

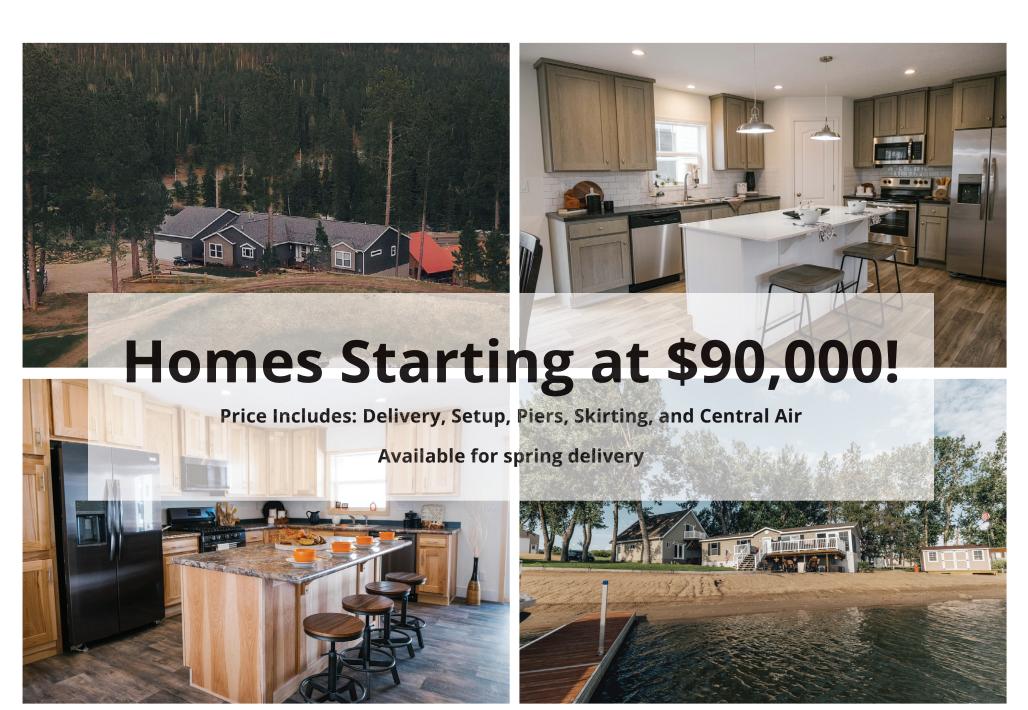


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DAKOTA RECREATION REPORT



BY PATRICIA STOCKDILL

Outdoor Notes:

·Check on ice houses occasionally to make certain they haven't iced in after warming weather.

·Be mindful of parking when accessing area lakes; not blocking roadways or snow removal operations.

•Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•Feb. 4: Dakota Pheasants Forever banquet, Bismarck Hotel & Conference Center, 5

•Feb. 4: Full Snow Moon Candlelight Hike, Fort Stevenson State Park, Garrison beginning at 6 p.m. to hike, cross-country, or snow-shoe. Meet at the Visitor Center. Contact the park, (701) 337-5576, for details.

•Feb. 11: Northern Badlands Mule Deer Foundation banquet, Baymont Inn, Mandan, 5:30 p.m.

Fishing:

Lake Sakakawea elevation, Jan. 23: 1,828.74 feet above mean sea level; 24,300 cubic feet per second (CFS) Garrison Dam average daily releases. Missouri River gauge height, Stanton: River stage, 10.56 feet.

Missouri River gauge height, Washburn: River stage, 13.33 feet.

•N.D. Game & Fish Dept. game wardens: Lots of activity on the east end of Lake Sakakawea but generally slow for walleye and pike, both spearing and hook-and-line.

·Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Garrison: Mixed success on the east end of Lake Sakakawea. Try 28 to 36 feet for walleye using jigs and minnows in Centennial Bay. Several houses moved off Lake Audubon with generally slow walleye success.

·Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Garrison: Lake Audubon hit-and-miss for walleye with best success at night. Some pike spearing success in Steinke and Centennial bays on the east end of Lake Sakakawea. Work the mouth of Douglas Bay, Camp of the Cross, or Rattlesnake for walleye but overall success still somewhat slow.

·Lake Sakakawea, New Town: The river area around New Town slowed somewhat for walleye. Snow on ice hardened, settled, and rough.

•Missouri River, Enerbase of Washburn: Some activity on Lake Sakakawea and Lake

Audubon but limited reports on success.

•Missouri River System. Scott's Bait & Tackle, Pick City: Wolf Creek on Lake Sakakawea producing a mix of pike and walleye with best success in the morning and evening in low light hours. Limited activity on the Missouri River tailrace.

•McLean Co. area lakes. Cenex of Wilton: Some activity on West Park Lake. Some pike activity around Wolf Creek on the east end of Lake Sakakawea with smelt.

Downhill skiing:

•Big Sky Ski Resort, Big Sky, Mont.: 47- to 54-inch packed powder, machine groomed base with 29 lifts and 290 runs open.

