

MERCER COUNTY

FAIR

BEULAH, ND • JULY 14-17, 2022



GATE FEE

Daily entry to the fairgrounds is \$10 per person, students 6-17 \$8, kids 5 and under free. Senior Sunday over 60 \$8. A four-day family pass for parents and their children, ages 18 and under, is \$75, available at the gate during the fair and prior to the fair at these locations: Mercer County Extension Office, Cenex in Hazen, Cenex in Beulah, and Hertiage Insurance Hazen. All entertainment on the fairgrounds is free after gate admission.

ALL ENTERTAINMENT IS FREE
WITH GATE ADMISSION

For More Fair Information:
www.mercercountyfair.com

Thursday, July 14th

Time	Event
9 a.m	4-H Interview Judging
11 a.m	Horse Show Registration
11 a.m	FFA Static Entry Deadline
11:30 a.m	4-H Group Picture
12 p.m	4-H Horse Show
12 p.m	Commercial Vendor Set-up
1:30 p.m	4-H and FFA Rabbit Show
4 p.m	CARNIVAL OPENS
4 p.m	Open Class Static entries accepted
4 pm	Beer Garden Opens
5 p.m	Freddy Perez
6 p.m	Deadline for stalling 4H & FFA Lg. Stock
7 p.m	Freddy Perez
6-7:30 p.m	Break Away Music
7:30 p.m	Freddy Perez
8:30 p.m-12 a.m	KAT PERKINS
10 p.m	4-H and Civic Center Building Close
NO 4-H or FFA stalling of large livestock until 4p.m	

Friday, July 15th

4H & FFA hogs, dairy, sheep, goats and beef	
8:30 a.m	4-H and FFA Livestock Judging
9-11 a.m	Open Class Static Entries Accepted
12 p.m	Judging of Open Class Static
12 p.m	Quilts on Display
12 p.m	Commercial Vendors on display
12-8 p.m	Rocky Top Petting Zoo
1 p.m	4-H, FFA and open class exhibits on display
1-10 p.m	Kids Zone Open
1 p.m	Magic of Keith Raymond
1 p.m	Iron Will Dogsled
1:30-8:30 p.m	Miss Bows Messy Mania
1 p.m	Virtual Games
1 p.m	Spinning Wool Presentation
2-3 p.m	TC Hatters
2 p.m	Freddy Perez
2 pm	Stalling Open Class Livestock
3 p.m	Iron Will Dogsled
3:30 p.m	TC Hatter Show
3 p.m	Spinning Wool Presentation
4 p.m	CARNIVAL OPEN
4 pm	Iron Will Dogsled
4 p.m	Freddy Perez
5 p.m	Magic of Keith Raymond
5 p.m	4-H and FFA Premium Sale
6 p.m	RANCH RODEO
6 pm	Register for Open Class Rabbit Show
6 p.m	TC Hatter Show
6 p.m	Iron Will Dogsled
6:30 p.m	Open Class Rabbit Show
6:30-9 p.m	Breakaway Music
7-8 p.m	TC Hatter
7:30 p.m	Freddy Perez
8 p.m	Magic of Keith Raymond
9:30 p.m-12 a.m	MAD HOSS JACKSON
10 p.m	4-H and Civic Center Buildings Close
12 p.m	Deadline for Stalling and Weighing Open class livestock

Saturday, July 16th

8 a.m.	Dairy, hogs, sheep, goats & beef
8 a.m	Open Class Livestock Show
9 a.m	4-H, FFA and Open Class Exhibits
10 a.m	PARADE
11 a.m-7 p.m	Rocky Top Petting Zoo
12 p.m	Commercial Vendors on display, Beer Garden
12 p.m	Quilts on Display
12 p.m	Virtual Games
12 p.m	Kids Zone Open
12 p.m	TC Hatter Show
12 p.m	Iron Will Dogsled
1 p.m	CARNIVAL OPENS
1 p.m	Wool Wheel Presentation
1 p.m	Magic of Keith Raymond
1 p.m	Miss Bows Messy Mania
2:30 p.m	Freddy Perez
3 p.m	Iron Will Dogsled Exhibition
3 p.m	Spinning Wool Wheel presentation by Sara Nelson
3-7 p.m	Gateway to Science
4 p.m	TC Hatter Show
4:30 p.m	Corn-Hole Tournament
4:30-8:30 p.m	Breakaway Music
4:30 p.m	Freddy Perez
5 p.m	Free Co-op Barbecue
5-7 p.m	TC Hatter
5 p.m	Iron Will Dogsled
5 p.m	Magic of Keith Raymond
6 p.m	WESTERN EDGE BULL RIDING W/HOLLYWOOD HARRIS
7 p.m	Freddy Perez
7 p.m	Magic of Keith Raymond
8 p.m	Iron Will Dogsled Exhibition
8 p.m	Freddy Perez
8 p.m	BADLAND EXPRESS
9:30 p.m	DIAMONDS AND WHISKEY

Sunday, July 17th ~

8:30 a.m	Open Dairy Goat Show
9:30 a.m	Junior Show- Hogs, Sheep, Goats and Beef
1 p.m	4-H, FFA and Open Static Exhibits on Display
1 p.m	Commercial exhibits on Display
12 p.m	Quilts on Display
12 p.m	CARNIVAL OPENS
1 p.m	Beer Garden Opens
1 p.m	Freddy Perez
1 p.m	BUZZARD BAIT BUCKING PONIES AND K8 BUCKING BULLS WITH MUTTON BUSTING
3 p.m	4-H, FFA and Open Static Exhibits released
3 p.m	Clean-Up the fairgrounds -Your Help is greatly appreciated



\$20 ADVANCE SALE!

Buy a voucher in advance and save \$5 off a ride wristband! On sale now at local outlets.

Advance tickets will be at Cenex of Hazen and Beulah, Bronson's Marketplace and Heritage Insurance

\$25 WRISTBANDS WILL BE AVAILABLE:

Thursday, July 14: 4-11 p.m.
Friday, July 15: 4-11 p.m.
Saturday, July 16: 1-11 p.m.
Sunday, July 17: Noon-11 p.m.

WRISTBANDS ARE NOT TRANSFERABLE. NO REFUNDS.

CARNIVAL RIDES • GAMES • CONCESSIONS •AND FUN

SERVICE DIRECTORY

MEDICAL



Northland HealthCenters

Turtle Lake - Dental
701-448-9111
Hours: Mon-Thurs 8-5

Turtle Lake - Medical
701-448-9225
Hours: Mon 8-6:30; Tue-Fri 8-5
www.northlandchc.org Find us on 
You can now pay your bill online!

Optometrist
Dr. Schindler & Dr. Deis & Hellebush
N. Main Street • Garrison
Monday, Tuesday, Thursday 9 a.m. - 5 p.m.
463-2224 • 1-800-876-1067 (Bismarck)

Eyecare Professionals
Dr. James Helmers
Dr. John Helmers
Dr. Emily E. Zinke
Dr. Anna L. Helmers
Washburn 462-8636
Mandan 663-2020
1137 Border Lane, Washburn

Monday thru Friday, 9 a.m. - 6 p.m.
Saturday 9 a.m. - 5 p.m.
Pharmacy Open 9 a.m. - 1 p.m. Sat.
We guarantee low prices.
Computerized pharmacy.
All records kept for your insurance & tax purposes.
Deliveries Mondays & Thursdays
Chase Pharmacy
31 N. Main Street
Garrison • 463-2242

SPECIALTY

HAUGEN'S DRAIN SERVICE




- Power Snakes
- Sewer Cleaning
- 24-Hour Service

"For those sluggish drains and backed-up mains"
Residential-Commercial-Industrial
Washburn • 462-3730
Cell 315-0600

Robi's Repair INC. Dog Gone Clean Dog & Car Wash

Full Service Auto Repair for diesel, gas & transmission

615 Burleigh Rd, Wilton
734-6011 • robisrepair.com



SPEAK!

BILL GATES
JONAS SALK
EDWIN HUBBLE
THOMAS EDISON
ALAN TURING
SIGMUND FREUD
RACHEL CARSON
LEO BAEKELAND
TIM BERNERS-LEE
WILBUR & ORVILLE WRIGHT
WILLIAM SHOCKLEY
STEPHEN HAWKING
ROBERT GODDARD
ALBERT EINSTEIN

KNOWLEDGE GIVES SOCIETY
THE POWER TO ADVANCE.
PICK UP A NEWSPAPER

SPECIALTY



West Inkster Realty

MIKE MATTESON
BROKER/OWNER
"We are proud to stake out this property!"
- Rocco the Realty Dog

Follow your nose to BeagleBuds.com!

GARRISON INSURANCE

Copper the Coverage Dog
Coverage options for your "buried bones."

(701) 463-2099 OFFICE
(701) 337-6433 MIKE CELL
11 CENTRAL AVE E • PO BOX 338
GARRISON, ND 58540

MIKE MATTESON | JEAN WITT | MCKAILA BEHLES
OWNER AGENT AGENT CSR

FRONTIER Floral & Gifts

Find us on Facebook! open M-F 10 a.m.-5 p.m.

1-701-462-3878
611 Main Ave.
(Farmers Union Ins.)

