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Postal Patron

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> The best circulation for your dollar



Annual Pie Baking Contest

in conjunction with

Frontier Military Days Sunday, June 26, 2022

Enter your favorite "BERRY" Pie for a chance to win 1st Place: \$125 / 2nd Place: \$100 / 3rd Place: \$75

Pies accepted for entry Sunday, June 26, 2022 10 a.m. to Noon at the Ft. Stevenson State Park Guardhouse FOR COMPLETE RULES and REGISTRATION FORM

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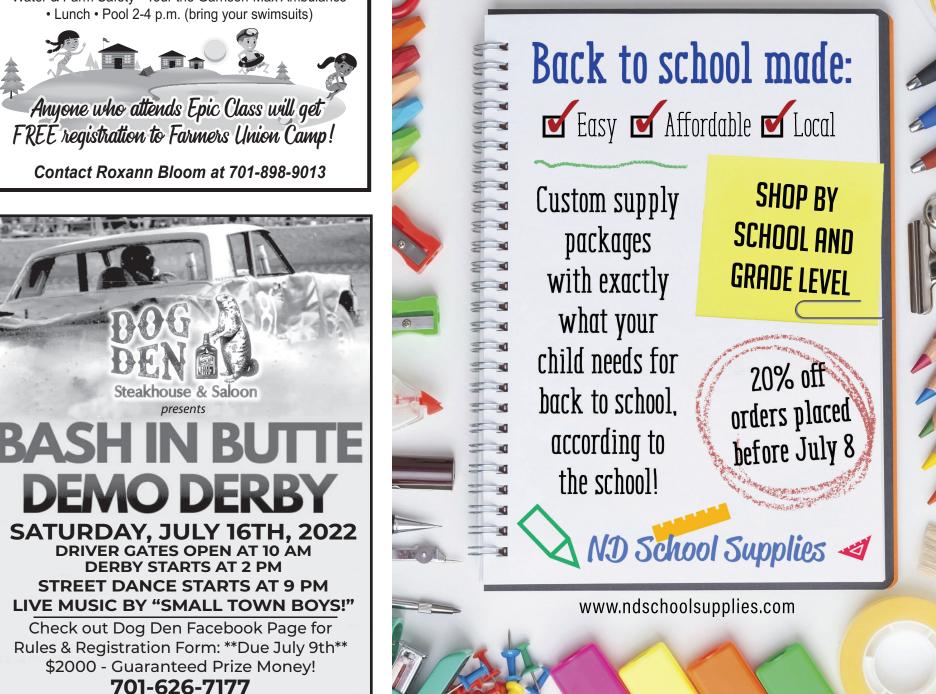
Farmers Union Epic Class

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CALENDAR

Friday, June 24

Max All School Reunion, Max Yoga, First Congregational Church, Garrison, 8 a.m.

Saturday, June 25

Max All School Reunion, Max GARC Thrift Store, Garrison Area Resource Center, 10 a.m. to

Frontier Military Days, Fort Stevenson State Park, 12-4 p.m. **Underwood Mid Summer Classic**

Sunday, June 26

Max All School Reunion, Max Frontier Military Days, Fort Stevenson State Park, 12-4 p.m.

Monday, June 27

Yoga, First Congregational Church, Garrison, 8 a.m. Bitter Root Apartment grand opening, White Shield Washburn Community Blood Drive @ St. Edwin's Catholic Church 12:30-

Tuesday, June 28

Garrison Rural Water District Meeting, 8:30 a.m. Bone Builders, Garrison Senior Center, 10 a.m.

Wednesday, June 29

Yoga, First Congregational Church, Garrison, 8 a.m. GARC Thrift Store, Garrison Area Resource Center, 10 a.m. to 4 p.m.

Thursday, June 30

Bone Builders, Garrison Senior Center, 10 a.m. Alcoholics Anonymous, Garrison hospital cafeteria (enter through ER), 8 p.m.

Friday, July 1

Yoga, First Congregational Church, Garrison, 8 a.m.

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6p.m., Saturday 10 a.m. to 1 p.m.