·Bottineau Winter Park, Bottineau: 12- to 24-inch base with good conditions. 2 Magic Carpets and 1 lift, 3 runs, and tubing park open.

·Huff Hills Ski Area, Mandan: 20- to 35-inch machine groomed base with all runs, 2 lifts, and Green Lift Terrain Park open. Donut Hole Hiking Area open accessing off Pheasant Run gate near the top of Blue Lift area.

•Terry Peak, Leads, S.D.: 20to 30-inch base. 30 trails and 5 lifts open Snowmobile ND:

·Cattail (Barnes, Cass, Steele, & Traill counties): 16- to 20-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

 East-central Valley (Cass & Richland counties): 12- to

16-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Lake Region (Nelson & Ramsey counties): 10- to 14inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Missouri Valley (Emmons & Burleigh counties): 16- to 22-inch base. Trails open and in good condition. Use caution in the Apple Valley area with deep ruts in some places.

 North-central (Benson, McHenry, Pierce, Ramsey, & Towner counties): 8- to 12- inch base. Trails open but large trenches on portions of the Rush Lake Trail to Towner.

·Northeast (Cavalier, Pembina, & Walsh counties): 8to 12-inch base with trails open except for Moonlighter Gorge and NESCA trails. Trails in fair condition.

ANNUAL MEETING of the

McLean County **Crop Improvement Association**

Wednesday. Feb. 8th at 3 p.m.

during the Garrison FFA Ag Show at Garrison High School in Ag Classroom

·Peace Garden (Bottineau & Rolette counties):12- to 16inch base with trails 1, 1A, 1B, 2, 2C, 3, 4A, 7, 7A, 7B, and 7C open but poor ice conditions on areas where slush is on top of thin ice.

•Red River North (Walsh & Pembina counties): 12- to 16-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Red River South (Grand Forks & Walsh counties): 8- to 10-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Sakakawea (McLean & Ward counties): 8- to 12-inch base. Trails open. Watch for snow piles along approaches and road crossings.

 Sargent County (Richland & Sargent counties): 10-inch base. Trails open. Watch for snow piles along approaches and road crossings.

•Sheyenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 16- to 25-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

·Sno-trails (Bottineau, McHenry, Renville, & Ward counties: 8- to 15-inch base. Trails open and in good condition.

·Southern Valley (Richland County): 12- to 20-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

Numbers to know:

 N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (http://gf.nd.

N.D. Game and Fish Dept., Riverdale office: (701) 654-7475. •Report All Poachers: (800)

472-2121 or (701) 328-9921. ·Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www. lakesakakawea.com).

KOTATHEATRE

Main St., Garrison

Adults - \$7 Under 13 - \$5 ^I Where popcorn is still only 50¢ Movies start @ 7:30 pm

A Man Called Otto, **PG-13**

When a lively young family moves in next door, grumpy widower Otto Anderson meets his match in a quick-witted, pregnant woman named Marisol, leading to an unlikely friendship that turns his world upside down. 2 hrs, 6 min. Drama/Comedy/2022

Jan. 27 & 28......7:30 p.m.

Coming soon:

Puss in Boots: The Last Wish, PG Avator: The Way of Water, **PG-13**

CALENDAR

Saturday, January 28

THE LORD'S PANTRY, from 10 a.m. to Noon. Trinity Lutheran Church, 515 Kundert St., Turtle Lake ND. No referrals or preregistration required. All in need are welcome to receive food at no

THE THRIFT STORE, Garrison Area Resource Center, 10 a.m to 4

Sunday, January 29

TURTLE LAKE FIRE DEPARTMENT PANCAKE & SAUSAGE

FEED, at Turtle Lake Fire Hall, 216 Putnam St, 10 a.m. to 2 p.m. SUPER SUNDAY SUPPER is a free will donation held at First Luthern Church on Sunday. January 29th from 4:00-6:00 p.m. If you have question or would like to schedule a meal delivery, you can contact Judy at (701) 220-4410 or Rhonda at (701) 315-0656.

Monday, January 30

YOGA, First Congregational Church, Garrison, 8 a.m. **BONE BUILDERS**, Garrison Senior Center, 10 a.m.

Tuesday January 31

THRIFT STORE AT COMMUNITY CUPBOARD OF

UNDERWOOD: 1 pm - 5 pm Open to the public at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

Wednesday, February 1

YOGA, First Congregational Church, Garrison, 8 a.m.

Thursday, Febuary 2

BONE BUILDERS, Garrison Senior Center, 10 a.m.

COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY from 4 p.m. to 6 p.m. McLean County Residents in need are welcome. No referrals or pre-registration required. 208 Lincoln Avenue, Underwood.

ALCOHOLICS ANONYMOUS, Garrison Hospital cafeteria (enter through ER), 8 p.m.

