop and requires maintenance on brake system, power steering and heater. Engine still runs. Contact City of Garrison Shop if you have questions at 701-463-2088.

30-3TCHIXT

58540

## SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

34-9-E-PD

58577

PET BOARDING, daycare, home visits. Located rural Wilton. \$20/dog for overnight stay. Country Pets on Facebook. Text/Call June at 701.301.2516.

35-TFN-P-X-PD

58579

## WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

1-E-TFN-NC

58577

## HELP WANTED

- Elementary Principal
  - Elementary Teachers
  - Speech Pathologist Teacher
  - Bus Driver - w/CDL
  - Science Teacher
  - High School Science Teacher
  - Middle School Football Coach & High School Football Coach
- Contact: Wayne Fox, Superintendent**  
**743-4350 ext. 2205**



White Shield School

## HELP WANTED



is looking for  
**\*ASSISTANT MANAGER\***  
**Full Time**  
**SALES ASSOCIATES**  
**Full Time or Part Time**  
Stop in for an application  
200 5<sup>th</sup> Ave SE, Garrison

## HELP WANTED

**HOUSEKEEPER & FRONT DESK CLERK**  
for the North Shore Inn & Suites Motel.  
Apply within at the

**North Shore Inn & Suites**

430 5th Ave SW, Garrison, ND

## HELP WANTED



**Benedictine**  
LIVING COMMUNITY | GARRISON

## HELP WANTED

*Come Join Our Team!!*

### Cook

We are looking for a person that enjoys preparing food and interacting with Elders. We offer very competitive wages, Health, vision, Life, and 401k packages. Please apply on line at [blcgarrison.com](http://blcgarrison.com) or contact Jill Borth with any questions 701-463-2226.



Scan to be connected to job link

"EQUAL OPPORTUNITY EMPLOYER"



**Benedictine**  
LIVING COMMUNITY | GARRISON

## HELP WANTED

*Come Join Our Team!!*

### Culinary Aide

**Full-Time (35 hrs per week)**

### CNA

**Full-Time, Days**

### Laundry Aide

**Full-Time (30 hrs per week)**

Apply at [www.blcgarrison.com](http://www.blcgarrison.com)



Scan to be connected to job link

Call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

## HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

**RN/LPN - Nursing Facility**  
**\$5,000.00**  
**Employment Incentive**

For more information call  
**701-463-6503**  
Apply online at  
[www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
The institution is an equal opportunity provider and employer.

## HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

**RN - Acute/ER**  
**\$5,000.00**  
**Employment Incentive**

For more information call  
**701-463-6503**  
Apply online at  
[www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
The institution is an equal opportunity provider and employer.



## SECURITY OFFICERS

### Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information.  
EOE/AA/Disability/Veterans/M/F Employer  
Immediate full-time & part-time openings!

## HELP WANTED

CHI St. Alexius Health Garrison Hospital & Nursing Facility

### Lab Tech (MT/MLT)

**Administrative Assistant • Radiology Tech**  
**Cook • Dietary Aide • Dietary Helper**  
**Housekeeping • CNA • Nurse Aide**

*Now offering higher starting wages!*

**CHI St. Alexius Health Garrison Hospital**  
The institution is an equal opportunity provider and employer.

For more information call  
**701-463-6503.**  
Apply online at  
[www.commonspirit.careers](http://www.commonspirit.careers)

## Catch the Great Bargains in the Classifieds!

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JEAN@MYGARRISONINSURANCE.COM  
MCKAILA@BEAGLEBUDS.COM

Follow your nose to  
[BeagleBuds.com](http://BeagleBuds.com)!

## HELP WANTED

**CHI St. Alexius Health**  
Imagine better health.™

## Turtle Lake Hospital

**LPN, Nurse Aide, Multi Modality Radiology Technologist**

Experience preferred but not required. Contact Brenda  
**701-448-2331 ext 207.**

This institution is an equal opportunity provider and employer.



**→ We Are Hiring!**

**We Want YOU on Our Team.**

**The Leader-News**

Apply at the  
The Leader-News  
at 607 Main Avenue,  
Washburn, ND  
send an email to  
news@bhgnews.com  
or call 701-463-2201.

**Front Desk Associate**

Immediate opening for a full time front desk associate at the Leader-News office in Washburn. Four days a week, working Monday-Thursday each week as regular schedule. Duties include file management, proofreading, answering phones, assisting customers and keeping front office clean and organized. Potential for extra income through commission on special order clothing sales.