Underwood Public Library - Monday, Wednesday and Friday -10 a.m. to 3 p.m. -Tuesday and Thursday 1 p.m. to 6 p.m. Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

McLean-Mercer Regional Library, Riverdale Open Mon-Fri 8 a.m.-5 p.m.

Ectopic Pregnancy Often Fatal

PRAIRIE DOC®PERSPECTIVES

BY DEBRA JOHNSTON, M.D.

It's been a long time since I've worked in the ER, but some stories stay with me. One such story belongs to a woman in her early 30s. After a year of trying to conceive, she was finally pregnant. Then she started spotting. When she developed severe pain, and almost fainted while putting their toddler to bed, her husband brought her to the emergency room.

It didn't take long for us to identify an ectopic pregnancy. The fertilized egg had implanted in her fallopian tube. Our obstetrician took her to the operating room, where we found large amounts of blood in her abdomen. The surgeon removed the pregnancy and the damaged tube, stopping the bleeding.

The uterus is a highly specialized organ. It is usually a bit smaller than a pear but stretches with pregnancy to accommodate six plus pounds of baby and another three plus pounds of placenta and amniotic fluid. The muscle is invaded by the developing placenta but remains strong enough to push a baby out months later.

In a normal pregnancy, the fertilized egg divides as it travels down the fallopian tube, entering the uterus approximately four days after fertilization. By seven days after fertilization, or the third week of pregnancy, as many as 300 cells have developed from that fertilized egg. These cells have started to differentiate. Some will form the embryo, and some will go on to form the placenta and other organs that protect and support the pregnancy. It is around this time that the blastocyst, which is the technical term for these cells, will attach to the lining of the uterus. For this attachment to happen, both the uterus and the blastocyst must be in exactly the right stage. The window of opportunity is only a few days which pass by even before a woman misses her

Unfortunately, not all pregnancies land in the uterus. Pregnancies that attach elsewhere are called ectopic pregnancies. Most ectopic pregnancies are found in the fallopian tubes, although they can be located on the ovary, the cervix, or somewhere in the abdomen.

Many ectopic pregnancies

will resolve on their own: the cells will stop dividing and the mother's body will reabsorb the tissue. However. some will continue to grow, causing tearing and bleeding. Untreated, continuing ectopic pregnancies are almost always fatal for the pregnant person. Even with modern imaging and surgical techniques, ectopic pregnancies are the leading cause of pregnancy-related death in early pregnancy.

My patient's story had a happy ending. Thanks to early diagnosis and treatment, she survived her ectopic pregnancy, and she now dotes on her grandchildren. Too many women around the world don't get that chance.

Debra Johnston, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show celebrating its twentieth season of truthful, tested, and timely medical information, broadcast on SDPB and streaming live on Facebook most Thursdays at 7 p.m. central.

Be thrifty in your food purchases

PRAIRIE FARE

BY JULIE GARDEN-ROBINSON,

FOOD AND NUTRITION SPECIALIST, NDSU EXTENSION

We took our younger daughter out for celebratory dinner at a somewhat "fancy" restaurant. She had been selected for an internship and also had a second part-time job.

We typically go to this restaurant for birthdays or other special occasions. Usually, a line extended out the door on Friday nights.

On this particular night, we were seated immediately. In fact, the manager seemed very happy we chose this restaurant. He asked us if we were there for a special occasion.

The next day we went shopping for some items for her first apartment as she continues her college years in the fall.

I like to rescue furniture by repainting or refinishing wooden pieces. Along with saving money, I get some personal satisfaction in making old things new again. I learned these lessons from my youth.

The parking lots to the thrift stores had many cars, and the stores were brimming with people. My husband commented on the high-end vehicles in the parking lot. He would notice things like that.

I found this to be an interesting commentary on the current economy. Consumers are increasingly conscious about how they are spending the money. "Thrifting" supports the local community

and prevents items from going to a landfill.

According to an online "Resale" report, 80% of consumers are OK with buying secondhand, which is a significant increase in the last few years. From clothing to furniture, thrifting is particularly popular among the high school and college-age crowd.

Being thrifty is a good thing in that money and other resources are used carefully and not wastefully.