Wednesday, Febuary 3

MCLEAN COUNTY CROP IMPROVEMENT ASSOICIATION ANUUAL MEETING, 3 p.m. in the Ag Classroom in Garrison High School

Tuesday February 7

THRIFT STORE AT COMMUNITY CUPBOARD OF

UNDERWOOD: 1 pm - 5 pm Open to the public at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

Thursday, Febuary 9

THE LORD'S PANTRY, from 2 p.m. to 4 p.m. Trinity Lutheran Church, 515 Kundert St., Turtle Lake ND. No referrals or preregistration required. All in need are welcome to receive food at no cost.

Saturday February 11,

THRIFT STORE AT COMMUNITY CUPBOARD OF

UNDERWOOD: 10 am - 1 pm Open to the public at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.



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DAKOTA DATEBOOK-

Suffrage Bill

North Dakota has a very contradictory history when it comes to women. As the 19th century blended into the 20th, many thousands of women moved here to homestead and wrestle out a living for themselves. Despite their hardiness and proven strength, their road to getting the vote was a rocky one. It was on this day in 1917 that they finally achieved

Women's Suffrage almost passed as early as 1872—in Dakota Territory—failing by only one vote. In 1885, Republican Territorial Governor, Gilbert Pierce, vetoed the measure, reasoning that if they allowed women to vote, it might ruin the territory's chances at statehood.

Four years later, the new state of North Dakota did give women the right to vote on school issues, and in 1892, Independents backed Laura Eisenhuth for Superintendent of Education. Although women were still being held back, they have also a tendency to make history; Eisenhuth won, making her the first woman in the country to hold statewide elective office.

In 1913, the Women's Suffrage Act was again passed by the legislature, but this time it was turned down by the state's all-male voters. Women's suffrage was closely linked to prohibition. In addition to restricting the use of alcohol, the Christian Temperance Union wanted also to limit child labor, restrict the sale of obscene literature, and separate first offenders from long-term convicts in prisons. Those who were opposed to these notions, especially those who favored the

liquor trade, strongly opposed them. Others who were opposed to women's suffrage included the McKenzie political machine, the railroads, and foreign-born men, particularly the Germans.

Things turned around for pro-active women when the Non-Partisan League gained control. The NPL put women's suffrage on their platform, and in 1917, the legislature gave women the right to vote in local and presidential elections. Then two years later, they ratified the federal Woman Suffrage amendment, and women were given the right to vote for statewide offices as well.

For the first time, women used their full voting rights on November 2nd, 1920.

Later, North Dakota women made further headlines: just three years after they'd won the vote, two women won seats in the ND State Legislature. One of these, Minnie Craig, ended up serving as a Representative for six consecutive sessions, and in 1933, she made history when she was elected Speaker of the House. It was the first time in national history that a woman served as the head of a legislative body.

The next step in women's rights began in 1923, with the Equal Rights Amendment. When it finally came up for ratification in North Dakota in 1973, it passed in the Senate but lost by one vote in the House. The following year, it came up for a vote again and passed, making North Dakota the 34th out of 38 states to ratify the ERA. Ultimately, that amendment

DAKOTA GARDENER-

Gabbing with the greenery

BY CARRIE KNUTSON, Horticulture Agent

NDSU Extension

Do you talk to your plants? I read an interesting article last year on this topic and filed it away for later use. It turns out the dark foggy days of January are the perfect time to explore the benefits of plants in our lives.

In 2022, Trees.com surveyed 1,250 people to see how chatty they are with their plants.

Forty-eight percent of the people surveyed reported talking to their trees and/or plants. One in five of those people talk to their plants every day. Houseplants were the most talked to at 80%, outdoor plants at 62% and trees at 37%. Most importantly, 62% said talking with plants helps with their mental health.

On the reverse side, 34% of

the people surveyed have never talked to their plants and 18% don't have any plants to talk to. They are missing out if you ask me. If you have never talked to a plant, even it is just to yell at a pigweed that missed a weeding, are you really living your fullest

The above survey results may be slightly or very humorous to you depending on how you would respond to the questions. However, there is no denying the benefits we get from including plants in our lives.

According to the National Initiative for Consumer Horticulture (NICH), indoor plants at home stimulate both a physiological and psychological relaxation response. At work, they boost creativity and productivity and increase job satisfaction. Don't forget that indoor plants link us to nature, especially important during our long winters.

So, how many plants do you have in your home or at your office? I will admit my office is a bit of a jungle at 21 plants! They earn their keep by helping me write my article for this column!

The NICH lists the many benefits of outdoor plants too. As little as five minutes of "green" exercise (including gardening), improves both our self-esteem and mood. Gardening is good exercise. Moderate intensity garden activity counts towards our Centers for Disease Control's recommended weekly 150 minutes of moderate exercise. Most importantly, gardeners tend to eat healthier food.

So, what are you waiting for? Grab your seed catalogues and start talking with your indoor greenery while you make your outdoor greenery plans. Happy gardening!

