

Xtra

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Published by Nordak North Publishing, to serve McLean and Sheridan Counties

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Deliver By Monday
Vol. 38, No. 16
Monday, August 29, 2022

The best circulation for your dollar



KOTA THEATRE
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Thor: Love and Thunder, PG-13

Thor embarks on a journey unlike anything he's ever faced -- a quest for inner peace. However, his retirement gets interrupted by Gorr the God Butcher, a galactic killer who seeks the extinction of the gods. To combat the threat, Thor enlists the help of King Valkyrie, Korg and ex-girlfriend Jane Foster, who -- to his surprise -- inexplicably wields his magical hammer. Together, they set out on a harrowing cosmic adventure to uncover the mystery of the God Butcher's vengeance. 1 hr. 59 min. (Action/Adventure 2022)
August 26 & 27.....7:30 p.m.



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SATURDAY, SEPT. 10TH

12-2 p.m. - Corn Feed
12-6 p.m. - Vendor Show
2-3 p.m. - Kids Games
3-6 p.m. - ATV/UTV Mud Races
6-8 p.m. - Happy Hour in the Beer Gardens
8 p.m. - Rock n' Roll in the DIRT with the one & only: "Moments Notice"

| Tickets | ATV/UTV Mud Races |
|---------------------------------------|--|
| (includes Corn Feed, Races & Concert) | ATV: 500cc under class |
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Small tents, tables, or setting out of the back of vehicles are permitted, booths can be set up on the sidewalks. Only requirement is that you must make it, bake it, or grow it for the products to be sold. The event starts at 4:30pm; show up when you can & stay as long as you'd like!
QUESTIONS? 463-2345 • NDFM&RESTEL.COM

ATTN: MAX RESIDENTS

Plan for the City of Max, ND to be without power on Saturday, September 10th
The planned outage is scheduled to take place from **7 a.m. to 12 p.m.**
The planned 5 hour outage will allow Otter Tail crews to switch fuses for all transformers, change transformer taps on the transformers in town for the higher voltage provided by the upgraded new substation, and terminate primary underground cable for the new water treatment plant. 280 customers will be affected by this planned outage.
If you have any questions please call 701-681-9382.

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16TH ANNUAL

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2:00 p.m. Saturday, September 3, 2022
Brush Lake Pavilion - Mercer, ND

See us on Facebook: M-TLRC for more information or call Karen at 701-861-9782 for entries.

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CALENDAR

Saturday August 27

The Thrift Store, Garrison Area Resource Center, 10 a.m. to 1 p.m.
Community Cupboard of Underwood Thrift Store will be open from 10 am - 1 pm to the public at 208 Lincoln Avenue to shop for end of summer clothing, household items, toys, books and more. Monetary donations for all items go to the food pantry. Donations are being accepted for clean ready to hang winter clothing, small household and kitchen items.

Sunday, August 28

American Legion Pancakes and Eggs/Ham Breakfast, Garrison City Auditorium, 9 a.m. to 1 p.m. .
Supper Sunday Supper, First Lutheran Church, 4-6 p.m., 709 5th Ave Washburn. Everyone is welcome to attend. Call for questions or meal delivery. Judy: 220-4410, Rhonda: 315-0656

Monday, August 29

Yoga, First Congregational Church, Garrison, 8 a.m.

Tuesday, August 30

Bone Builders, Garrison Senior Center, 10 a.m.
Harvest Market, Main Street, Garrison, 4:30 p.m.

Wednesday, September 1

Yoga, First Congregational Church, Garrison, 8 a.m.
The Thrift Store, Garrison Area Resource Center, 10 a.m. to 4 p.m.
Community Cupboard of Underwood Food Pantry and Distribution days, 4 pm to 6 pm, 208 Lincoln Avenue, Underwood. McLean County Residents in need are welcome to receive food. No referrals or pre-registration required.

Saturday, September 17

Community Cupboard of Underwood Food Pantry and Distribution days, 10 am to noon, 208 Lincoln Avenue, Underwood. McLean County Residents in need are welcome to receive food. No referrals or pre-registration required.

