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DAKOTA RECREATION REPORT



BY PATRICIA STOCKDILL

Outdoor notes:

Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Dec. 30: Missouri River Canada Goose Zone season closes.

•Dec. 30: Light goose season

•Dec. 31 & Jan. 1: Freefishing weekend. N.D. residents can fish for free.

•Jan. 1: Pheasant, grouse, partridge, turkey, and archery deer seasons close.

•Jan. 14: Bottoms Up Delta Waterfowl chapter banquet,

Wilton.

Tournaments:

•Jan. 7: Missouri River, Bismarck-Mandan.

Fishing:

Lake Sakakawea elevation, Dec. 26: 1,830.94 feet above mean sea level; 27,000 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 12.43 feet.

Missouri River gauge height, Washburn: River stage, 12.22 feet.

•N.D. Game & Fish Dept. game wardens: Some access onto Lake Audubon off East Totten and East Cabin Site but conditions could change rapidly. No reports from other area lakes with limited access due to snow conditions.

·Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Lakes Audubon & Sakakawea: Access extremely difficult on Lake Audubon and east end of Lake Sakakawea. A few houses are going off the East Totten boat ramp on Audubon, though, but no reports on success with the limited access.

·Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Lakes Audubon & Sakakawea: East Cabin site boat ramp and East Totten have access onto Lake Audubon but conditions and access can change rapidly so be winter prepared.

·Lake Sakakawea, New Town: Efforts will be made to keep Van Hook ramp access open but cold temperatures limiting activity.

•Missouri River, Enerbase of Washburn: Weather limiting

·Missouri River System, Scott's Bait & Tackle, Pick City: No Missouri River tailrace activity.

•McLean Co. area lakes. Cenex of Wilton: No new reports with weather and access limiting activity.

Numbers to know:

*N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.

. N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

•Report All Poachers: (800) 472-2121 or (701) 328-9921.

•Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www. lakesakakawea.com).

CALENDAR -

Saturday, December 31

THE THRIFT STORE, GARC, Garrison, 10 a.m. to 1 p.m.

Monday, January 2

YOGA, First Congregational Church, Garrison, 8 a.m. **BONE BUILDERS**, Garrison Senior Center, 10 a.m.

Wednesday, January 4

YOGA, First Congregational Church, Garrison, 8 a.m. THE THRIFT STORE, Garrison Area Resource Center, 10 a.m. to 1

Thursday, January 5

BONE BUILDERS, Garrison Senior Center, 10 a.m.

COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY

from 4 p.m. to 6 p.m. McLean County Residents in need are welcome. No referrals or pre-registration required. 208 Lincoln Avenue,

MCLEAN COUNTY FAIR BOARD ANNUAL MEETING, Underwood City Hall, 7:30 p.m.

ALCOHOLICS ANONYMOUS, Garrison Hospital cafeteria (enter through ER), 8 p.m.

Sunday, January 8

OPEN DOOR COMMUNITY KITCHEN, Senior citizens at Turtle Lake from 11:30 to 1 p.m.

Thursday, January 12

THE LORD'S PANTRY, from 2 to 4 p.m. Trinity Lutheran Church, 515 Kundert St., Turtle Lake ND. No referrals or pre-registration required. All in need are welcome to receive food at no cost.

Sunday, January 22

OPEN DOOR COMMUNITY KITCHEN, Senior citizens at Turtle Lake from 11:30 to 1 p.m.

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.

Underwood Public Library - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m. Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

McLean-Mercer Regional Library - Riverdale Open Mon-Fri 8:00 - 12:00 & 1:00 - 5:00

DAKOTA DATEBOOK-

North Dakota Library Association Beginnings

BY CATHY A. LANGEMO

During this week in 1906, the newly organized North Dakota Library Association held its first annual meeting

The year before, on December 19, 1905, the Library Association of Fargo/ Moorhead invited all librarians and others interested in library work in North Dakota to meet at the Fargo Public Library on January 18, 1906.

The meeting's purpose was to discuss organizing a State Library Association. From this invitation, a statewide library organization developed.

Twenty-two attended the January 18 meeting. Walter L. Stockwell, superintendent of public instruction and president of the Board of the Carnegie Library, Grafton, spoke, along with Max Blatt of the North Dakota Agricultural College's library committee.

After lengthy discussion, a motion was made and passed to form the North Dakota Library Association. Frank J. Thompson of the Fargo Public Library was elected as the first president. Other officers were Alice J. MacDonald, Valley City Public Library, as vicepresident and Elizabeth Abbott, Grand Forks Public Library, as secretary-treasurer.

At the first annual meeting

on December 28, 1906, the main item of business was promoting legislation to establish a State Library Commission, resulting in Senate Bill No. 207 that was introduced during the 1907 Legislative session.

 $SB\ 207\ provided$ for a commission of three members, one being the NDLA president, and for an appropriation of \$1,500. It also allowed for NDLA to take over the **Education Reference Library** and traveling libraries from the Superintendent of Public Instruction, for the establishment of a legislative reference bureau and for keeping statistics on all North Dakota libraries. The bill passed the Legislature, with several amendments.