NOTICE OF CALL FOR BIDS

The Board of Commissioners, McLean County, North Dakota, will open sealed bids in the following categories in their office in the Courthouse at Washburn, North Dakota on Tuesday, February 21, 2023.

ITEM NO. 1 -- 9:00 A.M.

Road gravel delivered on highways or in stockpiles. In the case of crushed gravel, bids will be for gravel crushed to 3/4" and measured on a ton and ton-mile basis. Successful bidder or bidders must supply a \$5000.00 performance bond after award of gravel crushing and must be available to perform work within 30 days of notice from Highway Superintendent.

ITEM NO. 2 – 9:00 A.M.

The rental of machinery suitable for construction and/or maintenance of county highways and bridges. Bids to be submitted on an hourly or yardage basis with bidder furnishing operator, repairs, fuel, oil, insurance and all other incidentals.

Bids to be addressed to the McLean County Auditor and plainly marked on the outside of the envelope, either "BIDS FOR GRAVEL" or "BIDS FOR RENTAL OF EQUIPMENT".

The Board reserves the right to reject any and all bids, to waive informalities or technicalities and to accept the bid or bids which appear in the best interest of McLean County.

Bid forms may be obtained by writing to the McLean County Highway Office (PO Box 1108) or the McLean County Auditor (PO Box 1108), Washburn, ND 58577.

Dated this 17st day of January, 2023.

BY ORDER OF THE BOARD OF COUNTY COMMISSIONERS Beth A. Knutson, County Auditor



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PRAIRIE DOC® PERSPECTIVES

BY KELLY EVANS-HULLINGER, MD

Not all that forgets is dementia

Frequently, my patients will come to a visit and bring up a major concern: "Doc, I think I might have dementia; my memory seems to be slipping." They might give examples of having difficulty finding words, forgetting people's names, or just feeling like their thinking is slower. Many of them know a family member who had dementia, and they are worried.

My first response is to hear their concerns; of course, if a patient is showing early signs of dementia, we want to assess that and do our best to get to a diagnosis for them. What I have found, however, is that often when these concerns are raised, we find things that are not dementia to explain them.

As we age, some symptoms perceived as memory changes are probably within the spectrum of normal. The occasional forgetting or having a delay finding words is a great example of this. More difficulty recalling names is another. This can be normal at any age but tends to happen more frequently as our brains

Sometimes patients are noticing real and concerning

issues, but through medical evaluation, we find nondementia reasons for them. The most common reason would be - you guessed it medications. While many medications can affect cognition especially in older patients, often we can blame drugs with anti-cholinergic properties (even over-thecounter diphenhydramine found in cold, allergy, and sleep medication) and benzodiazepines (usually prescribed for anxiety or sleep). Patients should review their medications, both prescription and over-the-counter, as an early step in evaluating these concerns.

Other common mimics of cognitive change in older patients are depression, anxiety, and sleep disorders. These disorders can cause the brain to be unfocused and distracted which frequently manifests as forgetfulness. Treating the underlying condition effectively will usually improve one's cognition, so we should look for signs of those when evaluating memory concerns.

Numerous other medical causes can also impair one's

PRAIRIE HILLS GELBVIEH

cognition and memory. These include vitamin deficiencies, abnormal electrolytes. infections, or abnormalities in the brain like bleeding, tumors, or hydrocephalus. Further, there are numerous causes of dementia; Alzheimer's disease being just one. A thorough history, exam, and sometimes labs or imaging might be warranted if true cognitive impairment is present.

To be clear, if you are experiencing symptoms of change in memory, don't assume it is dementia. Talk with your medical provider; it may be normal or have any of a long list of other causes. Let's figure it out together.

Kelly Evans-Hullinger, M.D. is part of The Prairie Doc® team of physicians and currently practices internal medicine in Brookings, South Dakota. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc® a medical Q&A show providing health information based on science. built on trust, streaming live on Facebook most Thursdays at 7 p.m. central.

Helping Words

By Rev. Erin Lynn Gullickson Dakota Prairie Winds Parish

Seeking healing or peace



Where do you go when seeking healing or peace? How do you find encouragement or hope? Who is a constant source of reliability in your life? These are the questions that roll round my mind as it becomes more and more obvious how we've neglected tending to life giving practices. Believe it or not, one of the life-giving things we often ignore is the simple act of breathing. The next time you're angry, frustrated, threatened, or stressed - are you still breathing? Chances are good you're holding your breath. Our bodies are wired to temporarily inhibit a subconscious brain activity, like breathing, to allow the brain to divert its resources when carrying out a difficult

During a recent session filled with ranted frustrations, I led the group through a simple breathing exercise. I asked them to set 'down anything they might be holding in their hands, invited them to close their eyes, to settle into their chair comfortably, and then instructed them to take a long, deep, breath. The breath for a few seconds and then slowly breathed out. After doing this twice, they opened their eyes looking to me; I said, "You are now two breaths closer to death.'