Tuesday, September 20

McLean Sheridan Rural Water District, 9:30 a.m., Turtle Lake City Hall, annual operating report, election of director

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.
Underwood Public Library - Monday, Wednesday and Friday 10 a.m. to 3 p.m. -Tuesday and Thursday 1 p.m. to 6 p.m.
Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.
McLean-Mercer Regional Library, Riverdale Open Mon-Fri 8 a.m.-5 p.m.

Back to school with allergy and asthma PRAIRIE DOC® PERSPECTIVES

BY MARK E. BUBAK, M.D.

For students with allergies and asthma, back to school means more than getting their backpacks filled with paper, pencils, and any needed odds and ends. Keeping your child safe and healthy involves creating a proactive plan to be implemented both at home and at school. Allergy doctors refer to these plans as “control programs” because the goal is prevention and control.

Food allergies can cause anaphylaxis, the total body allergic reaction with shortness of breath, hives, low blood pressure, vomiting, diarrhea, and potentially death. Avoidance is the treatment. If an accident happens and the student starts to react, it is imperative that epinephrine is given and the student is taken to the emergency room for ongoing care.

A local, itchy reaction can occur if the allergic student touches the food and the more serious reaction, anaphylaxis can occur if the food is eaten.

Children diagnosed as asthmatics tend to have more frequent issues than food allergic children. Like food allergies, prevention is key.

Therefore, the student should take any daily prevention medications at home prior to going to school. Students with allergy eyes and noses should also take their medications before they leave for school to minimize symptoms. If they continue to have symptoms, it is time to see the doctor.

Asthmatics need ready access to a rescue medication such as albuterol to use when they develop their cough, wheeze, or shortness of breath. While at school, students can use their inhaler before strenuous exercise to prevent an attack. A control program should spell out what to do if the inhaler does not work. Most often this will trigger a call to the parents. If the attack is severe, it could mean getting the student to an emergency room. Most asthma flares are triggered by viral infections. Getting the flu shot can reduce the odds of a flareup and staying home during a flareup may be best.

Parents and guardians, be sure to prepare your child’s control program before school starts and share it with the school team. Make sure the student’s medications are present and ready to go. Have

the school forms completed by the student’s doctor and remember to get that doctor appointment scheduled early. Talk with your child so they know what to do.

Students with allergy and asthma can expect to fully participate in virtually all school activities including gym class and sporting events. If they are having symptoms, it means the control program needs to be improved and participation continued.

Having the entire team ready is the best way to feel good about sending your children back to school. Working together results in happy, confident, successful students and proud parents!

Mark E. Bubak, M.D. is a contributing Prairie Doc® columnist. He is a board-certified allergist with a practice based in Sioux Falls, South Dakota. Follow The Prairie Doc®...based on science, built on trust, at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show streaming live on Facebook most Thursdays at 7 p.m. central.

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NOTICE FOR BIDS

Notice is hereby given that the Board of County Commissioners of McLean County will receive sealed bids for the lease/purchase of one (1) or more, new six (6) wheel drive motor grader(s) at the office of the County Auditor until 10:00 AM, Tuesday, September 6, 2022. The proposal must be mailed or otherwise deposited with the County Auditor and it shall be sealed and endorsed “Proposal for furnishing one (1) or more new motor grader(s)”.

Each bid shall be accompanied by a Bidder’s Bond in the amount of five percent (5%) of the net sum bid. Bids must be submitted on the forms furnished by McLean County and in accordance with the specifications and conditions contained. Copies of the proposal forms may be obtained from the County Auditors office in Washburn, ND.

The Board reserves the right to reject any and all bids, to waive informalities or technicalities and to accept the bid or bids which appear in the best interest of McLean County.

By order of the Board of County Commissioners of McLean County, North Dakota this 2nd day of August, 2022.

Beth A. Knutson, County Auditor
 McLean County
 P.O. Box 1108
 Washburn, ND 58577-1108

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Dakota Recreation Report



BY PATRICIA STOCKDILL

Outdoor Notes:

•Hunters reminded to put identification on tree stands and blinds when set up on N.D. Game & Fish Dept. WMAs.

•First-come, first-served leftover deer licenses for antlerless either species available in units 3A1 and 3F2 and antlerless whitetails in 3F1, 3F2, & 4F. Go to the N.D. Game & Fish Dept. website, (gf.nd.gov) for information and application.

