

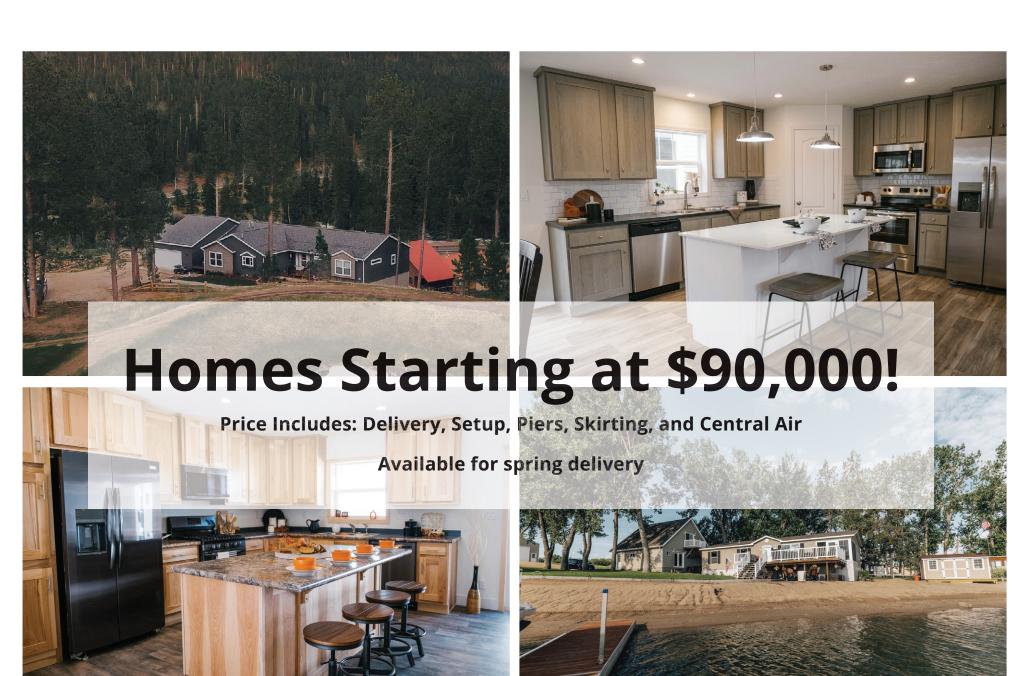


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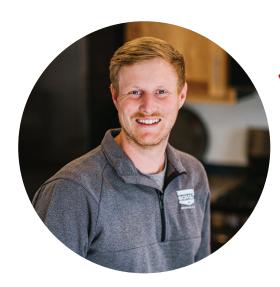
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DAKOTA RECREATION REPORT



BY PATRICIA STOCKDILL

Outdoor Notes:

•Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Jan. 14: Bottoms Up Delta Waterfowl chapter banquet, Wilton.

Fishing:

Lake Sakakawea elevation, Jan. 9: 1,829.79 feet above mean sea level; 23,100 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 11.53 feet.

Missouri River gauge height, Washburn: River stage, 13.75 feet.

 N.D. Game & Fish Dept. game wardens: No reports from the Missouri River System.

•Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Lakes Audubon & Sakakawea: Lake Audubon spotty for walleye with access off East Totten boat ramp. Moving on the lake is difficult unless on a trail, especially along the south shore, without tracked vehicles. Try Centennial or Douglas bays for walleye on the east end of Lake Sakakawea but moving around also difficult.

·Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Lakes Audubon & Sakakawea: Some activity on the east end of Lake Sakakawea off Centennial Bay. No reports on success, however, and use caution with hard snowdrifts on the ice. Moving around on Lake Audubon difficult without tracked vehicles but anglers are accessing off East Totten boat ramp. Tracked vehicles also needed between Velva Point and Old Church Bay but look for some walleye

·Lake Sakakawea, New Town: A few anglers accessing

off the Van Hook boat ramp but no reports on success. Anglers are going farther up river accessing off the south point of 4 Bears and fishing Sanish Bay for walleye.