The second annual convention was in November 1907 in Grand Forks, with tremendous news coverage. The original officers stayed in place until 1909, when Max Blatt became president.

In 1911, the NDLA constitution was amended, enlarging the Executive Board and lengthening the president's term to two years. That year, R.A. Nestos, a lawyer and legislator from Minot and future governor, became president.

NDLA moved to western North Dakota for its eighth annual meeting in 1913. Minot hosted the meeting, and the highlight was an address by Governor Hanna and auto rides provided by the Minot Commercial Club.

The 1914 annual meeting brought a resolution to endorse creation of county libraries, a discussion that continued for the next 20 years. The annual meeting in 1915 was held in conjunction with the North Dakota Education Association.

After the 1916 conference in Williston, the next two conferences, scheduled for Valley City, did not take place—1917 because of financial issues and 1918 because of the Spanish influenza epidemic. Valley City did successfully host the 1919 conference.

As the years passed, the organization grew in numbers and issues, until it celebrated its 100th annual conference in September 2006 in Fargo, where it all started in 1906.

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairiepublic.org.

Archery info night

Anyone interested in taking part in 4-H Archery is invited to attend a kick-off night in Washburn next week.

The 4-H Shooting Sports program will host an archery club kick-off event Jan. 5 at Washburn Memorial Hall.

Students taking part in archery will be supervised by certified instructors while

shooting bows, which are provided. Participants can elect to use a personal bow if they choose as long as it has a pull of 35 pounds or less.

Archery is open to individuals between 8 and 18 years of age.

Kick-off night is set for 6:30

McLean County Fair Board annual meeting

meeting January 5th at 7:30 pm at the Underwood City Hall. Election of four Board members and officers will be held. Board positions are for a three-year term. For more

The McLean County Fair information contact any of Schell, Amanda Huettl, Ashley Woolley, Ben Seidler, Arica Levey, Corey Bittner, Dallas Erickson, Tara Tabor, Kathy Neumiller, Dennis Erickson, Darcy Klain, or Chad Wimer.





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Try this quiz about the coldest days of winter PRAIRIE FARE

BY JULIE GARDEN-ROBIN-

FOOD AND NUTRITION SPECIALIST, NDSU EXTENSION

I participate in many online meetings for my various projects. My colleagues are from across the United States.

We typically give short weather reports as we begin our online discussions. In the winter, they often shudder when I talk about negative Fahrenheit temperatures.

I have suggested face-to-face meetings in Fargo in January, but they politely decline.

During one meeting, our temperatures were in the minus 20 Fahrenheit range on outdoor thermometers.

"How can you handle the cold?" my colleagues in warmer states ask me in disbelief.

Complaining about the cold helps a little. Then you just deal with it.

During warmer months, I have a question for them.

"How do you handle the heat and humidity in your state?" Lask.

We all know that we adapt to our surroundings. I tend to do better in extreme cold compared to extreme heat. When the weather warms up into the teens and twenties above zero, we become giddy at the balmy temperatures.

Both cold weather and

hot weather can be lifethreatening. Really, how can we handle the sometimes dangerously cold winters in the Midwest?

Here is a short quiz as we approach the coldest days of the year. This information is adapted from the Centers for Disease Control and Prevention.

What is the name of the condition where your body's temperature loses heat faster than it is produced. It can occur in cold temperatures and also cool temperatures above 40 F when a person gets wet.

Name at least three categories of people who are the most common victims of the condition in question number 1.

What is the name of the condition where you may lose feeling in your hands or feet and the skin may look white, grayish or even waxy?

Name at least three things you should do if you encounter a person with the condition in question number 3?

Name at least five items that should go in an emergency survival kit to be in your vehicle.

The answers are:

1) Hypothermia is the condition where body temperature declines to a dangerous level. It can be life threatening.

2) The most common victims of hypothermia are older adults, infants who are sleeping in cold rooms, people who are outdoors a long time, including homeless populations, and people who use alcohol or illicit drugs, which may mask the sensations.

If you come upon a person with hypothermia, seek medical help. Hypothermia is a medical emergency, so call 911. If help is not readily available, move the person to a warm area. Remove wet clothing and wrap them in blankets or other coverings to help them get warm. If the person is conscious, provide warm, nonalcoholic beverages.

3) Frostbite is a serious condition that could lead to amputation in the most severe cases. Be sure to wear appropriate clothing, including mittens, hats, boots and layers of clothing.

4) If you come upon a person with frostbit, get the person to a warm area (warm vehicle, indoor shelter). Do not rub the affected area, because that could increase the damage. For frostbite on hands or feet, you could immerse the affected areas in warm - not hot - water once indoors. Seek medical care as soon as possible.

5) Be sure to keep a winter survival kit in your vehicle.

The kit should include a shovel. windshield scraper, blankets, warm clothing (hats, mittens), booster cables, tow rope, highcalorie dried or canned food (and a can opener), a container of water, a can and matches (to melt snow for additional water), a flashlight, batteries and several other items on the "Extreme Cold" list (available at http://emergency.cdc.gov/ disasters/winter/guide.asp).