-Flowers -Plants -Goat Milk Soaps -Candles - Local Artisans

Iris' Inn 701-770-3240

Patty Koelzer, Owner

4145 17th St. NW
Garrison, ND

Pet Boarding & Daycare

deeter
Garrison Dental

Dr. Terry Deeter | 701.463.2884
51 North Main St
Garrison, ND 58540

Hours: Tues and Wed, 8 am - 5 pm
After Hours: Contact Cathy at 701.509.6387 for appointments and concerns

**Wilson Law Firm**
JAMES D. WILSON, JD
Attorney at Law
MATTHEW A. ZIMNEY, JD
Attorney at Law

2 North Main Street
Garrison, ND 58540
Tel: (701) 463-2259
jwilson@wilsonlawND.com

- Wills, Trusts & Probate
- Business Entities & Planning
- Real Estate & Title Opinions
- Family Law • Criminal Law
- General Practice

**Dakota Painting & Tree Service**

Interior • Exterior • Tree Trimming
Residential • Commercial • Stump & Tree Removal

Tom Rupp Firewood Sales
Cell 701-400-8864
Licensed & Insured

BAKERS ACRES
Lawn & Landscape

Donovan Baker, Owner
Locally owned and operated
Licensed/Insured

701-426-4764 or 701-337-2032
1363 - 41M Ave. NW • Garrison, ND 58540

Landscaping ♦ Hydro Seeding ♦ Drill Seeding
Dirt Work ♦ Lawn Edging Installation
Hauling ♦ Spring/Fall Clean Up

CONSTRUCTION/CONTRACTING

**L & P CONTRACTING, INC.**

- Pole Building
- Foundations
- Flatwork

15601 16th St. SW
Minot, ND 58701

Lorn
701-721-2630

All Season Heating, Air Conditioning, Inc. & Sheet Metal

Randy Bertsch • 701-833-9484

 Serving the Garrison & Minot areas
25 yrs. locally owned & operated

H.A. Thompson & SONS
SINCE 1908

Heating & A/C Service for Business & Homes

2 Service Technicians located in Garrison!!

Curtiss Moe & Marc Beyer
701-223-3393

**Steve's PLUMBING Service LLC**

Owner
Steve Zacharias

PO Box 1174
Garrison, ND 58540
701-460-7471 (Steve)

szach@restel.net
Master Plumbing License #0012

JW ELECTRIC

Residential • Commercial • Farm Wiring

Joe Wolken PO Box 925
Cell #897-1595 Garrison, ND 58540
e-mail: jwelectric@restel.com
Master Electrician #M2398

**OUTLAW TREE SERVICE LLC**

CALL TODAY
JAXON HEILMAN
701.400.8942

TREE REMOVAL • TREE TRIMMING • STUMP GRINDING

- FREE ESTIMATES -
LICENSED & INSURED COMMERCIAL ARBORIST

SCHLEHR
CONSTRUCTION

Garrison, ND
701-340-0973

Jim Schlehr

Municipal Water & Sewer Lines | Underground Sprinklers
Rural Water Lines | Septic Systems | Directional Boring
Excavating & Dirt Work

FDHU Lic. # SC16-00072

SERVICE DIRECTORY CONT.



WILD PRAIRIE

PHOTOGRAPHY

SENIORS • COUPLES • MATERNITY • FAMILY • NEWBORN.

 WILD PRAIRIE PHOTO

701.400.0962

Amon Insurance Agency

Lake Homes * Shops
Pole Buildings * Farms
Business Insurance

*Serving the Garrison & Minot areas 23 years
*Locally owned/operated

* Lee Amon & Blake Amon
Call 701-852-3156 for Free Quote today!
Email: amoninsuranceagency@gmail.com

Gary's Awning Service L.L.C.


Insured/Bonded

- Retractable & Window Awnings
- Retractable Flagpoles

701-720-4662



FFL Dealer | Gunsmith | Gun Sales | Reloading Supplies



Rough Rider Gun Repair

CHUCK HAYES
701-463-7155

171 North Main, Garrison, ND
roughridergunrepair@gmail.com



LAKEFIT

FITNESS CENTER

Main St. • Garrison, ND
701-335-6300
www.lakefit.com
email: support@lakefit.com

24/7 GYM

- Variety of Cardio
- Weight Training
- Free Weights
- Spinning Classes: *(included in membership)*

Call or text to reserve your spot!

Summer Spin Class Times
Mon. & Wed. at 6 p.m.
(Memorial Day through Labor Day)

To place a classified ad call
462.8126 or fill out the form
online at nordaknorth.com

Promiseland Designs

Upholstery, Repair, Leather Wear, Tack & Gifts


Dana & Rita Wright
owners/designers

14 Main Street E
Hazen, ND 58545

701-748-2261

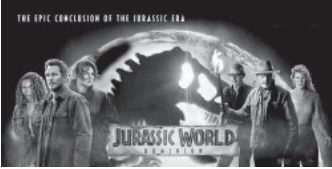
promiselanddesigns@westriv.com • www.promiselanddesigns.com





KOTA THEATRE

Main St., Garrison
Adults - \$7 Under 13 - \$5
Where popcorn is still only 50¢
Movies start @ 7:30 pm



Jurassic World: Dominion, PG-13
Four years after the destruction of Isla Nublar, dinosaurs now live--and hunt--alongside humans all over the world. This fragile balance will reshape the future and determine, once and for all, whether human beings are to remain the apex predators on a planet they now share with history's most fearsome creatures in a new Era. 2 hrs., 26 min.
July 15 & 16..... 7:30 p.m.



Dig up Buried
Treasure in the
Classifieds

Advertise in
your local
newspaper
today!

701.462.8126

CALENDAR

Saturday, July 9
GARC Thrift Store, Garrison Area Resource Center, 10 a.m. to 1 p.m.
Arikara Celebration, White Shield

Sunday, July 10
Arikara Celebration, White Shield

Monday, July 11
Yoga, First Congregational Church, Garrison, 8 a.m.

Tuesday, July 12
Bone Builders, Garrison Senior Center, 10 a.m.

Wednesday, July 13
Yoga, First Congregational Church, Garrison, 8 a.m.
GARC Thrift Store, Garrison Area Resource center, 10 a.m. to 4 p.m.

Thursday, July 14
Bone Builders, Garrison Senior Center, 10 a.m.
Alcoholics Anonymous, Garrison hospital cafeteria (enter through ER), 8 p.m.

Friday, July 15
Governors Cup Fishing Derby
41st Annual Turtle Days Celebration in Turtle Lake.All-school reunion, entertainment, parades and games.

Saturday, July 16
GARC Thrift Store, Garrison Area Resource Center, 10 a.m. to 1 p.m.
Governors Cup Fishing Derby
North Dakota Junior Governor's Fishing Derby 10 a.m to 1 p.m. at Fort Stevenson State Park
41st Annual Turtle Days Celebration in Turtle Lake.All-school reunion, entertainment, parades and games.
Wild in Wilton at the south park on Minnie Ave. Parade, street games, pub crawl, entertainment, beer gardens and more.

Sunday, July 17
41st Annual Turtle Days Celebration July 15-17, 2022 in Turtle Lake.All-school reunion, entertainment, parades and games.

Wednesday, July 27
The Annual McLean County Farmers Union picnic will be July 27 at 6 PM at Turtle Lake Centennial Park. Share a dish; Pizza and Pop will be provided.

The Community Clothing Share Exchange will be open each Thursday from noon to 6 p.m. at 221 Main St., Turtle Lake.

Open Door Community Kitchen soup kitchen. Please feel free to contact Kay at 448-2874 or at delkay1984@outlook.com with any questions.

Library Hours:
Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.
Underwood Public Library - Monday, Wednesday and Friday -10 a.m. to 3 p.m. -Tuesday and Thursday 1 p.m. to 6 p.m.
Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.
McLean-Mercer Regional Library, Riverdale Open Mon-Fri 8 a.m.-5 p.m.

CATCH THE GREAT BARGAINS IN THE CLASSIFIEDS!

462-8126





Shade Tree Experts - Business since 1974

R & C Tree Service

Now WORKING IN THE AREA

Complete Tree Service: Trimming & Removal - Stump Removal
License & Bond Insured
Modern Equipment
Excellent Work - Fair Price - Free Estimates
Call J.P. Roberge 701-334-0381
or toll-free 1-800-334-1518
Credit Cards Accepted

Bring home memories, not ticks

PRAIRIE DOC® PERSPECTIVES

BY ANDREW ELLSWORTH, M.D.