·Missouri River, Dakota Tackle, Bismarck: Access limiting activity on many area lakes.

•Missouri River, Enerbase of Washburn: Lots of activity with some walleye success off Lake Audubon. Travels difficult without tracked vehicles unless on trails.

 Missouri River System, Scott's Bait & Tackle, Pick City: Little activity on the Missouri River tailrace. Wolf Creek on the south shore of Lake Sakakawea producing occasional walleye at night but use extreme caution with heavy snow on the ice.

•McLean Co. area lakes, Cenex of Wilton: Some activity on New Johns Lake and Lake Sakakawea but tracked vehicles recommended.

Downhill skiing (conditions can vary):

·Big Sky Ski Resort, Big Sky, Mont.: 45- to 48-inch packed powder base with 34 lifts and 279 runs open.

*Bottineau Winter Park, Bottineau: 12- to 24-inch base with good conditions. 2 Magic Carpets and 1 lift, 3 runs, and tubing park open.

·Frostfire Ski Area, Walhalla: Closed for season.

·Huff Hills Ski Area. Mandan: 20-to 35-inch machine groomed, hard packed base with all runs, lifts, and Green Lift Terrain Park open.

•Terry Peak, Leads, S.D.: 22- to 32-inch base. All trails and lifts open Snowmobile ND (conditions can vary):

·Cattail (Barnes, Cass, Steele, & Traill counties): 16to 20-inch base. Trails open. Watch for snow piles along approaches and road crossings.

•East-central Valley (Cass & Richland counties): 12- to 16-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

Lake Region (Nelson & Ramsey counties): 10- to 14inch base. Trails open.

•Missouri Valley (Emmons & Burleigh counties): 16- to 22inch base. Trails open. Watch for snow piles along approaches and road crossings. Beware of 2 areas where groomers got stuck in December.

 North-central (Benson, McHenry, Pierce, Ramsey, & Towner counties): 8- to 12- inch base. Trails open.

·Northeast (Cavalier, Pembina, & Walsh counties):8to 12-inch base with trails open except for Moonlighter Gorge and NESCA trails.

·Peace Garden (Bottineau & Rolette counties): Trails

•Red River North (Walsh & Pembina counties): 12- to 16inch base. Trails open. Watch for snow piles along approaches and road crossings.

•Red River South (Grand Forks & Walsh counties): 8- to 10-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

·Sakakawea (McLean & Ward counties): 8- to 12-inch base. Trails open. Watch for snow piles along approaches and road crossings.

·Sargent County (Richland & Sargent counties): 10-inch base. Trails open. Watch for snow piles along approaches and road crossings.

 Sheyenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 16- to 25-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

·Sno-trails (Bottineau, McHenry, Renville, & Ward counties: 8- to 15-inch base. Trails open and in good condition.

·Southern Valley (Richland County): 12- to 20-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.

•N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

·Report All Poachers: (800)472-2121 or (701) 328-9921.

 Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www. lakesakakawea.com).

Main St., Garrison

Adults - \$7 Under 13 - \$5 Movies start @ 7:30 pm

Water, PG-13

Jake Sully and Ney'tiri have formed a family and are doing everything to stay together. However, they must leave their home and explore the regions of Pandora. When an ancient threat resurfaces, Jake must fight a difficult war against the humans. 3 hr., 12 min. Sci-fi/Action 2022

CALENDAR

Saturday, January 14

THE THRIFT STORE, Garrison Area Resource Center, 10 a.m to 4 p.m. HIDDENWOOD SPORTSMEN CLUB WINTER FISHING DERBY, Makoti Lake, 10 a.m to 2 p.m.

Monday, January 16

YOGA, First Congregational Church, Garrison, 8 a.m. **BONE BUILDERS**, Garrison Senior Center, 10 a.m.