## - TRUCK FOR SALE -

**2018 Chevrolet 2500 3/4 ton work truck.**

Great condition, white extended cab, long box, full length running boards, three aluminum tool boxes

**Call 701-400-7793**



**HELP WANTED**  
**ADVERTISING COORDINATOR:** \$32K-\$37K/year starting pay, free platinum single insurance. SEEKING detail-orientated, organized multi-tasker with great customer service skills to act as a liaison between North Dakota newspapers and advertisers, including state agencies, advertising agencies, and private businesses. Individual must be able to juggle multiple emails and advertising requests, process orders, update advertising data, oversee tear sheeting and order confirmations, and some billing. Must be proficient in Excel, Microsoft Word, and possess general math skills. This position will work in our Bismarck office and enjoy a generous benefits package. To apply, send a resume and cover letter including at least two work references to: sarahes@ndna.com. NDNA is an equal opportunity employer.

CITY OF BISMARCK, N.D. is seeking qualified applicants for Police Officers. Visit website at [www.bismarcknd.gov/jobs](http://www.bismarcknd.gov/jobs) or call Lieutenant Roger Marks at 701-223-1212. Closes 12/31/21.

**HELP WANTED: HALCROW'S LLC** in Drayton, ND is looking for a master plumber or journeyman plumber. Full time, benefits. Call Stefanie with questions. 701-454-3355.

**BUILDING SERVICES TECHNICIAN.** NDSOS has several FT, 12 month benefited positions available with custodial / minor maintenance duties in Wahpeton. Includes full benefits: Health/Life, Retirement, EAP, Leave, Tuition Waiver, Dependent Tuition Discount, etc. Screening begins immediately - applications accepted until filled. Interested candidates must complete the online application. EOE. For more information go to: [ndscs.edu/join-our-team](http://ndscs.edu/join-our-team)

**LOOKING FOR THE most complete listing of ND Media?** ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

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**LONG DISTANCE MOVING:** Call

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**SAVE YOUR HOME!** Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowner's Relief Line! **FREE CONSULTATION!** 855-399-8165.

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**ATTENTION ACTIVE DUTY & MILITARY VETERANS!** Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, call 701-929-9679. (M-F 7am-5pm CT). The Mission, Program Information and Tuition is located at [CareerTechnical.edu/consumer-information](http://CareerTechnical.edu/consumer-information).

**REAL ESTATE FOR SALE**  
960 AC TOWNER CO ND Land & Farmstead Live & Online Auction. Tues Feb 8 - 10am excellent contiguous cropland. Call Nikolaisen

Land Company 844-872-4289. [www.nikolaisenlandcompany.com](http://www.nikolaisenlandcompany.com)

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**YOU CAN PLACE** a 25-word classified ad—like this one—in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

**AUTOS WANTED**  
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**VIAGRA and CIALIS USERS!** 50 Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 855-559-1454.

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**ANNOUNCEMENTS**  
**NEW AUTHORS WANTED!** Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

**MISCELLANEOUS WANTED**  
**HAVE** a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

## The Poinsettia is a Distinctly American Tale of Innovation

### DAKOTA DATEBOOK

By Esther E. McGinnis,  
Horticulturist  
NDSU Extension

Poinsettias are a familiar sight at Christmas. While the plant originated in Central America, the modern history of the poinsettia has a distinctly American flare.

Despite deep cultural and religious roots in Mexico, the plant was largely viewed as a weed in the United States until the 20th century. The journey to adopting the poinsettia as an American Christmas symbol begins with a story of innovative immigrants.

In Germany in the late 1800s, Albert and Henrietta Ecke founded a health spa that served vegetarian meals. As you can imagine, the vegetarian lifestyle was not widely embraced in the land of pork schnitzel.

Seeking a more hospitable business locale, the Ecke family embarked on a voyage in 1902 to start a health spa in tropical Fiji. In route to the South Pacific, the Eckes stopped in Los Angeles and fell in love with the climate and the American dream. To support themselves in California, the family started a dairy, grew fruits and cultivated cut flowers.

At the time, poinsettias grew

wild in the Hollywood hills. In its natural state, poinsettias are a scraggly large shrub reaching 10 feet tall. Despite its appearance, Albert saw potential in this red and green plant because of its holiday bloom time. The family began to sell cut poinsettia stems at flower stands on Sunset Boulevard.

When Albert's son, Paul Ecke Sr., took over the business in 1919, he was concerned about the expanding movie industry. The savvy businessman pivoted the family business to growing flowers near San Diego.

As a horticulturist, Paul sought to transform the poinsettia from a fragile cut flower to a long-lasting potted plant. Through breeding and a top-secret technology, he turned this undistinguished, leggy shrub into a handsome, well-branched potted plant. Competitors could not compete with this product and the Ecke family dynasty was secure.

Paul Ecke Jr. took over the business in 1963 and used his unique talents to cement the family's status as poinsettia royalty. He designed an ingenious marketing campaign to position the poinsettia as the nation's Christmas flower.

During the holidays, the Eckes gifted large numbers of

poinsettia plants to the White House and to television shows such as The Tonight Show, Bob Hope's Christmas Special and Good Morning America. Additional plants were sent to women's magazines. Before long, the colorful plants became a ubiquitous backdrop for talk shows, holiday programs and magazine shoots.