•PLOTS guide now available online at the Game & Fish Dept. website. Printed editions available in late August.

•Anglers reminded to follow ANS regulations, including draining live wells and removing plugs.

•Applications such as Onyx now have updated electronic posting information for the upcoming 2022 hunting season.

•Blue-green algae updates, N.D. Dept. of Environmental Quality: No warnings listed for area lakes but conditions could change daily. Several N.D. lakes have low toxin levels, including Buffalo Lodge Lake, McHenry Co.; Hecker Lake, McLean Co.; and Nelson Lake, Oliver Co. Go to the agency website, (deq.nd.gov) for more information.

•Aug. 29: Chronic Wasting Disease public informational meeting sponsored by the N.D. Game & Fish Dept., Grand Hotel, Minot.

•Sept. 1: 2022 Federal Duck Stamp required for waterfowl hunters 16 years of age and older.

•Sept. 1: Dove season opens.
•Sept. 2: Archery deer and (lottery license holders) pronghorn seasons open.

•Sept. 10: Grouse partridge,

and squirrel seasons open.

Tournaments:

•Aug. 26 & 27: Lake Sakakawea, Hazen Bay.

•Aug. 27: Lake Sakakawea, Beulah Bay.

Fishing:

Lake Sakakawea elevation, Aug. 22: 1,836.39 feet above mean sea level; 21,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 7.79 feet.

Missouri River gauge height, Washburn: River stage, 9.57 feet.

•N.D. Game & Fish Dept. game wardens: Lake Audubon continues producing walleye. Work deep. Some activity on the upper end of Lake Sakakawea but walleye success generally slowed.

•Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Garrison: Continue working deep water for walleye on the east end of Lake Sakakawea in 20 to 40 feet. Move slowly with live bait rigs and minnows or slow death hooks with small nightcrawlers. No reports from Lake Audubon but some anglers are on the west end.

•Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Garrison: Tougher walleye bite with anglers having to work at least 30 feet on the east end of Lake Sakakawea. Try switching to jigging Raps. Some activity on Lake Audubon but limited reports.

•Lake Sakakawea, Dakota Waters Resort, Beulah: Better walleye success remains west of Beulah Bay. Try deeper water with spinners and bottom bouncers with nightcrawlers with bite becoming a little tougher.

•Lake Sakakawea, Indian Hills Resort, Garrison: Steady walleye success in 25 to 35 feet, sometimes shallower. Best success is west of the resort. Use heavy weight to get deep.

•Lake Sakakawea, New Town: Van Hook Arm slowed with some success for smaller walleye working deeper water.

•Missouri River, Dakota Tackle, Bismarck: Missouri

River tailrace slow. Some salmon activity on the east end of Lake Sakakawea but not big numbers yet.

•Missouri River, Enerbase of Washburn: Not many new reports from area lakes. Occasional pike from the Missouri River but still somewhat slow for walleye.

•Missouri River System, Scott's Bait & Tackle, Pick City: Missouri River tailrace continues producing small walleye and catfish. Wing walls not producing as well as from shore. East end of Lake Sakakawea producing walleye in 35 feet and deeper. Work points with bouncers and slow death hooks and nightcrawlers. Spotty and scattered shore-fishing success. Work 70 feet and deeper for salmon with flashers and squids in a variety of color combinations from Government Bay to the north. Also try herring. Look for improving success along the face of the dam soon.

•McLean Co. area lakes, Cenex of Wilton: Some walleye success continues at East and West Park lakes and New Johns.

Hunting:

•Deer: Archery hunters in areas impacted by EHD in last year's outbreak will likely see fewer deer and less activity, especially until harvest gets more underway.

•Doves: Look for good numbers of birds throughout much of the state.

•Early Canada goose season: Lack of birds in western N.D. hit by last April blizzards. Some geese around central N.D. in the Lonetree WMA area but not any numbers of local birds.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

•Report All Poachers: (800) 472-2121 or (701) 328-9921.

•Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www.lakesakakawea.com).

Philemon Bliss DAKOTA DATEBOOK

President James Buchanan signed the 1861 legislation creating Dakota Territory, but it was left to the next president, Abraham Lincoln, to appoint territorial leaders. For the position of Chief Justice of the Supreme Court of Dakota Territory, President Lincoln appointed an abolitionist congressman from Ohio, Philemon Bliss.