Wednesday, January 18

YOGA, First Congregational Church, Garrison, 8 a.m. THE THRIFT STORE, Garrison Area Resource Center, 10 a.m.

Saturday, January 21

COMMUNITY CUPBOARD OF UNDERWOOD - Food Pantry from 10 a.m. to Noon. McLean County Residents in need are welcome. No referrals or pre-registration required. 208 Lincoln Avenue, Underwood.

Sunday, January 22

OPEN DOOR COMMUNITY KITCHEN, Senior citizens at Turtle Lake from 11:30 to 1 p.m.

Saturday, January 28

THE LORD'S PANTRY, from 10 a.m. to Noon. Trinity Lutheran Church, 515 Kundert St., Turtle Lake ND. No referrals or preregistration required. All in need are welcome to receive food at no cost.

Sunday, January 29

TURTLE LAKE FIRE DEPARTMENT PANCAKE & SAUSAGE FEED, at Turtle Lake Fire Hall, 216 Putnam St, 10 a.m. to 2 p.m.

Tuesday January 31 THRIFT STORE AT COMMUNITY CUPBOARD OF UNDERWOOD:

1 pm - 5 pm Open to the public at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.

Underwood Public Library - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m. Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

McLean-Mercer Regional Library - Riverdale Open Mon-Fri 8:00 - 12:00 & 1:00 - 5:00

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DAKOTA GARDENER

The Extension Master Gardener Program celebrates 50 years

BY ESTHER E. MCGINNIS, Horticulturist, NDSU Extension

In 2016, a roomful of Extension Master Gardener coordinators from around the country sat with bated breath as the speaker took the stage.

Dr. David Gibby, a distinguished silver-haired gentleman, began to speak of his childhood in the Southwest during the 1930s. He shared a story about his parents that defined his upbringing and inspired a community volunteer program that would be adopted in 49 states.

Gibby's parents were traveling to an event and were dressed in their Sunday best. Before they could reach their destination, they were stranded by a flat tire in a remote location. A car full of teenagers stopped to help. While feeling apprehensive of strangers, the Gibbys accepted the offer.

The teens removed the damaged tire and said they needed to take the tire home to repair. An hour passed and the Gibbys assumed they had seen the last of the tire. Suddenly the teens reappeared and installed the repaired tire. Before the Gibbys could offer payment or thanks, the teens left. The Gibbvs celebrated this act of kindness and encouraged their

children to pay it forward.

Fast forward to the 1970s--David Gibby and his colleague Bill Scheer were overworked Extension agents in Washington state. Inundated with home gardening questions from rapidly urbanizing areas. the two community-minded agents could not keep up with the burgeoning demand for information. After deliberating, Gibby and Scheer came up with the concept for the Extension Master Gardener Program.

They would recruit and train volunteers to answer gardening questions and serve the needs of their communities. Based on their time spent in Europe, they were familiar with the German tradition of bestowing titles on individuals that demonstrated proficiency in certain trades. They settled on Gartenmeister which is translated as Master Gardener.

After some initial obstacles from skeptical administrators. Gibby and Scheer recruited volunteers. Two hundred applicants were accepted into the program.

Washington State University developed a 40-hour course to train the new applicants that included sessions on ornamental plants, fruits, lawns, vegetables, plant diseases, insects, weeds and pesticides. At the end of training, the applicants took a final exam to demonstrate topic

proficiency. Upon completion of the course, Master Gardeners were expected to volunteer with the gardening public under the supervision of Extension.

The volunteer program was a success and has inspired programs in land-grant universities in 49 states and in Canada and South Korea. The Extension Master Gardener Program is celebrating its 50th anniversary in 2023.

The program has grown to over 86,000 volunteers in 49 states. In 2018, Master Gardeners volunteered over 5.6 million hours to benefit their communities and educated more than 8.6 million individuals. The pay it forward ethic of David Gibby is alive and well!

