

# Xtra

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Monday, August 15, 2022

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# CALENDAR

**Saturday, August 13**  
**Party in the Park**, Garrison City Park, starts at 2 p.m.  
**The Thrift Store**, Garrison Area Resource Center, 10 a.m. to 1 p.m.

**Monday, August 15**  
**Yoga**, First Congregational Church, Garrison, 8 a.m.  
**First Day of School**, White Shield School  
**American Legion Post 49 meeting**, Legion Building in Garrison City Park, 7 p.m.  
**Join the McLean County Historical Society** and the Washburn Public Library on Monday, August 15th, at 1pm at Nettle Creek Schoolhouse while we read a few stories! (The school is located on Boat Ramp Road next to the kids' baseball field in Washburn.)

**Tuesday, August 16**  
**First Day of School**, Max Public School  
**Bone Builders**, Garrison Senior Center, 10 a.m.  
**Harvest Market**, Main Street, Garrison, 4:30 p.m.  
**Garrison Public School tours**, starting at Garrison High School, 6 p.m.  
**The City of Wilton will hold a public input meeting** on August 16, 2022, at 7:00 pm at the Wilton Memorial Hall, 105 Dakota Avenue. Item to be discussed is the additional grant money received for water and sewer improvements.

**Wednesday, August 17**  
**Yoga**, First Congregational Church, Garrison, 8 a.m.  
**The Thrift Store**, Garrison Area Resource Center, 10 a.m. to 4 p.m.

**Thursday, August 18**  
**First Day of School**, Garrison Public Schools  
**Bone Builders**, Garrison Senior Center, 10 a.m.  
**Alcoholics Anonymous**, Garrison hospital cafeteria (enter through ER), 8 p.m.

**Saturday, August 20**  
**The Thrift Store**, Garrison Area Resource Center, 10 a.m. to 1 p.m.

**Saturday August 27**  
**Community Cupboard of Underwood Thrift Store** will be open from 10 am - 1 pm to the public at 208 Lincoln Avenue to shop for end of summer clothing, household items, toys, books and more. Monetary donations for all items go to the food pantry. Donations are being accepted for clean ready to hang winter clothing, small household and kitchen items.

**Library Hours:**  
**Washburn Public Library** - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.  
**Underwood Public Library** - Monday, Wednesday and Friday 10 a.m. to 3 p.m. -Tuesday and Thursday 1 p.m. to 6 p.m.  
**Turtle Lake Public Library** - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.  
**McLean-Mercer Regional Library**, Riverdale Open Mon-Fri 8 a.m.-5 p.m.

## Thank You to the 2022 McLean County Fair Sponsors

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With your support and sponsorships, we were able to award ribbons and premiums to hundreds of static exhibits and livestock, as well as provide educational and fun entertainment during the McLean County Fair.

McLean County Fair Board,

Diane Schell, Dallas Erickson, Kathy Neumiller, Ashley Woolley, Dennis Erickson, Amanda Huettl, Darcy Klain, Tara Tabor, Corey Bittner, Chad Wimer, Ben Seidler



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## LATEST NEWS



# Dakota Recreation Report



BY BY PATRICIA STOCKDILL

## Outdoor Notes:

•Anglers reminded to follow ANS regulations, including draining live wells and removing plugs.

•Applications such as Onyx now have updated electronic posting information for the upcoming 2022 hunting season.

•Blue-green algae updates, N.D. Dept. of Environmental Quality: No area advisories or warnings listed but conditions could change daily. Several N.D. lakes have low toxin levels, including Buffalo Lodge Lake, McHenry Co.; Hecker Lake, McLean Co., and Nelson Lake, Oliver Co. Go to the agency website, (deq.nd.gov) for more information.

•Registration now open for the Sept. 16 - 18 Wild Outdoor Women workshop, Lake Metigoshe State Park, Bottineau. Information is available at the N.D. Parks and Recreation Dept. website, (www.parkrec.nd.gov/events/fall-wild-outdoor-women).

•Aug. 15: Swan applications due.

•Aug. 15: Early Canada goose season open. Go to the ND. Game & Fish Dept. website, (gf.nd.gov) for regulations and other information.

•Aug. 20: Fall crow season opens.

•Aug. 20: Fort Stevenson State Park evening hike series, the Sensory Hike, 9:30 p.m., Garrison.

## Tournaments:

•Aug. 13 & 14: Lake Sakakawea, Fort Stevenson State Park; Lake Sakakawea, Van Hook Arm.

•Aug. 16: Lake Sakakawea, Sakakawea State Park.

•Aug. 19: Lake Sakakawea, Indian Hills Resort.

•Aug. 20: Lake Sakakawea, Sakakawea State Park; Lake Sakakawea, 4 Bears

## Fishing:

Lake Sakakawea elevation, Aug. 8: 1,837.46 feet above mean sea level; 20,900 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 7.69 feet.

Missouri River gauge height, Washburn: River stage, 9.5 feet; streamflow.