In fact, the U.S. Department of Agriculture "thrifty food plan" made its debut in 1975 and replaced the 1962 Economy Food Plan.

With the current rising costs of food and fuel, using our resources wisely is a good thing. The USDA currently provides official nutritious cost of food at home at three levels: low-cost, moderate-cost and liberal plans for children through adults ages 71 and up.

For example, a 51-year-old male would expect to spend \$61.20 weekly on food at home for a low-cost plan, \$77 weekly for a moderate-cost plan and \$92.30 weekly for a liberal plan.

The thrifty food plan at www.fns.usda.gov/snap/thriftyfoodplan aligns with current nutrition recommendations, represents a limited food budget, reflects what people buy and eat, and supports a healthy lifestyle.

These are some of the tips provided from USDA to help us stay on our budget. When your food budget allows, buy extra low-cost, nutritious foods such as potatoes and frozen orange juice concentrate. These foods keep well.

Compare the cost of convenience foods with the same foods made from scratch. "Convenience foods" are products such as fancy baked goods, frozen meals, and vegetables with seasonings and sauces. Most of these cost more than similar foods prepared at home.

Try store brands. They usually cost less than name brands, but they taste as good and generally have the same nutritional value.

Take time to compare fresh, frozen and canned foods to see which is least expensive. Buy what's on special and what's in season.

Prevent food waste. Buy only the amount that your family will eat before the food spoils.

Staying on a food budget requires planning, and NDSU Extension has many resources to help you, including "Pinchin' Pennies in the Kitchen" and the "What's Cookin'?" series. Search online for "NDSU Extension Food Preparation" for these topics plus many more

Often you can prepare restaurant-like foods at home that are more nutritious and often more economical. Here is a recipe for baked chicken nuggets.

Baked Chicken Nuggets

1.5 pounds boneless, skinless chicken breast*

1 cup cornflakes or other readyto-eat cereal crumbs

1 teaspoon paprika

½ teaspoon Italian herb seasoning or seasoning of your choice

¼ teaspoon garlic powder ¼ teaspoon onion powder

Dips such as honey mustard sauce, barbecue sauce or ketchup (optional)

Preheat oven to 400 F. Cut the chicken into bite sized pieces. Place cereal in a plastic bag and crush using a rolling pin or can. Add remaining ingredients to cereal crumbs. Close bag tightly and shake until blended. Add a few chicken pieces at a time to crumb mixture and shake to coat evenly. Discard any unused crumb mixture. Place chicken pieces on

greased baking sheet so they are not touching. Bake until golden brown with an internal temperature of 165 F or about 12 to 14 minutes.

*You can substitute chicken thighs, but you will need to remove the skin and bones.

Makes four servings. Without dipping sauce, each serving has 230 calories, 4.5 grams (g) fat, 39 g protein, 6 g carbohydrate, 0 g fiber and 130 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)





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Dakota Recreation Report



BY BY PATRICIA STOCKDILL

Outdoor Notes:

·Fireworks prohibited on U.S. Fish & Wildlife Service Nat'l. Wildlife Refuges and N.D. Game & Fish Wildlife Mgmt. Areas (WMA).

·Check camping and activity regulations on N.D. Game & Fish Wildlife Mgmt. Areas, including "Pack it in, pack it out" for garbage.

•June 25 & 26: Frontier Military Days, Fort Stevenson State Park, Garrison, noon to 4 p.m.

·July 1: Deadline for electronic "no trespass' posting. Go to the N.D. Game & Fish Dept. for information.

Tournaments:

June 25: Missouri River, Washburn; Lake Audubon, cabin sites.

Fishing:

Lake Sakakawea elevation, June 20: 1,832.92 feet above mean sea level; 20,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: 7.49 feet.

Missouri River gauge height, Washburn: 9.3 feet.

•N.D. Game & Fish Dept. game wardens: Chain of lakes on the McClusky Canal starting to produce activity. Improving walleye success on the east end of Lake Sakakawea.

·Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Lakes Audubon & Sakakawea: East end of Lake Sakakawea continues improving for walleye. Try a variety of presentations with a move towards summer presentations of spinners and nightcrawlers from the east end embankment west past Douglas Bay. Work deeper water for walleye on Lake Audubon. Improving walleye success in the Missouri River tailrace.

·Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Lakes Audubon & Sakakawea: Continued improving walleye success on the east end of Lake Sakakawea. Lake Audubon remains fair to good for

•Lake Sakakawea, Dakota Waters Resort, Beulah: Work back bays in 8 to 10 feet yet with so much wind. Try Lindy rigs and bottom bouncers with mix of minnows or nightcrawlers.

·Lake Sakakawea, Indian Hills Resort, Garrison: Work 4 to 15 feet with water temperatures warming along the north shore. Look for a switch to nightcrawlers.

·Lake Sakakawea, New Town: Good for walleye, including the upper end of the Van Hook Arm. Bite is starting to switch to nightcrawlers.

·Missouri River, Dakota Tackle, Bismarck: No Missouri River reports with lots of recreational boating in the Bismarck-Mandan area.

•Missouri River, Enerbase of Washburn: Lots of activity on the east end of Lake Sakakawea with fair to good walleye success. Some activity on the Missouri River but no reports on success. Lake

Audubon remains fair to good for walleye.

·Missouri River System, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye, especially during the day from boats. Sort through, though, for the nice eating keepers. Fair for catfish from boats during the day down river and in the tailrace. Bigger walleye coming at night from the rocks. Also try the boat ramp from shore. Try shallow jigging for walleye or switch to trolling in 12 to 15 feet on the east end of Lake Sakakawea but the bite is still inconsistent along the south shore. Better success seems west yet on the south side.

·McLean Co. area lakes, Cenex of Wilton: Lots of activity on New Johns Lake, Nelson Lake, and West Park

Additional North Dakota river gauges and streamflow:

•Heart River, Mandan: River stage, 0.4 feet; streamflow, 206 CFS.

•Knife River, Hazen: River stage, 2.54 feet; streamflow, 191 CFS.

•Little Missouri River, Long X Bridge: River stage, 1.23 feet; streamflow, 904 CFS.

•Missouri River, Williston: River stage, 22.9 feet.

Numbers to know:

N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.

•N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

•Report All Poachers: (800) 472-2121 or (701) 328-9921.

•Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www. lakesakakawea.com).

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★ Map and rummage sale info to be published in: The Xtra (July 11) The Derby Tab (July 14)

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McLean County

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- CONTACT INFORMATION: Phone: 462-8126 Fax: 462-8128 Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

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Mary Ann Bakken Estate Auction, Sat-

urday, July 30, 2022, 10 a.m., Turtle

Lake Legion Hall, Turtle lake, ND.

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701-315-0144 with any questions.

ANNOUNCEMENTS

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.

1-E-TFN-NC

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm. 46-TFNPI

BIDS

The City of Garrison is accepting sealed bids on the following: GMC 4-wheel drive single cab pickup with 130,000 miles plus. Pickup can be viewed by appointment with the City Supervisor at 463-2739. Submit a sealed bid to City of Garrison, PO Box 459, Garrison, ND 58540 by 4 pm Friday July 22, 2022. Bids will be opened at the Garrison city council meeting Monday August 1, 2022, at 7:05 pm. The City has the right to reject any or all bids.

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HELP WANTED

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HORSE BUYER

HORSE BUYER at Stockmans Livestock East barn, Dickinson and Berger Feedlot, Mandan Tuesday, July 5th 7a.m. until 2p.m. Buying ALL horses: good, bad, ugly and pretty! Top dollar paid on the spot! 612-839-9568

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

REAL ESTATE FOR RENT

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THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv. com. 1-E-TFN-NC

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ad here

HELP WANTED

CHI St. Alexius Health

-Turtle Lake -

Hiring the

following positions:

\$10,000 Sign on bonus.

Experience preferred but not

required. Contact Brenda

701-448-2331 ext. 207.

This institution is an equal opportunity

provider and employed

CHI St. Alexius Health Garrison has the following positions available:

Lab Tech (MT/MLT) Radiology Tech **Dietary Helper** Housekeeping **Nurse Aide**

Now offering higher starting wages!