Born in Canton, Connecticut in 1813, Philemon Bliss studied law at Hamilton College in New York. Admitted to the bar in 1840, over the following two decades Bliss set up practice at Elyria, Ohio, served as presiding judge of the fourteenth judicial circuit of Ohio and was elected to the Thirty-fourth and Thirty-fifth US Congress as a Republican.

When Lincoln sought out a judicial appointee for the new Dakota Territory in 1861, Bliss attracted attention not only on his professional qualifications and close friendship with Lincoln's Secretary of Treasury, Salmon P. Chase. Bliss was also a long-time ardent opponent of slavery, as evidenced by an event involving John Mercer Langston in 1853. Langston, the son of a Virginia plantation owner and an emancipated slave, had ambitions to become a lawyer. But because of his skin color, Langston's applications to law school had been rejected. Rather than give up, Langston turned to the sympathetic Philemon Bliss, who agreed to tutor him in 1853. With Bliss' assistance, John Mercer Langston became the first Black lawyer in Ohio, passing the bar in 1854.

Following Philemon Bliss' appointment as Chief Justice in Dakota Territory in 1861, he found the Supreme Court

had little appellate business. But he was hardly idle as the three Supreme Court justices also served as the only trial judges for the territory.

The chief justice pursued other political aspirations as well. When William Jayne resigned his governorship of Dakota Territory in March of 1863, Bliss threw his hat into the ring against Newton Edmunds. But President Lincoln appointed Edmunds as the second territorial governor.

Not one easily discouraged, Bliss next set his sights on a territorial seat in Congress against fellow Republican Dr. Walter A. Burleigh. With no Democratic candidate on the horizon, Bliss assumed he would easily capture the votes of the territorial Democrats. But just as his campaign got underway, the incumbent delegate to Congress, a Democrat, John B. Todd announced his candidacy. In the interest of maintaining party unity and knowing that he would lose his Democratic supporters to Todd, Bliss withdrew his nomination.

With this defeat, in 1864, Philemon Bliss and his family left Dakota Territory to serve in the Supreme Court of Missouri and eventually as dean of the law division of the State University of Missouri before his death on this day, August 25, 1889.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairiepublic.org.

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Is that a zucchini on my porch?

PRAIRIE FARE

BY JULIE GARDEN-ROBINSON,
FOOD AND NUTRITION SPECIALIST,
NDSU EXTENSION

“Mom, it looks like a cucumber but smells like the sea!” my older daughter commented. She was a lot younger then.

She was admiring two small shiny green zucchinis on our counter.

She rolled them around and sniffed them again.

I’m not sure that why she thought it “smelled like the sea.” She had never visited any oceans.

I sniffed it too, hoping it was at its prime. The zucchini had a fresh “green” smell.

I was happy that I had picked it before it became the size of a baseball bat.

Zucchini plants are very prolific. Given good growing conditions, you might have more zucchini than you imagined possible.

Zucchinis often are featured in jokes. “National Sneak Some Zucchini Onto Your Neighbor’s Porch Day” was commemorated on Aug. 8.

I missed it. I didn’t plant any zucchini this year.

Zucchini is a member of the Cucurbitaceae family. This family has hundreds of relatives and includes cucumbers, summer squash, gourds, melons, pumpkin, watermelon, cantaloupe and many others.

Technically, zucchinis are “fruits” of the plant according to botanists. In the nutrition field, we consider them vegetables because of the way we use them on menus.

Zucchini has some different names around the world.

If someone offered you some “courgette” bread, would you eat it? “Courgette” is the French name for zucchini harvested when fairly small. The word means “little squash.” Most of us have tasted zucchini bread or muffins.

How about some “baby marrow”? Baby marrow is another name for zucchini. It refers to harvesting the fruit when it is finger-sized. As you can see, the vegetable has nothing to do with babies or bone marrow.

Zucchini is used worldwide in soups, stews, as spreads, and in pancakes, breads and other grain-based foods. Its bland flavor makes it a versatile addition to many types of foods,

from sweet to spicy.

Zucchini won’t set you back in terms of calorie management. One cup of zucchini has less than 20 calories. You can prepare it on the grill, in a microwave, air-fryer or in an oven.