•N.D. Game & Fish Dept. game wardens: Anglers continue finding fair walleye success on both Lake Sakakawea and Lake Audubon in deeper water. Remember to keep fish caught from 25 feet and deeper. South side of Lake Sakakawea around the face of the dam and east producing a few more salmon. No reports from area lakes.

•Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Lakes Audubon & Sakakawea: Most activity on the east end of Lake Sakakawea focuses around Indian Hills and Deepwater Bay with some success yet farther east. Work points in 25 to 30 feet with slow death

hooks and nightcrawlers.

•Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Lakes Audubon & Sakakawea: Work deep in 25 to 35 feet around Mallard or Alcatraz islands and south shore points towards Expansion Bay on the south side along the east end of Lake Sakakawea. Also try Highway 83 humps on the north shore using slow death hooks with bottom bouncers and nightcrawlers. Decent walleye bite on Lake Audubon in 25 to 40 feet using spinners and nightcrawlers or leeches, if available. Work Highway 83 embankment or weed lines. Continued smallmouth bass activity using drop shot rigs. Some muskie success. Work suspended over deeper water using a variety of presentations. Remember to release all muskie less than 48 inches.

•Lake Sakakawea, Dakota Waters Resort, Beulah: Continued walleye success throughout the area working deeper in 35 feet-plus with some anglers switching back to minnows.

•Lake Sakakawea, Indian Hills Resort, Garrison: Continued fair to good walleye activity in 20 to 25 feet with better success along the north shore.

•Lake Sakakawea, New Town: Walleye success slowed but look for some activity working deeper in 25-feet and more.

•Missouri River, Dakota Tackle, Bismarck: OK salmon success on the east end of Lake Sakakawea. Much of Lake Sakakawea producing nice walleye success.

•Missouri River, Enerbase of Washburn: Continued fair to good walleye success throughout much of Lake Sakakawea. Look for Nelson Lake to produce activity, as well.

•Missouri River System, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing catfish from both boat and shore. Try floating jigs and nightcrawlers or smelt pieces from shore by the ramp or spillway area. Boat success remains slow for walleye with best success at night with good catfish activity. Try shore-fishing off the rocks at night for walleye. Lake Sakakawea producing walleye on the east end before noon in 30 feet around the Riverdale Bluffs on the south shore or Douglas Bay on the north side. Try slow death hooks with bottom bouncers and nightcrawlers. Move around and work points. A few walleye from shore back in the bays but generally inconsistent. Salmon slowed a little but try working above the thermocline in 85 to 115 feet using deep presentations

with flashers and squids or herring.

•McLean Co. area lakes, Cenex of Wilton: Continued success on Lake Sakakawea. Also try New Johns. Best bait remains nightcrawlers.

## Additional North Dakota river gauges and streamflow:

•Heart River, Mandan: Streamflow, 93.9 CFS.

•Knife River, Stanton: River stage, 8.16 feet; streamflow, 51.1 CFS.

•Little Missouri River, Long X Bridge: Streamflow, 138 CFS.

•Missouri River, Williston: River stage, 14.32 feet.

## Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.gov).

•N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

•Report All Poachers: (800) 472-2121 or (701) 328-9921.

•Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www.lakesakakawea.com).

## A Record Flight DAKOTA DATEBOOK

BY TESSA SANDSTROM

On this day in 1929 Dwight "Barney" Zimmerley swooped low over the town of Cogswell, ND. Zimmerley was on a record flight from Brownsville, Texas, to Winnipeg. He flew nonstop for 1,725 miles, easily beating the old record of 758 miles. On his return flight, Zimmerley stopped in Stirum and Cogswell for the night, and residents held a banquet and reception for the new record-holder and former Cogswell boy.

Residents reminisced about Zimmerley's earlier feats in Cogswell. He'd been the first to have an automobile, and according to the Cogswell Enterprise, this is how he got the nickname "Barney."

"Frightening horses and careening his machine through the streets, he soon acquired the name of Barney, for it was at that time that Barney Oldfield was at the peak of his glory as a pilot of high-speed machines," said

the Enterprise. It was a fitting nickname for Zimmerley, who proved that he, too, was a master pilot of high-speed machines when on this day in 1929, he claimed the record for the longest nonstop flight.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at [prairiepublic.org](http://prairiepublic.org), subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at [shopprairiepublic.org](http://shopprairiepublic.org).



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# Take steps to keep your digestive system working

## PRAIRIE FARE

**BY JULIE GARDEN-ROBINSON,**  
FOOD AND NUTRITION SPECIALIST,  
NDSU EXTENSION

“What is the topic of your grant proposal?” I asked the person sitting next to me on a plane.

Our conversation occurred nearly a decade ago, but I still remember it. She was a medical doctor working in gastrointestinal research.

“It’s a new line of research,” she said. “We are investigating fecal transplants as a way to treat infections.”

I looked at her with raised eyebrows.

“Did I hear you correctly?” I asked.