Recently our family went on a camping trip. Our kids loved how we canoed our supplies across a lake and set up our campsite. My wife and I were reminded how much work it is. Soon our children were experiencing more mosquitos, flies, caterpillars, and ticks than they had ever seen before. On one of our lovely hikes, nearly every time I looked down, I found another tick crawling on my shoe or leg. Ticks love tall grass, wooded areas, and other moist and humid environments often close to the ground. Although you may find them on your head, they don't normally drop down from above, rather, they start low and crawl up. Ticks are not insects. They are part of the arachnid family, cousins to scorpions, mites, and spiders with two body parts and eight legs. Ticks commonly enjoy sucking the blood of deer, cats, dogs, mice, squirrels...and humans. Blacklegged ticks, sometimes called deer ticks,

carry borrelia burgdorferi, the bacteria that can cause Lyme disease. These ticks live in the eastern half of the United States. Symptoms of Lyme disease include fever, headache, fatigue, and the classic target-like rash called erythema migrans. If caught early, this disease is often successfully treated with antibiotics. If not, later stages can affect multiple body systems including the heart, joints, eyes, and nerves. Other types of ticks can cause Rocky Mountain spotted fever, tularemia, babesiosis, and ehrlichiosis. Rocky Mountain spotted fever also causes fever, headache, nausea, and rash. Treatment within five days decreases the risk of progression to severe disease. If you find a tick latched onto your body, it is best to use tweezers and pull it off at its head as close to the point of attachment as possible. Pull upwards with steady, even pressure and avoid squeezing the tick's body. Clean the skin afterwards and dispose of the tick. When outside in the grass,

weeds, garden, or woods, consider wearing long pants and tucking the pant legs into your socks to help prevent ticks from accessing your skin. Apply tick repellant on lower clothing and check for ticks at the end of the day. Despite checking frequently, my son found a tick on him after we got home, and I found one on me two days later. We enjoyed sharing our love and respect for nature with our children, plus they learned how to safely remove a tick. Next time, we hope to bring home lots of great memories, and no ticks. *Andrew Ellsworth, M.D. is part of The Prairie Doc® team of physicians and currently practices family medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show celebrating its twentieth season of truthful, tested, and timely medical information, broadcast on SDPB and streaming live on Facebook most Thursdays at 7 p.m. central.*

Your lawn mower scares trees

DAKOTA GARDENER

BY TOM KALB
HORTICULTURIST, NDSU
EXTENSION

Shark Week in America is coming. We can watch horror stories of people getting attacked by sharks all week on television. Imagine yourself alone in a swimming pool. A trap door in the pool opens and a shark is released. The shark comes toward you. You can hear the water ripple as it swims. It's rushing toward you, and you are helpless. This is the way a tree feels when a lawn mower comes near. Absolutely helpless! Every time you start your mower, every tree in your yard shudders in fear. Your mower—a machine designed to slice through plants with a sharpened steel blade—may soon be brushing against the tree's bark. The mower is one of the leading killers of trees in yards, parks and orchards. Mowers attack bark, the armor of a tree. The bark protects the phloem, a precious layer just beneath the bark where nutrients are carried from the leaves to the roots. If the bark is damaged, the phloem may be damaged. This reduces the amount of nutrients going to the roots.

The weakened roots then struggle to provide the water and minerals from the soil to the rest of the tree. Trees generally heal when damage is limited to 25% or less of the bark around the tree. As damage levels increase, the tree suffers higher levels of stress. If the bark is stripped around the entire tree, it will die. If you love your trees, protect them from your lawn mower. Place a ring of mulch around each tree and follow the "3-3-3 rule." Place a ring of mulch that is at least 3 feet in diameter around the tree—even more is better. The mulch should be 3 inches deep but keep mulch 3 inches away from the trunk. Heaping mulch against the trunk can create stem rot and provide nesting habitat for bark-biting voles. Shredded bark and wood

chips are best. These wood mulches conserve moisture, smother weeds and enrich the soil. Wood mulches insulate tree roots, keeping them cooler in summer and warmer in winter. Trees love it. Rock mulch is much less desirable. It traps heat, creating heat stress in summer. In spring, excessive heat may cause trees to open their buds too early, making them vulnerable to frost injury. Rock mulch compacts the soil, scrapes tree bark and provides no nutrients. Your tree wants some wood mulch. What are you waiting for? The next shark attack may be coming soon! *For more information about gardening, contact your local NDSU Extension agent. Find the Extension office for your county at www.ndsu.edu/agriculture/extension/county-extension-offices.*

Farmers Union Epic Class
will be on
Wednesday, July 13
at Wilderness Park, Garrison
from 10 a.m. to 4 p.m.
3rd-12th Grade welcome to attend!

Water & Farm Safety • Tour the Garrison-Max Ambulance
• Lunch • Pool 2-4 p.m. (bring your swimsuits)



*Anyone who attends Epic Class will get
FREE registration to Farmers Union Camp!*

Contact Roxann Bloom at 701-898-9013



**From Us
To You**

Every Week



**DOG
DEN**
Steakhouse & Saloon
presents

**BASH IN BUTTE
DEMO DERBY**

SATURDAY, JULY 16TH, 2022
DRIVER GATES OPEN AT 10 AM
DERBY STARTS AT 2 PM
STREET DANCE STARTS AT 9 PM
LIVE MUSIC BY "SMALL TOWN BOYS!"

Check out Dog Den Facebook Page for
Rules & Registration Form: ****Due July 9th****
\$2000 - Guaranteed Prize Money!
701-626-7177

**Harvey Ost Oilfield Services
Retirement Auction**

**Thursday, July 21, 2022
9 a.m. (Mountain)**


LOCATION: 2398 Frazer/Richland Rd. - Lustre MT

DIRECTIONS: From Wolf Point MT – 1 mile West on Hwy 2 to Hwy 250, 23 miles North on Hwy 250 to Lustre Rd., 13 miles West on gravel to Frazer/Richland Rd., 1/8-mile South

OWNERS: Harvey Ost Oilfield Services – 406-654-4875

AUCTIONEER'S NOTE: Equipment will sell between noon and 1 pm.

INTERNET BIDDING: This auction will feature live internet bidding. For live bidding the day of the auction, please visit our website at <https://dakotaauctioneers.com/> and click on the "Online Auctions" tab. Pre-registration is required prior to auction day. Lunch will be served!



14 SEMI TRUCKS

- Unit 40, 2008 Kenworth, IXS Cummins, 13 sp.
- Unit 41, 1978 Peterbilt, 100 BBL tank, 4" Roper
- Unit 42, 2001 Kenworth, 90 BBL Vac tank, 13 sp.
- Unit 43, 2009 Freightliner, 60 Detroit, 13 sp.
- Unit 44, 2009 Freightliner, 60 Detroit, 13 sp.
- Unit 46, 1996 Freightliner, 13 sp.
- Unit 48, 2000 Kenworth, 13 sp., 110 BBL
- Unit 52, 2005 Peterbilt, 13 sp.
- Unit 53, 2015 Western Star, DD 16, 13 sp.
- Unit 54, 2015 Western Star, DD 16, 13 sp.
- Unit 55, 2015 Western Star, DD 16, 13 sp.
- Unit 57, 2014 Kenworth, 90 BBL tank, ISX Cummins, 13 sp.
- Unit 58, 2015 Kenworth, 90 BBL tank, ISX Cummins, 13 sp.
- Unit 19, 1981 Kenworth w/ 92 Detroit (needs turbo), 13 sp. trans.

TRAILERS

- Unit 116, 1990 Trail Master, 407 tank, 170 BBLS, 4 axle pup
- Unit 117, 1984 Spartan, 306 tank, 120 BBLS, 4 axle pup
- Unit 127, 2009 Polar, 407 tanker, 270 BBLS, 4" Roper
- Unit 131, 2014 Polar, 407 tanker, 270 BBLS, 4" Roper
- Unit 142, 1995 Vim, 407 pup, 170 BBLS
- Unit 106, 1998 XL, Ext. Low Boy/ Trail Roll

SEVERAL TRUCKS & TANKER FOR RESTORE, REBUILD OR PARTS

STEIGER, PICKUP & OTHER MISC. ITEMS

- Steiger 4WD, 3208 Cat, 18.4 34 duals (60-80%), 3 hyd., 8 sp.
- 1980 Chevy Scottsdale 10 2WD pickup, 6.2 diesel
- 10' Dozer blade

MANY NEW AND USED TRUCK & TRAILER PARTS & TIRES
MANY GOOD SHOP TOOLS & SUPPLIES, OFFICE EQUIPMENT

For complete list w/pictures please check out our websites.

Your North Central ND Auction Leader!

Visit our websites at www.midwestauctions.com/dakota or www.globalauctionguide.com or www.dakotaauctioneers.com or <https://allauctionsales.com/auctioneers/north-dakota/dakota-auctioneers>

Dakota Auctioneers

Larry Swenson, (701) 968-4224 Office or (701)-303-0379 Cell

Your North Central ND Auction Leader!

Visit our websites at www.midwestauctions.com/dakota or www.globalauctionguide.com or www.dakotaauctioneers.com or <https://allauctionsales.com/auctioneers/north-dakota/dakota-auctioneers>

Dakota Auctioneers

Larry Swenson, (701) 968-4224 Office or (701)-303-0379 Cell

Let's go camping

PRAIRIE FARE

BY JULIE GARDEN-ROBINSON,
FOOD AND NUTRITION SPECIALIST,
NDSU EXTENSION

Several years ago, we bought a tent for our family. My husband and kids put it up in the backyard for a makeshift camping experience. They were quite excited about sleeping outside.

In full disclosure, I went in the house after my husband and kids fell asleep in the tent. The ground was lumpy, and it was kind of chilly and damp that night.

I seem to recall a pesky fly buzzing near me.

Seriously, why would I sleep on the ground with numerous comfortable beds available within a short walking distance?

However, if we had a camper with a TV, air conditioning, and kitchenette with a microwave oven and refrigerator, I probably could be convinced to “camp.”

After my kids awakened, I made breakfast in our house and we ate outside. I think they noticed I was not with them all night.

Millions of people love camping and other nature excursions. Did camping increase or decrease during the pandemic?

Camping increased markedly during the pandemic. In fact, KOA (short for “Kampgrounds of America”) reported that 48 million households participated in camping in 2021. That included 10 million people who had not camped previously.

People wanted to escape being in their homes during pandemic quarantines. Camping was a lower-risk activity compared with dining out and other recreational pursuits.