That got quite a reaction! The group knows me well and were clearly expecting some other words or loving affirmation. After dodging then pens and other odd projectiles thrown my way, I gently reminded them of the truth, they would not get those two breaths back. Morbid as it sounds, you too, will not regain the breaths you took while reading this column. However, you do get to choose how you'll continue using the gift of breath in this lifetime. Scripturally, the breath of God gives us life, delivers the Holy Spirit, and breathes through the Word of God, always.

You're free to choose how you live using the holy gift of breath. Some choose to spout nonsensical garbage, create unrealistic demands, or publicly demean and shame the acts of others, in essence, wasting breath and suffocating life. I'd encourage you to remember though we cannot choose all circumstances in life, we can choose to use our breath as the holy gift it is... may this life you're given be filled with deep breaths of reverence, wonder, gratitude, and love for the Creator of all, and the True Life offered us in the foolishness of the cross.

The Spirit of God has made me; the breath of the Almighty gives me life. – Job 33:4 Rev. Erin Gullickson

serves as an ELCA Pastor of Concordia Lutheran Church in Benedict and Our Savior Lutheran Church in Max. She is also chaplain for the North Dakota Highway Patrol, Max Fire Department and McLean County Sheriff's Office.



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THE CLASSIFIEDS

- **DEADLINE**: 9 a.m. Thursday.
- CLASSIFIED WORD ADS: Terms Cash, Check, Visa or Mastercard.
- COST: \$8 a week for 20 words, each additional word is 25 cents. Half price for each additional week. Can be placed in other papers for half price. Giveaway ads are free one week only.
- CLASSIFIED DISPLAY RATE: \$9.50 per column inch.
- CONTACT INFORMATION: Phone: 462-8126 Fax: 462-8128 Email: leadernews@nordaknorth.com • Website: www.nordaknorth.com Mailing address: The Xtra, PO Box 340, Washburn, ND 58577
- **DELIVERY PROBLEMS:** If you're having any problems getting your Xtra when and if - we want to know. Call our Garrison office at 701-463-2201 or 1-800 658-3485 when you want to report problems.

ANNOUNCEMENTS

NEW IN the area? Get better acquainted with the Garrison Community. Welcome Wagon booklets are available at City Hall, the Firefighter's Museum/CVB or by calling 463-2600 or 463-2345.

36-TFNNCI

SUPPORT GROUP: Alcoholics Anonymous Hotline 1-888-680-0651. Alcoholics Anonymous and Al-Anon meetings in Center, Sundays at 5 p.m. CT, St. Paul Lutheran Church, (no Al-Anon) 794-3381; in Garrison, Thursday at 8 p.m. at Garrison Hospital Cafeteria, enter through ER; in Washburn, Sundays at 7 p.m. First Lutheran Church, Harold call 460-1373 or Rachel 202-6716; in Wilton, Mondays at 8 p.m., Sacred Heart Church, 734-6544.

DELIVERY PROBLEMS? If you're having any problems getting your XTRA - when and where you want it, we want to know. Call 1-800-229-5028 to report problems.

"WANT TO Save some Money?" Check out the specials in this week's XTRA. If you're not receiving the XTRA, call this newspaper and we'll make sure you do.

FARM RELATED

HEATED SHOP FOR RENT by the day, week or month. 50x100, has welder, torches and lots of tools. Call Jason, 701-870-0415.

TRAILER FOR RENT: Hopper bottom flatbed with hay racks, goose necks with or without racks. Call for prices. Call Jason, 701-870-0415.

EQUIPMENT FOR RENT: Hay Hiker, self-loads, 14 bales; portable diesel welder on trailer. Call Jason, 701-870-0415.

21-1TCHG

BULK FUEL sale and delivery. Premium Clear #2 fuel, \$4.40/gallon; Premium Dyed #2 fuel, \$3.92/gallon; Unleaded Gas, \$2.90/gallon. Call for current pricing. Call Jason, 701-870-0415.

FERTILIZER FOR SALE: Urhea \$655 delivered, Map \$805 delivered. 25 percent down and balance paid by March 15 for April-May delivery. Call Jason, 701-870-0415.

36-1TCHG

GIVEAWAY

23"x35" WHITE SHEETS of tracing paper. Good for packing sheets when moving, kids drawing sheets, wrapping glassware, gift wrapping, etc. Pick them up at the McLean County Independent office at 91 North Main Street, Garrison, ND. 58540 21-TFNNCG

NOTICES

HAVE YOU BEEN in a relationship where you were emotionally or physically battered? Call McLean Family Resource Center, 701-462-8643 24/7, Washburn. The office hours are 9 a.m. to 5 p.m., Monday through Friday. EEOC compliant.

1-E-TFN-NC

FARM RELATED

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LCS Buster, MS Charger, MS Barracuda,

Oats: CS Camden

MS Ranchero

Flax: AAC Marvelous Sovbeans: Legacy LS-0239N RR2X Yield Powerhouse

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LIVESTOCK

We have the following ship dates scheduled to ship cows and bulls, Monday February 6th. As always, have them there by 11 a.m. Call Darin @ 701-315-0144 with any questions, also follow us on Facebook.