“Yes, they are called ‘poop pills’ in some of the literature,” she said with a chuckle.

My traveling acquaintance certainly did not offer me a pill containing a freeze-dried “sample.”

I may have needed a parachute if that were the case.

In 2022, the pills are still being investigated for safety and effectiveness in treating tough infections. Researchers were compiling results to submit to the Food and Drug Administration this year.

What we eat and drink affects our health. Healthful food intake and regular elimination are key parts of the equation.

You may be familiar with the term “gut microbiome.” This term refers to the different species of microorganisms living in our intestines.

The pills being investigated are designed to “re-colonize” the gut with healthy bacteria. Antibiotic treatment for serious bacterial infections can lead to changes to gut bacteria.

According to some estimates, our large intestine, or colon, is home 100 trillion “friendly” bacteria.

These good bacteria help defend us against disease and make certain vitamins such as vitamin K. These bacteria help break down extra food residue that remains after digestion in the small intestine. This process in the colon is known

as fermentation.

Our bacteria can become imbalanced due to stress, diarrhea, changes in diet and antibiotics. Consuming fruits, vegetables, whole grains, nuts, probiotics and prebiotics can help our bacteria stay within a healthy balance.

Most people experience some digestive issues from time to time. Sometimes travel and a change in diet can affect our gut functioning, leading to the discomfort of constipation.

Choosing healthful foods and drinking enough fluid help keep our gut functioning.

You may be familiar with the terms “probiotics” and “prebiotics.” The good news is that they are readily available from foods and beverages.

“Probiotics” literally means “for life.” Probiotics produce lactic acid in the gut. They slow the growth of disease-causing bacteria, compete with disease-causing bacteria and break down toxins.

We can get probiotics from foods with “live and active cultures.” Yogurt, kefir (a fermented product sold in the dairy case), buttermilk and sauerkraut are among the readily available sources.

“Prebiotics” help the good bacteria in the colon grow. They act as a food source for the bacteria. Some of the best sources are raisins, plums, wheat, dry edible beans and garlic.

Take care of your digestive system with these tips.

Consume a balanced diet with plenty of fiber from grains, fruits and vegetables. Stay hydrated, not only in the heat of summer months but all year.

Eat smaller, more frequent meals instead of large meals.

Accumulate 30 minutes of moderate physical activity on most days.

Take steps to reduce stress.

See [ag.ndsu.edu/food](http://ag.ndsu.edu/food) for more information about nutrition.

Wondering what to do with prolific radishes? Try roasting them and combine with white beans for a delicious side dish for a summer grill-out. Serve

with a fruit and yogurt parfait for dessert.

### Roasted Radish & White Bean Salad

- 1 pound radishes, washed, stemmed and sliced in half
- 2 tablespoons olive oil (or your favorite cooking oil), divided
- Salt and pepper (to taste)
- 1 (15-ounce) can cannellini beans, drained and rinsed
- Juice of ½ lemon
- ¾ teaspoon garlic powder (or to taste)
- ¼ cup fresh parsley, stemmed and chopped

2 ounces feta cheese, crumbled

Preheat oven to 450 F. In a large mixing bowl, toss the radish halves with 1 tablespoon olive oil and season with salt and pepper to taste. Place the seasoned radishes on a baking pan or in a cast iron skillet. Roast for 20 minutes, tossing occasionally, until tender and caramelized. While the radishes are roasting, place the cannellini beans in the same mixing bowl and add 1 tablespoon olive oil, lemon juice and garlic powder. Season with salt and pepper to taste. When the radishes are done roasting, add them to the bowl with the beans and add

parsley. Sprinkle with feta cheese and adjust seasonings as necessary. Serve warm.

Makes eight servings. Without added salt, each serving has 120 calories, 5 grams (g) fat, 6 protein, 14 g carbohydrate, 4 g fiber and 190 milligrams sodium.

*(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)*

**Don't let domestic violence or sexual assault take away your happiness.**

**There are resources to help anyone through their journey of healing from these acts of violence.**

**We assist persons who may be struggling with the trauma of domestic violence or sexual assault.**

**Call us, all conversations are confidential.**

**McLean Family Resource Center Washburn, ND**

**24 hour crisis line 701-462-8643**

[mfrfc@westriv.com](mailto:mfrfc@westriv.com)  
[mcleanfrc.weebly.com](http://mcleanfrc.weebly.com)



**LEWIS & CLARK FARMERS MARKET**  
**Fridays**  
**4-7 p.m.**  
Starts June 19  
L & C Interpretive Center  
Intersection of Hwy 83 and 200A

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# THE CLASSIFIEDS

- **DEADLINE:** 9 a.m. Thursday.
- **CLASSIFIED WORD ADS:** Terms – Cash, Check, Visa or Mastercard.
- **COST:** \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- **CLASSIFIED DISPLAY RATE:** \$9.50 per column inch.
- **CONTACT INFORMATION:** Phone: 462-8126 • Fax: 462-8128  
Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com  
Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

## ANNOUNCEMENTS

**WANT TO SAVE** some money? Check out the specials in this week's Xtra. If you're not receiving the Xtra, call 701-463-2201.