Remember that staying nourished and well-hydrated is just as important in the winter as it is in other seasons. Your body burns extra calories to keep you warm, whether you are walking outdoors or shoveling snow. You lose moisture as you exhale.

A non-caffeinated, nonalcoholic beverage will warm you best. Try a cup of peppermint tea or other herbal

For a quick cup of tea, bags are available. See "Take Time for Tea" at ndsu.ag/time-fortea for more information about the potential health benefits of various types of tea.

Making a pot of tea is a "ceremony" in some cultures. Here's how to brew tea for the best flavor. Add some honey if you like a sweeter beverage. Grab a blanket, turn on your favorite movie or open a book, and enjoy your warming

How to brew the best cup of tea

Bring freshly drawn water (preferably not softened or hard) to a boil in a glass or enamel container (not aluminum), remove from the heat and cool for one to three minutes.

In a teapot made of glass, china or porcelain, place about 1 teaspoon of tea leaves for every 6 ounces of water. Allow the tea leaves to move freely in the water (referred to as "blossom") and then strain when poured. If using an infusion basket or tea ball, select one large enough to allow the leaves to move.

The length of brewing time can affect flavor. Usually steep for three to five minutes. Experiment with the amount of brewing time to get the desired flavor, or follow the manufacturer's directions.

When time allows, warm the tea cup before serving the tea.

(Julie Garden-Robinson, Ph.D., R.D., L.R.D., is a North Dakota State University Extension food and nutrition specialist and professor in the Department of Health, Nutrition and Exercise Sciences. Follow her on Twitter @jgardenrobinson).



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DAKOTA GARDENER-

The best holly for the north

BY TOM KALB, Horticulturist, NDSU **Extension**

The holidays are here!

It's time to decorate our homes with the colors of the season. As the song goes: Deck the halls with boughs of holly, fa-la-la-la, la-la-la-la.

Holly has been a favorite decoration in winter celebrations for centuries. Ancient cultures saw its lively red fruits and green leaves in the dead of winter and believed holly was a symbol of long life.

Kings wore crowns of holly for good luck. Holly was believed to repel witches too.

I am not too worried about witches, but it is wonderful to grow holly and use it for homegrown holiday decorations.

We can't grow evergreen holly in North Dakota, because it's too cold here. However, we can grow winterberry, the best holly for the north.

Winterberry will shed its leaves in fall, revealing bright berries in shades of red and orange. These fruits add a wonderful burst of color in

snowy, winter landscapes. The fruit-filled branches can be clipped in early winter for use as fresh, long-lasting decorations.

Growing winterberry requires special care. The shrub prefers acidic soil, and you will likely need to acidify the planting site. Start with a soil test to measure the current pH. If the pH is manageable (7.5 or lower), we can make it suitable for holly.

Add an 8-inch mound of peat moss on the site and the recommended amount of sulfur. Mix this into your soil. You will need to monitor the pH every year to keep it acidic and your holly healthy.

Next, it is important to know there are male and female holly bushes. Only female bushes bear fruits. Male hollies are fruitless and plain looking, but we need one within 50 feet to pollinate the females.

One male can pollinate approximately 10 female shrubs. When you buy a female holly, a compatible male holly which blooms at the same time

Winter Red is one of the finest cultivars. This female shrub has an abundant display of red fruits that persist through much of winter. The rounded shrub grows slowly, reaching up to 8 feet tall. Use Southern Gentleman as the

Compact cultivars of winterberry are available. These grow about 4 feet tall and fit easily into home landscapes. Berry Poppins is truly dazzling in the winter landscape. Use Mr. Poppins as its male.

Red Sprite is another great compact selection. Its berries are large and intensely red. As a bonus, the leaves of Red Sprite in summer are dark green and shiny. Jim Dandy is the recommended male pollinator.

Fill your holidays with the beauty of homegrown holly. Happy holidays!

For more information about gardening, contact your local NDSU Extension agent. Find the Extension office for your county at www.ndsu.edu/ agriculture/extension/county-

New Year's Resolution: Avoid Crypto Scams

Here's a New Year's Resolution we could all benefit from: be vigilant about cryptocurrency scams. Fraud involving crypto investment schemes and crypto as payment in other schemes skyrocketed in 2022, according to the Federal Trade Commission. Reported losses exceeded \$1 billion.

Last year, the evergreen online romance scam turned into crypto "investment opportunities" – starting on such platforms as Facebook, Instagram, and LinkedIn in addition to dating sites and apps. The target can see their assets gaining value as they continue to invest more money, only the crypto exchange they are on is fake. When they try cashing out, they're told they must first pay excessive fees, and they don't get their money

In the 'crypto as payment'

schemes, criminals convince targets that some urgent matter requires quick payment and direct them to a nearby crypto-ATM machine that converts cash into electronic currency. These losses are virtually unrecoverable.

The best way to avoid these scams - really any scam - is to know about them so you can avoid engaging from the start. Seek a financial advisor's guidance on investing, and anyone pressuring you to pay by crypto to address and urgent or time-sensitive matter is a criminal.

