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Monday, March 6, 2023

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Sanctified, PG-13

An outlaw is rescued from death by a nun who is traveling through the Badlands. She nurses him back to health in exchange for him guiding her to a Church in Williston. A deep friendship develops between these two unlikely people as they learn to work together to survive their dangerous journey. Western 2022

March 3 & 47:30 pm

Ant-Man & the Wasp: Quantumania, PG-13

Ant-Man and the Wasp find themselves exploring the Quantum Realm, interacting with strange new creatures and embarking on an adventure that pushes them beyond the limits of what they thought was possible. 2 hr, 5m. Adventure/Action 2023

March 10 & 11.....7:30 pm

CALENDAR

Saturday, March 4

TURTLE LAKE WEIGH STATION ANNUAL MEETING will be March 4th at 7pm at Weigh Station.

THE ANNUAL EMERGENCY SERVICES BANQUET will be held on Saturday, March 4, 2020 at the Washburn Memorial Hall. Social hour starts at 5 with the meal served at 6:30. All active, retired or honorary members and spouses/significant other of the Washburn Ambulance, Fire Department, Rescue Squad or their respective Board members, Rural Fire or Ambulance Board members and active duty Sheriff's Dept. and High way Patrol personnel and spouses are invited to attend.

Sunday, March 5

SPRING SUPPER, 4-6:30 pm, St. Paul Lutheran Church, Garrison

Tuesday, March 7

THRIFT STORE AT COMMUNITY CUPBOARD of Underwood: Open to the public, 1-5 p.m., at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

Thursday, March 9

LORD'S PANTRY FOOD DISTRIBUTION is held at Trinity Lutheran Church in Turtle Lake from 2 pm -4 pm. No referrals or pre-registration required. All in need are welcome to received food at no cost.

COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

Saturday, March 11

THRIFT STORE AT COMMUNITY CUPBOARD of Underwood: Open to the public, 10 a.m. - 1 p.m., at 208 Lincoln Avenue. Shop for clothing, household items, toys, books and more. Donations for all items and proceeds go to the food pantry.

Sunday, March 12

OPEN DOOR COMMUNITY KITCHEN, 11:30 to 1 p.m. Senior Citizens, Turtle Lake, ND

HAM IT UP BINGO, 4 p.m. food, 4:30 p.m. bingo at Underwood City Hall

Wednesday, March 15

ST. PATRICK'S STORY TIME, 10:30 a.m., Underwood Public Library

Thursday, March 16

COMMUNITY CLOTHING SHARE-EXCHANGE at 221 Main St. in Turtle Lake has a clothing opportunity at no cost each Thursday from 12:00 -6:00 p.m.

MOVIE NIGHT: "MATILDA", 6 p.m., Free will donation, free popcorn and drinks, big candy for \$1

Saturday, March 18

COMMUNITY CUPBOARD OF UNDERWOOD - FOOD PANTRY from 10 a.m. to 12 p.m. McLean County Residents in need are welcome. No referrals or pre-registration required. 208 Lincoln Avenue, Underwood.

Library Hours:

Washburn Public Library - Monday-Thursday 10 a.m. to 6 p.m., Saturday 10 a.m. to 1 p.m.

Underwood Public Library - Monday, Wednesday and Friday 10 a.m. to 2 p.m. -Tuesday and Thursday 2 p.m. to 6 p.m.

Turtle Lake Public Library - Monday and Thursday, 10 a.m. to 5 p.m.; Tuesday, 10 a.m. to 6 p.m.

McLean-Mercer Regional Library - Riverdale Open Mon-Fri 8:00 - 12:00 & 1:00 - 5:00

2023 Spring Supper

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Two McLean Electric Cooperative Director Seats Up for Election

ARE YOU INTERESTED IN BEING A DIRECTOR?

This year, the two districts up for election are:

District 2, which is a three-year term, includes the townships of Douglas, Blue Hill, Gate, Roseglen, 149-86, 149-85, Saint Mary, 148-86, Blackwater, 147-88, 147-87, 147-86. District 2 is currently served by Clarence Behles.