**SUPPORT GROUP:** Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm.

## FARM RELATED

141 acres of CRP for Haying, 9 miles NE of Turtle Lake. \$25.00 per acre Herb Fueller @ 448-2257

**CUSTOM LARGE SQUARE BALING:** 4x4x8 bales, \$11/bale, plus fuel surcharge. Will travel to North Dakota, South Dakota and Montana. Call Jason, 701-870-0415.

**BULK FUEL** sale and delivery. Premium Clear #2 fuel, \$4.66/gallon; Premium Dyed #2 fuel, \$4.20/gallon; Unleaded Gas, \$4.00/gallon. Call for current pricing. Call Jason, 701-870-0415.

**CUSTOM FEEDLOT** cleaning and spreading. Truck mounted spreaders, vertical beaters w/GPS and scale. \$40 per load, plus mileage (plus fuel surcharge). Will travel. Call Jason, 701-870-0415.

**CUSTOM SPRAYING** with 4930 John Deere sprayers 121', auto steering, swath control, 15" spacing, \$5 an acre (plus fuel surcharge). Will supply chemicals or use your chemicals. Have plenty of Roundup. Will travel. Call Jason, 701-870-0415.

**TRUCKING:** Hay hauling, grain hauling, fertilizer hauling, and equipment hauling. Several trucks available. Call Jason for prices, 701-870-0415.

**CUSTOM HAYING** with four John Deere 4895 16' and 18' mower conditioners, \$15/acre and three 569 John Deere balers with net wrapping, \$8/bale, plus fuel surcharge. Two 25 wheel rakes, can rake up to three rows together, \$3/acre, plus fuel surcharge. Bale bunching, \$4/bale, plus fuel surcharge. Will put up hay on shares. Will splice baler belts, all makes and models. Net wrapping for sale \$295/roll (64x9000). Good quality, competitive prices. Will also deliver. Will travel in and out of state. Call Jason, 701-870-0415.

**TRAILER FOR RENT:** Hopper bottom flatbed with hay racks, goosenecks with or without racks. Call for prices. Call Jason, 701-870-0415.

**EQUIPMENT FOR RENT:** Hay Hiker, self-loads 14 bales; portable diesel welder on trailer. Call Jason, 701-870-0415.

## LIVESTOCK

We have the following ship dates scheduled to ship cows and bulls, Monday August 22nd. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions.

## HELP WANTED

363 Eatery is looking for a part-time cook and waitress. Flexible hours, nights off. McClusky, North Dakota. Call 701-363-9902 and ask for Patty

**WHITE SHIELD School** is seeking head and assistant coaching positions for all sports in elementary, Jr. High and High School. Head positions for football and wrestling are already filled.

## GARAGE SALE

**GENERAL CONSTRUCTION LABORERS**, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contracting LLC

**WHITE SHIELD ELEMENTARY SCHOOL** has 2 Teachers positions, 5-8 Math/General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to Anthony Esquibel (anthony.esquibel@k12.nd.us) or for more information call White Shield School @ 701-743-2237. Visit our Employment link @ https://www.white-shield.k12.nd.us/page/employment

**STEVE'S PLUMBING Service, LLC** in Garrison, ND is looking for a Full-Time Apprentice or a Licensed Journeyman Plumber. Competitive wages and benefits D.O.E. Call 701-460-7471, email a resume to szach@restel.net

## MOTORHOME FOR SALE

**GARAGE SALE** at Lake Audubon Snake Creek Cabin Site. Saturday, August 13th, 9 a.m.-3p.m. 4-Party sale with name brand jeans and tops, shoes and boots. Kitchen items, dishes, glassware, bedding, rugs, and lots of books and movies. Toddler bed and jewelry chest. 1621 30th Ave NW, Coleharbor, 6 miles East of 6 Mile Corner.

## NOTICES

**HAVE YOU BEEN** in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

## REAL ESTATE FOR RENT

**McLEAN MANOR**, 1 Bedroom & studio apartments for rent. Call Larry 701-463-2320 or 701-421-5002.

## SERVICES

**JUST A NOTION!** is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

## WANTED

**WANTED OLD STUFF:** Advertising Signs, Clocks, Thermometers. Oil Cans, Gas Pumps, Cocks, Anvils, Tokens, Pottery, License Plates, Arrowheads, Road Signs. 701-220-5746

## WORK WANTED

**THIS NEWSPAPER** offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

## HELP WANTED


**HELP WANTED**  
STARTING AT \$14 PER HOUR



**SALES ASSOCIATES**  
Full-Time or Part-Time

**ASSISTANT MANAGER**  
Full-Time, wage DOE  
Stop in for an application  
200 5th Ave SE, Garrison

**HELP WANTED**  
White Shield School



- Elementary Principal
- School Business Manager
- 2 Elementary Teacher
- 1 Title One Teacher
- 1 Gifted/Talented Teacher
- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches
- Elementary Teachers
- Bus Drivers

Applications and Background check forms can be found on our school website <https://www.white-shield.k12.nd.us/>  
Any questions please contact the business office at 701-743-2201.