You can steam, grill, saute or make chips from zucchini. You can shred it and add it to meatballs or meatloaf as a vegetable-based meat extender.

The flowers are edible. As a bonus, eating the flowers will limit further zucchini production.

Have you tried “zoodles”? These are thin strips of zucchini prepared with a peeler or special tool called a “spiralizer.” Top steamed zoodles with your favorite pasta sauce for a unique dish.

If your zucchini has grown larger than expected, try making zucchini boats. Cut each zucchini in half lengthwise and scoop out the seeds. Then drizzle it with your favorite cooking oil and season as desired. Roast outside down until tender for 30 to 60 minutes, depending on size. Then fill your boat with your favorite casserole, taco meat or seasoned bread stuffing.

If you have eaten or given away as much zucchini as you can manage, you can preserve it through freezing or pickling. Check out the National Center’s Summer Squash Relish (available at https://nchfp.uga.edu/how/can_06/summer_squash_relish.html).

Remember to use research-tested recipes for all canning endeavors. We do not recommend canning summer squash, which is a low-acid food. The U.S. Department of Agriculture and the National Center for Home Food Preservation do not have safe, tested recipes for canning zucchini or other summer squash. See www.ag.ndsu.edu/food and navigate to “Food Preservation” for food preservation details.

To freeze zucchini, rinse it, then grate or slice it with or without the skin. Then blanch (scald) in boiling water for one minute if grated or three minutes if sliced. Drain thoroughly, then package in freezer containers. Label with contents and date. Remember to drain it well before adding to your favorite recipe.

If you do not have a garden or generous neighbor with

zucchini, stop at a local farmers market or grocery store. Here’s a recipe you can personalize to what you have available and your taste preferences. Try adding some eggplant or use another type of summer squash.

Skillet Zucchini with Chopped Tomatoes

- 1 teaspoon olive oil or canola oil
- 1 cup chopped onion
- 4 small (6-inch) zucchini, thinly sliced (or other summer squash)
- 2 medium tomatoes, chopped
- Freshly ground pepper
- Italian seasoning (optional)
- Grated parmesan cheese (optional)

In a large, nonstick skillet, heat oil over medium heat; add onions and cook, stirring until softened. Add zucchini and cook for two minutes. Add tomatoes and cook for three to five minutes or until zucchini is tender-crisp. Season to taste with pepper and add a sprinkle of Parmesan cheese if you wish.

Makes four servings. Each (1-cup) serving has 70 calories, 2 grams (g) fat, 3 g protein, 12 g carbohydrate and 15 milligrams sodium.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson)

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- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra - when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800-658-3485 when you want to report problems.

ANNOUNCEMENTS

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1-E-TFN-NC 58540

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. AA meetings in Center, Sundays at 5 pm. CT, St. Paul Lutheran Church (794-3381); in Garrison, Thursday at 8 pm at SACA Lodge, 11 Central Ave NW, 1 block West of the City Auditorium; in Washburn, Sundays at 7 pm. First Lutheran Church (701-460-1373 or 701-202-6701); in Wilton, Mondays at 7 pm at Sacred Heart Church (734-6533). In McClusky at Grace Lutheran Church, 402 4th St. W, Sundays at 8 pm.

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TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goosenecks with or without racks. Call for prices. Call Jason, 701-870-0415.

EQUIPMENT FOR RENT: Hay Hiker, self-loads 14 bales; portable diesel welder on trailer. Call Jason, 701-870-0415.

**place a
classified ad here**

REAL ESTATE FOR RENT

McLEAN MANOR, 1 Bedroom & studio apartments for rent. Call Larry 701-463-2320 or 701-421-5002.

1-TFNCHXI 58540

SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831.

34-9-E-PD 58577

WANTED

LOOKING FOR an adult, light-weight wheelchair. Call 701-880-0967.

W18-2T,NC,XT 58540

WANTED OLD STUFF: Advertising Signs, Clocks, Thermometers. Oil Cans, Gas Pumps, Crocks, Anvils, Tokens, Pottery, License Plates, Arrowheads, Road Signs. 701-220-5746

15-8TCHCMLNGRXT 58540

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

1-E-TFN-NC 58577

REAL ESTATE FOR RENT

BURLINGTON

COMMUNITY HOUSING

is now accepting applications for an immediate openings in Burlington for our **1 Bedroom Apts.** Must be 62 & older or disabled, regardless of age. Rental assistance and utility allowance available.