District 7, which is a three-year term, includes the townships of Mercer, 146-80, 145-80, 145-84, 145-79, 144-80, 144-81, 144-82, 144-83, 144-84, 143-81, 143-80. District 7 is currently served by Larry Gessele.

Pick up a petition at the McLean Electric Cooperative headquarters in Garrison and secure 15 signatures of members from within your district. You can start circulating the petition right away, but it must be filed not less than 60 days before the annual meeting.

Petitions for the 2023 director elections must be filed with McLean Electric Cooperative by April 20, 2023.

According to the bylaws, any member of McLean Electric Cooperative who is a member of this cooperative as a bona fide resident of the district he/she represents and is in no way employed by or financially interested in a competing enterprise can become a candidate for the board of directors. Directors shall be elected by the members at large at the MEC annual meeting on June 20, 2023, in Garrison.

Directors have a fiduciary responsibility to the cooperative. They exercise care, time, and responsibility in reviewing cooperative matters. Directors treat cooperative business as if it were their own. Directors devote a certain amount of time to the cooperative. At a minimum, a director attends each monthly board meeting. Directors learn about the industry as a whole by reading other materials and by attending state and national meetings. An understanding of the issues facing the industry is vital. To help directors with their responsibilities, training is offered through the electric cooperative's statewide organization. Courses cover director duties and liabilities, understanding the electric business, board roles and relationships, strategic planning, and financial decision-making. Directors currently serving the cooperative find the duty extremely rewarding.

DAKOTA RECREATION REPORT



BY PATRICIA STOCKDILL

Outdoor Notes:

•Check on ice houses occasionally to make certain they haven't iced in after warming weather.

•Be mindful of parking when accessing area lakes; not blocking roadways or snow removal operations.

•Reminder that it's illegal to chase, harass, or pursue any wildlife species with motorized vehicle.

•Ice is never completely safe. Avoid areas with vegetation, moving water, pressure ridges, and springs. Check conditions as you go along on the ice and don't move around at night.

•March 4: Central Dakota Strutters Nat'l. Wild Turkey Federation banquet, Bismarck AMVETS, 5 p.m.

•March 15: Permanent houses must be off area lakes but can be used if removed daily.

Fishing:

Lake Sakakawea elevation, Feb. 27: 1,826.81 feet above mean sea level; 23,200 cubic feet per second (CFS) Garrison Dam average daily releases.

Missouri River gauge height, Stanton: River stage, 11.37 feet.

Missouri River gauge height, Washburn: River stage, 15.47 feet.

•N.D. Game & Fish Dept. game wardens: Access deteriorated on Lake Audubon after late February snow. Limited activity throughout the Missouri River System.

•Lakes Audubon & Sakakawea, Cenex Bait & Tackle, Garrison: Hit-and-

miss walleye success on Lake Audubon. Try working a variety of depths. Steinke and Centennial bays also hit-and-miss for walleye on the east end of Lake Sakakawea.

•Lakes Audubon & Sakakawea, Hwy. 83 Lawn & Leisure, Garrison: Slow walleye bite on the east end of Lake Sakakawea but pike anglers finding a few fish. No reports from Lake Audubon.

•Lake Sakakawea, New Town: Van Hook Arm remains slow.

•Missouri River, Enerbase of Washburn: Activity remains light on area lakes. No Lake Audubon reports.

•Missouri River System, Scott's Bait & Tackle, Pick City: Limited activity on the Missouri River tailrace and Lake Sakakawea. Look for improving success with warmer, stable weather on the river and from the wing walls. No Lake Audubon reports.

•McLean Co. area lakes, Cenex of Wilton: Continued activity on Lake Sakakawea.

Downhill skiing:

•Big Sky Ski Resort, Big Sky, Mont.: 66- to 69-inch powder, packed powder base with 31 lifts and 294 runs open.

•Bottineau Winter Park, Bottineau: 36- to 40-inch base with good conditions. 2 Magic Carpets and 1 lift, 7 runs, and tubing and terrain parks open.