Camping allows you to enjoy the beauty of nature. However, whenever we move food preparation and serving outdoors, the risk for foodborne illness tends to increase.

Bacteria multiply faster in warm, humid conditions, which summer often provides. In some cases, just a few bacterial cells can cause illness. In the right conditions, bacteria double in number every 15 to 20 minutes.

In response to the increased interest in camping and hiking, many “fancy foods” continue to be developed and

are sold online or in retail stores. These foods usually are dehydrated or freeze-dried.

The offerings vary from Mushroom Risotto to Mango Sticky Rice, according to my quick perusal of the offerings. You just add boiling water to rehydrate your meal.

These foods provide more upscale options than beans and hotdogs cooked on a campfire. Having somewhat gourmet meals certainly sounds like “glamping” (glamorous camping) to me.

If you take your meals on the road to a campsite or on a hike, ask yourself some questions.

Are you bringing coolers so you can keep perishable foods cold? If you are bringing cold food in a cooler, aim to have raw meat and poultry in a separate cooler. Using large blocks of ice lasts longer than ice cubes.

If you are not bringing a cooler, foods such as nuts, whole fruit, granola, energy bars, dried fruit, meat jerky and peanut butter sandwiches do not require refrigeration.

Are you driving to your adventure? Be sure to transport your cooler in the passenger area of the vehicle instead of in the trunk. When you reach the site, keep the cooler in the shade and cover it with a blanket or tarp to help retain the cold temperature.

Do you remember to bring a food thermometer? Remember to cook burgers to 160 degrees Fahrenheit and chicken to 165 degrees Fahrenheit.

Is potable (drinkable) water available at the site? If you are not sure, be sure to bring containers with drinking water, and moist towelettes and biodegradable soap.

Keeping our hands clean is very important. I think we all know “the drill” after hearing about handwashing for two years, but here’s a refresher: wet your hands, lather for 20 seconds, rinse and dry.

Along with washing our hands before handling food and eating, be sure to clean your hands after playing with your pets and using a bathroom.

Do you follow the rules for safe food handling? Remember that fully cooked food and perishable cut cold vegetables and fruits should spend no more than one hour on the serving table on warm days.

Are you protecting your

food from insects? Flies and other insects can spread germs to your food. Be sure to cover your food and do not use insecticides near your serving table. To deter bugs, be sure to stay well-hydrated, wear long sleeves, avoid fragrant moisturizers and avoid wearing dark-colored clothing, which can attract bugs.

Do you leave your campsite clean for the next people? Use the designated trash containers. Leftover food can attract animals to the site. Use biodegradable soap to clean tables and dishes. Finally, don’t forget to carefully put out your campfires.

Instead of a recipe, this week’s food provides an exercise in creativity. You could set up a “make-your-own buffet” so family and friends could make their own snack creation before you leave for a hiking or camping adventure.

Personalized Snack Mix

4 cups cereal of various shapes (Examples: Whole grain or multigrain squares or rings)

1 cup bite-sized crackers (Examples: Goldfish, Animal Crackers, cheese crackers)

1/2 cup dried fruit (Examples: raisins, dried cranberries, apples, blueberries)

1/2 cup nuts (Examples: peanuts, almonds, mixed nuts)


1/4 cup “treat” (Examples: chocolate chips, butterscotch chips or candy with a coating)

Create your own mixes by blending your favorite ingredients in a large bowl. This recipe with all ingredients, will make about 25 (1/4 cup) snacks. Experiment with your favorite healthful snack ingredients. Add up the calories in your snack by doing the “nutrition math” based on the Nutrition Facts label.

Package in snack-size zip-top plastic bags to help with portion control. For best quality, use the products before the “best by” or “use by” date on the package. Cereal-based products remain safe to eat beyond the date, but their quality (flavor, etc.) may decline.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)

FEATURED LISTINGS & AUCTIONS

 \$11,900/Lot	 \$289,000	 \$64,900
CITY LOTS FOR SALE Huttons 2nd Addition Towner, ND	FARMSTEAD FOR SALE 10.55 +/- Acres McLean County, ND	HOUSE FOR SALE 124 Park Ave. West Bowdon, ND
 FARMSTEAD AUCTION 29.55 +/- Acre • Ward County, ND June 28, 2022 • 12:00 p.m.	LAND AUCTION 157.49 +/- Acres • Renville County, ND Tuesday, June 28, 2022 • 11:00 a.m. Sleep Inn & Suites • Minot, ND	
Pifer's AUCTION & REALTY		
877.700.4099 www.pifers.com		
 John Stober - Realtor 701.426.8834		

Wilton Pioneer Senior Center Medicare Informational Meeting

—presented by the—
North Dakota Insurance Agency,
July 12th, 1:00 p.m.
—at the—
Wilton Pioneer Senior Center,
Wilton, ND
Everyone is welcome.

Meeting to follow after the presentation.
Everyone is invited to attend.

- LEADER-NEWS - NORDAK NORTH PUBLISHING



FULL

STACK

MARKETING

CALL US

www.nordaknorth.com | 701.462.8126

607 Main Ave, Washburn, ND 58577



Agri-food Trade and Climate Change

SPOTLIGHT ON ECONOMICS

BY DRAGAN MILIKOVIE,

Climate change is a phenomenon affecting many regions of the world, causing global warming and changes in precipitations patterns. As argued by the Intergovernmental Panel on Climate Change (IPCC), climate change has strong impacts on incomes and economic activities, although heterogeneous across countries. Among economic activities, agriculture is one of the most negatively affected by climate change but also a main driver of changes in climate. In a recent journal article, my co-authors and I address this very important issue of the role of international agricultural and food trade (agri-food trade for short) in helping to alleviate the issues arising due to climate change. Changes in climate, both short-run shocks (i.e., weather variations) and long-run changes, have the potential to impact economic activities. Climate changes alter productivity, thus production costs, as well as resource availability and market prices, with consequences on welfare, poverty and food security. Changes in climate and agriculture are tied up together. While the agricultural sector is one of the most hit by changes in climate, it is responsible for great environmental impacts. Agricultural activities (e.g., intensive livestock, fertilization, land use and management) are important

contributors of greenhouse gas emissions with related consequences in terms of climate changes. On the demand side, a growing population and changes in diet are causing an increase in demand for food and livestock feed. Consequently, emissions from agriculture are expected to increase. The Food and Agriculture Organization of the United Nations (FAO) states that the challenge for the agricultural sector is to achieve an equilibrium between adaptation to climate changes and sustainable intensification of agriculture. On the supply side, climate changes may have substantial impacts on world production growth. Climate is an input for agricultural production. Thus, changes in climate may affect prices and supply of agricultural outputs. Changes in climate have both direct and indirect impacts on crop yields. Increases in temperature tend to be detrimental for crop yields, with low-latitude countries being the most negatively affected. Indeed, low latitude countries may have less potential to adapt; for instance, they are generally characterized by warmer climate and may have difficulties in producing crops that perform better in climates still warmer. The indirect effects of changes in climate on crop yields are mainly related to increases in the cost of inputs and of factor productivity, but effects due to land use changes should not be neglected.

Climate changes also affect the livestock sector: impacts are evident, for instance, on milk production, disease and parasites, feed intake and feed supplies. Overall, the impacts of climate changes on the demand-supply balances in the agricultural sector are related both to direct losses (e.g., crop failures) and several indirect effects triggered by market reactions to events occurring in other producing regions of the world. Climate changes are a central issue for agriculture. Some effects, already observed, are likely to intensify in the future, contributing to declines in agricultural production, fluctuations in world market prices and growing levels of food insecurity. These effects also are likely to be detrimental in some countries and positive in others with potential impacts on their economic development. According to the FAO, agriculture in low latitude countries suffering from poverty and food insecurity could be negatively affected. High latitude countries, often developed economies, characterized by temperate climates, could observe positive effects on agriculture with warmer weather. Uneven impacts of climate changes across countries and consequent changes in food availability and access, as well as in comparative advantages, are likely to affect international trade patterns. By allowing the reallocation of food from surplus to deficit

regions, agricultural trade has the potential to lower inequalities between regions with different levels of economic development, helping countries adapt to climate change. It is of utmost importance to find adaptation and mitigation solutions to climate change in agriculture and food systems to face and combat food insecurity. These solutions may involve actions to reduce net emissions from agriculture and food production, for instance by modifying management practices (e.g., manure management, use of fossil fuel and nitrogen fertilizer), increasing carbon sequestration (e.g., avoiding deforestation or land conversion) or producing substitutes for emission-intensive products (e.g., bioenergy, wood). For these reasons, in recent years, the relationships between agriculture, trade, global value chains and climate change have been at the forefront in trade and development policy agendas of different

agreements. In fact, supporting developing countries to promote sustainable development and the provision of agri-food produce is one of the 17 Sustainable Development Goals (SDGs) of the 2030 Framework Convention on Climate Change and an aim of the Paris Agreement of the United Nations. The return of the United States in the Paris Agreement should strengthen the global cooperation towards the achievement of these goals to intensify climate change adaptation and mitigation efforts. Future research should be devoted to a better understanding of the effects of climate change on the global agri-food sector. In fact, as weather and climate conditions change, firms, communities and countries need to develop new adaptation strategies to the climate regimes. Understanding the relationships between trade and climate change is one of the efforts towards the promotion of sustainable development.

Back to school made:

☒ Easy

☒ Affordable

☒ Local

Custom supply packages with exactly what your child needs for back to school, according to the school!