Be a fraud fighter! If you can spot a scam, you can stop

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/ fraudwatchnetwork.

Lake Region Extension will be recommended. extension-offices. Roundup set for Jan. 4-5

The 2023 Lake Region Extension Roundup will be held Jan. 4-5 in Devils Lake.

The annual event is hosted by North Dakota State University Extension county offices surrounding Devils Lake and covers a wide range of agricultural production topics.

"This is a great opportunity to learn the latest updates in crop production, precision agriculture, marketing, livestock and horticulture, says Lindsay Overmyer, NDSU Extension agent in Ramsey County. "New this year we will have multiple roundtable discussions occurring simultaneously. Due to unfavorable weather last year, we had a few unplanned livestock roundtables that went well, so we decided to add

Both days start with complimentary breakfast at 8 a.m. General and concurrent sessions begin at 9 a.m. The keynote speakers for the general sessions will take place in the World War II Memorial Building. Concurrent sessions will be in the Memorial Building's basement, the Armory Room, and the Historical Room and Meeting Room in the adjoining Ramsey County Courthouse.

> Keynote topics on Wednesday, Jan. 4 are:

Crop consultant conversations: Bring your questions

Expected weather pattern in the 2023 growing season

Wednesday concurrent session topics are:

Small grain variety update Palmer amaranth and waterhemp

The ins and outs of subsurface drainage

Land/machinery values and

Biologicals application and crop yield Salts to bales in two years

Emerging weed issues Growing apples in North

Livestock issues

Wednesday roundtable discussion topics:

Resistant weed challenges Canola production Livestock Soil health

Commercial gardening opportunities Keynote topics on Thursday,

Jan. 5 are: Turning data into action

Farmer strip-tillage panel 2023 marketing outlook Thursday concurrent session topics are:

Precision ag Breeding regionally adapted spring wheat varieties

Cereal disease update Farm succession planning Farm and ranch production costs 2023

Grain storage tips

Twelve tools for your wellness

Dry bean and soybean production

In addition to the sessions, more than 50 booth exhibitors will set up in the Memorial Building. Attending Roundup is free of charge. No registration is necessary.

For more information, visit www.ndsu.edu/agriculture/ extension/events/lake-regionextension-roundup. Direct additional questions to your local NDSU Extension county office or Overmyer at 701-662-7027 or lindsay.overmyer@ndsu.

PRAIRIE DOC PERSPECTIVES

BY DEBRA JOHNSTON, M.D.

If it sounds too good to be true

At my house, classic TV is a given. My 93-year-old fatherin-law enjoys watching reruns of westerns, Perry Mason, Andy Griffith, and Gomer Pyle. With these old favorites come commercials targeting an aging population: Medicare Advantage plans, reverse mortgages, and "miracle solutions" for neuropathy, with free consultations for the first 250 people who call!

Every time we see one of these neuropathy advertisements, my father-inlaw looks at me hopefully.

His neuropathic foot pain has been intractable for decades. All the usual medical solutions have either brought minimal relief, or intolerable side effects. It interferes with his sleep, and the shuffling of his feet in response to the pain literally wore holes in the dining room linoleum.

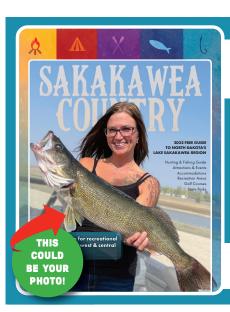
Any situation without a clear solution leaves an opportunity for the unscrupulous to TV ads, I wonder how many people send in their money or otherwise fall victim to medical quackery.

Years ago, I accompanied a friend to a hair loss "consultation". He was awed by the trappings: white coat, scientific sounding terms, glossy pamphlets with patient testimonials. I was less impressed. What was in their product? They couldn't tell me, it was secret. Where were their studies? They pointed to those patient testimonials. Did they have any published data? That wasn't available yet. I was struck by the scientific babble, too. It sounded impressive, but it didn't make any sense to me.

Today similar organizations offer invitation-only dinners at local establishments, followed by the opportunity to sign up for treatment that may cost you out of pocket because insurance won't cover it. They have professional looking websites with quotes, supposedly from delighted customers pounce. As I watch those perhaps a few references to publications doctors might call "throw away" journals, or to decades-old articles, or research that doesn't actually involve the treatment at hand. There might be claims that the treatment is ancient, or brand new, or that "they" (usually doctors, the government, or Big Pharma) don't want you to know about it.

Legitimate medical treatments are not kept secret. They are presented to other professionals, for critique, evaluation, and replication. Researchers try to determine if a treatment might be effective only in certain situations, or more broadly. If it is promising, it becomes widely available, and insurance coverage often follows.

Sadly, neuropathy, like many chronic pain conditions, has a variety of causes, and a variety of often less than satisfactory treatments. It is an easy target for "snake oil" salesmen. As always, talk to your doctor before you try something that sounds too good to be true.



SHOW OFF YOUR BEST_CATCH!