The North Dakota State University Extension Master Gardener Program was started in 1980 and currently has over 200 volunteers. In 2022, this generous group volunteered more than 12,500 hours in 37 North Dakota counties. Volunteers grew produce for food pantries, gave science-based gardening recommendations to the public and engaged in community beautification.

For more information on the Extension Master Gardener Program, visit https://www. ndsu.edu/agriculture/extension/ programs/master-gardener.

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Washburn Park Board Request for Bids

The Board of Park Commissioners of the Washburn Parks and Recreation District will receive sealed bids for plumbing upgrades, electrical upgrades, carpentry roof remodel, metal roof application, and rafters for the Washburn Swimming Pool.

All bids will be received by the Board of Park Commissioners of the Washburn Parks and Recreation District at PO Box 1106, Washburn, ND 58577, until 6:00 p.m. on January 25, 2023, at which time the bids will be publicly opened and read.

All bids shall be sealed and endorsed "Washburn Swimming Pool". Bids must be submitted in accordance with specifications and conditions therein contained. Copies of bid proposal forms and general specifications and conditions may be obtained from the Washburn Parks and Recreation District. For information on bid specifics, contact Park Board Chairman, Mark Lelm, at 701-460-0145.

The Board of Park Commissioners of Washburn Parks and Recreation District reserves the right to hold all bids for a period of thirty (30) days after the date fixed for the opening thereof and to reject any or all bids and to waive irregularities whenever it is for the best interest of the District.

Dated this 29th day of December, 2022. Mark Lelm, Chairman Washburn Parks and Recreation District

(12-29-22, 01-05-23, 01-12-23)



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Helping Words

By Alan L .Hathaway Garrison Church of God





By this week most of our "resolutions" for 2023 have disappeared into the fog of past regrets. An upscale fitness center proclaimed it would not accept any Jan. 1 memberships because these patrons were not serious about their health. They probably had a a point. As humans we often make decisions and promises on the spur of the moment rather than careful consideration.

The problem that we experience is not due to the nature of promises but the nature of ourselves. We are emotion driven creatures. We boldly affirm, "absolutely I will do this" then in the next breath "but maybe not." When our decisions and commitments are driven by the emotion of the moment, we often make foolish promises or worse disastrous ones.

The real danger of such promises is that they are unrealistic and unconsidered. As a result, we easily justify their violation. But in the process, we compromise our integrity. The results are - we devalue the importance of commitments and we develop a jaundice view of other's commitments. Or simply, we foster mistrust in our relationships.

The book of Proverbs takes this concept very seriously. It speaks often of the danger of unsecured commitments. Or, even worse, the danger of commitments made without careful consideration of consequences. The book of Proverbs reflects on the importance of commitments and promises in human relationships. These ultimately are the foundations of family, friendships, business

transactions and government. When we are jaded about the faithfulness of others to keep their commitments, the fabric of all social interactions unravels (funny, we never question our own fidelity). As chaos sweeps into these relationships, we are less likely to commit to others and they, to us.

Marriage is one of these "promise" relationships. Is it any wonder as we become cynical about others keeping their commitments more of us are unwilling to make such a commitment. A long time ago (over 40 years), when the sociological impacts of this cavalier attitude toward commitment in American culture was just beginning to manifest, sociological and religious writers, like Louis B. Smedes, spoke of the "island of certainty" that promises create in culture. At the time, I had just started in ministry, though I understood the truth of the observation, I did not understand the implications. I was part of that rising generation now abandoning the sacredness of commitments and so I struggled to understand what this failure would do to our

wider culture in the future.

Louis Smedes had been specifically addressing the institution of marriage and the island of certainty this commitment between a man and woman created for their children. Almost off-handedly, he mentioned how promises and commitments in the chaos of human relationships helped create secure places to build culture. We now see the consequences in the decision of many within our present generations to forgo the commitment of marriage. This reality is a symptom of the wider cynicism we have toward all commitments.

At the bottom of this struggle is the integrity of the individual. Commitments have no meaning without personal integrity and so they can easily be ignored. One of the central tenants of the Christian faith is personal integrity, or simply "keep your promises."