SHOP BY SCHOOL AND GRADE LEVEL

20% off orders placed before July 8

ND School Supplies

www.ndschoolsupplies.com

Largest Used Gun Inventory in Bismarck/Mandan

Need some money in the bank?

We buy guns!

Double H GUNS

"Armed & Accurate since 1976"

1021 S. Washington St., Bismarck (701) 223-4888 (Next to Jiffy Lube) Mon - Fri: 9 a.m. - 5 p.m. Sat: 9 a.m. - 3 p.m. hhgunshop.com

Like Us On Facebook

LEWIS & CLARK FARMERS MARKET

Fridays 4-7 p.m.

Starts June 19

L & C Interpretive Center Intersection of Hwy 83 and 200A

NORTH Dakota Be Legendary.

Lewis & Clark INTERPRETIVE CENTER

SPONSORED BY GREAT RIVER ENERGY

Garrison City-Wide Rummage Sales

Thursday, Friday, Saturday & Sunday — July 14-17

**THURSDAY,FRIDAY
& SATURDAY**

- 1. SACA BUILDING**
Thursday Noon-6 p.m.
Friday 9 a.m.-6 p.m.
Saturday 9-11 a.m.
MEGA SALE: Name brand, NWT, western boots, shirts, Kids through adult, boys, teen mens jeans, suits, girls fancy dresses, lots of shoes, toys, books, Legos. (Flath/Svangstu)
- 2. 740 Jefferson Drive, Garrison**
Thursday 9 a.m.-5 p.m..
Friday 9 a.m.-5 p.m.
Saturday 9 a.m.-1 p.m.
Collectibles, Cherished Teddies, crystal, household decor, Christmas, youth golf clubs, scrapbooking, Cricut & more.

**THURSDAY,FRIDAY,
SATURDAY & SUNDAY**

- 3. 12 5th St. NE,**
Thursday 10 a.m.-6 p.m
Friday 10 a.m.-6 p.m.
Saturday 10 a.m.-6 p.m.
Sunday 10 a.m.-6 p.m.
Kitchen, yard, household, decorations, odds & ends, hand tools, misc. etc. New/Old.

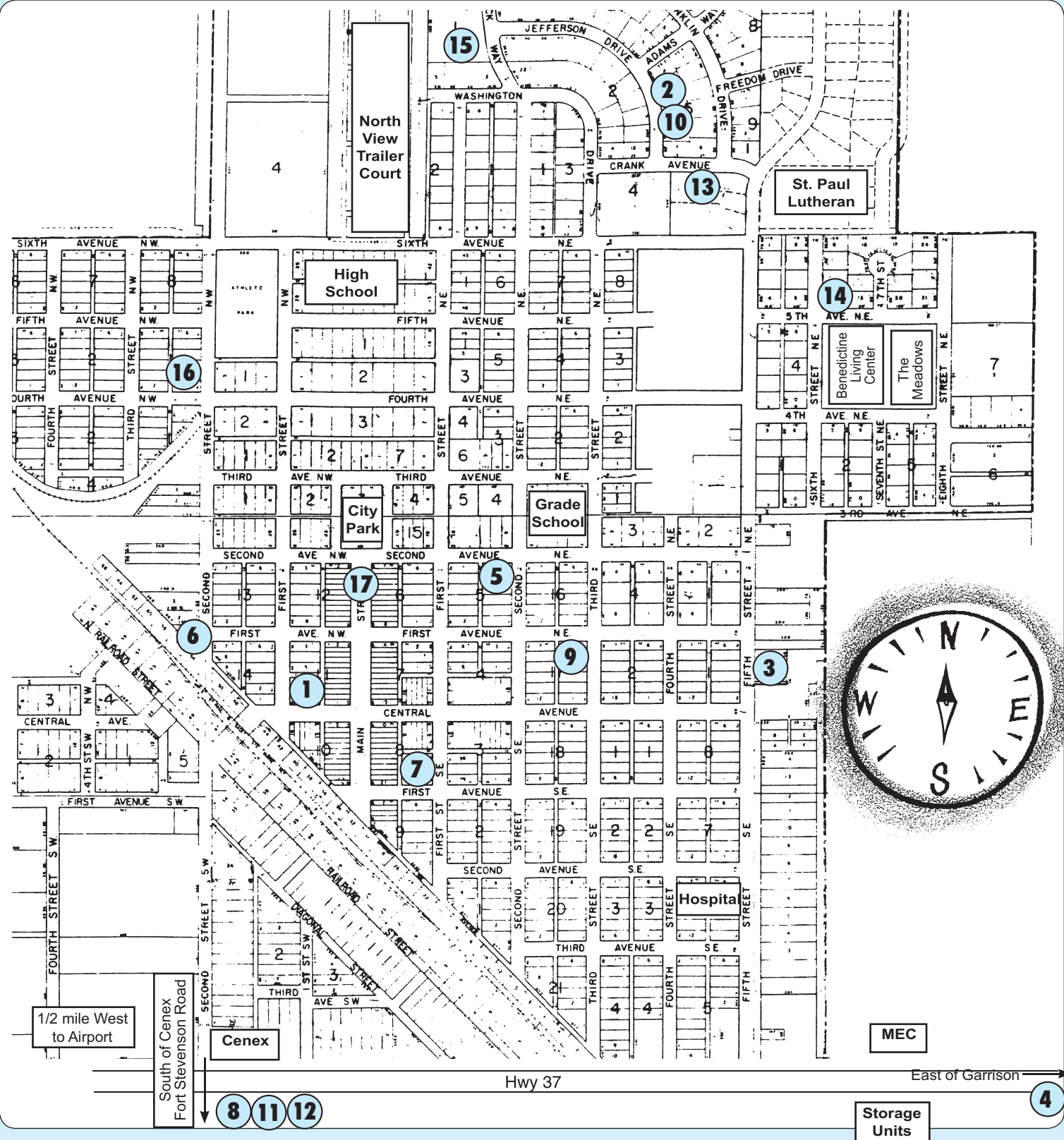
**FRIDAY, SATURDAY
& SUNDAY**

- 4. 1684 29R Ave NW, Coleharbor (6 miles east of Garrison corner/83)**
Friday 10 a.m.-5 p.m.
Saturday 10 a.m.-5 p.m.
Sunday 10 a.m.-
Donations going to the Bismarck Cancer Center in memory of Meryl Sharp/ Sheryl. Bauer & Thea Ungerer (fighting cancer). Stained glass lamps, repurpose furniture, home furnishings, fishing equipment, etc., some items will be priced.

- 5. 155 2nd St NE**
Friday - Open All Day
Saturday - Open All Day
Sunday - Open All Day
Guy's garage sale – Light fixtures, table saw, trolling motor, young teen boy's and women's clothes, practice amp, electric guitar by Fender, Ibanez electric guitar, furniture, toys.

FRIDAY & SATURDAY

- 6. 115 2nd St NW
3 Party Garage Sale**
Friday 9 a.m.-6 p.m.
Saturday 9 a.m.-2 p.m.
Camping items, tools, household, bedding, dishes.
- 7. 53 1st Ave SE (inside the Former Northern Mini Mall Building)
4 Party Sale**
Friday 8 a.m.-4 p.m.
Saturday 8 a.m.-4 p.m.
Lots of furniture, retail displays, pricing supplies, hooks, racks, shelving, infant-large clothing with lots of teen boys top brands, tools, pool table, arcade games, baby items.



- 8. 3 Miles South of Cenex then go 1/4 mile East.**
Friday 8 a.m.-4 p.m.
Saturday 8 a.m.-4 p.m.
Huge Multi-Party Sale: Collectibles, household, name band shoes, purses, lawn, garden, a bit of everything at this sale.
- 9. 212 1st Ave NE**
Friday 2-6 p.m.
Saturday 9 a.m.-5 p.m.
Misc. household items, odds & ends. Great Deals!
- 10. 730 Jefferson Drive**
Friday 9 a.m.-6 p.m.
Saturday 9 a.m.-4 p.m.
Homemade kuchen, donuts, household, bedding, walker, make-up, antique high chair, camper cargo hitch, toybox, bench, girls clothes 10-12 and up, mens, womens up to 5X, much more.
- 11. 2 Miles South of Garrison towards Fort Stevenson**
Friday 9 a.m.-3 p.m.
Saturday 9 a.m.-5 p.m.
LOTS of kid's clothes and items. Girls NB-3T, boys NB-12M. Breast pumps and supplies. 2 miles South of Garrison towards Fort Stevenson.

- 12. 4105 13V St. NW (Sternberry Ave)**
Friday 8 a.m.-5 p.m.
Saturday 8 a.m.-2 p.m.
Men & women clothing, household items, pictures/decor items, Christmas items, lamps, end tables, electric snow blower, gas & electric trimmers.

SATURDAY & SUNDAY

- 13. 424 Crank Ave NE**
Saturday 8:30 a.m.-4 p.m.
Sunday Noon-4 p.m.
Multi-Family: Furniture, tools, fishing, household, bedding & towels, adult-teen clothing. Various dishes including Pfaltgraff & Crystal. Vintage & eclectic too numerous to list.

ADD ONS:

**THURSDAY,FRIDAY
& SATURDAY**

- 14. 524 6th St. NE**
Thursday 4-9 p.m.
Friday 9 a.m.-4 p.m.
Saturday 9 a.m.-Noon
Sylvan fishing boat w/135 Mercury, Vulcan road bike, Cleveland trombone, Signature electric guitar, Diaper Genie, stroller, booster seat and much misc.