•Huff Hills Ski Area, Mandan: 20- to 35-inch powder, packed powder base. All runs open along with 2 lifts, 1 tow, and Green Lift Terrain Park

open. Donut Hole Hiking Area also open.

•Terry Peak, Leads, S.D.: 26- to 36-inch base. 30 trails and 5 lifts open.

Snowmobile ND:

•Cattail (Barnes, Cass, Steele, & Traill counties): 16- to 20-inch base. Trails open and in fair condition. Watch for snow piles along approaches and road crossings.

•East-central Valley (Cass & Richland counties): 12- to 16-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Lake Region (Nelson & Ramsey counties): 10- to 14-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Missouri Valley (Emmons & Burleigh counties): 10- to 16-inch base. Trails open and in fair condition with icy base. Watch for icy conditions at times and snow piles along approaches and road crossings.

•North-central (Benson, McHenry, Pierce, Ramsey, & Towner counties): 6- to 10-inch base. Rush Lake trail closed but all other trails open and in fair condition.

•Northeast (Cavalier, Pembina, & Walsh counties): 8- to 12-inch base with trails open and in fair condition.

•Peace Garden (Bottineau & Rolette counties): 12- to 16-inch base with all trails open and in good condition. Watch for frozen ruts on sloughs and lakes.

•Red River North (Walsh & Pembina counties): 12- to 16-inch base. Trails open and in fair condition. Watch for snow piles along approaches and road crossings.

•Red River South (Grand Forks & Walsh counties): 8- to 10-inch base. Trails open and in good condition. Watch for snow piles along approaches and road crossings.

•Sakakawea (McLean & Ward counties): 5- to 9-inch base. Trails open but in poor condition. Watch for snow piles along approaches and road crossings.

•Sargent County (Richland & Sargent counties): 10-inch base. Trails open. Watch for snow piles along approaches and road crossings.

•Sheyenne Valley (Barnes, Dickey, LaMoure, Ransom, & Stutsman counties): 16- to 25-inch base. Trails open and in fair to good condition. Watch

for snow piles along approaches and road crossings.

•Sno-trails (Bottineau, McHenry, Renville, & Ward counties): 3- to 12-inch base. Trails open and in poor to fair condition.

•Southern Valley (Richland County): 10- to 20-inch base. Trails open and in fair condition. Watch for snow piles along approaches and road crossings.

Numbers to know:

•N.D. Game and Fish Dept., main Bismarck office: (701) 328-6300, website: (<http://gf.nd.gov>).

•N.D. Game and Fish Dept., Riverdale office: (701) 654-7475.

•Report All Poachers: (800) 472-2121 or (701) 328-9921.

•Friends of Lake Sakakawea, the region's only organization working for quality lake access, weed control and effective partnerships, (www.lakesakakawea.com).

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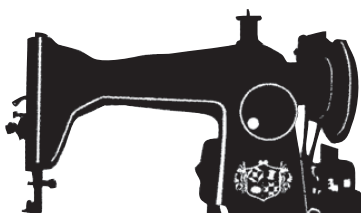
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PRAIRIE DOC® PERSPECTIVES

BY the late RICHARD P. HOLM, M.D.

It's healthy to talk about bodily functions

One summer during my college years, another premed student and I got a job at the Swedish Hospital in Minneapolis, as nurses' aides. At that time, the guys were called orderlies, but we were part of the nursing department. We were taught how to clean patients' private parts without making the patient feel self-conscious, and how to place urinary catheters mostly in old men with prostates that had overgrown and were blocking urinary flow.

We all have those private areas, let's not pretend otherwise. The waste disposal parts are as important to us through our lifetime as our hearts, except not quite as romantic. Try switching metaphors and famous poems simply don't have the same pizzazz. For example, try E.E. Cummings' "I carry your colon with me," or William Wordsworth's "My urinary tract leaps up when I behold a rainbow in the sky," or Douglass Cross' "I left my bladder in San Francisco."