"And do not take an oath by your head, for you cannot make one hair white or black. Let what you say be simply 'Yes' or 'No'; anything more than this comes from evil." - Jesus in Matthew 5:36-37





-DAKOTA DATEBOOK-

Strange stories

BY SARAH WALKER

It's the fantastic that sells. In 1907 and 1908, Ward County newspapers reported on a mess of such tales—some tall, some so strange they must have happened.

In one story, as the Kenmare news reported on this day in 1908, a buffalo that had wandered down from Canada apparently had an identity crisis. The buffalo joined Kenmare man J. A. Englund's cattle herd, and managed to go home with the herd.

Once there, after he was discovered, the buffalo picked a fight with Englund's Red Poland bull. Englund and his foreman, Sanders, used pitchforks to try and separate the two animals, and finally they succeeded, after the buffalo almost gored the bull to death. The buffalo then began to attack one of Englund's mares, and ripped up his barn. He was forced to shoot the buffalo. Under normal circumstances, this would incur a penalty. This was not normal.

This wasn't the only odd happening in that region. The Bismarck Tribune proclaimed its curiosity: "Strange things are coming out of the northern part of the state," the paper stated, citing the case of the buffalo, as well as a "lad" who was attacked by "catamounts or mountain lions, or wild cats or roaring hippopotami or some other unusual animals." This had been gruesomely reported earlier; young Walter Johnson, of McKinney, had gone to shoot a lynx. Instead, the lynx attacked the boy, disfigured him, and killed him.

The funeral was set... unbeknownst to Walter, the grieving family, and even the city of McKinney. The report wasn't true.

The Tribune also reported that Ole Olson, from Blaisdell, walked into a pack of wolves, after mistaking them at first for dogs. He escaped not by brandishing a penknife at them and yelling for help as he did at first, but, as the report went, by playing his horn, which he apparently just happened to have with him

The Tribune stated of the instrument, "We forget whether a trumpet or a trombone." Whichever the case, the music did the trick—the wolves apparently had a taste for the finer arts. Finally, some people living nearby came and rescued Olson. He had been playing for a long time—so long, in fact, that he was exhausted and out of breath, and he needed help just climbing into the wagon. This story appeared under the headline, "Weird." It certainly was.

As the Tribune said, "The typewriters of the veracious correspondents are clicking overtime with horrifying recitals."

"Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from Humanities North Dakota. See all the Dakota Datebooks at prairie public. org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shopprairie public.org.



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ANNOUNCEMENTS

GUN SHOW 2023: Dakota Territory Gun Collectors Association BIS-MÁRCK Show, Saturday, Jan. 21, 9 a.m. to 5 p.m. and Sunday, Jan. 22, 9 a.m. to 3 p.m. at the BISMARCK EVENT CENTER. Laura Ennen 701-214-3388.

37-2XCHXT

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

36-TFNNCI

SUPPORT GROUP: **Alcoholics** Anonymous Hotline 1-888-680- 0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 8 p.m., Sacred Heart Church, 734-6544.

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

FARM RELATED

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21-1TCHG

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FERTILIZER FOR SALE: Urhea \$650 delivered, Map \$800 delivered. 25 percent down and balance paid by March 15 for April-May delivery. Call Jason, 701-870-0415.

GIVEAWAY

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LIVESTOCK

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WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News. P.O. Box 340. Washburn, ND 58577 or email leadernews@westriv. 58577

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37-TFNCHGXT

1 Bedroom & Studio Apartments for rent. Call Larry 701-463-2320, 701-421-5002

1-TFNCHGX

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant. 1-E-TFN-NC

58577

PUPPIES FOR SALE

Border Collie/Sheltie Cross 9 puppies, 4 males/5 females.Good working class, good with children, Loveable, medium sized friends. Please call Kim Vincent 701-462-1838

HELP WANTED

SEASONAL HELP WANTED for 2023: The Turtle Lake Cemetery Bd has an opening for a seasonal groundskeeper at the local cemetery. Spring-Fall. Equipment provided. Responsible for mowing, trimming and maintaining an overall neat appearance of the property. Wage based on experience. For further info, contact Tim Larson. 701-737-9903.