FRIDAY & SATURDAY

- 15. Church of God - 235 Hancock Way**
Friday 9 a.m.-5 p.m.
Saturday 9 a.m.-3 p.m.
Serving lunch. Original artwork, tools, antiques, and MUCH MORE!!

SATURDAY

- 16. 405 2nd St NW**
Friday 8 a.m.-5 p.m.
Saturday 8 a.m.-5 p.m.
Multi-Party Rummage Sale
- 17. Garrison Main Street Vendor & Crafter Show**
Saturday, July 16, 1-6 p.m.
Main Street, Garrison
Garrison Wrestling Club serving
*Fleischkuekle - 3 p.m. til gone by city park by Otter Tail building,
**Snack Shack (serving in Park)

THE CLASSIFIEDS

- **DEADLINE:** 9 a.m. Thursday.
- **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
- **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
- **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128
Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com
Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

ANNOUNCEMENTS

WANT TO SAVE some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm.

AUCTION

Zimmerman moving auction, 8820 Bar D Road, Bismarck, July 23, 10 a.m., Nissan pickup, Dodge Cargo Van, Ford 9N, John Deere LT190, lots of tools. Go to Neumillerauctions.com for full listing.

FARM RELATED

CUSTOM LARGE SQUARE BALING: 4x4x8 bales, \$11/bale, plus fuel surcharge. Will travel to North Dakota, South Dakota and Montana. Call Jason, 701-870-0415.

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$5.45/gallon; Premium Dyed #2 fuel, \$5.01/gallon; Unleaded Gas, \$4.69/gallon. Call for current pricing. Call Jason, 701-870-0415.

CUSTOM FEEDLOT cleaning and spreading. Truck mounted spreaders, vertical beaters w/GPS and scale. \$40 per load, plus mileage (plus fuel surcharge). Will travel. Call Jason, 701-870-0415.

CUSTOM SPRAYING with 4930 John Deere sprayers 121', auto steering, swath control, 15" spacing, \$5 an acre (plus fuel surcharge). Will supply chemicals or use your chemicals. Have plenty of Roundup. Will travel. Call Jason, 701-870-0415.

CUSTOM FERTILIZER SPREADING with 4375 Case IH floater, 70' boom, auto steering, \$4.50/acre (plus fuel surcharge). Will supply fertilizer or use your fertilizer; have fertilizer for urhea and map. Urhea \$650 delivered; map \$875 delivered. Call Jason, 701-870-0415.

TRUCKING: Hay hauling, grain hauling, fertilizer hauling, and equipment hauling. Several trucks available. Call Jason for prices, 701-870-0415.

TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goosenecks with or without racks. Call for prices. Call Jason, 701-870-0415.

FARM RELATED

CUSTOM HAYING with four John Deere 4895 16' and 18' mower conditioners, \$15/acre and three 569 John Deere balers with net wrapping, \$8/bale, plus fuel surcharge. Two 25 wheel rakes, can rake up to three rows together, \$3/acre, plus fuel surcharge. Bale bunching, \$4/bale, plus fuel surcharge. Will put up hay on shares. Will splice baler belts, all makes and models. Net wrapping for sale \$295/roll (64x9000). Good quality, competitive prices. Will also deliver. Will travel in and out of state. Call Jason, 701-870-0415.

LIVESTOCK

We have the following ship dates scheduled to ship cows and bulls, Monday August 22nd. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions.

GIVEAWAY

To Give Away: Free cats and kittens. Every color available. Please call 701-462-3701 or 701-315-0201

HELP WANTED

STEVE'S PLUMBING Service, LLC in Garrison, ND is looking for a Full-Time Apprentice or a Licensed Journeyman Plumber. Competitive wages and benefits D.O.E. Call 701-460-7471, email a resume to szach@restel.net

WHITE SHIELD ELEMENTARY SCHOOL has 2 Teachers positions, 5-8 Math/General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to Anthony Esquibel (anthony.esquibel@k12.nd.us) or for more information call White Shield School @ 701-743-2237. Visit our Employment link @ https://www.white-shield.k12.nd.us/page/employment

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

HELP WANTED

Garrison Public Schools is accepting applications for **Full-Time Custodian**
We are seeking applications for a full-time custodian. Starting pay is \$15/hour plus full benefits and leave time. The hours are 2-10 p.m. with duties in both buildings. Training will be provided and must be able to lift 50 pounds. To apply, please submit an application on our website to Dr. Klemisch at Nick.Klemisch@k12.nd.us or fill out an application at the high school.

REAL ESTATE FOR RENT

McLEAN MANOR, 1 Bedroom & studio apartments for rent. Call Larry 701-463-2320 or 701-421-5002.

SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

VEHICLES

1997 Tahoe, runs good - no back up! Best offer. 701-301-1717 7-4TPDX 58540

Buying Cars: Buying good used vehicles under 150,000 miles. Text Darren VIN, year, make, model and mileage for actual cash value. 701-433-0137.

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

HELP WANTED

HELP WANTED

CHI St. Alexis Health Garrison has the following positions available:

CNA
\$7,500.00
Employment Incentive
For more information call **701-463-6503**
Apply online at www.commonspirit.careers

CHI St. Alexis Health Garrison Hospital
The institution is an equal opportunity provider and employer

CHI St. Alexis Health -Turtle Lake -

Hiring the following positions:

LPN
\$10,000 Sign on bonus.

Experience preferred but not required. Contact Brenda **701-448-2331 ext. 207.**

This institution is an equal opportunity provider and employer.

HELP WANTED

CHI St. Alexis Health Garrison has the following positions available:

Lab Tech (MT/MLT)
Radiology Tech
Dietary Helper
Housekeeping
Nurse Aide
Now offering higher starting wages!

For more information call **701-463-6503**
Apply online at www.commonspirit.careers

CHI St. Alexis Health Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED

HELP WANTED
White Shield School



- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches
- Elementary Teachers
- Bus Drivers

Applications and Background check forms can be found on our school website <https://www.white-shield.k12.nd.us/>
Any questions please contact the business office at 701-743-2201.

CHI St. Alexis Health -Turtle Lake -

Hiring the following positions:

RN-Charge Nurse
\$20,000 Sign on bonus.

Experience preferred but not required. Contact Brenda **701-448-2331 ext. 207.**

This institution is an equal opportunity provider and employer.

CHI St. Alexis Health -Turtle Lake -

Hiring the following positions:

RN
\$20,000 Sign on bonus.

Experience preferred but not required. Contact Brenda **701-448-2331 ext. 207.**

This institution is an equal opportunity provider and employer.

place a classified ad here

CHI St. Alexis Health -Turtle Lake -

Hiring the following positions:

Nurse Aid
\$7,500 Sign on bonus.

Experience preferred but not required. Contact Brenda **701-448-2331 ext. 207.**

This institution is an equal opportunity provider and employer.

HELP WANTED
CHI St. Alexis Health Garrison has the following positions available:

LPN-Nursing Facility
\$10,000.00
Employment Incentive
For more information call **701-463-6503**
Apply online at www.commonspirit.careers

CHI St. Alexis Health Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED
CHI St. Alexis Health Garrison has the following positions available:

COOK
\$3,000.00
Employment Incentive for Full-time
\$1,500.00
Employment Incentive for Part-time
Dietary Aide
\$1,000.00
Employment Incentive for Full-time
For more information call **701-463-6503**
Apply online at www.commonspirit.careers

CHI St. Alexis Health Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED
STARTING AT \$14 PER HOUR



SALES ASSOCIATES
Full-Time or Part-Time

ASSISTANT MANAGER
Full-Time, wage DOE
Stop in for an application 200 5th Ave SE, Garrison

 **Benedictine**
LIVING COMMUNITY | GARRISON

HELP WANTED
RESTORATIVE SERVICES CNA
Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

Apply at www.blcgarrison.com
Call Julie Snyder at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"

MISC. FOR SALE

ORDER PRINTS, custom mugs, puzzles and more of pictures from all Nordak North newspapers.

35-P-TFN-NC58577

MISC. FOR SALE

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.

1-E-TFN-NC58577

HELP WANTED



Totten Trail
BAR & GRILL

is looking for
Servers & Kitchen Staff

Apply in person or call
701-337-2070

Lake Audubon • Hwy 83
337-2070



Benedictine
LIVING COMMUNITY | **GARRISON**

HELP WANTED

Come Join Our Team!!

- **CNA**
Full-Time Days
- **Housekeeper**

SIGN-ON BONUS

Apply at
www.blcgarrison.com

Call Jill Borth at (701)463-2226
"EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

Soda's & Things

Sales associates positions available.

Contact
701-442-5277
or stop in for an application.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER

\$20,000.00

Employment Incentive

For more information call
701-463-6503
Apply online at
www.commonspirit.careers



CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility

\$20,000.00

Employment Incentive

For more information call
701-463-6503
Apply online at
www.commonspirit.careers



CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer



SECURITY OFFICERS

GENERAL SECURITY SERVICES CORPORATION™

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BILL@GSSC.net) for more information.
EOE/AA/Disability/Veterans/M/F Employer
Immediate full-time & part-time openings!

NOW HIRING!

CHI St. Alexius Health Turtle Lake has the following positions available:

Clinic RN

Part-Time Clinic Assistant

Social Worker Designee

\$15,000 Sign on bonus.