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

The institution is an equal opportunity provider and employer





- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches Elementary Teachers Bus Drivers

Applications and Background check forms can be found on our school website https://www.white-shield.

k12.nd.us/

Any questions please ontact the business office at 701-743-2201.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

LPN-Nursing Facility \$10,000.00 **Employment Incentive**

For more information call 701-463-6503

Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

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HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

COOK \$3,000.00

Employment Incentive for Full-time <u>\$1,500.</u>00 **Employment Incentive**

for Part-time **Dietary Aide** \$1,000.00

Employment Incentive for Full-time

For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

The institution is an equal opportunity provider and employe

HELP WANTED STARTING AT \$14 PER HOUR



SALES ASSOCIATES **Full-Time or Part-Time**

> **ASSISTANT MANAGER**

Stop in for an application 200 5th Ave SE, Garrison



HELP WANTED

RESTORATIVE SERVICES CNA

Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

> Apply at www.blcgarrison.com Call Julie Snyder at (701)463-2226

> > "EQUAL OPPORTUNITY EMPLOYER"



MISC. FOR SALE

ORDER PRINTS, custom mugs, puzzles and more of pictures from all Nordak North newspapers.

MISC. FOR SALE

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.

HELP WANTED

BAR & GRILL

is looking for

Servers & Kitchen Staff

Apply in person or call 701-337-2070

Lake Audubon • Hwy 83 337-2070

Benedictine

HELP WANTED

Come Join Our Team!!

CNA

Full-Time Days

- Housekeeper
- Maintenance Tech SIGN-ON BONUS

Apply at www.blcgarrison.com Call Jill Borth at (701)463-2226 "EQUAL OPPORTUNITY EMPLOYER"

Help Wanted BOOKMOBILE DRIVER/LIBRARIAN

McLean-Mercer Regional Library, Riverdale, ND, has a part-time position open for a Bookmobile Driver/Librarian. Bookmobile is a 30 foot dieselpowered Freightliner delivery truck, travels vear round and has a computerized library program.

Requirements:

- Standard ND driver's license
- High School diploma Computer skills
- Detail oriented
- Able to lift & carry 30+ lbs.
- Able to work independently Able to interact well with
- people of all ages
- Make arrangements for routine maintenance
- · Other duties as needed or assigned

This part-time position is approximately 40 hours per month, up to 60 hours per month during the school year. Current bookmobile schedule can be seen on the library website: riverdalendlibrary.com Hourly wage \$16.00. Bookmobile is based in Riverdale. Applications close July 8, 2022.

Send letter of application and resume to:

McLean-Mercer Regional Library PO Box 505

Riverdale, ND 58565 Phone: 701-654-7652 Email: mmrlib@westriv.com

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

CNA *\$7,500.00* Employment Incentive

For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health

Garrison Hospital he institution is an equal opportunity provider and employer



Experience preferred but not required. Contact Brenda

701-448-2331 ext. 207.

This institution is an equal opportunity

Turtle Lake

Hiring the

following positions:

RAD TECH

\$15,000 Sign on bonus.

Experience preferred but not

required. Contact Brenda

701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

HELP WANTED

Garrison Public Schools is accepting applications for

Full-Time Custodian

We are seeking applications for a full-time custodian. Starting pay is \$15/hour plus full benefits and leave time. The hours are 2-10 p.m. with duties in both buildings. Training will be provided and must be able to lift 50 pounds. To apply, please submit an application on our website to Dr. Klemisch at Nick.Klemisch@k12.nd.us or fill out an application at the high school.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility \$20,000.00 Employment Incentive

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer



required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

CHI St. Alexius Health Hiring the following positions: RN-Charge

Nurse \$20,000 Sign on bonus. Experience preferred but not

Now Hiring!

Tourism is an important piece of our community. The Garrison Convention & Visitors' Bureau's intent is to provide a wide variety of services to Garrison and the surrounding area in regards to promotion, guidance, and development to benefit those who own businesses, work, or live in the community. The office is home to the ND

Firefighters' Museum and Dickens Village Festival as well as working in conjunction with the Chamber of Commerce and Economic **Development offices.**

> WAGE RANGE: Dependent on Experience **APPLICATION PERIOD:** Closes 6/28/2022 **BENEFITS:** Vacation, Sick, & Holiday Leave WORK HOURS: 32-40 hours/ week; some evening & weekend work

ANTICIPATING START DATE: July 1st - July 18th Candidate must reside or relocate to the Garrison community.