**Subscribe today!**

## HELP WANTED

**HELP WANTED**



**BAR & GRILL**  
is looking for  
**Servers & Kitchen Staff**  
Apply in person or call  
701-337-2070  
Lake Audubon • Hwy 83  
337-2070

**HELP WANTED**  
*CHI St. Alexius Health Garrison has the following positions available:*

**Lab Tech (MT/MLT)**  
**Radiology Tech**  
**Dietary Helper**  
**Housekeeping**  
**Nurse Aide**

Now offering higher starting wages!  
For more information call **701-463-6503**  
Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)



The institution is an equal opportunity provider and employer

**Neighbor Assistant at The Meadows!**  
Sign On Bonus

**Not CNA Certified?**  
We offer FREE CNA training towards certification.

We also offer:

- Benefits for FT Employees
- Every other weekend
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- Flex scheduling
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learn more or apply online at [www.BLCgarrison.com](http://www.BLCgarrison.com)



**Benedictine**  
THE MEADOWS  
EEO/AA.VET FRIENDLY

**NOW HIRING**  
**EMBROIDERER WANTED**  
Work a flexible schedule crafting professional embroidery! NorDak North Promotional Products is hiring an embroiderer to work in the Garrison office. Hours will fluctuate based on quantity of work, with a normal week consisting of roughly 20 hours. Option for more hours available, enjoy a flexible schedule. Ability to read instructions and ensure accuracy a must.  
*Please apply in person by August 19 at*  
**NorDak North Promotional Products**  
71 North Main St., Garrison  
or by email to [darla@nordaknorth.com](mailto:darla@nordaknorth.com)



**Benedictine**  
LIVING COMMUNITY | GARRISON

**HELP WANTED**  
Come Join Our Team!!

- **CNA**
- Full-Time Days
- **Housekeeper**

**SIGN-ON BONUS**  
Apply at [www.blcgarrison.com](http://www.blcgarrison.com)  
Call Jill Borth at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"



**CHI St. Alexius Health**  
-Turtle Lake -

Hiring the following positions:



**LPN**  
\$10,000 Sign on bonus.

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.  
This institution is an equal opportunity provider and employer.



**Benedictine**  
LIVING COMMUNITY | GARRISON

**HELP WANTED**  
**RESTORATIVE SERVICES CNA**  
Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

Apply at [www.blcgarrison.com](http://www.blcgarrison.com)  
Call Julie Snyder at (701)463-2226  
"EQUAL OPPORTUNITY EMPLOYER"

**MISC. FOR SALE**

ORDER PRINTS, custom mugs, puzzles and more of pictures from all Nordak North newspapers.

35-P-TFN-NC 58577

**MISC. FOR SALE**

USED ALUMINUM PRESS Plates. 23 x 35, two for \$1 available at the McLean County Independent, Garrison. 463-2201.

1-E-TFN-NC 58577

**HELP WANTED**

**Garrison Public Schools is accepting applications for Full-Time Custodian**

We are seeking applications for a full-time custodian. Starting pay is \$15/hour plus full benefits and leave time. The hours are 2-10 p.m. with duties in both buildings. Training will be provided and must be able to lift 50 pounds. To apply, please submit an application on our website to Dr. Klemisch at [Nick.Klemisch@k12.nd.us](mailto:Nick.Klemisch@k12.nd.us) or fill out an application at the high school.

**HELP WANTED**

CHI St. Alexius Health Garrison has the following positions available:

**COOK**  
**\$3,000.00**  
 Employment Incentive for Full-time  
**\$1,500.00**  
 Employment Incentive for Part-time  
**Dietary Aide**  
**\$1,000.00**  
 Employment Incentive for Full-time  
 For more information call **701-463-6503**  
 Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
 The institution is an equal opportunity provider and employer

**GSSC SECURITY OFFICERS**  
 GENERAL SECURITY SERVICES CORPORATION™  
**Washburn & Center, ND**  
 Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (Bill@GSSC.net) for more information.  
 EOE/AA/Disability/Veterans/M/F Employer  
 Immediate full-time & part-time openings!

**SCHERESKY AG SERVICE IS HIRING**

*Full benefits, PTO, overtime pay, awesome work environment!*

- **TRUCK DRIVER/LABORER**  
 Responsibilities include: Hauling chemical, fertilizer and seed. We will help obtain your CDL.
- **SERVICE MANAGER**  
 Seeking a leader by example to take charge of our shop. Candidates should have meticulous notes or record skills. Should be organized and be able to work on new equipment as well as some old. Management experience is helpful but not required. Service pickup and large shop to work in.
- **CUSTOM APPLICATOR/GENERAL LABOR**  
 Seeking a motivated individual to apply agricultural products with a sprayer and spreader. This position will put in long hours to get the crops covered. Must have or be willing to get Custom applicator's license and CDL. Acre bonus and lots of overtime pay.