NorDak Publishing is looking for the cover photo for the 2023 Sakakawea Country magazine -- and it just might be yours!

Priority will be given to photos featuring walleye fishing on Lake Sakakawea.

Send a high resolution photo of your catch to alyssa@nordaknorth.com for consideration!

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THE CLASSIFIEDS

- **DEADLINE**: 9 a.m. Thursday.
- CLASSIFIED WORD ADS: Terms Cash, Check, Visa or Mastercard.
- COST: \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- CLASSIFIED DISPLAY RATE: \$9.50 per column inch.
- CONTACT INFORMATION: Phone: 462-8126 Fax: 462-8128 Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

36-TENNCI

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680- 0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 8 p.m., Sacred Heart Church. 734-6544.

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

FARM RELATED

HEATED SHOP FOR RENT by the day, week or month. 50x100, has welder, torches and lots of tools. Call Jason, 701-870-0415.

TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goose necks with or without racks. Call for prices. Call Jason, 701-870-0415.

EQUIPMENT FOR RENT: Hav Hiker, self-loads, 14 bales; portable diesel welder on trailer. Call Jason, 701-870-0415.

21-1TCHG 58540

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$4.40/gallon; Premium Dyed #2 fuel, \$3.92/gallon; Unleaded Gas, \$2.90/gallon. Call for current pricing. Call Jason, 701-870-0415.

GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND.

REAL ESTATE FOR RENT

1 Bedroom & Studio Apartments for rent. Call Larry 701-463-2320, 701-421-5002 1-TFNCHGX

Place an Ad

here today!

FARM RELATED

SEED FOR SALE

Yellow Peas: CDC Inca

HRSW: LCS Buster, MS Charger, MS Barracuda, MS Ranchero

Oats: CS Camden **Flax:** AAC Marvelous Soybeans: Legacy LS-0239N RR2X Yield Powerhouse

> ND21008GT20 Keep your own seed

Custom conditioning, treating, inoculating. DISCOUNTS FOR EARLY ORDER/PAY



Chris 651-792-5920 Dylan 701-500-7227 Bob 701-720-1808

finkenfarmsandseeds.com

LIVESTOCK

We have the following ship dates scheduled to ship cows and bulls: Monday, January 9th. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions.



Benedictine LIVING COMMUNITY | GARRISON

HELP WANTED

Come Join Our Team!! CNA

Full-Time Days

- Housekeeper
- Culinary Aide

SIGN-ON BONUS

Apply at www.blcgarrison.com

Call Jill Borth at (701)463-2226 "EQUAL OPPORTUNITY EMPLOYER"

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv. com. 1-E-TFN-NC

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7. Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

HELP WANTED

THE CITY OF GARRISON is accepting applications for a part time city road grader operator position. Submit application to City of Garrison, PO Box 459, Garrison, ND 58540.

SEASONAL HELP WANTED for 2023: The Turtle Lake Cemetery Bd has an opening for a seasonal groundskeeper at the local cemetery. Spring-Fall. Equipment provided. Responsible for mowing, trimming and maintaining an overall neat appearance of the property. Wage based on experience. For further info, contact Tim Larson. 701-737-9903.

WHITE SHIELD School is seeking head and assistant coaching positions for all sports in elementary, Jr. High and High School. Head positions for football and wrestling are already filled.

13-TENCHCMI NGRXT

GENERAL CONSTRUCTION LA-BORERS, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contacting LLC 12-TFN-CH,XT

WHITE SHIELD Elementary School has 2 teachers positions, 5-8 Math/ General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to wayne.fox@k12.nd.us or more information call White Shield School @ 701-743-4350. Visit our Employment link @ https://www.whiteshield. k12.nd.us/page/employment 9-TFNCHGGCMWX

58540

HELP WANTED White Shield School



- Elementary Principal
- School Business Manager 2 Elementary Teacher
- 2 Elementary Teacher
 1 Title One Teacher
 1 Gifted/Talented Teacher
 Basketball Coaches
 Volleyball Coaches
 Football Coaches
 Wrestling Coaches
 Golf Coaches
 Track Coaches
- Cross Country CoachesElementary Teachers
 - Bus Drivers

Applications and Background check forms can be found on our school website https://www.white-shield. k12.nd.us/

Any questions please contact the business office at 701-743-2201.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Lab Tech (MT/MLT) **Radiology Tech CNA Activity Aide Nurse Aide-Acute Care**

Maintenance Assistant Now offering higher starting wages!

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employe

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

COOK \$3,000.00

Employment Incentive for Full-time \$1,500.00 **Employment Incentive** for Part-time

Dietary Aide \$1,000.00

Employment Incentive for Full-time

For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer



LIVING COMMUNITY | GARRISON

HELP WANTED

RESTORATIVE SERVICES CNA Full-time Days/ M-F

The Benedictine Living Community | Garrison is seeking a Restorative Services CNA. This person serves as the liaison between Therapy Services and Nursing, and is responsible for implementing and maintaining resident restorative programs while assuring resident safety and care. We are willing to train & pay for CNA certification.