Without having to pay for advertising, poinsettias became linked with the American holiday season. Consequently, the Eckes came to dominate 90% of the market.

All good things, including family dynasties, must come to an end. A series of scientists began to investigate the family secret for producing superior poinsettia plants. By the mid-1990s, they discovered that a plant disease organism, a phytoplasma, was responsible for the beautiful branching and shape of Ecke poinsettias. The Eckes used grafting to infect plants to promote branching and to corner the market for decades.

With its secret unveiled by curious scientists, the Ecke monopoly crumbled. However, all is not lost. The Ecke legacy continues to shine in the poinsettias that brighten our homes.

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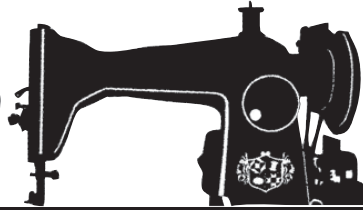
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### Garrison Rural Water District

701.337.5682 | P.O. Box 820 | Garrison, ND 58540

#### Garrison Rural Water District Increase As of January 1, 2022

The rate increase per account was approved by the GRWD board on November 23<sup>rd</sup>, 2021 and is as follows:

Residential at \$43.15 increase to \$50.00

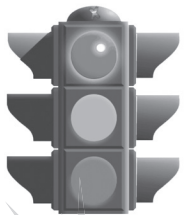
Residential at \$53.15 increase to \$60.00

Resident at \$55.00 increase to \$60.00

New Residential at \$60.00

Business accounts with a 2" meter will be at \$75.00

Business accounts with a 3/4 meter will be at \$60.00



## Red Light Bar

(formerly Johnny's Bar)  
202 Main Street • Max, ND  
701-679-2111

Sunday, Dec. 12<sup>th</sup>

**SOUP  
COOK-OFF**

Call for more information



COLLECTING  
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FOR  
GIFTS FROM THE HEART

### "Why Not Laugh" Comedy Show

Saturday, Dec. 18<sup>th</sup>  
7:30 p.m.

LOCAL RISING STAR  
Kyle Erickson

#### HOURS:

Monday-Thursday:  
11 a.m.-1 a.m.

Friday & Saturday:  
11 a.m.-2 a.m.

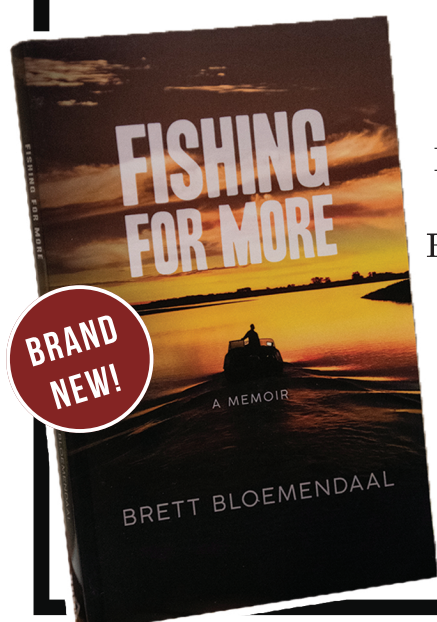
Sunday:  
Noon-10 p.m.

## UPCOMING ANNIVERSARY?

Surprise a loved one with an anniversary ad in the newspaper today!

CALL 701.462.8126 FOR MORE INFORMATION!

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Put a copy of  
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the memoir by  
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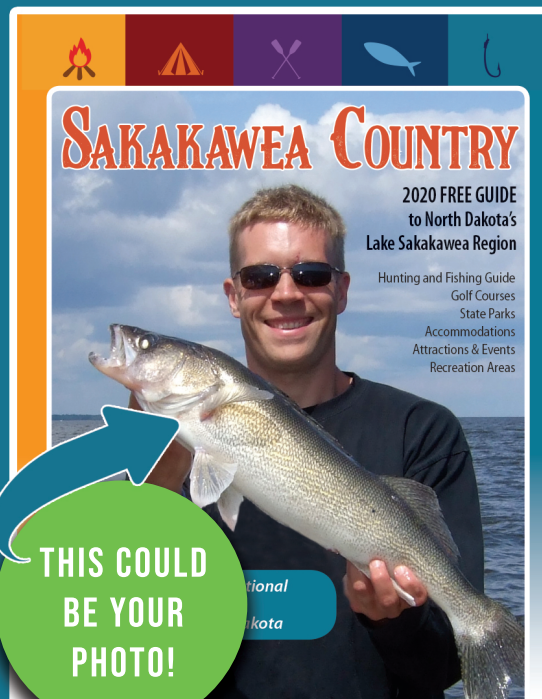
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