**For any questions Call Duran @ 701-509-2922**

**CHI St. Alexius Health -Turtle Lake -**

Hiring the following positions:

**RN**  
**\$20,000 Sign on bonus.**

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

*This institution is an equal opportunity provider and employer.*

**CHI St. Alexius Health -Turtle Lake -**

Hiring the following positions:

**Nurse Aid**  
**\$7,500 Sign on bonus.**

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

*This institution is an equal opportunity provider and employer.*

**place a classified ad here**

**HELP WANTED**

CHI St. Alexius Health Garrison has the following positions available:

**RN - Acute/ER**  
**\$20,000.00**  
 Employment Incentive  
 For more information call **701-463-6503**  
 Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
 The institution is an equal opportunity provider and employer

**HELP WANTED**

CHI St. Alexius Health Garrison has the following positions available:

**LPN-Nursing Facility**  
**\$10,000.00**  
 Employment Incentive  
 For more information call **701-463-6503**  
 Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
 The institution is an equal opportunity provider and employer

**NOW HIRING!**

CHI St. Alexius Health Turtle Lake has the following positions available:

**Dietary Help / Cook**  
**Clinical Services Assistant**  
**Social Worker Designee**

Experience preferred but not required. Contact Brenda 701-448-2331 ext 207.

**CHI St. Alexius Health** *Imagine better health.™* *This institution is an equal opportunity provider and employer.*

**HELP WANTED**

CHI St. Alexius Health Garrison has the following positions available:

**RN-Nursing Facility**  
**\$20,000.00**  
 Employment Incentive  
 For more information call **701-463-6503**  
 Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
 The institution is an equal opportunity provider and employer

**HELP WANTED**

CHI St. Alexius Health Garrison has the following positions available:

**CNA**  
**\$7,500.00**  
 Employment Incentive  
 For more information call **701-463-6503**  
 Apply online at [www.commonspirit.careers](http://www.commonspirit.careers)

**CHI St. Alexius Health Garrison Hospital**  
 The institution is an equal opportunity provider and employer

**Benedictine**  
 LIVING COMMUNITY | GARRISON  
**LIFE ENRICHMENT**

Benedictine Living Community | Garrison has a FT opening in Life Enrichment/Activities. This individual serves a big role in making sure our Elders are given the opportunity to engage in music, crafts, reading, movies, one-on-ones, board games, parties, etc. We have a fantastic Life Enrichment team and we are looking for an individual that enjoys busy days. We offer competitive wages, 401-k, and health benefits. Please apply online [www.blcgarrison.com](http://www.blcgarrison.com) or contact Deb Foss for questions 701-463-2226.

  
 Scan to be connected to job link

"EQUAL OPPORTUNITY EMPLOYER"

**CHI St. Alexius Health -Turtle Lake -**

Hiring the following positions:

**RAD TECH**  
**\$15,000 Sign on bonus.**

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

*This institution is an equal opportunity provider and employer.*

**CHI St. Alexius Health -Turtle Lake -**

Hiring the following positions:

**RN-Charge Nurse**  
**\$20,000 Sign on bonus.**

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

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**NORTHERN PLAINS EQUIPMENT**  
 FOR THOSE WHO DEMAND MORE

**Service Writer—Garrison, ND**

Do you want to work with a company who invests in their employees and empowers them to be successful in their careers? We are looking for the right candidate to partner with – employees who want opportunities to succeed, experience the challenges and be a part of a successful team at one of the industries' largest privately-owned dealerships in Northern America. Here at Plains Ag LLC/Northern Plains Equipment our mission is to serve the agriculture customer and community by partnering to meet their needs through a top-notch company.

Northern Plains Equipment, a certified Case IH dealership, is currently accepting applications for a full-time Service Writer. The position will involve following the established repair order process, keeping customers informed and updated on the repair status of their units, accurately transfer customer service needs to the work order and verify quality control. Experience in agriculture and equipment is desired.

**Applicants must possess:**

- Superior customer service skills
- Excellent organizational, communication and problem-solving skills
- Thrive and multi-task in a constantly changing environment
- Ability to manage different environmental smells

Plains Ag LLC is a value's led company. We offer competitive wages, 401K retirement plan, health insurance, dental insurance, vision insurance, short-term and long-term disability insurance, life insurance, paid vacation, eight paid holidays and job training. Salary commensurate with experience.