> Apply at www.blcgarrison.com Call Julie Snyder at (701)463-2226

> > "EQUAL OPPORTUNITY EMPLOYER"



LIVING COMMUNITY | GARRISON

LIFE ENRICHMENT

Benedictine Living Community | Garrison has a FT opening in Life Enrichment/Activities. This individual serves a big role in making sure our Elders are given the opportunity to engage in music, crafts, reading, movies, one-on-ones, board games,

parties, etc. We have a fantastic Life Enrichment team and we are looking for an individual that enjoys busy days. We offer competitive wages, 401-k, and health benefits. Please apply online www.blcgarrison.com or contact Deb Foss for guestions 701-463-2226.



"EQUAL OPPORTUNITY EMPLOYER"

NOW HIRING Accountant

North American COAL

FALKIRK

The Falkirk Mining Company is seeking a high-energy, self-motivated, and safe team member to join the accounting group at The Falkirk Mine near Underwood, ND. This position will assist in completing accounting functions, work on month-end reports, assist purchasing group, and manage Intermittent Work Contracts (IWCs).

Duties would include, but not be limited, to:

- Assist in the preparation of monthly and year-end accounting and reporting functions (i.e. compile data, prepare and review journals and reports).
 - Oversee inventory maintenance
- Assist with preparation of daily production report and review purchase requisitions for mine cost coding.
- Assist with the annual budget program and long-range budget projections. ■ Prepare company Miscellaneous 1099s
- Prepare purchase orders.
- Perform job duties in accordance with MSHA law and regulations, state and federal accounting regulations, established

company policies and procedures, employment law regulations, and state and federal environmental regulations.

The applicant should have a four-year degree in accounting or related business field and have knowledge of accounting principles and systems

Apply today to join this fast-paced mining operation!



Generations of Dependability www.NACoal.com/Careers

Falkirk is an Equal Opportunity Employer EEO/M/F/disability/veteran

You must meet the specific minimum requirements listed to be considered a qualified applicant.

The Falkirk Mining Company is a wholly owned subsidiary o The North American Coal Corporation, a NACCO Company

Xtra | 1.2.22 | **7** nordaknorth.com





HELP WANTED

This institution is an equal opportunity provider and employer.

Garrison Public Schools is accepting applications for

Full-Time Custodian

We are seeking applications for a full-time custodian. Starting pay is \$15/hour plus full benefits and leave time. Duties in both buildings. Training will be provided and must be able to lift 50 pounds. To apply, please submit an application on our website to Dr. Klemisch at Nick.Klemisch@k12.nd.us or fill out an application at the high school.





Place an Ad today!



HELP WANTED

701-448-2331 ext. 207.

This institution is an equal opportunity

provider and employer

Garrison Public School is accepting applications for <u>Paraprofessional</u>

position at our elementary school. For more information call 701-463-2818 or visit www.garrison.k12.nd.us for an application, and email to Dr. Klemisch at Nick.Klemisch@k12.nd.us

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

CNA *\$7,500.00* **Employment Incentive**

701-463-6503 Apply online at www.commonspirit.careers

For more information call

CHI St. Alexius Health **Garrison Hospital**

The institution is an equal opportunity provider and employe

HELP WANTED

EXPERIENCED AGRONOMIST POSI-TION available with Hefty Seed's threestore team of locations in New Rockford, Hurdsfield and Wilton. These three sites are locally managed and work cohesively to deliver on the greatest service and recommendations in the region. This position includes traveling to farms, scouting fields, building and maintaining relationships with new and current customers and working with our team to coordinate sales deliveries. The right candidate will be a self-motivated, positive team player with a minimum of 3 years of experience in ag sales. Must have great interpersonal and communication skills and a commitment to customer service. This is a full-time, year-round position with an excellent benefits package and earning potential. Hefty Seed also offers ongoing training for agronomists that is unmatched. If interested in this opportunity, send resume and cover letter to mike.riehl@heftyseed.com or call Mike at 701-962-3343 for more information.

CDL PROGRAM TRAINER - FARGO. NDSCS has a FT, 12-month, benefited position open in Fargo. Responsible for the delivery and implementation of the Commercial Driver's License Training Program for the SE Region of North Dakota. Salary DOE plus full benefit package, including fully paid health insurance premium. Screening begins immediately. Interested candidates must complete the online application. EOE. For more information, go to: www.ndscs.edu/join-our-team

CAFÉ OPERATOR- ANETA, ND. City owns building, updates include new AN-SEL system and plumbing. Basic equipment provided. Additional items available for sale. Call Todd 701-797-7958.

PUBLIC WORKS SUPERVISOR. City of Cooperstown, ND. Must be 18+ years, have (or be able to obtain) a valid Class B license. Heavy equipment experience preferred. Salary DOE. Benefits. EOE. 701-797-3613/ cooperch@cooperstownnd.com

BUILDING SERVICES TECHNICIAN. NDSCS has several FT, 12 month benefited positions available with custodial / minor maintenance duties in Wahpeton. Increased starting salary, plus full benefit package, including fully paid single or family health insurance premium. Screening begins immediately - applications accepted until filled. Interested candidates must complete the online application. EOE. For more information go to: ndscs.edu/join-our-team

KRABBENHOFT AUTO SUPPLY & SERVICE, Northwood, ND, seeking Mechanic/Shop Assistant M-F 7:30-5:30. No weekends. Valid drivers license required. Call Pat at 701-587-5400.