WHITE SHIELD School is seeking head and assistant coaching positions for all sports in elementary, Jr. High and High School. Head positions for football and wrestling are already

13-TFNCHCMLNGRXT

GENERAL CONSTRUCTION LA-BORERS, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contacting LLC

WHITE SHIELD Elementary School has 2 teachers positions, 5-8 Math/ General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to wayne.fox@k12.nd.us or more information call White Shield School @ 701-743-4350. Visit our Employment link @ https://www.whiteshield. k12.nd.us/page/employment

363 Eatery

is looking for a part-time

Cook & Waitress

Flexible hours, nights off. McClusky, ND Call 701-363-9902 and ask for Patty.

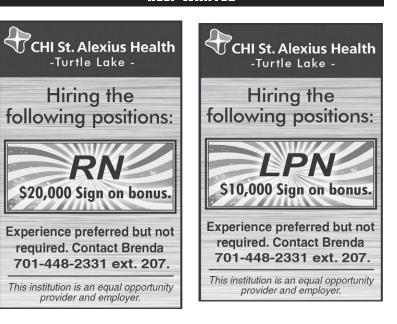
INDUSTRIAL LUBRICANT COMPANY

NOW HIRING

Service Technician Pay \$20-30

Plus great benefits Washburn, ND

Send Resume to scolter@indlube.com





\$2,500 sign on bonus

Operations Assistant

- Full Benefits/PTO/Insurance
- Unload chemical trucks with forklifts
- Keep warehouse inventory organized
- **Dump fertilizer trucks**
- Assist in light mechanical work in the shop

For questions call Duran @701-509-2922



\$5,000 sign on bonus

Mechanic/Service Manager Needed!

- Full Benefits/PTO/Insurance
- 8am-5pm (overtime available)
- Positive work atmosphere
- Wide range of machinery and equipment
 - New and Used

For questions call Duran @701-509-2922

HELP WANTED!

South McLean County Soil Conservation District in Turtle Lake is hiring for a

DISTRICT TECHNICIAN/EQUIPMENT OPERATOR

Duties include (but are not limited to): tractor driving, tree planting, fabric laying, grass seeding, customer service and office work. Wages are dependent upon experience. Apply online through Indeed.com, e-mail your resume to

> southmcleanSCD@westriv.com or call 701-448-2474 for more details.

HELP WANTED!

South Mclean County Soil Conservation District in Turtle Lake is hiring a

WATERSHED COORDINATOR

We are looking for a self-starter who can take the initiative to pursue all available avenues for outreach, education, and implementation of water quality management within the District and work closely with agricultural producers and other private landowners to plan, develop and install best management practices which benefit water quality.

Must have the ability to communicate on a professional and personal level, to establish relationships and follow-up with producers. This is a unique opportunity to take ownership in a large, landscape scale project and have a positive impact on water quality, soil conservation, wildlife and agricultural practices.

Apply online through Indeed.com, email your resume to southmcleanSCD@westriv.com or call 701-448-2474 for more details.

HELP WANTED

Dakota Agronomy Partners in Washburn, ND is looking for:

Seasonal Truck Drivers this April through June.

CDL license preferred, but not necessary. Local work, transporting dry fertilizer from yard to our application equipment. Call 701-720-0268 for any questions or job descriptions. DAP is EOE.

HELP WANTED

Dakota Agronomy Partners in Washburn, ND is hiring full time:

Operational Workers and truck driver postions

We are a full-service agronomy center with year-round work. Variety of tasks. Benefits provided. Call 701-720-0268 for job description and to apply. DAP is EOE.



HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

Lab Tech (MT/MLT) **Radiology Tech CNA Activity Aide Nurse Aide-Acute Care Maintenance Assistant**

Now offering higher starting wages!

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility \$20,000.00 **Employment Incentive**

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

The institution is an equal opportunity provider and employer

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER *\$20,000.00*

Employment Incentive For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

he institution is an equal opportunity provider and employer

V CHI St. Alexius Health

Hiring the following positions:

-Turtle Lake -

RAD TECH \$15,000 Sign on bonus.

Experience preferred but not required. Contact Brenda 701-448-2331 ext. 207.

This institution is an equal opportunity provider and employer.

Housing Manager at The Meadows

Assisted Living located in Garrison, ND. Full-time.

Duties include: Oversite of 18 Apartments; Organize, supervise, and direct the work of staff; lead the management of health care needs; manage vendor or campus-wide services received by the site. Create and maintain a high level of tenant, staff, and family satisfaction. Develop and implement marketing and strategic plans, budgets, and quality improvement initiatives. This position also has fiscal accountability for the site.

Apply online at www.BLCgarrison.com For more information, call Scott Foss 463-2226



EEO/AA.VET FRIENDLY

SECURITY OFFICERS

Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

CNA

<u>\$7,500.00</u> **Employment Incentive**

For more information call **701-463-6503** Apply online at

www.commonspirit.careers CHI St. Alexius Health

Garrison Hospital The institution is an equal opportunity provider and employer

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

LPN-Nursing Facility \$10,000.00 **Employment Incentive**

For more information call 701-463-6503 Apply online at

www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital** The institution is an equal opportunity provider and employer

HELP WANTED

Garrison Public School is accepting applications for **Paraprofessional**

position at our elementary school. For more information call 701-463-2818 or visit www.garrison.k12.nd.us for an application, and email to Dr. Klemisch at Nick.Klemisch@k12.nd.us



HELP WANTED

Come Join Our Team!!

- CNA **Full-Time Days**
- Housekeeper Culinary Aide
 - SIGN-ON BONUS

Apply at

www.blcgarrison.com

Call Jill Borth at (701)463-2226 "EQUAL OPPORTUNITY EMPLOYER"

KRAUSE'S LIQUOR Garrison Location:

We are searching for a customer

focused leader to operate Garrison Bottle Shop

This position will have bottom line responsibility for the business.
Primary duties include: ordering and inventory control, display planning, merchandising,

employee scheduling, training and development, assisting customers, stocking and cashiering. Prior experience a plus, not necessary. Must be able to frequently bend, stoop, and lift up to 50 pounds.

> This is a full time position. Apply online at <u>krausessupervalu.com</u>

or pick up an application in store.

Place an Ad today!

HELP WANTED

CHI St. Alexius Health Garrison has the following position available:

> COOK \$3,000.00

Employment Incentive

for Full-time \$1,500.00 **Employment Incentive** for Part-time

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health Garrison Hospital

he institution is an equal opportunity provider and employe

HELP WANTED White Shield School

- Elementary Principal School Business Manager
 - 2 Elementary Teacher
- 1 Title One Teacher
 1 Gifted/Talented Teacher
 Basketball Coaches
 Volleyball Coaches
 Football Coaches

 - Wrestling Coaches
 Golf Coaches
 Track Coaches
- Cross Country CoachesElementary Teachers Bus Drivers

Applications and Background check forms can be found on our school website https://www.white-shield. k12.nd.us/

Any questions please contáct the business office at 701-743-2201.

STATEWIDES

HELP WANTED

NURSING INSTRUCTORS - DA-KOTA NURSING PROGRAM - Grand Forks. This is a 9-month, benefitted position; MS in Nursing, current North Dakota RN license, and maintains continuing education as required by the ND Board of Nursing. Applicants with BSN working toward MSN will be considered. For more information go to www.lrsc.edu/jobopportunities.