PETS FOR SALE

Border Collie/Sheltie Cross 9 puppies, 4 males/5 females. Good working class, good with children, Loveable, medium sized friends. Please call Kim Vincent 701-462-1838

SERVICES

JUST A NOTION! is taking in clothing alterations and repair; knit/crochet repair. Call for free consultation! Charlene Binsfeld, Washburn, 701-220-5831. 34-9-E-PD

REAL ESTATE FOR RENT

\$850.00 per month. 3 Bedroom mobile home in Washburn. No Pets. Application required. \$1100.00 per month. 2 bedroom house with attached garage. NO Pets. Application required. Both properties include water, sewer and garbage.701-315-0034

1 Bedroom & Studio Apartments for rent. Call Larry 701-463-2320, 701-421-5002 1-TENCHGX

58540

REAL ESTATE FOR SALE

MARV'S BAR FOR SALE

in Turtle Lake

Price Reduced to \$150.00. Call Kim Sundquist, Bianco Realty 391-3189



HELP WANTED

DAKOTA AGRONOMY Partners in Washburn, ND is hiring full time: Operational Workers and truck driver postions We are a full-service agronomy center with year-round work. Variety of tasks. Benefits provided. Call 701-720-0268 for job description and to apply. DAP is ÉOE.

Dakota Agronomy Partners in Washburn, ND is hiring full time: Operational Workers and truck driver postions We are a full-service agronomy center with year-round work. Variety of tasks. Benefits provided. Call 701-720-0268 for job description and to apply. DAP is ÉOE.

SEASONAL HELP WANTED for 2023: The Turtle Lake Cemetery Bd has an opening for a seasonal groundskeeper at the local cemetery. Spring-Fall. Equipment provided. Responsible for mowing, trimming and maintaining an overall neat appearance of the property. Wage based on experience. For further info, contact Tim Larson. 701-737-9903.

WHITE SHIELD School is seeking head and assistant coaching positions for all sports in elementary, Jr. High and High School. Head positions for football and wrestling are already

13-TFNCHCMLNGRXT

GENERAL CONSTRUCTION LA-BORERS, no experience needed. Pay based on experience. Most work is in Garrison & surrounding area. Contact Kevin Katt @ 701-898-0544 Katt's Construction & General Contacting 12-TFN-CH,XT

WHITE SHIELD Elementary School has 2 teachers positions, 5-8 Math/ General Education Teacher & 5-8 ELA/Librarian Teacher. Interested applicants can send cover letter, resume, certification/ability to obtain certification; to wayne.fox@k12.nd.us or more information call White Shield School @ 701-743-4350. Visit our Employment link @ https://www.whiteshield. k12.nd.us/page/employment 9-TFNCHGGCMWX 58540

> Place an Ad here today!



is looking for

Servers & Kitchen Staff

Apply in person or call 701-337-2070

Lake Audubon • Hwy 83 337-2070

HELP WANTED

CHI St. Alexius Health Garrison has the following position available:

COOK

\$3,000.00 **Employment Incentive** for Full-time

\$1,500.00 **Employment Incentive** for Part-time

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

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HELP WANTED **Golf Course** Manager

\$20/hr regular hours, DOE overtime paid at time and a half. Wage increases looked at quarterly. Free single golf membership to GGC.

Discounted food, beverages & Pro Shop items. Paid vacation. *Email application/resume to:* garrisongolfcourse@hotmail. com or stop by GGC.





\$2,500 sign on bonus

Operations Assistant

- **Full Benefits/PTO/Insurance**
- Unload chemical trucks with forklifts
- Keep warehouse inventory organized
- **Dump fertilizer trucks**
- Assist in light mechanical work in the shop

For questions call Duran @701-509-2922

HELP WANTED

Are you looking for a rewarding career in public service with an excellent work-life balance and room for advancement? If your answer is an enthusiastic yes, please keep reading!

Our McLean County Highway Department team is seeking to fill one (1) or more positions as full-time

EQUIPMENT OPERATOR II(S)

in Garrison. Applications will be accepted until 4:00 P.M. on Friday, February 10, 2023.

New team members must reside within 40 minutes travel time of the Garrison Highway Shop. Under supervision, you will perform a variety of skilled and semi-skilled work in the operation of heavy equipment (primarily motor graders) utilized in road construction, snow removal, bridge projects, maintenance, and other repair projects. To view the complete job description, visit our website, www.mcleancountynd.gov/ employment.