Free laundry facility and community center are on site. Accessible interviewing will be made available.

This institution is an equal opportunity provider and employer.

Call Karen at 852-5389 for an application. TDD 1-800-366-6888. "Equal Housing Opportunity"

HELP WANTED

HELP WANTED

White Shield School



- Elementary Principal
- School Business Manager
- 2 Elementary Teacher
- 1 Title One Teacher
- 1 Gifted/Talented Teacher
- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches
- Elementary Teachers
- Bus Drivers

Applications and Background check forms can be found on our school website <https://www.white-shield.k12.nd.us/>

Any questions please contact the business office at 701-743-2201.

HELP WANTED

HELP WANTED



BAR & GRILL

is looking for

KITCHEN STAFF

Apply in person or call 701-337-2070

Lake Audubon • Hwy 83 337-2070



Hiring the following positions:



Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.



Hiring the following positions:



Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.



HELP WANTED

Come Join Our Team!!

- **CNA**
- **Full-Time Days**
- **Housekeeper**

SIGN-ON BONUS

Apply at

www.blcgarrison.com

Call Jill Borth at (701)463-2226 "EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

COOK

\$3,000.00

Employment Incentive for Full-time

\$1,500.00

Employment Incentive for Part-time

Dietary Aide

\$1,000.00

Employment Incentive for Full-time

For more information call 701-463-6503

Apply online at

www.commonspirit.careers



The institution is an equal opportunity provider and employer

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

- Lab Tech (MT/MLT)**
- Radiology Tech**
- Dietary Helper**
- Housekeeping**
- Nurse Aide**

Now offering higher starting wages!

For more information call 701-463-6503

Apply online at

www.commonspirit.careers



The institution is an equal opportunity provider and employer

JOB OPENING

MCLEAN FAMILY RESOURCE CENTER

MFRFC is a domestic violence and sexual assault advocacy agency seeking

ADMINISTRATIVE ASSISTANT

Qualifications & Duties include:

Knowledge of Domestic Violence and or Sexual Assault dynamics, working with Executive Director in areas of client services and administration, working with clients of Domestic Violence and or Sexual Assault, Compiling and entering data, generating reports. Should be competent with computer, word processing, spreadsheet, etc.

If interested mail resume to McLean Family Resource Center, PO BOX 506 Washburn, ND 58577 to apply.

We are an equal opportunity employer



To place a classified ad call 462.8126 or fill out the form online at nordaknorth.com

NOW HIRING!

CHI St. Alexius Health Turtle Lake has the following positions available:

Dietary Help / Cook
Clinical Services Assistant
Social Worker Designee

Experience preferred but not required. Contact Brenda 701-448-2331 ext 207.

CHI St. Alexius Health *This institution is an equal opportunity provider and employer.*

CHI St. Alexius Health
-Turtle Lake -

Hiring the following positions:

RN
\$20,000 Sign on bonus.

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

CHI St. Alexius Health
-Turtle Lake -

Hiring the following positions:

RN-Charge Nurse
\$20,000 Sign on bonus.

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

HELP WANTED
STARTING AT \$14 PER HOUR

Superpumper

SALES ASSOCIATES
Full-Time or Part-Time

ASSISTANT MANAGER
Full-Time, wage DOE
Stop in for an application
200 5th Ave SE, Garrison

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility
\$20,000.00
Employment Incentive

For more information call 701-463-6503
Apply online at www.commonspirit.careers

CHI St. Alexius Health
Garrison Hospital
The institution is an equal opportunity provider and employer

CHI St. Alexius Health
-Turtle Lake -

Hiring the following positions:

RAD TECH
\$15,000 Sign on bonus.