Romance aside, we are happy when our urinary tract

is working well, draining the urine, removing waste and water. The kidneys collect and concentrate the urine, they deliver this yellow fluid through the ureters, the tubes from the kidneys to the bladder. The bladder is a bag to collect the urine until it is convenient to be emptied.

It seems like a simple, straightforward system. However, trouble could be around the next corner. Conditions like urinary tract infections, kidney stones, bladder control problems, and prostate troubles are not uncommon through the course of a person's life and can vary from causing short-term discomforts to long-lasting conditions.

One of the barriers to treatment for many people is the human problem of stigma and shame. It does not feel good to admit to anyone, even a loved one or a medical professional, that you're having troubles "down there." Let me reassure you: this is a common human condition. Shame is an enemy to a healthy, functioning body. I would instead say "join the

club!" and remind you that you are not the only one with such a problem.

I am no longer the young orderly helping the old men in the Swedish Hospital with their issues. I now find myself amazed at the magnificent function of the human body, identifying more with those old guys than I do with the young staff. All of us have bladders and urinary tracts about which there is nothing to be ashamed.

Richard P. Holm, MD wrote this essay in February 2020. He passed away in March of 2020 after a battle with pancreatic cancer. He was founder of The Prairie Doc® and author of "Life's Final Season, A Guide for Aging and Dying with Grace" available on Amazon. Dr. Holm's legacy lives on through his Prairie Doc® organization. For free and easy access to the entire Prairie Doc® library, visit www.prairiedoc.org and follow Prairie Doc® on Facebook, featuring On Call with the Prairie Doc® a medical Q&A show streaming on Facebook most Thursdays on Prairie Doc.

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Washburn Public School District #4 is seeking an **elementary educator.**

Final teaching assignment will be decided on applicant strengths and faculty reassignments. Upper elementary is departmentalized for grades 5 & 6 with four teachers. Grades K-4 have two sections for each grade.

This position is for the 2023-2024 school year. Salary will be determined off of the 2023 Negotiated agreement and depending on applicant's education and teaching experience. Interested applicants should apply on the WPSD#4 website at: <https://tinyurl.com/WPSTeaching> Please submit application, cover letter, resume, and references. Or contact Dr. Penny Veit-Hetletved, Superintendent, at penny.hetletved@k12.nd.us or 701-462-3221.

This posting is open until filled.

The Washburn Public School District is committed to maintaining a learning and working environment free from discrimination and harassment in all employment and educational programs, activities, and facilities. The District prohibits discrimination and harassment based on an individual's race, color, religion, sex, gender identity, national origin, ancestry, disability, age, or other status protected by law.

JOB OPPORTUNITY

BNI COAL, LTD., A BNI ENERGY COMPANY AND SUBSIDIARY OF ALLETE, INC. A DIVERSIFIED ENERGY COMPANY WITH LOCATIONS IN BISMARCK & CENTER, ND IS NOW ACCEPTING APPLICATIONS FOR A DIRECTOR OF OPERATIONS POSITION AT THE CENTER MINE, CENTER, ND.

DIRECTOR OF OPERATIONS

Responsibilities: As a member of the BNI senior leadership team, the Director of Operations will execute operational plans in conjunction with team members and ensure plans and schedules are implemented to achieve production and maintenance objectives. Activities performed must be in compliance with Federal, State and local safety and environmental regulations governing the mining industry. This position will be a key member of the team which sets company objectives, administers the labor agreement, and manages budgets. Successful candidate must, at all times, exemplify and promote a culture of integrity, zero injury, environmental stewardship, employee growth and community engagement.

Minimum Requirements:

- Bachelor of Science degree in engineering or related field of study preferred but not required
- Ten years of combined production and/or maintenance experience in the mining industry
- Minimum of five years in a supervisory or managerial role
- Through knowledge of and practical experience in surface mining and reclamation practices, and the regulations and safety standards governing the industry.

Excellent benefit package including company paid health, dental, vision, and life insurance as well as generous 401k company contributions, and paid vacation, sick and other paid-time off benefits.