Rewards of working for McLean County government:

- Competitive starting salary starting at \$44,232.36 with a full salary range of \$44,232.36 - \$64,563.20 (adjustments may be given for verifiable and applicable previous experience):
- 100% employer-funded participation in ND Public Employees Retirement System defined benefit (pension) retirement program;
- 100% employer-funded low deductible, health insurance for either single or family coverage;
- Flexible work schedule;
- Access to employee funded dental, vision, disability, deferred compensation, and flexible medical spending accounts; and,
- 10-12 paid holidays per year along with annual and sick

Preference will be given to applicants with prior experience in operation and routine maintenance of construction equipment. High school diploma and Class A North Dakota Driver's License with tanker and air brake endorsement is REQUIRED on first day of work.

For further information or to obtain a McLean County job application, interested individuals may contact Lori by phone at (701) 462-8541; via email at lfoss@nd.gov; or visit www. mcleancountynd.gov/employment. Résumés may be included with the application but will not be accepted in place of an official application.

McLean County is an Equal Opportunity Employer.

363 Eatery

is looking for a

part-time

HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN-Nursing Facility \$20,000.00

Employment Incentive For more information call

701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

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HELP WANTED

CHI St. Alexius Health Garrison has the following positions available:

RN - Acute/ER *\$20,000.00*

Employment Incentive For more information call **701-463-6503**

Apply online at www.commonspirit.careers

CHI St. Alexius Health **Garrison Hospital**

he institution is an equal opportunity provider and employer

HELP WANTED

Garrison Public School is accepting applications for **Paraprofessional**

position at our elementary school. For more information call 701-463-2818 or visit www.garrison.k12.nd.us for an application, and email to Dr. Klemisch at Nick.Klemisch@k12.nd.us

HELP WANTED

Dakota Agronomy Partners in Washburn, ND is hiring full time:

Operational Workers and truck driver postions

We are a full-service agronomy center with year-round work. Variety of tasks. Benefits provided. Call 701-720-0268 for job description and to apply. DAP is EOE.

CHI St. Alexius Health Garrison has the following positions available:

Lab Tech (MT/MLT) Radiology Tech **CNA Activity Aide Nurse Aide-Acute Care Maintenance Assistant**

Now offering higher starting wages!

For more information call 701-463-6503 Apply online at www.commonspirit.careers

CHI St. Alexius Health

Garrison Hospital

To place a classified ad call 462.8126

HELP WANTED

CHI St. Alexius Health Garrison has

the following positions available:

CNA

\$7,500.00

Employment Incentive

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701-463-6503

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HELP WANTED

CHI St. Alexius Health Garrison has

the following positions available:

LPN-Nursing Facility

\$10,000.00

Employment Incentive

For more information call

701-463-6503

Apply online at

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Benedictine

HELP WANTED

Come Join Our Team!!

CNA

Full-Time Days

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Call Jill Borth at (701)463-2226

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Duties include: Oversite of 18

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care needs; manage vendor or

campus-wide services received

by the site. Create and maintain

a high level of tenant, staff, and

family satisfaction. Develop

and implement marketing and

strategic plans, budgets, and

quality improvement initiatives.

This position also has fiscal

accountability for the site.

Apply online at

www.BLCgarrison.com

For more information,

call Scott Foss 463-2226

Garrison Hospital

CHI St. Alexius Health

LIVING COMMUNITY | GARRISON

Garrison Hospital

Cook & Waitress Flexible hours, nights off.

McClusky, ND Call 701-363-9902 and ask for Patty.

HELP WANTED

Dakota Agronomy Partners in Washburn, ND is looking for:

Seasonal Truck Drivers this April through June. CDL license preferred, but not necessary. Local work, transporting dry fertilizer from yard to our application equipment. Call 701-720-0268 for any questions or job descriptions. DAP is EOE.

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Service Technician Pay \$20-30

Plus great benefits Washburn, ND

Send Resume to scolter@indlube.com

HELP WANTED



- Elementary PrincipalSchool Business Manager
- School Business Manager
 2 Elementary Teacher
 1 Title One Teacher
 1 Gifted/Talented Teacher
 Basketball Coaches
 Volleyball Coaches
 Football Coaches
 Wrestling Coaches
 Golf Coaches
- Track Coaches Cross Country Coaches
- Elementary Teachers

Bus Drivers

Applications and Background check forms can be found on our school website https://www.white-shield. k12.nd.us/

Any questions please contact the business office at 701-743-2201.

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv. com. 1-E-TFN-NC



Washburn & Center, ND

Qualified applicants must be professional, punctual, engaged persons with an excellent work ethic. Employment contingent on passing a criminal background check. Please call (218-726-1606) or email Bill (BillL@GSSC.net) for more information. EOE/AA/Disability/Veterans/M/F Employer Immediate full-time & part-time openings!