Experience preferred but not required.
Contact Brenda 701-448-2331 ext 207.



CHI St. Alexius Health
Imagine better health.™

This institution is an equal opportunity provider and employer.

GENERATING CAREERS – EMPOWERING LIFESTYLES WITH GREAT OPPORTUNITIES AND BENEFITS

ENGINEERING TECHNICIAN

Milton R. Young Station

Minnkota Power is seeking qualified applicants for an Engineering Technician responsible for providing engineering support services including management of Station records, engineering drafting (CADD), assisting with engineering projects and inspections and participating on engineering project teams at the Milton R. Young Station located near Center, ND. The Milton R. Young Station is a two-unit coal-fired power plant, providing a stable energy source for our cooperative member-owners. The station is located 35 miles from Bismarck, North Dakota, a growing and progressive city with many recreational opportunities.

This position requires an individual willing to grow with evolving technology. Excellent written and verbal communication skills are essential. Requires knowledge of CADD systems (AutoCAD 2010 or later preferred), records management systems (AutoEDMS preferred), Adobe Acrobat and Microsoft Office. Associates degree in any technical field required and previous experience in engineering project support is desirable.

Online applications can be found at www.Minnkota.com.
Closing date to submit applications is 07-24-2022.
Resumes will not be accepted without a completed application.


Minnkota Power Cooperative is an EEO/AAP/Female/Minority/Disabled/Vets Employer



Minnkota Power COOPERATIVE
A Touchstone Energy® Cooperative

Laura Fleckenstein
Human Resource Coordinator
Minnkota Power Cooperative
Milton R. Young Station
Center, ND 58530


Office: (701) 794-7215
lfleckenstein@minnkota.com
minnkota.com



Benedictine
LIVING COMMUNITY | **GARRISON**

LIFE ENRICHMENT

Benedictine Living Community | Garrison has a FT opening in Life Enrichment/Activities. This individual serves a big role in making sure our Elders are given the opportunity to engage in music, crafts, reading, movies, one-on-ones, board games, parties, etc. We have a fantastic Life Enrichment team and we are looking for an individual that enjoys busy days. We offer competitive wages, 401-k, and health benefits. Please apply online www.blcgarrison.com or contact Deb Foss for questions 701-463-2226.



Scan to be connected to job link

"EQUAL OPPORTUNITY EMPLOYER"

Subscribe today!

To place a classified ad call 462.8126 or fill out the form online at nordaknorth.com



West River Telecom (WRT), a growing telecommunications cooperative, has multiple position openings. A complete job description for each position can be found at www.westriv.com

Technical Support Analyst (Full-time)

Job Responsibilities: Works with the public, troubleshoots issues, & is solutions-oriented. Current CompTIA A+ certification required.

IT Engineer (Full-time)

Job Responsibilities: Performs engineering design and implementation functions for all IT Voice and Broadband systems. Current CCNA certification required.

WRT offers an excellent wage and benefits package

APPLICATION DEADLINE: June 24, 2022

Complete application online and submit with resume via www.westriv.com Call 701-748-4213 with any questions.

WRT is an Equal Opportunity Employer



STATEWIDES

HELP WANTED
THE ND NEWSPAPER ASSOCIATION is accepting applications for the position of EXECUTIVE DIRECTOR. As the chief executive officer for our state association, the Executive Director will lead and direct the operational and financial performance of the association. Responsibilities include member contact and development, legislative/lobbying, management of content sharing and advertising placement programs, personnel management, and working with a board of directors. NDNA offers a competitive salary and benefits package. Application deadline is July 15, 2022. Send letter, resume and salary requirements to: director@ndna.com, or NDNA Search Committee, 1435 Interstate Loop, Bismarck, ND 58503-0567.

ADMINISTRATIVE ASSISTANT – NURSING. Lake Region State College – Devils Lake. This is a full-time, 12-month, benefited position. The Administrative Assistant handles the day to day secretarial, clerical, receptionist, and data entry duties as a part of the nursing department while assisting the Coordinator of the LRSC Nursing Program. Go to www.lrsc.edu/jobopportunities for more information.

MAYVILLE STATE UNIVERSITY is seeking the following: Online Enrollment Coordinator – Lake Region State College Campus, Enrollment Specialist and an Enrollment Specialist/Marking Specialist. FT, benefited positions. Visit www.mayvillestate.edu/employment.

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

EDUCATION/TRAINING
ATTENTION ACTIVE DUTY & MILITARY VETERANS! Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, 701-929-9679. (M-F 8AM-6PM ET).

SERVICES FOR HIRE
LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No pay-

ments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 833-946-2482.

FINANCIAL SERVICES
SAVE YOUR HOME! Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowner's Relief Line! FREE CONSULTATION! 855-399-8165.

REAL ESTATE FOR SALE
ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

PETS/SUPPLIES
USE HAPPY JACK® KENNEL DIP as an area spray to control lyme disease ticks, fleas, stable flies, & mosquitoes where they breed. At Tractor Supply® (www.fleabeacon.com)

FARM EQUIPMENT
OWN TILLABLE AND TIMBER LAND? Earn \$3,000 - \$5,000 Every Year. #1 Hunting Lease Company In America. Upfront payments from hunters. Base Camp Leasing I (888) 871-1982.

MISCELLANEOUS FOR SALE
TOP CASH PAID FOR OLD GUITARS! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 855-754-3470

DISCOUNT AIR TRAVEL. Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 866-530-1662.

DIRECTV SATELLITE TV Service Starting at \$74.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 844-540-0198.

PROTECT YOUR HOME AND FAMILY with Vivint Smart Home. Call 866-391-9779 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50.

NEVER CLEAN YOUR GUTTERS AGAIN! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 877-354-0572.

YOU CAN PLACE a 25-word classified ad—like this one—in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

AUTOS WANTED
DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

HEALTH/MEDICAL
VIAGRA and CIALIS USERS! 50 Pills SPECIAL \$99.00! 100% guaranteed. CALL NOW! 855-559-1454.

ATTENTION OXYGEN THERAPY USERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 855-821-2831.

ANNOUNCEMENTS
NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

MISCELLANEOUS
HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.



DONUT BE NUTS.

PLACE A SWEET AD IN THE PAPER TODAY!

Monitor moisture content of rain-damaged hay

BY KELLI ANDERSON,

Hay that has been rained on will suffer dry matter losses, losses in energy content and tends to have a bleached color with a loss of soluble vitamin content.

Weather conditions this spring and summer and much needed rainfall have lifted North Dakota out of drought conditions. Temperatures have been mild with a lot of cloudy and overcast days.

These conditions have been great for forage growth, but they have been less than ideal for hay drying and curing, says James Rogers, North Dakota State University (NDSU) Extension forage crop production specialist at the North Central Research Extension Center in Minot.

“Over the past few weeks, hay harvesting has begun with cereal rye and perennial cool season grass hay being harvested,” says Rogers. “The first cutting of alfalfa also has begun.”

In some parts of the state, rain has fallen on hay that was still curing in the field. Hay that has been rained on will suffer dry matter losses, losses in energy content and tends to have a bleached color with a loss of soluble vitamin content.

Dry matter losses tend to be higher in legume hay compared to grass hays due to the tendency of higher leaf shatter in legumes, says Rogers. Protein content will change little as a result of rain damage unless a large amount of leaves is lost.

An issue that can occur with rain-damaged hay is the possibility of mold development. If the hay remains wet for a period of time, or if moisture content is not down to the proper level prior to baling, heat damage can occur. Hay that has been rained on in the field will suffer losses in dry matter and nutrient content but can still be made into a quality product with a little extra handling, Rogers advises.

“Getting hay that was rained on dried down to the proper baling moisture as soon as possible is essential for salvaging the hay,” says Rogers. “Leaving hay in a windrow where it was cut until it is completely dry can smother recovering plants

underneath the windrow leading to weedy or thin strips across the field.”

It is important to move or spread out the windrow to improve hay drying. Hay that was cut into a narrow swath then rained on needs to be spread out and fluffed back up to get air flowing through the windrow to stimulate drying. A hay tedder works well for this. If a rake will be used to roll wet hay over, make sure the ground where it will be moved is dry. If not, hay that is dry on top but rolled over to wet ground will wick moisture back into the dry sections.

Try to be as gentle as possible when working with hay that has been rain damaged to avoid leaf shatter as rain damaged hay tends to be a more brittle than hay that has not been rain damaged.

Check moisture content of hay prior to baling. Hay with a lot of volume may appear dry on the outside but still have damp areas in the middle of a windrow, causing problems later after the bale has been made.

Finally, it is very important to test hays that have been rained on for nutrient content. Rain-damaged hay will have lower nutrient content compared to a hay harvested at the same maturity stage that has not been rain damaged.

“Rain-damaged hay can still be a good product,” says Rogers. “It is important to know how good it is prior to feeding, and the only way to do that is with a hay test.”

Source: James Rogers, 701-857-7682. james.rogers.1@ndsu.edu

Washburn Editor Leader-News

NorDak Publications seeks a full-time Editor in Washburn, ND.

The ideal candidate will have strong communication skills and excel in writing news, feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers. This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.

To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

NO ONE DELIVERS YOUR LOCAL NEWS BETTER THAN YOUR LOCAL PAPER



SEEKING GRAPHIC DESIGNER

Washburn, ND

WHAT YOU'LL DO:

- Create ads for print.
- Newspaper layout.