For more information on this exciting career opportunities, please visit <https://bnicoaltd.applytojob.com/apply/T9rXvBA4B/Director-Of-Operations>. Deadline to apply is March 7, 2023. Employer will not sponsor Visas for position. EEO/AA/F/M/Vet/Disabled.

If you are an individual with disabilities who needs accommodation or you are having difficulty using our website to apply for employment, please contact Human Resources at 701-355-5588.



HELP WANTED

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All Shifts
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- **Culinary Aide**

Apply at www.blcgarrison.com

Call Jill Borth at (701)463-2226
"EQUAL OPPORTUNITY EMPLOYER"

West River Head Start

.....

Immediate openings:

- Teacher Assistant in Hazen
- Support Service in Hazen

2023-2024 school year:

- Teacher in Hazen
- Teacher in New Salem

Openings for teaching positions require a degree in Early Childhood or Elementary Education, Child Development, or related field.

Positions are full-time
Benefits offered

APPLY TODAY!
www.hitcareers.org
Interviews will be held ASAP.
Any questions, call
663-9507 X 0

HELP WANTED

White Shield School



- Elementary Principal
- School Business Manager
- 2 Elementary Teacher
- 1 Title One Teacher
- 1 Gifted/Talented Teacher
- Basketball Coaches
- Volleyball Coaches
- Football Coaches
- Wrestling Coaches
- Golf Coaches
- Track Coaches
- Cross Country Coaches
- Elementary Teachers
- Bus Drivers

Applications and Background check forms can be found on our school website <https://www.white-shield.k12.nd.us/>

Any questions please contact the business office at 701-743-2201.

WORK WANTED

THIS NEWSPAPER offers free job wanted ads to anyone seeking employment at a local or area business. List your job skills or the type of work you are seeking. A free ad of up to 25 words may run up to a month in this newspaper. Mail your ad to Leader-News, P.O. Box 340, Washburn, ND 58577 or email leadernews@westriv.com.

1-E-TFN-NC 58577

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Wanted for Spring

- Flexible schedule
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CDL DRIVERS

A commercial drivers license is required. This position is at least 40+ hours per week. Hours may vary, so flexibility is a must. Wage based on experience. CHS Inc. is an equal opportunity employer and offers a competitive benefit package, which includes health, dental, vision, and 401(k).
Mail your resume to:
CHS Garrison, PO Box 97, Garrison ND 58540
or stop by the office at 205 2nd Street SW
to pick up an application.



GARRISON PARKS & REC

Summer Employment

Garrison Parks & Rec is now accepting applications for the following positions:

- **Lifeguards**
- **Maintenance Personnel**
(Lawn care & more)
- **Coaching Positions**

We will pay to certify lifeguards, some restrictions apply. Competitive pay.

Send resume to: P.O. Box 850, Garrison, ND 58540
or email to: garrisonparksandrec@gmail.com
Application deadline: Monday, March 6th

Mechanic/Operator Position Open

The Board of Sheridan County Commissioners will be accepting applications for a Mechanic/Operator position. Qualifications are to have experience in repairing and performing a variety of skilled and semi-skilled work in operation of medium to heavy equipment utilized in road construction, maintenance, and repair projects. Wages \$18.00-\$22.00 per hr. plus benefits - negotiable upon experience. Up to a 45-hour week. Starting date of hire is as soon as can be.

Application forms are available at the office of the Sheridan County Auditor
PO Box 439, McClusky, ND 58463
PH# 701-363-2205
or County website: www.co.sheridan.nd.us

Applications must be returned to the Sheridan County Auditor's Office by 4:00 p.m. March 6th, 2023.

Shirley A. Murray
Sheridan County Auditor

STATEWIDES

HELP WANTED

YOU CAN PLACE a 25-word classified ad—like this one—in every North Dakota newspaper for only \$160. It's easy. Contact this newspaper for details.

EDUCATION/TRAINING

ATTENTION ACTIVE DUTY & MILITARY VETERANS! Begin a new career and earn your Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, 701-929-9679. (M-F 8AM-6PM ET).

SERVICES FOR HIRE

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 844-254-7522.