Check out the full job posting at: garrisonnd.com or bit.ly/CVBJob



PO BOX 1000

52 N MAIN ST

MDFM@RESTEL.COM

To place a classified ad call 462.8126 or fill out the form online at nordaknorth.com



SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!



LIVING COMMUNITY | GARRISON

LIFE ENRICHMENT

Benedictine Living Community | Garrison has a FT opening in Life Enrichment/Activities. This individual serves a big role in making sure our Elders are given the opportunity to engage in music, crafts,

reading, movies, one-on-ones, board games, parties, etc. We have a fantastic Life Enrichment team and we are looking for an individual that enjoys busy days. We offer competitive wages, 401-k, and health benefits. Please apply online www.blcgarrison.com or contact Deb Foss for questions 701-463-2226.



"EQUAL OPPORTUNITY EMPLOYER"

ASSISTANT HEAD COOK

The Washburn School District is seeking applicants for the position of ASSISTANT HEAD COOK. This position is approximately 30 hours per week. A prorated health insurance benefit, public employee retirement program, sick leave, vacation leave, and training opportunities are included. Wage range is \$13.50 to \$18.00 per hour, depending on experience. Application forms may be picked up in the main office or printed from the Washburn School District website at https://sites.google. com/site/washburnk12/. A job description is available upon request. Contact Brad Rinas, Superintendent, at 701-462-3221 with questions. The deadline for applications is Friday, July 1st. The Washburn Public School District is an equal opportunity employer and subject to veterans' preference laws.



We are looking for an IT Specialist *Flexible in location*

Requirements:

- · An IT degree is preferred but not required
- IT experience is preferred but not required
- Skilled in problem solving and quick thinking
- Strong time management and organization skills
- Great team player



Please send resume to: Jamie Nelson-CEO Po Box 310 Washburn, ND 58577 701-462-3232

inelson@trucommunity.bank



TruCommunity Bank is an Equal Opportunity Employer of women, minorities, protected veterans, and

HELP WANTED

Place a classified ad call 462.8126

Washburn Editor Leader-News

NorDak Publications seeks a full-time Editor in Washburn, ND.

The ideal candidate will have strong communication skills and excel in writing news, feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers. This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.

To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

NOW HIRING

We are seeking an

EQUIPMENT OPERATOR

for our Riverdale, ND operations. Primary duties include servicing, maintaining and operating equipment on a daily basis on a washing or crushing plant.

Applicant must be 18 years old. \$500 Sign On Bonus after 90 days of employment. We offer a competitive wage and benefit package. Pre-employment physical and drug testing are required.

Employment applications may be filled out online at www.fisherind.com. To request an accommodation, call 701-456-9184 and ask for HR Department.



Fisher Industries is an Equal Employment Opportunity Employer and an Equal Opportunity Employer of Protected Veterans and Individuals with Disabilities.

HELP WANTED

Are you looking for a rewarding career in public service that allows you to work independently while enjoying long weekends nine months of the year? If your answer is an enthusiastic yes then please keep reading!

Our McLean County Highway Department team is looking to fill one or more positions as full-time

EQUIPMENT OPERATOR III(S)

in the Butte area. Applications will be accepted until **4:00 P.M.** on **Wednesday**, **July 6**, **2022**.

The new team member must reside within 40 minutes travel time of the McLean County Highway Shop in Butte. Under limited supervision, you will perform a variety of skilled and semi-skilled work in the operation of heavy equipment (primarily motor graders) utilized in road construction, snow removal, bridge projects, maintenance and other repair projects. To view the complete job description, visit our website, www.mcleancountynd.gov/employment.