MCLEAN COUNTY IS HIRING two (2) or more full-time Equipment Operator II in

STATEWIDES

Garrison and Washburn. For more information regarding this position visit http:// www.mcleancountynd.gov/employment/.

WECKERLY FARMS OF Hurdsfield, ND is hiring for a full-time, year-round farm employee. This position requires experience in planting, spraying and harvesting as well as mechanical experience required for maintaining and refurbishing agricultural equipment. This is an excellent opportunity for a motivated, reliable individual looking for a long-term position. This position offers a competitive salary and benefit package that includes health insurance and paid vacation. If you are interested in working for a progressive operation with a low turnover rate, contact Chad at 701-962-3343 for more information or to apply. Resumes may be sent to farmerchad@weckerlyfarms.com.

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

EDUCATION/TRAINING

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained. Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET).

ATTENTION ACTIVE DUTY & MILL-TARY VETERANS! Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, 701-929-9679. (M-F 8AM-6PM ET).

SERVICES FOR HIRE

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 833-946-2482.

FINANCIAL SERVICES

BEHIND ON YOUR MORTGAGE PAYMENTS? Threatened with foreclosure? Denied a loan modification? Let us help! Call the Homeowner Relief Line to speak with a mortgage specialist. 877-242-2596.

LAND WANTED

AG LAND PRICES Skyrocket to All-Time Highs! Thinking of selling? We have buyers! We offer the most competitive commission rate. No hidden fees! Call Nikolaisen Land Company. 844-872-4289.

REAL ESTATE FOR SALE

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE

DIRECT SATELLITE TV Service Starting at \$74.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 866-530-1662.

TOP CA\$H PAID FOR OLD GUI-TARS! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 855-754-3470

DISCOUNT AIR TRAVEL. Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 866-530-1662.

PROTECT YOUR HOME AND FAM-ILY with Vivint Smart Home. Call 866-391-9779 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50.

NEVER CLEAN YOUR GUTTERS AGAIN! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 877-354-0572.

YOU CAN PLACE a 25-word classified ad-like this one-in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

AUTOS WANTED

DONATE YOUR CAR TO CHARI-TY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 701-809-7415.

HEALTH/MEDICAL

VIAGRA and CIALIS USERS! 50 Pills SPECIAL \$99.00! 100% guaranteed. CALL NOW! 855-559-1454.

ATTENTION OXYGEN THERAPY US-ERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. FREE information kit. Call 855-821-2831.

ANNOUNCEMENTS

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

MISCELLANEOUS

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER \$20,000.00 Employment Incentive

For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

\$10,000.00

701-463-6503 Apply online at

Garrison Hospital

The institution is an equal opportunity provider and employer The institution is an equal opportunity provider and employer

LPN-Nursing Facility **Employment Incentive** For more information call

www.commonspirit.careers

CHI St. Alexius Health

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility *\$20,000.00* **Employment Incentive**

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

The institution is an equal opportunity provider and employe

To place a classified ad call 462.8126



SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employe Immediate full-time & part-time openings!



'Twas the Night Before First Ice

OUR OUTDOORS

BY NICK SIMONSON

DAKOTA EDGE OUTDOORS

'Twas the night before first ice, and all through the lake,

Not a fish had been stirring, not even a splake.

The buckets were filled with my rods and my tackle,

In hopes that the perch would like jigs trimmed with hackle.

The tip-ups were strung with nylon and leaders,

To deal with the teeth of big predator feeders.

The minnows were purchased and set on the steps, The Vexilar charged to read various depths.

When out under the ice there arose such a clatter,

I sprang into my coveralls to assess the matter.

In the dark to the pickup I flew like a flash,

And drove to the station to fill the auger with gas.

The full moon on the breast of the new-frozen water,

Meant the ice-season action could not get much hotter.

Alone toward the lake I started to steer,

Soon the roar of the auger was all I could hear.

Setting tip-ups and jigging on the ice all around,

Searching for fish like a veteran bloodhound.

More rapid than lightning to my baits they came,

I hooted and hollered and called them by name.

Now, NORTHERN, now WALLEYE, now BLUEGILL and CRAPPIE!

Come, RAINBOW and YELLOW PERCH and you

don't have to stop-pie!

To the treble of tip-up, to the

jig or the spoon! Now bite good and hard and I'll be here past noon!

The excitement, the passion, the fins and the tails,

Impossible to measure with rulers and scales.

The colors of fishes of varying size,

The wonder of nature that lit up my eyes.

And then, in an instant, I set the hook hard,

I looked down and saw her – she must measure a yard!

In gold and silver and tipped with white,

She promised to battle me into the night.

Rolling and twisting with her strength she did brag,

As from my reel she pulled on the drag.