*Applicants must be able to meet and maintain insurable driving status and pass pre-employment drug testing.*

**If you are ready to work in a great environment with great people, email your resume to [hr@plainsag.com](mailto:hr@plainsag.com)**  
*We are an Equal Opportunity Employer*

## STATEWIDES

## HELP WANTED

**NURSING HOME ADMINISTRATOR.** Strasburg Care Center has an open position for Administrator in a 44-bed, skilled nursing facility, in Strasburg, ND. The ideal candidate will have a four-year degree and the ability to be licensed as a Nursing Home Administrator in the state of ND. This individual is responsible for the overall leadership and management of the organization including planning, organizing, staffing, and directing the facility to ensure quality care for the residents; to be knowledgeable of and implement federal, state, and local laws and regulations applicable to the facility, residents, personnel, and physical plant. SCC offers a competitive compensation and benefit package. For consideration, please forward resume to: Strasburg Care Center, ATTN: Brian Schumacher, 409 S 3rd Street, Strasburg, ND 58573. 701-336-4643 (fax). sccadmin@bektel.com

**HEALTHCARE EDUCATIONAL COORDINATOR – FARGO.** NDSCS has a FT, 12-month, position open in Fargo. Primary responsibilities include: Coordinate Healthcare Education for the Workforce Affairs division. Responsible for the oversight of CNA and health education which are non-credit training programs. Screening begins immediately - applications accepted until filled. Benefits include: Fully paid single or family Health/Life Insurance, Retirement, etc. Interested candidates must submit the online application. EOE. For more information go to: <https://www.ndscs.edu/join-our-team>

**STRATEGIC COMMUNICATION & CREATIVE MANAGER.** NDSCS has a FT, 12-month, benefited position open in Wahpeton. Primary duties include ensuring internal and external communication is consistent, creative, strategic, and responsive. Also responsible for innovative/effective communication campaigns and public relations (proactive and reactive). Salary DOE plus full benefit package, including fully paid health insurance premium. Screening begins immediately. Interested candidates must complete the online application. EOE. For more information, go to: [www.ndscs.edu/join-our-team](http://www.ndscs.edu/join-our-team)

**BUILDING SERVICES TECHNICIAN – EVENINGS.** NDSCS has several FT, 12 month benefited positions available with custodial / minor maintenance duties in Wahpeton. Increased starting salary, plus full benefit package, including fully paid single or family health insurance premium. Screening begins immediately - applications accepted until filled. Interested candidates must complete the online application. EOE. For more information go to: [ndscs.edu/join-our-team](http://www.ndscs.edu/join-our-team)

**MCLEAN COUNTY IS HIRING** one full-time Equipment Operator III in Butte. For more information regarding this position visit <http://www.mcleancountynd.gov/employment/>

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

## EDUCATION / TRAINING

**TRAIN ONLINE TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET).

## BURLINGTON

## COMMUNITY HOUSING

is now accepting applications for an immediate openings in Burlington for our **1 Bedroom Apts.** Must be 62 & older or disabled, regardless of age. Rental assistance and utility allowance available.

Free laundry facility and community center are on site. Accessible interviewing will be made available.

This institution is an equal opportunity provider and employer.

Call Karen at 852-5389 for an application. TDD 1-800-366-6888. "Equal Housing Opportunity"

**ATTENTION ACTIVE DUTY & MILITARY VETERANS!** Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, 701-929-9679. (M-F 8AM-6PM ET).

## SERVICES FOR HIRE

**LONG DISTANCE MOVING:** Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

**BATH & SHOWER UPDATES** in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.

**BATHROOM RENOVATIONS. EASY, ONE DAY updates!** We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 833-946-2482.

## FINANCIAL SERVICES

**SAVE YOUR HOME!** Are you behind paying your MORTGAGE? Denied a Loan Modification? Is the bank threatening foreclosure? CALL Homeowner's Relief Line! FREE CONSULTATION! 855-399-8165.

## REAL ESTATE SALE

**ND FARM LAND Values surge upward.** Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

## MISCELLANEOUS FOR SALE

**TOP CASH PAID FOR OLD GUITARS!** 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 855-754-3470

**DISCOUNT AIR TRAVEL.** Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 866-530-1662.

**DIRECTV SATELLITE TV Service** Starting at \$74.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 844-540-0198.

**PROTECT YOUR HOME AND FAMILY** with Vivint Smart Home. Call 866-391-9779 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50.

**NEVER CLEAN YOUR GUTTERS AGAIN!** Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 877-354-0572.

**YOU CAN PLACE** a 25-word classified ad—like this one—in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

## FARM EQUIPMENT

**OWN RURAL LAND?** Earn \$5,000+ Every Year From Hunting Leases. Up-front payments from our hunters. Reduce risk with FREE liability insurance. Call for a free quote (888) 871-1982.

## AUTOS WANTED

**DONATE YOUR CAR TO CHARITY.** Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

## HEALTH/MEDICAL

**VIAGRA and CIALIS USERS!** 50 Pills SPECIAL \$99.00! 100% guaranteed. CALL NOW! 855-559-1454.

**ATTENTION OXYGEN THERAPY USERS!** Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 855-821-2831.

## ANNOUNCEMENTS

**NEW AUTHORS WANTED!** Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

## MISCELLANEOUS

**HAVE** a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

## Health Information Management Specialist

Full Time at St. Alexius Hospital  
in Garrison, North Dakota

## \$1,500 Sign-On Bonus!

Experience performing clerical and administrative functions preferred. High school degree or GED required.