YOU CAN PLACE a 25-word classified ad-like this one-in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

EDUCATION/TRAINING

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 701-929-9679. (M-F 8am-6pm ET).

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SERVICES FOR HIRE

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip floorin-home consultation: 833-946-2482.

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AG LAND PRICES Skyrocket to All-Time Highs! Thinking of selling? We have buyers! We offer the most competitive commission rate. No hidden fees! Call Nikolaisen Land Company. 844-872-4289.

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ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

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OWN RURAL LAND? Earn \$5,000+ Every Year From Hunting Leases.

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NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

MISCELLANEOUS

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

PRAIRIE DOC PERSPECTIVES

BY JILL KRUSE, DO

The other skin cancer

When people talk about skin cancer the type that most people think about is melanoma. This skin cancer follows the ABCDE rules for diagnosis. A – Asymmetry, B – irregular Border, C – more than 1 Color, D – Diameter more than 6 mm, and E – expanding in size. However, these rules will not help find the most common type of skin cancer called a basal cell carcinoma.

Unlike melanomas, basal cell carcinomas are often symmetric with regular borders in the early stages. They are usually one color, being the same as the surrounding skin, but with a pearlescent sheen, although they can also be reddish or bluish in color. On darker skin tones, they may appear lighter or darker than the overall skin tone. They often start off as bumps with a rolled border or can have a warty appearance. They are also fairly slow growing and can be smaller than 6 mm when forming. As you can see, the ABCDE rules are NOT helpful

for diagnosing this type of skin cancer.

Basal cell carcinoma accounts for nearly 80% of all skin cancers and is the most common type of cancer in the world. However, they are rarely fatal, tend to grow slowly, and do not tend to spread to other areas of the body, although, if left untreated, may grow deep and spread out from where they started. They are commonly found on sunexposed areas of skin - such as the neck, arms and face, especially on the nose and ears. Basal cell carcinomas are most common in elderly males, especially in fair skinned people with blonde or red hair. One example is farmers, who typically spend many hours out in the fields working in the sun. They often wear baseball hats which protect their foreheads and scalps but leave their neck, arms, nose and ears exposed to the sun where they are more likely to have a basal cell carcinoma occur. Another example would be truck drivers, they would

most likely have a basal cell carcinoma on the left arm or the left side of their face versus the right due to that side more frequently being in the sun.

As a basal cell progresses, they can develop a central depression that often scabs and bleeds. Oftentimes there are thin red lines visible on the edges of a basal cell carcinoma. Those thin red lines are small blood vessels that can bleed when bumped or scratched. When someone comes to the doctor and describes having a sore that does not seem to heal, a basal cell carcinoma is often on the list of possible causes to rule out.

Do not just follow the ABCDE's for skin cancer detection. No matter what the spot on your skin looks like, if you are concerned, tell your doctor to take a look. It just could be one of the other types of skin cancer. Your skin will thank you.

Washburn Editor Leader-News

NorDak Publications seeks a full-time Editor in

Washburn, ND.
The ideal candidate will have strong communication skills and excel in writing news, feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers. This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.

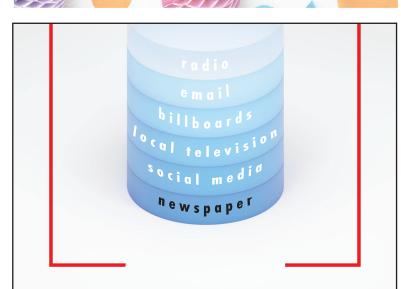
To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

After 30 Years of dedication and service to our community,

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The Washburn Park Board is looking to hire summer positions.

We are looking for a swimming pool manager, lifeguards, a Parks & Rec. summer program manager and coaches for little league, pee-wee, T-ball and softball. Please send a letter of interest to the Park Board and you will be contacted with interview dates and times. Application letters will be accepted until February 1, 2023. Interested individuals should send a letter of application and resume to: Washburn Park Board, PO Box 551, Washburn ND 58577

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