WHAT WE NEED:

- Self-motivated with the ability to multi-task.
- Able to meet deadlines.
- A passion for creativity.
- Adobe Creative Suite Knowledge is a +. Not required.

THE

LEADER-NEWS



APPLY TODAY!

Email resume to kelsey@nordaknorth.com

Rights and Stolen Rights

DAKOTA DATEBOOK

BY MARIA WITHAM

Long ago there stood a village in the midst of the prairie. It was high on the hillside overlooking the great Missouri River Valley. From this place one could see for miles across the landscape. A landscape without pavement, car exhaust, or road signs — only marked by the rise and fall of the sun and the night stars. This place was home to the Mandan people, whose earth lodge village was part of the rhythm of the land. This was Chief Looking’s Village.

Flash forward about 350 years. The Northern Pacific Railroad is building a new line headed towards the western shores of North America, cutting across the Midwest. In 1872 its terminus is Bismarck, a city whose foundations share the very same bluffs as the Mandan’s village.

The new name for the young city of Bismarck came from thousands of miles away at the 1873 Vienna World Exposition. The Northern Pacific Railroad created a grand map for the Exposition boasting the reach of its rail lines. This map showed a great city called

Bismarck, “very near the heart of the universe.” The renowned German leader Otto von Bismarck’s name was chosen by the industrious company to attract German investors and encourage settlement on the prairies.

Soon many homesteaders would be making their way to the Missouri River Valley. Hopes of a new life and a piece of rich soil brought immigrants from around the world to the Missouri River Valley.

One of these settlers was O. J. Simmons, whose homestead was located about two miles north of Bismarck. In July of 1873 upon examining his new homestead Simmons found some remnants of previous inhabitants. On the high bluffs there appeared to be traces of a well-fortified ditch, an embankment, and distinct “camping grounds.” Simmons also found pieces of pottery, bones, flint chips, and arrowheads. Simmons was impressed by the beauty and craftsmanship of the pottery, which was “hard as flint” and “fine,” probably made from the fine silt that abounds in the Missouri River bottoms.

The village that was once a

part of the Simmon’s homestead is now preserved within Pioneer Park of Bismarck. It was excavated in 1934 by Bruce Wallace, and named “Ward Village” after William Oscar Ward, who donated his land to the city to create a public park. The village was studied again in 1997, but much of its history is still unknown. In May of 2003, the archeological site was renamed from Ward Village to “Chief Looking’s Village” in honor of the name it once held to the Mandan people.

Today one can still visit the site and learn about its deep history. Although the landscape and its name have changed slightly over the years, the view is still spectacular.

“Dakota Datebook” is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at prairiepublic.org, subscribe to the “Dakota Datebook” podcast, or buy the Dakota Datebook book at shoppairiepublic.org.

Dakota Recreation Report



BY BY PATRICIA STOCKDILL

Tournaments:

- July 9: Lake Sakakawea, Van Hook Arm.
- July 15 & 16: Lake Sakakawea, Fort Stevenson State Park.
- July 16: Lake Sakakawea, Parshall Bay; Lake Sakakawea, McKenzie Bay.
- July 20: Lake Sakakawea, 4 Bears.

Fishing:

Lake Sakakawea elevation, July 5: 1,836.7 feet above mean sea level; 20,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 7.61 feet.

Missouri River gauge height, Washburn: River stage, 9.71 feet.

- N.D. Game & Fish Dept. game wardens: Scattered walleye activity on the east end of Lake Sakakawea with good success throughout the midsection. No Missouri River reports.
- Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Lakes Audubon & Sakakawea: Try 14 to 22 feet for walleye along Steinke, de Trobriand, or Garrison bays as well as Indian Hills on the east end of Lake Sakakawea.
- Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Lakes Audubon & Sakakawea: Fair to good for

walleye on the east end of Lake Sakakawea. Try 15 to 25 feet depending on the wind around 7 Sisters, main lake east end humps, or northeast corner of Mallard Island using slow death hooks and plain hook or bottom bouncers. Leeches starting to produce success.

- Lake Sakakawea, Dakota Waters Resort, Beulah: Continued improving walleye activity despite recent weather fronts. Try 15 to 20 feet with leeches or nightcrawlers. Work outside points from the resort to Beaver Bay along the south shore or Nishu Bay and the pumphouse on the north shore.
- Lake Sakakawea, Indian Hills Resort, Garrison: Fair to good for walleye. Try 8 to 22 feet along the warmer water of the south side with leeches or nightcrawlers. A few anglers still finding success on minnows.
- Lake Sakakawea, New Town: Continued good walleye success with nice numbers of fish. Try a variety of presentations and bait throughout the entire Van Hook Arm.
- Missouri River, Dakota Tackle, Bismarck: Limited fishing activity around Bismarck-Mandan with a lot of recreational boating. Access remains difficult in some areas farther south into Lake Oahe.
- Missouri River, Enerbase of Washburn: No new reports from area lakes or the Missouri River.
- Missouri River System, Scott’s Bait & Tackle, Pick City: Missouri River tailrace producing a nice mix of walleye and catfish from boats with improving sizes showing up. Try the “blowout” hole using a variety of presentations with overall generally fair to good success.

Try the spillway area or boat ramp from shore, as well, for both catfish and walleye. East end of Lake Sakakawea still a little inconsistent but generally improving walleye success. Try Douglas Bay, islands along the east end, points, and general areas along the north shore in 12 to 18 feet using spinners and nightcrawlers or leeches. A few small salmon coming from the face of the dam using a variety of presentations.

- McLean Co. area lakes, Cenex of Wilton: Lots of activity throughout area lakes, including Hofer, New Johns, Nelson, and West Park lakes with fair to good success at Nelson and New Johns. Try nightcrawlers or leeches with a few anglers still finding success using minnows.

Additional North Dakota river gauges and streamflow:

- Heart River, Mandan: River stage, 0.07 feet; streamflow, 145 CFS.
- Knife River, Hazen: River stage, 2.77 feet; streamflow, 251 CFS.
- Little Missouri River, Long X Bridge: 1.94 feet; streamflow, 1,390 CFS.
- Missouri River, Williston: River stage, 28.33 feet.

Numbers to know:

- N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).
- N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.
- Report All Poachers: (800) 472-2121 or (701) 328-9921.

Friends of Lake Sakakawea, the region’s only organization working for quality lake access, weed control and effective partnerships, (www.lakesakakawea.com).

Country Kitchen Recipes

STRAWBERRY SPINACH SALAD

By 365 Days of Baking and more

Ingredients

Poppy Seed Dressing

- ½ cup granulated sugar
- ¼ cup apple cider vinegar
- 2 tablespoons poppy seeds
- 1 ½ teaspoons minced onion
- ¼ teaspoon paprika
- ¼ teaspoon Worcestershire sauce
- ½ cup canola oil

Salad

- 9 ounce bag fresh spinach
- 16 ounces fresh strawberries sliced
- 15 ounces mandarin oranges drained
- ½ cup sliced almonds

Directions

In a blender, combine the sugar, apple cider vinegar, poppy seeds, onion, paprika, and Worcestershire sauce. Blend until well combined.

With the blender on low, slowly pour in the canola oil through the opening of the cover. Mix thoroughly.

In a large salad bowl, place spinach, strawberries, drained mandarin oranges, and almonds.

Just before serving, pour dressing over salad and toss to combine.

WATERMELON FRUIT SALAD

Ingredients

SALAD:

- 4 cups watermelon, cubed into 1 inch pieces
- 1 ½ cups strawberries, sliced into rounds
- 1 ½ cups raspberries
- 1 ½ cups cherries, pitted and halved

DRESSING:

- 2 tbsp freshly squeezed lime juice
- 1 ½ tsp lime zest
- 2 tbsp agave syrup
- 1 tbsp of fresh mint, finely chopped

Directions

Cut up fruit. Mix everything in a bowl. Enjoy.

ORANGE COCONUT MILK POPSICLES

Ingredients

SALAD:

- 1 can 1/3 can plus 1/3 cup of coconut milk,
- 1 cup of orange juice,
- 1/4 cup maple syrup

Directions

Freeze for about 6 hours





BUICK SUV MODELS

0% APR
FOR WELL-QUALIFIED BUYERS.¹

2022 Chevy Silverado 1500 LT
Double Cab 4x4 2.7 Turbo



Now \$45,206 after rebate

2022 Chevy Trailblazer SUV



2.49% for 60 mo.

2022 Chevy Traverse



\$1,000 Rebate

2022 Buick Enclave



0% 36 mo.

USED VEHICLES

- 2020 Chevy Silverado 1500 Crew Cab — dk blue, 5.3 V8 | 15,000 mi | \$48,995
- 2019 Ford Escape Titanium AWD — white, sunroof | 64,000 mi | \$29,995
- 2017 Chevy Equinox Premier AWD — white, loaded, V6 | 93,000 mi | \$19,995
- 2015 Chevy Equinox LT — sandstone, cloth, 4 cyl | 99,000 mi | \$15,995
- 2015 Toyota 4 Runner SR5 AWD — dk blue | 83,500 mi | \$29,995
- 2011 Chevy Traverse LTZ AWD — white | 101,000 mi | \$10,995
- 2011 Toyota Tundra Crew 4wd — max limited, dk blue, loaded | 82,000 mi | \$26,995

HAZEN MOTOR Co.

HAZEN, ND • 701-748-2750 • Toll Free 877-261-6646



REBATES GOOD THRU AUGUST 1ST