Benefits of working for McLean County:

- Competitive starting salary starting at \$ \$49,665.22 with a full salary range of \$49,665.22 \$68,767.46.
- Fully employer-funded participation in ND Public Employees Retirement System defined benefit retirement program.
- Fully employer-funded health insurance for either single or family coverage.
- Flexible work schedule.
- Access to employee funded dental, vision, disability, deferred compensation, and flexible medical spending accounts.
- Paid holidays along with annual and sick leave.
- Preference will be given to applicants with prior experience in operation and routine maintenance of construction equipment such as a motor grader, scraper, dozer, heavy snow plow, semi-tractor/trailer, etc. High school diploma and class A North Dakota Driver's License with tanker and air brake endorsement is REQUIRED on the first day of work.

For further information on the position or to obtain a McLean County job application, interested individuals may contact Lori by phone at (701) 462-8541; via email at lfoss@nd.gov; or visit www. mcleancountynd.gov/employment. Résumés may be included with the application, but will not be accepted in place of an official application.

McLean County is an Equal Opportunity Employer.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER \$20,000.00

Employment Incentive

For more information call 701-463-6503
Apply online at www.commonspirit.careers

CHI St. Alexius Health

Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED

Soda's & Things

Sales associates positions available.

Contact
701-442-5277
or stop in for an application.

STATEWIDES

HELP WANTED

THE ND NEWSPAPER ASSOCIA-TION is accepting applications for the position of EXECUTIVE DIRECTOR. As the chief executive officer for our state association, the Executive Director will lead and direct the operational and financial performance of the association. Responsibilities include member contact and development, legislative/ lobbying, management of content sharing and advertising placement programs, personnel management, and working with a board of directors. NDNA offers a competitive salary and benefits package. Application deadline is July 15, 2022. Send letter, resume and salary requirements to: director@ndna.com, or NDNA Search Committee, 1435 Interstate Loop, Bismarck, ND 58503-0567.

FRIENDLY SMILES, 2701 9th Ave S, Cass, Fargo - ND / US, 58103-8712. Successful practice seeks ASSOCIATE DENTIST because of increase in patient volume. Potential earnings \$300K plus. Includes benefits. Email drb@friendlysmilesfargo.com

ENROLLMENT & VISIT ASSISTANT. NDSCS has a FT, 12-month, position open in Wahpeton. Primarily responsible for managing, organizing, and scheduling prospective student visits. Additionally, serve as the Enrollment Services receptionist. Salary DOE plus full benefit package, including fully paid health insurance premium. Screening begins immediately. EOE. Interested candidates must complete the online application at: www.ndscs.edu/join-our-team

STUDENT SERVICES ASSOCIATE – FARGO. NDSCS has a FT, 12-month, position open in Fargo. Responsibilities include working with prospective and

STATEWIDES

current students with applications, federal financial aid, process payments, distribute refund checks, cashiering and evaluating and posting transfer credits. Salary DOE plus full benefit package, including fully paid health insurance premium. Screening begins immediately. EOE. Interested candidates must complete the online application at: www.ndscs.edu/join-our-team

PARAPROFESSIONAL. HATTON EI-ELSON SCHOOL. \$13.00 per hour + other benefits. Applications found at www.hattonk12.com under ancillary staff application. Please mail application to: Hatton Eielson School, PO Box 200, Hatton, ND 58240.

ASSISTANT COOK, DINING SERVICES WORKER - DISH ROOM, DINING SERVICES WORKER - WILD GROUNDS. NDSCS has several FT, 10 month positions available in Dining Services. Will work every 4th weekend. Duties include dining service duties relative to preparation and service of products. Salary DOE plus full benefit package, including fully paid health insurance premium. Screening begins immediately. EOE. Interested candidates must complete the online application at: www.ndscs.edu/join-our-team

MCLEAN COUNTY IS hiring one full-time Equipment Operator III in Butte. For more information regarding this position visit http://www.mcleancountynd.gov/employment/.

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

BUSINESS OPPORTUNITY

BUSINESS OPPORTUNITY: KENMARE Meat Processing for sale. Turn-key Business. Land, building, equipment included. No experience needed. Will train. Contact Jeff King, 701-629-9121.

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MISCELLANEOUS HAVE a news release or other informa-

tion that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