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

LPN-Nursing Facility
\$10,000.00
Employment Incentive

For more information call 701-463-6503
Apply online at www.commonspirit.careers

CHI St. Alexius Health
Garrison Hospital
The institution is an equal opportunity provider and employer

Benedictine
LIVING COMMUNITY | GARRISON

HELP WANTED

RESTORATIVE SERVICES CNA
Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

Apply at www.blcgarrison.com
Call Julie Snyder at (701)463-2226

"EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

CNA
\$7,500.00
Employment Incentive

For more information call 701-463-6503
Apply online at www.commonspirit.careers

CHI St. Alexius Health
Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED

Garrison Public Schools is accepting applications for **Full-Time Custodian**

We are seeking applications for a full-time custodian. Starting pay is \$15/hour plus full benefits and leave time. The hours are 2-10 p.m. with duties in both buildings. Training will be provided and must be able to lift 50 pounds. To apply, please submit an application on our website to Dr. Klemisch at Nick.Klemisch@k12.nd.us or fill out an application at the high school.

PLACE A SWEET AD IN THE PAPER TODAY!

Benedictine
LIVING COMMUNITY | GARRISON

LIFE ENRICHMENT

Benedictine Living Community | Garrison has a FT opening in Life Enrichment/Activities. This individual serves a big role in making sure our Elders are given the opportunity to engage in music, crafts, reading, movies, one-on-ones, board games, parties, etc. We have a fantastic Life Enrichment team and we are looking for an individual that enjoys busy days. We offer competitive wages, 401-k, and health benefits. Please apply online www.blcgarrison.com or contact Deb Foss for questions 701-463-2226.



Scan to be connected to job link

"EQUAL OPPORTUNITY EMPLOYER"

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER
\$20,000.00
Employment Incentive

For more information call 701-463-6503
Apply online at www.commonspirit.careers

CHI St. Alexius Health
Garrison Hospital
The institution is an equal opportunity provider and employer

HELP WANTED!

South McLean County Soil Conservation District in Turtle Lake is hiring for a **DISTRICT TECHNICIAN/EQUIPMENT OPERATOR**

Duties include (but are not limited to): tractor driving, tree planting, fabric laying, grass seeding, customer service and office work. Wages are dependent upon experience. Apply online through Indeed.com, e-mail your resume to southmcleanSCD@westriv.com or call 701-448-2474 for more details.

We Are Hiring!

We Want YOU on Our Team.

Customer Service/Office Assistant Position

We're looking for someone with excellent customer service skills who is a quick learner. Experience with making bank deposits, ordering, stocking, and computers is helpful. We'll train the right person. Good work environment, great co-workers. Competitive wages, health benefits, PTO.

Apply in Person at NorDak North Publications
91 N. Main Street
Garrison, ND

Hours: 8:30-5:30
Monday-Friday

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- 401K Retirement Plan
- Flex scheduling
- Fun, family home environment

learn more or apply online at www.BLCgarrison.com

Benedictine
THE MEADOWS
EEO/AA.VET FRIENDLY

HELP WANTED!

South Mclean County Soil Conservation District in Turtle Lake is hiring a **WATERSHED COORDINATOR**

We are looking for a self-starter who can take the initiative to pursue all available avenues for outreach, education, and implementation of water quality management within the District and work closely with agricultural producers and other private landowners to plan, develop and install best management practices which benefit water quality.

Must have the ability to communicate on a professional and personal level, to establish relationships and follow-up with producers. This is a unique opportunity to take ownership in a large, landscape scale project and have a positive impact on water quality, soil conservation, wildlife and agricultural practices.

Apply online through Indeed.com, email your resume to southmcleanSCD@westriv.com or call 701-448-2474 for more details.

STATEWIDES

HELP WANTED

NELSON COUNTY ARTS COUNCIL, Pekin, ND seeking executive director. Compensated part-time position. Office technology experience, good communication, organized, people skills. For information, job description, contact ncac@gondtc.com.

ENTERPRISE SYSTEMS ADMINIS-TRATOR. NDSU has a FT, 12-month, position open. Primary responsibilities include: operating the college's enterprise systems (servers, data storage, applications, print servers, databases, etc.). Additionally, the individual in this position will assist in ITS-related communication, training, and customer support as assigned. Benefits include: Fully paid single or family Health Insurance, Life insurance, Retirement, etc. Screening begins immediately. EOE. Interested candidates must submit the online application at: <https://www.ndscs.edu/join-our-team>

MCLEAN COUNTY IS HIRING one full-time Equipment Operator III in Butte. For more information regarding this position visit <http://www.mcleancountynd.gov/employment/>

HARVEST HELP WANTED- Schumacher Farms, Drayton ND. Sugar Beets: Truck Drivers, Potatoes: Truck Drivers, Warehouse workers. Very Competitive Wages!! Call: John-701-520-0028, Grant- 701-520-3771.