Email [raphael.cavanna@coniferhealth.com](mailto:raphael.cavanna@coniferhealth.com)  
or apply online at [jobs.tenethealth.com/conifer](http://jobs.tenethealth.com/conifer)  
(Job ID 2205016327).



APPLY TODAY!

Email resume to [kelsey@ccreporter.com](mailto:kelsey@ccreporter.com)

## GRAPHIC DESIGNER

## WHAT YOU'LL DO:

- Prepare print materials.
- Create ads for print.
- Newspaper layout.
- Update/upload content to website.
- Fill in where needed across 13 newspapers.

## WHAT WE NEED:

- Ability to work seamlessly with a group as well as individually.
- Self-motivated with the ability to multi-task.
- Strict deadlines in a fast paced environment.
- A passion for creativity.
- Understand design, print color theory, layout, typography.

## For Sale on Sealed Bids



2007 Sandland Welding & Manufacturing Cattle Working Tub with Alley and Headgate. Very good condition. \$12,000 minimum reserve bid. Can be inspected at Max Farm Services bulk plant.

Sealed bids may be sent to:

**Max Farm Services, P.O. Box 8, Max, ND 58759**  
or dropped off at the office. Bids will be accepted through 5 p.m. August 31, 2022.

Board of Directors reserves the right to reject any or all bids. Call Dan at 701-661-0067 for more information.

## NOW HIRING

## Jailer/Dispatcher(s)

**Start a new adventure! Join the family at the McLean County Sheriff's Department! Competitive pay and variable hours with a three-day weekend every other week, room for advancement, and EXCEPTIONAL insurance benefits for you and your family!**

The successful applicant will perform duties relating to and assisting booking incoming prisoners and processing outgoing inmates while providing a safe environment for persons detained; dispatch and maintain radio contact with field personnel; record radio transmissions and phone calls; meet and assist persons coming to the Sheriff's Office for assistance; effectively dispatch required emergency personnel; and render emergency medical aid and instructions by telephone and information to dispatched emergency personnel.

Applications will be accepted in the McLean County Auditor's Office until 4:00 P.M. on Wednesday, August 17, 2022, filling one (1) or more positions as a full-time Jailer/E-911 Dispatcher. Salary range is \$38,384.92 – \$57,577.37 annually, dependent on experience. A full benefit package is offered including paid health insurance (family and single), paid defined benefit retirement, annual leave and sick leave, and access to excellent vision, dental, and life insurances. For further information on the position or to obtain a McLean County job application, interested individuals may contact Lori by phone at (701) 462-8541; via email at [lfoss@nd.gov](mailto:lfoss@nd.gov); or visit [www.mcleancountynd.gov/employment](http://www.mcleancountynd.gov/employment). Résumés may be included with the application, but will not be accepted in place of an official application.

*McLean County is an Equal Opportunity Employer.*

**Are you looking for a rewarding career in public service that allows you to work independently while enjoying long weekends nine months of the year? If your answer is an enthusiastic yes then please keep reading!**

Our McLean County Highway Department team is looking to fill one or more positions as full-time

## EQUIPMENT OPERATOR III(S)

in the Butte area. Applications will be accepted until position is filled.

The new team member must reside within 40 minutes travel time of the McLean County Highway Shop in Butte. Under limited supervision, you will perform a variety of skilled and semi-skilled work in the operation of heavy equipment (primarily motor graders) utilized in road construction, snow removal, bridge projects, maintenance and other repair projects. To view the complete job description, visit our website, [www.mcleancountynd.gov/employment](http://www.mcleancountynd.gov/employment).

Benefits of working for McLean County:

- Competitive starting salary starting at \$ \$49,665.22 with a full salary range of \$49,665.22 - \$68,767.46.
- Fully employer-funded participation in ND Public Employees Retirement System defined benefit retirement program.
- Fully employer-funded health insurance for either single or family coverage.
- Flexible work schedule.
- Access to employee funded dental, vision, disability, deferred compensation, and flexible medical spending accounts.
- Paid holidays along with annual and sick leave.

Preference will be given to applicants with prior experience in operation and routine maintenance of construction equipment such as a motor grader, scraper, dozer, heavy snow plow, semi-tractor/trailer, etc. High school diploma and class A North Dakota Driver's License with tanker and air brake endorsement is **REQUIRED** on the first day of work.

For further information on the position or to obtain a McLean County job application, interested individuals may contact Lori by phone at (701) 462-8541; via email at [lfoss@nd.gov](mailto:lfoss@nd.gov); or visit [www.mcleancountynd.gov/employment](http://www.mcleancountynd.gov/employment). Résumés may be included with the application, but will not be accepted in place of an official application.

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