I cranked and it squealed as her head neared the hole,

Grabbing her quickly, I achieved my goal.

Her eyes – twinkling silver, her gills how they flared,

Sharp curved white teeth, her pointy mouth bared.

I unhooked the spoon with a twist of my plier,

And gazed at a walleye anyone would admire.

Better suited she was for story than plate,

Watching her swim away, I had to feel great. To let free such a whopper

to catch one day again,

Is a thing that is done by the greatest sportsmen.
In the picture I took she was

preserved for all, And the photo was enough

for me to hang on the wall.

The sun was then setting, and the day felt complete,

To the truck I went packing with snow at my feet.
Though cold all around and

night beginning to fall,
I was warmed with a memory that could top them

an.

As I drove away, the lake

leaving my sight,
I thought long and hard of that day and that night.

And the next time I'm burdened with everyday

I'll look back on this time, spent in...our outdoors.

COURT REPORT

The following cases for McLean County were seen between Dec. 19 and Dec. 26, 2022.

Driving while license privilege is suspended/revoked (alcohol related): Kelli Jean Summer Zotti, Garrison, fined \$60. Confined to McLean County Jail for 20 days, suspended 16 days and four days to serve. Report on Jan. 4, 2023 at 11 a.m.

Possession of drug paraphernalia: Alex Frederick Azure Jr., Cannonball, fined \$100. Fine to be paid in full within thirty days.

Possession of drug paraphernalia: Kalvin Fleming Baskerville, New Town, fined \$325.

False reports to law enforcement or other security officials: Kalvin Fleming Baskerville, New Town. Confined to McLean County Jail for 30 days, suspended 30 days with probation for 360 days. Credit for one day served.

DUI-.16 percent or greater - first offense: Abrianna Joleene Bennett-Boedicker, Max, fined \$250. Confined to McLean County Jail for 10 days, suspended 10 days with probation for 360 days.

Unlawful possession of drug paraphernalia - use/storage - marijuana or tetrahydrocannabinol: Katherine Colleen Gann, Turtle Lake, fined \$100. Fine to be paid in full within fourteen days.

Driving under suspension: Dayne Michael Holt, Turtle Lake, fined \$250. Confined to McLean County Jail for 10 days with 10 days suspended and 360 days probation. Fees and fine to be paid in full within thirty days.

Unlawful possession of drug paraphernalia - use/storage - marijuana or tetrahydrocannabinol: Dayne Michael Holt, Turtle Lake, fined \$100.

Driving while license privilege is suspended/revoked (alcohol related) (second offense): Joshua James Lehman, Cooperstown, fined \$250. Confined to McLean County Jail for 10 days, suspended for six days. Four days to serve by EMS monitoring within 30 days.

False information or report to law enforcement with intent to falsely implicate another: Damon William Marvel, Mandaree, fined \$25. Confined to McLean County Jail for 10 days, with 10 days suspended. Probation for 360 days. Credit for one day served. Fine must be paid by Feb. 1, 2023.

Driving while license privilege is suspended: Ambrin Ruby Rogers, McGregor, fined \$250. Confined to McLean County Jail for 10 days, with 10 days suspended. Probation for 360 days.

Issuing check or draft without sufficient funds or credit: Kyle Jerome Schar, Riverdale, fined \$70.70. Pay fine and restitution in full within thirty days and submit to fingerprints within seven days at the McLean County Sheriff's Office.

Issuing check or draft without sufficient funds or credit: Brett Robert Senechal, Burlington, fined \$99.42. Pay fine and restitution in full within fourteen days and submit to fingerprints within seven days at the McLean County Sheriff's Office.

Driving while license privilege is suspended: Benjamin Louis Swain, Minot, fined \$250. Confined to McLean County Jail for 20 days, suspended for 16 days. Four days to serve; report on Dec. 30 at 7 p.m.

Issuing check or draft without sufficient funds or credit: Christopher James Wickman, Minot, fined \$126.62. Fine and restitution must be paid within thirty days and submit to fingerprints within seven days at the McLean County Sheriff's Office.



Join our staff as a Graphic Designer at

Full Time | Monday-Friday

Ability to work from any of the following news-

paper offices: Mobridge, Eagle Butte, Gettysburg

or Pollock in South Dakota | Lisbon, Casselton,

Linton, Garrison, Washburn, Beulah or Hazen in

North Dakota.

To place a classified ad call 462.8126 or fill out the form online at nordaknorth.com

Washburn Editor Leader-News

NorDak Publications seeks a full-time Editor in Washburn, ND.

The ideal candidate will have strong communication skills and excel in writing news, feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers. This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.

To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

Requirements

- •Ability to work well with others
- Experience with Adobe
- InDesign & Photoshop
- •Ability to keep up with a fast
- paced work environment
- Ability to meet deadlinesPassion for creativity & design
- •Experience with website design is a bonus, but we are willing to train the right canidate!

Apply Today!

•Pay based on experience
•Benefits include: Medical, life, dental, vision and

•Flexible schedule & ability to work remotely after initial training period.

Send inquiries or resume to kelsey@mobridgepublishing.com