STATEWIDES

HELP WANTED

DIRECTOR OF ADMISSIONS AND OUTREACH. NDSCS has a FT, 12-month, position available in Wahpeton, ND. The Director is responsible for student recruitment planning for both in-person, on-line programs, outreach activity, and office management. Benefits include: Fully paid single or family Health Insurance, Life Insurance, annual and sick leave, Retirement, Tuition Waivers etc. Screening begins immediately. Interested candidates must submit the online application. EOE. For more information go to: https://www.ndscs.edu/join-our-team

ADMINISTRATIVE ASSISTANT - APPRENTICESHIPS. Lake Region State College - Devils Lake. 12-month position, full benefits. Responsibilities include day to day secretarial, clerical and data entry duties as part of the program to include maintaining all data bases for federally registered apprenticeships. For more information go to www.lrsc.edu/jobopportunities.

CITY OF CARRINGTON seeks Police Officer \$50k-\$65k depending upon experience. Apply at www.carringtonnd.com

ACCOUNTS RECEIVABLE ASSOCI-ATE. Lake Region State College - Devils Lake, ND, This is a 12-month position with full benefits, including paid family health insurance. Duties include monitoring and processing incoming payments? verifying and posting receipts, performing account reconciliations, investigating and resolving discrepancies, following up with delinquent accounts to collect payment, and answering customer inquiries. Minimum qualifications are an Associate Degree or equivalent knowledge and experience. Go to https://www.lrsc.edu/ jobopportunities for more information.

WANTED: SERVICE TECHNICIAN for a Chrysler dealership in Southeast ND. 2 years technical training or experience preferred. Competitive wages. Contact Dakota Chrysler Center at (701) 642-1551 or service@dakotachrysler.net

YOU CAN PLACE a 25-word classified ad-like this one-in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

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MISCELLANEOUS

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.

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Benedictine THE MEADOWS EEO/AA.VET FRIENDLY 8 | 1.30.23 | Xtra nordaknorth.com

Movie showing next week at library

Film produced in N.D. Badlands playing Feb. 2

Public Library next week will be able to take in a showing of "Sanctified", a movie produced and filmed in North Dakota last year.

The Washburn Public Library and Canticle Productions have paired up to present "Sanctified", which was filmed in the N.D. Badlands in 2022.

The movie is about an outlaw rescued from death by

Visitors to the Washburn a nun, who nurses him back to health in exchange for him guiding her to a Church in Williston. A deep friendship develops between these two unlikely people as they learn to work together to survive their dangerous journey.

The film was a finalist in the 2022 Twin Cities Film Fest.

The showing is set for Feb. 2 at 7 p.m., with tickets for sale at the door. The library will provide popcorn and water.

This could be YOUR AD!

This space could include your logo, picture, name, and contact info, plus details about your services and products.

An ad this size runs in all multi-day & weekly N.D. newspapers for \$700 or less! (full state and regions also available.)

Contact the N.D. Newspaper Assoc. or your local paper about the 2x2 network: 701-223-6397





Washburn Editor Leader-News

NorDak Publications seeks a full-time Editor in Washburn, ND.
The ideal candidate will have strong communication skills and excel in writing news,

feature, and sports stories, along with editing and proofing copy and planning coverage for the week. The right candidate will also be willing to become part of the local community. Most of all, the ideal candidate will have a passion for telling stories that engage and educate readers.
This position offers an opportunity to become part of a growing newspaper group throughout North & South Dakota.

To apply, email your cover letter, resume, clips and three professional references to kelsey@nordaknorth.com

ESTATE AUCTION

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SUNDAY, FEB. 5, 2023 • 12 Noon TO VIEW COMPLETE LISTING & PICTURES:

WWW.SUNDSBAKAUCTIONS.COM

PHONE IN BID #'S: 701-721-3517 OR 701-720-5286











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FOR INFO: GLYNN - 701-740-9421

AUCTIONEERS: DARRELL & MIKE SUNDSBAK, LIC, 80 & 394 PH: 701-839-1061 OR 701-720-5286

CLERK: ROB'S CLERKING, P.O. BOX 1833 MINOT, ND 58702-1833 PH: 701-852-6390, LIC. 289 Terms: Cash or Check – U.S. Funds. Drivers License ID Required. All items must be paid for the day of sale unless other arrangements have been made with the clerk.

All items sold as is, where is, All sales are final. Not responsible for accidents or lost items

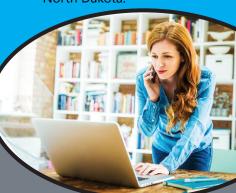


Requirements

- Ability to work well with others
- Experience with Adobe
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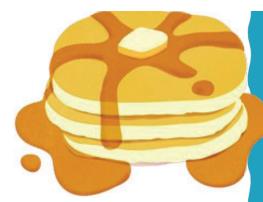
Apply Today!

•Pay based on experience •Benefits include: Medical, life, dental, vision and

•Flexible schedule & ability to work remotely after initial training period.

Send inquiries or resume to kelsey@mobridgepublishing.com





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available for

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Turtle Lake Fire Department Pancake and Sausage Feed

Where:Turtle Lake Fire Hall

216 Putnam St.

When: Sunday, January 29

10:00 AM-2:00 PM

Cost: Free Will Donation

*Any money donated will be put towards purchasing new communication radios.