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TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET).

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LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

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OWN RURAL LAND? Earn \$5,000+ Every Year From Hunting Leases. Up-front payments from our hunters. Reduce risk with FREE liability insurance. Call for a free quote (888) 871-1982.

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YOU CAN PLACE a 25-word classified ad—like this one—in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

AUTOS WANTED

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MISCELLANEOUS

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HELP WANTED

GSSC SECURITY OFFICERS
 GENERAL SECURITY SERVICES CORPORATION™
Washburn & Center, ND
 Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

Washburn Editor Leader-News
 NorDak Publications seeks a full-time Editor in Washburn, ND.
 The ideal candidate will have strong communication skills and excel in writing news, feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers. This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.
 To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

North Dakota Forestry:
 By the Numbers
DAKOTA GARDENER

BY ZOE ZELEZNIK
 FORESTER, NDSU EXTENSION

I've completed nearly 20 years at NDSU as the Extension forester and I've seen a lot of the state (and its trees and forests) in that time. I sometimes wonder how many miles I've driven through the years. Numbers fascinate me. They can offer a clear understanding of a situation.

For example, we could say that trees had great growth in 2022. My question would be, "How great is great"? What one person considers great, another person might consider to be average. Putting a number to that claim of great growth – say, two feet of new growth for ash trees in central North Dakota – allows for clearer communication.

Here are some numbers for North Dakota trees and forests.

0 – The number of emerald ash borer beetles found in our state as of August 2022. There are a lot of people searching for this pest and we've been looking for it for almost 20 years. We still haven't found it here and I'm grateful.

2 – The number of new city foresters in North Dakota in the past year (or so). Welcome to the folks in Dickinson and Minot. At least eight cities in North Dakota have a full-time city forester. It's a tough job and I appreciate everything that these folks do.

6 – The number of state forests in North Dakota. Together, these forests cover over 13,000 acres; more than half of that is in the Turtle Mountain State Forest.

40+ – The number of native trees and shrubs, and half-shrubs. Believe it or not, this one is rather tricky to list. North Dakota sits at the intersection of eastern forests and western forests, and early explorers may not have always identified those rare species properly. Some sources say that sugar maple is native to North Dakota, while others do not.

48 – North Dakota's rank among states in terms of forest acreage. We're ahead of Rhode Island and Delaware. The

exact amount of forest acreage in North Dakota is debated. Part of this stems from the definition of "forest" – when does a grouping of trees become a forest? Does a quarter-acre patch of shrubs in a wooded draw count as forest? How about a single-row windbreak? Believe it or not, this question is still being debated to this day.

50 – North Dakota's rank in terms of percent cover of "timberland". Timberland is different from forest land and includes a measure of the amount of wood that's growing. Sometimes definitions help to clarify things, allowing clearer communication. Sometimes they don't.

55 – The number of Soil Conservation Districts (SCDs) in North Dakota. These small organizations provide a huge service to all of the state in terms of assisting landowners with applying conservation practices. In particular, SCDs assist in establishing windbreaks around farmsteads, fields and in areas that protect roadways from drifting snow in the winter.

8,000 – The number of trees planted by the Grand Forks County SCD in 2022. These were distributed across 44 sites and spanned 55,000 linear feet, with over 33,000 linear feet of weed barrier fabric applied. This was actually a tough year for completing tree plantings, as it was so wet throughout much of the state. I wonder how other SCDs performed in their tree-planting efforts.

78 million – The estimated number of ash trees in North Dakota's native forests, windbreaks and urban forests. We stand to lose a lot when EAB arrives. Let's continue to do our best to prevent this pest from entering our state.

I hope these numbers gave you a better understanding of the state of forests and trees in North Dakota. In the midst of the prairies, farms and communities, the trees provide a great amount of cover, protection and shade. That was a vague statement. How great is great?

GET IN GEAR
 PLACE AN AD HERE
 701.462.8126

LATEST NEWS