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 877-482-4836.

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 833-946-2482.

FINANCIAL SERVICES

BEHIND ON YOUR MORTGAGE PAYMENTS? Threatened with foreclosure? Denied a loan modification? Let us help! Call the Homeowner Relief Line to speak with a mortgage specialist. 877-242-2596.

LAND WANTED

AG LAND PRICES Skyrocket to All-Time Highs! Thinking of selling? We have buyers! We offer the most competitive commission rate. No hidden fees! Call Niko-laisen Land Company. 844-872-4289.

REAL ESTATE FOR SALE

ND FARM LAND Values surge upward. Are you selling or renting? Pifer's Auction and Farm Land Management. Bob Pifer 701-371-8538. Kevin Pifer 701.238.5810. Free valuation.

MISCELLANEOUS FOR SALE

DIRECTV SATELLITE SERVICE Starting at \$64.99/mo plus taxes and equipment. 2-Year Price Lock! Free Installation! 165+ Channels Available. Call Now For The Most Sports & Entertainment On TV! 866-530-1662.

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DISCOUNT AIR TRAVEL. Call Flight Services for best pricing on domestic & international flights inside and from the US. Serving United, Delta, American & Southwest and many more airlines. Call for free quote now! Have travel dates ready! 866-530-1662.

PROTECT YOUR HOME AND FAMILY with Vivint Smart Home. Call 866-391-9779 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50.

NEVER CLEAN YOUR GUTTERS AGAIN! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 877-354-0572.

LOOKING FOR THE most complete listing of ND Media? ND Media Guide. Only \$25! Call 701-223-6397, ND Newspaper Association.

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ANNOUNCEMENTS

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 866-331-7577.

MISCELLANEOUS

HAVE a news release or other information that needs to reach all ND newspapers? ND Newspaper Association can help! One call does it all. 701-223-6397.



Work for the National Association of State Departments of Agriculture

Farmers require reliable information on production, supplies, marketing, prices, weather and a vast array of other inputs. Up-to-date information is essential in planning and administration of federal and state programs. Become part of the team that collects this data across North Dakota. Work includes interviewing farmers in person or over the phone and conducting crop counts in the field.

- Regular training is provided
- Part time flexible schedule
- Paid hourly plus mileage, starting out at the new \$15 per hour federal minimum
- Work in your local area
- Great for building experience in the agriculture sector
- Also a great second income or for those semi-retired

Contact Kara Hagemester @ 701-781-0589 or Kara.Hagemester@usda.gov

MOTORCOACH TOURS

May 17-25 Nashville/Dollywood/Smoky Mountains
 June 13-17 Wisconsin Dells & House on the Rock
 July 10-14 Mystery Tour
 July 30 - Aug. 4 Yellowstone 150th Anniversary
 August 14-18 Black Hills/Medora
 September TBD Mackinac Island/Duluth
 October 4-12 Nashville/Dollywood/Smoky Mountains
 October TBD Memphis/Branson Fall Tour
 Oct. 31 - Nov. 6 Branson Holiday Tour



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 Contact us for more information!



Central Dakota Frontier Cooperative is seeking a

BULK FUEL DRIVER TO JOIN OUR TEAM IN TURTLE LAKE, ND!

Employer is willing to help obtain and pay for CDL certification and HazMat endorsement, as well as offer on the job paid training. This is a full-time position that offers competitive pay; an excellent benefits package that includes health, dental and vision insurance, paid vacation, profit sharing and 401K plan. If hired, the applicant will learn valuable skills such as inventory management, customer relations, compliance and regulations, as well as numerous other skills that apply to the industry.

If interested stop by our Turtle Lake location to get an application or call Director of Retail at: 701-220-7052



We're hiring!

We want you on our team.

Immediate openings available at **Garrison** and **Turtle Lake**:

- Nursing
- Lab
- Radiology
- Dietary

Employment incentives may apply!

Apply today.

www.chistalexiushealth.org/careers

Questions?

Email: kara.jones900@commonspirit.org or call 701-530-7178

